



Citrus Heights Messenger

“Written by the people, for the people”

Volume 2 Issue 20

Serving the City of Citrus Heights and Sacramento County

Second Edition for October 2012

Antelope Crossing Spooktacular!



Page 2

Pet Fair Hosted by CH Community Marching Band



Page 4

Dare to Live Without Limits



Page 12



Scan our QR Code for a
direct link to our online edition!

PRESORTED STD.
US POSTAGE
PAID
PERMIT 350
Carmichael, CA
Change Service Requested

Get Out and Vote

Commentary by
Paul V. Scholl, Publisher

On November 6th, Election Day, across the United States we will again be deciding upon the direction for our county. Higher taxes are crushing small businesses, costing Americans millions of jobs. Out of control spending by the State means tightening everyone's belt, except theirs. It is not a question of higher taxes and fees. It is a question about whether or not they will tell us what they are doing with all the new legislation "before they pass it."

On a statewide and local level we are voting on many ballot measures and propositions, as well as choosing our leadership on many levels of local and state government. Are you tired of working harder and harder and keeping less and less of your own hard-earned money?

Leading Republicans, Independents and Democrats are hoping voters turn out in huge numbers at polling places to cast their votes on some of the most controversial propositions and candidate races that have been seen in, well, almost two years.

It is time for some leadership and some real answers. Americans have faced another stress-filled two years of a failing economy, lack of leadership on a national and state level, and now more cities are failing as a result of gross mismanagement. The general public is being fed more than we need to



know about areas we care little about, and very little of what we need to know. Guard the borders, keep the country safe, and fix the damn roads!

As legal voting Americans, we go to the voting booths in our

own neighborhoods, vote alongside our neighbors and try to make the best decisions we can that will affect our families for years to come. If it really is about "the children", why doesn't the government act that way?

With what limited truthful information we have available to us, we try to do what is right. It is not only a right of most Americans to vote, it is a civic duty. Whatever your ideology, Get Out and Vote.

ReUseIt Debuts First Drive Thru Donation Station

CITRUS HEIGHTS – ReUseIt.org is making it easy to declutter homes and offices while making a difference locally with their new drive thru donation station in Citrus Heights. All donations are tax deductible and directly benefit Big Brother's Big Sisters of the Greater Sacramento Area, a local nonprofit organization dedicated to helping local children reach their potential through one to one relationships with mentors.

Reuseit's maiden drive thru station is located at 7770 Auburn Blvd., in Citrus Heights, CA on the corner of Auburn Blvd. and Watson. The station is open daily with attendants waiting to help unload vehicles Monday through Friday 7 am – 6pm, and Saturday and Sunday from 10am to 6pm. Drive up, drop off, done! It's that easy.

ReUseIt, is a registered Commercial Fundraiser in the

state of California, providing exceptional support & service to nonprofit organizations in our local communities. The ReUseIt team has over 40 years of experience in the household recycling industry, and is dedicated to making a difference locally. For more information on ReUseIt, including locating your nearest donation station and/or community donation drop box, to schedule a free

household donation pick up, or to find out when trucks will be in your neighborhood doing curbside pick-ups, please visit www.reuseit.org or call direct at: 1-877-738-7348 (1-877-RE-Use-It).

ReUseIt also offers nonprofit organizations the opportunity to raise important funds for their cause with an "easy as pie, better than a bake sale" donation drive fundraiser programs.

National Prescription Drug Take-Back Day: Big Haul

For the fifth time in two years, Americans emptied medicine cabinets, bedside tables, and kitchen drawers of unwanted, unused, and expired prescription drugs and took

them to collection sites located throughout the United States as part of the Drug Enforcement Administration's (DEA) National Prescription Drug Take-Back Day.

Saturday, September 29, in Northern and Central California, 107 state and local law enforcement partners, working at 156 locations, collected 23,329 pounds (more than 12 tons) of prescription medications from members of the public. When added to the collections in Northern and Central California from DEA's previous four Take-Back events, nearly 100,000

pounds of prescription medications have been removed from circulation. A total of 488,395 pounds (244 tons) was collected nationwide during this most recent event.

The Citrus Heights collection point gathered over 225 lbs. According to the 2011 Substance Abuse and Mental Health Services Administration's National Survey on Drug Use and Health (NSDUH), more than six million Americans abuse prescription drugs. That same study revealed more than 70 percent of people abusing prescription pain relievers got them through friends or relatives, a statistic that includes raiding the family medicine cabinet.

The National Prescription Drug Take-Back Day aims to provide a safe, convenient, and

responsible means of disposal, while also educating the general public about the potential for abuse of these medications.

The DEA's Take-Back events are a significant piece of the White House's prescription drug abuse prevention strategy released in 2011 by the Office of National Drug Control Policy. Disposal of unwanted, unused or expired drugs is one of four strategies for reducing prescription drug abuse and diversion laid out in Epidemic: Responding to America's Prescription Drug Abuse Crisis. The other strategies include education of health care providers, patients, parents and youth; enhancing and encouraging the establishment of prescription drug monitoring programs in all the states; and increased enforcement to address

doctor shopping and pill mills.

Shortly after DEA's first Take-Back Day event two years ago, Congress passed, and President Obama signed, the Secure and Responsible Drug Disposal Act of 2010, which amended the Controlled Substances Act (CSA), allowing DEA to develop permanent, ongoing, and responsible methods for disposal. Prior to the passage of the Disposal Act, the CSA provided no legal means for transferring possession of controlled substance medications from users to other individuals for disposal. DEA is currently in the process of drafting regulations, but until the creation of permanent regulations, DEA will continue to hold Take-Back Days.

Source: www.dea.gov

Veterans' Day Ceremonies Planned for Sylvan Cemetery

CITRUS HEIGHTS – Citrus Heights is blessed with a community cemetery thanks to the donation of land by Daniel Lewis in 1862. Since that date, Sylvan Cemetery has become the final resting place for many of those from our community who served the United States Armed Forces.

On Monday, November 12th, a service will be held at the Sylvan Cemetery, located at 7401 Auburn Blvd. in Citrus Heights. A procession of veterans begins at 10:30 a.m. at the south end of the cemetery, home to the burial sites for the veterans of the Spanish-American War and the Civil War.

The procession will continue along the "Avenue of Flags" and will include Citrus Heights Police Chief Christopher Boyd and veterans from the community.

The commemorative service will be held at the gazebo at 11:00 am. The general public is invited to attend and participate. Please arrive early to park within the cemetery grounds.

New San Juan High Hosting 'Vote for Voice' Community Forum

From Andi Johnson

CITRUS HEIGHTS – New San Juan High is hosting a 'Vote for Voice' community forum November 1st.

The forum will be an opportunity for the community to hear from candidates running for the San Juan Unified Board of Education and the Citrus Heights City Council.

Participants also can learn about Measure N, the District's proposed \$350 million infrastructure bond initiative, and Measure K, the Citrus Heights proposal to temporarily increase the city's utility users tax rate to fund public safety and road improvements.

The event will be held at the school's new auditorium, 7551 Greenback Lane in Citrus Heights. It is scheduled to start at 6:00pm and run to 7:30 p.m. Thursday, November 1st.

For more information contact the school at (916) 971-5150.

Gas Still Too High

SACRAMENTO REGION - Average retail gasoline prices in Sacramento have fallen 15.8 cents per gallon in the past week, averaging \$4.29 per gallon. This compares with the national average that has fallen 9.0 cents per gallon in the last week to \$3.67/g, according to gasoline price website SactoGasPrices.com.

Including the change in gas prices in Sacramento during the past week, prices yesterday were 53.0 cents per gallon higher than the same day one year ago and are 24.4 cents per gallon higher than a month ago. The national average has decreased 14.2 cents per gallon during the last month and stands 20.1 cents per gallon higher than this day one year ago.

See www.SactoGasPrices.com

Hometown Veteran Heroes to be Honored on Roadside Banners

By Elise Spleiss

CITRUS HEIGHTS - While visiting Simi Valley last year Charles Stone, Citrus Heights American Legion 637 member, was inspired by their Armed Forces Banner Program. Created in 2010 to honor Simi Valley’s active, retired, wounded and fallen warriors, banners bearing the name, dates of service and branch of service of these local veterans hang from street light poles throughout the city.

Stone returned home and proposed to his fellow American Legion members they initiate a new tradition and adopt their

own Hometown Hero’s: Veteran Honor Banner Project. Through the efforts of American Legion 637, Sunrise MarketPlace Business Improvement District, and Signs in 1 Day, this new venture is scheduled to begin in October of this year.

They will reflect the community’s pride and respect for the brave men and women who have served or are serving in all branches of the military.

Designed to be up to honor these active and retired, wounded and fallen Veterans prior to Veteran’s Day, you can look for these banners displayed within the Sunrise MarketPlace

Business District towards through at least November 12, 2012.

Individuals, organizations and businesses may sponsor a banner; sponsors may reside outside Citrus Heights. Banners are 6 feet by 2-1/2 feet and the cost is \$240 per banner. They will be on display for at least 30 days then given to the families of the service member honored. Banners will then be displayed annually beginning prior to Veteran’s Day.

For information on ordering contact: Al Schuller at 916-225-9628 or Charles Stone 916-947-9871.

Arcade Creek Manor Holds Baazar

Arcade Creek Manor, a Senior Citizens Complex, will hold its Annual Bazaar on Saturday, November 3, 2012.

Annual Bazaar – Arcade Creek Manor Senior Community
Saturday, Nov 3, 9 to 3PM
6546 Auburn Boulevard (corner of Van Maren & Auburn)

Look for the CLOWNS Admission is FREE
Arts & Crafts, Books, Plants, Holiday Gift Items, Home Baked Goodies, Clothing & Unique White Elephant Items Cake Walk, CLOWNS, and Raffle Drawing plus Food and Drinks.

The proceeds from this event

will be used during the following year to provide social, cultural and entertainment activities for the senior citizens living at Arcade Creek Manor.

It is through the efforts of organizations like yours that really make a difference in our local communities.

Antelope Crossing “Spooktacular”

By Leslie Carrara

CITRUS HEIGHTS–The fourth annual Spooktacular was held Sat., Oct. 20 at the Antelope Crossing shopping centers, while this year and plans for the future feature the fun day in the Raley’s Shopping Center on the north side and in the former Albertson’s/Rite Aid Shopping Center on the south side of Antelope Rd. Since last year’s event, six new businesses have moved in to the north side, including Andrew’s Furniture, Extreme Martial Arts, Check N Go, and Just Send It, a postal shipping business.

With the Spooktacular on both sides of Antelope Rd., the south side featured a health fair and the bouncing houses for kids, while the north side featured musical entertainment and booths of merchandise vendors. Included were State Farm Insurance and the El Dorado Baking Co., as well as a health food eatery booth.

Barbara Downie, secretary of the Antelope Crossing Business Assn., a non-profit organization sponsoring the event packed day, said that the purpose of the annual



Halloween ritual is to bring business to the area.

“We’re here and open for business,” she said. She also indicated all proceeds from the event will be put toward next year’s Spooktacular.

Meanwhile, Mayor Jeff Slowey said he thinks this is a great community event.

“I’m happy to see all of the

citizens out here,” he smiled. “It grows every year.

A quick peek around the south side offered children and adults in costumes for the costume contest as well as area beauty queens walking around. A fire truck showed up and the Citrus Heights Police Department also was represented.

Also for the kids were face painting and crafts.

FREE Halloween Harvest Festival

There is a FREE Halloween Harvest Festival on Halloween Night, October 31st, from 6pm-8pm at the Foothill Community Park located at 5510 Diablo Drive in the Foothill Farms, Antelope, North Highlands, and

Citrus Heights areas.

Featuring trunk or treats, candy, games, food, and local entertainment. This is a FREE, Safe Halloween community event that is lots of fun for the whole family. Our featured

entertainment for the evening will be “Al Cruiser and the Rockin’ Gospel Review”

For more information see info@YourNewChurch.org



Jim Monteton
for **Citrus Heights City Council**

Join me in the continued success of Citrus Heights. Together we can keep our city safe, maintain our financial stability, grow our business community and strengthen our infrastructure.

Jim Monteton
ID# 1349380

Community Involvement

- City of Citrus Heights Planning Commission
- President of Neighborhood Association 7&8
- Graduate of “Leadership Citrus Heights” 2010
- Three Years on the Sacramento County Grand Jury
- Member Sylvan Cemetery Board of Trustees
- U. S. Army Vet - Member of the American Legion Post 637
- Small Business Owner - MBA in Business

On November 6, please vote for Jim Monteton, a Conservative, for City Council

www.monteton4ch.vpweb.com



HOLIDAY CRAFT FAIR

Save the Date

Hosted By
Citrus Heights Lions Club

- Over 70 Handcrafted Vendors
- Raffle Prizes starting at 10:30
- Breakfast & Lunch Available
- Free Parking & Free Admission
- Homemade Bake Sale
- Plus Much More.....

Saturday, November 10, 2012
from 9:00 am to 3:00 pm
Citrus Heights Community Center
6300 Fountain Square Drive, Citrus Heights

For more information
916-721-7487

Free Community Event


Veteran’s Day Concert


Featuring the Season of Hope Choir
performing both patriotic and spiritual music
and a special tribute to Veterans

Thursday, November 8, 2012
6:30 to 8:00 p.m.
East Lawn Sierra Hills Memorial Park Chapel
5757 Greenback Lane, Sacramento, CA 95841

A Season of Hope

Refreshments will be served following the concert.
For more information, please call (916)732-2020





Publisher,
Paul V. Scholl

Citrus Heights Messenger is a member of
Messenger Publishing Group

Citrus Heights Messenger

“Written by the people, for the people”

Publisher’s Statement: It is the intent of the Citrus Heights Messenger to strive for an objective point of view in the reporting of news and events. We consider our Editorial and Opinion pages to be a public forum for our readers. It is understood that the opinions expressed on these pages are those of the authors and cartoonists and are not necessarily the opinions of the publisher or our contributors.

Citrus Heights Messenger is not responsible for unsolicited manuscripts or materials. The entire contents of the Citrus Heights Messenger are copyrighted. Ownership of all advertising created and/or composed by the Citrus Heights Messenger is with the publishing company and written permission to reproduce the same must be obtained from the publisher.

Subscriptions should be mailed to Citrus Heights Messenger, 7405 Greenback Lane, #129, Citrus Heights, CA 95610. Subscription rate is \$25 per year; \$30 per year in Sacramento and Sacramento county; \$40 per year outside Sacramento county. Citrus Heights Messenger is published twice monthly. Call 916-773-1111 for more information. (ISSN # 1948-1918).

To submit your articles, information, announcements or letters to the editor, please email a Microsoft Word file to: Publisher@CitrusHeightsMessenger.com. Be sure to place in the subject field “Attention to Publisher”. If you do not have email access, please call us at 916-773-1111.

Advertising Sales

Graphics & Layout

Contributing Writers

Distribution Assistant

Accounting

Web Master


News Services

Photography

Paul V. Scholl
Christopher Berouillard
Banerjee Designs • Stump Removal Graphics
Susan Skinner • Mary Jane Popp • Marlys Johnsen Norris • Tim Reilly
David Dickstein • Dave Ramsey • Dr. E. Kirsten Peters • Kay Burton
Dr. Bob Graykowski • Julie Parker • Andrew DeFazio • Eric Marks
Leslie Carrara • Pastor Rich Reimer • Pastor Cary Duckett • Ronnie McBrayer
David Graulich • Perry Hartline • Gerry Scholl • Trish Tatterson
Gabriel Scholl
Nicholson & Olsen CPA
RJ at the sitebarn.com • JWS Promotions • Mikahn Design
Whiskey & Gunpowder • StatePoint Media • NewsUSA • PRWEB NewsWire
North American Precis Syndicate • Blue Ridge Press • ARA Content
Family Features • WorldNetDaily
Amanda Morello • Susan Skinner

Member of Carmichael, Citrus Heights, Fair Oaks, and Orangevale Chambers of Commerce

We are proud members of these newspaper associations.



Citrus Heights Residents and Businesses Support Measure K to Improve City Services

CITRUS HEIGHTS – Citrus Heights residents and business owners have come together in an effort to promote passage of Measure K, a temporary one and three-quarter percent (1.75%) increase in the Utility Users Tax (UUT). Proceeds from the revenue will be used for the sole purpose of funding street resurfacing, additional police officers, police equipment and technology as well as programs to prevent youth crime and violence.

The measure will generate approximately \$2 million annually and will expire December 31, 2022. This allows the city to provide adequate services until the end of the 25-year-revenue neutrality agreement with Sacramento County ends and the City begins receiving property tax revenue in 2022.

The City of Citrus Heights has placed Measure K on the ballot as a way to respond to substantial strains of the City’s General Fund and to the recently adopted

Assembly Bill 109 (‘Prison Realignment’) which increases the number of criminals being released into the community. The City of Citrus Heights Police Department anticipates that this will require additional tracking and supervision by local law enforcement.

“Citrus Heights is moving in the right direction. This is our city, and our opportunity to get out ahead of these problems and control them. With Measure K, blight and crime won’t get the upper hand in our city”, emphasized 35 year resident, Rick Doyle.

The approval of Measure K will also provide funds for residential street resurfacing. Revenues for street resurfacing and maintenance have declined by \$4 million since Fiscal Year 2004/2005. The City’s goal is to restore streets to fair/excellent condition from the existing poor/fair conditions.

“I support measure K because

I believe in improving the appeal of Citrus Heights. The health and condition of our streets is crucial to the vitality of the City as is the safety of our community. The extra money we would spend is not significant in comparison to the loss we would face without the street improvements and extra police” said business owner, Ray Riehle.

Measure K will not become effective unless the Measure is approved by two-thirds vote. A “Yes” vote approves a temporary 1.75% increase in the UUT for a period of ten years for the sole purpose of funding street resurfacing, additional police officers, police equipment and technology, and programs to prevent youth crime/violence. A “No” vote is a vote against the tax.

More information at <http://VoteYesonMeasureK.com>

Source: Atherton Public Relations

Not Everyone in Citurs Heights is for Measure K

Letter to the Editor

You need more input from Citrus Heights residents on what affects them in their town.

For one thing, most residents do not support Measure K (increase in Utility Tax); or any other proposed tax increases, like Governor Brown’s Proposition 30 to increase state income taxes, and proposed increase in water rates and service fee for Citrus Heights Water District. Residents are being over taxed for everything.

The Citrus Heights Water

company is being self run by its own Board of Directors. Currently, residents pay \$50.04 bi-monthly Service Charge, even before they use any water. This is excessive. The service charge (I’m told, by the Water District) generates \$6.05 million per annum from 16,220 single family residential customers. The service charge component provides salaries and benefits (including fully paid pensions by the District-CalPERs); customer service expenses, and

cost of operating and maintaining underground system of water pipes. I’m paying over \$300 per year in service charges, before I’m charged for water usage. I object to paying for 100% of their pension costs.

I’d like to know what other residents of City Heights think, so I hope you will print this letter.

Regards,
Beryl Turner-Weeks
Citrus Heights

Governor Brown Signs Dr. Pan Bill to Increase Immunization Education in California

SACRAMENTO – Amid the largest national whooping cough epidemic in 50 years, Governor Jerry Brown has signed legislation requiring parents who exempt a child from school vaccinations to have talked with a licensed health care practitioner about the impacts the exemption has on the health of their family and community.

Dr. Richard Pan (D-Sacramento), Chair of the Assembly Committee on Health, authored the bill to empower communities with information they can use to protect themselves against vaccine-preventable diseases that he has seen devastate families in his career as a pediatrician.

“When parents send their children to school or child care, they want their children and families to be safe and healthy,” Dr. Pan said. “Parents are rightly concerned when they learn of a contagious disease at school, whether it is pink eye, head lice or a life-threatening disease such as meningitis. As a pediatrician,

I have personally witnessed children suffering life-long injury and death from vaccine-preventable infection. When the contagion spreads in communities with immunization rates below 90 percent, not only those who choose to be unimmunized are infected, but also people who cannot be immunized including young infants, cancer patients on chemotherapy, AIDS patients, and people with vaccine allergies. AB 2109 utilizes the expertise of California’s 150,000 licensed health care practitioners to inform parents about the safety and efficacy of vaccines, answering specific questions they may have.”

In many communities across the state, over 10 percent of parents are using California’s personal belief exemption to exempt children from vaccines requirements that bi-partisan legislative majorities passed to protect schools and communities. At these levels, there are enough unvaccinated people per-capita in a given community

to substantially increase the risk that they will pass a vaccine-preventable disease to those who cannot be vaccinated for medical reasons, including chemotherapy patients, infants who are too young, or those with HIV or other conditions.

California is the second state to implement such a measure after Washington State. After implementing a similar law last year, Washington public health officials recently announced that 25 percent fewer parents decided to exempt their children from school vaccination requirements after discussing the issue with a licensed health care practitioner. The law goes into effect January 1, 2014.

Dr. Richard Pan is a father, pediatrician, educator, small business owner and first-term Assemblymember who lives in Sacramento. He also represents the Cities of Citrus Heights and Folsom and surrounding areas. Website of Assemblymember Richard Pan: www.asmdc.org/pan

Pet Fair to be Hosted by Citrus Heights Community Marching Band

CITRUS HEIGHTS – Join the Citrus Heights Community Marching Band as we host our first annual “Howl-O-Ween” Pet Fair and Canine Costume Contest. This fun family event will be held at Rusch Park (7801 Auburn Blvd.) in Citrus Heights, on Saturday, October 27th, from 10:30am to 2:00pm.

The Canine Costume Contest will include awards for Cutest, Funniest, Scariest, Ugliest, and Most Original Dog Costumes! It only costs \$5 to enter your dog in the contest! We will also have lots of vendors at the event. There will also be a silent raffle with lots of exciting prizes, and snack items including hot dogs, chips, and sodas.

Performances to include the Citrus Heights Police Department K-9 Team and the Citrus Heights



Community Marching Band! The event will be hosted by DJ (and CHCMB Lead Trumpet) Dennis “Bad Dog” Keating. All proceeds go directly to new instruments and uniforms for the CHCMB.

If you would like to purchase vendor space for your business at our event, donate to our event, or for more information, contact Program Director, Kathy Cook, at (916) 725-0198, or abusy-cook@aol.com.

CALL 773-1111 TO ADVERTISE

ELECT SUE FROST

Citrus Heights City Council

- Grew up in Citrus Heights • Lives and works in Citrus Heights
- Nursing Graduate from Pacific Union College
- Registered Nurse (RN) for 8 years • Business Owner for 29 years

My first term goals:

FISCALLY RESPONSIBLE LEADERSHIP • SAFE AND SECURE NEIGHBORHOODS LOCAL GROWTH AND OPPORTUNITY

I SUPPORT YES ON MEASURE K

**612 Improved Neighborhood Streets
5 Additional Police Officers
Opportunities For Our Kids**

FACTS ABOUT MEASURE K

- LIMITED DURATION – Expires in 10 years
- AFFORDABLE - About \$5 per month for the average household.
- BY LAW, funds cannot be used for any other purpose.
- Improves Property Values
- Safer Streets For Our Children



WHY I WANT TO SERVE

PUBLIC SAFETY

To ensure our police department has sufficient resources to protect our families and our way of life.

INFRASTRUCTURE

To support the long term repair of roads and renovation of primary corridors to enhance property values and encourage families and businesses to move into Citrus Heights.

JOBS

To support the activities of our existing business community and attract new businesses and jobs to Citrus Heights.

FINANCIAL STABILITY

To protect our reserve funds and ensure that Citrus Heights remains fiscally strong.

PUBLIC SERVICE

To always carefully consider... Is it fiscally smart? Will it best serve the City, the Residents and the Businesses in Citrus Heights?



www.SueFrostforCityCouncil.com
sue@suefrost.net



← *Welcome Video from Sue*
Visit my website →



“Sue Frost is a committed, hard-working leader who will fight to keep neighborhoods safe, protect our drinking water, balance the budget and bring jobs to Citrus Heights. She’s earned my support -- I hope you will support her, too!”

Roberta MacGlashan, Sacramento County Supervisor, former Citrus Heights Mayor and Chair of City Incorporation Committee



“Sue Frost stands out as the best candidate to serve alongside incumbent Jeff Slowey and the rest of the city council. She has a good handle on the issues and is a quick study when faced with unfamiliar matters. I’m delighted to support Sue Frost for Citrus Heights City Council.”

Jeannie Bruins, Councilmember, former Citrus Heights Mayor

WE’RE PROUD TO ENDORSE SUE FROST

- JEFF SLOWEY Mayor • STEVE MILLER Vice Mayor
- JEANNIE BRUINS Councilmember • MEL TURNER Councilmember
- JAMES SHELBY, Former Mayor • ROBERTA MACGLASHAN, Sacramento Co Supervisor
- SCOTT JONES, Sacramento County Sheriff
- JOHN MCGINNIS, Former Sacramento Co Sheriff
- SACRAMENTO COUNTY DEPUTY SHERIFFS ASSN PAC
- SACRAMENTO METRO CHAMBER OF COMMERCE PAC
- SACRAMENTO METRO FIRE LOCAL 522
- SACRAMENTO ASSOCIATION OF REALTORS • SAFE CREDIT UNION
- REGION BUILDERS, INC. • THE SACRAMENTO BEE



By Tom Scott,
Executive Director, CALA

In 2008, CALA published a report titled, “Citizens in Chains: The High Cost of Prisoner Lawsuits to California.” The report discussed the average \$32 million being spent every year on prisoner-initiated litigation and how it could be spent more in line with taxpayers’ interests. I started thinking about it again while attending a Folsom Prison

Prisons and Lawsuits

Citizens Advisory Committee meeting (I am an appointee to the committee) and wondering whether this situation has improved since 2008. Are things better or worse and how much is still being spent on litigation? During the meeting, the warden stated that a lot of his time is spent on litigation and even the chair of the committee (a retired warden of eight years) said she, too, is still dealing with litigation.

An article in the in the San Francisco Chronicle back in 1995 stated that in 1994, 53,312 inmate lawsuits were filed in federal courts and 4,363 prisoner lawsuits were filed in California U.S. District Courts. At the time there were 51 attorneys in the California Attorney General’s office who did nothing else but

defend the state against prisoner claims.

Unfortunately, things have not improved. In the 12-month period from 3/31/10 to 3/31/11, there were 53,323 inmate lawsuits filed in the federal court according to the Administrative Office of the US Courts, and each of California’s 33 prisons continues to have to employ a litigation coordinator.

Taxpayers are still paying millions to defend the state of California against lawsuits brought by prisoners. These lawsuits are a burden to our prisons and to our courts at a time when funding for our courts has been slashed to the bone. Taxpayers have a right to know how much is being spent on these lawsuits and the impact it has on our state.

Soroptimist International Holding Annual “Box Luncheon” Benefit

CITRUS HEIGHTS – Soroptimist International of Citrus Heights is holding their annual “Box Luncheon” on Monday, November 5th.

This year’s menu includes chicken salad on a croissant, applesauce, chips, cookie and a mint. The requested donation amount is \$8, which includes free delivery.

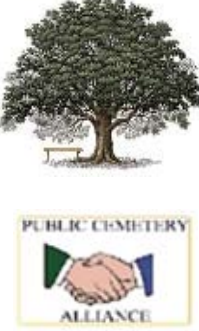
The proceeds benefit local service projects including Citrus Heights Police Department Book Project, Domestic Violence Intervention Center, Jean Lowe “Caring for Kids” Fund, Woody’s Happy Hearts Fund, Citrus Heights Food Locker, Sacramento Children’s Receiving Home, City of Citrus Heights Holiday Giving Program,

SJUSD Independence Living Skills Bowl, High School’s Safe and Sober Grad Night, Pamper Yourself Day for cancer survivors, Blue Star Moms and many more programs.

To order, contact Jeannie O’Brien at 721-6413. Orders must be received by October 26th.

Sylvan Cemetery District

Established 1862



- Standard Complete In-Ground Burial \$2275 - \$2475
- Cremation Burials \$775 - \$1700

Phone (916) 725-3406 • Fax (916) 725-6109
7401 Auburn Boulevard • Citrus Heights, CA 95610
www.sylvancemetery.com



“Serving the Needs of Seniors”

Your one-stop resource for Senior Care
www.CiminoCare.com




Call Today

to start gathering answers.
A knowledgeable counselor is standing by to help at no cost to you.

(916)729-9200

Assisted Living
Independent Living
Memory Care
& Other Resources

Our Communities in the Greater Sacramento Area:
Auburn Oaks Senior Living, Citrus Heights
Citrus Heights Terrace, Citrus Heights
Courtyard Terrace, Sacramento
Fair Oaks Villas, Fair Oaks



Mark Cimino, CEO & Family

Senior care, or the Cimino family, first began in 1973 when Wilma Cimino served her first In-Home Care Client. Today, Mark Cimino, CEO & son of Wilma continue to serve the needs of seniors across Northern California and have broadened their support for seniors in a variety of ways. Call or email TODAY to see how they can meet your senior care needs.




Auburn Oaks Senior Living

A CIMINOCARE® INDEPENDENT LIVING COMMUNITY



CiminoCare
7501 Sunrise Blvd.
Citrus Heights, CA 95610
Phone: 916.729.9200
Email: mark@CiminoCare.com
Facebook.com/CiminoCare

Connect with us on 

What’s Coming Up In Citrus Heights

Compiled by Leslie Carrara

Saturday Mornings year round, Farmers Market, Sunrise Mall behind Sears, 8 a.m. to 1 p.m.

October 25, 2012 - Citrus Heights City Council Meeting, 7117 Greenback Lane, Citrus Heights, 7:00 p.m.

October 27, 2012 - Howl’O’Ween Canine Costume Contest, Rusch Park, 7801 Auburn Blvd., 10:30 a.m. to 2:00 p.m. There is a \$5 entry fee. Prizes awarded.

November 5, 2012 - Residents’ Empowerment Association of Citrus Heights or REACH Meeting, 6237 Fountain Square Dr., Citrus Heights, Trellis Hall, 6:30 p.m.

November 5, 2012 - History and Arts Commission Meeting, Citrus Heights Community Center, 6300 Fountain Square Dr., East Room D, 7 p.m.

November 6, 2012 - REACH Area 4 Neighborhood Meeting, 6237 Fountain Square Dr., Trellis Hall, 7 p.m. First Tuesday each month

November 7, 2012 - REACH Area 9 Neighborhood Meeting, 7227 Canelo Hills Dr., 7 p.m. First Wednesday each month

November 8, 2012 - Citrus Heights City Council Meeting, 7117 Greenback Lane, Citrus Heights, 7 p.m.

November 12, 2012 - Veteran’s Day Holiday, City Offices are closed.

November 13, 2012 - REACH Area 3 Neighborhood Meeting, 6237 Fountain Square Dr., Trellis Hall, 7 p.m. Second Tuesday each month.

November 14, 2012 - Planning Commission Meeting, 7117 Greenback Lane, Citrus Heights, 7 p.m.

November 15, 2012 - REACH Area 2 Neighborhood Meeting, 7607 Garden Gate Dr., 7 p.m. Third Thursday each month.

November 15, 2012 - REACH Area 5 Neighborhood Meeting, 5901 San Juan Ave., 7 p.m. Third Thursday each month.

November 20, 2012 - REACH Area 1 Neighborhood Meeting, 7600 Daly Ave., 7 p.m.

November 20, 2012 - REACH Areas 7 & 8 Neighborhood Meeting, 8300 Old Auburn Rd., 7 p.m.

November 26, 2012 - REACH Area 10 Neighborhood Meeting, 6921 Sylvan Rd., 7 p.m. Fourth Monday each month.

November 27, 2012 - REACH Area 6 Neighborhood Meeting, 7690 Twin Oaks Ave., 7 p.m. Fourth Tuesday each month.

November 28, 2012 - Planning Commission Meeting, 7117 Greenback Lane, 7 p.m.



MARTIAL ARTS KIDS ARE SAFER AT HALLOWEEN AND ALL YEAR 'ROUND!

Our self-defense program will teach your child to be safe on Halloween—and every day of the year! He can gain the confidence and awareness to have fun and be safe during any activity. That's greater peace of mind for you!

☒ **FREE** Beginner's Course \$97.95 Value

☒ **FREE** 1-on-1 Private Lesson with a Black Belt Instructor \$79.00 Value


Free Board Breaking:
Total Value: **\$156.95** Value - **FREE**
Call today to claim these free gifts

Family Taekwondo Plus

7700 Sunrise Blvd. #1950
Citrus Heights, CA 95610
916-725-3200
Famtkdplus.com

© 2011 MARTIAL ARTS MARKETING, INCORPORATED. ALL RIGHTS RESERVED. 00072

YOU’RE INVITED TO A FREE LUNCHEON SEMINAR



“THE PRIVILEGE OF PLANNING”

CHOOSE ONE OF THESE DATES


Seating is limited to 30 attendees per seminar

Wednesday, Sept 12, 2012 - 11:30 a.m to 12:30 p.m.

Friday, Oct 19, 2012 - 11:30 a.m to 12:30 p.m.

LOCATION: East Lawn Elk Grove Memorial Park
9189 E. Stockton Blvd., Elk Grove, CA 95624 (I-99 @ Laguna)

RSVP to MEL OSBORNE @ (916) 732-2031



PRESENTER: Mel Osborne


Tuesday, September 25, 2012 - 11:30 a.m to 12:30 p.m.

Wednesday, October 31, 2012 - 11:30 a.m to 12:30 p.m.

Thursday, November 29, 2012 - 11:30 a.m to 12:30 p.m.


LOCATION: St. Francis Community Hall
6700 Verner Ave., Sacramento, CA 95841 (I-80 @ Greenback)

RSVP to LISA WEST @ (916) 732-2020



PRESENTER: Josh Tuttle

Please note – this is not a sales seminar. “The Privilege of Planning” is a 30-minute presentation followed by a question and answer period. It will focus on the importance of getting your family involved in the entire process of advance funeral planning and all of the options available. Done properly – at the right time and in the right way – pre-planning can become a privilege instead of a chore. Get valuable information on Veteran’s benefits, cremation and burial options and receive a FREE Emergency Planning Guide. Come and learn the steps you can take now to make sure those you care about are always cared for.



WWW.EASTLAWN.COM

Billy Graham Urges Americans to Vote Biblical Values on November 6

From www.LC.org

Washington, DC – Rev. Billy Graham is running full-page advertisements in a number of newspapers across the country, urging voters to vote for candidates that support biblical values of life, natural marriage, and religious liberty. “We are at a crossroads and there are profound moral issues at stake,” Rev. Billy Graham said. “I strongly urge you to vote for candidates who support the biblical definition of marriage between a man and woman, protect the sanctity of life, and defend our religious freedoms.”

“The legacy we leave behind for our children, grandchildren and this great nation is crucial,” Graham said. “As I approach my 94th birthday, I realize this election could be my last. I believe it is vitally important that we cast our ballots for candidates who base their decisions on biblical

principles and support the nation of Israel,” he said. “Pray with me that America will remain one nation under God.”

“This statement by Rev. Billy Graham is incredibly important for many reasons,” said Mat Staver, Founder and Chairman of Liberty Counsel. “Billy Graham has publically recognized how critical this election is for biblical values of life, marriage, and religious liberty and urges people to vote in support of these values. This is unprecedented for the world’s best-known evangelist. Billy Graham has always steered clear of politics. In reality, Billy Graham has merely raised his prophetic voice like any preacher should when biblical and moral values are placed in jeopardy by politicians,” said Staver.

Liberty Counsel has developed a voters’ guide, suitable for churches and other 501(c)3 organizations. “We encourage voters

to educate themselves on where the candidates stand on the issues and then share that information with their friends,” said Staver.

Staver continued, “Rev. Graham is boldly modeling what Liberty Counsel has been telling pastors and churches. Pastors and Christian ministry leaders have a high calling to speak the truth from the Word of God. There is an ongoing struggle for the soul of America. Many people look to pastors and Christian ministry leaders for guidance on important moral and social issues. Liberty Counsel applauds Rev. Graham and the Billy Graham Evangelistic Association.”

Liberty Counsel is an international nonprofit, litigation, education, and policy organization dedicated to advancing religious freedom, the sanctity of life, and the family since 1989, by providing pro bono assistance and representation on these and related topics.

Non-Profit Organization Seeks Community Representatives to Join International Team

ASSE International Student Exchange Programs is seeking volunteers to serve as Area Representatives in your local community. ASSE provides academic year and semester exchange programs in the United States for high school students from around the world. Students are 15 to 18 years of age, have passed a series of academic

and character requirements and are awaiting an opportunity to embark on their American Adventure.

Area Representatives recruit and screen prospective host families, interview students to study abroad and supervise the exchange students in their community. Area representatives are compensated based on the number of students


they are supervising.

ASSE’s primary goal is to contribute to International understanding by enabling students to learn about other languages and cultures through active participation in family, school and community life.

ASSE’s Area Representatives are the cornerstone of the organization, making all of this possible! For more information about ASSE or becoming an Area Representative, please call our Western Regional Office at 1-800-733-2773 or email us at asseusawest@asse.com. We look forward to welcoming you to the ranks of Area Representatives nationwide – striving towards a world of understanding, one child at a time! Please check out our webpage at www.asse.com

6 GOLD MINE CLAIMS

For Sale in SE Nevada - 160 Acres Each
Online Auction - OCT 10 to NOV 7
Minimum BID \$5,000
www.Proxibid.com/BKAuctionServices
AJ Kesman 800-895-9064
Kip Kane 602-510-1888
“The Real Thing”



All the Magical Disney Moments
You'll Remember Forever!

The Magic Starts at \$17!

NOV. 1 - 4

Thu. NOV. 1	Fri. NOV. 2	Sat. NOV. 3	Sun. NOV. 4
7:00 PM	7:00 PM	NOON 12:00 3:30 PM 7:00 PM	NOON 12:00 4:00 PM

OPENING NIGHT TICKETS \$11!*

*Excludes Front Row and VIP seats. No double discounts. Additional fees may apply.

Buy tickets at disneyonice.com, Ticketmaster.com, [ticketmaster](http://ticketmaster.com)®
Retail Locations, Power Balance Pavilion Box Office
or call 1-800-745-3000.

Regular Ticket Prices: \$17 • \$23 • \$40 VIP • \$65 Front Row
Additional fees may apply.

Widowed Persons Association of California, Inc.

Office Hours 10 am-3 pm
Monday through Friday
916-972-9722

Newcomer's Buffet & Social
Any and all widows or widowers may attend

Third Monday evening at 5:30 pm
In the private dining room at the Plaza Hoff Brau, corner of El Camino and Watt Avenues; cost varies as the choice is from a no-host buffet menu.

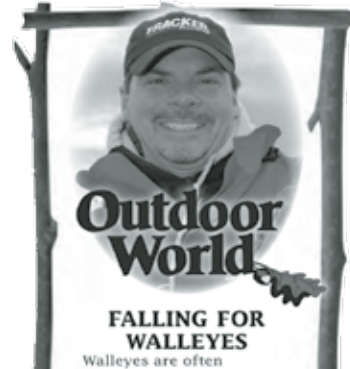
This is a public service to all widows and widowers and there is no charge to attend the social other than the meal they chose.

Sunday Support

Any and all widows or widowers are invited

Every Sunday from 3 pm-5 pm

In the meeting room of the WPAC office. Enter from the back parking lot at 2628 El Camino Ave, Ste D-18.



Outdoor World

FALLING FOR WALLEYES

Walleyes are often concentrated in specific areas in the fall, like sharp-breaking drop-offs and along the edges of deep underwater humps and reefs.

They hang along the edges of this type of structure and wait for a potential meal to swim by. When you find walleyes in this situation, fish directly over the top of them.

Tie on a lead-head jig tipped with a minnow, leech or nightcrawler, or a jugging spoon, and drop the lure to the depth the walleyes are holding. Raise your bait a few feet, and then let it drop. Walleyes often will hit as it is falling.

While bigger lures are more effective in the fall, use the thinnest-diameter fishing line you can get away with.

Gary Parsons is a Member of the Bass Pro Shops® Pro Fishing Team

For more tips, log onto basspro.com

We Support Peter Tateishi for Assembly



- Sacramento County Deputy Sheriff's Association
- Sheriff John McGinness (retired)
- Sacramento County District Attorney Jan Scully
- The Sacramento Bee
- Howard Jarvis Taxpayers Association
- Sacramento Metro Chamber of Commerce
- Citrus Heights Chamber of Commerce
- Rancho Cordova Chamber of Commerce
- National Federation of Independent Business
- Child Abuse Prevention Center
- Assemblyman Roger Niello (ret.)
- Sacramento County Supervisor Roberta MacGlashan
- Sacramento County Supervisor Susan Peters
- Sacramento County Supervisor Sandy Smoley, (ret.)
- Sacramento County Supervisor Muriel Johnson (ret.)
- Citrus Heights Mayor Jeff Slowey
- Citrus Heights Vice Mayor Steve Miller
- Citrus Heights Council Member Jeannie Bruins
- Citrus Heights Council Member Mel Turner
- San Juan Unified School District Trustee Larry Masuoka

(Partial list)

Paid for by Tateishi for Assembly 2012 • 9321 Silverbend Lane Elk Grove, CA 95624



California Institute of Jewelry Training

5805 Windmill Way, Carmichael, California

Beautiful, One of a kind items for your special someone(s). Lovely designer jewelry or special custom designs; Renovating your old and making it new; Gift certificates for future classes. A great gift for someone you love, timeless.

Founded & located in Carmichael in 1979. We have trained thousands of professional jewelers and hobbyists. If you have not stopped by, you are missing a treat. You will see talent, quality and motivation.

Jewelry Making Parties. Teachers, bring your students for a field trip. We have rocks and minerals too.

916.487.1122
www.jewelrytraining.com

Call for your personal tour today!

We are your Carmichael neighbor - come visit our “Student Jewelry Gallery” (across the street from Windmill Nursery)

VA Approved • Post 911 Veterans • Student Loans Available - Short or Full Courses

LEGAL ADS FOR SACRAMENTO COUNTY?

We Can Do That!



Call to place your legal advertising

532-2113

All Legal Ads Published in the Carmichael Times

AC Services

Free A/C Service Call, including all minor repairs. Lic#972031 Universal Air Quality. Call 916-204-6077. (MPG 08-31-12)

Adoption

PREGNANT? CONSIDERING ADOPTION? Talk with caring adoption expert. You choose from families nationwide. LIVING EXPENSES PAID. Call 24/7 Abby's One True Gift Adoptions 866-413-6296 Florida Agency #100021542 (NANI)

Announcements

DID YOU KNOW that Ten Million adults tweeted in the past month, while 164 million read a newspaper in print or online in the past week? ADVERTISE in 240 California newspapers for one low cost. Your 25 word classified ad will reach over 6 million+ Californians. For brochure call Elizabeth (916) 288-6019 (Cal-SCAN)

Antiques

Antiques Wanted: License plates and frames, pre-1969. Military emblems. 707-448-8942. Ask for Dave. (MPG 08-15-11)

Old Railroad Items Wanted: lanterns, locks, china, paper, etc. Call (916) 663-2463 (MPG 12-31-12)

Old Porcelain Signs Wanted: oil & gas, highway, RR, etc. Call (916) 663-2463 (MPG 12-31-12)

Apartments For Rent

NOW ACCEPTING APPLICATIONS Snowcap View Apartments, 3840 Snowcap View Circle, Auburn, CA 95602; 1, 2, & 3 bedroom apts and also apts with special design features for individuals with a disability. Inquire as to the availability of subsidy. Call (530) 885-3281, Mon-Fri 7am to 4pm. TDD# (800) 735-2929. This institution is an equal opportunity provider and employer. EQUAL HOUSING OPPORTUNITY. EQUAL OPPORTUNITY ACCESS. (MPG 04-30-12)

Audio Books

READERS & MUSIC LOVERS. 100 Greatest Novels (audio books) ONLY \$99.00 (plus s h.) Includes MP3 Player & Accessories. ONUS: 50 Classical Music Works & Money Back Guarantee. Call Today! 1-888-841-5761 (MB 12-31-12)

Auto Donation

A-1 DONATE YOUR CAR! Breast Cancer Research Foundation! Most highly rated breast cancer charity in America! Tax Deductible! Fast Free Pick Up. 1-800-771-9551 www.carsforbreastcancer.org (NANI)

DONATE YOUR CAR to CHILDREN'S CANCER FUND of AMERICA and help end CHILDHOOD CANCER. Tax Deductible. Next Day Towing. Receive Vacation Voucher. 7 Days 1-800-469-8593 (NANI)

DONATE YOUR CAR, truck or boat to Heritage for the Blind. Free 3 Day Vacation, Tax Deductible, Free Towing, All Paperwork Taken Care Of. 888-902-6851. (Cal-SCAN)

DONATE YOUR CAR, TRUCK OR BOAT TO HERITAGE FOR THE BLIND. Free 3 Day Vacation, Tax Deductible, Free Towing, All Paperwork Taken Care Of. 888-800-9846 (MB 12-31-12)

Auto for Sale



1990 Acura Integra LS 4 Door Great starter car or for commute to college. Only 130,000 Miles. Gets 23-25 City and 28-30 Hwy mileage consistently. Has CD player, radio, non-smoking vehicle, A/C, Power windows/locks, Automatic seatbelts, 5-speed transmission. Recent new tires. Current registration. Needs very little TLC. Recent mechanic's invoices available. New Radiator, Spark plugs, 7/6/11 New Front Engine Mount 11/17/11 New Axle Assemblies 11/22/11 New Brake Pads 1/06/12 New Rear Brake Rotors 1/06/12 \$2,800 cash. Call Paul in Sacramento at 916-773-7337 or Gabe at 925-872-7204, or email gabeschol@gmail.com (MPG 09-30-12)

1970 Chevrolet Chevelle SS 396/350HP. \$7400. 606c34@msn.com / 209-676-5961.

Autos Wanted

WANTED Any Condition Pre 1973 Mercedes SL, other convertibles, Porsche 356 or 911, Volkswagen Bus, Jaguar XK120 through E-types. Gas station memorabilia and signs. Other interesting cars considered. Michael 714-267-3436 (Cal-SCAN)

CARS/TRUCKS WANTED! Top \$\$\$\$ PAID! Running or Not, All Years, Makes, Models. Free Towing! We're Local! 7 Days/Week. Call Toll Free: 1-888-416-2330 (NANI)

WE BUY CARS! Running or Not. Any Make, Model or Year. Call today for an INSTANT OFFER. Free Towing/Pickup. Top Dollar. We're Local! 1-800-844-3595 (SWAN)

Business Opportunities

Want a change? Need more Money? Take 3 minutes to look at: http://www.dog-gone-truth.com/2ndtomom/DGT.aspx (MPG 09-30-12)

Business Services

Many a small thing has been made large by the right kind of advertising – Mark Twain. ADVERTISE your BUSINESS CARD sized ad in 140 California newspapers for one low cost. Reach over 3 million+ Californians. Free brochure elizabeth@cnpa.com (916) 288-6019, (Cal-SCAN)

The business that considers itself immune to advertising, finds

itself immune to business. REACH CALIFORNIANS WITH A CLASSIFIED IN ALMOST EVERY COUNTY! Over 270 newspapers! Combo-California Daily and Weekly Networks. Free Brochures. elizabeth@cnpa.com or (916) 288-6019. (916) 288-6019. (Cal-SCAN)

Cable TV Offer

SAVE on Cable TV - Internet-Digital Phone. Packages start at \$89.99/mo (for 12 months.) Options from ALL major service providers. Call Acceller today to learn more! CALL 1-866-484-1940 (MB 12-31-12)

Bundle & Save on your CABLE, INTERNET PHONE, AND MORE. High Speed Internet starting at less than \$20/mo. CALL NOW! 800-291-4159 (NANI)

Cable/Internet Services

SAVE on Cable TV-Internet-Digital Phone. Packages start at \$89.99/mo (for 12 months.) Options from ALL major service providers. Call Acceller today to learn more! CALL 1-888-897-7650. (Cal-SCAN)

Highspeed Internet EVERYWHERE By Satellite! Speeds up to 12mbps! (200x faster than dial-up.) Starting at \$49.95/mo. CALL NOW & GO FAST!! 1-888-718-6268. (Cal-SCAN)

Cable/ Satellite TV

AT&T U-Verse for just \$29/mo! BUNDLE & SAVE with AT&T Internet+Phone+TV and get a FREE pre-paid Visa Card! (select plans). HURRY, CALL NOW! 800-319-3280 (Cal-SCAN)

Career Training/ Education

AIRLINE CAREERS BEGIN here - Become an Aviation Maintenance Tech. FAA approved training. Financial aid if qualified - Housing available. Job placement assistance. CALL Aviation Institute of Maintenance (888) 242-3382. (Cal-SCAN)

ATTEND COLLEGE ONLINE from Home. *Medical, *Business, *Criminal Justice, *Hospitality. Job placement assistance. Computer available. Financial Aid if qualified. SCHEV certified. Call 888-210-5162 www.CenturaOnline.com (Cal-SCAN)

Caregiving Service

Care giving. \$15/Hour. Excellent References. 15 Years Experience. Over Nights, Part Time During the Day. Errands & Light House Keeping. Doctor's Appointments. Contact: Home - 1-530-885-6829. Cell -1-530-305-8432 (MPG 06-30-12)

Computer Services

MY COMPUTER WORKS. Computer problems? Viruses, spyware, email, printer issues, bad internet connections - FIX IT NOW! Professional, U.S.-based technicians. \$25 off service. Call for immediate help. 1-888-865-0271 (Cal-SCAN)

Credit/Debt Services

GET FREE OF CREDIT CARD DEBT NOW! Get payments by up to half. Stop creditors from calling. 888-416-2691. (Cal-SCAN)

Buried in Credit Card Debt? Over \$10,000? We can get you out of debt quickly and save you thousands of dollars! Call CREDIT CARD RELIEF for your free consultation 1-888-505-1183 (MB 12-31-12)

DISH Network Special

DISH Network. Starting at \$19.99/month PLUS 30 Premium Movie Channels 4023 FREE (MB 12-31-12)

Divorce

Before you list your home, order Free Special Report that reveals what happens to your matrimonial home before, during, and after a divorce. Free recorded message 1-800-213-4205 ID# 1009 DRE # 00809220 R Dumont (MPG 08-30-12)

Electrical Services

RETIRED MASTER ELECTRICIAN Expert troubleshooter, 30 years experience. Old panel repairs/ upgrades. Lic.# 877532 Call 916-595-3052 (MPG 07-31-12)

Visit & Estimate For Free. 24 Hour, 7 Days. 916-213-7575 (MPGM)

Electronics

*LOWER THAT CABLE BILL! Get Satellite TV today! FREE System, installation and HD/DVR upgrade. Programming starting at \$19.99. Call NOW 1-800-935-8195 (NANI)

Fencing

Cal State Fence and Construction Since 1986 Quality, Trustworthy, Affordable, Reliable. Redwood, Chain Link, Ornamental Iron, Vinyl, Trellis, Decks. Residential/ Commercial FREE ESTIMATES! Lic. #494306 916-966-1103 (MPG 09-15)

Financial

CASH NOW!! RECEIVING PAYMENTS from Mortgage Notes, Structured Settlements, Contest annuity or Cell Tower Lease? Sell Payments NOW! NYAC 1-800-338-5815. (Cal-SCAN)

Ever Consider a Reverse Mortgage? At least 62 years old? Stay in your home & increase cash flow! Safe & Effective! Call Now for your FREE DVD! Call Now 888-698-3165 (Cal-SCAN)

Health & Medical

Canada Drug Center is your choice for safe and affordable medications. Our licensed Canadian mail order pharmacy will provide you with savings of up to 90 percent on all your medication needs. Call Today 866-723-7089 for \$10.00 off your first prescription and free shipping. (Cal-SCAN)

Feeling older? Men lose the ability to produce testosterone as

they age. Call 888-904-2372 for a FREE Trial of Progene- All Natural Testosterone Supplement. (Cal-SCAN) www.driveknight.com (Cal-SCAN)

Over 30 Million Women Suffer From Hair Loss! Do you? If So We Have a Solution! CALL KERANIQUE TO FIND OUT MORE 888-690-0395. (Cal-SCAN)

Canada Drug Center is your choice for safe and affordable medications. Our licensed Canadian mail order pharmacy will provide you with savings of up to 90 percent on all your medication needs. Call Today 877-560-8637 for \$25.00 off your first prescription and free shipping. (MB 12-31-12)

Diabetes/Cholesterol/Weight Loss Bergamonte, a Natural Product for Cholesterol, Blood Sugar and weight. Physician recommended, backed by Human Clinical Studies with amazing results. Call today and save 15 off your first bottle! 877-855-5090 (MB 12-31-12)

ATTENTION SLEEP APNEA SUFFERERS with Medicare. Get FREE CPAP Replacement Supplies at NO COST, plus FREE home delivery! Best of all, prevent red skin sores and bacterial infection! Call 888-654-6310 (MB 12-31-12)

ATTENTION DIABETICS with Medicare. Get a FREE talking meter and diabetic testing supplies at NO COST, plus FREE home delivery! Best of all, this meter eliminates painful finger pricking! Call 888-817-7716 (MB 12-31-12)

Attention Joint & Muscle Pain Sufferers: Clinically proven all-natural supplement helps reduce pain and enhance mobility. Call 888-577-8681 to try Hydrallexin RISK-FREE for 90 days (MB 12-31-12)

Heating & Air

AC Repair Low Prices 487-4609 (MPG)

Help Animals

SPCA Thrift Shop Helpless animals need your donations. The Real Non-Profit. Will pick up. Call 916-442-8118. 1517E Street for donations-10-4pm (MPG)

Help Wanted

NEWSPAPER SUBSCRIPTION SALES No experience needed. Must be neat, well-groomed and dependable. Call (916) 420-2885. Pacific Coast Marketing, Jim Terry. (MPG 08-31-12)

LIVE-WORK-PARTY-PLAY! Play in Vegas, Hang in LA, Jet to New York! Hiring 18-24 girls/guys \$400-\$800 wkly. Paid expenses. Are you energetic & fun? Call 866-251-0768 (SWAN)

AIRLINES ARE HIRING – Train for hands on Aviation Career. FAA approved program. Financial aid if qualified. Job placement assistance. Call Toll-Free: Aviation Institute of Maintenance 877-205-0503 (SWAN)

MEDICAL CAREERS BEGIN HERE Train ONLINE for Allied Health and Medical Management. Job placement assistance. Computer available. Financial Aid if qualified. SCHEV authorized. Call 888-242-4026 www.CenturaOnline.com (SWAN)

NOW ACCEPTING!!! - up to \$1000 WEEKLY PAID IN ADVANCE!!! MAILING BROCHURES or TYPING ADS ONLINE for our company. FREE Supplies! Genuine Opportunity. PT/FT. No Experience Needed! www.HelpMailingBrochures.com (NANI)

Live like a rockstar. Now hiring 10 spontaneous individuals. Travel full time. Must be 18+. Transportation and hotel provided. Call Shawn 800-716-0048 (NANI)

ACTORS/MOVIE EXTRAS needed immediately! \$150-\$300/day depending on job. No experience, all looks needed. 1-800-561-1762 (NANI)

Movie Extras, Actors, Models Make up to \$300/day. No Experience required. All looks and ages. Call 877-824-6260 (NANI)

Caring Compassionate Seniors WANTED! SENIORS HELPING SENIORS®, a leader in the Senior in-home service industry, has immediate PT openings for Providers. Qualified candidate will have life experience, an interest in making a difference in the lives of other seniors and be comfortable working in senior citizens. Flexible schedules...we'll work around your schedule! Valid driver's license and use of auto is required. Call US today for more information. (916) 372 9640 (MPG)

Help Wanted Drivers

Apply Now, 13 Drivers! Top 5% Pay & Benefits. Need CDL Class A Driving Experience. 877-258-8782. www.Drive4Melton.com (Cal-SCAN)

Driver - \$0.01 increase per mile after 6 months. Choose your

hometime; Weekly, 7/ON/7/OFF, 14/ON/7/OFF. Requires 3 months recent experience. 800-414-9569 www.driveknight.com (Cal-SCAN)

Help Wanted Medical

Geriatric Home Care Specialists is currently seeking CNAs, HHAs and Caregivers willing to work in Placer, Sacramento, and El Dorado counties, with at least two years experience in caring for the elderly. We offer hourly, overnight, and live-in shifts. Please call 916-630-8588 for more information. (MPG)

Help Wanted Sales

LIVE-WORK-TRAVEL-PLAY! Hiring 18-24 gals/guys. \$400-\$800 wkly. Paid expenses. Signing Bonus. Energetic & Fun! Call 866-251-0768. (Cal-SCAN)

Home Health Care

In your home health care/ helper. 20 years experience. Fingerprinted, reliable, local. Call Jenny at 530-889-1737 (MPG 08-25)

Housecleaning

Need Help? Call Vernie!! Housecleaning Done Right! Reasonable Rates. Honest! Dependable! Licensed. Call 916-729-0638 (MPG 08-31-12)

Household Services

Iron Lady - Ironing Service. Fast, Efficient, Reasonable. 916-743-8449 (MPG 09-30-12)

Housekeeping

HOUSEKEEPING. 15 Years' Experience. Honest. Reliable. Move in/out. (916) 420-6413 - Helen (MPG 05-31-12)

Inhome Childcare

Nenes Smart Start Small in-home Childcare M-F 7AM-6PM. Infant thru 5 Preschool certified Licensed & Insured, (916) 723-3342 collierh@surewest.net

Jobs

Financial Services.rep Local office, looking for career minded candidate. Keep your f/t job, start p/t at Premierica, paid training & Lic. We'll show you how to make extra \$\$ & build your own business. Call 9163632270 www.primERICA.com

Resell Women & Children Items! Make incredible \$ on items your family doesn't need anymore & earn 60-80% of your sales! Check out www.brandnewtoyou.com

Lawncare

Singh's Lawn & Garden. Call 916-965-8224 for a Free Estimate on Basic Lawn Care. (MPG 09-30-12)

Legal Services

SOCIAL SECURITY DISABILITY BENEFITS. Win or Pay Nothing! Start your Application In Under 60 Seconds. Call Today! Contact Disability Group, Inc. Licensed Attorneys & BBB Accredited. Call 877-490-6596. (Cal-SCAN)

SOCIAL SECURITY DISABILITY BENEFITS. YOU WIN or Pay US Nothing. Contact Disability Group, Inc. Today! BBB Accredited. Call For Your FREE Book & Consultation. 888-630-1757 (MB 12-31-12)

Lost and Found

have LOST a yellow cocktail with orange cheeks. Lost on 7/5/12 in Grass Valley CA. I also have FOUND a grey and yellow cocktail with orange cheeks. Found on 7/16/12 in Colfax CA. Contact Brittany at 530-575-5445 or e-mail at mornyng_star@yahoo.com (MPG 08-31-12)

Medical Supplies / Equipment

ATTENTION DIABETICS with Medicare. Get a FREE Talking Meter and diabetic testing supplies at No Cost, plus FREE home delivery! Best of all, this meter eliminates painful finger pricking! Call 888-781-9376. (Cal-SCAN)

Attention SLEEP APNEA SUFFERERS with Medicare. Get FREE CPAP Replacement Supplies at No Cost, plus FREE home delivery! Best of all, prevent red skin sores and bacterial infection! Call 888-699-7660. (Cal-SCAN)

Medical Alert for Seniors - 24/7 monitoring. FREE Equipment. FREE

Shipping. Nationwide Service. \$29.95/Month CALL Medical Guardian Today 866-944-5935. (Cal-SCAN)

Wheelchairs, walkers, incontinence, bath safety, lift chairs, canes, stethoscopes, compression garments, diabetic care. Excellent service & quality at low prices from AMD MEDICAL SUPPLY. 916-485-2500. Now accepting MEDICARE. (MPG 02-28-12)

Miscellaneous

Music Lessons for All Ages! Find a music teacher! Take Lessons offers affordable, safe, guaranteed music lessons with teachers in your area. Our prescreened teachers specialize in singing, guitar, piano, drums, violin and more. Call 1-888-706-0263! (NANI)

Rapid DNA / STD / Drug Testing Same Day, No Appointment Needed, Private, 15min. Testing 4500 locations Results in 1-3 days call to order 800-394-8690 (NANI)

Meet singles now! No paid operators, just people like you. Browse greetings, exchange messages, connect live. FREE trial. Call 1-877-737-9447 (NANI)

MEDICAL CAREERS begin here – Online training for Allied Health and Medical Management. Job placement assistance. Computer available. Financial Aid if qualified. SCHEV certified. Call 800-510-0784 www.CenturaOnline.com (NANI)

CASH PAID-UP TO \$27/BOX for unexpired, sealed DIABETIC TEST STRIPS! 1 DAY PAYMENT & PRE-PAID shipping. SE HABLA ESPANOL. Emma 1-888-776-7771. www.Cash4DiabeticSupplies.com (NANI)

CASH FOR CARS: All Cars/ Trucks Wanted. Running or Not/ Top Dollar Paid. We Come To You! Any Make/Model. Call For Instant Offer: 1-800-864-5960 (NANI)

*OLD GUITARS WANTED! ** Gibson, Martin, Fender, Gretsch, Epiphone, Guild, Mosrite, Rickenbacker, Prairie State, D'Angelico, Stromberg, and Gibson Mandolins/ Banjos. 1920's thru 1980's. TOP CASH PAID! 1-800-401-0440 (NANI)

AIRLINE CAREERS begin here – Become an Aviation Maintenance Tech. FAA approved training. Financial aid if qualified – Housing available. Job placement assistance. Call AIM (888) 686-1704 (NANI)

ATTEND COLLEGE ONLINE from Home. *Medical, *Business, *Paralegal, *Accounting, *Criminal Justice. Job placement assistance. Computer available. Financial aid if qualified. Call 800-510-0784 www.CenturaOnline.com (NANI)

WORK ON JET ENGINES – Train for hands on Aviation Maintenance Career. FAA approved program. Financial aid if qualified – Job placement assistance. Call AIM (866) 854-6156. (NANI)

Reach over 17 million homes nationwide with one easy buy! Only \$1,995 per week for a 20 word classified! For more information go to www.naninetwork.com (NANI)

Meet singles right now! No paid operators, just real people like you. Browse greetings, exchange messages and connect live. Try it free. Call now 1-877-909-2569 (SWAN)

Miscellaneous Items for Sale

SAVE 65 Percent & Get 2 FREE GIFTS when you order 100 Percent Guaranteed, delivered-to-the-door Omaha Steaks - Family Value Combo NOW ONLY \$49.99. ORDER today 1-888-525-4620 use code 45393JRK or www.OmahaSteaks.com/father56 (Cal-SCAN)

Omaha Steaks

100 Percent Guaranteed Omaha Steaks-SAVE 65 percent on the Family Value Collection. NOW ONLY \$49.99 Plus 3 FREE GIFTS & right-to-the-door delivery in a reusable cooler. ORDER TODAY at 1-888-859-5502 or



Crossword Puzzle on Page 10

www.OmahaSteaks.com/mb27, use code 450692EJ. (MB 12-31-12)

Painting

All Pro Painting Res/Com. Quality work free est. sen disc lic 914715 Ph 607-0523 (MPG)

Personals

Lonesome lad needs a lonesome lady to enjoy picnic bbqs in Carmichael. Call Max 530-227-7681 (MPG 06-30-12)

MEET SINGLES RIGHT NOW! No paid operators, just real people like you. Browse greetings, exchange messages and connect live. Try it free. Call now 1-800-945-3392. (Cal-SCAN)

A Country gentleman would like to meet a lady to enjoy life together. Call William 530-227-7681. (MPG 11-30-11)

Mature Guy seeking friendship of a mature lady in the 60's and 70's. Call Jim 530-823-7765. (MPG 10-19-11)

Pets/Animals

Dog training "The Western Way" Will change your life. Guaranteed! Serving all of Placer County. Ken 530-305-2504. thewesternway@gmail.com (MPG 08-31-12)

Healthy 10 year old Female Pug Mix - 'Missy' needs home, great companion for a retired person/couple. If interested call/text 916-761-7554. (MPG 08-31-12)

Pet Sitting Professional loving pet care. Established reputation. Kennel free environment. Lots of TLC. Call Madeline 916-723-1608. (MPG 12-31-12)

Piano Lessons

Piano Lessons – Beginner, Classical. Adults and Children. 23 years. 916-899-8529 (MPG 03-30-12) Piano lessons for children and adults by experienced, creative teacher, Citrus Heights. For more information, visit www.anitraalexander.com, or call (916) 725-1054 (MPG)

Plumbing

Sewer Camera Locating & Clearing. Call 530-613-0688 or 916-749-8562 CSL # 739713 (MPG 09-30-12)

Pool & Spa Service

DYSTES POOL & SPA SERVICE Monthly service: call DON 916-768-7790. Free estimates (MPG 09-30-12)

Puppies for Sale

United Football League Postponing Season Until the Spring of 2013

SACRAMENTO – The United Football League announced October 20th it is postponing the second half of the 2012 season until the spring of 2013, when it plans to complete the remaining four games and stage its championship game. The UFL would then return to a fall schedule later in 2013.

UFL founder and chairman William Hambrecht made the announcement Saturday morning.

The UFL, in its fourth season and with franchises in Las Vegas, Sacramento, Omaha, and

Virginia Beach, had played four of its scheduled eight games.

“The players and coaches have established a terrific product on the field,” said Paul F. Pelosi, spokesman for the UFL ownership group and owner of the Sacramento Mountain Lions. “Because of a lack of sufficient funds due to the high cost of workmen’s compensation insurance and other elements, we are postponing the second half of the season. We plan to play the balance of the season in the spring, along

with the championship game.”

The spring dates will be determined in the near future. Pelosi said that this program will allow the UFL time to meet its financial obligations and re-emerge in strong fiscal shape.

“It is our first priority to take care of our players, coaches, and staff,” he said, “and then to raise sufficient funds to take care of our other obligations and to resume fully-financed operations in 2013.”

Source: Sacramento Mountain Lions



Foster Care

The need is great for loving, safe homes for foster children ages 0-18 & pregnant/parenting teens.

We offer free training, fingerprinting, CPR/ 1st aid, 24 hr support, monthly reimb.



Call Lenka (916) 338-7156

DELIVERY ROUTES AVAILABLE

CALL 773-1111




Creating special moments and sacred events.



Rev. Paul V. Scholl
Interfaith Minister, B.Msc.

916.773.7337
GO2DLYT@aol.com
Call to Discuss Your Wedding Plans
Go to www.LovingOutLoud.com/weddings

BAUERFINANCIAL Inc., Coral Gables, Florida
EXCEPTIONAL PERFORMANCE AWARD



EL DORADO SAVINGS BANK
PLACERVILLE, CALIFORNIA

For continuously earning a five-star SUPERIOR rating for 77 consecutive quarters. This award recognizes the highest level of performance. Congratulations!

Awarded September 2012
Rated five-stars since December 1993



Paul A. Bauer, Founder



EL DORADO SAVINGS BANK
Serving our local communities for over 54 years

www.eldoradosavingsbank.com

CITRUS HEIGHTS • 7895 Lichen Drive • 729-1100
Se Habla Espanol • 800-874-9779






R. K. Jacobs Insurance Services, Inc.

Home • Auto • Business

Office (916) 966-3733
Fax (916) 966-0177
4777 Sunrise Blvd., Ste. B
Fair Oaks, CA 95628
rjacobs@pacbell.net
Lic. # 0H45116

Rand K. Jacobs

CLEAN & SOBER

LIVING
CSTL, Inc.

HELPING PEOPLE AND THE COMMUNITY WITH THE ALCOHOL AND DRUG PROBLEM!
18 YEARS IN BUSINESS!

DETOX (916) 965-3386 **SOBER LIVING (916) 961-2691**

Business & Service Directory

MEDICAL SUPPLY AND EQUIPMENT

AMD Medical Supply

Sales • Rental • Installation • Delivery



Now Accepting MEDICARE
Tel/Fax: (916) 485-2500 www.amdmedsupply.com
3108 Arden Way, Sacramento, CA 95825

PET LOSS

EAST LAWN PET LOSS CENTER



Pet Burials • Cremation • Home Euthanasia

Located at
Sierra Hills Pet Cemetery
(I-80 @ Greenback)
www.EastLawnPets.com
(916) 732-2037

MOBILE HOMES FOR RENT OR SALE

MOBILE HOME ESTATES

A PEACEFUL CITRUS HEIGHTS COMMUNITY
We Can Help You Own Your Home!

Purchase and Rent-to-own Available!
\$499 Moves You In!
Stonegate Mobilehome Estates
7368 Whyte Ave., Citrus Heights, CA 95621 Ph: 916-728-5511
WWW.STONEGATEMHP.COM

TREE SERVICES

ESTABLISHED IN 1981

BRUNO Ferazza

Tree Service

SENIOR DISCOUNTS

Complete Tree Care **Certified Arborist**
Expert Trimming Trust and Trust Administration
Safe Removal Estate Planning • Probate and Conservatorship
Stump Grinding Family Law

FREE ESTIMATES
Fully Insured
License # 696796

530-885-7729 **916-201-7462**
BrunoFerazzaTreeService.com

PET SERVICES

DOG TRAINING, DOG WALKING, PET SITTING

The Pet Agency



Off-Leash E-Collar Training (Reward-Based)
Off-Leash Exercise Adventures
In-Home Pet Sitting
A+ rated by BBB
10 years experience

ThePetAgency.com • 916-968-3111

PRE-SCHOOL

MONTESSORI CHILDREN'S SCHOOL



5325 Engle Rd., Suite 170
Carmichael, CA 95608
Ages 2-6 • Open 7am-6pm M-F
916-481-0100
www.MCSpreschool.com

DENTAL SERVICE

DENTAL HYGIENE SERVICE



Portable Services for Homebound & Special Needs Clients
BRENDA PAQUIN, RDHAP
(916) 247-1743
brenrdhap2010@comcast.net
PO Box 982, CITRUS HEIGHTS, CA 95611

VACUUM SERVICE AND REPAIR

VACUUM SERVICE CENTER

Repair • Parts • Belts • Bags

Your One-Stop Vacuum Repair Shop
BEL AIR SHOPPING CENTER
4005 MANZANITA AVENUE #26
MONDAY-SATURDAY, 10AM – 6PM ♦ 916-978-0206
(Inside Heirloom Flooring Gallery)

FUNERAL SERVICE

RUSS MONROE'S



FUNERALS & CREMATIONS

FD 1404

7960 WINDING WAY
FAIR OAKS, CA 95628

Tel (916) 9611265
Fax (916) 9612430

CEMETERY SERVICES

Respectful, Affordable Burial

Endowment Care Facility
Beautiful Park like setting
Monuments allowed • Cremation Niches
Commingling Scattering Garden
Quality & Affordable Service

Fair Oaks Cemetery District
7780 Olive St., Fair Oaks, 95628
916-966-1613

PET SITTING SERVICE

Professional, Loving
PET CARE
Established Reputation
Kennel Free Environment
Lots of TLC

Call Madeline
(916) 723-1608

LEGAL SERVICES

BONES LAW FIRM

4811 Chippendale Dr., Suite 307, Sacramento, CA 95841

Gordon G. Bones
Attorney at Law

The Law Firm provides the following legal services:

- Bankruptcy • Business and Corporate Matters
- Trust and Trust Administration
- Estate Planning • Probate and Conservatorship
- Family Law

P: 916.965.6647
F: 916.965.4218
gbones@boneslawfirm.com



PRINTER AND COPIER SERVICE

Specialties Plus

- Machine Repairs (all makes & models)
- Toner Cartridge Refills (Using Cartridge World? Take 10% off their price & try mine)
- Free Cleaning (with our cartridge)
- We are Local
- Service Contracts (monthly or yearly)
- Lease or Rent
- High Volume Copying (save wear & tear on your machine)



Specializing in Digital Printers, Copiers, Fax & Multifunction Machines

E-mail:
speplus@comcast.net
(916) 723-8430

DOG RESCUE

Gary
(916) 334-2841
Please Adopt or Foster
Because so many really great dogs are dying for a good home...
ShelterMOU
@hotmail.com

HANDYMAN

QUALITY LABOR & MAINTENANCE

Yard Work, Hauling, Gutter Clean, Odd Jobs



You Name It!
(916) 613-8359

Advertise Your Business Here at Low Monthly Rates • Call 773-1111

New Rooftop Signage First For City



CITRUS HEIGHTS – The next time you visit Citrus Town Center at the corner of Sunrise and Greenback, look to the sky for a historical city first— an L.E.D. roof top sign.

The display stands 18’ tall x 32’ 6” wide with a 9’ 4” aluminum tree accompanied by the Citrus Town Center name. It is illuminated by low voltage, energy-efficient L.E.D. flood fixtures. Bright and vibrant colors contrast an exposed industrial galvanized frame.

The iconic signage is reminiscent of the romantic beacons of yester-year like Atlantic City Boardwalk, Hotel Coronado and Pike’s Market, but modernized for a contemporary look. According to Mark Gastineau, Arrow Signs Sales Manager (responsible for fabrication), the project was a “visionary collaboration” between his firm and center owner Peter P. Bollinger Investment Company. “Peter wanted this to be a

memorable element in the center’s revitalization. Once he shared his concept with us, it fell into place.” The roof sign complements new water features, elliptical signage and extensive façade and landscape development as part of the recent four million dollar center renovation.

Sunrise MarketPlace (the business improvement district) assisted ownership in working out an exception ordinance with City of Citrus Heights leadership. The BID’s Executive Director Kathilynn Carpenter says it demonstrated the city’s willingness to go “above and beyond” in working with the owner and the BID to creatively address the signage goals for the center.

The ordinance provides an exception process pertaining to height, location, sign area, shape, projection, and other design elements. The purpose of the ordinance is to encourage “signage that is innovative, inspiring,

creative, and appropriate for the unique design parameters of the impacted development.”

Citrus Town Center is part of the business improvement district, Sunrise MarketPlace, representing stores, services and restaurants in a 10-block area.

Major center tenants include Sprouts Farmers Market, Marshalls, Panera Bread, Bev Mo, Once Upon A Child, Round Table, Staples and Petsmart.

The Peter P. Bollinger Investment Company was founded in 1969 by Peter Bollinger. The company was initially involved in freeway-oriented commercial developments. In 1979, the Peter P. Bollinger Investment Company entered the shopping center field and has since developed successful shopping centers and residential properties throughout northern California.

Source: Citrus Town Center

Do you own or run a small business, non-profit or Church?



The world has gone mobile. Your customers and prospects are within 9 feet of their mobile device at all times. Meet them where they are. Let the Leader in Small to Mid-Size Business Mobile App build your App without breaking the bank.

Business Growth Experts LLC will not only build a top quality technical product but possess the business expertise to deliver a positive experience for your customers and prospects.

For more info scan the code to download our app or call
(530) 204-3668
info@BgExpertsLLC.com
www.BusinessGrowthExpertsLLC.com



A Case in Point The Case of the Defective Machine

By David Graulich, Esq.

People usually go to a gym to get into better shape. But sometimes, things don’t work out that way.

Susana Ontiveros joined the 24 Hour Fitness center in Panorama City (a district of Los Angeles) to lose weight. She was exercising on a stairstep machine when a component of the machine failed. Both “steps” of the machine lost all resistance. Ontiveros was injured when she fell backwards off the machine and onto the floor.

Ontiveros sued 24 Hour Fitness under a claim of strict product liability. California is a national leader in this legal doctrine, starting with a 1944 case called *Escola v. Coca-Cola Bottling*. Manufacturers, wholesalers, retailers, and any one else in the “chain of distribution” can be liable for damages if the product injures someone while being used for the purpose for which it was intended.

For example, say that Jane Doe buys a Widget blender at Sears. Due to a design flaw, the blender explodes while Jane is making a milkshake, and a sliver of glass flies into Jane’s eye, severing the optic nerve. Jane can sue Widget, the manufacturer, as well as Sears, the retailer that sold her the blender.

Why retailers? Isn’t it unreasonable to expect Sears to test and certify the hundreds of thousands of products in its stores, or to hold Sears liable for mistakes made by somebody else? The answer lies with public policy. A giant retailer, such as Sears, Home Depot or Wal-Mart, can exert pressure on manufacturers. Home Depot has the power to remove a defective lawn mower from its shelves and deny access to Home Depot’s vast market. If Home Depot is found liable

for damages stemming from the lawn mower, Home Depot has the resources to seek reimbursement from the manufacturer. In addition, the retailer is often the only entity available to the injured consumer, especially if the manufacturer is based outside the U.S.

The court didn’t explain why Ontiveros didn’t sue the manufacturer of the stairstep machine. The likely reason is that the company was bankrupt or out of business.

24 Hour Fitness didn’t deny that Ontiveros had been injured. They didn’t claim that she had contributed to her injuries by misusing the machine. Instead, 24 Hour Fitness argued that it wasn’t liable to Ontiveros because it wasn’t in the chain of distribution of the machine. We’re in the business of providing fitness services, the defendant said. Our members take classes in aerobics, dance, and yoga, our trainers offer personalized work-out plans, and our staff nutritionists provide diet counseling. We don’t manufacture nor sell exercise machines.

Nonsense, replied the plaintiff’s lawyer. My client did not join 24 Hour Fitness to take aerobic classes, determine her body fat or use the sauna bath. She bought her membership for the sole purpose of using the exercise equipment so she could lose weight.

Ontiveros signed a membership contract when she joined, which read, in part, that 24 Hour Fitness “may not be held liable for defective products.” However, that language was not decisive. Ontiveros’s lawyer astutely cited California case law, which says that product liability claims cannot be waived. If this were not the law, purchase contracts would be strategically written in

such a way as to deny consumers the right to sue, and we would all need armies of attorneys to complete routine, everyday transactions.

The decision? The court ruled in favor of 24 Hour Fitness.

The dominant purpose of the membership agreement was to provide fitness services, said the Court’s ruling. The exercise machines were incidental to the provision of these services. As a service provider, 24 Hour Fitness was outside the chain of distribution and not subject to liability for the defective machine.

What about the fact that Ontiveros didn’t want to use the services, but only sought to use the exercise machines? That argument didn’t sway the court. A consumer’s subjective intentions – what he or she thinks privately – don’t alter the essential nature and purpose of the transaction. Ontiveros never explained to 24 Hour Fitness that she only wanted to use its exercise machines, not its services. “Her uncommunicated subjective intent in that regard is therefore irrelevant.”

The court concluded that the dominant purpose of the membership agreement was to make available fitness services. Therefore, Ontiveros had no valid claim under the strict product liability doctrine. Case dismissed.

David Graulich, Esq. is an attorney with the Law Office of Jeffrey D. Fulton in Sacramento. David can be contacted at (916) 558-6142 or dgraulich@jdfultonlaw.com. He is available to speak to community groups at no charge. This column is not intended as an offer of legal advice. Contact a qualified attorney to obtain advice with respect to any particular issue or problem.

THE FUTURE OF MONEY Preparing for a Global Currency Collapse By PAT BOONE

After writing four important books accurately forecasting the future of Gold, Oil, the Dollar and Inflation, this new CD presents Craig R. Smith’s vision to prepare Americans for a global crisis never before seen in history.

Call Swiss America today for your **FREE** copy of our “THE FUTURE OF MONEY” CD and, as a bonus, Mr. Smith’s latest 40-page White Paper, “RE-MAKING MONEY: Ways to Restore America’s Optimistic Golden Age”

Call 888-595-6457



Conveniently Located on Auburn Blvd. Between Manzanita & Garfield

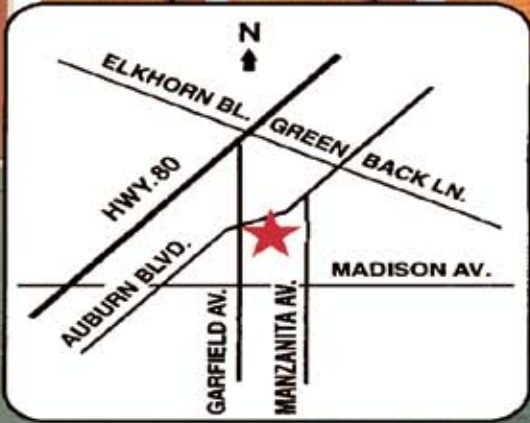
NEED STORAGE?

ARMOR MINI STORAGE

Since 1980

Computer Gate Access
6am-9pm 365 Days A Year
Quality Customer Service
Recorded Video Surveillance
Competitive Rates
Daily / Monthly / Annual Rentals
Easy Drive-Up Access
Professional Resident Managers

916-332-6455
5714 Auburn Blvd., Sac 95841

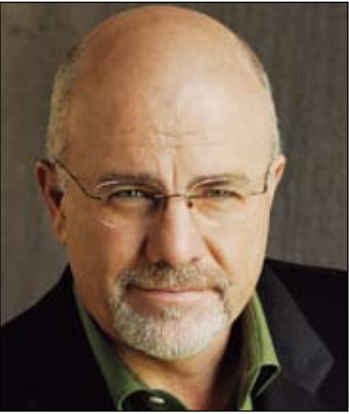


Office Hours: Mon-Sat 9-6 • Sun 9-4



www.armorministorage.net





Dave Ramsey is America's most trusted voice on money and business. He's authored four New York Times best-selling books: Financial Peace, More Than Enough, The Total Money Makeover and EntreLeadership. The Dave Ramsey Show is heard by more than 5,000,000 listeners each week on more than 500 radio stations. Follow Dave on Twitter at @DaveRamsey and on the web at daveramsey.com.

Taking Care of Old Debts

Dear Dave, I have some bad marks on my credit report. What's the best way to handle them? - Patricia

Dear Patricia, There can be three types of nasty items on your credit report. There are errors, which shouldn't be there at all. There are old payments that you paid late, and really, these are just a report of history. Then there are debts that have gone bad. This means you didn't pay them. If these are the types of items you're talking about, you'll have to go back and clean them up. This will mean either making payment in full or settling them at a lower, agreed-upon amount. Probably the biggest headache

Dave Says Who Is Plotting to Steal Your Pension?

Commentary by Wendy Mcelroy Reprinted by permission Laissez Faire Today

A huge pool of money lies just beyond the grasp of government's itching fingers: private pension funds. Various money-grab schemes have been floated, including a legal requirement that all private pension funds contain a set percentage of Treasury bonds. The most innovative scheme comes from California, which is attempting to do an end run around the most powerful obstacle to a government grab: namely, backlash from existing pension holders.

What is Bill 1234? California Senate Bill 1234 creates America's first state-sponsored and state-managed retirement program for private-sector workers. Because the scheme creates new pensions for nonunion workers, however, it escapes the wrath of private unions and powerful corporations who would rebel if government grabbed at existing plans. The bill has already been signed by California Gov. Jerry Brown.

The new system addresses private employers with five or more workers who are not already covered by an employer-sponsored pension plan. Such employers must arrange for an automatic deposit of 3% of the income of "eligible employees" into a government-run retirement plan. Employers can also make additional deposits on behalf of employees in much the same manner as matching 401(k) contributions. An "eligible employee" is defined as any worker who does not go through the process and paperwork to opt out of the retirement arrangement. Otherwise, the employee is opted in. Over 6.3 million California workers are expected to be eligible.

(Note: The bill allows employers to set up private pensions as an alternative, but this would be costly. Private-sector retirement plans are regulated by the federal Employee Retirement Income Security Act, or ERISA. This subjects employers to strict standards, complicated reporting requirements, and significant penalties. Small employers are highly unlikely to implement the private alternative.)

The new retirement plan will be administered by a board headed by the state treasurer, and it will select either a private investment firm or the state's public pension system, California Public Employees' Retirement System (CalPERS), to maintain and manage the new funds.

(Newspapers and other accounts seem to take it for granted as a default position that CalPERS will be at the helm.) The scheme is estimated to add \$6.6 billion in the first year to the state funds managed by CalPERS, which is already the biggest U.S. pension fund, with 1.6 million public employees and \$233 billion in assets at the end of fiscal 2012.

Dear Kristi, I love that you're going to save up and pay cash for your next car. But the problem with mutual funds is they go up and down in value. I love mutual funds for long-term investing, and by this I mean a bare minimum of five years. Still, I wouldn't recommend them as a method of saving for a vehicle purchase.

When it comes to saving up for a car, I'd suggest a simple savings or money market account. They both pay next to nothing in terms of interest right now, but at least you'll know your money is safe and not going down in value. You won't be worrying about the ups and downs of the stock market or whether or not you can actually get a better car just because some clown on Wall Street flipped a switch.

Did you know that the average car payment in America right now is \$487? Even if you hid that money in a cookie jar, you'd have nearly \$5,000 in just 10 months. And despite what a lot of people say, you can still get a decent little used car for that kind of cash.

It's like grandma always said, Kristi. "Save up and pay for it!" If you don't have the money to pay for something in full, then you can't really afford it

- Dave *For more financial help, please visit daveramsey.com.

will be finding exactly who to pay. There's a good chance some of them have been handed over to collection agencies. If this is the case, they'll try to charge collection fees, and in some cases even double the amount owed. You'll have to negotiate with them for a more reasonable settlement amount. So there's going to be more than just a financial hassle attached to this endeavor.

But still, even if the debts have a date when they were supposed to "fall off" your credit report, I'd still pay them. Collectors will still chase you in an effort to collect even if they've fallen off your record. They aren't supposed to do that, but many do. And it can hit you at exactly the wrong time—like when you try to get a mortgage.

I think this is a good idea, Patricia. Just expect a little work and a few headaches in the process. Getting this stuff out of the way will improve your quality of life, and besides, it's your debt. It's your responsibility to pay it, plus it's the honorable thing to do!

- Dave

Saving for the Next Car

Dear Dave, I finally paid off my old car, and now I'm taking your advice and saving up to pay cash for a newer one in the future. Where should I put the money I plan on saving for the next five years? Would a mutual fund be a good idea?

- Kristi



By Karen Anderson

The world is moving at a super nova speed all day long and it seems to never end. How do you keep up with the mad house that is called "your life"? God did not make us to be on constant RUN MODE.

I, personally, am a list maker and it has created major stress, guilt, and shame in my life. You would think this action would give you a sense of relief...hey, you are showing your ability to organize and prioritize your day. When I was thinking that way, I was living in a fantasy world. It doesn't always work the way you think and when it doesn't, everything seems to fall apart. Have you ever felt that way?

Can you see God in heaven looking down on your "To Do" lists and just smiling? I can imagine He is thinking, "All you have to do, beloved, is ask." Sounds simple doesn't it? One thing I want you to remember

is that through your busy day with lists or whatever you use, God wants you to take care of yourself. He made you to work to the best of your abilities but He also told you to rest. God's word says, "God my shepherd! I don't need a thing. You have bedded me down in lush meadows; you find me quiet pools to drink from. True to your word, you let me catch my breath and send me in the right direction. Even when the way goes through Death Valley, I'm not afraid when you walk at my side. Your trusty shepherd's crook makes me feel secure. You serve me a six-course dinner right in front of my enemies. You revive my drooping head; my cup brims with blessings. Your beauty and love chase after me every day of my life. I'm back home in the house of God for the rest of my life."

It is time to get God involved with your busy day. This is not as hard as it may seem...talk with God throughout your day and ask for His direction. What you will find is that you are doing God's list instead of yours and you will find the pressure is off...it is an awesome feeling. Guess what, He even includes rest time during the day if you need it. I'll tell you the biggest relief for me is staying in tune with God. When

days don't work, it's because I put myself in charge and once again, I MESS IT UP. The most important key to doing God's List is to LISTEN FOR HIS THUNDER. It will not come as a thunder bolt but as a whisper.

"... Then a great and powerful wind tore the mountains apart and shattered the rocks before the LORD, but the LORD was not in the wind. After the wind there was an earthquake, but the LORD was not in the earthquake. After the earthquake came a fire, but the LORD was not in the fire. And after the fire came a gentle whisper..."

I know that living moment-by-moment with God is the medicine for a lousy day... doesn't that sound refreshing? I want God to take control of my day, you should too. When things work out it is not a coincidence...it is a God-incidence, the real deal. Make the commitment today to work God's List and not yours.

PASSAGE: Psalm 23 (The Message) 1 Kings 19:11-13 (NIV)

Karen Anderson is an accomplished speaker, author, and chaplain and has a local TV show, Move Your Mountains. Contact Karen at www.doablesteps.com, or 916-961-4765.

Be Still!

SUDOKU

dish

Starting at

\$19.99

per 12 mos.

SAVE! & Ask About SAME DAY Installation!

PLUS 30 Premium Movie Channels FREE for 3 Months!

CALL 1-888-903-6814

dish

ACTIVATION

9				8		5
	6		4			
		4		9		7 6
	9			6		7 1
			2		3	
4 5				8		3
	2 9		7		5	
					1	2
	7		8			6

© StatePoint Media

Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

Come back every week for Sudoku!

STATEPOINT CROSSWORD HALLOWEEN

1	2	3	4	5		6	7	8		9	10	11	12
13						14				15			
16						17				18			
	19					20			21	22			
			23					24					
25	26	27		28		29			30		31	32	33 34
35				36		37			38		39		
40						41			42		43		
44					45			46			47		
48					49			50		51		52	
					53			54		55		56	
57	58	59	60					61				62	63
64						65	66			67			68
69						70				71			
72						73				74			

if you could save \$522 ... why wouldn't you?

Call 1-866-929-9071 to get your fast, free car insurance quote.

*National average annual savings based on data from customers who reported savings by switching to Esurance between 1/1/10 and 5/31/10.

esurance

on Allstate company

© StatePoint Media

CLUES

ACROSS

1. "Let's do ____"

6. Lake in France

9. Q-Tip, e.g.

13. Verdi's composition, e.g.

14. Hockey legend

15. Emotion at center of "The Scarlet Letter"

16. Dutch genre painter Jan ____

17. Prefix for "new"

18. "Served hot or cold"

19. "Popular hue"

21. "Turning pumpkin into Jack-o'-Lantern"

23. Sea to a Spaniard

24. Common menu item, as on a computer

25. Busy ____

28. Wife of Hercules, according to Greek mythology

30. Don't let it bite you!

35. Latticework wood strip

37. Talcum powder ingredient

39. Zero degrees on compass

40. Military leader in Turkey

41. He carries the weight of the world

43. Organization created in 1949

44. Brand of toothpaste

46. Make children

47. "All Hallows ____", pl.

48. Australian sheepdog

50. Remaining after deductions

52. Morsel

53. Snob or snoot

55. Anger

57. "Inhabited by apparitions"

61. "Trick-or-treating international beneficiary"

64. Ice house

65. "Owner of a Lonely Heart" band

67. On the move

69. Ransack or plunder

70. Corrosive, alkaline substance

71. Irish song "____ Boy"

72. Barry Humphries' Dame

73. Light-emitting diode

74. One of two black suits

DOWN

1. ____ Lonely Boys

2. Having the requisite qualities

3. "____-do-well"

4. It rises to the top?

5. ____ Montana

6. The ____ Ranger

7. 100 square meters

8. Crocus, pl.

9. Prison weapon

10. Dry streambed

11. So be it

12. Most of it is below water

15. Viewable area

20. She played Ninotchka in 1939

22. Priest's vestment

24. Drooping trees, e.g.

25. "Spooky cat quality"

26. High wave

27. Actress and singer ____ Merman

29. "They like hanging around"

31. Fully cooked

32. Music to ears of performer

33. Say something

34. "Perforated sheet"

36. Door fastener

38. C in TLC

42. Become established

45. Walk like ballerina

49. Before, archaic

51. "The Three Tenors" and "The Three Stooges," e.g.

54. Pastoral poem

56. Electronic Crimes Special Agent Program

57. Antonym of "fire"

58. ____ wine or cheese

59. ____ Bator, Mongolia

60. Exploding star


61. From a second-hand store

62. Highest volcano in Europe

63. Make a discovery

66. "____ of the beholder"

For Solution See Page 7



OTEfor Voice

@


New San Juan High School

November 1, 2012

6-7:30 pm

New Auditorium

This is an opportunity for our community to hear from candidates running for Citrus Heights City Council, San Juan Unified School Board and hear from Bond Representatives regarding Measure K and N.





HELP WANTED

Messenger Publishing Group INDEPENDENT SALES AGENT

MPG is seeking an Independent Sales Agent to generate advertising sales for our local newspapers. This is an extra income opportunity that you can work at from your home. Become part of a growing newspaper group that has been very well received by our readers and the business community. Compensation is commission only, but the commission is a very generous rate.



To apply, call 773-1111 and send an email to publisher@mpg8.com



WHAT SCARES YOU?

Ghouls and goblins galore this time of year. Trick or treaters clamoring for those sweet delights or ELSE! Right? Not really. I did a little searching on the internet at About.com to find out more about the history of Halloween, and then I checked in with some of my media friends to find out what scares them...besides getting a call from the boss about ratings. OK. Let's start with the word itself Halloween. It is a contraction of All Hallows Even, meaning the day before All Hallows Day (better known as All Saints Day) a Catholic holiday commemorating saints and martyrs observed since the early middle ages on November 1. But it has become commonplace to trace its roots even further back in time to a pagan festival of ancient Ireland known as Samhain. The prehistoric observance is said to have marked the end of summer and the onset of winter, and was celebrated with feasting, bonfires, and homage to the dead.

Now what about those costumes and getting those treats. There is some discrepancy about the customs, but the earliest documented ones grew out of this day of prayer with the lighting of bonfires, evidently to symbolize the plight of souls lost in purgatory, and soul-ing, which consisted of going door to door offering prayers for the dead in exchanges for "soul cakes" and other treats. Mumming (or guising) a custom originally associated with Christmas consisting of parading in costume, chanting rhymes, and play-acting, was a later addition to Halloween. In my opinion, the evolution into what we have today with elaborate costumes and tons of sweet

POPPOFF!

with Mary Jane Popp

treats can be attributed to great marketing of costume makers and candy companies. But I digress.

Let's get to some of the freaky and frightening fantasies that scare my media colleagues. It may surprise you. Then again, it may not! And I can tell you it's not the great pumpkin that sends chills up their backs!

Got to kick it off with the one and only **Joey Mitchell**, good buddy from way back when. Joey is still on the air at 92.1 K-Hits with his high energy style for a fun way to wake up weekday mornings with a smile on your face. Now Joey takes on whatever is worth knowing about and he takes no prisoners, but I bet Joey would say yes sir to any officer with a K-9 unit. You see Joey is very scared of big German Shepherds. As he tells it, he was bitten three separate times as a kid, and you guessed it, all were German Shepherds. I bet Joey has a little dog these days.

My next scaredy-cat is the man who brings you the news and views on Fox 40 Morning...none other than **Paul Robins**. And no, he is not afraid of cats. He is in tune with another hero who has the same fear...Indiana Jones. It does not make a difference if they are big or small, good or bad, Paul hates snakes. They are creepy and just keep them out of his way. Oh, and since he has been on TV, there is one more fear. He hopes his teleprompter person never has a medical emergency. But I know Paul, and the Paul I know can keep the moment going with or without copy leading him. I think that goes back to radio days. No scripts there.

Time for a female that has a fear. How about **Kitty O'Neal**, afternoon news anchor at KFBK AM-1530. I think lots of folks can relate to this one. Kitty hates spiders, especially big ugly ones. The bottom line is the fear she could look up and down it would come from the ceiling. That doesn't sound like fun. Sounds more like a plot for a movie, or have they already done that fear?

I loved the fear that I got from **Phil Margo**. Remember the famous


group, "The Tokens," and their hit song "The Lion Sleeps Tonight?" Phil was on my POPPOFF Radio Show not long ago, and I thought after all these years in the business, he has got to be fearless. I think he is for the most part. What Phil fears most is "stupid." You know, the folks who follow blindly, using the same clichéd talking points without thinking for themselves. He said you see it everyday at the highest levels. And he thinks it's just moronic. We've got an election coming up. We shall see who thinks for themselves or not. I fear it may be the not who wins. You can find out what "The Tokens are up to at www.TheTokens.com.

This one surprised me. Internationally known Psychic/Medium **Kristy Robinett** has a fear. She seemed so together on my show, but don't get her face to face with a clown. And there is no logical reason for her fear. No clown scared her or anything like that. She was always afraid from a child, and it doesn't matter if it's a happy or sad one. Maybe it was a past life Kristy, and you had a run-in with a clown with or without makeup! By the way, you can find out more about Kristy at www.tangledwishes.com.


Finally, I checked in with KAHl's own afternoon guy **Dave Rosenthal**. His nemesis is the needle...any kind big or small, they make him shudder with fear. So I had to ask if he was also afraid of seeing blood since needles are what is generally used to extract it. He answered quite candidly, "of course not, unless it's mine."

I know. You want to know what scares me. Oooooops! Just ran out of space. Don't have time to share! Not really. My fear is never to have a forum where you and I can share like I do not at AM-950 KAHl Radio or in this POPPOFF Column. Happy Halloween. Have a candy bar on me. Then go forward and fear no more!

Join Mary Jane for the KAHl Noon News Monday-Friday and then again for POPPOFF 10 PM - Midnight.



Donald Kendrick
Music Director



17th Concert Season 2012-2013

Stained Glass Concert I

PORTALS OF HEAVEN

Inspiring Masterworks of comfort and joy
Organ accompaniment


Gabriel Fauré | *Requiem*
Antonio Vivaldi | *Gloria*

Katherine Jolly, Soprano
Julie Anne Miller, Mezzo
Daniel Yoder, Baritone

Ryan Enright, Organ
Ruth Stuart, Oboe
Michael Meeks, Trumpet

Sunday, October 28 at 3:00 pm

Cathedral of the Blessed Sacrament
1017 11th Street, Sacramento



Reserved Seating: \$35 | General Seating: \$25 | Students \$12.50
Tickets: 916 536-9065 | SacramentoChoral.com

My Yard Is River-Friendly Yours Can Be Too!



Don't blow it!

Raking leaves for 30 minutes can burn 120-178 calories and can help lower your energy bill.



For more energy saving tips, visit riverfriendly.org



Dare to Live Without Limits

SYMPATHY



by Bryan Golden

Do you know anyone you feel sorry for? It may be someone who encountered some misfortune. Perhaps they have made bad decisions or poor choices. It may be a person who is in a bad relationship. It's too common for people to have difficulty with a spouse or significant other, parents, children, relatives, friends or coworkers. You may be doing well and feel sympathy for those you know who have not been as fortunate. You can feel sympathy

for either those you know or complete strangers. When you care about others, feeling sympathy is not abnormal. Whereas it's good to try and offer a helping hand where possible, it's unhealthy to make someone else's problems your own. Everyone has problems or situations that have to be dealt with. You most likely have your own problems to handle without taking on someone else's. When you feel sympathy, you understandably want to

help. You may offer assistance in the form of advice or action. The person offering the help usually feels they have the solution. Therefore, it's easy to feel bad if your efforts are ignored, rebuffed, or criticized. When this happens, it is possible to even become bitter as a result. Everyone makes decisions in life. Some are good and some may be bad. Only the person who made a decision can fix it. As much as you may want to, you can't do it for them or

make them do it. Each person is responsible for the choices they made. If we create a problem, it's up to us to correct it. If you offer unsolicited advice, you may be resented. If you are asked for advice, and give it, it's not unusual for the person you are trying to help to either tell you why your suggestions won't work or ignore what you say. When you are asked for, and offer advice, you shouldn't get frustrated if the other person doesn't do what you suggest. Give your suggestions without any expectation that it has to be used, accepted, or agreed with. Instead of advice, you may be asked for money. This type of request usually comes from close family or friends. Accompanying it is invariably the promise of repayment. Whether or not you want to help out financially is up to you. For some recipients money can be a big help. For

others, it won't make any difference; they will be in the exact same situation once your generous contribution is depleted. One thing to keep in mind: unrepaid loans have broken up many relationships between family and friends. Should you decide to offer financial assistance, consider it a gift regardless of any promises made. Also, don't attach any strings to your generosity, you will only be disappointed. If you are uncomfortable giving such a gift, don't help out financially. Although it's troubling to see someone suffer, you are not responsible for their life. The closer someone is to you, the more you will feel for them and the more you will want to help. Nevertheless, you have to allow another person to live their life. Just because you believe someone has a problem doesn't mean they see it that way. Everyone

has their own perception, which is their reality. You may not understand how another person is living the way they are. Yet, they don't see anything wrong. Although it's normal to feel sympathetic concerning the circumstances of others, don't allow their problems to become yours. It is OK to offer suggestions if asked. What, if anything, is done with the information is out of your hands. Most importantly, don't neglect your own life while feeling sympathy for someone else.
NOW AVAILABLE: "Dare to Live Without Limits," the book. Visit www.BryanGolden.com or your bookstore. Bryan is a management consultant, motivational speaker, author, and adjunct professor. E-mail Bryan at bryan@columlist.com or write him c/o this paper. © 2007 Bryan Golden.

All Roads Lead to An Epic Journey at



STIMULATE Your Mind

DEVELOP Your Spirituality

FIND Your Passion



FALL CLASSES BEGIN AUGUST 20. REGISTRATION STILL OPEN!

We offer accredited degrees that lead to life-changing careers in

- Ministry • Education
- Music • Counseling • and more!

Visit Our New Campus!

Expanded and Flexible Schedules
Financial Aid
One-On-One Academic Advising
Associate and Bachelor Degree Programs

**4330 Auburn Blvd.
Sacramento, CA 95841
(916) 348-4689**

www.EPIC.edu



Remember to Vote Nov. 6th

Paid for by Lungren for Congress.