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West Sacramento News Ledger

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Discover the Flyway Docent Training



Docent Training binoculars with photographer D. Kalb. Photo courtesy of the Yolo Basin Foundation

YBF News Release

YOLO COUNTY, CA (MPG) - Join us this fall! Become a Discover the Flyway docent with Yolo Basin Foundation and provide outdoor learning opportunities for K-12th grade students.

The 2022 docent training sessions will take place outdoors at the Yolo Bypass Wildlife Area Headquarters. Participate in hands-on demonstrations of science and social studies learning activities and take a guided tour of the Yolo Bypass Wildlife Area. Watch recorded videos describing the history of Yolo Basin Foundation and the importance of wetlands. Docent training will continue with opportunities to shadow



Docent Training on the trail. Photo courtesy of the Yolo Basin Foundation

experienced staff and docents during school field trips starting September 20.

The goal of Discover the Flyway is to offer children a meaningful outdoor experience that will give them an appreciation for the wetlands,

agriculture, and wildlife of the Central Valley.

By becoming a Discover the Flyway docent, you can help teachers and students connect to nature, learn about science, protect wetlands, and get involved in conservation.

Dates: September 6, 8, 12, 16 from 9:00 a.m.-12:30 p.m. and September 14 from 4:00 p.m. to 7:30 p.m.

To register for Discover the Flyway docent training, fill out a volunteer application on the Yolo Basin Foundation website, yolobasin.org/volunteer, and sign up for the training dates.

Contact Education Coordinator Heidi Satter, hsatter@yolobasin.org with questions. ★

Yolo Superior Court Announces Passing of Judge Kathleen M. White

Yolo County Superior Court News Release

YOLO COUNTY, CA (MPG) - It is with deep regret that Yolo Superior Court announces that on July 31, 2022, Judge Kathleen M. White, who served as a judge for 15 years, passed away due to an illness she began suffering prior to her retirement in 2018. Judge White was well respected by her colleagues and those appearing before her. Her knowledge and experience in a vast variety of case types including complex civil, criminal, juvenile and family law were legendary. Her dedication to serve, sharp legal mind, and inquisitive approach to the law were self-evident to all who knew her.

Judge White also served on many local and state-wide committees, spoke



Judge Kathleen M. White. Photo courtesy of the Yolo County Superior Court

on judicial education and court administration issues, and wrote frequently for professional publications. As the chair of the design committee for the “new” courthouse, Judge White was

very involved in the design of both the exterior and interior of the current courthouse, that was completed in 2015. As noted by former Presiding Judges Steven Basha and Janet Gaard, “It

is only fitting that the commemorative stone at the entrance of the Courthouse recognizes her service at the time of the courthouse dedication.”

Judge White also had a wide variety of interests and talents outside of the courtroom. She was a superb violinist, a skilled linguist, and a loving wife and mother. She was also well known for her knitting and helped spread her passion for knitting among court staff. It was the lucky person who received a Judge White creation.

“Judge White was a person of extraordinary talents, and she will be missed greatly by the entire courthouse community. Her intelligence, humor, and energy were truly one of a kind,” said current Presiding Judge Daniel Maguire. ★

Mayor Guerrero Announces Candidacy for Re-election

*From the Election
Office of
Martha Guerrero,
West Sac Mayor*

WEST SACRAMENTO, CA (MPG) - On August 16, community leader and mayor Martha Guerrero announced her candidacy for re-election as Mayor of West Sacramento. Mayor Guerrero is a 19-year resident of West Sacramento with over two decades of experience in public policy and governmental administration. She has served on City Council; numerous boards focusing on community support, and has loaned her time and expertise to many local civic organizations and has taken a turn as chair of the West Sacramento Planning Commission.

Mayor Guerrero stated: “As a longtime resident of West Sacramento, I am excited to announce my re-election bid for Mayor. I am so fortunate to live in this city and it has been an honor to be a part of promoting strong economic growth, stable government infrastructure leading to enhanced quality life outcomes for all. Community engagement has always been key to my leadership, and through this campaign, I pledge to continue that tradition meeting with both residents and business and civic leaders to build a stronger West Sacramento together.”

Martha Guerrero, elected Mayor of West Sacramento in 2020, is the mother of twin daughters and proud grandmother of one adorable young man. Martha was elected to City Council in 2018, and over the years has held many advisory seats within Yolo County and was also a member of the West Sacramento Planning Commission from 2013 to 2016.

For additional information about Mayor Martha Guerrero, please visit her website at www.martha-guerrero.com ★

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Aerospace Museum Feels ‘the Need for Speed’

By Ruth N. Morse

SACRAMENTO REGION, CA (MPG) - The Sacramento-area Aerospace Museum of California in McClellan celebrated its first evening Open Cockpit event on Saturday, August 20, 2022. Since it has a “Top Gun” F-14 Tomcat and the movie “Top Gun: Maverick” is out this summer, the museum staff decided to open fourteen of their plane cockpits for viewing on Saturday afternoon.

Traditionally, the Aerospace Museum sponsors Open Cockpits twice a year during the day — once on May 4th for “May the Fourth be with you” and once on Veterans Day on November 11th. These events, which have proven to be popular with attendances up to one thousand, have now been reformatted into Top Gun Open Cockpit.

The event was an enjoyable date for visiting with volunteers, staff and the public about their experiences with the Museum. Karen Jones, Advancement Director at Aerospace Museum of California, oversees its fundraising and pointed out that the Covid experience in the last couple of years was beneficial for the facility. They profited in many ways, reinvented the experience and kept staff busy refurbishing their exhibits, when they could not be open to the public. A new café was opened during this time and a new exhibit built around the Makani, a large energy kite named after the Hawaiian word for wind they received from the manufacturer in 2020.

Aerospace Museum’s four-acre property has a unique combination of volunteers and paid staff, which are necessary since the operation does not receive government funding. There are over three hundred volunteers who range in age from students doing community service to retirees with aviation experience.

In addition to those with a love of aviation and serving our country in the military, others manned the Aerospace facility actively promoting the educational emphasis in STEM. These staff and volunteers reach out to the next generation to encourage them to pursue careers and interests in the STEM subjects of Science, Technology, Engineering and Mathematics. Another event at the museum promoting STEM includes summer camp, a weeklong day event with as many as one hundred children at a time



Skylar Webster sports a green flight suit and stands beside a Desert Storm plane. Photo by Ruth N. Morse

and a total of nine different camps. Senior volunteer Bob Hiltachk logged more than five hundred hours of volunteer work. He enjoyed showing off the newly refurbished Blue Angel to Tim and Logan Jacobsen visiting from Rancho Cordova. The Blue Angel was recently returned to the museum after four years at the nearby Coast Guard for refurbishment. It looked great indoors with its new blue paint job. The museum features a gift shop which allows the of purchase items such as the museum mascot, Amelia Bearhart. The bear is often hidden in the museum and becomes part of a scavenger hunt. Amelia Bearhart’s Storytime and Crafts will be held from 10 a.m. to 2 p.m. in the Museum, Saturday, August 27th. They also had Top Gun items for sale in the shop, and an interesting book about a local triple ace named Colonel Bud Anderson, a centenarian who lives in Auburn and is involved in the museum. As Karen pointed out, the museum is

thriving despite Covid closures over the last couple of years. It appeals to diverse groups of people who enjoy coming together to learn about planes and flying,

engineering and history. The Museum even qualifies to be a Smithsonian Institution partner, something only two local museums are qualified for.

Museum normal operating hours are Thursday to Sunday from 10:00 a.m. to 4:00 p.m. Admission is \$15 for adults and \$10 for seniors, youth, teachers and veterans. An upcoming event is a storytime on Saturday, August 27, 2022.

For more information visit aerospacemuseum.org or 3200 Freedom Park Drive, McClellan, CA 95652 or call 916-643-3192.

The Museum is forward-looking by encouraging the next generations to participate in aviation history and technology. You can attend and come away with new knowledge after this enjoyable “infotainment” experience! ★



A young boy in a NASA spacesuit views the checklist he was given at the Aerospace Museum “Top Gun Open Cockpit” event held on Saturday, August 20 in Sacramento. Photo courtesy of the Aerospace Museum of California



Volunteer Bob Hiltachk and visitors Logan and Tim Jacobsen from Rancho Cordova stand beside an Air Force plane. Photo by Ruth N. Morse

Classic Car and Truck Show Returns to Yolo County

Yolo County News Release

WOODLAND, CA (MPG) - Join the Yolo County Library and the Friends of the Yolo Branch Library at the Cruisin’ into the Next Chapter Classic Car and Truck Show on August 27 from 10 am to 3 pm, held near the Yolo Branch Library, located at 37750 Sacramento Street in Yolo, a five-minute drive north of Woodland.

Everyone is welcome to attend this free, family-friendly event, which will feature a wide array of classic cars and trucks, as well as antique fire trucks, tractors, and gas engines. Enjoy a variety of delicious food while listening to music performed by live DJ sets provided by Rockwell Sound & Lighting. There will be free books, balloon twisting, and activities for children. Participants will also be able to enter a donation drawing to win a variety of prizes, browse vendors, or purchase souvenir T-shirts, YOLO key chains, magnets, and hats, in addition to memorabilia

from the historic Yolo Branch Library. This free event is sponsored by the Friends of the Yolo Branch Library and the Yolo County Library. All proceeds will go towards supporting the Yolo Branch Library, which serves the communities of Yolo, Zamora, Dunnigan, and the surrounding areas. Support for this event is generously provided by the Yolo Fire Protection District, Yolo Enterprises LLC, Yolo Market, Cache Creek High School, and dozens of other local businesses and residents. For more information about this event, visit: <http://www.friendsofyololibrary.org/>, write to yolocarshow@gmail.com or call Meg Sheldon at (916) 837-9171. For more information about the Library’s programs and resources, residents can visit their local library or the Library’s website, <https://yolocountylibrary.org>, or connect with Yolo County Library on Facebook at www.facebook.com/yolocountylibrary.org and Instagram at [@yolocountylibrary](https://www.instagram.com/yolocountylibrary). ★

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Ranadivé Set to Buy River Cats



River Cats first baseman Yermín Mercedes stands in the box and waits for a pitch during a 13-5 win against El Paso on Wednesday, June 22 at Sutter Health Park in West Sacramento. Photo by Shaun Holkko

By Shaun Holkko, sports editor

WEST SACRAMENTO, CA (MPG) - In 2013, Vivek Ranadivé purchased the Sacramento Kings. Now nearly a decade later, he is nearing a deal to acquire another Sacramento-based professional sports franchise.

It was first reported by The Sacramento Bee on July 26, that Ranadivé and a group of investors have been negotiating a deal with the Savage family dating back to last year, in the ballpark of \$100 million. However, it was reported by Sportico on August 18 that the actual sale price may be closer to \$90 million.

Even at a lesser price than what was initially reported, the cost for Ranadivé and his group would be a record for the selling price of a Minor League Baseball (MiLB) team and its corresponding stadium. According to Ballpark Digest, most MiLB teams

have an estimated value of around \$40-50 million.

The Savage family has owned the River Cats and its ballpark since the franchises' inception in 2000.

Ranadivé made the following statement back in 2015 when he invested in Sacramento Republic FC, a USL Championship team, a league that is one tier below Major League Soccer.

"This is another major step in revitalizing downtown and making the entire Sacramento region an even better place to work, live and play," Ranadivé said. "We're committed to our vision of making Sacramento the world class city its citizens deserve."

With the purchase of the River Cats and potential looming purchase of Sac Republic, Ranadivé may be positioning himself to stand alongside other sports owners of multiple teams like Stan Kroenke, Joel Glazer and Shahid Khan. ★

Possible Contaminated Water Found at Riverbank Elementary

By Michele Townsend, West Sac editor

WEST SACRAMENTO, CA (MPG) - Washington Unified School District Officials and Riverbank Elementary staff and families are anxiously awaiting lab results regarding the contamination of the school's water.

West Sacramento's City Water Division says that the contamination is exclusively on campus and that residents do not need to be concerned.

Maria Garcia has two children who attend Riverbank Elementary (as well as two who attend River City High School). Maria is part of the PTC (Parent Teacher Conference) and has volunteered at the elementary school for a couple of years.

"I was volunteering about two years ago, and I went into the office to use the restroom and was kind of disgusted because the water was yellow and I thought whoever used the toilet hadn't flushed, so I flushed it before I sat down," Garcia recalled. "But the water was still yellow. I told the principal that something was wrong with the water, and she said it was okay."

Garcia explained that at that time, the only refrigerated drinking fountain was located inside the office. Staff as well as children would stop in the office to get a drink. Suddenly one day, the fountain was removed and when she inquired about the removal of the fountain, she was told it was because of the noise it made.

Garcia was uncomfortable with the series of water related events and found that she couldn't let it go. Someone had told her that the water is supposed to be tested three times per year as part of safety regulations. After hearing this, in September 2021, she requested a copy of the past reports. She received a copy of one report that was conducted the following month (October 2021).

As the school was buzzing in preparation for the 2022 school year, Garcia needed to know that the water was safe before the kids went back to school. Her and her children were at the school over summer break to help paint a mural. While she was there, she collected some water, being careful to mark what water came from which fountains.

Garcia purchased water testing kits from Home Depot and decided to test it herself. The first test that she did was negative for metals. However, the second test she conducted tested positive for bacteria. Garcia was seen collecting the water and was kicked off campus, being told that the tests were already completed.

Garcia contacted Councilmember Norma Alcalá to show her the results of the tests because she was unsure what to do with the test. Upon seeing the results, Councilmember Alcalá contacted the WUSD Superintendent. Less than 24 hours before the first day of school was to start, the district office told Garcia that the tests showed that the water was okay. She offered for them to drink a full glass of water, but they declined.



An H2O OK Plus test detected bacteria in the drinking water at Riverbank Elementary School in West Sacramento. Photo courtesy of Maria Garcia

There are no reported cases of illness due to the contaminated water, according to an email from Giorgos Kazanis, Executive Director of Communications for WUSD.

"Before students or staff stepped foot on the campus on August 10th, WUSD ensured that bottled water was available in every classroom and workspace, and an independent laboratory was contacted to conduct a detailed investigation and tests of the water at Riverbank School," Kazanis told The News Ledger via email.

In that same email, it states that the water does not come out of the drinking fountains looking yellow, it comes out looking clear. It states that the yellow in the test vial is because it is a type of color test, and the color indicates what is detected in the water.

"Our children were made to drink water daily from there. They never offered them a bottle of water, according to the principal, 'because they need nutrition' – that was what he told me when I told him that they needed to offer them bottled water, in other schools in the southern area they offer water and milk in the cafeteria. Until now they still give them bottled water called Arrowhead! I don't know if you have ever drank that type of water. That water doesn't taste very good. My children say, 'they give us that water and it's not very good, mommy,' they don't offer them cold water!" a concerned Garcia passionately stated.

WUSD insists that they were concerned about the health of the children and staff and that they continued following the laboratory process and providing bottled water until final test results received. On Monday August 22, the final test results were received from lab testing and the water has been deemed safe to drink.

According to a recent email by Kazanis, there was only one fountain that was in question. However, for safety reasons, testing was done at multiple sources. The water was never turned off in the kitchen or bathrooms.

Final test results were received Monday afternoon with no pathogens present in the water. Water was restored to the drinking fountains as of August 24. ★

County-Wide Mass Notification Test

Yolo County News Release

WOODLAND, CA (MPG) - On August 25th at 10:20 a.m., Yolo County participated in a tri-county mass notification exercise.

Residents and businesses were urged to use the opportunity to prepare for the many hazards that threaten our community and to take proactive steps to ensure you receive timely information during those emergencies.

"Emergency exercises play an important role, allowing emergency responders throughout Yolo County to practice and be ready for future emergencies," said Yolo County Emergency Services Manager Dana Carey. "On August 25, Yolo County (held) two emergency exercises – testing the emergency alert system and responding to a delta flood scenario."

These past winter seasons are reminders of our flood threats in the area, and we currently see the danger posed by wildfire and grassland fires throughout the state. Both wildfires and storm

flooding occur rapidly, forcing evacuations and road closures in neighborhoods. Yolo Alert, the County's mass notification system – built upon the Everbridge® Platform – is a critical link for residents to learn immediately of any required actions, like evacuating their homes during an imminent fire. Yolo County and city partners rely heavily on this communication tool to warn you of potential hazards and the actions you and your family can take to remain safe.

On August 25, 2022, Sacramento, Yolo, and Placer County residents received a call to exercise the Sacramento Region Emergency Alert Notification System. The drill replicated a large-scale, multi-jurisdictional emergency requiring thousands of numbers to be called simultaneously across the Sacramento tri-county region.

The distinctive feature of Yolo Alert is the ability to register more than one contact method at a specific address. Registrations of cell phones and

alternate numbers dramatically increase the ability to reach a significant number of community members within minutes. This enables landlines, cell phones, and email addresses to integrate into a single notification system.

The newest system feature is the Everbridge® "App," which will send push notifications based on your smartphone's location during an emergency. The alert can warn you of evacuation areas, flooded road conditions, police emergencies requiring shelter in place, and much more. App downloads are available from the Apple Store for iOS devices and the Google Play store for Android.

Residents can do their part to prepare for emergencies by registering for Yolo Alert. The time is now to self-register cell phone numbers and email addresses and download the App to be a part of the regional Exercise.

For more information or to register alternate phone numbers or email addresses, visit www.yolo-alert.org. ★

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THE FOUNDATION FOR A BETTER LIFE®

If You Love Dogs, You'll Love this Story

By The Foundation for a Better Life

There is much we can learn from dogs. In childhood, they are our best companions, seeming to understand our every emotion. They accept us when we feel left out, wait hours for us to return from school or work, and even become the comfort we need to overcome shyness by nudging us into new friendships. And for adults, they remain our devoted friends. It's no wonder we have such affection for them.

Capitan was a beloved German shepherd with a glossy, dark coat and kind, knowing eyes. He was always at Miguel's side, the two of them inseparable as Miguel pushed into his later years.

When Miguel passed away, Capitan disappeared — only to turn up later at the cemetery, lying on Miguel's grave. He grieved the separation that death brought, and despite many attempts to bring him home, Capitan always ran away, back to the cemetery 15 blocks from the house.

Such devotion not only touched Miguel's widow and son; it also touched the cemetery caretakers. They made sure he had his vaccinations and was fed daily, but Capitan didn't roam the grounds and attach himself to new friends. He stayed close to the gravesite, sleeping there every night and sitting vigilantly during the day. Capitan became an icon of loyalty. But



Photo courtesy of Marcus Cramer | Unsplash

what will always remain a mystery is how he found his master's grave in the first place. Miguel died in a different town and was transferred directly to the cemetery. There was no wake at home, no procession for Capitan to follow, yet he located the companion he was so loyal to.

For us humans, we can more easily locate those we love. We can move our way into their lives more often. We can be more vigilant in our friendships, standing watch over memories and protecting affections. Capitan reminds us that no matter the difficulties that separate us, there is always a way to get back to unconditional love.

After 12 years at Miguel's gravesite, Capitan also passed away. He was mourned as a community member, beloved to many in the town and an example of the love that connects all living things. ★

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CommuniCare Health Centers Expands Health Access

By **Hollie Malamud, MPH., CommuniCare Health Centers**

WEST SACRAMENTO, CA (MPG) - CommuniCare Health Center announces the opening of the Vida Family Health Center at 954 Sacramento Avenue.

To address the need for more space and to see more patients, CommuniCare Health Centers has expanded its capacity in West Sacramento. The Vida Family Health Center opens on August 29th and is 0.4 miles from the Salud Clinic, less than a two-minute drive, a ten-minute walk or bus ride, or a three-minute bike ride. The hours of operation are Monday-Friday 8 a.m.-5 p.m. and these hours mirror the day-time Monday-Friday hours of operation of the Salud Clinic.

“Our expansion in West Sacramento represents our commitment to the health and well-being of the community of West Sacramento,” Dr. Melissa Marshall, CommuniCare’s Chief Executive Officer. “We are excited to provide

more access to the same high-quality health care services that the community has come to expect at Salud.”

The Vida Family Health Center will provide additional access to the services in highest demand, including primary care, prenatal care, and integrated behavioral health services. Patients seen at the Vida Family Health Center will receive a referral to the Salud Clinic and have access to the full scope of services provided at the Salud Clinic, including behavioral health, sexual and reproductive health services, substance use disorder services, and oral health services. The proximity of the Vida Family Center provides convenient and easy access for patients referred to the Salud Clinic.

The new Vida Family Health Center creates needed clinic space, offers an extension of CommuniCare services, and complements existing services at the Salud Clinic. The Vida Family Health Center site will relieve the current long

wait times at the Salud Clinic, specifically for primary care and prenatal care appointments, and for integrated behavioral health services. The additional clinic space will allow for staff to provide care and services to more patients than the Salud Clinic can currently accommodate.

“CommuniCare has a long history of providing healthcare to the residents of West Sacramento, Lynn Bramwell, Chief Operating Officer. “We are excited to continue that tradition with the opening of our new health center, Vida Family Health Center.”

In addition, Vida Family Health Center will support the expansion of our existing, long-standing, and mutually beneficial partnership with UC Davis Family Medicine Residency, allowing us to expand the continuity of care for patients provided by family medicine residents supervised by UC Davis faculty and CommuniCare physicians, which contributes to the pipeline for well-trained primary care physicians for our community. ★

California Faces Existential Threat of a Megaflood



By **Dan Walters, CALMatters.org**

California had been a state for scarcely a decade and was home to fewer than 500,000 people when it was hammered in the winter of 1861-62 by the most powerful series of rainstorms in recorded history.

“This event, which was characterized by weeks-long sequences of winter storms, produced widespread catastrophic flooding across virtually all of California’s lowlands — transforming the interior Sacramento and San Joaquin valleys into a temporary but vast inland sea nearly 300 miles in length and inundating much of the now densely populated coastal plain in present-day Los Angeles and Orange counties.”

That description comes from a new study suggesting that due to climate change California is at ever-increasing risk of another disastrous chain of storms, one that would be devastating, both in human and economic terms, in a state with nearly 40 million residents.

“We find that climate change has already increased the risk of a (1862) megaflood scenario in California, but that future climate warming will likely bring about even sharper risk increases,” the study warns.

Building on previous studies about the likelihood that California could experience a series of storms similar to the 1861-62 event, researchers Xingying Huang and Daniel Swain say such an event “would likely produce widespread, catastrophic flooding and subsequently lead to the displacement of millions of people, the long-term closure of critical transportation corridors and ultimately to nearly \$1 trillion in overall economic losses.”

Huang is a scientist at the National Center for Atmospheric Research and Swain is a UCLA climate scientist.

Although a megaflood could hit many regions of the state, the 300-mile-long Central Valley is at greatest risk because of its geography. It is in essence an elongated bowl into which, in normal times, water flows benevolently from melting snow in the Sierra. Water that’s not consumed in the valley eventually flows into the Pacific Ocean via San Francisco Bay.

We’ve had instances in the past when the valley’s drainage system was overwhelmed by heavy runoff, the worst occurring when warm tropical storms suddenly melted the snowpack. Just a few years ago, the nation’s highest dam, Oroville, nearly collapsed when it received more runoff than it could handle.

After killer hurricane Katrina devastated New Orleans, the federal government declared that the Sacramento area was the nation’s most vulnerable region for heavy flooding. During the 1861-62 megaflood, railroad magnate Leland Stanford had to

be carried to the partially constructed Capitol in a rowboat for his inauguration as governor. The city was so devastated that state government was temporarily shifted to San Francisco.

So there it is. Add megaflood to earthquakes and wildfires on the list of existential threats to California and its millions of residents. What can we do to minimize the danger?

Slowly, federal, state and local governments have been bolstering levees in areas with the highest risks, although officials in Stockton have complained that they have gotten a disproportionately low share of flood control spending. However, even the projects underway are being engineered for floods of lesser intensity than the megaflood outlined in the new study.

The study authors suggest that not only more money is needed for flood control but that California should give the creation of flood plains more priority. Sacramento already depends on two dedicated flood plains, called “bypasses,” to prevent heavy flows from overwhelming river levees.

California should also rethink how its residents are insured against catastrophes. Perhaps we could create a statewide umbrella policy to provide basic flood, earthquake and fire protection, financed by property-related fees, that individuals could supplement.

The worst response would be to do nothing.

Dan Walters has been a journalist for nearly 60 years, spending all but a few of those years working for California newspapers. ★



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ATTENTION VENDORS

We are beginning to plan for Horizon Church’s first Community Harvest Festival scheduled for November 4-5, 2022. The Festival will take place at 1300 South River Road, Suite #135, West Sacramento, CA 95691, and the hours will be 9 AM to 3 PM. We anticipate space for 35-40 vendors to rent (\$50). Space will include a 6’ table and up to 3 chairs. There will be a limited number of electrical outlets available.

Items to be sold are new/hand-made. This will not be a “garage sale” but an event to showcase your wares and business items.

If you would like to be put on the mailing list as a potential vendor, and to receive future mailings about this event, please contact Lori Casias via text message at 916-719-4991 and leave your name, email address and cell phone number.

We plan to heavily advertise this event through Facebook, Marketplace, News Ledger, WestSacWeb.com, Instagram, Channel 31, and the West Sacramento Community Discussion Board. We will also be sending out mailers to the community of West Sacramento and surrounding areas.

We are looking forward to reaching out to the community through this event and sharing the love of God. We hope you will consider being a part of this event and if you have any questions, please contact Lori.

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Outman has Historic Major League Debut with Dodgers

Sac State Athletics News Release

SACRAMENTO, CA (MPG) - Just one day removed from getting the call that he was going to “The Show,” former Sacramento State outfielder James Outman made sure that his Major League Baseball debut was not only memorable, but historic.

Starting in right field and batting ninth for the Los Angeles Dodgers in the final game of a four-game series with the Colorado Rockies, Outman homered in his first career at-bat and finished a triple short of the cycle, adding three RBI in his new club’s 7-3 victory on July 31.

In the process, he became the only player in Dodgers franchise history to finish his Major League debut with a home run, three hits, three RBI, and a pair of runs scored, while becoming the eighth player in franchise history – and the fourth since the club relocated to Los Angeles, joining Keibert Ruiz in 2020, Garey Ingram in 1994, and Jose Offerman in 1990 – to homer in his first career at-bat.

“It was a dream come true,” Outman said in the Dodgers’ post-game interview. “It’s something that I’ve been envisioning since I was eight years old. I’m kind of still processing everything, but it’s been awesome so far.

“As soon as I took the swing (on the home run) I blacked out. I was just telling myself before the at-bat to relax because I knew I was going to have a lot of nerves, so I just wanted to relax and let what I’ve been doing for 20 years take over.”

Added manager Dave Roberts, “It was really fun to watch. You could just see his joy and a day he’s dreamt about. For it to play out like this, I can only imagine how he’s feeling, how his family is feeling.”

A seventh-round draft pick (No. 224 overall) by the Dodgers in the 2018 June Amateur Draft and the Dodgers’ No. 17 prospect, Outman became the



Former Sacramento State outfielder James Outman made sure that his Major League Baseball debut was not only memorable, but historic. Photo courtesy of Sacramento State Athletics

third active Hornet in the Major Leagues, joining Philadelphia’s Rhys Hoskins and former Sacramento State teammate Sam Long, who is with San Francisco. He is the ninth Sacramento State baseball player to appear in the Major Leagues and the first since Long made his debut on June 9, 2021, against Texas.

Outman was called up by the Dodgers on July 30 after splitting time between Double-A Tulsa and Triple-A Oklahoma City to start the season. In 90 games

between Double-A Tulsa and Triple-A Oklahoma City, Outman hit .279 with a .915 OPS, slugging 21 home runs and driving in 69, while scoring 72 more on his own. In Tulsa, Outman hit .295 with 16 home runs and 45 RBI, collecting a .946 OPS before being promoted to Oklahoma City on June 29, where he has hit five more home runs and driven in 24 in 22 games with a .475 slugging and .340 on-base percentage.

Over 368 career minor league contests, Outman hit .256 with 64 doubles, 18 triples, 69 home runs, and 212 RBI, while posting an .833 OPS.

In his three seasons at Sacramento State, Outman was a two-year starter in the outfield for the Hornets as a sophomore and junior, earning Western Athletic Conference All-Tournament Team and WAC All-Academic Team honors in each of those seasons. He led the league with 11 home runs and ranked second on the team with 40 RBI as a junior in 2018, which followed a sophomore campaign that saw him slug 11 home runs and lead the team with 53 RBI, helping Sacramento State to a conference title and NCAA Regional berth.

Following Sunday’s game, Outman and the Dodgers head to San Francisco to take on the Giants – and a possible head-to-head match-up with his former Hornet teammate Long – just 30 minutes away from his hometown of Redwood City, Calif.

Hornets in the Major Leagues (*denotes active Major Leaguers): Ron Stone - Kansas City Athletics (1966), Philadelphia Phillies (1969-72); La Schelle Tarver - Boston Red Sox (1986); Keith Brown - Cincinnati Reds (1988, 1990-92); Erik Bennett - California Angels (1995), Minnesota Twins (1996); Gary Wilson - Pittsburgh Pirates (1995); Roland De La Maza - Kansas City Royals (1997); Rhys Hoskins - Philadelphia Phillies (2017-22)*; Sam Long - San Francisco Giants (2021-22)*; James Outman - Los Angeles Dodgers (2022)*. ★

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Healthy Snack Day Event Highlights Healthy, Easy and Affordable Snacking Tips

Yolo County News Release

WOODLAND, CA (MPG) - On August 16, 2022, the Yolo County CalFresh Healthy Living team and CommuniCare Health Centers are partnering to host a Healthy Snack Day in Woodland to showcase creative ways to make healthier snack choices between meals and as part of a balanced diet. This event will provide attendees with recipes, tips, and tools to help individuals and families achieve healthy snack victories with every choice they make, both on-the-go and in-the-home.

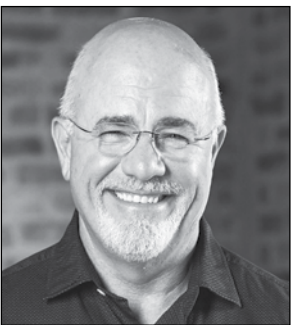
This event is free and will be held at CommuniCare’s Hansen Family Health Center in Woodland from 10 am to 2 pm. with an hour break from 12 pm to 1 pm, when the Health Center is closed for lunch. Healthy Snack Day is a state-wide movement and part of the CalFresh Healthy Living Healthy Victories campaign. Attendees will participate in hands-on, fun activities to learn about healthy snack options for every flavor craving – sweet, savory, crunchy and spicy. Plus, a healthy snack recipe will be featured and available for taste-testing. Activities include:

Origami Snack Finder – A folded

paper game for children that promotes healthy snacking based on their favorite flavors and includes take-home recipe cards; **Healthy Snack Day Pledge** – Dry erase boards allow attendees to document their pledge to reach for healthy snacks for themselves and their families. Sharing on social media channels is encouraged; **Personal Recipe Finder** – A digital experience at www.HealthySnackDay.com helps users identify the perfect snack recipe based on their favorite ingredients; **Taste Test** – One of the featured healthy snack recipes will be prepared on-site and available for sampling

About three-fourths of the U.S. population has an eating pattern that is low in vegetables, fruits, and dairy. Most Americans also consume more than the recommended amounts of added sugars, saturated fats, and sodium. Making shifts to a healthy and balanced eating pattern – including snacks – can help people get the nutrients they need, maintain a healthy weight and reduce chronic disease risks.

For recipes, resources and support for making healthy choices, visit CalFresh Healthy Living at calfresh.dss.ca.gov/healthyliving/home. ★



Which is Best?

Dear Dave,

How do you know if a will or a trust is best for you?

– Monica

Dear Monica,

This is a great question, especially since August is National Make-a-Will Month. The first thing you should do is take a serious look at your needs, your wishes and your overall life and financial circumstances.

If you’re like the average person with a couple of kids, a home and some savings, a will is all you need. There’s no reason to bring lawyers into the mix, unless there’s something

Dave Ramsey Says

complicated about your situation. In cases like this, you can even set one up online that’s perfectly legal in just a few minutes.

If you’re older, your kids are grown and your estate is worth \$1 million or more, a trust is the way to go. By doing this, you can avoid probate in a way that wills don’t allow. Now, if you have a large estate and dependents, having both a will and a trust is a good idea. And you don’t have to worry about the two bumping into each other. They’re separate legal instruments, and there’s generally no conflict between them. If there is a legitimate, legal conflict between them, the trust usually overrides the will.

Simply put, everyone needs a will. But not everyone needs a trust. Trusts can be more than you need, but they can also be a great tool

if you have a larger estate. So, if you’re in the vast majority of folks who don’t need a trust, just get yourself a will. You’ll spend a lot less money and feel so much better knowing your stuff will go to the right people—and that your family will be taken care of!

– Dave

Dave Ramsey is a seven-time #1 national best-selling author, personal finance expert, and host of The Ramsey Show, heard by more than 18 million listeners each week. He has appeared on Good Morning America, CBS This Morning, Today Show, Fox News, CNN, Fox Business, and many more. Since 1992, Dave has helped people regain control of their money, build wealth and enhance their lives. He also serves as CEO for Ramsey Solutions. ★

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INVITATION TO BID

Sealed proposals will be received and submitted **electronically** through the City's ProcureNow system at <https://secure.procurenow.com/portal/cityofwestsacramento> until **2:00 PM local time on Tuesday, September 6th, 2022**, at which time and place results will be posted and available for public review for the:

2022 CITY OF WEST SACRAMENTO PAVEMENT PRESERVATION PROJECT

GENERAL SCOPE OF WORK

The proposed Project will include, HMA Paving, Traffic Control, Slurry Seal, Asphalt Rubber Chip Seals and Striping and Signage work on Various Streets within the City of West Sacramento

SITE LOCATION: Various Streets

TENTATIVE CITY SCHEDULE:

Bid Publication		August 19, 2022
Non-Mandatory Pre-Bid Site Meeting		8 AM August 30, 2022
Cutoff for Bid RFIs	no later than	5 P.M. September 1st, 2022
Bids Due / Bid Opening	no later than	2 P.M. September 6th, 2022
City Council Award of Contract		September 21, 2022

Non-Mandatory Pre-Bid Site Meeting: Tuesday, August 30, 2022, 8 A.M.
Location: Seymore Ave and Marshall Road intersection

This is **Not** Federal Aid project.

- 1. Completion of Work:** All work shall be completed one hundred twenty (10) working days from the date designated on the Notice to Proceed.
- 2. Obtaining Contract Documents:** Contract documents and plans are available for downloading free of charge through the City's procurement system link at <https://secure.procurenow.com/portal/cityofwestsacramento>.
- 3. Questions:** Project-specific questions must be submitted through the City's procurement link at <https://secure.procurenow.com/portal/cityofwestsacramento>. If appropriate, the City will post responses to Bidder questions through the ProcureNow system. The cutoff date for submittal of questions is Thursday September 1st by 5:00 PM local time.
- 4. Submission of Proposals:** All proposals must be submitted not later than the date and time prescribed. The Bidder is wholly responsible to ensure its Bid is submitted on the date and at the time and place designated for the opening of bids. Any Bid received after the time and date specified shall not be considered. Any Bid may be withdrawn prior to the scheduled time for opening bids.

Each Bid must conform and be responsive to this notice and must be submitted via the **City's e-Procurement portal** and may not be delivered orally, by paper, by email, by facsimile transmission, or by any other telecommunication or electronic means.

- 5. Bid Security:** Each proposal must be accompanied by a Bid Security in the form of a cashier's check, certified check, or Bid bond executed on the prescribed form, in an amount not less than ten percent (10%) of the total Bid price payable to the City of West Sacramento.

Bidders are hereby notified that in accordance with the provisions of Public Contract Code section 22300, securities may be substituted for any monies which the City may withhold pursuant to the terms of this Contract to ensure performance.

- 6. Construction License:** Bidder must possess a current A- General Engineering or C-12 Paving and Earthwork Contractors Lenience issued by the State of California, at the time the Bid is submitted.
- 7. Contractor Registration:** All Bidders, and Subcontractors subject to Public Contract Code section 4104, must have registered with the California State Department of Industrial Relations pursuant to Labor Code section 1725.5 prior to submitting a bid. Furthermore, a Contractor, and all Subcontractors subject to Public Contract Code section 4104, must be registered pursuant to Labor Code section 1725.5 before entering into a contract to work on a public project.
- 8. Preconstruction Conference:** A preconstruction conference will be convened after the Contractor has delivered the necessary bonds, insurance certificates, and signed agreement in proper form as required in the invitation to bid, Bid proposal, and general conditions of these specifications. Prior to any work, the Contractor shall provide the Engineer with a list of key personnel assigned to the project and the telephone numbers where they may be reached at any time. The list shall be made available in sufficient copies and presented at the preconstruction conference.
- 9. Award:** The award shall be made to the lowest responsible Bidder whose proposal complies with the specified requirements. The award of the Contract will be made by the West Sacramento City Council, and the Contractor shall execute the Contract within ten (10) days after it has received the Contract from the City. The City reserves the right to waive any irregularity in the proposals. No Bid may be withdrawn for a period of sixty (60) days after the opening of bids.
- 10. Rejection of Bids:** The City reserves the right to reject any and all bids, or to waive immaterial irregularities in any bid. Any Bid not conforming to the intent and purpose of the Contract Documents may be rejected. The City reserves the right to make all awards in the best interest of the City.
- 11. Disqualification of Bidder:** If there is a reason to believe that collusion exists among any Bidders, none of the bids of the participants in such collusion will be considered and the City may likewise elect to reject all bids received.
- 12. Relief of Bidder:** Attention is directed to the provisions of Public Contracts Code section 5101 and the following, concerning relief of Bidders and in particular to the requirements therein that if the Bidder claims a mistake was made in its bid, the Bidder shall give the City written notice, within five (5) days after the opening of bids of the alleged mistake, specifying in the notice, in detail, how the mistake occurred.
- 13. Wage Rates:** Bidders are hereby notified that the California Department of Industrial Relations has determined the general prevailing rate of wages for each craft, classification, or type of worker needed to execute the work. Copies of the current schedules for prevailing wages are on file in the City's office, and the contents of those schedules are included herein as if set forth in full.

It shall be mandatory for the Contractor and any Subcontractor under it to pay not less than the said specified rates to laborers and workmen employed by them in the execution of the Contract.

- 14. Bonds:** The successful Bidder will be required to furnish a payment bond in an amount equal to one hundred percent (100%) of the Contract price, and a faithful performance bond in an amount equal to one hundred percent (100%) of the Contract price.

By: Jaipal Chahal
Construction & Facilities Development Manager

Date: August 19, 2022

West Sac News Ledger 8-19, 8-26-2022

INVITATION TO BID

Sealed proposals will be received and submitted **electronically** through the City's ProcureNow system at <https://secure.procurenow.com/portal/cityofwestsacramento> until **2:00 PM local time on Wednesday, August 31, 2022**, at which time and place results will be posted and available for public review for the:

HERITAGE OAKS STREET FRONTAGE PROJECT

GENERAL SCOPE OF WORK

The proposed Project will include grading, irrigation, and planting along the street frontage of Heritage Oaks Park.

SITE LOCATION: 1300 Lake Washington Blvd. West Sacramento, CA 95691

TENTATIVE CITY SCHEDULE:

Bid Publication		August 19, 2022
Non-Mandatory Pre-Bid Site Meeting		9 AM August 24, 2022
Cutoff for Bid RFIs	no later than	5 P.M. August 26, 2022
Bids Due / Bid Opening	no later than	2 P.M. August 31, 2022
City Council Award of Contract		September 21, 2022

Non-Mandatory Pre-Bid Site Meeting: Wednesday, August 24, 2022, 9 A.M.
1300 Lake Washington Blvd. West Sacramento, Ca 95691

Project construction cost estimate: \$ 132,000
This is **Not** Federal Aid project.

- 1. Completion of Work:** All work shall be completed one hundred twenty (10) working days from the date designated on the Notice to Proceed.
- 2. Obtaining Contract Documents:** Contract documents and plans are available for downloading free of charge through the City's procurement system link at <https://secure.procurenow.com/portal/cityofwestsacramento>.
- 3. Questions:** Project-specific questions must be submitted through the City's procurement link at <https://secure.procurenow.com/portal/cityofwestsacramento>. If appropriate, the City will post responses to Bidder questions through the ProcureNow system. The cutoff date for submittal of questions is Friday August 26th by 5:00 PM local time.
- 4. Submission of Proposals:** All proposals must be submitted not later than the date and time prescribed. The Bidder is wholly responsible to ensure its Bid is submitted on the date and at the time and place designated for the opening of bids. Any Bid received after the time and date specified shall not be considered. Any Bid may be withdrawn prior to the scheduled time for opening bids.

Each Bid must conform and be responsive to this notice and must be submitted via the **City's e-Procurement portal** and may not be delivered orally, by paper, by email, by facsimile transmission, or by any other telecommunication or electronic means.

- 5. Bid Security:** Each proposal must be accompanied by a Bid Security in the form of a cashier's check, certified check, or Bid bond executed on the prescribed form, in an amount not less than ten percent (10%) of the total Bid price payable to the City of West Sacramento.

Bidders are hereby notified that in accordance with the provisions of Public Contract Code section 22300, securities may be substituted for any monies which the City may withhold pursuant to the terms of this Contract to ensure performance.

- 6. Construction License:** Bidder must possess a current A- General Engineering or C-27 Landscaping Contractor license issued by the State of California, at the time the Bid is submitted.
- 7. Contractor Registration:** All Bidders, and Subcontractors subject to Public Contract Code section 4104, must have registered with the California State Department of Industrial Relations pursuant to Labor Code section 1725.5 prior to submitting a bid. Furthermore, a Contractor, and all Subcontractors subject to Public Contract Code section 4104, must be registered pursuant to Labor Code section 1725.5 before entering into a contract to work on a public project.
- 8. Preconstruction Conference:** A preconstruction conference will be convened after the Contractor has delivered the necessary bonds, insurance certificates, and signed agreement in proper form as required in the invitation to bid, Bid proposal, and general conditions of these specifications. Prior to any work, the Contractor shall provide the Engineer with a list of key personnel assigned to the project and the telephone numbers where they may be reached at any time. The list shall be made available in sufficient copies and presented at the preconstruction conference.
- 9. Award:** The award shall be made to the lowest responsible Bidder whose proposal complies with the specified requirements. The award of the Contract will be made by the West Sacramento City Council, and the Contractor shall execute the Contract within ten (10) days after it has received the Contract from the City. The City reserves the right to waive any irregularity in the proposals. No Bid may be withdrawn for a period of sixty (60) days after the opening of bids.
- 10. Rejection of Bids:** The City reserves the right to reject any and all bids, or to waive immaterial irregularities in any bid. Any Bid not conforming to the intent and purpose of the Contract Documents may be rejected. The City reserves the right to make all awards in the best interest of the City.
- 11. Disqualification of Bidder:** If there is a reason to believe that collusion exists among any Bidders, none of the bids of the participants in such collusion will be considered and the City may likewise elect to reject all bids received.
- 12. Relief of Bidder:** Attention is directed to the provisions of Public Contracts Code section 5101 and the following, concerning relief of Bidders and in particular to the requirements therein that if the Bidder claims a mistake was made in its bid, the Bidder shall give the City written notice, within five (5) days after the opening of bids of the alleged mistake, specifying in the notice, in detail, how the mistake occurred.
- 13. Wage Rates:** Bidders are hereby notified that the California Department of Industrial Relations has determined the general prevailing rate of wages for each craft, classification, or type of worker needed to execute the work. Copies of the current schedules for prevailing wages are on file in the City's office, and the contents of those schedules are included herein as if set forth in full.

It shall be mandatory for the Contractor and any Subcontractor under it to pay not less than the said specified rates to laborers and workmen employed by them in the execution of the Contract.

- 14. Bonds:** The successful Bidder will be required to furnish a payment bond in an amount equal to one hundred percent (100%) of the Contract price, and a faithful performance bond in an amount equal to one hundred percent (100%) of the Contract price.

By: Jaipal Chahal
Construction & Facilities Development Manager

Date: August 19, 2022

West Sac News Ledger 8-19, 8-26-2022

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CITY OF WEST SACRAMENTO
REQUEST FOR PROPOSALS FOR
FAIR HOUSING SERVICES

The City of West Sacramento is seeking an experienced fair housing counseling consultant to provide services to low-income residents of West Sacramento. In addition to counseling services, the consultant will conduct outreach and education to landlords, property managers and community members regarding state and federal housing law. The consultant should be willing to work collaboratively with the community to reduce the incidence of housing discrimination.

The Request for Proposals will be available on the City's Opengov website starting August 26, 2022:
<https://procurement.opengov.com/portal/cityofwestsacramento/projects/25149>

Proposals are only to be submitted electronically through Opengov by 5:00 p.m., Friday, September 30, 2022.

Any proposals received after this final filing date and time will be automatically rejected. For more information, please contact Isaah Alford, Community Investment Specialist, at (916) 617- 4555 or by email at isaaha@cityofwestsacramento.org.

CIUDAD DE WEST SACRAMENTO
SOLICITUD DE PROPUESTAS PARA
SERVICIOS DE VIVIENDA JUSTA

La Ciudad de West Sacramento está buscando un consultor experimentado en consejería de vivienda justa para brindar servicios a los residentes de bajos ingresos de West Sacramento. Además de los servicios de asesoramiento, el consultor llevará a cabo actividades de divulgación y educación a los propietarios, administradores de propiedades y miembros de la comunidad con respecto a la ley de vivienda estatal y federal. El consultor debe estar dispuesto a trabajar en colaboración con la comunidad para reducir la incidencia de la discriminación en la vivienda.

La Solicitud de Propuestas estará disponible en el sitio web de Opengov de la Ciudad a partir del 26 de agosto de 2022:
<https://procurement.opengov.com/portal/cityofwestsacramento/projects/25149>

Las propuestas solo deben enviarse electrónicamente a través de Opengov antes de las 5:00 p.m., el viernes 30 de septiembre de 2022.

Cualquier propuesta recibida después de esta fecha y hora de presentación final será rechazada automáticamente. Para obtener más información, comuníquese con Isaah Alford, especialista en inversión comunitaria, al (916) 617-4555 o por correo electrónico a isaaha@cityofwestsacramento.org.

West Sac News Ledger 8-26-2022

NOTICE OF PUBLIC LIEN SALE
SELF STORAGE AUCTION

In accordance with the provisions of State law, there being due and unpaid charges for which the undersigned is entitled to satisfy an owner and/or manager's lien of the goods hereinafter described and stored at the Life Storage location(s) listed below:

Life Storage #0635: 3280 Jefferson Blvd., West Sacramento, CA 95691; (916) 492-2056

Angela Alcaraz: Hsld gds/Furn, TV/Stereo Equip, Tools/Applnces

And, due notice having been given, to the owner of said property and all parties known to claim an interest therein, and the time specified in such notice for payment of such having expired, the goods will be sold to the highest bidder or otherwise disposed of at a public auction to be held online at www.StorageTreasures.com, which will end on **Thursday, September 22nd 2022 at 10:00AM**

West Sacramento News Ledger 8-26, 9-2-2022

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Hearing Examines Two Sports Betting Initiatives

Two competing sports-betting initiatives are on the November ballot. MPG file photo

By Bill Dodd,
District 3 Senator

SACRAMENTO, CA (MPG) - Sen. Bill Dodd, D-Napa, said August 10's informational hearing on California's two competing sports-betting initiatives provided the public with a clear opportunity to receive an objective review of both measures from the state Legislative Analyst's Office ahead of the Nov. 8 election.

The hearing also allowed supporters and proponents of both measures, including members of the public, to voice their positions.

"Today's hearing reinforced key points about two proposals to legalize and regulate sports wagering in California," Sen. Dodd said. "We held the measures side by side, reviewed them in detail and heard input from stakeholders. The hearing underscored that illegal sports wagering is happening now without regulation, safeguards or benefits to our state. This illegal activity should be taken out of the shadows, generating revenue to improve our state, and I believe this hearing highlighted issues the voters should weigh in that regard."

The information about Propositions 26 and 27 came at a joint hearing of the Assembly and Senate Governmental Organization committees, co-chaired by Sen. Dodd. The Legislative Analyst's Office presented details on how the

measures would legalize sports betting. The LAO found:

Proposition 26 would authorize on-site sports wagering at facilities operated by federally recognized Native American tribes and large horseracing tracks. The measure would generate tens of millions of dollars, a portion of which would be used for K-12 education and community colleges. The LAO estimated enforcement costs to the state Department of Justice would also be in the tens of millions of dollars.

Proposition 27 would authorize statewide online and mobile sports wagering for gaming tribes. The vast majority of illegal sports betting currently takes place online, and to address that market proponents asserted the need for legalizing and regulating mobile wagering. Revenue was estimated to be up to \$500 million per year and funding would be dedicated to programs in three areas: homelessness, gambling addiction and tribal development. Enforcement costs were

also estimated to be in the tens of millions of dollars.

Speaking in support of Proposition 26 were Anthony Roberts, chair, Yocha Dehe Wintun Nation; Lovina Saul Redner, chair, Santa Rosa Band of Cahuilla Indians; and Jeff Butler, general counsel, Yocha Dehe Wintun Nation.

Speaking in support of Proposition 27 were Jose "Moke" Simon, chair, Middletown Rancheria of Pomo Indians of California, and Jennifer Friend, CEO, Project Hope Alliance Committee members asked questions but did not take positions on the measures. Both propositions go before voters Nov. 8.

A recording of the hearing can be found here: <https://agov.assembly.ca.gov>.

Senator Bill Dodd represents the 3rd Senate District, which includes all or portions of Napa, Solano, Yolo, Sonoma, Contra Costa, and Sacramento counties. You can learn more about the district and Senator Dodd at www.sen.ca.gov/dodd. ★

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Beguiled

by Cyla Panin

Ella dreams of the day she can open a shop where customers will be able to flow in from off the streets just to run their hands through her beautiful silks. But for now, merely surviving is all she can focus on while she weaves fabric for her only client. As Ella's debts for her supplies begin to mount, she knows she will never be free from the merchant's hold, but when her loom breaks, she becomes desperate. Feeling like she is drowning in uncertainty, regret, and fear, Ella runs to the river's edge, praying that the old tale of the wish-granting spirit Bean-Nighe is true. So, when the old washerwoman spirit hears her plea and rises on the water's edge, Ella is quick to make a bargain. Instantly, Ella is able to weave the most enchanting pieces of fabric on her fixed loom, and only for the cost of a simple drop of blood. Her bolts of fabric are so alluring that her new client snatches them up, but not without a hefty price. This time Ella is in control of her future, and the only way to do it is through the front door of the elite, and she knows this will be her



◆ Publisher: Amulet Books
◆ Intended Audience: Young Adult
◆ Rating: ★★★★★
◆ Release Date: August 25, 2022

only way in. Now, cast into the sparkling light of the elite, Ella's fabrics mesmerize the dashing young man at the helm, Callum. Like a dizzying spin on the ballroom floor, Ella discovers herself quickly caught within Callum's inner circle. Ella's new life is as dazzling, alluring, and breathtaking as she had dreamt, as she weaves magical fabrics for only a single drop of blood. Ella's silks seem to cast a magic of their own, beguiling those who cast their eyes upon the wearer. Yet, with magic, there is always a price, and Ella is about to learn the cost might be more

than she is willing to pay. Now, Ella must learn the truth and break Bean-Nighe's hold before she is trapped forever. In a story where Scottish folklore shines, the beautiful magic of Beguiled will enchant its readers from the very first line, giving readers a whole new approach to Bean-Nighe. A carefully crafted story all woven within lush atmospheric settings is as much of a cautionary tale as it is one of strength and independence. Cyla Panin once again brings a retelling to life, where trust is as illusive as a gossamer veil, and the fight for power is at the helm. Fall for the enchanting parties, but stay for the main character's struggle to not allow anyone to control or harness her power. While this story might be one of sacrifice and allowing your heart to go too early, it also highlights the power that comes from never giving up. Each line feels as carefully placed as a weaver's thread, where questions wash upon the readers like a river's edge, leaving them to wonder what price they would pay for their heart's desire. ★

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Q: Can I apply for an ID card for a minor using the online application?

A: Yes. A parent or guardian can use their own email account when completing the electronic application for minors if the minor does not have their own email account.

Q: I am on summer vacation and can't visit a DMV office to renew my license, is there an online option available?

A: Yes, most people can renew their license or ID card through the DMV website by just filling out a simple application and paying the renewal fee. Check your most recent renewal notice to see if you're qualified to renew online!

For more information or answers to questions not listed here, Please visit www.dmv.ca.gov

August 2022

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CLUES

ACROSS

1. Out of harm's way
5. Street, in Paris
8. *Citric or sulfuric one
12. *Female gamete
13. Comedian Carvey
14. Excessively fat
15. Trunk extension
16. Wading bird
17. Savory jelly
18. "Distance per unit of time"
20. Prep a salad
21. Omit or suppress
22. Hair goo
23. Preterm infant, colloquially
26. Free from slavery
30. Rapid escape
31. Lady slipper, e.g.
34. Ruptured
35. Goodbye, in Puerto Vallarta
37. Long, long time
38. Greek Bs
39. "Cheers" regular
40. Sheep's coat
42. Over the top, in text messages
43. Tangle up
45. a.k.a. sea hawk
47. U.N. workers' grp.
48. Xbox user, e.g.
50. Zero, on a court
52. *Vertical distance
55. Pavarotti, e.g.
56. "Radical, in math
57. Smidgen
59. "Chemically inactive
60. With competence
61. Countess' husband
62. *Ammonia or baking soda, e.g.
63. _ canto
64. Proofreader's mark

DOWN

1. Source of light, in Spanish
2. Tel ____, Israel
3. Cloud of particles
4. Bald Eagle to Americans, e.g.
5. Fanatical
6. Rallying cry to the workers of the world
7. ____-peasy
8. * ____ zero, lowest possible temperature
9. Large edible mushrooms
10. Osiris' wife
11. Yuletide mo.
13. Chancier
14. Like Cheerios
19. Mixtures
22. Cowboy's shoe prod
23. *Two-dimensional shape
24. *Radioactive noble gas
25. Middle Eastern V.I.P.s
26. Collier's office
27. *Energy-converting device
28. Very angry
29. Easily irritated
32. *Basic unit of life
33. Tiller's tool
36. *Plant- and animal-eater
38. Continually annoy
40. Back, to a pendulum
41. State of harmony
44. Heads-up
46. Prigs
48. Shakespeare's theater
49. *Model of Earth
50. Diva Horne
51. Change for a five

52. Saudi, e.g.
53. "Doggone it!"
54. Hibernia
55. *Tebibyte abbreviation
58. Deli order

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BY AL SCADUTO

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MARY KAY

Max Alvarez Returns to CSUS as an Assistant Coach

Sac State Athletics
News Release

SACRAMENTO, CA (MPG) - Sacramento State men’s soccer alum Max Alvarez has “come home,” accepting the position of assistant coach with the Hornets for the 2022 season, Head Coach Michael Linenberger announced.

“We are very excited to have Max join our staff,” Linenberger said. “He is a very good young coach who has a lot to offer our players. He was a very successful player as a Hornet, helping lead us to two conference championships and to two NCAA second round appearances,

and also had a successful four-year career as a pro in the USL Championship, including three with the Sacramento Republic FC.”

Alvarez followed up a brilliant playing career by spending the last three years launching his coaching career in his hometown of Napa, Calif. He served as the Director of Boys programs at Napa Sport SC from 2020-22 and was an assistant coach at Napa Valley Community College in 2021-22, helping the Storm to their fourth consecutive Bay Valley Conference title.

He then took a position as a head coach at San Juan SC in 2022 in addition to his duties with the Hornets.



CSUS men’s soccer alum Max Alvarez has accepted the position of assistant coach with the Hornets for the 2022 season. Photo courtesy of Sacramento State Athletics

A four-year letter winner for Sacramento State from 2009-12 and a two-time All-Mountain Pacific Sports Federation second-team

selection as a freshman and junior, Alvarez finished his Hornet playing career ranked tied for third on the program’s all-time scoring list with 53 career points, scoring 20 career goals to go with 13 assists. His 20 goals rank fourth on the school’s career chart, while also holding career records with 175 shot attempts and six made penalties. He also ranks third with 79 shots on goal.

Alvarez’s MPSF-leading 23 points in 2009 stand fourth on the school’s single-season list, while his 10 goals that season are tied for third. He also holds the program’s season mark with 66 shots that year.

As a freshman in 2009, Alvarez helped Sacramento State to a 12-6-3 overall record and a 6-0-1 mark in MPSF play, claiming the league title and advancing to the second round of the NCAA Tournament. Sacramento State scored a 2-1 win over Loyola Marymount in the opening round before falling to No. 6 UCLA by the same score with Alvarez accounting for the team’s goal.

A year later, Alvarez accounted for a pair of assists during another NCAA Tournament run as the Hornets finished 11-5-7 overall and won the MPSF crown, defeating Santa Clara in the opening round before

falling to the Bruins for the second consecutive season.

Following his collegiate career, Alvarez went on to play professionally with FC Tucson in the USL PDL, leading the club to a playoff appearance, and signed with the Sacramento Republic FC in 2014, finishing with a pair of goals and three assists while helping the club to a USL championship in his first season before spending some time on loan with the San Jose Earthquakes of Major League Soccer in 2016. Following his stay in Sacramento, he made a move to the Midwest, signing with Saint Louis FC in 2017.

★

CSUS Baseball Welcomes Jon Wentte as Pitching Coach

Sac State Athletics
News Release

SACRAMENTO, CA (MPG) - A veteran coach with a quarter century of experience mentoring student-athletes at all levels, Jon Wentte has been named as the pitching coach for the Sacramento State baseball program on August 9, Head Coach Reggie Christiansen announced.

“We are excited to have Jon join us as our new pitching coach,” Christiansen said. “Jon has a tremendous track record and has won at every step of his career. Our players and staff are excited to welcome him to Sacramento.”

A native of Cave Creek, Ariz., Wentte spent the last eight seasons as the pitching coach at a pair of Western Athletic Conference rivals, the last two at Grand Canyon following six years as the associate head coach, recruiting coordinator, and pitching coach at UT Arlington.

He also has experience as a head coach at Hutchison Community College in Kansas



Jon Wentte was named as the pitching coach for the Sacramento State baseball program. Photo courtesy of Sacramento State Athletics

(2003-04), Odessa College in Texas (2005), and a nine-year run at Central Arizona College (2006-14), while also serving as an assistant for the Vaqueros following his collegiate playing career.

“My family and I are grateful for this tremendous opportunity to coach at Sacramento State,” Wentte said. “Coach Christiansen and Coach (David) Flores have been great to work with throughout the entire process and I am very excited for the chance to work with and learn from some great pitchers.”

During his time as an assistant with the ‘Lopes and Mavericks, Wentte saw 11 of his student-athletes

selected in the Major League Baseball first-year player draft – five of those at GCU and six more during his time on the staff at UTA – including five of those in the top 15 rounds.

Over the last two seasons, Wentte helped lead Grand Canyon to a combined 80-42-1 overall record and a 54-12 mark in Western Athletic Conference play, capturing the league tournament title in 2021 and lifting the ‘Lopes to a pair of NCAA regional berths. Last year, GCU broke into the top 25 for the final three weeks of the regular season and set a new program Division I record with 41 victories, while the pitching staff ranked No. 10 in the nation in strikeout-to-walk ratio (3.00), No. 19 in walks allowed per nine innings (3.31), No. 27 in strikeouts per nine innings (9.9), and No. 36 in WHIP (1.38).

Individually, closer Vince Reilly was fifth in the NCAA with 14 saves while conference pitcher and freshman of the year Daniel Avitia ranked among the top 30 in both strikeouts (No. 28 with 111) and strikeouts per nine innings (No. 29 with 5.84).

In 2021, Wentte helped mentor a ‘Lopes pitching staff to a 3.98 ERA – the second-best mark in the program’s Division I history – and a 2.98 ERA in league games. For the year, Grand Canyon’s staff set program bests in saves (15), shutouts (seven), and opponent batting average (.247), while staff ace Pierson Ohl was named the program’s first Division I All-American and first WAC Pitcher of the Year.

Prior to his arrival in Phoenix, Wentte built a strong staff at UT Arlington, including a combined 2.42 team ERA in 2020 – a mark that ranked No. 18 nationally. The Mavericks also ranked No. 14 in the nation with 6.33 hits per nine innings that year and claimed a Sun Belt Conference Western Division title in 2017 with a staff that led the league in saves (18) and finished second in ERA (3.27).

After earning his first head coaching positions at Hutchinson CC and Odessa College, Wentte built an impressive resume at Central Arizona College as its head coach, leading the Vaqueros to six consecutive Region I

championships, including 56 wins and a runner-up finish at the 2011 World Series and a third-place World Series finish in 2008.

In nine seasons with the Vaqueros, Wentte posted a 402-165 (.709) record and saw 28 of his players drafted by Major League clubs – including major leaguers Ian Kinsler, Scott Hairston, and Josh Spence – and holds a 513-226 (.696) mark overall in 11 seasons as a head coach.

He also has experience on the international level as a coach for USA Baseball, helping lead the 18U team to a silver medal at the 2006 World Championships in Cuba, coaching the likes of Matt Harvey, Freddie Freeman, Blake Beavan, and Mike Moustakas.

As a player, Wentte began at Central Arizona (1994-95) before finishing his career at Arizona State (1996) and McNeese State (1997), setting the Cowboys’ single-season record for innings pitched (119.0) in 21 appearances (16 starts). He also played professionally for the independent Moose Jaw Diamond Dogs.

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