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Vivacious, Wise,  
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# Placer Sentinel

Volume 26 • Issue 14

Serving Auburn and Placer County since 1987

July 17, 2015

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# Celtic Invasion

Uplifting, Energetic Band Plays at State Theatre



The Gothard Sisters have built a loyal following by connecting with audiences in a lively, entertaining, and touching way. Photo courtesy of Auburn Placer Performing Arts Center

AUBURN, CA (MPG) - The Gothard Sisters love to play and perform music that is timeless, uplifting, and energetic. This music has taken them across thousands of miles, playing for crowds of people of every age and in many different walks of life. Over the course of nearly 1,000 shows since they formed as a Celtic band in 2006, The Gothard Sisters, who are truly sisters, have become internationally recognized as multi-instrumentalist Celtic-influenced folk musicians, songwriters, and performers from the Pacific Northwest.

The Gothard Sisters have built a loyal following by connecting with audiences in a lively, entertaining, and touching way. In 2013, the Irish Music Awards presented The Gothard Sisters with Best New Irish Artist, and they were awarded Album of

the Year for Celtic Radio in 2011 for their album *Story Girl*. In addition to their musical endeavors, each of the sisters are highly trained in competitive Irish dance, bringing the heart-pounding rhythms of Ireland to their live shows for a dynamic surprise to keep the audience on the edge of their seats.

Summer 2015 will see the release of The Gothard Sisters' long-awaited third original album, *Mountain Rose*, which was "inspired by the love of simple, timeless and transcendent things—patience, courage, community, the beauty and adventure of nature, and most of all, the feeling of comfort in being with those you love as the sun sets on summer nights."

The Gothard Sisters operate independently of any music label, preferring a DIY approach in self-producing their

award-winning albums, energetic live shows, and imaginative music videos. In March 2015, their music video covering Simon & Garfunkel's classic song, "Scarborough Fair," reached over one million views on YouTube. ★

**SHOW:** The Gothard Sisters

**DATE:** Saturday, July 25th, 7:30 p.m.

**GENERAL ADMISSION:** \$20

**LOCATION:** State Theatre,  
985 Lincoln Way, Auburn, CA 95603

**BOX OFFICE:**  
(530) 885-0156 or  
[www.livefromauburn.com](http://www.livefromauburn.com)

## Everything You Need to Know About Salmon Fishing

Rooster Tails Fishing Club Breakfast Meeting Hosts Captain Joe

AUBURN, CA (MPG) - The Rooster Tails Fishing Club breakfast meeting will be held on Friday, July 17th at the Auburn Elks Lodge, 195 Pine Street at Lincoln Way, Auburn, CA 95603. The doors to the lodge open at 7 a.m., with a fantastic \$13 buffet breakfast served at 8 a.m. Captain Joe Aksamit's presentation begins at 9 a.m. sharp with his strategy for catching early season Delta salmon. The breakfast meeting is open to the general public and no reservations are necessary to attend. Interested men and women anglers are encouraged to arrive early to secure a good seat.

Pacific salmon belong to a group called anadromous fish that hatch and live the first part of their lives in fresh water,

then migrate to the ocean to spend their adult lives, which may be as short as six months or as long as seven years. When they reach sexual maturity, they return to the freshwater river of their origin to lay their eggs. The Sacramento River is well-known for its salmon runs, migrating from the Pacific Ocean to their upstream spawning grounds near Redding.

There are several distinct salmon runs at different times of the year; only the fall and late fall runs are open to fishing. The Sacramento River is the largest river in California. Stretching over 400 miles from the eastern slopes of the Klamath Mountains to Suisun Bay, it drains an area of about 27,000 square miles, including many major fishing

tributaries such as the Feather River, American River, and the Yuba River.

Water levels in the Sacramento River can make a difference in fishing success. While the Sacramento River is not as sensitive as its tributaries to flow fluctuations owing to its size, when the flows are low or dropping, the fish can "hole up" and not travel. When the water levels are increasing or high, the fish move freely and fresh salmon move up the river quickly. This year's salmon season opener downstream from Red Bluff was on July 16th. However, more than 620,000 king salmon are expected to migrate from the ocean this summer and they must pass through the California

Continued on page 3



Rooster Tail Members Art Stonebraker, Jim Petruk, Todd DeKellis, and Mel Ewing with over 100 pounds of Sacramento River salmon. Photo courtesy of Jim Petruk

## PCSO Hosts Community Awareness Academy

PLACER COUNTY, CA (MPG) - Reservations are now being taken for the Placer County Sheriff Office's (PCSO) Community Awareness Academy. This year, participants will tour the new South Placer Jail in addition to several other field trips. The academy fills up quickly, so reserve your spot now.

Attendees are asked to attend all eight classes, each of which covers a different topic. Classes are held Tuesday and Thursday evenings, beginning Tuesday, September 1st and ending September 24th. Participants will hear from members of the department's special units and, in addition to touring the new jail, will tour the morgue, the 911 dispatch center, and the air operations hangar.

Classes are held in the Community Room at the PCSO headquarters in the Auburn Justice Center, 2929 Richardson Drive, Auburn. Classes are scheduled from 6 p.m. to 9 p.m.

The academy will kick off with a welcome by top sheriff's administrators and an overview of how the department works. On subsequent nights, presentations will be made by air operations, Search and Rescue, the bomb squad, the Special Enforcement Team, the marine unit, investigations, hostage negotiators, and the drug task force. There will also be a demonstration by members of the K-9 team.

The academy is intended to provide the citizens of Placer County with an overview of the Sheriff Office's functions, policies, and procedures, as well as getting them involved in their community. The goal of the academy is to provide a greater awareness and understanding of law enforcement's role in the community. Attendees must be at least 18 years of age, work or reside in Placer County, and agree to submit to a minor background check.

The deadline for making a reservation is August 6th. To reserve a spot, call Community Services Officer Kim Rivera at (530) 889-6922 or email [krivera@placer.ca.gov](mailto:krivera@placer.ca.gov)

Source: Placer County Sheriff's Office ★

Visit us online at [www.PlacerSentinel.com](http://www.PlacerSentinel.com)

# Placer Profiles: Betty Gadberry

## Sophisticated, Vivacious, Wise, and Witty

By Carol Guild  
Placer Sentinel Editor

**PLACER COUNTY, CA (MPG)** - Betty Gadberry was born Betty Bianco on her maternal grandparents' farm on a county road, now called Brace Road in Loomis.

Her maternal grandparents came from southern Spain, eventually settling on their 20-acre Loomis farm where they had vineyards and orchards. "They grew red wine grapes, cherries and different varieties of plums," said Gadberry.

Her paternal grandparents came from northern Italy. They worked their 150-acre farm in Roseville off Baseline Road with vineyards and almonds.

Gadberry went to Loomis Grammar School, but was raised for most of her childhood in north Sacramento. She worked at High Hand in Loomis for a season "gluing labels on the end of boxes to pack fruit," she said with a little chuckle.

She also worked for a couple of years when she was about 16 years old at Blue Goose Exchange in Loomis. "I stamped codes on the boxes," she said. "It specified which farmer, what fruit, and the size of the fruit ..."

Gadberry went on to Sacramento City College before marrying and moving to Auburn in 1964.

She had owned a children's clothing store in Sacramento, and was thinking about opening a restaurant in Auburn. However, while taking a painting class, she met Gwen Belcher and Phyllis Locher. "They were both knowledgeable about antiques," said Gadberry. "I learned a lot from them."

But, before Gadberry would start her antiques business, she traveled and showed artwork in the Bay Area and throughout the Sacramento region.



Betty Gadberry (right) presents Carolynn Basque with a General Gomez cigar box while searching for reusable and estate sale items. Photo by Carol Guild

She opened her first antiques store on Highway 49 where Big 5 now resides. "There were two little houses on that property at the time," she said. "That first antique store was called Eye Delights." Subsequent stores would simply be called "Gadberry's."

### Bringing New Life to an Old District

Gadberry moved her store into Old Town Auburn in 1975, eventually having her own building constructed on Lincoln Way in Old Town in October 1986. She closed her store in May of 1995,

and her building there is now home to two businesses: Re-Find

**"Betty Gadberry saw the potential and hidden treasure in our historic Old Town district back in the mid-60s. From a rundown and seldom visited business district, we now enjoy a viable and thriving business enclave, thanks to visionaries like Betty."**

— Friend and past OTBA President  
Linda Robinson

Living and Studio 49 Salon Suites.

During her time in Old Town, though, Betty Gadberry brought new life to the old district. Starting with, "getting people to call it 'Old Town' instead of 'lower town,'" she said. She also quickly started a merchant association, now called the Old Town Business Association (OTBA).

"Betty Gadberry saw the potential and hidden treasure in our historic Old Town district back in the mid-60s," said friend and past OTBA President Linda Robinson. "She started a grassroots movement, spearheading a group who shared her vision, and created the first merchant association."

Gadberry resurrected the flea market in Old Town after it had floundered for a few years. Shortly after setting up shop in Old Town, she also started Country Christmas, a hugely popular event celebrating its 29th year this December.

"From a rundown and seldom visited business district, we now

enjoy a viable and thriving business enclave, thanks to visionaries like Betty," said Robinson.

Gadberry was also involved with the Main Street program, and has served on the board of the Auburn Chamber of Commerce.

### Passion and Perseverance

Betty Gadberry has been involved in estate sales for about 10 years. It's how she found a recent gem she gifted to the Burns family, owners of the General Gomez Arts & Event Center and descendants of E.W. Burns, who hand-rolled the General Gomez cigars in the 1800s in Auburn.

"I was helping with an estate sale downtown," she said. "I was looking for cigar boxes to have repurposed for front drawer covers." Gadberry found a small treasure trove of cigar boxes, and while she was gathering and telling someone how much she would love to find an old General Gomez cigar box ... Voila! "I had it in my right hand," she said.

With hands still dirty from rummaging, Gadberry happily took the box directly over to the General Gomez Arts & Event Center. "I handed it to David [Burns]," she

said. "His eyes lit up like a deer in the headlights!"

"Wow our family box," he said. "It's just how I remember it!"

"When I saw the box I was thrilled," said Carolynn Basque, co-owner of General Gomez Arts & Event Center and descendant of E.W. Burns. "It confirmed the story of my family's history. It proved the cigars were made here in Auburn. I felt truly blessed to have a friend care enough to share."

"We are putting the box under glass so we can share it with the Auburn community," said Coppelia

center, a community center, and an art center.

Other trips this past year included a Panama Canal cruise; Palm Springs to see the last Palm Spring Follies; the Rose Parade, "I took that off my bucket list," she said; and three day trips including the Animal Sanctuary in Yuba County. "The Senior Center put that one on," she said. "It's home to wild animals that had health or physical problems, such as a cat with half a tail, a bow-legged lion, and blind animals."

When she's not traveling, you



Betty Gadberry's paternal grandparents owned a farm on Baseline Road in Roseville. This photo, taken in the early 1920s, includes her teenage father. Photo courtesy of Betty Gadberry

Burns, co-owner of General Gomez Arts & Event Center and wife of David Burns. "Auburn loves history. The box makes the past come alive."

Gadberry also brought gifts for the General Gomez Arts & Event Center from her recent trip to Cuba, such as a poster of General Maximo Gomez and money. "His face is on the currency," said David Burns. "He is still very popular."

### Still Firing on All Cylinders

You may see Betty Gadberry cruising around in her 2003 Ford Thunderbird 007 James Bond edition, or her pickup truck, on her way to an event, an estate sale, or a meeting.

She belongs to Sierra College Patrons. "We raise money for the art and humanity department to raise funds for things the budget doesn't cover," she said. Gadberry is also involved with the Caring Hearts Society, a group that raises money for local charities.

And she loves to travel. During her trip to Cuba, she visited three artist's homes, including 89-year-old artist Crespo Monzano who created the works she brought home of General Maximo Gomez. "He used to do etchings," said Gadberry. "Now he just paints." She also went to two dance studios, a magazine office, a senior

can find Betty Gadberry ballroom dancing, playing her ukulele, judging textiles and art at county fairs, crocheting baby blankets (she's done 160 so far) for the Linus Connection (TheLinusConnection.org), or knitting scarves to contribute to her granddaughter's self-made project of packing backpacks to give to homeless people. So far, Gadberry has contributed about 30 scarves for 11-year-old Campbell Karres' mission—one that she works on up until winter when they distribute the backpacks.

Gadberry's passion for painting also keeps her quite busy. She recently showed her work at General Gomez Arts & Event Center show "Blooming," and will show there again soon.

She enjoys working with acrylic and mixed media. "I do a lot of wild and domestic animals, landscapes, and flowers," she said. She also makes jewelry from antique, vintage, and found items.

It is definitely fun to spend time visiting with this sophisticated, vivacious, wise, and witty woman—book it now, though, because her dance card is quite full.

To contact Editor Carol Guild, email [PlacerEditor@mpg8.com](mailto:PlacerEditor@mpg8.com). ★



Gadberry's passion for painting also keeps her quite busy. She recently showed her work at General Gomez Arts & Event Center show "Blooming," and will show there again soon. Photo by Carol Guild

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# State Theater Hosts Young Musicians Showcase



**Maddie Horton and Connor Cook met while performing separately during a talent show in 2013. Both were impressed with each other's talents and soon began collaborating on cover songs and performing at local events. The duo has recently been writing music and plan to release an original album on iTunes in early 2016. Check out this duo at the Young Musicians Showcase at the State Theater this Saturday.** Photo courtesy of Auburn Placer Performing Arts Center

**AUBURN, CA (MPG)** - On July 18th, the State Theatre will host the Young Musicians Showcase, which will feature original music crafted and performed by local youth.

Emerging songwriters will illuminate the stage with new works created through youthful inspiration. Performed live and up close, come see these young performers before they become big:

**Jasmine Bailey** is 17 years old and from Auburn, CA. She has been singing since she was a child and plays multiple instruments, her main one being guitar. Her musical influences are primarily 60s folk/pop and modern bluegrass artists. She loves to incorporate the art of storytelling into her songs and performances.

**Connor Cook** started playing piano when he was five years old and has 10 years of classical training. He loves playing solo, and was recently chosen to be a performing artist for the well-respected German piano brand "Seiler." In April, he performed with the Rocklin High School Choir in the world-renowned

Carnegie Hall. He plans to attend a university majoring in piano performance and then begin his full-time career in music.

**Maddie Horton** has been involved in choir since age eight and was impressively accepted into the top audition-only choir as an underclassman last year. She recently discovered her love for musical theater and played a lead role in her first show! Maddie has won two talent shows in Rocklin, most notably "Rocklin Has Talent," a city-wide competition. She plans to go to college to earn her vocal performance major and teaching credentials.

**Jaelyn Lovey Ruiz** is a 14-year-old singer/songwriter born in Sacramento who now lives in Placerville. She loves painting and song writing. She has been performing her music publicly since she was 11.

**Freja Nelson** grew up in the Silicon Valley and was given her first guitar when she was eight. She immediately started to write songs for friends and family. Music has become her passion and her life, and she hopes to

someday get a Ph.D in music.

**Sofia Schou** is 12 years old and started playing guitar two years ago with Imagine Music Instruction. She has been singing all her life. Currently, she writes her own music and lyrics and is performing at local coffee shops and events around Placer County.

**Josiah Farschman**, age 19, studies classical mandolin and music composition. Currently at Sierra College, he plans to continue his college education with the goal of composing music for the film industry. He arranges music for and performs with his brother and three sisters in a family band called Five Stories, which focuses mainly on Celtic music, TV, and film music.

The Young Musicians Showcase will be held on Saturday, July 18th at 7:30 p.m. at the State Theatre, 985 Lincoln Way in Auburn. Tickets are \$10 for adults and \$5 for youth 17 and under. Contact the Box Office at (530) 885-0156 or [www.livefromauburn.com](http://www.livefromauburn.com).

Source: Auburn Placer Performing Arts Center ★

# Everything You Need to Know About Salmon Fishing

Continued from page 1

Delta. Despite a worst-case scenario of a temporary shutdown of river fishing by DF&W due to exceedingly warm de-oxygenated water, the season opener should be strong. Even experienced salmon anglers will find that hiring a fishing guide early in the season will provide valuable information, allowing them a better opportunity to catch salmon as the season progresses.

The Rooster Tails Fishing Club is proud to host Captain Joe Aksamit, owner of Joefish Guide Service, as the guest speaker at their July 17th breakfast meeting. Joe will be sharing his trolling techniques for salmon on the Delta's lower San Joaquin and Sacramento Rivers. Many salmon anglers don't realize that the lower Sacramento is fished much different than the upper stretches of the river. Joe will describe special lure set-ups and a strategy for targeting early-season salmon entering the tidal waters of the Delta. Joe resides



**Pro Staff Fishing Guide Joe Aksamit in his custom North River Boat.** Photo courtesy of Jim Petruk

in Galt and provides guide service on Motherlode lakes, including Lake Pardee, New Melones, New Hogan, Lake Camanche, and the Delta. He can be reached at (209) 745-6088 or [joe@joefishguideservice.com](mailto:joe@joefishguideservice.com).

The 30 year old 200+ member Rooster Tails Fishing Club of Northern California, Inc. is a nonprofit organization that meets the third Friday of each month to educate, entertain, and enhance a fishing experience.

Unlike many bass and fly fishing clubs that concentrate on very specific types of fishing, the Rooster Tails Fishing Club provides a balanced mix of fishing techniques presented by fishing experts targeting a variety of fish species in multiple types of waters. For more information, contact Jim, club chairman, at (530) 887-0479 or [info@roostertailsfishingclub.org](mailto:info@roostertailsfishingclub.org).

Source: Jim Petruk ★

# Tips for Growing a Water-Conservative Garden



Make certain the water gets to the roots of your plants via a drip-irrigation system. Photo courtesy of Brandpoint Media

**SACRAMENTO REGION, CA (BPT)** - Families can decorate their homes with colorful flowers and bring healthy, home-grown foods to the table with gardens. Gardening, however, can use quite a bit of water, and in states struck by drought it's important to conserve as much water as possible.

If you're living in an area of the country under drought advisement, you can still have a garden this year if you carefully plan what you plant, how you plant it, and how you give it the water it needs. Here are some water-conservation tips for growing a garden and using the least amount of water possible:

- **Choose plants that thrive in drier conditions.** Vegetables like corn, spinach, mustard greens and some beans are drought-tolerant, and desert rose and snake plant are beautiful landscaping plants that need less water.
- **Water only where it's needed so it doesn't go to waste.** When you use a lawn sprinkler to water your garden, much of the spray misses your flowers and vegetables and ends up on the grass, the sidewalk or the neighbor's yard. Make certain

the water gets to the roots of your plants via a drip-irrigation system like Raindrip. Raindrip irrigation uses 70% less water than underground sprinklers and frees the user from constantly hauling around hoses because the system stays in your garden all summer long. (The Raindrip kit, found at [raindrip.com/drip-kits](http://raindrip.com/drip-kits) automates the entire process, saving you time and water. Just turn the kit on - without needing to get out the hose - and if you really want to conserve water, set the timer to let the water run for a specific amount of time each day. On rainy days, simply set the timer ahead to the next day so water is not wasted.)

- **Water at night or in the early morning when the sun is least likely to evaporate the moisture.** This allows as much of the water to penetrate to your plant's roots instead of evaporating.
- **Build beds that encourage soil to stay damp as long as possible.** Some ways to do this include digging the bed deeper to help loosen the soil prior to planting. This gives roots the chance to go reach deeper and

gain access to where water might be more available. Also, once planted, cover the bed with a good layer of mulch or compost. This will help keep the soil good and moist.

- **Raise vegetable crops during the rainy season.** Many areas of the country have a cooler rainy season. Peas, leafy greens, radishes and other vegetables with short growing seasons are great for planting early in the spring and sometimes again late in the fall. Because temperatures are cooler and the early and late seasons tend to produce more rainfall, you can grow vegetables using less water.

Drought affects all areas of the country during different years, so even if you aren't living in a drought situation now, you could experience one next year or several years down the road. It's important to know what steps you can take to be more water conservative when it comes to your garden. Apply these tips to your vegetables and flowers this year to see how successful you can be at reducing the amount of water needed to grow your plants.

Source: Brandpoint Media ★

# Roseville City Council to Invest in Animal Care & Adoption Center

**ROSEVILLE, CA (MPG)** - The Roseville City Council at its Wednesday, July 1st meeting voted unanimously to partner with the Placer SPCA and invest \$7.6 million to help build Phase 1 of a new animal care and adoption center. The total cost of the Phase 1 project is approximately \$12.1 million, with the remaining \$4.5 million being raised as part of Placer SPCA's Capital Campaign fundraising efforts. To date, more than \$3.3 million in private donations have been pledged to support this effort.

The Placer SPCA's new Animal Care & Adoption Center will provide animals with state-of-the-art hospital-quality care in a home-style atmosphere. The new facility, centrally located at the corner of Yosemite Street and Tahoe Avenue near downtown Roseville, will include spacious animal habitats, an education center, several park-like features, and will be both a community space and animal welfare center. Intake and medical care for the Placer SPCA will remain at the Corporation Yard site until an additional approximately \$8 million is raised for the future phase to move all functions to the new Yosemite site. The two-acre facility will eventually entirely replace the SPCA's existing 50-year-old, 10,000-square-foot site and will serve Placer County animals and residents for years to come.

"Public-private partnerships like this one for a new animal-care facility allow us to achieve more together than either can do alone," said Roseville Mayor Carol Garcia. "We value our solid partnership with the



Placer SPCA staff, volunteers, and supporters packed the room as the Roseville City Council unanimously voted to partner with the organization for the building of a new state-of-the-art animal care and adoption center. Photo courtesy of the Placer SPCA

Placer SPCA and look forward to offering our community a new facility to care for animals in need of adoption or to be reunited with their owners."

The City of Roseville's partnership with the Placer SPCA began more than 20 years ago when the nonprofit organization leased the city's old corporation yard building and renovated it to become the first animal sheltering facility in Roseville. The City of Roseville contracts with the Placer SPCA to serve as the shelter for stray, abandoned, or owner-surrendered animals. The Placer SPCA also accepts owner-surrendered animals (as space allows) from Placer County residents.

"The Placer SPCA's current Corporation Yard facilities are too small and have become outdated in meeting the area's increased need for companion animal services. The new

Yosemite Street facility will be spacious enough to accommodate these needs for several decades," said Placer SPCA Board President Mike Shellito. "Our innovative public-private partnership with the City of Roseville will allow us to expand and enhance our facilities and services for the future. It's a win-win."

"We look forward to igniting our capital campaign efforts to reach our \$4.5 million phase one fundraising goal and we are confident the community will recognize the need and want to invest in such an important project," said Leilani Fratis, Placer SPCA CEO. "Thanks to individual and corporate donors, community support, and the City of Roseville, we'll soon be able to make this dream a reality and better serve the animals and people of Placer County."

Source: Placer SPCA ★

# Meet Truman, a Distinguished Silver Tip Persian

**PLACER COUNTY, CA (MPG)** - This handsome purebred Silver Tip Persian was formerly named Bobby. He deserved a more distinguished name, so Forever Friends, A Cat Sanctuary (FFACS) renamed him Truman. He is a mild-natured cat who likes to be gently petted on his terms. In a quiet adult home, Truman should enjoy lying on a lap or sitting on top of cat trees. He is 10 years old and prefers to be the only cat, although he has lived for a while with his buddy

Curry, formerly Jimmy, who is just five years old.

Come meet Truman at FFACS's Adoption Center located at 359 Nevada Street, Suite 101, in Auburn. FFACS has 50+ other adult cats and baby kittens available for adoption at the center. For questions or more information, please call (530) 885-4228 or visit [www.ffacs.org](http://www.ffacs.org) or [www.facebook.com/ffacs](http://www.facebook.com/ffacs).

Source: Friends Forever, A Cat Sanctuary ★



Truman is a mild-natured cat who likes to be gently petted on his terms. Photo courtesy of FFACS

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Editor  
Carol Guild  
[PlacerEditor@mpg8.com](mailto:PlacerEditor@mpg8.com)

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# Beat the Heat With Award-Winning Wines

Come to "Grape Days of Summer" in Placer County



Check out live music at Dono dal Cielo. Photo courtesy of Merlot Marketing, Inc.

AUBURN, CA (MPG) - Explore and taste the award-winning artisan wines of Placer County on Saturday, August 1st and Sunday, August 2nd during the sixth annual Grape Days of Summer on the Placer County Wine Trail. Tour the down-to-earth atmosphere of the Sierra Foothills while enjoying live music, fresh PlacerGROWN food, delectable wine, and the local Placer County countryside. "Placer County's Grape Days of Summer provides an educational experience in understanding winemakers, wines, food, and agriculture all in your

own backyard," said Foothill Farmers' Market Association and PlacerGROWN Executive Director Carol Arnold. "It is a great opportunity to relax, unwind, and taste deliciously crafted wines while enjoying the company of the community." The Placer County Wine Trail spans through Lincoln, Loomis, Newcastle, Auburn, and Meadow Vista—offering the beautiful scenery of Placer County. The annual event includes touring the 2015 Best of California award-winning wineries and other activities such as appetizer pairings, barrel

tastings, and more. Pre-sale tickets are available at a discounted rate of \$30 until July 24th and are available at www.eventbrite.com. Tickets purchased after July 24th will cost \$40, and designated drivers can enjoy the food and live music for \$10. This event is on August 1st and 2nd between 11 a.m. and 5 p.m. and features 19 Placer County wineries. For more information about participating wineries, visit www.placerwine.com. Source: Merlot Marketing, Inc. ★

# Branch 37 SIRS Hosts Lunch Social

AUBURN, CA (MPG) - Retired? Maintain Friendships by joining Sons In Retirement (SIRS) Branch 37 at their next Lunch Social at 11 a.m. on Thursday, August 6th at the Auburn Elks Lodge, 195 Pine Street. The speaker will be Toby Nelson, also known as "The Disaster Pastor." He is a chaplain to a federal disaster group

that responds to high-risk events anywhere. This has included events such as helping shortly after hurricane Katrina and the earthquake in Haiti. Nelson has also helped set up orphanages in many locations in Africa. He will have many interesting insights to share. The SIRS group offers many activities: poker, golf,

computers, model airplane flying, bocce ball, etc. There are no dues for membership, and they are always looking to add new members, so go check them out. For more information, contact (530)885-9099 or ranger\_r@pacbell.net. Source: Sons In Retirement Branch 37 ★



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# Combat Skyrocketing Gas Prices

SACRAMENTO REGION, CA (MPG) - Senator Ted Gaines (R-El Dorado) called on Governor Brown and state regulators to take any and all immediate measures available to stop the recent, massive spike in California gasoline prices. "This overnight price explosion is killing California families and businesses and we cannot afford one more day," said Senator Gaines. "The California Air Resources Board needs to immediately suspend the expensive special 'summer blend' requirement so we can import more gas now. We need to defer the gasoline excise tax. Not in a week or a month but this very minute." Supply disruptions are ostensibly behind the price jump, which saw prices shoot up between

\$0.20-50 per gallon statewide in less than a week. It is unclear when normal supplies will again be available and analysts expect prices to spike even further. Regardless, Senator Gaines saw the price spikes as part of a larger problem in California. "California is wildly overtaxed and overregulated and it makes everything in our state artificially expensive, even when things are working right. When something goes wrong, it shoots prices into the stratosphere," he said. "That is not fair to families. We are regulating and taxing them into poverty." Senator Gaines is currently carrying Senate Bill 1, which would suspend for the next decade the hidden gas tax that resulted from the expansion of California's cap-and-trade

program to include gasoline and diesel fuels. This program requires fuel producers to purchase emission allowances for every gallon of fuel sold in California. The tax went into effect on January 1st, 2015 and has contributed to the increase in fuel costs. Senate Bill 1 would suspend that increase for the next decade, saving individuals and businesses money and giving technology an opportunity to catch up. Senator Ted Gaines represents the 1st Senate District, which includes all or parts of Alpine, El Dorado, Lassen, Modoc, Nevada, Placer, Plumas, Sacramento, Shasta, Sierra, and Siskiyou counties. Source: Senator Gaines' Office ★

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# The Trans-Pacific Partnership and the Death of the Republic



Commentary by Ellen Brown  
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"The United States shall guarantee to every State in this Union a Republican Form of Government."

-- Article IV, Section 4, U.S. Constitution

A republican form of government is one in which power resides in elected officials representing the citizens, and government leaders exercise power according to the rule of law. In *The Federalist Papers*, James Madison defined a republic as "a government which derives all its powers directly or indirectly from the great body of the people . . ."

On April 22, 2015, the Senate Finance Committee approved a bill to fast-track the Trans-Pacific Partnership (TPP), a massive trade agreement that would override our republican form of government and hand judicial and legislative authority to a foreign three-person panel of corporate lawyers.

The secretive TPP is an agreement with Mexico, Canada, Japan, Singapore, and seven other countries that affects 40% of global markets. Fast-track authority could now go to the full Senate for a vote as

early as next week. Fast-track means Congress will be prohibited from amending the trade deal, which will be put to a simple up or down majority vote. Negotiating the TPP in secret and fast-tracking it through Congress is considered necessary to secure its passage, since if the public had time to review its onerous provisions, opposition would mount and defeat it.

## Abdicating the Judicial Function to Corporate Lawyers

James Madison wrote in *The Federalist Papers*, "The accumulation of all powers, legislative, executive, and judiciary, in the same hands . . . may justly be pronounced the very definition of tyranny. . . . 'Were the power of judging joined with the legislative, the life and liberty of the subject would be exposed to arbitrary control, for the judge would then be the legislator. . . .'"

And that, from what we now know of the TPP's secret provisions, will be its dire effect.

The most controversial provision of the TPP is the Investor-State Dispute Settlement (ISDS) section, which strengthens existing ISDS procedures. ISDS first appeared in a bilateral trade agreement in 1959. According to *The Economist*, ISDS gives foreign firms a special right to apply to a secretive tribunal of highly paid corporate lawyers for compensation whenever the government passes a law to do things that hurt corporate profits -- such things as discouraging smoking, protecting the environment, or preventing a nuclear catastrophe.

Arbitrators are paid \$600-700 an hour, giving them little incentive to dismiss cases; and the secretive nature of the

arbitration process and the lack of any requirement to consider precedent gives wide scope for creative judgments.

To date, the highest ISDS award has been for \$2.3 billion to Occidental Oil Company against the government of Ecuador over its termination of an oil-concession contract, this although the termination was apparently legal. Still in arbitration is a demand by Vattenfall, a Swedish utility that operates two nuclear plants in Germany, for compensation of €3.7 billion (\$4.7 billion) under the ISDS clause of a treaty on energy investments, after the German government decided to shut down its nuclear power industry following the Fukushima disaster in Japan in 2011.

Under the TPP, however, even larger judgments can be anticipated, since the sort of "investment" it protects includes not just "the commitment of capital or other resources" but "the expectation of gain or profit." That means the rights of corporations in other countries extend not just to their factories and other "capital" but to the profits they expect to receive there.

In an article posted by Yves Smith, Joe Firestone poses some interesting hypotheticals:

- Under the TPP, could the US government be sued and be held liable if it decided to stop issuing Treasury debt and financed deficit spending in some other way (perhaps by quantitative easing or by issuing trillion dollar coins)? Why not, since some private companies would lose profits as a result?
- Under the TPP or the TTIP (the Transatlantic Trade and Investment Partnership under negotiation with the European

Union), would the Federal Reserve be sued if it failed to bail out banks that were too big to fail?

Firestone notes that under the Netherlands-Czech trade agreement, the Czech Republic was sued in an investor-state dispute for failing to bail out an insolvent bank in which the complainant had an interest. The investor company was awarded \$236 million in the dispute settlement. What might the damages be, asks Firestone, if the Fed decided to let the Bank of America fail, and a Saudi-based investment company decided to sue?

## Abdicating the Legislative Function to Multinational Corporations

Just the threat of this sort of massive damage award could be enough to block prospective legislation. But the TPP goes further and takes on the legislative function directly, by forbidding specific forms of regulation.

Public Citizen observes that the TPP would provide big banks with a backdoor means of watering down efforts to re-regulate Wall Street, after deregulation triggered the worst financial crisis since the Great Depression:

- The TPP would forbid countries from banning particularly risky financial products, such as the toxic derivatives that led to the \$183 billion government bailout of AIG. It would prohibit policies to prevent banks from becoming "too big to fail," and threaten the use of "firewalls" to prevent banks that keep our savings accounts from taking hedge-fund-style bets.
- The TPP would also restrict

capital controls, an essential policy tool to counter destabilizing flows of speculative money. . . . And the deal would prohibit taxes on Wall Street speculation, such as the proposed Robin Hood Tax that would generate billions of dollars' worth of revenue for social, health, or environmental causes.

Clauses on dispute settlement in earlier free trade agreements have been invoked to challenge efforts to regulate big business. The fossil fuel industry is seeking to overturn Quebec's ban on the ecologically destructive practice of fracking. Veolia, the French behemoth known for building a tram network to serve Israeli settlements in occupied East Jerusalem, is contesting increases in Egypt's minimum wage. The tobacco maker Philip Morris is suing against anti-smoking initiatives in Uruguay and Australia.

The TPP would empower not just foreign manufacturers but foreign financial firms to attack financial policies in foreign tribunals, demanding taxpayer compensation for regulations that they claim frustrate their expectations and inhibit their profits.

## Preempting Government Sovereignty

What is the justification for this encroachment on the sovereign rights of government? Allegedly, ISDS is necessary in order to increase foreign investment. But as noted in *The Economist*, investors can protect themselves by purchasing political-risk insurance. Moreover, Brazil continues to receive sizable foreign investment despite its long-standing refusal to sign any treaty with an ISDS mechanism. Other countries are

beginning to follow Brazil's lead.

In an April 22nd report from the Center for Economic and Policy Research, gains from multilateral trade liberalization were shown to be very small, equal to only about 0.014% of consumption, or about \$0.43 per person per month. And that assumes that any benefits are distributed uniformly across the economic spectrum. In fact, transnational corporations get the bulk of the benefits, at the expense of most of the world's population.

Something else besides attracting investment money and encouraging foreign trade seems to be going on. The TPP would destroy our republican form of government under the rule of law, by elevating the rights of investors—also called the rights of "capital"—above the rights of the citizens.

That means that TPP is blatantly unconstitutional. But as Joe Firestone observes, neo-liberalism and corporate contributions seem to have blinded the deal's proponents so much that they cannot see they are selling out the sovereignty of the United States to foreign and multinational corporations.

For more information and to get involved, visit: [www.flush-thetpp.org](http://www.flush-thetpp.org); [www.citizenstrade.org/ctc/](http://www.citizenstrade.org/ctc/); [www.citizen.org/trade-watch/](http://www.citizen.org/trade-watch/); [www.citizen.typepad.com/eyesontrade/](http://www.citizen.typepad.com/eyesontrade/).

Ellen Brown is an attorney, founder of the Public Banking Institute, and author of twelve books including the best-selling *Web of Debt*. Her latest book, *The Public Bank Solution*, explores successful public banking models historically and globally. Her 300+ blog articles are at [www.EllenBrown.com](http://www.EllenBrown.com). ★

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8	6	2	9	4	7	1	3	5
5	4	3	8	1	6	7	2	9
2	3	7	1	9	8	5	4	6
6	5	8	3	7	4	2	9	1
1	9	4	2	6	5	3	8	7
3	2	6	7	5	9	4	1	8
4	1	5	6	8	2	9	7	3
7	8	9	4	3	1	6	5	2

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# FRESH TAKES ON KIDS' FAVORITE

## FAMILY FEATURES

As the kids head back to school, there's no better time to make a fresh start in the kitchen, too. Substituting nutritious ingredients such as sorghum in your favorite grain-based foods is an easy way to upgrade your family's menu this fall.

Some of the traditional snacks kids love most — such as cakes, cookies and doughnuts — can all be prepared using sorghum, a gluten-free cereal grain grown throughout the world. This highly versatile ingredient is naturally high in fiber, iron and protein, and can be used in a wide range of preparations. In fact, white food-grade sorghum can be milled directly into whole grain flour to produce foods such as brownies, breads, pizza dough, pastas, cereals, pancakes and waffles.

Whether it's a power breakfast to fuel the day, a sweet lunchbox treat or a tasty after school snack, these recipes showcase how simple it can be to give your kids' favorite treats a nutritious makeover they'll be thrilled to sample.

For more nutritious back to school recipes and tips for cooking with sorghum, visit [www.HealthySorghum.com](http://www.HealthySorghum.com).

## Sorghum Pancakes

Recipe provided by Barbara Kliment

- 1 3/4 cups sorghum flour
- 1/4 cup cornstarch
- 3 teaspoons baking powder
- 2 teaspoons sugar
- 1/2 teaspoon salt
- 1/2 cup powdered buttermilk
- 2 eggs
- 3 tablespoons melted butter
- 1 1/2 cups water

Heat oven to 200°F. Combine dry ingredients. In separate bowl, beat together eggs, melted butter and water; add to dry ingredients and mix just until well blended. Heat large skillet or griddle over medium-low heat. Spray pan with cooking oil. Wet fingertips under faucet and shake them over hot griddle. If water droplets "sizzle," heat is right to begin making pancakes. For large cakes pour 1/4 cup of batter into pan; for small use 2 tablespoons of batter. Cook until bubbles form on top; flip and cook until golden brown on bottom. Transfer to baking sheet and keep

## Chewy Oatmeal Toffee Cookies

Recipe provided by Kate Lange

- 1 cup butter, softened
- 2 eggs
- 2 cups light brown sugar
- 2 teaspoons vanilla extract
- 1 cup sorghum flour
- 3/4 cup unbleached white flour
- 1/2 teaspoon salt
- 1 teaspoon baking soda
- 1/8 teaspoon allspice
- 1 1/2 teaspoons cinnamon
- 1/8 teaspoon cloves
- 3 cups oatmeal
- 1 cup coconut flakes
- 1 (10-ounce) package almond toffee bits

Heat oven to 375°F. Lightly grease cookie sheet. Cream butter, eggs, brown sugar and vanilla in large bowl until light and fluffy. Mix flour, salt, soda, allspice, cinnamon and cloves; add to butter mixture. Beat until well blended. Stir in oatmeal, coconut and toffee bits with spoon. Drop by rounded teaspoons about 2 inches apart onto prepared sheet. Bake 8-10 minutes or until edges are lightly browned. Cool 1 minute; remove to wire rack.

## Milo Doughnuts

Recipe provided by Karla Lubben

- 1 egg
- 1/2 cup sugar
- 1/2 cup milk
- 2 tablespoons melted shortening or lard
- 1/2 cup sifted sorghum flour
- 1 1/2 cups sifted all-purpose flour
- 2 teaspoons baking powder
- Dash of cinnamon
- Dash of salt
- 8 cups vegetable oil

### Glaze:

- 1/2 cup powdered sugar
- 2 teaspoons warm milk
- 1/2 teaspoon vanilla

In large bowl, beat together egg and sugar. Stir in milk and shortening. Sift together all dry ingredients. Add dry ingredients to egg mixture and stir to combine. Chill dough for 30 minutes. On lightly floured surface, flatten dough to 1/2-inch thickness with your fingertips or rolling pin. Cut out doughnuts using a doughnut cutter or two sizes of round cookie cutters. Transfer doughnuts to waxed paper and allow to dry for 10 minutes. In deep heavy pot or electric fryer, heat oil to 375°F. Using wire spatula dipped in hot oil, carefully transfer doughnuts into hot oil. Cook 2-3 doughnuts at a time turning them when brown on one side. Remove to paper towel or racks to drain.

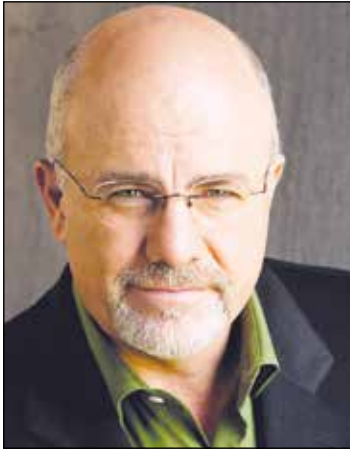
For glazed doughnuts, combine powdered sugar, milk and vanilla flavoring. Drizzle

## Celiac-friendly substitutions:

- 2 teaspoons vanilla extract: Use 2 teaspoons X-Tra Touch vanilla or any other gluten-free vanilla.
- 3/4 cup unbleached white flour: Replace with 6 tablespoons chickpea (garbanzo bean) flour and 6 tablespoons sweet rice flour, or use 3/4 cup commercial gluten-free flour.
- 3 cups oatmeal: Replace with 3-4 cups of any gluten-free, ready-to-eat flake cereal slightly crushed, or gluten-free crispy rice cereal.
- 1 (10-ounce) package almond toffee bits: Verify product is gluten-free or use 1 3/4 cups chopped almonds or walnuts.







# Dave Says

### Pause investing for a luxury?

Dear Dave, Where should you save for large expenditures when you're doing the Baby Steps?  
Heath

Dear Heath, Depending on what the expenditure is, I would suggest saving for these sorts of things after Baby Step 3. Once you've paid off all of your debts, except for your home, and built an emergency fund of three to six months of expenses, you reach a point where you can breathe a little bit. After all that hard work and sacrifice, you're finally in a position to replace that ratty, old furniture or get a better car. The question then is this: How much do you want to temporarily cut back on investing in order to make this expenditure happen?

Personally, I'd like to see you allocate a fixed percentage of your income toward play money and still be able to put 15 percent of what you make into retirement. If you want to slow down a bit on Baby Step 5, which is paying off the house, in order to take a once-in-a-lifetime vacation, I'm cool with that. But I don't like the idea of slowing down on funding your retirement.

The basic idea here is to always handle your money with planning, purpose and maturity. You've got a little room to play back and forth once you get past Baby Step 3. But until then, I want you to be hardcore about scrimping, saving and getting your financial house in order!  
—Dave

### The rebate explanation

Dear Dave, How do cash-back rebates work on electronics and other items?  
Dan

Dear Dan, I like this question. Most consumers don't think about how the process works. They only

care that it's benefiting them from a financial standpoint.

Let's say you buy an item for \$1,000, and you get a cash rebate for \$100. Basically, you just paid \$900 for that item, right? So, what the companies are trying to do is incentivize certain retailers to buy a particular product or amount of that product, yet sort of protect the sticker price in the minds of the consumers. To me, it's really a little ridiculous. Why not simply take off the money, and price it at \$900?

That keeps retailers from jerking around with the margins. It purifies the process a little bit, but it adds to the hassle.

Good question, Dan!  
—Dave

Dave Ramsey is America's trusted voice on money and business. He has authored five New York Times best-selling books: *Financial Peace*, *More Than Enough*, *The Total Money Makeover*, *EntreLeadership* and *Smart Money Smart Kids*. The *Dave Ramsey Show* is heard by more than 8 million listeners each week on more than 500 radio stations. Follow Dave on Twitter at @DaveRamsey and on the web at daveramsey.com. ★



# POPPOFF!

with Mary Jane Popp

to bring you down. Instead, use neutral language to master it like "It's been a bad situation, but I'll get past it."

3) **TAP INTO YOUR INNER VOICE.** Dr. Lops once suffered from a terrible bout of anxiety and was plagued by negative thoughts. At one point, he really thought he would die. Instead, he let his inner voice take over the one that said, "No, you're going to be fine." There's no evidence you're going to die, and you'll get over this. Listening to that voice he persevered and got back on his feet.

4) **BE MINDFUL OF A SITUATION.** One terrible result of negative language can be loss of friends and worse. Be mindful of your surroundings and the people around you. Becoming aware of where you are and who you're with can save you from a world of trouble and the recurring anxiety and regrets that often come with it.

5) **TAKE CONTROL OF YOUR OWN WORDS.** How do you describe a lost opportunity? Do you say "I didn't get the job and it sucks. They were idiots not to hire me." Or do you say, "I didn't get the job, but maybe it wasn't a good fit." Don't let the situation get the better of you. Moving away from negative

description will keep you moving forward.

6) **TEMPER YOUR TONE.** At a young age, we're taught through role models and feedback to raise our voices when we're angry. This can worsen conflicts, which can cause us to feel depressed or anxious. Instead, take a neutral tone. Acknowledge the specifics that made you angry, but leave the emotions out of it. That way, you can leave the dispute, and the negative emotions behind.

7) **CHECK IN WITH YOURSELF.** Dr. Lops gives his patients homework. When they go home, they begin checking in on themselves about how they spoke to people during the week. Did they use an angry tone or raise their voice? Did they complain about something? The more aware we are of this negativity, the sooner we can move past it, leaving room for growth and change.

There is so much more in *Reinvent Yourself* that will challenge your ideas and get you to a new level of self. Check out his website at www.drjohnnylopop.com. From this Brooklyn Psychiatrist who has seen it all, Dr. Johnny Lops hopes to get you to that new level. Keep talking your way to happiness! ★



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**CLUES**

**ACROSS**

- \*It featured Mr. T
- Middle-earth dweller
- Slavic monarch
- Paparazzo's quest
- India's smallest state
- Haul with a tackle
- Raja's wife, pl.
- Address abbreviation
- \*Bert's roommate
- \*Gilligan's domain
- \*Andy Griffith, e.g.
- \*Alex P. Keaton accessory
- Coal miner's layer
- Part of overalls
- Give up
- World-wide
- \*Fonzie's comeback: "Sit \_\_\_\_\_"
- On bottom of coffee mug
- Swelling
- "No problem!"
- Brown with a tinge of red
- Like an ear infection
- Server's request
- Like Gulf Stream
- Driver's road display?
- Complicated situations
- Air of allure, slang
- Popular sauce on Chinese food
- Louboutin's creation
- Ford Explorer, e.g.
- \*"Cheers" spin-off
- Characteristic to consider
- Cured item popular on bagels, pl.
- \*"Doctor Who" broadcaster
- \_\_\_\_ Jane
- Audience's approval
- Charged particle
- Two under on one hole
- Increases or adds to
- Foot digit
- Chased up a tree

**DOWN**

- Credit card rate
- Bangkok native
- Ages and ages
- Not upright
- Tessarae artwork
- "Goodness gracious!"
- Chop off
- Casper the Friendly Ghost's uncle
- Unit of pressure named after Torricelli
- Pueblo tribesman
- "Clueless" catch phrase
- Coral barrier
- "The Love Bug"
- Must-haves
- Take greedily
- Oozing
- \*Kind of buddies
- Accustom
- They flock together?
- \*He took over for Bob Barker
- 0 in b.o.
- Greek Bs
- Friend from Mexico
- \*Cagney's partner
- Phil Mickelson's ball prop
- \*"That \_\_\_\_\_" with Marlo Thomas
- Aggregate
- Withstand
- Female
- \*Kermit, e.g.
- Galactic path
- Type of consonant
- Bolt
- \*Third from the sun
- Car shaft
- Neptune's realm, pl.
- Teenager's woe
- Zoo room
- Bathroom flooring
- Fan's discontent
- \*\_\_\_\_\_ Flanders of "The Simpsons"



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Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

**For Solutions See Page 7**

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9am - Noon: The Dave Ramsey Show

Noon - 1pm: The KAH1 Noon News with Mary Jane Popp and the KAH1 News Team

1 - 4pm: The Savage Nation

4 - 6pm: The KAH1 Afternoon News with Casey Freelove and the KAH1 News Team

6 - 7pm: Poppoff with Mary Jane Popp

7 - 10pm: Sports Byline USA with Ron Barr

10pm - 11pm: The Alex Jones Show

**Saturdays**

6 - 7am: A Time for Seniors

7 - 8am: The Swap Shop

8 - 9am: The KAH1 Corral

9 - 10am: The Garden Goddesses

10 - 10:30am: The Good Life for Seniors Reverse Mortgage Show

10:30am - 7pm: Sinatra & Friends Music

7 - 8pm: A Way With Words

8 - 9pm: Rewind with Jimmy Jay

**Sundays**

7:30 - 9am: Cruisin' Garage & Swap Meet

9 - 9:30am: The Crossroads Radio Show

9:30 - 10am: The Newcastle Show

10 - 11am: The Dew Sweepers Golf Show

11am - 6pm: Sinatra & Friends Music

7 - 8pm: A Way With Words

8 - 9pm: Hearts of Space

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Michael Savage



Dave Ramsey



Mary Jane Popp

# Motor Wise



## Get Wise About Buying or Leasing a Vehicle

**SACRAMENTO REGION, CA (STATEPOINT)** - For many people, buying or leasing a car is their first "big ticket" item. Having a plan for how this new vehicle will fit into your budget can help you be confident about your decision and keep your finances in check.

"Planning for large purchases can seem daunting, but having the right information about your finances can make it easier to meet your goal," says Mike Kane, vice president of Consumer Credit Operations at Ally Financial. "Get prepared so you can walk into the dealership with confidence."

With that in mind, Kane is offering some tips to help you make a smart decision.

- Do your research. Sure, you'll want to research what kind of car and options you want, but also do your financial research. Use free online tools like payment calculators or vehicle valuation guides to help you prepare.

- Evaluate your wants and needs. You may want the car with all the bells and whistles, but if it doesn't fit into your budget, it's not a wise purchase. Decide what you need versus what would be nice to have, and stick to that when negotiating.



Having a plan for how this new vehicle will fit into your budget can help you be confident about your decision and keep your finances in check. Photo courtesy of Michael Jung, Fotolia.com

- Create a doable budget. Whether you buy or lease, you'll likely have a fixed amount to pay monthly for your new car. But that's not the only cost to consider. Remember to factor in gas,

insurance, and any additional costs like maintenance or emergencies. A general guideline is to keep those total costs below 20% of your monthly take-home pay.

- Know your credit profile. If

you are planning to finance a vehicle, your credit score can affect whether you are approved for financing, as well as the rate you will receive. A number of financial institutions, like Ally, have begun

providing customers with their FICO credit scores for free. Look into whether your bank is among them. You can also obtain your credit report from each of the credit reporting agencies (Equifax, Experian,

and Transunion) for free once yearly at [www.annualcreditreport.com](http://www.annualcreditreport.com).

- Understand your options. There are a few different options when buying or leasing a vehicle, such as paying cash, getting a loan from a bank or credit union, or negotiating a retail contract or lease through a dealership. If you finance your vehicle, the length of the finance contract can impact the total amount you pay. The longer you take to pay, the lower your monthly payments will be, but your total cost to finance rises. Visit different dealerships to learn your options. It's up to you to decide the best arrangement for your personal financial situation.

- Stick with your plan. If you plan to set aside a certain amount regularly for your monthly payment—do it! It's easier to get ahead and build a savings plan instead of playing catch-up.

For more auto-related financial advice and for free resources, visit [www.allywalletwise.com](http://www.allywalletwise.com).

If you're considering buying or leasing a car, brush up on your finances first so you'll be better prepared to walk into the dealership.

Source: Statepoint Media ★

## Stay on Track to Your Destination With Regular Tire Maintenance



Summer heat can be tough on tires, which makes regular tire checks a critical part of your general vehicle maintenance schedule. Photo courtesy of NewsUSA

**SACRAMENTO REGION, CA (NEWSUSA)** - When the rubber meets the road this summer, will you be prepared? Summer heat can be tough on tires, which makes regular tire checks a critical part of your general vehicle maintenance schedule. Heat combined with improper tire pressure, uneven wear, or damage and poor

alignment can cause potentially dangerous driving conditions and put a damper on your summer road trip plans.

"Unfortunately, 83% of motorists aren't aware of how under- or over-inflated tires affect a vehicle's steering and breaking control as well as fuel economy," explained Mark Ballard of

Discount Tire, the world's largest tire and wheel retailer. "In addition, regularly checking your tires for uneven or worn tread and bald spots, as well as replacing all four tires instead of one or two at a time, will help avoid hazards like blowouts and keep you on track to your destination."

According to the Rubber Manufacturers' Association (RMA), more than 23,000 tow-away crashes were due to flat tires.

Here are the top five tips to ensure proper tire safety:

1. Get Pressure Right. In its 2011 Tire Care Awareness Survey, the RMA found that 62% of drivers don't know where to find the correct inflation pressure for their vehicle. The specific inflation pressure number can be found on the vehicle placard located on the driver's side doorpost, glove box door

or fuel door, or in the owner's manual. For accurate pressure, check tires when cool, and don't forget the spare. A properly inflated tire will save you nine cents per gallon at the gas pump and improve vehicle fuel efficiency by 3.3%.

2. Don't Overload Vehicle. Overloading decreases fuel economy due to increased wind drag and cargo weight. Handling, control, and braking are also negatively impacted.

3. Rotate Before You Go. Regular

rotation helps achieve uniform tire wear and improve road performance. Tires rotated every 6,000 – 8,000 miles prolong the life of the tire and help maximize your tire investment. It makes sense to get a tire inspection when you rotate.

4. Straighten Up. Proper tire alignment provides safe, predictable vehicle control as well as a ride that is smooth, comfortable, and free of pulling or vibration. Proper alignment helps tires wear evenly and last longer.

5. Bald Isn't Beautiful. The RMA survey also found that 52% of drivers do not know how to tell if their tires are bald. Lack of tread affects the tire's ability to grip wet roads. Make sure tires don't have uneven wear, high or low areas, or unusually smooth areas that can increase the risk of road accidents.

To get more information on tire maintenance and safety, visit [www.tires.com](http://www.tires.com).

Source: NewsUSA ★

### GROUPS & MEET UPS

**Mother Lode Model T-Club**  
Meet: Second Thursday of each month at Sizzler, 13570 Lincoln Way, Auburn, CA 6:00 p.m. 7:00 p.m. Club Meeting  
Info: [www.motherlodemodelt.com](http://www.motherlodemodelt.com)

**Roamin Angels**  
Meet:  
Gearhead Breakfast: Weekly, Friday Mornings at IHOP on Taylorville Road, Grass Valley 7:00 a.m.  
Gearhead Evening: 1st & 3rd Wednesday at Roundtable Pizza, Sutton Way, Grass Valley 6:00 p.m.  
General Meeting: 4th Monday of each month, Salvation Army, Grass Valley 6:00 p.m.  
Info: [roaminangelsinc.com](http://roaminangelsinc.com)

**The Roadents**  
Meet: Cars -n- Coffee Every Saturday at

Daily Donuts, 117 W McKnight Way, #B, Grass Valley 8:00 a.m. - 10:00 a.m.  
Info: [facebook.com/ROADENTS](https://www.facebook.com/ROADENTS)

**Auburn Region-Vintage Chevrolet Club of America**  
Meet: Board Meetings first Monday of the month at Sizzler on Lincoln Way in Auburn 7:00 p.m.  
Info: [arvcca.com](http://arvcca.com)  
(Contact for more information)

**Northern California Region Classic Car Club of America**  
Meet: Cars & Coffee first Sunday of the month, Blackhawk Automotive Museum, Danville 7:00 p.m.  
Info: [norcalccca.org](http://norcalccca.org)

**Capital City Cruisers**  
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## Internationally Acclaimed "Sultans of String" at the State Theatre

**AUBURN, CA (MPG)** - Sultans of String (2015 JUNO Award nominees and Canada's ambassadors of musical diversity) thrill their audiences with their global sonic tapestry of Spanish Flamenco, Arabic folk, Cuban rhythms, and French Manouche Gypsy-jazz, celebrating musical fusion and human creativity with warmth and virtuosity. Fiery violin dances with rumba-flamenco guitar while a funk bass lays down unstoppable grooves. Acoustic strings meet with electronic wizardry to create layers and depth of sound, while world rhythms excite audiences to their feet with the irresistible need to dance.



Experience the thrilling sounds of Sultans of String. Acoustic strings meet with electronic wizardry to create layers and depth of sound. Photo courtesy of Auburn Placer Performing Arts Center

The band is riding a wave of success from their sold out Yalla Yalla! and MOVE Canadian CD release tours, to their national features on CTV's CanadaAM and CBC's Canada Live, to their quadruple nomination for the 2012 Canadian Folk Music Awards, winning World Group of the Year. Their CDs soared to #1 across Canada on Top Ten national radio charts, and Sultans of String won the award for Best Variety Act from Festivals & Events Ontario as well as the International Songwriting Competition! The buzz extends into the U.S., with acclaimed promoter David Wilkes (Emmylou Harris, Bela Fleck, Jesse Cook) now

representing the band. Since forming seven years ago, Sultans of String have been on an impressive trajectory with an astonishing number of awards and accolades in tow. Known for dizzying music jams, poly-rhythms and raucous riffs, the Sultans of String sound can't be pinned down—it's Sable Island meets the Silk Road, with detours through the Gypsy-Jazz coffeehouses of Eastern Europe, next an East Coast Kitchen Party, then over to the bustling markets of Cuba! Fiery violin dances with kinetic guitar while a funky bass lays down unstoppable grooves. Throughout, acoustic strings meet electronic

wizardry to create layers and depth of sound.  
Source: Auburn Placer Performing Arts Center ★

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