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Grant Wins Second State Title



The Grant Union High School varsity football team won its second state title in school history on Saturday night with a 36-34 win against San Jacinto in the 2022 Division 3-AA CIF State Football Championship. Photos courtesy of the Twin Rivers Communications Department

By Shaun Holkko, sports editor

SACRAMENTO, CA (MPG) - It's safe to say: the Grant Union High School varsity football team is back!

The Pacers (12-2) solidified that proclamation Saturday by winning the 2022 Division 3-AA CIF State Football Championship, defeating the San Jacinto Tigers by a narrow score of 36-34. This is the second state title in Grant school history.

This year, the Pacers had their first winning season since 2016, when the team went 8-4. Grant went 4-6 in 2017, which was a long fall from the

standard set by the 2008 state championship team. Things got slightly better for the Pacers in 2018, as the team went 5-6. Alas, it was another losing season.

Grant continued to decline in 2019, posting a 1-9 overall record, going 0-6 in Sierra Foothill League play. The 2020 season was overshadowed by the COVID-19 pandemic which pushed the regular fall football season into spring 2021.

Led by transfer quarterback Joseph "Jojo" McCray, the Pacers did not win a single game in 2021. Grant's only win came in a forfeit against

Oak Ridge.

The 2022 Pacers have not only returned to their winning ways on the field, but they have also overcome adversity off it. On October 21 around 10 p.m., a shooting occurred in the Grant parking lot during the Pacers' 49-42 loss to Monterey Trail. A 15-year-old was arrested on December 7 for the fatal shooting.

One reason behind Grant's remarkable turnaround is moving divisions. The Pacers formerly played in Division II and were a part of the highly competitive and stacked Sierra

Continued on page 10

RSV, Flu and COVID-19 Rates Are Rising in Sac County

Sacramento County News Release

SACRAMENTO COUNTY, CA (MPG) - This winter, there is growing concern about the convergence of respiratory syncytial virus (RSV), flu and COVID-19, a phenomenon some have termed a "triple threat" or "triple-demic." All three viruses cause respiratory illness with the potential to lead to serious illness or death. Local hospitals are already feeling the impacts of these illnesses, but there are actions we can all take to decrease the likelihood of getting or spreading these viruses.

RSV and flu normally surge each winter. This year, California has experienced more cases earlier in the season and more severe illness, especially among younger (under 5 years old) and older (65+ years old) residents. After several months of declining COVID-19 rates, Sacramento County's rates have increased steadily over the last month. The county's CDC COVID-19 Community Level has increased from Low to Medium, which means that everyone should consider wearing a mask in indoor public places, according to the California Department of Public Health (CDPH) Guidance for Face Coverings. Masks are also recommended in crowded indoor public places for vulnerable people or those with household or social contact with vulnerable people.

The increase in cases also activates mask requirements in certain settings, as set by CDPH. Homeless shelters, emergency shelters, cooling and heating centers, and state and local correctional facilities and detention centers are required by CDPH to reinstate universal masking requirements for staff and residents. Masks remain required in health-care settings, long-term care settings and adult and senior care facilities.

Dr. Olivia Kasirye, Sacramento County Public Health Officer, reminds residents, "As we gather this winter with family and friends, it is important to remember the tools we have to stay healthy and safe. Updated COVID-19 boosters and flu shots help provide essential protection. Consider wearing a mask in indoor public places and wash your hands frequently. If you're sick, whether it's with COVID-19 or something else, stay home so you don't spread it to others."

MTSS wins Golden Bell Award



Pictured from left to right: Board Trustee Michael Baker; Carrie Davis, MTSS Intervention Specialist Christine Flok, MTSS Intervention Coordinator; Board Trustee Stacey Bastian; Board Trustee Christine Jefferson; Cynthia Andrews, Elementary Executive Director; Dr. Lori Grace, Associate Superintendent - School Leadership; Board Trustee Linda Fowler; Dr. Steve Martinez, Superintendent. Photo courtesy of the Twin Rivers Communications Department

TRUSD News Release

SAN DIEGO, CA (MPG) - The district's Multi-Tiered System of Supports Initiative (MTSS) is the recipient of a prestigious 2022 California School Boards Association (CSBA) Golden Bell Award.

The awards are bestowed annually in a variety of

categories to acknowledge outstanding and innovative work in public schools throughout California.

The award was presented to board members, the superintendent and staff at CSBA's annual conference Dec. 1 in San Diego.

The Multi-Tiered System of Supports (MTSS) provides supports and resources

to all students in order for them to be successful. MTSS has 3 domains: Academic, Behavioral, and Social Emotional. The MTMDSS framework has 3 tiers:

Tier 1: focuses on what all students receive in order to be successful academically, behaviorally and socially/emotionally.

Tier 2: provides small-group strategic intervention to students who need more support in order to achieve success.

Tier 3: includes intensive intervention for students who need individualized supports in order to be successful academically, behaviorally, and socially/emotionally. ★

ABC10 and Telemundo 33 Team Up to Stand Against Hunger



From November 1 through December 18, 2022 – two weeks longer than in past years – ABC10, Telemundo 33, Wells Fargo, Bayside Community Church, and Cricket Wireless are joining forces and taking a Stand Against Hunger by partnering with seven local food banks in Northern California. Photo courtesy of ABC10

T-Rock Communications News Release

SACRAMENTO, CA (MPG) - During a time when prices are increasing rapidly, food insecurity is a top concern for many local families and individuals – especially for single parents, children, and senior citizens already struggling to make ends meet.

In fact, local food banks serve a combined total of more than 700,000 people per month in the Greater Sacramento, Foothill and Valley region. Last year, with the help of generous businesses, organizations, and community members, \$403,364 was raised through this high-profile initiative. All donated funds generated as part of Stand Against Hunger are divided equally among the participating local food bank partners each year.

From November 1 through December 18, 2022 – two weeks longer than in past years – ABC10,

Telemundo 33, Wells Fargo, Bayside Community Church, and Cricket Wireless are joining forces and taking a Stand Against Hunger by partnering with seven local food banks in Northern California. The goal is to raise awareness about food insecurity and raise funds to help these food banks provide meals to people in need. Every dollar makes a difference as a donation of \$10 to a local food bank helps to feed a family of four during the holidays and beyond.

The seven local food banks participating in the 2022 Stand Against Hunger include the following: Emergency Food Bank of Stockton (new addition this year), Food Bank of Contra Costa and Solano, Placer Food Bank, Sacramento Food Bank & Family Services, Second Harvest Greater Valley, Yolo County Food Bank and Yuba-Sutter Food Bank.

“Sadly, food insecurity affects hundreds of

thousands in our community each year and is expected to be more urgent than ever this holiday season,” says Risa Omega, President & General Manager of ABC10, “I am honored that ABC10 and our parent company TEGNA are teaming up with other community-minded businesses and organizations to take a Stand Against Hunger to help provide nutritious and much-needed food for our friends and neighbors in need who often suffer in silence.”

Stand Against Hunger is a signature community initiative led by ABC10, a TEGNA-owned media station. Similar to last year and to help kick off the important community effort, the TEGNA Foundation has generously donated \$25,000 to support the cause.

New this year, Cricket Wireless joins returning partners Wells Fargo and Bayside Community Church to support the 3rd Annual Stand Against Hunger campaign. In addition, local radio stations La Ranchera 92.1, 103.9 The Fish (which both serve the Sacramento area) and KAT Country 103.3 in Stockton are providing on-air support for the cause.

Viewers and community members are encouraged to donate online to the food bank of their choice at www.abc10.com/standagainsthunger. For more information about ABC10 or to watch ABC10 Originals and other award winning stories please visit www.abc10.com or www.youtube.com/ABC10. In addition, ABC10 can be live streamed via the ABC10+ app on Roku and Amazon Fire. ★

All Long Term Services Will Soon be Available



Californians will be able to access Cal Long Term Care Compare to compare quality performance and facility information. MPG file photo

Cal Healthcare Compare News Release

SACRAMENTO, CA (MPG) - Beginning in 2023, Californians will get easy access to data on over 19,000 long term care services and facilities in California, thanks to a \$1 million grant from the California Department of Aging for the expansion of the Cal Long Term Care Compare website.

Through this funding, Californians will be able to access Cal Long Term Care Compare to compare quality performance and facility information for over 1,000 nursing homes, as well the following services and facilities in their area: home health agencies, hospices, adult residential care programs, adult day health centers, long term care hospitals, inpatient rehabilitation facilities and more.

The public website will be updated over a two-year period to include comparative information, such as facility location, number of


beds, resident information, services, and resident feedback, for these additional long term care options — In addition, the website will be updated to include several tools designed to guide Californians through the decision-making process, from determining their long-term care needs to selecting the right provider in their area. As part of this effort, overall website accessibility, such as Spanish translation services and ADA compatibility, will be improved so that even more Californians can access this vital information.

Cal Long Term Care Compare is a free website that offers an unbiased, one-stop snapshot of how local long term care services and facilities compare to each other and to statewide averages on a variety of quality metrics.

“Searching for long term care services can be a difficult, anxiety-ridden challenge. We know that many individuals and families struggle with just

understanding the difference between the various long term care options — such as nursing homes versus hospice,” said Dr. Bruce Spurlock, Executive Director of Cal Healthcare Compare. “We hope that this free site will lessen the apprehension and provide individuals and families with reliable, objective information and educational material so that they can be more confident in the decisions they make.”

Created by Cal Healthcare Compare, a multi-stakeholder nonprofit, the user-friendly website offers a quick reference about some of the most pressing issues consumers need to weigh before choosing the long term care facility best suited to their unique needs. Funded by California health plans, data analysis informing the posted measures are produced by researchers from the UC Davis Center for Healthcare Policy and Research and the Betty Irene Moore School of Nursing. ★



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SAFE Awards \$20K to Sacramento Food Bank

SAFE Credit Union News Release

FOLSOM, CA (MPG) - SAFE Credit Union is doing its part to help curb childhood hunger by supporting Sacramento Food Bank & Family Service's No Student Left Hungry program as the demand for food assistance climbs in the region.

SAFE is donating \$20,000 to the nonprofit's effort to provide food for an average of 4,200 students per month who are living with food insecurity within seven school districts and four colleges throughout Sacramento.

"Due to the pandemic, rising inflation and other factors, the need for food assistance is as great as ever, and we wouldn't be able to meet that surge in demand without the support of big-hearted organizations like SAFE Credit Union," says Sacramento Food Bank & Family Services Director of Programs Karen Strach.

Since March, food bank officials say they have seen a 40 percent increase in the number of people they are serving each month.

"When children experience hunger, they are more likely to get sick and are at higher risks of health conditions like anemia and asthma," Strach says. "They are also more likely to miss school and receive poor grades."

The food bank grant is awarded as part of SAFE's grant program seeking to promote the health of residents in the greater Sacramento region.

"Supporting the No Student Left Hungry program is one meaningful



Food is distributed at Greer Elementary School as part of the Sacramento Food Bank & Family Services No Student Left Hungry program. Courtesy photo

step we can take to help in addressing inequities in our communities and help improve the health of individuals and those in our region as a whole," says SAFE Community Impact Manager Amanda Merz.

This grant will help fund grocery distribution to students attending schools in the Center Joint Unified, Elk Grove Unified, Galt Joint Union Elementary, Robla Elementary, Sacramento City Unified, San Juan Unified and Twin Rivers Unified school districts plus Sacramento State, American River College, Cosumnes River College and Sacramento City College. The districts and colleges were determined to each have a high concentration of students in need of supplemental food assistance.

Strach says school-based food distributions remove many barriers to accessing food. "When students get the food they need, they have improved concentration, school performance and mental and physical health. And are more likely to thrive," she says.

A program that has evolved for several years, the No Student Left Hungry program reaches up to

116,000 people per year.

According to Feeding America's most recent data from 2020, more than one in six children in Sacramento County live in food insecure households, a rate that is higher than both the state and national averages.

The grant is one of two SAFE Credit Union awarded for the third quarter of 2022 to organizations dedicated to promoting the health of residents in the greater Sacramento region. This month, SAFE is also awarding \$5,000 to the Alchemist Community Development Corporation's Community Gardens project.

SAFE annually awards \$120,000 in grants in four phases focusing on its three pillars of philanthropy: veterans, healthcare, and education. For more information on SAFE Credit Union's grants program, go to <https://www.safecu.org/community/community-impact/funding>.

For more information about the No Student Left Hungry program, contact Sacramento Food Bank & Family Services Director of Communications Kevin Buffalino at kbuffalino@sacramentofoodbank.org. ★

Board Approves New Agreement to Serve Homeless

Sacramento County News Release

SACRAMENTO COUNTY, CA (MPG) - Following months of diligent and deliberate work by elected officials and staff, the Board of Supervisors approved on Tuesday, December 6, a partnership agreement to increase outreach, shelter and services to people experiencing homelessness, particularly within the boundaries of the City of Sacramento.

The five-year agreement identifies the roles and responsibilities of the City and County and demonstrates a shared commitment to reducing unsheltered homelessness through systems-level changes and strategies identified by the recently adopted Local Homeless Action Plan. It includes joint outreach teams, hundreds of additional shelter beds and a commitment to do "whatever it takes" to meet the behavioral health needs of people experiencing homelessness.

As part of the agreement, the City and County will create 10 new "encampment engagement teams" -- staffed by workers from both organizations -- to provide intensive outreach, assessment, navigation, service delivery and shelter placements to as many people as possible in encampments within the City limits. Teams will include behavioral health workers from the County who have the ability and qualifications to provide a behavioral health assessment and enroll or link people to an appropriate level of mental health and substance use services. Additional services, including individual needs assessments, shelter referrals, linkages with supportive services, and general navigation support will be provided by the City's Department of Community Response (DCR) and through contracted outreach providers funded by Managed Care Plans as part of the



Sacramento City and County leaders announce a new five-year agreement identifying the roles and responsibilities of each entity to move forward and help solve the homeless crisis and its associated mental health aspects. In the image from left to right: Sacramento Mayor Pro Tem Eric Guerra (front), Sacramento County Supervisor Rich Desmond (back), Sacramento Mayor Darrell Steinberg, Sacramento County Supervisor Patrick Kennedy (speaking at podium), Councilmember Jeff Harris, County Executive Ann Edwards, and City Manager Howard Chan. Photo courtesy of Office of Mayor Darrell Steinberg

CalAIM initiative. There are currently two teams that have been mobilized within city limits since October.

The City has identified the initial locations to deploy these multi-disciplinary teams based on its assessment of which camps present the greatest health and safety risk. Services such as solid waste removal, code enforcement and public safety protocol will be provided. The teams will develop an individual plan for each encampment based on the unique circumstances and needs of the camp occupants, and have the ability to spend the necessary time in each camp to find individualized solutions. Best practices suggest that on-going, multiple visits over time are needed to establish trust with camp occupants along with real-time access to services and shelter; these teams are oriented to dedicate this level of effort.

County behavioral health workers will conduct behavioral health assessments in the field and in City shelters and enroll people in services. They will have the ability to write 5150 holds and petition the court to require people to receive outpatient treatment under

Laura's Law as appropriate. While it will take six months to ramp up the full 10 teams, City and County teams have already begun working together in top-priority sites in advance of the agreement's adoption.

The County, through the agreement, also will commit to establishing and funding a new Community Outreach Recovery Empowerment (CORE) Behavioral Health Center within City limits and expanding its substance use disorder residential treatment.

In addition, the County will commit to adding 200 shelter beds within 12 months and 200 more shelter beds within 36 months. If the City provides a shovel-ready site, the County will agree to operate 200 additional shelter beds within the City.

The agreement also sets forth provisions for accountability and measuring progress with reports in open session to both the City Council and County Board of Supervisors.

For more information on the Partnership Agreement, read the Fact Sheet.

For more information on what the County is doing to address homelessness, visit the Homeless Initiatives website. ★

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Are They Ready for This?

By Grace Gedye,
CALMatters.org

A cascade of tech layoffs, the strain of inflation and news of potentially recession-inducing decisions from federal bankers could spell tough economic times ahead.

If more people are laid off, more Californians will turn to unemployment benefits to help them afford the basics while they look for a new job.

It’s a process that buckled under the pressures of the pandemic. Residents sometimes waited months for benefits from the state’s Employment Development Department, dialing the department hundreds of times. On top of that was a string of fraud scandals: Claims came from ‘unemployed’ infants and children and according to prosecutors, benefits were paid to tens of thousands of inmates in jail and prison, who are ineligible. The vast majority of the fraud was in temporary, federally funded pandemic aid programs.

The situation has since improved. But how will the system hold up if there’s a recession?

Thanks to “the level of testing that the pandemic put us through, we are in such a strong position to weather a typical economic contraction,” said Gareth Lacy, communications advisor at the department.

But not everyone is convinced. “There have been some major improvements,” said Daniela Urban, executive director of the Center for Workers’ Rights. “But I think we’re not at the point where if a major crisis hit the unemployment system again, the system would be able to function as it should.”

A recession would probably look different than the shocking early months of the pandemic, when claims for new benefits jumped tenfold from February to March of 2020, according to department data. One point of comparison: There were 20 million claims for unemployment benefits during the pandemic and just 3.8 million during the Great Recession, according to Lacy. And during the pandemic, the challenge for the department wasn’t just dealing with the surge of claims; it also had to implement new federal aid programs.

The incredible wave of people applying in a matter of weeks was “extreme” says Till von Wachter, an economics professor at UCLA. Normal recessions are more gradual, he said, so the number of claims the department has to process per week would likely be lower. “They just went through trial by fire,” von Wachter said. He’s optimistic that the department would be able to better deal with a recession.

But, if the agency struggles to keep up with the demands of a recession, it wouldn’t be the first time. In the wake of the recession that began in 2008, reports emerged that checks were delayed due to outdated computers, and exasperated workers were met with busy phone lines.

In 2021, state lawmakers required the department to come up with a recession plan; the result is a nearly 90-page report.

One change, the report explains, is that the department created a new team tasked with forecasting unemployment benefit-related workloads and figuring how many staff will be needed. The report also details how the department will adapt if the unemployment rate reaches specific levels. California’s unemployment rate is currently around 4%, but if, for example,



Is California’s beleaguered jobless benefits agency ready for a recession? The headquarters of California’s Employment Development Department in Sacramento. The agency says it’s made improvements that have made it better equipped to issue employment benefits if the economy goes south. Photo by Rahul Lal, CalMatters

it ticks up to 6%, the plan includes authorizing overtime, reducing vacation slots during peak periods, and limiting the approval of part-time requests. If it reaches 8%, the department would hire additional staff and “deploy retired annuitants.” If it reaches 12%, it’s time to call in the contractors.

The report says pulling all this off is challenging because federal funding for unemployment benefit administration is

one day, or were sick one day – two things that could disqualify you from receiving benefits – the department would stop sending payments until it determined whether you were still eligible, which could require an interview, said Urban.

“At the height of the pandemic, (the department) was so behind the determinations (that) people were waiting 15, 16, or

contractors during the pandemic, but that ended in 2021.

Another large group that will find itself without unemployment benefits if a recession hits is undocumented

workers – despite a major push from advocates and a bill passed by the Legislature. Under federal law, undocumented workers can’t get traditional unemployment benefits, said Gerry.

This year, worker and immigrant advocates pushed for a new pilot program that would have provided unemployment-like benefits to non-citizen workers – an idea Colorado lawmakers embraced this year. But California legislators didn’t provide funding for the program in the state budget, said Sasha Feldstein, economic justice policy director for the California Immigrant Policy Center. Curiously, they then passed a bill that laid out how the program would work, but which didn’t include funding, and Gov. Gavin Newsom vetoed the bill, citing, in part, the absence of “a dedicated funding source.”

Another consequence of a recession could be growing California’s already massive unemployment debt.

The state’s unemployment insurance trust fund ran out of money during the pandemic, after so many laid-off Californians relied on the benefits. The federal government loaned California billions to keep benefits flowing, and the state still is on the hook to pay back about \$18 billion.

California’s debt is uniquely large. While many states had to turn to the feds to pay out benefits during the pandemic, at this point just California, New York, Connecticut, Illinois and the Virgin Islands still have debt.

California’s debt is roughly double the size of the other four combined.

This isn’t the first time the system has gone into debt. In the wake of the Great Recession, the debt grew to about \$10 billion. California didn’t finish paying it off until the spring of 2018, according to H.D. Palmer, a spokesperson for the Finance Department, and the state spent about \$1.4 billion on interest on the Great Recession era unemployment debt, according to Palmer.

Unemployment benefits are funded by employers, and in order to pay off the current debt, a federal tax on employers will automatically increase by \$21 per employee in 2023, and ratchet up by an additional \$21 per employee

per year until the loan is repaid. This year state lawmakers also decided to kick in \$250 million in state funds toward the loan principal and \$342.4 million to cover the interest accrued so far.

But if the state goes into a recession, that debt could grow even larger.

“If there is a slowdown in the economy, we are totally and completely unprepared to be able to provide for California workers because of the deficit,” said Rob Lapsley, president of the California Business Roundtable, which represents major employers and has advocated for the state to contribute \$10 billion to pay down the loan principal. “There may not be an interest in Congress to bail out California and New York,” Lapsley said.

But it would be unprecedented for the federal government to let a state’s unemployment system run out of money and stop providing benefits, said Gerry, with the National Employment Law Project. “That has never happened in the history of the unemployment insurance program since it was enacted in 1935.”

“I don’t think that there’s a real threat that no benefits will be available,” Gerry said. But having a system that repeatedly goes into debt means that taxpayers get stuck with an avoidable bill. And, Gerry said, “if we had more money in our trust fund, it would be easier to make the case that we could enhance benefits.” ★



The incredible wave of people applying in a matter of weeks was “extreme” says Till von Wachter, an economics professor at UCLA. Normal recessions are more gradual, he said, so the number of claims the department has to process per week would likely be lower. “They just went through trial by fire,” von Wachter said. Photo courtesy of Florian Schott. Dreamstime.com

Business Wants Voters to Overturn Legislative Decrees



By Dan Walters, CALMatters.org

Over the last decade, as Democrats solidified their dominance of the state Capitol, they have repeatedly attempted to change how private businesses operate in California

Those efforts have taken many specific forms, including mandates on employee benefits, making it easier for unions to organize workers, and regulating — or even prohibiting — products and services offered to customers.

All such efforts were aimed, their legislative and interest group sponsors said, at expanding equity and accountability for the benefit of workers and consumers.

Whatever their motives, as those efforts proliferate, the affected businesses have done what they could to block or at least modify what was happening. Nevertheless, those seeking more governmental regulation of business practices have scored some major victories and in response, affected businesses have increasingly used referenda to erase new laws or initiatives to repeal or modify them.

Those countermeasures have a mixed record of success, to wit:

— In 2014, the Legislature passed and then-Gov. Jerry Brown signed legislation to ban single-use plastic bags

for groceries or other consumer goods. An industry referendum to block the new law failed in 2016.

— In 2018, the Legislature eliminated cash bail for criminal defendants. Two years later, the bail bond industry persuaded voters to reject the law.

— In 2019, legislators passed a sweeping law that reduced the ability of businesses to use freelance workers under contract. Rideshare and delivery companies such as Uber and Lyft placed a measure on the 2020 ballot to exempt themselves from the new law. Voters passed it, but it's since been challenged in court.

— In 2020 the Legislature prohibited the sale of flavored tobacco products, saying they encourage young people to smoke. However, the tobacco industry's referendum to block the ban was rejected by voters this year.

Corporate use of the ballot to thwart the Capitol's Democrats is likely to continue.

The fast food industry has submitted signatures for a referendum to overturn the creation of a new agency, dominated by unions and union-friendly appointees, that would set wages and working conditions for fast food employees. If it qualifies, the law would be suspended until voters decide the issue in 2024.

The oil industry is gathering signatures for a referendum to overturn a newly enacted law that would ban new oil wells within 3,200 feet of schools and other public facilities. If it qualifies, it also would go on the 2024 ballot.

Another oil industry

referendum is likely if the Legislature passes Newsom's proposal to impose limits on its profits from gasoline sales and impose financial penalties for exceeding them.

Newsom's original proposal was an excess profits tax, which would not have been subject to referendum because the state constitution declares that tax measures cannot be challenged via referendum.

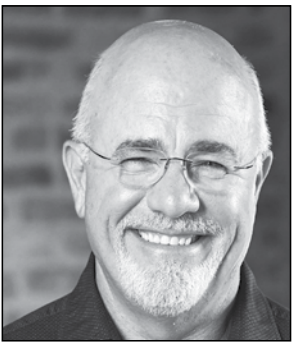
However, non-tax laws, unless passed with two-thirds margins as "urgency measures," are subject to referendum. If Newsom's limit/penalty law is enacted next year as a non-urgency measure, the industry would have a 90-day window in which to qualify a referendum. The law would be suspended until voters had the final word.

The proliferation of business-sponsored ballot measures to overturn what legislators and the governor decree has angered groups, such as unions and environmental and consumer rights organizations, that support more oversight of business practices. They are pressing the Legislature to make the qualification of ballot measures more difficult.

However, Newsom and his predecessor, Jerry Brown, have opposed such changes for the simple reason that governors sometimes turn to the ballot themselves to enact laws that the Legislature is unwilling to pass.

That's the real scandal.

Dan Walters has been a journalist for nearly 60 years, spending all but a few of those years working for California newspapers. ★



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— Karla

Dave Ramsey Says

Dear Karla,

In their later years? I'm not trying to be mean, but they're already in their later years.

I'm really sorry you're in this situation. Even though you're in your 50s, he's still your dad, and I know this hurts your heart. It's probably even tougher to accept the fact that he's being manipulative. I mean, seriously. What dad calls up his daughter with the idea he's entitled to \$55,000 of her money and starts acting like a travel agent for guilt trips in the process? That's just wrong.

Look, if the relationship and the situation were different, we might have something to talk about. With your net worth, you're not going to miss \$55,000 out of \$2 to 3 million. In a good relationship, I'd help my mom or dad like that in a heartbeat — just to help them out because they're older. But this situation already is what it is. Something tells me this isn't the first time he's behaved in a manipulative way. And if you say yes to this, then I've got a feeling it isn't the first time

you've caved into him. I'm worried you won't be able to live with yourself if you do this, and that it may cause a big rift between you and your husband.

It's wrong of your dad to treat you this way and put you in this situation. If you want to tell him your money's tied up, which it is, or you just don't like the way it feels, that's fine. But my advice is to try to step back from the emotions and come to the realization in your own head that no is a complete answer.

You don't have an ethical or moral obligation to give manipulative people money just because they're related to you.

— Dave

Dave Ramsey is an eight-time national bestselling author, personal finance expert and host of "The Ramsey Show," heard by more than 18 million listeners. He has appeared on "Good Morning America," "CBS This Morning," "Today," Fox News, CNN, Fox Business and many more. Since 1992, He also serves as CEO of Ramsey Solutions. ★

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<p>LIFEPOINTE FAMILY OF CHURCHES 7200 Rio Linda Blvd. lifepointenaz.com (916) 991.4624</p> <p>SUNDAY 9:30AM COFFEE & FELLOWSHIP 10AM ALL AGE CONNECTION GROUPS 11AM WORSHIP SERVICE</p> <p>NURSERY (0-3YRS) KIDZ CLUBHOUSE (4YRS - 6TH GRADE)</p>	<p>NEW BEGINNINGS FELLOWSHIP <i>Pastor Deonte Walters</i> 10th and O Streets (916) 991-2918</p> <p>Sunday School: 9:00 a.m. Sunday Worship: 10:30 a.m.</p>	<p>CHURCH OF RIO LINDA <i>Home of Old Time Religion</i> 6550 Drycreek Rd. (916) 991-6766 <i>Rob Royer, Pastor</i> Sunday School: 10:00 a.m. Sunday Evangelistic: 6 p.m. Wed. Bible Study: 7:30 p.m. YouTube.com</p>
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CLUES

ACROSS

- Make change
- Used in combination to denote the middle
- *Ammo material
- Star
- The "place with the helpful hardware folks"
- Neutral shade
- Orderly arrangement
- Romanian monetary unit
- Button on electrical outlet
- *Frosty's nose
- *Gingerbread Man, e.g.
- Drench
- What a willow did?
- Famous song by The Jackson 5
- Cone-shaped quarters
- *Snow mover
- A bit of water
- Pakistani language
- Measured in knots
- Tatted fabric
- *"A Visit from St. Nicholas" poet
- Tropical edible root
- Paintings in Orthodox church
- Not swim or swum
- Frozen puddle accident
- Small skullcap
- Dresden's river
- Captain's turf
- Drop of sorrow
- *"Slippery" tree
- *Frozen spike
- *Three-horse sleigh ride
- Words to live by
- Caviar alternative
- On D'Artagnan's hat
- Group of wives
- Boiling emotion
- Furnish with a fund
- Travelers' stops
- Poetic "even"
- Buy second-hand

DOWN

- Agha, alt. sp.
- Artist Chagall's first name
- Poet Pound's first name
- Draws close
- Fungus damage (2 words)
- Shake's cousin?
- * fishing
- Two, in cards
- Station finder button
- Not final
- Curved molding
- Kind of nurse
- Bouillions
- Laudanum ingredient
- Saturn's wife
- As opposed to widow
- Impromptu
- Emergency pedal
- *Hot treat
- Major-leaguers
- Preferences
- Butcher shop offering, pl.
- Ghostlike
- Parkinson's drug
- Philadelphia's Ivy League member
- Russian mountain chain
- *Fireplace glob
- TV offering
- Reef fish
- Kind of bride
- Eagle's home
- Hundred Acre Wood creator
- A Flock of Seagulls' 1982 hit (2 words)
- European Council for Nuclear Research, acr.
- Bad day for Caesar
- Not quite an adult
- Spiral-horned African antelope
- Singer-songwriter Tori
- Tai's partner
- Miner's bounty
- Female sheep

CROSSWORD

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Defendant Convicted of Sexually Assaulting 4-Year-Old Girl

Sac County DA News Release

SACRAMENTO COUNTY, CA (MPG) - Daniel Keith Windover was convicted by a jury of sodomy on a child under 10 years old and touching a child under 14 years old with sexual intent.

On October 4, 2007, Folsom police officers conducted a probation search on a house that had no power and was in deplorable condition. Inside the home were several adult males and a neglected 4-year-old girl.

After the little girl was taken into protective custody, she confirmed something happened to her. She was taken for a precautionary forensic medical exam. Ultimately, the forensic analysis revealed DNA evidence that she had been sexually assaulted. In 2018, there was a DNA hit to Daniel Windover.

Windover faces a maximum sentence of 25 years to life in prison. Sentencing is set for January 6, 2023, at 1:30 p.m. in Department 42 before the Honorable Allen Sumner. ★

Defendant Sentenced for Sexually Assaulting 3 Children w/Aggravating Factors

Sac County DA News Release

SACRAMENTO COUNTY, CA (MPG) - The Honorable Kenneth Brody sentenced Victor Guillen to 50 years state prison.

On August 3, 2022, Victor Guillen pled guilty to five counts of child sexual assault charges. He also admitted to aggravating factors that the crime involved great violence, great bodily harm, threat of great bodily harm, or

other acts disclosing a high degree of cruelty, viciousness, or callousness; the victim was particularly vulnerable; the manner in which the crime was carried out indicates planning, sophistication, or professionalism; and the defendant took advantage of a position of trust or confidence to commit the offense.

From 2012 to 2019, Guillen sexually assaulted three children beginning when they were ages 5, 7 and 10 years old. ★

Defendant Sentenced for Sexually Assaulting Child from Age 5

Sac County DA News Release

SACRAMENTO COUNTY, CA (MPG) - The Honorable Ken Brody sentenced Doua Xiong to 14 years in prison. On August 4, 2022, Xiong pled to four counts of lewd &

lascivious acts with a child.

From approximately April 10, 2018 to November 1, 2020, Xiong engaged in acts of sexual conduct with a female child when she was between the ages of 5 and 7 years of age. ★

Former High School Coach Convicted of Sexually Assaulting 15-Year-Old

Sac County DA News Release

SACRAMENTO COUNTY, CA (MPG) - Aaron Daniel Rios was convicted by a jury of eight counts of sexual assault against a minor, including one count of forcible digital penetration of a minor, one count of sexual battery by restraint and six counts of lewd and lascivious acts on a 15-year-old, while being more than 10 years older.

The jury also found true aggravating factors that the victim was particularly vulnerable and the defendant took advantage of a position of trust or confidence.

Rios was a coach for the St. Francis High School track and cross-country team and a coach for a private running group called “Sac Elite.” He met the then 13-year-old victim in 2018 when she joined his private group. In March 2020, COVID regulations shut down the school’s running program and resulted in the Sac

Elite athletes running in smaller groups. Rios began running more closely with the victim and gradually developed an inappropriate relationship with her.

He downloaded an app on her phone that deletes messages after they are received so he could send her inappropriate messages. In early July 2020, Rios kissed the victim on the mouth and told her it would be there “little secret.” In another incident, Rios grabbed the victim from behind and forcibly held her while he groped her private areas. The victim tried to get away, but they were alone and the defendant was bigger than her. Rios ultimately allowed the victim to leave but told her she couldn’t say anything about what had occurred.

Rios faces a maximum sentence of 16 years and 8 months in prison. Sentencing is set for December 14, 2022, at 9:00 a.m. in Department 11 before the Honorable James McFetridge. ★

Former Sacramento City Firefighter Sentenced for Sexual Assault

Sac County DA News Release

SACRAMENTO COUNTY, CA (MPG) - The Honorable Allen Sumner sentenced Christian Madrigal to 7 years and 4 months in prison. On May 20, 2022, a jury convicted Madrigal of assault with intent to rape and forcible digital penetration.

On April 13, 2015, the victim went out to celebrate her birthday with some friends. One of her friends was dating Christian Madrigal, who had just joined the City of Sacramento Fire Department. After their night out, the victim, the victim’s friend who was dating Madrigal along with

Madrigal went back to stay the night at Madrigal’s apartment.

While the victim was asleep on the couch, Madrigal forced himself on her and sexually assaulted her for several hours that night. The next morning, the victim reported the sexual assault to law enforcement and underwent a sexual assault examination.

In 2018, detectives reinitiated the investigation and interviewed all of the witnesses who were present on the night of the sexual assault and the District Attorney’s Crime Lab found that DNA on the victim’s underwear was consistent with Madrigal’s DNA. ★



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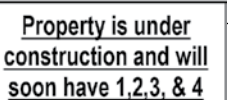
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Carmichael Times Adjudicated For and By the County of Sacramento, Adjudication No. 317294 – February 7, 1984

Rancho Cordova Adjudicated For and By the County of Sacramento, Adjudication No. 195380 – September 18, 1969

Citrus Heights Messenger Adjudicated For and By the County of Sacramento, Adjudication No. 34-2020-00273535 – March 12, 2020

The Rio Linda News Adjudicated For and By the County of Sacramento, Adjudication No. 358073 – March 21, 1988

FICTITIOUS BUSINESS NAME STATEMENTS

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-08352
John Dudley, 8325 Cranford Way, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "PSPros" 8325 Cranford Way, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County November 15, 2022
Publish: Nov. 25, Dec. 2, 9, 16, 2022
PS 12-16-22

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-08349
Shauna Hogg, 4440 New York Avenue, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "Driven Homes Real Estate" 1610 R Street, Suite 280, Sacramento, CA 95811. Filed with the Clerk of Sacramento County November 15, 2022
Publish: Nov. 25, Dec. 2, 9, 16, 2022
DRIVEN 12-16-22

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-08299
Jadwiga Wieczner, 605 Woodside Sierra, Unit 4, Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "BUYSELLGIGI" 605 Woodside Sierra, Unit 4, Sacramento, CA 95825. Filed with the Clerk of Sacramento County November 10, 2022
Publish: Nov. 25, Dec. 2, 9, 16, 2022
BUY 12-16-22

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-08043
Global Logistics and Delivery Services, Inc., 716 Plum Creek Court, Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "Global Logistics and Delivery Services, Inc. / Glads, 716 Plum Creek Court, Folsom, CA 95630. Filed with the Clerk of Sacramento County October 31, 2022
Publish: Nov. 25, Dec. 2, 9, 16, 2022
GLOBAL 12-16-22

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-08325
Hafeezullah Ehsan, 8028 Red Fern Court, Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "Yildiz Rugs" 11467 Sunrise Gold Circle, Suite 3, Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County November 14, 2022
Publish: Nov. 25, Dec. 2, 9, 16, 2022
YILDIZ 12-16-22

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-08064
Aquarium Depot, Inc., 8201 Auburn Boulevard, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "Aquarium Depot / Aquarium and Reptile Depot," 8201 Auburn Boulevard, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County November 1, 2022
Publish: Nov. 25, Dec. 2, 9, 16, 2022
AQUARIUM 12-16-22

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-07824
OG Deli, 6715 Thunderhead Circle, Orangevale, CA 95662 is doing business under the Fictitious Business Name(s) "OG Deli," 6715 Thunderhead Circle, Orangevale, CA 95662. Filed with the Clerk of Sacramento County October 24, 2022
Publish: Nov. 25, Dec. 2, 9, 16, 2022
OG 12-16-22

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-08008
Thelma Jean Mosley, 8004 La Solana Way, Sacramento, CA 95823 is doing business under the Fictitious Business Name(s) "My ART IS ME" 8004 La Solana Way, Sacramento, CA 95823. Filed with the Clerk of Sacramento County October 28, 2022
Publish: Nov. 25, Dec. 2, 9, 16, 2022
MY 12-16-22

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-07954
Epoch Casino, Inc., 10442 Balboa Boulevard, Granada Hills, CA 91344 is doing business under the Fictitious Business Name(s) "Epoch Casino, Inc." 11275 Folsom Boulevard, Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County October 27, 2022
Publish: Nov. 25, Dec. 2, 9, 16, 2022
EPOCH 12-16-22

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-08295
Matthew Phillips, 6233 Virk Lane, Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "Nuts and Volts Electronics" 6233 Virk Lane, Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County November 10, 2022
Publish: Nov. 25, Dec. 2, 9, 16, 2022
NUTS 12-16-22

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-08364
Ernestine Hedge, 12025 Tiresias Way, Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name(s) "Nevaeh International Creations/ Women Its Never 2 Late" 12025 Tiresias Way, Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County November 16, 2022
Publish: Nov. 25, Dec. 2, 9, 16, 2022
NEVAEH 12-16-22

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-08382
Pavlo Honchar, 5806 Southgrove Drive, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "PH Flooring" 5806 Southgrove Drive, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County November 17, 2022

Publish: Nov. 25, Dec. 2, 9, 16, 2022
PH 12-16-22

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-08266
COG Executive Realty, 425 Pine Street, Suite 1-A, Galt, CA 95632 is doing business under the Fictitious Business Name(s) "COG Executive Realty," 425 Pine Street, Suite 1-A, Galt, CA 95632. Filed with the Clerk of Sacramento County November 9, 2022
Publish: Nov. 25, Dec. 2, 9, 16, 2022
COG 12-16-22

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-07727
Alpha & Omega Freight Express LLC, 3503 Happy Circle, Sacramento, CA 95823 is doing business under the Fictitious Business Name(s) "Alpha & Omega Freight Express / A & O Dispatch," 3503 Happy Circle, Sacramento, CA 95823. Filed with the Clerk of Sacramento County October 18, 2022
Publish: Nov. 25, Dec. 2, 9, 16, 2022
ALPHA 12-16-22

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-08350
CCRG of Rancho Cordova Inc., 6640 Latrobe Road, Shingle Springs, CA 95682 is doing business under the Fictitious Business Name(s) "Crumbl Cookies," 10909 Olson Drive, #103, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County November 15, 2022
Publish: Nov. 25, Dec. 2, 9, 16, 2022
CRUMBL 12-16-22

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-08351
Jerry P. Jones and Cydney A. Jones, 7540 San Nita Way, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "Mahoneys Seafood Company," 7540 San Nita Way, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County November 15, 2022
Publish: Nov. 25, Dec. 2, 9, 16, 2022
MAHONEY 12-16-22

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-08035
Ramos & Lecona Ventures, 2650 Larkspur Lane, Suite C, Redding, CA 96002 is doing business under the Fictitious Business Name(s) "Casa Ramos Mexican Restaurant" 10717 White Rock Road, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County October 31, 2022
Publish: Dec 2, 9, 16, 23, 2022
CASA 12-23-22

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-08092
David Mykhayloyuch Karkhut, 8010 Fairlands Way, Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "Kark Photo and Design/ Kark Photo / Kark Photo & Design" 8010 Fairlands Way, Antelope, CA 95843. Filed with the Clerk of Sacramento County November 1, 2022
Publish: Dec 2, 9, 16, 23, 2022
KARK 12-23-22

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-08419
Automated Empire, LLC, 3316 Q Street, North Highlands, CA 95660 is doing business under the Fictitious Business Name(s) "Automated Appointment Engines" 3316 Q Street, North Highlands, CA 95660. Filed with the Clerk of Sacramento County November 17, 2022
Publish: Dec 2, 9, 16, 23, 2022
AUTOMATED 12-23-22

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-08435
Deborah Cunningham, 2011 Wright Street, Apartment 3, Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "Motivation-Merch" 2011 Wright Street, Apartment 3, Sacramento, CA 95825. Filed with the Clerk of Sacramento County November 18, 2022
Publish: Dec 2, 9, 16, 23, 2022
MOTIVATION 12-23-22

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-08265
King Speech Pathology Services, Inc., 4510 Pasadena Avenue, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Functional Cognitive Rehab" 4510 Pasadena Avenue, Sacramento, CA 95821. Filed with the Clerk of Sacramento County November 9, 2022
Publish: Dec 2, 9, 16, 23, 2022
FUNCTIONAL 12-23-22

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-07677
Brooklyn Hair Design, 9260 Sierra College Boulevard, #350, Roseville, CA 95661 is doing business under the Fictitious Business Name(s) "Brooklyn Hair Design" 2121 Golden Centre Lane, Suite 90, Gold River, CA 95670. Filed with the Clerk of Sacramento County October 17, 2022
Publish: Dec 2, 9, 16, 23, 2022
BROCKWAY 12-23-22

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-08486
Tommy Lane Painting & Construction, 9478 Sidesaddle Drive, Wilton, CA 95693 is doing business under the Fictitious Business Name(s) "That 1 Painter Sacramento" 9478 Sidesaddle Drive, Wilton, CA 95693. Filed with the Clerk of Sacramento County November 22, 2022
Publish: Dec 2, 9, 16, 23, 2022
THAT 12-23-22

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-07825
TDK Construction Group, Inc. 331 Aquapher Way, Sacramento, CA 95831 is doing business under the Fictitious Business Name(s) "Fidelis

Builders" 7359 Farm Dale Way, Sacramento, CA 95831. Filed with the Clerk of Sacramento County October 24, 2022
Publish: Dec 2, 9, 16, 23, 2022
FIDELIS 12-23-22

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-08449
Sandy Abad Gomez, 1550 Pleasant Grove Boulevard, #117, Roseville, CA 95747 is doing business under the Fictitious Business Name(s) "Vivi's Cleaning Services" 1550 Pleasant Grove Boulevard, #117, Roseville, CA 95747. Filed with the Clerk of Sacramento County November 21, 2022
Publish: Dec 2, 9, 16, 23, 2022
VIVI 12-23-22

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-08441
Dimitry Novikov 100 Cypress Lane, Roseville, CA 95678 and Vasily Minnikov, 2154 Dulce Avenue, Plumas Lake, CA 95691 are doing business under the Fictitious Business Name(s) "Golden Valley Energy Solutions / Golden Valley Windows" 819 Striker Avenue, #6, Sacramento, CA 95834. Filed with the Clerk of Sacramento County November 18, 2022
Publish: Dec 2, 9, 16, 23, 2022
GOLDEN 12-23-22

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-08495
Brandy Michelle Krueg, 2316 Avocet Court, Elk Grove, CA 95757 is doing business under the Fictitious Business Name(s) "Krueg Therapy Services," 2316 Avocet Court, Elk Grove, CA 95757. Filed with the Clerk of Sacramento County November 22, 2022
Publish: Dec 2, 9, 16, 23, 2022
KRUEG 12-23-22

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-08399
Nicholas Allum, 7249 Madison Avenue, Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "West Coast Wash Pros / WCWP," 7249 Madison Avenue, Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County November 17, 2022
Publish: Dec 2, 9, 16, 23, 2022
WEST 12-23-22

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-08410
Candlelight Soap Co., LLC, 9071 Foothills Boulevard, Roseville, CA 95747 is doing business under the Fictitious Business Name(s) "Candlelight Soap Co., LLC," 8252 Auburn Boulevard, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County November 17, 2022
Publish: Dec 2, 9, 16, 23, 2022
CANDLELIGHT 12-23-22

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-08409
Hellbound Creations, LLC, 9071 Foothills Boulevard, Roseville, CA 95747 is doing business under the Fictitious Business Name(s) "Hellbound Creations, LLC," 8252 Auburn Boulevard, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County November 17, 2022
Publish: Dec 2, 9, 16, 23, 2022
HELLBOUND 12-23-22

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-08417
Concrete Concepts Design by S Silva, 13901 Indio Drive, Sloughhouse, CA 95683 is doing business under the Fictitious Business Name(s) "Innovative Excavation" 13901 Indio Drive, Sloughhouse, CA 95683. Filed with the Clerk of Sacramento County November 17, 2022
Publish: Dec 9, 16, 23 & 30, 2022
INNOVATIVE 12-30-22

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-08413
S&G Tian Du, 7450 Clear Lake Alley, Sacramento, CA 95829 is doing business under the Fictitious Business Name(s) "DuoMiY Shop" 5301 Power Inn Road, #105, Sacramento, CA 95820. Filed with the Clerk of Sacramento County November 17, 2022
Publish: Dec 9, 16, 23 & 30, 2022
DUO 12-30-22

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-08475
Ann M Turtle, 3561 Gold Creek Lane, Sacramento, CA 95827 is doing business under the Fictitious Business Name(s) "Blue Tortue Research" 3561 Gold Creek Lane, Sacramento, CA 95827. Filed with the Clerk of Sacramento County November 21, 2022
Publish: Dec 9, 16, 23 & 30, 2022
BLUE 12-30-22

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-08571
Bowl of Dreams, Inc., 2530 21st Street, Sacramento, CA 95818 is doing business under the Fictitious Business Name(s) "Shoki / Shoki's" 2530 21st Street, Sacramento, CA 95818. Filed with the Clerk of Sacramento County November 23, 2022
Publish: Dec 9, 16, 23 & 30, 2022
SHOKI 12-30-22

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-08549
Paramees LLC, 2315 Northgate Boulevard, Sacramento, CA 95833 is doing business under the Fictitious Business Name(s) "Cuckoo's Grill" 2315 Northgate Boulevard, Sacramento, CA 95833. Filed with the Clerk of Sacramento County November 23, 2022
Publish: Dec 9, 16, 23 & 30, 2022
CUCKOO 12-30-22

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-08477
Lindsay Dilworth, 4133 A Judah Street, San Francisco, CA 94122 is doing business under the Fictitious Business Name(s) "Peacetree Pilates" 2108 N Street, Suite N, Sacramento, CA

95816. Filed with the Clerk of Sacramento County November 21, 2022
Publish: Dec 9, 16, 23 & 30, 2022
PEACETREE 12-30-22

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-08604
Joseph Sissac, 11878 Herodian Drive, Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name(s) "Axon Press" 11878 Herodian Drive, Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County November 28, 2022
Publish: Dec 9, 16, 23 & 30, 2022
AXON 12-30-22

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-08530
Andrew Obrigewitsch, 6712 Hillglen Way, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "Full Stack Data Solutions" 6827 Kermit Lane, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County November 22, 2022
Publish: Dec 9, 16, 23 & 30, 2022
FULL 12-30-22

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-08628
Zen Life Organics, LLC, 10143 La Placita Drive, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Zenful Garden / Zenful Garden Organics / Zenful Garden Therapeutics / The Dancing Crane" 10143 La Placita Drive, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County November 29, 2022
Publish: Dec 9, 16, 23 & 30, 2022
ZEN 12-30-22

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-08733
Donald Hartley Wright, 7749 Magnolia Avenue, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "Barrett Wrestling Club" 7749 Magnolia Avenue, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County December 1, 2022
Publish: Dec 9, 16, 23 & 30, 2022
BARRETT 12-30-22

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-08526
Malorie Sassman, 8862 Sharkey Avenue, Elk Grove, CA 95624 is doing business under the Fictitious Business Name(s) "Lady Luxe Collection" 8862 Sharkey Avenue, Elk Grove, CA 95624. Filed with the Clerk of Sacramento County November 22, 2022
Publish: Dec 9, 16, 23 & 30, 2022
LADY 12-30-22

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-08762
Matthew Thomas Shannon, 5241 Rita Avenue, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Tip Top Movers" 5212 Fair Oaks Boulevard, Carmichael, CA 95608. Filed with the Clerk of Sacramento County December 2, 2022
Publish: Dec 9, 16, 23 & 30, 2022
TIP 12-30-22

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-08592
Suzanne Walker, 8936 Ramstad Avenue, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "Fancy Paws Mobile Grooming" 8936 Ramstad Avenue, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County November 28, 2022
Publish: Dec 16, 23, 30, 2022; Jan 6, 2023
FANCY 1-6-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-08743
Gonzalo Enriquez, 4706 Knapp Way, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Chalo's Paint Touch Up" 4706 Knapp Way, Carmichael, CA 95608. Filed with the Clerk of Sacramento County December 1, 2022
Publish: Dec 16, 23, 30, 2022; Jan 6, 2023
CHALO 1-6-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-08717
Aaron Gongora, 7404 Breardridge Way, Sacramento, CA 95831 is doing business under the Fictitious Business Name(s) "Copper Leaf Cleaning Service" 7404 Breardridge Way, Sacramento, CA 95831. Filed with the Clerk of Sacramento County November 30, 2022
Publish: Dec 16, 23, 30, 2022; Jan 6, 2023
COPPER 1-6-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-08597
Monaghan's Creations LLC, 1600 Bell Street, Apt. 9, Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "Fudging Around" 1600 Bell Street, Apt. 9, Sacramento, CA 95825. Filed with the Clerk of Sacramento County November 28, 2022
Publish: Dec 16, 23, 30, 2022; Jan 6, 2023
FUDGING 1-6-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-08718
MOMTAZ KIDS, 7301 Greenback Lane, #C, Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "Togos/ Baskin Robin / Togos Baskin Robin" 7301 Greenback Lane, #C, Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County November 30, 2022
Publish: Dec 16, 23, 30, 2022; Jan 6, 2023
TOGOS 1-6-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-08801
Ty Harris, 4720 Wreyford Court, Sacramento, CA 95842 is doing business under the Fictitious Business Name(s) "Acme Pool Care & Repair" 4720

Wreyford Court, Sacramento, CA 95842. Filed with the Clerk of Sacramento County December 5, 2022
Publish: Dec 16, 23, 30, 2022; Jan 6, 2023
ACME 1-6-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-08807
Eric Coombs, 2733 Sheridan Way, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "ENC Valet / Dominate Growth" 2733 Sheridan Way, Sacramento, CA 95821. Filed with the Clerk of Sacramento County December 5, 2022
Publish: Dec 16, 23, 30, 2022; Jan 6, 2023
ENC 1-6-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-08872
Oracle Properties Development, Inc., 3451 Longview Drive, Suite 120, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Booth Properties" 3451 Longview Drive, Suite 120, Sacramento, CA 95821. Filed with the Clerk of Sacramento County December 8, 2022
Publish: Dec 16, 23, 30, 2022; Jan 6, 2023
BOOTH 1-6-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-08313
Jessica Thornhill, 8412 Miguel Way, Elverta, CA 95626 is doing business under the Fictitious Business Name(s) "Tummy's Sub Shop" 741 M Street, Rio Linda, CA 95673. Filed with the Clerk of Sacramento County November 10, 2022
Publish: Dec 16, 23, 30, 2022; Jan 6, 2023
TUMMY 1-6-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-08894
Dmytro Strekozov, 2330 Vehicle Drive, Apt. 201, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "DS Decor" 2330 Vehicle Drive, Apt. 201, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County December 8, 2022
Publish: Dec 16, 23, 30, 2022; Jan 6, 2023
DS 1-6-23

ORDER TO SHOW FOR CHANGE OF NAME

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2022-00329732

Mary Sol Roman has filed a petition with this court for a decree changing the name(s) of Mary Sol Roman to Marysol Roman.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00 a.m. on February 15, 2023, in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: November 15, 2022
Christopher E. Krueger, Judge of the Superior Court
Publish: Nov. 25, Dec. 2, 9, 16, 2022
ROMAN 12-16-22

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2022-00329720
Mohd Bashir Nasrat and Sarvinaz Nasrat have filed a petition with this court for a decree changing the name(s) of Ahmad Sareer Nasrat to Sareer Nasrat and Mohd Bashir Nasrat to Bashir Nasrat.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00 a.m. on February 15, 2023, in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: November 15, 2022
Christopher E. Krueger, Judge of the Superior Court
Publish: Nov. 25, Dec. 2, 9, 16, 2022
MOHD 12-16-22

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2022-00329451
Elizabeth Alexandra Yeroostas has filed a petition with this court for a decree changing the name(s) of Elizabeth Alexandra Yeroostas to Alexia Alexandra Smith.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00 a.m. on February 9, 2023, in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: November 15, 2022
Christopher E. Krueger, Judge of the Superior Court
Publish: Nov. 25, Dec. 2, 9, 16, 2022
ELIZABETH 12-16-22

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2022-00329877
Edel Felisilda Cespedes has filed a petition with this court for a decree changing the name(s) of Edel Felisilda Cespedes to Eddie F Cespedes.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 1:30 p.m. on February 21, 2023, in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: November 17, 2022
Richard K. Sueyoshi, Judge of the Superior Court
Publish: Nov. 25, Dec. 2, 9, 16, 2022
EDEL 12-16-22

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2022-00329871

Natalie Celeste Giddings Velez has filed a petition with this court for a decree changing the name(s) of Natalie Celeste Giddings Velez to Natalie Celeste Williamson.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 1:30 p.m. on February 21, 2023, in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: November 17, 2022
Richard K. Sueyoshi, Judge of the Superior Court
Publish: Nov. 25, Dec. 2, 9, 16, 2022
NATALIE 12-16-22

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2022-00330010

Aspen Elizabeth Cloud Hall has filed a petition with this court for a decree changing the name(s) of Aspen Elizabeth Cloud Hall to Aspen Elizabeth Cloud.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00 a.m. on January 18, 2023, in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: November 21, 2022
Christopher E. Krueger, Judge of the Superior Court
Publish: Dec 2, 9, 16, 23, 2022
ASPEN 12-23-22

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2022-00330066

Koryun Armenovich Minasyan has filed a petition with this court for a decree changing the name(s) of Koryun Armenovich Minasyan to Cory David Minasyan.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00 a.m. on February 22, 2023, in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: November 22, 2022
Christopher E. Krueger, Judge of the Superior Court
Publish: Dec 2, 9, 16, 23, 2022
KORYUN 12-23-22

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2022-00329330

Cu The Khong has filed a petition with this court for a decree changing the name(s) of Cu The Khong to Anthony Minh Khong.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00 a.m. on February 16, 2023, in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: November 14, 2022

WEEKLY COMICS

Amber Waves



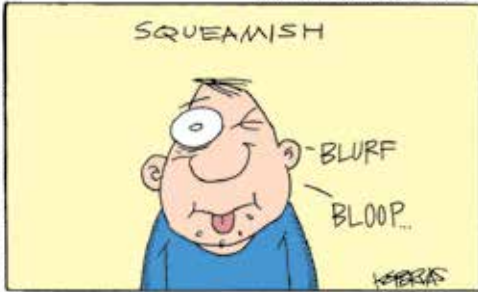
The Spats



Out on a Limb



by Gary Kopervas



THEY'LL DO IT EVERY TIME



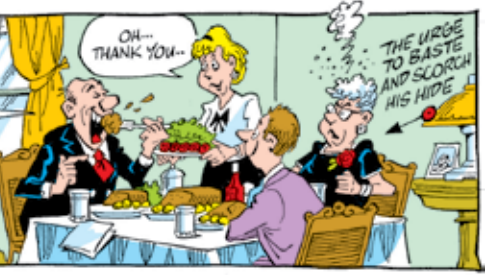
BY AL SCADUTO



R.F.D.



by Mike Marland



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<p>FRESH STEP SCOOPABLE CAT LITTER</p> <p>42 Lb Bag Limit 2 Bags</p> <p>\$17.99</p>	<p>IAMS DRY DOG FOOD</p> <p>•Mini Chunk •Large Breed •Lamb & Rice •Weight Control 30 Lb Bag Limit 2 Bags</p> <p>\$39.99</p>	<p>ÖKOCAT CLUMPING CAT LITTER</p> <p>•Regular •Soft Step 11-12 Lb 16.7 Lb 19.8 Lb</p> <p>\$13.99 \$19.99</p> <p>Dust Free 12.3 Lb \$19.99</p>

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Grant Wins Second State Title

Continued from page 1
Foothill League since 2018 according to MaxPreps. This season, Grant moved down to Division III and the Metropolitan League.

Rather than playing against teams like Folsom, Oak Ridge and Rocklin in the foothills, the Pacers competed against teams from Sacramento and Elk Grove. Grant finished second in league play, only behind Monterey Trail of Elk Grove who went undefeated in Metro play.

The Pacers began the 2022 season with back-to-back home victories, doubling their win total from the previous season, even including the forfeit win against Oak Ridge. Grant defeated McQueen of Reno, Nevada 42-0 on August 19. The following week, the Pacers got a narrow victory against Inderkum, 26-20.

Grant's first loss of the season came on the road in Nevada on September 2, losing 30-21 to the Reno Huskies. Following a bye week, the Pacers then won four straight, dominating their opposition from around Sacramento, outsourcing their four foes, 264-22, combined.

Grant defeated Burbank 48-8



Grant senior running back Joshua Hamilton breaks tackle attempts by San Jacinto junior cornerback Denton Capell (right) and senior cornerback Vincent Holmes during a 36-34 win in the 2022 Division 3-AA CIF State Football Championship on Saturday, December 10 at William Rutherford Stadium in Del Paso Heights. Photo courtesy of the Twin Rivers Communications Department

on September 16. The Pacers beat McClatchy 56-6 on September 23. Grant dominated River City of West Sacramento, 76-8 on October 6. The Pacers destroyed Kennedy 84-0 on October 13.

The win streak came to an end against Monterey Trail, but as noted earlier, the game of football was the least of everyone's

concerns that night given what happened in the parking lot. Grant closed out the regular season with a 56-21 win against Laguna Creek of Elk Grove.

The Pacers had a first-round bye in the 2022 Division III CIF Sac-Joaquin Section Playoffs as the No. 3 seed. Grant opened the playoffs on November 11 with a

dominant 64-28 victory against No. 11 Yuba City, who had upset No. 6 Vista del Lago the previous week, 48-6.

In the semifinals on November 18, the Pacers kept rolling and put up a basketball score in a five-touchdown victory against No. 2 seed Patterson, ultimately winning 80-45. Grant won the

section championship with a gritty 20-12 victory against Christian Brothers, as the game was played at Sacramento City College the following week.

On December 2, the Pacers erased any doubt that they were back, dominating on the road at El Cerrito, winning 36-8.

Going into Saturday's state championship game, Grant had already made history. The Pacers are the first California team to go winless in the previous season before playing for the state title the following year. Grant finished the job by defeating San Jacinto in the state title game on Saturday evening in Del Paso Heights.

"That's taking everything that they earned, everything that they were worth, and they took it," Grant coach Carl Reed told the media after the win Saturday night. "They took it and earned it. Right when it was there, and everyone thought it wasn't there, they still found a way to take it. Because they knew we had to finish. And that's a testament to everybody out here."

"This belongs to us, we've earned it. We've worked a year for it, and we got it." ★

Interfaith Day at Giving Machine Celebrates Service and Unity

By Margaret Snider

ROSEVILLE, CA (MPG) - It was a special day for the interfaith community at the Light the World Giving Machines on December 7 at the Westfield Galleria at Roseville.

The Light the World Initiative began in 2016 and the Giving Machines were added in 2017, now a Christmas time holiday tradition, at new locations every year. The event was covered by media including Fox 40 News, and Sacramento Faith TV of Rocklin with government and faith leaders visiting the event. Garrett Gatewood, past mayor and currently city councilman from the City of Rancho Cordova, addressed the group as well, speaking of the diversity of faiths represented in Rancho Cordova.

Sue Ramsden hosted along with Karl Cheney, program manager, both from The Church of Jesus Christ of Latter-day Saints that sponsors the initiative. Cheney gave background and told of some of the experiences he had in Europe that helped to unite people and communities.

Ramsden introduced the speakers as each stood next to the Giving Machines to deliver his message. The first was Darshan Mundy, public affairs director for the West Sacramento Sikh Gurdwara. Mundy emphasized two words.

"One is called Seva," he said. "Seva is service... the other one is care; we care for each other... caring for humankind is fundamental to the teachings of Sikhism."



Darshan Mundy, director of public affairs at the West Sacramento Sikh Gurdwara, addresses interfaith leaders at the Light the World Giving Machine Interfaith Day, speaking especially about Seva, or service. Photo by Steve Wiggington

Mundy spoke of the meals that are served to everyone free of charge, "regardless of religion, gender, economic status or any other regard." He told of the Sikhs serving hot meals in the Ukraine, how they serve in the forefront of crises like floods, fire, tsunami and wars.

"We are all equals; we are all members of one family. This means we all have the same rights, responsibilities, opportunities, and duties," Mundy said. "We must rise beyond ego-centered ways and recognize the togetherness of the world... Seva should be the heart of all humankind."

Akram Keval was invited to speak at the interfaith event on behalf of the Interfaith Councils

of both Sacramento and Elk Grove.

"I am representing the Muslim community on both the boards," Keval said. "In my opinion, it is every human's responsibility to give back to the community through acts of charity. If we are able to empower those around us through food, clothing, monetary donations, or simple acts of kindness, what is stopping us?"

Islam also teaches the importance of volunteer work.

"In a society that works to make everything easier by having it at the quick click of a button, we are often disconnected from our communities. We recognize this issue and make it a point to volunteer our time to keep us grounded in our community and

to ensure that we are part of them and not forgetting the needs of those that surround us."

Deacon Dennis Gorsuch of the Catholic Diocese of Sacramento and the North State Ecumenical Council Conference spoke next.

"We are gathered today to celebrate the many ways in which our faiths show our unity by giving to those in need," Gorsuch said. "The Roman Catholic Church has a rich tradition of lighting the world by serving people who are needy."

Gorsuch stated that Jesus Christ taught us that we should love our neighbors. Catholics around the world have a priority to follow seven principles called the corporal, or material, works of mercy: to feed the hungry,

give drink to the thirsty, clothe the naked, visit the imprisoned, shelter the homeless, visit the sick and to bury the dead.

"We may take great comfort in the reality that by working together, through our respective faiths, we all may help bring harmony, compassion, mercy, warmth and light to our brothers and sisters in need."

Karm Bains is the Sutter County District 4 Supervisor.

The basic tenets in Sikhism, Bains said, are, "to live honest, hardworking lives, be thankful, praise God's name, and share with others. These same principles can be found in nearly every religion. We may worship differently, we may wear different items that are unique in our religion, our culture, but we have the same good intentions to help our fellow humankind, to spread the message of hope, to be honest and to share with others. Christmas is a holiday that is not exclusive to Christians. It is revered across many religions and is a time for us to come together and to celebrate the things that we have in common. I have found that we have more commonalities than differences."

The group moved to William Jessup University, where they were fed with both food and information, and participated in table discussions.

"Our charge," Cheney said, "is to focus on what brings us together, what connects us, and just be good neighbors. As a president of our church has said, 'Make sure that you are the best neighbor that your neighbors have ever had.'" ★

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