

Ireland Rockers ONOFF to Headline at the Auburn Fest and Artisan Faire

Page 5

All Out Fun at Meadow Vista Pioneer Day

Page 2



Placer - Elizabeth Seminaria de la composition della composition d

Volume **26** • Issue **11**

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June 05, **2015**

Explore Silver Screen's Mean Streets



Page 6

Wind Beneath Their Wings



Page 4

POPPOFF!



Beating Stress 2 Page 9



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Clean Air Champions



From left: Gordon Garcia, MD with Kaiser Permanente; Kimberly Bankston-Lee, Breathe CA; Sue Schooley, Board Member-Breathe CA and Transportation Management Systems Management Coordinator for the City of Roseville; and Paul Adams, PhD, Chair of Board, Breathe CA. Photo courtesy Clifford Wong

SACRAMENTO, CA (MPG) - Breathe California of Sacramento – Emigrant Trails (BREATHE) announced its 2015 Clean Air Awards winners at the organization's 39th Annual Clean Air Awards Luncheon, held at Sacramento State Union Ballroom May 27.

"In recognition of May being Clean Air Month, we want to recognize and reward those who have gone above and beyond in the pursuit of better air quality in our region," said BREATHE CEO Kori Titus. "This year's winners truly are Clean Air Champions. They don't just talk about what can be done to improve air quality. They are making a difference through their actions every single day."

The zero-waste event included a business expo featuring green technology, such as SMUD's Nissan Leaf, and an art show featuring clean air-themed submissions from local high school students. In the spirit of the event's "Sustainability on Tap" theme, the luncheon also featured keynote speaker, Cheri Chastain, sustainability manager at Sierra Nevada Brewing Company and a Sierra Nevada-inspired menu.

"It's an honor to be a part of such a great event," said Chastain. "Sustainability and air

quality are such important issues today and it is rewarding to be able to help recognize businesses and individuals who have made it their goal to promote sustainability."

The winners, selected by a Blue Ribbon Panel, are local leaders in the categories of Sustainability, Leadership and Innovative Strategy. This year's winners are:

The GEO Environmental Science and Design Academy, Innovative Strategy

Tim Saville and General Truss Company, Inc., Innovative Strategy

The Selland Family of Restaurants, Leadership Judy Robinson, Sustainability Manager for

the County of Sacramento, Leadership
City of Rocklin Public Services
Department, Sustainability

Sacramento County Department of Waste

Management and Recycling, Sustainability
Additional information about BREATHE
and the 39th Annual Clean Air Awards can be
found online at SacBreathe.org/Clean-AirAwards



The winners of Breathe California of Sacramento – Emigrant Trails' 39th Annual Clean Air Awards pose with their awards. Winners were recognized for their air quality achievements in the areas of Sustainability, Innovation or Leadership. Matt McClure, assistant to the director of the City of Rocklin's Public Service Department stands front and center. Photo courtesy Clifford Wong

Auburn Chamber Supports Small Business Regulation

AUBURN, CA (MPG) - The Board of Directors of the Auburn Chamber of Commerce has voted to support AB 19 (Chang), which would require the Governor's Office of Business and Economic Development (Go-BIZ) to review all regulations affecting small businesses. This will help determine whether the regulations need to be amended in order to become more effective, less burdensome or less costly on small businesses.

"Small businesses are disproportionately impacted by costly regulations because, unlike larger businesses, they can't afford to hire specialists to help them comply with all the paperwork and other requirements of detailed and lengthy regulations," said Auburn Chamber of Commerce CEO Kevin Hanley.

Small businesses play an essential role in California's economy, having generated an annual payroll of \$204.1 billion in 2012. According to the U. S. Census Bureau and the Kauffman Foundation, nearly 90 percent of all businesses in California have fewer than 20 employees, which are the businesses that create the most new jobs.

According to the California Chamber of Commerce, AB 19 has been designated as a "Job Creator" and would create an important opportunity to work towards creating a more favorable regulatory climate in which to create jobs and grow California's economy.

"Money spent on complying with costly regulations ultimately results in stagnant wages, cuts in benefits, and fewer jobs created," said Hanley. ★



Creativity Abounds at Auburn Art Walk



AUBURN, CA (MPG) - The Auburn Art Walk, now in its 25th year, displays artists at venues in Old Town and Downtown Auburn.

The free event has over 30 locations in Downtown and Old Town Auburn and the connecting Lincoln Way businesses. Music, visual art, performing art and refreshments can be found during the evening as the community strolls in and out of venues. Along the way there's lots to see and do as artists and business leaders mix and mingle with patrons and community members.

The June Artwalk Brings New Energy

Following are just a few of the exciting lively artists participating in this month's event:

Auburn Art Walk Diane and Darlene: Artists Diane Ruhkala Bell and Darlene Engellenner will join together to show at Sierra Moon Goldsmiths, 107 Sacramento St. in Old Town Auburn, during the Art Walk. The exhibit will show through

• Auburn pastelist Paul Harman will be at Rust and Ruffles, 908 Lincoln Way. His exhibition is entitled "Capturing Light and

Life". Rust and Ruffles Owner

Carrie Rice is happy to be on the Artwalk map for the first time.

•Baked & Brewed, 958 Lincoln Way, also in the Central

Square area, and a venue for the first time, will show scenic photographs by Tom Thompson.

•The spatial, contemplative oil paintings of Valrie Jensen will be exhibited at Auburn Naturopathic Medicine, 826 Lincoln Way. Her show is entitled "Such Days".

•Tango Yogurt, at Central Square, will display oil paintings by Patty Pieropan Dong.

WHO: PlacerArts, 808 Lincoln Way, Downtown Auburn

WHAT: Auburn Art Walk

WHEN: 6-9 p.m. Thursday, June 11 (Exhibits will show at all locations through thew end of July.)

WHERE:Old Town and Downtown Auburn ADMISSION: Free

INFO: (530) 885-5670; PlacerArts.org

This group is called "Local Color". Some of her favorite subjects, such as bicycles and kayaks, will be featured.

 Vicki Vayne, travel photographer will be having her first exhibit at the new OZ Gallery location in Downtown Auburn.

Continued on page 3

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2 · Placer Sentinel

June 05, **2015**

Window Restoration, Repair Underway at Historic Courthouse



The Historic Auburn Courthouse is home to the Placer County Museum and Placer County Superior Court. Photo courtesy of Placer

AUBURN, CA (MPG) - Work is under way on a construction project that will restore and repair aging windows at Placer County's historic courthouse in Auburn.

The Judicial Council of California, the policymaking body of the state's courts, is managing the project for Placer County.

The Placer County Museum and Placer County Superior Court share the courthouse building, with the museum occupying the first floor and the court using the upper floors.

Both the museum and court will remain open during the repair work. Workers will start using scaffolding on one section at a time as they make their way around the building.

The courthouse's existing

windows have deteriorated to the point where water is leaking into the building. Restoring and repairing windows will fix the leaks and contribute to energy conservation in the building.

The project will include window sash upgrades and repairs in keeping with the original fabric of the building.

The project has received approval from the California Office of Historic Preservation and follows the Secretary of the Interior's Standards for Rehabilitation.

The project is scheduled to be completed by the end of the year. The total cost is projected to be about \$900,000. The Judicial Council is providing 77 percent of the funding and Placer County is responsible for 23 percent. ★

All Out Fun at Meadow Vista Pioneer Day



are among the many activities available at the Meadow Vista Pioneer Day. Submitted photo

MEADOW VISTA, CA (MPG) - Placer Hills Firefighters are hosting their 66th annual Pioneer Day on Sunday June 7 at the Meadow Vista Park, 1101 Meadow Vista

The Meadow Vista Lions Club Pancake Breakfast will be 7-11 a.m. at Placer Hills School, 16505 Placer Hills Rd.

At 9 a.m. the 5K Fun Run starts from Meadow Vista Park with proceeds benefitting the Colfax High School Cross Country Team.

The parade is at noon.

The day will include music, food, refreshments, firefighter and K9 demonstrations, fire safety information, helicopters, pony rides, free bounce houses and rock wall, crafts, vendors and much more.

Booth space is still available for crafters and vendors. For more information, call (530) 878-0405.

PIONEER DAY Sunday June 7, 2015

MEADOW VISTA LIONS PANCAKE BREAKFAST 7 to 11 am 9 am 5k Fun Run Colfax High School Cross Country Team

Meadow Vista Park

Attractions at Meadow Vista Park

Live Music

12 pm

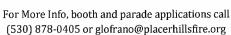
- 🕹 CalStar helicopter
- ♣ Placer County Sheriffs K9 Team Canine Agility
- 📤 Fire Safety information
- Ponv rides
- 📤 Local Organizations Information Booths 📤 Community Service Awards and Parade Trophy Presentations

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Rock climbing wall and Bounce houses Sponsored by Meadow Vista Doctors



All proceeds to benefit the Placer Hills Firefighters Association

Fishing for Kokes at Lake **Pardee with Dale Daneman**

AUBURN, CA (MPG) - The Rooster Tails Fishing Club breakfast meeting will be held on Friday, June 19th at the Auburn Elks Lodge, 195 Pine Street at Lincoln Way, Auburn, CA 95603. The doors to the Lodge open at 7 a.m. with a fantastic \$13 wide-selection 8 a.m. The presentation begins at 9 a.m. sharp, fea-

turing guest speaker Pro Guide Dale Daneman, owner of Dale's Foothill Fishing Service. Dale's presentation will be on the finer details of landing limits of Kokanee from the challenging Lake Pardee. The meeting is open to the public.

Dale is the resident guide for Lake Pardee with hundreds of

hours putting clients onto the illusive Kokes. In addition to tackle set-ups, Dale will disclose the best lake locations, trolling speed, and depths for the best chances for **Fishing Service**. Photo courtesy of Rooster Tails

limits. Lake Fishing Club all launch ramps and camping for the duration of 2015 as of July 10th for major renovations. Men and women anglers interested in one of the last chances to catch Kokanee are encouraged to hear



buffet breakfast served at Dale's custom Rogue Jet guide boat. Photo courtesy of Rooster Tails Fishing Club

Dale's presentation.

Many guides who pursue poisson du jour (fish of the day) are generalists in an attempt to attract clients but are not necessarily the best at catching a specific fish species. Dale specializes only in fishing for Rainbow and Brown Trout and Kokanee Salmon, only in lakes he has intimate knowl-

edge of that are found within the counties of Amador, El Eldorado,

and Tuolumne. His clients enjoy the comforts of a cus-

tom Rogue

Jet guide Pardee Recreation will be closing boat outfitted with the latest electronics, top of the line rods and reels, and wide selection of related tackle. Dale's clients find him to be patient and accommodating both to the novice as well as the expert angler, providing

a satisfying fishing experience. To find out more about Dale's Foothill Fishing Guide Service, go to www.dalesfoothillfishing. com or call (530) 295-0488.

The 30-year-old, 180+-member Rooster Tails Fishing Club of Northern California, Inc. is a non-profit organization that meets the third Friday of each month to educate, entertain, and enhance the fishing experience. Unlike many bass and fly fishing clubs that concentrate on very specific types of fishing, the Rooster Tails Fishing Club provides a balanced mix of fishing techniques presented by fishing experts targeting a variety of fish species on multiple types of waters. Further information can be found at www.roostertailsfishingclub.org. For more information on attending Rooster Tails Fishing Club of Northern California, Inc. meetings, contact Club Chairman Jim at (530) 887-0479 or info@roostertailsfishingclub.org.

Source: Rooster Tails Fishing

Teachings and Trails at Griffith Quarry Museum, Park

PENRYN, CA (MPG) - The Griffith Quarry Museum stands at the entrance of a 23-acre park with trails that meander through native California flora and past two historic granite quarries.

The museum was originally the office of the Penryn Granite Works founded by Griffith Griffith in 1864.

The exhibits focus on the history of the granite industry and of the Penryn-Loomis basin area. The museum is open 12-4 p.m. Saturdays and Sundays, and

admission is free. Griffith Quarry Museum is at the corner of Rock Springs and Taylor Roads in Penryn.

For more about Griffith Quarry



Griffith Quarry Museum is at 7405 Rock Springs Rd. in Penryn. Photo courtesy

Museum and other Placer County go to the Placer County Website Departments.

museums, call (530) 889-6500 or at Placer.Ca.Gov and click on



The Griffith Quarry Museum is housed in the original Penryn Granite Works office. Photo courtesy Placer County Museums.

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Dine Auburn First Gains Momentum



Members of the Auburn Rotary Club recently dined at Sierra Grill at part of Dine Auburn First. Pictured clockwise from left: Rotary International Director Steve Snyder, Leonard James, President Linda Maeding, LuWanda Rolufs, future Rotary president Larry Rolufs, Bob Litchfield, Sierra Grill owners Izzy and Mark Haddad, Nancy Nittler, Randy Tooker, Lori Twardus, Stu Snyder, and Kathleen Shaffer. Photo courtesy Auburn Chamber of Commerce

AUBURN, CA (MPG) - There's a scrumptious way to support local businesses and the Auburn community. It's called Dine Auburn First.

Spearheaded by Auburn Chamber of Commerce Board member Kathleen Shaffer, the Dine Auburn First program began on April 8 as she and others organized various groups of friends to dine at Auburn area restaurants.

At the end of each meal, the diners hand to their server a certificate that thanks the restaurant owner for supporting the Auburn community and the jobs that he or she creates. So far, the diners have eaten at 18 Auburn area restaurants.

"It's been a pleasure to work with so many people who participated in Dine Auburn First because they understand the importance of supporting local restaurants as well as our small businesses," said Kathleen Shaffer "Join us and go dine!"

If you want to Dine Auburn First, the thank you certificates are available at the Auburn Chamber of Commerce, 1103 High Street in Central Square. "The Dine Auburn First program is one part of the larger Think Auburn First program, which seeks to communicate to Auburn area residents on why shopping

local helps local businesses, create jobs and support cultural and community events," said Auburn Chamber of Commerce CEO Kevin Hanley.

The Chamber's Think Auburn First team recently unveiled the Think Auburn First marketing and communications plan at it's power lunch at the Canyon View Community Center. The Think Auburn First program is a key way to keep Auburn unique, recirculate more money in the local community, and help fund municipal services and non-profits, reduce environmental impact and create jobs for local residents.

Creativity Abounds at Auburn Art Walk

Continued from page 1

The Artwalk is from 6-9 p.m. Thursday, June 11. Look for the bright red signs.

Brochures and maps are available at the PlacerArts Offices at 808 Lincoln Way Auburn, and at most of the venues. A free shuttle is available for those who prefer not to walk the route.

About Auburn Art Walk

The Auburn Art Walk is a reception to showcase the artists of Placer County who display their work in participating businesses. It is presented by PlacerArts to promote cultural tourism. It occurs on the second Thursday of April, June, August and October, from 6-9 p.m. in Downtown and Old Town Auburn. It is a wonderful opportunity for residents and visitors to become acquainted with local businesses and the art community. Refreshments are served at many of the venues. The artists' work remains on display for two months.



Flooring Project Complete, Auburn Library Reopened



The Auburn branch of Placer County Library is reopened after new flooring was installed in the 16,000-sq.-ft. space at 350 Nevada St. Photo courtesy Placer County

AUBURN, CA (MPG) - The public can check out the new carpeting and linoleum in the Auburn Library now that it is reopened and ready for business

The Auburn branch of the Placer County Library was closed from May 1 to May 21 while almost 16,000-square-feet of new flooring was installed to replace carpeting and linoleum that were in bad shape after 21 years of high-traffic use.

The branch library has resumed normal operations.

"We are excited about welcoming the community back," said Director of Library Services Mary George. "I appreciate the library community's support and patience, and can't wait to show everyone how the new flooring and a few other changes have given the library a new, fresh atmosphere that everyone will appreciate."

Look Younger TODAY & Get Ready For Summer!

She thanked county Capital Improvements and Building Maintenance staff for their work on the project. County capital improvements funds were used to pay for the new flooring. No library operational funds were used for the project.

The old carpet was installed in 1994. The life expectancy for flooring in high-use community libraries is typically 10 to 15

PCWA Board Approves Release and Transfer of 12,000 Acre-Feet of Water

AUBURN, C. (MPG) - At the May 21 meeting of the Placer County Water Agency (PCWA) Board of Directors, the Board approved a resolution authorizing the release of 12,000 acre-feet of water from the Middle Fork American River Project to meet the Agency's stewardship commitments to the lower American River.

The release is in accordance with the Water Forum Agreement signed by many of the Sacramento region's water purveyors and environmental organizations in 2000. The Water Forum Agreement protects the environmental resources of the lower American River while ensuring an adequate water economic development After

enhancing the fish habitat of the an opportunity to transfer this lower American River, the water will be transferred to the East Bay Municipal Utility District, whose reservoirs on the Mokelumne River are very low going into the fourth year of drought.

Regulatory approval from the state water board is necessary before the release and transfer takes place. The release is proposed to happen on a continual basis July through September.

"First and foremost, our customers should know that we have adequate supplies to meet their demands," said PCWA General Manager Einar Maisch. "Under the Water Forum Agreement we are required to supply for the region's future meet certain environmental obligations Additionally we have

water to other agencies that are in need of extra water during this drought. This transfer allows for both the funding of Agency infrastructure projects and financial relief to our customers."

In meeting its Water Forum commitment, PCWA will lower its end-of-year combined Middle Fork American River Project reservoir storage level from approximately 94,000 acre-feet to approximately 82,000 acre-feet. An analysis of current hydrology and reservoir storage conditions confirmed adequate water supplies for Placer County customers in 2015 and 2016 if the drought persists another year.

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Auburn Chamber Supports Increased Funding for City Roads

AUBURN, CA (MPG) - The Board of Directors of the Auburn Chamber of Commerce has voted to support increasing funding for road repair over the next four years, to approximately \$1.7 million per year plus a construction cost adjustment to ensure a sustainable and safe system of roadways and sidewalks

for Auburn residents and businesses.

"A well maintained road system is a key factor in providing safety for residents and visitors, maintaining jobs and attracting new jobs for Auburn residents," said Auburn Chamber of Commerce CEO Kevin Hanley.

In the City of Auburn 2015 Community Survey, "improving city streets and sidewalks" was the top choice for residents when asked what item should receive the most emphasis over the next two years.

According to the Road Overlay Report (FY2013-23), prepared by the City of Auburn Department

of Public Works in August 2013, "To get back on a 20 year overlay program, we would need to pave approximately three to four miles of roadway per year. This would calculate into approximately \$1.7 million annually to be spent on the City's PMMP (Pavement Maintenance Plan)." However, the report forecasts that only an average of \$500,000 would be available for road overlay projects, only about one-third of the need.

"Clearly the residents believe road repair is their top priority so our city leaders should gradually increase the amount of general fund money spent on road repair to supplement inadequate gas tax money," said Hanley.

According to the city report, while it only costs \$2.25 per square yard for a slurry seal coat and \$18 per square yard for overlay, it costs \$72 per square yard for reconstruction. According to the city report, approximately 1.5 million square feet or about 10 percent of the total asphalt pavement area in Auburn is in poor or failed conditions.

Hanley noted that while it may be tempting for city leaders to wait and see if Placer County residents vote to increase the sales tax to help fund road repairs via a potential ballot measure in 2016, that measure would have to be approved by a two-thirds of voters which may not happen. Delaying hard budget choices to ensure that we put additional general fund money into road repair only means more expensive road repair in the future. ★



Gerry Mifsud Human Rights Reporter

The P-51 Mustang "Old Crow" wings roared across the skies on May 16 to honor two great men. Triple Ace WW11 pilot Col. Bud Anderson, 93, and master sculptor and painter Douglas Van Howd, 80. White House Artist in the Reagan years, Van Howd, worked for two-anda-half years for all to see his remarkable 20-ft. bronze statue of Bud and his P-51 airplane.

I've had in mind this title since I interviewed Bud nearly a year ago on my Never Give Up T.V. show. Once the editing is finished I'll present the interview to Auburn. The title of this article is from the 1982 song by Bette Midler. I changed the lyrics from "My Wings" to "Their Wings" because "behind every great man there is a great woman." This article is dedicated to the memory of Bud's wife Ellie, and Nancy Van Howd, dedicated wife of Doug.

The wind under Bud and Doug's wings are Ellie Crosby Anderson and Nancy Van Howd You could say the song "Stand by your Man" applies to these inspirationally strong women, as well.

Ellie was raised in Auburn and joined the Officers Wives Club and volunteered in town with the Assistance League. A beautiful love triangle occurs between Ellie Crosby and mutual best friends Bud Anderson and Jack Stacker. They all grew up in Auburn going to Placer High together. Like the movie "Pearl Harbor", Jack marries Ellie and he and Bud go off to war with only Bud returning alive.

Bud comforts Ellie over the loss of his best friend and her husband and soon their love blossoms -- for nearly 70 years. Dear Ellie passed this last January at 91. "She was the best thing that ever happened to me," said Bud. "She had an instinct for caring and comforting." I can only imagine the strength of Ellie's love and dedication for two brave husbands. Fighter pilot Jack Stacker gave the ultimate sacrifice and Bud returned home a hero. Bud would modestly say "those left behind where the heroes."

SACRAMENTO REGION, CA (MPG)

- Vice Chair of the Senate

Budget Committee Senator Jim

Nielsen (R-Gerber) issued the

following statement regarding

the Governor's release of his

"Our schools are rightfully

receiving the bulk of the tem-

porary surge in revenue. This

money must go to the class-

revised budget:

Liz Briggs, Bill Kirby, Jack Nancy Van Howd has been the wind under the wings of Doug's Arns, Tracy Van Wicklin, Mike Duncan, John Carr, Kelly career and the wings of many

Kreeger and Jennifer Henry.

NEVED CIVE UD

Wind Beneath Their Wings

magnificent Bald Eagles sculp-

tured by Doug (who doesn't

appear to be balding.) Nancy and

Doug have been together over 60

years since they were teenagers.

They have a strong faith-based

family, as well as the Anderson's,

influenced by Doug's mom

Nancy started out as a teacher

but soon found herself fully sup-

porting Doug's art career in

different administrative capac-

ities in the art world. She has

become an outdoor photogra-

pher shooting lots of wildlife. Being part of the committee for

the unveiling of the statue. "The

event was a culmination of over

two years of hard work, planning

and involving the community in

an effort to remember the sacri-

fices of our vets," she said. "It

has been a special time working

with Col. Bud Anderson. He's

done so much, so unselfishly,

Of her devoted husband she

said, "We both enjoy the out-of-

doors, each other, and I think we

Richard Anderson spear-

headed the committee that

pulled off this event with fel-

low members Doug and Nancy,

and is such a nice person."

make a great team".

Millie who passed recently.

June 05, **2015**

The statue of Bud and the "Old Crow" has a base surrounded by bricks. To be united with Bud and Doug forever, you can have a brick engraved to honor a vet, remember a loved one or advertise a business, etc. The bricks are \$500 and it's a tax deductible donation. Go to Wings restaurant here in Auburn, or email Tracie Van Wicklin, administrative assistant to Van Howd Studio's, at tracie@vanhowd.com or call (530) 887-1581.

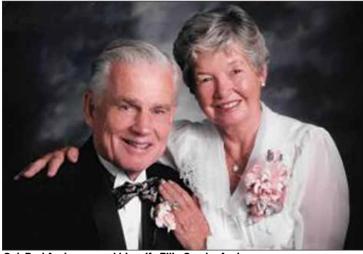
These days, with the family grown, the Van Howd's travel a lot. Doug is off to Africa sketching and studying the wildlife with his trusting photographer Nancy by his side.

Col. Bud Anderson goes to most events involving aircraft and is a motivational speaker ready to inspire people. In Auburn, the town he calls home, he takes time to sit out on his porch with his feet up and do as he did as a kid. He watches the planes overhead ... and thinks of his dear friend Jack, and memories of Ellie.

Email comments to nevergiveupshow5@gmail.com.



Douglas Van Howd and his wife Nancy Van Howd.



Col. Bud Anderson and his wife Ellie Crosby Anderson. Photo courtesy the Van Howd family

Nielsen Issues Statement Regarding Revised Budget

experts caution us to expect

another recession in the fore-

"We must heed this warn-

ing and save for that imminent

'rainy day.' Putting away

money and drawing down debt

are responsible actions to safe-

guard California's financial

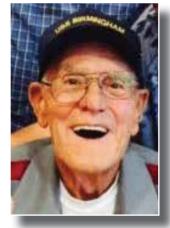
future. Planning for a rainy

MEMORIAM

Fred C. Rechenmacher

April 19, 1923 - May 19, 2015

Fred C. Rechenmacher, Jr. was born April 19, 1923 in Auburn, CA to Fred and Edna (Holt) Rechenmacher, Sr. He graduated from Placer Union High School and attended Placer Junior College until he joined the Navy on November 7, 1942. Fred served on the USS Birmingham (CL-62) for the 3 years he was in the service. He received the Point System Philippine Liberation 1 Star, Good Conduct, European African M.E. 1 star, American Area Victory Ribbon, and Asiatic Pacific 7 star medals. He married Frances Tillotson on



January 21, 1944 in Reno. After being discharged

from the Navy on November 16, 1945, Fred went to work for Nevada Bell as a Construction Forman, where he retired after 37 years with the company.

Fred loved flying, both

airplanes and model airplanes, boating, and motorcycling. He especially loved the Reno Air Races, and participated in the first 10 years, flying bi-plane #22.

Fred was preceded in death by his wife of 69 years, Frances, in 2013, and son Daniel C. Rechenmacher in 2009. He is survived by his daughter Gail Lee Williams and son Steven Fred Rechenmacher, as well as 6 grandchildren and 5 great-grandchildren.

Private services will be

Arrangements are under the direction of Walton Funeral Home in Reno.

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June 05, **2015** Placer Sentinel • 5

Ireland Rockers ONOFF to Headline at the Auburn Fest and Artisan Faire

Placer Sentinel staff

AUBURN, CA (MPG) - A free concert and festival will be held Saturday, June 6 and Sunday, June 7 at the Gold Country Fairgrounds in Auburn. Gates open at 11 a.m.

One of the best up-and-coming rock bands from Ireland, ONOFF, will perform Saturday at

Other bands, including many local groups, will perform throughout the two-day festival.

Saturday's lineup includes Chris Kelly and Phil Missimore, Michael Cox, Leanne Kruk, Stephen Holland, Iveytown, Brandy Robinson, Pork Chop, Said The Shotgun, and Bent Rim.

The Sunday headliner is Stillwood Sages

(three-time Sammy nominee); performing at 8:30 p.m.

Sunday's opening acts start at 1 p.m. and include Clever Fool, Stardust Cowboys, Delta City Ramblers, Pine Street Ramblers, Island of Black & White, and Campfire Crooners.

Along with lots of great music, there will be food, beer and wine and a variety of artisan

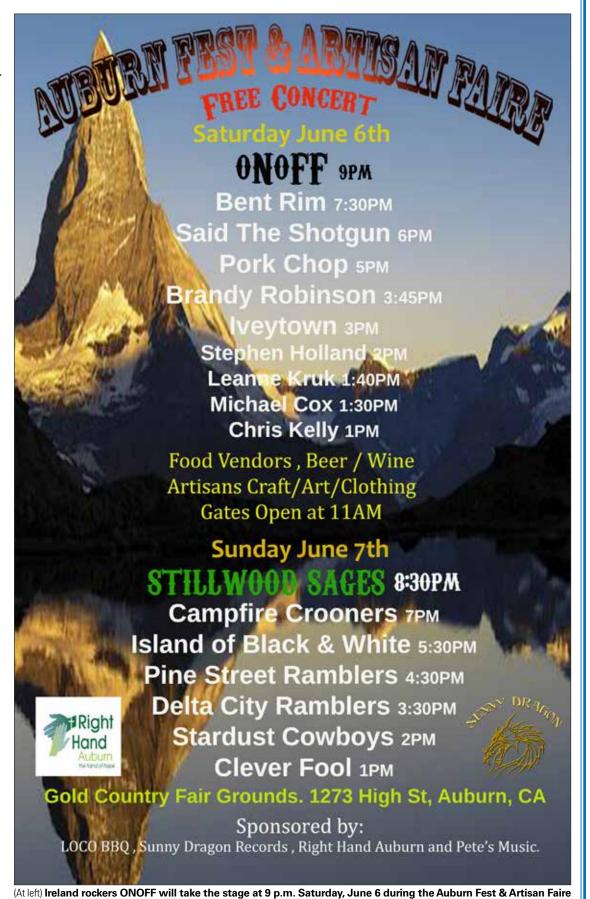
There will also be a raffle for a guitar, autographed by the bands from the festival.

Right Hand Auburn, LOCO BBQ, Sunny Dragon Records, Pete's Music of Yuba City and Sunny Dragon Records are sponsoring the event, organized by Dennis Sies. For more information go to www.sunnydragon.com. ★













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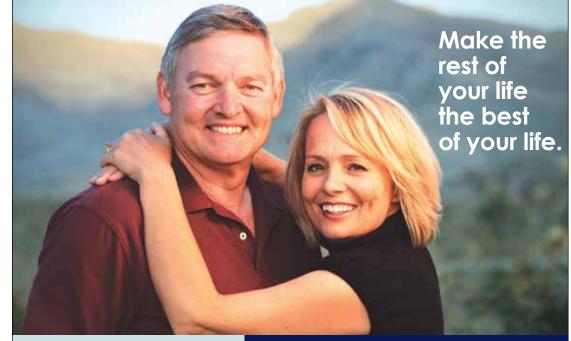


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6 · Placer Sentinel June 05, **2015**

Explore Silver Screen's Mean Streets

AUBURN, CA (MPG) - Silver Screen Classic Movie Series continues on Saturday, June 6, with "The Big Sleep" (1946), a brooding, romantic detective story from a novel by Raymond Chandler. Who bumps off who? Even private eye Philip Marlowe can't figure it out in this complex mystery of secrets, sex and murder among the too-rich-for-theirown-good Sternwoods.

Focus instead on the banter, the sensual tension and the badness of the bad guys.

Marlowe's adventure begins when he tries to figure out who's blackmailing Carmen, General Sternwood's loose, reckless daughter. Turns out it could be anybody: she's willing to try anything, fall into any man's arms, including Marlowe's. This job leads immediately to dope, illicit photographs, gunmen and gambling.

His job also leads him to Carmen's older sister Vivian, who struggles to keep a deadly secret about Carmen from Marlowe. But the more she tries to keep from him, the more he investigates, the more he learns and the cagier she gets. She



and she keeps trying to distract him. Photo courtesy of Warners

wants him to stop investigating. He wants to know what she's so afraid of. His demands scare her even more. But he won't stop asking questions, even when she tries to distract him with her body. Finally, his curiosity leads to a perilous showdown.

"Incredibly entertaining," says Leonard Maltin of this movie. "Powerhouse direction, unforgettable dialogue."

The next movie, a political

thriller about a military overthrow of the government, is shown on July 11.

This movie is shown at 1 p.m., 4 p.m. and 7:30 p.m. in the Beecher Room of the Auburn Library, 350 Nevada St. in Auburn.

Presented by the Library, the movie is free. For information, call (530) 878-7938, or visit AuburnSilverScreen.com.

Homeless Shelter Open, Community Meetings Scheduled

AUBURN, CA (MPG) - A temporary homeless shelter operated by Volunteers of America and funded by Right Hand Auburn opened at the Placer County Government Center in North Auburn on Monday, June 1.

The shelter will provide overnight shelter to adult men and women from 5 p.m. to 7 a.m. seven days a week.

Placer County continues to work on potential long-term solutions recommended by Dr. Robert Marbut, a nationally known expert hired by the county to conduct a comprehensive homeless needs assessment and develop an action plan. He presented his findings and recommendations to the Board of Supervisors in April.

In February, the board approved a site-access agreement that will allow Volunteers of America and Right Hand Auburn to open the shelter as a three-month pilot project in a building at the Government Center, a county-owned campus commonly known as the DeWitt Center.

The agreement includes a requirement that community meetings be held regularly once the shelter opens, so the public and county employees have a platform for offering comments, voicing concerns and sharing incidents that may arise from shelter operations.

Input provided at the meetings considered when the county decides whether to allow the temporary shelter to remain open after the 90-day trial period.

Meetings are scheduled at 5:30 p.m. on:

- June 11
- June 25
- July 9
- July 23 • Aug. 6
- Aug. 20

Each of the meetings will take place in the Planning Commission Chambers at the county Community Development Resource Center, 3091 County Center Dr. in North Auburn.

The county also has set up a website at Placer.Ca.Gov/ Homeless where employees and the public can provide feedback without attending meetings. Questions and concerns will be forwarded to county staff so they can be addressed at the community meetings.

The shelter is staffed by Volunteers of America and will have a maximum of 47 beds. It will have separate accommodations for men and women.

Shelter staff will refer homeless individuals to appropriate services provided by the county and community organizations.

LETTER TO THE EDITOR

Droughts Are Historically Cyclicle

From Dale Creasey

To Whom it may Conmcern:

And that is all Californians. Droughts are a frequent occurence in California and else where. There are, from historic records, droughts that have occurred in cycles. The cycles are not perfect, in that they are not exctly predictable. When I worked for the U. S. Bureau of reclamation, as a hydrologist, I worked up a prediction in the mid 60's that a drought would occur in the vicinity of 1976-77. I have heard of different cycles that occur simultaneosly, and interact. This is why the cycles are not absolute, but vary by a few years from an exact number of years. And the same cycles may not apply to the whole world.

In 1928-34, a similar drought occurred. I have not checked with DWR, or Corps, or Reclamation to see if this drought is more critical than the previously recorded drought. From a statistical standpoint, there is always a greater event that will occur in weather. There is always the chance for a bigger flood, drought more severe, higher temperatures, colder tenperatures, less rainfall in a month, more rainfall in a day/hour/week/month/year!

But that aside, California is classed as Semi-arid. That means it is not expected to be very wet, and not all the time. Thus those who live in a wet area, behave differently than those in a desert, and differently in a semi-arid area.

As the population grows in any area, changes in water use occur or become necessary. Fewer people can live in a desert, than can live in a wet area. Likewise, those who live in a semi-arid area, have to be prepared for the dry periods. California has been lax in preparing for a longer term drought. Partly due to the limitations imposed on the planners.

We in Reclamation, studied Sites reservoir 30 years or so ago, but were limited to the benefits we could claim, and therefore could not prove it feasible. The benefits we were allowed to use for the water developed was limited to pasture and hay crops that were of low value. Had we been allowed to use Almonds as a benefit, it would now exist, and would help reduce the effects of the current drought. By the way, this drought is not going to last forever, if history can be used to fortell the future. The climate is always in a state of change, and it is not always bad. California----Californians at this time are being

faced with a drought [likely] larger than previously encountered. And because nature [God] has been kind to us, we have hot had to adapt very much. HOWEVER we can now see that our climate is going to require us to do things differently in the future.

The rules that reduce the flows of devices won't save very much, because very few people turn on any flow device to maximum all the time. SO WHAT TO DO? The biggest saver in metropolitan areas would be being prepared to use grey water. Grey Water? That is reusing water that was already used for some other purpose. IF all new homes were equiped with grey water recycling, that is, capturing water from showers, tubs, clothes washers*, dishwashers*, and capturing rinse waters in the kitchen, and reusing it to water trees, shrub, and lawns. New cities or suburbs should have grey water recycling piping installed for municipal reuse. Grey water from apartment houses could be used on golf courses, highway medians etc. The grey water could also be used to irrigate crops/ gardens. Retrofitting homes will be expensive, but it would allow for some lawns to exist, or shade trees, ornamental or not.

So these agencies legislating by rules, should look in a more productive direction, plus the populace will need to be educated in the ways this can be done. Saving water is not cheap.

I live in one of the high use areas, Fair Oaks/Citrus Heights. In general in 2014 our water bills showed we had used 40% less than 2013, until the last bill which was back to 2013 level, because I had to water a garden that was feasible several months before normal due to the higher temperatures. To achieve these lower uses, I placed mulch around trees, for about 6 feet, and hand watered trees and flowers and did not water the lawn. I also hand watered the garden where crops were growing and not areas that did not have crops as was normal with sprinklers.

I also only flush the toilet when there is a solid excrement, or five uses. It is already a 1.28 gallon per flush toilet. IF YOU cut back on flushing you need to also add vinegar, about 1/4 cup, or hydrogen peroxide, after each flush. I gargle with hydrogen peroxide, and spit into the toilet to reduce deposits.

When we pool our thoughts there are no doubt more ways to save water but these are some of the more benficial in terms of net gain.

*Soaps/detergents being compatible -Dale Creasey PE Retired - Hyuddrologist with U/ S. Bureau of Reclamation

Board Reviews Plan 2015-16 Budget Challenges

PLACER COUNTY (MPG) - The Placer County Board of Supervisors has taken a close look at several key budget challenges that will face the county next fiscal year and a preliminary plan for addressing them.

The budget-development plan would:

- Provide a one-time increase in funding for the Placer County Library
- Expand capacity at the county's new jail in Roseville while increasing treatment and programming available to adult offenders
- · Allow county staff to complete development of the proposed Placer County Conservation Plan and possibly provide \$1 million for open-space acquisitions through the Placer Legacy Open Space and Agricultural Conservation Program
- Provide a fire service funding approach for Placer County Fire, despite contract cost increases of 21 percent over last year;
- Allow the county to continue making progress on deferred facility, road and trail maintenance
- •Continue the county's emphasis on employee engagement, organizational development and succession planning - an effort to ensure smooth transitions when key employees retire.

The county budget team presented the county's looming budget challenges and its plan for handling them to set the stage for presentation of a proposed 2015-16 budget for board approval on June 16.

Budget challenges presented to the board involve supplemental budget requests that will come from projected onetime carryover funds from the 2014-15 fiscal year that will be available during the new fiscal

Several of the supplemental funding requests discussed are being built into the proposed budget.

Placer County Fire is staffed by CAL FIRE firefighters through a contract with the county. Under the budget plan reviewed by the board, the budget will include \$670,000 in one-time funds that will allow the Ophir fire station to remain staffed for six months through the fire season and provide fireseason funding for a brush truck that is particularly effective in combatting grass and brush wildfires. The budget plan also would provide \$100,000 for a study that will evaluate consolidation implementation options for fire service countywide.

Board members agreed that Placer County, the independent fire districts and other fire agencies that serve the county need to take a comprehensive look at how fire services are provided and funded. "We

have an opportunity to take a more comprehensive bigpicture perspective," said Supervisor Robert Weygandt. "We have funding issues," added Supervisor Jennifer Montgomery. "The special districts have funding issues."

The 2015-16 budget plan calls for providing \$400,000 in one-time additional funding for the Placer County Library: \$200,000 for materials and a study of automated materials handling and \$200,000 to partially bridge a projected revenue shortfall. The plans would allow the library to continue making progress in implementing its strategic plan that seeks to modernize operations, reverse erosion in services and build capacity for the future.

The plan would allow the Loomis branch library to remain open through December in anticipation of a proposal from the Town of Loomis to help support the library. The Meadow Vista branch would stay open at least until November.

The proposed budget will serve as the interim spending plan when the new fiscal year begins July 1. The board is scheduled to adopt a final budget in September. The twophase budget process allows the county to incorporate updated revenue and expenditure estimates in the final budget.

Auburn Chamber Supports Federal Water Bills in Response to Drought

AUBURN, CA (MPG) - The Board of Directors of the sustain 6.4 million Californians for six years. This Auburn Chamber of Commerce voted to support two federal bills, H.R. 1060 (LaMalfa/Garamendi) and H.R. 1668 (McClintock) to help alleviate the damage caused by poor water policy and the the most severe drought in California history. Fire agencies are increasing concerned about finding sources of water to put out wild land fires.

"It's mind-boggling that our government policies force the release of trillions of gallons of water behind our dams and into the ocean, save few if any fish and, at the same time, we take forever to build more water storage," said Kevin Hanley, CEO of the Auburn Chamber of Commerce

H.R. 1668 would provide for the temporary suspension of water releases from water storage facilities by Federal and State agencies in a navigable river basin when the Department of Interior (or Secretary of the Army through the Chief of Engineers) and the state's Governor certifies that the basin is in a drought. To protect the delta smelt from water pumps, government regulators have flushed 1.4 trillion gallons of water into the San Francisco Bay since 2008. That is enough water to

measure would help keep more water in Folsom

H.R. 1060 would accelerate the completion of a final joint environmental impact statement (by June 30, 2016) and feasibility report (by December 15, 2016) and authorize construction of the Sites Reservoir in Colusa and Glenn Counties. The Sites Reservoir is a proposed off-steam reservoir that would generate an additional 1.3 million-acre feet of water, enough water to supply millions of Californians for an entire year. It would increase surface water storage, provide flood control benefits improve the conditions for fish waterfowl and wildlife in the Sacramento Valley and improve the water quality conditions in the Bay-Delta.

"We need to take immediate action to reverse government policies that waste our water, kill jobs and create hardship for people. These two bills are part of a larger series of reforms that are needed at the state and federal levels to create a more effective and sustainable water supply for Californians," said Hanley.

Auburn Chamber Opposes Minimum Wage Hike as Job Killer

of Directors of the Auburn Chamber of Commerce have voted to oppose SB 3 (Leno), which would increase the minimum wage from \$9 per hour to \$13 an hour by 2017 and, thereafter, increase

it according to inflation. The California Chamber of Commerce has designated SB 3 as a "Job Killer."

Citing recent studies that show that while minimum legislation leads to wage increases for some workers, it leads to job loss for other workers and prevents employers from creating new jobs for people who are trying to get into the labor force, "this bill creates winners and losers," said Auburn Chamber of Commerce CEO Kevin Hanley. "Instead of creating job loss and

makers should enact reforms that create more winners by reforming our schools, job training and lowering costly burdens on small businesses, which would increase worker wages."

A study published in January 2015 by Jonathan Meer from Texas A&M and Jeremy West from MIT, found that "increasing the minimum wage actually reduces the number of jobs available. Higher minimum wages lead to lower rates of job growth. Indeed, a ten percent increase in the minimum wage causes roughly half a percent point reduction in the rate of job growth, a very large effect."

Joseph Sabia in a September 2013 report, "Minimum Wages, Cash Wages, and Poverty: New Evidence from the Great

AUBURN, CA (MPG) - The Board fewer opportunities, state law- Recession Years," found that minimum wage increases are likely to hurt low-skilled workers as the increases eliminate these jobs first. In February 2014, the Congressional Budget Office (CBO) issued a report that found that although some lowwage workers would receive a higher income through the increase, "some jobs for lowwage workers would probably be eliminated, the income of most workers who became jobless would fall substantially."

"Only increased productivity leads to higher wages for workers. The California Legislature cannot repeal that basic economic fact of life without hurting other people who have few skills but want to work hard to move ahead in life. " said Hanley. ★

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Sudoku Puzzle on Page 9 8 | 5 | 1 | 3 | 2 | 9 | 4 | 6 | 7

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2	6	3	4	5	7	1	8	9
7	9	4	8	6	1	5	2	3
5	2	6	9	4	3	7	1	8
4	7	8	6	1	2	9	3	5
3	1	9	7	8	5	2	4	6
1	3	5	2	7	6	8	9	4
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6	8	7	1	9	4	3	5	2

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Crossword Puzzle on Page 9

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P215/65R16	69.16	*91.75			
P235/65R16		103.52			
P185/60R14	48.68				
P195/60R14	54.48				
P185/60R15	50.68	83.71			
P195/60R15	54.23	83.25			
P205/60R15	57.21	88.36			
P215/60R15	70.59	*79.84			
P225/60R15	78.73				
P275/60R15	123.23				
195/55R15	57.80				
195/55R16	67.85				
P205/55R16	60.02	106.35			
P205/60R16	65.80	98.44			
P2155/60R16	69.35	91.97			
P225/60R16	65.90	94.85			
P235/760R16		110.42			

P235//UK15		99.01	F2133/00K10	09.33	91.97
P175/70R15	44.41	74.29	P225/60R16	65.90	94.85
P185/70R15	43.87	73.02	P235/760R16		110.42
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	UICI E		P245/75R16	В	99.81
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			P265/65R17	В	115.05
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P245/70R16	В	102.03	LT235/85R16	E	129.56
P255/70R16	В	107.81	LT245/75R16	Е	125.85
P265/70R16	В	104.46	LT265/75R16	E	138.50
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Locksley Lane in north Auburn in 1992.

Walt Schmidt purchased the business in 2002.

It is still called Roger's Automotive because ...

Schmidt was in the business for many years before working his way up the dealership ranks "as a youngster," he said. "I went from apprentice to technician, then service advisor to assistant service manager and on up to service manager."

Why change a good thing?

Roger's is full service automotive repair. Schmidt and his four employees do everything "from soup to nuts on Asian and domestic vehicles," he said.

Schmidt has lived in the Auburn area for many years. His wife, Nina, has lived in Auburn all her life. It is that sense of community in Auburn that Schmidt also uses to run his business. He really cares about his customers, and he is very kind.

We have a great reputation because we take care of our customers," he said. "That's the most important thing ... to be very client oriented."

And that's why Roger's Automotive has many repeat

Roger's Automotive opened at its present location on customers, too. "A good percentage of our business is repeat," said Schmidt. "And our clients recommend us."

At Roger's Automotive, customers know exactly

what is going on with their vehicle. "We take the customer out to the vehicle and show them what needs to be done so they have a firm understanding," said Schmidt. "And they appreciate that time."

Many customers go to Roger's Automotive for diagnostics.

"We highly recommend and stress maintenance on vehicles," said Schmidt. Such as fluid changes, that the tires are in good shape, electrical is functioning properly and brakes are in good

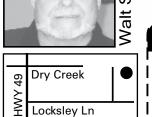
order ...

"If they're not maintained, they're going to break and it's a lot more expensive," said Schmidt. "Every time a car comes in (even for an oil change) we go through 130-point process to make sure everything is functioning properly — at no extra charge.

"We want to make sure that the customers just feel comfortable," he said.

Roger's Automotive is open 7:30 a.m.-5:30 p.m. Monday-Friday at 12215 Locksley Lane, Unit #5, Auburn. Call them at (530) 823-9469.





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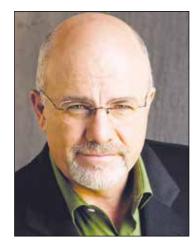


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Save Extra Instead

Dear Dave,

I recently applied for life insurance for the first time with a child rider. The insurance company denied my request for the rider portion because my son has hemophilia. Do you have any suggestions or advice?

Sarah Dear Sarah,

Unfortunately, you're going to have a difficult time with this situation. It's generally pretty hard, for obvious reasons, for hemophiliacs to get life insurance. I hope you understand that's a statistical statement, not a spiritual statement. You can always cover him as a child by building an emergency fund over and above the three to six months of expenses I normally recommend. A child rider is just a small policy to cover final expenses and things like that, so you could self-insure by saving up in the event — God forbid — of a worst case scenario. An average funeral today costs around \$7,000 to \$10,000. You could always spend less, but if you guys have reasonable safeguards this isn't a situation you should be facing. I mean, there are probably some things he just shouldn't do from a common

Dave Says

sense standpoint, right? But lots or business bankruptcy, both stay of folks have long, wonderful lives with that particular condition.It might be that as research on the disease progresses and as he gets older, there's a possibility that he could qualify. Think about this. If you even whispered a word like "cancer" anywhere near your name 25 years ago in the insurance business, you were done — no life insurance of any

Nowadays, they look at all the factors involved. You can actually have had cancer and get life insurance.

In short, I think there's hope for the future. In the meantime, I would cover it with a slightly larger emergency fund. Just add a few thousand to what you would normally set aside for emergencies, because you might face some medical issues, as well.

—Dave

Bankruptcy Aftershocks

Dear Dave,

What are the long-term effects of declaring bankruptcy? **Brittany**

Dear Brittany,

One of the biggest aftershocks of filing bankruptcy is that it stays on your credit report for years afterward. A Chapter 7 filing, which wipes out everything and gives you a clean slate, stays on your report for 10 years. Chapter 13, which is a repayments plan, and Chapter 11, another type of large bankruptcy

on your credit bureau report for seven years. Another big problem is that it can follow you around when it comes to applications or when you apply for different types of licenses. Many of these ask if you've ever filed bankruptcy. It doesn't ask if it's still on your credit report; it will ask if you've ever filed bankruptcy. If you have, you'll have instances for the rest of your life when you have to admit it and explain it all over again. So, it's an emotional scar that follows you around for a long, long time.

Too many bankruptcy filers never really recover from their financial distress because they never learn new and better ways to manage their money. That's why I recommend people do everything they can to avoid bankruptcy. It's not an easy doover; it's a last-resort kind of thing. And in the vast majority of situations it's just not necessary. —Dave

Dave Ramsey is America's trusted voice on money and business. He has authored five New York Times best-selling books: Financial Peace, More Than Enough, The Total Money Makeover, EntreLeadership and Smart Money Smart Kids. The Dave Ramsey Show is heard by more than 8 million listeners each week on more than 500 radio stations. Follow Dave on Twitter at @DaveRamsey and on the web at daveramsey.com.



BEATING STRESS 2

Last time on POPPOFF we talked about how stress can really cause major problems in your life and mine. We all tend to ignore stress because it is in our lives daily, so we don't feel like we have the time to deal with it. But even small amounts of stress can put your body on high alert and it is dealing with physical and emotional responses to perceived dangers that aren't always real. We covered breathing, smiling, worrying, maintaining blood sugar levels, and making plans. Now we'll get to the last five to fight that pesky thing called

EXERCISE: True, just exercising won't magically make your stress disappear, but it will definitely reduce some of the emotional intensity that you're feeling; clear your thoughts and also enable you to manage your problems more calmly. Exercise naturally reduces levels of your body's stress hormones (such as

POPPOFF! with Mary Jane Popp

adrenaline and cortisol) and while it simultaneously stimulates the production of endorphins (which are your body's natural painkillers and mood enhancers.)

VISUALIZE SOMETHING POSITIVE: When confronted with stressful situations or with anxious thoughts, take a moment to simply visualize yourself handling the situation with calm, ease, and clarity. True you must first try not to pay attention to your current frenzied mental state, but focus instead on the feelings of making it through with smooth-sailing through the storm with solutions and ideas coming to you effortlessly.

BE SILENT: Plan ahead for a small amount of time when you can completely disconnect. Begin this with increments of time that seem sustainable and doable for you, even if it's just five minutes. That means no phone, no texting, no emails, no TV—nothing! Put the word out to others that they won't be able to reach you so you can veg-out worry free.

POSITIVE SELF-TALK: This will require a bit of a shift in perspective for those who are more naturally pessimistic. Recognize that your problems are often a question of perspective. When you allow yourself the opportunity to change your angle, you may see your situation from a more positive point

of view. With conscious and consistent effort you can actually train yourself to be more positive about life. Let's start. You don't have to create formal affirmation, but try several times throughout your day (and especially during times of stress) some positive, self-affirming messages to yourself like, when you're a bit anxious try "I always find a way, just breathe and relax," "it can be done" or "all will be well." Studies have shown that simply expressing gratitude will help reduce anxiety.

Placer Sentinel • 9

SMELL SOMETHING WONDERFUL AND **RELAXING**: The nose is a powerful tool. Sniff some calming essential oils—Vanilla, Orange, Basil, Anise, and Chamomile are great choices. Research shows that these scents can reduce tension in the body and help increase mental clarity.

Of course, this is just a smattering of all the information you will find in The Biology of Beating Stress. But it'll give you a start. Jeanne Ricks is a Holistic Health Coach and Clinical Hypnotist who provides personal diet, wellness, and nutrition coaching combined with Hypnosis to help achieve your personal BEST! Check out www.NuDay.org and always remember, POPPOFF will always help you to be the best you can be!

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ACROSS

1. Mine passage 6. Chlorofluorocarbon

9. Diplomat's forte _, I Love You" by The

Doors

14. " la la!"

15. Harvest helpe 16. "Pomp and Circumstance

Marches" composer 17. Hula necklace

18. Exclude

19. *Father, e.g. 21. *Frequently derided gift

23. Baseball stat

24. "Animal House" party

garb

25 "T" in Greek 28. Symphony member

30. *Dad. colloquially

35. Ballpark stats 37. Dollar bills

39. *Where lots of old dads live?

40. Norse war god

41. *Mike was the dad in the

"The Brady _ 43. In the next month

44. Whitman's dooryard bloomer

46. Dog command 47. Fodder holder 48. Don't do this to Elvis's

blue suede shoes 50. Type of cell

52. Even, to a poet 53. Has divine power

55. Grandmother, in Britain 57. *" and Son'

61. _ 5, band 64. Twig of a willow tree

65. Extra point value 67. Theater boxes

69. "It is silent" in sheet music

70. Money in Myanmar

71. Coastal feature

72. Hightailed it

73. Play part

74. Like one who seeks extra attention

DOWN 1. "He said,

2. The Beatles song/movie "_

3. One of algae 4. Distress signal

5. Bull opponent

6. *A stallion is a dad to him 7. Pacquiao to Mayweather, e.g.

8. Trouser fabric 9. Radio genre

10. Came down to earth

11. Ghana money

12. Arbor Day star

15. Stop being excited 20. Fat cat in the Orient

22. Id's partner 24. Very small

25. *These gifts can come in handy

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26. IRS threat

29. Burden or load

32. An Osmond

33. Soap plant

36. Ginger cookie

42. Laughing predator

45. A company of companions

49. It often follows "neither"

38. Jazz singing

51. *Nemo's Dad

56. Nary a soul

58. Hurry up

without this

62. Check out

66. Manhattan 68. Hog haven

54. Parkinson's drug

57. Chronic drinkers

59. Cote d'Azur locale

61. A burrito can come with or

63. As opposed to a want

60. Livestock food

31. Goes with chips

27. Useful

34. *He signed Father's Day into law

Fill in the blank squares in the grid, making sure that every n and 3-by-3 box includes all digits 1 through 9

For Solutions See Page 7

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7 - 10pm: Sports Byline USA with Ron Barr 10pm - 11pm: The Alex Jones Show

Saturdays

6 – 7am: A Time for Seniors 7 - 8am: The Swap Shop 8 - 9am: The KAHI Corral

9 - 10am: The Garden Goddesses 10 - 10:30am: The Good Life for Seniors Reverse Mortgage Show

Rewind with Jimmy Jay

10:30am -7pm: Sinatra & Friends Music 7 - 8pm: A Way With Words

8 – 9pm: Sundays

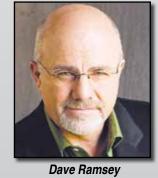
8 - 9pm:

7:30 - 9am: Cruisin' Garage & Swap Meet 9 - 9:30am: The Crossroads Radio Show 9:30 - 10am: The Newcastle Show 10 - 11am: The Dew Sweepers Golf Show

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10 · Placer Sentinel June 05, **2015**

Just a Pinch



Sharing Hometown Recipes, Cooking Tips and Coupons

By Janet Tharpe

Sweeten Memorial Day with Maple Bacon Potato Salad

"This salad is sweet & savory!"





Hidemi Walsh Plainfield, IN (pop. 27,631)

Tired of plain of potato satau. This treat your guests to Hidemi Walsh's Maple Bacon ired of plain ol' potato salad? This Memorial Day, Potato Salad. The subtle maple flavor adds a sweet, rich accent to the tasty taters and salty bacon. It's a delicious spin on traditional potato salad that'll have guests going back for seconds.

See step-by-step photos of Hidemi's recipe plus thousands more from home cooks nationwide at:

www.justapinch.com/potatosalad

You'll also find a meal planner, coupons and chances to win! Enjoy and remember, use "just a pinch"...

-Janet

Maple Bacon **Potato Salad**

What You Need

- 2 russet potatoes 1 zucchini (about 6 oz)
- 5 slices bacon
- 1/2 tbsp lemon juice
- 4 tbsp mayonnaise
- 1 tsp dijon mustard
- 1 tbsp maple syrup
- 1 tsp caper, minced

Directions

- Peel and dice potatoes. Cut zucchini into half lengthwise and slice each halved zucchini thinly crosswise.
- Boil water in a

saucepan and add a pinch of salt.

- Put potatoes in the saucepan and cook until • Rinse zucchini in cold tender.
- When the potatoes are cooked, transfer to colander to drain and pour lemon juice over the potatoes. Let stand. • In a bowl, combine
- While potatoes are cooking, in another saucepan, boil water, add a pinch of salt, put zucchini in the saucepan.
- When it boils again,

remove from the heat, transfer to the colander to drain.

- running water and drain well.
- Cook bacon in a skillet (without oil) until crisp. Then chop.
- mayonnaise, Dijon mustard, maple syrup and minced caper. Mix well. Add potatoes, zucchini and bacon. Toss to coat.

Submitted by: Hidemi Walsh, Plainfield, IN (pop. 27,631) www.justapinch.com/potatosalad

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How to Compare and Locate Senior Housing Options

Dear Savvy Senior,

Can you go over the different types of housing options available to seniors, and recommend some good resources for locating and choosing one? I need to find a place for my elderly mother, and could use some help.

Searching Daughter

Dear Searching,

There's a wide array of housing options available to seniors, but what's appropriate for your mom will depend on her needs and financial situation. Here's a rundown of the different levels of senior housing and some resources to help you search.

Independent living: If your mom is in relatively good health and is self-sufficient, "independent living communities" are a good place to start. Typically available to people over age 55, this type of senior housing is usually apartments or town homes that are fully functional. In addition, many of these communities also offer amenities such as meals served in a common dining area, housekeeping, transportation and a variety of

social activities. To locate this type of housing, contact your Area Agency on Aging (call 800-677-1116 to get your local number), or use online services like newlifestyles.com and caring.com. Most of these communities are private-pay only, and run anywhere from \$1,000 to over \$4,000 per month.

If that's too expensive, another option is "senior apartments," which are often subsidized by HUD for lower income seniors. You can locate these through your at hud.gov – click on "Find Rental Assistance."

Assisted living: If your mom needs some help with daily living activities, an "assisted living facility" is another option. These facilities provide personal care (like bathing, dressing, eating, going to the bathroom) as needed, as well as meals, housekeeping, transportation, social activities and medication management. Many facilities also offer special care units for residents with dementia. Costs typically run between \$2,000 to \$5,000 or more per month. Most resident's pay for assisted living from personal funds, and some have long-term care insurance policies. But, some states now have voucher plans that let you use Medicaid money.

Another similar, but less expensive option to look into is "board and care homes." These offer many of the same services as assisted living facilities but in a much smaller home setting.

Your Area Aging Agency is again a good resource for finding these facilities, as are the previously listed senior housing locater websites. And for help choosing a facility, the Assisted Living Federation of America offers an excellent guide at alfa.org/

Nursing homes: If your mom needs ongoing medical and personal care, a "nursing home," which provides 24-hour skilled nursing care, is the next option. To find a good one, use Medicare's nursing home com-

local housing authority or online nursinghomecompare. But be aware that nursing home care is very expensive, costing anywhere between \$4,500 and \$11,000 per month depending on location. Most residents pay from either personal funds, a long-term care insurance policy, or through Medicaid after their savings are

> Continuing-care retirement communities (CCRC's): If your mom has the financial resources, a "CCRC" is another excellent option that provides all levels of housing (independent living, assisted living and skilled nursing home care) in one convenient location. But, these communities typically require a hefty entrance fee that can range from \$20,000 to \$500,000 or more, plus ongoing monthly service fees that vary from around \$1,000 to over \$5,000. For more information see carf.org/aging.

Need Help?

Consider hiring an aging life care expert (aginglifecare.org) who can evaluate your mom's situation, and find appropriate housing for a fee – usually between \$300 and \$800. Or, you can use a senior-care advising service like A Place for Mom (aplaceformom.com, 866-344-8005) for free. (They get paid from the senior living facilities in their network.)

Some other helpful resources include the National Clearinghouse for Long-Term Care Information (longtermcare.gov), and your State Health Insurance Assistance Program (shiptalk.org), which provides free counseling.

pare tool at medicare.gov/ Send your senior questions to: Savvy Senior, P.O. Box 5443, Norman, OK 73070, or visit www.savvysenior.org. Jim Miller is a contributor to the NBC Today show and author of "The Savvy Senior" book.

SPOTLIGHT ON BUSINESS



stylish women's clothing, Vixen, in the Elm Town Center in Auburn is a

fashionista's dream

The store opened in the Center about two months ago. Owner Angie Trammell bought the business about three years ago when it was Fit for a Princess in downtown Auburn. "I always shopped at the store and thought it would be something great to do," she said.

A new beginning

Trammell moved to the Elm St. location to expand her vision and accessibility.

And the store itself is more up-to-date in style. It's more modern with wood flooring and a beautiful, fresh teal paint.

The new space is "bigger and brighter," said Trammell. "Even the dressing rooms have more

The new location also offers great parking. "We're more accessible now," said Trammell. "The customers are happy that it's easier to get to ... easier access."

Styles for all

At Vixen, you can find everything from casual clothes to career wear to styles fit to wear to a

Vixen carries brands such as Karen Kane, Free People, Fresh Produce and Miss Me Jeans. "We're getting new styles and brands in every day," said Trammell.

"I'm also working to get more in for the more mature women," she said. "When I first bought



the store, it focused on teens and young women." Trammell is now including styles for women "anywhere from 16 to 80," she said. "I want to make it more versatile for everybody."

And for the people who loved the store that previously occupied the space on Elm St., you'll see a lot of the same things.

Working together

Trammell has a great eye for style. Still, she enlists the help of her daughters.

One daughter is in the fashion industry in Las Vegas, working for Roberto Cavalli, and goes to shows with Trammell to help select items for Vixen. Trammell's other daughter is "great with the younger styles," she said. "It's good to have their input."

Find Vixen at 358 Elm Ave. in Auburn or call (530) 823-1300. Hours are 10 a.m.-6 p.m. Monday-Friday, 10 a.m.-5:30 p.m. Saturday, and 11 a.m.- 4 p.m. Sunday.





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Q: As a solar sales rep I get a lot of questions about the value solar electric adds to a home. As a realtor I would like to have your take on this issue, particularly as traditional local electric providers are looking at rate increases for homeowners. What advantages do solar roof panels offer sellers or buyers?

Thanks! ML in Oak Park

A: First, for a buyer it offers a savings over traditional sources, but how muchdepends on what type of system is in place on the roof. Is it a 'roof lease' with a sliding scale? Is it an 'owned system'? What solar provider built, provided or owns it? So, the variables make answering the question somewhat problematic, but for sellers it's almost always a benefit in lowering future costs for potential buyers saving them time and money, but as before there are some variables to consider, and not enough space to discuss them here, so please give me a call directly

if you are a reader who would

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916-761-2108. Next time: Scary mortgage and lending trend changes in the works!

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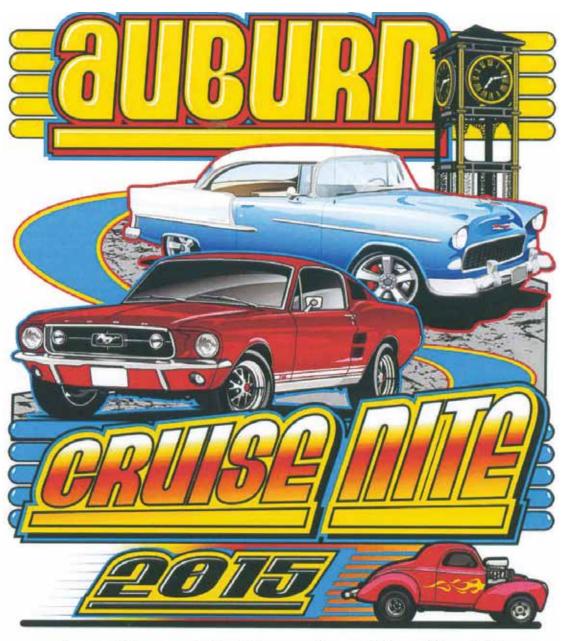
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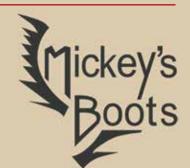
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Placer Sentinel Staff

Auburn, CA (MPG) – Get ready for the first annual Luau happening in Old Town Auburn from 4 to 9 p.m., Saturday, June 27.

The festivities include hula performances with Hawaiian musicians, hula lessons, a ukulele booth and lei-making lessons for adults and children. Eleven restaurants will serve Hawaiian dishes from street booths. Bootleggers Old Town Tavern will be roasting 400 pounds of pig. And there will be mai tais served by the Lions Club, special brews by the Auburn Ale House, and much more.

Admission is free. Although, for only \$10 per ticket, you can enter the raffle for a trip to Hawaii for two, which includes hotel

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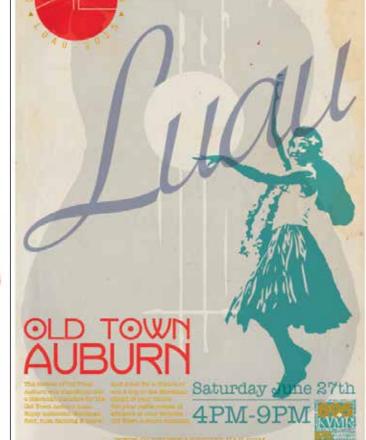
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accommodations for seven days and six nights, airfare, and car rental. Tickets are available at Pineapple Pier at 157 Sacramento St. in Old Town Auburn, and other participating Old Town businesses. You need not be present to win.

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