

**Researchers May
Provide Hope for
Parkinson's Disease**
PAGE 10

**Craft Fair
Returns**
PAGE 3



THE NEWS

Established 1983 ... The best little paper in these parts!

VOLUME 41 • ISSUE 12

Serving Rio Linda, Elverta and Sacramento County

MARCH 25, 2022

**SEE
INSIDE**

**NIELSEN
APPLAUDS
SITES LOAN**



PAGE 3

**ELIMINATING
ILLEGAL
HOMELESS
CAMPS**



PAGE 3

UPLIFTED



PAGE 4

PRESORTED STD.
US POSTAGE
PAID
PERMIT 10
Rio Linda, CA

Change Service Requested

Farewell, ARCO!

Kings Organization and Fans Say Goodbye to the 'Old Barn'



Above: ARCO Arena, most recently known as Sleep Train Arena, reverted to its original name for one final day at the "Farewell to ARCO Arena" event on Saturday, March 19 at ARCO Arena in Natomas. Below: An NBA game ball signed by former Sacramento Kings center Scot Pollard sits in a box waiting to be taken for free by a lucky Kings fan at the "Farewell to ARCO Arena" event.

**Story and photos
by Shaun Holkko, sports editor**

SACRAMENTO CA (MPG) - ARCO Arena, Power Balance Pavilion, and Sleep Train Arena are three names that were synonymous with the home of the Sacramento Kings for 28 years. ARCO Arena officially closed Saturday in Natomas for good, as members of the Kings organization and fans said their final farewells to a building that opened in 1988 and meant so much to a city for so long. "This is a shining example that in Sacramento there was a time when we were at the top of the basketball world and this is where you had to come to see the 'Greatest Show on Court,' so that gives us hope," said Doug Christie, who played shooting guard in Sacramento



from 2000 to 2005. "This building is different than Golden 1 (Center). Golden 1 has things to walk around and see. But here, there was 17,000 people already sitting in their seat. When we came out of that tunnel it was energy, if you didn't have it, they gave it to you." Christie, now an assistant coach with the Kings, Vlade Divac and Brad Miller were the former Kings players in attendance Saturday. Olympic gold medalist Ruthie Bolton made an appearance to represent the Monarchs, the former WNBA team that won a championship for Sacramento in 2005 before disbanding in 2009. "This was the venue (where) the fans were the soul, and we were the show," Christie said. "That mix

Continued on page 2

North Sac CHP Welcomes New Area Commander



Captain Mike Sedam has been assigned as the new commander for the CHP North Sacramento Area. Photo courtesy of North Sacramento Area CHP

**By A.J. McTaggart,
CHP PIO**

NORTH SACRAMENTO, CA (MPG) - Captain Mike Sedam has been assigned as the new commander for the California Highway Patrol (CHP), North Sacramento Area. Captain Sedam reported to the North Sacramento Area from the Sacramento Communications Center. He has been the interim commander since August 2021. Regarding his new assignment, Captain Sedam stated, "I am extremely proud to be given the opportunity to work with the high performing professionals at the North Sacramento Area who truly care about the public we serve. I look forward to working with the community and our allied agency partners." In addition to serving as the North Sacramento Area commander, Captain Sedam is also a board member for the Law Enforcement Chaplaincy Sacramento. Captain Sedam grew up in Northern California and has served with the CHP for over 26 years. Captain Sedam holds two master's degrees: one in security studies from the Naval Postgraduate School and the other in public administration from California State University, Fresno. The North Sacramento Area provides safety, service, and security to residents, commuters, and tourists using the 62 miles of state highways and 1,200 miles of country roads within its area of responsibility. This includes Interstate 5, Interstate 80, State Route 51 (Business 80), State Route 160, and State Route 99. The North Sacramento Area is focused on preventing injuries and deaths on roadways, serving the public, and assisting allied agencies. In addition to officers and professional staff, the North Sacramento Area has an active Senior Volunteer Program and Explorer Program. ★

Social Workers: Making Communities Better



Social workers in DHA work tirelessly to help those in the greatest need of services become self-sufficient and independent. MPG file photo

**By Laurie Slothower,
Sacramento County**

SACRAMENTO COUNTY, CA (MPG) - Social workers make communities better. They help protect children, youth, and the elderly from abuse. They connect people suffering from substance

abuse and mental illness to services. They link people challenged by homelessness, poverty and lack of healthcare to housing, benefits and employment. They help severely disabled individuals live in the least restrictive environment possible.

March is National Social Work Month, and Sacramento County joins the National Association of Social Work (NASW) in celebrating this great profession and in sharing this year's motto, "The Time is Right for Social Work." The goal of Social Work

Month is to inform the public, policymakers and legislators about the way social workers meet people where they are every day and help them live to their fullest potential. Sacramento County employs almost 600 social

Continued on page 3

Farewell, ARCO!

Continued from page 1

is something that you don't find. We were white-hot before Miami. We were beautiful basketball before Golden State. The only thing we didn't do is put a ring on it. I told (Kings' owner) Vivek (Ranadivé) when we were standing here, 'It's gonna happen, it will. And when it does, right on the bottom down there, just put ARCO because that would be so very fitting.'

Ranadivé, who kept the team from moving out of Sacramento in 2013, and former owner Gregg Lukenbill, who brought the franchise to the 916 in 1985, each spoke Saturday morning about the former home known to many as the "Old Barn."

"I know this is a bittersweet moment for everyone because there is some amazing memories," Ranadivé said. "I describe this place as a communal fireplace. The firepit is the arena, the players are the fire, they lit that fire. The fans huddled around that communal fireplace and it's been an amazing fireplace. So, thanks to all of you for the memories."

Also in attendance for the farewell were politicians, Sacramento Mayor Darrell Steinberg and Vice Mayor Angelique Ashby, as well as former Kings coach and broadcaster Jerry Reynolds.

"This is very emotional because there isn't a Sacramentan who hasn't been part of this community for decades who doesn't have incredible memories of experiences here at, I know it's Sleep Train, ARCO Arena. It's what it is, ARCO Arena," Steinberg said. "The memories, even the painful ones, are all good."

The "Farewell to ARCO Arena" event was open to season ticket holders starting at noon Saturday and to the public from 2-6 P.M. Fans had the



Prominent members of the Sacramento community from past and present pose for a photo at the "Farewell to ARCO Arena" event on Saturday, March 19 at ARCO Arena in Natomas.

opportunity to walk through the old arena, take photos and write farewell messages that will remain on the site.

The Kings also gave away an abundance of free boxes of team memorabilia like jerseys and signed basketballs that were stored over the years at ARCO, to those who were willing to brave the long line. The event was one last get-together for Kings fans at the place they called home for many years.

It is well documented that Sacramento has struggled for many years on the court, as the current team is 25-48 and close to missing the playoffs for what would be an NBA record 16th consecutive season. However, the Kings' best years in Sacramento so far were at ARCO, including

nine playoff appearances, eight consecutive from 1998 to 2006, and a trip to the 2002 Western Conference Finals.

In 2013, the arena set a Guinness World Record for loudest indoor sports roar at 126 decibels.

"I truly appreciate the soul of this building," Christie said. "I never knew that wood, metal and plastic could make such a sound. But it was a sound that I will never forget."

Off the court, ARCO hosted concerts, high school and college sports, WWE, MMA, Disney on Ice and so much more.

After fighting for years to keep their team in town, Kings fans were rewarded in 2016 with the Golden 1 Center. Now, the space in Natomas that they once

called home will be demolished in the coming months to make way for a new medical center and hospital.

"One of the epic moments of my life was to be able to stand here, and I'll just repeat what I said, I said, 'This is your team, and it is here to stay,'" Ranadivé said. "This is a place that has been giving for years and years so I'm really happy that that tradition of giving is going to continue as we open a world-class hospital over here so it's going to keep giving to the community."

"As bitter as it is, it's also sweet because we have a beautiful new arena downtown. As great as the past has been, the future is going to be even better."



Sacramento Kings assistant coach Doug Christie, who played shooting guard for the team from 2000 to 2005, speaks at the "Farewell to ARCO Arena" event on Saturday, March 19 at ARCO Arena in Natomas.



Former Sacramento Kings coach and broadcaster Jerry Reynolds speaks at the "Farewell to ARCO Arena" event on Saturday, March 19 at ARCO Arena in Natomas.

We Beat Almost All Online Prices on Premium Brand Pet Foods.

Including Blue Buffalo, Chicken Soup, Earth Born, Diamond Naturals, Pinnacle, Taste of the Wild, & Royal Canin.

PET CLUB
FOOD AND SUPPLIES
EVERYDAY LOW PRICES
Super Discount Prices • Hot Specials & Coupons
*Short term promotions from vendors
(No Membership Fees)

2344 Sunrise Blvd. 318 N Sunrise Blvd.
Rancho Cordova, CA Roseville, CA
916-635-5008 916-781-8500
We Only Accept ATM, Cash, & Checks M-F 9-7, SAT 9-7, SUN 10-7 Effective 3/23/22 - 3/29/22

2344 Sunrise Blvd. 318 N Sunrise Blvd.
Rancho Cordova, CA Roseville, CA
916-635-5008 916-781-8500
We Only Accept ATM, Cash, & Checks M-F 9-7, SAT 9-7, SUN 10-7 Effective 3/23/22 - 3/29/22



COUPON
1 FREE PEDIGREE DOG FOOD
22 Oz Tin All Varieties
With Any Purchase of Pet, Fish Food, or Supply
Limit: 1 Coupon Per Family
Effective 3/23/22 - 3/29/22

COUPON
\$150 OFF
ANY PURCHASE OF PET OR FISH SUPPLY
(Excluding Pet Food or Litter)
Cannot be used in conjunction with advertised sale items or similar percentage or dollar off coupons. Limit 1. PLU 324
Limit: 1 Coupon Per Family
Effective 3/23/22 - 3/29/22

Look for Advertised Sale Items Everyweek at www.petclubstores.com

NATURAL BALANCE DRY DOG FOOD
22-26 Lb Bag
•Lamb Meal & Rice (Reg & Lrg Breed)
•Sweet Potato & Salmon •Sweet Potato & Venison •Sweet Potato & Chicken
Limit 2 Bags Per Family
\$5 OFF
Our Super Low Prices
Effective 3/23/22 - 3/29/22

FRISKIES BUFFET CANNED CAT FOOD
5.5 Oz All Varieties
Limit 2 Cases Per Family
ON SALE Everyday
Effective 3/23/22 - 3/29/22

AVODERM NATURAL DRY DOG FOOD
26-30 Lb Bag Limit 2 Bags Per Family
•Lamb Meal & Rice •Chicken Meal & Rice
•Lite •Senior •Large Breed
Limit 2 Bags Per Family
\$4 OFF
OUR DISCOUNT PRICES!
Effective 3/23/22 - 3/29/22

ARM & HAMMER SUPER SCOOP CLUMPING CAT LITTER
20 Lb •Unscented •Double Duty
•Clump n Seal •Slide 19 lb
•Absorbx 15 lb
Limit 2 Boxes Per Family
ON SALE
Effective 3/23/22 - 3/29/22

NUTRO WHOLESOME ESSENTIALS DRY DOG FOOD
Lamb Meal & Rice 30 Lb Bag
•Small Bites (*Adult •Large Breed \$42.99)
Limit 2 Bags Per Family
\$41.99
Effective 3/23/22 - 3/29/22

BLUE BUFFALO CANNED DOG FOOD
12.5 Oz
•Homestyle •Wilderness Only
Limit 1 Case
20% OFF
Our Regular Low Prices
Effective 3/23/22 - 3/29/22

FRISKIES TENDER & CRUNCHY COMBO DRY CAT FOOD
16 Lb Bag
Limit 2 Bags per Family
\$11.99
Effective 3/23/22 - 3/29/22

SCOOPAWAY CLUMPING CAT LITTER
42 Lb Bag
•Multi-Cat Formula
Limit 2 Bags Per Family
\$12.99
Effective 3/23/22 - 3/29/22

EARTH BORN HOLISTIC DRY DOG FOOD
Natural Grain-Free
•Primitive Feast •Great Plains Feast •Meadow Feast •Coastal Catch •Weight Control •Large Breed 25 Lb Bag
Limit 2 Bags Per Family
\$43.99

PURINA PRO-PAN CANNED CAT FOOD
•Selected Varieties 3 Oz (Focus & Selected Varieties \$1.09) Limit 1 Case
Limit 2 case
EARTH BORN HOLISTIC CANNED CAT FOOD
•Catalina Catch •Harbor Harvest •Monteire Medley •Chicken Cacciatore 3 Oz.
5.5 Oz.
\$1.19 \$1.59

CORE GRAIN FREE DRY DOG FOOD
22-24 Lb Bag
Original •Ocean •Reduced Fat
\$63.99 \$67.99

NATURALLY FRESH CAT LITTER
100% Natural Walnut-based
14 Lb Bag 10 Lb Pellets
Limit 2 Bags
\$4.99
Clumping
\$9.99
Multi-Cat Clumping
\$9.99

NATURE'S MIRACLE PREMIUM ORGANIC CORN COB LITTER
Bio-Enzymatic Formula
10 Lb Bag Limit 2 Bags
\$6.99

9 LIVES DRY CAT FOOD
12 Lb Bag
Limit 2 Bags Per Family
•Grilled Tuna & Egg
\$8.99

GRAVY TRAIN DRY DOG FOOD
35 Lb Bag
Limit 2 Bags
\$15.99

WILDERNESS DRY CAT FOOD
•Chicken •Salmon •Duck •Indoor •Weight Control 100% Grain Free
11-12 Lb Bag Limit 2 Bags
\$5 OFF
OUR REGULAR LOW PRICES!

SCIENCE DIET FELINE MAINTENANCE DRY CAT FOOD
Limit 2 Bags Per Family
•Adult •Mature •Indoor 15.5lb
•Lite •\$38.99 •\$39.99 •Sensitive Stomach 15.5 lb •Urinary 15.5 lb
16 Lb Bag
\$44.99

FUSSIE CAT PREMIUM DRY CAT FOOD
Market Fresh Recipe
•Selected Varieties 2 Lb, 4 Lb, 10 Lb bag
As Marked
10% OFF
OUR REGULAR LOW PRICES

BOXIE CAT CAT LITTER
•Probiotic •Gently Scented •Scent Free (Natural & Extra Strength)
16 Lb 28 Lb
\$2.00 OFF \$3.00 OFF
Veterinarian Recommended Limit 2 Bags

PET-MATE VARI-KENNELS & 2 DOOR KENNELS
All Sizes
20% OFF
OUR SUPER LOW PRICES

REDBARN NATURAL DOG TREATS
•Bully Treats •Antlers •Bully Nuggets All Varieties except Mammoth Bone \$7.99
20% OFF
OUR SUPER LOW PRICES

VAN NESS PURE NESS AUTO-FEEDERS & AUTO-WATERERS
All Sizes
20% OFF
OUR SUPER LOW PRICES

Brampton SIMPLE SOLUTION TRAINING PADS
23" x 24" 100 Ct Box
\$27.99

I LOVE PET HEAD & EARTHBATH & PERFECT COAT PET SHAMPOO
All Varieties (Including Pet Head Wipes)
20% OFF
OUR SUPER LOW PRICES

BOXED GLASS TANK WITH STARTER KIT
10 Gal Tetra LED Deluxe... \$66.99
20 Gal Tetra LED Deluxe... \$113.99
29 Gal Tetra LED Deluxe... \$136.99
55 Gal Tetra LED Deluxe... \$224.99

AQUEON BOXED 10 GALLON TANK With Economy Kit
Just add Heater For Tropical Fish
\$48.99
Limit 1 Per Family

PENN PLAX PLASTIC AQUA-PLANTS
20% OFF
OUR SUPER LOW PRICES

REEF CRYSTALS
50 Gal. Salt Mix
\$19.99

BONUS COUPON
FANCY FEAST GOURMET CANNED CAT FOOD
3 Oz - All Varieties Except Elegant Medley
Limit 1 Case Per Family
Limit One Coupon Per Family
Price Valid Only With Coupon
Effective 3/23/22 - 3/29/22
ON SALE Everyday
CHM PLU 361

BONUS COUPON
FRISKIES PARTY MIX CAT TREATS
2.1 Oz • Selected Varieties
Limit 2 Pkgs With Coupon
Limit One Coupon Per Family
Price Valid Only With Coupon
Effective 3/23/22 - 3/29/22
\$1.35
CHM PLU 573

BONUS COUPON
JONNY CAT PREMIUM CAT LITTER
20 Lb Bag
Limit 1 Bag With Coupon
Limit One Coupon Per Family
Price Valid Only With Coupon
Effective 3/23/22 - 3/29/22
\$4.19
CHM PLU 362

Craft Fair Returns



Over thirty vendors will be in attendance, offering hand-made, locally crafted goods, as well as some of your favorite national brands. Photo courtesy Pixabay

Special MPG Release

RIO LINDA, CA (MPG) - As opening day of Little League commences, and folks line M Street for the annual Little League parade, another local event is returning. Last year we saw the office complex located at 825 M Street come to life with a flourishing series of outdoor markets, ending 2021 with a Christmas Bazaar in conjunction with the annual Christmas Light Parade.

The Rio Linda Craft Fair and Outdoor Market will open its 2022 event series on Saturday, March 26th. Over thirty vendors will be in attendance, offering hand-made, locally crafted goods, as well as some of your favorite national brands. Two

children’s authors will be in attendance, as wells as a local favorite, Renewal Soaps. Mi Mexico will be on site with their delicious taco truck, and Pittador Brews will be serving their locally roasted coffee and tasty loose-leaf teas.

Tonia Silva, the local tax lady, purchased the property in March of 2021, and she and her sister LeeAnn Williams of Renewal Soaps turned a once-quiet property into a thriving place for locals to showcase their talents. From on-site painting classes to petting zoos, this local event has really brought the downtown district some life.

Opening at 8am with the parade, vendors will be on-site until late afternoon. Stop by, support local entrepreneurs, and see all that the local talent has to offer. ★

Social Workers: Making Communities Better

Continued from page 1

workers in many different County departments. The Department of Child, Family and Adult Services (DCFAS) and the Department of Human Assistance (DHA) have the largest numbers of social workers on staff.

DCFAS social workers link individuals and families to services that promote the safety, health and well-being of community members across all ages. Throughout the COVID-19 pandemic, they continued to provide in-person visits, working on the frontlines along with doctors, nurses, law enforcement and other essential employees.

At DHA, social workers help families who are experiencing homelessness, domestic violence and other family crises. They help clients learn job-seeking skills. A team of social workers specializes in helping clients navigate the challenging disability benefits process. DHA also has a social worker in the General Assistance Program making referrals to service agencies.

In addition to these efforts, DHA also has social workers assigned to the Homeless Outreach and Encampment

Teams working with Sacramentans experiencing homelessness to navigate public benefits and shelter/housing options.

“Our DCFAS social workers are everyday heroes and I feel privileged to be a part of this team,” said Michelle Callejas, Director of the Department of Children, Family and Adult Services.

“The social workers in DHA work tirelessly to help those in the greatest need of services become self-sufficient and independent. It is because of their efforts and the efforts of those they work with across department and jurisdictional lines that Sacramentans can thrive and be safe,” said Ethan Dye, Director of Human Assistance.

Social work is one of the fastest-growing professions in the United States, according to the Bureau of Labor Statistics. At the same time, Sacramento County has an ongoing need for social workers to help the community’s most vulnerable residents. The Human Services Social Worker and Human Services Social Worker (with Master’s Degree) positions are on continuous file, meaning the County is always accepting applications. If you’re interested in applying, visit sac-countyjobs.net. ★

Nielsen Applauds Possibility of \$2.2 Billion for Sites Reservoir



Office of Senator Jim Nielsen

SACRAMENTO, CA (MPG) - On Thursday, March 17, the United States

Environmental Protection Agency formally invited the Sites Project Authority to apply for a Water Infrastructure Finance and Innovation Act (WIFIA) program loan.

“This is good news, especially after Senate Democrats recently killed my legislation – Senate Bill 890 – that would have helped fully fund Sites Reservoir,” said Nielsen.

In total, Sites will be eligible for up to \$2.2 billion in low-interest loans, which accounts for 49 percent of

the project’s cost.

Although the WIFIA program is primarily used for wastewater and drinking water systems, the America’s Water Infrastructure Act of 2018 directed the EPA and Reclamation to work towards opening the program to some Reclamation water projects as well.

To contact Senator Jim Nielsen, please call him at 916-651-4004, or via email at senator.nielsen@senate.ca.gov. Follow him @CASenatorJim. ★



By County Supervisor Sue Frost

Through the generosity of the *The Rio Linda News*, this column serves to provide an update about matters affecting the community of Rio Linda.

We are all aware that the county’s homeless population has been growing and we can see the impacts every time we leave our houses. As we continue to tackle homelessness, we run into challenges at almost every turn including state laws, court decisions, pandemics, and judicial rulings. That being the case, we are constantly adapting our approach and, I am happy to say, enhancing the ways we try to solve the homeless problem.

The solutions we have put forward include increased access to treatment for mental health and drugs and alcohol addiction, and we are increasing our outreach to connect people to those services. While treatment for mental illness and addiction is the best thing we can do to help people get off the streets, it will never be enough on its own. We have to do more than treat the root causes and offer options that help connect people to services and get them into safer environments. For that reason, Sacramento County is moving forward with a plan to establish sanctioned encampments throughout the county, and shutting down the illegal encampments.

A sanctioned encampment is almost certainly what you think it is: an area designated

RIO LINDA COMMUNITY UPDATE

The Path to Eliminating Illegal Homeless Camps

by the county for homeless individuals to live/camp legally and safely. While this may not sound like something you want to get excited about and might even concern you, I believe this is the best thing we can do at this time. First, Sacramento County cannot get back to enforcing ordinances that prevent camping on public land until we can offer an alternative due to a decision at the 9th Circuit Court of Appeals. Second, a sanctioned encampment is far preferable to unregulated camping.

We have learned from the failures of other sanctioned sites and intend to keep the county’s new sites staffed at all times, regulated to prevent drug use and other criminal behavior, and we will put them in the areas that will see the greatest benefit. By areas that will receive the greatest benefit, I mean the areas currently being the most heavily impacted by unchecked campsites. While many people may jump to the conclusion that the best place to put a sanctioned site is as far from developed areas as possible, the real best approach is to find locations that are near where large groups of homeless people are already dwelling. This ensures we get the most people we can living in sanctioned encampments because it is an area they already have a connection to.

Most importantly, sanctioned encampments are more than just a place for homeless individuals to sleep. We will be using them as an opportunity to connect individuals to the services we know they need to get into transitional or permanent housing and back to a self-sustaining lifestyle. Sanctioned encampments

will have the benefit of being staffed by mental health and behavioral health professionals that can get at the issues that are keeping so many people trapped in homelessness. Regardless of whether or not substance abuse or mental illness is the cause of a person’s homelessness, for many it has become part of what prevents them from escaping homelessness.

Again, while this may not sound ideal to some, and I am sure there are people who are worried that one of these encampments will be near where they live, shop, or dine, I am confident this is the right move. Fewer homeless individuals making campsites around the county is a good thing. Increasing outreach and connection to drug/alcohol treatment and mental health services is a good thing. And getting the power back to shut down illegal camping sites all over the County is also a good thing. These sanctioned encampments are the balance between compassion and toughness my constituents have been telling me they support for as long as I have been a Supervisor. This is just one of many important steps we must take as part of our comprehensive approach to relieving the County’s homeless crisis.

Thank you for reading – and as always, if you want to contact me, call me at 916-874-5491, or e-mail me at SupervisorFrost@sac-county.net.

Sacramento County Supervisor Sue Frost represents the 4th District, which includes the communities of Citrus Heights, Folsom, Orangevale, Antelope, North Highlands, Rio Linda, Elverta, and Rancho Murieta. ★



Sisters Working for Christ
Serving vets, the homeless, the needy and children
Every Tuesday from 10 – 1

Everything is FREE

For more info please call Sandie at
(210) 326-1806
www.sistersworkingforchrist.org

We are at
First Baptist Church of Elverta
112 West Delano
1 block off of Rio Linda by the Food Bank

YOU'RE INVITED!

EASTER

EGG HUNT
APRIL 17TH, 12PM

 **LIFEPOINTE CHURCH**
7200 RIO LINDA BLVD



MPG

Advertise in your Local Community Newspaper

Call
916-773-1111

Be a part of something important

Local Writers Wanted

We are looking for local Freelance Writers to provide great coverage.

MPG Call us today at **916-773-1111**

How Will Newsom’s gas price relief promise work?



By Dan Walters
CALMatters.org

It’s time once again for some fun with numbers, in this case data surrounding the sharp spike in gas prices.

Although the recent uptick in fuel prices varies from community to community and even station to station, a good estimate of the increase, perhaps a bit conservative, is \$1 per gallon. It’s mostly due to global oil markets reacting to the Russian invasion of Ukraine and efforts to punish Russian President Vladimir Putin with economic sanctions.

Last week in his State of the State address, Gov. Gavin Newsom dropped his previous proposal to offset the gas price increase with a very small “pause” in a scheduled state gas tax increase.

“Now, it’s clear we must go further,” Newsom said. “That’s why, working with legislative leadership, I’ll be submitting a proposal to put money back in the pockets of Californians to address rising gas prices.”

That was it — no details, just a vague promise. While we await some indication of what Newsom intends, let’s put a buck-a-gallon

price increase in numerical perspective:

—Californians own and drive 29 million automobiles and light trucks, such as pickups and SUVs;

—Each year, they rack up 330 billion miles of automotive travel, an average of about 11,000 miles per vehicle;

—Motorists burn 15 billion gallons of gasoline each year, which averages out to 517 gallons of fuel for each vehicle (43 gallons per month) and an average of 21 miles to the gallon;

—Therefore, on average Californians are paying an extra \$43 per month to drive, if one assumes the price increase has been \$1 per gallon.

Higher costs for refueling their cars can certainly be painful to those in lower income brackets or those, such as long-distance commuters, who are running up high mileage counts. But unto itself, \$43 a month shouldn’t be a critical issue for many Californians.

That said, we tend to focus on sharp price increases in everyday commodities, such as gasoline, as an indicator of high inflation. It’s a squeaky wheel in political terms — and politicians feel compelled to grease the wheel or face a popular backlash.

So what can Newsom and legislators do to offset higher gas prices in this election year?

The tax increase pause Newsom originally proposed would have cost about \$500 million or a \$17 annual savings per vehicle,

hardly worth doing.

However, fully offsetting the jump could be a major hit on the state budget. At \$1 per gallon, it would require the state to rebate about \$15 billion to motorists for a full year — almost exactly what the prison system costs — or just over \$500 per vehicle.

The trick will be to make rebates large enough to have some positive psychological response from California motorists but small enough to avoid a major budget impact.

Would \$100 per car — enough, perhaps for one 20-gallon fillup — sufficiently impress Californians that their politicians’ hearts are in the right place? Even that relatively small amount would cost the state budget about \$3 billion.

Rebates of any size would be relatively easy to distribute if done on a per-vehicle basis, since the state already has data on vehicle ownership.

It would become infinitely more complex to focus relief for those who are feeling price increases most keenly, such as low-income motorists or super commuters. That could become a bureaucratic nightmare on a par with the dysfunctional Employment Development Department.

The rebate promise is now on the agenda and it will be a very interesting situation to monitor.

Dan Walters has been a journalist for nearly 60 years, spending all but a few of those years working for California newspapers. ★



Poppoff!

With Mary Jane Popp

Uplifted

She travels the world for the best information to make our lives better. She is a wellness consultant, and has made extraordinary contributions in the fields of nutrition and balanced living. Dr. Susan Smith Jones is the founder and president of Health Unlimited in Los Angeles. With our upside-down world today from the pandemic to war, **Dr. Jones** has penned “**Uplifted**” 12 Minutes to More Joy, Faith, Peace, Kindness and Vitality. She shared these tips on POPPOFF.

1. ADOPT AN ATTITUDE OF GRATITUDE. Be grateful for everything that’s going on in your life, whatever the circumstances. This attitude can foster happiness and peace of mind, assisting you to live more fully.

2. WALK BAREFOOT OUTDOORS ON THE NATURAL GROUND. This is called earthing or grounding and you will be absorbing salubrious electrons through your feet into your body to boost your immunity, vitality and mood.

3. STRENGTHEN YOUR FAITH. Faith is an invisible and invincible magnet that attracts to itself whatever it fervently desires and expects. In 2 Corinthians 5:7 we read: Worry ends when faith begins.

4. LIVE BY THE GOLDEN RULE. Treat others with the compassion you wish to receive, and you will instantly feel more joy and peace. This starts with being compassionate with yourself and letting go of any negative self-talk.

5. FIND WAYS TO VOLUNTEER YOUR TIME. When you share your love and time with others, your brain’s pleasure and rewards centers light up like a Christmas tree, and you release the neurotransmitters serotonin and dopamine, feel good chemicals which

combat anxiety and depression.

6. STRIVE TO GET 7-8 HOURS SLEEP AT NIGHT. Studies reveal that when you get more sleep on a regular basis, your stress level abates and you become a more compassionate, positive uplifted person.

7. CARVE OUT TIME TO MEDITATE DAILY. Practicing meditation will change your brainwaves in a positive way, and make you feel calmer, less anxious, more compassionate and optimistic and even help increase your income.

8. WHAT YOU EAT AFFECTS YOUR MOOD. If you want to feel more uplifted daily, you must eschew foods made with white sugar and white flour and choose to eat foods as close to the way nature made them as possible with lots of fresh fruits and veggies.

9. EXERCISE TO FEEL HAPPY AND UPLIFTED. Just ten minutes of aerobic exercise doubles the level of norepinephrine in the body, a chemical to happiness. Try to work it in at the beginning of your day to reap the benefits all day and have no excuses later in the in the day to skip your workout.

10. SPEND TIME IN NATURE. Nature calms us down and reduces anxiety. Whenever possible, find ways to exercise outdoors. In her book “**Uplifted**” she writes about a disease she calls NDD... “Nature Deficit Disorder.” Too much time away from nature wrinkles our soul and deprives us of a cost-free “visual valium” experience. Our moms were right when they said “Go outside and play. To this she added...” “Go outside to play and pray.

Check out **Dr. Jones** and her free monthly newsletter at www.susansmithjones.com. **HAPPY LIVING!!!** ★

TheRioLindaNews.com



Compassion, Care, Dignity and respect

*We promise honest, upfront pricing
Never be overcharged or mislead*

- We invite comparisons to our services and facilities.
- Pre-planning and pre-payment services.
- Guaranteed Pricing.



\$795 Dignified Cremation With this Ad

\$2,995 Traditional Funeral

(916) 469-0866 Call 24 hours

4750 BELOIT DRIVE, SACRAMENTO / FD-2352
(Off Interstate 80, Exit Marysville/Raley Blvd.)

www.affordablecremationofsacramento.com

CHERRY CREEK VETERINARY HOSPITAL

(916) 349-2755

Justina Codde DVM, MS

7955 Watt Avenue, Antelope


Mon-Fri 8am–6pm • Sat–Sun 8:30am–4pm • By appointment

J&A Flowers & Plants

For Weddings, Anniversaries & Birthdays

(916) 243-3151


920 Oak Lane, Rio Linda Shopping Center
(Formerly Mar-Val Center)



Publisher, Paul V. Scholl

The Rio Linda News is a member of Messenger Publishing Group

To submit your articles, information, announcements or letters to the editor, please email a Microsoft Word file to: Publisher@mpg8.com. Be sure to place in the subject field “Attention to Publisher”. If you do not have email access, please call us at (916) 991-3000 or (916) 773-1111.



Established 1983... The best little paper in these parts!

Serving Rio Linda, Elverta and Sacramento County




It is the intent of The *Rio Linda News* to strive for an objective point of view in the reporting of news and events. It is understood that the opinions expressed on these pages are those of the authors and cartoonists and are not necessarily the opinions of the publisher or our contributors.

The *Rio Linda News* is not responsible for unsolicited manuscripts or materials. The entire contents of The *Rio Linda News* are copyrighted. Ownership of all advertising created and/or composed by The News is with the publishing company and written permission to reproduce the same must be obtained from the publisher.

Subscriptions should be mailed to *The Rio Linda News*, 7144 Fair Oaks Blvd. Suite 5, Carmichael, CA 95608. Subscription rate is \$32 per year within Rio Linda, Elverta, Sacramento County, \$42 outside Sacramento County.

The *Rio Linda News* is published weekly. Call (916) 773-1111 for more information.

We are proud members of these newspaper associations.





**Prayer and Healing
Explore the connection**

**Sponsored by Fujiko Takai Signs, CSB
Christian Science practitioner and teacher
A member of the Christian Science Board of Lectureship**

Carmichael, CA: Around the world people are looking to prayer for solutions, safety, and well-being. Fujiko Signs, practitioner of Christian Science healing and international speaker, will present an online talk titled, “Love without limit, Life without fear,” Thursday, April 7 at 7 PM, online at www.tinyurl.com/yc286hfd and in-person viewing at First Church of Christ, Scientist, Carmichael located at 4949 Kenneth Ave. in Carmichael. The lecture online link can also be accessed directly at the church website ChristianScienceChurchCarmichael.com

The talk will focus on universal healing precepts found in the Holy Bible, especially in Christ Jesus’ life and teachings, showing how they are available for anyone to understand and experience through the lens of Christian Science. This live web lecture is free, open to the community, and hosted by First Church of Christ, Scientist, in Carmichael.

“We will explore the relationship between prayer and healing through the universal divine truth that unites us,” says Signs. “We will talk about the practical understanding of God as ever-present love so we can make progress, unafraid like trusting children.”

Sharing examples of healing from her own life and professional practice of Christian Science, Ms. Signs

will explain why Christian Science is both Christian and scientific, meaning that people can prove its effectiveness for themselves, as fully described in the book Science and Health with Key to the Scriptures, written by the founder of the Christian Science movement, Mary Baker Eddy.

Ms. Signs will also touch on the life of Mary Baker Eddy, a mid-nineteenth century American woman, who came to understand, confirm, and teach what she felt was original Christian healing. Eddy herself said she was especially inspired by Jesus’ demand, “He that believes on me, the works that I do will he do also; and greater works than these will he do, because I go unto my Father” (found in the Gospel of John 14:12 in the Bible).

For over 150 years, people around the world have worked to follow Christ Jesus in this practice of Christianity and continue to do so today, experiencing healings of physical ills and personal difficulties.

Fujiko Signs has been a Christian Science practitioner for many years, helping people on a daily basis through this scientific approach to prayer. Based in Tokyo, Japan, she speaks to audiences around the world as a member of the Christian Science Board of Lectureship.

**Attend online! Go to: www.tinyurl.com/yc286hfd
Group viewing at church, 4949 Kenneth Ave., Carmichael
916.487.9338**

The Posse is Coming

**By Jack Frost,
Co-Director of the CSPOA
Nor-Cal Chapter**

Remember yesteryear when the town Sheriff would form a “Posse” and ride out on horseback to chase down the “Law-Breakers”? Well, the CSPOA Citizen-Posse is gearing up and we need YOU to prepare to saddle up with us because we have a lot of work to do.

You ask...what is the CSPOA? It’s the Constitutional Sheriffs and Peace Officers Association Founded by Sheriff Richard Mack in 2011. Go to www.CSPOA.org and “Join the Posse” for access to video’s, articles, and a weekly webinar with Sheriff Mack.

**You Can Join the Local
CSPOA Posse Too!!**

The first CSPOA Chapter in California has just been approved and will be led by three Co-Directors, Jason Nole, Brenna Toppenberg, and Jack Frost. The goal is to approve all 58-Counties in California to become “Regional County Affiliates”

(RCA’s). The mission is to educate Law Enforcement, Elected Officials, and Citizens about their “Constitutional Rights” and the duties and responsibilities of their “Oath of Office”.

Our first CSPOA Training featuring Sheriff Mack and KrisAnne Hall is scheduled for April 2nd at the “Church of Glad Tidings” in Yuba City.

Go to www.GorillaLearningInstitute.org/cspoa and purchase a ticket while they last!

Gorilla Learning Institute, founded by Supervisor Sue Frost, is a 501-C-3, sponsoring CSPOA’s educational efforts through a Re-Grant Project known as “Friends of CSPOA” allowing your registration and donations to be tax deductible. The “Mission” of Gorilla Learning Institute is to educate citizens about the Constitution, U.S. History, Civics, and the Free Enterprise System.

We hope to see you at the April 2nd CSPOA Event so you can learn your Constitutional Rights and “Join the CSPOA Posse.”

Contact Jack Frost: 916-616-7962c / jack-frost@ProSmallBizCA.org ★

**For Sale By Owner
1998 Toyota 4Runner SR5
(One owner for past 15 years)**



For Sale at \$5,200

- 3.4-Liter 6-Cylinder Fuel Injected Engine
- Moon Roof (with new rubber seal)
- New Alpine Stereo with Bluetooth
- Automatic Transmission, Alloy Wheels, Tow package
- Roof rack, Running Boards (after market)
- Air Conditioning (works great!), New stereo antennae motor,
- New rear door seals
- Power windows, Power Brakes, Power Steering, Cruise Control
- Mileage 326,000, but received great care!

Call Paul at 916-773-1111 (My office number)
or email: publisher@mpg8.com



SERVPRO of North Highlands/Rio Linda
**PROPERTY DAMAGE
REMEDIATION & REPAIR**
Mold, Water & Fire Damage

- Commercial & Residential
- Trained, Uniformed Professionals • Complete Move-Outs
- Restoration Vendor for Insurance

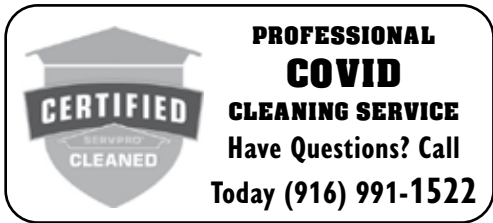
RESTORATION:

- Fire, Smoke, and Soot • Water Removal & Dehumidification
- Mold Mitigation & Remediation • Catastrophic Storm Response
- Move-Outs and Contents restoration • Electronics and Equipment
- Document Drying • Contents Claim Inventory Service

CLEANING:

- Air Ducts & HVAC • Carpet, Upholstery, Drapes
- Deodorization • Biohazard, Crime Scene & Vandalism
- Ceilings, Walls and Hard Floors

Services may vary by location



(916) 991-1522

**www.servpronorthhighlandsriolinda.com
Email: office@servpro10057.com
5704 Dry Creek Road, Rio Linda, CA 95673**



For All Your Real Estate Needs

Kristi Davis (916) 870-0582 Realtor	Kathy Pizzuti (916) 712-7712 Realtor	Ronda Henrikson (916) 755-2873 Realtor
Karissa Henson (916) 704-2365 Realtor	Alexis Parsons (916) 330-0303 Realtor	Lisa Gregory (916) 599-4899 Broker/Owner

If you are in the market to buy or sell, or just have a real estate question and need advice, please reach out to one of our highly qualified agents.

Our team works with both buyers and sellers and handles everything from traditional sales to short sales, bank owned properties to investment properties.

Feel free to give us a call anytime. We would love to help you in your next real estate venture

Check out our website:
www.gregoryrealtygroup.com



**740 M Street, Suite A
Rio Linda, CA 95673**

(916) 991-6500

Fax (916) 991-6400

DRE# 01504394

Legal Advertising Hotline
916-483-2299
Legal Advertising Fax
916-773-2999

FICTITIOUS BUSINESS NAME STATEMENTS

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2022-01338
Munireen Sami, 3520 Mission Avenue #14 Carmichael, CA 95608 are doing business under the Fictitious Business Name(s) "Coastal Cove Logistics" 3520 Mission Avenue #14 Carmichael, CA 95608. Filed with the Clerk of Sacramento County February 18, 2022 Publish: March 4, 11 18, and 25, 2022
COASTAL 3-25-22

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2022-01366
Clare Joy Janes, 2235 Glencoe Way Sacramento, CA 95826 are doing business under the Fictitious Business Name(s) "Bloom Schooldhouse" 2235 Glencoe Way Sacramento, CA 95826. Filed with the Clerk of Sacramento County February 22, 2022 Publish: March 4, 11 18, and 25, 2022
BLOOM 3-25-22

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2022-01350
Amber Anne Adams and Kevin Francis Adams, 6120 Beech Avenue #107 Orangevale, CA 95662 are doing business under the Fictitious Business Name(s) "Additional Dreams Design" 5150 Sunrise Boulevard Suite F3 Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County February 22, 2022 Publish: March 4, 11 18, and 25, 2022
DESIGN 3-25-22

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2022-01394
Jason Cody Evans, 1600 Response Road #3015 Sacramento, CA 95815 are doing business under the Fictitious Business Name(s) "Poke Base" 1600 Response Road #3015 Sacramento, CA 95815. Filed with the Clerk of Sacramento County February 23, 2022 Publish: March 4, 11 18, and 25, 2022
POKE 3-25-22

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2022-01368
Ahmad Wahid Habib, 3535 Marcon Avenue #131 Sacramento, CA 95821 and Abdul Shaleor Qazizada, 1409 Merrirow Court Wake Forest, NO 27587 are doing business under the Fictitious Business Name(s) "Shipping Center & More" 4628 Watt Avenue North Highlands, CA 95660. Filed with the Clerk of Sacramento County February 22, 2022 Publish: March 4, 11 18, and 25, 2022
SHIPPING 3-25-22

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2022-01306
Andrew C. Fass, 11573 Melones Circle Gold River, CA 95670, Jason A. Fass, 3810 Randow Way Sacramento, CA 95864 are doing business under the Fictitious Business Name(s) "Fass Wealth Strategies Groups" 11573 Melones Circle Gold River, CA 95670. Filed with the Clerk of Sacramento County February 18, 2022 Publish: March 4, 11 18, and 25, 2022
FASS 3-25-22

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2022-01348
Donald Joseph Zemina, 7130 Winding Way Fair Oaks, CA 95628 are doing business under the Fictitious Business Name(s) "Motor Machine Super Shop, Motor Machine Super Shops, Super Shop, Super Shops, Motor Machine Co" 7620 Fair Oaks Boulevard Carmichael, CA 95608. Filed with the Clerk of Sacramento County February 22, 2022 Publish: March 4, 11 18, and 25, 2022
MOTOR 3-25-22

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2022-01253
Stacy Cisneros, 2106 63rd Avenue Sacramento, CA 95822 are doing business under the Fictitious Business Name(s) "Pizza Lovers Sac" 2106 63rd Avenue Sacramento, CA 95822. Filed with the Clerk of Sacramento County February 16, 2022 Publish: March 4, 11 18, and 25, 2022
PIZZA 3-25-22

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2022-01392
Jessica Ortega, 7033 Durham Street Citrus Heights, CA 95621 are doing business under the Fictitious Business Name(s) "Health is Harmony" 7033 Durham Street Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County February 23, 2022 Publish: March 4, 11 18, and 25, 2022
HEALTH 3-25-22

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2022-01446
JDV Distribution LLC, 3710 Branch Street Sacramento, CA 95838 are doing business under the Fictitious Business Name(s) "Ultimate Clean" 3710 Branch Street Sacramento, CA 95838. Filed with the Clerk of Sacramento County February 24, 2022 Publish: March 4, 11 18, and 25, 2022
ULTIMATE 3-25-22

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2022-01237
Anthony Silva and Tonia Silva, 8799 Rio Linda Boulevard Elverta, CA 95626 are doing business under the Fictitious Business Name(s) "Rio Java Coffee House" 440 Elkhorn Boulevard Suite 1 Rio Linda, CA 95673. Filed with the Clerk of Sacramento County February 16, 2022 Publish: March 4, 11 18, and 25, 2022
RIO 3-25-22

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2022-01456
Sweet Gift Wrap Photography & Video LLC, 117 Sierra Woods Circle, Folsom, CA 95630 are doing business under the Fictitious Business Name(s) "Sweet Gift Wrap Photography & Video" 117 Sierra Woods Circle Folsom, CA 95630. Filed with the Clerk of Sacramento County February 24, 2022 Publish: March 4, 11 18, and 25, 2022
SWEET 3-25-22

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2022-01214
Stacy Gaebø, 50 Fullerton Court #101 Sacramento, CA 95825 are doing business under the Fictitious Business Name(s) "SLG Investments" 50 Fullerton Court #101 Sacramento, CA 95825. Filed with the Clerk of Sacramento County February 15, 2022 Publish: March 4, 11 18, and 25, 2022
SLG 3-25-22

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2022-01000
Julie Anne Garibaldi-Hannan and Zachary William Hannan, 11051 Fair Oaks Boulevard Fair Oaks, CA 95628 are doing business under the Fictitious Business

Name(s) "Cherry Hill Farms, Cherry Hill Nursery" 11051 Fair Oaks Boulevard Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County February 7, 2022 Publish: March 4, 11 18, and 25, 2022
CHERRY 3-25-22

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2022-01478
Gary S. Lang, 7839 Ahl Way Fair Oaks, CA 95628 are doing business under the Fictitious Business Name(s) "Lang-Apps Virtual Immersion" 7839 Ahl Way Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County February 25, 2022 Publish: March 4, 11 18, and 25, 2022
LANG 3-25-22

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2022-01272
Alex Sergey Sinsor, 6633 Cherry Lane Rio Linda, CA 95673 are doing business under the Fictitious Business Name(s) "Western Lakes Contracting" 6633 Cherry Lane Rio Linda, CA 95673. Filed with the Clerk of Sacramento County February 17, 2022 Publish: March 11 18, 25, and April 1, 2022
WESTERN 4-1-22

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2022-01588
Tyrell Turner, 4494 Mary Lynn Lane #3A Carmichael, CA 95608 are doing business under the Fictitious Business Name(s) "The Water Heater Guyz" 4494 Mary Lynn Lane #3A Carmichael, CA 95608. Filed with the Clerk of Sacramento County March 2, 2022 Publish: March 11 18, 25, and April 1, 2022
WATER 4-1-22

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2022-01164
Mayra Tamayo-Luna and Eugenie Gonzalez-Tamayo, 8217 Coed Lane Sacramento, CA 95828 are doing business under the Fictitious Business Name(s) "Luna's Cleaning Services" 8217 Coed Lane Sacramento, CA 95828. Filed with the Clerk of Sacramento County February 14, 2022 Publish: March 11 18, 25, and April 1, 2022
LUNA'S 4-1-22

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2022-01439
Frederico Marques, 11603 Gold Country Boulevard Gold River, CA 95670 and Juliana Coutinho, 204 Andalusian Way Roseville, CA 95678 are doing business under the Fictitious Business Name(s) "Fast N Easy Auto Sales" 7823 Fair Oaks Boulevard, Carmichael, CA 95608. Filed with the Clerk of Sacramento County February 24, 2022 Publish: March 11 18, 25, and April 1, 2022
FAST 4-1-22

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2022-01361
Midway Towing N Bay Inc, 6950 34th Street Suite 230A North Highlands, CA 95660 are doing business under the Fictitious Business Name(s) "Quality North Bay" 6950 34th Street North Highlands, CA 95660. Filed with the Clerk of Sacramento County February 22, 2022 Publish: March 11 18, 25, and April 1, 2022
QUALITY 4-1-22

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2022-01628
Dmitriy Romanyuk, 1620 Winchester Way Roseville, CA 95661 are doing business under the Fictitious Business Name(s) "Remedy Real Estate" 1610 R Street Suite 280 Sacramento, CA 95811. Filed with the Clerk of Sacramento County March 3, 2022 Publish: March 11 18, 25, and April 1, 2022
REMEDY 4-1-22

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2022-01585
Oranitha Mae Edington Powell, 35 Ramble Oak Circle Sacramento, CA 95831 are doing business under the Fictitious Business Name(s) "Empowerment Solutions for Young Black Men" 35 Ramble Creek Circle Sacramento, CA 95831. Filed with the Clerk of Sacramento County March 2, 2022 Publish: March 11 18, 25, and April 1, 2022
EMPOWERMENT 4-1-22

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2022-01059
Penny Valley Child Care Inc, 4331 Galbraith Drive Sacramento, CA 95842 are doing business under the Fictitious Business Name(s) "Ready Set Go Children's Center" 4331 Galbraith Drive Sacramento, CA 95842. Filed with the Clerk of Sacramento County February 8, 2022 Publish: March 11 18, 25, and April 1, 2022
PENNY 4-1-22

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2022-01524
Tamara Lee Summer, 6129 Terrell Drive #A Citrus Heights, CA 95621 are doing business under the Fictitious Business Name(s) "The Genealogy Helper" 6129 Terrell Drive #A Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County February 28, 2022 Publish: March 11 18, 25, and April 1, 2022
GENEALOGY 4-1-22

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2022-01555
Morris Motors 1107 LLC, 14176 Highway 160 Walnut Grove, CA 95690 are doing business under the Fictitious Business Name(s) "Morris Morris" 14176 Highway 160 Walnut Grove, CA 95690. Filed with the Clerk of Sacramento County March 1, 2022 Publish: March 11 18, 25, and April 1, 2022
MORRIS 4-1-22

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2022-01684
Miguel Angel Zarate Ortiz and Maria Victoria Zomeno Sevilla, 9247 Delair Way Elk Grove, CA 95758 are doing business under the Fictitious Business Name(s) "DZ Sport Horses" 9247 Delair Way Elk Grove, CA 95758. Filed with the Clerk of Sacramento County March 4, 2022 Publish: March 11 18, 25, and April 1, 2022
DZ 4-1-22

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2022-00753
1st Rate Loans, LLC, 18501 Murdock Circle Suite 101 Port Charlotte, FL 33948 are doing business under the Fictitious Business Name(s) "Motto Mortgage, 1st Rate" 2804 Gateway Oaks Drive #100 Sacramento, CA 95833. Filed with the Clerk of Sacramento County January 28, 2022 Publish: March 18, 25, April 1, and 8, 2022
MOTTO 4-8-22

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2022-01438
Thuy Thi Nguyen, 24 Windchime Court Sacramento, CA 95823 is doing business under the Fictitious Business Name(s) "Brandie Paul Nails & Spa" 9475 Madison Avenue #110-120 Folsom, CA 95630. Filed with the Clerk of Sacramento County February 24, 2022 Publish: March 18, 25, April 1, and 8, 2022
BRANDIE 4-8-22

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2022-01691
Posh Motorsports, 10 Main Avenue #6 Sacramento, CA 95638 are doing business under the Fictitious Business Name(s)

"Posh Motorsports" 10 Main Avenue Suite 6 Sacramento, CA 95638. Filed with the Clerk of Sacramento County March 4, 2022 Publish: March 18, 25, April 1, and 8, 2022
POSH 4-8-22

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2022-01693
James Mayfield-Martinez, 1117 Vessona Circle Folsom, CA 95630 are doing business under the Fictitious Business Name(s) "Lifted Peaks" 1117 Vessons Circle Folsom, CA 95630. Filed with the Clerk of Sacramento County March 4, 2022 Publish: March 18, 25, April 1, and 8, 2022
LIFTED 4-8-22

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2022-01633
Nina Krishel, 1501 16th Street #420 Sacramento, CA 95814 are doing business under the Fictitious Business Name(s) "Nina Krishel Consulting" 1501 16th Street #420 Sacramento, CA 95814. Filed with the Clerk of Sacramento County March 3, 2022 Publish: March 18, 25, April 1, and 8, 2022
NINA 4-8-22

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2022-01758
Mario Tapa Fonseca, 116 Hickory Street Unit A Roseville, CA 95678 are doing business under the Fictitious Business Name(s) "Express UB Auto Detailing" 116 Hickory Street Unit A Roseville, CA 95678. Filed with the Clerk of Sacramento County March 7, 2022 Publish: March 18, 25, April 1, and 8, 2022
EXPRESS 4-8-22

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2022-01140
Pursuit LLC, 6056 Rutland Drive Suite B326 Carmichael, CA 95608 are doing business under the Fictitious Business Name(s) "Roadnet" 6056 Rutland Drive Suite B326 Carmichael, CA 95608. Filed with the Clerk of Sacramento County February 10, 2022 Publish: March 18, 25, April 1, and 8, 2022
ROADNET 4-8-22

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2022-01716
Elfrén D. Quial, 4406 Miller Creek Court Stockton, CA 95219 are doing business under the Fictitious Business Name(s) "AlveoMed Nursing School" 8300 Fair Oaks Boulevard Suite 304 Carmichael, CA 95608. Filed with the Clerk of Sacramento County March 7, 2022 Publish: March 18, 25, April 1, and 8, 2022
ALVEO 4-8-22

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2022-01511
My Huong Thi Cao, 8438 Ardelle Way Elk Grove, CA 95624 is doing business under the Fictitious Business Name(s) "Derma Glow" 6624 Laguna Boulevard Suite 112 Elk Grove, CA 95758. Filed with the Clerk of Sacramento County February 28, 2022 Publish: March 18, 25, April 1, and 8, 2022
DERMA 4-8-22

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2022-01356
International Endeavours LLC, 7420 Watt Avenue APT #113 North Highlands, CA 95660 are doing business under the Fictitious Business Name(s) "DTE Development" 7420 Watt Avenue Apt #113 North Highlands, CA 95660. Filed with the Clerk of Sacramento County February 22, 2022 Publish: March 18, 25, April 1, and 8, 2022
DTE 4-8-22

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2022-01271
Alex Kulnich, 2335 Pez Vela Place Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Golden River Contracting" 2335 Pez Vella Place Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County February 17, 2022 Publish: March 18, 25, April 1, and 8, 2022
GOLDEN 4-8-22

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2022-01634
Zsn Burgerim LLC, 4040 Sunrise Boulevard Suite 100 Rancho Cordova, CA 95742 are doing business under the Fictitious Business Name(s) "ZSN Burgerim LLC" 4040 Sunrise Boulevard Suite 100 Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County March 3, 2022 Publish: March 18, 25, April 1, and 8, 2022
BURGERIM 4-8-22

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2022-01513
Kapi Smith, 11820 Melones Circle Gold River, CA 95670 is doing business under the Fictitious Business Name(s) "Kapri Wax & Skin Bar" 1134 Coloma Road Suite 645 Gold River, CA 95670. Filed with the Clerk of Sacramento County February 28, 2022 Publish: March 18, 25, April 1, and 8, 2022
KAPRI 4-8-22

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2022-01312
John Holt, 3315 Spicewood Drive Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "Neck of the Woods" 3315 Spicewood Drive Folsom, CA 95630. Filed with the Clerk of Sacramento County February 18, 2022 Publish: March 18, 25, April 1, and 8, 2022
NECK 4-8-22

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2022-00653
All Inclusive Medical Services Urgent Care, Inc, 5900 Coyle Avenue Suite B Carmichael, CA 95608 are doing business under the Fictitious Business Name(s) "AIMS Urgent Care" 5900 Coyle Avenue Suite B Carmichael, CA 95608. Filed with the Clerk of Sacramento County January 27, 2022 Publish: March 18, 25, April 1, and 8, 2022
AIMS 4-8-22

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2022-01891
Cheyenne Renae Keniston, 2826 Muskrat Way Sacramento, CA 95834 is doing business under the Fictitious Business Name(s) "CK Consulting, CRK Consulting" 2826 Muskrat Way Sacramento, CA 95834. Filed with the Clerk of Sacramento County March 10, 2022 Publish: March 18, 25, April 1, and 8, 2022
CK 4-8-22

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2022-01696
Jeanette Rodriguez, 4820 37th Avenue Sacramento, CA 95834 are doing business under the Fictitious Business Name(s) "Mirala Boutique" 5504 547th Street Sacramento, CA 95820. Filed with the Clerk of Sacramento County March 4, 2022 Publish: March 18, 25, April 1, and 8, 2022
MIRALA 4-8-22

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2022-01799
Gyro and Shawarma LLC, 2931 Sunrise Boulevard Suite 100 Rancho Cordova, CA 95742 are doing business under the Fictitious Business Name(s) "Bonfire Pizza and Wings" 10731 Coloma Road Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County March 9, 2022

Publish: March 18, 25, April 1, and 8, 2022
BONFIRE 4-8-22

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2022-01725
10th Island Foods Co LLC 3219 Petty Lane Carmichael, CA 95608 are doing business under the Fictitious Business Name(s) "Got Plate Lunch" 3219 Petty Lane Carmichael, CA 95608 Filed with the Clerk of Sacramento County March 7, 2022. Publish: March 18, 25, April 1 and 8, 2022
GOT 4-8-22

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2022-02040
Renea Marie Abu-Green, 199 Cosimo Court El Dorado Hills, CA 95762 is doing business under the Fictitious Business Name(s) "Nay Nay's Nails" 13405 Folsom Boulevard Suite 140 Folsom, CA 95630. Filed with the Clerk of Sacramento County March 16, 2022 Publish: March 25, April 1, 8, and 15, 2022
NAY 4-15-22

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2022-02098
Livwell Referral Agency, 4534 Jenness Way Sacramento, CA 95842 is doing business under the Fictitious Business Name(s) "Livwell, Livwell In home Care" 4534 Jenness Way Sacramento, CA 95842. Filed with the Clerk of Sacramento County March 8, 2022 Publish: March 25, April 1, 8, and 15, 2022
LIVWELL 4-15-22

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2022-01793
Zian's Family Beauty Supply LLC, 6472 Romack Circle Sacramento, CA 95822 is doing business under the Fictitious Business Name(s) "Tierra Phillips" 6472 Romack Circle Sacramento, CA 95822. Filed with the Clerk of Sacramento County March 8, 2022 Publish: March 25, April 1, 8, and 15, 2022
TIERRA 4-15-22

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2022-01934
Haeleigh Sinerios, 8081 Ramblewood Way Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "Reiki by Haeleigh" 8081 Ramblewood Way Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County March 11, 2022 Publish: March 25, April 1, 8, and 15, 2022
REIKI 4-15-22

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2022-01896
Wanda Nichols, 3429 Winning Way Sacramento, CA 95823 is doing business under the Fictitious Business Name(s) "Vanda Inspired" 3429 Winning Way Sacramento, CA 95823. Filed with the Clerk of Sacramento County March 10, 2022 Publish: March 25, April 1, 8, and 15, 2022
VANDA 4-15-22

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2022-02056
Daniel R. Wright, 5305 Gibbons Drive Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Liquid Landscape Services" 4021 California Avenue No 17 Carmichael, CA 95608. Filed with the Clerk of Sacramento County March 16, 2022 Publish: March 25, April 1, 8, and 15, 2022
LIQUID 4-15-22

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2022-02044
Jerry F Ahlin, 2311 W. La Loma Drive Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Creative Arts Co" 2311 W. La Loma Drive Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County March 16, 2022 Publish: March 25, April 1, 8, and 15, 2022
CREATIVE 4-15-22

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2022-01988
Engine Planet, 8559 Blackberry Way Elk Grove, CA 95624 is doing business under the Fictitious Business Name(s) "Engine Planet" 7000 Franklin Boulevard Suite 730 Sacramento, CA 95823. Filed with the Clerk of Sacramento County March 14, 2022 Publish: March 25, April 1, 8, and 15, 2022
ENGINE 4-15-22

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2022-01775
Ivan Hramma, 2966 Chateau Montelena Way Sacramento, CA 95834 is doing business under the Fictitious Business Name(s) "Transportation" 2966 Chateau Montelena Way Sacramento, CA 95834. Filed with the Clerk of Sacramento County March 8, 2022 Publish: March 25, April 1, 8, and 15, 2022
TRANSPORTATION 4-15-22

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2022-01606
Veterans Golf Park for Disabled Veterans, 8040 Hoopes Drive Citrus Heights, CA 95610 are doing business under the Fictitious Business Name(s) "Veterans Community Center" 6921 Sylvan Road Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County March 2, 2022 Publish: March 25, April 1, 8, and 15, 2022
VETERANS 4-15-22

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2022-01423
TransCapital Ventures, Inc, 5616 Kingswood Drive Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "TransCapital Realty" 5616 Kingswood Drive Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County February 23, 2022 Publish: March 25, April 1, 8, and 15, 2022
TRANS 4-15-22

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2022-01960
Jesse A. Mahon, 1609 Stewart Road Sacramento, CA 95864 is doing business under the Fictitious Business Name(s) "Jesse's Safe Co" 1609 Stewart Road Sacramento, CA 95864. Filed with the Clerk of Sacramento County March 11, 2022 Publish: March 25, April 1, 8, and 15, 2022
JESSE 4-15-22

ORDER TO SHOW FOR CHANGE OF NAME
SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#34-2022-00315353
Mohanad Mohammed Mahmood has filed a petition with this court for a decree changing the name(s) of Mohanad Mohammed Mahmood to Mohanad Mohammed Alshammary, Ahmed Mohanad Mohammed to Ahmed Mohanad Alshammary, Lama Mohanad Mohammed toLama Mohanad Alshammary, Taim Mohanad Mohammed to Taim Mohanad Alshammary . IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00a.m. on April 6, 2022, in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: February 9, 2022 Christopher E. Krueger, Judge of the Superior Court Publish: March 4, 11 18, and 25, 2022
MAHMOOD 3-25-22

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#34-2022-00315667
FNU Tajinder Kumar has filed a petition with this court for a decree changing the name(s) of FNU Tajinder Kumar to Tajinder Kumar Kaul, FNU Navita to Navita Kumar Kaul, FNU Nitek Kumar to Nitek Kumar Kaul . IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00a.m. on April 12, 2022, in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: February 18, 2022 Christopher E. Krueger, Judge of the Superior Court Publish: March 4, 11 18, and 25, 2022
KAUL 3-25-22

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#34-2022-00315599
Maria Christina Keene has filed a petition with this court for a decree changing the name(s) of Maria Christina Keene AKA Maria Christina Clave Keene to Maria Christina Keene Faila . IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00a.m. on April 12, 2022, in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: February 17, 2022 Christopher E. Krueger, Judge of the Superior Court Publish: March 4, 11 18, and 25, 2022
FAILA 3-25-22

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#34-2022-00315075
Michael Harold Wayne Rideout has filed a petition with this court for a decree changing the name(s) of Michael Harold Wayne Rideout to Michael Jabari Rahotep, and Chalena Jaynail Aiston to Chalena Isail Rahotep . IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00a.m. on March 29, 2022, in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: February 4, 2022 Christopher E. Krueger, Judge of the Superior Court Publish: March 4, 11 18, and 25, 2022
RAHOTEP 3-25-22

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#34-2022-00315606
Allison Marie Taylor has filed a petition with this court for a decree changing the name(s) of Weston Michael Debrodt to Weston Michael Taylor, Quinn Dawn Debrodt to Quinn Dawn Taylor, and Paige Diane Debrodt to Paige Diane Taylor. IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 1:30p.m. on April 12, 2022, in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: February 17, 2022 RichardK.Sueyoshi,JudgeoftheSuperiorCourt Publish: March 4, 11 18, and 25, 2022
TAYLOR 3-25-22

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#34-2022-00315563
Chofa Moses Jose Calonge has filed a petition with this court for a decree changing the name(s) of Chofa Moses Jose Calonge to Chofa Moses Grijalva. IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 1:30p.m. on April 12, 2022, in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: February 17, 2022 RichardK.Sueyoshi,JudgeoftheSuperiorCourt Publish: March 4, 11 18, and 25, 2022
GRJUALVA 3-25-22

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#34-2022-00340022
LaNice Delorean DeShields aka LaNice Delorean Feathers has filed a petition with this court for a decree changing the name(s) of LaNice Delorean DeShields aka LaNice Delorean Rivera to Kitty Delorean Feathers. IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 1:30p.m. on March 30, 2022, in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: February 4, 2022 RichardK.Sueyoshi,JudgeoftheSuperiorCourt Publish: March 4, 11 18, and 25, 2022
RIVERA 3-25-22

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#34-2022-00315940
Saranjeet Smara has filed a petition with this court for a decree changing the name(s) of

CALL A PRO BUSINESS DIRECTORY

SLS
Superior Landscape Services
Landscaping and Maintenance

- Sprinkler Repair/Install • Pruning
- Mowing/Trimming • Fertilizing

Insured
Lic#794551

(916) 728-5812 • Cell (916) 761-0999
Dave Cochran Owner • dave_SLS@surewest.net

MARTY MOEN
Fencing and Decks

Free Estimates

- Ornamental Iron
- Wood • Chain Link

(916) 796-1005

GREENWAY TREE SERVICE

Specializing in Expert Tree Pruning,
Tree Removal & Stump Grinding

Free Estimates
Competitive Prices

Licensed and Insured

(916) 224-9750

A-1 AFFORDABLE ROOFING

- New Roofs • Certifications • Roof Repairs
- Dry Rot Repairs • Roof Inspections • Gutters

John Fleenor, Contractor
1741 L Street, Rio Linda, CA 95673

Cell: (916) 206-1613

Contractor Lic. #681098

CLEAN & SOBER
LIVING
CSTL, Inc.

Helping People and the Community
with the Alcohol and Drug Problem!
Over 20 Years in Business!

Sober Living - 916.961.2691

Rio Linda Eye Care

Laser Surgery • Eye Glasses • Contact Lenses

- Eyewear for Computer Users

Dr. William Fleischmann
(916) 991-8444

Saturday Appointments Available
6716 RIO LINDA BLVD., SUITE B, RIO LINDA

MORE TIME ON YOUR BUSINESS
...and less time
managing
payroll

FREE PAYROLL PROCESSING FOR ONE MONTH IF YOU CALL NOW!

Pinnacle
EMPLOYEE SERVICES

916-760-7227
www.pinnacleh.ro.com

CALL
916-773-1111
TO ADVERTISE
In the Call a Pro Directory

TRACTOR SERVICE

- Mowing • Rototilling
- Discing • Scraper/Loader

Call
(916) 991-8431

Natalie Miller
Independent Beauty Consultant

millernatalie29@yahoo.com
www.marykay.com/nmiller9625
916.621.0833

Contact me for a Complimentary Facial

MARY KAY

DUDEPRESSURE
DUDE. THAT IS CLEAN!

Pressure Washing Services

License Number SPB12021-00112

Robert Beard
916-825-0999
DUDEPRESSURE@GMAIL.COM
DUDEPRESSURE.SIMDIF.COM

HOME SERVICES
DRIVEWAYS
PATIOS
SIDING
ROOF
AUTO SERVICES
CAR WASH
CARPET
SEATS
WAX
UV PROTECTANT

pet angel
PAINTING

Jeannine Bringman
Look:
j9paintings.com/paintings/
j9paintings@yahoo.com
cell/text 310.850.9413

Portraits / Memorials

CROSSWORD

O	D	D	S			F	B	I			C	E	D	E
B	O	A	T			C	R	O	C		S	U	R	E
I	O	T	A			H	U	L	K		P	L	I	E
		M	A	T	U	R	I	T	Y		I	T	E	M
				U	N	I	T	S			L	E	I	
G	H	O	S	T	S			D	E	L	V	I	N	G
R	A	N			I	M	P	A	R	T		A	D	A
A	L	I	N	E			I	R	E		P	R	I	C
F	O	C	I			P	E	E	W	E		O	R	E
T	S	E	T	S	E	S				S	E	A	M	E
				R	U	N			S	I	C	K	S	
		M	O	O	S				I	N	V	A	S	I
A	A	R	G	H			L	O	O	P		M	E	L
N	I	S	E	I			L	O	R	E		O	G	L
A	N	O	N				S	P	Y			V	A	S

STATEPOINT CROSSWORD • GARDENING

CLUES

ACROSS

- Betting probability
- Once headed by J. Edgar Hoover
- Formally surrender
- Gravy holder
- Nile dweller, for short
- More certain
- Tiny bit
- a.k.a. Bruce Banner
- One who plies one's trade
- "Days to ____," on a seed packet
- Big-ticket ____
- Apartments, e.g.
- *Plumerias are often used in this Hawaiian greeting
- Scrooge's visitors
- Digging into
- What Carl Lewis did
- Bestow
- Month before Nissan
- Dress with a flare
- Choler
- On a store tag
- Central points
40. Paul Reubens' Herman
- Mother lode stuff
- African bloodsucking pests
- Salty dogs
- Current tense of #30

Across

- Retches
- Bovine cries
- "Like an aggressive weed
- Frustration, in a comic book
- *Holds a plant stem to a support
- Type of hot sandwich
- One born to Japanese immigrants
- Urban legends, e.g.
- Check out
- Shakespeare's "at another time"
- "The ____ Who Loved Me"
- *Flower's location after a garden?

DOWN

- Kimono closer
- Banish to Hades
- Crunched numbers
- Facebook's update feature
- *Seed plant's harvest
- *Goes to seed
- Rotten and stinky
- *Plant variety
- Famous canal
- Hold as a conviction
- Make a blunder
- Church service oil
- Salesman's speech, e.g.
- Loosen laces
- Tennis do-over
- *Splice, to a gardener
- Nimbi on ikons
- In the cooler (2 words)
- Former Saint Brees
- "Pulling my leg," e.g.
- Mother-of-pearl
- *Kind of thumb
- Pizzeria output, pl.
- "____ you kidding?"
- *N in N-P-K
- Sneaked glances
- Slammer
- "The Shawshank Redemption" theme

CROSSWORD

1	2	3	4		5	6	7		8	9	10	11
12					13				14			
15					16				17			
	18				19				20			
				21				22				
23	24	25					26			27	28	29
30				31		32	33			34		
35		36				37			38			
39				40				41			42	
43				44				45		46		
		47				48	49					
	50	51				52				53	54	
55						56			57			58
59						60			61			
62						63			64			

dish BRING EVERYTHING YOU LOVE TOGETHER!

2-YEAR TV PRICE GUARANTEE

\$69.99 MO. 190 CHANNELS for 12 Mos. Including Local Channels!

CALL TODAY - For \$100 Gift Card Promo Code: 9518108

1-888-416-7103 Offer ends 4/15/22

Blazing Fast Internet! NEED TO YOUR PACKAGE FOR ONLY \$19.99 per month. where available

© StatePoint Media

Classified Advertising

Sell Your Stuff!
Reach 1000's of
Readers Every Week!

MPG

916-773-1111

SUDOKU

4	8	5	3	9	1	7	2	6
1	3	7	8	2	6	9	4	5
2	9	6	7	4	5	8	1	3
5	7	2	4	1	9	6	3	8
3	6	1	2	5	8	4	7	9
9	4	8	6	3	7	2	5	1
7	1	9	5	6	4	3	8	2
8	5	3	9	7	2	1	6	4
6	2	4	1	8	3	5	9	7

LEGAL ADS FOR SACRAMENTO COUNTY?

We Can Do That!

Call to place your legal advertising

916-773-1111

All Legal Ads Published by Messenger Publishing **MPG**

GRAND ALASKAN CRUISE & TOUR

12 days, departs May - Sep 2022

promo code N7917

1-855-208-9533

SUDOKU

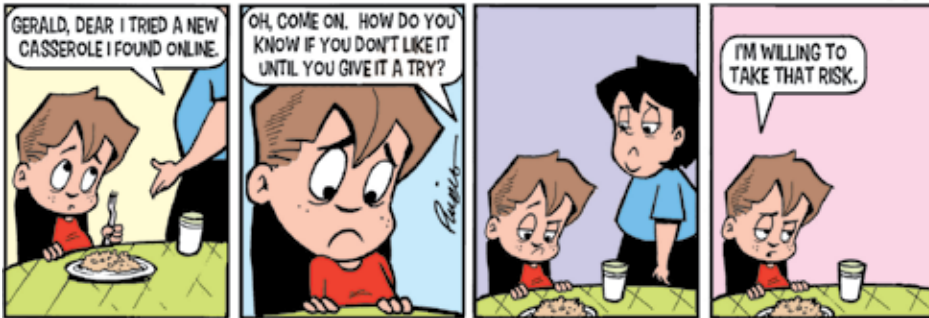
4			3			2		
1	7					4	5	
		6			8		3	
			4	1	6			
			2	8				
	8		3	7				
7	9				3			
8	5				1	4		
	2			3			7	

Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

WEEKLY COMICS

Amber Waves

by Dave T. Phipps



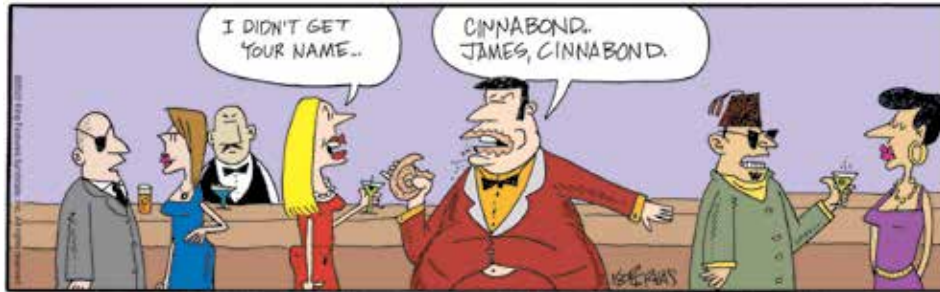
The Spats

by Jeff Pickering



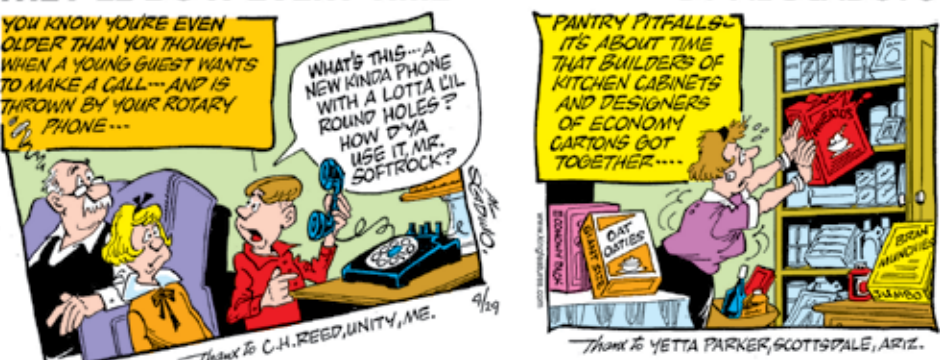
Out on a Limb

by Gary Kopervas



THEY'LL DO IT EVERY TIME

BY AL SCADUTO



R.F.D.

by Mike Marland



GRIN and BEAR IT

LAFF-A-DAY



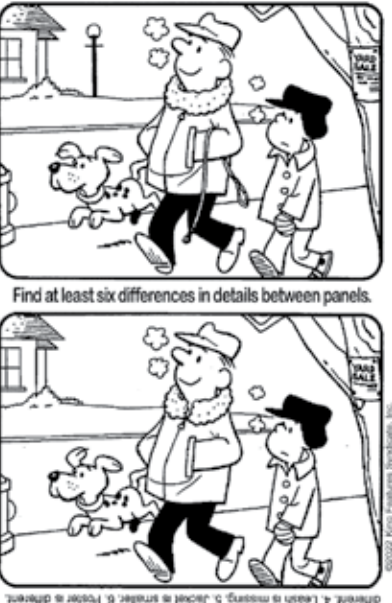
Just Like Cats & Dogs

by Dave T. Phipps



HOCUS-FOCUS

BY HENRY BOLTINOFF



THE CONSTITUTION FOR PEACE OFFICERS

Elected Representatives and Citizens

Sheriff Richard Mack

KrisAnn Hall

Co-Hosted by

For Sheriffs, Deputies, Law Enforcement, Elected Representatives and Citizens who want to understand the Constitution and the responsibilities of the oath of office.

Only \$49 - Lunch Included

Private Breakout Session for Peace Officers and Elected's

Special Thanks to all of our Sponsors!

April 2, 2022

Registration 7:30AM, Event 8:30AM - 4:00PM

(Lunch Included)

CHURCH OF GLAD TIDINGS

1179 Eager Road, Live Oak, CA 95953

REGISTER TODAY!

<https://www.gorillalearninginstitute.org/cspoa>

County Shelter Reopens Veterinary Outreach Program

By Allison Harris, Sac County PIO

SACRAMENTO COUNTY, CA (MPG) - Sacramento County's Bradshaw Animal Shelter is bringing back their mobile pet wellness clinic.

Their first clinic is scheduled for Sunday, March 20, 2022, at Howe Park in the Arden-Arcade area between 10 a.m. and 1 p.m.

The mobile dog clinic is part of the Bradshaw Animal Assistance Team (BAAT) veterinary outreach. The program provides free basic veterinary services to low-income and unsheltered pet owners in Sacramento County. Prior to the pandemic, the volunteer-run program provided critical care for more than 9,200 pets in our community from 2016 to 2019.

"The need for care has only increased during the past two years of the pandemic," says BAAT Clinic & Shelter Volunteer Coordinator, Celeste Ingrid. "We're looking forward to getting back into our communities with the care that disadvantaged pets need."

The mobile clinic offers many free services for dogs including:

- Vaccinations
- Microchipping
- Deworming
- Engraved ID tags and collars
- Flea prevention
- Treatment of some minor medical conditions

For more information about the upcoming clinic, visit the shelter's Facebook page. If you're interested in volunteering for an upcoming clinic, please contact the BAAT Clinic Coordinator Celeste Ingrid. ★

Revised Sacramento County Housing Element Approved

Sacramento County Press Release

SACRAMENTO, CA (MPG) - The Sacramento County Board of Supervisors voted unanimously on March 8 to adopt a resolution amending the Sacramento County General Plan, including the Housing Element.

The Board of Supervisors approved the initial General Plan Amendment amending the Housing Element of the Sacramento County General Plan back in July 2021, and Planning and Environmental Review (PER) submitted the adopted Housing Element to State of California Housing and Community Development Department (HCD) for certification in July 2021.

On October 28, 2021, PER staff received a letter from HCD requiring additional changes for certification.

Between December 2021 and February 2022, PER staff worked with HCD and the Sacramento Housing Alliance (SHA) to address all concerns and comments related to the Housing Element.

"The Revised Housing Element includes program clarifications that respond to the State of California Housing and Community Development Department and Sacramento Housing Alliance comments," said Todd Smith, Principal Planner. "With the approval of the Board of Supervisors, the adopted Housing Element will be resubmitted to the HCD, and we are confident that it will be certified."

Two versions of the approved Housing Element are available for review on the PER Housing Element Update webpage: a "clean" version and a version with changes tracked. ★

