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# M Citrus Heights Messenger

“Written by the people, for the people”

Volume 3 Issue 8

Serving the City of Citrus Heights and Sacramento County

Second Edition for April 2013

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## A Hidden Jewel in Citrus Heights



The mandate of all Passionist centers has always been that they be retreat centers, beautiful yet convenient and must provide solitude to support prayer and contemplation. Here people walk the Labyrinth. Photo by Elise Spleiss

By Elise Spleiss

CITRUS HEIGHTS, CA (MPG) – There is a hidden jewel in the midst of Citrus Heights, sitting quietly on 41 acres of open meadow, rambling paths through groves of oak and red-wood trees, contemplative areas, and a traditional meditative labyrinth, all waiting to assist visitors unwind and refocus amidst a hectic or uncertain life.

Known as “one of this area’s best kept secrets”, this hidden jewel of Citrus Heights is the Christ The King Passionist Retreat Center at 6520 Van Maren Lane, located between the Sylvan Library on Auburn Boulevard and Greenback Lane. It’s one of those places you may have driven by hundreds of times and never knew was there.

Yet, over 7,000 visitors a year have found and enjoyed the center and its serene grounds: from individuals and couples on private retreat, to faith-based and community groups of 10-120 people enjoying modern meeting rooms, high-quality meals, and hotel-comparable lodging for overnight retreats. Numerous retreats and ongoing programs are available through the Center,

or groups can host their own event or retreat.

The Passionists are a global order of Roman Catholic priests, brothers, nuns, sisters and laity who proclaim God’s love for the world revealed through the Passion of Jesus Christ. “Prayer elevated to a lifestyle” describes their philosophy on how life can be led more fully. The Order continues to carry their message of compassion and hope to 59 countries throughout the world.

Paul Francis Daneo, who became known as ‘St. Paul of the Cross’, founded the order in 1734. He was born in 1694 in Ovada, Italy. Those who would eventually follow him became known as Passionists because of their dedication to, and preaching of, the passion and death of Jesus Christ and what can be learned from this period of Jesus’ life. The sick and the abandoned poor were special recipients of Paul’s concern and love.

In 1945, Father Angelo Hamilton, reestablished a Passionists community in Sacramento, which had left the area years before. In 1946 following World War II, the Community, residing in a temporary residence at Immaculate

Conception Church in Sacramento, purchased 41 acres of land for \$27,500 from the Cross estate in Citrus Heights. By 1949 a small house was built and the Community moved in. The retreat center now occupies 26 acres of that land.

Following World War II, the Christ the King Center at Citrus Heights was built to serve a new generation of Catholics: fully American, upwardly mobile and educated. Through their retreat ministry, lay Catholics were trained to become the leadership corps in their parishes, school and fraternal organizations.

On May 7, 1950, the first retreat center building was completed, with accommodations for 30 retreatants, a chapel, dining room, library and offices. The initial retreat was held for the men of Holy Name Union and the construction workers on the weekend of May 19-21, 1950.

The retreat center facility was expanded in 1957 when military barracks from nearby Mather Air Base were moved onto the property. The buildings were pieced together to make 18 additional rooms for retreatants. These rooms are still in use today. By 1957 some of the first retreats

in the state for men and women in Alcoholics Anonymous were being conducted at Christ the King.

Finally, in 1987, further expansion saw the construction of the central Holy Cross Building with 40 additional guest rooms, three conference rooms and a beautiful large state-of-the-art assembly room. Each year, approximately 2000 men and women attend various retreat programs, and another 4,600 attend events hosted by outside groups.

The mandate of all Passionist centers has always been that they be retreat centers, beautiful yet convenient and must provide solitude to support prayer and contemplation. St. Paul of the Cross hoped to provide special facilities where Passionists could receive and guide clergy and laity in their religious journey. This mandate continues today, with opportunities for those in the local community and beyond to participate in and benefit from programs offered, while enjoying the beautiful grounds and facilities, including the occasional resident turkey or coyote wandering by.

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## Cooley’s Bill to Save State’s Mobile Field Hospitals Advances



Assemblyman Ken Cooley

RANCHO CORDOVA, CA – (MPG) Assemblyman Ken Cooley’s effort to help strengthen California’s preparedness for natural disasters and catastrophic events moved forward today with bipartisan approval of AB 355 by the Assembly’s Governmental Organization Committee. AB 355 will restore funding to the 2013-14 budget year to continue to maintain three mobile field hospitals in California, strategically placed throughout the state for rapid deployment.

“Scientists forecast California will almost certainly experience a devastating earthquake over the next 30 years,” said Assemblyman Cooley. “In a state of 37 million, the capacity these hospitals offer to establish 600 hospital beds in any area within 72 hours of a disaster occurring is a key part of preparedness. It is our responsibility to be ready for the inevitable.”

California established its mobile field hospital program in 2006 by purchasing three, 200-bed mobile hospitals. The hospitals were fully maintained until the 2011-12 budget year, when budget constraints eliminated the program’s funding. The program survived for the last two years via a short-term solution, which can no longer continue, and now risks permanent decommission.

“California will be hit by natural disaster in the future — that’s a certainty — and the mobile field hospitals could be a critical asset to the State of California as an integral part of the response and rebuilding,” said Chris Van Gorder, president and CEO of Scripps Health. Van Gorder is considered an expert in mobile field hospital operation,

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## Results of Texting and Cell Use Campaign Announced

SACRAMENTO REGION, CA (MPG) – Law enforcement in the Sacramento region recently concluded the second of three waves of their special high visibility driver hand-held cell phone and texting enforcement campaign, “Phone in One Hand. Ticket in the Other,” and the results are in.

The California Office of Traffic Safety (OTS) announced that 4,750 drivers were cited for texting or talking with a hand-held cell phone between February 25 and March 10. This total compares to the first wave of the special enforcement efforts

November 29 to December 9 of last year, during which 3,008 were cited.

“With better weather and more enforcement days, we expected more citations compared to last December,” said Christopher J. Murphy, Director of the California Office of Traffic Safety. “What we really hope to see is a drop in cell phone related crashes in the coming year, along with the suffering and tragedies that go with those crashes.”

“Phone in One Hand. Ticket in the Other” is a year-long enforcement campaign to reduce distracted driving on roadways

in the Sacramento region. This was the second of three maximum enforcement periods in a pilot program using the region to test tactics that may be employed nationally in the future. OTS was awarded \$600,000 in federal funds for these special high visibility law enforcement operations. The last special enforcement wave will be conducted June 17-30, 2013.

The California Office of Traffic Safety, the California Highway Patrol, and the 37 local police departments from Modesto to Marysville, Vallejo to South Lake Tahoe that partnered in this

latest effort are also joining with hundreds of law enforcement agencies across the state in April for National Distracted Driving Awareness Month.

“Between this special regional enforcement and April’s statewide high visibility enforcement, Sacramento area drivers can’t miss the “Phone in One Hand. Ticket in the Other” message,” said Murphy.

Distracted drivers talking on a hand-held cell phone or texting receive a first-time ticket costing a minimum of \$159, with a second offense costing \$279. The goal of the special enforcement

operation is not to issue citations, but to raise awareness of the dangers of distracted driving and to keep drivers from being distracted by their phones in the first place.

**Turn off your phone and/or put it out of reach**

**Include in your outgoing message that you can’t answer while you are driving:**

**Don’t call or text anyone at a time when you think they may be driving**

For more information on distracted driving, please visit [www.distracted.gov/sacramentoregion](http://www.distracted.gov/sacramentoregion).



# Hidden Jewel in Citrus Heights Melts Away Tension And Rejuvenates Visitors and Retreatants

Continued from Page 1

The center’s programs are always changing to keep up with the times. As the needs of the local Church and community continue to change, so does the focus of the Passionist ministry.

Just recently, in response to the growing problem of crimes against children in the world, the Board of Directors announced that they are dedicating their annual celebration of the International Day of Peace on September 21, “to honor all the children who have suffered and continue to suffer violence in their lives”. In addition, they are establishing the Institute of Interfaith Children, as part of their ongoing Interfaith Peace Project.

Visitors are welcome to discover for themselves the Christ the King Passionist Retreat Center, to enjoy the grounds with their many contemplative features, and to tour the facilities. Programs available through the Center include women and men’s retreats, engaged couples retreats, Recovery retreats, and the Institute for Counseling and Spiritual Direction. (Scholarships are available for retreats.) This



Following World War II, the Christ The King Center at Citrus Heights was built to serve a new generation of Catholics. Photo by Elise Spleiss

hidden jewel of Citrus Heights is here for you.

**Upcoming events:**  
The Renaissance Choir Sacramento will be performing on Thursday, May 9.

<http://renaissancechoirsacramento.com>

Christ the King is holding their Fiesta celebration on Sunday,

June 9, 2013, beginning at 2pm with a beautiful outdoor mass.

September 28, 2013 is the date for the Center’s next annual Fall Fundraising Event.

To receive information on these and upcoming Center programs and retreats, or to host your program at Christ the King call 725-4720; email

‘christtheking@passionist.org’; website: [www.passionist.org/christtheking](http://www.passionist.org/christtheking).

**Resources for article:**  
“Celebrating 150 Years of Passionist Ministry in North America and Beyond”  
“The Spirit of Passionist Retreat Centers”

# SPCA Announces Spring Book Sale

SACRAMENTO REGION, CA – (MPG) The Sacramento SPCA will hold its Annual Spring Book Sale featuring thousands of new and used books at dog-gone great prices!

The sale, one of the largest book sales in Northern California, will include thousands of bargain books in 40 categories, including fine and collectible books, religion, literature, humor, history, military, animals, mystery, romance, children’s, westerns and many more.

All proceeds benefit the Sacramento SPCA, a local, independent non-profit organization caring for more than 11,000 homeless animals annually.

The event is being held from Saturday, April 20 to Sunday, April 28, 2013, from 10 a.m. to 6 p.m. on Saturdays and Weekdays; and 11 a.m. to 5 p.m. Sundays

The location is 2310 Watt Avenue, inside the Country Club Plaza Shopping Center, at the southeast corner of Watt

and El Camino, near the former Gottschalk’s.

For more information: Call the Sacramento SPCA at (916) 504-2842, e-mail [vmasters@sspc.org](mailto:vmasters@sspc.org) or visit [www.sspca.org](http://www.sspca.org).

Source: SPCA



The SPCA book sale will be held Saturday April 20 and Sunday April 21 at 2100 Watt Ave. inside the Country Club Plaza Shopping Center. Photo courtesy SPCA



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*A tech came out and within ten minutes had the problem diagnosed. It was simply a burned up capacitor, a simple \$20 part. Talk about honest work, he could of told me it was the blower motor and charged me a bunch and I wouldn't have doubted it. I'll be calling Capitol Mechanical in the future if I need service or even a new system. Thank you guys! - **Jeremy M., Fair Oaks, CA***





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**Registration will be held at Round Table Pizza, 7867 Lichen Drive, Citrus Heights, CA 95621**

**Thursday, April 18th 6:30pm-8:30 pm**

**Saturday, May 18th 11:00 am-4:00pm**

**Thursday, June 20th 6:30 pm-8:30 pm**

**ITEMS NEEDED FOR REGISTRATION**

1. Cost: U6-\$65 per player, U8 through U19-\$85.  
Cash, Credit, ATM (w/ Visa or MasterCard symbol), no Checks  
Every Child who registers for 2013 season by June 20th will receive a FREE Soccer Ball with Citrus Heights Logo on it!!!
2. Candy Fundraiser is mandatory for first child per family only!!  
\$60 per box of candy or buy-out for \$30 paid at time of Registration
3. Small picture of player (preferably 1"x 1").
4. Photocopy of Birth Certificate issued from the county of child's birth.  
Hospital birth certificate is not acceptable.  
A passport or military I.D. is acceptable in lieu of a Birth Certificate.  
(Note: If you have registered with Citrus Heights Soccer Club in 2012, a birth certificate is not necessary. Your information will be on file.)

Uniforms will be Pre-Ordered @ Registration Full Uniform (Jersey, Shorts, Socks) = \$25 (Returning players not required to purchase Uniform)


**Practices begin July 2013.**  
**Games will be held on Saturdays beginning September 2013 (U8 and above).**

**Games for CVYSL U6 program will be held on Friday evenings, beginning August 2013. Any questions please visit our website at [www.chsoccer.org](http://www.chsoccer.org)**

**\*\*We will be having a Cleat Drive this year, please bring any extra cleats to Registration to donate, no matter the size or condition!!**

*This is not a program of the San Juan Unified School District and SJUSD accepts no liability or responsibility for the program.*





**Publisher, Paul V. Scholl**

**Citrus Heights Messenger**

*“Written by the people, for the people”*

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# Women’s Empowerment Graduates 26 Formerly Homeless Women from Job-Readiness Program

## First Class to Graduate from New Facility



Graduates of Women’s Empowerment’s Session 50 cheer and listen to a fellow graduate share her story last week. Women’s Empowerment offers the only comprehensive job-readiness program in the area designed specifically for women who are homeless.

SACRAMENTO REGION, CA – (MPG) More than 200 community members witnessed 26 women who were homeless two months ago graduate from the Women’s Empowerment job-readiness program last week, most of them with homes and jobs. Session 50 was the first to complete classes at the nonprofit’s new, expanded facility on North A Street.

“These women were in some of the darkest times of their lives when they walked through our doors,” said Lisa Culp, executive director. “But they faced

their fears and pain together, creating a support system that will not break. With that strength in place, they developed solid job skills and are either employed or well on their way to securing a job or enrolling in school.” The graduates’ mentors and families attended the graduation where each graduate shared her story and future plans through poetry and speeches centered around the theme, “New and Different With Eyes Wide Open.” “When I came to this program, I needed just one person to believe in me,” said Debbie

Tulysewski, graduate. “Now I know – that person is me.”

Each woman received a new, donated handbag filled with a day planner and other items designed to help her succeed. The bags and reception were sponsored by Zonta Club of Greater Sacramento.

Women’s Empowerment offers the only comprehensive job-readiness program in the Sacramento area designed specifically for women who are homeless and their children. The 2009 Nonprofit of the Year has graduated 1,036 homeless women and their more than 2,000 children. Last year, 89 percent of graduates found homes and 78 percent found jobs or enrolled in school or training. The program combines self-esteem courses, job training, health classes and support services to help homeless women across diverse ages, races and cultures. Women’s Empowerment is funded solely through private donations from the community.

For more information and to donate online, visit [www.womens-empowerment.org](http://www.womens-empowerment.org).

Source: Kristin Th  baud Communications



Carol with her Dad James Rogers



Spring is well under way, the weather is warming and the soil is starting to dry. That brings us to the topic that divides the green thumb from the brown thumb, watering.

In my gardening life we have moved from watering with hoses to in-ground manual irrigation to automatic sprinkler valves and finally we are just starting to see controllers that pay attention to the weather and soil moisture. Revolution after Revolution after Revolution.

Each Revolution has made it easier to water but unfortunately, it has moved us away from really SEEING what is going on in our gardens. Today, when Carole and I talk to our clients about watering it is often “every day for 5 minutes.”

If you have been paying attention at all about water, you know most of us use too much. This has to stop; we have to be ready for drought. If not this year, soon. Don’t waste water. It’s too precious!

But even outside of being a good citizen, paying attention to watering will make you a better gardener. Overwatering destroys roots which causes the leaves of the plant to wilt, yellow and eventually turn

brown and die. Many times gardeners look at those wilting leaves, assume things are dry and crank up the water! Its no surprise watering can seem frustrating.

Except for a few container plants that I will talk about in another article, your garden almost never needs daily watering. Most cities have ordinances that try to limit you to watering three times a week. Even that is usually too much. In the Sacramento region shrubs and trees can often be watered once a week to monthly. Lawns need water once to twice a week.

When I see water in the street or gutters I know there is a watering problem. I look for sprinklers miss aimed, misplaced or applying water too fast for the soil to accept. Miss aimed and misplaced sprinklers are easy to see and fix. Sprinklers that are watering too fast need some timer adjustments.

There are three parts to creating a water schedule.

1). Water slowly enough the water doesn’t run off. Modern timers are set up to repeat irrigations up to 4 times each day. A solution to watering too fast uses this ability. You need to set up repeat waterings for a short amount of time about ½ to

1 hour apart. This allows the water to penetrate with out running off. 2). Water enough that the water gets to the entire root zone at each watering. Using multiple waterings at intervals allows you to apply enough water to get the entire root zone watered. 3). Space the waterings far enough apart so oxygen gets into the soil. This requires you to look around a bit. Perhaps digging a bit into the soil. You need to see how long it takes for your garden soil to dry down a inch or more into the soil. If your plants wilt so quickly that you cannot let the soil dry at all then you should look at mulches. They can help insulate the soil allowing the roots to move farther into the ground and making it more able to withstand dry periods between irrigations.

I will talk more about watering in my next article.

Happy gardening,  
Jungle Jim  
[TheGardenTutors.com](http://TheGardenTutors.com)

Comments or questions sent to [junglejim@TheGardenTutors.com](mailto:junglejim@TheGardenTutors.com) 916.606.6029

We welcome requests for gardening talks

# Cooley’s Bill to Save State’s Mobile Field Hospitals Advances

Continued from Page 1

having been involved with Scripps in the response to both Hurricane Katrina and the Haiti earthquake. “The flexibility of the mobile field hospital is not well understood. It can be deployed in a variety of ways, depending on situation and need. Just like we have military, law enforcement and fire resources held in reserve, we should do the same with medical resources and mobile field hospitals.”

Based on the Uniform California Earthquake Rupture Forecast (UCERF) model, California has over a 99% chance of experiencing a magnitude 6.7 or larger earthquake during the next 30 years. During the same time period, the probability of having a magnitude 7.5 or higher earthquake is 46%. “It is not a question of ‘if’ California will face a catastrophic natural disaster, but when,” continued Cooley. “Mobile field hospitals are an

integral part of disaster preparedness and I thank the committee members for recognizing their importance.” For more information, please visit <http://asmdc.org/members/a08/>. Assemblyman Ken Cooley represents the 8th Assembly District which includes the communities of Arden-Arcade, Carmichael, Citrus Heights, Rancho Cordova, Rancho Murieta, Rosemont, Wilton and other portions of unincorporated Sacramento County.

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A TV Review by Tim Riley

“MAD MEN”

The AMC cable network has garnered a ton of awards and plenty of critical acclaim for the groundbreaking drama series “Mad Men,” now entering its sixth season. It’s not the type of show you can start watching at any given point unless you have been a committed viewer from the beginning. Series creator Matthew Weiner sent a cautionary note along with the screener for the two-hour premiere of the new season entitled “The Doorway.” He asked that critics refrain from revealing certain things, including the year the season begins

Riley  
Reviews  
CHANGING TIMES  
MAY PROVE ROCKY  
FOR SEASON 6 OF  
“MAD MEN”

and whether the ad agency has expanded to an additional floor. As anyone following the show can gather, the series is no longer rooted in the early, optimistic days of President Kennedy’s tenure in office. By now, the days of Camelot are long gone and the war in Vietnam has become a strain, turning the Sixties into turbulent and unsettling times. Lyndon Johnson is simply not an appealing figure for the era. There was no way around the fact that advertising executives like Don Draper (Jon Hamm) and Roger Sterling (John Slattery) are creatures of the early Sixties, when excessive drinking, smoking and general carousing were tolerated in

the workplace. As time marches on, the challenge for “Mad Men” is to keep its relevance with a changing world. Don Draper’s philandering ways are so habitual that we can hardly expect him to change even though he remarried. Of course, “Mad Men” has always been preoccupied with the existential crisis faced almost daily by Don Draper, a man of assumed identity who has no real sense of who he is. A telling scene is when Don returns from a Hawaiian vacation with his younger, attractive wife Megan (Jessica Pare) back to the grind at the firm of Sterling Cooper Draper Pryce. Asked to pose for an office photo, Don asks what he should do, and the photographer replies: “I want you to be yourself.” Don says nothing but the look on his face says everything. Earlier, during the Hawaiian vacation, the restless Don is alone one night at the hotel bar and in a conversation with a soldier shipping out to Vietnam, they accidentally swap Zippo lighters.

Later on, Don tries to throw away the other soldier’s lighter only to have the maid return it to his nightstand, reminding him that his own Zippo was never really his to begin with. Death creeps into the storyline in several ways. Returning drunk one night from a funeral, Don insists that his doorman tell him what it was like to have a near-death experience and what did he see on the other side. Roger also has issues with death, oddly showing little emotion at the death of his beloved mother, but breaking down in tears over the passing of a minor, unseen character. Weiner also asked that critics not reveal the status of Don and Megan’s relationship. There’s plenty of complexity to address about their marriage, but just keep in mind the dubious nature of Don’s moral character. I think “Mad Men” was always at its best when it focused on the interactions of the creative people working at the Madison Avenue ad agency. Let’s face it, Pete Campbell

(Vincent Kartheiser), the overtly ambitious advertising executive jockeying for higher position at the firm, is not a likeable character, but he gets the job done better than his superiors. Peggy Olson (Elisabeth Moss) was a creative talent at the firm who became frustrated with Don’s erratic behavior and decided to move on to another agency. Her absence from the firm, though not from the series, is a real loss. The sexpot Joan Harris (Christina Hendricks) became a partner last year when she accepted a sleazy proposition from the odious Pete Campbell to sleep with a client in order to land the Jaguar account. It will be interesting to see where she goes this season. One thing frustrating about “Mad Men” is the often randomness of events that require you to pay attention. For instance, the significance of Don reading a passage from Dante’s “Inferno” on the Waikiki beach won’t be known until the very end of the episode. Other happenings are so strange as to be unsettling. Don’s ex-wife Betty (January Jones), long since

remarried, has an awkward bedtime scene with current husband Henry (Christopher Stanley) when she suggests an act of felonious sexual conduct. Betty also does other weird things, such as visiting a dangerous tenement in the East Village in a vain search for a violinist prodigy who fled the comfort of the suburbs. Having entered “The Doorway,” I am not entirely convinced that I want to continue the journey. And yet I remain tantalized enough that I will probably have to watch more episodes. The show has an almost hypnotic appeal. A book published a year ago, entitled “Mad Men on the Couch” and written by Dr. Stephanie Newman, analyzes the show’s primary characters through the lens of modern psychology, asking questions like “Why does Don constantly sabotage himself?” and “Why is Betty such a cold mother and desperately unhappy housewife?” I guess one good reason to keep watching “Mad Men” is that the psychological analysis of the characters will be constantly evolving.



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# Sacramento County DA Reports

Recent cases of interest

**CASE: Rosemary Eusted (04/12/13)**  
**PROSECUTOR: Deputy District Attorney Quirina Orozco, Special Assault & Child Abuse Unit**  
District Attorney Jan Scully announced today that Rosemary Eusted was convicted by jury of 17 counts of lewd and lascivious acts with force against a child under the age of 14. Eusted began continuously molesting two female family members in November of 1997 at her Rio Linda home. The victims were 6 and 7 years old at the time. They did not report the sexual abuse for several years out of fear of retaliation and further physical abuse. In May of 2005, Eusted was convicted of two counts of child molest in Placer County. In that case, her victims included her ex-boyfriend's three daughters whose ages ranged from 5 to 10 years old. These victims traveled from Twin Falls, Idaho, Red Bluff and Marysville to testify in the Sacramento County case. Deputy District Attorney Quirina Orozco states "This trial brought together a tragic sisterhood of young girls who banded together to stand empowered in the face of their abuser. The defendant robbed them of their innocence, dignity, and the sanctity of their childhood. For the first time, each victim finally had the opportunity to look her in the eyes and say 'You cannot hurt me anymore.'" Eusted faces a possible maximum sentence of 425 years to life in prison. Sentencing is set for May 10, 2013 at 9:00 a.m. in Department 31 before the Honorable Michael Kenny.

**CASE: Ramces Orellana (04/10/13)**  
**PROSECUTOR: Deputy District Attorney Timothy Carr, Special Assault & Child Abuse Unit**  
District Attorney Jan Scully announced today that 40-year-old Ramces Orellana was convicted by jury of 13 counts of committing lewd and lascivious acts on a child under 14. Orellana was the live-in boyfriend of the victim's mother. He molested the young girl when she was between the ages of 11 and 12. Orellana will be sentenced on May 17, 2013 at 10:00 a.m. in Department 11 by the Honorable Trena Burger-Plavan.

**CASE: Jermaine Campbell (04/03/13)**  
**PROSECUTOR: Deputy District Attorney Kevin Greene**  
District Attorney Jan Scully announced that the Honorable Cheryl Chun Meegan sentenced Jermaine Campbell to life in prison without the possibility of parole, plus 25 years to life. Last month, Campbell was convicted by jury of first degree murder, first degree robbery, the personal use of a firearm and the special circumstance of committing a murder during the commission of robbery. In October 2010, Jermaine Campbell and Jonathan Hudson shot and killed 54-year-old James Walker while robbing him. Sheriff's deputies found Mr. Walker sitting in the driver's seat of his taxi cab and he was pronounced dead at the scene. Jonathan Hudson was convicted by a separate jury of first degree murder, first degree robbery and was found to have been armed with a gun. Hudson's sentencing is set for April 26, 2013 in Department 18 of the Sacramento Superior Court.



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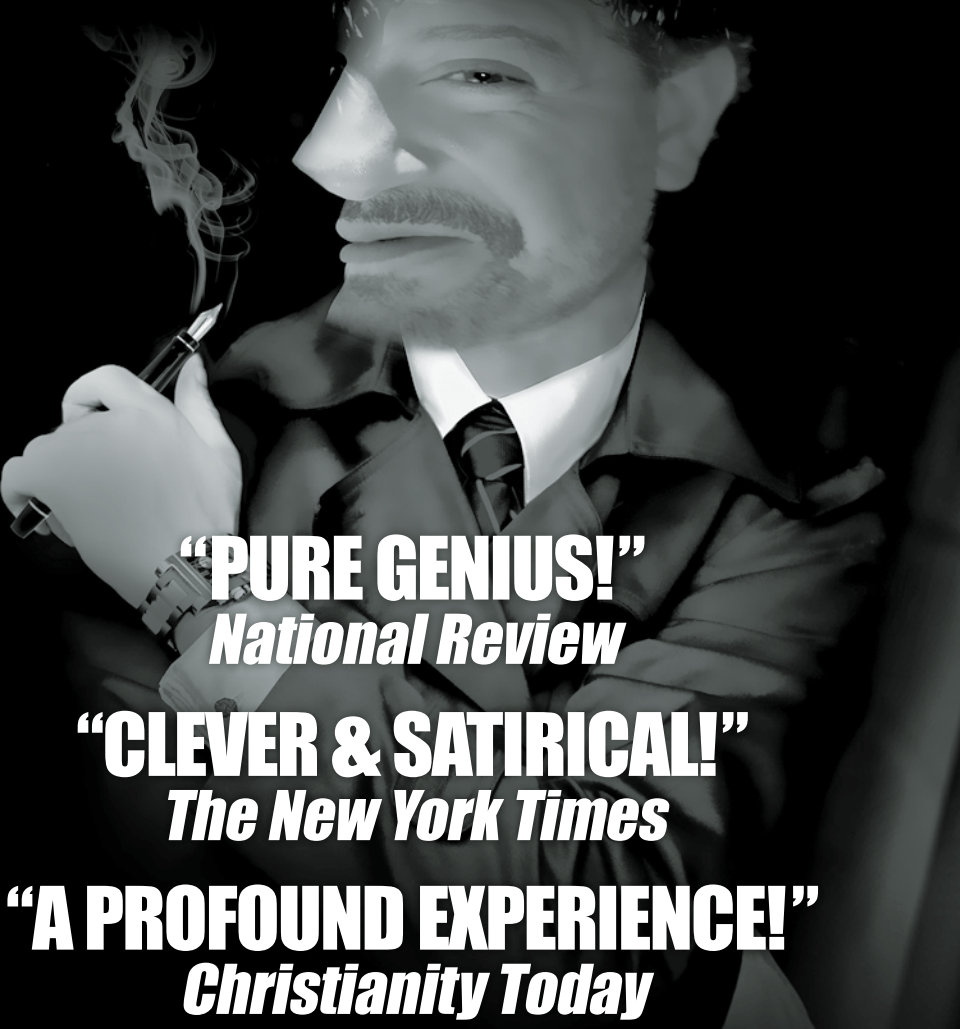
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CLUES

ACROSS

1. Debra Messing's NBC show

6. Distress call

9. Pack down

13. \*Coat used by army starting in Korean War

14. It can be electric

15. Of the kidneys

16. E.T., e.g.

17. \*Progressive or Victorian one

18. O. Henry's specialty

19. \*a.k.a. "Father of U.S. Constitution"

21. "Underground Railroad conductor

23. Presidential election mo.

24. Arizona city

25. Auction call

28. Poet \_\_\_\_ Angelou

30. \*George W. Bush is the \_\_\_\_ son of George H.W. Bush

35. Keats' works, e.g.

37. Magnifying glass

39. Eastwood's \_\_\_\_ Harry

40. Hippocrates' promise

DOWN

1. Unsubscriber's focus

2. \_\_\_\_ fide, in bad faith

3. Desert-like

4. Coil of yarn

5. Type of horse-drawn carriage

6. Espied

7. "\_\_\_\_ the fields we go"

8. List of candidates

9. \*FDR was only president elected to more than two

10. Dwarf buffalo

11. \*Father of American Education, Horace \_\_\_\_

12. Layer

15. Like risqué entertainment

20. Stretched circles

22. "It's no \_\_\_\_"

24. Free from slavery

25. \*Lincoln's assassin

26. \*Known for potatoes, it achieved statehood in 1890

27. Block

29. Supposed giant Himalayan

31. Vegas cube

32. Wear away

33. "All the world's a \_\_\_\_"

34. \*Tippecanoe's running mate

36. Leg bone

38. Quarrel or argument

42. Single-cell protozoan

45. Grass valued for hay for cattle

49. Driver's aid

51. \*Non-interference doctrine creator, 1823

54. \*1954 Board of Education opponent

56. Tropical fruit

57. Voiceless consonant

58. Europe/Asia mountain divide

59. \_\_\_\_ en scene

60. \*15th Amendment subject

61. Gulf V.I.P.

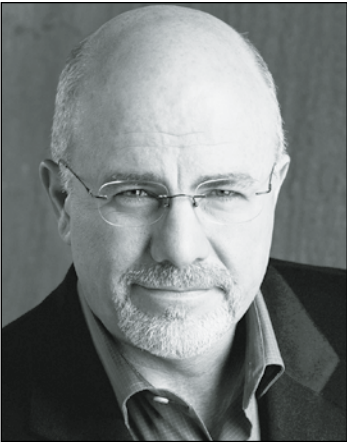
62. Ditty

63. CPO in auto industry

64. Computer-generated imagery, acr.

66. Garden cultivator

For Solution See Page 7



Dave Ramsey is America's most trusted voice on money and business. He's authored four New York Times best-selling books: *Financial Peace*, *More Than Enough*, *The Total Money Makeover* and *EntreLeadership*. The Dave Ramsey Show is heard by more than 5,000,000 listeners each week on more than 500 radio stations. Follow Dave on Twitter at @DaveRamsey and on the web at daveramsey.com.

Don't Ask for a Murphy Visit

Dear Dave,  
Is there ever a time you should dip into emergency fund savings in order to pay off your home early?

- Eric

Dear Eric,  
The only time I would advise this is when your emergency fund is too big, and you have a very small amount left to pay on the house. Keep in mind that your emergency fund should be three to six months of expenses, not three to six months of income. Besides, paying off the house doesn't fall into the category of an emergency. The fact that you have to pay for your house doesn't catch anyone by surprise.

I understand it can be very tempting to throw a bunch of money at your house, get rid of the mortgage payments, and own it outright. But I wouldn't drain my emergency fund to make it happen—even if it meant being completely debt-free sooner. Life happens, and the moment you write that big check and weaken your emergency fund, the central unit will

Dave Says

go out, the roof will spring a leak, or you'll have major repair issues with a vehicle.

When you do things like that, you're just begging for Murphy to come visit. And that's not my definition of financial peace!

- Dave

Too Much for Date Night

Dear Dave,  
My husband and I have a baby and are trying to live on a budget and pay off about \$14,000 in debt. He wants to spend \$100 a month for a date night, but I think this is too much under the circumstances. I'm a stay-at-home mom right now, and after taxes he makes about \$3,200 a month. What do you think?

- Ashley

Dear Ashley,  
You win on this one. If you'd told me you guys make \$150,000 a year, then I'd say he was being completely reasonable. But with your income and a lot of debt to boot, it sounds like he's just looking for an outlet to spend some money. The good thing is you're working together and beginning to take

this personal finance thing seriously. You're just a little bit apart on the particulars in this area.

I think you back this amount down to \$40 or \$50 for now. That's plenty for a reasonable dinner and perhaps a baby sitter for a couple of hours. If you have family or friends nearby, you might not have to figure baby-sitting expenses into the equation at all. Keep in mind, too, that going out on a date doesn't have to mean spending money. Years ago, when my wife and I were broke, we did tons of stuff that didn't cost a dime. Picnics in the park or a pretty hike through the woods are great ways to spend time together while keeping the pocketbook in your pocket.

Be creative and make sure you find ways to have "us" time on a regular basis. But you're right on this one, Ashley. You can go out and have plenty of fun together without spending a lot of money!

- Dave

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For Solution See Page 7.

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By Ronnie McBrayer

There is a Zen parable about a man who surprised a sleeping tiger while walking through the jungle. The ferocious animal pursued the man, causing him to throw down his bag and walking stick, as he ran for his life.

With the tiger tightly on his heels, the man came to a steep cliff. He saw a vine dangling over the edge, quickly grabbed it, and began shimmying down the vine just narrowly escaping the teeth of the tiger who now leered hungrily at him from the rim above.

This put the traveler in a real predicament. He was high in the air with no place to go. The vicious tiger was overhead; jagged rocks were below; and he was clinging to a vine that was not nearly long enough to lower him to the ground. Then, as if things could not be direr, a mouse emerged from its den and began to nibble at the vine.

At this precise moment the traveler saw a perfect, plump strawberry right there within arm's reach, growing out of the face of the cliff. He picked it, ate it, and exclaimed, "Wow!!! That is the best strawberry I've ever tasted in my entire life!"

The story ends there (leaving the man hanging in a lurch),

# The Power of Now

but the lesson keeps going: If the man had been preoccupied with the rocks below (his possible future), or the tiger above (his past troubles), or the mouse chewing away at the vine (his vanishing present), he would have missed the strawberry within the present moment. He would have missed the joy of now.

Now: There are few words with more potency but hardly a word more fallow or underutilized, because most of us do not live "in the now." We don't even aspire to live in the broader category of "today," having trading the present for a regretful past or a fearful future, a trade that leaves no life left to live.

Those of us who have fixed our eyes on the rearview mirror feel the days gone by slashing angrily at our heels with the unanswerable questions of regret. Where did my life go off the rails? How could I have made such terrible mistakes? What could I have done differently? Why hasn't God (or my parents or my spouse or my employer) treated me fairly or at least as well as others?

Such questions only end with inadequate replies, proving the axiom true: "There is no future in the past." But there is no future in the future either; not a view of the future that is tainted with fear! Yet, countless people live their lives in a hypothetical time machine, always worrying and fretting over a distant yet to come that might never materialize.

These future-fearing people fill

the air with their own questions, questions that usually begins with the words, "What if?" What if I lose my job? What if I am diagnosed with cancer? What if I run out of money? What if the economy collapses? Again, such questions can't be answered. They can only rob the warriors of the time they have today.

And of course there are those who are preoccupied with the future differently. They aren't worried. They are enthused. They have schemes and plans for tomorrow, but tomorrow never comes. They say things like: "I'll do it one day (whatever 'it' is). Life will be better next week...next month...next year...next decade. Eventually I'll get around to it. In the end I will achieve my goals." But in the end, the end comes far too soon, and all the best-laid plans never materialize.

If we are engrossed with the snarling monsters of our past, obsessed with the fearful uncertainties of tomorrow, or spend our precious few days prepping for an ethereal future, this much is certain: We give away today; we miss the now.

Right now might not be your greatest moment, but now is all you have. Give now all you have, and you might be surprised at the joy you will discover.

Ronnie McBrayer is a syndicated columnist, speaker, and author of multiple books. You can read more and receive regular e-columns in your inbox at [www.ronniemcbrayer.net](http://www.ronniemcbrayer.net).



By Marlys Norris, Christian Author

Prayer incorporates personal communication with the Almighty to help you walk in God's perfect will for your life. It indicates sincere intent and surrender to be in His will while on your journey to walk with Him seeking His divine guidance. All things need circling prayer around them for God's power to answer anyone's prayers.

Every decision one makes needs to be surrounded, covered and bathed in prayer before undertaking anything. It is a time when one can tell God everything! It isn't that God doesn't know it already — He wants to know that one desires His

# Circle Life With Prayer!

presence in any situation. So, if a mountain (problem) needs to be removed God will do it and bring about the answer to prayer. Miracles do happen when God is in it!

When the Son of God (Jesus) walked the earth, He continuously performed all kinds of miracles: from turning water into wine; raising the dead, healing the sick; removing demons from man and woman; feeding the hungry; walking on water; calming a storm; telling the fishermen where to find the fish; increasing bread to feed hundreds of people; teaching about the love, grace and mercy of God: prophesying about His own death and ultimate Resurrection.

Then before His death on the Cross, Jesus spoke unbelievable words that should stir our faith and witness to others about Him when He said, "those who believe and follow me — would

be able to do what He did and even greater things." Even, greater things?? Greater because His Holy Spirit resides within and enables those who believe. Oh God protect us from becoming prideful and egotistic — when you choose to use us to do those greater things. May we give all Glory and Honor only to you. We love you Lord and we appreciate ALL you have done for us.

"And this is my prayer for you: that your love may abound more and more in knowledge and depth of insight, so that you may be able to discern what is best and blameless for that (glorious) day of Jesus (Christ's return)." (Philippians 1:9-10)

Marlys Johnsen Norris  
Award Winning  
Christian Author  
[Marlysjn@gmail.com](mailto:Marlysjn@gmail.com)  
First Book: *God Moves Mountains, It was a Miracle*



By Karen Anderson

"STOP IT! Stop it right now!" You are putting way too much pressure on yourself. Why do you feel if it is not perfect you have failed? You are not a failure, you are beautiful and successful in everything you put your mind, heart, and hands to."

How many times have you put yourself down because your home or business projects, thoughts, what you say, writing, or anything you do doesn't measure up to your standards? I hate to tell you this, but your standards are not as important as God's. Stay focused on the fact that God sees you as precious. Measure your actions according to His Word and what He wants for you, not from your limited human perspective. Human perspective is flawed, and will leave you feeling useless and unworthy.

First, I want you to ask yourself these questions: Do you believe God is who He says He is? Can God do what He says

# You're Not Perfect

He can do? Is God perfect? Did He create you? Your answer to all these questions had better be YES. If they are not, you and I need to talk. You are missing out on the most wonderful and meaningful relationship that you will ever have in your life here on earth. Now back to the questions...

If you believe that God created you, how can you think less of yourself when things are not perfect? You just agreed that God is God, and there is no doubt about it. Can you see God's work in your life? Do you think God breaks promises? He wouldn't be much of a God if you couldn't count on Him 100%. His Word says, "For since the creation of the world God's invisible qualities—His eternal power and divine nature—have been clearly seen, being understood from what has been made, so that men are without excuse." I want you to contemplate on this.

Now answer this question: God made you unique, right? God has a purpose for your life. When you get upset with yourself, do you put yourself down, or even call yourself dumb or stupid? How dare you say anything like that! I personally believe when you do that you are sinning against God. He made you and as I said before, you are precious to Him. The Word says, "As you come to Him, the living Stone — rejected by men but

chosen by God and precious to Him." You will never be perfect because the only one that is perfect is God. You will never measure up to Him. The blessing is that even though you and I can never measure up to God, we can have a very close and special relationship with Him. If you haven't made that commitment by accepting the precious gift of His son's life; it is time. Remember, Jesus took your place so that you could have an intimate relationship with His father, God.

Instead of being upset that you are not perfect, get on your knees and thank God that He wants to be your Father and care for you. Every day, when I wake up, I am thankful for a day that God will walk with me hand-in-hand. He will walk with you too... JUST ASK. Now enjoy your life with Him, even in times of your imperfection. Remember, you are perfect through His son, Jesus Christ.

Passage: Romans 1:20  
1 Peter 2:4

Karen Anderson is an accomplished speaker, author, and chaplain. Women's Retreat planned for March 2014 at [www.renewingyourspiritretreat.com](http://www.renewingyourspiritretreat.com). Receive a copy of her latest book, "Nikki's Tail-Waggin' Lessons." Leave a message or questions for Karen through her website [www.doablesteps.com/contact](http://www.doablesteps.com/contact).

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# Taking Care of Business in Our Community Expo at Sunrise Mall

CITRUS HEIGHTS, CA – (MPG) The Citrus Heights Regional Chamber of Commerce presents its Taking Care of Business Expo at Sunrise Mall on Saturday, May 4, 2013. The show hours are 10:00 am to 7:00 pm. Attendance and parking are free to the public.

This community event will be showcased in the established and comfortable setting of Sunrise Mall, set among its already 100 fabulous retailers. In addition to enjoying shopping, grabbing a bite to eat at one of the restaurants or eateries and perhaps even catching a movie at the UA Theatre, this fun, family event provides a unique opportunity for the community to be introduced to the products and services offered by featured



The Citrus Heights Regional Chamber of Commerce presents its Taking Care of Business Expo at Sunrise Mall on Saturday May 4 from 10AM to 7PM. Photo courtesy of California Family Fitness

Expo exhibitors such as Mary Kay Cosmetics, SAFE Credit Union, Pebble Beach Dental, Reichert’s Funeral Service and Nationwide Insurance and more.

For more information on available exhibitor space, or for general information, call Renee Larscheid at the Citrus Heights Regional Chamber office at (916) 722-4545 ext 24.



By Pastor Ray Dare

You may not know how to answer that question if you don’t understand grace. Grace is God giving to you what you don’t deserve: His love, His forgiveness, His acceptance. Grace is the central theme of the New Testament. If you don’t get anything else get this, God loves you unconditionally. That’s called grace.

Legalism and perfectionism are based on the fear of God rather than the love of God. You may think, “But doesn’t the Bible say the fear of God is the beginning of wisdom”? Yes but you must understand what that word “fear” means. Proverbs 9:10, “The fear of the Lord is the beginning of wisdom....” The word for “fear” means “reverence” or “to be in awe of”. God doesn’t want you to be afraid of Him; He wants you to love Him. Jesus didn’t say if you’re afraid of me you will keep my commandments (John 14:15)

# Does God Like You?

He said if you love me you will keep my commandments.

One of the greatest emotional hang-ups that people have today that causes more misery, more fear, more heartache and more depression than anything else, one that you might be dealing with today, is perfectionism. What is perfectionism? It’s trying to gain and maintain the approval of God, the approval of others and maybe even the approval of you, by trying to be perfect. You have this constant feeling that you don’t measure up. You go through life giving it your best shot and always feeling that you come up short. Like you’re not good enough and you feel like a failure. Then you start thinking, “What’s the use...If God demands perfection why even try?” The Christian life becomes a frustrating rather than fulfilling; it becomes a burden rather than a blessing. It’s no wonder some people avoid God; they have a misconception of Him.

Every basic problem of man comes down to a misunderstanding of who God is, what God is like and what God has promised to do in your life. Some people see God as a cruel and unreasonable judge. We’ve been conditioned by a performance-oriented culture and we’ve transferred that over to God. We invent an un-pleasable

God that cannot be satisfied no matter what we do, because you don’t understand grace yet.

Life’s greatest burden is trying to measure up to a standard that God has already said no man can measure up to. Trying to get what God says you already have in Christ. Trying to become what God says you already are: loved, accepted, and forgiven when you open up your life to Jesus Christ and make Him your Savior and the manager of your life.

If you’ve never opened your life to Jesus Christ, do it right now. Say, “Jesus I realize that I can’t live a perfect life and that’s why I need you in my life; that’s why I need your grace. I don’t understand it all but I believe you love me and I want a relationship with me. I want to love you back and I want to have a relationship with you. I confess that I’m not perfect and ask for your forgiveness and grace in my life. Help me to understand your grace and love better, in Jesus name, amen.”

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Pastor Ray

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# POPPOFF!

with Mary Jane Popp

inflammatory diet is essential. This includes removing foods like refined grains and sugar, and including foods like vegetables, legumes, and fish, and anti-inflammatory spices like garlic and ginger. It also includes identifying and eliminating food allergies and food sensitivities, best done with an elimination and challenge diet.

2) **Increase your activity level:** Having extra weight on us increases inflammatory markers in the body AND exercise releases anti-inflammatory chemicals in the body, making regular activity a win-win in the inflammation game.

3) **Get adequate sleep:** Sleep is the time when the body recovers from the day's stressors. Those who report more sleep have better health overall. Some of our best sleep happens before midnight, so getting to be by ten or eleven pm is a great step towards optimal health. Adequate sleep also allows the body to handle stress better, which decreases inflammatory markers in the body.

4) **Include activities that calm down your stress response.** We do so much in our daily lives that keeps us in constant motion. Taking the time to slow down helps calm and balance our nervous system, thereby decreasing inflammation. These activities include yoga, tai chi, qi gong, meditation, prayer—ultimately, anything that gets you to a quieter place. Joy, gratitude, and

optimism have also been shown to benefit our health!

5) **Use anti-inflammatory supplements:** Scientific research has shown that the omega 3 fats from fish oil are highly anti-inflammatory due in part to their ability to slow down the body's production of chemicals called prostanooids, which when produced in excess increase inflammation in various tissues and organs. Tumeric, ginger, garlic, rosemary, glucosamine, and quercetin are also known for their anti-inflammatory properties and can be taken in supplement form.

Are these all the answers? Probably not, but it's a start with tools we have control over for the most part. There is, of course genetics and a myriad of other conditions, but if we can get a handle on some of the issues, it's a good start. I know it's so easy to throw out the big BUT, like, 'but I have work to do' 'but I have a family to care for,' but it's so complicated.' BUT, if you don't start somewhere, you'll get nowhere BUT sick! It's one step at a time to good health! Check out Dr. Shunney's website for more great info on inflammation and staying well the natural way at [www.drshunney.com](http://www.drshunney.com). Naturally, it's the right thing to do!

Join Mary Jane for the **KAHI Noon News Monday-Friday and then again for POPPOFF 10 PM - Midnight.**

## INFLAMMATION INQUIRY

Here's a 'did you know' fact that floored me. Did you know that medical researchers have found that heart disease, diabetes, cancer, obesity, arthritis, depression, asthma, and even allergies have all been linked to elevated levels of inflammatory markers in the body? That's the bad news I got from Dr. Aimee Shunney, Naturopathic Physician and health educator on my POPPOFF radio Show recently. But here's the good news. Dr. Shunney says, "Chronic inflammation perpetuated by poor diet, sedentary lifestyle, and unrelenting stress, may be the single greatest threat to patient health."

But never fear, the good Doc says these issues can actually be fixed. Dr. Shunney revealed her five most effective recommendations for decreasing inflammation and moving towards optimal health:

1) **Eat a whole foods anti-inflammatory diet:** What we put in our mouths is the foundation of our health. When it comes to inflammation, an anti-

# The Screwtape Letters Returns to Region



The adaptation of the C.S. Lewis novel *The Screwtape Letters*; about spiritual warfare from a demon's point of view, will return to Sacramento for two performances only. Photo courtesy of Sacramento Community Center Theater

SACRAMENTO REGION, CA – (MPG) THE SCREWTAPE LETTERS, the provocative and wickedly funny theatrical adaptation of the C.S. Lewis novel about spiritual warfare from a demon's point of view, will return to Sacramento for two performances only, after selling out in March of 2012. The limited engagement will run at the Sacramento Community Center Theater, 1301 L Street in Sacramento, Saturday, May 4 at 4 p.m. and 8 p.m.

The National Tour of THE SCREWTAPE LETTERS kicked off after a hit nine-month run at the Westside Theatre in New York City. Prior to that, THE SCREWTAPE LETTERS was a sold out hit in Chicago and Washington D. C. where it ran for a combined eight months.

Presented by Fellowship for the Performing Arts, THE SCREWTAPE LETTERS is produced and directed by award-winning actor Max McLean who created the role in New York.

Associated Press calls THE SCREWTAPE LETTERS "Devilishly funny!" "Sly, funny, handsomely produced...the devil is an equal-opportunity entertainer!" says The Washington Post. "This is a show...if you'll pardon the expression—without sin. Lewis plays the English language like a fine tuned instrument!" exclaims DCist.com. The Boston Globe raves that it is "Engrossing and entertaining!" and The Chicago Tribune says THE SCREWTAPE LETTERS is "Very smart...richly rewarding...exuberant theatricality!"

THE SCREWTAPE LETTERS creates a topsy-turvy morally inverted universe set in an eerily stylish office in hell, where God is called the "Enemy" and the devil is referred to as "Our Father below." The play follows His Abysmal Sublimity Screwtape,

Satan's top psychiatrist (due to his profound understanding of human nature), and his slavish creature-demon Toadpipe, as they train an apprentice demon, Wormwood, on how to ruin the life and damn the soul of an unsuspecting human on earth.

Screwtape is portrayed by award winning actor Brent Harris, who played Scar in the National Tour of The Lion King, Lucifer in Dr. Faustus, Iago in Othello, Salieri in Amadeus, Olivier in Orson's Shadow, Atticus Finch in To Kill a Mockingbird, and the title role in Macbeth. He is regularly seen in many of America's great theatre companies such as American Repertory Theatre, Seattle Rep, Denver Center Theatre, Oregon Shakespeare, and D.C.'s Shakespeare Theatre Company.

Along with The Chronicles of Narnia (including The Lion, The Witch and The Wardrobe), The Great Divorce and Mere Christianity, THE SCREWTAPE LETTERS is still one of Lewis' most popular and influential works. The book's piercing insight into human nature and the lucid and humorous way Lewis makes his readers squirm in self-recognition made it an immediate success. When first published in 1942 it brought worldwide fame to this little-known Oxford don including the cover of Time Magazine.

The idea for Screwtape first came to Lewis after listening to Hitler's Reichstag Speech on July 19, 1940, while it was simultaneously translated on BBC Radio. Lewis wrote "I don't know if I'm weaker than other people, but it is a positive revelation to me how while the speech lasts it is impossible not to waver just a little... Statements which I know to be untrue all but convince me...if only the man says them unflinchingly."

Lewis dedicated it to his close friend J. R. R. Tolkien who had expressed to Lewis that delving too deeply into the craft of evil would have consequences. Lewis admitted as much when he wrote "Though I had never written anything more easily, I never wrote with less enjoyment... though it was easy to twist one's mind into the diabolical attitude, it was not fun, or not for long. The work into which I had to project myself while I spoke through Screwtape was all dust, grit, thirst, and itch. Every trace of beauty, freshness, and geniality had to be excluded."

THE SCREWTAPE LETTERS is produced by New York City based Fellowship for the Performing Arts. Max McLean serves as the Producing Artistic Director. McLean, along with Jeffrey Fiske, wrote and directed the theatrical adaptation. Executive Producer and General Manager is Ken Denison of Aruba Productions. Scenic Design is by Cameron Anderson, Costumes by Michael Bevins, Lighting Design by Jesse Klug, and Original Music and Sound Design by John Gromada.

The performance schedule for THE SCREWTAPE LETTERS is Saturday, May 4 at 4 p.m. and 8 p.m. Tickets are \$39 - \$59. There are a limited number of student seats for \$25 (student ID required). For groups of 10 or more (including student groups) call 866.476.8707.

To purchase tickets, visit [www.ScrewtapeonStage.com](http://www.ScrewtapeonStage.com), call 916.808.5181 during regular business hours or 800.225.2277 after hours, or visit the Community Center Theater Box Office, 1301 L Street, Monday through Saturday 10am-6pm, and 60 minutes prior to performance start time.

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## Arden Playhouse

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Harley's Lucky Day by Michael Messmer Directed by Blake Flores



Art (Andy Anthony, right) is warned by Julie (Keri Long) about where he put his hands in the conga line led by Sharon (Vanessa Voetsch) with Harley (Scott Plotkin) and Crazy Maggie (Patty Thiel) following in the Arden Playhouse production of HARLEY'S LUCKY DAY. Photo Courtesy of Arden Playhouse. Photographer Michael Messmer.

Harley is a brilliant accountant who has been trying to work out his life on a balance sheet. On the negative side he was fired many years ago because he reported some accounting irregularities. He was a whistle-blower. Turned out hardly anyone wants to hire someone like that. When he couldn't get a job his wife divorced him. Some brilliant accounting software, he designed, was stolen by a company. He's broke. Most of his furniture has been repossessed. He thinks his girlfriend left him. He bought a gun but couldn't afford the bullets. It is one negative after another, on the balance sheet of life.

And then Crazy Maggie breaks in to his house. She just escaped from the state mental hospital where she was being kept because she killed any man who found her attractive. First thing she asks Harley when she sees him, while pointing a gun at him, is "Do you think I'm attractive?" Can things get any worse?

An attempt by his girlfriend to get his mind off his problems with a little romance flops. A scheme planned by his best friend, Art, goes wildly wrong. And Maggie takes everyone hostage. It looks like things are going from bad to worse.

And yet, this turns out to be a great day as a wild series of events, the wacky wisdom of a crazy woman, the care and concern of a girlfriend and friends all help Harley to stop thinking about himself and his problems long enough to find a little joy in life. And one final, unexpected prize...truly makes this HARLEY'S LUCKY DAY.

8PM Fridays and Saturdays—April 19, 20, 26, 27, May 3, 4, 10, \* 17, 18, 24 & 25.

Sunday Matinees 2pm.—April 28, May \* 12, & 19. \*Note: there are no performances on 5/5 and 5/11.

All tickets are \$15 with a reservation and \$18.00 at the door. (Cash or check only.) Tickets may be reserved by calling (916) 332-2582.

Arden Playhouse is located at 5640 Roseville Road, Suite D, Sacramento, and seats 150.

Arden Playhouse is a community theater dedicated to continuing its tradition of presenting entertainment in a casual setting.

For more information about Harley's Lucky Day or to find out about our group discounts, call the theater office at 332-2582, email [admin@ardenplayhouse.com](mailto:admin@ardenplayhouse.com), [arden@ardenplayhouse.com](mailto:arden@ardenplayhouse.com), or check the website [ardenplayhouse.com](http://ardenplayhouse.com).



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