

Joining the Bipartisan Effort in Support of **Iranian Protestors** PAGE 4

Sacred Earth and Healing Arts of Tibet PAGE 10





Established 1983 ... The best little paper in these parts!

VOLUME 42 • ISSUE 5

Serving Rio Linda, Elverta and Sacramento County

FEBRUARY 3, **2023** 



### LOCAL DAR **ESSAY WINNER**





### **VIRTUAL REALITY COMES TO TRAINING** FIREFIGHTERS





PRSRTD STD.

U.S. POSTAGE PAID

RIO LINDA, CA

PERMIT NO. 10

OR CURRENT

POSTAL CUSTOMER

# SacRT Receives Gold Award



SacRT has been awarded this prestigious award which is the highest recognition TSA can give to a transit agency for achieving top scores during an annual review of 17 categories of security and emergency preparedness elements. Courtesy SacRT

#### SacRT News Release

SACRAMENTO, CA (MPG) The Sacramento Regional Transit District (SacRT) has been awarded the Transportation Security Administration's (TSA) Gold Standard Award for its transit security and emergency preparedness programs. This prestigious award is the highest recognition TSA can give to a transit agency for achieving top scores during an annual review of 17 categories of security and emergency preparedness elements. Out of the 6,800 public transit agencies the TSA oversees, SacRT is one of only four nationwide to receive this recognition this year. SacRT was presented the award during the SacRT Board of Directors meeting on January 23, 2023.



SacRT Receives TSA Gold Standard Award for Transit Security and Emergency Preparedness Programs. Courtesy SacRT

SacRT and commend them on their continued commitment to transportation security."

"The safety and security of our passengers and employees is our top priority every day," said Henry Li, SacRT General Manager/CEO. "We are honored to be recognized for our hard work and commitment to strive for the highest level of excellence.' 'SacRT is a regional pillar, ensuring that our neighbors can get where they need to go in a safe and efficient manner," said Congresswoman Doris Matsui. "The TSA Gold Standard Award is a well-deserved recognition - showcasing SacRT's commitment to their riders by prioritizing their safety and security. I applaud Continued on page 2

Sac Zoo **Celebrates the Birth of Masai Giraffe Calf** 



Shani a Masai giraffe gave birth to a female calf on Sunday, January 22, at 12:28pm at the maternity giraffe barn stall of the Sacramento Zoo. Photo courtesy of the Sacramento Zoo

#### Sacramento Zoo News Release

SACRAMENTO, CA (MPG) -Shani the giraffe gave birth to a female calf on Sunday, January 22, at 12:28pm. Her zookeepers noted signs of an impending birth on January 18, and Shani was moved into the maternity stall of the giraffe barn to be monitored. Although animal care and veterinary teams were suspicious that she might still be pregnant, just not on her original timeline, there were no definitive signs until very recently. We are thrilled to announce that Shani's calf is healthy and nursing well from mom. The pair will be given bonding time but may be visible at their habitat's side yard periodically over the next few weeks. The official debut date will be dependent on the health and welfare of mom and calf. Keep an eye out on our social media pages for when this new addition to our herd will be visible! Sacramento Zoo is now home to six giraffes: one post-reproductive female reticulated giraffe, one male Masai giraffe, three female Masai giraffe including Shani, and now the new calf. This is the 21st calf born at the Sacramento Zoo going back to 1954 when giraffes were first housed in Sacramento. The Masai giraffe is the largest giraffe subspecies and is found in southern Kenya and Tanzania. Gestation is 14 to 15 months. When a calf is born, it can be as tall as six feet and weigh as much as 150 pounds. Within minutes, the calf is able to stand on its own. Wild giraffes are experiencing a silent extinction as their populations continue to plummet due to poaching and habitat loss. It has been estimated that the mammals' numbers have fallen by more than 40 percent over the last 30 years. Approximately 150,000 wild giraffes existed as recently as 1985, but it is now estimated that there are now fewer than 97,000.

PAGE 4

The review evaluates several aspects of a transit agency's operations including the security plan; security training; drills and exercise programs; public outreach efforts; and background check processes.

"TSA is pleased to recognize SacRT for achieving excellence in its transit security and emergency preparedness

programs. The Gold Standard Award symbolizes SacRT's commitment to its customers, its adherence to core principles and its leadership in mass transit security," said TSA Assistant Administrator Sonya Proctor, the agency's lead official for surface security. "We are proud of the strong partnership between TSA and

# **Bill to End Mail-In Ballots Amended** AB 13 would also make election day an official state holiday every even-numbered year

#### By Evan Symon, California Globe

A bill to end the automatic mailing of ballots to all California voters, make Election Day a state holiday, and introduce other election measures, was positioned to be heard in several Assembly committees this week following new amendment changes made the previous week.

Assembly Bill 13, authored by freshman Assemblyman Bill Essayli (R-Corona), would specifically repeal the provisions requiring county elections officials to mail a ballot to every registered voter and authorize a county to conduct an all-mailed ballot election. The bill would allow a voter to request a vote by mail ballot for any election. AB 13 would also authorize a voter to apply to become a permanent vote by mail voter, in which case the voter would receive a vote by mail ballot for every election.

Ballots physically handed in would no longer be allowed to be handed in by just anyone under the bill. Instead, only the voter's spouse, child, parent, grandparent, grandchild, sibling, or a person residing in the same household as the voter would be allowed to turn them in.

Other new changes would also include changing how late postmarked ballots can be received and counted by election officials, going from 7 days after election day to 3 days

after election day, as well as making even numbered year election days, listed as "the first Tuesday after the first Monday in November of any even-numbered year" in AB 13, state holidays to get more people to vote in person.

Assemblyman Essayli wrote the bill to counter voter fraud and ballot harvesting, with harvesting having been made legal in California in 2016. Essayli, who was one of many GOP candidates to narrowly lose elections in California, was also one of the most prominent Republicans charging that ballot harvesting, the gathering and submission of mail-in and absentee ballots by third-party or volunteer officials to election officials rather than

officials themselves, cost them their elections due to vote misappropriation and fraud. The AB 13 fact sheet

being given to election

even highlights this as the main issue, noting, "Public trust in government and concerns with election fraud have been an ever-growing issue across the nation. Recent changes to the state's laws regarding how votes are collected and counted have only exacerbated the problem. They have also prolonged the torturous process of waiting for final election results, in some cases to over a month."

In a statement released last month, when the bill was first introduced, Continued on page 3

#### TheRioLindaNews.com

# SacRT Receives Gold Award



SacRT's mission to dramatically improve safety and security in every corner of its system has resulted in several other national award recognitions. Courtesy SacRT

#### Continued from page 1

SacRT for continually going above and beyond for our community."

"Congratulations to SacRT for being recognized with the Gold Standard Award, one of only four transit agencies nationwide to receive this prestigious award for security this year," said Congressman Ami Bera, M.D. "SacRT continues to be a national leader in transit security and emergency preparedness, and its implementation of innovative security programs has ensured the safe and secure transportation of Sacramento-area riders for decades."

"I'm thrilled. This is a big deal. The fact that we have gotten this twice is illustrative of the changes we have made to make our system clean, safe, and convenient. This is an example of how we are looked at as a leader in the industry," said SacRT Board Chair Patrick Kennedy.

TSA has oversight of 6,800 public transit agencies in the country. Every year, the TSA assesses a select number of transit agencies nationwide for evaluation through its Baseline for Security Enhancement (BASE) program. A select few achieve scores high enough to receive the Gold Standard Award.

In the most recent round of BASE evaluations, TSA reviewed 108 transit agencies. This is the second time SacRT has earned the Gold Standard Award, the first award was in 2019.

SacRT has substantially upgraded its overall safety and security operations

in recent years, creating a sophisticated multi-faceted system that includes a 24-7 Security Operations Center (SOC) where SacRT crews monitor over 1,000 live-feed video cameras throughout the bus and rail system. SacRT has several thousand security cameras in use, many of them video cameras, on buses, light rail trains, at all light rail stations and at other SacRT facilities.

The SacRT SOC is operated in a shared facility with the Sacramento Police Department's security operations center and can be jointly used by police and SacRT as a command center during emergency operations.

The agency also currently employs 32 Transit Ambassadors, 30 sworn police officers, 20 private security guards, and 10 monitors at the SOC hub. Notably, SacRT also employs a social service practitioner who often takes the lead working with issues involving the unhoused to better connect them with resources.

SacRT's mission to dramatically improve safety and security in every corner of its system has resulted in several other national award recognitions, including the 2021 Women in Transportation Innovative Solutions Award for SacRT's Social Worker Program; 2021 American Public Transportation Association's Rail Safety Gold Award; 2020 American Public Transportation Association's Rail Safety Gold Award; and 2019 Federal Transportation Security Administration's Gold Standard Award for System Security. ★

# 5 Over 50 Award Nominations Now Open

Sacramento County News Release

**SACRAMENTO COUNTY, CA (MPG)** - If you know someone in Sacramento County who does amazing volunteer work and is over 50, you can recognize their efforts by nominating them for The Sacramento County Adult and Aging Commission's 5 over 50 Award. The award honors volunteers over the age of 50 who contribute to the health and vitality of the Sacramento County community.

The ideal nominee is someone who makes our County a great place to live, work and play. This award aims to recognize those who make a difference in our community. The candidate must be 50 or older and a Sacramento County resident. Members of the Adult and Aging Commission are not eligible for the award.

Applicants will need to provide information about the communities that benefited from the volunteer's work and how the volunteer positively impacted those communities. Applicants will also need to include information on how to contact the nominee. You can find more information and the application on the Adult and Aging Commission's webpage.

Applications are due by Feb. 15. Applicants will know the outcome by the end of March. The awards will be presented in May, coinciding with the recognition of Older Americans Month.  $\star$ 

# New Referendum Qualified for California's November 2024 Ballot

#### *California Secretary of State Press Release*

**SACRAMENTO, CA (MPG)** - Secretary of State Shirley N. Weber, Ph.D. announced today that a referendum has qualified for the November 5, 2024, General Election ballot.

In order to qualify for the ballot, the referendum needed 623,212 valid petition signatures, which is equal to five percent of the total votes cast for governor in the November 2018 General Election.

The Attorney General's official title and summary of the referendum is as follows:

Referendum challenging 2022 law authorizing creation of council to set minimum wage and working standards for fast-food workers. If the required number of registered voters sign this petition and it is timely filed, a 2022 law will not take effect unless approved at the next statewide general or special election after November 8, 2022. The challenged law:

Authorizes creation of Fast-Food Council (upon submission of 10,000 fast-food worker signatures) to set working standards and minimum wage (up to \$22/hour in 2023, with capped annual increases) at fast-food restaurants with 100+ nationwide locations.

Prohibits retaliation against fast-food workers for making certain workplace complaints.

The proponents of the referendum are Amber Evans and Steven McDermed. They can be reached c/o Kurt R. Oneto of Nielsen Merksamer LLP. The address for Nielsen Merksamer LLP is 1415 L Street, Suite 1200, Sacramento, CA 95814. The proponents can also be reached at (916) 446-6752. For more information about how a referendum qualifies for the ballot in California, visit https://www.sos.ca.gov/elections/ballot-measures/referendum/ ★







Fire & Water - Cleanup & Restoration<sup>™</sup>

### SERVPRO of North Highlands/Rio Linda

### PROPERTY DAMAGE REMEDIATION & REPAIR

### Mold, Water & Fire Damage

Commercial & Residential
Trained, Uniformed Professionals
Complete Move-Outs
Restoration Vendor for Insurance

#### **RESTORATION:**

Fire, Smoke, and Soot • Water Removal & Dehumidification
Mold Mitigation & Remediation • Catastrophic Storm Response
Move-Outs and Contents restoration • Electronics and Equipment
Document Drying• Contents Claim Inventory Service

#### CLEANING:

Air Ducts & HVAC • Carpet, Upholstery, Drapes
Deodorization • Biohazard, Crime Scene & Vandalism
• Ceilings, Walls and Hard Floors Services may vary by location



# (916) 991-1522

www.servpronorthhighlandsriolinda.com Email: office@servpro10057.com 5704 Dry Creek Road, Rio Linda, CA 95673

CREMATION & FUNERAL

THE SENSIBLE ALTERNATIVE

### Compassion, Care, Dignity and respect

We promise honest, upfront pricing Never be overcharged or misled

• We invite comparisons to our services and facilities.

Pre-planning and pre-payment services.
Guaranteed Pricing.



# \$970 Dignified Cremation\$3,190 Traditional Funeral

### (916) 469-0866 Call 24 hours

4750 BELOIT DRIVE, SACRAMENTO / FD-2352 (Off Interstate 80, Exit Marysville/Raley Blvd.)

www.affordablecremationofsacramento.com

# Fire Training Program Brings **Virtual Reality to Firefighter Training**



Firefighter training is unique and quite often comes with a calculated risk. VR technology can help reduce some of that risk during training by exposing the firefighter to the experience they will be dealing with firsthand in a completely virtual atmosphere, without the risk. Photo Virtual Reality Lightfieldstudiosprod | Dreamstime.com

#### **Cosumnes River** College News Release

SACRAMENTO, CA (MPG) - Firefighters must possess the necessary skills to function in a fast-paced, changing environment and Cosumnes River College's Accredited Regional Fire Training Program (ARTP) plans to prepare them using virtual reality (VR). The program recently received 20 new VR devices that will provide fire academy students the opportunity to virtually work through challenging scenarios sideby-side with their team and instructor.

The program will be demonstrating the new VR equipment on Monday, January 30, 2:00 to 3:00 p.m. in the Winn Center Room 150 at Cosumnes River College.

"The VR training will not change the firefighter's job per se, but what I

believe it will do is allow the students the opportunity to see what they will be up against before they do it. Going into a real fire while in Virtual Reality will let them see all of the fire dynamics without all of the stress. This will lead to greater understanding of how fire burns and how it will be properly extinguished," said Rick Haas, Jr., Fire Internship Coordinator, Cosumnes Fire Department.

Firefighters are frequently the first emergency personnel at the scene of a traffic accident or medical emergency. They may be called upon to put out a fire, treat injuries, or perform other vital functions. For students in the CRC Fire Technology program, being able to learn through virtual reality will help raise the bar in training, while also providing the added benefit of helping

Thank A Veteran Today

save lives and conserve valuable resources.

"Firefighter training is unique and quite often comes with a calculated risk. VR technology can help reduce some of that risk during training by exposing the firefighter to the experience they will be dealing with firsthand in a completely virtual atmosphere, without the risk," said Haas.

Completing community college courses and a degree in fire science may significantly improve Firefighter applicants' chances for an appointment. The National Fire Academy (NFA) and the National Fire Protection Association (NFPA) have made it clear that higher education is an essential ingredient in the career advancement of fire personnel and that higher education is critical to managing the complexities of the fire service. The fundamental issue is to raise the organizational capacity of fire departments.

The US Fire Administration (USFA), an entity of the US Department of Homeland Security's Federal **Emergency Management** Agency (FEMA), published an article advocating for the use of virtual reality (VR) technology to help save the lives of firefighters in training. According to the USFA, from 2008 2019, 110 firefighters lost their lives due to training injuries.



#### *Continued from page 1*

Essayli said that vote counting was taking weeks instead of days for several close races in California last year, and that vote counting needs to be more timely.

"These reforms will strengthen the integrity of our elections while ensuring the will of the voters is timely and accurately represented," Assemblyman Essayli said in December.

"AB 13 really fights against all the shenanigans of how votes are counted in California, and goes back to a system that is more efficient and accurate," explained Phillip Washburn, a California-based former County elections worker, to the Globe on Monday. "We would have loved to have this to have been the law several years back because it solidifies voting. Plus, a big block against getting to people to vote was ballot access. This way, not only do you have the mail-in option still, but a lot of people now have the day off from work. You really don't have an excuse not to vote."

AB 13 in the Assembly

While proponents of the bill, including fellow Republican lawmakers and many voter groups are in favor of the bill, others have come out in opposition, saying that voter fraud, due to numerous other laws, is almost non-existent in the country and that voter harvesting accounts have been largely exaggerated.

"Ballot harvesting and voter fraud have been blown out of proportion in recent

elections because some races did not go the GOPs way and we have seen a rise in votes with more mail-in ballots, which often go the Democrats way," countered Lewis Figueroa, a local elections consultant in Los Angeles, to the Globe. "In AB 13, while the part about making election day a holiday would likely go over well, the rest is not really liked, because it destroys all the critical advances California has made in recent years to get more votes cast and counted, especially the requirement that mail-in ballots be sent to all voters. That's just reckless."

Despite some opposition, AB 13 is poised to be heard in both the Assembly Governmental Organization and Elections Committees soon. Last week, AB 13 was amended in preparation for discussion in the Elections Committee, where Democrat opposition is expected to be present.

"Most Democrats don't want to see the mail-in ballot send out requirement to go," added "Dana" Capitol staffer in a Globe interview. "There are legitimate questions and concerns about ballot harvesting, as well as many voters wanting quicker election results and being able to vote on election day, which the bill helps bring about. It will be interesting to see what everyone says about this bill when committee voting draws closer."

AB 13 is expected to be heard soon in Assembly committees. AB 13 was Bill Essayli's first bill submitted to the Assembly following his election last year. \*



For Weddings, Anniversaries & Birthdays (916) 243-3151 920 Oak Lane, Rio Linda Shopping Center (Formerly Mar-Val Center)

### Be a part of something important **Local Writers Wanted**

We are looking for local Freelance Writers to provide great coverage.









### Be a part of something important Help bring the local news to Your Neighborhood

We are looking for families who want to deliver the local newspaper in your neighborhoods.

Provide great customer service to our readers every Thursday/Friday.

Make money as a family effort by working together to get the job done.

Earn money to pay those growing monthly bills.



Must have a valid California drivers license and current auto insurance. Previous newspaper delivery experience a plus but not required. \*Delivery must be completed by an adult. Call 916-773-1111



# Local DAR Essay Winner Moves on to State Competition

#### By Thomas J. Sullivan

SACRAMENTO REGION, CA (MPG) - Shanya Sobhi, an 11th grade student at Cordova High School has won the 2022 Daughters of the American Revolution (DAR) General John A. Sutter Citrus Heights Chapter annual "Patriots of the American Revolution" scholastic essay contest.

Sobhi chose Alexander Hamilton for her essay, which was entitled "Hamilton's Legacy."

Her award was presented by Sue Frost, who served as chair of the American History Committee for the General John A. Sutter Chapter of the DAR, and member of the Sacramento County Board of Supervisors at its January 17th monthly chapter meeting in Citrus Heights.

Following the monthly chapter meeting, Sobhi learned that her winning essay also bested entrants in DAR District II, against competition from chapter entrants in Grass Valley, Vacaville, Placerville, Elk Grove, Folsom, Jackson, South Lake Tahoe, Auburn, Stockton, Folsom, and the Sacramento area. Her essay is now entered in state competition, said Dianne Poppert, John A. Sutter Citrus Heights Chapter DAR essay contest committee member.

"The next level of competition is at the state level, as our District essay winners are automatically entered into the next level of competition," Poppert said.

Members of her family including her father Hassan, brother Bahand, sister Sata and mom, LeeLav were on hand as Shanya read her winning essay to chapter members and invited guests.

"I found Alexander Hamilton a very fascinating figure," Sobhi said.

Though he never attained the highest office of his adopted country, few of America's founders influenced its political system

more than Alexander Hamilton. He was a member of the Continental Congress, an author of the Federalist Papers, a champion of the Constitution and the first secretary of the Treasury.

"His way of speech and elegant mannerism made him a force to be reckoned with, especially in catalyzing the development of the American Revolution when so many doubted the nation and its leaders," Sobhi wrote in her essay.

Hamilton's two lasting achievements included the writing of 85 of the Federalist papers under the pseudonym "Publius" and the importance of his overall legacy as the new nation's first Secretary of the Treasury.

Historians recognize Hamilton as a leading figure in creating the United States' financial system which helped establish the U.S. dollar, the U.S. Mint, and the nation's first national bank.

Through his proposal to create a national bank, to be known as the Bank of the United States, Hamilton helped established the credit system which is still used by millions of Americans today.

"All U.S. government securities found in today's financial markets on Wall Street have Hamilton's handprints on them," she said. "His vision of Hamilton stretches across decades in American history.'

The high school DAR essay contest invites high school students in grades 9-12 to submit an essay between 800 and 1,200 words, selecting a figure from the era of the American Revolution and discuss how he or she influenced the course of the American Revolution and what their contribution was to the founding of a new nation.

The eventual winner of the national Patriots of the American Revolution contest is invited to Washington, D.C. to the national society of the Daughters of the American Revolution headquarters at its annual conference to be honored.



Sue Frost, Committee Chair, and Shanya Sobhi, Essay Winner shake hands. Photo provided by Dianne Poppert/DAR



DAR Award Winner - Shayna Sobhi with her family. Dad Hassan and her mom Leelav. Photo by Thomas J. Sullivan



DAR Awards presentation (left to right) Kerry Hasa, Patriots of the American Revolution committee member; Dianne Poppert, Committee member; Sue Frost, Committee Chair, Deborah Bartlett, Chapter Regent, Shanya Sobhi, Patriot of the American Revolution Essay winner from Cordova High School-11th grade, and Ginger Reed, chapter chaplain. Photo by Jessica Roberson/DAR

### To Help Patients Save Money, Congress Bera and Kiley Join Bipartisan Effort Needs to Tackle the Middlemen

# 



Commentary by Sally C. Pipes

As a Republicancontrolled House of Representatives with a small majority opens for business in January, one member has especially big ideas for saving patients money on prescription drug costs and the research to back it up.

A year ago, Rep. James Comer (R-KY) released a comprehensive report on the role of pharmacy benefit managers in the nation's healthcare system. The result does not make for pleasant reading. It is largely a tale of how greedy middlemen have taken advantage of existing legal loopholes and lax oversight to create an industry that raked in \$28 billion in profits in 2019 while providing no actual healthcare to patients.

Insurers use pharmacy benefit managers to negotiate with drug makers on terms for the inclusion of medications in insurance plan coverage. In fact, however, the three biggest PBMs, which account for nearly 80 percent of prescription claims, are co-owned alongside respective massive insurers like Cigna and pharmacy behemoths like CVS Caremark. The result is an interlocking daisy chain for extracting maximum profit from consumers and payers such as employers and federal and state governments, all while deflecting blame for increasing drug costs away from themselves and onto drug makers

There's evidence that to remain competitive with PBMs, drug makers have set list prices higher in expectation of large forthcoming discounts, a move that passes none of the discounts directly to patients but allows PBMs to extract increased revenue for their bottom line.

Insurers, meanwhile, charge coinsurance payments and count toward deductibles patient outof-pocket costs based on the list price of the medication, not the discounted price the insurers actually pay. Insurers like this arrangement just fine because it allows them to crank up their own revenue without raising premiums.

Insurers and their PBMs also pressure consumers to obtain medications through their own respective pharmacy groups. That can take the relatively benign form of an endless barrage of emails from insurers urging beneficiaries to switch their prescriptions in-house. In more severe cases, PBMs can discriminate against independent pharmacies by offering lower reimbursement rates and excluding them from insurer networks

Altogether, this conduct has become so parasitic that more than 50% of each dollar spent on brand-name medicines now goes to middlemen entities.

If lawmakers and regulators at the Federal Trade Commission and elsewhere were doing their jobs, this would all be illegal and patients would save big. Instead, many lawmakers have been happy to look the other way while pointing a finger at "Big Pharma" and pocketing campaign contributions from PBMs and allied grifters.

Rep. Comer hits the nail on the head with his main reform push: meaningful transparency among PBMs. Consumers deserve to know who's paying what to whom for prescription drugs.

Healthcare reform must allow patients to make informed choices about their care. Greater transparency for PBM practices is the starting point. Next up should be the shocking requirement that drug discounts ostensibly for patients get passed on to patients, not sucked up by middlemen.

Sally C. Pipes (@ sallypipes) is president, CEO, and Thomas W. Smith fellow in Health Care Policy at the Pacific Research Institute. Her latest book is False Premise, False Promise: The Disastrous Reality of Medicare for All (Encounter 2020). Follow her on Twitter @ sallypipes.

### in Support of Iranian Protestors



Ami Bera, M.D. (D-CA) and Kevin Kiley (R-CA) participated on January 27, 2023, in a bipartisan event at the U.S. Capitol in support of human rights protestors in Iran.

#### Office of Representative Ami Bera, M.D.

WASHINGTON, DC (MPG) Sacramento-area Representatives Ami Bera, M.D. (D-CA) and Kevin Kiley (R-CA) released the following statements after participating on January 27, 2023, in a bipartisan event at the U.S. Capitol in support of the human rights protestors in Iran.

"As a senior member of the House Foreign Affairs Committee, I stand in strong support of the brave citizens across Iran who have taken to the streets to fight for their fundamental human rights," said Representative Ami Bera. "Despite Iranian police meeting demonstrators with horrific and brutal force, the brave people of Iran continue to risk their lives to fight for

freedom. I will continue to stand with my colleagues of both parties to demand justice and accountability for the courageous women and men who have lost their lives at the hands of Iranian authorities."

"These have been trying times, fearful times, but also hopeful times. It is so important that we stand united, as we are today, on a strong bipartisan basis in supporting the bravery, heroism, and resolve of the people of Iran. I want to thank everyone in the amazing Iranian American community in my district and across California, and promise I will do everything in my power to tilt the pendulum towards hope," said Representative Kevin Kiley.

Last fall, the death of 22-year-old Mahsa Amini at the hands of Iranian "morality police" sparked widespread protests across Iran their rights, justice, and and around the world. The inhumane actions taken by state police in response to these protests have resulted in the death of hundreds of demonstrators including dozens of children.

On January 25th, the House of Representatives passed a bipartisan resolution recognizing the bravery, courage, and resolve of the Iranian people during their ongoing protests against the Iranian regime's human rights abuses. The resolution was cosponsored by both Representatives Bera and Kiley and passed the House of Representatives with overwhelming bipartisan support.

Representatives Bera and Kiley both spoke today at a bipartisan event hosted by Representative's Claudia Tenney (R-NY) and Josh Gottheimer (D-NJ). Iranian-British activist and actress Nazanin Boniadi also spoke at the press conference.

# Add Another to List of California's Botched Projects



By Dan Walters, CALMatters.org

Gov. Gavin Newsom often boasts that California is a "nation state" that is or should be – a model for the nation.

However, when it comes to implementing large-scale projects and programs, California is more a model of bumbling incompetence.

The list of failures to deliver what was promised on time and on budget is endless, but here are a few obvious examples:

—A bullet train was supposed to be whisking passengers up and down the state by now, but the state is still building an initial stretch in the San Joaquin Valley that is probably a decade away from working, if ever, while cost estimates have nearly tripled.

-The reconstruction of one-third of the earthquake-damaged San Francisco-Oakland Bay Bridge took a quarter-century to complete and cost 25 times as much as the original estimate.

-The Oroville Dam on the Feather River nearly collapsed in 2017 when sections of its main spillway gave way and an emergency spillway eroded the base of the dam. In seeking re-licensing of the dam 12 years earlier, state officials dismissed concerns about the emergency spillway's program proved to be newspapers.

integrity. Later it also was actuarially unsound, determined that the main CalPERS began sharply spillway had been poorly engineered.

-When the COVID-19 pandemic erased the jobs of two-plus million California workers, the Employment Development Department suffered an operational meltdown in handling legitimate claims for unemployment insurance, but gave as much as \$30 billion in cash to fraudulent claimants.

-Although California is the global center of information technology, the state has run up an almost perfect record of botched projects to use it, with long delays in implementation and immense cost overruns.

Again, this is only a partial list. A book could be written about how state and local governments have spent untold billions of dollars on homelessness without making any visible headway. Another could be written about how California reduced its prison population by dumping more felons into overcrowded county jails and/or releasing them to prey upon the public.

One massive failure that developed largely under the media radar deserves a place on the list - a completely bollixed program to provide long-term care insurance to California's public employees and retirees.

In 1995, the California Public Employees Retirement System received legislative approval to provide such insurance. Thousands of public workers signed up on promises a journalist for nearly that premiums would remain affordable.

increasing premiums, finally leading to a class action lawsuit alleging that promises were broken.

"These people were completely, completely misled," Michael Bidart, an attorney representing the plaintiffs, told the Sacramento Bee in 2019, just before a trial was to begin.

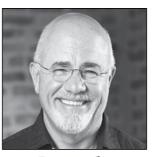
"We raised rates to sustain the plan and we believe they were properly increased in accordance with our contract," CalPERS General Counsel Matt Jacobs told the Bee, the only media outlet that has followed the case.

Negotiations led to a tentative settlement of \$2.7 billion in payments to the plaintiffs. However, last spring CalPERS pulled out because too many individual plaintiffs rejected the deal and a new trial is scheduled later this year.

Clearly, CalPERS didn't know what it was doing. Were it a private insurer, the Department of Insurance would have probably cracked down, but CalPERS is exempt from such oversight.

Many managerial debacles have been ignored by the Legislature and the longterm care insurance is one of them. But the affected workers and retirees are now pressing the Legislature to order an investigation by the state auditor and it's sorely needed to get the bottom of a multi-billion dollar mess.

Dan Walters has been 60 years, spending all but a few of those years However, when the working for California



Remember, You're a Team

Dear Dave,

Earlier this month, my husband and I both were laid off from our jobs within a few days of each other. The layoffs were not our fault. The company is letting several people go as a cost-cutting measure. We cashed in an annuity because our finances have been tight, but the good news is he began training for a new job last week. We don't have children, so I am interviewing or filling out applications every day. Should we use the cash from the annuity to live on until things are stable again, or should we use it to pay off debt?

- Anjanette Dear Anjanette,

### **Dave Ramsey Says**

If you haven't done so already, contact your creditors and explain what happened. Let them know the layoffs weren't because either of you did anything wrong, and that you'll get current with them as soon as possible. This is a scary situation you're facing, so make sure you two keep the lines of communication wide open and encourage each other while you're solving this problem.

The good news, though, is it sounds like things may be looking up. Support your husband all you can as he takes on his new job, and make sure you continue looking for work, too. A little extra money never hurts, so temporarily taking on a part-time gig while you're looking for a permanent position isn't a bad idea, either.

Of course, you need to

be honorable and pay your debts if possible. But that may have to be put on hold for a while. Right now, the important thing is keeping food in the house and the lights and heat on. Hug on each other, stay determined and keep each other's spirits up. You're a team, and you'll get through this.

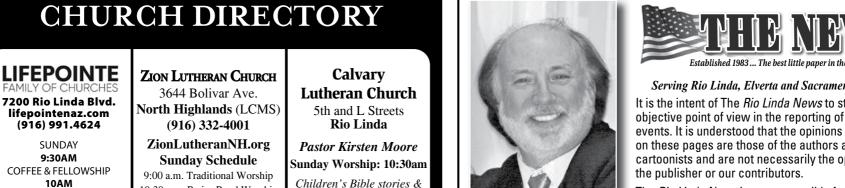
Always remember, too, that prayer's a good thing.

– Dave

Dave Ramsey is an eighttime national bestselling author, personal finance expert and host of "The Ramsey Show," heard by more than 18 million listeners. He has appeared on "Good Morning America," "CBS This Morning," "Today," Fox News, CNN, Fox Business and many more. Since 1992, He also serves as CEO of Ramsey Solutions.







FAMILY OF CHURCHES 7200 Rio Linda Blvd. lifepointenaz.com (916) 991.4624 SUNDAY 9:30AM COFFEE & FELLOWSHIP 10AM ALL AGE CONNECTION GROUPS 11AM WORSHIP SERVICE NURSERY (0-3YRS) KIDZ CLUBHOUSE (4YRS - 6TH GRADE)	3644 Bolivar Ave. North Highlands (LCMS) (916) 332-4001 ZionLutheranNH.org Sunday Schedule 9:00 a.m. Traditional Worship 10:30 a.m. Praise Band Worship 0R, if you prefer, you can worship in your car in the parking lot <i>Tune your radio to 88.7</i>	Lutheran Church 5th and L Streets Rio Linda Pastor Kirsten Moore Sunday Worship: 10:30am Children's Bible stories & crafts during adult worship (916) 991-2135 www.clcrl.org Mail@clcrl.org Open Arms, Open Hearts
Church of Christ Worship God's Way Minister Eric Smith 6818 4th Avenue Rio Linda, CA 95673 (916) 991-2668 Church 10:30 a.m.	New Beginnings Fellowship Pastor Deonte Walters 10th and O Streets (916) 991-2918 Sunday School: 9:00 a.m. Sunday Worship: 10:30 a.m.	First Baptist Church Elverta 112 West Delano St., Elverta Pastor Peter Ceccardi 9:45 a.m. Sunday Bible Study 10:00 a.m. Sunday Worship and Kids Church 6 p.m. Sunday Bible Study 5:30 p.m. Sunday Youth Program 6-7 p.m. Dinner & Wed. Worship AA meets Mon. 10-11 a.m. email: Peter@fbcelverta.org
Rio Linda Seventh Day Adventist Church 7535 - 10th St. and U Rio Linda Sabbath School 9:15 a.m. Worship Services 11:00 a.m.	North Metro Church of Christ 4191 Norwood Ave., Sacramento 95838 (916) 923-1147 Minister Pete Savage SUNDAY Bible Classes: 10:00 a.m. Worship: 11:00 a.m. Worship: 6:00 p.m. Wed. Bible Classes: 7:00 p.m.	LIBERTY MINISTRIES CHRISTIAN FELLOWSHIP Pastor Shannon Fannin Liberty Ministries extends an invitation to come and join us for Celebration Worship Sunday 9:00 a.m. Youth Extreme and Food Closet (916) 922-6442 4840 Marysville Blvd. www.libertymcf.net
	New Life Christian Church 2037 Elkhorn Boulevard (916) 991-3001 Sunday School: 9:45 a.m. Sunday: 10:45 a.m. Sunday Evening: 6:00 p.m. Wednesday: 7:00 p.m. Pastor James A. Duncan	

#### Publisher, **Paul V. Scholl**

#### The Rio Linda News is a member of Messenger **Publishing Group**

To submit your articles, information, announcements or letters to the editor, please email a Microsoft Word file to: Publisher@mpg8.com. Be sure to place in the subject field "Attention to Publisher". If you do not have email access, please call us at (916) 991-3000 or (916) 773-1111.

Serving Rio Linda, Elverta and Sacramento County

It is the intent of The Rio Linda News to strive for an objective point of view in the reporting of news and events. It is understood that the opinions expressed on these pages are those of the authors and cartoonists and are not necessarily the opinions of

The Rio Linda News is not responsible for unsolicited manuscripts or materials. The entire contents of The *Rio Linda News* are copyrighted. Ownership of all advertising created and/or composed by The News is with the publishing company and written permission to reproduce the same must be obtained from the publisher.

Subscriptions should be mailed to The Rio Linda News, 7144 Fair Oaks Blvd. Suite 5, Carmichael, CA 95608. Subscription rate is \$39 per year within Rio Linda, Elverta, Sacramento County, \$59 outside Sacramento County.

The Rio Linda News is published weekly. Call (916) 773-1111 for more information.

We are proud members of these newspaper associations.



#### CIRCULATION VERIFICATION COUNCIL

#### **RIO LINDA/ELVERTA COMMUNITY WATER DISTRICT • 916-991-1000**

**Tim Shaw-General Manager** 

**Board of Directors:** Jason A. Green – President Chris Gifford – Vice President John Ridilla **Robert Reisig** Mary Harris Board meetings 3rd Monday of each month 6:30pm

Depot/Visitors Center, 6730 Front Street

#### **RIO LINDA ELVERTA RECREATION & PARK DISTRICT • 916-991-5929**

Mike Heller-General Manager

**Board of Directors:** Becky L. McDaniel - Vice Chair Wayne Del Nero – Chair Charlea Moore - Chair Lisa L. Morris – Secretary Robert Bastian - Director

The Park Board meets on the third Wednesday of each month at 6:30 pm at the Depot Building, 6730 Front Street, Rio Linda.

#### **TWIN RIVERS UNIFIED SCHOOL DISTRICT**

Superintendent: Steve Martinez, Ed.D. Support Staff: 566-1745

#### **Board of Trustees:**

• Area 2. Michelle Rivas – President • Area 1. Michael Baker – Vice President • Area 5. Basim Elkarra - Clerk • Area 4. Stacey Bastian • Area 7. Linda Fowler • Area 3. Christine Jefferson • Area 6. Rebecca Sandoval

# CALL A PRO BUSINESS DIRECTORY



CLUES



### Classified Advertising

Sell Your Stuff! Reach 1000's of Readers Every Week!



916.773.1111

	2	9	5	1	8	6	4	3	7	
5	1	8	3	4	7	5	2	9	6	
	4	6	7	3	9	2	8	1	5	
	7	3	1	5	6	4	9	8	2	
:!	8	4	2	9	1	7	5	6	3	
	9	5	6	8	2	3	7	4	1	
	5	1	4	7	3	8	6	2	9	
	6	7	9	2	4	1	3	5	8	
	3	2	8	6	5	9	1	7	4	
										-

\_\_\_





# Be a part of something important **Local Writers Wanted**

We are looking for local Freelance Writers to provide great coverage.



## Call us today at 916-773-1111



# Do You Need MPG Your Legal Ads **Published?** We can help. Call us now to place

your legal advertising!

## 916-773-11 All legal ads published by Messenger Publishing Group.

# **Robbery Suspect Arrested with Enough Fentanyl to Kill 125,000**

Sacramento Sheriff's Dept News

SACRAMENTO COUNTY, CA (MPG) - On January 9, 2023, at approximately 11:45 P.M., a gas station on Walerga Road in the North area was robbed. The suspect threatened the employee with a gun and a hunting knife, made off with money and merchandise, then fled in a black fourdoor, a red sticker where the license plate should have been.

On the morning of January 13, 2023, at approximately 3:45 A.M., Central Frank Watch (Night Shift) Deputies observed a black 2006 Infiniti with a red sticker in place of where the plate should have been. As deputies approached the vehicle to initiate contact, they observed the

suspect, later identified as 57-year-old Adrian Rayford, who they recognized from previous contacts. They knew Rayford was on active probation and he was detained without incident. A probation search of his vehicle revealed an unloaded, unregistered handgun, multiple containers of marijuana, promethazine, various assorted pills, and a large amount of cash.

Robbery detectives responded to the scene and conducted a follow-up search of Rayford's hotel room and located over a half pound of fentanyl (enough to kill approximately 125,000 people according to the Drug Enforcement Agency). Rayford was booked into custody for various felony charges.

### **Suspect Arrested in Lumber Fraud Cases**

Sac County Sheriff's News Release

SACRAMENTO COUNTY, CA (MPG) -  $\mathrm{On}$ Wednesday, July 27th, 2022, the Sacramento County Sheriff's Office responded to Berry Lumber in Sacramento, for the report of multiple fraudulent lumber purchases of approximately \$8000. Deputies were provided with video surveillance which captured the incident. The case was investigated by detectives assigned to the Centralized Investigations Division Property Crimes Bureau. During the investigation, it was determined that both Berry Lumber and Berco Redwood sustained additional losses at other locations. Detectives identified James Eugene Smith as one of the suspects involved in the original case.

On Wednesday, January 25, 2023,

detectives executed an arrest warrant for Smith at his residence in Discovery Bay. Smith was taken into custody without incident and booked into the Sacramento County Main Jail for grand theft and unlawful use of personal identifying information. He posted bond and was released from custody hours later.

The Sacramento County Sheriff's Office is continuing to investigate similar instances at local businesses within the county that Smith may have defrauded. Detectives are asking anyone with information related to any previously unreported fraud incidents involving Smith, to please contact the Sheriff's Office at (916) 874-5115 or Sacramento Valley Crime Stoppers at (916) 443-HELP. Tip information may also be left anonymously at www.sacsheriff.com or by calling (916) 874-TIPS (8477).







Book! Dorrance Publishing, Trusted by Authors since 1920. Book manuscript submissions reviewed. services: Consultation, Production, Promotion and Distribution. Call for your Free Author's Guide 1-877-538-Author's Guide 9554 or visit http://dorrance info.com/Cali

Prepare for power outag-es today with a GENERAC home standby generator. \$0 Money Down + Low Monthly Payment Options. Request a FREE Quote -Call now before the next power outage: 1-844-439-5645

Eliminate gutter cleaning for-ever! LeafFilter, the most advanced debris-blocking gutter protection. Schedule a FREE LeafFilter estimate today. 15% off Entire Purchase. 10% Senior & Military Discounts. Call 1-855-424-7581

Page Publishing will help you self-publish your own book. FREE author submission kit! Limited offer! Why wait? Call now: 1-855-667-0380(Cal-SCAN)

DONATE YOUR CAR TO KIDS. Fast Free Pickup - Running or Not - 24 Hour Response Maximum Tax Donation

DONATE YOUR CAR OR TRUCK TO HERITAGE FOR THE BLIND. Free 3 Day Vacation, Tax Deductible, Free Towing, All Paperwork Taken Care Of. CALL 1-844-491-2884

#### Cable/Satellite TV

DIRECTV for \$79.99/mo for 12 months with CHOICE Package. Watch your favorite live sports, news & entertainment anywhere. First 3 months of HBO Max, Cinemax, Showtime, Starz and Epix included! DirecTV is #1 in Customer Satisfaction (JD Power & Assoc.) Some restrictions apply. Call 1-888-641-5762.(Cal-SCAN)

#### **Computer Services**





around for rates

Lic#690968 Support Principal (818)  $248 extrm{-}0000$  Broker WWW.VIPLOAN.COM \*Sufficient equity required - no consumer loans Our Real Estate License #01041073 CA Department of Real Estate, NMLS #339217 Military Private Party loans generally have higher interest rates, points & fees than conventional discount loans

Legal Advertising Hotline 916-483-2299 Legal Advertising Fax 916-773-2999

LEGGAL ADVERTISING Carmichael Times Adjudicated For and By the County of Sacramento, Adjudication No. 317294 – February 7, 1984 Rancho Cordova Independent Adjudicated For and By the County of Sacramento, Adjudication No. 195380 – September 18, 1969 Citrus Heights Messenger Adjudicated For and By the County of Sacramento, Adjudication No. 34-2020-00273535 – March 12, 2020 The Rio Linda News Adjudicated For and By the County of Sacramento, Adjudication No. 358073 – March 21, 1988

#### FICTITIOUS BUSINESS NAME STATEMENTS

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-09329 Andrews Family Revocable Trust 2016, 5524 Clarendon Way, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Wayside Properties" 4100 Wayside Lane, #110, Carmichael, CA 95608. Filed with the Clerk of Sacramento County December 28.2022

Publish: Jan 13, 20, 27, Feb. 3, 2023 WAYSIDE 2-3-23

FICTITIOUS BUSINESS NAME

STATEMENT FBNF2022-09328 Andrews Family Revocable Trust 2016, 5524 Clarendon Way, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) Garden Apartments "River 4100 Wayside Lane, #110, Carmichael, CA 95608. Filed with the Clerk of Sacramento County December 28, 2022 Publish: Jan 13, 20, 27, Feb. 3, 2023 RIVER 2-3-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-08920 Stephanie Barden, 4724 Marguerite Way, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Selling Sacramento" 1610 R Street, Suite 280, Sacramento, CA 95811. Filed with the Clerk of Sacramento County December 9.2022

Publish: Jan 13, 20, 27, Feb. 3, 2023 SELLING 2-3-23

FICTITIOUS BUSINESS NAME

STATEMENT FBNF2023-00061 J&B Rental Services, Inc., 8 Kam Court, Sacramento, CA 95838 is doing business under the Fictitious Business Name(s) "SacTown Car Rental" 8 Kam Court, Sacramento, CA 95838. Filed with the Clerk of Sacramento County January 4, 2023

Publish: Jan 13, 20, 27, Feb. 3, 2023 SAC 2-3-23

FICTITIOUS BUSINESS NAME

STATEMENT FBNF2023-00032 Sampatti Enterprise, Inc., 770 Alcantar Circle, Sacramento, CA 95834 is doing business under the Fictitious Business Name(s) "Sampatti Enterprise, Inc. / SRB Construction" 770 Alcantar Circle. Sacramento. CA 95834. Filed with the Clerk of Sacramento County January 3,2023 Publish: Jan 13, 20, 27, Feb. 3, 2023

SAMPATTI 2-3-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-09068 Brian Cramption and Krystle Cramption, 5306 6th Avenue, Sacramento, CA 95820 are doing business under the Fictitious Business Name(s) "Crampton Baits" 5306 6<sup>th</sup> Avenue. Baits" 5306 Avenue. Sacramento, CA 95820. Filed with the Clerk of Sacramento County December 16, 2022 Publish: Jan 13, 20, 27, Feb. 3, 2023 CRAMPTON 2-3-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-09407 Publish: Jan 13, 20, 27, Feb. 3, 2023 2-3-23 LIFE

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-08870 VSSM Investments, LLC, 4801 Laguna Boulevard, #105-38, Elk Grove, CA 95758 is doing business under the Fictitious Business Name(s) "Natyre" 9243 Levidi Court, Elk Grove, CA 95758. Filed with the Clerk of Sacramento County December 8,2022 Publish: Jan 13, 20, 27, Feb. 3, 2023

NATYRE 2-3-23 FICTITIOUS BUSINESS NAME

STATEMENT FBNF2023-00074

SevenDoors Corp., 5960 S. Land Park Drive, #1142, Sacramento, CA 95822 is doing business under the Fictitious Business Name(s) "PMI American River" 5960 S. Land Park Drive, #1142, Sacramento, CA 95822, Filed with the Clerk of Sacramento County January 4, 2023 Publish: Jan 13, 20, 27, Feb. 3, 2023

PMI 2-3-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-00122 Campus, Inc., 5221 Madison Avenue, Sacramento, CA 95841 is doing business under the Fictitious Business Name(s) 'Campus / MTI College / Paul Mitchell the School at Campus / Paul Mitchell the School at MTI College" 5221 Madison Avenue. Sacramento, CA 95841, Filed with the Clerk of Sacramento County January 5, 2023 Publish: Jan 13, 20, 27, Feb. 3, 2023

CAMPUS 2-3-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-00053 Wallace Victorbhai Christian and Manisha Wallace Christian. 3802 Anders Way, Rocklin, CA 95677 are doing business under the Fictitious Business Name(s) "Quick Wash Factory" 926 Oak Lane, Rio Linda, CA 95673. Filed with the Clerk of Sacramento County January 3, 2023 Publish: Jan 13, 20, 27, Feb. 3, 2023 QUICK 2-3-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-00073 Sami Alsamman and Abi Alsamman, 3334 Jackrabbit Court. Folsom. CA 95630 are doing business under the Fictitious Business Name(s) "Puff Scents" 3334 Jackrabbit Court, Folsom, CA 95630. Filed with the Clerk of Sacramento County January 4.2023

Publish: Jan 13, 20, 27, Feb. 3, 2023 PUFF 2-3-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-00145 Walter Kiess and Linda Kiess. 4440 Oakhollow Drive, #143, Sacramento, CA 95842 are doing business under the Fictitious Business Name(s) "Crown Plumbing" 4440 Oakhollow Drive, #143, Sacramento, CA 95842. Filed with the Clerk of Sacramento County January 6, 2023 Publish: Jan 20, 27, Feb 3, 10, 2023

2-10-23 CROWN FICTITIOUS BUSINESS NAME

STATEMENT FBNF2023-00157

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-00137

Karen Ray Bartlett, 8240 Olivine Avenue, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "Greater Sacramento Area Homes" 2377 Gold Meadow Way, Suite 100, Gold River, CA 95670. Filed with the Clerk of Sacramento County January 6, 2023

Publish: Jan 20, 27, Feb 3, 10, 2023 2-10-23 GREATER

FICTITIOUS BUSINESS NAME

STATEMENT FBNF2023-00129 John Hanen, 2947 Garfield Avenue, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Against The Grain Flooring / ATG Flooring" 2947 Garfield Čarmichael, Avenue. CA 95608. Filed with the Clerk of Sacramento County January 6, 2023 Publish: Jan 20, 27, Feb 3, 10, 2023

2-10-23 AGAINST

FICTITIOUS BUSINESS NAME STATEMENT FBNE2023-00135 Dawn Reddoch, 6001 Dragon Hawk Place, Roseville, CA 95747 is doing business under the Fictitious Business Name(s) "Aspire Real Estate Group" 1610 R Street Suite 280 Sacramento CA 95811. Filed with the Clerk of Sacramento County Jan. 6, 2023 Publish: Jan 20, 27, Feb 3, 10, 2023 ASPIRE 2-10-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-00085 Jasvinder Singh and Harpreet Kaur, 5015 Laguna Park Drive, Elk Grove, CA 95758 are doing business under the Fictitious Business Name(s) "Moon Light Studio" 5015 Laguna Park Drive, Elk Grove, CA 95758. Filed with the Clerk of Sacramento County January 5, 2023

Publish: Jan 20, 27, Feb 3, 10, 2023 2-10-23 MOON

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-09442 Foremost Genius LLC, 5513 Woodbridge Court, Rocklin, CA 95677 is doing business under the Fictitious Business Name(s) "BQ Marketing" 9250 Greenback Lane. Orangevale. CA 95662. Filed with the Člerk of Sacramento County December 30, 2022 Publish: Jan 20, 27, Feb 3, 10, 2023 BQ

2-10-23 FICTITIOUS BUSINESS NAME

STATEMENT FBNE2023-00204 Harpreet Virk. 789 Travis Street. Folsom, CA 95630 is doing business under the Fictitious Name(s) Business "Sound Business Services" 81 Blue Ravine Road, Suite 81, Folsom CA 95630. Filed with the Clerk of Sacramento County January 11.2023 Publish: Jan 20, 27, Feb 3, 10, 2023

SOUND 2-10-23 FICTITIOUS BUSINESS NAME

STATEMENT FBNF2023-00066 Satinder J. Kaur, 9345 Pascal Way, Elk Grove, CA 95624 is doing business under the Fictitious Business Name(s) SK Services" 915 Las Palmas Avenue, Unit 13, Sacramento, CA 95815. Filed with the Clerk of Sacramento County January 4.2023

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-00158 Christopher Ray Kumar, 9444 Quintero Avenue, Elk Grove, CA 95624 is doing business under the Fictitious Business Name(s) "Starz Sports Bar & Grill," 5207 Madison Avenue, #C, Sacramento, CA 95841. Filed with the Clerk of Sacramento County January 9, 2023 Publish: Jan 27, Feb 3, 10 & 17, 2023 2-17-23 STARZ

FICTITIOUS BUSINESS NAME STATEMENT FBNE2023-00268

Hewan Denver Symister, 429 12th Street, #307, Sacramento, CA 95814 is doing business under the Fictitious Business Name(s) "Adyna Images Adyna Productions" 429 12th Street, #307, Sacramento, CA 95814. Filed with the Clerk of Sacramento County January 13,

2023 Publish: Jan 27, Feb 3, 10 & 17, 2023 ADYNA 2-17-23

FICTITIOUS BUSINESS NAME

STATEMENT FBNF2023-00300 Jesus Rios Courier, LLC, 551 Ashwick Loop, Sacramento, CA 95823 is doing business under the Fictitious Business Name(s) "Jesus Rios Process Server" 551 Ashwick Loop, Sacramento, CA 95823. Filed with the Clerk of Sacramento County January 17, 2023

Publish: Jan 27, Feb 3, 10 & 17, 2023 JESUS 2-17-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-00330 Christie Wells-Jokinen, 7360 Flowerwood Way, Sacramento, CA 95831 is doing business under the Fictitious Business Name(s) "Game Changer Counseling and Consulting" 7360 Flowerwood Way, Sacramento, CA 95831. Filed with the Clerk of Sacramento County January 18, 2023 Publish: Jan 27, Feb 3, 10 & 17, 2023

GAME 2-17-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-00299 Michael Wade Totter, 4431 Morpheus Lane, Sacramento, CA 95864 is doing business under the Fictitious Business Name(s) "Lonestar Carpentry" 4431 Morpheus Lane Lane. Sacramento, CA 95864. Filed with the Clerk of Sacramento County January 17, 2023 Publish: Jan 27, Feb 3, 10 & 17, 2023 LONESTAR 2-17-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-00405 7325 Zeferino Aispuro, Gleneagle Way, Sacramento, CA 95842 is doing business under the Fictitious Business Name(s) "Taco By TiJuana" 7405 Winding Way, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County January 20, 2023

Publish: Jan 27, Feb 3, 10 & 17, 2023 TACOS 2-17-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-00376 Dmitri Alan Primavera, 3808 Olivebranch Lane. Carmichael. CA 95608 is doing business under the Fictitious Business Name(s) "Primavera Practice" 9821 Fair Oaks Boulevard, Suite B. Fair Oaks, CA 95628, Filed with the Clerk of Sacramento County January 18, 2023 Publish: Jan 27, Feb 3, 10 & 17, 2023 PRIMAVERA 2-17-23

11056 New River Circle, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Preferred Gardens" 11056 New River Circle, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County December 30.2022

Publish: Feb 3, 10, 17 & 24, 2023 PREFERRED 2-24-23 FICTITIOUS BUSINESS NAME

STATEMENT FBNF2023-00333 James Htet, 2436 Westhill Drive, Marysville, CA 95901 is doing business under the Fictitious Business Name(s) "Joy Laundry" 5038 Marcòni Avenue, Suite 104, Carmichael, CA 95608. Filed with the Clerk of Sacramento County January 18.2023 Publish: Feb 3, 10, 17 & 24, 2023

JOY 2-24-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-00148 Amarjit Singh, 9345 Pascal Way, Elk Grove, CA 95624 is doing business under the Fictitious Business Name(s) "West Automotive" 915 Las Palmas Avenue, Sacramento, CA 95815. Filed with the Clerk of Sacramento County January 9.2023 Publish: Feb 3, 10, 17 & 24, 2023

2-24-23 WEST

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-00449 Farhad Gevhari, 5140 Janell Way, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Pine Flooring" 5140 Janell Way, Carmichael, CA 95608. Filed with the Clerk of Sacramento County January 23, 2023 Publish: Feb 3, 10, 17 & 24, 2023 PINE

2-24-23 FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-09075

Total Upside Return Corporation, 1800 E 4<sup>th</sup> Street, Suite 101, Austin, TX 78702 is doing business under the Fictitious Business Name(s) "Upside Financing / Upside" 1800 E 4th Street, Suite 101, Austin, TX 78702. Filed with the Clerk of Sacramento County December 16, 2022

Publish: Feb 3, 10, 17 & 24, 2023 UPSIDE 2-24-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-00510 Yedid Ortiz-Arango, 6843 Concert Way, Sacramento, CA 95842 is doing business under the Fictitious Business Name(s) "Butterfly Stick Mobile Phlebotomy" 6843 Concert Way, Sacramento, CA 95842. Filed with the Clerk of Sacramento County January 25, 2023 Publish: Feb 3, 10, 17 & 24, 2023 BUTTERFLY 2-24-23

FICTITIOUS BUSINESS NAME

STATEMENT FBNF2023-00564 PENCILO CORPORATION 4511 San Juan Avenue, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "RANGOON" 7601 Sunrise Boulevard, Suite 1, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento

Legal Advertising 7144 Fair Oaks Blvd #5 Carmichael, CA 95608

Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: November 8, 2022 Christopher E. Krueger, Judge of the Superior Court Publish: Jan 13, 20, 27, Feb. 3, 2023 JESSAI YNN 2-3-23 ORDER TO SHOW FOR CHANGE OF NAME

SUPERIOR COURT OF CALIFORNIA

COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2022-00332111

Cadalyna Vang has filed a petition with this court for a decree changing the name(s) of Cadalyna Vang to Alina Grace Scott.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on March 21, 2023, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: December 30, 2022 Christopher E. Krueger, Judge of the Superior Court Publish: Jan 13, 20, 27, Feb. 3, 2023 CADALYNA 2-3-23

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME

#34-2022-00332052 Jasmeet Kaur has filed a petition with this court for a decree changing the name(s) of Jasmeet Kaur to Jasmine Puri Sharma.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on March 15, 2023, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: December 29, 2022 Christopher E. Krueger, Judge of the Superior Court Publish: Jan 13, 20, 27, Feb. 3, 2023 JASMEET 2-3-23

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE

CHANGE OF NAME #34-2023-00332528

Richard Joseph Stibich has filed a petition with this court for a decree changing the name(s) of Richard Joseph Stibich to Katsu Joseph Terasaki.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on March 23, 2023, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: January 6, 2023 Christopher E. Krueger, Judge of the Superior Court Publish: Jan 13, 20, 27, Feb. 3, 2023 RICHARD 2-3-23 SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2023-00332369 Abdul Wase Faiz and Fawzia Faiz have filed a petition with this court for a decree changing the name(s) of Negar Faiz to Aila Negar Faiz. IS ORDERED that all persons interested in the above-entitled matter appear before this court on April 5, 2023, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: January 4, 2023 Richard K. Sueyoshi, Judge of the Superior Court Publish: Jan 13, 20, 27, Feb. 3, 2023 ABDUL 2-3-23

ARE Group, Inc., 6313 Elvas Avenue, Sacramento, CA 95819 is doing business under the Fictitious Business Name(s) Document "Sacramento Service" 6313 Elvas Avenue, Sacramento, CA 95819. Filed with the Clerk of Sacramento County December 29, 2022 Publish: Jan 13, 20, 27, Feb. 3, 2023 SACRAMENTÓ 2-3-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-09412 Trade Key Virtual Media, Inc. 9915 Fair Oaks Boulevard, Suite C, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "Immersive 3D Virtual Tours" 9915 Fair Oaks Boulevard, Suite C, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County December 29 2022

Publish: Jan 13, 20, 27, Feb. 3, 2023 IMMERSIVE 2-3-23

FICTITIOUS BUSINESS NAME

STATEMENT FBNF2022-09331 Type A Solutions LLC, 5504 Claiborne Way, Orangevale, CA 95662 is doing business under the Fictitious Business Name(s) "Leadway" 5504 Claiborne Way Orangevale, CA 95662, Filed with the Clerk of Sacramento County December 28, 2022 Publish: Jan 13, 20, 27, Feb. 3, 2023 LEADWAY 2-3-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-09426 Naima Haidari, 12780 Riding Trail Drive, Wilton, CA 95693 is doing business under the Fictitious Business Name(s) "R&S Elegance Home Decor 12780 Riding Trail Drive, Wilton, CA 95693. Filed with the Clerk of Sacramento County December 30, 2022

Publish: Jan 13, 20, 27, Feb. 3, 2023 R&S 2-3-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-09212 Armin Ghaeini, 3219 Rustic Villa Drive, Kingwood, TX 77345 is doing business under the Fictitious Business Name(s) "Winn Day" 3219 Rustic Villa Drive, Kingwood, TX 77345. Filed with the Clerk of Sacramento County December 22, 2022 Publish: Jan 13, 20, 27, Feb. 3, 2023 WINN 2-3-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-08926

Life Coach Unlimited. LLC. 933 San Mateo NE, #500-341, Albuquerque, NM 87108 is doing business under the Fictitious Business Name(s) "Life Coach Unlimited" 4200 E. Commerce Way, #151, Sacramento, CA 95834. Filed with the Clerk of Sacramento County December 9,2022

Oscar O. Delgado. 2881 Heron Way, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "OD Services" 2881 Heron Way, Sacramento, CA 95821. Filed with the Clerk of Sacramento County January 9, 2023 Publish: Jan 20, 27, Feb 3, 10, 2023 OD 2-10-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-00167 Miguel Angel Retana Vargas, 2225 Harris Avenue, Sacramento, CA 95838 is doing business under the Fictitious Business Name(s) "Cabello de Angel Salon" 2110 El Camino Sacramento, Avenue, CA 95821. Filed with the Clerk of Sacramento County January 9, 2023

Publish: Jan 20, 27, Feb 3, 10, 2023 CABELLO 2-10-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-00196 Vitaliy Ivanilov, 9675 Florin Road, Sacramento, CA 95829 is doing business under the Fictitious "Vitech Name(s) Business Solutions" 9675 Florin Road, Sacramento, CA 95829. Filed with the Clerk of Sacramento County January 10, 2023 Publish: Jan 20, 27, Feb 3, 10, 2023 VITECH 2-10-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-00174 Kelly Patricia Rvan, 7012 Bear River Drive, Sacramento, CA 95842 is doing business under the Fictitious Business Name(s) "Mooma Massage" 5740 Windmill Way, #24, Carmichael,

Sacramento County January 10, 2023 Publish: Jan 20, 27, Feb 3, 10, 2023 MOOMA 2-10-23

CA 95608. Filed with the Clerk of

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-09249 West Coast Solution, Inc., 3928 7th Avenue, Sacramento, CA 95817 is doing business under the Fictitious Business Name(s) "Scottsdale Laundry" 8111 Scottsdale Drive, Suite B, Sacramento, CA 95828. Filed with the Clerk of Sacramento County December 23, 2022 Publish: Jan 20, 27, Feb 3, 10, 2023

SCOTTSDALE 2-10-23 FICTITIOUS BUSINESS NAME

STATEMENT FBNF2022-09250 West Coast Solution, Inc., 3928 7th Avenue, Sacramento, CA 95817 is doing business under the Fictitious Business Name(s) "West Coast Solutions" 3928 7th Avenue, Sacramento, CA 95817. Filed with the Clerk of Sacramento County December 23.2022 Publish: Jan 20, 27, Feb 3, 10, 2023 WEST 2-10-23

Publish: Jan 20, 27, Feb 3, 10, 2023 SK 2-10-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-00236 Lonny S. Gustafson, 3848 Marshall Avenue, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "LSG Design" 3848 Marshall Avenue, Carmichael, CA 95608. Filed with the Clerk of Sacramento County January 12,2023

Publish: Jan 20, 27, Feb 3, 10, 2023 2-10-23 LSG

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-00237 April A. Stark, 7532 Cedar Drive, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "Set the Stage Event Rentals / Set the Stage Events" 7532 Cedar Drive, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County January 12, 2023 Publish: Jan 27, Feb 3, 10 & 17, 2023 2-17-23 SET

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-00232 Neil Andrade, 2213 El Ceio Circle, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "NCTC / NCA Trucking" 2213 El Cejo Circle, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County January 12,2023 Publish: Jan 27, Feb 3, 10 & 17, 2023

NCTC 2-17-23 FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-00205 APM Realty Services, Inc. 2377 Gold Meadow Way, #100, Gold River, CA 95670 is doing business under the Fictitious Business Name(s) "Alpha Property Management," 2377 Gold Meadow Way, #100, Gold River, CA 95670. Filed with the Clerk of Sacramento County January 11, 2023

Publish: Jan 27, Feb 3, 10 & 17, 2023 APM 2-17-23

FICTITIOUS BUSINESS NAME

STATEMENT FBNF2023-00203 Charles Kemble, Saul 5213 Torrey Pines Court, Carmichael, CA 95608 is doing business under the Fictitious **Business** Name(s) "Call Saul Solutions" 5213 Torrey Pines Court, Carmichael, CA 95608. Filed with the Clerk of Sacramento County January 11,2023

Publish: Jan 27, Feb 3, 10 & 17, 2023 CALL 2-17-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-09348 1187 LLC, 1650 Silica Avenue Suite D, Sacramento, CA 95815 is doing business under the Fictitious Business Name(s) 'Saladin Logistics" 1650 Silica Avenue, Suite D, Sacramento, CA 95815. Filed with the Clerk of Sacramento County December 28.2022

Publish: Feb 3, 10, 17 & 24, 2023 SALADIN 2-24-23

FICTITIOUS BUSINESS NAME

STATEMENT FBNF2023-00397 Raman Kumar, 1512 Sandmark Drive, Sacramento, CA 95835 is doing business under the Fictitious Business Name(s) "RK Trucking" 1512 Sandmark Drive. Sacramento, CA 95835. Filed with the Clerk of Sacramento County January 19, 2023 Publish: Feb 3, 10, 17 & 24, 2023 RK

2-24-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-00457 Timothy Stults, 3612 Troy Dalton Street, Sacramento, CA 95816 is doing business under the Fictitious Business Name(s) "Full Moon Photo Printing" 3612 Troy Dalton Street, Sacramento, CA 95816. Filed with the Clerk of Sacramento County January 24, 2023

Publish: Feb 3, 10, 17 & 24, 2023 FULL 2-24-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-00478 Dae Aguirre Vibiano, 2037 Red Robin Lane, #4, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Cocos Tacos on Grill" 2037 Red Robin Lane, #4, Sacramento, CA 95821. Filed with the Clerk of Sacramento County January

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-00423 Vitaliy Konstantinov, 7753 Glenn Avenue, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "VK Cohen and Co" 7753 Glenn Avenue, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County January 20, 2023 Publish: Feb 3, 10, 17 & 24, 2023

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-09432 Distinguished Gardens LLC. County January 26, 2023 Publish: Feb 3, 10, 17 & 24, 2023 RANGOON 2-24-23

### STATEMENT OF ABANDONMENT OF FICTITIOUS BUSINESS NAME

STATEMENT OF ABANDONMENT OF FICTITIOUS BUSINESS NAME

FILE NO. FBNF2022-02408 The following person(s) has/ have abandoned the use of the FICTITIOUS BUSINESS NAME of: Teletherapy Direct, 2701 I Street, Sacramento, CA 95816. The Fictitious Business Name Statement referred to above was filed on 3/28/2022 in the County of Sacramento, and is being abandoned by: Karen Heidebrecht, 8500 Diamond Oak Way, Elk Grove, CA 95624. The business was conducted by: Individual. of abandonment: Date 12/29/2022.

Publish: Jan 13, 20, 27, Feb. 3, 2023 TELETHERAPY 2-3-23

### ORDER TO SHOW CAUSE FOR CHANGE OF NAME

SUPERIOR COURT OF CAI IFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2022-00331969

Ghulam Hazrat Khalili and Jamila Ahmad Zai have filed a petition with this court for a decree changing the name(s) of Moh Elyas Khalili to Mohammad Elyas Khalili; Moh Idrees Khalili to Mohammad Idrees Khalili.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on March 15, 2023, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: December 28, 2022 Christopher E. Krueger, Judge of the Superior Court Publish: Jan 13, 20, 27, Feb. 3, 2023 2-3-23 KHALILI

> SUPERIOR COURT OF CAI IFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2022-00329448

Jessalynn Gabrielle Pastran has filed a petition with this court for a decree changing the name(s) of Jessalynn Gabrielle Pastran to Jessalynn Gabrielle Flores. IT IS ORDERED that all per-

sons interested in the above-entitled matter appear before this court on February 8, 2023, at 9:00 a.m. in Department 54, located at 813 6th Street,

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2023-00332359

Manila Suhbati has filed a petition with this court for a decree changing the name(s) of Manila Suhbati to Monazzah Maher.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on April 4, 2023, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814. and show cause, if any, why the petition for Change of Name should not be granted. Dated: January 4, 2023 Richard K. Sueyoshi, Judge of the Superior Court Publish: Jan 13, 20, 27, Feb. 3, 2023 MANILA 2-3-23

> SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME

#34-2022-00332177 Samerawit Sinetayhu and Alemtante Fentie have filed a petition with this court for a decree changing the name(s) of Ozian Alemtante Gashaw to Akiya Alemtante Gashaw.

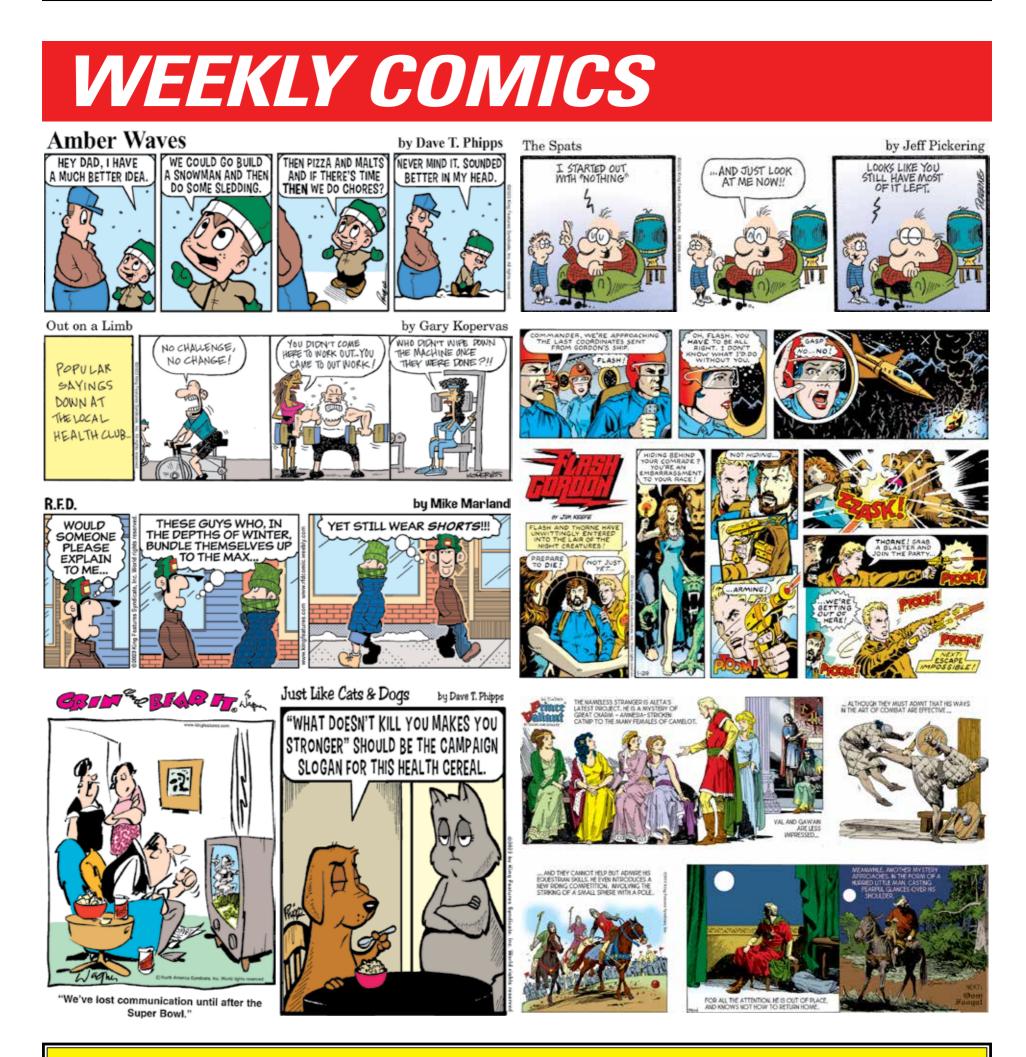
IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on April 5, 2023, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: December 30, 2022 Richard K. Sueyoshi, Judge of the Superior Court Publish: Jan 20, 27, Feb 3, 10, 2023 SAMERAWIT 2-10-23

2-24-23

24.2023 Publish: Feb 3, 10, 17 & 24, 2023 COCOS

2-24-23 VK

#### THE NEWS · 9



### We Beat Almost All Online Prices on Premium Brand Pet Foods.

Including Blue Buffalo, Chicken Soup, Earth Born, Diamond Naturals, Pinnacle, Taste of the Wild, & Royal Canin.



# Sacred Earth and Healing Arts of Tibet







Top: Monks will work meticulously to create a beautiful Sand Mandala. Above: Tibetan Buddhist monks tour the United States and will soon be in Northern California for visiting on Thursday, February 16, 2023 - February 26, 2023. Photo courtesy of Sierra Friends of Tibet

*Sierra Friends of Tibet News Release* 

**AUBURN, CA (MPG)** - The Tibetan Monks from Gaden Shartse Monastery will open their 2023 visit to General Gomez Arts in Auburn Calif., on February 16 at 6pm with a short interfaith welcome by members of the religious community followed by the Tibetan Monks opening ritual ceremony to purify the location and begin their 10 days of events.

The much-anticipated Tibet Tour will provide a variety of cultural presentations for 10 days giving area residents and visitors a chance to experience first-hand the unique culture of the Tibetan people and the rich traditions of Tibet and Tibetan Buddhism.

Specially featured will be the creation of a beautiful Sand Mandala, carefully constructed over the course of their 10-day visit, following ancient Buddhist symbolic designs. Each grain of sand will be carefully laid down by hand using techniques unchanged for millennia. The public will be able to observe and enjoy this moving and meditative process as the monks work. Come throughout the 10 days to fully experience the ever-changing work in process.

The Gomez Arts and Events Center will be open daily for Mandala viewing from 10:00 am until 6:00pm except during events from Thursday, February 16, 2023 - February 26, 2023. Please check online for the complete schedule of events!

When the mandala is finished, there will be a special ritual to bless the mandala and mark its completion. Following the blessing the mandala will be ritually dissolved (always a 'standing room only' event), highlighting by example the Buddhist view of impermanence. The sand is then swept up into a pile with small portions of the sand being offered as gifts to members of the audience.

The following day the remaining sand is taken to a body of water where, after a short ceremony, it will be poured into the water as a blessing to purify the environment and all the beings that inhabit it.

Daily events will include: Mandala viewing, Empowerments, Group Healings, Teachings, Public Lectures and Family Events.

Schedule is subject to change.

Be sure to check the entire events schedule online.

\*\*\*Volunteer opportunities and meal sponsorships for the Monks are available!! \*\*\*

Individual blessings/healings, Land-Home-Business Blessings are by appointment.

Contact us for information on volunteer opportunities, meal sponsorship, or information on Individual blessings, Land, Home or Business blessings please call Jesse 916.834.8299, email auburntibetanevents@ yahoo.com or inquire at the venue.





### **RECEIVE THE NEWS** EVERY WEEK AT YOUR HOME OR BUSINESS!

### YES! START MY SUBSCRIPTION NOW!

FULL NAME		
STREET	CITY	ZIP
PHONE	EMAIL ADDRESS	
MAIL YOUR F	AYMENT AND GET STARTED	) IMMEDIATELY:
Main office address: 7144 Fair Oaks Blvd., St	uite #5, Carmichael, CA 95608	
THE NEWS is published		MPG

### DON'T WAIT! CALL NOW! 916-773-1111



# Don't wait until things aren't going well to hire a property manager.

The truth is, having a property manager right from the start is important because prevention is less costly than intervention. It's more profitable to start off on the right foot than to be stuck repairing problems left and right six months later. We focus on taking the emotion right out of the equation for you and make

communicating with your tenants and taking care of your property a breeze! We look forward to working with you!



Tisha Torres | Owner DRE#01229756 Cell: (916) 870-2987 Office: (916) 991-9999 731 M St Rio Linda, CA 95673 tisha@tntpropmanagement.net

