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THE NEWS

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OCTOBER 1, 2021

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Who is Using All the Water!



As California's drought deepens, water use drops only 1.8%. MPG file photo

By Rachel Beckers,
CALMATTERS.ORG

Californians reduced their water use at home by a meager 1.8% statewide in July compared to last year, even after Gov. Gavin Newsom urged residents to conserve 15% and drought continues to spread across the state.

Officials warned water providers south of the Delta who rely on state water allocations - already slashed to 5% this year - to brace for the possibility of zero supply next year.

The Department of Water Resources also cautioned

that next year's cuts in supply could expand to growers and others known as settlement contractors, whose claims to the water predate California's massive systems of reservoirs, aqueducts and canals.

"Californians always have hope, and that's healthy. But we need to be prudent," Karla Nemeth, director of the state Department of Water Resources, said in an interview. "We're doing more conservative planning than we've ever done."

Drought conditions deemed extreme or worse now cover nearly 90%

of the state. Hundreds of domestic wells are running dry, and levels in major reservoirs have dropped drastically below historic averages - which bodes ill for supplies next year.

"The challenge is there is no water," Nemeth said.

"We're planning for the worst, but we are hoping for something better," Nemeth added at today's meeting of the State Water Resources Control Board.

In early July, Newsom urged Californians to voluntarily cut domestic water use by 15%, but in the absence of a statewide mandate, a patchwork of

restrictions has emerged. The result: Californians used about 191.5 billion acre feet of water in their homes, businesses and other industrial or institutional spaces in July, only 1.8% less than a year earlier.

"I'm not here to say 1.8 is a good number," said Joaquin Esquivel, chair of the State Water Resources Control Board, at a Monday press briefing. "We're going to have to continue to dig in deeper and look forward to seeing what the numbers show then in August."

Continued from page 4

Fatal DUI Collision on Elverta Rd. at Dominion Rd.

By A.J. McTaggart,
California Highway Patrol

SACRAMENTO REGION, CA (MPG) - On September 26, 2021, at approximately 1:55 PM, North Sacramento CHP Area units were dispatched to a call of a traffic collision that occurred on Elverta Road at Dominion Road. Upon arrival on scene, units discovered a Toyota Tacoma (driven by a 57-year-old male from Rio Linda) was traveling westbound on Elverta Road approaching Dominion Road. A Ford Focus (driven by a 47-year-old male from Citrus Heights) was traveling eastbound on Elverta Road approaching Dominion Road. For reasons still under investigation, the 57-year-old male lost control of the Toyota Tacoma and the front of the Tacoma collided with the front of the Ford Focus. Immediately following the collision, the 47-year-old male driver of the Ford Focus was transported to a nearby hospital for major, life threatening injuries. Investigating officers at the scene of the collision suspected the 57-year-old male driver of the Toyota Tacoma had been Driving Under the Influence (DUI) of alcohol at the time of the collision. He was subsequently evaluated by on-scene officers, arrested for DUI, and transported to a nearby hospital for his minor injuries.

At approximately 2:51 PM, the 47-year-old driver of the Ford Focus was pronounced deceased at the hospital from his injuries sustained from the collision. The 32-year-old female passenger from Citrus Heights, who was riding as the front right passenger in the Ford Focus, was also transported to the hospital for minor injuries. The 57-year-old driver of the Toyota Tacoma (identified as Ronald Ellis) is currently in custody and being treated for his injuries prior to incarceration. When released from the hospital, Ellis will be booked at the Sacramento County Main Jail for the following charges:

23153(a) VC-DUI (alcohol) causing bodily injury or death; 23153(b) VC-DUI (alcohol) causing bodily injury or death with a Blood Alcohol Concentration of .08% or higher; 191.5(a) PC-Gross Vehicular Manslaughter while intoxicated

Any persons who may have witnessed this event or who can provide any additional information should call Officer A.J. McTaggart at the North Sacramento Area CHP office at 916-348-2300 or by cell phone at 916-798-0975. Follow us on Twitter @CHPNsac, Facebook.com/chpnorthsac, Instagram @chpnorthsac, or Nextdoor ★

Fabulousness at the Country Faire

By C.L. Feser

RIO LINDA, CA (MPG) - It was a beautiful Saturday morning. A chill in the air found me looking for a flannel shirt I haven't had on in months. The Rio Linda Country Faire was finally happening. After months of planning, starting in February, Cheryl Cook told me, and a day of marking off each space where each vendor would be, all the permits were secured and insurance paid; It was a success!!

I saw booths of great offerings. Candles, blown glass, clothing, and lots of talking and looking was going on. People were buying by the looks of the bags on their arms, a good thing. Live music was off on a stage down the park lawn. I saw painted faces on little girls and used to be little girls, but still showing the fun in life. There were many types of people whose clothing was just as varied as they were. My nose was pleasantly assaulted by smoked meats. I finally gave in around noon to a juicy, thinly sliced, ribeye sandwich to which I gave 4 out of 4 stars. A variety of other food trucks were available also. After eating I was



There were plenty of fun and entertaining booths on Depo Park during the Rio Linda Country Faire. Photo by C.L. Feser

heading back out among the masses of tents and vendors, I ran into a pirate, hook and all. "Dead Eye," he said his name was. He'd been doing this for 22 years, loving every minute of it. Dead Eye (Brian Beck) even had a real cannon! Fired every hour on the hour. The kids loved the whole pirate area. He and a group of friends are rein-actors: Rogues of the Golden Coast. They go to all kinds of 'gigs' throughout

the year.

The fair continued over onto the grassy area of the Rio Linda Library. That was the kiddie land. There were rides and games, and I heard even a hayride was happening later in the day. I crossed the street to go back onto the Depo Park grass area, I heard people talking about a magician down away at the big tent. Yes, the great "Amasingh the Magician" was doing his thing. He

pulled people up on stage to, 'pick a card, any card' trick. The crowd was clapping and happy to watch things appear and disappear into 'thin air'. You really are never too old to pretend. It was time to head home now. I met some great people I've met before at the Fire Works stands and car washes for this and that. A great way and safe way to spend the day locally in Rio Linda. Til next time, it is FUN to pretend. ★

HOPE Center Now Open



Pictured L to R: Dr. Ryan Quist, Sacramento County Behavioral Health Director; Mike Zauner, Group Leader, UHS prepares to cut the Hope Center ribbon; Melanie Nelson, Administrator, HOPE Center; and Izzy DeLancey, Honorary Mayor of Carmichael. Credit: Kaboo Photography

Heritage Oaks Hospital Special News Release

SACRAMENTO, CA (MPG) - September 9th marked the official opening of the new Heritage Oaks Patient Enrichment Center (HOPE Center), a stand-alone 16-bed psychiatric health facility located in Sacramento County and driven by the mission of providing mindful and caring services to our community members experiencing a behavioral health crisis. The new HOPE Center is located at 4378 Auburn Blvd.

“Our team of interdisciplinary doctors, nurses, clinicians and mental health technicians will collaborate in delivering recovery-oriented services and offer HOPE for a better tomorrow,” said Mike Zauner,

Group Director, Behavioral Health Division, Universal Health Services. “We HOPE to empower our patients with the skills needed to make choices that will reduce harm and enrich lives in a dignified and respectful environment where one can receive immediate, individualized care.”

Dr. Ryan Quist, Director, Sacramento County Behavioral Health Services, stated, “We are excited to have the HOPE Center open in Sacramento County. This new facility will provide access to inpatient care for Medi-Cal beneficiaries experiencing significant psychiatric distress, who are often the most vulnerable, and it’s important for them to have access to high-quality care. The Heritage Oaks Patient Enrichment Center

(HOPE Center) is an outgrowth of a well-established organization with a proven track record of serving the Sacramento region and helping countless people on their road to recovery.”

Available 24/7, the new facility serves individuals 18 and older. Referrals to the HOPE Center are authorized through the Sacramento County Mental Health Treatment Center.

Several public figures and healthcare executives spoke at the event, including Rich Desmond, Sacramento County Supervisor, District-3, Dr. Ryan Quist, Director, Sacramento County Behavioral Health Services Division, Mike Zauner, Group Director, Universal Health Services, Melanie Nelson, Administrator, HOPE Center and Izzy DeLancey, Honorary Mayor of Carmichael, representing the Carmichael Chamber of Commerce. Other attendees of note included City of Sacramento District-2 Councilmember, Sean Loloee, Genevieve Levy, District Director, representing Assemblymember Seventh District, Kevin McCarty, and Brian Jensen, Regional Vice President with the Hospital Council of Northern and Central California, among dozens of other County and Hospital representatives.

Opened in 2021, the Heritage Oaks Patient Enrichment Center (HOPE Center) provides care to individuals 18 and older in our secure psychiatric care facility located in Sacramento County. For more information, visit our new website: <https://sacramentohope-center.com/> ★

Cost-of-Living Crisis Continues to Drive Up California’s Poverty Rate

California Business Roundtable News Release

SACRAMENTO, CA (MPG) - According to data published by the U.S. Census Bureau, California continues to have the worst poverty rate among all states when adjusted to account for government programs designed to help low-income families and necessary expenses for critical goods and services.

“More people live in poverty in California than in any other state because of our high and rising costs of living. More than 16 percent of Americans living in poverty live in California, despite being home to just 12 percent of the population,” said Rob Lapsley, president of the California Business Roundtable. “Driven by our housing and overall cost-of-living crisis, more Californians struggling to make ends meet are falling into poverty.”

California’s cost-adjusted poverty rate (2018-2020 average) was 15.4 percent, while 16.5 percent of all Americans living in poverty live in California. Rates among the other states ranged from 5.9 percent in Minnesota to 14.5 percent in Mississippi (16.5 percent in DC), with the US average at 11.2 percent and the average among all states other than California at 10.6 percent. For the first time, California residents paid more for electricity in March 2021 than the average for all other states in the nation. They also



More people live in poverty in California than in any other state because of our high and rising costs of living. Photo by Anna Shvets, Pexels.

continue to pay the highest gas taxes and prices in the country and for the ongoing housing crisis through increased housing costs. As tracked by the Center for Jobs and the Economy’s Affordability Index, nearly all necessity costs for the average California family continue to increase.

“Unfortunately, it is likely that our poverty crisis will continue to get worse,” Mr. Lapsley continued. “We are seeing a significant increase in inflation, which will drive costs up even higher. At the same time, a series of

new and expensive energy mandates are being implemented, which will drive up the cost on home electricity, gasoline, goods and services, and housing. And let’s not forget the more than \$200 billion in new and higher taxes introduced by the California Legislature in 2021 alone. Without prioritizing focus on affordability and honest discussion of the price Californians are paying for new and expensive regulations, fees and mandates, we will never address the growing poverty crisis in our state.” ★

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Wait, No More Horse Rides?

By C.L. Feser

RIO LINDA, CA (MPG) - Trail Brothers must go by the end of September, so says the County. Only receiving notice two weeks ago. I went to Gibson Ranch and found out what a loss this will be if they don't get a reprieve to keep the horse rides open. I met Paulette Wigfall and her companion Gregory Hughes who had come to take lessons for their very first time. Paulette could not stop giggling while telling me how much fun she just had!!

"I had no idea how fun this could be. This was on my bucket list. We're so glad we did it and cannot wait to do it again." I told them they would have to find somewhere else and explained that they have been given a notice to leave at the end of the month. She just kept saying, "wait, what?" Proceeded to tell me how disappointing that was to hear. I offered to take their picture and send it to them as a memory of their first time on a horse, and did.

I also met a couple getting instructions before they were to ride off on a fun trail ride. While there Saturday I met many families with kids who were there just walking around to see and pet the horses. There was always a horse or two in front of the horseback riding office. That way when they got a reservation they just saddled up those horses waiting out front.

I came back to have a chat with Zachary Leyden, the CEO of Trail Brothers. He is a veteran of the Army Rangers. His whole goal while giving horseback rides was to give "his



Paulette and Gregory next to one of the horses they just rode. Photo by C.L. Feser

brother and sister" veterans a place to come and help with their PTSD. ANY veteran of any military branch could ride for free. They were welcomed to brush, walk and pet the horses. Zach was very proud of that ability to share and help his fellow veterans. That ran both ways. This last February, during the horrible storm, the horse boarding shed's roof was blown off. Word got around and within a month a group of trucks pulled up with hammers, wood, drills and all things to replace that

roof... FREE. "Just paying back the riding they'd received and still received", they told Zach. Now all that is over. Zach is still trying to come to grips with the sudden notice.

What happened to bring all this on you ask. Several weekends ago, a trail ride was going on when one of the horses spooked and jumped, the young girl fell off. Yes, she was hurt, thank God she had her helmet on, a MUST when you ride. It states on the contract, EVERYONE must sign before riding, saying

large insurance policy to even operate the horseback riding we offer."

I am not here to say one way or the other, but there are many examples of private horse owners telling true tales of horse ownership and a horse's unpredictability. They tell of broken arms, of being thrown off their 'favorite horse', and always having to remember you are on a prey animal. When they scare, they run, it is in their DNA. Everyone wishes a speedy recovery to the young birthday girl.

Everyone is still trying to understand, "why" the County was so fast to slap the Trail Brothers with an eviction notice. Zach told me his lawyer, Jonathan Saul and Associates are working hard to get a stay or hearing. "No one came out and talked to our veterinarian, just a call away, or our shoer, or to the veterans and their families that are really dreading this loss to the Elverta, Rio Linda, North Highlands and Antelope areas," Zach told me.

Lastly, I will be able to help the Trail Brothers out personally. I have an extra acre and offered it up to them should they need to have an emergency, temporary home. I was told they will be taking me up on the offer and bringing 10 horses they have to sell off, sooner than later. They would be over Monday to put up fences, water troughs and of course hay. It will only be for a short time. They are still hoping to take them back to Gibson Ranch and stay open for the community to enjoy. I will let you know how this turns out. ★



Brittney Canup and her daughter Avery (5) and the horse Pandora. "Heart broken," she said. Photo by C.L. Feser

you are riding a horse, an animal. There are six dotted paragraphs that state what

you need to be specifically aware of. As Zach told me, "we have to carry a very

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(Corner of Fair Oaks and Leo's Lane)

6170 Auburn Blvd. Citrus Heights
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Who is Using All the Water!

Continued from page 1

When asked when to expect statewide conservation orders, Esquivel said that for now, the board is reflecting on the data. “We need to continue to see that response and decision-making, and the state’s here to make sure that if we need to go mandatory, that’s where we’re going.”

The biggest drops in household water use were along the hard-hit North Coast, with a nearly 17% reduction in July 2021 compared with July 2020. The Sonoma County city of Healdsburg led the state by cutting its water use by more than half, and Cloverdale, which reduced its use by 37%. Both cities enacted mandatory water use restrictions.

Water use in the South Coast region, which includes Los Angeles, Orange, San Diego and Ventura counties, was roughly even with last summer, down 0.1%. However, about 40% of water suppliers in the area actually used more water.

San Francisco Bay Area residents cut their water use by 8.4%. Northern and southern San Joaquin Valley residents reduced use by 0.8% and 1.6%, respectively.

Officials warned that major cuts could come for irrigation districts, cities and other water users south of the Delta relying on supplies from the State Water Project, which provides water to 27 million Californians and 750,000 acres of farmland.

At this point, Nemeth said there’s “a slim likelihood” of supplies for

these water systems, which includes the giant Metropolitan Water District, which provides imported water to 19 million people in Southern California. Worst-case scenario, she said, “we’ve asked them to plan for no allocation from the State Water Project.”

Those suppliers, including in the Bay Area, Southern California, the Central Coast and the San Joaquin Valley, have seen steep cuts before, during the last drought in 2014. But this time is worse: Even a wet year is unlikely to bring relief.

“We’re starting with record low (reservoir) storage,” Nemeth said. “We would have to have north of 140% of (average) precipitation to generate average runoff into the reservoirs that would begin filling that hole.”

State and federal project operators have come under fire from environmental advocates for supplying hundreds of thousands of acre feet to these senior contractors, while failing to meet water quality standards and cutting allocations to more-junior agricultural contractors and cities.

Feather River Contractors, for instance, were allocated the lowest levels allowed in their contracts, but still were expected to receive nearly 600,000 acre feet of water, according to the Department of Water Resources - enough water to supply 1.8 million Southern California households for a year. That’s about three times more water than long-term State Water Project

contractors, including the giant Metropolitan Water District, were provided.

California’s drought conditions and warming temperatures are threatening salmon and other rare fish.

For endangered Sacramento River winter-run Chinook salmon, “we’ve modeled the temperature dependent mortality at about 80% this year, meaning only 20% even survive to make it out of the gravel,” Barry Thom, West Coast regional administrator for NOAA Fisheries, told the water board.

Doug Obegi, a senior attorney with the Natural Resources Defense Council, urged the board on Tuesday to require state and federal water project operators to cut supplies to settlement contractors to protect fish.

If supplies aren’t reduced, “you’re going to have even worse temperature mortality of salmon next year,” Obegi told CalMatters. “You start with less water, and you have less at the end of the year, you’re going to have a lot more dead fish. It’s grim.”

Nemeth said she issued the early warning to prepare growers dependent on senior contracts well in advance of making planting decisions.

Last year, early planting by growers “really limited the amount of decisions we thought we could make without causing real economic damage,” Nemeth said. This year, “We want to alert them sooner that it could be worse than they’ve experienced before.” ★

Taste The Difference Music Fest

P.U.R.E News Release

SACRAMENTO, CA (MPG) - Join non-profit Positive Unity Resource Education P.U.R.E 501(c)(3), on Sunday, October 3rd, 2021 for a festival celebrating food, music and people. The Taste The Difference Music-Fest will be held behind Inderkum High School, located at 4989 Natomas Boulevard Sacramento, CA 95835. Be ready to enjoy live music, food, beer garden and vendors.

Host, Cali Long, will keep the energy up as he takes you through a tour to satisfy all of your senses.

Listen to the smooth sounds of Ronnie Laws, award winning tenor saxophonist and composer whose career has him straddling the worlds of Jazz and R&B since the early 1970’s. Be captivated by Tom Browne with his mix of stage presence and musical artistry. Blake Aaron is known for his multi-guitar approach in his live performances has already scored Top Five Billboard airplay hits with his first-ever Latin, high energy exotic funk sounds. Watch the intricate moves of belly dancer, Kareema as she submerges you into the Egyptian culture. Feel the

good deeds of Mack Block and Terry Moore who are nominated for Community Leadership Award.

There will be a wide assortment of foods and drink available for all those attending this P.U.R.E. creating an experience like no other. Proceeds benefit the P.U.R.E mission to help young people build character, healthy relationships, learn coping skills and develop into self-reliant adults that become the leaders of tomorrow. More information about this event can be found at www.positiveunity.life or on Eventbrite.com ★

Free Store

Calvary Baptist Church of Rio Linda
16th and Elkhorn, Saturday from 10:00am to 1:00pm

Going into the winter months, the need for donations is **URGENT** nonperishable food, hygiene items and warm winter things.

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MEMORIAL NOTICE

John Edward Risse

1942 - 2021

John Edward Risse born in San Francisco June 5 1924 first son and third child of 13 children to Edward Arnold Risse and Martha Eugenia Schweinhart who moved their family to Rio Linda CA in 1936. John was drafted into the US Army Air Corp at 17 years old, and flew in 32 missions on a B-17 Flying Fortress during WWII. After serving his country he married the love of his life Jane Angeline Niebuhr, together they raised 4 sons, John David, Steven George, Gary Wayne, and Timothy Charles. John was blessed with 11 grandchildren, 27 great-grandchildren, and one great-great-grandchild. John went to join his wife on September 18 2021. John was a kind, loving, noble man who will be missed greatly by all the lives that were touched by his. Service: October 15 2021@ 10AM Calvary Cemetery 7101 Verner Ave. Citrus Heights CA 95621



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Ask Toni

Did Changes to Plan F Cause Our Medicare Supplement Premiums to Rise!

3 Weeks until Friday, October 15-Medicare’s Annual Enrollment -



Toni King

Toni:

We have received a 20% increase in our Plan F Medicare Supplement. I am a 73-year-old female in decent health, but my husband is undergoing cancer treatment at MD Anderson.

I understand that Medicare’s Annual Enrollment is our time to change our Medicare Supplement plans. I’m concerned that with the Medicare Supplement increase, we may not be able to afford the premiums with future increases. Would a Medicare Advantage plan be a good Medicare option to change to with Fred’s cancer issues?

What should we do? I cannot afford to make a wrong decision.

~ Cathy from Tulsa, OK

Great Question, Cathy:

In 2015 Congress passed legislation called “Medicare Access and CHIP Reauthorization Act of 2015” (MACRA) to help the medical industry by correcting the “Doc Fix” proposal. MACRA also made changes to Medicare Supplement’s plans F and C which began on January 1, 2020.

Many are wondering can I make a change, or do I have to wait until October 15th when Medicare’s Annual Enrollment begins.

I have good news for you and the Toni Says® Medicare article readers because you do not have to wait until Medicare’s Annual Enrollment to make a Medicare Supplement change. You can change your Medicare Supplement any time during the year. Medicare’s Annual Enrollment is a time to change your Medicare Advantage plan or Medicare Part D Prescription Drug plan.

You are not alone with receiving a Medicare Supplement increase because it seems that many of the Medicare Supplement insurance companies are giving renewal increases with many Medicare Supplement plans and not just with Plan F.

Those who want to change their current Medicare Supplement plan and have had

their Medicare Part B longer than 6 months must answer underwriting questions regarding their health as you and your husband will have to do.

Cathy, you have an option to change from Plan F to other Medicare Supplement plans such as plan G or N, but you must qualify medically. If you cannot qualify because of a health issue, then there is a Medicare Advantage plan which puts you in control of your healthcare called a **Medicare Savings Account (MSA)**.

Difference between a Medicare Supplement and a Medicare Advantage MSA Plan:

- **Medicare Supplement Plan G:** offers lower rates and the same Medicare benefits as Plan F except the Medicare Part B deductible is not covered and will be paid for by the enrolled Medicare beneficiary. Part B deductible for 2021 is \$203. The 2022 Original Medicare costs and deductibles have not been released yet.
- **Medicare Supplement Plan N:** generally, has lower premiums than Plan G with generally more out of pocket. There is a \$20 co pay for a doctor visit with \$50 co pay for emergency room. Part B deductible is not covered, and Part B excess charges are not paid for by the insurance company which Plan G includes.
- **Medicare Advantage MSA (Medicare Savings Account):** high deductible **Medicare Advantage health plan plus a special savings account** for medical expenses. No network...see any Medicare provider or facility that will bill the MSA plan. Can only enroll in MSA during Medicare Annual Enrollment Period from October 15th to December 7th.

Caution: You can change your Medicare Supplement policy at any time. Do not cancel your existing policy until you have been approved by your new insurance company.

2021 Confused about Medicare Annual Enrollment Zoom webinar is Wednesday, October 13st at 4:00 PM. Visit www.tonisays.com to sign up for Toni’s new webinar event.

Toni King, Medicare author/advocate is giving a \$5 discount to the Toni Says® readers on the new 2021 Medicare Survival Guide®. Advanced book at www.tonisays.com or call 832/519-8664. ★

Suspect Arrested for Carjacking and Maple Glen Officer Involved Shooting

By Sergeant Rod Grassmann, Sacramento County Sheriff’s Office

SACRAMENTO COUNTY, CA (MPG) - PROLOGUE: On September 7, 2021, at approximately 9:54 p.m., officers from a local police department responded to a call from a 72-year-old female victim who stated that her grandson assaulted her, forcibly removed her from her vehicle and drove away with the car leaving her in the street. Officers arrived and rendered aid to the victim until fire arrived and transported her to a local area hospital for treatment of a possible arm fracture. This incident was not known by the Sheriff’s Office Communications Center or responding deputies at the time of the incident.

Approximately 9 minutes later on September 7, 2021, at 10:03 P.M., the Sacramento County Sheriff’s Office Communications Center received a call from a resident on Maple Glen Road in Sacramento County stating that someone crashed their automobile into a ditch outside their home. The caller explained that an elderly member of their household went out to check on the only person inside the disabled vehicle and was physically assaulted as the subject exited the car in an attempt to leave the scene. The male suspect then began walking southbound on Maple Glen Road. Fixed video evidence at the scene shows that the subject entered onto the porch of another residence and attempted to open the front door but it was locked. He then left the porch, picked up a large river rock from the yard and returned to the porch, rang the doorbell and appeared to wait for someone to answer the door. After a few minutes when no one answered the door, he left with the rock in his hand. He walked off the property and continued southward on Maple Glen to a third residence where he attempted to open the locked perimeter security gate.

The first deputy arrived on Maple Glen driving north in a marked sheriff’s patrol SUV. The deputy saw a subject that matched the description given by the original caller walking down the street towards the patrol vehicle on the passenger side of the SUV. The deputy stopped and called out for the suspect to stop. He ignored the command and kept walking down the side of the SUV. The deputy got out of his vehicle continuing to give commands as he walked down the driver’s side until both met at the back. The suspect, with the rock, struck the deputy in the head so

hard that the rock bounced and traveled several feet from the initial impact, causing him to become dazed and disoriented.

The deputy then fired the first round and fell to the ground. The suspect, not fazed by the sound of the gunfire then immediately engages the grounded deputy in a physical fight, punching and kicking him as he attempts to get off the ground. The deputy then fires a second round but the suspect continues to assault him through the gunfire. It is only after three more rounds are fired, two of which hit the suspect, does he finally disengage from the fight and falls to the ground in a seated position.

Additional deputies arrived on scene and rendered aid to the suspect until fire arrived and transported him to an area hospital for treatment. He remains hospitalized in stable condition.

Sheriff’s Office Detectives, Internal Affairs, Crime Scene Investigators, the California Department of Justice OIS Team and the Sacramento County District Attorney’s Office Investigators responded to the scene and initiated an officer-involved shooting investigation.

The suspect is 26-year-old Darren Napoleon Stone who is well known to regional law enforcement. Upon release from the hospital, Stone will be booked into the Sacramento County Main Jail on multiple felony charges.

The deputy involved in the shooting is assigned to the K-9 Unit and is an 11 year veteran of law enforcement. He has been with the Sacramento County Sheriff’s Office since 2010 and has 6 years of patrol experience. He was transported to a medical center for treatment of a concussion and thankfully, expected to make a full recovery. We look forward to him returning to full duty very soon.

The material being released has been identified as significant to this incident and includes original 911 calls, in-car camera video, body cam video and private surveillance video. All videos being released have been minimally redacted to ensure the confidentiality and privacy of those involved. This is an active investigation. The information provided in this video release is preliminary and subject to change as investigators learn more.

Please visit the following YouTube link to view the Sheriff’s Office Major Incident Public Briefing video: youtu.be/PeW6q2DUCyY ★

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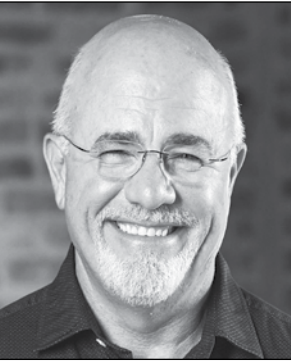
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The Zero-Based Budget

I have a good job and make pretty good money, but I'm tired of always worrying about my finances and being strapped for cash at the end of the month. I've heard you talk about getting out of debt and living on a zero-based budget, but what exactly is a zero-based budget?

– Edward

Dear Edward,

The concept of a zero-based budget is simple: income minus outgo equals zero. If you bring home \$4,000 a month, you want everything you spend, save, give and invest to equal \$4,000. That way, you know where every one of your dollars is going. Not knowing where the money's going is what kills lots of people's financial dreams. They think they know how much they're spending and where it's going, but they really don't.

Dave Ramsey Says Biden Proposal Could Benefit High-income Californians



By Dan Walters CALMatters

Here's how you do it. List all your income sources for the month. Your income should include paychecks, small-business income, side jobs, residual income, child support and so on. If it's money that comes into your household's bank account, write it down and add it up.

Next, list every single expense you have each month. Rent, food, cable, phones and everything in between. Your expenses vary from one month to the next, and this is why you make a new budget each month. Your giving budget might be high in December when Christmas rolls around. The car budget will spike during months when you pay insurance or renew your tags. Focus on one month at a time.

Now, subtract your expenses from your income. Ideally, this number will be zero. It might take a few months of practice, so don't worry if it doesn't balance out immediately. If it doesn't, it just means you need to do something to bring one of the numbers up, the other one down – or both. If you're spending more than you make, you need to make some cuts in your

spending. If you need to generate more money, get a part-time job or sell a bunch of stuff. The deal with a zero-based budget is this: every dollar must have a name. That means every dollar has a designated job to do. If you fill out every item in your budget and come out \$100 ahead – meaning you have nothing for that \$100 to do – you haven't finished your budget. You have to find a job for that \$100. It's your decision what it does, but if you don't give it a name and purpose, you'll end up blowing it and wondering where it went.

Good luck, Edward!

Dave Ramsey is a seven-time #1 national best-selling author, personal finance expert, and host of The Ramsey Show, heard by more than 18 million listeners each week. He has appeared on Good Morning America, CBS This Morning, Today Show, Fox News, CNN, Fox Business, and many more. Since 1992, Dave has helped people regain control of their money, build wealth and enhance their lives. He also serves as CEO for Ramsey Solutions. ★

Congress is tied up in knots over the scope and financing of President Joe Biden's \$3.5 trillion basket of enhanced social, educational and medical benefits.

Although Democrats control – on paper – both houses, their majorities are paper-thin and their leaders are being buffeted by competing demands from the White House, their party's left wing and moderates whose votes are needed for any final product.

As the nation's most populous state, California obviously has a major stake in what the ultimate package will contain, if there is one. But the state has another, less obvious stake in how it's financed because of something called SALT.

It stands for "state and local taxes" and four years ago, a Republican-controlled Congress and GOP President Donald Trump, as part of a major tax overhaul, imposed a \$10,000 limit on how much SALT could be deducted on personal income tax forms.

In a tradeoff, the 2017 tax legislation doubled the standard deduction. The two actions had the effect of increasing federal taxes on high-income residents of high-tax states such as California while lowering

the federal bite on low- and middle-income taxpayers. A 2018 state study found that it cost high-income Californians an extra \$12 billion a year in federal taxes.

The Washington-based Tax Foundation, which analyzed federal income tax data from 2018 returns county-by-county, reported recently that the SALT limitation had its greatest impact on taxpayers in high-income counties in high-tax states such as California, New York, Maryland and Virginia.

In California, that meant San Francisco and other Bay Area communities such as Marin, San Mateo and Santa Clara counties. In Santa Clara, for instance, the average tax return with itemized deductions reported outlays of \$46,817.53 in state and local taxes, but could deduct just \$8,931.28 due to the SALT limit.

When the SALT limit was enacted, leaders of the most affected states howled, claiming that Republicans were punishing them because of their Democrat-leaning politics. New York Gov. Andrew Cuomo complained the loudest, worrying aloud that the SALT limit would encourage the rich to relocate to low-tax states such as Florida and Texas.

There's no evidence, at least yet, of a massive outmigration of high-income Californians, although there have been specific moves, such as Tesla's Elon Musk to Texas, which has no income tax.

Nevertheless, Senate Majority Leader Charles

Schumer of New York and House Speaker Nancy Pelosi of California have been trying ever since 2017 to undo the SALT limit, and California Gov. Gavin Newsom has publicly supported repeal. That's why California has a big stake in how Biden's "human infrastructure" package would be financed.

The White House wants an array of tax increases on corporations and high-income taxpayers and SALT ceiling foes see it has an opportunity to undo it.

But how? Politically, it's a tricky issue for Democrats, who want to change the limit without appearing to provide a windfall to the wealthy.

Putnam Wealth Management has published a monologue on the potential ways the SALT limit could be modified or repealed, one of which would place an income limit on restoring deductibility so that those with the highest incomes would not benefit. Other alternatives include doubling or tripling the limit or changing the Alternative Minimum Tax.

The situation is another reminder that there is no right or wrong when it comes to tax policy at any level of government. What is taxed – whether income, sales or property – and at what level are purely arbitrary decisions that reflect the politics of the moment, not the higher moral purpose that politicians often claim.

Dan Walters has been a journalist for nearly 60 years, spending all but a few of those years working for California newspapers. ★

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Secured Property Tax Bills Mailed This Month

Sacramento County News Release

SACRAMENTO COUNTY, CA (MPG) - Sacramento County will mail about 471,594 secured property tax bills which are payable beginning Nov. 1, 2021. These tax bills are mailed only once a year, however, property owners may pay their bills in two installment payments:

The first installment payment is due on Nov. 1, 2021. Payments will be accepted without penalty until 5 p.m. on Dec. 10, 2021; The second installment payment is due on Feb. 1, 2022. Payments will be accepted without penalty until 5 p.m. on April 11, 2022; Both installments may be paid when the first installment is due. A reminder notice will not be mailed for the second installment.

Taxpayers may sign up for online email notifications for annual secured property tax bills and reminders before delinquent dates. Choose “e-Subscribe for property tax payment notifications” to receive these notifications.

Payments can be made online via credit card or electronic check. Taxpayers may print tax bill installment payment stubs to mail in with their payments. Taxpayers may also pay by credit card or electronic check over the telephone at (844) 430-2823. There is a convenience fee for credit and debit cards. Electronic checks are free.

Payment can be made in person at the Sacramento County Tax Collector’s Office at 700 H Street, Room 1710, between 8 a.m. and 5 p.m. Monday through Friday. In person payments can be paid via cash, check, credit card, debit card or money order. A convenience fee will apply for credit card and debit card transactions.

Payments can be sent

via mail to P.O. Box 508, Sacramento, CA 95812-0508. The Tax Collector accepts and processes payments based on the postmark date. Payments may not be credited to the tax bill for several business days dependent upon the volume of payments received, whether payments were submitted with the correct payment stubs, and/or whether envelopes were postmarked by the delinquent date.

Property tax law (Prop 8) requires that parcels be assessed at their factored Prop 13 value, or their fair market value (as of the Jan. 1, 2021 property tax lien date), whichever is less.

A rising real estate market can cause higher than expected increases in a parcel’s annual tax bill if that parcel was in Prop 8 status last year. However, the assessed value of any parcel cannot increase beyond that parcel’s factored Prop 13 level. The 2% inflation cap applies only to Prop 13 assessments. It does not apply to Prop 8 assessments, which by law must track the property’s market value until it reaches the Prop 13 factored value.

Find assessed values on the Assessor’s Website under “Assessed Value Lookup,” including this year’s value and the factored Prop 13 value for comparison. If a taxpayer has evidence that their assessed value as of January 1, 2021, was less than that shown on this year’s (2021-2022) tax bill, they should:

Visit the Assessor’s Website; Call the Assessor’s Office at (916) 875-0700; Email the Assessor’s Office at Assessor@SacCounty.net

Taxpayers may obtain current year tax bill information, copies of property tax bills, direct levy information, delinquent prior-year

tax information and amounts due through the Sacramento County Online Property Tax Bill Information System, searching by APN or address. Find a QR Code on your tax bill payment stub for use with smartphones to connect to our website.

Sacramento County also has a 24-hour/7-day-a-week Automated Property Tax Information Line that provides information on tax subjects and access to detailed billing and payment information. Tax specialists are available 9 a.m. to 4 p.m. Monday through Friday. Reach the system and tax specialists by calling (916) 874-6622.

If you own property and do not receive a tax bill by October 15, 2021, you may obtain tax bill copies, property tax information, and payment stubs (coupons) on the Tax Collector’s website.

Revenue & Tax Code 2610.5 “Failure to receive a tax bill does not relieve the property owner of the liability to pay taxes in a timely manner or give the Tax Collector reason to cancel penalties imposed for late payment.”

Even if your tax bill is being paid by a lending institution (mortgage company), state law requires that a copy of the tax bill be sent to the property owner; all property owners should receive either the original tax bill or an “Owner’s Information Copy.” It is the responsibility of the property owner to keep their mailing address current with the Assessor’s Office. To update your mailing address, please contact the Assessor’s Office in writing at 3636 American River Drive, Suite 200, Sacramento, CA 95864 or via email at Assessor@sac-county.net. Please make sure you include a parcel number and phone number with all correspondence. ★

CLG NEWS UPDATES

Provided by Citizens for Legitimate Government (CLG) See legitgov.org

Australian Government Shuts Down Internet at ISP Level as Melbourne Protesters Stand Their Ground --Central Melbourne was declared a media no-fly zone. | 24 Sept 2021 | Australia is a full-throttle pedal-to-the-metal dictatorship. The government shut down internet service at ISP level in order to prevent Australians from showing the world what’s going on. Central Melbourne was declared a media no-fly zone.

Video emerges of cop throwing man headfirst into the ground in Melbourne - | 23 Sept 2021 A Melbourne man who was flung headfirst to the ground by a police officer who approached him from behind amid a high-intensity anti-protest operation was “calling for his mum” when he woke up from being unconscious, according to a “distressed” witness. Shocking footage has emerged of an officer walking up behind the man standing in Flinders Street Station yesterday, before violently slamming him headfirst into the ground. The video -- which police say they are investigating -- is being spread widely on social media and was filmed during widespread unrest in the city... The man’s face can be seen bouncing off the ground as his headphones go flying. “This poor guy was calm, he was just talking to the police,” the woman who posted the footage wrote in the caption.

President Trump Lists Thousands of Fraudulent Arizona Ballots Included in 2020 Election, Showing He Won the State | 25 Sept 2021 | At a rally Saturday evening in Perry, Georgia, President Donald Trump listed a number of issues in Georgia in the 2020 Presidential Election. He then discussed the results from the Arizona audit. Trump began by listing the results from Cyber Ninjas and the 57,000 ballots with identified issues. In Arizona, 17,000 duplicate votes were identified.

Dutch protest against COVID-19 vaccine pass to enter bars, restaurants | 25 Sept 2021 | Hundreds of protesters marched against the introduction of a “corona pass” in the Netherlands on Saturday, as proof of COVID-19 vaccination became compulsory to get into bars, restaurants, theatres and other venues. Hours after the requirement to show the pass or a recent negative coronavirus test took effect, the government of caretaker Prime Minister Mark Rutte sacked a cabinet minister who had publicly questioned the measure. Rutte’s office said Deputy Economic Affairs Minister Mona Keijzer had been dismissed because her comments went against cabinet policy on an issue “of such importance and weight.”

Italy Orders Companies Not to Pay Unvaccinated Workers | 24 Sept 2021 | The Italian government has passed a decree applying to both the private and public sector ordering companies to withhold pay from workers who refuse to take the COVID-19 vaccine. The decree mandates that all employees get the vaccine “green pass,” which led to questions about what would happen to the millions of Italians who remain unvaccinated. The government is attempting to avoid potential legal action by directing companies not to fire the unvaccinated, but simply to not pay them while telling employees not to show up to work under threat of being fined if they do so. “Instead, they should be considered to be on an unjustified absence and have their wages or salaries withheld,” writes Ken Macon. “Those found to be working without a vaccine passport could be punished with fines of up to Eur 1,500. Additionally, the government said it would not cater for the test costs for those who would prefer not to take the vaccine.”

Dozens of Massachusetts State Troopers Resign Ahead of Deadline for State’s Vaccine Mandate | 25 Sept 2021 | This week, a Massachusetts Superior Court judge refused to allow any delay of the state’s vaccine mandate that is set to begin on October 17. The decision has already caused a wave of state troopers to file paperwork to quit the force and even more are expected to resign before the mandate kicks in. “Dozens” have already quit, according to the State Police Union boss, Michael Cherven.

House-passed measure includes \$6.3 billion for Afghan refugee resettlement, path to green cards – The White House has estimated that 95,000 Afghans will come to the U.S. in the next year | 25 Sept 2021 | The Democratic-controlled House this week passed a continuing resolution that included language requested by the White House that would fund the resettlement effort of tens of thousands of Afghans to the tune of 6.3 billion, while also giving a timetable for them to be eligible for green cards. The continuing resolution is designed to keep the government funded until Dec. 3 and until lawmakers can pass a budget for fiscal year 2022. It passed the House on a 220-211 vote. The Senate is expected to vote as early as Monday. ★



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FAMILY 180201 10-1-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-07876 April Reding, 7468 Poirier Way, Sacramento, CA 95822 is doing business under the Fictitious Business Name(s) "Golden Pen Mobile Notary" 7468 Poirier Way, Sacramento, CA 95822. Filed with the Clerk of Sacramento County August 30, 2021 Publish: September 10, 17, 24 & October 1, 2021
GOLDEN 180201 10-1-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-07860 Sherylytha King, 3212 Laurelhurst Drive, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Majestically Melanistic" 3212 Laurelhurst Drive, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County August 27, 2021 Publish: September 10, 17, 24 & October 1, 2021
MAJESTIC 180201 10-1-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-07846 Michelle Williams, 2824 Gibson View Way, Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "Relocation Ready" 2824 Gibson View Way, Antelope, CA 95843. Filed with the Clerk of Sacramento County August 26, 2021 Publish: September 10, 17, 24 & October 1, 2021
RELOC 180201 10-1-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-08002 Christopher Palumbo, 87 Del Vista Circle, Sacramento, CA 95823 is doing business under the Fictitious Business Name(s) "Urbn Bred Collection" 87 Del Vista Circle, Sacramento, CA 95823. Filed with the Clerk of Sacramento County September 3, 2021 Publish: September 10, 17, 24 & October 1, 2021
URBN 180201 10-1-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-07887 Vanessa R. Gardner, 5322 Hemlock Street, Apt. 210, Sacramento, CA 95841 is doing business under the Fictitious Business Name(s) "Authentic Aesthetics" 5322 Hemlock Street, Apt. 210, Sacramento, CA 95841. Filed with the Clerk of Sacramento County August 30, 2021 Publish: September 10, 17, 24 & October 1, 2021
AUTH 180201 10-1-21

LEGAL ADVERTISING
Carmichael Times Adjudicated For and By the County of Sacramento, Adjudication No. 317294-February 7, 1984
Rancho Cordova Independent Adjudicated For and By the County of Sacramento, Adjudication No. 195380-September 18, 1969
Citrus Heights Messenger Adjudicated For and By the County of Sacramento, Adjudication No. 34-2020-00273535-March 12, 2020

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-07970 Dezaray Demitria Johnson, 2425 Northrop Avenue, #4, Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "Big D's Smoke Shop" 1441 Arcade Boulevard, Sacramento, CA 95815. Filed with the Clerk of Sacramento County September 2, 2021 Publish: September 10, 17, 24 & October 1, 2021
BIGD 180201 10-1-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-07741 Hla Elkordy & Hossameldin Elkordy, 1544 Ballou Circle, Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "Design Flow" 1544 Ballou Circle, Folsom, CA 95630. Filed with the Clerk of Sacramento County August 23, 2021 Publish: September 10, 17, 24 & October 1, 2021
DESIGN 180201 10-1-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-07972 Hedayatullah Azame, 1830 Bell Street, Apt. 19, Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "Kabul Transport" 1830 Bell Street, Apt. 19, Sacramento, CA 95825. Filed with the Clerk of Sacramento County September 2, 2021 Publish: September 10, 17, 24 & October 1, 2021
KABUL 180201 10-1-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-07936 Rhoen Seymour Barnes, 8808 Sawtelle Way, #C, Sacramento, CA 95826 is doing business under the Fictitious Business Name(s) "Rhoen's Transportation" 8732 Fruitridge Road, Sacramento, CA 95826. Filed with the Clerk of Sacramento County September 1, 2021 Publish: September 10, 17, 24 & October 1, 2021
RHOEN 180201 10-1-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-08052 Guadalupe Salas, 3481 Jamie Court, Acampo, CA 95220 is doing business under the Fictitious Business Name(s) "Super Clips" 2130 El Camino Avenue, Sacramento, CA 95821. Filed with the Clerk of Sacramento County September 7, 2021 Publish: September 17, 24 & October 1, 8, 2021
SUPER 180201 10-8-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-08083 Linda Easton-Waller, 7339 28th Street, North Highlands, CA 95660, 4201 Cotthrin Ranch Road, Shingle Springs, CA 95682 are doing business under the Fictitious Business Name(s) "Hatching at Home" 7339 28th Street, North Highlands, CA 95660. Filed with the Clerk of Sacramento County September 8, 2021 Publish: September 17, 24 & October 1, 8, 2021
HATCH 180201 10-8-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-07934 Irina Markovich, 416 Arlingdale Circle, Rio Linda, CA 95673 is doing business under the Fictitious Business Name(s) "Vilo Spa" 6028 San Juan Avenue, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County September 1, 2021 Publish: September 17, 24 & October 1, 8, 2021
VILO 180201 10-8-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-08104 Anette Louise Bates Levy, 3604 Whitney Avenue, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Whateverwackywear" 3604 Whitney Avenue, #4, Sacramento, CA 95821. Filed with the Clerk of Sacramento County September 8, 2021 Publish: September 17, 24 & October 1, 8, 2021
WHAT 180201 10-8-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-07709 NRT Property Management California, Inc., 12906 Tampa Oaks Boulevard, Suite 100, Temptit Terrace, FL 33637 is doing business under the Fictitious Business Name(s) "HomeRiver Group Southern California, HomeRiver Property Management Southern California, HomeRiver Group, HomeRiver Property Management" 1321 Howe Avenue, Suite 101, Sacramento, CA 95825. Filed with the Clerk of Sacramento County August 23, 2021 Publish: September 17, 24 & October 1, 8, 2021
HOME 180201 10-8-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-07129 Nicholas Robert Solano, 8020 Walerga Road, Unit 1088, Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "Ripple Pool Service" 8020 Walerga Road, Unit 1088, Antelope, CA 95843. Filed with the Clerk of Sacramento County July 30, 2021 Publish: September 17, 24 & October 1, 8, 2021
RIPPLE 180201 10-8-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-07323 Auburn Villa, LLC, a California Limited Liability Company, 710 Lakeway Drive, Suite 180, Sunnyvale, CA 94085 is doing business under the Fictitious Business Name(s) "Auburn Villa Mobile Home & RV Park, Auburn Villa Mobilehome & RV Park, Auburn Villa Mobilehome Park, Auburn Villa RV Park, Auburn Villa MHP, Auburn Villa" 5867 Auburn Boulevard, Sacramento, CA 95841. Filed with the Clerk of Sacramento County August 9, 2021 Publish: September 24 & October 1, 8, 15, 2021
AUBURN 180201 10-15-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-08119 DAOIN, INC, 2552 Robinhood Lane, Eureka, CA 95501 is doing business under the Fictitious Business Name(s) "Granite's Sub and Wings", 5847 Manzanita Avenue, Unit 1, Carmichael, CA 95608. Filed with the Clerk of Sacramento County September 9, 2021 Publish: September 24 & October 1, 8, 15, 2021
GRANITE 180201 10-15-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-08041 Christopher Herman, 1108 R Street, Unit 410, Sacramento, CA 95811 is doing business under the Fictitious Business Name(s) "Chigraphix (CH Graphix), Alternategotich2" 1108 R Street, Unit 410, Sacramento, CA 95811. Filed with the Clerk of Sacramento County September 7, 2021 Publish: September 24 & October 1, 8, 15, 2021
CHG 180201 10-15-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-07821 Stacy L. Anderson, 176 Creekside Circle, Sacramento, CA 95823 is doing business under the Fictitious Business Name(s) "Int2winit Consultant Services, Int2winit Vending Service", 176 Creekside Circle, Sacramento, CA 95823. Filed with the Clerk of Sacramento County August 25, 2021 Publish: September 24 & October 1, 8, 15, 2021
INIT 80201 10-15-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-08010 California Green Strategies LLC, 1324 Philomene Court, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Commit Health & Wellness" 1324 Philomene Court, Carmichael, CA 95608. Filed with the Clerk of Sacramento County September 3, 2021 Publish: September 24 & October 1, 8, 15, 2021
COMMIT 180201 10-15-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-08160 Swan Trucking, 4230 Panmassus Drive, Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name(s) "Swan Trucking", 4230 Panmassus Drive, Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County September 9, 2021 Publish: September 24 & October 1, 8, 15, 2021
SWAN 180201 10-15-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-08247 Diana Mae Anderson, 2961 35th Street, Sacramento, CA 95817 is doing business under the Fictitious Business Name(s) "Elevated Energies", 2961 35th Street, Sacramento, CA 95817. Filed with the Clerk of Sacramento County September 14, 2021 Publish: September 24 & October 1, 8, 15, 2021
ELEV 180201 10-15-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-08088 Medat Distributing Inc., 3213 Merrywood Drive, Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "Swim So Brite", 3213 Merrywood Drive, Sacramento, CA 95825. Filed with the Clerk of Sacramento County September 8, 2021 Publish: September 24 & October 1, 8, 15, 2021
SWIM 180201 10-15-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-08169 Eric Ramazzini & Jessica R. Ramazzini, 6239 Almond Avenue, Orangevale, CA 95662 are doing business under the Fictitious Business Name(s) "Pro Install", 6239 Almond Avenue, Orangevale, CA 95662. Filed with the Clerk of Sacramento County September 10, 2021 Publish: September 24 & October 1, 8, 15, 2021
PRO 180201 10-15-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-08298 Jeryn Tavo Lucas and Vanyel Lamond Lucas, 5306 Dasco Way, Sacramento, CA 95835 are doing business under the Fictitious Business Name(s) "Jeryn's Consulting", 5816 Roseville Road, #10, Sacramento, CA 95842. Filed with the Clerk of Sacramento County September 16, 2021 Publish: September 24 & October 1, 8, 15, 2021
JERYN 180201 10-15-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-08250 Friends of the Sacramento Public Library, 700 H Street, Sacramento, CA 95614 is doing business under the Fictitious Business Name(s) "Friends of the Sylvan Oaks Library", 6700 Auburn Boulevard, Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County September 14, 2021 Publish: September 24 & October 1, 8, 15, 2021
FRIENDS 180201 10-15-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-08249 Jessica Alena Grechokosey, 10069 Cristo Drive, Sacramento, CA 95829 is doing business under the Fictitious Business Name(s) "MJG Auto Sales", 10069 Cristo Drive, Sacramento, CA 95829. Filed with the Clerk of Sacramento County September 14, 2021 Publish: September 24 & October 1, 8, 15, 2021
MJG 180201 10-15-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-08063 Platinum Home Mortgage Corporation, 2200 Hicks Road, Suite 101, Rolling Meadows, IL 60008 / Incorporated - Illinois is doing business under the Fictitious Business Name(s) "Mortgage On Demand", 2200 Hicks Road, Suite 101, Rolling Meadows, IL 60008. Filed with the Clerk of Sacramento County September 7, 2021 Publish: September 24 & October 1, 8, 15, 2021
MORTG 180201 10-15-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-08282 Khampasong Phrommavongkay-Hoxie, 7314 14th Avenue, Sacramento, CA 95820 is doing business under the Fictitious Business Name(s) "Kham's Kreations", 7314 14th Avenue, Sacramento, CA 95820. Filed with the Clerk of Sacramento County September 15, 2021 Publish: September 24 & October 1, 8, 15, 2021
KHAM 180201 10-15-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-08046 Anita Giordano, 5701 Surf Way, Sacramento, CA 95822 and Francesca Giordano, 2604 Morley Way Sacramento, CA 95864 are doing business under the Fictitious Business Name(s) "Giordano Family Partnership", 5701 Surf Way, Sacramento, CA 95822. Filed with the Clerk of Sacramento County September 7, 2021 Publish: September 24 & October 1, 8, 15, 2021
GIORD 180201 10-15-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-08150 Karen Heidebrecht, 3028 Olive Glen Court, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Teletherapy Direct", 3028 Olive Glen Court, Sacramento, CA 95821. Filed with the Clerk of Sacramento County September 9, 2021 Publish: September 24 & October 1, 8, 15, 2021
TELE 80201 10-15-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-08226 Maria Delurdies Munoz, 5721 San Gabriel Court, Sacramento, CA 95842 and Denise Cabrera Desampadro, 4141 Palm Avenue, Apt 52, Sacramento, CA 95842 are doing business under the Fictitious Business Name(s) "Realeza Salon", 5721 San Gabriel Court, Sacramento, CA 95842. Filed with the Clerk of Sacramento County September 14, 2021 Publish: September 24 & October 1, 8, 15, 2021
REAL 80201 10-15-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-08140 Saveon International Inc, 5500 Madison Avenue, #D, Sacramento, CA 95841 is doing business under the Fictitious Business Name(s) "Save On Cleaners, Alterations on Time", 5500 Madison Avenue, #D, Sacramento, CA 95841. Filed with the Clerk of Sacramento County September 9, 2021 Publish: September 24 & October 1, 8, 15, 2021
SAVE 80201 10-15-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-08155 Alexandra Chimalis Freeman, Calle del Amparo 14, 3 EXT, Madrid, Spain, 28012 is doing business under the Fictitious Business Name(s) "The Proofreading Place", Calle del Amparo 14, 3 EXT, Madrid, Spain, 28012. Filed with the Clerk of Sacramento County September 9, 2021 Publish: September 24 & October 1, 8, 15, 2021
THE 80201 10-15-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-08311 Amanada January, 2017 17th Street, #4, Sacramento, CA 95818 is doing business under the Fictitious Business Name(s) "Bling Everything", 2017 17th Street, #4, Sacramento, CA 95818. Filed with the Clerk of Sacramento County September 16, 2021 Publish: September 24 & October 1, 8, 15, 2021
BLING 80201 10-15-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-08537 Misad Marlin, 9295 Loma Lane, Orangevale, CA 95662 is doing business under the Fictitious Business Name(s) "Iron Designs and Art" 9295 Loma Lane, Orangevale, CA 95662. Filed with the Clerk of Sacramento County September 24, 2021 Publish: October 1, 8, 15, 22, 2021
IRON 180201 10-22-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-08519 Samidhi Soni, 770 Alcantar Circle, Sacramento, CA 95834 is doing business under the Fictitious Business Name(s) "SRB Construction", 770 Alcantar Circle, Sacramento, CA 95834. Filed with the Clerk of Sacramento County September 24, 2021 Publish: October 1, 8, 15, 22, 2021
SRB 180201 10-22-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-08511 Mohammad Ashraf, 8436 Coeburn Street, Sacramento, CA 95823 is doing business under the Fictitious Business Name(s) "eXp Processing", 8436 Coeburn Street, Sacramento, CA 95823. Filed with the Clerk of Sacramento County September 23, 2021 Publish: October 1, 8, 15, 22, 2021
EXP 180201 10-22-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-08252 Luan Si Hadin L.L.C., 6128 Tupelo Drive, Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "Luhan Si Hadin, Irisesence" 6128 Tupelo Drive, Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County September 14, 2021 Publish: October 1, 8, 15, 22, 2021
LUHAN 80201 10-22-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-08366 Al-Kaaba Halal Foods LLC, 2232 Arliss Way, Sacramento, CA 95822 is doing business under the Fictitious Business Name(s) "Al-Kaaba Halal Foods LLC" 2232 Arliss Way, Sacramento, CA 95822. Filed with the Clerk of Sacramento County September 20, 2021 Publish: October 1, 8, 15, 22, 2021
AL 180201 10-22-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-08294 Nancy Kanvonen, 771 Adare Way, Galt, CA 95632 and Toni Ann Breshears, 522 Shawn Vines Avenue, Oakdale, CA 95361 are doing business under the Fictitious Business Name(s) "Hand in Hand Women's Day of Unity" 771 Adare Way, Galt, CA 95632. Filed with the Clerk of Sacramento County September 16, 2021 Publish: October 1, 8, 15, 22, 2021
HAND 180201 10-22-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-08452 Richard Kimm, 8876 Oak Avenue, Orangevale, CA 95662 is doing business under the Fictitious Business Name(s) "Hitting Streak Baseball Academy" 8876 Oak Avenue, Orangevale, CA 95662. Filed with the Clerk of Sacramento County September 22, 2021 Publish: October 1, 8, 15, 22, 2021
HITT 180201 10-22-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-08373 Paul Tupchih, 6105 Walnut Avenue, Orangevale, CA 95662 is doing business under the Fictitious Business Name(s) "Hauling Forward, HF" 6105 Walnut Avenue, Orangevale, CA 95662. Filed with the Clerk of Sacramento County September 20, 2021 Publish: October 1, 8, 15, 22, 2021
HAUL 180201 10-22-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-07742 Automotive Finish Technologies Inc., 3506 Gabilan Way, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Colors on Parade" 3506 Gabilan Way, Sacramento, CA 95821. Filed with the Clerk of Sacramento County August 23, 2021 Publish: October 1, 8, 15, 22, 2021
COLOR 180201 10-22-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-01881 Bogdan Redko, 5945 Roswitha Way, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Bob's Dispatch" 5945 Roswitha Way, Carmichael, CA 95608. Filed with the Clerk of Sacramento County March 1, 2021 Publish: October 1, 8, 15, 22, 2021
BOB 180201 10-22-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-08246 Anrak Corporation, 5820 Mayhew Road, Sacramento, CA 95827 is doing business under the Fictitious Business Name(s) "Plus Sweeping" 5820 Mayhew Road, Sacramento, CA 95827. Filed with the Clerk of Sacramento County September 14, 2021 Publish: October 1, 8, 15, 22, 2021
PLUS 180201 10-22-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-08402 Luis Macias, 3915 Fell Street, Sacramento, CA 95838 is doing business under the Fictitious Business Name(s) "LCM Concrete Construction Company" 3915 Fell Street, Sacramento, CA 95838. Filed with the Clerk of Sacramento County September 21, 2021 Publish: October 1, 8, 15, 22, 2021
LCM 180201 10-22-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-08333 Shadya Guerra, 2513 Green Wing Way, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Redeemed Custom Teez & Apparel" 2513 Green Wing Way, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County September 17, 2021 Publish: October 1, 8, 15, 22, 2021
REDEEM 180201 10-22-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-07534 Johanna Jamila Ahmadyar, 7656 19th Street, Sacramento, CA 95832 is doing business under the Fictitious Business Name(s) "Call Rim Repair" 7656 19th Street, Sacramento, CA 95832. Filed with the Clerk of Sacramento County August 13, 2021 Publish: October 1, 8, 15, 22, 2021
CALI 180201 10-22-21

ORDER TO SHOW FOR CHANGE OF NAME

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#34-2021-0030674
Sarah Michele Chouinard has filed a petition with this court for a decree changing the name(s) of Sarah Michele Chouinard to Sarah Chloe Jones.
IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 1:30p.m. on October 13, 2021, in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: August 20, 2021
Shama H. Mesiwala, Judge of the Superior Court
Publish: September 10, 17, 24 & October 1, 2021
CHOUIN 180101 10-1-21

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#34-2021-00306474
Quadir Hassan Aleem has filed a petition with this court for a decree changing the name(s) of Quadir Hassan Aleem to Quadir Hassan Aleem Reed.
IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00a.m. on October 12, 2021, in Department 54, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: August 23, 2021
Christopher E. Krueger, Judge of the Superior Court
Publish: September 10, 17, 24 & October 1, 2021
ALEEM 180101 10-1-21

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#34-2021-00307014
Viet Van Mai has filed a petition with this court for a decree changing the name(s) of Viet Van Mai to Viet Van Uong.
IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00a.m. on October 19, 2021, in Department 54, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: August 26, 2021
Christopher E. Krueger, Judge of the Superior Court
Publish: September 10, 17, 24 & October 1, 2021
MAI 180101 10-1-21

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#34-2021-00306734
Ramnik Kaur has filed a petition with this court for a decree changing the name(s) of Ramnik Kaur to Ramnik Kaur Atwal.
IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 1:30p.m. on October 13, 2021, in Department 53, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: August 20, 2021
Shama H. Mesiwala, Judge of the Superior Court
Publish: September 10, 17, 24 & October 1, 2021
KAUR 180101 10-1-21

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#34-2021-00306675
Elizabeth Marie Ryan has filed a petition with this court for a decree changing the name(s) of Elizabeth Marie Ryan to Lizzie Fernich.
IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00a.m. on October 13, 2021, in Department 54, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: August 19, 2021
Christopher E. Krueger, Judge of the Superior Court
Publish: September 10, 17, 24 & October 1, 2021
RYAN 180101 10-1-21

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#34-2021-00306730
Harpreet Singh has filed a petition with this court for a decree changing the name(s) of Harpreet Singh to Harpreet Singh Atwal.
IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00a.m. on October 13, 2021, in Department 54, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: August 19, 2021
Christopher E. Krueger, Judge of the Superior Court
Publish: September 10, 17, 24 & October 1, 2021
SINGH 180101 10-1-21

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#34-2021-00306671
Michelle Jacqueline Negron-Hansen has filed a petition with this court for a decree changing the name(s) of Michelle Jacqueline Negron-Hansen to Miche Jacqueline Negron-Hansen.
IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00a.m. on October 13, 2021, in Department 54, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: August 19, 2021
Christopher E. Krueger, Judge of the Superior Court
Publish: September 10, 17, 24 & October 1, 2021
HANSEN 180101 10-1-21

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#34-2021-00306606
Marie Antoinette Asuncion-Manese has filed a petition with this court for a decree changing the name(s) of Marie Antoinette Asuncion-Manese to Marie Antoinette Asuncion-Buhat.
IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00a.m. on October 13, 2021, in Department 54, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: August 23, 2021
Christopher E. Krueger, Judge of the Superior Court
Publish: September 10, 17, 24 & October 1, 2021
MANESE 180101 10-1-21

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#34-2021-00306383
Gurnisha Kaur Pannu Gurdev Singh has filed a petition with this court for a decree changing the name(s) of Samira Eva Cardenas to Samira Eva Kaur Cardenas.
IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 1:30p.m. on October 13, 2021, in Department 53, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: August 17, 2021
Shama H. Mesiwala, Judge of the Superior Court
Publish: September 10, 17, 24 & October 1, 2021
HANSEN 180101 10-1-21

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#34-2021-00306722
Marco A. Morales de la Cruz has filed a petition with this court for a decree changing the name(s) of Marco Antonio Morales de la Cruz to Marco Antonio Morales.
IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00a.m. on October 13, 2021, in Department 54, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: August 20, 2021

Society for the Blind in Sac Receives \$10K to Teach Braille

By Kristin Thébaud,
Thébaud Communications

SACRAMENTO REGION, CA (MPG) - Society for the Blind recently received \$10,000 from Golden 1 Credit Union to provide Braille literacy for children in Sacramento and across Northern California who are blind or have vision loss.

“Today, less than 10 percent of children with vision loss are literate,” said Shari Roesler, executive director, Society for the Blind. “They are not learning Braille and are unable to read, write and comprehend. By third grade they are significantly behind their sighted peers, and 50 percent of high school students who are blind drop out before graduating. Literacy is key to improving academic outcomes and pointing these children toward college and careers. We are grateful to Golden 1 Credit Union for helping us fill this gap so children with vision loss can be successful and independent when they grow up.”

The grant will allow Society for the Blind to provide Braille literacy classes, instruction materials and training in assistive devices for up to 100 new children who are blind or have low vision in elementary through high schools across the region. Through Society for the Blind’s After-School Academy for children from first grade through high school, students will learn Grade 1 Braille, including the alphabet, spelling, numbers, reading and writing. Middle and high school students



A student learns Braille at Society for the Blind. The organization just received a grant from Golden 1 to help youth with vision loss learn Braille. Photo: Thébaud Communications

who pass Grade 1 Braille will learn Grade 2 Braille, which includes shortened or contracted words as well as the Nemeth Code-Braille for math and science.

Students also will receive subject-based tutoring based on an initial assessment upon entering the program.

“As we continue to learn more about the

short- and long-term educational impacts of the COVID-19 pandemic on our vulnerable populations, we know it is especially important to provide support to organizations that enrich the minds of future generations,” said Erica Taylor, vice president of communications and community relations. “Golden 1 is inspired by the mission of Society for the Blind, and we are honored to help them continue to serve their community.”

For 67 years, Society for the Blind has created innovative ways to empower individuals living with low vision or blindness to discover, develop and achieve their full potential. Society for the Blind has grown from a dedicated group of volunteers to a nationally recognized agency and the only comprehensive rehabilitative teaching center that provides services for a 27-county region of Northern California. The non-profit provides low-vision eye care, life and job skills training, mentorship, and access to tools to maintain independence for nearly 6,000 youth, working-age adults and seniors experiencing vision loss each year. For more information or to donate, visit SocietyfortheBlind.org.

The Golden 1 Credit Union Community Grant Program funds nonprofits serving communities in the Sacramento and Central valleys that are working to address children’s literacy and transition-age foster youth. In 2021, the program awarded grants to 33 nonprofits in California. For more information, visit Golden1.com. ★

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Crossword Puzzle on Page 10

S	T	A	P	H		I	D	O		S	M	O	G
L	A	N	A	I		L	O	X		S	W	A	M
A	P	O	R	T		L	E	I		H	I	K	E
Y	A	N	K	E	E	S				D	I	A	M
			A	C	R		V	E	R	B			
O	F	F		H	I	F	I		A	B	H	O	R
S	I	R	E		C	A	R	B		Y	O	D	E
T	E	E	M		A	L	T	A	R		M	O	T
I	L	E	U	S		L	U	R	E		E	R	I
A	D	D	S	U	P		A	B	E	T		S	E
					R	E	A	L		V	I	A	
D	O	D	G	E	R	S		P	E	N	N	A	N
E	M	A	I	L		I	T	S		S	T	Y	L
B	I	L	L	Y		D	I	S		E	R	E	C
S	T	E	T			E	S	T		L	A	S	S

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CLUES

ACROSS

- Locker room infection?
- Vow at #41 Across
- Smoke plus fog
- Veranda in Honolulu
- Salmon on a bagel
- Hindu religious teacher
- To the left, on a boat
- Hula dancer's necklace
- Cheryl Strayed on the Pacific Crest Trail, e.g.
- *Winningest World Series team
- *Infield shape
- Acronym, abbr.
- Make or break, e.g.
- Repellent brand
- Minimal distortion
- Loathes
- Make children
- Low-___ diet
- Cry of the Alps
- Swarm like bees
- Location of #6 Across
- Tiny piece
- Lack of intestinal movement
- Siren's song
- Buffalo lake
- Makes sense, 2 words
- *Aid and ___ match
- *Game, ___ match
- Like time with Bill Maher
- Road, in Rome
- *Current baseball champions
- *Won in NLCS or ALCS
- Mode of communication
- * ___ Now or Never
- Styluses
- * ___ Martin, 5-time World Series champion
- Bad-mouth
- Upright in position
- Let it stand, to proofreader
- Is, in Paris
- Rodeo rope

DOWN

- Kill
- Spanish appetizer
- Any minute, arch.
- Winter cover
- Of advanced technology, colloquially
- Bad wishes
- Buck's partner
- Nitrous ___, a.k.a. laughing gas
- Sink or this?
- Type of shark
- Damien's prediction
- To put a girdle on
- Showing signs of wear and tear
- Writer ___ Jong
- Retirement plan acronym
- Like a Zoom session
- Port of old Rome
- * ___ of dreams?
- Let out of jail
- * ___ Classic
- *Runner's destination
- Frankincense and myrrh, but not gold
- Adjust, as laces
- Between rain and snow
- Outback birds
- Prickle on a wire
- *"Super" Christopher
- Definitely
- p in mpg
- Glittery decoration
- Digression
- Bone hollows
- Young female socialites, for short
- Fail to mention
- Earnhardt of racing fame
- Coating of aurum
- Attention-getting sound
- Pirates' affirmatives
- *ALCS counterpart
- *Nickname of Red Sox manager who won two World Series
- * ___ the season ...

Crossword Puzzle Solutions on Page 10

1	2	3	4	5	6	7	8	9	10	11	12
13					14			15			
16					17			18			
19					20		21	22			
							24				
25	26	27		28		29		30		31	32
35			36		37		38		39		
40					41			42		43	
44				45		46				47	
48					49		50		51		52
					53		54		55		56
57	58	59	60				61			62	63
65						66	67		68		
69						70			71		
72						73			74		

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Sudoku Puzzle on Page 10

3	6	5	9	4	8	2	7	1
7	2	8	5	1	3	4	9	6
1	9	4	2	6	7	8	3	5
8	5	2	7	3	6	1	4	9
4	3	9	1	8	5	6	2	7
6	1	7	4	2	9	3	5	8
2	7	1	6	5	4	9	8	3
9	4	3	8	7	1	5	6	2
5	8	6	3	9	2	7	1	4

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3			4			1
7	8	5				
1	4	2	7	8		
			6			9
	3				2	
6		4				
	1	6	4	9	3	
			1	5	2	
5			9			4

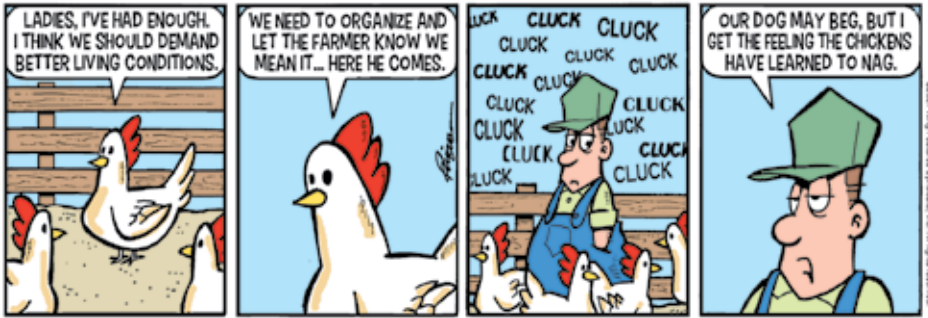
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Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

Solutions on Page 10

WEEKLY COMICS

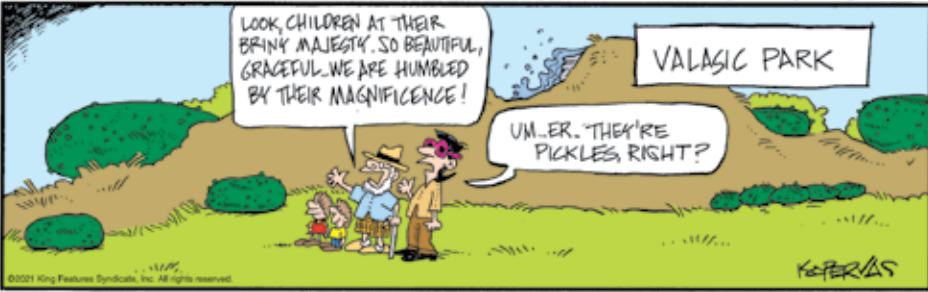
Amber Waves

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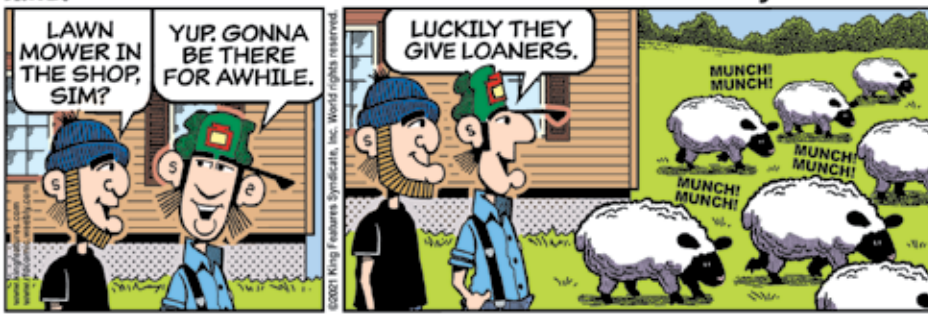
Out on a Limb

by Gary Kopervas



R.F.D.

by Mike Marland



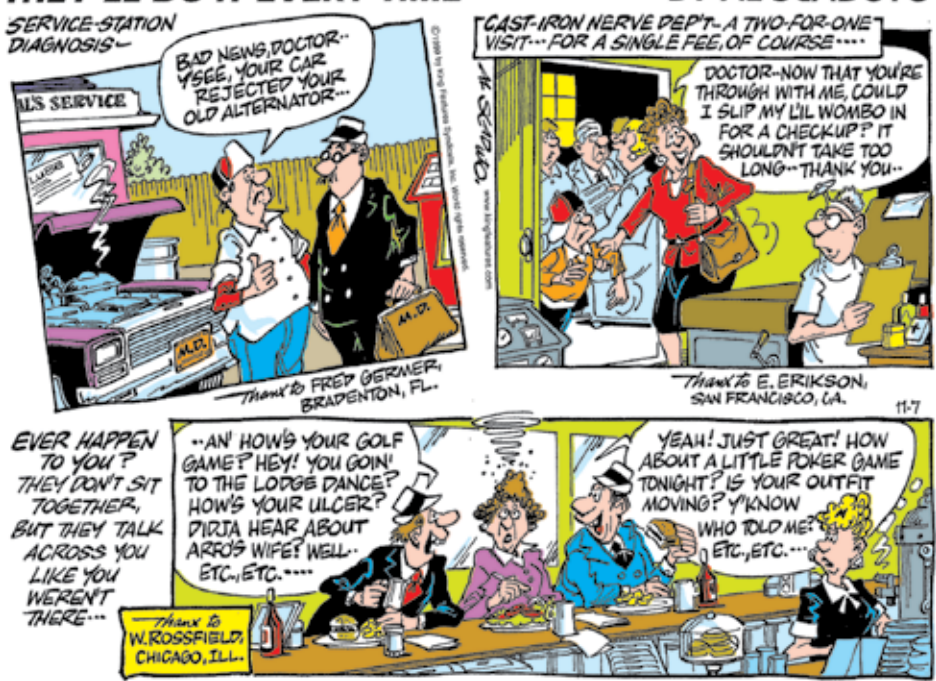
The Spats

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THEY'LL DO IT EVERY TIME

BY AL SCADUTO



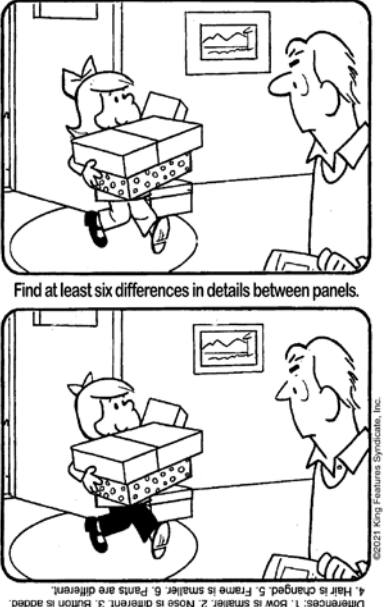
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What Parents Need to Know about Returning to School

By Kirsten Clausen,
Safe Schools for All

SACRAMENTO REGION, CA (MPG) - Five Key Reminders as California Schools Reopen:

California school districts are close to fully reopening for the 2021-22 school year. Seventeen of the 20 largest districts have reopened with the other three on schedule to reopen soon. By implementing the right precautions, such as wearing masks indoors, parents can feel confident about their children being back in school for full, in-person learning.

“With the help of scientists and medical professionals, we have gathered a lot more information about the coronavirus since it first hit America more than a year ago and those learnings are being applied to the new school year,” said Dr. Naomi Bardach, team lead for the Safe Schools for All program. “It is imperative that we work together to support learning and growth for all students by fully reopening schools, which play a vital role in our communities.”

“Living with the virus has become our reality and we are learning to adapt,” continued Dr. Bardach. “There will continue to be challenges this school year but with a multi-layered strategy in place – testing, vaccinations, masking, improved ventilation — we are confident this is the best path to safely returning to in-person learning.”

“As we dig into the school year, there are several things that parents should keep top of mind that will directly impact



By implementing the right precautions, such as wearing masks indoors, parents can feel confident about their children being back in school for full, in-person learning. MPG file photo

their children’s safety and well-being. Here are five key areas that I recommend paying close attention to,” recommended Dr. Bardach.

Vaccinations remain key to COVID-19 prevention in kids.

Medical research has shown that children are less likely to catch the coronavirus than older students and adults. Most children contract the virus from a close relative in their home, not from other students or school personnel. Vaccines substantially reduce the need for quarantines, especially in middle and high schools;

Remember all teachers

and staff in K-12 public and private schools are required to get vaccinated or undergo weekly COVID-19 testing.

The requirement to get vaccinated or weekly COVID-19 testing applies to the state’s 320,000 public school teachers and more than 250,000 support staff – from cafeteria employees to campus custodians – and at least 80,000 private school employees, according to the California Department of Education and labor unions. It will also pertain to school volunteers. These individuals will set the tone on our campuses and ensuring

their safety allows for more focus on the students.

School-associated cases are evidence that schools are screening out COVID-19.

Schools are creating safe spaces through layered approaches including testing and contact tracing which supports identifying cases, in addition to sending ongoing notifications to keep parents updated. Vaccinations for anyone 12 years of age and older and masks for all students supports schools in being safe spaces for students.

Schools reopening promotes mental and social-emotional health.

The last year and half has been a long and hard challenge for many of our students. The absence of school structure has led to social isolation and anxiety which severely impacts student’s social and emotional development. Research supports the reopening of schools to promote the mental, social-emotional and academic well-being of students. We must do all we can to mitigate the substantial effects of students remaining out of in-person learning. We want them back doing the things they love – socializing, spending time with their friends and playing sports.

The Delta variant remains a concern.

The presence of the Delta variant has created a need to increase testing capacity in many schools, although children are not the principal drivers of virus transmission. Vaccination is the best way to protect against the Delta variant. Unvaccinated children may safely return to school, but that makes other protective measures such as masking more important for them.

For more information and ongoing updates, parents can visit <https://schools.covid19.ca.gov/pages/parent-page>. ★

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848 U Street	1383	2 Acres	\$ 550,000
8125 Gold Pheasant Ct.	2240	1.16 Acres	\$ 710,000
1420 I Street	2089	.45 Acre	\$ 630,000
5923 West 2nd St.	2106	2.12 Acres	\$ 650,000
7425 26th St.	3525	1.2 Acres	\$ 725,000

Based on information from MetroList Services, Inc. for period of May 1, 2021 to August 30, 2021.
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