



Elder Abuse
on the Rise in
Sac County

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Father's
Day!



THE NEWS

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JUNE 18, 2021

SEE
INSIDE

ALL
ABOARD!



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DOG RECRUITED
INTO SEARCH DOG
RESCUE PROGRAM



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California Reopens

Things you need to know about COVID-19



California is opening, for now. Everyone hopes that the worst days of this virus are behind us. Photo courtesy Ketut-Subiyanto

By Ana B. Ibarra, CALMatters.org

Fifteen months after Californians faced their first COVID-19 stay-at-home order, most mandates will be lifted on Tuesday. And what a journey it's been – just months ago, hospitals were overwhelmed with severely sick people seeking scarce beds.

But while California's outlook is brighter, COVID-19 remains a very real threat. Even though the state's infection rate and hospitalizations are at an all-time low, the pandemic isn't over. People are still dying from COVID-19, just at lower rates than six months ago.

Restrictions like physical distancing and mask-wearing offered some protection to people who have not yet been vaccinated, and now that most of those are going away, infections are expected to start rising, said Dr. Kirsten Bibbins-Domingo,

an epidemiologist at University of California, San Francisco.

As of Friday, (June 11) 54.6% of eligible Californians – everyone 12 and older – have been fully vaccinated. Another 11% have received one dose.

But as vaccine demand fades, public health officials worry how new infections will play out among those not yet protected. Will the state see another uptick in cases? Who is vulnerable and where?

Here are six things you should know about where infections, deaths and vaccinations stand today.

At the peak of the pandemic, 17% of people in California tested for COVID-19 were infected. For about a month now, it's been under 1%.

Last week, California recorded between 792 to 1,136 new infections every day. That's comparable to the early days of the pandemic last

spring.

Hospitalizations also have been on a downward trend for several months. As of Friday, 1,263 people statewide were hospitalized with COVID-19 and another 261 were in intensive care. During the mid-January peak, more than 22,000 infected people were hospitalized and more than 4,800 were in ICUs.

It's a new record low: Hospitalizations are now less than half what they were in mid-October, when around 3,000 infected people were hospitalized, according to the 14-day average.

At one point in the winter, nearly two dozen counties had fewer than 10 available ICU beds. In many cases, hospitals had to turn away patients or transfer them to hospitals hundreds of miles away.

The tragedies, however, remain.

Continued on page 5

Sacramento County Recommended Budget Approved

By Kim Nava,
Sacramento County

SACRAMENTO COUNTY, CA (MPG) - The Sacramento County Board of Supervisors voted unanimously on June 10 to approve the \$6.5 billion recommended budget for Fiscal Year 2021-22.

"We are fortunate that in spite of the pandemic, the County is in relatively good fiscal shape for the upcoming fiscal year," said Board Chair Sue Frost, District 4 Supervisor. "This budget avoided significant reductions in programs and included new investments in a number of important areas."

The \$6.5 billion budget consists of \$2.437 billion in Enterprise and Special Revenue Fund expenditures (funded through utility rates, fees and other dedicated revenue), \$3.147 billion in General Fund, and \$947 million in Restricted Funds (funded with federal, State revenue dedicated for a particular purpose).

"We have been faced with many profound challenges both locally and nationally this past year," said Interim County Executive Ann Edwards. "The County was able to weather fiscal challenges last year and as we look forward to the next fiscal year, I am excited to implement initiatives, plans and processes to accomplish real change and advancement in the County."

"In this next fiscal year, we will sharpen the County's focus on diversity, equity and inclusion across County departments and in the community. Additionally, we will have a more robust community engagement element to our budget processes for FY 2022-23."

In addition to maintaining existing services, the budget reflects a commitment to:

Address equity and inclusion issues; **Address the needs of homelessness** on our community; **Provide an alternative to police response** to people experiencing mental illness; Address critical needs for **capital improvements in the Parks system** and at the Mather Community Campus; and, **improve the condition of County roads.**

The budget recognized new areas of growth, including annual commitments of:

\$12 million to fund a non-law enforcement Alternative Emergency Response to people experiencing mental health issues in the unincorporated County and all cities except for the City of Sacramento;

\$5.9 million to fund a Homeless Encampment Initiative designed to get people without housing in the

Continued on page 6

Update on Specialty Team Deployment of Body Worn Cameras

By Sergeant Rod Grassmann,
Sacramento Sheriff's Office

SACRAMENTO COUNTY, CA (MPG) - The Sacramento Sheriff's Office has completed its field-based personnel body worn camera implementation as of May 31, 2021, just slightly ahead of schedule and after a 3 year long process of requesting, budgeting and testing with the County Board of Supervisors. North, Central, East Patrol and Rancho Cordova Police Department, as well as the specialty teams of North POP, North HOT, Major Crimes, Special Enforcement Detail (SED) Gang Suppression Unit and Community Service Officers are utilizing body worn cameras

during the duration of their shift. Additional Sacramento County Sheriff's Office personnel will be outfitted with body cams pending Board of Supervisor budgetary approval.



Officers are utilizing body worn cameras during the duration of their shift.

The Sacramento County Sheriff's Office is proud of how our deputies provide service to the community they serve. We look forward to our new ability to showcase our deputy's professionalism and are confident recording their everyday activities and interactions with the community. The Sacramento Sheriff's Office is a leader in our profession, innovation and best practices. Body worn cameras will allow the Office of the Sheriff to remain on the cutting edge of technology while providing quality "Service with Concern" to the citizens of Sacramento County.

The Sacramento County Sheriff's Office is cognizant of the privacy concerns of our community. Our Deputies have been trained regarding the recording of victims of crimes. Victims can request the camera be turned off and the investigating deputy will in most instances honor that request. All body worn camera videos will be in compliance with the Public Records Act. ★

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Elder Abuse on the Rise in Sacramento County

By Kathleen Newton,
Northwest Media
Consultants

SACRAMENTO COUNTY, CA (MPG) - In the past year, Sacramento County officials received more than 18,000 reports of elder abuse, up 81% compared to just five years earlier.

According to Irene Chu, program planner for Sacramento County Adult Protective Services, elder self-neglect, financial abuse, psychological abuse and neglect by others make up the bulk of APS cases.

The 2020-21 abuse reports generated nearly 5,500 formal investigations. Of these, 41% involved self-neglect, followed by financial abuse, at 22%.

Chu said financial abuse can include internet or telephone scams involving identity theft, investment swindles, computer virus schemes and charity or family-member-in-need scams. Even worse may be swindles and theft by caregivers, which may leave the victims destitute.

Self-neglect cases can range from elderly people failing to take their medication to not being able to maintain healthful conditions in their homes or suffering from physical or mental disabilities that make it difficult for them to care for themselves. Homeless individuals are particularly vulnerable to self-neglect and abuse by others, she said.

Chu stressed that in nearly all cases of elder abuse and neglect, isolation is the key risk factor.

“It’s not just for those people living by



To spot financial abuse, look for sudden changes in the older person’s financial situation, such as: Suspicious changes in wills or powers of attorney; Financial activity the person couldn’t have done herself; Bills not being paid; Significant withdrawals or unusual purchases. MPG file photo

themselves. Even if an elder is living with family members or friends, he or she can be isolated. In some extreme situations, caregivers may take away their Social Security checks, block their contact with outsiders or keep them confined to the house because they don’t want people to know what they are doing.”

Chu said it is critical that people maintain constant contact with their elderly loved ones. “Keep calling them,” she said. “Make sure when you talk to your loved ones that you don’t sense

any hesitation when they are talking to you. Without communication, you won’t be able to see the signs of possible abuse.”

She urged people to learn and watch for the signs of elder abuse in their loved ones. She noted that APS social workers can link clients to services to help them live safely in their own homes.

If you have questions or suspect a problem, contact Sacramento County Adult Protective Services at (916) 874-9377.

To learn more about how

to prevent elder abuse, visit the Sacramento County Adult Protective Services website at <https://dcfas.saccounty.net/SAS/Pages/Adult-Protective-Services/SP-Adult-Protective-Services.aspx>. or go to <https://elderabuseawareness.c4a.info/>.

Watch for these signs of elder abuse: Lack of basic amenities; Cluttered, filthy living environment; Unexplained or uncharacteristic changes in behavior; Harassment, coercion, intimidation, humiliation; and caregiver

isolation of elder.

To spot financial abuse, look for sudden changes in the older person’s financial situation, such as: Suspicious changes in wills or powers of attorney; Financial activity the person couldn’t have done herself; Bills not being paid; Significant withdrawals or unusual purchases.

How to report suspected cases of elder abuse

If you believe an elderly person is in immediate danger, call 911. Otherwise, Sacramento County Adult Protective Services

(APS) has a 24-hour hotline for reporting abuse of older adults and disabled adults who may be physically or financially abused, neglected or exploited. Call (916) 874-9377.

To report suspected abuse of an elder in a nursing home, residential care facility for the elderly, or assisted living facility, contact California’s CRISISline at (800) 231-4024. During business hours call the local Long-Term Care Ombudsman Program of Agency on Aging Area 4 at (916) 376-8910. ★

To report suspected abuse of an elder contact California’s CRISISline at (800) 231-4024.

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County Shelter Dog Recruited into Search Dog Rescue Program

By Allison Harris, Sacramento County

SACRAMENTO COUNTY, CA (MPG) - Sacramento County's Bradshaw Animal Shelter intakes thousands of pets in the community each year. Most of these pets are reunited with their owners or are able to find loving forever homes to be adopted into. However, some shelter pets have a difficult time finding a normal adoptive home which is where the shelter's foster and rescue program steps in. The foster and rescue program works with local foster and rescue providers in the community to help shelter pets that need a little extra assistance on the way to their happy ending.

Foster care providers provide temporary care outside of the shelter to animals such as those too young for adoption, needing to recover from an illness or injury, for behavior modification, or just because they need a break from the stresses of shelter life. Rescue group partners are also a huge help as they pull shelter animals who otherwise have a difficult time being adopted due to age, medical condition or the need for behavioral modification that cannot be resolved in a foster home.

Recently, a shelter dog named Chapo was having a difficult time finding the perfect home to suit his mental and physical stimulation needs. After a month of no luck with potential adopters, shelter staff soon realized the Belgian Malinois would never be happy in a pet-only home due to his high energy,



Bradshaw Animal Shelter dog Chapo is a Belgian Malinois. Photo: Sac County

drive and intelligence. So, they reached out the National Disaster Search Dog Foundation (NDSDF). NDSDF is an organization based in Santa Paula, California that strengthens disaster response across America by rescuing and recruiting dogs and partnering them with firefighters and other first responders to find people buried alive in the wreckage of disasters.

"Groups such as NDSDF give dogs that have no chance of placement in a normal pet home an opportunity for a great outcome and a chance to truly thrive in the world," said Shasta Stratton-Quirk, the shelter animal care attendant who reached out to the rescue. "Because some dogs are not able to be adopted out through normal routes, it is the job of the foster and rescue team to find an outlet where they can reach their true potential. We cannot wait to see what the future holds for Chapo!"

After viewing videos of Chapo's amazing agility skills, drive and personality, NDSDF quickly arranged for a flight to

recruit him and he was on his way to Santa Paula. Thanks to the shelter's rescue partners and the care and dedication of our shelter staff, Chapo is on the path to have a greater purpose to help save the lives of others. In the meantime, NDSDF is letting him settle into his new environment. They report that Chapo is working on obedience training and manners, learning fitness exercises, playing with and meeting his trainers, and will enjoy a trip to their "doggy day spa" where he will receive a well-deserved bath and nail trim.

To learn more about the shelter's foster and rescue program or becoming a foster care provider, visit the fostering webpage. To watch Chapo's recruitment video, visit the Bradshaw Animal Shelter's Facebook page.

Bradshaw Animal Shelter is located at 3839 Bradshaw Rd, Sacramento, CA 95827. For more information visit animal-care.sacounty.net/Pages/default.aspx ★

SAFE CU Adds New Board Members

By Micah Grant, SAFE Credit Union

FOLSOM, CA (MPG) - SAFE Credit Union is pleased to announce two new board members have been appointed to its Board of Directors. Sonia Lewis and Donald Ball bring decades of experience in leadership positions to support SAFE's mission and serve its members.

SAFE board members serve on a voluntary basis and work with SAFE's executive management to ensure every decision is made with members' financial well-being in mind and that SAFE complies with all credit union bylaws and government regulations. Directors lead SAFE's commitment to helping our region thrive.

"Don Ball and Sonia Lewis will bring fresh perspectives and welcome insights from their years of executive-level leadership," says Terrance Tremelling, chair of the SAFE Credit Union Board of Directors. "I look forward to working with both of them as we position SAFE to be a leading financial institution and influence in the Greater Sacramento region."



Sonia Lewis

Sonia Lewis is a highly skilled collaborative leader known for adeptly navigating challenges to achieve better results. Her expertise includes executive leadership development; diversity, equity, and inclusion; performance management, and finance. With nearly 20 years of multinational company

experience across high-tech, management consulting and financial services, plus years of board and public sector service, Sonia brings deep executive-level experience and broad perspective to the SAFE Credit Union Board.

She previously served as Board Vice Chair for an education nonprofit and chaired the Strategic Planning Committee. She also was a member of Intel's Black Leadership Council and its Black Network of Executive Women – both focused on fair representation, inclusion, career development, progression and retention of African American employees to accelerate business impact and results.

"I'm passionate about SAFE's mission to look out for the financial security of our members by ensuring they are well taken care of," says Lewis. "Financial literacy is a passion of mine. SAFE is an opportunity for me to give back, learn, and share my knowledge with (the) membership."

Lewis is also committed to being a steward of SAFE's initiatives to improve diversity, equity, and inclusion in the workplace and in serving its members. "DEI is something that's very important to me as well," she says.

Lewis earned an MS in Business with concentrations in Finance & Management from Johns Hopkins University and a BA in Economics/Business from the University of California, Los Angeles (UCLA), graduating Phi Beta Kappa with Honors.

Don Ball has had a distinguished career in finance. He was recently the chief financial officer for family-owned Foster Poultry Farms LLC, the leading chicken and poultry provider for the Western United States and currently serves on the



Don Ball

Board of Directors for Crystal Creamery-Foster Farms' Dairy. He was also the chief financial officer of VSP Global, a fully integrated eye care company operating in 100 nations and \$5.3 billion in revenue.

"Being on the board is about service to SAFE's members," Ball says, "and I look forward to that opportunity to serve. I have focused much of my career in family-owned or private companies, which has allowed me to broaden (my) financial experience while also being more customer focused. I look forward to bringing that experience to SAFE."

As a senior executive with 40 years of experience, Ball has led all aspects of finance, accounting, tax, treasury, audit, and underwriting. He also has extensive corporate governance experience, serving as a representative of the VSP Global Board of Directors, Finance, Retirement, Public Policy, and Audit committees. Prior to his work with VSP Global, Mr. Ball was SVP and CFO of Raley's grocery stores, including the Sunnyside and Bayview brands.

Ball also extends his leadership and insights to area nonprofits, including as a former board member of Make-A-Wish Foundation Sacramento and Northern California. He has been a frequent guest lecturer at CSU Sacramento. He earned his MBA from Pace University in New York City and a BS from Marist College. ★

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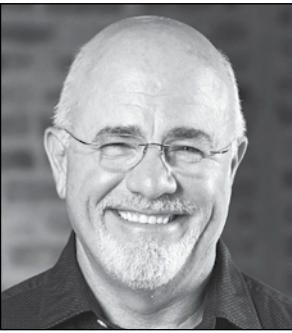
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Dave Ramsey Says

Dear Aaron

Just remember the debt snowball – pay off your smallest to largest. In your case, that means knocking out the credit card debt completely, and then attack the car loan with a vengeance. It will be a lot easier once you're rid of that credit card debt. A \$10,000 car with a \$45,000 income isn't unreasonable, but don't mess around and let that note hang around longer than absolutely necessary.

My rule of thumb when it comes to things with motors, wheels – I'm talking about big toys, here – is when they're all added together, they shouldn't equal more than half your annual income. You don't want that much money wrapped up in things that are going down in value.

– Aaron

You're in no danger of that here, but at this point you're so close to being debt-free you can practically taste it.

Follow the plan, Aaron. And stay focused and intense about becoming debt-free. You're almost there!

– Dave

Dave Ramsey is a seven-time #1 national best-selling author, personal finance expert, and host of The Ramsey Show, heard by more than 18 million listeners each week. He has appeared on Good Morning America, CBS This Morning, Today Show, Fox News, CNN, Fox Business, and many more. Since 1992, Dave has helped people regain control of their money, build wealth and enhance their lives. ★

LifePointe Church

Invites Children to Rocky Railway VBS: Jesus' Power Pulls us Through

A summer kids' event called Rocky Railway VBS will be hosted at LifePointe Church from June 28th to July 2nd. At Rocky Railway, kids discover through life's ups and downs that Jesus' power pulls us through. Kids participate in memorable Bible-learning activities, sing catchy songs, play teamwork-building games, engage in fun snack-eating experiences, take part in one-of-a-kind Bible Adventures, collect Bible Memory Buddies to remind them to trust Jesus, and test out Sciency-Fun Gizmos they'll take home and play with all summer long. Plus, kids will learn to look for evidence of God all around them through something called God Sightings. Each day concludes with the Rock Wrap-Up that gets everyone involved in living what they've learned. Family members and friends are encouraged to join in daily for this special time at 8:00 pm.

Rocky Railway is for kids from Nursery to 6th grade and will run from 6:00 pm to 8:30 pm each day. There will also be an



opportunity for parents to 'hang out' on campus, while your children are at VBS. Open to any parents/guardian that wish to stay for coffee, snacks and conversation.

Kids at Rocky Railway VBS will join a mission to help with an offering for our sponsored child Amio, in Bangladesh.

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Newsom Owes Apology for EDD's Failings?



By Dan Walters
CALMatters

Were Gov. Gavin Newsom as humble as he often proclaims to be, he would interrupt his “California Comeback” campaign long enough to issue a personal apology to hundreds of thousands of Californians who remain mired in the managerial meltdown at the Employment Development Department.

Yes, as Newsom constantly reminds us, the threat from COVID-19 has diminished and the state’s battered economy is slowly recovering. Nevertheless, California has the nation’s second highest unemployment rate and well over a million California workers are still jobless, many of whom qualify for unemployment insurance benefits — if they can ever get their applications resolved.

Journalists who write about economic issues, including yours truly, receive steady streams of emails from frustrated claimants who can’t get their calls answered and/or have their benefits frozen for reasons that are never explained.

A lengthy message from “Lindsay” typifies the sad syndrome. She worked for a travel agency before

being laid off last year and has been dealing with the EDD bureaucracy, or trying to deal, ever since, even after returning to parttime work. One passage:

“It wasn’t until April 22nd that I got my back pay for the previous 6 1/2 weeks I went without a dime. Mind you during this time I had lost my car insurance 2x, missed being able to celebrate Christmas or buy gifts, couldn’t pay rent or really eat. I barely take home \$600 twice a month from work too.

“After the last back pay I received it wasn’t even a full week before realizing I had not received any money from EDD. I guess because I had this \$1,500 in back pay that was deposited. I hadn’t really calculated the fact that I was missing 2 of my weeks that I just certified for and logged in to my (unemployment insurance) account to see that EDD had randomly disqualified me for 2 weeks of pay without any reasoning, no information sent to me or emailed, and this occurred without notifying my employer.

The problems with EDD first surfaced 14 months ago, when the economy was shutting down due to Newsom’s emergency orders, and Newsom promised to fix them. “We have to meet the moment,” he told reporters then. “We have to provide more support.”

In fact, however, the glitches continued and became steadily worse. The most recent EDD bulletin says it has a backlog of nearly 230,000 unresolved claims, a number that has

been growing lately, not shrinking.

When Newsom launched his California Comeback campaign with a lavishly choreographed State of the State speech in March, he obviously meant it to blunt a recall campaign aimed at short-circuiting his political career.

He touted progress on dampening the pandemic and rebuilding the economy and closed with “Our hopeful vision of our brighter future is the basis for the decisions we make today. We place faith over fear — optimism over pessimism. The power is in our hands.”

Newsom did not, however, even mention the never-resolved crisis at EDD that he had promised to repair nearly a year earlier. The revised state budget he unveiled in May does mention it, saying blandly, “The pandemic has exposed many of EDD’s antiquated processes and outdated infrastructure, resulting in a delay or inability for many Californians to access (unemployment) benefits.”

Duh. Everybody, including Newsom, knew that more than a year ago. Subsequently, EDD managed to hand out billions of dollars to fraudsters while jobless workers like Lindsay have suffered economic stress because he didn’t make good on his promise, which is why he owes them a humble apology.

Dan Walters has been a journalist for nearly 60 years, spending all but a few of those years working for California newspapers. ★

Elder Abuse

We don't talk about it, but there are more than 200,000 cases in California annually

- ◆ Physical Abuse
- ◆ Sexual Abuse
- ◆ Financial Abuse
- ◆ Mental Abuse
- ◆ Neglect
- ◆ Abandonment
- ◆ Isolation

Learn the signs and break the silence

ElderAbuseAwareness.c4a.info

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This space could belong to your Church Call Today The Rio Linda News 916-991-3000	LIFEPOINTE FAMILY OF CHURCHES 7200 Rio Linda Blvd. lifepointenaz.com 916.991.4624 2 SERVICES AT OUR RIO LINDA CAMPUS 9AM TRADITIONAL SERVICE 10AM CONNECTION GROUPS Bible Study • ‘The Family’ S.W.A.G. Youth • FamilyKidz 11AM CONTEMPORARY SERVICE Nursery 0 – 3years Clubhouse Kidz 4 years – 6 grade		Church of Christ <i>Worship God’s Way</i> Minister Eric Smith 6818 4th Avenue Rio Linda, CA 95673 991-2668 Church 10:30am	North Metro Church of Christ 4191 Norwood Ave., Sacramento 95838 916-923-1147 Minister Pete Savage SUNDAY Bible Classes: 10:00am Worship: 11:00am Worship: 6:00pm Wednesday Bible Classes: 7:00pm
First Baptist Church Elverta 112 West Delano St., Elverta Pastor Peter Ceccardi 9:45am, Sunday Bible Study 11:00am, Sunday Worship and Kids Church 6pm, Sunday Night Bible Study 5:30pm Sunday Youth Program 6-7pm Dinner & Wed. Worship AA meets Mon. 10-11am email: Peter@fbcelverta.org	RIO LINDA COMMUNITY UNITED METHODIST CHURCH 6800 6th St. (Corner of 6th & M) Rio Linda 991-1638 Pastor Carolee Catterall Sunday School: 9:30am Worship Service: 11:00am	Rio Linda Seventh Day Adventist Church 7535 - 10th St. and U Rio Linda Sabbath School: 9:15am Worship Services: 11:00am	NEW LIFE CHRISTIAN CHURCH 2037 Elkhorn Boulevard 991-3001 Sunday School: 9:45am Sunday: 10:45am Sunday Evening: 6:00pm Wednesday: 7:00pm Pastor James A. Duncan	LIBERTY MINISTRIES CHRISTIAN FELLOWSHIP Pastor Shannon Fannin Liberty Ministries extends an invitation to come and join us for Celebration Worship Saturday 6:30pm Sunday 10:00am Call for info on Child Care. Preschool. Youth Xtreme and Food Closet. 922-6442 4840 Marysville Blvd.

It's My Tongue I'll Wag It If I Want To

By Rev. James L. Snyder

Like everybody else, I have my share of trouble. It's not that I want to get into trouble, but trouble always seems to be somewhere near where I am at the time. I regret that time when I was first introduced to trouble.

This tongue of mine has been the most significant source of trouble and problems through out my life. As I get older, it seems to get worse.

A preacher friend of mine would talk about one of the older women in his church, and he said, "I often wondered if this woman ever had an unexpressed thought in her life."

I have not yet learned that because I'm thinking about something, I do not need to speak it. Thinking doesn't get me in trouble; speaking gets me into deep trouble.

Sometimes when the Gracious Mistress of the Parsonage is speaking to me, I speak out loud without realizing it. Then comes the infamous, "What did you say?"

Whenever I hear this, I know I'm in some kind of trouble. Either I didn't hear it right, or I did hear it right, and I responded.

As a veteran husband, I

should understand that she does not expect an answer whenever she asks a question. All she wants from her husband is a positive shaking of the head and a greasy smile.

I know this, but sometimes I forget. If only I could train my tongue when to speak and when not to speak. There are times when that old tongue of mine will wag and wag, getting me into deep trouble.

One morning right after breakfast, I was getting ready to leave when my wife said, "When will you be ready to do that job?"

I looked at her quizzically and said, "What job?"

She stared at me for a moment and then said, "You know. What we were talking about last night as we were watching TV."

I had no idea what she was talking about. I could remember watching TV the night before, but I had no idea what the conversation was about.

"You don't mean to tell me you've forgotten already?"

Last night while watching TV, she talked about some projects she had in mind, and I wag my tongue in affirmative action. She assumed I knew what she was talking about and that I had agreed to that plan.

If only my tongue had ears,

I might not get into so much trouble.

Now, I need my tongue to wag in a way to get me out of the trouble it got me into while it was wagging the night before.

How many right wags does it take to correct one wrong wag?

It would be wonderful if my tongue were attached somehow to my ears. Or maybe, better yet, to my brain.

In my dilemma, I thought of a verse of Scripture. "Even so the tongue is a little member, and boasteth great things. Behold, how great a matter a little fire kindleth!" (James 3:5).

Once you say something, it is impossible to unsay it. My tongue has got me into more trouble than all the other things in my life. But there's one thing about my tongue that can compensate for this. I can use my tongue to praise the God who created me.

Dr. James L. Snyder is pastor of the Family of God Fellowship, 1471 Pine Road, Ocala, FL 34472. He lives with his wife in Silver Springs Shores. Call him at 352-687-4240 or e-mail jamesnsnyder2@att.net. The church web site is www.whatafellowship.com. ★

Social Security Matters

Will My UK Pension Affect My US Social Security?



By Russell Gloor, AMAC Certified Social Security Advisor

Dear Rusty: I am 57 years old, was born in the UK, and since 1988 have worked in the US. I have always paid US taxes and Social Security. For the last 20 years, my annual income has typically been well north of \$100K. In recent years I have made voluntary payments to the UK National Insurance system looking to claim a retirement benefit from the UK as well as from the US. My concern is that if I claim the UK benefit, this will affect my US Social Security claim. Any insight you can share will be appreciated. **Signed: Worried**

Dear Worried: If you have 30 or more years of U.S. employment where you paid into Social Security via payroll taxes on "substantial" earnings, your U.K. pension will not affect your U.S. Social Security benefit when you claim it. Social Security's definition of "substantial" earnings is different for each year but, generally, if you worked full time in the U.S. and paid into Social Security via payroll taxes since 1988, the so-called



Windfall Elimination Provision (WEP) won't affect your US Social Security benefits.

Here is a link to Social Security's WEP definition which includes a table of "substantial" earnings needed to count for WEP purposes: www.ssa.gov/pubs/EN-05-10045.pdf. The document at this link also describes how WEP works if you have less than 30 years of substantial U.S. earnings. With less than 30 years of substantial earnings on which you paid into Social Security your U.S. benefit will be reduced due to your U.K. pension. The amount of reduction would depend upon how many years of substantial SS-covered earnings you have, but in no case can the reduction be more than 50% of your U.K. pension. If needed, you can get your Earnings Statement from Social Security, which will show your actual taxable SS earnings for each year to compare against the WEP substantial earnings chart found at the above link. The easiest way to get your Earnings Statement is via your "My Social Security" online account. If you haven't yet set up your personal online account

with SS, you can easily do so at this link: www.ssa.gov/myaccount.

So, the bottom line is this: If you have contributed to U.S. Social Security from "substantial" earnings for at least 30 years, your Social Security benefit will not be affected by your U.K. pension; if you have less than 30 years of contributions to SS, it will. As you may know, you cannot collect your U.S. Social Security until you are at least age 62, but if you claim at that age your benefit amount will be reduced by 30%. You'll reach your full retirement age at age 67, and that is the point at which you will get 100% of what you've earned by working in the U.S. – subject to WEP reduction only if you have less than 30 years of contributions to Social Security.

This article is intended for information purposes only and does not represent legal or financial guidance. It presents the opinions and interpretations of the AMAC Foundation's staff, trained and accredited by the National Social Security Association (NSSA). NSSA and the AMAC Foundation and its staff are not affiliated with or endorsed by the Social Security Administration or any other governmental entity. To submit a question, visit our website (amacfoundation.org/programs/social-security-advisory) or email us at ssadvisor@amacfoundation.org. ★

California Reopens

Continued from page 1

Fifty-five more people were added Friday to California's pandemic death toll, which now includes 62,593 people.

In the past few weeks, California has recorded among the lowest numbers in daily COVID-19 deaths, with numbers similar to April 2020.

About two-thirds of eligible residents have received at least one dose of the vaccine. And as the governor likes to remind us, California has administered almost 16 million more doses than the next most populous state, Texas.

State health officials don't set a vaccination goal for herd or community immunity, since children under 12 – 15% of the population – cannot yet be vaccinated and previously infected people may already be protected.

But experts say that 70% to 85% of the total population must be fully vaccinated to reach large-scale protection against the virus.

The state tracks vaccination progress for those eligible by county. As of last week, Marin County led with 75% vaccinated among its 12 and older population. Lassen County ranked last with 22%. The top six counties with the highest percentage of vaccinated populations are in the Bay Area.

Experts say another wave of infections is possible. But they add that it probably won't be as severe as the past surges, when labs were overwhelmed with tests and hospitals exceeded their capacity.

Dr. Mark Ghaly, the state's health and human services secretary, said he expects to see outbreaks, especially in counties with lower vaccination rates. "It's at those moments of an outbreak that we need to be ready to vaccinate additional people," he said.

About 56.5% of Black residents and 55% of Latinos have not been immunized, compared to 38% of white residents and 15.5% of Asian Americans, according to the state's vaccination breakdown.

That means the groups that were harmed the most by the virus are still facing the most risk. Mistrust in the health system and vaccine hesitancy

are barriers, but experts say access issues, like the inability to take time off work and lack of transportation are likely the bigger issue.

A significant portion of California's seniors – about 1.5 million of them – have not yet been vaccinated, despite being among the most vulnerable to the virus. Seniors make up almost 16% of the state's population, but 73% of COVID-related deaths. Still, 22% of them have not been vaccinated.

People 65 and older have been eligible for shots since mid-January, although the first few weeks were riddled with confusion and supply issues.

Many seniors may be facing access issues. If they don't drive, they likely rely on family members' schedules. If they are ill or homebound, they might be waiting for public health departments and providers to come to them.

Experts say it also will be important to see how infections play out among kids, many who will be heading back to the classroom soon for the first time in a long time. About 34% of children ages 12 through 17 have received at least one dose.

Vaccines for the approximate 6 million children in California younger than 12 years may not be available well until the fall. Last month, Pfizer said it expects to seek emergency use authorization from the Food and Drug Administration for its vaccine for kids 2 to 11 years old in September.

Ghaly said there are two reasons people may need booster shots – waning immunity and the need for additional protection because of a more dangerous variant.

"I pray that it is very unlikely that it's the variant problem," Ghaly said. But if needed, California is ready to re-up mass-vaccination efforts, he said.

Like with many other diseases, immunity from vaccination can decrease eventually, but because COVID-19 is new, it's unclear how long protection will last.

Ana is a Sacramento-based health reporter. She joined CalMatters in 2020 after four years at Kaiser Health News, where she covered California health care and policy. ★

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Sacramento County Recommended Budget Approved

Continued from page 1

unincorporated County off the streets and into temporary and eventually permanent housing; \$5 million to fund the Probation Department’s Monitored Pre-trial Release Program;

\$6.8 million to fund continued efforts to meet the County’s obligations under the Mays Consent decree regarding conditions of confinement in the County’s jails;

\$6.4 million in grant funding for the epidemiology and Laboratory Capacity (ELC) Enhancing Detection Expansion Program in Public Health that supports epidemiology and laboratory services for COVID-19 and to prepare and address other emerging infectious diseases;

\$2.5 million to fund an additional Foster Care Unit, two additional Emergency Response Units and two additional Public Health Nurses in Child Protection Services, which will reduce caseloads per social worker;

\$2.2 million for increased processing costs related to organic solid waste;

\$1.2 million to fund the Public Defender’s Pre-Trial Release and Expungement programs, which assists offenders who have served their term expunge their records in order to get housing and jobs.

One-time growth included:

Transfer of \$22.5 million from the General Fund and the Roads Fund to spend on County road pavement rehabilitation projects where the road is on the verge of needing much more costly full reconstruction;

\$4.4 million to cover the cost of the special gubernatorial recall election that is likely to occur in FY2021-22;

Transfer of \$4.4 million from the General Fund to the Parks Construction Fund to begin addressing the \$72 million backlog in Regional Parks capital needs;

Transfer of \$1 million from the General Fund to the Capital Construction Fund to start addressing the \$11 million backlog in

Mather Community Campus capital needs. If resources are available, the plan is to transfer an additional \$4 million in the September Final Budget.

The recommended budget included approximately \$5.3 million in program expenditure reductions. The reductions were primarily categorical reductions, meaning the reductions are due to a reduction in State or federal revenue. There are also non-categorical reductions, which are reductions that departments have indicated that the reduction will improve efficiency or not have a negative impact on services provided by the department. The departments with the largest reductions include:

Probation, with a \$4.4 million reduction due to completion of the Monitored Pre-trial Release Pilot Program, which had been funded for two years with State grant and Realignment revenue. However, funding for this program, which is no longer a pilot, is restored by a recommended growth request funded by \$3 million in County costs and \$2 million in remaining State grant funds.

Sheriff, with a \$428,000 reduction in expenditures due to the end of the Department of Justice Tobacco Grant funding. This will eliminate the Tobacco Abatement Team, which worked to mitigate juvenile tobacco use through education and proactive enforcement.

For details, read the County Executive’s Budget Letter or view the budget documents on the Office of Budget and Debt Management website.

The numbers on the Recommended Budget will change between now and September, when the County receives new information, including the impact of the State Budget and updated revenue totals. The Final Budget will come back to the Board of Supervisors in September for review and adoption.

By the Numbers: \$6.5 B: Total Budget; \$3.1 B: General Fund; \$2.4 B: Enterprise and Special Revenue; \$947 M: Restricted Funds; 12,760: Number of Employees. ★

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Robert Reisig
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Depot/Visitors Center, 6730 Front Street


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The Park Board meets on the third Wednesday of each month at 6:30 pm
in the Community Center, 810 Oak Lane, Rio Linda.

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Support Staff: 566-1745
Board of Trustees:
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• Area 3. Christine Jefferson • Area 6. Rebecca Sandoval

ATTN: Rio Linda / Elverta Ratepayers

- Our Local Water District sent out the Prop 218 letter for Increasing OUR Usage Fees - These two Bills “SB606 & AB1668” which Jerry Brown passed in 2018 for Indoor Usage ONLY. It is Clearly written in these bills - Our State must still Work On Outdoor Usage per lots sizes and as they stated take in Consideration for hotter region such as Our’s.



“We will also lose our 600 cu ft we now get free through our district!”

WE MUST know what WE Can Use Outdoors! - Protest this Usage Fee Increase

Print Protest Letter rlcwwdratepayers.com



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Slip in Small-Business Optimism Draws California Comment

By John Kabateck,
National Federation
of Independent Businesses

SACRAMENTO, CA (MPG) - Small-business optimism hit a bump in the road in May, according to the release of the National Federation of Independent Business' Small Business Economic Trends report, also known as the Optimism Index.

"May saw a slight pause in the recovery of small business optimism after steadily increasing each month in 2021," said a national news release issued by NFIB. "As reported in NFIB's monthly jobs report, a record-high 48% of owners reported unfilled job openings."

Commenting locally, John Kabateck, NFIB California's state director said, "This is not the type of news we would have preferred hearing heading into the vacation months in our state's tourist-heavy economy. I think some warning lights, if not alarm bells, should be raised especially for our State Legislature. Let's hit the pause button on the many proposals to increase regulations long enough to let the economy sort itself out – Not that I'm expecting them to do so, but California is the land of dreams."

From NFIB Chief Economist Bill Dunkelberg - "The labor shortage is holding back growth for small businesses across the country. If small business owners could hire more workers to take care of customers, sales would be higher and getting closer to pre-COVID levels. In addition, inflation on Main Street is rampant and small business owners are uncertain about future business conditions."

Other key findings include: Five of the 10 Index components improved, three declined, and two were unchanged. The NFIB Uncertainty Index decreased one point to 79. Job creation plans over the next three months rose to a net 27%, up six points. Owners expecting better business conditions over the next six months fell 11 points to a net negative 26%. Earnings trends over the past three months declined four points to a net negative 11%.

Keep up with the latest on California small-business news at www.nfib.com/california, where this release can also be read, or by following NFIB on Twitter @NFIB_CA or on Facebook @NFIB.CA.★

Ask Toni

Is the Donut Hole Getting You!!



Toni King

Toni:

Last year, my husband got into the "donut hole" in September. I can see from the Part D statement he receives monthly that he is rapidly approaching the donut hole and it is only the begin-

ning of May. He has only added one new prescription, Xarelto since last year and is entering the donut hole earlier than last year.

We can afford his co pays of \$180 per month, that he paid at the pharmacy. The monthly Part D statement says the prescription drugs cost is \$1250 per month. This confuses me?

Please give me options to help control this cost!

~ Thanks Jennifer from Dallas, TX

Jennifer:

Your husband's prescription drug problem is a typical problem since the cost of brand name prescriptions such as Xarelto have risen dramatically. You can afford his \$180 co pays, BUT... have no idea that the true cost of his prescription drugs is now \$1250 each month.

Once his Medicare Part D prescription drug plan and the co pays he pays totals \$4130 for 2021 for his covered drugs, then your husband has entered the famous "Donut Hole" or coverage gap.

He must pay to \$6550 to get out of the "Donut hole". He will pay 25% cost for a brand name drug and the brand name drug manufacturer will pay 70% of that covered brand name drug cost with the remaining 5% cost paid by the prescription drug plan which he enrolled in.

What happens if your brand name drug is not a "covered" brand name drug on your specific Part D plan? Your husband will have to pay 100% of that brand name drug.

Generics cost a considerable amount less and for 2021, the cost is a 25% co pay of the generic cost instead of 25% co pay for the cost of an expensive brand name

prescription drug when in the "Donut hole".

That is why it is important when choosing a Medicare Part D prescription drug plan whether beginning Medicare for the first time or during Fall's Medicare's annual enrollment period to be sure all prescriptions are covered on one's Medicare Part D plan.

Do research prior to enrolling in a Part D because one cannot change if the wrong choice for a Part D plan is made until Medicare's next annual enrollment period which is from October 15th to December 7th every year.

January 1 of each year, the process starts all over again, with a new Medicare Prescription Drug plan and different costs, deductibles, and a new Donut hole.

Toni's Tips to help you stay out of the Donut Hole or not get in it as soon!

1. Visit www.medicare.gov when selecting a Medicare Part D plan whether it is your first time or changing during Medicare's Annual Enrollment Period in the fall. This is an accurate way to view the cost of drugs and which plan and pharmacy is most cost effective.
2. Talk to your doctor or doctors about which brand name drugs can be changed to generics.
3. Get samples from your doctor.
4. See what generics are on GoodRX.com website or in a \$4 or \$5 generic prescription drug programs at HEB, Wal-Mart, and Costco etc.... Pay for the generics out of your pocket.

5. Sign up for Toni's newsletter and receive a "free" copy of the new Medicare Prescription Drug Survival Guide e-book version at www.tonisays.com.

2021 Confused about Medicare and LTC Zoom webinar is Thursday, June 24th at 4:00 PM. Visit www.tonisays.com to sign up for Toni's new webinar event.

Toni King, Medicare author/advocate is giving a \$5 discount to the Toni Says® readers on the new 2021 Medicare Survival Guide® Advanced book at www.tonisays.com. Have a Medicare question? Call 832/519-8664 or email info@tonisays.com. ★

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FBNF2021-04432 Rosita R White, 1469 Dreamy Way, Sacramento, CA 95835 & Edgar R White, 191 Bill Bean Circle, Sacramento, CA 95825 are doing business under the Fictitious Business Name(s) "The Whiteflower Enterprise" 1469 Dreamy Way, Sacramento, CA 95835. Filed with the Clerk of Sacramento County May 7, 2021 Publish: May 28 and June 4, 11, 18, 2021
WHITE 80201 6-18-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-04429 Jerry A. Carlson & Michelle L. Carlson, 4921 Engle Road, Carmichael, CA 95608, are doing business under the Fictitious Business Name(s) "Big Valley Living" 4921 Engle Road, Carmichael, CA 95608. Filed with the Clerk of Sacramento County May 27, 2021 Publish: May 28 and June 4, 11, 18, 2021
BIG 180201 6-18-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-04752 Reza Baratzadeh, 3510 Spring Rose Way, Sacramento, CA 95827 is doing business under the Fictitious Business Name(s) "Express Towing" 9461 Jackson Road, Sacramento, CA 95826. Filed with the Clerk of Sacramento County May 18, 2021 Publish: May 28 and June 4, 11, 18, 2021
EXPRESS 180201 6-18-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-04689 SQY Inc, 8760 Center Parkway, #340, Elk Grove, CA 95758, is doing business under the Fictitious Business Name(s) "SQY Autos Inc" 8732 Fruitridge Road, Unit 17, Sacramento, CA 95826. Filed with the Clerk of Sacramento County May 17, 2021 Publish: May 28 and June 4, 11, 18, 2021
SQY 180201 6-18-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-04632 Ascendio Group LLC, 1267 Willis Street, Suite 200, Redding, CA 96001 is doing business under the Fictitious Business Name(s) "Ascendio Adventures" 2111 J Street, Suite 313, Sacramento, CA 95816. Filed with the Clerk of Sacramento County May 13, 2021 Publish: May 28 and June 4, 11, 18, 2021
ASCENDIO 180201 6-18-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-04520 Jason Perry Sr., 3068 Spoonwood Way, Sacramento, CA 95833 is doing business under the Fictitious Business Name(s) "Wildlife and Rodent Removal" 3068 Spoonwood Way, Sacramento, CA 95833. Filed with the Clerk of Sacramento County May 11, 2021 Publish: May 28 and June 4, 11, 18, 2021
WILDLIFE 180201 6-18-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-04170 Kristine Reavis, 5137 Kipp Way, Carmichael, CA 95608 & Erin Griffin, 6025 Tall Brave Court, Citrus Heights, CA 95621 are doing business under the Fictitious Business Name(s) "Boujee Bounce" 5137 Kipp Way, Carmichael, CA 95608. Filed with the Clerk of Sacramento County April 30, 2021 Publish: May 28 and June 4, 11, 18, 2021
BOUJEE 180201 6-18-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-04587 Mash Rayeen, 2707 La Verda Court, Apt. 60, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Halal Grill Express" 2707 La Verda Court, Apt. 60, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County May 12, 2021 Publish: May 28 and June 4, 11, 18, 2021
HALAL 180201 6-18-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-04761 Aqua Vault, LLC, 11417 White Rock Road Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name(s) "Aqua Vault LLC" 11417 White Rock Road Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County May 18, 2021 Publish: May 28 and June 4, 11, 18, 2021
AQUA 180201 6-18-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-04767 Sandra Marcela Rodriguez, 8986 Mooney Road, Elk Grove, CA 95624 is doing business under the Fictitious Business Name(s) "Sandra Hair Tech" 947 Enterprise Drive, Suite D, Studio 2, Sacramento, CA 95825. Filed with the Clerk of Sacramento County May 18, 2021 Publish: May 28 and June 4, 11, 18, 2021
SANDRA 180201 6-18-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-04768 Francisco Paul Perez, 8 Seine Court, Sacramento, CA 95826 is doing business under the Fictitious Business Name(s) "Lord Cisco Salon" 947 Enterprise Drive, Suite 22, Sacramento, CA 95825. Filed with the Clerk of Sacramento County May 18, 2021 Publish: May 28 and June 4, 11, 18, 2021
LORD 180201 6-18-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-04633 Michael R. Jackson, 6140 Gloria Drive, #18, Sacramento, CA 95831 is doing business under the Fictitious Business Name(s) "Next Level International, Michael Diamond Enterprises" 6140 Gloria Drive, #18, Sacramento, CA 95831. Filed with the Clerk of Sacramento County May 13, 2021 Publish: May 28 and June 4, 11, 18, 2021
NEXT 180201 6-18-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-04422 Patricia Walden, 8610 Hackmore Court, Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "It's Tax 4u" 8610 Hackmore Court, Antelope, CA 95843. Filed with the Clerk of Sacramento County May 7, 2021 Publish: May 28 and June 4, 11, 18, 2021
ITS 180201 6-18-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-04100 Celia Zavala & Christina Zavala, 3588 Squaw Road, West Sacramento, CA 95691 are doing business under the Fictitious Business Name(s) "The Third Age Living" 3588 Squaw Road, West Sacramento, CA 95691. Filed with the Clerk of Sacramento County April 29, 2021 Publish: May 28 and June 4, 11, 18, 2021
THIRD 180201 6-18-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-04563 Western Star Plumbing, Inc., 4726 River College Drive, Sacramento, CA 95841 is doing business under the Fictitious Business Name(s) "Western Star Construction" 4726 River College Drive, Sacramento, CA 95841. Filed with the Clerk of Sacramento County May 12, 2021 Publish: May 28 and June 4, 11, 18, 2021
WESTERN 180201 6-18-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-04759 Pradeep B. Patel & Rajesh P. Patel, 5112 Fredricksburg Way, Sacramento, CA 95835 are doing business under the Fictitious Business Name(s) "Big 10 Video" 1010 El Camino Avenue, Suite AA, Sacramento, CA 95815. Filed with the Clerk of Sacramento County May 18, 2021 Publish: May 28 and June 4, 11, 18, 2021
BIG10 180201 6-18-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-04764 Schauffele's Body & Paint, 4016 Wayside Lane, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Schauffele's Body & Paint" 4016 Wayside Lane, Carmichael, CA 95608. Filed with the Clerk of Sacramento County May 18, 2021 Publish: May 28 and June 4, 11, 18, 2021
SCHAUFF 180201 6-18-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-04144 Kristina Lapinski, 5127 Sanicle Way, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "Native Bloom U.S.A." 5127 Sanicle Way, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County April 30, 2021 Publish: May 28 and June 4, 11, 18, 2021
NATIVE 180201 6-18-21

LEGAL ADVERTISING
Carmichael Times Adjudicated For and By the County of Sacramento, Adjudication No. 317294-February 7, 1984
Rancho Cordova Independent Adjudicated For and By the County of Sacramento, Adjudication No. 195380-September 18, 1969
Citrus Heights Messenger Adjudicated For and By the County of Sacramento, Adjudication No. 34-2020-00273535-March 12, 2020

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-04202 Denis Mitrofanov, 7434 Auburn Oaks Court, #63 Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "Ponik Co" 7434 Auburn Oaks Court, #63 Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County May 3, 2021 Publish: May 28 and June 4, 11, 18, 2021
PONIK 180201 6-18-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-04924 Jordan Kennedy Hawes, 2114 Alice Avenue, Oroville, CA 95966 is doing business under the Fictitious Business Name(s) "Beautiful Pools Design & Consulting" 2114 Alice Avenue, Oroville, CA 95966. Filed with the Clerk of Sacramento County May 21, 2021 Publish: May 28 and June 4, 11, 18, 2021
BEAU 180201 6-18-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-04818 GPG Risa Sophia Marcellus, 5317 Kohler Road, Sacramento, CA 95841 is doing business under the Fictitious Business Name(s) "In Real Life Cues-IRLC, Real Life Cue Cards-RLCC, Real Life Cue Cards Publishing-RLCC Publishing, Pretty Period Panties-P3S" 5317 Kohler Road, Sacramento, CA 95841. Filed with the Clerk of Sacramento County May 19, 2021 Publish: May 28 and June 4, 11, 18, 2021
REAL 180201 6-18-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-04665 California Family Health, LLC, 8680 Greenback Lane, #108, Orangevale, CA 95662 is doing business under the Fictitious Business Name(s) "California Family Fitness, California Family Fitness Center, California Family Health" 8680 Greenback Lane, #108, Orangevale, CA 95662. Filed with the Clerk of Sacramento County May 14, 2021 Publish: May 28 and June 4, 11, 18, 2021
CALIF 180201 6-18-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-04949 Jack Matranga, 320 29th Street, Sacramento, CA 95816 & Joseph Hauner, 1310 Meredith Way, Carmichael, CA 95608 are doing business under the Fictitious Business Name(s) "Hyper Pixel CA" 717 K Street, #513, Sacramento, CA 95814. Filed with the Clerk of Sacramento County May 20, 2021 Publish: May 28 and June 4, 11, 18, 2021
HYPER 180201 6-18-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-04822 Jonathan Tran & Tawny Nguyen, 17 Schramberg Court, Elk Grove, CA 95758 are doing business under the Fictitious Business Name(s) "Live Frugal" 17 Schramberg Court, Elk Grove, CA 95758. Filed with the Clerk of Sacramento County May 19, 2021 Publish: May 28 and June 4, 11, 18, 2021
LIVE 180201 6-18-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-04925 Taylor Hill-Carnegie, 10825 Nestlenook Circle, Mather, CA 95655 is doing business under the Fictitious Business Name(s) "Love It More" 10825 Nestlenook Circle, Mather, CA 95655. Filed with the Clerk of Sacramento County May 21, 2021 Publish: May 28 and June 4, 11, 18, 2021
LOVE 180201 6-18-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-04599 Avatar India Inc, 1160 Tara Court, Suite A, Rocklin, CA 95765 is doing business under the Fictitious Business Name(s) "3 Monkeys Smoke Shop #12" 5933 San Juan Avenue, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County May 13, 2021 Publish: May 28 and June 4, 11, 18, 2021
3MONKEYS 180201 6-18-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-05145 Junk "It" Hauling LLC, 2647 Darwin Street, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Junk 'It' Hauling LLC" 2647 Darwin Street, Sacramento, CA 95821. Filed with the Clerk of Sacramento County May 28, 2021 Publish: June 4, 11, 18 & 25, 2021
JUNKIT 80201 6-25-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-04551 Sacramento Region Performing Arts Alliance, 1110 2nd Street, Sacramento, CA 95814 is doing business under the Fictitious Business Name(s) "Sacramento Philharmonic & Opera" 1110 2nd Street, Sacramento, CA 95814. Filed with the Clerk of Sacramento County May 12, 2021 Publish: June 4, 11, 18 & 25, 2021
SAC 180201 6-25-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-03204 Pied Piper, LLC, 3001 J Street, Suite 300, Sacramento, CA 95816 is doing business under the Fictitious Business Name(s) "Pied Piper Lounge" 3415 El Camino Avenue, Sacramento, CA 95821. Filed with the Clerk of Sacramento County April 5, 2021 Publish: June 4, 11, 18 & 25, 2021
PIED 180201 6-25-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-03228 Obie, LLC, 3001 J Street, Suite 300, Sacramento, CA 95816, is doing business under the Fictitious Business Name(s) "Maple Room Lounge" 2740 Arden Way, Sacramento, CA 95825. Filed with the Clerk of Sacramento County April 5, 2021 Publish: June 4, 11, 18 & 25, 2021
MAPLE 180201 6-25-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-04511 Law Office Richard Allaye Chan, Jr. a Prof. Corp, 3001 J Street, Suite 300, Sacramento, CA 95816 is doing business under the Fictitious Business Name(s) "Allaye Chan Law Group" 3001 J Street, Suite 300, Sacramento, CA 95816. Filed with the Clerk of Sacramento County April 5, 2021 Publish: June 4, 11, 18 & 25, 2021
ALLAYE 180201 6-25-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-04813 Lionext Inc, 13021 Leffingwell Road, Santa Fe Springs, CA 90670 is doing business under the Fictitious Business Name(s) "taucetbay.com" 1719 69th Street, Sacramento, CA 95819. Filed with the Clerk of Sacramento County May 19, 2021 Publish: June 4, 11, 18 & 25, 2021
FAUCET 180201 6-25-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-04678 Brian Moua, 7898 Eskimo Curlew Way, Sacramento, CA 95829 is doing business under the Fictitious Business Name(s) "Passive" 7898 Eskimo Curlew Way, Sacramento, CA 95829. Filed with the Clerk of Sacramento County May 17, 2021 Publish: June 4, 11, 18 & 25, 2021
PASSIVE 180201 6-25-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-04527 Alexa & Eliezer Carmona, 3649 Hollister Avenue, Carmichael, CA 95608 are doing business under the Fictitious Business Name(s) "Among The Grasses" 3649 Hollister Avenue, Carmichael, CA 95608. Filed with the Clerk of Sacramento County May 11, 2021 Publish: June 4, 11, 18 & 25, 2021
AMONG 180201 6-25-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-04987 Jason Li, 2250 Waterford Road, Sacramento, CA 95815 is doing business under the Fictitious Business Name(s) "Fly Kicks" 2250 Waterford Road, Sacramento, CA 95815. Filed with the Clerk of Sacramento County May 25, 2021 Publish: June 4, 11, 18 & 25, 2021
FLY 180201 6-25-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-05005 Deana Yvette Hall, 6564 Greencrest Way, Citrus Heights, CA 95621 & Sarah Nicole Millar, 213 Paris Way, Vacaville, CA 95687 are doing business under the Fictitious Business Name(s) "Easy Peasy Party" 6564 Greencrest Way, Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County May 25, 2021 Publish: June 4, 11, 18 & 25, 2021
EASY 180201 6-25-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-04732 Unique Harvey, 6160 63rd Street, Apt. 150, Sacramento, CA 95824 is doing business under the Fictitious Business Name(s) "Unique Handsz" 6160 63rd Street, Apt. 150, Sacramento, CA 95824. Filed with the Clerk of Sacramento County May 17, 2021 Publish: June 4, 11, 18 & 25, 2021
UNIQUE 180201 6-25-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-04588 5 River Foods Inc, 384 Sawtell Road, Roseville, CA 95678 is doing business under the Fictitious Business Name(s) "Sourdough & Co, Delta Shores" 8166 Delta Shores Circle, Suite 110, Sacramento, CA 95832. Filed with the Clerk of Sacramento County May 12, 2021 Publish: June 4, 11, 18 & 25, 2021
SOURDOUGH 180201 6-25-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-05059 Park Enterprise Inc, 674 Arnett Way, Galt, CA 95632 is doing business under the Fictitious Business Name(s) "Kristy K Designs, APAK Logistics" 674 Arnett Way, Galt, CA 95632. Filed with the Clerk of Sacramento County May 26, 2021 Publish: June 4, 11, 18 & 25, 2021
KRISTY 180201 6-25-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-04853 The Woodpeckers Tree Care, 2854 La Rosa Road Sacramento, CA 95815 is doing business under the Fictitious Business Name(s) "The Woodpeckers Tree Care" 2854 La Rosa Road Sacramento, CA 95815. Filed with the Clerk of Sacramento County May 20, 2021 Publish: June 4, 11, 18 & 25, 2021
WOODPECKERS 80201 6-25-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-04690 Tetiana Gomeniuk, 3685 Elkhorn Boulevard #1733 North Highlands, CA 95660 is doing business under the Fictitious Business Name(s) "Dressmaking Amore, DA Patterns" 3685 Elkhorn Boulevard #1733 North Highlands, CA 95660. Filed with the Clerk of Sacramento County May 17, 2021 Publish: June 4, 11, 18 & 25, 2021
DRESSMAKING 80201 6-25-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-05155 United Express Group, 5025 Arnold Avenue #170 McClellan Park, CA 95652 is doing business under the Fictitious Business Name(s) "People Movers" 5025 Arnold Avenue #170 McClellan Park, CA 95652. Filed with the Clerk of Sacramento County May 28, 2021 Publish: June 4, 11, 18 & 25, 2021
PEOPLE 80201 6-25-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-04194 Sayed Mashilulh Razai, 2543 Fulton Avenue #128 Sacramento, CA 95821 and Mohammad Asag Palvngul, 11762 Kooros Way Rancho Cordova, CA 95742 are doing business under the Fictitious Business Name(s) "Middle Eastern Market" 5605 Watt Avenue North Highlands, CA 95660. Filed with the Clerk of Sacramento County May 3, 2021 Publish: June 4, 11, 18 & 25, 2021
MIDDLE 80201 6-25-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-04760 Mohammad Ashraf Sadiq, 5910 Watt Avnue #A North Highlands, CA 95660 and Abdul Matin Wahid, 6267 ML King Jr Boulevard #150 Sacramento, CA 95824 are doing business under the Fictitious Business Name(s) "Faisal Market" 7924 Fruitridge Road Sacramento, CA 95820. Filed with the Clerk of Sacramento County May 18, 2021 Publish: June 4, 11, 18 & 25, 2021
FAISAL 80201 6-25-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-05002 Pharaoc LLC, 5015 Madison Avenue Suite A Unit A24 Sacramento, CA 95841 is doing business under the Fictitious Business Name(s) "Spzrts, Technier" 5015 Madison Avenue Suite A Unit #A24 Sacramento, CA 95841. Filed with the Clerk of Sacramento County May 25, 2021 Publish: June 4, 11, 18 & 25, 2021
SPZRTS 80201 6-25-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-04945 Stephanie Ann Urias, 3440 W Country Club Lane, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Alice & Steph" 3440 W Country Club Lane, Sacramento, CA 95821. Filed with the Clerk of Sacramento County May 21, 2021 Publish: June 11, 18, 25 & July 2, 2021
ALICE 80201 7-2-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-03871 Fred Donham, 8274 Mediterranean Way, Sacramento, CA 95826 is doing business under the Fictitious Business Name(s) "Photographerlink, Consignehworld" 8274 Mediterranean Way, Sacramento, CA 95826. Filed with the Clerk of Sacramento County April 23, 2021 Publish: June 11, 18, 25 & July 2, 2021
PHOTO 180201 7-2-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-05019 David G Ingram, 8782 Mellowdown Way, Orangevale, CA 95662 is doing business under the Fictitious Business Name(s) "Virtual California" 8782 Mellowdown Way, Orangevale, CA 95662. Filed with the Clerk of Sacramento County May 26, 2021 Publish: June 11, 18, 25 & July 2, 2021
VIRTUAL 180201 7-2-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-04888 Domynique Herndon, 2017 3rd Street, Sacramento, CA 95818, is doing business under the Fictitious Business Name(s) "Yoga Empowered" 2017 3rd Street, Apt. 3, Sacramento, CA 95818. Filed with the Clerk of Sacramento County May 20, 2021 Publish: June 11, 18, 25 & July 2, 2021
YOGA 180201 7-2-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-05189 Dolores Therese Osterhoudt and Jennifer Lynn Osterhoudt, 144 Hazelmere Drive, Folsom, CA 95630 are doing business under the Fictitious Business Name(s) "Cereghino, Cereghino Soap" 144 Hazelmere Drive, Folsom, CA 95630. Filed with the Clerk of Sacramento County June 1, 2021 Publish: June 11, 18, 25 & July 2, 2021
CEREGHINO 180201 7-2-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-04820 Sha Rondalecia Mack, 7840 Walegra Road, Apt. 417, Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "Ambiance Books" 7840 Walegra Road, Apt. 417, Antelope, CA 95843. Filed with the Clerk of Sacramento County May 19, 2021 Publish: June 11, 18, 25 & July 2, 2021
AMBIENCE 180201 7-2-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-05101 Alestria N. Tidwell and Robert H. Tidwell, 3801 Ivan Way, Rancho Cordova, CA 95742 are doing business under the Fictitious Business Name(s) "NMYELMNT, ELMNT" 3801 Ivan Way, Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County May 27, 2021 Publish: June 11, 18, 25 & July 2, 2021
ELMNT 180201 7-2-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-05250 Monique Gamoney, 4999 Perceptive Way, Sacramento, CA 95842 is doing business under the Fictitious Business Name(s) "Eventy Catering and Event Services" 4999 Perceptive Way, Sacramento, CA 95842. Filed with the Clerk of Sacramento County June 2, 2021 Publish: June 11, 18, 25 & July 2, 2021
EVENTY 180201 7-2-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-05175 Vanessa Navarro, 2840 Toy Avenue, Sacramento, CA 95822 is doing business under the Fictitious Business Name(s) "Nessas' Services" 2840 Toy Avenue, Sacramento, CA 95822. Filed with the Clerk of Sacramento County June 1, 2021 Publish: June 11, 18, 25 & July 2, 2021
NESSAS 180201 7-2-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-04840 Tina Brown, 9032 Willowberry Way, Elk Grove, CA 95758 is doing business under the Fictitious Business Name(s) "Showful Expressions" 9032 Willowberry Way, Elk Grove, CA 95758. Filed with the Clerk of Sacramento County May 20, 2021 Publish: June 11, 18, 25 & July 2, 2021
SHOW 180201 7-2-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-04696 Kimberly Lim, 6 Kahila Court, Sacramento, CA 95831 is doing business under the Fictitious Business Name(s) "Sun Kissed & Co." 6 Kahila Court, Sacramento, CA 95831. Filed with the Clerk of Sacramento County May 17, 2021 Publish: June 11, 18, 25 & July 2, 2021
SUN 180201 7-2-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-05392 Brandon Harp, 12202 Fair Oaks Boulevard, #14, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "Chef Life" 12202 Fair Oaks Boulevard, #14, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County June 7, 2021 Publish: June 18, 25 & July 2, 9, 2021
CHEF 80201 7-9-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-05169 John E. Blake, 110 Framingham Way, Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "JB Software Engineering" 110 Framingham Way, Folsom, CA 95630. Filed with the Clerk of Sacramento County June 1, 2021 Publish: June 18, 25 & July 2, 9, 2021
JB 180201 7-9-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-05373 Charles Griffin, 1181 Fulton Avenue, #56, Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "Black Tank Survival Supply, B.T.S.S" 1181 Fulton Avenue, #56, Sacramento, CA 95825. Filed with the Clerk of Sacramento County June 7, 2021 Publish: June 18, 25 & July 2, 9, 2021
BLACK 180201 7-9-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-05402 Desiree Lopez, 4873 Willowbrook Drive, Sacramento, CA 95842 is doing business under the Fictitious Business Name(s) "Paw Reflections Mobile Grooming" 4873 Willowbrook Drive, Sacramento, CA 95842. Filed with the Clerk of Sacramento County June 8, 2021 Publish: June 18, 25 & July 2, 9, 2021
PAW 180201 7-9-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-04162 New Levels Clothing LLC, 3025 Alhambra Drive, Cameron Park, CA 95682 is doing business under the Fictitious Business Name(s) "New Levels Clothing, NL Clothing" 3025 Alhambra Drive, Cameron Park, CA 95682. Filed with the Clerk of Sacramento County April 30, 2021 Publish: June 18, 25 & July 2, 9, 2021
NEW 180201 7-9-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-05410 Madukar Orji, 6995 Stora Way, Elk Grove, CA 95758 is doing business under the Fictitious Business Name(s) "Madrise Auto Sales USA" 6995 Stora Way, Elk Grove, CA 95758. Filed with the Clerk of Sacramento County June 8, 2021 Publish: June 18, 25 & July 2, 9, 2021
MADRISE 180201 7-9-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-05423 Lonnie Shoulders, 6066 Peoria Drive, Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "ShoBeat" 6066 Peoria Drive, Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County June 8, 2021 Publish: June 18, 25 & July 2, 9, 2021
SHOBEAT 180201 7-9-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-05243 Judi's Cleaners Inc. 6140 Auburn Boulevard, Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "Evans Garment Restoration of Nor Cal" 6140 Auburn Boulevard, Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County June 2, 2021 Publish: June 18, 25 & July 2, 9, 2021
EVANS 180201 7-9-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-05577 Robert Brown Mearns, 3725 Wingate Drive, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Alternative Health Solutions, myvitaminuniverse.com" 3725 Wingate Drive, Carmichael, CA 95608. Filed with the Clerk of Sacramento County June 10, 2021 Publish: June 18, 25 & July 2, 9, 2021
ALTERN 180201 7-9-21

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**Publisher,
Paul V. Scholl**

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Two Arrested for EDD Fraud Totaling More Than \$600,000

**By Shelly Orio,
Sacramento County
District Attorney's Office**

SACRAMENTO COUNTY, CA (MPG) - On February 2, 2021, the Sacramento Police Department North Gang Enforcement Team conducted a traffic stop on 24-year-old Adrian Sykes and found him to be in possession of a fully automatic Glock handgun. Officers conducted a probation search of his residence and seized drugs, body armor and five additional firearms. Those firearms included a loaded Masterpiece Arms Mac-9 with no serial number, an Anderson Manufacturing AR-15, and an unregistered loaded ABC Rifle AR-Pistol. Officers also found six Employment Development Department (EDD) debit cards. At that time, Sykes was charged with six counts of being a felon in possession of a firearm, one count of possessing drugs with a firearm, and one count of being a

felon in possession of ammunition. Sykes posted bail on these offenses and was released from custody.

The Sacramento County District Attorney's Office, Sacramento Police Department, and EDD conducted a joint investigation into the six EDD cards that were located. They found that Sykes and his girlfriend, 26-year-old Brittney Murchison, had filed multiple fraudulent EDD claims. In total, 35 different fraudulent claims were filed using the personal identifying information of victims from across the country and over \$600,000 was illegally obtained.

The Sacramento Police Department North Gang Enforcement Team arrested Brittney Murchison on May 27, 2021 for committing EDD fraud. Murchison was charged with 16 counts of EDD fraud and one count of identity theft. Sykes was located and arrested in Las Vegas, Nevada on

June 7, 2021 by agents of the Las Vegas Metro Police Department and agents from the Federal Bureau of Alcohol Tobacco and Firearms. Sykes is currently in custody in Las Vegas pending extradition to Sacramento, California where he will face an additional 35 counts of EDD fraud and one count of identity theft.

According to District Attorney Anne Marie Schubert, "Law enforcement across the state has witnessed staggering EDD fraud committed by criminals and their accomplices. At the same time, we have witnessed an alarming increase of illegal firearms in our communities. This dangerous combination undoubtedly has fueled a dramatic increase in violent crime throughout the state. Sacramento's law enforcement agencies will continue to partner together to investigate EDD fraud and the additional havoc it brings to our community." ★

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Crossword Puzzle on Page 10

G	R	I	P		F	A	A		T	H	O			
P	O	O	R		A	L	U	M		D	P	H	I	L
O	T	T	O		B	A	R	E		O	A	R	E	D
	C	A	T	W	O	M	A	N		G	N	U	S	
		E	R	A	S	E		P	I	T				
H	A	M	M	E	R			H	E	E	H	A	W	S
E	D	O		A	D	D	S	U	P		E	V	I	L
A	M	U	C	K		O	I	L		C	R	O	N	Y
P	I	S	A		P	U	N	K	A	H		I	C	E
S	T	E	P	S	U	P			W	O	N	D	E	R
		T	U	B		P	O	L	I	O				
	A	C	A	I		S	U	P	E	R	M	A	N	
A	G	A	I	N		I	R	I	S		A	R	I	D
T	H	I	N	G		L	E	N	S		D	U	N	E
M	A	N				L	E	E			S	M	E	W

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CLUES

CROSS

1. Golf club handle
5. Aviation safety agency
8. Although, for short
11. "Give me your tired, your
....."
12. Homecoming guest
13. PhD in Great Britain
15. Legendary NFL quarter-
back Graham
16. Like Old Mother
Hubbard's cupboard
17. Propelled like Argo
18. "Batman's romantic
interest"
20. Wildebeests
21. Use the other end of a
pencil
22. Cherry middle
23. "Thor's weapon"
26. Brays like a donkey
30. Another word for Tokyo
31. Makes a sum (2 words)
34. "Like The Joker"
35. Without self-control
37. Black gold
38. Buddy
39. Site of Leaning Tower
40. Canvas ceiling fan
42. * ____ man, one of original
X-Men
43. Comes to the fore
45. * ____ Woman, first
female in the Justice Society
of America
47. "Rub A Dub Dub" vessel
48. Paralysis-causing dis-
ease, for short
50. Smoothie berry
52. *a.k.a. the Caped
Crusader
55. "Encore!"
56. Pupil's place
57. Like Arizona in summer
59. "Ben Grimm of 'It's clob-
berin' time!'" fame, with The
60. Eyeglasses glass
61. Buggy terrain
62. Gingerbread creation
63. "Superhero creator, Stan
____"
64. Eurasian duck

DOWN

1. Government Printing Office
2. Campus military acronym
3. Letter before kappa
4. For the time being, Latin (2 words)
5. Basic drumming pattern, pl.
6. Saints' crowns
7. End of grace
8. Through, for short
9. He, third person singular
10. Not new or borrowed or blue
12. "All ____!"
13. Motherless calf
14. "Wakanda's Black ____"
19. Make havoc
22. Coach's locker room speech
23. Oodles
24. ____ one, on a pass
25. "Mighty ____"
26. "Known to say: "You wouldn't
like me when I'm angry"
27. Steer clear
28. Grimace in pain
29. More cunning
32. Make pretty, two words
33. Break a commandment
36. "America's title"
38. Vienna Boys' group
40. Public house, for short
41. Devoid of reverence
44. Seeking damages
46. Wondering ones
48. Put through a blender
49. Offer two cents
50. Turkish honorific
51. Jealous biblical brother
52. Perfect houseplant spot
53. Bob ____, famous boxing
promoter
54. Cat o'how many tails?
55. Cash dispenser
58. Morning condensation

Crossword Puzzle Solutions on Page 10

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Sudoku Puzzle on Page 10

7	9	3	4	5	1	6	8	2
8	4	1	7	2	6	9	3	5
5	6	2	3	9	8	1	7	4
6	2	8	5	4	9	7	1	3
4	5	9	1	3	7	8	2	6
1	3	7	8	6	2	5	4	9
9	7	5	2	8	4	3	6	1
2	8	6	9	1	3	4	5	7
3	1	4	6	7	5	2	9	8

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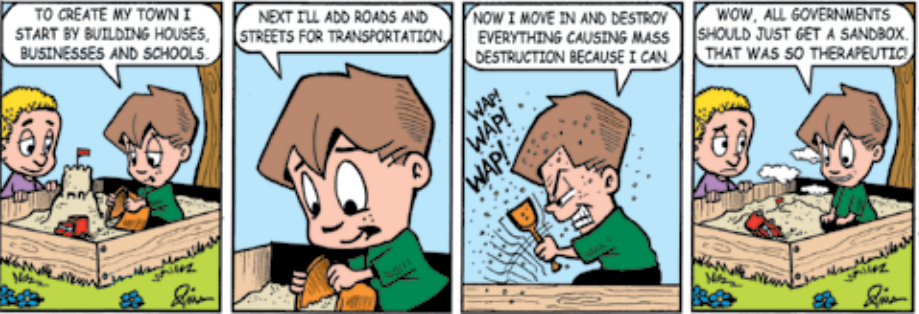
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9		5	6	8	
			6	3	5
	2		8	1	
2		4	7		
	1	7			
	7	6		4	
	5	2		3	
2	8	9			
1	4	7		9	

Solutions on Page 10

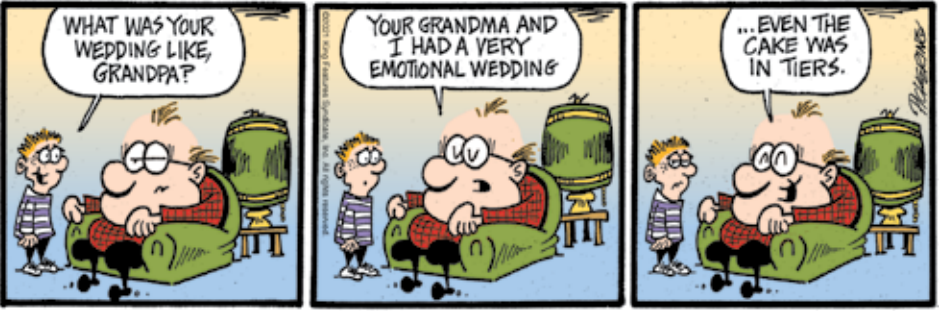
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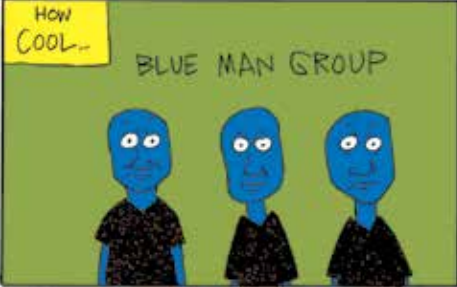
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The Spats



by Jeff Pickering

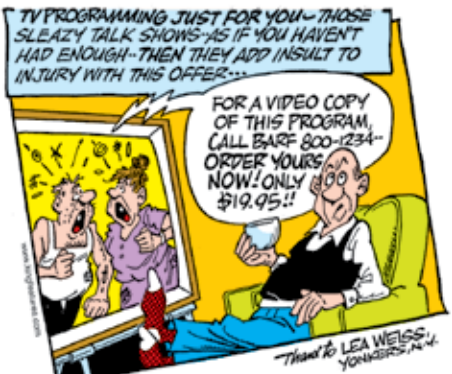
Out on a Limb



by Gary Kopervas



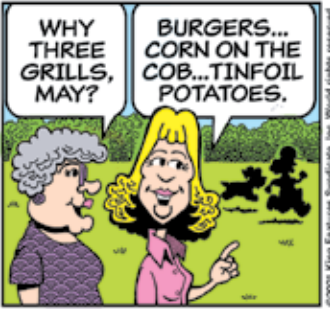
THEY'LL DO IT EVERY TIME



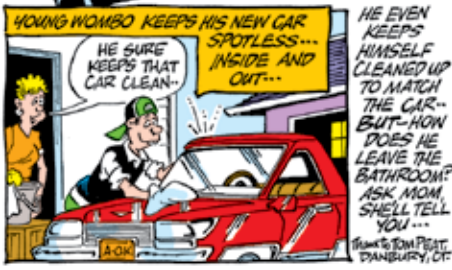
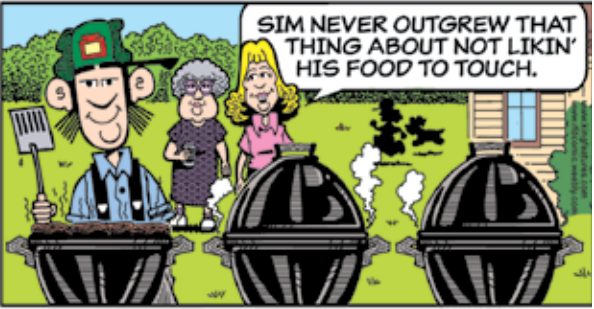
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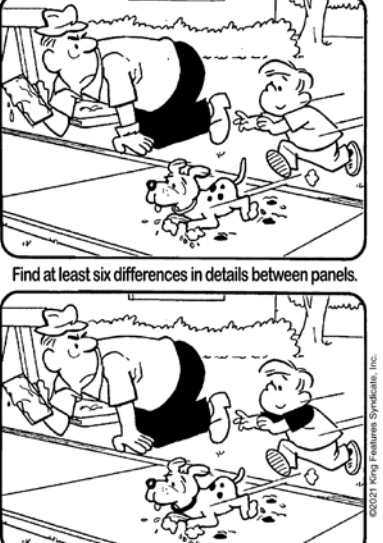
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All Aboard!

By Thomas J. Sullivan

RANCHO CORDOVA, CA (MPG) - The sights, sounds and smell of steam railroad engines are once again being heard in Hagen Community Park in Rancho Cordova as members of the Sacramento Valley Live Steamers Railroad Museum (SVLSRM) have resumed their summer public run schedule.

“I’ve had a love of trains my whole life,” said club president Andy Berchelli, an active member since 2008. In all, the club has 173 members, he said.

Club members of the nonprofit SVLSRM began building their railroad in 1972, completing an original 1,700-foot loop in May 1973. The rail loop has since grown to cover some 6,800 feet. Its track and facilities can now support more than 33 steam engines at one time.

“My son Tyler, born in 2003, has a rare condition and went through many surgeries in his first five years. Our family got involved with “Make A Wish” foundation in 2008 and Tyler’s wish was to have his own first electric train and a riding car,” he said.

Berchelli invites the public to visit the railroad, learn about steam locomotives and to take a ride on one of the club’s trains. The members of the Sacramento Valley Live Steamers do not charge for rides during public ride days, but rely on donations to support their railroad.

Public runs are held on the first weekend of each



Sacramento Valley Live Steamers Railroad Museum public runs will be held on the first weekend of each month through September on the 6,800-foot rail loop. Photo by Thomas J. Sullivan

month through September from 11 to 3 p.m. In celebration of the 4th of July, special runs will be held from 6 to 9 p.m.

Club membership is a mix between G-scale garden railroad enthusiasts who enjoy the opportunity to run their trains on the club’s permanent layout and those who have built their own scale steam engines from scratch.

Three of the club’s four steam engines are over 40 years old and another was completed just a few years ago. At 1/8th scale these steam and diesel engines are identical to their full-size counterparts, faithfully recreating all the characteristics of their prototypes. They are real operating locomotives, just smaller.

“Since this is a hobby for us, most take several



The railroad facility can stage more than 33 steam engines in its tracks. Photo by Thomas J. Sullivan

years or more to build. Even when they are built, they are never completely done. Additional details and improvements continue to be added over time,” he said.

New members are always welcome, Berchelli

said. “We first train our new members to become a conductor and how to properly load our passenger trains,” he said.

“Members then move on to learn how to be an engineer on our diesel trains. Once they become

comfortable, they can then learn steam operation. Operating a steam engine requires much more hands-on teaching,” Berchelli said.

Physical improvements of the layout continue. New track side buildings

and a memorial to honor and remember past members have been added. While the main railroad line is most likely to remain the same, original aluminum rail and wood ties are being replaced with steel rail and composite ties for better durability.

“My overall goal for the club is to continue to improve the quality of our layout for the public to fully enjoy,” Berchelli said.

Club members have planted hundreds of California native plants and teamed up with members of the Sacramento Tree Foundation to help plant an additional 120 trees around the layout. An irrigation system has also been completed to improve and manage water consumption.

In the fall, a popular Pumpkin Train is set for October 2-3 from 11 a.m. to 3 p.m. A special Santa Claus Train is scheduled for the weekends of December 4-5 and 11-12 from 11 a.m. to 3 p.m.

Safety protocols have been put in place as the Sacramento Valley Live Steamers welcomes the public to the return of its summer train runs. Hand sanitizer is placed at each train boarding station. One family is loaded per car and then a spacer car is placed between each riding car. After unloading each train, all seats are cleaned by our volunteers. Learn more about the Sacramento Valley Live Steamers Railroad Museum, Inc. or how to join by visiting their web site at www.svlsrm.org ★

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