



Californians Are Having Problems Paying Medical Bills

PAGE 10

“IT IS INFINITELY BETTER TO HAVE A FEW GOOD MEN THAN MANY INDIFFERENT ONES.”

Letter to James M'Henry | Friday, August 10, 1798



HONOR PRESIDENTS DAY

West Sacramento News Ledger

VOLUME 58 • ISSUE 7

Serving the West Sacramento Region Since 1964

FEBRUARY 18, 2022

SEE INSIDE

GARTH LEWIS ANNOUNCES RUN FOR RE-ELECTION



PAGE 4

FREE AT-HOME COVID TEST KITS AVAILABLE



PAGE 2

RATES KEEP RISING



PAGE 7

PRESORTED STD. US POSTAGE PAID PERMIT 2110 West Sacramento, CA

Change Service Requested

Redistricting Happens



No legal battles for California's new election maps. But what lessons can be learned? Photo courtesy Joel-Durke Unsplash

By Sameea Kamal, CALMatters.org

As the clock struck midnight on Feb. 10, 14 people scattered around California collectively exhaled in relief.

The 14 are members of the state's independent citizens redistricting commission who drew 120 new districts for the Legislature, 52 for Congress and four for the state Board of Equalization that voters will use in this year's election. The commissioners struggled at times to reach consensus, and their mapping was critiqued nearly every step of the way by some experts, advocates, elected officials and the public.

But after all the criticism, the commission approved the maps unanimously in late December, and Feb. 10 – the 45-day deadline for anyone to go to court to block the maps – came and went. No one sued.

There's still one more state hurdle to clear: critics have until March 27 to challenge the maps via a referendum – asking voters to reject them – before the new districts officially become effective. But there's no sign any such costly effort is underway. (The maps could also be challenged in federal court as violating the U.S. constitution or the Voting Rights Act.)

“The absence of a state lawsuit challenging these maps is a testament to the effectiveness of California's

open, publicly accessible redistricting process and the design of its independent redistricting commission,” current commission Chairperson Russell Yee said in a statement.

“We worked hard to apply the constitutional redistricting criteria and consider testimony from throughout the state, especially from minority communities,” said Yee, a Republican professor and former pastor from Oakland. “While the maps do not please everyone, we believe they are fair and equitable. We would have confidently defended these maps in court, but are thankful we now won't need to.”

The commission did face litigation
Continued on page 2

Yolo Masking Requirement Ended Tuesday

Yolo County Press Release

WOODLAND, CA (MPG) - Yolo County's universal face covering requirement in public settings and workplaces that started with the surge from the Delta variant of the virus that causes COVID-19 will end on February 15, 2022 and will align with the state of California's guidance on masking. Going forward, Yolo County will rely less on requirements in favor of public health recommendations. The change comes after the recent surge of cases from the more contagious Omicron variant greatly surpassed the prior peak of a year ago, yet Yolo County hospitals experienced fewer hospitalizations.

At the start of the pandemic, we had few options to slow the spread of COVID-19 and prevent our healthcare system from becoming overwhelmed. Today's situation is very different. The virus has changed, with Omicron causing less severe disease than previous variants. Our preventive measures also have improved, with highly effective, safe vaccines for everyone ages five and older offering protection from severe disease, hospitalization, and death. We have effective antiviral medications and monoclonal antibody treatments. Data from the state of California and other regions dramatically demonstrate that hospitalizations and deaths no longer track with case rates.

“Yolo County is lifting our masking order because the COVID-19 situation has changed thanks to effective vaccines, effective treatments, and a variant that causes less severe disease,” said Yolo County Health Officer Dr. Aimee Sisson. “The Omicron wave is receding, but COVID-19 will continue to be with us. We must learn to live with COVID-19. Moving away from requiring everybody to wear masks indoors is a first step toward living with COVID-19. I still recommend that everybody wears a mask indoors in Yolo County, but it will no longer be required in most settings for fully vaccinated persons starting February 16.”

The state of California's
Continued on page 5

They Grow So Fast

By Michele Townsend

WEST SACRAMENTO, CA (MPG) - Washington Unified School District (WUSD) is now accepting open enrollment for children starting pre-school, kindergarten or will be new to the district for the 2022/2023 school year. If you are thinking that you have plenty of time, you'll do it when it gets closer to the next school year starting, or sometime this summer, there are some things that you should know. Let's start from the



Matthew Glover enjoying the playground at his new school. Photo provided by Michele Townsend

beginning. Universal (UTK) is a transitional Transitional Kindergarten level between pre-school

and Kindergarten. Since about 90 percent of the brain's growth happens before kindergarten starts, many experts believe that pre-school and UTK are essential stepping stones in a child's academic development.

At WUSD, your child become eligible for pre-school if their 3rd or 4th birthday falls before December 1st, 2022. UTK eligibility is available if your child's 5th birthday falls on or between September 2, 2022 and
Continued on page 3



"In Contract with Multiple Offers! Are you looking to Sell Your Home?"

708 11th Street West Sacramento, Ca 95691 | \$425,000



2 Houses on 1 Lot. Family or Investment Opportunity

1549 Virginia Ave West Sacramento 95691 | \$699,900



DANIEL JERRETT

916-215-1920 | THEJERRETTTEAM@GMAIL.COM



CA DRE #01495670

Redistricting Happens

Continued from page 1

earlier: An emergency petition filed on Nov. 30 on behalf of some Republican voters alleged that the commission held secret meetings with some interest groups, complained that an analysis of racially polarized voting wasn't made public and challenged the selection of its legal counsel because the firm had previously worked for Democrats.

That emergency petition was denied by the California Supreme Court on Dec. 15. Any of the \$4.3 million set aside for litigation that isn't used goes back into the state's general fund.

The lack of lawsuits is somewhat surprising. After the first time California redistricting was done by an independent commission, in 2011, two lawsuits challenged the final maps, and another questioned the commission's makeup.

And new election districts in other states are being taken to court. On Feb. 7, the U.S. Supreme Court reinstated a congressional map that a lower federal court ruled would disenfranchise Black voters. In December, the U.S. Department of Justice sued Texas, alleging that the maps drawn by a Republican-controlled Legislature and GOP Gov. Greg Abbott disenfranchise Latino voters. In North Carolina, the state Supreme Court threw out new congressional and legislative districts that the justices said were too partisan and ordered the Republican-majority Legislature to draw new ones by Feb. 18.

Even in other states where the maps were also drawn by independent commissions, there are lawsuits. In Michigan, state lawmakers say that the new congressional districts would dilute the voting power of minority communities. In Ohio, Black voters went to federal court seeking to block legislative maps.

Just before approving California's maps and delivering them to the secretary of state on Dec. 27, commissioners noted the

exceptional challenges they faced during their 18 months of work, including the pandemic and the delay of Census data that compressed their timeline to have new districts in time for the June primary.

Meeting deadlines and avoiding lawsuits aren't the only measures of success. Other assessments could shape what statewide and local California redistricting looks like after the 2030 Census and beyond.

Ballot measures passed in 2008 and 2010 set the minimum criteria for fair maps: equal population, compliance with the federal Voting Rights Act and compactness of districts, among others.

But beyond that, some look at how well the new districts reflect California's diverse population — with no race or ethnic group making up a majority.

According to the Public Policy Institute of California, the number of majority Latino districts increased "significantly," with six more for U.S. House, three more for state Senate and an additional five for state Assembly — nearly matching the share of the Latino voting-eligible population at 30%.

There was less change for other ethnic groups. There are two Asian-majority state Assembly districts, up from one, but no state Senate or congressional districts. There are no majority Black districts.

Another measure of fair representation: "influence" districts, where a group makes up at least 30% of voters. While the number of Latino "influence" districts declined, there are two Black influence congressional districts and two legislative districts and six Asian influence congressional districts and 10 legislative ones.

Party control, based on voter registration, flipped in three congressional, four Senate districts and four Assembly districts.

Still, Democrats will likely remain dominant based on the new maps, favored to win 41 congressional seats, 31 state Senate seats

and 62 Assembly seats, according to the PPIC analysis. There were also 21 members of Congress, 13 state senators and 20 Assembly members put into the same districts as other incumbents.

Adding to the turnover and possibly changing the partisan balance, so far 21 Assembly members and state senators have resigned or have announced they're not seeking reelection this year. Another seven senators are barred from running again by term limits.

While this California redistricting was heavily scrutinized, the 2010 commission dealt with its own challenges, including tight timelines and budget restraints. But they also had the advantage of being the first independent commissioners.

So, another measure of the current commission's success might be how well it learned lessons from the previous group. Some prior commissioners who followed the 2021 process say the current commission was able to do more public outreach and took advantage of more advanced technology.

But some of the same problems remained: time management, a lack of clear guidance on how to assess competing communities of interest and a struggle to be consistent in making decisions.

The current commissioners, like their predecessors, may also travel throughout California and to other states to share the impact an independent commission can have.

Members of both citizen commissions agree that other institutions should learn from having a bipartisan group work together and reach consensus, especially in these politically polarized times, when 63% of California's likely voters are pessimistic that Americans with different political views can still work out their differences.

Sameea covers the state Capitol and California politics and is also a production assistant for CalMatters. She joined CalMatters in June 2021 from the Los Angeles Times. ★

Free At-Home Covid Test Kits Available



Yolo County is hosting home antigen test drive-thru events at Sutter Health Park. Photo courtesy Pixabay

Washington Unified School District Press Release

WEST SACRAMENTO, CA (MPG) - Yolo County is hosting home antigen test drive-thru events at Sutter Health Park (400 Ballpark Dr, West Sacramento) for those who have tested positive and need to "test out" of isolation for return to work or school. Yolo County will conduct these testing kit giveaways at the ballpark each Tuesday and Thursday from 10:00 a.m. - 3:00 p.m. through June 2022.

Eligibility: Must live or work in Yolo County, tested positive for COVID-19 in the last

7 days, and have proof (PCR test or pictures of home antigen test). Limit of one testing kit per positive test.

Order Free At-Home Covid-19 Tests from USPS - Residential households in the U.S. can order one set of 4 free at-home tests from USPS.com.

Here's what you need to know about your order: Limit of one order per residential address; One order includes 4 individual rapid antigen COVID-19 tests; Orders will ship free starting in late January.

You can place an order by visiting www.wusd.k12.ca.us/announcements/?capostid=46238 ★





New Patient Special



Spring Medical Clinic

Spring Into A New You!

- Medically assisted Weight Loss
- B-12 and Lipo energy/weight loss shots
- TB skin tests for work or school
- Body Composition Evaluations
- Travel Vaccinations & Flu Shots
- 11 Years of compassionate care





Mon-Fri 9:30-5:30
Saturday 8:30-2:00
1355 Halyard Dr #130
West Sacramento, CA 95691

www.springmedicalclinic.com • (916) 265-6309

FOR RENT

S&S

Property Management
371-1870
www.westsacrentals.com

Your West Sacramento Specialist
Have a question? Call us.
No Obligation.
We are here to help!

Is your landlord being fair?	What notice do I give my
Can I be charged for that?	tenant?
How can I get my security deposit back?	Can I charge for that?
	How much rent can I get?

BUYING NEW & USED VINYL LP'S

45'S, CD'S, CASSETTES, MAGAZINES & COLLECTIBLES

CALL **MARTY DEANDA**



(916) 442-5344
(916) 505-5191

1104 R STREET, SACRAMENTO, CA

WE'LL BUY YOUR ENTIRE COLLECTION
NO MATTER HOW LARGE (OR SMALL)

1 **FREE** Regular B-12 Shot (\$10 Value) or
1 **FREE** 1 Page Body Composition Summary Report (\$10 Value)
Just stop by anytime during clinic hours
Not to be used in conjunction with any other offer now or in the future, nor used as monetary "value" towards the costs of any other service. No Cash Value. Limit one certificate per household. Offer good for NEW PATIENTS and/or returning Spring patients that have not been to Spring in over a year.

They Grow So Fast

Continued from page 1

February 2, 2023. And your child becomes eligible for kindergarten if your child's 5th birthday falls on or before September 1st, 2022.

Neither UTK or kindergarten are required. In the state of California, your child is not required by law to start school until the age of 6 years old. Until that time, it is the parent's decision if their child attends childcare, preschool, transitional kindergarten or kindergarten. However, it is highly recommended that your child attends at least kindergarten.

There are steps that need to be taken prior to enrollment. We live in a world of technology, so registration can be done almost completely online. You can register your child at www.wusd.k12.ca.us/Enroll-At-WUSD/index.html for the following grade levels; Preschool, Kindergarten, Universal Transitional Kindergarten, Spanish Dual Immersion, River City High School, Washington Middle College HS and Virtual Academy (WUVA).

You will need to provide the following documents: Copy of your child's birth certificate, Immunization record and a proof of residency. If you don't have your child's birth certificate, you need to order one now. It often takes several weeks to receive. You can generally order birth certificates online, from the county of birth.

Immunizations: your child will need to have all required immunizations. This does not yet include a COVID vaccination. However, that will be required in 2023, so if you don't have them yet, it will be required soon. Also, those children entering into the 7th grade have an additional immunization

that will be required.

Proof of address: Eligible documents to show proof of residency include PG&E or utility bill and mortgage or rental agreement or receipt. If you cannot provide one of these documents, you will need to work with the school district to figure out what is an acceptable replacement.

In addition, those children that are entering Preschool or Kinder, you will be provided to provide a physical exam and dental exam. Those forms are available at the above website page. Click on the link for the appropriate form under the heading Required Documents & Resources.

I cannot stress enough how important it is that you begin the process of getting the physicals, immunizations and dental exams done as soon as possible. The closer that it gets to the school year, it is next to impossible to get appointments for these, as the doctor and dentist offices are incredibly busy with people also waiting until the last minute.

If you do not have access to a computer, or you need help with the registration process, help is available. You can go to the school that your child will be attending (or that you think they will be attending) and they can help you with an ipad, or can answer any questions that you have. In addition, there will be an in-person registration day on February 23, 2022 from 4:30 pm to 7:30 pm at the WUSD District Office in Room 75, located at 930 Westacre Rd.

The open enrollment is for UTK, Kindergarten, Preschool and 1st - 12th grade for the 2022/2023 school year. If you have any further questions and for online assistance you can contact enrollment Specialist Isabel Mejia at imejia@wusd.k12.ca.us. ★



Kristall and Matt Glover enjoying the celebration of graduation. Photo provided by Michele Townsend

Tucked Away IN WEST SAC

West Sac Auto Plaza



A portion of the cars available at West Sac Auto Plaza and the view of West Sac Auto Plaza, if you are traveling North on S River Rd. Photo by Michele Townsend

By Michele Townsend

WEST SACRAMENTO, CA (MPG) - The West Sac Auto Plaza is located at 1540 S. River Rd., across from what used to be Ramos Oil and is now Shell. You can't see all of the cars from the road because they are through a gate and are down below street level. The West Sac Auto Plaza is not just your average car lot. This family-owned business, of 35 years, is actually multiple businesses within a business. Bill, Laurie, Ryan and Derek are the family members that run the business of assisting people that want to learn to be an ethical used car dealer and have a small number of cars to sell.

Currently the West Sac Auto Plaza contains roughly 14 auto dealers in a secured lot, with around 4-10 cars each. The owners of the Plaza run a small, legal, legitimate and ethical business. They have a high standard of what is right, and they assist the auto dealers in learning all of the steps to becoming a dealer... the correct way. This company is registered with the Bureau of Automotive Repair and is DMV approved.

The used cars on this lot are high quality.

There is no repair shop on the property and most of the cars are still under warranty. All cars that come in are detailed, refurbished and any repairs needed are made prior to the car being up for sale. All cars, as well as the office, are sanitized.

Because of their low overhead prices, their car prices are lower. Prices are as close to private party prices as you can get. They do, however, offer financing. They work with credit unions and banks and have low interest loans for those with good credit, as well as loans at higher interest rates for people with strained or no credit.

People are welcome to walk through and look at the cars from 9 am until 5:30 or 6 pm. However, if you have found a car that you are interested in, it is advisable to make an appointment, in order, to ensure that the car and dealer are both there. Even though it is outside, this is a non-smoking facility. Masks are welcome.

If you would like to make an appointment to check out a car you like, or if you are interested in becoming a car dealer, call Bill at 916-769-1437 to schedule an appointment. ★

Editor's note: Tucked away in West Sac will be a recurring segment in West Sac News Ledger, designed to highlight businesses in West Sac and the immediate surrounding area that are tucked away, or easily missed.

We hope to help our community by increasing the visibility of the businesses that help to make our town so unique. In addition, a thriving community is one that takes care of each other. When we shop locally, we keep the money local, which in turns feeds and employs our community.

Heritage Commons

Phase III coming March 2022 now leasing

44 units
All one bedrooms
55+

Amenities: Community Room, Therapy Pool, Barbeque Area

Units at 50% & 60% Tax Credit

Minimum Income: \$19,110, Max Income \$40,800

Rents from: \$910 - \$1,082

Amounts are estimates and may change by time of lease-up

Located at: 191 Heritage Ln., Dixon, CA 95620

Contact: (707) 676-5660

Tanya Aguilera

West Sacramento Specialist

Cell: (916) 206-9016

Fax: (916) 239-2955

IloveWestSacramento.com

Tanya@goLyon.com

www.GoLyon.com

CalBRE# 1444144

Lifetime Masters Club Member

Start Spring Cleaning with Love Laundry

WEST SACRAMENTO (916) 372-1432
2907 West Capitol Ave
West Sacramento, CA 95691
Hours: 6am - 10pm (Last Wash 8:30pm)

FOUR OTHER LOCATIONS TO SERVE YOU IN
Midtown, North Highlands,
South Sacramento, and Citrus Heights

Visit us at www.lovelaundry.com.

Try our Excellant Drop-Off Service

- Machines take coin or card
- Small to Super Jumbo Washers and Dryers
- Super Friendly Attendants
- Plenty of TVs, Drinks and Snacks while you wait

DRYING IS FREE WHEN YOU WASH!

Capitol Shrinks Transparency and Accountability



By Dan Walters
CALMatters

When Jerry Brown became governor in 1975, succeeding Ronald Reagan, the Capitol experienced something of a political culture shock.

Brown stocked his administration with young poverty warriors, civil rights attorneys and labor unionists who immediately began undoing what Reagan's conservative regime had wrought during the previous eight years. That meant rewriting, repealing or replacing countless "administrative rules" that the Reaganites had promulgated in many state agencies.

Very soon, the Brownies' ideological shift to the left sparked a backlash, particularly from the business community, which eventually led to legislation to give the Legislature authority to reject proposed rules, a direct rebuke to Brown.

However, just as the legislative power grab appeared to be happening, Assembly Speaker Leo McCarthy interceded with a compromise — an Office of Administrative Law, empowered to review proposed rules and make certain they comply with the intent of the underlying legislation.

The OAL has gone about that work ever since.

However, in recent years, the Legislature and governors have begun quietly bypassing the OAL by exempting some rulemaking from its review and, in some cases, exempting policies from even going through the normal rulemaking process altogether. Agencies are thus empowered to issue their decrees suddenly and without any opportunity for those affected to comment prior to promulgation.

We should thank lobbyist Chris Micheli for blowing the whistle on this trend. Micheli, a legislative process wonk, has written an article that catalogs how some legislative measures bypass the OAL and in some instances the Administrative Procedure Act (APA), which governs the process for writing and adopting rules.

He cites as an example, 2019's Senate Bill 1, a blanket adoption in state law of all federal labor and environmental standards in effect prior to Donald Trump's election as president. SB1 exempted this massive change in law, affecting virtually every business and every worker in the state, from both the APA and OAL oversight as an emergency action that would remain in place for six years.

Micheli writes: "What is the problem with creating an exemption from the APA? First, it means that the Legislature (a body that is accountable to the public) has delegated its authority to an executive branch agency that does not have to seek public input on its actions."

"Second, it means that notice and the ability to comment are eliminated for

members of the public and the regulated community.

"Third, it means that an executive branch agency or department not only has authority to adopt regulations, but also that it does not even have to follow the statutory procedures for adopting those regulations."

Unfortunately, bypassing rulemaking procedures and OAL oversight is not an isolated example of the pernicious tendency of Capitol politicians to limit both transparency and accountability as they issue decrees affecting the lives of nearly 40 million Californians.

For instance, after declaring a COVID-19 emergency nearly two years ago, Gov. Gavin Newsom has issued dozens, or perhaps hundreds, of orders, some unilaterally suspending state law but having the power of law themselves.

The state budget, now approaching \$300 billion, is routinely written in secret by the governor and a few legislators and then enacted with minimal public notice. Many budget "trailer bills" make major changes in state policy with only cursory airing.

Legislative hearings on bills are now largely superficial exercises in which a few pro and con witnesses are given just a few minutes to state their cases and no one else is allowed to say anything other than name and organization.

It's what happens when a Capitol is under total control by one party.

Dan Walters has been a journalist for nearly 60 years, spending all but a few of those years working for California newspapers. ★

County Superintendent Lewis Announces Run for Re-Election



Garth Lewis County Superintendent to Run for Re-Election

Garth Lewis for Yolo County Superintendent of Schools

WOODLAND, CA (MPG) - Yolo County Superintendent of Schools Garth Lewis has formally announced he is running for re-election.

Lewis said, "I am very excited to announce the launch of my re-election campaign for County Superintendent of Schools. In the last four years, I have strived to make Yolo County a model of excellence in education. I hope to be re-elected to continue to build on our strong foundation of educational success for all students."

Lewis was elected to his first four-year term as the county's 19th superintendent in June 2018 and is seeking re-election for his second term in 2022.

He is the first African American to be elected as county superintendent in Yolo County. This week, Lewis was named to the Sacramento Bee's list of the 'Top 25 Black Change Makers in the Sacramento area.

During his first term, Lewis has initiated several countywide initiatives and partnerships, including:

Partnering with the Board of Supervisors and First 5 Yolo to distribute \$65,000 in emergency funding to assist families and childcare providers impacted by the COVID-19 pandemic.

Partnering with Yolo County Health and Human Services Agency to deliver \$1.8 million in funding to enhance mental health services in Yolo County schools.

Partnering with the Board of Supervisors to secure \$400,000 for the establishment of a new youth commission.

Working with community partners, such as the United Way California Capital Region, to establish work-readiness training and development programs.

Expanding programming at Cesar Chavez Community School in Woodland with the launch of the new Yolo County Career Prep Program.

Lewis has served as an educator in Yolo County for over 18 years and has a 26-year career in K-12 education. He previously served as a paraeducator, teacher, principal, district administrator, and assistant superintendent at the county office of education. He and his wife, Maria, have two children who attended public schools in Yolo County.

Lewis represents K-12

public education as an active member of several local, regional and statewide organizations including: First 5 Yolo Children's and Families Commission; Maternal, Child, Adolescent Health (MCAH) Advisory Board; Yolo Juvenile Justice Coordinating Council; Yolo County Childcare Planning Council (LPC); Yolo County Community Corrections Partnership; Collaborative for Woodland Youth; Head Start Policy Council; Children, Youth and Families American Rescue Plan Workgroup; Youth Gang Reduction and Intervention (YGRIP) Initiative; and the Board of Directors for the California Association of African American Superintendents and Administrators.

The county superintendent is elected by the voters of Yolo County. The superintendent is a state constitutional officer who acts as a go-between for local school districts and the state. The Yolo County Superintendent provides leadership, collaboration, support, and state-designated fiscal and program oversight for the county's five school districts and approximately 30,000 students.

The position also serves as the chief executive officer of the Yolo County Office of Education, overseeing a \$29 million operating budget and employing over 270 employees. ★



Mirasol Village Apartments

Sacramento, CA

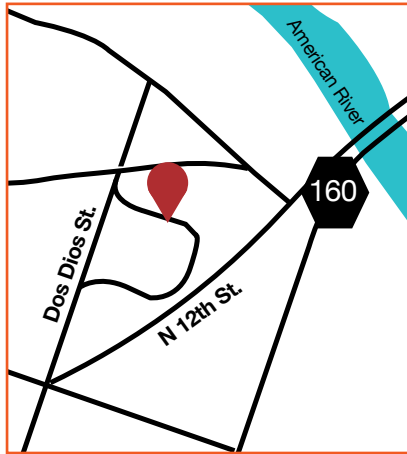
GREAT VARIETY OF FLOOR PLANS!

MIRASOL VILLAGE

- 427 Units
- Community Rooms
- Fitness Center
- Business Center
- Swimming Pool
- Barbecue Areas
- Secured Bicycle Parking
- Playground Area

Please visit mirasolvillage.net to view floor plans.

Affordable Housing and Market Rate Available!



This new project is located on Richards Blvd by 12th Street and Dos Rios Street. Conveniently located between Highway 160 and Interstate 5.



CONTACT US:
The John Stewart Company
(916) 561-0324
DRE# 654505
mirasolvillage.net

Rent and Income Limits *	Income limits by household size: *
1 bedroom: we will have units at 60% & 80% \$1,020 - \$1,360	1 person: \$38,100 - \$50,800
2 bedroom: we will have units at 60% & 80% \$1,224 - \$1,632	2 person: \$43,500 - \$58,000
3 bedroom: we will have units at 60% \$1,413	3 person: \$48,960 - \$65,280
	4 person: \$54,360 - \$72,480
	5 person: \$58,740 - \$78,320
	6 person: \$63,060
	7 person: \$67,440

* Amounts are estimates and may change by the time of lease-up.

Camellia Society of Sacramento Announces 98th Annual Camellia Show

By Julie Vierra,
Camellia Society of Sacramento

SACRAMENTO, CA (MPG) - It's Blooming Time! Come see us at the Elks Lodge #6 and check out all the beautiful camellias! Admission is free! Besides all the hundreds of camellias, there will be flower arrangements, camellia waxing, and camellia plants for sale, collectible camellia buttons, and a display from Matsuyama, Japan! We will also have a fun raffle with many items to pick from. On Sunday we have watercolor artists at the show painting camellias! Some artists have cards and paintings for sale.

If you are interested in entering your camellias in competition, be down at the auditorium around 8 in the morning

(closes at 10 a.m.). There will be people to help you enter your camellias. We would love to see some new faces! Please call 916-371-2174 and ask for Julie if you have questions regarding entering and getting a schedule with instructions on entering.

Come to our last meeting at the Elks before our camellia show on Tuesday, February 22nd to find out more. Talk to experts on how to enter your blooms. We are there for you!

Hope to see you at our show!

Saturday, March 5th from 3-6 p.m.
Sunday, March 6th, 10 a.m.-6 p.m.

Elks Lodge No. 6 located at 6446 Riverside Boulevard, Sacramento 95831. ★

Masking Requirement Ended Tuesday

Continued from page 1

updated masking guidance takes effect on February 16. Universal masking shall remain required in only specified settings, including public transit, K-12 schools, childcare, healthcare, correctional, shelter, and long-term care settings. Only unvaccinated persons are required to mask in all indoor public settings. Fully vaccinated individuals are recommended to continue indoor masking when the risk may be high.

"The COVID-19 pandemic has presented a challenge for everyone over the last two years, and Yolo County residents have demonstrated their willingness to follow public health requirements," said Board Chair, Supervisor Angel Barajas. "We will continue to support ways for residents to protect themselves and others from the disease."

The end of a masking requirement does not signal that masks do not work. Masks work. We recommend that anyone who feels unsafe in any situation wear a mask that fits and filters well, such as an N95, KN95, or KF94 respirator or double mask with a cloth mask over a surgical mask. We also strongly recommended that everyone take the opportunity to get vaccinated and boosted. Safe, effective, and free vaccines are available for persons ages five and older. Get tested if you have symptoms or exposure, and before and after gatherings or travel. Finally, stay home if you are sick.

For more on the rationale for ending the local masking order, read the Recission Notice (PDF). For more information on Yolo County's response to COVID-19, visit www.yolocounty.org/covid. ★

Raider Scoreboard



Girls Basketball

2/1 Grant	RCV 22	Grant 63
2/4 Burbank	RCV 63	Burbank 38
2/7 Kennedy	RCV 17	Kennedy 33

Boys Soccer

2/2 Monterey Trail	RCV 0	MT 1
2/4 Burbank	RCV - Won	
2/5 Laguna Creek	RCV 3	LC 0
2/7 Monterey Trail	RCV 2	MT 2

Boys Basketball

2/4 Burbank	RCV 60	Burbank 46	JV 66	Burbank 53
2/5 Kennedy	RCV 69	Kennedy 33		

Wrestling

2/5 League Tournament - Our amazing athletes took 1st place as a team at the tournament. 10 out of 12 boys made it to the finals!

League Champions

1st at 122 Senior Cody Roosevelt	2nd at 126 Senior Jonathan Lee
1st at 134 Junior Marco Firmacion	2nd at 140 Sophomore Arsen Butayev
1st at 154 Senior Emal Safi	2nd at 197 Sophomore Maleko Sanchez
1st at 162 Senior Elijah Arnold	2nd at 222 Senior Samuel Santos
1st at 184 Senior Xavier Davis	2nd at HWT Sophomore Julian Ivantsov

3rd at 108 Sophomore Alan Butayev
4th at 147 Junior Adam Emery

Camiya Cook had the opportunity to wrestle 3 different girls and winning all matches!

River City Weekly Sports



Winter Sports and Up and Coming Sprint Sports

RC Sports

Friday 2/11
Girls Basketball at Monterey Trail
Boys Basketball vs Monterey Trail
Girls Soccer vs Davis (First Round Playoffs)
Wrestling Boys at Divisional
Wrestling Girls Regionals at Natomas HS

Friday/Saturday 2/18 and 2/19

Varsity Boys and Girls Wrestling
Masters at Stockton Arena

Track

3/15 - River City vs Laguna Creek

Softball

2/19 - 4 Team Scrimmage at River City

Baseball

2/25 - River City at Marysville

Tennis

3/8 - River City vs Grant

Golf

2/28 - River City at Kennedy

Swimming

3/10 - River City at Laguna Creek

Boys Volleyball

3/1 - River City at St. Mary's (Stockton)

Game Times

5:30pm / 7:00pm	JV/V
4:30pm / 6:00pm / 7:30	F/JV/V
6:00 pm	
TBD	
TBD	
TBD	
3:30pm	
9:15am	
3:30pm	
4:00pm	
3:30pm	
4:00pm	
6:00pm	

LEGAL ADS FOR SACRAMENTO COUNTY?
We Can Do That!
Call to place your legal advertising **916-773-1111**
All Legal Ads Published by Messenger Publishing **MPG**

MOXIE SALON

DONOVAN BLAZAK
your professional hairstylist

1029 Jefferson Blvd
West Sacramento, CA. 95691

916-371-4906
916-747-5201
hairbydonovan@gmail.com

Be a part of something important

Help deliver the news to your neighborhood

We are looking for people who want to deliver newspapers in their neighborhoods.
Provide great customer service to our readers every Friday.
Earn money to help pay those monthly bills.

MPG

Must have a valid California drivers license and current auto insurance. Previous newspaper delivery experience a plus but not required.
Call us today at 916-773-1111

CHURCH DIRECTORY

<p>Seventh Day Adventist Church Sasa Andelkovic, Senior Pastor 2860 Jefferson Blvd., W. Sac. PO Box 447, W. Sac. 95691 Sat. Sabbath School 9:30 a.m. Worship 11 a.m. (916) 372-6570</p>	<p>American Buddhist Seminary Temple <i>Learn how to practice mindfulness meditation for your everyday happiness in small group setting.</i> Free Community Service. Sundays - 8:30-10 a.m. 423 Glide Avenue, West Sac (916) 371-8535 www.abstemple.org</p>	<p>New Seasons Church <i>Your Church in West Sacramento</i> Pastor Ron Jackson Sunday Service 9:30 a.m. 2124 Michigan Blvd., West Sacramento, CA 95691 (916) 265-4025 pastorron@newseasons.ws.com www.newseasons.ws.com</p>	<p>Community Lutheran Church <i>Join us for a positive, uplifting message!</i> We welcome all! Sunday Service at 10 a.m. 920 Drever St. (916) 317-8804 Facebook.com/CommunityLutheranWest-Sacramento/</p>
<p>West Sacramento Baptist Church Sun. School - 9:30 a.m. Sun. Worship - 11 a.m. Wed. Prayer Meeting & Bible Study - 6:30 p.m. 2124 Michigan Blvd. (916) 371-2111</p>	<p>Our Lady of Grace Catholic Church 911 Park Blvd, West Sacramento Office: (916) 371-4814 Fr. Mathew Rappu, Pastor Mass: Mon, Tues, Wed 8:30 a.m. Fri 8:30 a.m. at OLG school during school year Sat: 5:30 p.m. vigil, Sun: 9 a.m., 11 a.m.</p>	<p>Looking for a place to worship? <i>Check here first!</i> To find out how to list your place of worship in this directory, call (916) 371-8030 for more information.</p>	<p>Trinity Presbyterian Church 1500 Park Blvd. W. Sac. CA (916) 371-5875 www.TrinityWestSac.org info@trinitywestsac.org Pastor Jamie Crook Spanish Ministry Pastora: Miryam Osorio Sunday Worship Services: 10 a.m. Blended/Traditional Noon Spanish Language</p>

Do You Need Your Legal Ads Published? We can help.

Call us now to place your legal advertising!

916-773-1111

All legal ads published by Messenger Publishing Group.



Imagine The Difference You Can Make

DONATE YOUR CAR

1-844-355-0292

FREE TOWING TAX DEDUCTIBLE



Heritage for the Blind

Help Prevent Blindness
Get A Vision Screening Annually

Ask About A FREE 3 Day Vacation Voucher To Over 20 Destinations!!!

LEGAL ADVERTISING

Legal Advertising Hotline 916-483-2299
Legal Advertising Fax 916-773-2999

News-Ledger Adjudicated For and By the County of Yolo, Adjudication No. CV PT 09-1432-September 4, 2009

Legal Advertising 7144 Fair Oaks Blvd #5 Carmichael, CA 95608

FICTITIOUS BUSINESS NAME STATEMENTS

FICTITIOUS BUSINESS NAME STATEMENT FILE No. F20211093
The following person(s) is doing business as: OK BOOMER, BOOMER RENEW, 3810 Mendocino Court West Sacramento, CA 95691
By: Micha Lindstrom, Deputy
Publish dates: February 18, 25, March 4, and 11, 2022
MTOFF 3-11-2022

FICTITIOUS BUSINESS NAME STATEMENT FILE No. F20220094
The following person(s) is doing business as: NORCAL DPF & TRUCK SERVICES, NORCAL DPF SERVICES, 617 Galveston Street #1 West Sacramento, CA 95691
By: Micha Lindstrom, Deputy
Publish dates: February 18, 25, March 4, and 11, 2022
NEWS-LEDGER 2-18-2022

FICTITIOUS BUSINESS NAME STATEMENT FILE No. F20220044
The following person(s) is doing business as: OWLHAIRD Designs, 790 Elder Drive West Sacramento, CA 95605
By: Micha Lindstrom, Deputy
Publish dates: February 4, 11, and 18, 2022
NEWS-LEDGER OWL 2-25-2022

FICTITIOUS BUSINESS NAME STATEMENT FILE No. F20211076
The following person(s) is doing business as: Beach Hut Deli, 4515 Ferni Place Davis, CA 95618
By: Micha Lindstrom, Deputy
Publish dates: February 4, 11, and 18, 2022
NEWS-LEDGER BEACH 2-25-2022

FICTITIOUS BUSINESS NAME STATEMENT FILE No. F20220057
The following person(s) is doing business as: COMPASS CLEANING, 3577 St John Road West Sacramento, CA 95691
By: Micha Lindstrom, Deputy
Publish dates: February 11, 18, 25, and March 4, 2022
COMPASS 3-4-2022

FICTITIOUS BUSINESS NAME STATEMENT FILE No. F20220063
The following person(s) is doing business as: SEEDS OF SOLIDARITY URBAN FARM, 491 Regatta Lane West Sacramento, CA 95605
By: Micha Lindstrom, Deputy
Publish dates: February 11, 18, 25, and March 4, 2022
SEEDS 3-4-2022

FICTITIOUS BUSINESS NAME STATEMENT FILE No. F20220105
The following person(s) is doing business as: LIGHTHOUSE MARKET & DELI, 500 C Street West Sacramento, CA 95605
By: Micha Lindstrom, Deputy
Publish dates: February 18, 25, March 4, and 11, 2022
LIGHTHOUSE 3-11-2022

FICTITIOUS BUSINESS NAME STATEMENT FILE No. F20220068
The following person(s) is doing business as: Matoff and Associates, 27717 County Road 92F Winters, CA 95694
By: Micha Lindstrom, Deputy
Publish dates: February 18, 25, March 4, and 11, 2022
LIGHHOUSE 3-11-2022

The registrant commenced to transact business under the fictitious business name or names listed above on N/A. This statement was filed with the County Clerk of Yolo County on 1/26/2022.
By: Micha Lindstrom, Deputy
Publish dates: February 18, 25, March 4, and 11, 2022
MTOFF 3-11-2022

FICTITIOUS BUSINESS NAME STATEMENT FILE No. F20220094
The following person(s) is doing business as: NORCAL DPF & TRUCK SERVICES, NORCAL DPF SERVICES, 617 Galveston Street #1 West Sacramento, CA 95691
By: Micha Lindstrom, Deputy
Publish dates: February 18, 25, March 4, and 11, 2022
NORCAL 3-11-2022

FICTITIOUS BUSINESS NAME STATEMENT FILE No. F20220115
The following person(s) is doing business as: JEFFS HAULING AND JUNK REMOVAL, 1664 Citrus Street Apt #A West Sacramento, CA 95605
By: Micha Lindstrom, Deputy
Publish dates: February 18, 25, March 4, and 11, 2022
JEFFS 3-11-2022

FICTITIOUS BUSINESS NAME STATEMENT FILE No. F20220116
The following person(s) is doing business as: NEW SMYRNA PROPERTY MANAGEMENT, 939 Orchard Way Unit 10 West Sacramento, CA 95691
By: Micha Lindstrom, Deputy
Publish dates: February 18, 25, March 4, and 11, 2022
NEW EW 3-11-2022

COUNTY OF YOLO ORDER TO SHOW CAUSE CHANGE OF NAME #CV2022-47
Mohammad Ashraf Popalzai and FNU Hossay has filed a petition with this court for a decree changing the name(s) of Mohammad Ashraf Popalzai to Ashraf Mohammad Popalzai, FNU Hossay to Hossay Popalzai, and Mohammad Mubasher Popalzai to Mubasher Mohammad Popalzai.
IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00a.m. on March 10, 2022, in Department 9, and show cause, if any, why the petition for Change of Name should not be granted.
Date: January 12, 2022
Daniel M. Wolk, Judge of the Superior Court
POPALZAI 1801 2-18-22

CITATION TO PARENT
IN THE SUPERIOR COURT OF THE STATE OF CALIFORNIA IN AND FOR THE COURT OF YOLO JUVENILE DIVISION
In the Matter of Angel Lewis
Case No: JV-21-77
To All Persons Claiming to be the Father YOU ARE HEAREBY CITED AND REQUIRED TO APPEAR at a hearing in Yolo County Juvenile Court located at 1000 Main street Woodland, CA 95695, on March 30, 2022 at 9:00am in Department 5. At the hearing, the Court will decide whether to permanently terminate your parental rights over the above the above-named minor child born to Rochelle Lewis on April 17, 2021. If you wish to be represented by an attorney and are unable to afford one the Court will appoint an attorney to represent you. Dated 1/19/2022
Daniel P. Maguire Judge of the Juvenile Court.
Published: February 4, 11, 18, and 25, 2022
2-25-2022

SUMMONS (CITACION JUDICIAL)
CASE NUMBER: CV2021-1449
NOTICE TO DEFENDANT: Christy Correa, an individual; all other persons unknown, claiming any legal or equitable right, title, estate, lien, or interest in the real property, or any part thereof, described in the complaint, which claim is adverse to Plaintiff's title; and DOES 1 through 80, inclusive.
YOU ARE BEING SUED BY PLAINTIFF: Peter Kokotis, an individual.
NOTICE! You have been sued. The court may decide against you without your being heard unless you respond within 30 days. Read the information below.
You have 30 CALENDAR DAYS after this summons and legal papers are served on you to file a written response at this court and have a copy served on the plaintiff. A letter or phone call will not protect you. Your

SUMMONS (CITACION JUDICIAL)
CASE NUMBER: SCV-269395
NOTICE TO DEFENDANT: Pacific Pride Transportation, Inc., Karamjit S. Bhangu, and DOES-1-10, inclusive
YOU ARE BEING SUED BY PLAINTIFF: Exchange Bank
NOTICE! You have been sued. The court may decide against you without your being heard unless you respond within 30 days. Read the information below.
You have 30 CALENDAR DAYS after

this summons and legal papers are served on you to file a written response at this court and have a copy served on the plaintiff. A letter or phone call will not protect you. Your written response must be in proper legal form if you want the court to hear your case. There may be a court form that you can use for your response. You can find these court forms and more information at the California Courts Online Self-Help Center (www.courtinfo.ca.gov/selfhelp), your county law library, or the courthouse nearest you. If you cannot pay the filing fee, ask the court clerk for a fee waiver form. If you do not file your response on time, you may lose the case by default, and your wages, money, and property may be taken without further warning from the court.
There are other legal requirements. You may want to call an attorney right away. If you do not know an attorney, you may want to call an attorney referral service. If you cannot afford an attorney, you may be eligible for free legal services from a nonprofit legal services program. You can locate these nonprofit groups at the California Legal Services Web site (www.lawhelpcalifornia.org), the California Courts Online Self-Help Center (www.courtinfo.ca.gov/selfhelp), or by contacting your local court or county bar association. NOTE: The court has a statutory lien for waived fees and costs on any settlement or arbitration award of \$10,000 or more in a civil case. The court's lien must be paid before the court will dismiss the case. AVISO! Lo han demandado. Si no responde dentro de 30 dias, la corte puede decidir en su contra sin escuchar su version. Lea la informacion a continuacion.
Tiene 30 DIAS DE CALENDARIO despues de que le entreguen esta citacion y papeles legales para presentar una respuesta por escrito en esta corte y hacer que se entregue una copia al demandante. Una carta o una llamada telefonica no lo protegen. Su respuesta por escrito tiene que estar en formato legal correcto si desea que procesen su caso en la corte. Es posible que haya un formulario que usted pueda usar para su respuesta. Puede encontrar estos formularios de la corte y mas informacion en el Centro de Ayuda de las Cortes de California (www.sucorte.ca.gov) en la biblioteca de leyes de su condado o en la corte que le quede mas cerca. Si no puede pagar la cuota de presentacion, pida al secretario de la corte que le de un formulario de exencion de pago de cuotas. Si no presenta su respuesta a tiempo, puede perder el caso por incumplimiento y la corte le podra quitar su sueldo, dinero y bienes sin mas advertencia.
Hay otros requisitos legales. Es recomendable que llame a un abogado inmediatamente. Si no conoce a un abogado, puede llamar a un servicio de remision a abogados. Si no puede pagar a un abogado, es posible que cumpla con los requisitos para obtener servicios legales gratuitos de un programa de servicios legales sin fines de lucro. Puede encontrar estos grupos sin fines de lucro en el sitio web de California Legal Services (www.lawhelpcalifornia.org), en el Centro de Ayuda de las Cortes de California (www.sucorte.ca.gov) o poniendose en contacto con la corte o el colegio de abogados locales. AVISO: Por ley, la corte tiene derecho a reclamar las cuotas y los costos exentos por imponer un gravamen sobre cualquier recuperacion de \$10,000 o mas de valor recibida mediante un acuerdo o una concesion de arbitraje en un caso de derecho civil. Tiene que pagar el gravamen de la corte antes de que la corte pueda desechar el caso.
The name and address of the court is: (El nombre y direccion de la corte es): Superior Court of the County of Sonoma Hall of Justice-600 Administration Drive Santa Rosa, CA 95403
The name, address and telephone number of plaintiff's attorney, or plaintiff without an attorney is: (El nombre, la direccion y el numero de telefono del abogado del demandante, o del demandante que no tiene abogado, es): John A. Clinin, Esq. The Law Offices of John A. Clinin 2244 Faraday Avenue Suite 96 Carlsbad, CA 92008
760-633-9780
Date: (Fecha) 9/29/2021
Clerk (Secretario) Janie Dorman Deputy (Adjunto)
January 28, February 4, 11, and 18, 2022
PACIFIC 2-18-22

PUBLIC HEARING NOTICE
Pursuant to Government Code Section 65867, the West Sacramento City Council will conduct a public hearing on March 2, 2022, at 7:00 PM or as soon thereafter as possible on the item(s) listed below.
The City Council meeting will be conducted via teleconference pursuant to Government Code section 54953(e). On February 2, 2022, the City Council adopted Resolution 22-14 confirming that a statewide state of emergency continues to exist because of COVID-19 virus pandemic, and that the Yolo County Public Health Officer continues to recommend measures to promote social distancing. The Council and City staff shall take all actions required by Section 54953(e) to protect public access and right to comment.
To reduce the spread of COVID-19, members of the public are asked to watch the meeting Livestream (<https://www.cityofwestsacramento.org/government/meetings-agendas/city-council>), or via Wave Cable Channel 20 and to submit comments in writing by 5:00 PM on March 2, 2022.
To submit a comment in writing, please email clerk@cityofwestsacramento.org and write "Public Comment" in the subject line. In the body of the email, include the item number and/or title of the item as well as your comments. All comments received by 5:00 PM will be provided to the City Council and posted on the website. The comments submitted shall become part of the record of the meeting. To make a verbal comment during the meeting, join the meeting using the Zoom meeting link or by phone.
In compliance with the Americans with Disabilities Act (ADA), if you need assistance to participate in this meeting, please contact the City Clerk, at clerk@cityofwestsacramento.org, seventy-two (72) hours prior to the meeting to allow the City to make reasonable arrangements to assure accessibility to this meeting.
Public Hearing and First Reading of Ordinances 22-9, 22-10, 22-11, 22-12, 22-13 and 22-14 regarding six Development Agreements for a proposed ±126,000 square foot cannabis distribution and indoor cultivation facility located in an existing building at 2424 Del Monte Street (APN 067-150-035-000). The property is zoned Light Industrial (M-1). On November 16, 2016, the City Council certified the General Plan 2035 Environmental Impact Report. A technical memorandum has been prepared in order to fully analyze any potential impacts associated with the project. Based on the analysis presented in the technical memorandum, the proposed cannabis facility is within the scope of the EIR prepared for the General Plan 2035, and no new or substantially more adverse impacts would occur through implementation of the proposed project. Applicant: Dash Industries, LLC, 2424 Del Monte Street, West Sacramento, CA 95691. Property Owner: Courtney Dubar, PO Box 1267, Sunset Beach 90742.
West Sac News Ledger February 18, 2022

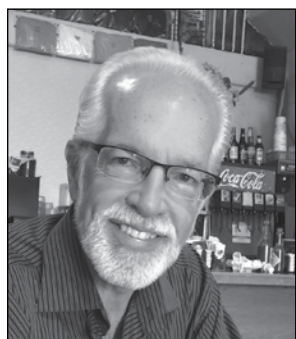
PUBLIC NOTICE
NOTICE OF PROVISIONAL APPOINTMENT OF AREA 1 TRUSTEE
Yolo County Board of Education
A vacancy on the Yolo County Board of Education occurred upon the resignation of Matt Taylor from Trustee Area 1. The letter was received on November 27, 2021, with an effective date of December 14, 2021.
The Yolo County Board of Education has provisionally appointed Elizabeth Esquivel as trustee of Area 1 at the Regular Board meeting of February 8, 2022.
This statement notifies the voters that unless a petition calling for a special election pursuant to Education Code Section 5091 is filed in the office of the Yolo County Superintendent of Schools within 30 days of the provisional appointment, it shall become an effective appointment.
West Sac News Ledger February 18, 25 and March 4, 2022

PUBLIC LIEN SALE
Extra Space Storage will hold a public auction to sell personal property described below belonging to those individuals listed below at the location indicated: 975 F ST West Sacramento, CA 95605 on 03/07/2022 @2:00PM: Teresa Montes clothing, bike, scooter, Michelle Bone household goods. This auction will be listed and advertised on www.storage-treasures.com. Purchases must be made with cash only and paid at the above referenced facility in order to complete the transaction. Extra Space Storage may refuse any bid and may rescind any purchase up until the winning bidder takes possession of the personal property. 2/18, 2/25/22
CNS-3556068#
NEWS-LEDGER 2/25/22

NOTICE TO CREDITOR'S OF BULK SALE AND OF INTENTION TO TRANSFER ALCOHOLIC BEVERAGE LICENSE
ESCROW # 0126017301
NOTICE IS HEREBY GIVEN that a bulk sale of assets and a transfer of alcoholic beverage license is about to be made. The name(s) and business address(es) of the seller(s) is/are : Five Rivers Inc. 500 C Street West Sacramento, California 95605
Doing Business as: Lighthouse Market & Deli All other business name(s) and address (es) used by the seller(s) within the past three years, as stated by the seller(s), is/are: (if none, so state) NONE
The location in California of the chief executive office of the seller is: SAME
The name(s) and business address of the buyer(s) is/are: Brightsite, Inc. 500 C Street West Sacramento, California 95605
The assets being sold are generally described as: furniture, fixtures, equipment, inventory and liquor license and are located at: 500 C Street West Sacramento, California 95605
The kind of license to be transferred is: 20- Off Sale Beer and Wine # 592411
Now issued for the premises located at: 500 C Street West Sacramento, California 95605
The anticipated date of the bulk sale/transfer is 03/09/2022 and upon approval by Department of Alcoholic Beverage Control at the office of

LEGAL ADS FOR SACRAMENTO COUNTY?
We Can Do That!
Call to place your legal advertising
916-773-1111
All Legal Ads Published by Messenger Publishing
MPG

The Rates Keep Rising



Commentary by Bruce Lee

Heads up! Those rates (garbage rates in this case) are rising – now in Folsom, but coming soon to a community near you!

And, what a rise! In mid December Folsom approved a 74% increase over four years. The typical residential bill is currently \$34.50 per month and will rise to \$60 by 2025. The rates will rise “gradually” to \$46.25 in 2022; \$56 in 2023; \$58 in

2024; and then finally to \$60. It will be like cooking a frog to death, starting it in room-temperature water while slowly raising the heat to a boil.

The rationale for the increase is a state mandate pushed down upon local government – in this case Senate Bill 1383 of 2016, which is attempting to reduce greenhouse gas emissions. Folsom could face fines up to \$10,000 per day for noncompliance. According to the city, they issued public notices and held required hearings, but there was no majority objection to the fees.

SB 1383 is a statewide effort to reduce “short-lived” climate pollutants and applies to all residents and businesses. Using 2014 levels as the standard, the intent is to reduce disposal of organic waste by 50% by January 1, 2020

(they missed that goal), and by 75% by the end of 2024! Plus, the state wants to “rescue” at least 20% of currently disposed, edible food for human consumption.

(I’m not sure what they plan to do with all of that “rescued” food. Remember the Seinfeld television show debate when George took a pastry out of the garbage – but it was “just below” the lid line! It might be worthwhile to catch that rerun.) And, “short-lived” means pollutants that have a relatively short life in the atmosphere. (Hmmm ... so why worry about them? Well, I’m not a “scientist” and nobody argues with a scientist now-a-days!)

Now, there is a logic. When food scraps and compostable materials (such as paper products) are put into a landfill without

access to oxygen, they break down and produce methane (CH4), which is a greenhouse gas in the atmosphere. (This is akin to cow flatulence.) And, we do have a lot of organic waste – 71% of all San Mateo County’s landfill waste is organic. And, evidently food waste tallies up to about 17% of all landfill disposal in California.

Maybe we just need a mandate to buy less food or that we are required to consume all that we cook?

Now, while some of this may seem a bit humorous, there are four serious lessons for us:

- 1) Who thought in 2016 when the well-intended SB 1383 passed that garbage rates would skyrocket! Policy decisions are often made based on general big-picture ideas that sound good, but are

made out of context. The impact trickles down.

- 2) Rates are just as important as taxes – so keep an eye on them!

- 3) Folsom purportedly had little public comment or objection, so shame on us for being indifferent.

- 4) Once you pay higher rates or higher taxes, there is often little guarantee on how the money will be used. These types of things can also be good rationales for higher wages and the like.

And, starting last January 1st, per SB 1383, Californians are required to recycle their food scraps and other leftovers. Your organic waste can be combined with your green waste; or maybe there will be a new “brown waste” can. Confused yet?

Meanwhile, watch out for your rates! Folsom is a harbinger for all other local governments, and the City of Sacramento is currently working on their wastewater fees in earnest.

W. Bruce Lee is an educator and speaker (WBruceLee.com) with a career in government as an elected official and fiscal advisor, who has worked at the local, state, and federal levels. He authors the “We the Government” column as a community service. He is president of the Sacramento Taxpayers Association (SacTax) - promoting efficient, economical government; fair and equitable taxation which permits a strong, healthy economy; as well as sensible balance and rational control of government expenditures.. His private message telephone is 916-624-6476. Copyright W. Bruce Lee, 2022 ★

Local Classified

Announcement

Become a Published Author. We want to Read Your Book! Dorra Publishing-Trusted by Authors Since 1920 Book manuscript submissions currently being reviewed. Comprehensive Services: Consultation, Production, Promotion and Distribution. Call for Your Free Author's Guide 1-877-538-9554 or visit <http://dorraninfo.com/Cal> (Cal-SCAN)

Autos Wanted

DONATE YOUR CAR TO KIDS Fast Free Pickup – Running or Not - 24 Hour Response - Maximum Tax Donation - Help Find Missing Kids! Call 1-888-491-1453. (Cal-SCAN)

DONATE YOUR CAR OR TRUCK TO HERITAGE FOR THE BLIND. Free 3 Day Vacation, Tax Deductible, Free Towing, All Paperwork Taken Care Of. CALL 1-844-491-2884 (Cal-SCAN)

Cable/Satellite TV

DIRECTV - Watch your favorite live sports, news and entertainment anywhere. More top premium channels than DISH. Restrictions apply. Call IVS - 1-888-641-5762. (Cal-SCAN)

Cable/Internet

AT&T Internet. Starting at \$40/month w/12-mo agmt. Includes 1 TB of data per month. Get More For Your High-Speed Internet Thing. Ask us how to bundle and SAVE! Geo & svc restrictions apply. Call us today 1-855-397-7909. (Cal-SCAN)

Computer Services

Zinsky's PC Configurations "Don't replace it - REPAIR IT!" Custom Desktop Computer Configurations • PC Repair • Home Wireless Networking • Installations • Virus & Spyware Eradication
Alan Zinsky Phone: 916-622-2269 Zconing@sbcglobal.net
Bus. Lic. # 305312 • B.E.A.R. Reg. #84416
www.zinskyspcrepair.com

For Rent

Property is under construction and will soon have 1, 2, 3, & 4 bedroom units for rent!

The Housing Authority of the County of Butte is currently accepting applications for its Farm Road Housing property in Gridley, CA. We have 2 Bd. units available at this time. Rental assistance is available and provided by USDA Rural Development for those that meet USDA Rural Development guidelines. For more information contact our office at (530) 895-4474 or TDD 1-800-735-2929.

"The Housing Authority of the County of Butte is an Equal Opportunity Employer and Housing Provider"



Fitness/Yoga

Your Fitness Genie Virtual Sessions
Age Well At Home
Avoid Assisted Living
*Keep Strength and Mobility
Be Active. Call Today!
Jenn@YourFitnessGenie.com (916)768-8767

Financial Services

Over \$10K in Debt? Be debt free in 24 to 48 months. No upfront fees to enroll. A+ BBB rated. Call National Debt Relief 1-888-231-4274. (Cal-SCAN)

Flooring

Beautiful waterproof flooring Certified Home Depot installer, more than 30 years experience! I have all material in stock! Material is 100% waterproof, 20 mil wear layer, extreme performance! For free estimates call or text Joseph, jffloors916@gmail.com 916 215-7558, lic#1023377

Hall Rentals

VFW Post 6158
8990 Kruthof Way, Fair Oaks, CA
916-966-1663
vfw6158.org/rent-our-hall/
Call or come by

Hall Rentals

VFW Post 4647
3300 U Street, Antelope
916-607-8344
Call for available dates

Handyman

A Quality Home Maintenance
Light Hauling Yardwork Gutters Cleaned
Scott Lehman Timeless Maintenance Services (916) 613-8359

Health & Medical

Aloe Care Health, medical alert system. The most advanced medical alert product on the market. Voice-activated! No wi-fi needed! Special offer? call and mention offer code CARE20 to get \$20 off Mobile Companion. Call today? 1-844-790-1673. (Cal-SCAN)

HEALTH & WEALTH

JOIN FOR FREE - NO KITS OR QUOTAS & FREE WEBSITE. CTFO (Changing The Future Outcome) has the best CBD oil available. Products for health, beauty, weight or hair loss and even for your pets. Check out these products: canderson.mycfto.com

"You are what you absorb." World class vitamin/mineral supplement Empower Plus - Advanced. Learn more at tuckley1.renovaworldwide.com. Tim 916-370-0858

Insurance/Health

Attention: Oxygen Users! Gain freedom with a Portable Oxygen Concentrator! No more heavy tanks and refills! Guaranteed Lowest Prices! Call the Oxygen Concentrator Store: 1-844-653-7402 (Cal-SCAN)

SAVE BIG ON HOME INSURANCE! Compare 20 A-rated insurance companies. Get a quote within minutes. Average savings of \$444/year! Call 1-844-410-9609! (M-F 8am-8pm Central) (Cal-SCAN)

Landscaping

CREATE YOUR PARADISE
Winter Yard Cleanups, Complete Landscape Design/Installation, Sprinkler System Installs/Repairs, All Types Concrete Work, Fence Installation, Retaining Walls- All Types, Drainage Systems-all types, Landscape Lighting, Residential/commercial American Landscape Design & Installation, Est 1987 American Construction & Property Maintenance Company
WE ACCEPT VISA & MASTER CARD
(916)612-0776
Lic#690968

LANDSCAPING
Winter Yard clean up. Mow, weed, prune, haul, rock, bark, and gutters. Light Fence Work
916 205-9310
916 688-9310

Classified Advertising

916 773-1111

MPG Visit mpg8.com

Legal Services

All American Will Kits Do-It-Yourself Legal Will
Written by an attorney
Valid in all states
Order online at www.allamericanwillkits.com

Miscellaneous

NEW AUTHORS WANTED! Page Publishing will help you self-publish your own book. FREE author submission kit! Limited offer! Why wait? Call now: 1-855-667-0380 (Cal-SCAN)

Update Your Home with Beautiful New Blinds & Shades. FREE in-home estimates make it convenient to shop from home. Professional installation. Top quality - Made in the USA. Call for free consultation: 1-877-438-0330. Ask about our specials! (Cal-SCAN)

Portable Oxygen Concentrator May Be Covered by Medicare! Reclaim independence and mobility with the compact design and long-lasting battery of Inogen One. Free information kit! Call 844-327-2824. (Cal-SCAN)

The difference in winning and losing market share is how businesses use their advertising dollars. Mark Twain said, "Many a small thing has been made large by the right kind of advertising". So why spend your hard-earned dollars on social media where you already have an audience? For more info call Cecelia @ (916) 288-6011 or cecelia@cnpa.com

Music Lessons

Steve Estabrook's private music studio in Orangevale is now accepting students for
Piano: classical, rock, some jazz
Guitar: rock, folk, blues, classical
Voice: all styles
Steve has a BM and MM in music from CSU Sacramento and over 35 years teaching experience. \$30/half hour. References Available.
916-599-6156
Steve@steveestabrook.com
Steveestabrook.com

Guitar Lessons – Beginner to Advanced. \$15/half hour. \$25/hour. freddiebbalbert@gmail.com. 916-507-6658 (MPG 12-31-22)

Pets/Animals

Use Happy Jack@ ToneKote on dogs & cats to insure a warm winter coat, prevent shedding & eliminate doggy odor. At Tractor Supply® (www.fleaabeacon.com) (Cal-SCAN)

Pets/Animals

DOG RESCUE Gary (916) 334-2841
Please Adopt or Foster
Because so many really great dogs are dying for a good home...
ShelterMOU @hotmail.com

Professional, Loving PET SITTING

*Established Reputation
*Kennel Free
*Lots of TLC
*Happy & Safe Environment
*Affordable Rate
Call Madeline (916) 723-1608

Painting

BAE S Painting Service House & Apt Interior/Exterior Flat Roof: Water Leak Repair Gutter Cleaning
Cell: 279 333-6660
20 years of experience

PAINTER INTERIOR & EXTERIOR \$30 Hourly or Fixed Price Cell: 650-773-5221 Insured & Bonded Guarantee Work 4-1-2022

Rental Wanted

Responsible older gentleman looking to rent 1bd house or looking for a roommate. Please call 916-289-9016 or 916-640-4355. Super Pay.

Roofing

BERNARDINO ROOFING Repairs, Repairs, Maintenance, Dryrot, Gutters, Family Operated, BBB MEMBER! ***FREE ESTIMATES*** SENIOR DISCOUNTS Lic.#817945 35 Years Experience
916.920.0100
www.bernardinoroofing.com

Services

LONG DISTANCE MOVING: Call today for a FREE QUOTE from America's Most Trusted Interstate Movers. Let us take the stress out of moving! Speak to a Relocation Specialist, call 844-857-1737 (Cal-SCAN)

NOTICE TO READERS California law requires that contractors taking jobs that total \$500 or more (labor and/or materials) be licensed by the Contractors State License Board. State law also requires that contractors include their license numbers on all advertising. Check your contractor's status at www.cslb.ca.gov or 800-321-CSLB (2752). Unlicensed persons taking jobs that total less than \$500 must state in their advertisements that they are not licensed by the Contractors State License Board.

DISCLAIMER Be wary of out of area companies. Check with the local Better Business Bureau before you send any money for fees or services. Read and understand any contracts before you sign. Shop around for rates.

Tree Service

BP TREE SERVICES LLC.
TREE & STUMP REMOVAL
TREE TRIMMING/ SHAPING
FREE ESTIMATE
10% OFF WITH THIS AD
Insured. Workman's comp. Arborist
916-722-6321
BPTreeServices.com
VISA/MASTER CARD
California Contractors Lic #1036031

D&T Tree Service

916-410-7100
30 Years Experience
SERVICES
- Fire Hazards Clearance Over Power Lines & Structures
- Complete Tree & Stump Removal
- Pruning, Shaping, & Trimming
- Removal & Haul Away Dead & Damaged Wood
FREE Estimate
24Hr Emergency Service
California Contractors Lic #1015391

Real Estate

RETIRED COUPLE \$\$\$\$ for business purpose Real Estate loans. Credit unimportant. V.I.P. Trust Deed Company www.viploan.com Call 1-818-248-0000. Broker-principal DRE 01041073. No consumer loans. ((Cal-SCAN))

RETIRED COUPLE

Has \$1Mil to lend on California Real Estate*
V.I.P. TRUST DEED COMPANY
OVER 40 YEARS OF FAST FUNDING
Principal (818) 248-0000 Broker
www.viploan.com *Sufficient equity required - no consumer loans
Real Estate License #01041073
CA Department of Real Estate, NMLS #4338217
Private Party loans generally have higher interest rates, points & fees than conventional discount loans

KC BUYS HOUSES

Fastest Cash- Any Condition! Residential and Commercial Cash in 72 hours! Family owned and operated 25 years. 1-909-536-2060 (Cal-SCAN)

WANTED TO BUY

Stamp Collections, Postcards and ephemera. Call Dale at 530-417-0627

AIRLINE CAREERS START HERE

Get trained as FAA certified Aviation Technician. Financial aid for qualified students. Job placement assistance. Call Aviation Institute of Maintenance
877-205-4138

Real Estate

New Year Land Sale Final week! 5 Acre Creekside or Creek Access Tracts. 20+ mile views. Prime location near Kernville. 45 minutes to San Antonio. Enjoy incredible Hill Country living! High speed internet. Excellent financing. MUST SEE! Call 1-877-888-7579, ext 564. CreeksideatCampVerde.com (Cal-SCAN)

Senior Living

Looking for assisted living, memory care, or independent living? A Place for Mom simplifies the process of finding senior living at no cost to your family. Call 1-844-741-0130 today. (Cal-SCAN)

TECHNICAL

Cisco Systems, Inc. is accepting resumes for multiple positions in Rancho Cordova, CA: Site Reliability Engineer (Ref#: RAN190A): Design, write, and build tools to improve the reliability, availability, and scalability of key systems and services. Telecommuting permitted. Please mail resumes with reference number to Cisco Systems, Inc., Attn: G51G, 170 W. Tasman Drive, Mail Stop: SJC 5/1/4, San Jose, CA 95134. No phone calls please. Must be legally authorized to work in the U.S. without sponsorship. EOE. www.cisco.com

HELP WANTED

KP International MARKET
Many Positions are Available. Please no phone calls. Apply in person.
10971 Olson Dr. Rancho Cordova, CA 95670

Work Wanted

Is it time to declutter and clean your garage and house? I can help! And I prune and weed and wash windows. References, College grad. Call Tim, 916-370-0858. (MPG 12-31-22)

FREON WANTED:

We buy old refrigerants: R11, R12, R113 & more! Quick, local pickup & dropoff available. Call 312-827-6204, RefrigerantFinders.com ¡Te pagamos por tu refrigerante! (Cal-SCAN)

FREE 1930s Spinnet Piano.

You haul (916) 481-2728



SERVING FAMILIES IN WEST SACRAMENTO SINCE 1962

FD #1082



RIVER CITIES FUNERAL CHAPEL

916-371-4535 • www.RiverCitiesFuneralChapel.com

- Complete Funeral Services • Cremation or Burial • We Use All Cemeteries • World Wide Shipping • Insurance Funded • Pre-Need Plans With Price Guarantee

Our funeral home is owned, managed and cared for by the Daniel family of West Sacramento, representing five generations of funeral service.

910 SOULE STREET • WEST SACRAMENTO CA 95691



Employment Opportunities

Employment and Independent Contractor Positions at Messenger Publishing Group

We publish ten local newspapers in the Sacramento Region. Our main office is in Carmichael. We have been publishing for fifteen years and are seeking new qualified employees.

CURRENT WORK OPPORTUNITIES

Office Administration – We are seeking a part-time administrative support person for our newspaper group. This position works in the Carmichael office and works directly with the Office Manager. Work hours are flexible between 8:30 to 5:00 Monday through Friday. Previous office management experience is required.

Production Layout/Graphic Design – This part-time position assists with the layout of the newspapers and works with the production staff to create our weekly newspapers. Must have good working knowledge of InDesign production programs. Must be able to work within our current system and be able to take direction to meet our deadlines. Previous layout experience is a must. This is an entry level position. Work hours are between 8:30 am and 5:00 pm.

Copy Editor – We are seeking a part-time City Editor for our newspaper group. This position works in the Carmichael office and works directly with Editor. Work hours are flexible between 8:30 to 5:00 Monday through Friday. Previous editing experience is required.

City Reporter – We are seeking a part-time City Reporter for our newspaper group. This position may be assigned to work in the Carmichael office or another area office and works directly with the Editor. Work hours are flexible depending on assignments. Previous reporting experience is required.

Freelance Contributing Writer – We are seeking local writers for our ten local newspapers, including local sports coverage. These are independent freelance positions compensated

on a per article basis. These are work from home positions.

Advertising Services Support – We are seeking a part-time Advertising Services Support person for our newspaper group. This position works in the Carmichael office and works directly with the owner of the company and the advertising/graphics staff. Work hours are flexible between 8:30 to 5:00 Monday through Friday. Previous office experience is required.

Delivery Driver – We are seeking a part-time Delivery Driver for our newspaper group. This position would transport newspapers from our Carmichael office to our offices in Marysville and Gridley. Work hours are from 8:30 to 4:00 every Thursday. Must be able to lift and move bundles of newspapers without assistance. Must have your own reliable cargo van. This is an independent contractor position and pays a flat rate for your service.

Newsstand Delivery Driver – We are seeking a part-time Newsstand Deliver Driver for our newspaper group. This position works from the Carmichael office and delivers to our locations in the West Sacramento/Sacramento Region. Work hours are from 8:30 to 5:00 Thursday and/or Friday. Must be able to lift and move bundles of newspapers without assistance. You must have a reliable vehicle. This is an independent contractor position.

Home Delivery Driver – We are seeking home delivery independent contractors for delivery in the Sacramento Region. Compensation is determined on a per piece basis. Delivery begins every Thursday morning and newspapers are picked up at our Carmichael office.

To find out more or to apply: Email your questions or resume to Publisher@MPG8.com



Publisher, Paul V. Scholl

News-Ledger is a member of Messenger Publishing Group

To submit your articles, information, announcements or letters to the editor, please email a Microsoft Word file to: Publisher@MPG8.com.

Be sure to place in the subject field "Attention to Publisher." If you do not have email access, please call us at (916) 371-8030.

West Sacramento **News Ledger**

Serving West Sacramento and Yolo County since 1964

It is the intent of the News-Ledger to strive for an objective point of view in the reporting of news and events. It is understood that the opinions expressed on these pages are those of the authors and cartoonists and are not necessarily the opinions of the publisher or our contributors.

The News-Ledger is not responsible for unsolicited manuscripts or materials. The entire contents of the News-Ledger are copyrighted. Ownership of all advertising created and/or composed by the News-Ledger is with the publishing company and written permission to reproduce the same must be obtained from the publisher.

Subscriptions should be mailed to:
West Sacramento News-Ledger
1040 West Capitol Avenue, Suite B
West Sacramento, CA 95691

Subscription rate is \$32 per year within West Sacramento and \$42 outside of West Sacramento.

Main Office Address: 7144 Fair Oaks Blvd., Suite #5, Carmichael, CA, 95608. Call 916-773-1111 for more information. The News-Ledger is published weekly on Friday.

We are proud members of these newspaper associations.



S	P	E	C		C	A	D		B	A	L	D				
Y	E	A	R		M	E	N	U		C	U	R	S	E		
N	A	S	A		I	D	E	A		O	C	E	A	N		
C	L	E	V	E	L	A	N	D		P	H	A	T			
			A	B	O	R	T			B	R	A				
O	R	A	T	O	R			P	I	A	N	I	S	T		
B	E	L		O	D	D	S	O	N		A	N	T	E		
A	B	A	C	K		D	A	L		U	N	D	U	E		
M	E	M	O		B	A	L	K	A	N		I	N	N		
A	L	O	O	F	L	Y				S	T	O	C	K	Y	
			L	I	T		T	A	K	I	N					
		W	A	I	F		J	E	F	F	E	R	S	O	N	
		V	E	L	D	T		O	H	I	O		U	L	N	A
		E	L	E	G	Y		H	E	R		S	O	U	P	
		G	L	E	E			N	E	E		H	E	S	S	

STATEPOINT CROSSWORD • U.S. PRESIDENTS

CLUES

- ACROSS**
- Short for specification
 - Knave
 - *Like President Eisenhower's head
 - *One fourth of a Presidential term
 - Take-out handout
 - The Beast's problem in "Beauty and the Beast"
 - *Pres. Eisenhower established this space agency
 - Thought
 - Body of water
 - *#22 and #24
 - First-rate, slangily
 - Terminate, as in mission
 - Lingerie staple
 - Public speaker
 - Ivory tickler
 - *"Fresh Prince of ...Air"
 - Most likely to win
 - Pot contribution
 - By surprise
 - Indian restaurant staple
 - Lacking justification
 - Office communique
 - Greece and Bulgaria peninsula
 - Overnight stop
 - Indifferently
 - Sturdily built
 - English course abbreviation
 - *"... it easy"
 - Oliver Twist, e.g.
 - *University of Virginia founder
 - African prairie
 - *Second most-popular Presidential birth state, after Virginia
 - Arm bone
 - Poem at a funeral
 - German title
 - Arnold Lobel's "Mouse ..."
 - High school club
 - Clinton ___ Rodham
 - Hitler's Deputy

DOWN

- Update a FitBit
- Sound of bells
- "At ____, soldier."
- Modern tie forerunner
- Aromatic lumber
- Beside, archaic
- Two of the same
- *The only President who was a bachelor
- ___ 51, Nevada
- Law school entry requirement, acr.
- Bear's room
- Edith Piaf's hit
- Meat of coconut
- Digital tome
- Trash container, e.g.
- *One of three Presidents to win a Grammy
- James Dean's famous role
- Remember this battle
- *First to serve coast to coast
- Indo-Aryan, as in languages
- Did not smell good
- Like yellow polka dot bikini
- June 6, 1944
- Salt in cocina
- *a.k.a. Silent Cal
- Loosen ropes
- Deli acronym
- ___ help
- Hawaii's number
- Mob offensive
- High-pitched laugh sound, in print
- Like Bananas Foster
- *"All's well that ends ___"
- Away from wind
- *Second most common Presidential first name, after James
- Type of gin
- Cross to bear
- Midday slumbers
- Chill, with "out"

CROSSWORD													
1	2	3	4		5	6	7		8	9	10	11	
12					13				14				
15					16				17				
18					19				20				
21					22				23				
24	25				26				27	28	29		
30					31		32	33			34		
35					36			37			38		
39					40				41			42	
43					44				45			46	
47					48	49							
50	51				52						53	54	55
56					57						58		
59					60						61		
62					63						64		

dish BRING EVERYTHING YOU LOVE TOGETHER!

Blazing Fast Internet! **\$19.99** per month (taxes and fees extra)

2-YEAR TV PRICE GUARANTEE \$69.99 MO. America's Top 120 Package **190 CHANNELS** for 12 Mos. Including Local Channels!

CALL TODAY - For \$100 Gift Card **1-888-416-7103** Offer ends 4/3/22

Classified Advertising

Sell Your Stuff! Reach 1000's of Readers Every Week!



916-773-1111

2	8	7	3	9	1	5	4	6
3	5	6	4	7	2	1	8	9
4	9	1	6	8	5	7	2	3
6	4	9	2	5	3	8	1	7
7	2	5	9	1	8	6	3	4
1	3	8	7	6	4	9	5	2
9	1	3	5	2	6	4	7	8
8	7	4	1	3	9	2	6	5
5	6	2	8	4	7	3	9	1

LEGAL ADS FOR SACRAMENTO COUNTY? We Can Do That!

Call to place your legal advertising **916-773-1111**

All Legal Ads Published by Messenger Publishing **MPG**

SUDOKU

GRAND ALASKAN CRUISE & TOUR FROM \$1,699

12 days, departs May - Sep 2022

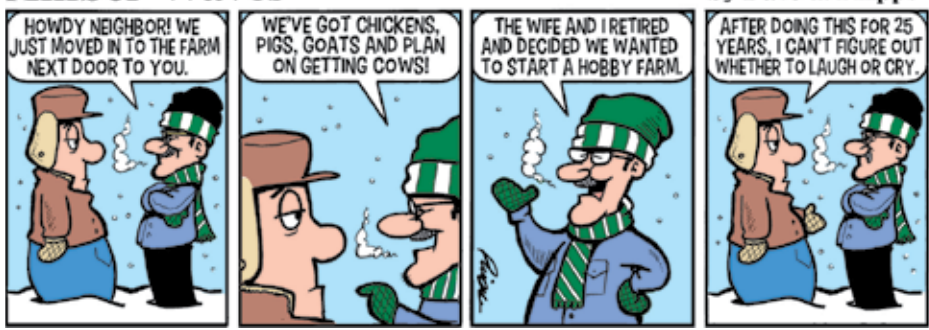
1-855-208-9533

			9				6	
3	5		7			8		
		1	6		5	7	2	
6	9			3		1		
	3	7			9		2	
	1	3	5		6	4		
	7			3			6	5
5				4				

WEEKLY COMICS

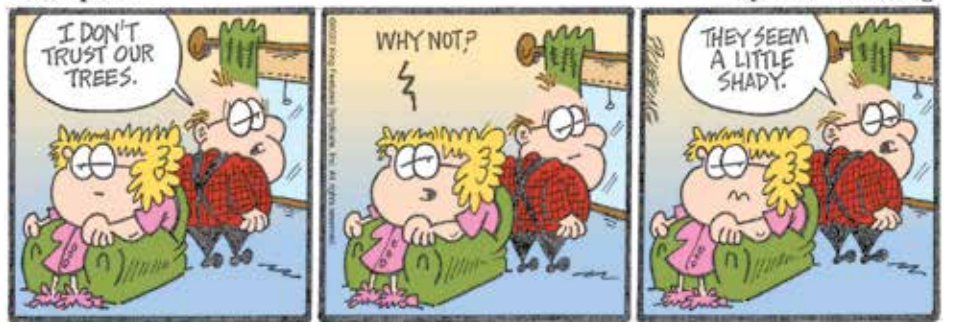
Amber Waves

by Dave T. Phipps



The Spats

by Jeff Pickering



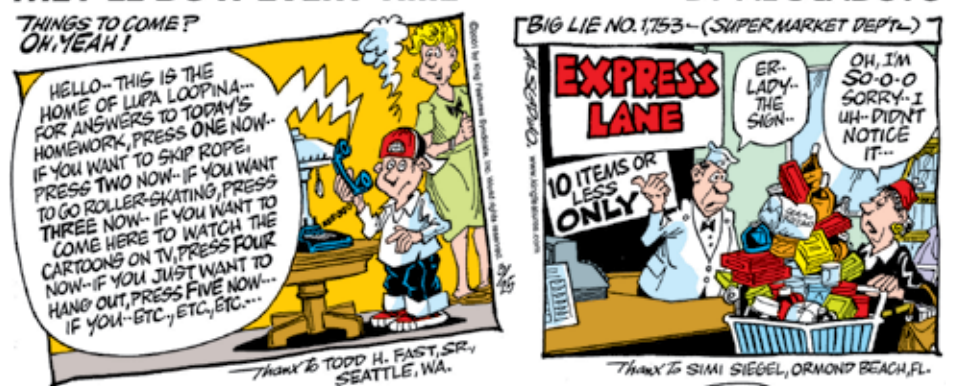
Out on a Limb

by Gary Kopervas



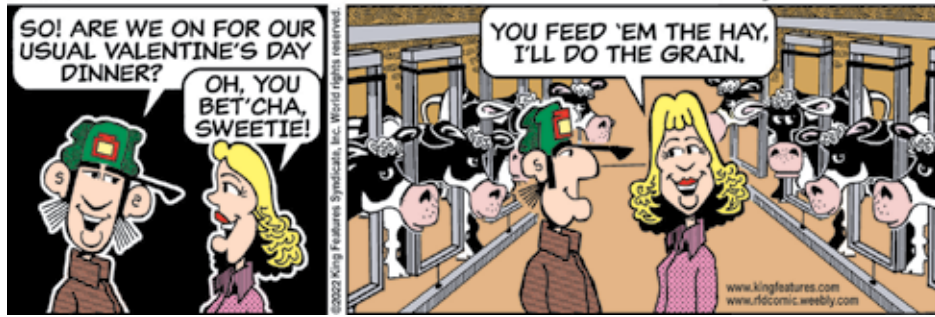
THEY'LL DO IT EVERY TIME

BY AL SCADUTO



R.F.D.

by Mike Marland



GRIN and BEAR IT

LAFF-A-DAY

Just Like Cats & Dogs

by Dave T. Phipps

HOCUS-FOCUS

BY HENRY BOLTHOFF



BUSINESS PROFESSIONALS

TOWN CRAFT PLUMBING
28 years in West Sac

916-695-4212
garyavila1946sac@gmail.com CA Licence #804662

CREST JEWELERS

WE BUY SCRAP GOLD!!

Family-owned with pride by the Macias family since 1967!

1296 West Capitol Ave (at Safeway Center) • 371-6440

LYTLE CONSTRUCTION INC. Award-Winning Design/Build Firm
Remodeling and Design Serving Sacramento for more than 25 years

Certified Kitchen & Bath Remodeler

- Additions
- Kitchens
- Bathrooms
- Custom Cabinetry

FREE Consultation
916-422-6639

LIC# 480492 www.lytleconstruction.com

Bobby's Seven Day Barber Shop

Open Everyday!

1040 West Capitol Ave Suite E (Behind Subway)
West Sacramento, CA 95691

Bobby Luna
(916) 371-4676

Next to City Hall
Corner of West Capitol and Merkle

CASH PAID FOR DIABETIC TEST STRIPS

Do you have extra diabetic test strips left over that you do not need? Sell them to us for CASH! We will get them to someone who can use them!

One Touch Ultra Blue, Freestyle Lite, Bayer Contour, Accu Chek and most other brands bought.

WE PAY UP TO \$30 PER BOX CASH ON THE SPOT
(prices vary depending on brand, quantity and expiration date)

We offer FAST PICKUP at a location that is conveniently located near you. Boxes must be unopened and unexpired.

For Prompt Attention Please Call Rachel at: (916) 505-4673

Conit. Lic. #552529

Emergency?

J & J PLUMBING

(916) 761-4990

PLUMBING & REMODELING
SEWER & DRAINWORK
John & Ed Yeargin 371-4151

GET TO KNOW GREINER!

New customers take \$50 OFF your first service

- Heating & A/C maintenance, repair & replacement
- Water heater repair & replacement
- Solar installation
- Home performance, efficiency & comfort

GREINER HEATING • AIR • SOLAR ENERGY, INC.

Call Us Today!
(916) 545-1784
www.iTrustGreiner.com

DUDEPRESSURE
DUDE. THAT IS CLEAN!

Pressure Washing Services

License Number SPB12021-00112

Robert Beard
916-825-0999
DUDEPRESSURE@GMAIL.COM
DUDEPRESSURE.SIMDIF.COM

HOME SERVICES
DRIVEWAYS
PATIOS
SIDING
ROOF
AUTO SERVICES
CAR WASH
CARPET
SEATS
WAX
UV PROTECTANT

Hardwood Flooring

Specializing in installing, sanding and finishing hardwood flooring or repair and refurbish your current floors.

Call Michael - (916) 383-8742

Lic# 544159/References Available

Whitey's Jolly Kone

- Tacos • Burgers • Shakes

GREAT FOOD.
FRIENDLY FOLKS.
A West Sacramento Tradition!

1300 Jefferson Blvd.
371-3605

pet angel PAINTING

Jeannine Bringman
Look:
j9paintings.com/paintings/
j9paintings@yahoo.com
cell/text 310.850.9413

Portraits / Memorials

Natalie Miller
Independent Beauty Consultant

millernatalie29@yahoo.com
www.marykay.com/nmiller9625
916.621.0833

Contact me for a Complimentary Facial

MARY KAY

Californians Are Having Problems Paying Medical Bills

California Health Care Foundation Special Release

NORTHERN CA (MPG) - The rising cost of health care continues to be one of California's most urgent issues, with one in four Californians saying they have struggled to pay at least one medical bill in the past 12 months, up from 20% last year and 49% saying they have postponed care due to cost, according to a newly released statewide survey conducted by the California Health Care Foundation and NORC at the University of Chicago. Of those who postponed care, the survey finds, 47% report their health condition worsened as a result, up from 41% last year.

More than eight in 10 Californians say it is "extremely" or "very" important for the California governor and legislature to work on "making health care more affordable" in the coming year, a level of support higher than several other noteworthy issues, from improving public education and combating climate change to addressing racial inequality.

The 2022 CHCF California Health Policy Survey was conducted September 27 through November 17, 2021, among a random representative sample of 1,681 adults age 18 or older living in California. The annual poll captures Californians' views on health care affordability, housing and homelessness, experiences with health care, and COVID-19.

Although it was conducted before the Omicron surge, this year's survey finds COVID-19 continues to be a major concern for Californians, with 56% saying their health has been negatively impacted by the stress and anxiety caused by the pandemic. One in ten Californians says the pandemic has worsened their chronic health conditions.

Topping the list of Californians' health care



One in four Californians saying they have struggled to pay at least one medical bill in the past 12 months, up from 20% last year and 49% saying they have postponed care due to cost, according to a newly released statewide survey conducted by the California Health Care Foundation. MPG file photo

priorities is making sure state and county public health departments have the resources they need to respond to emergencies (51% said this was "extremely" important; 34% said "very" important). This was followed by ensuring there are enough doctors, nurses, and other health providers across California (48% "extremely;" 39% "very"), providing all Californians with access to health insurance coverage (48% "extremely;" 32% "very"), and making sure people

with mental health problems get the treatment they need (47% "extremely;" 36% "very").

"The latest numbers show that the high cost of health care and the high cost of housing are both taking a toll on the health of Californians," says Kristof Stremikis, director of Market Analysis and Insight at the California Health Care Foundation. "The rising cost of medical care is causing millions of Californians, especially people with lower incomes and communities of

color to postpone care and experience worse health outcomes as a result. Californians are clear they want this problem to be addressed."

While cost issues are a rising concern for all Californians, they have become particularly serious for lower-income households: 43% of Californians with lower incomes report having problems paying for at least one medical bill, an increase from 32% compared to last year. More than six in 10 Californians overall worry about unexpected

medical bills (63%) and out-of-pocket health care costs (60%), and half of Californians are worried about affording monthly health insurance premiums (51%) and prescription drugs (49%). By comparison, 52% of Californians said they were worried about gas costs and 50% worry about the cost of their rent or mortgage.

Nearly one in five Californians (17%) who report trying to make an appointment for physical health care say it was "very" or "somewhat" difficult to find a provider who took their insurance. Latinx Californians (21%) are twice as likely as White Californians (11%) to report difficulty, and those with lower incomes (30%) are more likely than those with higher incomes (12%) to report that it was difficult to find a physical health care provider who took their insurance.

One in five Californians (19%) say they or someone close to them has experienced a period of homelessness in the past five years. The same proportion (19%) are "very" or "somewhat" worried about experiencing homelessness. Californians also see a connection between affordable housing and health status with 80% of Californians saying lack of affordable housing impacts the physical or mental health of people with low incomes "a lot" or "some."

Nearly six in 10 Californians (59%) believe that the health care system treats people unfairly based on their race or ethnic background: one quarter (26%) "regularly" and a third (33%) "occasionally." Eighty-three percent of Black Californians expressed this belief, a significantly higher percentage than any other race or ethnic group. In addition, Black and Latinx Californians were more likely than White or Asian Californians to report negative experiences by a doctor or other health care provider. ★



PAYROLL and HR Support

\$125 a month

Offer valid through 3/31/2022

We specialize in small and mid-sized businesses. Offering comprehensive and intuitive payroll and HR solutions.



Pinnacle Employee Services
HR | Payroll | Benefits

DIRECT DEPOSIT
QUARTERLY TAXES FILING
PAYROLL TAXES PAY
ACCURAL TRACKING
FILING AND REPORTING
PAYROLL APP
HR COMPLIANCE

916-760-7227

TUNNEL TO TOWERS HONORS OUR MILITARY AND FIRST RESPONDERS

WHO CONTINUE TO MAKE THE SUPREME SACRIFICE OF LIFE AND LIMB FOR OUR COUNTRY

IN THE LINE OF DUTY

Providing mortgage-free homes to Gold Star and Fallen First Responder families with young children and building specially-adapted Smart Homes for our most severely injured.

FDNY Firefighter Stephen Siller gave his life while saving others on September 11, 2001

THE FOUNDATION HAS BEEN SUPPORTING OUR NATION'S GREATEST HEROES EVER SINCE AND EDUCATING PEOPLE ABOUT 9/11

DONATE \$11/MO TODAY


T2T.ORG

Tunnel to Towers Foundation

Crime Reports

WEST SACRAMENTO

February 1, 2022 - February 9, 2022



2-1-22 - RAFAEL DACANEY Arrested for warrant.

2-1-22 - JUAN RODRIGUEZ Arrested for warrant.

2-2-22 - DERICK JENKINS arrested on warrant when spotted by police.

2-2-22 - JAMES WINEBRINNER Police responded to a call of a man with a rifle. Arrested for 4 warrants.

2-2-22 - AMBER ELLIS Arrested for shoplifting.

2-2-22 - DEVONIA INMAN was in a vehicle used as a getaway vehicle. Found to have warrants.

2-2-22 - AUSTIN WEBSTER Arrested for trespassing & resisting after refusing to leave a woman's house.

2-3-22 - WALTER MATHENY Arrested for crossing on a don't walk, resisting arrest, possession of meth w/o a valid RX

2-4-22 - JORGE HERNANDEZ Arrested for warrant after being stopped for a bicycle infraction.

2-6-22 - ANA CAMPOS Police responded to suspected overdose. Ran records check of girlfriend, Had a warrant.

2-6-22 - BRENDAN LOPEZ Arrested for warrant after police responded to call for a verbal argument.

2-6-22 - CHERISH TORRES Police responded to a call about person in the middle of W Capital Ave. Active warrants.

2-6-22 - JERIS GATLIN Arrested for trespassing.

2-7-22 - CHRISTOPHER MARINELLI Arrested for possession of meth, concealed dirk or dagger, possession of a shuriken (throwing star), violation of probation

2-8-22 - NICOLE CHINN Arrested for multiple warrants.

2-8-22 - LARRY BURTON JR Arrested for loitering, vandalism over \$400, Theft, burglary tools, tampering with vehicle.

2-9-22 - JOSE CHAVEZ was arrested for warrant out of Yolo County when observed illegally camping by railroad.

2-9-22 - CORREY WILLIAMS was arrested for drunk in public, resisting arrest and open container in a vehicle.

2-9-22 - KURT BEAUDIKOFER Arrested for brandishing a weapon after swinging a table leg while in a verbal fight.

2-9-22 - RUDY BATKS Arrested for possession of a controlled substance and transport for sale. Suspected Fentanyl.

2-9-22 - THOMAS GROGAN Arrested for warrant.

INCIDENT/CRIME REPORTS

2-2-22 - Vehicle burglary of freightliner. Burglary

2-2-22 - Video caught suspect breaking into office of "The Strand"

2-3-22 - Vehicle burglary. Stolen laptop.

2-3-22 - Unk subject forced entry into 2 locked storage areas and removed property

2-3-22 - Image caught of burglary of laundry and storage rooms of Yolo Manor complex. Burglary

2-4-22 - Woman's neighbor pointed gun at her from his front porch while she did yard work.

2-4-22 - Delores Edwards is suspected to have embezzled approx. \$27,000 in iphones from UPS since 12-01-21. Wrote confession. Embezzlement, Burglary

2-5-22 - Unk subject forced entry into business and took property. Burglary, first degree

2-5-22 - Unknown female took items from store without paying. Grand theft

2-5-22 - Catalytic converters stolen. Grand theft

2-5-22 - Unknwn subjects pulled up to vehicle and shot BB gun into vehicle striking one person in face and shattering window. Discharge of BB device, gross negligence

2-5-22 - Man brandished weapon at victims, then showed up next morning demanding his property back.

2-6-22 - Vehicle burglary in front of hotel. Burglary.

2-7-22 - Vehicle burglary of semi-truck trailer. Burglary.

2-8-22 - Three unknown suspects physically assaulted 7/11 store clerk. Robbery, Assault with a firearm, threaten crime/terrorize.

2-8-22 - Subject sustained a gunshot wound to left leg. Anonymous citizen reported it to be self inflicted.

2-8-22 - Residents left side door unlocked. When returned house was ransacked. 3 Chinese passports stolen and \$1400 in cash. Burglary.

2-9-22 - Two males fighting off 50 ramp and Jefferson Blvd. One with a metal pipe.

2-9-22 - Man accused another man of snatching his wallet off his person. Insufficient evidence.

2-9-22 - Unk suspects stole approximately \$913 in merchandise. Shoplifting