

Sweet and Mild with a Twist

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OCTOBER 14, **2022**

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Not All Water is Equal



Community members pose for a photo with honorary speaker, Greg Bundensen from the Sacramento Suburban Water District (third from right), following the monthly "Lunch Bunch" meeting held on Thursday, October 6 at the Pancake Palace in North Highlands.

Story and photos by Shaun Holkko, assistant editor

SACRAMENTO REGION, CA (MPG) - Greg Bundensen from the Sacramento Suburban Water District (SSWD) spoke at the monthly Tri-county "Lunch Bunch" meeting held on Thursday, October 6 at the Pancake Palace in North Highlands.

The gathering happens on the first Thursday of every month from 11:30 a.m. to 1:30 p.m. and is for community members in Rio Linda, North Highlands, Elverta and beyond. A different guest speaker attends every month and community members can bring fliers, business cards and other information to share and network amongst one another.

"Not all water utilities are created equal, we all have different water supplies," Bundensen said. "We're primarily a ground water agency. The ground water aquifer that we draw from extends from the west [side] of Folsom Lake all the way to the Sacramento River and all the way up to Oroville. It's a big aquifer, there's a lot of water in there and we're making it bigger."

He said despite the SSWD having the ability to currently meet the



Greg Bundensen from the Sacramento Suburban Water District speaks at the monthly Tri-county "Lunch Bunch" meeting held on Thursday, October 6 at the Pancake Palace in North Highlands.

demands of its customers, the state of California still insists on the organization enacting drought restrictions due to the unknown of upcoming winter weather.

"We technically are not in a drought because we have our sustainable draw, 35,035-acre feet, and then we have 320,000-acre feet of banked water," Bundensen said.

According to Bundensen, the SSWD has three priorities:

1. Ensuring tap water is safe to

2. Having the ability to fight fires. 3. Being able to flush your toilet.

He explained that the reason existing older toilets may struggle to flush is because of the design of the bowl. Some were designed to use five gallons per flush, but later had its tank replaced with one that was designed to use less water per flush.

The newer models, which the SSWD offers rebates on, are designed to be steeper so the waste can go straight to the bottom of the bowl and require less water to fully remove it. Bundensen recommended a toilet named the "Niagara Stealth" which uses 0.8 gallons per flush and can be found at The Home Depot. Some other rebates that the SSWD offers include an irrigation efficiency upgrade and pool covers.

Another topic of discussion was leaks. If you ever receive a postcard from the SSWD about you potentially having a leak in your home, they will send someone out to identify the source of the leak and find a solution. The SSWD can monitor your water meter remotely on an hourly basis to identify potential surges that may occur during a specific activity like taking a shower.

Medicare Open Enrollment Period Lasts Oct. 15-Dec. 7

HICAP Outreach News Release

SACRAMENTO COUNTY, CA (MPG) - Medicare's Open Enrollment period begins Oct. 15 and ends Dec. 7. During that period, Medicare recipients are allowed to change their Medicare health plans and prescription drug coverage for the following year.

Medicare health and drug plans can make changes each year, including such things as cost, coverage and what providers and pharmacies are in their networks. If you have a Medicare health or prescription drug plan, you should review the materials your plan sends you and make sure your plan will continue to meet your needs in the coming year.

If you need help understanding your plan and other options available to you, there is a free, state-registered nonprofit organization in your area that can help. It is HICAP (the Health Insurance Counseling & Advocacy Program.

HICAP's volunteer counselors can help you decide whether you want to:

Switch from Original Medicare to Medicare Advantage; Switch from Medicare Advantage to Original Medicare; Switch from one Medicare Advantage plan to another; Switch from one Medicare Part D prescription drug plan to another; Enroll in a Medicare Part D plan if you didn't enroll when you first were eligible for Medicare.

HICAP is administered by the California Department of Aging. Its trained volunteer counselors are available in person, by phone or by video-conferencing to answer questions and help seniors and other eligible recipients understand their Medicare rights and benefits.

HICAP counselors can provide information about Medicare supplemental insurance (Medigap policies); Medicare Advantage plans; employee and retiree coverage; long-termcare insurance and how to appeal coverage denials.

To schedule a free, onehour appointment with a state-registered HICAP Medicare counselor in Sacramento County:

Call – (916) 376-8915 or email-hicap@lsnc.net

Once your appointment is scheduled, you will receive an appointment reminder by phone, email or text prior to your appointment. If you need to cancel an appointment for any reason, you are asked to call (916) 375-3763.

For more information, go to www.HICAPservices. net.

ASI Children's Center Distributes Free Diapers

By Jennifer K. Morita, Sac State

SACRAMENTO, CA (MPG) -Working mom and full-time Sacramento State student Gabby McCartney doesn't have the luxury of buying just any diapers for her

2-year-old daughter, Emilia.

"I have looked at different brands and the quantity of diapers you get for the price," McCartney, 23, said. "I found one that was cheaper, and I like to get them from Costco because it's about \$50 for 160, and that lasts almost half a month.

"I spend about \$100 a month on diapers."

With the rising price of food, gas and other essentials, there isn't a lot of wiggle room in McCartney's

Continued on page 5



Gabby McCartney, who attends Sac State full time, and her 2-year-old daughter, Emilia, were among the first to visit the ASI Children's Center to take advantage of a new partnership that allows student-parents and Sacramento County residents with young children to receive 50 free diapers each month. Photo courtesy of Sacramento State/Andrea Price

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Local Museums Offer Fun and



The Aerospace Museum of California is hosting its Halloween inspired event from 10 a.m. to 2 p.m. in a huge open air outdoor Air Park. Photo courtesy of the Aerospace Museum of California

By Traci Rockefeller Cusack, **T-Rock Communications**

SACRAMENTO, CA (MPG) - In addition to its fascinating Gold Rush past, the greater Sacramento area is rich with an amazing array of state-of-the-art museums and historic sites that offer visitors the chance to explore California's fine art, history, science, and wildlife treasures all year long. This fall, and with safety measures in place, many members of Sacramento Area Museums (SAM) are offering fun Halloween and harvest-related events and activities. A sampling of the spirited activities is below (but please check with the various museums and/or destinations for other events and more detailed information):

'Track or Treat" Train Rides at the Railroad Museum - October 15-16, 22-23,

California State Parks and the California State Railroad Museum and Foundation are thrilled to offer interactive and entertaining "Track or Treat" excursion train rides at the Old Sacramento Waterfront over the course of four "fangtastic" weekends this fall. With wonderful yet wacky coach or VIP First Class train rides available, "Track or Treat" excursion trains are pulled by a historic diesel locomotive and depart at 10 a.m. 11 a.m., 1:30 p.m., 2:30 p.m. and 3:30 p.m. www.californiarailroad.museum/events/ track-or-treat-train-ride

Old City Cemetery Lantern Tours -October 14-15, 21-22

The Old City Cemetery Committee is proud to host the always-popular Lantern Tours - Gold 'n Consequences - Luck and Loss. Tour times are offered every half hour from 7 to 9:30 p.m. and tours last approximately one hour. Daring guests will stroll through the cemetery by lantern light, see costumed characters play skits at different gravesites, and hear from "eternal residents" who have stories to tell of luck and loss from the Gold Rush era. www.facebook.com/ oldcitycemetery/events

Acorn Day at the California State Indian Museum – October 15

The California State Indian Museum will be hosting Acorn Day as a free, family-focused event from 10 a.m. to 2 p.m. Fall is the best time for harvesting acorns so visitors can learn all about the process of turning acorns into food with California Native cultural practitioner, Diana Almendariz and her family. Participants will be able to grind the acorns with a mortar and pestle and see how the flour is cooked using hot stones. Plus, there will be hands-on activities and crafts for kids of all ages (regular admission applies). www.parks.ca.gov/IndianMuseum

36th Annual Safe & Super Halloween at **Fairytale Town** – October 15, 16, 17, 18

Kids - and the young-at-heart accompanying them - can enjoy four days of family-friendly fun at the 36th Annual Safe & Super Halloween at Fairytale Town. The always popular Halloween extravaganza features treat stations, a costume parade, hands-on activities, and lots of spirited fun. www.fairytaletown.org/calendar/ safe-and-super/2022-1p0-15/

Sacramento History Museum Ghost **Tours** – October 15, 22, 29

Those who dare are invited to join the "ghosts" of early Sacramento as they search for clues to solve true tales of the Capital City's phantom past. Tour participants should beware of wronged soiled doves, misidentified remains and colorful Gold Rush characters plus will hear tantalizing tales of how folks lived – and died – in our fair city. Tours last approximately one hour and depart at 6:30, 7, 7:30 and 8 p.m. www.sachistorymuseum.org

Farm to Fort at Sutter's Fort State Historic Park – October 22

The Farm to Fort includes four hours of beer, wine, and spirits tasting along with bite samples from local Midtown restaurants and food trucks. Lively entertainment will include DJ Eddie Z and a special performance by live world-renowned artist, David Garibaldi who will be on-site creating two pieces of artwork that will be up for auction. The generosity of the vendors, attendees, and partners provides 100 percent of the proceeds to the Runnin' for Rhett Youth Fitness Program. www.farmto-

Pumpkins and Planes Halloween at the Aerospace Museum of California -October 29

The community is invited to celebrate Halloween early with Amelia Bearhart and friends at the Aerospace Museum of California from 10 a.m. to 2 p.m. in the huge open air outdoor Air Park. Guests can fly on by for trick-or-treating, music, Halloweenthemed activities, and games for the whole family. www.aerospaceca.org/events/

Wee Halloween at the Crocker Art Museum – October 29

The Crocker kicks off a thrilling Halloween weekend for little ghosts and goblins of all ages with fun-filled, family-friendly gallery experiences at 11 a.m. and 2 p.m. featuring festive stores, a few tricks, and the opportunity for families to take costumed portraits. For advance tickets, please visit www.crockerart.org

Trick-or-Treat Daytime Halloween Activities at the Children's Museum -October 31

Calling all boos and ghouls, visit the Sacramento Children's Museum for a fun day of trick-or-treating featuring multiple candy stations, outside play, art activities and more! Costume dress-up is highly encouraged. The event is free, but capacity is limited and advance registration is required. https://sackids.org/trick-or-treat-at-scm/

Midtown Association Highlights Festive Halloween-Related Activities Pet-Friendly Patios, Shops and Spots

T-Rock Communications News Release

SACRAMENTO, CA (MPG) - The Midtown Association is proud to highlight a sampling of pet-friendly patios, shops and spots welcoming to four-footed friends. Being pet-friendly is a real point-of-pride for Midtown that is home to its own permanent bark park that opened in 2017 - Truitt Bark Park - plus even offers a do-it-yourself dog wash and oh-so-much more for furry friends and dog owners to

"We've taken great care and intention to nurture an environment that is welcoming to everyone, which of course also includes adorable pets," said Emily Baime Michaels, Executive Director of the Midtown Association. "Pet owners and their friendly pooches can stroll through the district enjoying these long summer days filled with delicious patio dining, quality down time at the Bark Park, shopping for dog treats and chews plus participating in delightful events such as our Pooch Parade that happens each fall."

Patios: More than 30 restaurants and eateries located throughout the walkable Midtown district are proud to welcome pets on their patios and outdoor spaces. While the list is ever-evolving and growing, a number of pet-friendly places include the following: Azul, BarWest, Beach Hut Deli, Big Stump Brewing Co., Café Bernardo, Cantina Alley, Crepeville, Der Biergarten, Federalist Public House, Fieldwork Brewing Co, Golden Bear, Golden Road, INK Eats & Drinks, Jack's Urban Eats, Limelight Bar & Café, LowBrau, Old Soul in the Alley, Midtown Spirits, Paesanos, Peet's Coffee, Red Rabbit Kitchen & Bar, Rick's Dessert Diner, Sibling by Pushkin's, Streets Pub & Grub, Tank House, Thai Basil, The Porch, The Waterboy, University of Beer, Yogurtagogo, and Zocalo.

Shops: Midtown retailers know pet owners like to lavish their pets with an assortment of specialty items ranging from creative collars to custom cakes and much more. A few of the Midtown pet shops include the following: Leash & Collar (1901 Q Street) offering chew



The Midtown Association is proud to highlight a sampling of pet-friendly patios, shops and spots welcoming to four-footed friends. Photo courtesy of the Midtown Association

toys, accessories and pup cakes, Paws and the Palette (1014 24th Street) known for its puppy-cute dog bakery and art gallery with adorable pet portraits, and Splash Hound USA Midtown (1908 P Street) complete with a do-it-yourself dog bath plus biologically appropriate dog and cat food for any special need and much more.

Spots: Midtown pet owners are clearly a friendly bunch who like to mix and mingle with their pooches. A few popular pet-friendly places including the following: the weekly Midtown Farmers Market happening every Saturday yearround from 8 a.m. to 1 p.m.* centered on 20th Street and extending south to Capitol Avenue in front of Jack's Urban Eats, joining the existing footprint that includes J, K & L Streets from 19th to 21st Streets and Truitt Bark Park (1818 Q Street) that offers separate fenced-in parks for small and large dogs plus special lighting, plenty of trees, appealing public art – including an amazing mural - and even a community garden. Looking forward to fall, the always-popular Midtown Halloween Festival & Pooch Parade is scheduled for Saturday, October 29 from noon to 3 p.m. at James Marshall Park in Midtown (915 27th Street) where pups and pet owners can strut and stroll while competing in an always entertaining costume contest.

In addition to offering numerous public transportation options, Midtown Sacramento is walkable and bike/scooter/ car-share friendly. For additional transportation information, please visit www. easeintomidtown.



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THE NEWS · 3 OCTOBER 14, **2022**

Kiley Blasts Newsom's Proposal to Raise Sweet and Mild with a Twist **Taxes in Response to High Gas Prices**

From the Office of Kevin Kiley

SACRAMENTO, CA (MPG) - On September 30, Assemblyman Kevin Kiley (R-Rocklin) released the following statement in response to a proposal by Governor Gavin Newsom to raise taxes on oil producers:

"Californians need immediate relief from soaring gas prices, which we can provide by passing my bipartisan proposal to suspend the gas tax. Instead, Governor Newsom wants to increase taxes yet again," Kiley said. "The Governor's tax hike will make matters worse, by restricting production and passing on costs to consumers in the form of higher gas prices. Californians simply cannot afford more backward policies."

California's average gas price hit \$6.29 per gallon today, nearly \$2.50 more than the national average. This is just 15 cents below the state's record high of \$6.44 set in June of this year and an increase of nearly 80 cents in the past week alone.

In January, Kiley introduced AB 1638, an urgency measure that would have immediately suspended the gas tax and saved Californian's over 50 cents per gallon at the pump. That bill was rejected in the Assembly on multiple occasions. Instead of providing relief, the Speaker of the Assembly created the Select Committee on Gasoline Supply and Pricing to study the issue. To date, the committee has held two hearings and has yet to produce anything actionable.

Assemblyman Kevin Kiley represents the 6th Assembly District, which includes the Sacramento, Placer, and El Dorado County communities of Cameron Park, El Dorado Hills, Fair Oaks, Folsom, Granite Bay, Lincoln, Loomis, Orangevale, Penryn, Rocklin, Roseville, and Sheridan.

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Brooklyn Davis offers her chili at the cookoff on Saturday, October 8 in Rio Linda.

Story and photos by Cecilia Feser

RIO LINDA, CA (MPG) - As you got out of your car, BBQ was in the air.

Only it was the combined smells of Chili Cook off time, I was smelling. This contest was being sponsored by New Beginnings Fellowship of Rio Linda. There would be cash prizes. Also, a very nice bicycle, as one of the many raffle

"It was such a great turnout," Ginee Melohn told The Rio Linda News. "It was pretty busy up until around 3 today. It ended at 4, so we were happy."

Jackie and Brooklyn Davis of "Fully Loaded" chili, said it was their first time at the event, but added that they would be back next year. It might have been their first time, but they cleaned up on prizes.

Michael Davis, the patriarch, won a bicycle! He also won a doll from the kids movie "Frozen." Everyone was laughing with him as he held it up and grinned big. But it did not stop there for the Davis family.

The third-place winner in the chili cook off was, yep, you guessed it, Jackie and Brooklyn Davis. What a day they had!

Pastor Deonte Walters was involved in making sure everyone was having a great time. Then it came time to draw for the prizes. Also, to give out the first, second, and third place winners of the chili cook off.

Cris Standley, who is the youth services



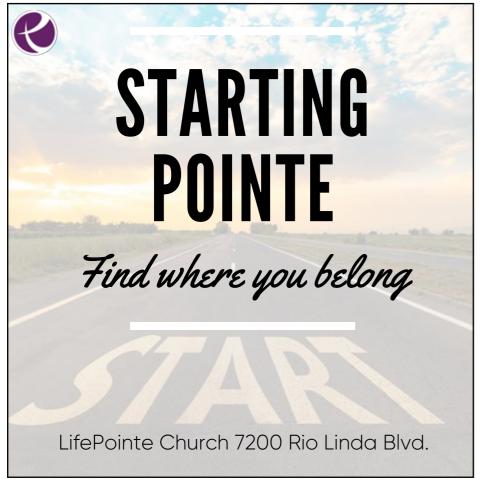
Pictured from left to right: the winning Davis family, Michael, Jackie and Brooklyn at the chili cookoff on Saturday, October 8 in Rio Linda.

director and pastor, smiled while calling out the prize drawing winners. The placings from the chili contest were revealed between the gifts for the raffle. Chili winner's received cash. Nothing spends as easily as money.

The News did not inquire on the monetary amounts, as that's all between them.

Pastor Deonte wanted to share with everyone a big, "Thank you to our community for all their support!"

The only downside to the event was that its only October 8 and everyone was as hot as the chili. Fall weather... it was not! ★







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FEMA Updates Flood Maps in Sacramento County and Select Cities

FEMA News Release

OAKLAND, CA (MPG) - The Federal Emergency Management Agency (FEMA) has delivered preliminary flood maps for Sacramento County and the cities of Citrus Heights, Folsom and Sacramento. The maps identify revised flood hazards along Arcade Creek, Cripple Creek, Hinkle Creek, Humbug Valley Basin and Alder Creek tributaries. These new maps will help building officials, contractors and homeowners make effective mitigation decisions, thereby contributing to safer and more disaster resilient communities.

Before the new Flood Insurance Rate Maps (FIRMs) become effective, there is a 90-day appeal period from Oct. 6, 2022 to Jan. 4, 2023. During that time, residents or businesses with supporting technical and scientific information, such as detailed hydraulic or hydrologic data, can appeal the flood risk information on the preliminary maps, which can be viewed at fema.gov/ preliminaryfloodhazarddata.

Flood hazards are dynamic and change frequently for many reasons, including weather patterns, erosion and community development. Officials from FEMA, Sacramento County and the cities of Citrus Heights, Folsom, and Sacramento worked together to provide updated information that accurately reflects the flood risk. These changes may also affect future building standards or insurance requirements.

The local mapping project is part of a national effort led by FEMA to increase local knowledge of flood risks and support actions to address and reduce the effects of flooding on new and improved structures. FEMA encourages residents to review the preliminary flood maps to learn about local flood risks, potential future flood insurance requirements and identify any concerns or questions about the information provided.

Risk of flooding affects almost every corner of the nation. In total, 98% of counties have experienced a flood event, which makes floods the most common and widespread of all weather-related natural

For more information, contact Sacramento County at (916) 874-8646 or johnsonm@saccounty.gov. Other community information is available for the cities of Citrus Heights at (916) 727-4770 or GeneralServices@citrusheights.net, Folsom at (916) 461-6212 or dwolfe@folsom.ca.us, and Sacramento at (916) 808-5061 or floodinfo@cityofsacramento.org.

New Laws Trade One Gerrymander for Another



By Dan Walters, CALMatters.org

California once had a history of epic political and legal battles over redrawing legislative and congressional districts after each decennial census.

The Legislature, dominated then as now by Democrats, would create maps that enhanced the party's prospects of gaining, or at least holding, power and if the governor was a Democrat, would become law.

That happened after the 1980 census when then-Gov. Jerry Brown signed redistricting bills that were especially one-sided. The late Congressman Phil Burton, who largely drew weirdly shaped, but highly partisan, congressional maps called them "my contribution to modern art."

The initial set of maps was challenged by Republicans via referenda and voters rejected them, but Democratic legislators and Brown simply passed slightly amended versions.

However, if the governor happened to be a Republican, he would veto the Democrats' Court would step into the impasse and appoint a special master to draw replacement maps that tended to favor neither party. It happened under Republican Gov. Ronald Reagan after the 1970 census

and 20 years later under GOP Gov. Pete Wilson.

A twist on the process occurred after the 2000 census. Although a Democrat, Gray Davis, was governor, leaders of both parties agreed on what amounted to a bipartisan gerrymander, freezing in place the partisan status quo in the Legislature and congressional delegation. An indirect threat that the Republican-led U.S. Justice Department would thwart a Democratic gerrymander forced the compromise.

The obvious self-interest of Capitol politicians dictating the shape of legislative and congressional districts ultimately sparked a backlash a 2008 ballot measure to shift legislative redistricting to a 14-member commission of five Democrats, five the gerrymandered districts Republicans and four declined-to-state independents. Two years later, voters extended the commission's authority to congressional

> The professional politicians in both parties didn't like losing their authority. Democrats were particularly unhappy since they had legislative majorities and the national party tried to thwart having the commission change congressional districts.

> Nevertheless, the commission drew new districts after the 2010 and 2020 censuses and while their maps may have been imperfect, they more fairly captured the population's very diverse makeup.

So if it's a good idea at maps and the state Supreme the state level, why not for local governments, such as city councils, county boards of supervisors and school boards, which are just as prone to self-interested redistricting?

In 2016, the Legislature

decreed that a 14-member commission would redraw districts of Los Angeles County's five-member Board of Supervisors. A year later, virtually identical legislation was passed for San Diego County and this year, clones were enacted that affect Fresno, Riverside and Kern counties.

All five measures, however, deviate significantly from the state model of evenhanded party representation. They require that county redistricting commissioners reflect the partisan makeup of each county's registered

That means Democrats dominate the Los Angeles and San Diego commissions and will do so in Fresno and Riverside counties as well. Republicans have a slight voter registration edge in Kern County, however.

In effect, therefore, these county redistricting commissions are being stacked to enhance the power of the dominant local party — exactly contrary to the party-neutral intent of the state commission.

Sponsors of the local bills said they were needed to prevent county supervisors from gerrymandering their own districts. But as constituted, the local commissions will be empowered to create gerrymanders of a different kind.

Institutionalizing party control of local redistricting also further undermines California's historic commitment to non-partisan local government. That's not progress.

Dan Walters has been a journalist for nearly 60 years, spending all but a few of those years working for California newspapers.

CLG NEWS UPDATES

Provided by Citizens for Legitimate Government (CLG) See legitgov.org

Canadian Woman Dies Seven Minutes After Getting COVID Booster 9 Oct 2022 | A sixty-nine-year-old woman died on Sept. 14, 2022, in Saskatoon

(Saskatchewan), Canada, seven minutes after getting a booster dose of a COVID shot at a Shoppers Drug Mart. Carol Diane Pierce, who was reportedly healthy, received the booster and was waiting during the required 15-minute period of observation before leaving the drugstore when she suddenly collapsed on the floor. "My mom text me right after she got the shot to let me know she was waiting the 15 minute and I text her back," said Pierce's daughter Stephanie Foster. "She text me at 12:31 pm and said she was waiting her 15 minutes. At 12:38 pm she was unconscious in [the drug store]. It was right after then that they say 'she dropped dead before she hit the floor' in Shoppers Drug Mart. That is what the docs have told us."

'Dilbert' creator says 77 newspapers canceled comic strip as it tackles woke culture

21 Sept 2022 | The creator of *Dilbert*, Scott Adams, announced Tuesday that his comic has been canceled by nearly 77 newspapers, which he says are owned by one media company. Dilbert follows the titular character as he navigates American office culture. Recently, as "woke" culture has permeated workplaces, it has been addressed in Adams's comics. "All of the wokeness and anything that permeated from ESG [environmental, social, and governance] ...so that stuff made its way into the business world, and then, it became proper content for Dilbert," he told Fox News. Coincidentally, Adams announced on Twitter that his comic is being stripped from 77 newspapers, which is coming as a "substantial" financial blow to the creator.

Twitter Censors Florida's Surgeon General Dr. Joseph Ladapo for Recommending Young Males **Refrain from Receiving COVID Vaccine**

9 Oct 2022 | Florida Surgeon General released a shocking report on Friday. According to Dr. Joseph Ladapo, there was an 84% increase in the incidence of cardiac-related death among males 18-39 years old within 28 days following mRNA vaccination. Dr. Ladapo recommended that young males from 18 to 39 refrain from taking the COVID Vaccine. Denmark and Sweden recently halted vaccines for healthy children. The social media giant decided they knew more about medicine than Dr. Ladapo and took his tweet down...Twitter later allowed the tweet after the uproar.

Feds Cooked Up Detailed Propaganda Plan to Push COVID Shots, Documents Reveal

7 Oct 2022 | Judicial Watch announced this week that it received 249 pages of records from the Department of Health and Human Services (HHS) detailing the extensive media plans for a propaganda campaign to push the COVID-19 vaccine. The records were received in response to an August 2021 Freedom of Information Act (FOIA) lawsuit filed after HHS failed to respond to an April 19, 2021, request for records related to the Biden HHS "COVID-19 Community Corps" program (Judicial Watch v. HHS No. 1:22-cv-02315). Judicial Watch is asking for all records regarding the application process; all organizations asking to be chosen to participate; all grants and all communications of representatives of the HHS regarding the program. The newly released records include a document titled "PEC [Public Education Campaign] Plan April 19 --May 31 [2021]," which includes (pages 30-34) the following media plans and action items: Major [public education] projects in April: Vaccine engagement package to all entertainment talent and management agencies. -- Vaccine engagement package to all media companies and show producers. --Outreach to major culture event producers.

PayPal Reverses Course, Says Company Will Not Seize **Money From People for Promoting 'Misinformation'**

8 Oct 2022 | PayPal on Oct. 8 said it was not implementing a new policy that would have enabled the company to seize money from users who allegedly promote "misinformation" or "hate." "An AUP notice recently went out in error that included incorrect information. PayPal is not fining people for misinformation and this language was never intended to be inserted in our policy," a PayPal spokesperson told The Epoch Times in an email. "Our teams are working to correct our policy pages. We're sorry for the confusion this has caused," the spokesperson added. The company in September announced that it was amending its acceptable use policy, or AUP. The policy, due to take effect in November, said that users may not use PayPal to for the "sending, posting, or publication of any messages, content, or materials that, in PayPal's sole discretion, (a) are harmful, obscene, harassing, or objectionable...(g) are fraudulent, promote misinformation, or are unlawful..." For each violation, PayPal says users are subject to repercussions. Those include "liquidated damages" of \$2,500 per violation.

Assange supporters surround UK Parliament

Activists spoke out against the WikiLeaks co-founder's imminent extradition to the U.S. | 9 Oct 2022 | Supporters of WikiLeaks co-founder Julian Assange gathered outside the UK Parliament in London on Saturday to protest his impending extradition to the US, where he faces espionage charges that carry a prison sentence of up to 175 years. Videos posted on social media show hundreds of people, including former UK Labour Party leader Jeremy Corbyn, having formed a human chain that spanned the parliament's perimeter and wound across the nearby Westminster Bridge to the other side of the Thames River. The protesters held signs reading "Free Assange, No Extradition," "Journalism is not a crime" and "Prosecute war crimes, not Assange." [Yes, maybe AOC and the "leftists" in the Squad will help...*not.* The useless eaters of the Squad are foot soldiers of the oligarchy and emissaries of the WEF. -- LRP

RIO LINDA/ELVERTA COMMUNITY WATER DISTRICT • 916-991-1000

Tim Shaw-General Manager

Board of Directors: lason A. Green - President Chris Gifford - Vice President John Ridilla Robert Reisig Mary Harris

Board meetings 3rd Monday of each month 6:30pm

Depot/Visitors Center, 6730 Front Street

RIO LINDA ELVERTA RECREATION & PARK DISTRICT • 916-991-5929 Mike Heller-General Manager

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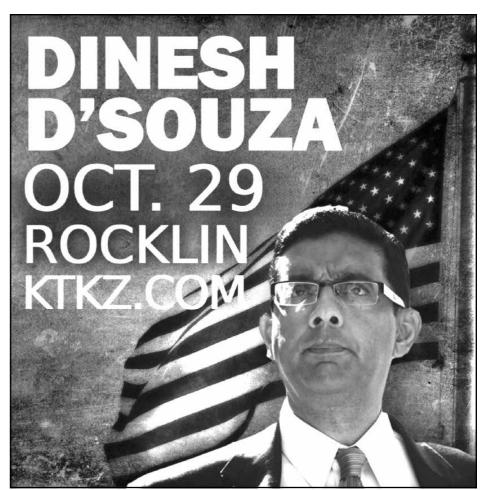
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THE NEWS · 5 OCTOBER 14, **2022**

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Pastor Jeff Clement

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Evening Worship: 6:00 p.m.

Wed Bible Study: 7:00 p.m.

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North Highlands (LCMS) (916) 332-4001

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ZionLutheranNH.org

10:30 a.m. Praise Band Worship

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Rob Royer, Pastor Sunday School: 10:00 a.m. Sunday Evangelistic: 6 p.m. Wed. Bible Study: 7:30 p.m. YouTube.com

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Church 10:30 a.m.

North Metro Church of Christ

4191 Norwood Ave., Sacramento 95838 (916) 923-1147 Minister Pete Savage SUNDAY

Bible Classes: 10:00 a.m. Worship: 11:00 a.m. Worship: **6:00 p.m.** Wed. Bible Classes: 7:00 p.m.

First Baptist Church Elverta

112 West Delano St., Elverta Pastor Peter Ceccardi 10:00 a.m., Sunday Worship and Kids Church

5:30 p.m. Sunday Youth Program

6-7 p.m. Dinner & Wed. Worship

9:45 a.m., Sunday Bible Study 6 p.m., Sunday Bible Study

AA meets Mon. 10-11 a.m. email: Peter@fbcelverta.org

(916) 991-3001 Sunday School: 9:45 a.m. Sunday: 10:45 a.m.

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ASI Children's Center Distributes Free Diapers

Continued from page 1

budget – and she's not alone. To help McCartney and other Sacramento County families struggling with the region's high cost of living, the Associated Students, Inc. (ASI) Children's Center is giving away

free diapers. The center has partnered with the Sacramento Food Bank to become a federally

Anvone in Sacramento County with young children can obtain from the center 50 free diapers a month, sizes 3 through 5.

funded National Diaper Distribution site.

"People are struggling because of inflation and have to make some very serious choices between feeding their children or taking care of their diapering needs," said Sherry Velte, ASI Children's Center director. "So, children can be left in diapers too long, which causes dia-

"It's a health concern for children. It can be very severe when children's bottoms are bleeding and have wounds and sores."

Within days of launching on Sept. 2, the Children's Center distributed more than 1,800 diapers, Velte said.

The numbers don't lie, said Lorena Carranza, the Sacramento Food Bank's community resource manager. When the COVID-19 pandemic hit, the number of families the Sacramento Food Bank served doubled from 150,000 a month to more than 300,000,

As the world began to recover last year, the lines at the food bank diminished slightly, only to grow again about four months ago.

"It's because of inflation," Carranza said. "It's really hitting families hard, so we are right now at 250,000 families a month.

"The cost of living is very high here in

Sacramento, and we see it in all the demographic groups. There are a lot of families with little ones. You have to change diapers, there's no way around it. Babies don't wait."

The Sacramento Food Bank became a national diaper distribution site in July 2021 and works with six other organizations in Sacramento County to provide diapers.

The Sacramento Food Bank also partners with Sac State to provide food for the ASI Food Pantry and knowing college students' needs makes the collaboration "a perfect fit," Carranza said.

In addition to special trainings, Velte had to determine how to transport the large boxes of diapers and find a clean, dry place to store them.

"It's not what we're designed to do. We're a childcare facility," she said. "But we're providing diapers to the campus and the community because I know this will be a tremendous service to my student-parents, who are primarily on financial aid."

McCartney picked up diapers on the first day. "It will help out tremendously," McCartney said. "Prices for everything have been extremely high, and children go through so many diapers. I'm constantly having to buy them."

McCartney, who commutes to campus from Elk Grove, said free diapers mean she'll worry less if there's another spike in the cost of gas

"The ASI Children's Center is an amazing program, and I'm very grateful I'm able to get diapers from here now."

The ASI Diaper Distribution program is open to everyone in Sacramento County with young children. For more information, contact the Children's Center by email or by phone at 916-278-6216.

Rio Linda Seventh Day Adventist Church

7535 - 10th St. and U Rio Linda Sabbath School:

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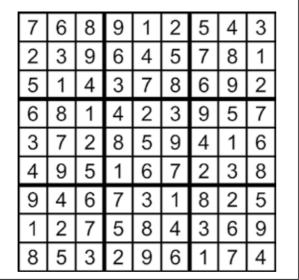


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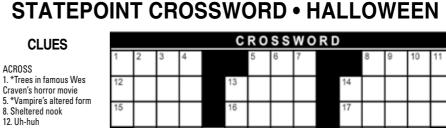


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27. Sunrise side, pl 28. *Not a trick

29. Plural of ostium

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NOTICE OF PETITION TO **ADMINISTER ESTATE**

NOTICE OF PETITION TO THOMAS ANGELO DEL ZOTTO CASE NO. 34-2022-00323348

To all heirs, beneficiaries. creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both, of Thomas Angelo Del Zotto, deceased.

A Petition for Probate has been filed by Suzanne Salazar, in the Superior Court of California, County of Sacramento, requesting Suzanne Salazar be appointed as personal representatives to administer the estate of the decedent

The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested per sons unless they have waived notice or have consented to the proposed action.) The independent administratión authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

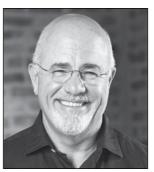
A hearing on the petition will be held in this court as follows December 22, 2022, 9:00 a.m. in Dept 129; Superior Court of California, County of Sacramento, William R. Ridgeway Family Relations Courthouse, 3341 Power Inn Road, Sacramento, CA 95826. IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections

with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in

YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the Attorney for Petitioner is: Trenton M. Diehl, Diehl Law Firm, APC, 404 W. Pine Street, #7, Lodi, CA 95240;

209/310-2903 Publish: Sept. 30, Oct. 7 & 14, 2022



It'll take lots of Discussion and **Planning**

Dear Dave,

My wife and I are in our late-twenties, and we have a full emergency fund saved up. Our only debt is our home. We have talked about having a child sometime next year, but I am on the road three weeks a month for my job. I don't want to be gone so much once we have a child, and I am thinking about opening my own business, so I can eliminate the travel and control my hours better. Do you have any thoughts on this situation?

– Mike

Dear Mike,

An entrepreneur is the person I know who can go from sheer terror to sheer exhilaration and back every few hours. You've got to have a strong mind and a strong heart to be successful, plus there's a good chance your idea won't last long if you don't love what you're doing. Remember,

Dave Ramsey Says

too, you're basically on straight commission as an entrepreneur, and there probably wouldn't be a regular paycheck you could count on for a while.

Okay, that was a quick dose of reality. Now, if time and money weren't considerations, what would you rather do-stay at your current job or run your own business?

My advice to anyone, entrepreneur or not, is to make sure your work falls in line with the passions, skills and talents you were born with. You don't need to work in the construction business if you don't like being outdoors and working with your hands, just like you don't want to be stuck in a call center if you hate talking on the phone and being cooped up inside

Everyone wants to be successful in their job, enjoy what they do and make lots of money. But personal happiness is just as important. If you wake up excited about what you're facing every day, chances are you'll be successful and happy. If you wake up dreading the day and your job, I can almost guarantee you won't be successful or

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thinking and research to do, Mike. There's nothing wrong with wanting to change jobs or be an entrepreneur. Being able to spend more time with your family is a noble and worthwhile thing, too. But I'm not hearing a lot of direction in what you're saying right now. Maybe work with a career coach, and spend some time tossing ideas around with your wife. I know you both want great things for your child, but you're not going to make the best possible decisions for yourself-and your family—without a lot more planning and thoughtful discussion.

Dave

Dave Ramsey is a seven-time #1 national best-selling author, personal finance expert, and host of The Ramsey Show. heard by more than 18 million listeners each week. He has appeared on Good Morning America, CBS This Morning, Today Show, Fox News, CNN, Fox Business, and many more. Since 1992, Dave has helped people regain control of their money, build wealth and enhance their lives. He also serves as CEO for Ramsey Solutions.

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The Rio Linda News Adjudicated For and By the County of Sacramento, Adjudication No. 358073 — March 21, 1988

STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME

STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME. FILE NO. FBNF2021-03244 The following person(s) has/ have abandoned the use of the Fictitious Business Name of: Lively & Lively Spirits, 3700 52nd Street, Sacramento, CA 95820 Greenshore Solutions, LLC, 3700 52nd Street, Sacramento, CA 95820

The Fictitious Business Name Statement referred to above was filed on: April 5, 2021.

This business was conducted by: a limited liability company. s/Matthew Cohen, Manager Date filed in Sacramento County: September 15, 2022. Publish: Sept. 30, Oct. 7, 14 & 21, 2022 LIVELY 10-21-22

ORDER TO SHOW FOR CHANGE OF NAME

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME #34-2022-00326214

Chi Thi Ngoc Ma Ho has filed a petition with this court for a decree changing the name(s) of Chi Thi Ngoc Ma Ho to Joyce Ho. IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00 a.m. on November 17, 2022, in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: September 6, 2022

Christopher E. Krueger, Judge of the Superior Court Publish: Sept 23, 30, Oct 7 & 14, 2022 10-14-22

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2022-00326043

Kyle Timothy Tuttle and Annemarie Elise Tuttle have filed a petition with this court for a decree changing the name(s) of Emi-Lynn Opal Tuttle to Opal

Aiko Tuttle.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00 a.m. on November 15, 2022, in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should

not be granted. Dated: August 31, 2022 Christopher E. Krueger, Judge of the Superior Court Publish: Sept 23, 30, Oct 7 & 14, 2022

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2022-00326596

Nasratullah Gardizi and Nazifa Gardizi have filed a petition with

this court for a decree changing the name(s) of FNU Shahram to Shahram Gardizi. IT IS ORDERED that all perinterested in the abov titled matter appear before this

court at 9:00 a.m. on November 2022, in Department 54, located at 813 6th Street Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: September 13, 2022

Christopher E. Krueger, Judge of the Superior Court Publish: Sept 23, 30, Oct 7 & 14, 2022 **GARDIZI**

SUPERIOR COURT OF COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2022-00322938

Shaune Allan Brooks has filed a petition with this court for a decree changing the name(s) of Shaune Allan Brooks to Shaun Allen Rowland. IT IS ORDERED that all per-

sons interested in the above-entitled matter appear before this court at 9:00 a.m. on November 3, 2022, in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: September 16, 2022

Christopher E. Krueger, Judge of the Superior Court Publish: Sept 23, 30, Oct 7 & 14, 2022 SHAUNE 10-14-22

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2022-00325932

Sandeep Vishal Chand and Jyoti Kumar Nagina have filed a petition with this court for a decree changing the name(s) of Edward Jayden Verma to Edward Jayden Chand. IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00 a.m. on November 15, 2022, in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should

not be granted.

Dated: August 29, 2022

Christopher E. Krueger, Judge of the Superior Court Publish: Sept 23, 30, Oct 7 & 14, 2022

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME

#34-2022-00326758 Kathryn Wendy Edwards has filed á petition with this court for a decree changing the name(s) of Kathryn Wendy Edwards to Wendy Kathryn Edwards.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00 a.m. on November 3, 2022, in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. not be granted. Dated: September 16, 2022

Christopher E. Krueger, Judge of the Superior Court Publish: Sept 23, 30, Oct 7 & 14, 2022

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2022-00326026

Steven Jay Peck has filed a petition with this court for a decree changing the name(s) of Steven Jay Peck to Wyatt Steven Scherer.
IT IS ORDERED that all per-

sons interested in the above-entitled matter appear before this court at 9:00 a.m. on October 18, 2022, in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: September 1, 2022 Christopher E. Krueger, Judge of the Superior Court Publish: Sept 23, 30, Oct 7 & 14, 2022

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2022-00326298 Maya Ivana Rendulic has filed a

petition with this court for a decree changing the name(s) of Maya Ivana Rendulic to Maya Rendulic Mehigan.
IT IS ORDERED that all per-

sons interested in the above-entitled matter appear before this court at 1:30 p.m. on November 17, 2022, in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. not be granted. Dated: September 8, 2022

Richard K. Sueyoshi, Judge of the Superior Court Publish: Sept 23, 30, Oct 7 & 14, 2022 10-14-22

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2022-00321561

Scott Allan Thibeault has filed a petition with this court for a decree changing the name(s) of Scott Allan Thibeault to Scott Allan Krause

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 1:30 p.m. on October 27 2022, in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: September 12, 2022 Richard K. Sueyoshi, Judge of the Superior Court Publish: Sept 23, 30, Oct 7 & 14, 2022

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2022-00324711

Tom Kamyar Aazam Vaghefi has filed a petition with this court for a decree changing the name(s) of Tom Kamyar Aazam Vaghefi to Kamyar Aazam Vaghefi.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 1:30 p.m. on October 26 2022, in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: August 3, 2022 Richard K. Sueyoshi, Judge of the Superior Court Publish: Sept 23, 30, Oct 7 & 14, 2022

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2022-00325365

Maria Garcia Solorzano has filed a petition with this court for a decree changing the name(s) of Maria Garcia Solorzano to Mayra

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 1:30 p.m. on November 3, 2022, in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: August 19, 2022 Richard K. Sueyoshi, Judge of the Superior Court

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2022-00326749

Publish: Sept 23, 30, Oct 7 & 14, 2022

Na Her has filed a petition with this court for a decree changing the name(s) of Na Her to Nalee

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 1:30 p.m. on December 1, 2022, in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: September 16, 2022

Richard K. Sueyoshi, Judge of the Superior Court Publish: Sept 23, 30, Oct 7 & 14, 2022

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2022-00325497 Roxanne Lee Johnson has filed

a petition with this court for a decree changing the name(s) of Hasan Rasheed McCaulie, Jr. to R'saani Terrance Garner.
IT IS ORDERED that all per-

sons interested in the above-entitled matter appear before this court at 1:30 p.m. on November 8, 2022, in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the pe-tition for Change of Name should not be granted Dated: August 23, 2022

Richard K. Sueyoshi, Judge of the Superior Court Publish: Sept 23, 30, Oct 7 & 14, 2022

SUPERIOR COURT OF **CALIFORNIA** COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2022-00326203

Rachelle Rosalind Jose de Mattos-Saldate and Joshua Lionel Saldate have filed a petition with this court for a decree changing the name(s) of liaria Nova Saldate to liaria Nova Jose de Mattos-Saldate.
IT IS ORDERED that all per-

sons interested in the above-entitled matter appear before this court at 1:30 p.m. on November 17, 2022, in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should

not be granted. Dated: September 7, 2022 Richard K. Sueyoshi, Judge of the Superior Court Publish: Sept 23, 30, Oct 7 & 14, 2022

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME

#34-2022-00326641 Truong Pham Xuan Nguyen has filed a petition with this court for a

decree changing the name(s) of Truong Pham Xuan Nguyen to Michael Truong Nguyen.
IT IS ORDERED that all persons interested in the above-en-

titled matter appear before this court at 1:30 p.m. on November 29, 2022, in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: September 14, 2022

Richard K. Sueyoshi, Judge of the Superior Court Publish: Sept 23, 30, Oct 7 & 14, 2022 NGUYEN 10-14-22

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME

Maya Alexandria Pescatore has filed a petition with this court for a decree changing the name(s) of Maya Alexandria Pescatore to Maya Alexandria.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00 a.m. on November 29, 2022, in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: Sept 16, 2022

Christopher E. Krueger, Judge of the Superior Court Publish: Sept. 30, Oct. 7, 14 & 21, 2022

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE #34-2022-00326844

Josias Nadal has filed a petition with this court for a decree changing the name(s) of Josias Nadal to Josias Vivancos

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00 a.m. on December 2022, in Department 53, located at 813 6th Street,

Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: Sept 19, 2022

Christopher E. Krueger, Judge of the Superior Court Publish: Sept. 30, Oct. 7, 14 & 21, 2022 **JOSIAS** 10-21-22

> SUPERIOR COURT OF CALIFORNIA
> COUNTY OF SACRAMENTO
> ORDER TO SHOW CAUSE CHANGE OF NAME #34-2022-00326969

Yulia Nikolayevna Gusinskaya has filed a petition with this court for a decree changing the name(s) of Yulia Nikolavevna Gusinskaya to Yulia Nikolaevna Gusinskaia.

IT IS ORDERED that all per-

sons interested in the above-entitled matter appear before this court at 1:30 p.m. on December 8, 2022, in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: September 21, 2022 Richard K. Sueyoshi, Judge of

the Superior Court Publish: Sept. 30, Oct. 7, 14 & 21, 2022

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2022-00319611

Stephanie Cook has filed a petition with this court for a decree changing the name(s) of Liam Oliver Cook to Liam Oliver

Valdez.
IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 1:30 p.m. on December 7, 2022, in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: September 19, 2022

Richard K. Sueyoshi, Judge of the Superior Court Publish: Sept. 30, Oct. 7, 14 & 21, 2022

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME

Ayanna Umeka Spikes has filed a petition with this court for a decree changing the name(s) of AYANNA UMEKA SPIKES to

ayanna umeka spikes. IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 1:30 p.m. on December 7, 2022, in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the pertition for Chapter of Marca Harris and Street, Sacramento, CA 95814, and show cause, if any, why the pertition for Chapter of Marca Harris and Street, and Stre tition for Change of Name should not be granted.

Dated: September 20, 2022 Richard K. Sueyoshi, Judge of the Superior Court Publish: Sept. 30, Oct. 7, 14 & 21, 2022 10-21-22

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2022-00326079

Ibukun T. Hambolu has filed a petition with this court for a decree changing the name(s) of Aida Jaylah Mae Jackson to Aida Ibukun İfe Hambolu.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 1:30 p.m. on November 16, 2022, in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: September 2, 2022 Richard K. Sueyoshi, Judge of the Superior Court

Publish: Sept. 30, Oct. 7, 14 & 21, 2022 SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME

#34-2022-00326613 Juan Carlos de la Cerda Mancilla & Emperatriz Pantoja Carrillo

have filed a petition with this court for a decree changing the name(s) of Sofia Pantoja to Sofia de la Cerda Pantoja IT IS ORDERED that all per-

sons interested in the above-entitled matter appear before this court at 1:30 p.m. on November 23, 2022, in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the pe tition for Change of Name should not be granted. Dated: September 14, 2022 Richard K. Sueyoshi, Judge of

the Superior Court Publish: Sept. 30, Oct. 7, 14 & 21, 2022 SOFIA 10-21-22 SUPERIOR COURT OF

CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2022-00326580 Taha Salih Hammood has filed a petition with this court for a

decree changing the name(s) of Taha Salih Hammood to Taha Saleh Hammood. IT IS ORDERED that all per-

sons interested in the above-entitled matter appear before this court at 1:30 p.m. on November 23, 2022, in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the pe tition for Change of Name should not be granted. Dated: September 12, 2022

Richard K. Sueyoshi, Judge of the Superior Court Publish: Sept. 30, Oct. 7, 14 & 21, 2022 SUPERIOR COURT OF

CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE #34-2022-00326141

Mohamad Ahmad Mohamad Horo has filed a petition with this court for a decree changing the name(s) of Mohamad Ahmad Mohamad Horo to Evan Horo.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 1:30 p.m. on November 16, 2022, in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: September 1, 2022 Richard K. Sueyoshi, Judge of the Superior Court Publish: Sept. 30, Oct. 7, 14 & 21, 2022 MOHAMAD

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2022-00326564

Kai-Long Chen has filed a petition with this court for a decree changing the name(s) of Kai-Long Chen to Kevin Chen. IT IS ORDERED that all per-

sons interested in the above-entitled matter appear before this court at 1:30 p.m. on November 23, 2022, in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. not be granted. Dated: September 12, 2022 Richard K. Sueyoshi, Judge of the Superior Court

Publish: Sept. 30, Oct. 7, 14 & 21, 2022 SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME #34-2022-00326285

Bonifacio Palafox Barusta and Maria Isabel Monge Gomez have filed a petition with this court for a decree changing the name(s) of Valeria Jasmin Monge to Valeria Jasmin Palafox.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 1:30 p.m. on November 17, 2022, in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: September 8, 2022 Richard K. Sueyoshi, Judge of the Superior Court Publish: Sept. 30, Oct. 7, 14 & 21, 2022

BARUSTA 10-21-22 SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2022-00327128 Kathy Truong has filed a peti-

tion with this court for a decree changing the name(s) of Kathy Truong to Wren Truong.
IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00 a.m. on December 13, 2022, in Department 54, located at 813 6th Street, Sacramento, CA 95814 & show

granted. Dated: September 26, 2022 Christopher E. Krueger, Judge of the Superior Court Publish: Oct 7, 14, 21 & 28, 2022

cause, if any, why the petition for

Change of Name should not be

SUPERIOR COURT OF COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME

Sayed Ahmad Sorosh has filed a petition with this court for a decree changing the name(s) of Sayed Ahmad Sorosh to Seyar Sayed. IT IS ORDERED that all per-

sons interested in the above-entitled matter appear before this court at 9:00 a.m. on December 8, 2022, in Department 54, located at 813 6th Street, Sacramento, CA 95814 & show cause, if any, why the petition for Change of Name should not be

Dated: September 19, 2022 Christopher E. Krueger, Judge of the Superior Court Publish: Oct 7, 14, 21 & 28, 2022, SUPERIOR COURT OF

CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2022-00326932 Nancy Rattu has filed a peti-

tion with this court for a decree changing the name(s) of Nancy Rattu to Nancy Rattu Raju. IT IS ORDERED that all per-

sons interested in the above-entitled matter appear before this court at 9:00 a.m. on December 7, 2022, in Department 54, located at 813 6th Street, Sacramento, CA 95814 & show cause, if any, why the petition for Change of Name should not be granted.
Dated: September 19, 2022 Christopher E. Krueger, Judge of

Publish: Oct 7, 14, 21 & 28, 2022, 10-28-22 SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE

the Superior Court

CHANGE OF NAME #34-2021-00302860 Manuel Alvarado Guadalupe Alvarado Sanz have filed a petition with this court for a decree changing the name(s) of Manuel Alvarado to Manuel Gael

Alvarado Sanz & Guadalupe Alvarado Sanz to Lupita Sanz de Alvarado. IT IS ORDERED that all persons interested in the above-entitled matter appear before this

court at 9:00 a.m. on December 13, 2022, in Department 54, located at 813 6th Street, Sacramento, CA 95814 & show cause, if any, why the petition for Change of Name should not be Dated: September 22, 2022



Christopher E. Krueger, Judge of the Superior Court Publish: Oct 7, 14, 21 & 28, 2022,

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME

#34-2022-00326976 Davis Allen Oudomsack has filed a petition with this court for a decree changing the name(s) of Davis Allen Oudomsack to Davis Allen Keomany.

IT IS ORDERED that all per-

sons interested in the above-entitled matter appear before this court at 9:00 a.m. on December 8, 2022, in Department 54, located at 813 6th Street, Sacramento, CA 95814 & show cause, if any, why the petition for Change of Name should not be

granted. Dated: September 21, 2022 Christopher E. Krueger, Judge of the Superior Court Publish: Oct 7, 14, 21 & 28, 2022, 10-28-22

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME #34-2022-00327170

Taylor Zhou has filed a petition with this court for a decree changing the name(s) of Taylor Zhou to Tess Lin.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00 a.m. on December 13, 2022, in Department 54, located at 813 6th Street, Sacramento, CA 95814 & show cause, if any, why the petition for Change of Name should not be

granted. Dated: September 26, 2022 Christopher E. Krueger, Judge of the Superior Court Publish: Oct 7, 14, 21 & 28, 2022, 10-28-22

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME
#34-2022-00326940
Lyndsay Oliver Zaccaro has filed a petition with this court for

a decree changing the name(s) of Lyndsay Oliver Zaccaro to Lyndsay Nicole Jordan-Brough. IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00 a.m. on December 2022, in Department 54, located at 813 6th Street, Sacramento, CA 95814 & show cause, if any, why the petition for Change of Name should not be

granted. Dated: September 19, 2022 Christopher E. Krueger, Judge of the Superior Court Publish: Oct 7, 14, 21 & 28, 2022,

LYNDSAY 10-28-22 SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2022-00327338

Wai-Tong Louie has filed a petition with this court for a decree changing the name(s) of Wai-Tong Louie to Tom W Louie.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00 a.m. on December 14, 2022, in Department 54, located at 813 6th Street, Sacramento, CA 95814 & show cause, if any, why the petition for Change of Name should not be granted. Dated: September 28, 2022

Christopher E. Krueger, Judge of the Superior Court Publish: Oct 7, 14, 21 & 28, 2022, 10-28-22

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2022-00326631

Abdul Latif Habibi, Bibi Hawa Habibi, Fakhrunisa Habibi and Walid Ahmad Habibi have filed a petition with this court for a decree changing the name(s) of Abdul Latif Habibi to Latif Habib: Bibi Hawa Habibi to Hawa Habib; Fakhrunisa Habibi to Nisa Habib: Walid Ahmad Habibi to Walid Habib; Bilal Ahmad Habibi to Bilal Habib: Madina Habibi to Madina Habib: Khalid Ahmad Habibi to Khalid Habib; Maryan Habibi to Maryam Habib and Tariq Ahmad

Habibi to Tariq Habib.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 1:30 p.m. on November 29, 2022, in Department 53, located at 813 6th Street, Sacramento, CA 95814 & show cause, if any, why the petition for Change of Name should not be

granted.
Dated: September 13, 2022
Richard K. Sueyoshi, Judge of the Superior Court Publish: Oct 7, 14, 21 & 28, 2022 10-28-22

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME #34-2022-00326017

Kashmier Amier Shareef Rahim has filed a petition with this court for a decree changing the name(s) of Kashmier Amier Shareef Rahim to Shaun Danell

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 1:30 p.m. on November 15, 2022, in Department 53, located at 813 6th Street, Sacramento, CA 95814 & show cause, if any, why the petition for Change of Name should not be

granted.
Dated: August 31, 2022
Richard K. Sueyoshi, Judge of the Superior Court Publish Oct 7, 14, 21 & 28, 2022 10-28-22

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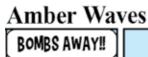
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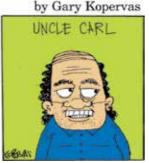




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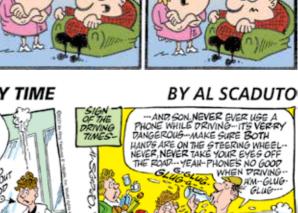




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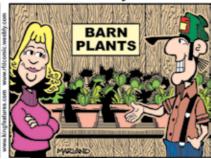
THEY'LL DO IT EVERY TIME

HAVE ENOUGH MONEY TO COVER THAT - I'LL HAVE TO PUT BACK



NO ONE'S BUYING THESE VENUS FLYTRAPS, SIM. HOUSE





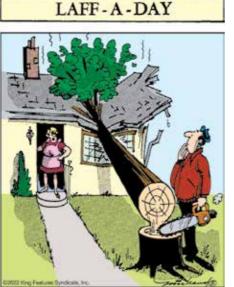
WAVES -BARFO WAS VERY CAREFUL NOT TO PAINT NOT TO PAINT
HIMSELF INTO
A CORNER.
NOW HERE'S A
A NEW WIRINKLE
FOR OUR MAN
WHO WIELD'S THE
PAINT ROLLER.





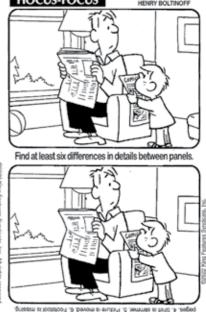


"I'm getting more and more wishes for hybrid flying carpets."



"You woke up Mother!."





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5.5 Oz All Varieties
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Limit One Coupon Per Family
Price Valid Only With Coupon
Effective 10/12/22 - 10/18/22

1. Oz Selected Varieties
Limit 2 Pkgs Per Family
Limit One Coupon Per Family
Price Valid Only With Coupon
Effective 10/12/22 - 10/18/22

BONUS COUPON BONUS COUPON **FRISKIES PARTY MIX CAT TREATS**

2.1 Oz • Selected Varieties

ARM & HAMMER **CAT LITTER DEODORIZER**

20 Oz Box Limit 2 Boxes with Coupon Limit One Coupon Per Family Price Valid Only With Coupon Effective 10/12/22 - 10/18/22 CHM PLU 422

10 • THE NEWS OCTOBER 14, 2022

Casa Roble Conquers Rio Linda



A Casa Roble receiver jumps up to make a contested catch while being defended by Rio Linda senior defensive back Francisco Bonilla during a 47-0 win for the Rams over the Knights on Friday, October 7 in Orangevale. Photo courtesy of Heidi Lettau

lopsided win.

The scoring started

quickly, as sophomore quar-

terback Connor Campbell

connected with junior wide

receiver Cole Owens for a

54-yard touchdown strike a

minute into the game. The

point after try (PAT) was

missed. About three min-

utes later, Campbell found

junior Logan March for a

34-yard TD pass, followed

defense, as junior outside

linebacker Evan Combs

recovered a fumble by

Rio Linda and returned it

30 yards to the end zone.

The two-point conversion

attempted was unsuccessful.

Campbell's third touchdown

pass of the opening quar-

ter came on a 77-yard bomb

The next score came on

by a failed PAT.

By Shaun Holkko, sports editor

ORANGEVALE, CA (MPG) - The Casa Roble varsity football team continued to roll on Friday night with its sixth consecutive victory overall and second straight in Golden Empire League play.

The Rams (6-1, 2-0 GEL) have not allowed a single point in GEL play through two games. Following a 70-0 victory at Mesa Verde (5-2, 0-2) last week, Casa returned home and shutout Rio Linda (2-5, 0-2), by a score of 47-0.

In front of a crowd of over a thousand people, the Rams scored 26 points in the first quarter and seven in each of the remaining quarters, respectively, to earn the

found sophomore wideout Elijah Huddle in the end zone to complete the twopoint try.

Following back-to-back

to Owens. Campbell then

Following back-to-back sacks from Casa sophomore defensive end Khaaliq Vaughn and junior OLB Daniel Renner, the Knights found themselves deep in their own territory. Then junior safety Dylan Richards returned an interception two yards for the touchdown. Junior kicker Kevin Curry then knocked in his first PAT of the night.

Renner contributed on offense in the third quarter lined up at running back, scoring a rushing TD from 10 yards out. Curry made the ensuing PAT. The final score of the night came on a 30-yard pass from Campbell to senior Jack Spradling and Curry successfully converted the extra point attempt. The Rams beat the Knights 47-0.

With three regular season games remaining, there is a three-team race for the GEL crown. Casa, Dixon and Pioneer of Woodland are all 6-1 overall and 2-0 in league play. All three teams play each other in the coming weeks.

The Rams from Casa host Woodland this Friday, October 14, as Pioneer travels to Dixon. The following week, Casa plays at Pioneer. On October 28 in the final week of the regular season, Casa will host Dixon in a Battle of the Rams which could ultimately be for the league title.

New Study Proves Breastfeeding Sheds COVID Shot mRNA



A new study published on September 26 by the Journal of the American Medical Association (JAMA) warned women who received the COVID shot regarding breastfeeding their infants younger than six months. Courtesy photo

Liberty Counsel News Release

WASHINGTON, D.C. (MPG)
- A new study published on September 26 by the Journal of the American Medical Association (JAMA) warned women who received the COVID shot regarding breastfeeding their infants younger than six months.

The study included 11 healthy lactating women who were asked to collect and immediately freeze samples of their breast milk after receiving either the Moderna or Pfizer shot within six months of delivering their newborn babies. Of the 11 volunteers, six received Pfizer and five received Moderna injections during lactation. After vaccination, breast milk was analyzed for the presence of mRNA nanoparticles. Seven samples from five women were positive for the

SOLOISTS

Julie Miller, Mezzo

Anne-Marie Endres, Soprano

Aaron Gallington, Tenor

Kurt Winterhalter, Bass

presence of mRNA with the samples appearing in higher concentrations than whole milk. The participating women also provided breast milk samples before vaccination and for five days post vaccination.

The study said, however, that no vaccine mRNA was detected in pre-vaccination or post-vaccination samples beyond two days of collection.

The study warns, "Caution is warranted about breastfeeding children younger than 6 months in the first 48 hours after maternal vaccination until more safety studies are conducted. In addition, the potential interference of COVID-19 vaccine mRNA with the immune response to multiple routine vaccines given to infants during the first 6 months of age needs to be considered. It is critical that lactating individuals be included in

future vaccination trials to better evaluate the effect of mRNA vaccines on lactation outcomes."

In addition, page 12 of the Pfizer documents that were released by the FDA as part of a court-ordered disclosure schedule stemming from an expedited Freedom of Information Act (FOIA) request reveals that out of 133 breastfeeding vaccinated mothers reported, there were 17 cases of adverse events in breastfed infants. Three of them were "serious." These adverse events included pyrexia, rash, infant irritability, vomiting, diarrhea, insomnia, etc.

Liberty Counsel
Founder and Chairman
Mat Staver said, "The evidence continues to unfold
that these COVID shots
are neither safe nor effective, and babies are now
victims in this massive
cover-up. This is a crime
against humanity."

General Tree Squirrel Season Underway

CDFW News Release

SACRAMENTO REGION, CA (MPG) - California's 2022-2023 general tree squirrel season is open from Saturday, Sept. 10, 2022, through Sunday, Jan. 29, 2023.

Tree squirrels may be taken only in open zones during the open season and in observance of the shooting hours for resident small game, which is one half hour before sunrise to one half hour after sunset. A map of the state's tree squirrel hunt zones can be found on the California Department of Fish and Wildlife (CDFW) website, along with the full

tree squirrel regulations.

Four types of tree squirrels are game species in California. The Western gray squirrel and the Douglas squirrel are both native to California while the Eastern fox squirrel and the Eastern gray squirrel have been introduced and not native to the state. These tree squirrels can be hunted under authority of a hunting license in California and no other validations are required. To learn more about



Eastern fox squirrel. Photo courtesy of GDMattthews/Adobe Stock photo

how to hunt for these squirrels and their distributions, habitat and patterns, watch the "Hunting California Tree Squirrels" recorded webinar on CDFW's YouTube channel.

A fifth species of tree squirrel, the Northern flying squirrel, is not a game species and may not be taken. Northern flying squirrels are small tree squirrels that are native to the boreal forests of North America and can be found as far south as the Sierra Nevada. They are seldom encountered due to their nocturnal nature and preference for mature forest habitats with complex canopy structure.

Tree squirrel population levels fluctuate from year to year based on prevailing weather conditions and the annual production of nuts, acorns and seeds for forage.

National forests provide some of the best opportunity to hunt tree squirrels in California. Bureau of Land Management lands and CDFW wildlife areas may also provide opportunity for squirrel hunting. As a friendly reminder, nonlead shot is required when taking any wildlife with a firearm anywhere in California.

Please plan accordingly. For more information, please see the CDFW nonlead ammunition page.

CHORAL SOCIETY & Orchestra Donald Kendrick, Music Director SEASON 27 FALL 2022 STAINED GLASS FALL 2022 MARY OF THE MICHAELE GLASS AND THE MICHAELE GLASS AN

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Matt Darling, Timpani

Dr. Ryan Enright, Organist Beverly Wesner-Hoehn, Harp

Farm Bureau President Responds to Signing of AB 2183

California Farm Bureau News Release

SACRAMENTO, CA (MPG) - California Farm Bureau President Jamie Johansson responded to Gov. Gavin Newsom's signing of Assembly Bill 2183.

"The California Farm Bureau is deeply disappointed in Gov. Newsom's decision to sign the misguided union organizing legislation, Assembly Bill 2183. Farm Bureau stands with California's agricultural employees and will continue to defend their right to make uncoerced choices about union representation. However, the governor's unfortunate

decision to sign this bill will create a mail-in balloting system that threatens the integrity of secret ballot elections and leaves farm employees vulnerable to intimidation by union organizers with an obvious interest in the outcome. It also forces California's farmers and ranchers to choose to give up free speech and private property rights in a dubious trade to allow their employees a real voice in a union election."

The California Farm Bureau works to protect family farms and ranches on behalf of nearly 31,000 members statewide and as part of a nationwide network of nearly 6 million Farm Bureau members.