

Parental Stress During the Pandemic: You Are Not Alone PAGE 2

May is American Stroke Month PAGE 5





Established 1983 ... The best little paper in these parts!

VOLUME 40 • ISSUE 21

Serving Rio Linda, Elverta and Sacramento County

MAY 21, **2021**

SDD INSIDE

Now, That was a Festival

CALIFORNIA STILL MISTREATING ITS SCHOOL KIDS



PAGE 4









Above: Kaley Marshall and Logan Jones got their own farming equipment going. Right: Farming while Pretty in Pink! Photos by Cec

By Cecilia Lee Feser

RIO LINDA, CA (MPG) - What a difference a day made. Friday was day one for Farm and Tractor Days. I was there Fri and wrote up an article that ran in the online version of TheRioLindaNews.com. I stated I KE6RMN the call thought people were still nervous sign he uses when

at a Farm and Tractor Party. There were more vendors to visit too.

I walked over to one tent and found Ken also known as



Two Officer Safety Bills Stall in the Senate

By Will Hixson, California Association of Code Enforcement Officers

SACRAMENTO, CA (MPG) -As acts of violence and threats towards code enforcement officers rise, two California Senate bills aimed at increasing safety measures have stalled after being placed on the Senate Appropriations Committee's suspense file. At a time when violent acts against code enforcement officers are on the rise, stalling these two bills on the suspense file is particularly alarming.

Code enforcement officers risk their lives to uphold the public health, safety and general welfare standards that protect people, property values, and the environment. In many jurisdictions, code enforcement officers are now tasked with enforcement of various violations traditionally addressed by sworn police/sheriff personnel. These violations include, but are not limited to, illegal cannabis operations, illicit massage operations and homeless encampment abatement. Code enforcement officers are also the first-line enforcers of COVID-19 regulations, and do considerable enforcement against slumlords who operate in underserved communities. Since 2015, the California Association of Code Enforcement Officers (CACEO) has received 86 reports of safety incidents including, but not limited to: nine death threats, 11 physical assaults, 10 occurrences of weapon brandishing, 17 physical threats, and six stalking incidents. Tragically, 20 code enforcement officers have given their lives over the years. Because there is no requirement to report safety incidents to CACEO, the true numbers are likely higher than the aforementioned figures indicate. Code enforcement officers are now, more than ever, living with the fear of threats to their lives. In January, a Sacramento County inspector was stabbed outside of a strip mall. The week prior, a Tracy resident was accused of attempted homicide after he intentionally hit a code enforcement officer with his vehicle. Sadly, these are just two recent examples of the many incidents of homicide or attempted homicide on a code enforcement officer in recent years. Earlier this year, CACEO introduced Senate Bills 101 and 296 which are aimed at increasing code enforcement officer safety. Continued on page 3

ANY AMOUNT OF MONE

MORE THAN



PAGE 7

PAGE 4

PRESORTED STD. US POSTAGE PAID PERMIT 10 Rio Linda, CA

Change Service Requested

about coming out to be in a crowd. Also, it could just have been it was a Friday. The morning was still infor- me, "Amateur Radio is like HAM mative and the tractors beautiful. RADIO, but on steroids!" When There just seemed to be more booths he said "call sign" I thought of the than people walking around.

more pictures of owners and their tractors. What a whole different day. It was hard to park, and many, many families were walking and playing. It was a party atmosphere. Now I was

using his Amateur Radio. Ken told

Top Gun movie and "Maverick". I went back Saturday to get a few A person is assigned by the Federal Communication Commission (FCC). He also said, just like vanity car plates, you can apply for a vanity "call sign". I asked him if he was part of the emergency system when

phones are down?

"That is my favorite part!" he said, "We can talk in a 'relay' system to pass on information. We also are in contact with Emergency departments that have similar systems. Emergency is not a word we ever want to hear, yet, being prepared will help keep the calm." He gave me a website if Continued on page 3

Our Shrinking State

California's population shrank in 2020, but don't call it an exodus?

By Ben Christopher, CALMatters.org

The COVID-19 pandemic has done what more than a century of past plagues, recessions, crime waves, droughts and earthquakes couldn't.

It shrank California's population.

According to new data released today by the state Department of Finance, California's population declined by 182,083 people in 2020. That's the first time that annual statistic has come with a minus sign since 1900, when the department began collecting these estimates.

The new report adds a disappointing coda to what has already been a dour few weeks for California's demographers. Last week, the U.S. Census Bureau put out its decade-long population counts showing that though the state grew



See you later! According to new data released by the state Department of Finance, California's population declined by 182,083 people in 2020. MPG file photo

between 2010 and 2020, it did so at a slower rate than estimate also provides the rest of the country.

Hence, that other bummer of a historical first: The state is losing a congressional seat.

The new population State is in decline. more fodder for Gov. Gavin Newsom's critics who took last week's Census announcement as evidence that the Golden

State forecasters stress that the factors that contributed to this population dip are unique to this period and therefore temporary. In Continued on page 3

TheRioLindaNews.com

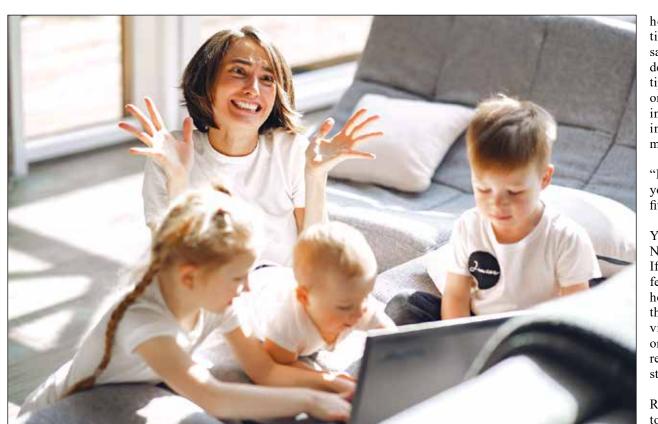
Parental Stress During the Pandemic: You Are Not Alone

By Hania Arshad

Staying isolated from friends and family, committing to indoor activities, and the switch to a virtual lifestyle are only a few of the many adjustments individuals have made during the COVID-19 pandemic. Isolation is essential in preventing the spread of COVID-19 but has resulted in heightened feelings of worry and frustration, especially among parents.

Families, understand that you are not alone. Those stressful, negative emotions are natural and reactionary behaviors - the result of an abnormal period in our lives. According to a survey conducted by the American Psychological Association, almost 50% of parents reported high stress levels because of the pandemic1. Feeling trapped at home, facing overwhelming financial worries, and the constant need to supervise your child's educational day can understandably feel debilitating.

cause harmful and lasting consequences for both children and parents without behaviors or increased frushealthy outlets and protective factors. Multiple for child maltreatment research studies2 determined that stress is a large contributing factor in child abuse. An accumulation of parental stress, generated from emotional and physical demands of parenting, contributes to abusive parenting methods: controlling behavior, neglect, and even harsh forms of discipline. A case study from The National Center for Biotechnology Information revealed that economic, emotional, and



Feeling trapped at home, facing overwhelming financial worries, and the constant need to supervise your child's educational day can understandably feel debilitating. Photo by Gustavo Fring from Pexels

coronavirus have significantly elevated feelings of stress, anxiety, and depression in households3. Parents who continuously Parental stress can find themselves in stressful situations are more prone to developing aggressive tration; as a result, potential has risen during this time. However, parents who are in supportive environments and have outlets and skills to manage their emotions are far more likely to havereduced levels of stress, and therefore, a lessened risk of compromised parenting. Greater parental support and perceived control during the pandemic are associated with lower perceived stress and child abuse potential.

NP3 school psychol-

emphasizes the importance of combatingparental stress during this difficult time. He states that "parents are the foundation of their child's life and often are the individuals who the child looks towards in assessing how to react in regards to a stressful situation. Thus, considering the pandemic and the shifts that have occurred for most of our children, it is important that parents continue to be mindful of how their stress impacts their child's stress levels, as well."

Fortunately, there is an abundance of resources available which offer support to parents and children who feel overwhelmed with their role of parenting as a result of the current pandemic.

Families Under Pressure.

Dockett (Psychotherapy Networker): Laura Dockett iterates her own feelings of parental stress during the pandemic, opening up with the initially strained relationship with her own children. Dockett admits to feelings of anger and frustration due to the pandemic but is working to address attitudes/emotions from her children with compassion and understanding. Her willingness to be vulnerable about these struggles eased feelings of shame and anxiety from many parents.

Parents & Kids" by Laura

for Natomas Families: This website provides multiple support resources for both parents and students in Natomas. The website's header introduces a counphysical stressors from the ogist Dr. Jeremy Greene Helping Relieve Today's seling service called Care whelmed juggling work, BGneXP4yDqQ3P7ot9 *

Solace. Care Solace provides easy access to mental health support services for families and refers them to the best and most affordable therapy or mental health programs.

They also work with families who do not have insurance.- Further down, you will find the Virtual Tutoring and Wellness Center (VTWC). VTWC offers parenting classes and counseling headed by Natomas school psychologists and social workers. At the bottom of the website, there are online resources specifically catered towards Mental Health Resources tips for coping with stress during the pandemic.

Parenting Tips During Pandemic and the Supporting Families During COVID-19: For parents who feel overhousehold responsibilities and childcare at the same time during this pandemic. This article provides tips for family guidelines, online school, and managing behavioral problems in a safe and proactive manner

Self-Care for Parents: "For parents, prioritizing your own well-being benefits your whole family."

California Parent & Youth Helpline and National Parent Helpline: If you are a parent or youth feeling overwhelmed, these helplines offer support in the morning until evening via phone call, live chat, or text. Don't be afraid to reach out if you are feeling stressed!

WarmLine Family Resource Center aims to assist parents of children with special needs. They offer free consultations, help connect parents who feel isolated with other families to formulate meaningful connections, create community events catered towards children, and offer workshops and online resources for additional support.

Recognizing the importance of self-care and garnering support from others is a huge step forward, and looking into these resources can help you work towards a healthier environment for yourself and those around you.

IMPORTANT NOTE FOR READERS: Please take a few minutes to complete this survey related to the article. You will only need to answer a few short questions and your responses will remain anonymous. Thank you! https://forms.gle/





For All Your Real Estate Needs

Kristi Davis	Kathy Pizzuti	Elissa Ide
(916) 870-0582	(916) 712-7712	(916) 532-2905
Realtor	Realtor	Realtor
Angie Gayton	Alexis Parsons	Lisa Gregory
(916) 524-5347	(916) 330-0303	(916) 599-4899
Realtor	Realtor	Broker/Owner

If you are in the market to buy or sell, or just have a real estate question and need advice, please reach out to one of our highly qualified agents.

Our team works with both buyers and sellers and handles everything from traditional sales to short sales, bank owned properties to investment properties.

Feel free to give us a call anytime. We would love to help you in your next real estate venture

> Check out our website: www.gregoryrealtygroup.net



740 M Street, Suite A Rio Linda, CA 95673

(916) 991-6500

Fax (916) 991-6400

DRE# 01504394

Fire & Water - Cleanup & Restoration[™]

SERVPRO of North Highlands/Rio Linda

PROPERTY DAMAGE REMEDIATION & REPAIR

Mold, Water & Fire Damage

• Commercial & Residential • Trained, Uniformed Professionals • Complete Move-Outs Restoration Vendor for Insurance

RESTORATION:

• Fire, Smoke, and Soot • Water Removal & Dehumidification • Mold Mitigation & Remediation • Catastrophic Storm Response • Move-Outs and Contents restoration • Electronics and Equipment • Document Drying• Contents Claim Inventory Service

CLEANING:

• Air Ducts & HVAC • Carpet, Upholstery, Drapes • Deodorization • Biohazard, Crime Scene & Vandalism • Ceilings, Walls and Hard Floors

Services may vary by location



CLEANING SERVICE Have Questions? Call Today (916) 991-1522

(916) 991-1522

www.servpronorthhighlandsriolinda.com Email: office@servpro10057.com 5704 Dry Creek Road, Rio Linda, CA 95673

Now, That was a Festival Our Shrinking State

Continued from page 1 you're interested in learning more http://www. arrl.org. He has talked to people overseas and farther away. It is a great hobby and doesn't cost much, once you have the

equipment. I thanked him still making it pleasurand walked on following my nose to grilled meat.

There were so many people there were lines for the food and at the booths. All the tractors seemed shinier, the breeze was able while looking around. After grabbing a hot dog and saying goodbyes, I was off to some yard work/ field work for my FARM. Take care of you, and hug more...C



Vintage tractor glory for Nate Pollen on his 1934 Farmall. Photo by Cecilia Lee Fesen



Alvin Coulter rides his experimental jet engine tractor. Photo by Cecilia Lee Feser

Jeff Wallom is dressed in overalls and ready to do some vintage harvesting. Photo by Cecilia Lee Feser



Two Officer Safety Bills Stall in the Senate

Continued from page 1

2020 roughly 51,000 Californians died of COVID-19. Travel restrictions and fear of contagion also dramatically tamped down the number of new arrivals from abroad, the main source of the state's population growth over the last decade.

"Going forward, we anticipate that those two factors that tipped us temporarily into negative territory are going to change over the next few months," said Department of Finance spokesperson H.D. Palmer.

But even if California reaches herd immunity, the state isn't likely to experience a serious growth spurt anytime soon. Our pre-pandemic plodding rate of growth is thanks to a few long-term trends.

The state birth rate, which took a dip in 2020, has been on a gradual decline for years.

The number of Californians who have left the state for more affordable corners of the union has also been a drag on the state's head count for three decades. That "net-domestic outmigration" exceeded the number of new immigrants from around the world for the first time in 2018, according to Department of Finance estimates.

Palmer went out of his way to stress that Californians packing it up for Texas and Colorado are not the primary cause of the state's striking population decline.

"Some people who run with statistical scissors will try to extrapolate or hyperventilate that this is evidence of some sort of 'Mad Max' style 'exodus' from California and that is not the case," he said.

California's conservative critics have spent the better half of this century warning that the state's relatively steep tax rates on higher-income individuals and voluminous regulations will chase the Golden State's job creators to less taxed and regulated states.

But a new analysis from the Public Policy Institute of California says the state remains as attractive as ever for the welloff. It's people in the working and middle classes who are leaving, largely due to high housing and other costs. "In the past five years the flow of middle-income residents out of the state has accelerated," wrote Hans Johnson, a demographer with the institute.

The overall numbers of Californians coming and going mask much larger changes within the state. The more dramatic "exodus" has not been from California to Florida, but from the Bay Area to the Central Valley and from Los Angeles to the Inland Empire.

According to the state's new estimates, San Francisco's population declined by 1.6% while Los Angeles' population dropped by 1.3%. The beneficiary of all those work-from-anywhere emigrants lie inland. Since January 2020, the populations of Merced, Manteca and Tracy in the north San Joaquin Valley and Banning and San Jacinto in Riverside County all grew by more than 2%.

Ben covers California politics and elections. Prior to that, he was a contributing writer for CalMatters reporting on the state's economy and budget.



Thank A Veteran Today

Continued from page 1

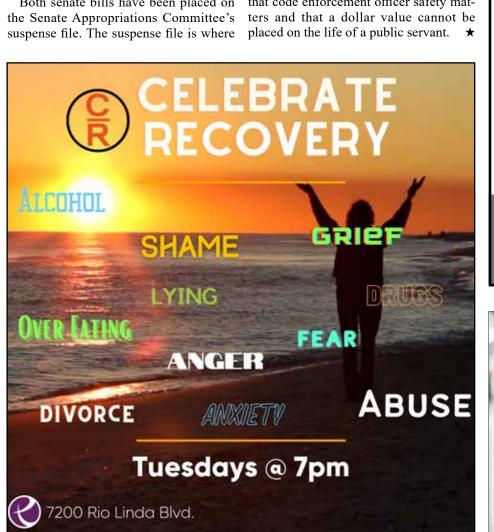
Senate Bill 101, sponsored by Senator Jim Nielsen, would close the loophole in existing law by prohibiting the disclosure of the home addresses of code enforcement officers by the Department of Motor Vehicles (DMV). This bill will add an important layer of safety that will help ensure that all code enforcement officers will have their DMV information protected.

Senate Bill 296, sponsored by Senator Monique Limón, would require cities and counties to establish safety protocols specific to the duties and risks faced by code enforcement officers in their particular jurisdictions. Currently, many jurisdictions do not have programs to properly train and help protect code enforcement officers from threats, assaults, batteries, or worse.

Both senate bills have been placed on

the committee pigeon holes all bills that are purported to have cost issues. This despite the fact that SB 101 includes language which provides that all costs associated with its adoption will be covered through a fee paid by the applicant for the service provided by the DMV. SB 296 also does not require new spending or costs. As written, jurisdictions will retain the control to design and implement training and safety protocols within their existing budgets based on the dynamics of their community.

CACEO is urging the Senate Appropriations Committee to remove both bills from the suspense file to allow them to proceed with the legislative process. With the rise in violence and threats towards code enforcement officers, the stakes have never been higher. It's time for state representatives to demonstrate that code enforcement officer safety matplaced on the life of a public servant. \star



YOU DON'T NEED TO BE UP ALL NIGHT WONDERING **IF YOUR TENANTS** ARE DESTROYING YOUR PROPERTY. OUR PROCESS IS DESIGNED TO PLACE THE BEST TENANTS IN YOUR HOMES. WE PROTECT YOUR INVESTMENT.





Our Business Line Our Fax Line

916-991-9999 916-991-8125



California Still Mistreating Its School Kids



By Dan Walters **CALMatters**

The traditional school year will soon end, but the maltreatment of California's 6 million public school students - especially those from poor non-white families – shamefully continues.

Although on paper California's schools have reopened their classrooms after being closed to battle the spread of COVID-19 infection, most pupils will close out the year still struggling to learn at home or, in too many cases, having given up for a lack of technical and human support.

EdSource, an online site devoted to California education trends, detailed the educational disaster in a recent article, having delved deeply into state Department of Education data.

"Although 87% of California's traditional public schools have reopened for some form of in-person instruction, fewer than half of students have returned either full time or part time in a hybrid model,' EdSource revealed. "A total of 55% of all public school students, including those in charter schools, were at home, in distance learning, as of April 30, according to an EdSource analysis of new data released by the state.

Get a veteran journalist's take on what's going on in California with a weekly round-up of Dan's column education and led to the disevery Friday.

"EdSource found that two-thirds of students in district schools with the largest proportions of lowincome families were in distance learning, compared with only 43% of students in schools with the fewest low-income families – a disparity that may partly explain a widening learning gap between wealthy and poor students that researchers and teachers suspect the pandemic has enlarged.

"Higher COVID rates in poor communities contributed to the disparity. Parents in highly infected areas have been reluctant to send their children back to school, and teachers in those areas resisted returning. Parents in low transmission areas, meanwhile, pressured school boards to reopen."

California is something of an outlier, according to monthly surveys of school reopening by the federal government's Institute of Education Sciences. With full classroom access available to only 11% of its students, the state is at or near the bottom, according to its March survey. Other states ranged to as high as 100%. In arch-rival Texas, 93% of students have full classroom access.

Months-long stalemates between teacher unions and local school leaders over the terms of reopening have been a major factor in California's tardiness. Gov. Gavin Newsom and the Legislature's dominant Democrats, who are politically allied with the unions, have been noticeably unwilling to intervene.

However, leaving hands has undermined the *newspapers*.

promise of universal public parity that EdSource noted - classroom access for kids in upscale communities and homebound status quo in poor communities.

California already had an immense "achievement gap" before the pandemic flared and there's absolutely no doubt that the disparity has widened over the last 14 months, as a December report from McKinsey & Co. on national school trends underscores.

"Educators, parents, and students know firsthand the high cost of this prolonged period of remote learning, from rising rates of depression and anxiety to the loss of student learning," the report declared. "The COVID-19 pandemic has taken an especially heavy toll on Black, Hispanic, and Indigenous communities. Along with robbing them of lives and livelihoods, school shutdowns could deny students from these communities the opportunity to get the education they need to build a brighter future."

Newsom, facing a recall election next fall, has been running around the state declaring that the worst of the pandemic is over, that California's economy will soon fully reopen and that he expects that schools will return to normal schedules after summer.

Even if those predictions come true, California's neediest children will have fallen further behind their peers with diminishing chances of ever catching up.

Dan Walters has been a journalist for nearly 60 years, spending all but a few of those years reopening decisions in local working for California



Ask Toni Understanding Hospice!

Hello Toni:

case manager and

critical care unit

RN, I am advising

adult children who

are desperately

seeking advice for

are closing in on



Toni King

end-of-life issues. Those that have serious health care issues should be offered every option for proper planning as end-of-life care...most appropriately... hospice!

Can you explain hospice for your readers as I am sure this will help those who are seeking answers for their frail loved ones and give the caregiver some well needed rest?

Thanks in Advance...Susan from Denver Susan:

HOSPICE ... is a subject no one wants to discuss to their elderly family member when they are ill but can seriously help a family when their loved one is terminally ill as the illness takes a toll on the caregiver and the patient.

Many people wait too long to begin hospice benefits and believe hospice is for the last days to help a person die peacefully. Many doctors and individuals wait too long to order and receive hospice.

Hospice can give hope along this journey with education, medication to manage symptoms, support to the patient and family, and counseling services for the patient, family members and care givers.

Health care professionals in the hospice system consist of physicians, nurses, social workers, spiritual counselors, certified nursing assistants and volunteers. A hospice provider comes to where the patient lives to provide the care.

explains what hospice is in Medicare terms and what Medicare covers for hospice under Part A of Medicare. A doctor that orders hospice must certify that you are terminally ill and have 6 (six) months or less to live. When you agree to hospice care, you are agreeing to comfort care (palliative care) instead of care to cure your illness. You also must sign a statement says.com.

choosing hospice care instead of other Medicare-covered treatments for your ter-As a certified

minal illness.

Hospice can be recertified every 6 months by a hospice medical director or hospice doctor if you are still terminally ill. Original Medicare will be billed for your hospice care.

Hospice will cover all medical care for the terminal illness and Medicare will pay for health problems that are not related to your terminal illness (co pays will apply). Medicare-certified hospice care is usually given in your home or other facility where you live, like a nursing home.

For those who are enrolled in a Medicare Advantage plan, when you are receiving hospice, the hospice benefit will be paid for by Original Medicare, not your Medicare Advantage plan. You will pay your co pay for any medical care that is not associated with the terminal illness.

- Medicare costs under Hospice:
- You pay nothing for hospice care (Medicare pays)
- You pay a copayment of up to \$5 per prescription for outpatient prescription drugs for pain and symptom management.
- You pay 5% of the Medicare-approved amount for inpatient respite care.

You can choose to walk through this journey helpless or have control over your end-of-life plan of care. Know that hospice provides comfort, dignity, protection of your wishes, love, and support.

Talk with a geriatric case manager or geriatric doctor if you have some concerns or need some advice with your loved one's terminal healthcare issue.

For assistance with enrolling and personalizing your Medicare contact the Toni Says® office at 832/519-8664.

2021 Confused about Medicare and In the Medicare & You handbook, it LTC Zoom webinar is Thursday, May 27th at 4:00 PM. Visit www.tonisays.com to sign up for Toni's new webinar event.

> Toni King, Medicare author/advocate is giving a \$5 discount to the Toni Says[®] readers on the new 2021Medicare Survival Guide® Advanced book at www. tonisays.com. Have a Medicare question? Call 832/519-8664 or email info@toni-



CHERRY CREEK VETERINARY HOSPITAL

www.bowinklesdrivethru.com



7955 Watt Avenue, Antelope

Mon-Fri 8am–6pm • Sat–Sun 8:30am–4pm • By appointment

CHURCH DIRECTORY

CALVARY BAPTIST CHURCH 6608 16th, Rio Linda 991-5870 Cowboy Pastor Jeff Clement Sunday School: 10:00 am Morning Worship: 11:00 am Awana: 4:30 pm Evening Worship: 6:00 pm Wed Bible Study: 7:00 pm Free Store Saturday: 10:00 am -1:00 pm	Zion Luttheran Church 3644 Bolivar Ave. North Highlands, CA. (LCMS) 332-4001 www.ZionLutheranNH.org Sunday Schedule 9:00 am Traditional Worship 10:30 am Praise Band Worship 10:30 am Praise Band Worship 0R if you prefer you can worship in your car in the parking lot Tune your radio to 88.7	Calvary Lutheran Church 5th and L Streets, Rio Linda 991-2135 Pastor Kirsten Moore Sunday Adult Ed: 9:00am Sunday Worship: 10:30am Child Care during Worship with Bible Stories and Crafts	New Beginnings Dellowship Pastor Deonte Walters 10th and O Streets 991-2918 Sunday School: 9:00am Sunday Worship: 10:30am	Church of Rio Linda Data of Old Time Religion 6550 Drycreek Rd. 991-6766 Rob Royer, Pastor Sunday School: 10:00am Sunday Evangelistic: 6pm Wednesday Bible Study: 7:30pm YouTube.com
This space could belong to your Church Call Today The Rio Linda News 916-991-3000	CONFERENCE STATES STATE		Church of Christ Worship God's Way Minister Eric Smith 6818 4th Avenue Rio Linda, CA 95673 991-2668 Church 10:30am	North Metro Church of Christ 4191 Norwood Ave., Sacramento 95838 916-923-1147 Minister Pete Savage SUNDAY Bible Classes: 10:00am Worship: 11:00am Worship: 6:00pm Wednesday Bible Classes: 7:00pm
First Baptist Church Elverta 112 West Delano St., Elverta Pastor Peter Ceccardi 9:45am, Sunday Bible Study 11:00am, Sunday Worship and Kids Church 6pm, Sunday Night Bible Study 5:30pm Sunday Youth Program 6-7pm Dinner & Wed. Worship AA meets Mon. 10-11am email: Peter@fbcelverta.org	Rio Linda Community United Methodist Church 6800 6th St. (Corner of 6th & M) Rio Linda 991-1638 Pastor Carolee Caterall Sunday School: 9:30am Worship Service: 11:00am	Rio Linda Seventh Day Adventist Church 7535 - 10th St. and U Rio Linda Sabbath School: 9:15am Worship Services: 11:00am	New Life CHRISTIAN CHURCH 2037 Elkhorn Boulevard 991-3001 Sunday School: 9:45am Sunday: 10:45am Sunday Evening: 6:00pm Wednesday: 7:00pm Pastor James A. Duncan	LIBERTY MINISTRIES CHRISTIAN FELLOWSHIP Pastor Shannon Fannin Liberty Ministries extends an invitation to come and join us for Celebration Worship Saturday 6:30pm Sunday10:00am Call for info on Child Care. Preschool. Youth Extreme and Food Closet. 922-6442 4840 Marysville Blvd.

May is American Stroke Month

By Liz Faris, American Heart Association

SACRAMENTO, CA (MPG) - The American Heart Association/American Stroke Association, the world's leading voluntary organization focused on heart and brain health, is raising awareness about strokes for American Stroke Month in May. Strokes don't discriminate. They can happen to anyone, at any age - and about one in four people worldwide will have one in their lifetime. The good news? 80 percent of first strokes may be prevented.

Stroke prevention is especially important now as much of what puts you at risk for a stroke, uncontrolled high blood pressure, smoking or unhealthy weight, also increases your risk for complications due to COVID-19. High blood pressure is the leading preventable cause of stroke and up to 40% of Black adults in the U.S. have high blood pressure.

Stroke recovery begins the moment you suspect a stroke. The sooner a person can be treated for stroke, the more likely they are to have a successful outcome. He advises everyone to be ready to act FAST if they suspect a stroke.

V.F.W. Post 4647

3300 "U" Street

• We will provide you with a table and space. You will need chairs, pop up and

· COVID 19 guidelines at the time of the

• We are also looking to collect items to send overseas to our soldiers. (Ask for

Contact Donna Master or Julie Neale to reserve a space

hand sanitizer for your space.

event must be adhered to.

Restrooms provided

donna8419@surewest.net Julieneale@yahoo.com

list if interested.)

ТНЕ

The acronym F.A.S.T. stands for: Face Drooping - Does one side of the face droop or is it numb? Ask the person to smile. Is the person's smile uneven? Arm Weakness - Is one arm weak or numb? Ask the person to raise both arms. Does one arm drift downward? Speech Difficulty - Is speech slurred? Is the person unable to speak or hard to understand? Ask the person to repeat a simple sentence, like "The sky is blue."

Time to Call 9-1-1 - If someone shows any of these symptoms, even if the symptoms go away, call 9-1-1 and get to a hospital immediately. (Tip: Check the time so you'll know when the first symptoms appeared.)

Stroke is largely beatable through highquality rehabilitation and patient support as well as implementation of the Association's Rehabilitation Guidelines. Stroke rehabilitation can help patients build their strength, capabilities and confidence, potentially regaining skills and returning to independent living. Rehab can also help patients better manage other conditions they have, which may affect daily living or their risk for a second stroke.

For more information, visit www. StrokeAssociation.org.

Limited space available

\$25.00 for each space

ATTN: Rio Linda / Elverta Ratepayers

- Our Local Water District sent out the Prop 218 letter for Increasing OUR Usage Fees - These two Bills "SB606 & AB1668" which Jerry Brown passed in 2018 for Indoor Usage ONLY. It is Clearly written in these bills - Our State must still Work On Outdoor Usage per lots sizes and as they stated take in Consideration for hotter region such as Our's.

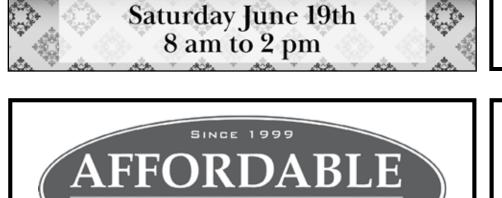




For Weddings, Anniversaries & Birthdays

(916) 243-3151

920 Oak Lane, Rio Linda Rio Linda Shopping Center (Formerly Mar-Val Center)



Vendor/Crafters/Rummage Sale



CREMATION & FUNERAL CENTER INC

SENSIBLE

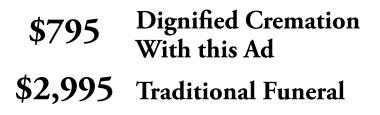
ALTERNATIVE

Compassion, Care, Dignity and respect

We promise honest, upfront pricing Never be overcharged or mislead

- We invite comparisons to our services and facilities.
- Pre-planning and pre-payment services.
 Guaranteed Pricing.





(916) 469-0866 Call 24 hours

4750 Beloit Drive, Sacramento / FD-2352

(Off Interstate 80, Exit Marysville/Raley Blvd.) www.affordablecremationofsacramento.com



License #876169



Paul V. Scholl

The Rio Linda News is

a member of Messenger

To submit your articles,

Publisher@mpg8.com.

Be sure to place in the

at (916) 991-3000 or

(916) 773-1111.

subject field "Attention to

information, announcements

or letters to the editor, please

email a Microsoft Word file to:

Publisher". If you do not have

email access, please call us

Publishing Group

THE NEWS

Established 1983 ... The best little paper in these parts!

Serving Rio Linda, Elverta and Sacramento County

It is the intent of The *Rio Linda News* to strive for an objective point of view in the reporting of news and events. It is understood that the opinions expressed on these pages are those of the authors and cartoonists and are not necessarily the opinions of the publisher or our contributors.

The *Rio Linda News* is not responsible for unsolicited manuscripts or materials. The entire contents of The *Rio Linda News* are copyrighted. Ownership of all advertising created and/or composed by The News is with the publishing company and written permission to reproduce the same must be obtained from the publisher.

Subscriptions should be mailed to *The Rio Linda News*, 7144 Fair Oaks Blvd. Suite 5, Carmichael, CA 95608. Subscription rate is \$32 per year within Rio Linda, Elverta, Sacramento County, \$42 outside Sacramento County.

The *Rio Linda News* is published weekly. Call (916) 773-1111 for more information.

We are proud members of these newspaper associations.





A D V ERTISING Legal Advertising Hotline 916-483-2299 LEGAL Carmichael Times Adjudicated For and By the County of Sacramento, Adjudication No. 317294-February 7, 1984 Legal Advertising Fax Rancho Cordova Independent Adjudicated For and By the County of Sacramento, Adjudication No. 195380–September 18, 1969 Citrus Heights Messenger Adjudicated For and By the County of Sacramento, Adjudication No. 34-2020-00273535–March 12, 2020 916-773-2999 FICTITIOUS BUSINESS NAME STATEMENT FICTITIOUS BUSINESS NAME STATEMENT FICTITIOUS BUSINESS NAME STATEMENT FICTITIOUS BUSINESS NAME STATEMENT FICTITIOUS BUSINESS NAME STATEMENTS FBNF2021-03961 Miguel Guerra DDS, Inc., 5907 Oak Avenue, Carmichael, CA FBNF2021-04694 Kent Craig Jr., 3208 FBNF2021-04160 Takoa S. Woodard & Donald Woodard, 10499 Ambassador Drive, FBNF2021-04127 Petru Turcanu. 2445 FICTITIOUS BUSINESS NAME STATEMENT Covered Wagon Circle, Elverta, CA 95626 Magicwoods Court, Sacramento, CA FBNF2021-03814 Tammi Jean Bradley, Rancho Cordova, CA 95670 are doing 95608 is doing business under the Fictitious are doing business under the Fictitious 95827 is doing business under the Fictitious Business Name(s) "On The 6536 Creekmont Way, Citrus Heights, CA Name(s) "Exceldent Dentistry husiness under the Fictitious Business Name(s) Business Name(s) "PT Residential 95621, is doing business under the Fictitious 1831 Exposition Boulevard, Suite 200, Sacramento, CA 95815. Filed with the Services" 2445 Covered Wagon Circle, "Picture This Photo Booth" 10499 Ambassador Way Transport" 3208 Magicwoods Court, Business Name(s) "SDP Life" 6536 Creekmont Elverta, CA 95626. Filed with the Clerk Drive, Rancho Cordova, CA 95670. Filed with Way, Citrus Heights, CA 95621. Filed with the Sacramento, CA 95827. Filed with the Clerk of Sacramento County April 27, 2021 Publish: May 7, 14, 21 & 28, 2021 the Clerk of Sacramento County April 30, 2021 of Sacramento County April 29, 2021 Publish: May 21, 28 and June 4, 11, 2021 Clerk of Sacramento County April 21, 2021 Publish: April 30, May 7, 14 and 21, 2021 Clerk of Sacramento County April 30, 2021 Publish: May 14, 21, 28 and June 4, 2021 5-28-21 FXCFI 180201 Publish: May 21, 28 and June 4, 11, 2021 180201 6-4-21 PTRES 6-11-21 PICTURE 180201 180201 5-21-21 SDP TRANSPORT 180201 6-4-21 FICTITIOUS BUSINESS NAME STATEMENT FICTITIOUS BUSINESS NAME STATEMENT FICTITIOUS BUSINESS NAME STATEMENT FICTITIOUS BUSINESS NAME STATEMENT EBNE2021-03060 Medizen 8698 Elk FBNF2021-04147 Advenco LLC, 13725 ORDER TO SHOW FOR CHANGE OF NAME FBNF2021-04228 FBNF2021-03857 Kelly Ann Fields, 8424 Grove Boulevard, #1-198, Elk Grove, CA Parvin Sadat Banihashamie, 2500 Winsford Aplite Court Citrus Heights, CA 95610 is Metcalf Avenue, Suite 426, Overland Park, Lane. 95624, is doing business under the Fictitious KS 66223 is doing business under the Business Name(s) "Medizen" 1869 Arden doing business under the Fictitious Business Carmichael, CA 95608 is doing business under Fictitious Business Name(s) "Rocky Mountain Name(s) "The Effen Barbershop" 8424 Aplite Way, Sacramento, CA 95815, Filed with the the Fictitious Business Name(s) "Banihashamie Recreation Company" 14960 Twin Cities Road, Herald, CA 95638. Filed with the SUPERIOR COURT OF CALIFORNIA Court Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County March 29, 2021 Beauty Art" 2310 Fair Oaks Boulevard. COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE Clerk of Sacramento County April 22, 2021 Publish: May 7, 14, 21 & 28, 2021 #C, Sacramento, CA 95825. Filed with the Publish: April 30, May 7, 14 and 21, 2021 BARBER 180201 5-2 Clerk of Sacramento County April 30, 2021 5-28-21 MEDIZEN 180201 Clerk of Sacramento County May 4, 2021 CHANGE OF NAME 5-21-21 Publish: May 21, 28 and June 4, 11, 2021 ROCKY 180201 6-1 FICTITIOUS BUSINESS NAME STATEMENT Publish: May 14, 21, 28 and June 4, 2021 #34-2021-00298572 6-11-21 FICTITIOUS BUSINESS NAME STATEMENT BEAUTY 180201 6-4-21 FBNF2021-03215 Potosi Brewing Company, 215 S Main Street, Potosi, WI 53820 is Trang Thi Thu Tran on behalf of Tyler FBNF2021-03717 Joyce Glover, 2801 FICTITIOUS BUSINESS NAME STATEMENT Tien Tran (a minor) has filed a petition FICTITIOUS BUSINESS NAME STATEMENT 33rd Avenue Sacramento. CA 95824 is doing business under the Fictitious Business FBNF2021-04513 Salvador Ramirez & with this court for a decree changing the doing business under the Fictitious Business FBNF2021-03683 Nima Aflatooni DDS Inc., Name(s) "Two Pitchers Brewing Company" 215 S Main Street, Potosi, WI 53820. Filed with Demelia Ramirez, 5113 Walnut Garden Court, Name(s) "Her Sanctuary Ministries, Her Sanctuary" 2801 33rd Avenue Sacramento, CA 95824. Filed with the Clerk of Sacramento County April 19, 2021 name(s) of Tyler Tien Tran to Tyler Phu. 11230 Gold Express Drive, Suite 401, Gold Carmichael, CA 95608 is doing business IT IS ORDERED that all persons River, CA 95670 is doing business under the Clerk of Sacramento County April 5, 2021 Publish: May 7, 14, 21 & 28, 2021 under the Fictitious Business Name(s) interested in the above-entitled matter the Fictitious Business Name(s) "Gold River "La Cabaña" 8475 Folsom Boulevard, appear before this court at 9:00a.m. Smiles, A Dental Practice of Nima Aflatooni TWO 180201 5-28-21 Sacramento, CA 95826. Filed with the on June 8, 2021, in Department 54, Publish: April 30, May 7, 14 and 21, 2021 HER 180201 5-2 DDS, Inc." 11230 Gold Express Drive, Suite located at 800 9th Street, 3rd Floor, FICTITIOUS BUSINESS NAME STATEMENT Clerk of Sacramento County May 10, 2021 5-21-21 301, Gold River, CA 95670. Filed with the Sacramento, CA 95814, and show FBNF2021-03948 The Armory Company, LLC, 6112 Ebonywood Court, Citrus Heights, Publish: May 21, 28 and June 4, 11, 2021 Clerk of Sacramento County April 19, 2021 FICTITIOUS BUSINESS NAME STATEMENT cause, if any, why the petition for Change of Name should not be granted. CABAÑA 180201 6-11-21 Publish: May 14, 21, 28 and June 4, 2021 FBNF2021-02995 Robert Anthony CA 95621 is doing business under the Fictitious Business Name(s) "The Armory 180201 FICTITIOUS BUSINESS NAME STATEMENT DeSomber, 5223 Harrison Street Linden GOLD 6-4-21 Dated: April 14, 2021 CA 95236, is doing business under the Fictitious Business Name(s) "Grasons of FBNF2021-04197 Ronald Steven Chaddock, Company" 6112 Ebonywood Court, Citrus Heights, CA 95621. Filed with the Clerk Christopher E. Krueger, Judge of the Superior FICTITIOUS BUSINESS NAME STATEMENT 11116 Cilker River Way, Rancho Cordova, FBNF2021-03260 Stefan D. Britton, 3536 Court CA 95670 is doing business under the Fictitious Business Name(s) "Chaddock of Sacramento County April 26, 2021 Publish: May 7, 14, 21 & 28, 2021 Publish: April 30, May 7, 14 and 21, 2021 PHU 180101 5 North Sacramento County" 5223 Harrison Husch Way, Rancho Cordova, CA 95670 is Street Linden, CA 95236. Filed with the 5-21-21 doing business under the Fictitious Business Clerk of Sacramento County March 26, 2021 5-28-21 ARMORY 180201 Name(s) "The Party Man" 3536 Husch Way, SUPERIOR COURT OF CALIFORNIA Publish: April 30, May 7, 14 and 21, 2021 180201

FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-03483 Kenneth Franklin, 8109 Golden Crest Way, Orangevale, CA 95662 is doing business under the Fictitious Business Name(s) "Franco Bandz, Kamp Franklin" 8109 Golden Crest Way, Orangevale, CA 95662. Filed with the Clerk of Sacramento County April 12, 2021 Publish: April 30, May 7, 14 and 21, 2021 FRANCO 180201 5-21-21

GRASON

5-21-21

FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-03422 Alamo Business Corporation, 30612 San Antonio Street Hayward, CA 94544 is doing business under the Fictitious Business Name(s) "Alamo Business Corporation" 30612 San Antonio Street, Hayward, CA 94544. Filed with the Clerk of Sacramento County April 9, 2021 Publish: April 30, May 7, 14 and 21, 2021 ALAMO 180201 5-21-21

FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-03641 Fashan's Entertainment World LLC, 2740 Fulton Avenue Ste. 101, Sacramento, CA 95821, is doing business under the Fictitious Business Name(s) "Fashan's Consulting LLC" 2740 Fulton Avenue Ste. 101. Sacramento, CA 95821, Filed with the Clerk of Sacramento County April 15, 2021 Publish: April 30, May 7, 14 and 21, 2021 FASHAN 180201 5-21-21

FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-03705 American Home Services, Inc., 10636 Basie Way, Rancho American Home Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "American Home Services, Inc." 10636 Basie Way, Rancho Cordova, CA 95670, Filed with the Clerk of Sacramento County April 19, 2021 Publish: April 30, May 7, 14 and 21, 2021 AMERICAN 180201 5-2 5-21-21

FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-03703 The California Center, 455 Windward Way, Sacramento, CA 95831, is doing business under the Fictitious Business Name(s) "California Center for Civic Participation" 455 Windward Way, Sacramento, CA 95831. Filed with the Clerk of Sacramento County April 19, 2021 Publish: April 30, May 7, 14 and 21, 2021 CALIF 180201 5-2 5-21-21

FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-03700 Peace of Mind Marriage & Family Therapy, Inc., 1002 River Rock Drive Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "Peace of Mind Therapeutic Solutions, The Lataya Way ″ 1002 River Rock Drive Folsom, CA 95630. Filed with the Clerk of Sacramento County April 19, 2021 Publish: April 30, May 7, 14 and 21, 2021 5-21-21 180201 PEACE FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-03710 Muhammad Fiaz Ladi, 4451 Gateway Park Boulevard Apt. 330, Sacramento, CA 95834 is doing business under the Fictitious Business Name(s) "Star Delivery" 4451 Gateway Park Boulevard Apt. 330, Sacramento, CA 95834. Filed with the Clerk of Sacramento County April 19, 2021 Publish: April 30, May 7, 14 and 21, 2021 180201 5-21-21 STAR

FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-03987 Skyline Motorsports, 215 Kenroy Lane, #9, Roseville, CA 95678 is doing business under the Fictitious Business Name(s) "Pizza Boys" 7829 Sunrise Boulevard. Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County April 27, 2021 Publish: May 7, 14, 21 & 28, 2021 PIZZA 180201 5-28-21

FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-04011 Calvary Chapel Folsom/ Orangevale, 7921 Kingswood Way, A4E, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "Calvary Solid Ground" 7921 Kingswood Way, A4E, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County April 28, 2021 Publish: May 7, 14, 21 & 28, 2021

CALVARY 180201 5-28-21 FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-04124 Markari Jeanpierre Riverside Boulevard Sacramento, CA 95831 is doing business under the Fictitious Business Name(s) "ProCuts" 6001 Riverside Boulevard Sacramento, CA 95831. Filed with the Clerk of Sacramento County April 29, 2021 Publish: May 7, 14, 21, and 28, 2021 CUTS 180201 5-28-21

CUTS FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-03722 Maxim Yakimchuk, 1810 G Street #4 Sacramento, CA 95811 is doing business under the Fictitious Business Name(s) "Grooming with Max" 1810 G Street #4 Sacramento, CA 95811. Filed with the Clerk of Sacramento County April 20, 2021 Publish: May 7, 14, 21, and 28, 2021 5-28-21

GROOMING 180201 FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-03691 Melody Bernedette Royal, 1466 Bismarck Lane, Brentwood, CA 94513 is doing business under the Fictitious Business Name(s) "Royal Real Estate" 180 Prominade Circle, Suite 300 Sacramento, CA 95834. Filed with the Clerk of Sacramento County April 19, 2021 Publish: May 7, 14, 21, and 28, 2021

ROYAL 180201 5-28-21 FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-04163 Regan3, Inc, 9827 Fair Oaks Boulevard, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s "Horizon Properties, Horizon Properties Real Property Management" 9827 Fair Oaks Boulevard Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County April 30, 2021 Publish: May 7, 14, 21, and 28, 2021 HORIZON 180201 5-28-21

Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County April 6, 2021 Publish: May 14, 21, 28 and June 4, 2021 180201 6-4-21 PARTY FICTITIOUS BUSINESS NAME STATEMENT

FBNF2021-04234 Adrianna Dauniele Sammons, 8523 Sadie Court, Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "Infinite Tulip Occasions, Infinite Tulip Designs" 8523 Sadie Court, Antelope, CA 95843. Filed with the Clerk of Sacramento County May 4, 2021 Publish: May 14, 21, 28 and June 4, 2021 INFINITE 180201 6-4-21 FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-04304 Erick Antonio Perez-

Vargas, 10833 Folsom Boulevard, Apt. 204, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "California Satisfactory Decoration Painting" 10833 Folsom Boulevard, Apt. 204, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County May 5, 2021 Publish: May 14, 21, 28 and June 4, 2021 CALIFORNÍA 180201 6-4-21

FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-03970 Bakshi Motors, LLC, 1592 Santa Ana Avenue. Sacramento. CA 95838 is doing business under the Fictitious Business Name(s) "Bakshi Motors, LLC" 1592 Santa Ana Avenue, Sacramento, CA 95838. Filed with the Clerk of Sacramento County April 27, 2021 Publish: May 14, 21, 28 and June 4, 2021 BAKSHI 180201 6-4-21

FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-04182 Takoa S. Woodard, 10499 Ambassador Drive, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Koa's Notary Signings" 10499 Ambassador Drive Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County April 30, 2021 Publish: May 14, 21, 28 and June 4, 2021

KOAS 180201 6-4-21 FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-04290 Brayan Azahel Diaz Alvarado, 7255 Hayward Drive, Sacramento, CA 95828 is doing business under the Fictitious Business Name(s) "D & D Building Services" 7255 Hayward Drive, Sacramento, CA 95828. Filed with the Clerk of Sacramento County May 5, 2021 Publish: May 14, 21, 28 and June 4, 2021

Painting" 11116 Cilker River Way, Rancho Cordova, CA 95670. Filed with the Clerk Sacramento County May 3, 2021 Publish: May 21, 28 and June 4, 11, 2021 CHADDOCK 6-11-21 180201

FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-04470 Ronald Steven Chaddock, 11116 Cilker River Way, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Nations 2 Harvest Ministries" 10388 Rockingham Drive. Sacramento. CA 95827. Filed with the Clerk of Sacramento County May 7, 2021 Publish: May 21, 28 and June 4, 11, 2021 INFINITE 180201 6-11-21 FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-04057 VA7 Carmichael Gardens, LLC, 2082 Michelson Drive, 4th Floor, Irvine, CA 92612 is doing business under the Fictitious Business Name(s) "Renew 4247" 4247 Hackberry Lane, Carmichael, CA 95608. Filed with the

Clerk of Sacramento County April 29, 2021 Publish: May 21, 28 and June 4, 11, 2021 RENEW 180201 6-11-21

FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-03108 HAWK47 Trans Inc, 4014 Pinoche Peak Way, Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name(s) "HAWK47" 4014 Pinoche Peak Way, Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County April 1, 2021 Publish: May 21, 28 and June 4, 11, 2021

6-11-21 HAWK 180201 FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-04577 Sap Solutions LLC, 4229 Boone Lane, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Inspired Elite Solutions" 2740 Fulton Avenue, Suite 124, Sacramento, CA 95821. Filed with the Clerk of Sacramento County May 12, 2021 Publish: May 21, 28 and June 4, 11, 2021

INSPIRED 180201 6-11-21 FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-03656 Ferdinand Agustin, 4 Mistyvale Court, Sacramento, CA 95823 is doing business under the Fictitious Business Name(s) "Skye Dref" 4 Mistyvale Court, Sacramento, CA 95823. Filed with the Clerk of Sacramento County April 16, 2021 Publish: May 21, 28 and June 4, 11, 2021 SKYE 180201 6-11-21

FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-04584 Kristopher Garcia, 1713 mett Way, doing business under the Fictitious Business Name(s) "Physique Vacations" 1713 Burnett Way, Sacramento, CA 95818. Filed with the Clerk of Sacramento County May 12, 2021 Publish: May 21, 28 and June 4, 11, 2021 PHYSIQUE 180201 6-11-21

COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME

#34-2021-00298566 Huven Thi Tran has filed a

petition with this court for a decree . changing the name(s) of Huyen Thi Tran to Huyen Gwen Thi Tran. IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00a.m. on June 8, 2021, in Department 54, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: April 14, 2021 Christopher E. Krueger, Judge of the Superior

Court Publish: April 30, May 7, 14 and 21, 2021 TRAN

180101 5-21-21 SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO

ORDER TO SHOW CAUSE CHANGE OF NAME #34-2021-00298364

Elizabeth Lorena Mendez-Nova has filed a petition with this court for a decree changing the name(s) of Elizabeth Lorena Mendez-Nova to Elizabeth Nova.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 1:30p.m. on June 3, 2021, in Department 53, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: April 13, 2021

Shama H. Mesiwala, Judge of the Superior Court Publish: April 30, May 7, 14 and 21, 2021

NOVA 180101 5-21-21 SUPERIOR COURT OF CALIFORNIA

COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2021-00292773

Nicholas Robert Antonio Rees has filed a petition with this court for a decree changing the name(s) of Nicholas Robert Antonio Reesto Nicholas Antonio Barajas.

IT IS ORDERED that all persons terested in the above-entitled matter appear before this court at 9:00a.m. on June 1, 2021, in Department 53, located at 813 6th Street, 2nd Floor, acramento CA 95814 and show

Legal Advertising 7144 Fair Oaks Blvd #5 Carmichael, CA 95608

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2021-00298886

Dawn Marie Cullo has filed a petition with this court for a decree changing the name(s) of Dawn Marie Cullo to Dawn Marie Winston.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00a.m. on June 10, 2021, in Department 54, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: April 19, 2021

Christopher E. Krueger, Judge of the Superior Court

Publish: April 30, May 7, 14 and 21, 2021 CULLO 180101 5-21-21

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2021-00299181

Serena Marie Richards Gouvea has filed a petition with this court for a decree changing the name(s) of Serena Marie Richards Gouvea to Serena M Gouvea.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 1:30p.m. on June 17, 2021, in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: April 23, 2021

Shama H. Mesiwala, Judge of the Superior Court

5-28-21

5-28-21

Publish: May 7, 14, 21 & 28, 2021 GOUVEA 180101

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2021-00294454

Katelynn Olson has filed a petition with this court for a decree changing the name(s) of Katelynn Renee Olson to Katelvnn Renee Gonzales.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00a.m. on June 3, 2021, in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: April 12, 2021

Christopher E. Krueger, Judge of the Superior Court

Publish: May 7, 14, 21 & 28, 2021 GONZALES 180101

> SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2021-00293303

Miranda Monday has filed a petition with this court for a decree changing the name(s) of Deejay Lee McGuire to Deeiav Lee McGuire-Monday. IT IS ORDERED that all persons interested

in the above-entitled matter appear before this court at 1:30p.m. on June 10, 2021, in Department 53, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: April 16, 2021

Shama H. Mesiwala, Judge of the Superior

FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-03667 Chanh Hill, 1536 38th Avenue Sacramento, CA 95822 is doing business under the Fictitious Business Name(s) "Mixed Fusion" 1536 38th Avenue Sacramento, CA 95822, Filed with the Clerk of Sacramento County April 16, 2021 Publish: April 30, May 7, 14 and 21, 2021 MIXED 180201 5-21-21

FICTITIOUS BUSINESS NAME STATEMENT BNF2021-03352 Valentyn Pitsul, 8332 Nathalie Way, Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "United Four Logistics" 8332 Nathalie Way, Antelope, CA 95843. Filed with the Clerk of Sacramento County April 7, 2021 Publish: April 30, May 7, 14 and 21, 2021 UNITED 180201 5-21-21

FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-03030 Joanna Ramirez, 879 Parklin Avenue Sacramento, CA 95831 is doing business under the Fictitious Business Name(s) "Nanna's Delicacies" 879 Parklin Avenue Sacramento, CA 95831. Filed with the Clerk of Sacramento County March 29, 2021 Publish: April 30, May 7, 14 and 21, 2021 NANNA 180201 5-2 5-21-21

FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-03891 DL Realty Partners, LLC, 2377 Gold Meadow Way #100 Gold River, CA 95670 is doing business under the Fictitious Business Name(s) "Noble Realty Solutions" 2377 Gold Meadow Way #100 Gold River, CA 95670. Filed with the Clerk of Sacramento County April 23, 2021 Publish: April 30, May 7, 14 and 21, 2021 180201 5-21-21 NOBLE

FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-03456 Christopher Harvey, 6160 63rd Street, Sacramento, CA 95824 is doing business under the Fictitious Business Name(s) "Cuts by Chris" 6160 63rd Street, Apt. #150. Sacramento, CA 95824. Filed with the Clerk of Sacramento County April 9, 2021 Publish: May 7, 14, 21 & 28, 2021

180201 5-28-21 CUTS FICTITIOUS BUSINESS NAME STATEMENT

FBNF2021-03963 Conduit For The World of Life, Inc., 3505 Parkview Lane, Rocklin, CA 95677, is doing business under the Fictitious Business Name(s) "Bibles for Asia" 2260 E Bidwell, Unit 1112, Folsom, CA 95630, Filed with the Clerk Sacramento County April 27, 2021 Publish: May 7, 14, 21 & 28, 2021 5-28-21 BIBLES 180201

FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-03848 Demetra Sylvia Hagen, 1556 36th Street, Sacramento, CA 95816 is doing business under the Fictitious Business Name(s) "New Illume" 1556 36th Street. Sacramento, CA 95816. Filed with the Clerk of Sacramento County April 22, 2021 Publish: May 7, 14, 21 & 28, 2021 180201 5-28-21 NEW

FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-03934 Klein House Properties LLC, 6765 Judistine Drive Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "Auto Splash Car Wash" 7320 Winding Way Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County April 26, 2021 Publish: May 7, 14, 21, and 28, 2021 180201 5-28-21 AUTO

FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-04107 Johnson Consultation LLC, 4301 Brookfield Services #233768 Sacramento, CA 95822 is doing business under the Fictitious Business Name(s) "4 A Good Notary, 4 Peace Within Services" 2000 Whitman Way Sacramento, CA 95822. Filed with the Clerk of Sacramento County April 29, 2021 Publish: May 7, 14, 21, and 28, 2021 5-28-21 NOTARY 180201

FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-04084 Bravlio A Gramajo, 7051 Bowling Drive Apt #209 Sacramento, CA 95823 is doing business under the Fictitious Business Name(s) "Capitol City Cleaning" 7051 Bowling Drive #209 Sacramento, CA 95823, Filed with the Clerk of Sacramento County April 29, 2021 Publish: May 7, 14, 21, and 28, 2021 180201 5-28-21 CLEANING

FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-03512 Eternal Verities Appare LLC, 7952 Canyon Drive Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "Eternal Verities Apparel, Eternal Verity Apparel, Eternal Verity Kids" 7952 Canvon Drive Fair Oaks, CA 95628, Filed with the Clerk of Sacramento County April 13, 2021 Publish: May 14, 21, 28 and June 4, 2021 ETERNAL 180201 5-2 5-21-21

FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-03796 RRM-CLM Services, LLC, 11811 N Tatum Boulevard, #4095, Phoenix, 85028 is doing business under the Fictitious Business Name(s) "Inyo Recreation, Sierra Recreation, Sequoia Recreation, Tahoe Recreation, Mountain Top Recreation Outdoor Recreation Services, Outdoor Recreation" 11811 N Tatum Boulevard, #4095, Phoenix, AZ 85028. Filed with the Clerk of Sacramento County April 21, 2021 Publish: May 14, 21, 28 and June 4, 2021 RECREATION 80201 6-4-21

FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-04185 Kurtis LaGrone, 3246 Lowther Way, Antelope, CA 95843, is doing business under the Fictitious Business Name(s) "Amazing Optics" 3246 Lowther Way, Antelope, CA 95843. Filed with the Clerk of Sacramento County May 3, 2021 Publish: May 14, 21, 28 and June 4, 2021 AMAZING 180201 6-4-21

FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-03609 Elena Zhuk, 4528 Zachary Way, Sacramento, CA 95842 is doing business under the Fictitious Business Name(s) "EZ-Fashion" 4528 Zachary Way, Sacramento, CA 95842, Filed with the Clerk of Sacramento County April 14, 2021 Publish: May 14, 21, 28 and June 4, 2021 EZ 180201 6-4 6-4-21

FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-03854 Hameedullah Naulistani 7520 Brabham Way, Elk Grove, CA 95758, is doing business under the Fictitious Business Name(s) "King's Mini Mart" 4132 Manzanita Avenue, Suite 300, Carmichael. CA 95608. Filed with the Clerk of Sacramento County April 22, 2021 Publish: May 14, 21, 28 and June 4, 2021 KINGS 180201 6-6-4-21

180201 FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-04457 Robert Brown Mearns. 3725 Wingate Drive Carmichael, CA 95608, is doing business under the Fictitious Business Name(s) "Alternative Health Solutions" 3725 Wingate Drive Carmichael, CA 95608. Filed with the Clerk of Sacramento County May 7, 2021

Publish: May 14, 21, 28 and June 4, 2021 ALTERNATIVE 180201 6-4-21 FICTITIOUS BUSINESS NAME STATEMENT

FBNF2021-04195 Trustee of the Highlands Irrevocable Trust, 8032 Red Pine Court Citrus Heights, CA 95610, is doing business under the Fictitious Business Name(s) "Sapphire Property Management" 8032 Red Pine Court Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County May 3, 2021 Publish: May 14, 21, 28 and June 4, 2021 SAPPHIRE 180201 6-4-21

FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-04339 Reena Devi Sharma, 470 Natalino Circle Sacramento, CA 95835, is doing business under the Fictitious Business Name(s) "Sari Fashion" 5757 Watt Avenue North Highlands, CA 95660. Filed with the Clerk of Sacramento County May 5, 2021 Publish: May 14, 21, 28 and June 4, 2021 SARI 180201 6-4-21

FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-04454 Erin Shelby, 2773 14th Street Sacramento, CA 95818, is doing business under the Fictitious Business Name(s) "Shelby HR Solutions" 2773 14th Street Sacramento, CA 95818. Filed with the Clerk of Sacramento County May 7, 2021 Publish: May 14, 21, 28 and June 4, 2021

SHELBY 180201 6-4-21 FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-04473 Paul Smith. 6513 Madison Avenue, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "All American Will Kits" 6513 Madison Avenue, Carmichael, CA 95608, Filed with the Clerk of Sacramento County May 10, 2021 Publish: May 21, 28 and June 4, 11, 2021 AMERICAN 80201 6-11-21

FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-03455 Natalya Lewis, 9312 Trout Way, Elk Grove, CA 95624, is doing business under the Fictitious Business Name(s) "Bear Oils" 9312 Trout Way, Elk Grove, CA 95624. Filed with the Clerk of Sacramento County April 9, 2021 Publish: May 21, 28 and June 4, 11, 2021 180201 BEAR 6-11-21

FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-04073 Inn Off Capitol Park, LLC, 1530 N Street, Sacramento, CA 95814 is doing business under the Fictitious Business Name(s) "Inn Off Capitol Park, Inn Off Capitol Park, LLC" 1530 N Street, Sacramento, CA 95814. Filed with the Clerk of Sacramento County April 29, 2021 Publish: May 21, 28 and June 4, 11, 2021 INN 180201 6-11-21

FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-03847 Arthur H. Rivera, 3455 Wildwind Court, Sacramento, CA 95827, is doing business under the Fictitious Business Name(s) "RTC Power" 3455 Wildwind Court, Sacramento, CA 95827. Filed with the Clerk of Sacramento County April 22, 2021 Publish: May 21, 28 and June 4, 11, 2021 RTC 180201 6-11-21

FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-03783 Madam Butterfly Stores Inc., 500 Pavilions Lane, Sacramento CA 95825, is doing business under the Fictitious Business Name(s) "Masunaga Business Development, MB Developments MB International" 500 Pavilions Lane. Sacramento, CA 95825. Filed with the Clerk of Sacramento County April 21, 2021 Publish: May 21, 28 and June 4, 11, 2021 MASUNAGA 180201

FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-03842 Stella Vasquez, 2631 La Mesa Way, Sacramento, CA 95825, is doing business under the Fictitious Business Name(s) "Taste the Heat" 2631 La Mesa Way, Sacramento, CA 95825. Filed with the Clerk of Sacramento County April 22, 2021 Publish: May 21, 28 and June 4, 11, 2021 180201 6-11-21 TASTE

FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-04010 E&C Meng LLC, 4936 Concordia Drive, El Dorado Hills, CA 95762. is doing business under the Fictitious Business Name(s) "Valley Car Wash" 2580 Valley Road, Sacramento, CA 95821, Filed with the Clerk of Sacramento County April 28, 2021 Publish: May 21, 28 and June 4, 11, 2021 6-11-21 VALLEY 180201

FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-04624 Zen Life Organics LLC, 10143 La Placita Drive, Rancho Cordova, CA 95670, is doing business under the Fictitious Business Name(s) "Med Drop 420, Zenful Garden Cannabis Co., Zen Life Therapeutics" 10143 La Placita Drive, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County May 13, 2021 Publish: May 21, 28 and June 4, 11, 2021 MED 180201 6-11-21

FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-04514 North Star Collison Repair Inc., 3248 Auburn Boulevard, Suite #2, Sacramento, CA 95821, is doing business under the Fictitious Business Name(s) "Fix Auto Capital City" 3248 Auburn Boulevard. Suite #2, Sacramento, CA 95821. Filed with the Clerk of Sacramento County May 10, 2021 Publish: May 21, 28 and June 4, 11, 2021 180201 6-11-21 FIX

FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-04463 Jacinto Salanguit Gallardo, 6101 Summerset Lane, Citrus Heights, CA 95621, is doing business under the Fictitious Business Name(s) "Mary Seacole Nursing Staffing Services, Peleg Technical Staffing Services" 5409 Palm Avenue, Sacramento, CA 95841. Filed with the Clerk of Sacramento County May 7, 2021 Publish: May 21, 28 and June 4, 11, 2021 MARY 180201 6-11-21

FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-04303 Dawn L. Kiley, 4229 Birgit Way, Sacramento, CA 95864, is doing business under the Fictitious Business Name(s) "Stellar Mama Oracle" 4229 Birgit Way, Sacramento, CA 95864. Filed with the Clerk of Sacramento County May 5, 2021 Publish: May 21, 28 and June 4, 11, 2021 STELLAR 180201 6-11-21

cause, if any, why the petition for Change of Name should not be granted. Dated: April 6, 2021

Shama H. Mesiwala, Judge of the Superior Court

Publish: April 30, May 7, 14 and 21, 2021 180101 BARAJAS 5-21-21

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2021-00298166

Gillian Elizabeth Collier has filed a petition with this court for a decree changing the name(s) of Gillian Elizabeth Collier to Gillian Elizabeth Bethoney.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00a.m. on June 2, 2021, in Department 54, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: April 9, 2021 Christopher E. Krueger, Judge of the Superior

Court Publish: April 30, May 7, 14 and 21, 2021 180101 COLLIER 5-21-21

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2021-00298160

Kyle David Collier has filed a petition with this court for a decree changing the name(s) of Kyle David Collier to Kyle Matthew Bethoney. IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00a.m. on June 2, 2021, in Department 54,

located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: April 9, 2021

Christopher E. Krueger, Judge of the Superior Court

Publish: April 30, May 7, 14 and 21, 2021 BEHTONEY 180101 5-2 5-21-21

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2021-00298841

Tien Ngoc Phan has filed a petition with this court for a decree changing the name(s) of Tien Ngoc Phan to Kevin Tien Phan.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00a.m. on June 10, 2021, in Department 54, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: April 14, 2021 Christopher E. Krueger, Judge of the Superior Court

PHAN 180101 5-21-21

Court

Publish: May 7, 14, 21 & 28, 2021 MONDAY 180101 5-28-21

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2021-00298947

Chia-Yun Lin has filed a petition with this court for a decree changing the name(s) of Chia-Yun Lin to Kellie Chia-Yun Lin.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00a.m. on June 15, 2021, in Department 54, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: April 21, 2021

Christopher E. Krueger, Judge of the Superior Court Publish: May 7, 14, 21 & 28, 2021

180101 LIN 5-28-21

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2021-00299486

Daisy Nai Yang has filed a petition with this court for a decree changing the name(s) of Daisy Nai Yang to Daisy Nai Yangh. IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00a.m. on June 23, 2021, in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: April 28, 2021

Christopher E. Krueger, Judge of the Superior Court

Publish: May 14, 21, 28 and June 4, 2021

YANGH 180101 6-4-21

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME

#34-2021-00298638 Linda Jean Collop has filed a

petition with this court for a decree . changing the name(s) of Linda Jean Collop to Susan Lee Roberts. IT IS ORDERED that all persons interested in the above-entitled matter

appear before this court at 9:00a.m. on June 8, 2021, in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: April 15, 2021 Christopher E. Krueger, Judge of the Superior Court Publish: May 14, 21, 28 and June 4, 2021 COLLOP 180101 6-4-21

Publish: April 30, May 7, 14 and 21, 2021



More than any Amount of Money

Dear Dave,

My husband and I are both 29, and we have good jobs that allow us to bring home \$100,000 a year combined. Recently, we began talking about starting a family. We live on a budget, but we still have about \$15,000 in credit card debt and student loans we're working hard to pay off. Do you think couples should wait until they are debt-free to have children?

- Missy

Dear Missy

You and your husband are chipping away at your debt, and that's a good thing. It sounds like you two are determined to get it paid off and take control of your finances. You're also making pretty good money, so keep up the good work!

Dave Ramsey Says

have to run out and buy a Ok, so the truth is kids can be expensive. From medical costs and diapers, to childcare and beyond, it costs money to raise a family. But here's the thing: If you let money alone, or the perfect financial situation, determine whether you have kids or not, you may never have them. Now, would it be easier from a financial standpoint only to wait on having kids until you're debt-free and there's a huge pile of cash in the bank? Sure, it would. But children are worth more than any amount of money. If you love each other and want to be parents, and you're mature

don't let this debt stop you. A child isn't going to derail your journey to financial peace. Having kids might cause you to press pause for a while on some financial matters, or slow your pace a little bit, but as long as you both stay focused and determined to manage your money wisely, chances are things will work out fine.

adults in every other area,

Just don't make the mistake lots of parents do especially first-time parents. Many of them think they

new, "safer" car, spend a fortune on a fancy crib, or buy all things baby from some overpriced boutique. Do you get what I'm saying, Missy? Why buy a brand-new, \$400 stroller, when a friend or relative has a perfectly good, barely used one they're willing to give you?

It's easy to get carried away spending for a baby. But children will be just fine as long as they have food, clothing, shelter - and most importantly – loving, caring parents. God bless you two!

- Dave

Dave Ramsey is a seven-time #1 national bestselling author, personal finance expert, and host of The Ramsey Show, heard by more than 18 million listeners each week. He has appeared on Good Morning America, CBS This Morning, Today Show, Fox News, CNN, Fox Business, and many more. Since 1992, Dave has helped people regain control of their money, build wealth and enhance their lives. He also serves as CEO for Ramsey Solutions. \star

Governor's Actions Point to Need for Long-Term Water Investment

By Dave Kranz, California Farm Bureau

SACRAMENTO. CA (MPG) - Actions in a widened drought emergency order issued by Gov. Gavin Newsom will provide some short-term benefit through voluntary water transfers and exchanges in parts of drought-stricken California, the California Farm Bureau said, while the organization expressed concern about emergency powers granted to the state water board and re-emphasized the need for significant, long-term investments to secure future food production in the state.

The pandemic has reinforced that farming is an essential business and the drought has reinforced that water is essential to farming," California Farm Bureau President Jamie Johansson said. "We appreciate any effort the state can make to provide more water in the short term to farmers who need it. At the same time, we must not lose sight of existing water-rights priorities and the need to balance supplies for food production, fisheries and cities.

"By widening the drought emergency, the governor has recognized the reality facing much of rural California: Our future is not guaranteed," Johansson said. "By proposing to invest in canal repairs and other projects, he has shown a willingness to address part of that longer-term problem, but where are the projects the voters invested in when they approved a water bond seven years ago?

"Following a year of economic shutdown for our communities, record wildfires, blackouts on the state's electrical grid and soaring home prices, it is apparent Californians face a quality-of-life issue. We hope this is a watershed moment in which we realize that building, not just planning, will preserve that way of life," he said.

"In addition to longer-term infrastructure needs, we also need to ensure family farms and the people, communities and businesses that rely on them – are able to survive this year. We urge the governor to engage with family farmers, at the local level, to understand how best to ensure that our farms and the food they produce will be available to Californians for years to come," Johansson said.

"Water to farms means food for families, jobs for farm employees and much-needed help for rural economies," he said. "With predictions that climate change will lead to even less certainty about precipitation and water supplies, California must commit to a full-scale program to increase storage, enhance efficiency and create new supplies through water recycling and desalination."

The California Farm Bureau works to protect family farms and ranches on behalf of nearly 32,000 members statewide and as part of a nationwide network of nearly 5.6 million Farm Bureau members.



916-722-6321

BPTreeServices.com

VISA / MASTER CARD

California Contractors Lic #103603

guided tour, and then a free day in Manhattan

(hotel near Times Square multiple nights).

All tour information can be found on our website: www.bobsbaseballtours.com

The Housing Authority of the County of Butte is an Equal Opportunity Employer and Housing Provider"





(Résumés By Design in Sacramento since 1985)

(916) 974-1000

Advanced. \$15/half hour. \$25/hour. freddiebbalbert@gmail.com. 916-507-6658 (MPG 12-31-21)

Quality game tickets, hotels

& motor coach transportation.

MAY 21, 2021

CALL A PRO BUSINESS DIRECTORY





eastern Asia

manservant

words)

capital

21. EUR, pl.

alternative

37 A in IPA

Prizes

56. Sophia

actress

worker

64. Big top DOWN

material

4. Desire

Union

Kevin

26. Pas

29. Frolics

9. James



Classified Advertising

Sell Your Stuff! Reach 1000's of **Readers Every Week!**



916-773-1111

Sudoku Puzzle on Page 8								
5	8	9	4	3	1	2	6	7
1	7	4	2	6	8	5	3	9
2	3	6	7	9	5	4	1	8
7	4	5	6	1	9	3	8	2
3	6	8	5	4	2	9	7	1
9	2	1	3	8	7	6	4	5
8	1	3	9	5	6	7	2	4
4	5	2	8	7	3	1	9	6
6	9	7	1	2	4	8	5	3

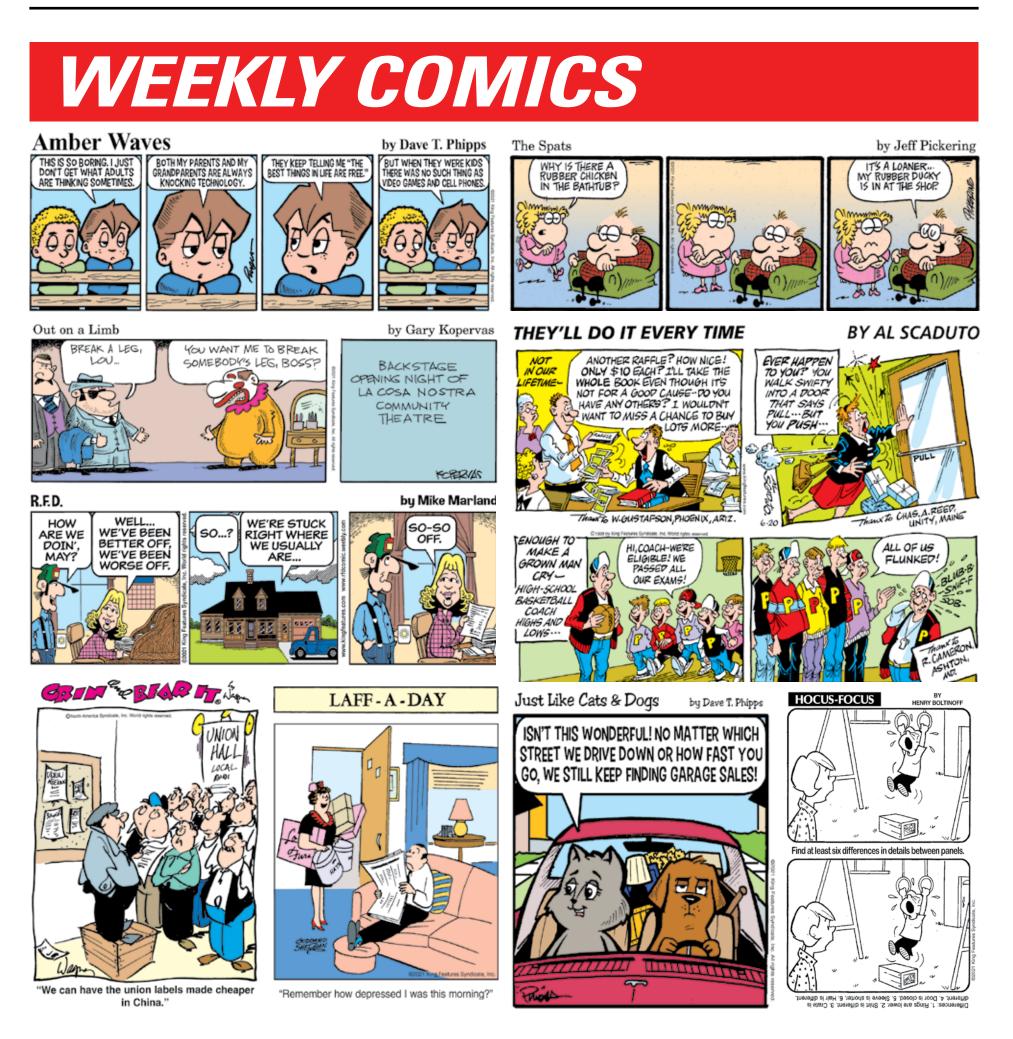


12 5. Have a bawl 8. *"Neutral" capital 15 17 12. Paella pot 13. Mend, healthwise 14. Deadly snake of south-18 20 15. Multicolored horse 22 16. Estimator's phrase (2 17. "The Addams Family" 23 24 25 26 27 28 29 18. *Northernmost European 32 20. One of British Isles 35 38 22. Ensign, for short 23. Pieces of glass, e.g. 39 42 26. Vacuum cleaner 30. "_____ the land of the free..." 43 31. Oxygenate, as in lawn 48 34. Insane, in Spain 35. Just harvested, e.g. 38. Church song 39. Tiny amount 40. Military marksman 42. Fake tooth 60 61 59 43. Devoid of liquid 45. Jet setters' vessels 62 63 64 47. Address abbreviation 48. Sports stadium 50. Japan's highest mountain **Blazing Fast** 52. *Capital that hosts Nobel BRING EVERYTHING fles dish Internet! YOU LOVE TOGETHER! . Italian ₹\$19.99 57. Genesis twin 58. Curved molding 2-YEAR **/** 99 59. Tequila source TV PRICE **190 CHANNELS** 60. Non-permanent office MO. GUARANTEE Including Local Channels 61. Like dental surgery 62. *Capital on a fjord CALL TODAY - For \$100 Gift Card Penelote INFIN 63. Possesses 1-888-416-7103 Office 1947 dish 🚮 © StatePoint Media 1. Unit of pressure named after Torricelli 38. Practical joke FREE DATE CHANGES ON 2021 TOURS 40. Canine command 2. Post sun-bathing relief 3. Wallace & Gromit modeling 41. Eyeball washing vessel 44. Offer two cents 46. Collusion 5. Aussie gas station 48. Away from harbor (2 words) promo code N7017 CALL 1-855-208-9533 6. Desert wanderer's hope 49. Drifts 7. Alexander Alexandrovich 50. *London was famous for these pea soup particulars Russian poet 8. *Also the capital of European 5 7 51. Russian mountain chain 52. Comedian Rogan 53. Shrek, e.g. 7 2 Jones 6 54. Not fatty 54. No. 55. Patty ____ Tzu 10. Paddy grain 11. To the degree 3 8 4 13. Like voice after a pep rally 14. "A Fish Called Wanda" actor 6 3 7 19. Judea, alt. sp. 4 22. Mama sheep 23. *Bulgarian capital and actress 1 7 5 Vergara's given name 24. Long-necked bird 8 3 2 25. Rocky ridge 7 9 3 27. Hunt illegally 28. Audience's approval 3 6 1 32. "Atlas Shrugged" author Ayn 33. Cassius Clay Fill in the blank squares in the grid, making sure that every 36. *Balkan capital and 1984 row, column and 3-by-3 box includes all digits 1 through 9 Olympics location Solutions on Page 8

THE NEWS \cdot 9

SALES FOR PRODUCE WILL

BEGIN ON WEDNESDAYS @ 12:00PM



FRESH

PRODUCE





Advertised items good at KP International Market - Rancho Cordova location ONLY. We reserve the right to LIMIT QUANTITIES. Not responsible for TYPOG OR PICTORIAL ERRORS. All advertised items are SUBJECT TO AVAILABILITY. Sorry NO RAINCHECKS. PRICES EFFECTIVE MAY 19 - MAY 25, 2021.

Rio Linda & Elverta Real Estate Specialist



Dare

Real Estate, Inc.

DRE# 02063930

Serving Rio Linda & Elverta for over 30 Years

Call us for a Free Market Value of your Home or Land

992-9922

Rio Linda & Elverta Home prices are STILL UP!

Don't Trust Computer-Generated Home Value Estimates...



Raymond Dare, Broker DRE# 01128753

Call me for an Expert Home or Land Valuation (916) 992-9922

Coming Soon! 2 – ACRE LOT FOR SALE READY TO BUILD

Call for more information, (916) 992-9922, Broker

Recent Area Sales				
ADDRESS	SQ FT	LOT SIZE	SOLD PRICI	
6512 24TH Street	1,566	1.63 Acres	\$430,000	
2145 Q Street	1,201	1.12 Acres	\$449,990	
6813 18th Street	2,185	1 Acre	\$480,000	
5720 West 6th St.	1,100	2.25 Acres	\$544,000	
5647 2nd Street	2,974	2.32 Acres	\$718,000	
5808 West 6th St.	1,660	3.14 Acres	\$770,000	
6834 18th Street	3,550	2.16 Acres	\$910,000	

Based on information from Metrolist Services Inc. for period 11/30/2020 to 2/19/2021. Provided properties may or may not be listed by the office/agent presenting the information.

Call me for information on these homes (916) 992-9922 darehomesonline.com

Our promise



No rate increases for a FULL year AND Second Month FREE ALWAYS

That's right. If you ask those other guys, they'll freely admit you're going to get three and four rate increases in the first year. That means if you move in at \$125, by the end of the year you could be paying DOUBLE that, \$250, or even more!

We don't do business that way at A-1 Storage. We respect our customers and we appreciate your business. If we quote you a price, we stand behind that price for a full year.

Call us at 916-432-2790. Allow us to quote you a price on a clean and convenient storage unit, and then go talk to the other guys. No rush.

We'll be right here waiting for you!



(916) 432-2790 www.A-1-Storage.com







A-1 STORAGE, 1346 Q Street, Rio Linda, CA 95673