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THE NEWS

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VOLUME 42 • ISSUE 23 Serving Rio Linda, Elverta and Sacramento County JUNE 9, 2023


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FAMILY HEALTH,
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Electric Bus Charging Depot Unveiled



The new Electric School Bus Charging Depot is located at Twin Rivers Unified Transportation Yard, 1400 B Grand Avenue, Sacramento, Calif. Photo courtesy of TRUSD Communications

TRUSD News Release

SACRAMENTO, CA (MPG) - Twin Rivers Unified celebrated the completion of the district's Electric School Bus Charging Depot with a special May 26 ribbon cutting ceremony at the district's transportation yard. The Depot features 82 charging stations to support the district's fleet of 58 pollution-free electric buses. By 2024, Twin Rivers will have 82 operating electric school buses.

In 2016, Twin Rivers changed the way students are transported to and from school by deploying the largest electric school bus fleet in the country. We had 16 buses, funded in part by a \$7.5 million California Climate Investment grant.

The district's transition away from diesel buses and installing the critical charging infrastructure to support them would not be possible without the district's essential partners. Funding for the district's electric buses/

infrastructure comes from several local and state organizations, including the Sacramento Metro Air Quality Management District (SMAQMD), the California Air Resources Board (CARB), the California Energy Commission (CEC), and local utility provider SMUD.

The benefits of zero-emission school buses are:

Healthier – Clean air for our children, teachers, parents and neighbors;

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Blue Star Museums Offer Free Admission to Military and Families

**T-Rock
Communications
News Release**

SACRAMENTO, CA (MPG) - Six Sacramento area museums are participating in Blue Star Museums – a partnership between the National Endowment for the Arts and Blue Star Families, in collaboration with the Department of Defense and museums across America – to offer free admission to the nation's active-duty military personnel and their families, including National Guard and Reserve, through Labor Day on September 4, 2023. The six local museums participating in the 2023 Blue Star Museums program include the following: Aerospace Museum of California, California Automobile Museum, California Museum, Crocker Art Museum, Fairytale Town, and the Sacramento History Museum.

The free admission program is available for those currently serving in the United States Military—Army, Navy, Air Force, Marine Corps, Coast Guard, including Reservists, National Guardsman (regardless of status), U.S. Public Health Commissioned Corps, NOAA Commissioned Corps, and up to five family members. Qualified members must show a Geneva Convention common access card (CAC), DD Form 1173 ID card (dependent ID), or a DD Form 1173-1 ID card for complimentary entrance into a participating Blue Star Museum.

Before planning a visit, guests are encouraged to contact the individual museums for hours of operation and note some are normally closed on Mondays and in observance of holidays such as Memorial Day and Labor Day. For more information or a complete list of participating Blue Star museums, please visit <https://www.arts.gov/initiatives/blue-star-museums>. For more information about upcoming activities offered by Sacramento area museums, "like" them on Facebook at www.Facebook.com/SacMuseums, follow them on Instagram and Twitter @SacMuseums or visit the user-friendly website at www.SacMuseums.org. Those interested can also sign up for emails to learn more about your Sacramento Area Museums via the website at www.sac-museums.org. ★

5 Over 50 Award Recipients Honored

**Sacramento County News
Release**

SACRAMENTO COUNTY, CA (MPG) - Eighteen people were nominated for Sacramento County's 5 Over 50 Award, which recognizes volunteers in the County who are over the age of 50. During the Tuesday, May 23 Board of Supervisors meeting, Sacramento County's Adult and Aging Commission honored all of them.

Some of the award recipients wanted to share why they volunteer. They also wanted to highlight what they do to help others in Sacramento County.

One of the volunteers who was honored is John Seigal. He is a member of the Kiwanis Club of Rancho Murieta. He also volunteers at the Elk Grove Food Bank and the California State Railroad Museum. John has volunteered over 28,000 hours at the State Railroad Museum since 1999. John says he enjoys staying busy.

"I'm enjoying my life. I get up every morning and I have something to do," he explained.

John says being retired doesn't mean you have to lose your sense of purpose. He encourages older adults to get out and find ways to stay involved in their community.

"When you get to retirement age, what's the purpose in life? To sit around the house all day? No. Choose to volunteer, do what you want to do, and bloom where you're planted. Find out about all of the new things

happening. Share your wisdom now that you are older," said John.

Howard Hatch is another award recipient who loves history. He volunteers at the Sacramento History Museum. During the pandemic, he became a TikTok celebrity. Videos of Howard running the old printing press went viral.

Now, he uses the videos to teach people around the world about his volunteer work and Sacramento's history. His fellow volunteer at the museum, Jared Jones, makes the videos. People love watching Howard so much, viewers have donated thousands of dollars to the museum. But Howard says he doesn't volunteer or star in the videos for the fame. He loves running the printing press and teaching younger generations about

history.

"I always figure, if you want to know something about what you're doing right now, you need to see where it came from and how it developed," said Howard.

Howard started volunteering at the Sacramento History Museum more than 20 years ago. Right now, he has no intention of slowing down. He plans on creating more videos to continue educating people. Those who have volunteered with Howard say they are thankful for his dedication to the museum and want to recognize Howard for bringing so much attention to the museum.

Award recipient Marilyn Lewis was recognized for her dedication to keeping her community safe. She

Continued on page 3



The 5 Over 50 Award recognizes volunteers in the County who are over the age of 50. Photo courtesy of Sacramento County

DOVIA Recognizes Volunteer Managers and Volunteers

DOVIA News Release

SACRAMENTO REGION, CA (MPG) - Directors of Volunteers in Agencies (DOVIA) celebrated volunteerism on Thursday, May 18th with a reception honoring the nominees and winners of the Youth Volunteer of the Year, the Individual Volunteer of the Year and Volunteer Manager of the Year awards. The reception was held at Eskaton Village Carmichael, 3939 Walnut Avenue, Carmichael.

Six youth volunteers were nominated for Youth Volunteer of the Year, twenty individual volunteers were nominated for Individual Volunteer of the Year and three volunteer coordinators were nominated for Volunteer Manager of the Year.

The winners are:
Youth Volunteer of the Year

Rose Luo - Rose is a longtime teen participant at the Sacramento Public Library’s Arcade branch. She re-joined the volunteer team after the library reopened to the public during COVID-19 and immediately took on a more prominent volunteering role. A talented artist and dedicated helper, she soon shouldered two monumental tasks: illustrating their seed library dividers to better advertise the collection and assisting with teen events every Saturday.

Individual Volunteer of the Year

Thuy Nguyen - Thuy serves in the Outpatient Services Department, Kaiser Permanente South Sacramento. She escorts patients to their assigned bed, helping get them ready for surgery. She checks on patients after surgery providing whatever comfort items are needed. Thuy served as one of their Volunteer Trainers. In this position she helped with training new incoming volunteers; however, she also assisted with review and update of all documents. This requires working closely with the department liaison to assist with communication and information disbursement.

Fast Forward 2022 - When COVID hit, and volunteers were given an opportunity for “leave of absence,” everyone except Thuy decided to take leave. Outpatient Surgery was suddenly not an option. Instead of taking the easy route, Thuy walked in and said, “Where do you need me?” She became an ambassador.



DOVIA Sacramento 2023 Awards Winners from Left to Right: Lynn Pesely (Manager), Guest Speaker: Colby Haskell (Miss Sacramento County 2023), Rose Luo (Youth), and Thuy Nguyen (Individual). Photo courtesy of DOVIA

Here is a list of the types of services she performs: wheelchair round up and cleaning, Personal Protective Equipment distribution, Admissions Kits preparation and distribution, Greeter/Ambassador coverage and training, member escorts and general information. All these services helped to coordinate visitation, navigation, and safety.

Volunteer Manager of the Year
Lynn Pesely - Lynn Pesely is the Coordinator for the Sacramento Medical Reserve Corps. During the COVID-19 pandemic she supported Sacramento County’s testing and vaccination clinics and other efforts supplying hundreds of volunteers. 424 volunteers served a total of 28,000 hours, an economic value of \$1.4 million, for COVID-19 response at vaccination and testing clinics, COVID-19 Hotline, case investigation, after-hours calls, courier, and logistics.

The silver lining of COVID-19 was the 700 volunteers who stepped forward to help in a time when most people were staying home. Volunteering not only helped strengthen the Sacramento County Office of Emergency Services/Public Health COVID-19 response

effort, it helped the Sacramento Medical Reserve Corps volunteers (MD’s, RNs, LVNs, EMTs, Dentists and more medical professionals and non-medical volunteers) to make it through the pandemic by giving them a reason to get up and get dressed in the morning to go out and help the community which also helped give the volunteers purpose.

Lynn often had too many volunteers trying to secure the same shifts – a good problem to have! Sacramento Medical Reserve Corps volunteers often served multiple days a week, including overnight and weekends. Sometimes 20 volunteers were deployed a day at 5 different locations. During the COVID-19 response, 20 volunteers served 500+ hours, earning a Gold Presidential Service Award and 6 of those served 1000+ hours. 15 volunteers served 250+ hours earning a silver presidential service award, and 51 volunteers served 100+ hours earning a bronze Presidential Service Award. The volunteers who came onboard during COVID-19 are now dedicated to the Sacramento Medical Reserve Corps program, continue to volunteer for a

variety of events, have started friendships with other members, and some even support the Sacramento Medical Reserve Corps Foundation with donations on the Big Day of Giving. In addition to the COVID-19 response, Lynn’s volunteers have also supported the Sacramento County Office of Emergency Services’ response to wildfires and the recent winter storms and flooding.

DOVIA (Directors of Volunteers in Agencies) of Sacramento provides a forum for exchange of information on relevant issues facing professional volunteer managers. Through collaborative efforts, DOVIA is committed to promoting service and emphasizing professional growth and development of the volunteer administration profession. DOVIA Sacramento hosts monthly educational programs featuring relevant topics in the field and semi-annual training seminars. For more information, visit www.doviasacramento.org

For more information about the awards, contact Lyndsey Dammann, Awards Chair, at awards@doviasacramento.org or call (916) 334-1072, ext. 3. ★

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Employment Opportunities

Employment and Independent Contractor Positions at Messenger Publishing Group

We publish ten local newspapers in the Sacramento Region. Our main office is in Carmichael. We have been publishing for fifteen years and are seeking new qualified employees.

CURRENT WORK OPPORTUNITIES

Office Administration – We are seeking a full-time administrative support person for our newspaper group. This position works in the Carmichael office and works directly with the Office Manager. Work hours are between 8:30 to 5:00 Monday through Friday. Previous office management experience is required.

Production Layout/Graphic Design – This part-time position assists with the layout of the newspapers and works with the production staff to create our weekly newspapers. Must have good working knowledge of InDesign production programs. Must be able to work within our current system and be able to take direction to meet our deadlines. Previous layout experience is a must. This is an entry level position. Work hours are between 8:30 am and 5:00 pm.

Copy Editor – We are seeking a part-time copy editor for our newspaper group. This position works in the Carmichael office and works directly with Editor. Work hours are flexible between 8:30 to 5:00 Monday through Friday. Previous editing experience is required.

City Reporter – We are seeking a part-time City Reporter for our newspaper group. This position may be assigned to work in the Carmichael office or another area office and works directly with the Editor. Work hours are flexible depending on assignments. Previous reporting experience is required.

Advertising Services Support – We are seeking a part-time Advertising Services Support person for our newspaper group. This position works in the Carmichael office and works directly with the owner of the company and the advertising/graphics staff. Work hours are flexible between 8:30 to 5:00 Monday through Friday. Previous office experience is required.

Delivery Driver – We are seeking a part-time Delivery Driver for our newspaper group. This position would transport newspapers from our Carmichael office to our offices in Marysville and Gridley. Work hours are from 8:30 to 4:00 every Thursday. Must be able to lift and move bundles of newspapers without assistance. Must have your own reliable cargo van. This is an independent contractor position and pays a flat rate for your service.

Newsstand Delivery Driver – We are seeking a part-time Newsstand Deliver Driver for our newspaper group. This position works from the Carmichael office and delivers to our locations in the West Sacramento/ Sacramento Region. Work hours are from 8:30 to 5:00 Thursday and/or Friday. Must be able to lift and move bundles of newspapers without assistance. You must have a reliable vehicle. This is an independent contractor position.

To find out more or to apply:
Email your questions or resume to Publisher@MPG8.com

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Detectives Seek Information on North Highlands Homicide Case

Sacramento County Sheriff's Dept. News Release

SACRAMENTO REGION, CA (MPG) - Just before 11:30 P.M. on Wednesday, May 31, 2023, Sacramento County Sheriff's deputies responded to an assist call near Grand Avenue and Marysville Boulevard regarding a shooting that occurred in North Highlands. Deputies arrived on the scene and learned that an 18-year-old victim and two other individuals were seated inside a parked vehicle in an unknown North Highlands

neighborhood when they were approached by an unknown subject, who fired one gunshot into the passenger side of the vehicle. The victim was struck once, when they drove away and were able to wave down an officer from the Twin Rivers Police Department near Grand Avenue and Marysville Boulevard. The victim was transported to the hospital by ambulance but was later pronounced deceased. Sheriff's Homicide Detectives and Crime Scene Investigators responded to the call

and are still interviewing witnesses and gathering evidence. The victim's information will be made available by the Sacramento County Coroner. No further information is available at this time. Detectives are asking anyone with information about this incident to contact the Sheriff's Office at (916) 874-5115 or Sacramento Valley Crime Stoppers at (916) 443-HELP. Tip information may also be left anonymously at www.sacsheriff.com or by calling (916) 874-TIPS (8477).

Electric Bus Charging Depot Unveiled

Continued from page 1
Safe – Built and tested with high back seats and seat-belts; Cleaner – Zero engine emissions; Great

Performance – Proven in all types of terrain and weather; Cost Savings – Electric buses can reduce fueling costs of a vehicle by over 40

percent; Quieter – Electric school buses are much quieter, allowing drivers better communication with and oversight of students. ★



TRUSD district staff and representatives attending the ribbon cutting ceremony on Friday, May 26, 2023, were: (Left to right) Twin Rivers School Board Trustee Basim Elkarr, Twin Rivers School Board Trustee Stacey Bastian, Timothy Shannon – Facilities, Planning & Efficiency Director, Twin Rivers School Board President Michelle Rivas, Twin Rivers Superintendent Dr. Steve Martinez, Twin Rivers School Board Trustee Christine Jefferson, Twin Rivers School Board Trustee Rebecca Sandoval, Bob Kerth – Board Director Sacramento Municipal Utility District, Eric Guerra – Board Member California Air Resources Board, Alberto Ayala – Air Pollution Control Officer Sacramento Metro Air Quality Management District. Photo courtesy of Twin Rivers Unified Communications

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5 Over 50 Award Recipients Honored

Continued from page 1
serves as Neighborhood Watch Coordinator in her Old Foothill Farms neighborhood. She's helped coordinate the community watch efforts for more than 11 years. She also goes out of her way to make new neighbors feel welcome by sending them letters. "Marilyn is reliable, trustworthy, honest, and extremely loyal to our neighborhood. Our safe community is a testament to her dedication," said Susan Holtgrave, who nominated Marilyn for the 5 Over 50 Award. Award recipient Ed

Stone was a math teacher before he retired. Now, he uses some of those skills to build handrails to help older adults and people with mobility issues. Ed Stone has volunteered at Rebuilding Together Sacramento for 20 years. Rebuilding Together helps vulnerable residents live in safe, healthy, efficient homes and neighborhoods. Fellow volunteers wanted to recognize Ed not just for his work but also for his personality. He is known for being a jokester and cheering up those around him. Other award recipients

include: Daniel Aderholt, Mark Baker, Mark Harrington, Dr. Ali Tucker Lichtenstein, Jayasri Mechineni, Nancy Woo, Sharon Ruffner, Carol Stirnaman, Maggie Roehm, Jeanmarie Willbee, Corecia Davis, Wayne Harmer, David Ishikawa, and Teresa Kahl. Sacramento County's Adult and Aging Commission thanks all of the 5 Over 50 Award recipients for their dedication to making Sacramento County a great place to live. ★

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Celebrate Family Health, Fitness Day

Sacramento County News Release

SACRAMENTO COUNTY, CA (MPG) - Gather your family and friends and celebrate Family Health and Fitness Day on Saturday, June 10! Sacramento County Regional Parks is excited to partner with several local businesses and nonprofits to promote this special day.

“We recognize the Regional Parks system and our stakeholder partners play a key role in providing facilities and programs that positively influence the health of the region and contribute to the Department's goal of advancing health equity within Regional Parks,” said Liz Bellas, Director of Regional Parks. “This year, we are hosting several events of our own, including our first ever Run With the Goats event, and partnering with several incredible organizations.”

For Family Health & Fitness Day 2023, Regional Parks is pleased to share these programs and “partnership events” for the community to enjoy.

Run With the Goats

Join Sacramento County Regional Parks staff at Cherry Island Sports Complex (2429 U Street, Elverta, CA) to see our chomping crew in action, learn more about the 2023 Fire Fuel Reduction Program, and follow the goats as they transition from one location over the Dry Creek Parkway Trail Bridge to their next pit stop on the Parkway!

9 am to noon – Free event, free parking

Family Fun at Cherry Island Golf Course

Join the crew at Cherry Island Golf Course (2360 Elverta Road, Elverta, CA) for a morning of family fun! Bounce houses, face painting, kids introduction to golf stations and more!

9 am – noon – Free event, free parking

Water Lantern Festival at Gibson Ranch

Enjoy food trucks, music, and have fun while designing your own paper lantern to launch at Gibson Ranch Lake (8556 Gibson Ranch Park Rd, Elverta, CA).

5:30 pm to 10 pm Event ticket required and available for purchase online – \$6 per vehicle entry fee.

“Night of the Revving Dead” at Dry Creek Ranch House

Join Alley Cats Car Club at the Dry Creek Ranch House (6852 Dry Creek Road, Rio Linda, CA) for the “Night of the Revving Dead” car show, music and family fun.

Noon to 8 p.m. – Free event for spectators – \$10 per vehicle parking fee

Volunteer Workday at the Sacramento Valley Conservancy

Roll up your sleeves and make some new friends as we give Camp Pollock (1501 Northgate Blvd., Sacramento, CA) a little love. Tasks vary depending on property needs and may include planting, weeding, painting, digging, fence building, raking, building maintenance and native plant propagation. All ages and experience levels are welcome.

8 a.m. to noon – Free event, free parking

Education Center Open House at Sacramento Splash

The Splash Education Center (4426 Excelsior Road, Mather, CA) will be open for folks to drop in and discover the magic that thousands of students per year experience when they visit Splash on their school field trips.

9 am to noon – Free event, free parking

Morning Bird Walk at Mather Lake with Sacramento Splash

Sacramento Splash is offering a free morning bird walk around Mather Lake (4103 Zinfandel Road, Mather, CA).

9 to 10:30 am – \$6 per vehicle entry fee

Hang Out with the American River Bike Patrol

Join members of the volunteer Bike Patrol at an Information, Hydration and Bike Mechanical Station, and take a tour along the American River Parkway trail. Meet at William B. Pond Park.

Free event – \$6 per vehicle entry fee at American River Parkway entrances

Sensational Snakes at Effie Yeaw Nature Center

Meet a resident snake up close and discover how these reptiles use their senses to survive. Enjoy a short stroll with a naturalist and learn how to be safe when viewing the reptiles who dwell in the Nature Preserve. This program includes a presentation and a hike.

10:30 am Free event, donations accepted \$6 per vehicle entry fee

Docent Lead Walk at the Cosumnes River Preserve

Join Cosumnes River Preserve docents on a guided hike along the River Walk Trail! This hike will take you back to the days when the Plains Miwok once inhabited the Cosumnes River's surrounding landscape.

Free event, free parking, pre-registration required.

To learn more about Family Health and Fitness Day and how parks help keep our communities and families healthy and active, visit the Regional Parks website. ★

Bill to Allow Amsterdam-Style Cannabis Cafes Passed by CA State Assembly

Office of Assemblymember Matt Haney

SACRAMENTO, CA (MPG) - Assemblymember Matt Haney's (D-San Francisco) bill to allow local California governments to license Amsterdam-style cannabis cafes passed out of the State Assembly with a broad bipartisan support receiving a 64 to 9 vote on June 1, 2023. While cannabis cafes in the Netherlands capitalize on the social experience of cannabis by offering coffee, food, and live music, all of those opportunities are currently illegal under California law. Haney's AB 374 will allow struggling cannabis businesses to diversify away from the marijuana-only “dispensary” model and bring much-needed tourist dollars into empty downtowns.

“Lots of people want to enjoy legal cannabis in the company of others,” said Haney. “And many people want to do that while sipping coffee, eating a scone, or listening to music. There's absolutely no good reason from an economic, health, or safety standpoint that the state should make that illegal. If an authorized cannabis retail store

wants to also sell a cup of coffee and a sandwich, we should allow cities to make that possible and stop holding back these small businesses.”

California is known worldwide as the birthplace of cannabis culture with its early adoption of medical cannabis and its expertise in cultivation. But there's another location that competes with California for the title of the world capital of cannabis: Amsterdam. There are over 700 cannabis cafes that operate across the Netherlands, and over 1 billion dollars is spent in the cafes every year.

California on the other hand, is still dealing with the unintended consequences of decades of medical marijuana-only policies. California's “dispensaries” have replaced the social aspect of the Amsterdam cannabis scene with pharmacy-like businesses that only allow customers to order cannabis at a counter, purchase nothing else, and then leave.

“California's small cannabis businesses are struggling,” said Haney. “Issues like over-saturation, high taxes, and the thriving black market are hurting cannabis

businesses who follow the rules and pay taxes.” In 2020, California's legal cannabis sales reached \$4 billion, while the state's illicit market sales were projected to have exceeded \$8 billion.

While consuming cannabis on-site at cannabis retailers is technically legal in California, selling non-cannabis-infused products is not. AB 374 is simple because it allows cannabis retailers to diversify their business and move away from the struggling and limited dispensary model by selling non-cannabis-infused foods.


“To be clear, we're not saying that coffee shops should be allowed to sell cannabis,” said Assemblymember Matt Haney. “We're saying that cannabis shops should be allowed to sell coffee. It shouldn't be illegal for an existing cannabis business to move away from only selling marijuana and instead have the opportunity to grow, thrive and create jobs by offering coffee or live jazz.”

AB 374 will now move to the Senate for approval, before being sent to the governor's desk to be signed. ★



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Newsom’s Expansive Health Care Promises to Californians Remain Elusive



By Dan Walters, CALMatters.org

Five years ago, while running for governor, Gavin Newsom pledged to transform California’s medical care to a single-payer system similar to those in Canada and western Europe.

Newsom backed single-payer legislation, which had passed the state Senate, saying there was “no reason to wait around.”

“I’m tired of politicians saying they support single-payer but that it’s too soon, too expensive or someone else’s problem,” Newsom said.

His position helped solidify support for Newsom among the proposal’s progressive advocates as he dueling with a fellow Democrat, Antonio Villaraigosa.

The bill stalled in the Assembly, and after winning the election, Newsom began edging away from the single-payer concept, citing difficult barriers. One is persuading the federal government to give California the \$200-plus billion it spends on Californians’ health care – about half the state’s total medical expenditures.

Newsom segued into pursuing universal health care, meaning all of the nearly 40 million Californians would have some sort of coverage, and came close last year.

At the time, “About 3 million Californians reported

being uninsured in spring 2022,” a report from the Public Policy Institute of California notes, citing census data. “Nearly seven in 10 (68%) are Latino, about 38% are noncitizens and 80% have low or moderate incomes (below 400% of the federal poverty line).”

Some of the gap was closed in the 2022-23 budget, drawing on what seemed to be a nearly \$100 billion budget surplus, by extending Medi-Cal coverage to undocumented immigrants otherwise ineligible for federally subsidized insurance.

“Beginning no later than January 1, 2024, Medi-Cal will be available to all income-eligible Californians,” the final 2022-23 budget declared.

The expansion of Medi-Cal – California’s version of the federal Medicaid program – was made easier during the COVID-19 pandemic when federal authorities relaxed eligibility requirements. This year, enrollment topped 15 million, or nearly 40% of the state’s population.

Under his “California Blueprint,” universal health care is still Newsom’s professed goal. However, at the moment, coverage appears to be shrinking, and with the state facing chronic budget deficits, reaching it before Newsom’s governorship ends would be difficult, if not impossible.

The federal government’s “continuous enrollment” pandemic policy is expiring and hundreds of thousands of Californians who benefited from it will once again have to prove their eligibility.

Newsom’s revised 2023-24 budget, unveiled last month, projects that Medi-Cal enrollment will decline by more

than a million people, still more than a third of the state’s population but moving away from the universal coverage Newsom has sought as a single-payer substitute.

Single-payer advocates are, unsurprisingly, annoyed by Newsom’s failure to deliver on his 2018 promise. They gave him some heat when he appeared at last month’s state Democratic Party convention.

Covering all Californians would be expensive. Medi-Cal coverage costs federal and state governments about \$10,000 per enrollee. No one knows precisely how many Californians still lack coverage today but 2 million is as good a number as any, and including that many more in Medi-Cal could potentially cost another \$20 billion a year.

Meanwhile, single-payer advocates haven’t given up. Last week, the California Senate passed Senate Bill 770, aimed at implementing a plan for single-payer coverage developed by the Healthy California for All Commission, which Newsom created in 2019.

The bill would direct state agencies to begin talks with federal officials about participating in a California single-payer system.

“It’s time we made real progress toward eliminating the inequities and injustices of our fractured healthcare system,” a co-author of the bill, state Sen. Scott Wiener, a San Francisco Democrat, said.

As Newsom finally learned, it’s much easier said than done.

Dan Walters has been a journalist for more than 60 years, spending all but a few of those years working for California newspapers. ★



By County Supervisor Sue Frost

Through the generosity of the The Rio Linda News, this column serves to provide an update about matters affecting the community of Rio Linda.

I have always worked hard to listen to the community - and then be a strong voice for my constituents. That’s why I do extensive public outreach, including a district-wide poll like the one we did last month.

For the past few years reducing the impact of homelessness has been the top priority for people in the 4th district - and county-wide. Homelessness is still an issue, but the rising impact of crime on our families and business is now. Almost one-third of the public now cites crime as their top issue.

Even more alarming, nearly 1/4 of residents in District 4 report having been the victims of a crime in the last three years. It’s no wonder that 2/3 of voters feel that we need MORE police patrols, not less.

I have always believed that keeping the public safe is government’s highest and most fundamental responsibility. That is why public safety has always been my top priority with policy as well as in the County Budget. I will continue to give the Sacramento Sheriff and Sacramento County Probation my strongest support and stand by those who keep us safe.

I believe deeply in justice - and redemption. But

RIO LINDA COMMUNITY UPDATE

To Ensure We Have Fewer Victims, I Will Stand With Law Enforcement

my deepest commitment is to the people I represent, the Constitution I swore to uphold, and to the innocent victims of crime.

Sacramento County Sheriff’s Department has a tough beat - covering one of the largest and most populated jurisdictions in the state while keeping more than 600,000 residents safe. Our Probation Department supervises over 22,000 adults on probation - ensuring that they fulfill their sentences, stay out of trouble, and become productive members of the community.

I will continue to stand by our First Responders - but our job is made harder and our residents are made less safe by radical policies and crazy laws being passed by the State Legislature.

Instead of dealing with the growing concern with crime, the Legislature is busy passing bills like AB 418 to ban Skittles and AB 2098 to strip licenses from doctors who share information about COVID treatments or information that bureaucrats haven’t approved.

Even worse than wasting time, money, and energy on senseless or reckless legislation, some legislators continue to push “decarceration” and pro-criminal policies that will make it harder for our brave Deputies to keep us safe.

Assembly Bill 742 will drastically ban the use of K9 units for arresting dangerous criminals - putting officers’ lives in jeopardy. SB 1007 requires the state to provide free telephones for convicted criminals

in our jails and prisons - making it easier for them to continue coordinating illegal activities or smuggling drugs into jails. Their wrong-headed bills even SB 809 would actually prohibit businesses from asking about or considering criminal history in hiring decisions - allowing criminals to hide past behavior like robbery or theft from potential employers.

Over the next months, the Board of Supervisors will begin the budget process to set priorities and fund programs - including the budgets for Sheriff & Probation, as well as funds for jails, the DA, and the courts. Some activists are still pushing the “defund police” agenda - and during the budget talks, they are sure to be loud voices during Budget discussions. I will be sharing details about those hearings in my next newsletter as well as on my social media. I hope you will take the time to make your voice heard - I need your support to help ensure that keeping our citizens safe remains the top priority for the County of Sacramento (despite the reckless laws the Legislature keeps pushing.)

Thank you for reading – and as always, if you want to contact me, call me at 916-874-5491, or e-mail me at SupervisorFrost@saccounty.gov. Sacramento County Supervisor Sue Frost represents the 4th District, which includes the communities of Citrus Heights, Folsom, Orangevale, Antelope, North Highlands, Rio Linda, Elverta, and Rancho Murieta ★

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10AM
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11AM
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(4YRS - 6TH GRADE)

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Sunday Schedule
9 a.m. Traditional Worship
10:30 a.m. Praise Band Worship

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Calvary Lutheran Church
5th and L Streets
Rio Linda
Pastor Kirsten Moore

Sunday Worship
10:30 a.m.

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Church 10:30 a.m.

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North Metro Church of Christ
4191 Norwood Ave.,
Sacramento 95838
(916) 923-1147
Minister Pete Savage
SUNDAY
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Worship: 11 a.m.
Worship: 6 p.m.
Wed. Bible Classes: 7 p.m.

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PUBLIC HEARING

The Rio Linda Elverta Recreation and Park District (RLERPD) Board of Directors will hold a Public Hearing to discuss and approve the 2023-24 fiscal year preliminary budget. The Public Hearing will be held during the regularly scheduled monthly general Board Meeting in Rio Linda, CA on Wednesday, June 21, 2023 at 6:30pm at the Depot Building, 6730 Front Street; Rio Linda, CA 95673. This meeting may also be heard via Zoom video conference.

The public is invited to attend and may address the RLERPD Board of Directors. Oral comments will be limited to two (2) minutes or less. The public may also submit their written comments at the Public Hearing or by June 16 for the Board's consideration prior to 2023-24 budget preparations. To attend please appear at the Depot Building on June 21st. To listen to audio only of the meeting, the public may log into the following link for access to the Zoom meeting:

<https://us02web.zoom.us/j/85000033101?pwd=aTBOVGpwSE1jTTB3a1hTcGIOMzhNQOT09>
Meeting ID: 850 0003 3101 Passcode: 526694

Written comments may be sent to the District by mail or email to Mike Heller, General Manager, Rio Linda Elverta Recreation and Park District. 810 Oak Lane, Rio Linda, CA 95673. Or by email at mheller@rlreparks.com

The Rio Linda News 6-9, 6-16-2023

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It's Not A Joint Venture, It's A Marriage

Dear Dave,

When my wife and I got married, she had about \$70,000 in savings and I had a lot of debt. We bought some property from her parents to build a home on, and she made a 20% down payment on the land from her savings. We've paid off some debt, and she has more in savings now. But I feel guilty and it seems unfair to ask her to pay on our debt with her savings since most of it is debt I brought into the marriage. How do you feel about this?

— Sonny

Dear Sonny,

This question tells me you're a good guy with a good heart. But let me ask you a thing or two. When your wife gets sick, is it

Dave Ramsey Says

unfair for you to take care of her? You didn't cause it. It's not your fault. Of course, it's not unfair. I'm not mad at you, buddy. I'm just throwing your own logic right back at you.

Maybe these next lines will sound familiar: for richer or for poorer, in sickness and in health. The old "Book of Common Prayer" continues the vows and says, "Unto thee, all my worldly goods I pledge." This is called oneness. It's called unity. And it's what a good marriage should be about.

Do you get what I'm saying, Sonny? The two of you are in this together. This is not a business partnership or joint venture. It's a man and a woman pledging themselves, and all they have and are, to each other. I understand your feelings, but if you're not careful, that kind of guilt will stand in the way of you two creating a successful marriage—both financially and emotionally.

When you got married, the "me" and "mine" became "we" and "ours." You got all her stuff, the

good and bad, and she got all of yours. Now it's time for you to work as a team to make the bad stuff go away and the good things even better. What's fair (and what's right) is to combine all of your income, all of your assets and all of your liabilities.

I know it's uncomfortable, but you've got to choose courage. Ask her to go all in on this with you and attack your debt together. Work toward making your dreams come true together as one.

That's what's fair, and that's what's best when you're married.

— Dave

Dave Ramsey is an eight-time national best-selling author, personal finance expert and host of "The Ramsey Show," heard by more than 18 million listeners. He has appeared on "Good Morning America," "CBS This Morning," "Today," Fox News, CNN, Fox Business and many more. Since 1992, He also serves as CEO of Ramsey Solutions. ★

What If I Delay but Die Before Claiming Social Security?



By Russell Gloor, AMAC Certified Social Security Advisor

Dear Rusty: Hypothetically, if I plan to sign up for Social Security at 70 and pass away before that, I will get nothing. My spouse would still get a boost in the amount she receives because I made more, but everything I put into the program vanishes. I haven't reached my full retirement age yet and I still have income, but if I sign up now at 63 my benefits will be withheld due to my income. Then at full retirement age (presuming I elected to claim earlier) a re-calculation will take place and my monthly amount would be adjusted. Well, what happens if I decide to wait until 70 but pass away before I claim? Are my contributions repaid in a lump sum, or will I (or someone else) still lose everything? **Signed: Uncertain About My Future**

Dear Uncertain: You are correct that if you pass away before collecting your earned Social Security benefits you won't personally get anything. Social Security has, since inception, been a "pay as you go" program where those currently working and contributing to Social Security pay benefits for those currently receiving

Social Security. That means that if you die before collecting, the monies you contributed will have already been used to pay other recipients, but the contributions you made may still entitle your dependents to benefits on your record. For those who are in their early 60s, average longevity is mid-80s, meaning your spouse would likely collect benefits on your record for more than two decades, any minor children could collect until they are adults, and any permanently disabled child you may have would get benefits from your record for the rest of their life as well.

The Social Security payroll taxes you contributed were not put into a private account in your name. And, on average, it is to the beneficiary's advantage the program doesn't work that way because that personal account would be depleted fairly quickly after you claim - rather than getting benefits for the rest of your life, you'd only get benefits (plus interest) from your personal account, which would run dry pretty fast. FYI, we have researched this very carefully and found that, on average, all payroll taxes contributed to Social Security by an individual will be recovered within about 5 years of starting benefits. The actual length of time to recoup one's contributions varies somewhat depending on lifetime earnings and contributions made, but lower earning beneficiaries will recover everything contributed through payroll taxes within about 3 years, while it could take as much as 5 years for higher earners to get back everything they've paid into the program. And

for clarity, since self-employed individuals pay both the employee and employer portion of the payroll tax, it does take longer for those who own their own business to recoup what they've contributed. Nevertheless, on average, most who claim benefits will get considerably more from the program than they paid in Social Security payroll taxes.

As to your specific question, if you die before collecting, the contributions you made weren't deposited in a personal account for you and won't be paid out in a lump sum. Rather, the payroll taxes you paid while working were used to pay benefits to beneficiaries receiving at the time, and those working and contributing after you die will fund the benefits paid to your spouse or disabled adult child until they die, or to your minor children until they are adults. The Social Security benefits you earned aren't just for you - your eligible dependents will also benefit from your record.

This article is intended for information purposes only and does not represent legal or financial guidance. It presents the opinions and interpretations of the AMAC Foundation's staff, trained and accredited by the National Social Security Association (NSSA). NSSA and the AMAC Foundation and its staff are not affiliated with or endorsed by the Social Security Administration or any other governmental entity. To submit a question, visit our website (amacfoundation.org/programs/social-security-advisory) or email us at ssadvisor@amacfoundation.org. ★

Korean National Sentenced for "Bust Out" Bank Fraud Scheme

FBI News Release

SACRAMENTO, CA (MPG) - Hee Soung Oh, 47, a Korean national residing in Southern California, was sentenced on June 1, 2023, to two years and nine months in prison for bank fraud and bank fraud conspiracy, U.S. Attorney Phillip A. Talbert announced.

According to court documents, between January 2017 and September 2017, Oh participated in a nationwide check kiting "bust out" scheme in order to obtain cash from banks. The scheme's participants obtained a real Republic of Korea passport that was altered to bear a new photograph and name, which they used to open bank accounts with a small amount of cash. The

accounts were dormant until a time the participants believed the bank would allow the account holder to deposit a check and make withdrawals before the check actually cleared. At that time, the participants wrote checks from a different bank account with non-sufficient funds, deposited those checks into the dormant account, and then withdrew cash from the dormant account before the checks cleared. The participants would access funds by purchasing a money order and then depositing the money order into yet another bank account associated with the scheme.

The bust-out scheme resulted in an actual loss of \$273,800 to the banks, and a total intended loss

of \$466,318 based on additional, unsuccessful bust-out attempts.

This case was the product of an investigation by the IRS Criminal Investigation and the Federal Bureau of Investigation. Assistant U.S. Attorney Audrey B. Hemesath prosecuted the case.


Korean nationals Jong Eun Lee, 48, and Kyung Min Kong, 55, were previously sentenced: Lee to 22 months in prison and Kong to seven years and nine months in prison. Charges are pending against Ki Jang and Bon Soke Hong, who were indicted on Oct. 21, 2021. The charges against them are only allegations; they are presumed innocent until and unless proven guilty beyond a reasonable doubt. ★

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COMICS & PUZZLES

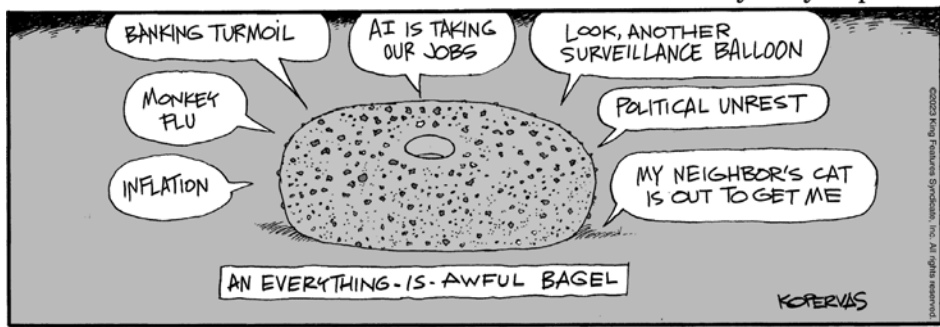
The Spats



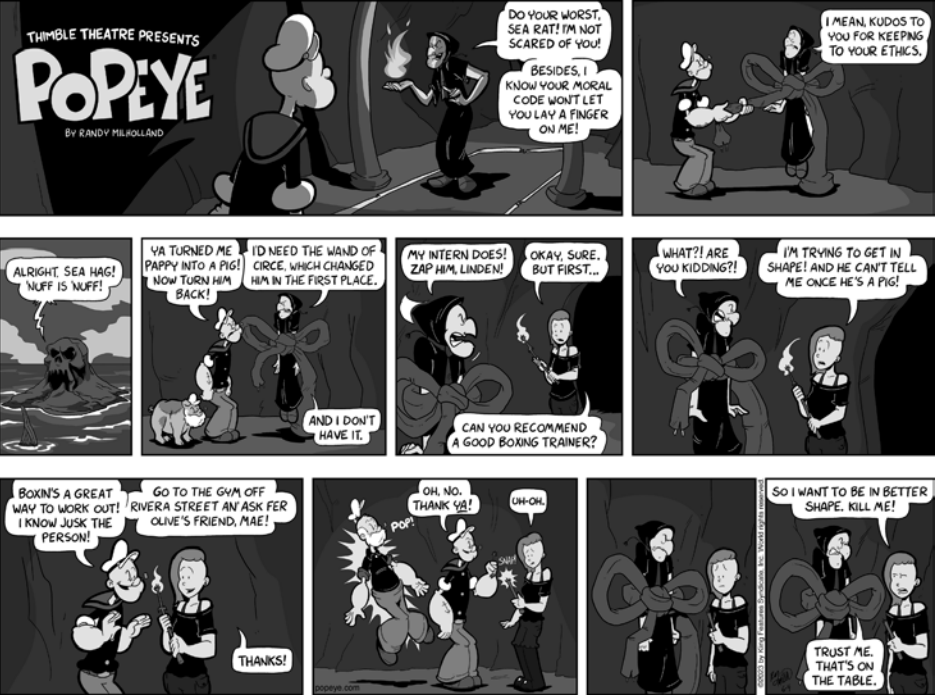
Amber Waves



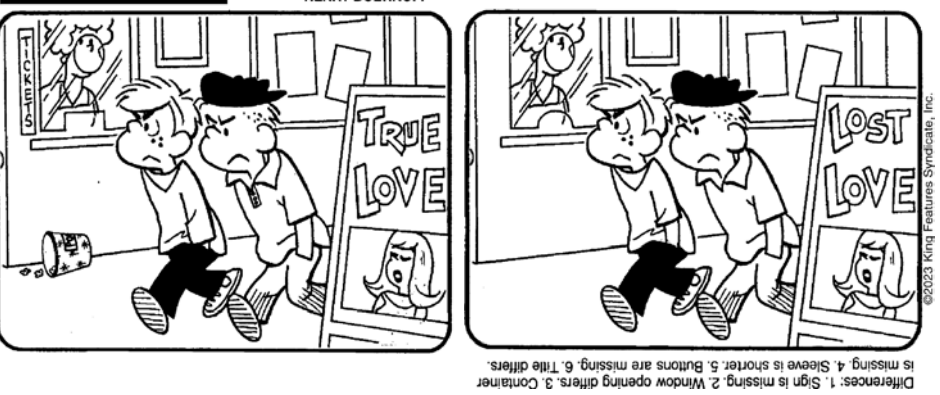
Out on a Limb



TIGER



HOCUS-FOCUS



GRIN AND BEAR IT



CROSSWORD

C	L	A	S	P		S	A	D		T	O	N	Y
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STATEPOINT CROSSWORD • TV DADS

CLUES

ACROSS

- Necklace lock
- Blue
- *Mr. Micelli in "Who's the Boss"
- "The Tortoise and the Hare," e.g.
- Beer acronym
- Check recipient
- Angler's basket
- Circle part
- "Orange" warning
- *Mr. Keaton in "Family Ties"
- *Mr. Cunningham in "Happy Days"
- Dad's offspring
- "Jack and the Beanstalk" instrument
- General Post Office
- Plural of cecum
- Pompous windbag
- Not written
- Scotch ingredient
- Complain
- Spanish surrealist
- Joan
- Formed #17 Across
- Press back arrow key
- Not odds
- "Musical" constellation
- Backgammon predecessor
- Louisiana music genre
- Aware of
- Jeans brand
- In a little while, old-fashioned
- Old age, old-fashioned
- *Mr. White "Breaking Bad"
- *Mr. Stark "Game of Thrones"
- Ruffle on a blouse
- Determine the sum
- Feline sound
- Bronze, e.g.
- Chasing game
- "All joking..."
- Big Bang's original matter
- Compass bearing
- Type of stocking

DOWN

- Olden-day aerosol can propellant, acr.
- Lawrence, for short
- Aid and
- Like gelled hair
- Relating to pelvis
- a.k.a. Xi'an
- Credit card rate, acr.
- Putin's country house, e.g.
- Samoan money
- Deed hearing
- Egghead
- Up to the present time
- a.k.a. melon tree
- Organ swelling
- What organza and forgiveness have in common
- Calm and peaceful
- *Mr. Addams "The Addams Family"
- Outhouse
- Propelled like Argo
- *Mr. Winslow in "Family Matters"
- Give the cold shoulder
- Twofold
- *Mr. Johnson in "Black-ish"
- Glittery stone
- Like certain Ranger
- Seaside bird
- Old hat
- Scatterbrained, in U.K.
- Top seed
- Nickname for dad (2 words)
- Speak like Cicero
- *Buchanan of "The Great Gatsby"
- China's Great one
- Often goes with "willing"
- Rumpelstiltskin's weaver
- Upper hand
- Not top-shelf
- Popular symbol of extinction
- *Mr. Pritchett in "Modern Family"
- *Mr. Conner in "Roseanne"
- Skin cyst

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A Dad's Daughter

It's fascinating when you think about dads and daughters. Either they are the little princess or the daughter that my mother would always accuse me of being... "just like your father"... especially when I got one of my stubborn streaks going. Of course it didn't help when I would thank her for saying that. Don't know why she always got angry when I thanked her. Like...right! My dad has been gone a very long time, and I do miss him still.

He was a strong man with a short fuse, but got over it just as quickly. Sounds like yours truly. Dad passed on so many lessons without even realizing he was doing it. He never gave up was the best. He was born in Ilasco, Missouri, but his mom took him back to Romania when he was just two years old. His father was a brilliant man who spoke some 11 languages with little education. He just had the knack for it. But he did not have the knack for being a responsible father. He did not return to Romania with his family. He became an interpreter for the Ford Motor Company in Detroit, Michigan when it was a real powerhouse. When my dad was fourteen, he had to declare whether he would stay in Romania or return to the USA. Here's where I can say my dad was as strong. He literally said he was born in the USA and wanted to return. But no one gave him a hand... not even his own father. His own father told him..."I gave you wings, now fly." BUT DAD NEVER GAVE UP!

He worked long and hard, lying about his age to get whatever job he could get. I don't have enough time to share the whole story, but he became a Furrier and made it to Metro Golden Mayer studios in Hollywood to design fur coats for the stars including Betty Davis. When ulcers took their toll on his health, he worked his way up to making airplane wings in a plant and then turned to, of all things, taking on the arduous task of becoming an Ironworker. Yup, walking



I think it's important to realize that dads do have a significant influence on their daughter's life. My dad taught me to never give up, no matter what the situation. I would like to think he would be proud of my accomplishments today.

on those two inch girders several stories up in the sky, including the Sears Tower in Chicago. And I can tell you, he succeeded in every job he took on...right to the end when cancer took over and his heart gave out.

So why do I tell you this abbreviated version of my life with dad? I think it's important to realize that dads do have a significant influence on their daughter's life. My dad taught me to never give up, no matter what the situation. I would like to think he would be proud of my accomplishments today. He got to see the beginning of my work in Television and Radio, but not my writing a book and my sharing stories with you in this column. But I do think about dad often, and his words still ring in my ears. NEVER GIVE UP! I won't dad.

Happy Father's Day.
Love, Mary Jane.

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COUPON

\$2.00 OFF ANY 26 LBS OR MORE PREMIUM DRY DOG FOOD PLU #336

\$1.00 OFF ANY 14 LBS OR MORE PREMIUM DRY CAT FOOD PLU #337

Nutra, Science Diet, Eukanuba, Avoderm, IAMS, Nature's Recipe, Natural Balance, Wellness, Pro Plan. Limit 1 Bag, (Cannot be used in conjunction with similar dollar off, percentage off coupons, or advertised sale items). Limit: 1 Coupon Per Family CHM Effective 6/7/23 - 6/13/23

COUPON

FREE PURE NESS PET BOWL

Sm. Size #00201 or #000A1 with any purchase of pet, fish food or supply. Limit 1. \$1.29 Value PLU 338 CHM Limit: 1 Coupon Per Family Effective 6/7/23 - 6/13/23

Look for Advertised Sale Items Everyweek at www.petclubstores.com

TASTE OF THE WILD GRAIN FREE DRY DOG FOOD

• Wetlands • Sierra Mountains • Pacific Salmon • High Prairie • Southwest Canyon

28 Lb Limit 2 Bags per Family **\$43.99**

Effective 6/7/23 - 6/13/23

9 LIVES CANNED CAT FOOD

5.5 Oz All Varieties

Limit 2 Cases Per Family **59¢**

Effective 6/7/23 - 6/13/23

CANIDAE DRY DOG FOOD FOR ALL LIFE STAGES

• Multi-Protein • Chicken Meal & Rice • Large Breed 40 Lb

(Multi Protein Chicken & Rice Lamb & Rice 27 Lb Bag) **\$15.00**

As Marked Our Regular Prices! Effective 6/7/23 - 6/13/23

FANCY FEAST GOURMET CANNED CAT FOOD

Selected Varieties except Elegant Medley 3 Oz

Limit 2 Cases Per Family **ON SALE Everyday**

Effective 6/7/23 - 6/13/23

SCIENCE DIET DRY DOG FOOD

Limit 2 Bags

• Lite 30 Lb • Active Mature 33 Lb • Sensitie Stomach 30 Lb **\$65.99**

• Perfect Weight 25 Lb **\$71.99**

Effective 6/7/23 - 6/13/23

JONNY CAT PREMIUM CAT LITTER

20 Lb Bag • Regular • Multiple Cat Formula

Limit 2 Bags Per Family **\$5.39**

Effective 6/7/23 - 6/13/23

VICTOR SUPER PREMIUM DRY DOG FOOD

Big Bag 50 Lb Limit 2 Bags

• Multi-Pro • Professional • Hi-Pro Plus **\$49.99** **\$59.99** **\$64.99**

Effective 6/7/23 - 6/13/23

FELINE PINE HEALTHY CAT LITTER

20 Lb Bag

Limit 2 Bags **\$11.99**

Effective 6/7/23 - 6/13/23

BLUE BUFFALO CANNED CAT FOOD

Tasteful • Paté • Flaked Limit 1 Case

3 oz. **\$1.19** 5.5 Oz. **\$1.45**

Market Fresh Recipe **FUSSIE CAT PREMIUM DRY CAT FOOD**

• Selected Varieties 2 Lb, 4 Lb, 10 Lb bag **10% OFF** As Marked OUR REGULAR PRICES

SWHEAT SCOOP NATURAL WHEAT LITTER (12 Lb Bag - Original \$12.99 Multi Cat \$13.99)

36 Lb Bag Limit 2 Bags Original **\$33.99** Multi-Cat **\$35.99**

24-30 Lb Bag **WELLNESS DRY DOG FOOD**

Large Breed Adult • Chicken • Healthy Weight • Senior • Grain Free Chicken • Grain Free Lamb • Grain Free White Fish **\$5.00 OFF** OUR REGULAR PRICES

BLUE BUFFALO WILDERNESS DRY DOG FOOD

Whole Grains 24 Lb Bag Limit 2 Bags **\$6.00 OFF** OUR REGULAR PRICES

• Chicken • Weight Control • Duck • Salmon • Large Breed

SHEBA PREMIUM CAT FOOD

• Selected Varieties • Paté • Cuts in Gravy Perfect Portion 2.6 Oz Limit 1 Case **\$1.09**

PRECIOUS CAT CAT LITTER

20 Lb Box Limit 2 Boxes Cat Attract **\$12.99** Touch of Outdoors **\$8.99**

HEINZ PUP-PERONI DOG TREATS

• Beef • Lean • Bacon • Prime Rib 22.5 Oz Pkg Limit 2 Pkgs **\$10.99**

MERRICK'S GOURMET CANNED DOG FOOD

• Selected Varieties 13.2 Oz Limit 1 Case **ON SALE**

Limit 2 Bags **SCIENCE DIET FELINE MAINTENANCE DRY CAT FOOD**

• Adult • Mature • Lite • Indoor **\$47.99** • Sensitive Stomach • Urinary **\$51.99**

60 Liter (Ultra Not Included) **CAREFRESH PET BEDDING** **\$17.99**

Limit 2 Bags **CHICKEN SOUP FOR THE SOUL DRY DOG FOOD**

• Adult • Mature • Lrg Breed • Weight Care **\$49.99** • Puppy Reg & Lrg Brd **\$51.99** • Grain Free **\$53.99**

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• Pillow • Self Warming • Lazy Boy • Orthopedic Foam Beds • Snoozzy All Varieties **20% OFF** OUR SUPER LOW PRICES

BARKWORTHIES ALL NATURAL DOG CHEWS

• Bully Sticks • Collagen Boost Treats • Snap Sticks **20% OFF** OUR SUPER LOW PRICES!

SENTRY FIPROGUARD

Flea Control Treatment • Regular • Plus • Max All Sizes **20% OFF** OUR SUPER LOW PRICES

PENN PLAX BIRD LIFE BIRD PRODUCTS

• Regular • Natural Toys • Ladders • Perches All Varieties **20% OFF** OUR SUPER LOW PRICES

HAGEN FLUVAL FILTER SALE

MODEL...TANK...PET CLUB SALE

107...25 GAL...**\$104.99**

207...40 GAL...**\$119.99**

MODEL...TANK...PET CLUB SALE

307...70 GAL...**\$159.99**

407...100 GAL...**\$189.99**

AQUEON PRE-PRICED AQUARIUM KITS

10 GALLON... (Pre-Priced \$79.99) **\$59.99**

20 GALLON... (Pre-Priced \$124.99) **\$99.99**

29 GALLON... (Pre-Priced \$139.99) **\$129.99**

55 GALLON... (Pre-Priced \$229.99) **\$169.99**

TETRA WATER TREATMENT

All Varieties **20% OFF** OUR SUPER LOW PRICES

KORDON CORAL SEA

50 GAL SALT MIX WITH AMQUEL **\$14.99**

BONUS COUPON

FRISKIES BUFFET CANNED CAT FOOD

5.5 Oz All Varieties Limit 1 Case With Coupon Limit One Coupon Per Family Price Valid Only With Coupon **ON SALE Everyday**

Effective 6/7/23 - 6/13/23 CHM PLU 367

BONUS COUPON

WHISKAS TEMPTATIONS CAT TREATS

• Selected Varieties - 3 Oz Limit 2 Pkgs With Coupon Limit One Coupon Per Family Price Valid Only With Coupon **\$2.19**

Effective 6/7/23 - 6/13/23 CHM PLU 569

BONUS COUPON

JONNY CAT CAT LINERS

Jumbo Drawstring - 5 Ct Limit 1 Box With Coupon Limit One Coupon Per Family Price Valid Only With Coupon **\$2.39**

Effective 6/7/23 - 6/13/23 CHM PLU 449