



## “Lest We Forget”

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## Surviving The Storm

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# West Sacramento News Ledger

VOLUME 57 • ISSUE 62

Serving the West Sacramento Region Since 1964

NOVEMBER 5, 2021

**SEE INSIDE**

## MY VETERAN TRIBUTE



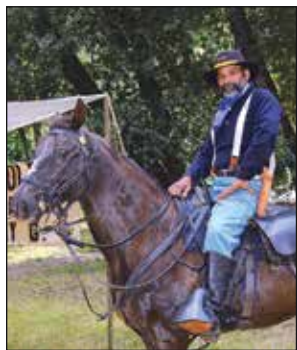
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## THE RELUCTANT CANDIDATE



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## CELEBRATE PIONEER DAY IN COLOMA



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# Drive-thru Thanksgiving Meal

### YCCA to Host Community Giveaway Day



Above: Staff members of the Yolo County Children's Alliance welcome you to the 16th Community Giveaway Day on Saturday, November 20, 2021, at Sutter Health Park. Right: The YCCA takes the opportunity to help any family in West Sacramento that is low income or going through some challenges. Photos: YCCA

By Michele Townsend

**WEST SACRAMENTO, CA (MPG)** - Yolo County Children's Alliance (YCCA) is a godsend to any family in West Sacramento that is low income or going through some challenges. They have resources (okay contacts with) to help people with a huge variety of problems. They are growing bigger and bigger because they are always establishing new resources.

For the 16th year YCCA is hosting the Community Giveaway Day. This year it will be held on Saturday, November 20, 2021, from 8:00 am

to 12:00 pm at Sutter Health Park. You must show up on the 20th. These free Thanksgiving meals will not be given out at any other time. For the first time, this will be a drive-thru event. You can enter Sutter Health Parking lot on 5th Street. Follow the cones and signs. Please drive slowly.

So, what's the catch? Thanksgiving is an expensive meal, every year!

Yes, it is. There's no catch.

It is first come, first serve ... there

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## New Child Safety Seat Program Grant

California Highway Patrol News Release

**SACRAMENTO, CA (MPG)**

- The California Highway Patrol's (CHP) received the California Restraint Safety Education and Training (CARSEAT) V grant to support its ongoing effort to improve child passenger safety. The CHP will use the grant funds to conduct public awareness campaigns, training courses, and enhanced-enforcement patrols through September 30, 2022.

The CARSEAT V campaign will focus on reducing the number of children killed and injured in traffic crashes throughout California. To accomplish this goal, the CHP will offer educational seminars, new parent classes, and appointments at local Area offices for child safety seat inspections and assistance with installations. These efforts will highlight the importance of safety seats and seat belts and provide information on the proper installation of child passenger safety seats.

"We are raising public awareness of the dangers of traveling with children in a vehicle who are not securely buckled into the appropriate child passenger safety seat," CHP Commissioner Amanda Ray said. "As a parent or caregiver, it is your responsibility to protect these vulnerable passengers."

California law requires a child to be properly restrained in an appropriate child safety seat in the rear seat of a vehicle until they are at least 8 years old. Children aged 8 and older, who are at least

4 feet 9 inches, may ride in the rear seat of a vehicle in a properly fitted seat belt. Children under the age of 2 must ride in a rear-facing car seat until they reach 40 pounds or 40 inches in height. For the best protection, all children should ride rear facing, if possible, until they reach the upper weight and height limits of their car seat. For more information on child safety seats or current California law, visit <https://www.chp.ca.gov/Programs-Services/Programs/Child-Safety-Seats>.

In addition to educational efforts, the CHP will be conducting enforcement operations concentrating on

*Continued on page 3*

# Day of the Dead a Smash Hit

By Michele Townsend

**WEST SACRAMENTO, CA (MPG)** - Once again the community of West Sacramento came together to enjoy a beautiful day of fun, entertainment and good food. On Sunday, October 31st 2021, West Sacramento City Councilmember Norma Alcalá and Yolo County Supervisor Gary Sandy hosted a Dia de los Muertos/Day of the Dead Festival at Bryte Park, located on Carrie Drive. The festival was a huge success.

Day of the Dead is a celebration of our loved ones that have passed away. It is believed that on that day the veil between the living and the dead is at its thinnest. The living cook



Activists and West Sacramento Civic leaders got a great chance to speak at the Day of the Dead Festival. From left to right: LACAA activist Desiree Rojas speaks, Robin Doyle, Councilmember Norma Alcalá, Mayor Martha Guerrero, and Maria Grijalva. Photo provided by Michele Townsend

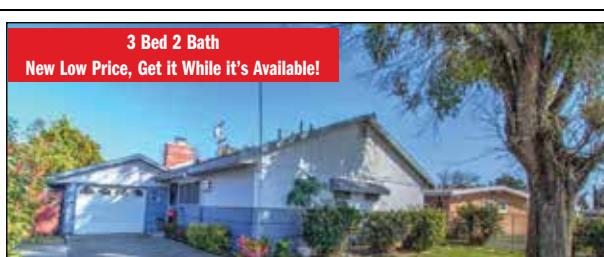
deliciously fragrant food, play good music and dress to honor the dead, including beautiful flowers in bright colors. They celebrate with laughter and happiness. All of this is

done to entice the spirits of those that have passed to come back to earth and visit their loved ones.

The day started out a little shaky, as a man came running into the festival

yelling that there was a man with a gun and there were shots fired. The crowd quickly ran for cover. It was only a few minutes later that "the

*Continued on page 2*



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# Shooter Call Brings River City HS to Alert ... Twice

By Michele Townsend

WEST SACRAMENTO, CA (MPG) - West Sacramento was called out to River City High School Wednesday, Oct 27, 2021, because the school received a call from an anonymous caller saying that someone was going to come and “shoot up the school”. Luckily, Wednesdays in the Washington Unified School District are minimum days. The call came in at 12:30 pm. The school went into immediate lock down.

Police were on the scene within 15 minutes. Since it was close to regular dismissal time, the decision was made to just dismiss the students. They were informed of the situation and the student body quickly vacated the school grounds. Police methodically checked the entire school grounds. After a complete search, they deemed the school safe, cleared the scene and deemed the call unfounded.

On Thursday morning everyone returned to school in a normal fashion. Then RCHS parents received this message:

“Today, we are reaching out to inform you that River City High School (RCHS) is currently implementing a soft lockdown in response to a new anonymous call received

this morning by staff alleging a shooting threat to the campus. This call is similar to the call received yesterday.

The West Sacramento Police Department (WSPD) was contacted immediately and is investigating the threat, which is unsubstantiated at this time. The soft lockdown is a precautionary measure in accordance with our school safety plan. This means that students and staff will remain in their first-period classrooms and locations, and movement throughout the campus is prohibited at this time until the WSPD has concluded its investigation and determined it is safe to do so.

PLEASE DO NOT GO TO THE CAMPUS. We will keep you updated with new information as we receive it. Please take some slight comfort in knowing that ALL our students are safe and know that we handle any threat against our school safety with the utmost urgency.” The school and scene were cleared by the beginning of second period.

Within the last couple of weeks, calls just like the ones received at RCHS have been received at High Schools across the country. Should the callers be caught, they will face terrorist charges. To date, no arrest has been made on this incident. ★



Kids have fun and hang out getting acquainted with cultures and lifestyles many times forgotten in modern life. Photo provided by Michele Townsend

Continued from page 1  
coast was clear” and everyone resumed what they were doing.

Mayor Martha Guerrero, while looking terrific dressed in full Day of the Dead attire, was the emcee for the day. With all that took place, she had a lot to announce. The event’s Altar was blessed by LACAA’s, Desiree Rojas. The day included pony rides and a petting zoo for the children. There were giveaways of gift cards and Harvest Day tickets donated by the News Ledger.

Part of the cultural education included Aztec dancers, who reminded everyone that the community is one big family. It was wonderful to see our Sikh and Muslim brothers and sisters join the Aztec Dancers in a Unity Dance. Yolo GOP members made balloon animals. The Regional Water Authority had a prize wheel with great water safety and water conservation prizes. Latino author, Samuel Ortega, author of several books on the Mexican Revolution gave books away.

River City High School students provided entertainment and cultural education.

The MEChA Club had a photo backdrop with photo opportunities with Catrinas. RCHS’s Asian Club taught children how to make cultural lanterns to honor the beloved departed. High school leader, Aurora Alatorre, organized and led 14 high school young women dancing to La Llorona.

Everything at the festival was free. This included the 1000 street tacos and 800 cups of corn that were cooked and given away. Dotty and David from Supervisor Gary Sandy’s Office were in charge of Piñatas. Maria Garcia was in charge of face masks and brought an ensemble of violinists and flutes, that were composed of Russian and Latino young musicians from Riverbank Elementary.

West Sacramento News Ledger staff painted faces and as the festival continued others joined including Representative of District 4 Yolo County Central Democratic Party, Lupita Torres, her 12-year-old daughter, Xophito Torres-Ortega and Kristall Marston. Together, over 100 children and adults faces were

painted. We also had a very special guest join our face painting team—Linda Marie Wise, a 27-year-old woman whose art is hanging in the Smithsonian!

All of the community-based organizations brought information and resources. The festival wouldn’t have been possible without the sponsorship of Sacramento Labor Council, Councilmember Norma Alcalá, Time of Change, Supervisor Gary Sandy, Latino Information & Resource Center, West Sacramento News Ledger, and the Los Rios Federal of Teachers.

In addition, organizers would like to thank Consul de Mexico, Buena Vista Rancheria, Broderick Love, CREO Yolo, Food Bank Yolo, River City Dem Club, River City Asian Club, Latino Dem Club, NAMI Yolo, Vaccine Clinic, GOP Yolo, Regional Water Authority, San Pedro Assoc., Time of Change, Sikh Temple, Muslim community and MEChA Club. It was a beautiful day with a wonderful mix of cultures coming together. ★

## Fall Leaves Are Everywhere!



Do you have more leaves than you can fit in your organics cart? Help the City of West Sacramento keep leaves off the streets with some of these tips: During leaf drop season (November 1st to January 31st) extra leaves may be placed next to your full organics cart in 30-gallon cans or in compostable bags (paper or ASTM D6400 rated) weighing no more than 50 pounds each; Call Waste Management at (866) 844-1508 to request an extra organics cart if needed (up to four at no additional cost); Whatever you do, please do not place piles of leaves in front of your house on the street. They will not be picked up and could potentially clog storm drains and cause flooding issues in your neighborhood! Photo: City of West Sacramento

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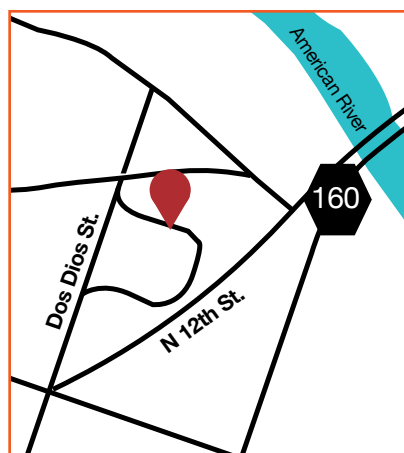
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2 bedroom: we will have units at 60% & 80%  
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1 person: \$38,100 - \$50,800  
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3 person: \$48,960 - \$65,280  
4 person: \$54,360 - \$72,480  
5 person: \$58,740 - \$78,320  
6 person: \$63,060  
7 person: \$67,440

\* Amounts are estimates and may change by the time of lease-up.



# Drive-thru Thanksgiving Meal Surviving The Storm



Volunteers and staff members of the YCCA are preparing for this year's big Thanksgiving Community Giveaway Day. Photo: YCCA



West Sacramento residents need to show at least one proof of residency per household. Photo: YCCA



Families with children will receive (if needed) blankets, kids coats, diapers and other family resources. Photo: YCCA

*Continued from page 1*

is no pre-registration. It is a rain or shine event. You must wear a mask (even though it's outside) throughout the event.

In addition, you must show that you are a West Sacramento resident (only one proof per household needed). You can prove this by showing a driver's license, utility bill (or some other kind of printed mail, not handwritten personal mail), medical card, etc. All West Sac residents are welcome. Sounds like there will be a crazy long line, huh. It will be!

Every family will receive a full-size turkey, fresh produce and dry goods to complete the meal. Staff will mark how many people are in your household during the registration portion of the process. If the family needs additional food, you can always call the resource center at 916-572-0560.

In addition to the meal, families with children will receive (if needed) blankets, kids coats (up to 3 per household), diapers, family resources including vendor giveaways and vaccine opportunities. There will be a Food Only section for those families

without children in the home.

Every year this event gets bigger. However, the year-round demand for food assistance suggests that there will be a 50 percent increase in Holiday Meal Kits this year. Gathering, packaging and transporting these Holiday Meal Kits is more expensive this year than ever before. Yolo Food Bank still faces \$200,000 in expenses to fully fund Thanksgiving for these neighbors in need.

As you can imagine, YCCA is looking for individuals and businesses to help out. There are many ways you can do this. You can donate \$50 for each meal that you would like to or can purchase for someone. In addition you can donate stock. Both of these can be done at: Yolo Food Bank, 233 Herter Ave. Woodland CA 95776.

You can also volunteer. It will take a bunch of us to distribute these meals, direct traffic, load trucks, etc.. You can donate, be a vendor and volunteer by emailing Katie.durham@yolocounty.org. For up-to-date information, you can visit the Facebook page at: <https://fb.me/e/1kYPSOb37> ★

By Michele Townsend

**WEST SACRAMENTO, CA (MPG)** - Most of us just tried to stay inside our homes the Sunday of the biggest storm this area has seen in a very long time. For those who like the rain, it was an amazing day. For those who don't like the rain, it was horrible. Either way, it was definitely wet! West Sacramento Public Works Department and the Parks Grounds crews were not at home safe, however.

These men and women were out all day Sunday and Monday keeping drains unclogged, marking roads that were flooded, and cleaning up debris. Public Works provided images of just a couple of areas where there were difficulties. This flood road was at Harbor Blvd. and Beacon Blvd. The tree branch in the tree occurred at Drew St. and Fourness Drive. Thankfully, nobody was hurt.

West Sacramento Police and Fire personnel were out there working hard as well. Fire Department Administrative Captain, Andy Moore, said "Starting on 10/24/21 at 00:00 to 10/25/21 at 0800 (32 hours) the department responded to 59 incidents. This year's average, before the storm,



The late October storm brought down a tree at Drew Street and Fourness Drive. Photos provided by Public Works Department



West Sacramento Public Works Department received 59 storm related calls due to incident such as this on Harbor Blvd and Beacon Blvd. Photos provided by Public Works Department

was 29 incidents per day." They cannot give an exact breakdown of types of incidents, but said that crews responded to numerous vehicle accidents, medical emergencies, public assists, fire alarms and other miscellaneous call types.

As stated by City of West Sacramento's Public Information Officer, Paul Hosley, "We appreciate their dedication to keeping our city safe". I'm confident in saying, we all agree! ★

## New Child Safety Seat Program Grant

*Continued from page 1*

seat belt and safety seat violations throughout the year with a special emphasis during the "Click It or Ticket" campaign May 23 through June 5, 2022, and during Child Passenger

Safety Week September 18 through 24, 2022. Funding for this program was provided by a grant from the California Office of Traffic Safety, through the National Highway Traffic Safety Administration. ★



**MEMORIAL NOTICE**


**Donna June McCall**

**June 27, 1934 to October 24, 2021**

Donna June McCall, age 87, long time West Sacramento resident, passed away peacefully from natural causes in her home surrounded by loved ones on October 24, 2021, the same day as her wedding anniversary and her beloved husband's birthday.

Donna was born to Tim and Louise Callaway June 27, 1934, in Mexico, Missouri. As a young girl, Donna moved with her family to Kansas City, Kansas. She graduated from Wyandotte High School in 1952 and soon met John Charles McCall, her future husband. They married October 24, 1953, and began their family with the birth of their first child the following year. In 1968, the family moved to West Sacramento when her husband began working for Western Pacific Railroad and she continued working for Liberty Mutual until her retirement in 1999.

Donna enjoyed gardening and hosting family gatherings. She loved musical theatre



and classical music. She is described by family and friends as loving and generous in spirit. She is preceded in death by her parents and husband of 39 years. She is survived by her sister Bonnie McGowan of Lakewood and her children Lois Vasquez of Roseville, John McCall (Terri) of West Sacramento, James McCall (Sue) of the Monterey area, and Linda Cook (Ron) of Bishop, CA. She is also survived by her six grandchildren and many great grandchildren, nieces and nephews.

There are no immediate services pending per Donna's last wishes. A graveside service is planned for next spring to place her next to her husband in Berea Cemetery, the family plot near Richmond, Kansas, and the original McCall homestead. In lieu of flowers, donations in her name can be made to her favorite charities, such as the SPCA, Shriner's Hospital, or the American Cancer Society.

**JOIN US FOR AMERICA RECYCLES DAY**

**FREE VIRTUAL CELEBRATION**

**Saturday, November 13, 10:00 a.m.**

The City of West Sacramento and Waste Management are hosting a FREE Virtual America Recycles Day Celebration where you and your kids can learn how to Recycle Right in a fun and entertaining forum!

-  Learn the most common recycling mistakes and how to easily correct them.
-  Find out how West Sacramento residents can get a kitchen pail and organics cart for their home at no extra cost to them.
-  Learn tips for collecting food scraps and discover how they're composted.
-  Get a behind the scenes tour of the Sacramento Recycling and Transfer Station.

Enter the WM America Recycles Day Video Contest!

Residents of West Sacramento may create and submit a 60 second Recycle Right video to educate the community on how to properly sort and recycle organic waste like food scraps and yard trimmings.

Cash Prizes for Winners!

1st Place: \$200, 2nd Place: \$100, 3rd Place: \$50




For complete details on registering for the event and entering the WM America Recycles Day video contest please visit [RecyclingFun.org](https://RecyclingFun.org).



# “Lest We Forget”

“We have come to dedicate a portion of that field, as a final resting place for those who here gave their lives that that nation might live.” – President Abraham Lincoln’s Gettysburg Address, November 1863.

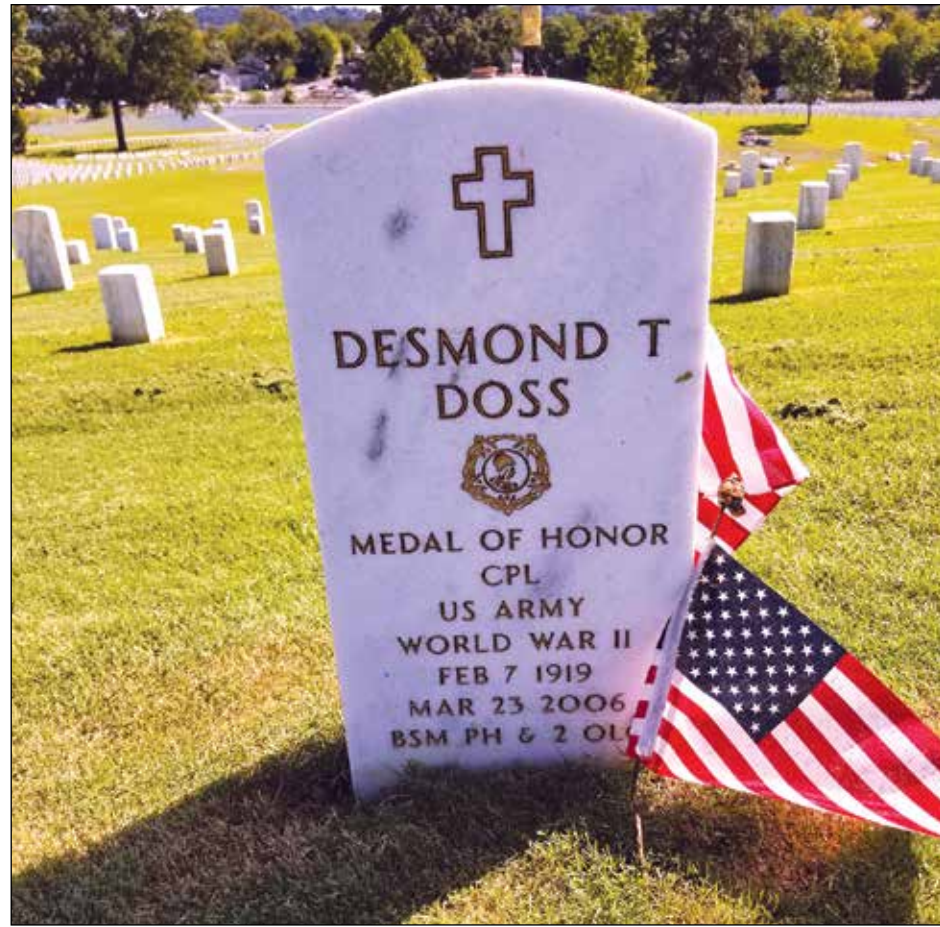
By Sal Arrigo, Jr.

**CHATTANOOGA, TN (MPG)** - I cannot adequately describe my feelings as I entered the Chattanooga National Cemetery where I had come to pay my respects and dedicate this story to these veterans. It is located not too far from the heart of the city of Chattanooga, Tennessee. Visiting this cemetery, even if you had little or no understanding about the Civil War, you would come away with a new perspective on our nation’s history, and aren’t we supposed to have a grasp of history (both good and bad), before we are doomed to repeat it?

In 1863, General Order No. 296 was issued to create a national cemetery to commemorate the Battles of Chattanooga in November 1863. Major General George H. Thomas, known as “The Rock of Chickamauga,” issued this order, but it was not until 1867 that the cemetery gained a national designation. In all, there are 155 national cemeteries in 42 states and Puerto Rico; to find out where they are in your travels, go to [www.cem.va.gov](http://www.cem.va.gov), for more information.

Why should you visit the Chattanooga National Cemetery? When you arrive at the cemetery and proceed to the administrative building for information, you may talk with Kevin Ritchey of Facilities Maintenance, who has a wealth of knowledge about the park. Kevin is also a U.S. Army combat veteran. The cemetery has many qualified volunteers to answer your questions and offer directions (all the volunteers are veterans), so if you want to visit the grave of Desmond Doss (the subject of the movie *Hacksaw Ridge*), they can get you there. You can visit the grave of an individual who has the unique distinction of being the only person buried here from the American Revolution.

The Chattanooga National Cemetery is 120 acres in size, and there are more than 41,000 veterans and their dependents resting here. Some of the highlights of cemetery include the Memorial Circle of Honor that was established in 1992. You can easily recognize the location by the American flag sitting atop the hill where it is said that



U.S. Army Corporal Desmond T. Doss is interred at Chattanooga National Cemetery. A combat medic serving with the US Army in World War II, he is credited with saving 75 men at Okinawa and is the only conscientious objector to receive the Medal of Honor. He was featured in the 2016 movie *Hacksaw Ridge*. Photo by Sal Arrigo, Jr.



The Chattanooga National Cemetery in Tennessee was created to commemorate the Battles of Chattanooga fought in November 1863. Photo by Sal Arrigo, Jr.

General Ulysses S. Grant had his headquarters while the Battle of Chattanooga was fought nearby. The Circle honors those from our nation’s conflicts, and organizations have erected memorials in recognition of the sacrifices that were made during the Vietnam War, Korean War, World War II and more.

The first thing you see when you arrive is the Andrew’s Raiders Monument. This monument is in honor of those individuals who aided the Union in the Civil War. The individuals honored here are among the first recipients of the Medal of Honor, our nation’s highest military tribute “for conspicuous gallantry and intrepidity at the risk of life above and beyond the call of duty.”

In addition to the individuals buried here from the Civil War, the cemetery also is the final resting place for German soldiers who were prisoners of war from World War I and World War II. Each November, the German government honors these soldiers with a laying of the wreath at the German monument.

The Chattanooga National Cemetery was placed on the National Register of Historic Places in 1996. As with historic places, one must take time to observe and “feel” the surroundings. For instance, every monument or memorial arch has a story, and usually there is an inscription, or plaque or headstone that tells why that warranted being placed in this cemetery of honor.

The Chattanooga National Cemetery is an inspirational place to visit. I found that there is so much more to discover through the veterans buried here. Charles H. Coolidge, who was one of the last surviving Medal of Honor recipients from World War II, is buried here. In fact, if you want to study up on Medal of Honor recipients, you can visit the Charles H. Coolidge National Medal of Honor Heritage Center right here in Chattanooga.

As I said, a visit to this cemetery is very enlightening and truly educational! The closest national cemetery we have to Sacramento is in Dixon at the Sacramento Valley National Cemetery. It is the seventh national cemetery built in California and the 124th in the national cemetery system. It’s a visit worth the time. Thank you, veterans! ★

*Tanya Aguilera*  
West Sacramento Specialist

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FICTITIOUS BUSINESS NAME STATEMENTS

FICTITIOUS BUSINESS NAME STATEMENT
File No. F20210795
The following person(s) is doing business as: The Investment Company, 2525 2nd Street, Davis, CA 95618, County of Yolo. Gregory E McNece 1998 Revocable Trust, Gregory E McNece, Trustee, 2225 Anza Avenue, Davis, CA 95616, Mark C McNece 1998 Revocable Living Trust, Mark C McNece, Trustee, 610 Barbera Place, Davis, CA 95616, Saddle Ridge Investors, LP, 2225 Anza Avenue, Davis, CA 95616 and Brookside Investors, LP, 610 Barbera Place, Davis, CA 95616. This business is conducted by General Partnership. The registrant commenced to transact business under the fictitious business name or names listed above on 04/20/1999. This statement was filed with the County Clerk of Yolo County on 09/17/2021. By: kquam, Deputy 10/15, 10/22, 10/29, 11/5/21 NEWS-LEDGER Oct 15 22 29 Nov 5 nl 3386 11-05-2021

FICTITIOUS BUSINESS NAME STATEMENT
File No. F20210848
The following person(s) is doing business as: Sierra Saw and Tool, Industrial Division, 9 Harter Avenue, Woodland, CA 95776, County of Yolo. D. Walton Saw, Inc., 44 Woodland Avenue, San Rafael, CA 94901. This business is conducted by Corporation. The registrant commenced to transact business under the fictitious business name or names listed above on 10/20/2020. This statement was filed with the County Clerk of Yolo County on 10/14/2021. Jesse Salinas, County Clerk/Recorder By: kquam, Deputy 10/15, 10/22, 10/29, 11/5/21 NEWS-LEDGER Oct 15 22 29 Nov 5 nl 3386 11-5-2021

FICTITIOUS BUSINESS NAME STATEMENT
File No. F20210851
The following person(s) is doing business as: Introducing You!, 800 Fairway Drive, Sacramento, CA 95605, County of Yolo. Carrie Layne Matthews, 800 Fairway Drive, Sacramento, CA 95605. This business is conducted by Individual. The registrant commenced to transact business under the fictitious business name or names listed above on 10/20/2020. This statement was filed with the County Clerk of Yolo County on 10/4/2021. Jesse Salinas, County Clerk/Recorder By: kquam, Deputy 10/15, 10/22, 10/29, 11/5/21 NEWS-LEDGER Oct 15 22 29 Nov 5 nl 3386 11-5-2021

FICTITIOUS BUSINESS NAME STATEMENT
File No. F20210770
The following person(s) is doing business as: The Growing Company, 4 Wayne Court, Building 3, Sacramento, CA 95829, County of Yolo. Jensen Landscape Services, LLC, 1983 Concourse Drive, San Jose, CA 95131. This business is conducted by Limited Liability Company. The registrant commenced to transact business under the fictitious business name or names listed above on 09/10/2021. This statement was filed with the County Clerk of Yolo County on 09/10/2021. Jesse Salinas, County Clerk/Recorder By: Michal Lindstrom, Deputy 10/15, 10/22, 10/29, 11/5/21 NEWS-LEDGER Oct 15 22 29 Nov 5 nl 3386 11-5-2021

FICTITIOUS BUSINESS NAME STATEMENT
File No. F20210869
The following person(s) is doing business as: Eagle Auto Sales, 1540 South River Road, West Sacramento, CA 95691, County of Yolo. Abbas Abbasi, 4730 Winona Court, Roseville, CA 95747. This business is conducted by Individual. The registrant commenced to transact business under the fictitious business name or names listed above on N/A. This statement was filed with the County Clerk of Yolo County on 10/08/2021. Jesse Salinas, County Clerk/Recorder By: Michal Lindstrom, Deputy 10/15, 10/22, 10/29, 11/5/21 NEWS-LEDGER Oct 15 22 29 Nov 5 nl 3386 11-5-2021

FICTITIOUS BUSINESS NAME STATEMENT
File No. F20210861
The following person(s) is doing business as: Warren's Machine and Welding, 52270 Clarksburg Road, Clarksburg, CA 95612, County of Yolo. Dustin Michael Houser, 1257 Bluegrass Street, Plumas Lake, CA 95961. This business is conducted by Individual. The registrant commenced to transact business under the fictitious business name or names listed above on N/A. This statement was filed with the County Clerk of Yolo County on 10/6/2021. Jesse Salinas, County Clerk/Recorder By: Iramirez, Deputy 10/22, 10/29, 11/5 11/12/21 NEWS-LEDGER Oct 22 29 Nov 5 12 nl 3386 11-12-2021

FICTITIOUS BUSINESS NAME STATEMENT
File No. F20210841
The following person(s) is doing business as: Hairpreid, 3138 Dove Court, West Sacramento, CA 95691, County of Yolo. Hairpreid LLC., 10265 Rockingham Drive, Sacramento, CA 95827. This business is conducted by Limited Liability Company. The registrant commenced to transact business under the fictitious business name or names listed above on 08/01/2021. This statement was filed with the County Clerk of Yolo County on 09/30/2021. Jesse Salinas, County Clerk/Recorder By: dho, Deputy 10/22, 10/29, 11/5 11/12/21 NEWS-LEDGER Oct 22 29 Nov 5 12 nl 3386 11-12-2021

FICTITIOUS BUSINESS NAME STATEMENT
File No. F20210761
The following person(s) is doing business as: M3 Healthcare Consulting, 2055 Anderson Road, #4, Davis, CA 95616, County of Yolo. MITA Medical Management LLC, 1216 Gazelle Place, Davis, CA 95616. This business is conducted

by Limited Liability Company. The registrant commenced to transact business under the fictitious business name or names listed above on N/A. This statement was filed with the County Clerk of Yolo County on 10/4/2021. Jesse Salinas, County Clerk/Recorder By: kquam, Deputy 10/22, 10/29, 11/5 11/12/21 CNS-3520137# NEWS-LEDGER Oct 22 29 Nov 5 12 nl 3386 11-12-2021

FICTITIOUS BUSINESS NAME STATEMENT
File No. F20210822
The following person(s) is doing business as: LightrmindedPhoto Tours, 1163 Park Boulevard, West Sacramento, CA 95691, County of Yolo. Matthew Estrada Photography LLC, 1163 Park Boulevard, West Sacramento, CA 95691. This business is conducted by Limited Liability Company. The registrant commenced to transact business under the fictitious business name or names listed above on 09/24/2021. This statement was filed with the County Clerk of Yolo County on 09/27/2021. Jesse Salinas, County Clerk/Recorder By: Iramirez, Deputy 10/22, 10/29, 11/5 11/12/21 NEWS-LEDGER Oct 22 29 Nov 5 12 nl 3386 11-12-2021

FICTITIOUS BUSINESS NAME STATEMENT
File No. F20210897
The following person(s) is doing business as: Bishops Travel Pro, 3572 Squaw Road, West Sacramento, CA 95691, County of Yolo. Adrian Leigh Williams, 3572 Squaw Road, West Sacramento, CA 95691. This business is conducted by Individual. The registrant commenced to transact business under the fictitious business name or names listed above on 01/01/2021. This statement was filed with the County Clerk of Yolo County on 10/15/2021. Jesse Salinas, County Clerk/Recorder By: dho, Deputy 10/22, 10/29, 11/5 11/12/21 NEWS-LEDGER Oct 22 29 Nov 5 12 nl 3386 11-12-2021

FICTITIOUS BUSINESS NAME STATEMENT
File No. F20210857
The following person(s) is doing business as: C and H Bookkeeping & Professional Services, 3248 San Vicente Road, West Sacramento, CA 95691, County of Yolo. Sophie & Kenneth You, 3248 San Vicente Road, West Sacramento, CA 95691. This business is conducted by Married Couple. The registrant commenced to transact business under the fictitious business name or names listed above on 10/6/2021. This statement was filed with the County Clerk of Yolo County on 10/6/2021. Jesse Salinas, County Clerk/Recorder By: Iramirez, Deputy 10/29, 11/5, 11/12, 11/19/21 NEWS-LEDGER Oct 29 Nov 5 12 19 nl 3386 11-19-2021

FICTITIOUS BUSINESS NAME STATEMENT
File No. F20210860
The following person(s) is doing business as: The Growing Company, 4 Wayne Court, Building 3, Sacramento, CA 95829, County of Yolo. Jensen Landscape Services, LLC, 1983 Concourse Drive, San Jose, CA 95131. This business is conducted by Limited Liability Company. The registrant commenced to transact business under the fictitious business name or names listed above on 09/30/2021. This statement was filed with the County Clerk of Yolo County on 10/06/2021. Jesse Salinas, County Clerk/Recorder By: kquam, Deputy 10/29, 11/5, 11/12, 11/19/21 CNS-3521805# NEWS-LEDGER Oct 29 Nov 5 12 19 nl 3386 11-19-2021

FICTITIOUS BUSINESS NAME STATEMENT
File No. F20210862
The following person(s) is doing business as: The Interior Plant Company, 8240 Umbria Avenue, Sacramento, CA 95828, County of Yolo. Jensen Landscape Services, LLC, 1983 Concourse Drive, San Jose, CA 95131. This business is conducted by Limited Liability Company. The registrant commenced to transact business under the fictitious business name or names listed above on 09/30/2021. This statement was filed with the County Clerk of Yolo County on 10/06/2021. Jesse Salinas, County Clerk/Recorder By: kquam, Deputy 10/29, 11/5, 11/12, 11/19/21 CNS-3521816# NEWS-LEDGER Oct 29 Nov 5 12 19 nl 3386 11-19-2021

FICTITIOUS BUSINESS NAME-STATEMENT OF ABANDONMENT
File No. F20210900
The following person(s) or entity are abandoning the use of the following fictitious business name(s): West Sacramento News Ledger, 1040 West Capitol Avenue, Suite B, West Sacramento, CA 95691, County of Yolo. News Ledger LLC., 1040 West Capitol Avenue, Suite B, West Sacramento, CA 95691. This business was conducted by Limited Liability Company. The registrant commenced to transact business under the fictitious business name or names listed above on 01/16/2019. This statement was filed with the County Clerk of Yolo County on 10/18/2021. Jesse Salinas, County Clerk/Recorder By: Iramirez, Deputy 10/29, 11/5, 11/12, 11/19/21 CNS-3497407# NEWS-LEDGER Oct 29 Nov 5 12 19 nl 3386 11-10-2021

FICTITIOUS BUSINESS NAME STATEMENT
File No. F20210800
The following person(s) is doing business as: Vice Motors Corp, 2620 W Capitol Avenue, West Sacramento, CA 95691, County of Yolo. Vice Motors Corp, 1788 Camino Real Way, Roseville, CA 95747. This business is conducted by Corporation. The registrant commenced to transact business under the fictitious business name or names listed above on 09/15/2021. This statement was filed with the County

Clerk of Yolo County on 09/20/2021. Jesse Salinas, County Clerk/Recorder By: dho, Deputy 11/5, 11/12, 11/19, 11/26/21 NEWS-LEDGER Nov 5 12 19 26 nl 3386 11-26-2021

FICTITIOUS BUSINESS NAME STATEMENT
File No. F20210915
The following person(s) is doing business as: JS Threading Plus, 779 Ikea Court, Suite 110, West Sacramento, CA 95605, County of Yolo. JS Threading Plus, 2108 N Street, Suite N, Sacramento, CA 95816. This business is conducted by Corporation. The registrant commenced to transact business under the fictitious business name or names listed above on 10/01/2021. This statement was filed with the County Clerk of Yolo County on 10/20/2021. Jesse Salinas, County Clerk/Recorder By: kquam, Deputy 11/5, 11/12, 11/19, 11/26/21 NEWS-LEDGER Nov 5 12 19 26 nl 3386 11-26-2021

FICTITIOUS BUSINESS NAME STATEMENT
File No. F20210892
The following person(s) is doing business as: Skoozi Entertainment, 155 Oak Avenue, Apt. 11, Woodland, CA 95695, County of YOLO. Julio Mazuka, 155 Oak Avenue, Apt. 11, Woodland, CA 95695. This business is conducted by Individual. The registrant commenced to transact business under the fictitious business name or names listed above on 10/24/2021. This statement was filed with the County Clerk of Yolo County on 10/14/2021. Jesse Salinas, County Clerk/Recorder By: dho, Deputy 11/5, 11/12, 11/19, 11/26/21 NEWS-LEDGER 11-26-2021

FICTITIOUS BUSINESS NAME STATEMENT
File No. F20210902
The following person(s) is doing business as: GP Maintenance Solutions, 16665 Freeman Street, Esparto, CA 95627, County of YOLO. Ricardo Guzman, 16665 Freeman Street, Esparto, CA 95627. This business is conducted by Individual. The registrant commenced to transact business under the fictitious business name or names listed above on 10/24/2021. This statement was filed with the County Clerk of Yolo County on 10/18/2021. Jesse Salinas, County Clerk/Recorder By: kquam, Deputy 11/5, 11/12, 11/19, 11/26/21 CNS-3525721# NEWS-LEDGER 11-26-2021

FICTITIOUS BUSINESS NAME STATEMENT
File No. F20210874
The following person(s) is doing business as: Jess Hole Photography, 613 2nd Street, Apt. 20, Woodland, CA 95695, County of YOLO. Jessica Holle, 613 2nd Street, Apt. 20, Woodland, CA 95695. This business is conducted by Individual. The registrant commenced to transact business under the fictitious business name or names listed above on 09/01/2021. This statement was filed with the County Clerk of Yolo County on 10/11/2021. Jesse Salinas, County Clerk/Recorder By: kquam, Deputy 11/5, 11/12, 11/19, 11/26/21 CNS-3526217# NEWS-LEDGER 11-26-2021

FICTITIOUS BUSINESS NAME STATEMENT
File No. F20210903
The following person(s) is doing business as: Captain Andy's Emporium, 3810 Mendocino Court, West Sacramento, CA 95691, County of YOLO. Andrew V. Pierce, 3810 Mendocino Court, West Sacramento, CA 95691. This business is conducted by Individual. The registrant commenced to transact business under the fictitious business name or names listed above on N/A. This statement was filed with the County Clerk of Yolo County on 10/18/2021. Jesse Salinas, County Clerk/Recorder By: kquam, Deputy 11/5, 11/12, 11/19, 11/26/21 CNS-3525845# NEWS-LEDGER 11-26-2021

SUPERIOR COURT OF CALIFORNIA COUNTY OF YOLO ORDER TO SHOW CAUSE CHANGE OF NAME #CV2021-1666
Mohammad Waqee Chaudhry has filed a petition with this court for a decree changing the name(s) of Mohammad Waqee Chaudhry to Waqee Mohammad Chaudhry. IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00a.m. on November 9, 2021, in Department 10, Room: Zoom and show cause, if any, why the petition for Change of Name should not be granted. Dated: September 20, 2021 Samuel T. McAdam, Judge of the Superior Court Publish: October 15, 22, 29, November 5, 2021 CHAUD 1801 11-5-21

SUPERIOR COURT OF CALIFORNIA COUNTY OF YOLO ORDER TO SHOW CAUSE CHANGE OF NAME #CV2021-1660
Abdul Hadi has filed a petition with this court for a decree changing the name(s) of Abdul Hadi to Abdul Hadi Sadat. IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00a.m. on November 23, 2021, in Department 10 and show cause, if any, why the petition for Change of Name should not be granted. Dated: September 16, 2021 Daniel M. Wolk, Judge of the Superior Court Publish: October 29 & November 5, 12, 19, 2021 HADI 1801 11-19-21

SUPERIOR COURT OF CALIFORNIA COUNTY OF YOLO ORDER TO SHOW CAUSE CHANGE OF NAME #CV2021-1844
TJ Ray Juarez has filed a petition with this court for a decree changing the

name(s) of TJ Ray Juarez to Ray Juarez. IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00a.m. on November 24, 2021, in Department 10, Room: Zoom and show cause, if any, why the petition for Change of Name should not be granted. Dated: October 14, 2021 Samuel T. McAdam, Judge of the Superior Court Publish: October 29 & November 5, 12, 19, 2021 JUAREZ 1801 11-19-21

SUPERIOR COURT OF CALIFORNIA COUNTY OF YOLO ORDER TO SHOW CAUSE CHANGE OF NAME #CV2021-1812
Vanessa Do Truong has filed a petition with this court for a decree changing the name(s) of Vanessa Do Truong to Van Truong. IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00a.m. on November 24, 2021, in Department 10, Room: Zoom and show cause, if any, why the petition for Change of Name should not be granted. Dated: October 12, 2021 Samuel T. McAdam, Judge of the Superior Court Publish: October 29 & November 5, 12, 19, 2021 TRUONG 1801 11-19-21

SUPERIOR COURT OF CALIFORNIA COUNTY OF YOLO ORDER TO SHOW CAUSE CHANGE OF NAME #CV2021-1821
Diem Thi Phan Quinlan has filed a petition with this court for a decree changing the name(s) of Diem Thi Phan Quinlan to Diem Thi Phan. IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00a.m. on November 30, 2021, in Department 9 and show cause, if any, why the petition for Change of Name should not be granted. Dated: October 12, 2021 Daniel M. Wolk, Judge of the Superior Court Publish: October 29 & November 5, 12, 19, 2021 QUINLAN 1801 11-19-21

SUPERIOR COURT OF CALIFORNIA COUNTY OF YOLO ORDER TO SHOW CAUSE CHANGE OF NAME #CV2021-1810
Anthony Hilario Arocan has filed a petition with this court for a decree changing the name(s) of Anthony Hilario Arocan to Anthony Hilario Perez. IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00a.m. on November 23, 2021, in Department 10, Room: Zoom and show cause, if any, why the petition for Change of Name should not be granted. Dated: October 12, 2021 Samuel T. McAdam, Judge of the Superior Court Publish: October 29 & November 5, 12, 19, 2021 AROCAN 1801 11-19-21

Lien Sale
In accordance with the provisions of State law, there being due and unpaid charges for which the undersigned is entitled to satisfy an owner and/or manager's lien of the goods hereinafter described and stored at the Life Storage location listed below.
Life Storage #635
3280 Jefferson Blvd
West Sacramento, CA 95691
(916) 492-2056

And, due notice having been given, to the owner of said property and all parties known to

claim an interest therein, and the time specified in such notice for payment of such having expired, the goods will be sold to the highest bidder or otherwise disposed of at a public auction to be held online at www.storage treasures.com, which will end on Thursday November 18th, 2021 at 10:00am

Latoya Briggs: Hsld gds/ Furn, TV/Stereo Equip, Tools/ Appliances, Off Furn/Mach/Equip
Stephen Jensen: Hsld gds/Furn

Taya Snider: Hsld gds/Furn, TV/ Stereo Equip, Tools/Apllnces

James Fitzpatrick: Hsld gds/ Furn, Off Furn/Mach/Equip
David Lane: Hsld gds/ Furn, TV/Stereo Equip, Tool/ Appliances, Off Furn/Mach Equip, Lndscpng/Cnstrctn equip

Andres Barrett: Hsld gds/Furn October 29 and November 5, 2021 11-5-2021

Notice of Public Sale:
Self-Storage unit contents of the following customers containing household and other goods will be sold for cash or credit card by CubeSmart Self Storage 541 Harbor Blvd. West Sacramento, Ca 95691 to satisfy a lien on Nov. 11, 2021, approx. 12:00pm on storage treasures.com
Laryssa Dykes, Jacob Stamper, Toni Cole, Cathy Olivera, Gerard C Quintanilla, Corazon Fernandez, Krystal Archer, Anicto Mendoza, Matthew Bird, Francisco Perez, Victor Hernandez.

Public Lien Sale
Extra Space Storage will hold a public auction to sell personal property described below belonging to those individuals listed below at the location indicated: 975 F ST West Sacramento, ca 95605 on 11/22/2021 @2:00PM: DJ Keys Production household goods. Keaton Fisher household goods. Sanae Kanzawa Clothes, personal items, luggage. Kenneth Ray Clothing, boxes, duffel bag. Elisha Cooper Football equipment. serina wilson household goods. Angela Saenz 3 bedroom home. This auction will be listed and advertised on www.storage treasures.com. Purchases must be made with cash only and paid at the above referenced facility in order to complete the transaction. Extra Space Storage may refuse any bid and may rescind any purchase up until the winning bidder takes possession of the personal property. 11/5, 11/12/21 CNS-3524968# NEWS-LEDGER 11/12/21

Lien Sale Notice
NOTICE IS HEREBY GIVEN PURSUANT TO SECTIONS 3071 AND 3072 OF THE CIVIL CODE OF THE STATE OF CALIFORNIA, THE UNDERSIGNED, CITIZENS TOWING & IMPOUND 1244 FORTNA AVE WOODLAND, CA 95776 WILL SELL AT PUBLIC SALE ON: NOVEMBER 17, 2021, 10:00AM THE FOLLOWING PROPERTY: 1997 HYUN TRNSLD LIC# 4GT2831 CA VIN# 3H3V532C1V7035014 CNS-3525979# NEWS-LEDGER 11/5/21

ORDINANCE SUMMARY

At their regular meeting on November 3, 2021, the West Sacramento City Council is scheduled to adopt the following ordinances.

The City Council meeting will be conducted via teleconference pursuant to Government Code section 54953(e). On October 20, 2021, the City Council adopted Resolution 21-80 confirming that a statewide state of emergency continues to exist because of COVID-19 virus pandemic, and that the Yolo County Public Health Officer continues to recommend measures to promote social distancing. The Council and City staff shall take all actions required by Section 54953(e) to protect public access and right to comment. To reduce the spread of COVID-19, members of the public are asked to watch the meeting Livestream (https://www.cityofwestsacramento.org/government/meetings-agendas/city-council), or via Wave Cable Channel 20 and to submit comments in writing by 4:30 PM on November 3, 2021.

To submit a comment in writing, please email clerk@cityofwestsacramento.org and write "Public Comment" in the subject line. In the body of the email, include the item number and/or title of the item as well as your comments. All comments received by 4:30 PM will be provided to the City Council and posted on the website. The comments submitted shall become part of the record of the meeting. To make a verbal comment during the meeting, join the meeting using the Zoom meeting link or by phone.

Second Reading and Adoption of Ordinance 21-7 regarding amendments to Title 17 (Zoning) of the West Sacramento Municipal Code for Emergency Shelters

Second Reading and Adoption of Ordinance 21-21 repealing and adding Chapter 8.08 of Municipal Code, relating to Refuse and Recycling

West Sacramento News Ledger 11-5-2021

CITY OF WEST SACRAMENTO REQUEST FOR PROPOSALS FOR PROPERTY MANAGEMENT, CASE MANAGEMENT, LAUNDRY AND FOOD SERVICES

The City of West Sacramento is seeking an experienced consultant (or consultants) to provide property management, case management, laundry and food distribution services in accordance with applicable federal, state, and local regulations associated with funding for the City's Homekey Program. On November 18, 2020, the West Sacramento Council authorized the acquisition of a 40-unit motel located at 817 West Capitol Ave. as part of its ongoing efforts to assist the homeless amid the COVID-19 pandemic. The acquisition of the 817 West Capitol Ave. site was made possible with funds from the State Homekey Program, a follow up to Project Roomkey. There is a need to provide continuous supportive services to the Homekey Program participants at the site. The consultant should have familiarity working with the homeless population and be willing to work collaboratively with the City's Community Outreach and Support Division, Yolo County Health and Human Services and other service providers in the community to reduce the incidence of homelessness. The Request for Proposals will be available on the City's Procurenw website starting November 5, 2021: https://secure.procurenw.com/portal/cityofwestsacramento/projects/13493

Proposals are only to be submitted electronically through Procurenw by 5:00 p.m., Friday, December 10, 2021. Any proposals received after this final filing date and time will be automatically rejected. For more information, please contact Isaaah Alford, Community Investment Specialist, at (916) 617-4555 or by email at isaaha@cityofwestsacramento.org.

CIUDAD DE WEST SACRAMENTO SOLICITUD DE PROPUESTAS PARA PROPERTY MANAGEMENT, CASE MANAGEMENT, LAUNDRY AND FOOD SERVICES

La Ciudad de West Sacramento está buscando un consultor (o consultores) con experiencia para brindar servicios de administración de propiedades, administración de casos, lavandería y distribución de alimentos de acuerdo con las regulaciones federales, estatales y locales aplicables asociadas con la financiación del Programa Homekey de la Ciudad. El 18 de noviembre de 2020, el Consejo Municipal de West Sacramento autorizó la adquisición de un motel de 40 unidades ubicado en 817 West Capitol Ave. como parte de sus esfuerzos continuos para ayudar a las personas sin hogar en medio de la pandemia de COVID-19. La adquisición del sitio 817 West Capitol Ave. fue posible con fondos Estatales del Programa Homekey, un seguimiento del Proyecto Roomkey. Es necesario proporcionar servicios de apoyo continuos a los participantes del Programa Homekey en el sitio. El consultor debe estar familiarizado con el trabajo con la población sin hogar y estar dispuesto a trabajar en colaboración con la División de Apoyo y Alcance Comunitario de la Ciudad, Servicios Humanos y de Salud del Condado de Yolo y otros proveedores de servicios en la comunidad para reducir la incidencia de la falta de hogar. La Solicitud de Propuestas estará disponible en el sitio web de Procurenw de la Ciudad a partir del 5 de noviembre de 2021: https://secure.procurenw.com/portal/cityofwestsacramento/projects/13493

Las propuestas solo deben enviarse electrónicamente a través de Procurenw antes de las 5:00 p.m., el viernes 10 de diciembre de 2021. Cualquier propuesta recibida después de esta fecha y hora de presentación final será rechazada automáticamente. Para obtener más información, comuníquese con Isaaah Alford, especialista en inversión comunitaria, al (916) 617-4555 o por correo electrónico a isaaha@cityofwestsacramento.org.





**Publisher,  
Paul V. Scholl**

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# West Sacramento News Ledger

*Serving Carmichael and Sacramento County since 1981*

It is the intent of the *Carmichael Times* to strive for an objective point of view in the reporting of news and events. It is understood that the opinions expressed on these pages are those of the authors and cartoonists and are not necessarily the opinions of the publisher or our contributors.

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California law requires that contractors taking jobs that total \$500 or more (labor and/or materials) be licensed by the Contractors State License Board. State law also requires that contractors include their license numbers on all advertising. Check your contractor's status at [www.cslb.ca.gov](http://www.cslb.ca.gov) or 800-321-CSLB (2752). Unlicensed persons taking jobs that total less than \$500 must state in their advertisements that they are not licensed by the Contractors State License Board.  
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Be wary of out of area companies. Check with the local Better Business Bureau before you send any money for fees or services. Read and understand any contracts before you sign. Shop around for rates.



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May the sacred heart of Jesus be loved, adored, cherished and preserved throughout the world now and forever. Sacred heart of Jesus have mercy on us. St. Jude worker of miracles pray for us. St. Jude helper of the hopeless pray for us. Amen. Say this prayer nine times a day for eight days. On the eighth day your prayer will be answered. It has never been known to fail. Publication must be promised. Thank you St. Jude.

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Guarantee Work  
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**Texas Tour** April 16-19, 2022  
Home games for the Houston Astros and Texas Rangers. Tour begins in Dallas/Fort Worth and ends in Houston.  
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# My Veteran Tribute

Veteran's Day is a special tribute to all veterans who have placed their lives on the line to keep our democracy viable. They selfishly do the job they are asked to do and do it with respect and great dignity. But let's be honest, unless you were in the military or are part of a military family, you cannot fathom what it's like to live day by day with the thought that he or she may not return. I know that happens with many other careers from police officers to firefighters and others too. But we ask these men and women to go around the world and try to understand how to get the job done in some really incredible circumstances.

I had a little of that experience too. Rick (my husband) and I were married about four months when he was deployed to Vietnam. It was a long time ago, but it still hits home every Veteran's Day. I can still feel the emotions he and felt as we said goodbye at the airport, not knowing if we would ever see each other again, hoping and praying that we would. It was not a popular war as if any war is, but this one was very difficult for those who returned and the names they were called. After several months, we met for R&R in Hawaii. The joy was there, but dread too, because he had to return to Vietnam after just a few days. But we were grateful.

Thank God my First Lieutenant returned to me with no injuries on the outside, but what about the inside? We never really talked about all that went on for quite a few years. I felt he would share when he was ready. Perhaps it was better that he was a little older...about 24...and he took on the job of looking after some of the

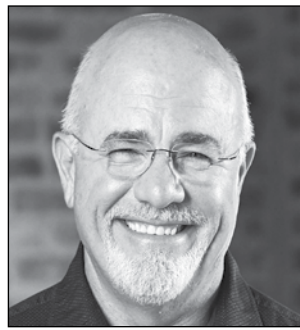


A special tribute to all veterans who have placed their lives on the line to keep our democracy viable. Image by Charles Thompson from Pixabay

younger guys to keep them out of trouble. I remember the letters he sent, which I still cherish and the cassette tapes we sent back and forth just talking about stuff. I can still remember hearing the pouring monsoons in the background and how he tried to keep busy painting his room.

After Hawaii, it was some months before he came home. It was over the New Year holiday, and I can still feel the terror when I did not know where he was as Saigon was falling. I heard nothing for days and then the call came from him that he was in Seattle. I was at Indiana University working on my Phd, but no gift or degree could have given me such joy as when I heard his voice.

I can't even imagine what it would be like to have a chaplain and officer come to my door, or know that his wounds were so bad, he would never be whole again. But it's been 50 years and we are still together. Please think of those brave souls who do this job for us and bring them home safe! Thank you for your service! God Bless Them ALL!!! ★



## Dave Ramsey Says

Dear Crislyn,  
My guess is the guy's not really bankrupt, but it sounds like he has some maturity and character issues that need to be addressed. I'm not saying things can't change, but this is not someone to move in with or consider marrying anytime soon. You two would have a hard time as husband and wife unless he makes some real course corrections in his attitudes about money and life.

For starters, he needs to get another job, sell the expensive car and find a cheaper place to live. Leaving one position for another is okay, but deciding you just don't like something and walking away from it without another job waiting – especially when you've got bills and a bunch of debt – is just plain irresponsible.

Lots of people identify too strongly with what they drive or where they live. They come to

believe those things are indications of their value or worth, and that's sad. It means something inside them is broken, and bankruptcy isn't going to fix that.

All this doesn't mean he isn't basically a decent guy, but it does mean he needs to get control of his finances – and that he's got some soul searching and growing up to do.

– Dave

*Dave Ramsey is a seven-time #1 national best-selling author, personal finance expert, and host of The Ramsey Show, heard by more than 18 million listeners each week. He has appeared on Good Morning America, CBS This Morning, Today Show, Fox News, CNN, Fox Business, and many more. Since 1992, Dave has helped people regain control of their money, build wealth and enhance their lives. He also serves as CEO for Ramsey Solutions.* ★

### Address the Deeper Issues

Dear Dave,

My boyfriend is not very good with money, and he is in a bad situation right now. He has a huge car payment every month, plus about \$30,000 in credit card debt. He also lives in a very expensive apartment. He recently quit a really good job because he doesn't like his boss anymore. He has talked about filing bankruptcy, and yesterday he asked if he could move in with me. I love him, but I'm also scared. I try to manage my money well by saving, investing for retirement and staying out of debt. What does this mean for our future together?

– Crislyn



## Riley Reviews

### "LAST NIGHT IN SOHO" AND "ONLY THE ANIMALS" ELICIT MYSTERY

A Film and TV Review by Tim Riley

#### "LAST NIGHT IN SOHO" RATED R

A trippy homage to swinging '60s London and twisted tale of time-travel to a horrific nightmare, Edgar Wright's "Last Night in Soho" often seems like the polarized world of the dark side of sex and graphic violence that would be the hallmark of a David Lynch film.

As a country girl from Cornwall with dreams of becoming a fashion designer, Ellie (Thomasin McKenzie) is about to venture forth to the big city of London, leaving behind her doting grandmother (Rita Tushingham).

Orphaned at a young age, Ellie aspires to follow in her late mother's footsteps. That may explain why her bedroom, complete with posters and ephemera from the 1960s, looks a shrine to a bygone era.

The unsophisticated Ellie proves to be an outcast to the hip other girls at the fashion school. Her mean-girl roommate and the other party girls are so obnoxious that she leaves her dorm for a Soho rooming house run by Ms. Collins (Diana Rigg in her last movie role).

While Ellie's designs show promise, they are fittingly retrograde to the '60s era. Her obsession with the past soon thrusts her into that Carnaby Street period as she dreams of a stunning blonde named Sandie (Anya Taylor-Joy) who sings Petula Clark and Dusty Springfield tunes.

Any doubt that Ellie has ventured into the mid-1960s is dispelled when emerging onto a street where a movie theater's marquee hosts an oversized poster of Sean Connery as James Bond in "Thunderball."

As Sandie's carefree lifestyle in Soho looms large in Ellie's mind, the fashion student becomes so increasingly fixated on her alter ego's world that she dyes her hair blonde and dresses in vintage clothes.

At times it seems like Ellie is inhabiting Sandie's body, but soon recoils at the advances made by Sandie's pimp Jack (Matt Walsh), a slick scoundrel with an ugly streak of thuggish behavior. The glamorous world of Sandie is a total illusion.

"Last Night in Soho" is ultimately a psychological thriller that offers more style than substance, and that would not be so bad but for the increasingly repetitive nature of the horror elements of ghoulish men as disturbing visions.

On the other hand, while the Sixties nostalgia of great music and fashions delights, Anna Taylor-Joy brings the era so vividly to life that one wishes her screen time would have been even greater.

#### "ONLY THE ANIMALS" NOT RATED

The French mystery thriller "Only the Animals" is an art house film that made its

mark at the 2019 Venice Film Festival and is now making its way to limited theaters.

A blurb on the poster calls it "A French Fargo," which might be a stretch but for the film's quirkiness and the fact that a snowstorm in rural France reminds one of a cruel winter in North Dakota.

How do five characters on two continents factor into the death of one socialite woman in the highlands of southern France where one can drive for miles and see nothing but snowdrifts and occasional livestock?

For one thing, director Dominick Moll may have been inspired by Kurosawa's "Rashomon" in that the film's structure of adopting successive points of view creates mystery and suspense.

In the press notes, the director disabuses that notion, observing that everything revolves around the mystery of Evelyne Ducat (Valeria Bruni Tedeschi) where "the points of view of his characters are incomplete, intertwined, and do not necessarily cover the same period."

Switching viewpoints, "Only the Animals" reveals the secret connections between a reclusive farmer, an unfaithful husband and wife, a lovelorn waitress and an African internet scam artist, exposing a world of greed, lust, betrayal, and loneliness.

The film opens in the shantytowns of Ivory Coast's capital city where Armand (Guy Roger N'drin), a young black man, is seen riding a scooter with a goat on his back. Your first thought is how does he figure in the story?

From coastal Africa, we move quickly to a frigid winter in rural France where married social worker Alice (Laure Calamy) is having an affair with morose farmer Joseph (Damien Bonnard).

Alice is the first to spot Evelyne's abandoned car on the side of a desolate road. The police question Joseph who claims to know nothing about the driver but why are strange things happening on his property?

Shifting back in time, the bisexual Evelyne strikes up a tempestuous relationship with young waitress Marion (Nadia Terezkiewicz) during a visit to a coastal Mediterranean city.

Tension arises when Evelyne, who's just looking for sexual gratification, rebuffs Marion's professed love. Does this make the young woman a suspect for murder?

What about Alice's husband Michel (Denis Menochet), so desperate for an affair that he falls victim to Armand's cyber-scam posing as the sexy Amandine who keeps asking for money?

What binds everyone in "Only the Animals" are deep, dark secrets and a search for love, often in the wrong places. Well, there's also the tale of murder and intrigue to hold one's interest. ★

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Legal Advertising 7144 Fair Oaks Blvd #5 Carmichael, CA 95608

**Yolo County Housing**  
**COMBINED NOTICE OF PUBLIC COMMENT PERIOD AND PUBLIC HEARING**

To all citizens, residents and interested parties, Yolo County Housing will conduct a PUBLIC COMMENT PERIOD and PUBLIC HEARING regarding updates to the Administrative Plan:

- Incorporated Updated Dept of Housing and Urban Development (HUD) Regulations and Applicable Public and Indian Housing (PIH) Notices
- Wait List Preferences
- Special Purpose Vouchers
- Violence Against Women Act (VAWA) Policy Updates
- Project Based Vouchers
- Remote Briefings, Informal Reviews and Hearings

The **Administrative Plan** establishes local policies for the administration of the Housing Choice Voucher (HCV) program and must comply with HUD regulations and requirements. Yolo County Housing (YCH) must administer the program in accordance with their Administrative Plan which covers all aspects of the HCV program including, but not limited to, selection and admission of applicants, issuing and denying vouchers, occupancy policies, affirmatively furthering fair housing, assisting a family with claims of discrimination, fair housing compliance, owner participation processes, inspections, informal reviews and hearings, establishing payments standards, portability, project-based vouchers, special purpose vouchers, etc. A **public hearing** is scheduled to be held on **December 15, 2021 at 3:00 p.m. during the Yolo County Housing Commission Meeting which is currently being held remotely via ZOOM link located on the County of Yolo website, www.yolocounty.org or the Yolo County Housing website at www.ych.ca.gov.** Interested parties are invited to attend and participate.

The **45-day public comment period begins on October 30, 2021 and will end at YCH's close of business on December 14, 2021.** Comments may be made in writing or may be presented orally at the public hearing. Any persons or organizations desiring to be heard on this topic will be afforded an opportunity to speak at the public hearing. Interested persons may also provide written comments during the public comment period. **Written comments and/or questions should be addressed to: Irma Jiménez-Pérez, Housing Program Supervisor, 147 W. Main Street, Woodland, CA 95695.** Oral comments and/or questions may also be made to Ms. Jimenez-Perez at 530-662-5428.

If you would like to review the Administrative Plan, it is available at the locations listed below or on the Yolo County Housing website at [www.ych.ca.gov](http://www.ych.ca.gov):

Winters Office 62 Shams Way Winters, CA 95694 Monday - Thursday 10:00 a.m. to 5:00 p.m. Closed 12-1 for Lunch	West Sacramento Office 685 Lighthouse Drive West Sacramento, CA 95605 Monday - Thursday 10:00 a.m. to 5:00 p.m. Closed 12-1 for Lunch	Yolo County Housing Main Office 147 West Main Street Woodland, CA 95695 Monday - Thursday 9:00 a.m. to 3:00 p.m.
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**NONDISCRIMINATION**  
Yolo County Housing prohibits discrimination in employment, services, and activities on the basis of race, color, creed, religion, sex, ancestry, familial status, marital status, national origin, sexual orientation, age, disability, source of income or other legally protected status. YCH affirms its commitment to equal opportunity and equal access to services. For additional information or to request a reasonable accommodation or language services assistance, contact the YCH 504 Coordinator, at 530-662-5428; TDD 1-800-545-1833, ext. 626.

West Sacramento News Ledger November 5 and 12, 2021

**Thank A Veteran Today**



**Crossword Puzzle on Page 8**

L	O	A	M		H	A	M		H	A	U	L			
A	O	N	E		D	A	N	E		F	E	N	N	Y	
W	H	O	D		A	C	T	S		E	R	N	I	E	
	S	N	I	C	K	E	R	S		L	S	A	T		
		C	H	O	K	E			D	O	H				
K	I	T	K	A	T				L	I	N	E	M	E	N
O	N	E		T	A	R	P	O	N		Y	O	G	A	
T	E	R	M	S		E	E	K		U	S	U	R	P	
O	R	C	A		N	A	Z	I	S	M		T	E	E	
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P	L	A	C	E		A	R	I	A		E	T	U	I	
A	U	G	U	R		L	I	O	N		M	A	R	K	
P	R	E	P			E	N	S			A	L	E	E	

**STATEPOINT CROSSWORD • CANDY**

**CLUES**

- ACROSS**
- Good earth
  - Pea soup bone
  - Transport, with a U
  - Top notch
  - Copenhagen native
  - Boggy
  - Who would
  - Play parts
  - "Sesame Street" roommate
  - "World's best-selling candy bar
  - Law school entry requirement, acr.
  - Use a garrote
  - Homer Simpson's exclamation
  - "Gimme a break" bar
  - Scrimmage line group
  - Dollar
  - Saltwater game fish
  - Hindu workout
  - 4 years for a U.S. President, pl.
  - \*Hyde & \_\_\_ Boutique candy
  - Seize a throne
  - Popular aquarium performer
  - Germany's National Socialism, for short
  - Ryder Cup peg
  - Excellent
  - Jet setters' vessels
  - Scientist's office
  - Game ragout
  - One from Glasgow
  - "Twizzlers competitor
  - There's none like home?
  - Vocal piece for one
  - Small ladies' handbag
  - Black cat crossing the street, e.g.
  - One with biggest share?
  - Actor Wahlberg
  - Secondary school
  - Follow ems
  - Sheltered, nautically
- DOWN**
- Order's partner?
  - Sounds of amazement
  - Any day now
  - a.k.a. hop clover or nonesuch
  - Certain consonant marker
  - Cavern or cave
  - Army \_\_\_ hall, or dining room
  - "Who's Kisses?"
  - Pavlova or Kournikova
  - Newton, e.g.
  - Caustic chemical
  - One of Fanning sisters
  - Cell dweller
  - Online conversations
  - Cacophony
  - Japanese string instrument, pl.
  - Apathetic
  - 9 a.m. prayer
  - Mischievous Norse deity
  - "Pop Rocks sizzle and pop in it
  - Kind of heron
  - Back of the neck, pl.
  - Back of military formation
  - "Short for Pfefferminz
  - "Chocolate-covered whipped marshmallow (2 words)
  - Savory taste sensation
  - Apprehend
  - Spirit of the woods
  - Not now
  - Auteur's art
  - European finch

**Crossword Puzzle Solutions on Page 8**

1	2	3	4		5	6	7		8	9	10	11
12					13				14			
15					16				17			
	18				19				20			
					21				22			
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	50	51					52				53	54
55							56			57		58
59							60			61		
62							63			64		

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*Reach 1000's of Readers Every Week!*



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**Sudoku Puzzle on Page 8**

4	7	9	5	6	1	8	2	3
2	1	5	3	4	8	6	7	9
6	8	3	2	9	7	5	4	1
7	6	1	9	8	5	4	3	2
5	3	8	4	7	2	9	1	6
9	2	4	6	1	3	7	8	5
8	5	7	1	3	6	2	9	4
1	9	2	7	5	4	3	6	8
3	4	6	8	2	9	1	5	7

**CLUES**

- Goodbye, in Puerto Vallarta
- Hurtful remark
- Zoo room
- Respiratory rattling
- Et alibi, abbr.
- "You betcha!"
- OB-GYN test
- "Mike and \_\_\_ fruity, chewy candy

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**SUDOKU**

4			6					
2	5	3	4	8				
	8	3						
			9	8		4		2
5								6
9	4		1	3				
					2	9		
			7	5	4	3		8
			2					7

**Solutions on Page 8**

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**Raider Scoreboard**



**Football**

- 10/22 McClatchy JV 12 McClatchy 6  
RCV 7 McClatchy 20
- Girls Volleyball**  
10/25 Franklin Stockton (Playoff Game) Varsity lose in 5 sets
- Girls Volleyball**  
10/22 Monterey Trails RC 9 Monterey Trails 0  
RC Girls Tennis are Metro League (Co-Champions)
- Boys Water Polo**  
10/26 Florin RC 19 Florin 3  
10/26 Kennedy RC 12 Kennedy 15  
10/28 Laguna Creek RC Boys are playing for 3rd place and a playoff spot for the SJS Sections
- Girls Water Polo**  
10/16 Pinole Valley RC 17 Laguna Creek 7  
10/28 McClatchy RC Girls are playing for 1st or 2nd \ in league and moving on to play in SJS Sections

**River City Weekly Sports**



Winter Sports start on November 1st

**RC Sports**

- Girls Tennis** will play in the SJS Section team playoffs next week.
- Girls Basketball** season will start with a scrimmage on Saturday November 13th at Woodland.
- Boys Basketball** season will start with a game against Christian Brothers at River City on Friday November 19th
- Girls Soccer** season will start with a scrimmage at Liberty Ranch on Tuesday November 16th
- Boys Soccer** season will start with a scrimmage against Mira Loma at River City on Friday November 12th
- Wrestling**

**Game Times**

- TBD
- TBD
- F/JV/V 4:30/6/7:30
- JV/V 4:30/6
- JV/V 5:30/7
- TBD

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# WEEKLY COMICS

**Amber Waves** by Dave T. Phipps

WHAT IS THIS, SON? YOU ARE ABSOLUTELY FILTHY!  
 ME AND THE GUYS HAD A WICKED MUD FIGHT.  
 YOU NEED TO HAVE SOME SELF-RESPECT. WHAT WERE YOU RAISED IN A BARN?  
 UH...OK, WAS THAT A TRICK QUESTION?

**The Spats** by Jeff Pickering

I LIVE ON A "FIXED" INCOME.  
 RUB RUB RUB  
 ...TOO BAD MY EXPENSES ARE "BROKEN"

**Out on a Limb** by Gary Kopervas

FWIP  
 FWIP  
 FWIP  
 YOU STINK.  
 MIME BALLOON ARTIST

**THEY'LL DO IT EVERY TIME** BY AL SCADUTO

GAST-IRON NERVE DEPT- LONG VISITS and SHORT ON REIMBURSEMENT DIV.  
 THANKS FOR PUTTING ME UP FOR 3 WEEKS, LULA... YOU CAN MAIL THE THINGS I BOUGHT THAT I COULDN'T FIT INTO MY LUGGAGE- THANK YOU- BYE- ER... WELL...  
 LONGEVITY LINGO DEPT- THEY'LL ALWAYS SAY IT...  
 WELL...SMOKIN' FIFTEEN CEROOTS A DAY--NEVER SLEEPS! MOREN- TWO HOURS OF KENTUCKY LIGHTNING A DAY AND NEVER LOSING MY INTEREST IN THE LADIES-- YESSIEEE...

**R.F.D.** by Mike Marland

IF WE DIDN'T HAVE THE FARM, DAD, WOULD WE GO SOUTH FOR THE WINTER?  
 WHAT?! NO WAY, JUNE!  
 WE'RE HEARTY NORTHERNERS! I REFUSE TO DIMINISH OUR RUGGED HERITAGE BY GOING SOUTH FOR THE WINTER!  
 I COULD, HOWEVER BE CONVINCED TO GO WEST!!  
 HAWAII

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**CRIM BEAR IT**

"It's good to see Roscoe active again. ... He's been dormant since last football season."

**LAFF-A-DAY**

"You tricked me! You threw in this soap, didn't you?"

**Just Like Cats & Dogs** by Dave T. Phipps

OK, WELL, FOLKS, FOR STARTERS, THAT'S A PENALTY FLAG ON BOTH SIDES FOR TAUNTING.

**HOCUS-FOCUS** BY HENRY BOLTHOFF

Find at least six differences in details between panels.

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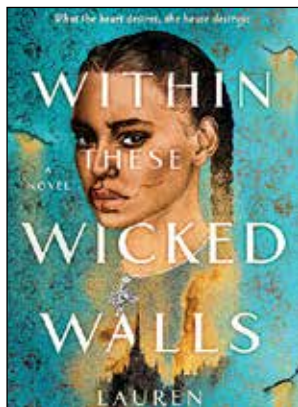


**FOR THE LOVE OF BOOKS**  
By Amy Shane  
BOOK REVIEW & SPECIAL EVENTS EDITOR • ✉ amy-shane@att.net • 📧 amy\_fortheloveofbook

## Within These Wicked Walls by Lauren Blackwood

From a young age, all Andromedia knew was the art of survival, stealing supplies when needed and making amulets to cast out manifestations and evil spirits. Raised by a man who has never shown her any affection, Jember is also the best in his field, who has trained Andromedia to be an exceptional debtera even for her young age. Now, at the cusp of adulthood, Andromedia finds herself penniless and cast out of the only home she has known. So, when she receives an offer to come and cleanse the Rochester Castle, she immediately accepts the offer. The moment she arrives, Andromedia realizes that her job is bigger and more dangerous than she ever expected, as many have failed before her. Without knowing where her next meal will come from, she decides to stay, even if death and destruction seem to lie within every doorway.

All too quickly, the house and the staff begin to grow on her. However, it's the moody, spoiled, and enigmatic, cursed master of the house Magnus that truly catches her eye. At first, she can't seem to rid herself of him, but as the manifestations



◆ Publisher: Wednesday Books  
◆ Intended Audience: Young Adult  
◆ Rating: ★★★★★  
◆ Release Date: Oct. 19, 2021

start to present themselves, Andromedia realizes that she might be on a suicide mission to cleanse this house, but if she leaves, Magnus will surely die. As servants start to disappear and the Evil Eye's powers get stronger, Andromedia realizes this job requires more than she is capable of, and if they all want to survive, she will have to seek out the help of the one person who has turned his back on her. Even scarier than the manifestations themselves, Andromedia must also weigh the danger of falling for the person who has more to lose if Andromedia fails.

In this Ethiopian-inspired fantasy, *Within These Wicked Walls* delivers a story that captures the hearts of anyone who falls within its pages. Lauren Blackwood creates a timeless story, with imaginative description and deep emotion, that highlights the need for desire, acceptance, adaptation in any circumstance, and most of all, hope. With faint echoes of Jane Eyre, this story captures the heart of anyone who loves the classic story, as well as readers who love retellings of the classics.

Readers will fall under this story's spells, as the clock strikes ten and blood seeps from the walls. With eerie settings, characters you can't help to love, and the unique use of carefully creating amulets to cleanse and protect, this story gives new meaning to terrifying secrets hidden within the walls of a large manor. A new voice to watch out for in young adult fantasy, Lauren Blackwood delivers the perfect story of sacrifice, longing, acceptance, and love while intertwining it within haunted castles walls and evil manifestations. ★

## "The Reluctant Candidate"



Commentary  
By Bruce Lee

Ever notice that we treat our elected officials very kindly? We call them the "Honorable." We stand when they walk in. We ask them to sit at the head table. We may curry favor with them for future gain. However, while we should absolutely treat people kindly and with respect, we may be planting the seeds of our own problems with this underlying deference!

Electeds begin to think "I'm all that, plus a bag of chips!" You see, they begin to believe their own public relations messaging. Within the State Capitol we call it "memberitis". Per Matthew 23:6, "They love the place of honor at banquets and the most important seats in the synagogues." They think they are "hot stuff", rather than simply as our elected employees – which is how we should treat them. Respectfully, honestly, but as our employees who we hold accountable as their employers.

The result of this favorable treatment is we have people running for office for all the wrong reasons! Not everyone, but many seek fame, ego, power, or privilege, rather than run as a public servant. Asking candidates why they are seeking office, some have candidly admitted to

me, "I'm not sure why." They know that it may be unlikely for them to win – but simply running brings exposure and notoriety. It's almost a game.

Then, if elected, do they know why they are there? It's unlikely they have any grounding in constitutional responsibilities or even basic managerial skills. They pursue whatever their imaginations conceive and frequently have NO sense of priorities. This explains recent laws from the State Capitol that makes it illegal to remove condoms during intercourse without mutual consent, or restaurants to offer small packets of condiments (e.g. mustard).

I recently relayed an observation to a reporter from my years as a local elected, "Being elected does not mean that you are necessarily intelligent!" He laughed and laughed in agreement ... almost as the child who declared that, "The emperor has no clothes!"

Of course, everything is on a continuum. I have met bright and dim electeds. But, we pull our candidates from the general population. So, if the average person is just stumbling through life trying to figure it out, then our candidates and ultimately electeds are doing the same thing!

Hence, my "Thesis of the Reluctant Candidate": the most reluctant candidate out of a group of candidates may be the best candidate. Take ten people who are asked, "Who wants to be Mayor?" Nine shout, "Oh, me, please me, I really want to be Mayor!!" They jump up and down trying to be picked – and

this is not an unrealistic scenario. Now, I wonder why are they so eager to be in power? And, if so eager to gain power, won't they be eager to stay in power – to do whatever it takes to play the political games to win again and again? (I have been in the backrooms where electeds contrive to manipulate offices so as to stay in power.)



By contrast, the reluctant candidate may say, "Well, damn, I really have other things to do, but I guess I could serve for a term as a public service." I'd argue that may be the better candidate. They are not in it so much for ego or personal gain.

The lessons for citizens as owners of our government are as follows. We need to inspire the highest quality of candidates. We should look for the necessary qualifications in deciding for whom to vote. And, finally, we must treat our electeds with respect, but treat them as our employees!

*W. Bruce Lee is an educator and speaker (WBruceLee.com) with a career in government as an elected official and fiscal advisor, who has worked at the local, state, and federal levels. He authors the "We the Government" column as a community service. He is president of the Sacramento Taxpayers Association (SacTax) - promoting efficient, economical government; fair and equitable taxation which permits a strong, healthy economy; as well as sensible balance and rational control of government expenditures.. His private message telephone is 916-624-6476. ★*

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# Farmers Lose Two Skirmishes in California Water War



By Dan Walters  
CALMatters

The most important battleground in California's perpetual war over water is the Sacramento-San Joaquin Delta.

Dozens of Northern California rivers and streams coalesce in the Sacramento and San Joaquin rivers, which join to form the Delta estuary and whose waters then flow into San Francisco Bay.

The state's massive water infrastructure was constructed on an assumption that water left to flow to the sea was wasted. The web of reservoirs and canals diverts river and Delta water to farms in the Sacramento and San Joaquin Valleys and domestic users as far south as San Diego.

However, in recent decades environmental groups and their allies, such as Indian tribes and fishermen, have demanded reductions in diversions, arguing that they severely damage habitat for fish, such as spawning salmon, and other wildlife.

The conflict has been played out in multiple arenas – the Legislature, Congress, federal and state regulatory agencies and the courts. It's been trench warfare with long periods of stalemate, occasional gains by one side or the other and periodic

attempts at armistice.

A few years ago, the state Water Resources Control Board was poised to impose some limits on diversions that the agricultural industry saw as draconian – particularly since the state was also beginning to regulate farmers' ability to pump groundwater to fill gaps in surface water supplies.

Govs. Jerry Brown and Gavin Newsom wanted to head off a full-fledged legal showdown by urging "voluntary agreements" on river flows acceptable to both farm water agencies and the water board and negotiations have been underway for several years.

One such agreement affecting the Sacramento River and its tributaries appears headed for adoption, but this month, the draft of a second affecting the San Joaquin River hit a huge roadblock. In a letter to the river's major diverters, the Newsom administration rejected their proposal and said it would urge the water board to resume direct regulation of San Joaquin flows.

Environmental Protection Secretary Jared Blumenfeld and Natural Resources Secretary Wade Crowfoot told the San Joaquin districts that "at this point it is clear that despite considerable efforts, proposed voluntary actions by water agencies on the San Joaquin River tributaries have fallen short of needed flow and habitat improvements, and viable proposals are not being offered at this time."

The two administration officials added, "We will ask the State Water Board to resume all activities necessary to implement the flow objectives established by the

2018 Bay-Delta Plan for the Lower San Joaquin River and its three major tributaries, the Stanislaus, Tuolumne, and Merced rivers."

Although Blumenfeld and Crowfoot said the San Joaquin agencies could re-enter the process "if they propose necessary levels of additional water flows and habitat," their rejection letter sets the stage for political and legal warfare. San Joaquin Valley farmers see the water board's pending actions as severely damaging their ability to continue operations.

Dave Eggerton, executive director of the Association of California Water Agencies called the administration letter "very concerning" because of the potential for all-out legal war.

However, as news of the letter spread in the water community, environmental groups celebrated. They had long viewed the "voluntary agreement" process as a tool to subvert stricter regulation necessary to protect habitat.

They scored another win last week when Fresno Superior Court Judge D. Tyler Tharpe refused to validate a very controversial water supply contract that the huge Westlands Water District obtained from the Trump administration. In his ruling, Tharpe cited procedural irregularities, including violation of state open meeting laws.

Thus, as drought grips California, the battles over the state's very limited supply of water seem destined to intensify.

Dan Walters has been a journalist for nearly 60 years, spending all but a few of those years working for California newspapers. ★

# Celebrate Pioneer Day in Coloma



More than two-dozen interactive exhibits and activities will be organized into two "tent towns" at the main thoroughfare into Coloma. Photo: Gary Zavoral

By Gary Zavoral

**RANCHO CORDOVA, CA (MPG)** - A California Pioneer History Day highlighting the contributions of groups traditionally underrepresented in California's history will be held 9 a.m.-3 p.m. Saturday, Nov. 6, at the Marshall Gold Discovery State Historic Park in Coloma.

The free-of-charge family-friendly event, which features many hands-on activities for both children and adults on pioneer life, will include historic exhibits and demonstrations from the Chinese Friends of the Railroad; Gold Rush Jewish Community; the Black peacetime military unit, the Buffalo Soldiers; the Mewuk Nisenan Native American Tribes; the Japanese Wakamatsu Farm; and the Mormon Battalion, six of whose members were with James Marshall in Coloma when he discovered gold.

"There are many groups and individuals who were instrumental in the settling and building up of California, but their stories are rarely told," said Dennis Holland, president of the California Pioneer Heritage Foundation, which co-sponsors the event. "Telling this history at the site of the gold discovery is appropriate, as that ignited the greatest rush for riches in the world and created this wonderful melting pot of people representing nearly every race and religion settling in California. That made it the most diverse state in the nation, and it still is today."

During this year's California Pioneer History Day, more than two-dozen interactive exhibits and activities organized into two "tent towns" will straddle Highway 49, the main thoroughfare into Coloma. At a station organized by Rancho Cordova

participants, children and others will be able to make candles just like they did in the 1800s.

The parade featuring descendants of early pioneers and other historic groups will start at 10 a.m., followed by an opening ceremony with guest speaker Rep. Tom McClintock, a member of the U.S. House of Representatives whose 4th district includes Coloma and what is referred to as the Gold Country.

State parking fee is \$10, which includes free admission to the park's Gold Discovery Museum. Food concessions will be available, or attendees can bring their own lunch. Visitors can dress in period clothing, which adds to the fun but is optional.

For more information, call the Gold Discovery park museum at (530) 622-3470. ★

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# No Doubt: Seniors are Tough Old Birds

By John Grimaldi,  
Association of Mature  
American Citizens

WASHINGTON, DC (MPG) - It's not easy getting old. When times are bad they're worse for the elderly and no better example is there than the times in which we've been living for the past twelve months or so – in the year of the COVID-19 pandemic. There's no doubt that the older you are the more physically vulnerable you can be to the coronavirus, but there's evidence that aging can also turn us into mentally tougher "old birds," as the saying goes, according to Rebecca Weber, CEO of the Association of Mature American Citizens [AMAC].

There was concern across the board when the pandemic got started that there would be a "mental health crisis" among the older population due to COVID based restrictions on contact with friends and family. But according to an article in JAMA, the Journal of the American Medical Association, there is "evidence suggesting that, counter to expectation, older adults as a group may be more resilient to the anxiety, depression, and stress-related mental health disorders characteristic of younger populations during the initial phase of the COVID-19 pandemic."

The article cites a study by the Centers for Disease Control that showed "933 participants aged 65 years or older reported significantly lower percentages of anxiety disorder (6.2%), depressive disorder (5.8%),



There's no doubt that the older you are the more physically vulnerable you can be to the coronavirus, but there's evidence that aging can also turn us into mentally tougher "old birds." MPG file photo

or trauma- or stress-related disorder (TSRD) (9.2%) than participants in younger age groups."

But that doesn't mean seniors are not lonely, says Weber. "How can you not be lonely when interpersonal relationships are suddenly curtailed. But it appears that the older you get the better able you are to cope psychologically with loneliness."

She notes that there's even more evidence that

we get stronger emotionally as we get older. The AMAC CEO cites a new study conducted by the Stanford Center on Longevity, for example. In it, Professor Laura Carstensen, says that "as people age, they're more emotionally balanced and better able to solve highly emotional problems."

According to Carstensen, "we surveyed a representative sample of 945 Americans between

the ages of 18 and 76 years and assessed the frequency and intensity of a range of positive and negative emotions. We also assessed perceived risk of contagion and complications from the virus, as well as personality, health, and demographic characteristics. Age was associated with relatively greater emotional well-being both when analyses did and did not control for

perceived risk and other covariates. The present findings extend previous research about age and emotion by demonstrating that older adults' relatively better emotional well-being persists even in the face of prolonged stress."

Meanwhile, Dr. Marcia Ory, a Texas A&M aging expert, put it this way: "older adults – despite their awareness of increased risk – are generally not

reporting more feelings of anxiety, anger or stress than younger age groups [during the COVID crisis]." Dr. Ory is the founding director of the Texas A&M Center of Population Health and Aging and notes that she has been "studying the impacts of COVID-19 with an interest in debunking myths and identifying unexpected positive consequences for our aging population." ★



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