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# THE NEWS

*Established 1983 ... The best little paper in these parts!*

VOLUME 41 • ISSUE 8

*Serving Rio Linda, Elverta and Sacramento County*

FEBRUARY 25, 2022

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## Keeping It Going

*California is still in a State of Emergency?*



Gov. Gavin Newsom discusses the next phase of the state's COVID-19 response at a press conference in Fontana on Feb. 17, 2022. The press conference took place in one of many warehouses where PPE supplies are stored. Photo by Alisha Jucevic for CalMatters

**By Alexei Koseff,  
CALMatters.org**

For weeks, Gov. Gavin Newsom teased that California would soon enter a new phase of its response to the coronavirus pandemic, one in which the state shifted its perspective to how to deal with an endemic disease that will likely be a regular part of our lives.

But when that moment arrived Thursday, (February 17) Newsom made clear that the new strategy did not mean the fight was over. His long-awaited announcement came with no eulogy to the pandemic, no lifting of additional health restrictions and, despite growing calls from conservative critics, no end to the state of emergency that began nearly two years ago.

During a press conference at a San Bernardino County warehouse where his administration stores personal protective equipment, Newsom

said early rhetoric envisioning a war against the virus was misguided. He could not offer a final destination for the battle, he said, only a direction in which the state would keep moving.

"We have all come to understand what was not understood at the beginning of this crisis – that there is not an end date, that there is not a moment where we declare victory," Newsom said.

What Californians did get from the governor was an acronym, SMARTER, for the state's priorities as it prepares for a future that may include more variants and surges.

It's a reflection of the tricky political dance awaiting Newsom as people increasingly seem done with a virus that is not yet done with them.

A poll released this week by the Los Angeles Times and the UC Berkeley Institute of Governmental Studies found that, by a margin of two to one, California voters believe the coronavirus situation is

improving.

Yet even as the rate of new cases has fallen precipitously from the peak of the omicron surge, down about 90% from a month ago, it is still at roughly the same level as the height of the delta wave last summer.

"We are moving past the crisis phase into a phase where we will work to live with this virus and we will maintain a readiness posture," Newsom said.

While he overwhelmingly beat back a recall last year by leaning on his forceful response to the pandemic, enthusiasm appears to be waning for the governor's approach. The L.A. Times poll found voters were nearly evenly split on his handling of the coronavirus, with 39% of respondents giving Newsom excellent or good marks and 40% giving him a poor or very poor rating.

That tension is concentrated in a fight over the state of emergency

*Continued on page 3*

## Sacramento Rescinds Local Health Orders



**Sacramento County  
News Release**

**SACRAMENTO COUNTY, CA (MPG)** - In alignment with the State, effective immediately Sacramento County is rescinding the July 26 health order requiring all individuals to wear face coverings indoors and the Jan. 6 health order directing all public meetings be held virtually.

As per the California Department of Public Health (CDPH) order, all unvaccinated individuals will continue to be required to wear face-coverings in all indoor public settings. Statewide indoor masking requirements regardless of vaccination status will remain in effect for public transportation; healthcare settings; congregate settings like correctional facilities and homeless shelters; long-term care facilities; and in K-12 schools and childcare settings.

Public Health continues to recommend the use of masks in public settings as an effective tool to prevent the spread of the virus, especially in crowded settings. Continuing to mask indoors remains the safest way to protect those who are unable to be vaccinated.

Please remember some individuals may continue to wear masks in public spaces for a variety of reasons, even if they are vaccinated, and as mandates or advisories fade. Someone may be immunocompromised, prefer to wear a mask, or have a family member who is immunocompromised or too young to be vaccinated. Please be kind and conscientious of your fellow community members and the decisions they make to protect themselves.

Vaccinations continue to be the most effective tool in slowing the rate of spread and mitigating severe symptoms of COVID-19. For a list of vaccination clinics, visit the Sacramento County Public Health Vaccination website, call 2-1-1 or visit MyTurn.ca.gov. Homebound residents can contact 2-1-1 to request in-home vaccination services.

## Women United Celebrate Years Helping Foster Youth



**Former Sacramento foster youth September Hargrove.**  
Photo provided by Thébaud Communications

**By Kristin Thébaud,  
Thébaud Comm**

**SACRAMENTO, CA (MPG)** - United Way California Capital Region's Women United action group is inviting community members to its 20th anniversary luncheon on March 25 from 11am-1pm at the Croatian American Cultural Center

in Sacramento, where influential professional women from across the state will gather to raise awareness and funds to support local foster youth. The event, which takes place during Women's History Month, will celebrate the power of women working together to prepare local foster youth for adulthood and will include stories of youth whose lives have been changed over the past 20 years. The event will include lunch, presentations by local foster youth who participated in a writing partnership with nonprofit 916 Ink called "Find Your Voice," and information about how to get involved. Tickets and sponsorships will benefit United Way California Capital Region's programs for foster youth. Ticket sales end on March

4: YourLocalUnitedWay.org/WU2022.

"This is a remarkable opportunity to celebrate what women in our community have done together for local foster youth over the past two decades," said Dr. Dawnté Early, president and CEO, United Way California Capital Region. "As we move into a new decade of work, we face new challenges, but we know that this powerful group of women will continue to find new ways to meet the most pressing needs of foster youth in our community so they are prepared for success in adulthood."

United Way's Women United, founded as United Way's Women in Philanthropy in 2002 with 35 members, has grown to 250 members and is now

part of a global United Way network of more than 75,000 women taking action and impacting change. Local members have raised \$2 million for United Way's foster youth programs, also offering hundreds of life skills workshops and holding special events to showcase career opportunities and bring foster care professionals together to address current needs in the California capital region. Since 2011, the group has helped nearly 1,500 foster youth open bank accounts called Individual Development Accounts, a type of matched savings account, so they can leave the foster care system with money they have earned. Learn more about Women United: YourLocalUnitedWay.org/Women-United. ★



Annual STC Memorial Scholarship Available



Above: Sacramento Tall Club president Bob Huggett, left and his wife Patty, presented 2018-19 STC scholarship winner Nicole Hensley, a graduating senior of Bella Vista High School in Orangevale, with a \$1,000 scholarship check at the school's annual awards night celebration as fellow STC members LeeAnn and Dave Spencer look on. Inset: Ekaterina (Katia) Griffin, a graduate of William and Marian Ghidotti Early College High School in Grass Valley was one of three 2020 STC scholarship winners. Griffin attends the University of California San Diego and is studying chemical engineering. Photos courtesy of the Sacramento Tall Club

By Thomas J. Sullivan

**SACRAMENTO REGION, CA (MPG)** - Members of the Sacramento Tall Club (STC) affiliated with Tall Clubs International (TCI) are seeking outstanding eligible high school seniors throughout Sacramento, Yolo, Placer and El Dorado counties to apply for their competitive annual academic scholarship.

While scholarship application materials were provided to county board of election departments in the four counties by STC in January, the club is taking an extra step this year to ensure that it gets the general word out to interested high school seniors throughout the geographical region, said Barbara Kerrin, STC scholarship chair.

"There are dozens of private and public high schools within the Northern California region whose students can and should apply," Kerrin said. "By distributing information broadly to the communication department of county boards of education throughout the region, we avoid any individual high school districts of

accusing us of favoritism."

Every year, Sacramento Tall Club awards academic scholarships to qualified and talented high school seniors who meet the tall club height requirements (at least 5'10" for women and 6'2" for men.) The annual STC scholarship award is dedicated in memoriam of former STC members many of whom were big supporters of young scholars and their many talents and merits. Scholarship amounts can vary year to year.

Part of the scholarship application for each young person is to write an essay titled "What being tall means to me."

"Their essays are quite reflective and thoughtful about the personal challenges we as tall people, often face," Kerrin said.

Completed typed essays and all application materials submitted by area high school students graduating in the 2021-22 school year is March 1, said Barbara Kerrin, STC scholarship chair.

Local STC scholarship winners also compete for annual scholarships

awarded by both Tall Clubs International (TCI) and by the non-profit Tall Clubs International Foundation. Annually, the TCI Foundation awards additional multiple student scholarships of up to \$1,000 each.

While grade point average and test scores are especially important scholarship evaluation criteria, so too are participation in school activities and community involvement, Kerrin said.

"Just being tall doesn't alone qualify you," she said.

General membership itself in the social Sacramento Tall Club itself is open to men that are over six feet and women that are nearing that mark.

Ekaterina (Katia) Griffin, a graduate of William and Marian Ghidotti Early College High School in Grass Valley was one of three 2020 STC scholarship winners. Griffin attends the University of California San Diego and is studying chemical engineering.

In 2019, Nicole Hensley, a graduating senior from Bella Vista High School in Orangevale received a

\$1,000 academic scholarship from the Sacramento Tall Club scholarship award and was a Tall Club International (TCI) scholarship winner.

"We wish all our applicants all the best in the preparing of their applications, and in their overall scholarship search," Kerrin said. The 2020 STC scholarship winner will be notified later in March by the club membership.

Kerrin said all signed STC scholarship applications should be submitted with a good headshot photo, preferably a senior graduation photo. Partial applications are not accepted.

"If you want to know whether or not your STC scholarship application has been received, you MUST send in a self-addressed stamped envelope," Kerrin said. "We will not answer any requests via email to whether we have received an application or not."

Applicants may view STC scholarship application guidelines, sample essays and view photos of current and past winners on the club website at [www.sacramento-tallclub.org/scholarship/](http://www.sacramento-tallclub.org/scholarship/)

The club has a donations link to contribute to its scholarship fund at [www.sacramento-tallclub.org/scholarship/contribute-to-our-scholarship-fund/](http://www.sacramento-tallclub.org/scholarship/contribute-to-our-scholarship-fund/) so the amount of student scholarship awards can be increased.

Completed scholarship applications can be submitted electronically to: [scholarship@sacramento-tallclub.org](mailto:scholarship@sacramento-tallclub.org) or by mail to: STC Scholarship Application, c/o Sacramento Tall Club Scholarship, 8712 Brigham Way, Sacramento CA 95826.

Applicants can contact [scholarship@sacramento-tallclub.org](mailto:scholarship@sacramento-tallclub.org) with questions or for more information. ★

Sheriff Scott Jones Signs the Taxpayer Protection Pledge



Scott Jones

**Sheriff Scott Jones for US Congress**

**SACRAMENTO, CA (MPG)** - Sacramento County Sheriff Scott Jones announced that he signed Americans for Tax Reform's "Taxpayer Protection Pledge," a pledge to oppose all new tax increases when elected to Congress.

"As Sheriff, I took a solemn pledge to protect and serve my community. It is with that same commitment that I sign the Taxpayer Protection Pledge to oppose all tax increases. Especially at a time with record high inflation, Americans, and especially Californians, are overtaxed and are often an afterthought when Congress decides where to spend their hard-earned tax dollars. I firmly believe that Americans should keep more of their own money, not send more and more to Washington politicians who continue to spend with impunity," said Sheriff Jones.

Sheriff Jones accomplished a strong record

of leadership at the Sacramento County Sheriff's Office, stewarding the Department's recovery from the worst financial crisis of its history, becoming a regional leader in the fight against gangs, and hiring a record number of women, minorities, and veterans. As one of the foremost experts on law enforcement in California, Sheriff Jones has been an advocate for investing in public safety and a vocal opponent of the 'Defund the Police' movement. In Congress, Jones will be an advocate for fiscal accountability, border security, and restoring criminal justice to America's communities.

A nationally recognized law enforcement leader, Jones has testified before Congress, and has presented at two White House conferences on law enforcement, immigration, and safety issues.

California's 3rd Congressional District includes the Counties of Placer, Nevada, Mono, Sierra, Inyo, Plumas and Alpine and portions of Sacramento, El Dorado, and Yuba Counties. It is an open seat and Republicans hold a 7-point registration advantage.

To learn more about Sheriff Scott Jones and his campaign for Congress, visit: [scottjonesforcongress.com](http://scottjonesforcongress.com). ★

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Limit 2 Pkgs with Coupon  
Limit One Coupon Per Family  
Price Valid Only With Coupon  
Effective 2/23/22 - 3/1/22

**\$1.35** CHM PLU 573

BONUS COUPON

**JONNY CAT PREMIUM CAT LITTER**  
20 Lb Bag  
Limit 1 Bag With Coupon  
Limit One Coupon Per Family  
Price Valid Only With Coupon  
Effective 2/23/22 - 3/1/22

**\$4.19** CHM PLU 362







# CLG NEWS UPDATES

Provided by Citizens for Legitimate Government (CLG) See legitgov.org

**CDC Admits PCR Tests Were Used to Harvest People’s DNA Without Consent** | 18 Feb 2022 | If you’ve gotten a Covid test, there’s a chance your DNA has been harvested without your consent. Following a worrisome tweet from the CDC on Wednesday, another widely criticized so-called “conspiracy theory” has become reality: Covid-19 PCR tests have been forwarded to laboratories for mapping “genomic sequencing” without consent. The procedure of genomic sequencing is used to examine the genetic makeup of viruses. In summary, if you consented to a PCR nose swab, your genetic material may have been transmitted to a facility outside of the United States and utilized for reasons you were unaware of. The CDC noted in the film “its [PCR tests] being used by scientists all over the world to track the emergence of SARS-CoV-2 variants.”

**Sen. Ron Johnson Introduces Bill That Would Block Federal Agencies From Interfering With Doctors’ Right to Treat Patients** | 18 Feb 2022 | Republican Wisconsin Sen. Ron Johnson introduced legislation Wednesday that would block federal agencies from interfering with doctors’ rights to treat patients. The Daily Caller first obtained the legislation which was cosponsored by Republican Indiana Sen. Mike Braun and Republican Utah Sen. Mike Lee. The bill is titled the “The Right to Treat Act” and would make it so no federal agency would have the authority to regulate the practice of medicine and that no federal law, rule, regulation, or policy would restrict the distribution of FDA approved drugs or a Right to Try dr-g. Many other countries have experimented with other dr-gs to help prevent or treat COVID-19.

**American truckers plan convoy to DC in protest of COVID-19 mandates** – | 17 Feb 2022 | Taking a cue from truckers bordering America’s north, a political action committee will partner with truck convoys to protest what it deems as overreaching government COVID-19 restrictions and mandates. The Great American Patriot Project on Wednesday asked volunteers to contribute, join or support a convoy of truckers slated to travel to Washington D.C. next month. Routes for the convoys will start in Cleveland, Columbus, Ohio and Fresno, California and will end on March 6 in Washington. They will be met by a congressional welcome committee to discuss policy changes, organizers said.

**Police horses trample demonstrators at Freedom Convoy protest in Ottawa** By Joe Warmington | 18 Feb 2022 | Turns out the lasting image of the Freedom Convoy protest at Parliament Hill will not be bouncy castles but that of a woman with a walker being trampled by a police horse. The violence the Prime Minister has expressed concern about during the three-week protest in Ottawa didn’t unfold until Justin Trudeau’s Emergencies Act police army was sent in to disperse the crowd. The three major incidents Friday, under a form of martial law, were grotesque. Video of Toronto Police Mounted Unit officers charging into the crowd and at least one horse trampling multiple people -- including an elderly woman with a walker -- was disturbing. But that was not the only troubling incident. Another saw a protester behind a police line repeatedly being smashed with an officer’s rifle. And convoy organizer Benjamin Dichter also told the Toronto Sun “one of drivers had his truck windows smashed by Ottawa Police (with) guns drawn and (he was) dragged out of his vehicle by force.”

**Canadian clergy rebuke Trudeau for invoking Emergencies Act, other ‘tyrannical actions’** | 18 Feb 2022 | A group of Canadian clergy sent an open letter to Canadian Prime Minister Justin Trudeau earlier this week rebuking him for invoking the Emergencies Act to quell the Freedom Convoy and for other actions they described as “tyrannical.” “We are writing to you as representative pastors of Christian congregations from across the nation and as law-abiding citizens who respect the God-defined role of civil government and uphold the Canadian Charter of Rights and Freedoms, the highest law of our land, which recognizes the supremacy of God over all human legislation,” read the letter, which was signed by 29 clergymen and remains open for other Canadians to sign. ★



**By County Supervisor Sue Frost**

*Through the generosity of the The Rio Linda News, this column serves to provide an update about matters affecting the community of Rio Linda.*

It may be hard to realize this, but we are already well into 2022. I say this because I find myself reading headlines that make me feel like I am still living in late 2020. As has been the case throughout the COVID-19 pandemic, the rules are made up and the data does not matter. After months of a reinstated, statewide mask mandate, Governor Newsom announced the mandate would be lifted on February 15th. Shortly after, I was elated to see the county’s public health officer would follow the state’s lead and lift our mask mandate as well. The vexing thing about these decisions however, is that the originally stated thresholds for freedom from such mandates have again been irrelevant to the process.

I think it is great that the requirement of masks indoors is being lifted ahead of schedule but it just goes to show how subjective all of the benchmarks are. At the time the county’s mask mandate was reinstated, we were told that it would be lifted when we dropped below a case rate of five per 100,000.

## RIO LINDA COMMUNITY UPDATE

### A Pattern of Inconsistency

When the announcement came that the mask mandate would be lifted, we sat at 63.8 cases per 100,000 which is obviously significantly higher than the previous goal. Again, these guidelines and benchmarks are clearly subjective, and it makes me wonder why any of these false goal lines have continued to be identified – especially when the science we are all supposed to be following continues to change.

Case in point, Sacramento County’s most recent mask mandate was put in place to help slow the spread as cases spiked. While the mask mandate was in place however, we saw our highest case rates of the entire pandemic. At the same time, the death rate remained far below what we saw at its peak. With numbers like those, it would seem the mask mandate achieved essentially nothing.

On March 8, 2020, Dr. Fauci made a comment on 60 Minutes, “There’s no reason to be walking around with a mask...” – then on April 3, 2020, he and the CDC directed us to wear a mask. As time progressed, we were told to wear 2 masks, that children must mask while playing sports outdoors, and that cloth masks don’t work but N95 masks do. We were told that if we get the shot, we can take off the mask and travel, then we were told to put back the mask because it turns out the vaccine does not prevent contracting or transmitting the disease. We’ve been told we must wear a mask indoors, but if we are

sitting at a table in a restaurant, we can take the mask off. Children who are not at-risk are required to wear a mask, while adults who are at-risk can go without a mask.

We clearly have a long way to go to regaining common sense and normalcy. Lifting mask mandates only for the vaccinated did not work last time but that is what we are doing again. As the virus changes and we watch case rates of both the vaccinated and unvaccinated rise and fall together, it is becoming more evident that the need for emergency declarations and knee jerk mandates need to be left behind. Instead, we need to do as we have with all other viruses that mutate too often to be eradicated – we must learn to live with the virus while minimizing its impact on society.

At this point, the only things we should be hearing about mask mandates is when we are discussing studies of how they have impacted our health, the total well-being of students, and how we can better respond to similar outbreaks in the future.

Thank you for reading – and as always, if you want to contact me, call me at 916-874-5491, or e-mail me at SupervisorFrost@saccounty.net.

*Sacramento County Supervisor Sue Frost represents the 4th District, which includes the communities of Citrus Heights, Folsom, Orangevale, Antelope, North Highlands, Rio Linda, Elverta, and Rancho Murieta.* ★



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FICTITIOUS BUSINESS NAME STATEMENTS		
FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-00523 Sheila Deleon, 7814 Carraway Drive Antelope, CA 95843 are doing business under the Fictitious Business Name(s) "Sheila Deleon Mobile Detailing" 784 Carraway Drive Antelope, CA 95843. Filed with the Clerk of Sacramento County January 4, 2022 Publish: February 4, 11, 18, and 25, 2022		
SHEILA 180201	2-25-22	
FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-00632 Kh Maiwand Maiwand, 2601 Howe Avenue #62 Sacramento, CA 95821 are doing business under the Fictitious Business Name(s) "Azizi Transportation Services" 2601 Howe Avenue #62 Sacramento, CA 95821. Filed with the Clerk of Sacramento County January 27, 2022 Publish: February 4, 11, 18, and 25, 2022		
AZIZI 180201	2-25-22	
FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-00256 Elizabeth Maturino, 8462 Wheatland Drive Sacramento, CA 95828 are doing business under the Fictitious Business Name(s) "Notarize It-Mobile Notary" 8462 Wheatland Drive, Sacramento, CA 95828. Filed with the Clerk of Sacramento County January 13, 2022 Publish: February 4, 11, 18, and 25, 2022		
INOTARIZE 180201	2-25-22	
FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-00444 Circle Theory Productions LLC, 4933 San Marque Circle Carmichael, CA 95608 are doing business under the Fictitious Business Name(s) "Circletheory Productions" 4933 San Marque Circle Carmichael, CA 95608. Filed with the Clerk of Sacramento County January 21, 2022 Publish: February 4, 11, 18, and 25, 2022		
CIRCLE 180201	2-25-22	
FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-00359 Orane LLC, 5409 Yellow Pine Way Sacramento, CA 95841 are doing business under the Fictitious Business Name(s) "Orane LLC, Orane Label LLC" 5409 Yellow Pine Way Sacramento, CA 95841. Filed with the Clerk of Sacramento County January 19, 2022 Publish: February 4, 11, 18, and 25, 2022		
ORANE 180201	2-25-22	
FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-00433 Whyze Marketing Inc, 2530 J Street Suite 300 Sacramento, CA 95621 are doing business under the Fictitious Business Name(s) "CyberWhyze" 2530 J Street Suite 300 Sacramento, CA 95621. Filed with the Clerk of Sacramento County January 21, 2022 Publish: February 11, 18, 25, and March 4, 2022		
CYBER 180201	3-4-22	
FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-00792 Elizabeth Maas, 1820 Capitol Avenue Sacramento, CA 95811 are doing business under the Fictitious Business Name(s) "Yeshua Light Healing House" 7551 Freepoint Boulevard #1044 Sacramento, CA 95832. Filed with the Clerk of Sacramento County January 31, 2022 Publish: February 11, 18, 25, and March 4, 2022		
YESHUA 180201	3-4-22	
FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-00790 Ann Margaret Murphy, 510 Santa Ynez Way Sacramento, CA 95816 are doing business under the Fictitious Business Name(s) "Helmet Diva" 510 Santa Ynez Way Sacramento, CA 95816. Filed with the Clerk of Sacramento County January 31, 2022 Publish: February 11, 18, 25, and March 4, 2022		
HELMET 180201	3-4-22	
FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-00121 Forever Connected Holistic Healing and Wellness Center Inc, 8276 Northwind Way Orangevale, CA 95662 are doing business under the Fictitious Business Name(s) "Melanin Day School Academy" 8276 Northwind Way Orangevale, CA 95662. Filed with the Clerk of Sacramento County January 7, 2022 Publish: February 11, 18, 25, and March 4, 2022		
MELANIN 180201	3-4-22	
FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-00753 1st Rate Loans, LLC, 18501 Murdock Circle Suite 101 Port Charlotte, FL 33948 are doing business under the Fictitious Business Name(s) "Motto Mortgage" 28004 Gateway Oaks Drive #100 Sacramento, CA 95833. Filed with the Clerk of Sacramento County January 28, 2022 Publish: February 11, 18, 25, and March 4, 2022		
MOTTO 180201	3-4-22	
FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-00564 Luis Mejia Hernandez and Esmeralda Cisneros Mejia, 5100 Tangerine Avenue Sacramento, CA 95823 are doing business under the Fictitious Business Name(s) "Paquetaxia Mexico Express" 5100 Tangerine Avenue Sacramento, CA 95823. Filed with the Clerk of Sacramento County January 26, 2022 Publish: February 11, 18, 25, and March 4, 2022		
PAQUETEXIA 180201	3-4-22	
FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-00907 PB 32G Inc, 4 Cain Court Sacramento, CA 95834 are doing business under the Fictitious Business Name(s) "Fruitridge Chevron" 3900 Fruitridge Road Sacramento, CA 95820. Filed with the Clerk of Sacramento County February 2, 2022 Publish: February 11, 18, 25, and March 4, 2022		
FRUITRIDGE 180201	3-4-22	
FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-00599 Savanna W. Hamilton, 3643 1st Avenue #3 Sacramento, CA 95817 are doing business under the Fictitious Business Name(s) "Flowers by Savanna" 3643 1st Avenue #3 Sacramento, CA 95817. Filed with the Clerk of Sacramento County January 26, 2022 Publish: February 11, 18, 25, and March 4, 2022		
FLOWERS 180201	3-4-22	
FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-00390 John E. Brightenstine, 9376 Mira Del Rio Drive Sacramento, CA 95827 are doing business under the Fictitious Business Name(s) "GobiGOhn" 9376 Mira Del Rio Drive Sacramento, CA 95827. Filed with the Clerk of Sacramento County January 20, 2022 Publish: February 11, 18, 25, and March 4, 2022		
GOBI 180201	3-4-22	

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-00470 Nancy Gannon, 6100 Cherrelyn Way Carmichael, CA 95608 are doing business under the Fictitious Business Name(s) "River City Equestrian Events" 6100 Cherrelyn Way Carmichael, CA 95608. Filed with the Clerk of Sacramento County January 24, 2022 Publish: February 11, 18, 25, and March 4, 2022		
RIVER 180201	3-4-22	
FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-00910 Melissa Nelson, 8161 Juli Court Citrus Heights, CA 95610 are doing business under the Fictitious Business Name(s) "LILAC FIG, Brisco and Bane" 9764 Nature Trail Way Elk Grove, CA 95757. Filed with the Clerk of Sacramento County February 3, 2022 Publish: February 11, 18, 25, and March 4, 2022		
VERITAS 180201	3-4-22	
FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-00973 Cassandra Patterson, 9764 Nature Trail Way Elk Grove, CA 95757 are doing business under the Fictitious Business Name(s) "LILAC FIG, Brisco and Bane" 9764 Nature Trail Way Elk Grove, CA 95757. Filed with the Clerk of Sacramento County February 4, 2022 Publish: February 11, 18, 25, and March 4, 2022		
LILAC 180201	3-4-22	
FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-00797 Poesse Fuapau, 7156 Parkvale Way Citrus Heights, CA 95621 are doing business under the Fictitious Business Name(s) "Apple Concrete Construction" 7156 Parkvale Way Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County January 31, 2022 Publish: February 11, 18, 25, and March 4, 2022		
APPLE 180201	3-4-22	
FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-00874 Abdul H. Tahir, 10891 Calvine Road Sacramento, CA 95830 are doing business under the Fictitious Business Name(s) "EZ Auto Sales" 10892 Calvine Road Suite B Elk Grove, CA 95830. Filed with the Clerk of Sacramento County February 2, 2022 Publish: February 18, 25, March 4, and 11, 2022		
EZ 180201	3-11-22	
FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-00543 Tung Thanh Huynh, 3575 Sue Pam Drive Carmichael, CA 95608 are doing business under the Fictitious Business Name(s) "Homewell Remodeling" 10017 Prairie Dunes Way Sacramento, CA 95829. Filed with the Clerk of Sacramento County January 25, 2022 Publish: February 18, 25, March 4, and 11, 2022		
HOMEWELL 180201	3-11-22	
FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-01004 Daryna Romanyak, 4818 Morgan Oak Way Antelope, CA 95843 are doing business under the Fictitious Business Name(s) "Modro Construction" 1818 Morgan Oak Way Antelope, CA 95843. Filed with the Clerk of Sacramento County February 7, 2022 Publish: February 18, 25, March 4, and 11, 2022		
MODERO 180201	3-11-22	
FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-00921 Superior Auto Sales, 3300 Auburn Boulevard #6 Sacramento, CA 95821 are doing business under the Fictitious Business Name(s) "Superior Auto Sales" 3300 Auburn Boulevard #6 Sacramento, CA 95821. Filed with the Clerk of Sacramento County February 3, 2022 Publish: February 18, 25, March 4, and 11, 2022		
SUPERIOR 180201	3-11-22	
FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-01083 Edwin Herrera, 6117 Orso Circle Carmichael, CA 95608 are doing business under the Fictitious Business Name(s) "Resilience Coffee" 6117 Orso Circle Carmichael, CA 95608. Filed with the Clerk of Sacramento County February 9, 2022 Publish: February 18, 25, March 4, and 11, 2022		
RESILIENCE 180201	3-11-22	
FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-00856 Jagroop K Gill and Haewant S Gill, 4635 Antelope Road Antelope, CA 95843 are doing business under the Fictitious Business Name(s) "Buy & Go Convenience" 5219 Elkhorn Boulevard Sacramento, CA 95842. Filed with the Clerk of Sacramento County February 1, 2022 Publish: February 18, 25, March 4, and 11, 2022		
BUY 180201	3-11-22	
FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-00944 Victoria Dorgan, 5414 Beauford Court Antelope, CA 95843 are doing business under the Fictitious Business Name(s) "Ellari" 5414 Beauford Court Antelope, CA 95843. Filed with the Clerk of Sacramento County February 3, 2022 Publish: February 18, 25, March 4, and 11, 2022		
ELLARI 180201	3-11-22	
FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-00604 David N. Lloyd and Paula J. Lloyd, 6149 Wasson Lane Sacramento, CA 95841 are doing business under the Fictitious Business Name(s) "Ingram-Lloyd Enterprises" 6149 Wasson Lane Sacramento, CA 95841. Filed with the Clerk of Sacramento County January 26, 2022 Publish: February 18, 25, March 4, and 11, 2022		
INGRAM 180201	3-11-22	
FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-01014 Niello Bavarian Automobiles, Inc, 1481 River Park Drive Sacramento, CA 95815 are doing business under the Fictitious Business Name(s) "Niello BMW, Niello Mini" 2020 Fulton Avenue Sacramento, CA 95825. Filed with the Clerk of Sacramento County February 7, 2022 Publish: February 18, 25, March 4, and 11, 2022		
NIELLO 180201	3-11-22	
FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-01077 Adil Chaudh, 1080 Acacia Avenue Sacramento, CA 95815 are doing business under the Fictitious Business Name(s) "H&H Tax Services" 1080 Acacia Avenue Sacramento, CA 95815. Filed with the Clerk of Sacramento County February 9, 2022 Publish: February 18, 25, March 4, and 11, 2022		
H&H 180201	3-11-22	

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-01139 CCRG, INC, 6640 Latrobe Road Shingle Springs, CA 95682 is doing business under the Fictitious Business Name(s) "Crumb Cookies" 6920 Auburn Boulevard #120 Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County February 10, 2022 Publish: February 18, 25, March 4, and 11, 2022		
CRUMBL 180201	3-11-22	
FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-01124 Haley Schuler, 8730 Elverano Avenue Elverta, CA 95626 is doing business under the Fictitious Business Name(s) "The Luxe Press" 8730 El Verano Avenue Elverta, CA 95626. Filed with the Clerk of Sacramento County February 10, 2022 Publish: February 18, 25, March 4, and 11, 2022		
LUXE 180201	3-11-22	
FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-01108 Mark McGuire, 3835 Cresta Way Sacramento, CA 95864 are doing business under the Fictitious Business Name(s) "McGuire Homes" 3835 Cresta Way Sacramento, CA 95864. Filed with the Clerk of Sacramento County February 10, 2022 Publish: February 25, March 4, 11 and 18, 2022		
MARK 180201	3-18-22	
FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-01104 Samuel Brown, 8057 Briar Ridge Lane Citrus Heights, CA 95610 are doing business under the Fictitious Business Name(s) "The Interior Guy" 8057 Briar Ridge Lane Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County February 10, 2022 Publish: February 25, March 4, 11, and 18, 2022		
INTERIOR 180201	3-18-22	
FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-00501 Forward Technology Group, Inc, 6221 Samoa Way Carmichael, CA 95608 are doing business under the Fictitious Business Name(s) "Forward Technology Group, Inc" 6221 Samoa Way Carmichael, CA 95608. Filed with the Clerk of Sacramento County January 24, 2022 Publish: February 25, March 4, 11, and 18, 2022		
FORWARD 180201	3-18-22	
FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-00932 Oleksandr Khatsor, 5213 Winding Way Carmichael, CA 95608 are doing business under the Fictitious Business Name(s) "Hilltop" 5915 Hilltop Drive Carmichael, CA 95608. Filed with the Clerk of Sacramento County February 3, 2022 Publish: February 25, March 4, 11, and 18, 2022		
HILLTOP 180201	3-18-22	
FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-00831 J. Lorenz Fine Jewelry LLC, 2935 Bergamo Way Sacramento, CA 95833 are doing business under the Fictitious Business Name(s) "Betsy's Boutique, J. Lorenz Fine Jewelry" 2935 Bergamo Way Sacramento, CA 95833. Filed with the Clerk of Sacramento County February 1, 2022 Publish: February 25, March 4, 11, and 18, 2022		
BETTY'S 180201	3-18-22	
FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-01199 Mary Morgan 5625 Haskell Avenue Carmichael, CA 95608 are doing business under the Fictitious Business Name(s) "The Chubby Cupboard" 5625 Haskell Avenue Carmichael, CA 95608 Filed with the Clerk of Sacramento County February 15, 2022 Publish: February 25, March 4, 11, and 18, 2022		
CHUBBY 180201	3-18-22	
FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-00464 Mr. Pork Brazilian Homemade Sausage LLC 220 Martis Valley Circle Sacramento, CA 95835 are doing business under the Fictitious Business Name(s) "Mr. Pork Brazilian Homemade Sausage LLC" 322 East Bidwell Street Folsom CA 95630. Filed with the Clerk of Sacramento County January 24, 2022 Publish: February 25, March 4, 11, and 18, 2022		
MR 180201	3-18-22	
FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-00802 LN Development & Construction, Inc. 4670 Aldona Lane #3 #4 Sacramento, CA 95841 are doing business under the Fictitious Business Name(s) "LN Development & Construction, Inc., LN Development & Construction" 4670 Aldona Lane #3 & #4 Sacramento, CA 95841. Filed with the Clerk of Sacramento County January 31, 2022 Publish: February 25, March 4, 11, and 18, 2022		
LN 180201	3-18-22	
FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-01157 Igor Kulaksyz 5905 Creighton Way Sacramento, CA 95842 are doing business under the Fictitious Business Name(s) "Advanced Elite Flooring" 5905 Creighton Way Sacramento, CA 95842. Filed with the Clerk of Sacramento County February 14, 2022 Publish: February 25, March 4, 11, and 18, 2022		
ADVANCED 180201	3-18-22	
FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-00473 James and James Investments, Inc. 3030 Mather Field Road Rancho Cordova CA 95670 are doing business under the Fictitious Business Name(s) "Louie's Cocktail Lounge" 3030 Mather Field Road Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County February 24, 2022 Publish: February 25, March 4, 11, and 18, 2022		
LOUIE'S 180201	3-18-22	
<b>ORDER TO SHOW FOR CHANGE OF NAME</b>		
SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2022-00313904 Rachelle Rosalind Saldate has filed a petition with this court for a decree changing the name(s) of Rachelle Rosalind Saldate to Rachelle Rosalind Jose de Mattos-Saldate. IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00a.m. on March 9, 2022, in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: January 14, 2022 Christopher E. Krueger, Judge of the Superior Court Publish: January 28, February 4, 11, and 18, 2022		
SAADI 180201	2-18-22	

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2021-00313373 Qutoni Moenuu Miikini has filed a petition with this court for a decree changing the name(s) of Qutoni Moenuu Miikini to Nattia Moana Kekua. IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00a.m. on February 24, 2022, in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: December 30, 2021 Christopher E. Krueger, Judge of the Superior Court Publish: January 28, February 4, 11, and 18, 2022		
KEKUA 180201	2-18-22	
SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2021-00313384 Eva Rachael Hitch has filed a petition with this court for a decree changing the name(s) of Eva Rachael Hitch aka E Rachael Hitch aka E Rachael Shockley to E Rachael Rectenwald. IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00a.m. on March 1, 2022, in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: December 30, 2021 Christopher E. Krueger, Judge of the Superior Court Publish: January 28, February 4, 11, and 18, 2022		
HITCH 180201	2-18-22	
SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2022-00313545 Sarah Natreece Wiggins has filed a petition with this court for a decree changing the name(s) of Sarah Natreece Wiggins to Sarah Natreece Kay. IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 1:30p.m. on March 2, 2022, in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: January 6, 2022 Shama H. Mesiwala, Judge of the Superior Court Publish: January 28, February 4, 11, and 18, 2022		
KAY 180201	2-18-22	
SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2022-00313915 David Eugene Kassis and Annie Lynn Doolittle has filed a petition with this court for a decree changing the name(s) of Dawson Asher Kassis Doolittle to Dawson Joseph Kassis. IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00a.m. on March 9, 2022, in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: January 14, 2022 Christopher E. Krueger, Judge of the Superior Court Publish: February 4, 11, 18, and 25, 2022		
KASSIS 180201	2-25-22	
SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2022-00314144 Alireza Teimouri has filed a petition with this court for a decree changing the name(s) of Alireza Teimouri to James Cyrus. IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00a.m. on March 10, 2022, in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: January 18, 2022 Christopher E. Krueger, Judge of the Superior Court Publish: February 4, 11, 18, and 25, 2022		
CYRUS 180201	2-25-22	
SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2022-00314131 Jamie Grace McManaman has filed a petition with this court for a decree changing the name(s) of Jamie Grace McManaman to Jamie Grace Hicks. IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00a.m. on March 10, 2022, in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: January 18, 2022 Christopher E. Krueger, Judge of the Superior Court Publish: February 4, 11, 18, and 25, 2022		
HICKS 180201	2-25-22	
SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2022-00313754 Amber E. Smith has filed a petition with this court for a decree changing the name(s) of Joshua Scott Gauthreaux to Joshua Scott Smith. IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00a.m. on March 8, 2022, in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: January 18, 2022 Christopher E. Krueger, Judge of the Superior Court Publish: February 4, 11, 18, and 25, 2022		
SMITH 180201	2-25-22	
SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2022-00314141 Azadeh Saadi has filed a petition with this court for a decree changing the name(s) of Azadeh Saadi to Sarah Cyrus. IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 1:30p.m. on March 10, 2022, in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: January 18, 2022 Shama H. Mesiwala, Judge of the Superior Court Publish: February 4, 11, 18, and 25, 2022		
SAADI 180201	2-25-22	
SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2022-00313911 Issac Taz Pilgrim has filed a petition with this court for a decree changing the name(s) of Issac Taz Pilgrim to Issac Pilgrim Wright.		

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 1:30p.m. on March 9, 2022, in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: January 14, 2022 Shama H. Mesiwala, Judge of the Superior Court Publish: February 4, 11, 18, and 25, 2022		
WRIGHT	180201	2-25-22
SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2022-00314514 Markisha Andrea Cotton has filed a petition with this court for a decree changing the name(s) of Markisha Andrea Cotton to Kisha Andrea Hale. IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00a.m. on March 17, 2022, in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: January 26, 2022 Christopher E. Krueger, Judge of the Superior Court Publish: February 11, 18, 25, and March 4, 2022		
HALE		3-4-22
SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2021-00304148 Jenny Lynn Turner has filed a petition with this court for a decree changing the name(s) of Jenny Lynn Turner aka Jennyllyn Turner aka Jen Turner to Jen Turner Willis. IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00a.m. on March 22, 2022, in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: January 27, 2022 Christopher E. Krueger, Judge of the Superior Court Publish: February 11, 18, 25, and March 4, 2022		
TURNER		3-4-22
SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2022-00314871 Erica White has filed a petition with this court for a decree changing the name(s) of Helena Rosa Guajardo to Helena Rose Leverett. IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 1:30p.m. on March 23, 2022, in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: February 1, 2022 Richard K. Sueyoshi, Judge of the Superior Court Publish: February 11, 18, 25, and March 4, 2022		
LEVERETT	180201	3-4-22
SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2022-00314525 Michael Glenn Farley has filed a petition with this court for a decree changing the name(s) of Michael Glenn Farley to Michael Glenn Badajos. IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 1:30p.m. on March 17, 2022, in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: January 26, 2022 Shama H. Mesiwala, Judge of the Superior Court Publish: February 11, 18, 25, and March 4, 2022		
BADAJOS	180201	3-4-22
SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2022-00313900 Najib R. Khalizqada & Salma Khalizqada has filed a petition with this court for a decree changing the name(s) of FNU Farzad to Farzad Khalizqada, FNU Hamid to Hamid Khalizqada, and FNU Afifa to Afifa Khalizqada. IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 1:30p.m. on March 9, 2022, in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: March 9, 2022 Shama H. Mesiwala, Judge of the Superior Court Publish: February 11, 18, 25, and March 4, 2022		
KHALIQZADA	180201	3-4-22
SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2022-00314511 Teresa Renee Seraphin has filed a petition with this court for a decree changing the name(s) of Teresa renee Seraphin to Reese Renee Seraphin. IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 1:30p.m. on March 15, 2022, in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: January 25, 2022 Shama H. Mesiwala, Judge of the Superior Court Publish: February 11, 18, 25, and March 4, 2022		
SERAPHIN	180201	3-4-22
SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2022-00315294 Ying Guo has filed a petition with this court for a decree changing the name(s) of Ying Guo to Stacey Ying Guo. IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00a.m. on April 5, 2022, in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: February 10, 2022 Christopher E. Krueger, Judge of the Superior Court Publish: February 18, 25, March 4, and 11, 2022		
GUO		3-11-22
SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2022-00314770 Khisrow Aqeel has filed a petition with this court for a decree changing the		







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ACROSS

- Decree
- \*U.S./U.S.S.R.'s cold one
- Harry Potter's mark
- Syrup flavor
- \_\_\_\_ Khan
- Bird of prey's nest
- Lieu
- H+, e.g.
- Bashful or Happy
- \*1984" author George
- \*Best-selling pop artist Bing
- Writer \_\_\_\_ Monk Kidd
- Genghis or Kubla
- Cranberry habitat
- Not nice
- Saddle holders
- \*Boris Karloff's movie "The \_\_\_\_," pl.
- Actress Barrymore
- Asian goat antelope
- Supernatural life force
- Seethes
- South African antelope
- Cook from above
- Rotisserie part
- Not odd
- Italy in Italian
- What snob puts on
- .0000001 joule
- Sound of a dropped tome
- Beer acronym
- \* \_\_\_\_ Doctrine, U.S. foreign policy
- \*How Green Was My \_\_\_\_
- Another word for nutria
- Ciao in the U.S.
- Trip guide
- Surveyor's maps
- Afflict
- Will alternative
- Additionally
- Nucleic acid
- Term of endearment

DOWN

- Emergency acronym
- \*1949 international org.
- Copycat
- Chicken feet
- Christian hymn (2 words)
- Gravestone sound
- Gone by
- TV's Yellowstone, e.g.
- Uses a Singer
- Underwater hermit
- Ethereal
- Gridiron official, for short
- Apollo Creed's son
- City in northern England
- Old towel, e.g.
- Rollerskater's protector (2 words)
- \*Disney's 1942 orphan
- Abstractionism using optical illusion
- Kind of salami
- Crafts' companion
- Network of nerves
- Treasure collection
- Dreamer?
- \*Popular music style
- Ship canvas
- \*1939-1945
- Parallel grooves
- Acid turns it red
- "Bingo!"
- Daryl Hannah's 1984 movie
- Open up
- In spite of the fact, arch.
- Church sound
- Swedish shag rugs
- Plotting
- Velum, pl.
- Zeal
- New Haven University
- IRS employee?
- Yang's opposite
- Canny

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9	2	8	3	1	4	5	7	6
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WEEKLY COMICS

Amber Waves by Dave T. Phipps



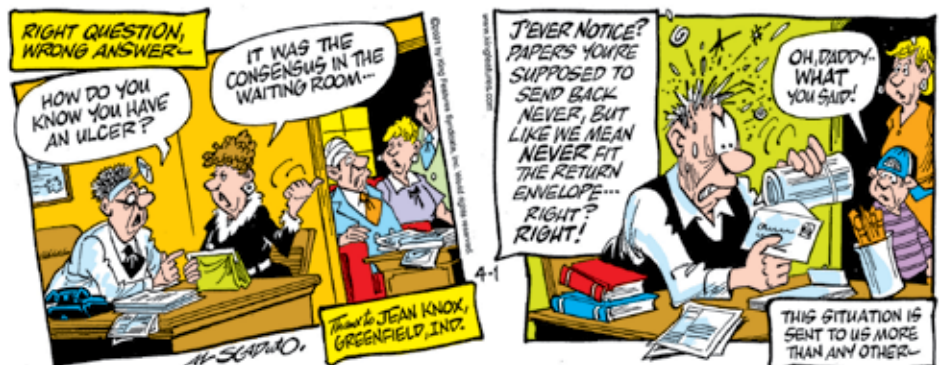
The Spats by Jeff Pickering




Out on a Limb by Gary Kopervas



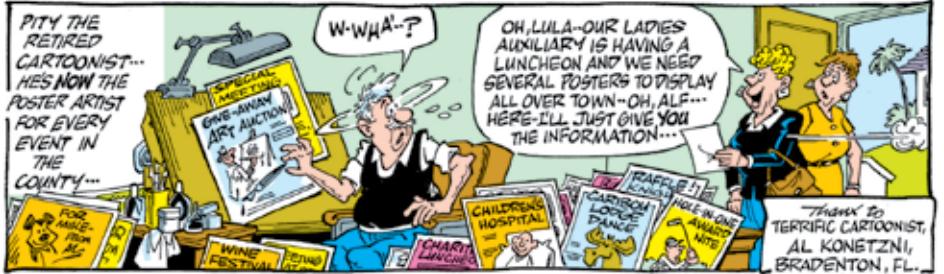
THEY'LL DO IT EVERY TIME BY AL SCADUTO



R.F.D. by Mike Marland




W-WHA-? comic strip showing a man at a desk with a typewriter.



GRIN and BEAR IT by Wayne



LAFF-A-DAY by Wayne



Just Like Cats & Dogs by Dave T. Phipps



HOCUS-FOCUS BY HENRY BOLTHOFF



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# Straight Facts About Omega-3s and Heart Health

## FAMILY FEATURES

Many people are familiar with omega-3 fatty acids, and some of those at risk for heart disease take them as dietary supplements. However, according to a Harris Poll commissioned by Amarin Pharma, Inc., some people have limited understanding of the risks and benefits of these dietary supplements. Heart disease is the leading killer of men and women globally, and risk increases over the age of 45, according to the Centers for Disease Control and Prevention (CDC). In fact, the American Heart Association predicts 45% of the United States population will have some form of cardiovascular disease by 2035.

According to the CDC, people with diabetes are twice as likely to have heart disease or a stroke than those without diabetes, and at a younger age. To help counter their risk, almost half (46%) of heart patients and more than one-third of patients with diabetes take omega-3 dietary supplements, according to the poll. Six in 10 of those heart patients and 55% of people with diabetes consulted a health care professional before taking them, but only 45% of the general adult population taking omega-3 dietary supplements has done so.

Among poll respondents who think they are at risk of heart disease, 56% of those taking omega-3 dietary supplements believe they have been proven effective in reducing the risk of (or treating) heart disease, and 44% believe they have been approved by the Food and Drug Administration (FDA) to treat or prevent heart disease. However, this is not the case, and they have not been approved or proven effective in preventing disease.

Additionally, while men with diabetes (87%) are more likely than women (73%) to cite obesity as a risk factor, 75% are also more likely to believe fish oil dietary supplements are proven to reduce risk of CVD, compared to 58% of women.

“The volume of misinformation can be overwhelming for the average person who may not know whether or not to use omega-3 dietary supplements, let alone which dosage is optimal,” said R. Preston Mason, Ph.D., member of the cardiovascular division at Brigham and Women’s Hospital, teaching affiliate of Harvard Medical School, president and cofounder of Elucida Research LLC and consultant for Amarin. “Heart disease and other conditions like diabetes are too risky to leave to unproven products.”



Photos courtesy of Getty Images



If you currently take or are considering taking omega-3 dietary supplements, Mason recommends arming yourself with information about some commonly held beliefs about omega-3 fatty acids and the risks and benefits of these dietary supplements, especially in relation to heart disease risk.

**FDA Regulation**

Although roughly one-third of people surveyed reported believing omega-3 dietary supplements, which are often referred to simply as fish oil, are approved by the FDA, the FDA found fish oil

### What You Should Know About Fish Oil Dietary Supplements and Statins

Statins are currently the first-line proven therapy for lowering cholesterol. However, statins, along with diet and exercise, still leave persistent cardiovascular risk. Despite commonly held beliefs to the contrary, fish oil dietary supplements have not been successfully proven to provide cardio-vascular benefits in clinical studies. There are multiple reasons for this:

Omega-3s come in different forms and have different efficacy, safety and clinical effects, which can behave differently based on how they are manufactured, handled and administered.

Certain ingredients in fish oil supplements such as docoahexaenoic acid (DHA) may raise low-density lipoprotein, which is often referred to as “bad cholesterol” or LDL-C.

Typical fish oil supplements contain only 30% of the omega-3 fatty acids EPA and DHA, with the majority of the product consisting of non-omega-3 ingredients, often including saturated fats.

Fish oil supplements are considered food; according to FDA standards, they are not intended to treat diseases.

supplements, which contain omega-3 fatty acids, do not meet the standards of significant scientific agreement required for a scientific health claim.

**Cardiovascular Disease**

Roughly two-thirds of people polled believe fish oil supplements have been proven effective to reduce the risk of cardiovascular disease. However, the American Heart Association advises against self-medicating with any dietary supplements. If you’re at risk of heart attack or stroke, work with your doctor on a plan to help reduce your risk. Learn more at [truetoyourheart.com](http://truetoyourheart.com). ★

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8125 Gold Pheasant Ct.	2240	1.16 Acres	\$ 710,000
1420 I Street	2089	.45 Acre	\$ 630,000
5923 West 2nd St.	2106	2.12 Acres	\$ 650,000
7425 26th St.	3525	1.2 Acres	\$ 725,000

Based on information from MetroList Services, Inc. for period of May 1, 2021 to August 30, 2021.  
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Continued on page 4

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