

3 confirmed cases

BY MICHELE TOWNSEND

The Yolo County Public Health has verified that as of Thursday March 26, there are 11 confirmed cases of the novel coronavirus in Yolo County. In addition they verified that three of those confirmed cases are in West Sacramento; and all three cases are in the Bryte/Broderick area. Beyond that, they are very tight-lipped. When asked for specific information, including age, gender or severity of the disease, or if any of the victims are hospital-

ized due to virus, Yolo County Public Information Officer Jenny Tan said, “We are not giving this information out for any of the confirmed cases.” When asked if it is known where the disease was contracted, Tan simply stated “I believe they know”. Tan did release this statement, “There is already community spread happening in the communities in Yolo County, Sacramento County and the counties around us, so regardless of whether the coronavirus is in West Sacramento,

Davis, Woodland or any other community, we should assume it’s here. Not only are the elderly at risk, but EVERYONE is at risk. It doesn’t matter your age or health condition so we all need to be taking the shelter-in-place seriously.”
Tan offered these resources:
For info on coronavirus: <https://www.yolocounty.org/coronavirus>
For info on shelter in place (with translations): <https://www.yolocounty.org/shelter-in-place>

For info on mitigation and other guidance documents: <https://www.yolocounty.org/coronavirus-guidance>
She couldn’t stress enough to respect and follow the shelter in place order. We all know to wash our hands if we must go out. If you are someone that has hand sanitizer, it will help but it is still recommended to wash your hands. In addition to hand washing it is important to clean and or sanitize door handles, light switches, sink faucets, toilet handles, medicine cabinet handles, door bells, refrigerator

door handles, stove knobs, door and window locks, and the container that is holding your liquid soap. Remember if your hands are dirty and you turn on the water or pump out soap onto your hand, and you don’t wash off the handle while washing your hands you risk recontamination of your hands when you turn off the water. Basically, any surface that is touched regularly needs extra attention. It seems extreme, but if you don’t let it get away from you, you will have a much better chance of this just being inconvenient.

Yolo County Allows Deliveries by Non-Essential Businesses

Effective March 27, Yolo County is allowing non-essential businesses to process online and phone orders for home deliveries while physical locations must remain closed to the public.
As residents stay home longer due to shelter in place orders from the County and state of California, non-essential items will start to become essential for many communities. As an added layer to help keep residents at home and support local businesses during this time, non-essential businesses will be allowed to make home deliveries.
“This is a very difficult time. People and businesses are making huge sacrifices to keep everyone healthy and safe,” said Yolo County Public Health Officer Dr. Ron Chapman. “As the COVID-19 virus continues to spread it becomes even more important for people to stay home. To support people staying at home, the county has decided to allow deliveries from local businesses.”

Yolo County residents still need to follow the shelter in place order that went into effect March 19 and runs through April 7 while practicing social distancing as much as possible, including keeping children at home. The shelter in place order is intended to slow the spread of novel coronavirus (COVID-19) and help protect the health of everyone in Yolo County.
“The benefits to allowing local deliveries is three-fold: one, it enables individuals to continue sheltering in place, thus maintaining their health and safety; secondly, it reduces the number of individuals who are out moving around the community potentially spreading the virus or exposing themselves to it; and finally, it enables a sector of our struggling local economy to resume business activities which provide employment and services,” said Yolo County Board Chair Gary Sandy. “We believe this is a prudent and practical decision.”
For detailed information about COVID-19 and further guidance regarding this order, visit the Yolo County webpage at: <https://www.yolocounty.org/coronavirus>. To see the Health Officer Order and other shelter in place guides, visit: <https://www.yolocounty.org/shelter-in-place>. Residents can call Yolo 2-1-1 for resource information. For additional updates follow Yolo County on Facebook at: <https://www.facebook.com/YoloCounty> or Twitter at: <https://twitter.com/YoloCountyCA>.

West Sac mom invites families to join her FB group: “Draw with Stacey”

BY MONICA STARK

West Sacramento mom Stacey Ball offers art sessions on Facebook for families to enjoy.
If you look for Draw with Stacey on Facebook you will see art classes by West Sacramento mom Stacey Ball.
Each weekday there is a theme that she draws live and explains how it’s done. Parents and kids can watch live or they can go back to the videos later and watch. Ball encourages people to post the art they create so everyone can enjoy the variety of styles that come in. Each class takes about 30-45 minutes. She recently started a Saturday evening class geared towards adults.
“I have always loved art and when kids were sent home and parents sent home I thought starting up an activity that gave people 30-plus minutes to



See Draw page 3

THIS ‘n’ THAT Community Spirit is Alive & Well



BY CAROL BOGART

You know, now that the panic hoarding has subsided, I’m really proud of my fellow citizens. As ‘isolation’ became our ‘normal’ – we’ve

banded together to support each other. Can’t hug. Can’t go to church or any of our usual ‘group’ activities. But our shared misfortune has, for the most part, brought out the best in all of us.
Just after self-quarantine was recommended for virus-at risk old people, I got a call. From a young woman I’d once hired to help me with three months’ of piled up laundry. I don’t have a washer-drier. The laundry room for the complex isn’t far, but I have to carry laundry down

two flights of stairs. Doing laundry, like vacuuming, makes my neck and back ache. By the time I do it, I’m out of towels and bedding.
This girl (young to me. In her early 30s, maybe, to my 71?) spent half a day with me back then. Together, we did 14 loads of wash. She has a full time cleaning job in a college dorm. And a teenage daughter. And then, she lost a loved one

See This ‘n’ That, page 8

Elections Canvass Process Update & Extension

In response to the statewide “Stay at Home” declaration by Governor Newsom on March 19,2020, and Executive Order N-34-20 issued on March 20, 2020, the deadline to certify the March 3, 2020 Presidential Primary has been extended by 21 days (until April 23, 2020). This extension is being provided due to the staffing issues many election offices across the state are experiencing, including Yolo County.
The Yolo County Elections office began the canvas process of the 2020 Primary Presidential Election on March 5, 2020, and has been working daily to complete the certification of the election. As a result of state and local shelter-in-place directives, nearly all

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Activity in West Sacramento Parks Discouraged

Outdoor group gatherings in City parks are not permitted under the county’s shelter in place order. Residents are advised that group sports, picnics, barbecues, and other outdoor group gatherings in City parks or other locations are disallowed under the Yolo County Public Health Official’s shelter in place order. Also, public restrooms in parks with playgrounds have been closed, and people should refrain from the use of playgrounds. All West Sacramento residents are urged to follow the Public Health Official’s order and continue to practice social distancing in order to prevent the spread of COVID-19 in our community.

Source: City of West Sacramento



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On a personal note:

I invite the community to use our papers as a receptacle for getting through these troubling times, and therefore will be accepting poetry, art, journal entries, etc. Email me at editor@news-ledger.com with the following subject lines...
“ART during COVID19”; “POETRY during COVID19”; “LETTER during COVID19”

1. A call for art, poetry, etc...

If you are homeschooling and your child (no matter age or ability) wants to showcase their art in our publications, I would be interested in running regular pages dedicated to their work. Email editor@news-ledger.com with the subject: “ART during COVID19” or “POETRY during COVID19”
I am also thinking this could be adults too as a way to connect with the community...

2. Letters/writings...

What are you doing to stay sane? How are you handling being cooped up? The purpose of asking this is for people to unleash any emotions they have that they want to get out... It's like a diary but for public consumption so readers know they are not alone. “LETTER during COVID19”
Meanwhile because essentially ev-



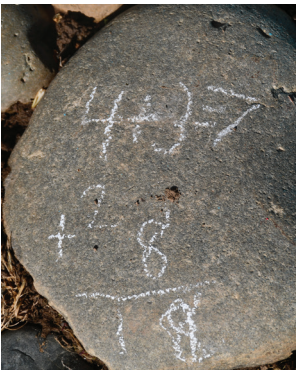
By “Winter Wonderland Dress” and “Dexter the Dinocorn” Stella Larsen, age 10, drew Dexter the Dinocorn, and Piera Larsen, age 8, drew the dress.

ery public event has been canceled, we have suspended our Local Scene section. Additionally, our police logs are on hold because the police lobby is closed. Both sections will return when things get back to normal. Since a lot of events have been canceled and a lot of what we publish is event coverage, tell us about some local businesses, artists, etc that we can feature... Who has a new album out? Who has new artwork that can be purchased on-

line?
During this homeschooling period, my second grade daughter, Sophie, wrote her teacher a letter, telling her how much she misses her. We've been practicing our cursive, math facts and reading compre-



Photos by Monica Stark
My second grade daughter Sophie has been my coworker and student. We have set our backyard as an office and classroom. Part of her “movement class” has been tree climbing. She has been practicing her cursive and has been writing her math facts in chalk on rocks in the backyard.



hension. We have enjoyed climbing trees, dance parties and playing a math skills board game. While she wrote the letter, I got some of my own writing done. We are blessed to have a backyard where we

have set up her classroom and my office. We have been writing buddies, definite coworkers. She has been helping me prepare all meals and help with all chores. We are having a beautiful bonding time.

Alone and together

BY JESSE SWANSBURG MEADE

I recharge performing for eager crowds.
I want to tell my stories one thousand times.
I teach in classrooms and classrooms teach me.
My students are not at school.
I'm a teacher without students...
...my students are not at school.

I'm a dancer.
I dance with people that wear strange clothes.
Where are those people?
I also wear strange clothes... alone in my room.

I like to organize events.
I even like boring events.
A boring event sounds fantastic.
Because... I... can ... hold... space.

Let's hang out.... I mean later... or never...or online.
There is the internet for the immediate publication of my thoughts.
Does online dating stay online for a while?
I'll see you at the gym... when it opens.
When the yoga studios opens.
When the dance studios opens.
When the parks open.

When I am open.
I'll see you around.
Because I get around. I'm fine.
I have toilet paper. I'm fine really.

I'm grateful for my health.
I'm grateful for all the respirators and test kits.
I'm grateful for the nurses, doctors, mechanics, builders, drivers, healers, grocery store workers, artists, poets, musicians, teachers, fire fighters and leaders.
I'm grateful that you continue.

I see you.
I'll give you six feet of space.
You don't know what you mean to me.
I didn't know how much I cared about you until I tried being alone.
I'm not convinced I fully exist without you.
So I'll see you later.
I'll see myself later.

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The News-Ledger was founded August 26, 1964. It is the successor to the Weekly Reader, founded by Julius A. Feher in April, 1938, and incorporates the West Sacramento News, founded by Julius A. Feher in August, 1942.

The News-Ledger is a weekly newspaper published every Wednesday. It provides coverage by mail and other distribution to the city of West Sacramento, including the communities of West Sacramento, Bryte, Broderick and Southport.

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Dealing with the quarantine, a student perspective

BY AKSHAJ MEHTA, AGE 14
WRITETOLEAD.COM

Let me set the scene for America about a month ago. Our community was not taking this situation seriously. The deciding government did not take any actions as of yet but cases continued to rise. Fast forward to today? Well we have low testing kits and other supplies are in need for our health professionals. We could have been more prepared for this situation considering the time we had. Now, COVID-19 has had a direct impact on

me and my family these past few weeks. We have been stocking up on supplies but have not crossed the threshold of panic buying. I am unsure why so many Americans find the urgency to over take supplies they very well do not need. Many elderly are not able to go out and get such supplies and others are taking away that opportunity. Me and my brother's school have been closed till August. We will start distance learning soon. This may affect my grades as I have been working really hard towards my classes and was

disappointed for the closure. During self quarantine, I now realize how important school is and have started to find out how true the phrase "Be careful what you wish for" is. My teachers continuously send out emails to parents and students to inform us about details for the situation regarding our school, and I am really grateful for that fact. My brother on the other hand has been enjoying his break as he cannot fully grasp what is happening right now. A bright side to this whole situation is it definitely brings you and

your family together or at least what I have experienced. I have noticed changes with me and brothers and my whole family's attitude toward each other. The shutdown leaves a lot of time to truly reflect on everything that's going on in our lives. To all the readers, please take precautions for your safety. There is a reason why there have been shutdowns and closings etc. Stay safe and healthy. Take this time as an opportunity for ourselves to grow. There is a lot we can learn from all off this.



Vernardos Circus returns to West Sac via the world wide web

Venardos Circus family is grateful for West Sac's past support when they visited Vierra Farms last May. Live shows are currently on hiatus due to social distancing recommendations during the COVID-19 pandemic, but they miss their audience terribly. In a written statement, ringmaster Kevin Venardos, said, "Once we determined we need to pause the tour, we immediately starting planning how we could continue our mission to bring joy, positivity and light, as well as some comfort and distraction, to our circus family during this uncertain time via social media." On Thursday, March 26 at 10 a.m., they posted their first weekly video of Venardos offering some fun and engaging content to bring positive energy and fun into your home. New content will be available once per week on Thursdays. Content is meant to entertain the whole family, as do our shows, but a great resource for the kids to enjoy some high quality, trustworthy entertainment. You'll find these videos on our YouTube channel - <https://www.youtube.com/user/kevinvenardos>

Draw

Continued from page 1

not have to worry about anything and just create could be fun. I asked friends if they would be interested and figured I'd get about 50 people joining in." To sign up, you can go to the Facebook group Draw With Stacey and request to join; it is approved typically within an hour of the request. Once you are in, you will see the live videos when they start posting or you can find them all archived for watching after. For those that do not

have Facebook you can also view the videos on a YouTube page. Her background in art? She has none! "I keep saying, 'I'm not a professional, I'm just a mom.' I never took art classes or went to school for it. I have always loved to draw. As I got older I did it less." Then her son took a trip to stay with his grandma and was gone for a week. They both would doodle together and with him gone she started drawing for him each day and posting it on his grandma's Facebook for him to see. People started following and she started doing

drawings for others and illustrations to sell. She'd taken another step back from it recently and this was a way to do it again while also getting others involved in it. There's more joy in me sitting and drawing with 150-plus people online and not making a dime than there is drawing and selling one piece. "I think it is hugely important to stay connected right now. Even for those that are 'introverts.' Being with people helps you get outside of your own head and detox and enjoy company. Since we are stuck in our homes we have to find

other ways to do that. I thought at first I'd create a YouTube and draw... but there are millions of those. I wanted a community. A place for people to not only interact while I'm drawing but also be able to share their art after," Ball says. "The kids get excited to be involved like that. They get excited to see their other friends and I think the parents do as well. You feel connected, a part of something bigger and for that moment while you are drawing you aren't worried about everything else that is going on right now. We need moments like that."

Elections

Continued from page 1

extra help election staff that typically assist with the canvassing process have been sent home for safety reasons. Remaining staff are taking extra precautionary measures to ensure social distancing, which like other

counties, has impacted the time needed to complete the certification process. Notwithstanding these challenges, members of the public that would like to observe the canvass process are still able to do so as long as social distancing protocols are adhered to. "The safety of staff and residents is our primary concern while we con-

tinue to work diligently towards certifying the election," said Jesse Salinas, Yolo County Assessor/Clerk-Recorder/Registrar of Voters. Yolo County Elections Office plans to post its next results update prior to the close of business on Friday March 27, 2020. We encourage residents to connect with

Yolo County ACE - Assessor/Clerk-Recorder/Elections on Facebook: @YoloACE, Instagram: @YoloCoACE, and Twitter: @YoloCoACE to receive the most up to date election results as soon as they become available and stay up to date on ACE office closures due to COVID-19.

Department of Toxic Substances Control

April 2020

Public Notice

The mission of DTSC is to protect California's people and environment from harmful effects of toxic substances by restoring contaminated resources, enforcing hazardous waste laws, reducing hazardous waste generation, and encouraging the manufacture of chemically safer products.

EMERGENCY PERMIT
Bayer U.S. CropScience
890 Embarcadero Drive
West Sacramento, California 95605

The California Department of Toxic Substances Control (DTSC) has issued an Emergency Permit to Bayer U.S. CropScience for onsite treatment of an expired chemical at 890 Embarcadero Drive, West Sacramento, California, 95605. The item to be treated includes one 500-milliliter container of 1,4 Dioxane.

The Clean Harbors Environmental Services company has been contracted to conduct this treatment. The chemical is potentially reactive and unsafe for transport in its present state. The treatment involves the addition of liquid solution to the container to stabilize the chemical. Once the chemical is treated, it will be transported offsite for proper management. DTSC has determined that the chemical poses an imminent and substantial endangerment to human health and the environment if not properly managed. Therefore, an emergency permit should be issued. This Emergency Permit is effective from March 23, 2020, through May 22, 2020. The Emergency Permit includes measures to minimize any adverse impact to the community and the environment.

CALIFORNIA ENVIRONMENTAL QUALITY ACT (CEQA): DTSC has determined that the issuance of this permit is exempt from the requirements of CEQA and has filed a Notice of Exemption (NOE) with the State Clearinghouse. The Emergency Permit, NOE, Bayer U.S. CropScience request for this project are available for review at the file room located at:

DTSC Sacramento Regional Office
8800 Cal Center Drive
Sacramento, California 95826
(916) 255-3758, call for an appointment

CONTACT INFORMATION: If you have any questions or concerns, please contact:

Vinke Menardo
Project Manager
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Barbara Zumwalt
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**FICTITIOUS BUSINESS
NAME STATEMENT
FILED 02/12/2020
FILE NO. F20200148**

The following person(s) is (are) doing business as **Fortune Energy Distribution**, 3650 Industrial Blvd., Ste. 140, West Sacramento, CA 95691 in Yolo County. Registered Owner(s) F.E. Distribution Inc., 3650 Industrial Blvd., Ste. 140, West Sacramento, CA 95691 The business is conducted by: Corporation The registrant commenced to transact business under the fictitious business name or names listed above on 2/12/2020. I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor.) /s/F.E. Distribution Inc., Sherra Huang, Secretary Notice-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed before the expiration. State of California, County of Yolo Jesse Salinas, County Clerk Recorder Date: February 12, 2020 /s/Iramirez, Deputy Clerk Apr 1 8 15 22 nl 2781

**FICTITIOUS BUSINESS
NAME STATEMENT
FILED 03/06/2020
FILE NO. F20200237**

The following person(s) is (are) doing business as **ZIG Mobile Technology Solutions**, 3743 Fraser Island Rd., West Sacramento, CA 95691 in Yolo County. Registered Owner(s) Ivonne Penunuri, 3743 Fraser Island Road, West Sacramento, CA 95691 Gabriel Penunuri, 3743 Fraser Island Road, West Sacramento, CA 95691 The business is conducted by: A Married Couple The registrant commenced to transact business under the fictitious business name or names listed above on N/A. I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor.) /s/Ivonne Penunuri, Gabriel Penunuri Notice-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed before the expiration. State of California, County of Yolo Jesse Salinas, County Clerk Recorder Date: March 6, 2020 /s/kquam, Deputy Clerk Mar 25 Apr 1 8 15 nl 2773

**FICTITIOUS BUSINESS
NAME STATEMENT
FILED 03/10/2020
FILE NO. F20200260**

The following person(s) is (are) doing business **Max Taste**, 120 Main Street Unit F3, Woodland, CA 95695 in Yolo County. Registered Owner(s) Sajjad Ali, 5341 Walnut Ave. #250, Sacramento, CA 95841 The business is conducted by: Individual The registrant commenced to transact business under the fictitious business name or names listed above on 3/10/2020. I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor.) /s/Sajjad Ali, Owner Notice-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed before the expiration. State of California, County of Yolo Jesse Salinas, County Clerk Recorder Date: March 10, 2020 /s/Smith, Deputy Clerk Mar 25 Apr 1 8 15 nl 2775

**FICTITIOUS BUSINESS
NAME STATEMENT
FILE NO. F20200241**

The following person(s) is doing business as: **Capital Consulting Group, 516 Main Street, Winters, CA 95694**, County of Yolo. Frog Hoppin Robot LLC, 516 Main Street, Winters, CA 95694 This business is conducted by Limited Liability Company. The registrant commenced to transact business under the fictitious business name or names listed above on N/A /s/ Jeremias Moralez, Managing Member Frog Hoppin Robot LLC This statement was filed with the County Clerk of Yolo County on March 6, 2020. Jesse Salinas, County Clerk/Recorder By: kquam, Deputy 3/25, 4/1, 4/8, 4/15/20 CNS-3354492# NEWS-LEDGER Mar 25 Apr 1 8 15 nl 2776

**FICTITIOUS BUSINESS
NAME STATEMENT
FILE NO. F20200242**

The following person(s) is doing business as: **Liberty Pistachio, 15200 County Road 97A, Woodland, CA 95695**, County of Yolo. Liberty Land Management LLC, 15200 County Road 97A, Woodland, CA 95695 This business is conducted by Limited Liability Company. The registrant commenced to transact business under the fictitious business name or names listed above on N/A. /s/ Michael Smith, Managing Member Liberty Land Management LLC This statement was filed with the County Clerk of Yolo County on 03/06/2020. Jesse Salinas, County Clerk/Recorder By: K Quam, Deputy 3/25, 4/1, 4/8, 4/15/20 CNS-3355738# NEWS-LEDGER Mar 25 Apr 1 8 15 nl 2777

**FICTITIOUS BUSINESS
NAME STATEMENT
FILE NO. F20200240**

The following person(s) is doing business as: **My Simple Solutions, 1906 Brogan Drive, Woodland, CA 95776**, County of Yolo. Douglas Hawkins, 1906 Brogan Drive, Woodland, CA 95776 Maren Hawkins, 1906 Brogan Drive, Woodland, CA 95776 This business is conducted by General Partnership. The registrant commenced to transact business under the fictitious business name or names listed above on n/a /s/ Douglas Hawkins, Maren Hawkins This statement was filed with the County Clerk of Yolo County on March 6, 2020. Jesse Salinas, County Clerk/Recorder By: kquam, Deputy 3/18, 3/25, 4/1, 4/8/20 CNS-3354144# NEWS-LEDGER Mar 18 25 Apr 1 8 nl 2770

**FICTITIOUS BUSINESS
NAME STATEMENT
FILED 02/18/2020
FILE NO. F20200176**

The following person(s) is (are) doing business as **World Class Tile**, 3140 Andrus Island Court, West Sacramento, CA 95691 in Yolo County. Registered Owner(s) Brian Fields, 3140 Andrus Island Court, West Sacramento, CA 95691 The business is conducted by: Individual The registrant commenced to transact business under the fictitious business name or names listed above on 12/20/2019. I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor.) /s/Brian Fields Notice-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed before the expiration. State of California, County of Yolo Jesse Salinas, County Clerk Recorder Date: February 18, 2020 /s/Smith, Deputy Clerk Mar 18 25 Apr 1 8 nl 2763

**FICTITIOUS BUSINESS
NAME STATEMENT
FILED 02/25/2020
FILE NO. F20200197**

The following person(s) is (are) doing business as **All American College Prep, All American Softball**, 1270 Triangle Court, West Sacramento, CA 95605 in Yolo County. Registered Owner(s) Kelly Jackson, 161 Pinder Court, Folsom, CA 95630

The business is conducted by: Individual The registrant commenced to transact business under the fictitious business name or names listed above on 12/22/2009. I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor.) /s/Kelly M. Jackson Notice-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed before the expiration. State of California, County of Yolo Jesse Salinas, County Clerk Recorder Date: February 25, 2020 /s/kquam, Deputy Clerk Mar 18 25 Apr 1 8 nl 2764

**FICTITIOUS BUSINESS
NAME STATEMENT
FILE NO. F20200238**

The following person(s) is (are) doing business as: Devonshire and Aster Rental, 3250 New York Road, West Sacramento, CA 95691 - 6462 County of YOLO Mailing Address: 3250 New York Road, West Sacramento, CA 95691 - 6462 Elaine Jeu, 3250 New York Road, West Sacramento, CA 95691 - 6462 This business is conducted by an Individual The registrant(s) commenced to transact business under the fictitious business name or names listed above on N/A. S/ Elaine Jeu This statement was filed with the County Clerk of Yolo County on 03/06/2020. Jesse Salinas, County Clerk/Recorder kquam, Deputy 3/18, 3/25, 4/1, 4/8/20 CNS-3347366# NEWS-LEDGER Mar 18 25 Apr 1 8 nl 2766

**FICTITIOUS BUSINESS
NAME STATEMENT
FILED 03/12/2020
FILE NO. F20200267**

The following person(s) is (are) doing business as **Sunny Days Therapy**, 22408 County Road 102, Woodland, CA 95776 in Yolo County. Registered Owner(s) Pollyanna A. Bluette, 944 Purdue Drive, Woodland, CA 95695 The business is conducted by: Individual The registrant commenced to transact business under the fictitious business name or names listed above on N/A. I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor.) /s/Pollyanna A. Bluette Notice-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed before the expiration. State of California, County of Yolo Jesse Salinas, County Clerk Recorder Date: March 12, 2020 /s/Iramirez, Deputy Clerk Mar 18 25 Apr 1 8 nl 2767

**FICTITIOUS BUSINESS
NAME STATEMENT
FILED 02/13/2020
FILE NO. F20200162**

The following person(s) is (are) doing business as **Weden, MyJane**, 5080 Chiles Road, Suite 2, Davis, CA 95618 in Yolo County. Registered Owner(s) Davis People's Harvest, 5080 Chiles Road, Suite 2, Davis, CA 95618 The business is conducted by: Corporation The registrant commenced to transact business under the fictitious business name or names listed above on N/A. I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor.) /s/Davis People's Harvest, Pierre Roulean, CEO Notice-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the

County Clerk. A new Fictitious Business Name Statement must be filed before the expiration. State of California, County of Yolo Jesse Salinas, County Clerk Recorder Date: February 13, 2020 /s/kquam, Deputy Clerk Mar 11 18 25 Apr 1 nl 2748

**FICTITIOUS BUSINESS
NAME STATEMENT
FILED 02/28/2020
FILE NO. F20200214**

The following person(s) is (are) doing business as **The Arbors Apartments**, 1280 Olive Drive, Davis, CA 95616 in Yolo County. Registered Owner(s) The Arbors at Davis LLC, 1280 Olive Drive, Davis, CA 95616 The business is conducted by: Limited Liability Company The registrant commenced to transact business under the fictitious business name or names listed above on 4/1/2020. I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor.) /s/The Arbors at Davis LLC, Karen Mattis, Manager Notice-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed before the expiration. State of California, County of Yolo Jesse Salinas, County Clerk Recorder Date: February 28, 2020 /s/Smith, Deputy Clerk Mar 11 18 25 Apr 1 nl 2749

**FICTITIOUS BUSINESS
NAME STATEMENT
FILED 03/02/2020
FILE NO. F20200218**

The following person(s) is (are) doing business as **River City Physical Therapy**, 3245 Allan Ave., West Sacramento, CA 95691 in Yolo County. Registered Owner(s) Jimmie L. Thweatt, 3245 Allan Ave., West Sacramento, CA 95691 The business is conducted by: Individual The registrant commenced to transact business under the fictitious business name or names listed above on 1/1/2020. I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor.) /s/Jimmie L. Thweatt Notice-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed before the expiration. State of California, County of Yolo Jesse Salinas, County Clerk Recorder Date: March 2, 2020 /s/Smith, Deputy Clerk Mar 11 18 25 Apr 1 nl 2752

**FICTITIOUS BUSINESS
NAME STATEMENT
FILED 02/27/2020
FILE NO. F20200208**

The following person(s) is (are) doing business as **Sport Clips Haircuts**, 2021 Bronze Star Drive, Suite 500, Woodland, CA 95776 in Yolo County. Registered Owner(s) The Framily LLC, 4701 Mohamed Oaks Court, Sacramento, CA 95841 The business is conducted by: Limited Liability Company The registrant commenced to transact business under the fictitious business name or names listed above on 2/23/2020. I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor.) /s/The Framily LLC, Tracy D. Jackson, Manager Notice-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed before the expiration. State of California, County of Yolo Jesse Salinas, County Clerk Recorder

Date: February 27, 2020 /s/Iramirez, Deputy Clerk Mar 11 18 25 Apr 1 nl 2755

**FICTITIOUS BUSINESS
NAME STATEMENT
FILED 03/04/2020
FILE NO. F20200224**

The following person(s) is (are) doing business as **Mi Carniceria Market**, 129 West Main Street #C, Woodland, CA 95695 in Yolo County. Registered Owner(s) Laura Maximina Perez, 1645 Wakefield Way, Sacramento, CA 95822 The business is conducted by: Individual The registrant commenced to transact business under the fictitious business name or names listed above on N/A. I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor.) /s/Laura Maximina Perez Notice-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed before the expiration. State of California, County of Yolo Jesse Salinas, County Clerk Recorder Date: March 4, 2020 /s/Iramirez, Deputy Clerk Mar 11 18 25 Apr 1 nl 2756

**FICTITIOUS BUSINESS
NAME STATEMENT
FILED 02/18/2020
FILE NO. F20200171**

The following person(s) is (are) doing business as **FastLane AutoDoctor**, 617 Galveston Street #4, West Sacramento, CA 95691 in Yolo County. Registered Owner(s) Chan Phomthevy Pro Services Inc., 617 Galveston Street #4, West Sacramento, CA 95691 The business is conducted by: Corporation The registrant commenced to transact business under the fictitious business name or names listed above on 5/1/2015. I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor.) /s/Chan Phomthevy Pro Services Inc., Chan Phomthevy, CEO Notice-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed before the expiration. State of California, County of Yolo Jesse Salinas, County Clerk Recorder Date: February 18, 2020 /s/kquam, Deputy Clerk Mar 11 18 25 Apr 1 nl 2759

**ORDER TO SHOW CAUSE
FOR
CHANGE OF NAME
CASE NO. PT-20-251**

Petition of Herlinda Munoz For Change of Name TO ALL INTERESTED PERSONS: Petitioner: Herlinda Munoz filed a petition with this court for a decree changing names as follows: **Herlinda Munoz Linda Munoz Fuentes** to **Linda Munoz Fuentes Linda Munoz Fuentes** THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing. **NOTICE OF HEARING Date: April 6, 2020 Time 9:00 a.m. Dept.: 9** The address of the court is: 1000 Main Street, Woodland, CA 95695.

A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: The News-Ledger Date: February 27, 2020 /S/Stephen L. Mock Judge of the Superior Court Mar 11 18 25 Apr 1 nl 2754

The News-Ledger Date: February 18, 2020 /S/Stephen L. Mock Judge of the Superior Court Mar 11 18 25 Apr 1 nl 2750

**ORDER TO SHOW CAUSE
FOR
CHANGE OF NAME
CASE NO. PT-20-360**

Petition of Yocheved Adrienne Schmitt Scher For Change of Name TO ALL INTERESTED PERSONS: Petitioner: Yocheved Adrienne Schmitt Scher filed a petition with this court for a decree changing names as follows: **Yocheved Adrienne Schmitt Scher** to **Adrienne Scher** THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing. **NOTICE OF HEARING Date: April 9, 2020 Time 9:00 a.m. Dept.: 10** The address of the court is: 1000 Main Street, Woodland, CA 95695.

A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: The News-Ledger Date: February 26, 2020 /S/Samuel T. McAdam Judge of the Superior Court Mar 11 18 25 Apr 1 nl 2751

**ORDER TO SHOW CAUSE
FOR
CHANGE OF NAME
CASE NO. PT-20-357**

Petition of Paola Rachel Vidal For Change of Name TO ALL INTERESTED PERSONS: Petitioner: Paola Rachel Vidal filed a petition with this court for a decree changing names as follows: **Paola Rachel Vidal** to **Paola Rashed Vidal-Espinoza** THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing. **NOTICE OF HEARING Date: April 20, 2020 Time 9:00 a.m. Dept.: 9** The address of the court is: 1000 Main Street, Woodland, CA 95695.

A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: The News-Ledger Date: February 27, 2020 /S/Stephen L. Mock Judge of the Superior Court Mar 11 18 25 Apr 1 nl 2754

**ORDER TO SHOW CAUSE
FOR
CHANGE OF NAME
CASE NO. PT 20-460**

Petition of Mark Allen Powell For Change of Name TO ALL INTERESTED PERSONS: Petitioner: Mark Allen Powell filed a petition with this court for a decree changing names as follows: **Mark Allen Powell** to **Mark Allan Constant** THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition

Continued from page 4

without a hearing.

NOTICE OF HEARING

Date: April 16, 2020

Time 9:00 a.m. Dept.: 10

The address of the court is: 1000 Main Street, Woodland, CA 95695.

A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county:

The News-Ledger
Date: March 4, 2020
/S/Samuel T. McAdam
Judge of the Superior Court
Mar 18 25 Apr 1 8 nl 2768

NOTICE OF PETITION TO ADMINISTER ESTATE

OF PETER MICHAEL BIANCHINI SR.

CASE NO: PB20-62

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of:

Peter Michael Bianchini Sr.

A Petition for Probate has been filed by Dominic Bianchini in the Superior Court of California, County of YOLO.

The Petition for Probate requests that Dominic Bianchini be appointed as personal representative to administer the estate of the decedent.

The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A hearing on the petition will be held in this court as follows:

Date: April 24, 2020

Time: 9:00 a.m. Dept: 10

Address of court: Superior Court of California, County of Yolo 1000 Main Street, Woodland, California 95695.

If you object to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

If you are a creditor or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to your of a notice under section 9052 of the California Probate Code.

Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

You may examine the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

Attorney for petitioner:

Michael G. Abrate
655 University Ave., Suite 230
Sacramento, CA 95825
(916)550-2688
Mar 18 25 Apr 1 nl 2765

NOTICE OF TRUSTEE'S SALE

T.S. NO. 19-58653

APN: 014-255-046-000

YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 10/18/2005. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER.

A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings bank associated in Section 5102 of the Financial Code and authorized to do business in this state will be held by the duly appointed trustee as shown below, of all right, title, and interest conveyed to and now held by the trustee in the hereinafter described property under and pursuant to a Deed of Trust described below. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust,

interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale.

Trutor: **CECELIA VELA, AN UNMARRIED WOMAN**
Duly Appointed Trustee: ZBS Law, LLP Deed of Trust recorded 10/31/2005, as Instrument No. 2005-0054340-00, of Official Records in the office of the Recorder of Yolo County, California,
Date of Sale:**4/21/2020** at 1:00 PM

Place of Sale: North Entrance, West Sacramento City Hall, 1110 W. Capitol Avenue, West Sacramento, CA 95691
Estimated amount of unpaid balance and other charges: **\$255,329.62**

Note: Because the Beneficiary reserves the right to bid less than the total debt owed, it is possible that at the time of the sale the opening bid may be less than the total debt owed.

Street Address or other common designation of real property:

844 HARDY DRIVE

WEST SACRAMENTO, California 95605

Described as follows:

As more fully described on said Deed of Trust.

A.P.N #.: **014-255-046-000**

The undersigned Trustee disclaims any liability for any incorrectness of the street address or other common designation, if any, shown above. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale.

NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property.

NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call (800) 280-2832 or visit this Internet Web site www.auction.com, using the file number assigned to this case 19-58653. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale.

Dated: **3/5/2020**

ZBS Law, LLP, as Trustee

30 Corporate Park, Suite 450 Irvine, CA 92606

For Non-Automated Sale Information, call: (714) 848-7920

For Sale Information: (800) 280-2832 www.auction.com

Michael Busby, Trustee Sale Officer

This office is enforcing a security interest of your creditor. To the extent that your obligation has been discharged by a bankruptcy court or is subject to an automatic stay of bankruptcy, this notice is for informational purposes only and does not constitute a demand for payment or any attempt to collect such obligation. EPP 31314 Pub Dates 03/18, 03/25, 04/01/2020

Mar 18 25 Apr 1 nl 2758

NOTICE OF PETITION TO ADMINISTER ESTATE

OF EUGENE SABLINSKY

CASE NO: PB20-45

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of:

Eugene Sablinsky

A Petition for Probate has been filed by Christopher Sproul in the Superior Court of California, County of YOLO.

The Petition for Probate requests that Christopher Sproul be appointed as personal representative to administer the estate of the decedent.

The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A hearing on the petition will be held in this court as follows:

Date: April 20, 2020

Time: 9:00 a.m. Dept: 9

Address of court: Superior Court of California, County of Yolo 1000 Main Street, Woodland, California 95695.

If you object to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

If you are a creditor or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to your of a notice under section 9052 of the California Probate Code.

Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

You may examine the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

5135 Anza Street

San Francisco, CA 94121

(415)533-3376

Mar 25 Apr 1 8 nl 2778

PETITION FOR DISSOLUTION (DIVORCE) OF MARRIAGE

CASE NO: 20FL00679

PETITIONER: Natalie Cordova

RESPONDENT: Juan Carlos Torres

1. LEGAL RELATIONSHIP: We are married

2. RESIDENCE REQUIREMENTS: Petitioner has been a resident of this state for at least six months and of this county for at least three months immediately preceding the filing of this petition.

3. STATISTICAL FACTS

Date of marriage (specify):

9/16/1992

Date of separation (specify):

9/30/1994

Time from date of marriage to date of separation (specify): 2 years 0 months

4. MINOR CHILDREN There are no minor children.

Petitioner requests that the court make the following orders:

5. LEGAL GROUNDS (Family Code sections 2200-2210, 2310-2312). Divorce of the marriage or domestic partnership based on (check one): irreconcilable differences.

8. SPOUSAL OR DOMESTIC PARTNER SUPPORT Terminate (end) the courts ability to award support to Petitioner, Respondent

9. SEPARATE PROPERTY Confirm as separate property the assets and debts in: All property attained prior to marriage, after separation, and during marriage by gift and devise. Petitioner

10. COMMUNITY AND Q U A S I - C O M M U N I T Y PROPERTY

There are no such assets or debts that I know of to be divided by the court.

12. I HAVE READ THE RESTRAINING ORDERS ON THE BACK OF THE SUMMONS, AND I UNDERSTAND THAT THEY APPLY TO ME WHEN THIS PETITION IS FILED.

I declare under penalty of perjury under the laws of the State of California that the foregoing is true and correct.

Date: January 9, 2020

Natalie Cordova (Petitioner)

Date: January 9, 2020

Harry D. Roth (Attorney for Petitioner)

FOR MORE INFORMATION:

Read Legal Steps for a Divorce or Legal Separation (form FL-107-INFO) and visit "Families Change" at www.familieschange.ca.gov an online guide for parents and children going through divorce or separation.

NOTICE: You may redact (black out) social security numbers from any written material filed with the court in this case other than a form used to collect child, spousal or partner support.

NOTICE-CANCELLATION OF RIGHTS: Dissolution or legal separation may automatically cancel the rights of a domestic partner or spouse under the other domestic partner's or spouse's will, trust, retirement plan, power of attorney, pay-on-death bank account, survivorship rights

to any property owned in joint tenancy, and any other similar thing. It does not automatically cancel the right of a domestic partner or spouse as beneficiary of the other partner's or spouse's life insurance policy. You should review these matters, as well as any credit cards, other credit accounts, insurance policies, retirement plans, and credit reports, to determine whether they should be changed or whether you should take any other actions. Some changes may require the agreement of your partner or spouse or a court order.

Mar 25 Apr 1 8 15 nl 2772

NOTICE OF SALE OF REAL PROPERTY AT PRIVATE SALE

California Probate Code 10300, 10304.

Attorney for Petitioner Zachary R. Rayo, Esq.

Estate of Frank Bustillos, Decedent. Yolo County Superior Court,

Case No. PB19-224.

1. NOTICE IS HEREBY GIVEN that, subject to court confirmation, on April 17, 2020, at 9:00 a.m. or thereafter within the time allowed by law, Evangelina Diaz, as Executor of the will and estate of the above-named decedent, will sell at private sale to the highest and best net bidder on the terms and conditions stated below all right, title, and interest of the decedent at the time of death and all right, title, and interest that the estate has acquired in addition to that of the decedent at the time of death, in the real property located in Yolo County, California.

2. This property is in the City of West Sacramento, County of Yolo, State of California, and is a ONE-HALF UNDIVIDED INTEREST AS TENANT IN COMMON in single family residence commonly known as 2890 Hart Ave., West Sacramento, CA 95691, and described as follows: LOT 158, CITY FARMS SUBDIVISION OF WEST SACRAMENTO COMPANY'S PROPERTIES, FILED AUGUST 8, 1913 IN BOOK 2 OF MAPS, PAGE 84, YOLO COUNTY RECORDS. APN: 045-121-13

3. The property will be sold subject to current taxes, covenants, conditions, restrictions, rights, rights of way, and easements of record, with any encumbrances of record to be satisfied from the purchase price.

4. The property is to be sold on an "as is" basis, except for title.

5. The personal representative has not listed the property because it is a fractional interest in a single family residence where the personal representative resides and is owner of the other one-half undivided interest as tenant in common.

6. Bids or offers are invited for this property, and must be in writing and can be mailed to the office of the Rayo Law Offices, Inc., Zachary R. Rayo, attorney for the Executor, at 3400 Bradshaw Rd., Ste A-4B, Sacramento, California 95827, at any time after first publication of this notice, and before making said sale.

7. THE PURPOSE OF THIS NOTICE IS TO INVITE BIDS in accordance with the provisions of California Probate Code section 10311.

8. The property will be sold on the following terms: All cash, 10 percent of the amount of the bid to accompany the offer by certified check, and the balance to be paid on confirmation of sale by the court. Buyer to pay escrow fees. Seller shall pay for natural hazard zone disclosure report, county transfer tax or fee. Buyer shall pay for owner's title insurance policy. Escrow holder shall be Seller's choice.

9. Taxes, rents, operating and maintenance expenses, and premiums on insurance acceptable to the purchaser shall be prorated as of the date of recording of conveyance. Examination of title, recording of conveyance, transfer taxes, and any title insurance policy shall be at the expense of the purchaser or purchasers.

10. The right is reserved to reject any and all bids.

11. For further information and bid forms, contact Zachary R. Rayo at 3400 Bradshaw Rd., Ste A-4B, Sacramento, CA 95827, 925-825-1955.

Date: March 13, 2020

EVANGELINA DIAZ

Executor of the Will and Estate of Frank Bustillos, deceased

By: ZACHARY R. RAYO

Attorney for Executor.

Mar 25 Apr 1 8 nl 2774

SUMMONS (FAMILY LAW)

CASE NUMBER: 20FL00679

NOTICE TO RESPONDENT: Juan Carlos Torres

AVISO AL DEMANDADO: Juan Carlos Torres

You have been sued. Read the information below and on the next page.

Usted ha sido demandado. Lea la información a continuación y en la próxima página.

Petitioners name: Natalie Cordova

Nombre del peticionario: Natalie Cordova

You have **30 calendar days** after this *Summons* and *Petition* are

served on you to file a Response (form FL-120) at the court and have a copy served on the petitioner. A letter, phone call, or court appearance will not protect you.

Tiene **30 días calendarios** después de que esta *Convocatoria* y *Petición* se le entreguen para presentar una Respuesta (formulario FL-120) en la corte y se le debe entregar una copia al solicitante. Una carta, una llamada telefónica o una comparecencia en la corte no lo protegerán.

If you do not file your Response on time, the court may make orders affecting your marriage or domestic partnership, your property, and custody of your children. You may also be ordered to pay support and attorney fees and costs.

Si no presenta su Respuesta a tiempo, el tribunal puede dictar órdenes que afecten su matrimonio o pareja de hecho, su propiedad y la custodia de sus hijos. También se le puede ordenar que pague manutención y honorarios y costos de abogados.

For legal advice, contact a lawyer immediately. Get help finding a lawyer at the California Courts Online Self-Help Center (www.courts.ca.gov/selfhelp), at the California Legal Services website (www.lawhelpca.org), or by contacting your local bar association.

Para obtener asesoramiento legal, contacte a un abogado de inmediato. Obtenga ayuda para encontrar un abogado en el Centro de autoayuda en línea de los tribunales de California (www.courts.ca.gov/selfhelp), en el sitio web de los Servicios Legales de California (www.lawhelpca.org), o comunicándose con el colegio de abogados local.

NOTICE: THE RESTRAINING ORDERS ARE ON PAGE 2:

These restraining orders are effective against both spouses or domestic partners until the petition is dismissed, a judgement is entered, or the court makes further orders. They are enforceable anywhere in California by any law enforcement officer who has received or seen a copy of them.

AVISO: LAS ÓRDENES DE RESTRICCIÓN SE ENCUENTRAN EN LA PÁGINA 2: Estas órdenes de restricción son efectivas contra los cónyuges o parejas de hecho hasta que se desestime la petición, se dicte un fallo o el tribunal emita nuevas órdenes. Son exigibles en cualquier lugar de California por cualquier agente de la ley que haya recibido o visto una copia de ellos.

FEE WAIVER: If you cannot pay the filing fee, ask the clerk for a fee waiver form. The court may order you to pay back all or part of the fees and costs that the court waived for you or the other party.

EXENCIÓN DE PAGO: Si no puede pagar la tarifa de presentación, solicite al secretario un formulario de exención de forma. El tribunal puede ordenarle que pague la totalidad o parte de los honorarios y costos que el tribunal canceló para usted o la otra parte.

1. The name and address of the court are: (El nombre y dirección de la corte son:)

Sacramento County Superior Court

3341 Power Inn Road

Sacramento, CA 95826

2. The name, address, and telephone number of petitioners attorney, or petitioner without an attorney, are: (El nombre, la dirección y el número de teléfono del abogado de los

peticionarios, o el peticionario sin un abogado, son):

Harry D. Roth

189 First Street

Woodland, CA 95695

(530)665-6564

Date (Fecha): February 6, 2020

Clerk, by (Secretario, por) E. Razumovskiy Deputy (Asistente)

STANDARD FAMILY LAW RESTRAINING ORDERS

Starting immediately, you and your spouse or domestic partner are restrained from:

ORDENES DE RESTRICCIÓN DEL DERECHO ESTÁNDAR DE LA FAMILIA

Comenzando de inmediato, usted y su cónyuge o pareja de hecho están restringidos de:

1. removing the minor children of the parties from the state or applying for a new or replacement passport for those minor children without the prior written consent of the other party or an order of the court;

1. retirar a los hijos menores de las partes del estado o solicitar un pasaporte nuevo o de reemplazo para esos menores sin el consentimiento previo por escrito de la otra parte o una orden de la corte;

2. cashing, borrowing against, canceling, transferring, disposing of, or changing the beneficiaries of any insurance or other coverage, including life, health, automobile, and disability, held for the benefit of the parties and their minor children;

2. cobrar, pedir prestado, cancelar, transferir, eliminar o cambiar a los beneficiarios de cualquier seguro u otra cobertura, incluida la vida, la salud, el automóvil y la discapacidad, en beneficio de las partes y sus hijos menores;

3. transferring, encumbering, hypothecating, concealing, or

in any way disposing of any property, real or personal, whether community, quasi-community, or separate, without the written consent of the other party or an order of the court, except in the usual course of business or for the necessities of life; and

3. transferir, gravar, hipotecar, ocultar o de cualquier manera deshacerse de cualquier propiedad, real o personal, ya sea comunitaria, cuasi comunitaria o separada, sin el consentimiento por escrito de la otra parte o una orden de la corte, excepto en el curso habitual de los negocios o para las necesidades de la vida; y

4. creating a nonprobate transfer or modifying a nonprobate transfer in a manner that affects the disposition of property subject to the transfer, without the written consent of the other party or an order of the court. Before revocation of a nonprobate transfer can take effect or a right of survivorship to property can be eliminated, notice of the change must be filed and served on the other party.

4. crear una transferencia no testamentaria o modificar una transferencia no testamentaria de manera que afecte la disposición de la propiedad sujeta a la transferencia, sin el consentimiento por escrito de la otra parte o una orden del tribunal. Antes de que la revocación de una transferencia no testamentaria pueda entrar en vigencia o se pueda eliminar el derecho de supervivencia a la propiedad, se debe presentar y notificar el cambio a la otra parte.

You must notify each other of any proposed extraordinary expenditures at least five business days prior to incurring these extraordinary expenditures and account to the court for all extraordinary expenditures made after these restraining orders are effective. However, you may use community property, quasi-community property, or your own separate property to pay an attorney to help you or to pay court costs.

Debe notificarse mutuamente sobre cualquier gasto extraordinario propuesto al menos cinco días hábiles antes de incurrir en estos gastos extraordinarios y rendir cuentas ante el tribunal de todos los gastos extraordinarios realizados después de que estas órdenes de restricción entren en vigencia. Sin embargo, puede usar propiedad comunitaria, propiedad cuasi-comunitaria o su propia propiedad separada para pagarle a un abogado que lo ayude o para pagar los costos de la corte.

NOTICE- ACCESS TO AFFORDABLE HEALTH INSURANCE: Do you or someone in your household need affordable health insurance? If so, you should apply for Covered California. Covered California can help reduce the costs you pay towards high quality affordable health care. For more information, visit www.coveredca.com. Or call Covered California at 1-800-300-1506.

AVISO: ACCESO A UN SEGURO DE SALUD ASEQUIBLE: ¿Usted o alguien en su hogar necesita un seguro de salud asequible? Si es así, debe solicitar Covered California. Covered California puede ayudarlo a reducir los costos que paga por una atención médica asequible de alta calidad. Para más información, visite www.coveredca.com. O llame a Covered California al 1-800-300-1506.

WARNING – IMPORTANT INFORMATION

California law provides that, for purposes of division of property upon dissolution of a marriage or domestic partnership or upon legal separation, property acquired by the parties during marriage or domestic partnership in joint form is presumed to be community property. If either party to this action should die before the jointly held community property is divided, the language in the deed that characterizes how title is held (i.e., joint tenancy, tenants in common, or community property) will be controlling, and not the community property presumption. You should consult your attorney if you want the community property presumption to be written into the recorded title of the property.

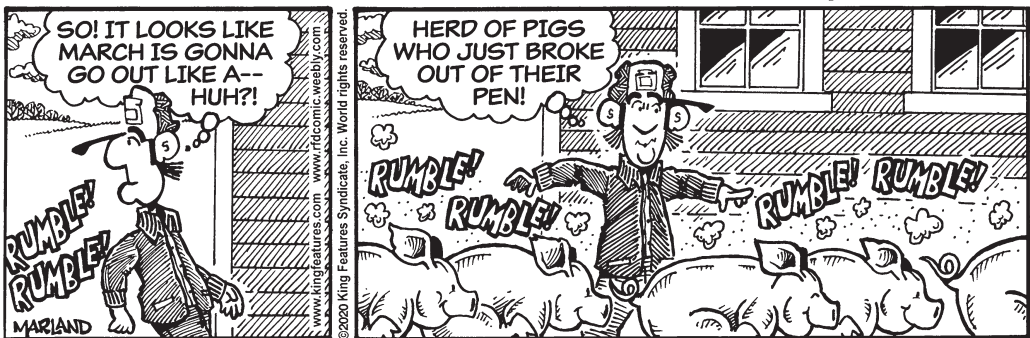
ADVERTENCIA – INFORMACIÓN IMPORTANTE

La ley de California establece que, a los fines de la división de bienes tras la disolución de un matrimonio o sociedad doméstica o tras la separación legal, los bienes adquiridos por las partes durante el matrimonio o sociedad doméstica en forma conjunta se presumen propiedad de la comunidad. Si cualquiera de las partes en esta acción muere antes de que se divida la propiedad comunitaria conjunta, el idioma de la escritura que caracteriza cómo se posee el título (es decir, la tenencia conjunta

PUZZLES & COMICS

R.F.D.

by Mike Marland



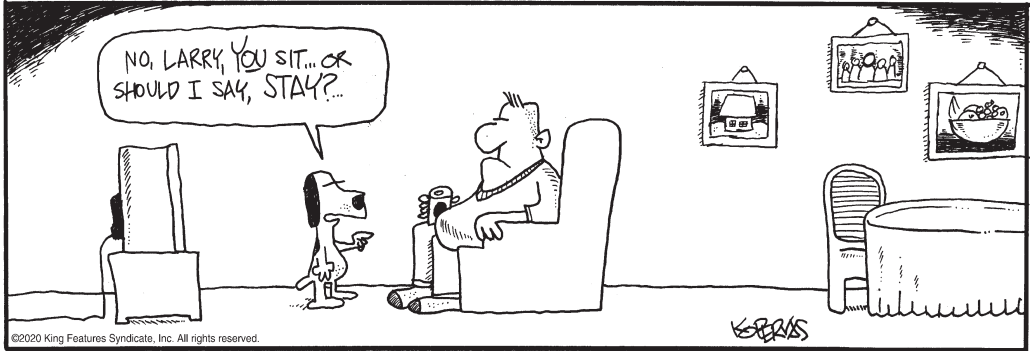
Amber Waves

by Dave T. Phipps



Out on a Limb

by Gary Kopervas



The Spats

by Jeff Pickering



Puzzle Answers are on page 8



Super Crossword THE THIN, THE FLAT, AND THE ROUND

ACROSS

1 Reddish-brown pigment

7 Nitpicky know-it-all

13 Fleet leader

20 Instead (of)

21 Win over

22 Bishop's district

23 User's storage component

25 Gives approval

26 Rock's Brian

27 "My true love — see" ("Oh! Susanna" lyric)

28 Without, to Jean-Luc

30 Shrubby expanses

31 Disorder

33 NBA'er — Gasol

34 Occasion to say "King me"

36 Pasty luau food

38 Baseball card stat

40 — flight (go by jet)

41 Zing

42 Ship-deck diversion

48 Sauce giant

50 Brew source

51 Hotsy- — brown

52 Crown

54 Diver's gear

59 "The Girl With the Dragon Tattoo" heroine

61 Prefix with dose or ton

62 Less lenient

64 "Entertaining Mr. Sloane" dramatist

65 Participant in the sport

68 Yellow transport

69 Draw — on (take careful aim at)

71 — Brothers ("It's Your Thing" group)

72 Hanoi's home, briefly

73 It enables a motorist to stop

76 Bog bird

78 Naive

79 Brazilian soccer star

80 Tending to wear away

82 "Hmm, let — ..."

83 Former NBA star Ming

84 Spiro who served with Nixon

86 False tale

87 K-P hookup

91 45's place

94 "Mickey" singer Basil

98 Gives help

100 In the style of

101 "Try — might ..."

102 It includes the sacrum

106 Nellie of social reform

108 Film-rating org.

112 Paris' mother

113 Author Jaffe

114 He defeated Romney

116 Put — (deceptions)

117 Like space debris

119 Commonality of seven answers in this puzzle

122 Turn loose

123 Gathering, as bees

124 Lie

125 Fair- — (blond)

126 Dictation-taking pros

127 Mad Hatter's party pieces

39 Tarzan's son

42 French battle site of '44

43 Clairiol's area

44 Newly rich people

45 Ordinal suffix

46 GPS options: Abbr.

47 Wound from a mutt

49 With 65-Down, charge to log on

53 Bel — cheese

55 Witches

56 In a careless manner

57 Animated film featuring Seinfeld's voice

58 JFK landing: Abbr.

60 Fumble

61 Around June or July

62 Sault — Marie

63 Your, once

65 See 17- or 49-Down

66 Grating

67 Elegant tree

69 Smallish batteries

70 Bibliophile's love: Abbr.

73 It takes vids

74 Film holder

75 Wild plum

76 Wolf cries

77 — -do-well

80 Goal

81 Lender's expectation

84 Co. that owns

85 Moviefone

86 Potpourris

88 Discomfort

89 Cage of film, informally

90 Smell

92 Fire

93 Goal

94 Simple top

95 First act

96 Kidman of Hollywood

97 Accustoms

99 Sluggish tree-dwellers

103 PLO head

104 Missed, as a bull's-eye

105 Writer

107 Loo, briefly

109 Mile markers

110 Body part below a shin

111 Useful thing

114 "This is bad!"

115 "Zip- — -Doo-Dah"

118 Knight of TV

120 Yang go-with

121 "That — lie!"

Weekly SUDOKU

by Linda Thistle

	6			1			9	
3			5	2		4		
		7	8				3	
1			6			7		
	5			3				2
	4	2		5			1	
5				6				8
	6	9				3		1
8				7			5	

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ♦♦

♦ Moderate ♦♦ Challenging
♦♦♦ HOO BOY!

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Building community and connectivity through sound, music, and communication

Local recording studio owner offers sound healing

BY MONICA STARK

In the current social climate it is vital that we stay connected as one human family, says Kriss Walas, who is holding sound healing, meditation, and yoga events for wellness, community and communication at The Continuum Music Studio, a local recording studio that he owns. Open to the public with RSVP to keep groups small and connected, the sound healing, yoga, meditation, open communication, music therapy and chakra healing sessions are vital modalities for us all to realign with health, peace, love, and unity during these turbulent times, Walas says.

“Group gatherings are capped at 6-9 people to ensure gatherings are connective. This gives all who attend a chance to heal from within and

make new connections with other like-hearted people,” he says.

Walas explains sound healing as the practice of using music, sacred tones, tuning forks, crystal bowls, chimes, guitars, pianos, acoustic instruments, and worldly spiritual instruments to change the DNA structure in the body. “Sound and vibration is the foundation of our world. When using sound mindfully, with a pure and loving intention, it has been scientifically proven that healing miracles occur within the body, mind, heart, and soul,” he says.

Each session is different and based on a wide range of healing modalities. “The universal need for all human beings is love. We all seek love outside of ourselves. We strive to gain a sense of purpose through our

identity. Self-love is an inside job, and the most important job we will ever have. No one will be able to offer us the love we crave until we can love ourselves in the most profound ways,” he says.

Sound healing stems from the science of Cymatics which is a form of sound therapy that is not applied through hearing, but by instruments that send audible sound waves directly into the body through the skin.

Walas is a graduate of CSUS with BA degrees in Psychology, Philosophy, and Audio. Kriss is a certified Reiki 2 practitioner in Holy Fire. Kriss is an innovator in the fields of sound, intimacy, healing, bioenergetics, Tantra, Reiki, mindfulness, meditation, epigenetics, breath work, relationship coaching, body therapy,



communication, connecting with nature, and personal growth/expansion. Kriss is a student of life and has merged timeless teachings of the East with New Age teachings of the West to guide people to self-realization within their own being and bodies.

The Continuum Music Studio is the largest commercial recording studio in the greater Sacramento area and has been in business helping people heal through music, passion, and creativity since 2010.

To learn more about all the modalities offered visit <https://krisswalas.com/> to learn more about the wide variety of offerings. Walas can be reached at 916-532-1683. Gatherings are on a first come first serve basis.

Keeping our elderly safe

BY MICHELE TOWNSEND

We keep hearing how vulnerable our elderly are when it comes to the Coronavirus. This pandemic has changed all of our lives, at least temporarily, but what else are they doing to keep our residents that fall into the “highest risk” category safe?

The News Ledger checked in with some local senior living and skilled nursing homes and found them to have many of the same answers. The Center for Disease Control (CDC), California Department of Health and the California Department of Social Services have all released a strict list of guidelines. Those places that house seniors are following them to the

letter in order to keep their residents safe.

Reputable senior living establishments always maintain a high quality of cleanliness, but in order to keep our seniors safe they have stated that they have really taken those practices to the next level.

A spokesperson from Margaret McDowell Manor stated, in part, “The MMM staff will keep a social distance from each other in preventing any serious contact during the day and avoiding any contagion possibilities to occur among staff and residents to keep everyone safe and healthy.”

At Eskaton facilities, in addition to the increase in sanitizing and infection control, no meals are being served in the dining room. The activities that are being

held are in groups of no more than 10 people and they are being kept six feet away from each other. We asked if that was difficult to maintain. Betsy Donovan, Chief Operating Officer of Eskaton, stated “There is a lot of one-on-one time right now.”

With the use of tablets, staff is assisting the residents to maintain communication with their families through Face-time, Skype, Facebook,

Twitter, Instagram, texting, etc.

“Communication is key in keeping their spirits up, which aids in keeping the residents in good health”, Betsy said.

There are no visitors allowed except for health-care professionals and family members for the residents at the end of life. No children are allowed at all. In addition to the care of their spirits, all residents are being assessed daily. This includes taking

the resident’s temperature and listening to their lungs for any sign of respiratory issues.

The workforce is a concern as well. When employees leave work, they may be exposed to COVID-19. Senior living administration is concerned not only for the sake of the residents, but they want their employee’s healthy too. For this reason, employees are monitored as well. Every day, before the staff begin their shift, they are assessed and screened. They are asked if they have traveled, been in or around a group of

10 or more people, or if anyone in their families have. The staff member’s temperature is taken and they are checked for any respiratory issues.

Betsy said, “It is important that people understand that these restrictions are important for resident, staff and visitor health as well. We will continue being diligent and doing everything we can to assist our residents through safe practices and technology so that communication can continue. We will continue doing this until the CDC says that the restrictions have been lifted.”

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Matsui applauds passage of third COVID-19 aid package

Congresswoman Doris Matsui (D-CA), a senior member of the House Energy and Commerce Committee and Subcommittee on Health, issued the following statement on the passage of the Coronavirus Aid, Relief, and Economic Security (CARES) Act.

“The COVID-19 pandemic has caused unprecedented uncertainty and created new challenges for all Americans. This virus has threatened the health

and livelihood of countless families and we owe it to them to provide a strong and direct response” said Congresswoman Matsui, Sacramento’s voice in Congress. “This bill provides new resources to contain the virus, support workers, and keep our economy moving. I will continue to fight to get the full power of the federal government behind the Sacramento region during this difficult time.”

The CARES Act includes the following provisions:

For fighting the coronavirus, this bill includes a \$200 billion investment in hospitals, health systems and health research, and \$150 billion for state and local governments.

For workers, this bill secures a \$260 billion investment in Unemployment Insurance benefits to match the average paycheck of laid-off or furloughed workers. It

also secures an additional 13 weeks of federally-funded benefits to be made available immediately.

For small businesses, this bill includes a \$377 billion infusion of fast relief for small businesses and makes rent, mortgage and utility costs eligible for SBA loan forgiveness.

For students, this bill directs \$30 billion to emergency education funds and eliminates

the income tax on student loan repayment assistance by an employer.

This third package builds on two bills already signed into law:

\$8.3 billion the House passed for preparedness, prevention and more, and

The Families First Coronavirus Response Act, to help families stay healthy and make ends meet during the crisis.

This 'n' That

Continued from page 1

and was grieving. The laundry piled back up again.

Now, knowing I was impacted by this Covid-19 virus, she was calling to tell me she was coming to get my laundry. She and her daughter loaded up four full baskets. Took them home. Washed, dried, folded and brought them back. Shook her head when I tried to pay her. I insisted, and said, "I won't let you help me unless I can pay you." Such a good girl. She's in my prayers and I'm in hers.

In the last few days, the young man who sometimes boards my dog called to see if I need eggs or milk. With so many of his clients now working at home, they no longer need doggy day care. He's lost 70 percent of his income. Worse, he was scheduled to connect with his wife near Russia next month to finalize the adoption of their son. Seven years they've been working toward this. Because of the travel ban, he can't go. Yet he checked on me to see if I needed food.

The other day at Walmart to check on a pain prescription, I saw a young mom with a small daughter. In her cart, she had

toilet paper and paper towels! Noting my envy, she stopped, smiled, and said, "Go straight through to the back to the doors by the baby department, but you better hurry," and she smiled again. My relief was obvious in my 'Thank you!' (The hoarders have lots of TP, paper towels, and water. Other people, not so much.)

And then, at the Raley's, I'll never forget the help I got from West Sac firefighters when, moron that I am, I locked my car keys in my trunk. I remembered WSFD came with a jimmy stick some years back when a tenant in my seniors complex locked her keys inside her car, so I called 9-1-1. WSPD Dispatcher Corinna (not sure of spelling) was empathetic. She could hear the panic in my voice. She called the station to see if they could come. Then called me to say that they were coming.

As two worked at opening a car door, another shared with me that fire fighters, too, are quarantined. They're not to leave their fire stations except for emergencies, he said. When they get back, they're to drop their gear at the door, shower, and then clean the gear before it comes back in the station. There's no training during the 'shelter in place' order, either, just like

at the CHP academy. Only CalFire recruits are training still. (Before long, they'll be fighting wildfires.)

In Raley's parking lot, these West Sac firefighters from Station 41 had to be sweating bullets inside that gear. Retrieving my keys was quite a project which included emptying my trunk to be able to crawl through it. With keys again in hand, I told my heroes: "I would hug you *all* – but we're not allowed to." I've always loved our West Sac first responders.

Now, on the bright side, thankfully the 'stay home' order does not preclude outdoor exercise. People are walking their dogs, riding their bikes, looking at one another from six feet apart to exchange sympathetic smiles.

I watched from the landing to my apartment as two little girls across the street put finishing touches on their sidewalk chalk drawing. Dad was doing lawn work. Mom was watching from a lawn chair. I like this friendly family. Last month, I bought Thin Mints from the little girls. Their mom looked up, saw me admiring the sidewalk art and waved. I waved back, exclaiming, "Beautiful! I love it! The upside to this (self-imprisonment) is



Courtesy photo

Sidewalk chalk art, like 8-year-old Anastasia's, is popping up throughout West Sacramento as parents creatively engage their children.

stuff like this!" She smiled and nodded.

So Saturday Evening Post. So Americana. So “We’re all in this together.” For most, it’s an opportunity to be thoughtful. To be kind. And listen to this! The owner of the Ledger got in touch to ask me whether, with paper towels so hard to find, would old newspapers work to clean the lizard tanks! If so, he said, he’d see I got some!

Now, can you beat that. I am happy.

Carol Bogart is hopeful that by mid-April, with the traditional end of cold and flu season, this virus will die a nat-

ural death. If, as some predict, it will show up again this fall, we'll have an arsenal to combat it – from a 'fast' test (1 hour turnaround) to confirm or rule out you have the virus, to sufficient ICUs and ventilators for those who have the virus in their lungs. Meantime, Covid-19 survivors may be producing antibodies science can use to protect those not yet infected. Potential medications and at least one vaccine already are in the works. Until we get the all-clear, though, please don't become complacent. Protect yourself – and others. Comments? Contact Carol at carol@bogartonline.com.

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Puzzle Solutions

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Answers

S	I	E	N	N	A		P	E	D	A	N	T		A	D	M	I	R	A	L						
I	N	L	I	E		E	N	A	M	O	R		D	I	O	C	E	S	S	E						
C	O	M	P	U	T	E	R	D	R	I	V	E		A	S	S	E	N	T	S						
E	N	O		F	O	R	T	O		S	A	N	S		H	E	A	T	H	S						
M	E	S	S		P	A	U		C	H	E	C	K	E	R	S	G	A	M	E						
			P	O	I		R	B	I		H	O	P	A		E	L	A	N							
			S	H	U	F	F	L	E	B	O	A	R		R	A	G	U								
			T	A	P		T	O	T	S		T	O	P			S	C	U	B	A					
			L	I	S	B	E	T	H			M	E	G	A			S	T	E	R	N	E	R		
			O	R	T	O	N			F	R	I	S	B	E	E	T	H	R	O	W	E	R			
			C	A	B		A	B	E	A	D		I	S	L	E		N	A	M						
			C	A	R	B	R	A	K	E	S		S	Y	S	T	E	M		H	E	R	O	N		
			A	R	T		L	E	S	S		P	E	L	E			E	R	O	S	I	V	E		
			M	E	S	E					Y	A	O		A	G	N	E	W		L	I	E			
							L	M	N	O		R	E	C	O	R	D		P	L	A	Y	E	R		
			T	O	N	I		A	I	D	S		A	L	A		A	S	I							
			S	P	I	N	A	L		C	O	L		C	O	L			B	L	Y		M	P	A	A
			H	E	C	U	B	A			R	O	N	A		O	B	A	M	A			O	N	S	
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			T	R	E	S	S	E	D		S	T	E	N	O	S			T	E	A	S	E	T		

Weekly SUDOKU

Answer

8	6	4	3	7	1	5	2	9
3	1	9	5	2	6	4	8	7
2	5	7	8	4	9	1	3	6
1	3	8	6	9	2	7	4	5
7	9	5	1	3	4	8	6	2
6	4	2	7	8	5	9	1	3
5	7	1	4	6	3	2	9	8
4	2	6	9	5	8	3	7	1
9	8	3	2	1	7	6	5	4

OP-ED

Trump’s new drug pricing plan isn’t “the best deal” for patients

BY KENNETH E. THORPE

President Trump will soon unveil a new plan to reduce drug prices. The proposal would indeed slash Americans’ pharmacy bills -- at least temporarily. But those savings would come at the expense of patients’ access to cutting-edge drugs. The reform would also jeopardize future medical breakthroughs.

The administration’s proposal would restructure Medicare Part B, which covers advanced, physician-administered medicines that treat serious chronic diseases like cancer and multiple sclerosis. On average, Part B drugs cost 80 percent more in the United States than in other developed countries.

Why do Americans pay more for the exact same medicines?

Simple -- the United States doesn’t impose price controls on pharmaceuticals; other nations do. Many foreign regulatory agencies won’t even make medicines available to patients unless manufacturers offer enormous discounts.

As a result, patients in those nations have fewer treatment options. Consider cancer therapies. Ninety-five percent of all oncology medicines approved anywhere in the world between 2011 and 2018 were available in the United States. By contrast, patients in the United Kingdom and France had access to only 74 percent and 65 percent of those treatments, respectively.

Inexplicably, the Trump administration wants to copy Europe’s anti-patient policies.

Under the administration’s proposal, Medicare would reimburse doctors based on an “international pricing index” -- essentially an average of the prices paid in other countries, including Canada, France, and the United Kingdom.

Indexing Part B reimbursements to these countries’ prices would effectively import their access restrictions too. It’d deprive the sickest, most vulnerable Americans of their medicines.

The proposal would also discourage medical innovation.

Drug development is a challenging, expensive endeavor. It costs almost \$3 billion, on average, to bring just one new drug to patients. And nearly 90 percent of all medicines that enter clinical trials ultimately fail to win FDA approval.

But if the United States adopts price controls, companies won’t pursue as many research projects. The meager potential returns wouldn’t justify the considerable risks.

A slowdown in medical innovation would jeopardize U.S. health gains. In the past three decades, cancer death rates have fallen 27 percent. Roughly three-quarters of those survival gains are attributable to new medicines.

By limiting patients’ access to existing drugs and discouraging the development of future ones, the proposal would make it harder for Americans to manage their conditions and avoid costly complications. According to a study by my organization, the Partnership to Fight Chronic Disease, new medicines could avoid \$6 trillion in healthcare costs and prevent 16 million deaths by 2030.

The administration’s proposal condemns Americans to the same life-threatening access restrictions that patients in other countries endure. It’s a lousy deal.

Kenneth E. Thorpe is a professor of health policy at Emory University and chairman of the Partnership to Fight Chronic Disease.

Ignite Immunity, Clean Naturally

When life gives you lemons, use them to boost your immune system and clean and disinfect your home.

among the increasing number of Americans keen on natural solutions to boost immunity these days, you may be glad to know the answer may be right in your refrigerator—or should be. Loaded with vitamin C and zinc, and with key antioxidant qualities, Limoneira Lemons can play a vital role in helping the immune system adapt to new threats and conditions.

Experts have cited lemons as a way to “reduce the risk of complications from a cold or flu, and reduce inflammation in the body.” Experiments have also found that lemon juice can destroy the bacteria of malaria, cholera, diphtheria, typhoid and other deadly diseases.

Lemons are also a boon to any kitchen or DIY beauty routine—plus, they’re a handy sustainability tool. Use them to make life simpler without investing in potentially toxic chemicals or overpriced solutions. In fact, beyond their immunity-boosting benefits, lemons provide natural antibacterial and antiseptic properties that let you



clean and disinfect your home, naturally.

Here’s how to create a useful all-purpose cleaner for your kitchen and bathroom that can help your house smell spring fresh all year: Combine equal parts lemon juice and water in a spray bottle.

You can use it nearly anywhere. For wood surfaces, create a polish by mixing one cup of olive oil and one-half cup of lemon juice. Test it first on a small spot.

For other “green cleaning” with lemon tips, visit www.Limoneira.com/cleaning.

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of Local Places of Worship**

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<p>Seventh Day Adventist Church</p> <p>Sasa Andelkovic, Senior Pastor 2860 Jefferson Blvd., W. Sac. PO Box 447, W. Sac. 95691 Sat. Sabbath School 9:30 a.m. Worship 11 a.m. 372-6570</p>	<p>American Buddhist Seminary Temple</p> <p>Learn how to practice mindfulness meditation for your everyday happiness in small groupsetting. Free Community Service. Sundays - 8:30-10 a.m. 423 Glide Avenue, West Sac 916-371-8535 www.abstemple.org</p>	<p>New Seasons Church</p> <p>Your Church in West Sacramento Pastor Ron Jackson Sunday 10 a.m. service Westfield Elementary School 508 Poplar Ave., West Sacramento 916-265-4025 pastorron@newseasonsws.com www.newseasonsws.com</p>
<p>West Sacramento Baptist Church</p> <p>Sun. School - 9:30 a.m. Sun. Worship - 11 a.m. Wed. Prayer Meeting & Bible Study - 6:30 p.m. 2124 Michigan Blvd. 371-2111</p>	<p>Our Lady of Grace Catholic Church</p> <p>911 Park Blvd, West Sacramento Office: 916-371-4814 Fr. Mathew Rappu, Pastor Mass: Mon, Tues, Wed 7 AM Fri 8:30 AM at OLG school during school year Sat: 5:30 PM vigil Sun 9 AM, 11 AM, 4:30 PM Reconciliation: Sat 4:45-5:15 PM</p>	<p>Looking for a place to worship?</p> <p>Check here first! To find out how to list your place of worship in this directory, call 916-371-8030 for more information.</p>

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