



Pyramid Peak Park Opens

PAGE 2

Live Outdoor Theatre is Back!

PAGE 3

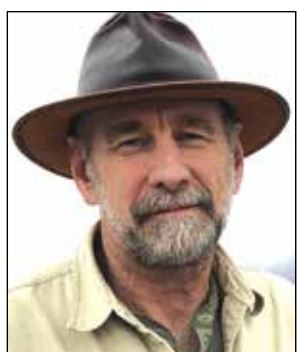


Gold River Messenger

VOLUME 9 • ISSUE 10 *Serving Gold River and Sacramento County* OCTOBER, 2021

SEE INSIDE

SACRAMENTO TALL CLUB RISES TO NEW HEIGHTS



PAGE 2

CALIFORNIA CAPITAL AIRSHOW SELLS OUT



PAGE 3

A TOT OF MONEY GOING TO NONPROFITS



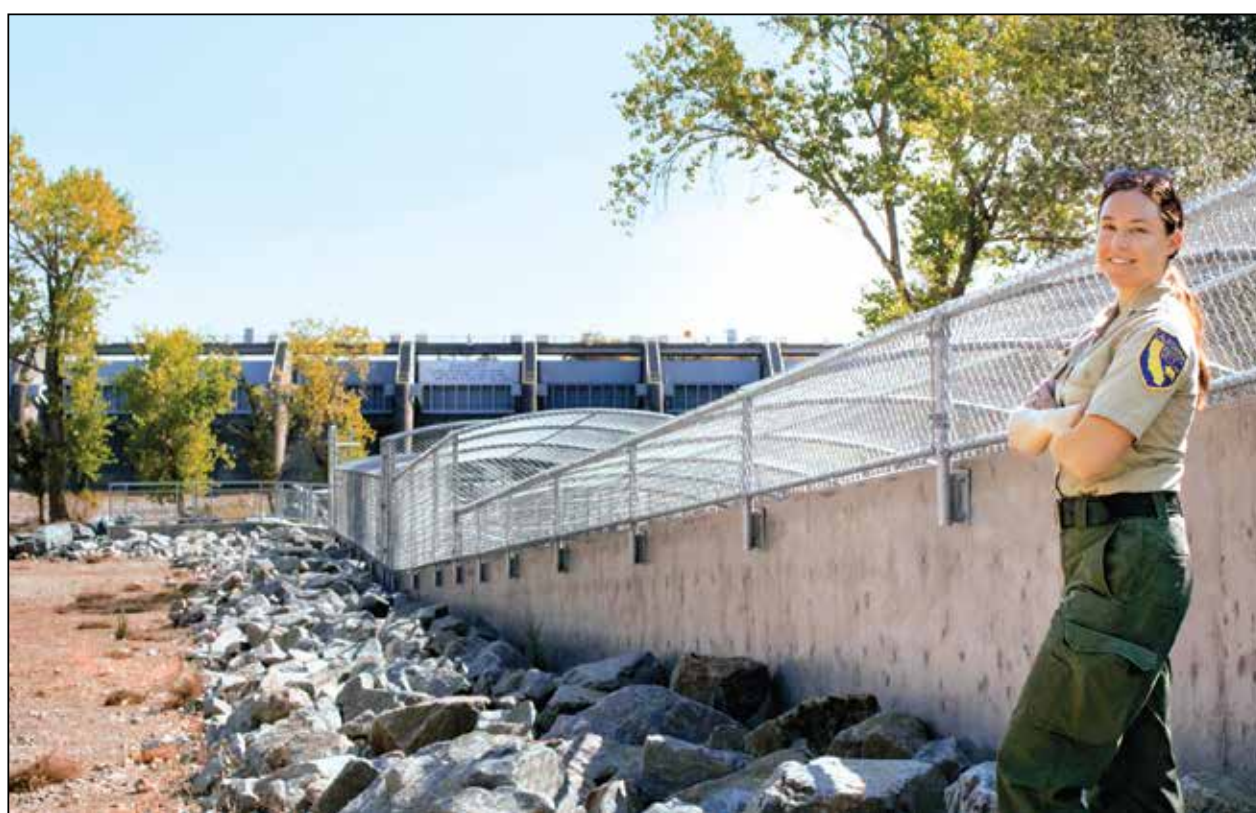
PAGE 5

PRSR STD
ECRWSS
U.S. POSTAGE
PAID
EDDM RETAIL

*****ECRWSS*****

Local Postal Customer

Ready for Fall Run



Fish and Wildlife Department staffer Stephanie Ambrosia surveys fish ladder extensions built to conduct spawning salmon to hatchery processing beneath Nimbus Dam. Recently completed, the \$9.7 million flume begins operation in November.

Story and photos by Susan Maxwell Skinner

SACRAMENTO REGION, CA (MPG) - A \$9.7 million project extending Nimbus Hatchery's famous fish ladder into Nimbus Basin is complete. The hatchery's outdated weir and ladder system last year served a final season. When the new passage is activated this November, salmon will take an elongated route to fishery processing. Their 1,900 ft climb will offer visitor viewing windows and a "Sam-Cam" to observe heroic Chinooks ending their lifecycles hundreds of miles from the Pacific Ocean.

Three years in construction, the

ladder and its water-level flume are designed to lead those fish that have not spawned naturally to hatchery fertilization. Egg and milt harvesting began here in the 1950s, after dam construction blocked migratory paths for American River salmon and steelhead. To divert returning fish, a picket weir previously spanned the American River below Hazel Bridge. The device was laboriously dismantled every January and though the weir operated adequately for 65 seasons, a better system has long been on Fish and Wildlife Department wish lists. "The new construction," predicts Bureau of Reclamation project engineer Mark Curney, "will increase the hatchery's operational flexibility

and improve public and employee safety."

Many migrating fish breed and die before reaching the facility. Currently under construction, a gravel bed restoration project near Ancil Hoffman Park will increase mating chances by adding 16,000 yards of gravel to existing beds. The altered American River nevertheless still offers insufficient nesting locations and to mitigate, the Nimbus facility must hatch and dispatch thousands of fry every spring. These reach maturity after several years in the ocean then instinctively head upstream to spawn new generations.

Though recent heatwaves have

Continued on page 4

Free County Flu Clinics Going on Now

Sacramento County News Release

SACRAMENTO COUNTY, CA (MPG) - With flu season approaching, Sacramento County Public Health urges everyone to get a flu shot to protect themselves and their families from influenza. Now through Nov. 13, the Sacramento County Immunization Assistance Program will host free Adult and Family Flu Clinics throughout Sacramento County.

This year it is especially important to get a flu shot as COVID-19 continues to spread. In an effort to fight both viruses, all Public Health clinics will offer flu and COVID-19 vaccines, including at existing COVID-19 vaccine clinics. It is safe to receive flu and COVID-19 vaccines at the same time, according to the CDC.

"Vaccines are proven to reduce the risk of severe illness, hospitalization and death," said Sacramento County Public Health Officer Dr. Olivia Kasirye. "Those who cannot receive the vaccine, including infants and individuals with a compromised immune system such as those going through chemotherapy, rely on others being vaccinated to help protect them."

All clinics take walk-ins, without the need for appointments.

Vaccination of people at high risk for flu complications is especially important to decrease their risk of severe illness. These include seniors and people with chronic conditions such as diabetes, high blood pressure, lung disease and kidney disease. The same underlying health conditions put people at higher risk for COVID-19. If you are at high risk, it is especially important for you to get a flu vaccine this year. Getting a flu vaccine will not only reduce your risk from flu but also help conserve potentially scarce health care resources.

Flu vaccine is also recommended for infants ages six months and older who do not have a medical condition that makes the flu vaccine inadvisable.

As with COVID-19, it's crucial to practice good health habits:

If you feel flu-like symptoms, limit contact with others to keep from infecting them:

Stay home for at least 24 hours after you fever is gone, except to

Continued on page 3

Harbor Freight Brings Shopping Center Back to Life

By Thomas J. Sullivan

RANCHO CORDOVA, CA (MPG) - A new 17,000-square foot Harbor Freight Tools store which opened this summer in the Rancho Plaza Center at 10873 Folsom Boulevard in Rancho Cordova is helping to bring a dormant shopping center back to life.

Opened in July, Harbor Freight Tools opened in the site of a shuttered Joann's Arts and Crafts store. Bright signage and an attractive red, white and blue front facade proudly welcome new customers, advertising "quality tools at lowest prices."

Inside, the store's well-stocked 16 aisles of merchandise offer a full selection of hardware, tools, and accessories in categories including automotive, air and power tools, storage, outdoor power equipment, generators, welding supplies,



The new 17,000-square foot Harbor Freight Tools store is located at 10873 Folsom Blvd in the Rancho Plaza Center. Photo by Thomas J. Sullivan

shop equipment, hand tools, and more. All of Harbor Freight's hand tools come with a lifetime warranty.

"We've received a very warm welcome from the local Rancho Cordova

community since we've opened," said Matt Patnell, assistant store manager. Patnell worked at the Citrus Heights store on Greenback Lane before moving to the new Rancho Cordova store.

"We have a great team here," Patnell said. "We're here to help you with all your specialty tool and equipment needs."

The new Harbor Freight is the primary anchor

Continued on page 5

Cordova Recreation and Park District Opens Pyramid Peak Park

Sacramento Tall Club Rises to New Heights



From the left, Cordova Recreation & Park District (District) Director of Parks & Recreation Jill Nunes; District Board Members: Director Brian Danz, Director Michael Yearwood, Chairperson Rick Sloan, Vice-Chairperson Terri Leimbach; District General Manager Patrick Larkin and Park Planning & Development Manager Laura Taylor celebrate the opening of Pyramid Peak Park. Photo credit CRPD

By Shelby Golden, Cordova Recreation & Park District

RANCHO CORDOVA, CA (MPG)

- On September 20, 2021, the Cordova Recreation & Park District (District) celebrated the opening of Pyramid Peak Park, a new neighborhood park in Rancho Cordova. Pyramid Peak Park is the 7th park the District has opened in the last five years and the District's 43rd park overall. This park was named after the beautiful California Sierra Mountains that can be seen in the distance. Pyramid Peak Park offers meandering walkways, picnic areas and a beautiful landscape. In the midst of the densely built environment, people can come to this space to have a picnic, walk a dog or just

relax in nature.

Pyramid Peak Park is the result of a team effort with two years of planning, designing and careful construction. The Pyramid Peak Park team consisted of District staff, Woodside Homes, Pacific Parks, Callander Associates and the District's supportive Board of Directors.

This park is one of the many examples of the District's sustainable parks. It has drought-tolerant landscaping, weather-wise irrigation systems and site furnishings that are durable and tough. The District will continue to bring the community sustainable places as the area grows and is built out. In the next few years, the District will be designing exciting parks, improving existing parks

and planning for a sustainable and bright future.

The District is excited to see the community enjoy and make wonderful memories at this new neighborhood park. Now more than ever, Parks Make Life Better!® Visit Pyramid Peak Park at 4053 Red Blush Way, Rancho Cordova.

Cordova Recreation & Park District is one of the largest independent special districts in Northern California serving over 130,000 residents and four school districts in the greater Sacramento area. CRPD provides over 42 parks and recreational facilities, a full-service 18-Hole Course, as well as youth & adult sports, camps, enrichment classes, educational programs and special events for the community. ★

By Thomas J. Sullivan

SACRAMENTO REGION, CA (MPG) - Members of the Sacramento Tall Club (STC), a social club of men and women in Rancho Cordova who share a special common attribute are looking to grow their membership.

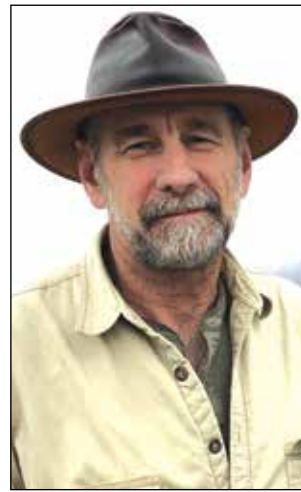
Club members are once again meeting socially for lunch, dinners and "TGIF" events, while following state and social pandemic protocols.

Open to singles and couples, the STC is an active group of people who are tall and love getting together and having fun," said their president, Bob Huggett. "Anyone at least 21 years of age may join if they meet the club's height requirements."

Women must be at least 5' 10" tall, and men must be at least 6' 2" (measurements are taken barefoot). Huggett said if you are a spouse of a regular STC member, you may still be an associate member if you don't meet the height requirement.

Huggett, a 6-foot-7-inch chief engineer at the California Department of General Services, describes what it's like to be vertically gifted and the camaraderie he's found since joining the STC.

"Well, advantages are, of course, being above the others, [but] you're always looked at a little bit differently when you're tall. Not every place is built for tall people. Not every airplane I get in has enough headroom and legroom



Bob Huggett, president of Sacramento Tall Club. Courtesy photo

and all that stuff," Huggett said.

Huggett said STC members are looking at new ways through MeetUp and social media to attract younger members to join the group as the base age of club members is climbing.

"We want to share the fun and fellowship we've enjoyed through the years as club members as we welcome new people, and begin building new friendships," Huggett said.

The STC is a member of Tall Clubs International (TCI). Established in 1982, the STC lists some 80 active members in the greater Sacramento region, and a few members from as far away as Reno and Stockton.

Huggett said he is especially proud that one of STC's own, Folsom resident Rusty Bloomquist was honored with the 2021 Tall Clubs International (TCI) Frank Winker Lifetime Achievement Award this summer.

Bloomquist, who has

served terms as STC treasurer, vice president and sergeant-at-arms, was cited for his work as national TCI vice president during the pandemic to encourage national membership and providing advice to those seeking to launch new local TCI chapters.

The STC awards scholarships to eligible graduating high school seniors.

"They must meet our height requirements and write an essay on "What Being Tall Means to Me," Huggett said. Local scholarship winners can go on to compete for a second national scholarship award.

"We put on all kinds of events which satisfy the variety of tastes of our club members. We try to have get-togethers at fun places such as bar and grills, interesting restaurants, night clubs, and whatever else we can think of that's likely to be fun and enjoyable," Huggett said.

"Without the height, we're just normal people, and there's nothing really different about us. In the club, that's really the only common trait we have: We're all tall," Huggett said. "It costs nothing to attend one of our events and check us out."

Upcoming events for the Sacramento Tall Club are posted on social media including Facebook and Meetup, Huggett said. Call 916-469-8255 to learn more about upcoming events or visit their web page at sacramentotallclub.org. ★

clean power my city

We're improving our local air quality, creating a clean energy economy and helping the planet. By 2030, we'll eliminate all carbon emissions from our power supply, so all of the customers we serve will live in a Clean PowerCitySM. As we change the future for the better, our commitment to deliver safe, reliable and affordable energy won't waver - as your community-owned, not-for-profit electric service for nearly 75 years.

Join the charge
CleanPowerCity.org

SMUD

© SMUD 0763-8/21 © A trademark/service mark of Sacramento Municipal Utility District, Reg. U.S. Pat. & Tm. Off.

California Capital Airshow Was Sold Out

By Nancy Mallory, Mallory & Associates

SACRAMENTO REGION, CA (MPG) - The California Capital Airshow (CCA), presented by Sacramento County in partnership with the City of Rancho Cordova, wrapped its 2021 Airshow on Sunday, September 26th with a sell-out resulting in 75,000 attendees at the three-day limited capacity outdoor event. The Airshow welcomed veterans, families, and thrill-seekers to Mather Airport with the first-ever *Afterburnin' Drive-In Airshow* on Friday and the more traditional aviation festival on Saturday and Sunday featuring performances from two North American jet demonstration teams, U.S. Air Force Thunderbirds and Canadian Forces Snowbirds, and a robust roster of talented pilots flying the most capable aircraft in the world.

After missing the 2020 show, organizers were eager to deliver more fun and excitement than ever before. The Airshow continued its mission with a 3-day STEM Expo beginning Friday, focusing on young women exposing them to the wide variety of exceptional careers available in aviation and aerospace. From Friday afternoon through Sunday, the Mather Airport skies were filled with the roar of two F-35 Lightnings, the screech of a F-18 Super Hornet, and the emotional tribute performances to the Korean War, Air Force, and Navy. There was something for everyone and all ages, and no matter where you turned, attendees got to experience first-hand the power, technology,

and art of aviation.

"By the smiles on the faces of the fans – it was a perfect airshow weekend. The outdoor event was safe with reduced capacity along the ramp, and attendees were thrilled to gather again, explained Terrence McNamara, CCA Board Chairman. "Putting on an Airshow is a massive undertaking, and preparation takes years. This year proved even more difficult due to supply chain issues and the ever-evolving health and safety guidelines. Still, we were successful thanks to our many sponsors and a thousand volunteers," continued McNamara.

Special thanks to CCA sponsors Sacramento County, the City of Rancho Cordova, Lasher Auto Group, Keurig Dr. Pepper Snapple Group, Sacramento Jet Center, Budweiser, SMUD, Thunder Valley Casino Resort, Matheson, Atlas Disposal, Sunbelt, Teichert, FOX 40, iHeart Media, and UPS. In addition, CCA is grateful to the a long list of committed community supporters, as well as the teams of law enforcement and emergency services that give their time and energy to keep everyone safe.

Established in 2004, the California Capital Airshow 501(c)3 plans and operates the exciting, family-friendly annual event designed to honor the Sacramento region's rich aviation heritage and veterans while using the power and magic of flight to inspire young people. CCA gives back to the community through STEM scholarships, charitable group donations, and exciting educational youth programming throughout the year. For more information, please visit CaliforniaCapitalAirshow.com. ★

Live Outdoor Theatre is Back!

Hummingbird Theatre Company Presents "Into the Woods"

By Dana Harrison, Hummingbird Theatre Company

RANCHO CORDOVA, CA (MPG) - This October, live theatre will be making its grand return to Rancho Cordova, courtesy of Hummingbird Theatre Company. From October 1-24, Hummingbird Theatre Company will be showcasing the Tony award-winning musical, "Into the Woods", composed by Stephen Sondheim and James Lapine. All performances are COVID-19 friendly and will be held outdoors at the Village Green Park Amphitheatre in Rancho Cordova.

"Into the Woods" is a musical based on the Brothers Grimm fairy tales with a modern twist that follows the classic stories of Cinderella, Little Red Riding Hood, Jack and the Beanstalk, and Rapunzel. All of these beloved tales are tied together by a story involving a childless baker and his wife, who seek to undo a curse set upon them by a witch.

Danielle Mercado, company founder and director of Hummingbird Theatre Company, is the director of the production, accompanied by her assistant director, Sarah Feuerbach. With years of directing and musical experience under her belt, Mercado has so much excitement and gratitude for working with this cast, and she is so grateful to be returning to the stage after the almost two-year hiatus due to the COVID-19 pandemic. Mercado selected this particular show for her theatre company because in her opinion:

"There's no show like it. Normally musicals don't



The Baker played by Karl Johnson and his Wife played by Beth Beam get threatened by the Witch played by Raquel Burt from next door. Photos by Danielle Mercado

have a great book, because it's so focused on the songs. But, this musical is unique in that it blends the storytelling and the music in a seamless and amazing way. I love the challenging music composed by Stephen Sondheim, and think the script and characters are hilarious and very well written."

The musical composition of Stephen Sondheim has posed a challenge for many members of the cast, but it has been an obstacle they have grown to love. Diane Cooper Stranding, who plays Cinderella's Stepmother describes the music in the show as dynamic, rhythmic, and full of chromatic surprises! Though Sondheim's music does throw curve balls, Sandstring claims that performing in this show pushes her musical ability and makes her feel accomplished!

One cast member in particular, Andy Leggett, is living out one of his bucket-list roles as "Jack". Leggett heard about the auditions for "Into the Woods" through serving on the Rancho Cordova City Concert Board. He mentioned that once he learned that rehearsals would be so close to his house, he had no excuse to pass it up!

When asked about

stepping into the shoes of Jack, Leggett stated, "Not gonna lie, it's been stressful at times... this is the closest I've come to a lead role, so it's been a big growing experience for me. I feel honestly blessed to have such a supportive and easy-going director and awesome castmates."

Hummingbird Theatre Company was founded in 2017, and since then has made an artistic impact not just in Rancho Cordova, but in Sacramento County overall by offering classes and workshops, putting on productions and Broadway review shows, and performing for non-profits within the community. In addition, all of Hummingbird's dedicated staff are all unpaid volunteers who pour hours of artistic devotion to create beautiful experiences for our community. Jennifer Reeves, who will be playing Rapunzel in "Into the Woods", has been with the theatre company since their very first show. Reflecting on the four years she has spent with Hummingbird, Reeves said:

For more information on show dates and learn more about Hummingbird Theatre Company at <https://www.hummingbirdtheatreco.com>★

Free County Flu Clinics Going on Now

Continued from page 1

get medical care or for other necessities; Cover your coughs or sneezes and wash your hands; Avoid touching your eyes, nose and mouth; Clean and disinfect surfaces and objects that may be contaminated with flu germs.

For questions or to find out more

about the vaccination clinics, contact the Sacramento County Immunization Assistance Program at 916-875-7468 or visit www.sacvax.com.

The influenza vaccine is adjusted every year to work against the most common strains of the flu. Read more about the 2022 flu season on the CDC FAQ page. ★

America's Choice in Homecare.

Visiting Angels

LIVING ASSISTANCE SERVICES



Select Your Caregiver®

- Meal Preparation
- Light Housekeeping
- Errands & Shopping
- Bathing Assistance
- Dressing Assistance
- Hygiene Assistance
- Assistance with Mobility
- Friendly Companionship
- Flexible Hourly Care
- Respite Care for Families
- Medication Reminders

916.971.9333

www.VisitingAngels.com/Sacramento

Each Visiting Angels agency is independently owned and operated. Lic. #344700003

HARO GIANT KONA PURE FIX MARIN

YOUR FULL SERVICE BICYCLE CENTER

BobsCycleCenter.com




LOCALLY OWNED SINCE 1955

STORES ARE OPEN! New Bikes Arriving Daily!

9920 Fair Oaks Blvd.
Fair Oaks, Ca 95628
(916) 961-6700
(corner of Fair Oaks and Sunrise)

378 North Sunrise Ave. Ste. 300
Roseville, Ca 95661
(916) 784-2255
(right across from the auto mall)

bobscyclecenter.com



NEW LOWER RATE

30-Year Fixed Rate Home Loan

30-Year

/

2.750%

/

2.822%

APR

LOAN AMOUNTS TO \$548,250

Purchase or Refi – Same Low Rate

- ★ Enjoy the same low rate whether you purchase, refinance, or refinance with cash out
- ★ No points, and low fees
- ★ Fast, local decisions and funding
- ★ Experienced professionals to help you from the application through funding

Visit firstus.org

Call (800) 556-6768

Stop by your local branch



11220 Gold Express Dr. in Gold River

MEMBER OWNED AND OPERATED SINCE 1936

Annual Percentage Rates (APRs), terms and offers effective 10/01/2021 and subject to change at any time. 60% LTV Max and Min 720 credit score. Owner occupied loans in California only. Payment example: 360 payments of \$4.08 per \$1,000 borrowed. Taxes and insurance are not included in payment example; your actual payment will be higher. Offer cannot be used to refinance an existing First U.S. loan.

CRPD Staff Donates to Unhoused Students



From the left, Cordova Recreation & Park District (CRPD) Human Resources Manager Andrea White, CRPD General Manager Patrick Larkin and Folsom Cordova Unified School District (FCUSD) Education Services Liaison Marjorie Diaz with donations for FCUSD Homeless Student Services. Photos: CRPD

By **Shelby Golden**, Cordova Recreation & Park District

RANCHO CORDOVA, CA (MPG) - The Cordova Recreation & Park District's (CRPD) Community Engagement Program is underway! The Community Engagement Program, spearheaded by CRPD General Manager Patrick Larkin, is a quarterly program that focuses on giving back to the community. During this quarter, the District collaborated with the Folsom Cordova Unified School District (FCUSD) Homeless Student Services. FCUSD Homeless Student Services helps ensure homeless children have an equal opportunity to

obtain a high-quality education and provides resources to families. "FCUSD works hand-in-hand with state and federal education programs to provide stability, access, and support for academic success for homeless children and youth, including preschool-aged children," said Director of Categorical Programs & Grants Elena Cabrera. "Our district Homeless Student Services fosters partnerships with local agencies, businesses and non-profits organization in order to connect families to services beyond the classroom. Helping others takes teamwork and collaboration rooted in caring for our most

vulnerable students." Throughout the quarter, District staff and Board of Directors contributed various Target gift cards to be used for new shoes and clothing for unhoused students. "I'm proud of our generous and caring CRPD staff for their continued support for the unhoused students in Rancho Cordova. Many of the CRPD staff are residents of Rancho Cordova so this opportunity to work with FCUSD for the students in need has special meaning," said Larkin. "We look forward to more opportunities to work in partnership with FCUSD to make the community stronger and to meet the needs of our most vulnerable youth." On August 23, 2021, Larkin and Human Resources Manager Andrea White presented Marjorie Diaz, Education Services Liaison at FCUSD, with donations totaling \$1,034 to be used for new shoes and clothing. "FCUSD is extremely grateful for the generosity of CRPD employees, and the care and concern they have for our students who are homeless and foster youth," shared Superintendent Dr. Sarah Koligian. "Their donation will provide many basic supplies that will help eliminate barriers to their education." CRPD is proud to collaborate with FCUSD Homeless Student Services to help support students as they begin the school year. ★

Ready for Fall Run



Artist Max Erhman adds finishing touches to a mural on fish-food silos at Nimbus Hatchery. The 60-foot long work illustrates salmon and steelhead migration in the American River.

Continued from page 1 warmed the American River, it is hoped that water temperatures cool to preferred breeding frigidities by November. Fish that reach Nimbus unfulfilled will be lured by churning water. Piped from Lake Natoma, this torrent will fill a 150-yard flume that precedes the final climb. The channel is entirely caged to protect salmonids from poaching and debris; nearby riverbanks are permanently closed to anglers. The new ladder parallels a realigned bike trail that runs between Nimbus and Lake Natoma. Hell-bent on reproduction, fish will encounter submerged barriers, a 10-foot deep pond and concrete steps. Visitor lookouts are positioned to enhance viewing. "We've wanted submerged windows for ages," says Nimbus interpretive specialist Stephanie Ambrosia. "It's a great way to show how fish group; how they rest between steps and the physiological changes that occur during their long journey from the ocean. Some have bones exposed and fins hanging off. These changes are more visible from underwater." ★

Some nature lovers might miss the autumn spectacle of massive Chinooks challenging the old hatchery weir. The barrier will nevertheless not be scrapped; its metal sections will remain in storage for emergency service. Heralding a new age of California State Hatchery efficiency, a 60-foot mural was last week completed on the facility grounds. San Francisco-based artist Max Erhman's canvas spans the walls of silos that store fish food near the visitor center. The work was funded by Wide Open Walls, a street art nonprofit supported Sacramento Metropolitan Arts Commission. Central to Erhman's design, a steelhead bursts from the river to symbolize nature's leap of faith to the future. Nimbus Hatchery is located at 2001 Nimbus Rd, Gold River. Facility parking is open and the completed fish ladder may be viewed from walking trails. The Salmon and steelhead spawning season runs from November to March. For more information, visit: www.wildlife.ca.gov/fishing/hatcheries/nimbus. ★



hummingbird theatre co. PRESENTS

INTO THE WOODS

A Musical By STEPHEN SONDHEIM and JAMES LAPINE

OCTOBER 1-24
VILLAGE GREEN PARK
AMPHITHEATER,
RANCHO CORDOVA

Don't Stray From The Path!

General Seating: \$15 • VIP Seating: \$20
Bring chairs, blankets and a picnic basket
3141 Bridgeway Drive, Rancho Cordova CA
Supported in part by the Measure H Enhancement Fund from the City of Rancho Cordova • Rated PG-13

COVID-19 FRIENDLY AN OUTDOOR EVENT

For Performance Dates, Times and Tickets Visit:
hummingbirdtheatreco.com

GOOD TIMES

Celebrating Life's Journey

Activities, friendships and outings that will keep you moving, creating and exploring.

Summerset is family owned, conveniently located and welcomes small pets.

- Chef prepared meals with restaurant style dining
- Daily activities, entertainment and regional outings
- Care staff available 24 hours a day
- Scheduled transportation for shopping and doctor visits
- Safe visits with family and friends encouraged

Summerset.
Senior Living

Independent • Assisted • Memory Care
2341 Vehicle Drive • Gold River/Rancho Cordova

summersetseniorliving.com
916-400-3831

Equal Housing Opportunity Pet Friendly GRM
RCFE #347005361

California Experiments with Social Democracy



By Dan Walters
CALMatters

California, as everyone should know by now, has the nation's highest rate of poverty as determined by the Census Bureau when the cost-of-living is included in the calculation.

While family incomes in California are not particularly low vis-à-vis those in other states, our extremely high living costs, especially for housing, mean those incomes do not stretch as far as they would elsewhere.

The Public Policy Institute of California takes the issue a bit further by calculating how many Californians are living in near-poverty, using methodology similar to that of the Census Bureau.

Altogether, more than a third of the state's nearly 40 million residents experience severe economic distress. They are, for the most part, workers in low-pay jobs and their families, and their plight has been exacerbated by the nearly two-year-long COVID-19 pandemic, which has hit them the hardest both medically and economically.

Backed by unions, Gov. Gavin Newsom and his fellow Democrats have vowed to reduce the state's high levels of poverty and income disparity and this year generated a bushel basket of legislation they contend will narrow the gaps.

California is, in effect, testing long-held beliefs of those on the political left that America should move closer to the European model of "social democracy" by expanding supportive public services and empowering workers in their dealings with employers.

The former include increasing eligibility for Medi-Cal, the state's health care system for the poor which already covers more than a third of California's residents, expanding early childhood education to both improve learning outcomes and free more parents to work, and increasing spending on housing for low- and moderate-income families.

The latter is a variety of bills that impose new workplace and compensation standards on industries that employ large numbers of low-paid workers, most notably garment production, agriculture and the ever-increasing distribution centers operated by Amazon and other big corporations.

"We cannot allow corporations to put profit over people," Newsom said as he signed legislation to ease production quotas in Amazon's massive "fulfillment centers."

"The hardworking warehouse employees who have helped sustain us during these unprecedented times should not have to risk injury or face punishment as a result of exploitative quotas that violate basic health and safety," Newsom added.

"California is holding corporations accountable and recognizing the dignity and humanity of our workers, who have helped build the fifth-largest economy in the world," Newsom said later

as he signed a bill banning piecework pay in the Los Angeles-centered garment industry.

Newsom also signed bills to expand protections for household domestic workers, raise minimum pay for disabled workers, increase criminal penalties for "wage theft" by employers, and provide farm workers with protective gear for wildfire smoke.

It has not been, however, a 100% sweep for union-backed legislation. Newsom vetoed a bill to allow mail ballots in elections for union organization of farm workers and another that would have expanded paid family leave.

Expanding government services will, of course, cost the state billions of dollars, which it can afford now as income taxes pour into its treasury, but whether it can be sustained is questionable. California is inordinately dependent on high-income taxpayers, which means its revenues plummet during economic downturns.

New benefits for workers, meanwhile, will increase employers' costs, which could drive some to shift operations and jobs to lower-cost locales. The garment industry is particularly competitive, which is why so much of it has already gone overseas.

Higher public and private costs are the flip side of California's experiment in social democracy. Ultimately, Newsom and the Legislature cannot repeal the laws of economics.

Dan Walters has been a journalist for nearly 60 years, spending all but a few of those years working for California newspapers. ★



By County Supervisor Sue Frost

Through the generosity of the Gold River Messenger, this column serves to provide an update about matters affecting the unincorporated community of Gold River.

One of my favorite things to do as a County Supervisor is support local organizations that give back to the community. Nonprofit organizations fill gaps left by government, providing services and supporting cultural growth in a way that is more personal and more direct. Every year that I have been on the Board of Supervisors, we have been able to support the invaluable work of nonprofits with funds generated by the Transient Occupancy Tax (TOT), which comes from guests staying in hotels/motels. Through the TOT Grant Program, the Board of Supervisors awards a million dollars to nonprofits every year to help them enhance their impact on the community. I am thrilled that we are yet again launching the TOT Grant Program for the 2021-2022 cycle and the applications are open! For that reason, I thought that I would use this as an opportunity to increase awareness of the program and encourage as much participation as possible.

Applications are located here: bdm.saccounty.net/TOTGrantProgram

Applying organizations are required to be based in Sacramento County and must have specific programs they are requesting to fund. Programs can be for

GOLD RIVER COMMUNITY UPDATE

A TOT of Money Going to Nonprofits

training, events that support tourism, address community issues, or that reach underserved populations. Applications are reviewed and measured by subject area experts and are divided by the subject areas of arts and culture, community development, economic/workforce development, and health and human services. The more specific applicants can be, the better. The more information about how an organization and program have helped and will continue to help the community, the better. All applications must be submitted online and on time. I want to stress all of those points because we receive so many applications and I want every organization to maximize its chances of receiving funds.

While the total amount of grant funds available is one million dollars, no single organization can receive that much. Grants can be no smaller than \$5,000 and no larger than \$50,000. Additionally, half of the total grant funds is available for the communal competitive pool. The other half is divided among each Supervisor to award to organizations in their district, meaning a minimum of \$100,000 is guaranteed to go to our Supervisorial District 4. I love seeing the organizations in our district submit their proposals and it is never easy to pick who gets funds, but we have always had great successes in each of the communities in our district.

For example, in the past we have been able to secure over \$40,000 for the non-profit "AboutKidz", where the funding went to purchase supplies throughout the year to equip children with a fully stocked

backpack, new outfit and shoes. And last year we secured \$10,000 to "Citrus Heights HART" who provided rental assistance for Citrus Heights families who were in jeopardy of being evicted from their home due to unemployment as a result of COVID-19.

Applications for the TOT Grant Program are due no later than Monday, October 11th at 5:00 pm. As I mentioned, applications must be submitted online and no late applications will be accepted. The nonprofit organizations of Sacramento County do great work and enhance the quality of life for countless people. Whether your nonprofit organization is seeking to provide school supplies for children, organizing a community clean up, or expanding access to the arts, I encourage you to pull together your team and put together the best application possible. And if you know someone who has a local nonprofit, please send this information to them. The TOT Grant Program is a rare opportunity for us to directly support nonprofit organizations and I hope that many qualified organizations will jump on the opportunity.

Thank you for reading – and as always, if you want to contact me, call me at 916-874-5491, or e-mail me at SupervisorFrost@saccounty.net.

Sue Frost represents the 4th District, which includes all or part of the communities of Citrus Heights, Folsom, Orangevale, Antelope, Rio Linda, Elverta, Gold River, Rancho Murieta, North Highlands, Carmichael, Foothill Farms and Fair Oaks. ★

Social Security Matters

Will My Social Security Be Reduced in the Future?



By Russell Gloor,
AMAC Certified Social Security Advisor

Dear Rusty: I started Social Security about 2 years ago and I thought that the monthly benefit amount stated to me by Social Security in their letter was guaranteed. That written amount was what I based my decision on to retire. Now I hear on the news that we may have to take a 24% reduction in the future. That will make me and millions of other seniors homeless. Was the original amount a guarantee of monthly income, and can the government reduce it whenever they want to? Signed: Anxious Senior

Dear Anxious: The reason you're now hearing about the possibility of a future reduction in Social Security benefits is because the SS Trustees 2021 Report to Congress was just released. This report, usually published in April, recaps the program's financial status at the end of the preceding year and provides Congress with a very detailed analysis of Social Security's (and Medicare's) financial picture. The Trustees report that, beginning in 2021, Social Security income will be less than needed to pay benefits, with the gap to be made up from Trust Fund reserves. Unless Congress makes some changes to the SS program,

that trend will eventually result in the Trust Fund running dry, requiring an across-the-board cut in benefits.

This latest report predicts that the combined Trust Funds, which now hold nearly \$3 trillion in reserves, may be fully depleted by the year 2034 - one year earlier than last year's 2035 prediction. Although the 2034 date is new news this year, the mid-2030s potential depletion date has been reported for years, and it is not a new issue. Indeed, the 2019 report predicted 2034 as the possible depletion date and last year's report predicted an improvement to 2035. One obvious reason for the one-year acceleration in the new report is the economic effect of the COVID-19 pandemic. While it certainly isn't good news, the fact is that the bad news isn't as bad as many pundits predicted. Some were suggesting that the depletion date may be as early as 2029, but the economy rebounded faster than expected. Depending on how you look at things, the depletion date only changing by one year could be viewed as positive considering the economic impact of the pandemic. Rest assured that the matter will receive continued analysis in the months ahead.

But here's the bottom line: It is extremely doubtful that Congress will ever let the Social Security Trust Funds be fully depleted, necessitating a benefit cut to all recipients. To allow that to happen would be political suicide because over 64 million people rely on Social Security. Is your benefit guaranteed? Yes, but only within the boundaries of current law, which says that Social

Security is allowed to only pay benefits using its own money (from payroll tax income, interest income, income tax revenues and Trust Fund reserves). No benefits will be cut for as long as the Trust Fund can make up the difference between income received and benefits paid. But if there are no reserves to make up the difference, then (by law) Social Security can only pay out as much as it brings in.

Congress already knows how to fix this issue and avoid a cut in Social Security benefits. What is missing is the bipartisanship and the political will to accomplish it, because neither side currently appears receptive to solutions offered by the other side. Congress may continue to drag its feet on this issue, as has historically been done, until urgency demands action. But I believe you can rest assured that Congress will eventually find the fortitude to restore Social Security to long-term solvency before any benefit cuts are made. You can help by calling your Congressional Representative and demanding that they adopt a bipartisan attitude toward Social Security reform. A good place for Congress to start would be by adopting the reform proposed by the Association of Mature American Citizens, which can be found at www.amac.us/social-security.

This article presents the opinions and interpretations of the AMAC Foundation's staff, trained and accredited by the National Social Security Association (NSSA). ★

Harbor Freight Brings Shopping Center Back to Life

Continued from page 1

tenant in the Rancho Plaza Center. Nextdoor is the family-owned, Gianelli's Appliance Repair and Installation, servicing Sacramento, Carmichael, Fair Oaks, El Dorado County including Cameron Park, El Dorado, Shingle Springs, Folsom, Rancho Cordova, Orangevale, and Gold River.

As renovations were being completed, Patnell said, Gianelli's, a long-time plaza tenant, was able to expand the size of its business. At the other end of the plaza, El Puerto, a Mexican restaurant is open for lunch and dinner business.

Patnell said he's looking to hire additional retail sales and stocking associates as business continues to grow to add to his sales team. The Rancho Cordova Harbor Freight store now has a staff of 20, he said.

The Harbor Freight Tools began in 1977 as a small family-owned business

and has expanded to over 1,200 stores nationwide.

For over 40 years, Freight advertises and offers its customers more than 7,000 different tools and accessories at quality levels that match or exceed competing brands, but at prices that are up to 80 percent less.

The company also promotes a one-year "Inside Track" membership for \$29.99 and offers Harbor Freight customers an inside track for exclusive members-only discounts on popular tools and perks during sales events and its own branded credit card.

Harbor Freight at 10873 Folsom Blvd is open from 8 a.m. to 8 p.m. Mondays through Saturdays, and from 9 a.m. to 6 p.m. on Sundays. Call the Rancho Cordova store at 916-526-3232 for product availability and general information. View an online sales catalog at: <https://www.harborfreight.com/> ★

Kiley Demands Accountability for Newsom's Vaccine Mandates

Office of Assemblyman Kevin Kiley

SACRAMENTO, CA (MPG) - Governor Gavin Newsom announced a "first" in the nation vaccine mandate for K-12 students. However, just days ago he actively tried to block a mandate for California corrections officers, whose union contributed \$1.75 million to his campaign against the Recall.

In explaining his opposition to the corrections mandate, Newsom's Administration said it is "working with those who remain unvaccinated with educational resources, access to clinicians and experts to answer questions, and ample

access to the vaccine."

"There is no reason the Governor's policy of 'education' and 'access' cannot guide vaccination policy in schools," Assemblyman Kiley (R-Rocklin) said. "At every turn, this Governor has let his top Special Interest donors dictate pandemic policy. It is an abuse of the public trust without precedent in our state's history."

Assemblyman Kevin Kiley represents the 6th Assembly District, which includes the Sacramento, Placer, and El Dorado County communities of Cameron Park, El Dorado Hills, Fair Oaks, Folsom, Granite Bay, Lincoln, Loomis, Orangevale, Penryn, Rocklin, Roseville, and Sheridan. ★

This Is Not about Freedom or Personal Choice



Commentary
by Jane M. Orient, M.D.

Today we have two contrasting quotations from world leaders. One said: "Mandatory vaccinations will never be allowed because [this] is a free country and its people are sovereign." The other said: "This is not about freedom or personal choice."

The first was by Vladimir Putin. Russia, a free country! The second was by Joe Biden. The U.S. is no longer a free country, and the people are not sovereign. Nor are the once-sovereign states. If state governors won't cooperate with him, "I'll use my power as president to get them out of the

way." It is not clear exactly how he would accomplish that. Invade the state and occupy its capitol and its courts? Arrest the governor and perhaps the legislature and throw them into prison without bail like some January 6 demonstrators? Already, many states are suing – perhaps we will learn whether the Tenth Amendment to the U.S. Constitution has any meaning.

Who would have believed that a U.S. President would ever say such things?

Biden claims jurisdiction over 17 million healthcare workers, especially if they work in a facility that gets funding from Medicare or Medicaid. "If you're seeking care at a health facility, you should be able to know that the people treating you are vaccinated – simple, straightforward, period."

Never mind if the alternative may be having no qualified person to care for you. Never mind if the unvaccinated worker, who cared for people before there were vaccines, got infected, recovered, and

now has better immunity than vaccinated people. Never mind that workers with 20 years of dedicated service will have their careers and their livelihoods ruined if they don't obey the dictator. Never mind that some of the obedient servants die – just coincidentally? – a few days after the shot. Or that some experience heart damage or paralysis. The government with its sovereign immunity does not have to compensate them, and neither do the vaccine makers or administrators, who are protected under the mantle of government.

"This is a pandemic of the unvaccinated," states Biden. This non-evidence-based assertion is false. The most vaccinated countries in the world, including Israel and Gibraltar, are having the worst outbreaks. Both vaccinated and non-vaccinated persons shed virus, get hospitalized, and die. In the UK, a majority of the COVID-19 deaths last month were among vaccinated people, with a death rate dramatically higher than a year ago, when there

was no vaccine.

Why, besides vaccine failure, would public health officials be pushing for continued masking, distancing, and a "booster" injection a few months after a person is "fully vaccinated"?

Can we blame it on the Delta variant? Did unvaccinated persons make it? Or did the vaccine, with its narrowly targeted immunity, actually select out this variant, creating or worsening the problem? Dr. Robert Malone, an inventor of mRNA vaccines, talks about "escape mutants." Could we be creating a "monoculture" immunity, which like monoculture agriculture, is disastrously vulnerable if a resistant pathogen comes along?

Not content with owning the bodies of healthcare workers and federal employees and contractors, Biden appeals to the private sector, such as employers of 100 or more persons, to exert his will on other Americans. "To those of you running large entertainment venues from sports arenas to concert venues to movie theaters, please

require folks to get vaccinated or show a negative test as a condition of entry."

To "protect" children under the age of 12, who are at very low risk, Biden wants everybody around them to get the vax—teenage siblings, parents, caregivers. Children over 12, that magic threshold, should get vaccinated, Biden says, and he "strongly supports independent scientific review for vaccine uses for children under 12." He adds: "We can't take shortcuts of that scientific work." So far, the scientific process has been anything but independent. Moreover, studies are not scheduled to be complete before the end of 2022, and studies on myocarditis, to which teenage boys may be most vulnerable, until 2027. Any shortcutting there? And how long would fertility effects take to show up in a child who is 11 when vaccinated?

The satirical *Babylon Bee* has dubbed the program: "Your body, my choice." Are you pregnant, worried about a miscarriage? Hoping to be pregnant?

Aspiring to an athletic career? Do you have a history of allergies, but have not yet had anaphylactic shock from polyethylene glycol (PEG) or Polysorb 80?

The choice of what risks you have to take will be Biden's. But the consequences will be all yours.

Jane M. Orient, M.D. obtained her undergraduate degrees in chemistry and mathematics from the University of Arizona in Tucson, and her M.D. from Columbia University College of Physicians and Surgeons in 1974. She completed an internal medicine residency at Parkland Memorial Hospital and University of Arizona Affiliated Hospitals and then became an Instructor at the University of Arizona College of Medicine and a staff physician at the Tucson Veterans Administration Hospital. She is the editor of *AAPS News, the Doctors for Disaster Preparedness Newsletter, and Civil Defense Perspectives, and is the managing editor of the Journal of American Physicians and Surgeons.* ★

Local Classified

Announcement

Become a Published Author. We want to Read Your Book! Dorrance Publishing-Trusted by Authors Since 1920 Book manuscript submissions currently being reviewed. Comprehensive Services: Consultation, Production, Promotion and Distribution. Call for Your Free Author's Guide 1-877-538-9554 or visit <http://dorranceinfo.com/Cal> (Cal-SCAN)

Autos Wanted

DONATE YOUR CAR, TRUCK OR BOAT TO HERITAGE FOR THE BLIND. FREE 3 Day Vacation, Tax Deductible, Free Towing, All Paperwork Taken Care of. Call 1-844-491-2884 (Cal-SCAN)

DONATE YOUR CAR TO KIDS Fast Free Pickup – Running or Not-24 Hour Response - Maximum Tax Donation – Help Find Missing Kids! Call 1-888-491-1453. (Cal-SCAN)

DONATE YOUR CAR, BOAT OR RV to receive a major tax deduction. Help homeless pets. Local, IRS Recognized. Top Value Guaranteed. Free Estimate and Pickup. LAPETSALIVE.ORG 1-833-772-2632 (Cal-SCAN)

Cable/Satellite TV

DIRECTV - Watch your favorite live sports, news and entertainment anywhere. More top premium channels than DISH. Restrictions apply. Call IVS - 1-888-641-5762. (Cal-SCAN)

DIRECTV NOW. No Satellite Needed. \$40/month. 65 Channels. Stream Breaking News, Live Events, Sports & On Demand Titles. No Annual Contract. No Commitment. CALL 1-855-404-2509

Cable/Internet

AT&T Internet. Starting at \$40/month w/12-mo agmt. Includes 1 TB of data per month. Get More For Your High-Speed Internet Thing. Ask us how to bundle and SAVE! Geo & svc restrictions apply. Call us today 1-855-397-7909. (SCAN)

COMPUTER SERVICES

Zinsky's
PC Configurations
"Don't replace it - REPAIR IT!"
Custom Desktop Computer Configurations
• PC Repair • Home Wireless Networking
• Installations • Virus & Spyware Eradication
Alan Zinsky
Phone: 916-422-2269
Zconf@zsbglobal.net
Bus. Lic. # 305712 • E. A. R. Reg. #84416
www.zinskyspcrepair.com

For Rent

Property is under construction and will soon have 1, 2, 3, & 4 bedroom units for rent!

The Housing Authority of the County of Butte is currently accepting applications for its Farm Labor Housing property in Gridley, CA. We have 2 Bd. units available at this time. Rental assistance is available and provided by USDA Rural Development guidelines for those that meet USDA Rural Development guidelines. For more information contact our office at (530) 895-4474 or TDD 1-800-735-2979.

"The Housing Authority of the County of Butte is an Equal Opportunity Employer and Housing Provider"



Fitness/Yoga

Your Fitness Genie
Virtual Sessions
Your Fitness Genie
Age Well At Home
Avoid Assisted Living
*Keep Strength and Mobility
Be Active, Call Today!
Jenn@YourFitnessGenie.com
(916)768-8767

Financial Services

Over \$10K in Debt? Be debt free in 24 to 48 months. No upfront fees to enroll. A+ BBB rated. Call National Debt Relief 1-888-231-4274. (Cal-SCAN)

Applying for Social Security Disability or Appealing a Denied Claim? Call Bill Gordon & Assoc. Our case managers simplify the process & work hard to help with your case. Call 1-844-998-1460 FREE Consultation. Local Attorneys Nationwide [Mail: 2420 N St. NW, Washington DC. Office: Broward Co. FL (TX/NM Bar.)](SCAN)

Handyman

A Quality Home Maintenance
Hauling
Gutters Cleaned
Yardwork
One Time Lawn Mowing
You Name It!
Scott Lehman
Gutter Dog
(916) 613-8359

Health & Medical

"You are what you absorb." World class vitamin/mineral supplement Empower Plus - Advanced. Learn more at tbuckley1.renovaworldwide.com. Tim 916-370-0858

Attention: Oxygen Users! Gain freedom with a Portable Oxygen Concentrator! No more heavy tanks and refills! Guaranteed Lowest Prices! Call the Oxygen Concentrator Store: 1-844-653-7402 (Cal-SCAN)

Classified Advertising
916 773-1111

Insurance/Health

SAVE BIG on HOME INSURANCE! Compare 20 A-rated insurance companies. Get a quote within minutes. Average savings of \$444/year! Call 1-844-410-9609! (M-F 8am-8pm Central) (Cal-SCAN)

Classified Advertising
916 773-1111

Steve Estabrook's private music studio in Orangevale is now accepting students for

Piano: classical, rock, some jazz
Guitar: rock, folk, blues, classical
Voice: all styles

Steve has a BM and MM in music from CSU Sacramento and over 35 years teaching experience. \$30/half hour. References Available.

916-599-6156
Steve@steveestabrook.com
Steveestabrook.com

Landscaping

CREATE YOUR PARADISE
Winter Yard Cleanups, Complete Landscape Design/Installation, Sprinkler System Installs/Repairs, All Types Concrete Work, Fence Installation, Retaining Walls-All Types, Drainage Systems-all types, Landscape Lighting, Residential/commercial
American Landscape Design & Installation, Est 1987
American Construction & Property Maintenance Company
WE ACCEPT VISA & MASTER CARD
(916)612-0776
Lic#690968

LANDSCAPING

Fall Yard clean up. Mow, weed, prune, haul, rock, bark, and gutters. Light Fence Work
916 205-9310
916 688-9310

All American Will Kits
Do-It-Yourself Legal Will
Written by an attorney

Valid in all states
Order online at www.allamericanwillkits.com

Miscellaneous

NEW AUTHORS WANTED! Page Publishing will help you self-publish your own book. FREE author submission kit! Limited offer! Why wait? Call now: 1-855-667-0380 (Cal-SCAN)

UPDATE YOUR HOME with Beautiful New Blinds & Shades. FREE in-home estimates make it convenient to shop from home. Professional installation. Top quality - Made in the USA. Call for free consultation: 1-877-438-0330. Ask about our specials! (Cal-SCAN)

Portable Oxygen Concentrator May Be Covered by Medicare! Reclaim independence and mobility with the compact design and long-lasting battery of Inogen One. Free information kit! Call 844-327-2824. (Cal-SCAN)

Eliminate gutter cleaning forever! LeafFilter, the most advanced debris-blocking gutter protection. Schedule a FREE LeafFilter estimate today, 15% off Entire Purchase, 10% Senior & Military Discounts. Call 1-855-424-7581 (Cal-SCAN)

WE SUPPORT OUR MILITARY
Music Lessons

Guitar Lessons - Beginner to Advanced. \$15/half hour. \$25/hour. freddiebbalbert@gmail.com. 916-507-6658 (MPG 12-31-21)

Pets/Animals

DOG RESCUE
Gary
(916) 334-2841
Please Adopt or Foster
Because so many really great dogs are dying for a good home...
ShelterMOU@hotmail.com

Professional, Loving PET SITTING
*Established Reputation
*Kennel Free
*Lots of TLC
*Happy & Safe Environment
*Affordable Rate

Call Madeline
(916) 723-1608

Roofing

BERNARDINO ROOFING
Reroofs, Repairs, Maintenance, Dryrot, Gutters, Family Operated. BBB MEMBER!
FREE ESTIMATES
SENIOR DISCOUNTS
Lic.#817945 25 Years Experience
916.920.0100
www.bernardinoroofing.com

Services

LONG DISTANCE MOVING: Call today for a FREE QUOTE from America's Most Trusted Interstate Movers. Let us take the stress out of moving! Speak to a Relocation Specialist, call 844-857-1737 (Cal-SCAN)

HALL RENTALS

VFW Post 6158
8990 Kruthof Way, Fair Oaks, CA
916-966-1663
vfw6158.org/rent-our-hall/
Call or come by

Classified Advertising
916 773-1111

Tree Service

BP TREE SERVICES LLC.

TREE & STUMP REMOVAL
TREE TRIMMING/ SHAPING
FREE ESTIMATE
10% OFF WITH THIS AD
Insured. Workman's comp. Arborist
916-722-6321
BPTreeServices.com
VISA / MASTER CARD
California Contractors Lic #10360031

Tax Services

ARE YOU BEHIND \$10k OR MORE ON YOUR TAXES? Stop wage & bank levies, liens & audits, unfiled tax returns, payroll issues, & resolve tax debt FAST. Call 1-855-970-2032 (CalSCAN)

Work Wanted

Is it time to declutter and clean your garage and house? I can help! And I prune and weed and wash windows. References, College grad. Call Tim, 916-370-0858. (MPG 12-31-21)

Real Estate

RETIRED COUPLE \$1 Mil for business purpose Real Estate loans. Credit unimportant. V.I.P. Trust Deed Company www.viploan.com Call 1-818-248-0000. Broker-principal DRE 01041073. No consumer loans. (Cal-SCAN)

RETIRED COUPLE

Has \$\$\$\$ to lend on California Real Estate*
V.I.P. TRUST DEED COMPANY
OVER 40 YEARS OF FAST FUNDING
Principal (818) 248-0000 Broker
WWW.VIPLOAN.COM *Sufficient equity required - no consumer loans
CA Department of Real Estate License #01941073
Private Party loans generally bear higher interest rates, points & fees than commercial loans.

Classified Advertising
916-773-1111

Senior Living

Looking for assisted living, memory care, or independent living? A Place for Mom simplifies the process of finding senior living at no cost to your family. Call 1-844-741-0130 today. (Cal-SCAN)

HEALTH & WEALTH

JOIN FOR FREE - NO KITS OR QUOTAS & FREE WEBSITE. CTFO (*Changing The Future Outcome*) has the best CBD oil available. Products for health, beauty, weight or hair loss and even for your pets. Check out these products: canderson.mycfto.com

NOTICE TO READERS
California law requires that contractors taking jobs that total \$500 or more (labor and/or materials) be licensed by the Contractors State License Board. State law also requires that contractors include their license numbers on all advertising. Check your contractor's status at www.cslb.ca.gov or 800-321-CSLB (2752). Unlicensed persons taking jobs that total less than \$500 must state in their advertisements that they are not licensed by the Contractors State License Board.
DISCLAIMER
Be wary of out of area companies. Check with the local Better Business Bureau before you send any money for fees or services. Read and understand any contracts before you sign. Shop around for rates.

Painting / Roofing

PAINTER INTERIOR & EXTERIOR
\$30 Hourly or Fixed Price
Cell: 650-773-5221
Insured & Bonded
Guarantee Work
4-1-2022

PAINTING

BAES Painting Service
House & Apt Interior/Exterior
Flat Roof: Water Leak Repair
Gutter Cleaning
Cell: 279 333-6660
20 years of experience

Classified Advertising
916 773-1111

HELP WANTED

KP International MARKET
Many Positions are Available. Please no phone calls. Apply in person.
10971 Olson Dr.
Rancho Cordova, CA 95670

CALL
916 773-1111
TO ADVERTISE IN YOUR LOCAL HOMETOWN NEWSPAPER

Bob's BASEBALL Tours
Texas Tour April 16-19 Home games for the Houston Astros and Texas Rangers. Tour begins in Dallas/Fort Worth and ends in Houston.
West Coast Tour June 17-28 Home games for Arizona, San Diego, Los Angeles (Dodgers & Angels), San Francisco, Oakland and Seattle. Tour begins in Phoenix and ends in Seattle.
Field of Dreams Tour August 15-21 Home games for Chicago (Cubs/White Sox), Brewers and Twins. Also a visit to the Field of Dreams movie site. Tour begins/ends in Minnesota.
Tours include deluxe motor coach transportation, additional sightseeing opportunities and quality game tickets/hotels.
Call for a FREE brochure: 507.217.1326

CA COVID-19 RENT RELIEF
CALIFORNIA ALL
Get 100% of your rent paid.
Protect yourself from eviction.
Apply at HousingsKey.com or call 833-430-2122.
Sponsored by the state of California. You won't be asked about citizenship and your information will be kept private.

AIRLINE CAREERS START HERE
Get trained as FAA certified Aviation Technician. Financial aid for qualified students. Job placement assistance. Call Aviation Institute of Maintenance
877-205-4138

Messenger Publishing Group
Call to Advertise Here 916 773-1111

CALL A PRO BUSINESS DIRECTORY

SLS Superior Landscape Services
Landscaping and Maintenance

- Sprinkler Repair/Install • Pruning
- Mowing/Trimming • Fertilizing

Insured Lic#794551
(916) 728-5812 • Cell (916) 761-0999
Dave Cochran Owner • dave_SLS@surewest.net

MARTY MOEN
Fencing and Decks

Free Estimates

- Ornamental Iron
- Wood • Chain Link

(916) 796-1005 License # 852410

JOSE'S LANDSCAPE MAINTENANCE
Since 1985 • Bonded & Insured

- One-Time Clean Up and Maintenance
- Lawn Aerate and Dethatch
- Sprinkler Repair

(916) 991-6923
joseslandscapemaintenance@gmail.com

A-1 AFFORDABLE ROOFING

- New Roofs • Certifications • Roof Repairs
- Dry Rot Repairs • Roof Inspections • Gutters

John Fleenor, Contractor
1741 L Street, Rio Linda, CA 95673

Cell: (916) 206-1613
Contractor Lic. #681098

CLEAN & SOBER
LIVING
CSTL, Inc.

Helping People and the Community
with the Alcohol and Drug Problem!
Over 20 Years in Business!

Sober Living - 916.961.2691

TRACTOR SERVICE

- Mowing • Rototilling
- Discing • Scraper/Loader

Call
(916) 991-8431

GREENWAY TREE SERVICE
Specializing in Expert Tree Pruning,
Tree Removal & Stump Grinding

Free Estimates
Competative Prices
Licensed and Insured

(916) 224-9750

Rio Linda Eye Care

Laser Surgery • Eye Glasses • Contact Lenses
• Eyewear for Computer Users

Dr. William Fleischmann
(916) 991-8444

Saturday Appointments Available
6716 RIO LINDA BLVD., SUITE B, RIO LINDA

pet angel PAINTING

Jeannine Bringman
Look:
j9paintings.com/paintings/
j9paintings@yahoo.com
cell/text 310.850.9413

Portraits / Memorials

2.90% Guaranteed for 5 YEARS

Personal Choice Annuity
7 years 3.00%
10 years 3.10%

CALL TODAY 916 827-1966
R Nathan Johnson CA LICENSE OK40696

Single Premium deferred annuities are guaranteed for 5, 7 or 10 years. At the end of the 5, 7, or 10 year guaranteed interest period, the contract may be renewed for another guaranteed interest period. The renewed guaranteed interest rate will be the current interest rate offered at the time of renewal with a minimum rate guarantee of 1.00%. Credited rates effective 06/01/2021 and are subject to change without notice. Quoted rates do not reflect optional liquidity riders. If you choose to add any of the available liquidity riders the interest rate will be reduced accordingly. Early withdrawals may be subject to Surrender Charges and Market Value Adjustments. Surrender charges will not exceed what is outlined in the table below. The IRS may impose penalties for early withdrawals from qualified plans. Contracts issued by Sentinel Security Life Insurance Company. Not FDIC insured. Rates vary by state. *See 11/22/21 10/15/21 10/12/21 10/19/21 10/26/21 11/02/21 11/09/21 11/16/21 11/23/21 11/30/21 12/07/21 12/14/21 12/21/21 12/28/21

DUDEPRESSURE
DUDE. THAT IS CLEAN!

Pressure Washing Services
License Number SPB12021-00112

HOME SERVICES
DRIVEWAYS
PATIOS
SIDING
ROOF
AUTO SERVICES
CAR WASH
CARPET
SEATS
WAX
UV PROTECTANT

Robert Beard
916-825-0999
DUDEPRESSURE@GMAIL.COM
DUDEPRESSURE.SIMDIF.COM

Natalie Miller
Independent Beauty Consultant

MARY KAY

millernatalie29@yahoo.com
www.marykay.com/nmiller9625
916.621.0833

Contact me for a Complimentary Facial

Crossword Puzzle on Page 7

A	N	T	I	C		R	E	M		R	O	T	E			
C	A	I	R	O		I	R	A		H	E	A	R	T		
E	S	T	O	P		N	A	N		A	D	H	O	C		
S	H	I	N	I	N	G		G	E	T	O	U	T			
			S	E	E		N	O	T	E						
A	M	P		R	A	J	A		A	R	O	M	A	S		
L	A	U	D		R	A	M	P		S	M	A	R	T		
I	N	T	O		S	W	E	E	T		E	V	E	R		
E	N	T	E	R		S	T	O	A		N	I	N	E		
N	A	S	S	E	R		A	N	K	H		S	A	W		
					D	A	N	G		E	Y	E				
			P	S	Y	C	H	O		D	R	A	C	U	L	A
C	O	C	O	A		N	A	Y		D	O	N	O	R		
U	S	U	R	P		C	I	A		E	L	I	D	E		
T	Y	P	E			E	L	D		S	I	X	E	S		

Classified Advertising

Sell Your Stuff!
Reach 1000's of Readers Every Week!

MPG

916-773-1111

Sudoku Puzzle on Page 7

3	2	8	9	5	7	6	4	1
7	4	6	3	8	1	5	9	2
5	9	1	6	4	2	7	3	8
6	3	9	1	2	8	4	7	5
1	5	4	7	6	9	8	2	3
8	7	2	4	3	5	9	1	6
4	6	5	2	7	3	1	8	9
2	1	7	8	9	6	3	5	4
9	8	3	5	1	4	2	6	7

STATEPOINT CROSSWORD • SCARY MOVIES

CLUES

ACROSS
1. Shenanigan
6. "Losing My Religion" band
9. Kind of learning
13. Capital of Egypt
14. Nest egg acronym
15. Cupid's target
16. Bar, legally
17. Indian restaurant staple
18. Kind of committee, two words
19. *Hedge maze, dull boy, redrum, with The
21. *Pretend girlfriend, surgery, body parts
23. Monkey ____, monkey do
24. Post-it message
25. It makes a guitar louder
28. Royal Indian
30. Perfumes
35. Glorify
37. Freeway exit
39. Like today's cell phones?
40. Keen on
41. Like a confection
43. At any time
44. One of the large keys on the right
46. Greek portico
47. Common workday start
48. Former President of Egypt
50. Ancient eternal life symbol
52. *Bathtub, hacksaws, Jigsaw
53. Euphemism for "darn"
55. *Blind violinist, transplant surgery, sees ghosts, with The
57. *Hotel, mother, shower
60. *Count, bite, cross
64. Hot winter drink
65. Aye's opposite
67. Financial benefactor
68. Seize a throne
69. Headquartered in Langley
70. Exclude or omit
71. Done on a Smith Corona
72. Old age, archaic
73. 6666...

DOWN
1. Single pip cards
2. Crosby, Stills, ____ & Young
3. South American monkey
4. Actor Jeremy
5. Xerox machine
6. *Videotape, stone well, seven days, with The
7. Paleozoic one
8. Tropical smoothie flavor
9. Make over
10. Hawaiian island
11. Ragtime turkey dance
12. And so on, abbr.
15. Bias crime perpetrators
20. Closes in on
22. Pilot's announcement, acr.
24. ID badge, two words
25. *Sigourney Weaver, outer space
26. Old Testament miracle food
27. Hits while on the green
29. *Beachgoers, police chief, need for bigger boat
31. *Boy, shadows in photographs, three sixes, with The
32. "Transylvania" daughter
33. Entertainment complex
34. Scatter
36. "Nobody ____ It Better"
38. Low-ranking worker
42. One who accepts the offer
45. Porter's head gear
49. U Rah ____!
51. Seven daughters of Atlas
54. Present
56. Food-borne bacteria
57. One in a pocketful, according to Mother Goose
58. Fish a.k.a. porgy
59. Bygone era
60. Two of a kind
61. Type of operating system
62. Prospector's mother?
63. God of war, son of Zeus
64. Director's cry
66. Be ill

Crossword Puzzle Solutions on Page 7

1	2	3	4	5	6	7	8	9	10	11	12			
13					14			15						
16					17			18						
19					20			21	22					
23					24									
25	26	27			28			29		30	31	32	33	34
35			36			37			38			39		
40					41				42			43		
44					45				46			47		
48					49				50			51		52
53					54				55			56		
57	58	59						60				61	62	63
64								65	66			67		
68								69				70		
71								72				73		

BRING EVERYTHING YOU LOVE TOGETHER!

2-YEAR TV PRICE GUARANTEE \$64.99/mo. for 12 mos. American Top 120 Package 190 CHANNELS Including Local Channels!

CALL TODAY - For \$100 Gift Card Press Code 158130
1-888-416-7103 Offer ends 11/14/21

GRAND ALASKAN CRUISE & TOUR
12 days, departs May - Sep 2022

1-855-208-9533 promo code N7017

SUDOKU

3	8			7	6			
			3	8	1			
5	9			4	7			
				2	4	5		
8	2	3						
	5	7			8	9		
		8	9	6				
	3	5			2	7		

Solutions on Page 7

LEGAL ADS FOR SACRAMENTO COUNTY?

We Can Do That!

Call to place your legal advertising **916-773-1111**

All Legal Ads Published by Messenger Publishing **MPG**



Not-so-Happy Halloween

By David Dickstein, Gold River Resident

I used to love Halloween. But like so many things we've enjoyed or never gave a second thought about – air travel, walking on trails, getting gas, taking an offramp, going to an ATM at night ... or anywhere at night – bad people have left a bad taste in my mouth like a stale Milk Dud.

As a kid, I remember trick-or-treating while wearing a suffocating mask and holding a pillow sack or plastic jack-o-lantern in search of full-size candy bars or, if that wasn't happening, a Butterfinger of any proportion. Or a Nestle Crunch Bar or an Oh Henry Bar or a now-obsolete Milkshake Bar or pack of candy cigarettes or a \$100,000 Bar, which is what 100 Grand Bars were called back then. The only time I remember being sad was when I came home and most of my loot was soggy. The culprit wasn't a leaky Nik-L-Nip, those little wax bottles filled with fruity-tasting liquid, but a mom who thought scooping fun-size candy from a bubbling cauldron would be cool.

Halloween as a teen had me retiring from sugary scavenger hunts in favor of building and hosting the best haunted house in the neighborhood. My mom and dad allowing the county to use our home as a voting precinct provided me with unassembled cardboard ballot booths that, in my macabre mind, could be



Halloween candy fills a Gold River Rite-Aid aisle. Photo by David Dickstein

repurposed as panels of an awesome maze inside our garage. The game plan: Dangle fishing line from the rafters, make an 8-track mixtape with scary sounds and songs (like the instrumental opening to Elton John's "Funeral for a Friend"), put up spooky decorations collected over time and not with a single visit to a Spirit store that didn't exist yet, and with the help of friends who joined me as fiends for one night.

A few years shy of a half-

century later, this big kid would still be making the coolest haunted garage in Gold River if not for the indelible memory of jerks who took away my Halloween spirit. An unlucky 13 I was when the best spook house I ever made was destroyed by thugs like Tokyo on Godzilla's worst day. They knocked down the maze, took out the fake spider webs, and the scary decorations they didn't steal were thrown to the ground and broken. Of course they were

wearing masks, so identifying them was impossible. To this day I still think it was the feared Hutchinson brothers and their henchman Pat Ketchum. Bad eggs each and every one of them, but I should count myself fortunate that they didn't throw any.

Maybe if I see more kids moving into my Gold River village will I consider making Halloween great again. There's no point putting in all the effort and expense when zero children come to your

door on Oct. 31, and that's with the front porch light being on and full-size candy bars being given out with every "please" and "thank you." (One can dream.)

Perhaps your village doesn't resemble a ghost town like mine on Halloween. If not, I'll bet a bag of Kit Kat miniatures that it's not just the neighborhood kids trick-or-treating. Can't blame parents for wanting their children to be where ROI for traveling house to house on a candy quest is likely better and so is the safety of being in a higher-class neighborhood with nicer people who are more likely to be vaccinated – not to sound like a snob or anything.

So, what will Halloween 2021 look like later this month? Will anyone dare to go out? A better question considering our lovely governor is can anyone go out? I wouldn't be shocked if he interrupts "It's the Great Pumpkin, Charlie Brown" on Apple TV+ to announce a state mandate that trick-or-treating be limited to two homes and only if they are occupied by relatives who are fully vaccinated, wearing two masks, have had a negative antigen test within 48 hours, and can prove they haven't coughed even once in the past three months.

This might turn out to be the scariest Halloween ever.

David Dickstein is a Gold River resident, award-winning writer and principal at the PR firm Prose & Comms Inc. He can be reached at daviddickstein1@gmail.com. ★

We Beat Almost All Online Prices on Premium Brand Pet Foods.

Including Blue Buffalo, Chicken Soup, Earth Born, Diamond Naturals, Pinnacle, Taste of the Wild, & Royal Canin.



EVERYDAY LOW PRICES
Super Discount Prices • Hot Specials • Coupons
(Short term promotions from vendors. No Membership Fees.)



2344 Sunrise Blvd. 318 N Sunrise Blvd.
Rancho Cordova, CA Roseville, CA
916-635-5008 916-781-8500



COUPON
FREE
1 LB SPORT MIX PREMIUM DOG BISCUITS
with the purchase of pet, fish food or supply.
Limit 1 lb PLU 332 CHM
Limit 1 Coupon per family
Effective 10/6/21 - 10/12/21

COUPON
\$5.00 OFF
ANY PURCHASE OF \$15.00 OR MORE OF PET OR FISH SUPPLIES (Excluding Pet Food or Litter) Cannot be used in conjunction with similar dollar or percentage off coupons & advertised sale items.
Limit 1 PLU 351 CHM
Limit: 1 Coupon Per Family
Effective 10/6/21 - 10/12/21

Look for Advertised Sale Items Everyweek at www.petclubstores.com

NATURAL BALANCE DRY DOG FOOD
•Lamb Meal & Rice (Reg & Lrg Breed)
•Sweet Potato & Salmon •Sweet Potato & Venison •Sweet Potato & Bison
•Sweet Potato & Chicken 24-26 Lb Bag
Super Buy
Limit 2 Bags Per Family
\$5 OFF
Our Super Low Prices
Effective 10/6/21 - 10/12/21

AVODERM NATURAL DRY DOG FOOD
26-30 Lb Bag Limit 2 Bags Per Family
•Lamb Meal & Rice •Chicken Meal & Rice
•Lite •Senior •Large Breed
OUR DISCOUNT PRICES!
\$4 OFF
Effective 10/6/21 - 10/12/21

NUTRO WHOLESOME ESSENTIALS DRY DOG FOOD
Lamb Meal & Rice 30 Lb Bag
•Adult •Small Bites •Large Breed
Limit 2 Bags Per Family
\$38.99
Effective 10/6/21 - 10/12/21

FRISKIES TENDER & CRUNCHY COMBO DRY CAT FOOD
16 Lb Bag
Limit 2 Bags per Family
\$10.99
Effective 10/6/21 - 10/12/21

FRISKIES BUFFET CANNED CAT FOOD
5.5 Oz All Varieties
Limit 2 Cases Per Family
ON SALE Everyday
Effective 10/6/21 - 10/12/21

ARM & HAMMER SUPER SCOOP CLUMPING CAT LITTER
20 Lb Box •Unscented •Double Duty
•Clump n Seal •Slide 19 lb
•Absorbx 15 lb
Limit 2 Bags Per Family
ON SALE
Effective 10/6/21 - 10/12/21

PEDIGREE CANNED DOG FOOD
•Choice Cut in Gravy •Chipped Ground Dinner •Selected Varieties Limit 1 Case
13oz.....**99¢**
22oz.....**\$1.49**
Effective 10/6/21 - 10/12/21

SCOOPAWAY CLUMPING CAT LITTER
42 Lb Bag
•Multi-Cat Formula
Limit 2 Bags Per Family
\$12.99
Effective 10/6/21 - 10/12/21

NATURAL BALANCE CANNED CAT FOOD
(Platefulls 3 Oz **69¢**) (Indoor Salmon & Chicken **\$1.09**)
Selected Varieties 5.5 Oz Limit 1 Case
99¢

EARTH BORN HOLISTIC DRY DOG FOOD
Limit 2 Bags Per Family
•Primitive Feast •Great Plains Feast •Meadow Feast •Coastal Catch •Weight Control •Large Breed 28 Lb Bag (Reg Price \$43.99)
\$39.99

EARTH BORN HOLISTIC CANNED CAT FOOD
Limit 1 case Selected Varieties
•Catalina Catch •Harbor Harvest •Monterey Medley •Chicken Catcaciatori 3 Oz. 5.5 Oz.
89¢ \$1.25

CORE GRAIN FREE DRY DOG FOOD
22-24 Lb Bag
3 Free Core Dog Food 12.5 oz can with each purchase
Original **\$61.99**
•Ocean •Reduced Fat **\$64.99**

NATURALLY FRESH CAT LITTER 100% Natural Walnut-based
14 Lb Bag Limit 2 Bags **\$4.99** 10 Lb Pellets **\$8.99** Clumping **\$8.99** Multi-Cat Clumping **\$9.99**

PURELY FANCY FEAST CANNED CAT FOOD
2 oz. All Varieties Limit 1 Case
\$1.09

9 LIVES DRY CAT FOOD
12 Lb Bag
•Grilled Tuna & Egg
Limit 2 Bags Per Family
\$8.99

GRAVY TRAIN DRY DOG FOOD
35 Lb Bag Limit 2 Bags
\$15.99

WILDERNESS DRY CAT FOOD AS MARKED
•Chicken •Salmon •Duck •Indoor •Weight Control 100% Grain Free
11-12 Lb Bag Limit 2 Bags
\$10 OFF
OUR REGULAR LOW PRICES!

SCIENCE DIET FELINE MAINTENANCE DRY CAT FOOD
16 Lb Bag
Limit 2 Bags Per Family
•Adult •Mature •Lite •Indoor 15.5Lb •Sensitive Stomach 15.5 Lb •Urinary 15.5 Lb •Perfect Weight 15 Lb
\$35.99 \$41.99

FUSSIE CAT PREMIUM DRY CAT FOOD
Market Fresh Recipe
•Selected Varieties 2 Lb, 4 Lb, 10 Lb bag
As Marked **10% OFF**
OUR REGULAR LOW PRICES

BOXIE CAT CAT LITTER
Veterinarian Recommended Limit 2 Bags
16 Lb **\$2.00 OFF** 28 Lb **\$3.00 OFF**

ASPEN PETMATE PET BEDDING
20% OFF
OUR SUPER LOW PRICES

SMART BONES Healthy Alternative to Rawhide
Made with Real •Chicken •Sweet Potato •Peanut Butter
20% OFF
OUR SUPER LOW PRICES

OUR PETS PRODUCTS
•Toys •Treats •Catnip •Cat Scratchers All Varieties
20% OFF
OUR SUPER LOW PRICES

STAR-MARK PRODUCTS
•Treat Balls •Treats •Bento Ball •Dura Foam Disc & Ball •Chew Ball •Wheeler All Varieties
20% OFF
OUR SUPER LOW PRICES!

RELIANCE BIRD CAGES
All Varieties Stock On Hand
20% OFF
OUR SUPER LOW PRICES

BOXED GLASS TANK WITH STARTER KIT
10 Gal Tetra LED Deluxe... **\$59.99** 29 Gal Tetra LED Deluxe... **\$119.99**
20 Gal Tetra LED Deluxe... **\$99.99** 55 Gal Tetra LED Deluxe... **\$199.99**

AQUEON BOXED 10 GALLON TANK With Economy Kit
Just add Heater For Tropical Fish
\$44.99 Limit 1 Per Family

TETRA FISH FOOD SALE
Tetrafin Goldfish 7.06 oz. **\$9.49**
Tetrafin Staple 7.06 oz. **\$12.99**
Tetra Color 7.06 oz. **\$12.99**

REEF CRYSTALS
50 Gal. Salt Mix **\$18.99**

BONUS COUPON
GOURMET CANNED CAT FOOD
3 Oz - All Varieties Except Elegant Medley
Limit 1 Case Per Family
Limit One Coupon Per Family
Price Valid Only With Coupon
Effective 10/6/21 - 10/12/21
ON SALE Everyday CHM PLU 361

BONUS COUPON
FRISKIES PARTY MIX CAT TREATS
2.1 Oz •Selected Varieties
Limit 2 Pkgs With Coupon
Limit One Coupon Per Family
Price Valid Only With Coupon
Effective 10/6/21 - 10/12/21
\$1.25 CHM PLU 573

BONUS COUPON
JONNY CAT PREMIUM CAT LITTER
20 Lb Bag
Limit 1 Bag With Coupon
Limit One Coupon Per Family
Price Valid Only With Coupon
Effective 10/6/21 - 10/12/21
\$4.19 CHM PLU 362



RESTORATION SPINAL CARE CENTERS

WE LISTEN
WE CARE
WE GET RESULTS!

THE NATURAL WAY TO GOOD HEALTH

**Consultation, Exam,
X-Rays (if necessary),
and 1 Adjustment for**

\$45⁰⁰*

* Excludes Medicare and Worker's Compensation.

Dr. Thad Potocki DC
5150 Sunrise Blvd.
Suite F1
Fair Oaks, CA 95628
(Corner of Wildridge & Sunrise)
916-536-0400
www.drpotocki.com

Helping Business Succeed

Does your business need **free and confidential help** with:

- Hazardous material plans?
- Managing hazardous materials and wastes?
- Starting a new business (restaurant, food truck/cart, automotive, manufacturing, or other business type)?
- Compliance before or after a regulatory inspection?
- One-on-one onsite help at your business with local, state, federal regulatory compliance and permits?
- Compliance with new and existing regulatory and permit procedures?

Service area:
County of Sacramento
Including the cities of
Sacramento, Folsom,
Citrus Heights, Rancho
Cordova, Elk Grove, Galt.

The Business Environmental Resource Center (BERC) is a free and confidential non-regulatory consultation service designed to help start-up, new and existing businesses navigate and comply with environmental and regulatory permit requirements. BERC Consultants clearly help guide you through the process, which **saves you time and money!**

Regulatory and Permit Assistance : Hazardous materials and wastes (including electronic reporting), Health Permits for food businesses (food trucks/carts, restaurants, markets, gasoline stations, including homebased operations), Air quality, Building inspection, Business license, Economic Development, Planning/Zoning, Solid Waste & Recycling, Cal-OSHA, storm water and Waste Water.

What do businesses say about BERC help?

"I own a small auto repair business and can't afford to pay anyone to help me with Environmental Issues. BERC has helped me since 2009 and I greatly appreciate it!"-Automotive Owner.

"We consider BERC a critical member of our team. BERC demystifies the industrial permitting process in a confidential, business supportive manner. The BERC staff are experts on the overwhelming industrial permitting process, making permitting a business a simple process"-Senior Vice President, Corporate Community

BERC staff is available to help you with compliance assistance in a **free and confidential** manner.




berc

Helping Business Succeed

Contact us today for **free and confidential help**:

(916)874-2100 or BERCadmin@saccounty.net

Visit our website: www.sacberc.org



Gold River Messenger

Serving Gold River and Sacramento County

It is the intent of the *Gold River Messenger* to strive for an objective point of view in the reporting of news and events. It is understood that the opinions expressed on these pages are those of the authors and cartoonists and are not necessarily the opinions of the publisher or our contributors.

The *Gold River Messenger* is not responsible for unsolicited manuscripts or materials. The entire contents of the *Gold River Messenger* are copyrighted. Ownership of all advertising created and/or composed by the *Gold River Messenger* is with the publishing company and written permission to reproduce the same must be obtained from the publisher.



Gold River Messenger, 7144 Fair Oaks Blvd., Suite #5, Carmichael, CA 95608. The *Gold River Messenger* is published monthly. Call 916-773-1111 for more information.

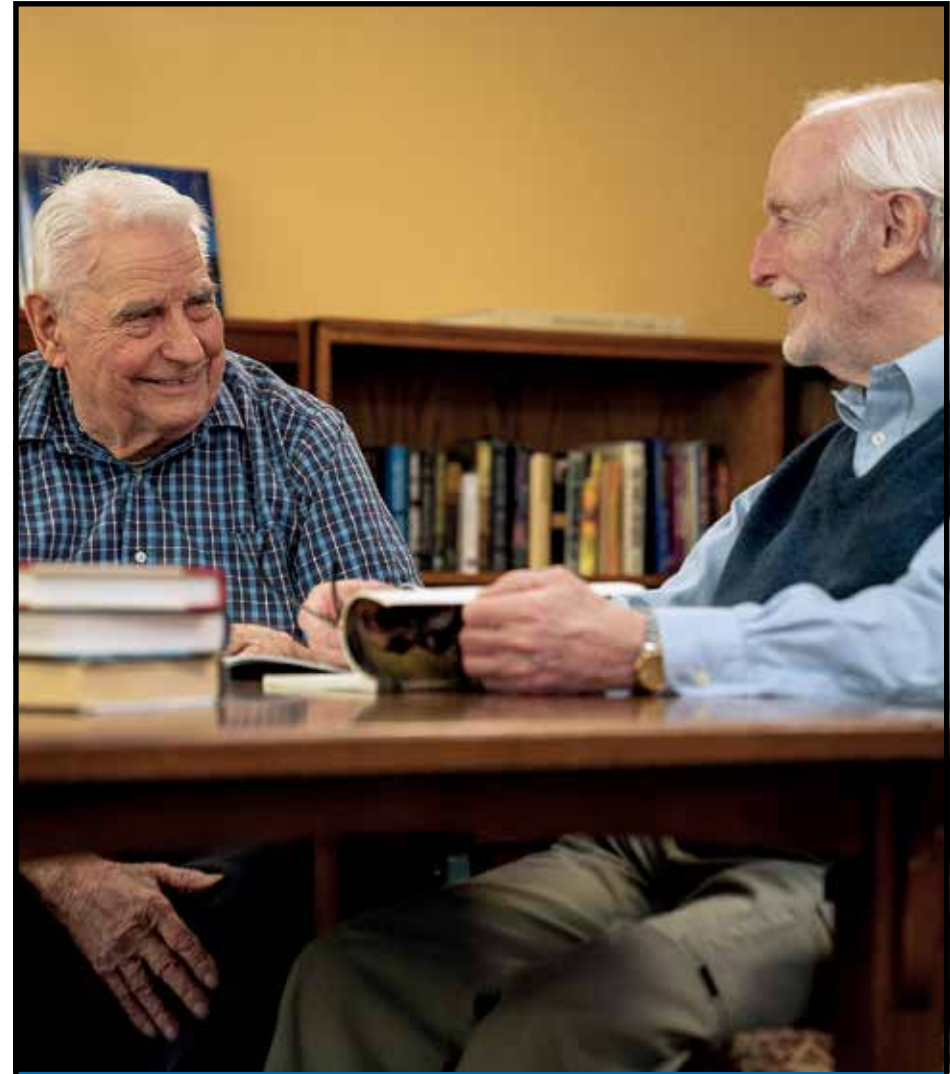
**Publisher,
Paul V. Scholl**

Gold River Messenger is a member of **Messenger Publishing Group**

To submit your articles, information, announcements or letters to the editor, please email a Microsoft Word file to: publisher@mpg8.com.
Be sure to place in the subject field "Attention to Publisher."
If you do not have email access, please call us at (916) 773-1111.

We are proud members of these newspaper associations.



Experience the Difference

at Eskaton Lodge Gold River

94% Overall Resident Satisfaction Score

Experience Eskaton Lodge Gold River, a vibrant senior living community located near shops, restaurants and medical services. With a wide range of services and amenities available, our dedicated staff will help you create a lifestyle tailored to your needs and preferences.

- Enhanced nurse support and diabetic management program
- Dayspring pre-memory care neighborhood for those experiencing dementia who are able to live semi-independently
- Access to SafelyYou, a fall-risk reduction technology integrated into our memory care neighborhood
- Eskaton Connect app to keep residents and families connected and informed
- Voice-capable smart home lighting and thermostats controlled by Alexa

Experience our community
and meet our care staff today!

916-900-1685 • eskaton.org/elgr



ESKATON®

Transforming the Aging Experience

Eskaton Lodge Gold River

Assisted Living, Pre-Memory Care and Memory Care

11390 Coloma Road • Gold River, CA 95670

License #347001241

Equal Housing Opportunity

