



**Interns Paint
Classrooms, Sort
Donations for Single
Mom Strong**
PAGE 2

**A Degree Isn't Power,
Knowledge Is Power**
PAGE 5



THE NEWS

Established 1983 ... The best little paper in these parts!

VOLUME 42 • ISSUE 35

Serving Rio Linda, Elverta and Sacramento County

SEPTEMBER 1, 2023

**SEE
INSIDE**

**SHERIFF SEEKS
TIPS FOR
HOMICIDE**



PAGE 3

**SAFE STAY
WELCOMES
GUESTS**



PAGE 6

**SOCIAL
SECURITY
MATTERS**



PAGE 4



Scan our QR Code for a
direct link to our online edition!

PRSRTD STD.
U.S. POSTAGE
PAID
RIO LINDA, CA
PERMIT NO. 10
**OR CURRENT
POSTAL CUSTOMER**

Country Faire Brings Family Fun



Visitors at the Rio Linda Elverta Country Faire in 2022 enjoy the Fun Zone. Photo courtesy of Rio Linda Elverta Country Faire

By Chrissy Rose

RIO LINDA, CA (MPG) - If you're looking for some free family fun on Saturday, September 16th, look no further than the 10th annual Rio Linda Elverta Country Faire. The fair has become a beloved tradition for many and continues to draw more visitors every year. In 2012, the Rio Linda Elverta Historical Society hosted a community-wide celebration in honor of Rio Linda's centennial year. Over 1,500 people came, and they asked for the event to become a regular thing. Thus, the Rio Linda Elverta Country Faire was born in October 2013.

According to Cheryl Cook, Vendor Coordinator for the event, it has only

gotten "bigger and better every year [since]."

Attendance at the fair is now estimated to be well over 5,000 people. Visitors come from all over Rio Linda, Elverta, North Highlands, Del Paso Heights, and the greater Sacramento region.

Putting on the fair is no small feat. Keeping the Fun Zone free for all and paying for the entertainment, permits and rental fees, and necessary amenities runs around \$40,000. To cover those costs, the Rio Linda Elverta Country Faire & Expo Planning Committee, which has met every month since January on the fourth Monday, is busy fundraising the entire year before the event,

including hosting their own fireworks booth. It is a 501(c)(3) nonprofit, strictly run by volunteers.

Charlea Moore, CEO, RLE Country Faire, says that "This is the premier event in Rio Linda."

And it's easy to see why, with a full menu of events, entertainment, and food for visitors of all ages to enjoy. The watermelon eating contest (at Klip Joint), horseshoe tournament, and pig races both start at 10:00 (with the "Catch a Greased Pig" contest occurring between heats), and from 11:00-5:00 free hay rides to the Fun Zone will be available. The Fun Zone will officially kick off with a shot from a pirate cannon at 11:00.

Continued on page 3

Final Recommended Budget Hearings Begin Sept. 6

**Sacramento County
News Release**

SACRAMENTO COUNTY, CA (MPG) - The Sacramento County Board of Supervisors will begin Fiscal Year (FY) 2023-24 Revised Recommended Budget hearings on Wednesday, Sept. 6, at 9:30 a.m. in Board Chambers in the Sacramento County Administration Building, located at 700 H Street, Sacramento, 95814. If necessary, hearings will continue on Sept. 7 and 8 at the same time and location.

The hearing schedule, in order (may be subject to change):

IHSS Public Authority Budget Deliberation and Approval; Introduction by the County Executive to the FY 2023-24 Revised Recommended Budget; Public Comment; Board Deliberation and Approval to Revisions of the Approved Recommended Budget.

The numbers in the recommended budget change between June and September when the County receives new information, including the impact of the State Budget and updated revenue totals. Because of that new information, the Revised Recommended Budget comes back to the Board for review and adoption in September.

The Board of Supervisors approved the FY 2023-24 Recommended Budget on June 7. The \$8.4 billion spending plan recognized new and enhanced areas of growth based on the Board's priorities and a survey of Sacramento residents. The budget included annual commitments of \$35 million to fund new or enhanced programs aligned with the County's jail population reduction plans to comply with the Mays Consent Decree; \$10 million in the Sheriff and Correctional Health budgets to fund continued efforts for additional staffing and services in the Mays Consent Decree Remedial Plan; \$12 million to fund new programs and services addressing homelessness; \$84 million of growth in Health Services; \$17 million in additional funding for Child, Family and Adult Services; and \$5 million to address road repairs and improvements in the unincorporated County, among others.

Members of the public may attend the hearings and be heard on any item in the budget, either publicly, over the phone or through written comments. The budget hearings will also be telecast live on Metro Cable 14 and at sccob.saccounty.gov/Pages/BOSPublicMeetings.aspx



Dr. Jan Cooper Wants to Know Your Name

By Tamara Warta

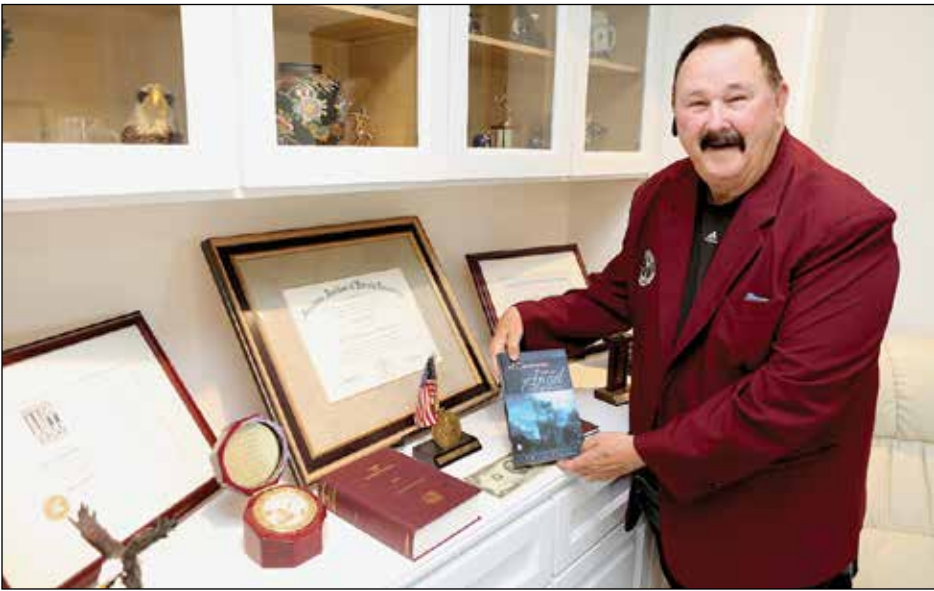
SACRAMENTO REGION, CA (MPG) - In today's busy world where people sometimes feel isolated and alone, Dr. Jan Cooper has set out to ensure people feel seen.

"I prayed one day," he said, "'Lord give me something I can do in five minutes that will make other people happy and will make me happy.'"

The quick happiness solution ended up being quite simple – he learns people's names and draws them. The name might turn into a dog, cat, or alligator. He allows himself to be inspired by the individual sitting in front of him, and the pen does the rest.

Cooper, who has two upcoming book signing events this fall, is a local author that has dedicated his life to learning and sharing his gifts and his faith.

"I just kept writing. It just kept coming out," he shared, "The reason I know it's from the Holy Spirit is because I know



Dr. Jan Cooper with a copy of one of his most recently published books. Photo by Jim Spears

I'm not smart enough to write things like that. I flunked English twice in high school and college."

And continuing to write he has. He is currently the author of ten books, including one translated into Spanish and a coloring book. He is also a former teacher. His career started by teaching inner city youth on an Indian reservation in North Dakota. He made \$4800 for the entire year. In 1967, he

went to Sacramento and got job offers right away as a teacher in the Grant Union School District but had to "teach himself English by teaching English." He retired in 2004 but continued to pour into local young people by substitute teaching for another 17 years. He has also taught art – specifically painting and drawing – for over 20 years to both children and adults.

With a teaching career

that led him to interact with inner city youth often, he did not shy away.

"Some considered them dangerous, some considered they just didn't care," he said. "But I loved the students, and they knew that."

His love of young people also carries into his love of his country. His books clearly have a conservative tone, and he has a passion to see faith and

Continued on page 3

TheRioLindaNews.com

Interns Paint Classrooms, Sort Donations for Single Mom Strong

**SAFE Credit Union
News Release**

SACRAMENTO REGION, CA (MPG) - Students from Cordova, Mesa and Rio Linda high schools recently rolled up their sleeves to make a difference for single moms and their kids this summer. The students, part of SAFE Credit Union's annual corporate summer internship program, painted classrooms and sorted donations for Single Mom Strong at their Single Mom's Empowerment Center in

Citrus Heights. "We are a very small team with a large mission," says Single Mom Strong founder and Executive Director Tara Taylor. "Community support like this makes all the world of difference to us." The Empowerment Center, home to Single Mom Strong's EmpowerME Preschool & Childcare programs, provides dis-counted, high-quality preschool and childcare that specifically meets the needs of children of single parents.

SAFE's corporate inter-nship program gives area high school students a behind-the-scenes look at the credit union's oper-ations while providing hands-on job and job-seek-ing skills. Each year advisors arrange for the interns to volunteer, instill-ing the importance of corporate citizenship. "Our internship program strives to teach interns not only about our day-to-day and back-office operations but to also provide them with a big picture of what it means to work for a socially responsible com-pany," says SAFE Credit Union Financial Educator Savannah Brown. Mesa Verde High School senior and intern Nicole Vasques says her inter-nship has been a great opportunity and is thankful volunteering is part of the program. "I think it's nice giving back to the com-munity too," she says. "It's great to know we are here to help single parents." The students spruced up the organization's two heavily used preschool and pre-K classrooms. The rooms provide space for up to 27 children each day and students enrolled in summer camps. "We have 3- to 4- and 5-year-olds playing and running around all day, so clearly the walls get dirty," Taylor says. "We are really grateful to have the stu-dents come here to make sure the rooms stay warm



Rio Linda High School Senior and SAFE intern Jaiden Domingo volunteers for Single Mom Strong. Photo courtesy of SAFE Credit Union




Mesa Verde High School Senior Nicole Vasques and Rio Linda High School Junior Evan Moua update a classroom with a fresh coat of paint. Photo courtesy of SAFE Credit Union

and inviting. This makes such a huge difference." Rio Linda High School Senior Jaiden Domingo says he enjoyed how the internship gave "a chance for us to give back to the community." "More companies should give back," he says. Danielle Yeater a senior at Cordova High School, said the opportunity to help out at the facility "shows that SAFE is a good company willing to get people out to volunteer." At the Empowerment Center, Single Mom Strong serves nearly 800 local single mothers by hosting community events to create

connections, providing life and career coaching, and disseminating free professional clothing. During their two-week SAFE internship held through Friday, stu-dents learn about banking principles, receive resume-building guid-ance and engage in mock interviews and ice breaker practice sessions. They learn about marketing from professionals and this year will create a group mar-keting project for SAFE's three high school stu-dent-run branches, also at Cordova, Mesa and Rio Linda high schools. The interns will go on to work

in the student-run branches this coming school year. Mesa Verde High School Senior Nohemy Garcia says she mostly valued learning about the interview pro-cess during her internship including, to "not to be someone else. Show your own personality." The nonprofit Single Mom Strong began supporting single parents seven years ago, opening its Single Mom Empowerment Center five years ago. "We believe high quality childcare and early child-hood education should be available even on a single budget income," says Taylor. ★



SERVPRO®
Fire & Water - Cleanup & Restoration™

SERVPRO of North Highlands/Rio Linda

**PROPERTY DAMAGE
REMEDIATION & REPAIR**

Mold, Water & Fire Damage

- Commercial & Residential
- Trained, Uniformed Professionals • Complete Move-Outs
- Restoration Vendor for Insurance




RESTORATION:

- Fire, Smoke, and Soot • Water Removal & Dehumidification
- Mold Mitigation & Remediation • Catastrophic Storm Response
- Move-Outs and Contents restoration • Electronics and Equipment
- Document Drying • Contents Claim Inventory Service

CLEANING:

- Air Ducts & HVAC • Carpet, Upholstery, Drapes
- Deodorization • Biohazard, Crime Scene & Vandalism
- Ceilings, Walls and Hard Floors

Services may vary by location



**PROFESSIONAL
COVID
CLEANING SERVICE**
Have Questions? Call
Today (916) 991-1522

(916) 991-1522

www.servpronorthhighlandsriolinda.com
Email: office@servpro10057.com
5704 Dry Creek Road, Rio Linda, CA 95673



AFFORDABLE
CREMATION & FUNERAL
CENTER INC

THE SENSIBLE ALTERNATIVE

**Compassion, Care,
Dignity and respect**

*We promise honest, upfront pricing
Never be overcharged or misled*

- We invite comparisons to our services and facilities.
- Pre-planning and pre-payment services.
- Guaranteed Pricing.



\$1,090 Dignified Cremation
\$3,190 Traditional Funeral

(916) 469-0866 Call 24 hours

**4750 BELOIT DRIVE,
SACRAMENTO / FD-2352**
(Off Interstate 80, Exit Marysville/Raley Blvd.)
www.affordablecremationofsacramento.com

Social Security Matters

What About All the Money Congress Stole from Social Security?



By Russell Gloor, AMAC Certified Social Security Advisor

Dear Rusty: Is there any way that Congress will vote to pay back the Social Security funds they took for their stupid reasons, and left IOUs in place of the funds? Because of the funds they took going back many years, we didn't have any decent COLAs for a few years. In fact, there were I think 3-5 years that we didn't get any COLA. Please Rusty, can you find out if this is true or false? Help us seniors! **Signed: Resentful Senior**

Dear Resentful Senior: I can assure you that I've fully investigated the allegation that politicians have squandered Social Security's money and found that charge to be, simply speaking, a myth. I've gone back and looked at Social Security revenues and expenses since the government first started collecting FICA payroll taxes in 1937 and found that every dollar ever collected for Social Security has been used only for Social Security purposes. Over the years, various claims have been made that the money has been used for other things, but I've researched each of these charges and found them all to be false.

Where the misconception mostly originates is that any excess money collected from working

Americans for Social Security is invested in "special issue government bonds" which pay interest, as mandated by President Roosevelt when Social Security began. As with any investment, a financial obligation instrument is given in return for dollars received. Remember when we used to buy "U.S. Savings Bonds?" We'd use our money to buy those bonds, hold them, and later redeem them for a higher amount than we paid. That's exactly how Social Security contributions have always worked – excess money collected from working Americans is used to purchase special issue government bonds which are held in reserve, earning interest, for future Social Security needs. These special bonds reside in a Social Security Trust Fund and, as of the end of 2022, were worth about \$2.8 trillion. Are these bonds "worthless IOUs" as some would claim? Hardly, since they are redeemable as needed to pay Social Security benefits.

Considering that, since 2010, Social Security's income from payroll taxes on American workers has been less than needed to cover benefits paid out, redemption of bonds held in the Trust Fund is the only reason that Social Security has been able to continue paying full benefits to every beneficiary. The Trust Fund is a financial safety net which is now protecting all SS beneficiaries from having their benefits cut. Problem is, unless Congress acts soon to reform Social Security's financial picture, the Trust Fund will be fully depleted in about 2033 resulting in about a 23% cut in everyone's monthly Social Security benefit.

I'm optimistic that will not happen (it would be political suicide) and, hopefully, Congress will act soon to reform Social Security and restore it to financial solvency and *avoid a future cut in everyone's benefits.*

Regarding COLA (Cost of Living Adjustment) and the lack thereof for several past years, COLA is determined by the government's standard inflation measure – the Consumer Price Index (CPI). There were several years (2010, 2011, and 2016) in which the CPI showed no inflation so, therefore, no COLA increase was given. Last year, due to soaring inflation, everyone got an 8.7% increase in their Social Security benefit, but that doesn't happen every year. FYI, the average annual COLA increase over the last two decades has been about 2.6%, although COLA for each year can be wildly different depending on each year's inflation measure. In any case, the lack of a COLA increase in past years was not a result of any political chicanery, it was the result of low inflation during those years.

This article is intended for information purposes only and does not represent legal or financial guidance. It presents the opinions and interpretations of the AMAC Foundation's staff, trained and accredited by the National Social Security Association (NSSA). NSSA and the AMAC Foundation and its staff are not affiliated with or endorsed by the Social Security Administration or any other governmental entity. To submit a question, visit our website (amacfoundation.org/programs/social-security-advisory) or email us at ssadvisor@amacfoundation.org. ★

Bay Area Is Beginning To Resemble Chaotic and Politically Divided Southern California



By Dan Walters, CALMatters.org

A prominent aspect of California's evolution in the late 20th century and early 21st has been the economic and political dominance of the San Francisco Bay Area over more populous Southern California.

From rough parity in the 1970s, the state's two major regions diverted sharply.

The Bay Area evolved into the global capital of high technology, creating immense wealth that propped up the state's entire economy and provided enormous bounties of state tax revenue.

Meanwhile, Southern California – particularly Los Angeles County – struggled to absorb millions of immigrants and fold them into an economy that sputtered when its aerospace industry virtually collapsed after the Cold War ended.

The reasons for the regional disconnect are many, including factors beyond the ability of civic and political leaders to affect, such as the Cold War's sudden conclusion.

However, much of the dissonance is due to mega-policy decisions, such as SoCal's betting on logistics as its growth industry while the Bay Area opted for technology.

Another factor is the structural difference.

Over the last five decades,

the Bay Area developed strong regional organizations, both political and civic, to promote a consensus vision. Despite the Bay Area's ultra-liberal political image, its leaders shared a pragmatic mindset and didn't let cultural differences interfere with the job.

Southern California, meanwhile, wallowed in internecine political, ethnic and cultural power struggles – more a collection of jealously competitive villages than a united region. The infamous scandal that erupted in the Los Angeles City Council last year, when secret recordings revealed bitter racial animosity over political power, typifies the region's us-vs.-them attitudes – not to mention a wave of outright corruption that ensnared many political figures.

The arc of history may be changing because the Bay Area has hit a bad patch.

Its technology industry is retrenching, with layoffs affecting thousands, and other regions – such as Austin – have become powerful competitors for investment, thanks in part to their much lower operational and living costs.

San Francisco's once thriving commercial and financial core has been hollowed out by the residual effects of the COVID-19 pandemic, smash-and-grab crime, a horrendous drug problem and squalid homeless encampments. Some observers believe it is in a "doom loop" that could be long-lasting or even permanent.

A new study argues that city government has become dysfunctional and needs a major overhaul.

"Many San Franciscans have come to believe their city is in crisis," the report

states. "To meet these profound challenges and maintain its world-class status, San Francisco desperately needs effective government. Many San Franciscans believe City Hall is failing this test."

Finally, and most ominously, the consensus-driven civic and political front that had been such a powerful factor in the Bay Area's rise to dominance may be fragmenting.

There are now pitched political battles over dealing with the doom-loop scenario, the wave of street crimes, homelessness, the drug crisis and housing development.

One indication of the new disunity is what happened when the Bay Area's all-important mass transit system, BART, experienced sharp decreases of ridership, and therefore revenue, during the pandemic. It largely failed to recover as the work-from-home alternative to commuting has persisted.

A \$1.50 per vehicle increase in Bay Area bridge tolls was introduced in the Legislature to bail out BART, but it immediately caused a rupture within the region's political and civic leadership, with critics denouncing its shoddy service and union domination.

Last week, the toll increase was put on indefinite hold, unable to muster the united support needed for passage. The Bay Area is now adrift, unsure of how to cope with its economic and social woes and beginning to resemble Southern California's chaotic atmosphere.

Dan Walters has been a journalist for more than 60 years, spending all but a few of those years working for California newspapers. ★

Everything is FREE

Sisters Working for Christ

Serving vets, those off the grid, in need and children

Sisters Working for Christ Free Store

Tuesdays, from 10am-1pm
LifePointe Church | Rio Linda Blvd, & Q Street, Rio Linda • Men's clothes, blankets, sleeping bags, tents

God's Little Lambs Free Store

Tuesdays, 6-7pm; first Saturday of the month, 9am-1pm
New Beginnings Fellowship Church
7008 10th St., Rio Linda • Diapers, Formula, 0-2 T. baby furniture

Mt. Calvary Angels Free Store

Wednesdays, 9am-12pm
Mt. Calvary Baptist Church,
3407 Altos Ave., Del Paso Heights • Men and women's clothes & shoes

We are looking for 3 more locations for our Free Stores, Citrus Heights, Orangevale and North Sacramento
For more information on how you can help or donate please call Sandie at 210 326 1806

For more info, please call Sandie: **210-326-1806** • SistersWorkingforChrist.org

CALL 916-773-1111 TO ADVERTISE

RIO LINDA/ELVERTA COMMUNITY WATER DISTRICT • 916-991-1000

Tim Shaw-General Manager

Board of Directors:
President – Mary Harris
Vice President – Vicky Young
Jason Green
Chris Gifford
Anthony Cline

The Board Meetings are now the 4th Monday of every month at 6:30 pm.
Depot/Visitors Center, 6730 Front Street

RIO LINDA ELVERTA RECREATION & PARK DISTRICT • 916-991-5929

Mike Heller – General Manager

Board of Directors:
Wayne Del Nero – Chair
Becky McDaniel – Vice Chair
Lisa L. Morris – Secretary
Charlea Moore – Director
Robert Bastian – Director

The Park Board meets on the third Wednesday of each month at 6:30 pm.
at the Depot Building, 6730 Front Street, Rio Linda.

TWIN RIVERS UNIFIED SCHOOL DISTRICT

Superintendent: Steve Martinez, Ed.D.
Support Staff: 566-1745

Board of Trustees:
• Area 2. Michelle Rivas – President • Area 1. Michael Baker – Vice President
• Area 5. Basim Elkarra – Clerk • Area 4. Stacey Bastian • Area 7. Linda Fowler
• Area 3. Christine Jefferson • Area 6. Rebecca Sandoval

JOIN THE FUN!

RIVER CATS

SOMETHING EXTRA FUN EVERY DAY

Sutter Health Park

RIVERCATS.COM | 916.371.HITS (4487)

TUESDAY

TOYOTA FAMILY VALUE TUESDAYS

\$2.00 HOT DOGS AND ICE CREAM

WEDNESDAY

WET NOSE WEDNESDAYS

DOGS GET IN FUR FREE

THURSDAY

THIRSTY THURSDAYS

DRINK SPECIALS DURING THE GAME

FRIDAY

SMUD ORANGE FRIDAYS

LIVE MUSIC BEFORE THE GAME

FIREWORKS FOR ALL FANS IMMEDIATELY AFTER THE GAME

SATURDAY

SUTTER HEALTH PARK FIREWORKS SATURDAYS

FIREWORKS FOR ALL FANS IMMEDIATELY AFTER THE GAME

SUNDAY

SUNDAY FUNDAY

PLAYER AUTOGRAPHS BEFORE THE GAME AND KIDS GET TO RUN THE BASES AFTER THE GAME

Weir Widening Project to Affect Traffic

Yolo County News Release

WOODLAND, CA (MPG) - The United States Army Corps of Engineers’ (USACE) contractor, Granite Construction, has begun work to widen the Sacramento Bypass flood control structure. The Sacramento Weir Widening Project is taking place along Old River Road, also known as County Road 22, just north of the City of West Sacramento city limits. This crucial step toward bolstering flood control measures along the Sacramento River aims to enhance flood stage management both upstream and downstream of the Sacramento Weir during high-flow events, thereby mitigating flood risks and safeguarding the areas adjoining the Sacramento River.

As this project gets underway, it is imperative for commuters to anticipate potential delays stemming from project construction, which is anticipated to persist until late 2026. Motorists are encouraged to exercise caution, adhere to construction signage, and reduce speeds while navigating through the construction zone. When possible, motorists are encouraged to take alternative routes.

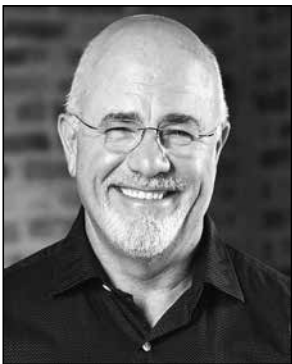
Motorists will encounter a temporary

all-way stop intersection situated at the northern end of the existing Sacramento Bypass bridge structure, where County Road 126 converges with Old River Road. This temporary measure, including the installation of stop signs and detour roadway, is anticipated to be implemented by August 21 and will remain until the weir extension component of the project is completed in 2025.

A key element of the project entails the construction of a 1,500-foot-long extension of the Sacramento Weir, stretching northwest along Old River Road. This extension will be accompanied by essential improvements such as levee enhancements, roadway upgrades, utility enhancements, and fish passage improvements.

To accommodate the construction of the weir extension, a section of approximately 1,000 feet of Old River Road will be temporarily removed. In its place, a detour route will be established. This detour is projected to be operational for an estimated two-year period during the course of the weir extension construction.

To obtain comprehensive information regarding road closures within Yolo County, please visit www.yolocounty.org/road-closures ★



A Degree Isn't Power, Knowledge Is Power

Dear Dave,

I’ve heard you talk about paying for college for your kids. Why is this a requirement? I’m not trying to shirk my responsibility, but I worked my way through college and so did my parents. My wife and I have talked about paying for their books and maybe rent. Am I missing something here?

— Thomas

Dear Thomas,

First, I don’t believe it’s a requirement that all parents pay for college for their kids. It’s not a moral issue, and you’re not an immoral person if you don’t or can’t do it. I’ve told plenty of single moms, single dads and parents who don’t earn a big income that their kids need to apply for as many scholarships

Dave Ramsey Says

as possible, learn how to work, and choose an inexpensive school if they want to continue their education.

As a parent, one of your biggest jobs is to give your kids a moral compass and the tools they’ll need to succeed in the real world. And one of the keys to being a successful adult is engaging in a lifetime of learning. If the last time you read a book was when you were in high school or college, and you’ve never done training of any other kind since, you’re probably not very successful. Never. Stop. Learning. If I’d stopped learning after getting my bachelor’s degree, do you think I would’ve been able to build Ramsey Solutions? Absolutely not!

Do you see where I’m going with this, Thomas? As an adult, learning is your job. An entire lifetime of learning is your job. And if you can encourage that in your kids with some level of help, financial or otherwise, then it’s your obligation to help them. You can’t expect a 17-year-old to figure it all out. They don’t have the tools yet.

The point is this: You don’t have a moral responsibility to pay for your kids’ college education. You do, however, have a moral responsibility to highlight the importance of knowledge, share what you have, and show them how to get more. If you can’t afford to help with money, do everything else you can. There are plenty of more important things than cash. If you want to help financially, that’s fine too.

Just don’t use debt to make it happen!

— Dave

Dave Ramsey is an eight-time national best-selling author, personal finance expert and host of “The Ramsey Show.” He has appeared on “Good Morning America,” “CBS This Morning,” “Today,” Fox News, CNN, Fox Business and many more. Since 1992, Dave has helped people take control of their money, build wealth and enhance their lives. He also serves as CEO for the company Ramsey Solutions. ★

J&A

Flowers & Plants

For Weddings, Anniversaries & Birthdays

(916) 243-3151

920 Oak Lane, Rio Linda Shopping Center

(Formerly Mar-Val Center)

Food & Farm NEWS

MPG

WE SUPPORT FIRST RESPONDERS

CHURCH DIRECTORY

LIFEPOINTE

FAMILY OF CHURCHES

7200 Rio Linda Blvd.

lifepointenaz.com

(916) 991.4624

SUNDAY 9:30AM

COFFEE & FELLOWSHIP 10AM

ALL AGE CONNECTION GROUPS 11AM

WORSHIP SERVICE

NURSERY (0-3YRS)

KIDZ CLUBHOUSE (4YRS - 6TH GRADE)

ZION LUTHERAN CHURCH

3644 Bolivar Ave.

North Highlands (LCMS)

(916) 332-4001

ZionLutheranNH.org

Sunday Schedule

9 a.m. Traditional Worship

10:30 a.m. Praise Band Worship

OR, if you prefer, you can worship in your car in the parking lot

Tune your radio to 88.7

Calvary Lutheran Church

5th and L Streets

Rio Linda

Pastor Kirsten Moore

Sunday Worship 10:30 a.m.

Children's Bible stories & crafts during adult worship

(916) 991-2135

www.clcrl.org Mail@clcrl.org

Open Arms, Open Hearts

Church of Christ

Worship God's Way

Minister Eric Smith

6818 4th Avenue

Rio Linda, CA 95673

(916) 991-2668

Church 10:30 a.m.

LOOKING FOR A PLACE TO WORSHIP?

Check out one of these churches in your community.

NEW BEGINNINGS FELLOWSHIP

Pastor Deonte Walters

10th and O Streets

(916) 991-2918

Sunday School 9 a.m.

Sunday Worship 10:30 a.m.

Rio Linda Seventh Day Adventist Church

7535 - 10th St. and U

Rio Linda

Sabbath School 9:15 a.m.

Worship Services 11 a.m.

North Metro Church of Christ

4191 Norwood Ave.,

Sacramento 95838

(916) 923-1147

Minister Pete Savage

SUNDAY

Bible Classes: 10 a.m.

Worship: 11 a.m.

Worship: 6 p.m.

Wed. Bible Classes: 7 p.m.

LIBERTY MINISTRIES CHRISTIAN FELLOWSHIP

Pastor Shannon Fannin

Liberty Ministries extends an invitation to come and join us for Celebration Worship

Sunday 9 a.m.

Youth Extreme & Food Closet

(916) 922-6442

4840 Marysville Blvd.

www.libertymcf.net

NEW LIFE CHRISTIAN CHURCH

2037 Elkhorn Boulevard

(916) 991-3001

Adult Sunday School: 9 a.m.

Sunday: 10 a.m.

Sunday Evening: 6 p.m.

Wednesday: 6 p.m.

Pastor Jeff Duncan

Organic Growers Seek To Make Voice Heard In 2023 Farm Bill

As Congress hammers out the 2023 Farm Bill, growing interest in the impacts of agriculture on climate could give organic farmers more political sway as they advocate for funding and programs that help them. Organic farmers have long sought recognition for their role in mitigating climate change, saying their practices promote conservation and help improve soils that store carbon. They say expanding technical and financial assistance would help them further implement activities that build resilient landscapes. But many say they feel largely left out of the omnibus legislation.

Amid Summer Heat, Farms Focus on Keeping Employees Safe

In 2005, following farmworker deaths in the Central Valley, California established the nation’s first heat-safety law for outdoor workers. Since then, California has tightened its Heat Illness Prevention Standard, which remains the most stringent of the few such state laws in effect. The law includes requirements for shade, water and rest, as well as a heat-acclimatization process for workers. “We’re trying to make our employees more aware of these dangers and how to protect themselves,” says Joe Del Bosque, who has farmed in the Central Valley since 1985.

Water Board Delays Decision on Controlling River Flows to Protect Salmon

The California State Water Resources Control Board has delayed a decision to set minimum instream flows on the Scott and Shasta rivers and instead directed staff to return next month with a plan to adopt interim flow measures to support salmon. The board last week asked farmers, tribes and other stakeholders to work together on solutions. Chairman Russell “Buster” Attebery said the tribe’s goal is not to drive farmers and ranchers out of business. But he added, “It is really hard to overstate how important the salmon are for the Karuk people.”

Studies: Production Costs Rise for Central Coast Broccoli, Lettuce

The cost of producing broccoli and romaine lettuce hearts has gone up in the Central Coast region, according to new studies released by the University of California Cooperative Extension. Researchers say rising expenses for labor, custom farming, other inputs and land rents continue to impact growers’ bottom lines. The cost studies were based on interviews with area growers and are intended as guidelines for farmers as they develop their budgets. The studies say growers need good yields to just break even on cool-season vegetables. ★

MPG

WE SUPPORT FIRST RESPONDERS

Publisher, Paul V. Scholl

The Rio Linda News is a member of Messenger Publishing Group

To submit your articles, information, announcements or letters to the editor, please email a Microsoft Word file to: Publisher@mpg8.com.

Be sure to place in the subject field “Attention to Publisher”. If you do not have email access, please call us at (916) 991-3000 or (916) 773-1111.

Serving Rio Linda, Elverta and Sacramento County

It is the intent of The *Rio Linda News* to strive for an objective point of view in the reporting of news and events. It is understood that the opinions expressed on these pages are those of the authors and cartoonists and are not necessarily the opinions of the publisher or our contributors.

The *Rio Linda News* is not responsible for unsolicited manuscripts or materials. The entire contents of The *Rio Linda News* are copyrighted. Ownership of all advertising created and/or composed by The News is with the publishing company and written permission to reproduce the same must be obtained from the publisher.

Subscriptions should be mailed to *The Rio Linda News*, 7144 Fair Oaks Blvd. Suite 5, Carmichael, CA 95608. Subscription rate is \$42 per year within Rio Linda, Elverta, Sacramento County, \$62 outside Sacramento County.

The *Rio Linda News* is published weekly. Call (916) 773-1111 for more information.

We are proud members of these newspaper associations.

MPG

ENPA

CIRCULATION VERIFICATION COUNCIL

Sacramento Man Sentenced to Prison for Being a Felon in Possession of a Firearm

Sacramento FBI News Release

SACRAMENTO, CA (MPG) - Quentin Carthen, 41, of Sacramento, was sentenced today to seven years and eight months in prison for being a felon in possession of a firearm, U.S. Attorney Phillip A. Talbert announced on Monday, August 14, 2023.

According to court documents, on March 16, 2020, Carthen was riding in a car that was stopped by law enforcement officers. Carthen—who had been paroled from state prison just four days earlier—got out of the car, ignored commands to stop, and ran away from the detectives. As he ran away, Carthen

dropped a tan-colored bag that he had been carrying, and when police later seized the bag, they found an assault weapon inside, loaded with a bullet in the chamber, an extended magazine, a silencer, and the safety switch set to “fire.” This gun also had a rubber glove-like piece placed over the trigger, which would allow its user to pull the trigger without leaving fingerprints. He has previously been convicted of several felonies, including drug trafficking and assault.

This case was the product of an investigation by the Sacramento County Sheriff’s Office and the Federal Bureau of Investigation.

This case is part of Project Safe Neighborhoods (PSN), a program bringing together all levels of law enforcement and the communities they serve to reduce violent crime and gun violence, and to make our neighborhoods safer for everyone. On May 26, 2021, the U.S. Department of Justice launched a violent crime reduction strategy strengthening PSN based on these core principles: fostering trust and legitimacy in our communities, supporting community-based organizations that help prevent violence from occurring in the first place, setting focused and strategic enforcement priorities, and measuring the results.



Get Weller Sooner

Can you talk yourself out of being sick? Stan Munslow says you can. He has 12 powerful proven ways to speed and improve your recovery from illness or surgery. On POPPOFF Stan gave me the abbreviated version of what is in his book “Get Weller Sooner”. He helped his own father beat 30% survival odds and fully recover fully from Stage 4 lymphoma. Take a look.

1. THE POWER OF YOUR MIND. The power of the mind-body connection is more profound and incredible than most people realize. /you are in charge of your healing. Recognize and call upon the power your thinking has upon your body’s ability to heal and overall state of health.

2. THE POWER OF POSITIVE THINKING. Since your thinking strongly influences your body it’s important to keep positive thoughts. Think only the best thoughts about your body and your healing and recovery. Think only the best thoughts, PERIOD.

3. THEPOWER OF POSITIVE EXPECTATION. Your expectations impact your health and healing to such a high degree that they drive virtually every medical outcome you will ever have. So expect the best regarding your body. Expect to heal. Expect to remain healthy thereafter.

4. THE POWER OF INNER STRENGTH. You need strength to fight and overcome your medical challenge. Know your inner strength is something that resides in all of us. Be strong simply by calling upon your inner strength. Know it will be there for you.

5. BECOMING THE PERFECT PATIENT. You reap what you sow. Be the perfect patient whom everyone likes and admires. Put out nothing but good,

pleasant, friendly, positive and cooperative energy throughout your healing and recovery.

6. THE POWER OF LAUGHTER. Laughter is instrumental in the healing process. Using the power of the internet, access all the comedy you can in whatever tickles you most. Laugh yourself to a speedy recovery.

7. THE POWER OF MUSIC. The same goes for music. Make playlists of soothing, healing music and listen to them throughout your illness even under anesthesia. Music’s healing power has been scientifically proven.

8. THE POWER OF AFFIRMATION. Repeating positive statements is used by many of the greats in all fields. Infuse their powerful healing energy into your being as often as possible.

9. THE POWER OF GOOD NUTRITION. You are what you eat. Every cell in your body is something you ate in the past seven years. Eat only real food. Think plants and lean meat.

10. THE POWER OF MEDICINE. Believe – deeply believe in the power of any medications prescribed for you. Know they will work for you and trust in your doctor’s ability.

11. THE POWER OF PRAYER. Prayer works. Pray for your healing daily and bring together a prayer circle of friends and loved ones to pray for your rapid recovery.

12. THE POWER OF LOVE. Love is all powerful. A loving spirit is a healing spirit. To love much is to live well and to be well.

Check out “Get Weller Sooner” to optimize the mind-body connection for better health. **STAY WELL!!!** ★

Safe Stay Welcomes Guests



Sacramento County leaders held a special ribbon cutting for the Florin Road Safe Stay Community on Monday, August 21, 2023. Left to right: Emily Halcon - Director of Homeless Services and Housing; Chevon Kothari - Deputy County Executive for Social Services; Ann Edwards - County Executive; Rich Desmond - Board of Supervisor District; Patrick Kennedy - Board of Supervisor District 2; Pat Hume - Board of Supervisor District 5; Jessica Bruce - City Net Vice President; Brad Fieldhouse - CEO City Net and Matt Bates - VP of Operations City Net. Photo courtesy of Sacramento County



The Safe Stay Community sleeping cabin-style shelter campus has a capacity of 125 – 75 single cabins and 25 double occupancy cabins. Photo courtesy of Sacramento County



Cabins are outfitted with a bed that folds down from the wall, two storage containers, basic toiletry supplies, a desk and chair and safety features. Photo courtesy of Sacramento County

Sacramento County News Release

SACRAMENTO COUNTY, CA (MPG) - On Monday, August 21, 2023, Sacramento County's first Safe Stay Community welcomed its first guests. The sleeping cabin-style shelter campus has a capacity of 125 – 75 single cabins and 25 double occupancy cabins and was approved by the Board of Supervisors in June 2022. The first two guests are a couple that will use one of the double occupancy cabins.

What Can Guests Expect?

On-premise guests can use the bathroom and shower trailers, laundry services and eat three meals a day in the common area. The campus also has a gated pet relief area, a computer lab, an entertainment space, employment development and housing-focused case management. Guests will also be connected with transportation resources for off-site needs such as medical appointments or jobs.

How Are Guests Referred?

The Florin Road Safe Stay Community is currently a closed referral process, through homeless services providers engaging with people living outside near the shelter. Existing street outreach providers, both within the City of Sacramento and in the unincorporated area of Sacramento County, will engage with people living outside to evaluate what services and shelter programs they are eligible for and that will best meet their needs.

People experiencing homelessness and looking for shelter resources should contact the Housing Crisis Line by calling 2-1-1 and pressing 8 or the toll-free number at 1-844-546-1464.

How Can the Community Get Involved?

City Net accepts in-kind donations by appointment only. To schedule a donation drop-off or volunteer, email getinvolved@citynet.org.

Accepted donations include, but aren’t limited to:

- Hygiene supplies (shampoo, conditioner, body wash, toothbrushes, toothpaste, feminine hygiene, incontinence supplies, etc.);
- NEW emergency clothing staples (t-shirts, sweats/shorts, socks, undergarments, etc.)
- Gift cards of various values;
- Animal supplies (dog food, cat food, toys, collars, leashes, beds);
- The



Make the rest of your life the best of your life!

Are You Single Again?

SingleAgain.com is a website dedicated to helping people put their lives back together again after divorce, separation or the loss of their spouse.

Finding yourself single after years of being in a relationship can add a different kind of unknown stress to your daily life.

We provide articles and information from many sources to help you put all the pieces together so you can live a healthy and loving new life. When you first visit the website, be sure to make us one of your favorites. We publish many articles to help you along your new journey.



SingleAgain



- Dating & Relationships
- Counseling & Advice
- Money & Finances
- Health
- Fashion & Beauty
- Consumer News
- Food & Recipes
- Travel
- Lifestyle
- Parenting

Visit SingleAgain.com today, get back out there and have some fun!

SingleAgain.com



LEGAL ADS FOR SACRAMENTO COUNTY?

We Can Do That!

Call to place your legal advertising **916-773-1111**

All Legal Ads Published by Messenger Publishing **MPG**

CALL A PRO BUSINESS DIRECTORY

SLS
Superior Landscape Services
 Landscaping and Maintenance

- Sprinkler Repair/Install • Pruning
- Mowing/Trimming • Fertilizing

Insured
 Lic#794551

(916) 728-5812 • Cell (916) 761-0999
 Dave Cochran Owner • dave_SLS@surewest.net

A-1 AFFORDABLE ROOFING SERVICES, INC

- New Roofs • Certifications • Roof Repairs
- Dry Rot Repairs • Roof Inspections • Gutters

John Fleenor, Contractor
 1741 L Street, Rio Linda, CA 95673

Cell: (916) 206-1613
 Contractor Lic. #1064966

GREENWAY TREE SERVICE

Specializing in Expert Tree Pruning,
 Tree Removal & Stump Grinding

Free Estimates
Competative Prices
 Licensed and Insured

(916) 224-9750

TD SNELL CONSTRUCTION
 GENERAL BUILDING CONTRACTOR

Concrete, Foundation, Flatwork,
 Rough Framing
 Residential and Commercial
 Remodel and New Construction
 Tiny Houses, ADU Homes

Tom Snell
 Cell 916-432-9380 | Office 916-991-1932 | tom.snell@sbcglobal.net

DRAINS ONLY
THE DRAIN & SEWER CLEANING CO.

Charles Mitchell
 916-868-5771
 CMJR6348@GMAIL.COM
 4 Picket Ct. Sacramento, CA 95823
 SPB12018-00953

Rio Linda Eye Care

Laser Surgery • Eye Glasses • Contact Lenses
 • Eyewear for Computer Users

Dr. William Fleischmann
 (916) 991-8444

Saturday Appointments Available
 6716 RIO LINDA BLVD., SUITE B, RIO LINDA

All American Pro Construction
 Family-owned & operated.
 We offer Veterans & Senior Discounts
 Great Craftsmanship & Customer Service
 Specializing in Kitchen & Bath
 Remodels, plus Much More
 BIG or SMALL, We Do It All. Give Us a Call.
916-504-0188
 CSLB# 1089369, Licensed, Bonded & Insured

Just Send It Postal

justsendit11@yahoo.com
 Phone: (916) 723-8855 • Fax: (916) 723-0208
 Mon.-Fri. 10 - 5 Sat. & Sun. CLOSED
 7250 Auburn Blvd. #C Citrus Heights, CA 95610
 www.justsenditpostal.com

NOTARY * PRINTING * SHREDDING

RETIRED COUPLE
 HAS \$1MIL TO LEND ON CA. REAL ESTATE*

V.I.P. TRUST DEED COMPANY
 Buys T.D.s and Buys/Lends on Partial Interests

OVER 40 YEARS OF FAST FUNDING
 Principal (818) 248-0000 Broker
 WWW.VIPLAN.COM *Sufficient equity required - no consumer loans

Real Estate License #01041073 CA Department of Real Estate, NMLS #339217
 Private Party loans generally have higher interest rates, points & fees than conventional discount loans

MORE TIME ON YOUR BUSINESS
...and less time managing payroll

FREE PAYROLL PROCESSING FOR ONE MONTH IF YOU CALL NOW!

Pinnacle
 EMPLOYEE SERVICES
 916-760-7227
 www.pinnaclehro.com

AFFORDABLE TRENCHLESS & PIPE LINING

Install a Water/Electric line under your existing driveway!

SEWER PROBLEMS? WATCH OUR VIDEO.
 www.ydig.com

We're #1 in the #2 business
 Off (916) 488-1215 Lic #754886

TRACTOR SERVICE

- Mowing • Rototilling
- Discing • Scraper/Loader

Call
(916) 991-8431

Local Classifieds Advertise in your local community newspaper Call 916-773-1111

Announcement

Become a Published Author. We want to Read Your Book! Dorrance Publishing, Trusted by Authors since 1920. Book manuscript submissions currently being reviewed. Comprehensive services: Consultation, Production, Promotion and Distribution. Call for your Free Author's Guide 1-877-538-9554 or visit <http://dorranceinfo.com/Call> (Cal-SCAN)

Prepare for power outages today with a GENERAC home standby generator. \$0 Money Down + Low Monthly Payment Options. Request a FREE Quote - Call now before the next power outage: 1-844-439-5645 (Cal-SCAN)

Eliminate gutter cleaning forever! LeafFilter, the most advanced debris-blocking gutter protection. Schedule a FREE LeafFilter estimate today. 15% off Entire Purchase. 10% Senior & Military Discounts. Call 1-855-424-7581 (Cal-SCAN)

NEW AUTHORS WANTED! Page Publishing will help you self-publish your own book. FREE author submission kit! Limited offer! Why wait? Call now: 1-855-667-0380 (Cal-SCAN)

Autos Wanted

DONATE YOUR CAR TO KIDS. Fast Free Pickup - Running or Not - 24 Hour Response - Maximum Tax Donation - Help Find Missing Kids! Call 1-888-491-1453. (Cal-SCAN)

Autos Wanted

Donating your vehicle? Get more! Free Towing. Tax Deductible. Plus a \$200 restaurant voucher and a 2-night/3-day hotel stay at one of 50 locations. Call Heritage for the Blind to donate your vehicle today. Call 1-844-491-2884 (Cal-SCAN)

GOT AN UNWANTED CAR?? Your car donation to Patriotic Hearts helps veterans find work or start their own business. Fast free pick. Running or not! Call 24/7: 1-877-529-0495. (Cal-SCAN)

Tiene un vehiculo no deseado? Donelo a Patriotic Hearts! Recogida rápida y gratuita en los 50 estados. Patriotic Hearts ofrece programas para ayudar a los veteranos a encontrar trabajo o iniciar su propio negocio. Llama ahora: 1-844-244-5441 (24/7) (Cal-SCAN)

WANTED! Old Porsche 356/911/912 for restoration by hobbyist 1948-1998 Only. Any condition. Top \$ paid! PLEASE LEAVE MESSAGE 1-707-339-5994. Email: Porscherestoration@yahoo.com (Cal-SCAN)

Cable/Satellite TV

DIRECTV. New 2-Year Price Guarantee. The most live MLB games this season, 200+ channels and over 45,000 on-demand titles. \$84.99/mo for 24 months with CHOICE Package. Some restrictions apply. Call DIRECTV 1-888-641-5762 (Cal-SCAN)

Cellular Plans

Switch and save up to \$250/year on your talk, text and data. No contract and no hidden fees. Unlimited talk and text with flexible data plans. Premium nationwide coverage. 100% U.S. based customer service. Limited time offer get \$50 off on any new account. Use code GIFT50. For more information, call 1-844-908-0605 (Cal-SCAN)

Computer Service

Zinsky's
 PC Configurations
 "Don't replace it - REPAIR IT!"
 Custom Desktop Computer Configurations
 • PC Repair • Home Wireless Networking
 • Installations • Virus & Spyware Eradication

Alan Zinsky
 Phone: 916-622-2269
 Zconfig@sbcglobal.net
 Bus. Lic. # 305312 • B. E. A. Reg. #84616
 www.zinskyspcrepair.com

Fitness/Yoga

Your Fitness Genie
Virtual Sessions
 Your Fitness Genie
 NASM
 Avoid Assisted Living
 *Keep Strength and Mobility
 Be Active, Call Today!
 Jenn@YourFitnessGenie.com
 (916) 768-8767

Financial

Over \$10K in Debt? Be debt free in 24 to 48 months. No upfront fees to enroll. A+ BBB rated. Call National Debt Relief 1-888-231-4274. (Cal-SCAN)

For Sale

V-8 (Cadillac Engine) in 1995 Oldsmobile Aurora. 64,000 original miles. Must take whole car. Transmission is no good. \$500 or best offer. Call 530-742-9144 and leave message. (TFN)



Hall Rentals

VFW Post 6158

8990 Kruithof Way, Fair Oaks, CA

916-966-1663
vfw6158.org/rent-our-hall/
 Call or come by

Health/Wellness

JOIN FOR FREE - NO KITS OR QUOTES & FREE WEBSITE. CTFO (Changing The Future Outcome) Has the best CBD oil available. Products for health, beauty, weight or hair loss and even for your pets. Check out these products: canderson.mycfto.com (TFN)

Insurance/Health

SAVE BIG on HOME INSURANCE! Compare 20 A-rated insurance companies. Get a quote within minutes. Average savings of \$444/year! Call 1-844-410-9609! (M-F 8am-8pm Central) (Cal-SCAN)

Internet

FREE high speed internet for those that qualify. Government program for recipients of select programs incl. Medicaid, SNAP, Housing Assistance, WIC, Veterans Pension, Survivor Benefits, Lifeline, Tribal. 15 GB internet service. Bonus offer: Android tablet FREE with one-time \$20 copay. Free shipping & handling. Call Maxisp Telecom today! 1-855-480-0769 (Cal-SCAN)

Job Opportunities

Kp International MARKET

Many Positions are Available. Please no phone calls. Apply in person.

10971 Olson Dr. Rancho Cordova, CA 95670

Visit: mpg8.com for current and back issues

Landscaping

CREATE YOUR PARADISE

Winter Yard Cleanups, Complete Landscape Design/Installation, Sprinkler System Installs/Repairs, All Types Concrete Work, Fence Installation, Retaining Walls- All Types, Drainage Systems-all types, Landscape Lighting, Residential/ commercial American Landscape Design & Installation. Est 1987 American Construction & Property Maintenance Company
 WE ACCEPT VISA & MASTER CARD
(916) 612-0776
 Lic#690968

YARD SERVICE
ONE-TIME CLEANUP
 Mow, Weed, Prune & Haul
NEED: Landscaping bark?
 Gutters cleaned?
 Light fence work?
 CALL 916/205-9310 or 916/627-9000!

Miscellaneous

DID YOU KNOW Newspaper-generated content is so valuable it's taken and repeated, condensed, broadcast, tweeted, discussed, posted, copied, edited, and emailed countless times throughout the day by others? Discover the Power of Newspaper Advertising. For a free brochure call 916-288-6011 or email cecelia@cnpa.com (Cal-SCAN)

The difference in winning and losing market share is how businesses use their advertising dollars. CNPA's Advertising Services' power to connect to nearly 13 million of the state's readers who are an engaged audience, makes our services an indispensable marketing solution. For more info call Cecelia @ (916) 288-6011 or cecelia@cnpa.com

Music Lessons

Guitar Lessons
 Beginner to Advanced . \$20/ half-hour; \$30 full hour. 916-507-6658, freddiebbalbert@gmail.com (12/30/23)

Pets/Animals

DOG RESCUE
Gary
 (916) 334-2841
 Please Adopt or Foster
 Because so many really great dogs are dying for a good home...
ShelterMOU
@hotmail.com

Real Estate

RETIRED COUPLE \$\$\$\$ for business purpose Real Estate loans. Credit unimportant. V.I.P. Trust Deed Company www.viploan.com Call 1-818-248-0000. Broker-principal DRE 01041073. No consumer loans. (Cal-SCAN)

Roofing

BERNARDINO ROOFING
 Reroofs, Repairs, Maintenance, Dryrot, Gutters, Family Operated. BBB MEMBER!
*****FREE ESTIMATES*** SENIOR DISCOUNTS**
 Lic.#817945 43 Years Experience
916.920.0100
www.bernardinoroofing.com

Tree Service

BP TREE SERVICES LLC.

TREE & STUMP REMOVAL
TREE TRIMMING/ SHAPING
FREE ESTIMATE
 10% OFF WITH THIS AD
 Insured. Workman's comp. Arborist
916-722-6321
BP Tree Services.com
 VISA / MASTER CARD
 California Contractors Lic #1036031

My wife laughed when I wanted to be a CEO, But when I took the company public?

- Can't Get That Right Job?
- Is Age A Problem?
- Have You Been Downsized?
- Want To Change Industries?
- Do You Find Sending Resumes To Job Boards Unproductive?
- Are You Reaching The Unpublished Market?
- Would You Be Open To Remote or Hybrid Work?
- Are You Getting The Compensation That You Deserve?

Executives: FREE Resume Evaluation and Free Position Evaluation and Guidance

Next Level 646 219-0000

Resume to vpcareers20@gmail.com

Take the Smell Test Challenge

A free scratch-and-sniff test can help researchers learn more about brain health.

Request your test at mysmelltest.org/news or scan the QR code.

RETIRED COUPLE
 HAS \$1MIL TO LEND ON CA. REAL ESTATE*

V.I.P. TRUST DEED COMPANY
 Buys T.D.s and Buys/Lends on Partial Interests

OVER 40 YEARS OF FAST FUNDING
 Principal (818) 248-0000 Broker
 WWW.VIPLAN.COM *Sufficient equity required - no consumer loans

Real Estate License #01041073 CA Department of Real Estate, NMLS #339217
 Private Party loans generally have higher interest rates, points & fees than conventional discount loans

GOT LOCAL NEWS?
Call (916) 773- 1111

Legal Advertising Hotline
916-483-2299
Legal Advertising Fax
916-773-2999

LEGAL ADVERTISING
Carmichael Times Adjudicated For and By the County of Sacramento, Adjudication No. 317294 – February 7, 1984
Rancho Cordova Adjudicated For and By the County of Sacramento, Adjudication No. 195380 – September 18, 1969
Citrus Heights Messenger Adjudicated For and By the County of Sacramento, Adjudication No. 34-2020-00273535 – March 12, 2020
The Rio Linda News Adjudicated For and By the County of Sacramento, Adjudication No. 358073 – March 21, 1988

Legal Advertising
7144 Fair Oaks Blvd #5
Carmichael, CA 95608

FICTITIOUS BUSINESS
NAME STATEMENTS

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2023-05622
Stroy Inc., 6133 W 4th Street,
Rio Linda, CA 95673 is doing
business under the Fictitious
Business Name(s) “Binrenter.
com” 6133 W 4th Street, Rio
Linda, CA 95673. Filed with the
Clerk of Sacramento County July
28, 2023
Publish: August 11, 18, 25, Sept 1, 2023
BINRENTER 9-1-23

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2023-05272
Alexander Alvarado, 14916 ¼
Inglewood Avenue, Lawndale,
CA, 90260 is doing business
under the Fictitious Business
Name(s) “Bow’s Chow Kitchen”
2108 N Street Suite #8492
Sacramento, CA 95816. Filed
with the Clerk of Sacramento
County July 13, 2023
Publish: August 11, 18, 25, Sept 1, 2023
BOWS 9-1-23

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2023-05320
GAWFCO Enterprises, Inc.,
3669 Mount Diablo Boulevard,
Lafayette, CA 94549 is doing
business under the Fictitious
Business Name(s) “65th St
Union 76” 2893 65th Street,
Sacramento, CA 95817. Filed
with the Clerk of Sacramento
County July 14, 2023
Publish: August 11, 18, 25, Sept 1, 2023
GAWFCO 9-1-23

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2023-05620
Sun City Towing and Auto Care,
3408 Hunter Lane, Carmichael,
CA 95608 is doing business
under the Fictitious Business
Name(s) “Sun City Towing”
3408 Hunter Lane, Carmichael,
CA 95608. Filed with the Clerk
of Sacramento County July 28,
2023
Publish: August 11, 18, 25, Sept 1, 2023
SUN 9-1-23

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2023-05646
Barry Magee, 3529 Scorpio
Drive, Sacramento, CA 95827
is doing business under the
Fictitious Business Name(s)
“Chirpy Magee the Trivia
Bird” 3529 Scorpio Drive,
Sacramento, CA 95827. Filed
with the Clerk of Sacramento
County July 28, 2023
Publish: August 11, 18, 25, Sept 1, 2023
CHIRPY 9-1-23

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2023-05693
Emman Tos, 1401 21st Street
Suite R, Sacramento, CA 95811
is doing business under the
Fictitious Business Name(s) “PIE
NICE” 1401 21st Street Suite R,
Sacramento, CA 95811. Filed
with the Clerk of Sacramento
County August 1, 2023
Publish: August 11, 18, 25, Sept 1, 2023
PIE 9-1-23

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2023-05644
NORCAL BSBA, Inc., 3626 Fair
Oaks Boulevard Suite #100,
Sacramento, CA 95864 is do-
ing business under the Fictitious
Business Name(s) “Transworld
Business Advisors Sacramento”
3626 Fair Oaks Boulevard
Suite #100, Sacramento, CA
95864. Filed with the Clerk of
Sacramento County July 28,
2023
Publish: August 11, 18, 25, Sept 1, 2023
NORCAL 9-1-23

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2023-05694
Kainat F Shaikh and Sujauddin
S Saiyed, 42 Allard Court,
Sacramento, CA 95835 is do-
ing business under the Fictitious
Business Name(s) “Fiat Lux
Accounting” 42 Allard Court,
Sacramento, CA 95835. Filed
with the Clerk of Sacramento
County August 1, 2023
Publish: August 11, 18, 25, Sept 1, 2023
FIAT 9-1-23

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2023-05746
Blessed Ones LLC, 15 Benoit
Court, Sacramento, CA 95823
is doing business under the
Fictitious Business Name(s)
“Cienna Home Care II” 3866
Sea Forest Way, Sacramento,
CA 95823. Filed with the Clerk
of Sacramento County August
3, 2023
Publish: August 11, 18, 25, Sept 1, 2023
BLESSED 9-1-23

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2023-05689
Monik LLC, 7893 Walerga
Road Suite 102, Antelope, CA
95843 is doing business
under the Fictitious Business
Name(s) “Maza Halal Food”
7893 Walerga Road Suite 102,
Antelope, CA 95843. Filed with
the Clerk of Sacramento County
August 1, 2023
Publish: August 11, 18, 25, Sept 1, 2023
MAZA 9-1-23

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2023-05527
Maria Colamartino, 8133 Pollard
Ave, Fair Oaks, CA 95628
is doing business under the
Fictitious Business Name(s) “MJ
Wholesale” 8133 Pollard Ave,
Fair Oaks, CA 95628. Filed with
the Clerk of Sacramento County
July 24, 2023
Publish: August 11, 18, 25, Sept 1, 2023
MJ 9-1-23

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2023-05729
Jesus Rios Courier LLC,
6837 Fair Oaks Boulevard
#6, Carmichael, CA 95608
is doing business under the
Fictitious Business Name(s)
“Process Server of California/
CA Process Server” 6837 Fair
Oaks Boulevard #7, Carmichael,
CA 95608. Filed with the Clerk
of Sacramento County August 2,
2023

Publish: August 11, 18, 25, Sept 1, 2023
PROCESS 9-1-23

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2023-05750
Jose Ramon Rodriguez, 5600
Rosario Boulevard, North
Highlands, CA 95660 is doing
business under the Fictitious
Business Name(s) “Jrods Tow
and Transport” 5600 Rosario
Boulevard, North Highlands, CA
95660. Filed with the Clerk of
Sacramento County August 3,
2023
Publish: August 11, 18, 25, Sept 1, 2023
JRODS 9-1-23

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2023-05742
S. Justice Enterprises, Inc., 3916
Hovnanian Drive, Sacramento,
CA 95834 is doing business
under the Fictitious Business
Name(s) “Scarlett Justice
Properties” 3916 Hovnanian
Drive, Sacramento, CA
95834. Filed with the Clerk of
Sacramento County August 3,
2023
Publish: August 11, 18, 25, Sept 1, 2023
SCARLETT 9-1-23

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2023-05744
Eat Cake LLC, 8139 Sunset
Avenue #160, Fair Oaks, CA
95628 is doing business under
the Fictitious Business Name(s)
“Eat Cake!” 8367 Hidden
Valley Circle, Fair Oaks, CA
95628. Filed with the Clerk of
Sacramento County August 3,
2023
Publish: August 11, 18, 25, Sept 1, 2023
SCARLETT 9-1-23

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2023-05372
Reuben Nazareno, 2880
Sunrise Boulevard #110,
Rancho Cordova, CA 95742
and Matthew Cabrera, 9153 Elk
Grove Boulevard, Elk Grove, CA
95624 are doing business under
the Fictitious Business Name(s)
“Real Estate America Rancho
Cordova/Real Estate America
Elk Grove/Real Estate America
Team”. 2880 Sunrise Boulevard
#10, Rancho Cordova, CA
95742. Filed with the Clerk of
Sacramento County July 18,
2023
Publish: August 18, 25, Sept 1, 8, 2023
REAL 9-9-23

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2023-05541
YC ENT, 1009 10th Street.
Sacramento, CA 95814 is do-
ing business under the Fictitious
Business Name(s) “Chelsea”.
1009 10th Street. Sacramento,
CA 95814. Filed with the Clerk
of Sacramento County July 25,
2023
Publish: August 18, 25, Sept 1, 8, 2023
CHELSEA 9-9-23

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2023-05853
Illighen LLC, 8177 Dunisch
Road, Elk Grove, CA 95758
is doing business under the
Fictitious Business Name(s)
“Kuneho”. 8177 Dunisch Road,
Elk Grove, CA 95758. Filed with
the Clerk of Sacramento County
August 7, 2023
Publish: August 18, 25, Sept 1, 8, 2023
KUNEHO 9-9-23

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2023-05423
Norma Laura Ramirez Miranda,
1901 E Constantine Avenue,
Las Vegas, NV 89101 is doing
business under the Fictitious
Business Name(s) “All Good
Things”. 2900 Stewart Avenue,
Las Vegas, NV 89101. Filed with
the Clerk of Sacramento County
July 20, 2023
Publish: August 18, 25, Sept 1, 8, 2023
ALL 9-9-23

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2023-05651
Aim High RE Inc, 4080 Truxel
Road #100, Sacramento, CA
95834 is doing business un-
der the Fictitious Business
Name(s) “Aim High Coaching/
AimHigh Coaching”. 4080 Truxel
Road #100, Sacramento, CA
95834. Filed with the Clerk of
Sacramento County July 28,
2023
Publish: August 18, 25, Sept 1, 8, 2023
AIM 9-9-23

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2023-05759
Go 4 Pizza Inc., 7195 Murieta
Drive #218, Rancho Murieta, CA
95683 is doing business under
the Fictitious Business Name(s)
“Go 4 Pizza” 7195 Murieta Drive
#218, Rancho Murieta, CA
95683. Filed with the Clerk of
Sacramento County August 3,
2023
Publish: August 18, 25, Sept 1, 8, 2023
PIZZA 9-9-23

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2023-05410
Yevheniy Shestakov, 5584
White Fir Way, Sacramento, CA
95841 is doing business under
the Fictitious Business Name(s)
“CARGOEXPERT”. 5584
White Fir Way, Sacramento,
CA 95841. Filed with the Clerk
of Sacramento County July 19,
2023
Publish: August 18, 25, Sept 1, 8, 2023
CARGOEXPERT 9-9-23

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2023-05781
Vehicle Accident Reporting
Solutions, 3442 Whitnor Court,
Sacramento, CA 95821 is do-
ing business under the Fictitious
Business Name(s) “Vehicle
Accident Repairing Solutions/
V.A.R.S”. 3442 Whitnor Court,
Sacramento, CA 95821. Filed
with the Clerk of Sacramento
County August 4, 2023
Publish: August 18, 25, Sept 1, 8, 2023
VEHICLE 9-9-23

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2023-05672
Dmitriy Ozeruga, 7047 Cross
Drive, Citrus Heights, CA
95610 are doing business un-
der the Fictitious Business

Name(s) “Principal Accounting &
Bookkeeping”. 7047 Cross Drive,
Citrus Heights, CA 95610. Filed
with the Clerk of Sacramento
County July 31, 2023
Publish: August 18, 25, Sept 1, 8, 2023
PRINCIPAL 9-9-23

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2023-05754
Nancy Fox and Matthew Fox,
9692 Kent Street, Elk Grove,
CA 95624 are doing business
under the Fictitious Business
Name(s) “Coppertech”. 2376
Gold Meadow Way, Gold River,
CA 95670. Filed with the Clerk
of Sacramento County August
3, 2023
Publish: August 18, 25, Sept 1, 8, 2023
COPPERTECH 9-9-23

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2023-05921
Golden State Price Inc., 5825
Auburn Boulevard Suite 3,
Sacramento, CA 95841 is do-
ing business under the Fictitious
Business Name(s) Sacramento
Furniture Store”. 5825 Auburn
Boulevard Suite 3, Sacramento,
CA 95841. Filed with the Clerk
of Sacramento County August
9, 2023
Publish: August 18, 25, Sept 1, 8, 2023
SACRAMENTO 9-9-23

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2023-05912
Industrial Sonlight Corp, 5824
Overhill Road, Fair Oaks, CA
95628 is doing business un-
der the Fictitious Business
Name(s) “Maxcom/Sonlight
Communications” 6105 Main
Avenue Suite 14, Orangevale,
CA 95662. Filed with the Clerk
of Sacramento County August
9, 2023
Publish: August 25, Sept 1, 8, 15, 2023
MAXCOM 9-15-23

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2023-06106
Himalayan Transportation
Inc., 3200 Truxel Road #146,
Sacramento, CA 95833 is do-
ing business under the Fictitious
Business Name(s) “Alac Business
Services” 3200 Truxel Road #146,
Sacramento, CA 95833. Filed
with the Clerk of Sacramento
County August 16, 2023
Publish: August 25, Sept 1, 8, 15, 2023
ALAC 9-15-23

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2023-05146
Slayed By Kandy LLC, 836
57th Street, Sacramento, CA
95819 is doing business un-
der the Fictitious Business
Name(s) “Slayed By Kandy/
SBK Boutique” 836 57th Street,
Sacramento, CA 95819. Filed
with the Clerk of Sacramento
County July 10, 2023
Publish: August 25, Sept 1, 8, 15, 2023
SLAYED 9-15-23

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2023-05647
Emily Christine Productions
LLC, 4803 Windsong Street,
Sacramento, CA 95834 is do-
ing business under the Fictitious
Business Name(s) “Emily Coyne
Events” 4803 Windsong Street,
Sacramento, CA 95834. Filed
with the Clerk of Sacramento
County July 28, 2023
Publish: August 25, Sept 1, 8, 15, 2023
EMILY 9-15-23

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2023-06022
Angelica Aiello, 8150 Monte
Park Avenue, Fair Oaks, CA
95628 is doing business under
the Fictitious Business Name(s)
“Angelica’s Auto Sales” 6385
Auburn Boulevard #B4, Citrus
Heights, CA 95621. Filed with
the Clerk of Sacramento County
August 14, 2023
Publish: August 25, Sept 1, 8, 15, 2023
ANGELICA 9-15-23

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2023-05735
CDLEW Business Services,
Inc., 5445 Madison Avenue,
Sacramento, CA 95841 is do-
ing business under the Fictitious
Business Name(s) “River
City Business Services” 5445
Madison Avenue, Sacramento,
CA 95841. Filed with the Clerk
of Sacramento County August
3, 2023
Publish: August 25, Sept 1, 8, 15, 2023
RIVER 9-15-23

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2023-05979
Roman Mankovskiy, 6941
Brookhaven Way, Citrus
Heights, CA 95621 is doing
business under the Fictitious
Business Name(s) “Nomad
Construction Supplies” 6941
Brookhaven Way, Citrus
Heights, CA 95621. Filed with
the Clerk of Sacramento County
August 11, 2023
Publish: August 25, Sept 1, 8, 15, 2023
NOMAD 9-15-23

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2023-06020
Spacecell LLC, 9777 Lincoln
Village Drive, Sacramento,
CA 95827 is doing business
under the Fictitious Business
Name(s) “Bukhara Restaurant
and Market” 9777 Lincoln
Village Drive, Sacramento, CA
95827. Filed with the Clerk of
Sacramento County August 14,
2023
Publish: August 25, Sept 1, 8, 15, 2023
BUKARA 9-15-23

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2023-06131
Eduardo Ceballos Perez, 7640
Auburn Boulevard #17, Citrus
Heights, CA 95610 is doing
business under the Fictitious
Business Name(s) “Eddy’s
Beauty Salon” 7973 Auburn
Boulevard, Citrus Heights, CA
95610. Filed with the Clerk of
Sacramento County August 17,
2023
Publish: August 25, Sept 1, 8, 15, 2023
EDDYS 9-15-23

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2023-05984
Patrick Kuenster, 5612

Beauregard Way, Orangevale,
CA 95662 is doing business
under the Fictitious Business
Name(s) “Luto Catering” 5612
Beauregard Way, Orangevale,
CA 95662. Filed with the Clerk
of Sacramento County August
11, 2023
Publish: August 25, Sept 1, 8, 15, 2023
LUTO 9-15-23

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2023-05985
Fresh Kitchen Express Inc.,
9501 Shadowrock Way,
Sacramento, CA 95624 is do-
ing business under the Fictitious
Business Name(s) “Moc Quan”
6035 Stockton Boulevard Suite
A, Sacramento, CA 95824. Filed
with the Clerk of Sacramento
County August 11, 2023
Publish: August 25, Sept 1, 8, 15, 2023
MOC 9-15-23

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2023-05717
Mosetta Peppers, 5123 Engle
Road, Carmichael, CA 95608
is doing business under the
Fictitious Business Name(s)
“Speechless Moments” 5123
Engle Road, Carmichael, CA
95608. Filed with the Clerk of
Sacramento County August 2,
2023
Publish: August 25, Sept 1, 8, 15, 2023
SPEECHLESS 9-15-23

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2023-05954
Monica Solis Laje, 3500 Bodega
Court, Sacramento, CA 95864
is doing business under the
Fictitious Business Name(s)
“Five Star Early Learning Family
Child Care” 3500 Bodega Court,
Sacramento, CA 95864. Filed
with the Clerk of Sacramento
County August 11, 2023
Publish: August 25, Sept 1, 8, 15, 2023
FIVE 9-15-23

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2023-05703
Nina Phomsouvandara, 6910
23rd Street, Sacramento, CA
95822 is doing business under
the Fictitious Business Name(s)
“Golden Auto Collision” 6910
Franklin Boulevard Suite 440,
Sacramento, CA 95823. Filed
with the Clerk of Sacramento
County August 1, 2023
Publish: August 25, Sept 1, 8, 15, 2023
GOLDEN 9-15-23

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2023-05849
Suong Nang Dang, 8505
Middlesex Way, Sacramento,
CA 95828 is doing business
under the Fictitious Business
Name(s) “Kamei Eco Nail Spa”
607 Sutter Street Suite 105,
Folsom, CA 95630. Filed with
the Clerk of Sacramento County
August 7, 2023
Publish: August 25, Sept 1, 8, 15, 2023
KAMEI 9-15-23

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2023-06108
Zazai Family Corp, 2677 Giomo
Way, El Dorado Hills, CA 95762
is doing business under the
Fictitious Business Name(s)
“City Wide Facility Solutions/
City Wide Facility/Solutions
of Sacramento” 2941 Sunrise
Boulevard Suite 240, Rancho
Cordova, CA 95742. Filed with
the Clerk of Sacramento County
August 16, 2023
Publish: August 25, Sept 1, 8, 15, 2023
CITY 9-15-23

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2023-05931
Morning Star Restaurant Inc.,
4400 Del Rio Road, Sacramento,
CA 95822 is doing business under
the Fictitious Business Name(s)
“La Bou by the Zoo” 4400 Del Rio
Road, Sacramento, CA 95822.
Filed with the Clerk of Sacramento
County August 9, 2023
Publish: September 1, 8, 15, 22, 2023
LABOU 9-22-23

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2023-05824
Ociel Rivera, 636 Q Street,
Rio Linda, CA 95673 is doing
business under the Fictitious
Business Name(s) “Infinity
Painting” 636 Q Street, Rio
Linda, CA 95673. Filed with the
Clerk of Sacramento County
August 7, 2023
Publish: September 1, 8, 15, 22, 2023
INFINITY 9-22-23

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2023-05928
Ha Wan Ku, 4364 Oxwood Drive,
Sacramento, CA 95826 is doing
business under the Fictitious
Business Name(s) “Vogue
Cleaners” 3437 Arden Way,
Sacramento, CA 95825. Filed
with the Clerk of Sacramento
County August 9, 2023
Publish: September 1, 8, 15, 22, 2023
VOGUE 9-22-23

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2023-05962
Gawfoo Enterprises, Inc.,
3669 Mount Diablo Boulevard,
Lafayette, CA 94549 is doing
business under the Fictitious
Business Name(s) “Broadway
Union 76” 2330 Broadway,
Sacramento, CA 95818. Filed
with the Clerk of Sacramento
County August 11, 2023
Publish: September 1, 8, 15, 22, 2023
BROADWAY 9-22-23

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2023-06002
Shawn Stevens, 12225 Habitat
Way, Rancho Cordova, CA
95742 is doing business under
the Fictitious Business Name(s)
“SPS Auto Dealership” 12225
Habitat Way, Rancho Cordova,
CA 95742. Filed with the Clerk
of Sacramento County August
14, 2023
Publish: September 1, 8, 15, 22, 2023
SPS 9-22-23

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2023-05586
Idris Beveridge, 9016 El Cajon
Way, Sacramento, CA 95826 and
Trina Khan, 8569 Elaine Drive,
Sacramento, CA 95828 are do-
ing business under the Fictitious
Business Name(s) “Shake that

Lemon” 9016 El Cajon Way,
Sacramento, CA 95826. Filed
with the Clerk of Sacramento
County July 26, 2023
Publish: September 1, 8, 15, 22, 2023
LEMON 9-22-23

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2023-05567
Cannon Constructors of
California, LLC, 406 Porter
Way, Milton, WA 98354 is do-
ing business under the Fictitious
Business Name(s) “Cannon
Power” 406 Porter Way, Milton,
WA 98354. Filed with the Clerk
of Sacramento County July 26,
2023
Publish: September 1, 8, 15, 22, 2023
CANNON 9-22-23

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2023-06132
Sage Support Services, Inc.,
8400 Thethys Way, Citrus
Heights, CA 95610 is doing
business under the Fictitious
Business Name(s) “The Savvy
LP” 8400 Thethys Way, Citrus
Heights, CA 95610. Filed with
the Clerk of Sacramento County
August 17, 2023
Publish: September 1, 8, 15, 22, 2023
SAVVY 9-22-23

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2023-04997
Chris Florin Balaj, 7137 Canelo
Hills Drive, Citrus Heights, CA
95610 is doing business under
the Fictitious Business Name(s)
“Brown Bear Construction”
7137 Canelo Hills Drive, Citrus
Heights, CA 95610. Filed with
the Clerk of Sacramento County
June 30, 2023
Publish: September 1, 8, 15, 22, 2023
BROWN 9-22-23

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2023-05730
Angela Khang, 7640 West
Stockton Boulevard Unit 283,
Sacramento, CA 95823 is doing
business under the Fictitious
Business Name(s) “A. Khang
Produce”, 10490 McMillan Road,
Elk Grove, CA 95757. Filed with
the Clerk of Sacramento County
August 2, 2023
Publish: September 1, 8, 15, 22, 2023
KHANG 9-22-23

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2023-05764
Vuja De, Inc., 1023 Howe
Avenue, Sacramento, CA
95825 is doing business un-
der the Fictitious Business
Name(s) “1023 Storage” 1023
Howe Avenue, Sacramento, CA
95825. Filed with the Clerk of
Sacramento County August 3,
2023
Publish: September 1, 8, 15, 22, 2023
VUJA 9-22-23

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2023-06080
Rebekah Sarah Leiplein, 6768
Medora Drive, North Highlands,
CA 95660 is doing business
under the Fictitious Business
Name(s) “Bee Extraordinary
Events” 6768 Medora
Drive, North Highlands, CA
95660. Filed with the Clerk of
Sacramento County August 15,
2023
Publish: September 1, 8, 15, 22, 2023
BEE 9-22-23

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2023-06187
3 AM BIZ, 793 Hildebrand Circle,
Folsom, CA 95630 is doing
business under the Fictitious
Business Name(s) “Ambrosia”
793 Hildebrand Circle, Folsom,
CA 95630. Filed with the Clerk
of Sacramento County August
22, 2023
Publish: September 1, 8, 15, 22, 2023
AMBROSIA 9-22-23

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2023-06059
Bobbie Wooten, 4625 44th Street,
Sacramento, CA 95820 is doing
business under the Fictitious
Business Name(s) “God’s Grace
Room & Board” 4625 44th Street,
Sacramento, CA 95820. Filed
with the Clerk of Sacramento
County August 15, 2023
Publish: September 1, 8, 15, 22, 2023
GODS 9-22-23

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2023-05022
Robert Hunter DVM, 10163
Badger Creek Lane, Wilton, CA
95693 is doing business
under the Fictitious Business
Name(s) “Hunter Stallion Station
Equine Veterinary Clinic” 10163
Badger Creek Lane, Wilton, CA
95693. Filed with the Clerk of
Sacramento County June 30,
2023
Publish: September 1, 8, 15, 22, 2023
HUNTER 9-22-23

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2023-06188
Katherine McQuilliams, 2230
Green Blossom, Court, Rancho
Cordova, CA 95670 is doing
business under the Fictitious
Business Name(s) “Pure
Esthetics” 2230 Green Blossom,
Court, Rancho Cordova, CA
95670. Filed with the Clerk of
Sacramento County August 22,
2023
Publish: September 1, 8, 15, 22, 2023
PURE 9-22-23

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2023-06252
Seyedeh Rahmatbakhsh, 7021 Folsom
Ranch Drive #203, Folsom, CA
95630 is doing business under
the Fictitious Business Name(s)
“Daffi’s Kitchen” 7021 Folsom
Ranch Drive #203, Folsom, CA
95630. Filed with the Clerk of
Sacramento County August 24,
2023
Publish: September 1, 8, 15, 22, 2023
DAFFIS 9-22-23

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2023-06238
Elite Norcal Corp, 7412 Elsie
Avenue, Sacramento, CA 95828
is doing business under the
Fictitious Business Name(s)
“Berkshire Hathaway HS Elite
RE/Elite Mortgage” 7412 Elsie
Avenue, Sacramento, CA

95828. Filed with the Clerk of
Sacramento County August 23,

COMICS & PUZZLES

The Spats

by Jeff Pickering

HONEY, I WOULD DO ANYTHING FOR YOU!!

SOMETHING WOULD BE A GOOD START.

Amber Waves

by Dave T. Phipps

NOW THAT SUMMER IS OVER THE SNOW WILL BE HERE BEFORE YOU KNOW IT.

WE HAVE TO TAKE ADVANTAGE OF EVERY MINUTE WHILE WE CAN.

AFTER ALL, WE'RE ONLY YOUNG ONCE AND THEN WE GET OLD AND BORING.

REAL OLD... LIKE 30.

Out on a Limb

by Gary Kopervas

HEY GLEN! I WANT YOU TO MEET A DEER FRIEND OF MINE.

TIGER

by BUD BLAKE

THIMBLE THEATRE PRESENTS POPEYE BY KENDY MUNDLING

OUAKE IN FEAR, MORTALS! YOUR NEW DEMON OVERLORDS—

OH, COME ON! I'M JUST SAYING, THERE'S NO WAIT TIME TO TERRORIZE HOOTIN' HOLLER.

ESTIMATED WAIT TO TERRORIZE HOOTIN' HOLLER: 50 MIN.

POPEYE! I WANNA SEE PICTURES OF MY DAUGHTER'S DANCE RECITAL?

SAY NO IF YOU HAVE PLANS FOR THE NEXT THREE HOURS.

I AINTKS NEVER KNOWN YA TO NOT TAKE CREDIT FER INTERRUPTIN' VER TIME WIT NOT-BRUTUS.

SORRY FER LEARNIN' YOU ASSUME I'M BEHIND ALL EVIL ACTS IS THE BEST PART OF TODAY!

DON'T APOLOGIZE! LEARNIN' YOU ASSUME I'M BEHIND ALL EVIL ACTS IS THE BEST PART OF TODAY!

WHAT?

MA, HOW CAN YOU SAY A COMPLIMENT FROM YOUR ENEMY IS BETTER THAN A DAY WITH YOUR GRANDKIDS?

DON'T THIS REMIND YOU OF GRANDMA?

HAH, IT DON'T STINK ENOUGH.

BECAUSE I'M A VILLAN, SONNY, NOT A LIAR.

HOCUS-FOCUS BY HENRY BOLITNOFF

Find at least six differences in details between panels.

GRIN and BEAR IT by Wagner

Just Like Cats & Dogs by Dave T. Phipps

THIS ALL-NATURAL STORE IS THE LOGICAL CHOICE! SURE, IT COSTS A LOT MORE AND SPOILS WAY QUICKER, BUT OTHER THAN THAT.

"Always stick to what you believe they want you to say!"

CROSSWORD

ACROSS

1. Century Gothic, e.g.

5. Good times

8. Pi times radius squared

12. D'Artagnan's sword

13. Before "saw" and "conquered"

14. Honeybunch

15. "Contagious skin bump"

16. Centers of activity

17. One of a duo on "Sesame Street"

18. "Estrogen and testosterone"

20. Tiny piece of anything

21. "Pertaining to ear"

22. Pocket watch chain

23. Bed "on the tree top"

26. Home ground

30. Yankee's foe

31. Heart-to-heart

34. First Nation nation

35. Clumsy

37. Summer mo.

38. Boris Godunov and Nicholas Romanov

39. ___ I jet speed

40. Last in octad

42. Intelligent humor

43. Win or go home competition

45. Actor Snipes

47. Not stood

48. Knitter's unit

50. *Eye part

52. *Vitamins' partners

55. Old-time calculators

56. Port of Yemen

57. Memorization method

59. Greek Bs

60. Bank on

61. Crazy one

62. Yamaguchi or Hamill's jump

63. **Bad" cholesterol, acr.

64. Rudolph, e.g.

DOWN

1. Like proud marines

2. Moonfish

3. Infamous Roman Emperor

4. Between triad and pentad

5. Flora's partner

6. Umbrella-like inflorescence

7. "The Untouchables" leader

8. *Richard Simmons' workout

9. Deliver a tirade

10. Lake north of Cleveland

11. Sailor's assent

13. *Uncontrollable movement disorder

14. Retire from military

19. Deprive by deceit

22. **"All the rage" diet, e.g.

23. Way to curl hair

24. *Pertaining to kidneys

25. Manila hemp

26. "H in HIIT

27. Type of fishing net

28. Eagle's nest

29. Easily irritated

32. Naive, alt. spelling

33. Excavated

36. *Annual exam

38. Not our

40. Young newt

STATEPOINT CROSSWORD • HEALTH & FITNESS

CLUES

ACROSS

1. Century Gothic, e.g.

5. Good times

8. Pi times radius squared

12. D'Artagnan's sword

13. Before "saw" and "conquered"

14. Honeybunch

15. "Contagious skin bump"

16. Centers of activity

17. One of a duo on "Sesame Street"

18. "Estrogen and testosterone"

20. Tiny piece of anything

21. "Pertaining to ear"

22. Pocket watch chain

23. Bed "on the tree top"

26. Home ground

30. Yankee's foe

31. Heart-to-heart

34. First Nation nation

35. Clumsy

37. Summer mo.

38. Boris Godunov and Nicholas Romanov

39. ___ I jet speed

40. Last in octad

42. Intelligent humor

43. Win or go home competition

45. Actor Snipes

47. Not stood

48. Knitter's unit

50. *Eye part

52. *Vitamins' partners

55. Old-time calculators

56. Port of Yemen

57. Memorization method

59. Greek Bs

60. Bank on

61. Crazy one

62. Yamaguchi or Hamill's jump

63. **Bad" cholesterol, acr.

64. Rudolph, e.g.

DOWN

1. Like proud marines

2. Moonfish

3. Infamous Roman Emperor

4. Between triad and pentad

5. Flora's partner

6. Umbrella-like inflorescence

7. "The Untouchables" leader

8. *Richard Simmons' workout

9. Deliver a tirade

10. Lake north of Cleveland

11. Sailor's assent

13. *Uncontrollable movement disorder

14. Retire from military

19. Deprive by deceit

22. **"All the rage" diet, e.g.

23. Way to curl hair

24. *Pertaining to kidneys

25. Manila hemp

26. "H in HIIT

27. Type of fishing net

28. Eagle's nest

29. Easily irritated

32. Naive, alt. spelling

33. Excavated

36. *Annual exam

38. Not our

40. Young newt

41. Maid to a maid

44. Desert mirage

46. L. Carroll's and J. Heller's characters

48. Chose between competitors

49. Funereal bell sound

50. Wild goat

51. Loan attribute

52. Lime-rich soil

53. Dirty money

54. Greek portico

55. Legal grp.

58. *Heart test acronym

Classified Advertising

Sell Your Stuff! Reach 1000's of Readers Every Week!

MPG

916.773.1111

7 6 4 2 3 1 8 9 5

3 9 8 5 6 7 4 1 2

5 2 1 8 9 4 7 6 3

9 4 7 3 8 5 1 2 6

1 3 5 4 2 6 9 7 8

2 8 6 7 1 9 5 3 4

8 1 9 6 5 3 2 4 7

6 7 2 9 4 8 3 5 1

4 5 3 1 7 2 6 8 9

LEGAL ADS FOR SACRAMENTO COUNTY?

We Can Do That!

Call to place your legal advertising 916-773-1111

All Legal Ads Published by Messenger Publishing MPG

SUDOKU

Call today and receive a FREE SHOWER PACKAGE PLUS \$1600 OFF

SAFE-STEP WALK-IN TUB 1-855-576-5653

With purchase of a new Safe-Step Walk-In Tub. Not applicable with any previous walk-in tub purchase. Offer available while supplies last. See dealer for details. *See website for restrictions. ©2013 Safe-Step, LLC. All rights reserved.

6 1 8 5

2 1 8 6

7 1 2

4 2 6

8 6 5

1 3 2 4

6 7 2 4

4 3 1 8

Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

Senior Health Fair

Resources for The Golden Years

INFORMATION & ENTERTAINMENT

FOR SENIORS, THEIR FAMILIES AND FRIENDS



FREE Parking

FREE Admission

**Saturday,
September 23, 2023
10 am to 4 pm**

**Wyndham Sacramento Hotel Northeast 5321 Date Avenue
Off of Highway 80 at Madison, Sacramento, CA 95841**

- FREE EXHIBITS! • FREE ENTERTAINMENT!
- HEALTH SCREENINGS! • SAMPLES & PRIZES!

Rock-n-Roll Concert and Classic Car Displays!



- Senior Care
- Nutrition & Health Foods
- Home & Garden
- Sports & Fitness
- Anti-aging Programs
- Veterans Information
- Chiropractors and Massage
- Natural Healing
- Health & Other Insurance
- Investment and Retirement

Great Entertainment & Live Music

Hear old time rock n' roll, cruising songs, surfer songs.
It's the music you grew up with!



www.SeniorHealthFair.org To Exhibit: 916.910.9499 or info@recoveryforall.net



AS LITTLE AS

3.5% DOWN PAYMENT

MINIMUM

580 FICO REQUIRED

FHA HOME LOAN

✓ Gift Funds Permitted!

✓ AVAILABLE FOR BOTH PURCHASES AND REFINANCES



CALL ME TODAY!
(916) 870-2987

I look forward to working with you!

Tisha Torres | Branch Manager

NMLS#253078 | AZ BK#0906939
Licensed in CA, AZ & OR



ALL APPLICATIONS ARE SUBJECT TO UNDERWRITING GUIDELINES AND APPROVAL. INFORMATION IS SUBJECT TO CHANGE WITHOUT NOTICE. NOT ALL PROGRAMS ARE AVAILABLE IN ALL AREAS. MOUNTAIN WEST FINANCIAL AND THE MOUNTAIN LOGO ARE REGISTERED TRADEMARKS OF MOUNTAIN WEST FINANCIAL, INC. LICENSED BY THE CALIFORNIA DEPARTMENT OF FINANCIAL PROTECTION AND INNOVATION UNDER THE CALIFORNIA RESIDENTIAL MORTGAGE LENDING ACT. LICENSED AS MORTGAGE WORKS FINANCIAL COMPANY (FNI), DBA MORTGAGE WEST FINANCIAL, AZ BK#0906939, OREGON MORTGAGE LENDER LICENSE #ML-5112, NMLS# 164497

CELEBRATE RECOVERY



FREEDOM FROM YOUR HURTS, HABITS, AND HANG-UPS

**TUESDAY NIGHTS 7PM - 9:30PM
52 WEEKS A YEAR**

THIS COULD CHANGE YOUR LIFE...



LifePointe Church

7200 RIO LINDA BLVD

(916) 991.4624

CR@LIFEPOINTENAZ.COM

KP International MARKET
FOOD COURT NOW OPEN
10971 Olson Drive
Rancho Cordova, CA 95670
916.853.8000
Market: 7 Days: 8am-8pm
Food Court: 7 Days: 11am-7:30pm
Korean/Mex/Viet: 7:30pm last call
Chinese/Japanese: 7:00pm last call

NOW OPEN

ENJOY OUR FRESHLY BAKED BREAD & CAKE

10971 OLSON DR. RANCHO CORDOVA, CA 95670



FROZEN & FISH DEPT



Shrimp Breaded Popcorn
REG. \$8.99/lb
\$3.99 /lb



Dumpling Wrappers
360 g
REG. \$2.99/ea
\$1.99 /ea

WEEKLY MEAT SPECIALS



Beef London Broil & Top Round Roast
Pulpo Para Hornear Roast sin hueso
\$3.99 /lb



Beef T-Bone Steak
Filete Chuletón de Ternera
\$5.99 /lb



Beef Porterhouse Steak
Filete Biste de Ternera
\$6.49 /lb



Chicken Leg Quarters
Piernas y Muslo de Pollo
79¢ /lb



Pork Tenderloin
Lomo de Cerdo
\$3.99 /lb



Pork Spare Ribs (Single Pack)
Costillas de Cerdo
\$3.49 /lb

FRESH PRODUCE

Russet Potato 10 lbs \$3.99 /bag	Grapefruit 5 lbs \$3.99 /bag	Mexican Papaya 99¢ /lb	Aloe Vera 89¢ /lb
Shallot Onion 99¢ /lb	Kabocha 79¢ /lb	Mini King Oyster Mushroom 300 g \$2.99 /ea	Enoki Mushroom 150 g \$1.99 /ea

AMERICAN/HISPANIC GROCERY

Pep's Aloe Vera Juice 1.5 liter \$2.99 /ea	Kraft Zesty Italian Dressing 16 oz \$3.99 /ea	EED Soft & Strong Facial Tissues 210 ct \$3.39 /ea	EED All Purpose Flour 5 lbs \$3.99 /ea	Del Monte Tomato Ketchup 24 oz \$1.59 /ea
---	--	---	---	--

ASIAN GROCERY

Dragonfly Vegetarian Tofu Yum Paste 16 oz \$3.99 /ea	T/F Tapioca Starch 14 oz 99¢ /ea	Dragonfly Corn Roll 4 oz \$1.99 /ea	Mr. Hong Fried Chicken Batter Mix 1.1 lb \$2.99 /ea	Lee Kum Kee Pure Sesame Oil 15 fl oz \$7.99 /ea
---	---	--	--	--

EUROPEAN GROCERY

Jermol Mineral Water 12 x 500 ml \$19.99 /case	Serene Fruit Drink 4 kinds 240 ml 69¢ /ea	Zenith Pepper Fillet in Aglio Sauce 530 gr \$3.69 /ea	Bussake Product Backwash 900 gr \$2.99 /ea	Manri CTC Assam Black Tea 907 gr \$9.99 /ea
---	--	--	---	--

KOREAN/JAPANESE GROCERY

Wang Bannabae Rice 2 kinds 16 lbs \$14.99 /ea	Pacific Seary Noodle 2 kinds 400 g \$3.99 /ea	Korean Fresh Noodle 2 kinds 2.2 lb \$3.99 /ea	Soon Veggie Noodle Soup 4 x 3.98 oz \$4.99 /ea	Late July Veggie 4 kinds 240 ml \$4.99 /ea	Soft Delish (Mung Bean Rice) 1.5 liter \$2.99 /ea
Premium Round Sausage 30.4 g \$1.59 /ea	Original Soba Noodle 3 lbs \$6.99 /ea	Korean Red Ginseng Extract 30x10 \$19.99 /ea	Ediya Coffee 50 x 11.5 g \$6.99 /ea	Nanya Yaki Soba 16.93 oz \$2.99 /ea	Soba & Soba Sauce 12.17 oz \$3.99 /ea

HOUSEWARES

HAIR DARKENING SHAMPOO 11.11 oz 19.99 /ea	ELECTRIC BBQ GRILL \$39.99 /ea
KAIZEN WOK PAN 30 CM 14.99 /ea	WATERMELON SLICE KNIFE 3.99 /ea
ELECTRIC RICE COOKER (4 CUPS) \$49.99 /ea	ELECTRIC RICE COOKER (6 CUPS) \$54.99 /ea
ELECTRIC RICE COOKER (10 CUPS) \$59.99 /ea	

Advised items good at KP International Market - Rancho Cordova location ONLY. We reserve the right to LIMIT QUANTITIES. Not responsible for TYPOGRAPHICAL OR PICTORIAL ERRORS. All advertised items are SUBJECT TO AVAILABILITY. Sorry NO RAINCHECKS. PRICES EFFECTIVE AUGUST 30 - SEPTEMBER 05, 2023.