

FOUR EASY TREATS FOR THE FOURTH OF JULY Page 8

PIUS: **Local Filmmakers Premiere Crime Thriller**

Page 4



Placer

Volume 26 • Issue 13

Serving Auburn and Placer County since 1987

July 3, **2015**

RUST TO RICHES SHOW HONORS AUBURN CRUISE NIGHT



Page 3

BOOK SERIES BY LOCAL AUTHOR INTRODUCES NEW HEROINE



Page 3

DAWN'S CO. **CELEBRATES**



Page 2

The Gift of Freedom



By Bryan Golden

On Independence Day, we celebrate the gift of freedom given to us 239 years ago by the founders of our great nation. Freedom is as precious as life itself. However, its true value is rarely appreciated unless it is either threatened or lost.

July 4th isn't just a day off. It's more than barbecues and parties. The Fourth of July is a time to renew your gratitude for your good fortune to be living in the greatest country in the

tity of individual freedom. Life, liberty, and the pursuit of happiness are the core of America.

The power of American freedom unleashed the human spirit as never before. In less than 200 years, Americans had invented, developed, produced, and accomplished more than societies thousands of years old. Our gift of freedom has enabled Americans to create the highest standard of living in history.

Although the human spirit they were above the law and

In 1776, America became yearns for freedom, tyran- better than others. Our founders the first country to be founded nical regimes have been the foresaw that authoritarian indion the recognition of the sanc- norm throughout history. Since viduals would inevitably come the dawn of mankind, people around the world have lived miserable, subjugated lives repressed by monarchs, fascists, tyrants, and dictators who controlled virtually every aspect of their lives.

Our founders understood the tactics used by these oppressors to enslave a population through the suppression of freedom. America's founders knew tyrants had an attitude that along, intent on stealing power and wealth from the people.

Authoritarians' quest for power and control utilizes a strategy of deception. They publicly claim to seek to protect your liberty, while deceitfully working behind your back to eliminate one freedom after another. In America, no one has the right to take your freedom.

The yearning to be free from oppression is our core. We

Continued on page 3

Family Fun at Auburn's Fourth of July Festivities



AUBURN, CA (MPG) - The City of Auburn will again be the site for the yearly Fourth of July celebration.

Sponsored by the Auburn Chamber of Commerce, there will be a daylong celebration starting with a pancake breakfast in Old Town from 7 a.m.-12 p.m.

Family fun begins at 4 p.m. at the Gold Country Fairgrounds with food, drink and entertainment. "Bingo" with cash prizes will be offered in the Placer Building starting at 4:30 p.m.

Local restaurants and vendors will provide tons of food. There will also be adult beverage booths.

Together with the Chamber, the Lions Club will present the Fourth of July Parade departing the old railroad station at 7 p.m. and ending at the Gold County Fairgrounds.

The celebration will climax with a spectacular Fireworks display at

For more information, go to Auburn4th.com or "like" the Facebook page at Facebook.com/ auburn4th.

Celebrate the Fourth of July in Auburn. It promises to be the best



direct link to our online edition!

CALL 530.823.2463 **ADVERTISE IN YOUR LOCAL HOMETOWN NEWSPAPER**



Supervisors Approve Proposed Budget for 2015-16 Fiscal Year

PLACER COUNTY, CA (MPG) - The Placer County Board of Supervisors voted unanimously in June to approve an \$803 million proposed budget for the fiscal year that began July 1.

"The proposed 2015-16 spending plan is a balanced budget that continues the county's path toward long-term sustainability and strikes a delicate balance between competing priorities, limited resources and anticipated cost increases," said Deputy County Executive Officer Andy Heath during his presentation to the board.

The proposed budget total is less than one percent higher than the \$798 million final budget for this fiscal year.

Budget highlights include:

• \$633,000 in one-time funds will be set aside for the proposed Placer County Conservation Plan – an innovative initiative that seeks to balance growth and the conservation of natural resources over the next 50 years in unincorporated areas of West Placer and the buildout area of the city of Lincoln's General Plan. The funding will allow the county to complete the

plan's environmental review and create a • The budget will allow the county to program administrator position to oversee and implement the conservation plan.

- The Placer County Library will receive one-time funding to purchase new books, materials and electronic resources and \$200,000 in additional General Fund support to reduce the library's reliance on reserve funds to maintain current operations. The proposed budget also contains funds to study possible use of automated materials handling and sorting. The Loomis and Meadow Vista branch libraries will remain open until at least Dec. 31 while the two communities seek locally funded options for long-term solutions.
- The county will continue its commitment to investing in roads, bridges, buildings, sewers and other infrastructure. The proposed budget includes an additional General Fund contribution of \$1.25 million for roads and trail maintenance and \$2.5 million for catch-up maintenance projects that were deferred during the recession.
- expand capacity at its new jail at the Santucci Center in Roseville while increasing treatment and programming services designed to reduce the likelihood of reoffending and returning to jail. Both are key steps in the county's continued implementation of the Criminal Justice Master Plan.
- In response to increasing fire-service costs, Placer County Fire's Ophir fire station will remain open through the main fire season, and a brush truck that is particularly effective in combatting grass and brush wildfires will remain available until the end of this year as well, but they will not be staffed during the first six months of 2016. The budget includes funding for a consolidation and reorganization study to look at options for more efficiently funding and providing fire services in western Placer County.
- The budget maintains the county's commitment to pay down unfunded liabilities. In January, the board approved a plan to fully fund the county's unfunded

liabilities for retiree benefits other than pensions – a category that includes medical, dental and vision benefits. Known as OPEB, the benefits have historically been funded by governments on an annual pay-as-you-go basis. Local governments are now required to recognize the value of outstanding liabilities in their annual financial statements demonstrating future fiscal obligations.

Placer County already has reduced its unfunded OPEB liability by almost 40 percent since 2009. Achieving full funding will allow the county to stop playing catch-up while freeing up operating funds for other priorities. Most importantly, it will guarantee employees that the county will be able to honor its long-term commitments to them.

The board action completes the first phase of the county's budget development process for the 2015-16 fiscal year. The proposed budget will serve as the interim spending plan beginning in this new fiscal year. The board is scheduled to adopt a final budget with updated revenue and expenditure figures on Sept. 1.

Visit us online at www.PlacerSentinel.com

Tech Tuesdays: A Series of Free **Workshops at State Theatre**

AUBURN, CA (MPG) - Auburn Placer Performing Arts Center has announced Tech Tuesdays at the State Theatre, a series of free workshops offering training in lighting, sound and projection.

Experience what it's like to work behind the scenes with these hands-on workshops on how to use theatre equipment, including technical training on lighting, sound and projection. The free series is open to the

Tech Tuesdays are scheduled from 5:30-7:30, July 14, 21 and 28 at the State Theatre, 985 Lincoln Way in Auburn. Register at LiveFromAuburn. com. For more information call (530) 885-0156.

Tech Tuesdays at the State Theatre

Tuesday, July 14 LIGHTING: Learn about the various lighting instruments, explore functions and qualities of light, review key glossary terms, and other essential stage lighting information with an emphasis on lighting design for concerts and plays.

Tuesday, July 21

SOUND: Explore basics in sound reinforcement methods including equalization, delay, volume, speaker and microphone placement, and in some cases, the addition of new equipment. Sound reinforcement ensures that the performance can be heard and understood by everyone in the audience.

Tuesday, July 28

PROJECTION: Digital projection refers to the technology used to project movies or presentations, which can be stored on hard drives, the internet, or DVDs/BluRay disks. Discover the various features and techniques you can use to create a multimedia presentation.

Dawn's Co. Celebrates 30 Years, **Announces Official Hallmark Gold Crown**

AUBURN, CA (MPG) - Dawn's Co. is celebrating its 30-year anniversary with a re-grand opening starting at 9 a.m. on Saturday, July 11 and Sunday July 12.

The owners, Jerry and Susan Urban, are also thrilled to announce they are now an official Hallmark Gold Crown shop.

In the beginning, it was a oneman office supply operation. Now, Dawn's has art supplies, a gift center, home décor, cards and the Hallmark Gold Crown. With that, has come many fantastic employees.

Jerry, Susan and their daughter Katie still work together in the family business, along with the Dawn's ladies. Jerry and Susan like to let everyone know "our staff is not only knowledgeable but always happy to help you out."

Besides great products and exclusive Hallmark items, a Gold Crown Shop allows customers to be part of the Hallmark Rewards Program. Dawn's Hallmark Shop will continue to have its large selection of gifts, home décor, holiday items, art



Dawn's Co. owners Susan and Jerry Urban are celebrating 30 years in **business.** Photo by Jodi Cottrel

supplies, art classes for students and professionals, and an even larger card selection as well as Hallmark exclusives.

Dawn's Hallmark Shop's regrand opening will include a Keepsake Ornament premiere. There will be discounts, giveaways, and the unveiling of the 2015 Keepsake Ornaments.

You can come in right now and get your 2015 Dreambook and start filling out your wish list; sign up for your Gold Crown Rewards Card and as a bonus receive a \$5 gift card for

Dawn's just for signing up. If you already have a Gold Crown Rewards Card, fill out your wish list with us and receive your rewards points.

If you need more information, help filling out you Wish List or signing up for your Rewards Card, stop by and someone at Dawn's will be happy to help you.

Dawn's is in the Raley's Center at 13390 Lincoln Way in Auburn. Call Dawn's at (530) 888-6033 or go to DawnsAuburn.com.

Silver Screen Classic Movies Presents Political Thriller

AUBURN, CA (MPG) - Silver Screen Classic Movie Series continues on Saturday, July 11 with "Seven Days in May."

Ambition and ego. Politics and paranoia.

General James Mattoon Scott (Burt Lancaster) despises President Fredric March and his disarmament treaty with the Soviets. Burt's assistant, Colonel Jiggs Casey (Kirk Douglas), discovers his boss's plot to overthrow the government.

44 Flawless political thriller — so frightening because it is so possible."

—Theater of Living Arts. 1964

But how to stop this treasonous coup? And who will believe him?

This movie is shown at 1 p.m., 4 p.m. and 7:30 p.m. in the Beecher Room of the Auburn



Douglas portray two impatient military men waiting for senators to stop **pontificating.** Photo courtesy Paramount Pictures

Library, 350 Nevada St. in before the movie — and an Auburn.

From 6-7:30 p.m. on the Monday following Silver Screen, join Susan Rushton for a deeper discussion of the movie in the Auburn Library's Beecher Room. Just bring that month's discussion sheet — available

interest in looking at movies more carefully and finding more to enjoy in them. No purchase

Presented by the Library, the movie is free. For information, call (530) 878-7938, or visit AuburnSilverScreen.com.

Board Supports Ban on Unauthorized Camping on County-Owned Land

AUBURN, CA (MPG) - The Placer County Board of Supervisors acted at a recent meeting to prohibit unauthorized camping and storing of personal property on county properties – including the Placer County Government Center in North Auburn.

During discussion of a proposed ordinance, the focus was a homeless encampment at the government center, a countyowned campus commonly known as the DeWitt Center.

"I can't tell you how many people have come up to me and complained about this," said 3rd District Supervisor Jim Holmes, emphasizing that both county employees and the public at large have expressed their concerns to him.

In a report to the board, county staff emphasized that camping on county properties other than approved campgrounds creates public health and safety issues that need to be addressed.

Board members voted 4-0 to support the proposed ordinance. Supervisor Jennifer Montgomery was out of town and unable to attend the meeting.

The proposed ordinance will return to the board for a second reading and possible final approval on July 7. If adopted, the ordinance will go into effect on Aug. 6. County staff emphasized

they will work with nonprofit agencies such as Volunteers of America to ensure homeless individuals who camp at the government center and the community at large are aware of the proposed ordinance. The goal is to encourage com-

pliance before Aug. 6. Anyone violating the ordinance after that date could be subject to a fine.

Volunteers of America operates a temporary homeless shelter in a county-owned

building at the government center with funding from a local nonprofit, Right Hand Auburn. The shelter opened its doors June 1 as a 90-day pilot project. The board has expressed a willingness to consider keeping the shelter open after the 90-day

The number of homeless individuals seeking to stay overnight has exceeded the shelter's 47-bed capacity on some nights.

trial period.

"I know that I will be talking with Right Hand Auburn about next steps that go beyond what we currently have," said Supervisor Jack Duran.

The county is reviewing longterm recommendations from Dr. Robert Marbut, a nationally known expert on homelessness hired by the county to conduct a homeless needs assessment and action plan.





Sight Word Busters a Growing Success in Schools, Donations Needed

By Alexandra Carnahan Special to Placer Sentinel

Sight Word Busters is an inclassroom reading program for children in kindergarten through second grade.

Local resident Linda LoBue, a former educator and principal, developed the program. LoBue put this program in a fiveyear pilot, and with the success derived, has decided to put the effort into expanding beyond the schools that are currently utiliz-

Auburn Union School District is currently using this program in every school. The classroom kits, which consist of 30 books, volunteer badges, stickers, a basket and the training needed for the site coordinators is included.

Each classroom will need to purchase the program through private funds or "gifts." The budget currently cannot sustain additional literacy resources, outside of the general learning structure.

Because of the success and the overall acceptance of this program by the teachers, parents, volunteers and principals, the program is rolling over year to year. And due to the measurable success, teachers are recommending it to other teachers, allowing for the program to grow organically. We are in 70-plus classrooms

with a goal of 200 for next year.

We have received calls from New Jersey and Minnesota, and we just provided this resource to the Escondido and Fremont school systems.

Our team of four is passionate

about providing this tested and proven option to children. Seeing the progress made on an individual basis — and always with a smile — is rewarding for all involved!

Opportunities are available for individuals, service groups, and companies to "gift" this to an entire classroom of bright-eyed, willing children who will take the foundation it builds and apply it toward their success.

For more information or to donate, call (530) 333-7692.

Alexandra Carnahan is an Auburn resident. She works with Sight Word Busters and Race to Read (RaceToRead. com) focusing on business development for the classroom and at-home programs.



THE OLD WAREHOUSE **ANTIQUES**

is a NEW ANTIQUE STORE collective located in Auburn.

We are located on the corner of Atwood and Grass Valley HWY, behind Flyers Gas Station, next door to the Atwood Liquor Store and Deli and by the MIDAS sign.

Come enjoy the ambience of vintage goods, antiques toys, tools, furniture and many unique items too numerous to list.

> 11860 Atwood Rd Auburn, CA 95603 530-888-7000



Get your 2015 VIP UCS CARD HERE - \$20 each or FREE with \$100 purchase

Hours 10-6 Tuesday-Saturday Closed Sunday and Monday



The Gift of Freedom

Continued from page 1

recognize freedom as a fundamental, unalienable right. In America, we are free to succeed or fail. It's an individual choice, not the dictate of any ruling class. We are free to take personal responsibility for our lives, rather than expecting others to take care of us. It is this freedom, to be the masters of our destiny, which is a precious gift.

We have more rights and freedoms than anywhere else in the world. Our freedoms are innate, not privileges granted by government. Every item in the bill of rights is a precious jewel designed to ensure the immortality of our liberty.

America was founded to allow each citizen to control his or her destiny without fear of interference by government or others. Our government was intentionally designed to serve

Our government was specifically structured to play a minimal role in people's lives.

Every American benefits from the gift of freedom. Success has a positive impact on all. It creates a vibrant, growing society filled with opportunity. People are willing to work hard when they are free to benefit from their efforts and able to retain the fruits of their labor.

Nothing surpasses the gift of freedom where each individual has the right to determine their own life. What is the alternative? Is it being told what you can and cannot do? Is it having some person or government deciding what, and how much, you are permitted to have?

Our Constitution was crafted explicitly to protect freedom and prevent government from infringing on individual liberties. The constitution has

safeguards designed to prevent the rise of tyranny.

But our Constitution is only a document. Maintaining our free society requires constant vigilance and participation. There will always be those seeking to subvert the Constitution in order to seize control.

If freedom is allowed to fall, one freedom after another is lost, creating a chain reaction that ultimately consumes all of your liberty. Your freedom was hard to get, but it is easy to lose. Although it takes vigilance to protect it, it takes so much more effort to get it back once it's gone.

Only you can ensure that no one steals your gift of freedom.

Bryan is the author of "Dare to Live Without Limits." Contact Bryan at Bryan@ columnist.com or visit www. DareToLiveWithoutLimits.com. ★

Book Series by Local Author Introduces New Heroine

Writer June Gillam Seamlessly Weaves Mystery and Romance

By Reene Abbott Special to Placer Sentinel

Have you ever liked a book so much you didn't want it to end? June Gillam has solved that problem by writing two novels featuring Hillary Broome, a reporter with — like all interesting protagonists — a secret in her past which could damage if not destroy her career.

In Gillam's first novel, "House of Cuts," our ever-on-a-diet reporter arrives at PriceCuts, a new, big-box store on its opening day, to interview the store's HR manager, only to find him dismembered at his desk.

Questioned by Ed Kiffin, an equally interesting, trying-toquit-smoking police detective, Hillary finds herself a central figure in his investigation, especially when a second dismembered body is found later in a kitchen display. Hillary is present at that discovery also, and although revolted by both grisly scenes, she becomes determined to help find the killer, to help Ed, and to get herself out of the danger she is in by simply having been in the wrong place at the wrong time. Twice.

Gillam personalizes a

nation-wide phenomenon, the rise of big-box stores and the demise of locally owned, smaller shops and markets, and uses that phenomenon as the linchpin around which her plot revolves. Alternating between two points of view, that of Hillary Broome and that of the murderer, and sprinkling red herrings throughout, our lovable, admirable, and vulnerable heroine solves the murders, finds true love, and survives to star in her second story.

We learn more of Hillary's history in "House of Dads," a murder mystery that involves Hillary's family. Her father, the black sheep of the family, was estranged from the Broome family and not involved in the family business. At the funeral of Hillary's uncle Robert, her cousin Ted, the new CEO of Broome Construction, falls

Was it a food allergy? Or poison? As Hillary and Ed search for a killer, Hillary not only learns the secrets and the personalities of the Broomes she is just beginning to know, but discovers for herself the true meaning of family.

Is another Hillary Broome



June Gillam. Photo courtesy June Gillam

novel in the works? Read these two books and your appetite will be whetted for a third.

June Gillam teaches writing and literature at San Joaquin Delta Community College and belongs to several writing groups, among them Capitol Crimes, the Sacramento chapter of Sisters in Crime, and Gold Country Writers (GCW) in Auburn. Learn more about her at JuneGillam.com. Gillam's books are available for download at Amazon.com.

Reene Abbott lives and reads in Colfax, and is a regular contributor to the Placer Sentinel. ★

Rust to Riches Show Honors Auburn Cruise Night

AUBURN, CA (MPG) - General Gomez Arts & Event Center is hosting a new art show featuring works about cars.

Cars from rust to sleek and cars of old and new.

The art includes sculptures of spark plug and ceramics of colorful trucks.

The General Gomez is honoring the summer cruise night with this show. The reception with artists is 5-9 p.m., Thursday, July 2. Show dates run through

Gallery hours are 10 a.m.-5 p.m. Mon-Thurs., 10 a.m.-8 p.m. Saturday and 12-6 p.m. Sunday.

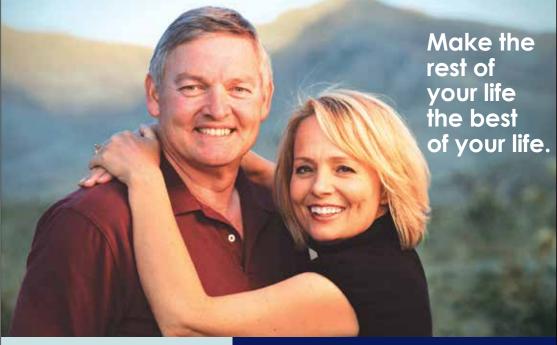
Find General Gomez Arts & Event Center at 808 Lincoln Way in Auburn.

For more information go to GeneralGomez.com, call (530) 745-4230 or email info@generalgonez.com.



General Gomez Arts & Event Center

"Ramzeez" metal art sculpture by Barry Lowery of Auburn. Photo courtesy



Search Single Again Dating Free Today!

Are you looking for a relationship? With our online dating tool we've made it easy for you to take the first step in to finding your perfect partner. We understand that dating can be a daunting experience, but with our help we can ease you through it. Using our simple and FREE sign up system you could be browsing for other single people within a couple of minutes.

With members who will match your profile to others who may have a completely different background, it's a great way to get to know new people and to start a new journey. Whether you are looking for friendship, a relationship or just a little bit of fun, you can find it here knowing that member share your same values. So wave goodbye to long, lonely nights! Sign up today.

The best online dating site! 100% Free to register and search today!

With instant messaging, status updates, member feeds, video dating, dating diaries and more, there are plenty of ways to get to know some of our two million members!

Here's how it all works...

When you first join us, you become a free member. As a free member you can create a profile, add a photo, search for people by county, create your favorites list and send unlimited winks. You'll also receive an email if someone adds you as one of their favorites, winks at you, or sends you a message. If you decide to become a full member, you will also be able to:

- Send and receive private messages
- Chat online with instant messenger See who's looked at your profile
- Add multiple photos to your profile Video chat
- Create and read dating diaries
- Create and watch video profiles

You can upgrade from free to full membership by accessing 'My Account' when you login, or click here to be taken to the membership page once you are logged in. If you have any questions about your membership, or have any trouble using singleagain.com/dating, our dedicated support team are on hand to help you.



Sheriff Bonner to Speak at SIRS Social **AUBURN, CA (MPG)** - Retired? Stay Bonner. Bonner was elected computers, model airplane fly-

active! Join Sons In Retirement (SIRS) Branch 37 lunch social at 11 a.m. Thursday, July 2 at the Auburn Elks Lodge, 195 Pine Street in Auburn.

The guest speaker will be Placer County Sheriff Edward Sheriff in the fall of 1994 and took office in January 1995. He is a member of numerous law enforcement associations and an instructor at Sierra College.

SIRS group has many activities, including poker, golf,

ing, bocce ball, and more. There are no dues!

New members are always welcome. For more information call (530) 885-9099 or email ranger r@pacbell.net.

Former Air Force One Pilot to Speak in Auburn

AUBURN, CA (MPG) - The Placer County Council of the Navy League will hold its monthly meeting beginning at 5:30 p.m., Monday, July 20 at the Veterans Memorial Hall, 100 East Street, Auburn.

Sil Chorino, former pilot of Air Force One and Two.

Cost of the dinner is \$14 payable at the door. Advance reservations are required.

The Navy League membership is open to all those who This month's speaker is Col. support the sea services: Navy,

Marine Corps, Coast Guard and Merchant Marine.

No prior military service is

Contact Bonnie Potter at (530) 823-2820 for further information.

Lincoln Area Chamber of Commerce





Come for the produce...Stay for the entertainment' Thursday Nights June 11-August 27

Free Concert Series in Beermann Plaza



Kick N 60's June 11





Boxall Band Jun. 25, July 30







Lincoln Hwy July 9, Aug.13 VoiceOver July 16, Aug. 27 KMZ Band July 23, Aug. 20 Sponsored by the Lincoln Area Chamber of Commerce

To sign up go to http://lincolnchamber.com/events/signuphere/ or call 916.645.2035 for more information

4 · Placer Sentinel July 3, **2015**

Local Filmmakers Premiere Crime Thriller



Cast members from left to right: Emily Marie Grant plays the part of Mandy Sanders, the mother of Robert Sanders (played by Jason F. Knittle II). Jason F. Knittle II plays the part of a 17 year old who witnesses a murder. Tessa Zehnder plays the part of Sara in RELLIK. Charlie Holliday is an actor and a SAG (Screen Actors Guild) Union Representative for Northern California. Jodi L. Church on the red carpet. Photos by Christie Spurlock. Photo illustration by Messenger Publishing Group. Craig DeLuz (below left photo; Craig on the right) plays Dante Valentino in RELLIK. Photo by Christie Spurlock

By Christie Spurlock

SACRAMENTO REGION, CA (MPG) -On June 21st, the locally based crime thriller pilot of *RELLIK* premiered at both Wizard World Sacramento Comic Con and the Tower Theatre in Roseville. The Roseville premiere featured most of the cast and crew, and the excitement was palpable as everyone saw the results of their work on the big screen.

RELLIK was directed by Tim Russ, known primarily for his role as Tuvok on Star Trek Voyager. Originally contacted to act in the series, Russ was intrigued by the script and ended up directing instead. The cast and crew hope that the web series will be picked up by a streaming service for wider

Messenger Publishing Group was able to speak with Craig DeLuz - who plays the character of Dante Valentino and is one of the writers and producers of *RELLIK* – about how he got involved in the project and what he wants the public to know about the series.

MPG: How did you get involved in this project?

DeLuz: A little over a year ago, a casting call went out to film what was going to be the pilot of a web series, which was



Ben Barber and his wife, Lindsay Barber, pose on the red carpet. Barber was a producer, cinematographer, and editor for RELLIK and is part of our very own staff at Messenger Publishing **Group.** Photo by Christie Spurlock

actually a small segment of what you saw in the theater. I came to find out that I actually knew the head writer – the only writer at the time – Brian Jagger, and I let him know that I was really



excited about it and I had written for stage, but I would be interested in doing some writing for *RELLIK* if they were interested.

MPG: Where is the series going to go?

DeLuz: What I can tell you is this: that the pilot really comes across as a police show, but it's a crime thriller. And it's as much about the killer as it is about the detectives hunting down the killer. There's going to be lots of twists and lots of turns, but I think that when people get the chance to see the pilot on the screen, I think people are really going to be excited about the direction, the twist that it has.

MPG: Is there anything you'd like the public to know about

DeLuz: As far as I know, there hasn't been a product or show with the level of potential that RELLIK has to be something in the Sacramento region, to employ the number of actors and number of people in front of the screen and behind the scenes. It's really important that if we want to bring more [projects like this] that the Sacramento community get behind...efforts like these. We have to work with the elected officials to make this happen. Because I'll tell you, the City of Roseville, Placer County, and businesses over in Sacramento Countythey really went out of their way to make it happen. I haven't seen a single community come together the way they have to support this project. It's been humbling and for those of us - the four of us who just started out; I can tell you that we fully recognize that this is a really huge success. And no one actor and no one writer made this happen. It was a team effort in every sense of the word. And you saw it, the results were fantastic.

For more information about RELLIK, see the website at http://relliktheseries.com.



Placer County Grand Jury Publishes Final Report

AUBURN, CA (MPG) - The 2014-2015 Placer County Grand Jury announces that its final consolidated report has been published. The Grand Jury undertook 16 investigations during its one-year term and this report includes the individual reports for each of the investigations. The report also includes the reports on the mandated inspections of all jails and holding facilities throughout the county.

The Grand Jury this year investigated a wide range of issues including the need for a temporary homeless shelter, possible Brown Act violations at Eureka Union School District, human trafficking in Placer County, County and City Operational Policies, and Placer County Water Agency's surplus reserves.

The report also includes information on the history of grand juries, their functions, and organization. Information is provided for the public on how to apply to be on the jury and how to submit a confidential complaint for the Grand Jury's consideration.

"New on-line this year are links," states Sharon Stanners, Grand Jury Foreperson. "You can easily access each individual report or information that you'd like to know more about. Simply go to http://www.PlacerGrandJury. org, click on Grand Jury Reports, then 2014-2015. There you'll find the 'consolidated final report' as well as each individual report."

The report is being published primarily in electronic form and is available on the Superior Court's Placer County website at www.PlacerGrandJury.org, under Reports. Hard copies are available at Placer County libraries or can be requested by contacting the Grand Jury at (530) 886-5200 or by email at grandjury@placer. ca.gov.

The Placer County Grand Jury is an investigatory body with the authority to act as a watchdog on local government. They can investigate citizen complaints and assist in criminal matters at the request of the district attorney.

Source: Placer County Grand

Superior Court Offers No-Cost Interpreters

PLACER COUNTY, CA (MPG) -Effective July 1st, 2015, the Placer Superior Court will begin providing court interpreters at no cost to parties with limited English proficiency in civil and family law case types, subject to funding and resource availability. The court will attempt to provide interpreters in such cases pursuant to the following priority set forth by the Legislature in Assembly Bill 1657:

- 1. Domestic violence cases and family law cases in which there is a domestic violence issue; Elder or dependent adult abuse cases involving physical abuse or neglect; and civil harassment cases involving temporary restraining orders
- 2. Unlawful detainer or eviction
- 3. Termination of parental rights proceedings
- 4. Actions relating to conservatorships or guardianships
- 5. Actions for child custody or visitation

- 6. Elder or dependent adult abuse cases not involving physical abuse
- 7. All other family law actions

Parties that would like to request an interpreter in one of the above case types should file Local Form PL-CW005: Request for Interpreter (Civil & Family Law). The form and instructions are available in English and Spanish on the court's website (http:// www.placer.courts.ca.gov/ interpreters-reporters/interpreters_information.html).

Although the court will attempt to provide interpreters in the case types above, interpreters are not mandated in those situations and the court may not be able to fill all requests for an interpreter, due to cost and interpreter availability constraints.

The court continues to provide court interpreters at no cost to parties with limited English proficiency in criminal, traffic, juvenile delinquency, juvenile dependency, and other mandated

Source: Placer County Superior Court

Scheduling of Family Law Appearances Through Telephonic System Temporarily Suspended PLACER COUNTY, CA (MPG) for a family support hearing must

Effective July 1st, 2015, the court is temporarily suspending the ability to schedule family law and family support appearances through the online Telephonic Appearance System. The Court is updating the system for such appearances, with the expectation that online appointments will be resumed on January 1st, 2016. The system will remain in place for General Civil, Probate, and Guardianship cases.

Effective July 1st, 2015, parties wishing to appear telephonically for a family law hearing must file the newly modified Local Form PL-FL016: Request for Telephonic Appearance (Family Law). Parties wishing to appear telephonically

file Judicial Council Form FL-679: Request for Telephonic Appearance (Governmental).

Judicial approval to appear telephonically will be required for certain hearing types. Information detailing which hearing types require judicial approval is located in the Family Law & Family Support section on the Telephonic Appearance page of the court's public website (http://www.placer. courts.ca.gov/telephonic.html).

Please contact the Family Law Division with any questions at (916) 408-6000.

Source: Placer County Superior Court





Publisher, Paul V. Scholl

Placer Sentinel is a member of **Messenger Publishing Group**

To submit your articles, information, announcements or letters to the editor, please email a Microsoft Word file to: Publisher@mpg8.com Be sure to place in the subject field "Attention to Publisher". If you do not have email access,



please call us at (530) 823-2463.



Serving Auburn and Placer County since 1987

It is the intent of the *Placer Sentinel* to strive for an objective point of view in the reporting of news and events. It is understood that the opinions expressed on these pages are those of the authors and cartoonists and are not necessarily the opinions of the publisher or our

The *Placer Sentinel* is not responsible for unsolicited manuscripts or materials. The entire contents of the *Placer Sentinel* are copyrighted. Ownership of all advertising created and/or composed by the Sentinel is with the publishing company and written permission to reproduce the same must be obtained from the publisher.

For home delivery in Auburn, subscriptions should be mailed to: Placer Sentinel, 7144 Fair Oaks Blvd., Suite #5, Carmichael, CA 95608. Subscription rate is \$25 per year in Auburn. Some delivery restrictions may apply.

The Placer Sentinel is published twice montly. Call 530-823-2463 for more information. (ISSN # 1948-1918).

Editor Carol Guild

PlacerEditor@mpg8.com

Advertising Sales PlacerSales1@mpg8.com 530-823-2463

We are proud members of these newspaper associations.





RUHKALA MONUMENT CO.

Serving All Cemeteries Since 1889

• Reasonable Prices • Custom Designs

4501 Yankee Hill Ct., Rocklin 916-624-1176





CALL (530) 823- 2463



From Haywire to Barbed Wire

By Paul Scholl, Publisher Placer Sentinel, Messenger Publishing Group

In recent posts online, Mr. Gerry Mifsud has made many unsubstantiated claims about his association with Messenger Publishing Group (MPG) and the *Placer Sentinel*. This response is to set the record straight.

When Mr. Mifsud called the newspaper last year, he left messages (with some rambling) that he wanted to write for the newspaper about local issues. His name and number was given to a staff member to find out more and to get writing samples, which we do for anyone wanting to write for any of our 10 local newspapers. When we spoke, he specifically mentioned some traffic issues that needed to be addressed in his neighborhood.

We granted Mr. Mifsud the opportunity to send in his commentary about local issues once per month. At no time was he ever a paid writer or staff member for the company. Without my knowledge, he began to profess in public at meetings that he was a reporter for the *Placer* Sentinel.

When I was notified that he was posting articles clearly claiming "Journalist Placer Sentinel, Messenger Publishing Group" and I read his current post, he was immediately notified to cease the misrepresentation and that we would no longer accept any of his submissions. This was June 16th. At that time, we pulled his current submission from the newspaper. I had not seen the article he has mentioned in the other local newspaper.

I personally apologize to anyone whom Mr. Mifsud offended under the belief that he was a representative of MPG.

To Mr. Mifsud,

online posts, we gave you the opportunity to present local issues in the newspaper. You used the opportunity unwisely. Your defamation of other people simply because they don't agree with you is anything but Christ-like.

You have also been making personal attacks on me, but you don't know the first thing about me or my company. Although a seemingly difficult task, let me try to educate you. Since I began my company in 2006, MPG has donated over \$500,000 of support to local charities. Those included are shelters for women victims of domestic abuse, hospice groups, widowed support

groups, victims of human trafficking, veterans-in-need support groups, after-school programs for underprivileged children, animal rescue organizations, nature centers, foster children agencies, local church charities, and many, many more. All of this support comes from me. There is no big corporate company writing checks for me. I am a sole proprietor.

As for your "articles" submitted for publication, you should be embarrassed. Every editor or staff member who ever worked on your articles complained about how terrible they were to try to edit. Not in the intent to try to help others, which is why we gave them so much more time and care, but because the quality was so very, very poor. When I found out how much time they were spending to try to just even understand and then edit what you were attempting to convey (let's just say many hours with every submission), I directed them to stop and that you needed to have your own editor fix them or we would no longer run them in the newspaper. Basically, they were so poorly written and conceived we may as well have written them ourselves. You should try rubbing two coherent sentences together before calling something an article. You claim people compliment your articles in the newspaper? They should be complimenting my staff.

You have thrown around insults about me like they are candy from a Fourth of July parade. How dare you. We have run more articles focusing the light on the homeless issue in our region than any other publication over the past few years. But I would guess with your ego that you only read articles that have your name in them. It is not about you, sir, it is about working to resolve one homeless person's plight at a time.

When you clearly claimed to be a representative of MPG In response to your recent when not authorized to do so, you put at risk my entire staff and their livelihoods. Misrepresentations can easily turn into lawsuits. I will not tolerate anyone who knowingly puts the rest of my staff at risk. I have an obligation to them and their families to protect their interests from someone who is so reckless and creates an obvious high risk.

I had my employees read your online post, especially the part about "recent hatchet job" and "Prisoners at the Paper." They were appalled. "We helped this guy?" I can appreciate that in the same paragraph you state that you will not be silenced. That's good. Let others read

what spews from your mouth.

You go on to include me with other Auburn "power brokers." I was so amused. I have met Mr. Holmes once at a local fundraising event in Old Town about three years ago. He sends us information to run in the newspaper to support local veterans. I met Mr. Holbrook twice many years ago. Once to meet with him about buying an ad in the newspaper that I own in Citrus Heights, and again to pick up his payment for that ad. Scott sometimes sends in notices about local events, which we sometimes get into the newspaper. Other than that, I have not met any one of your "power brokers." Not a very good reporting job, Mr. Mifsud.

I can only imagine how much farther ahead the homeless issue in Auburn would be if they had someone else leading the cause. In one of your posts, you say "can't handle the truth or me." I have no problem with the truth. I invite it. But yes, I can no longer handle you.

Mostly, Mr. Mifsud, I have really had it with people like you who just go off and insult hard-working, family-loving, God-believing people who just disagree with you. It is just such an attitude that is destroying our country from within. Homelessness doesn't care what political party or church to which you belong. You don't know that I have served in the capacity of recruiting and trying to match foster families to support abused children in desperate need. You don't know that I have served as a chaplain and sat bedside for countless hours holding the hands of people as they lay dying and fearful in their final hours. You don't know the many sacrifices I have made in my life to make life better for others. You certainly don't know anything about all the others in the Auburn community who have done many of the same things, and in many cases, even far more than I, to make the lives of others around them better through the gift of compassion.

You have your free speech, Mr. Mifsud, just not in my newspaper.

Publisher's Note: Should any of the local charities of Auburn want the assistance of the Placer Sentinel to help grow their programs, get the word out about fundraisers, or simply recruit more volunteers, you are welcome to contact us. We just will not work with Mr. Mifsud.



FAT-ME-NOT

Summer is creeping up on us. Have you looked in the mirror lately? Are you ready to shed those sweaters for the itsy bitsy bikini? What if you could burn that nasty fat without pills or super exercising? Dr. Sandeep Grewal says there are fat burning foods. Along with Dr. Myo New, Dr. Grewal has finally connected the advances in weight-loss science in the book Fat-Me-Not, the weight loss diet of the future. Why try to lose weight the old way when powerful new research can make it simpler, easier, and safer to shed those pounds? Dr. Sandeep, board certified by the American Board of Internal Medicine shared the type of diet you should create to burn fat with me on my POPPOFF Radio Show, like:

1) EATING REAL FOOD.

E.g. whole grain food, meat, eggs, vegetables and fruits that promote gut workout, spend about 35% more calories digesting and absorbing the food, and also increase the satiety and cut cravings for sweet sugary drinks. Choose the diet that allows you to eat real foods rather than protein shakes and powders.

POPPOFF!

2) EATING A BALANCED

DIET RATHER THAN A

LOW CARB, LOW FAT **DIET.** Different body organs need different nutrients, for example, sugar (carb) is essential for blood cells and brain cells. Without the sugar, the brain will be chasing cabs and sweets. That's how cravings begin and the discipline of dieting gets ruined. That is the reason if you want to lose fat, you need to shoot for a balanced diet for long-term results. Losing weight from body water and lean body are short term. Quick fix diets will get you weight loss for a short time and then pounds come back with a vengeance.

3)EATING FOUR OR FIVE

TIMES A DAY. Our metabolism goes down 40% if we do not eat for more than four to six hours. It shuts down the less essential departments of the body. If your body senses that you are a regular breakfast skipper or small lunch eater, or just one meal a day eater, it will be cutting the calories by 40% without realizing it. That's why some obese people gain more weight without eating much. So let's fast-pace our metabolism by eating at least four to five times a day in correct portions. Let the gut work hard by digesting, transporting, absorbing, storing, and transforming the nutrients at the intervals

of approximately every four hours. When your gut is working hard, you know it's burning fat, too.

4) FOODS THAT BURN FAT. Whole grain breads and pasta, brown rice, legumes, lentils...good stable foods. A variety of colorful vegetables will give your gut a good workout and burn more calories. High-fiber diets promote fatme-not bacteria in the gut and promote weight loss. Lean meat, fish, and seafood are great fat burners. For example, compare a protein shake vs a piece of lean meat with the same calories...eating meat will burn up to 40% more calories than the readymade protein shakes and the lean meat will enhance the gut workout by chewing, digesting, absorbing, and transforming the nutrients. Coffee, pepper, and chewy veggies are good metabolism enhancers. Good fat such as avocado, nuts, and egg yolks are helpful too. Drinking eight glasses of water per day is essential to improve metabolism and burn fat.

These are a few of the ideas explored in Fat-Me-Not and you can check out more at www.slimplatesystem.com. Good luck with that itsy bitsy teeny weeny yellow polka dot



Energy Efficient • Noise Resistant • No Stucco Damage



(916) 724 -1480 CA Lic 699009

Over 50,000 Satisfied Customers Quality Craftsmanship No Subcontractors

Lifetime Warranties No High Pressure Sales

InstallationMastersTM Certified Installers AAMA & Lead Certified

A True Family Business. Owned & Operated by Nine Brothers & Sisters always striving for your COMPLETE SATISFACTION! Serving the area since 1994.









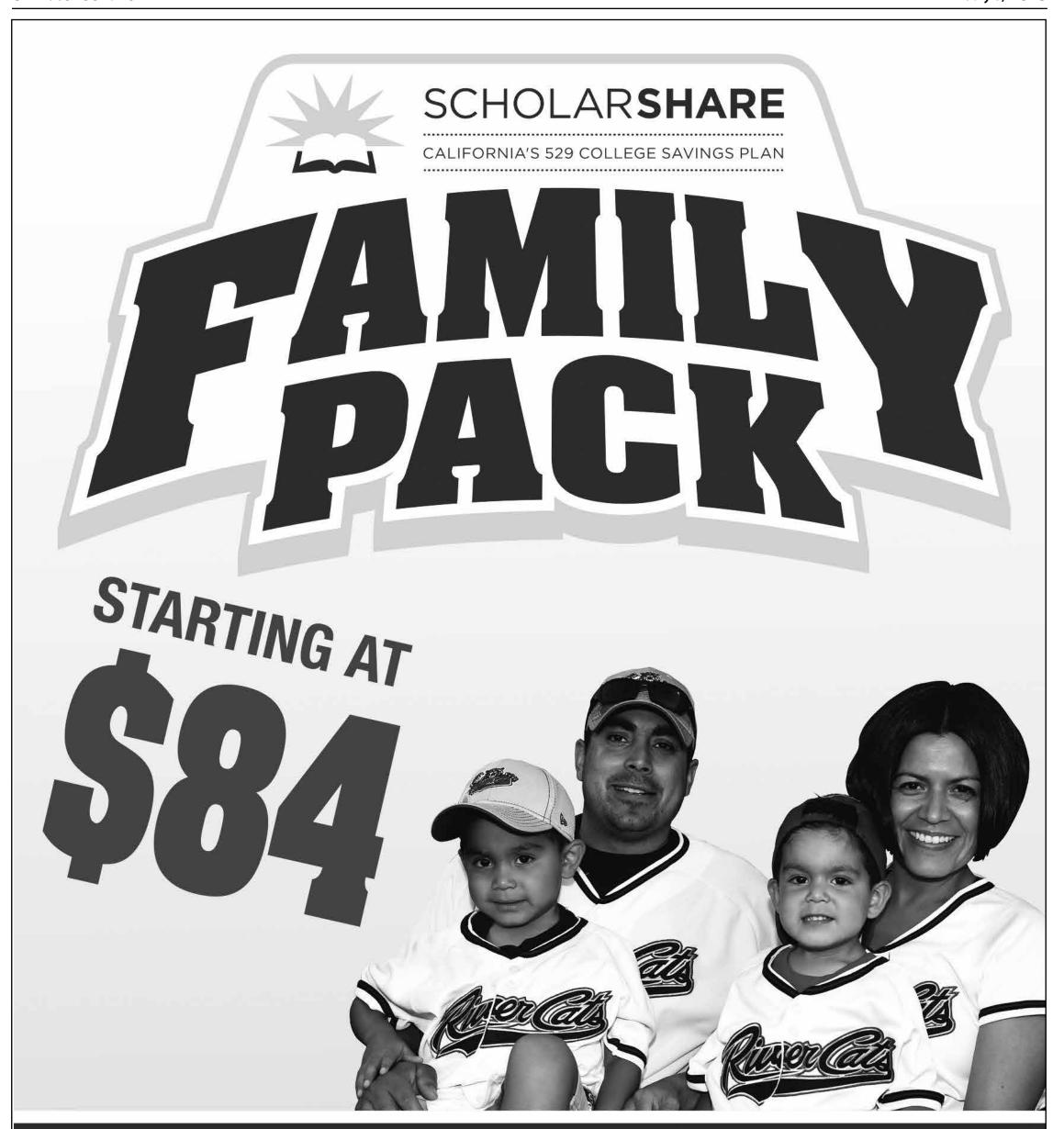
10 Day Europe \$5998pp w/Air

10 Day Tahiti \$5148pp w/Air

CST 2061961-40



6 • Placer Sentinel July 3, 2015



SATURDAY NIGHT RIVER CATS TICKETS SACRAMENTO ZOO TICKETS



HOT DOG, SODA, & CHIPS VOUCHERS

FAIRYTALE TOWN TICKETS





TICKETS AT RIVERCATS.COM

MPG CLASSIFIED ADVERTISING

Adoption

PREGNANT? CONSIDERING ADOPTION? Call us first. Living expenses, housing, medical, and continued support afterwards. Choose adoptive family of your choice. Call 24/7. 1-877-879-4709 (Cal-SCAN)

Announcements

Hot Flashes? Women 40-65 with frequent hot flashes, may qualify for the REPLENISH Trial a free medical research study post-menopausal women. Call 855-781-1851 (Cal-SCAN)

DID YOU KNOW 144 million U.S. Adults read a Newspaper print copy each week? Discover the Power of Newspaper Advertising. For a free brochure call 916-288-6011 or email cecelia@cnpa.com (Cal-SCAN)

DID YOU KNOW 7 IN 10 Americans or 158 million U.S. Adults read content from newspaper media each week? Discover the Power of Newspaper Advertising. For a free brochure call 916-288-6011 or email cecelia@cnpa.com (Cal-SCAN)

Antiques/Collectibles Wanted

Old Railroad Items Wanted: lanterns, locks, china, paper, etc. Call (916) 663-2463 (MPG 12-31-15)

Old Porcelain Signs Wanted: oil & gas, highway, RR, etc. Call (916) 663-2463 (MPG 12-31-15)

Autos Wanted

WE BUY CARS! Running or Not. Any Make, Model or Year, Call today for an INSTANT OFFER. Free Towing/Pickup. Top Dollar. We're Local! 1-800-844-3595

Donate Your Car to Veterans and Support Fast - FREE Today! Help and Veterans. pick up. 100% tax deductible. 1-800-656-1632 (NANI)

CARS/TRUCKS WANTED! Top \$\$\$\$\$ PAID! Running or Not, All Years, Makes, Models. Free Towing! We're Local! 7 Days/Week, Call

Toll Free: 1-888-416-2330 (NANI)

GET CASH TODAY for any car/ truck. I will buy your car today. Any Condition. Call **1-800-864-5796** or www.carbuyguy.com (NANI)

DONATE YOUR CAR, TRUCK OR BOAT TO HERITAGE FOR THE BLIND. Free 3 Day Vacation, Tax Deductible, Free Towing Paperwork Taken Care Of. 800-731-5042. (Cal-SCAN)

Got an older car, boat or RV? Do the humane thing. Donate it to the Humane Society. Call 1- 800-743-1482 (Cal-SCAN)

DONATE YOUR CAR! Help Fight Breast Cancer! Most rated breast cancer America! Deductible/Fast Free Pick Up. 1-855-854-6311 www.carsfor

Bathroom or Kitchen Remodeling

WAIT! Before You Spend MORE to Get LESS Call (916) 798-8388 License No. 998108 (MPG 7-3-15)

Cable/Satellite TV

Dish Network - Get MORE for LESS! Starting \$19.99/ month (for 12 months.) PLUS Bundle & SAVE (Fast Internet for \$15 more/month.) CALL Now 1-800-357-0810.

Starting Network. \$19.99/month (for 12 months. PLUS Bundle & SAVE (Fast Internet for \$15 more/month.) CALL 1-800-240-0859 (NANI)

DIRECTV Starting at \$19.99/ mo. FREE Installation. FREE 3 months of HBO SHOWTIM E CINEMAX. STARZ. FREE HD/DVR Upgrade! 2015 NFL Sunday Ticket Included (Selec t Packages) New Customers Only. CALL 1-800 385-9017

Career Training

AIRLINE CARFERS Get FAA approved maintenance training at campuses coast to coast. Job place ment assistance. Financial Aid for qualifying students. Military friendly AIM 888-686-1704 (NANI)

A Career Operating Heavy Equipment? Bulldozers, Excavators. Hands Backhoes, Training! Certifications Offered. National Average 18-22hr. Lifetime Job Placement. Benefits Eligible! 1-866-

(Cal-SCAN) 362-6497. **AIRLINE CAREERS Start Here** Get trained as FAA certified Aviation Technician. Financial aid for qualified students. Job

placement assistance. Call Aviation Institute of Maintenance 866-231-7177. (Cal-SCAN) Computer Service

VERNON'S COMPUTER SERVICE Any Computer - Any Service

24hrs/7days-Low Prices!

916-339-3738 (MPG 7-24-15)

Electrical Services

RETIRED MASTER ELECTRICIAN. problem solver! 30 yrs experience, senior discounts, Save big don't replace panel – rebuild it. Lic.# 513168, 916-595-3052

Financial Services

SOCIAL SECURITY DISABILITY **BENEFITS.** Unable to work? Denied benefits? We Can Help! WIN or Pay Nothing! Contact Bill Gordon & Associates at 1-800-966-1904 to start your application today!

Reduce Your Past Tax Bill by as much as 75 Percent. Stop Levies, Liens and Wage Garnishments. Call The Tax DR Now to see if you Qualify.

(Cal-SCAN)

1-800-498-1067.

Financial Services

HELP PREVENT **CLOSURE & Save Your Home!** Get FREE Relief! Learn about your legal option to possibly lower your rate and modify your mort-gage. 800-469-0167 (Cal-SCAN)

Sell your structured settlement or annuity payments for CASH NOW. You don't have to wait for your future payments any longer! Call 1-800-673-5926 (Cal-SCAN)

For Sale



RB-2, 14-speed, excellent condiappt. 916-947-9823 (MPG 6-30-15)

2001 Suzuki, 250 Street \$1200 or best offer 916-613-8359 (MPG 6-30-15)

SAWMILLS from only \$4397.00-MAKE & SAVE MONEY with your own bandmill- Cut lumber any dimension. In stock ready to ship. FREE Info/DVD: www. NorwoodSawmills.com 578-1363 Ext.300N (Cal-SCAN)

diningroom set and 5 piece cherry bedroom set. all for \$765. Call (916) 995-0913.

New love seat sofa. 5 piece

PUPPIES FOR SALE Bichon Frise DOB: 4/21/15. 3 females 1 male with shots. Excellent family dog \$600.00 916-216-6854 (MPG 7-17-15)

46" Toshiba flat screen TV Bose speaker stand, & included, (916) 455-0642 (MPG 7-17-15)

Handyman

QUALITY LABOR & MAINTENANCE

Yard Work. Hauling,

You Name It! (916) 613-8359

Health & Medical

OVERWEIGHT? We have helped thousands of people across the USA since 1980. Guaranteed products, 100% money-back if not satisfied. Call Linda or Frank. (800) 319-5558 or www.WeBeSlim.com

Stop OVERPAYING for your prescriptions! Save up to 93%! Call our licensed Canadian and International pharmacy vice to compare prices and get \$15.00 off your first prescription and FREE Shipping. Call

Canada Drug Center is your choice for safe and affordable medications. Our licensed Canadian mail order pharmacy will provide you with savings of up to 93% on all your medication needs. Call today 1-800-273-0209 for \$10.00 off your first prescription

Got Knee Pain? Back Pain? Shoulder Pain? Get relieving brace -little or NO cost to you. Medicare Patients Call Health Hotline Now! 1- 800-Hotline Now! 1- 800-796-5091

and free shipping.

Help Animals

SPCA Thrift Shop Helpless animals need your donations. The 916-442-8118. 1517E Street for donations-10-4pm (MPG)

Help Wanted

Alderson Convalescent Hospital hiring CNA's. Completed Certification a must Full Time/Part Time. All Shifts-Apply in person at 124 Walnut Street, Woodland CA 95695 or on our website:

www.achwoodland.com

Rancho Cordova Library 2 Shelver positions. Contact 916-264-2920. Test on 6/26/15

10:30am. (MPG 7-17-15) AIRLINE CAREERS start here

Get FAA approved Aviation Mechanic training. Financial aid for qualified students. Job placement assistance. Get started by calling

AIM now 888-216-1687 (SWAN DRIVERS - No experience? Some or LOTS of experience? Talk! We support every every day, every mile! Central Refrigerated Home. 888-891-2195 www.

(Cal-SCAN) ATTN: Drivers - \$2K Sign-On Bonus! We Put Drivers First! \$55K/vr Bonuses

CentralTruckDrivingJobs.

Beautifu Trucks. CDL-À Řeq - (877) 258-8782 www.drive-(Cal-SCAN) Obtain Class A CDL in 2 1/2

Company weeks. Sponsored Training. Also Hiring Recent Truck School Graduates. Experienced Drivers. Must be 21 or Older. Call: (866) 275-2349

\$500-\$1000 Daily Returning Phone Calls! No Selling, No Explaining! Not MLM! Call 1-800-689-0931



(916) 613-8359

Inhome Childcare

Nenes Smart Start Small in-home Childcare M-F 7AM-6PM. Infant thru 5 Preschool certified Licensed & Insured.

(916) 723-3342

Insurance/Health

Lowest Prices on Health & **Dental Insurance.** We have the best rates from top companies! Call (Cal-SCAN)

Legal Services

DID YOU KNOW Information is power and content is King? Do you need timely access to public notices and remain relevant in today's hostile business climate? Gain the edge with California Newspaper Publishers Association new innovative website capublicnotice. com and check out the FREE One-Month Trial Smart Search Feature. For more information call Cecelia @ (916) 288-6011 or www.

Legal / **Public Notice**

(Cal-SCAN)

capublicnotice.com

YOU KNOW Information is power and content is King? Your doorway to statewide Public Notices, California Newspaper Publishers Association Smart Search Feature. Sign-up, Enter keywords and sit back and let public notices come to vou on your mobile, desktop, and tablet. For more information call Cecelia @ (916) 288-6011 or www.ca-

Medical Supplies / Equipment

JAZZY 600 power Wheel Chair Like New. Gold & tan leather. OBR (916)919-4680

Safe Step Walk-In Tub Alert for Seniors. Bathroom falls can be fatal. Approved by Arthritis Foundation, Therapeutic Jets, Less Than 4 Inch Step-In. Wide Door. Anti-Slip Floors. American Made. Installation Included. Call 800-

799-4811 for \$750 Off. (Cal-SCAN)

Moving Services STEADY MOVES

You rent the truck... we will make sure it is loaded/ un-PROFESSIONALLY! (Lic#322945) **916-206-3183.** Email msmith 2661 @ comcast.net (MPG 06-30-15)

Miscellaneous

MAKE Α CONNECTION Real People, Flirty Chat. Meet singles right now! Call FREE. Call LiveLinks. NOW: 1-877-909-2569 (SWAN)

TOP CASH PAID FOR OLD GUITARS! 1920's thru 1980's. Gibson, Martin, Fender, Gretsch, Epiphone,
Rickenbacker,
Prairie
D'Angelico,
Mandolins/Banjos.
(NANI)

Make a Connection. Real People, Flirty Chat. Meet singles right now! Call LiveLinks. Try it FREE. Call NOW: Call 1-877-737-9447. 18+

Life Alert. 24/7. One press of a button sends help FAST! Medical, Fire, Burglar.Even if you can?t reach a phone! FREE Brochure. CALL 800-309-8027 (NANI)

Got Knee Pain? Back Pain? **Shoulder Pain?** Get a painrelieving brace -little or NO cost to vou. Medicare Patients Call Health Hotline Now! 1-800-

491-6053 (NANI) ACCESS YOUR LAWSUIT CASH! In an Injury Lawsuit? Need Cash Now? Low Rates. No Credit

Checks/Monthly Payments, Call 1-800-568-8321. (NANI) DIVORCE. FTC \$240-\$550* Covers Children, etc. *Excludes

govt. fees! For a Local Office, Call 1-215-717-8499, Ext. 400 or 1-888-498-7075, Ext. 500 BAYCOR & ASSOCIATES Established 1973

CASH FOR CARS: All Cars/ Trucks Wanted. Running or Not! Top Dollar Paid. We Come To You! Any Make/Model. Call For Instant

1-800-864-5960 (NANI) Got Knee Pain? Back Pain? Shoulder Pain? Get a painrelieving brace -little or NO cost to vou. Medicare Patients Call Health

Hotline Now! 1-800-491-6053 (NANI) SOCIAL SECURITY DISABILITY BENEFITS. Unable to work? Denied benefits? We Can Help! WIN or Pay Nothing! Contact Bill Gordon & Associates at 1-800-290-8321 to

start your application today! (NANI) DIRECTV starting at \$24.95/ mo. Free 3-Months of HBO, starz, SHOWTIME & CINEMAX FREE RECEIVER Upgrade! 2014 NFL Sunday Ticket Included with Select Packages. Some

exclusions apply - Call for details 1-800-647-1163 (SWAN)

TV Retailer -SAVE! Starting \$19.99/month (for 12 months.) FREE Premium Movie Channels. FREE Equipment, Installation & Activation. CALL, LOCAL DEALS! 1-800-341-7308

Music Lessons Guitar Lessons - Beginner to

Advanced. \$10/half hour. \$15/hour. freddiebbalbert1@yahoo.com 530-263-6926

GUITAR LESSONS Beg. - Adv. GIT grad. Call for prices. 916 723-7021 (MPG 6-30-15)

Drum Set for the Adult Learner.

\$25 - 1/2 hr. musicview@

916-482-6592 Personals

Attractive sleek single white female seeking single white male 67+ for bible study partner and travel companion. If this sounds like a match call 530-263-1635. (MPG 7-17-15)

Personals

MEET SINGLES RIGHT NOW! No paid operators, just real people like you. Browse greetings, exchange messages and connect live. Try it free. Call now 1-800-945-3392.

Find the love you deserve! Discover the path to happiness. New members receive a FREE 3-minute love reading! Entertainment purposes only. 18 and over. 800-639-2705 (Cal-SCAN)

Pets/Animals

DOG RESCUE Gary (916) 334-2841

Please Adopt or Foster Because so many really great dogs are dying for a good home.. **ShelterMOU**

@hotmail.com **Property Management**



Vista Group Realty & Property Management is a full service Real Estate Brokerage, providing Residential & Commercial leasing & property management. We specializes in leasing & managing , Single Family Homes, Multi Family Units, Office Buildings, and Retail Centers. Are you happy with your current management company? We are committed to our satisfaction! Mention this ad and get one

Call Bonnie Dominick License # 01405822 916-952-9005 bonnie@vistagrouprealtv.com Vista Group Realty 7612 Fair Oaks Blvd Carmichael, CA 95608

month free property man-

Real Estate

20 to 40 Acres, \$0 Down From \$128/mo. Owner Financing. Money Back Guarantee Near El Paso, TX Beautiful Mountain Views FREE Color Brochure Call Now 1-800-939-2654 (NANI)

Cal-Vet Repo North Highland, Ca

Manufactured Home. 4130 AN-NAPOLIS LN. #159 - 3Bd.2Bth - APPROX. 615 SQFT. - SOLD "AS IS", SEALED OFFERS UNTIL 06/30/2015. ALL OF-FERS SUBJECT TO SELLER ACCEPTANCE. ALL OFFERS CONSIDERED, LISTED FOR \$31,000. CALL OR TEXT Nina

Tennessee Lakefront Community OWNER FINANCING AVAILABLE beautiful lake and mountain views, private marina, starting at \$24,900 call 1-877-513-8015 for more information (NANI)

M Schwartz (916) 813-9238

Real Estate



We sell homes! 30 minutes that's all it takes. You tell me why you are selling your house and I will tell you how much your home is worth. Group Realty we sell homes! Our goal is to make sell-

ing your house quick & easy! Call Bonnie Dominick License # 01405822 916-952-9005 bonnie@vistagrouprealty.com Vista Group Realty 7612 Fair Oaks Blvd

Carmichael, CA 95608 **Roommate Wanted**

bedroom house in Citrus Heights. \$425/mth + utilities. \$100 deposit. Female preferred. 916-223-8736 (MPG 6-30-15)

Timeshares SELL/RENT YOUR TIMESHARE Guaranteed Services more buyers/renters. NO GIMMICKS JÚST BESULTS! www.BuyATimeshare.

1-888-879-8612 (NANI)

Want to Buy Want To Purchase Minerals And Other Oil/Gas Interests.

13557. Denver CO 80201. (NANI)

Details

CASH PAID for unexpired, sealed DIABETIC TEST STRIPS! 1 DAY PAYMENT & PREPAID shipping. HIGHEST PRICES! Call 1-888-776 7771. www.Cash4DiabeticSupplies. COM (NANI)

TOP CASH PAID FOR OLD **GUITARS!** 1920's thru 1980's. Gibson, Martin, Fender, Gretsch, Guild, Mosrite. Prairie State Rickenbacker, Prairie State, D'Angelico, Stromberg. And Mandolins/Banjos

CASH FOR DIABETIC TEST STRIPS!! Don't throw boxes away Help others. Unopened / Unexpiréd boxes only. All Brands Considered. Anytime! 24hrs/7days 491-1168 (Cal-SCAN)

1-800-401-0440

GOT LOCAL NEWS? Call 773-1111

Sudoku Puzzle on Page 9 4 5 0 0 7 4 0 0 0

(NANI)

1	5	2	3	7	4	6	9	8	
3	6	7	9	2	8	4	5	1	
8	4	9	6	1	5	З	2	7	
7	8	3	2	5	1	9	6	4	
5	9	4	8	6	7	2	1	3	
2	1	6	4	9	3	7	8	5	
6	3	1	7	8	9	5	4	2	
4	2	8	5	3	6	1	7	9	
9	7	5	1	4	2	8	3	6	

Want to Buy

CASH PAID ON THE SPOT FOR YOUR EXTRA DIABETIC TEST STRIPS UP TO \$30 PER BOX!

We buy One Touch and most brands. For FAST LOCAL PICKplease call Rachel (916) 505-4673 (MPG 10-03-15)



I am a loving and trustworthy care take. Also, qualified CNA, available to work are 2-any hours, and able to start as soon as possible. Please call Yvonne at (916) 612-8029.

I do pruning, weeding and planting, interior painting, garage and house cleaning. And de-cluttering and organizing. I transport to medical, other appointments, shopping etc. and errands. No job to small. Health and Security background. References. College grad. **Tim 916-334-8903**, **503-460-7149**. (MPG 08-31-15)

Yard Sale

Lots of stuff and oak furniture with negotiable prices. Friday 25th and Saturday 26th from 8am-3pm. 10805 Ambassador Drive

Rancho Cordova CA 95670 Yoga

Your Fitness Genie Making Your Fitness Goals Come True! Genle 14 Years of Experience

 Weight Loss • Injury Recovery
 Senior Fitness • Yoga • Pilates Safe, Effective, Functional
Resistance Training
Be Active, Call Today!

(916)768-8767 Help Wanted

FACILITIES ASSISTANT IMMEDIATE OPENING

Part-time Facilities Assistant needed (25-30 hours/week) to assist in maintaining building(s) & grounds during weekday & weekend hours. Tasks include janitorial services/cleaning & routine grounds maintenance to keep all safe, clean & neat. Applicant must be able to walk up stairs, bend, use ladders &

lift at least 40 pounds. Send resume to finance@powerhousesc.org

Heating & Air **VICTORIA HEATING** & AIR CONDITIONING

Lic#877379 Over 10 Years of Experience We Provide SERVICE, REPAIR,

CHANGE OUT AND NEW INSTALL • Easy • Fast Response • Reasonable Price

• We offer a Special \$50 Diagnostic Fee We will tell you what is wrong with your unit and how much it will cost to fix your unit before we begin work Fach project is confirmed in writing

 OR. new unit installed with 5 to 10 years warranty So Don't Wait! Call Us At (209) 338-4475 or (916) 474-0173

and one year warranty

(MPG 04-30-15) Do You Want to Know What Your



Last Year! Call Now for a **FREE Market Analysis** of Your Home

(916) 992-9922 Dare & Associates Real Estate License #01228753

HELP WANTED

Now accepting

applications for Full time and **Part Time** help at the **UPS Store**

Please inquire for positions at the store location with resume.

7405 Greenback Lane Citrus Heights CA 95610

Please call

(916) 725-1345

I buy old Porsche's 911, 356. 1948-1973 only. Any condition. Top \$\$ paid. Finders Fee. 707-965-9546. porscheclassics@yahoo.com

Service Provided



andscape Living Elements Landscape When only the best will do Exterior maintenance Landscape design and care Dryscape, rock gardens Free estimates will beat others 916-430-3777

Ready....Set...SUMMER! Classified

Advertising

Sell Your Stuff! Reach 1000's of Readers Every

CALL

773-1111

Week!

CNPA Services. Inc. is seeking a Media Specialist in Sacramento, Ca.

Full-time with benefits.

Job responsibilities include: accurate and timely placement and confirmation of newspaper advertising, gather newspaper rates and information and liaise between clients and newspapers.

Candidate should be a motivated self-starter, detail oriented with excellent communication skills. Newspaper / Agency experience preferred. Word, Excel and Outlook skills required.

Send resume to:

Wolf Rosenberg

wolf@cnpa.com

(C a I - S C A N

Monsanto's ROUND UP

Diagnosed with a serious medical condition, including Non-Hodgkin's Lymphoma, after exposure to Monsanto's Round Up pesticide?

You may be entitled to compensation Call Andrus Wagstaff, PC Toll Free: 866-795-9529

NOTICE TO READERS California law requires that

contractors taking jobs that total \$500 or more (labor and/or materials) be licensed by the Contractors State License Board. State law also requires that contractors include their license numbers on all advertising. Check your contractor's status at www.cslb.ca.gov or 800-321-CSLB (2752). Unlicensed persons

taking jobs that total less than \$500

must state in their advertisements that they are not licensed by the Contractors State License Board DISCLAIMER

Be wary of out of area companies. Check with the local Better Business Bureau before you send any money for fees or services. Read and understand any contracts before you sign. Shop around for rates

AIRLINE CAREERS START HERE



Get trained as FAA certified Aviation Technician. Financial aid for qualified students. Job placement assistance.

Call Aviation Institute of Maintenance

866-231-7177 \$20000 per month

for just a few hours'

work per week

CALL 916 773-1111



Specialties Plus Machine Repairs (all makes and models) · Toner Cartridge Refills (using Cartridge

World? Take 10% off their price & try mine,

· Free Cleaning (with our cartridge) Service Contracts (monthly or yearly) · Lease or Rent

(save wear & tear

on your machine)

M Ε

· We are Local



Specializing in Digital Printers, Copiers, Fax & Multifunction Machines

E-mail:

specpluscopiers@gmail.com

(916) 723-8430

S Ε

Crossword Puzzle on Page 9



Ε

8 · Placer Sentinel July 3, **2015**



4 EASY TREATS FOR THE

4TH OFJULY

Casual and colorful desserts made easy

FAMILY FEATURES

veryone will be bringing something to the 4th of July picnic, but you can bring the grand finale. Each of these tasty sweet treats captures the flair of the 4th without the fuss. In just a little time, you can add patriotic color and fun flavor to classics like cupcakes, ice cream cones and cookies.

Dipped Ice Cream Cones: Add color and crunch to your cones with a dip in red, white or blue melted Candy Melts candy and a variety of patriotic sprinkles. The Cone Cakes baking rack holds the cones for drying and serving.

Red, White and Blue Swirled Cupcakes: Everyone loves picnic treats they can grab and eat, and these July 4th cupcakes also bring pyrotechnics to the plate. Each is topped with an explosive three-color swirl of icing, easily created

with the Color Swirl Three-Color Coupler.

S'mores Crispy Cereal Treats: These crunchy cereal bars pack the flavor of traditional s'mores while being much neater to eat. The marshmallow, cereal and candy mixture is laced with warm cinnamon graham and creamy vanilla custard flavors using Treatology Flavor concentrates.

Creamy Coconut Cookie Flag: Give the day a flag-waving finish with red, white and blue royal iced cookies that hold up to the heat using the Color Right™ Performance Color System. The tropical taste combination of toasted coconut and creamy vanilla is just right for summer.

It's a great feeling to bring a dessert that can't miss. The Wilton Test Kitchen developed these deliciously easy ideas to go with your summer celebration so you can enjoy the fireworks with everyone else. For more party ideas, visit www.wilton.com.

Dipped Ice Cream Cones

Yield: 12 ice cream cones

1 bag (12 ounces) Bright White **Candy Melts Candy** Sugar ice cream cones Jimmies 6-Mix Sprinkle Assortment **Rainbow Jimmies**

Melt candy in microwave safe bowl. Dip cones about 1 inch deep around opening of cone. Cut small hole in tip of bag and drizzle melted candy 1 inch deep around opening of cone. Tap cone lightly to smooth, and sprinkle with jimmies. Position cone in cone rack. Let chill, about 10-15

Add ice cream scoops at party and serve in cone rack.

Red, White and Blue **Swirled Cupcakes**

Yield: 12 cupcakes

Favorite cupcake recipe or mix 1 4.5-pound tub White **Ready-To-Use Decorator Icing**

Color Right Performance **Color System**

Icing Colors

Red (formula 186): 2 cups icing + 40 R

White: Reserve 2 cups icing Deep Blue (formula 647): 2 cups icing + 26 B + 8 R + 4 P

Bake cupcakes according to package directions in red, white and blue standard baking cups.

Tint icing following color formulas above. Prepare Color Swirl 3-Color Coupler according to package directions, filling one decorating bag each with red, white and blue icing and fitting with tip 1M. Pipe a swirl on each cooled cupcake top.







S'mores Crispy Cereal Treats

Yield: 20 servings

6 tablespoons butter

1 bag (16 ounces) regular-sized marshmallows 1/4 teaspoon Warm Cinnamon Graham Treatology

Flavor Concentrate 10 drops Creamy Vanilla Custard Treatology

Flavor Concentrate 1/4 teaspoon salt

10 cups crisped rice cereal

1 bag (10 ounces) mini marshmallows, divided 1 1/4 cups Light Cocoa Candy Melts candy, divided

Prepare 13-by-9-inch baking pan with vegetable spray.

In very large saucepan, melt butter over medium high heat until it smells nutty and browns slightly. Reduce heat to medium low; stir in regular marshmallows, warm cinnamon graham and creamy vanilla custard flavors, and salt. Cook, stirring constantly, until melted and smooth.

Remove from heat; stir in cereal, 3 cups mini marshmallows and 3/4 cup light cocoa candy. Press into prepared pan. Sprinkle with remaining mini marshmallows and press lightly to adhere.

In small microwave-safe bowl, microwave remaining 1/2 cup candy on 50 percent power in 30-second intervals, stirring between each, until candy is almost melted. Stir thoroughly until smooth and drizzle over treats. Let cool completely.

Creamy Coconut Cookie Flag

Yield: About 3 dozen 3-inch cookies

1 cup (2 sticks) unsalted butter, softened

1 1/2 cups granulated sugar 1 egg

1/4 teaspoon Toasted Coconut **Treatology Flavor Concentrate**

drops Creamy Vanilla Custard **Treatology Flavor Concentrate**

cups all-purpose flour

1 teaspoon baking powder

1 teaspoon salt

Icing

3/4 cup + 3 teaspoons water 12 cups (about 3 pounds)

confectioner's sugar, sifted tablespoons Color Flow Mix Color Right Performance **Color System (see colors** tinted below)

Icing Colors

Red (formula 32): 1 1/2 cups icing +62 R + 8 ODeep Blue (formula 647): 1/2 cup icing + 27 B + 5 P + 6 R White: Reserve 2 cups icing

Note: Make and decorate cookies 1 day in advance to allow for drying time. Heat oven to 350°F.

In large bowl, beat butter and sugar with electric mixer until light and fluffy. Beat in egg and flavors. Mix flour, baking powder and salt; add to butter mixture 1 cup at a time, mixing after each addition. Do not chill dough. Divide dough into 2 balls. On floured surface with rolling pin, roll

inches in diameter by 1/8 inch thick. Cut cookies with star nesting metal cookie cutter. Dip cutter in flour before each use.

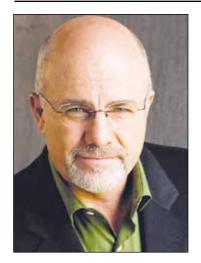
each ball into a circle approximately 12

Bake cookies on ungreased cookie sheet 8-11 minutes or until cookies are lightly browned.

Prepare Color Flow icing. Tint icing following color formulas above. Use tip 3, a parchment bag and full-strength icing to outline cookies: 32 in red, 21 in white and 16 in blue. Let cookies dry 1–2 hours.

Thin 1 cup red, 1/4 cup blue and 1 cup white icing. Use thinned icing and disposable decorating bag to fill in cookies. Fill in 8 of blue outlined cookies with white icing and remaining cookies with matching outline color. Let dry 8–12 hours.

To serve, arrange cookies on tray in stars and stripes design.



Traps to avoid after graduation

Dear Dave,

I'm currently a senior in college. I'm completely debt-free right now, and I am wondering what I should do to stay this way after graduation.?

- Cary

Dear Cary,

You're already primed for a great start. Doesn't it feel great to know you won't have a bunch of payments hanging over your head when you walk out into the world? I'm really proud of you!

There are three major traps I tell all new graduates to avoid. One, don't buy or lease a new car. Save up and pay cash for your cars for the rest of your life. If you saved the amount of an average car payment — about \$485 a month — and put it into a good mutual fund from age 25 to 65, you could easily retire a millionaire. Now that's something to look forward to!

The second trap to avoid is

Dave Says

rushing in to buy a house. The first few years after college will be some of the most volatile in your life in terms of career and relationships. Save up a big pile of cash and be patient. Too many young people today go crazy and buy houses they can't afford just because their friends bought one, or everyone is telling them it's what they should do.

Last, don't ever get caught up in the credit card trap. Your income is your greatest wealthbuilding tool, so why would you want to take a chance on wrecking your future by sending everything you make to some bank? Live on less than you make, and live by a written, monthly budget.

I think you've got a really bright future ahead, Cary. Just remember to have a plan, pile up some cash and stay away from debt!

—Dave

Stay away from interest-only mortgages

Dear Dave,

Can you explain interest-only mortgages? Are they a good idea?

- Dale

Dear Dale,

An interest-only mortgage is just what it sounds like. You're

THANK A VETERAN TODAY

CALL (530) 823-2463 TO

ADVERTISE IN YOUR LOCAL

HOMETOWN NEWSPAPER

paying only the interest on the loan, and none of what you actually owe. It's a good way to stay in debt for the rest of your life, so they're not a good idea.

Lots of people look at this product and say, "Wow, I'll get a lower monthly payment, and then I can throw tons of cash at the principal." Guess what, in most cases it doesn't work out that way. Why not take out a good 15-year fixed rate mortgage and put a bunch of money toward the principal? Everyone thinks they have a great idea for tricking the system. But the only system that really works is to pay off debt as quickly as you can.

Interest-only mortgages are like adjustable rate mortgages and high fixed rate mortgages they're good things to stay away from completely!

—Dave

Dave Ramsey is America's trusted voice on money and business. He has authored five New York Times best-selling books: Financial Peace, More Than Enough, The Total Money Makeover, EntreLeadership and Smart Money Smart Kids. The Dave Ramsey Show is heard by more than 8 million listeners each week on more than 500 radio stations. Follow Dave on Twitter at @ DaveRamsey and on the web at daveramsey.com.

Red Cross Lifesaving Mission Join the Team!

people see the Red Cross responding to emergencies, they often want to help but don't know how. Following is information to help you get involved now, before a major disaster strikes.

Red Cross volunteers respond to a local emergency every 11 hours. In these events, the Red Cross provides shelter, food, and health and mental health services to help families and entire communities get back on their feet. Although the Red Cross is not a government agency, it is an essential part of the response when disaster strikes. They work in partnership with other agencies and organizations that provide services to disaster victims.

Most of you have probably noticed reports of several fires in our region. With record drought conditions, it will not be surprising to have many more. The danger of a big fire is greater than

The Red Cross has had a presence in the Gold Country region for over 100 years with a modest number of dedicated individuals. Now only a very small number of volunteers remain to provide initial help to folks who have lost their homes, who need a place to stay, food, and maybe critical prescription medications. These same volunteers are regularly the ones evacuation centers and shelters for large disasters.

If the local volunteers are not available because of vacations or illness, volunteers from Yuba City or Sacramento will respond, but with driving time the response will not be as prompt. Consider your family standing beside the ashes of what used to be your house without money, credit cards, car keys, phone and phone numbers, with only the clothing on their backs. Would waiting an extra hour or two for help make a difference?

You can make a difference by volunteering with the American Red Cross. They will find the position that appeals to you and allows you to use your skills and

Requirements are few: 18 years-of-age or older and retired or with a flexible work/school schedule. The Red Cross also requires a background check of all volunteers. They do this to ensure both volunteers and clients have a positive interaction with the Red Cross

There are several areas where you can get involved. From communications/public affairs to disaster response and recovery, fundraising, preparing the community for a disaster and general administrative support.

sign up visit RedCross.org/ GoldCountry. You may also download the Team Red Cross App, which allows you to sign up to help, get an overview of basic tasks, and receive notifications about Red Cross disaster volunteer opportunities in your community.

About the American Red Cross

The American Red Cross shelters, feeds and provides emotional support to victims of disasters; supplies nearly half of the nation's blood; teaches lifesaving skills; provides international humanitarian aid; and supports military members and their families. The Red Cross is a charitable organization not a government agency — and depends on volunteers and the generosity of the American public to perform its mission. The Gold Country Region serves a twenty-four county territory including Alpine, Amador, Butte, Calaveras, Colusa, El Dorado, Glenn, Lassen, Modoc, Nevada, Placer, Plumas, Sacramento, San Joaquin, Shasta, Sierra, Siskiyou, Stanislaus, Sutter, Tehama, Trinity, Tuolumne, Yolo, and Yuba counties. For more information, go to RedCross. org/GoldCountry or on Twitter @RCSierraDelta.



Foster Care

The need is great for loving, safe homes for foster children ages 0-18 & pregnant/parenting teens

We offer free training, fingerprinting, CPR/ 1st aid, 24 hr support, monthly reimbursement



weekday for six hours of

locally produced and locally

focused programming plus the

best in nationally syndicated

talk radio programming.

Local news on am950

and local news at

www.kahi.com

Listen to the Oakland A's

all season long on KAHI.

Follow @KAHIradio in

Twitter and Like KAHI

Radio on Facebook

Most of our locally

produced programs are

available for replay or

podcast download at the

'Audio On Demand' page

at www.kahi.com.

STATEPOINT CROSSWORD • Father's Day

70

CROSSWORD

CLUES

ACROSS

1. Mine passage 6. Chlorofluorocarbon

9. Diplomat's forte

_, I Love You" by The

Doors 14. " la la!"

15. Harvest helpe

16. "Pomp and Circumstance Marches" composer

17. Hula necklace 18. Exclude

19. *Father, e.g.

21. *Frequently derided gift

23. Baseball stat

24. "Animal House" party

garb 25 "T" in Greek

48

69

dish

Make the Switch

Call Now and Ask How!

and Save Up To 50%

1-800-318-5121

Call 7 days a week 8am - 11pm EST Promo Code: MB0113

to Dish Today

C StatePoint Media

28. Symphony member

30. *Dad. colloquially

35. Ballpark stats 37. Dollar bills

39. *Where lots of old dads live?

40. Norse war god

41. *Mike was the dad in the "The Brady _

43. In the next month 44. Whitman's dooryard

bloomer 46. Dog command

47. Fodder holder 48. Don't do this to Elvis's

blue suede shoes 50. Type of cell

52. Even, to a poet 53. Has divine power

55. Grandmother, in Britain 57. *" and Son'

61. _ 5, band 64. Twig of a willow tree

65. Extra point value 67. Theater boxes

69. "It is silent" in sheet music

70. Money in Myanmar 71. Coastal feature

72. Hightailed it

73. Play part

74. Like one who seeks extra attention

DOWN 1. "He said,

2. The Beatles song/movie "_ 3. One of algae

4. Distress signal

5. Bull opponent

6. *A stallion is a dad to him 7. Pacquiao to Mayweather, e.g.

8. Trouser fabric

9. Radio genre 10. Came down to earth

11. Ghana money

12. Arbor Day star

15. Stop being excited 20. Fat cat in the Orient

22. Id's partner

24. Very small

25. *These gifts can come in handy

26. IRS threat 27. Useful 29. Burden or load 31. Goes with chips 32. An Osmond

33. Soap plant 34. *He signed Father's Day into law

36. Ginger cookie 38. Jazz singing 42. Laughing predator

45. A company of companions 49. It often follows "neither" 51. *Nemo's Dad

54. Parkinson's drug 56. Nary a soul 57. Chronic drinkers 58. Hurry up

59. Cote d'Azur locale 60. Livestock food 61. A burrito can come with or

without this 62. Check out 63. As opposed to a want

66. Manhattan 68. Hog haven

FREE

For 3 months.

∰WTIME

starz

dish

HB⊚

*Offer subject to change based on premium channel availability

Fill in the blank squares in the grid, making sure that every n and 3-by-3 box includes all digits 1 through 9

2

6

For Solutions See Page 7

8

7

(916) 338-7156 THE VOICE OF THE FOOTHILLS

Tune into KAHI Radio each

Weekdays 6 - 9am: The KAHI Morning News with Bob Stephenson and the KAHI News Team

9am - Noon: The Dave Ramsey Show Noon - 1pm: The KAHI Noon News with Mary Jane Popp and

the KAHI News Team 1 - 4pm: The Savage Nation

4 - 6pm: The KAHI Afternoon News with Casey Freelove and the KAHI News Team

6 - 7pm: Poppoff with Mary Jane Popp 7 - 10pm: Sports Byline USA with Ron Barr

10pm - 11pm: The Alex Jones Show

Saturdays 6 – 7am: A Time for Seniors 7 - 8am: The Swap Shop 8 - 9am: The KAHI Corral

9 - 10am: The Garden Goddesses

Rewind with Jimmy Jay

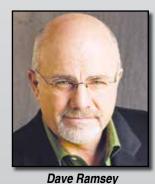
10 - 10:30am: The Good Life for Seniors Reverse Mortgage Show 10:30am -7pm: Sinatra & Friends Music 7 - 8pm: A Way With Words

8 – 9pm: Sundays

7:30 - 9am: Cruisin' Garage & Swap Meet 9 - 9:30am: The Crossroads Radio Show 9:30 - 10am: The Newcastle Show

10 - 11am: The Dew Sweepers Golf Show 11am - 6pm: Sinatra & Friends Music 7 - 8pm: A Way With Words 8 - 9pm: Hearts of Space

Michael Savage



Mary Jane Popp

Come back every week for Crossword and Sudoku!





What's the Real Cost of that Auto Repair?

How to Know If You're Paying the Best Price



which mechanic to go to, how much to pay, or if the price they're being quoted is accurate. Thankfully, tools and resources are available to help drivers confidently navigate the automotive service and repair process. Photo courtesy

SACRAMENTO REGION, CA (BPT) -

Do you take your car's "health" for granted? Only when the check engine light comes on do you realize how important a fully functional vehicle is to your daily life? Feelings of fear, regret, and anxiety often rush in: "Will my car break down?" "Should I have gotten my oil changed sooner?" Can I trust that I'm receiving a fair price for repairs?"

These are all reasonable concerns, according to Joe Wiesenfelder, Cars.com executive editor.

"According to Mintel, on average, drivers spend nearly \$1,000 per year maintaining their cars, and that number will likely only increase as the average age of vehicles continues to get older," says Wiesenfelder. "Even more important, a recent survey by Cars.com and Toluna found that one in three drivers don't trust that the prices mechanics quote to them are fair. 'Expensive' and 'stressful' are the top words that come to mind for many consumers when they're thinking about car maintenance and repairs."

Knowledge is power, but for many consumers, car maintenance can be shrouded in mystery. Many don't know which mechanic to go to, how much to pay, or if the price they're being quoted is accurate.

Thankfully, tools and resources are available to help drivers confidently navigate the automotive service and repair process. Here are a few expert tips, resources, and busted myths to arm you with the information you need to make informed, confident decisions about car service:

You probably don't need to change your oil every 3,000 miles. Due to technology advancements, many auto manufacturers recommend changing oil at intervals of 7,500 miles or more for new cars.

11 If the check engine light comes on and has a steady illumination, that indicates a possibly serious issue, and it should be dealt with quickly by a mechanic."

Does a dirty air filter really hurt performance? A clogged air filter won't significantly affect fuel economy, but it can reduce acceleration from 6 to 11%, according to a U.S. Department of Energy Study. For that reason, it's a

good idea to periodically visually check the engine air filter.

Cars.com has launched a new "Service & Repair" feature that provides a fair price estimate for different types of service, helping ensure drivers never overpay. The online tool also helps drivers find local service providers and offers reviews from actual customers to help them find a quality mechanic.

Drivers expect the tires that come with their new vehicle to last a long time, but tire life depends on many factors, including the quality of the tire; its tread-wear rating; whether it is an all-season, summer performance, or winter tire; the type of vehicle; and where and how it is driven.

Service engine? If the check engine light comes on and has a steady illumination, that indicates a possibly serious issue, and it should be dealt with quickly by a mechanic. If the check engine light is flashing, find a place to park the vehicle and turn the engine off as quickly as you safely can. Ignoring your check engine light increases the likelihood of additional problems.

For more information, tips and to learn more about Cars.com's Service & Repair tool, visit www.cars.com/auto-repair.

Source: Brandpoint Media ★

GROUPS & MEET UPS

Mother Lode Model T-Club

Meet: Second Thursday of each month at Sizzler, 13570 Lincoln Way, Auburn, CA 6:00 p.m. 7:00 p.m. Club Meeting Info: www.motherlodemodelt.com

Roamin Angels

Meet:

Gearhead Breakfast: Weekly, Friday Monrings at IHOP

on Taylorville Road, Grass Valley 7:00 a.m.

Gearhead Evening: 1st & 3rd Wednesday at Roundtable Pizza, Sutton Way, Grass Valley

General Meeting: 4th Monday of each month, Salvation Army, Grass Valley 6:00 p.m.

Info: roaminangelsinc.com

The Roadents

Meet: Cars -n- Coffee Every Saturday at

Daily Donuts, 117 W McKnight Way, #B, **Grass Valley** 8:00 a.m. - 10:00 a.m. Info: facebook.com/ROADENTS

Auburn Region-Vintage Chevrolet Club

of America Meet: Board Meetings first Monday of the month at Sizzler on Lincoln Way in Auburn 7:00 p.m.

Info: arvcca.com

(Contact for more information)

Northern California Region Classic Car Club of America

Meet: Cars & Coffe first Sunday of the month,

Blackhawk Automotive Museum, Danville 7:00 p.m.

Info: norcalccca.org

Capital City Cruisers

Events In and Around Northern California Info: caopitolcitycruisers.org

GPS Is Not Foolproof

A Map Still Makes the Most of Summer Travel

SACRAMENTO REGION, CA (NEWSUSA) - It's the season of sunshine and road trips—and if you want to get the most out of your four-wheeled adventure, you better pack a map to go along with that electronic GPS.

"The best reason to keep paper maps in your vehicle, especially on long road trips, is because GPS isn't always reliable," says Cynthia Ochterbeck, editorial director of Michelin Travel

Confirming this trend, a 2013 Harris Interactive survey of 2,200 U.S. drivers who use GPS found that 63% say that the technology has led them astray at least once by pointing them in the wrong direction or creating complex, confusing, and incor-

just as important as ever—not to mention many other benefits that you don't get with some GPS devices.

"One of the greatest characteristics of paper maps is that you get all of the details, [such as] points of interest," says Ochterbeck. "Plus, you don't risk getting lost when you lose the signal or the battery dies on your cell phone or GPS device." Another benefit is that in addi-

tion to printed maps providing efficient ways of understanding road networks that surround particular areas, the information is very reliable. Plus, new specialized maps, like Michelin's Zoom Maps, are aiming to enhance the paper map experience.

Most people recognize Michelin for its tires, but, So, while it may seem that unknown to many, it also has paper maps have gone the way a 112-year history of creating of Atari's Pong, they are still maps and travel guides. In fact,

it provided the maps that were used by the Allies for the D-Day invasion. Improving on this history, the new Zoom Maps offer seven regional maps for travel in the U.S., with the ability to zoom in on more detail in urban areas. In addition, the new maps have a "not-to-be-missed" event calendar for regions, in an easyto-fold system so you don't have to unfold the entire map.

"Technology is great, but a printed map is one of the most important tools a traveler in an unfamiliar setting can have—the battery doesn't die, it is easy to use, and it allows you to make decisions on route changes if necessary," says Ochterbeck. "Even better, there are no roaming or data charges to worry

For more information, visit www.michelintravel.com. Source: NewsUSA



To get the most out of your summer road trip, pack a map to go along with that electronic GPS. Photo courtesy of

FULL SERVICE AUTOMOTIVE REPAIR Monday - Friday 7:30a.m. - 5:30p.m. | Saturday by Appointment Only

We Do More Than Mufflers! *MIDAS*

MAINTENANCE LIFETIME BRAKES & SHOCKS & MUFFLERS **HEAT / AIR SERVICE TIRES & ALIGNMENT** CATALYTIC CONVERTERS

Midas Auto Service Experts 'Your Dealer Alternative'

TOTAL CAR CARE

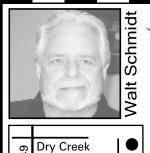
Check Engine Light Diagnosis and Repair 11840 Atwood Road

Auburn, CA 95603 Phone: (530) 885-2055

(530) 885-3494

auburnmidas@wavecable.com Mon - Fri 8:00a.m. - 5:00p.m.

Saturday | 8:00a.m. - 4:00p.m.



Locksley Ln

Bell Rd



PERFORM A COMPLETE

30 POINT VEHICLE INSPECTION

 Engine oil & filter change (up to four quarts of premium quality motor oil) Replace drain oil gasket Hazardous waste disposal

TIRE ROTATION & 27 POINT VEHICLE INSPECTION Includes checking:

Brake system

www.rogersautomotive.com

• Steering system
• Suspension system
• Suspension system
• Exhaust system & lots more...

Call for an appointment. May not be combined with other coupon discounts or advertised specials.

CV AXLE BOOT SPECIAL

Front Wheel Drive Only For One CV Boot
1/2 Price for Second CV Boot

(530) 823-9469 12215 Locksley Lane, Unit #5, Auburn, CA INCREASE FUEL ECONOMY & ENGINE PERFORMANCE Fuel Injection / Induction System Service Pressurized chemical clearing of fuel injectors, throttle body & air injection system. Helps remove carbon deposits from valves & pistons. Creates a smoother running engine.

July 3, **2015** Placer Sentinel • 11

Shop & Explore Est. 1848 Historic Old Town Auburn

Fourth of July Celebration in Old Town

PLACER SENTINEL STAFF - A day of celebrating America's Independence will happen on the streets of Old Town Auburn Saturday, July 4.

Start off by chowing down pancakes lovingly prepared by the Auburn Fire Department. Their annual pancake breakfast is served from 7-11 a.m. in the Bootlegger's parking lot. Cost is \$7 for pancakes, bacon and eggs and juice.

Then get the kids ready to burn off some of those carbs with traditional old fashion kid's games from 9 a.m.-12 p.m. Get ready to rumble with foot races, gunny sack race, shoe race, barrel hoop roll, watermelon eating contest, Tug O' War, piñatas, and a water balloon toss.

And of course, we can't forget the now famous greased pole climb! The money is at the top!

Prizes and ribbons will be awarded to the game

And snow cones will be available to cool you down from that inevitable Fourth of July heat.

This is a good, old fashioned family event in Old Town Auburn.

Bring your family, a chair or blanket and sunscreen and enjoy a full-filled morning!

For more information, call (530) 888-1585. For more information about this and other Old Town events, go to OldTownAuburnCA.com.









Where You're Treated Like Family

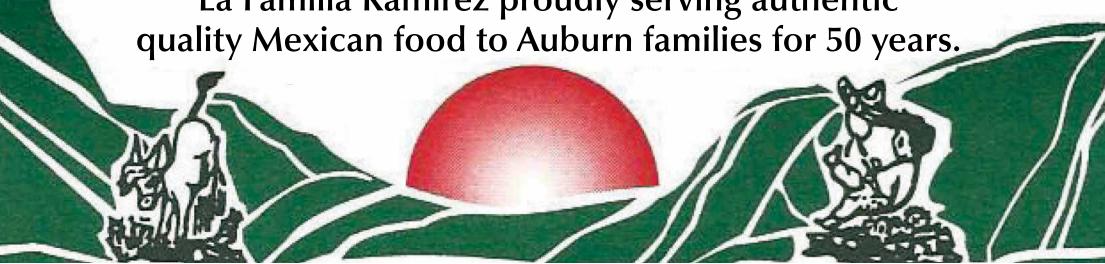


Authentic Mexican Food



Not Fancy-Just Great Food, Great Service, Great Atmosphere Try Our Lunch Specials M-F, 11-3 Don't Forget Our Senior Discount

> La Familia Ramirez proudly serving authentic quality Mexican food to Auburn families for 50 years.



916-782-4004 211 Harding Blvd. Roseville

916-624-5469 5190 Pacific Street Rocklin

530-885-2050 1591 Lincoln Way **Auburn**

530-887-0732 3031 Grass Valley Hwy. **Auburn**

Open 7 days a week • 10am to 9pm

Call for Takeout • See Our Menu at www.cafe-delicias.com

