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West Sacramento News Ledger

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Serving the West Sacramento Region Since 1964

NOVEMBER 12, 2021

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Sharing Yolo's Bounty



Volunteers will once again "Share Yolo's Bounty" Thanksgiving Holiday Food Distribution for Yolo County residents. Photo courtesy Yolo Food Bank

From Yolo Food Bank

WEST SACRAMENTO, CA (MPG) - Once again Yolo Food Bank is preparing to respond to human need at the holidays by "Sharing Yolo's Bounty" with 3,000 families in every community in the county this Thanksgiving.

As pandemic disruption continues, the year-round demand for food assistance in Yolo County suggests that a 50% increase in Holiday Meal Kit requests will persist this holiday season.

Thanks to the support of compassionate individuals and businesses countywide for the "Sharing Yolo's Bounty" initiative (ongoing at yolo-foodbank.org/sharing-the-bounty), these 3,000 meal kits will be distributed from 10 locations countywide - serving both cities and rural

communities - in the days prior to Thanksgiving. Each meal kit will include a turkey, an assortment of fresh, seasonal produce, and other classic Thanksgiving "fixings" to offer sustenance and comfort at this season of generosity and gratitude.

To be eligible for a meal kit, individuals must: Be a resident of Yolo County; Where required, pre-register for a meal kit in area of residence. Otherwise, meal kits are available while supplies last; When required, provide proof of address - this may include a driver license, state I.D. card, or a bill or other mail sent to a Yolo County address.

Together with a network of more than 200 nonprofit organizations and other partners, Yolo Food Bank serves the needs of tens of thousands

of Yolo County residents with more than 1 million pounds of food each month at nearly 130 food distributions countywide. Funds, food, and time are needed to sustain these efforts. To donate, volunteer or learn more, please visit yolofoodbank.org.

West Sacramento Food Bank
When: Saturday, November 20, 2021
8:00 a.m.

Where: Sutter Health Park
400 Ballpark Drive,
West Sacramento

Distribution details:

- For West Sacramento residents only
- Contactless, drive-through distribution, first-come, first-served
- Face coverings required
- Please call Yolo County Children's Alliance for more information: (916) 572-0560 ★

Distracted Driving: Is It Worth It?

CHP Release

SACRAMENTO REGION, CA (MPG) - Every year, thousands of people are seriously injured or killed statewide in vehicle crashes caused by distracted drivers. To combat this issue, the California Highway Patrol (CHP) received the Adult Distracted Drivers (ADD) XII grant to keep California roads safe through education and enforcement.

"Distracted driving is a serious issue that is 100 percent preventable," said CHP Commissioner Amanda Ray. "We are encouraging drivers to make a conscious choice to not drive distracted. This simple decision can have a tremendous positive impact on the safety of California's roadways."

Drivers who choose to drive distracted exponentially increase the odds of being involved in a vehicle crash. According to data from the CHP's Statewide Integrated Traffic Records System, in 2019 there were nearly 19,000 crashes where driver inattention played a role. Of the 9,371 drivers involved in a fatal or injury distracted driving crash that year, nearly 10 percent cited cell phone use as the source of inattention.

Though there are numerous distractions for a driver, cell phones are the most prevalent. Handheld cell phone use while driving is not only illegal in California, it is an unsafe activity behind the wheel. In California, drivers under the age of 18 are prohibited from using a cell phone while driving for any reason, including hands-free devices.

"Driving safely requires complete attention, so it is best to stay focused on the road. Distraction behind the wheel jeopardizes your safety, your passengers' safety, and the well-being of those around you," Commissioner Ray added.

Funds from the ADD grant will help support the CHP's completion of at least 400 traffic safety presentations statewide and a minimum of 80 distracted driving enforcement operations between October 1, 2021, and September 30, 2022.

Funding for this program is provided by a grant from the California Office of Traffic Safety, through the National Highway Traffic Safety Administration.

The mission of the CHP is to provide the highest level of Safety, Service, and Security. ★

The Teacher Shortage

By Donna Glassman-Sommer and Marvin Lopez, CALMatters

California's teacher shortage means most quality substitute teachers are being hired on full-time. At the same time, there has been a steep decline in applications for substitute teaching credentials since last January.

In short, we're creating a substitute teacher shortage as we try to ensure great teachers are leading our classrooms.

Substitute teachers play a vital role in the success of students and teachers.



Substitute teachers play a vital role in the success of students and teachers. Students spend, on average, approximately more than 10 days with substitute teachers during a given school year. Photo Pixabay

Students spend, on average, approximately more than 10 days with substitute teachers during a given school year. Not
Continued on page 3



709 Todhunter Avenue 95605 \$359,900

1119 Meadow Road \$424,900

Virtual Tours: www.facebook.com/TheJerrettTeam/videos

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Sacramento Harvest Festival® Returns with Life for Small Business

By Liz Rosinski, Rosinski Communications

SACRAMENTO, CA (MPG) - For many independent artists and makers, 2020 was a devastating blow because of all the COVID-19 related event closures.

Now there is a feeling of hope amongst many of these small businesses because they are able to once again participate in events like the Sacramento Harvest Festival, happening November 19-21 at Cal Expo.

"In 2020, we had a temporary rebrand to 'Harvest Market' which allowed us to operate under the same regulations that Farmer's Markets did," said Nancy Glenn, owner of the Harvest Festival Original Art and Craft Show. "We did unfortunately lose some exhibitors who couldn't weather the storm, but we are starting to see that many of our exhibitors are finally beginning to feel optimistic about the future."

The Harvest Festival is known as one of the West Coast's premier art and craft shows, and hundreds of artists depend on the annual show as a platform to sell their products. Many of the exhibitors don't have brick and mortar storefronts, and some don't even have websites.

"Our show was built on supporting the independent artist and small businessperson, so we are extremely glad to be able to continue that mission," said Glenn.

The festival says it is following all health guidelines set forth by the county and the state.

The Sacramento Harvest Festival boasts thousands of American handmade crafts, including original art, jewelry, pottery, clothing, specialty foods, home décor and much more. Throughout the weekend there will also be strolling entertainment, delicious festival foods, artist demonstrations and more.

The Harvest Festival will be held at Cal Expo 1600 Exposition Blvd, Sacramento, CA 95815 on Friday: 10am - 5pm, Saturday: 10am-6pm, Sunday: 10am - 4pm

Tickets are Adults: \$9, Seniors (62+) & Military: \$7, Youth (13-17): \$4, 12 & Under: Free (Tickets valid for re-entry)

Visit www.harvestfestival.com or call 925-392-7300.

The Harvest Festivals began 49 years ago in San Francisco as a destination for artists and craftspeople to gather and have a forum to sell their handmade products. Today, the show has grown to encompass eight shows in the state of California and Nevada and still continues its tradition by only featuring handmade arts and crafts made in the United States. Each exhibitor is subject to a rigid jury process to be selected as a featured artisan, ensuring a rich diversity and high quality of all products sold. Attendees are able to directly interact with the artists, watch crafting demonstrations, and can get many gifts personalized. The Harvest Festivals, promoted by Nancy Glenn, are the largest indoor arts and crafts show of its kind on the West Coast. ★



Come to the Sacramento Harvest Festival and get into the spirit of the season with holiday colors! Photo provided by Rosinski Communications



Some vendors and artists who don't rent a commercial location use festivals such as the Sacramento Harvest Festival to showcase their products. Photo provided by Rosinski Communications



The Sacramento Harvest Festival not only showcases products but allows vendors to interactively display the "how-to" of many of your favorite hobbies and pastimes. Photo provided by Rosinski Communications

Los Rios Spring Class Schedules Now Online



LOS RIOS COMMUNITY COLLEGE DISTRICT

Los Rios Community College District News Release

SACRAMENTO, CA (MPG)

The Spring 2022 class schedules are now available online for the Los Rios colleges - American River College, Cosumnes River College, Folsom Lake College and Sacramento City College - with each college offering more in-person classes than in the past few semesters. The Spring 2022 semester officially begins January 15, 2022.

The class schedules for all four Los Rios colleges are available at losrios.edu/academics/search-class-schedules. While the spring will see an increased number of in-person offerings, the colleges will continue to offer a robust line-up of online classes. Priority spring enrollment for some students begins in late November, with open enrollment beginning December 20.

New students are welcome! If anyone has never taken classes with Los Rios it's easy to get started with the free online application at losrios.edu/apply. If students need assistance in choosing classes, they can make an online appointment with an

academic counselor.

Students will need to be fully vaccinated against COVID-19 - or have an approved exemption - to be eligible to enroll in in-person classes or access on-campus services. Students who are not fully vaccinated or do not have an approved exemption are welcome to enroll in online classes.

Each of the Los Rios colleges will continue to offer a variety of resources and services during the spring to support student success.

Los Rios Community College District

The Los Rios Community College District is one of the nation's most respected learning institutions and the second-largest community college district in California, serving the greater Sacramento region. Los Rios includes: American River, Cosumnes River, Folsom Lake and Sacramento City colleges; six major education and outreach centers; and specialized workforce and economic development programs, for regional businesses, governments and organizations. Los Rios colleges offer AA/AS degrees, certificates, and transfer-education opportunities in more than 70 career fields. The District's 2,400 square-mile service area includes all of Sacramento County, most of El Dorado County and parts of Yolo, Placer and Solano counties. About 75,000 students are enrolled in the four Los Rios Colleges. For more information, go to losrios.edu. ★

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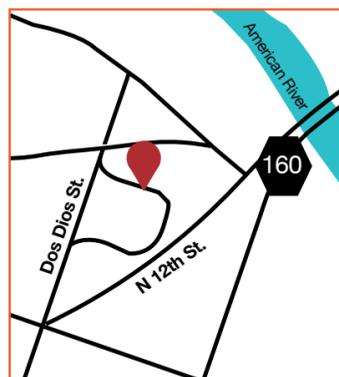
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- 2 person: \$43,500 - \$58,000
- 3 person: \$48,960 - \$65,280
- 4 person: \$54,360 - \$72,480
- 5 person: \$58,740 - \$78,320
- 6 person: \$63,060
- 7 person: \$67,440

* Amounts are estimates and may change by the time of lease-up.

The Teacher Shortage A Message from Your Police Chief

Continued from page 1
 having adequate support during these days has shown a negative impact on students' achievement. Substitute teachers maintain healthy and successful learning environments for students and provide teachers the time and energy they need to build their professional skills to best support students.

Full-time teachers could take advantage of professional learning, networking and collaboration opportunities. Most importantly, teachers felt secure and confident knowing students continued receiving a high-quality education without skipping a beat.

California is investing in teachers this year but there needs to be more focus on substitutes as part of the solution.

To expand the pool of potential substitute teachers, state policymakers need to collaborate and reexamine CalSTRS existing policies that prevent retired teachers, under state and federal law, from

doing substitute teaching within their first six months of retirement. Retired teachers have experience leading students through their educational journeys and are familiar with the communities they served.

Having opportunities for retired teachers to temporarily work to continue helping local schools while solving a statewide shortage of teachers is a short-term solution, but one that is needed this school year.

Having the support of policymakers is only part of the solution. The support and involvement of all our communities is also important to make a difference; this is how you can help; Research requirements to be a substitute teacher and see if this is a good fit for you or someone you might know. This can be your way of giving back to your community and helping our next generation of young scholars; Call your local district and neighborhood schools and find out how you can provide

additional support on campuses. If not as a substitute, it's likely volunteers are needed; Attend career job fairs to learn more about what it takes to be an educator in today's world and how you can support districts who might need higher levels of support.

Recruiting and retaining enough substitute teachers to help solve the shortage won't be an easy task. This is a statewide problem that will be solved locally with the help of many people, people like you. Even if you've never worked in education, take a moment to learn more. What could be an occasional day of work for you could be what provides the consistency students in your town need to learn, grow and succeed.

Donna Glassman-Sommer is the executive director of the California Center on Teaching Careers, based out of the Tulare County Office of Education. Marvin Lopez is the program coordinator of the California Center on Teaching Careers. ★



Police Chief Rob Strange

West Sacramento Police Department

WEST SACRAMENTO, CA (MPG) - The holiday season is upon us, and with the excitement that comes with the holidays, many unexpectedly find themselves easy targets for criminal activity. Police Chief Robert Strange would like to remind the West Sacramento Community of some holiday safety tips to help you and your loved ones stay safe and have a joyful holiday season.

Shopping

Don't display large amounts of cash; Always walk and park in well-lit areas. Park close to the entrance of the store shopping center, if possible; Don't talk on a cell phone when walking through parking lots and streets. Your phone conversation is a distraction that makes you vulnerable. Keep your full attention on your surroundings. Also, your cell phone itself can be a tempting target to thieves; If you are ready to leave a shopping center and feel uneasy about entering the parking lot by yourself, stay inside and ask for a security escort; Don't fumble for car keys. Have them in your hand, ready to use when you reach the car; If you believe someone is following you, cross the street, switch directions, walk into a store or restaurant. If you are really scared, yell or make noise to attract attention. Don't be embarrassed. Your safety is more important.

Home and Delivered Packages

Always lock your doors and windows, even if you plan to be out for a short while; Leave lights turned on both inside and outside your residence after dark. Criminals don't like bright places; If you will be away from home for several days, make arrangements for someone to pick up your mail, newspapers and packages. An overstuffed mailbox, or items left for days at a time is a sure sign that no one is home, and burglars are tempted to check those spaces for holiday gifts; When returning home after a shopping trip, have the house keys

in your hand, ready to use when you reach the door.

Safe exchange zones for online transactions

Much of holiday shopping is now happening online. If you need to meet in person to complete a transaction initiated online, use a safe exchange zone such as the one in front of the West Sacramento Police Department at 550 Jefferson Blvd. during daylight hours.

Some additional safety tips for completing online transactions:

Make sure the exchange takes place in a well-lit area that is heavily traveled; Ask for the identification of the other party. Take a picture of their identification and vehicle they are driving; Do not bring cash. Require payment using a cash transfer app; If something doesn't feel right or the other party is making you uncomfortable, do not continue with the transaction. Instead, go inside the police department and use the red phone to report any suspicious activity.

Your holiday trash says a lot about you

The boxes that your gifts come in say a lot about what is in your home. Descriptive packaging advertises to the world that we have a new computer, television, video players, games and other expensive electronic equipment.

Burglars are known to canvass neighborhoods looking for items of value and they need look no farther than the curbside on trash day to see what they can steal. Don't advertise to a thief what gift you received during the holiday. Instead break down those gift boxes, then place the pieces inside out, when possible, or place in a trash receptacle.

Vehicle Safety

Always lock your car, even if you are away for only a few moments; Do not leave valuables – gifts, cell phones, purse or clothing – in open view in your car. Take valuables with you, lock them in your trunk, or cover them in an unobtrusive way. Thieves are doing their own form of window shopping; When you return to your vehicle after your shopping trip, lock your car door as soon as you get in.

Traffic Safety

The highest yearly volume of DUI related arrests, citations and accidents is between the day before Thanksgiving and New Year's Eve. During this time of celebrating and heavy alcohol consumption, 40 percent of traffic fatalities are caused by a drunk driver. (absoluteadvocacy.org); If you are at a gathering and plan on partaking in alcoholic beverages, always plan a safe ride home. Within West Sacramento, Via is an excellent option, along with rideshare services, taxis and public transportation; If you see a drunk driver, move to a safe location and report it by dialing 9-1-1. ★

Check Those Smoke Alarm Batteries

By Michele Townsend

SACRAMENTO REGION, CA (MPG) - It's always surprising how many people aren't aware of the recommended practice to change the batteries in your smoke alarm/smoke detector each time that Daylight Savings Time begins and ends. Well, it's that time of year again. That's right, change the batteries twice a year and test them once a month! Does that seem excessive to you? Well, think about this, nobody ever plans on their house catching on fire.

According to the National Fire Protection Association, in the year 2020, an estimated 379,500 residential structure fires caused 2,630 deaths and 11,900 civilian injuries. On top of that, 3 out of 5 home fire deaths took place in homes with no smoke alarm or a failed smoke alarm. Out of those that died when there was a working smoke alarm, 22% of them had been alerted by the alarm, but did not respond and 11% did not hear the alarm.

By far, the most common reason for a failed smoke alarm is failed power to the device. Smoke alarms can be hard wired only, hard wired with a battery backup or battery only. In addition, there are alarms that respond to heat, respond to smoke, or

respond to both. Regardless of the type that you have, it won't respond at all if it has no power supply.

Your life, and the lives of your loved ones is why it is so important to change the batteries twice a year and check them monthly. The easiest way to remember, is to change them when you change your clocks. The only exception to this time frame is when your smoke alarm is powered by lithium batteries. Lithium batteries are known as 10-year batteries, but fire personnel suggest checking them every 6-7 years.

Since having a working smoke detector more than doubles one's chance of surviving a fire, there are a couple of other important facts you should be aware of. Smoke detectors may not work properly if they are not clean. Clean your smoke detectors? That just means to make sure that they don't have paint in them, or sheet-rock and that they are not caked with dust. In a kitchen, make sure that grease has not built up. The best way to keep them free of dust and debris is to periodically spray them with compressed air, like you would use on your computer.

Another thing to be aware of is that smoke detectors and carbon monoxide detectors have an expiration date! Yes, an expiration date! Typically,

they are designed to have a 5-7-year life. To find out when the expiration date is on your alarm, when you take it down to change the batteries, there should be a sticker with the date on it. Be sure to note if that date is the expiration or installation date. If there is not date, look up that model and figure out the expiration date, then mark the device.

Home fires usually start by cooking, faulty wiring/appliances, smoking, chimney fires or something being too close to a heat source. With the holidays coming, and many people will be decorating with lights, if you plug something in and your lights flicker or dim, unplug what you plugged in and get your electrical checked by a professional.

In only 3 1/2 minutes, the heat from a house fire can reach over 1100 degrees Fahrenheit. In rooms that are not even on fire, the temperature can reach over 300 degrees. That is hot enough to kill the people in those rooms. In addition to the extreme heat, fire produces gases and fumes that make you sleepy, weak, and confused. You can't smell these fumes, so if you are asleep the smell won't wake you up, but a smoke alarm will.

The smoke from a house fire can be so thick that your house can be completely

dark within 4 minutes even with all of the lights on. One smoke detector in a household is not enough. It is recommended that you have one in each room, but especially right outside of each sleeping area. In addition, there should be smoke detectors on each level, and near the garage and anywhere there is a fireplace, wood stove, etc.

It is highly recommended that you encourage your children to test the smoke detectors with you each month. It is very

important that your child is familiar with the sound the alarm makes. In addition, make sure that your children are aware what a firefighter will look like in a fire. Explain the breathing sounds they will be making, and the equipment they will be carrying.

Children often hide when hearing the smoke alarm. It is important that they know to respond to the firefighter calls. Never put your child to sleep in their day clothes. Children's pajamas are coated with fire retardant and

can make a big difference in the outcome.

Sacramento Metro Fire Captain and Public Information Officer, Parker Wilbourn wants to remind the community check/change the batteries twice a year because **SMOKE ALARMS SAVE LIVES!** If you would like further information or would like to set up a time to bring your children down to the fire station to see the equipment and learn fire safety, visit www.metro-fire.ca click on community relations. ★

JOIN US FOR AMERICA RECYCLES DAY FREE VIRTUAL CELEBRATION
 Saturday, November 13, 10:00 a.m.



The City of West Sacramento and Waste Management are hosting a FREE Virtual America Recycles Day Celebration where you and your kids can learn how to Recycle Right in a fun and entertaining forum!



- Learn the most common recycling mistakes and how to easily correct them.
- Find out how West Sacramento residents can get a kitchen pail and organics cart for their home at no extra cost to them.
- Learn tips for collecting food scraps and discover how they're composted.
- Get a behind the scenes tour of the Sacramento Recycling and Transfer Station.



Enter the WM America Recycles Day Video Contest!

Residents of West Sacramento may create and submit a 60 second Recycle Right video to educate the community on how to properly sort and recycle organic waste like food scraps and yard trimmings.

Cash Prizes for Winners!
 1st Place: \$200, 2nd Place: \$100, 3rd Place: \$50



For complete details on registering for the event and entering the WM America Recycles Day video contest please visit RecyclingFun.org.

Shop Safe and Smart This Holiday Season

Better Business Bureau Press Release

SACRAMENTO, CA (MPG) - The 2021 holiday shopping season promises to be an unpredictable one. The labor shortage and supply chain issues are already throwing a wrench into holiday shopping. Electronics, toys, and other products will be (or already are) in short supply, and retailers are struggling to staff up as the shopping season nears.

Product shortages and increased online shopping are likely to result in even more online purchase scams this year. These scams accounted for nearly 40% of all scams reported to BBB Scam Tracker in 2020, according to the 2020 BBB Scam Tracker Risk Report. Shortages are likely to make purchase scams even more common as desperate shoppers turn to shady websites in hopes of finding this year's must-have gift. BBB recommends the following tips

to "Shop Safe, Shop Smart" this holiday season:

Research before you buy.; If the deal looks too good to be true, it probably is.; Beware of fake websites.; Professional photos do not mean it's a real offer.; Make sure the website is secure.; Be careful purchasing sought-after products.; Beware of making quick purchases while scrolling through social media.; Look for the BBB seal.; Use secure and traceable transactions and payment methods.; Verify shipment tracking information.

Count on BBB to help you "Shop Safe, Shop Smart." More tips are available at [BBB.org/holiday-tips](https://www.bbb.org/holiday-tips).

Report unsatisfactory purchase experiences to BBB. If you are unhappy with a purchase, file a complaint at [BBB.org/complaints](https://www.bbb.org/complaints). If you never got what you paid for, consider reporting it to BBB Scam Tracker to help other consumers avoid being scammed. ★

DAR Funds Sacramento City College Nursing Scholarships

Daughters of the American Revolution

SACRAMENTO, CA (MPG) - On November 1, 2021, the Sacramento Chapter Daughters of the American Revolution (DAR), presented Sacramento City College with a check to fund nursing scholarships, in honor of Past Regent Jacqueline Coffroth. This gift is the first of three to the Sacramento region, inaugurating the Chapter's centennial anniversary celebration.

Sacramento City College nursing students who are residents of either Sacramento or Yolo County and meet further eligibility criteria may apply for these scholarships. One will be awarded to a Registered Nursing student and the second to a Vocational Nursing student. Mrs. Coffroth, who bequeathed funds for these scholarships, was a nurse.

"The Sacramento Chapter is delighted to help two Sacramento City College students achieve success in nursing. Education is one of DAR's three, overarching pillars," said Janet Fulton, Sacramento Chapter DAR Regent. "Mrs. Coffroth would be especially pleased to know that this gift will help two students become nurses at a time when nursing is so critically needed," she added.

If you are interested in learning more about DAR membership, visit <https://sacto.californiadar.org/> or contact corresponding@sacto.californiadar.org.



Pictured, left to right: Chapter Chaplain, Sharon Flath; Sacramento City College President, Michael Gutierrez; Chapter Regent, Janet Fulton; Chapter Registrar, Vicki Klein. Photo: SCDAR

sacto.californiadar.org. If you would like more information about Sacramento City College Scholarships, visit [sacto.californiadar.org](https://www.sacto.californiadar.org/).

The National Society Daughters of the American Revolution (DAR) is a women's service organization whose members can trace their lineage to an individual who contributed to securing American independence during the

Revolutionary War. Today's DAR is dynamic and diverse, with over 185,000 members in 3,000 chapters in the United States and abroad. DAR members annually provide millions of hours of volunteer service to their local communities across the country and world. DAR chapters participate in projects to promote historic preservation, education, and patriotism. Over one million members have joined the organization since its founding in 1890. ★

New Stop Signs on County Road 102 at County Road 27

Yolo County Public Works Press Release

WOODLAND, CA (MPG) - Division will begin installing new northbound and southbound stop signs on County Road 102 at the County Road 27 intersection during the week of November 8, 2021. There will be traffic control for a lane closure as the new signage and pavement striping are being installed. The progress of work will depend on the weather, with a rain forecast early in the week.

An engineering and traffic study on the section of County Road 102 between Pole Line Road in Davis and County Road 25 in Woodland highlighted a series of collisions

at the intersection of County Road 102 and County Road 27, prompting the review and recommendation of the installation of a multi-way stop at the intersection. At its October 12, 2021 meeting, the Yolo County Board of Supervisors authorized Public Works to install and maintain all necessary signs associated with making this an all-way stop intersection.

Advance notification signs have been erected to alert motorists of this stop sign installation work. Motorists should expect delays as the work is being completed during the week and may consider using alternate routes. Access to properties and businesses along this road section will be provided at all times. ★

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Carmichael, CA 95608

FICTITIOUS BUSINESS NAME STATEMENTS

FICTITIOUS BUSINESS NAME STATEMENT
File No. F20210861
The following person(s) is doing business as: Warren's Machine and Welding, 52270 Clarksburg Road, Clarksburg, CA 95612, County of Yolo.

FICTITIOUS BUSINESS NAME STATEMENT
File No. F20210841
The following person(s) is doing business as: Hairpride, 3138 Dove Court, West Sacramento, CA 95691, County of Yolo.

FICTITIOUS BUSINESS NAME STATEMENT
File No. F20210761
The following person(s) is doing business as: M3 Healthcare Consulting, 2055 Anderson Road, #4, Davis, CA 95616, County of Yolo.

FICTITIOUS BUSINESS NAME STATEMENT
File No. F20210822
The following person(s) is doing business as: LightmindedPhotoTours, 1163 Park Boulevard, West Sacramento, CA 95691, County of Yolo.

FICTITIOUS BUSINESS NAME STATEMENT
File No. F20210897
The following person(s) is doing business as: Bishops Travel Pro, 3572 Squaw Road, West Sacramento, CA 95691, County of Yolo.

FICTITIOUS BUSINESS NAME STATEMENT
File No. F20210857
The following person(s) is doing business as: C and H Bookkeeping & Professional Services, 3248 San Vicente Road, West Sacramento, CA 95691, County of Yolo.

FICTITIOUS BUSINESS NAME STATEMENT
File No. F20210860
The following person(s) is doing business as: The Growing Company, 4 Wayne Court, Building 3, Sacramento, CA 95829, County of Yolo.

FICTITIOUS BUSINESS NAME STATEMENT
File No. F20210862
The following person(s) is doing business as: The Interior Plant Company, 8240 Umbria Avenue, Sacramento, CA 95828, County of Yolo.

FICTITIOUS BUSINESS NAME STATEMENT OF ABANDONMENT
File No. F20210900
The following person(s) or entity are abandoning the use of the following fictitious business name(s): West Sacramento News Ledger, 1040 West Capitol Avenue, Suite B, West Sacramento, CA 95691.

FICTITIOUS BUSINESS NAME STATEMENT
File No. F20210800
The following person(s) is doing business as: Wice Motors Corp, 2620 W Capitol Avenue, West Sacramento, CA 95691, County of Yolo.

FICTITIOUS BUSINESS NAME STATEMENT
File No. F20210915
The following person(s) is doing business as: JS Threading Plus, 779 Ikea Court, Suite 110, West Sacramento, CA 95605, County of Yolo.

FICTITIOUS BUSINESS NAME STATEMENT
File No. F20210892
The following person(s) is doing business as: Skoozi Entertainment, 155 Oak Avenue, Apt. 11, Woodland, CA 95695, County of YOLO.

FICTITIOUS BUSINESS NAME STATEMENT
File No. F20210902
The following person(s) is doing business as: GP Maintenance Solutions, 16665 Freeman Street, Esparto, CA 95627, County of YOLO.

FICTITIOUS BUSINESS NAME STATEMENT
File No. F20210874
The following person(s) is doing business as: Jess Hole Photography, 613 2nd Street, Apt. 20, Woodland, CA 95695, County of YOLO.

FICTITIOUS BUSINESS NAME STATEMENT
File No. F20210903
The following person(s) is doing business as: Captain Andy's Emporium, 3810 Mendocino Court, West Sacramento, CA 95691, County of YOLO.

FICTITIOUS BUSINESS NAME STATEMENT
File No. F20210929
The following person(s) is doing business as: News Ledger, 1040 West Capitol Avenue, Suite B, West Sacramento, CA 95691, County of Yolo.

FICTITIOUS BUSINESS NAME STATEMENT
File No. F20210950
The following person(s) is doing business as: Hampton Inn & Suites, 2060 Freeway Drive, Woodland, CA 95776, County of Yolo.

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File No. F20210938
The following person(s) is doing business as: The Boomer Gazette, 3810 Mendocino Court, West Sacramento, CA 95691, County of Yolo.

FICTITIOUS BUSINESS NAME STATEMENT
File No. F20210937
The following person(s) is doing business as: Casco Dock and Door, 3701 Seaport Boulevard, West Sacramento, CA 95691, County of Yolo.

FICTITIOUS BUSINESS NAME STATEMENT
File No. F20210948
The following person(s) is doing business as: Heartfelt Seasonings, 2163 Valley Oak Lane, Unit 1099, West Sacramento, CA 95691.

FICTITIOUS BUSINESS NAME STATEMENT
File No. F20210891
The following person(s) is doing business as: Hauling Aces, 3408 Kauai Road, West Sacramento, CA 95691, County of Yolo.

FICTITIOUS BUSINESS NAME STATEMENT
File No. F20210943
The following person(s) is doing business as: Eagle Auto Sales LLC, 1540 South River Road, West Sacramento, CA 95691, County of Yolo.

FICTITIOUS BUSINESS NAME STATEMENT
File No. F20210939
The following person(s) is doing business as: The Buhagiar Group LLC, 3954 Maris Street, West Sacramento, CA 95691, County of Yolo.

SUPERIOR COURT OF CALIFORNIA COUNTY OF YOLO ORDER TO SHOW CAUSE CHANGE OF NAME #CV2021-1660
Abdul Hadi has filed a petition with this court for a decree changing the name(s) of Abdul Hadi to Abdul Hadi Sadat.

SUPERIOR COURT OF CALIFORNIA COUNTY OF YOLO ORDER TO SHOW CAUSE CHANGE OF NAME #CV2021-1844
TJ Ray Juarez has filed a petition with this court for a decree changing the name(s) of TJ Ray Juarez to Ray Juarez.

SUPERIOR COURT OF CALIFORNIA COUNTY OF YOLO ORDER TO SHOW CAUSE CHANGE OF NAME #CV2021-1812
Vanessa Do Truong has filed a petition with this court for a decree changing the name(s) of Vanessa Do Truong to Van Truong.

SUPERIOR COURT OF CALIFORNIA COUNTY OF YOLO ORDER TO SHOW CAUSE CHANGE OF NAME #CV2021-1821
Diem Thi Phan Quinlan has filed a petition with this court for a decree changing the name(s) of Diem Thi Phan Quinlan to Diem Thi Phan.

SUPERIOR COURT OF CALIFORNIA COUNTY OF YOLO ORDER TO SHOW CAUSE CHANGE OF NAME #CV2021-1810
Anthony Hilario Arocan has filed a petition with this court for a decree changing the name(s) of Anthony Hilario Arocan to Anthony Hilario Perez.

SUPERIOR COURT OF CALIFORNIA COUNTY OF YOLO ORDER TO SHOW CAUSE CHANGE OF NAME #CV2021-1915
Nancie Roberta Voegel has filed a petition with this court for a decree changing the name(s) of Nancie Roberta Voegel to four waters.

PUBLIC LIEN SALE
Extra Space Storage will hold a public auction to sell personal property described below belonging to those individuals listed below at the location indicated: 975 F ST West Sacramento, ca 95605 on 11/22/2021 @2:00PM: DJ Keys Production household goods.

NOTICE OF LIEN SALE
Notice is hereby given pursuant to California Business and Professional Codes #21700-21716, Section 2328 of the UCC of the Penal Code, Section 535 the undersigned, StorQuest Express Self Storage/Ramco St. of West Sacramento, will sell at public sale by competitive bidding the personal property of Anna Stinson, Samantha Price, Daniel Baldizan, Timothy Valentine, Cheyenne Croteau, Mitchell Ferrua, Stacy Levasseur, Joseph Berthelot, Lonnie Nunley, Jessica Gosse, Brittani Lunday, Sonrisa Ewing, Dwayne Speed, Noel Gaona, and Ralph Gibson. Property to be sold: Misc. Items.



Yolo County Housing

COMBINED NOTICE OF PUBLIC COMMENT PERIOD AND PUBLIC HEARING

To all citizens, residents and interested parties, Yolo County Housing will conduct a PUBLIC COMMENT PERIOD and PUBLIC HEARING regarding updates to the Administrative Plan:

- Incorporated Updated Dept of Housing and Urban Development (HUD) Regulations and Applicable Public and Indian Housing (PIH) Notices
Wait List Preferences
Special Purpose Vouchers
Violence Against Women Act (VAWA) Policy Updates
Project Based Vouchers
Remote Briefings, Informal Reviews and Hearings

The Administrative Plan establishes local policies for the administration of the Housing Choice Voucher (HCV) program and must comply with HUD regulations and requirements. Yolo County Housing (YCH) must administer the program in accordance with their Administrative Plan which covers all aspects of the HCV program including, but not limited to, selection and admission of applicants, issuing and denying vouchers, occupancy policies, affirmatively furthering fair housing, assisting a family with claims of discrimination, fair housing compliance, owner participation processes, inspections, informal reviews and hearings, establishing payments standards, portability, project-based vouchers, special purpose vouchers, etc. A public hearing is scheduled to be held on December 15, 2021 at 3:00 p.m. during the Yolo County Housing Commission Meeting which is currently being held remotely via ZOOM link located on the County of Yolo website, www.yolocounty.org or the Yolo County Housing website at www.ych.ca.gov. Interested parties are invited to attend and participate.

The 45-day public comment period begins on October 30, 2021 and will end at YCH's close of business on December 14, 2021. Comments may be made in writing or may be presented orally at the public hearing. Any persons or organizations desiring to be heard on this topic will be afforded an opportunity to speak at the public hearing. Interested persons may also provide written comments during the public comment period. Written comments and/or questions should be addressed to: Irma Jimenez-Perez, Housing Program Supervisor, 147 W. Main Street, Woodland, CA 95695. Oral comments and/or questions may also be made to Ms. Jimenez-Perez at 530-662-5428.

If you would like to review the Administrative Plan, it is available at the locations listed below or on the Yolo County Housing website at www.ych.ca.gov:

Table with 3 columns: Location, Days/Times, and Contact Info. Includes Winters Office, West Sacramento Office, and Yolo County Housing Main Office.

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**Publisher,
Paul V. Scholl**

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West Sacramento News Ledger

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Here's What "Everyday Low Prices" Can Teach Us About Health Care



Commentary
by Sally C. Pipes

"Everyday low prices" are coming to health care. Walmart recently launched its own analog insulin, a synthetic form of the hormone that's genetically modified to be released rapidly or slowly, depending on a person's needs. It will be manufactured by pharmaceutical giant Novo Nordisk – but cost 75% less than brand-name analog insulin.

The deal stands out as proof that markets can deliver outcomes that work for producers and consumers alike – if we let them.

Generally speaking, the "market" for medicines is dysfunctional. It bears little resemblance to the markets for groceries or electronics, where consumers can compare prices and product reviews, shop around for the best deal, and purchase what they want.

Instead, patients typically pay for prescription drugs through their insurance plans. They may be

responsible for a co-pay or co-insurance – a set percentage of a drug's nominal price – and their insurer pays the rest.

The exact co-pays and co-insurance are determined by entities called pharmacy benefit managers – middlemen hired by insurers to administer drug plans and negotiate drug prices with pharmaceutical companies.

Because PBMs decide which medicines are, and aren't, available through a given plan, they have immense leverage over pharmaceutical companies. Three PBMs handle more than 70 percent of prescriptions filled in the United States.

That leverage allows them to extract deep discounts from drug manufacturers. If drug makers want to have their products included on an insurer's formulary, they have to pay up. If they don't, the PBM will simply go with a drug maker that will.

In the market for insulin, PBMs routinely extract discounts exceeding 70%. They pocket some of that money and pass the bulk along to insurers.

Patients, meanwhile, pay a percentage of the insulin's full list price, which is many times higher than what the PBM negotiated with the manufacturer.

Consider the insulin made by Sanofi. From 2012 to 2019, its list price

increased 140%, from about \$150 to more than \$350 per vial. But the amount of net revenue that Sanofi received, after paying discounts to insurers and PBMs, declined 41% during that time period.

Those insurers and PBMs didn't share those rebates directly with the people buying insulin. Instead, consumers had to cover for co-pays and co-insurance based on the escalating list price.

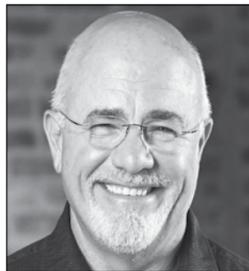
A patient with a 25% co-insurance requirement on a \$350 drug got a bill for \$87.50 at the pharmacy. That co-pay is greater than Sanofi actually received in total.

By cutting out these middlemen and selling directly to retailers like Walmart, drug makers can maintain or even increase their profit margins. The retailers charge a small mark-up, just as they do for everything they sell.

And in this case, patients save money, too.

Middlemen siphon billions of dollars out of the healthcare system each year – while providing questionable value to consumers. As the deal between Walmart and Novo Nordisk shows, market principles offer a better way.

Sally C. Pipes is President, CEO, and Thomas W. Smith Fellow in Health Care Policy at the Pacific Research Institute. Follow her on Twitter @sallypipes. ★



Dave Ramsey Says

they walk out?

– Cheyanne

Dear Cheyanne,

I'm going to tell you something that might just blow your mind: You two can pay off the debt and have some money set aside to live on in that length of time. If you do that, you'll actually be more ready for a strike than ever before. You'll both have to be on the same page financially and do things with a sense of urgency, but right now, I don't think you've got too much to worry about.

The likelihood of them going on strike is pretty low. Chances are, they're just rattling their sabers and talking big to posture for the negotiations. Most factories are behind right now, and the last thing they want is to get even further behind. Everything has been so screwed up by COVID-19 that unless the union demands some completely ridiculous stuff,

things will probably work out fine.

I think you guys are going to be fine, Cheyanne. Should you be intentional and thoughtful about the situation? Absolutely. It's always wise to look ahead and plan for the future. Getting that debt paid off and saving up a bunch of cash will give you real peace of mind.

– Dave

Dave Ramsey is a seven-time #1 national best-selling author, personal finance expert, and host of The Ramsey Show, heard by more than 18 million listeners each week. He has appeared on Good Morning America, CBS This Morning, Today Show, Fox News, CNN, Fox Business, and many more. Since 1992, Dave has helped people regain control of their money, build wealth and enhance their lives. He also serves as CEO for Ramsey Solutions. ★

Work Together, and Be Intentional

Dear Dave,

My husband is a union member and works at a paint factory near our home. His union's current contract will expire in nine months. We have about \$27,000 of debt left to pay off, and he makes a little over \$80,000 a year. I'm nervous because his slow season is coming up between now and then. During this time, he usually gets about half the hours – and, of course, less money – than he does during the rest of the year. I'm a little scared, even though there hasn't been a strike in the last six years. Do you think we should go ahead and pay off our remaining debt or hold onto every penny in case



Riley Reviews

"RED NOTICE" BLENDS COMEDY AND ACTION WITH A TWIST OF SNARK

A Film and TV Review by Tim Riley

"RED NOTICE" RATED PG-13

The challenge of coping during the pandemic has affected the entertainment business in multiple ways. One of them being how films are not only produced but released to the public.

Some films go straight to a streaming platform. Others, like the James Bond film "No Time to Die" waited for what seemed like forever for its rightful place on the big screen.

Warner Brothers, using its HBO Max streaming service, may have started the trend of releasing its films simultaneously in theaters and on its streaming platform.

Apparently that practice will change next year when Warner Brothers films assigned for theatrical release will run exclusively in cinemas for at least 45 days before hitting their paid video service.

Netflix is getting in on the action with its hybrid release of the comedy action film "Red Notice," which was released in theaters for one week prior to its debut on its streaming service.

With an all-star cast of Dwayne Johnson, Ryan Reynolds and the striking Israeli actress and model Gal Gadot ("Wonder Woman"), "Red Notice" probably benefits from the marketing tool of exposure on the big screen.

Netflix went big in other ways as well, staging a live premiere event at the L.A. Live event complex, which as recounted in "The Hollywood Reporter" trade publication "delivered a scene reminiscent of a major Hollywood award show."

"Red Notice" takes its title from an Interpol advisory to its member countries that a fugitive fleeing a country is internationally wanted for evading justice. This would apply to Ryan Reynolds' Nolan Booth, an international art thief trying to steal a historic golden egg.

As legend goes according to the film's fictional prologue, Cleopatra was gifted three Faberge-like golden eggs, of which two were discovered and the third missing one is the target of fortune hunters we've seen in films like "Indiana Jones" and "National Treasure."

A notorious criminal like Nolan Booth will spare no effort to steal a precious golden egg, and he manages to get caught after being tracked to Rome by none other than Dwight Johnson's FBI Agent John Hartley.

After Booth gets sent to an isolated Russian prison that feels like a Soviet gulag, Hartley himself ends up there as well subsequently getting framed for the heist by Gal Gadot's The Bishop, another art thief eager to piece together a three

golden egg collection for herself.

With Booth and Hartley engineering a daring prison break, it is one of the action highlights, including a wintry shootout at the prison gate as the duo hijack a helicopter that barely escapes rocket fire.

While Booth and the federal agent are forced into a tenuous partnership, intrepid Interpol inspector Urvashi Das (Ritu Arya) is hot on their trail. Hartley will need to find The Bishop to clear his name and having to rely on help from Booth is, well, kind of unsettling.

As to be expected, Booth and Hartley bicker and banter in what one calls a marriage of convenience, and at one point Booth, in his ubiquitously snarky tone, claims that he wants a divorce and is taking the children.

Another bad guy in the picture is the oddly-name Sotto Voce (Chris Diamantopoulos), a diminutive arms dealer whose fancy party is infiltrated by Booth and Hartley, and The Bishop shows up in a slinky red dress for a choreographed fight with them.

Sotto Voce is as about a ludicrous villain as you can imagine. For no apparent reason, other than maybe emulating Vladimir Putin, he takes his shirt off to reveal his tattooed torso while threatening Booth and Hartley still chained to a post after being tortured.

One obvious point about this comedic heist caper is that despite its not-so-disguised lifting of thematic elements other action films, the stellar cast of the three leading characters are the selling point to fun adventure.

Speaking of a copycat formula, a climactic scene involves an adventure into the Argentinian jungle in search of the missing egg hidden in an underground Nazi warehouse that reminds one of "Raiders of the Lost Ark."

"Red Notice," and this is not necessarily a bad thing, is running on its star power of charismatic actors doing their usual stuff. That would mean Ryan Reynolds' comic riffs, Dwayne Johnson's stoic intensity and Gal Gadot's sexy allure and streetwise toughness.

Something endearing about "Red Notice," with all of its hijinks and caustic banter, is that in spite of its huge budget there is no pretention of artistic merit. This is not an entertainment for high-brow critics. It's nothing more than just escapist fun.

Dare to view the closing moment of "Red Notice" and not think a sequel is either already in the works or the producers await a public clamoring for the next installment. The actors are certainly charismatic enough to warrant a return engagement. ★

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Time to Punish Big Tech's IP Theft

Commentary
by *Kristen Osenga*

Owners of the Apple Watch might be walking around with stolen goods strapped to their wrist. In a complaint filed with the U.S. International Trade Commission this summer, medical device firm Masimo Corporation accuses Apple of stealing patented technology for measuring blood oxygen levels and incorporating that tech into the popular smartwatch.

Masimo's claims aren't far-fetched. For tech behemoths like Apple and Google, appropriating intellectual property (IP) is an all-too-common strategy for maintaining market dominance.

Many of the victims of such

theft are smaller operations or individuals without the resources to stand up to massive tech companies.

The public and shareholders need to hold these tech firms accountable. Cracking down on Big Tech's predatory IP violations is the only way to defend the rights of inventors and start-ups, while promoting market competition that benefits consumers.

Masimo's suit against Apple is just one of several recent instances of alleged IP theft by the biggest players in the tech world. In August, a trade judge ruled that Google violated five different patents owned by speaker-maker Sonos. In 2019, a jury ruled that Apple had infringed three patents of its San-Diego-based

supplier Qualcomm.

The principle guiding such behavior is obvious: If you can't beat your smaller competitors, steal from them outright. Odds are, your victim won't have the time or the money to defend their right in court. But if they do, Big Tech will be ready with an army of top-tier lawyers.

Lately though, small companies have been calling their bluff — and winning in court. With losses in the hundreds of millions, it's hard to imagine how executives at these tech firms justify their decision to shareholders.

By denying inventors a chance to reach their potential, Google and Apple are suppressing the competition that would otherwise

benefit consumers by driving down prices.

Major tech firms counter these accusations by claiming that IP protections are too stringent, and that the patent holders are the ones engaging in anti-competitive behavior.

Such arguments are at best a distraction. At worst, these arguments are meant to fool the courts. The ability of a patent holder to seek licensing fees from others who want to use the technology is one of the primary benefits of a patent — and of a free market.

The real threat to competition comes from giant tech firms who refuse to honor the IP of smaller start-ups and individuals. Major technology companies must learn

that infringement entails significant financial consequences.

Start-ups and individual inventors need assurance that their hard-won IP can't easily be stolen by a deep-pocketed Apple or Google. Without such confidence, the incentive to innovate would evaporate.

An environment of strictly-enforced patents isn't just important for a vibrant, competitive tech market — it's a precondition. Big Tech's assault on these essential protections has gone on for too long.

Kristen Osenga is the Austin E. Owen Research Scholar & Professor of Law at the University of Richmond School of Law. ★

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Crossword Puzzle on Page 8

B	O	R	A		S	I	S		R	P	M						
A	D	O	S		D	U	N	K		S	C	A	R	E			
R	O	M	P		E	D	G	E		T	E	N	O	N			
F	R	E	E	T	H	R	O	W		E	N	I	D				
				C	R	O	A	T		O	A	T					
P	L	A	T	E	R				N	U	M	E	R	A	L		
A	I	L			A	N	T	H	E	R		R	I	G	A		
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S	E	R	E		F	A	R	R	O	W		E	M	U			
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				O	A	R			M	E	T	R	O				
			T	H	U	S			F	I	E	L	D	G	O	A	L
N	O	O	N	E			R	A	R	E		G	Y	R	O		
B	I	N	D	S			E	M	I	R		L	E	T	S		
A	L	E					T	I	E			E	R	S	E		

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CLUES

- ACROSS
- Repeating word on South Pacific map
 - Bro's sibling
 - Dashboard abbr.
 - Fusses
 - *Basketball slam
 - Go "Boo!"
 - Boisterous play
 - Upper hand
 - Part of mortise joint
 - *Unopposed attempt to score (2 words)
 - "The Famous Five" children's writer Blyton
 - *Basketball player Bojan Bogdanovic or Drazen Petrovic
 - "Mares eat ____" or "does eat ____" sing.
 - One who covers in silver, e.g.
 - Figure
 - Be ill
 - Part of "panther"
 - Capital of Latvia
 - Like helium
 - Quilting party
 - Analyze
 - Dehydrated
 - Litter of piglets
 - Down Under bird
 - a.k.a. aardvark
 - Provincial governor in ancient Persia
 - Argo propeller
 - Subway in Paris
 - Conclusion starter
 - *Made basket (2 words)
 - Not a soul
 - Like animal near extinction
 - Greek sandwich
 - Bandages
 - Arabian bigwig
 - Answer to "Shall we?"
 - Bar offering
 - *It sends a basketball game to overtime
 - Highland tongue
- DOWN
- Vomit
 - Sensory input
 - It wasn't built in a day
 - Characteristic to consider
 - Traditional scarf/headdress
 - Brick of precious metal
 - Place at an angle
 - Indian princess
 - Circus trainer's poker
 - '80s band "____ At Work"
 - Remove antlers
 - Titanic propeller
 - *Shaquille O'Neal and Witt Chamberlain, e.g.
 - Halloween option
 - Not their
 - 1/100th of a rupee
 - Wrinkle-prone natural fabric
 - Warning
 - ____-do-well
 - Part of a stair
 - Old World lizard
 - *Fast-break ____
 - Skier's aid
 - Part of H.M.S.
 - *Reward after missed shot
 - Larry O'Brien NBA Championship Trophy, e.g.
 - Away's partner
 - Stable worker
 - Relieves
 - On/off type of switch
 - * Hurricanes
 - Creepy
 - Work very hard
 - Use a whetstone
 - Worry without necessity
 - Deed hearing
 - A in A&E Network
 - *The Phoenix Suns did it in the 2021 NBA Finals
 - *Professional basketball league

Crossword Puzzle Solutions on Page 8

1	2	3	4		5	6	7		8	9	10			
11					12				13	14				
15					16				17					
18					19				20					
				21					22					
23	24	25					26			27	28	29		
30					31	32	33			34				
35					36				37			38		
39					40				41			42		
43					44				45			46		
				47					48	49				
				50	51				52			53	54	55
56									57			58		
59									60			61		
62									63			64		

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2			3				9	6
9	2							
7		3	6			1		
				7			5	
	4	7		8				9
	8	2			5	4		
5							1	

Solutions on Page 8

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Sudoku Puzzle on Page 8

4	3	8	1	6	9	5	2	7
6	5	9	4	7	2	3	8	1
7	2	1	5	3	8	9	6	4
8	9	6	2	5	1	7	4	3
2	7	5	3	4	6	8	1	9
3	1	4	8	9	7	6	5	2
1	4	7	6	8	3	2	9	5
9	8	2	7	1	5	4	3	6
5	6	3	9	2	4	1	7	8

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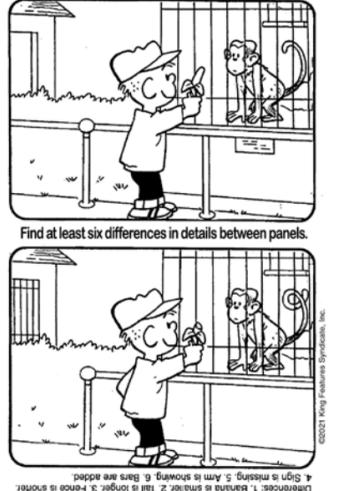
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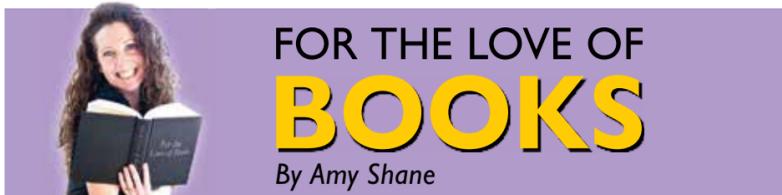
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by *The Fan Brothers*
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Thankful
by *Elaine Vickers and Samantha Cotterill*
As the first snowflake falls, a little girl begins her thankful chain. With each strip of paper, she writes all the things she is thankful for, making the most beautiful chain, showcasing all the joys in life. A beautiful tradition is explored in this charming children's book. With 3-D paper, cut-out image's children will be thrilled to explore the beautiful paper-crafted scenes and eager to start their own thankful chain.

Fox A Circle of Life Story
by *Isabel Thomas and Daniel Egneus*
In a story of life and death, readers will follow Fox as she cares for her cubs, teaching them how to survive. Then one day, Fox dies; however, in her passing, the cubs and young readers will see how death is a beginning for new life.



Tackling the difficult issue of death, especially for animals, Fox takes the sensitive subject and delivers a clear scientific explanation of what happens next and the importance of the circle of life.

Shapes and Patterns in Nature
by *Magdalena Konecna, Janan Sedlackova, Stepanka Sekaninova*
A beautiful artistic display delivers a visual parade of patterns, colors, and shapes. An encyclopedia of terms accompanied by their visual counterpart is an artistic explosion of information. Readers will be able to study, identify and explore the world around them in a beautiful new way, while also being a perfect companion for any nature lover or science explorer.

Dragons Are the Worst
by *Alex Willan*
Gilbert knows that everyone fears dragons, but honestly, they should really

fear Goblins just like him. In a laugh-out-loud enjoyable story, readers will giggle along as Gilbert tries to be strong and terrifying, proving why goblins are scarier than dragons. With a small message in the end, this story is an enjoyable read that will be a favorite to read again and again.

With Great Power: The Marvelous Stan Lee
by *Annie Hunter Eriksen, Lee Gatlin*

The works of Stan Lee have shaped childhood dreams, and now readers can learn about the man behind the superheroes. Stan Lee's story of perseverance, determination, and creativity inspires readers to follow their dreams. The comic-style illustrations and commentary bubbles will have readers jumping up with a "shazam" and a ZaaaZIP, excited to learn and discover more about the origin of their favorite superheroes. ★

American Innovators, not Regulators, Will Solve Climate Change

Commentary by *Quill Robinson*

President Biden has pledged to cut America's greenhouse gas emissions in half by 2030. He intends to meet this ambitious target through a wave of new federal spending and government programs. Yet, our best hope for reducing carbon emissions isn't new government spending. It's a technological sea-change – one that can only come from the private sector.

Government is slowing progress against climate change by imposing regulations that prevent emissions-lowering technologies from reaching the market. If our leaders really want to save the planet, they need to get out of the way of entrepreneurs who can actually do so.

One would expect the government to embrace technology with the potential to cut carbon pollution. President Biden himself has promised to "spur American technological innovation" as part of his climate agenda.

Unfortunately, some of the most promising green-tech breakthroughs face severe headwinds as a result of misguided or antiquated federal policies.

One such technology – profiled in "They Say It Can't Be Done," a new documentary on the relationship between innovators and regulations – is an artificial tree developed by Arizona State University physicist and engineer Klaus Lackner. These man-made trees contain a special plastic resin that can absorb carbon dioxide and release it when submerged in water. They're 1,000 times more effective at taking in carbon dioxide from the air than natural trees. Once captured, this carbon dioxide can then be reclaimed and converted into fuel.

Lackner's design could be scaled to produce units that each remove a metric ton of carbon dioxide daily. The main stumbling block is the lack of clear regulations surrounding carbon capture technologies.

Until a uniform federal framework exists, the process of bringing this technology to market will remain impossibly complicated and fraught with risk.

Or consider technologies that could reduce the need for large-scale livestock farming. Raising billions of chickens, pigs, and cattle requires vast amounts of water, feed, and land. The resulting carbon footprint is massive – about 7.1 gigatons of greenhouse gases a year.

Here too, new technologies could help reduce emissions. Researchers are designing cell-cultured meat produced in the lab rather than the feedlot. This lab-grown protein is safe, healthy, and far less carbon-intensive than traditionally farmed meat.

One start-up that makes lab-grown meat, Eat Just Inc., has obtained approval to sell its cell-cultured chicken in Singapore. But it's still waiting on the green light from American regulators. According to the firm's founder, it could be another year – or more – before U.S. approval comes through.

For an industry as capital-intensive as cultured meat production, this sluggish approval process can make it impossible for a start-up to launch and get its products to market.

High-tech solutions like these are precisely what's required to protect our planet from the threat of climate change. While it's impossible to say whether lab-grown meat or artificial trees are the best solution, an accessible and level regulatory playing field allows the best innovations to thrive.

Too many Americans believe that when it comes to climate change, only the government is up to the task. The fact is, the main barrier to large-scale adoption of sustainable technologies isn't a lack of government involvement, but too much – or at least the wrong kind.

In order to make good on his promise to reduce the nation's carbon footprint, the president and his team will need to recognize how government obstructs the development and deployment of technology that can fulfill that promise.

Quill Robinson is the American Conservation Coalition's vice president of government affairs. This piece originally ran in TechCrunch. ★



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A Confusing Array of Sports Betting Measures



By Dan Walters
CALMatters

Memo to California voters: Prepare to be confused because you could be facing four competing ballot measures next year to legalize sports wagering. Indian tribes that now have a monopoly on casino gambling in California, big on-line sports betting corporations, horse racing tracks, and local poker parlors are jousting for control of what could be countless billions of dollars in bets on sporting events.

Following a 2018 U.S. Supreme Court ruling that made sports betting legal, a number of other states have accepted it, and the major professional sports leagues, which condemned sports betting for decades, have struck deals with major on-line betting operations.

However, years of efforts in the California Legislature to fashion a system acceptable to all stakeholders fell short. The legislative stalemate meant – as it often does in California – a shift to the alternative arena of ballot measures.

Major casino-owning tribes struck first with a measure that would extend their gambling monopoly to sports wagering, qualifying it for the 2022 ballot.

In reaction, three other

initiatives are in the works, each of which would benefit its sponsor in some way, but it's not certain that all will make the ballot. Although the election is a year away, the calendar for qualifying measures is fairly advanced and sponsors will have to hustle to make it – which means spending millions of dollars for professional signature-gathering campaigns.

The tribal measure already ticketed for the ballot would require sports wagers to be placed either in existing casinos or in locations owned by the tribes. It also would allow sports wagers at major horse racing tracks – an obvious ploy to dampen potential opposition – but would not allow on-line bets on sports events.

The measure, if passed, would block DraftKings and FanDuel, the two major on-line wagering outfits that yearn to operate in California. But it also includes a sly legal attack on the local poker parlors, which have long feuded with the casino tribes, and the cardrooms struck back with a measure of their own that would allow them to accept sports wagers.

Very quickly, DraftKings and FanDuel pledged millions of dollars for a third measure that would allow them to operate in California and have drawn support from some big city mayors by promising that their proposal would provide money to deal with homelessness.

Finally, three casino-owning tribes, two of which have backed the

original tribal measure, are floating a fourth measure that would allow on-line betting controlled by the tribes. It's a hedge against the DraftKings-FanDuel measure because it assumes that given a choice between wagering on-line or driving to a casino to place a bet, betters would prefer the former.

Millions of dollars are already being spent by the sponsors of the four measures and they've commenced hostilities with dueling public relations campaigns in advance of what promises to be a tsunami of television and on-line advertising to persuade voters to choose one over the others.

It would surprise no one if hundreds of millions of dollars are spent on the campaigns next year, because the millions would be pocket lint compared to the billions of wagering dollars that would flow through the hands of whichever interests can claim legal authority.

That said, it's also possible that the campaigns will be short-circuited by a political deal. Those who sponsor ballot measures can remove them from the ballot if their demands are met by legislation.

Given the years of legislative stalemate on the issue, it's difficult to see the competing interests agreeing to divvy up the pie, but it's not an impossible resolution.

Dan Walters has been a journalist for nearly 60 years, spending all but a few of those years working for California newspapers. ★

Social Security Matters Is Waiting until 70 Still the Best Plan to Maximize Social Security?



By Russell Gloor,
AMAC Certified Social Security Advisor



Dear Rusty: My wife started her Social Security at 62 in March 2017 and I filed a Restricted Application to collect a spouse benefit from her shortly thereafter. Our plan is for me to file for my own Social Security later this year when I turn 70. Then my wife will file for her spousal benefit from me. Our life expectancy is 93 & 96. Is this still the best plan for maximum payments? **Signed: Planning Ahead**

Dear Planning: Yes indeed. You've chosen an excellent strategy, and one which is no longer available to younger beneficiaries. The Restricted Application option you chose, to get only spouse benefits and let your own increase, was eliminated for anyone born after January 1, 1954.

When you turn 70, you will be eligible for your maximum SS retirement benefit to start at that time. Social Security recommends that you apply about 3 months before you wish benefits to begin (you will specify on the application when you want

benefits to start), so you can apply before your birthday if you like but just be sure to be explicit that your benefit-start-month is the month you turn 70. That way, you won't lose any of the Delayed Retirement Credits (DRCs) you've been accumulating since you reached your full retirement age (FRA) of 66. Your benefit at age 70 will be 32% more than it would have been at age 66.

Note that when you apply, Social Security will probably offer to pay you 6 months of retroactive benefits. Although that lump sum can be quite tempting, accepting it will also reduce your Social Security benefit amount by 4% for the remainder of your life. With a life expectancy in your 90s, I suggest you choose wisely.

After you have submitted your application for Social Security retirement benefits your current spousal benefit will stop as soon as your higher benefit starts. After you apply for your age 70 benefit, your wife's spousal benefit will be automatically awarded when your own benefit begins (automatic because she was born after January 1, 1954). For information, your wife's spousal benefit will be based upon your full retirement age benefit

amount, not the increased amount you will receive because you delayed until age 70. You should also be aware that your wife's benefit as your spouse will be less than 50% of your FRA benefit amount because she claimed her own benefit at age 62 (claiming her own benefit early affects her spousal benefit amount).

Nevertheless, with a life expectancy in your 90s you have chosen an excellent strategy which will pay you the highest possible monthly amount and the most in lifetime cumulative benefits, while also providing the highest possible survivor benefit for your wife should you die first. Although waiting until age 70 to claim isn't the right decision for everyone, in your specific case I congratulate you for making a very wise choice.

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Retirement Brings with It Extra Time

Commentary
by Patti & Milledge Hart

Singer Jim Croce longed to put time in a bottle.

Retirees aren't always certain what it is they long to do with time, but one day they stop working and find they have a barrelful of it.

"People often are so focused on making sure they are financially ready to retire that they forget to plan for what they want to do in retirement," says Patti Hart, co-author with her husband, Milledge, of *The Resolutionist: Welcome to the Anti-Retirement Movement*.

"And they may have more time to fill than they realize. Life expectancy has grown, and retirements that last 20 years, 30 years, or longer aren't that unusual. So you have to start thinking, what will you do with your time? How do you envision your days playing out?"

For the Harts, the answers to those questions involve the "anti-retirement movement," where retirement is more than a rocking chair on a front porch or endless hours of golf.

"We did leave our careers, but we would never call ourselves retired," Milledge Hart says. "We are busier now than we've ever been. The difference is that we are busy doing what brings us joy rather than what advances our careers."

But the transition isn't always easy, which is why the Harts recommend finding efficient ways to manage that extra time the post-career years bring.

Patti Hart cautions that time management does not have to mean blocking out every minute.

"For most people, it is just setting goals and priorities, then making sure you plan for how you are going to accomplish them," she says. "It is being productive with your time."

To do that, the Harts suggest putting yourself into the mindset you had in your working years,



Retirees aren't always certain what it is they long to do with time, but one day they stop working and find they have a barrelful of it. MPG File photo

such as: **Use a calendar.** People in a corporate setting rely on calendars to manage their obligations and retirees can as well. "Too often people just think they will remember that they have yoga on Tuesday and Thursday, and volunteer at the animal shelter on Wednesday," Patti Hart says. "But then they add a lunch here or a board meeting there and pretty soon find themselves scurrying from activity to activity." Checking a calendar each day also let's people know they may need to pull back if they are overcommitted, or they may need to find activities to add if too many empty hours are going to waste. **Make a to-do list.** A to-do list helps ensure nothing

gets forgotten. Just be flexible, Milledge Hart says, because the list is a tool to keep you on track, not a ball and chain to imprison you. "If you'd rather do something else today, feel free to move items to another time or just skip them altogether," he says. "It's your list so it's your call." **Treat everything like a business appointment.** The calendar and the to-do list can be filled with things that would never have made a business person's schedule – but may now be high priority for you. "You can pencil in 30 minutes for meditation or an hour to begin reading a James Patterson novel," Patti Hart says. "Maybe you want to block out Friday afternoon to experiment

with a new recipe. These are your preferred 'appointments' now and are equal in importance to board meetings or conference calls." **Adapt your system as your needs change.** Some people begin retirement doing all the things they had been putting off, such as traveling or fishing more. "But that first burst of activity usually begins to wear, and you realize you want more from this stage of life," Milledge Hart says. "At that point it makes sense to reevaluate your resources and goals. Be aware of how you feel about certain activities and be ready to drop some and pick up others as your time and interests change." "In the same way that making

good financial investments provides you with additional capital, investing your time wisely provides you with more time to do things you really want to do," Patti Hart says. "And that will make your life so much better." Patti and Milledge Hart, co-authors of *The Resolutionist: Welcome to the Anti-Retirement Movement*, spent more than 30 years as executive leaders in numerous technology and investment banking businesses. Today, in what they refer to as the "Resolutionist" – rather than retirement – phase of their lives, they are applying their resources and skills in new ways to advance philanthropic and corporate activities around the globe. ★



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