

Tostadas and Bingo!

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Serving Auburn and Placer County since 1987

March 27, **2015**

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"The Floyd" Ready to Numb Auburn



"The Floyd" is a two-hour, family-friendly, multi-media rock & roll concert event that captivates all the senses! Some of best musicians, engineers, and laser/light technicians in the western U.S. have teamed up to deliver an unforgettable Pink Floyd experience! Photo courtesy of Auburn Placer Performing Arts Center

AUBURN, CA (MPG) - Auburn Placer Performing Arts Center is proud to present an exclusive one-show performance by the Northern California tribute band "The Floyd" on April 11 at 8 p.m. at the State Theatre, 985 Lincoln Way, Auburn, CA 95603. To purchase your tickets, call the Box Office at (530) 885-0156 or visit www. livefromauburn.com. General admission tickets are \$30.

"The Floyd" is a two-hour, family-friendly, multi-media rock & roll concert event that captivates all the senses! Some of best musicians, engineers, and laser/light technicians in the western U.S. have teamed up to deliver an unforgettable Pink Floyd experience!

"The Floyd" pays tribute to the sounds, sights, emotions, and energy of one of the greatest rock & roll bands in history: Pink Floyd! "The Floyd" will take viewers on a musical journey that spans over

Ine Floyd" is a two-hour, family-friendly, multi-media rock & roll concert event that captivates all the senses! Some of best musicians, engineers, and laser/light technicians in the western U.S. have teamed up to deliver an unforgettable Pink Floyd experience!

two decades of Pink Floyd history, recreating many of the greatest moments from Meddle, The Dark Side of the Moon, Animals, Wish You Were Here, The Wall, and Momentary Lapse of Reason.

Members of "The Floyd" are Rob Lawrence on keyboards and synthesizers; Vince Gates on vocals, bass, and guitar; Dean Rossi on drums and percussion; Curt Mitchell on guitars, vocals, and bass; Lisa McCuiston on vocals and guitar; and Joel Edwards on saxophones.

Vince Gates (Manager) has been in the Northern Nevada music scene since the mid-1980s. Owner of "Play Your Own Music" in Carson City, Vince continues to support the local music scene daily. In 2008, he was named one of Reno's top 101 on "The List: 101 Who Mattered (some of the many people who've had a major influence on the musical world of Northern Nevada)." Vince's passion for Pink Floyd started early in life. As a young guitar player, he studied David Gilmour's licks and technique into the early morning. As an adult, he has come to appreciate the significance of the diverse socio-political message of Pink Floyd.

Source: Auburn Placer Performing Arts

According to Nielsen, Governor's Spending Is a Good Start

Senator Says More infrastructure Is Needed to Address Drought

SACRAMENTO REGION, CA (MPG) - The Governor along with legislative leaders announced a \$1 billion package of legislation to expedite Proposition 1 bond funding to help local communities deal with California's historic drought. Senator Jim Nielsen (R-Gerber), Vice Chairman of the Senate Budget Committee, issued the following statement:

"Helping communities in need is a good start.



Senator Jim Nielsen (R-Gerber)

"Our state needs long-term planning and infrastructure as provided by Proposition 1 to build new water storage facilities.

"Shovel-ready projects like Sites Reservoir will store water for usage in drought years, replenish groundwater, and help maintain the ecosystem of the Delta among many other public benefits."

Senator Jim Nielsen represents the Fourth Senate District, which includes the counties of Butte, Colusa, Glenn, Placer, Sacramento, Sutter, Tehama, and Yuba. To contact Senator Nielsen, please contact him at (916) 651-4004 or at senator. nielsen@senate.ca.gov.

Source: The Office of Senator Jim Nielson ★



Shiver Me Timbers!

Call for Student Actors to Perform in "Blackbeard the Pirate"

AUBURN, CA (MPG) - Missoula Children's Theatre will audition and cast 50-60 kindergarten through fifth-grade students in a full-length, original musical production of "Blackbeard The Pirate" that will be performed Friday, April 10 at the State Theatre in Auburn. No experience necessary.

Express your spirit in this hilarious musical about the mythical pirate Blackbeard. The show's colorful characters include adorable crabs, beach bums, precocious parrots, cantankerous crocodiles, and talking clams! Come along and help search for the untold riches!

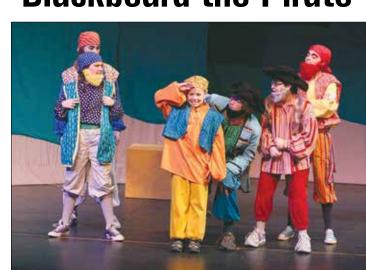
Missoula Children's Theatre (MCT) touring production arrives at the State Theatre complete with costumes, scenery, props, and makeup – everything it takes to put on a play, except the cast of local children. Kids rehearse with the MCT team throughout the week and present a public performance live at

the State Theatre. This educational (and fun!) project helps participants develop skills in creativity, social interaction, goal achievement, communication, and self-esteem.

"Blackbeard the Pirate" will take the audience on a family-friendly journey to meet some of the most colorful buccaneers of the seventeenth century. McGill's script is very character-driven and will reinforce the values of living a healthy and happy life.

MCT's mission is to develop life skills in children through participation in the performing arts. The MCT International Tour has toured for 40 years, visiting over 1,200 communities annually in all 50 states, four Canadian Provinces, and 15 countries. For more information, visit www.mctinc.org.

Continued on page 4 Continued on page 4 Continued on page 4



Children perform in a production of "Blackbeard the Pirate."

Visit us online at www.PlacerSentinel.com

Optimistic Outlook, Awards Highlight County Economic Summit



Keynote speaker Sanjay Varshney addresses the crowd at the 24th annual Placer County Economic Development Summit

PLACER COUNTY, CA (MPG) - The keynote speaker had good news for the approximately 200 people who attended the 24th annual Placer County Economic Development Summit on March 18: This year's outlook is favorable for the Sacramento region and Placer County is well-positioned to benefit.

"Placer County is uniquely situated within the larger Sacramento region in many ways," Sanjay Varshney told the crowd, noting that the county has a business-friendly reputation, a relatively small population base, a great natural environment and higher-than-average per-capita income.

A finance professor at Sacramento State University, Varshney emphasized that the university's interest in developing a satellite campus in west Placer and the recent decision of the University of Warwick to move forward with plans to establish a campus on 600 acres west of Roseville is great news for the county. "Clearly, that's a huge testament to Placer County," he said.

Varshney offered a detailed assessment of the regional economy, providing a good-news, badnews assessment of job growth: The region has nearly as many nonfarm jobs as it had before the recession, but many of the new jobs are at the lowend of the wage scale. He said the Sacramento region needs to attract more large companies that offer high-end jobs.

Barry Broome, the first president and chief executive officer of the new Greater Sacramento Area Economic Council also spoke during the summit breakfast, emphasizing that regional cooperation is critical to economic growth in California.

"California is the nation's most important economy," he said. "And, we're going to build our economic future one region at a time."

This year's economic summit breakfast was held at the Blue Goose Event Center in Loomis. The theme was "Experience Placer Life."

The summit was hosted by the Placer County Economic Development Board (EDB) and organized by the county Office of Economic Development. Sponsors included Pacific Gas & Electric Co., Wells Fargo Private Bank, Blue Line Arts and the Auburn Symphony.

During the meeting, the EDB presented awards to recognize two career-training programs, four businesses and a Roseville public-private partnership for their contributions to the county's economic well-being during 2014.

The Agriculture Department at Lincoln High School won one of the two public sector awards for career-training programs. County Agricultural Commissioner Josh Huntsinger nominated the program, noting that its four teachers and a small army of volunteers are dedicated to helping students gain all of the skills they need to be successful in their careers.



Aaron Klein, one of the founders of Riskalyze Inc., left, is joined by Board of Supervisors Chairman Kirk Uhler. Uhler nominated Riskalyze Inc. for its award.

The other public sector award went to an innovative job-training program designed to transition young adults from low-wage, low-skill occupations to in-demand construction trade jobs. The program's sponsors are the Sierra College Construction and Energy Technology Program, Sierra College Center for Applied Competitive Technologies, Golden Sierra Job Training Agency and the Placer Center of the California Conservation Corps (CCC).

Other award winners are:

Energy Saving Pros of Loomis, a growing solar installations and clean energy technology company noted for its community involvement;

Quest Data Center of Roseville, a 120,000-square-foot facility recognized for adding more than 100 jobs and making a private investment of more than \$5 million in the local economy;

Riskalyze Inc. of Auburn, a company that has developed a simple test that allows advisors to quantify the risk tolerance of investors;

Kim's Country Kitchen in Lincoln, a restaurant credited with helping revitalize the city's historic

downtown business district; and Advantage Roseville, a public-private initiative that has been instrumental in bringing new jobs

and capital investment to the city.

The EDB is an advisory board that assists the county with its business attraction and retention efforts. It promotes the creation of new jobs and tax revenue and supports tourism, agribusiness, film production and workforce development initiatives. The EDB includes representatives from the Placer County Board of Supervisors; the town of Loomis; and the cities of Auburn, Colfax, Lincoln, Rocklin and Roseville. It also has members who represent agriculture, public and private education, healthcare, utilities, manufacturing, tourism,

communications and nonprofit organizations. For more information about EDB, visit Placer.ca.gov.

Source: Placer County ★

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Forever Enlightened:

Downtown's Healing Center Bringing Insight and Education to Your Spiritual Journey



By Carol Guild Staff Writer

AUBURN, CA (MPG) - Forever Enlightened in downtown Auburn's Gold Country Mall encompasses many aspects of healing and spirituality.

The store boasts a variety of items, including crystals, rocks, books, oils, cards, CDs, candles and jewelry.

The jewelry adorned with crystals and stones "has a healing nature to it," said Owner Marcia Lanoie.

"We're not just a metaphysical gift shop," she said. "We are a full healing center."

After the loss of her 21-yearold daughter, Lanoie went on her own therapeutic journey through shamanic healing and prayer. "I wanted to help others heal as I've been healed myself," she said. "I first started doing drug support."

Then finding the vacant space on Lincoln Way was "divinely driven," she said. "Everything I needed manifested so easily."

Forever Enlightened is in no way affiliated with the previous occupant, Auburn Alchemy.

"The space was Auburn Alchemy for 12 years," said Lanoie. "The community was devastated when it closed.

"They paved the way, and I'm so grateful," she said. "We were fortunate that we both shared the same vision. I am taking what they had and expanding it. And the community has been so supportive."

Forever Enlightened first opened in November 2013 and offers clairvoyant readers, reiki energy healers, sound therapy and hypnotherapy, which includes past life regression, smoking cessation, weight loss, and more. "We also have addiction specialists," said Lanoie.

The essential oils are another highlight of Forever Enlightened. The store stocks a wide array of Young Living Essential Oils. "The oils we carry are 100 percent organic, grade A," she said. "There are no synthetics added to them whatsoever. We feel that if we are going to carry products, that we carry natural, organic products." They utilize a Zyto scan program to accompany the selection of oils. According

offered at the healing center throughout the month, including the use of essential oils, how to use a pendulum, tarot cards, and meditation.

The store houses healing products that coincide with the healing work they do.

"We want to have a place where people can come for healing, for spiritual guidance, reading (the store has a spiritual library), or just someone to talk to ... to feel better ... to have their vibration raised," said Lanoie. "Life is so stressful and our society has become so fear-based," she said. "This is a positive environment with such a huge network of healers."

The store also features works by local artists, such as Connie Rodriguez (ConnieRodriguezArt.com). "We believe strongly in supporting local artists," said Lanoie.

Forever Enlightened offers a healing festival every third Saturday of month with the entire building at 882 Lincoln Way participating. For more information, call Forever Enlightened at (530) 883-8033 or visit Forever-Enlightened.

To contact Editor Carol Guild, email placereditor@mpg8.com. ★

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Tostadas and Bingo!



From left: Soroptimist International of Loomis Basin members Chris Hebard-Summers, Toni Smith, Eileen Elder, Debi Schneider, Jenny Knisley, Terry Duarte and Cindy Dietz participate in a recent event held by the group. Photo courtesy Soroptimist International of Loomis Basic

LOOMIS, CA (MPG) - Soroptimist International of Loomis Basin will host a new afternoon bingo session in addition to the annual Tostada Bingo Night on Saturday, March 28 at the Loomis Memorial Hall, 5945 Horseshoe Bar Road, Loomis.

The afternoon Bingo will be held from 2 to 4:30 p.m. Tickets are \$15 and nachos will be sold. The doors open for Tostado Bingo at 5:30 p.m., and a dinner of shredded beef tostada with drink and dessert begins at 6 p.m. Tickets are \$25. The tickets to attend both sessions are \$35.

All sessions include bingo game packets and dauber, prizes, raffle, iced tea, lemonade, water and coffee. Tickets are available from the Loomis Basin Chamber of Commerce, all Loomis Soroptimist members or by calling (916) 652-7252. Limited tickets will be available at the door.

This family-friendly benefit supports Soroptimist International of Loomis Basin projects, including the Loomis Senior LIFE Center, former foster youth attending Sierra College, teacher grants, and other local and international projects that improve the lives of women and girls through programs leading to social and economic empowerment.

To learn more about Soroptimist International of Loomis Basin, visit a weekly meeting on the first and third Wednesday evenings and second and fourth Wednesday mornings, visit SoroptimistLoomis.com, or contact Peggy Word, president at (916) 837-6106.

Soroptimist (Soroptimist. org) is an international volunteer service organization for women who work to improve the lives of women and girls, in local communities and throughout the world. Soroptimist International of Loomis Basin is a 501(c)(3) organization. \star

The GMO Controversy Continues

How GMOs Are Affecting the Environment

By Joan Elliott Special to Placer Sentinel

PLACER COUNTY, CA (MPG) - How GMOs affect our environment is a hotly contested issue. One side claims that the biodiversity of GMO protect our environment by using less pesticide and herbicide, and reduce the acreage needed to provide similar crop production. The other side claims that because of GMO, "nature" is creating super weeds and resistant bugs thereby increasing the amount of herbicides and pesticides and reducing the yield causing more habitat destruction and contamination.

Initially the intent of the GMO crop seemed to be a good one, providing more with less. However, time has shown, that is not the case and nations around the world are rejecting the use of GMO crops due to the contamination of and the destruction of native plants and insects. The United States seems to be the hold out, supporting further production of new GM species to counteract the negative aspects of the old - very similar to the pharmaceutical companies producing more new drugs to counter act the side effects of the current new drugs.

According to the New York Times, in 2009, GM mosquitoes were released in the Cayman Islands with the intent to control dengue fever which is carried by mosquitoes. Subsequently, they were also released in Malaysia and Brazil. The releases were done without public comment and thereby made countless humans guinea pigs to the experiment without permission. Key West, Florida, was also supposed to receive the release, but the residents found out before the release and aggressively opposed it. Further concerns over what would happen with the GM offspring and what the effect of a bite from a GM mosquito were the reasons given, without any supporting information from the releasing agency. An interesting note, when the first petition was taken to the FDA it was destroyed because they thought that GM mosquitoes were in the box. If the FDA is afraid of being exposed to GM mosquitoes, why are they approving them to be released on the general public?

Currently GM crops that have the bacillus thuringiensis (Bt) gene for insecticide have been directly linked to the decline in native bees and monarch butterflies according to a study completed by the United Nations in 2001 and the GMO-Journal recently. Included in the list of collateral damage are beneficial nematodes that live in the soil, keeping it nutrient rich, and other beneficial bugs. To use a broad spectrum insecticide (even though it is found in nature) can only have a damaging effect in the long run. The GM crops were "tested" on the world before knowing all the damaging consequences that only time can show.

The last article discussed the health issues involved with GM food products. Think about the food you consume, read the labels, the majority of all processed food has either soy or corn or both with 93 percent of all soy and 88 percent of all corn produced in the U.S. being GMO. Posted on the Monsanto website is this statement:

"... There is no need for, or value in testing the safety of GM foods in humans."

We, the people, are the unwitting guinea pigs to this massive experiment.

In 2004 Mendocino and Marin Counties and in 2014 Humboldt County passed ballot measures to prohibit GMOs in their

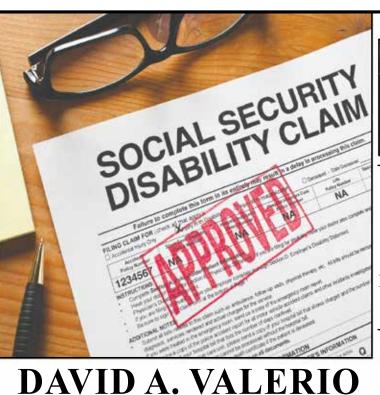
community, and Arcata passed an ordinance in 2004 also banning the use in their community.

The State of California has subsequently passed a law prohibiting communities from enforcing these types of initiatives, according to the Institute for Responsible Technology. Thought our state was green? The California Constitution can preempt local jurisdiction specific to pesticide use. Does that include GMO?

What happens to our natural fish community when GMO farmed fish escape? Do they manipulate the natural species through mating, or are they sterile? Do they replace the natural species because they are larger and more predatory thereby reducing natural food and habitat availability? These questions have been raised in a report written for the United Nations in 2001. These issues have been discussed but not adequately answered.

We as consumers need to become more pro-active in regard to our food supply. We as a nation need to read as much information as possible to educate ourselves on both sides of the information chain. Understand that our government is pro-big business and will not provide "all" the essential information that the public needs to know. We have to dig. Ask the question: Why is the United States the only nation not questioning GMOs and their effects? Why, as a nation, are we supporting a food system that is clearly not good for our health, our environment and our future generations when other nations have figured this out and are doing something about it?

Joan Elliott is a resident of Placer County and former restaurant owner with a passion for "good" food.





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'Firewise' in Foresthill Placer Co. Sheriff's Office Busts

Story and photos by Joan Elliott Special to Placer Sentinel

PLACER COUNTY, CA (MPG) - Monte Verde Estates in Foresthill is proud to be the first Firewise Community on the Foresthill

On Saturday, March 7, a plaque posting ceremony was celebrated by the community for their hard work and dedication to creating a fire safe community. In attendance was supervisor Jennifer Montgomery, Monte Verde Estates HOA (homeowners association) President Dan Wolf, Secretary Bob Venegas, member-at-large Mike Whittle, Firewise representative Luanna Dowling, Fire Marshal Gary Kirk, Fire Department personnel and many more.

Steve Smith of "The Pancake House" in Roseville and HOA treasurer provided a delightful breakfast and coffee for the crowd.

This has been a two year effort to create fire breaks, clear overgrowth, manage vegetation, with clearances from homes and evacuation plans. The hard work and dedication of this community is to be commended. Not only have they created a defensible space for themselves, but a fire break for the Foresthill community as well.

Firewise Communities are HOAs that commit to creating a fire safe community in wild land interphase areas. These groups work with local fire agencies to create a plan



In attendance at the plaque posting ceremony were, from left, Steve Smith, Mike Whittle, Bob Venegas, Jennifer Montgomery, Luanna Dowling (and her granddaughter), Gary Kirk, and Don Wolf.

to mitigate wildland overgrowth, and create a fire safe environment for their communities.

Firewise is currently working with several other HOAs in the Foresthill area. If you or your community is interested learning more,

contact Luanna Dowling at (530) 367-6159 or go to www.firewise.org.

Joan Elliott is a resident of Placer County and a regular contributor to the Placer

Large Identity-Theft Ring

PLACER COUNTY, CA (MPG) - Three people were arrested at motels in Auburn and Roseville early Wednesday, March 18, where they were operating a large-scale identity-theft ring and selling drugs.

Placer County Sheriff's deputies arrested Cassie Delmugnaio, 36, of Sacramento, and Kristina Downs,



Kristina Downs

25, of Auburn, at the Quality Inn on Lincoln Way in Auburn. In the room, deputies found numerous items belonging to others; credit cards, "green dot" cards, cell phones, Social Security numbers, tax returns and mail. They also found a computer printer and

large amount of items related to identity theft. Sisk also had outstanding warrants for his arrest. A joint investigation with the Roseville Police Dept. is ongoing. All three suspects were booked at the Placer County Jail in Auburn on a variety of charges. Delmugnaio's bail was set at \$35,500; and Downs' was set at \$30,000. The two are out on bail.

Joseph Sisk

other items used to manufacture

fictitious checks. Downs was in

possession of drugs. Both suspects

Information obtained there led

detectives to the Fairfield Inn in

Roseville. There, a Placer County

detective, with the assistance of

Roseville Police officers, found

and arrested Joseph Theodore Sisk,

37, a transient. He had a substan-

tial amount of suspected meth and

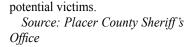
indication of drug sales. He was

in possession of computers and a

also had warrants.

Detectives are continuing their investigation and will contact

Sisk remains in custody. His bail is





Cassie Delmugnaio

set at \$355,000.

Silver Screen Encourages Rain in Spain correct and lovely English. To his astonish-

AUBURN, CA (MPG) - Silver Screen Classic Movie Series continues with "Pygmalion" on Saturday, April 4, with a 1938 comedy made from one of George Bernard Shaw's most famous plays.

Henry Higgins and Colonel Pickering pick up squashed cabbage leaf Eliza Doolittle from the London gutter. Higgins insists that he can pass her off as a duchess by teaching her the importance of speaking

ment, he grows accustomed to her face. dle class morality," the battle between men and women and the social classes, this

> see that the process is not as easy as either imagined. Even though we might know the ending, the tale successfully generates suspense. Higgins is a terrible teacher, even though he's convinced he's wonderful. Eliza is a defiant, independent student who takes a long time to understand what Higgins wants from her, and why. And because we see her disastrous performance at the tea party, we wonder whether she'll retain her

A satire and a romance, a tale of "mid-

movie has two main characters: Higgins

and Eliza. Following them on their road to that imposing, august Embassy Ball, we

'Good Shaw and a grand show," wrote The New York Times of this movie.

dignity at that terrifying ball.

This movie is shown at 1, 4 and 7:30 p.m. in the Beecher Room of the Auburn Library, 350 Nevada St. in Auburn. Presented by the Library, the movie is free. For information, call (530) 878-7938, or visit AuburnSilverScreen.com.

Silver Screen goes dark in May. The next movie, The Big Sleep," will be shown on June 6. It is a brooding yet amusing detective story from a novel by Raymond Chandler.

Shiver Me Timbers!

Continue Passition

Auditions begin at 3:30 p.m. sharp, Monday, April 6. Latecomers will not be admitted. Wear sneakers and comfortable clothing. Please arrive at 3 p.m. Parents or guardians must fill out

tion, commitment to the daily, 3:30 to 7:45 p.m. rehearsals is a must. The workshops are spon-

a brief consent form. Upon selec-

sored by United Auburn Indian Community

WHAT:

Missoula Children's Theatre presents "Blackbeard: The Pirate

AUDITION:

3:30 p.m., Monday April 6. If cast, rehearsals are Monday 3:30 to 7:30 p.m.

SHOW:

7:30 p.m., Friday, April 10

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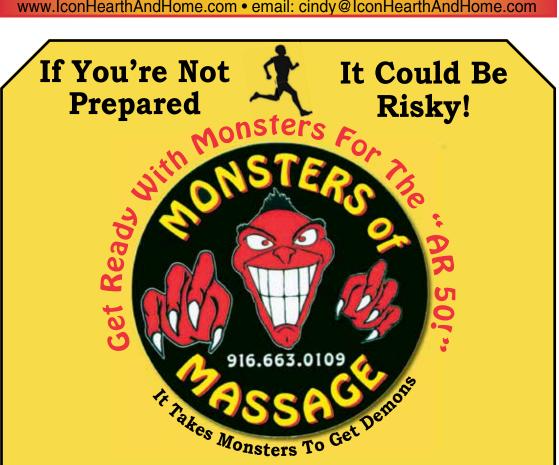
ADMISSION: \$10 Adults, \$5 Children 17 and under

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Henry Higgins accepts a dare to teach Eliza Doolittle how to speak correct English on Saturday, April 4, in the Beecher Room of the Auburn Library, 350 Nevada St. in Auburn. Photo courtesy of MGM

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Stay Active With SIRS

AUBURN, CA (MPG) - Retired? Stay active! Join Sons In Retirement (SIRS) Branch 37 lunch social at 11 a.m., Thursday, April 2 at the Auburn Elks Lodge, 195 Pine Street, Auburn.

The speaker will be local artist and sculptor Douglas Van Howd. He will be discussing his current work on a full size sculpture of his longtime friend President Ronald Reagan that will stand at the State Capitol. He has

produced many other notable works including the group of running horses located across from the Ridge Golf Course.

The SIRS group has many activities, including poker, golf, computers, model airplane flying, bocce ball, etc. There are no dues! And they are looking forward to adding new members. For more information call (530)885-9099, or email ranger r@pacbell.net. ★



PCWA Calls for Continued Conservation in Response to 2015 Drought

AUBURN, CA (MPG) - Drought conditions and water supply availability continue to be of concern to leaders of the Placer County Water Agency (PCWA).

Results of March 1 snow surveys on local mountain watershed were presented Thursday (Mar. 5) to the PCWA Board of Directors by Deputy Director of Technical Services Tony Firenzi, who is serving as the agency's drought project manager. PCWA snow courses on the American River watershed registered at 2 percent of average while PG&E's Yuba-Bear watershed registered at 8 percent of average, Firenzi reported.

"Very similar to last year, we're urging customers to continue in their efforts to conserve water usage by 20 percent," Firenzi said, referring to Gov. Brown's 2014 drought declaration that remains in effect and calls for a 20 percent statewide reduction in water use.

The water agency's current conservation plan, adopted by the board in April 2014, remains in effect. Both PCWA and PG&E continue to operate mountain water systems very conservatively in an effort to store as much water as possible for the coming year.

The PCWA Board of Directors also heard from agricultural water customers in far western Placer County who expressed concerns over the continuing drought and availability of water in their area. PCWA has made a preliminary commitment to supply the area with 7800 acre-feet of water this year, which is a significant reduction from amounts supplied in non-drought years. The board unanimously agreed to the formation of an ad hoc committee to be chaired by Chairman Primo Santini and co-chaired by Vice-Chair Mike Lee, to address the immediate concerns of the agricultural water users.

In other news, PCWA directors:

Placer Sentinel • 5

Unanimously approved the purchase of two parcels of land totaling 9.9 acres located on Ophir Road adjacent to the site of the Ophir Road Pump Station. Acquisition of the land will provide PCWA with a location for a permanent service center.

Heard from PCWA Director of Financial Services Joseph Parker, CPA, regarding transfer of the agency's eastern water system to Northstar Community Services District (NCSD). PCWA and NCSD are working together to meet an effective transfer date of July 1, 2015.

Information on PCWA board meetings may be obtained through the clerk to the board at (530) 823-4850 or (800) 464-0030. For drought updates and water conservation information, go to pcwa.net. ★

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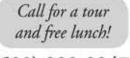
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3D PRINTING 101

FAMILY FEATURES

echnology seems to evolve at lightning speed, and it can be tough for business owners to sort out the latest tech fads from the tech musthaves. One recent innovation adding new dimensions to all kinds of small businesses is 3D printing. Before you write it off as a fad, read on to find out how it could be just the right fit for your business.

Add a new dimension to your business

3D Printing Basics

3D printing is a manufacturing process that uses digital information to create tangible, three-dimensional objects, one layer at a time. It's being used to prototype elements in architecture, construction, industrial and automotive design. 3D printing has helped make advances in the dental and medical fields, and has made the move into fashion design and even food. In fact, the 3D print service provider sector increased by 21 percent last year, according to The Wohlers Report 2014.

How 3D Printing Can Work for You

Small business owners and entrepreneurs can use 3D printing to create functional prototypes for new product development. For example, you could produce engineering parts, architectural models, fixtures for cameras, lights and cables, and even acting props for theatre or video productions.

Like many small business owners, you may not have the capital to invest in your own 3D printer. But you can have access to top-notch 3D printing at places such as participating The UPS Store Centers — and at a much higher quality than an at-home

printer can provide.



"We're committed to offering small business owners, entrepreneurs and consumers high-tech solutions in order to assist with all their business needs," said Michelle Van Slyke, vice president of marketing and sales at The UPS Store. "We launched a test to evaluate if there was a demand for 3D print, and we're excited to now give even more small business owners access to highquality, professional 3D printing."

The Stratasys uPrint SE Plus, selected by The UPS Store, is a professionalgrade 3D printer that

accurately and reliably produces complex engineering parts, prototypes and one-of-akind objects. The heated build chamber and soluble supports allow entrepreneurs, engineers, home inventors and makers to produce parts true to their designs.

There are significant differences between home 3D printers and professional 3D printers," said Daniel Remba, small business technology leader at The UPS Store. "Many of the challenging and time consuming steps used to prepare a simpler printer are fully automated on the uPrint SE Plus, leading to added precision, reliability and a success rate that is unmatched by a home printer.'

How long does it take to print? It depends on the complexity of the design. A simple object may take 4 to 5 hours, while a complex object may take multiple days to create. A 3D printer service can help you get your products from concept to consumer with lightning speed — and that could just be the added dimension you need.

www.theupsstore.com/3dprinting.

To find out more, and to find participating locations, visit



From Passion to Patent

Entrepreneurs Jeff Russell and Nick Brooks turned a DIY gadget they invented to blend their passion for surfing and film into a product that is now available to surfers and action sports enthusiasts worldwide. The MyGo Mouth Mount is a mouth piece used to create and share action video footage with flexibility and ease of use in mind. Russell and Brooks were able to get their product to market quickly and cost effectively by using 3D print technology.

Knowing about 3D printing for some time, the two entrepreneurs set out to find a quality 3D printing service at a reasonable price. They visited The UPS Store in San Diego, California and worked with the 3D Print Manager to print their prototype.

"The turn-around time was quick and the prototype looked great," said Russell. "We couldn't wait to hold it in our hands and try it out on the waves."

Once surf tested by Russell and Brooks, the two brought the 3D printed prototype to potential manufacturers and were able to get a patent. The MyGo Mouth Mount is now sold online and in surf shops in Southern California and Australia with plans to grow. For more information, visit www.mygomount.com.

More Tech Tools to Expand Your Small Business

Are you taking advantage of all the technology available? Here are some other tools available to help small business owners and entrepreneurs:

Technology for marketing

Reach your customers where they're at with effective email marketing. For example, Email Marketing from Constant Contact helps you build relationships and drive revenue, and makes the process easy for you.

Technology for customer service

Make sure your calls are answered professionally with a service such as ReceptionHQ. Calls can be transferred to you, or a message taken and sent via email or text.

Technology for sales

Make sales easier with multiple payment acceptance methods. With a service such as Chase Paymentech, you can take payments online, in the store, or on the go.

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Sudoku Puzzle on Page 8 JUUUNU FULLIE UII FAYE U

> 9 3 1

7 5 3 9 2 1 6 4 8 2 7 5 3 9 4 8 1 6 6 4 2 5 3 8 1 9 3 8 7 9 4 6 2 5 2 9 5 3 1 8 6 4 2 8 6 3 5 9 4 1 3 6 9 5 8 2 4 5 9 8 3

5

2

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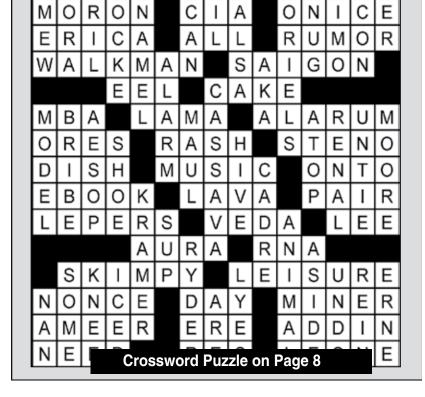
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S

Crossword Puzzle on Page 8

S 0 В



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Shouldn't California Have the Best Roads By Now?



Commentary by George Runner

If high taxes guaranteed results, then California should have some of the best roads in the nation. For years, we've had one of the highest gas taxes, yet our freeways consistently receive failing grades.

It makes no sense unless you admit that high taxes don't guarantee good roads. That's one of many reasons I had no trouble voting with my State Board of Equalization colleagues to approve a six-cent cut to the state's gas tax. Under a confusing and complicated law commonly known as the "gas tax swap," the state has been over collecting tax dollars as gas prices have fallen. The new rate helps solve this

Any tax cut is a rare bit of good news for overtaxed Californians. This gas tax cut also has the added benefit of partially offsetting the cost of a new hidden gas tax that took effect January 1st to help fund high speed rail and other so-called anti-global warming efforts.

California will still have one of the highest gas tax rates in the nation, but even so, not everyone is pleased to see the tax go down. In fact, some government officials are devising new schemes—like mileage taxes and road user fees—aimed at getting even more of your dollars.

But before you send any more money to Sacramento, you deserve a clear picture of just how much money the state already receives for transportation and how those dollars are

Here are a few key facts the media often fails to report:

Fuel tax revenues have grown Even as vehicles have become more efficient, fuel tax revenues grew 35% in the past 10 fiscal years—from \$6.5 billion to a

record \$8.7 billion. Most of these dollars are reserved for transportation, although some sales tax dollars go directly to local governments.

Total transportation spending is an estimated \$28 billion – Fuel taxes are only one piece of the transportation funding puzzle. The Legislative Analyst's Office estimates total transportation funding in California from all sources of government is \$28 billion. About half of this funding comes from local governments and a quarter each from the state and federal government.

There's plenty of money available - Governor Brown's proposed \$113 billion General Fund budget would be a record high for state spending. Even so, it provides very little funding for transportation. Perhaps when projects like high speed rail because most transportation funding now comes from special funds, California's spending on highways is below average when compared to other states. At the same time, California's overall state spending and welfare spending both exceed the national average. If we need more funding for roads, why not use General Fund dollars like we did in the past? It's all about

California taxpayers are not getting good value for the dollars they send to Sacramento. Due to questionable laws and regulations, the cost of transportation and infrastructure projects is far higher in California than other states. It's a tough sell to say Sacramento needs more money

and the Bay Bridge are plagued by waste and cost-overruns.

The State of California ought to be investing your tax dollars wisely and cost-effectively, not wasting them on bullet trains and bureaucracy. If our leaders spent less time concocting new tax schemes and more time properly stewarding existing funds, perhaps we'd all spend less time stuck in traffic. Maybe someday we could have the best roads again, too.

George Runner represents more than nine million Californians as a taxpayer advocate and elected member of the State Board of Equalization. For more information, visit www.boe. ca.gov/Runner.

Who's Who of Outstanding Businesses



In today's busy & hectic world. It's easy sometimes to forget to show appreciation to those customers who mean so very much to a business community. These merchants have never hesitated in saying "THANK YOU" for choosing to do business with them. They are grateful to have our readers as good friends and good customers.

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In compiling this 2015 business review, we are happy to make special mention of this outstanding photographic service. Tina at SIMPLY PORTRAITS thanks you for your business and she invites you to visit them online at www.simply-portraits.com

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also help with bathing, dressing and medication reminders. HOUR HOME SENIOR CARE, INC is located at 23573 Tree Farm Road in Colfax,

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Michael always appreciates your business. Thank you. © UBC 2015



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CLUES

ACROSS

13. Knucklehead

18. Gossipmonger's

information

23. Snakelike reef dweller

25. Business school reward

Shakespeare

43. "I'm ____ you!"

47. *Travolta and Newton-

sent to colonies

53. Ambience

57. Like a bikini?

67. Forty-niner, e.g.

69. "But I heard him exclaim, __

72. Hi-

DOWN 1. Old World duck

3. Seed coat 4. English philosopher John

6. *First clinical CT- or Cat-_

8. Model-building wood

10. Stretched ride

1. Libra symbol 6. Weep convulsively

9. Under-dress garment

14. *Some Watergate burglars had worked for it

15. On the rocks

given name

debuted in Japan in '79

21. *Its fall ushered the end

24 You can't have this and

28. Tibetan teacher

35. Miner's bounty, pl.

39. Dictation taker

41. *Punk rock, e.g.

John e.a.

52. *Martial artist

64. The present 65. Calendar square

68. Arabian chieftain

lacking

7. *Subject of 1970s crisis

11. Clickable picture 12. For every

22. *Arthur Herbert Fonzarelli, _ "The Fonz"

16. *"Fear of Flying" author,

19. *iPod predecessor,

of Vietnam War

eat it too?

30. #20 Down, to

37. Measles symptom

40. Signal receiver

44. Kindle content __ lamp

48. Historically, they were

50. Sacred Hindu writings

55. Genetic initials

60. *Type of men's suit

drove out of sight...'

71. Something necessary but

73. Film director Sergio

2. Countess of Grantham. "Downton Abbey"

5. Canine's coat

9 Like a bug in a rug

15. Bay windows 20. Eye opener

24. Source of tapioca and a staple in the tropics

CROSSWORD

dish

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Johnson, e.g.

26. Palm grease

27. Famous fabulist

29. Sledgehammer 31. At the summit of

32. Of the kidneys

33. Undo laces

38. Bee home

51. *"

57. Not all

42. Military group

54. Actress Winona

56. Out of the way

58. Capped joint

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25. *Cheryl Tiegs or Beverly

34. *She had a hit TV sitcom

36. Old Woman's home

45. *Kramer's opponent

59. Like a decorated cake

62. Seabiscuit control

64. A Bobbsey twin

63. European sea eagle

66. Present plural of "be"

60. Cleaning cabinet supplies

61. Backward arrow command

49. Small amount of liquid food

House'

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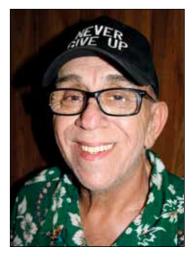
1 5 6 4 2 9 8 2 5 9 8 3 2 5 8 5 4 9 8

Fill in the blank squares in the grid, making sure that every

For Solutions See Page 7

Come back every week for Crossword and Sudoku!

Placer Sentinel • 9 March 27, **2015**



By Gerry Mifsud

Dr. Martin Luther King Jr. marched on Montgomery for civil rights, but this column isn't about that strong brave man.

It's about Supervisor Jennifer Montgomery's March 9 reelection campaign party at Bootleggers restaurant in Old Town Auburn. I was invited to this event where Super Jen was at the door to greet each of the 80 supporters in attendance. Chef Ty Rowe laid out a spread fit for a queen.

Supervisor Montgomery is among 24 women elected officials nationwide recognized this year by a new program created to highlight outstanding contributions by Women in Government. Montgomery is one of two elected officials from California and one of three county supervisors in the U.S. recognized by the "Women in Government Leadership Program" created by the Governing Institute. Its Director Julia Burrows said, "You have a woman making history on your Board of Supervisors. She is a leader amongst leaders."

Since an election is coming up next year, there was excitement from the supporters as they made toasts to Jen and talked in small groups about her accomplishments. Supervisors Duran and Weygandt were in good spirits. (Incidentally, there was an open bar.) Nobody got smashed, but Montgomery gave a smashing speech to the people she so

NEVED CIVE UD

'March on Montgomery'

She spoke of her past year

- Worked with County Staff to adopt a balanced budget and begin rebuilding reserves;
- Focused on beneficial, community oriented development projects;
- Saw "Laura's Law" adopted;
- agreement to locate in Placer County; • Participated in the homeless

University of Warwick reached

- count and helped site and locate a temporary homeless shelter;
- Resolved multiple road safety issues on Foresthill Road;
- Worked to establish new North Auburn bus route which serves the food bank and the Auburn Airport;
- Created the vision for the "Museum of DeWitt" at the former Officers Quarters building; Focused on wild land fire
- issues in the county and gave presentations locally and nationally on the subject.
- Some of her focus for next year/term are:
- Continue to adopt balanced budgets and deliver a high level of services to taxpayers and constituents;
- Continue to expand higher education opportunities;
- Identify location for and begin planning for construction to replace the 55-year-old Sheriff's substation and state courthouse in Tahoe;
- Work with private and public partners to locate, plan, and site a multi-generational community center in North Auburn;
- Create more art opportunities and public art;
- · Adopt and achieve full implementation of the 211 Program;
- · Redoubled focus on healthy

forests, watershed restoration, and fire safer communities;

- Continue to work with the conservation and development communities;
- · Hire more code enforcement officers;
- Work to balance provision of services to our most needy while protecting private property and public safety.

Supervisor Montgomery supported my efforts to get the first "Seniors Crossing" sign here in Auburn on Mikkelsen Drive.

On this "kick-off the campaign" night, Supervisor Duran said, "Looking forward to working with Jen in the years to come; she's done a great job and has great communication skills and is well respected."

Supervisor Weygandt said, "Jennifer's been a solid colleague. She's smart and always does her homework. She's willing to listen to all perspectives. I look forward to serving with her over the next six years."

Gratefully, Jennifer said goodnight to every last person and said, "The event was a great way to reconnect with longtime friends and supporters and to make new ones. Bootleggers is a quintessential Auburn institution and Ty Rowe put out an amazing spread for everyone. We included everyone from the conservation community to the development community, and the event gave me great hope for the future of our special county."

Jokingly, I asked Jennifer if she was related to WWII British Field Marshal "Monty" Montgomery and she said yes. So, march on, Montgomery.

To comment, email nevergiveupshow5@gmail.com.

Gerry Mifsud, Human Rights Reporter

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REST YOUR HEALTH PART 2

When last we spoke on POPPOFF, I told you about Dr. George King M.D. and what he had to share with us on controlling, avoiding, even reversing diabetes. With facing an epidemic in our country, this sounds almost incredible. But the research has been done at the Joslin Diabetes Center where research is conducted by the world's most respected and largest group of diabetes researchers. **Dr. King** is research Director and chief scientific officer at the Joslin Diabetes Center. He is one of the world's most sought-after speakers on diabetes and diabetes-related issues. He is on the road roughly half of every year speaking at medical conferences, professional associations, and patient groups. We were lucky to get him for the POPPOFF Radio Show to help us with this major problem which is reaching epidemic proportions. In his book "The Diabetes Reset," **Dr. King** shares eight strategies that are simple yet dramatically life changing! He told me if we implement just one strategy, your diabetes will improve. Implement all eight, and the

metabolism. We covered the first four in my last column

with Mary Jane Popp

POPPOFF!

including: 1) CUT YOUR FAT INTAKE IN HALF, DOUBLE YOUR

FIBER. 2) INCREASE YOUR MUSCLES' GLUCOSE-ABSORBING ABILITY THROUGH AEROBIC

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EXERCISE

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4)BECOME AN INFLAM-MATION FIGHTER.

So let's tackle the last four strategies to help you overcome this epidemic of Diabetes.

5) REDUCE YOUR BODY FAT BY 5-7%. If your BMI is above 25 and you are able to reduce your weight by 5% to 7%, you will significantly reduce your insulin resistance and markedly improve your glucose metabolism.

6) Get 7 TO 8 HOURS OF HIGH-QUALITY SLEEP EVERY NIGHT. When otherwise healthy young adults were tested after sleeping 4.5 hours a night for two nights...their blood levels were at pre-diabetic levels of health sensitivity. 30% of Americans get less than 6 hours of sleep a night, and 50-70 million have chronic sleep disorders.

7) REDUCE STRESS AND MANAGE YOUR MENTAL

to relax and let off little steam.

regular monthly budget, and

stick to the amount. Little things

like this will help keep your total

money makeover moving in the

right direction without wearing

Just make it part of your

Dave Says

HEALTH. Men with high stress are 1.36 times more likely to develop type 2 diabetes, and for women the risk increase is 1.22 times. Understanding, targeting, and managing stress is not a luxury...it is crucial for all aspects of health.

8) BOOST YOUR OWN

NATURAL ANTIOXIDANTS. Ingesting foods rich in "phase 2 antioxidants" such as dark green veggies provides a powerful natural trigger for the production of your body's own antioxidants... which fight inflammation, cellular dysfunction, and pancreatic disease.

It's not rocket science, and doesn't take a whole lot to get it done. In addition to clear advice of the how and why of controlling diabetes, "The Diabetes Reset" explains why preventive care is important for everyone, regardless of current health and family history... including the surprising role of dental care and hygiene in diabetes prevention and important links between gestational diabetes and type 2 diabetes. Dr. **King** busts the media myths that keep Americans from changing their habits, and outlines a clear twelve-week implementation plan with a tool to track progress. We need to stop making excuses why we can't change our ways and look to the ways we can for our own good health. Want to keep all of you as healthy as possible, and the key here, it is possible! Stay well my friends!

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Noon - 1pm:	The KAHI Noon News with Mary Jane Popp and the KAHI News Team
1 - 4pm:	The Savage Nation
4 - 6pm:	The KAHI Afternoon News with Bob Stephensor and the KAHI News Team
6 – 7pm:	Poppoff with Mary Jane Popp
7 - 10pm:	Sports Byline USA with Ron Barr
10 - 11pm:	TMZ Sports
Saturdays	
6 – 7am:	A Time for Seniors
7 – 8am:	The Swap Shop
8 – 9am:	The KAHI Corral
9 – 10am:	The Garden Goddesses
11am - 12pm:	The 45 Guy with Mike Mackenzie
12 – 7pm:	Sinatra & Friends Music
7 – 8pm:	A Way With Words
8 – 9pm:	Rewind with Jimmy Jay
Sundays	

Cruisin' Garage & Swap Meet

The Crossroads Radio Show

Sinatra & Friends Music

A Way With Words

Hearts of Space

The Dew Sweepers Golf Show



7:30 - 9am:

9 - 9:30am:

10 - 11am:

7 - 8pm:

8 - 9pm:

11am - 6pm:

Dave Ramsev

Mary Jane Popp

Call 916-773-1111

body will reset its glucose

Serious about Getting Out of Debt?

Dear Dave,

Should you budget for mad money, or ju--arrying around cash, when you're trying to get out of debt?

- Aurora

Dear Dean,

What really matters is the amount of mad money you allow yourself to have. Everyone needs a little pocket money. It's probably not going to throw you off too much if you put \$10 or \$20 in there. But \$100 or \$200? That's a bit much when you're scrimping, saving and supposedly working hard to get out of debt.

Think of it as a safety valve, Aurora. Everyone needs a break and a little fun now and then. Whether it's grabbing lunch out, or going to a movie once in a while, you need

you out! Dave

It's a Better Idea

to Pre-plan Dear Dave,

My wife passed away last year, and she was just 43-years old. I paid cash for the funeral and all the arrangements. Now, I'm getting solicitations from the funeral home, wanting me to prepay my own funeral. I'm 45-years-old. Is this a good idea? - Dave

Dear Dave,

God bless you and your family. I'm so sorry you have to go through this, but I'm glad to hear you were in good enough shape financially to handle the burden. That means you were both very wise with your money.

My advice is to pre-plan, but don't prepay. As you discovered, having to make important decisions in the midst of that kind of grief is a hard thing to do. Sometimes, people are so

emotional during times like these that they make bad decisions. So, pre-planning and making selections ahead of time is a great

But it's never a good idea to prepay for this kind of thing, and here's why. If you live to an average age, for what you'd prepay today at age 45, you could invest the amount, be selfinsured for that kind of thing, and in all likelihood have a ton

of money sitting there when your

time comes. Events like this make you realize the need for proper planning, but don't ever prepay them. Lots of people in the funeral industry don't like me for this stance, but that's just because they make lots of money on prepayment plans.

- Dave

Dave Ramsey is America's trusted voice on money and business. He has authored five New York Times best-selling books: Financial Peace, More Than Enough, The Total Money Makeover, EntreLeadership and Smart Money Smart Kids. The Dave Ramsey Show is heard by more than 8 million listeners each week on more than 500 radio stations. Follow Dave on Twitter at @DaveRamsey and on the web at daveramsey.com.

Earn \$100 for 4 to 5 hours work **Route is Delivered twice each month**

Must have an economical car, current auto registration, and current auto insurance.

Route includes: Pick up newspapers in Newcastle/Auburn, home delivery to homes in Auburn and newsstand/store delivery.

Delivery is performed during regular business hours for store delivery. Home delivery can be completed overnight.

Delivery is as an **Independent Contractor.**

ROUTE AVAILABLE

Earn \$100 for 4 to 5 hours work **Route is Delivered twice each month**

Must have an economical car, current auto registration, and current auto insurance.

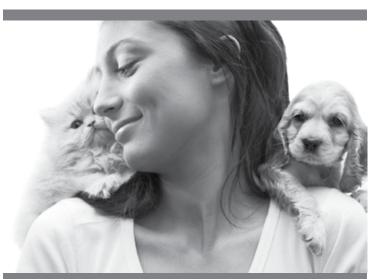
Route includes: Pick up newspapers in Rocklin or Loomis, newsstand and home delivery is delivery is to Loomis ONLY.

Delivery is performed during day or night hours.

Delivery is as an **Independent Contractor.**

Call 916-773-1111





ADOPTABLE PETS

Placer County Animal Control (PCAC) 11251 B Avenue, Auburn, CA 95603 Open Tues-Sat 9-5, ext. hrs. Wed until 7 Closed for lunch 1-2 daily Closed Sunday, Monday and **County holidays** For adoption/donation information 530 886-5541 • 530 886-5538

Angels Rescuing Kritters (ARK) 9 Depot Street, Colfax, CA 95713 **Open Tues-Sat noon-4 Closed Sunday and Monday** For adoption/donation information: 530 637-4635 www.angelsrescuingkritters.com

Friends Forever, A Cat Sanctuary (FFACS)

359 Nevada St., Auburn, CA 95603 Open Tues-Fri 11-4, Sat 11-3, Sun 12-3 **Closed Monday**

For adoption/donation information: 530 885-4228 • fax 530 885-8116

Placer SPCA Companion Animal Care Center (PSPCA-R) 150 Corporation Yard Rd. Roseville, CA 95678 Open Tues, Fri, Sat, Sun 11-4 Open Wednesday & Thursday 2-7 **Closed Monday and holidays** For adoption/donation information 916 782-7722, 530 885-7387 customercare@placerspca.org

Placer SPCA Pet Adoption & Resource Center in Auburn (PSPCA-A) 1482 Grass Valley Highway **Auburn, CA 95603** Open Daily 12-4:30, **Closed major holidays** For adoption/donation information 530 823-7722 auburn@placerspca.org

Animal Spay & Neuter Clinic 3524 Koa Way, Auburn, Ca 95602 Vaccinations Tues-Thurs 10 to 2 Surgery Mon-Thurs by appointment only Wellness Clinic-Tues-Thurs 1-2:30 For appointments and information 530 889-8800 www.animalspayneuter.com



Female, Tan and White, Chihuahua Short Coat / Mix.

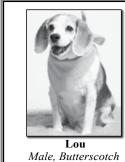
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and White, Beagle Mix,

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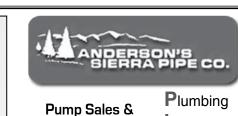
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Moonglow Female, White, Gray and Black, Snowshoe/Siamese,

1 yr. old (ARK)

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Auburn Branch Lori M. Twardus AVP & Branch Manager

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Behavior Information

WHEN YOU MOVE

Moving to a new home can be just as stressful on your pet as it is on you. Following are some tips to help you help your pet through this change

- Talk to your veterinarian at least three weeks before the move to determine if your pet will need medication for nervousness or car sickness.
- · Gather the supplies your pet will need during the move food, water, medications, medical records, bedding and toys. It also helps to bring along some of your dirty laundry because the familiar scent of these belongings is comforting to your pet.
- Keep your pet away from the moving-day activity by confining him to a room where he feels safe, otherwise, your pet could become frightened and bolt out the door unnoticed. It's difficult to pack, move furniture, and keep an eye on your pet at the same time. Maybe you have a friendly place where your pet can stay during the packing and moving, like a neighbor, friend or boarding kennel. As much as possible, try not to disrupt his daily routine.
- Be sure your dog or cat has a tag with your new phone number or the number of a friend so there will be someone to contact if your pet gets lost during
- · Move small animals, like birds and hamsters, in their cages, covered with a lightweight fabric. Remove water and any other objects that might loosen and injure them. You must keep the temperature constant for these small friends to survive.
- · Unpack and settle in a bit before turning your pet loose in the house. Keep the doors to your extra rooms closed and slowly give your pet access to them as they become accustomed to their new home.
- Orient your dog or cat to the new surroundings. If possible, try to place their favorite resting place (dog bed, chair or cushion) in the same position or area,



Weida/Molly Female, White, Terrier Mix, 8 Months Old (PSPCA-R)

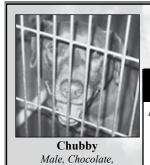
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Bethlehem Lutheran Church

Holy Week Schedule

Maundy Thursday, April 2 at 7:00 PM Good Friday, April 3 at Noon and 7:00 PM Easter Vigil, Saturday, April 4 at 8:00 PM Easter Sunday, April 5 at 8:30 AM & 11:00 AM

530-885-4515

1279 High Street Auburn, CA, 95603

Labrador Retriever/Pit Bull.

3 Years 3 Months Old

(PCAC)

www.bethlehemlutheran.org

as it was in your old home. Put their food and water bowls and toys in familiar

 If you have a dog, walk him around the house, yard and block. If you have a cat, sit quietly and pet her, preferably while sitting in a familiar chair. Provide a place for your cat to hide (she'll do this anyway). Make sure she's eating, drinking and using her litter box.

· Be patient, loving and reassuring with your pet, and they'll adjust quickly to their new home

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March 27, 2015 Placer Sentinel • 11

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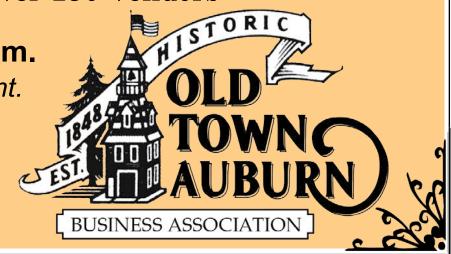
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Ramping Up for a Rugged Race

American River 50 Mile Endurance Run set for April 4



Runner Jeff Boutte makes his way along the scenic American River 50 Mile Endurance Run from Folsom to Auburn. Photo courtesy Facchino Photograph

FOLSOM-Auburn, CA (MPG) - The 36th Annual American River 50 Mile Endurance Run (AR 50) presented by Clif Bar will be held Saturday, April 4. The race starts at 6 a.m.

The AR 50 is the most popular 50-miler in the United States and offers runners a chance to view picturesque scenery as they navigate the challenging American River Bike Trail and the Pioneer Dam Overlook at 855 Pacific (NorCalUltras.com)

Express Trail all the way to Auburn.

The race begins at Brown's Ravine Marina, located at 661 Green Valley Road in El Dorado Hills, to Folsom Point, along the Folsom Dam, across the Walker Bridge to the south side of Lake Natoma before rejoining the previous course at Nimbus Bluffs. The race finishes at the Auburn

Avenue in Auburn.

Spectators are invited to cheer on the runners, who train for an average of six months prior to competing. Many runners use the AR 50 as a training run for the popular Western States 100 Mile Endurance Run.

For more information go online to AR50mile.com. Source: NorCalUltras

PCWA Honors Retiring General Manager



Retiring PCWA General Manager Dave Breninger, right, is pictured Thursday (Mar. 5) with Jennifer Persike, deputy executive director of the Association of California Water Agencies (ACWA). Photo courtesy PCWA

AUBURN, CA (MPG) - David A. Breninger, who has managed the Placer County Water Agency (PCWA) since 1992, was honored Thursday, Mar. 5, on the eve of his retirement.

Breninger's accomplishments were recognized at the PCWA Board of Directors meeting by members of the board and staff and by others attending the ceremony.

PCWA Board Chairman Primo Santini noted some of the key advances made by the agency under Breninger's leadership. "To me, your biggest accomplishment is the staff you developed," Santini said. "You're leaving us with a bright future. I believe that is the biggest monument you have

In attendance was Jennifer Persike, deputy executive director of the Association of California Water Agencies (ACWA), who lauded Breninger's leadership on water issues at the regional and statewide levels and presented a resolution of appreciation on behalf of the ACWA Board of Directors.

Breninger's March 6 retirement closes out a 48-year career in public service, including the past 23 years with PCWA. Agency accomplishments during his tenure include the construction of the PCWA Business Center, American River

Pump Station, and Ophir Pump Station and the successful federal relicensing of the PCWA Middle Fork American River Hydroelectric Project.

He is being succeeded as general manager by the agency's director of strategic affairs Einar Maisch.

About PCWA

PCWA is the primary water resource agency for Placer County, Calif., with a broad range of responsibilities including water resource planning and management, retail and wholesale supply of drinking water and irrigation water, and production of hydroelectric energy.



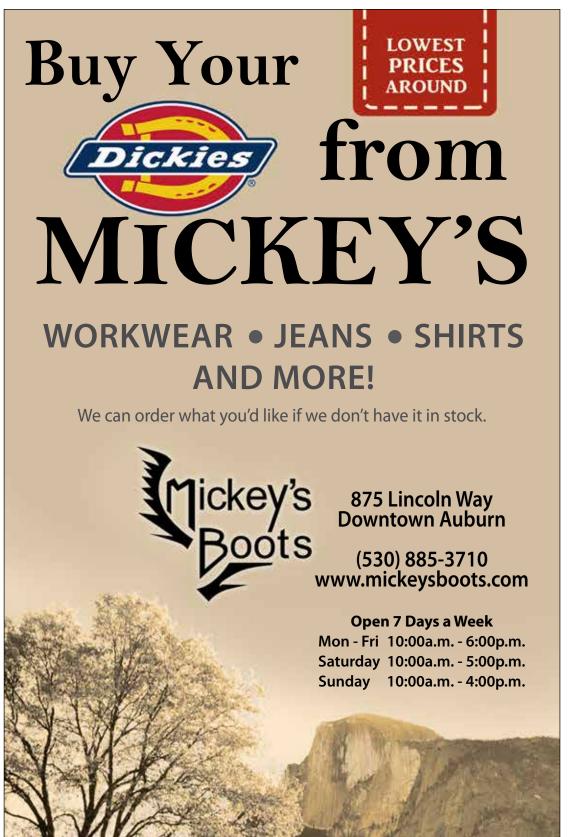
Call to Artists: Painted Utility Box Project, Phase 2

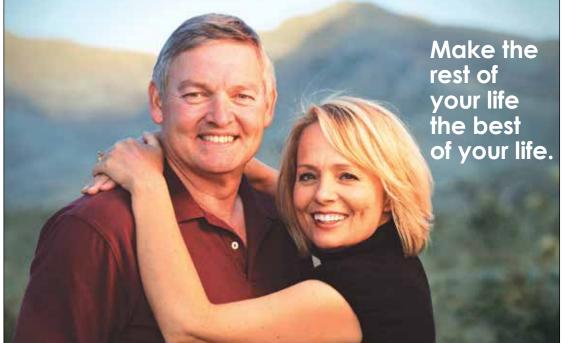
AUBURN, CA (MPG) - Artists are invited to apply to paint one of the nine utility boxes in the City of Auburn.

Applicants should be experienced in large-format acrylic painting, and, if chosen, will be expected to create designs that enhance the particular location of the box to which they are assigned. The actual painting will take place between May 1 and July 15, 2015.

Applications can be accessed at www. AuburnArtsCommission.info. The submission deadline is March 31 and notification to the artist will happen by April 10. For more information, email aacpaintedboxes@gmail.com. Source: Auburn Arts Commission ★

"The Shoppers," by Linda Green. Photo courtesy of Auburn Arts





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