

Dogs' best friend, Dick Valorie, treats them well

By Linda Chuss

For seven years, Milford resident Dick Valorie has faithfully walked the Upper Charles Trail near Louisa Lake each morning, providing treats to dozens of friends he encounters – the four-legged furry kind, that is. While walking there one day in September, he provided the backstory.

Nearly all the pets recognized Valorie and expectantly approached him; he knew them too, greeting each dog by name as he handed out their preferred treat, jerky or kibble. He thumbed through some of the pictures on his phone of the hundreds of dogs he has befriended.

It is heartwarming for the people walking their dogs, and through the ritual, Valorie has become friends with many of them too.

"I know more people now, from walking and meeting dogs, than I did from all my



It is not just the dogs, like Lucy, who recognize Dick Valorie, but also the walkers who see him on the Upper Charles Trail every day. Photo by Linda Chuss

years in Milford before that," Valorie said. "And I probably know more dogs than people...It started as an accident. I had treats for my dog, Greta, and she wasn't with me, so I gave them to a dog I saw. It took off from there."

"Dick's the best," said a

group of women walking by on the trail. The four-some had only one dog with them, Lucy, but they clearly all knew Valorie. One woman in the group, Donna, was a schoolmate

VALORIE

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60 Milford Girl Scouts gather at Camp Laurel Wood



Courtesy photo

Milford Girl Scouts celebrated one of their most cherished traditions this September: their bi-annual town wide encampment at Camp Laurel Wood in Spencer, Mass.

Sixty Girl Scouts ranging in

age from 6-18 got together for a weekend of outdoor fun and sisterhood. The girls participated in kayaking & canoeing, camp cook-

CAMP LAUREL WOOD

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Kindness Rocks

SSECC spearheading a Community Service Project



This year, the Shining Star Early Childhood Center (SSECC) preschool will take on a community service project to help spread kindness around Milford.

Please join the Shining Star Early Childhood Center's staff to paint rocks for Kindness Rock Gardens to be placed throughout Milford.

All Shining Star family members are welcome to this fun family event.

When: Tuesday, October 17, 2023

Time: 6 p.m. to 8 p.m.

Where: Milford High School Auditorium

Milford's Jerry Seeco has made music around the world

By Linda Chuss

Everyone attending the Clafin Hill series concert at Milford Town Park on July 11 experienced a special treat as the renowned Jerry Seeco performed with the Milford Jazz Machine. Eighteen accomplished musicians delighted the crowd with favorites like "Fly Me to the Moon" and classics like "Summertime."

Seeco, of Milford, has had a very full lifetime as a musician and instructor, having performed around the globe for six decades.

"Milford is very musical," said Seeco. "When I moved here in 1960, I started a big band and had no trouble finding musicians."

The town's musical roots stretch back to Henry "Boots" Mussulli, a noteworthy 20th century jazz saxophonist from Milford. "We dedicated the show to him," said Seeco, "and his daughter was in the audience, which was special. There are still many great players in town."

As for Seeco's own musical roots, they extend back to



Longtime Milford resident Jerry Seeco is a renowned jazz vocalist, musician, and arranger. Courtesy photos by Ray Drueke

an Army R&B band in South Korea during the 1950s.

"I was a combat radio operator. Someone in Special Services heard me playing and invited me to join the band. We toured the Far East three times doing shows for soldiers."

Closer to home, Seeco taught music in the Franklin and Hopedale school systems.

"Sometimes I get letters from former students, telling me I was an influence." He was also a professor at Berklee College of Music, teaching vocal ensemble and arranging. "I really enjoyed the environment at Berklee. Through teaching the higher-

level arranging classes, I was able to develop myself, too."

In addition to his vocals, Seeco is known for his trumpet playing, and plays five other instruments. He has performed at Symphony Hall, the Boston Globe Jazz Festival, around Key West, and on national morning television shows. In Mexico, he was a guest conductor, and he has arranged numbers for the Boston Pops. Seeco played with many prominent big bands and vocalists, including the legendary Aretha Franklin.

"I've enjoyed all of it – the teaching, arranging, singing, playing. One highlight was returning to Korea for a concert a couple years ago. Phil Yoon, a student I taught at Berklee, was a drummer from Korea and brought me there to perform in an international jazz festival. It was a thrill to see the country's beauty, a huge contrast to when I was there with the Army."

Yoon made a video from the event, "My Dear Jerry Seeco," available on YouTube at bit.ly/DearJerrySeeco

Seeco continues to perform in the area, most recently with Ernie Baraiolo's band at Delvin's in Bellingham. For more information, visit Seeco's Facebook page @jerry.seeco.9.



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Thanks to Yanks participates in Run for the Fallen



Volunteers representing Thanks To Yanks, a local charity whose mission is to serve our military heroes, recently distributed fruit and snacks at the 2023 Run for the Fallen, an event that honors and remembers those killed while serving in the military post 9/11. The picture of the boots with flag placed inside emotionally represents those who gave their life while in service to our nation. For information on Thanks to Yanks, please follow us on Facebook. Pictured left to right facing are local residents Pat Rosenthal, Mark Lafountain, Chaplain Bob Markunis, John Milot and Nancy Boates. Courtesy photos



What's happening now at the Town Clerk's Office:

Town Meeting:

The Special Town Meeting is scheduled for Monday, October 30, 2023. There are still openings in the following Precincts:

- Pr. 1 (1 year term) 6 openings
- Pr. 2 (1 year term) 6 openings
- Pr. 3 (2 year term) 2 openings & (1 year term) 9 openings
- Pr. 4 (2 year term) 5 openings & (1 year term) 9 openings
- Pr. 5 (2 year term) 1 opening & (1 year term) 2 openings
- Pr. 6 (1 year term) 5 openings
- Pr. 7 (1 year term) 4 openings
- Pr. 8 (1 year term) 4 openings

Interested registered voters would need to come to our office to pull nominations and return them to the Town Clerks Office at least 30 days before any scheduled Town Meeting (returned before September 30) for the possibility of being elected at this Special Town Meeting. The only other way to be elected as a Town Meeting Member is to pull nomination papers in January of each year. Interested parties can contact our office in advance to prepare nomination papers.

Alzheimer's support group meets monthly

The Alzheimer's support group "Hearts, Hugs & Hope" takes place on the second Tuesday of each month at 6 p.m. in person at Cornerstone at Milford Assisted Living and Memory Support Community, 11 Birch Street, Milford.

Dealing with Alzheimer's disease and related dementia isn't easy, so it is helpful to share your concerns

and personal experiences with others who completely understand what you're going through. You will also learn about proven strategies to help you better care for your family member.

Call 508-473-0035 to RSVP or contact Director of Compass Programming Jenn Hozempa at jhozempa@cornerstonemilford.com for more information.

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Barlow earns Bronze Award, builds birdhouses on bike trail



Makayla Barlow of Milford Junior Girl Scout Troop #65017 recently earned the Bronze Award, the third highest award in Girl Scouts. Courtesy photo



By Theresa Knapp

Makayla Barlow is a Junior Girl Scout in Troop 65017 in Milford, and this summer she earned her Bronze Award, the highest award a Girl Scout can earn as a Junior (grades 4-5). The project took over 20 hours to complete.

When thinking about a project idea, she observed that there is a loss of habitat for birds due to natural predators and construction activity. Her original thought was to build birdhouses or feeders along the bike trail or in front of senior living homes [and] partner with the Milford Garden Club," according to her application.

Ultimately, Makayla chose to build, paint, and install three birdhouses on the bike trail near Louisa Lake. This project provides habitats for birds, and benefits people who enjoy bird watching and listening to birds sing.

Makayla brainstormed ideas and prepared a project plan. She wrote a letter describing her desired project and submitted

it to the Milford Town Council. Then she scheduled a meeting and met with James Asam of the Milford Parks and Recreation Department to pitch her idea and gain approval.

Asam granted a letter of support and approved the locations of the bird house installations. Makayla then gathered supplies from wood scraps in her family's garage, measured wood, cut, and assembled bird houses using a power drill and screws. She made a total of three bird houses and painted each one. She then installed the bird houses along the Milford Bike Trail at approved locations where thousands of visitors can enjoy them.

In Makaya's Bronze Award Final Report, her troop leader, Sandy Knapp, said that "Makayla learned to organize materials and make a plan, how to use power tools, and work from start to finish on a longer project."

The Bronze Award is the third highest award in Girl Scouts.



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Should you invest ... or speculate?



Mark Freeman

FINANCIAL FOCUS

You'll find some big differences between traditional and speculative investments — and knowing these differences can matter a great deal when you're trying to reach your financial goals.

To begin with, let's look at the basic types of traditional and speculative investments. Traditional investments are those with which you're probably already familiar: stocks, bonds, mutual funds, government securities, certificates of

deposit (CDs) and so on. Speculative investments include cryptocurrencies, foreign currencies and precious metals such as gold, silver and copper.

Now, consider these three components of investing and how they differ between traditional and speculative investments:

The first issue to consider is risk. When you own stocks or stock-based mutual funds, the value of your investments will fluctuate. And bond prices will also move up and down, largely in response to changing interest rates. However, owning an array of stocks — small-company, large-company, international, etc. — can help reduce the impact of volatility on your stock portfolio. And owning a mix of short- and long-term bonds can help you defend yourself somewhat against interest-rate movements. When interest rates fall, you'll still have your longer-term bonds, which generally — but not always — pay higher

rates than short-term ones. And when interest rates rise, you can redeem your maturing short-term bonds at potentially higher rates.

With speculative investments, though, price movements can be extreme as well as rapid. During their short history, cryptocurrencies in particular have shown astonishingly fast moves up and down, resulting in huge gains followed by equally huge, or bigger, losses. The risk factor for crypto is exacerbated by its being largely unregulated, unlike with stocks and bonds, whose transactions are overseen by well-established regulatory agencies. There just isn't much that investors can do to modulate the risk presented by crypto and some other speculative investments.

A second key difference between traditional and speculative investments is the time horizon involved. When you invest in stocks and other traditional investments, you ideally should be in it for the long term

— it's not a "get rich quick" strategy. But those who purchase speculative investments want, and expect, quick and sizable returns, despite the considerable risk involved.

A third difference between the two types of investments is the activity required by investors. When you're a long-term investor in traditional investments, you may not have to do all that much, once you've built a portfolio that's appropriate for your risk tolerance, goals and time horizon. After that point, it's mostly just a matter of monitoring your portfolio and making occasional moves — you're not constantly buying and selling, or at least you shouldn't be. But when you speculate in crypto or other instruments, you are constantly watching prices move — and then making your own moves in response. It's an activity that requires considerable attention and effort.

One final thought: Not all speculative instruments are

necessarily bad investments. Precious metals, for instance, are found in some traditional mutual funds, sometimes in the form of shares of mining companies. And even crypto may become more of a stable vehicle once additional regulation comes into play. But if you're investing for long-term goals, such as a comfortable retirement — rather than speculating for thrills and quick gains, which may disappear just as quickly — you may want to give careful thought to the types of investments you pursue.

If you would like to discuss your personal situation with a financial advisor contact:
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Fabrication: Artist presentation and exhibit highlighted acrylics on textiles

A selection of early New England's natural and historic cultural images by artist Richard Moninski closed on Oct. 9

Richard Moninski fabricates his artwork with acrylics on textiles to depict historical images that reflect the often-complex relations between New England's native peoples and English colonizers during the 1600s. He juxtaposes indigenous flora and fauna with stylized European decorative arts.

The exhibit closed on Oct. 9.

The artist is a native of Webster who now lives in Wisconsin. He graduated from Bartlett High School in Webster and received a Bachelor of Fine Arts degree from UMass Amherst, a Master of Fine Arts degree from SUNY Albany, and studied surface design at the Fashion Institute in New York City. His paintings and drawings have been exhibited nationally.

Moninski combines his interest in the natural world, pre-colonial history, and patterned textiles to create unusual and dramatic images that "pay tribute to the region where I was born and raised, and to recognize some aspects of cultural continuity that make New England a special place."

The Fabrication exhibit has been made possible by a grant from the Janet Malser Humanities Trust.

For more information regarding upcoming exhibits, visit samuelslaterexperience.org/



Corbel and Joe Pye Weed: The plant was named for Mohican chief and herbalist Joseph Shauquethqueat, known to his white neighbors as Joe Pye. Shown with an ornate, decorative corbel. *Courtesy photo*



Ninigret with Pink Camo: The Niantic tribe's leader allied with the colonists during the Pequot war of 1637. *Courtesy photo*

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Milford Regional Physician Group is proud to welcome **C. Brittany Boisvert, MD**. Dr. Boisvert comes to Milford Regional from Emerson Health Orthopedics in Littleton.

Dr. Boisvert is a board certified orthopedic surgeon with over 20 years of experience in general orthopedics and sports medicine. She specializes in ACL and rotator cuff tears, shoulder dislocation, meniscus problems, knee replacements, fracture care, sprains/strains, and ligament and tendon injuries.

Dr. Boisvert received her medical degree from UMass Medical School in Worcester, where she also completed her post-graduate training in research and orthopedic surgery.

A sports medicine fellow at The Rothman Institute at Thomas Jefferson University Hospital in Philadelphia, Dr. Boisvert worked as a member of the orthopedic staff for many professional sports teams, including the Philadelphia Phillies, Philadelphia Eagles and the Philadelphia Flyers. She looks forward to taking care of patients with a variety of orthopedic issues.



C. Brittany Boisvert, MD

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Understanding ocular migraines

By Roger M. Kaldawy, M.D.
Milford Franklin Eye Center

Migraines are notorious for their debilitating headaches, but they can also manifest in other ways. Ocular migraines, often misunderstood and underdiagnosed, are a unique subtype of migraine that primarily affects vision. In this article, we'll delve into the world of ocular migraines, exploring their symptoms, causes, diagnosis, and management.

What Is an Ocular Migraine?

Ocular migraines, also known as retinal, visual, or ophthalmic migraines, are a distinct form of migraine characterized by temporary visual disturbances. Unlike typical migraines, which involve throbbing head pain, ocular migraines primarily affect the visual system. They can be frightening and disorienting, but they are generally not as painful as traditional migraines.

Symptoms

The hallmark symptom of an ocular migraine is visual disturbance, which can vary from person to person. In those shapes can appear when they do not exist (positive hallucinations) and in other shapes disappear when they exit (negative hallucinations).

Common symptoms include:

Shimmering lights: Perhaps the most recognizable sign of an ocular migraine are the scintillating scotomas which are shimmering or flickering lights that appear in the field of vision. These lights often have a jagged or zigzag pattern and can expand over several minutes before fading away.

Blind spots: Some individuals may experience temporary blind spots in their vision. These blind spots typically last for less than an hour and can occur before or during the headache phase of an ocular migraine.

Blurred vision: Distorted im-

ages or a sense of looking through frosted glass may occur during an ocular migraine episode.

Headaches: Although ocular migraines are primarily associated with visual symptoms, some individuals may experience a mild headache after the visual disturbances subside. However, this headache is usually less severe than typical migraines.

It's important to note that ocular migraines do not result in permanent vision loss. The visual disturbances are temporary and resolve on their own on average, 10 to 15 minutes later.

Causes

The exact cause of ocular migraines remains unclear, but they are believed to be related to the same underlying mechanisms as traditional migraines. Some potential triggers and factors that may contribute to ocular migraines include:



Vasospasm: Ocular migraines are thought to involve the temporary narrowing (vasospasm) and subsequent dilation of blood vessels in the retina or other parts of the eye. These vascular changes can disrupt blood flow and lead to visual disturbances.

Cortical Spreading Depression: This is a neurological event, which occurs in both traditional and ocular migraines, characterized by a wave of decreased

electrical activity in the brain. It is believed to contribute to the visual aura experienced during migraines.

Hormonal Fluctuations, particularly in women, may trigger ocular migraines. These can be linked to menstruation, pregnancy, or the use of birth control pills.

Stress and Anxiety: Emotional

MIGRAINES

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MIGRAINES

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stress and anxiety can be migraine triggers for some individuals, including those with ocular migraines.

Dietary Causes: Certain foods and beverages, such as caffeine, alcohol, and processed foods, may play a role in triggering migraines, including ocular migraines, in some people.

Diagnosis

Diagnosing ocular migraines can be challenging because their symptoms often resemble other eye conditions, such as retinal detachment or glaucoma. Therefore, it's crucial to seek medical attention if you experience any unusual visual disturbances. A comprehensive eye examination and medical history review are typically conducted to rule out other potential causes of visual symptoms.

In some cases, diagnostic tests like visual field testing, optical coherence tomography (OCT), or imaging of the blood vessels may be necessary to confirm the diagnosis and rule out other conditions.

Management and Treatment

Managing ocular migraines often involves a combination of lifestyle changes, preventive measures, and acute treatments:

Identify Triggers: Keeping a migraine diary can help identify specific triggers or patterns associated with ocular migraines. Avoiding triggers like certain foods, stress, or hormonal fluctuations may reduce the frequency of episodes.

Lifestyle Modifications: Adopting a healthy lifestyle can be instrumental in managing ocular migraines. Adequate sleep, regular exercise, stress reduction techniques, and a balanced diet can all contribute to migraine prevention.

Medications: In some cases, healthcare providers may prescribe medications to help prevent or alleviate ocular migraines. These can include beta-blockers, calcium channel blockers, or antiepileptic drugs. Additionally, acute treat-

ments like pain relievers or anti-nausea medications may be prescribed for the headache phase.

Vision Correction: Correcting any underlying vision problems with eyeglasses or contact lenses may improve overall eye health and reduce the frequency of ocular migraine episodes.

Migraine Medications: Some individuals with frequent ocular migraines may benefit from medications specifically designed to prevent migraines, such as triptans or CGRP inhibitors.

Conclusion

Ocular migraines are a unique and often bewildering subtype of migraine that primarily affects vision. While they may not cause severe head pain, the temporary visual disturbances they produce can be disconcerting. It's essential to understand the triggers, causes, and management strategies for ocular migraines to minimize their impact on daily life. If you experience unusual visual disturbances, consult a healthcare professional for proper evaluation and guidance on managing this condition effectively. By addressing triggers, making lifestyle changes, and, when necessary, using medication, individuals with ocular migraines can often find relief and maintain a better quality of life. Our center and ophthalmologists have state of the art equipment to diagnose and treat many eye problems, including ocular migraines. 7 dedicated eye care providers here to help you in 3 state-of-the-art facilities in Franklin, Milford and Millis. We are available and have Saturday and after-hours appointments. From the basic eye exam to the high-tech surgeries performed locally in Milford, our center is now able to better recognize and manage the problem of ocular migraines and continue to provide world class eye care for the entire family.

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Antique Appraisal Day Nov. 5

A Free Antique Appraisal Day will be held at Memorial Hall on Sunday, November 5 from 1 – 4 p.m. The featured appraiser will be Eric Mulak, Vice President of Eldred's Auction House, one of the leading regional antiques and fine arts auction houses in the country for 60 years, with locations on Cape Cod and Mystic, Connecticut.

Bring your treasurers for appraisal, up to three items, but no jewelry, please.

This event is sponsored by the Milford Historical Commission as their Annual Open House. Visitors are invited to browse through the Museum to view memorabilia from Mil-

ford's past. Civil War artifacts, military uniforms, the granite industry, boot & shoe, sports, and banks are on display.

The Lyn Lovell Research Room offers a glimpse of our past with Adin Ballou's History, Annual Town Reports, MHS Yearbooks, as well as, Blue Binders filled with interesting articles on various subjects.

The Museum, located at 30 School Street, is opened every Thursday 1 – 4 p.m. and meetings are held on the second Wednesday of the month. For further information please email: Memorialhall@townofmilford.com or call 774-462-3316.

Rummage sale on Oct. 21

The women's club of the Sacred Heart of Jesus Church in Milford is having their 16th Annual Fall Fair Rummage Sale. The fair is on Saturday, Oct. 21, from 9 a.m. to 2 p.m. in the bell tower room hall above the parish school building.

It is free admission, free parking, and handicap, accessible. There will be a rummage sale consisting of jewelry, handbags and accessories, holiday decor and home décor; and also a bake sale and many raffles.

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Do not bag leaves for curbside removal.

If you cover your leaves, the cover must be removed prior to the first day of your scheduled pick-up.
Due to time restraints and inclement weather, we are unable to return for a second pick-up.

If we have finished a route early, we will be jumping ahead to the next route. We will also go through that next route from start to finish again, on their scheduled week.

The Leaf Dump located off Fiske Mill Rd. will be open for your convenience Thursday & Friday 12 - 4pm, Saturday 8am - 4pm,

& Sunday 10am - 4pm. Leaves & yard waste ONLY.

Leaf Removal hours of operation will be Monday through Friday from 7am to 3pm, WEATHER PERMITTING.

If you have any questions or concerns, or do not find your street on the list, please call the Milford Highway Department Office at 508-473-1274, Monday through Friday 7am - 3pm.

OCT. 30 - NOV. 3 2023 (Route #5)

Ackerly St. Agnes Rd. Allen Rd. Amherst Dr. Annie J. Cir. Asylum St. Balian Way Bandy Ln. Bethel Rd. Blanchard Rd. Brookside Ln. Capitol Rd. #6 Caroline Dr. Cherry St. Colonial Rd. #1, 2, 3, 4, 5, 8, 9, & 10 Congress St. - Fountain to N Vine Congress Terrace Cornell Dr. Cunniff Ave. Cypress Rd. Della St. Deluca Rd. Diantonio Dr. Elizabeth Rd. Fern St.

Field Pond Rd. Fiske Mill Rd. Fordham Dr. Freedom St. Gibbon Ave. Glennon Dr. Grace St. Hale Ave. Hancock St. Harding St. High St. Highland St. - West St. to N. Vine Iadarola Ave. Jionzo Rd. John St. Kellett Dr. Lavoie Ave. Legion St. Madden Ave. Madison St. Maria Cir. Memory Ln. Mitchell Rd. Nicholas Rd. N. Vine St. Memory Ln. Mitchell Rd. Nicholas Rd. N. Vine St.

Overlea Ave. Packard Rd. Park Ave. Parkerhill Ave. Paula Rd. Pleasant St. Princeton Dr. Reagan Rd. Redwood Dr. Regal Rd. Richard St. Richmond Ave. Rock Hill Rd. Rogers Ave. Rose Ln. Rosebud Ln. Ryan Rd. Salvia Rd. Sample Rd. Senate Rd - #13, 15, 16, 17, 18, & 20 S. Richard St. Taft St. Teresa Dr. Tomaso Rd. Trinity Dr. Union St. Varney St. Walker Ave. Walker Ave Ext

Washington St W. Fountain St W. Maple St. W. Pine St. W. Spruce St. W. Walnut St. West St. Westbrook St. Western Ave. Westley Ct. Wilson Rd. Y St. Yale Dr.

NOV. 6 - NOV. 10 2023 (Route #1)

Acorn Cir. Adams Rd. Adams St. Alden St. Altieri Ct. Appleton St. Archer Ave. Attilio Cir. Bay Rd. Beach St. Beach St. Ext. Bearhill Rd. Beaver St. Birch St.

Bodio Cir. Broad St. Bruno Dr. Cabot Rd. Canali Dr. Carp Rd. Carroll St. Casey Dr. Cedar St. Central St. - from Depot to Beaver Christina Rd. Church Hill St. Columbus Ave. Como Ct. Cook St. Dell-Ann Cir. Dilla St. Dogwood Rd. Dominick St. E. Charles St. E. Main St. E. Walnut St. E. Wood St. East St. East St. Ext. Eugene Cir. Fairview Ave. Fairview Rd. Ferguson St.

Florence St. Florence St. Ext. Frank Dr. Free St. Genoa Ave. Gillon St. Gordon St. Grizzly Ln. Hamilton Ave. Hayward Field Hayward St. Hillside Ave. Huff Rd. Jackson St. James St. Janock Rd. Jason Cir. Jen Paul Way Jencks Rd. Joe's Way Kraft Rd. Lena Ln. Manella Ave. Manguso Ct. Maple St. Mary Rd. Mason Dr. Meade St. Meadowview Ln. Medway Rd. Messina St. Middleton St. Mike Cir. Mohegan Cir. Moschilli Cir. Mt. Pleasant St. Naples Ct. Naples St. North St. North Terrace Oak Tree Dr. Palerma St. Parkhurst St. Pine Needle Cir. Plain St. Pond St. Prairie St. Quinshipaug Rd. Ravenna Ave. Reade St. Rich Rd. Rockland St. (#55)

Rogers St. Roland Way S. Central St. S. Free St. Short St. Silva St. Skyview Ln. South Terrace Sulmone St. Suzette Rd. Trettel Dr. Turin St. Venice St. Victor Dr. Virginia Dr. Whispering Pine Dr. Wildwood Dr. Woodland Ave. Woodland Ct.

NOV. 13 - NOV. 17 2023 (Route #2)

Ariel Cir. Bacon Slip Baker St. Bancroft Ave. Bancroft Park Bragg Slip Cape Rd. Carven Rd. Cemetery St. Central St. - Main to Depot Chapin St. Charles River St. Charles St. Chester Ln. Chestnut St. Church St. Claflin St. Clark St. Congress St. - Main to Fountain Correira Cir. Court Sq. Court St. Courtland St. Daniels St. Depot St. Diana Cir. Elm St. Emmons St.

Evans Rd. Exchange St. Farese Rd. Fayette St. Fells Ave. Finley Ct. Forest St. Fountain St. Franklin St. Fruit St. Fruit St. Ext. Glines Ave. Goodrich Ct. Granite St. Grant St. Grant St. Ext. Green St. Green St. Ext. Grove St. Hollis Ct. Hollis St. Howard St. Huntoon Slip Jefferson St. Johnson Ct. Julian Ln. Lawrence St. Lee St. Leonard St. Lincoln St. Main St. Mayhew Slip Mechanic St. Metcalf Ave. Myrtle St. Mystic Ln. N. Bow St. Nelson Heights Nolan Ave. Oliver Ct. Oliver St. Orange St. Orchard St. Orrin Slip Otis St. Park Lane Ave. Park Terrace Pearl St. Pine St. Poplar St. Pouliot St. Prentice Ave.

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Prospect Ct.
Prospect Heights
Prospect St.
Purchase St. - School
to Dilla
Quinlan St.
River St.
Roberts Ct.
Rosenfeld Ave.
S. Bow St.
S. Cedar St.
S. Cemetery St.
S. High St.
S. Main St.
S. Union St.
Sabatinelli Dr.
School St.
Shelden Alley
Sousa Cir.
Spring St.
Spruce St.
St. John Ln.
State St.
Sumner St.
Taylor St.
Thayer St.
Thomas St.
Vicki Ln.
Vincenzo Rd.
Vine St.
Walnut St.
Water St.
Whitney St.
Winter St.
Wood St.

**NOV. 20 - 21
2023 (Route #3)**
Alfred Rd. - #37, 39,
41, 43
Bowdoin Dr.
Brookfield Rd.
Calvin Dr.
Claudette Dr. - # 3,
24, 26
Clearview Dr.
Colby Dr.
Columbia Dr.
Congress St. - N Vine
to Silver Hill
Coolidge Rd.
Covino Rd.
Dartmouth Dr.
Debbie Ln.
Dennis Rd.
Diego Dr.
DiVittorio Dr.
Eames St.
Edgewood Dr.
Fairbanks St.
Gritte Ln.
Hamel Cir.
Harris Ave.
Harvard Dr.
Hemlock Ln.
Highland St - from N
Vine to Whitewood
Hunter Cir.
Isaiah Cir.

Ivy Ln.
Jennie D. Ln.
Jillson Cir.
Joseph Rd.
Karen Dr.
Lantern Ln.
Larson Rd.
Leah Ln.
Littlefield Rd.
Lynn Ln.
Manoogian Cir.
Mark Dr. #39, 40, 42,
44,45, 46, 48, 50,
& 52
Mill Pond Cir.
Muriel Ln.
Nancy Rd.
Oriole Dr.
Penny Ln.
Princess Pine Ln.
Purdue Dr.
Quirk Cir.
Radcliffe Dr.
Ramble Rd.
Rebecca Way
Robert Rd.
Robin Rd.
Sidney Rd. #3, 5, 7, 9,
11, 13, & 15
Simmons Dr.
Stanford Cir.
Stoneybrook Ln.
Sunnyside Ln.
Sunset Dr.
Tall Pine Rd.
Tara Cir.
Temple St.
Till Rock Ln.
Treeland Dr.
Tufts Dr.
University Dr.
Vassar Dr.
Wayne Rd.
Whip-O-Will Ln.
Whitewood Rd. -
Reservoir to Upton
Line
Whittier Rd.
Willow Rd.
Winterberry Ln.
Woodridge Rd.
Wyeth Cir.

**DEC. 4 - DEC. 8
2023 (Route #4)**
Berkley Rd.
Bradford Rd.
Branch St.
Briar Dr.
Brook Hollow Rd.
Camp St.
Camp St. Ext.
Celestial Cir.
Clarridge Cir.
Cormier Cir.
Cricket Ln.
Crocket Rd.
Dana Cir.
Daniel R. Dr.

Dynasty Dr.
Eben St.
Essex Ave.
Esther Dr.
Farmer Cir.
Fenway Dr.
Fox Ln.
Geneseo Cir.
Haven St.
Hillcrest Dr.
Huckleberry Cir.
Joan Cir.
Julie Cir.
Kalen Cir.
Longview Dr.
Lucia Dr.
Lydia Ln.
McGill Ln.
Morey Way
Northbrook Cir.
Oak Terrace
Overlook Cir.
Pine Island Rd.
Pinewood Rd.
Purchase St. - Dilla
to Town Line
Ragged Hill Rd.
Reservoir Rd.
Ridge Rd.
Rupert Rd.
SanClemente Cir.
Selma Cir.
Sherwood Dr.
Silver Hill Rd.
Simon Dr.
Stub Toe Ln.
Sunwood Ave.
Tanglewood Dr.
Tina Rd.
Tyler St.
Violet Cir.
Wales St.
Westchester Dr.
Whitewood Rd -
Silver Hill to
Reservoir
Windsor Rd.
Wood Hill Rd.
Rupert Rd.
SanClemente Cir.
Selma Cir.
Sherwood Dr.
Silver Hill Rd.
Simon Dr.
Stub Toe Ln.
Sunwood Ave.
Tanglewood Dr.
Tina Rd.
Tyler St.
Violet Cir.
Wales St.
Westchester Dr.
Whitewood Rd.
- Silver Hill to
Reservoir
Windsor Rd.
Wood Hill Rd.

Calling all Milford High Football 80s Super Bowl Champ Alumni

Calling all Football Alumni and families from the MHS 1983, 1986, 1987 Superbowls. It's an 80s bowl Homecoming! Friday, October 27 starting at 4:30 p.m. under the "Catwalk" (today they call it the courtyard) at Milford High.

The Football Gridiron Club is hosting a gathering with food and beverages before the 7 p.m. game. We would like to announce your names and

have you meet at the 50 Yard Line for a huge round of applause from your fans, friends and family.

1983 is the undefeated football legacy from MHS and a Hall of Fame Team, 40 years ago beating Leominster in the Division 1 Central Mass Super Bowl 21-13. (electrifying fans, players and coaches, it was a spectacular game) guts and glory.

1986 Div 1 CMass Super

Bowl team beat Maynard 38-6. (It was insane!)

1987 Div 1 CMass Super Bowl team beat Algonquin 35-0. (Unbelievable game!)

Please let me know you can make it and we will put the roster, food and gift list together.

Email the gridiron that you're coming: scarlethawks-gridiron@gmail.com or Joan Dew at joancdew72@gmail.com.

Voice of Franklin Toastmasters open to all towns

The Voice of Franklin Toastmasters is a community club open to all. If you want to work on getting rid of 'ums' or 'ahs' this is the place to practice your public speaking. And it's not all about public speaking, but also about giving feedback.

The group meets the first and third Tuesday of the month at 7:30 p.m. Meetings are held at the Franklin Cable TV studios, and can also be attended via Zoom. For more information, contact voiceof-franklin.toastmastersclubs.org

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Milford Town Library semiannual book sale

The Friends of the Milford Town Library will begin their semiannual book sale for members of the Friends only on Friday, October 27, from 4 to 7 p.m. Memberships are \$15 per year and may be paid at the door. The book sale will continue on Saturday October 28, from 10 a.m. to 3 p.m. Sales are held at the Milford Town Library, 80 Spruce St., Milford, MA.

Thousands of books are available: bestsellers, mysteries, classics, cookbooks, books on

history, investing, hobbies, crafts, and children's books. Audio books, CDs, DVDs, and puzzles are also available. In the adult section, all items are \$1. All children's books are 25¢. This is a great chance to gather books for winter reading, entertaining visiting grandchildren, or to lower the cost of required school assignments. You'll find recreational and reference materials for both adults and children, textbooks for home schooling, possibly a favorite out-of-print

title you've been searching for or a copy of the classic story-book that was lost in a move; all while helping the Friends fund programs and materials for the Milford Town Library.

If you have books to donate, please bring them to the Milford Town Library before the sale. We don't accept textbooks more than 5 years old or Readers Digest condensed books.

Put this book sale on your schedule and support the Milford Town Library during the sale.

**Looking To Advertise? Contact Jen today at
508-570-6544 or jenschofield@localtownpages.com**

Recent Home Sales

Date	Milford	Amount
09/29/2023	18 Freedom Street	\$600,000
09/29/2023	15 Country Club Lane	\$321,000
09/29/2023	20 Lena Lane	\$365,000
09/28/2023	17 Cherry Street	\$489,900
09/28/2023	7 Governors Way	\$465,000
09/27/2023	2 Morey Way	\$770,000
09/26/2023	31 Green Street	\$370,000
09/26/2023	62 Highland Street	\$780,000
09/25/2023	39 Beach Street	\$600,000
09/25/2023	136 West Street	\$445,000
09/22/2023	37 Harding Street	\$582,000
09/21/2023	17 Deluca Road	\$435,000
09/21/2023	29 Governors Way #D	\$460,000
09/19/2023	13-15 Grant Street	\$702,000
09/15/2023	32 Glines Avenue #2	\$265,000
09/13/2023	22 Mill Pond Circle	\$800,000
09/08/2023	4 Shadowbrook Lane #6	\$296,000
09/08/2023	24 Trinity Drive	\$500,000
09/07/2023	18 Grant Street	\$495,000
09/07/2023	158 Walden Way #1	\$700,000
09/05/2023	30 Taft Street	\$590,000
09/01/2023	3 Walter Circle	\$738,730
09/01/2023	48 Howard Street	\$685,000
09/01/2023	58 Field Pond Road	\$793,000
08/31/2023	25 North Street	\$585,000
08/31/2023	56 Lawrence Street	\$520,000
08/31/2023	8 Casey Drive	\$800,000
08/31/2023	93 Hayward Street	\$432,500
08/30/2023	40 Jionzo Road	\$315,000
08/28/2023	9 Country Club Lane	\$369,000
08/25/2023	48 High Street	\$320,900

Source: www.zillow.com / Compiled by Milford Free Press



The 6-bed, 4-bath, 3,004 sf house at 13-15 Grant Street in Milford recently sold for \$702,000. Photo credit www.zillow.com



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CAMP LAUREL WOOD

continued from page 1

ing, crafts, campsite fun, fire building, letterboxing and sing-alongs, all planned by our graduating troop of Girl Scouts. It was truly a memorable weekend for all.

First graders in Daisy Troop 65347 enjoyed every second of it. The 4th graders of troop 65223 loved tie dying and had so much fun at all the stations they did not want to leave. The older girls of troop 30016 were so grateful to the volunteers and the graduating Girl Scouts for planning just a lovely day.

For more highlights check out the smiles and good times on the Milford(MA) Girl Scouts Facebook Page.



Courtesy photos



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Milford Town Library Calendar of Events

80 Spruce Street, Milford • 508-473-2145 • MilfordTownLibrary.org • HOURS: Mon. – Thurs. 9-9 • Fri. 9-6 • Sat. 9-5 • Sun. CLOSED

By Reference Department

Saturday Hours and “Silent Saturday” study option

The Milford Town Library is open once again on Saturdays from 9 a.m. - 5 p.m. Silent Saturdays are back as well. Those looking for a truly silent study room for deep concentration can sign-up at the Information Desk to use the ESL Classroom between 9:30 a.m. - 11:30 a.m.

Atelier Artists: Still Life

The Atelier Artists will be presenting their group challenge exhibit, Still Life, throughout October at the library. This group, founded by artistic director Sal Ferreira, brings the artists together in an atmosphere of encouragement and camaraderie. Each year, the artists choose a theme and each creates a painting in their own style. This year, several new atelier artists will be exhibiting for the first time. The exhibit is dedicated in loving memory of Dottie Rose, Barbara Thayer, and Vas Ferreira who passed away this year.

Carolyn Waters & The Rusty Mikes

The Friends welcome Carolyn Waters & the Rusty Mikes

for a blues concert on Saturday, October 14 at 2 p.m. in the Granite and Quarry Rooms. The band has performed throughout the country. With their soulful sound, Carolyn & the Rusty Mikes will give you an afternoon where you'll be carried away on a musical journey. This concert is free and suitable for all ages.

Center Book Group

The Center Book Group will meet on Tuesday, October 17 at 10 a.m. at the Milford Senior Center to discuss *Eternal* by Lisa Scottoline.

Set in WWII Italy, this sweeping tale has a love triangle between three friends Elisabetta, Marco and Sandro, who have come of age in the shadow of Fascism. When the Nazis eventually occupy Rome, their lives are forever altered by their choices.

To reserve a copy or to learn more about the Center Book Group, please call the Information Desk at 508-473-2145, ext. 219 or email Anne at aberard@milfordtownlibrary.org.

ESL Drop in Classes

Fall ESL classes are held on Tuesdays and Thursdays from

7 - 8 p.m. All adults who want to improve their English listening and speaking skills are encouraged to attend these free classes. Classes are held in the ESL classroom on the lower level of the library. No registration is necessary. Class materials will be provided.

As aulas de esl de outono são ministradas às terças e quintas-feiras, das 7 às 8. Todos os adultos que desejam melhorar suas habilidades de escuta e fala em inglês são incentivados a participar dessas aulas gratuitas. As aulas são ministradas na sala de ESL no nível inferior da biblioteca. Nenhum registro é necessário. Materiais de aula serão fornecidos.

Las clases de ESL de otoño se llevan a cabo los martes y jueves de 7pm-8pm. Se anima a todos los adultos que deseen mejorar sus habilidades para escuchar y hablar en inglés a asistir a estas clases gratuitas. Las clases se llevan a cabo en el salón de ESL en el nivel inferior de la biblioteca. No es necesario registrarse. Se proporcionará material de clase.

Citizenship Classes Start September 23

This fall, citizenship prepara-

tion classes will be held on Saturdays from 1 - 3 p.m. starting Saturday, September 23. While the classes are free, only those individuals who meet the criteria for citizenship (5 years US residency, 3 years if married to a US citizen) are able to attend. The course instructor Atef Sorial will screen all potential participants in person.

Friends of the Library Fall Booksale

The Friends of the Library will hold their fall booksale on Friday, October 27 from 4 - 7 p.m. for a members preview and on Saturday, October 28 from 10 a.m. - 3 p.m. to the general public. Great deals on books, movies, music, puzzles and more for the whole family can be had. Join other book lovers at this can't miss event.

The Friends provide funding for library programs for both youth and adults, museum passes and microfilm archiving. Friends memberships (\$15 annually) can be purchased or renewed at the door.

Soccer Grannies: Play at Any Age!

The Friends of the Milford Town Library welcome The

Soccer Grannies on Thursday, November 2 at 7 p.m.

Please join Jean Duffy and Rita Wilkie for an inspiring book event about the power of sport for players of any age. Hear how these two Massachusetts women found their way to the soccer pitch and built a connection with a team of grandmothers in South Africa.

Jean's book, *Soccer Grannies* recounts a true story about resilient 40-to-80-year-old South African women who defy social convention to play soccer for the health benefits and companionship the game provides.

Books will be on sale and proceeds are being donated to the Beka Ntsanwisi Foundation.

Mark Your Calendars

Shawna Foundation Library Poetry Tour (last stop) Wednesday, November 8 at 7 p.m.

Felting Workshop with Kathy Rosacci Tuesday, November 28 at 7 p.m.

The Holy Trinity of Milford Jazz: Boots, Ziggy & Bob Lecture/presentation by Stephen Minichiello Thursday, December 7 at 7 p.m.

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The Milford Free Press is currently seeking freelance writers who live in the area and are interested in writing for our publication. If interested, please send a résumé and writing sample to editor@milfordfreepress.com

"Scouting for Food" drive will be Nov. 4

Milford's Cub Scouts, Girl Scouts, and Scouts BSA units will be conducting their annual food drive to support the Daily Bread Food Pantry on Nov. 4.

To contribute, please place non-perishable foods and toiletries (please, no expired or glass containers) in a bag or box and place it in a location visible from the street by 9 a.m. on Nov. 4. A Scout will come by to pick it up.

A drop-off site will be open at Brookside Elementary School from 11 a.m. to 2 p.m. on that same day for apartment and condo residents or anyone else who prefers it.

Suggested items include:

- Canned goods
- Peanut butter
- Cereal
- Pancake or muffin mix
- Crackers or cookies
- Instant soup



- Rice and beans
- Pasta
- Powdered juice or milk
- Dried fruits
- Snack bars
- Adult or infant diapers
- Single-serve non-frozen dinners
- Any non-perishable food item

Please do not donate frozen foods, glass jars, open containers, or expired items.

Visit milfordscoutingforfood.org for more details as well as a way to report donations not collected by 2 p.m.

In-person support groups for new parents return at Milford Regional

Beginning in October, Milford Regional Medical Center will host two, in-person support groups for new parents. Pre-registration is required as space is limited.

Postpartum Group

A free postpartum mental health support group is available for postpartum parents with babies under 12 months of age. The group will meet the second and fourth Tuesday of the month from 10 to 11 a.m. Participants will be required to complete an emergency contact form. The group is facilitated by Sarah Baroud, LICSW – a therapist and social worker who specializes in perinatal mental health. Each group will include a discussion topic and time for questions and mutual support.

Parent Talk

Milford Regional is also host-

ing a free Parent Talk support group the third Tuesday of each month from 10 to 11 a.m. This discussion group is designed for parents of infants, age newborn to eight months. The forum provides mothers and fathers an opportunity to meet and connect with fellow parents, discuss concerns with caring for a newborn, and share parenting ideas. The group is facilitated

by Laura Laird, BCCE, Milford Regional's childbirth education instructor. Topics to be discussed could range from sleep schedules, allergies, breast and bottle feeding, introducing new foods, or knowing when to call the pediatrician, to name a few.

To register or for more information, visit milfordregional.org and select "Classes and Events" on the homepage.

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nesteakandseafood.com

Milford Cultural Council accepting applications through Oct. 17

The Milford Cultural Council (MCC) is accepting grant applications to fund community-oriented programming in the arts, humanities, and sciences. Applicants of any age can apply for grants to fund projects and events completed between July 1, 2023, through Dec. 31, 2024.

This program has no age restriction for applying for and

receiving grants. The MCC recognizes that Milford is home to thousands of talented youth, and MCC is eager to see them apply for this opportunity. Adults are also welcome to apply. Applicants register and enter their proposal online at MassCulturalCouncil.SmartSimple.com. The last day to submit applications is Oct. 17, 2023

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VALORIE

continued from page 1

of Valorie's, and they reminisced about ice skating on the lake.

"There's no plan," Valorie explained. "I don't know who I'll meet."

One regular, Parker, a big, golden Labrador mix, spotted Valorie and came directly in for his treat and a pat. Valorie then said he would turn back, after having walked nearly a mile. Parker's human companion, Joe, said they needed to head off to a playdate with another dog. "It's like my job," he explained.

Valorie has been walking his whole life, covering the same route before it was paved, going eight miles to Holliston and back. He wasn't always a dog parent, having had three in his life, the most recent being Chanelle. "A few years ago, a friend gave her to me to help fill the void after Jeanne, my wife of 54 years, passed away," Valorie said. "Then this past spring, Chanelle passed."

"Dogs are buddies, companions," Valorie said. "They bring a whole new dimension to life." He plans to have another dog, a lap dog, and added, "Not only that, after I die, I'll come back as a dog."



Among the photos of the hundreds of dogs Dick Valorie has befriended is his own dog, Chanelle. Photo by Linda Chuss




The Milford Senior Center (60 North Bow St.) will host a Halloween Party on Tues., Oct. 31, at 12:30 p.m. Lunch will be served and costumes are optional. Entertainment by DJ Mike. Tickets are \$5 each and can be purchased at the front desk.




Dick Valorie gives treats to Parker and catches up with Joe, all regulars on the Upper Charles Trail. Photo by Linda Chuss

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Milford School Highlights

New Elementary - Start and End Times

School hours for our three elementary schools have shifted for the 2023-2024 school year. The new school hours for our elementary schools beginning in August are as follows:
 Brookside Elem - 8:55 a.m. - 3:05 p.m.
 Memorial Elem - 8:55 a.m. - 3:05 p.m.
 Woodland Elem - 8:35 a.m. - 2:50 p.m.

Start/end times have not changed for Shining Star Early Childhood Center, Stacy Middle School, and Milford High School.

Milford Public Schools Offers Meals at No Cost for Students

Milford Public Schools will be participating in the National School Lunch Program and the School Breakfast Program. As part of this program, all schools will offer healthy meals every school day at NO COST to the students due to the implementation of the Community Eligibility Provision for school year 2023-2024. Students will be able to get breakfast and lunch at school without having to pay a fee or submit a household Application. *Save the Date:* 10/19: School Committee Meeting

DMH Behavioral Health Hotline The Department of Mental Health has launched a new Behavioral Health Help Line that people can call or text at 833-773-2445. The helpline can help individuals and families navigate the behavioral health system and access treatment, including mobile crisis services. It is available 24 hours a day, seven days a week, in more than 200 languages. For more information, please see the FAQ. Anyone with questions or concerns about the helpline can email the helpline director at Mio.Tamanaha@mass.gov.

Milford High School

Best Buddies is an inclusive extracurricular club where individuals with and without disabilities form friendships and participate in planned activities throughout the school year. There are opportunities for varying levels of participation in the club that would meet the needs students who have in and out of school commitments. Students interested exploring joining Best Buddies Club can stop by all students Milford High School has opportunities for everyone that meet all levels of in-school or out-of-school time commitments. If you are interested in joining, but have questions, please stop and see Mrs. Forgot in D4, Mr. Gaucher in room E6, or Ms. Santacroe in the Counseling Center, upper C-wing. All members will need to register at <http://bestbuddies.org/join>.

Stacy Middle School

Stacy Middle School introduced a new course called Math Connections Grades 6-8 as a special. This course has focused on financial literacy, project-based learning, and performance assessments to support students' learning in the Tier I mathematics classroom. Math Connections is an opportunity for students to build a deeper understanding by doing mathematics and communicating their ideas. Math Connections provides students with opportunities to learn personal finance skills, work on and present a variety of projects to strengthen their mathematical skills and collaborate with their peers in a mathematical environment. We are excited to work with Fit-Money and PBLNow.

Woodland Elementary School (WES)

Woodland Elementary School held three "Back-to-

School" Open Houses for families in Sept. The events allowed parents/guardians to visit and learn about the school, and meet their child's teachers and learn about class and curriculum expectations. Related Arts Staff, Intervention Staff, Counselors, and other Special Education staff shared classroom curriculum and expectations with parents and guardians.

Also, PTO Meetings are held on the second Wednesday of each month at 7 p.m. unless otherwise posted.

Memorial Elementary School

Memorial Elementary School had an excellent start to the school year. The theme this year is "Better Together" and the school is focusing on all the great things that can happen when people work together.

On Wednesday, Sept. 13, Memorial Elementary School participated in a "Stop, Drop and ST Math" event where all students logged into ST math. There was a special visit from the ST Math mascot, Jiji. MES students are becoming strong mathematicians and the school community is proud to announce that the school made 80% progress on ST Math last year.

Some of Memorial's first graders will be participated in IGNITE. IGNITE is an individualized one on one, daily virtual tutoring program that instructs students on specific reading skills

at their reading level.

PTO Meetings are held the first Wednesday of each month at 7 p.m. unless otherwise posted.

Brookside Elementary School

Brookside School held a Back to School Carnival on Sept. 8. Families enjoyed music, a bounce house, Touch a Truck and many other activities.

Some of Brookside's first graders will be participating in IGNITE. IGNITE is an individualized one on one, daily virtual tutoring program that instructs students on specific reading skills at their reading level.

PTO meetings are held the first Tuesday of each month at 7 p.m. at Brookside.

This summer Milford began installing permanent modular classrooms at Brookside Elementary School to support the space needs due to our growing student population across the district. Classrooms will provide students and teachers with modern learning spaces that will meet students educational needs. Brookside is in the final stages of completing an addition of six modular classrooms to meet the needs of the districts growing population.

PTO Meetings are held the first Wednesday of each month at 7 p.m. unless otherwise posted.

Shining Star Early Childhood Center (SSECC)

Dr. Masterson and Shining

Star staff are excited to start the student spotlight Character Kids program in October. Students are aligned with a SuperHero Character Trait (Brave, Kind, Honest, Cooperative, Responsible) each month as they display any of the character traits outlined by the program.

PTO Meetings are held on the second Tuesday of each month unless otherwise posted.

Milford Family & Community Network CFCE (MFCN CFCE):

Information on the MFCN CFCE Playgroups: All playgroups are FREE and intended for children from birth to 5 years old with their parent/caregiver(s), unless otherwise specified. MFCN CFCE will be offering a variety of groups, both in the morning and afternoon. Placement is chosen by lottery. Attendance is not required. MFCN CFCE will hold two sessions of playgroups per year. Session I runs from late September through January and Session II runs from late January through May.

For more information on MFCN CFCE programs, visit <https://www.milfordpublicschools.com/milfordfcn>, email familynetwork@milfordma.com or call 508-277-4981. You can also find and follow MFCN CFCE on Facebook at "Milford Family & Community Network CFCE".

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SPORTS

Milford Golf starts strong in tough league

Scarlet Hawks program continues to grow each fall

By Chris Villani

Milford High's golf team competes in the Hockomock League, one of the toughest in the state. But head coach Jay Potty's Scarlet Hawks have been right there in the mix with perennial powerhouses, showing the strength of a program that has been growing through the years.

"I feel like the program is in good shape, I know there are players coming up, so I am confident that this program is going to continue to thrive," Potty said. "We have some nice senior leadership this year and three juniors who will be leaders next year, and they are all solid players."

Senior captain Nate Lawrence is one of Milford's most consistent players, shooting between 35 and 40 nearly every

time he is out on the course. Anthony LaPierre is another senior captain who emerged as the top golfer in the MHS rotation.

"He drives the ball very well," Potty said. "He is about 6-foot-5 or so, so he has a big, arcing swing and he hits it very long. He is good around the greens as well."

The length in LaPierre's game gives him a significant leg up at the team's home course, the relatively short Hopedale Country Club.

Milford's third captain, Jacob Hipolito, is a consistent tee-to-green player with a strong iron game.

"He hits a lot of greens," Potty said. "He drives it well, but his iron play is what really helps him out."

The coach speaks highly of

his seniors and what they have brought to the team.

"They are really good leaders and really good players who started as eighth graders," Potty said. "They couldn't even play on varsity that first year because they weren't in high school, but they started out on the JV and they've worked their way up."

Juniors David Fleming, Zach Hipolito, and Robbie DeGesperis are adding depth to the Scarlet Hawks' rotation. Potty said all three worked on their games considerably over the summer and have been consistent players. The results are showing on the golf course.

"We have had some of the lowest scores since I have been coaching, which is about 18 years now," Potty said.

Milford's goal this season, as it is every year, is to get to the district tournament as a team.

"There are no power rankings in golf, we need to get to .500 and, in this league, it's tough," Potty said. "But I feel like we have the weapons to do it."



Anthony LaPierre is the number one golfer on the Milford roster this fall. Courtesy photo



Jacob Hipolito studies a putt in a recent match. Courtesy photo

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SPORTS

Milford High unveils 2023 Hall of Fame class

Class includes inductees to the new 'St. Mary's Wing'



Brian Macchi, 1998



David Pyne, 1988



Edward Robertson, 1962



David Crescenzi, 1966



Donald Phillips, 1963



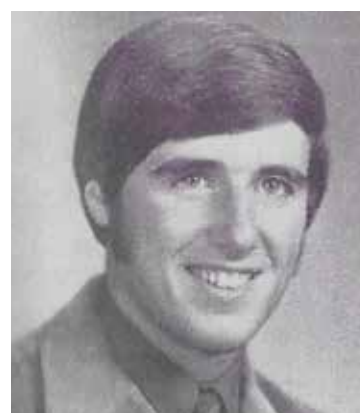
Jill Krikorian, 2000



Jenna Macchi Sullivan, 2003



Kevin Bradley, 2013



Robert Powers, 1971



Susan Davoren, 1970



Maurice Briscoe, 1998

By Chris Villani

The Milford High School Hall of Fame committee announced the recently elected class of 2023 for the Milford High School Athletic Hall of Fame, enshrining 11 athletes and four teams.

The individual inductees include swimmer Kevin Bradley, a 2013 MHS graduate. Bradley won six MIAA state titles in four different events and went on to swim four years at Notre Dame. Two-sport standout Maurice "Mo" Briscoe, a 1998 graduate, was an all star in both football and basketball, leading the latter program to the state finals. He

captained the Fordham football team for two seasons.

Three-sport star David Crescenzi, a 1966 graduate, played on championship football and baseball teams and played baseball at Boston University. Susan Davoren is perhaps the first three-sport female athlete at Milford High, and the 1970 graduate played field hockey, basketball, and softball in high school before playing three sports in college as well. Jill Krikorian, class of 2000, was a four-time league all start in softball and an all-league pick in volleyball as well. Brian Macchi, who graduated in 1998, played four years of varsity baseball and led both the baseball and basketball teams to state finals before an outstanding baseball career at Boston College.

Inductee David Pyne, class of 1988, was one of the best linemen ever to play at MHS and was a member of back-to-back Super Bowl title teams before playing at Lafayette. Edward Robertson, a 1962 graduate, captured numerous Milford High pitching records during his four-year baseball career and was also a standout

basketball player.

Jenna Macchi Sullivan, class of 2003, will be inducted after a four-year softball career in both high school and college, the latter of which saw her earn all-ACC honors at Boston College. She also is the first female 1,000-point basketball scorer in MHS history.

The two St. Mary's inductees include Donald "Dee" Phillips, a four-year starter in basketball and baseball who scored 1,448 points and was a four-year starter at Rollins College after graduating high school in 1963. Robert "Bob" Powers, who left the since-closed St. Mary's in 1971, also scored 1,000 points in baseball and pitched four years in high school and in college at the University of New Haven.

The four teams being enshrined include the 2002 softball district champions coached by Stephanie Slack, the 2013 boys' basketball district champions coached by Steve Manguso, and the 2012 and 2013 state finalist boys' volleyball teams coached by Linda Zacchilli.

The Hall of Fame Banquet will be held on Sunday, Nov. 19, 2023, at 1 p.m. at the Portu-

guese Club. Tickets are available until Nov. 1 and are \$35 each. They can be purchased by contacting MHS Athletic Director

Peter Boucher or Committee Chairman Nick Zacchilli. There will not be any tickets available at the door.

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#H04133A • 4X4, ALLOYS, LIMITED

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2020 FORD ECOSPORT SE

AS LOW AS **\$70/WK**

#P16230L • 23/29 CITY/HIGHWAY MPG

NEW RETAIL PRICE: ~~\$28,690~~ | **WHOLESALE PRICE: \$22,677**

2020 CHEVY TRAVERSE

AS LOW AS **\$104/WK**

#45274 • AWD, LT TRIM, ALLOYS

NEW RETAIL PRICE: ~~\$39,995~~ | **WHOLESALE PRICE: \$32,477**

2018 HYUNDAI KONA SUV

AS LOW AS **\$69/WK**

#H04170 • LIMITED, ALLOYS, AWD

NEW RETAIL PRICE: ~~\$29,650~~ | **WHOLESALE PRICE: \$22,377**

2022 FORD EDGE SE AWD

AS LOW AS **\$88/WK**

#P16086 • 12" LCD, TURBO, ALLOYS

NEW RETAIL PRICE: ~~\$40,395~~ | **WHOLESALE PRICE: \$27,977**

2021 VW JETTA SEL

AS LOW AS **\$84/WK**

#TM24-016A • SUNROOF, 6K MILES

NEW RETAIL PRICE: ~~\$29,550~~ | **WHOLESALE PRICE: \$26,677**

2020 LINCOLN MKZ SEDAN

AS LOW AS **\$96/WK**

#P15985L • SUNROOF, NAV, LEATHER

NEW RETAIL PRICE: ~~\$39,745~~ | **WHOLESALE PRICE: \$29,977**

2021 FORD BRONCO 4x4

AS LOW AS **\$99/WK**

#P16220 • BIG BEND, TURBO

NEW RETAIL PRICE: ~~\$38,995~~ | **WHOLESALE PRICE: \$30,977**

2020 SUBARU FORESTER

AS LOW AS **\$87/WK**

#H04245 • PREMIUM, SUNROOF

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2016 CHRYSLER TOWN & COUNTRY

AS LOW AS **\$44/WK**

#23413A • TOURING, ALLOYS, DVD

NEW RETAIL PRICE: ~~\$28,160~~ | **WHOLESALE PRICE: \$15,477**

2023 HYUNDAI SONATA SEL

AS LOW AS **\$85/WK**

#D13339 • 27/37 MPG CITY/HWY

NEW RETAIL PRICE: ~~\$32,680~~ | **WHOLESALE PRICE: \$26,977**

2020 CHEVY SPARK LS

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2014 HONDA ODYSSEY EX-L

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#TM23-932A • 19/28 MPG CITY/HWY

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2016 MAZDA MAZDA CX-5

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#D13645A • AWD, NAV, ALLOYS

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2016 SUBARU CROSSTREK

AS LOW AS **\$57/WK**

#TM23-725A • LIMITED, LEATHER

NEW RETAIL PRICE: ~~\$32,795~~ | **WHOLESALE PRICE: \$18,977**

2020 FORD FUSION SE

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#P15968A • 23/34 MPG CITY/HWY

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