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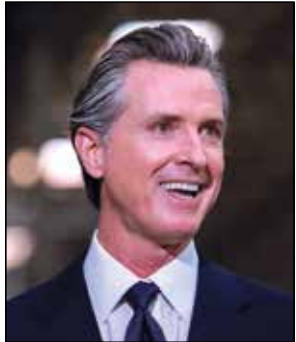
THE NEWS

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VOLUME 42 • ISSUE 28 *Serving Rio Linda, Elverta and Sacramento County* JULY 14, 2023

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Is the EDD Pulling a Pandemic Scam?



Originally, the EDD had estimated it would take only seven years to pay the debt and end the ever-growing surcharge on businesses. MPG file photo

**By Thomas Buckley,
California Globe**

Despite already owing the federal government billions, and despite state businesses already paying a surcharge to cover that debt, the Employment Development Department (EDD) will be borrowing even more federal money to cover costs for the foreseeable future.

In other words, the additional tax money supposedly being paid to cover the debt caused by the pandemic and the related fraud is not actually doing that and will not do so for some time. Instead, the moment those extra dollars are used to pay

down the debt they will be borrowed back by the EDD.

That means the current EDD unemployment insurance (UI) trust fund debt of \$17.6 billion dollars will grow to about \$20.3 billion by the end of 2024, despite the extra \$1.2 billion dollars in extra taxes, according to the agency's May UI Fund Forecast released today.

And that's because the EDD expects to pay out about \$2.6 billion in benefits and overhead than it will get in the next two years.

The EDD's forecast could mean that California employers will end up paying an extra \$1,500 or so total per employee over the next decade

or so. The rate increases each year – this year it's \$21 and it will increase by \$21 per year (plus additional increases starting in a few years) until it hits \$420 per year per employee, which it will almost certainly do.

Originally, the EDD had estimated it would take only seven years to pay the debt and end the ever-growing surcharge on businesses; based on the latest forecast, any reasonable assessment would now push that window out to at least 10, possibly up to 15 years (*N.B – I don't know why I just thought of high speed rail...*)

As the debt will grow over the next few years, the money meant to pay

Continued on page 5

Sacramento County Sheriff's Office Welcomes New Volunteers



The Sacramento Sheriff's Department recruits VIPS for a variety of programs they offer the community. Photo courtesy of Sacramento Sheriff's Department

By Tamara Warta

SACRAMENTO COUNTY, CA (MPG) - On June 22, the Sacramento County Sheriff's Office announced they are looking for additional volunteers to round out the variety of programs they offer the community. Despite the fact many living within county lines are unaware volunteer tasks even exist, residents should know that the tasks available often coincide with

duties of trained law enforcement. Many of the county's volunteers have experience working as a police officer or in emergency services, however, anyone who is of applicable age and meets the requirements is welcome to give their time.

According to the Sacramento County Sheriff's Office, there are currently five different divisions volunteers are welcome to apply to: The Sheriff's Amateur Radio

Program (SHARP), Volunteer Reserve Officer, Volunteers in Partnership with the Sheriff (VIPS), Search & Rescue, and a youth program called the Sacramento County Sheriff's Office Explorer Program.

SHARP was created in 1977 after an increase in theft crimes hit the region. It was further inspired by the level of participation from the community that came about when the Police were working to apprehend the East

Area Rapist. It became clear that year how valuable citizens were when it came to operating radio and helping to relay emergency information. All volunteers are licensed by the FCC, and, according to their website, "have the responsibility of assisting the Sacramento County Emergency Operations Center with any emergency requiring auxiliary communication."

VIPS meanwhile,

Continued on page 2

Poor Choices Behind The Wheel Result in Tragedies

CHP News Release

SACRAMENTO, CA (MPG) - The results of the California Highway Patrol's (CHP) recent Independence Day Maximum Enforcement Period (MEP) are a sobering reminder of the consequences resulting from unsafe driving behaviors.

Sixty-eight people were killed in crashes throughout the state during the Independence Day MEP, which began at 6:01 p.m. on Friday, June 30, and concluded at 11:59 p.m. on Tuesday, July 4. Tragically, nearly half of the total number of vehicle occupants who died within CHP jurisdiction were not wearing a seat belt.

With unsafe speed being the number one contributor to crashes in California, the CHP placed a special emphasis on its enforcement during the recent MEP. CHP officers issued more than 9,700 speed citations throughout the long Independence Day weekend.

Additionally, impaired drivers were removed from California's roadways at an alarming rate during the holiday enforcement effort. CHP officers made 1,224 arrests for driving under the influence, which is an average of one DUI arrest every five minutes.

"The results of this MEP are concerning and reinforce the need for responsible behavior behind the wheel," said CHP Commissioner Sean Durjee. "All of these deaths were preventable, and the loved ones they leave behind will be forever impacted. Traffic safety is everyone's responsibility, and these statistics show us how much work there is still to be done. The CHP is committed to making California's roadways safer for all who use them."

To help protect those who are traveling on California's roadways during the holidays, the CHP implements six MEPs per year. The next MEP is scheduled for Labor Day weekend. Throughout the holiday weekend, all available uniformed members of the Department will be on patrol to enhance public safety, deter unsafe driving behavior, and, when necessary, take appropriate enforcement action.

Keep yourself and others who are on the road safe by buckling up, driving at a speed safe for conditions, avoid distractions behind the wheel, and always designating a sober driver.

The mission of the CHP is to provide the highest level of Safety, Service, and Security. ★

Stay Comfortable and Save Money as Temperatures Rise

SMUD News Release

SACRAMENTO REGION, CA (MPG) - As the mercury rises in Sacramento, residents are seeking ways to stay comfortable in their homes without breaking their budget. While SMUD customers enjoy some of the lowest rates in California, air conditioning needs can drive customer usage and bills during these hot summer months, so SMUD is offering tips on how to stay comfortable in your home while also saving money.

It's easy to keep energy use in check without giving up cooling comfort. One of the easiest ways to save is to pay attention to when you are using energy. Energy rates are cheapest during off-peak hours before 5 p.m. and after 8 p.m. That means customers can save by minimizing energy use during the week between 5 p.m. to 8 p.m.

Another easy step is to prevent your home from heating up, which can reduce immediate cooling costs and help save on long-term costs from wear and tear on cooling equipment.

SMUD has more energy-saving solutions on its website and offers additional tips to save:

In the summer, use fans and close blinds

on windows that get direct sun; Swap out light bulbs for LEDs; Change your air filter and clean your HVAC unit; Use a programmable/smart thermostat to help control HVAC use; For every 2 degrees that you turn up your thermostat, you can save 5-10 percent on cooling costs; Avoid using multiple large appliances at the same time, especially during peak hours; On hot days, BBQ outside or use small cooking appliances like crock pots and microwaves to help keep your house cool; Pre-cool your home before 5 p.m.; Customers can get customized tips, manage their bills and set up alerts on the website.

As the nation's sixth-largest, community-owned, not-for-profit electric service provider, SMUD has been providing low-cost, reliable electricity to Sacramento County for more than 75 years. SMUD is a recognized industry leader and award winner for its innovative energy efficiency programs, renewable power technologies and for its sustainable solutions for a healthier environment. SMUD's power supply is on average about 50 percent carbon free and SMUD has a goal to reach zero carbon in its electricity supply by 2030. For more information on SMUD's Zero Carbon Plan and its customer programs, visit smud.org. ★

Sacramento County Sheriff's Office Welcomes New Volunteers

Continued from page 1

provide clerical support, work in the Community Service Center, assist with Missing Person follow-ups, and patrol neighborhoods. They are granted authority to report code and parking violations, perform vacation checks on homes, and other basic Officer duties as directed by patrol.

Margie, a VIPS since 2013 stated, "After I retired as a teacher, I wanted to give back to the community a little more and have something to do. The main reason I do this is to help the public and the small chores I do for the department keep that kind of thing off the shoulders of the deputies, so they are able to do more to keep us safe."

Those wishing to be a VIPS should note it is one of the biggest time commitments – the Sheriff's Office requires its volunteer team to give at least 16 hours per month – and participants should realize they won't necessarily be the most popular people in town. Since the VIPS are known for issuing citations throughout the County, they sometimes ruffle the

feathers of those on the receiving end. When asked about the volunteer group, resident Stephanie Vasquez stated, "No thank you! You couldn't pay me to be around crooked people."

For those who have a passion for serving with law enforcement, volunteering at the Sacramento County Sheriff's Office is not just for adults. The Sheriff's Office Explorer Program is another group that's been around since the 1970s and is aimed at young people aged 14-20 who are interested in a career in law enforcement. As resident Bill Shanklin stated, the youth involved in the program are "our hope for the future."

Explorers learn self-defense, training in search and seizure laws and arrests, practice public speaking and learn to work on a team. There are also opportunities for Explorers to compete with sister groups around the nation.

If you wish to become a volunteer with the Sacramento County Sheriff's Office, you can request an application by emailing volunteers@sacsheriff.com or calling 916-874-7339. ★



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Jehovah’s Witness Conventions Returning to Downtown Sacramento

Jehovah’s Witness News Release

SACRAMENTO REGION, CA (MPG) - After a three-year pandemic pause, one of the largest convention organizations in the world has chosen downtown Sacramento to host its global three-day event, the 2023 “Exercise Patience”! Convention.

The return happens just in time to use the newly renovated SAFE Credit Union Convention Center, and will draw an estimated 28,000 attendees to the downtown area during a time when most locals are away for the summer.

Prior to 2020, summers in Sacramento drew Jehovah’s Witnesses from all over Northern California who filled hotels and restaurants as they attended their annual conventions at the Sleep Train Arena. In 2020, the pandemic interrupted that tradition when the Witnesses canceled their in-person events throughout the world and held their convention programs as virtual events in more than 500 languages. Starting in late June of this year, the Witnesses will bring back the tradition to Sacramento, hosting conventions exclusively downtown at the SAFE Credit Union Convention Center. Conventions will be held over seven weekends this summer starting June 30, 2023, and ending Aug 13, 2023. The conventions will be held in English for five weekends and two (July 14-16, July 21-23) in Spanish.

“After three years



Jehovah’s Witnesses return to downtown Sacramento for in-person conventions after a three-year pandemic pause. Photo courtesy of Jehovah’s Witness

without in-person conventions, we can’t wait to gather together again for these special annual events,” said Adrian Barnes, local spokesman for Jehovah’s Witnesses. “It’s particularly exciting that we are returning to support beautiful downtown Sacramento, where the local restaurants, businesses and residents have always been welcoming.”

Some 6,000 conventions will be held worldwide as part of the 2023 “Exercise Patience”! Convention series. In the United States alone, more than 700 conventions will be held in 144 host cities. From Friday through Sunday, six convention sessions will explore the quality of patience, highlighting its modern-day relevance through Scriptural examples. A live baptism will be performed following the Saturday morning session and a prerecorded drama will be featured in two parts during the Saturday and Sunday afternoon sessions.

“Given the challenges

we face today as individuals and communities, the theme of our convention, “Exercise Patience”!, is particularly timely,” said Barnes. “The three-day program will share practical ways attendees can cultivate and display patience, which in turn contributes to stronger relationships and more compassionate communities, including right here in Sacramento.”

Jehovah’s Witnesses have been holding public conventions in stadiums, arenas, convention centers, and theaters around the world for more than 100 years. After resuming smaller in-person meetings and their public ministry during 2022, the summer of 2023 marks the first time they will gather at much larger regional events around the world since the lifting of pandemic restrictions.

The convention is open to the public and no collection is taken. For more information on the program or to find other convention locations and dates, please go to jw.org and navigate to the “About Us” tab. ★

Coordinated Access Is Eliminating Barriers

Sacramento County News Release

SACRAMENTO COUNTY, CA (MPG) - As part of the Local Homeless Action Plan (LHAP) and in conjunction with the City-County Partnership Agreement, the Coordinated Access System (CAS) has been developed by Sacramento Steps Forward. The CAS is a streamlined system that matches people experiencing homelessness with housing and service options. This process prioritizes limited local shelter and housing resources, so people with the highest vulnerability can be connected to supports as quickly as possible.

In Sacramento, the front door for CAS is 2-1-1 Sacramento. Households can call the Housing Crisis Line at 2-1-1 (select #8) to be triaged to appropriate resources. In addition, trained agencies with Homeless Management Information System (HMIS) access can conduct the individual or family shelter assessment to place a household on the shelter waitlist.

Why is Coordinated Access Critical?

It’s an efficient, equitable, client-centered approach to ending homelessness.

Key strategy of the Local Homeless Action Plan; Requirement of the Sacramento City/County Partnership Agreement; CAS connects people who

are unhoused with critical resources and services; CAS creates a pathway for people who are unhoused to navigate an end to their housing crisis; Without system coordination, the community is limited in the impact we can make toward addressing homelessness; The system empowers people who are unhoused and providers to have clarity and know the supports available.

What resources are available through the CAS?

CAS is not just a shelter referral resource. People may also be connected to additional resources such as Problem-Solving Access Points (PSAP) and the Coordinated Access Navigational team (CAN). CAN is operated by Elica Health Centers and supports households on the shelter waitlist with problem-solving services and warm handoffs to the shelter. PSAPs are trained agencies that support households in identifying alternative housing options and community support to resolve their housing crisis. This could include mediation, conflict resolution, connections to mainstream resources, and limited financial assistance that directly results in housing being secured or retained. Four designated PSAPs receive referrals from 2-1-1 and can provide housing location services for households with vouchers or identified housing.

CAS by the Numbers – Q1 2023

5,711 Calls Received;
3,975 Households connected to other resources;
1,721 Households currently or at risk of homelessness;
1,023 Referrals to crisis resources;
322 Households enrolled in a shelter;
504 Households exited or diverted from homelessness.

Who is calling, and what services are they referred to?

Nearly 50% of head of households are Black, African American; 11% of callers were transitional-aged youth; 56% of households were female identifying; Average call wait time: 7:54; Average call handle time: 11:40; Most frequent zip codes: 95811, 95823, 95815; Shelter referrals: 452; Average wait to get into a shelter: 14 days; PSAP Referrals: 175; Expenditures: \$550,515; CAN referrals: 399; Average wait to enrollment: 2 days

You can read the full Q1 2023 Coordinated Access System Report at the Sacramento County website.

Learn more about Coordinated Access System and the associated programs and services

To learn more about what Sacramento County is doing to address homelessness, visit the Department of Homeless Services and Housing website. ★



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Walking Through Every Open Door

Advice and Insights from Diplomatic Consultant W. Bruce Lee

Story by Shaunna Boyd

SACRAMENTO REGION, CA (MPG) - W. Bruce Lee is a man of experience and humility, and he said he attributes his success to always saying yes to the next challenge — accepting the next invitation, undertaking the next assignment, choosing to “always walk through doors that are open for me.”

Lee’s work spans the industries of government, business, and education. He has taught at the University of Phoenix and William Jessup University, worked in the Governor’s Finance Department for the State of California, and worked as a business coach for various national corporations. Lee has served in the halls of government most of his life — running statewide initiatives, twice elected as Mayor of Loomis, and elected as Director of the Placer County Water Agency, among other offices. Currently, he serves as the executive officer of the Phoenix Correspondence Commission, a nonpartisan governmental entity (established by all 50 states) that works to balance State and Federal authority.

In recent years, Lee has turned his skills toward diplomatic consulting—helping communities, businesses, and governments around the world find pathways to success as well as hope for the future.

Born and raised in the Sacramento Region, Lee has traveled the world, advising organizations in places such as Nepal, Singapore, and China. He has worked in South America,



As part of his international work, W. Bruce Lee visits the children he sponsors in Mersa, Northern Ethiopia. Photo provided by W. Bruce Lee

In all nations — regardless of differing systems of government, economy, and cultural standards — the same basic needs exist. And people always seek to overcome challenges, achieve their goals, and better their lives. But Lee has also seen that “there is a human tendency toward selfishness, and selfishness creates greed, which in government will lead to short-term benefits in one’s own self-interest, but does

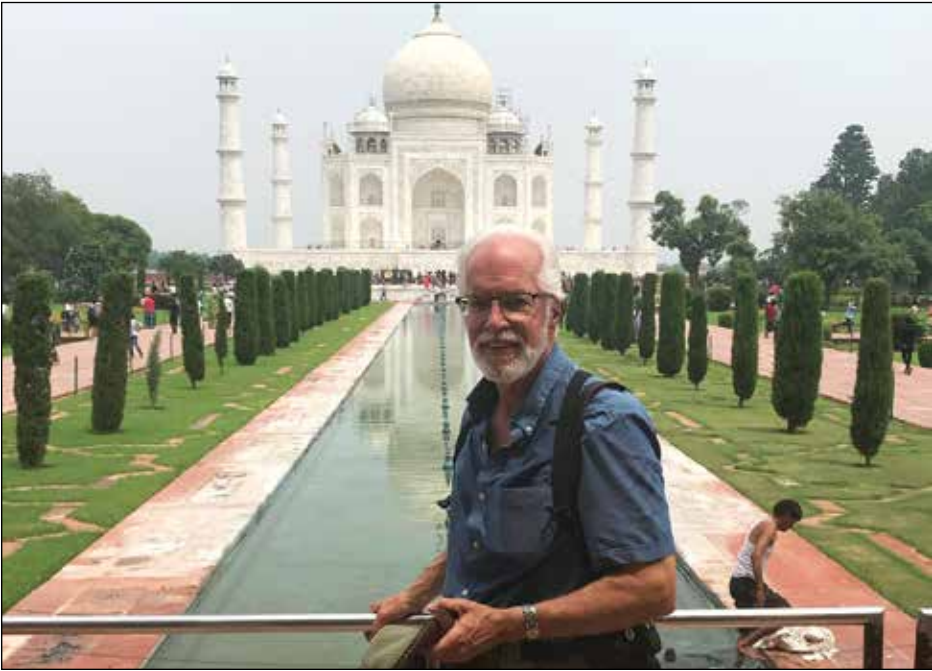
be people who are willing to stand up,” said Lee, “and look not at what is right for themselves, but what is right for their constituents, and for their society as a whole.” Practical solu-

improving the situation — and Lee strives to help everyone find that hope. “We need to exercise sound critical thinking and wisdom in how we approach our problem solving,” said Lee. “We have to take responsibility for ourselves and for our society.”

In his life, Lee spends his time and money investing not in himself, but in others, wherever he sees a need: “Wherever I am able to be of benefit, it is my honor and privilege to be of service,” said Lee. “I can offer what I have.”

As a deeply religious man, Lee credits God for his many accomplishments. “God has been good to me,” said Lee. “I live in a country where I’ve been able to get a good education and develop useful skills. God has treated me much better than I deserve. And it’s easy to take these things for granted, but it’s essential that we do not.”

Seeing the struggles of communities around the world has broadened Lee’s perspective. He believes that many Americans don’t realize how fortunate they are. “Our social, economic, and political freedoms are hard-won,” said Lee. “Diligence is necessary in their protection, otherwise they may easily slip away.” For many around the world, America is “still the light on the hill,” said Lee. “They see we’re doing things differently, and we need to protect that.”



W. Bruce Lee at the Taj Mahal in Northern India, where he worked to develop leadership training programs and advised on the ongoing relationships between India and Pakistan. Photo provided by W. Bruce Lee

Australia, New Zealand, Europe and Eastern Europe, the Middle East, and various African countries —including Cameroon, Rwanda, Ethiopia, Zimbabwe, Tunisia, Uganda, Nigeria, and South Sudan.

Lee has found that all societies are built upon three main systems: economic, government, and culture. And every society is unique in the way these features integrate and reinforce each other. But Lee cautioned that different cultures don’t always support the same economic or governmental systems. So, as an outsider in these countries, Lee said, “I don’t assume.” His first and most important step is to listen: “You tell me what you need, and then I can help to achieve those results.”

not create any long-term sustainability.”

And the same can be seen in businesses and local communities. “Throughout the world, the powerful often abuse the powerless,” said Lee. “Whether that power is political, economic, or positional, the ills of the world stem from the motivation of self-interest and greed. The powerful take advantage of their power and use it to benefit themselves at the expense of others.”

Lee explained that in nations with corrupted governments, the surrounding communities are afflicted by “massive deprivation” — overt, lack of opportunity, and no hope for the future. A society in such crisis is not a strong or sustainable system. To have a successful government that can be sustained long-term, “there must



In Juba, South Sudan, W. Bruce Lee instructs boys on leadership skills and how to make the most of their future, while also consulting with the National Legislature. Photo provided by W. Bruce Lee

tions are needed, so that is where Lee comes in, offering guidance on how governments can provide opportunities that better serve their people, creating stronger communities that support a stronger nation. In business settings, the advice is similarly applied: better products and services create a more satisfied customer base, better employee morale, and a stronger company for the long term.

Whether in a classroom, boardroom, or the legislature of foreign governments, Lee said the core of his work is about “equipping people” and showing them that there are practical solutions to every challenge. He often sees “a lot of activity, with plenty of energy and money to make things happen — but a lack of results.” While people often want an easy answer, Lee cautions that there is “no one right answer, no magic bullet.” Change takes effort and discipline. There are answers, and while they won’t come overnight, there is always hope for

Lee cautioned that many people here live lives of privilege and feel no sense of responsibility toward others. But Lee said, “We have a massive responsibility to our community.” Whatever skills each of us have, Lee believes we are called to use them for the good of others, whether that is in construction, farming, teaching, etc. “If it benefits people in a tangible way, inspires them, gives them hope—that’s a blessing,” said Lee.

His advice can be boiled down to a simple message: “Let’s love our neighbors. Let’s not take things for granted. Let us be of good hope, because whatever challenges we may see around us, they are resolvable if we work together in a civilized way, not marred by violence in word or action. ... Let us seek to honor each other and learn from each other. All of that takes commitment and humility.”

To learn more about Lee’s work, visit <https://wbrucelee.com/the-work-of-bruce/>. ★

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Dear Dave,

My husband was recently told layoffs are about to happen at his company, and that it might be a good idea for him to start looking for another job. He has found a couple of good possibilities, but the jobs are located 100 miles away. In preparation for a possible move, we spoke with a real estate agent who told us we'd have to remodel our kitchen to sell the house. We've got about \$4,000 in savings, but the agent said remodeling would take between \$2,500 and \$3,000. Should we get a

Dave Ramsey Says

second mortgage to pay for the work?

– Natalie

Dear Natalie,

For starters, I'd suggest cutting expenses any way you can, living on a strict budget and saving as much cash as possible. But taking out a second mortgage? No! You don't want that hanging over your heads.

You might want to get another opinion on the kitchen remodel, too. Sure, a new kitchen would be nice, but would it be a make-or-break kind of thing if you decide to sell your home? Probably not, unless it's in really terrible shape right now. Regardless, there's no way I'd go into debt to make this happen. I mean, your house isn't even on the market yet. There's no reason to fix up a house that's not for sale, especially

when you've got just \$4,000 to your names.

My advice is to wait and see how the whole job situation plays out before making any big decisions. Then if you end up selling the house and moving, you might take \$500 or so from savings to freshen up the kitchen a little bit.

–Dave

**Dave Ramsey is an eight-time national best-selling author, personal finance expert and host of "The Ramsey Show." He has appeared on "Good Morning America," "CBS This Morning," "Today," Fox News, CNN, Fox Business and many more. Since 1992, Dave has helped people take control of their money, build wealth and enhance their lives. He also serves as CEO for the company Ramsey Solutions. ★*

Annual Crime Report Shows Californians' Fear Of Increasing Crime Is Justified



By Dan Walters, CALMatters.org

Political officeholders at all levels and of all ideological stripes habitually pursue a time-dishonored practice when releasing data.

If its positive, politicians try to maximize its importance with lavish news conferences and self-congratulatory declarations.

If, on the other hand, the data have a negative cast, they will be released quietly, often late on a Friday afternoon, to minimize media coverage.

California's annual report on crime was released this year on the Friday before what for many would be a four-day, Fourth of July holiday weekend. That's a tipoff that it would not be good news – and, in fact, it received minimal media attention.

The 2022 report revealed that the state's violent crime rate increased by 6.1% since 2021, and property crime was up 6.2%. Homicides dipped very slightly, but robberies jumped by 10.2%.

Attorney General Rob Bonta issued a low-key statement with the data release, saying, "While crime rates remain significantly below their historical highs, property and violent crimes continue to have devastating consequences for communities across the state, and gun violence remains a major

threat to public safety."

One can be certain that had California seen a drop in crime in 2022, Bonta would have trumpeted it as loudly as possible.

Let's be clear: Neither Bonta nor any other attorney general can have more than a marginal effect on crime rates. Nevertheless, their campaigns often depict themselves as the state's top cop and imply that they do have such authority.

Why crime rates ebb and flow is the subject of never-ending academic and political debate – and is colored by equally erratic public concerns about being victimized.

At the moment, Californians' worries about crime appear to be on the upswing, as indicated by one of the Public Policy Institute of California's periodic polls, conducted just before last fall's election.

"Californians' perception of crime spiked during the pandemic – as did certain types of crime," PPIC found, adding, "nearly two in three Californians call violence and street crime in their local community a problem. This includes 31% who call them a big problem, a noticeable increase from February 2020 (24%)."

The poll found that among racial and ethnic groups, Black Californians expressed the highest level of concern about crime, women were more concerned than men, and Republicans more than Democrats or independent voters.

The data released on June 30 imply that those concerns are rooted in fact. Crime did increase sharply last year, particularly robberies, and it has not gone

unnoticed in the media.

The proliferation of cameras in stores and in the hands of cellphone owners has produced a never-ending supply of crime video snippets, such as smash-and-grab invasions of stores, for television newscasts, which then reverberate on YouTube and other online outlets.

Just a few days after the crime report release, for example, a San Francisco TV station aired video of criminals breaking into a Bay Area visitor's rental car in broad daylight, stealing the contents and driving away.

Bonta and the man who appointed him attorney general before he won reelection in November, Gov. Gavin Newsom, have pursued somewhat ambivalent postures about crime. They lament its effects on victims and take some public crime-fighting steps while championing criminal justice reform to reduce traditional punishment of those caught breaking the law.

A day before the crime data were released, Newsom dispatched more California Highway Patrol officers to battle open air drug dealing in San Francisco, a city he once governed as mayor.

In decades past, spikes in crime have had major impacts on California's political atmosphere – helping Republicans become dominant in the 1980s, for example.

Were crime to continue its currently upward path, it could once again become a game-changing political factor.

Dan Walters has been a journalist for more than 60 years, spending all but a few of those years working for California newspapers. ★

Governor Signs Bill to Strengthen Domestic Violence Restraining Orders

Office of Assemblymember Jesse Gabriel

SACRAMENTO, CA (MPG) - Governor Gavin Newsom recently signed into law Assembly Bill (AB) 467, a bipartisan measure authored by Assemblymember Jesse Gabriel (D - Encino) that will strengthen the ability of judges to grant and modify domestic violence protective orders.

"At a time in which violence against women and domestic abuse have increased to record levels around the world, it is crucial that we ensure domestic violence restraining orders are offering the fullest possible protection," said Assemblymember Gabriel. "This legislation will clarify a judge's authority over these orders, and extend the amount of time a court can modify the orders to ensure that we are providing ample protection to victims of domestic abuse."

Santa Clara County District Attorney Jeff Rosen, sponsor of the bill, hailed the new law as crucial to make sure that victims of crime can petition the court to change the terms of restraining orders during the 10-year lifetime of those orders. In some instances, victims will need more protections from the court, and in others fewer. District Attorney Rosen said, "Giving judges the ability to modify

their own court orders will help victims of domestic violence manage the protections to keep them safe. We are so grateful to Assemblymember Jesse Gabriel for championing this important new law."

Ambiguity in current law has left some courts confused as to when and for how long they have authority over domestic violence restraining orders and when they can modify provisions related to contact between the restrained person and the protected person, which can either be a "peaceful contact order" (PCO) or a no contact order (NCO). Victims often seek to modify the order from PCO to NCO or vice versa.

Some courts have determined that if the defendant is no longer serving a sentence and is not on probation, they do not have the jurisdiction to modify the order, even if both the victim and defendant request it. This confusion in current law is detrimental to both victims and defendants. AB 467 gives sentencing courts the authority to modify the terms of a peaceful contact order or no contact order and make modifications to the order throughout the duration of the domestic violence protective order.

Jesse Gabriel proudly represents the San Fernando Valley in the California State Legislature. ★



Poppoff!

With Mary Jane Popp

Beat The Heat

And so the summer begins and the heat hits us big time. So I asked Dr. Susan Smith-Jones who has made extraordinary contributions on the fields of well-being, anti-aging, and balance living to help us out on POPPOFF. She works with celebs around the world, and she told me water is the key to staying hydrated. Drink water, and eat lots of water-rich foods like...

1. LEAFY GREENS AND SPINACH. While iceberg lettuce may have a higher water content (96%), spinach is usually a better bet with over 91% water. Piling raw spinach leaves on your sandwich, salad, or smoothies provides as much built-in hydration, with an added nutritional punch of lutein, potassium, fiber, vitamin E, and brain-boosting folate.

2. STRAWBERRIES. All berries are good foods for hydration (and rich in vitamin C and polyphenols), but juicy red strawberries are easily the best of the bunch at 91% water. Raspberries and blueberries both hover around 85% water, while blackberries are only slightly better at 88%.

3. GREEN PEPPERS. Bell peppers of all shades have a high water content, but green peppers lead the pack at 93% water, just edging out the red and yellow varieties (which are about 92% water). And contrary to popular belief, green peppers contain just as many antioxidants as their slightly sweeter siblings.

4. CELERY. Coming in at 95% water, celery is a veggie worth becoming your friend. Like all foods that are high in water, celery has very few calories... just 6 calories per stalk. And its one-two punch helps to fill you up and curb your appetite.

5. APPLES. Remember the oft-repeated phrase that an apple a day keeps the doctor away? Well, here's a reminder to show this claim does, indeed hold considerable water. Apples contain an ample supply of water, which accounts for 86% of its total content. They come bearing myriad health benefits including



Water is the key to staying hydrated. Drink water, and eat lots of water-rich foods. Photo courtesy RÜSTÜ BOZKUS from Pixabay

their ability to boost the immune system, improve digestion, promote heart health, healthy skin as well as improved vision.

6. CUCUMBERS. Cucumber, another high-rolling water-rich food, has a 95% water content. Like potatoes, cucumbers are also high in potassium. Cucumbers offer yet another health benefit in the form of Fisetin. Fisetin (a plant polyphenol from the flavonoid group) is an anti-inflammatory agent that's known to support brain health.

7. TOMATOES. Another water-rich food, the versatile, hearty tomato has a water content of up to 95%. Nutrient-wise, tomatoes are no slouch. Tomatoes contain high amounts of lycopene (a cancer-fighting carotenoid), vitamin A, vitamin C and potassium, just to name a few.

8. WATERMELON. With a water content of 92%, this water-rich food in not only a summertime favorite but also offers high levels of glutathione, one of the body's primary antioxidants and detoxifiers. Don't forget its cousin, the nutrient-rich cantaloupe, which has a 90% water content.

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Roselia Silva, 435 W Delano Street, Elverta, CA 95626 is doing business under the Fictitious Business Name(s) "Tacos El Rincon" 435 W Delano Street, Elverta, CA 95626. Filed with the Clerk of Sacramento County June 9, 2023
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FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-04488
Joseph H Chasko, 2837 Conbar Court, Sacramento, CA 95826 is doing business under the Fictitious Business Name(s) "Free Energy Group/Smoke-Busters UV Deodorizing" 2837 Conbar Court, Sacramento, CA 95826. Filed with the Clerk of June 12, 2023
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FREE 7-14-23

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FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-04414
Gary Lynn Albert, 7826 Shareen Way, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "GA Mechanical" 7826 Shareen Way, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County June 8, 2023
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QUERCUS 7-14-23

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Lianna Stepanyan, 10188 Countryside Way Sacramento, CA 95827 is doing business under the Fictitious Business Name(s) "MerandLen Designs/ MerdLen Designs" 10188 Countryside Way Sacramento, CA 95827. Filed with the Clerk of Sacramento County June 5, 2023
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FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-04464
LLia Arsentev, 8350 Villaview Drive, Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "Yellow Blue Bus" 8350 Villaview Drive, Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County June 9, 2023
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Natalia Anna Castro, 5344 Marconi Avenue #225, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "On Call 24/7" 5344 Marconi Avenue #225, Carmichael, CA 95608. Filed with the Clerk of Sacramento County May 24, 2023
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Theta Wellness, Inc., 11211 Gold Country Boulevard Suite 100, Gold River, CA 95670 is doing business under the Fictitious Business Name(s) "MPE 3/ MPE 4U/HHE (Human Health Education) Tune-Up Station" 11211 Gold Country Boulevard Suite 100, Gold River, CA 95664. Filed with the Clerk of Sacramento County June 9, 2023
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FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-04535
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Kathia Martinez and Luis Martinez, 7770 Rose Petal Way, Sacramento, CA 95828 is doing business under the Fictitious Business Name(s) "A&E Landscaping & Irrigation" 7770 Rose Petal Way, Sacramento, CA 95828. Filed with the Clerk of Sacramento County June 15, 2023
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KATHIA 7-14-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-04622
Brandon Aytte, 6339 Oakcreek Way Citrus Heights, CA 95621 and Justin Pierce, 100 Anderson Way, Wheatland, CA 95692 is doing business under the Fictitious Business Name(s) "Trap Bros" 6339 Oakcreek Way Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County June 16, 2023
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TRAP 7-14-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-04434
Brian Frederick Kropp, 2420 Camino Garden, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Fair Oaks Family Taekwondo" 7909 Fair Oaks Boulevard, Carmichael, CA 95608. Filed with the Clerk of Sacramento County June 8, 2023
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TY Locksmith LLC, 7858 Windsor Lane, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "TY Locksmith/Tomas Locksmith" 7858 Windsor Lane, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County June 15, 2023
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LOCKSMITH 7-21-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-04534
MRM Fast Transport LLC, 6020 Rutland Drive Suite 20, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "MRM Fast Transport" 6020 Rutland Drive Suite 20, Carmichael, CA 95608. Filed with the Clerk of Sacramento County June 14, 2023
Publish: June 30, July 7, 14, 21, 2023
TRANSPORT 7-21-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-04689
A & Y Auto Sales, Inc., 2580 Roslyn Way, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "A & Y Auto Sales" 1650 Silica Avenue, Sacramento, CA 95815. Filed with the Clerk of Sacramento County June 20, 2023
Publish: June 30, July 7, 14, 21, 2023
AUTO 7-21-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-04658
Drains Only, LLC, 4 Picket Court, Sacramento, CA 95823 is doing business under the Fictitious Business Name(s) "Drains Only" 4 Picket Court, Sacramento, CA 95823. Filed with the Clerk of Sacramento County June 16, 2023
Publish: June 30, July 7, 14, 21, 2023
DRAINS 7-21-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-04709
Isadore Sanchez, 2930 Marysville, CA 95815 is doing business under the Fictitious Business Name(s) ALVearium Management/ALV Management" 11344 Coloma Road Suite 710, Gold River, CA 95670. Filed with the Clerk of Sacramento County June 20, 2023
Publish: June 30, July 7, 14, 21, 2023
ISADORE 7-21-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-04473
ARSF Inc, 8441 Elk Grove Florin Road, Elk Grove, CA 95624 is doing business under the Fictitious Business Name(s) "Mountain Mike's Pizza" 9320 Elk Grove Boulevard Suite 150, Elk Grove CA 95624. Filed with the Clerk of Sacramento County June 9, 2023
Publish: June 30, July 7, 14, 21, 2023
ARSF 7-21-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-04142
Yasha Dasha Artesano, 5948 Landis Avenue #64, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Yasha Pasha Crafts" 5948 Landis Avenue #64, Carmichael, CA 95608. Filed with the Clerk of Sacramento County May 30, 2023
Publish: June 30, July 7, 14, 21, 2023
YASHA 7-21-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-04925
Legacy Blu Print LLC, 7007 Middlecoff Way, Sacramento, CA 95822 is doing business under the Fictitious Business Name(s) "Blu Print" 7007 Middlecoff Way, Sacramento, CA 95822. Filed with the Clerk of Sacramento County June 27, 2023
Publish: July 7, 14, 21, 28, 2023
PRINT 7-28-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-04926
Imprint Xpressions LLC, 7007 Middlecoff Way, Sacramento, CA 95822 is doing business under the Fictitious Business Name(s) "Imprint" 7007 Middlecoff Way, Sacramento, CA 95822. Filed with the Clerk of Sacramento County June 27, 2023
Publish: July 7, 14, 21, 28, 2023
IMPRINT 7-28-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-04578
Summit Funding, Inc., 2135

Butano Drive Suite 150, Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "Connected Home Lending Partners" 2135 Butano Drive Suite 150, Sacramento, CA 95825. Filed with the Clerk of Sacramento County June 15, 2023
Publish: July 7, 14, 21, 28, 2023
SUMMIT 7-28-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-04676
Willwil Tree LLC., 105 Brown Duvall Lane, Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "Restoration 1 of East Sacramento," 105 Brown Duvall Lane, Folsom, CA 95630. Filed with the Clerk of Sacramento County June 20, 2023
Publish: July 7, 14, 21, 28, 2023
RESTORATION 7-28-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-04157
Pillar Auto Group LLC., 11730 Clay Station Road. Herald, CA 95638 is doing business under the Fictitious Business Name(s) "Aamco South Sacramento" 6441 Franklin Boulevard, Sacramento, CA 95823. Filed with the Clerk of Sacramento County May 31, 2023
Publish: July 7, 14, 21, 28, 2023
PILLAR 7-28-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-04924
Phoenix Rizing Solutions LLC., 7007 Middlecoff Way, Sacramento, CA 95822 is doing business under the Fictitious Business Name(s) "Phoenix Solutions" 7007 Middlecoff Way, Sacramento, CA 95822. Filed with the Clerk of Sacramento County June 27, 2023
Publish: July 7, 14, 21, 28, 2023
PHOENIX 7-28-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-04731
First Colony Mortgage Corporation, 508 W 800 N, Orem, UT 84057 is doing business under the Fictitious Business Name(s) "GHMC/ GoGuaranty Home Lending" 508 W 800 N, Orem, UT 84057. Filed with the Clerk of Sacramento County June 21, 2023
Publish: July 7, 14, 21, 28, 2023
FIRST 7-28-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-04649
AJ Fastfood Inc., 10058 Newhart Court, Elk Grove, CA 95757 is doing business under the Fictitious Business Name(s) "West Coast Sourdough" 9257 Laguna Springs Drive Suite 110, Elk Grove, CA 95758. Filed with the Clerk of Sacramento County June 16, 2023
Publish: July 7, 14, 21, 28, 2023
WEST 7-28-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-04594
Rosa Marie Danielyan, 9209 Henley Way, Sacramento, CA 95826 is doing business under the Fictitious Business Name(s) "La Rose Fleur" 9209 Henley Way, Sacramento, CA 95826. Filed with the Clerk of Sacramento County June 15, 2023
Publish: July 7, 14, 21, 28, 2023
ROSA 7-28-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-04762
Shayne Erickson, 1808 Klamath River Drive, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "S.P.S Pilot Car Service" 1808 Klamath River Drive, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County June 21, 2023
Publish: July 7, 14, 21, 28, 2023
SHAYNE 7-28-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-04853
Manuwa Lawrence, 5007 Chervil Court, Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "AY Nursing Staffing" 5007 Chervil Court, Antelope, CA 95843. Filed with the Clerk of Sacramento County June 27, 2023
Publish: July 7, 14, 21, 28, 2023
LAWRENCE 7-28-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-04243
Brittanny Larson, 6247 Silvertown Way, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "B & K's Cleaning with Meaning" 6247 Silvertown Way, Carmichael, CA 95608. Filed with the Clerk of Sacramento County June 2, 2023
Publish: July 7, 14, 21, 28, 2023
BRITTANY 7-28-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-04827
Brandon Narath Muse, 7340 Single Way, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "Dark Watch Security" 7340 Single Way, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County June 23, 2023
Publish: July 7, 14, 21, 28, 2023
BRANDON 7-28-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-04651
AB Fastfood Inc., 10058 Newhart Court, Elk Grove, CA 95757 is doing business under the Fictitious Business Name(s) "AB Fastfood Inc" 7600 Elk Grove Boulevard Suite 120, Elk Grove, CA 95758. Filed with the Clerk of Sacramento County June 16, 2023
Publish: July 7, 14, 21, 28, 2023
COAST 7-28-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-04864
Thuyet Thi Tran, 9516 Ballinger Drive, Sacramento, CA 95829 is doing business under the Fictitious Business Name(s)

"Novel Nails Salon & Day Spa" 5880 Antelope Road #100, Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County June 26, 2023
Publish: July 7, 14, 21, 28, 2023
NOVEL 7-28-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-04773
Rockybee LLC, 3804 Arborhill Way, Sacramento, CA 95834 is doing business under the Fictitious Business Name(s) "Body by Raye" 3804 Arborhill Way, Sacramento, CA 95834. Filed with the Clerk of Sacramento County June 22, 2023
Publish: July 7, 14, 21, 28, 2023
ROCKYBEE 7-28-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-04960
CIGA Enterprises Inc., 3855 Otay Street, West Sacramento, CA 95691 is doing business under the Fictitious Business Name(s) "SpeedDee Oil Change & Auto Service" 5490 Dewey Drive, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County June 28, 2023
Publish: July 7, 14, 21, 28, 2023
CIGA 7-28-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-04512
Francois Tcha, 9706 Fall Valley Way, Sacramento, CA 95829 is doing business under the Fictitious Business Name(s) "GIT Solutions" 9706 Fall Valley Way, Sacramento, CA 95829. Filed with the Clerk of Sacramento County June 13, 2023
Publish: July 14, 21, 28, August 4, 2023
GIT 8-4-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-04996
Sondra R. Bushey and Scott E. Bushey, 10828 Walnutwood Way, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "House of Ube" 10828 Walnutwood Way, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County June 30, 2023
Publish: July 14, 21, 28, August 4, 2023
HOUSE 8-4-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-04637
Kenneth W. Bottoms, 3717 Haven Glen Place, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Nu Edge Knife & Tool" 3717 Haven Glen Place, Sacramento, CA 95821. Filed with the Clerk of Sacramento County June 16, 2023
Publish: July 14, 21, 28, August 4, 2023
KENNETH 8-4-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05046
Henry Zheng, 7361 Tawny Port Way, Sacramento, CA 95829 is doing business under the Fictitious Business Name(s) "Myobodywork" 5620 Birdcage Street #250, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County July 3, 2023
Publish: July 14, 21, 28, August 4, 2023
HENRY 8-4-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-04981
Sadia Naebkheh, 9832 Porto Bay Drive, Elk Grove, CA 95757 is doing business under the Fictitious Business Name(s) "iMagic Beauty" 9832 Porto Bay Drive, Elk Grove, CA 95757. Filed with the Clerk of Sacramento County June 29, 2023
Publish: July 14, 21, 28, August 4, 2023
SADIA 8-4-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-04679
Powers Bookkeeping Service, Inc., 7210 Geowood Way, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "Powers Bookkeeping Service" 7210 Geowood Way, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County June 20, 2023
Publish: July 14, 21, 28, August 4, 2023
POWERS 8-4-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05019
USKO Realty Inc., 5299 Auburn Boulevard, Sacramento, CA 95841 is doing business under the Fictitious Business Name(s) "USKO Properties/USKO Commercial/USKO Realty/ UR" 5299 Auburn Boulevard, Sacramento, CA 95841. Filed with the Clerk of Sacramento County June 30, 2023
Publish: July 14, 21, 28, August 4, 2023
USKO 8-4-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-04980
Michael DeCelle, 1987 Cottonwood Court, Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "Broadstone Construction" 1987 Cottonwood Court, Folsom, CA 95630. Filed with the Clerk of Sacramento County June 29, 2023
Publish: July 14, 21, 28, August 4, 2023
BROADSTONE 8-4-23

ORDER TO SHOW CAUSE CHANGE OF NAME

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME
#23CV003046

Lilian Antonia Apgar aka Lilian Antonia Rosas has filed a petition with this court for a decree changing the name(s) of Lilian Antonia Apgar aka Lilian Antonia Rosas to Lilian De La O Apgar. IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on August 22, 2023, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: June 12, 2023
Christopher E. Krueger, Judge of the Superior Court
Publish: June 23, 30, July 7, 14, 2023
LILIAN 7-14-23

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME
#23CV001615

Jerry Allen Paz has filed a petition with this court for a decree changing the name(s) of Jerry Allen Paz to Gerald Allen Calhoun III and Jessica Lynn Mason to Jessica Lynn Calhoun and Camren William Paz to Camren William Calhoun. IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on September 7, 2023, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: June 6, 2023
Richard K. Sueyoshi, Judge of the Superior Court
Publish: June 23, 30, July 7, 14, 2023
JERRY 7-14-23

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME
#23CV003166

LaMont Pelletier and Heather Nelson has filed a petition with this court for a decree changing the name(s) of Aaden Joseph-William King to LaRenzo Aaden Joseph Pelletier. IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on September 13, 2023, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: June 13, 2023
Richard K. Sueyoshi, Judge of the Superior Court
Publish: June 23, 30, July 7, 14, 2023
LAMONT 7-14-23

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME
#23CV002963

Penny Louise Wilson has filed a petition with this court for a decree changing the name(s) of Penny Louise Wilson to Lilian Peni Louise Wilson. IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on August 23, 2023, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: June 9, 2023
Christopher E. Krueger, Judge of the Superior Court
Publish: June 23, 30, July 7, 14, 2023
PENNY 7-14-23

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME
#23CV003454

Jalal Junbish has filed a petition with this court for a decree changing the name(s) of Mudathir Junbish to Mudassir Junbish.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on August 30, 2023, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: June 21, 2023
Christopher E. Krueger, Judge of the Superior Court
Publish: June 30, July 7, 14, 21, 2023
JALAL 7-21-23

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME
#23CV003578

Amun Sobek Ra El has filed a petition with this court for a decree changing the name(s) of Amun Sobek Ra El to El Amun Sobek Bey.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on September 20, 2023, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: June 23, 2023
Richard K. Sueyoshi, Judge of the Superior Court
Publish: June 30, July 7, 14, 21, 2023
AMUN 7-21-23

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME
#23CV003250

Zaona Ashannay Carrie Pruitt has filed a petition with this court for a decree changing the name(s) of Zaona Ashannay Carrie Pruitt to Zayana Ashannay Carrie Fields. IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on September 14, 2023, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: June 14, 2023
Richard K. Sueyoshi, Judge of the Superior Court
Publish: June 30, July 7, 14, 21, 2023
ZAONA 7-21-23

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME
#23CV003215

Danielle Miller and Justin Miller has filed a petition with this court for a decree changing the name(s) of Shyann Elizabeth Marie Lopez Miller to Shyann Elizabeth Marie Miller. IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on September 7, 2023, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: June 14, 2023
Richard K. Sueyoshi, Judge of the Superior Court
Publish: June 30, July 7, 14, 21, 2023
SHYANN 7-21-23

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME
#23CV003450

Ahmad Shoaib Ahmadzai has filed a petition with this court for a decree changing the name(s) of Ahmad Shoaib Ahmadzai to Ahmad Shoaib Ahmadi and Lailuma Ahmadzai to Lailuma Ahmadi and Khosbo Ahmadzai to Khosbo Ahmadi and Parwana Ahmadzai to Marwa Ahmadi and Monawara Ahmadzai to Monawara Ahmadi and Mariam Ahmadzai to Mariam Ahmadi and Mohammad Hamza Ahmadzai Mohammad Hamza Ahmadi.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on September 19, 2023, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: June 21, 2023
Richard K. Sueyoshi, Judge of the Superior Court
Publish: June 30, July 7, 14, 21, 2023
AHMAD 7-21-23

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME
#23CV002687

Fredy Campos has filed a petition with this court for a decree changing the name(s) of Mila Calisto Campos to Mila Callisto Campos.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on August 15, 2023, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: June 5, 2023
Christopher E. Krueger, Judge of the Superior Court
Publish: July 7, 14, 21, 28, 2023
MILA 7-28-23

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME
#23CV003715

Ji Hye Lee has filed a petition with this court for a decree changing the name(s) of Ji Hye Lee to Shannon Jihye Lee.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on September 12, 2023, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: June 27, 2023
Christopher E. Krueger, Judge of the Superior Court
Publish: July 7, 14, 21, 28, 2023
SHANNON 7-28-23

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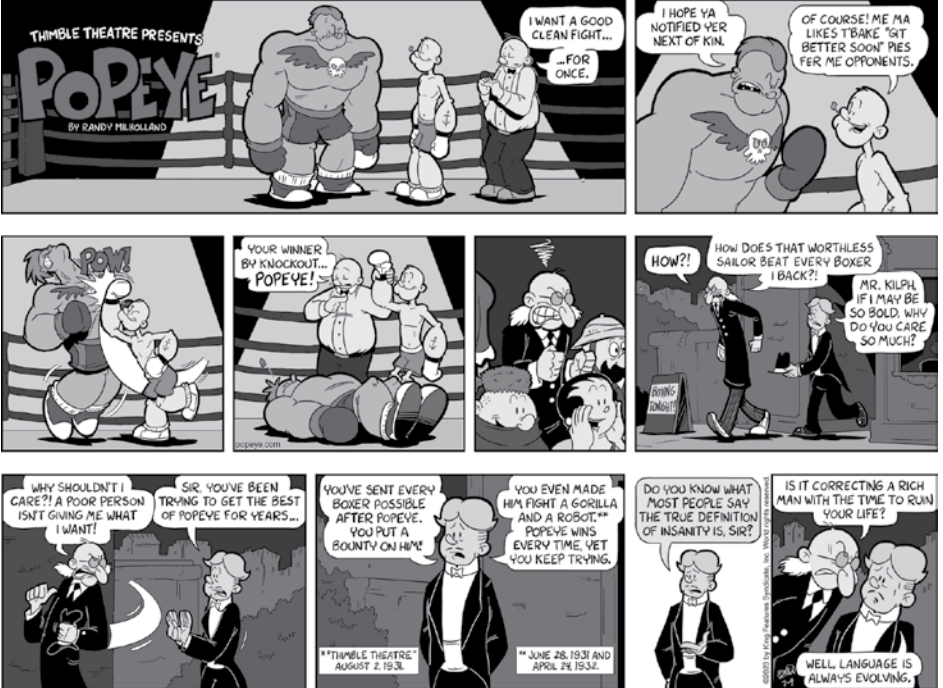
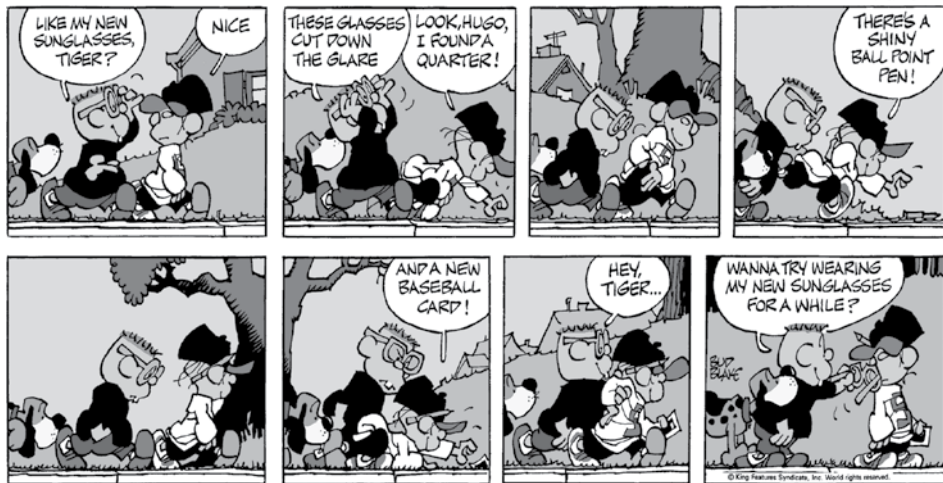
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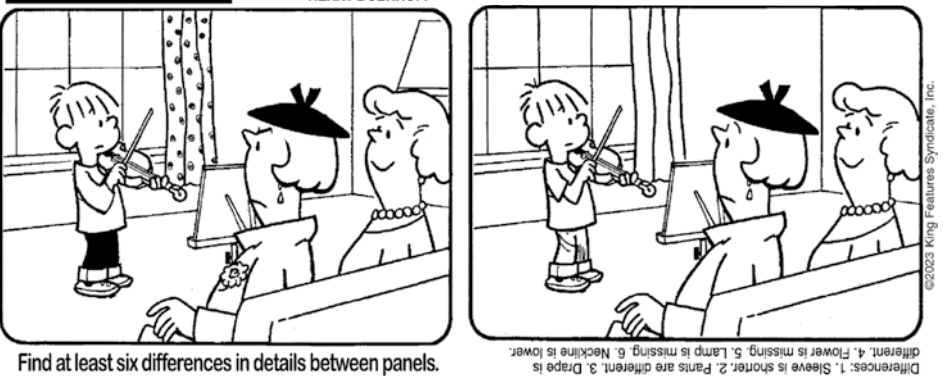
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42. Like Raphael's cherubs
45. Polite social behavior
49. How many of the President's men?
51. *Cross it when you get to it
54. Investigative report
56. Count sheep
57. Bringing up the rear, adj.
58. Between ports
59. Consumer
60. Overhaul
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62. Pool path
63. Great Lake
64. Henna and such
67. *One up your sleeve gives advantage

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3. Gulf V.I.P.
4. Moonshine
5. Cloth armband
6. Kaa's warning
7. *Break it to start a conversation
8. Synchronizes, for short
9. Pillow filler
10. "Green Gables" character
11. Suggestive look
12. Blunders
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22. Dinghy propeller
24. Bear witness
25. *Read between these for real meaning
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Everyday
Effective 7/12/23 - 7/18/23

AVODERM NATURAL DRY DOG FOOD

26-30 Lb Bag Limit 2 Bags Per Family
Lamb Meal & Rice • Chicken Meal & Rice • Lite • Senior • Large Breed

\$5 OFF
OUR DISCOUNT PRICE!
Effective 7/12/23 - 7/18/23

FUSSIE CAT PREMIUM CANNED CAT FOOD

2.8 Oz.
Black Label • Gold Label

Limit 2 Cases Per Family
ON SALE
Effective 7/12/23 - 7/18/23

NUTRO WHOLESOME ESSENTIALS DRY DOG FOOD

Lamb Meal & Rice 30 Lb Bag
Adult • Large Breed • Small Bites • Healthy Weight

Limit 2 Bags Per Family
\$59.99
Effective 7/12/23 - 7/18/23

ARM & HAMMER SUPER SCOOP CLUMPING CAT LITTER

20 Lb Box • Unscented • Double Duty (Clump n Seal 19 lb, Slide 19 lb \$13.99) • Absorb 15 lb

Limit 2 Boxes Per Family
\$8.99
Effective 7/12/23 - 7/18/23

EUKANUBA DRY DOG FOOD

30Lb Bag Limit 2 Bags Per Family
Medium Breed Adult • Large Breed Adult • Large Breed Senior • Large Breed Puppy • Large Breed Lamb

Limit 2 Bags Per Family
\$8 OFF
Our Discount Price
Effective 7/12/23 - 7/18/23

SCOOPAWAY CLUMPING CAT LITTER

42 Lb Bag
Multi-Cat Formula

Limit 2 Boxes Per Family
\$14.99
Effective 7/12/23 - 7/18/23

PURINA PRO-PAN CANNED CAT FOOD
Selected Varieties 3 Oz
(Focus & Selected Varieties \$1.35) Limit 1 Case
\$1.19

Limit 2 Cases
EARTH BORN HOLISTIC CANNED CAT FOOD
Including • Catalina Catch • Harbor Harvest • Monterey Medley • Chicken Cacciatore 3 Oz.
5.5 Oz.
\$1.25 \$1.79

ACANA DRY DOG FOOD
All Sizes
10% OFF
OUR REGULAR LOW PRICES

CORE GRAIN FREE DRY DOG FOOD
Original • Reduced Fat • Ocean
22-24 Lb bag
\$6 OFF
OUR REGULAR PRICES

Limit 2 Bags 3 Lb Bag
FANCY FEAST DRY CAT FOOD
(Purina One Dry Cat Food 3 Lb.)
Selected Varieties **\$9.49**

9 LIVES DRY CAT FOOD
Grilled Tuna & Egg 12 Lb Bag
Limit 2 Bags Per Family
\$10.99

MEOW MIX CAT FOOD
Market Fresh 2.75 Oz Cup Limit 1 Case
69¢

ODOR LOCK ULTRA PREMIUM CLUMPING CAT LITTER
Unscented • Multi-Cat
25Lb bag Limit 2 Bags
NEW 20% OFF
OUR DISCOUNT PRICE

Natural Grain-Free
EARTH BORN HOLISTIC DRY DOG FOOD
Primitive Feast • Great Plains Feast • Meadow Feast • Coastal Catch • Weight Control • Large Breed 25 Lb Bag
Limit 2 Bags
\$43.99

NATURALLY FRESH CAT LITTER
100% Natural
14 Lb Bag Pellets \$5.99
Clumping \$9.99
Multi-Cat Clumping \$10.99

Probiotic • Gently Scented • Scent Free (Natural & Extra Strength)
BOXIE CAT CAT LITTER
16 Lb \$2.00 OFF
28 Lb \$3.00 OFF

DIAMOND PRO 89 DRY DOG FOOD
Beef, Pork & Ancient Grains 40 Lb Bag
(89% Protein from Animal Sources)
\$44.99

MIDWEST METAL PRODUCTS

Exercise Pens • Folding Crates • Ovation Trainer

SCOTT PET PORK CHOMPS NUTRI CHOMPS
All Varieties Rawhide Free
20% OFF
OUR SUPER LOW PRICES

VAN NESS CAT PANS
REGULAR HI-SIDES
Large CP2 \$3.99 Large CP2HS \$5.99
Giant CP3 \$6.99 Giant CP3HS \$7.99

MULTI-PET SOFT DOG TOYS
All Varieties
20% OFF
OUR SUPER LOW PRICES

SENTRY FLEA & TICK PRODUCTS
(Excluding Fipronid) • Sentry Home • Squeeze-On • Natural Defense • Shampoo • Sprays • Collar
20% OFF
OUR SUPER LOW PRICES

BOXED GLASS TANK WITH STARTER KIT

10 Gal Tetra LED Deluxe... **\$66.99**
20 Gal Tetra LED Deluxe... **\$113.99**
29 Gal Tetra LED Deluxe... **\$136.99**
55 Gal Tetra LED Deluxe... **\$224.99**

AQUEON PRE-PRICED AQUARIUM KITS
10 GALLON... (Pre-Priced \$79.99)... **\$59.99**
20 GALLON... (Pre-Priced \$124.99)... **\$99.99**
30 GALLON... (Pre-Priced \$139.99)... **\$109.99**
55 GALLON... (Pre-Priced \$229.99)... **\$199.99**

TETRA WATER TREATMENT
All Varieties
20% OFF
OUR SUPER LOW PRICES

REEF CRYSTALS
50 Gal. Salt Mix
\$22.99

BONUS COUPON FANCY FEAST GOURMET CANNED CAT FOOD

3 Oz - All Varieties Except Elegant Medley
Limit 1 Case Per Family
Limit One Coupon Per Family
Price Valid Only With Coupon
Effective 7/12/23 - 7/18/23
ON SALE
Everyday
CHM PLU 361

BONUS COUPON FRISKIES PARTY MIX CAT TREATS

2.1 Oz • Selected Varieties
Limit 2 Pkgs With Coupon
Limit One Coupon Per Family
Price Valid Only With Coupon
Effective 7/12/23 - 7/18/23
\$1.49
CHM PLU 573

BONUS COUPON JONNY CAT PREMIUM CAT LITTER

20 Lb Box
Limit 1 Bag With Coupon
Limit One Coupon Per Family
Price Valid Only With Coupon
Effective 7/12/23 - 7/18/23
\$5.39
CHM PLU 362