

Researchers May Provide Hope for Parkinson's Disease

Craft Fair Returns PAGE 3





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**VOLUME 41 • ISSUE 12** 

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MARCH 25, **2022** 

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#### NIELSEN APPLAUDS SITES LOAN



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# ELIMINATING ILLEGAL HOMELESS CAMPS



PAGE:

### **UPLIFTED**



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## Farewell, ARCO!

Kings Organization and Fans Say Goodbye to the 'Old Barn'



Above: ARCO Arena, most recently known as Sleep Train Arena, reverted to its original name for one final day at the "Farewell to ARCO Arena" event on Saturday, March 19 at ARCO Arena in Natomas. Below: An NBA game ball signed by former Sacramento Kings center Scot Pollard sits in a box waiting to be taken for free by a lucky Kings fan at the "Farewell to ARCO Arena" event.

pollard

Story and photos by Shaun Holkko, sports editor

SACRAMENTO CA (MPG) - ARCO Arena, Power Balance Pavilion, and Sleep Train Arena are three names that were synonymous with the home of the Sacramento Kings for 28 years.

ARCO Arena officially closed Saturday in Natomas for good, as members of the Kings organization and fans said their final farewells to a building that opened in 1988 and meant so much to a city for so long.

"This is a shining example that in Sacramento there was a time when we were at the top of the basketball world and this is where you had to come to see the 'Greatest Show on Court,' so that gives us hope," said Doug Christie, who played shooting guard in Sacramento

from 2000 to 2005. "This building is different than Golden 1 (Center). Golden 1 has things to walk around and see. But here, there was 17,000 people

already sitting in their seat. When we came out of that tunnel it was energy, if you didn't have it, they gave it to you."

Christie, now an assistant coach with the Kings, Vlade Divac and Brad Miller were the former Kings players in attendance Saturday. Olympic gold medalist Ruthie Bolton made an appearance to represent the Monarchs, the former WNBA team that won a championship for Sacramento in 2005 before disbanding

"This was the venue (where) the fans were the soul, and we were the show," Christie said. "That mix Continued on page 2

in 2009.

## **Social Workers: Making Communities Better**



Social workers in DHA work tirelessly to help those in the greatest need of services become self-sufficient and independent.

MPG file photo

By Laurie Slothower, Sacramento County

SACRAMENTO COUNTY, CA (MPG) - Social workers make communities better. They help protect children, youth, and the elderly from abuse. They connect people suffering from substance

abuse and mental illness to services. They link people challenged by homelessness, poverty and lack of healthcare to housing, benefits and employment. They help severely disabled individuals live in the least restrictive environment possible.

March is National Social Work Month, and Sacramento County joins the National Association of Social Work (NASW) in celebrating this great profession and in sharing this year's motto, "The Time is Right for Social Work."

ight for Social Work."

The goal of Social Work

Month is to inform the public, policymakers and legislators about the way social workers meet people where they are every day and help them live to their fullest potential.

Sacramento County employs almost 600 social Continued on page 3

#### North Sac CHP Welcomes New Area Commander



been assigned as the new commander for the CHP North Sacramento Area. Photo courtesy of North Sacramento Area CHP

By A.J. McTaggart, CHP PIO

NORTH SACRAMENTO, CA (MPG) - Captain Mike Sedam has been assigned as the new commander for the California Highway Patrol (CHP), North Sacramento Area.

Captain Sedam reported

to the North Sacramento Area from the Sacramento Communications Center. He has been the interim commander since August 2021. Regarding his new assignment, Captain Sedam stated, "I am extremely proud to be given the opportunity to work with the high performing professionals at the North Sacramento Area who truly care about the public we serve. I look forward to working with the community and our allied agency partners." In addition to serving as the North Sacramento Area commander, Captain Sedam is also a board member for the Law Enforcement Chaplaincy Sacramento. Captain Sedam grew up in Northern California and has served with the CHP for over 26 years. Captain Sedam holds two master's degrees: one in security studies from the Naval Postgraduate School and the other in public administration from California State University, Fresno.

The North Sacramento Area provides safety, service, and security to residents, commuters, and tourists using the 62 miles of state highways and 1,200 miles of country roads within its area of responsibility. This includes Interstate 5, Interstate 80, State Route 51 (Business 80), State Route 160, and State Route 99. The North Sacramento Area is focused on preventing injuries and deaths on roadways, serving the public, and assisting allied agencies. In addition to officers and professional staff, the North Sacramento Area has an active Senior Volunteer Program and Explorer Program.

## Farewell, ARCO!

Continued from page 1

is something that you don't find. We were white-hot before Miami. We were beautiful basketball before Golden State. The only thing we didn't do is put a ring on it. I told (Kings' owner) Vivek (Ranadivé) when we were standing here, 'It's gonna happen, it will. And when it does, right on the bottom down there, just put ARCO because that would be so very fitting."

Ranadivé, who kept the team from moving out of Sacramento in 2013, and former owner Gregg Lukenbill, who brought the franchise to the 916 in 1985, each spoke Saturday morning about the former home known to many as the "Old Barn."

"I know this is a bittersweet moment for everyone because there is some amazing memories," Ranadivé said. "I describe this place as a communal fireplace. The firepit is the arena, the players are the fire, they lit that fire. The fans huddled around that communal fireplace and it's been an amazing fireplace. So, thanks to all of you for the memories."

Also in attendance for the farewell were politicians, Sacramento Mayor Darrell Steinberg and Vice Mayor Angelique Ashby, as well as former Kings coach and broadcaster Jerry Reynolds.

"This is very emotional because there isn't a Sacramentan who hasn't been part of this community for decades who doesn't have incredible memories of experiences here at, I know it's Sleep Train, ARCO Arena. It's what it is, ARCO Arena," Steinberg said. "The memories, even the painful ones, are all good."

The "Farewell to ARCO Arena" event was open to season ticket holders starting at noon Saturday and to the public from 2-6 P.M. Fans had the



Prominent members of the Sacramento community from past and present pose for a photo at the "Farewell to ARCO Arena" event on Saturday, March 19 at ARCO Arena in Natomas

opportunity to walk through the old arena, take photos and write farewell messages that will remain on the site.

The Kings also gave away an abundance of free boxes of team memorabilia like jerseys and signed basketballs that were stored over the years at ARCO, to those who were willing to brave the long line. The event was one last get-together for Kings fans at the place they called home for many years.

It is well documented that Sacramento has struggled for many years on the court, as the current team is 25-48 and close to missing the playoffs for what would be an NBA record 16th consecutive season. However, the Kings' best years in Sacramento so far were at ARCO, including

nine playoff appearances, eight consecutive from 1998 to 2006, and a trip to the 2002 Western Conference Finals.

In 2013, the arena set a Guinness World Record for loudest indoor sports roar at 126 decibels.

"I truly appreciate the soul of this building," Christie said. "I never knew that wood, metal and plastic could make such a sound. But it was a sound that I will never forget."

Off the court, ARCO hosted concerts, high school and college sports, WWE, MMA, Disney on Ice and so much more.

After fighting for years to keep their team in town, Kings fans were rewarded in 2016 with the Golden 1 Center. Now, the space in Natomas that they once called home will be demolished in the coming months to make way for a new medical center and hospital.

"One of the epic moments of my life was to be able to stand here, and I'll just repeat what I said, I said, 'This is your team, and it is here to stay,' Ranadivé said. "This is a place that has been giving for years and years so I'm really happy that that tradition of giving is going to continue as we open a world-class hospital over here so it's going to keep giving to the community.

"As bitter as it is, it's also sweet because we have a beautiful new arena downtown. As great as the past has been, the future is going to be even better."



coach Doug Christie, who played shooting guard for the team from 2000 to 2005, speaks at the "Farewell to ARCO Arena" event on Saturday, March 19 at ARCO Arena in Natomas



Former Sacramento Kings coach and broadcaster Jerry Reynolds speaks at the "Farewell to ARCO Arena" event on Saturday, March 19 at ARCO Arena in Natomas.

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THE NEWS  $\cdot$  3 MARCH 25, **2022** 

## **Craft Fair Returns**



Over thirty vendors will be in attendance, offering hand-made, locally crafted goods, as well as some of your favorite national brands. Photo courtesy Pixabay

#### Special MPG Release

By County

Supervisor

Through the generos-

ity of the The Rio Linda

News, this column serves

to provide an update about

matters affecting the com-

county's homeless popula-

tion has been growing and

we can see the impacts every

time we leave our houses.

As we continue to tackle

homelessness, we run into

challenges at almost every

turn including state laws,

court decisions, pandem-

ics, and judicial rulings. That

being the case, we are con-

stantly adapting our approach and, I am happy to say,

enhancing the ways we try to

solve the homeless problem.

forward include increased

access to treatment for men-

tal health and drugs and

alcohol addiction, and we

are increasing our outreach

to connect people to those

services. While treatment

for mental illness and addic-

tion is the best thing we can do to help people get off

the streets, it will never be

The solutions we have put

We are all aware that the

munity of Rio Linda.

Sue Frost

RIO LINDA, CA (MPG) - As opening day of Little League commences, and folks line M Street for the annual Little League parade, another local event is returning. Last year we saw the office complex located at 825 M Street come to life with a flourishing series of outdoor markets, ending 2021 with a Christmas Bazaar in conjunction with the annual Christmas Light Parade.

The Rio Linda Craft Fair and Outdoor Market will open its 2022 event series on Saturday, March 26th. Over thirty vendors will be in attendance, offering hand-made, locally crafted goods, as well as some of your favorite national brands. Two

children's authors will be in attendance, as wells as a local favorite, Renewal Soaps. Mi Mexico will be on site with their delicious taco truck, and Pittador Brews will be serving their locally roasted coffee and tasty loose-leaf teas.

Tonia Silva, the local tax lady, purchased the property in March of 2021, and she and her sister LeeAnn Williams of Renewal Soaps turned a once-quiet property into a thriving place for locals to showcase their talents. From on-site painting classes to petting zoos, this local event has really brought the downtown district some life.

Opening at 8am with the parade, vendors will be on-site until late afternoon. Stop by, support local entrepreneurs, and see all that the local talent has to offer. \*

### **Social Workers: Making Communities Better**

Continued from page 1

workers in many different County departments. The Department of Child, Family and Adult Services (DCFAS) and the Department of Human Assistance (DHA) have the largest numbers of social workers on staff.

DCFAS social workers link individuals and families to services that promote the safety, health and well-being of community members across all ages. Throughout the COVID-19 pandemic, they continued to provide in-person visits, working on the frontlines along with doctors, nurses, law enforcement and other essential employees.

At DHA, social workers help families who are experiencing homelessness, domestic violence and other family crises. They help clients learn job-seeking skills. A team of social workers specializes in helping clients navigate the challenging disability benefits process. DHA also has a social worker in the General Assistance Program making referrals to service

In addition to these efforts, DHA also has social workers assigned to the Homeless Outreach and Encampment

Teams working with Sacramentans experiencing homelessness to navigate public benefits and shelter/housing options.

"Our DCFAS social workers are everyday heroes and I feel privileged to be a part of this team," said Michelle Callejas, Director of the Department of Children, Family and Adult Services.

"The social workers in DHA work tirelessly to help those in the greatest need of services become self-sufficient and independent. It is because of their efforts and the efforts of those they work with across department and jurisdictional lines that Sacramentans can thrive and be safe," said Ethan Dye, Director of Human Assistance.

Social work is one of the fastest-growing professions in the United States, according to the Bureau of Labor Statistics. At the same time, Sacramento County has an ongoing need for social workers to help the community's most vulnerable residents. The Human Services Social Worker and Human Services Social Worker (with Master's Degree) positions are on continuous file, meaning the County is always accepting applications. If you're interested in applying, visit saccountyjobs.net.

## **Nielsen Applauds Possibility** of \$2.2 Billion for Sites Reservoir



Office of Senator Jim Nielsen

SACRAMENTO, CA (MPG) On Thursday, March 17, the United States **Environmental Protection** Agency formally invited the Sites Project Authority to apply for a Water Infrastructure Finance and Innovation Act (WIFIA) program loan.

"This is good news, especially after Senate Democrats recently killed my legislation - Senate Bill 890 – that would have helped fully fund Sites Reservoir," said Nielsen.

In total, Sites will be eligible for up to \$2.2 billion in low-interest loans, which accounts for 49 percent of the project's cost. Although the WIFIA

program is primarily used for wastewater and drinking water systems, the America's Water Infrastructure Act of 2018 directed the EPA and Reclamation to work towards opening the program to some Reclamation water projects as well.

To contact Senator Jim Nielsen, please call him at 916-651-4004, or via email at senator.nielsen@senate.ca.gov. Follow him @ CASenatorJim.

#### **RIO LINDA COMMUNITY UPDATE**

#### The Path to Eliminating Illegal Homeless Camps

by the county for homeless individuals to live/camp legally and safely. While this may not sound like something you want to get excited about and might even concern you, I believe this is the best thing we can do at this time. First, Sacramento County cannot get back to enforcing ordinances that prevent camping on public land until we can offer an alternative due to a decision at the 9th Circuit far preferable to unregulated camping.

We have learned from the failures of other sanctioned sites and intend to keep the county's new sites staffed at all times, regulated to prevent drug use and other criminal behavior, and we will put them in the areas that will see the greatest benefit. By areas that will receive the greatest benefit, I mean the areas currently being the most heavily impacted by unchecked campsites. While many people may jump to the conclusion that the best place to put a sanctioned site is as far from developed areas as possible, the real best approach is to find locations that are near where large groups of homeless people are already dwelling. This ensures we get the most people we can living in sanctioned encampments because it is an area

will have the benefit of being staffed by mental health and behavioral health professionals that can get at the issues that are keeping so many people trapped in homelessness. Regardless of whether or not substance abuse or mental illness is the cause of a person's homelessness, for many it has become part of what prevents them from escaping homelessness.

Again, while this may not Court of Appeals. Second, sound ideal to some, and a sanctioned encampment is I am sure there are people who are worried that one of these encampments will be near where they live, shop, or dine, I am confident this is the right move. Fewer homeless individuals making campsites around the county is a good thing. Increasing outreach and connection to drug/alcohol treatment and mental health services is a good thing. And getting the power back to shut down illegal camping sites all over the County is also a good thing. These sanctioned encampments are the balance between compassion and toughness my constituents have been telling me they support for as long as I have been a Supervisor. This is just one of many important steps we must take as part of our comprehensive approach to relieving the County's homeless crisis.

> Thank you for reading and as always, if you want to contact me, call me at 916-874-5491, or e-mail me county.net.

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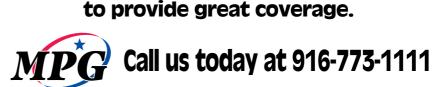
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4 · THE NEWS MARCH 25, **2022** 

## How Will Newsom's gas price relief promise work?



By Dan Walters CALMatters.org

It's time once again for some fun with numbers, in this case data surrounding the sharp spike in gas

Although the recent uptick in fuel prices varies from community to community and even station to station, a good estimate of the increase, perhaps a bit conservative, is \$1 per gallon. It's mostly due to global oil markets reacting to the Russian invasion of Ukraine and efforts to punish Russian President Vladimir Putin with economic sanctions.

Last week in his State of the State address, Gov. Gavin Newsom dropped his previous proposal to offset the gas price increase with a very small "pause" in a scheduled state gas tax increase.

"Now, it's clear we must go further," Newsom said. "That's why, working with legislative leadership, I'll be submitting a proposal to put money back in the pockets of Californians to address rising gas prices."

That was it — no details, just a vague promise. While we await some indication of what Newsom intends, let's put a buck-a-gallon

price increase in numerical hardly worth doing. perspective:

-Californians own and drive 29 million automobiles and light trucks, such as pickups and SUVs;

-Each year, they rack up 330 billion miles of automotive travel, an average of about 11,000 miles per vehicle;

-Motorists burn 15 billion gallons of gasoline each year, which averages out to 517 gallons of fuel for each vehicle (43 gallons per month) and an average of 21 miles to the gallon;

-Therefore, on average Californians are paying an extra \$43 per month to drive, if one assumes the price increase has been \$1 per gallon.

Higher costs for refueling their cars can certainly be painful to those in lower income brackets or those, such as long-distance commuters, who are running up high mileage counts. But unto itself, \$43 a month has data on vehicle shouldn't be a critical issue for many Californians.

That said, we tend to focus on sharp price increases in everyday commodities, such as gasoline, as an indicator of high inflation. It's a squeaky wheel in political terms — and politicians feel compelled to grease the wheel or face a popular backlash.

So what can Newsom and legislators do to off- now on the agenda and it set higher gas prices in this election year?

The tax increase pause Newsom originally pro- a journalist for nearly 60 posed would have cost years, spending all but a few about \$500 million or a \$17

However, fully offsetting the jump could be a major hit on the state budget. At \$1 per gallon, it would require the state to rebate about \$15 billion to motorists for a full year — almost exactly what the prison system costs — or just over \$500 per vehicle.

The trick will be to make rebates large enough to have some positive psychological response from California motorists but small enough to avoid a major budget impact.

Would \$100 per car enough, perhaps for one 20-gallon fillup — sufficiently impress Californians that their politicians' hearts are in the right place? Even that relatively small amount would cost the state budget about \$3 billion.

Rebates of any size would be relatively easy to distribute if done on a per-vehicle basis, since the state already ownership.

It would become infinitely more complex to focus relief for those who are feeling price increases most keenly, such as low-income motorists or super commuters. That could become a bureaucratic nightmare on a par with the dysfunctional Employment Development Department.

The rebate promise is will be a very interesting situation to monitor.

Dan Walters has been of those years working for annual savings per vehicle, California newspapers.



## **Uplifted**

She travels the world for the best information to make our lives better. She is a wellness consultant, and has made extraordinary contributions in the fields of nutrition and balanced living. Dr. Susan Smith Jones is the founder and president of Health Unlimited in Los Angeles. With our upside-down world today from the pandemic to war, **Dr. Jones** has penned 'Uplifted" 12 Minutes to More Joy, Faith, Peace, Kindness and Vitality. She shared these tips on POPPOFF.

- 1.ADOPT AN ATTITUDE OF GRATITUDE. Be grateful for everything that's going on in your life, whatever the circumstances. This attitude can foster happiness and peace of mind, assisting you to live more fully.
- 2. WALK BAREFOOT OUTDOORS ON THE NATURAL GROUND. This is called earthing or grounding and you will be absorbing salubrious electrons through your feet into your body to boost your immunity, vitality and mood.
- 3. STRENGTHEN YOUR FAITH. Faith is an invisible and invincible magnet that attracts to itself whatever it fervently desires and expects. In 2 Corinthians 5:7 we read: Worry ends when faith begins.
- 4. LIVE BY THE GOLDEN RULE. Treat others with the compassion you wish to receive, and you will instantly feel more joy and peace. This starts with being compassionate with yourself and letting go of any negative self-talk.
- 5. FIND WAYS TO VOLUNTEER YOUR TIME. When you share your love and time with others, your brain's pleasure and rewards centers light up like a Christmas tree, and you release the neurotransmitters serotonin and dopamine, feel good chemicals which HAPPY LIVING!!!

combat anxiety and depression.

- 6.STRIVE TO GET 7-8 HOURS **SLEEP AT NIGHT.** Studies reveal that when you get more sleep on a regular basis, your stress level abates and you become a more compassionate, positive uplifted person.
- 7. CARVE OUT TIME TO **MEDITATE DAILY.** Practicing meditation will change your brainwaves in a positive way, and make you feel calmer, less anxious, more compassionate and optimistic and even help increase your income.
- 8. WHAT YOU EAT AFFECTS YOUR MOOD. If you want to feel more uplifted daily, you must eschew foods made with white sugar and white flour and choose to eat foods as close to the way nature made them as possible with lots of fresh fruits and veggies.
- 9. EXERCISE TO FEEL HAPPY AND UPLIFTED. Just ten minutes of aerobic exercise doubles the level of norepinephrine in the body, a chemical to happiness. Try to work it in at the beginning of your day to reap the benefits all day and have no excuses later in the in the day to skip your workout.
- 10. SPEND TIME IN NATURE. Nature calms us down and reduces anxiety. Whenever possible, find ways to exercise outdoors. In her book "Uplifted" she writes about a disease she calls NDD..."Nature Deficit Disorder." Too much time away from nature wrinkles our soul and deprives us of a cost-free "visual valium" experience. Our moms were right when they said "Go outside and play. To this she added..."Go outside to play and pray.

Check out Dr. Jones and her free monthly newsletter at www.susansmithjones.com.



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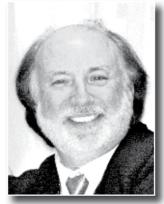
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Publisher, Paul V. Scholl

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Subscriptions should be mailed to The Rio Linda News, 7144 Fair Oaks Blvd. Suite 5, Carmichael, CA 95608. Subscription rate is \$32 per year within Rio Linda, Elverta, Sacramento County, \$42 outside Sacramento County.

The Rio Linda News is published weekly.

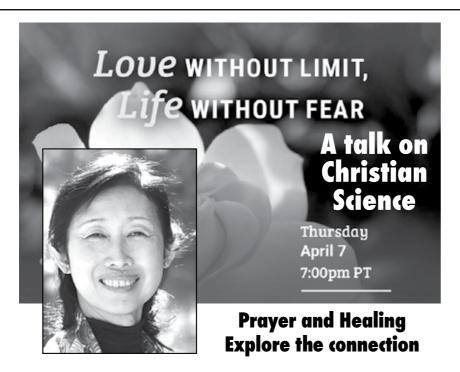
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MARCH 25, **2022** THE NEWS • 5



Sponsored by Fujiko Takai Signs, CSB
Christian Science practitioner and teacher
A member of the Christian Science Board of Lectureship

Carmichael, CA: Around the world people are looking to prayer for solutions, safety, and well-being. Fujiko Signs, practitioner of Christian Science healing and international speaker, will present an online talk titled, "Love without limit, Life without fear," Thursday, April 7 at 7 PM, online at www.tinyurl.com/yc286hfd and in-person viewing at First Church of Christ, Scientist, Carmichael located at 4949 Kenneth Ave. in Carmichael. The lecture online link can also be accessed directly at the church website ChristianScienceChurchCarmichael.com

The talk will focus on universal healing precepts found in the Holy Bible, especially in Christ Jesus' life and teachings, showing how they are available for anyone to understand and experience through the lens of Christian Science. This live web lecture is free, open to the community, and hosted by First Church of Christ, Scientist, in Carmichael.

"We will explore the relationship between prayer and healing through the universal divine truth that unites us," says Signs. "We will talk about the practical understanding of God as ever-present love so we can make progress, unafraid like trusting children."

Sharing examples of healing from her own life and professional practice of Christian Science, Ms. Signs

will explain why Christian Science is both Christian and scientific, meaning that people can prove its effectiveness for themselves, as fully described in the book Science and Health with Key to the Scriptures, written by the founder of the Christian Science movement, Mary Baker Eddy.

Ms. Signs will also touch on the life of Mary Baker Eddy, a mid-nineteenth century American woman, who came to understand, confirm, and teach what she felt was original Christian healing. Eddy herself said she was especially inspired by Jesus' demand, "He that believes on me, the works that I do will he do also; and greater works than these will he do, because I go unto my Father" (found in the Gospel of John 14:12 in the Bible).

For over 150 years, people around the world have worked to follow Christ Jesus in this practice of Christianity and continue to do so today, experiencing healings of physical ills and personal difficulties.

Fujiko Signs has been a Christian Science practitioner for many years, helping people on a daily basis through this scientific approach to prayer. Based in Tokyo, Japan, she speaks to audiences around the world as a member of the Christian Science Board of Lectureship.

Attend online! Go to: www.tinyurl.com/yc286hfd Group viewing at church, 4949 Kenneth Ave., Carmichael 916.487.9338

## The Posse is Coming

By Jack Frost, Co-Director of the CSPOA Nor-Cal Chapter

Remember yesteryear when the town Sheriff would form a "Posse" and ride out on horseback to chase down the "Law-Breakers"? Well, the CSPOA Citizen-Posse is gearing up and we need YOU to prepare to saddle up with us because we have a lot of work to do.

You ask...what is the CSPOA? It's the Constitutional Sheriffs and Peace Officers Association Founded by Sheriff Richard Mack in 2011. Go to www.CSPOA.org and "Join the Posse" for access to video's, articles, and a weekly webinar with Sheriff Mack.

#### You Can Join the Local CSPOA Posse Too!!

The first CSPOA Chapter in California has just been approved and will be led by three Co-Directors, Jason Nole, Brenna Toppenberg, and Jack Frost. The goal is to approve all 58-Counties in California to become "Regional County Affiliates"

(RCA's). The mission is to educate Law Enforcement, Elected Officials, and Citizens about their "Constitutional Rights" and the duties and responsibilities of their "Oath of Office".

Office".

Our first CSPOA Training featuring Sheriff
Mack and KrisAnne Hall is scheduled for
April 2nd at the "Church of Glad Tidings" in

Go to www.GorillaLearningInstitute.org/cspoa and purchase a ticket while they last!

Gorilla Learning Institute, founded by Supervisor Sue Frost, is a 501-C-3, sponsoring CSPOA's educational efforts through a Re-Grant Project known as "Friends of CSPOA" allowing your registration and donations to be tax deductible. The "Mission" of Gorilla Learning Institute is to educate citizens about the Constitution, U.S. History, Civics, and the Free Enterprise System.

We hope to see you at the April 2nd CSPOA Event so you can learn your Constitutional Rights and "Join the CSPOA Posse."

Contact Jack Frost: 916-616-7962c / jack-frost@ProSmallBizCA.org ★

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Roof rack, Running Boards (after market)
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Call Paul at 916-773-1111 (My office number) or email: publisher@mpg8.com

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#### FICTITIOUS BUSINESS NAME STATEMENTS

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-01338 Munireen Sami, 3520 Mission Avenue #14 Carmichael, CA 95608 are doing business under the Fictitious Business Name(s) "Coastal Cove Logistics" 3520 Mission Avenue #14 Carmichael, CA 95608 Filed with the Clerk of Sacramento County February 18, 2022 Publish: March 4, 11 18, and 25, 2022 COASTAL 3-25-22

> FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-01366

Clare Joy Janes, 2235 Glencoe Way Sacramento, CA 95826 are doing business under the Fictitious Business Name(s) "Bloom Schoolhouse" 2235 Glencoe Way Sacramento, CA 95826. Filed with the Clerk of Sacramento County February 22, 2022 Publish: March 4, 11 18, and 25, 2022

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-01350 Amber Anne Adams and Kevin Francis Adams, 6120 Beech Avenue #107 Orangevale, CA 95662 are doing business under the Fictitious Business Name(s) "Additional Dreams Design" 5150 Sunrise Boulevard Suite F3 Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County February 22, 2022 Publish: March 4, 11 18, and 25, 2022

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-01394 Jason Cody Evans, 1600 Response Road #3015 Sacramento, CA 95815 are doing business under the Fictitious Business Name(s) "Poke Base" 1600 Response Road #3015 Sacramento. CA 95815. Filed with the Clerk of Sacramento County February 23, 2022 Publish: March 4, 11 18, and 25, 2022 POKE 3-25-22

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-01368 Ahmad Wahid Habib, 3535 Marcon Avenue #131 Sacramento, CA 95821 and Abdul Shaleoor Qazizada, 1409 Merrilow Court Wake Forest, NO 27587 are doing business under the Fictitious Business Name(s) "Shipping Center & More" 4628 Watt Avenue North Highlands, CA 95660. Filed with the Clerk of Sacramento County February 22, 2022 Publish: March 4, 11 18, and 25, 2022 SHIPPING 3-25-22

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-01306 Andrew C. Fass, 11573 Melones Circle Gold River, CA 95670, Jason A. Fass, 3810 Randow Way Sacramento, CA 95864 are doing business under the Fictitious Business Name(s) "Fass Wealth Strategies Groups" 11573 Melones Circle Gold River, CA 95670. Filed with the Clerk of Sacramento County February 18, 2022 Publish: March 4, 11 18, and 25, 2022

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-01348 Donald Joseph Zemina, 7130 Winding Way Fair Oaks, CA 95628 are doing business under the Fictitious Business Name(s) "Motor Machine Super Shop, Motor Machine Super Shops, Super Shop, Super Shops, Motor Machine Co" 7620 Fair Oaks Bouevard Carmichael, CA 95608. Filed with the Clerk of Sacramento County February 22, 2022 Publish: March 4, 11 18, and 25, 2022

> FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-01253

3-25-22

MOTOR

Stacy Cisneros, 2106 63rd Avenue Sacramento, CA 95822 are doing business under the Fictitious Business Name(s) "Pizza Lovers Sac" 2106 63rd Avenue Sacramento, CA 95822, Filed with the Clerk of Sacramento County February 16, 2022 Publish: March 4, 11 18, and 25, 2022 3-25-22

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-01392 Jessica Ortega, 7033 Durham Street Citrus Heights, CA 95621 are doing business under the Fictitious Business Name(s) "Health is Harmony" 7033 Durham Street Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County February 23, 2022 Publish: March 4, 11 18, and 25, 2022

FICTITIOUS BUSINESS NAME STATEMENT FRNE2022-01446 JDV Distribution LLC. 3710 Branch Street Sacramento, CA 95838 are doing business under the Fictitious Business Name(s) "Ultimate Clean" 3710 Branch Street Sacramento, CA 95838. Filed with the Clerk of Sacramento County February 24, 2022 Publish: March 4, 11 18, and 25, 2022 3-25-22

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-01237 Anthony Silva and Tonia Silva, 8799 Rio Linda Boulevard Elverta, CA 95626 are doing business under the Fictitious Business Name(s) "Rio Java Coffee House" 440 Elkhorn Boulevard Suite 1 Rio Linda, CA 95673. Filed with the Clerk of Sacramento County February 16, 2022 Publish: March 4, 11 18, and 25, 2022

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-01456 Sweet Gift Wrap Photography & Video LLC, 117 Sierra Woods Circle, Folsom, CA 95630 are doing business under the Fictitious Business Name(s) "Sweet Gift Wrap Photography & Video" 117 Sierra Woods Circle Folsom, CA 95630. Filed with the Clerk of Sacramento County February 24, 2022 Publish: March 4, 11 18, and 25, 2022

FICTITIOUS BUSINESS NAME

STATEMENT FBNF2022-01214 Stacy Gaebe, 50 Fullerton Court #101 Sacramento, CA 95825 are doing business under the Fictitious Business Name(s) "SLG Investments" 50 Fullerton Court #101 Sacramento, CA 95825, Filed with the Clerk of Sacramento County February 15, 2022 Publish: March 4, 11 18, and 25, 2022 SLG

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-01000 Julie Anne Garibald-Hannan and Zachary William Hannan, 11051 Fair Oaks Bouevard Fair Oaks, CA 95628 are doing business under the Fictitious Business Name(s) "Cherry Hill Farms, Cherry Hill Nursery" 11051 Fair Oaks Bouelvard Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County February 7, 2022 Publish: March 4, 11 18, and 25, 2022

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-01478 Gary S. Lang, 7839 Ahl Way Fair Oaks, CA 95628 are doing business under the Fictitious Business Name(s) "Lang-Apps Virtual Immerson" 7839 Ahl Way Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County February 25, 2022 Publish: March 4, 11 18, and 25, 2022

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-01272 Alex Sergey Sinsor, 6633 Cherry Lane Rio Linda, CA 95673 are doing business under the Fictitious Business Name(s) "Western Lakes Contracting" 6633 Cherry Lane Rio Linda, CA 95673, Filed with the Clerk of Sacramento County February 17, 2022 Publish: March 11 18, 25, and April 1, 2022 WESTERN

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-01588 Tyrell Turner, 4494 Mary Lynn Lane #3A Carmichael, CA 95608 are doing business under the Fictitious Business Name(s) "The Water Heater Guyz" 4494 Mary Lynn Lane #3A Carmichael, CA 95608. Filed with the Clerk of Sacramento County March 2, 2022 Publish: March 11 18, 25, and April 1, 2022

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-01164 Mayra Tamayo-Luna and Eugenie Gonzalez-Tamayo, 8217 Coed Lane Sacramento, CA 95828 are doing business under the Fictitious Business Name(s) "Luna's Cleaning Services" 8217 Coed Lane Sacramento, CA 95828. Filed with the Clerk of Sacramento County February 14, 2022 Publish: March 11 18, 25, and April 1, 2022 4-1-22

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-01439 Frederico Marques, 11603 Gold Country Boulevar Gold River, CA 95670 and Juliana Coutinho, 204 Andalusian Way Roseville, CA 95678 are doing business under the Fictitious Business Name(s) "Fast N Easy Auto Sales" 7823 Fair Oaks Boulevard Carmichael, CA 95608, Filed with the Clerk of Sacramento County February 24, 2022 Publish: March 11 18, 25, and April 1, 2022

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-01361 Midway Towing N Bay Inc, 6950 34th Street Suite 230A North Highlands, CA 95660 are doing business under the Fictitious Business Name(s) "Quality North Bay" 6950 34th Street North Highlands, CA 95660. Filed with the Clerk of Sacramento County February 22, 2022 Publish: March 11 18, 25, and April 1, 2022

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-01628 Dmitriy Romanyuk, 1620 Winchester Way Roseville, CA 95661 are doing business under the Fictitious Business Name(s) "Remedy Real Estate" 1610 R Street Suite 280 Sacramento, CA 95811, Filed with the Clerk of Sacramento County March 3, 2022 Publish: March 11 18, 25, and April 1, 2022 REMEDY 4-1-22

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-01585 Orantha Mae Edington Powell, 35 Ramble Oak Circle Sacramento, CA 95831 are doing business under the Fictitious Business Name(s) "Empowerment Solutions for Young Black Men" 35 Ramble Creek Circle Sacramento, CA 95831. Filed with the Clerk of Sacramento County March 2,, 2022 Publish: March 11 18, 25, and April 1, 2022 **EMPOWERMENT** 

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-01059 Penny Valley Child Care Inc, 4331 Galbrath Drive Sacramento, CA 95842 are doing business under the Fictitious Name(s) "Ready Set Go Children's Center" 4331 Galbrath Drive Sacramento, CA 95842. Filed with the Clerk of Sacramento County February 8, 2022 Publish: March 11 18, 25, and April 1, 2022

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-01524 Tamara Lee Summer, 6129 Terrell Drive #A Citrus Heights, CA 95621 are doing business under the Fictitious Business Name(s) "The Genealogy Helper" 6129 Terrell Drive #A Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County February 28, 2022 Publish: March 11 18, 25, and April 1, 2022 GENEALOGY

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-01555 Morris Motors 1107 LLC. 14176 Highway 160 Walnut Grove, CA 95690 are doing business under the Fictitious Business Name(s) "Morris Morris" 14176 Highway 160 Walnut Grove, CA 95690. Filed with the Clerk of Sacramento County March 1, 2022 Publish: March 11 18, 25, and April 1, 2022

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-01684 Miguel Angel Zarate Ortiz and Maria Victoria Zomeno Sevilla, 9247 Delair Way Elk Grove, CA 95758 are doing business under the Fictitious Business Name(s) "DZ Sport Horses" 9247 Delair Way Elk Grove, CA 95758. Filed with the Clerk of Sacramento County March 4, 2022 Publish: March 11 18, 25, and April 1, 2022

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-00753 1st Rate Loans, LLC, 18501 Murdock Circle Suite 101 Port Charlotte, FL 33948 are doing business under the Fictitious Business Name(s) "Motto Mortgage, 1st Rate" 2804 Gateway Oaks Drive #100 Sacramento, CA 95833. Filed with the Clerk of Sacramento County January 28, 2022 Publish: March 18, 25, April 1, and 8, 2022

> FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-01438

Thuy Thi Nguyen, 24 Windchime Court Sacramento, CA 95823 is doing business under the Fictitious Business Name(s) "Brandie Paul Nails & Spa" 9475 Madison Avenue #110-120 Folsom CA 95630. Filed with the Clerk of Sacramento County February 24, 2022 Publish: March 18, 25, April 1, and 8, 2022

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-01691 Posh Motorsports, 10 Main Avenue #6 Sacramento, CA 95838 are doing business under the Fictitious Business Name(s) "Posh Motorsports" 10 Main Avenue Suite 6 Sacramento, CA 95838. Filed with the Clerk of Sacramento County March 4, 2022 Publish: March 18, 25, April 1, and 8, 2022

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-01693 James Mayfield-Martinez, 1117 Vessona Circle Folsom, CA 95630 are doing business under the Fictitious Business Name(s) "Lifted Peaks" 1117 Vessons Circle Folsom, CA 95630. Filed with the Clerk of Sacramento County March 4, 2022 Publish: March 18, 25, April 1, and 8, 2022

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-01633 Nina Krishel, 1501 16th Street #420 Sacramento, CA 95814 are doing business under the Fictitious Business Name(s) "Nina Krishel Consulting" 1501 16th Street #420 Sacramento, CA 95814. Filed with the Clerk of Sacramento County March 3, 2022 Publish: March 18, 25, April 1, and 8, 2022

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-01758 Mario Tapa Fonseca, 116 Hickory Street Unit A Roseville, CA 95678 are doing business under the Fictitious Business Name(s) "Express UB Auto Detailing" 116 Hickory Street Unit A Roseville, CA 95678. Filed with the Clerk of Sacramento County March 7, 2022 Publish: March 18, 25, April 1, and 8, 2022 **EXPRESS** 

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-01140 Pursuit LLC, 6056 Rutland Drive Suite B326 Carmichael, CA 95608 are doing business under the Fictitious Business Name(s) "Roadnet" 6056 Rutland Drive Sute B326 Carmichael CA 95608 Filed with the Clerk of Sacramento County February 10, 2022 Publish: March 18, 25, April 1, and 8, 2022

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-01716 Elfren D. Quial 4406 Miller Creek Court Stockton, CA 95219 are doing business under the Fictitious Business Name(s) "AlveoMed Nursing School" 8300 Fair Oaks Boulevard Suite 304 Carmichael, CA 95608. Filed with the Clerk of Sacramento County March 7, 2022 Publish: March 18, 25, April 1, and 8, 2022 ALVEO

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-01511 My Huong Thi Cao, 8438 Ardelle Way Elk Grove, CA 95624 is doing business under the Fictitious Business Name(s) "Derma Glow" 6624 Laguna Boulevard Suite 112 Elk Grove, CA 95758. Filed with the Clerk of Sacramento County February 28, 2022 Publish: March 18, 25, April 1, and 8, 2022

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-01356 International Endeavours LLC, 7420 Watt Avenue APT #113 North Highlands, CA 95660 are doing business under the Fictitious Business Name(s) "DTE Development" 7420 Watt Avenue Apt #113 North Highlands, CA 95660, Filed with the Clerk of Sacramento County February 22, 2022 Publish: March 18, 25, April 1, and 8, 2022

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-01271 Alex Kulinich, 2335 Pez Vela Place Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Golden River Contracting" 2335 Pez Vella Place Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County February 17, 2022 Publish: March 18, 25, April 1, and 8, 2022 GOLDEN

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-01634 Zsn Burgerim LLC, 4040 Sunrise Boulevard Suite 100 Rancho Cordova, CA 95742 are doing business under the Fictitious Business Name(s) ZSN Burgerim LLC" 4040 Sunrise Boulevard Suite 100 Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County March 3, 2022 Publish: March 18, 25, April 1, and 8, 2022 BURGERIM 4-8-22

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-01513 Kapi Smith, 11820 Melones Circle Gold River, CA 95670 is doing business under the Fictitious Business Name(s) "Kapri Wax & Skin Bar" 1134 Coloma Boad Suite 645 Gold River, CA 95670. Filed with the Clerk of Sacramento County February 28, 2022 Publish: March 18, 25, April 1, and 8, 2022

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-01312 John Holt, 3315 Spicewood Drive Folsom. CA 95630 is doing business under the Fictitious Business Name(s) "Neck of the Woods" 3315 Spicewood Drive Folsom, CA 95630. Filed with the Clerk of Sacramento County February 18, 2022 Publish: March 18, 25, April 1, and 8, 2022

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-00653 All Inclusive Medical Services Urgent Care, Inc, 5900 Coyle Avenue Sute B Carmcihael, CA 95608 are doing business under the Fictitious Business Name(s) "AIMS Urgent Care" 5900 Coyle Avenue Suite B Carmichael, CA 95608. Filed with the Clerk of Sacramento County January 27, 2022 Publish: March 18, 25, April 1, and 8, 2022

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-01891 Cheyene Renae Keniston, 2826 Muskrat Way Sacramento, CA 95834 is doing business under the Fictitious Business Name(s) "CK Consulting, CRK Consulting" 2826 Muskrat Way Sacramento, CA 95834. Filed with the Clerk of Sacramento County March 10, 2022 Publish: March 18, 25, April 1, and 8, 2022 4-8-22

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-01696 Jeanette Rodriguez, 4820 37th Avenue Sacramento, CA 95834 are doing business under the Fictitious Business Name(s) "Mirala Boutique" 5504 547th Street Sacramento, CA 95820. Filed with the Clerk of Sacramento County March 4, 2022 Publish: March 18, 25, April 1, and 8, 2022 MIRAI A

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-01799 Gyro and Shawarma LLC, 2931 Sunrise Boulevard Suite 100 Rancho Cordova, CA 95742 are doing business under the Fictitious Business Name(s) "Bonfire Pizza and Wings" 10731 Coloma Road Rancho Cordova, CA 95742, Filed with the Clerk of Sacramento County March 9, 2022 Publish: March 18, 25, April 1, and 8, 2022

FICTITIOUS BUSINESS NAME

STATEMENT FBNF2022-01725 10th Island Foods Co LLC 3219 Petty Lane Carmichael, CA 95608 are doing business under the Fictitious Business Name(s) "Got Plate Lunch" 3219 Petty Lane Carmichael, CA 95608 Filed with the Clerk of Sacramento County March 7, 2022. Publish: March 18, 25, April 1 and 8, 2022 GOT

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-02040 Renee Marie Abu-Green, 199 Cosimo Court El Dorado Hills, CA 95762 is doing business under the Fictitious Business Name(s) "Nay Nav's Nails" 13405 Folsom Boulevard Suite 140 Folsom, CA 95630. Filed with the Clerk of Sacramento County March 16, 2022 Publish: March 25, April 1, 8, and 15, 2022

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-02098 Livwell Referral Agency, 4534 Jenness Way Sacramento, CA 95842 is doing business under the Fictitious Business Name(s) "Livwell, Livwell In home Care" 4534 Jennes Way Sacramento, CA 95842, Filed with the Clerk of Sacramento County March 8, 2022 Publish: March 25, April 1, 8, and 15, 2022 LIVWELL

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-01793 Zian's Family Beauty Supply LLC, 6472 Romack Circle Sacramento, CA 95822 is doing business under the Fictitious Business Name(s) "Tierra Phillips" 6472 Romack Circle Sacramento, CA 95822. Filed with the Clerk of Sacramento County March 8, 2022 Publish: March 25, April 1, 8, and 15, 2022

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-01934 Haeleigh Sinerios, 8081 Ramblewood Way Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "Reiki by Haeleigh" 8081 Ramblewood Way Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County March 11, 2022 Publish: March 25, April 1, 8, and 15, 2022 4-15-22

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-01896 Wanda Nichols, 3429 Winning Way Sacramento, CA 95823 is doing business under the Fictitious Business Name(s) "Vanda Inspired" 3429 Winning Way Sacramento, CA 95823, Filed with the Clerk of Sacramento County March 10, 2022 Publish: March 25, April 1, 8, and 15, 2022

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-02056 Daniel R. Wright, 5305 Gibbons Drive Carmichael. CA 956008 is doing business under the Fictitious Business Name(s) "Liquid Landscape Services" 4021 California Avenue No 17 Carmichael, CA 95608. Filed with the Clerk of Sacramento County March 16, 2022 Publish: March 25, April 1, 8, and 15, 2022

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-02044 Jerry F Ahlin, 2311 W. La Loma Drive Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Creative Arts Co" 2311 W. La Loma Drive Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County March 16, 2022 Publish: March 25, April 1, 8, and 15, 2022

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-01988 Engine Planet, 8559 Blackberry Way Elk Grove, CA 95624 is doing business under the Fictitious Business Name(s) "Engine Planet" 7000 Franklin Boulevard Suite 730 Sacramento, CA 95823. Filed with the Clerk of Sacramento County March 14, 2022 Publish: March 25, April 1, 8, and 15, 2022

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-01775 Ivan Hramma. 2966 Chateau Montelena Way Sacramento, CA 95834 is doing business under the Fictitious Business Name(s) "Transportation" 2966 Chateau Montelena Way Sacramento, CA 95834. Filed with the Clerk of Sacramento County March 8, 2022 Publish: March 25, April 1, 8, and 15, 2022 TRANSPORTATION

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-01606 Veterans Golf Park for Disabled Veterans, 8040 Hoopes Drive Citrus Heights, CA 95610 are doing business under the Fictitious Business Name(s) "Veterans Community Center" 6921 Sylvan Road Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County March 2, 2022 Publish: March 25, April 1, 8, and 15, 2022 VETERANS

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-01423 TransCapital Ventures. Inc. 5616 Kingswood Drive Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "TransCapital Realty" 5616 Kingswood Drive Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County February 23, 2022 Publish: March 25, April 1, 8, and 15, 2022

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-01960 Jesse A. Mahon, 1609 Stewart Road Sacramento, CA 95864 is doing business under the Fictitious Business Name(s) "Jesse's Safe Co" 1609 Stewart Road Sacramento, CA 95864. Filed with the Clerk of Sacramento County March 11, 2022 Publish: March 25, April 1, 8, and 15, 2022 4-15-22

ORDER TO SHOW FOR CHANGE OF NAME SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2022-00315353

Mohanad Mohammed Mahmood has filed a petition with this court for a decree changing the name(s) of Mohanad Mohammed Mahmood to Mohanad Mohammed Alshammary, Ahmed Mohanad Mohammed Alshammary, Aritheu Mohanad Alshammary, Lama Mohanad Mohammed toLema Mohanad Alshammary, Taim Mohanad Mohammed to Taim Mohanad Alshammary . IT IS ORDERED that all persons

interested in the above-entitled matter appear before this court at 9:00a.m. on April 6, 2022, in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: February
Christopher E.
Judge of the Su Krueger, Judge of the Superior Publish: March 4, 11 18, and 25, 2022

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2022-00315667

FNU Taiinder Kumar has filed a petition with

this court for a decree changing the name(s) of FNU Tajinder Kumar to Tajinder Kumai Kaul, FNU Navita to Navita Kumar Kaul, FNU Nitek Kumar to Nitek Kumar Kaul IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00a.m. on April 12, 2022, in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: February 18, Christopher E. Judge of the Superior Krueger, Judge of the Superior Publish: March 4, 11 18, and 25, 2022

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2022-00315599 Maria Christina Keene has filed a petition with this court for a decree changing the name(s)

of Maria Christina Keene AKA Maria Christina Clave Keene to Maria Christina Keene Failla IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00a.m. on April 12, 2022, in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: February 17, 2022 Christopher E. Krueger, Judge of the Superior Court

Judge of the Superior Publish: March 4, 11 18, and 25, 2022 SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2022-00315075

Michael Harold Wayne Rideout has filed a netition with this court for a decree changing the name(s) of Michael Harold Wayne Rideout to Michael Jabari Rahotep, and Chalena Jaynail Aiston to Chalena Isali Rahoten IT IS ORDERED that all persons

interested in the above-entitled matter appear before this court at 9:00a.m. on March 29, 2022, in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: February 4, Christopher E. Judge of the Superior Krueger, Publish: March 4, 11 18, and 25, 2022 3-25-22 **RAHOTEP** 

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2022-00315606 Allison Marie Taylor has filed a petition

with this court for a decree changing the name(s) of Weston Michael Debrodt to Weston Michael Taylor, Quinn Dawn Debrodt to Quinn Dawn Taylor, and Paige Diane Debrodt to Paige Diane Taylor. IT IS ORDERED that all persons interested in the above-entitled matter

appear before this court at 1:30p.m. on April 12, 2022, in Department 53, located at 813 6th Street, Sacramento, CA 95814. and show cause, if any, why the petition for Change of Name should not be granted. Dated: February 17, 2022 RichardK.Sueyoshi,JudgeoftheSuperiorCourt Publish: March 4, 11 18, and 25, 2022

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE #34-2022-00315563 Chofa Moses Jose Calonge has filed

a petition with this court for a decree

changing the name(s) of Chofa Moses Jose Calonge to Chofa Moses Grijalva. IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 1:30p.m. on April 12, 2022, in Department 53, located at 813 6th Street, Sacramento, CA 95814. and show cause, if any, why the petition for Change of Name should not be granted Dated: February 17, 2022 RichardK.Sueyoshi,JudgeoftheSuperiorCourt Publish: March 4, 11 18, and 25, 2022 GRIJALVA

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2022-00304022 LaNice Delorean DeShields aka LaNice

Delorean Feathers has filed a petition with this court for a decree changing the name(s) of LaNice Delorean DeShields aka LaNice Delorean Rivera to Kitty Delorean Feathers.
IT IS ORDERED that all persons interested in the above-entitled appear before this court at 1:30p.m. on March 30, 2022, in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted

Dated: February 4, 2022 RichardK.Sueyoshi,JudgeoftheSuperiorCourt Publish: March 4, 11 18, and 25, 2022 SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2022-00315940 Saranieet Smara has filed a petition with this court for a decree changing the name(s) of Saranieet Samra to Saranieet Kaur Gill

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00a.m. on April 19, 2022, in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Ausc.,
Name sinc.
February
E.
Superior
and Apri Change of Name should not be granted. Krueger, Christopher Judge of the Judge of the Superior Cou-Publish: March 11, 18, 25, and April 1, 2022 4 -1-2

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2022-00315237

Makai William Garcia has filed petition with this court for a deci changing the name(s) of Makai William Garcia to Makai William Gessner. to Makai William Gessner.
IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00a.m. on April 5, 2022, in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted Dated: February 9, 2022 Christopher E. Krueger, Judge of the Superior Court Judge of the Superior Cou Publish: March 11, 18, 25, and April 1, 2022 4 -1-2

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2022-00315802 Iman Mohammed Ali Al Deewan has filed a

petition with this court for a decree changing

the name(s) of Iman Mohammed Ali Al

Deewan to Eman Mohammed Aldeewan

IT IS ORDERED that all persons

interested in the above-entitled matter appear before this court at 9:00a.m. on April 14, 2022, in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: February 23, Christopher E. Judge of the Superior Krueger, Judge of the Superior Cou. Publish: March 11, 18, 25, and April 1, 2022 4-1-2 4-1-22

ALDEEWAN SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME

#34-2022-00315778 Britta Kay Hagberg has filed a petition with this court for a decree filed a changing the name(s) of Holden Jack Anderson to Holden Jack Hagberg. IT IS ORDERED that all persons

interested in the above-entitled matter appear before this court at 9:00a.m. on April 13, 2022, in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: February 23, Christopher E. Judge of the Superior 2022 Krueger. Publish: March 11, 18, 25, and April 1, 2022 HAGBERG

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2022-00315358 Alla Danilovna Olevnik has filed a petition with

this court for a decree changing the name(s) of Alla Danilovna Olevnik to Alla Titova. IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00a.m. on April 6, 2022, in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: February 10, 2022
Christopher E. Superior Coupublish: March 11, 18, 25, and April 1, 2022 SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2022-00315360

Krueger,

Heidi Dawn Smith has filed a petition with this court for a decree changing the name(s) of Heidi Dawn Smith to Mary Jane Bapat.
IT IS ORDERED that all persons interested in the above-entitled appear before this court at 9:00a.m. on April 6, 2022, in Department 54, at 813 6th Street, Sacramento, CA 95814. and show cause, if any, why the petition for Change of Name should not be granted. Dated: February 10, 2022 Charled in Name Should not be grafilled.

Dated: February 10, 2022

Christopher E. Krueger,
Judge of the Superior Court
Publish: March 11, 18, 25, and April 1, 2022

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2022-00316077

FNU Mohammad Ashraf and Basera Basera has filed a petition with this court for a decree changing the name(s) of Mohammad Harris Harris to Harris Mohammadi, Mohammad Waris Waris to Waris Mohammadi, Lema Lema to Lema Mohammadi, Marwa Marwa to Marwa Mohammadi and Mohammad Ali Ali to Ali Mohammadi. IT IS ORDERED that all persons

interested in the above-entitled matter appear before this court at 9:00a.m. on ril 20, 2022, in Department 54, located at 813 6th Street, Sacramento, CA 95814. and show cause, if any, why the petition for Change of Name should not be granted. Dated: February 28, Christopher E. Judge of the Superior Krueger, Court Publish: March 11, 18, 25, and April 1, 2022

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME

#34-2022-00315965 Elliot Louis Henne has filed a petition with this court for a decree changing the name(s) of Elliot Louis Henne to Elie Dao Yuan Wu. IT IS ORDERED that all persons

interested in the above-entitled appear before this court at 1:30p.m. on April 19, 2022, in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: February 24, 2022 RichardK.Sueyoshi,JudgeoftheSuperiorCourt Publish: March 11, 18, 25, and April 1, 2022

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2022-00315939

William Lamont Murray has filed a petition with this court for a decree changing the name(s) of William Lamont to Flisha Demetrius Bronner IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 1:30p.m. on April 19, 2022, in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: February 25, 2022 RichardK.Sueyoshi,JudgeoftheSuperiorCourt Publish: March 11, 18, 25, and April 1, 2022 BRONNER 4-1-2

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2022-00315941

Amritpal Singh has filed a petition with this court for a decree changing the name(s) of Amritpal Singh to Amritpal Singh Gill.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 1:30p.m. on April 19, 2022, in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: February 25, 2022 RichardK.Sueyoshi,JudgeoftheSuperiorCourt Publish: March 11, 18, 25, and April 1, 2022

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2022-00315355

LaCresha Dixon Whitfiled has filed a petition with this court for a decree changing the name(s) of LaCresha Shanise Dixon of LaCresha Shanise Whitfield aka LaCresha Shanise White to LaCresha Shanise Dixon Whitfield. IT IS ORDERED that all persons

interested in the above-entitled matter appear before this court at 1:30p.m. on April 6, 2022, in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. February 14, RichardK.Sueyoshi,JudgeoftheSuperiorCourt Publish: March 11, 18, 25, and April 1, 2022



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6 p.m., Sunday Night Bible Study

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Rio Linda, CA 95673

(916) 991-2668

Church 10:30 a.m.

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Wednesday Bible Classes: 7:00 p.m.

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**CLUES** 

ACROSS

Hoover

12. Gravy holder

14. More certain

18. \*"Days to

21. Apartments, e.g. 22. \*Plumerias are often

42. Mother lode stuff 43. African bloodsucking

55. Frustration, in a comic

56. \*Holds a plant stem to a

57. Type of hot sandwich 59. One born to Japanese

60. Urban legends, e.g.

62. Shakespeare's "at

64. \*Flower's location after

Who Loved

Across

support

immigrants

61. Check out

another time

63. "The \_

a garden?

1. Kimono closer

6. \*Goes to seed

8 \*Plant variety

9. Famous canal

7. Rotten and stinky

11. Make a blunder

19. Loosen laces

22. Tennis do-over 23. \*Splice, to a gardener

24. Nimbi on ikons 25. In the cooler (2 words)

28. Mother-of-pearl 29 \*Kind of thumb

32. Pizzeria output, pl.

38. Sneaked glances

41. "The Shawshank Redemption"

36. \*N in N-P-K

26. Former Saint Brees 27. "Pulling my leg," e.g

13. Church service oil

14. Salesman's speech, e.g.

2. Banish to Hades

3. Crunched numbers

5. \*Seed plant's harvest

10. Hold as a conviction

4. Facebook's update feature

DOWN

seed nacket 20. Big-ticket

17. One who plies one's trade

15. Tiny bit



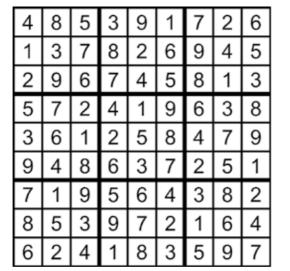


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used in this Hawaiian greeting 23. Scrooge's visitors 26. Digging into 30. What Carl Lewis did 31. Bestow 34. Month before Nisan 35. Dress with a flare 37. Choler 38. On a store tag 39. Central points 40. Paul Reubens' Herman

45. Salty dogs 47. Current tense of #30 63 48 Retches 50. Bovine cries BRING EVERYTHING 52. \*Like an aggressive weed

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44. Served raw 46. Isaac of science fiction 48. This Dogg can rap 49. What Elton John tickles, sing.

50. Street in Anytown, USA 51. Guesstimate phrase (two words) 52. Bodily disorders . Spanish

53. Lope de 54. Building extensions

55. Nurses' org. 58. \_\_\_\_ time in golf



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THE NEWS  $\cdot$  9 MARCH 25, **2022** 

## WEEKLY COMICS

















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EVER HAPPEN TO YOU? YOU'RE A NEW PUPPY OWNER AND YOU GO TO THE SUPERMART AND -IT'S YOUR FIRST TIME PICKING WHICH

WHA'.? THERE MUST BE 100 DIFFERENT

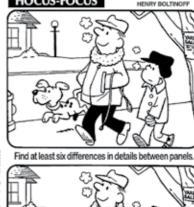




LAFF-A-DAY

Just Like Cats & Dogs

by Dave T. Phipps OK, BY THE LOOKS OF THIS THERE IS NOTHING "AUTOMATIC" ABOUT THIS WASHING MACHINE.







"Never give up, Slugg ... especially on that tunnel."



"You can be replaced by a nice cat you know!"

**County Shelter Reopens Veterinary Outreach Program** 

By Allison Harris, Sac County PIO

SACRAMENTO COUNTY, CA (MPG) -Sacramento County's Bradshaw Animal Shelter is bringing back their mobile pet wellness clinic.

Their first clinic is scheduled for Sunday, March 20, 2022, at Howe Park in the Arden-Arcade area between 10

a.m. and 1 p.m. The mobile dog clinic is part of the Bradshaw Animal Assistance Team (BAAT) veterinary outreach. The program provides free basic veterinary services to low-income and unsheltered pet owners in Sacramento County. Prior to the pandemic, the volunteer-run program provided critical care for more than 9,200 pets in our community from 2016

"The need for care has only increased

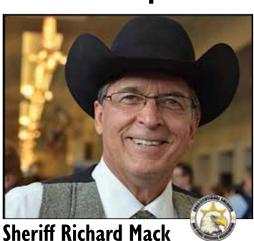
during the past two years of the pandemic," says BAAT Clinic & Shelter Volunteer Coordinator, Celeste Ingrid. "We're looking forward to getting back into our communities with the care that disadvantaged pets need."

The mobile clinic offers many free ser-

- vices for dogs including: Vaccinations
- Microchipping
- Deworming
- Engraved ID tags and collars
- Flea prevention
- Treatment of some minor medical

conditions For more information about the upcoming clinic, visit the shelter's Facebook page. If you're interested in volunteering for an upcoming clinic, please contact the BAAT Clinic Coordinator Celeste Ingrid.

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## **Revised Sacramento County Housing Element Approved**

Sacramento County Press Release

SACRAMENTO, CA (MPG) - The Sacramento County Board of Supervisors voted unanimously on March 8 to adopt a resolution amending the Sacramento County General Plan, including the Housing Element.

The Board of Supervisors approved the initial General Plan Amendment amending the Housing Element of the Sacramento County General Plan back in July 2021, and Planning and Environmental Review (PER) submitted the adopted Housing Element to State of California Housing and Community Development Department (HCD) for certification in July 2021.

On October 28, 2021, PER staff received a letter from HCD requiring additional changes for certification.

Between December 2021 and February 2022, PER staff worked with HCD and the Sacramento Housing Alliance (SHA) to address all concerns and comments related to the Housing Element.

"The Revised Housing Element includes program clarifications that respond to the State of California Housing and Community Development Department and Sacramento Housing Alliance comments," said Todd Smith, Principal Planner. "With the approval of the Board of Supervisors, the adopted Housing Element will be resubmitted to the HCD, and we are confident that it will be certified."

Two versions of the approved Housing Element are available for review on the PER Housing Element Update webpage: a "clean" version and a version with changes tracked.

10 • THE NEWS MARCH 25, 2022

## UC Davis, Dalian Medical University Researchers May Provide Hope in Alleviating Neuroinflammation in Parkinson's Disease

Story by Kathy Keatley Garvey, UCD Department of Entomology and Nematology

**DAVIS, CA (MPG)** - A natural product from the dried root of a pea-family plant, potentially combined with an enzyme inhibitor discovered in the Bruce Hammock laboratory at the University of California, Davis, may provide hope in alleviating neuroinflammation in Parkinson's disease, an eight-member team of researchers from Dalian Medical University, China, and UC Davis announced.

Their novel research, published in the current edition of the Proceedings of the National Academy of Sciences (PNAS), shows that a soluble epoxide hydrolase (sEH) inhibitor and kurarinone, a compound from the dried root of Sophora flavescens, reduced neuroinflammation in an animal model with Parkinson's disease (PD). The dried root, also known as kushen, has been used for hundreds of years in traditional Chinese medicines.

"Traditional Chinese medicines play an immeasurable role in the treatment of all kinds of diseases," said lead researcher Cheng-Peng Sun, a Dalian Medical University professor who is partnering with the Hammock lab on the PD research. For the past 35 years, Hammock, a distinguished professor who holds a joint appointment with the Department of Entomology and Nematology and the UC Davis Comprehensive Cancer Center, has researched enzyme inhibitors that dramatically reduce inflammation, inflammatory pain and neuropathic pain.

"We investigated the neuroprotective effects of S. flavescens in Parkinson's disease based on the neuroinflammation," Sun explained. "Our extensive studies indicated that kurarinone possesses several pharmacological effects, including anti-inflammatory and antioxidative activities."

The research, titled "Kurarinone Alleviated Parkinson's Disease via Stabilization of Epoxyeicosatrienoic Acids in Animal Model (Mice)," may lead to an effective therapy for PD, a progressive neurogenerative or brain disorder which affects more than 10 million people worldwide, including a million in

the United States, according to the Mayo Clinic. Most PD patients are 65 or over and most are men. There is no cure.

"Basically, kurarinone targets the soluble epoxide hydrolase (sEH), which is a key regulatory enzyme involved in the metabolism of fatty acids, and inhibitors of the sEH enzyme resolve neuroinflammation," said Professor Hammock, corresponding author. "The enzyme regulates a newly studied class of natural chemical mediators, which in turn regulates inflammation, blood pressure and pain."

"We have known for a number of years that the soluble epoxide hydrolase inhibitors, now in human safety trials, are active in reducing the development of Parkinson's disease in several rodent models," Hammock said. "The evidence for this is quite strong, particular based on work of our longterm collaborator Kenji Hashimoto at Chiba University in Japan. Certainly, Parkinson's disease is one of our targets for the sEH inhibitors, but the regulatory path is slow and expensive.

This path becomes much faster for a natural product, so the discovery of this natural product from Cheng-Peng's laboratory potentially offers relief to patients far faster than a classical pharmaceutical."

"In addition to its use as a natural product for treating Parkinson's disease, kurarinone provides a new model for the design of still more active compounds to block the neuroinflammation associated with multiple neurodegenerative diseases where sEH inhibitors have shown efficacy in rodent models including Alzheimer's, autism, and other disorders," Hammock said. "The fact that kurarinone binds in the sEH enzyme in an adjacent but non-identical site opens the door to new synthetic drugs for these diseases."

"From the standpoint of drug design in general and discovery of natural biologically active compounds in particular," Hammock said, "the Sun laboratory in China used the kurarinone project to pioneer new techniques in discovering natural plant products for disease treatment."

Co-author Christophe Morisseau, a biochemist in the Hammock lab, performed the enzyme kinetics, demonstrating the potency of the compound and how it interacts with the enzyme. "This research is important in two ways," he said. "In lay terms, it demonstrates the use of a natural compound to treat Parkinson's disease. Right now, there is no effective treatment for this disease, so this is pretty cool. And we show that the compound used has a novel mechanism of inhibiting sEH compared to the previous inhibitors published."

UC Davis Health System neurologist and School of Medicine Professor Lin Zhang, who is known for his PD expertise (he was not involved in the study), praised the research as novel and "Although we now have multiple medications to manage the debilitating symptoms of Parkinson's disease, we still don't have a way to stop the progression of the disease, not to mention having a cure," said Zhang, who treats PD patients. "The conventional wisdom believes the reason for that is that we have been only treating the symptoms, not the cause of the disease. One of the contributing causes, as evidenced recently, has been neuroinflammation."

A common Parkinson model comes from mice treated with MPTP (1-methyl-4-phenyl-1,2,3,6-tetrahydropyridine). Tragically this deadly drug was discovered as an impurity in a recreational "This paper shows that when parkinsonian mice were treated with the natural product kurarinone, their Parkinson-like behaviors were significantly alleviated by attenuation of neurotoxicity," Zhang said. "The same natural product was able to suppress sEH activities selectively so much so that neuroinflammation was markedly ameliorated. Furthermore, when the same models had their sEH gene knocked out, kurarinone did not provide additional protection against Parkinsonism."

"This paper shows that kurarinone, a natural product, is able to alleviate Parkinson symptoms," Zhang pointed out. "The mechanism for that has something to do with the fact that kurarinone targets soluble epoxide hydrolase (sEH) which mediates neuroinflammation. Products capable of inhibiting sEH like kurarinone can provide a novel, yet promising, mechanism to reduce neuroinflammation,

subsequently treating neurodegenerative disorders including PD at its core."

Added Zhang: "These findings presented in this paper help to solidify the candidacy of sEH as a key player of PD pathogenesis via neuroinflammation, underscoring the role of sEH inhibitors as a new class of anti-neuroinflammatory pharmaceuticals treating neurodegenerative disorders including PD."

Hammock lab researcher Sung Hee Hwang, an organic chemist, has been making small molecule inhibitors for Parkinson's disease, "and the crystal structure of sEH bound to kurarinone will be a great help to him," Hammock said. "He has been working with Jogen Atone who is just finishing his doctorate in the UC Davis Pharmacology Toxicology program working on basic aspects of Parkinson's disease and environmental chemicals that may cause it."

Sophora (the Arabic name for a pea-flowered tree) is a genus of about 45 species of evergreen trees and shrubs in the pea family, Fabaceae. The species are native to southern Asia, Australasia, various Pacific islands, western South America, the western United States, Florida and Puerto Rico. About fifteen of these species have a long history of use in traditional Chinese.

"Parkinson's disease occurs when nerve cells in the basal ganglia, an area of the brain that controls movement, become impaired and/or die," according to the National Institute on Aging (NIA). "Normally, these nerve cells, or neurons, produce an important brain chemical known as dopamine. When the neurons die or become impaired, they produce less dopamine, which causes the movement problems of Parkinson's. Scientists still do not know what causes cells that produce dopamine to die."

"One clear risk factor for Parkinson's disease is age," NIA says. "Although most people with Parkinson's first develop the disease at about age 60, about 5 to 10 percent of people with Parkinson's have 'early-onset' disease, which begins before the age of 50. Early-onset forms of Parkinson's are often, but not always, inherited, and some forms have been linked to specific gene mutations."

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Continued on page 4

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