

Airport's New Human Trafficking **Detection Program** Announced PAGE 2

California Roads Ranked Among the Worst PAGE 2





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VOLUME 40 • ISSUE 12

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MARCH 19, **2021** 

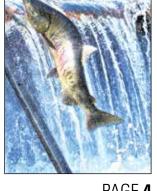
## SDD NSIDE

## **AGENCY ON** AGING VIRTUAL **WORKSHOPS**



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## **POOR SALMON FORECAST FOR** THIS YEAR



# **Equine ER on the Road**





Right: Loomis Basin Veterinarians come equipped in their Truck of Wonders' truck beds with syringes, bottles of medicine, disinfectant, running water, and rolls of gauze Photos by Cecilia Lee Feser

### By Cecilia Lee Feser

RIO LINDA, CA (MPG) - Rio Linda is made up of many mini farms and a few large farms. I myself have a mini farm with 2 mini pigs, 2 alpacas, 2 mini horses, a donkey and 3 sheep. For some reason I feel like singing, "...and a partridge and a pear tree.".

Have you ever wondered, what do we farmers do when our horse won't

later out walked Dr. Langdon Fielding, a graduate of Davis Veterinarian services. After shaking hands and introductions, we started on our tour of their facilities. Very impressive

First, we went to that traveling white, "Truck of Wonders, and it was. Syringes,



## SacRT Survey Asks for Community Feedback to Plan for **Future Service**

By Jessica Gonzalez, Sac Regional Transit

SACRAMENTO REGION, CA (MPG) - The Sacramento **Regional Transit District** (SacRT) is asking for feedback from the public to help plan future transit service by taking a brief online survey. Travel patterns and work schedules have changed over the last year, and SacRT is gauging rider and community interest in riding transit as more vaccines become available and COVID-19 cases drop. SacRT will use the data to help update its Short Range Transit Plan, and planning standards and metrics for measuring success on the system overall.

The online survey is available at sacrt.com/survey and will be open until Monday, March 29, 2021. Survey participants have chance to win a gift card, SacRT swag or a monthly ransit pa The COVID-19 pandemic has demonstrated the vital role public transit has played in the Sacramento region for continuing to get people to essential jobs, medical facilities, grocery stores and other services. SacRT has been operating at approximately 100% pre-COVID service levels since the end of August 2020 to reduce transportation barriers and ensure equitable transit for disadvantaged and underserved communities. SacRT is planning on expanding three SmaRT Ride service zones in April and is monitoring school district plans for in-person learning to resume bus service for students. In September 2020, SacRT conducted a twoweek online rider survey on transit ridership during the COVID- 19 pandemic. As a result, 313 total responses were provided on how they have been affected and their current and future plans for transit use. Details on the results of that survey are available here: https://www.sacrt. com/apps/covid-19-riderattitude-report-results/ Masks or face coverings are required while waiting at a station or transit center, riding transit or visiting the SacRT Customer Service and Sales Center. More information on SacRT's best safety practices and COVID-19 precautions are available at sacrt.com/ covid19.

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fit in our car? It is a real issue when one of your large animals gets ill or cut. I have faced this and found Loomis Basin Veterinarians to be fast and on call anytime. I wanted to know more and drove up to Loomis Basin to see them and to interview a doctor about their traveling Wheels of Wonder also known as a traveling ER. Once I got there and explained why I was there, they told me to have a seat and they would check. You're supposed to make an appointment, even to do interviews. Good thing I did not know this and a few minutes

bottles of medicines and disinfectant, running water, and rolls of gauze and this barely touches all the organized 'stuff' inside the truck bed. When they leave from your call, they take ALL used materials back to their office for proper disposal.

I asked him what are some of the calls you make? He said, "first on the list is Colic. It is when you have an issue in the belly. You must not let them roll or they twist a gut, which usually does not end well. Then the

THAT sick? Well, after telling them there's nothing more you can do, you tactfully suggest to them that the *Continued on page 3* 

## **DoorDash COVID-19 Restaurant Relief Grant Winners**

By Becky Warren, Public Affairs

SACRAMENTO, CA (MPG) - DoorDash announced the winners of the COVID-19 Restaurant Relief Grant program provided through its Main Street Strong effort. These grants are a part of DoorDash's five-year, \$200 million Main Street Strong Pledge to empower local communities, which included a \$10 million grant program effort across select cities, states, and counties in the U.S. and Canada.

The grants are being administered by Hello Alice and can be used to cover operating costs during this challenging time, including rent, payroll, purchasing PPE, expanding outdoor dining capacity, and other expenses.

With the grant from DoorDash, the able to expand the takeout & delivery model. The hardship experienced by the full-service dining establishments in the past year has made the industry aware it needs to be more dynamic with the changing environment. "We hope to have the takeout & delivery model not only be a supplement to the business but be a part of

Restaurant and Bar.

The below Sacramento restaurants have been selected to receive \$5,000 grants through the program: Aura Korean & Japanese Restaurant; Azul Mexican Food & Tequila Bar; BBQ & Burgers; Binchoyaki; Bon Mua; Broderick Roadhouse; Canon; Captain Fish and Chips; Casablanca Café; Chaat of India; Chicken & Waffles House; Co Mai's Kitchen; Colo's Soul Food; Dat Thanh Restaurant; Dubplate Kitchen & Jamaican Cuisine; Fizz; Foundation Restaurant and Bar; Fox & Goose Public House; Gaspachos; Habesha Restaurant; House of Queen Sheba; Jimmys Poke House & Sushi Restaurant; Koja Kitchen Sactown; La Cosecha Sacramento; Foundation Restaurant & Bar will be La Venadita; Louisiana Heaven; said, "The past year has been LowBrau Biergarten; Maydoon Restaurant; Ming Dynasty Seafood Restaurant; My Sister's Care; Pho Ru Restaurant; Poke Ichii (two locations); Sac City Brews Neighborhood Tap House; Szechuan Spicy House; Tapa the World; Taqueria Cucos; Thai Canteen, Sacramento; Thanh Huong Food To Go & Bakery; The the entire business model," said Matt Kitchen @ Beer 40; The Sandwich Sin, Managing Member, Foundation Spot; The Shack; Tiferet Coffee

House; Vuvuzela; and Wonder Cafe & Restaurant.

All restaurants who applied for a grant will receive free access to the Hello Alice platform, which offers peer-to-peer networking, mentorship, and tools such as the COVID-19 Restaurant Resource Center, a curated list of industry-specific resources, information from fellow restaurant and food service owners about the challenges they're facing, and howto guides designed to help restaurants reopen the doors and get back to business. Hello Alice will begin grant distribution in March, with all restaurants receiving their grant by early May.

When launching the program, Sacramento Mayor Darrell Steinberg immensely challenging for the restaurant industry. Direct, unrestricted relief from DoorDash to the selected restaurants will allow the owners and chefs some financial peace of mind and hopefully to stay in business. My sincere appreciation to DoorDash for their efforts to support restaurants here in Sacramento."

"As the leading voice for business *Continued on page 3* 

## **Airport's New Human Trafficking Detection Program Announced**

### Samantha Mott, Sacramento County News

SACRAMENTO, CA (MPG) -Every year traffickers use trains, buses, planes and ships to transport thousands of victims, hiding them in plain sight while traveling to destinations around the world. As the eyes and ears in airports and global transportation systems, airport employees are uniquely positioned to help combat the issue of human trafficking.

January was National Slavery and Human Trafficking Prevention Month, and in recognition of that, the Sacramento County Department of Airports (SCDA) partnered with the Department of Homeland Security (DHS) to develop a new Human Trafficking Awareness and Reporting training program.

Together with U.S. Customs and Border Protection and the Department of Transportation, the Blue Campaign, a division within the DHS Office of Partnership and Engagement, created the Blue Lightning Initiative (BLI).

The BLI program is designed to provide airport employees with the tools needed to take advantage of their unique position and



As the eyes and ears in airports and global transportation systems, airport employees are uniquely positioned to help combat the issue of human trafficking. Image by Ahmad Ardity from Pix

human trafficking victims and notify federal authorities. In 2018, then California Governor Jerry Brown signed AB 2034. This bill requires transit agencies like bus and light rail stations to provide human trafficking training to employees who may interact with traffickers and/or their victims.

apply to airport agencies, SCDA has decided to move forward and join this partnership to provide training to all of its employees.

"SCDA leadership feels strongly about this program," said Airport Director Cindy Nichol. "We realize the potential impact it can have and we are committed to offering this training to our employees."

In addition to a number of other Federal agencies, there ability to identify potential are approximately 10 other lives to justice.

airports, 26 airlines, and six industry associations taking part in the program.

Participating BLI partners instruct their employees using the BLI virtual training module and associated printed educational materials. The training may be integrated into partners' initial or refresher training Although the bill does not for flight attendants, pilots, customer service representatives, and other aviation industry personnel.

> The Blue Campaign is the unified voice for the DHS efforts to combat human trafficking, working with federal, state, and local governments, as well as law enforcement, public, and private organizations. The Blue Campaign strives to protect the fundamental right to freedom and bring those who exploit human

## **COVID – 19 One Year Later: Americans Step Up to Address Families' Urgent Needs**

### By Stephen Walsh, American Red Cross

SACRAMENTO, CA (MPG) - One year since the World Health Organization declared COVID-19 a pandemic, people have stepped up to address the emotional needs of families reeling from the coronavirus and 2020's record-breaking disasters.

Throughout our region and across the country, trained American Red Cross disaster mental health and spiritual care volunteers have had more than 53,000 conversations to provide emotional support to people in 2020 - which had the greatest number of billion-dollar disasters in a single year. In addition, trained volunteers have provided free crisis counseling through the Red Cross Virtual Family Assistance Center for grieving families during COVID-19.

"The past year has been overwhelming for many in our community, and yet through it all, people are caring for one another," said Regional Chief Executive Gary Strong. "When help can't wait, they provide families with the support they need during emergencies. During Red Cross Month in March, we honor this humanitarian spirit and ask you to join us by donating, giving blood, volunteering or taking a class to learn lifesaving skills."

What Is Red Cross Month: For nearly 80 years, U.S. presidents have proclaimed March as Red Cross Month to recognize people giving back through its lifesaving mission -which is powered by more than 90% volunteers.

A Growing Desire to Give Back:  $\star$  A 2020 study on a rise in volunteer and others.

experiences added to LinkedIn profiles shows that more people want to help others during this unprecedented time. Last year, more than 70,000 people across the country became new Red Cross volunteers largely to support urgent disaster and essential blood donation needs. In addition, thousands of COVID-19 survivors - many new to blood donation - rolled up a sleeve to give convalescent plasma and help patients battling COVID-19.

How to Help: You can help ensure that families don't face emergencies alone – especially during a pandemic:

Donate: Support our Disaster Relief efforts at redcross.org/GivingDay. A gift of any size makes a difference to provide shelter, food, relief items, emotional support and other assistance. Your donation will be part of our annual Giving Day on March 24 to aid families in need across the country.

Volunteer: Visit redcross.org/ VolunteerToday for most-needed positions and local opportunities.

Give Blood: If you're healthy and feeling well, make an appointment at RedCrossBlood.org. Your donation can make a lifesaving difference for a patient in need. As a thank you, those who come to give blood, platelets or plasma on March 15-26 will receive a Red Cross T-shirt, while supplies last.

Learn Lifesaving Skills: Take a class in skills like CPR and first aid to help in an emergency at redcross.org/TakeAClass. Online options include our Psychological First Aid for COVID-19 course, which covers how to manage stress and support yourself ★

# California Roads Rank Among the Worst in the Nation Again

### By EmilyLamb, Lending Tree

**SEATTLE, WA (MPG)** - QuoteWizard®, a LendingTree company, and one of the nation's leading online insurance marketplaces released a new report finding that the more drivers are paying for roads, the worse their roads are. With deteriorating roads and bridges costing the average driver \$556 every year.

It's the opposite of "you get what you pay for." Drivers in some states are paying over \$800 a year, and our team of analysts at QuoteWizard found that between 25 -50% of their roads are in poor condition," said Nick VinZant, Sr. Research Analyst and Insurance Expert with QuoteWizard.

The new study also ranks states with the worst and best roads by compiling the latest statistics from the Federal

Transportation Statistics.

California ranked #7 with 35% nonacceptable roads, 7.2% poor bridge deck (sq.miles area), and \$862 cost per motorist per year.

The full report with all 50 states is available at https://quotewizard.com/news/ posts/states-with-worst-infrastructure

Other key findings in the report include:

Highway Administration and Bureau of Over 20% of U.S. and 6.1% of bridges are in poor or "non-acceptable" condition; How much of what drivers pay for roads, actually go towards road repair; Poor road conditions cost drivers nearly \$120 billion in vehicle repair and operating costs; Full ranking of all 50 states, along with how much drivers in each state are paying.

For more information, go to quotewizard.com. ★





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## Sacramento County **Main Jail Expansion Plan Cancelled**

### By Samantha Cramer, Decarcerate Sacramento

SACRAMENTO, CA (MPG) -Wednesday March 10th, in a 4-1 vote the Board of Supervisors denied the county staff's recommendation to approve a \$10 million Kitchell Construction contract. which would have continued the process of building a \$200+ Million jail annex. The motion was brought by Supervisor Serna, seconded by Supervisor Nottoli, and Supervisors Kennedy and Desmond supported; Supervisor Frost was the sole objector.

Instead, the Board will "recalibrate" their approach to meeting the consent decree requirements, starting with an in-depth examination of how to change the culture and behaviors that resulted in the consent decree mandates. The County's Public Information Officer Kim Nava told Fox40 that the general plan will be "reducing the jail population," which is what the Mays v. Sacramento

consent decree recommends as the more cost effective way to meet its terms.

More than two dozen live public commenters, over 100 email comments. and nearly 700 petition signatures all opposed the new jail building that advocates argued would have ensured the continued incarceration of people living with mental illness and disabilities, devastating the county's General Fund for decades to come.

Tifanei Ressl-Moyer, a founding member of Decarcerate Sacramento and a former staff attorney with Disability Rights California, along with Dr. Christina Bourne, a physician who has worked inside Sacramento's Main Jail, presented evidence that expansion of current infrastructure only makes more space for bad behavior, no matter how state-of-the-art. They say only a comprehensive systems approach will transform medical and mental healthcare policies inside the jail, and promote accountability for all.

"We are committed to improving jail conditions and doing so as quickly as possible," said Supervisor Nottoli Wednesday, marking a commitment to meeting the Mays consent decree and a realization that a new building would not improve the way people are treated in the jails.

"This is a historic moment for our community and for our loved ones inside the county jails. It's promising to see the board commit to real accountability and change as we move towards building a more humane and equitable Sacramento" said Jael Barnes, an organizer with Decarcerate Sacramento.

Weeks, months, and years of organizing went into this victory. In less than two years, we stopped two different jail expansion projects from moving forward in Sacramento County" said Liz Blum. "Our coalition continues to fight for the decrease of jail populations and the shift of county funding priorities towards vital communitybased care."

## **Agency on Aging Virtual Workshops**

### By Bobby Olwell, Agency on Aging

### SACRAMENTO, CA (MPG) - As

our older adult population has the need for services but is sheltering in place, the Agency on Aging\Area 4 is bringing the programs and education workshops to their living rooms.

Workshops are being offered by ZOOM and can be viewed with their phones, tablets, or computers. Offering a variety of topics at different time slots, the participant can easily join in. Technical help is offered at each workshop for those in need to ensure they get the maximum benthose 60+ are welcome and workshops are free.

The Direct Service programs include Eat Smart, Live Strong a four-session series that highlights increasing fruit and vegetable intake and increasing daily physical activity. Mature Edge Job Readiness Program a series of interactive job readiness sessions preparing the mature worker for a productive and successful search. Live Strong and Safe Fall Prevention Program is a two series class focused on important topics to help older adults reduce their risk of falling. **Bingocize** an evidence-based program that combines a bingo-like game with exerefit of the sessions. All cise and health education. naging4.org.

Helps older adults improve mobility and independence while learning about fall prevention and other health related behaviors. **Diabetes Empowerment** Education Program, (DEEP) helps people with pre-diabetes, diabetes, relatives, and caregivers gain a better understanding of diabetes self-care. Please call the AAA4 office at 916 710-8380 for information and registration.

For more information on the Agency on Aging\Area 4 and all it has to offer check us out on YouTube or https:// www.facebook.com/aaa4ca, or @agencyonaging4, and our website, www.agencyo- $\star$ 

## **Farm Bureau Supports Reintroduction** of Agricultural Immigration Bill

### By Dave Kranz, California Farm Bureau

SACRAMENTO, CA (MPG) -Saying it would provide mutual benefit for farmers, ranchers and their employees, the California Farm Bureau applauded the reintroduction of federal legislation to improve agricultural immigration programs.

California Farm Bureau President Jamie Johansson said the organization is committed to work for passage of the Farm Workforce Modernization Act, reintroduced by Reps. Zoe Lofgren, D-San Jose, and Dan Newhouse, R-Wash.

'We were early supporters of the Farm Workforce Modernization Act when it was originally introduced in 2019, and we're pleased to see its reintroduction," Johansson said. "Reform of federal immigration law continues

to be a top priority for the California Farm Bureau, and this bill would create meaningful changes that would ease chronic employee shortages and recognize the value of farm work.'

The original bill won passage from the House of Representatives in late 2019, based in part on the support of more than 300 agricultural groups and companies.

"The Farm Workforce Modernization Act earned bipartisan support at that time by addressing both current and future needs for agricultural employers and employees," Johansson said. "Its reintroduction will stimulate ongoing discussions about immigration policy. Its passage would improve agricultural visa programs and accommodate immigrant agricultural employees already in the United States, while

enhancing border security." Johansson said the bill's reintroduction comes at a particularly important time, as farmers and their employees maintain agricultural production during the COVID-19 pandemic.

"Long before the pandemic, we recognized the people who work on California farms and ranches as essential to reliable supplies of healthy food and farm products. The pandemic has only underscored the importance of assuring the people who work on farms and ranches can do so with the security of legal immigration status," he said.

The California Farm Bureau works to protect family farms and ranches on behalf of nearly 32,000 members statewide and as part of a nationwide network of nearly 5.6 million Farm Bureau members. ★

# **Equine ER on the Road**

### Continued from page 1

animal is suffering and won't get well and that you as a veterinarian can help and put them to sleep for you. Always, a hard call as animals are your babies.

After we viewed the truck, Doctor Kaityln Coyes, an Oklahoma Veterinarian School graduate, joined us for a trip down to the foal barns. We came upon Dr. Mallory Lehma holding, "Indy", a horse with a sore foot. Dr. Coyes listened to its heart and looked at the foot. The shoer was there as well to do a trim.

She turned and headed back up to the office, Dr. Fielding and I proceeded to the foaling barn. Amazingly modern. Twenty four staff on call and cameras in each stall! It also helps that two of the doctors live on this property. Big roomy stalls and well kept. There is nothing like a baby, human or animal!!! In the stall was a day-old baby and mom. In the next stall there were, "in waiting," mothers due to deliver within a few days to a month. "Why would they be brought to you so early of their delivery?" He explained a case to me. Last year a mare had a baby that was born stillborn on the lady's property. So, this year she wanted a live birth from the same mare. This time mom was brought up to us for her delivery. A week later mom and new foal went home with a clean bill of health.

"I remember one call for a coming baby that was touch and go for a while". The mare was having issues and the baby was stuck. I finally got the baby turned and out. It was not breathing. CPR was performed and the airway cleared, and the baby started to come back. Mom and baby made a FULL recovery and went home to loving arms.

I wanted to know what types of animals do you treat here or on a call? I thought they were mostly horses, but he said, "they treat goats, sheep, not cows (I forgot why, I am learning to do it better). They also travel to give rabies, and all the semi-yearly and yearly shots along with worming your animal."

Lastly, what is the most exotic animal you have treated? He said, "Zeedonks and full-fledged Zebras". Be still my heart, a long sought goal, LOL. We went back to the office, I thanked him for his time and told him if the article runs and there are pictures, I would get him a copy. The visit was great but wow did I get caught in a hail storm on the way back to Rio Linda. It was so strong I had to pull over to the side of the road as I could not see to drive. Until next adventure, stay safe. Cecilia Lee Feser

Loomis Basin can be found on Facebook with all of their needed contact numbers located there along with their address.  $\star$ 

## **DoorDash COVID-19 Restaurant Relief Grant Winners**

Continued from page 1 and advocate for inclusive economic recovery in the Capital Region, we applaud the new grant program offered by DoorDash, providing some needed financial relief to our local restaurant community and enabling greater, more diverse equality of access. Not only is the local restaurant industry an important source of employment that results in huge and far-reaching economic impacts, our restaurants are absolutely critical to the dynamic culture and vibrancy of our region," said Amanda Blackwood, President & CEO of the Sacramento Metropolitan Chamber of Commerce.

"Restaurants have faced unprecedented challenges in the last year, and DoorDash is proud to support them," said Laura Curtis, Senior Manager, Government Relations, West at DoorDash. "It is our hope that these grants will help restaurants as they continue to navigate the challenges posed by the COVID-19 crisis."

DoorDash's Main Street Strong COVID-19 relief grants in 2020, 85% of restaurants stated that one of the biggest impacts on their business was reduced sales due to COVID restrictions, and 82% cited lost revenue attributed to the declining economy.

During the COVID-19 pandemic, DoorDash has taken significant active steps to ensure the safety of its entire community, including providing: \$120 million in commission relief and marketing investments; 50% reduction in commissions for local restaurants with five or fewer locations in the first months of the pandemic, plus 0% commissions for the first 30 days for restaurants new to DoorDash; Free personal safety equipment for Dashers, including hand sanitizer, gloves, wipes, and masks; Two weeks of earnings replacement for eligible Dashers affected by COVID-19; COVID-19 screenings and telemedicine appointments for just \$4 for Dashers, per visit; Partnering with

During the first round of BlueVine, a leading provider of small business banking solutions, to provide a customized Payment Protection Program (PPP) application for merchant partners to help make PPP loans more accessible.

For a full list of winners across the U.S. and Canada, see Hello Alice's blog here. Read more about DoorDash's latest efforts to help the local merchants, Dashers and communities it serves here.

DoorDash is a technology company that connects consumers with their favorite local and national businesses in more than 4,000 cities and all 50 states across the United States, Canada, and Australia. Founded in 2013, DoorDash enables local businesses to address consumers' expectations of ease and immediacy and thrive in today's convenience economy. By building the last-mile logistics infrastructure for local commerce, DoorDash is bringing communities closer, one doorstep at a time.



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# **Updated Freshwater Sportfishing Regulations**

### By Ken Paglia, California Department of Fish & Wildlife

SACRAMENTO CA (MPG) - New freshwater sport fishing regulations which have taken effect as of March 1, 2021, aim to simplify and streamline the laws regulating inland fishing while maintaining and protecting California's fisheries. The package of updated regulations was adopted by the California Fish and Game Commission in October 2020. It was the largest regulatory inland sport fishing package in the Commission's history.

goals were to reduce the and consolidate "special ca.gov/Regulations.

fishing regulations, increase regulatory consistency and remove regulations that are no longer biologically justifiable," said California Department of Fish and Wildlife (CDFW) Inland Fisheries Program Manager,

Roger Bloom. Major changes include: Separate regulations for inland trout (non-anadromous waters) from those for steelhead and salmon (anadromous waters) to make it easier to understand the bag and possession limits; Replacement of district regulations with statewide regulations separated for

complexity of inland sport fishing" regulations.

CDFW held a series of community meetings in 2018 and 2019 at locations across the state to publicly introduce and discuss proposed changes to simplify statewide inland sport fishing regulations. CDFW proposals and recommendations from the public were then vetted at the January and March 2020 Wildlife Resources Committee meetings.

Anglers should review the changes as they affect most of the inland trout waters in California. Updates to the regulations can be found both at wildlife.ca.gov/ "The underlying trout; and Standardize Fishing/Inland and wildlife.

# Poor Salmon Forecast for 2021 **Suggests Restricted Fishing Season**

### By John McManus, Golden State Salmon Association

SAN FRANCISCO, CA (MPG) - Officials forecast there are about 271,000 adult Sacramento Valley salmon now in the ocean off the West Coast. This compares to 473,183 forecast a year ago at this time and suggests some restrictions are likely to be enacted in the 2021 salmon fishing season. In the months ahead, officials with the Pacific Fisheries Management Council will use this forecast and other information to set times and areas open to both sport and commercial ocean salmon fishing for 2021. If restrictions are deemed necessary, we'll learn of them then.

Although 473,000 plus salmon were forecast last year, after the number caught was added to those that returned to spawn, the real number came out to be 370,000, about 22 percent fewer than forecast.

About 138,000 adult salmon returned to spawn in the Sacramento Basin during 2020, which is 105,000 fewer than the 233,000 salmon predicted to return to spawn. In addition, about 14,000 jacks, or two year old salmon, returned to spawn. The jack number in 2020 is used to forecast the number of adult salmon officials believe are now in the ocean.

One reason for the drop off in the 2021 salmon forecast is chronic over-diversion of Central Valley rivers. 2020 returns were also bolstered by added hatchery production in 2017 that contributed to the 2020 fishery. There was no additional hatchery production to aid 2021 fisheries and returns.

"It will be several more weeks before we begin to learn what kind of restrictions we might see on fishing this year, but the treatment of our salmon resource by freshwater managers as an afterthought is taking its toll," said GSSA president John McManus.

The number of fish that returned to the Klamath Basin, although slightly better than forecast, was still not enough to plot a 2021 commercial fishery free of concern. Commercial fishing in the Fort Bragg zone, stretching from Pt. Arena to just north of Shelter Cove in southern Humboldt County, will likely be limited in 2021.

"If water managers would leave more water in the rivers during some of the drier years, we'd always have more salmon,"



Officials forecast there are about 271,000 adult Sacramento Valley salmon now in the ocean off the West Coast. Image by Cock-Robin from Pixabay

said GSSA director and co-owner of Reel Magic Sportfishing Mike Aughney.

Since baby salmon are considered one year old when they leave the Central Valley in the spring, and most return as three year old adults, you can usually count on good fishing two years after lots of rain and snow. Although there was decent rain and runoff in 2019, this year's forecast is poor, in part because of the severe decline of salmon in the last drought.

"Drought could revisit us almost anvtime, including this year. We need to build and fortify in the good years so we don't get wiped out again in the bad," said GSSA secretary Dick Pool.

"That's why GSSA is working overtime to get salmon recovery, habitat improvements, and hatchery improvements on the state's radar."

The Golden State Salmon Association (www.goldenstatesalmon.org) is a coalition of salmon advocates that includes commercial and recreational salmon fishermen and women, businesses, restaurants, a native tribe, environmentalists, elected officials, families and communities that rely on salmon. GSSA's mission is to restore California salmon for their economic, recreational, commercial, environmental, cultural and health values.

Currently, California's salmon industry is valued at \$1.4 billion in economic activity and 23,000 jobs annually in a normal season and about half that much in economic activity and jobs again in Oregon. Industry workers benefiting from Central Valley salmon stretch from Santa Barbara to northern Oregon. This includes commercial fishermen and women, recreational fishermen and women (fresh and salt water), fish processors, marinas, coastal communities, equipment manufacturers, the hotel and food industry, tribes, and others.

## **Open Public Schools Full Time and Fix EDD**

### By Nghia Nguyen, Office of Senator Jim Nielsen

SACRAMENTO, CA (MPG) - Governor Gavin Newsom delivered his State of the State address in Los Angeles March 9, 2021. Senator Jim Nielsen (R-Tehama), Vice Chair of the Senate Budget Committee, issued the following statement:

It is unfortunate that more isn't being done to open public schools full time - five days a week. Children in public schools are entitled to an education too. Private schools have been opened for months.

Zoom School has deepened racial and class divides. Current plans only have students returning about two days a week, which totals 12-20 days for the remainder of the year.

The fight to reopen schools full time is driven by the California Teachers Association's demands, not children's needs. The focus must be about the children, their health and their learning. Period.

Minutes before the Governor's speech, EDD computers crashed. Yet, another example of California's failure to get it right. How many Californians are adversely affected by this catastrophe? Unemployment has affected millions this past year. Not a word about fixing EDD in his speech.

It is disappointing the Governor did not address EDD's disaster. California taxpayers deserve to hear about his plans to implement permanent fixes so real Californians can receive unemployment benefits, not international crime rings and prisoners.

California taxpayers lost between \$11 - \$31 billion in fraud due to EDD's mismanagement and inaction, while hundreds of thousands of Californians have not received their legitimate claim to pay bills.

The Governor and the Legislature must implement all of the State Auditor's recommendations to fight fraud and bring efficiency to EDD."

Elected to the State Senate in January 2013, Senator Nielsen represents the Fourth Senate District, which includes the counties of Butte, Colusa, Glenn, Placer, Sacramento, Sutter, Tehama and Yuba. To contact Senator Jim Nielsen, please call him at 916-651-4004, or via email at senator.nielsen@senate.ca.gov. Follow him @CASenatorJim.



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## **Social Security Matters**

### **Does Paying FICA Tax Now Increase My Benefit?**



### Bv Russell Gloor, AMAC Certified Social Security Advisor

Dear Rusty: If a person retires at age sixty-six and continues to work full time, Social Security taxes are still taken out of his weekly paycheck. Will this taxation for Social Security contribute more to the person's Social Security benefit, even if already retired? Signed: Curious Retiree

**Dear Curious Retiree:** Since its inception in 1935, Social Security has been a "pay as you go" program where contributions from those who are working are used to pay benefits to those who are collecting Social Security benefits. That remains true even if, after you start collecting Social Security, you work and pay payroll taxes into ines your earnings every the system.

Those Social Security (SS) payroll taxes you are contributing now aren't deposited into a personal account for you, they're used to help pay benefits to all recipients. So, paying SS FICA payroll taxes after you start collecting benefits doesn't affect your benefit



payment. However, what might affect your benefit amount is if your current earnings from working are more than any of those in the 35 years used to originally compute your Social Security benefit when you filed.

When you apply for SS benefits, Social Security adjusts every year in your lifetime earnings record for inflation to bring those earlier earnings up to today's dollar values. They then select the 35 highestearning years over your entire lifetime, and from those 35 highest-earning years they develop your "Average Indexed Monthly Earnings" (AIME). Your AIME, in turn, is used to compute your Social Security benefit at your full retirement age (FRA).

Social Security examyear after your earnings for the previous year are reported to Social Security by the IRS. After your benefits have started, and if your current earnings are higher, Social Security will replace an earlier year's earnings with your more *social-security-advisory*) recent earnings and recom- or email us at ssadvisor@ pute your benefit, resulting *amacfoundation.org*.

in a small benefit increase ("small" because it would represent only 1/35th of the average lifetime earnings used to compute your benefit).

A key thing to remember is that each of your past vear's earnings (up until you are 60) are adjusted for inflation before computing your benefit amount. So, for example, \$25,000 earned in 1990 is worth more than \$60,000 in today's dollars, and it is the inflation-adjusted amount that your current earnings would need to exceed increase in your benefit. I recently published an article on this topic which you may find helpful: www. socialsecurityreport.org/ ask-rusty-does-payingsocial-security-payroll-taxincrease-my-benefit/.

This article is intended for information purposes only and does not represent legal or financial guidance. It presents the opinions and interpretations of the AMAC Foundation's staff, trained and accredited by the National Social Security Association (NSSA). NSSA and the AMAC Foundation and its staff are not affiliated with or endorsed by the Social Security Administration or any other governmental entity. To submit a question, visit our website (amacfoundation.org/programs/

# **Sheltering the Homeless**

#### Commentary by Michael Rushford

Many state and city leaders believe that the unprecedented homeless population in California is largely the result of a shortage of affordable housing. The supposition is that if there were more lowcost housing, a significant segment of the homeless would move in, go to rehab and straighten out their lives. Building enough housing units required to accommodate the roughly 130,000 people living outside in California would be extremely expensive and would undoubtedly take far longer than many of the homeless can be expected to live. Virtually everyone who has actually looked at the large county- owned prophomeless population reports erty sits vacant that could that perhaps half of them accommodate thousands suffer from serious mental illnesses and many are addicted to drugs or alcohol. As Dr. Drew Pinsky noted in a speech in Sacramento last year, the immediate problem is providing shelter to keep people from dying on the streets and treatment to give as many as possible with a chance for recovery. As cities and counties across the state struggle to decide whether to refurbish an urban hotel, build a tent city or lease a warehouse

for a 100 bed shelter to living on the streets who house some small segment don't want treatment or to of the homeless, there are vacant properties in every urban county that could be quickly repurposed to provide shelter and services for thousands.

In a February 3, 2020 story, the Sacramento Bee reported that County taxpayers have payed \$2.3 million over the previous five years to maintain the vacant Boys Ranch sitting on 140 rural acres off the Jackson Highway with twelve buildings. While mentally ill and drug addicted homeless wander around downtown Sacramento to get the limited services available, then spend the night under freeway overpasses, on sidewalks or along the rivers, a of homeless who just want a secure place with a toilet where they can pitch their tent with their dog, which includes a place to go to the bathroom, shower and get a hot meal. Those willing to obey more stringent rules and accept treatment would be housed and fed inside.

If city and county leaders are serious about addressing the homeless problem, they should immediately authorize turning the Boys Ranch into a homeless campus. Those Foundation

obey rules would be moved to the ranch to camp. Other than being prohibited from assaulting each other, there should be no other requirements for those camping at the ranch. Nobody would harass them and they would be free to come and go as they please, but if they were caught sleeping in the city, the suburbs or along the rivers, police would take them back to the ranch. This arrangement would comply with the Ninth Circuit's 2018 ruling in City of Boise v. Martin, which prohibits cities from enforcing anti-camping laws unless there is shelter available for the homeless. If the city and county leaders have the backbone to consolidate current services at the ranch, it would serve two important purposes: 1) move the homeless and accompanying blight from downtown and 2) provide a single location where those who want and need shelter and services can get them.

Those among the homeless who actually prefer to camp along the river, won't like this arrangement and that's too bad. But many more will appreciate a place where they are welcome, fed and have a safe place to stay. Criminal Justice Legal









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## **Governor Delivers a State of Newsom Address**



By Dan Walters **CALMatters** 

With the nation at war in 1944, tunesmiths Harold Arlen and Johnny Mercer wrote an uplifting song for a morale-building movie, "Here Come the Waves."

"You've got to accentuate the positive, eliminate the negative, latch on to the affirmative," Bing Crosby crooned. "Don't with Mister mess In-Between."

It's doubtful that Gov. Gavin Newsom, born in 1967, ever saw the movie or heard the song, but he was humming it last week in an elaborately staged State of the State address in an empty Dodger Stadium.

Newsom boasted that California, with himself at the helm, has survived the COVID-19 pandemic and "so now, we look ahead to better days with the California can-do spirit with the energy and optimism that defines us – we will beat this virus and realize our dream of a California for All."

It was clearly a campaign speech by a politician who faces the likelihood of a recall election later this year, using his official pulpit to persuade voters that he's been working hard for them and thus deserves to remain in office.

positive – a half-truth,

instance, that avoid early spikes in for "California's death rate has remained one of the lowest per capita in the nation" – and downplayed the negative. He glossed over the complete meltdown at the Employment Development

Department, an erratic vaccination program and his passive attitude toward reopening schools until the recall was on the verge of qualifying.

Newsom dismissed the negatives in one brief passage: "And look, we've made mistakes. I've made mistakes. But we own them, learn from them, and never stop trying."

And he referred to the recall only obliquely, saying, "We won't change course just because of a few naysayers and doomsdayers. So to the California critics, who are promoting partisan power grabs and outdated prejudices, and rejecting everything that makes California great, we say this: we will not be distracted from getting shots in arms and our economy booming again."

There is a larger issue whether in his obvious desire to persuade Californians that he's managing the pandemic well, he's allowed political factors to influence it.

Newsom insisted last week that "we listened to the experts and were guided by the evidence" in managing COVID-19, but which activities were shut down and which were allowed to continue had tinges of politics from the earliest days of the crisis a year ago.

"We were the first state Newsom overstated the to issue a stay-at-home order, which helped us

cases," Newsom boasted, and that's true. But he also eased up a few weeks later in response, as he acknowledged at the time, to complaints about millions of jobs being erased, and then cracked down again when infection rates spiked upward.

Thus began a rollercoaster ride of openings and closures that seemed to coincide with the political influence various interest groups wielded, leaving many Californians confused and eventually angered about the seemingly arbitrary nature of Newsom's decrees.

Overtly political aspects became especially evident in recent weeks when the recall movement neared the threshold of 1.5 million signatures on petitions to force an election. Suddenly, the state eased up on restrictions by redefining its countyby-county "tiers" and Newsom, after months of passivity, pushed hard to reopen schools.

Newsom cited lower infection rates as his rationale, but he had done that previously in easing up on restrictions only to reimpose them when infections spiked upward. He's betting that easements will continue and that as children return to classrooms, businesses reopen, unemployment rates drop and Californians' mood brightens, he can accentuate the positive and beat the recall.

Dan Walters has been a journalist for nearly 60 years, spending all but a few of those years working for California newspapers.



# **No Borders, No Country**



By Congressman Tom McClintock

Before the lockdown left took a wrecking ball to our economy last year, we were enjoying one of the greatest expansions of economic opportunity in our lifetimes. Unemployment was at its lowest rate in 50 years, the poverty rate was at its lowest in 60 years. Wage growth was the strongest in 40 years. The wage gap was narrowing for the first time in many years, as blue-collar wages increased dramatically. The unemployment rate for women was the lowest in 70 years. For African Americans, Hispanic Americans and Asian Americans, veterans and disabled Americans, and those without a high school diploma, unemployment was the lowest ever recorded.

The tax and regulatory relief Republicans won in 2017 and 2018 explain much of this success, but something else was going on that caused the extraordinary improvement of wages for unskilled and low-skilled workers. The Trump Administration restored control of our borders and stemmed the flood of low-wage labor that had been suppressing American workers' wages for decades.

Big business and big agriculture hated Trump's immigration policy because it forced them to pay their workers higher wages. But in the growing economy it produced, working Americans who had been left behind for decades finally began to prosper.

Did we learn anything from this unprecedented blue-collar boom? Apparently not, judging from the Democrats' zeal to open our borders to new waves of illegal immigration.

The President's executive orders have already produced a new migrant crisis on the southern border.

One abandoned the border wall in mid-construction. Another undermines the long-standing requirement that immigrants support themselves and not burden American taxpayers. Another ends the remain-in-Mexico policy for those making asylum claims, most of which are false. Yet another effectively releases illegal immigrants accompanied by youths under age 18 directly into the United States. Another grants what amounts to sanctuary status for a wide variety of criminal offenses including drunk driving and sex offenses. Another restores unrestricted travel from hot beds of international terrorism. The worst orders ICE not to deport illegal immigrants for 100 days. That order, now enjoined by a federal judge, begs the question, "What is the difference between abolishing ICE and forbidding it to do its job?"

Customs and Border Protection agents report that in the last month the daily incursion on the southern border has nearly doubled from 2,000 a day to 3,500 a day. The number of illegal immigrants encountered on the southern border during the first four months of the last fiscal year was nearly 165,000. That number has nearly doubled this year to more than 295,000.

Every American needs to clearly understand what this means to their lives, their families, their communities and their future.

How are American workers helped by flooding the labor market with another wave of illegal immigration?

How are our children

- who have been robbed of an entire year of their educations – helped by filling their classrooms with non-English speaking classmates?

How are our streets made safer by allowing aliens who drive drunk to remain on our roads rather than to be arrested and placed in removal proceedings?

How is our nation made safer by reopening virtually unrestricted travel with nations that foster terrorism?

How are our communities made safer by making it harder to deport criminal illegal aliens and gang members?

How are our hospitals made more accessible by overwhelming emergency rooms with illegal immigrants demanding care?

Why would our own government pursue policies that strike most acutely and painfully at American's working families - especially now, when those families are reeling from the effects of a year of oppressive lockdowns? Those blue-collar workers who made the greatest gains during the Trump economic expansion are the most harmed by reversing the immigration enforcement that produced it.

And let us not forget the millions of legal immigrants who obeyed our laws, respected our nation's sovereignty, waited patiently, and did everything our country asked of them - they too are made victims of the Democrats' pursuit of open borders.

Without enforcement of our immigration laws, our borders become meaningless. And if our borders are meaningless, then America ceases to be a nation and instead becomes a vast international territory between Canada and Mexico. It is becoming increasingly clear that this is the ultimate objective of the left, and the only force that can stop them now is the American people at the ballot box.



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FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-00719 Jose Jesus Valle, 5124 Harrison Street, North Highlands, CA 95660 is doing business under the Fictitious Business Name(s) "Golden Gunite" 5124 Harrison Street. North Highlands, CA 95660. Filed with the Clerk of Sacramento County January 27, 2021 Publish: March 19, 26, and April 2, 9, 2021 GOLDEN 180201 4-9-21

Publish: March 19, 26, and April 2, 9, 2021

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4-9-21

FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-02227 Natalie Can Luu, 8868 Mossburn Way, Elk Grove, CA 95758 is doing business under the Fictitious Business Name(s) "Top Salon" 2010 Club Center Drive #130. Sacramento, CA 95835. Filed with the Clerk of Sacramento County March 9, 2021 Publish: March 19, 26, and April 2, 9, 2021 TOPSALON 180201 4-9-21

FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-01578 Robert M. Gangl, 3834 California Ave., Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Lot-K-Laboratory" 3834 California Ave., Carmichael, CA 95608, Filed with the Clerk of Sacramento County February 19, 2021 Publish: March 19, 26, and April 2, 9, 2021 LOTKLAB 180201 4-9-21

FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-02383 Gold River Insurance Services LLC, 11014 Fiore Drive, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Gold Sun Insurance Services" 11014 Fiore Drive. Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County March 12, 2021 Publish: March 19, 26, and April 2, 9, 2021 GOLDSUN 180201 4-9-21

FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-02304 Mohammad Arif Alekozai, 10270 E Taron Dr., Apt. #393, Elk Grove, CA 95757 is doing business under the Fictitious Business Name(s) "PURE" 10270 E Taron Dr., Apt. #393. Elk Grove. CA 95757. Filed with the Clerk of Sacramento County March 10, 2021 Publish: March 19, 26, and April 2, 9, 2021 4-9-21 PURE 180201

FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-01505 Alzeena Khan, 581 Grand Ave., Sacramento, CA 95838 is doing business under the Fictitious Business Name(s) "Cayuga Boxing Club" 6042 San Juan Ave., Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County February 18, 2021 Publish: March 19, 26, and April 2, 9, 2021 CAYUGA 180201 4-9-21

FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-02082 EveOn Promotions. Inc., 11121 Sun Center Drive, Suite L, Rancho Cordova, CA 95670 is doing business under Da the Fictitious Business Name(s) "EyeOn Promotions, Inc." 11121 Sun Center Drive, Suite L, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County March 4, 2021 Publish: March 19, 26, and April 2, 9, 2021 180201 EYEON 4-9-21

FICTITIOUS BUSINESS NAME STATEMENT Dimitrion MD Inc, FBNF2021-01844

changing the name(s) of Kobra to Mahtab Shamohammadi Nemati IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 1:30p.m. on March 25, 2021. in Department 53 located at 813 6th Street 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: February 4, 2021

Shama H. Mesiwala, Judge of the Superior Court

Publish: February 26, March 5, 12, and 19, 2021

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COUNTY OF SACRAMENTO		
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CHANGE OF NAME #34-2021-00293819

Hamidreza Menatidavarpanah has filed a petition with this court for a decree changing the name(s) of Hamidreza Nematidavarpanah to Hamid Nemati. IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 1:30p.m. on March 25, 2021, in Department 53, located at 813 6th Street. 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: February 5, 2021 Shama H. Mesiwala, Judge of the Superior Court Publish: February 26. March 5. 12. and 19. 2021 NEMATI 180101 3-19-21

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE

CHANGE OF NAME #34-2021-00293581 De Mario Deshawn Brumfield-Brice has

filed a petition with this court for a decree changing the name(s) of De Mario Deshawn Brumfield-Brice to Josias A'malachi Abijah. IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 1:30p.m. on March 24, 2021, in Department 53, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: February 3, 2021

Shama H. Mesiwala, Judge of the Superior Court

Publish: February 26, March 5, 12, and 19, 2021 ABIJAH 180101 3-19-21

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pe ee ael es. IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 1:30p.m. on April 6, 2021, in Department 53, located at 813 6th Street. 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: February 10, 2021 Shama H. Mesiwala, Judge of the Superior Court Publish: February 26, March 5, 12, and 19, 2021 180101 JONES 3-19-21

of Leslie Dawn Oakes to Leslie Dawn Lopez. IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00a.m. on April 6, 2021, in Department 54. located at 813 6th Street. 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: February 16, 2021

Christopher E. Krueger, Judge of the Superior Court

Publish: March 5, 12, 19 and 26, 2021 LOPEZ 180101 3-26-21

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2021-00294397 Mariah Danielle Spurgin-Dennis has filed a petition with this court for a decree changing the name(s) of Mariah Danielle Spurgin Dennis to Mars Danielle Spurgin-Dennis. IT IS ORDERED that all persons interested

in the above-entitled matter appear before this court at 1:30p.m. on April 7, 2021, in Department 53, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: February 16, 2021 a Judar hama ⊔ Ma of the Su

Shama n. Wesiwala, Juuye ol line Superior
Court
Publish: March 5, 12, 19 and 26, 2021
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DENNIS 180101 3-26-21 SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO

ORDER TO SHOW CAUSE CHANGE OF NAME #34-2021-00294374 Fallon Rene Hartin has filed a petition with this court for a decree changing the name(s)

of Fallon Rene Hartin to Fallon Rene Sadler. IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 1:30p.m. on April 6, 2021, in Department 53, located at 813 6th Street. 2nd Floor, Sacramento. CA 95814 and show cause, if any, why the petition for Change of Name should not be granted.

Dated: February 16, 2021 Shama H. Mesiwala, Judge of the Superior Court Publish: March 5, 12, 19 and 26, 2021

SADLER 180101 3-26-21 SUPERIOR COURT OF CALIFORNIA

COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2021-00294605

Robert Myron Chounard has filed a petition with this court for a decree . changing the name(s) of Robert Myron Chounard to Robert Michael Millwee IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 1:30p.m. on April 8, 2021, in Department 53, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: February 18, 2021 Shama H. Mesiwala, Judge of the Superior

Court Publish: March 5, 12, 19 and 26, 2021 MILLWEE 180101 3-26-21

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2021-00294709

Bigzad, FNU Hamtaa to Hamtaa Bigzad and FNU Hasanaat to Hasanaat Bigzad IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00a m on April 15 2021 in Department 54, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: February 23, 2021 Christopher E. Krueger, Judge of the Superior

Court Publish: March 12, 19, 26, and April 2, 2021 BIGZAD 180101 4-2-21

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2021-00295270

Valsvik and Xue Hui Wu Benjamin have filed a petition with this court for decree changing the name(s) of August Wu Elder to August Wu Valsvik. IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00a.m. on April 20, 2021, in Department 54, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: February 26, 2021

Christopher E. Krueger, Judge of the Superior Court Publish: March 12, 19, 26, and April 2, 2021

4-2-21 ELDER 180101

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2021-00295272

Sherman Norris has filed a petition with this court for a decree changing the name(s) of Sherman Norris to Sherman David Hill. III IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 1:30p.m. on April 20, 2021, in Department 53, located at 813 6th Street,

2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: February 26, 2021 Shama H. Mesiwals, Judge of the Superior

Court Publish: March 19, 26, and April 2, 9, 2021 NORRIS 180101 4-9-21

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2021-00295573

Sarah Pace and Gloria Valle have filed a petition with this court for a decree changing the name(s) of Delilah Everleigh Pace to Delilah Everleigh Valle Pace. IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 1:30p.m. on April 27, 2021, in Department 53, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: March 4, 2021 Shama H. Mesiwals, Judge of the Superior

Court Publish: March 19, 26, and April 2, 9, 2021 PACE 180101 4-9-21

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2021-0 Francisco Ramos has filed a petition with this court for a decree changing the name(s) of Francisco Armando Ramos Ortiz to Frank Ramos. IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00a.m. on April 29, 2021, in Department 54, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: March 4, 2021

The court's lien must be paid before the court will dismiss the case. AVISO! Lo han demandado. Si no responde dentro de 30 dias, la corte puede decidir en su contra sin escuchar su version. Lea la informacion a continuacion.

Tiene 30 DIAS DE CALENDARIO despues de que le entreguen esta citacion y papeles legales para presentar una respuesta por escrito en esta corte y hacer que se entregue una copia al demandante. Una carta o una llamada telefonica no lo protegen. Su respuesta por escrito tiene que estar en formato legal correcto si desea que procesen su caso en la corte. Es posible que hava un formulario que usted pueda usar para su respuesta. Puede encontrar estos formularios de la corte y mas informacion en el Centro de Ayuda de las Cortes de California (www.sucorte. ca.gov) en la biblioteca de leyes de su condado o en la corte que le quede mas cerca. Si no puede pagar la cuota de presentacion, pida al secretario de la corte que le de un formulario de exencion de pago de cuotas. Si no presenta su respuesta a tiempo, puede perder el caso por incumplimiento la corte le podra quitar su sueldo, dinero y bienes sin mas advertencia. Hay otros requisitos legales. Es recomendable que llame a un abogado inmediatamente. Si no conoce a un abogado, puede llamar a un servicio de remision a abogados. Si no puede pagar a un abogado, es posible que cumpla con los requisitos para obtener servicios legales gratuitos de un programa de servicios legales sin fines de lucro. Puede encontrar estos grupos sin fines de lucro en el sitio web de California Legal Services, (www.

lawhelpcalifornia.org), en el Centro de Ayuda de las Cortes de California, (www.sucorte.ca.gov) o poniendose en contacto con la corte o el colegio abogados locales. AVISO: Por de ley, la corte tiene derecho a reclamar las cuotas y los costos exentos por imponer un gravamen sobre cualquier recuperacion de \$10,000 o mas de valor recibida mediante un acuerdo o una concesion de arbitraje en un caso de derecho civil. Tiene que pagar el gravamen de la corte antes de que corte pueda desechar el caso. The name and address of the court

(El nombre y direccion de la corte es): Santa Monica Court House- 1725 Main Street Santa Monica, CA 90401

The name, address and telephone number of plaintiff's attorney, or plaintiff without an attorney is: (El nombre, la direccion y el numero de telefono del abogado del demandante, o del demandante que no tiene abogado, es): Michael M. Lin, 5288 Spring Mtn Road #103 Las Vegas, NV 89146 Date: (Fecha) 10/16/2020 By: Sherri R. Carter Executive Officer/

Clerk of Court S. Watson Deputy

Publish: March 12, 19, 26, and April 2, 2021

#### JONES 4-2-21 Hearing Notice

NOTICE OF HEARING SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTC WILLIAM R. RIDGEWAY FAMILY RELATIONS 3341 POWER INN BOAD

account references below at least 5 minutes before your scheduled hearing date and time; and wait for a court representative to take roll. Zoom link: https://saccourt.zoom.us/my/dept126a Toll Free Telephone Conference Line (888)475-4499 626-068-9464 ID# Meeting 3. WARNING to the person served with the Request for Order: The court may make the requested orders without vou if vou do not file a Responsive Declaration to Request for Order (form FL-320). Serve a copy on the other parties at least nine court days before the hearing (unless the court has ordered a shorter period of time). Ad appear at the hearing. )See form FL-320\_INFO for more information.) BERKE 3-19-21

### CITATION

CITATION FOR FREEDOM FROM PARENTAL CUSTODY AND CONTROL

CALIFORNIA COUNTY OF SAN DEIGO 325 SOUTH MELROSE DRIVE VISTA, CA 92081 CITATION FOR FREEDOM FROM PARENTAL CUSTODY AND CONTROL CASE NUMBER 20AD000586N IN THE MATTER OF: Kvni Victor Lewis-Wahlin DOB 9/15/2017 A Minor JUDGE- PAMELA M. PARKER DEPT N-23

**BESPONDENT- ANGEL LEWIS** Angel

Lewis You are ordered to appear in the Superior Court of the State of California, County of San Diego, in Department N-23 a the court location indicated above on April 15, 2021 at 8:30 AM to show cause, why Kyni Victor Lewis-Wahlin. This hearing will be conducted by video or telephone through the North County Division 325 S. Melrose Drive Vista, CA 92081. See attached instructions and call the court to have the video link emailed to you. Should not be declared free from parental custody and control as requested in the petition. At the hearing, the judge will read the petition and, if requested, will explain the effect of the granting of the petition, any term or allegation contained therein and the nature or the proceeding, its procedures and possible consequences, and may continue the matter for not more than 30 days for the appointment of counsel or give counsel time to prepare. The court may appoint counsel to represent the minor whether or not the minor is able to afford counsel. If any parent appears and is unable to afford counsel, the court shall appoint counsel to represent each parent who appears unless such representation sknowingly and intelligently waived. Someone over the age of 18- not the petitioner-must serve the other party with all the forms and complete proof of service form, such as Proof of Service (JC Form #FL-330 or JC Form FL#-335), telling when and how the other party was served and file that with the court. If you wish to seek the advice of an attorney in this matter, you should do so promptly so that you pleading, if any, may be filed on time.

2825 J Street, Suite 235, Sacramento, CA 95816 is doing business under the Fictitious Business Name(s) "Revibe Men's Health" 2825 J Street, Suite 235, Sacramento, CA 95816, Filed with the Clerk of Sacramento County February 26, 2021 Publish: March 19, 26, and April 2, 9, 2021 REVIBE 180201 4-9-21

### ORDER TO SHOW FOR CHANGE OF NAME

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2021-00293370

Tiffany Raman and Pravin Raman has filed a petition with this court for a decree changing the name(s) of Serena Vivian to Sonali Saloshna Raman. Raman IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00a.m. on March 24, 2021, in Department 54, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: February 01, 2021

Christopher E. Krueger, Judge of the Superior Court

Publish: February 26, March 5, 12, and 19, 2021 BAINS 180101 3-19-21

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2021-00294562

Robin Marina DeRivi has filed a petition with this court for a decree changing the name(s) of Robin Marina DeRivi to Natasha Marina DeRivi. IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00a.m. on April 8, 2021, in Department 54, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: February 17, 2021 Christopher E. Krueger, Judge of the Superior

Court Publish: February 26, March 5, 12, and 19, 2021

DERIVI	180101	3-19-21

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2021-00294365

Yunfeng Xue has filed a petition with this court for a decree changing the name(s) of Yunfeng Xue to Jay Yunfeng Xue. IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 1:30p.m. on April 6, 2021, in Department 53. located at 813 6th Street. 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: February 16, 2021

H. Mesiwala	Judge of	the Superior
February 26	, March 5	, 12, and 19,
18	80101	3-19-21
	February 26	H. Mesiwala, Judge of February 26, March 5 180101

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2021-00294505

Eugene Junior Garcia, JR has filed a petition with this court for a decree changing the name(s) of Eugene Junior Garcia, JR to Eugene Geno Esparza. IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00a.m. on April 7, 2021, in Department 54, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: February 17, 2021

Christopher E. Krueger, Judge of the Superior Court

ESPARZA 180101 3-26-21	Publish: March 5, 12, 19 and 26, 2021		
	ESPARZA	180101	3-26-21

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2021-00294494

Hamza Mohammad Akhtar has filed a petition with this court for a decree changing the name(s) of Hamza Mohammad Akhtar to Jackson Alexander Caine. IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00a.m. on April 7, 2021, in Department 54, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: February 17, 2021

Christopher E. Krueger, Judge of the Superior Court

Publish: March 5, 12, 19 and 26, 2021 CAINE 180101 3-26-21

Publish: March	5, 12, 19 and 26,	2021
ARMAN	180101	3-26-21

Felix Galvan has filed a petition with this court for a decree changing the name(s) of Felix Galvan to Michael Galvan. IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 1:30p.m. on April 13, 2021, in Department 53, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: February 19, 2021 Shama H. Mesiwala, Judge of the Superior

Court Publish: March 5, 12, 19 and 26, 2021 180101 3-26-21 GALVAN

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME

#34-2020-00287703 Monisha Oshtory has filed a petition with this

court for a decree changing the name(s) of Monisha Oshtory to Monisha Oshtory To. IT IS ORDERED that all persons interested in the above-entitled matter appear before

this court at 1:30p.m. on April 13, 2021, in Department 53, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: February 18, 2021

Shama H. Mesiwala, Judge of the Superior Court

Publish: March 5,	12, 19 and 26,	2021
OSHTORY	180101	3-26-21

COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2021-00294796 Sandeep Kumar Lingamaneni and HimaBindu

Angalakurthi have filed a petition with this court for a decree changing the name(s) of Vaishu Lingamaneni to SriNidhi Lingamaneni. IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00a.m. on April 14, 2021, in Department 54, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: February 19, 2021 Christopher E. Krueger, Judge of the Superior

Court Publish: March 12, 19, 26, and April 2, 2021

LINGAMANENI 180101 4-2-21

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2021-00295022

Pila Thao has filed a petition with this court for a decree changing the name(s) of Plia Thao to NouCi Tracy Thao. IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00a.m. on April 15, 2021, in Department 54, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: February 24, 2021

Christopher E. Krueger, Judge of the Superior Court

Publish: March 12, 19, 26, and April 2, 2021 THAO 180101 4-2-21 Christopher E. Krueger, Judge of the Superior Court Publish: March 19, 26, and April 2, 9, 2021

RAMOS 180101 4-9-21

### SUMMONS

SUMMONS (CITACION JUDICIAL) CASE NUMBER: (Numero del Caso): 20SMCV01074

NOTICE TO DEFENDANT: (AVISO AL DEMANDADO): Joe Samuel Bailey, Laurence Grossnickle, Charles Clement Goubert, Jr, Christian Johnson, George Dass, Robert Allan Freeman. Barry Edward Mitchell Spine Management, LP, Renew Spinal Care, Inc, Medi-Clinic, LLC, Dallas Expansion Clinic, LP Colonial Health Care Financial, Inc, Thorn Marketing, LLC. Medical Expansion Houston, LLC Virginia Miss, LP, Chartered Medical Development, LLC and DOE individuals 1-10 and ROE Corporations 1-100

YOU ARE BEING SUED BY PLAINTIFF: (LO ESTA DEMANDANDO EL DEMANDANTE): Clyde Jones AKA Jim Jones, an Individual.

NOTICE! You have been sued. The court may decide against you you without your being heard unless you respond within 30 days. Read the information below. You have 30 CALENDAR DAYS

after this summons and legal papers are served on you to file a written response at this court and have a copy served on the plaintiff. A letter or phone call will not protect you. Your written response must be in proper legal form if you want the court to hear your case There may be a court form that you can use for your response. You can find these court forms and more information at the California Courts Online Self-Help Center (www.courtinfo.ca.gov/ selfhelp), your county law library, or the courthouse nearest you. If you cannot pay the filing fee, ask the court clerk for a fee waiver form. If you do not file your response on time, you may lose the case by default, and your wages, money, and property may be taken without further warning from the court.

There are other legal requirements You may want to call an attorney right away. If you do not know an attorney you may want to call an attorney referral service. If you cannot afford an attorney, you may be eligible for free legal services from a nonprofit legal services program. You can locate these nonprofit groups at the California Legal Services

SACRAMENTO, CA 95826 PETITIONER: BERKE SANDRA RESPONDENT: THOMAS BERKE NUMBER: CASE 12 FL06681 REQUEST FOR ORDER: ENFORCEMENT OF JUDGEMENT; APPOINTMENT OF ELISOR TO CALPERS EXECUTE QDRO TO: Thomas Berke 2. A COURT HEARING WILL BE HELD AS FOLLOWS: March 16, 2021 9:00a.m. Dept: 126. This matter is set for a court hearing/appearance using Zoom Application for the above referenced date and time. In order to participate in your Zoom hearing, you must either use a computer or smart device with internet access, and have

Dated: 1/22/2021 Judge the Superior Pamela Court: Μ. Parker. 4/2/21 LEWIS



#### LEGAL NOTICE THE CITY OF CITRUS HEIGHTS **REQUEST FOR PROPOSALS FOR:**

Professional Design & Environmental Services for the San Juan Avenue Rehabilitation and Complete Streets (Phase 1) Project Project No. 15-21-001

The City of Citrus Heights is soliciting proposals from qualified firms to provide professional design services for the San Juan Avenue Rehabilitation and Complete Streets Phase 1 Project. Services shall include engineering design, environmental review, right-of-way engineering, and community engagement support.

This project is a federally funded grant project. This project is the first phase to rehabilitate and transform San Juan Avenue to a complete street, starting with this section between Madison Avenue to Spicer Drive. This portion of San Juan Avenue serves a mixture of multi-and single-family homes, two elementary schools, and San Juan Park. There are also significant commercial uses along this corridor, including retail and services businesses.

Interested parties can download the Request for Proposals (RFP) at the City's website: http://www.citrusheights.net/Bids.aspx. Proposers shall carefully examine the entire RFP and any addenda thereto, and all related materials and data referenced in the RFP or otherwise available, and shall become fully aware of the nature and the conditions to be encountered in performing the services. Proposals shall be submitted in the manner specified in the RFP. Proposals shall be submitted in the manner specified in the RFP. Submittal deadline is 4:00 p.m. on Thursday April 22, 2021.

The firm(s) must meet all municipal, state and federal affirmative action and equal employment opportunity practices.

Consistent with Chapter 9 of the Caltrans Local Assistance Procedures Manual (LAPM), the City has established a Disadvantaged Business Enterprise (DBE) goal of 7% for this project.

Minority owned firms are invited to submit their qualifications independently or as a joint venture with other consultants for the entire assignment.

The City of Citrus Heights reserves the right to reject any or all Proposals and to accept any or all Proposals, as deemed to be in the best interest of the City of Citrus Heights.

ling

Amy Van, City Clerk

Citrus Heights Messenger 3-19-2021













**Call Today** The Rio Linda News

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Wednesday: S.W.A.G Youth: 6:30pm

Sunday:

**Traditional Service: 9am** 

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Rio Linda

991-1638

Pastor Carolee Caterall

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Worship Service: 11:00am

**First Baptist Church** COMMUNITY

Elverta

112 West Delano St., Elverta Pastor Peter Ceccardi

9:45am, Sunday Bible Study 11:00am, Sunday Worship and Kids Church 6pm, Sunday Night Bible Study 5:30pm Sunday Youth Program 6-7pm Dinner & Wed. Worship AA meets Mon. 10-11am email: Peter@fbcelverta.org

Connection Groups (all ages): 10am Contemporary Service: 11am **Tuesday:** Celebrate Recovery: 7pm Various Zoom Connections throughout the week **RIO LINDA** 



### **Rio Linda Seventh Day** Adventist Church

7535 - 10th St. and U **Rio Linda** 

Sabbath School: 9:15am Worship Services: 11:00am

**New Life CHRISTIAN CHURCH** 2037 Elkhorn Boulevard 991-3001

Minister Eric Smith

6818 4th Avenue

Rio Linda, CA 95673

991-2668

Church 10:30am

Sunday School: 9:45am Sunday: 10:45am Sunday Evening: 6:00pm Wednesday: 7:00pm

Pastor James A. Duncan

### CHRISTIAN FELLOWSHIP Pastor Shannon Fannin Liberty Ministries extends an invitation to come and join us for Celebration Worship Saturday 6:30pm Sunday10:00am Call for info on Child Care. Preschool. Youth Extreme and Food Closet.

Sacramento 95838

916-923-1147

Minister Pete Savage

**SUNDAY** 

Bible Classes: 10:00am

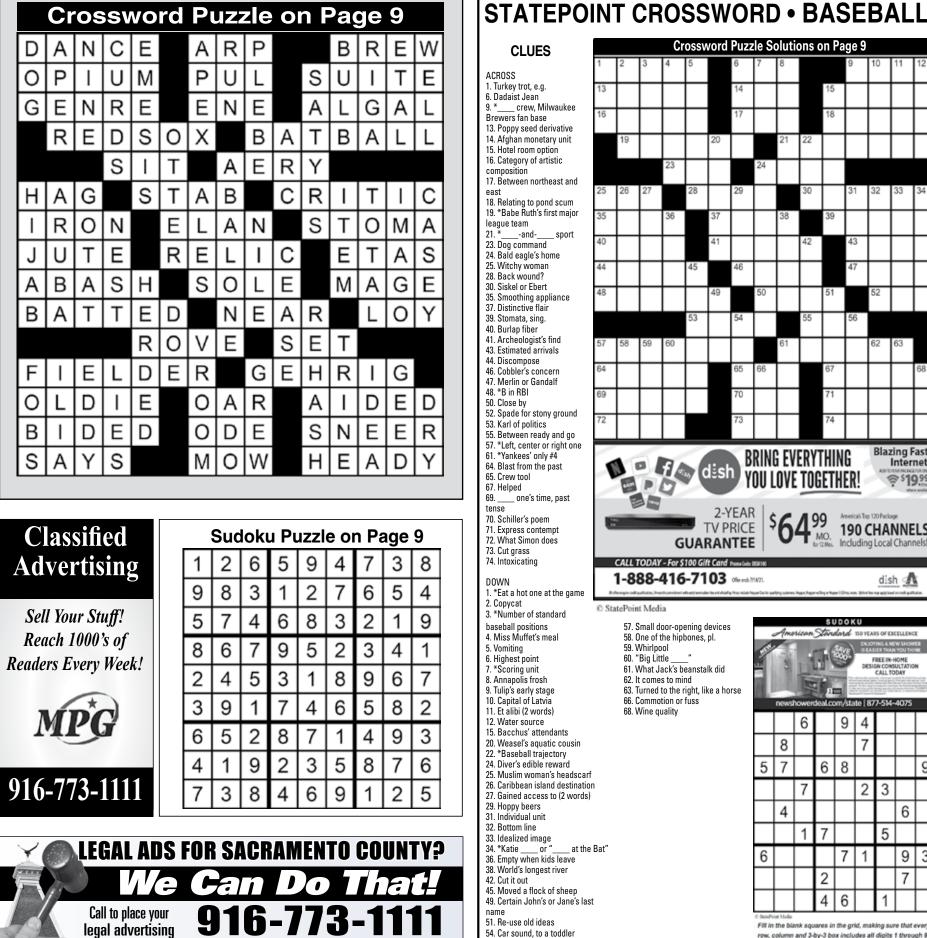
Worship: 11:00am

Worship: 6:00pm

Wednesday Bible Classes: 7:00pm

LIBERTY MINISTRIES

922-6442 4840 Marysville Blvd.



56. Trinity

**Crossword Puzzle Solutions on Page 9** 



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## Social Security Account Suspended... **Need to Enroll Medicare Online!!**



Help Toni: I am turning 65 in July and last week I tried to open a "My Social Security" account to enroll in Medicare online but my Social Security account is locked out. Two

Toni King

years ago, someone falsely filed for a tax refund with my Social Security number. Now anything that involves me or my spouse's Social Security number, credit report or IRS information is blocked.

Please explain how I can enroll in Medicare because I cannot open a "My Social Security" account?

~ Jodie from Dallas, TX Great question, Jodie:

Since you are locked out of your Social Security account due to a fraud situation, the only way to enroll is working directly with a Social Security office. Due to COVID-19 and social distancing, it has made enrolling in Medicare difficult because most Social Security offices are closed.

The Toni Says Medicare office has found the solution since each Social Security office has its own 800 number and you can call them directly with a 15 plus minute wait instead of calling the main Social Security 800 number holding for 2 plus hours or not getting an answer.

When you contact your designated Social Security office and advise the agent who takes your call that you are locked out of your Social Security account the Social Security representative will schedule a telephone appointment to enroll you over the phone.

With Social Security representatives working from home due to COVID-19, do not be surprised if it will take a few weeks before your appointment date. Last week while I was assisting a client with their Medicare planning, he was blessed because an appointment had just cancelled, and Steve was able to have a Social Security representative call him the next day.

It is important to remember that if one is turning 65, and not receiving a Social Security check, they should apply for Medicare at least **3 months** prior to turning 65 for Medicare Parts A and B to begin the first day of the month turning 65.

For those turning 65, who need to enroll in Medicare and do not have their Social Security account locked, should go online to www.ssa.gov/benefits/medicare to enroll online for Medicare.

If you do have a "My Social Security account":

- · Please have your username and password handy to begin your Medicare enrollment in Parts A and/or B application.
- If you do not have a "My Social Security Account":
- Please register yourself and your spouse now for a "My Social Security Account" by visiting www.ssa.gov/myaccount to be prepared when you are ready to apply for Medicare Parts A and B when turning 65, not working full-time with employer health insurance or covered by a spouse's employer health insurance.
- Opening a "My Social Security Account" has recently changed and now uses your current state driver's license as well as a Mastercard or Visa credit card (not a bank debit card) to verify who you are.
- For some reason you are not able to open a "My Social Security Account", you will have to call your local Social Security office to schedule an appointment by telephone to open a "My Social Security Account."

Think you are confused about how to enroll in Medicare when turning 65, then jump into the maze of Medicare when you or your spouse need to explore your Medicare health and prescription drug plan options.

For help enrolling in Medicare contact the Toni Says® office at 832/519-8664 or email info@tonisays.com.

2021 Confused about Medicare Zoom webinar is Thursday, February April 1st at 4:00 PM. Visit www.tonisays.com to sign up for Toni's new webinar event.

2021Medicare Survival Guide® Advanced book is available at www.tonisays.com.

RIO LINDA/ELVERTA COMMUNITY WATER DISTRICT • 916-991-1000 **Tim Shaw-General Manager Board of Directors:** Jason A. Green - President



### Raise them to **Become Great** Adults

Dear Dave,

Why do you seem to put so much emphasis on teaching young children about money? Isn't there time for that later when they're older?

-Cyndi Dear Cyndi,

I firmly believe that

one of the best ways you can make sure your kids are ready to face adulthood when the time comes is to teach them how to handle money at an early about money, and how to manage it in a wise, and cents.

author Andy Andrews I really love. He says, "The goal is not to raise great kids. It's to raise kids who become great adults." If you think about it, there's us when we're young. a subtle but powerful Parents should encourage



might behave well out of a sense of obedience or a wonderful character trait even fear, but that doesn't and a powerful weapon in mean they'll do what's best for them once they're ness and greed. on their own. To raise kids who later become to spend responsibly is a great adults, you have to begin instilling good character traits in them at an early age.

Work equals money. When you teach kids to work, you're teaching them responsibility. Whether it's chores around the house or a job at the mall, work involves accountability and following through on tasks. Work shows kids they are in control of their actions, and that they will reap the rewards or consequences of those actions.

Teaching kids to save teaches them patience. Today's world is one of age. The reason? Learning instant gratification, and saving money makes you slow down and think. It mature fashion, is about a also shows kids they can't lot more than just dollars have every little thing they want the moment There's a quote from they want it.

> When you teach kids to give, you're teaching them generosity. A willingness and desire to give doesn't always come natural to

ing, because generosity is the fight against selfish-

Finally, teaching kids great way to teach wisdom. All kids totally get the idea that spending money is fun. That's a no brainer. But when you get involved in teaching spending as something that should be thought through and done with care and reason, you're imparting the idea of using good judgment and thoughtfulness before taking action.

I hope this helps, Cyndi!

-Dave

Dave Ramsey is a seven-time #1 national best-selling author, personal finance expert, and host of The Ramsey Show, heard by more than 16 million listeners each week. He has appeared on Good Morning America, CBS This Morning, Today Show, Fox News, CNN, Fox Business, and many more. Since 1992, Dave has helped people regain control of their money, build wealth and enhance their lives. He also serves as CEO for Ramsey Solutions.



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### **RIO LINDA ELVERTA RECREATION & PARK DISTRICT • 916-991-5929**

**Mike Heller-Administrator** 

**Board of Directors:** Becky L. McDaniel - Chair Stacey Bastian - Vice Chair Charlea Moore - Secretary Jeny Huffhines – Director Lisa L. Morris – Director

The Park Board meets on the third Wednesday of each month at 6:30 pm in the Community Center, 810 Oak Lane, Rio Linda.

### **TWIN RIVERS UNIFIED SCHOOL DISTRICT**

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#### **Board of Trustees:**

• Area 2. Michelle Rivas - President • Area 1. Michael Baker - Vice President • Area 5. Basim Elkarra - Clerk • Area 4. Bob Bastian • Area 7. Linda Fowler • Area 3. Christine Jefferson • Area 6. Rebecca Sandoval



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### Serving Rio Linda, Elverta and Sacramento County

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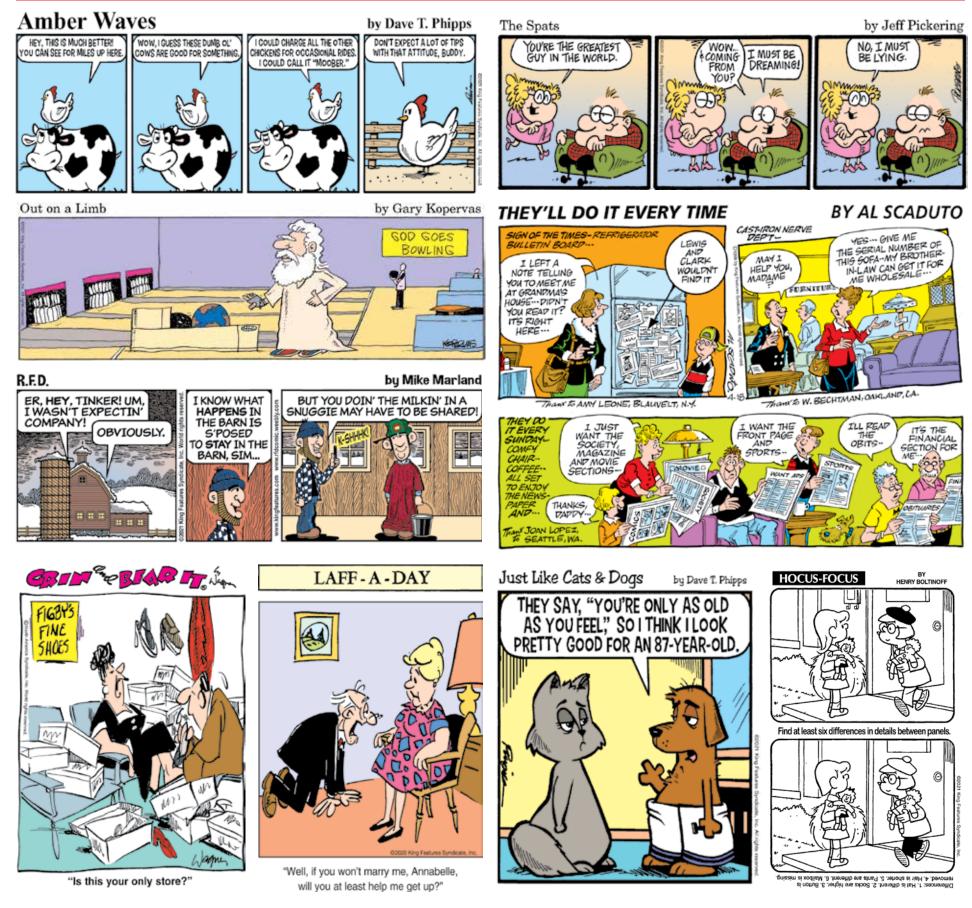
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# The Last Thing We Needed

### Commentary by Michael Leach

The COVID 19 pandemic has increased substance abuse in America. As many feared, the virus was the last thing we needed, and it is no coincidence overdose rates are at an all-time high in America.

Substance abuse is an issue of magnitude in the United States. A drug epidemic that started with Oxycontin is now a part of our country's fabric, raging for over twenty years now. And though it may have taken too long, we finally began to make progress in reversing a trend of overdose deaths that had shortened the average US life expectancy. Rates began to drop and continued to do so for concurrent years, marking a substantial victory in just one of many battles that comprise the larger war.

But right when we thought we'd turned the tide, rates began to climb again. And then, the pandemic hit, and the last thing on anyone's mind was addiction. But those who work in the substance abuse treatment industry and the field of addiction knew one thing when we saw the news about COVID-19; things weren't about to get any better.

According to the CDC, Over 81,000 drug overdose deaths occurred in the United States in the 12 months ending in May 2020, the highest number of overdose deaths ever recorded in 12 months. Synthetic opioids (primarily fentanyl) appear to be the main reason

for the increase in overdose deaths. Thirty-seven of the Thirty-eight US jurisdictions with available synthetic opioid data reported increases in synthetic opioid-involved overdose deaths.

America's drug epidemic has taken a toll. It began in the early 2000s when prescription opioids, particularly Oxycontin, were overprescribed. The drug's manufacturer, Purdue Pharmaceutical, took on an aggressive marketing approach that used false claims about the drug's safety to get doctors to push the medication. These claims included that Oxycontin wasn't addictive when used correctly and was safer than other opioids. This was far from the truth. Many people were now addicted to potent opioids.

Since then, Oxycontin has been heavily regulated, and the formula changed to make it abuseresistant. But the damage was done, and those people who became addicted to opioids just found a new source for the drug, heroin.

Heroin is not only stronger than Oxycontin, but it's far cheaper. Once people became addicted, all that restricting the drug did was force people onto illicit opioids. Those who could profit from this new pool of addicts did so by flooding the market with opioids. And some of the cheapest and strongest ones are synthetic.

Synthetic drugs are made in labs, usually overseas, and smuggled for the healthcare webinto America. Fentanyl is a synthetic opioid that has become one of

the biggest killers in America. It is many times stronger than heroin and is causing an overdose epidemic as we speak.

The pandemic causes stress. Many people have become unemployed and have fallen on hard times. Many of us have been isolated from friends and family and don't leave our houses much. And then there's the worry. Will we get the virus? Will our parents? Even worse, will we be the ones to give it to them?

All of these things can make it difficult for someone in recovery to stay clean. It can make it difficult for someone in active addiction to curb their consumption or consider treatment. And it can make it hard for those in treatment to continue their pursuit of recovery.

But it has also been difficult for many people who previously didn't have struggles with substance abuse and now find themselves looking for drug and alcohol treatment services. And even the landscape of these treatment services has changed, and the pandemic hasn't made them any more accessible to people.

The COVID-19 pandemic was the last thing we needed. But we can't forget about the epidemic that was here first.

Michael Leach has spent the majority of his career as a health care professional in the field of substance abuse and addiction recovery. He is a medical reviewer site Addicted.org and a Certified Clinical Medical Assistant.

# **Child Sex Offender with Criminal History Sentenced to Life**

### By Shelly Orio, Sacramento County District Attorney's Office

SACRAMENTO COUNTY, CA (MPG) - On February 26, 2021, the Honorable her, dragged her down a Ernest Sawtelle sentenced Tajmal Sharrieff to 595 years to life in prison. On December 7, 2020, a jury convicted Sharrieff of seven counts of committing a lewd act on a child. It was also found true that Sharrieff has three prior strike convictions.

guilty of rape by means to orally copulate him. of force and assault with intent to commit a felony in Sonoma County and was sentenced to prison in 1982. In those two separate

victimized strangers. In one case, he approached a 13-year-old victim while he was wearing a mask. He threatened to kill driveway and raped her. Sharrieff threatened to rape her anally if she did not orally copulate him, so the victim complied. In the other case, Sharrieff wore a mask when he approached a 19-year-old victim and told her not to make a sound or he would Sharrieff was found kill her. He ordered her When the victim refused, Sharrieff began choking her and she started to lose consciousness.

sexual attacks, Sharrieff County, Sharrieff removed a screen from an apartment window and climbed into a woman's bedroom while she slept. When she awoke, Sharrieff covered her mouth and told her to be quiet. When the victim managed to scream, Sharrieff fled.

In 2016, the Sacramento County Sheriff's Office investigated a report that a 15-year-old male had been sexually abused by his mother's acquaintance, Sharrieff, approximately seven years prior. The victim gave a statement to law enforcement and testified at trial regarding the numerous sexual acts he was made to endure by Sharrieff. \*

In 1986 in Sacramento

## Harrison Street Homicide Investigation

Sgt. Rod Grassmann, Sacramento Sheriff's Office

SACRAMENTO, CA (MPG) - At 5:48 p.m. on Tuesday, March 9, 2021, the Sacramento County Sheriff's Office Communications Center received a call from a citizen near the intersection of Madison Avenue and Harrison Street in North Sacramento County. The caller stated that they heard gun shots then saw a vehicle with bullet holes. Additional callers pinpointed the

location of the vehicle and said the only subject inside the vehicle appeared to be dead

Deputies arrived at the location and found the vehicle with a single occupant, an adult male, slumped over and unresponsive in driver's seat. Fire arrived moments later and pronounced the victim deceased at the scene.

Homicide detectives are investigating. No suspect information is available. No further information is available at this time.

The identity of the victim in this case will be released by the Sacramento County Coroner's Office after identification and notification of next of kin.

Detectives are asking anyone with information relating to this incident, to please contact the Sheriff's Office at (916) 874-5115 or Sacramento Valley Crime Stoppers at (916) 443-HELP. Tip information may also be left anonymously at www.sacsheriff.com or by calling (916) 874-TIPS (8477). \*







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	2145 Q Street	1,201	1.12 Acres	\$449,990
	6813 18th Street	2,185	1 Acre	\$480,000
	5720 West 6th St.	1,100	2.25 Acres	\$544,000
	5647 2nd Street	2,974	2.32 Acres	\$718,000
	5808 West 6th St.	1,660	3.14 Acres	\$770,000
	6834 18th Street	3,550	2.16 Acres	\$910,000

Based on information from Metrolist Services Inc. for period 11/30/2020 to 2/19/2021. Provided properties may or may not be listed by the office/agent presenting the information.

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