



**Board Approves Responses to Grand Jury Jail Report**

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# THE NEWS

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## Ball Fields Step Up the Challenge

**Rio Linda High Celebrates Baseball and Softball Complex**



**A gold-and-black balloon arch welcomes the Rio Linda High School softball team to their new home.**  
Photo courtesy of TRUSD Communications

*By Chrissy Rose*

**RIO LINDA, CA (MPG)** - On the morning of Friday, August 11, the highly-anticipated Baseball and Softball Complex at Rio Linda High School was revealed to the public in a ribbon-cutting ceremony. Under a blue

sky and a gold-and-black balloon arch, Twin Rivers Unified School District Board Trustee Stacey Bastian wielded the oversized shears in front of a cheering crowd of fellow trustees, Superintendent Dr. Steve Martinez, student athletes, district and high school staff, Sacramento

County Supervisor Sue Frost, and members of the community. Groundbreaking for the new complex occurred in August 2022, with members of both baseball and softball teams getting the opportunity to take part in the event, whether  
*Continued on page 3*

## Board Approves Responses to Reports on Homeless

**Sacramento County News Release**

**SACRAMENTO COUNTY, CA (MPG)** - The Board of Supervisors, at its August 8 meeting, approved responses to two Grand Jury reports regarding responses to homeless issues and behavioral health resources including planning, coordination, funding, and measurable outcomes. The Grand Jury issued two reports related to homelessness that require a response from the County Board of Supervisors. The Grand Jury Report, “Homeless Should Not Mean Hopeless: Homeless Solutions Elude Local Leaders” was issued on May 26, 2023. The report asserts that local governments have failed to work together effectively to address the increasing number of homeless and related issues which has resulted in millions in direct and indirect costs. The report recommended that Sacramento

County leaders prioritize a formal, comprehensive approach to homelessness. The report included five findings and four recommendations related to the information in the report along with a list of individuals and agencies required or invited to respond. The Grand Jury Report, “Mental Health Care For The Homeless: Who Cares?” was issued on June 9, 2023. This report asserted that mental illness and substance abuse among the homeless needs to be addressed through a streamlined, coordinated, and transparent service delivery system and approach that uses measurable, quantifiable outcomes with proven success to make meaningful change. The report included 11 findings and 11 recommendations. The landscape of the County’s homeless and behavioral health programs and services have been rapidly evolving, even over the past year. Some of the Grand Jury findings may

have been true at the time, but the County has already taken steps to remedy in recent months. The County has many programs and strategies under development that will help to move the needle on some of the findings and recommendations that have either not yet been fully stood up or are still in development and have not yet seen the benefits or outcomes. For example, the Grand Jury indicates that the outreach teams are poorly supported and understaffed. At the time this report was being researched, those findings were likely correct, however, since that time, there has been significant progress made in not only staffing up those teams, but in allocating additional resources to these teams and to the Behavioral Health CORE centers, fostering meaningful engagement. The County has already committed to semi-annual reports on outreach efforts which can be found at

our County’s Homeless Services Website. There are some findings and recommendations that the County didn’t agree with either partially or fully – in part because the County has another strategy in the works that will meet the same need, or a strategy being recommended warrants further analysis. One example is the formation of a Joint Powers Authority (JPA) to address homelessness countywide. A JPA is one model that may work. However, with the Governor’s new budget requirement for HHAP funding, the County and all regional city partners and Continuum of Care (CoC) will be required to develop a regional plan to coordinate services and funding – therefore a JPA may or may not be the best structure for achieving the intent of this regional plan. As the State issues guidance and requirements, the County and its partners will do a more in-depth analysis.  
*Continued on page 6*

### Adam A. House Sworn in as New Fire Chief



**New Fire Chief Adam A. House.**  
Photo courtesy of Sac Metro Fire

**Metro Fire News Release**

**SACRAMENTO COUNTY, CA (MPG)** - The Sacramento Metropolitan Fire District (Metro Fire) Board of Directors will host a momentous swearing-in ceremony at its regular meeting on August 10, welcoming the appointment of Fire Chief Adam A. House. Selected by the Board of Directors, Chief House will serve as the district’s seventh Fire Chief following an extensive nationwide search. His selection will succeed the distinguished service of Interim Fire Chief Dan Haverty, whose dedication to public safety has spanned over three decades throughout the greater Sacramento region. Chief House holds the distinction of being the first Fire Chief to serve continuously as a member of Metro Fire since its inception in 2000. Chief House has accumulated an impressive 36-year tenure in public service, which includes four years in the United States Army as a Firefighter. Following active duty, he continued his fire service career in 1991 as a Firefighter in Yuma, Arizona, and eventually promoted to the rank of Captain. In 2000, he joined Metro Fire, ascending the ranks from Firefighter to Captain, Battalion Chief, and ultimately Assistant Chief. He was instrumental in establishing the Metro Fire Special Operations Division, specifically the Type 1 Hazardous Materials program where he served as the initial Program Manager. Furthermore, Chief House has played pivotal roles in Firefighter recruitment, and the Fire Academy where he served as a Drill Master. As a Chief Officer at Metro Fire, Chief House served as the Division Manager within the Training, Health & Safety Division with direct oversight of the Training Academy, task level and promotional opportunities and training, special operations training, and the physical and mental wellbeing of the membership. Additionally, he contributed as a member of the FEMA Urban Search & Rescue Task Force 7, California Governor’s Office of Emergency  
*Continued on page 6*



# Board Approves Responses to Grand Jury Jail Report

**Sacramento County News Release**

**SACRAMENTO COUNTY, CA (MPG)** - The Board of Supervisors, at its August 8 meeting, approved a response to a June 2, 2023, Grand Jury Report, “What’s Taking So Long? County Delays Mandated Jail Improvements.”

The Grand Jury reviews and investigates the performance of county, city, and local governing entities. Investigations of governmental entities can be initiated by the Grand Jury itself or suggested by citizens. A public report usually follows an investigation with findings and recommendations that must be publicly addressed by the recipients as prescribed in Penal Code Sections 933 and 933.05. Responses are then directed to the Presiding Judge of the Superior Court.

The Board of Supervisors agreed with three of the findings and partially disagreed with four of the findings. One finding was specifically responded to by the Sheriff’s Office. Following is a summary of the responses to the Grand Jury’s findings and recommendations from

**FINDING RESPONSES**

While the findings of the Grand Jury report suggest the inmate population is higher as a result of AB 109, the average daily population (ADP) of the County’s jail facilities is lower today than it was in 2011, when AB109 (California Public Safety Realignment Act of 2011) was passed.

The Board acknowledged that new facilities are needed to achieve compliance with the Mays Consent Decree. In December 2022, the County BOS unanimously approved 33 plans designed to reduce the ADP of County jail facilities by at least 600 over time, in alignment with the recommendations in the O’Connell Sacramento Jail Study. Furthermore, the County BOS approved more than \$45 million in appropriations for growth requests for Fiscal Year (FY) 2023-24 related to the implementation of the jail population reduction plans and remedial plans to support Consent Decree compliance.

The Main Jail and Rio Cosumnes Correctional Center (RCCC) were constructed and

renovated prior to the enactment of the Americans with Disabilities Act (ADA) in 1990 and Health Insurance Portability and Accountability Act (HIPAA) in 1996. The Board of Supervisors agreed there are continuing ADA and HIPAA violations due to the lack of adequate health related facilities. These challenges will persist while approved projects are designed and constructed.

The Board believed that County departments should continue to evaluate interim solutions to address Main Jail and RCCC deficiencies identified in the Mays Consent Decree. The County is analyzing whether interim measures are possible and are committed to innovative and unique solutions.

The Board of Supervisors agreed that there are limited healthcare facilities and staffing in the Main Jail. The current space for the number of exam rooms, behavioral health programming space, and specialty care space in the main jail is not adequate to support the demand for services, despite the significant increase in healthcare staffing.

While the report asserted the sanitation of the Main Jail and RCCC is substandard and has inadequate written procedures in place to ensure cleaning is effective, the jail custodial services provided by the Departments of General Services and Health Services, Adult Correctional Health are documented and largely effective. However, the Environment of Care Report (EOC Report) noted deficiencies within the medical areas of which the County has a plan to address.

While the County has taken significant steps toward implementing the recommendations from consultants and court-mandated experts to address non-compliance issues, full implementation of these recommendations will take time and require future project and contract approvals and associated budgetary actions.

**RECOMMENDATIONS RESPONSES**

Significant work towards compliance within the County jail has already begun. County staff are moving forward with the Design Build project delivery and are bringing funding

and design concepts before the Board at a future date.

The County will also develop and implement a sanitation and disinfection program at the Main Jail and RCCC.

Several recommendations were deemed unreasonable and will not be implemented, including installing a temporary trailer(s) located in the enclosed Main Jail parking garage to reduce continuing HIPAA and ADA violations and allow for increased acute treatment and diagnostic (lab and basic imaging) capability and rapidly funding and implementing the construction of an additional 18 mental health treatment rooms by December 31, 2023.

The recommendation to increase the number of intake stations by at least three to reduce overcrowding in the booking area will require more analysis. In partnership, the Sheriff’s Office and the Department of Health Services Adult Correctional Health (ACH) division has implemented a two-tier medical intake process which has reduced overcrowding and officer wait time in booking. ★

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# Ball Fields Step Up the Challenge



The Rio Linda High School Knights baseball team celebrates the completion of the project which was completely funded through Fund 40 capital improvement funds. Photo courtesy of TRUSD Communications

*Continued from page 1*

by shoveling some dirt or signing the removed home plates. Supply chain issues and the Sacramento region’s extra-wet winter led to some delays, but the project was still completed in about ten months. The new fields, one baseball and one softball field each, are artificial turf – a state-of-the-art upgrade from the previous dirt and grass fields.

As Varsity Softball Coach Steve Burton said, “We’ve been playing a long time on a dirt field and it was a struggle getting it ready for games.”

The turf fields will be much more accessible with less maintenance required, and Coach Burton hopes it encourages more students to come out and play. Each field is emblazoned with the name of the school mascot – Knights – behind home plate in gold. The project was completely funded through Fund 40 capital improvement funds for a total amount of \$13.8 million and was completed by BHM Construction, Inc.

Directly in the middle of the complex entry is an oversized “RL” inscribed in the concrete.

The baseball and softball fields are adjacent to each other, with trees lining right field and the third base line of the baseball field, and center field and the first base line of the softball field. The entire complex is beautified with drought-tolerant and water efficient plants, and with enough shaded green space for younger fans to run around and chase foul balls.

Both fields have energy efficient LED sport lighting for evening games and covered dugouts to protect players from sun and rain (and foul balls, of course) – major upgrades from the previous fields. New bullpens, batting cages, and a scoreboard were also part of the project, as well as lockers for the athletes. The complex includes a 1,400 square food concession stand with two serving windows, restrooms, and a ticket booth.

The new complex replaces the previous natural baseball fields that were located at the high school and the natural softball field across the street at Hayer Park. Perhaps one of the biggest fans of the upgraded fields is none other than 17-year-old Rio Linda

High School senior Alyssa Williams.

“I’ve been playing softball since I was five years old. I will play my last season on this new field and it will be fun. While the old field was challenging, we made it work. This new field is really, really cool and I feel proud,” said an excited Williams.

The Rio Linda Knights varsity softball team boasted a winning record of 16-10 and is hoping to continue this streak into the 2024 season with the advantage of the brand-new home field. Both levels of the softball and baseball teams expect to host about a dozen home games at the complex in the upcoming season. When they do, there will be plenty of room for parents, siblings, teachers, and members of the community to come out and support the Knights. The new complex accommodates well over 200 spectators at each field, whether they prefer to sit on the bleachers or bring their own lawn chair. It’s safe to say that the athletes, the coaches, and the community at large is excitedly waiting for the first pitch to be thrown at the new complex in the Spring of 2024. ★



Principal Diedre Barlow, Supervisor Sue Frost, Trustee Michael Baker, Trustee Stacey Bastian (with scissors), Superintendent Dr. Steve Martinez, Trustee Christine Jefferson, and Trustee President Michelle Rivas at the Complex’s ribbon-cutting ceremony. Photo courtesy of TRUSD Communications



A view of the Complex’s baseball field from centerfield. Photo courtesy of TRUSD Communications



Rio Linda High School athletes and their families can’t wait to play their first games in the new Baseball and Softball Sports Complex. Photo courtesy of TRUSD Communications



A view of the Complex’s baseball field from centerfield. Photo courtesy of TRUSD Communications

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# Social Security Matters

## Why is Social Security Withholding My Monthly Payments?



By Russell Gloor, AMAC Certified Social Security Advisor

**Dear Rusty:** I have been working since I started collecting Social Security when I turned 62. Last year I was apparently overpaid because of my job. I made \$37,000 and now the Social Security Administration says I owe them \$8,800 dollars because I made too much, and they have withheld my \$2000 monthly SS payment. I am close to the maximum allowable again already this year. So, I am looking at quitting my job so I don't go over, but they are holding my payments so then I would have no money. Any help would be appreciated. **Signed: Frustrated by Social Security**

**Dear Frustrated:** You are being affected by Social Security's "earnings test" which applies to everyone who collects early Social Security and also works before reaching their full retirement age (FRA). If your earned income exceeds the annual limit (which was \$19,560 for 2022), Social Security will withhold \$1 in benefits for

every \$2 you are over the limit. If you earned \$37,000 in 2022 you were more than \$17,000 over the limit and owe half of that back to Social Security. They usually recover what you owe by withholding your future benefit payments, so they won't pay you benefits until they have recovered that \$8,800, after which your benefits will resume - but only for a while.

If you are working full time and also collecting early Social Security benefits, the earnings test lasts until you reach your full retirement age, which for you is 66 years and 8 months. The earnings limit goes up a bit each year - for 2023 it is \$21,240 - but if you continue to work full time, you'll receive another overpayment notice and have more benefits withheld. A better approach might be to contact Social Security in advance and tell them what your 2023 earnings are expected to be, thus permitting them to suspend your benefits in advance and avoid overpaying you. I'm afraid there is no way around this - collecting early benefits while working full time means the "earnings test" will affect your benefit payments.

The "good news" in all of this is that when you reach your full retirement age, you will get time-credit for all months your benefits were withheld. By that I mean they will, at your FRA, recalculate your benefit entitlement as though you had claimed later (later

by the number of months you had benefits withheld), which will result in a higher monthly payment after your FRA. In that way, you may eventually recover some or all of the benefits withheld by receiving a higher monthly amount for the rest of your life, starting at your full retirement age.

I suggest you contact Social Security at 1.800.772.1213 (or at your local office) and tell them you want to provide them with an estimate of your 2023 earnings because you are working and collecting early Social Security benefits. They will work with you to suspend your benefits for an appropriate number of (additional) months to avoid another overpayment situation. Note, you'll likely need to do this each year you continue to work full time, until the year you reach your full retirement age when the earnings limit more than doubles. The earnings limit goes away when you reach your full retirement age.

*This article is intended for information purposes only and does not represent legal or financial guidance. It presents the opinions and interpretations of the AMAC Foundation's staff, trained and accredited by the National Social Security Association (NSSA). N To submit a question, visit our website (amacfoundation.org/programs/social-security-advisory) or email us at ssadvisor@amacfoundation.org.* ★

# While Us Economic Outlook Improves, California's Remains Muddy And Mediocre



By Dan Walters, CALMatters.org

Late last month, the Federal Reserve announced the latest incremental raise in its key interest rate, pushing it to the highest level in 22 years, as it continues to battle what it calls persistent inflation.

The increase, a quarter of 1%, renewed the debate among economists and politicians over whether the Federal Reserve's anti-inflation actions will slow the economy into what's termed a "soft landing," or ignite a recession.

The recession that many economists thought would have happened by now hasn't raised its ugly head, leading to I-Told-You-So's from the ones who hadn't seen a downturn on the horizon.

"Much to the chagrin of those who have been predicting otherwise, the U.S. economy has stubbornly continued to grow and 2023 is shaping up to be a better year than 2022," one of the optimists, California economist Christopher Thornberg wrote recently.

"This isn't to say that we don't recognize signs of stress in the economy driven by higher interest rates and the recent bout of inflation," Thornberg continued. "Rather, we've never viewed these issues as rising to the level of

being systemic given that they were caused by the same thing that has kept consumer spending supercharged - the excessive stimulus thrown at the economy during the pandemic.

"The greatest risk, as we have seen it, was always the undue tightening by the Federal Reserve, which was implemented in response to their original sin of excessive loosening."

There are, however, two sides to the economic coin - one steeped in the numbers economists love and the other the admittedly unscientific concerns of ordinary citizens.

A recent Public Policy Institute of California poll found that Californians overwhelmingly believe that bad economic times lie ahead, based in part on experiences with inflation in housing, food, fuel and other living expenses.

Those sour expectations may be more than just emotion. While the nation as a whole seems to be doing fairly well, as President Joe Biden reminds us almost daily in anticipation of a re-election campaign next year, California's economy is just so-so.

California's unemployment rate in June was 4.6%, which doesn't sound bad - certainly much lower than it was when the state's economy shut down during the COVID-19 pandemic, pushing the jobless rate to over 16%.

However, it was higher than it had been a year earlier and - this is rather sobering - was the second-highest of any state to Nevada's 5.4%, and more than twice as high as New

Hampshire's nation-lowest 1.8%.

California's other economic indices are similarly weak.

The Federal Bureau of Economic Analysis reported in June that California's gross domestic product - the total of goods and services - in the first quarter was one of the nation's slowest growing at 1.2%, roughly a third of the growth seen in rival states Texas (3%) and Florida (3.5%). Other states ranged to as high 12.4% in North Dakota.

The BEA's quarterly report on personal income growth was similarly mediocre. Nationally, it grew by 5.1%, but in California it was scarcely a blip at .7%, very near the bottom. Texas saw 6.7% personal income growth and Florida 7.9%.

Anemic personal income growth has a real-world impact when it attempts to cope with inflation that's still plaguing California's families and it also is one of the underlying reasons the state is experiencing declines in personal income taxes and the resultant multi-billion-dollar budget deficits.

Citing a "particularly muddy" economic outlook, the Legislature's budget analyst, Gabe Petek, believes that the state faces bigger budget deficits than Gov. Gavin Newsom and legislative leaders have baked into their new budget.

It's just as muddy for the family budgets of nearly 40 million Californians.

*Dan Walters has been a journalist for more than 60 years, spending all but a few of those years working for California newspapers.* ★

# Access Your Improvement Plan Status Online!

### Sacramento County News Release

**SACRAMENTO COUNTY, CA (MPG)** - The Sacramento County, Community Development Department, Site Improvement & Permits Section is making it easier for applicants to check the real-time status of their engineering improvement plans and grading permit submittals online from the comfort of their own offices or homes!

Improvement plan applicants can find the status of their applications by visiting the eSIPS website.

"Our goal is to make things easier for our customers by allowing them to quickly look up their project information on their own and not have to wait for a return phone call or e-mail from staff,"

said Javier Zaragoza, Principal Engineer with the Site Improvement & Permits Section. "Applicants are able to see the same information staff does in real-time. Our mission is to continually improve our customer service, and this is one step to make the processes easier for our applicants."

Applicants can perform a search by application number, address, parcel number and more. Many permits take various departments to sign off prior to approval of their improvement or grading plans. The applicant can see which departments have approved their application, and which departments are still pending. Applicants can also see the assigned plan checker and their contact information so that they can contact them directly. ★



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# Board Approves Funding from Health Plans for LEAP

Sacramento County News Release

SACRAMENTO COUNTY, CA (MPG) - The Board of Supervisors, on Tuesday, August 8, approved the County to receive the Housing and Homeless Incentive Program (HHIP) to increase the Landlord Engagement and Assistance Program (LEAP).

LEAP is operated by Bay Area Community Services (BACS) and provides housing-related services which include the provision of landlord incentives to secure affordable housing for clients, provide client and landlord level tenancy supports, house matching, landlord education, enhance the efficacy of voucher and subsidy programs addressing housing concerns and other housing-related efforts to support people experiencing homelessness.

The State of California’s Department of Health Care Services (DHCS) has developed a plan to enhance, expand, and strengthen Medi-Cal Home and Community-Based Services (HCBS) in California, in accordance with the American Rescue Plan Act (ARPA) of 2021.

One of the initiatives under the HCBS plan is the Housing and Homeless Incentive Program (HHIP), which aims to expand and enhance programs that help individuals transition to community-based, independent living arrangements.

Medical Care Providers (MCPs) recognize the link between housing stability and health outcomes. Homelessness can worsen health issues and increase health-care costs for vulnerable populations.

Through HHIP, MCPs can provide financial support to governmental partners such as LEAP to enhance housing programs, offer supportive services, and develop effective strategies for helping those facing homelessness.

The MCPs consist of the following providers in Sacramento County: Health Net, Anthem, Aetna, Kaiser Permanente, and Molina. Each provider has applied

separately for HHIP funding and amounts granted to each provider vary, but the pooled funds will amount to nearly \$5 million.

With this funding increase, LEAP will be able to serve an additional 100 households annually, on top of the 150 annual households already funded through the existing ARPA agreement. HHIP funding will be utilized to expand landlord incentives and to help individuals in the LEAP program overcome barriers and access stable housing.

“The County has already seen positive outcomes through LEAP.” Said Emily Halcon, Director of Homeless Services and Housing “We’re thrilled to partner with our local health plans to increase the opportunity for stability for people who are unhoused.”

“Sacramento County has been an incredible leader, collaborator and partner in implementing the state’s California Advancing and Innovating Medi-Cal (CalAIM) initiative, ensuring Sacramento’s most vulnerable residents have access to all innovations and reforms under CalAIM,” said Martha Santana-Chin, Medi-Cal and Medicare president at Health Net.

“Anthem Blue Cross has been a committed supporter of Sacramento County efforts to effectively address the County’s most pressing priorities, including funding innovative solutions that provide stability to those who are unhoused,” said Les Ybarra, President of Anthem Blue Cross Medi-Cal health plan. “The reality in Sacramento, and across California, is that one of the greatest challenges for our members and individuals who are experiencing homelessness is finding available housing and landlords who are willing to work with them. We believe that the Landlord Engagement and Assistance Program will help remove these barriers and improve lives, so we are proud to serve as a critical partner, and we look forward to continued collaboration with the County to address homelessness.” ★



## Despite Summer Heat, A Cooler Season Delays Winegrape Harvest

North Coast vineyards are preparing for a late winegrape harvest after a cold and over-cast spring slowed fruit growth in the prized wine region. Local growers say this could be the coolest start to a Napa Valley winegrape season in many years, with harvest by at least three weeks. “I don’t think we’ll get busy until mid-September,” said Jim Pratt, owner of Cornerstone Certified Vineyard in Sonoma County. With a late harvest, growers must manage their grapes through fall months that bring the potential for damaging rains and devastating wildfires.

## Farmers Get A Chance To Weigh In On Milk Pricing At Aug. 23 Federal Hearing

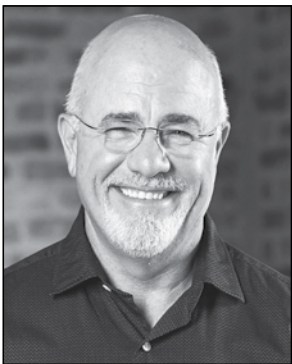
Nearly five years after joining the federal milk marketing order, California dairy farmers will have a chance later this month to weigh in on proposed changes to how milk should be priced, with potential impacts to their take-home pay. An Aug. 23 hearing was scheduled after the U.S. Department of Agriculture received an initial proposal from the National Milk Producers Federation. The organization contends that the dairy marketplace has changed substantially since the federal milk pricing system saw its last comprehensive revision in 2000.

## California Lawmakers Introduce Bill To Improve Federal Disaster Aid For Farmers

Federal lawmakers from California have introduced legislation to create permanent disaster relief for U.S. farmers who lose crop revenue due to unprecedented climate events, including severe drought, massive wildfires and flooding. The Agricultural Emergency Relief Act was announced last week by U.S. Sens. Alex Padilla and Dianne Feinstein and Democratic Rep. Mike Thompson of Napa and Republican Rep. Doug LaMalfa of Richvale. The Act would fortify emergency relief programs and enable Congress to appropriate supplemental disaster funds.

## Edward Spang Takes Over At Mondavi Institute At Uc Davis

The acclaimed Robert Mondavi Institute for Wine and Food Science at University of California, Davis, has a new director. Edward “Ned” Spang took over the post Aug. 1, replacing Andrew Waterhouse, who retired in June after five years as director. Spang joined UC Davis 12 years ago as associate director of the Center for Water-Energy Efficiency. He’s been a faculty member with the Department of Food Science and Technology since 2015. The Mondavi Institute is home to the university’s winemaking, brewing and food science programs. ★



## You Need a Better Plan

Dear Dave,  
My husband recently opened his own commercial painting company. We know he will have three months or so every year when he’s making very little, if any, income. We also started following your plan recently, too, and have \$1,000 set aside for our starter emergency fund. We were ready to begin paying off all our debt except our home in Baby Step 2, but now he wants to skip that, and move to Baby Step 3 to build a fully funded emergency fund of three to six months of expenses. I think I know why he feels this way, but would you give me your thoughts?  
– Crystal  
Dear Crystal,  
Your husband’s excited about the new business.

## Dave Ramsey Says

I get that. And in his own way, it sounds like he’s trying to make sure there’s extra money on hand for the down months he may experience as a commercial painter. But I wouldn’t advise this approach, not for his business, and not for your family’s finances.  
Baby Step 3 is an emergency fund of three to six months of expenses. The scenario he wants to plan for, however, isn’t an emergency. He knows it’s coming. It’s the same with things like Christmas, birthdays and stuff like that. You know they’re coming, and you even know which months and days. Things like that aren’t emergencies, and they don’t catch anyone by surprise. They’re things you plan for—and budget for—ahead of time.  
But the first thing your husband needs to do is re-work his business model. He needs something to do during the down months, so that his income doesn’t dry up completely. Setting money aside in a business for an expected down time is smart, but it’s not a Baby Step 3 issue. It would be a line in the budget where you set money aside because you know something’s coming.  
Again, if it’s something predictable, something that happens at the same time every year, it is not an emergency. If you want to budget some household money for the down time, that’s fine. But do you know what would be even smarter? Figuring out a plan for this time, based on his skill set, which will allow him to keep earning money!  
– Dave  
\*Dave Ramsey is an eight-time national best-selling author, personal finance expert and host of “The Ramsey Show.” He has appeared on “Good Morning America,” “CBS This Morning,” “Today,” Fox News, CNN, Fox Business and many more. Since 1992, Dave has helped people take control of their money, build wealth and enhance their lives. He also serves as CEO for the company Ramsey Solutions. ★

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Subscriptions should be mailed to The Rio Linda News, 7144 Fair Oaks Blvd. Suite 5, Carmichael, CA 95608. Subscription rate is \$42 per year within Rio Linda, Elverta, Sacramento County, \$62 outside Sacramento County.

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# Adam A. House Sworn in as New Fire Chief

*Continued from page 1*

Services (CAL OES) Task Force 9, and the Type 3 Sacramento Regional Incident Management Team (SRIMT), deploying numerous times to major devastating incidents throughout California.

A Sacramento area native, Chief House proudly graduated from Cordova High School in 1987, and currently resides within the community of Sloughhouse. He met his wife Gia in middle school, and they recently celebrated 30 years of marriage together. They are proud parents of two grown children, their son Joshua and daughter Taylor. Joshua is currently a Firefighter at Metro Fire, assigned to Firehouse 65 in Gold River.

“As a trusted member of Metro Fire’s leadership team for many years, Chief House has the experience and respect of the Board members and the district’s employees to lead this organization in the coming years,” stated Metro Fire Board President D’Elman Clark. “We have great confidence that under his leadership Metro Fire will remain one of the best fire district’s on the West Coast for effectiveness and innovation.” Congratulations to Fire Chief Adam House on his well-deserved appointment.

A formal Transfer of Command ceremony will be announced in the near future. For media inquiries, contact PIO Captain Wilbourn (916) 616-2430. ★

# Suspects Orchestrated the Theft of an ATM Machine

**Sacramento County Sheriff’s News Release**

**SACRAMENTO COUNTY, CA (MPG)** - At approximately 6:15 AM on Wednesday, August 2, 2023, two suspects orchestrated the theft of an ATM machine from the Safe Credit Union on Watt Avenue in North Sacramento. While one individual operated a forklift, the other drove a white pickup truck. After the suspect operating the forklift knocked the ATM off of its platform, they eventually loaded it in the bed of the pickup truck.

The second suspect drove away with it; but during the course of their “getaway,” the ATM machine fell out of the truck in the middle of Watt Avenue, causing an unrelated traffic crash. Both suspects fled the scene and have yet to be identified or located.

Detectives are asking anyone with information about this incident to contact the Sheriff’s Office at (916) 874-5115 or Sacramento Valley Crime Stoppers at (916) 443-HELP (4357). Tips leading to an arrest are eligible for a CASH reward up to \$1000 and tipsters remain anonymous. Tips are paid in cash and you are never asked for identification. Contact Sacramento Valley Crime Stoppers at (916) 443-HELP (4357), 1-800-AA-CRIME, or \*\*TIPS. Use the "P3 TIPS" app, or online at [www.sacvalleycrimestoppers.com](http://www.sacvalleycrimestoppers.com)

Tip information may also be left anonymously at [www.sacsheriff.com](http://www.sacsheriff.com) or by calling (916) 874-TIPS (8477). ★

# Public Health and Blue Zones: Alzheimer Initiative

**Sacramento County News Release**

**SACRAMENTO COUNTY, CA (MPG)** - Blue Zones initiatives include assessments and plans to help residents live better and longer lives.

Sacramento County Public Health has joined forces with Blue Zones, the global leader in longevity research and community well-being transformation, to launch Blue Zones Activate in Sacramento County. The initiative uses an evidence-based approach to make healthy choices easier in all the places people spend the most time. The effort will begin with an in-depth assessment of the County to determine how to make it a dementia-friendly community and a healthier place to live, work, and thrive.

“Sacramento County is steadfast in its mission to enhance the health and well-being of all residents, irrespective of zip code, so that they can live a happy, healthy and long life,” said Rich Desmond, Chair of the Sacramento County Board of Supervisors. “Under Governor Newsom’s unwavering commitment and leadership in Alzheimer’s prevention, we have been presented with remarkable opportunities, including our partnership with Blue Zones for the Alzheimer’s Innovation and Well-Being Initiative. The collaboration between Blue Zones, the State, and our County is a source of genuine excitement, as we confront the sobering reality that Alzheimer’s disease continues to claim the lives of too many older adults in Sacramento County.”

The launch of Blue Zones Activate in Sacramento County is the result of the Governor’s Task Force on Alzheimer’s Prevention, Preparedness and the Path Forward. Launched in 2019 by Governor Newsom and chaired by Former First Lady of California Maria Shriver, the task force delivered groundbreaking recommendations on preparing California for an aging state and offered long-term Alzheimer’s and dementia-related solutions.

“As one of the most diverse regions in California, Sacramento County is the perfect place to break ground on this life-altering initiative,” said Maria Shriver, Former First Lady of California and Chair of the Governor’s Task Force on Alzheimer’s Prevention, Preparedness and the Path Forward. “Thank you to Governor Newsom and state leaders for their enduring dedication to reshape the way we care for individuals with dementia and create a future where everyone can age with dignity.”

Dan Buettner, Blue Zones founder and National Geographic Explorer and Fellow, said, “Some of the original blue zones suffer one-fifth the rate of dementia as we do in the United States. In Sacramento, we’ll be deploying the same Blue Zones approach we’ve used to raise life expectancy. This time, however, we’ll be customizing it to also drive down the rate of Alzheimer’s disease.”

Counties and cities that are prepared to step up to the challenge would follow Blue Zones’ environmental approach to transform their communities into dementia-friendly environments that support a healthy lifestyle that can prevent, reduce, and sometimes even reverse the damaging effects of dementia. Long-term, place-based initiatives by Blue Zones in communities across the country have already resulted in widespread population well-being improvement, including double-digit drops in obesity and tobacco use and millions of dollars in healthcare cost savings.

Sacramento County is the first community in California to use the Blue Zones model to create a dementia-friendly community that supports the well-being of all residents.

**The Blue Zones Approach**

Blue Zones employs a proven solution in collaboration with communities to help people live better and longer lives. The company’s work is based on research and principles developed by founder Dan Buettner, who identified the cultures of the world – or blue zones – with the healthiest, longest-living populations.

The Blue Zones approach focuses on the single largest determinant of health: where people live. Instead of focusing on just individual behavior change, Blue Zones helps communities make permanent changes to systems and surroundings so it’s easier for residents to eat wisely, move naturally, and connect more with others as they move throughout their day. By improving the Life Radius® – the area close to home where most Americans spend 90% of their lives – Blue Zones transformations have been able to dramatically improve overall population health and well-being, raise employee and student productivity, and boost economic vitality and development.

Ben Leedle, Blue Zones CEO and Co-founder of Blue Zones Project said: “We’ve been applying the Blue Zones model across the country to create communities that foster individual and population well-being to improve health and happiness, reduce healthcare costs, and create positive long-term economic impact. I’m excited about our commitment to apply our solution to the rising problem of Alzheimer’s disease and believe that applying policy and place-based initiatives has the great potential to positively impact cognitive health and reduce the risk of this devastating disease.” ★

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# Board Approves Responses to Reports on Homeless

*Continued from page 1*

There are some findings and recommendations that the County has already implemented, but the lack of broad knowledge of these strategies are an indication that the County needs more robust communication efforts. For instance, the Grand Jury indicated that there is no strategic plan that includes the mental health and substance abuse issues facing the homeless. The sixth pillar of the Local Homelessness Action Plan is mental health/substance abuse. Additionally, the Grand Jury indicated that there are not quantifiable metrics, however the plan includes both timelines and measure goals. Read the full LHAP on the County Homeless Services website.

Read the full finding and recommendation response to “Homeless Should Not Mean Hopeless: Homeless Solutions Elude Local Leaders.”

Read the full findings and recommendations response to “Mental Health Care For The Homeless: Who Cares?”

The response from the Sacramento County Sheriff Office is available. ★

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FICTITIOUS BUSINESS NAME STATEMENTS

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2023-05394  
Demetria Marsha Adams, 7633 Wayans Way, Elk Grove, CA 95757 is doing business under the Fictitious Business Name(s) "Retro Realty/Retro Real Estate" 9245 Laguna Springs Drive Suite 200, Elk Grove, CA 95758. Filed with the Clerk of Sacramento County July 18, 2023  
Publish: July 28, August 4, 11, 18, 2023  
RETRO 8-18-23

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2023-05404  
Accelerated Auto Wholesale, 1401 21<sup>st</sup> Street Suite R, Sacramento, CA 95829 is doing business under the Fictitious Business Name(s) "Accelerated Auto Wholesale" 1401 21<sup>st</sup> Street Suite R, Sacramento, CA 95829. Filed with the Clerk of Sacramento County July 19, 2023  
Publish: July 28, August 4, 11, 18, 2023  
ACCELERATED 8-18-23

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2023-05249  
Advancebay Inc., 5210 Excelsior Road, Sacramento, CA 95827 is doing business under the Fictitious Business Name(s) "Village Venue Rentals" 5210 Excelsior Road, Sacramento, CA 95827. Filed with the Clerk of Sacramento County July 12, 2023  
Publish: July 28, August 4, 11, 18, 2023  
VILLAGE 8-18-23

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2023-05355  
Thuyet Thi Tran, 9516 Ballinger Drive, Sacramento, CA 95829 is doing business under the Fictitious Business Name(s) "Novel Nails & Day Spa" 5880 Antelope Road, Suite 100, Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County July 17, 2023.  
Publish: July 28, August 4, 11, 18, 2023  
NOVEL 8-18-23

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2023-05160  
Gary Lynn Borton, 2535 La France Drive, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Atlantis Diving & Salvage Co" 2535 La France Drive, Carmichael, CA 95608. Filed with the Clerk of Sacramento County July 11, 2023  
Publish: July 28, August 4, 11, 18, 2023  
ATLANTIS 8-18-23

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2023-04471  
Keena Martin, 4200 E Commerce Way, Sacramento, CA 95834 is doing business under the Fictitious Business Name(s) "Life Coach Unlimited" 2701 Del Paso Road Unit #130-472, Sacramento, CA 95835. Filed with the Clerk of Sacramento County June 9, 2023  
Publish: July 28, August 4, 11, 18, 2023  
LIFECOACH 8-18-23

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2023-05334  
Richard Anderson JR., 3577 Rainsong Circle, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "AAA Imaging Solutions" 3577 Rainsong Circle, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County July 14, 2023  
Publish: July 28, August 4, 11, 18, 2023  
AAA 8-18-23

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2023-05382  
G47 Inc, 4701 El Camino Avenue, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Garage 47" 4701 El Camino Avenue, Carmichael, CA 95608. Filed with the Clerk of Sacramento County July 18, 2023  
Publish: July 28, August 4, 11, 18, 2023  
GARAGE 8-18-23

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2023-05466  
Fabian Vasquez, 4828 El Camino Avenue Apt 102, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Tere's Antojitos" 4828 El Camino Avenue Apt 102, Carmichael, CA 95608. Filed with the Clerk of Sacramento County July 21, 2023  
Publish: July 28, August 4, 11, 18, 2023  
TERES 8-18-23

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2023-04847  
Mythic Media, LLC, 1401 21<sup>st</sup> Street Suite R, Sacramento, CA 95811 is doing business under the Fictitious Business Name(s) "Mythic Records" 1401 21<sup>st</sup> Street Suite R, Sacramento, CA 95811. Filed with the Clerk of Sacramento County June 26, 2023  
Publish: July 28, August 4, 11, 18, 2023  
MYTHIC 8-18-23

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2023-05441  
Michelle DeSart Adcock, 1554 Los Molinos Way, Sacramento, CA 95864 is doing business under the Fictitious Business Name(s) "Miche Niche" 1401 21<sup>st</sup> Street Suite 8515, Sacramento, CA 95811. Filed with the Clerk of Sacramento County July 20, 2023  
Publish: July 28, August 4, 11, 18, 2023  
MICHE 8-18-23

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2023-05347  
Arcade Baptist Church of Sacramento, 3927 Marconi Avenue, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Arcade Church" 3927 Marconi Avenue, Sacramento, CA 95821. Filed with the Clerk

of Sacramento County July 17, 2023  
Publish: July 28, August 4, 11, 18, 2023  
ARCADE 8-18-23

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2023-05407  
Outlaw2ners, 3334 Montrose Street, Sacramento, CA 95838 is doing business under the Fictitious Business Name(s) "WW2ners" 3334 Montrose Street, Sacramento, CA 95838. Filed with the Clerk of Sacramento County July 19, 2023  
Publish: July 28, August 4, 11, 18, 2023  
WW2NERS 8-18-23

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2023-05391  
r.World. PBC. 2700 Irving Avenue S. Minneapolis, MN, 55408 is doing business under the Fictitious Business Name(s) "r.Cup" 2700 Irving Avenue S. Minneapolis, MN, 55408. Filed with the Clerk of Sacramento County July 18, 2023  
Publish: July 28, August 4, 11, 18, 2023  
RCUP 8-18-23

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2023-05294  
Sierra Christine Wallin, 9493 Dalton Way, Orangevale, CA 95662 is doing business under the Fictitious Business Name(s) "Lotus & Sage Beauty" 5120 J Street Suite D, Sacramento, CA 95819. Filed with the Clerk of Sacramento County July 13, 2023  
Publish: July 28, August 4, 11, 18, 2023  
LOTUS 8-18-23

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2023-05484  
Saad Mahmood Alahmadi, 5124 Modoc Way, Sacramento, CA 95841 is doing business under the Fictitious Business Name(s) "AKAR Mobile Auto Mechanic" 5124 Modoc Way, Sacramento, CA 95841. Filed with the Clerk of Sacramento County July 21, 2023  
Publish: August 4, 11, 18, 25, 2023  
AKAR 8-25-23

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2023-05490  
Willey Enterprises Inc., 8430 Madison Avenue, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "Roof Doctors" 8430 Madison Avenue, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County July 21, 2023  
Publish: August 4, 11, 18, 25, 2023  
WILFLEY 8-25-23

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2023-05486  
Balvinder K Balaghan, 9417 Kiefer Boulevard, Sacramento, CA 95876, and Noor Kiran Kaur, 2649 Giorno Way, El Dorado Hills, CA 95762 is doing business under the Fictitious Business Name(s) "N & R Food Mart" 3907 Stockton Boulevard, Sacramento, CA 95820. Filed with the Clerk of Sacramento County July 21, 2023  
Publish: August 4, 11, 18, 25, 2023  
N&R 8-25-23

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2023-05379  
Debra Diane Walker, 6510 Eliza Court, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "Debbie's Jams" 6510 Eliza Court, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County July 18, 2023  
Publish: August 4, 11, 18, 25, 2023  
DEBBIES 8-25-23

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2023-05217  
Jacqueline G Rios, 3636 Edison Avenue #37, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Beautified Esthetics" 2717 Cottage Way Suite #8, Sacramento, CA 95825. Filed with the Clerk of Sacramento County July 11, 2023  
Publish: August 4, 11, 18, 25, 2023  
BEAUTIFIED 8-25-23

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2023-05221  
ELW3 Enterprises LLC, 1401 21<sup>st</sup> Street Suite 6157, Sacramento, CA 95811 is doing business under the Fictitious Business Name(s) "Significant Affairs" 1401 21<sup>st</sup> Street Suite 6157, Sacramento, CA 95811. Filed with the Clerk of Sacramento County July 12, 2023  
Publish: August 4, 11, 18, 25, 2023  
ELW3 8-25-23

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2023-05369  
Truist Medical & Behavioral Health Services, Inc., 6733 Pallazzo Way, Elk Grove, CA 95757 is doing business under the Fictitious Business Name(s) "Truist PsychMD" 9245 Laguna Springs Drive Suite 200, Elk Grove, CA 95758. Filed with the Clerk of Sacramento County July 18, 2023  
Publish: August 4, 11, 18, 25, 2023  
TRUIST 8-25-23

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2023-05376  
Rentisa LLC, 10757 Bellone Way, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "rents4baby" 10757 Bellone Way, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County July 18, 2023  
Publish: August 4, 11, 18, 25, 2023  
RENTS 8-25-23

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2023-05360  
Jessica Rahbar, 3182 L Street, Sacramento, CA 95816 is doing business under the Fictitious Business Name(s) "Epoxy Pro Services" 3182 L Street, Sacramento, CA 95816. Filed with the Clerk of Sacramento County July 17, 2023  
Publish: August 4, 11, 18, 25, 2023

EPOXY 8-25-23

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2023-05544  
Motorest Inc., 3401 Fulton Avenue, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Motorest" 3401 Fulton Avenue, Sacramento, CA 95821. Filed with the Clerk of Sacramento County July 25, 2023  
Publish: August 4, 11, 18, 25, 2023  
MOTOREST 8-25-23

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2023-05605  
Ratko Omcikus, 5624 Whitney Avenue, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Nena Flooring" 5624 Whitney Avenue, Carmichael, CA 95608. Filed with the Clerk of Sacramento County July 27, 2023  
Publish: August 4, 11, 18, 25, 2023  
NENA 8-25-23

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2023-05601  
CalPlaySports LLC, 117 Miller Way, Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "CalGamesWanted" 117 Miller Way, Folsom, CA 95630. Filed with the Clerk of Sacramento County July 27, 2023  
Publish: August 4, 11, 18, 25, 2023  
CALGAMES 8-25-23

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2023-05674  
Dan Hauck and Debbie Covey, 127 Lembi Drive, Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "Premier Party Rentals" 127 Lembi Drive, Folsom, CA 95630. Filed with the Clerk of Sacramento County July 26, 2023  
Publish: August 4, 11, 18, 25, 2023  
PREMIER 8-25-23

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2023-05635  
Timothy Joseph Coddington, 6454 Larchmont Drive, North Highlands, CA 95660 is doing business under the Fictitious Business Name(s) "Tankless Tim" 6454 Larchmont Drive, North Highlands, CA 95660. Filed with the Clerk of Sacramento County July 24, 2023  
Publish: August 4, 11, 18, 25, 2023  
TANKLESS 8-25-23

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2023-05364  
Breavetona Inc., 7880 Bradshaw Road, Sacramento, CA 95829 is doing business under the Fictitious Business Name(s) "Arthur Murray Sacramento Dance Centers" 7880 Bradshaw Road, Sacramento, CA 95829. Filed with the Clerk of Sacramento County July 18, 2023  
Publish: August 4, 11, 18, 25, 2023  
ARTHUR 8-25-23

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2023-05580  
Bader Darwish, 6637 Flaming Arrow Drive, Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "Major Locksmith" 6637 Flaming Arrow Drive, Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County July 26, 2023  
Publish: August 4, 11, 18, 25, 2023  
MAJOR 8-25-23

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2023-04462  
Vladimir Kilyushik and Alena Kilyushik, 8309 Pinefield Drive, Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "VAK Siding and Decking" 8309 Pinefield Drive, Antelope, CA 95843. Filed with the Clerk of Sacramento County June 9, 2023  
Publish: August 4, 11, 18, 25, 2023  
VAK 8-25-23

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2023-04909  
Enayah Muhajir, 12029 Roquefort Way, Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name(s) "New Bourne Realty Group/New Bourne Realty" 12029 Roquefort Way, Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County July 27, 2023  
Publish: August 4, 11, 18, 25, 2023  
ENAYAH 8-25-23

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2023-05373  
PRIMEbusiness Construction Consulting LLC, 2518 Denison Drive, Davis, CA 95618 is doing business under the Fictitious Business Name(s) "PRIMEdesign" 455 University Avenue Suite 370, Sacramento, CA 95825. Filed with the Clerk of Sacramento County July 18, 2023  
Publish: August 4, 11, 18, 25, 2023  
PRIMEDESIGN 8-25-23

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2023-05358  
Haramain Inc., 646 El Camino Avenue, Sacramento, CA 95815 is doing business under the Fictitious Business Name(s) "Ideal Market/Ideal Halal Market" 646 El Camino Avenue, Sacramento, CA 95815. Filed with the Clerk of Sacramento County July 17, 2023  
Publish: August 4, 11, 18, 25, 2023  
IDEAL 8-25-23

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2023-05563  
Permanent Investment Network LLC., 4921 Bowman Oaks Way, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Permanent Investment Network LLC/Global Field Inspection Services, LLC" 4921 Bowman Oaks Way, Carmichael, CA 95608. Filed with the Clerk of Sacramento

County July 26, 2023  
Publish: August 4, 11, 18, 25, 2023  
PERMANENT 8-25-23

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2023-05622  
Stroy Inc., 6133 W 4<sup>th</sup> Street, Rio Linda, CA 95673 is doing business under the Fictitious Business Name(s) "Binrenter.com" 6133 W 4<sup>th</sup> Street, Rio Linda, CA 95673. Filed with the Clerk of Sacramento County July 28, 2023  
Publish: August 11, 18, 25, Sept 1, 2023  
BINRENTER 9-1-23

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2023-05272  
Alexander Alvarado, 14916 ¼ Ingewood Avenue, Lawndale, CA, 90260 is doing business under the Fictitious Business Name(s) "Bow's Chow Kitchen" 2108 N Street Suite #8492 Sacramento, CA 95816. Filed with the Clerk of Sacramento County July 13, 2023  
Publish: August 11, 18, 25, Sept 1, 2023  
BOWS 9-1-23

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2023-05320  
GAWFCO Enterprises, Inc., 3669 Mount Diablo Boulevard, Lafayette, CA 94549 is doing business under the Fictitious Business Name(s) "65<sup>th</sup> St Union 76" 2893 65<sup>th</sup> Street, Sacramento, CA 95817. Filed with the Clerk of Sacramento County July 14, 2023  
Publish: August 11, 18, 25, Sept 1, 2023  
GAWFCO 9-1-23

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2023-05620  
Sun City Towing and Auto Care, 3408 Hunter Lane, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Sun City Towing" 3408 Hunter Lane, Carmichael, CA 95608. Filed with the Clerk of Sacramento County July 28, 2023  
Publish: August 11, 18, 25, Sept 1, 2023  
SUN 9-1-23

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2023-05646  
Barry Magee, 3529 Scorpio Drive, Sacramento, CA 95827 is doing business under the Fictitious Business Name(s) "Chirpy Magee the Trivia Bird" 3529 Scorpio Drive, Sacramento, CA 95827. Filed with the Clerk of Sacramento County July 28, 2023  
Publish: August 11, 18, 25, Sept 1, 2023  
CHIRPY 9-1-23

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2023-05693  
Emman Tos, 1401 21<sup>st</sup> Street Suite R, Sacramento, CA 95811 is doing business under the Fictitious Business Name(s) "PIE NICE" 1401 21<sup>st</sup> Street Suite R, Sacramento, CA 95811. Filed with the Clerk of Sacramento County August 1, 2023  
Publish: August 11, 18, 25, Sept 1, 2023  
PIE 9-1-23

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2023-05644  
NORCAL BSBA, Inc., 3626 Fair Oaks Boulevard Suite #100, Sacramento, CA 95864 is doing business under the Fictitious Business Name(s) "Transworld Business Advisors Sacramento" 3626 Fari Oaks Boulevard Suite #100, Sacramento, CA 95864. Filed with the Clerk of Sacramento County July 28, 2023  
Publish: August 11, 18, 25, Sept 1, 2023  
NORCAL 9-1-23

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2023-05694  
Kainat F Shaikh and Sujauddin S Sayeed, 42 Allard Court, Sacramento, CA 95835 is doing business under the Fictitious Business Name(s) "Fiat Lux Accounting" 42 Allard Court, Sacramento, CA 95835. Filed with the Clerk of Sacramento County August 1, 2023  
Publish: August 11, 18, 25, Sept 1, 2023  
FIAT 9-1-23

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2023-05746  
Blessed Ones LLC, 15 Benoit Court, Sacramento, CA 95823 is doing business under the Fictitious Business Name(s) "Cienna Home Care II" 3866 Sea Forest Way, Sacramento, CA 95823. Filed with the Clerk of Sacramento County August 3, 2023  
Publish: August 11, 18, 25, Sept 1, 2023  
BLESSSED 9-1-23

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2023-05689  
Monik LLC, 7893 Walerga Road Suite 102, Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "Maza Halal Food" 7893 Walerga Road Suite 102, Antelope, CA 95843. Filed with the Clerk of Sacramento County August 1, 2023  
Publish: August 11, 18, 25, Sept 1, 2023  
MAZA 9-1-23

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2023-05527  
Maria Colamartino, 8133 Pollard Ave, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "MJ Wholesale" 8133 Pollard Ave, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County July 24, 2023  
Publish: August 11, 18, 25, Sept 1, 2023  
MJ 9-1-23

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2023-05729  
Jesus Rios Courier LLC, 6837 Fair Oaks Boulevard #6, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Process Server of California/CA Process Server" 6837 Fair Oaks Boulevard #7, Carmichael, CA 95608. Filed with the Clerk of Sacramento County August 2, 2023  
Publish: August 11, 18, 25, Sept 1, 2023  
PROCESS 9-1-23

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2023-05750  
Jose Ramon Rodriguez, 5600 Rosario Boulevard, North Highlands, CA 95660 is doing business under the Fictitious Business Name(s) "Jrods Tow and Transport" 5600 Rosario Boulevard, North Highlands, CA 95660. Filed with the Clerk of Sacramento County August 3, 2023  
Publish: August 11, 18, 25, Sept 1, 2023  
JRODS 9-1-23

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2023-05742  
S. Justice Enterprises, Inc., 3916 Hovnanian Drive, Sacramento, CA 95834 is doing business under the Fictitious Business Name(s) "Scarlett Justice Properties" 3916 Hovnanian Drive, Sacramento, CA 95834. Filed with the Clerk of Sacramento County August 3, 2023  
Publish: August 11, 18, 25, Sept 1, 2023  
SCARLETT 9-1-23

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2023-05744  
Eat Cake LLC, 8139 Sunset Avenue #160, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "Eat Cake!" 8367 Hidden Valley Circle, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County August 3, 2023  
Publish: August 11, 18, 25, Sept 1, 2023  
CAKE 9-1-23

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2023-05372  
Reuben Nazareno, 2880 Sunrise Boulevard #110, Rancho Cordova, CA 95742 and Matthew Cabrera, 9153 Elk Grove Boulevard, Elk Grove, CA 95624 are doing business under the Fictitious Business Name(s) "Real Estate America Rancho Cordova/Real Estate America Elk Grove/Real Estate America Team". 2880 Sunrise Boulevard #10, Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County July 18, 2023  
Publish: August 18, 25, Sept 1, 8, 2023  
REAL 9-8-23

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2023-05541  
YC ENT, 1009 10<sup>th</sup> Street. Sacramento, CA 95814 is doing business under the Fictitious Business Name(s) "Chelsea" 1009 10<sup>th</sup> Street. Sacramento, CA 95814. Filed with the Clerk of Sacramento County July 25, 2023  
Publish: August 18, 25, Sept 1, 8, 2023  
CHELSEA 9-8-23

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2023-05853  
Ilighten LLC, 8177 Dunisch Road, Elk Grove, CA 95758 is doing business under the Fictitious Business Name(s) "Kuneho" 8177 Dunisch Road, Elk Grove, CA 95758. Filed with the Clerk of Sacramento County August 7, 2023  
Publish: August 18, 25, Sept 1, 8, 2023  
KUNEHO 9-8-23

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2023-05423  
Norma Laura Ramirez Miranda, 1901 E Constantine Avenue, Las Vegas, NV 89101 is doing business under the Fictitious Business Name(s) "All Good Things". 2900 Stewart Avenue, Las Vegas, NV 89101. Filed with the Clerk of Sacramento County July 20, 2023  
Publish: August 18, 25, Sept 1, 8, 2023  
ALL 9-8-23

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2023-05651  
Aim High RE Inc, 4080 Truxel Road #100, Sacramento, CA 95834 is doing business under the Fictitious Business Name(s) "Aim High Coaching/AimHigh Coaching". 4080 Truxel Road #100, Sacramento, CA 95834. Filed with the Clerk of Sacramento County July 28, 2023  
Publish: August 18, 25, Sept 1, 8, 2023  
AIM 9-8-23

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2023-05759  
Go 4 Pizza Inc., 7195 Murieta Drive #218, Rancho Murieta, CA 95683 is doing business under the Fictitious Business Name(s) "Go 4 Pizza" 7195 Murieta Drive #218, Rancho Murieta, CA 95683. Filed with the Clerk of Sacramento County August 3, 2023  
Publish: August 18, 25, Sept 1, 8, 2023  
PIZZA 9-8-23

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2023-05410  
Yevheniy Shestakov, 5584 White Fir Way, Sacramento, CA 95841 is doing business under the Fictitious Business Name(s) "CARGOEXPERT". 5584 White Fir Way, Sacramento, CA 95841. Filed with the Clerk of Sacramento County July 19, 2023  
Publish: August 18, 25, Sept 1, 8, 2023  
CARGOEXPERT 9-8-23

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2023-05781  
Vehicle Accident Reporting Solutions, 3442 Whitnor Court, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Vehicle Accident Repairing Solutions/V.A.R.S". 3442 Whitnor Court, Sacramento, CA 95821. Filed with the Clerk of Sacramento County August 4, 2023  
Publish: August 18, 25, Sept 1, 8, 2023  
VEHICLE 9-8-23

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2023-05672  
Dmitriy Ozeruga, 7047 Cross Drive, Citrus Heights, CA 95610 are doing business under the Fictitious Business Name(s) "Principal Accounting & Bookkeeping". 7047 Cross Drive, Citrus Heights, CA 95610. Filed

with the Clerk of Sacramento County July 31, 2023  
Publish: August 18, 25, Sept 1, 8, 2023  
PRINCIPAL 9-8-23

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2023-05754  
Nancy Fox and Matthew Fox, 9692 Kent Street, Elk Grove, CA 95624 are doing business under the Fictitious Business Name(s) "Coppertech". 2376 Gold Meadow Way, Gold River, CA 95670. Filed with the Clerk of Sacramento County August 3, 2023  
Publish: August 18, 25, Sept 1, 8, 2023  
COPPERTECH 9-8-23

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2023-05921  
Golden State Price Inc., 5825 Auburn Boulevard Suite 3, Sacramento, CA 95841 is doing business under the Fictitious Business Name(s) Sacramento Furniture Store". 5825 Auburn Boulevard Suite 3, Sacramento, CA 95841. Filed with the Clerk of Sacramento County August 9, 2023  
Publish: August 18, 25, Sept 1, 8, 2023  
SACRAMENTO 9-8-23

ORDER TO SHOW CAUSE CHANGE OF NAME

SUPERIOR COURT OF CALIFORNIA  
COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE CHANGE OF NAME  
#23CV004466

Netzanil Carolina Ortega has filed a petition with this court for a decree changing the name(s) of Netzanil Carolina Ortega to Carolina Winn.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on October 11, 2023, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
Dated: June 20, 2023  
Richard K. Sueyoshi, Judge of the Superior Court  
Publish: July 28, August 4, 11, 18, 2023  
ORTEGA 8-18-23

SUPERIOR COURT OF CALIFORNIA  
COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE CHANGE OF NAME  
#23CV004110

Bei Wu has filed a petition with this court for a decree changing the name(s) of Bei Wu to Amelia Lee.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on September 19, 2023, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
Dated: July 5, 2023  
Christopher E. Krueger, Judge of the Superior Court  
Publish: August 4, 11, 1

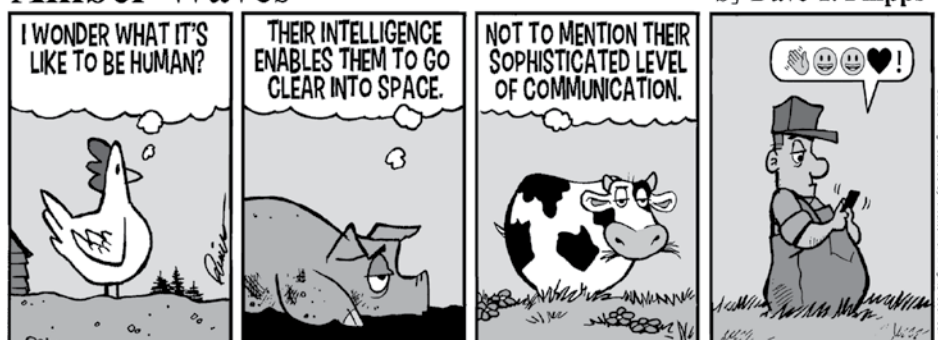


## The Spats

by Jeff Pickering



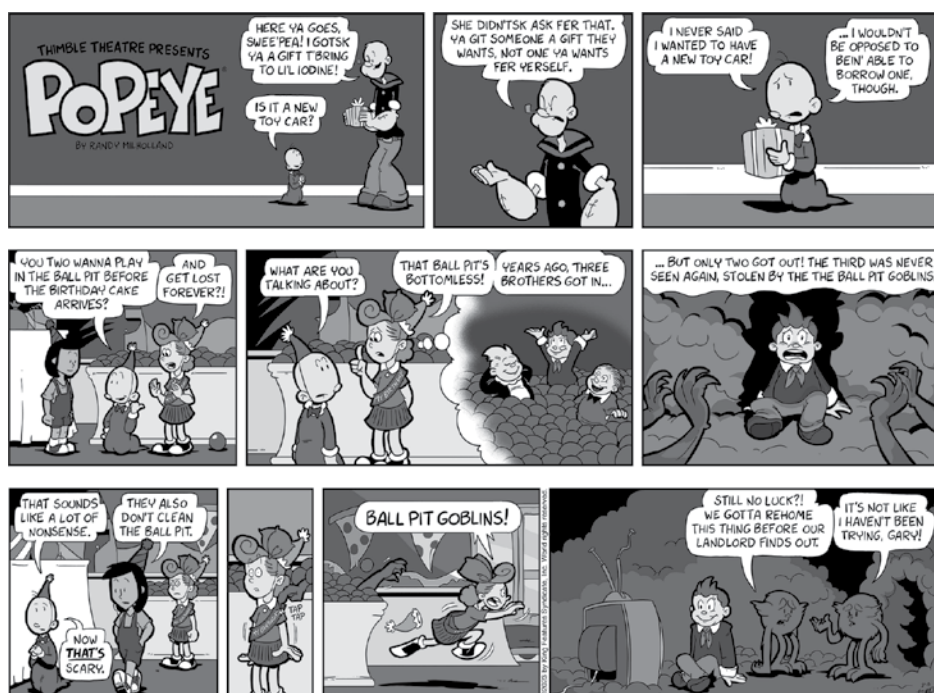
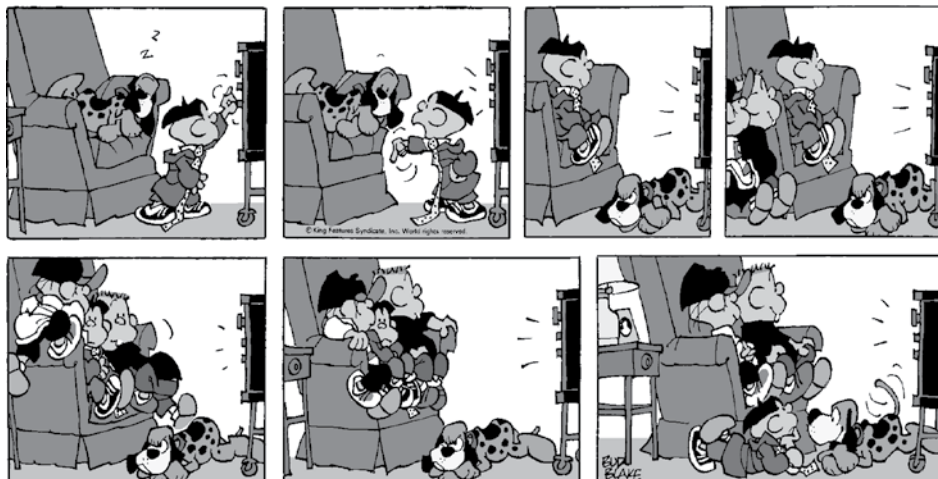
## by Dave T. Phipps



## by Gary Kopervas



by BUD BLAKE



BY  
HENRY ROLITNOFF

Find at least six differences in details between panels.



## Just Like Cats &amp; Dogs by Dave T. Phipps

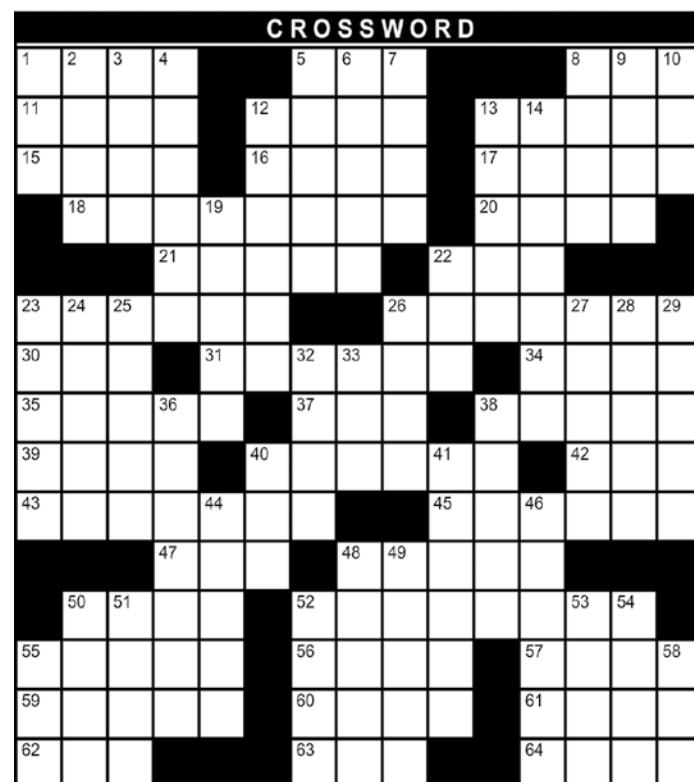


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## CLUES

ACROSS

1. \*Medical school entry requirement, acr.
5. \*Atlas image
8. Hula dancer's necklace
11. German money
12. Ready for picking
13. Nerd
15. Like many Brothers Grimm stories
16. Month of Purim
17. \*Some exams
18. \*Laptop and books container
20. Fasten a fly
21. Licorice-like herb
22. \*Teacher's favorite
23. Like hot lava
26. Cassava, pl.
30. Chapter in history
31. Deadly
34. DEA agent
35. Second person singular past of "do," archaic
37. Greet, to a dog
38. Be in harmony
39. Inwardly
40. Opposite of pluralism
42. Even, to a poet
43. \*Academic planners
45. \*High predecessor
47. Passé
48. Barnyard honker
50. Rooftop contraption
52. \*Meal container
55. Emerald or aquamarine, chemically speaking
56. Trans-Siberian Railroad city
57. Venus de Milo's are missing
59. \*Plural of #51 Down
60. Comments from prompt box
61. Do like Ella Fitzgerald
62. \*PE in school
63. Make a choice
64. Piece of cake



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## DOWN

1. Actress Ryan
2. Larry David's "\_\_\_\_ Your Enthusiasm"
3. Bizet's "Habanera," e.g.
4. Tabby's mate
5. King with a golden touch
6. Rapidly
7. \_\_\_\_\_ up, to become more cheerful
8. Spring
9. Morays
10. Abdominal pain cause, acr.
11. Plunder
12. Dirty one
14. \*One of 3 Rs in grade school
19. Genuflected
22. Letter-writing friend
23. \*M in LMC, educationally speaking
24. Circular gasket
25. Big Dipper's visible shape
26. Biblical gift-givers
27. Propelled a boat
28. Angler's basket
29. Part of an act
32. Rare bills
33. Chewbacca's sidekick
36. \*Word in thesaurus, e.g.
38. Mennonite's cousin
40. \*Gym class room
41. \*Art class cover ups
44. Old fashioned costumes at dawn
46. Lower value, as in currency
48. Plug a pipe, e.g. (2 words)
49. Beginning of ailment
50. Exceedingly
51. Bob of boxing world
52. Bonkers
53. Sham, e.g.
54. Dec. holiday
55. Capture
58. Porky's or Petunia's home

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7	8	2	3	1	6	9	4	5
9	1	4	5	7	8	6	2	3
2	4	1	7	9	3	8	5	6
8	7	3	6	5	4	2	9	1
6	5	9	2	8	1	7	3	4
1	2	5	4	6	7	3	8	9
3	9	8	1	2	5	4	6	7
4	6	7	8	3	9	5	1	2

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# A Man and a Bear

*Celebrating the Birthdays of Two Legends*

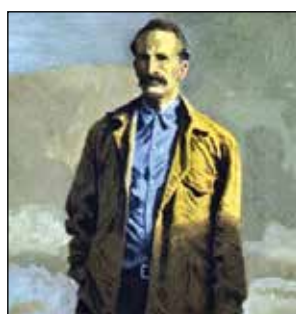
By Robert Hudson Westover,  
US Forest Service News

**WASHINGTON, DC (MPG)** - August is a uniquely special month for the U.S. Department of Agriculture's Forest Service. This is because two very important birthdays are celebrated. The first, on Aug. 9, is Smokey Bear's birthday, and the second, only two days later, August 11, is Gifford Pinchot's birthday. They would be 79 and 159, respectively, this year. Although Smokey needs no introduction either inside or outside the wildland conservation world, Pinchot does.

This seems unfair, of course, I mean Pinchot was, as far back as 1905, the founder and first chief of the Forest Service and an early pioneer of the wildland's conservation movement in America. But, as they say in entertainment, you never want to share a stage with a baby or a cute animal, or something to that effect.

You get the picture.

But even though Pinchot's legacy may not be known to many of us, it doesn't take away from the fact that all who have ever swam in, hiked in, camped in, or otherwise just had fun



**Gifford Pinchot, the founder and first chief of the USDA Forest Service. His 159th birthday is Aug. 11, 2023.** Graphic courtesy of the Pinchot Institute.

in a national forest or grasslands pays unwitting thanks and appreciation to Gifford Pinchot—so much so that the Forest Service has a national forest named in his honor.

So, without this man, the public lands we all own, share, and (try) to visit simply would not exist. Certainly, not in the size and continental sweep of our public lands that exist in every state today. In fact, just Forest Service managed lands alone account for a land area bigger than the state of Texas!

The beauty of what Pinchot, and other early preservation and conservationists, gave to us is seen in the structure of our massive national landholdings managed by the Bureau of Land Management, the Forest Service and the



**Smokey Bear celebrated his 79th birthday on Aug. 9, 2023.** Forest Service graphic by artist Rudy Wendelin

National Park Service. In fact, our nation's federal land management structure has been greatly replicated throughout the world!

It was this integrated land management framework that allowed the other legend, Smokey Bear, to be quickly employed across the country to remind us that "Only You Can Prevent Wildfires". With well over 80% of all wildfires being started by people either by accident or intent, Smokey's message is as strong as it was 79 years ago.

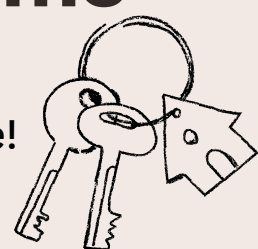
Thanks in large part to these towering legends, we have more than 600 million acres of federal public lands accessible to us all and the wisdom, if we are willing to listen, on how to protect them for human-caused fire for generations to come. ★



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