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 23 Fireworks Shows, Specialty Jerseys,
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Gold River Messenger

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VOLUME 6 • ISSUE 3

Serving Gold River and Sacramento County

MARCH, 2018

75 YEARS ON THE POOL DECK



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'Fool's Gold'
How Gold River Streets Got their Names



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Mary Ann Henrikson
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Ol' Republic Brewery Taps Home in Barrel District

Story and photo by Jacqueline Fox

RANCHO CORDOVA, CA (MPG) - Simon Olney and Jim Harte are pinching themselves. The two are co-founders of the award-winning Ol' Republic Brewery and forthcoming Roadhouse restaurant in Nevada City. They are preparing for a March opening of their second location in Rancho's fast-growing Barrel District, which the two brew masters had no idea existed prior to meeting with the city.

Ol' Republic is taking over the former location for American River Brewery, which closed last year on Trade Center Drive. They'll assume roughly 30,000 square feet of space that will serve as both home to the company's Sacramento self-distribution center and tap room serving 12 different brews, as well as parlor games, including foosball, shuffle board, pool and darts.

It took years to find the location, which, to their benefit, happened to be in what is arguably the most-beer friendly commercial center in the region at the moment.

"We can't believe our luck in finding this location because we didn't know the Barrel District was here," said Harte, a Citrus Heights native and former wine distributor. "We have been looking for a second location in Sacramento for almost six years to address the logistical nightmare of doing our deliveries from Nevada City. We got very lucky when we heard about this space opening up because not only is it a centralized hub point, it's also a turn-key space for our second home."

Ol' Republic's spring arrival will mark the opening of the seventh tap house to set up inside the Barrel District, a roughly two-mile commercial and warehouse corridor just south of Highway 50 between Trade Center Drive and White Rock Road. Burning Barrel Brewing Company is also

Continued on page 9



Simon Olney, left, and Jim Harte, co-founders of Ol' Republic Brewery and Tap House in Nevada City, are preparing for a spring opening of their second location in Rancho's Barrel District.

New Area Code Overlay Creating Big Headache



Beginning February 10, 2018, callers in our area must use 1 + 916 + 7-digit dialing procedure for all local calls.

SACRAMENTO REGION, CA (MPG) - In the 916 area code, the California Public Utilities Commission (CPUC) will add a new 279 area code for new phone lines starting March 10. However, before that new area code goes into effect, beginning February 10, 2018, callers in our area must use 1 + 916 + 7-digit dialing procedure for all local calls. Callers that do not use the new dialing procedure will find that their calls cannot be completed and a recording will instruct them to hang up and dial again.

The CPUC says dialing 1 + 916 + 7-digit telephone number does not change what a call costs and does not mean that a call is a toll or long distance call. Calling areas and rates will not change - what is a local call now will remain a local call. Calls to 911, as well as 211 and 311 will not be affected, and will continue to be dialed with 3 digits.

The area code overlay will primarily affect the greater Sacramento area, which includes parts of El Dorado, Solano, Sutter, Yolo, Placer, and Sacramento Counties. For more information, please visit the CPUC website. ★

Oversight Needed of Delta Tunnel, High Speed Rail



Commentary by Ken Cooley, California Assemblyman, 8th District

SACRAMENTO REGION, CA (MPG) - Tucked away in a book in my Capitol office is a letter addressed to Kenneth William Cooley whose return address is stated simply as The White

House. A 4 cent stamp on the envelope shows a Mercury space capsule floating above a luminous Earth with the words "US Man in Space." Its cancellation mark shows it was mailed on May 4th 1962 in Washington, D.C. I had written President John F. Kennedy at the age of seven, and received that response shortly after I turned eight.

As a child, I was inspired that President Kennedy

dreamed big dreams and was bold-minded as an innovator. As an adult, I now know the ensuing US space program reflects his willingness to ask "what might be?"

In my adult life, both as a founder of the City of Rancho Cordova, with 10 years on its City Council and two terms as Mayor, and now as a State Assemblyman, I find another John Kennedy quote relevant almost every day.

"Our responsibility," Kennedy said, "is one of decision, for to govern is to choose."

While I still agree that "to govern is to choose," my Ken Cooley corollary is that we must always know the available choices.

To strengthen public confidence in government, we in government need to make good choices that use tax dollars wisely. Public stewardship is more than well-managed programs, however. Programs themselves must tackle the right priorities. It is the State Legislature's job, as a co-equal branch of government, to conduct vigorous oversight and monitoring of state agencies so

multi-million and billion dollar state projects don't balloon out of control or get spent on the wrong goals.

Recent news makes me very pleased with my early opposition to two expensive projects which use dollars I believe would be put to better use to strengthen our schools, early childhood education and other critical social and physical infrastructure needs of our state.

These are the High Speed Rail (HSR/Bullet Train) project that I opposed when a key vote came up in 2013 to allocate one quarter of cap and trade dollars to it in a continuing appropriation and also the twin tunnels proposal. Concerning the tunnels, I believe they place at risk the waters of San Francisco Bay, which is the greatest estuary system on the west coast of North and South America. Teeming with millions of fish and all the waterfowl which use the Pacific Flyway depend on those waters, just as you and I, and our children and grandchildren do.

Diverting scarce public dollars to the bullet train and

Continued on page 5

*****ECRWSS*****

Local Postal Customer

Controlling the Chaos When Disaster Strikes

Verizon's Emergency Response Center Has Connectivity Covered

Story and photos by Jacqueline Fox

SACRAMENTO REGION, CA (MPG) - Likely, as you watched recent television or streaming images of emergency rescue operations following the devastating fires and subsequent mudslides in Southern California, for example, you gave little thought to how first-responders on the ground, in the air and elsewhere were keeping the lines of communication flowing as they scrambled into gear to save lives and prepare for recovery operations.

Behind the scenes, mobile carriers such as Verizon Wireless were doing some of the most critical work necessary in these types of situations: addressing cellular network failures, which are common in natural disasters. Depending on the situation, this can include anything from establishing mobile satellite systems to sending drones into those places humans can't go, including collapsed buildings, tunnels and unstable structures.

Recently, officials overseeing Verizon's Rocklin-based emergency services switch facility held a "Public Safety Day" event, offering some of its clients a tour of their Rocklin switch facility, once of several nationwide keeping an eye on their perspective, regional networking systems, as well as TV news coverage of any and all disasters or emergencies where first-responders are unable to get on the network.

Built in 2003, the facility's sister location is based in Sunnyvale. Roughly 30 people work at the Rocklin facility; however, there are more than 100 others centers set up across the country employing more than 46 teams comprised of roughly 160,000 people.

"We like to think of ourselves as 'pre-responders,'" said Paul Lynch, who manages Verizon's two Northern California facilities. "We monitor situations going on all over the country and we have crews on the ground from the get-go to provide onsite support for first responders to make sure they are connected and talking to one another."

The invite-only tours are offered monthly as a way to show emergency response teams from Cal Fire, police and sheriff's departments, the



Paul Lynch oversees the Rocklin-based Switch Center for Verizon's Emergency Response Team Unit, which provides onsite backup power and cellular communications networking centers during disasters and emergency situations for Northern California first responders.

Department of Fish Wildlife and others exactly how well-prepared and equipped the company is at providing them with on-demand connectivity during a natural or man-made disaster.

The team will mobilize portable networking call centers, mobile satellite stations and deployment of any one of the company's veritable barnyard of "cool tools," such as cells on wheels (COWs),

cells on light trucks (COLTS), HVACs on roadside equipment (HORSES), and generators on a trailer (GOATS).

The Rocklin switch facility tour included a walk through the engineer's command center or NOC (Network Operations Center), where 24-hour "surveillance" of its networking operations run across wall-to-wall monitors, scrutinized around the clock by a team

of six engineers, three on the day shift, three on at night.

"We don't highlight any of this," said Lynch. "We don't grandstand what's behind our network. But it is important for our customers working in the emergency fields to have confidence in who they partner with and to see up close exactly what we can do and how quickly we can do it."

Verizon's Crisis Response Teams, in Rocklin and nationwide, conduct regularly scheduled drills and emergency tests to ensure that they are ready to roll when they are needed, including shutting down the battery rooms and switching over to generators.

"We don't want to be the last to know that we've got failure," said Lynch.

Tim Kuka, who oversees the Rocklin facility's Network Equipment Center (NET) located right next door to the switch facility, gave a tour of the state of the art building. The tour offered visitors a sneak-peak at Verizon's local 4-G networking nerve center, a mind-blowingly pristine space known as the Data Hall or "cloud room." The building was constructed in 2014 and contains an impressively intricate layout of data backup units and an equally mind-numbing amount of cable.

"If you would take all the conduit in this building alone and stretch it out, it would go all the way to San Francisco," said Kuka.

First-responders to man-made emergencies also often require backup power and or connectivity support. Case in



The RAD (Radio Activated Drone) monitors security and provides 24-seven surveillance patrol during emergencies and natural disasters, one of the "cool tools" offered by Verizon's Rocklin-based Emergency Response Team.



One of Rocklin-based Verizon Emergency Response Team's "cool tools," a drone used to support first responders in natural disasters and other emergencies.

point: Verizon's switch teams worked closely with FBI officials during the mass shootings that occurred at a San Bernardino-based regional center in December of 2015, quickly mobilizing command centers, establishing private networking and satellite communications lines and serving to provide backup power and other services to all agencies aiding victims and overseeing the recovery efforts.

The switch facility and NEC tours culminated with a close-up demonstration of some of those cool tools, including Rocklin's own RAD (Robotic Assistance Device), a four-wheel robot that looks like a scooter with a camera tower perched on its front end.

"She can go into dull, dark, dirty and dangerous places," said Jim Larson a vendor with Robotic Assistance Devices, which partners with Verizon to provide the RAD. "She can be manually operated or put on automatic to handle perimeter security during a disaster or emergency, taking pictures the whole time while emergency personnel are doing their jobs."

Verizon's 46 emergency networking teams across the country also are prepared and ready to help set up networking stations with water, food and other supplies, as well as connectivity support relief efforts, specifically by the Red Cross. Its response teams also will provide first responders and others with handsets, dedicated mobile hotspot devices and private networks.

"Everything we provide is free, except in cases where we have to set up satellites," said Lynch. ★

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By County Supervisor Sue Frost

GOLD RIVER COMMUNITY UPDATE

A Working Approach to Homelessness

provide, the more homeless are attracted to the area, and the more we are making them dependent on government handouts.

This was especially evident to me during my most recent survey of Gold River residents, where over 65% of respondents told me that they think we need to have a mix of “compassion” and “tough love” when trying to decrease the explosion of homelessness. I believe helping connect people to a job allows them to regain their sense of self-worth, establish a level of trust with their local government so they can be connected to available services, and eventually become productive members of society again (and potentially even give back). This is a concept that everyone should be able to agree with.

Many of the people experiencing homelessness have simply lost hope and given up; they do not remember what it is like to work for a paycheck and they lack self-confidence. By getting paid for doing work, they can help to restore their sense of self-worth, and also begin to establish a level of trust with their local government so they can be connected to available services designed to help them get back on their feet.

To that end, earlier this year I began working with staff to create a program to connect homeless individuals with jobs and training. We do not have to reinvent the wheel, there are programs across the country that have seen great success that we can use as a model. I’m not predisposed to one model over another — as long as we create something that works for Sacramento County.

One program that has been utilized now in 15 cities is where a local non-profit is contracted to drive to areas frequented by panhandlers and offer them day labor, such as landscape beautification and garbage removal — or even homeless camp cleanup. This reminds them of the dignity and pride of what it is like to earn a paycheck, and has proven to be a catalyst for real change (in one city alone, this program has directly contributed to over 70 full time jobs and dramatically reduced panhandling). Another program in a nearby California city works with specific businesses to offer incentives to hire people experiencing homelessness.

As the plan is drafted, I will be inviting the Gold River community to give me feedback so the best possible plan can be put forward for possible funding. I want to hear from everyone, so that it isn’t just political leaders and staff who have a say in the process. If you want to stay up to date, please sign up for my e-newsletter by going to www.saccounty.net/suefrost and click on the link that says “E-Newsletters”.

Thank you for reading — and as always, if you want to contact me, call me at 916-874-5491 or e-mail me at SupervisorFrost@saccounty.net.

Sue Frost represents the 4th District, which includes all or part of the communities of Citrus Heights, Folsom, Orangevale, Antelope, Rio Linda, Elverta, Gold River, Rancho Murieta, North Highlands, Carmichael, Foothill Farms and Fair Oaks. ★

Through the generosity of the *Gold River Messenger*, this column serves to provide an update about matters affecting the unincorporated community of Gold River.

Helping those caught in homelessness is an act of compassion — part of our duty as human beings. But handing out free stuff doesn’t really solve the problem or provide a path out of homelessness — but a job might.

Homelessness is increasing in Sacramento County every year, and the community is demanding action to reverse this worrying trend. Last year, Sacramento County introduced four new homeless initiatives geared primarily towards increasing access to homeless shelters and free/affordable housing, which is in critically low supply compared to the enormous demand. But while these programs are important, I can’t help but feel that we are neglecting to adequately address the issue of helping them get a job, which is the biggest thing that can be done to ensure people experiencing homelessness break the cycle and become self-sufficient.

When I am in Gold River talking with my constituents, many people tell me we need to make more services available to people experiencing homeless. But an equally large number of people tell me that the more services we



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Crossword Puzzle on Page 5

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O	A	S	I	S		O	G	E	E		O	R	G	Y		
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Sudoku Puzzle on Page 5

3	1	7	8	6	5	9	4	2
2	6	9	4	1	3	8	5	7
5	8	4	9	7	2	1	3	6
7	4	5	6	8	1	3	2	9
6	3	2	7	5	9	4	8	1
8	9	1	3	2	4	7	6	5
9	7	6	5	3	8	2	1	4
4	2	3	1	9	6	5	7	8
1	5	8	2	4	7	6	9	3

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By David Dickstein, Gold River resident

Have you ever wondered how Gold River streets got their names? Gold Country Boulevard, Coloma Road and Gold Bar Drive need no explanation, but Dame Shirley Way? Surely Shirley was a dame, but why did she get her way in Hesperian Village?

While we're at it, how did Old Eureka Way wind up in Mother Lode Village and not Eureka? Or why Mother Lode Circle isn't in Mother Lode, but Marshall? And what's the deal with Prospect Hill Drive running through Gold Spike and Comstock villages instead of — duh — Prospect Village?

I need answers. You need answers. The world needs answers.

So, it's a lucky thing I had this dream the other night. I was at Applebee's, tossing back a very manly Cosmo at the bar when a grizzled old man sat down next to me. He ordered a Jim Beam, straight. By his unpleasant breath that smelled like cigarettes soaked in paint thinner, clearly it wasn't his first drink of the night. He introduced himself as Dusty Sourdough, great grandson of a Gold Rush prospector who struck it rich only to lose everything in a Ponzi scheme. That made for an interesting tale, but he really got my attention when he said he was the man who named Gold River's streets back in the 1980s. I didn't catch whether he worked for the Robert C. Powell Development Co. or another Gold River developer, but stories of the origins of our more interesting street names were riveting.

Here's what else I can recall from our dreamy conversation:

'Fool's Gold'

How Gold River Streets Got their Names

- Boom Pointer Way (Bret Harte) – A prospector named Rusty Sourdough came home drunk one night and instead of greeting his faithful English Pointer with a bone, he mistakenly put a lit stick of dynamite in the dog's mouth. Hence, Boom Pointer Way.
- Campton Circle (Prospect) – Named after Gold River's first anti-gangsta rap group S.W.A. (an abbreviation for Suburban Wit Attitudes), which was formed on this street. Known for their deep affection for Gold River security, one of their biggest hits was "Kiss tha Patrol." In 2015 the biopic "Straight Outta Campton" was released to much critical success.
- Forty Niner Circle (Argonaut) – Conventional wisdom suggests a nod to the gold seekers who flocked to California, or perhaps San Francisco's NFL team. Actually, the street was named by an alumnus of Cal State Long Beach, the 49ers.
- Carson Way (Carson Creek) – Interestingly, North Carson Way honors American frontiersman Kit Carson, and South Carson Way is named after late TV talk show host Johnny Carson.
- Buckeye Hill Court (Miners') – Street name commemorates when The Ohio State Buckeye Marching Band rested their tired feet here en route to the Rose Bowl. Why they went through these parts from Columbus to Pasadena remains a mystery.
- Poker Flat (Bret Harte) – This one is a bit controversial, Dusty told me. While some think the street is named after "The Outcasts of Poker Flat," a short story by renowned American West author Bret Harte, first published in 1869 in Overland Monthly, the origin was inspired by a local gambler who became flat broke playing poker.
- Dame Shirley Way (Hesperian) – Named after the pseudonym used by Louise Amelia Knapp Smith Clapp (1819-1906), who wrote a series of letters to her sister in Massachusetts. Published in the Pioneer, a California literary magazine, the letters described life at a California gold mining camp and allegedly provided material for Bret Harte's stories. Dusty really knew his literature and California history!
- Country Rock Way (Marshall) – While the homes on this street were being built, workers could only listen to music from The Eagles, Lynyrd Skynyrd, Creedence Clearwater Revival and Allman Brothers Band.
- Melones Way (Pioneer) – Melones, now a ghost town in Calaveras County, was one of the most productive mining towns in the state. But that's not how the street got its name, according to my new BFF. Dusty told me, "Melones is Spanish for melons, and I do like my honeydew!"
- Roaring Camp Drive (Bret Harte) – A wagon train in the late-1870s settled down for the night in these parts when, all of a sudden, a pride of hungry mountain lions attacked and ate everyone. "Man, was that camp roaring!" Dusty laughed. "Too soon," I said.

When the Applebee's bartender gave last call, that was my cue to ask Dusty the one question on everyone's mind: Why aren't Old Eureka Way, Prospect Hill Drive and Mother Lode Circle in the villages that bear these names? "It was a joke, but the map maker took us seriously. 'Oh well,' Dusty said as he took his last swig of whiskey, paid his tab and headed out the door, never to be seen again..

David Dickstein is a Gold River resident. He can be reached at daviddickstein1@gmail.com. ★

Oversight Needed of Delta Tunnel, High Speed Rail

Continued from page 1

the twin delta tunnels is a bad choice.

When passed by the voters in 2008 before the severity of the most recent recession became plain, the entire High Speed Rail project was promised to cost \$40 billion. By 2016 it had climbed to \$64 billion and now the latest cost estimate for the first segment has jumped nearly 80%, up to \$10.6 billion. "The worst-case scenario," a financial consultant recently said "has happened."

In addition, because the project has yet to tackle reaching the more populous Bay Area and Los Angeles, the financial estimates will likely worsen.

Given our state's challenges, I will continue my opposition to giving a big new blank check to the consistently over-budget bullet train. That would be putting good money after bad and will actually prevent the state's ability to address other key needs. Like my original 2013 "NO vote" on the HSR continuing appropriation, I will not support major new funding now.

The second state initiative fraught with problems and in swift need of additional oversight is the "Water Fix" project, which includes the construction of twin tunnels (40 feet in diameter and 35 miles long) underneath the Sacramento-San Joaquin River Delta and estuary.

Much of California's water supply passes

through the Delta's "gateway" into the waters of San Francisco Bay. Decades of pumping water from this critical estuary to southern California has significantly contributed to its declining ecosystem, placing many species at risk of extinction. Many environmentalists say the tunnels would bring even more harm.

Environmental issues aside, the project is on shaky ground economically. The estimated \$17 billion project was slated to be funded by water agencies that would benefit from Delta sourced water supplies. However, not a single member of the federal water management Central Valley Project has agreed to support or contribute to WaterFix. Further, a 2017 federal audit said \$50 million in taxpayer funds were used improperly to subsidize the San Joaquin Irrigation District for their part in helping plan WaterFix.

The administration reportedly is considering scaling the twin tunnels down to a single tunnel, a dramatic change that will require more dollars for redesign and environmental studies and I continue to oppose spending that money at this time.

It is still very much true, as John F. Kennedy stated, that to govern is to choose, and I believe we need to focus on choices that will bring better benefits to all California children, communities, and our future. ★

STATEPOINT CROSSWORD • THE OSCARS

CLUES

- ACROSS**
- Can't stomach
 - Styling goo
 - Hightailed it
 - Ten million, in India
 - "_____ takers?"
 - Like a girl
 - Spanish small plates
 - School of thought suffix
 - Pay hike
 - *Oscar nominated meet-the-parents thriller
 - *He played Getty
 - Right-angle building extension
 - Splints site
 - Mammoth site, e.g.
 - Write on a tombstone
 - Self-centeredness
 - Land measure
 - Crucifix
 - "Sesame Street" regular
 - *In 1992 De Niro was nominated for "Cape _____"
 - *Best category
 - Tiresias in "Oedipus Rex"
 - Desert mirage
 - S-shaped molding
 - Dionysus' party
 - "_____ the unexpected"
 - Celestial bear
 - Rolodex abbr.
 - Purple precipitation
 - Before, old English
 - *Evacuation location
 - *Olympic hopeful's story
 - Deprive of weapons
 - *Sarandon was nominated for "Lorenzo's _____" in 1993
 - Unfit
 - Like anchor weigh
 - Zilch
 - *Cathy Bates' or Louise Fletcher's role
 - Google _____
 - Bro's sibling
 - Had supper
- DOWN**
- *Do this and hope for an Oscar?
 - Toot one's horn
 - *18-time Oscar host
 - Speak from a podium
 - Fix a shoe
 - Manner of walk
 - Ensign, for short
 - Bodily fluid
 - Thailand, once
 - "_____ and proper"
 - Additional
 - Indigo user
 - Nirvana genre
 - Extremist
 - Bald-faced _____
 - "I call passenger seat!"
 - **"The Florida Project" nominee
 - Mountaineer's tool
 - Comprehend
 - *Best Animated Feature and Best Original Song nominee
 - Guestimate phrase
 - Apathetic
 - Lay _____ to a castle
 - *21-time nominee
 - Albany-Buffalo canal
 - Opposite of talker?
 - Button on electrical outlet
 - Economize
 - Feather glue
 - Ray Charles' "Mess _____"
 - Paintings in an Orthodox church
 - Boredom
 - Two of the same
 - "Do _____ others..."
 - Narcotics agent
 - "Me and Bobby McGee" singer-songwriter
 - Ailments
 - Spinner's product
 - Altar location
 - *J. Paul Getty's grandson
 - Ideas worth spreading, acr.

CROSSWORD												
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72						73			74			

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	6	9			3			7	
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	3		7		9			8	
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4			1				5	7	
1								9	3

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Stingrays' Coaches: 75 Years On The Pool Deck



The Stingrays' coaching staff will be holding a Parents Info Meeting at the club on March 20 at 6:30 pm. Photo courtesy Gold River Stingrays

By Jan Float

GOLD RIVER, CA (MPG) - One-and-one-half centuries ago, Sacramento staked its claim to a rich and powerful history. Gold Rush 49ers, having discovered valuable treasures, foretold the story of our swimming territory, likewise steeped in a rich and powerful history. Sacramento is world-renowned for its success in mining for "medals," and the Stingrays' coaching staff is regionally renowned for polishing its natural nuggets.

With an aggregate of three-quarters of a century in coaching experience, these Gold River pioneers whittle their own cutting-edge training approaches, each one designed for a mother lode of fun and black-and-gold-fevered competition. Championing the Stingrays' "We Believe!" credo are Mia Leisten, Christie d'Eon, Jeff Float, Stephanie Turnbull, Katie Bortoletto and Rachel Lippetti.

Digging into their Up Close & Personal deposits, in order of seniority, Jeff earned membership on two US Olympic Teams. Four years after Moscow's '80 boycott, in LA he struck gold in the 4x200m free relay. Stephanie gleamed as a childhood swimmer, jumped into water polo and,

following UCD graduation, crystallized as a coach. The proud mom of two-year-old twin boys, Stephanie looks forward to priceless Mini-Rays and Stingrays days.

Katie, along with her two resourceful and proficient sons, pitched their family's tent in the Stingrays' camp long ago. As a bright-and-shiny young superstar, Katie competed throughout college, grabbed her coach's sterling silver stopwatch and has never let go. Adding to the decades of fortune, Christie swam and coached for other teams before settling onto the banks of Gold River. Today, with her one-year-old-to-be teammate, Christie circumnavigates the waterfront and homestead. Tipping the scales, precious gems Mia and Rachel, both gifted athletes and mentors, sprinkle undiluted gold-flakes around the pool deck ... indoctrinating swimmers with an "I Believe I Can!" outlook.

For a 24-carat coaching comparison, there are five teams within the Stingrays' capstone Comstock Division, the largest weighted with 350 swimmers and 15 coaches. Gold River flows with one-third the swimmers and one-half the coaches - yet last year extracted first place. While in the Gold Rush Division, cheerful Stingrays

built the same pyramid for five consecutive years. Veteran staffers, immersed in lifelong passion and inspired by protégés' progress, are likely to remain on the pool deck for another quarter-century. "We Believe!" that Gold River has a coaching staff made of heavy-metal, rock-solid pure gold.

Time for March Clinics -- each week focused on each stroke. As athletes mature, they pan for individual minerals and advance as team assets. These exuberant 15-18s, celebrating Midas touches in a medley relay, are emulating their personal virtues. Because they persistently hit Gold River practices, they consistently hit pay-dirt. Catherine Hensley-freestyle, Mia Leisten-butterfly, Laura Blevins-breaststroke, and Rachel Isaacs-backstroke. The Stingrays know how to work hard, play hard and bag the dividends.

Prospecting for registration? The team's website is equipped with teeming tool-kits. Though its coaches and board are always willing to share the wealth, on March 20 at 6:30 pm they've planned a Parents Info Meeting at the club. Don't miss out on this impending Gold River -- Gold Rush Boom! ★



For more information on the Stingrays please visit www.goldriverstingrays.org or visit their Facebook page. Photo courtesy Gold River Stingrays



Make It Fun and It Will Get Done!

The Secret to Being Organized

Pam Young's Corner

The Great Get-Away

Do you every hear yourself say, "We need to get away!?" Ahh, The Great Get Away! Have you ever thought that much of your desire to get away is to get away from your stuff? At the resort it's easier to forget about the garage that's filled leaving the car to live in the drive-way. When you're eating out on vacation it's easier to forget about the outdated food in your pantry and the cupboards filled with stuff you don't cook with or eat on. When you go to bed in a hotel room you're relaxed and can forget about your closets filled with old linens, tired towels, clothes you can't fit into and sentimental stuff that's boxed up waiting for you to be sentimental over it. Crammed closets create clutter and clutter creates stress. Stress makes you want to get away! So if you could eliminate clutter, you wouldn't have to get away!

The older we get the more stuff we accumulate and if we don't release our accumulations on a regular basis we can end up dragging our stuff with us year-after-year, decade-after-decade down the road of life. How far down the road do you plan to drag your stuff? After a while, the stuff really becomes a drag until we croak and then we leave our draggings for our kids to drag around!

When I figured out how to be

organized it was 1977. My sister and I put our heads together and came up with a plan that started with cleaning out our closets, cupboards and drawers first before we set up a weekly plan and 3x5 card file system. We called the Chapter in "Sidetracked Home Executives: from pigpen to paradise" (the book we wrote about how to get organized) "All Dressed up with a Dirty Neck." We got the idea from our mom who taught us that you should get the underneath clean before you dress up the outside of yourself. We carried that thought to our get organized project.

We found out that when our closets, cupboards and drawers were organized and provided a place for everything so everything could be in its place, our homes stopped being cluttered, we stopped spending hours looking for misplaced things, trying to soothe angry family members looking for their stuff and our stress levels plummeted. Cleaning out those holding places was the surprise key to having our homes feel like a resort.

What if you decided to make 2018 your year to stop dragging your stuff around? What if you turned your home into the great get away, or at least the feeling of a great get away? If you

want to make 2018 more like a vacation, then decide on a room you want to transform and gut all of its storage places. Only put back what you love and use frequently.

If you need help knowing what to do with all the other stuff, get the Sidetracked Sister's Dejunking video and learn how simple it is. When you order the video you'll also get the card file system on a CD (which I beg you not to use until you watch the video and get the one room you picked streamlined).

In January as I put all our Christmas decorations away, I ended up putting a quarter of the festive stuff into the Goodwill Box because it no longer makes me happy. Just that gesture put me in the mood to get rid of more and I spent an hour boxing up a whole trunk load of clutter that doesn't make me happy. Incidentally, the reason an can become like a stick of gum that has lost its juice, is because we change and we're not the same as we were a year ago.

For more from Pam Young go to www.cluborganized.com. You'll find many musings, videos of Pam in the kitchen preparing delicious meals, videos on how to get organized, lose weight and get your finances in order, all from a reformed SLOB's point of view. ★



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Meet Stinkey and Sprout, Guard Dogs



By Kay Burton



Meet Stinky and Sprout. Photo courtesy Kay Burton

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Cindy Gessford, owner of

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Kay Burton is a longtime columnist and supporter of the SSPCA and other Rescue groups. To share your family pet story with our readers, email: Kayburton@comcast. ★

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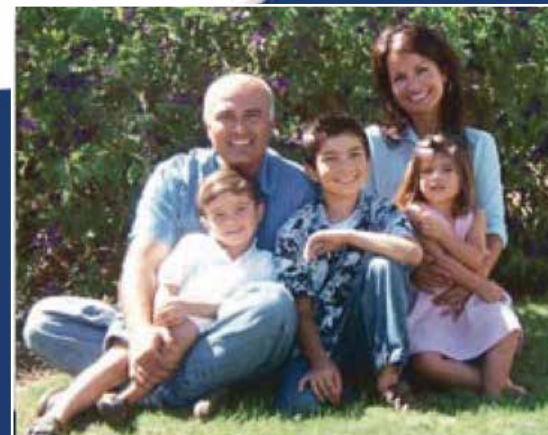
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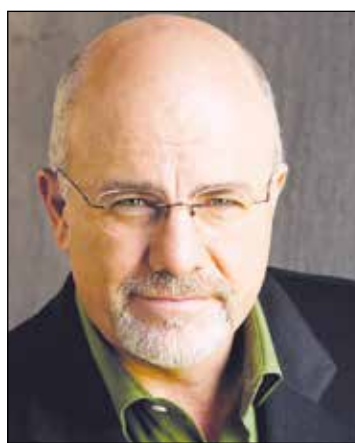
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Dave Says

Your retirement, your money

Dear Dave,
I've been following your plan, and I'm ready to start investing. Do employer contributions count toward the 15 percent you recommend putting into retirement?
- Brenda

Dear Brenda,
Investing 15 percent of your income in retirement accounts is Baby Step 4 of my plan. That means you've already paid off all your debt, except for your home, and you've increased your \$1,000 beginner's emergency fund to a fully-funded emergency fund of three to six months of expenses. Way to go!

I want you to control your destiny, so employer contributions do not count toward the 15 percent I recommend setting aside for retirement. The first thing you should put money into is a matching retirement

account. If you've got access to a 401(k) — and your employer offers a match — you should do that up to the match before anything else.

It's nice if your company will match up to a certain point, but chances are that will still mean you've got some work to do. To make up the remainder, you could look at a Roth IRA. Then if the Roth, plus what you invested previously to get the match doesn't equal 15 percent, you could see about a 403(b) or go back to your 401(k) to complete the 15 percent.

You're doing great, Brenda. Keep up the good work!
—Dave

Precisely detailed

Dear Dave,
My mother wants everything, except for her home, left to my brother and I when she dies. She would like her long-time boyfriend to have her house. We don't have a problem with this, but it has not been written into her will. Her mind is still sound, so does she need to officially update the will?
- Dawn

Dear Dawn,
Yes, the will needs to be

changed to reflect her wishes where the house is concerned. Since she's still able to make decisions independently, the will should be legally updated to reflect exactly what she wants to have happen with every piece of her estate.

It's fine if she wants to give her boyfriend the house. It's your mom's will, and her estate, so she can do pretty much whatever she wants. She could also leave what's called a life estate that says her boyfriend gets use of the home while he's alive. Technically, in this kind of situation the house would be left to you, but he would legally have use of it during his life. Upon his death, the home could then revert to you or your brother.
—Dave

Dave Ramsey is CEO of Ramsey Solutions. He has authored seven best-selling books, including The Total Money Makeover. The Dave Ramsey Show is heard by more than 13 million listeners each week on 585 radio stations and multiple digital platforms. Follow Dave on the web at daveramsey.com and on Twitter at @DaveRamsey. ★

What the Legalization of Marijuana Means for You

As of January 1, 2018 the recreational use, sale and cultivation of marijuana is legal in California. Prior to the passing of Prop 64, marijuana was only legal to those who obtained a medical marijuana license approved by a licensed medical professional. Although California has legalized pot, counties and cities have the ability to opt out. We've provided some help information below for your convenience.

5 Things YOU Need to Know About Prop 64

1. You must be 21 or over to purchase marijuana.
2. You cannot smoke marijuana within 1,000 feet of a school, day care center or youth center while children are present.
3. CA prohibits the sale of *non-medical* marijuana users under age 21. Although *medical* marijuana can still be used by people under
4. A state license issued by the Bureau of Marijuana Control is required to sell and grow in which strict rules and regulations will have to be abided by.
5. Selling pot without a license can result in a misdemeanor charge and up to 6 months in jail and a \$500 fine.

For more info on Prop 64 visit:
cannabis.ca.gov



The City of Sacramento

There **are** medical dispensaries open in your town
You **can** start a recreational pot garden outdoors.
There **are** recreational stores in the city .

Sacramento County

There are **no** medical dispensaries open in your town
You **cannot** start a recreational pot garden outdoors.
There **are no** recreational stores in town.

To view cannabis laws in your community visit: <http://projects.sfchronicle.com/2017/embed-pot-lookup/>

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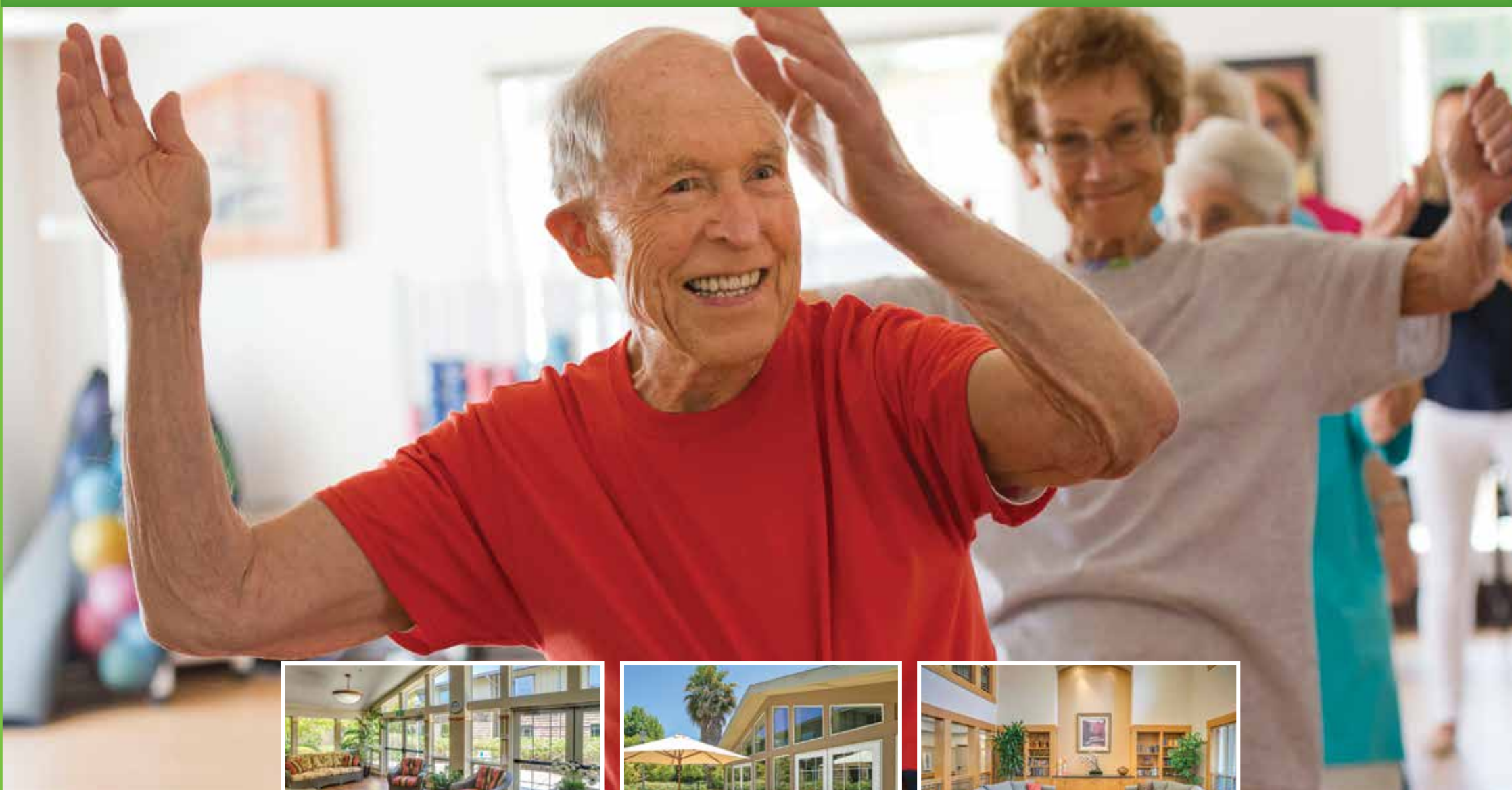
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River Cats Release Promotion Schedule for 2018 Season

23 Fireworks Shows, Specialty Jerseys, And Two Star Wars® Nights Headline New Promo Calendar

By Daniel Emmons



WEST SACRAMENTO, CA (MPG) - The Sacramento River Cats are thrilled to announce the promotions schedule for the 2018 season, with the team's home opener on Tuesday, April 10. The 2018 promotions schedule is loaded with premium giveaways, guest appearances, new theme nights, specialty jerseys, and much more.

Over the course of the team's 70-game home schedule, the River Cats will host 23 fireworks shows – one for each Orange Friday and Sutter Health Saturday, plus another for the Independence Eve celebration. In addition, fans can look forward to three exciting giveaways, including a Madison Bumgarner Jersey T-Shirt (April 13), a River Cats jungle camo hat (May 25), and a Willie Mays bobblehead (July 27), plus appearances by two San Francisco Giants alumni.

The River Cats will wear six unique specialty jerseys this season. Farm to Fork Night presented by Raley's (June 9) will feature a brand new jersey and theme which will continue to serve as a nod to the region's agricultural and culinary prominence. Other specialty jerseys include a Mother's Day

pink jersey (May 13), a custom camouflage jersey for Salute to Armed Forces (May 26), a patriotic jersey for Independence Eve (July 3), and a "Cap City" jersey (August 25). STAR WARS® Night returns (July 14) with the final special themed jersey, but new for 2018 is a second STAR WARS® Night, which will take place Friday, August 24.

Brand new for the 2018 season will be the addition of Wet Nose Wednesdays to the Weekly Promotions Schedule. The River Cats will continue the success of the annual Bark in the Ballpark presented by Lagunitas, which will take place Sunday, April 15, and fans will now be able to bring their dogs to the ballpark for all Wednesday home games.

Orange Fridays return for the 2018 season. Fans are encouraged to break out their River Cats – or San Francisco Giants – orange and attend a pregame party featuring live music and drink specials before the team takes the field in orange Sactown jerseys. Orange

Fridays will continue to feature postgame fireworks shows. Also returning are Cache Creek Baseball Bingo on Mondays, Toyota Family Value Tuesdays, Thirsty Thursdays, and K-LOVE Sunday Funday.

Additional highlights include a Salute to First Responders (April 28) featuring a specialty hat auction, Superhero Night (May 12), Green Awareness Night presented by Commerce Printing (May 24), Equality Night presented by Lasher's Elk Grove Subaru (June 29), Princess & Pirate Night (July 28), and Fan Appreciation Night (August 30) among many others.

Single-game tickets go on sale during the River Cats annual Preseason Party on Sunday, March 4 at noon at the Round Table Pizza Ticket Office at Raley Field.

More details on all of the upcoming season's promotions can be found online at rivercats.com/promotions. Promotions and dates are always subject to change.

River Cats Season Tickets, Mini-Plans, and Flex Plans can be purchased for the upcoming 2018 season by calling the River Cats Ticket Hotline at (916) 371-HITS (4487). For more information about the River Cats, visit www.rivercats.com. ★

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Inside The Historic Nimbus Winery Check us out!!

Ol' Republic Brewery Taps Home in Barrel District

Continued from page 1

preparing for a spring launch on Sun Center Drive.

Since its opening in 2011, Ol' Republic, says Harte, has seen robust growth, doubling its 2016 production of roughly 3,300 barrels in 2017 and servicing an equally fast-growing client base that includes Corti Brothers and Total Wine, as well as a new partnership with Raley's Grocery.

The Barrel District will soon serve as home to the first two distilleries to open since prohibition, according to the city. Gold River Distillery is already up-and-running nearby on Sunrise Gold Circle. The forthcoming J.J. Pfister Distilling Company will open on Business Park Drive in March. Wine-lovers can rejoice in the news of the march opening sometime this spring of Strad Meadery on Mercantile Drive, which will offer honey-fermented wines.

Currently, the city is putting together plans to roll out district banners to demarcate the various operators' and their locations. And, this summer, the city also plans to hold what constitutes as the Barrel

District's inaugural open house, officially rolling out the red carpet for what is fast-becoming Rancho's home-brewed elixir for post-work commuters and locals alike.

"We recognize the craft beer industry as being one of the fastest-growing sectors and want to do whatever we can to accommodate the industry," said Amanda Norton, economic development manager. "We will be working with members to help define the area and this summer we'll have our first official inaugural event for the district."

Ol' Republic is known for its darker lagers and British Ales (Simon ales from Salisbury, England). Those include the "Dead Canary," a Dortmund Export Lager, a "hoppy" black winter Ale called "Midnight Train," "Cosmic Fly By," a New England IPA, and "Chocolypito," described as "an imperial chocolate oatmeal stout."

Ol' Republic's Rancho location will have 12 taps to start, and also will offer beers to go in 12 ounce cans and Growlers. ★

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www.EastLawn.com

Gold River Messenger

Serving Gold River and Sacramento County

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\$1.09

GRM PLU 573

JONNY CAT PREMIUM CAT LITTER

20 Lb Bag Limit 1 Bag With Coupon Limit One Coupon Per Family Price Valid Only With Coupon Effective 2/28/18 - 3/6/18

\$3.29

GRM PLU 362