

Medway HS Performing Arts Dept. receives new piano

Purchase possible with '88 Keys for Kids' fundraising, town donation



The Medway High School Performing Arts Department received a new donated piano. (Photo courtesy Medway Public Schools)

Medway Public Schools Superintendent Armand Pires and High School Principal John Murray are pleased to announce a new piano has been purchased following a funding campaign and a donation from the Town of Medway in support of the high school's Performing Arts Department.

The purchase of the piano, a Kawai GL20 grand piano, was funded through the Medway Friends of the Performing Arts' annual campaign which included an additional component: 88 Keys for Kids Campaign. Additional funds for the performing arts were generously allocated by the Town

of Medway.

The new piano replaced an upright electric keyboard that had outlived its useful life after years of use. In addition to the piano, the high school will also be purchasing new choral risers and portable acoustical shells. The new equipment will primarily be used in music and theatre productions, and will bring enhanced professionalism to the school's performances.

The 88 Keys for Kids Campaign was largely supported by the Town of Medway and the Medway High School Foundation for Education. Individual and family contributions were also made. In total, the campaign received over \$35,000 in donations.

"We are very excited for our students to have the opportunity to use this new piano," said Principal Murray. "A big thank you to everyone who generously donated and contributed to making the Performing Arts Department a greater experience for all."

An official unveiling and recognition of the campaign's donors will be held at a later date.

Source: www.medwayschools.org



On Aug. 23, Stephen Bigelow, Maryann Ziemba, Michelle Jones, Mark Caulfield, Glen Panciocco, Sara Ames, Tom Ingraham, Ally Fillebrown, and Becket Lung volunteered at Cradles to Crayons as part of Millis High School Back to School Faculty Volunteer Day. Courtesy photo

Millis teachers give back to their community

By KAITLYN RICHARDS
STUDENT WRITER

On Aug. 23, as summer was winding down, several Millis teachers were volunteering at Cradles to Crayons in Newton, as part of Millis High School Back to School Faculty Volunteer Day.

Cradles to Crayons is an organization dedicated to providing affordable clothing for children who may not have access to inexpensive clothing.

Stephen Bigelow, an English

CRADLES

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Benefit concert for Millis math teacher with brain cancer

On Friday, Oct. 6, the Niagara Coffee Haus will present a benefit concert for Millis educator Michelle Shepardson dur-

The Niagara Coffee Haus is located at Niagara Hall, 8 Exchange Street, Millis. Doors open at 6:30pm. The concert



Michelle Shepardson is a middle school math teacher and a single mother of two teenage boys. She has been diagnosed with a third bout of cancer. Source: GoFundMe

ing this challenging time. Mark Femino & Friends will be performing a selection of covers and original tunes. We are coming together as a community to show support for Michelle and her sons. Yellow 45, a local '70s music tribute band and Blues in the Corner will open the night.

starts at 7pm. A second show may be added at 9:30, if the first show sells out. Tickets are available at www.eventbrite.com/e/715593217577

To learn more about Michelle's GoFundMe, visit www.gofundme.com/f/shepstrong-for-michelle-her-boys

CRADLES

continued from page 1

teacher at Millis High School said, when the teachers arrived for their two-hour shift, "We had an orientation with a number of other volunteers, they explained the organization to us, and then we were broken into groups where each station had a different section within the warehouse. We ended up in an area where we were sorting through donated clothes, shoes, and other similar items. We then decided if they were worthy of being kept and given out to people. If they were, we then sorted them by age and gender."

Millis teachers believe community service is important to model for young people.

"It is important to volunteer not only as people ourselves, but as models for our students. Young people look up to us so to see us out there serving the community and doing our civic engagement whether it be helping others or voting, we serve as models for our society," said Maryann Ziemba, a Social Studies teacher at Millis High School.

At the end of the volunteer



Before the start of school, several teachers volunteered at Cradles to Crayons as part of Millis High School Back to School Faculty Volunteer Day. Courtesy photo

session, the groups came back together and the organization reported real-time data on how the volunteers' time would impact the community; they left knowing what type of impact they made on the organization and community.

All the teachers who volun-

teered plan to do something similar to this in the future, whether at Cradles for Crayons or something more local.

For more information about Cradles to Crayons, including donations and volunteer opportunities, visit www.cradlestocrayons.org/boston/

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LGBTQ History Month recognized Oct 22nd at First Universalist Society in Franklin

In recognition of October as LGBTQ history month, First Universalist Society in Franklin is pleased to invite all to two opportunities on Sunday October 22, 2023 to honor LGBTQ individuals and allies alike. At 10:00 am, our worship service will focus on the contributions of LGBTQ folk to our religious tradition and society at large. Then from 11:30 am – 1:30 pm we will view a movie described as a teen romance/comedy. This sweet movie explores teen relationships, connections and the nature



of love. Following the 1 hour and 44 minute movie there will be an opportunity for discussion and conversation. First Universalist Society in Franklin is located at

262 Chestnut Street, Franklin. For more information, please contact our interim minister, Rev. Bev Waring at Minister@FUSE.org or 508-528-5348.

Calling all Milford High Football 80s Super Bowl Champ Alumni

Calling all Football Alumni and families from the MHS 1983, 1986, 1987 Superbowls. It's an 80s bowl Homecoming! Friday, October 27th starting at 4:30pm under the "Catwalk" (today they call it the courtyard) at Milford High.

The Football Gridiron Club is hosting a gathering with food and beverages before the 7pm game. We would like to announce your names and have you meet at the 50 Yard Line for a huge round of applause from your fans, friends & family.

1983 is the undefeated football legacy from MHS and a Hall of Fame Team, 40 years ago beating

Leominster in the Division 1 Central Mass Super Bowl 21-13! (electrifying fans, players & coaches, it was a spectacular game) guts and glory!! 1986 Div 1 CMass Super Bowl team beat Maynard 38-6!! (It was insane!)

1987 Div 1 CMass Super Bowl team beat Algonquin 35-0!! (Unbelievable game!)

Please let me know you can make it and we will put the roster, food and gift list together!

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Norfolk coach authors "Obnoxious Parents and Ruthless Coaches," a book about baseball gone awry

By GRACE ALLEN

Randy Corwin's book, "Obnoxious Parents and Ruthless Coaches" is a compilation of true stories of bad behavior by parents, fans, and coaches in recreational leagues locally and across the country.

Corwin, 67, is a Norfolk resident with years of experience coaching and officiating in youth baseball games has written a book about the damaging role adults can play in kids' sports.

He once needed a police escort to his car after officiating a game.

Corwin has coached and umpired Little League and Babe Ruth baseball games for a combined 25 years now. The book took him 12 years to write, plenty of time to gather stories that deftly illustrate how problematic adult over-involvement in kids' sports can be.

His goal, he said, was to point out that seemingly well-inten-

tioned parents and coaches are ruining a kids' game by competitive, intense behavior and over-complicated organization.

"I found that even in the local recreational baseball league, where winning is supposedly not the priority, so many coaches and parents were taking these games way too seriously," said Corwin. "I saw coaches doing anything to win games, from cheating, to trying to 'stack' their team, to benching the weaker players while the stars played every minute."

The book details instances of parents almost starting a brawl in the bleachers, coaches getting into fights with each other, and adults screaming at Little Leaguers who dropped a fly ball.

While some stories might leave the reader shaking their head, others illustrate the earnestness of competitive parents fixating on a child's game in the unspoken hope of a college scholarship or a professional contract for their offspring. The risk of burnout for these kids is real, says Corwin.

He points out that Little League is geared for boys and girls ages 9-12, and that parents and coaches forget that, for previous generations, baseball used to be a simple pickup game, no adults allowed. He says it has now evolved into an almost-unwieldy apparatus that employs a draft,

pages of rules, a code of conduct for spectators, and all sorts of political machinations designed to field teams that coaches secretly hope will dominate the league.

The real losers here are the kids, argues Corwin.

"What really bothered me about all the things I saw was that the kids look up to the coaches and parents at this age," he said. "They watch what their coaches do in game situations. They watch how their parents conduct themselves at the games. And that's how they learn to conduct themselves, not just on the field but in real life."

After his own children aged out of youth sports, Corwin turned to umpiring as a way to stay involved with baseball, eventually running the Norfolk youth umpiring program up until two years ago. He still umpires close to 150 games a year.

Corwin is a member of the Central Massachusetts Baseball Umpires Association (CMBUA), and says the bad behavior by adults in youth sports has also

impacted the number of officials certified to umpire and referee games. When he first joined the CMBUA in 2011, there were

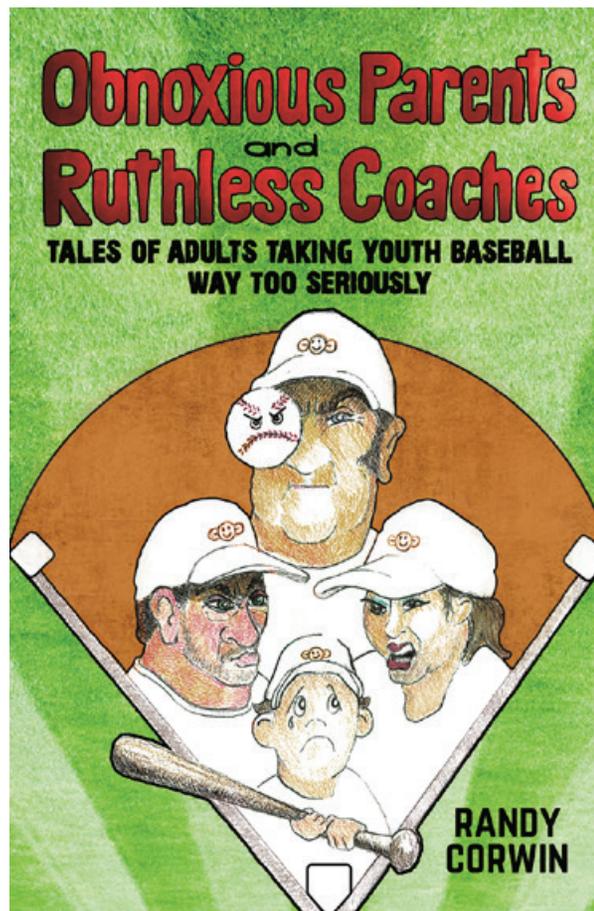
Little League games because of threats of violence towards them. In May, referees and umpires rallied at the Massachusetts State House, asking for stronger protections from parents and fans at youth sporting events. Several bills are now pending on Beacon Hill that seek to impose strict penalties on anyone verbally or physically harassing sports officials at kids' games.

In the book, Corwin uses humor and sarcasm to deal with serious situations. He has always enjoyed youth sports because he believes they teach valuable life lessons, including how to handle adversity.

"It's always more fun to win than to lose," he acknowledged. "But you have to learn how to win graciously, lose with dignity, and when you disagree with some-

thing that may happen in a baseball or football game, you have to learn to accept what the authority figure has ruled and move on. Because that's the way it is in life. You can't challenge everyone you disagree with to a fight in the parking lot."

For more information, or to contact the author, visit www.obnoxiousparentsandruthlesscoaches.com



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175 umpires, but there are only 92 members left today. He says that, ironically, by badgering officials, parents and coaches are only hurting themselves and the kids, because youth umpires and referees are now quitting in high numbers, says Corwin. And they are the pipeline to licensed officials, so high school games get impacted, too. Earlier this year, umpires in Taunton stopped officiating

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Howl-O-Ween 2023 to take place on Oct. 7

The Town of Medway, Medway Parks and Recreation and Millis/Medway Animal Control will host the second annual doggy costume parade on Saturday, Oct. 7, from 1 p.m. to 2 p.m. at Oakland Street Park.

Join the event for a dog-gone good time where you will have vendors, photos with your pet, make your own dog bandana, doggie bobbing for apples, and a doggie costume parade to wrap up the event. There will be a First-Place prize for our most spooktacular pet.



fixed-length leashes (no longer than 6 ft.) at all times. No retractable leashes, no dogs off-leash.

- This event will be busy, and the weather might be warm. Please ensure your dog is comfortable in these conditions before planning to attend the event.
- Pets must be escorted by someone who is 18 years of age or older.
- Please do not allow anyone to pet or feed your dog.
- Pet owners must pick up their dog's waste.
- No aggressive dogs of any type allowed.
- No dog to dog interactions allowed.

Guidelines:

- All dogs must be current on their vaccinations.
- All dogs must be currently licensed in the Town of Medway.
- Dog owners assume responsibility for their dog's actions for the duration of the event.
- All dogs must be kept on

Entrants must register at bit.ly/MedwayHowloween2023
Source: www.medwayma.myrec.com and Facebook Events

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But figuring out who to call can be a pain. If you contact one of the big haulers, they route you to a phone center where they've never even heard of your town, plus their pricing seems vague and full of extra fees. No wonder you've let the stuff pile up—it's too much of a hassle to get rid of it!

Or you can call Affordable Junk Removal and let a local small business with deep community roots take care of everything.

Jay Schadler started his business in 2003. Back then, it was just him and a beat-up pickup truck taking small jobs and working nights and weekends when he could. As the years

Business spotlight

rolled on, his business grew, but his commitment to customer service never wavered. Now he's got a staff of ten, along with ten trucks, servicing eastern and central Massachusetts and northern Rhode Island.

Affordable Junk Removal specializes in house and estate cleanouts. If your garage, attic, or office is overflowing with stuff, take back your space and let the pros do the heavy lifting.

Jay and his team have handled it all. They've dismantled above-ground pools, hauled away ancient hot tubs, taken down old fencing, and stripped away worn carpeting. They'll come for a single item, or they'll clean out an entire house. And they can take almost anything. They can't accept hazardous



materials, brush, dirt, or concrete, but everything else is fair game for them to take away.

Not everything ends up in a landfill—not if Jay can help it. He first tries to either recycle or donate items. Only after he tries to repurpose items do they end up at the transfer station.

Working with Affordable

Junk Removal is simple. First, you can load stuff yourself if you want by renting a 15-cubic-yard dumpster for a week and chucking up to a ton of your unwanted stuff. If you need to get rid of more weight, then Jay prorates that tonnage—you never pay for what you don't use.

If you don't want to be bothered with the dumpster, they've also got a driveway special where they'll take away a truckload of your unwanted things if you pile it up. Or if you don't want to lift a finger, then you can point at the items, and the team will fill up their truck and haul away your unwanted things. However you do it, you're left with more space and more peace of mind.

Jay and his team beat the big waste haulers on both price and customer service. When you call Affordable Junk Removal, you aren't connected to an anonymous call center. Your phone call goes right to Jay.

And speaking of pricing, Jay is upfront about it. His website shows the truck sizes and prices, so you can save time knowing your costs before you call for an appointment. There aren't

any hidden costs or surprise fees with Affordable Junk Removal.

Affordable Junk Removal is fully licensed and fully insured, and they'll treat your property with care and respect.

They also have a thriving commercial business, working with contractors and roofers to clear away debris and keep the job site clean. They can even handle commercial and residential emergencies with same-day service.

Jay and his family are deeply involved in the community. He and his wife, Christine, run the Corner Market restaurant in Holliston as well as Resellables, a thrift store in Bellingham. It's not uncommon for someone to reach Jay at the restaurant, order a sandwich, and then schedule a junk removal appointment. Yes, the local small business really can handle everything!

For more information, contact Jay Schadler at (774) 287-1133 or visit Affordable Junk Removal online at www.take-awayjunk.com.

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Dr. Boisvert received her medical degree from UMass Medical School in Worcester, where she also completed her post-graduate training in research and orthopedic surgery.

A sports medicine fellow at The Rothman Institute at Thomas Jefferson University Hospital in Philadelphia, Dr. Boisvert worked as a member of the orthopedic staff for many professional sports teams, including the Philadelphia Phillies, Philadelphia Eagles and the Philadelphia Flyers. She looks forward to taking care of patients with a variety of orthopedic issues.



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On Oct. 14, Millis Public Library Friends celebrate 40 years, 'new' building celebrates 10 years

By THERESA KNAPP

On Oct. 14, the Friends of the Millis Public Library will celebrate its 40th anniversary, and will also celebrate the 10th anniversary of the "new" library

12 p.m. Proclamations and Special Guests

Friends celebrate 40 years

When the Friends group started in 1983, they had 15 charter members; two are still active today including Art Payne and Mary Beth Bell.

Payne says, "The impetus for the founding of the Friends was a 1982 comparative library study sponsored by Millis civic organization, The Oak Tree League. Mary Alessi was in contact with area Friends groups during the study and was inspired to found a Friends group for Millis."

Alessi then asked Payne, a professional reference librarian at the Concord Free Public Library for 46 years, to join the group.

Payne recalls two well-attended organizational meetings in the fall of 1983 before the Friends of the Millis Public Library was formally organized in

early 1984. Among its first programs was adopting the Rent-A-Book program (a book program started by the Oak Tree League), a used book sale in May 1984, and sponsoring a lecture about the history of Millis (including a coloring book) honoring our town centennial in 1985.

Today, Payne says, "The Friends are important to me and the community because we augment and enhance library services for patrons of all age groups and sponsor special events and services. Examples include museum passes, a memory cafe for those with cognitive issues, the royal wedding tea, author events and many others. This is so important during these challenging financial times. We also promote literacy and reading through an

annual scholarship and the Millis Reads program."

Library building celebrates 10 years

The Oct. 14 event will also celebrate the "new" library building's current location.

Events will include a scavenger hunt highlighting the many services of the library, a quiz on 40 years of bestselling books prepared by June Kevorkian, a children's concert by Rob Zammarchi, a display of Friends memorabilia, and proclamations from local and state officials. All are welcome.

Says Payne, "Come and celebrate with us and discover the treasures of the Millis Public Library. As I said many years ago in an op ed piece, 'today's library is

The Friends of the Millis Public Library is always looking for new members whose energy and new ideas help to keep the organization vital.

If you love the library, then you are a friend and the group welcomes your ideas and participation.

To learn more, visit www.millislibrary.org/friends or attend their monthly meeting (typically the fourth Wednesday of each month).

more than just books."

For more information, visit www.millislibrary.org or contact friendsofmillispubliclibrary@gmail.com

MILLIS PUBLIC LIBRARY CELEBRATES 40 YEARS OF THE FRIENDS + 10 YEARS IN OUR NEW BUILDING



Saturday, October 14, 2023
10AM - 2PM
MILLIS PUBLIC LIBRARY
961 Main Street
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Please join us as we commemorate 40 years of fundraising and volunteer support for the Millis Public Library and 10 years in our beautiful Main Street building.

10:00am	Welcome Reception & Kickoff
11:00am	Children's Music Performance Rob Zammarchi
12:00pm	Proclamations & Special Guests

Join the scavenger hunt + Check out memorabilia of the Friends throughout the past 40 years + Learn about all the cool things the Millis Public Library has available to loan

WANT TO LEARN MORE?
Contact us at friendsofmillispubliclibrary@gmail.com

building at 961 Main Street.

Festivities will take place at the Millis Public Library, 961 Main St., between 10 a.m. and 2 p.m. and will include:

10 a.m. Welcome Reception and Kickoff

11 a.m. Children's Music Performance by Rob Zammarchi

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Struggling With Acne?

By LISA MASSIMIANO,
LICENSED ESTHETICIAN AND
CERTIFIED ACNE SPECIALIST

If you have been diagnosed with acne and haven't been satisfied with drug store products or the suggested treatment from your doctor, consider seeing an Acne Specialist.

What is an Acne Specialist?

An Acne Specialist is a licensed skin care professional who is specially trained to treat acne using a combination of clinical treatments, home care protocols and regular follow-up during the process of clearing acne prone skin.

Most physicians don't have the time to spend educating patients on the root cause of their acne. They often prescribe oral antibiotics and strong topical retinoids that can leave skin dry, red and irritated. Patients get frustrated with these side effects and stop using the products.

How an Acne Specialist Can Help You.

An Acne Specialist will assess your individual skin type, and the type of acne you have, to develop

a plan of action specifically for you. They will take the time to teach you about the root cause of acne and provide information on lifestyle, diet, medications, and ingredients in makeup and skin care products that exacerbate acne. They help you to get your skin clear and teach you how to keep your acne under control.

For people struggling with acne, it can be frustrating to try and communicate with their doctor on a timely basis. My clients tell me that the best part of working with an Acne Specialist is that we are there for them to answer their questions and provide support while they go through the process of getting their skin clear.

Questions about acne? Email Lisa Massimiano, owner Skin Smart Salon and Acne Clinic at skinsmartsalon@aol.com or call 508 881-1180. Visit the website skinsmartsalon.com for information about Skin Smart's acne program and other services.

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Royal Conservatory of Music Assessment Results Are In!

Another round of RCM assessments has come and gone! At Encore Music Academy and Recording Studios, students of all ages and musical abilities come throughout the year to perform their exams in front of adjudicators who travel from all across Canada and the U.S. in order to administer the assessments.

In addition to academic assessments in music theory, harmony, analysis and history, students perform practical assessments on their instrument of choice. Instruments represented include piano, voice, classical guitar, flute, clarinet, saxophone, drums, violin, and viola. In August, students from all over the northeast traveled to Encore to take their assessments.

The Royal Conservatory of Music Certificate Program provides a recognized national standard of success in music study from beginner to advanced levels. It inspires excellence through individual student assessments that are central to the program, while also supporting teachers with high-quality and innovative resources. The RCM allows students to measure and celebrate accomplishment and track their progress throughout the country. All students and teachers across the United States are invited to participate, and Encore Music Academy is proud to offer these

opportunities at the school and through outreach to the surrounding communities.

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Medway resident named to Simmons University Dean's List

Mariella Johnson of Medway was named to the 2023 spring semester dean's list at Simmons University in Boston.

To qualify for dean's list status, undergraduate students must obtain a grade point average of 3.5 or higher, based on 12 or more credit hours of work in classes using the letter grade system.

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Your Money, Your Independence

Update: Changes to 2024 Catch Up 401(k) Contributions

Since 2019, Congress continues to place a growing number of changes as well as restrictions on Americans' retirement planning.

Passed in December 2022, Secure Act 2.0, which stands for "Setting Every Community Up for Retirement Enhancement," was designed to further improve retirement-saving opportunities.

One would believe expanding personal choices would be an enhancement.

Think again.

Planned changes for 2024.

For Secure Act 2.0, when lawmakers drafted changes to 401k catch-up provisions (currently \$7,500 additional to 401k plans by those over age 50) they "mistakenly" left out specific language. As a result, under their original Section 603, no participant could make catch-up contributions whether on a pre-tax or Roth basis starting in 2024.

This was a big problem.

Congressional leaders said this was not the intended outcome, but instead to broaden the amount of employers offering a Roth option in their 401k plans. Interesting, cause simply mandating a Roth option in 401k plans does this and provides more choice for everyone.

Instead, Congress determined it was best to require individuals who earned more than \$145,000



Glenn Brown, CFP

in FICA wages the previous tax year to make all catch-up contributions on a Roth basis only. Meaning, it eliminated the choice of taking upfront tax break on catch-up contributions for "higher earners" by only allowing these deposits in after-tax Roth accounts.

With this as the only catch-up option available, lawmakers know this pressures employers to update both retirement plans to allow the Roth option AND align payroll service capabilities with retirement plans to identify those who earned more than \$145,000 in FICA wages the previous year.

The cynic in me asks:

- Why is this link being established?

- What's in future laws given these new aligned capabilities?
- When did \$145,000 become the new \$400,000 for "high earners"?

It gets complicated.

Beyond employers, plan administrators and plan/payroll service providers having to update capabilities at additional costs, there are several unanswered questions on how to execute.

For example, what's in place to allow an employer to verify a new employee's FICA wages made the previous year at a former employer? Or what of those who don't have FICA wages and are omitted from the new law, like state and local government employees or partners at a law firm? Ironic or mistakenly omitted?

This led to over 200 entities made up of Fortune 500 companies, firms, and public employers, plus the American Retirement Association and plan administrators including Schwab, Vanguard, and Fidelity to ask Congress for a two-year delay to the Roth catch-up rule to 2026.

IRS delays changes until 2026.

On August 25, 2023, the IRS

released Notice 2023-62 which pushed enactment of Section 603 out to January 1, 2026.

Thus, it is business as usual for 2024 and 2025, while stakeholders work behind the scenes to get compliant. It also gives time for revised Congressional legislation.

Your next steps.

If over age 50, you can continue making catch-up contributions to 401k plans based upon your personal choice of what's best for you now and later in retirement, regardless of income.

Now, don't get me wrong, the Roth 401k selection can have tremendous benefits.

Furthermore, I've actively illustrated to clients the potential benefits and drawbacks to switching to the Roth 401k option. But in the end, it should be about choice for the individual to

do what is best for them in planning for their retirement.

If you don't know which choice is right for you, talk to your Certified Financial Planner.

The opinions voiced in this material are for general information only and are not intended to provide specific advice or recommendations for any individual.

Glenn Brown is a Holliston resident and owner of PlanDynamic, LLC, www.PlanDynamic.com. Glenn is a fee-only Certified Financial Planner™ helping motivated people take control of their planning and investing, so they can balance kids, aging parents and financial independence.

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The b.LUXE *beauty beat*

Get To Know The b.LUXE Experience

BY GINA WOELFEL

As the team that brings you The Beauty Beat each month, we love writing engaging and informative content for our readers and connecting with you to share the latest trends and hot topics in our industry.

But what many of you may not know is that we often find ourselves inspired by our client conversations at our salon. When you're in our chair, we love chatting about your beauty routines, challenges, and goals and use those insights for our monthly topics.

That's why, this month, we'd love for you to get to know the studio behind The Beauty Beat!

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dad. Additionally, our award-winning skincare line from G.M. Collin is an undisputed industry favorite. Our knowledgeable team members are always here to provide product education and helpful recommendations.

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as Monday and evening hours.

Thanks for taking the time to get to know us a little better!

We warmly welcome you to visit our studio located in the historic Medway Mills. It's not just a space. It's a vibrant community of artists where you can connect with like-minded individuals, exchange ideas, unwind, and learn from our seasoned experts. Our main goal is to help you achieve your beauty aspirations because beauty is our business...

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Regular Events:

- Blood Pressure Checks:** A registered volunteer nurse that will provide a blood pressure check every Thursday from 11:00-11:30. Free.
- Cribbage:** Monday and Friday from 9:30-12.
- Rummikub:** Mondays at 1:00 PM
- BINGO:** Thursday at 12:15.
- Free Bread And Pastry:** available daily courtesy of Shaws, Country Kitchen and Blue Moon Bakery.

October 2023 Events:

- Medicare 101 Presentation**
October 11, 2023 at 1:00 PM
Medicare Open Enrollment begins October 15 and SHINE counselor Brian Murphy will be presenting "Medicare 101" on Wednesday, October 11 at 1:00 PM. Learn more about what options are available during the open enrollment period. This is a good opportunity to review your current plan or learn more about what is offered with Medicare. SHINE (Serving Health Information Needs of Everyone) is a program of highly skilled volunteers trained to provide free, unbiased information and confidential assistance to those on Medicare.
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Basket Weaving Class
October 23, 2023, 12:00-4:00 PM
An introductory class to basket weaving and structure to make a small square basket. All supplies provided but bring an old hand towel to work with wet materials.
Cost is \$10 for Millis residents and \$25 for non-residents.
Pre-register by calling the Senior Center

New! Seated Strength And Balance Class
Starting Wednesday, October 11 at 2:00 PM.
Join instructor Pearl Pressman, AFAA certified, for this chair exercise class to enhance strength, increase flexibility and reduce muscle tension.
Cost is \$3.00

SENIOR FLU CLINIC
October 11, 2023 at 10:00 AM
The Millis Board of Health will be hosting this event for Millis seniors. The Fluzone High-Dose vaccine will be available. Pre-register by calling the Millis Public Health nurse at (774) 993-8621.

Taxes And Exemptions With The Millis Assessor
October 31, 2023 at 11:00 AM
Bring your property tax questions to this informative presentation and learn what cost-saving options are available for Millis senior homeowners.

Pizza And Prevention With Millis Fire Department
Monday, October 30 at 11:00 AM

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Grab And Go Lunch From Hessco: Every Thursday from 11:15-12 HESSCO is offering a packed lunch which consists of a sandwich, chips, side salad, dessert, and water for a suggested donation of \$3. Every week the sandwich is different. Week 1: Chicken Salad, Week 2: Turkey & Cheese, Week 3: Seafood

Salad, Week 4: Ham & Cheese, Week 5: Tuna Salad. Please call the Center at 376-7051 by noon the Friday before to order.

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Living Healthy

Understanding Ocular Migraines

By ROGER M. KALDAWY, M.D.
MILFORD FRANKLIN EYE CENTER

Migraines are notorious for their debilitating headaches, but they can also manifest in other ways. Ocular migraines, often misunderstood and underdiagnosed, are a unique subtype of migraine that primarily affects vision. In this article, we'll delve into the world of ocular migraines, exploring their symptoms, causes, diagnosis, and management.

What Is an Ocular Migraine?

Ocular migraines, also known as retinal, visual, or ophthalmic

migraines, are a distinct form of migraine characterized by temporary visual disturbances. Unlike typical migraines, which involve throbbing head pain, ocular migraines primarily affect the visual system. They can be frightening and disorienting, but they are generally not as painful as traditional migraines.

Symptoms

The hallmark symptom of an ocular migraine is visual disturbance, which can vary from person to person. In those shapes can appear when they do not

exist (positive hallucinations) and in other shapes disappear when they exit (negative hallucinations).

Common symptoms include:

Shimmering lights: Perhaps the most recognizable sign of an ocular migraine are the scintillating scotomas which are shimmering or flickering lights that appear in the field of vision. These lights often have a jagged or zigzag pattern and can expand over several minutes before fading away.

Blind spots: Some individuals may experience temporary blind spots in their vision. These blind spots typically last for less than an hour and can occur before or during the headache phase of an ocular migraine.

Blurred vision: Distorted images or a sense of looking through frosted glass may occur during an ocular migraine episode.

Headaches: Although ocular migraines are primarily associated with visual symptoms, some individuals may experience a mild headache after the visual



disturbances subside. However, this headache is usually less severe than typical migraines.

It's important to note that ocular migraines do not result in permanent vision loss. The visual disturbances are temporary and resolve on their own- on average, 10 to 15 minutes later.

Causes

The exact cause of ocular migraines remains unclear, but they are believed to be related to the same underlying mechanisms as traditional migraines. Some potential triggers and factors that may contribute to ocular migraines include:

Vasospasm: Ocular migraines are thought to involve the temporary narrowing (vasospasm) and subsequent dilation of blood vessels in the retina or other parts of the eye. These vascular changes can disrupt blood flow and lead to visual disturbances.

Cortical Spreading Depression: This is a neurological event, which occurs in both traditional and ocular migraines, characterized by a wave of decreased electrical activity in the brain. It is believed to contribute to the visual aura experienced during migraines.

Hormonal Fluctuations, particularly in women, may trigger ocular migraines. These can be linked to menstruation, pregnancy, or the use of birth control pills.

Stress and Anxiety: Emotional stress and anxiety can be migraine triggers for some individuals, including those with ocular migraines.

Dietary Causes: Certain foods and beverages, such as caffeine, alcohol, and processed foods, may play a role in triggering migraines, including ocular migraines, in some people.

Diagnosis

Diagnosing ocular migraines can be challenging because their symptoms often resemble other eye conditions, such as retinal detachment or glaucoma. Therefore, it's crucial to seek medical attention if you experience any unusual visual disturbances. A comprehensive eye examination and medical history review are typically conducted to rule out other potential causes of visual symptoms.

EYES

continued on page 13

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PHOTO CREDIT: ANTONIKA CHANEL ON UNSPLASH

EYES

continued from page 12

In some cases, diagnostic tests like visual field testing, optical coherence tomography (OCT), or imaging of the blood vessels may be necessary to confirm the diagnosis and rule out other conditions.

Management and Treatment

Managing ocular migraines often involves a combination of lifestyle changes, preventive measures, and acute treatments:

Identify Triggers: Keeping a migraine diary can help identify specific triggers or patterns associated with ocular migraines. Avoiding triggers like certain foods, stress, or hormonal fluctuations may reduce the frequency of episodes.

Lifestyle Modifications: Adopting a healthy lifestyle can be instrumental in managing ocular migraines. Adequate sleep, regular exercise, stress reduction techniques, and a balanced diet can all contribute to migraine prevention.

Medications: In some cases,

healthcare providers may prescribe medications to help prevent or alleviate ocular migraines. These can include beta-blockers, calcium channel blockers, or anti-epileptic drugs. Additionally, acute treatments like pain relievers or anti-nausea medications may be prescribed for the headache phase.

Vision Correction: Correcting any underlying vision problems with eyeglasses or contact lenses may improve overall eye health and reduce the frequency of ocular migraine episodes.

Migraine Medications: Some individuals with frequent ocular migraines may benefit from medications specifically designed to prevent migraines, such as triptans or CGRP inhibitors.

Conclusion

Ocular migraines are a unique and often bewildering subtype of migraine that primarily affects vision. While they may not cause severe head pain, the temporary visual disturbances they produce can be disconcerting. It's essential to understand the triggers, causes, and management strategies for ocular migraines to minimize their impact on daily life.

If you experience unusual visual disturbances, consult a healthcare professional for proper evaluation and guidance on managing this condition effectively. By addressing triggers, making lifestyle changes, and, when necessary, using medication, individuals with ocular migraines can often find relief and maintain a better quality of life. Our center and ophthalmologists have state of the art equipment to diagnose and treat many eye problems, including ocular migraines. 7 dedicated eye care providers here to help you in 3 state-of-the-art facilities in Franklin, Milford and Millis. We are available and have Saturday and after-hours appointments. From the basic eye exam to the high-tech surgeries performed locally in Milford, our center is now able to better recognize and manage the problem of ocular migraines and continue to provide world class eye care for the entire family.

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Millis Diaper Drive serves over 300 families

By SOFIA MERCIER
STUDENT WRITER

The Millis Diaper Drive is back! The SAFE Coalition of Millis organized the diaper drive back in 2020 as a way of meeting community needs during the pandemic. With diaper prices increasing by 22% in the last five years, baby products not being supported by financial assistance, and parents willing to donate their kids' outgrown diapers, the coalition had the space, platform, and clientele to open the diaper bank.

Since the beginning, it became increasingly difficult to access diapers due to increase in cost and decrease in employment opportunities. As the diaper drive grew so did the families of the SAFE coalition resulting in a higher demand for diapers. Despite this, over 300 families have donated to, and utilized, the diaper bank.

The SAFE Coalition can use

all types of diapers - baby, adult, and pet - and baby wipes and formula are also needed. Organizers say no other baby items are needed at this time.

As the need for diapers never ceases, the diaper drive is a program the Coalition hopes to continue for the foreseeable future. They hope to continue hosting drives for community

events and are always accepting donations. The mission of the SAFE Coalition is to create no-cost opportunities to community members who are seeking support. While the SAFE Coalition of Millis is based in Millis, they welcome people from neighboring communities as well.

SAFE is a regional coalition of community partners in Western Norfolk County (serv-

ing Franklin, Foxboro, Mansfield, Medway, Millis, Norfolk, Plainville, Walpole, Wrentham and surrounding towns) who have come together to provide a pathway for support, education, treatment options and coping mechanisms for those affected by substance use disorder. For more information, visit www.safecoalitionma.org



Two Franklin High School seniors hold a diaper drive as part of their senior project. Credit: SAFE Coalition

Have you been by the Medway Community Farm Lately?

As Summer turns to Fall and the leaves start to change, stop by the MCF to see some great changes and join in on our upcoming events!

MCF recently received a grant from the Energy Offices of Executive Affairs for a brand new cooler. Their 10 year old cooler has served the farm well

and friends, there will be live music by the Hip Swayers. They will have wine, beer, and cider and will introduce two signature cocktails sponsored by Spicy Water Distillery in Millbury. MCF will also have door prizes and a silent auction to help raise funds for the Farm. By attending Autumn Night Out, you're



but is limping along on its last legs. The cooler will be larger and more energy efficient and will help store more food and keep it fresh. In that same area, Kevin Maley is close to completing his Eagle Scout project to overhaul the wash station area. That, combined with the new cooler, will greatly improve the operations of the farm.

On October 21 from 7:00 to 10:00, MCF will hold a fundraising event - Autumn Night Out, a farm to fork experience. The event will feature a delectable assortment of appetizers prepared by local Medway caterers, Aliquot's. In addition to great food

not only treating your taste buds but also supporting your local farming community. Don't miss out on this unforgettable evening of farm-fresh culinary delights. Tickets are available for \$50 with advance purchase or \$60 at the door - limited spaces available.

The farm is open to the public from dawn to dusk, the farmstand is open Thursday - Sunday. Thanksgiving boxes are available for your holiday planning. Check out www.medwaycommunityfarm.org to learn more about upcoming events and changes. The farm staff invites you to stop in and take a look!

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Medway Senior Center

Lunch And A Movie

Join us for lunch and stay for a movie. We'll supply the popcorn! Show time is at 1:00 PM.

West Side Story will be airing on Thursday, October 12th.

On Thursday, October 26th the film we'll be showing is Hocus Pocus.

Plainville Casino Trip

Join us on Tuesday, October 24th for a return trip to the Plainridge Park Casino in Plainville, MA. The bus will leave the Center at 10:00 AM and return at 2:00 PM. Space is limited; call or stop by the Center to sign up. 508-533-3210

Early Bird Dinner

This month we will be visiting the Horse N' Carriage Restaurant in Norfolk. Van pick-up starts at 3:30 PM. Limited to 14 people so call early to reserve your space.

Talking About Connection

Join us on Wednesday, October 18th at 11:30 am for an exploration on the topic of connection. Brian Dooley, Community Manager at the Dia Feliz Adult Day Health Center in Framingham, will share his experiences from studying a variety of

communication disciplines. Call or stop by the center to sign up for this event (required).

Fuel Assistance

If you were approved for Fuel Assistance last year, you will be receiving a pre-printed application form in the Fall from SMOC (South Middlesex Opportunity Council) for the 2023-2024 heating season. To avoid delays in receiving your benefits, gather all your documents early and schedule an appointment with the Outreach department. We will review everything with you so you can submit your renewal application. New applicants begins November 1, 2023. Income guidelines for Fiscal Year 2023 are \$45,392 for a one person household and \$59,359 for a 2 person household. Call the Outreach department for more information.

SHINE

(Serving Health Insurance Needs of Everyone)

If you would like to make a change to your Medicare plan for 2024, you may do so during the annual Medicare Open Enrollment Period between October 15th and December 7th. If you need assistance with choosing a plan and/or to understand your

current plan, call the Center to make an appointment with our SHINE counselor, Jean Roy. Appointments available in person or over the phone on Wednesdays between 9:00 am and 1:00 pm.

Veterans Agent Meet and Greet

Come to the center to meet our newest veteran agent, Richard Sabonjain, for informal conversation and information on Thursday, October 12th @ 1:00 pm. Sign up at the center to join. Our agent is also available by appointment to meet with veterans one on one to discuss possible benefits and services that may be available. Call 508-429-0629 to make an appointment.

Breakfast has reopened!

Drop in by on Wednesdays from 7:30 am to 9:30 am for a delicious breakfast! Lunch is also provided every Tuesday and Thursday for eat in or takeout. All meals are \$5.00. Lunch needs to be preordered by calling the center.

Taste of Millis: 6th annual event to take place on Oct. 17

The Tri-County Regional Chamber, along with the MetroWest Networking Group, is pleased to announce the 6th Annual Taste of Millis. The event will take place at Encompass Fitness Center and will feature area restaurants offering samples of limited menu items, plus beer, wine and liquor tasting from Liquor World Millis.

The event is open to the public with \$20 admission tickets being sold at the door and online

at bit.ly/TasteOfMillis2023tickets

For more information, visit www.tricountychamberma.org/taste-of-millis.



Source: www.tricountychamberma.org/taste-of-millis

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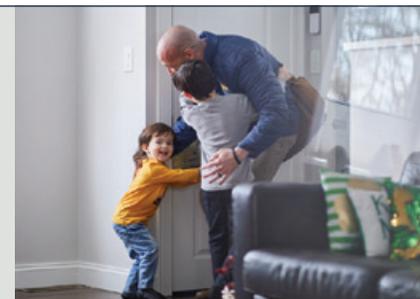


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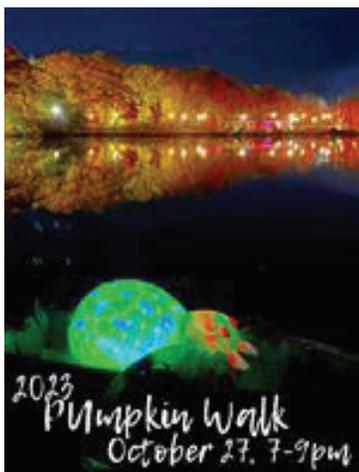
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Medway Pumpkin Walk will be Oct. 27

Join us for a SPOOKTACULAR good time on Friday, Oct. 27, from 7 p.m. to 9 p.m., with a rain date of Sunday, Oct. 29.

Pre-registration will be required again. Registration for Medway residents is now open; registration for non-residents will open on Monday, Oct. 9 at 9 a.m.



There will be no concessions again this year. The playground will not be accessible during the event.

If you would like a pumpkin included in the event, please

drop it off by 5 p.m. on the night of the event under the pavilion at Choate Park labeled and with a tea light candle.

Please remember to bring flashlights as this is a dark event. We will be handing out glow necklaces/bracelets.

We encourage you all to make it an evening of the event and visit one of our amazing Medway restaurants before or after you see the pumpkin walk.

Source: www.townofmedway.org

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"Moon Over Buffalo" Opens In Millis

"Moon Over Buffalo," a comedic farce by playwright Ken Ludwig, opens in Millis Friday, October 27. Additional performances are scheduled for October 28, November 3 and 4 at Millis High School Auditorium, 245 Plain Street, Millis at 7:30 p.m.

If you are looking for a raucous good time, Theatre Group of Millis has got you covered. This is a fun, fast-paced show with a lot of physical comedy, that offers mistaken identity, slapstick, situational and split-second timing comedy.

The play takes place in an old run-down theater in Buffalo. The play centers on a pair of married

actors who have never made it into the big time, when they learn there is a chance at stardom as famed film director Frank Capra is coming from Hollywood to see one of their plays at the theater. They must prepare to impress, and everything that can wrong, goes wrong.

Advance tickets can be purchased at www.millistheatre.org. Advance tickets for adults are \$18, seniors and middle/high school students are \$10. Tickets at the door for Adults are \$20 and seniors and middle school students are \$10.

For further information, please go to www.millistheatre.org.

Make Time to Sew

Yankee Quilters Guild Offers a "Staycation" October 20-22 in Holliston

Do you love to quilt or sew but just can't find the time to make the projects you love? Give yourself the time to sew and surround yourself with fabric and quilters in October.

Yankee Quilters Guild, a local quilt group, invites quilters to reserve a space for your sewing machine at a weekend "staycation" from Friday, Oct. 20 to Sunday, Oct. 22 at Christ the King Lutheran Church, 600 Central Street in Holliston. Participants bring their own sewing machine and projects with tables, irons, and cutting space provided in a large, bright space. A beef

stew dinner on Friday night, pizza on Saturday night, and a bagel lunch on Sunday are included.

The cost for the three-day event is \$90 for non-members or \$35 per day. Members' cost is \$80 for three days or \$30 per day. Advance registration is required. For hours and registration information, contact Anita Stolle at 508-321-1757 or anitasstolle@gmail.com.

For more information about the organization, please follow

@Yankee Quilters on Facebook. Yankee Quilters Guild is a 501-c-3 charitable organization based in Franklin with members throughout the region. The Guild meets on the second Tuesday each month at Emma's



Quilt Cupboard in Franklin, Horace Mann Plaza, East Central Street, Franklin in space generously donated by the store. Donations to the Guild are tax-deductible to the extent allowed by current law.

Medway receives \$150,000 asset management planning grant

The Massachusetts Clean Water Trust's (the Trust) Board of Trustees approved \$168,101,585 in new low-interest loans and

grants at its meeting on September 6, 2023. Below is information on the grants and loans approved at the meeting.

The Trust, in collaboration with the Massachusetts Department of Environmental Protection (MassDEP), helps communities build or replace water infrastructure that enhances ground and surface water resources, ensures the safety of drinking water, protects public health and develops resilient communities. It accomplishes these objectives by providing low-interest loans and grants to cities, towns and water utilities through the Massachusetts State Revolving Funds (SRFs). The SRF programs are partnerships between the United States Environmental Protection Agency and the Commonwealth of Massachusetts. SRFs function like an environmental infrastructure bank by

financing water infrastructure projects in cities and towns across the Commonwealth.

Among the many awards, the Town of Medway received a \$150,000 asset management planning grant.

Other awards around the state included \$146,510,676 for clean water projects; \$19,504,606 for drinking water projects; and \$1,670,803 in lead service line planning grants.

For more information on our different loan programs, please visit the Programs page at <https://www.mass.gov/programs> and for more information on our Loan Forgiveness Program, please visit [https://www.mass.gov/info-details/the-disadvantaged-community-](https://www.mass.gov/info-details/the-disadvantaged-community-program#loan-forgiveness-)

<https://www.mass.gov/service-details/2023-board-of-trustees-meeting-information>. For information on how to apply for an SRF loan, please visit MassDEP's website at <https://www.mass.gov/lists/state-revolving-fund-applications-forms>

About the Clean Water Trust Since its establishment in 1989, the Trust has loaned nearly \$8.25 billion to improve and maintain the quality of water in the Commonwealth. An estimated 97 percent of Massachusetts' residents have benefited from the financial assistance of the Trust.

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Millis residents to participate in Jimmy Fund Walk

Nine residents from Millis will participate in the Boston Marathon® Jimmy Fund Walk presented by Hyundai on Sunday, October 1.

Amanda McGhee, Jonathan Tosi, Amanda Hargreaves, Lisa Scano, Stephen Boudrow, Susan Brennan, Michael Brennan, Kerin Flanagan, and Alisha Jose, along with thousands of other walkers, will participate in the iconic annual event that will unite the community to raise funds to support all forms of adult and pediatric care and cancer research at the nation's premier cancer center, Dana-Farber Cancer Institute. The Jimmy Fund Walk has raised more than \$167 million for Dana-Farber Cancer in its 34-year history, raising a record-breaking more than \$8.8 million in 2022.

Quinn Flanagan, age three, will participate as a Walk Hero for the Boston Marathon Jimmy Fund Walk. Heroes are matched with Jimmy Fund Walk teams to give participants an opportunity to connect with patients. Quinn was diagnosed with Wilms Tumor. Quinn's mom is walking



Three-year-old Quinn Flanagan, was diagnosed with Wilms Tumor and will participate as a Walk Hero for the Boston Marathon Jimmy Fund Walk. Heroes are matched with Jimmy Fund Walk teams to give participants an opportunity to connect with patients. Quinn's mom is walking on her match team, The Mighty Quinn.

on her match team, The Mighty Quinn.

"The Jimmy Fund Clinic provides comfort and reassurance when you need it most," Quinn's family writes. "Quinn loves taking part in fun events to help

other kids just like her."

"Throughout the past 34 years, the Jimmy Fund Walk has continuously supported life-saving research and cancer care at Dana-Farber. The 2023 Walk will be held during the Jimmy Fund's 75th anniversary year and will aim to raise \$9 million in the effort to prevent, treat, and defy cancer," said Zack Blackburn, Director of the Jimmy Fund Walk.

"This year also marks the 35th annual Jimmy Fund Walk. We are eager to get out on the course and see all our outstanding walkers and teams come together to support this great cause."

The Jimmy Fund Walk is the only organized walk permitted on the famed Boston Marathon® course, and participants have the flexibility to choose from four distance options: 5K walk (from Dana-Farber Cancer Institute's Longwood Medical Campus), 10K walk (from Newton), Half Marathon walk (from Wellesley), and Marathon walk (from Hopkinton).

Whatever route walkers

choose, participants will be treated to 10 refueling stations as well as poster-sized photographs of patients – Jimmy Fund Walk Heroes – displayed at each mile and half-mile marker as inspiration. All four routes of the Jimmy Fund Walk will culminate at the Jimmy Fund Walk Finish Line Powered by Schneider Electric. Due to construction in Copley Square, the Jimmy Fund Walk Finish Line location has been moved to the Fenway neighborhood for 2023. Walkers should know that distances may be slightly shorter as we finish the walk in front of Fenway Park. The finish line will include a celebration complete with food, music, and a speaking program.

If walkers wish to participate a bit closer to home, the Jimmy Fund Walk has flexible opportunities. Participants can also join the event virtually by "walking their way" from wherever they are most comfortable—in their neighborhood, on a favorite hiking trail, or on a treadmill at home. Materials to support Virtual Walkers are available.

To register to walk or volun-

teer at the Jimmy Fund Walk, (#JimmyFundWalk) or to support a walker, visit www.JimmyFundWalk.org or call (866) 531-9255. Registrants can enter the promo code NEWS for \$5 off the registration fee. All registered walkers will receive a bib, medal, and a Jimmy Fund Walk T-shirt.

About the Jimmy Fund

The Jimmy Fund, celebrating its 75th anniversary in 2023, is comprised of community-based fundraising events and other programs that, solely and directly, benefit Dana-Farber Cancer Institute's lifesaving mission to provide compassionate patient care and groundbreaking cancer research for children and adults. The Jimmy Fund is an official charity of the Boston Red Sox, the Massachusetts Chiefs of Police Association, the Pan-Mass Challenge, and the Variety Children's Charity of New England. Since 1948, the generosity of millions of people has helped the Jimmy Fund save countless lives and reduce the burden of cancer for patients and families worldwide. Follow the Jimmy Fund on Facebook, Twitter and Instagram: @TheJimmyFund.

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Sports

Medway Boys' Soccer Team has key assets for success

By KEN HAMWEY
STAFF SPORTS WRITER

The 2023 edition of the Medway High boys' soccer team has a variety of strengths that could lead to some exciting moments when the state tournament gets underway next month.



Chris Borden is in his fourth year as Medway's boys' soccer coach. Courtesy photo

And those strengths could also enable the Mustangs to duplicate what coach Chris Borden's forces achieved in the 2021 playoffs when tenth-seeded Medway (10-7-1) advanced to the state semifinals after victories over East Bridgewater, Old Rochester and Stoneham. Norwell, however, ended the Mustangs' run and became the state champ.

"Our team chemistry is solid," said Borden who's in his fourth

year as Medway's coach. "We're a cohesive squad. Our players also have a high soccer IQ and for some it's still developing. We've also got quality leadership and experience. We lost seven seniors to graduation but have 11 players returning with varying degrees of experience."

Borden's team is off to a good start. The Mustangs were 2-1 at Local Town Pages deadline, defeating Norton and Bellingham and losing to Dover-Sherborn. Borden hopes to achieve the goals he listed during pre-season practice.

"I told our players that our prime objective is to win the Tri Valley League Small Division title. Our second goal is to qualify for the tourney with a high seeding and go as deep as possible. Our goals are attainable but also challenging."

Medway's style will feature patience with an eye towards forcing its opponents into mistakes. "I prefer a possession game," Borden emphasized. "We want to react quickly to regain possession and make our opponents uncomfortable. It's all about imposing our style on them."

Two players who'll help implement Borden's style are senior co-captains Ben Martin (midfielder) and Christian Chiplock (forward/midfielder). Both lead by example. Martin had seven goals and three assists last season while

Chiplock had five goals and five assists.

"Ben was a captain and a TVL all-star last year," Borden said. "He's determined, hard-nosed, and passionate about soccer. He's got a high soccer IQ and he's excellent in transition. He disrupts an opponent's attack and makes them work. Christian is very coachable, quick, a great team player with a positive attitude. He's excellent at organizing team activities."

Senior defender Corey Vasco is a competitor who's quick and can create disruption for an opponent. "Corey is athletic," Borden noted. "He can gamble because he's fast enough to recover. He gets involved in our offensive attack. He's also coachable and invested in the team's welfare."

Senior Sam-David Ramos is versatile, able to play as a midfielder or a defender. "Sam-David can transition to offense quickly after regaining possession," Borden said. "He's got good instincts and he's got size. Born in Brazil, he brings a different perspective to the game. He wants to keep improving and we've got high hopes for him this season."

Two juniors — Victor Chaudoir (midfielder/defender) and Nicholas Pierangeli (defender) — are skilled competitors.

"Victor is highly skilled whether he's on defense or playing as a midfielder," Borden said.

"He's quick, tenacious and a well-rounded kid who speaks four languages. He was very effective in the off-season, getting teammates to train and practice. Nickolas is an iron man, rarely missing a minute of play. A skilled player, he's got size, he's athletic and he's intelligent. Reserved and quiet, he lets his play do the talking. He's very consistent."

Junior Kevin MacMahon is in goal again after a top-notch sophomore season that included seven shutouts and a goals-against average of 1.40. "Kevin is great at making difficult saves," Borden offered. "He's effective on one-on-one breakaways and knows when to come out to make a save. His instincts are excellent and he's a team-first player with a great attitude."

Sophomore forward Alex Stott and junior midfielder Nicholas Mazzocca are key contributors.

"Alex knows how to play the game," Borden said. "He's got good instincts around the ball, and tall at 6-2, he's a threat in the air. He's got a high soccer IQ and as a freshman last year he had three goals and three assists. Nicholas is a transfer from Xavierian who has good size (6-1), he's athletic and physical. He's got excellent skills, especially with the ball."

The 45-year-old Borden was a captain and a two-time South Coast Conference all-star when he played soccer at Dighton-Rehoboth Regional. He also played basketball. Before enrolling at Trinity College (Hartford, Conn.), he suffered a severe ankle injury that required three surger-

ies and prevented him from competing as a collegian. He earned his degree in American Studies and later got his masters from Boston University.

A teacher at Lexington High and later at Dighton-Rehoboth, Borden now is in his 10th year on the Medway faculty, teaching economics and history. Previously a coach in basketball and golf at Dighton-Rehoboth, he became an assistant in soccer at Medway for four years before taking the varsity reins. Living in Franklin, Borden is married and he and his wife Kay have two children.

Relying on an athletic philosophy that emphasizes winning, Borden also wants his players "to reach their potential and enjoy playing soccer."

Valuable life lessons can be learned in sports and Borden has a list of those he believes are important. "Players learn how to overcome adversity and to be resilient," he said. "Other lessons that kids can learn are leadership, how to be good teammates and how to deal with different personalities. Another key facet is learning how to react after committing a physical mistake."

Borden's assistants this season are Mike Hanson and new junior-varsity coach Jason Weintraub. The trio no doubt will strive to get the Mustangs to play their best soccer when the tourney arrives.

Having 11 players back from last year's 11-4-3 season is a major plus and, barring injury, that nucleus is capable of making November an exciting time for Medway soccer fans.



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Sports

Support your favorite charity with life insurance.

As Americans, we can take pride in the fact that we are a nation of givers. And as the economy improves, charitable giving is on the rise. In fact, according to the National Philanthropic Trust in 2020 total charitable giving from U.S. individuals, corporations, foundations, and bequests exceeded \$471 billion with 69% coming from individuals.¹

While money may be tight for many Americans, it's nice to know that there is a way to support a favorite charity without having to worry about the impact it could have on your budget. How? By giving the gift of life insurance. Here are just a few ways you can use this proven method to contribute money to your favorite causes:

- Donate an existing policy—If you already have a policy and no longer need the death benefit, you can gift the policy to your desired charity, which may give you some tax benefits. The charity will receive the full benefit amount when you die.

- List the charity as a beneficiary—As the owner, you remain in control of your policy and can leave money to as many beneficiaries as you like: children, grandchildren—even multiple charities. Or, you can name a single charity the sole beneficiary, and it will receive the entire amount.
- Purchase a separate policy—There are times when it makes sense to have separate policies: one for loved ones and one for charitable gifts. This technique can prove especially helpful if you would like to retain ownership of one policy, but not the other.
- Create a Charitable Remainder Trust—While this planned-giving tool is designed to shelter appreciated assets such as stocks and real estate, you can also incorporate life insurance if it's set up properly. Be sure to consult a trusts and estates advisor before pursuing this approach.

Giving life insurance can be a lasting legacy to support causes dear to you. Depending on the method you choose, it may also offer a variety of tax benefits.

This educational, third-party article is provided as a courtesy by Michael Damon, Agent, New York Life Insurance Company. To learn more about the information or topics discussed, please contact Michael Damon at 508-321-2101.

¹“Charitable Giving Statistics,” National Philanthropic Trust, 2021.



<https://www.nptrust.org/philanthropic-resources/charitable-giving-statistics>

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The group meets the first and third Tuesday of the month at 7:30 p.m. Meetings are held at the Franklin Cable TV studios, and can also be attended via Zoom. For more information, contact voiceoffranklin.toastmastersclubs.org

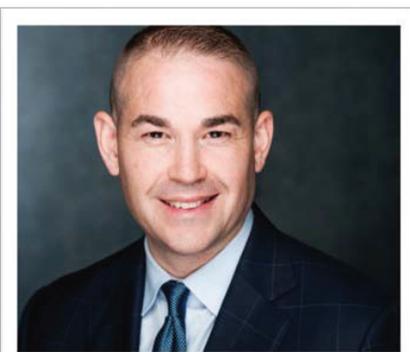
LOOSE SALUTE, a Mike Nesmith/Monkees tribute concert on Oct. 20

On Friday, Oct. 20th, the Niagara Coffee Haus presents LOOSE SALUTE, a tribute concert honoring the legendary Mike Nesmith and The Monkees featuring Mick Lawless and Tom Yates. Relive the magic of Nez & the Monkees iconic music and experience the nostalgia of the 60s in this vintage vibe at the Haus. Opening act, Yellow 45 is a 70s tribute group not to be missed.

The Niagara Coffee Haus is

located at Niagara Hall, 8 Exchange Street, Millis. Doors open at 7:30. The show starts at 8pm. Sponsored by Middlesex Savings Bank. Supported by the Millis Cultural Council.

Email niagaracoffeehaus@gmail.com regarding seating for the disabled. Tickets are available at Eventbrite. <https://www.eventbrite.com/e/713049950597>



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To the registered voters of the Towns of Franklin, Medfield, Medway, Millis, Norfolk, North Attleborough, Plainville, Seekonk, Sherborn, Walpole and Wrentham, Massachusetts,

GREETINGS:

You are hereby notified and warned that the inhabitants of the Towns of Franklin, Medfield, Medway, Millis, Norfolk, North Attleborough, Plainville, Seekonk, Sherborn, Walpole and Wrentham, Massachusetts registered to vote in any of said Towns being the members of the Tri-County Regional Vocational Technical School District, are to meet at their respective polling places, to wit,

In the TOWN OF FRANKLIN, at the Franklin High School Gymnasium, 218 Oak Street, in the TOWN OF MEDFIELD at the Medfield Town House, 459 Main Street, in the TOWN OF MEDWAY at the Medway Middle School Old Gymnasium, Door 8, 45 Holliston Street, in the TOWN OF MILLIS at the Town Hall, 900 Main Street, in the TOWN OF NORFOLK at the Freeman Kennedy School, 70 Boardman Street, in the TOWN OF NORTH ATTLEBOROUGH at the North Attleborough High School, 570 Landly Avenue, in the TOWN OF PLAINVILLE at the Public Safety Building, 194 South Street, in the TOWN OF SEEKONK at the Seekonk High School, 261 Arcade Avenue, in the TOWN OF SHERBORN at the Town Hall, 19 Washington Street, in the TOWN OF WALPOLE at the Town Hall, 135 School Street, and in the TOWN OF WRENTHAM at the Public Safety Building, 89/99 South Street, on Tuesday, October 24, 2023 at 12:00 o'clock noon, to vote by BALLOT on the following question:

"Do you approve of the vote of the Regional District School Committee of the Tri-County Regional Vocational Technical School District adopted on September 20, 2023, to authorize the borrowing of \$285,992,692 to pay costs of designing, constructing, originally equipping and furnishing a new District high school to be located at 147 Pond Street, Franklin, Massachusetts, which vote provides, in relevant part, as follows:

"VOTED: That the Tri-County Regional Vocational Technical School District (the "District") hereby appropriates the amount of \$285,992,692 for the purpose of paying costs of designing, constructing, originally equipping and furnishing a new District high school and related athletic facilities, located at 147 Pond Street, Franklin, Massachusetts, including the payment of all costs incidental and related thereto (the "Project"), which school facility shall have an anticipated useful life as an educational facility for the instruction of school children of at least 50 years, and for which the District may be eligible for a school construction grant from the Massachusetts School Building Authority ("MSBA"), said amount to be expended at the direction of the School Building Committee. To meet this appropriation the District is authorized to borrow said amount, under and pursuant to G.L. c. 71, §16(n), and the District Agreement, as amended, or pursuant to any other enabling authority. The District acknowledges that the MSBA's grant program is a non-entitlement, discretionary program based on need as determined by the MSBA, and any Project costs the District incurs in excess of any grant approved by and received from the MSBA shall be the sole responsibility of the District; provided further that any grant that the District may receive from the MSBA shall not exceed the lesser of (1) fifty-six and fifty-six one hundredths percent (56.56%) of eligible, approved Project costs, as determined by the MSBA, and (2) the total maximum grant amount determined by the MSBA, and that the amount of borrowing authorized pursuant to this vote shall be reduced by any grant amount set forth in the Project Funding Agreement that may be executed between the District and the MSBA. The debt authorized by this vote of the Committee shall be submitted to the registered voters of the District's member communities for approval at a District-wide election to be held on Tuesday, October 24, 2023 in accordance with the provisions of G.L. c. 71, § 16(n) and the District Agreement."

Yes _____ No _____

The polls will be open from 12:00 o'clock noon, to 8:00 o'clock in the evening.

The District Secretary is hereby directed to serve this Warrant by posting an attested copy thereof in at least one public place in each of the Towns of Franklin, Medfield, Medway, Millis, Norfolk, North Attleborough, Plainville, Seekonk, Sherborn, Walpole and Wrentham, Massachusetts, and by publishing a copy thereof at least once in a newspaper of general circulation in the District, said posting and publication to occur at least ten days before the day of election as aforesaid.

The District Secretary shall make due return of this Warrant with his or her doings thereon to the District Secretary, on or before the day of the election aforesaid.

Given under our hands and the seal of the Tri-County Regional Vocational Technical School District this 20th day of SEPT, 2023.

Handwritten signatures of members of the Tri-County Regional Vocational Technical School District School Committee.

Handwritten signatures of members of the Tri-County Regional Vocational Technical School District School Committee.

Tri-County Regional Vocational Technical School District School Committee

RETURN OF SERVICE

The undersigned, Secretary of the Regional District School Committee of the Tri-County Regional Vocational Technical School District, certify that at least 10 days prior to Tuesday, October 24, 2023, I posted or caused to be posted, a true and attested copy of this warrant in the Town Clerk's office in each of the Towns of Franklin, Medfield, Medway, Millis, Norfolk, North Attleborough, Plainville, Seekonk, Sherborn, Walpole and Wrentham, Massachusetts (collectively, the District's "Member Communities"), and in addition, that I caused a copy of the within warrant to be published in one or more newspapers of general circulation within each of the Member Communities of the District on 9/20, 2023, which date was also at least 10 days prior to Tuesday, October 24, 2023, all as required by Chapter 71, Section 16(n) of the General Laws and the District Agreement.

Patrick McMorran, District Secretary

DATE: 9/20/2023

A True Copy Attest:

Patrick McMorran, District Secretary

DATE: 9/20/2023

November 11, 2023 | 4-8 PM | Medway High School

MEDWAY'S DIWALI FESTIVAL

Second Annual Celebration of
The Festival of Lights

Join us for a family friendly night of vibrant music, dance, henna, storytelling, lamp painting and a spread of Indian delicacies in celebration of the triumph of light over darkness!

Free entry, registration required:

A family friendly night of vibrant music, dance, henna, storytelling, lamp painting and a dessert potluck in celebration of the triumph of light over darkness!



www.medwaydiwalifest23.rsupify.com



Fall Faith Education Programs

The First Universalist Society in Franklin is pleased to announce our fall 2023 Children's, Youth and Adult Faith Education programs. We hope that you will join us for all or some of the opportunities. Everyone is welcome, always.

For Children and Youth:

Each Sunday, at 10 am, our children and teens gather in age appropriate groups to explore Unitarian Universalism (UU) values and ideas. This fall:

Ages 6-9 will be exploring UU ideas and values through folk and fairy tales.

Ages 10- 12 will be following the UU faith curriculum, Windows and Mirrors, which teaches that there are always multiple experiences, perspectives and viewpoints and everyone's viewpoint matters.

Ages 13+ "The Breakfast Club" will gather and determine what is important to talk about today, while working as a group and with their adult mentors to plan service projects which engage with the larger congregation and Greater Franklin community (or beyond!).

In addition, on special Circle Sundays our entire group gathers in community to share the experience of creating worship services, artistic offerings like our holiday pageant and our

children's art show, and service projects like our battery recycling drive.

A nursery and social play area for those 5 and under is staffed each Sunday by trained caregivers.

If you have any questions about the faith development programs please contact Diana Tesni, Director of Religious Education at DRE@FUSE.org ; 508- 528-5348 or info is on our website.

For Adults:

Please join us for "Joseph Campbell and the Power of Myth: A Discussion Series".

This series is centered around the groundbreaking PBS six-episode series. World renowned mythologist and professor of religion Joseph Campbell and journalist Bill Moyers discuss myths as metaphors and the path to transcendence in dialogues that adroitly span millennia of history and far-flung geography. We will view each episode, and then engage in a lively discussion of how it moves and inspires us.

The sessions will be held on 6 consecutive Mondays (October 2, 9, 16, 23, 30 and November 6) from 7 PM - 8:30 PM in person at First Universalist Society in Franklin. This discussion series is FREE. Please pre-register by emailing David Gerlits: davegerlits@gmail.com ; 508-446-4453.

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Saturday: 9 a.m. - 2 p.m. **CLOSED** Sunday



Pixie Festival People's Choice Awards

A creative collection of houses built by clever crafters were on display at the Medway Library the month of August. Here are the winners, based on votes from 160 people.



1. by Ruth Flanigan. Photo: Sandy Valpey Cordts



2. by Cheryl Kirk Noll. Photo: Betsy Memishian



3. by Ellen Matlach. Photo: Betsy Memishian



4. by HoffMoff, Harte & Brownell. Photo: Betsy Memishian



5. by Susan Harte. Photo: Sandy Valpey Cordts



1. Pixie College of Art
2. Peacock Place
3. Primary Tooth Recycle Center
4. Book Nook
5. Lighthouse Landing








Millis Police Log

Between Aug. 19 and Sept. 18 (press time), the Millis Police Department spent the majority of its time on traffic control and motor vehicle stops, according to its police logs. They also responded to suspicious activity and disturbances, assisted citizens and other agencies, and handled lost and found. Other entries of note include:

- Aug. 23 at 3:15pm, Main St., breaking and entering past, services rendered
- Aug. 23 at 5:29pm, Exchange St., disturbance, arrest made
- Aug. 23 at 6:09pm, Main St., suspicious activity, logged
- Aug. 24 at 12:21am, Main St., suspicious activity, logged
- Aug. 24 at 1:28pm, Pleasant St., disturbance, logged
- Aug. 24 at 10:35pm, Stoney Brook Dr., "fire, other," services rendered
- Aug. 24 at 11:21pm, Union St., disturbance, logged
- Aug. 25, 13 motor vehicle stops throughout the day
- Aug. 25 at 8:58pm, Main St., motor vehicle stop, arrest made
- Aug. 25 at 9:06pm, Main St., motor vehicle stop, arrest made
- Aug. 26 at 8:28pm, Dyer St., suspicious activity, logged
- Aug. 27 at 9:02am, Pleasant St., larceny/forgery/fraud, services rendered
- Aug. 29 at 1:41pm, Main St., motor vehicle accident with injuries, logged
- Aug. 30 at 7:04am, Main St., motor vehicle accident with injuries, vehicle towed
- Aug. 30 at 10:59am, Exchange St., escort/transport, logged
- Aug. 30 at 1:40pm, Henry Way, burglar alarm, building checked/secured
- Aug. 30 at 5:22pm, Main St. and Park Rd, motor vehicle stop, arrest made
- Aug. 30 at 8:42pm, Pleasant St., motor vehicle stop, arrest made
- Aug. 31 at 8:52am, Main St., motor vehicle accident with injuries, transported to hospital
- Sept. 1 at 12:59pm, Helen Ln, larceny/forgery/fraud, logged
- Sept. 1 at 8:14pm, Main St., motor vehicle stop, arrest made
- Sept. 4 at 11:58am, Middlesex St., disabled motor vehicle, logged
- Sept. 4 at 8:07pm, Main St. and Woodlaw Dr., motor vehicle stop, vehicle towed
- Sept. 6 at 6:08am, Lexington Ln, burglar alarm, building checked/secured
- Sept. 6 at 8:13am, Main St. and Dover Rd, disabled motor vehicle, logged
- Sept. 7 at 1:36am, Exchange St., suspicious activity, services rendered
- Sept. 7 at 5:42am, Main St. and Park Rd, motor vehicle stop, arrest made
- Sept. 8 at 1:27am, Dwight St., suspicious activity, logged
- Sept. 9 at 9:52pm, Ridge St., suspicious activity, building checked/secured
- Sept. 10 at 11:01am, Main St. and Hammond Ln, motor vehicle stop, arrest made
- Sept. 12 at 6:15am, Baltimore St. and Norfolk Rd, "fire, other," logged
- Sept. 13 at 9:09am, Stoney Brook Dr., disturbance, logged
- Sept. 14 at 12:56pm, Main St., breaking and entering past, logged
- Sept. 15 at 4:46pm, Forest Rd. and Birch St., disabled motor vehicle, services rendered
- Sept. 16 at 9:01pm, Orchard St., disturbance, logged
- Sept. 17 at 9:17am, Main St., motor vehicle stop, arrest made

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SOLD

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SOLD

3 Copper Drive, Medway

SOLD

65 Daniels Street, Franklin

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Real Estate Corner

Register O'Donnell Reveals Norfolk County's Top Real Estate Sales 3rd Quarter of 2023

Norfolk County Register of Deeds William P. O'Donnell reported that during the summer of 2023, ten properties, a mix of commercial and residential, sold for more than \$11,000,000, with an average price of \$34,887,000.

The prices on the property to follow concern real estate sales during the period of July 1st, 2023, through September 20th, 2023.

The ten properties were:

10. 108 Bodwell Street, Avon, a 49,090-square-foot industrial warehouse built in 1970 on 6.33 acres of land, sold in August for \$11,250,000;
9. 85 John Road, Canton, a 435,600-square-foot research and development facility on 10 acres, sold in August for \$22,750,000;
8. 206 Grove Street, Franklin, a 150,000-square-foot warehouse and distribution facility, sold in July for \$28,000,000;
7. Wheeler Circle, Stoughton, the 280-unit, 809-room apartment complex, known as Stone Ends Apartments,

sold in July for \$28,972,000;

6. 176 Grove Street, Franklin, a 171,000-square-foot freight-transportation center and warehouse, was sold in July for \$29,500,000;
5. 25 & 40 Kenwood Circle, Franklin, A multi-building storage and distribution center with a combined 200,000 square feet of space was sold in July to Boston Infill LLC for \$37,500,000;
4. 57 Littlefield, Avon, the "Avon Business Center," a multi-building rental unit complex for industrial companies and small businesses, in July for \$47,250,000;
3. Finnell Drive Industrial Park, the 5-building, 246,625-square-foot industrial park located in Weymouth, sold on the last day of August for \$51,000,000;
2. Walpole Mall, which sits on 31 acres of land along the Boston Providence Highway, sold in July for \$71,950,000 to LCR Walpole LLC;
1. 29, 39, & 51 Trotter Road, Weymouth, known as the MIO Apartments, an up-

scale residential studio apartment complex, sold in July for \$94,600,000.

The top sales appear to have been a combination of apartment complexes, retail, industrial and warehouse space, and distribution facilities.

"The industrial and commercial nature of these developments bodes well for the Norfolk County economy, both in terms of employment and revenue," said Register O'Donnell. "This also indicates that Norfolk County is not only a desirable place to both live and work but is also a magnet for business, industry, and trade."

Excise taxes from these 10 sales totaled more than \$1,927,000 for the state and county.

"Despite the overall decline in activity throughout the county, there are still pockets of the mar-

ket here in Norfolk County that are seeing growth and stability, particularly in commercial real estate and certain neighborhoods and property types," noted Register O'Donnell.

Since July 2023, there have been 2,068 property sales re-

"As we head into the fall season, we hope to see similar real estate activity, but higher property prices, relative to relative 2020 and 2021 prices, and a limited supply of new and existing homes, along with the interest rate environment the economy is in, may temper expectations," said Register O'Donnell.

To learn more about Registry of Deeds events and initiatives, like us on Facebook® at facebook.com/NorfolkDeeds or follow us on Twitter® at twitter.com/NorfolkDeeds and Instagram® at Instagram.com/NorfolkDeeds.

The Norfolk County Registry of Deeds is located at 649 High Street in Dedham. The Registry is a resource for homeowners, title examiners, mortgage lenders, municipalities and others with a need for secure, accurate, accessible land record information. All land record research information can be found on the Registry's website www.norfolkdeeds.org. Residents in need of assistance can contact the Registry of Deeds Customer Service Center via telephone at (781) 461-6101 or email us at register-odonnell@norfolkdeeds.org.



corded in Norfolk County, down 21% over the same time period last year. The average sales price for these properties which include, commercial and residential property was \$1,235,419, up 8% from last year.



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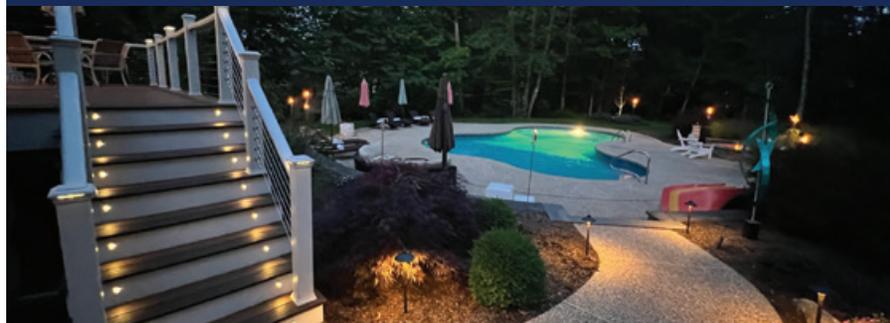
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19 Stable Way, Medway



6 Newton Lane, Medway



42 Hill Street, Medway



4 Woodland Road, Medway



18 Stable Way, Medway



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SCAN ME



Real Estate Corner

Agents of the Month in our Medway office!



Top Sales Agent
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Jodi Kairit
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Jodi@bhhsPagerealty.com
Jodi.bhhsPagerealty.com



Top Listings Agent
August 2023



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REALTORS®
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Candice Beecher 774-696-1998
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Recent Home Sales

Date	Medway	Amount
09/18/2023	103 Holliston Street	\$526,000
09/14/2023	19 Stable Way	\$1.18 mil
09/13/2023	42 Hill Street	\$575,000
09/08/2023	4 Cynthia Circle	\$660,000
09/07/2023	370 Village Street	\$555,000
08/31/2023	8 Waterside Run	\$679,900
08/31/2023	6 Waterside Run	\$649,900
08/31/2023	4 Waterside Run	\$679,900
08/31/2023	2 Waterside Run	\$679,900
08/31/2023	23 Timber Crest Dr., Lot 56	\$863,870
08/29/2023	172 Main Street	\$417,000
08/29/2023	7-7A Charles Street	\$857,000
08/28/2023	36 Timber Crest Dr., Lot 21	\$908,244
08/24/2023	10 Blueberry Hill Road	\$785,000
08/22/2023	7 Pond Street	\$750,000
08/22/2023	11 Main Street	\$749,900
08/21/2023	50 Main Street	\$500,000
08/21/2023	5 Rosewood Drive	\$839,000

Date	Millis	Amount
09/15/2023	421 Union Street	\$750,000
09/15/2023	190 Curve Street	\$750,000
09/14/2023	245 Village Street	\$730,000
09/08/2023	112 Orchard Street	\$762,000
09/08/2023	23 Bogastow Circle	\$891,523
09/07/2023	1 Frontier Lane	\$1.53 mil
09/06/2023	432 Union Street	\$700,000
09/01/2023	16 Heritage Path	\$615,000
08/31/2023	29 Charles Way #219	\$874,697
08/28/2023	24 Ticonderoga Lane	\$650,000
08/28/2023	213 Village Street	\$679,900

Source: www.zillow.com / Compiled by Local Town Pages

Recent Home Sale



The 2 bed, 3 bath unit at 8 Waterside Run in Millis recently sold for \$679,900. Image credit: www.zillow.com

Over 430 homes sold!



SOLD
6 Alice Drive
Wayland - \$1,249,000



PENDING
PlimptonFarm Road
Millis \$939,000



NEW LISTING
5 Conway Road
Millis - \$679,900



SOLD
118 Norfolk Road
Millis - \$775,000



SOLD
24 Hollis Street
Sherborn - \$900,000



NEW LISTING
3 Kristin Lane
Canton - \$875,000

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12 PINE VIEW, MILLIS - \$370k

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 Realtor®, Founder, Broker, ABR, SRS,
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SOLD

\$1,050,000
 5 Rolling Meadow Drive, Millis
 Janine Azzouz



SALE PENDING

\$375,000
 59 Summer Street, Medway
 Laina Kaplan



SOLD

\$901,000
 9 Apple Rock Road, Millis
 Jennifer McMahon



NEW TO MARKET

\$435,000
 4 Mary Ann Drive, North Grafton,
 Laina Kaplan



SOLD

\$611,250
 13 Independence Lane, Millis
 Jennifer McMahon & Janine Azzouz



SOLD

\$851,000
 6 Gray Squirrel Circle, Medway
 Laina Kaplan



SOLD

\$679,900
 213 Village Street, Millis
 Jennifer McMahon



SOLD

\$750,000
 190 Curve Street, Millis



SALE PENDING

\$419,900
 168 Farm St., Blackstone
 Laina Kaplan



SOLD

\$635,000
 244 Exchange Street, Millis
 Janine Azzouz



SOLD

\$750,000
 5 Charles View Lane, Medway
 Jennifer McMahon



SALE PENDING

\$489,900
 60 Boardman Lane, Attleboro
 Jennifer McMahon & Janine Azzouz

WE ARE EXCITED TO ANNOUNCE...

Northeast Signature Properties has been acquired by the reputable company, Realty Executives Boston West. Our Signature Properties Group will become a division of Realty Executives. This new chapter provides us with additional tools and resources allowing for a continued high level of service, commitment and success to our clients!

