

Annual STC Memorial Scholarship Available PAGE 2

County Board of Supervisors Declares a Shelter Crisis

PAGE 3





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FEBRUARY 25, **2022**

SEE INSIDE

JONES SIGNS THE TAXPAYER PROTECTION PLEDGE



PAGE 2

SCHUBERT ANNOUNCES 2022 VIRTUAL CITIZENS ACADEMY



PAGE 3

STRAIGHT FACTS ABOUT OMEGA-3S



PAGE **10**

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Keeping It Going

California is still in a State of Emergency?



Gov. Gavin Newsom discusses the next phase of the state's COVID-19 response at a press conference in Fontana on Feb. 17, 2022. The press conference took place in one of many warehouses where PPE supplies are stored. Photo by Alisha Jucevic for CallMatters

By Alexei Koseff, CALMatters.org

For weeks, Gov. Gavin Newsom teased that California would soon enter a new phase of its response to the coronavirus pandemic, one in which the state shifted its perspective to how to deal with an endemic disease that will likely be a regular part of our lives.

But when that moment arrived Thursday, (February 17) Newsom made clear that the new strategy did not mean the fight was over. His long-awaited announcement came with no eulogy to the pandemic, no lifting of additional health restrictions and, despite growing calls from conservative critics, no end to the state of emergency that began nearly two years ago.

During a press conference at a San Bernardino County warehouse where his administration stores personal protective equipment, Newsom said early rhetoric envisioning a war against the virus was misguided. He could not offer a final destination for the battle, he said, only a direction in which the state would keep moving.

"We have all come to understand what was not understood at the beginning of this crisis – that there is not an end date, that there is not a moment where we declare victory," Newsom said.

What Californians did get from the governor was an acronym, SMARTER, for the state's priorities as it prepares for a future that may include more variants and surges.

It's a reflection of the tricky political dance awaiting Newsom as people increasingly seem done with a virus that is not yet done with them.

A poll released this week by the Los Angeles Times and the UC Berkeley Institute of Governmental Studies found that, by a margin of two to one, California voters believe the coronavirus situation is improving.

Yet even as the rate of new cases has fallen precipitously from the peak of the omicron surge, down about 90% from a month ago, it is still at roughly the same level as the height of the delta wave last summer.

"We are moving past the crisis phase into a phase where we will work to live with this virus and we will maintain a readiness posture," Newsom said.

While he overwhelmingly beat back a recall last year by leaning on his forceful response to the pandemic, enthusiasm appears to be waning for the governor's approach. The L.A. Times poll found voters were nearly evenly split on his handling of the coronavirus, with 39% of respondents giving Newsom excellent or good marks and 40% giving him a poor or very poor rating.

That tension is concentrated in a fight over the state of emergency

Continued on page 3

Sacramento Rescinds Local Health Orders



Sacramento County News Release

SACRAMENTO COUNTY, CA (MPG) - In alignment with the State, effective immediately Sacramento County is rescinding the July 26 health order requiring all individuals to wear face coverings indoors and the Jan. 6 health order directing all public meetings be held virtually.

As per the California Department of Public Health (CDPH) order, all unvaccinated individuals will continue to be required to wear face-coverings in all indoor public settings. Statewide indoor masking requirements regardless of vaccination status will remain in effect for public transportation; healthcare settings; congregate settings like correctional facilities and homeless shelters; long-term care facilities; and in K-12 schools and childcare settings.

Public Health continues to recommend the use of masks in public settings as an effective tool to prevent the spread of the virus, especially in crowded settings. Continuing to mask indoors remains the safest way to protect those who are unable to be vaccinated.

Please remember some individuals may continue to wear masks in public spaces for a variety of reasons, even if they are vaccinated, and as mandates or advisories fade. Someone may be immunocompromised, prefer to wear a mask, or have a family member who is immunocompromised or too young to be vaccinated. Please be kind and conscientious of your fellow community members and the decisions they make to protect themselves.

Vaccinations continue to be the most effective tool in slowing the rate of spread and mitigating severe symptoms of COVID-19. For a list of vaccination clinics, visit the Sacramento County Public Health Vaccination website, call 2-1-1 or visit MyTurn. ca.gov. Homebound residents can contact 2-1-1 to request in-home vaccination services.

Women United Celebrate Years Helping Foster Youth



youth September Hargrove.
Photo provided by Thébaud
Communications

By Kristin Thébaud, Thébaud Comm

SACRAMENTO, CA (MPG)
- United Way California
Capital Region's Women
United action group is inviting community members
to its 20th anniversary luncheon on March 25 from
11am-1pm at the Croatian
American Cultural Center

in Sacramento, where influential professional women from across the state will gather to raise awareness and funds to support local foster youth. The event, which takes place during Women's History Month, will celebrate the power of women working together to prepare local foster youth for adulthood and will include stories of youth whose lives have been changed over the past 20 years. The event will include lunch, presentations by local foster youth who participated in a writing partnership with nonprofit 916 Ink called "Find Your Voice," and information about how to get involved. Tickets and sponsorships will benefit United Way California Capital Region's programs for foster youth. Ticket sales end on March

4: YourLocalUnitedWay. org/WU2022.

"This is a remarkable opportunity to celebrate what women in our community have done together for local foster youth over the past two decades," said Dr. Dawnté Early, president and CEO, United Way California Capital Region. "As we move into a new decade of work, we face new challenges, but we know that this powerful group of women will continue to find new ways to meet the most pressing needs of foster youth in our community so they are prepared for success in adulthood."

United Way's Women United, founded as United Way's Women in Philanthropy in 2002 with 35 members, has grown to 250 members and is now part of a global United Way network of more than 75,000 women taking action and impacting change. Local members have raised \$2 million for United Way's foster youth programs, also offering hundreds of life skills workshops and holding special events to showcase career opportunities and bring foster care professionals together to address current needs in the California capital region. Since 2011, the group has helped nearly 1,500 foster youth open bank accounts called Individual Development Accounts, a type of matched savings account, so they can leave the foster care system with money they have earned. Learn more about Women United: YourLocalUnitedWay.org/

Women-United.

Annual STC Memorial Scholarship Available

awarded by both Tall Clubs International (TCI) and by

the non-profit Tall Clubs

International Foundation.

Annually, the TCI Foundation

awards additional multiple

student scholarships of up to

While grade point aver-

age and test scores are

especially important schol-

arship evaluation criteria, so

too are participation in school

activities and community

"Just being tall doesn't

General member-

ship itself in the social

Sacramento Tall Club itself

is open to men that are over

six feet and women that are

Ekaterina (Katia) Griffin,

a graduate of William and

Marian Ghidotti Early

College High School in Grass

Valley was one of three 2020

STC scholarship winners.

Griffin attends the University

of California San Diego

and is studying chemical

In 2019, Nicole Hensley,

a graduating senior from

Bella Vista High School

in Orangevale received a

engineering.

nearing that mark.

alone qualify you," she said.

involvement, Kerrin said.

\$1,000 each.



Above: Sacramento Tall Club president Bob Huggett, left and his wife Patty, presented 2018-19 STC scholarship winner Nicole Hensley, a graduating senior of Bella Vista High School in Orangevale, with a \$1,000 scholarship check at the school's annual awards night celebration as fellow STC members LeeAnn and Dave Spencer look on. Inset: Ekaterina (Katia) Griffin, a graduate of William and Marian Ghidotti Early College High School in Grass Valley was one of three 2020 STC scholarship winners. Griffin attends the University of California San Diego and is studying chemical engineering. Photos courtesy of the Sacramento Tall Club

By Thomas J. Sullivan

SACRAMENTO REGION, CA (MPG) - Members of the Sacramento Tall Club (STC) affiliated with Tall Clubs International (TCI) are seeking outstanding eligible high school seniors throughout Sacramento, Yolo, Placer and El Dorado counties to apply for their competitive annual academic scholarship.

While scholarship application materials were provided to county board of election departments in the four counties by STC in January, the club is taking an extra step this year to ensure that it gets the general word out to interested high school seniors throughout the geographical region, said Barbara Kerrin, STC scholarship chair.

"There are dozens of private and public high schools within the Northern California region whose students can and should apply," Kerrin said. "By distributing information broadly to the communication department of county boards of education throughout the region, we avoid any individual high school districts of accusing us of favoritism."

Every year, Sacramento Tall Club awards academic scholarships to qualified and talented high school seniors who meet the tall club height requirements (at least 5'10" for women and 6'2" for men.) The annual STC scholarship award is dedicated in memoriam of former STC members many of whom were big supporters of young scholars and their many talents and merits. Scholarship amounts can vary year to year.

Part of the scholarship application for each young person is to write an essay titled "What being tall means to me."

"Their essays are quite reflective and thoughtful about the personal challenges we as tall people, often face," Kerrin said.

Completed typed essays and all application materials submitted by area high school students graduating in the 2021-22 school year is March 1, said Barbara Kerrin, STC scholarship chair.

Local STC scholarship winners also compete for annual scholarships

\$1,000 academic scholarship from the Sacramento Tall Club scholarship award and was a Tall Club International (TCI) scholarship winner.

"We wish all our applicants all the best in the preparing of their applications, and in their overall scholarship search," Kerrin said. The 2020 STC scholarship winner will be notified later in March by the club membership.

Kerrin said all signed STC scholarship applications should be submitted with a good headshot photo, preferably a senior graduation photo. Partial applications are not accepted.

"If you want to know whether or not your STC scholarship application has been received, you MUST send in a self-addressed stamped envelope," Kerrin said. "We will not answer any requests via email to whether we have received an application or not."

Applicants may view STC scholarship application guidelines, sample essays and view photos of current and past winners on the club website at www.sacramentotallclub.org/scholarship/

The club has a donations link to contribute to its scholarship fund at www.sacramentotallclub.org/scholarship/ contribute-to-our-scholarship-fund/ so the amount of student scholarship awards can be increased.

Completed scholarship applications can be submitted electronically to: scholarship@sacramentotallclub.org or by mail to: STC Scholarship Application, c/o Sacramento Tall Club Scholarship, 8712 Brigham Way, Sacramento CA 95826.

Applicants can contact scholarship@sacramentotallclub.org with questions or for more information.

Sheriff Scott Jones Signs the Taxpayer **Protection Pledge**



Sheriff Scott Jones for US Congress

SACRAMENTO, CA (MPG) - Sacramento County Sheriff Scott Jones announced that he signed Americans for Tax Reform's "Taxpayer Protection Pledge," a

pledge to oppose all new tax increases when elected to Congress. "As Sheriff, I took a solemn pledge to protect and serve my community. It is with that same commitment that I sign the Taxpayer Protection Pledge to oppose all tax increases. Especially at

a time with record high inflation, Americans, and especially Californians, are overtaxed and are often an afterthought when Congress decides where to spend their hard-earned tax dollars. I firmly believe that Americans should keep more of their own money, not send more and more to Washington politicians who continue to spend with impunity,"

Sheriff Jones accomplished a strong record

said Sheriff Jones.

of leadership at the Sacramento County Sheriff's Office, stewarding the Department's recovery from the worst financial crisis of its history, becoming a regional leader in the fight against gangs, and hiring a record number of women, minorities, and veterans. As one of the foremost experts on law enforcement in California, Sheriff Jones has been an advocate for investing in public safety and a vocal opponent of the 'Defund the Police' movement. In Congress, Jones will be an advocate for fiscal accountability, border security, and restoring criminal justice to America's communities. A nationally recognized law enforcement leader, Jones has testified before Congress, and has presented at two White House conferences on law enforcement, immigration, and safety

California's 3rd Congressional District includes the Counties of Placer, Nevada, Mono, Sierra, Inyo, Plumas and Alpine and portions of Sacramento, El Dorado, and Yuba Counties. It is an open seat and Republicans hold a 7-point registration advantage.

To learn more about Sheriff Scott Jones and his campaign for Congress, visit: scottjonesforcongress.com.

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Price Valid Only With Coupon
Effective 2/23/22 - 3/1/22

THE NEWS \cdot 3 FEBRUARY 25, **2022**

Board of Supervisors Declares a Shelter Crisis

By Janna Haynes, Sacramento County

SACRAMENTO COUNTY, CA (MPG) -

The Sacramento County Board of Supervisors voted on February 15th, to declare a shelter crisis in Sacramento County as an important step towards implementing the Board's directions to open and operate sanctioned encampments (called "Safe Stay Communities").

While adoption of the proposed declaration will allow staff to move with expediency on site selection and development for proposed Safe Stay Communities and most sites will not require additional legal review by the Board, staff will bring all sites to the Board for input on site appropriateness before initiating construction.

In addition, staff will work with the Supervisor in whose district the site(s) are located in to develop a community engagement plan for each site.

In the FY 21/22 County Budget, the Board directed staff to pursue non-traditional options for providing sheltering, including use of sleeping cabins, creation of safe parking opportunities, and use of other shelter options. The benefits of such options include:

They offer non-congregate sheltering, which is not only more private for the occupants but is easier to prevent the spread of disease, including COVID-19; They allow for sheltering of diverse populations as they present, including couples and those with pets; They are quicker and less expensive to build than traditionally built facilities; They are less permanent than traditionally built facilities, allowing a short-term solution in one community and relocation/re-use of the facilities at other sites as needed.

Staff is working on development of construction and operational plans for multiple potential sites for Safe Stay Communities that could consist of temporary sleeping cabins, safe parking spaces or other emergency facilities. Each community will include on-site security, sanitation services and supportive services aimed at transitioning people out of unsheltered homelessness.

Additionally, the County is continuing to enhance the breadth and depth of outreach and services offered in encampments throughout the County, including the development of Encampment Services Teams that reach out directly to people living unsheltered. These Teams will also serve as outreach points to bring unsheltered into the safe stay communities and provide them with deeper connections to County behavioral health services, connection to benefits like CalFresh, CalWORKs, Medi-Cal, etc., linkages to longer-term shelters, and flexible funding to help support individuals' transition into permanent housing.

Ultimately, all sites should be considered as a stepping stone to stabilize and support individuals on a pathway to permanent housing.

While stable and affordable housing with appropriate services and support are ultimately what ends homelessness, safe stay communities afford the opportunity to provide immediate safe and hygienic locations for people experiencing homelessness to live and access services. They also provide a consistent location for service providers and outreach workers to engage on a more regular basis with occupants.

Additionally, by targeting those living unsheltered in the immediate vicinity of the communities, it is anticipated that the communities will create broader community benefits including a reduction in trash and debris, the mitigation of environmental and health hazards, and the ability to restore land previously occupied by unsanctioned encampments to its intended use.

Read more about the County's response to homelessness on our website.

Keeping It Going

Continued from page 1 that Newsom declared on March 4, 2020, giving his administration broader authority to address the pandemic. He has issued dozens of executive orders under those powers, some of which remain in effect.

Earlier Thursday, before Newsom rolled out his plan, state Senate President Pro Tem Toni Atkins announced that a Senate committee would consider a resolution to end the state of emergency at a hearing on March 15.

Republican legislators gloated. They point to the ongoing emergency as a symbol of what they regard as Newsom's overbearing and dictatorial approach to the pandemic. In recent weeks, they have repeatedly and unsuccessfully tried to bring up the resolution, which has sat on the shelf for more than a year, for a vote on the Senate floor.

"It's been 715 DAYS since Newsom began his one-man rule. He has completely side stepped the checks and balances put in place to bring accountability to government," Senate Republican Leader Scott Wilk of Lancaster tweeted Thursday. "It's time to bring an end to this madness."

But their effort is unlikely to go far. In the same statement announcing the hearing, Atkins, a San Diego Democrat,

defended Newsom's emergency powers, noting that many states of emergency in California for wildfires and other natural disasters continue for years to assist with recovery and seeking federal aid.

A representative for Atkins said the hearing would give Democrats a platform to lay out what the state would lose by ending the emergency and what would not change - namely, a mask mandate for schools that Republicans have railed against, which was issued under a separate public health law.

"I understand we are all tired of living life in an emergency," Atkins said, "but ending the emergency must be done responsibly to ensure there are no unintended consequences so we can continue to meet the need of our state's residents in an unpredictable future."

Dr. Mark Ghaly, Newsom's secretary of health and human services, made a similar argument in a call with reporters. He said the state continues to rely on emergency orders to manage the coronavirus, including a waiver that let medical facilities staff up with temporary workers during the omicron surge.

The document laying out Newsom's SMARTER plan pointed to other provisions that have allowed the administration to use state fairgrounds as testing sites and sidestep the normal procurement process to more quickly buy millions of home test kits for schools.

"As we move out of the mindset of an emergency, we need to make sure the tools that help us manage an emergency well are available," Ghaly said. "These are the tools that have allowed us to protect Californians in quite an incredible way. We are still using them today."

Newsom did not directly address the criticism over the state of emergency during his press conference. But in an interview with the New York Times, he said "his goal was to unwind the state of emergency as soon as possible."

California declares state of emergency after first coronavirus death reported

California reported its first death linked to the novel coronavirus today. Los Angeles County joined others in declaring local health emergencies, and nurses are asking for more training for health care

Alexei covers Gov. Gavin Newsom, the Legislature and California government from Sacramento. He joined CalMatters in January 2022 after previously reporting on the Capitol for The Sacramento Bee

DA Schubert Announces 2022 Virtual Citizens Academy

From the Office of DA Anne Marie Schubert

SACRAMENTO COUNTY, CA (MPG) - Learn about the criminal justice system! Discuss issues related to race relations, gang and hate crimes and sensitive current events! And, engage in open discussions with top administrators!

The Sacramento County District Attorney's Office, the Sacramento Police Department, the Sacramento County Sheriff's Office, and the Sacramento County Probation Department are proud to announce the 22nd Annual Citizens Academy. This is the second year the program is being offered virtually.

The academy was created to improve communication, foster a better understanding and develop relationships between members of the criminal justice system and our citizens, including those from different ethnic, cultural and faithbased communities. Since the start of the academy in 2002, there have been 21 graduating classes with approximately 1,190 participants.

The program provides an overview

of the criminal justice system (law enforcement roles, responsibilities and challenges) and engages citizens from all backgrounds in discussion, participation and mutual learning about issues within the criminal justice system. Topics include a panel discussion on sensitive current events and "outside the box" approaches to the justice system.

Representatives from the District Attorney's Office, Probation Department, Public Defender's Office, law enforcement, the judiciary, and community organizations will provide information, answer questions and address community concerns.

There is NO cost to participants. The 10-week course is held Tuesday evenings starting April 5, 2022 to June 14, 2022, from 6:00 p.m. to 8:00 p.m. via

The deadline for submitting applications is March 22, 2022

Application Forms: sacda.org – on the Homepage and under the "Community Relations" tab

Program Contact: Kristy Lao at 916.874.5251, LaoK@sacda.org.

Camellia Society of Sacramento Announces 98th Annual Camellia Show

By Julie Vierra, Camellia Society of Sacramento

SACRAMENTO, CA (MPG) - It's Blooming Time! Come see us at the Elks Lodge #6 and check out all the beautiful camellias! Admission is free! Besides all the hundreds of camellias, there will be flower arrangements, camellia waxing, and camellia plants for sale, collectable camellia buttons, and a display from Matsuyama, Japan! We will also have a fun raffle with many items to pick from. On Sunday we have watercolor artists at the show painting camellias! Some artists have cards and paintings for sale.

If you are interested in entering your camellias in competition, be down at the

donations

welcome :

at 10 a.m.). There will be people to help you enter your camellias. We would love to see some new faces! Please call 916-371-2174 and ask for Julie if you have questions regarding entering and getting a schedule with instructions on entering.

auditorium around 8 in the morning (closes

Come to our last meeting at the Elks before our camellia show on Tuesday, February 22nd to find out more. Talk to experts on how to enter your blooms. We are there for you!

Hope to see you at our show! Saturday, March 5th from 3-6 p.m. Sunday, March 6th, 10 a.m.-6 p.m. Elks Lodge No. 6 located at 6446

Riverside Boulevard, Sacramento 95831. ★

Sisters In Christ Free Store New Location

First Baptist Church of Elverta, Delano

Down the street from the Rio Linda/Elverta Food Bank, off of Rio Linda Blvd.

Every Tuesday

Come see Sandie, Charlotte, Sissy, and Mary Ann

10:00am to 1:00pm

We offer clothes, hygiene items, Hope, Friendship, and Prayer Everything is FREE

Call Sandie: (210) 326-1806 for more information

Revised Final Climate Action Plan Draft Released

By Ken Casparis, Sacramento County

SACRAMENTO COUNTY, CA (MPG) - The Planning and Environmental Review Division of the Department of Community Development has released a Revised Final Draft of the Sacramento County Climate Action Plan (CAP). The draft released today revises and replaces the draft released in September

The CAP is Sacramento County's plan to reduce its contribution to climate change while addressing the impact climate change has already had on the area.

Public comments will be accepted through Wednesday, March 23, 2022. Comments can be sent by email to ClimateActionPlan@saccounty.gov.

A Board of Supervisors workshop on

the CAP will be held in March 2022.

"We have made changes based on valuable community feedback, and in response to the Board of Supervisors' resolution declaring a climate emergency," said Todd Smith, Principal Planner. "The changes are important, implementable and will help Sacramento County meet its ambitious climate neutrality goal."

Notable work on the CAP includes:

- · Incorporated Board of Supervisors' goal of carbon neutrality by 2030.
- · Identified steps the County will take within a year to set the 2030 carbon neutrality target. Continued coordination with SMUD
- to ensure that electrification goals can be implemented and are feasible.

To learn more about the CAP, visit the County's Climate Action Plan





COLLEGE AGE GROUP SUNDAY'S 7PM 7200 RIO LINDA BLVD.



4 · THE NEWS FEBRUARY 25, **2022**

CLG NEWS UPDATES

Provided by Citizens for Legitimate Government (CLG) See legitgov.org

CDC Admits PCR Tests Were Used to Harvest People's DNA Without Consent | 18 Feb 2022 | If you've gotten a Covid test, there's a chance your DNA has been harvested without your consent. Following a worrisome tweet from the CDC on Wednesday, another widely criticized so-called "conspiracy theory" has become reality: Covid-19 PCR tests have been forwarded to laboratories for mapping "genomic sequencing" without consent. The procedure of genomic sequencing is used to examine the genetic makeup of viruses. In summary, if you consented to a PCR nose swab, your genetic material may have been transmitted to a facility outside of the United States and utilized for reasons you were unaware of. The CDC noted in the film "its [PCR tests] being used by scientists all over the world to track the emergence of SARS-CoV-2 variants.'

Sen. Ron Johnson Introduces Bill That Would Block Federal **Agencies From Interfering With Doctors' Right to Treat Patients** | 18 Feb 2022 | Republican Wisconsin Sen. Ron Johnson introduced legislation Wednesday that would block federal agencies from interfering with doctors' rights to treat patients. The Daily Caller first obtained the legislation which was cosponsored by Republican Indiana Sen. Mike Braun and Republican Utah Sen. Mike Lee. The bill is titled the "The Right to Treat Act" and would make it so no federal agency would have the authority to regulate the practice of medicine and that no federal law, rule, regulation, or policy would restrict the distribution of FDA approved drugs or a Right to Try dr-g. Many other countries have experimented with other dr-gs to help prevent or treat COVID-19.

American truckers plan convoy to DC in protest of COVID-19 mandates - | 17 Feb 2022 | Taking a cue from truckers bordering America's north, a political action committee will partner with truck convoys to protest what it deems as overreaching government COVID-19 restrictions and mandates. The Great American Patriot Project on Wednesday asked volunteers to contribute, join or support a convoy of truckers slated to travel to Washington D.C. next month. Routes for the convoys will start in Cleveland, Columbus, Ohio and Fresno, California and will end on March 6 in Washington. They will be met by a congressional welcome committee to discuss policy changes, organizers said.

Police horses trample demonstrators at Freedom Convoy protest in Ottawa By Joe Warmington | 18 Feb 2022 | Turns out the lasting image of the Freedom Convoy protest at Parliament Hill will not be bouncy castles but that of a woman with a walker being trampled by a police horse. The violence the Prime Minister has expressed concern about during the three-week protest in Ottawa didn't unfold until Justin Trudeau's Emergencies Act police army was sent in to disperse the crowd. The three major incidents Friday, under a form of martial law, were grotesque. Video of Toronto Police Mounted Unit officers charging into the crowd and at least one horse trampling multiple people -- including an elderly woman with a walker -was disturbing. But that was not the only troubling incident. Another saw a protester behind a police line repeatedly being smashed with an officer's rifle. And convoy organizer Benjamin Dichter also told the Toronto Sun "one of drivers had his truck windows smashed by Ottawa Police (with) guns drawn and (he was) dragged out of his vehicle by force.'

Canadian clergy rebuke Trudeau for invoking Emergencies Act, other 'tyrannical actions' | 18 Feb 2022 | A group of Canadian clergy sent an open letter to Canadian Prime Minister Justin Trudeau earlier this week rebuking him for invoking the Emergencies Act to quell the Freedom Convoy and for other actions they described as "tyrannical." "We are writing to you as representative pastors of Christian congregations from across the nation and as law-abiding citizens who respect the God-defined role of civil government and uphold the Canadian Charter of Rights and Freedoms, the highest law of our land, which recognizes the supremacy of God over all human legislation," read the letter, which was signed by 29 clergymen and remains open for other Canadians to sign.



By County Supervisor Sue Frost

Through the generosity of the The Rio Linda News, this column serves to provide an update about matters affecting the community of Rio Linda.

It may be hard to realize this, but we are already well into 2022. I say this because I find myself reading headlines that make me feel like I am still living in late 2020. As has been the case throughout the COVID-19 pandemic, the rules are made up and the data does not matter. After months of a reinstated, statewide mask mandate, Governor Newsom announced the mandate would be lifted on February 15th. Shortly after, I was elated to see the county's public health officer would lift our mask mandate as well. The vexing thing about these decisions however, is that the originally stated thresholds for freedom from such mandates have again been irrelevant to the process.

I think it is great that the requirement of masks indoors is being lifted ahead of schedule but it just goes to show how subjective all of the benchmarks are. At the time the county's mask mandate was reinstated, we were told that it would be lifted when we dropped below a case rate of five per 100,000. mask indoors, but if we are Rancho Murieta.

RIO LINDA COMMUNITY UPDATE

A Pattern of Inconsistency

When the announcement came that the mask mandate would be lifted, we sat at 63.8 cases per 100,000 which is obviously significantly higher than the previous goal. Again, these guidelines and benchmarks are clearly subjective, and it makes me wonder why any of these false goal lines have continued to be identified – especially when the science we are all supposed to be following continues to change.

Case in point, Sacramento County's most recent mask mandate was put in place to help slow the spread as cases spiked. While the mask mandate was in place however, we saw our highest case rates of the entire pandemic. At the same time, the death rate remained far below what we saw at its peak. With numbers like those, it would seem the mask mandate achieved essentially nothing.

On March 8, 2020, Dr. Fauci made a comment on 60 Minutes, "There's follow the state's lead and no reason to be walking around with a mask..." then on April 3, 2020, he and the CDC directed us to wear a mask. As time progressed, we were told to wear 2 masks, that children must mask while playing sports outdoors, and that cloth masks don't work but N95 masks do. We were told that if we get the shot, we can take off the mask and travel, then we were told to put back the mask because it turns out the vaccine does not prevent contracting or transmitting the disease. We've been told we must wear a

sitting at a table in a restaurant, we can take the mask off. Children who are not at-risk are required to wear a mask, while adults who are at-risk can go without

We clearly have a long way to go to regaining common sense and normalcy. Lifting mask mandates only for the vaccinated did not work last time but that is what we are doing again. As the virus changes and we watch case rates of both the vaccinated and unvaccinated rise and fall together, it is becoming more evident that the need for emergency declarations and knee jerk mandates need to be left behind. Instead, we need to do as we have with all other viruses that mutate too often to be eradicated we must learn to live with the virus while minimizing its impact on society.

At this point, the only things we should be hearing about mask mandates is when we are discussing studies of how they have impacted our health, the total well-being of students, and how we can better respond to similar outbreaks in the future.

Thank you for reading – and as always, if you want to contact me, call me at 916-874-5491, or e-mail me at SupervisorFrost@ saccounty.net.

Sacramento County Supervisor Sue Frost represents the 4th District, which includes the communities of Citrus Heights, Folsom, Orangevale, Antelope, North Highlands, Rio Linda, Elverta, and



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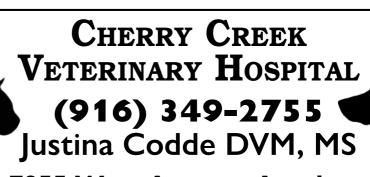
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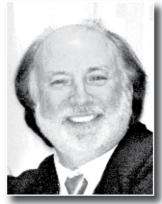
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Rancho Cordova Independent Adjudicated For and By the County of Sacramento, Adjudication No. 195380–September 18, 1969

Citrus Heights Messenger Adjudicated For and By the County of Sacramento, Adjudication No. 34-2020-00273535–March 12, 2020

The Rio Linda News Adjudicated For and By the County of Sacramento, Adjudication No. 358073- March 21, 1988

IT IS ORDERED that all persons

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-00523

Sheila Deleon, 7814 Carraway Drive Antelope, CA 95843 are doing business under the Fictitious Business Name(s) "Sheila Deleon Mobile Detailing" 784 Carraway Drive Antelone, CA 95843, Filed with the Clerk of Sacramento County January 4, 2022 Publish: February 4, 11, 18, and 25, 2022 SHEILA 180201 2-25-22

> FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-00632

Kh Maiwand Maiwand, 2601 Howe Avenue #62 Sacramento, CA 95821 are doing business under the Fictitious Business Name(s) "Azizi Transportation Services" 2601 Howe Avenue #62 Sacramento, CA 95821. Filed with the Clerk of Sacramento County January 27, 2022 Publish: February 4, 11, 18, and 25, 2022 180201

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-00256

Elizabeth Maturino, 8462 Wheatland Drive Sacramento, CA 95828 are doing business under the Fictitious Business Name(s) "iNotarize It-Mobile Notary" 8462 Wheatland Drive, Sacramento, CA 95828, Filed with the Clerk of Sacramento County January 13, 2022 Publish: February 4, 11, 18, and 25, 2022 INOTARIZE 180201 2-25-22

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-00444 Circle Theory Productions LLC, 4933 San Marque Circle Carmichael, CA 95608 are doing business under the Fictitious Business Name(s) "Circletheory Productions" 4933 San Marque Circle Carmichael, CA 95608. Filed with the Clerk of Sacramento County January 21, 2022 Publish: February 4, 11, 18, and 25, 2022 CIRCLE 180201 2-25 2-25-22

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-00359 Orane LLC, 5409 Yellow Pine Way Sacramento, CA 95841 are doing business under the Fictitious Business Name(s) "Orane LLC, Orane Label LLC" 5409 Yellow Pine Way Sacramento, CA 95841. Filed with the Clerk of Sacramento County January 19, 2022 Publish: February 4, 11, 18, and 25, 2022 **ORANE** 180201 2-25-22

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-00433

Whyze Marketing Inc. 2530 J Street Suite 300 Sacramento, CA 95621 are doing business under the Fictitious Business Name(s) "CyberWhyze" 2530 J Street Suite 300 Sacramento, CA 95621. Filed with the Clerk of Sacramento County January 21, 2022 Publish: February 11, 18, 25, and March 4,

CYBER 3-4-22

FICTITIOUS BUSINESS NAME

STATEMENT FBNF2022-00792 Elizabeth Maas, 1820 Capitol Avenue Sacramento, CA 95811 are doing business under the Fictitious Business Name(s) "Yeshua Light Healing House" 7551 Freeport Boulevard #1044 Sacramento, CA 95832. Filed with the Clerk of Sacramento County January 31, 2022 February Publish: 11, 25, and March 4, 2022 YESHUA 3-4-22

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-00790

Ann Margaret Murphy, 510 Santa Ynez Way Sacramento, CA 95816 are doing husiness under the Fictitious Business Name(s) "Helmet Diva" 510 Santa Ynez Way Sacramento, CA 95816. Filed with the Clerk of Sacramento County January 31, 2022 Publish: February 11, 18, 25, and March 4,

3-4-22 **HELMET** FICTITIOUS BUSINESS NAME

STATEMENT FBNF2022-00121 Forever Connected Holistic Healing and Wellness Center Inc, 8276 Northwind Way Orangevale, CA 95662 are doing business under the Fictitious Business Name(s) "Melanin Day School Academy 8276 Northwind Way Orangevale, CA 95662. Filed with the Clerk of Sacramento County January 7, 2022 Publish: February 11, 18, 25, and March 4, 2022 MELANIN 3-4-22

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-00753

1st Rate Loans, LLC, 18501 Murdock Circle Suite 101 Port Charlotte, FL 33948 are doing business under the Fictitious Business Name(s) "Motto Mortgage" 28004 Gateway Oaks Drive #100 Sacramento. CA 95833. Filed with the Clerk of Sacramento County January 28, 2022 Publish: February 11, 18, 25, and March 4,

MOTTO

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-00564

Luis Mejia Hernandez and Esmeralda Cisneros Mejia, 5100 Tangerine Avenue Sacramento, CA 95823 are doing business under the Fictitious Business Name(s) "Paquetexia Mexico Express" 5100 Tangerine Avenue Sacramento, CA 95823. Filed with the Clerk of Sacramento County January 26, 2022 Publish: February 11, 18, 25, and March 4, 2022 **PAQUETEXIA**

FICTITIOUS BUSINESS NAME

STATEMENT FBNF2022-00907 PB 32G Inc, 4 Cain Court Sacramento, CA 95834 are doing business under the Fictitious Business Name(s) "Fruitridge Chevron" 3900 Fruitridge Road Sacramento, CA 95820. Filed with the Clerk of Sacramento County February 2, 2022

FRUITRIDGE

Publish: February 11, 18, 25, and March 4,

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-00599 Savanna W. Hamilton, 3643 1st Avenue #3

Sacramento, CA 95817 are doing business under the Fictitious Business Name(s) "Flowers by Savanna" 3643 1st Avenue #3 Sacramento, CA 95817. Filed with the Clerk of Sacramento County January 26, 2022 Publish: February 11, 18, 25, and March 4, 2022

FLOWERS

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-00390 John E. Brightenstine , 9376 Mira Del Rio Drive Sacramento, CA 95827 are doing business under the Fictitious Business Name(s) "GobiGjOhn" 9376 Mira Del Rio Drive Sacramento, CA 95827. Filed with the Clerk of Sacramento County January 20, 2022 Publish: February 11, 18, 25, and March 4, 2022 **GOBI** 3-4-22

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-00470 Nancy Gannon, 6100 Cherrelyn Way Carmichael, CA 95608 are doing business under the Fictitious Business Name(s) "River City Equestrian Events" 6100 Cherrelyn Way Carmichael, CA 95608. Filed with the Clerk of Sacramento County January 24, 2022 Publish: February 11, 18, 25, and March 4,

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-00910 Melissa Nelson, 8161 Juli Court Citrus Heights, CA 95610 are doing business under the Fictitious Business Name(s) "Veritas Signing Services" 8161 Juli Court Cirtus Heights, CA 95610. Filed with the Clerk of Sacramento County February 3, 2022 Publish: February 11, 18, 25, and March 4,

3-4-22

LUXE

INTERIOR

VERITAS 3-4-22

2022

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-00973 Cassandra Patterson, 9764 Nature Trail Way Elk Grove, CA 95757 are doing business under the Fictitious Business Name(s) "LILAC FIG, Brisco and Bane" 9764 Nature Trail Way Elk Grove, CA 95757, Filed with the Clerk of Sacramento County February 4, 2022 Publish: February 11, 18, 25, and March 4, 2022

FICTITIOUS BUSINESS NAME

STATEMENT FBNF2022-00797 Poese Fuapau, 7156 Parkvale Way Citrus Heights, CA 95621 are doing business under the Fictitious Business Name(s) "Apple Concrete Construction" 7156 Parkvale Way Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County January 31, 2022 Publish: February 11, 18, 25, and March 4,

3-4-22

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-00874

Abdul H. Tarin, 10891 Calvine Road Sacramento, CA 95830 are doing business under the Fictitious Business Name(s) "EZ Auto Sales" 10892 Calvine Road Suite B Elk Grove, CA 95830. Filed with the Clerk of Sacramento County February 2, 2022 Publish: February 18, 25, March 4, and 11, 2022

3-11-22

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-00543 Tung Thanh Huynh, 3575 Sue Pam Drive

Carmichael, CA 95608 are doing business under the Fictitious Business Name(s) Homewell Remodeling" 10017 Prairie Dunes Way Sacramento, CA 95829. Filed with the Clerk of Sacramento County January 25, 2022 Publish: February 18, 25, March 4, and 11, 2022

HOMEWELL 3-11-22

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-01004

Daryna Romanyak, 4818 Morgan Oak Way Antelope, CA 95843 are doing business under the Fictitious Business Name(s) "Modro Construction" 1818 Morgan Oak Way Antelope, CA 95843. Filed with the Clerk of Sacramento County February 7, 2022 Publish: February 18, 25, March 4, and 11, 2022

3-11-22

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-00921 Superior Auto Sales, 3300 Auburn Boulevard #6 Sacramento, CA 95821 are doing business under the Fictitious Business Name(s) "Superior Auto Sales" 3300 Auburn Boulevard #6 Sacramento, CA 95821. Filed with the Clerk of Sacramento County February 3, 2022 Publish: February 18, 25, March 4, and 11 2022

SUPERIOR 3-11-22

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-01083 Edwin Herrera, 6117 Orso Circle Carmichael, CA 95608 are doing business under the Fictitious Business Name(s) "Resilience Coffee" 6117 Orso Circle Carmichael, CA 95608. Filed with the Clerk of Sacramento County February 9, 2022 Publish: February 18, 25, March 4, and 11,

RESILIENCE FICTITIOUS BUSINESS NAME

STATEMENT FBNF2022-00856 Jagroop K Gill and Haewant S Gill 4635 Antelope Road Antelope, CA 95843 are doing business under the Fictitious Business Name(s) "Buy & Go Convenience" 5219 Elkhorn Boulevard Sacramento, CA 95842. Filed with the Clerk of Sacramento County February 1, 2022 Publish: February 18, 25, March 4, and 11,

BUY 3-11-22

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-00944 Victoria Dorgan, 5414 Beauford Court Antelope, CA 95843 are doing business under the Fictitious Business Name(s) "Ellari" 5414 Beauford Court Antelope CA 95843. Filed with the Clerk of Sacramento County February 3, 2022 Publish: February 18, 25, March 4, and 11, 2022

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-00604 David N. Lloyd and Paula J. Lloyd 6149 Wasson Lane Sacramento, CA 95841 are doing business under the Fictitious Business Name(s) "Ingram-Lloyd Enterprises" 6149 Wasson Lane Sacramento, CA 95841. Filed with the Clerk of Sacramento County January 26, 2022 Publish: February 18, 25, March 4, and 11, 2022

INGRAM

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-01014 Niello Bavarian Automobiles, Inc, 1481 River Park Drive Sacramento, CA 95815 are doing business under the Fictitious Business Name(s) "Niello BMW, Niello Mini" 2020 Fulton Avenue Sacramento, CA 95825. Filed with the Clerk of Sacramento County February 7, 2022 Publish: February 18, 25, March 4, and 11,

NIELLO 3-11-22

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-01077

Chaudri, 1060 Acacia Avenue Sacramento, CA 95815 are doing business under the Fictitious Business Name(s) "H&H Tax Services" 1060 Acacia Avenue Sacramento, CA 95815. Filed with the Clerk of Sacramento County February 9, 2022 Publish: February 18, 25, March 4, and 11,

3-11-22

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-01139 CCRG, INC, 6640 Latrobe Road Shingle Springs, CA 95682 is doing business under the Fictitious Business Name(s) "Crumbl Cookies" 6920 Auburn Boulevard #120 Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County February 10, 2022 Publish: February 18, 25, March 4, and 11,

CRUMBL FICTITIOUS BUSINESS NAME

STATEMENT FBNF2022-01124 Haley Schuler, 8730 Elverano Avenue Elverta. CA 95626 is doing business under the Fictitious Business Name(s) "The Luxe Press" 8730 El Verano Avenue Elverta, CA 95626. Filed with the Clerk of Sacramento County February 10, 2022 Publish: February 18, 25, March 4, and 11,

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-01108 Mark McGuire, 3835 Cresta Way Sacramento, CA 95864 are doing business under the Fictitious Business Name(s) "McGuire Homes" 3835 Cresta Way Sacramento, CA 95864. Filed with the Clerk of Sacramento County February 10, 2022 Publish: February 25, March 4, 11 and 18, 2022

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-01104 Samuel Brown, 8057 Briar Ridge Lane Citrus Heights. CA 95610 are doing business under the Fictitious Business Name(s) "The Interior Guy" 8057 Briar Ridge Lane Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County February 10, 2022 Publish: February 25, March 4, 11, and 18, 2022

3-18-22

3-18-22

KAY

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-00501 Forward Technology Group, Inc, 6221 Samoa Way Carmichael, CA 95608 are doing business under the Fictitious Business Name(s) "Forward Technology Group, Inc" 6221 Samoa Way Carmichael,

CA 95608. Filed with the Clerk of

Sacramento County January 24. 2022

Publish: February 25, March 4, 11, and 18, FORWARD 3-18-22

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-00932 Oleksandr Khatsor, 5213 Winding Way Carmichael, CA 95608 are doing business under the Fictitious Business Name(s) "Hilltop" 5915 Hilltop Drive Carmichael, CA 95608. Filed with the Clerk of Sacramento County February 3, 2022 Publish: February 25, March 4, 11, and 18, HILLTOP 3-18-22

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-00831

Lorenz Fine Jewelry LLC, 2935 Bergamo Way Sacramento, CA 95833 are doing business under the Fictitious Business Name(s) "Betty's Boutique, J. Lorenz Fine Jewelry" 2935 Bergamo Way Sacramento, CA 95833. Filed with the Clerk of Sacramento County February 1, 2022 Publish: February 25, March 4, 11, and 18, 2022 BETTY'S 3-18-22

FICTITIOUS BUSINESS NAME

STATEMENT FBNF2022-01199 Mary Morgan 5625 Haskell Avenue Carmichael. CA 95608 are doing business under the Fictitious Business Name(s) "The Chubby Cupboard" 5625 Haskell Avenue Carmichael, CA 95608 Filed with the Clerk of Sacramento County February 15, 2022 Publish: February 25, March 4, 11, and 18, 2022

CHUBBY

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-00464 Mr. Pork Brazilian Homemade Sausage LLC 220 Martis Valley Circle Sacramento, CA 95835 are doing business under the Fictitious Business Name(s) "Mr. Pork Brazilian Homemade Sausage LLC" 322 East Bidwell Street Folsom CA 95630. Filed with the Clerk of Sacramento County January 24, 2022 Publish: February 25, March 4, 11, and 18,

2022 3-18-22 FICTITIOUS BUSINESS NAME

STATEMENT FBNF2022-00802 LN Development & Construction, Inc. 4670 Aldona Lane #3 Sacramento, CA 95841 are doing business under the Fictitious Business Name(s) "LN Development & Construction, Inc., LN Development & Construction" 4670 Aldona Lane #3 & #4 Sacramento, CA 95841. Filed with the Clerk of Sacramento County January 31, 2022 Publish: February 25, March 4, 11, and 18,

2022 3-18-22

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-01157 Igor Kulaksyz 5905 Creighton Way Sacramento, CA 95842 are doing business under the Fictitious Business Name(s) "Advanced Elite Flooring" 5905 Creighton Way Sacramento, CA 95842. Filed with the Clerk of Sacramento County February 14, 2022 Publish: February 25, March 4, 11, and 18, 2022 **ADVANCED** 3-18-22

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-00473 James and James Investments, Inc. 3030 Mather Field Road Rancho Cordova CA 95670 are doing business under the Fictitious Business Name(s) "Louie's Cocktail Lounge" 3030 Mather Field Road Rancho Cordove, CA 95670. Filed with the Clerk of Sacramento County February 24, 2022 Publish: February 25, March 4, 11, and 18, 2022 LOUIE'S 3-18-22

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2022-00313904

Rachelle Rosalind Saldate has filed a petition with this court for a decree changing the name(s) of Rachelle Rosalind Saldate to Rachelle Rosalind Jose de Mattos-Saldate. IT IS ORDERED that all persons

interested in the above-entitled appear before this court at 9:00a.m. on March 9, 2022, in Department 54, located at 813 6th Street, Sacramento, CA 95814. and show cause, if any, why the petition for Change of Name should not be granted. Dated: January 14, 2022 Christopher E. Krueger, Judge of the Superior

Publish: January 28, February 4, 11, and 18,

180201

2-18-22

2022

SALDATE

#34-2022-00314144

and show cause, if any, why the petition for Change of Name should not be granted. Dated: January 18, 2022

Court Publish: February 4, 11, 18, and 25, 2022

180201 SUPERIOR COURT OF CALIFORNIA

ORDER TO SHOW CAUSE CHANGE OF NAME #34-2022-00314131 Jamie Grace McManaman has filed a petition with this court for a decree changing the name(s) of Jamie Grace

interested in the above-entitled matter appear before this court at 9:00a.m. on March 10, 2022, in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: January 18, 2022 Christopher E. Krueger, Judge of the Superior

Publish: February 4, 11, 18, and 25, 2022 180201

COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2022-00313754

Amber E. Smith has filed a petition with this court for a decree changing the name(s) of Joshua Scott Gauthreaux to Joshua Scott Smith IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00a.m. or March 8, 2022, in Department 54, located at 813 6th Street, Sacramento, CA 95814,

Dated: January 10, 2022 Christopher E. Krueger, Judge of the Superior Publish: February 4, 11, 18, and 25, 2022

COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE

CHANGE OF NAME #34-2022-00314141 Azadeh Saadi has filed a petition with

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 1:30p.m. on March 10, 2022, in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: January 18, 2022

Shama H. Mesiwala, Judge of the Superior Publish: February 4, 11, 18, and 25, 2022 180201

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2022-00313911

CHANGE OF NAME #34-2022-00314514 Markisha Andrea Cotton has filed a petition with this court for a decree changing the name(s) of Markisha Andrea Cotton to Kisha Andrea Hale. IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00a.m. on March 17, 2022, in Department 54, located at 813 6th Street, Sacramento, CA 95814. and show cause, if any, why the petition for

interested in the above-entitled matter

appear before this court at 1:30p.m. or

March 9, 2022, in Department 53, located

at 813 6th Street, Sacramento, CA 95814

and show cause, if any, why the petition for Change of Name should not be granted.

Shama H. Mesiwala, Judge of the Superior

SUPERIOR COURT OF CALIFORNIA

COUNTY OF SACRAMENTO

ORDER TO SHOW CAUSE

180201

2-25-22

Publish: February 4, 11, 18, and 25, 2022

Dated: January 14, 2022

Court

WRIGHT

Publish: February 11, 18, 25, and March 4,

Change of Name should not be granted.

Christopher E. Krueger, Judge of the Superior

Dated: January 26, 2022

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2021-00304148 Jenny Lynn Turner has filed a petition

with this court for a decree changing the name(s) of Jenny Lynn Turner aka Jennylynn Turner aka Jen Turner to Jen Turner Willis. IT IS ORDERED that all persons

interested in the above-entitled matter appear before this court at 9:00a.m. on March 22, 2022, in Department 54, located at 813 6th Street, Sacramento, CA 95814 and show cause, if any, why the petition for Change of Name should not be granted. Dated: January 27, 2022 Christopher E. Krueger, Judge of the Superior

Publish: February 11, 18, 25, and March 4, 2022 TURNER 3-4-22

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME

#34-2022-00314871 Erica White has filed a petition with this court for a decree changing the name(s) of Helena Rosa Guajardo to Helena Rose Leverett. IT IS ORDERED that all persons

interested in the above-entitled matter appear before this court at 1:30p.m. on March 23, 2022, in Department 53, located at 813 6th Street, Sacramento, CA 95814 and show cause, if any, why the petition for Change of Name should not be granted Dated: February 1, 2022 Richard K. Sueyoshi, Judge of the Superior Court

Publish: February 11, 18, 25, and March 4, LEVERETT 180201

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO

ORDER TO SHOW CAUSE CHANGE OF NAME #34-2022-00314525 Glenn Farley has filed a petition with this court for a decree changing the name(s) of Michael Glenn

Glenn Badajos. Farley IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 1:30p.m. on March 17, 2022, in Department 53, located at 813 6th Street, Sacramento, CA 95814. and show cause, if any, why the petition for Change of Name should not be granted. Dated: January 26, 2022

Shama H. Mesiwala, Judge of the Superior Publish: February 11, 18, 25, and March 4,

BADAJOS 180201

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2022-00313900

Najib R. Khaligzada & Salma Khaligzada has filed a petition with this court for a decree changing the name(s) of FNU Farzad to Farzad Khaliqzada, FNU Hamid to Hamid Khaliqzada, and FNU Atifa to Atifa Khaliqzada IT IS ORDERED that all persons interested in the above-entitled matter

appear before this court at 1:30p.m. on March 9, 2022, in Department 53, located at 813 6th Street, Sacramento, CA 95814 and show cause, if any, why the petition for Change of Name should not be granted Dated: March 9, 2022 Shama H. Mesiwala, Judge of the Superior

Court Publish: February 11, 18, 25, and March 4, KHALIQZADA 180201 3-4-22

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME

#34-2022-00314511 Renee Seraphin has filed a Teresa petition with this court for a decree changing the name(s) of Teresa renee Seraphin to Reese Renee Seraphin. IT IS ORDERED that all persons

interested in the above-entitled matter appear before this court at 1:30p.m. on March 15, 2022, in Department 53, located at 813 6th Street, Sacramento, CA 95814 and show cause, if any, why the petition for Change of Name should not be granted. Dated: January 25, 2022 Shama H. Mesiwala, Judge of the Superior

Publish: February 11, 18, 25, and March 4, 2022 180201

Court

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE

CHANGE OF NAME #34-2022-00315294 Ying Guo has filed a petition with this court for a decree changing the name(s)

Ying Guo to Stacey ying Guo. IT IS ORDERED that all persons

interested in the above-entitled matter appear before this court at 9:00a.m. or April 5, 2022, in Department 54, located at 813 6th Street, Sacramento, CA 95814 and show cause, if any, why the petition for Change of Name should not be granted February er E. Dated: 10, Christopher Krueger, of the Superior Court Judge Publish: February 18, 25, March 4, and 11,

GUO SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE

name(s) of Mohammad Suliaman Ageel to Sulaiman Ageel. IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00a.m. on March 23, 2022, in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: January 31, 2022 Christopher E. Krueger, Judge of the Superior Court Publish: February 18, 25, March 4, and 11, 2022 3-11-22 AQEEL

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2021-00309738

FNU Hamidullah has filed a petition with this court for a decree changing the name(s) of FNU Hamidullah to Hameedullah Fazli. IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00a.m. on

March 17, 2022, in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: January 26, 2022 Christopher E. Krueger, Judge of the Superior Court Publish: February 18, 25, March 4, and 11,

decree changing the name(s) of Sean James Teimouri to Sean James Cyrus. IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 1:30p.m. on March 29, 2022, in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: February 3, 2022 RichardK.Sueyoshi,JudgeoftheSuperiorCourt

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2022-00314159

with this court for a decree changing the name(s) of Jason York Jefferson to Jason York Jefferson Pernell. IT IS ORDERED that all persons

Publish: February 18, 25, March 4, and 11,

2022 JEFFERSON

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2022-00314877

Sarah Mickel has filed a petition with this court for a decree changing the name(s) of Sarah Mickel to Sarah LeSean Mickel

Dated: January 31. Publish: February 18, 25, March 4, and 11,

MICKEL 180201 3-11-22 SUPERIOR COURT OF CALIFORNIA

CHANGE OF NAME #34-2021-00302461 Juan Enrique Gil has filed a petition with this

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 1:30p.m. on March 29, 2022, in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. February RichardK.Sueyoshi,JudgeoftheSuperiorCourt Publish: February 18, 25, March 4, and 11,

> SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME

#34-2022-00315164 Analiese Marin Medina has filed a petition with this court for a decree changing the name(s) of

Analiese Marin Medina to Italy Marin Medina. IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00a.m. on

March 30, 2022, in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: February 4, 2022 Christopher E. Krueger, Judge of the Superior Court Publish: February 25, March 4, 11, and 18, **MEDINA**

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2022-00309820

Nelly Chineyere R Osuji has filed a petition with this court for a decree changing the name(s) of Nelly Chineyere R Osuji to Jasmine Chinyere Adams. IT IS ORDERED that all persons

interested in the above-entitled matter appear before this court at 9:00a.m. on April 6, 2022, in Department 54, located at 813 6th Street, Sacramento, CA 95814. and show cause, if any, why the petition for Change of Name should not be granted. Dated: February 09, 2022 Christopher E. Krueger, Judge of the Superior Court Publish: February 25, March 4, 11, and 18, **ADAMS**

SUPERIOR COURT OF CALIFORNIA

COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2021-00313373
Qutoni Moenuu Milikini has filed a petition with this court for a decree changing the name(s) of Qutoni Moenuu Milikini to Natia Moana Kekua.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00a.m. on February 24, 2022, in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: December 30, 2021 Christopher E. Krueger, Judge of the Superior Court

Publish: January 28, February 4, 11, and 18, 2022 KEKUA 180201 2-18-22

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2021-00313384 Eva Rachael Hitch has filed a petition with this

court for a decree changing the name(s) of Eva Rachael Hitch aka E Rachael Hitch aka E Rachael Shockey to E Rachael Rectenwald. IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00a.m. on March 1, 2022, in Department 54, located at 813 6th Street, Sacramento, CA 95814,

and show cause, if any, why the petition for

Change of Name should not be granted.

Dated: December 30, 2021

Christopher E. Krueger, Judge of the Superior Court Publish: January 28. February 4. 11. and 18. 2022

180201

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2022-00313545 Sarah Natrece Wiggins has filed a petition with this court for a decree changing the name(s) of

Sarah Natrece Wiggins to Sarah Natrece Kay. IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 1:30p.m. on March 2, 2022, in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: January 6, 2022

Shama H. Mesiwala, Judge of the Superior Court Publish: January 28, February 4, 11, and 18, 2022 180201

2-18-22

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2022-00313915 David Eugene Kassis and Annie Lynn Doolittle has filed a petition with this court for a decree changing the name(s) of Dawson Asher Kassis Doolittle to Dawson Joseph Kassis

interested in the above-entitled matter appear before this court at 9:00a.m. on March 9, 2022, in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: January 14, 2022 Christopher E. Krueger, Judge of the Superior

IT IS ORDERED that all persons

Publish: February 4, 11, 18, and 25, 2022 KASSIS 180201 2-25-22 SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE

CHANGE OF NAME

Alireza Teimouri has filed a petition with this court for a decree changing the name(s) Alireza Teimouri to James Cyrus. IT IS ORDERED that all persons ed in the above-entitled matter appear before this court at 9:00a.m. on March 10, 2022, in Department 54, located at 813 6th Street, Sacramento, CA 95814,

Christopher E. Krueger, Judge of the Superior

COUNTY OF SACRAMENTO

McManaman to Jamie Grace Hicks. IT IS ORDERED that all persons

Court SUPERIOR COURT OF CALIFORNIA

and show cause, if any, why the petition for Change of Name should not be granted.

180201 2-25-22 SUPERIOR COURT OF CALIFORNIA

this court for a decree changing the name(s) of Azadeh Saadi to Sarah Cyrus.

Issac Taz Pilgrim has filed a petition with this court for a decree changing the name(s) of Issac Taz Pilgrim to Issac Pilgrim Wright.

2022

CHANGE OF NAME #34-2022-00314770 Khisrow Ageel has filed a petition with this court for a decree changing 2022 FAZLI 3-11-22 SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2022-00315070 Alireza Teimouri and Azadeh Saadi has filed a petition with this court for a

Publish: February 18, 25, March 4, and 11, 2022 CYRUS 180201 3-11-22

Jason York Jefferson has filed a petition

interested in the above-entitled matter appear before this court at 1:30p.m. on March 15, 2022, in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: January 19, 2022 ShamaH.Mesiwala,JudgeoftheSuperiorCourt

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 1:30p.m. on March 23, 2022, in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. RichardK.Sueyoshi,JudgeoftheSuperiorCourt

COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE

2022

court for a decree changing the name(s) of Contreras Cervantes to Christian Gil Contreras.

2022 GIL 180201

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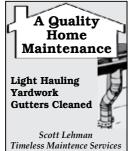
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15. Bird of prey's nest 16. Lieu

18. Bashful or Happy 19. *"1984" author George

24. Genghis or Kubla 25. Cranberry habitat

30 Saddle holders 35. *Boris Karloff's movie

37. Actress Barrymore 39. Asian goat antelope 40. Supernatural life force

43. South African antelope

44. Cook from above 46. Rotisserie part 47. Not odd

48. Italy in Italian 50 What snob puts on 52. .0000001 joule

55. Beer acronym 57. *____ Doctrine, U.S.

foreign policy 60. *"How Green Was My

63. Another word for nutria

64. Ciao in the U.S.

70. Will alternative

73. Term of endearment

1. Emergency acronym 2. *1949 international org.

5. Christian hymn (2 words) 6. Graveside sound

8. TV's Yellowstone, e.g.

10. Underwater hermit

15. Apollo Creed's son

22. Old towel, e.g.

12. Gridiron official, for short

20. City in northern England

24. Rollerskater's protector (2

71. Additionally

72. Nucleic acid

D0WN

3. Copycat

7. Gone by

9. Uses a Singer

11. Ethereal

4. Chicken feet

66. Trip guide 68. Surveyor's maps

41. Seethes

23. Writer

21. *Best-selling pop artist

Monk Kidd



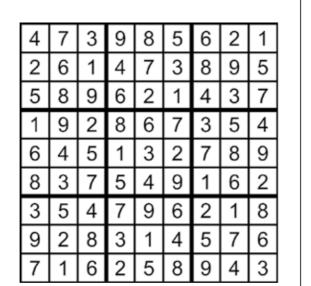


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58. Swedish shag rugs

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- 61. Zeal
- 62. New Haven University
- 63. IRS employee? 65. Yang's opposite
- 67. Canny

row, column and 3-by-3 box includes all digits 1 through 9.

words) 25. *Disney's 1942 orphan 26. Abstractionism using optical illusion 27. Kind of salami 29. Crafts' companion

31. Network of nerves 32. Treasure collection

33. Dreamer?

34. *Popular music style

36. Ship canvas

38 *1939-1945

42. Parallel grooves

57. Church sound

45. Acid turns it red 49 "Bingo!"

51. Daryl Hannah's 1984 movie

56. In spite of the fact, arch.

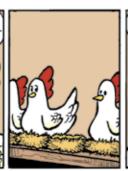
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WEEKLY COMICS











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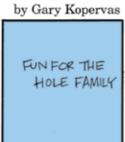
WHO'S THE BOSS AROUND HERE?





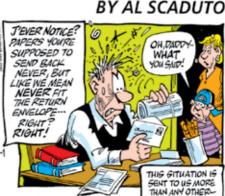
Out on a Limb





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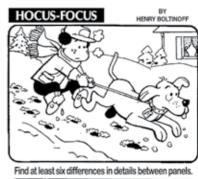


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10 · THE NEWS FEBRUARY 25, **2022**

Straight Facts About Omega-3s and Heart Health

FAMILY FEATURES

Many people are familiar with omega-3 fatty acids, and some of those at risk for heart disease take them as dietary supplements. However, according to a Harris Poll commissioned by Amarin Pharma, Inc., some people have limited understanding of the risks and benefits of these dietary supplements. Heart disease is the leading killer of men and women globally, and risk increases over the age of 45, according to the Centers for Disease Control and Prevention (CDC). In fact, the American

Heart Association predicts 45% of the United States population will have some form of cardiovascular disease by 2035.

According to the CDC, people with diabetes are twice as likely to have heart disease or a stroke than those without diabetes, and at a younger age. To help counter their risk, almost half (46%) of heart patients and more than one-third of patients with diabetes take omega-3 dietary supplements, according to the poll. Six in 10 of those heart patients and 55% of people with diabetes consulted a health care professional before taking them, but only 45% of the general adult population taking omega-3 dietary supplements has

Among poll respondents who think they are at risk of heart disease, 56% of those taking omega-3 dietary supplements believe they have been proven effective in reducing the risk of (or treating) heart disease, and 44% believe they have been approved by the Food and Drug Administration (FDA) to treat or prevent heart disease. However, this is not the case, and they have not been approved or proven effective in preventing disease.

Additionally, while men with diabetes (87%) are more likely than women (73%) to cite obesity as a risk factor, 75% are also more likely to believe fish oil dietary supplements are proven to reduce risk of CVD, compared to 58% of women.

"The volume of misinformation can be overwhelming for the average person who may not know whether or not to use omega-3 dietary supplements, let alone which dosage is optimal," said R. Preston Mason, Ph.D., member of the cardiovascular division at Brigham and Women's Hospital, teaching affiliate of Harvard Medical School, president and cofounder of Elucida Research LLC and consultant for Amarin. "Heart disease and other conditions like diabetes are too risky to leave to unproven products."





If you currently take or are considering taking omega-3 dietary supplements, Mason recommends arming yourself with information about some commonly held beliefs about omega-3 fatty acids and the risks and benefits of these dietary supplements, especially in relation to heart disease risk.

FDA Regulation

Although roughly one-third of people surveyed reported believing omega-3 dietary supplements, which are often referred to simply as fish oil, are approved by the FDA, the FDA found fish oil

What You Should Know About Fish Oil **Dietary Supplements and Statins**

Statins are currently the first-line proven therapy for lowering cholesterol. However, statins, along with diet and exercise, still leave persistent cardiovascular risk.

Despite commonly held beliefs to the contrary, fish oil dietary supplements have not been successfully proven to provide cardio-vascular benefits in clinical studies. There are multiple reasons for this:

Omega-3s come in different forms and have different efficacy, safety and clinical effects, which can behave differently based on how they are

manufactured, handled and administered. Certain ingredients in fish oil supplements such as docoahexaenoic acid (DHA) may raise low-density lipoprotein, which is often referred to as "bad

cholesterol" or LDL-C. Typical fish oil supplements contain only 30% of the omega-3 fatty acids EPA and DHA, with the majority of the product consisting of non-omega-3

ingredients, often including saturated fats. Fish oil supplements are considered food; according to FDA standards, they

are not intended to treat diseases

supplements, which contain omega-3 fatty acids, do not meet the standards of significant scientific agreement required for a scientific health claim.

Cardiovascular Disease

Roughly two-thirds of people polled believe fish oil supplements have been proven effective to reduce the risk of cardiovascular disease. However, the American Heart Association advises against self-medicating with any dietary supplements. If you're at risk of heart attack or stroke, work with your doctor on a plan to help reduce your risk. Learn more at truetoyourheart.com.

Rio Linda & Elverta Real Estate Specialist



Continued on page 4

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1420 I Street	2089	.45 Acre	\$ 630,000
5923 West 2nd St.	2106	2.12 Acres	\$ 650,000
7425 26th St.	3525	1.2 Acres	\$ 725,000

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