



Doctor to Run
100k Fundraiser
for New Moms

PAGE 2

He is
Risen!
Celebrate Easter



THE NEWS

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Serving Rio Linda, Elverta and Sacramento County

APRIL 15, 2022

SEE
INSIDE

MOCK
ELECTION



PAGE 3

KSSU
CELEBRATES 30TH
ANNIVERSARY



PAGE 2

CHILDREN'S
MUSICAL THEATER
HOLDING AUDITIONS



PAGE 10

PRESORTED STD.
US POSTAGE
PAID
PERMIT 10
Rio Linda, CA

Change Service Requested

Shaq Thompson Hosts Dental Clinic



Above: Fairbanks Elementary School fifth grader Nehemiah Gramajo, 10, takes a selfie with Carolina Panthers linebacker Shaq Thompson at the free dental clinic hosted by Thompson and TeamSmile. Right: Third grader Henry Lee, 8, poses for a photo with an autographed football that he won from Thompson at the free dental clinic.

By Shaun Holkko, sports editor

SACRAMENTO, CA (MPG) - As a young boy at Antelope Meadows Elementary School, Carolina Panthers linebacker Shaq Thompson was shy and unconfident, all because of one crooked tooth.

Now as an adult with six seasons in the NFL under his belt, the 27-year-old is giving back to the community where he grew up. Thompson and TeamSmile recently hosted a free dental clinic on Thursday, April 7 for students at Fairbanks Elementary School.

"The reason why I started this foundation event was I was just like

you guys," Thompson told a room of third graders. "I wasn't able to go to dental care and get my teeth cleaned, I didn't have none of that. I had, and still got a little bit of, a crooked tooth. I didn't like my smile, I didn't want to smile, I was just very not confident I would say. This is one of the reasons why I really started this was because once I got to the league, I was able to get my own dental health care and was able to take care of my teeth.

"Because you only got one set and it was very important for me to take care of my teeth and build my confidence back up," Thompson said to

the students. "So that's kind of really why I started the program was to help people like me when I was younger that didn't have a lot. I wanted to just help out and give back, show you guys that I care and that you guys have one set of teeth that you need to take care of (and) one gums. It builds a great routine and organization for your life."

Continued on page 10

Let's Do 'Lunch Bunch' at Pancake Palace

Story and photo
by Cecilia Feser

RIO LINDA, CA (MPG) - The monthly meet and greet of Rio Linda businesses met Thursday morning, April 7, at Pancake Palace as they do every first Thursday each month.

John Berchielli told me they have been meeting here for 40 years. I had to ask, "like in this building, Pancake Palace?" To which John said, "yep!" Now, that is keeping Rio Linda in the loop.

Each meeting has a guest speaker. This month's speaker was Pamela Walton representing Sacramento Helping Hands. Walton is a very upbeat lady who told us the whole purpose of "Helping Hands."

"We work to bridge gaps in our communities," Walton said. "We especially focus on our seniors. If we hear of needs, like a senior who needs their lawn mowed or their fence is falling down, we hook them up with our list of volunteers and match the volunteer with the in-need senior. Everyone



Pam Walton, Vi Phillips, and Carol and Charlie Watts smile for a photo before the meeting begins at Pancake Palace on Thursday, April 7 in Rio Linda.

benefits, our neighborhood benefits.

"We sponsor the 'Fill the Bus' twice a year. We offer haircuts, toothbrushes, school supplies and clothing to help our homeless students. We do many other fundraisers for our community throughout the year."

I found her making me feel like I need to go join something with her. I suggested we meet again later for an article on just Helping Hands. "We're

on," she said with a laugh.

Many being fashionable late to the meeting, it got underway at about 11:40 A.M. Yet, many handshakes and card swapping went from 11 A.M. on.

Terrie Hunt, owner and broker of River Ridge Realty, was there to hear what was going on and hoping for some news on the homeless issue. However, it was only briefly touched on. I shamelessly plugged

today's print edition of The News that featured my write up about the meeting Sue Frost held for the community last week.

There was also talk of getting prepared for this summer's upcoming Rio Linda/Elverta Country Faire. I caught up with Kris McCandless, who oversees getting the faire planned, after this meeting. It is always great to talk, share ideas and grow the community. ★

Experts Look for Solutions as Fentanyl Overdose Deaths Surge

Commentary
by Alvina Alston

There's no question that the pandemic caused a troubling upward trend in addiction disorders, with many people turning to substances like opioids to help them cope with the loss of a loved one, feelings of isolation or job stress. But amid the darkness came a sliver of light: the dawn of telehealth and tele-mental health services, which provide convenient ways for folks to seek help.

"We've also seen the rollout of naloxone, the opioid reversal agent that can save lives," said Dr. Paul Christo in a recent interview. "It doesn't have to be prescribed by a physician. It can be, but in certain states, pharmacists can dispense it without a prescription. Drugs like methadone, buprenorphine and suboxone, these drugs help prevent relapse, reduce craving and are really important."

Dr. Christo, Associate Professor in the Division of Pain Medicine at the Johns Hopkins University School of Medicine, wants to remind those battling addiction to make use of these valuable telemedicine and tele-mental health services, and adds that it's important for clinicians to advocate to their patients that online treatment options, including telehealth prescriptions for critical medications are available.

The opioid epidemic today progressed in three phases, according to the Centers for Disease Control and Prevention. The first involves deaths caused by prescription opioids, the second, an increase in heroin use, and the third, a surge in the use of synthetic opioids or fentanyl. Experts say the U.S. is right in the middle of the third phase of the epidemic, due to the increasing availability of fentanyl and increasing rates of overdose deaths involving synthetic opioids.

According to a recent study there were 632,331 drug overdoses between 1999 and 2016. Most of these deaths (78.2 percent) were drug overdoses with known drug classification. Moreover, 21.8 percent were unclassified drug overdoses. A further investigation revealed that for unclassified drug overdoses, 71.8 percent involved opioids, translating to 99,160 additional opioid-related deaths.

There were over 70,000 drug overdose deaths in

Continued on page 3

Sacramento State Student Radio KSSU Celebrates 30th Anniversary



Charlotte Bama, an Anthropology major, helms the microphone during her DJ shift at KSSU. Students who are part of the volunteer staff come from various academic backgrounds. Photo courtesy of Sacramento State/Andrea Price

Sacramento State Media Advisory

SACRAMENTO, CA (MPG)

- Sacramento State’s student-run online radio station KSSU celebrated 30 years of broadcasting to the campus community and beyond on April 8 in the University Union.

KSSU has served as a radio industry training ground and student sounding board since it launched on the airwaves in 1991. More than 3,000 Sac State students have worked at the station.

It now is heard via the internet from its studio on the first floor of the University Union. Each semester about 40 student volunteers, not all looking for broadcasting careers, learn a wide range of skills related to broadcasting, advertising, engineering, programming, journalism, and other fields.

“This is our audio sandbox,” said KSSU advisor Aaron Wall, student



Jim Bolt, at the controls in the early days of Sac State's radio station, helped found the enterprise. Photo courtesy of Sacramento State file

services coordinator for Associated Students Inc. “Students play music that they love and talk about topics that interest them.”

KSSU offers news, talk shows, music and interviews, sponsors campus events, and hosts podcast workshops. It has become a consistent Sac State presence, broadcasting remotely from a variety

of university and student events.

During the pandemic lockdown, KSSU maintained its connection with the campus community as DJs worked from makeshift studios at home.

“We didn’t have a single pause,” said Wall, a 2020 Sac State graduate who began his career at KSSU as a volunteer DJ ★

Doctor to Run Canyons 100k Fundraiser for New Moms

By Kristin Thébaud,
Thébaud Comm.

SACRAMENTO, CA (MPG)

- Local physician Dr. Timothy Phelan will run the Canyons 100k on April 23 to raise funds to expand health and nutrition programs for new moms at the Sacramento Life Center. Phelan practices at Creekside OB/GYN of Folsom and has completed more than 50 competitive running events in the last 10 years, including road marathons and ultra-marathons. This is his fourth fundraiser for the Sacramento Life Center, raising more than \$30,000 total in his previous 100k, 50k and 40k runs. Phelan hopes to raise \$10,000 for the Sacramento Life Center during the Canyons 100k. To make a donation, visit SacLife.org.

“For 50 years, the Sacramento Life Center has offered a safe place for women to find the compassion and support they need to become a parent,” Phelan said. “I am proud to support this wonderful organization and its mission. I hope our community members will donate however much they can.”

Considered the birthplace of mountain ultra-trail running, the Canyons 100k is run over the most scenic and difficult sections of the Western States trail. The 100-kilometer (62.2 mile) route travels from downtown Auburn to the China Wall staging area campground, with more than 16,000 feet of ascent. Runners will experience panorama



Dr. Timothy Phelan is running the Canyons 100k race on April 23 to raise funds to expand health and nutrition programs for new moms at the Sacramento Life Center. Photo courtesy of Thébaud Communications

vistas of the Sierras and cross streams and wooden bridges through historic settlements like Michigan Bluff and Deadwood Cemetery, traveling the same trails prospectors and mules did more than 150 years ago.

“Dr. Phelan is a tireless advocate for pregnant women and new moms, and we are so grateful that he chooses to support the Sacramento Life Center through his competitive races,” said Marie Leatherby, executive director, Sacramento Life Center. “The pandemic and housing crisis have been especially rough on the moms we serve. Every donation will make an important difference for a local family.”

Now in its 50th anniversary year, the Sacramento Life Center’s mission is to offer compassion, support, resources and free medical care to women and couples facing an unplanned or unsupported pregnancy. The Sacramento

Life Center’s licensed Sac Valley Pregnancy Clinic includes a primary clinic and mobile clinic that provide all services for free, including pregnancy tests, STD tests, ultrasounds, pap smears, well woman exams, patient advocacy for men and women, education and resource referrals. In 2018, the Sacramento Life Center achieved accreditation by the Accreditation Association for Ambulatory Health Care, which ensures the group has met nationally recognized standards for the provision of high-quality health care. The nonprofit also offers a 24-hour hotline and program for women who have experienced pregnancy loss. For more information about the Sacramento Life Center’s Sac Valley Pregnancy Clinic, visit SVPclinic.com. For more information about the Sacramento Life Center or to make a donation, visit SacLife.org. ★

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Prepare, Prepare Here Comes the Rio Linda/Elverta Country Faire



Future Farmers of America will be displaying their animal projects at the Rio Linda/Elverta Country Faire.

Story and photo by Cecilia Feser

RIO LINDA, CA (MPG) - The upcoming Rio Linda/Elverta Country Faire that has been scheduled for September 17 needs volunteers and participants this year. A new feature this year will be an expo. What is different with the expo is the return of the old fashion judging contest. Some of the contributions being judged include garden vegetables, talent participants, jams, jellies, jewelry making and many other cool contributors. Kris McCandless told The News that on the fourth Friday of every month

from now until the faire, there will be a meeting at LifePointe Church in Rio Linda. Cathy Haskell is the Volunteer Coordinator and has many positions available for you to come be involved in. This year's faire will have rock climbing walls, food trucks, the Boy Scouts of America, FFA will have a booth, live music and over 120 vendors are already signed up. And of course, the new faire expo. This will all be held at Depot Park located at 6730 Front Street in Rio Linda. For more information, please email rlecfxpo@gmail.com. There will be more updates later. You can also contact Kris McCandless at kris@mcconinc.com. ★

Twin Rivers Holds Mock Election

Story and photos by Shaun Holkko, sports editor

SACRAMENTO, CA (MPG) - With the California primary elections quickly approaching in June, Grant Union High School students have begun preparing to vote for the very first time. California Secretary of State Shirley Nash Weber, Ph.D., visited Grant on Thursday, April 7, to conduct a mock election for students. Weber was joined by the Sacramento County Department of Voter Registration and Elections (VRE). Weber told members of the local media that this is not the first mock election that has been held in California and that they are starting to see the results of the benefits from holding such an event. "They've had mock elections for a number of years in Sacramento and up and down the state," Weber said. "We're beginning to track the numbers now and we're beginning to see that young people are pre-registering to vote. We've already pre-registered over 100,000 young people who are between 16 and 18. That's why we're in the schools so that their schools can encourage it, their principals, their



California Secretary of State Shirley Nash Weber, Ph.D., speaks to students before conducting a mock election on Thursday, April 7 at Grant Union High School in Sacramento.

Most Grant students have not aged into adulthood yet, like 17-year-old junior Gustavo Esquivel. "It's important to vote because I feel

Fentanyl Overdose Deaths Surge

Continued from page 1

2017, according to an estimate from the CDC. Based on findings from the new study, over half of those deaths, about 47,000 are suspected of having involved opioids. Another study on opioid overdoses found that the number of drug overdose deaths decreased by 4

percent from 2017 to 2018. In 2018, more than 67,000 people died from drug overdoses, making it a leading cause of injury-related death in the United States. Almost 70 percent involved a prescription or illicit opioid of those deaths. "COVID-19 impacted the drug supply chain by closing borders on some

regions, and it led to the higher death rate," Dr. Christo explained. He added that drugs become more challenging to get, and the potency of overdose goes up. It also impacts the price, everything goes up, and in that sense, it becomes more deadly each day, according to Dr. Christo. ★

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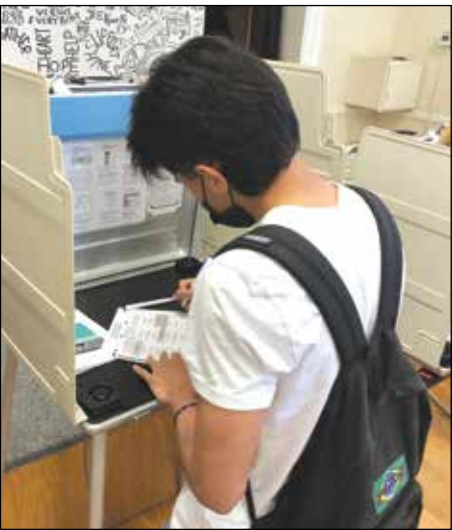
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Motorcycle gear, clothing and helmets
Misc: other items

Above: Grant Union High School students fill out their ballots during the mock election on Thursday, April 7 in Sacramento. Right: A student shows off their "I Voted" sticker.

social studies teachers can all encourage them to participate. "They can get civic credit from going out and helping during the day of elections. Because we want to develop it as a habit rather than just something you might do once in a while. It's to be a part of your



Grant Union High School junior Gustavo Esquivel, 17, fills out his ballot.

responsibility as a citizen." Some students at Grant have already turned 18 years old, like senior Jane Cusguen, who plans to vote in the upcoming primaries. "(Voting) is really important because your voice is expressed, your rights are expressed and you get to choose your opinions and who you want to speak up for in the government," Cusguen said. "I believe (the mock election) was really helpful towards people who are stepping into adulthood because it gets them a head start or a viewpoint of what they're going to end up doing soon."

like it's up to us in the future," Esquivel said. "We're starting to learn how to vote since it's all up to us later on in the future the older people aren't going to be able to vote. (The mock election) was nice, it wasn't hard at all. I mean you have the chance to, so I feel like it's something you should take care of." Weber believes it is key for young people to be aware of voting restrictions that existed in the past and are still prevalent today. "It's extremely important that they understand the fact that for years there was voter suppression," Weber said. "People would create rules and regulations to keep you from going to the polls. People are doing that now in other states and mainly because voting is important and it's powerful. "So, we want to make sure students understand that people may try to put up rules and regulations to keep voters from voting, but they still have the right to vote and they should," Weber continued. "In California we don't allow those rules to exist, but other states are going back to them now and blocking folks from going to the polls." ★

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California’s Gun Restrictions are a Failure



By Dan Walters
CALMatters.org

Inevitably, last week-end’s horrendous fusillade of bullets on a downtown Sacramento street that left six people dead and at least a dozen wounded generated demands for new gun controls in state that already has the nation’s most restrictive firearms laws.

However, if anything, what happened just two blocks from the state Capitol underscores the folly of believing that “gun violence” can be meaningfully reduced by trying to choke off the supply of firearms – any more than the prohibition of liquor or the war on drugs succeeded.

The state’s gun laws have hassled law-abiding hunters and gun hobbyists and some are in danger of being declared unconstitutional. However, Californians already own more than 20 million rifles, shotguns and handguns and are buying hundreds of thousands more each year.

Nor have these laws prevented the lawless from obtaining weapons via theft, smuggling from other states or the illicit manufacture of untraceable “ghost guns.” Indeed, state restrictions have made the black market even more lucrative, mirroring the

side effects of Prohibition and the decades-long drug war.

Initial evidence indicates that those who fired more than 100 rounds in a street crowded with bar and nightclub patrons probably were violating one or more gun laws. The two brothers that police arrested and are suspected of involvement in the mass shooting were charged with illegal possession of weapons – one for possession of an illegal fully automatic firearm.

So why, if California’s much-vaunted gun control laws have failed to choke off the supply of legal and illegal weapons, do politicians continue to claim that enacting even more will have an effect?

Some may believe it, the evidence notwithstanding, while others want to appear to be doing something about a problem because they don’t have any other answers. And those who propose and enact new gun laws are often woefully ignorant about guns or even existing laws.

In the aftermath of the shooting, Sacramento Mayor Darrell Steinberg lamented to a radio interviewer about California’s difficulty in reducing the number of guns, saying, “You just have to go to a gun show in Reno to buy an assault weapon without a background check and come right back to California.”

Advocates of more laws often cite a “gun show loophole” but it’s a myth. Under federal law, one must be a resident of Nevada and undergo a federal background check to legally buy a gun in Reno.

Moreover, while California professes to have banned “assault weapons,” the state’s definition of them involves cosmetic features, rather than their lethality. Perfectly legal semi-automatic rifles that lack those features are available for sale everywhere in the state.

The newest effort at gun control in California, backed by Gov. Gavin Newsom, would authorize personal lawsuits against the manufacturers and sellers of illegal assault rifles or ghost guns, mirroring a new Texas law allowing suits against those who perform abortions.

The legislation, Senate Bill 1327, is just a stunt – one of Newsom’s periodic jabs at a rival state. Those who could be sued under the bill are already committing criminal acts in California and a federal law prohibits suits against manufacturers of legal firearms, including the “assault weapons” that California and a few other states purport – but fail – to outlaw.

The bottom line is this: Actor Alec Baldwin’s claims notwithstanding, guns don’t fire on their own. Someone must accidentally or purposely pull the trigger and that should be the focus of efforts to reduce violence – such as more vigorous enforcement of laws banning gun possession by felons and those under court order.

Dan Walters has been a journalist for nearly 60 years, spending all but a few of those years working for California newspapers. ★

Ask Toni

Doctor’s Advice ... Get Traditional Medicare ... What’s That?



Toni King

Toni: Have been reading your column for over a year and now I need some Medicare help. I am retiring and turning 65 in October. I had a triple bi-pass January of this year. Last week I talked with the office manager at my cardiologist’s office about me getting on Medicare and what I should do. She said for me to enroll in “Traditional Medicare.” I have no idea what “Traditional Medicare” is?

Could you please explain this and make it easy to understand? I do not want to enroll in the wrong plan and need guidance.

~ Thank You, Samuel from Tulsa, OK
Hello Samuel:

I will make this as simple as I can. I have consulted with confused Americans who have a PHD in higher education and understanding Medicare just frustrates them. It can make a grown man want to “cry!”

Let’s examine just what “Traditional Medicare” is and we will do this together. Most healthcare professionals call Medicare, “Traditional” Medicare, but Medicare refers to it as “Original” Medicare. You will not find “Traditional” Medicare anywhere on the medicare.gov website or in the Medicare & You handbook.

Original or Traditional Medicare consists of only Medicare Parts A and B, and not the rest of the alphabet soup such as Parts C or D. Original/Traditional Medicare is also known as your Medicare card or as many on Medicare refer to it as the “red, white and blue card.”

There is not a network with “Original/Traditional” Medicare, and this is very hard for those who have retired with employer group health insurance to understand, “NO Network”! If your hospital, doctor, or healthcare provider accepts Original Medicare or Medicare assignment, then they will accept Traditional

Medicare because both are the same thing.

Original/Traditional Medicare ... Parts A and B are explained below:

MEDICARE PART A (In-patient Hospital Insurance) is for an in-patient hospital stay. Part A deductible for 2022 is \$1,556 and has **6 deductibles** in a year. Yes, Part A has a benefit period of 60 days, so every 60 days; there is a new deductible of \$1556. Skilled nursing has a \$0 co pay for days 1-20, but from days 21-100, there is \$194.50 co pay per day. After day 100 in a skilled nursing facility, you pay the cost. Medicare Part A also includes hospice and home healthcare with a \$0 co pay.

MEDICARE PART B (Medical Insurance) has a premium of \$170.10 which is based on income. One must enroll in Part B the correct way especially after turning 65 and “still working”. Part B covers “medically necessary” services such as doctor charges for office visits, surgery for inpatient or outpatient hospital stays, outpatient hospital care/services, tests, durable medical equipment, and other medical services.

Part B has a yearly one-time deductible of \$233 for 2022. Medicare pays 80% of the Medicare approved amount and you or will pay 20% of the Medicare approved amount. A Medical provider may charge \$1,000 for a service, but Medicare may approve \$623. It is the \$623 that the 20% is applied to.

More information regarding Original/Traditional Medicare is explained in the Medicare Survival Guide® Advanced edition available at www.tonisays.com.

A Medicare Supplement works only with Original/Traditional Medicare and does have a monthly premium based on which Medicare Supplement plan one selects. Call 832/519-8664 for Medicare help.

Confused about Medicare Zoom webinar is Thursday April 28 at 4:00 PM. Visit www.tonisays.com to sign up for the Toni Says online webinar event.

Toni King, author of the Medicare Survival Guide® Advanced edition is giving a \$5 discount to the Toni Says® readers on the Medicare Survival Guide® Advanced book at www.tonisays.com. ★

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Nielsen Factors ‘Early Release Policy’ in K Street Shootings

Office of Senator Jim Nielsen

SACRAMENTO, CA (MPG) - Senator Jim Nielsen (R-Red Bluff), who served as chair of the California Board of Parole Hearings for nine years, issued the following statement in reaction to a news report that the second person arrested in the deadly K Street shooting should still be in prison.

“The alleged gunman should still be serving a 10-year prison sentence.

“The state’s negligent early release policies, I believe, may be a factor in the deadly K Street shooting, as it has been in similar circumstances across the country.

“This tragic loss of life once again demonstrates that California is failing miserably on all fronts of the criminal justice system.

“Gun control is not the answer. Getting guns out of the hands of the people prohibited from having them and keeping violent felons in prison should be the focus.” ★

ABC10 Recognized with Awards for Excellence in Journalism



Pictured left to right: Jill Manuel, Brandon Rittiman, Gonzalo Magaña and Tyler Horst. Photo courtesy of ABC10

Traci Rockefeller Cusack, T-Rock Communications

SACRAMENTO, CA (MPG) - ABC10, a TEGNA-owned media station, continues to be recognized with a number of impressive awards for excellence in journalism, including a coveted 2022 Alfred I. duPont-Columbia University Award which is considered one of the most prestigious honors in the industry.

The series of outstanding national and regional awards are reflective of ABC10’s focus on delivering investigative reports and in-depth storytelling to keep viewers informed about important issues that affect their lives.

“We have nurtured a newsroom culture centered on tackling complicated topics, sharing impactful ‘deep dive’ stories with important context, and holding the powerful accountable,” said Risa Omega, President & General Manager of ABC10. “While we’re very honored to be known as the most awarded newsroom in Northern California, we’re most proud of how our in-depth coverage is helping to shed light on key issues that positively impact the lives of our viewers.”

ABC10 was recognized with the following awards for news stories that aired in 2021:

- **Alfred I. duPont-Columbia University Award** for "FIRE-POWER-MONEY: Holding PG&E Accountable," an investigative series (in development for multiple years) by ABC10 reporter Brandon Rittiman on Pacific Gas & Electric's role in the deadliest wildfire in California's history;
- **Peabody Award Nomination** for “FIRE-POWER-MONEY: Holding PG&E Accountable”;
- **James Madison Freedom of Information Award** for the “Price of Care: Investigating California Conservatorships,” an investigative series (a full year in development) by ABC10 reporter Andie Judson focused on the state’s complex conservatorship system and the multi-billion-dollar industry;
- **RTDNA 2021 National Edward R Murrow Award** for

“FIRE-POWER-MONEY Season Two” for Large Market Best News Series;

- **RTDNA 2021 Region 2 Edward R Murrow Awards (2)** for Bartell’s Backroads “Modesto’s Blind Bowler” and for “FIRE-POWER-MONEY”;
- **NATAS SF/NorCal Regional Emmy Awards (8)** for the following:
 - “Making sense of government corruption and corporate crime” by Brandon Rittiman, Writer
 - “Modesto's Blind Bowler” by John Bartell, Reporter; Tyler Horst, Photojournalist
 - “George Washington, Milkmaids, and Herd Immunity!” by Brandon Rittiman, Director/Writer; Megan Jorgensen, Motion Graphic Designer
 - “Bartell's Backroads: Animals of California series” by John Bartell, Reporter
 - “District Attorney/Officer Involved Shooting Investigations” by Andie Judson, Reporter; Victor Nieto, Editor
 - “California Props: Explained - with Brandon Rittiman” by Brandon Rittiman, Host/Writer; Samuel Platz, Photographer/Editor
 - “Police prone position investigation | Unchanged policies cost lives and taxpayer money” by Andie Judson, Reporter
 - “Bartell's Backroads: Desert oddity series” by John Bartell, Reporter/Host

ABC10’s award-winning news coverage is led by Director of Content Jill Manuel and Executive Producer of Special Projects Gonzalo Magana with outstanding efforts by a dedicated, diverse, and talented newsroom staff filled with investigative reporters, storytellers, photojournalists, editors, writers, creatives, and many others who work diligently behind-the-scenes.

To learn more about ABC10 and its mission, or to watch these award-winning special reports and other exemplary news stories, please visit www.abc10.com or www.youtube.com/c/ABC10. ★

Sacramento State News Release

SACRAMENTO, CA (MPG) - Sacramento State and Los Rios police detectives have arrested a man suspected of sexual battery at Sac State and Cosumnes River College (CRC).

The suspect is Nico Traversie, 28, who was arrested on March 28 in the 8600 block of Mellowoods Way in Sacramento on suspicion of committing three counts of sexual battery in violation of California Penal Code section 243.4(e)(1).

Traversie subsequently was booked into Sacramento County Main Jail.

On March 2, Sacramento State Police received two separate reports of a sexual battery occurring on campus. Officers investigated and issued a Timely Warning Notification to the community.

On March 7, Los Rios police were flagged down by two females who a reported a sexual assault on the CRC campus. A crime bulletin was sent to employees and students.

The investigation was

assigned to a Sac State detective, who worked with the Los Rios Police Department, which had received a report from CRC of a similar incident and suspect description. The investigation determined that the same suspect was believed to be responsible for the incidents at both institutions.

The Sacramento State Police Department encourages witnesses with information regarding this investigation to contact the dispatch center at 916-278-6000. ★




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FICTITIOUS BUSINESS
NAME STATEMENTS

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2022-02040
Renee Marie Abu-Green, 199 Cosimo Court
El Dorado Hills, CA 95762 is doing business
under the Fictitious Business Name(s) "Nay
Nails" 13405 Folsom Boulevard Suite
140 Folsom, CA 95630. Filed with the Clerk
of Sacramento County March 16, 2022
Publish: March 25, April 1, 8, and 15, 2022
NAY 4-15-22

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2022-02098
Liwell Referral Agency, 4534 Jenness Way
Sacramento, CA 95842 is doing business
under the Fictitious Business Name(s)
"Liwell, Liwell In Home Care" 4534 Jenness
Way Sacramento, CA 95842. Filed with the
Clerk of Sacramento County March 8, 2022
Publish: March 25, April 1, 8, and 15, 2022
LIWELL 4-15-22

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2022-01793
Zian's Family Beauty Supply LLC, 6472
Romack Circle Sacramento, CA 95822 is
doing business under the Fictitious Business
Name(s) "Tierra Phillips" 6472 Romack
Circle Sacramento, CA 95822. Filed with the
Clerk of Sacramento County March 8, 2022
Publish: March 25, April 1, 8, and 15, 2022
TIERRA 4-15-22

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2022-01934
Haeleigh Sinerus, 8081 Ramblewood Way
Citrus Heights, CA 95621 is doing business
under the Fictitious Business Name(s) "Reiki
by Haeleigh" 8081 Ramblewood Way Citrus
Heights, CA 95621. Filed with the Clerk of
Sacramento County March 11, 2022
Publish: March 25, April 1, 8, and 15, 2022
REIKI 4-15-22

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2022-01896
Wanda Nichols, 3429 Winning Way
Sacramento, CA 95823 is doing business
under the Fictitious Business Name(s)
"Vanda Inspired" 3429 Winning Way
Sacramento, CA 95823. Filed with the Clerk
of Sacramento County March 10, 2022
Publish: March 25, April 1, 8, and 15, 2022
VANDA 4-15-22

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2022-02056
Daniel R. Wright, 5305 Gibbons Drive
Carmichael, CA 95608 is doing business
under the Fictitious Business Name(s) "Liquid
Landscape Services" 4021 California Avenue
No 17 Carmichael, CA 95608. Filed with the
Clerk of Sacramento County March 16, 2022
Publish: March 25, April 1, 8, and 15, 2022
LIQUID 4-15-22

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2022-02044
Jerry F Ahlin, 2311 W. La Loma Drive Rancho
Cordova, CA 95670 is doing business under
the Fictitious Business Name(s) "Creative
Arts Co" 2311 W. La Loma Drive Rancho
Cordova, CA 95670. Filed with the Clerk of
Sacramento County March 16, 2022
Publish: March 25, April 1, 8, and 15, 2022
CREATIVE 4-15-22

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2022-01988
Engine Planet, 8559 Blackberry Way Elk
Grove, CA 95624 is doing business under
the Fictitious Business Name(s) "Engine
Planet" 7000 Franklin Boulevard Suite 730
Sacramento, CA 95823. Filed with the Clerk
of Sacramento County March 14, 2022
Publish: March 25, April 1, 8, and 15, 2022
ENGINE 4-15-22

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2022-01775
Ivan Hramma, 2986 Chateau Montelena Way
Sacramento, CA 95834 is doing business
under the Fictitious Business Name(s)
"Transportation" 2986 Chateau Montelena
Way Sacramento, CA 95834. Filed with the
Clerk of Sacramento County March 8, 2022
Publish: March 25, April 1, 8, and 15, 2022
TRANSPORTATION 4-15-22

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2022-01606
Veterans Golf Park for Disabled Veterans,
8040 Hoopes Drive Citrus Heights, CA
95610 are doing business under the
Fictitious Business Name(s) "Veterans
Community Center" 6921 Sylvan Road
Citrus Heights, CA 95610. Filed with the
Clerk of Sacramento County March 2, 2022
Publish: March 25, April 1, 8, and 15, 2022
VETERANS 4-15-22

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2022-01423
TransCapital Ventures, Inc, 5616
Kingswood Drive Citrus Heights, CA
95610 is doing business under the
Fictitious Business Name(s) "TransCapital
Realty" 5616 Kingswood Drive Citrus
Heights, CA 95610. Filed with the Clerk
of Sacramento County February 23, 2022
Publish: March 25, April 1, 8, and 15, 2022
TRANS 4-15-22

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2022-01960
Jesse A. Mahon, 1609 Stewart Road
Sacramento, CA 95864 is doing business
under the Fictitious Business Name(s)
"Jesse's Safe Co" 1609 Stewart Road
Sacramento, CA 95864. Filed with the Clerk
of Sacramento County March 11, 2022
Publish: March 25, April 1, 8, and 15, 2022
JESSE 4-15-22

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2022-01713
Joan Hehir and Samantha Sharpe, 8548
Brentwick Way Sacramento, CA 95842 is
doing business under the Fictitious Business
Name(s) "IKRN Productions" 4633 Auburn
Boulevard Sacramento, CA 95841. Filed with
the Clerk of Sacramento County March 7, 2022
Publish: April 1, 8, 15, and 22, 2022
IKRN 4-22-22

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2022-02209
Joshua Jerome Culp, 2607 Macon Drive
Sacramento, CA 95835 is doing business
under the Fictitious Business Name(s)
"Joshua's Jordan" 2607 Macon Drive
Sacramento, CA 95835. Filed with the Clerk
of Sacramento County March 21, 2022
Publish: April 1, 8, 15, and 22, 2022
JOSHUA 4-22-22

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2022-02332
Richard Jacobs, 7440 2nd Street Rio Linda, CA
95673 is doing business under the Fictitious
Business Name(s) "RJ Painting" 7440 2nd
Street Rio Linda, CA 95673. Filed with the
Clerk of Sacramento County March 24, 2022
Publish: April 1, 8, 15, and 22, 2022
RJ 4-22-22

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2022-02256
Ink'd with Purpose Notary LLC, 1555 River

Park Drive is doing business under the
Fictitious Business Name(s) "Ink'd with
Purpose Notary" 1555 River Park Drive Suite
208 Sacramento, CA 95615. Filed with the
Clerk of Sacramento County March 22, 2022
Publish: April 1, 8, 15, and 22, 2022
INK 4-22-22

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2022-01905
Garett Rod Collins, 8161 Villa oak Drive
Citrus Heights, CA 95610 is doing business
under the Fictitious Business Name(s) "Wolf
Pack Land" 8161 Villa Oak Drive Citrus
Heights, CA 95610. Filed with the Clerk of
Sacramento County March 10, 2022
Publish: April 1, 8, 15, and 22, 2022
WOLF 4-22-22

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2022-02344
JDV Distribution LLC, 3710 Branch
Street Sacramento, CA 95838 is doing
business under the Fictitious Business
Name(s) "Valley Clean" 3710 Branch Street
Sacramento, CA 95838. Filed with the Clerk
of Sacramento County March 24, 2022
Publish: April 1, 8, 15, and 22, 2022
VALLEY 4-22-22

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2022-02215
Bookie Chantland, 3268 Rosemont Drive
Sacramento, CA 95826 is doing business
under the Fictitious Business Name(s)
"Brooke's Bakery" 3268 Rosemont Drive
Sacramento, CA 95826. Filed with the Clerk
of Sacramento County March 21, 2022
Publish: April 1, 8, 15, and 22, 2022
BROOKE 4-22-22

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2022-02247
Christopher Hernandez-Tapiz, 4301
Blackford Way Sacramento, CA 95823
is doing business under the Fictitious
Business Name(s) "Semper Elita Event
Security" 11241 Coloma Road Suite A2
Gold River, CA 95670. Filed with the Clerk
of Sacramento County March 22, 2022
Publish: April 1, 8, 15, and 22, 2022
SEMPER 4-22-22

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2022-02252
Edward Santos Jr, 7401 Heather Road Fiar
Oaks, CA 95628 is doing business under
the Fictitious Business Name(s) "National
Polygraph Group" 7401 Heather Road
Fair Oaks, CA 95628. Filed with the Clerk
of Sacramento County March 22, 2022
Publish: April 1, 8, 15, and 22, 2022
NATIONAL 4-22-22

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2022-01806
Jason Burgess, 4963 Tufts Street
Sacramento, CA 95841 is doing
business under the Fictitious Business
Name(s) "Jay's Jobs" 4963 Tufts Street
Sacramento, CA 95841. Filed with the
Clerk of Sacramento County March 9, 2022
Publish: April 1, 8, 15, and 22, 2022
JAY 4-22-22

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2022-02430
Tabitha Wynter, 4141 Palm Avenue #237
Sacramento, CA 95842 is doing business
under the Fictitious Business Name(s)
"STUDDZDONTCHEAT/FEMZDONTCHEAT"
4141 Palm Avenue Avenue #237
Sacramento, CA 95842. Filed with the Clerk
of Sacramento County March 28, 2022
Publish: April 8, 15, 22, and 29, 2022
STUDZ 4-29-22

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2022-01594
Profound Beauty, LLC, 7508 Franklin
Boulevard #B Sacramento, CA 95823
is doing business under the Fictitious
Business Name(s) "Profound Beauty,
LLC" 7508 Franklin Boulevard #B
Sacramento, CA 95823. Filed with the
Clerk of Sacramento County March 2, 2022
Publish: April 8, 15, 22, and 29, 2022
PROFOUND 4-29-22

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2022-01972
Yaser O. Alahmar, 8751 Bottlebrush Court
Elk Grove, CA 95624 is doing business
under the Fictitious Business Name(s)
"Sac Royal Auto" 5550 28th Street
Sacramento, CA 95820. Filed with the Clerk
of Sacramento County March 12, 2022
Publish: April 8, 15, 22, and 29, 2022
SAC 4-29-22

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2022-02508
Victory Investments, LLC, 7014 McGill
Court Elk Grove, CA 95758 is doing
business under the Fictitious Business
Name(s) "Tle Liquidators of S. Sac & Elk
Grove" 25 Quinta Court C-1 Sacramento,
CA 95823. Filed with the Clerk of
Sacramento County March 29, 2022
Publish: April 8, 15, 22, and 29, 2022
TILE 4-29-22

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2022-02106
Black Scholars Tutoring Network LLC,
9912 Business Park Drive Suite 170
Sacramento, CA 95827 is doing business
under the Fictitious Business Name(s) "T&S
Consulting" 9719 Lincoln Village Drive Suite
504 Sacramento, CA 95827. Filed with the
Clerk of Sacramento County March 17, 2022
Publish: April 8, 15, 22, and 29, 2022
T&S 4-29-22

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2022-02305
Claudia Vargas Reyes and Salvador L
Perez, 63 Dean Road #10 Sacramento,
CA 95815 is doing business under the
Fictitious Business Name(s) "Reyes
Cleaning and Repairs" 630 Dean Road #10
Sacramento, CA 95815. Filed with the Clerk
of Sacramento County March 23, 2022
Publish: April 8, 15, 22, and 29, 2022
REYES 4-29-22

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2022-02219
Daryl Bell, 9248 Trenholm Drive Elk Grove,
CA 95758 is doing business under the
Fictitious Business Name(s) "Bell's Health and
Wellness" 9719 Lincoln Village Drive Suite
504 Sacramento, CA 95827. Filed with the
Clerk of Sacramento County March 21, 2022
Publish: April 8, 15, 22, and 29, 2022
BELLS 4-29-22

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2022-02415
Jamie Pride, 1929 Terrace Drive
Sacramento, CA 95825 is doing business
under the Fictitious Business Name(s)
"Skilled Branding" 1929 Terrace Drive
Sacramento, CA 95825. Filed with the Clerk
of Sacramento County March 28, 2022
Publish: April 8, 15, 22, and 29, 2022
SKILLED 4-29-22

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2022-02408
Karen Heidebrecht, 8500 Diamond
Oak Way Elk Grove, CA 95624 is doing
business under the Fictitious Business
Name(s) "Teletherapy Direct" 2701 I Street

Sacramento, CA 95816. Filed with the Clerk
of Sacramento County March 28, 2022
Publish: April 8, 15, 22, and 29, 2022
TELE 4-29-22

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2022-02094
VK and Team LLC, 7737 Live Oak Way
Citrus Heights, CA 95621 is doing business
under the Fictitious Business Name(s)
"VA Flooring" 7737 Live Oak Way Citrus
Heights, CA 95621. Filed with the Clerk
of Sacramento County March 17, 2022
Publish: April 8, 15, 22, and 29, 2022
VA 4-29-22

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2022-01388
R & E Auto Center LLC, 4245 Crestline Avenue
Fair Oaks, CA 95628 is doing business
under the Fictitious Business Name(s) "R
& E Auto Center" 4245 Crestline Avenue
Fair Oaks, CA 95628. Filed with the Clerk
of Sacramento County February 23, 2022
Publish: April 8, 15, 22, and 29, 2022
R&E 4-29-22

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2022-02182
Jamie Whitaker, 4534 Bomark Way
Sacramento, CA 95842 is doing business
under the Fictitious Business Name(s)
"JJ's Clearing" 4534 Bomark Way
Sacramento, CA 95842. Filed with the Clerk
of Sacramento County March 18, 2022
Publish: April 8, 15, 22, and 29, 2022
JJ 4-29-22

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2022-02388
Full Circle Dealer Services, INC, 1481
River Park Drive Sacramento, CA
95815 is doing business under the
Fictitious Business Name(s) "Full Circle
Dealer Services" 1481 River Park Drive
Sacramento, CA 95815. Filed with the Clerk
of Sacramento County March 25, 2022
Publish: April 8, 15, 22, and 29, 2022
FULL 4-29-22

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2022-02387
Niello Performance Motors II, INC,
1481 River Park Drive Sacramento, CA
95815 is doing business under the
Fictitious Business Name(s) "Porsche
Sacramento" 1481 River Park Drive
Sacramento, CA 95815. Filed with the Clerk
of Sacramento County March 25, 2022
Publish: April 8, 15, 22, and 29, 2022
PORSCHE 4-29-22

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2022-02562
Brian P. Gibau, 118 Barnhill Drive Folsom, CA
95630 is doing business under the Fictitious
Business Name(s) "Inner Galactic Burga" 118
Barnhill Drive Folsom, CA 95630. Filed with
the Clerk of Sacramento County April 1, 2022
Publish: April 8, 15, 22, and 29, 2022
INNER 4-29-22

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2022-02450
Donald Steffens and Maura Stonham-
Steffens, 7333 Woodruff Way Citrus
Heights, CA 95621 is doing business under
the Fictitious Business Name(s) "Chem
Dry of Fair Oaks Folsom/Chem Dry of
Auburn Lincoln" 7333 Woodruff Way Citrus
Heights, CA 95621. Filed with the Clerk
of Sacramento County March 28, 2022
Publish: April 15, 22, 29, and May 6, 2022
CHEM 5-6-22

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2022-02407
Chantel Marvin, 2107 New Hampshire Way
Sacramento, CA 95835 is doing business
under the Fictitious Business Name(s)
"Trifectiv PPS/Trifectiv Productivity and
Personal Solutions" 2107 New Hampshire
Way Sacramento, CA 95835. Filed with the
Clerk of Sacramento County March 28, 2022
Publish: April 15, 22, 29, and May 6, 2022
TRIFECTIV 5-6-22

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2022-02302
Christopher Alan Cochran, 3441 Data Drive,
Apt. 344, Rancho Cordova, CA 95670 is
doing business under the Fictitious
Business Name(s) "Pet Mugs and Art"
3441 Data Drive, Apt. 344, Rancho
Cordova, CA 95670. Filed with the Clerk
of Sacramento County March 23, 2022
Publish: April 15, 22, 29, and May 6, 2022
PET MUGS 5-6-22

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2022-02400
David Dollison, 15 La Mesa Drive, New
Braunfels, TX 78130, and Cynthia Dollison,
11087 Buffalo River Court, Rancho Cordova,
CA 95670 is doing business under the
Fictitious Business Name(s) "Dollison
Properties" 11087 Buffalo River Court,
Rancho Cordova, CA 95670. Filed with the
Clerk of Sacramento County March 25, 2022
Publish: April 15, 22, 29, and May 6, 2022
DOLLISON 5-6-22

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2022-02372
Charles F. Baldwin, TTEE, 8032 Red Pine
Court, Citrus Heights, CA 95610 is doing
business under the Fictitious Business
Name(s) "Apeiro Solar" 8032 Red Pine Court,
Citrus Heights, CA 95610. Filed with the
Clerk of Sacramento County March 25, 2022
Publish: April 15, 22, 29, and May 6, 2022
APEIRO 5-6-22

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2022-02108
Charles F. Baldwin, 8032 Red Pine
Court, Citrus Heights, CA 95610 is doing
business under the Fictitious Business
Name(s) "Baldwin Trust Group UBO" 8032
Red Pine Court, Citrus Heights, CA 95610.
Filed with the Clerk of Sacramento County
February 17, 2022
Publish: April 15, 22, 29, and May 6, 2022
BALDWIN 5-6-22

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2022-02536
Matthew Martinez, 8116 Forest Oak Way,
Citrus Heights, CA 95610 is doing business
under the Fictitious Business Name(s) "MJM
Real Estate" 8116 Forest Oak Way, Citrus
Heights, CA 95610. Filed with the Clerk
of Sacramento County March 30, 2022
Publish: April 15, 22, 29, and May 6, 2022
MJM 5-6-22

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2022-02289
Beletha Price, 3906 Balverme Court,
Antelope, CA 95843 is doing business
under the Fictitious Business Name(s)
"Sevyn Jewels" 3906 Balverme Court,
Antelope, CA 95843. Filed with the Clerk
of Sacramento County March 23, 2022
Publish: April 15, 22, 29, and May 6, 2022
SEVYN 5-6-22

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2022-02498
California Family Health, LLC, 8680
Greenback Lane, Suite 108, Orangevale, CA
95662 is doing business under the Fictitious
Business Name(s) "California Family Health
and Fitness" 8680 Greenback Lane, Suite

108, Orangevale, CA 95662. Filed with the
Clerk of Sacramento County March 29, 2022
Publish: April 15, 22, 29, and May 6, 2022
CALIFORNIA 5-6-22

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2022-02740
Klenn, LLC, 348 Willis Avenue, Rio Linda, CA
95673 is doing business under the Fictitious
Business Name(s) "Lawn Care Up" 348 Willis
Avenue, Rio Linda, CA 95673. Filed with the
Clerk of Sacramento County April 7, 2022
Publish: April 15, 22, 29, and May 6, 2022
LAWN 5-6-22

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2022-02031
Qaisuddin Samandari, 7200 Gloria Drive, #18,
Sacramento, CA 95831 and Ghulam Omar
Bahram, 8515 Elk Grove Florin Road, #306,
Elk Grove, CA 95624 is doing business under
the Fictitious Business Name(s) "Bonfire
Pizza Wings" 8515 Elk Grove Florin Road,
#306, Elk Grove, CA 95624. Filed with the
Clerk of Sacramento County March 16, 2022
Publish: April 15, 22, 29, and May 6, 2022
BONFIRE 5-6-22

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2022-02664
GJ Company, LLC, 8583 Elder Creek
Road, Suite 220, Sacramento, CA 95828 is
doing business under the Fictitious
Business Name(s) "Mountain Remedy"
and "Canex" 8583 Elder Creek Road, Suite
220, Sacramento, CA 95828. Filed with the
Clerk of Sacramento County April 5, 2022
Publish: April 15, 22, 29, and May 6, 2022
MOUNTAIN 5-6-22

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2022-02683
Gabriela Vieru and Valentin Vieru, 7617
Away Way, Citrus Heights, CA 95610 is
doing business under the Fictitious Business
Name(s) "Homeville Care" 6536 Nordic
Court, Citrus Heights, CA 95610. Filed with
the Clerk of Sacramento County April 6, 2022
Publish: April 15, 22, 29, and May 6, 2022
HOMEVILLE 5-6-22

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2022-02743
General Finish, Inc., 6383 Bonham Circle,
Citrus Heights, CA 95610 is doing business
under the Fictitious Business Name(s)
"California Bee" 6383 Bonham Circle,
Citrus Heights, CA 95610. Filed with the
Clerk of Sacramento County April 7, 2022
Publish: April 15, 22, 29, and May 6, 2022
CALIFORNIA 5-6-22

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2022-02549
Lynn Dykstra, 4000 Innovator Drive, #36102,
Sacramento, CA 95834 is doing business
under the Fictitious Business Name(s)
"Focused Images" 4000 Innovator Drive,
#36102, Sacramento, CA 95834. Filed with
the Clerk of Sacramento County April 1, 2022
Publish: April 15, 22, 29, and May 6, 2022
FOCUSED 5-6-22

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2022-01790
Ronda Machille Smith-Muhajir, 11833
Opal Ridge Way, Rancho Cordova, CA
95742 is doing business under the Fictitious
Business Name(s) "Healthy Hair Plus
Salon" 11015 Olson Drive, Suite 2, Rancho
Cordova, CA 95670. Filed with the Clerk
of Sacramento County March 8, 2022
Publish: April 15, 22, 29, and May 6, 2022
HEALTHY 5-6-22

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2022-02268
Donna Michelle Chaddock, 11116
Cilkur River Way, Rancho Cordova, CA
95670 is doing business under the
Fictitious Business Name(s) "CP Supply
USA" 11116 Cilkur River Way, Rancho
Cordova, CA 95670. Filed with the Clerk
of Sacramento County March 22, 2022
Publish: April 15, 22, 29, and May 6, 2022
CP 5-6-22

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2022-02108
Leslie Lajes, 2262 Autumnleaf Lane, Rancho
Cordova, CA 95670 is doing business under
the Fictitious Business Name(s) "Get Artsy
With Leslie" 2262 Autumnleaf Lane, Rancho
Cordova, CA 95670. Filed with the Clerk
of Sacramento County March 17, 2022
Publish: April 15, 22, 29, and May 6, 2022
GET ARTSY 5-6-22

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2022-02588
Olson Oil Inc., 3001 Zinfandel Drive, Rancho
Cordova, CA 95670 is doing business under
the Fictitious Business Name(s)
"Zinfandel Chevron" 3001 Zinfandel Drive,
Rancho Cordova, CA 95670. Filed with the
Clerk of Sacramento County April 4, 2022
Publish: April 15, 22, 29, and May 6, 2022
ZINFANDEL 5-6-22

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2022-02763
Christy Marie Kim, 11296 Stanford Court,
#104, Gold River, CA 95670 is doing
business under the Fictitious Business
Name(s) "CMK Consulting" 11296 Stanford
Court, #104, Gold River, CA 95670. Filed with
the Clerk of Sacramento County April 7, 2022
Publish: April 15, 22, 29, and May 6, 2022
CMK 5-6-22

ORDER TO SHOW FOR
CHANGE OF NAME

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#34-2022-00316651

Taylor Renee Kanelos has filed a
petition with this court for a decree
changing the name(s) of Taylor Renee
Kanelos to Taylor Renee Ceriani.

IT IS ORDERED that all persons
interested in the above-entitled matter
appear before this court at 9:00a.m. on
April 28, 2022, in Department 54, located
at 813 6th Street, Sacramento, CA 95814,
and show cause, if any, why the petition for
Change of Name should not be granted.
Dated: March 8, 2022
Christopher E. Krueger,
Judge of the Superior Court
Publish: March 25, April 1, 8, and 15, 2022
CERIANI 4-15-22

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#34-2022-00316687

Sharon Johnson has filed a petition with
this court for a decree changing the name(s)
of Sharon Johnson to Sharon Crawford.

IT IS ORDERED that all persons
interested in the above-entitled matter
appear before this court at 9:00a.m. on
May 3, 2022, in Department 54, located
at 813 6th Street, Sacramento, CA 95814,
and show cause, if any, why the petition for
Change of Name should not be granted.
Dated: March 10, 2022
Christopher E. Krueger,
Judge of the Superior Court
Publish: March 25, April 1, 8, and 15, 2022
CRAWFORD 4-15-22

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#34-2022-00316658

LaVerne Munguia has filed a petition with
this court for a decree changing the name(s) of
LaVerne Munguia to Robin LaVerne Munguia.

IT IS ORDERED that all persons
interested in the above-entitled matter
appear before this court at 9:00a.m. on
May 3, 2022, in Department 54, located at
813 6th Street, Sacramento, CA 95814,
and show cause, if any, why the petition for
Change of Name should not be granted.
Dated: March 10, 2022
Christopher E. Krueger,
Judge of the Superior Court
Publish: March 25, April 1, 8, and 15, 2022
MUNGUIA 4-15-22

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#34-2022-00316665

Georgios Panagiotis Pandelidis has filed
a petition with this court for a decree
changing the name(s) of Georgios
Panagiotis Pandelidis to George Pandelidis.

IT

CHURCH DIRECTORY

CALVARY BAPTIST CHURCH 6608 16th, Rio Linda (916) 991-5870 <i>Cowboy Pastor Jeff Clement</i> Sunday School: 10:00 a.m. Morning Worship: 11:00 a.m. Awana: 4:30 p.m. Evening Worship: 6:00 p.m. Wed Bible Study: 7:00 p.m. Free Store Saturday: 10:00 a.m. -1:00 p.m.	ZION LUTHERAN CHURCH 3644 Bolivar Ave. North Highlands (LCMS) (916) 332-4001 www.ZionLutheranNH.org Sunday Schedule 9:00 a.m. Traditional Worship 10:30 a.m. Praise Band Worship <i>Children's Easter Festival</i> Sat., Apr. 16th, 11a to 1p <i>Egg hunt, free lunch, games, face painting, balloons. Bring your family and friends!</i>	Calvary Lutheran Church 5th and L Streets, Rio Linda <i>Pastor Kirsten Moore</i> Sunday Worship: 10:30am <i>Children's Bible stories & crafts during adult worship</i> (916) 991-2135 www.clcrl.org Mail@clcrl.org <i>Open Arms, Open Hearts</i>	NEW BEGINNINGS FELLOWSHIP <i>Pastor Deonte Walters</i> 10th and O Streets (916) 991-2918 Sunday School: 9:00 a.m. Sunday Worship: 10:30 a.m.	CHURCH OF RIO LINDA <i>Home of Old Time Religion</i> 6550 Drycreek Rd. (916) 991-6766 <i>Rob Royer, Pastor</i> Sunday School: 10:00 a.m. Sunday Evangelistic: 6 p.m. Wednesday Bible Study: 7:30 p.m. YouTube.com
This space could belong to your Church Call Today The Rio Linda News (916) 991-3000	LIFEPOINTE FAMILY OF CHURCHES 7200 Rio Linda Blvd. lifepointenaz.com (916) 991.4624 SUNDAY 9:30AM COFFEE & FELLOWSHIP 10AM ALL AGE CONNECTION GROUPS 11AM WORSHIP SERVICE NURSERY (0-3YRS) KIDZ CLUBHOUSE (4YRS - 6TH GRADE)		Church of Christ <i>Worship God's Way</i> <i>Minister Eric Smith</i> 6818 4th Avenue Rio Linda, CA 95673 (916) 991-2668 Church 10:30 a.m.	North Metro Church of Christ 4191 Norwood Ave., Sacramento 95838 (916) 923-1147 <i>Minister Pete Savage</i> SUNDAY Bible Classes: 10:00 a.m. Worship: 11:00 a.m. Worship: 6:00 p.m. Wednesday Bible Classes: 7:00 p.m.
First Baptist Church Elverta 112 West Delano St., Elverta <i>Pastor Peter Ceccardi</i> 9:45 a.m., Sunday Bible Study 11:00 a.m., Sunday Worship and Kids Church 6 p.m., Sunday Night Bible Study 5:30 p.m. Sunday Youth Program 6-7 p.m. Dinner & Wed. Worship AA meets Mon. 10-11 a.m.	Rio Linda Seventh Day Adventist Church 7535 - 10th St. and U Rio Linda Sabbath School: 9:15 a.m. Worship Services: 11:00 a.m.		NEW LIFE CHRISTIAN CHURCH 2037 Elkhorn Boulevard (916) 991-3001 Sunday School: 9:45 a.m. Sunday: 10:45 a.m. Sunday Evening: 6:00 p.m. Wednesday: 7:00 p.m. <i>Pastor James A. Duncan</i>	LIBERTY MINISTRIES CHRISTIAN FELLOWSHIP <i>Pastor Shannon Fannin</i> Liberty Ministries extends an invitation to come and join us for Celebration Worship Sunday 9:00 a.m. Youth Extreme and Food Closet. (916) 922-6442 4840 Marysville Blvd. www.libertymcf.net

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CLUES

ACROSS

- In the Queen of Hearts' oven?
- Indiana Jones' quest
- Dance with leis
- Sheikh, alt. sp.
- Opposite of paleo
- Hedgehog of movies and video games
- Toilet, to a toddler
- Pilot's estimate acronym
- One deserving of respect?
- Like submarine
- Abbey Road location
- Lobe location
- Per person
- To the ____ degree
- Twist and Shout" endearment
- English confection
- Wraths
- Swarm like bees
- Not taken and taken
- Skiing helmet manufacturer
- Homework assignment
- Kamakawiwo'ole's strings, pl.
- Thermonuclear weapon
- Type of list
- Frost residue
- "God, We Praise You" (2 words)
- Redecorate, e.g.
- What Carl Lewis did
- Doctor's order
- December 31st, e.g.
- "Whisper words of ____"
- "Please ____ Me," 1st album
- Amusement
- Rage
- Scary movie consequence
- ____ del Carmen, Mexico
- Corn spot
- Reach a goal (2 words)
- Unit of heredity
- Cry of alarm
- Wipe out

DOWN

- Cough syrup amt.
- Greeting at sea
- Blood vessel network
- Ownership document
- NASA's first space station
- All over again
- Retired, abbr.
- Aussie bear
- "I want to ____ your hand"
- Editing arrow
- Bank holding
- Acronym, abbr.
- Mister in Brazil
- Speak from a podium
- Month X
- Hideous sight
- "It's been a hard day's ____"
- Social group
- Roman king of Judea
- Starr's predecessor
- Fabulous number
- Faquir, alt.sp.
- Swelling
- Ruhr's industrial center
- Not all
- Like a full-fledged Mafia man
- Cry of the Alps
- The enlightened one
- Barn sound

51. Nervous (2 words)
54. Inflict a blow
56. Truth or Dare player?
57. ____ E. Coyote
58. Persian Gulf country
59. Eye infection
60. Peephole glance
61. ____ good example
62. Chows down
63. Frugal driver's acronym
65. Fish eggs
67. Unidentified Jane

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Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

WEEKLY COMICS

Amber Waves by Dave T. Phipps

ARE YOU KIDDING? WINTER IS OVER!

I'M TIRED OF SNOW. BRING ON THE RAIN.

AND DAMAGING HAIL AND BIG TORNADOES?

I'M GOOD WITH SLIGHTLY OVERCAST.

The Spats by Jeff Pickering

GULP

I KNOW MY RIGHTS!

I KNOW YOUR WRONGS!

Out on a Limb by Gary Kopervas

LAUNDRY DAY IN MADRID

THEY'LL DO IT EVERY TIME BY AL SCADUTO

SHOCK WAVES- MOM AND DAD, AFTER YEARS OF DEBT BRINGING UP A FAMILY--CAN AT LAST SEE DAYLIGHT--WHEN IN WALKS JUNIOR ET AL...

OKRA, WE'RE OUTA DEBT--WE DON'T OWE ANYBODY A CENT--WHA--?

HI, FOLKS-- I LOST MY JOB--OUR MORTGAGE IS OVERDUE--OUR CAR DIED-- CAN WE STAY WITH YOU A WHILE? I NEED \$25 FOR THE CAB...

THANKS TO WHONNIGER, WASHINGTON, D.C.

R.F.D. by Mike Marland

HEY, DAD, THESE'RE EASTER EGGS, SO WHY IS THERE AN EASTER BUNNY INSTEAD OF AN EASTER CHICKEN?

BECAUSE HE'S THE HARE THAT LOST THAT RACE TO THE TORTOISE, JUNE.

HE WAS DEVASTATED AND THE HEAD CHICKEN FELT SO BAD FOR HIM SHE DECIDED TO TAKE HIM UNDER HER WING AND GIVE HIM THE EASTER JOB.

YOU KNOW HE'S KIDDIN', RIGHT, KIDDO?

OH, BUT AM I?

J'EVER NOTICE? IN MOST OPERAS, THE DASTARDLY VILLAIN, WHOM THE HEROINE DESPISES, IS ACTED BY A YOUNG, HAND-SOME HUNK OF MAN...

AND WHO WINS THE FAIR MAIDEN'S HAND? WHY, THE ROMANTIC LEAD PLAYED BY A BELLY-BULGING FIVE-FOUR-FIVE WHO'S OLDER THAN THE BACKSTAGE DOORMAN--

THANKS TO F. TALLARICO, CONNACHT, IRE.

GRIN and BEAR IT by Wayne

"I'm not eating any performance-enhancing cereal, Pop!"

LAFF-A-DAY

"When he came to the door, NATURALLY I assumed he was one of your relatives."

Just Like Cats & Dogs by Dave T. Phipps

I THINK I NEED TO RETURN THIS SCALE TO THE STORE AS I'M DEFINITELY NOT HAPPY WITH IT!

HOCUS-FOCUS BY HENRY BOLTHOFF

Find at least six differences in details between panels.

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Effective 4/13/22 - 4/19/22

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16 Lb Bag •Seafood •Surfing & Turfing

Limit 2 Bags per Family **\$10.99**

Effective 4/13/22 - 4/19/22

FELINE PINE HEALTHY CAT LITTER

20 Lb Bag

Limit 2 Bags **\$8.99**

Effective 4/13/22 - 4/19/22

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•Selected Varieties - 3 Oz Limit 2 Pkgs with Coupon Limit One Coupon Per Family Price Valid Only With Coupon Effective 4/13/22 - 4/19/22 **\$1.49** CHM PLU 569

BONUS COUPON JONNY CAT CAT LINERS

Jumbo Drawstring - 5 Ct Limit 1 Box with Coupon Limit One Coupon Per Family Price Valid Only With Coupon Effective 4/13/22 - 4/19/22 **\$2.29** CHM PLU 449

Thompson Hosts Dental Clinic



Fairbanks Elementary School third grader Kai Gallaread, 9, receives dental treatment at the free dental clinic hosted by Carolina Panthers linebacker Shaq Thompson and TeamSmile on Thursday, April 7 in Sacramento

Continued from page 1

Among the students receiving dental care Thursday was third grader Kai Gallaread, 9, who was extremely pumped up to meet Thompson.

“I’m really excited because he is one of my favorite NFL players of all-time,” Gallaread proclaimed.

The 9-year-old shared a unique perspective on why it’s important to have good dental hygiene.

“Because getting a shot hurts,” Gallaread explained. “And if you don’t want to get a shot in your mouth then you have to take really good care of your teeth.”

Thompson spent the entire school day at Fairbanks on Thursday, visiting with many students. Fifth grader Nehemiah Gramajo, 10, was anticipating Thompson’s arrival at his school and wore a red San Francisco 49ers No. 7 Colin Kaepernick jersey for the occasion. Thompson began wearing No. 7 in the NFL last season, the number he wore while in college at the University of Washington.

“(Dental hygiene is important) because if you don’t take care of your teeth, it’s expensive to fix them again,” Gramajo said after taking a selfie with Thompson.

The six-year NFL veteran not only provided a dental check-up for the students, but also gave out autographed NFL footballs, Gatorade water bottles, electric toothbrushes and T-shirts.

8-year-old third grader Henry Lee was thrilled when he won a signed football in the drawing for his class.

Thompson grew up as the youngest of four boys to single mother Patrice Thompson, known to many as Patty, who passed away in 2019 at 57-years-old. Patty always wanted the best for her boys and moved them from North Highlands to Antelope when Shaq was in elementary school. The 27-year-old linebacker is unsure if he would’ve been holding such an event if his mom were still around.

“She would’ve loved it and probably would’ve been at every event if she could. She was supportive,” Thompson said. “Obviously, if she had still been alive, who knows if I would’ve been doing this right now. She was one of the reasons why I really wanted to do a foundation to give back is to keep her legacy, that’s why it’s called (the) ‘Thompson Legacy Fund,’ it’s really for her.

“She’s the roots of everything of all my brothers and everything of how we (are) still here (and) survived what we went through. She was the roots of it so that’s why one of my focuses is ‘know your roots’ of where you’re from.”

Thompson has grown up a lot since he was that shy and unconfident kid with a crooked tooth. Now as an adult with nice teeth, Thompson is confident, knows his Sacramento area roots and continues to make his mom proud every day. ★

Children’s Musical Theater in Sacramento Valley Holding Auditions

SCMT Press Release

SACRAMENTO REGION, CA (MPG) - The Sacramento Children’s Musical Theater is a new theater group dedicated to offering high quality performing arts experiences to youth ages 5-18. Welcoming both newcomers that are exploring performing on stage for the first time, as well as experienced performers, SCMT is committed to creating a space for all local youth.

Over the past thirty years John Bisceglie and his team have worked with thousands of children in the San Francisco Bay Area producing more than two hundred original musicals, movies, singing showcases and special events featuring kids of all ages. Now, having recently relocated to Sacramento, John is excited to introduce his program to the Sacramento valley and bring the magic of children’s theater to a new community of families.

Throughout the year, SCMT will offer three live theater productions as well as a variety of acting classes and workshops. Recently the Sacramento Children’s Musical Theater launched a partnership with the Fulton-El Camino Recreation & Park District, establishing that weekday rehearsals will be held at the Richard T. Conzelmann Community Center located in Howe Park. Featuring a newly renovated theater, Howe Park is centrally located and convenient to access for all.

“We are grateful to the Sacramento Children’s Musical Theater for making this investment at Howe



Ashlyn Tsui performs in Sacramento Children’s Musical Theater’s Production of “Destination Oz.” Photo courtesy of John Bisceglie

Park Theater, introducing children to the performing arts in the Arden Arcade community,” shared Emily Ballus, General Manager of Fulton-El Camino Recreation and Park District. “Fostering creativity is essential to youth development so we are thrilled to be a venue that helps champion these young artists.”

By creating and producing colorful youth theater productions within the community, SCMT provides performing arts training that boosts children’s self-esteem, confidence, and teaches the value of teamwork.

SCMT will hold auditions on April 24th and May 1 for its first live production, “Ticket to Broadway” an all singing, all dancing, dazzling salute to Broadway. The show features songs from Hamilton, Wicked, Dear Evan Hansen, Frozen, Waitress, In the Heights, Rent, West Side Story, Hairspray, Matilda, Grease, Aladdin, Into the Woods, Lion King, Les Miserables, Annie and more.

An exciting and convenient twelve-week program with only one rehearsal per week on Tuesdays or Sundays makes participation fun and easy for local youth ages 5-18. No experience required, and all who audition will be accepted.

SCMT Founder John Bisceglie added, “After two years of no in-person rehearsals or live shows, we are thrilled to once again create live theater and get Sacramento kids back on stage and into the spotlight.

For more information about SCMT’s youth theater productions, classes and workshops, please visit www.sacramentochildrensmusicaltheater.com or call John Bisceglie at 916-905-7514. ★

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1420 I Street	2089	.45 Acre	\$ 630,000
5923 West 2nd St.	2106	2.12 Acres	\$ 650,000
7425 26th St.	3525	1.2 Acres	\$ 725,000

Based on information from MetroList Services, Inc. for period of May 1, 2021 to August 30, 2021.
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Continued on page 4

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