



Nicholas' Garden.

Local Second Grader Designs His Own App And Launches it on Apple App Store And Google Play

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PLUS: The "Gold River Hello" may be the the equivalent of "liking" a Facebook friend's status.

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Gold River Messenger

"Written by the people, for the people"

Volume 1 • Issue 2

Serving Gold River and Sacramento County

June 2013

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"Farmer in the Dell"



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Summer Season



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Women's Pro Tennis Arrives

GOLD RIVER, CA - (MPG) Some of the world's most promising women tennis players will descend on the Gold River Racquet Club to battle for \$50,000 in prize money and valuable ranking points at the FSP Gold River Women's Challenger/USTA tournament June 29 - July 6.

The tournament, part of the USTA Pro Circuit, is the only \$50,000 event scheduled for California in 2013, and is expected to attract players ranked between 100 and 800 in the world.

USTA Pro Circuit tournaments are a series of entry-level professional tournaments offering prize money from \$10,000 to \$100,000. Challenger-level events are stepping stones to WTA Tour events and Grand Slam tournaments like Wimbledon and the U.S. Open. Each year, more than half the players in the U.S. Open Women's draw have either played or are currently playing on the USTA Pro Circuit. Last year's winners were women with local roots. Singles champion Maria Sanchez hails from Modesto and doubles champion, Yasmin Schnack is from Elk Grove and starred at UCLA.

Sacramento-based FSP (Freight Solutions Provider) has signed on as the tournament headline sponsor. Founded by Lielanie Steers in 1989, FSP is the nation's largest female minority-owned freight forwarder in the United States. An award-winning company that embraces the diverse talents, backgrounds, cultures, and lifestyles of its employees, FSP is consistently recognized as one of the top employers in the Sacramento Metropolitan Area.

All proceeds from the tournament will be donated to the Sacramento Regional Tennis Foundation, which promotes the sport of tennis among youth in the Sacramento region. Programs are held after school and during school hours. The Foundation provides all of the necessary equipment and leadership.

The FSP Gold River USTA \$50,000 Women's Challenger features a singles main draw of 32 players and a doubles main draw of 16 teams. Main draw play begins Monday, July 1, and concludes with the final matches on Saturday, July 6. The qualifying tournament begins Saturday, June 29.

Matches will be scheduled throughout the day and evening during the tournament. General admission for spectators is free during qualifying rounds. Admission is \$10 per person for Tuesday - Thursday matches in the main draw and \$20.00 for Friday - Sunday matches. Tickets will go on sale April 1.



Freight Solution Providers to sponsor \$50,000 USTA event at Gold River Racquet Club June 29 - July 6, brings some of the world's most promising women tennis players to the Gold River Racquet Club.

Gold River Racquet Club is located at 2201 Gold Rush Drive, Gold River.

For more information about the FSP Gold River USTA \$50,000 Women's Challenger Tennis Tournament, go to the website at www.goldriverchallenger.com or contact Mike Burchett at 916-638-7001 or michaelb@sparetimeinc.com.

Gold River Racquet Club is one of ten premier Spare Time Clubs, located in the Sacramento Metropolitan Area, Lodi and Oakley. Founded in 1973 by Bill Campbell and his wife, Margie, Spare Time Clubs specializes in providing state-of-the-art fitness programs, tennis instruction, sports facilities and individualized

service for every member of the family.

Gold River Racquet Club serves Rancho Cordova, Fair Oaks, Gold River and the surrounding communities. The 15-acre site contains 25 tennis courts, 20 of which are lighted, a four-pool aquatics complex, and outdoor play and recreational areas. A lighted stadium court, surrounded by a 5,000-square-foot deck, completes the outdoor facilities. Indoor facilities include two racquetball courts, two squash courts, a 5,000-square-foot fitness center, a spacious group exercise room, a group cycling studio, a comfortable lounge and cafe, a Kids' Recreation Room, a Children's Play Center, and

luxurious locker rooms with steam and sauna.

FSP has been providing global transportation and logistics solutions to companies in North America and internationally since 1989. FSP specializes in providing best-in-class solutions for heavyweight, oversize, sensitive, high-touch, special-service, mission-critical and time-definite, solutions for complex logistics. For more information about FSP go to www.shipfsp.com

Comprising approximately 90 tournaments annually throughout the country and prize money ranging from \$10,000 to \$100,000, the USTA Pro Circuit is the pathway to the U.S. Open and tour-level competition for

aspiring tennis players and a frequent battleground for established professionals. The USTA launched its Pro Circuit 33 years ago to provide players with the opportunity to gain professional ranking points, and it has since grown to become the largest developmental tennis circuit in the world, offering nearly \$3 million in prize money. Last year more than 1,000 men and women from more than 70 countries competed in cities nationwide. Maria Sharapova, Andy Roddick, Caroline Wozniacki, James Blake, Li Na, Andy Murray and Mardy Fish are among today's top stars who began their careers on the USTA Pro Circuit.

Cordova 40th Reunion Set For July 20, 2013

1973 Classmates Sought For Gala Luau Event

RANCHO CORDOVA/ SACRAMENTO - Cordova High School - Class of 1973 will hold its 40-Year Class Reunion on Saturday, July 20, 2013 at the Red Lion Hotel Woodlake in Sacramento. There will also be a Friday Night Mixer on July 19th to be announced via email. On Saturday, the reunion

begins with registration and photos at 5 p.m., followed by happy hour at 7 p.m., then a gala, Hawaiian-themed dinner that features a special performance by the award winning Makamae Polynesian Dancers, and all the trimmings. There will be awards, contests and good old-fashioned Hawaiian fun!

Tickets can be purchased online via PayPal at our Reunion Website: www.CordovaHigh73.com Ticket Purchase Order Forms are also available on the website or email CordovaAlumni73@aol.com for forms to be email to you.

Reunion Committee Members include Mike & Karen Haden,

Terry Behrens, Paul McDade, Richard Storm, Steve Berg, Janet (Brown) Maruniak, Karen (Gossard) Koenig, Beth (Hayden) Barton, Mike Marando and Kelly (Hall) Brooks.

Please see the Class of 73 Facebook page at www.facebook.com/Cordova.seventythree for further information.

Are you a Cordova High 1973 graduate, or are you the parents, sibling or friend of a 1973 graduate? The Class of 1973 Reunion Committee needs your help with current contact information so we can contact our Class of 1973 Alumni.

Please contact Terry Behrens at CordovaAlumni73@aol.com

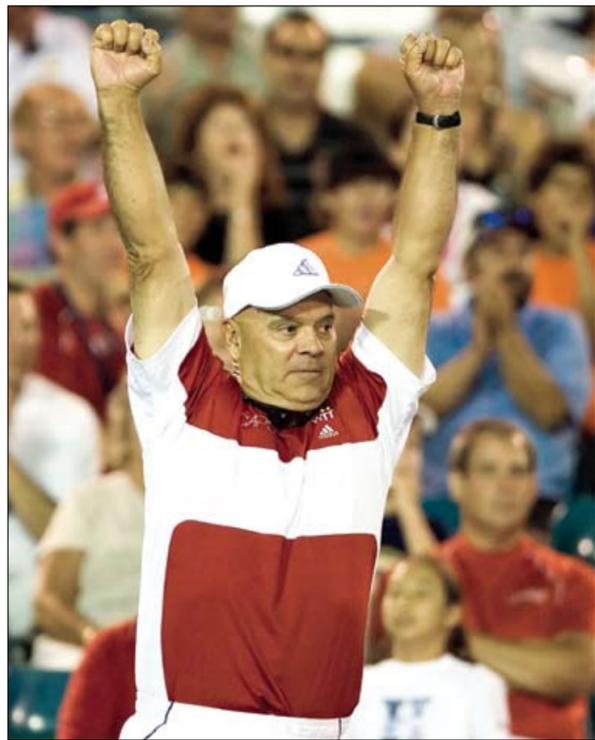
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Sacramento Capitals Announce 2013 Single Match Tickets Now On Sale



Sacramento Capitals coach Wayne Bryan. Photo Courtesy Sacramento Capitals

SACRAMENTO, Calif. (March 30, 2013) – The 2012 Western Conference Champion Sacramento Capitals announced that all individual tickets for all home matches in the 2013 season are now on sale. Tickets are available by logging on to www.SacCaps.com, emailing tickets@saccaps.com, or by calling (916) 304-5722. The Capitals open the season with five straight home matches July 7, 8, 10, 12, 13 and concludes July 17 and 22. The July 17 match against the Texas Wild will feature the world champion doubles team, Bob and Mike Bryan.

The Capitals will have four returning players from the 2012 roster: Mardy Fish, Sam Querrey, Mark Knowles, and Ryan Sweeting. They will be joined by Taylor Townsend and Megan Moulton-Levy and will again be coached by Wayne Bryan in their bid to win the Mylan World TeamTennis Title in 2013.

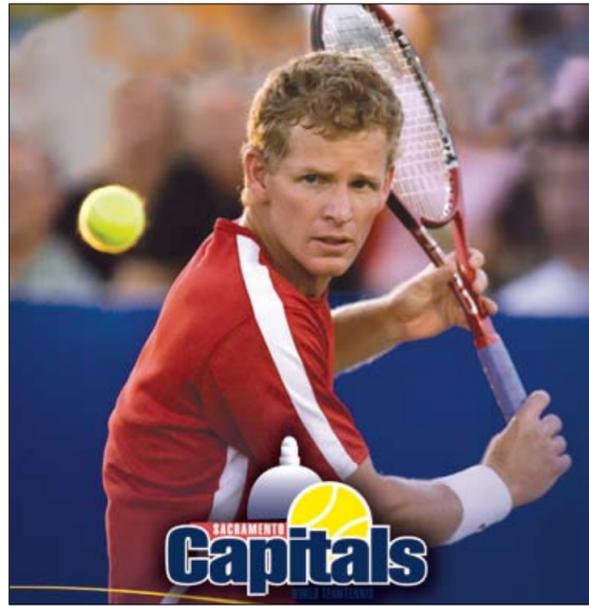
Ticket prices are \$25-\$70

with discounts available for kids. Season tickets and five match package tickets are still available and they run \$112-\$392.

All home matches begin at 7:35 p.m. and are played at Capitals Stadium on the corner of Sunrise and Greenback in Citrus Heights. For more information, log on to www.saccaps.com.

Mylan World TeamTennis presented by GEICO showcases the best in professional team tennis competition, playing an innovative coed team format. Co-founded by Billie Jean King in the 1970s and based on a concept of gender equity, Mylan WTT offers unique access to the sport and some of its greatest champions who have played over the past 38 seasons.

Mylan WTT is well known for showcasing and introducing innovative elements to tennis including instant replay, coed format, cumulative and no-ad scoring, on-court coaching and timeouts, Overtime and



Caps legend, Mark Knowles. Photo Courtesy Sacramento Capitals

Supertiebreakers, multi-colored courts and player names on the back of shirts.

The United States Tennis Association (USTA) is a minority owner and promotional partner of World TeamTennis. For more information on Mylan WTT, visit www.WTT.com. Source: www.SacCaps.com

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 Advance ticket can be purchased at www.FairOaksTheatreFestival.com.

Gold River Messenger

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Publisher, Paul V. Scholl

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COMMUNITY UPDATE



By County Supervisor Roberta MacGlashan

SACRAMENTO REGION, CA – (MPG) As Sacramento County continues improving services for the public, we continue to find that Service Centers first established eight years ago are a critical point of access for members of the public in need of assistance with basic County services. These Service Centers, first on Watt Avenue in North Highlands and then on Hazel Avenue in Fair Oaks, have become a service hub for such things as building permits, marriage licenses, plan check, and other vital records.

As the economy is beginning to show signs of improvement, we are close to completing some exciting improvements to both centers.

For County residents east of Highway 80, the most convenient

Service Center is located at 5991 Hazel Avenue, in the Raley's shopping center at the intersection of Hazel and Madison Avenues. Since it opened, the Hazel Avenue Service Center has provided a convenient place for residents and business people to obtain needed permits and vital records, saving hundreds of hours of driving time previously required to reach County offices in downtown Sacramento and on Bradshaw Road.

However, one of the major obstacles for those with more complicated permits was that not all staff needed to approve such applications were housed at the Service Centers. Such projects still required trips to the central County offices. With the upcoming improvements to the Service Centers, this will change. Using technology to provide video conferencing services, it will soon be possible to have a face-to-face conversation with technical staff via teleconference from the Service Centers, greatly improving services, saving time and hopefully reducing project costs.

As your Supervisor, I strongly believe that the County's role in the community is to make necessary permitting processes as simple and inexpensive as possible. The Service Centers will be critical as we move forward in improving our local economy.

For those who find the Watt Avenue location more convenient, please be aware that the North

Highlands center is currently closed and is in the process of relocating. While the current inconvenience of driving to Hazel Avenue or to other County office buildings will be frustrating, The new Service Center at 3331 Peacekeeper Way will be well worth the wait. With new space, and all the new features mentioned above, the new Service Center affirms the County's commitment to improving the way in which we do business.

There are discussions about adding services to the Service Centers as well. While I hesitate to specify what they are until the information has been confirmed, I am hopeful that several other County departments will be making services available at the Centers as well.

If you have any thoughts on other ways in which the County can improve, please do not hesitate to email me at macglashanr@saccounty.net. You may also speak directly with my staff about your ideas at (916)874-5491. Additionally, I hold regular community meetings throughout my district. In Citrus Heights, we meet the fourth Friday of each month in Denny's at Sunrise and Greenback from 7:30am until 8:30am. While we will not meet June because of summer recess, in July I will be hosting California Capitol Airshow Executive Director Darcy Brewer. I hope to see you there.



By Gold River Resident Alona Thomas

SACRAMENTO REGION, CA – (MPG) Taran Harper is a high energy, enthusiastic young woman. She looks like the all American girl with blue eyes and a very infectious smile. Her personality cuts across the open spaces at the Farmers Markets and draws you to the Coffee Pot Ranch stand. They specialize in grass-fed beef, pigs, and lamb. There is usually a line waiting to purchase and many are picking up their pre-orders of her very popular whole chickens.

Sacramento is proclaimed the "Farm to Fork Capital of America". We know that our area has a rich agricultural heritage and we love meeting with the vendors at the Farmers Markets, but how did these folks get to the "FARM" and in particular Ms. Harper? Her story is typical; she was born on a hog farm in Fresno. Her Mother's people can trace farming back to the Revolutionary War. It is her genetics; she is dedicated personally to the breeding and raising the finest quality animals on their ranch. This is her livelihood, her hobby and next to her daughter, her love.

At the age of seven, Taran began working with 20 seed

The Farmer in the Dill



Taran Harper is dedicated to breeding and raising the finest quality animals on her ranch. Harper has been working with seed stock sows since the age of seven. Photo by Alona Thomas.

stock sows. What are seed stock hogs? They are animals that are produced for purebred and commercial breeders. This is the first step in how that animal arrives on our "FORK". At twelve years old she was working with over 200 hogs on the ranch. Taran studied at Reedley College for two years and trained in all aspects of animal science. With her experience she ran the hog unit at the school and became the Pork Ambassador for the industry. While attending Cal Poly, again running the hog unit, she wanted to do more with her real world knowledge. She applied for various jobs at boar stud ranches in Texas and Oklahoma, but was told she was too cute for the pens, but could work the phones. In the middle of an Iowa winter she got the job - working with seed sows in the birthing and weaning barns. The average sow has 2.5 litters with approximately 9.5 piglets a year. The litter or farrow is weaned at 21 days. Each week

250 sows are processed. Taran purchased a farm, raising grass-fed beef in a state that believes in corn fed livestock. Her family shipped out hogs and sheep from California. The locals where hard to convince, but in six years she had a following. She added chickens raising 2000 in her first year along with dozens of eggs. She returned to her home in Sheridan three years ago and now is working alongside her family and has a farm consulting business.

I'm pretty sure that Taran's story is not unique, but exemplifies the "FARM" and the individuals that we see at the markets. Each is different, but the passion, the dedication and the commitment to provide us with the very best food grown locally is a true treasure.

Alona's hobby is food and all that it brings. This includes discovering foodie gems in our area, sharing travel adventures and fun times. Contact grcommunityfoodie@gmail.com

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By Gold River Resident, David Dickstein

"The Gold River Hello"

no nothing except maybe a little wave and, if the driver is in a generous mood, a half-hearted smile.

The Gold River Hello is the equivalent of "liking" a Facebook friend's status. It's low-investment for the sender, and recipients don't consider it a diss, so no bridges are burned. Not to take the Miss Congeniality trophy away from our Canadian brothers and sisters, I do pride myself on being one who stops to engage in a brief chat -- that is, when I'm not in a rush or the person isn't one of those nasty individuals who, as I described in my previous column, "needs to get a life, move or take medication." Trite as they may be, these hints of Mayberry and Pleasantville are, to me at least, part of what living in a community is about.

But as anyone who's seen the movie "Pleasantville" or TV's classic "The Andy Griffith Show" knows, not everything in a town is as wholesome as Wonder Bread (which isn't even sold in Gold River, British Columbia, mind you). And, honestly, thank goodness. Things would be quite dull without at least some unsavory activity to talk about. I mean, who doesn't enjoy hearing a little gossip now and then? A couple of times a week I visit TMZ, The Drudge Report and The Huffington Post online for scuttlebutt happening from Hollywood to the Beltway. But for local dish, to me there's nothing juicier than Gold River Online. If you haven't gone on www.goldriver.com, you're missing blather better than anything you'll get from standing in the chatty Bel Air checkout line or eavesdropping while on a machine at Gold River Racquet Club. I know of two marital affairs, an adopted son sent to juvie and a neighbor suspected of killing a dog thanks to loose lips, good ears and a well-placed elliptical.

On Gold River Online you'll see people post the most innocent of comments -- or disguised as such -- and then get chopped down faster than a dude who

tips a Showgirls dancer with change. Case in point: "Scotus" recently asked why security cameras are mounted at the entrance of Empire Village in a post he/she named, "Is G.R. Safe to Buy In." I was tempted to write a quick reply pointing out the error of "Scotus" using a period instead of a question mark in the title. Instead, the prolific and often perspicacious "BrownHouse" took "first" honors while basically telling the poster to stay the hell out of Gold River. Others supported that view and one often-snarky contributor took the opportunity to slam an adjacent tract of homes where "there's no crime -- just criminals." Too much? Yeah, I don't condone anyone dissing other person's hood, but short of defending the rights of the haters and trolls conversing on the site, I gotta say, if you can't stand the heat, get out of Gold River Online.

One of the strangest online discussions in recent memory was over the level of courtesy extended by the checkers and courtesy clerks at Bel Air. A few were actually complaining that the workers were too friendly. You read correctly -- too friendly. I may be bias because my oldest son was a courtesy clerk there for 2 years before leaving for college, and he plans to return for the summer, but an issue over excessive niceness? Really? The common source of frustration for the vocal minority was the small talk struck up by the employees. Naturally, the haters were attacked by members of the online community who either enjoy or tolerate a few minutes chatting about the weather, any weekend plans or how their day is going. Everyone's entitled to their opinion, but what kind of person admits online, even under a creative user name, that they can't handle some harmless chitchat for the time it takes to get from checkout line to vehicle? Actually, we know what kind of person -- the kind who can't stop a car for a few seconds to say a real "hello" to a neighbor.

Letters to the Editor

Emails to the Editor; June

On our first issue in May

Nice surprise to find the Messenger in my mailbox, at Manor Homes 4, in Gold River. First time, I think!! I truly enjoyed the issue, especially the new column by David Dickstein.

The topics were absolutely RIGHT ON, regarding the quirkiness and diversity of Gold River. I look forward to many more of his observations and humor.

Myron Gomes

Just wanted to say how much I enjoyed David Dickstein's "Fool's Gold" column. I was cracking up the entire time as I was reading -- one description was funnier than the next! I'm thinking of cutting out the article and sending it to our relatives back east. It will help them understand our quirky, yet loveable, community. Can't wait to read the next article!

Michelle Morley

Gold River Messenger. It is very special and a great addition to the Gold River villages. I appreciated the fact that it was mailed to us, at least for these beginning issues. Best of all, I enjoyed reading David Dickstein's articles that were so perfect and poignant to the "goings on" and what's happening in and around

the villages. I will look forward to the next edition.

Bob Sours

Greg Paulo letter to editor

I read David Dickstein's satirical piece on Gold River with amusement. He refers to known attributes of the community with humor that will also irritate some residents. While agreeing with much of his "Fool's Gold", I'd offer some perspective regarding two of his references to the school district.

It's true that Bella Vista High School is closer to Gold River students than their "home" school of Rio Americano. The latter was designated years ago as Gold River's high school for two reasons. The first was to "pump up" Rio's diminishing enrollment and the second was in response to parents aversion to send their children to Cordova schools. As a result, developer Robert Powell joined in a land swap that placed Gold River in the San Juan District in exchange for the Folsom bluff area east of Orangevale being added to the Folsom Cordova School District. The distance to Rio Americano wasn't seen as a problem because bus transportation was provided by the district and most residents wanted inclusion into San Juan. The problem now is bus transportation is no longer provided and Bella Vista's enrollment is maxed out. The

latter becomes an issue since open enrollment can't guarantee a place in the freshman class at Bella Vista. Isn't it also ironic that Folsom High School is closer to Gold River?

Mr. Dickstein's witty portrayal of the median makes light of a serious safety issue for students. Prior to the fence installation there were numerous "near misses" of students and parents being hit by cars while crossing Gold Country. The latter is a well-traveled connector where a high percentage of drivers exceed the speed limit. Over the years there have been two major accidents at the corner of Gold Country and Coloma. A fatality occurred at the lighted pedestrian crosswalk just north of the school. San Juan, Gold River Community Association and the Cordova Park District eventually settled on a compromise solution to this safety problem. The school district preferred a perimeter fence but the park district wouldn't concur. The result was installation of the fence in the landscaped median plus a fence along Poker Flat. San Juan funded the fabrication and installation while Gold River assumed maintenance responsibility. GRCA also had final approval on design. Very few parents now are observed parking across the street with the median fence achieving the goal of student safety.



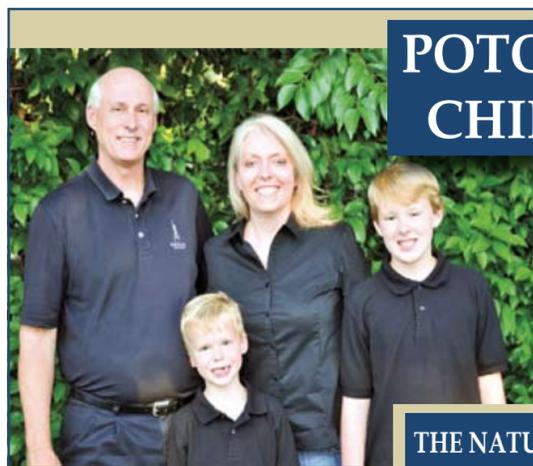
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Lily has many nice qualities; among them is her loving manner to her owner and her family. She likes to put her head on her owners lap so she will be petted. Also, when she goes to bed she loves sleeping next to her. Lily is

a sweet and adoring pet.

Bella loves every dog and person she meets. She is now four but still sucks on a bean bag pillow she has had for years and has never put a hole in it. She loves to play catch. She is her owners "Baby Bella."

Kay Burton is a longtime columnist and supporter of the SSPCA and other rescue groups. To share you're your family pet story with our readers, Email: Kayburton1@comcast.net

By Gold River Resident Kay Burton

Lily and Bella are poodle twin sisters. They are four years of age and weigh 47 and 46 pounds. Lily lives in Gold River with her owner JoAnn Raney. Bella lives in El Dorado Hills with her owner Jane Frazel. Lily and Bella get together for play dates a couple times a month. They love being around one other.

The Standard Poodle originated in Germany during the middle ages and was used as a water retriever. Even then the coat was clipped (as it is today) to reduce water resistance. These Poodles were often used as a water retriever and a circus dog in 19th century France. Miniature and toy poodles were in England in the 18th century and served as truffle hunters, performers, and companions. Poodles of all sizes are sometimes erroneously referred to as French Poodles.

The Standard Poodle is not simply a fashion accessory---it is a responsive, easy to train, guard and retrieve. They do not shed,



Lily and Bella are poodle twins. One lives in Gold River and the other in El Dorado Hills.



Dare to Live Without Limits

YOUR MENTAL PROGRAMMING



by Bryan Golden

A computer will only do exactly what it is programmed to do. Each new task required of a computer requires different programming. In order to change the performance of a computer the instructions directing it must be changed. A computer's effectiveness is entirely dependent on its programming.

A computer program is intentionally designed to produce the desired results. There is nothing haphazard about the creation of its instructions. A great deal of thought and planning go into the programming process.

Your mind is also a computer that follows the instructions you program into it. However, you can inadvertently program your mind to bring you undesirable results. Although you may consciously want a specific outcome, you could be subconsciously giving your brain instructions to do just the opposite.

Your mental programming is the result of your thoughts and beliefs. Your mind doesn't discriminate or evaluate what instructions you feed it. It will work 24 hours a day, 7 days a week, following your instructions, whatever they may be.

If you believe something is possible, your mind will find a way to make it happen. Correspondingly, if you believe something is impossible, your mind will find a way to prevent it from occurring.

Does it seem that some of the things you want to achieve are elusive? Are you frustrated because you are working hard but not making the progress

you had hoped for? If so, you may be unintentionally sabotaging your results with bad mental programming.

It doesn't matter what you are trying to accomplish. Unless your programming corresponds with your goal, you won't achieve it. This is because conflicting mental instructions will prevent the attainment of what you want.

In order to make changes in your life, you must reassess the instructions you feed to your brain. Regardless of where you are now, you can adjust your mental programming to bring you what you desire.

Before you begin, you must believe in several things. You must believe you deserve what you want. You must believe it is possible to attain what you desire. And you must believe you are capable of reaching your goals. Without these beliefs, your mind will not permit you to make any meaningful progress.

Your mind is designed for accomplishments. All of your mental instructions must be structured to attract what you want, not repel whatever you don't want. For example, if your goal is to lose weight your mental instruction could be "I'm going to lose 10 pounds within three months" rather than "I'm not going to be overweight."

You can not give your mind contradictory instructions. If you do, the negative instructions will overpower the positive ones. Therefore, if while trying to lose weight you are simultaneously telling yourself you have no

willpower and probably won't be able to eat properly, your chances of success are greatly reduced.

Your mental instructions should not contain any negative terms such as can't, won't, fail, don't know how, or it's too hard. Every instruction must be worded to give your mind positive direction.

Proper mental programming is also essential for solving problems. When facing adversity, immediately review your mental instructions. Purge any instructions not designed to overcome your obstacles.

We all find ourselves off track at times. There's no need to panic. All that is needed is some mental reprogramming. Maintain a constant awareness of your progress and any needed adjustments will usually be minor. However, major reprogramming will be required whenever you ignore the direction you are headed.

Your mind, the most powerful tool on earth, will always perform exactly as programmed. You are the programmer. You can get what you want by giving your mind the appropriate instructions.

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Third Time isn't the Charm for 'Hangover III'

by David Dickstein

"Hangover III" makes "Hangover II" seem like "Hangover I." It's that bad.

Unless you find humor in decapitated giraffes, suffocated roosters and brutally killed dogs, better put on strong coffee and have a bottle of aspirin handy if you absolutely must see the latest and mercifully final "Hangover" movie.

Doing so would be the equivalent of getting E. coli from a restaurant where you had a great first experience, but the second time you found a cockroach on your plate. Why in the world did you ever go back a third time?

But many have since the film's release. What they're seeing is a broken promise by the makers of part two who said they learned from their mistakes and will deliver a final installment on the comedic level of the first. Maybe they said that when they were drunk.

For the third go-around, instead of moving the original setting of Las Vegas to an exotic foreign city, which was the case in the Bangkok-set "Hangover II," the latest goes back to Sin City. It takes the self-named "Wolfpack" roughly half the movie to get there, and the change of scenery from city to the California-Mexico border to Vegas doesn't do much good for the audience or the returning players: Zach Galifianakis as the toxic and socially inept Alan, Bradley Cooper as the cool and take-charge Phil, Ed Helms as meek and dorky Stu, and Justin Bartha as Doug, an undistinguished character who gets little onscreen time for one reason or another. (This time he's kidnapped and held for ransom, and I couldn't care less if he lives or dies — same goes for everyone else.)

The latest movie doesn't follow the "Hangover" template of the Wolfpack getting outrageously bombed one night, waking up to a crisis the next morning and then trying to piece together the craziness that went down. We get that in an epilogue, and it's the funniest part of the movie, but no one suffering from a hangover before the closing credits feels strange. That said, you'd think that this storyline liberation would be refreshing and open the door to new comedic avenues. Nope.



Director and co-writer Todd Phillips feeds us disconnected plot points and jokes revolving around Alan that have the payoff of a broken slot machine. Not even Ken Jeong, back as flamboyant bad boy Mr. Chow, is able to muster more than one genuine laugh — high-brow stuff, too, while eating out of a dog food bowl. Heather Graham returns from the first "Hangover" as Jade, a stripper with a heart of gold. Most ... boring ... stripper ... ever. John Goodman as a hoodwinked crime boss doesn't fare much better. Mike Tyson, who was in the first two movies, comes off best in No. 3; he's not in it.

We could go into more about the movie — about Alan's dead dad, stolen gold bars, a home robbery, a chase from the Vegas Strip to downtown that ends with a major car crash and not a single cop shows up even minutes afterward. We could, but why? If you've made it this far into the movie review, you know you're going to see the film anyway. Be my guest, and enjoy the E. coli. *1 of 5 Stars*

Family DVDs

"Fat Albert and the Cosby Kids: The Complete Series" (June 25 on DVD, not rated, ages 4-10): Hey, hey, hey — it's Bill Cosby and the classic animated series he created, produced and hosted from 1972 to 1984. The

urban-set, racial barrier-breaking original was followed up by two similar shows for a total of 110 episodes. At \$120 retail they don't come cheap, these 2,340 minutes of life lessons and kid-friendly rock music. But as far as vintage Saturday morning TV goes, it's hard to beat the educational goodness found on these 15 discs. *Grade: A*

"Kung Fu Panda Legends of Awesomeness: Good Croc, Bad Croc" (June 18 on DVD, rated PG, ages 4-9): Fans of the DreamWorks Animation movies will enjoy seeing Po continue his adventures in the currently running TV series that debuted in 2011. The single disc has 154 minutes' worth of episodes that aren't half-bad considering the usual decline of quality from big to small screen. *Grade: B*

"Oz: The Great and Powerful" (June 11 on DVD and Blu-ray, rated PG, ages 5-12): Like it or not, we're off to see the wizard in this visual, yet vapid fantasy that serves as a sorry prequel to "The Wizard of Oz." Because he pretty much mails in his performance, James Franco is sorely miscast as Oscar Diggs, a corrupt, small-time circus magician who turns over a new leaf after helping the Land of Oz sort out who's good or evil among three witches (Mila Kunis, Rachel Weisz and Michelle Williams). Sam Raimi directs. *Grade: C*



Fun And Romance Abound in Fair Oaks Theatre Festival's Season Opening Musical "The Pajama Game!"

FAIR OAKS, CA (MPG) The Fair Oaks Theatre Festival and American River College Theatre are offering something for everyone this summer with theatre-under-the-stars musicals that range from fun old favorites to hilarious new Tony Award winners!

The season opens with "The Pajama Game," the popular classic full of musical favorites like "Steam Heat," "Hernando's Hideaway," and "Hey There." It runs Friday, Saturday, and Sunday nights from June 21 through July 21.

Opening July 6 and running every Saturday through July 27 is "Cinder-Ella," a one-hour delight for kids of all ages. Next up will be a return of "The New Christy Minstrels," a popular folk music group offering two fundraising concerts (July 27 and 28).

The season will continue with the new charmer, "The Drowsy Chaperone," a wry parody of the 1920s Broadway musical scene. "Drowsy Chaperone" runs August 9 through September 8.

Concluding the season will be Sacramento's popular "Best of Broadway," running September 13-29. For more information, call (916) 966-3683 or visit



"Pajama Game" cast members left to right: Christianne Klein, Gordon Hanley. Photo courtesy Brian Williams



"Pajama Game" cast members pictured: Back row, left to right: Nolan Lewis, Jonathan Blum, Mary Goodall, Jacob Tucker, Shannon Camper, Gordon Hanley, Stewart Alexander; Middle row, left to right: Chance Sinerius, Sarah Richard, Takylya Johnson, Kayla Camper; Front row, left to right: Analise Langford-Clark, Christianne Klein, Carson Beards On floor, center: Cody Alexander Photo courtesy Brian Williams

FairOaksTheatreFestival.com.

Here are some specifics on each show...

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with Mary Jane Popp

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4) Even dads like breakfast in bed. It doesn't have to be elaborate like crepes. How about cereal or toast or bacon and eggs with some hot coffee? It doesn't have to be gourmet. It's the thought that counts.

5) Don't forget a Father's Day cake! Personalize it with his name. If he's on a diet, do cupcakes. These days you can find sugar-free too, if need be. And how about an ice cream cake? Well, perhaps that's one I like too.

6) This day might be a good time to help dad get a few things done he's been trying to avoid. Volunteer to wash/detail/vacuum the car. He deserves to drive a good lookin' car. Hey, here's a thought. Fill it up out of your own pocket. How many times have you driven it and not put in any fuel?

7) How about a day off? Let him sleep in and watch all HIS favorite programs instead of hogging the technology.

8) A gift basket might make him happy. Just chock it full of stuff he enjoys, not girly stuff like bubble bath and croissants. Body wash for guys is fun and good coffees. You know what he likes best!

9) How about a card promising to do his chores for a month? Don't panic. It could do you good. From mowing the grass

to cleaning out the garage, you know what he does everyday and never complains. Well. Maybe he complains a little. Make it a coupon book. In it, you can put coupons that are redeemable for a home cooked meal or watering the lawn, or any other chores.

10) If you live a long way away, a simple phone call...not rushed... but Heartfelt can do the trick. Show him you care about what's going on in HIS life. He sure cared about you for a long time, and didn't ask for anything but love in return!

11) How about just spending the day with dad? I know, you might miss your favorite activity, but I know it will mean so much to him to know you are giving up something just for him. Besides, as we get our own lives on track, there is so little time to spend with him.

And if you are getting him a card, don't count on someone else's words to share your sentiments. And no, you don't have to be a poet. A simple "I love you dad" can go a long way. Just keep in mind, he won't always be there. Time goes so fast, and then he is gone. You don't want to say "I wish." Make it so today! And HAPPY FATHER'S DAY !!!

Join Mary Jane for the KAHN Noon News Monday-Friday and then again for POPOFF 10 PM - Midnight.

HAPPY FATHER'S DAY

It's time to honor that dad, but what to do for him on this special day? We have all kinds of ideas coming at us for mom from flowers and candy to brunch! Can it be that easy for dad? Probably the brunch part would be, but the flowers and the candy? Probably not! So, off to the internet I went in search of some fun things for dad this year. I didn't want to tell you not to shop for another tie, but if he doesn't need tie number 100, maybe one of the following ideas might be something he would really enjoy. So here goes.

1) You may not be into it, but how about a trip to the bowling alley or batting cage or even go cart racing? Remember, this is his day, not your comfort zone.

2) A personalized t-shirt might be to his liking with a favorite saying of his, or a pic of his favorite team or sport.

3) Maybe you can score tickets to a game, and go with him. You can take it for one day, even if



A Case in Point

Wronged at Work!

"MY BOSS IS DATING A CO-WORKER - AND I GOT FIRED!"

By David Graulich, Esq.

Workplace romances happen. It could hardly be otherwise, with men and women spending so much time in close proximity.

However, legal questions arise when a supervisor is romantically involved with a subordinate. Do the supervisor's other direct reports have grounds for a discrimination or harassment lawsuit? What if one of the unlucky reports gets fired, while the supervisor's lover gets promoted?

In employment law, this situation is known as "paramour favoritism." You may be surprised to learn that favoring a boyfriend or girlfriend, in itself, does not violate the law.

Title VII, the primary Federal employment statute, protects workers from discrimination based on gender. However, Title VII neither prohibits sexual relationships between managers and employees, nor bans favoritism based on a personal relationship. Although the workers who aren't involved in the affair might suffer, the impact of paramour favoritism falls equally on both men and women, and thus is not discriminatory.

For example, consider these facts drawn from an actual case (the names are fictitious):

Frank worked for Gigantic Insurance Company. Frank discovered that his female supervisor was having a sexual affair with one of Frank's male co-workers, who reported to the same supervisor. Frank further learned that the supervisor was giving her lover-subordinate preferential treatment because of this relationship. On several occasions, he witnessed them kissing, embracing and touching each other affectionately at

work. Frank reported the situation to Gigantic's Director of Human Resources.

Shortly after, Frank was fired. Believing that he was illegally fired in retaliation for reporting the affair, Frank complained to the Equal Employment Opportunity Commission (EEOC). The EEOC sued Gigantic under Title VII.

What happened in court? Frank lost. The judge ruled that employees are protected against retaliation only when they reasonably believe that the activities they oppose violate Title VII. It's true that Frank's boss favored a subordinate because of a sexual relationship. But favoritism did not violate Title VII. Paramour favoritism may be unfair, but it is not illegal, since both men and women are disadvantaged for reasons other than their genders.

That brings us to the exceptional California case of *Miller v. Department of Corrections* (2005).

The warden at Valley Prison for Women in Chowchilla was carrying on simultaneous sexual relationships with three women employees, all of whom reported to him. Two female employees at the prison, who were not involved with the warden, alleged in a lawsuit that the three paramours received preferential treatment and extra job benefits. The three women who were having sexual affairs with the warden bragged about their privileged status and squabbled over him, sometimes in emotional scenes witnessed by other employees. When the two plaintiffs complained about the sexual favoritism, they were subjected to verbal and physical retaliation.

This time, the court sided with the plaintiffs. "Although an isolated instance of favoritism on the part of a supervisor toward a female employee with whom the supervisor is conducting a consensual sexual affair ordinarily would not constitute sexual harassment," said the court, "... when such sexual favoritism in a workplace is sufficiently widespread it may create an actionable hostile work environment in which the demeaning message is conveyed to female employees that they are viewed by management as 'sexual playthings' or that the way required for women to get ahead in the workplace is to engage in sexual conduct with their supervisors."

Bottom line: If you are the victim of sexual favoritism at work that reaches the severe and pervasive levels of the *Miller* case, you have a chance of winning a lawsuit. However, if the workplace sexual conduct is of a more limited or isolated nature, the court will probably offer its sympathy - and nothing more - before dismissing your case.

David Graulich, Esq. is an employment lawyer who represents employees in the workplace. He helps clients with on-the-job problems such as discrimination, harassment, wrongful termination, and failure to pay overtime. David welcomes comments and questions about *Wronged at Work!* and can be contacted through email, David@wrongedatwork.com or at (916) 880-0526. Disclaimer: This column is not intended, nor should not be construed, as an offer of legal advice. Consult a qualified licensed attorney for counsel on a specific legal problem.

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Nicholas Garden - Local Second Grader's Mobile App Launches



Orangevale's Nicolas Come takes a break in between live segments on a local news station to promote the launch of the Nicolas' Garden mobile app in the Apple App Store and Google Play. The second grader came up with the idea for the app that promotes healthy eating for children. Courtesy Nicholas Come

**Special from Intel Free Press
By David Dickstein, Gold River Resident**

SACRAMENTO REGION, CA -- (MPG) Mobile apps are a dime a dozen -- the Apple App Store just hit the 50-billion download milestone -- but not many are the brainchild of a second grader. That didn't stop 8-year-old Nicolas Come of Orangevale from pitching his idea for a nutrition-focused mobile app to potential backers and now the result, Nicolas' Garden, has been launched for iPhone and Android smartphones.

Armed with a hand-drawn wireframe of his concept for a social platform and mobile apps that promote healthy eating and cooking for children, Nicolas pitched his startup idea to nearly 100 technical experts last

App Store and Google Play.

"We're very interested in the start-up craze and to see an 8-year-old do this was awesome," said Tim Dement, senior executive vice president of the Rocklin, Calif. firm. At 8, having a vision like that and be able to wireframe it? That's just ridiculous, it's amazing."

The launch offers a cornucopia of healthy recipes, cooking tips, shopping guides and other nutrition-minded content. Enhancement plans include gamification, multiple language support and a calendar of local farmers' markets and other healthful events.

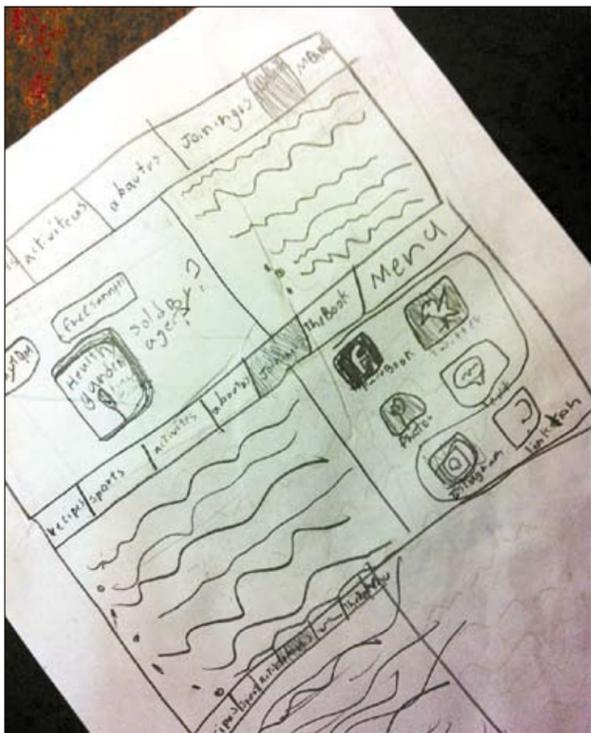
"I want to add a 'cooktop' game," Nicolas said. "You drag and drop ingredients from the pantry and refrigerator while following recipes on the app or others that you can make up on

his father, Stephane Come, an advisor at Hacker Lab and president and CEO of LCS Technologies, an Oracle solutions consulting company he co-founded with Gold River resident Steve Simonetto.

"Nick comes up with the ideas and as his dad I help enable it,"



The Nicolas' Garden mobile app on the Apple iPhone. Courtesy Nicholas Come



The wireframe that Orangevale 8-year-old Nicolas Come drew for what would become Nicolas' Garden. Courtesy: Stephane Come Courtesy Nicholas Come

November at an Intel-sponsored hackathon at Hacker Lab near downtown Sacramento.

"It was at Cereal Hack II and I got up on a chair to present my idea," said Nicolas. "My dad had told me that if I pitched my idea there he would help me, so I did it. It was exciting and cool."

Representatives of AppMatrix, a mobile app development company, saw Nicolas' pitch at the hacker event and now the company has brought his idea to market with the recent launch of Nicolas' Garden in the Apple

your own. If you make your own recipe and it's really healthy you get lots of points, and if you deep fry it your score goes way down."

Nicolas is by far the youngest client within AppMatrix's portfolio, which includes GolfChex, Intel, Patriot Memory and Rogue Running. "I think our next youngest is 18, maybe, but every entrepreneur we work with besides Nicolas is an adult," Dement said.

The ideas around content are all Nicolas', according to

Stephane said. "He doesn't know you need to talk to a lawyer when starting a company, for example."

Nicolas, through a trust, is part owner of the company that was spawned by his pitch at the hackathon. The experience of starting a business has allowed the second grader to work directly with the adults doing the coding that is making his idea a reality.

"It was fun to get help from others and work as a team," said Nicolas of his collaboration with designers Devon Latzen and Jay Miller, who helped design the app, and Kathryn Lastufka, a social media coordinator for LCS Technologies, who worked on that end of Nicolas' Garden.

Nicolas' father sees it all as a valuable learning experience.

"Is it going to work? I don't know. This can fail," he said. "Today Nicolas is on TV, the next month there could be no one using the app. Either way it's a good life lesson."

And as for Nicolas' head getting bigger if Nicolas' Garden grows? Not on Dad's watch.

"I don't want this to be like a Honey Boo Boo," the father said. "That's not what this is about."

Intel Free Press (www.intelfreepress.com) is a tech news site from Intel Corporation, covering news and information focused on people, technology, events and topics relevant to the computing industry.

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