

Woman killed in accidental shooting

BY MICHELE TOWNSEND

Yolo County Sheriffs received a 911 call from a home near the Yolo County landfill, on County Road 29, on the morning of Sunday, January 24, 2021. Residing at the home was homeowner James Graham, his girlfriend Nicole Cunnion, James' best friend Nicholas Morrison, his fiancé Sasha Beach, and friends David Goelz and his wife. The caller reported that a woman had been shot and needed

instructions for CPR. When the sheriffs arrived on the scene they found 39-year-old Sasha Joleen Marshall Beach lying on the ground with a single bullet wound to the chest. Emergency Services took over life-saving techniques being performed on Sasha, but unfortunately, Sasha was pronounced deceased once they reached the hospital.

The three couples were all close friends and had been living together for a while. It is reported that the group of

friends had been having trouble with a former roommate. A friend had brought over a gun so that the household had it for protection against the former roommate. Sitting on the property was a U-Haul truck that was full of garbage. That U-Haul was commonly used for target practice. So when James took a few shots at the truck, he didn't think much about it. He didn't see anyone out there and he had just seen his friends so he thought it was

See Shooting, page 2



West Sacramento Storm Preparations

During periods of heavy rain, high winds, and increased water flows, the City of West Sacramento coordinates efforts to monitor situation status, respond to conditions, and provide information to the public. Although wind and rain are normal for this time of year, the City conducts the following actions to prepare for storms and possible flooding.

The Fire Department's Office of Emergency Services provides continuous monitoring of the weather and river levels; and general situation status.

Public Works increases staff levels to handle any storm re-

See Preparedness, page 8

Yolo County to Vaccinate Seniors 75 and Older in February

Yolo County will begin vaccinating seniors 75 years and older in February.

In early January the State of California prioritized residents 65 and older in Phase 1B. In Yolo County, there are more than 28,000 residents over the age of 65 and more than 11,000 residents over the age of 75. Due to limited weekly doses, the County has decided to prioritize seniors 75 and older who are at greatest risk for serious complications or death from COVID-19. A vaccine given to someone 75 years or older in Yolo County is three times more likely to save a life than a vaccine given to someone between the ages of 65-74. The County will first focus on those 75 and older in the most underserved communities based on the State's Healthy Places Index (HPI) that tracks socio-economic vulnerability.

"We are receiving doses in very limited quantities. These doses need to be directed where they can save the most lives," said Yolo County's Public Health Officer Dr. Aimee Sisson. "The data in Yolo County show that residents 75 years and older are most likely to die from COVID-19."

Multi-County Entities, such as Sutter Health, UC Davis Health, Dignity Health and Kaiser Permanente, are also administering the COVID-19 vaccine.

If residents receive health care through one of these entities, the County recommends contacting them first for vaccine options. However, their supplies are also limited so it will take time to offer everyone eligible an appointment.

If residents do not have health insurance or receive care from a community clinic, such as CommuniCare, Elica Health or Winters Healthcare, the County recommends they fill out the local vaccine interest form at: <http://bit.ly/VaccineAvailability>. Residents will be notified through the interest form of any changes that may occur in the vaccine process, including the State's recently launched My Turn app. If residents cannot access or need assistance filling out the form or are homebound and need an in-home vaccine, call 2-1-1 or toll free at (855) 866-1783 for assistance.

For more information about Yolo County's COVID-19 vaccine and distribution process, visit <https://www.yolocounty.org/coronavirus-vaccine>. Residents can also call Yolo 2-1-1 for resource information. For additional updates follow Yolo County on Facebook at: <https://www.facebook.com/YoloCounty/> or Twitter at: <https://twitter.com/YoloCountyCA>.

Homicide investigation underway regarding deceased woman found at a bus stop

During a welfare check, police found a woman dead at the bus stop located on Westacre Road, just south of West Capitol Avenue on Jan. 19 at about 12:30 p.m.

The concern was for a female at this location who was nonresponsive at a bus stop. After further investigation it was determined the women had sustained a traumatic injury and her death is considered a homicide.

See Homicide, page 2



THIS 'n' THAT Somewhere There's A Rainbow



BY CAROL BOGART

I'm a person who believes in signs. I think God reassures us when we're worried if we know what to look or listen for.

As is not unusual, I've managed to misplace the photo of a rainbow I bought and framed when, pregnant with Mike, I waited anxiously for the results of my amniocentesis.

I was, at the time, what was then-called (and perhaps still is) an 'elderly primate' in reproductive terms. Close to 36 when I finally succeeded in getting pregnant, my eggs were as old as I was. The pregnancy itself was a miracle of sorts. Assorted fertility workups found I unlikely to ever have a child. Endometri-

osis, and other problems. So, to achieve pregnancy without Danazol or other interventions, was, to me, a miracle.

I understood, though, that my older-than-optimum ovum could result in birth defects. Down Syndrome chief among them.

Before I had the amniocentesis (a long needle collects amniotic fluid. The fluid has clues to the status of the fetus); I thought about a high school friend whose younger brother had Down Syndrome. We all knew Ronnie. A happy-go-lucky always cheerful kid. Karen and her siblings watched out for him, but always treated him as though his 'difference' was just Ronnie. Their mom, an RN, told them, 'Just treat him as though Down Syndrome is his 'normal' – and others will accept him.'

We didn't just accept him. We adored guileless happy Ronnie.

When I saw Karen at my 10-year Class Re-

See This 'n' That, page 10



1032 Elliot Street \$382,000

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DANIEL JERRETT

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CA DRE #01495670

GUIDE

REAL ESTATE

Free tax help available virtually across Sacramento region through united way

Qualifying residents can receive free help applying for up to \$8,000 in tax credits

Households throughout the Sacramento region are eligible for free virtual help preparing taxes and claiming credits this year, saving an average of \$200 in preparer fees and earning up to \$8,000 in credits. More households are eligible to participate in United Way California Capital Region's Free Tax Prep program this year, including those earning \$65,000 or less in 2020. Qualified households can upload documents online and a United Way IRS-certified volunteer will call them to help claim the maximum tax credits

for which they are eligible before submission, including the federal and state Earned Income Tax Credits (EITC and CalEITC). The IRS will not begin accepting electronically filed returns until Feb. 12, but United Way recommends filing as soon as tax documents are in hand and it will submit the returns on Feb. 12. To learn more, visit YourFreeTaxPrep.org. "After a year where many people lost employment and income, it's more important than ever for households in our region to take advantage of this program that

helps people save money on tax preparation fees and ensures they apply for the maximum refund and credits for which they are eligible," said Stephanie Bray, president and CEO, United Way California Capital Region. "This program is an important way for our community to jumpstart the local economy in 2021, and it's a key element of our Square One Project that provides resources for local families so their children can graduate from high school prepared to succeed in college or career."

This year, more people are eligible to receive the CalEITC and Young Child Tax Credit, including qualifying ITIN holders, after Governor Newsom signed Assembly Bill 1876. Households may be eligible for CalEITC if the taxpayer is at least 18 years old and the household earned less than \$30,000 in 2020. Many CalEITC-eligible households are not legally required to file taxes due to low income; however if they file, they can claim state and federal credits. Experts recommend everyone files early, noting that many

people do not realize that unemployment income is taxable. United Way's Free Tax Prep program was shifted online last year when the pandemic and stay-at-home order hit. Even with the pivot to virtual services, United Way's Free Tax Prep volunteers filed 7,060 returns for the 2019 tax year and put \$10.5 million back in the pockets of local families through federal refunds. For nearly 100 years, United Way California Capital Region has brought local people together to make community change happen. Today, the nonprofit is

bringing people together across Amador, El Dorado, Sacramento, Placer and Yolo counties for its Square One Project, a 20-year promise to significantly increase the number of students in our region who graduate from high school ready for success in college and beyond. United Way believes ending poverty starts in school and is working to ensure kids meet important milestones and their families receive support and resources. To learn more and make a donation, visit YourLocalUnited-Way.org.

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The News-Ledger was founded August 26, 1964. It is the successor to the Weekly Reader, founded by Julius A. Feher in April, 1938, and incorporates the West Sacramento News, founded by Julius A. Feher in August, 1942.

The News-Ledger is a weekly newspaper published every Wednesday. It provides coverage by mail and other distribution to the city of West Sacramento, including the communities of West Sacramento, Bryte, Broderick and Southport.

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Shooting

Continued from page 1

safe. Then his best friend Nicholas came out and told him that Sasha was down there. It was at that time that the men heard Sasha cry out for help. She had been struck in the chest by one of the rounds that James had fired into the truck. They rushed to her aid. James' girlfriend, Nicole called 911 as James and Nicholas tried to administer CPR to Sasha. The friends were all involved in the "drug scene" and reported that they were high that morning. However, this accident was

in no way drug related. Those involved say it was simply a tragic accident. Yolo County DA is not yet willing to rule it an accident. Nicholas and David were both on probation and were both arrested for violating their probation, unlawful ammunition possession, and drug charges. The charges on Nicholas have been dropped. James is a convicted felon who was out on parole. He has been arrested for murder and was denied bail at his arraignment. His next court date is scheduled for March 11th. Nicole was arrested for accessory to murder, but the charges have since been dropped against her.

Sasha was described by her friend Shannon Blackburn as "fun, outgoing, warm-hearted who was there for anybody. She had a beautiful spirit and would give you the shirt off her back". Sasha was raised in West Sacramento and considered herself a West Sac native. Sasha will be missed by many, but none more than her kids: Jana Joleen, Devin, Jessa, and Jayden. She is also survived by her mother Jana and her husband Tony Espinoza as well as her sister and brother-in-law Stephanie and Richard Thompson.

Homicide

Continued from page 1

The West Sacramento Police Department Investigations Unit is asking for the public's help in identifying the pictured subject who is considered an investigative lead. This subject was observed in the area at the time of the woman's death. If you have any information regarding the subject, please call 916-747-8188 or email crimetip@cityof-west-sacramento.org.

Thank You

for reading the News-Ledger!

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Tanya Aguilera
West Sacramento Specialist

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Free COVID-19 Testing Sites Offered in Yolo County in February

Residents can continue to receive free Coronavirus Disease 2019 (COVID-19) testing during the month of February at multiple locations, including sites provided by Yolo County and the State of California's OptumServe contract.	
The following locations accept walk-ins and offer free COVID-19 testing:	
Wednesday, Feb. 3 and Thursday, Feb. 4 Club West Teen Center (1125 Riverbank Road, West Sacramento) 7:00 a.m. – 7:00 p.m.	Monday, Feb. 8-Thursday, Feb. 11 Club West Teen Center (1125 Riverbank Road, West Sacramento) 7:00 a.m. – 7:00 p.m.
Wednesday, Feb. 3-Saturday, Feb. 6 Portable next to Juvenile Detention Facility (2780 E. Gibson Road, Woodland) 7:00 a.m. – 7:00 p.m.	Monday, Feb. 8 Davis Senior Center (646 A Street Davis) * 3:00 p.m. – 7:00 p.m.
Wednesday, Feb. 3 Madison Town Hall (29041 Main Street, Madison) * 3:00 p.m. – 7:00 p.m.	Tuesday, Feb. 9-Saturday, Feb. 13 Portable next to Juvenile Detention Facility (2780 E. Gibson Road, Woodland) 7:00 a.m. – 7:00 p.m.
Friday, Feb. 5 Winters Community Center (201 Railroad Avenue, Winters) 7:00 a.m. – 7:00 p.m.	Tuesday, Feb. 9 Knights Landing Empower Yolo Family Resource Center (9586 Mill Street, Knights Landing) * 3:00 p.m. – 7:00 p.m.
	Friday, Feb. 12 Winters Community Center (201 Railroad Avenue, Winters) 7:00 a.m. – 7:00 p.m.
	Tuesday, Feb. 16-Thursday, Feb. 18 Club West Teen Center (1125 Riverbank Road, West Sacramento) 7:00 a.m. – 7:00 p.m.
	Tuesday, Feb. 16-Saturday, Feb. 20 Portable next to Juvenile Detention Facility (2780 E. Gibson Road, Woodland) 7:00 a.m. – 7:00 p.m.
	Tuesday, Feb. 16 Clarksburg Community Church (52910 Netherlands Ave, Clarksburg) * 3:00 p.m. – 7:00 p.m.
	Friday, Feb. 19 Winters Community Center (201 Railroad Avenue, Winters) 7:00 a.m. – 7:00 p.m.
	Monday, Feb. 22-Thursday, Feb. 25 Club West Teen Center (1125 Riverbank Road, West Sacramento) 7:00 a.m. – 7:00 p.m.
	Monday, Feb. 22 Davis Senior Center (646 A Street Davis) * 3:00 p.m. – 7:00 p.m.
	Tuesday, Feb. 23-Saturday, Feb. 27 Portable next to Juvenile Detention Facility (2780 E. Gibson Road, Woodland) 7:00 a.m. – 7:00 p.m.
	Tuesday, Feb. 23 Esparto Boy Scout Cabin (17020 Yolo Avenue, Yolo) * 3:00 p.m. – 7:00 p.m.
	Friday, Feb. 26 Winters Community Center (201 Railroad Avenue, Winters) 7:00 a.m. – 7:00 p.m.

For locations with an asterisk (*) at the end, these are run by Yolo County and are open to and free for all Yolo County residents. Participants will need to bring a document displaying their name and address, such as a driver's license, ID card, utility bill, or piece of mail. All ages are accepted. Spanish translation will be available at all of these sites. There may be some delays in getting testing results. Registration is recommended in order to speed up the process but is not required and does not guarantee a test. When residents register online, they will not be able to select a time slot and will not receive a confirmation of receipt. Register at: <https://www.avellinocoronatest.com/patient>. For locations without an asterisk, these are run by the State of California's OptumServe

contract and are open to and free for all California residents, regardless of documentation status. It is recommended that residents make appointments for the three OptumServe locations in West Sacramento, Woodland and Winters but walk ins are also welcome. All ages are accepted. To schedule an appointment for West Sacramento, Woodland or Winters, call: (888) 634-1123 or go online at: <https://lhi.care/covidtesting>. At both the State's OptumServe and Yolo County's testing sites, residents must wear a face covering and practice physical distancing. None of these sites are drive-thru, so residents will need to park their car and walk a short distance to the testing building. To see all the COVID-19 testing options in Yolo County, visit the County's COVID-19 testing page at: <https://covid-testing.yolocounty.org/>. Residents can also call Yolo 2-1-1 for resource information. For additional updates follow Yolo County on Facebook at: <https://www.facebook.com/YoloCounty/> or Twitter at: <https://twitter.com/YoloCountyCA>.

Make It Happen for Yolo County receives \$2,500 grant from Save Mart Grant will furnish homes for local foster youth transitioning out of care

Make It Happen for Yolo County, a nonprofit serving at-risk youth ages 18-24, has received a grant of \$2,500 from the Save Mart Companies C.A.R.E.S. Foundation to fully furnish five homes for local transition age youth in need, mostly foster youth, moving out on their own for the first time in 2021.

“When foster youth turn 18, California provides a stipend to them until they turn 21 to help pay rent when they move out on their own. However there is no support, financial or otherwise, that assists them with obtaining household goods or furnishing their homes,” said Jan Judson, board president, Make It

Happen for Yolo County. “We are grateful to our community and generous partners like Save Mart for ensuring transition age youth in need have the resources to be successful first-time renters.”

Make It Happen for Yolo County works with county social workers to help clients complete a wish list of desired household items, and directly coordinates with clients to select items at the group's storage units.

Thanks to donated furniture from the community, it costs an average of \$500 to fully provide for one home, including furnishings and appliances for a bedroom, bath-

room, kitchen and living area, as well as cleaning supplies.

Make It Happen for Yolo County is a volunteer-run nonprofit providing transition age youth (ages 18-24), predominantly foster youth, in Yolo County with the furnishings, household goods and resources needed to move into their first apartments. The group receives furniture donations from the community and purchases new appliances and household items to help youth involved with the Yolo County child welfare, mental health and probation divisions, as well as the UC Davis Guardian Scholars program for students who



have experienced foster care. Since its founding in 2014, Make It Happen for Yolo County has helped more than 100 Yolo County transition age youth. To make a financial or furniture do-

nation, visit MIHYolo.org.

Save Mart Companies C.A.R.E.S. Foundation supports community, arts, recreation, education and sports. The foundation was created

by Save Mart Supermarkets and operates with a separate board of directors maintaining a separate focus on supporting the company's principle of giving back to the communities it serves.



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See EC 9015, page 5

Legals

Continued from page 4

Yolo County.
Registered Owner(s)
Crista Lynn Martinez, 402 Mallard Drive, Woodland, CA 95695
The business is conducted by: Individual
The registrant commenced to transact business under the fictitious business name or names listed above on 10/13/2020.
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor.)
/s/Crista L. Martinez, Owner
Notice-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk.
A new Fictitious Business Name Statement must be filed before the expiration.
State of California,
County of Yolo
Jesse Salinas,
County Clerk Recorder
Date: October 13, 2020
/s/Ismith,
Deputy Clerk
Jan 13 20 27 Feb 3 nl 3108

FICTITIOUS BUSINESS NAME STATEMENT FILED 11/24/2020 FILE NO. F20200956
The following person(s) is (are) doing business as **Collegiate Tutor Network**, 2358 Rodin Pl., Davis, CA 95618 in Yolo County.
Registered Owner(s)
Beatriz Sarah Yankelevich, 2358 Rodin Pl., Davis, CA 95618
Neha Sharma, 1065 Marigold Court, Sunnyvale, CA 94086
The business is conducted by: General Partnership
The registrant commenced to transact business under the fictitious business name or names listed above on N/A.
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor.)
/s/Beatriz Sarah
Notice-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk.
A new Fictitious Business Name Statement must be filed before the expiration.
State of California,
County of Yolo
Jesse Salinas,
County Clerk Recorder
Date: November 24, 2020
/s/Ismith,
Deputy Clerk
Jan 13 20 27 Feb 3 nl 3109

ORDER TO SHOW CAUSE FOR CHANGE OF NAME CASE NO. CV2021-64
Petition of Adam Salmen DeBaum For Change of Name
TO ALL INTERESTED PERSONS:
Petitioner: Adam Salmen DeBaum filed a petition with this court for a decree changing names as follows: **Adam Salmen DeBaum** to **Adam DeBaum DeGroot**
THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection

that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.
NOTICE OF HEARING Date: March 4, 2021 Time 9:00 a.m. Dept.: 10/ zoom
The address of the court is: 1000 Main Street, Woodland, CA 95695.
A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county:
The News-Ledger
Date: January 15, 2021
/S/Samuel T. McAdam
Judge of the Superior Court
Jan 27 Feb 3 10 17 nl 3118

ORDER TO SHOW CAUSE FOR CHANGE OF NAME CASE NO. CV2021-0065
Petition of Ann Elizabeth DeBaum For Change of Name
TO ALL INTERESTED PERSONS:
Petitioner: Adam Salmen DeBaum filed a petition with this court for a decree changing names as follows: Ann Elizabeth DeBaum to **Ann DeBaum DeGroot**
THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.
NOTICE OF HEARING Date: March 4, 2021 Time 9:00 a.m. Dept.: 10
The address of the court is: 1000 Main Street, Woodland, CA 95695.
A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county:
The News-Ledger
Date: January 15, 2021
/S/Samuel T. McAdam
Judge of the Superior Court
Jan 27 Feb 3 10 17 nl 3119

PUBLIC LIEN SALE
Extra Space Storage will hold a public auction to sell personal property described below belonging to those individuals listed below at the location indicated:
975 Fst West Sacramento, ca 95605 on 02/13/2021 @ 1:00pm: Janette Francis Unknown. Warren Bombay old books, old clothes bottles collection. Fornati Kumeh Household Items. Monique Doyle Mattress and boxes. Victor Iturralde household goods. Michael Hall 1 bedroom household belongings.
The auction will be listed and advertised on www.storagetreasures.com. Purchases must be made with cash only and paid at the above referenced facility in order to complete the transaction. Extra Space Storage may refuse any bid and may rescind any purchase up until the winning bidder takes possession of the personal property.
1/27, 2/3/21
CNS-3434007#
NEWS-LEDGER
Jan 27 Feb 3 nl 3117

INVITATION TO BID
Sealed proposals will be received and submitted **electronically** through the City’s ProcureNow system at <https://secure.procurenow.com/portal/cityofwestsacramento> until **2:00 PM local time on Wednesday, March 1, 2021**, at which time and place results will be posted and available for public review for the:
WEST GATEWAY PLACE TENANT IMPROVEMENT PROJECT
The following invitation for bid involves all labor and material for the tenant improvement project, located at 820 Delta Ln. West Sacramento, CA 95691, in the City of West Sacramento
TENTATIVE CITY SCHEDULE:
Bid Publication **January 27, 2021**
Non-Mandatory Pre-Bid Site Meeting **February 11, 2021**
Cutoff for Bid RFI’s no later than **5 P.M. February 19, 2021**
Bids Due / Bid Opening no later than **2 P.M. March 1, 2021**
City Council Award of Contract **March 17, 2021**
Non-Mandatory Pre-Bid Site Meeting: Thursday, September 3rd, 2020, 9 A.M. 820 Delta Ln. West Sacramento, CA 95691
Project construction cost estimate: \$880,000
This is not a Federal Aid project.
1. Completion of Work: All work shall be completed within one hundred eighty (180) working days from the date designated on the Notice to Proceed.
2. Obtaining Contract Documents: Contract documents and plans are available for downloading free of charge through the City’s ProcureNow link at <https://secure.procurenow.com/portal/cityofwestsacramento>.
3. Questions: Project-specific questions must be submitted through the City’s ProcureNow link at <https://secure.procurenow.com/portal/cityofwestsacramento>. If appropriate, the City will post responses to Bidder questions through the ProcureNow system. The cutoff date for submittal of questions is Friday, February 19, 2021 by 5:00 PM local time.
4. Submission of Proposals: All proposals must be submitted not later than the date and time prescribed. The Bidder is wholly responsible to ensure its Bid is submitted on the date and at the time and place designated for the opening of bids. Any Bid received after the time and date specified shall not be considered. Any Bid may be withdrawn prior to the scheduled time for opening bids.
Each Bid must conform and be responsive to this notice and shall be submitted through the City’s ProcureNow system at <https://secure.procurenow.com/portal/cityofwestsacramento>.
5. Bid Security: Each proposal must be accompanied by a Bid Security in the form of a cashier’s check, certified check, or Bid bond executed on the prescribed form, in an amount not less than ten percent (10%) of the total Bid price payable to the City of West Sacramento. Bidders are hereby notified that in accordance with the provisions of Public Contract Code section 22300, securities may be substituted for any monies which the City may withhold pursuant to the terms of this Contract to ensure performance.
6. Construction License: Bidder must possess a current **B - General Building Contractor’s License** issued by the State of California, at the time the Bid is submitted.
7. Contractor Registration: All Bidders, and Subcontractors

subject to Public Contract Code section 4104, must have registered with the California State Department of Industrial Relations pursuant to Labor Code section 1725.5 prior to submitting a bid. Furthermore, a Contractor, and all Subcontractors subject to Public Contract Code section 4104, must be registered pursuant to Labor Code section 1725.5 before entering into a contract to work on a public project.
8. Preconstruction Conference: A preconstruction conference will be convened after the Contractor has delivered the necessary bonds, insurance certificates, and signed agreement in proper form as required in the invitation to bid, Bid proposal, and general conditions of these specifications. Prior to any work, the Contractor shall provide the Engineer with a list of key personnel assigned to the project and the telephone numbers where they may be reached at any time. The list shall be made available in sufficient copies and presented at the preconstruction conference.
9. Award: The award shall be made to the lowest responsible Bidder whose proposal complies with the specified requirements. The award of the Contract will be made by the West Sacramento City Council, and the Contractor shall execute the Contract within ten (10) days after it has received the Contract from the City. The City reserves the right to waive any irregularity in the proposals. No Bid may be withdrawn for a period of sixty (60) days after the opening of bids.
10. Rejection of Bids: The City reserves the right to reject any and all bids, or to waive immaterial irregularities in any bid. Any Bid not conforming to the intent and purpose of the Contract Documents may be rejected. The City reserves the right to make all awards in the best interest of the City.
11. Disqualification of Bidder: If there is a reason to believe that collusion exists among any Bidders, none of the bids of the participants in such collusion will be considered and the City may likewise elect to reject all bids received.
12. Relief of Bidder: Attention is directed to the provisions of Public Contracts Code section 5101 and the following, concerning relief of Bidders and in particular to the requirements therein that if the Bidder claims a mistake was made in its bid, the Bidder shall give the City written notice, within five (5) days after the opening of bids of the alleged mistake, specifying in the notice, in detail, how the mistake occurred.
13. Wage Rates: Bidders are hereby notified that the California Department of Industrial Relations has determined the general prevailing rate of wages for each craft, classification, or type of worker needed to execute the work. Copies of the current schedules for prevailing wages are on file in the City’s office, and the contents of those schedules are included herein as if set forth in full. It shall be mandatory for the Contractor and any Subcontractor under it to pay not less than the said specified rates to laborers and workmen employed by them in the execution of the Contract.
14. Bonds: The successful Bidder will be required to furnish a payment bond in an amount equal to one hundred percent (100%) of the Contract price, and a faithful performance bond in an amount equal to one hundred percent (100%) of the Contract price.
By: Jeramy Chapdelaine, Project Manager
Date: January 21, 2021
Jan 27 Feb 3 nl 3121

NOTICE OF PUBLIC SALE
Self-Storage unit contents of the following customers containing household and other goods will be sold for cash or credit card by CubeSmart Self Storage 541 Harbor Blvd. West Sacramento, Ca 95691 to satisfy a lien on Feb. 12, 2021 approx 12:00pm on storagetreasures.com
Jerimy Bell, Jasmine Alvarez, Rick Bandhu, Mitzi Wilkins, Dontreal Davis, Tracy Omellas, Michele Dalby, MARTIN ABURTO, James Phipps, Deborah Boes, Jeremy Owings, Joni Remer, Wendy F Zinzun
Feb 3 10 nl 3124

NOTICE OF PETITION TO ADMINISTER ESTATE OF CARL W. ERWAY CASE NO: PR2021-0004
To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of: Carl W. Erway
A Petition for Probate has been filed by Carol Brown in the Superior Court of California, County of YOLO.
The Petition for Probate requests that Carol Brown be appointed as personal representative to administer the estate of the decedent.
The petition requests the decedent’s will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court. The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.
A hearing on the petition will be held in this court as follows:
Date: **March 12, 2021**
Time: **9:00 a.m.** Dept: **9**
Address of court: Superior Court of California, County of Yolo 1000 Main Street, Woodland, California 95695.
If you object to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.
If you are a creditor or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to your of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.
You may examine the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.
Attorney for petitioner: Erik P. Larson
3500 Douglas Blvd., Suite 200
Roseville, CA 95661
(916)788-1020
Feb 3 10 17 nl 3128

NOTICE OF PETITION TO ADMINISTER ESTATE OF DAVID WILLIAM SIRK CASE NO: PR2021-0015
To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of: David W. Sirk, David Sirk
A Petition for Probate has been filed by Breelyn Sirk in the Superior Court of California, County of YOLO.
The Petition for Probate requests that Breelyn Sirk be appointed as personal representative to administer the estate of the decedent.
The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.
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If you are a creditor or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to your of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.
You may examine the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.
Attorney for petitioner: John A. Batelaan
740 Oak Avenue Parkway, Suite 140
Folsom, CA 95630
(916)397-2401
Feb 3 10 17 nl 3126

NOTICE OF PETITION TO ADMINISTER ESTATE OF DAVID WILLIAM SIRK CASE NO: PR2021-0015
To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of: David W. Sirk, David Sirk
A Petition for Probate has been filed by Breelyn Sirk in the Superior Court of California, County of YOLO.
The Petition for Probate requests that Breelyn Sirk be appointed as personal representative to administer the estate of the decedent.
The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.
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Attorney for petitioner: Erik P. Larson
3500 Douglas Blvd., Suite 200
Roseville, CA 95661
(916)788-1020
Feb 3 10 17 nl 3128

NOTICE OF OPPORTUNITY TO COMMENT AND NOTICE OF PUBLIC HEARING AND CONSIDERATION OF ADOPTION
The State Water Resources Control Board will receive comments and conduct a public hearing to consider adoption of a proposed resolution to confirm that the “State Wetland Definition and Procedures for Discharges of Dredged or Fill Material to Waters of the State” is in effect as state policy for water quality control. Additional information is available at https://www.waterboards.ca.gov/water_issues/programs/cwa401/wrapp.html.
2/3/21
CNS-3437534#
NEWS-LEDGER
Feb 3 nl 3129

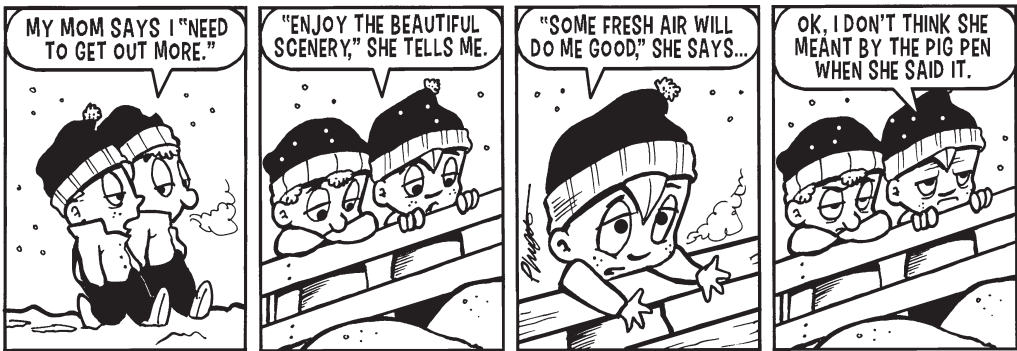
Puzzles & Comics

R.F.D.



by Mike Marland

Amber Waves



by Dave T. Phipps

Out on a Limb



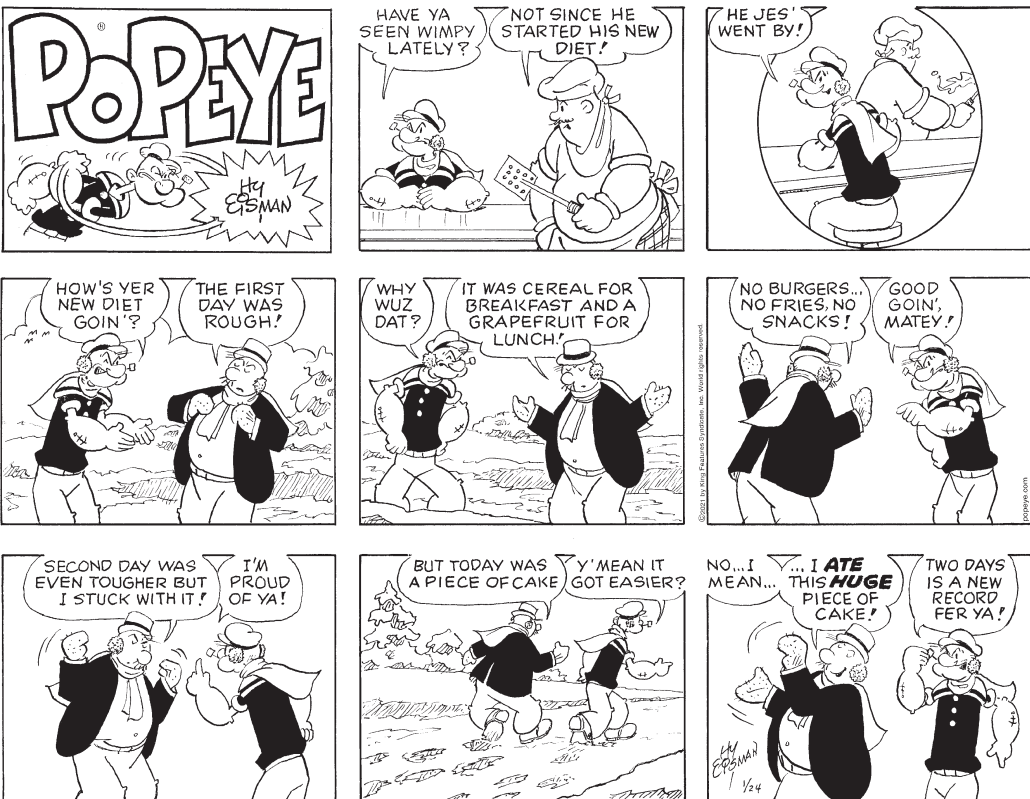
by Gary Kopervas

The Spats



by Jeff Pickering

Puzzle Answers are on page 8



Super Crossword

- ACROSS
- 1 Ill will
 - 7 Accepted blame humbly
 - 14 Creatures
 - 20 Mafia code of silence
 - 21 Person of the hour
 - 22 Bill Clinton's #2
 - 23 Formalwear imparting a pleasantly optimistic feeling?
 - 25 Flier Earhart
 - 26 Tricky rascal
 - 27 Some pipe shapes
 - 28 Model of iPod
 - 30 Weasel's kin
 - 31 Room, in Spanish
 - 32 G-men, e.g.
 - 33 Appropriate underwear in a law court?
 - 35 Gemini, e.g.
 - 37 Unwanted plant growth
 - 38 "Oh, sure!"
 - 39 Neckwear making people unable to move?
 - 44 ICU tubes
 - 45 Burnt residue
 - 48 Yellow hue
- 49 With 72-Across, 1920s-'30s design style
- 50 Royal flush card
 - 51 A Marx brother
 - 53 — Zedong
 - 54 Ukraine city
 - 57 Toadstool-shaped headwear?
 - 60 Kilt wearer
 - 62 Stew sphere
 - 63 Moral errors
 - 64 Actress Perlman
 - 65 Women's wear encircling a magazine?
 - 71 Tooth filler
 - 72 See
 - 49-Across
 - 73 Abbr. of fair hiring
 - 74 Go bonkers
 - 76 Beach where everyone dons athletic wear?
 - 80 Do a tally of
 - 82 Abbr. in personal ads
 - 83 Sir Andrew — Webber
 - 84 "— Day Will Come"
 - 85 Be in debt to
 - 86 Writer Joyce Carol —
- 88 Frequently, to a poet
- 89 Pull sharply
 - 90 Waist wear inscribed with images of sun-orbiting bodies?
 - 94 Castle trench
 - 96 ERA or RBI
 - 97 Sit as a model
 - 98 Outerwear with huge pockets to hold LPs?
 - 102 Verbal gems
 - 104 9-to-5er's relieved cry
 - 108 Telegraphic code creator
 - 109 Slave away
 - 110 Inside info
 - 111 Pro at taking dictation
 - 112 Frozen spike
 - 114 Summer wear depicting cartoon scenes?
 - 117 Weasels' kin
 - 118 Looked scornfully
 - 119 Messenger of the gods
 - 120 Rains cold pellets
 - 121 Mean rulers
 - 122 Big bother
- DOWN
- 1 Boulders
 - 2 Oven brand
 - 3 Sherpa land
 - 4 Deep fissure
 - 5 An Amerind
 - 6 Brit. mil. fliers
 - 7 Get — of (obtain)
 - 8 Implements
 - 9 Closing parts
 - 10 Homer Simpson cry
 - 11 Rusty color
 - 12 Avenged
 - 13 Singer — Marie
 - 14 Sheep's call
 - 15 "Rum Punch" novelist Leonard
 - 16 "Yeah, makes sense"
 - 17 Nick of film
 - 18 Heartache
 - 19 Scorches
 - 24 "Angle" star Davis
 - 29 "Tommy" actor
 - 32 E-I linkup
 - 33 Royal flush card
 - 34 They're shot from air rifles
 - 36 Modest reply to kudos
 - 37 Comical sort
 - 39 Scots' toppers
 - 40 Many Apples
- 41 Paperless novel, e.g.
- 42 Turkic language
 - 43 Bit of lifting lingerie
 - 44 I, to Freud
 - 45 Curved line
 - 46 Mani offerer
 - 47 Quick trip
 - 50 Helper: Abbr.
 - 51 Gardening implements
 - 52 Stock up on
 - 55 As is fitting
 - 56 Grabs the attention of suddenly
 - 57 Cut to bits
 - 58 Counteract
 - 59 Buckeye State sch.
 - 61 A bit drunk
 - 63 Plaintiff
 - 66 Regretted deeply
 - 67 Lysol target
 - 68 Jon who played Napoleon Dynamite
 - 69 Join together
 - 70 Studio prop
 - 75 Earning part
 - 76 "I'm Real" singer's nickname
 - 77 Pixie
 - 78 Deteriorate
 - 79 Kiss go-with, often
- 80 Stupefy
 - 81 Seal schools
 - 85 Mel who wore #4
 - 87 Helpers in crime
 - 89 — Mahal
 - 90 Painter's studio
 - 91 Used a sofa
 - 92 Elected (to)
 - 93 Platform for Apple devices
 - 94 Biceps, e.g.
 - 95 Brunch dish
 - 96 Thin
 - 98 Slightly off
 - 99 Regional
 - 100 Hush money
 - 101 Slide on a sled, say
 - 102 Polyphonic choral piece
 - 103 Opinion pieces
 - 105 Lysol target
 - 106 It's gathered in recon
 - 107 "Pippin" director Bob
 - 110 Mend, as socks
 - 111 Mets' former stadium
 - 113 Ending for lion or seer
 - 115 — culpa
 - 116 "Zip it!"

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Weekly SUDOKU

by Linda Thistle

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7		5			9		4	
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4			6				5	1

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ♦

♦ Moderate ♦♦ Challenging

♦♦♦ HOO BOY!

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How to Help Keep Kids Smiling Amid COVID-19

BY DR. RICHARD GESKER,
CHIEF DENTAL OFFICER,
UNITEDHEALTHCARE

COVID-19 has disrupted multiple aspects of daily life, including how people access dental care. That's in part because many dental offices closed during the early part of the pandemic, and some people have stayed away since. In fact, dental care spending in the United States declined by an estimated 38% in 2020, with an additional 20% slump expected this year, according to the American Dental Association (ADA).

As a result, fewer people may be accessing routine dental care that may help prevent oral pain and untreated disease. Maintaining proper dental care is especially important for children, given that by age 5 nearly 50% have at least one cavity. Plus, it's important to keep baby teeth healthy and in place to help permanent teeth come in properly.

February is National Children's Dental Health Month, a reminder for people of all ages that good oral health is important to good overall health. Here are five tips to consider:

Start Early. Good oral health habits should start early. While tooth decay is largely preventable, it unfortunately ranks as the most common chronic

disease among children. Recommended dental health guidelines for babies and children include:

- During infancy, clean the baby's gums with water and a cloth or child-sized toothbrush.
- Once a child reaches age 2, parents can start brushing a baby's teeth with a soft bristled toothbrush and a smear-sized dab of fluoride toothpaste (no larger than a grain of rice), making sure to teach the toddler to spit out the toothpaste.
- Begin flossing when back teeth start to come in. Toothbrush bristles cannot reach between teeth, leaving those teeth vulnerable to bacteria and decay.
- Never put a baby to bed with a bottle of milk, formula, fruit juice or sweetened liquid, as these liquids can form a sugary film on the baby's teeth and lead to infection.

Up Your Home Hygiene. Maintaining proper oral health at home is important year-round, but especially if COVID-19 (or other circumstances) requires delaying a trip to the dentist. Recommended dental health guidelines for adults and children include:

- Brush your teeth (and tongue) for up to two minutes, after meals and before bedtime, using a soft-bristled toothbrush.

- Rinse for 30 seconds with a mouthwash, which may help kill bacteria and clean parts of the mouth brushing might miss.
- Floss daily and consider using a water flosser.
- Stay hydrated to help support overall well-being and avoid issues with dry mouth, while limiting sugary snacks and drinks.

Keep Up on Cleanings: For children and adults, the ADA recommends that during the COVID-19 pandemic people continue routine oral health care, including dental checkups, cleanings and preventive care. However, the World Health Organization (WHO) recommends that non-emergency dental services be avoided in places where

"intense, uncontrolled community transmission" of COVID-19 is occurring. Check local infection rates at websites such as covidactnow.org to evaluate the current situation in your state, city and county. In general, the WHO recommends the test positivity rate (or out of all the tests conducted, the number that come back positive for COVID-19) be under 5% before opening non-essential businesses.

Consider Alternative Treatments: To help with prevention, parents should consider fluoride supplements for children, which may strengthen tooth enamel and help protect it from decay. Sealants are another option, as these plastic coatings are placed on back teeth to help protect them from decay.

They are sometimes covered as a preventive service by dental plans, so ask the dentist about sealants when your child's molars first come in. As an alternative to filling cavities, the use of silver diamine fluoride has emerged as an option to help stop cavities from worsening, especially among children and older adults with a history of tooth decay. For children with a significant number of cavities, silver diamine fluoride may be an option your dentist discusses with you.

Tap into Tele-dentistry: Virtual care has become an important option for accessing health care amid COVID-19, including for dentistry. Some dentists and dental plans are making available telephone and video

consultations, which offer people a starting point for advice and guidance to help select (if needed) an appropriate setting for in-person care. Dental care ranks among the most frequently avoidable emergency room visits,[2] with tele-dentistry providing a resource that may help people make more informed decisions about where to go for in-person care, such as their own dentist, another available local dentist or a primary care physician*.

By considering these tips, you may help maintain or improve your own dental well-being, while also enabling young people to develop good oral health habits.

**Not all dental services are eligible for tele-dentistry.*

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Olivia.Cerda@thementornetwork.com

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JERRY SEXTON
916-870-4694 • 916-598-3693
JerrySexton222@gmail.com

Preparedness

Continued from page 1

lated issues, including downed trees and detours around flooded streets.

The Police Department conducts patrols along the river to inform the public of potential river levels rising.

The Reclamation Districts conduct levee patrols as a precautionary effort to monitor levee conditions and during periods of heavy rain monitor the function of the internal drainage system 24 hours a day.

If you need sandbags to protect your property, they are available at the Port of West Sacramento at 2895 Industrial Blvd. Go to the guard shack to pick up bags. Sand is available at the entrance to the Port near the railroad tracks.

The City offers free sandbags (up to 15 per household) and sand to city residents. You can also pick up bags at the Public Works building located at 1915 South River Road. The sand itself is ONLY at the Port on 2895 Industrial Blvd. Residents will need to bring their own shovels for filling the bags.

What Can You Do?

Register with Yolo Alert to receive messages about important public safety information.

Keep your cell phones charged.

Have a flashlight and batteries in case the power goes out.

Have an emergency kit at home and in your car.

If you can avoid the river's edge, currents are generally more swift as the water level rises.

Never drive through flooded roadways.

To Stay Safe During Flooding Conditions

Avoid flooded streets and be on the lookout for debris on the roads resulting from strong winds.

Do not walk through moving water. Six inches of moving water can make you fall. If you must walk in water, walk where the water is not moving.

Stay clear of water that is in contact with downed power lines.

If water has entered a garage or basement, do not walk through it.

Do not allow children to play around high water, storm drains or any flooded area.

(Map to the right) In the event West Sacramento is threatened by potential flooding, here's the map for evacuation routes around the city. Source: City of West Sacramento

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Puzzle Solutions

Super Crossword

Answers

R	A	N	C	O	R	A	T	E	D	I	R	T	B	E	I	N	G	S				
O	M	E	R	T	A	H	O	N	O	R	E	E	A	L	G	O	R	E				
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K	N	A	V	E	L	L	S	N	A	N	O	O	T	T	E	R						
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Weekly SUDOKU

Answer

8	3	9	7	6	1	4	2	5
2	6	1	3	4	5	7	8	9
5	7	4	8	9	2	1	6	3
3	1	6	4	5	7	8	9	2
7	2	5	1	8	9	3	4	6
9	4	8	2	3	6	5	1	7
1	5	2	9	7	4	6	3	8
6	9	3	5	1	8	2	7	4
4	8	7	6	2	3	9	5	1

Get a jump start on summer — Performing arts camp registration open now!

Campers who confirm their spot by March 15 save 10%

The weather might tell a different story, but at CLARA Studios, summer is fast approaching. CLARA Performing Arts Camp offers an extensive, arts-focused range of activities for campers ages 11-18. Students will explore 15 different performing arts disciplines over the two-week period -- and registration is open now. The camp is offered in two sessions -- June 21 - July 2 and July 26 - August 6 -- and costs \$495 / student.

Building on the success of the two-week camp, CLARA is also excited to introduce a one-week Performing Arts Junior Camp for kids ages 6-10. Students attending this camp will discover nine dance, music, and theatre genres over the course of a single week. Junior camp is offered in one single-week session July 19-23 and costs \$245 / student.

Campers who confirm their registration for either camp by March 15 will save 10% on their tuition; returning campers receive an additional discount. In keeping with CLARA's mission of making the performing arts accessible to all, financial assistance is available based on need.

"Camp is my absolute favorite time of year," said CLARA Education



Outreach Director Emily Danz. "Last summer, we were very proud of the virtual summer camp we created in response to COVID-19, but I am really looking forward to being in-person with our campers and getting to see -- firsthand -- their enthusiasm for discovering new performing arts forms."

"This was a fantastic experience," wrote a parent whose child participated in the 2020 Virtual Camp. "Every day [our child] left happy and inspired by the creatives who shared their time and talents with the kids. You have left a lasting positive impact on our daughter. Thank you!!"

This will be the fifth year that CLARA has offered youth summer programs, but the orga-

nization recognizes that the continued presence of COVID-19 means this summer is not "business as usual." While the intention is to offer an in-person camp, CLARA does have a digital camp contingency plan should continued increases in COVID rates make an in-person camp against the best interests of artists and students.

Camp will run Monday through Friday, from 9-4pm, with drop off beginning as early as 8. Each day will include classes in dance, music, and theater, with students learning over 15 different performing arts disciplines during the two-week camp, and 9 disciplines in the one-week camp. Tuition includes healthy



snacks and daily lunch, all teaching supplies, class and performance materials, a reusable water bottle, and a T-shirt. All camps take place at

About CLARA: CLARA provides studios for both professional and community-based arts groups and a place for creative collisions and collaborations -- including an innovative partnership with Sacramento City Unified School District which provides underserved students with access to arts summer camps, internships, tickets and in-school programs fostering interaction with professional artists in a studio environment. Housed at the historic Fremont School in Midtown Sacramento, CLARA was funded by grants from the City of Sacramento and private donations, including the Raley-Teel family. For more information, visit [claramidtown.org](http://www.claramidtown.org).

Sacramento City College, UC Davis awarded grant to increase transfer rates among African American, Hispanic, and first-generation students

Sacramento City College (SCC) and the University of California, Davis, have been jointly awarded a two-year grant from the American Association of Community Colleges Equity Transfer Initiative to increase transfer rates among African American, Hispanic, and first-generation students.

SCC and UC Davis are uniquely poised to provide a direct pipeline and partnership for transfer given the longstanding relationship between the two institutions, which includes the Sacramento City College Davis Center on the UC Davis campus. On average, SCC has approximately 20,000 students enrolled during a normal Fall term. The

student demographics reflect a diverse community with 33.1% of the students being Hispanic and 10% of the students being African American.

Working in close partnership with UC Davis, SCC will provide overall leadership for planning and managing projected targets and outcomes. The \$27,500 grant will be used to create a path to successful transfer for African American, Hispanic, and first-generation students.

The pathway to a bachelor's degree will start with outreach from SCC to potential college students with a focus on majors that have existing transfer agreements with UC Davis. For those students who start at SCC, the college will work to

establish extra support services to guide students from application all the way through their transfer to UC Davis. These services will include access to counselors and transfer representatives that can help keep a student on track with their classes and creating cohorts for students where they can build peer relationships with other transfer students. Once the students transfer to UC Davis, the university will continue to work with students through graduation.

"Equity and anti-racism work are a priority at Sacramento City College," said Sacramento City College President Michael Gutierrez. "Our executive team and the entire college are committed to Afri-

can American/Black, Hispanic/Latinx, and first-generation student success, which includes improving the pathway for our students to transfer to top universities such as UC Davis."

SCC and UC Davis are one of only two California teams to be awarded the grant. The Equity Transfer Initiative Grant is issued to teams consisting of at least one community college and university. Each team must place at least 100 students on one of their identified transfer pathways by the end of the first year and 300 or more total by the end of the second year.

"We have a deep commitment to programs that are geared to increase the rate of

successful transfer of under-represented students including African American, Hispanic, and first-generation learners," said UC Davis Chancellor Gary S. May. "We believe this kind of diversity enriches our community with new perspectives and priorities."

UC Davis is a leader in providing opportunity to transfer students, and 23 percent of its enrolled undergraduates were admitted as transfer students. The work supported by the grant will help meet a University of California goal to increase the number of academically prepared community college students who transfer to UC and earn a bachelor's degree.

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News-Ledger Directory of Local Places of Worship

Community Lutheran Church <p>Join us for a positive, uplifting message! We welcome all! Sunday Service at 10-AM 920 Drever St., 317-8804</p> <p>Facebook.com/CommunityLutheranWestSacramento/</p>	Center for Spiritual Awareness <p>1275 Starboard Dr. 374-9177 (For prayer line, listen for prompt) Sun. Service: 11 a.m. Youth Programs & Jr. Church Rev. Georgia Prescott www.csasacramento.org for weekly affirmations All are welcome!</p>	Trinity Presbyterian Church <p>1500 Park Blvd. W. Sac. CA 916-371-5875 www.TrinityWestSac.org info@trinitywestsac.org Pastor Jamie Crook Spanish Ministry Pastora: Miryam Osorio Sunday Worship Services: 9:30 a.m. Blended/Traditional Noon Spanish Language</p>
Seventh Day Adventist Church <p>Sasa Andelkovic, Senior Pastor 2860 Jefferson Blvd., W. Sac. PO Box 447, W. Sac. 95691 Sat. Sabbath School 9:30 a.m. Worship 11 a.m. 372-6570</p>	American Buddhist Seminary Temple <p>Learn how to practice mindfulness meditation for your everyday happiness in small groupsetting. Free Community Service. Sundays - 8:30-10 a.m. 423 Glide Avenue, West Sac 916-371-8535 www.abstemple.org</p>	New Seasons Church <p>Your Church in West Sacramento Pastor Ron Jackson Sunday 10 a.m. service Westfield Elementary School 508 Poplar Ave., West Sacramento 916-265-4025 pastorron@newseasonsws.com www.newseasonsws.com</p>
West Sacramento Baptist Church <p>Sun. School - 9:30 a.m. Sun. Worship - 11 a.m. Wed. Prayer Meeting & Bible Study - 6:30 p.m. 2124 Michigan Blvd. 371-2111</p>	Our Lady of Grace Catholic Church <p>911 Park Blvd, West Sacramento Office: 916-371-4814 Fr. Mathew Rappu, Pastor Mass: Mon, Tues, Wed 8:30 AM Fri 8:30 AM at OLG school during school year Sat: 5:30 PM vigil Sun 9 AM, 11 AM</p>	Looking for a place to worship? <p>Check here first! To find out how to list your place of worship in this directory, call 916-371-8030 for more information.</p>

This ‘n’ That

Continued from page 1

union, I asked, “How’s Ronnie?” I knew that, typically, Down Syndrome children, may not live that long. I hadn’t yet had Michael. She smiled and said, “Ronnie lives with me now.” Her mom had died. Karen, single, was caring for her brother.

As I waited for my amniocentesis I’d decided: If my baby had Down Syndrome baby, I would keep it.

Of course I prayed for a healthy baby – 10 Ten fingers, 10 toes, healthy body, healthy brain – as I waited for that phone call.

Keeping busy as best I could, I happened to look out a window. There, perfectly framed, was a perfect rainbow. The entire arc. Beautiful, clear and brilliant. And, I knew. Just knew. The baby would be normal. I found and framed a photo of a perfect rainbow; the Rocky Mountains were in the background. Mike was born in Denver. I put the photo was in his bedroom.

There were challenges, both physical and more, for my newborn, blue at birth. Severe birth asphyxia placed him in newborn intensive care for four days. He is still, today, at 35, a client of

the California Department of Rehabilitation. ADHD can be managed. It isn’t curable.

But thanks to effective accommodations through preschool, grades 1-12 and college, Mike manages his disability on his own. He pays his own bills and graduated from UC Santa Cruz with a 3.2 BS degree. Tough major: Cognitive Science (psych&tech). It wasn’t easy, but, he did it.

We’re, all of us, going through a tough time right now. There are times, like you, I feel discouraged and defeated. But last month, on a gray and drizzly day, for a moment, the sun broke through, and we had a rainbow!

We’ll get through this. Some say by fall. Some say, two years. I’m a believer that things happen for a reason. As we worry which virus we’ll deal with next, we’re learning a new vaccine doesn’t have to take 10 years. Advances in technology mean we can do our work from home. Fewer commuters on the road equal air that’s healthier, and indicators are, we may be slowing climate change. Struggling forests, birds, wildlife, even oceans may recover. An



PHOTO BY PHYLLIS GONZALEZ
West Sacramento’s January rainbow as seen by West Sac resident Phyllis Gonzalez by the Russian Baptist Church in Broderick.



PHOTO COURTESY OF NOAA
The National Oceanic and Atmospheric Administration explains the science of a double rainbow: ‘A secondary rainbow appears if the sunlight is reflected twice inside the water droplets. Secondary rainbows are fainter, and the order of the color is reversed, with red on the bottom. Sometimes you can see another, fainter secondary rainbow above the primary rainbow.’

improved planet for our children?

In time, we’ll know, but for now, just know: On dark days; somewhere, there’s a rainbow.

According to forecasts Tuesday, 1.23.2021, the

region was in for ‘the worst storm of the year.’ Carol usually posts extreme weather warnings timely on her public Facebook page, Bogart Communications. Questions, comments? Contact Carol at carol@bogartonline.com.

Yolobus to Change Scheduled Bus Trips to Cache Creek Casino Resort

Service to be 12 Round Trips Per Day, 7 Days a Week

Yolobus is now running 12 round trips per day between Woodland, Madison, Esparto, Capay and Cache Creek Casino Resort, rather than 17 round trips per day. The new schedule will be followed 7 days a week. Yolobus is public bus service overseen by the Yolo County Transportation District (YCTD) and operated by Transdev Services, Incorporated, the District’s contractor.

The Casino requested financial relief because Route 215 daily ridership is currently down to around 60% of pre-COVID-19 levels.

“When the 17 round trips per day were initiated in 2008, no one anticipated COVID-19 and the devastating effects it would have on transit ridership,” said Jesse Loren, Chair of the YCTD Board of Directors. “So, we have been working hard with the Casino in responding to that request,” said Loren.

Staff from the Casino and YCTD developed the service revision, which reduces the number of Route 215 round trips between Woodland and Cache Creek Casino Resort by five (5) round trips a day. That route serves Woodland, Madison, Esparto, Capay and Cache Creek Casino Resort. “Both the Casino and YCTD staff jointly reviewed ridership levels of existing service and agreed on a service level which provides financial relief to the Casino, while still serving the majority of existing riders,” said Ron Vargas, Vice President of Human Resources of Cache Creek Casino Resort.

For more information on these Route 215 service changes, and to download a PDF of the new bus schedule, go to: <http://yolobus.com/news/index.php/678> or call Yolobus at (530) 666-2877.

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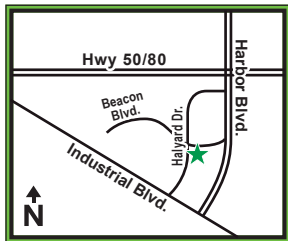


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