

WEST SACRAMENTO News-Ledger

SERVING THE WEST SACRAMENTO REGION SINCE 1964

USPS 388-320

57th Year • No. 05

Wednesday, September 30, 2020

LEGALS
PAGE 4

COMICS & PUZZLES
PAGE 6

HOME IMPROVEMENT GUIDE
PAGE 7

Dave's Pumpkin Patch now open for the fall season

BY MICHELE TOWNSEND

We were all hoping COVID would be a distant memory by the time the holidays hit, but here we are, at the beginning of the holiday season and COVID has not gone anywhere. In the spirit of the year 2020, this too will look different than past holidays. Dave's Pumpkin Patch, located at 3010 Burrows Ave. West Sacramento, is adapting their business like everyone else. If you've never been out to Dave's Pumpkin Patch, you really should check it out. It's a beautiful farm of more than twenty acres that has grown and developed into West Sacramento's own little amusement park/Farmers Market.

Don't get me wrong. There are no roller coasters, but there are several attractions that are fun for kids and adults alike. Dave's Pumpkin Patch is home to Viera Farms. It is for this reason that their website is vierrafarms.com.



On their website, you can find that they are following CDC, state, and local guidelines for running a business while still preventing the spread of COVID. These things include employee screening and temperature checks, vigorous cleaning and sanitizing during and after business hours, multiple hand washing stations, hand sanitizer, markers were needed to guide guests to maintain the 6-foot social distancing

space and free masks to any guests that need them. Masks are required for any attractions that are indoors or where social distancing isn't as likely. However, because they are so large and are in the open air, masks are not required in all areas. Please be mindful of your placement in regards to others. And if you feel the need to remind someone they are close enough to others that they need a mask, please do it respectfully. Dave's opened September 21st, 2020, and will be open until Halloween (October 31st). The owners and staff are very excited to spend this season with the community as it will be their 30th year of being open to the public. The News-Ledger tried multiple times to get this year's hours of operation but was unsuccessful in finding that information. Last year's hours were as follows, Sunday – Thursday 10am – Dusk, Friday – Saturday

See Dave's, page 2

Police reform in West Sacramento: What is planned and what is wanted

BY MICHELE TOWNSEND

Police reform is currently the talk of the nation. It is a complex situation with no simple solutions. Many of the citizens of this country don't care about that. They want changes and they want them now. And since it's an election year, politicians are scrambling to get something in place that will show forward movement to the satisfaction of the public/voters.

Those who are in office, are in a time crunch to initiate a change that can immediately be seen and very little sympathy for the announcement of "future" plans. Those running for office have the time to expand their thoughts and plans to what is being put into play right now.

As for the community -- they just want change. It is a very complex issue though.

The term "Defund the Police" is used a lot.

In a Zoom meeting held on September 24th, Yolo County Public Defender Tracie Olson said that the term "Defund Police" does not mean abolish the police department. What it means is "putting in place resources that lead to the best outcome possible."

In other words, if someone is having a mental health crisis, then you send out someone trained to handle that issue. However, who is trained to determine what a mental health crisis is? Will that become the job of the dispatcher? What will be the criteria for him/her to determine if it is a mental health call? And will the mental health workers send on these calls be trained in physical restraint or other skills that the police have and are often the reason the police are called to a scene to begin with? Often that person was violent, or there was fear of violence. That is why the police were called. Also, will mental health workers be available 24/7

See Reform, page 10

KJAY radio station has decades-long history in West Sacramento Oldies program director discusses his work at station

BY LANCE ARMSTRONG

KJAY, one of the Sacramento area's oldest continuously operating radio stations, is keeping a tradition alive that dates back to its beginning in 1963.

It was in that year that word began to spread that a Stockton man, Joseph Gamble, was in the process of establishing the capital city's newest commercial radio station.

Commercial radio in Sacramento was four decades old at that time, as the earliest stations debuted in 1922.

Initially, KJAY was to be a Carmichael station, but a later effort began to have the station located in Sacramento.

A transmitter building for the station was completed at 7299 Riverside Blvd. in the Pocket area by January 1963.

Also in preparation of going on the air, KJAY was permitted by the Federal Communications Commission (FCC) to operate on 1430 kilocycles during the day and 500 watts at night.

KJAY can still be found at 1430 on the AM dial, as well as at 98.1 FM and on the website, www.KJAYradio.com. The sta-

See Radio, page 9



Photos courtesy of the Powell family

KJAY radio station was originally located in this structure at 1431 Arden Way.

Free COVID-19 Testing Sites Offered in West Sacramento in October

Residents can receive free Coronavirus Disease 2019 (COVID-19) testing during the month of October at Elica Health Center, 1276 Halyard Drive, West Sacramento between the hours of 8 a.m. and noon on the following dates: Friday, Oct. 2; Monday, Oct. 5; Wednesday, Oct. 7; Friday, Oct. 9; Monday, Oct. 12; Wednesday, Oct. 14; Friday, Oct. 16; Monday, Oct. 19; Wednesday, Oct. 21; Friday, Oct. 23; Monday, Oct. 26; Wednesday, Oct. 28; Friday, Oct. 30.

In addition to this testing site, the State of California's OptumServe site will be providing residents with additional COVID-19 testing

when their site moves to Club West, located at 1125 Riverbank Road in West Sacramento, from October 6 – 31. Testing at the OptumServe site is free and open to all California residents, regardless of documentation status, and is by appointment only Tuesdays – Saturdays from 7:00 a.m. to 7:00 p.m. All ages are welcome. If residents do not have health insurance, the cost of the test will be covered by the state. If residents have health insurance, their provider will be billed with no out of pocket cost to the resident. To schedule an appointment, call: (888) 634-1123 or go online at: <https://lhi.care/covidtesting>.

Participants of these testing sites must be residents of Yolo County and will need to bring a document displaying their name and address, such as a driver's license, ID card, utility bill, or piece of mail. All ages are accepted. Spanish translation will be available at most, if not all, of the sites. There may be some delays in getting testing results. Registration is recommended in order to speed up the process but is not required and does not guarantee a test. When residents register online, they will not be able to select a time slot and will not receive a confirmation of receipt. Register at: <https://www.avellinocoronatest.com/patient>.

At both the State's OptumServe and Yolo County's testing sites, residents must wear a face covering and practice social distancing. None of these sites are drive-thru, so residents will need to park their car and walk a short distance to the testing building. To see all the COVID-19 testing options in Yolo County, visit the County's COVID-19 testing page at: <https://covidtesting.yolocounty.org/>. Residents can also call Yolo 2-1-1 for resource information. For additional updates follow Yolo County on Facebook at: <https://www.facebook.com/YoloCounty/> or Twitter at: <https://twitter.com/YoloCountyCA>.



1833 Proctor Ave \$309,800

Virtual Tours: www.facebook.com/TheJerrettTeam/videos



1925 Carrigan Court



DANIEL JERRETT
916-215-1920 | TheJerrettTeam@gmail.com

KW SACRAMENTO
KELLERWILLIAMS REALTY

CA DRE #01495670

DRE#01976964

OBITUARY

Joyce E Kortuem

Joyce was born on August 6, 1930 in Madrid, New Mexico and passed away on August 19, 2020 suffering from complications of a stroke she suffered 17 years ago and most recently lived in West Sacramento.

She had been married to her husband, Joe, for 56 years prior to his passing in 2006. She had met Joe while a student at San Rafael High and they were married two years later. She held down several jobs over her lifetime prior to retirement, her last one at a Budweiser distributorship in Watsonville. All the while raising 6 children.

After retirement, she spent much time with husband Joe helping with the Escapes at their campground in Coarsegold, California prior to doing a great deal of RVing around the United States and Mexico.

Joyce is survived by sons, John and wife Linda, Jack and wife Linda, Jay and daughters, Janice, Joy, and Janine and husband Rob. She also has a younger sister Connie and is predeceased by her brother, Dean. She was grandmother to 10, and great-grandmother to 11, along with many friends.

Arrangements have been made through the Neptune Society. A celebration of Joyce's life was held in West Sacramento on October 17, 2020. A private internment was held on October 16 at the National Cemetery in Dixon, California. In lieu of flowers, please send remembrances to American Heart Association.

Op-ed:

Turn down the noise dare to be a part of healing efforts

BY MELISSA ANDREWS O'KANE

Noise: a sound, especially one that is loud or unpleasant or that causes disturbance

I feel profoundly disturbed. Noise from countless sources has become such an integral part of our lives that we neglect to consider its effect on us.

We are bombarded with sound, information, news, social media, surrounded by the assault 24/7. We tune it out, try to turn it down, drown it out with our own noise of choice, and escape if we can. We struggle to concentrate, focus, even think rationally at times. How do we cope? How do we ground ourselves, get centered and present, become cognizant that our hearts are crying out for an escape from the chaos?

We are a divided country. Identity politics and the media drive the current narrative and I believe the effect of both has been division. Someone recently characterized this as a break-down in our shared truth, in the shared reality that used to exist and which united us as Americans.

Are you in or out, Black or white, aligned or against?

There is scant space in between and we are overwhelmed by the disquiet and confusion swirling around us. Try as I might to live in 'the eye of the storm' I am sucked in. The contentment and peace that I strive for elude me oftentimes. How do we even discern what is real, what is true?

The line is so blurred as to be indistinguishable. Where is the common ground, our shared ideals, the collective belief in our democracy and its values? We are wan-

dering; joy and laughter have gone missing. Our smiles are no longer visible, hidden behind masks, IF we are even smiling at all.

We are at a crossroads. If we are unable to open our hearts, remove our masks and engage in meaningful dialogue we will be lost. I challenge you to be someone who will bring back the laughter, recapture our inherent kindness and compassion.

BE that person who helps return us to our humanity.

Help us remember who we are. Help restore awareness of our shared truths.

Decide to turn down the volume; filter out the noise; change your focus; shift your energy; choose hope.

Become part of a healing effort that will bring us out of our pandemic funk. I dare you!

Bobby's Seven Day Barber Shop

Open Everyday!

1040 West Capitol Ave Suite E (Behind Subway)
West Sacramento, CA 95691

Bobby Luna
(916) 371-4676

Next to City Hall
Corner of West Capitol and Merkley

CASH CASH

For your Vinyl LP's
45 RPM
CD's
Reel to Reel Tapes
Cassettes
Rock Collectibles
Rock & Punk Magazines

Marty DeAnda
Call (916) 442-5344
Text (916) 505-5191

TOP PRICES PAID!

1104 R STREET, SACRAMENTO, CA 95811. www.digmusic.com. digmusic@sbcglobal.net

THE NEWS-LEDGER
WEST SACRAMENTO'S CHOICE

www.News-Ledger.com

'Official Newspaper of Record
for the City of West Sacramento'

MEMBER, Calif. Newspaper Publishers Assn.

The News-Ledger was founded August 26, 1964. It is the successor to the Weekly Reader, founded by Julius A. Feher in April, 1938, and incorporates the West Sacramento News, founded by Julius A. Feher in August, 1942.

The News-Ledger is a weekly newspaper published every Wednesday. It provides coverage by mail and other distribution to the city of West Sacramento, including the communities of West Sacramento, Bryte, Broderick and Southport.

The News-Ledger is adjudged a newspaper of general circulation by Yolo County Superior Court decrees on June 1, 1967, Case No. 21893; June 4, 1973, Case Number 29812; and September 4, 2009, Case Number CV PT 09-1432. Published by:

The News-Ledger LLC
Chris Macko, Publisher
Monica Stark, Editor
Chris Macko, Legals
John Ochoa, Graphic Designer

News-Ledger (USPS #388-320) is published weekly. Periodicals Postage paid at West Sacramento CA 95799. POSTMASTER: Send address changes to News-Ledger, 1040 W. Capitol Ave., Suite B, West Sacramento CA 95691-2715.

Subscription price: \$30.00 per year within Yolo County (including West Sacramento); \$35.00 per year elsewhere in the United States. Delivery by mail. Call (916) 371-8030.

Editorial Submissions: editor@news-ledger.com
Legals: wsnewsledger@gmail.com
Obituaries: wsnewsledger@gmail.com
Advertising Sales: chris@news-ledger.com

The News-Ledger
1040 West Capitol Avenue, Suite B
West Sacramento, CA 95691
(916) 371-8030
www.news-ledger.com

Dave's

Continued from page 1

10am to 9pm. You can use this as a guide.

This year, they will enforce a maximum capacity. When the Pumpkin Patch reaches maximum capacity, guests will be asked to wait in line until another family leaves. In the past, going during a weekday meant a lot fewer people, but with stay-at-home orders, distance learning, and unemployment, that may change this year. The last two weekends in October are always the busiest and

that is expected to remain the same. Not a lot had to be eliminated this year. However, the corn boxes and the costume contests have been removed this year due to COVID. According to the website, they are still planning a camp-out under the stars. The campout date is October 10th. Tickets are on sale for \$25 each or a family pack of 4 for \$55, with a \$16 fee to add a ticket to the Carnival.

The phone message still advertises movie night every Friday and Saturday. It says there are always 2 movies. It does not state if there is an additional fee to attend those movies. It is also unclear if that

is current information. If this is something that your family might be interested in, I encourage you to check it out. It will be an outside event that is sure to be fun. Dave's Pumpkin Patch is open for larger events as well, including weddings, school trips, employee events, graduations, and many more. They also accept large orders for produce that they grow. You can inquire about both of these on their website. So, support your local businesses, bring a little tradition or new experience into the holidays, while staying safe. It really is a great place for your inner circle to get out.

VOTE

MARTHA GUERRERO

for
MAYOR

Endorsed by our Firefighters

Martha would bring her extensive experience to:

- Strengthen First Responder Services
- Ensure transparency and Fiscal accountability
- Fix the Roads
- Combat Homelessness with reliable solutions
- Establish programs for youth, healthy aging, and early childhood education.
- Continue building our economy to create local jobs

Martha is a social worker and a proven leader
Check out her website: www.marthaguerrero.com

- City Council Member with an Independent Voice
- Yolo Habitat Conservancy Board Member
- Yolo Subbasin Sustainable Groundwater Agency Board
- Past Chair of the City's Planning Commission, Aging Commission and Economic Development Advisory Commission
- Past Board Member on the Universal Pre-School for West Sacramento
- Rotary Club Member West Sacramento Centennials
- League of Cities Transportation, Communication/Public Works Policy Committee
- Past Yolo County's Local Mental Health Board and Citizen's Advisory Transportation Committee

Paid for by: Martha Guerrero for Mayor 2020, FPPC ID 1426074

Tanya Aguilera
West Sacramento Specialist

Cell: (916) 206-9016 • Fax: (916) 239-2955

LYON REAL ESTATE
www.Golyon.com

IloveWestSacramento.com
Tanya@golyon.com
CalBRE# 1444144

FOR RENT

S&S
Property Management
371-1870
www.westsacrentals.com

Your West Sacramento Specialist
Have a question? Call us.
No Obligation.
We are here to help!

Is your landlord being fair?
Can I be charged for that?
How can I get my security deposit back?

What notice do I give my tenant?
Can I charge for that?
How much rent can I get?

SERVING FAMILIES IN WEST SACRAMENTO SINCE 1962
FD #1082

RIVER CITIES FUNERAL CHAPEL

916-371-4535 • www.RiverCitiesFuneralChapel.com

- Complete Funeral Services • Cremation or Burial • We Use All Cemeteries • World Wide Shipping • Insurance Funded • Pre-Need Plans With Price Guarantee

Our funeral home is owned, managed and cared for by the Daniel family of West Sacramento, representing five generations of funeral service.

910 SOULE STREET • WEST SACRAMENTO CA 95691

THIS 'n' THAT

Wildfire Control with Cows?



BY CAROL BOGART

First off, if you're standing behind a cow and it lifts its tail, don't light a match. Cows expel a lot of methane. That's a scientific fact. Methane, a highly flammable greenhouse gas, contributes to climate change. Serious science recommends we all become vegetarians.

Beef cattle can find a new career controlling wildfires. However, cows don't just eat dry grass. Their sharp hooves tear up the tundra. With insufficient grass roots to keep soil in place, a bare slope is prone to mudslides.

Also, cows also are highly skilled at getting out, unless you use electric fence and run it on a generator in case of power failure. Still, a windblown branch could fall on it and short it out. Imagine encountering a herd of errant cows when you're driving on I-80

And then there's this: Consider small boys who ignore signs that say 'Stay Out of Fenced Area.' I once covered a story about a park in Sunol that did/does use free range cows to 'control' wildfire-prone vegetation.

An 8-year-old kid took a shortcut across the fenced cow area

with his dog. Park rangers speculated that the cows thought the big yellow dog was a mountain lion.

The herd's protector - a huge aggressive heifer - charged, missed the dog, got the boy, lifted him on her horns and threw him a good 10 feet. Suppose he'd been gored? Or trampled? Seriously hurt or killed? Are unrestrained cows an 'attractive nuisance' families of such boys can sue and win? This kid was just shaken up a little. He was lucky.

So, you know. Things to think about before California decides cow weed control is superior to goats. It WOULD be nice to wait to use goats until AFTER spring's wildflowers bloom. Goats will eat anything: small trees, bushes, rare plants, wildflowers. Cows will eat grass right down to the dirt. So, factor in the cost of hay. Cows love oats, too, if they can get it. And apples. My Gladys - a big black cow I loved but never turned my back on - loved an apple.

So that's it on the cows vs. wildfire subject. Now, let's talk about masks again. And how you see few people wearing one in West Sac anywhere but in the stores.

My friend, Lynne, tells me most people she sees in Southport aren't wearing one. Very few have one on when out and about in Broderick. This morning, walking, I saw a family group, Muslims, covered completely from

head to foot ... except their faces. Other than the head to foot attire, they're no different than most others I see out walking.

The LA Times abashedly admits "we don't know" the long-term health impacts of inhaling smoke. Well, here's a clue. A lung expert told the Sacramento Bee that tiny particles from that smoke wind their way down into the smallest alveoli (air sacs) in your lungs.

Now, suppose Covid 19 gets in there, too. Or you, who dislike vaccinations as well as masks, don't get vaccinated for the flu and get pneumonia.

Flu season's right around the corner.

I think about all the ash still trapped in low spots on my car. And in crevasses on trees. On leaves and roofs. In gutters. Ready to be blown back into the air with the least breeze. I put my mask back on.

With so many wildfires still burning in California, who knows where the wind may blow?

I don't want to die from suffocation. It's how my mom died. Intubated for pneumonia, her eyes were panicked when the tube was removed to clean it and she couldn't breathe. At all. To reduce her need for oxygen, she was paralyzed. I hope someone told her why she couldn't move. They'd weaned her partway off the ventilator when an accident occurred. Someone forgot to put the hydration monitor on her ear.



PHOTO COURTESY East Bay Regional Park District (EBRPD) California cattle being used for wildfire control at the regional wilderness in Sunol. Notice the turf damage in the background.

Her strong heart pumped the excess liquid back into her lungs. And that was it. My mother slowly drowned. The ventilator was turned back up to 100 percent. Her lungs, weakened from the pneumonia, couldn't take the increased pressure. It blew out the lining of her lungs.

Mom lasted a day before the remaining oxygen in her blood was gone. One by one, her organs died. That strong heart was the last to go.

Will having tiny toxic smoke particles in your lungs compromise your long-term health? What do firefighters' families say? For me, 'moderate' air quality isn't good enough. Until, consistently, we're told our air is at least as good, I'll wear a mask -- even when I get the mail.

To know what suffocation feels like, try this. Hold your breath



PHOTO BY CAROL BOGART Between tiny ash particles that can lodge in your lungs, and a mutated Covid virus, this is staying on. It comes with a washable filter. Simple cotton won't keep out smoke particles.

'til you just can't anymore, then make yourself do it for five more seconds. Now imagine that feeling every waking second - until your brain dies.

IF there's a bed with ventilator available during flu/covid season, hospitals may not allow you to be by your loved one's side. I was holding mom's hand when she died. Helpless to help her. All I

could do was pray for her and cry.

To check the air quality in West Sac before you go outdoors, go to airnow.org or sparetheair.com. For a UC Davis study of wildfire smoke and your lungs, visit: <https://iopscience.iop.org/article/10.1088/1748-9326/aba6af>. Questions, comments for Carol Bogart? Contact her at carol@bogartonline.com.

CALL TODAY FOR AD RATES 371-8030
WWW.NEWS-LEDGER.COM

NOR CAL COMMERCIAL Real Estate
INVESTMENTS • SALES • LEASING • MANAGEMENT
DAVID MACKO • 916-443-1500
CA DRE LIC #C01929348 • CA DRE LIC #01413910

for sale
West Sac Realty.com
916 373-9800

OFFICIAL DEMOCRATIC PARTY ENDORSEMENTS FOR WEST SACRAMENTO

MAYOR	Martha Guerrero
CITY COUNCIL	Norma Alcala
WUSD SCHOOL BOARD District 2	Danny Thirakul
WUSD SCHOOL BOARD District 3	Tiffany McFadden
LRCCD BOARD OF TRUSTEES AREA 4	Kelly Wilkerson
PRESIDENT	Joe Biden
VICE PRESIDENT	Kamala Harris
US CONGRESS	Doris Matsui
CA STATE ASSEMBLY	Kevin McCarty

CADEM CALIFORNIA DEMOCRATIC PARTY

DO NOT BE FOOLED BY MISLEADING ADVERTISING. EVERY TWO YEARS THERE IS DECEPTIVE UNLAWFUL POLITICAL ADVERTISING IN WEST SACRAMENTO TO MISLEAD VOTERS ON DEMOCRATIC ENDORSEMENTS.
Paid for by the California Democratic Party; Paid Political Advertisement

LEGALS

FICTITIOUS BUSINESS NAME STATEMENT

FILE NO. F20200755
The following person(s) is (are) doing business as: 231 G St, STE 6, Davis, CA 95616 County of YOLO
Mailing Address: 231 G St, STE 6, Davis, CA 95616
California Topline Doors, 231 G St, STE 6, Davis, CA 95515
This business is conducted by a Corporation
The registrant(s) commenced to transact business under the fictitious business name or names listed above on 09/05/2015.
California Topline Doors
S/ WEI ZHANG, PRESIDENT
This statement was filed with the County Clerk of Yolo County on 09/15/2020.
Jesse Salinas, County Clerk/Recorder
dho, Deputy
9/30, 10/7, 10/14, 10/21/20
CNS-3393159#
NEWS-LEDGER
Sep 30 Oct 7 14 21 nl 2995

ORDER TO SHOW CAUSE FOR CHANGE OF NAME

CASE NO. CV2020-1171
Petition of Michele Janell Degerness
For Change of Name
TO ALL INTERESTED PERSONS: Petitioner: Michele Janell Degerness filed a petition with this court for a decree changing names as follows:
Michele Janell Degerness to **Michele Janell Bayer**

THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.
NOTICE OF HEARING
Date: October 29, 2020
Time 9:00 a.m. Dept.: 9
The address of the court is: 1000 Main Street, Woodland, CA 95695.
A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county:
The News-Ledger
Date: September 15, 2020
S/Daniel M. Wolk
Judge of the Superior Court
Sep 30 Oct 7 14 21 nl 2994

FICTITIOUS BUSINESS NAME STATEMENT

FILED 9/11/2020
FILE NO. F20200749
The following person(s) is (are) doing business as **Eve's Automotive**, 3020 Duluth Street, Ste. 2, West Sacramento, CA 95691 in Yolo County.
Registered Owner(s)
James Constantine George, 2707 Brentwood Place, Davis, CA 95618
The business is conducted by: Individual
The registrant commenced to transact business under the fictitious business name or names listed above on 7/1/2010.
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor.)
S/James George, Owner
Notice-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk.
A new Fictitious Business Name Statement must be filed before the expiration.
State of California, County of Yolo
Jesse Salinas, County Clerk Recorder
Date: September 11, 2020
S/dho,
Deputy Clerk
Sep 23 30 Oct 7 14 nl 2984

FICTITIOUS BUSINESS NAME STATEMENT

FILED 8/17/2020
FILE NO. F20200687
The following person(s) is (are) doing business as **A Whole Latte Love**, 5226 Hemlock Street, Sacramento, CA 95841 in Sacramento County.
Registered Owner(s)
Tammy Polewka, 5226 Hemlock Street, Sacramento, CA 95841
The business is conducted by: Individual
The registrant commenced to transact business under the fictitious business name or names listed above on 11/24/2003.
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor.)
S/Tammy Polewka
Notice-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk.
A new Fictitious Business Name Statement must be filed before the expiration.
State of California, County of Yolo
Jesse Salinas, County Clerk Recorder
Date: August 17, 2020
S/kquam,
Deputy Clerk
Sep 23 30 Oct 7 14 nl 2983

FICTITIOUS BUSINESS NAME STATEMENT

FILED 8/17/2020
FILE NO. F20200687
The following person(s) is (are) doing business as **My Mechanic Guy**, 1464 Westland Ranch Drive, Woodland, CA 95776 in Yolo County.
Registered Owner(s)
David Vincent Delarosa Jr., 1464 Westland Ranch Drive, Woodland, CA 95776
The business is conducted by: Individual
The registrant commenced to transact business under the fictitious business name or names listed above on 8/1/2020.
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor.)
S/David V. Delarosa Jr., Owner
Notice-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk.
A new Fictitious Business Name Statement must be filed before the expiration.
State of California, County of Yolo
Jesse Salinas, County Clerk Recorder
Date: August 31, 2020
S/dho,
Deputy Clerk
Sep 16 23 30 Oct 7 nl 2974

FICTITIOUS BUSINESS NAME STATEMENT

FILED 9/14/2020
FILE NO. F20200750
The following person(s) is (are) doing business as **Connect**, 2544 Port Street, West Sacramento, CA 95691 in Yolo County.
Registered Owner(s)
Baby Rhino Investment Inc., 4448 79th Street, Sacramento, CA 95820
The business is conducted by: Corporation
The registrant commenced to transact business under the fictitious business name or names listed above on N/A.
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor.)
S/Baby Rhino Investment Inc., Champien Saelee, President
Notice-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk.
A new Fictitious Business Name Statement must be filed before the expiration.
State of California, County of Yolo
Jesse Salinas, County Clerk Recorder
Date: September 14, 2020
S/Iramirez,
Deputy Clerk
Sep 23 30 Oct 7 14 nl 2986

FICTITIOUS BUSINESS NAME STATEMENT

FILED 7/29/2020
FILE NO. F20200615
The following person(s) is (are) doing business as **Jacqueline L. Gholar**, 860 Sacramento Ave. #147, West Sacramento, CA 95605 in Yolo County.
Registered Owner(s)
Jacqueline L. Gholar, 860 Sacramento Ave. #147, West Sacramento, CA 95605
The business is conducted by: Individual
The registrant commenced to transact business under the fictitious business name or names listed above on 6/22/2020.
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor.)
S/Jacqueline Gholar
Notice-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk.
A new Fictitious Business Name Statement must be filed before the expiration.
State of California, County of Yolo
Jesse Salinas, County Clerk Recorder
Date: July 29, 2020
S/dho,
Deputy Clerk
Sep 16 23 30 Oct 7 nl 2973

FICTITIOUS BUSINESS NAME STATEMENT

FILED 9/11/2020
FILE NO. F20200749
The following person(s) is (are) doing business as **Eve's Automotive**, 3020 Duluth Street, Ste. 2, West Sacramento, CA 95691 in Yolo County.
Registered Owner(s)
James Constantine George, 2707 Brentwood Place, Davis, CA 95618
The business is conducted by: Individual
The registrant commenced to transact business under the fictitious business name or names listed above on 7/1/2010.
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor.)
S/James George, Owner
Notice-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk.
A new Fictitious Business Name Statement must be filed before the expiration.
State of California, County of Yolo
Jesse Salinas, County Clerk Recorder
Date: September 11, 2020
S/dho,
Deputy Clerk
Sep 23 30 Oct 7 14 nl 2984

FICTITIOUS BUSINESS NAME STATEMENT

FILED 8/31/2020
FILE NO. F20200724
The following person(s) is (are) doing business as **My Mechanic Guy**, 1464 Westland Ranch Drive, Woodland, CA 95776 in Yolo County.
Registered Owner(s)
David Vincent Delarosa Jr., 1464 Westland Ranch Drive, Woodland, CA 95776
The business is conducted by: Individual
The registrant commenced to transact business under the fictitious business name or names listed above on 8/1/2020.
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor.)
S/David V. Delarosa Jr., Owner
Notice-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk.
A new Fictitious Business Name Statement must be filed before the expiration.
State of California, County of Yolo
Jesse Salinas, County Clerk Recorder
Date: August 31, 2020
S/dho,
Deputy Clerk
Sep 16 23 30 Oct 7 nl 2974

FICTITIOUS BUSINESS NAME STATEMENT

FILED 8/28/2020
FILE NO. F20200715
The following person(s) is (are) doing business as **Amami Wellness**, 3416 Evergreen Circle #5, West Sacramento, CA 95691 in Yolo County.
Registered Owner(s)
Alyssa Carangan, 3416 Evergreen Circle #5, West Sacramento, CA 95691
The business is conducted by: Individual
The registrant commenced to transact business under the fictitious business name or names listed above on N/A.
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor.)
S/Alyssa Carangan
Notice-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk.
A new Fictitious Business Name Statement must be filed before the expiration.
State of California, County of Yolo
Jesse Salinas, County Clerk Recorder
Date: August 28, 2020
S/kquam,
Deputy Clerk
Sep 16 23 30 Oct 7 nl 2977

FICTITIOUS BUSINESS NAME STATEMENT

FILED 9/3/2020
FILE NO. F20200732
The following person(s) is (are) doing business as **The Studio**, 2941 West Capitol Avenue, West Sacramento, CA 95691 in Yolo County.
Registered Owner(s)
Neetu Saini, 2613 Bayberry Street, West Sacramento, CA 95691
Bhupinder Singh, 2613 Bayberry Street, West Sacramento, CA 95691
The business is conducted by: A Married Couple
The registrant commenced to transact business under the fictitious business name or names listed above on N/A.
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor.)
S/Neetu Saini
Notice-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk.
A new Fictitious Business Name Statement must be filed before the expiration.
State of California, County of Yolo
Jesse Salinas, County Clerk Recorder
Date: September 3, 2020
S/kquam,
Deputy Clerk
Sep 16 23 30 Oct 7 nl 2978

FICTITIOUS BUSINESS NAME STATEMENT

FILED 8/12/2020
FILE NO. F20200663
The following person(s) is (are) doing business as **Plush**, 187 1st Street, Woodland, CA 95695 in Yolo County.
Registered Owner(s)
Rebekah E. Barker, 187 1st Street, Woodland, CA 95695
The business is conducted by: Individual
The registrant commenced to transact business under the fictitious business name or names listed above on 8/1/2020.
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor.)
S/Rebekah Barker, Owner
Notice-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk.
A new Fictitious Business Name Statement must be filed before the expiration.
State of California, County of Yolo
Jesse Salinas, County Clerk Recorder
Date: August 28, 2020
S/kquam,
Deputy Clerk
Sep 16 23 30 Oct 7 nl 2981

FICTITIOUS BUSINESS NAME STATEMENT

FILED 9/11/2020
FILE NO. F20200748
The following person(s) is (are) doing business as **X Media**, 3790 Silverwood Road, West Sacramento, CA 95691 in Yolo County.
Registered Owner(s)
Xavionna Ahlee Davis, 3790 Silverwood Road, West Sacramento, CA 95691
The business is conducted by: Individual
The registrant commenced to transact business under the fictitious business name or names listed above on 9/8/2020.
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor.)
S/Xavionna Davis
Notice-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk.
A new Fictitious Business Name Statement must be filed before the expiration.
State of California, County of Yolo
Jesse Salinas, County Clerk Recorder
Date: September 11, 2020
S/dho,
Deputy Clerk
Sep 16 23 30 Oct 7 nl 2979

FICTITIOUS BUSINESS NAME STATEMENT

FILED 9/11/2020
FILE NO. F20200748
The following person(s) is (are) doing business as **X Media**, 3790 Silverwood Road, West Sacramento, CA 95691 in Yolo County.
Registered Owner(s)
Xavionna Ahlee Davis, 3790 Silverwood Road, West Sacramento, CA 95691
The business is conducted by: Individual
The registrant commenced to transact business under the fictitious business name or names listed above on 9/8/2020.
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor.)
S/Xavionna Davis
Notice-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk.
A new Fictitious Business Name Statement must be filed before the expiration.
State of California, County of Yolo
Jesse Salinas, County Clerk Recorder
Date: September 11, 2020
S/dho,
Deputy Clerk
Sep 16 23 30 Oct 7 nl 2979

FICTITIOUS BUSINESS NAME STATEMENT

FILED 8/28/2020
FILE NO. F20200713
The following person(s) is (are) doing business as **Emperatriz Bookkeeping Service LLC**, 425 Westlake Drive, West Sacramento, CA 95605 in Yolo County.
Registered Owner(s)
Emperatriz Bookkeeping Service LLC, 425 Westlake Drive, West Sacramento, CA 95605
The business is conducted by: Limited Liability Company
The registrant commenced to transact business under the fictitious business name or names listed above on 9/1/2020.
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor.)
S/Emperatriz Bookkeeping Service LLC, Marybelle S. Sayson, Manager
Notice-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from

the date on which it was filed in the office of the County Clerk.
A new Fictitious Business Name Statement must be filed before the expiration.
State of California, County of Yolo
Jesse Salinas, County Clerk Recorder
Date: August 28, 2020
S/dho,
Deputy Clerk
Sep 16 23 30 Oct 7 nl 2980

FICTITIOUS BUSINESS NAME STATEMENT

FILED 8/12/2020
FILE NO. F20200663
The following person(s) is (are) doing business as **Plush**, 187 1st Street, Woodland, CA 95695 in Yolo County.
Registered Owner(s)
Rebekah E. Barker, 187 1st Street, Woodland, CA 95695
The business is conducted by: Individual
The registrant commenced to transact business under the fictitious business name or names listed above on 8/1/2020.
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor.)
S/Rebekah Barker, Owner
Notice-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk.
A new Fictitious Business Name Statement must be filed before the expiration.
State of California, County of Yolo
Jesse Salinas, County Clerk Recorder
Date: August 12, 2020
S/Ismith,
Deputy Clerk
Sep 16 23 30 Oct 7 nl 2981

FICTITIOUS BUSINESS NAME STATEMENT

FILED 8/17/2020
FILE NO. F20200688
The following person(s) is (are) doing business as **The Omni Cart**, 33749 Mallard Street, Woodland, CA 95695 in Yolo County.
Registered Owner(s)
Kurl E Girl, Inc., 33749 Mallard Street, Woodland, CA 95695
The business is conducted by: Corporation
The registrant commenced to transact business under the fictitious business name or names listed above on 8/17/2020.
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor.)
S/Kurl E Girl, Inc., Estelle Hodges, President
Notice-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk.
A new Fictitious Business Name Statement must be filed before the expiration.
State of California, County of Yolo
Jesse Salinas, County Clerk Recorder
Date: August 17, 2020
S/Iramirez,
Deputy Clerk
Sep 9 16 23 30 nl 2968

FICTITIOUS BUSINESS NAME STATEMENT

FILE NO. F20200681
The following person(s) is doing business as: **Alta Vista Pool Services, 4210 Sullivan Ct., West Sacramento, CA 95605**, County of Yolo.
Daniel Thomas, 1210 Sullivan Ct., West Sacramento, CA 95605
This business is conducted by Individual.
The registrant commenced to transact business under the fictitious business name or names listed above on N/A
S/ Daniel Thomas, Owner
This statement was filed with the County Clerk of Yolo County on 08/17/2020.
Jesse Salinas, County Clerk/Recorder
By: kquam, Deputy
9/9, 9/16, 9/23, 9/30/20
CNS-3393763#
NEWS-LEDGER
Sep 9 16 23 30 nl 2965

FICTITIOUS BUSINESS NAME STATEMENT

FILED 9/2/2020
FILE NO. F20200726
The following person(s) is (are) doing business as **Deco Home Staging & Design**, 40207 Gaffney Road, Clarksburg, CA 95612 in Yolo County.
Registered Owner(s)
Kellie R. Hoernlein, 49207 Gaffney Road, Clarksburg, CA 95612
Tarese M. Santoni, 302 Greenwood Drive, Woodland, CA 95695
The business is conducted by: General Partnership
The registrant commenced to transact business under the fictitious business name or names listed above on 9/2/2020.
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor.)
S/Kellie Hoernlein
Notice-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk.
A new Fictitious Business Name Statement must be filed before the expiration.
State of California, County of Yolo

Jesse Salinas,
County Clerk Recorder
Date: September 2, 2020
S/Iramirez,
Deputy Clerk
Sep 9 16 23 30 nl 2969

ORDER TO SHOW CAUSE FOR CHANGE OF NAME

CASE NO. CV2020-1135
Petition of
Kristin Michelle Guy
For Change of Name
TO ALL INTERESTED PERSONS: Petitioner: Kristin Michelle Guy filed a petition with this court for a decree changing names as follows:
Kristin Michelle Guy to **Kristin Michelle Sky**
THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.
NOTICE OF HEARING
Date: October 8, 2020
Time 9:00 a.m. Dept.: 9
The address of the court is: 1000 Main Street, Woodland, CA 95695.
A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county:
The News-Ledger
Date: August 26, 2020
S/Daniel M. Wolk
Judge of the Superior Court
Sep 9 16 23 30 nl 2970

ORDER TO SHOW CAUSE FOR CHANGE OF NAME

CASE NO. CV2020-1124
Petition of Victor Manuel Rivas, Jr.
For Change of Name
TO ALL INTERESTED PERSONS: Petitioner: Amanda Ordonez filed a petition with this court for a decree changing names as follows:
Victor Manuel Rivas, Jr. to **Manuel Alonzo Ordonez**
THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.
NOTICE OF HEARING
Date: October 8, 2020
Time 9:00 a.m. Dept.: 10
The address of the court is: 1000 Main Street, Woodland, CA 95695.
A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county:
The News-Ledger
Date: August 21, 2020
S/Samuel T. McAdam
Judge of the Superior Court
Sep 23 30 Oct 7 14 nl 2976

ORDER TO SHOW CAUSE FOR CHANGE OF NAME

CASE NO. CV2020-1141
Petition of Cristan Sally Rocha
For Change of Name
TO ALL INTERESTED PERSONS: Petitioner: Cristan Sally Rocha filed a petition with this court for a decree changing names as follows:
Cristan Sally Rocha to **Cristan Sally Montes**
Kayla Angey Gonzalez-Rocha to **Cristan Sally Montes**
Kayla Angey Montes-Rocha
THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.
NOTICE OF HEARING
Date: October 29, 2020
Time 9:00 a.m. Dept.: 10
The address of the court is: 1000 Main Street, Woodland, CA 95695.
A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county:
The News-Ledger
Date: August 31, 2020
S/Samuel T. McAdam
Judge of the Superior Court
Sep 23 30 Oct 7 14 nl 2987

ORDER TO SHOW CAUSE FOR CHANGE OF NAME

CASE NO. CV2020-1141
Petition of Cristan Sally Rocha
For Change of Name
TO ALL INTERESTED PERSONS: Petitioner: Cristan Sally Rocha filed a petition with this court for a decree changing names as follows:
Daisy Ireana Rocha to **Daisy Ireana Montes-Rocha**
THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.
NOTICE OF HEARING
Date: October 13, 2020
Time 9:00 a.m. Dept.: 9
The address of the court is: 1000 Main Street, Woodland, CA 95695.
A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county:
The News-Ledger
Date: August 31, 2020
S/Daniel M. Wolk
Judge of the Superior Court
Sep 23 30 Oct 7 14 nl 2988

ORDER TO SHOW CAUSE FOR CHANGE OF NAME

CASE NO. CV2020-1141
Petition of Cristan Sally Rocha
For Change of Name
TO ALL INTERESTED PERSONS: Petitioner: Cristan Sally Rocha filed a petition with this court for a decree changing names as follows:
Daisy Ireana Rocha to **Daisy Ireana Montes-Rocha**
THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.
NOTICE OF HEARING
Date: October 13, 2020
Time 9:00 a.m. Dept.: 9
The address of the court is: 1000 Main Street, Woodland, CA 95695.
A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county:
The News-Ledger
Date: August 31, 2020
S/Daniel M. Wolk
Judge of the Superior Court
Sep 23 30 Oct 7 14 nl 2988

NOTICE OF PUBLIC SALE

Self-Storage unit contents of the following customers containing household and other goods will be sold for cash or credit card by CubeSmart Self Storage 541 Harbor Blvd. West Sacramento, CA 95691 to satisfy a lien on Oct 8, 2020 approx 12:00pm on storagetreasures.com
Mehbubhussen Chauhan, Ramon Sanchez, Judy Patrick, Rena Garrett, Selina Turner, Richard Abodecye
Sep 23 30 nl 2990

STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME

FILED 9/17/2020
FILE NO. F20200780
The person(s) or entity listed below are abandoning the use of the following fictitious business name(s): **Mr. Pickles Sandwich Shop Davis**, 2191Cowell Blvd., Suite F, Davis, CA 95618 in Yolo County.
The fictitious business name was **originally filed** in Yolo County 9/1/2012 and is being **ABANDONED** by the registrant(s) listed below.
Milford G. Mann, 600 Encinal Ave., Roseville, CA 95678
Bonnie G. Mann, 600 Encinal Ave., Roseville, CA 95678
If a **Corporation or Limited Liability Company (LLC)**, please indicate the corporation or LLC name, as set forth in the articles of incorporation or organization on file with the California Secretary of State and State of incorporation or organization along with the address and county of the principal place of business:
The business was conducted by: A Married Couple
I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.)
S/Milford G. Mann
I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.
State of California
County of Yolo
Jesse Salinas, Clerk/Recorder
Date: September 17, 2020
S/dho,
Deputy Clerk
Sep 23 30 Oct 7 14 nl 2992

ORDER TO SHOW CAUSE FOR CHANGE OF NAME

CASE NO. CV2020-1140
Petition of Cristan Sally Rocha
For Change of Name
TO ALL INTERESTED PERSONS: Petitioner: Cristan Sally Rocha filed a petition with this court for a decree changing names as follows:
Cristan Sally Rocha to **Cristan Sally Montes**
Kayla Angey Gonzalez-Rocha to **Cristan Sally Montes**
Kayla Angey Montes-Rocha
THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.
NOTICE OF HEARING
Date: October 29, 2020
Time 9:00 a.m. Dept.: 10
The address of the court is: 1000 Main Street, Woodland, CA 95695.
A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county:
The News-Ledger
Date: August 31, 2020
S/Samuel T. McAdam
Judge of the Superior Court
Sep 23 30 Oct 7 14 nl 2987

ORDER TO SHOW CAUSE FOR CHANGE OF NAME

CASE NO. CV2020-1141
Petition of Cristan Sally Rocha
For Change of Name
TO ALL INTERESTED PERSONS: Pet

Legals

Continued from page 4

A Petition for Probate has been filed by Rebecca Shepherd in the Superior Court of California, County of YOLO.

The Petition for Probate requests that Rebecca Shepherd be appointed as personal representative to administer the estate of the decedent.

The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A hearing on the petition will be held in this court as follows:

Date: **October 13, 2020**
Time: **9:00 a.m.** Dept. **10**
Address of court: Superior Court of California, County of Yolo 1000 Main Street, Woodland, California 95695.

If you object to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. If you are a creditor or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to your of a notice under section 9052 of the California Probate Code.

Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

You may examine the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

Attorney for petitioner:
Tracy S. Regli
3478 Buskirk Avenue, Suite 300
Pleasant Hill, CA 94523
(925)906-1880
Sep 23 30 Oct 7 nl 2985

NOTICE OF PETITION TO ADMINISTER ESTATE OF DENA IRENE NOEL CASE NO. PR2020-0163

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of:
Dena Irene Noel

A Petition for Probate has been filed by Steven Douglas Morgan in the Superior Court of California, County of YOLO.

The Petition for Probate requests that Steven Douglas Morgan be appointed as personal representative to administer the estate of the decedent.

The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A hearing on the petition will be held in this court as follows:

Date: **October 13, 2020**
Time: **9:00 a.m.** Dept. **9**
Address of court: Superior Court of California, County of Yolo 1000 Main Street, Woodland, California 95695.

If you object to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. If you are a creditor or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to your of a notice under section 9052 of the California Probate Code.

Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

You may examine the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

Attorney for petitioner:
John B. Palley
1555 River Park Dr., Ste. 108
Sacramento, CA 95815
(916)920-5983
Sep 23 30 Oct 7 nl 2989

PUBLIC LIEN SALE

Extra Space Storage will hold a public auction to sell personal property described below belonging to those individuals listed below at the location indicated: **975 Fst West Sacramento, ca 95605 on 10/19/2020 @ 2:00pm** Mikela Campfield Household/Personal Items. Gregory Virghen household items/furniture. Beverly Chow Exercise bike, stepmaster exercise machine, boxes of DVDs and VHS tapes, general household goods, maxwell warmington household, kitchen things. Larry Bethune Boxes, Dresser, TV, Clothing, Action Figures, Comic Boxes,

Electronics, Entertainment center, Jewelry, Michael Taylor Clothes, Stereo, Daniel Castillo Personal items, boxes, clothes. Beverly Chow Household Items. Stephanie Dodson furniture/household/tools. ANTHONY FRAZIER Household/Personal Items. Bennie Allen Household items, furniture, Leticia Romero auction stuff, Marvin Rollins Household Items. Mary Velez furniture/clothes/household items. Hunter Chollet Couches, tv, misc. household items. Shakila Brown Household Items. Joseph Maxey house hold items. Gabrielle Aguirre Household/personal Items. Edward Sherwood personal items. Angela Carpentier Boxes. Brian Shaoh house hold items collectables. Amanda Chaffee Household Items. Darryl Marzett household items. Robert Little mirrors, misc. furniture. Terence Hall Chevy Truck/ Personal Items. Samuel Smith Households items. Xochilt Gonzales household items/electronics. Michael Chandler restaurant equipment. The auction will be listed and advertised on www.storagetreasures.com. Purchases must be made with cash only and paid at the above referenced facility in order to complete the transaction. Extra Space Storage may refuse any bid and may rescind any purchase up until the winning bidder takes possession of the personal property. 9/30, 10/7/20 CNS-3400537# NEWS-LEDGER Sep 30 Oct 7 nl 2993

NOTICE TO CREDITORS OF BULK SALE (UCC SEC. 6105)

ESCROW NO. 155601-002985

NOTICE IS HEREBY GIVEN that a bulk sale is about to be made. The name(s), business address(es) of the Seller(s), are:
CC FAST FOOD, INC, and Cheryl Char, 2155 Town Center Plaza, Suite E-160, West Sacramento, CA 95691
Doing Business as: Subway #33860
All other business name(s) and address(es) used by the Seller(s) within the past three years, as stated by the Seller(s), is/are: none
The location in California of the Chief Executive Officer of the Seller(s) is: 2136 Ladera Drive, Lincoln, CA 95648

The name(s) and address of the buyer(s) is/are:
NorCal Subs LLC, 3941 Park Dive, 20-485, El Dorado Hills, CA 95762

The assets being sold are described in general as: ALL INVENTORY, STOCK IN TRADE, FIXTURES, EQUIPMENT AND GOODWILL and are located at: 2155 Town Center Plaza, Suite E-160, West Sacramento, CA 95691

The bulk sale is intended to be consummated at the office of: CalAtlantic Title, Inc., 7555 N. Palm Ave., Ste 210, Fresno, CA 93711 and the anticipated sale date is 10/19/2020

The bulk sale is subject to California Uniform Commercial Code Section 6106.2.

The name and address of the person with whom claims may be filed is: CalAtlantic Title, Inc., Attn: Erica Osborne, 7555 N. Palm Ave., Ste 210, Fresno, CA 93711, Escrow No.: 155601-002985 and the last date for filing claims by any creditor shall be 10/16/2020, which is the business day before the sale date specified above.
Dated: September 16, 2020

Buyer(s)
NorCal Subs LLC
BY: Amandeep Mann, Managing Member
BY: Loveleen Mann, Managing Member
9/30/20
CNS-3401444#
NEWS-LEDGER
Sep 30 nl 2997

NOTICE OF PETITION TO ADMINISTER ESTATE OF DORAN REYNOLDS AKA SONNY REYNOLDS CASE NO. PR2020-0156

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the WILL or estate, or both of DORAN REYNOLDS AKA SONNY REYNOLDS.

A PETITION FOR PROBATE has been filed by KYLE B. REYNOLDS in the Superior Court of California, County of YOLO.

THE PETITION FOR PROBATE requests that KYLE B. REYNOLDS be appointed as personal representative to administer the estate of the decedent.

THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A HEARING on the petition will be held in this court as follows: 10/27/20 at 9:00AM in Dept. 10 located at 1000 MAIN STREET, WOODLAND, CA 95695

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code.

Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

Attorney for Petitioner
ERIK R. HARTSTROM - SBN 226509, HUBER LAW GROUP, A.P.C.
650 UNIVERSITY AVE. STE. 113
SACRAMENTO CA 95825

9/30, 10/7, 10/14/20
CNS-3402538#
NEWS-LEDGER
Sep 30 Oct 7 14 nl 2999

NOTICE OF PUBLIC COMMENT PERIOD

Amended Citizen Participation Plan and Substantial Amendment to the 2020-2021 CDBG Annual Action Plan and Notice of Public Hearing Amended Citizen Participation Plan and Substantial Amendment to the 2020-2021 CDBG Annual Action Plan

The City of West Sacramento hereby notifies concerned members of the public, pursuant to 24 CFR 91.105, 24 CFR 91.505, and the City's Citizen Participation Plan, of its intent to amend the Citizen Participation Plan of the 2016-2020 Consolidated Plan and approve and adopt a substantial amendment to the 2020-2021 Annual Action Plan by the following actions:

Motel Acquisition for Interim Housing for Homeless, or at risk of being homeless, individuals to prevent, prepare for, and respond to COVID- 19. \$274,906 Add new CDBG-CV Activity

Motel Acquisition for Interim Housing for Homeless, or at risk of being homeless, individuals to prevent, prepare for, and respond to COVID- 19. \$327,968 Add new CDBG-CV3 Activity

Motel Acquisition for Interim Housing for Homeless, or at risk of being homeless, individuals to prevent, prepare for, and respond to COVID- 19. \$600,000 Add new CDBG Program Income Activity (CDBG-CV/CV3 related activity)

General Administration (GA) from CDBG Program Income \$113,431.53 Add additional GA.

The amendments to the Citizen Participation Plan and substantial amendment to the 2020-2021 Annual Action Plan will be available for a five-day public review and comment period from September 30, 2020 through October 5, 2020 online at www.cityofwestsacramento.org/residents/housing/community-development-block-grant.

These actions are necessary for the City to receive and utilize its allocation of Community Development Block Grant (CDBG-CV/CV3) funds made available under the Coronavirus Aid, Relief, and Economic Security (CARES) Act (Pub.L. 116-136).

Under the CARES Act, the City was allocated \$274,906 of supplemental CDBG-CV funding and \$327,968 in supplemental CDBG-CV3 funding to be used for eligible activities that prevent, prepare for, and respond to the coronavirus pandemic.

Additionally, the City is proposing to allocate \$600,000 in CDBG Program Income for the same CDBG-CV/CDBG-CV3 eligible activities.

Written comments may be submitted to the following address no later than 5 p.m. on October 5, 2020: Isaah Alford, Economic Development and Housing, 1110 West Capitol Ave., West Sacramento, CA 95691.

Comments may also be submitted through email to Isaah Alford at isaaha@cityofwestsacramento.org.

A determination regarding the proposed amendment to Citizen Participation Plan and the substantial amendment to the 2020-2021 Annual Action Plan has been scheduled on or about October 14, 2020 at 7 p.m.

Important Notice: Pursuant to the Governor's Executive Order N-29-20, members of the West Sacramento City Council and staff will participate in this meeting via a teleconference. To reduce the spread of COVID-19, members of the public are asked to watch the meeting Livestream (<https://www.cityofwestsacramento.org/government/meetings-agendas/city-council>), or via Wave Cable Channel 20 and to submit comments in writing by 6:00 PM on October 14, 2020. To submit a comment in writing, please email clerk@cityofwestsacramento.org and write "Public Comment" in the subject line. In the body of the email, include the item number and/or title of the item as well as your comments. All comments received by 6:00 PM will be provided to the City Council and posted on the website. The comments submitted shall become part of the record of the meeting.

Accommodations under the Americans with Disabilities Act are available upon request, if you need assistance to participate in this meeting, you should contact the City Clerk at (916) 617-4500. Notification 72 hours prior to the meeting will enable the City to make reasonable accommodations or to make interpreter services available to assure accessibility at the meeting.

The Civic Center is handicapped accessible.

The City of West Sacramento promotes fair housing and makes all programs available to low- and moderate-income households regardless of age, race, color, religion, sex, national origin, sexual preference, marital status or disability.

Aviso de Período de Comentario Público
Plan de Participación Ciudadana Modificado y Enmienda Sustancial al Plan de Acción Anual de CDBG 2020-2021 y

Aviso de Audiencia Pública
Plan de Participación Ciudadana Modificado y Enmienda Sustancial al Plan de Acción Anual de CDBG 2020-2021

La Ciudad de West Sacramento notifica a los miembros del público interesados, en conformidad con 24 CFR 91.105, 24 CFR 91.505 y el Plan de Participación Ciudadana de la Ciudad, de su intención de enmendar el Plan de Participación Ciudadana del Plan Consolidado 2016-2020 y aprobar y adoptar una modificación sustancial del Plan de Acción Anual 2020-2021 mediante las siguientes acciones:

Adquisición de moteles para viviendas provisionales para personas sin hogar o en riesgo de quedarse sin hogar para prevenir, prepararse y responder a COVID-19. \$274,906 Agregar nueva actividad CDBG-CV

Adquisición de moteles para viviendas provisionales para personas sin hogar o en riesgo de quedarse sin hogar para prevenir, prepararse y responder a COVID-19. \$600,000 Agregar nueva actividad de Ingresos del Programa CDBG (actividad relacionada con CDBG-CV/CV3)

Administración General (GA) de los Ingresos del Programa CDBG \$113,431.53 Agregar GA adicional Las enmiendas al Plan de Participación Ciudadana y la enmienda sustancial al Plan de Acción Anual 2020-2021 estarán disponibles para un período de revisión y comentarios públicos de cinco días desde el 30 de septiembre de 2020 hasta el 5 de octubre de 2020 en línea en www.cityofwestsacramento.org/residents/housing/community-development-block-grant.

Estas acciones son necesarias para que la Ciudad reciba y utilice su asignación del Programa de Subsidio Globales para el Desarrollo Comunitario (CDBG-CV/CV3) disponibles en virtud de la Ley de Ayuda, Alivio y Seguridad Económica Contra el Coronavirus (CARES) (Pub.L.116-136). Según la Ley CARES, se asignaron a la ciudad \$274,906 de fondos complementarios de CDBG-CV y \$327,968 de fondos complementarios de CDBG-CV3 para ser utilizados en actividades elegibles que previenen, preparan y responden a la pandemia de coronavirus. Además, la ciudad propone asignar \$600,000 en Ingresos del Programa CDBG para las mismas actividades elegibles para CDBG-CV/CDBG-CV3.

Los comentarios por escrito pueden enviarse a la siguiente dirección a más tardar a las 5 p.m. el 5 de octubre de 2020: Isaah Alford, Economic Development and Housing, 1110 West Capitol Ave., West Sacramento, CA 95691. Los comentarios también se pueden enviar por correo electrónico a Isaah Alford a isaaha@cityofwestsacramento.org.

Se ha programado una determinación con respecto a la enmienda propuesta al Plan de Participación Ciudadana y la enmienda sustancial al Plan de Acción Anual 2020-2021 para el 14 de octubre de 2020 a las 7 p.m. o alrededor de esa fecha.

Aviso importante: En conformidad con la Orden Ejecutiva N-29-20 del Gobernador, los miembros del Concejo Municipal de West Sacramento y el personal participarán en esta reunión a través de una teleconferencia. Para reducir la propagación de COVID-19, se solicita a los miembros del público que vean la transmisión en vivo de la reunión (<https://www.cityofwestsacramento.org/government/meetings-agendas/city-council>), o a través del canal Wave Cable 20 y envíe sus comentarios por escrito antes de las 6:00 p. m. del 14 de octubre de 2020. Para enviar un comentario por escrito, envíe un correo electrónico a clerk@cityofwestsacramento.org y escriba "Public Comment" en la línea de asunto. En el cuerpo del correo electrónico, incluya el número de artículo y/o el título del artículo, así como sus comentarios. Todos los comentarios recibidos antes de las 6:00 PM se proporcionarán al Ayuntamiento y se publicarán en el sitio web. Los comentarios presentados pasarán a formar parte del acta de la reunión.

Las adaptaciones bajo la Ley de Estadounidenses con Discapacidades están disponibles a pedido. Si necesita ayuda para participar en esta reunión, debe comunicarse con el Secretario de la Ciudad al (916) 617-4500. La notificación 72 horas antes de la reunión permitirá a la Ciudad realizar adaptaciones razonables o poner a disposición servicios de interpretación para garantizar la accesibilidad en la reunión. El Centro Cívico es accesible para discapacitados.

La ciudad de West Sacramento promueve la vivienda justa y pone todos los programas a disposición de los hogares de ingresos bajos y moderados, independientemente de su edad, raza, color, religión, sexo, nacionalidad, preferencia sexual, estado civil o discapacidad.
Sep 30 nl 2996

los Ingresos del Programa CDBG \$113,431.53 Agregar GA adicional Las enmiendas al Plan de Participación Ciudadana y la enmienda sustancial al Plan de Acción Anual 2020-2021 estarán disponibles para un período de revisión y comentarios públicos de cinco días desde el 30 de septiembre de 2020 hasta el 5 de octubre de 2020 en línea en www.cityofwestsacramento.org/residents/housing/community-development-block-grant.

Estas acciones son necesarias para que la Ciudad reciba y utilice su asignación del Programa de Subsidio Globales para el Desarrollo Comunitario (CDBG-CV/CV3) disponibles en virtud de la Ley de Ayuda, Alivio y Seguridad Económica Contra el Coronavirus (CARES) (Pub.L.116-136). Según la Ley CARES, se asignaron a la ciudad \$274,906 de fondos complementarios de CDBG-CV y \$327,968 de fondos complementarios de CDBG-CV3 para ser utilizados en actividades elegibles que previenen, preparan y responden a la pandemia de coronavirus. Además, la ciudad propone asignar \$600,000 en Ingresos del Programa CDBG para las mismas actividades elegibles para CDBG-CV/CDBG-CV3.

Los comentarios por escrito pueden enviarse a la siguiente dirección a más tardar a las 5 p.m. el 5 de octubre de 2020: Isaah Alford, Economic Development and Housing, 1110 West Capitol Ave., West Sacramento, CA 95691. Los comentarios también se pueden enviar por correo electrónico a Isaah Alford a isaaha@cityofwestsacramento.org.

Se ha programado una determinación con respecto a la enmienda propuesta al Plan de Participación Ciudadana y la enmienda sustancial al Plan de Acción Anual 2020-2021 para el 14 de octubre de 2020 a las 7 p.m. o alrededor de esa fecha.

Aviso importante: En conformidad con la Orden Ejecutiva N-29-20 del Gobernador, los miembros del Concejo Municipal de West Sacramento y el personal participarán en esta reunión a través de una teleconferencia. Para reducir la propagación de COVID-19, se solicita a los miembros del público que vean la transmisión en vivo de la reunión (<https://www.cityofwestsacramento.org/government/meetings-agendas/city-council>), o a través del canal Wave Cable 20 y envíe sus comentarios por escrito antes de las 6:00 p. m. del 14 de octubre de 2020. Para enviar un comentario por escrito, envíe un correo electrónico a clerk@cityofwestsacramento.org y escriba "Public Comment" en la línea de asunto. En el cuerpo del correo electrónico, incluya el número de artículo y/o el título del artículo, así como sus comentarios. Todos los comentarios recibidos antes de las 6:00 PM se proporcionarán al Ayuntamiento y se publicarán en el sitio web. Los comentarios presentados pasarán a formar parte del acta de la reunión.

Las adaptaciones bajo la Ley de Estadounidenses con Discapacidades están disponibles a pedido. Si necesita ayuda para participar en esta reunión, debe comunicarse con el Secretario de la Ciudad al (916) 617-4500. La notificación 72 horas antes de la reunión permitirá a la Ciudad realizar adaptaciones razonables o poner a disposición servicios de interpretación para garantizar la accesibilidad en la reunión. El Centro Cívico es accesible para discapacitados.

La ciudad de West Sacramento promueve la vivienda justa y pone todos los programas a disposición de los hogares de ingresos bajos y moderados, independientemente de su edad, raza, color, religión, sexo, nacionalidad, preferencia sexual, estado civil o discapacidad.
Sep 30 nl 2996

los Ingresos del Programa CDBG \$113,431.53 Agregar GA adicional Las enmiendas al Plan de Participación Ciudadana y la enmienda sustancial al Plan de Acción Anual 2020-2021 estarán disponibles para un período de revisión y comentarios públicos de cinco días desde el 30 de septiembre de 2020 hasta el 5 de octubre de 2020 en línea en www.cityofwestsacramento.org/residents/housing/community-development-block-grant.

Estas acciones son necesarias para que la Ciudad reciba y utilice su asignación del Programa de Subsidio Globales para el Desarrollo Comunitario (CDBG-CV/CV3) disponibles en virtud de la Ley de Ayuda, Alivio y Seguridad Económica Contra el Coronavirus (CARES) (Pub.L.116-136). Según la Ley CARES, se asignaron a la ciudad \$274,906 de fondos complementarios de CDBG-CV y \$327,968 de fondos complementarios de CDBG-CV3 para ser utilizados en actividades elegibles que previenen, preparan y responden a la pandemia de coronavirus. Además, la ciudad propone asignar \$600,000 en Ingresos del Programa CDBG para las mismas actividades elegibles para CDBG-CV/CDBG-CV3.

Los comentarios por escrito pueden enviarse a la siguiente dirección a más tardar a las 5 p.m. el 5 de octubre de 2020: Isaah Alford, Economic Development and Housing, 1110 West Capitol Ave., West Sacramento, CA 95691. Los comentarios también se pueden enviar por correo electrónico a Isaah Alford a isaaha@cityofwestsacramento.org.

Se ha programado una determinación con respecto a la enmienda propuesta al Plan de Participación Ciudadana y la enmienda sustancial al Plan de Acción Anual 2020-2021 para el 14 de octubre de 2020 a las 7 p.m. o alrededor de esa fecha.

Aviso importante: En conformidad con la Orden Ejecutiva N-29-20 del Gobernador, los miembros del Concejo Municipal de West Sacramento y el personal participarán en esta reunión a través de una teleconferencia. Para reducir la propagación de COVID-19, se solicita a los miembros del público que vean la transmisión en vivo de la reunión (<https://www.cityofwestsacramento.org/government/meetings-agendas/city-council>), o a través del canal Wave Cable 20 y envíe sus comentarios por escrito antes de las 6:00 p. m. del 14 de octubre de 2020. Para enviar un comentario por escrito, envíe un correo electrónico a clerk@cityofwestsacramento.org y escriba "Public Comment" en la línea de asunto. En el cuerpo del correo electrónico, incluya el número de artículo y/o el título del artículo, así como sus comentarios. Todos los comentarios recibidos antes de las 6:00 PM se proporcionarán al Ayuntamiento y se publicarán en el sitio web. Los comentarios presentados pasarán a formar parte del acta de la reunión.

Las adaptaciones bajo la Ley de Estadounidenses con Discapacidades están disponibles a pedido. Si necesita ayuda para participar en esta reunión, debe comunicarse con el Secretario de la Ciudad al (916) 617-4500. La notificación 72 horas antes de la reunión permitirá a la Ciudad realizar adaptaciones razonables o poner a disposición servicios de interpretación para garantizar la accesibilidad en la reunión. El Centro Cívico es accesible para discapacitados.

La ciudad de West Sacramento promueve la vivienda justa y pone todos los programas a disposición de los hogares de ingresos bajos y moderados, independientemente de su edad, raza, color, religión, sexo, nacionalidad, preferencia sexual, estado civil o discapacidad.
Sep 30 nl 2996

los Ingresos del Programa CDBG \$113,431.53 Agregar GA adicional Las enmiendas al Plan de Participación Ciudadana y la enmienda sustancial al Plan de Acción Anual 2020-2021 estarán disponibles para un período de revisión y comentarios públicos de cinco días desde el 30 de septiembre de 2020 hasta el 5 de octubre de 2020 en línea en www.cityofwestsacramento.org/residents/housing/community-development-block-grant.

Estas acciones son necesarias para que la Ciudad reciba y utilice su asignación del Programa de Subsidio Globales para el Desarrollo Comunitario (CDBG-CV/CV3) disponibles en virtud de la Ley de Ayuda, Alivio y Seguridad Económica Contra el Coronavirus (CARES) (Pub.L.116-136). Según la Ley CARES, se asignaron a la ciudad \$274,906 de fondos complementarios de CDBG-CV y \$327,968 de fondos complementarios de CDBG-CV3 para ser utilizados en actividades elegibles que previenen, preparan y responden a la pandemia de coronavirus. Además, la ciudad propone asignar \$600,000 en Ingresos del Programa CDBG para las mismas actividades elegibles para CDBG-CV/CDBG-CV3.

Los comentarios por escrito pueden enviarse a la siguiente dirección a más tardar a las 5 p.m. el 5 de octubre de 2020: Isaah Alford, Economic Development and Housing, 1110 West Capitol Ave., West Sacramento, CA 95691. Los comentarios también se pueden enviar por correo electrónico a Isaah Alford a isaaha@cityofwestsacramento.org.

Se ha programado una determinación con respecto a la enmienda propuesta al Plan de Participación Ciudadana y la enmienda sustancial al Plan de Acción Anual 2020-2021 para el 14 de octubre de 2020 a las 7 p.m. o alrededor de esa fecha.

Aviso importante: En conformidad con la Orden Ejecutiva N-29-20 del Gobernador, los miembros del Concejo Municipal de West Sacramento y el personal participarán en esta reunión a través de una teleconferencia. Para reducir la propagación de COVID-19, se solicita a los miembros del público que vean la transmisión en vivo de la reunión (<https://www.cityofwestsacramento.org/government/meetings-agendas/city-council>), o a través del canal Wave Cable Channel 20 and to submit comments in writing by 6:00 PM on October 14, 2020. To submit a comment in writing, please email clerk@cityofwestsacramento.org and write "Public Comment" in the subject line. In the body of the email, include the item number and/or title of the item as well as your comments. All comments received by 6:00 PM will be provided to the City Council and posted on the website. The comments submitted shall become part of the record of the meeting.

Accommodations under the Americans with Disabilities Act are available upon request, if you need assistance to participate in this meeting, you should contact the City Clerk at (916) 617-4500. Notification 72 hours prior to the meeting will enable the City to make reasonable accommodations or to make interpreter services available to assure accessibility at the meeting.

The Civic Center is handicapped accessible.

The City of West Sacramento promotes fair housing and makes all programs available to low- and moderate-income households regardless of age, race, color, religion, sex, national origin, sexual preference, marital status or disability.

Aviso de Período de Comentario Público
Plan de Participación Ciudadana Modificado y Enmienda Sustancial al Plan de Acción Anual de CDBG 2020-2021 y

Aviso de Audiencia Pública
Plan de Participación Ciudadana Modificado y Enmienda Sustancial al Plan de Acción Anual de CDBG 2020-2021

La Ciudad de West Sacramento notifica a los miembros del público interesados, en conformidad con 24 CFR 91.105, 24 CFR 91.505 y el Plan de Participación Ciudadana de la Ciudad, de su intención de enmendar el Plan de Participación Ciudadana del Plan Consolidado 2016-2020 y aprobar y adoptar una modificación sustancial del Plan de Acción Anual 2020-2021 mediante las siguientes acciones:

Adquisición de moteles para viviendas provisionales para personas sin hogar o en riesgo de quedarse sin hogar para prevenir, prepararse y responder a COVID-19. \$274,906 Agregar nueva actividad CDBG-CV

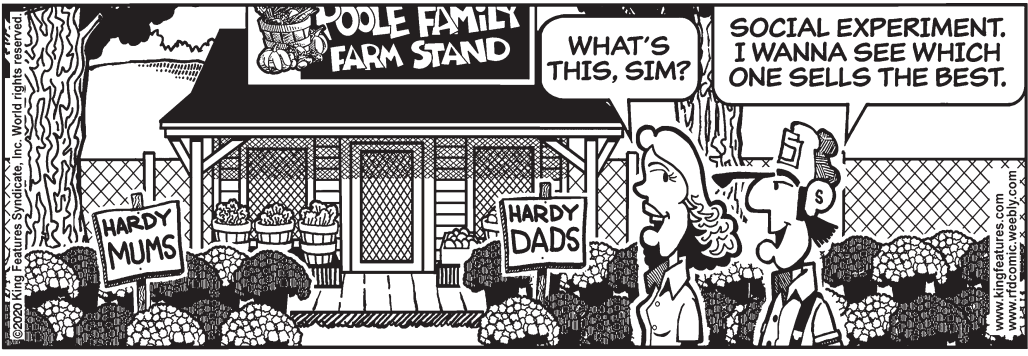
Adquisición de moteles para viviendas provisionales para personas sin hogar o en riesgo de quedarse sin hogar para prevenir, prepararse y responder a COVID-19. \$600,000 Agregar nueva actividad de Ingresos del Programa CDBG (actividad relacionada con CDBG-CV/CV3)

Administración General (GA) de los Ingresos del Programa

PUZZLES & COMICS

R.F.D.

by Mike Marland



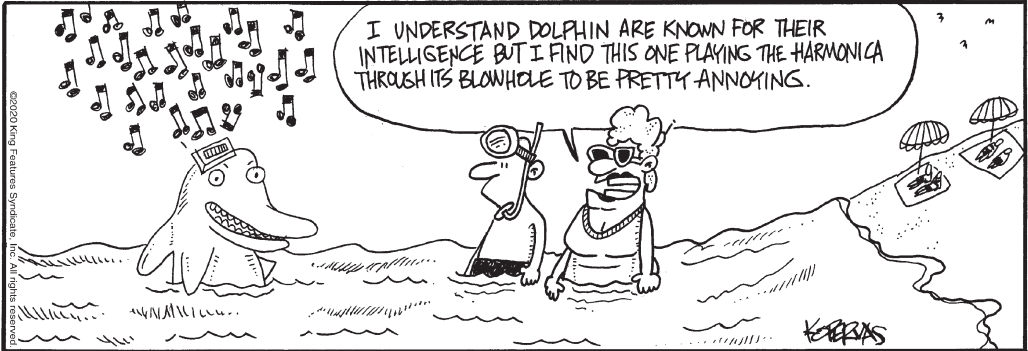
Amber Waves

by Dave T. Phipps



Out on a Limb

by Gary Kopervas



The Spats

by Jeff Pickering

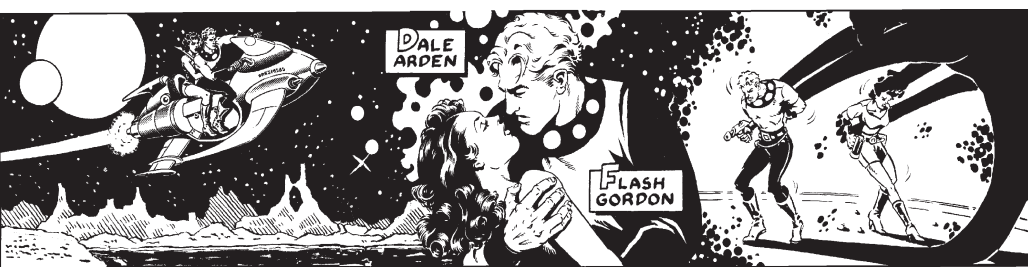
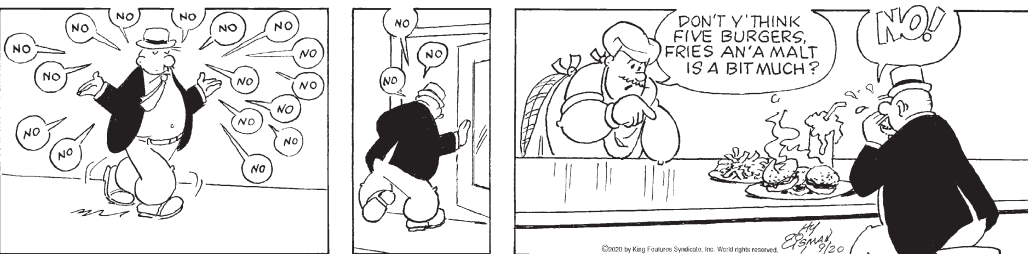
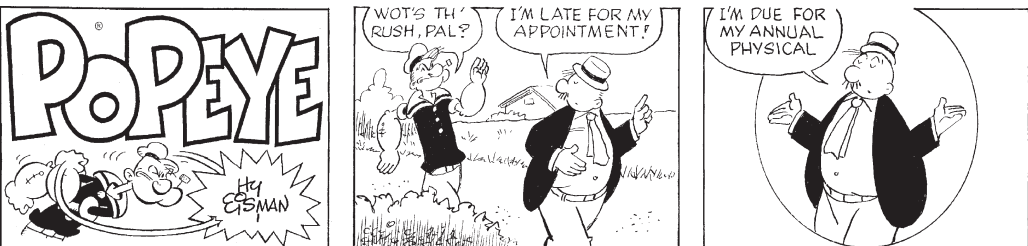
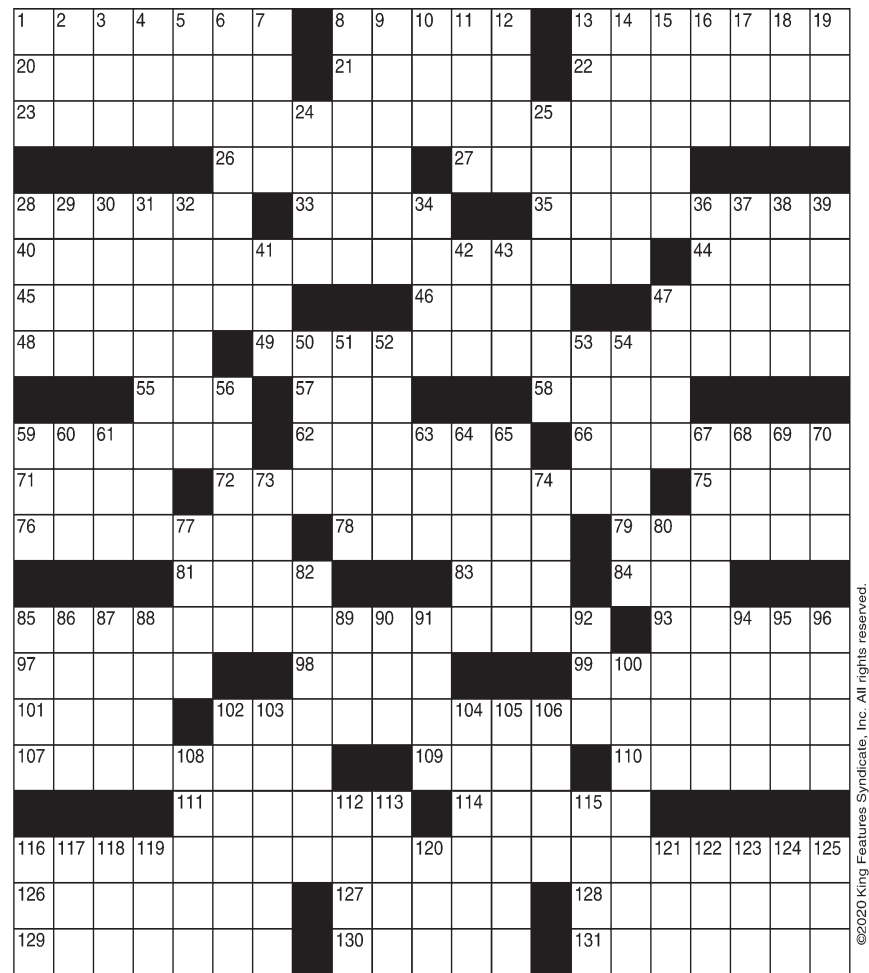


Puzzle Answers are on page 8

Super Crossword

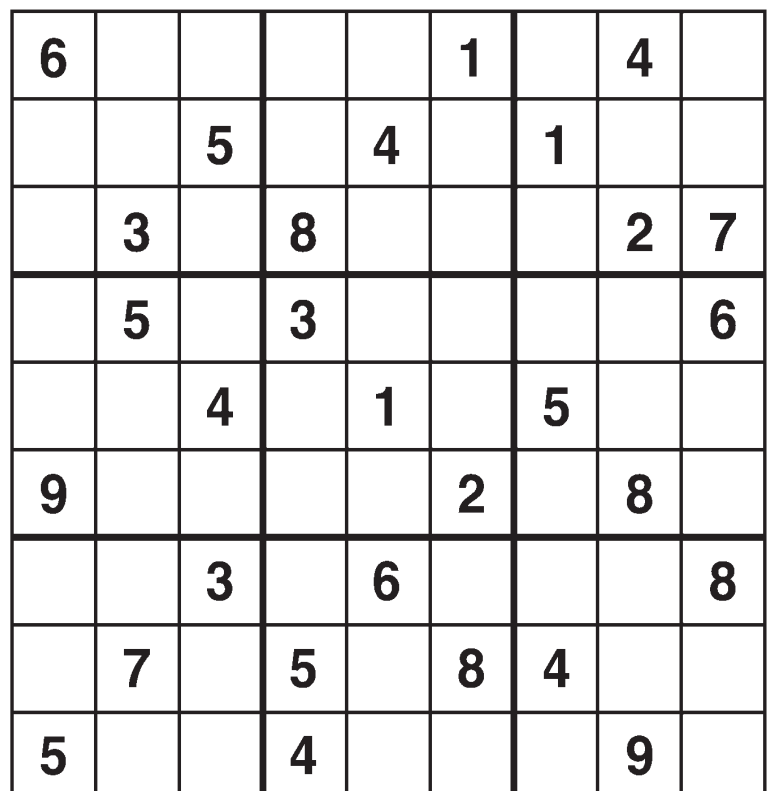
ANALGESIC APPEAL

- ACROSS**
- 1 Along the shore
 - 8 Terra- —
 - 13 Best Picture of 2014
 - 20 Ancient city of Palestine
 - 21 Willow used in wickerwork
 - 22 The teensiest bit
 - 23 Start of a riddle
 - 26 Midler of "The Rose"
 - 27 Brand of sunglasses
 - 28 Christie of mysteries
 - 33 Tatty garb
 - 35 Weasels' cousins
 - 40 Riddle, part 2
 - 44 Frenziedly
 - 45 Roof supports
 - 46 Cupid, to Greeks
 - 47 In a crafty way
 - 48 Brewer's supply
 - 49 Riddle, part 3
 - 55 — Lingus (Irish carrier)
 - 57 Actor Erwin
 - 58 Not any
 - 59 Attraction
 - 62 Less long-winded
 - 66 Form anew
 - 71 Favorable
 - 72 Riddle, part 4
 - 75 Scads
 - 76 Secret group in "The Da Vinci Code"
 - 78 Needlework
 - 79 High point
 - 81 — Z (old Camaro)
 - 83 — Aviv
 - 84 Cut off
 - 85 Riddle, part 5
 - 93 Clay target sport
 - 97 Vietnamese capital
 - 98 This, in Lima
 - 99 Island of southern Japan
 - 101 Totals
 - 102 End of the riddle
 - 107 Wheat or cotton grown to sell, e.g.
 - 109 See
 - 110 Types in
 - 111 Actress
 - 114 1990s ABC sitcom
 - 116 Riddle's answer
 - 126 Cooking style
 - 127 Employ again
 - 128 Narrator in "Moby-Dick"
 - 129 Air Force noncom: Abbr.
 - 130 Judge's cry
 - 131 Gloria of Ms. magazine
 - 15 Meet with the old class
 - 16 Barely lit
 - 17 Unruly throng
 - 18 Ocean east of Va.
 - 19 Anti's vote
 - 24 Other, to Juan
 - 25 Enters via a keyboard
 - 28 Highbrow
 - 29 Richard of "The Dinner"
 - 30 Hue of blue
 - 31 Madame — (wax museum)
 - 32 Prynne in "The Scarlet Letter"
 - 34 Litigious type
 - 36 Metropolis in Colombia
 - 37 — nitrite (angina treater)
 - 38 With 109-Across, like "1-800" numbers
 - 39 "The — the limit"
 - 41 Recipe amt.
 - 42 Lead-in to law or med
 - 43 "Ur hilarious"
 - 47 CIA spoof film of 1974
 - 50 About
 - 51 List details
 - 52 Surgery aide
 - 53 Merit
 - 54 Turn into ice
 - 56 Directs attention (to)
 - 59 In days past
 - 60 Cut off
 - 61 Hitler Gehrig
 - 63 Farm mother
 - 64 Sends out
 - 65 Begin afresh
 - 67 Make manually, as socks
 - 68 Boxing's "Greatest"
 - 69 Pan's cousin
 - 70 Old verb ending
 - 73 Street scene
 - 74 Eye up
 - 77 503, in old Rome
 - 80 Navy officer
 - 82 At little cost
 - 85 — A-Mole (carnival game)
 - 86 "If I — Hammer"
 - 87 Additional stipulations
 - 88 Daniel with a Comedy Central show
 - 89 Va. hours
 - 90 Dough
 - 92 Mug, e.g.
 - 94 Gutter locale
 - 95 Fancy vase
 - 96 Converts into leather
 - 100 Most astute
 - 102 Making level, with "up"
 - 103 Big wasp
 - 104 Garage gunk
 - 105 "Catch-22" novelist
 - 106 Be a snitch
 - 108 Tennis' Evert
 - 112 Architect
 - 113 Belgian river to the North Sea
 - 115 Greek deity of discord
 - 116 Play a part
 - 117 "7 Women" co-star
 - 118 Selfie, say
 - 119 Sort of: Suffix
 - 120 Cabinet dept. concerned with homes
 - 121 Revolutionist
 - 122 Former U.K. record label
 - 123 Holm of films
 - 124 22nd letter
 - 125 Majestic tree



Weekly SUDOKU

by Linda Thistle



Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ♦

♦ Moderate ♦♦ Challenging
♦♦♦ HOO BOY!

© 2020 King Features Synd., Inc.

Coping with COVID fatigue 2.0: Tips for processing wildfires, smoke, blackouts and more

Psychologist offers emotional triage for COVID fatigue – the disaster version

BY UC DAVIS HEALTH

It just keeps getting worse. While the world fights COVID-19, California and the West are on fire and smoke often turns the sky a chilling, glowing red. People are forced indoors. We're facing blackouts, heat waves, windstorms and evacuations. Plus, flu season waits at our door.

How does anyone cope? You'd like to step outside and scream, but you might choke on smoke or spread the coronavirus without your mask.

"We may feel like the world is broken," said Kaye Hermanson, UC Davis Health clinical psychologist in the Department of Physical Medicine and Rehabilitation. "Or that we're in a horror movie. The world is just piling on."

So how do we shore up our mental well-being as we face down the multiplying stresses of natural disasters, social and racial pain, economic fear and COVID-19, the worst pandemic in a century?

One start is to remember that we're all feeling the strain. "What we're dealing with now was unfathomable to us nine months ago," Hermanson said. "Who isn't feeling some level of helplessness or exhaustion?"

Where is the stress and COVID fatigue coming from? Every direction

It helps to remember that people experience two kinds of stress that affect our mental well-being and physical health – intense stress and prolonged stress. "We've been feeling both for months," Hermanson said.

And there is research that defines the stages of communal reactions to the stress from disasters. Right after a disaster, we tend to bond as a commu-

nity with a sort of heroic spirit. Think back to the first weeks of the stay-at-home orders when everyone waded to everyone.

"The heat and fires and smoke are not just new disasters, they've taken away some of our coping mechanisms ... It feels like we keep coming up with coping solutions, then something shuts the door on them."

Eventually, we get exhausted and wonder if things will ever get better. That's the disillusionment stage, when the heroism is replaced by frustration. That defines a lot of reactions around Memorial Day, when people just bailed on COVID-19 cautions. The predictable result was a surge in cases and the renewal of our coronavirus restrictions.

"That made it hard for some people to cope, because it felt like there was no end in sight," Hermanson said. "Now, the heat and fires and smoke are not just new disasters, they've taken away some of our coping mechanisms when we feel like we can't be outdoors. We can't go for a walk. We can't sit with a friend in our yard. There is so much we can't do."

This piling on can lead to what she called a "learned helplessness" and depression. "It feels like we keep coming up with coping solutions, then something shuts the door on them," Hermanson said. "You try and you try and you try, but nothing seems to give you the relief you're looking for."

There's one more reason the stress is piling up. Blame it on the calendar.

"With each season, there's another new loss," she said. "Summer is ending and we're feeling like we never got to decompress. Now school has started, with all the anxiety that's bringing. Next, here

come the holidays. I was in the store thinking, 'What's going to happen to Halloween?'" (For the record, Los Angeles County cancelled it with a Trick-or-Treat ban. More are likely to follow.)

COVID fatigue 2.0 triage

"With everything people are facing now, sometimes the best strategy is to just do the little things you need to do to survive," Hermanson said. "When we feel like there is so much we can't do, we have to shift our focus to what we can do."

Some of her suggestions:

- **Take it day by day, or moment by moment:** "Don't look too far down the road," she said. "Realize you will have good days and bad days, or good moments and bad moments. Realize these things can come in waves. It's OK to say, 'Right now, it's bad.' Just hang in there and ask, 'What can I do to help feel better, or less bad?'"
- **Be compassionate with yourself:** Don't expect perfection and don't wallow in mistakes or missed chances. "Nobody prepared us for this," Hermanson said. "There wasn't a class in high school called How to Get Through a Pandemic. We're all making this is up as we go along."
- **Be creative about finding things to look forward to:** It could be a walk (when the smoke clears), or finding repeats of a TV series you love, or, as in Hermanson's case, gathering a group of friends for a Zoom trivia night. "We write down our answers then show them. There's a certain amount of honesty involved," she said. "We have to remember the purpose is to have fun, not to win."

• **Find reasons to laugh:** "There is a healthy physical reaction to laughing," Hermanson said. "If nothing else works, put on your favorite comedy."

• **Exercise:** "It's still the No. 1 best thing we can do for coping," she said. "It releases endorphins and gets some of the adrenaline out when the frustration builds up. Just go for a walk, if you can. If the smoke is bad, exercise indoors. Pull up a yoga or workout video. It helps so much."

• **Look back, but carefully:** "Don't think all the way back to last summer and those weeks you spent at the lake," Hermanson said. "But think about the past few months. We've really come a good distance. If you had told me in March what we were about to go through, it would have felt overwhelming. But think about how far we've come. Look at all the things we've managed. Look at how resilient we're becoming."

COVID fatigue 2.0 recovery – talk with someone

The barrage of stresses on top of the pandemic can make people feel helpless if they don't use coping techniques.

"Just saying it out loud is important," Hermanson said. "Find the right places and times, but do it."

Talking with family or a friend can be a big help. And sometimes people would like something more and want to talk with a trained counselor.

"Getting started with counseling can feel daunting or even more stressful," she said. So, her advice is to drop into a virtual group session.

"You can just listen and get a sense that you aren't alone," Hermanson said. "Or you can speak up when you're comfortable."

A number of organizations offer group sessions for their employees, including UC Davis Health through its Academic Staff and Assistance Program. Some public sites with groups or referrals include the U.S. Substance Abuse and Mental Health Services Administration and the Sacramento branch of the National Alliance for the Mentally Ill.

COVID fatigue 2.0 recovery – cut back or avoid social media

Seriously. Psychologists have said for years that seeing the fantastic adventures of other people can make us depressed about our seemingly simple lives. In this era of COVID-19 and piled-on disasters, social media can also prompt new layers of anger, resentment and stress.

"If we see someone out at a party not wearing a mask, it makes us angry, and maybe even jealous," Hermanson said. "Or we can get caught up trading posts with angry people who are just trying to get a reaction. Instead, try using your social media just to connect with friends, and avoid surfing and finding posts that will make you miserable. Who needs that?"

COVID fatigue 2.0 recovery – bring back the communal bond

As we get stressed and emotionally exhausted, it can be harder to be compassionate toward others. But research shows that helping another

See UCDMC, page 8

Call today for ad rates
916-371-8030

CASH PAID FOR DIABETIC TEST STRIPS
Do you have extra diabetic test strips left over that you do not need?
Sell them to us for CASH! We will get them to someone who can use them!
One Touch Ultra Blue, Freestyle Lite, Bayer Contour, Accu Chek and most other brands bought.

WE PAY UP TO \$30 PER BOX CASH ON THE SPOT
(prices vary depending on brand, quantity and expiration date)
We offer **FAST PICKUP** at a location that is conveniently located near you.
Boxes must be unopened and unexpired

For Prompt Attention Please Call Rachel at:
(916) 505-4673

CREST JEWELERS

• Jewelry • Watches • Sales • Repair

WE BUY SCRAP GOLD!!

Family-owned with pride by the Macias family since 1967!

1296 West Capitol Ave (at Safeway Center) • 371-6440

Home Improvement Guide

TOWN CRAFT PLUMBING
28 years in West Sac

916-695-4212
garyavila1946sac@gmail.com CA Licence #804662

COMPLETE TREE SERVICE

- Tree Trimming
- Tree Removal
- Stump Grinding
- Mistletoe Removal

— FREE ESTIMATES —
Insured. Lic. #1000064

Call Greg Law
(916) 375-0132

LYTLE CONSTRUCTION INC.
Remodeling and Design

Award-Winning Design/Build Firm
Serving Sacramento for more than 25 years

Certified Kitchen & Bath Remodeler

- Additions
- Kitchens
- Bathrooms
- Custom Cabinetry

FREE Consultation
916-422-6639

LIC# 480492 www.lytleconstruction.com

Hardwood Flooring

Specializing in installing, sanding and finishing hardwood flooring or repair and refurbish your current floors.

Call Michael - (916) 383-8742

Lic# 544159/References Available

Conf. Lic. #552529

Emergency?

J & J PLUMBING

(916) 761-4990

PLUMBING & REMODELING
SEWER & DRAINWORK

John & Ed Yeargin 371-4151

Gravel, Dirt, Lawn Moved, TALL Weeds, Blackberries cut, Trench, Rototill, Disc, Backhoe

TRACTOR WORK
(916) 988-3283

Lic. #571637

GET TO KNOW GREINER!

New customers take **\$50 OFF** your first service

- Heating & A/C maintenance, repair & replacement
- Water heater repair & replacement
- Solar installation
- Home performance, efficiency & comfort

GREINER HEATING • AIR • SOLAR ENERGY, INC.
CA #365955

Call Us Today!
(916) 545-1784
www.iTrustGreiner.com

CLEAN-UP SPECIALS!
Call Lester (916) 838-1247

- Hauling & Yard Cleanup
- Rain Gutter Cleaning
- Concrete Removal
- Hedge Trimming/Shrub Removal

Pressure-wash your driveway clean! Your decks, too!
Clean out your garage! Replace old lawn!

SPECIALS FOR SENIORS – Lic#128758/Ref Available

SEXTON PLUMBING

- Over 35 years of local experience
- All jobs new/old large/small
- Interior and exterior
- Repairs, replacements, emergencies

JERRY SEXTON
916-870-4694 • 916-598-3693
JerrySexton222@gmail.com

Radio

Continued from page 1

tion's difference in its power output is to avoid nighttime interference with other stations that broadcast on 1430 AM in different cities.

It was on May 23, 1963 at 6 a.m. that KJAY made history by making its on-air debut.

Originally a sunrise to sunset operation, the station began broadcasting from a then-new unit of the Sacramento Inn at 1431 Arden Way.

At the time of KJAY's beginnings, Gamble also owned KJOY in Stockton and KLAN in Hanford and Lemoore. He previously owned three other California radio stations: KCMJ in Palm Springs, KJAX in Santa Rosa, and KWIP in Merced.

The first general manager of KJAY was Jack Blake, and Ross McCarthy served as that station's first sales manager.

KJAY's ownership changed during its first year of operation.

On Nov. 29, 1963, only four months after moving to the Arden area with his family, Gamble died of a heart attack at the age of 46. He had been involved in the broadcasting industry since 1950.

Control of the station's license was transferred to Gamble's estate in January 1964.

About three months later, McCarthy was named the station's manager, and he continued to supervise the sales department.

KJAY President Ort J. Lofthus announced in May 1964 that KJAY was sold for \$350,000 to Robert Walker Dumm, former owner of Sacramento radio station, KROY.

Around the time of that transfer, Robert told The Sacramento Bee that his son, John Rick Dumm, would also be associated with him in KJAY's proprietorship and operation.

An original license record for the station recognizes the late 1965 transfer of the station's license from Robert Walker Dumm and three members of his family to Jack and Alyce Powell.

Although Alyce died at the age of 45 on Dec. 10, 1968 and Jack passed away at the age of 72 on July 13, 1994, KJAY continues to be owned by the Powell family. Tiffany Powell, one of the co-owners, currently serves as the station's manager.

KJAY has been located in West Sacramento since 1974, when it relocated to South River Road.

Dean Seavers, KJAY's overnight, oldies music program director, told this publication last week that although the station has been around since the 1960s, many people in the Sacramento area have never listened to it.

"It's a low-watt station, so the area of coverage is pretty much the Sacramento (letter and number-based street) grid; you know, downtown, midtown, East Sacramento, and I'm sure, probably the Pocket area picks it up," he said. "The signal, unfortunately, does not go that far, but it is streaming online."

KJAY's oldies program mostly consists of music from the days of early rock 'n' roll, around 1957, to about 1967 – popular songs that were played on Sacramento area stations during the era when they were released.

The program has a wide range that includes early Beatles songs and Beach Boys tunes, and rarer Motown offerings by such artists as Mary Wells and Smokey Robinson and the Miracles. Listeners can also hear music by The Kinks and Frank Sinatra, as well as Conway Twitty, before he turned to country music. The station also plays songs by artists that are not household names, yet produced very recognizable music.

Seavers, who lives just south of Curtis Park, said that KJAY has not always offered the same programming, noting that it began as a Middle of the Road (MOR) – soft adult contemporary – station, and later became a soul station.

He added that during its early years, KJAY was rated #3 in the in the Sacramento music market.

"What kept it from really competing against KROY and KXOA was that with the FCC license, they had to sign off (at night)," he said. "So, they were on the air from like 6 a.m. to 8 p.m. It wasn't a 24-hour station, so that kind of hindered them a little bit."

Seavers, 53, mentioned that during that era, KROY purchased advertising from KJAY.

"They were the last ad for the day for KJAY, saying, 'Hey, KJAY's signing off, so move on over to KROY 1240 (AM),' that kind of a thing."

Seavers added that through his own research, he found that in about 1966, the station began introducing some top 40 music, while still remaining "soul heavy."

A KJAY "pop-soul survey" for the week ending on June 3, 1966, lists the number-one pop song as "Paint It Black," by The Rolling Stones, and the number-one soul song as "Hold On, I'm Coming," by Sam & Dave.

Research for this article revealed that by 1967, KJAY was a country music station, which presented news once per hour.

Later that decade, KJAY returned to its MOR format six days per week, and religious programs on Sundays.

During KJAY's early years, it used two slogans: "One of Sacramento's two great radio stations" and "Sounds like fun."

Seavers said that by the end of the 1970s, KJAY was presenting religious and local programming.

An article in the July 11, 1984 edition of The Bee men-

tions that soul music returned to Sacramento radio through KJAY. That genre of music was then played on that station from 5 to 8:30 p.m. weekdays and Saturdays.

The article notes that Hewitt Robinson, director of Hewitt & Associates entertainment and promotion agency, purchased airtime from Jack Powell for between \$300 and \$500 per month. The program was anchored by Keith LaMotte.

Robinson told The Bee, in 1984, that this programming provided airtime for new black music.

"I wanted to hear the new black music," he said. "All you hear on the other stations are selections by Lionel Richie and Michael Jackson, played again and again until you want to scream."

Seavers mentioned that the station underwent different variations during that decade, and then became an international station in the 1990s.

"During the day, the programming is Hmong and Russian, and then it just turns out that overnight (on weekdays), it's oldies. And then on Sundays, it's still religious programming."

Seavers commented on the station's Hmong programming, which is advertised as "the #1 Hmong radio station in Sacramento."

"Because they stream online, apparently they've got quite a following countrywide with the Hmong people," he said. "I know The New York Times had done a story a couple years ago about them serving the Hmong community. The fact there's people all over the country in that community that listen to (KJAY), it's kind of cool."

Seavers, who is also a former resident of East Sacramento and River Park, mentioned that it was his longtime love of music that led him to his involvement with KJAY.

Growing up in a musical family, Seavers began playing the guitar when he was 12, and he has performed in various bands since the mid-1980s. His current band, The Decibels, formed in 1992 and has had the same lineup since 1996.

Seavers recalled his introduction to KJAY less than three months ago.

"Because my house was built in 1940, I kind of decorated it with the same era of stuff," he said. "I bought a 1940s Philco console radio that wasn't working. I was tinkering on it and got it working one evening and turned it on to scan the dial."

"All of a sudden I heard Little Richard and I'm thinking, 'Gosh, I haven't heard Little Richard on a Sacramento station in 40 years, since I was a kid. I kept listening, and the oldies program is really pretty good. It wasn't like the same stuff we've heard to death.'"

With his interest in KJAY, Seavers called the station and spoke to Tiffany Powell.

During that conversation, he learned that KJAY offered its oldies program on a regular basis, but had a small playlist.

After explaining his love for music of the 1950s and 1960s and his belief that presenting songs to radio listeners in real time was a special experience, Tiffany asked him if he would be interested in "doing the oldies programming."

"I said, 'Sure, that would be great,'" Seavers responded.

Since become KJAY's oldies program director on July 15, Seavers has worked to expand the playlist to include a wider range of songs – something that he noted is appreciated by many listeners.

"The enthusiasm has just been the playlist, the fact that they're not hearing the songs pointed to death and there's new discovery and

See KJAY, page 10

DRYING IS FREE WHEN YOU WASH!



4 LOCATIONS TO SERVE YOU!

2907 W. Capitol Avenue • West Sacramento

7272 Franklin Blvd. Sacramento 2431 K Street Sacramento 4641 Watt Avenue North Highlands





- Machines take coin or card
- Small to Super Jumbo Washers and Dryers
- Super Friendly Attendants
- Plenty of TV's, Drinks & Snacks While you Wait



DO LAUNDRY & STAY HEALTHY

Try our Excellent **DROP OFF** Laundry Service

The Cleanest Laundromat in California



In-Home Care Designed Around You

Whether it's due to injury, illness or aging, sometimes older adults need a little extra help, especially at home. However, family and friends can't always be there to assist. That's where **ComForCare Home Care** comes in. Our personalized care plans and compassionate caregivers help seniors live independently in their own home and continue to do all the things they love.

- Personal Care
- Grooming & Hygiene
- Bathing & Toileting
- Medication Reminders
- Transitions of Care

- Safety Supervision
- Meal Preparation
- Light Housekeeping
- Companionship
- Family Respite

Contact us today for a free consultation.

916-822-6616

ComForCare.com/sacw

Live your best life possible.

©2019 ComForCare Franchise Systems, LLC. Each office is independently owned and operated and are equal opportunity

News-Ledger Directory of Local Places of Worship

<p style="font-weight: bold; font-size: small;">Community Lutheran Church</p> <p style="font-size: x-small;">Join us for a positive, uplifting message! We welcome all! Sunday Service at 10-AM 920 Drever St., 317-8804</p> <p style="font-size: x-small;">Facebook.com/CommunityLutheranWestSacramento/</p>	<p style="font-weight: bold; font-size: small;">Center for Spiritual Awareness</p> <p style="font-size: x-small;">1275 Starboard Dr. 374-9177 (For prayer line, listen for prompt) Sun. Service: 11 a.m. Youth Programs & Jr. Church Rev. Georgia Prescott www.esasacramento.org for weekly affirmations All are welcome!</p>	<p style="font-weight: bold; font-size: small;">Trinity Presbyterian Church</p> <p style="font-size: x-small;">1500 Park Blvd., W. Sac. CA 916-371-5875 www.TrinityWestSac.org info@trinitywestsac.org Pastor Jamie Crook Spanish Ministry Pastora: Miryam Osorio Sunday Worship Services: 9:30 a.m. Blended/Traditional Noon Spanish Language</p>
<p style="font-weight: bold; font-size: small;">Seventh Day Adventist Church</p> <p style="font-size: x-small;">Sasa Andelkovic, Senior Pastor 2860 Jefferson Blvd., W. Sac. PO Box 447, W. Sac. 95691 Sat. Sabbath School 9:30 a.m. Worship 11 a.m. 372-6570</p>	<p style="font-weight: bold; font-size: small;">American Buddhist Seminary Temple</p> <p style="font-size: x-small;">Learn how to practice mindfulness meditation for your everyday happiness in small group setting. Free Community Service. Sundays - 8:30-10 a.m. 423 Glide Avenue, West Sac 916-371-8535 www.abstemple.org</p>	<p style="font-weight: bold; font-size: small;">New Seasons Church</p> <p style="font-size: x-small;">Your Church in West Sacramento Pastor Ron Jackson Sunday 10 a.m. service Westfield Elementary School 508 Poplar Ave., West Sacramento 916-265-4025 pastorron@newseasonsws.com www.newseasonsws.com</p>
<p style="font-weight: bold; font-size: small;">West Sacramento Baptist Church</p> <p style="font-size: x-small;">Sun. School - 9:30 a.m. Sun. Worship - 11 a.m. Wed. Prayer Meeting & Bible Study - 6:30 p.m. 2124 Michigan Blvd. 371-2111</p>	<p style="font-weight: bold; font-size: small;">Our Lady of Grace Catholic Church</p> <p style="font-size: x-small;">911 Park Blvd, West Sacramento Office: 916-371-4814 Fr. Mathew Rappu, Pastor Mass: Mon, Tues, Wed 8:30 AM Fri 8:30 AM at OLG school during school year Sat: 5:30 PM vigil Sun 9 AM, 11 AM</p>	<p style="font-weight: bold; font-size: small;">Looking for a place to worship?</p> <p style="font-size: x-small;">Check here first! To find out how to list your place of worship in this directory, call 916-371-8030 for more information.</p>

Reform

Continued from page 1

Domestic violence calls are commonly referred to as the most dangerous calls for police to go to. Will the dispatcher now be required to figure out if the actions of the people involved are due to mental illness? Will our social workers be armed, if those calls turn violent and even deadly?

Another issue that community members are concerned with is that the police will keep records of people deemed mentally ill, and therefore not respond to emergencies, or perhaps make premature assumptions. They don't want the police to "profile" someone, yet they want someone to be able to determine when a call will need the police and when a call will require a social worker.

Currently, the West Sac PD does not store that information, according to Olson. The police, as well as city and county governments, are aware of this topic.

In fact, Yolo County is the first district attorney's office in the nation to offer life-saving de-escalation technology to first responders.

Profiling is another word that gets used often.

If dispatch gets a call that there is a man with a gun, they ask if you can describe the man. If the caller does not know the man with the gun, the quickest, most efficient way to describe them is gender, race, size, what they are wearing or driving. This is not to profile them. The problem is not that there is a person of a certain race with a gun, the problem is that someone has a gun. However, by using that description, it helps the police

to quickly eliminate others so that they can focus on who has a gun and why. There is absolutely no question that there are far, far too many incidents of use of too much force by police, nationwide!

People everywhere see that, including other police. Just remember that there are a lot of heroic acts as well. By holding grudges against all police, aren't we now profiling? There is a definite change coming, and change is good... we hope. So how is police reform taking place in West Sacramento? The city of West Sacramento released an explanation and current plan of what is to take place in our police department so far.

These "Guiding Principles" can be read online at www.cityofwestsacramento.org/government/departments/police/guiding-principles.

It states, in part, "The West Sacramento Police Department shares in the outrage and sorrow regarding the criminal actions of police officers that led to the death of George Floyd in Minneapolis. We understand that events like this undermine public confidence in law enforcement, and we are committed to continually building the community's trust in our department through our ongoing community engagement and adherence to the highest professional standards, and through our commitment to transparency."

"Recently, we have received many inquiries from the community about our police department and whether our policies are consistent with recommendations and advocacy being put forth by police reform initiatives. We have re-examined and will continue to evaluate our policies and approaches to policing in con-

sideration of those initiatives. While we believe that we are heading in a good direction as a department, at this moment, we must pause to listen and understand the diverse perspectives of our community.

"We acknowledge that we are at an inflection point in which we must leverage the immense community interest in policing to better inform our mission, direction, and the tactics we employ as we strive to maintain a safe environment for everyone in West Sacramento."

It explains that WSPD is using the principles of "President's Task Force on 21st Century Policing" from the Obama-era, as a guide. It also states that "On June 3, 2020, former President Obama called on Mayors to pledge to address police use of force policies in their cities as part of an initiative known as the My Brother's Keeper Alliance. Mayor Cabaldon recently signed onto this commitment on behalf of the City of West Sacramento. Participation in the initiative includes committing to take the following actions at the local level: Review police use of force policies, engage the community by including a diverse range of input, experiences, and stories in the review, Report the findings of the review to the community and seek feedback, Reform the community's police use of force policies".

The plan lists "8 can't wait" initiatives that include: Ban chokeholds and strangleholds, Require de-escalation, Require warning before shooting, Exhaust all other means before shooting, Duty to intervene and stop excessive force by other officers, Ban shooting at moving vehicles, Require use-of-force continuum, Require comprehensive reporting each

time an officer uses force or threatens to do so. It goes on to show the use of force statistics for 2019 by the WSPD, as well as the racial demographics of the population of West Sac and of the WSPD. The document also mentions the training standards that our officers get and gives a link to the WSPD training manual, which has been available online since 2017.

As part of Mayor Chris Cabaldon's plan on police reform, he is using the money that the city had to hire 5 police officers to create a community outreach task force. This is still in the development stage, but they are confident in its ability to create better outcomes in many situations. I reached out to Mayor Cabaldon for any additional input he may want to give but got no response. In Camdon, they defunded the police by getting rid of the entire force and then rehiring those they felt should still be police officers in their town. But again, who decides that?

Some believe that there should be an independent police review commission for basic quality control of the actions that the WSPD takes.

Mayoral candidate and current city councilmember Martha Guerrero would like to establish this with the purpose to continue guiding the council as well.

Former Police Chief Tom McDonald was forced out of his job for pushing for this very topic. However, Guerrero agrees with this idea and would like to see it implemented. She is pushing for some additions to be added to the current reform plan. Guerrero would like to see, and plans on bringing this before the city council: More

training, furthering the goals of the NAACP (Latino community has been welcomed, now bring in the Black community), work with the county to have social services more involved, but within Health and Human Services, not under the police. She would also like to see "a more robust lateral police hiring process to strengthen our police force with experienced officers."

Betty White, President of the local chapter of NAACP, and Guerrero both believe that police officers with 5 - 7 years on the job are still learning on the job.

Guerrero said: "After a few years of training they transfer out as lateral trained to other police departments because we cannot compete with wages and benefits in the region. It costs our city more to train and subsequently pay for their pensions when they retire."

She said, "I would like to see more diversity and recruitment among our youth for a career in the police department". In addition, she believes it would be a good idea to pair the newer police officers or those that are not from our city, with locally experienced officers. Police reform has no quick fix, but our city is currently looking for better policies, that will help our community to not only feel safe but to be safe. WSPD welcomes changes that will keep everyone safe and happy. Everyone wants to go home at the end of the night! Interim Police Chief Rob Strange states on the Guiding Principles, "We shall honor the dignity of ALL members of the community, no matter the circumstance. We shall maintain a mindset of service to ALL that exudes professional self-control and that never dehumanizes anyone in our diverse community."

KJAY

Continued from page 9

songs that they haven't heard in a long while," he said. "And I think the fact that I bracketed the era to where it all fits together, even though it's a lot of different music. There was a certain sonic

or intangible quality to those records that make them lock together really well. So, everything flows really well."

Seavers said that when he began working for KJAY, the station included Jamaican music from 8 to 10 p.m. and oldies programming on weekdays from 10 p.m. to 6 a.m.

"After we got a good response (from improvements to the oldies program), Tiffany took the Jamaican music off the air and let me expand the oldies programming, starting at 8 p.m.," he said.

Seavers added that he is dedicated to continuously expanding the oldies program's

playlist and drawing in more listeners.

"I really wanted (the program) to be a personal experience and for people to be enthusiastic to listen to the radio," he said. "So, it's been fun to do that. We're currently at about 658 songs and I'm getting ready to add another 200 in the next few weeks."

SUBSCRIBE!

Call 371-8030 today. Or email chris@news-ledger.com
It's only \$30/year in West Sacramento.



RECYCLE RIGHT

DON'T WORRY, WE GOT IT.

Household Hazardous Waste never belongs in your carts - but don't worry, with the At Your Door Special CollectionSM, we've got you covered.

Who?
West Sacramento Residential Property Owners*

*Multifamily residents please contact landlord or property manager for eligibility.

When?
Residents are eligible for two pickups a year (July 1 - June 30).

How?
Call or visit the website with a list of your unwanted materials ready. On the day of pickup, place materials on your porch before 7 a.m.

Visit wmatyourdoor.com or call **1-800-449-7587** to schedule pickup.

Spring Medical Clinic
Spring Into A New You!

- Medically assisted Weight Loss Treatment
- B-12 and Lipo energy/weight loss shots
- TB skin tests for work or school
- Body Composition Evaluations
- Travel Vaccinations & Flu Shots
- 11 Years of compassionate care

New Patient Special!

Mon-Fri 9:30-5:30
Saturday 8:30-2:00
1355 Halyard Dr #130
West Sacramento, CA 95691

www.springmedicalclinic.com • (916) 265-6309

1 FREE Regular B-12 Shot (\$10 Value) or FREE 1 Page Body Composition Summary Report (\$10 Value)

Just stop by anytime during clinic hours

Not to be used in conjunction with any other offer now or in the future, nor used as a monetary "value" towards costs of any other service. No Cash Value. Limit one certificate per household. Offer good for NEW PATIENTS and/or returning Spring patients that have not been to Spring in over a year.