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Fundraising for
United Way**

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THE NEWS

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OCTOBER 8, 2021

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**\$1.4 MILLION
DIG TO AID
CHINOOKS**



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**SNELL TO
LEAD LOCAL
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Open Your Wallets

California Legislature passes 21 bills



The massive budget surplus allowed Newsom and legislative Democrats to go big on a progressive agenda they believe will help the state recover from COVID hardships. Photo credit Anne Lowe

By Laurel Rosenhall,
CalMatters.org

The second year of the coronavirus pandemic in California was shaped by two political undercurrents at the state Capitol: a budget awash with cash, thanks to a booming stock market and federal aid, and a looming recall election asking voters to throw Gov. Gavin Newsom out of office.

The massive budget surplus allowed Newsom and legislative Democrats to go big on a progressive agenda they believe will help the state recover from COVID hardships. They passed a \$262.6 billion budget that includes preschool for all 4-year-olds, health insurance for low-income undocumented immigrants age 50 and older, and \$600 stimulus payments for most Californians – landing in bank accounts just weeks before the Sept. 14 recall election.

Newsom found himself with so many dollars to spend that he gave away \$115 million to encourage Californians to get the COVID-19 vaccine with a series of game-show

style lotteries.

But gobs of money and Democrats' supermajority didn't make everything possible. Tensions between moderate and liberal Democrats stymied many proposals. The recall threat also may have doomed some legislation that might have reflected unfavorably upon California and its governor. Bills that stalled included proposals to create single-payer health care, ban corporate donations to political candidates, legalize psychedelic drugs, sanction clinics where addicts can use illegal drugs under medical supervision, and allow people to turn their bodies into garden compost after death. Progressive legislation to allow more offenders to have their records expunged and overhaul the bail system also stalled amid concerns over California's rising murder rate and an especially brutal killing in Sacramento.

With epic wildfires burning in a state stricken by drought, lawmakers approved \$1 billion for wildfire prevention but rejected a bill that called for reducing greenhouse gas emissions beyond current

mandates, which officials have said California is already not on pace to meet. Democratic Senate leader Toni Atkins told reporters after the last night of the session wrapped up that such ambitious legislation may take more time to negotiate, and she expects that to continue next year.

The final night was unusually subdued compared with the chaos of the last two years. At the end of 2020, Republican senators were forced to vote remotely because of a COVID infection while Assemblymembers were required to vote in person, prompting one to make a late-night floor speech cradling her newborn baby. Not to mention the previous year, when the Senate was evacuated and a hazmat crew called in after an anti-vaccine protester tossed a menstrual cup of blood from the overhead gallery, splattering senators.

Amid the relative calm of 2021, lawmakers managed to send the governor hundreds of bills, which he has until Oct. 10 to sign or veto. Even if voters oust him on Sept. 14, the transition period of as long as 38 days means the fate of these bills is in Newsom's hands. ★

Free County Flu Clinics Going on Now

Sacramento County
News Release

SACRAMENTO COUNTY, CA (MPG) - With flu season approaching, Sacramento County Public Health urges everyone to get a flu shot to protect themselves and their families from influenza. From now through Nov. 13, the Sacramento County Immunization Assistance Program will host free Adult and Family Flu Clinics throughout Sacramento County.

This year it is especially important to get a flu shot as COVID-19 continues to spread. In an effort to fight both viruses, all Public Health clinics will offer flu and COVID-19 vaccines, including at existing COVID-19 vaccine clinics. It is safe to receive flu and COVID-19 vaccines at the same time, according to the CDC.

"Vaccines are proven to reduce the risk of severe illness, hospitalization and death," said Sacramento County Public Health Officer Dr. Olivia Kasirye. "Those who cannot receive the vaccine, including infants and individuals with a compromised immune system such as those going through chemotherapy, rely on others being vaccinated to help protect them."

All clinics take walk-ins, without the need for appointments.

Vaccination of people at high risk for flu complications is especially important to decrease their risk of severe illness. These include seniors and people with chronic conditions such as diabetes, high blood pressure, lung disease and kidney disease. The same underlying health conditions put people at higher risk for COVID-19. If you are at high risk, it is especially important for you to get a flu vaccine this year. Getting a flu vaccine will not only reduce your risk from flu but also help conserve potentially scarce health care resources.

Flu vaccine is also recommended for infants ages six months and older who do not have a medical condition that makes the flu vaccine inadvisable.

As with COVID-19, it's crucial to practice good health habits:

If you feel flu-like symptoms, limit contact with others to keep from infecting them:

Stay home for at least 24 hours after you fever is gone, except to get medical care or for other necessities; Cover your coughs or sneezes and wash your hands; Avoid touching your eyes, nose and mouth; Clean and disinfect surfaces and objects that may be contaminated with

Continued on page 2

Student Earns CSU's Top Academic Honor

By Cynthia Hubert

SACRAMENTO REGION, CA (MPG) - Carla Cruz Medina's pursuit of a science education has been fraught with obstacles. She was the first in her family to attend a university. As a woman of color from Mexico, she has been a minority in most of her courses. Her finances have been strained.

But she has persisted and excelled.

This month, the California State University recognized Cruz Medina's efforts with the highest student recognition of student academic accomplishment in the CSU system, the Trustees' Award for Outstanding Achievement.

The CSU each year recognizes one student from



Congratulations Carla Cruz Medina! The Twin Rivers Unified graduate just received the California State University Trustees' Award for Outstanding Achievement. Carla graduated from Grant Union High School. Photo courtesy of Sacramento State/Andrea Price

each of the system's 23 campuses with the awards, which honor scholars who overcome adversity, have financial need, demonstrate superior academic performance, and participate

in community service. Scholarships range from \$6,000 to \$15,000.

Cruz Medina, a graduate student in Biology, was 8 years old when her family moved to Sacramento

from Guanajuato, Mexico, in 2005.

"My mother always encouraged us to get an education," she said. "She realized how important

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\$1.4 Million Dig to Aid Chinooks



Above: Giant earthmovers relocate gravel in river shallows near Ancil Hoffman Park. The project will recreate natural spawning riffles for endangered migratory fish. Right: Water Forum Program Manager Erica Bishop (left) and communications officer Christine Kohn inspect habitat restoration sites in Carmichael reaches of the American River.

Story and photos by Susan Maxwell Skinner

SACRAMENTO REGION, CA (MPG) - In one of the largest movements of American River sediment since the Gold Rush, a Water Forum project is relocating nearly 16,000 cubic yards of gravel in shallows near Ancil Hoffman Park.

Huge excavators, dump trucks and bulldozers have worked against the clock to restore diminished fish spawning habitats before this fall’s salmon run. By November, giant Chinooks will return—hell-bent on reproduction—by the thousands to home waters. Soon after, steelhead arrive for the same purpose. Because Nimbus and Folsom dams curtail migration, spawning must occur in river shallows before these obstacles—or be achieved artificially at the Nimbus Fish Hatchery. “We have a narrow work window, as specified

by the Endangered Species Act,” explains Water Forum Program manager Erica Bishop. “Our work is targeted over a time frame when it’s least likely to affect resident fish.” Forming a giant alcove upstream from the golf course, the augmented Ancil Hoffman riffle will provide fish increased gravel areas for redd (nest) building. “Salmon and steelhead have traditionally spawned in this area,” Bishop explains. “Over time, rivers move sediment and these gravel beds have become degraded. Because of the dams, new sediment can’t replace what’s moved downstream. The lower American River is gravel-starved. Fish don’t have sufficient breeding habitat. Some return to their home river and find nowhere to spawn.” The \$1.4 million Water Forum project is one of many restoration programs that



support endangered anadromous species that begin and end lifecycles in the American River. Thousands of tons of gravel – sorted to exactly the size preferred by nesting fish – will create an 11-acre alcove at Ancil Hoffman. When temporary levies are bulldozed and water rises, new riffles will accommodate salmon and steelhead breeding. The development includes a rearing inlet to host growing juveniles before their spring swim to the Pacific Ocean. Planting of willows, cottonwood and other native vegetation will bring insects to feed fry. Riverside trails at the Effie Yeaw Nature Center will be improved to allow public observation. Similar restorations have achieved success at Sailor Bar, River Bend Park,

Sacramento Bar and at Nimbus and Sunrise stretches of the American River. “Our surveys count the number of redds in the river and juvenile fish,” says Bishop. “We know restored habitats are being used. Although we have low water flows due to drought this year, our project is focused on long term improvement of river habitat.” The Ancil Hoffman project is funded by the Bureau of Reclamation. Sacramento City, Sacramento County and local water agencies fund the Water Forum. Construction areas are off limits for public access. Work-in-progress may be viewed from trails at Effie Yeaw Nature Center preserve. Learn about the Water Forum at www.waterforum.org ★

Mental Health Professionals to Respond to Mental Illness-Related Calls

By Simone Braithwaite, Office of Assemblymember Kevin McCarty

SACRAMENTO, CA (MPG) - The Office of Assemblymember Kevin McCarty issued the following statement: “Governor Newsom signed my community policing bill, AB 1443, which will provide a much needed framework to allow members of community mobile crisis teams – instead of law enforcement - to respond to mental illness related calls. In 2020, the Sacramento Police Department received about 18,000 mental illness and 5150-related calls of service. Despite the availability of municipal staff who are qualified and trained to respond to mental illness-related calls where a police presence is not warranted, under current law, these professionals need prior approval by the County before they are able to respond. AB 1443 will empower local governments to utilize health professionals, who have experience in mental health-related issues, to provide the proper care and service to assist individuals with mental health needs. Thank you to the strong coalition of advocates and organizations who supported this bill and helped get this bill to the Governor’s desk.” ★

Free County Flu Clinics Going on Now



Sacramento County Public Health urges everyone to get a flu shot to protect themselves and their families from influenza. Image by LuAnn Hunt from Pixabay
Continued from page 1 flu germs. For questions or to find out more about the vaccination clinics, contact the Sacramento County Immunization Assistance Program at 916-875-7468 or visit www.sacvax.com. The influenza vaccine is adjusted every year to work against the most common strains of the flu. Read more about the 2022 flu season on the CDC FAQ page. ★



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Sac Brews and Brains Fundraising for United Way Digital Equity Program

By Kristin Thébaud, Thébaud Comm.

SACRAMENTO, CA (MPG) - Local residents can enjoy independent craft brews and trivia in an urban Biergarten at United Way's 7th annual Brews and Brains fundraiser on Oct. 14, hosted by United Way's Young Leaders Society and sponsored by Enterprise Rent-A-Car. Tickets are on sale for the outdoor event at SacYard Community Tap House that also will include a raffle, commemorative pint glass, food and entertainment to raise funds for United Way's work to create digital equity across the region. Tickets are expected to sell out. To purchase, visit YourLocalUnitedWay.org/YLS-Brews-Brains.

"Brews and Brains is one of the most anticipated trivia nights of the year," said Eric Grabin, chair, United Way's Young Leaders Society. "What can be better than trivia, brews and food while supporting the ongoing effort of United Way's Digital Equity program and Young Leaders Society?"

United Way launched its three-year digital equity partnership with the City of Sacramento, SMUD, City of Rancho Cordova and community nonprofits in July to close the local digital divide - unequal technology and internet access - that has expanded during the pandemic. Building on its pilot project with the City of Sacramento in fall 2020, United Way and its partners are working to address the issue of digital equity long-term both inside and beyond the city limits. The program will provide internet access for up to 1,000 households



Guests enjoy beer and trivia at United Way's Young Leaders Society Brews and Brains fundraiser in 2019. The event will take place again on Oct. 14 at SacYard Community Tap House. Photo: Thébaud Communications

a year, refurbished desktop computers for up to 500 people per year and digital literacy training through online resources and classes.

With more than 24 million unconnected households nationwide, the digital divide disproportionately affects minority and low-income populations. According to the Federal Communications Commission, 35 percent of adults who do not use broadband at home are older, poorer, less educated, more likely to be a racial or ethnic minority, and more likely to have a disability than those with a home connection. In Sacramento, there are neighborhoods where 25 percent of households have no internet access. To learn more, visit YourLocalUnitedWay.org/Digital.

"The digital divide is not new, but it has expanded rapidly with the pandemic when so many parents began working from home and kids began learning remotely," said Amber Lovett, interim president and CEO, United Way California Capital Region. "We need to address this issue immediately. We are grateful to United Way's Young Leaders Society for recognizing that this is a critical program for achieving equity across the region,

and for selecting this program for their fundraising work this year."

United Way's Young Leaders Society creates opportunities for young professionals who live or work in the California capital region to connect with peers and community leaders and give back through acts of service and volunteering. For more information or to join, visit YourLocalUnitedWay.org/YLS.

For nearly 100 years, United Way California Capital Region has brought local people together to make community change happen. With a mission to build stronger, healthier and more compassionate communities, the local United Way starts at square one: helping every family succeed so their community can too. Serving Amador, El Dorado, Placer, Sacramento and Yolo counties, the local United Way is working to meet its 20-year commitment to significantly reduce poverty in the region by building capacity in undervalued communities, creating meaningful partnerships, seeking equity in education and making social justice investments in families. For more information or to make a donation, visit YourLocalUnitedWay.org. ★

Student Earns CSU's Top Academic Honor

Continued from page 1

education and financial independence can be, especially for a woman. I wanted to be capable of making my own way in the world."

After graduating from Grant Union High School, Cruz Medina attended the University of California, Los Angeles, where she earned a Bachelor's Degree in Spanish and Biology. "There weren't many people who looked like me" in her program, she said, which "made me question whether I belonged."

She chose Sacramento State to pursue her master's and at first felt a bit lost. "I didn't really know anyone from my background who had entered a master's program," she said. "I didn't even know what questions to ask of an advisor."

In short order, though, Cruz Medina grew comfortable as a Hornet.

"Even though there aren't a lot of people of color in my program, I still feel a sense of community," she said. "It's such a nurturing environment. The University and the professors really care about you and your education."

Cruz Medina has excelled not only in the classroom but outside of it. She founded an organization, Pacers United, that helps seniors at her high school alma mater apply for college and financial aid. She also works as a research assistant with Environmental Studies Professor Michelle Stevens to restore wetland and riparian acreage at Bushy Lake along the lower American River.

"Carla is a shining example of what it means to be a Hornet," President Robert S. Nelsen said. "She is an excellent scholar with a big heart."

Biology Professor Timothy Davidson, who served as Cruz Medina's advisor, called her highly motivated, curious, and enthusiastic about advancing her own goals and helping others.

"She is among the most collaborative, positive, and community-minded students I've worked with," Davidson said. "She genuinely cares about others and our community, which explains why she is so well-regarded by her classmates and professors."

As she advances in her education, Cruz Medina's focuses are on ecology, conservation, and biostatistics. She hopes to parlay her knowledge into a career promoting fair treatment of all people in the development and implementation of environmental regulations and policies.

"My dream job would be an intersection of conservation and environmental justice," she said. "I'm very passionate about those things."

She believes that the CSU Trustees' Award will help her achieve her goals.

"As a first-generation college student, a woman, and a person of color, I know that finances are a huge barrier to earning a degree," Cruz Medina said. "It's something we don't talk about enough. This scholarship will help me receive an education without having to go into immense debt. It will help ease my financial burden. That means a lot."

Cynthia Hubert came to Sacramento State in November 2018 after an award-winning career writing for the Sacramento Bee. Cynthia believes everyone has a good story. She lives in East Sacramento with her two cats, who enjoy bird-watching from their perch next to the living-room window. ★

SMUD Holds Charge Up Change Video Contest

SMUD News Release

SACRAMENTO REGION, CA (MPG) - Calling all Sacramento-area middle school students! SMUD wants to see your videos about why electric vehicles are so cool. SMUD's Charge up Change video contest welcomes individual or team videos that are between one and two minutes in length. Full competition guidelines and contest application can be found at smud.org/ChargeUpChange.

This is the third year SMUD is offering this contest, which is designed to get students thinking about EV benefits and technology. SMUD's Community Education & Technology Center welcomes participants from all middle school students, including 6th graders, within the service area. The top five winning submissions will receive prizes for up to \$1,500. All applicants will receive a family pass to the California Auto Museum. ★

ShotSpotter Technology Coverage Expansion in Sacramento County

By Sergeant Rod Grassmann, Sacramento Sheriff's Department

SACRAMENTO COUNTY, CA (MPG) - The Sacramento County Sheriff's Office is excited to announce its ongoing and growing partnership with ShotSpotter. Since 2018, the ShotSpotter technology has been active within specific areas of south Sacramento County. An expansion of the coverage area has been deployed in two distinct areas of north Sacramento County, Watt and Roseville Road and the area around Howe Park in the north central part of the county; both communities have historically been plagued by gun violence.

The ShotSpotter technology detects gunfire, through a series of strategically placed microphones, and notifies dispatchers and deputies of the location in real-time. The real-time digital alerts include a precise geographical location such as the address, number of rounds fired and the type of gunfire. This technology significantly reduces the 9-1-1 notification time as it can be difficult for community members to differentiate the sound of gunfire as opposed to similar sounds. It also

alleviates the occurrence when a community member is either too afraid to call and report or doesn't call because they feel someone else has reported it.

This technology greatly improves emergency response times getting deputies to the area in a tactically safe manner to assist the affected community and/or victims of gun violence. It also increases the likelihood of preserving and collecting evidence as well as apprehending suspects.

During the system installation process occurring August 1, 2021 to September 22, 2021, the expansion system recorded 146 discharged rounds in 56 separate ShotSpotter gunfire incidents. The 56 activations included 12 incidents with single gunshots, 36 incidents with multiple gunshots, and eight events of probable gunfire. Citizens generated twenty-four 9-1-1 calls to the sheriff's office during this same time frame/location or less than half of the legitimate instances of gunfire. The ShotSpotter expansion will be a game changer for the Sacramento County Sheriff's Office and the community in holding those engaged in gun violence accountable. ★

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Rio Linda Resident Shares View of Early Ranch Life

By Thomas J. Sullivan

FAIR OAKS, CA (MPG) - A collection of personal photos and historical papers of an early Fair Oaks founding family, Irving and Claudia Gum, former owners of 107 acres at the corner of Madison Avenue and Kenneth Drive offers a special look into what early life in Fair Oaks and Orangevale was like from the mid-1880s.

In its history, Gum’s farm produced corn, strawberries, and hay. His pumpkin patch, called U-Pick Pumpkins, was a popular autumn destination. He remained an active farmer and rancher well into his 90s.

Irving Gum died in 2015, and his wife Claudia passed away in 2017. The couple had no children. Proceeds from the sale of the Gum Ranch property were given to the Shriner’s Hospital for Children in Sacramento, per the couple’s wishes.



Citrus Heights Historical Society receives material documents from Betty Reed. From left to right: Larry Fritz, president of the Citrus Heights Historical Society; Betty Reed, 83, a surviving niece of Irving Gum holding a folder with Wilma Aspholm’s “My Yesterdays” and CHHS vice-president Teena Stern. Photo by Thomas J. Sullivan

Washington state with her second husband. According to Larry

generous donation. Reed said she donated the collection to the Citrus Heights Historical Society because she was very fond of her Uncle Irving and Aunt Claudia throughout their lives, and said she wanted to see that their family legacy be properly preserved.

Before Claudia Gum passed away in 2017, she gave Wilma’s personal diary and four banker’s boxes worth of family photos, and other material to Reed.

Reed said she enjoyed discovering memorable family stories and anecdotes about her Uncle Irving and their shared family history as she read Wilma’s diary. The historic materials illustrate the broader family tree which connects the Gum and Rusch families.

The diary tells how Fred and Julia Volle, Wilma’s maternal great grandparents originally came to Citrus Heights in the 1850s and how Perry and Lilly Gum, Irving and Wilma’s parents, first arrived in Fair Oaks in 1895.

A black and white family photo likely taken in the 1920s shows Irving in the center with his father, Perry Gum and his mother, Lilly Rusch-Gum. Wilma and Irving also had a brother Glenn.

Herman and Amelia Rusch were Irving and Wilma’s maternal grandparents. One of their daughters, Lilly, was the mother of Irving, Wilma and Glenn Gum.

When Herman married his second wife, Amelia Volle, he left his two

younger children, Fred and Julia, from his first wife, Julia Volle (another Volle daughter), to be raised by their namesake grandparents, Fred and Julia Volle which is how they later came to inherit

Today, the Murphy bed frame which once Wilma slept in, is still in the Rusch Home, exactly as Wilma described it as a child.

The four boxes which were donated by Reed

names inscribed on the back.

“Between the two groups, we’ve scanned about 120 to 130 items,” Fritz said. “We still have a way to go.”

The Heritage at Gum Ranch, a new housing community developed by Elliott Homes, is under construction on the south end of the Gum Ranch property, northeast of Bella Vista High School, adding 250 new homes to the area. The community’s main entrance, off Kenneth Ave is named Gum Ranch Road.

Ralph Carhart, chairman of the Fair Oaks Recreation and Park District (FORPD) Board in an earlier news interview said as part of their development of The Heritage at Gum Ranch community, Elliott Homes will build Gum Ranch Park, which will be dedicated to the Fair Oaks Recreation and Park District (FORPD) upon its completion.

Acres of native oaks were saved in the area adjacent to Arcade Creek where the late Claudia



Irving Gum with parents Perry and Lilly circa 1927. Photo courtesy of Citrus Heights Historical Society



A drawing done by a local artist of the 1903 Gum family home in Fair Oaks before they moved to their farm on Madison and Kenneth Avenue. Photo courtesy of the Citrus Heights Historical Society

Known as the Gum Family Collection, the historic materials were officially donated to the Citrus Heights Historical Society (CHHS) in September which accepted them from Rio Linda resident Betty Reed, 83, a surviving niece of Irving Gum’s first wife.

The highlight of the collection is a single-spaced, typed 237-page diary written by Irving Gum’s older sister, Wilma.

Irving Gum was born in 1919 and his sister Wilma in 1922. Wilma married Al Aspholm, a close family friend of Irvings’, and had one son, Tom. When she and Aspholm later divorced, Wilma married again, and moved to

Fritz, president of the Citrus Heights Historical Society, Wilma’s son, Tom, has since passed away, leaving no family heirs. Wilma’s diary remained with Irving and Claudia Gum until it was passed on to Betty Reed.

Reed and her family continued to be friends with the Gum family throughout their lives. “He was my Uncle Irving, and I loved him very much,” she said.

Upon formal receipt of the Gum collection, CHHS president Fritz, and CHHS vice-president Teena Stern, a California state archivist, presented Reed with a copy of Wilma’s original diary as a keepsake for her

the Volle Ranch, where Rusch Park in Citrus Heights is now.

Wilma writes about spending weekends with her aunt and uncle, Fred and Julia Rusch, at their home on Antelope Road—the historic Rusch family home that is now preserved as a museum in Citrus Heights. Wilma was fascinated by their electric refrigerator, which was very uncommon for the time, and describes eating homemade ice-cream at the Rusch home, a popular treat for many visitors to their home.

contained a “treasure of material,” said Fritz.

The Citrus Heights Historical Society, working with the Fair Oaks Historical Society and the recently formed Orangevale History Project are working to identify people who are depicted in the historic photographs within the collection, Fritz said.

Several large, faded sepia tinted panorama photos taken outside the original wood-framed Orangevale School dating from the 1930s have a complete list of student

and Irving Gum formerly sold pumpkins and provided hayrides through the pumpkin patches. The protected oak woodland is incorporated as nature walk areas.

The new Gum Ranch Park will have numerous amenities, including an open turf play area, a toddler lot designed with rubber safety material, a spin merry-go-round, a water play area, a wooden climbing structure, an outdoor fitness complex, picnic pavilions with tables and BBQs, and various paths and benches. ★



Men's Breakfast

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Ask Toni

Wrong Medicare Information from Friends Can Lead to Choosing the Wrong Medicare Plan!

2 Weeks until Friday, October 15-Medicare’s Annual Enrollment



Toni King

Dear Toni:

What is the difference between a “Medicare Supplement” and a “Medicare Advantage PPO” plan? I am turning 65 and the marketing material, I am being

absolutely puzzles me.

Friends have told me that a Medicare Advantage PPO plan is the same as a supplement because both have a network of doctors to pick from. Seems my retiree medical plan now has a Medicare Advantage PPO plan to choose, and I’m concerned if a medical catastrophic incident happens will the medical providers, I’m now seeing accepts this PPO plan and how will the facility get paid?

~ Thanks, Stephen from Denver area
Stephen:

Your friends have given you WRONG information regarding Medicare that can lead you to choose the wrong Medicare plan for your medical situation. Medicare Supplements and Medicare Advantage Plans are completely different types of Medicare policies.

With a Medicare Supplement, there is not a network of any kind; you have the freedom to use any healthcare provider/facility that will bill Medicare. The Medicare Supplement will pay for your Medicare out of pocket that Medicare Parts A and B will not pay.

With a Medicare Advantage PPO plan, there are lower cost in-network providers/facilities as well as out of network benefits that will cost you more. In 2021, a popular Medicare Advantage PPO plan has a maximum ranging from \$6,700 to \$7,500 in-network while out of network costs range from \$9,000 to \$11,500.

Most never consider that they could have an out of network provider/facility for their medical claim, but in these current times many healthcare providers/facilities are out of network with a Medicare Advantage PPO plan.

Below are some of the differences in the two plans:

Medicare Supplement:

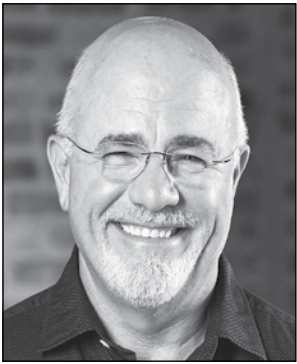
1. A Medicare Supplement works directly with “Original Medicare”. Medicare pays its share of the Medicare-approved amount for “medically necessary” “covered healthcare costs.
2. Your Medicare supplement will pay its share. With a Medicare Supplement, you chose which doctor, hospital, home health agency, skilled nursing facility, etc. that accepts Medicare assignment for your healthcare. You and your healthcare providers are in control of your healthcare.
3. The downside to a Medicare Supplement is that you have a monthly premium that may increase the premium rate each year.
4. Medicare prescription (Part D) drugs plans are not included, so you may want to enroll and will pay separately for a “Stand alone” Medicare (Part D) Prescription drug plan.

Medicare Advantage PPO Plan:

1. To qualify for any Medicare Advantage plan:
a) You must be enrolled in both Medicare Parts A & B. b) Live in the service area 6 months out of a year...
2. When you choose a Medicare Advantage Plan, then Medicare pays the insurance company a certain dollar amount every month for your care for the plan you are enrolled. Your Part B must always remain in effect.
3. When you go to the doctor, hospital or visit your pharmacist, you must only use your Medicare Advantage insurance card, not your Medicare (red, white and blue) card.
4. A Medicare Advantage Plan must provide all your Part A and Part B benefits and some Medicare Advantage Plans have Part D prescription drug plans included. Also, has “extra” benefits such as gym membership, dental and vision.
5. Verify that your providers or facilities accepts the Medicare Advantage plan enrolled in.

“October Zoom Confused about Medicare” webinar is Wednesday October 13st at 4:00 PM. Visit www.tonisays.com to sign up for Toni’s new webinar event.

Toni King, Medicare author/advocate is giving a \$5 discount to the Toni Says® readers on the new 2021 Medicare Survival Guide® Advanced book at www.tonisays.com or call 832/519-8664. ★



Protect Against Inflation?

Dear Dave,

All the talk on the news about inflation is a little scary. Is there any way to protect yourself against it on a day-to-day basis?

– Garret

Dear Garret,

When people start talking about inflation, it seems like there are always some who want to start collecting gold, fill every container they own with gasoline and stick their cash under their mattresses. But listen, you can prepare for inflation and address the results without being panicked.

You are still in control of your money, inflation or not. You’ll be able to make sure your money is going toward the right things, while being able to

Dave Ramsey Says

find places where you can cut spending, if you’re living on a written, monthly budget. If you’re noticing the prices of things like food and gas rising in your area, you’ll need to adjust your budget to account for this. That way, you’ll know exactly what you’re working with, and it will help you avoid any nasty surprises.

If you’re really feeling the pinch and want to save even more, look for specific ways to lower your grocery bill or save money on gas. Maybe it’s time you switched to generic brands, or started a carpool into work. If you find great deals on canned food and things you can stock your pantry with – I’m talking about stuff you’ll actually use – go ahead and buy a little extra. Just make sure you’ve budgeted for it before heading to the grocery store. You’ll want to already know exactly what you’re going to spend, so you don’t get swept up into impulse buying.

Like it or not, inflation is a thing. If you plan on

retiring one day, it’s pretty much guaranteed that the cost of a loaf of bread, a tank of gas and even a cup of coffee will have gone up by then. The best way to protect yourself against inflation that’s bound to happen is to invest your money – and the sooner the better. But remember, if you still have debt other than your mortgage, and don’t have an emergency fund of three to six months of expenses, you need to take care of those things first!

– Garret

Dave Ramsey is a seven-time #1 national best-selling author, personal finance expert, and host of The Ramsey Show, heard by more than 18 million listeners each week. He has appeared on Good Morning America, CBS This Morning, Today Show, Fox News, CNN, Fox Business, and many more. Since 1992, Dave has helped people regain control of their money, build wealth and enhance their lives. He also serves as CEO for Ramsey Solutions. ★

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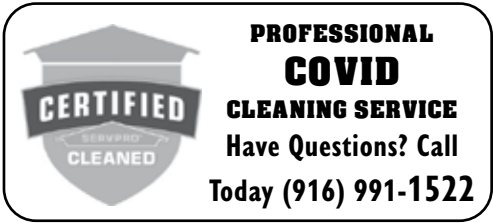
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This Is Not about Freedom
or Personal Choice

California Experiments
with Social Democracy



Commentary
by Jane M. Orient, M.D.

Today we have two contrasting quotations from world leaders. One said: “Mandatory vaccinations will never be allowed because [this] is a free country and its people are sovereign.” The other said: “This is not about freedom or personal choice.”

The first was by Vladimir Putin. Russia, a free country! The second was by Joe Biden. The U.S. is no longer a free country, and the people are not sovereign. Nor are the once-sovereign states. If state governors won’t cooperate with him, “I’ll use my power as president to get them out of the way.” It is not clear exactly how he would accomplish that. Invade the state and occupy its capitol and its courts? Arrest the governor and perhaps the legislature and throw them into prison without bail like some January 6 demonstrators? Already, many states are suing – perhaps we will learn whether the Tenth Amendment to the U.S. Constitution has any meaning.

Who would have believed that a U.S. President would ever say such things?

Biden claims jurisdiction over 17 million healthcare workers, especially if they work in a facility that gets funding from Medicare or Medicaid. “If you’re seeking care at a health facility, you should be able to know that the people treating you are vaccinated – simple, straightforward, period.”

Never mind if the alternative may be having *no* qualified person to care for you. Never mind if the unvaccinated worker, who cared for people before there were vaccines, got infected, recovered, and now has better immunity

than vaccinated people. Never mind that workers with 20 years of dedicated service will have their careers and their livelihoods ruined if they don’t obey the dictator. Never mind that some of the obedient servants die – just coincidentally? – a few days after the shot. Or that some experience heart damage or paralysis. The government with its sovereign immunity does not have to compensate them, and neither do the vaccine makers or administrators, who are protected under the mantle of government.

“This is a pandemic of the unvaccinated,” states Biden. This non-evidence-based assertion is false. The most vaccinated countries in the world, including Israel and Gibraltar, are having the worst outbreaks. Both vaccinated and non-vaccinated persons shed virus, get hospitalized, and die. In the UK, a majority of the COVID-19 deaths last month were among vaccinated people, with a death rate dramatically higher than a year ago, when there was no vaccine.

Why, besides vaccine failure, would public health officials be pushing for continued masking, distancing, and a “booster” injection a few months after a person is “fully vaccinated”?

Can we blame it on the Delta variant? Did unvaccinated persons make it? Or did the vaccine, with its narrowly targeted immunity, actually select out this variant, creating or worsening the problem? Dr. Robert Malone, an inventor of mRNA vaccines, talks about “escape mutants.” Could we be creating a “monoculture” immunity, which like monoculture agriculture, is disastrously vulnerable if a resistant pathogen comes along?

Not content with owning the bodies of healthcare workers and federal employees and contractors, Biden appeals to the private sector, such as employers of 100 or more persons, to exert his will on other Americans. “To those of you running large entertainment venues from sports arenas to concert venues to movie theaters, please require folks to get

vaccinated or show a negative test as a condition of entry.”

To “protect” children under the age of 12, who are at very low risk, Biden wants everybody around them to get the vax—teenage siblings, parents, caregivers. Children over 12, that magic threshold, should get vaccinated, Biden says, and he “strongly supports independent scientific review for vaccine uses for children under 12.” He adds: “We can’t take shortcuts of that scientific work.” So far, the scientific process has been anything but independent. Moreover, studies are not scheduled to be complete before the end of 2022, and studies on myocarditis, to which teenage boys may be most vulnerable, until 2027. Any short-cutting there? And how long would fertility effects take to show up in a child who is 11 when vaccinated?

The satirical *Babylon Bee* has dubbed the program: “Your body, my choice.” Are you pregnant, worried about a miscarriage? Hoping to be pregnant? Aspiring to an athletic career? Do you have a history of allergies, but have not yet had anaphylactic shock from polyethylene glycol (PEG) or Polysorb 80?

The choice of what risks you have to take will be Biden’s. But the consequences will be all yours.

Jane M. Orient, M.D. obtained her undergraduate degrees in chemistry and mathematics from the University of Arizona in Tucson, and her M.D. from Columbia University College of Physicians and Surgeons in 1974. She completed an internal medicine residency at Parkland Memorial Hospital and University of Arizona Affiliated Hospitals and then became an Instructor at the University of Arizona College of Medicine and a staff physician at the Tucson Veterans Administration Hospital. She is the editor of *AAPS News*, the *Doctors for Disaster Preparedness Newsletter*, and *Civil Defense Perspectives*, and is the managing editor of the *Journal of American Physicians and Surgeons*. ★



By Dan Walters
CALMatters

California, as everyone should know by now, has the nation’s highest rate of poverty as determined by the Census Bureau when the cost-of-living is included in the calculation.

While family incomes in California are not particularly low vis-à-vis those in other states, our extremely high living costs, especially for housing, mean those incomes do not stretch as far as they would elsewhere.

The Public Policy Institute of California takes the issue a bit further by calculating how many Californians are living in near-poverty, using methodology similar to that of the Census Bureau.

Altogether, more than a third of the state’s nearly 40 million residents experience severe economic distress. They are, for the most part, workers in low-pay jobs and their families, and their plight has been exacerbated by the nearly two-year-long COVID-19 pandemic, which has hit them the hardest both medically and economically.

Backed by unions, Gov. Gavin Newsom and his fellow Democrats have vowed to reduce the state’s high levels of poverty and income disparity and this year generated a bushel basket of legislation they contend will narrow the gaps.

California is, in effect, testing long-held beliefs of those on the political left that America should move closer to the European model of “social democracy” by expanding supportive public services and empowering workers in their dealings with employers.

The former include increasing eligibility for Medi-Cal, the state’s health care system for the poor which already covers more than a third of California’s residents, expanding early childhood education to both improve learning outcomes and free more parents to work, and increasing spending on housing for low- and moderate-income families.

The latter is a variety of bills that impose new workplace and compensation standards on industries that employ large numbers of low-paid workers, most notably garment production, agriculture and the ever-increasing distribution centers operated by Amazon and other big corporations.

“We cannot allow corporations to put profit over people,” Newsom said as he signed legislation to ease production quotas in Amazon’s massive “fulfillment centers.”

“The hardworking warehouse employees who have helped sustain us during these unprecedented times should not have to risk injury or face punishment as a result of exploitative quotas that violate basic health and safety,” Newsom added.

“California is holding corporations accountable and recognizing the dignity and humanity of our workers, who have helped build the fifth-largest economy in the world,” Newsom said later

as he signed a bill banning piecework pay in the Los Angeles-centered garment industry.

Newsom also signed bills to expand protections for household domestic workers, raise minimum pay for disabled workers, increase criminal penalties for “wage theft” by employers, and provide farm workers with protective gear for wildfire smoke.

It has not been, however, a 100% sweep for union-backed legislation. Newsom vetoed a bill to allow mail ballots in elections for union organization of farm workers and another that would have expanded paid family leave.

Expanding government services will, of course, cost the state billions of dollars, which it can afford now as income taxes pour into its treasury, but whether it can be sustained is questionable. California is inordinately dependent on high-income taxpayers, which means its revenues plummet during economic downturns.

New benefits for workers, meanwhile, will increase employers’ costs, which could drive some to shift operations and jobs to lower-cost locales. The garment industry is particularly competitive, which is why so much of it has already gone overseas.

Higher public and private costs are the flip side of California’s experiment in social democracy. Ultimately, Newsom and the Legislature cannot repeal the laws of economics.

Dan Walters has been a journalist for nearly 60 years, spending all but a few of those years working for California newspapers. ★



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Governor Signs SB 639 Prohibiting Work for Less than State Minimum Wage

Office of California State
Senator María Elena Durazo

SACRAMENTO, CA (MPG) - Governor Newsom has signed State Senator María Elena Durazo’s (D-Los Angeles) SB 639 into law, which will phase out the use of the federal 14(c) certificate in California, and ultimately prohibit paying workers with disabilities less than the California minimum wage and transition workers with disabilities to competitive, integrated employment. California joins Alaska, Maryland, Nevada, New Hampshire, Oregon, and Texas, in outlawing paying workers with disabilities a subminimum wage. The bill is sponsored by Disability Rights California, the State Council on Developmental Disabilities, and Legal Aid at Work.

“California is ending the subminimum wage for people with disabilities,” said Senator Durazo. “All work should be treated with dignity, and that means that nobody is paid less than the minimum wage. SB 639 develops a phaseout plan to ensure a path to competitive, integrated employment for these workers. I applaud Governor Newsom for recognizing the injustice that workers with disabilities are facing and remedying this clear violation of their civil rights.”

Since 1938, Section 214 (c)(1)(A) of the Fair Labor Standards Act (FLSA) has given California employers the ability to apply for a certificate that allows them to pay employees with disabilities less than the federal minimum wage of \$7.25 an hour. This FLSA 14(c) certificate was intended to provide opportunities for employment for World War I veterans with disabilities, but instead created segregated workplaces, and the unemployment rate of persons with disabilities is twice as high as other workers.

What has actually materialized under FLSA is a pool of highly exploited labor.

Over 5,000 Californians with disabilities are currently working in sheltered workshops and are being paid as little as 2 dollars per hour.

Sheltered workshops were originally developed to provide employment opportunities for disabled World War I veterans returning from service. Since then, sheltered workshops have morphed into full-scale operations to primarily employ persons with intellectual or developmental disabilities in segregated settings. Beyond the FLSA, the federal Americans with Disabilities Act of 1990 made it illegal for employers to discriminate against workers who had disabilities. Yet, sheltered workshops remain in operation and the economic opportunities for people with disabilities continue to erode. SB 639 phases out sheltered workshops, develops a path to integrated employment, and ensures workers with disabilities earn no less than the California minimum wage.

“Today was a great day for Californians with disabilities who want to work in the competitive labor market,” said Andy Imparato, executive director of Disability Rights California. “By ending the discriminatory practice of paying people with disabilities less than the federally-protected minimum wage, Governor Newsom has helped California reassert its role as a national leader in disability rights and worker rights.”

“About 100 years ago, it was seen as compassionate to pay less to people with disabilities,” said Aaron Carruthers, executive director of the State Council on Developmental Disabilities. “But times changed, views of what is possible for people with disabilities changed, and options changed. With the Governor’s signature, people who were once trapped in sheltered workshops will now be able to design a truly meaningful day. This is the dignity the Governor spoke about when signing the bill.” ★

CLG NEWS UPDATES

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Massive oil spill sends crude onto Orange County beaches, killing birds, marine life | 3 Oct 2021 | Crews raced Sunday to contain the damage from a major oil spill off the Orange County coast that left crude spoiling beaches, killing fish and birds and threatening local wetlands. The spill, first reported Saturday, originated from a pipeline off the coast of Huntington Beach connected to an offshore oil platform known as Elly. The failure caused at least 126,000 gallons of crude to spill into coastal waters creating a slick that spanned about 8,320 acres – larger than the size of Santa Monica -- and sent oil to the shores of Newport Beach and Huntington Beach early Sunday. Oil from the spill also infiltrated Talbert Marsh, a 25-acre ecological reserve in Huntington Beach that is home to dozens of species of birds.

Professor who was suspended after refusing to grade black students more leniently sues UCLA | 29 Sept 2021 | Updated: An accounting professor who was suspended from UCLA’s Anderson School of Management for refusing to grade black students more leniently in the immediate aftermath of George Floyd’s death has filed a lawsuit against the school for harming his professional reputation. Gordon Klein, who joined the Anderson school in 1981, is seeking compensatory damages, punitive damages, and attorney fees in a lawsuit filed with a state court in Los Angeles on Tuesday. Following the death of Floyd at the hands of police in May of last year, Klein received a letter from a non-black student asking that he provide more leniency in grading the work of black students... The lawsuit charges that some students in a pre-med Life Sciences course celebrated receiving “perfect scores” on a test they never even took, proclaiming: “We did it boys, [Life Sciences] is evil no more.” “Yet another instructor boldly announced in writing to his History class ‘you will not be required to write the final assignment because your [teaching assistants] have volunteered to write this final assignment for you...As a practical matter, you all will receive full points.’”

School boards group asks Biden to consider labeling opponents ‘domestic terrorists’ | 30 Sept 2021 | The National School Boards Association has asked Joe Biden to look into slapping a “domestic terrorist” label on “angry” parents and community members who speak their minds at board meetings. ‘America’s public schools and its education leaders are under an immediate threat,’ the group says in its letter to the president. “[As] acts of malice, violence, and threats against public school officials have increased, the classification of these heinous actions could be the equivalent to a form of domestic terrorism and hate crimes.” The NSBA wants the Gun-Free School Zones Act, the USA PATRIOT Act, the Matthew Shepard and James Byrd Jr. Hate Crimes Prevention Act, the Violent Interference with Federally Protected Rights statute, and the Conspiracy Against Rights statute all invoked to help prevent alleged threats, Education Week reports.

More US Airlines Impose Vaccine Mandates: American, Alaska, JetBlue | 3 Oct 2021 | More U.S. air carriers – American Airlines, Alaska Airlines, and JetBlue – have announced that they’ll be requiring employees to be vaccinated against COVID-19. The move comes as the Biden administration has ramped up pressure on airlines to require vaccines as part of a broader strategy to boost inoculation rates in the country. Joe Biden signed an executive order in September requiring federal contractors to mandate shots for employees, with the White House later setting a Dec. 8 deadline for them to get the vaccine. The airlines say they provide special flights and other services for the government, so placing them under Biden’s mandate.

Sen. Ron Johnson: There is not an FDA approved COVID vaccine in the US – Johnson explains the FDA approved the Comirnaty version that’s not available in the US | 1 Oct 2021 | Senator Ron Johnson, R-Wisc., claimed that the U.S. still doesn’t have an FDA-approved vaccine as he exposed what was really approved by the government agency on “Fox News Primetime.” SEN. RON JOHNSON: We do not have an FDA-approved vaccine being administered in the U.S. The FDA played a bait and switch. They approved the Comirnaty version of Pfizer drugs. It’s not available in the U.S. They even admit it. I sent them a letter three days later going “What are you doing?” What they did is they extended the emergency use authorization for the Pfizer drug vaccine that’s available in the U.S., here that’s more than 30 days later, they haven’t asked that very simple question. If you’re saying that the Pfizer drug is the same as the Comirnaty, why didn’t you provide FDA approval on that? So, there’s not an FDA-approved drug and, of course, they announced it so they could push through these mandates so that people actually think, “Oh, OK now these things are FDA approved.” They are not and again, maybe they should be, but the FDA isn’t telling me why. ★



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COMMIT 180201 10-15-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-08160 Swan Trucking, 4230 Parnassus Drive, Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name(s) "Swan Trucking", 4230 Parnassus Drive, Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County September 9, 2021
Publish: September 24 & October 1, 8, 15, 2021
SWAN 180201 10-15-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-08247 Diana Mae Anderson, 2961 35th Street, Sacramento, CA 95817 is doing business under the Fictitious Business Name(s) "Elevated Energies", 2961 35th Street, Sacramento, CA 95817. Filed with the Clerk of Sacramento County September 14, 2021
Publish: September 24 & October 1, 8, 15, 2021
ELEV 180201 10-15-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-08088 Medal Distributing Inc., 3213 Merrywood Drive, Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "Swim So Brite", 3213 Merrywood Drive, Sacramento, CA 95825. Filed with the Clerk of Sacramento County September 8, 2021
Publish: September 24 & October 1, 8, 15, 2021
SWIM 180201 10-15-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-08169 Eric Ramazzini & Jessica R. Ramazzini, 6239 Almond Avenue, Orangevale, CA 95662 are doing business under the Fictitious Business Name(s) "Pro Install", 6239 Almond Avenue, Orangevale, CA 95662. Filed with the Clerk of Sacramento County September 10, 2021
Publish: September 24 & October 1, 8, 15, 2021
PRO 180201 10-15-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-08298 Jeryn Tavio Lucas and Vanyel Lamond Lucas, 5306 Dasco Way, Sacramento, CA 95835 are doing business under the Fictitious Business Name(s) "Jeryn's Consulting", 5816 Roseville Road, #10, Sacramento, CA 95842. Filed with the Clerk of Sacramento County September 16, 2021
Publish: September 24 & October 1, 8, 15, 2021
JERYN 180201 10-15-21

LEGAL ADVERTISING

Carmichael Times Adjudicated For and By the County of Sacramento, Adjudication No. 317294-February 7, 1984
Rancho Cordova Independent Adjudicated For and By the County of Sacramento, Adjudication No. 195380-September 18, 1969
Citrus Heights Messenger Adjudicated For and By the County of Sacramento, Adjudication No. 34-2020-00273535-March 12, 2020

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-08250 Friends of the Sacramento Public Library, 700 H Street, Sacramento, CA 95614 is doing business under the Fictitious Business Name(s) "Friends of the Sylvan Oaks Library", 6700 Auburn Boulevard, Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County September 14, 2021
Publish: September 24 & October 1, 8, 15, 2021
FRIENDS 180201 10-15-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-08249 Jessica Alena Gredikosey, 10069 Cristo Drive, Sacramento, CA 95829 is doing business under the Fictitious Business Name(s) "MJC Auto Sales", 10069 Cristo Drive, Sacramento, CA 95829. Filed with the Clerk of Sacramento County September 14, 2021
Publish: September 24 & October 1, 8, 15, 2021
MJC 180201 10-15-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-08063 Platinum Home Mortgage Corporation, 2200 Hicks Road, Suite 101, Rolling Meadows, IL 60008 / Incorporated - Illinois is doing business under the Fictitious Business Name(s) "Mortgage On Demand", 2200 Hicks Road, Suite 101, Rolling Meadows, IL 60008. Filed with the Clerk of Sacramento County September 7, 2021
Publish: September 24 & October 1, 8, 15, 2021
MORTG 180201 10-15-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-08282 Khampasong Phrommavongxay-Hoxie, 7314 14th Avenue, Sacramento, CA 95820 is doing business under the Fictitious Business Name(s) "Kham's Kreations", 7314 14th Avenue, Sacramento, CA 95820. Filed with the Clerk of Sacramento County September 15, 2021
Publish: September 24 & October 1, 8, 15, 2021
KHAM 180201 10-15-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-08046 Anita Giordano, 5701 Surf Way, Sacramento, CA 95822 and Prancesca Giordano, 2604 Morley Way Sacramento, CA 95864 are doing business under the Fictitious Business Name(s) "Giordano Family Partnership", 5701 Surf Way, Sacramento, CA 95822. Filed with the Clerk of Sacramento County September 7, 2021
Publish: September 24 & October 1, 8, 15, 2021
GIORD 180201 10-15-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-08287 WC Midtown Inc., 2735 Kalamer Way, Sacramento, CA 95835 is doing business under the Fictitious Business Name(s) "West Coast Sourdough", 1350 16th Street, Sacramento, CA 95814. Filed with the Clerk of Sacramento County September 15, 2021
Publish: September 24 & October 1, 8, 15, 2021
WEST 80201 10-15-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-08150 Karen Heidebrecht, 3028 Olive Glen Court, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Telettherapy Direct", 3028 Olive Glen Court, Sacramento, CA 95821. Filed with the Clerk of Sacramento County September 9, 2021
Publish: September 24 & October 1, 8, 15, 2021
TELE 80201 10-15-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-08226 Maria Delurdos Munoz, 5721 San Gabriel Court, Sacramento, CA 95842 and Denise Cabrera Desampadro, 4141 Palm Avenue, Apt 52, Sacramento, CA 95842 are doing business under the Fictitious Business Name(s) "Realeza Salon", 5721 San Gabriel Court, Sacramento, CA 95842. Filed with the Clerk of Sacramento County September 14, 2021
Publish: September 24 & October 1, 8, 15, 2021
REAL 80201 10-15-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-08140 Saveon International Inc, 5500 Madison Avenue, #D, Sacramento, CA 95841 is doing business under the Fictitious Business Name(s) "Save On Cleaners, Alterations on Time", 5500 Madison Avenue, #D, Sacramento, CA 95841. Filed with the Clerk of Sacramento County September 9, 2021
Publish: September 24 & October 1, 8, 15, 2021
SAVE 80201 10-15-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-08155 Alexandra Chimalis Freeman, Calle del Amparo 14, 3 EXT, Madrid, Spain, 28012 is doing business under the Fictitious Business Name(s) "The Proofreading Place", Calle del Amparo 14, 3 EXT, Madrid, Spain, 28012. Filed with the Clerk of Sacramento County September 9, 2021
Publish: September 24 & October 1, 8, 15, 2021
THE 80201 10-15-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-08311 Amanada January, 2017 17th Street, #4, Sacramento, CA 95818 is doing business under the Fictitious Business Name(s) "Bling Everything", 2017 17th Street, #4, Sacramento, CA 95818. Filed with the Clerk of Sacramento County September 16, 2021
Publish: September 24 & October 1, 8, 15, 2021
BLING 80201 10-15-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-08537 Misad Marfin, 9295 Loma Lane, Orangevale, CA 95662 is doing business under the Fictitious Business Name(s) "Commit Health & Wellness" 1324 Philomene Court, Carmichael, CA 95608. Filed with the Clerk of Sacramento County September 24, 2021
Publish: October 1, 8, 15, 22, 2021
IRON 180201 10-22-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-08519 Samridhi Soni, 770 Alcantar Circle, Sacramento, CA 95834 is doing business under the Fictitious Business Name(s) "SRB Construction", 770 Alcantar Circle, Sacramento, CA 95834. Filed with the Clerk of Sacramento County September 24, 2021
Publish: October 1, 8, 15, 22, 2021
SRB 180201 10-22-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-08511 Mohammad Ashraf, 8436 Coeburn Street, Sacramento, CA 95823 is doing business under the Fictitious Business Name(s) "eXp Processing" 8436 Coeburn Street, Sacramento, CA 95823. Filed with the Clerk of Sacramento County September 23, 2021
Publish: October 1, 8, 15, 22, 2021
EXP 180201 10-22-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-08252 Luhan Si Hadin L.L.C., 6128 Tupelo Drive, Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "Luhan Si Hadin, Indescence" 6128 Tupelo Drive, Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County September 14, 2021
Publish: October 1, 8, 15, 22, 2021
LUHAN 80201 10-22-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-08366 Al-Kaaba Halal Foods LLC, 2232 Arliss Way, Sacramento, CA 95822 is doing business under the Fictitious Business Name(s) "Al-Kaaba Halal Foods LLC" 2232 Arliss Way, Sacramento, CA 95822. Filed with the Clerk of Sacramento County September 20, 2021
Publish: October 1, 8, 15, 22, 2021
AL 180201 10-22-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-08294 Nancy Karvonen, 771 Adare Way, Galt, CA 95632 and Toni Ann Breshears, 522 Shawn Vines Avenue, Oakdale, CA 95361 are doing business under the Fictitious Business Name(s) "Hand in Hand Women's Day of Unity" 771 Adare Way, Galt, CA 95632. Filed with the Clerk of Sacramento County September 16, 2021
Publish: October 1, 8, 15, 22, 2021
HAND 180201 10-22-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-08452 Richard Kimm, 8876 Oak Avenue, Orangevale, CA 95662 is doing business under the Fictitious Business Name(s) "Hitting Streak Baseball Academy" 8876 Oak Avenue, Orangevale, CA 95662. Filed with the Clerk of Sacramento County September 22, 2021
Publish: October 1, 8, 15, 22, 2021
HITT 180201 10-22-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-08373 Paul Tupychi, 6105 Walnut Avenue, Orangevale, CA 95662 is doing business under the Fictitious Business Name(s) "Hauling Forward, HF" 6105 Walnut Avenue, Orangevale, CA 95662. Filed with the Clerk of Sacramento County September 20, 2021
Publish: October 1, 8, 15, 22, 2021
HAUL 180201 10-22-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-07742 Automotive Finish Technologies Inc., 3506 Gabilian Way, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Colors on Parade" 3506 Gabilian Way, Sacramento, CA 95821. Filed with the Clerk of Sacramento County August 23, 2021
Publish: October 1, 8, 15, 22, 2021
COLOR 180201 10-22-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-01881 Bogdan Redko, 5945 Roswitha Way, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Bob's Dispatch" 5945 Roswitha Way, Carmichael, CA 95608. Filed with the Clerk of Sacramento County March 1, 2021
Publish: October 1, 8, 15, 22, 2021
BOB 180201 10-22-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-08246 Anrak Corporation, 5820 Mayhew Road, Sacramento, CA 95827 is doing business under the Fictitious Business Name(s) "Plus Sweeping" 5820 Mayhew Road, Sacramento, CA 95827. Filed with the Clerk of Sacramento County September 14, 2021
Publish: October 1, 8, 15, 22, 2021
PLUS 180201 10-22-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-08402 Luis Macias, 3915 Fell Street, Sacramento, CA 95838 is doing business under the Fictitious Business Name(s) "LCM Concrete Construction Company" 3915 Fell Street, Sacramento, CA 95838. Filed with the Clerk of Sacramento County September 21, 2021
Publish: October 1, 8, 15, 22, 2021
LCM 180201 10-22-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-08333 Shadya Guerra, 2513 Green Wing Way, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County September 17, 2021
Publish: October 1, 8, 15, 22, 2021
REDEEM 180201 10-22-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-07534 Johanna Jamila Ahmadyar, 7656 19th Street, Sacramento, CA 95832 is doing business under the Fictitious Business Name(s) "Call Rim Repair" 7656 19th Street, Sacramento, CA 95832. Filed with the Clerk of Sacramento County August 13, 2021
Publish: October 1, 8, 15, 22, 2021
CALL 180201 10-22-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-07748 Aimhigh Re Inc, 4080 Truxel Road, #100, Sacramento, CA 95834 is doing business under the Fictitious Business Name(s) "Mayne St. Properties" 4080 Truxel Road, #100, Sacramento, CA 95834. Filed with the Clerk of Sacramento County August 24, 2021
Publish: October 8, 15, 22, 29, 2021
MAYNE 180201 10-29-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-08595 Dimetry Tupychi, 6105 Walnut Avenue, Orangevale, CA 95662 is doing business under the Fictitious Business Name(s) "Tupchi Homes, TH", 6105 Walnut Avenue, Orangevale, CA 95662. Filed with the Clerk of Sacramento County September 27, 2021
Publish: October 8, 15, 22, 29, 2021
TUPCHI 180201 10-29-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-08331 MaryAnne Povey, 6435 Almond Avenue, Orangevale, CA 95662 is doing business under the Fictitious Business Name(s) "OV Live" 6435 Almond Avenue, Orangevale, CA 95662. Filed with the Clerk of Sacramento County September 17, 2021
Publish: October 8, 15, 22, 29, 2021
OV 180201 10-29-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-08624 Jean -Pierre Rusting, 1451 Rocky Ridge Drive, Roseville, CA 95661 is doing business under the Fictitious Business Name(s) "Interwest Judgement Recovery" 2386 Fair Oaks Boulevard, Sacramento, CA 95825. Filed with the Clerk of Sacramento County September 28, 2021
Publish: October 8, 15, 22, 29, 2021
INTER 80201 10-29-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-08327 Dynamics Resources Group LLC, 1822 E Route 66, Suite 271, Glendora, CA 91740 is doing business under the Fictitious Business Name(s) "Pacific Mobile RV Repairs" 922 W Brannan Island Road, #73, Isleton, CA 95641. Filed with the Clerk of Sacramento County September 17, 2021
Publish: October 8, 15, 22, 29, 2021
PACIFIC 180201 10-29-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-08546 Bigwood's Comfort Kitchen LLC, 40 Park City Court, Apartment 8208, Sacramento, CA 95831 is doing business under the Fictitious Business Name(s) "Bigwood's Comfort Kitchen" 40 Park City Court, Apartment 8208, Sacramento, CA 95831. Filed with the Clerk of Sacramento County September 24, 2021
Publish: October 8, 15, 22, 29, 2021
BIG 180201 10-29-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-08403 Emily White, 6119 Carl Sandburg Circle, Sacramento, CA 95842 is doing business under the Fictitious Business Name(s) "Cosmo Babe" 6119 Carl Sandburg Circle, Sacramento, CA 95842. Filed with the Clerk of Sacramento County September 21, 2021
Publish: October 8, 15, 22, 29, 2021
COSMO 180201 10-29-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-08448 Aziz Ergashev, 4500 Tynebourne Street, F206, Sacramento, CA 95834 is doing business under the Fictitious Business Name(s) "Giant Pizza & Subs" 2625 Broadway, Sacramento, CA 95818. Filed with the Clerk of Sacramento County September 22, 2021
Publish: October 8, 15, 22, 29, 2021
GIANT 180201 10-29-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-08580 Peter-Nam Hoang Dinh, 5412 V Street, Sacramento, CA 95817 is doing business under the Fictitious Business Name(s) "Friendly Talk Therapy" 225 30th Street, Suite 311, Sacramento, CA 95816. Filed with the Clerk of Sacramento County September 27, 2021
Publish: October 8, 15, 22, 29, 2021
FRIEND 180201 10-29-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-08400 AB Auto Services, 5599 Hillside Boulevard, Sacramento, CA 95842 is doing business under the Fictitious Business Name(s) "AB Tires and Auto Repair" 5599 Hillside Boulevard, Sacramento, CA 95842. Filed with the Clerk of Sacramento County September 21, 2021
Publish: October 8, 15, 22, 29, 2021
AB 180201 10-29-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-07205 Monique Dunbar, 4390 47th Avenue, #218, Sacramento, CA 95824 is doing business under the Fictitious Business Name(s) "Represent Jesus, Satties Eve" 4390 47th Avenue, #218, Sacramento, CA 95824. Filed with the Clerk of Sacramento County August 3, 2021
Publish: October 8, 15, 22, 29, 2021
REP 180201 10-29-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-08585 Legacy Investment Real Estate LLC, 1610 R Street, Suite 300, Sacramento, CA 95811 is doing business under the Fictitious Business Name(s) "Legacy Investment Real Estate" 1610 R Street, Suite 300, Sacramento, CA 95811. Filed with the Clerk of Sacramento County September 27, 2021
Publish: October 8, 15, 22, 29, 2021
LEGACY 180201 10-29-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-08777 Wild Rose's Sweet Creations LLC, 5513 Maidstone Way, Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "Wild Rose's Sweet Creations" 5513 Maidstone Way, Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County October 1, 2021
Publish: October 8, 15, 22, 29, 2021
WILD 180201 10-29-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-08575 Allison Woods, 9767 Clemenza Way, Elk Grove, CA 95757 is doing business under the Fictitious Business Name(s) "Your I.F. Coach" 5650 Whitelock Parkway, Suite 130, #2, Elk Grove, CA 95757. Filed with the Clerk of Sacramento County September 27, 2021
Publish: October 8, 15, 22, 29, 2021
YOUR 180201 10-29-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-07997 Ube Café LLC, 1420 O Street, Apt. 2G, Sacramento, CA 95814 is doing business under the Fictitious Business Name(s) "Simply Sari-Sari, Modern Sari-Sari", 1420 O Street, Apt. 2G, Sacramento, CA 95814. Filed with the Clerk of Sacramento County September 3, 2021
Publish: October 8, 15, 22, 29, 2021
UBE 180201 10-29-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-08345 Juliet Nicole Haas, 6537 Outlook Drive, Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "HAAS Studio, Curate Sacramento, Photo Sacto, Westfords Wandering" 6537 Outlook Drive, Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County September 17, 2021
Publish: October 8, 15, 22, 29, 2021
HAAS 180201 10-29-21

ORDER TO SHOW FOR CHANGE OF NAME

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#34-2021-00307299

Ylri Selimovic has filed a petition with this court for a decree changing the name(s) of Ylri Selimovic to Ylri Selimaj.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 1:30p.m. on October 21, 2021, in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: September 3, 2021
Shama H. Mesiwala, Judge of the Superior Court
Publish: September 17, 24 & October 1, 8, 2021
SELIM 180101 10-8-21

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#34-2021-00307351

John Maung Shwe has filed a petition with this court for a decree changing the name(s) of Nian Qiao Gong to Guy Qiao Gong.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 1:30p.m. on October 26, 2021, in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: September 3, 2021
Shama H. Mesiwala, Judge of the Superior Court
Publish: September 17, 24 & October 1, 8, 2021
GONG 180101 10-8-21

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#34-2021-00306784

Shelby Suzanne Stawiecki has filed a petition with this court for a decree changing the name(s) of Shelby Suzanne Stawiecki to Shelby Suzanne Korzenowski.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00a.m. on October 14, 2021, in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: August 24, 2021
Christopher E. Krueger, Judge of the Superior Court
Publish: September 17, 24 & October 1, 8, 2021
STAWIE 180101 10-8-21

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#34-2021-00306779

Madison Rae Santana has filed a petition with this court for a decree changing the name(s) of Madison Rae Santana to Kadison Rae Santana.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00a.m. on October 14, 2021, in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: August 23, 2021
Christopher E. Krueger, Judge of the Superior Court
Publish: September 17, 24 & October 1, 8, 2021
SANTANA 180101 10-8-21

**SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#34-2021-00307353**

Nancy Elizabeth Andre has filed a petition with this court for a decree changing the name(s) of Nancy Elizabeth Andre to Nancy Elizabeth Christensen.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00a.m. on October 26, 2021, in Department 54, located at 813 6th Street, 2nd Floor Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: September 3, 2021
Christopher E. Krueger, Judge of the Superior Court
Publish: September 17, 24 & October 1, 8, 2021
ANDRE 180101 10-8-21

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#34-2021-00304888

Priscilla Margaret Outcault has filed a petition with this court for a decree changing the name(s) of Priscilla Margaret Outcault to Scilla Margaret Outcault.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00a.m. on October 21, 2021, in Department 54, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: September 1, 2021
Christopher E. Krueger, Judge of the Superior Court
Publish: September 24 & October 1, 8, 15, 2021
OUTCAULT 180101 10-15-21

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#34-2021-00307484

Trista Aleese Galli has filed a petition with this court for a decree changing the name(s) of Trista Aleese Galli to Trista Aleese Zepeda.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00a.m. on October 28, 2021, in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: August 31, 2021
Christopher E. Krueger, Judge of the Superior Court
Publish: September 24 & October 1, 8, 15, 2021
GALLI 180101 10-15-21

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#34-2021-00307678

David Loren Shurig has filed a petition with this court for a decree changing the name(s) of Kamron Matthew Zimmerman to Kamron Matthew Shurig.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00a.m. on October 26, 2021, in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: September 3, 2021
Christopher E. Krueger, Judge of the Superior Court
Publish: September 24 & October 1, 8, 15, 2021
SHURIG 180101 10-15-21

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#34-2021-00307142

Tabeca Smith has filed a petition with this court for a decree changing the name(s) of Ky'Asia Victoria Alliah Mitchell to Ky'Asia Victoria Alliah Smith.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 1:30p.m. on October 26, 2021, in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: August 30, 2021
Shama H. Mesiwala, Judge of the Superior Court
Publish: September 24 & October 1, 8, 15, 2021
SMITH 180101 10-15-21

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#34-2021-00307554

Alicia Andrade Valencia has filed a petition with this court for a decree changing the name(s) of Alicia Andrade Valencia to Alicia Valencia Andrade.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00a.m. on November 2, 2021, in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: September 14, 2021
Christopher E. Krueger, Judge of the Superior Court
Publish: September 24 & October 1, 8, 15, 2021
VALENCIA 180101 10-15-21

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#34-2021-00307504

Lillian Tzuyako Regalado has filed a petition with this court for a decree changing the name(s) of Lillian Tzuyako Regalado to Lillian James .

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 1:30p.m. on October 28, 2021, in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: September 7, 2021
Shama H. Mesiwala, Judge of the Superior Court
Publish: September 24 & October 1, 8, 15, 2021
JAMES 180101 10-15-21

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#34-2021-00307682

Thomas Elmer Altom has filed a petition with this court for a decree changing the name(s) of Thomas Elmer Altom to Thomas E Morgan.

Defendant Convicted for Brutal Rape, Sexual Assault of Two Victims

Be Prepared! Sign up for Sacramento Alert

Office of Sacramento County District Attorney

SACRAMENTO COUNTY, CA (MPG) - Hawthorne McGee was convicted by a jury of rape, rape of a 14-year-old and oral copulation by force of a 14-year-old. The jury also found true a multiple victim enhancement.

In June 2006, the then 14-year-old victim saw a friend driving in a car with McGee. The victim and her friend ended up going back to McGee's house. McGee instructed the friend to leave the house and the victim stayed behind. McGee then forcefully and brutally raped the victim for approximately one hour in his living room. McGee's girlfriend was in the bedroom, but she could hear the victim crying and telling McGee she was only 14 years old. The girlfriend was able to drive the victim away from the house. In November 2009, a separate victim was waiting for the light rail when McGee began talking

to her. McGee persuaded her to go have pizza with him. He then persuaded her to go back to a motel with him. The victim stated numerous times to McGee that she did not want to have sex and that they were just going to the motel to talk. The victim stated that once inside the room, McGee punched her several times and strangled her as he began to sexually assault her. The victim passed out and woke up in the bed several hours later with injuries all over her body. Evidentiary exams were conducted and DNA was collected after both sexual assaults. A CODIS hit later matched to McGee. After further investigation, charges were filed against McGee for both victims.

McGee has prior convictions for domestic violence, gun possession, DUI and reckless driving.

McGee faces a maximum sentence of 45 years to life in prison. Sentencing is set for October 20, 2021, at 1:30 pm in Department 23 before the Honorable Laurie Earl. ★

Ken Casparis, Sacramento County

SACRAMENTO COUNTY, CA (MPG) - Have you signed up for local emergency alerts through Sacramento Alert? September is National Preparedness Month, and a great way to prepare for disasters is by signing up for Sacramento Alert!

By signing up for Sacramento Alert, you will receive location-based emergency alerts quickly at work and at home by providing all your typical locations as well as your phone numbers, email addresses, and TTY device information. We recommend downloading the Everbridge app onto your smartphone to make receiving location-based notifications even easier while away from home or work. The Everbridge app can be downloaded from Google Play and

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"Signing up for Sacramento Alert is a great way for you to help us help you in an emergency," said Mary Jo Flynn-Nevins, Sacramento County Chief of Emergency services. "When you sign up, it lets local officials, public safety and emergency personnel provide you with real-time information so you and your family will know what to do or where to go in the event of a flood, neighborhood evacuation, major road closure, severe weather or other dangerous situation."

All information in the Sacramento Alert Self-Registration Portal is kept strictly confidential and you will only receive alerts that are critical and time-sensitive, including severe weather, wildfires, flooding, unexpected road closures, missing persons, and evacuations

of buildings or neighborhoods in specific geographic locations.

You can choose how you want to be contacted – by phone call, text, push notification or email, and you can sign up for multiple locations that mean the most to you by registering your home address, work address, your parent's address or your children's school location in the counties of Sacramento, Yolo and Placer.

Register now on the region's mass notification system: Sacramento-Alert.org, Yolo-Alert.org or Placer-Alert.org or by downloading the Everbridge app to your smartphone.

For additional information about how to prepare for emergencies, go to the Sacramento Ready website or the Sacramento County Emergency and Preparedness website. ★



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Steve@steveestabrook.com
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MARY KAY

Crossword Puzzle on Page 10

A	N	T	I	C		R	E	M		R	O	T	E		
C	A	I	R	O		I	R	A		H	E	A	R	T	
E	S	T	O	P		N	A	N		A	D	H	O	C	
S	H	I	N	I	N	G		G	E	T	O	U	T		
			S	E	E			N	O	T	E				
A	M	P		R	A	J	A		A	R	O	M	A	S	
L	A	U	D		R	A	M	P		S	M	A	R	T	
I	N	T	O		S	W	E	E	T		E	V	E	R	
E	N	T	E	R		S	T	O	A		N	I	N	E	
N	A	S	S	E	R		A	N	K	H		S	A	W	
					D	A	N	G		E	Y	E			
		P	S	Y	C	H	O		D	R	A	C	U	L	A
C	O	C	O	A		N	A	Y		D	O	N	O	R	
U	S	U	R	P		C	I	A		E	L	I	D	E	
T	Y	P	E			E	L	D		S	I	X	E	S	

STATEPOINT CROSSWORD • SCARY MOVIES

CLUES

ACROSS

- Shenanigan
- "Losing My Religion" band
- Kind of learning
- Capital of Egypt
- Nest egg acronym
- Cupid's target
- Bar, legally
- Indian restaurant staple
- Kind of committee, two words
- "Hedge maze, dull boy, redrum, with The
- "Pretend girlfriend, surgery, body parts
- Monkey ____, monkey do
- Post-it message
- It makes a guitar louder
- Royal Indian
- Perfumes
- Glory
- Freeway exit
- Like today's cell phones?
- Keen on
- Like a confection
- At any time
- One of the large keys on the right
- Greek portico
- Common workday start
- Former President of Egypt
- Ancient eternal life symbol
- "Bathub, hacksaws, Jigsaw
- Euphemism for "damn"
- "Blind violinist, transplant surgery, sees ghosts, with The
- "Hotel, mother, shower
- "Count, bite, cross
- Hot winter drink
- Aye's opposite
- Financial benefactor
- Seize a throne
- Headquartered in Langley
- Exclude or omit
- Done on a Smith Corona
- Old age, archaic
- 6666...

DOWN

- Single pip cards
- Crosby, Stills, ____ & Young
- South American monkey
- Actor Jeremy
- Xerox machine
- "Videotape, stone well, seven days, with The
- Paleozoic one
- Tropical smoothie flavor
- Make over
- Hawaiian island
- Ragtime turkey dance
- And so on, abbr.
- Bias crime perpetrators
- Closes in on
- Pilot's announcement, acr.
- ID badge, two words
- "Sigourney Weaver, outer space
- Old Testament miracle food
- Hits while on the green
- "Beachgoers, police chief, need for bigger boat
- "Boy, shadows in photographs, three sixes, with The
- "Transylvania" daughter
- Entertainment complex
- Scatter
- "Nobody ____ It Better"
- Low-ranking worker
- One who accepts the offer
- Porter's head gear
- U Rah ____!
- Seven daughters of Atlas
- Present
- Food-borne bacteria
- One in a pocketful, according to Mother Goose
- Fish a.k.a. porgy
- Bygone era
- Two of a kind
- Type of operating system
- Prospector's mother?
- God of war, son of Zeus
- Director's cry
- Be ill

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Sudoku Puzzle on Page 10

3	2	8	9	5	7	6	4	1
7	4	6	3	8	1	5	9	2
5	9	1	6	4	2	7	3	8
6	3	9	1	2	8	4	7	5
1	5	4	7	6	9	8	2	3
8	7	2	4	3	5	9	1	6
4	6	5	2	7	3	1	8	9
2	1	7	8	9	6	3	5	4
9	8	3	5	1	4	2	6	7

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Crossword Puzzle Solutions on Page 10

1	2	3	4	5	6	7	8	9	10	11	12
13					14			15			
16					17			18			
19					20		21	22			
23					24						
25	26	27		28	29		30	31	32	33	34
35			36	37		38		39			
40				41			42		43		
44				45		46			47		
48				49		50		51		52	
53				54			55	56			
57	58	59				60			61	62	63
64					65	66		67			
68					69			70			
71					72			73			

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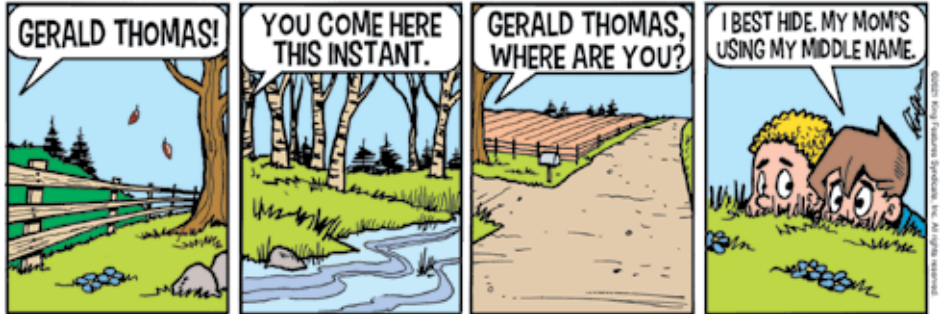
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3	8		7	6	
		3	8	1	
5	9		4	7	
		2	4	5	
8	2	3			
	5	7		8	9
		8	9	6	
	3	5		2	7

Solutions on Page 10

WEEKLY COMICS

Amber Waves



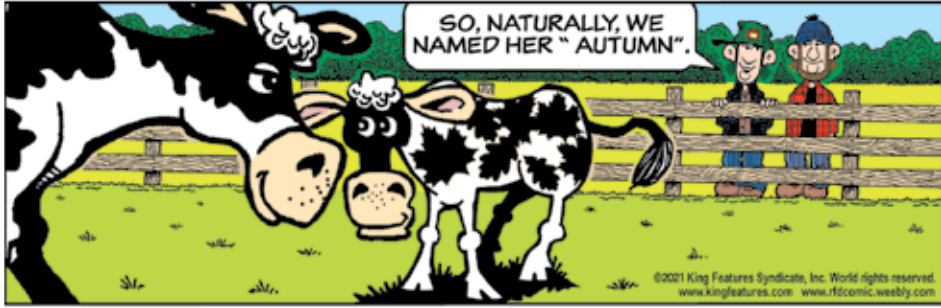
Out on a Limb

by Gary Kopervas



R.F.D.

by Mike Marland



LAFF-A-DAY



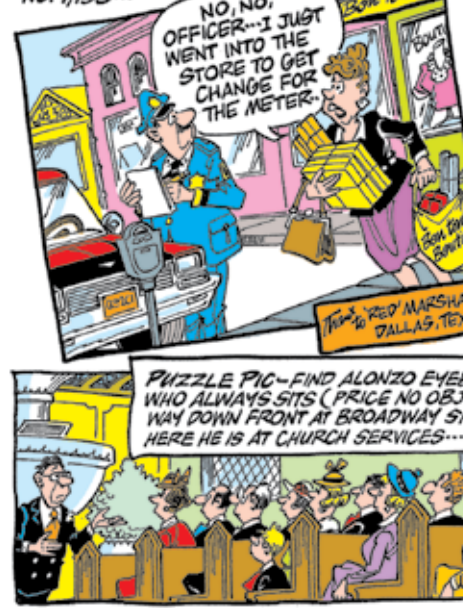
The Spats

by Jeff Pickering



THEY'LL DO IT EVERY TIME

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BY AL SCADUTO

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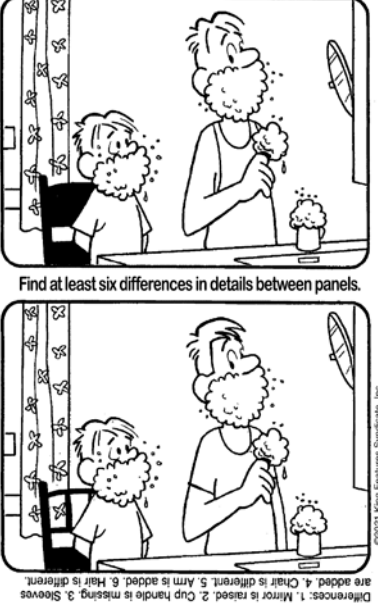
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USDA CHOICE Shoulder Steak & Espadilla **\$4.39/lb**

USDA CHOICE Beef Cross Rib/Shoulder Roast **\$3.99/lb**

USDA CHOICE Ground Beef **\$3.99/lb**

pilgrims 40 lb Box **\$25.99/box**

Smithfield Pork Loin Chops Bone In **\$1.69/lb**

ibp Pork Spareribs Single Pak **\$2.69/lb**

FRESH PRODUCE SALES FOR PRODUCE WILL BEGIN ON WEDNESDAYS @ 12:00PM

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Lee Kum Kee Brand **\$1.49/ea**

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Labo Brand **2/\$3**

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Una Turkish Delight 350 g **\$4.69/ea**

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Beef Chon Bow **11.99/ea**

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Beef Chon Bow **2.99/ea**

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Oyango Snell to Lead Local United Way as New Board Chair



Oyango Snell is the New Board Chair for United Way. Photo: Thébaud Communications

By Kristin Thébaud Communications, Thébaud Comm.

WEST SACRAMENTO, CA (MPG) - Oyango Snell of West Sacramento will lead United Way California Capital Region into its 100th anniversary year as chair of the local nonprofit's board of directors. Snell was elected to the position in July.

"My work with local United Way organizations began as a project manager in the 1990s in Central Ohio where we worked to improve neighborhoods through economic development and human services," Snell said. "I couldn't be more humbled and proud to lead a group of passionate

and dedicated community leaders in the California capital region as we work together alongside talented, committed staff and stakeholders to advance our commitment to end poverty and provide our youth with endless opportunities for success."

Snell serves as senior vice president, general counsel and corporate secretary for the Western States Petroleum Association. Prior to that position, he served as chief legislative and regulatory counsel in multiple states representing the Property Casualty Insurers Association of America and worked in state government relations in the public and private sectors in Columbus, Ohio. He earned his law degree at The Ohio State University, MBA from Franklin University in Columbus and bachelor's degree from Central State University, a historically Black college in Wilberforce, Ohio.

"Oyango helped lead United Way through the unexpected challenges of the pandemic last year as our board vice chair," said Amber Lovett, interim

president and CEO, United Way California Capital Region. "I am confident in his leadership this year as we search for our new president and CEO and prepare to celebrate 100 years of working toward building a stronger, healthier, more compassionate region."

The board also elected Ruth Miller, retired from Wraith Scarlett and Randolph Insurance Services in Woodland, as board vice chair and added new member Jason Clarke from Enterprise Rent-A-Car. Dave Bowen, retired from Deloitte, will continue as treasurer, and Steve Lins of SMUD will serve as immediate past chair.

For nearly 100 years, United Way California Capital Region has brought local people together to make community change happen. With a mission to build stronger, healthier and more compassionate communities, the local United Way starts at square one: helping every family succeed so their community can too. For more information or to make a donation, visit YourLocalUnitedWay.org.★

Young Readers Fund Honors Retiring Library Director Rivkah

Friends of the Sacramento Public Library

SACRAMENTO COUNTY, CA (MPG) - Rivkah K. Sass will retire as Director of the Sacramento Public Library at the end of 2021, but she will be leaving behind a legacy that will help early readers for many years to come. Friends of the Sacramento Public Library has launched a campaign to raise funds to endow the Young Readers Fund, honoring Rivkah Sass and nurturing early readers. Future Library Directors will be able to use income from the endowment to fund books, materials and innovative programs and technology for young readers.

The Friends' fundraising campaign kicked off on September 15 and will wrap up on December 31, with a goal of raising \$100,000. Find out more and donate at: saclibfriends.org.

"When we asked Rivkah how she wants to be remembered, she did not hesitate," said Friends President Karen Wilson. "For Rivkah, it's always been about the kids." The Friends are entering their sixth year of partnership with the Library on Book First, a program that provides a free book to kids in underserved schools, with 60,000 kids receiving books in the program so far. More than 180 schools will take part in Book First in the 2021-22 school year.

A former children's librarian, Rivkah has made Sacramento's library a national frontrunner in its work to support early learning. Her dedication to connect libraries with schools led to the creation of the Student Success card, which gives all



Retiring Library Director Rivkah Sass. Photo: Friends of the Sacramento Public Library

students in a school district full access to the library's digital resources. The library's Summer Reading Program has seen a 400% rise in participation, with more than 33,000 a year people taking part.

In recognition of her leadership, the American Library Association awarded Rivkah its 2020 Charlie Robinson Award, given to a public library director who has been a risk taker, an innovator, or a change agent. Sacramento Public Library is a regular recipient of national recognition.

During her 12 years of service as Library Director, Rivkah has been a determined advocate for library services. Some examples include:

Adding critical staffing to support youth; Responding to the public's request to expand library hours, reworking limited resources to add more than 169 access hours across 28 locations; More than doubling

funding for books and materials to meet community demand for a robust and diverse collection; Leading the effort to launch the Career Online High School initiative at SPL, providing adults the opportunity to earn an accredited high school diploma; Introducing the Library of Things, allowing library users to check out everything from a GoPro camera to a ukulele to a leaf blower; Introducing the I Street Press, making it possible for local writers to self-publish more than 34,000 books since 2011; Installing makers spaces, which are creative spaces equipped with technology like 3D printers and sound equipment.

"Rivkah has done so much for our whole community, especially our children," Wilson says. "The Young Readers Fund gives the community a chance to say thank you, and keep her good work going."★



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1420 I Street	2089	.45 Acre	\$ 630,000
5923 West 2nd St.	2106	2.12 Acres	\$ 650,000
7425 26th St.	3525	1.2 Acres	\$ 725,000

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