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AUGUST 11, 2023

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# The Place to Volunteer



Community members are invited to learn more about exciting volunteer opportunities at the California Capital Airshow.

By MPG Staff

SACRAMENTO COUNTY, CA (MPG) - California Capital Airshow (CCA), presented by Sacramento County in partnership with the City of Rancho Cordova, is seeking interested community members who would like to bring the annual Airshow to life September 23-24, 2023.

More than 1,000 community members make up the corps of volunteers each year, who assist in creating an unforgettable experience for event attendees and exhibitors. Volunteers will be fed and provided with water throughout the day, in addition to receiving a commemorative 'Airshow Crew' t-shirt, the chance to make some new friends and the CCA's deepest gratitude for supporting this nonprofit

The annual Volunteer Rally for 2023 was held at the Rancho Cordova City



Airshow volunteers play a vital role in supporting CCA's mission to inspire young people using the power and magic of flight.

Hall on Wednesday, July inspire young people using 19. The rally, which served as the official kick-off to volunteer planning and coordination for the Airshow, provided interested community members with the opportunity to learn more about the event, but the CCA is still in need of many more volunteers to fill their ranks for the weekend show.

"Airshow volunteers play a vital role in supporting CCA's mission to the power and magic of flight," says Darcy Brewer, Executive Director of California Capital Airshow. "They build a great deal of community around this, all while experiencing the behind-the-scenes excitement of producing a massive event."

Volunteers are brought together by their passion for aviation, community and friendship. The Airshow is

looking for adults, age 18 and older, to volunteer their time on Saturday, September 23 and Sunday, September

Those interested are encouraged to complete volunteer registration at californiacapitalairshow.com/ become-a-volunteer/.

Established in 2004, the California Capital Airshow 501(c)3 plans and operates the exciting, family-friendly annual event designed to honor the Sacramento region's rich aviation heritage and veterans while using the power and magic of flight to inspire young people. CCA gives back to the community through scholarships, charitable group donations and exciting educational youth programming throughout the year. For more information about the airshow, performers, and discount tickets, please visit www.californiacapitalairshow.com.

### **Senior Dogs** at Sacramento **SPCA Fetch** Grant

Send2Press Newswire Release

SACRAMENTO REGION, CA (MPG) - Old dogs have something to wag about this summer, as The Grey Muzzle Organization announces the recipients of its annual grants, and dogs at the Sacramento SPCA are among the winners. The Sacramento SPCA is one of 90 animal welfare groups chosen from 370 applicants to receive a grant to help local senior dogs. The winning groups received \$848,000 in grants to help save or improve the lives of at-risk old dogs in their communities.

"This grant will help us give senior dogs like 13-year-old Roxie the veterinary care they need to live happy and healthy lives with loving families," said Dawn Foster, Sacramento SPCA Director of Marketing & Communications. "No one is more grateful or loving than an old dog, and we're looking forward to helping more senior dogs get the second chance they all deserve."

Over the past 15 years, the national nonprofit Grey Muzzle Organization has provided more than \$4.6 million in grants to support its vision of "a world where no old dog dies alone and afraid."

"Thanks to the generosity of our donors, we're delighted to help deserving organizations like the Sacramento SPCA make a difference in the lives of dogs and people in their communities," Grey Muzzle's Executive Director Lisa Lunghofer said. "Many senior dogs in the Sacramento region are enjoying their golden years in loving homes thanks to the wonderful work of the Sacramento SPCA."

As the only full-service 100% nonprofit animal shelter in the Sacramento region, the Sacramento SPCA relies on donations from individuals, businesses, and foundations to support their lifesaving work. They are local, independent, and not affiliated with any other SPCA or humane society, including the ASPCA. All funds stay right here in the Sacramento region helping animals - and the people who love them in our own communities.

For more information about the Sacramento SPCA visit https://www. sspca.org/.

Learn more about The Grey Muzzle Organization here: https:// www.greymuzzle.org/. ★

# Vet Clinic on Wheels Will Help **Unhoused Pets**

Sacramento County News Release

SACRAMENTO COUNTY, CA (MPG) - Bradshaw Animal Shelter will pioneer a mobile pet clinic this fall to address the healthcare needs of pets belonging to unhoused individuals in Sacramento County. This initiative, named PAWS (Pet Aid and Wellness Services), will be the first of its kind in the region. Offering vital veterinary care on the go, the clinic's foremost focus will be on spaying and neutering as many pets as possible. Additionally, PAWS will be equipped to provide vaccinations as well as medical care and diagnostic services for ill and injured pets.

"By bringing essential veterinary services directly

to unhoused pet owners and making spaying and neutering surgeries accessible, we hope to make a positive impact on both the pets and the individuals who love them," said Annette Bedsworth, Director of Bradshaw Animal Shelter.

The mobile clinic will operate at least three days a week, traveling to different locations throughout Sacramento County, strategically identifying and adapting its schedule to serve areas where these services are most urgently required.

In addition to the clinic removing the barrier of transportation, PAWS will also remove the financial barrier of essential veterinary care. All services will be sponsored by Sacramento County

with funds provided by the federal American Rescue Plan Act.

Dr. Cynthia Metcalf, who joined Sacramento County as a veterinarian last month, will be dedicated to the mobile pet clinic full-time. This work resonates deeply with Dr. Metcalf, who understands firsthand the importance of the bond between pets and their human companions, especially during challenging times. She shared that her tremendous passion for PAWS stems from her father, a Vietnam veteran who became unhoused and was diagnosed with schizophrenia. In addition to her love for animals, Dr. Metcalf is

and how their bond helped him, so this program really resonates with me." PAWS represents a significant milestone in ensuring that the region's most vulnerable pets are able to receive medical care, and will help reduce unwanted litters, pet overpopulation, and preventable diseases in the County.

The operating schedule of PAWS will be posted on Bradshaw Animal Shelter's website once it launches. For more shelter updates, please follow the shelter on Facebook and Instagram.

"This is very personal

for me," Dr. Metcalf said.

"I know what it's like to

have a family member

who has been unhoused,

and I know how important

our family dog was to him

heRioLindaNews.com

compassionate about the

complex reasons that can

lead to people experienc-

ing homelessness.

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### FBI Announces Results of Local Operation **Tied to Nationwide Sex Trafficking**

FBI Press Release

SACRAMENTO, CA (MPG) - The Federal Bureau of Investigation (FBI) Sacramento Field Office, working with its state and local partners, identified, and located two victims of sex trafficking during a nationwide enforcement campaign, called "Operation Cross Country." The FBI-led nationwide initiative, in partnership with the National Center

for Missing and Exploited Children (NCMEC), focused on identifying and locating victims of sex trafficking and investigating and arresting individuals and criminal enterprises involved in both child sex and human trafficking. Law enforcement agencies conducted targeted operations to identify and apprehend offenders, dismantling criminal networks and preventing further harm to victims. Those suspects identified will be subject to additional investigation for potential charges.

In the greater Sacramento area, FBI agents worked collaboratively with law enforcement partners from Sacramento Police Department, Sacramento County Sheriff's Office, California Department of Justice, Sacramento County District Attorney's Office, Yolo County District Attorney's Office during the two-week operation. Two adolescent victims and more than a dozen adults who are possible victims of human trafficking were

identified during the operation were provided access to services coordinated by operational part-

ner Community Against Sexual Harm (CASH). Five individuals were also arrested for charges related to commercial sexual exploitation.

"The FBI's primary focus is ensuring every possible victim of commercial sexual exploitation

has the opportunity to connect with service providers and move beyond the cycle of exploitation and violence," said Special Agent in Charge Sean Ragan of the FBI Sacramento Field Office. "We are grateful for the support of our law enforcement partners to provide the victims of human trafficking with the dignity they deserve and ensure their exploiters

The FBI remains steadfast in its commitment to combatting child exploitation and human trafficking. Operation Cross Country is just one facet of the Bureau's ongoing efforts to protect the most vulnerable members of society and hold offenders accountable. The FBI encourages continued vigilance, cooperation, and reporting from the public to help identify and recover victims and bring perpetrators to justice.

## **How Misguided Drug Pricing Policies Worsen Drug Shortages**

By Dan Leonard

More than 300 medicines are in short supply across the United States.

It's no great mystery why doctors and patients face an unprecedented dearth of essential medicines, especially generics. Today's shortages were created by a faulty drug marketplace and have been exacerbated by ill-considered government policies.

Shortages tend to arise when there are few suppliers in a marketplace. Consider that, if a given product is made by multiple producers in different locations, each with its own processes and inputs, then a single event, such as a hurricane or earthquake, probably won't shut them all down.

Ironically, a root cause of the current crisis is a "shortage" of drug buyers, rather than suppliers. Just three drug purchasing intermediaries known as pharmacy benefit managers (PBMs) control 80% of drug transactions, extracting enormous discounts and rebates from manufacturers. This near monopoly has distorted the generic drug market considerably.

Then there's the increasingly unworkable margins generic drugmakers face.

Together, PBMs and unrealistically tight margins are putting maximum pressure on manufacturers of generic drugs,

which make up over 90% of all prescriptions filled in the United States. Unfortunately, lawmakers have done little to address PBMs, and have adopted strict drug price controls that could make it even harder for generic drugmakers to operate.

Through mergers with one another and other companies, PBMs have amassed enormous power. For example, CVS Health Corporation owns not just a chain of drugstores but also Aetna, an insurer, and Caremark, one of the biggest PBMs, as well as Red Oak Sourcing, one of the big three wholesale distributors of generic medicines.

A system with just a few buyers picking their suppliers purely based on cost with little to no consideration of supply chain strength, manufacturing redundancies, or multi source contracts quickly becomes a race to the bottom, driving many competing suppliers away.

A manufacturer can only lose money on a product for so long before they abandon that product altogether. That can leave just a single producer of many generic drugs, with no competitors to fill the gap in the event of interruptions.

Lawmakers have made matters worse by adopting strict price controls, like those included in last year's partisan Inflation Reduction Act. Some progressive members now want to expand the IRA's policies before they've even taken effect.

Even worse, as price controls for branded medicines take hold, some generic manufacturers could decide to leave particular therapeutic areas. Fewer suppliers would mean more single-source drugs. Patients could face new shortages, including for brand-name drugs as a

The first price controls will be set starting this year and take effect in 2026. But critical market entry decisions will be made well before that. Generic drugmakers are already watching their future markets dry up.

Patients are in trouble, faced with rationing doses, substituting medicines, or simply waiting for the treatments they need. Tragically, between the nefarious behavior of middlemen and the price controls coming down the pike, this crisis will get worse before it gets better.

Dan Leonard is the former president and CEO of the Association for Accessible Medicines, former president and CEO of the National Pharmaceutical Council, and former executive vice president of public affairs for America's Health Insurance Plans.

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# County Recognizes Resource Families at Appreciation Picnic



Sacramento County staff show their support and gratitude to dozens of resource families at a picnic held at William Land Park on Saturday, July 22, 2023. Photo courtesy of Sacramento County

#### Sacramento County News Release

#### SACRAMENTO COUNTY, CA (MPG) -

Sacramento County's Department of Child, Family, and Adult Services (DCFAS) hosted its first post-pandemic Resource Family Appreciation Picnic. The last time the event was held was in 2019. On Saturday, July 22, staff took time out of their weekend to show their support and gratitude to dozens of resource families at the picnic. Over 70 staff members volunteered at the event, which took place at William Land Park.

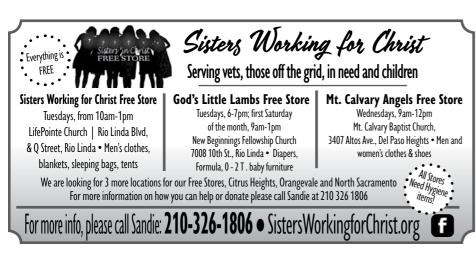
There were kids' activities, games, and raffles during the picnic. DCFAS provided meal and dessert tickets for food trucks and families were given tickets to the Sacramento Zoo, Funderland, and Fairytale Town. Several community partners also attended the event and provided information and educational materials to families.

Resource Families, also known as foster families, provide loving homes to children who are unable to be safely maintained with their parents. While reunification is always the primary goal, many resource families also provide legal permanency for children when reunification

cannot be achieved. Sacramento County recognizes the tremendous contributions of resource families and all the ways they make a difference for the children and families in our communities.

"The impact our Resource Families make on the lives of the children and youth we serve is immeasurable. They are both a safety net and a bridge for healing and are often our greatest facilitators of change. We appreciate our partnership with our Resource Families on behalf of all efforts being made for the kids and families we serve," says Sacramento County's Deputy Director of Child Protective Services Melissa Lloyd.

The picnic celebrated current resource families, however, DCFAS also wants to take this opportunity to acknowledge the need for more families to provide this critical service. While there are many homes in the community prepared to care for very young children, the areas of most need are for our adolescent and teen populations, as well as for sibling sets and children with medical needs. The Sacramento County Resource Family Approval (RFA) program offers training, support, and guidance to resource families. Learn more on our Resource Family Website.





# **Teaming Up For Students**



Founder and chief executive of the Culinary Staples Foundation (CSF) Chef Dan Catanio (in red chef's shirt) proudly awards MealPro participating students Kobe (left), Isaac (back), and Stephen (right) with their certificates as the first graduates of a new culinary arts training program offered at MealPro in Citrus Heights. Photo courtesy of MealPro

#### By Thomas J. Sullivan

CITRUS HEIGHTS, CA (MPG) - A nonprofit, PRIDE Industries and MealPro in Citrus Heights have teamed up to help provide disabled youth an opportunity to gain valuable culinary job skills they will need to enter a commercial kitchen, and quickly get to work.

The first three students completed their training last week and more are expected to enroll soon, said MealPro chief executive Officer and Chef San Catanio, founder and chief executive of the Culinary Staples Foundation (CSF) who taught the course at MealPro's Citrus Heights headquarters at 7749 Greenback Lane.

"We're especially proud of our first three course participants who have received their completion certificates," said Catanio.

The three students, Kobe, Isaac and Stephen, identified by first names, who recently completed the culinary staples training program that was taught by Catanio, received a thorough introduction to kitchen safety and the professional prep cooking skills needed to work in a fast-paced, modern commercial kitchen environment. The trio also earned their food handling certificates.

"Our goal is to help prepare our students with the confidence they'll need for entry-level restaurant positions in the local Sacramento region and to encourage their success," Catanio said.

PRIDE Industries and another non-profit, On My Own Community Services, had made past presentations to the Citrus Heights Chamber of Commerce about their missions to help disabled workers obtain training and find meaningful work resonated with him, said MealPro founder and chief executive officer Andy Sartori.

"MealPro eagerly signed up to become an employer partner with PRIDE Industries, and we've since provided some internships to their participants," Sartori said.

"That's about when Chef Dan Catanio and I decided to create a specific program at MealPro to teach participants the basics of working in a commercial culinary environment," he said.

MealPro itself has doubled the size of its Citrus Heights operations, as Sartori bought the building which houses its corporate headquarters and its commercial kitchens.

Catanio is a well-known executive chef in the Sacramento region.

His non-profit Culinary Staples Foundation (CSF) is headquartered at MealPro in Citrus Heights. Catanio, also a past executive producer of the "Culinary Magic Cooking Show", has produced over 100, 30-minute cooking shows for a local community access cable channel.

In time, Catanio hopes to offer to the public a regular schedule of cooking classes in MealPro's Greenback Lane commercial kitchens.

"We've now opened this culinary arts training program to the community at no cost," Sartori said.

The recent two-week culinary training program for disabled youth in Sacramento and Placer counties was taught at MealPro's corporate headquarters in Citrus Heights, Sartori said.

While MealPro provides on-site culinary training, the staff at PRIDE Industries in Citrus Heights will help provide job placement opportunities to the three recent program graduates.

The three students, Kobe, Isaac and Stephen, took courses in the fundamentals of food safety, kitchen equipment and customer service as well as receiving hands-on experience.

For information about the ongoing culinary arts training program at MealPro visit: www.mealpro.net/careers/culinary-trainee/ or www.culinarystaples.com/

Participants must either be currently enrolled in PRIDE Industries, or if they wish to participate in the culinary arts training program without enrollment in PRIDE, must complete a required interview and drug screening.

Catanio said all participants should demonstrate a willingness to learn and a desire to seek employment in the culinary industry with an availability to attend in-person training from Monday through Thursday from 9 am to 1 p.m. at MealPro's culinary center at 7433 Greenback Lane in Citrus Heights.

MealPro is focused on creating a custom approach to nutrition, the kind that helps athletes perform, and busy professionals stay healthy," Sartori said. "We want to make custom nutrition affordable and accessible to everyone – everywhere. And we believe our best work can make a sustainable, positive impact in people's lives." Learn more about MealPro's menu offerings at: www:mealpro.com



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### I'm a Veteran. How Do I Get My Extra Social Security?



By Russell Gloor, AMAC Certified Social Security Advisor

Dear Rusty: As a military veteran, I was told that the final amount of my Social Security should be a little higher as a reward for military service. If so, I have two questions: 1. How much is the boost? 2. How can I know that amount has been

applied? Signed: Unsure **Dear Unsure:** We receive questions about this fairly often from our military veterans. I want to first thank you for your service to our country and then assure you that, as a military veteran myself, I have thoroughly investigated this subject - the so-called "Special Extra Credit for Military Service," which is widely misunderstood. Although someone suggested that your Social Security benefit "is supposed to be a little higher" because you are a military veteran, allow me to share how this somewhat obscure rule actually works.

Any extra money for military veterans does not come in the form of a special "boost" to their Social Security benefit because of their military service; instead, certain older veterans receive extra credit to their earnings for the years they served. Those extra earnings are applied only to those who served in specific years, as additional dollars added to their actual earnings record for their service-years. The amount added to the veteran's

true service-year earnings varies a bit depending on which years you served. For example, if you served between 1957 – 1977, your actual earnings for each service-year would be increased by \$300 for each full quarter you had active duty pay to a maximum of \$1200 additional earnings per service-year. The credit is computed a bit differently for those who served between 1978 - 2001, but the maximum annual earnings credit for those service years is the same - \$1,200. And, for clarity, those who served before 1957 get extra earnings credit under an entirely different formula, and those who served after 2001 receive no extra credits for their military service years.

So how might this affect

your Social Security benefit? Well, when your benefit is claimed, Social Security reviews your lifetime earnings record, inflates each actual annual amount to equal today's dollar equivalent, and selects the highest earning 35 years from your lifetime record to calculate your "Primary Insurance Amount" or "PIA" (your PIA is the amount you are entitled to at full retirement age). If your military service-years are among the 35 years used to compute your PIA when you claim, then the "Special Extra Credit for Military Service" will result in a somewhat higher PIA (a slightly higher monthly SS benefit). If the highest earning 35 years in your lifetime record do not include your military-service-years, then those extra credits added to your earnings for your military-service-years will have no effect on your Social Security benefit (because using those service-years would result in a lower benefit). How Social Security applies those

special extra credits to your service-year earnings also varies depending on when you served. Those who served before 1968 needed to show their DD-214 to get the extra credits, but those who served in between 1968 – 2001 were automatically given the extra credits based on their military service records.

So, if your military ser-

vice was between 1968 and

2001, your earnings during the years you served were automatically increased by SS to reflect your "special extra" earnings and - if those years are among the highest of the 35 years used to compute your SS benefit - you are now receiving the extra benefit amount you're entitled to from those credits. If you have at least 35 years over your lifetime where you earned more than your pay while serving in the military, your current benefit is more than it would be if your military service years were included. If you have questions about your earnings during your military service years, you may wish to obtain a copy of your lifetime earnings history from Social Security to review those amounts (easiest way to get your lifetime earnings history is via your personal "my Social Security" account at

www.ssa.gov/myaccount. This article is intended for information purposes only and does not represent legal or financial guidance. It presents the opinions and interpretations of the AMAC Foundation's staff, trained and accredited by the National Social Security Association (NSSA). N To submit a question, visit our website (amacfoundation. org/programs/social-security-advisory) or email us at ssadvisor@amacfounda-

### **Social Security Matters** Proposals In California Legislature Would **Encourage Government Secrecy**



By Dan Walters, CALMatters.org

Bill McEwen, a columnist for San Joaquin Valley news site GV Wire, posed several of what he considered to be routine factual questions to the state Department of Public Health last week about a mysterious laboratory discovered in the small town of Reedlev.

The laboratory, in an abandoned warehouse, contained mice, biological fluids and samples of dreaded diseases including HIV, malaria and COVID-19. Federal and state investigators are delving into the situation, which surfaced when a city building code inspector noticed a hose warehouse.

McEwen wanted to know how the department oversees laboratories, how often they are inspected and how illegal labs get discovered. But he got nowhere. Department even the most basic operational questions and told McEwen to search their website to find answers.

"Administration of @ GavinNewsom has zero commitment to transparency," McEwen tweeted in frustration.

It was an example of what reporters and others have increasingly experienced in recent years as they attempt to decipher what politicians and bureaucrats are doing.

It's not hyperbole to say that Act, which governs local gova wall of secrecy has been erected around the state Capitol and the surrounding complex of buildings housing state agencies.

It was beginning to happen before COVID-19 struck the state in 2020 but it worsened during the pandemic as Gov. Gavin Newsom wielded emergency powers that suspended many of the "sunshine laws" governing open meetings, open records and other forms of access.

Newsom and other officials became used to operating out of public view and even after the pandemic eased, they continued the same practices.

The post-pandemic syndrome manifests itself not only in politicians and other officials seeking to avoid the give-and-take of direct questioning by reporters, as McEwen learned, but in the proliferation of meetings that are accessible only via internet.

California's First Amendment Coalition, which snaking out of a wall in the attempts to preserve access to governmental records and meetings, may be fighting an uphill battle as the Legislature moves several measures that would reinforce closed door government, to wit:

•Senate Bill 544, which officials refused to answer passed the Senate on a 26-3 vote and now pending in the Assembly, would amend the state Bagley-Keene Open Meeting Act, which governs state boards and commissions, by permanently allowing them to conduct meetings without in-person attendance, allowing only internet or telephonic access by the public.

> •Senate Bill 537, also pending in the Assembly after 32-8 Senate approval, would amend the Ralph M. Brown

ernments, to similarly allow "multi-jurisdictional, crosscounty local agencies with appointed members" to meet via teleconference "without posting agendas at each teleconference location, identifying each teleconference location in the notice and agenda, making each teleconference location accessible to the public, and requiring at least a quorum of the eligible legislative body to participate from within the local agency's jurisdiction..."

•Senate Bill 411, approved by the Senate on a 30-5 vote and also pending in the Assembly, would allow such teleconference meetings by "neighborhood councils" without in-person access and is specifically aimed at 99 such bodies in Los Angeles.

Ginny LaRoe, advocacy director of the First Amendment Coalition, captured the essence of these measures in her comment on SB 544: "SB 544 rewrites the Bagley-Keene Open Meetings Act to allow officials serving on any state body - think CPUC, POST, State Bar and many more - to never again show up in person to a physical meeting location. This is government by telephone."

The three bills have garnered a string of critical newspaper editorials - reflecting the fact that journalists are particularly affected by creeping official secrecy - but they nevertheless continue to advance.

In California, sunshine is giving way to darkness.

Dan Walters has been a journalist for more than 60 years, spending all but a few of those years working for California newspapers.

AFTER THE GAME

### Don't Wait, Know How to Evacuate

Sacramento County News Release

SACRAMENTO, CA (MPG) - Sacramento County's Office of Emergency Services has partnered with local cities to provide residents with evacuation zone maps online. Knowing your evacuation zone and evacuation route before an unexpected disaster occurs can help you and your family stav safe.

How to Prepare for an Emergency: Know Your Zone - Visit the interactive

map online and type in your home address. The map will generate your Zone Number.

& Emergency Go Kit Checklist – Visit the Evacuation Zone Map webpage and click on your Zone Number. Inform Family & Neighbors - Share the

Download Your Evacuation Zone Map

map and checklist with household members and neighbors, then plan your evacuation route and meeting point.

Prepare Your Emergency Go Bag - A checklist is provided with each map and your go bag should include essential items like food, water, chargers, a radio, a change of clothes, medications, and important documents for everyone in the household, including pets.

Sign Up for Emergency Alerts - Visit Sacramento-Alert.org to receive emergency texts, calls, and/or emails to your device.

Maps are accessible, downloadable, printable, and available in nine different languages. County residents will also receive a printed copy of their evacuation zone maps in the mail. Individuals with livestock can view livestock evacuation maps and routes online as well.

To learn how to prepare yourself and your family for an emergency like a wildfire or flood, visit SacramentoReady.org.

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### Firescaping Your Home

We have had a hot few weeks and just about everything has become like hay ready to burn. Let's face it, forests and homes have no protection against wild fires...except perhaps you. Dr. Adrienne Edwards, a plant botanist with Rachel Schleiger, a plant ecologist, came to together to help us with "Firescaping

Your home." They shared some tips on mv POPPOFF Radio Show.

1. FAMILY FIRST. Know that being prepared to evacuate saves your family and that is more important than your home and landscaping. Have "Go Bag" that includes your wildland fire action plan (house preparation, packing lists, evacuation plans, and contact numbers) so when an emergency arises you and your family

are ready to go. **2. STRUCTURES.** Assess your house and any other structures where you live for fire vulnerability. Then prioritize fireproofing on those structures with respect to degree of hazard, and costs for upgrades. They provide lots of tips in their book, but you can also consult with a professional or contractor with experience in how to make homes fire resistant

3. LANDSCAPES. Noncombustible Zone (0-5 Ft). No more "no more foundation plantings". During fire season (depending on conditions) nothing combustible should be within 5 feet of any structure. That includes wood fencing. Lean, Clean, and Green Zone (5-30 Fr), or more depending on slope. Research indicates that thinning fuels within 30 Ft of structures, and maintaining a noncombustible zone next to structures, are far more important than anything you might do beyond the Lean, Clean and Green

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Zones. Plants should be kept healthy and clustered plantings can be punctuated by noncombustible areas of rock, bare ground, and inorganic mulches etc.

4. HABITAT SUPPORT. Think about your neighbors, that is, your plant neighbors, your wildlife neighbors, and your human neighbors. The more land we develop, the more we need to provide oases for native plants. Pollinators and other wildlife need food, shelter, and water. Learn more how to provide those resources in your yard and when. The timing of when you clear vegetation can have huge impacts on pollinators and birds in particular. In a cooler, wetter year, you should leave flowers, seeds, branches and other habitat in in place longer prior to fire season to allow organisms to reproduce. In a hotter, drier year you might have to clear vegetation sooner, but many of your wildlife neighbors can be a weak link in the firescaping chain, so fire resilience also should be coordinated at the community level. For example, fences may make good neighbors, but wood fences shed embers like crazy. When attached to houses, fires can burn house-to- house following fence lines toppling like dominoes.

5. ENJOY. Enjoy the natural beauty of your region with the confidence you have prepared for evacuation if needed and reduced your fire risks while continuing to support the habitat around you. You can check them out with more at www.firescapingyourhome.com. Wherever you live, checking some of the boxes for safety can't hurt. Stay safe.

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#### Proposed Rules For Irrigation Runoff Raise Concerns Among Winegrape Growers

Winegrape growers in Mendocino and Sonoma counties say proposed water-quality regulations for waste discharge requirements for vineyards are burdensome, costly and often duplicate work by growers participating in sustainability certification programs. Mendocino County winegrape grower Frost Pauli said vineyard farmers are concerned about proposed grower monitoring and reporting mandates being developed as part of the state's Irrigated Lands Regulatory Program. Proposed new rules focus on nitrogen applications and removals.

#### Study: Production Costs Soar For Processing Tomatoes

Costs to produce processing tomatoes increased substantially in the past six years, according to a study released in July by researchers at the University of California and UC Cooperative Extension farm advisors. Based on the 2023 cost analysis for growing processing tomatoes in the Sacramento Valley and northern delta, researchers found that growers face surging input costs for expenses such as water, labor, fuel and fertilizer. Rising production expenses translate to a 76% increase from 2017, the last time the UC conducted a cost analysis on farming processing tomatoes.

#### Quarantine Ordered In Los Angeles County After Tau Fruit Fly Discovery

The California Department of Food and Agriculture has placed a portion of Los Angeles County under quarantine for the Tau fruit fly following detection of more than 20 flies in the unincorporated area of Stevenson Ranch near the city of Santa Clarita. The fly is native to Asia and is a serious threat to agriculture and natural resources, with a very wide host range, including numerous fruits and vegetables and a select range of native plants in California. The CDFA asked residents living in the quarantine area not to move any fruits or vegetables from their property.

#### Cattle Ranchers, Dairies Promote Conservation Efforts

In a region dominated by vineyards, those who raise cattle for beef or milk production have looked to innovations and solutions outside the box to help keep their businesses viable. A Napa County cattle operation and a Sonoma County organic dairy shared how they do just that while also helping to preserve the land and natural resources around them. They offered an on-the-ground glimpse of their operations last week as part of an educational tour hosted by the California Farm Bureau and California Bountiful Foundation, with funding from the California Cattle Council. \*



#### Love Them Enough to Teach Them Well

Dear Dave,

My husband and I are having arguments about money where our children are concerned. They are both 16, and I think they should have part-time jobs and be learning the value of work. He feels they're only young once and wants them to enjoy being teenagers. He also gives them money anytime they ask. I want our kids to have fun, too, but this is beginning to cause tension in our relationship. I'd love your advice.

Kaytee

Dear Kaytee,

I understand your concern. I'm sure your husband has a good heart, but by doing this he's acting like a friend instead of a parent. In the process, he's allowing them to be nothing but

### Dave Ramsey Says

takers and consumers. He's setting them both up for lifetimes of helplessness and ridiculous expectations without realizing it.

But yes, kids should absolutely learn to work, make money and manage it wisely from an early age. My wife and I gave nice gifts to our kids from time to time, but they also worked and made money for themselves. And the nicer gifts we gave them were for special occasions. Even then we didn't go crazy with things.

Still, the biggest problem you and your husband are experiencing is a communication breakdown. Your husband should stop being so impulsive, and grow a backbone where the kids are concerned. You've recognized this-and you're right about it—so it's up to you to take the first step in finding a solution.

Try sitting down with him, just the two of you, and sincerely explaining your feelings. Let him know you love him and how generous he is. But let him know, too, you're worried this is having a

negative impact on your children and why. Talk it out, openly and honestly, and try to agree on some changes together. There's a middle ground here, but it's going to take some time and effort from both of you to reach it.

Most of all, it means you two will have to communicate with each other like mature, caring adults, and pull together for the sake of your kids. It might be difficult at first, but it'll be worth it in the long run. For you and them.

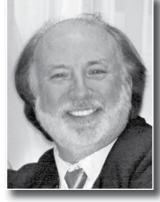
Thanks, Kaytee!

- Dave

\*Dave Ramsey is an eight-time national bestselling author, personal finance expert and host of "The Ramsey Show." He has appeared on "Good Morning America," "CBS This Morning," "Today," Fox News, CNN, Fox Business and many more. Since 1992, Dave has helped people take control of their money, build wealth and enhance their lives. He also serves as CEO for the company Ramsey Solutions.

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**6 · THE NEWS AUGUST 11, 2023** 

### Sacramento State Welcomes New **Public Information Officer Lanaya Lewis**

Sacramento State News Release

SACRAMENTO, CA (MPG) - Lanaya Lewis has joined the University Communications team at Sacramento State as its public information officer. She brings significant media relations experience and communications knowledge to support and enhance Sac State's visibility and public engagement.

Lewis in 2016 graduated with her bachelor's degree in Mass Communications from Norfolk State University, and in 2018 with her master's in journalism from Regent University.

Her career has spanned working behind the scenes in Norfolk, Virginia, as an assignment editor, to being an on-air anchor/reporter in Jackson, Mississippi, and Charlotte, North Carolina. Her stories surrounding social justice, prison reform and higher education achievements have landed her work in the Washington Post, on CBSN, Essence, A&E, and the ID Channel.

When she returned home to California, Lewis worked as the communications specialist for the Downtown Sacramento Partnership, assisting with stakeholder messaging and signature events. She came to Sacramento State to re-engage her passion for storytelling and higher education.

"Sac State has so much to offer to not just our community, but the world around us, and it's important we share the amazing stories of our Hornet Family," she

As the PIO, Lewis is the point of contact for media inquiries pertaining to the University. She can be reached at 916-278-2806 (office), 916-217-8366 (department mobile), and Lanaya. Lewis@csus.edu.

# Rep. Bera Statement on L3Harris **Acquisition of Aerojet Rocketdyne**



Ami Bera, M.D.

From the Office of Representative Ami Bera

SACRAMENTO, CA (MPG) - U.S. Representative M.D.Bera,

(CA-06) released the following statement after the acquisition of Aerojet Rocketdyne by L3Harris.

"Throughout its history, Aerojet Rocketdyne has been a vital community partner for the Sacramento region as a driving force of economic growth and job creation. For decades, its pioneering innovation and leadership in space exploration has been instrumental in advancing America's aerospace industry. The acquisition of Aerojet Rocketdyne by L3Harris marks a milestone in the aerospace

sector. As we push the boundaries of space exploration, it is critical that we maintain a strong focus on protecting our environment. I look forward to working with L3Harris and Aerojet Rocketdyne to ensure their continued commitment to environmental stewardship for our region."

Representative Bera joined the House Science, Space, and Technology Committee during his first term in Congress and has been a staunch advocate for U.S. space innovation and exploration.

### **Local Museums Aim to be Destinations** for Low Income Families

**T-Rock Communications** News Release

SACRAMENTO REGION, CA (MPG) - The Greater Sacramento region is rich with museums and popular destinations that offer diverse and enriching experiences for individuals, families, residents and visitors alike. With five local museums participating, Sacramento is considered as a "hub city" for the Museums for All national access program of the Institute of Museum and Library Services that encourages individuals of all backgrounds to visit museums regularly and build lifelong museum habits. Through Museums for All, those receiving food assistance or SNAP (Supplemental Nutrition Assistance Program) benefits can gain free or reduced admission to more than 850 museums throughout the US, including in the Greater Sacramento area.

California Museum – With an ongoing commitment to seek, include and welcome all visitors to its exhibits focused on the state's diverse people and rich history, the museum offers a reduced \$2 admission for EBT cardholders for up to four individuals.

**Crocker Art Museum** – Committed to reducing barriers and increasing accessibility to the museum and its amazing art experiences, the museum is a participant of the Museums for All program offering free general admission for up to four people per EBT card. While not required, those interested in making a reservation in advance can use MUSEUMSFORALL at

SMUD Museum of Science & Curiosity – Designed to pique curiosity and spark imagination with interactive exhibits and programming, the museum understands the importance of introducing the wonders of science, technology, engineering, arts and math to underserved community members. They are proud to offer free admission for up to four people per EBT card (normal parking fees remain

Sacramento Children's Museum - Proud to serve the community by removing barriers for underserved families who want to enjoy the museum's exhibits and programming, the museum offers a reduced \$2 admission for EBT cardholders for up to four individuals. Reservations are required for certain events and more details are available.

Sacramento History Museum - With a "History Awaits!" focus on educating local, regional, national, and international visitors of all ages about Sacramento's rich and fascinating history, the museum is a proud participant in the accessibility program and offers \$2 admission for EBT cardholders (plus those with WIC) for up to four individuals. More information about accessibility programs and reducedcost memberships is available.

No advance registration is needed for those who qualify to gain reduced or free admission as part of the Museums for All program but will be asked to show their SNAP cards and matching photo IDS at the time of entry. Additionally, there are no limits as to how many times qualified program participants can visit the participating museums. For more details about the Museums for All program is available at www.museums4all.org.

For more information about upcoming activities offered by Sacramento area museums, "like" them on Facebook at www.Facebook.com/SacMuseums, follow them on Instagram and Twitter @ SacMuseums or visit the user-friendly website at www.SacMuseums.org.

## **Drought-Stricken Farmers to Participate in Rice Commission**

From the Office of Assemblymember Aguiar-Curry

**SACRAMENTO, CA (MPG - Assembly Bill** (AB) 454 by Assemblymember Cecilia Aguiar-Curry (D-Winters), which provides greater flexibility to the California Rice Commission to maintain district representation of all rice farmers, has been signed into law by Governor Gavin Newsom.

The California Rice Commission, established in 1999, functions as a quasi-governmental entity within the Department of Food and Agriculture, providing for the orderly production, milling, and marketing of California rice and the associated environmental benefits. The Commission's board is made up of rice producers and handlers. Previously, each board member had to actively produce or handle rice to maintain board eligibility.

Extreme drought and water shortages have severely constrained rice production in the Sacramento Valley. As California farmers confronted a third year of catastrophic drought impacts in 2022, less than half the state's typical 500,000 acres of rice were planted. Due to the massive drop in rice production, many producers and handlers were no longer eligible to serve on the Rice Commission's board. Likewise, because of reduced acreage in production, the allocation of Commission board seats by district was poised to be dramatically impacted.

AB 454 allows the Rice Commission to annually review and evaluate state drought conditions and, if warranted,

issue a drought declaration. Under a drought declaration, a Commission member who is a rice producer or handler would be allowed to continue serving on the Commission and vote to issue a declaration if they historically produced or handled rice or if they participated in the Prevented Planting Program at USDA.

"Year-after-vear, our rural family farms, agricultural communities, and businesses face mounting pressure from unprecedented climate events," said Aguiar-Curry (D- Winters). "It's imperative that we not lose the input of our farmers and handlers because of catastrophic droughts that they can't control. I want to thank the Rice Commission for continuing to be a close partner on public policy that affects our agriculture and rice industry communities. Their leadership is incredibly valuable to our State Department of Food and Agriculture, and to me as I continue to serve my farming constituents. The Governor's support will help us maintain the rural voices that are so important to instructing decisions made by our state government."

"We greatly appreciate Asm. Aguiar-Curry's support of the rice industry. We are still feeling the impacts of last year's drought and this bill will help us include growers on our board who were not able to plant last year due to the lack of water," said Tim Johnson, President and CEO of the CA Rice Commission.

Assemblymember Aguiar-Curry represents the 4th Assembly District, which includes all of Yolo, Napa, Colusa, Lake Counties, and parts of Sonoma County. www.asm.ca.gov/aguiar-curry



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Carmichael Times Adjudicated For and By the County of Sacramento, Adjudication No. 317294 – February 7, 1984

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Citrus Heights Messenger Adjudicated For and By the County of Sacramento, Adjudication No. 34-2020-00273535 – March 12, 2020

The Rio Linda News Adjudicated For and By the County of Sacramento, Adjudication No. 358073 – March 21, 1988

Legal Advertising 7144 Fair Oaks Blvd #5 Carmichael, CA 95608

### FICTITIOUS BUSINESS NAME STATEMENTS

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05274 Pro Team Sports, 1852 Casterbridge Drive, Roseville, CA 95747 is doing business under the Fictitious Business Name(s) "Pro Team Sports/Pro Image Sports" 1689 Arden Way #2154 Sacramento, CA 95815, Filed with the Clerk of Sacramento County July 13, 2023 Publish: July 21, 27, August 4, 11, 2023

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05109 Nazhmudin Rustamov, 8724 Fair Oaks Boulevard Apt 1, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "RMM Transport" 8724 Fair Oaks Boulevard Apt 1, Carmichael, CA 95608. Filed with the Clerk of Sacramento County July 6, 2023 Publish: July 21, 27, August 4, 11, 2023

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-04532 Keur Moua, 5121 Kenneth Avenue, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "The Adams Family Bakery" 4535 Freeway Circle, Sacramento, CA 95841. Filed with the Clerk of Sacramento County June 14, 2023 Publish: July 21, 27, August 4, 11, 2023 ADAMS 8-11-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05121 Rafael Lopez. 4232 Woodwillow Lane. Elk Grove. CA 95758 is doing business under the Fictitious Business Name(s) "Arsha8" 1104 Corporate Way, Sacramento, CA 95831. Filed with the Clerk of Sacramento County July 7, 2023 Publish: July 21, 27, August 4, 11, 2023 8-11-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-04950 Royal California Services 5660 Corporation, Kenneth Avenue #A, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) King Sacramento Folsom Boulevard Suite A, Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County June 28, 2023 Publish: July 21, 27, August 4, 11, 2023

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-04158 Irish Iron LLC, 8210 Fair Oaks Carmichael, CA Boulevard, 95608 is doing business under the Fictitious Business Name(s) "Irish Iron" 8210 Fair Boulevard, Carmichael, CA 95608. Filed with the Clerk of Sacramento County May 31, 2023

Publish: July 21, 27, August 4, 11, 2023 8-11-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05010 Michael Francis Taylor, 4516 Azure Court, Sacramento, CA the Fictitious Business Name(s) "Mike's Tree Service" 4516 Azure Court, Sacramento, CA 95864. Filed with the Clerk of Sacramento County June 30,

Publish: July 21, 27, August 4, 11, 2023 MIKES 8-11-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-04777 CAQ Ventures LLC, 1401 21st Street Suite R, Sacramento, CA 95811 is doing business under the Fictitious Business Name(s) "Sisterra Homes" 1401 21st Street Suite R. Sacramento, CA 95811. Filed with the Clerk of Sacramento County June 22. Publish: July 21, 27, August 4, 11, 2023

SISTERRA

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-04289 Daniel S Funner, 2424 42nd Street, Sacramento, CA 95817 is doing business under the Fictitious Business Name(s) 'Catholic School Band (CSB) 2424 42nd Street, Sacramento, CA 95817. Filed with the Clerk of Sacramento County June 6, 2023 Publish: July 21, 27, August 4, 11, 2023

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05216 Cristian Budean, 7429 Summe Avenue, Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "Fine Line" 7429 Summer Avenue. Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County July 11, 2023 Publish: July 21, 27, August 4, 11, 2023 FINE 8-11-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05202 Roberta Littlefield, Vancouver Drive, Sacramento, CA 95826 is doing business under the Fictitious Business Name(s) "Littlefields of Imagination" 9124 Vancouver Drive, Sacramento, CA 95826. Filed with the Clerk of Sacramento County July 11, 2023 Publish: July 21, 27, August 4, 11, 2023 LITTLEFIELDS 8-11-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05218 P & W Karz Inc, 2140 Marconi Avenue, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "American Auto Care & Tires" 2140 Marconi Avenue, Sacramento, CA 95821. Filed with the Clerk of Sacramento County July 11, 2023 Publish: July 21, 27, August 4, 11, 2023

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05130 Laura Castleman, 8125 Otium Way. Antelope. CA 95843 is doing business under the Business Name(s) "CastleDreamer Designs" 8125 Otium Way, Antelope, CA 95843. Filed with the Clerk of Sacramento County July 7, 2023 Publish: July 21, 27, August 4, 11, 2023

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-04794 Carl J. Fishel, 6536 Oak Bend Way, Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "Visionz Eye Candy Industries" 6536 Oak Bend Way, Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County June 22, 2023 Publish: July 21, 27, August 4, 11, 2023

VISIONZ 8-11-23 FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05394 Demetria Marshea Adams, 7633 Wayans Way, Elk Grove, CA 95757 is doing business under the Fictitious Business Name(s) "Retro Realty/Retro Real Estate" 9245 Laguna Springs Drive Suite 200, Elk Grove, CA 95758. Filed

County July 18, 2023 Publish: July 28, August 4, 11, 18, 2023 RETRO 8-18-23

with the Clerk of Sacramento

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05404 Accelerated Auto Wholesale, 1401 21st Street Suite R, 1401 21st Sacramento, CA 95829 is doing business under the Fictitious Business Name(s) "Accelerated Auto Wholesale" 1401 21s Street Suite R, Sacramento. CA 95829. Filed with the Clerk of Sacramento County July 19, 2023

Publish: July 28, August 4, 11, 18, 2023 ACCELERATED 8-18-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05249 Advancebay Inc., 5210 Excelsion Road, Sacramento, CA 95827 is doing business under the Fictitious Business Name(s) "Village Venue Rentals" 5210 Excelsior Road, Sacramento, CA 95827. Filed with the Clerk of Sacramento County July 12, 2023 Publish: July 28, August 4, 11, 18, 2023

VILLAGE

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05355 Thuyet Thi Tran, 9516 Ballinger Drive, Sacramento, CA 95829 is doing business under the Fictitious Business Name(s) "Novel Nails & Day Spa" 5880 Antelope Road, Suite 100, Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County July 17, 2023. Publish: July 28, August 4, 11, 18, 2023

8-18-23 FICTITIOUS BUSINESS NAME

STATEMENT FBNF2023-05160 Gary Lynn Borton, 2535 La France Drive, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Atlantis Diving & Salvage Co" 2535 La France Drive, Carmichael, CA 95608. Filed with the Clerk of Sacramento Publish: July 28, August 4, 11, 18, 2023 ATLANTIS 8-18-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-04471 Keena Martin, 4200 E Commerce Way, Sacramento, CA 95834 is doing business under the Fictitious Business Name(s) "Life Coach Unlimited" 2701 Del Paso Road Unit #130-472, Sacramento, CA 95835. Filed with the Clerk of Sacramento County June 9,

Publish: July 28, August 4, 11, 18, 2023 LIFECOACH 8-18-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05334 Richard Anderson JR., 3577 Rancho Rainsong Circle, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "AAA Imaging Solutions" 3577 Rainsong Circle, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County July 14,

Publish: July 28, August 4, 11, 18, 2023 8-18-23 AAA

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05382 G47 Inc. 4701 El Camino Avenue, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Garage 47" 4701 El Camino Carmichael, Avenue, 95608. Filed with the Clerk of Sacramento County July 18,

Publish: July 28, August 4, 11, 18, 2023 GARAGE 8-18-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05466 Fabian Vasquez, 4828 El Camino Avenue Apt 102, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Tere's Antojitos" 4828 El Camino Avenue Apt 102, Carmichael, CA 95608. Filed with the Clerk of Sacramento County July 21, 2023 Publish: July 28, August 4, 11, 18, 2023

**TERES** FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-04847 Mythic Media, LLC, 1401 21st Street Suite R, Sacramento, CA 95811 is doing business under the Fictitious Business Name(s) "Mythic Records" 1401 21 Street Suite R, Sacramento, CA 95811. Filed with the Clerk of Sacramento County June 26, 2023

Publish: July 28, August 4, 11, 18, 2023 MYTHIC 8-18-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05441 Michelle DeSart Adcock, 1554 Los Molinos Way, Sacramento, CA 95864 is doing business under the Fictitious Business Name(s) "Miche Niche" 1401 21st Street Suite 8515, Sacramento, CA 95811. Filed with the Clerk of Sacramento County July 20, 2023 Publish: July 28, August 4, 11, 18, 2023

FICTITIOUS BUSINESS NAME

STATEMENT FBNF2023-05347 Arcade Baptist Church of Sacramento, 3927 Marconi Avenue, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Arcade Church" 3927 Marconi Avenue, Sacramento, CA 95821. Filed with the Clerk of Sacramento County July 17, 2023

Publish: July 28, August 4, 11, 18, 2023 ARCADE 8-18-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05407 Outlaw2ners, 3334 Montrose Street, Sacramento, CA 95838 is doing business under the Fictitious Business Name(s) Montrose "WW2ners" 3334 Sacramento, Street, CA 95838. Filed with the Clerk of Sacramento County July 19, 2023

Publish: July 28, August 4, 11, 18, 2023 WW2NFRŚ 8-18-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05391 r.World. PBC. 2700 Irving Avenue S. Minneapolis, MN, 55408 is doing business under the Fictitious Business Name(s) "r.Cup" 2700 Irving Avenue S. Minneapolis, MN, 55408. Filed with the Clerk of Sacramento County July 18, 2023 Publish: July 28, August 4, 11, 18, 2023 8-18-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05294 Sierra Christine Wallin, 9493 Way, Orangevale, CA 95662 is doing business under the Fictitious Business Name(s) "Lotus & Sage Beauty" 5120 J Street Suite D, Sacramento, CA 95819. Filed with the Clerk of Sacramento County July 13,

Publish: July 28, August 4, 11, 18, 2023 LOTUS 8-18-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05484 Saad Mahmood Alahmaidi, 5124 Modoc Way, Sacramento, CA 95841 is doing business under the Fictitious Business Name(s) "AKAR Mobile Auto Mechanic" 5124 Modoc Way, Sacramento, CA 95841. Filed with the Clerk of Sacramento County July 21,

Publish: August 4, 11, 18, 25, 2023 8-25-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05490 Wilfley Enterprises Inc., 8430 Madison Avenue, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "Roof Doctors" 8430 Madison Avenue, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County July 21, 2023

Publish: August 4, 11, 18, 25, 2023 8-25-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05486 Balvinder K Balaghan, 9417 Kiefer Boulevard, Sacramento, CA 95876, and Noor Kiran Kaur. 2649 Giorno Way, El Dorado Hills, CA 95762 is doing business under the Fictitious Business Name(s) "N & R Food Mart" 3907 Stockton Boulevard, Sacramento, CA 95820. Filed with the Clerk of Sacramento County July 21, 2023 Publish: August 4, 11, 18, 25, 2023

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05379 Debra Diane Walker, 6510 Elza Court, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "Debbie's Jams" 6510 Elza Court, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County July 18, 2023

Publish: August 4, 11, 18, 25, 2023 DEBBIES 8-25-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05217 Jacqueline G Rios, 3636 Edison Avenue #37, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Beautified Esthetics" 2717 Cottage Way Suite #8, Sacramento, CA 95825. Filed with the Clerk of Sacramento County July 11, 2023 Publish: August 4, 11, 18, 25, 2023

BEAUTIFIED 8-25-23 FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05221 ELW3 Enterprises LLC, 1401 21st Street Suite 6157. Sacramento. CA 95811 is doing business under the Fictitious Business Name(s) "Significant Affairs" 1401 21st Street Suite 6157, Sacramento, CA 95811. Filed with the Clerk of Sacramento County July 12, 2023 Publish: August 4, 11, 18, 25, 2023

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05369 Truist Medical & Behavioral Health Services, Inc., 6733 Pallazzo Way, Elk Grove, CA 95757 is doing business under the Fictitious Business Name(s) "Truist PsychMD" 9245 Laguna Springs Drive Suite 200, Elk Grove, CA 95758. Filed with the Clerk of Sacramento County July 18, 2023

8-25-23

Publish: August 4, 11, 18, 25, 2023 8-25-23 FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05376 Rentsa LLC, 10757 Bellone

Way, Rancho Cordova, CA 95670 is doing business under

the Fictitious Business Name(s) "rents4baby" 10757 Belloné Way, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County July 18, 2023

Publish: August 4, 11, 18, 25, 2023 RENTS 8-25-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05360 Jessica Rahbar, 3182 L Street, Sacramento, CA 95816 is doing business under the Fictitious Business Name(s) "Epoxy Pro Services" 3182 L Street, Sacramento, CA 95816. Filed with the Clerk of Sacramento County July 17, 2023 Publish: August 4, 11, 18, 25, 2023 **EPOXY** 8-25-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05544 Motorest Inc., 3401 Fulton Avenue, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Motorest" 3401 Fulton Avenue, Sacramento, CA 95821. Filed with the Clerk of Sacramento County July 25, 2023 Publish: August 4, 11, 18, 25, 2023 MOTOREST 8-25-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05605 Ratko Omcikus, 5624 Whitney Avenue, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Nena Flooring" 5624 Whitney Avenue, Carmichael, CÁ 95608. Filed with the Clerk of Sacramento County July 27, Publish: August 4, 11, 18, 25, 2023

NENA FICTITIOUS BUSINESS NAME

STATEMENT FBNF2023-05601 CalPlaySports LLC, 117 Miller Way, Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "CalGamesWanted" 117 Miller Way, Folsom, CA 95630. Filed with the Clerk of Sacramento County July 27, 2023 Publish: August 4, 11, 18, 25, 2023 CALGAMES 8-2 8-25-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05574 Dan Hauck and Debbie Covey 127 Lembi Drive, Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "Premier Party Rentals" 127 Lembi Drive, Folsom, CA 95630. Filed with the Clerk of Sacramento County July 26, 2023

Publish: August 4, 11, 18, 25, 2023 PREMIER

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05535 Timothy Joseph Coddington, Drive, 6454 Larchmont North Highlands, CA 95660 is doing business under the Fictitious Business Name(s) "Tankless Tim" 6454 Larchmont Drive, North Highlands, CA 95660. Filed with the Clerk of Sacramento County July 24, 2023 Publish: August 4, 11, 18, 25, 2023

TANKLESS 8-25-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05364 Breavetona Inc., 7880 Bradshaw Road, Sacramento, CA 95829 is doing business under the Fictitious Business Name(s) "Arthur Murray Sacramento Dance Centers" 7880 Bradshaw Sacramento, 95829. Filed with the Clerk of Sacramento County July 18, 2023

Publish: August 4, 11, 18, 25, 2023 ARTHUR 8-25-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05580 Bader Darwish, 6637 Flaming Arrow Drive, Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "Major Locksmith" 6637 Flaming Arrow Drive, Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County July 26, 2023

Publish: August 4, 11, 18, 25, 2023 MAJOR

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-04462 Vladimir Kilyushik and Alena Kilyushik, 8309 Pinefield Drive, Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "VAK Siding and Decking" 8309 Pinefield Drive, Antelope, CA 95843. Filed with the Clerk of Sacramento County June 9, 2023 Publish: August 4, 11, 18, 25, 2023 8-25-23 VAK

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-04909 Muhajir, Enavah 12029 Rancho Roquefort Way, Cordova, CA 95742 is doing business under the Fictitious Business Name(s) "New Bourne Realty Group/New Bourne 12029 Roquefort Realty" Way, Rancho Cordova, CA

Sacramento County July 27, 2023 Publish: August 4, 11, 18, 25, 2023 ENAYAH 8-25-23

95742. Filed with the Clerk of

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05373 PRIMEbusiness Construction Consulting LLC, 2518 Denison Drive, Davis, CA 95618 is doing business under the Fictitious Business Name(s) "PRIMEdesign" 455 University Avenue Suite 370, Sacramento, CA 95825. Filed with the Clerk of Sacramento County July 18, 2023

Publish: August 4, 11, 18, 25, 2023 PRIMEDESIGN

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05358 Haramain Inc., 646 El Camino Avenue, Sacramento, CA 95815 is doing business under the Fictitious Business Name(s)

"Ideal Market/Ideal Halal Market" 646 El Camino Avenue, Sacramento, CA 95815. Filed with the Clerk of Sacramento County July 17, 2023 Publish: August 4, 11, 18, 25, 2023 **IDEAL** 8-25-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05563 Permanent Investment Network LLC., 4921 Bowman Oaks Way, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Permanent Investment Network LLC/Global Field Inspection Services, LLC" 4921 Bowman Oaks Way, Carmichael, CA 95608. Filed with the Clerk of Sacramento County July 26, 2023 Publish: August 4, 11, 18, 25, 2023 PERMANENT 8-25-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05622 Stroy Inc., 6133 W 4th Street, Rio Linda, CA 95673 is doing business under the Fictitious Business Name(s) "Binrenter. com" 6133 W 4th Street, Rio Linda, CA 95673. Filed with the Clerk of Sacramento County July 28, 2023 Publish: August 11, 18, 25, Sept 1, 2023

BINRENTER 9-1-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05272 Alexander Alvarado, 14916 1/4 Inglewood Avenue, Lawndale, CA, 90260 is doing business under the Fictitious Business Name(s) "Bow's Chow Kitchen" 2108 N Street Suite #8492 Sacramento, CA 95816. Filed with the Clerk of Sacramento County July 13, 2023 Publish: August 11, 18, 25, Sept 1, 2023 BOWS 9-1-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05320 GAWFCO Enterprises. Inc. 3669 Mount Diablo Boulevard, Lafayette, CA 94549 is doing business under the Fictitious Business Name(s) "65<sup>th</sup> St Union 76" 2893 65<sup>th</sup> Street, Sacramento, CA 95817. Filed with the Clerk of Sacramento County July 14, 2023 Publish: August 11, 18, 25, Sept 1, 2023 GAWFCO

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05620 Sun City Towing and Auto Care, 3408 Hunter Lane, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Sun City Towing" 3408 Hunter Lane, Carmichael, CA 95608. Filed with the Clerk of Sacramento County July 28, 2023

Publish: August 11, 18, 25, Sept 1, 2023 SUN 9-1-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05646 Barry Magee, 3529 Scorpio Drive, Sacramento, CA 95827 is doing business under the Fictitious Business Name(s) "Chirpy Magee the Trivia Bird" 3529 Scorpio Drive, Sacramento, CA 95827. Filed with the Clerk of Sacramento County July 28, 2023 Publish: August 11, 18, 25, Sept 1, 2023

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05693 Emman Tos, 1401 21st Street Suite R, Sacramento, CA 95811 is doing business under the Fictitious Business Name(s) "PIE NICE" 1401 21st Street Suite R. Sacramento, CA 95811, Filed with the Clerk of Sacramento County August 1, 2023 Publish: August 11, 18, 25, Sept 1, 2023

9-1-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05644 NORCAL BSBA, Inc., 3626 Fair Oaks Boulevard Suite #100. Sacramento, CA 95864 is doing business under the Fictitious Business Name(s) "Transworld Business Advisors Sacramento" 3626 Fari Oaks Boulevard Suite #100, Sacramento, CA 95864. Filed with the Clerk of Sacramento County July 28,

Publish: August 11, 18, 25, Sept 1, 2023 NORCAL 9-1-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05694 Kainat F Shaikh and Sujauddin S Saiyed, 42 Allard Court, Sacramento, CA 95835 is doing business under the Fictitious Business Name(s) "Fiat Lux Accounting" 42 Allard Court, Sacramento, CA 95835. Filed with the Clerk of Sacramento County August 1, 2023 Publish: August 11, 18, 25, Sept 1, 2023

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05746 Blessed Ones LLC, 15 Benoit Court, Sacramento, CA 95823 is doing business under the Fictitious Business Name(s) "Cienna Home Care II" 3866 Sea Forest Way, Sacramento, CA 95823. Filed with the Clerk of Sacramento County August 3.2023

Publish: August 11, 18, 25, Sept 1, 2023 BLESSED FICTITIOUS BUSINESS NAME

STATEMENT FBNF2023-05689 Monik LLC, 7893 Walerga Road Suite 102, Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "Maza Halal Food" 7893 Walerga Road Suite 102, Antelope, CA 95843. Filed with the Clerk of Sacramento County August 1, 2023 Publish: August 11, 18, 25, Sept 1, 2023 MAZA 9-1-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05527 Maria Colamartino, 8133 Pollard Ave, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "MJ Wholesale" 8133 Pollard Ave. Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County July 24, 2023 Publish: August 11, 18, 25, Sept 1, 2023

FICTITIOUS BUSINESS NAME

STATEMENT FBNF2023-05729 Jesus Rios Courier LLC, 6837 Fair Oaks Boulevard #6, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Process Server of California/ CA Process Server" 6837 Fair Oaks Boulevard #7, Carmichael, CA 95608. Filed with the Clerk of Sacramento County August 2, Publish: August 11, 18, 25, Sept 1, 2023

PROCESS

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05750 Jose Ramon Rodriquez, 5600 Rosario Boulevard. North Highlands, CA 95660 is doing business under the Fictitious Business Name(s) "Jrods Tow and Transport" 5600 Rosario Boulevard, North Highlands, CA 95660. Filed with the Clerk of Sacramento County August 3, Publish: August 11, 18, 25, Sept 1, 2023

**JRODS** 

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05742 S. Justice Enterprises, Inc., 3916 Hovnanian Drive, Sacramento, CA 95834 is doing business under the Fictitious Business Name(s) "Scarlett Properties" 3916 Hovnanian Drive, Sacramento, CA 95834. Filed with the Clerk of Sacramento County August 3, Publish: August 11, 18, 25, Sept 1, 2023

SCARLETT 9-1-23 FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05744 Eat Cake LLC, 8139 Sunset Avenue #160, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "Eat Cake!" 8367 Hidden Valley Circle, Fair Oaks, CA

Sacramento County August 3, Publish: August 11, 18, 25, Sept 1, 2023

95628. Filed with the Clerk of

**ORDER TO SHOW CAUSE CHANGE OF NAME** 

SUPERIOR COURT OF CAI IFORNIA **COUNTY OF SACRAMENTO** ORDER TO SHOW CAUSE CHANGE OF NAME #23CV003665

Tracy Stephen Bayless has filed a petition with this court for a decree changing the name(s) of Tracy Stephen Bayless to Tracy Stephen Love and Nicole Marie Pacheco to Nicole Marie Love.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on September 19, 2023. at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: June 26, 2023

Christopher E. Krueger, Judge of the Superior Court Publish: July 21, 28, August 4, 11, 2023 TRACY

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #23CV004054

Sadam Azzam Fakhoury has filed a petition with this court for a decree changing the name(s) of Sadam Azzam Fakhoury to Sam Azzam Fakhoury.
IT IS ORDERED that all per-

sons interested in the above-entitled matter appear before this court on September 14, 2023, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: June 30, 2023

Christopher E. Krueger, Judge of the Superior Court Publish: July 21, 27, August 4, 11, 2023 SUPERIOR COURT OF

CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #23CV003084

Frank William Gillette Martin has filed a petition with this court for a decree changing the name(s) of Frank William Gillette Martin to Frank William Martin.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on September 5, 2023, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: June 12, 2023

Christopher E. Krueger, Judge of the Superior Court Publish: July 21, 27, August 4, 11, 2023

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME

#23CV004542 Richard lee davis III has filed a petition with this court for a decree changing the name(s) of Richard lee davis III to Richard

Lee Courington. IT IS ORDERED that all persons interested in the above-en titled matter appear before this court on October 3, 2023, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

# COMICS & PUZZLES

































BUD BLAKE

WE'LL HAVE

WOW! WE















Just Like Cats & Dogs by Dave T. Phipps **EXCUSE, MY EYES** ARE UP HERE

1GER

GRAB SOME STUFF







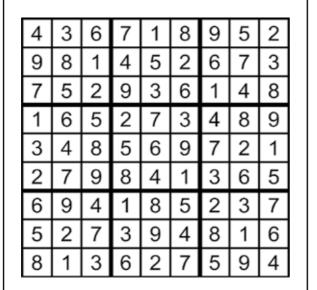
S |W Ε S Ε M Α Μ Ε S В R Α C Ν В O S Ε Ε Τ Α Ν N S R D Α D O Ε C C Ε R D S Ε Т D 0 Α D Η G 0 W G S Η 0 M 0 O R В Ε Α ٧ Ε D M 0 Ε Ε S Α G Ε Ν



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#### **CLUES ACROSS**

1. Russian czar's edict or proclamation 6. Common stomach disorder, acr.

13. Femme fatale

14. Cow greeting? 15. High-quality black

16. Heretofore (2 words) 17. Used for making holes 18. Old and feeble 19. \*Precedes or follows

alaikumin a greeting 21. \*Robin Williams "Good Morning. 23. Family memb

24. Blood fluids 25. R&R spot

28. Standout 30. All together (2

words) 35. Crafts' companion 37. Hyperbolic tangent 39. River in Paris

40. Traditions typically passed on by word of mouth 41. Home of Darfur

44. Carthage's ancient neighbor 46. Have supper 47. Condoleezza of

43. Opposite of base

politics 48. Pleasantly warm 50. Type of mine

passage 52. JFK's brother 53. Famous Allen Ginsberg poem 55. Band booking

57. \*Hello in Normandy

region 61. \*Hello in Haifa 64. Letter-shaped girder 65. Female reproductive cells

67. Did like a lunatic 69. L in AWOL

70. Nada 71. Greet the day
72. "Musical" constellation

73. Precedes whiz 74. It typically has 4 doors

#### DOWN

1. Stars and Stripes country

2. \*Unspoken greeting in France

3. Ned Stark's youngest daughter

4. Prevents one from seeing 5. Have as logical conse-

auence 6. Mosque prayer leader

7. \*Japanese greeting move

8. To crack, as in case 9. Out of shape

10. Kindred 11. \*Hello in Spain or in

Mexico 12. Overwhelm like bees

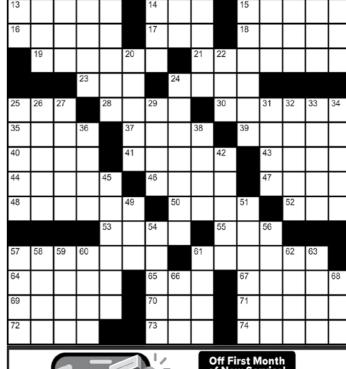
15. Hymns of praise 20. Borders on

22. Choler 24. Shadow-utilizing

timepiece 25. \*Hi, in France 26. Prefix with type

27. Places in the heart 29. Praise

CROSSWORD





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31. Kind of hug 32. In accordance with law

33. In the cooler 34. Like surrendered land 36. 1/60th of min, pl.

38 \*Shakeable appendage 42. Horse greeting?

45. Don't try this here? (2

words) 49. \*Greetings to \_ 51. "Toddlers & \_\_

reality TV

54. Amiss

56. Sunlight's interference 57. Hillary's hubby

58. Do as directed 59. Getting warm

60. Cup of joe in retail 61. White 62. "Metamorphoses" poet

63. Verde National

66. Contend 68. Cub's home

Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

### **American Pickers to Film in California!**



Follow Mike Wolfe and Danielle Colby as they hunt for America's most valuable antiques in the hit show American Pickers. Photo courtesy of Cineflix



Mike Wolfe of American Pickers will be visiting area private collections to incorporate California stories and relics into The History Channel's documentary program. Photo courtesy

#### Cineflix News Release

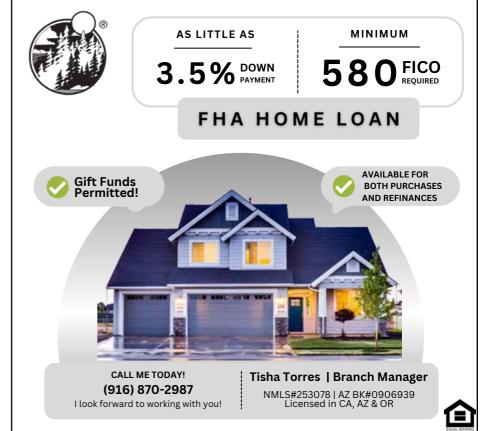
SACRAMENTO REGION, CA (MPG) - The American Pickers are excited to return to California! They plan to film episodes of The History Channel hit television series throughout your area in September 2023.

AMERICAN PICKERS is a documentary series that explores the fascinating world of antique "picking" on The History Channel. The hit show follows skilled pickers in the business, as they hunt for America's most valuable antiques. They are always excited to find historically significant or rare items, in addition to unforgettable Characters and their collections.

As they hit the back roads from coast to coast, the Pickers are on a mission to recycle and rescue forgotten relics. Along the way, they want to meet characters with amazing stories and fun items. They hope to give historically significant objects a new lease on life while learning a thing or two about America's past along the way. The Pickers have seen a lot of rusty gold over the years and are always looking to discover something they've never seen before. They are ready to find extraordinary items and hear fascinating tales about them.

We at American Pickers continue to take the pandemic very seriously and will be following all guidelines and protocols for safe filming outlined by the state and CDC. Nevertheless, we are excited to continue reaching the many collectors in the area to discuss their years of picking and are eager to hear their memorable stories!

The American Pickers TV Show is looking for leads and would love to explore your hidden treasure. If you or someone you know has a unique item, story to tell, and is ready to sell...we would love to hear from you! Please note, the Pickers DO NOT pick stores, flea markets, malls, auction businesses, museums, or anything open to the public. If interested, please send us your name, phone number, location, and description of the collection with photos to: americanpickers@cineflix.com or call (646) 493-2184 facebook: @ GotAPick





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COUPON **PIGS EAR** Smoked, Large Size Reg. \$1.49

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Limit 2 Cases **Everyday** 

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2.8 Oz. •Black Label •Gold Label Limit 2 Per Family

Effective 8/9/23 - 8/15/23

**NUTRO** WHOLESOME ESSENTIALS **DRY DOG FOOD** 

Lamb Meal & Rice 30 Lb Bag
•Large Breed •Small Bites •Healthy Weight

Effective 8/9/23 - 8/15/23 ARM & HAMMER

SUPER SCOOP **CLUMPING CAT LITTER** 20 Lb Box •Unscented •Double Duty (Clump n Seal 19 lb, Slide 19 lb **\$13.99**) (•Absorbx 15 lb

\$18.99) Per Family Effective 8/9/23 - 8/15/23

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•Large Breed Fit & Body 28 Lb Our Discount Price Effective 8/9/23 - 8/15/23

SCOOPAWAY **CLUMPING CAT LITTER** 

42 Lb Bag •Multi-Cat Formula

Limit 2 Per Family Effective 8/9/23 - 8/15/23

CANNED CAT FOOD •Selected Varieties 3 Oz (Focus & Selected Varieties \$1.35) Limit 1 Case Limit 2 Cases EARTHBORN HOLISTIC CANNED CAT FOOD 

**PURINA PRO-PLAN** 

ACANA **0%** OFF **DRY DOG FOOD** All Sizes

CORE GRAIN FREE DRY DOG FOOD •Original •Reduced Fat •Ocean 22-24 Lb bag

Limit 2 Bags FANCY FEAST DRY CAT FOOD
(Purina One Dry Cat Food 3 Lb.
• Selected Varieties \$9.49)

9 LIVES DRY CAT FOOD

\$**10**99 CHICKEN SOUP FOR THE SOUL CANNED FOOD SALE 15% OFF Dog Food 13.2 Oz (Reg & Grain Free) Cat Food (5.5 Oz) Limit 1 Case Selected Varieties

ODOR LOCK ULTRA PREMIUM CLUMPING CAT LITTER 20% OFF •Uncented •Multi-Cat 25Lb bag Limit 2 Bags

Grain-Free HOLISTIC DRY DOG FOOD • Primitive Feast • Great Plains Feast • Meadow Feast • Coastal Catch • Weight Control • Large Breed 25 Lb Bag NATURALLY FRESH

CAT LITTER 100% Natural 14 Lb Bag Limit 2 Bags Pellets \$599 Clumping \$999 Multi-Cat \$1099 • Probiotic • Gently Scented • Scent Free atural & Extra Strength)

• Probiotic • Gently Scent Free atural & Extra Strength **CAT LITTER** 

**EARTHBORN** 

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Market Fresh 2.75 Oz Cup Limit 1 Case

12 Oz GREENIES DOG TREATS Value •Chewy Texture • Easy to Digest •Teeny (42 Ct) •Reg (12 Ct) •Regular 12 oz •Petite (20 Ct) •Large (8 Ct) Limit 2 Bags Per Family OX-BOW **ROSY'S** SMALL ANIMAL PRODUCTS ORGANICALLY
GROWN KITTY
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•Bedding •Food ıts Only All Vari **PETMATE** J&W HOODED **DOG & CAT TOYS** Litter Pans

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29 Gal Tetra LED Deluxe . . **\$136.99** \$66.99 10 Gal Tetra LED Deluxe. 20 Gal Tetra LED Deluxe . \$113.99 55 Gal Tetra LED Deluxe. **\$224.99** 

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 TetraFin Goldfish 7.06 oz.
 9.99

 TetraFin Staple
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 13.99

 TetraFin Color
 7.06 oz.
 13.99

**BONUS COUPON** FANCY FEAST **GOURMET CANNED CAT FOOD** 

All Varieties

Effective 8/9/23 - 8/15/23

3 Oz - All Varieties Except Elegant Medley Coupon Per Price Valid Only With Coupon

**FRISKIES PARTY MIX CAT TREATS** 2.1 Oz Pkg • Selected Varieties

Limit Oz Pkg •Selected Varietie
Limit 2 Pkgs with Coupon
Limit One Coupon Per Family
Pice Valid Only With Coupon
Effective 8/9/23 - 8/15/23

BONUS COUPON

BONUS COUPON JONNY CAT **PREMIUM CAT LITTER** 

20 Lb Box Limit 1 Bag With Coupon
Limit One Coupon Per Family
Price Valid Only With Coupon
Effective 8/9/23 - 8/15/23