



# THE NEWS

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Serving Rio Linda, Elverta and Sacramento County

SEPTEMBER 22, 2023

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## Sacramento Blankets for Sacramento Kids Readies for Holiday Giveaway

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Gladys and Jean enjoy a meal together at the Meals on Wheels sponsored All Seasons Cafe. Photo courtesy of Meals on Wheels by ACC

**By Tamara Warta**

**SACRAMENTO REGION, CA (MPG)** - When COVID-19 hit our world, many businesses and organizations were paused or shut down completely, never to reopen. For some that were fortunate enough to survive, bouncing back after such an event hasn't been simple. While the shutdowns may now seem like ancient history to many people, non-profit organizations in particular are

still recovering. One such local group is Meals on Wheels by ACC Senior Services.

Meals on Wheels is a well-known national organization, and locally it's quite known as well. The group helps keep seniors in their homes and communities by providing nutritious meals, safety net services, social contact, and community resource information. Sacramento Valley's Meals on Wheels division alone is home to 126 routes that deliver meals

all throughout the region – stretching all the way out through the delta, as well as 13 congregate programs where seniors can go eat at a cafe and socialize.

According to Michelle Bustamante, the operations manager of the Sacramento Meals on Wheels division, they adjusted during the pandemic by switching from hot delivered meals to frozen meals that arrived with little to no face-to-face

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Kids love Beanie Babies, so SBSK is asking for donations of new or "almost new" Beanie Babies as well as Joann's fleece blanket kits (48 x 60). Photo courtesy of SBSK

**By Claire Gliddon, SBSK**

**SACRAMENTO REGION, CA (MPG)** - Every September, Sacramento Blankets for Sacramento Kids (SBSK) picks as many of the lowest-income elementary schools they can and finds out how many kindergartners they have. Then volunteers make double fleece blankets (about 40" x 60") for ALL of them, and a little fleece pouch with a Beanie Baby in it to go with each blanket.

Through this act of generosity, SBSK gives these blankets to children as gifts right before Christmas break. Some of these kids live in their cars or in places without heat! And this is ALL they get for Christmas. It is wildly popular with the teachers and the kids! Spread the word, too!

SBSK has been doing this for 10 years and we hope to continue doing it, as long as they can get Beanie Babies. In 2022, SBSK gave out over 2,200 blankets and Beanie Babies in their Kindergarten Project! SBSK is always looking for new volunteers to make blankets all year round for children in need. SBSK is asking for donations of Joann's fleece blanket kits (48 x 60) all year long. SBSK is asking for donations of new or "almost new" Beanie Babies all year long.

If you'd like more information about SBSK, please go to [www.sacblankets4kids.com](http://www.sacblankets4kids.com) and sign in! No pressure, no timelines, no meetings...just people who enjoy crocheting, knitting, quilting, sewing, making no-sew blankets and helping a whole lot of children at the same time.

SBSK is a nonprofit organization that serves children in need from infants to 18-year-olds. They do this all year long! But the Kindergarten Project is their "special" project of the year. ★

## Fun Promised, Fun Delivered! Country Faire Considered a Favorite for Kids

**By Chrissy Rose**

**RIO LINDA, CA (MPG)** - Fun was promised, and fun was had at the 10th Annual Rio Linda Elverta Country Faire this past Saturday. Volunteers began setting up the day before, spacing out and marking vendor locations, and publishing maps of the area so fair-goers could plan out their vendor and food truck stops accordingly.

At 8:30 on the cool morning opening ceremonies kicked off with Girl Scout Troop 1565 performing the Color Guard Flag Ceremony, and at 9:00 Sacramento County Supervisor Sue Frost delivered the keynote speech. From 9:30-3:00 there was live music, including Shane Q from Season 17 of The Voice. Fair visitors were even treated to a performance by Joanna's Kids R It dance class as well as a magic show by the Amasingh Magician. The Girl Scouts came back to perform the closing ceremonies at 4:45pm.

More than 110 vendors lined the walkways and filled the green space along 7th Street. Pittador



Rio Linda/Elverta's Country Faire held on Saturday, September 16, 2023, offered some of the best fun for kids in the region and parents take notice. Photo by Chrissy Rose

Brews, with their specialty teas and coffees, was ideally situated at the entrance to the vendor area, perfect for those first fair-goers arriving right at 9:00. With tents lined up on both sides of the bike trail and along the sidewalk across from Rio Pub, there was plenty to catch your eye. Picadilly Princess was there with tutus and tiaras galore to match any outfit and

Magical Crafty Things had a tumbler to suit every personality. Keublers Crafts, Crazy Crochet, Crochet Plus More, and Stone Hill Designs were just a handful of the vendors offering handmade items such as bags, dolls, and attire. Homemade jelly, holiday wreaths, Halloween décor, plants, clothes, gems, jewelry and more were also available.

Marilyn Keubler, of Keubler Crafts, has had a vendor spot at the fair for seven years. She has watched the fair grow from a small event in the early years following the inaugural fair in 2013, to the large event it was on Saturday with an estimated 8,000 visitors. Her daughter, Cheryl Jones, joined her about three years ago

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# Hope is Real for National Recovery Month

## Sacramento County News Release

**SACRAMENTO COUNTY, CA (MPG)** - Every September, National Recovery Month shines a spotlight on the power of substance use and mental health services to transform lives. In 2023, we're on a mission to inspire people across the nation, inviting them to witness the strength and resilience of individuals living in recovery. It's a time to support those battling substance use disorders or co-occurring disorders and encourage them to seek the help they deserve. Throughout this month-long celebration, we're here to remind you that prevention works, treatment is effective, and recovery is not just a possibility – it's a reality.

Recovery Month is not only about acknowledging the victories but also about championing evidence-based treatment and recovery practices. We take pride in the emergence of a vibrant recovery community and salute the dedication of service providers, peer workers, and community members nationwide who make recovery a tangible goal. Each year, Recovery Month adopts a theme to spread its message and share the triumphs of treatment and recovery. This year's tagline couldn't be more fitting: "Hope is real. Recovery is real."

Let's come together this Recovery Month to celebrate the millions of Americans who are on their journey to recovery from substance use and addiction. We also extend a heartfelt invitation to those

who are still struggling to seek the support they need. Every life and voice matters, and we stand by you.

We want to take a moment to honor and celebrate the invaluable partners and collaborations that work alongside Sacramento County Behavioral Health to provide essential services and support to our fellow citizens grappling with substance use and mental health challenges.

Here's How You Can Get Involved:

Explore educational and multimedia resources on trending substances in our community at [www.safersacramento.com](http://www.safersacramento.com). Let's make informed choices and reduce potential harm from alcohol and substance use;

Participate in Sacramento County Opioid Coalition, Methamphetamine Coalition, or Youth Coalition meetings or join a sub-committee. For more details, visit [www.sacopioidcoalition.org](http://www.sacopioidcoalition.org), [www.LetsTalkMeth.org](http://www.LetsTalkMeth.org), or [www.sacramentooc.org](http://www.sacramentooc.org).

Share your lived experience testimony at upcoming Sacramento County Substance Use Prevention and Treatment Services public speaking events. If interested, please email: [DHS-SUPT@sac-county.net](mailto:DHS-SUPT@sac-county.net) or call (916) 875-2050;

Attend or join the Sacramento County Alcohol and Drug Advisory Board meetings to voice your concerns and stay updated on Substance Use Prevention and Treatment Services efforts. Meetings are held in person on the 2nd Wednesday of every month from 5:30 p.m. to 7:30 p.m. For more

information, contact [DHS-SUPT@sac-county.net](mailto:DHS-SUPT@sac-county.net) or call (916) 875-2050.

**Recognize September 20, 2023**, as National Addiction Professionals Day. This day is dedicated to honoring the remarkable individuals making a difference in the addiction field daily.

**Acknowledge September 30, 2023**, as International Recovery Day, symbolized by the color purple, representing addiction recovery.

**\*\*Don't miss the Substance Abuse and Mental Health Services Administration's Recovery Month webinar series.**

In these challenging times marked by the opioid and methamphetamine crisis, staying connected with loved ones, family members, friends, colleagues, and our community is crucial. "It is critical that people experiencing substance use disorders receive the help and support they need," Lori Miller, Sacramento County Alcohol and Drug Services Division Manager, emphasizes. "We invite you to join us in celebrating Recovery Month. Your support and involvement matter."

For anyone struggling with drug or alcohol addiction, Sacramento County offers a range of treatment services, including outpatient treatment, medication-assisted treatment, residential treatment, detoxification, and perinatal services. Please call 916-874-9754 for a substance use assessment or access the Treatment Provider Directory at this link or the Prevention Services Provider Directory. ★

# CHP Focused on Safe, Secure Rides for Children



Every year, thousands of child passengers, ages 13 and younger, are injured or killed in motor vehicle crashes in California. Do your part to be a responsible parent or driver. Photo courtesy of the California Highway Patrol

## CHP News Release

**SACRAMENTO, CA (MPG)** - The California Highway Patrol (CHP) is dedicating the third week of September to ensuring California's youngest motor vehicle passengers are safe and secure while traveling on the state's roadways.

CHP is celebrating National Child Passenger Safety Week. The week serves as an opportunity to educate and encourage parents and caregivers to make certain that every child is properly restrained for every trip, facing the correct direction, and in the correct safety seat for their age and size.

"Child safety seats, when correctly installed, afford the best protection for infants and young children," said CHP Commissioner Sean Durvey. "The CHP has trained Child Passenger Safety Technicians available in communities throughout the state, who offer parents and caregivers free, one-on-one

instruction and car seat installation to help achieve the best fit for their child."

Motor vehicle traffic crashes are the leading cause of death of children in the United States. According to the Centers for Disease Control and Prevention, in 2021, 711 child passengers ages 12 and younger were killed in motor vehicle crashes in the United States, and in 2020 more than 63,000 were injured. Of the children who were killed in a crash, 36 percent were not buckled up. These deaths can be avoided. According to the National Highway Traffic Safety Administration, child safety seats have been shown to reduce fatal injury by 71% for infants (under the age of 1) and by 54% for toddlers (1-4 years old).

The CHP has trained thousands of uniformed and nonuniformed personnel to be Child Passenger Safety (CPS) Technicians since the program began in 1999. CHP CPS

Technicians provide safety seat inspections, education, and hands-on training for parents and caregivers year-round.

If you are not confident how to properly secure your child in a safety seat, contact your local CHP Area office, and ask to speak with a child passenger safety technician. Visit [www.chp.ca.gov/find-an-office](http://www.chp.ca.gov/find-an-office) to locate a local CHP Area office anywhere in California.

California law requires children under the age of two, weighing less than 40 pounds or below 40 inches tall, ride in a rear-facing car seat. All children under the age of eight must ride in the back seat in an age-appropriate safety seat. Additionally, it is recommended that all children 13 and under should ride in the back seat. For more information about child passenger safety, visit the CHP Child Safety Seat Programs.

The mission of the CHP is to provide the highest level of Safety, Service, and Security.



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# Meals on Wheels Seeks Volunteers

*Continued from page 1*  
 contact. And now, they are aiming to work their way back up to their full meal distribution services pre-pandemic.

“We need volunteer drivers,” said Bustamante. “We are still looking to convert four routes back [to hot meals with face-to-face contact] and need drivers.”

Meals on Wheels also has several programs outside of its home meal delivery service. All Seasons Cafe is an in-person restaurant-style space.

“It is for people who are more mobile and can get out and want to go have lunch with peers,” Bustamante explained. “It’s an opportunity for them to socialize.”

While All Seasons Cafe currently has 13 locations, they are looking for one more. Meals on Wheels currently does not have a Citrus Heights location. They are urgently seeking anywhere with a commercial kitchen and enough space for seniors to congregate. These cafes typically take place in community centers, senior centers, or in senior apartment complexes. With each lunch hosting 20-90 folks each meal, Bustamante hopes to raise awareness of the need and find a willing partner so they can serve the seniors of Citrus Heights.

With the holidays quickly approaching, Meals on Wheels will also again host Project Warm Wishes, which distributes gifts to seniors served by their organization. Both fun and functional items are appreciated, including toiletries, small household items, blankets, gloves, and amusements like adult coloring books and



Volunteers heading out on a home meal delivery route. Photo courtesy of Meals on Wheels by ACC

magazines.

“We just want to make sure those people know that they’re not forgotten and are cared for,” Bustamante said about the holiday project, which is completely delivered by volunteers.

Project Warm Wishes starts in mid-October and donations are accepted through December 8. Used items are not accepted, but brand-new donations are enthusiastically welcomed.

One other very special program operated by Meals on Wheels? Animeals. Through this, they deliver food to roughly 200 cats and dogs throughout Sacramento County. After it was discovered that some home-bound seniors were sharing their meals with their animals to get by, the group realized the need and took action. Most of the pet food or the funding for the program are donated.

“Pets are more than just animals – they are family to many of our seniors,” says Bustamante.

From cafe workers to route drivers, all of Meals on Wheels’ volunteers receive a background check and go through a training program. When

Bustamante asked how volunteers are chosen and implemented, she mentioned that both individuals and groups like churches and service clubs apply. The goal is to plug people in where their heart is.

“The initial onboarding is done online nowadays, and we meet up with a volunteer and find out what their availability is and what they would like to get out of volunteering.”

Volunteers are greatly needed at Meals on Wheels in Sacramento, and any adult with a passion to help can get involved. While help for the organization comes through various sources including Community Block Grants, city funding, private donors, and the Agency on Aging (Area 4), volunteers are still very difficult to find at times.

Meals on Wheels currently has a waitlist for seniors needing services, and the more volunteers they can train and recruit, the smaller that waitlist gets. Those hoping to get involved can contact Michelle Bustamante at (916) 444-9533 or by emailing mbustamante@mowsac.org

# Fun Promised, Fun Delivered!

*Continued from page 1*

and now has her own booth selling hand-made dolls and jewelry.

“I’ve been doing craft shows for years, and this is one of the best,” Keubler said, standing in front of her stock of carefully crafted sock monkeys, bowl cozies, and sports towels.

If perusing the vendor booths made visitors hungry, there was Food Truck Alley on 7th Street to provide a much-needed pick-me-up. Bacon Mania offered a variety of gourmet burgers and fries options while Richeese Burgers boasted a pulled pork sandwich with corn-slaw, pickles, and grilled onions as the \$12 Special of the Day. To quench your thirst, or your sweet tooth, there was Cowtown Creamery and Softy Star Sweets offering ice cream and other frozen treats and Pour Decisions boasting refreshing lemonade and iced tea. Meg’s Creamery was selling perfectly portioned cups of ice cream along Front Street as the smell of Forney’s Kettle Corn permeated the entire fair.

At 11:15, the Fun Zone was officially opened with the firing of three cannon shots from deep within the pirate’s lair. Located in the grassy area along M Street near the Rio Linda Library, the Fun Zone included a hayride stop, tricycles, a tag arena, face painters, balloon twisters, a rock wall, a giant inflatable slide, and plenty of jumpy houses.

Ian Coolbear, a Rancho Cordova resident, visited the fair with his family. To him, the best part of the fair was how much there was for kids to enjoy. His daughter particularly



Pirates, cannons and kids! The pirate’s fair was set up in a grassy area to entertain kids. Photo by Chrissy Rose

enjoyed the pirate school.

“She walked around acting like a pirate the rest of the day,” he says with a chuckle.

Other fun events included the watermelon eating contest at The Klip Joint, with opportunities for fair-goers as young as five years old to join in the fun. Additionally, there was a bike raffle that saw dozens of children go home with brand-new bikes, much to their surprise and delight. Various Sac Metro Fire trucks and engines were displayed along Front Street, and youngest fair-goers got the chance to try on real firefighter turnouts and gear and even visit with the CalFire pony.

The Community Center building hosted the pancake breakfast and spaghetti feed dinner, and the grounds also hosted the horseshoe tournament, hayride, farm animal displays, and 4H showmanship competitions, bringing visitors a front row seat to rabbits, dogs, horses, and various breeds of goats.

Organizers who put on the fair rightly feel as if

the event was a success, as expressed by Charlea Moore, RLE Country Faire CEO: “I think the one thing I see every year is the overwhelming positive energy and happy, smiling people everywhere. That friendly, positive, happy energy is often mentioned by Faire goers, vendors, and our security. Many vendors tell us this is their favorite fair because of that attitude.”

Corinna Danielson was visiting her family in the area and decided to take her granddaughter to the fair for the first time. “I was really surprised about how many vendors were there,” she said. “There was a lot of variety to browse and shop.” She plans on coming back next year.

Coordinators and volunteers of the Country Faire will have a wrap-up meeting on September 25th to discuss what worked and what changes can be made to next year’s fair. The entire community is encouraged to join and provide feedback. The Country Faire will be back on the third Saturday in September next year. ★

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# CDPH Recommends All Californians Stay Up to Date on COVID-19 Vaccine

# Compromise Settles Dispute Over Status Of Franchises In Fast Food Industry

**CDPH Release**

**SACRAMENTO, CA (MPG)** - Following federal approval of the updated COVID-19 vaccine and recommendations for the upcoming winter respiratory virus season, the California Department of Public Health (CDPH) is recommending all Californians stay up to date on the vaccine and get the updated shot when available.

For renewed protection against severe illness, hospitalization and death, all Californians 5 years and older should receive one dose of the updated COVID-19 vaccine, as long as it's been 2 months or more since their most recent dose. Getting vaccinated may also minimize your symptoms if you do become infected so you can return to your daily activities more quickly. Recommendations for younger children depend on the number of doses received previously.

CDPH strongly urges vaccination for individuals who are at high risk of serious illness from COVID-19 due to advanced age or underlying illness as this is the group of individuals most vulnerable to severe disease and the worst outcomes.

"Staying up to date on the COVID-19 vaccine is the best way to keep your immunity strong and protect yourself and others from severe illness, hospitalization, and death," said CDPH Director and State Public Health Officer Dr. Tomás Aragón. "As we enter the winter season, it is crucial that all individuals remain up to date with vaccinations when they're eligible, including flu, COVID-19 and RSV."

**WHO SHOULD GET VACCINATED**

•Everyone Age 5 and

**Up:** Everyone 5 years of age and older, regardless of previous vaccination, is eligible to receive a single dose of the updated COVID-19 vaccine as long as it's been at least 2 months since the last dose.

•**Younger Children and Infants:** Infants and younger children, 6 months through 4 years of age, who have previously been vaccinated against COVID-19 are eligible to receive one or two doses of the updated vaccine. The timing and number of doses depends on the previous COVID-19 vaccine received.

•**Unvaccinated Younger Children and Infants:** Unvaccinated infants and younger children, 6 months through 4 years of age, are eligible to receive three doses of the updated Pfizer-BioNTech COVID-19 vaccine or two doses of the updated Moderna COVID-19 vaccine.

**WHEN & HOW TO SCHEDULE YOUR UPDATED COVID-19 VACCINE:** Initial supplies of updated COVID-19 vaccine are expected in California in the coming weeks. For added convenience, COVID-19, flu, and RSV vaccines can all be administered in the same visit. Schedule a vaccine appointment by visiting MyTurn.ca.gov or contacting your local pharmacy or health care provider.

**HOW TO PAY FOR A COVID-19 VACCINE:** COVID-19 vaccines will continue to be free for most Americans through their health insurance plans, including Medi-Cal and regular health care providers.

The CDC's Bridge Access Program will provide limited quantities of COVID-19 vaccines to uninsured and underinsured adults through December 2024. The

Vaccines For Children (VFC) program is a federally funded program that provides vaccines at no cost to children (18 and younger) who might not otherwise be vaccinated because of inability to pay.

**CDPH'S VIRUS PREVENTION TIPS:** The best defense against COVID-19 and other winter viruses starts with good prevention. Follow these five tips to protect yourself and others:

•**Stay Up to Date on Vaccines:** Vaccines reduce the chances of infection and are the best defense to limit severe illness and death. COVID-19, flu, and RSV vaccines will all be available for this winter season.

•**Stay Home if You're Sick, Test for COVID and Treat if Needed:** Staying home when you're sick slows the spread of COVID-19, flu, RSV, and even the common cold. If you have symptoms, test for COVID-19 and contact your doctor immediately to seek treatment. Treatments work best when started right after symptoms begin.

•**Consider Wearing a Mask in Indoor Public Places:** Wearing a mask significantly reduces the spread of respiratory viruses, especially in crowded or poorly ventilated spaces.

•**Wash Your Hands:** Frequent handwashing with soap and warm water, for at least 20 seconds, is an easy and very effective way to prevent getting sick and spreading germs.

•**Cover Your Cough or Sneeze:** Remember to cough or sneeze into your elbow, your arm, or a disposable tissue to help prevent the spread of winter viruses. Wash or sanitize your hands and dispose of your tissue after.

For more information visit [www.cdph.ca.gov](http://www.cdph.ca.gov) ★



By Dan Walters, CALMatters.org

In some ways, the most interesting — and perhaps most significant — event of the 2023 legislative session's closing days was a compromise agreement on state oversight of the fast food industry.

Last year, unions pushed through legislation that would have created a new state commission to set wages and working conditions in the industry.

Inferentially, the legislation set aside the industry's franchise system and treated local outlets of as merely branches of their corporate franchisors.

While the wage increases that would have resulted garnered most of the media attention, erosion of the franchise model was most worrisome aspect to the fast-food corporations and their franchisees.

Immediately, big guns in the industry pledged tens of millions of dollars for a campaign to challenge the legislation via a referendum that qualified to go before voters in 2024.

The Legislature's response was entertaining another bill that would have doubled down on attacking the franchise model by making corporate franchisors legally responsible for labor law violations in their franchisees' fast-food outlets.

With the outcome of the referendum election in doubt, the long-warring factions began negotiating and last week a bargain was struck.

The 2022 legislation would be repealed, the 2023 legislation would be scuttled and a substitute for both would retain the fast-food council, but alter its membership slightly, limit its authority to set wages and working conditions, provide a new \$20 per hour minimum wage for fast food workers, prohibit local efforts to affect wages, and remove threats to the franchise model.

Like all legislative compromises, this one, written into Assembly Bill 1228, had something for everyone but didn't give every stakeholder everything it wanted.

"For the last decade, fast-food cooks, cashiers and baristas in California have been sounding the alarm on the poverty pay and unsafe working conditions plaguing our industry," Ingrid Vilorio, a fast-food union leader, said in a statement. "We have always known that to solve these problems, we need a seat at the table with our employers and the power to help shape better rules across our industry."

"It provides meaningful wage increases for workers, while at the same time eliminates more significant — and potentially existential — threats, costs, and regulatory burdens targeting local restaurants in California," International Franchise Association CEO Matt Haller said in a statement.

Haller's statement hints that on balance, it appears that given the

circumstances, the fast-food industry's big players, such as McDonald's, came out ahead, although their franchisees will feel whatever financial pinch ensues.

The \$20 minimum wage is only slightly over what, on average, fast food workers are being paid now, the industry having boosted wages sharply in the last few years in an effort to fully staff the outlets. Current California fast food wages average \$19 an hour.

More significantly, the agreement protects the franchise system's assumption that the operators of fast-food outlets are independent businesspersons who invest their money and are fundamentally responsible for hiring, training, paying and sometimes firing their workers.

Had state regulation of fast-food wages and working conditions survived as originally proposed, with franchisees indirectly considered to be merely branch managers rather than entrepreneurs, it could have undermined franchising in other consumer industries.

Union leaders much prefer to deal with large scale sectors rather than individual employers in both organizing workers and negotiating contracts. The recently ratified labor contract affecting every West Coast port is an example of sector-wide negotiations, as is the current standoff over a new auto industry contract.

Cracking the fast-food franchise system would have been a big step in that direction.

*Dan Walters has been a journalist for more than 60 years, spending all but a few of those years working for California newspapers. ★*



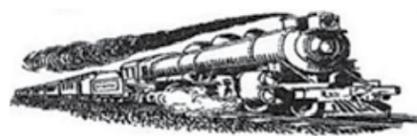
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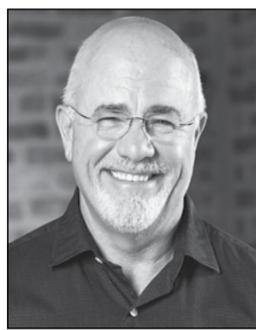
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## Dave Ramsey Says

**Be Workers and Givers**  
Dear Dave,

My wife and I have been very fortunate in our careers. We both have six-figure incomes, and as a result we have a little over \$2 million in savings and investments. With this in mind, do you have any advice on how to make sure your kids aren't spoiled as they grow up in a family that's doing well financially?

– Gary

Dear Gary,

First, don't spoil them! Teach them to work, and teach them to be givers. Oh, and gently remind them every so often that it's you and your wife who are wealthy—not them. Yeah, I know. This probably sounds mean to some folks, but I'm talking about simply explaining to them how

you and their mom have worked hard, been smart with your money, and that's why you're in the position you're in.

We taught all our kids, from a very young age, just how important it is to work. Work equals money. When you do that, and kids see it in their parents' attitudes and actions, it makes a big impression. With little kids, it can start with simple things like cleaning up their rooms or clearing the table after dinner. And it should carry over into their teenage years, as well. Every able-bodied child should be working and earning money, whether it's their own entrepreneurial idea, at a fast food joint or babysitting.

Another thing we did was based in our faith. As Christians, we taught our kids that we don't really own anything. It all belongs to God, and one of our jobs is to wisely manage the things He entrusts to us. The first rule is to take care of your own household—the important stuff. After that, it's okay to have some

nice things, but it's not all about fun. It's also about thoughtful giving and being generous.

As a parent, your job isn't to be a buddy to your kids. It's not to give them every little thing they want, and make sure they're running around carefree and playing every hour of the day. Your job is to teach them about the important things in life, and over time, mold them into mature, responsible human beings who can survive—and succeed—in the real world.

– Dave

*Dave Ramsey is an eight-time national best-selling author, personal finance expert and host of "The Ramsey Show." He has appeared on "Good Morning America," "CBS This Morning," "Today," Fox News, CNN, Fox Business and many more. Since 1992, Dave has helped people take control of their money, build wealth and enhance their lives. He also serves as CEO for the company Ramsey Solutions.* ★



**Hilary's Wake Leaves Huge Losses For Table Grape Growers**  
California table grape growers in Kern and Tulare counties suffered major crop losses last month when Tropical Storm Hilary slammed vineyards as they neared the peak of harvest season. With about a third of the crop harvested before the storm hit, California Table Grape Commission estimated the wind and rain damaged 35% of the grapes that remained on vines, or around 25 million boxes. The boxes hold about 21 pounds of grapes each. Western Ag Crop Insurance Services, which surveyed the damage to table grape crops, said more than 60 million boxes may have been destroyed.

**Farmers, Water Districts Seek Solutions In and Out of Court In Flows Fight**  
Central Valley water districts are working to achieve a more holistic approach for San Joaquin River fisheries through voluntary agreements, while also pursuing court challenges to a state plan on downstream flows for fish. Central to the issue is a plan adopted in 2018 by the California State Water Resources Control Board that requires affected water users to leave unimpaired flows of 30% to 50% in three San Joaquin tributaries, the Stanislaus, Tuolumne and Merced rivers. Water districts and farmers have protested the plan, saying it cuts water supplies while doing little to help fish.

**Farm Groups Say New 'Waters of the United States' Rule Remains Problematic**  
After the U.S. Supreme Court set boundaries for what bodies of water the federal government can regulate, some farm groups say they're disappointed a revised rule meant to conform to the court ruling fails to bring clarity and certainty to agricultural landowners. The U.S. Environmental Protection Agency and the U.S. Army Corps of Engineers issued a final, modified WOTUS rule last month. It took effect last week. Farm groups had hoped that the Biden administration would instead scrap its existing rule altogether and write a completely new one.

**California Almond, Walnut Exports Boosted As India Lifts Tariffs**  
India has formally removed retaliatory tariffs on some U.S. farm products that made almonds and walnuts from California less competitive. Duties on almonds, walnuts, apples, chickpeas and lentils were lifted Sept. 6. The tariffs were eliminated two days before President Joe Biden's meeting last week with Indian Prime Minister Narendra Modi ahead of the Group of 20 economic summit in New Delhi. Almond exports to India alone represent 46% of all U.S. agricultural exports. The Indian tariffs were a response to 2019 U.S. tariffs on steel and aluminum. ★



## Single Again

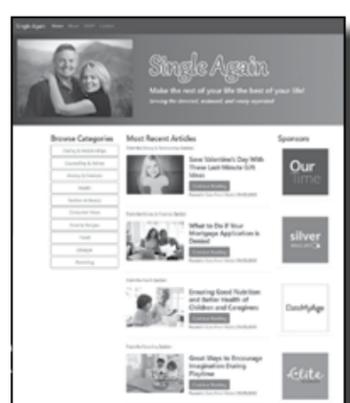
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# Nation's Finest Educational Program to Help Veterans in Need

## Nation's Finest News Release

**SACRAMENTO, CA (MPG)** - Veterans' advocates and community leaders joined together at the California State Capitol on September 12, 2023, to launch a 3-month campaign by Nation's Finest to raise awareness about programs and services to help Veterans in need.

Coinciding with National Suicide Prevention Month, the community outreach program aims to shine a light on the alarming statistics impacting Veterans – from mental health and high suicide rates to homelessness and unemployment -- and help connect Veterans and their families to resources that honor their service and ensure their care and success.

"The suicide rate among Veterans remains high, with approximately 17 Veterans committing suicide each day, and on any given night, over 40,000 Veterans don't have a place to call home in our country," said Chris Johnson, President & CEO, Nation's Finest. "As a nation, we can and should do better to honor those who have sacrificed and served, which is why we are launching this program to raise greater awareness and help connect Veterans to the help and services they need."

Through Veteran's Day, Nation's Finest will host a series of community awareness events in California, Arizona, and Nevada, that bring together community leaders, Veterans' advocates,



Honoree Don Harper (left) and Sacramento City Mayor Darrell Steinberg study this veteran's storyboard on display at the State Capitol in Sacramento. Photo by Tracy Atkins/Nation's Finest

and community partners to ensure Veterans and their families have access to services, programs, and the care available to them. Each event will feature a Nation's Finest mobile service unit staffed by trained professionals to assist Veterans, as well as community partner booths to provide educational information about available services. On display will be a powerful storytelling exhibition honoring Veteran heroes for making a difference in the lives of Veterans. At each event, Nation's Finest will present special awards to local Veterans who have gone above the call of duty to help Veterans and their families in their local communities.

During a ceremony on the west steps of the Capitol, seven local

Veteran heroes from Northern California were honored for their service. Sacramento Mayor Darrell Steinberg joined Nation's Finest to present special medallions to them for their work. A special storytelling exhibition featured their stories and that of other Veteran heroes, which will also be on display through September 30th in the window fronts of the historic Weinstocks Building in downtown Sacramento located at 1130 K Street.

"These local heroes exemplify the spirit of our community and continue to answer the call of duty in helping those who have served access mental and behavioral health care, including housing stability, employment and suicide prevention services," said Mayor Steinberg. "I

applaud the efforts of Nation's Finest in launching this important program and so many other Veteran organizations, community partners, and advocates, who work tirelessly to ensure our Veterans can get the care they need and deserve."

Sacramento area recipients of the Nation's Finest 50 Local Heroes Award include Gail Belmont, Don Harper, Kia Phillips, Steve Reed, Preston Sharp, Julie Baumgarten, and Michael Harris. Their personal stories, along with all the Nation's Finest awardees, are featured in the exhibition and on the Nation's Finest website at [www.NationsFinest.org](http://www.NationsFinest.org), along with information about the Community Outreach Program.

Harris, a U.S. Army Veteran and Sacramento

native credits the work of Nation's Finest and the support he received at Mather Veterans Village for helping change his life during vulnerable times, saying, "It was a life-changing experience to be so humbled to have to ask for help with you are vulnerable and broke. They helped lift me up and gave me a chance." Today, Michael helps other Veterans, particularly those facing homelessness. He is also Chair of the California Black Agriculture Working Group, where he is dedicated to bringing equity to Black agricultural producers.

The Nation's Finest Community Outreach Program is funded through the support of many community partners, including Verizon (presenting partner), U.S. Veterans Affairs,

Safeway, the Land of the Free Foundation, Comcast, Turton Commercial Real Estate, Enterprise Community Partners, and the Charles M. Shulz Museum, among others.

"Verizon is honored to join together with so many community partners in supporting Nation's Finest and their mission help Veterans in need," said Sophia Garcia, Director, External Affairs & Local Engagement at Verizon. "Verizon is committed to helping Veterans and their families with access to smart technologies that improve connectivity to the programs, services, and care available to them. It's through community partnerships like this that we can work together to make a difference."

This year marks 50 years since Nation's Finest was founded to support Veterans returning from the Vietnam War by providing critical housing, health, and employment support to ensure Veterans reach their full potential. During the past five decades, the programs and impact of Nation's Finest has continued to grow, having served 150,000+ veterans and providing \$275 million in direct services in 31 locations in California, Arizona, and Nevada, as well as through national services. Additionally, through its mobile service unit program, Nation's Finest can reach thousands more Veterans each year, who lack access to care by bringing resources directly to them, particularly those living in rural areas. ★

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# Nature on Parade



one of nature's most misunderstood species, will offer slithering gopher and king snakes for supervised handling. Volunteers from Sacramento Splash will detail microscopic species found in wetlands.

Resident Nature Center animals – including Einstein the tortoise and several crowd-pleasing raptors – will also interact with visitors. Deer and wild turkey sightings are likely on hosted walks through the center's 100-acre wildlife preserve.

The Nature Center is a hub for Native American studies. Maidu skill demonstrations will include basketry and tule doll-making.

Kids' games will be offered, and youth groups are welcome at the event. Snacks can be purchased from food trucks.

NatureFest runs from 10 a.m. to 3 p.m. in the Effie Yeaw Nature Center (Ancil Hoffman Park). General admission is \$7; \$3 for children aged ages 3 to 11. Parking is free. Presale tickets are available online. For more information visit [www.sacnaturecenter.net](http://www.sacnaturecenter.net) ★

Nature educator Gabe Kerschner will bring a menagerie of animal ambassadors to interact with kids to the NatureFest event at Effie Yeaw Nature Center on October 8. A red-tailed hawk Tawny will be among visiting critters.

**Story and photo by Susan Maxwell Skinner**

**CARMICHAEL, CA (MPG)** - Birds, reptiles and marsupials will be among educators during the Effie Yeaw Nature Center's

NatureFest event. The October 8 event is the center's largest educational open day of the year.

Among visiting presenters will be Gabe Kerschner, who runs an animal sanctuary in Placer County. His rescued

animals are stars of hundreds of school programs. They include an alligator, a lemur, a kangaroo and a kinkajou. NatureFest supporters will also view a more regional menagerie: this could include a skunk, a raccoon and an opossum

and raptors.

NorCalBats, an organization that rescues and rehabilitates bats will bring wee flying mammals and discuss their benefits to the environment. A bee keeper will exhibit a hive with

its industrious inhabitants. Folsom City Zoo Sanctuary will have rescued native species on display and Miridae Nursery will offer native plants for purchase.

Save the Snakes, a non-profit that champions

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Rancho Cordova Independent Adjudicated For and By the County of Sacramento, Adjudication No. 195380 - September 18, 1969  
Citrus Heights Messenger Adjudicated For and By the County of Sacramento, Adjudication No. 34-2020-00273535 - March 12, 2020  
The Rio Linda News Adjudicated For and By the County of Sacramento, Adjudication No. 358073 - March 21, 1988

Legal Advertising  
7144 Fair Oaks Blvd #5  
Carmichael, CA 95608

FICTITIOUS BUSINESS NAME STATEMENTS

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05912  
Industrial Sonlight Corp, 5824 Overhill Road, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "Maxcom/Sonlight Communications" 6105 Main Avenue Suite 14, Orangevale, CA 95662. Filed with the Clerk of Sacramento County August 9, 2023  
Publish: August 25, Sept 1, 8, 15, 2023  
MAXCOM 9-15-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06106  
Himalayan Transportation Inc., 3200 Truxel Road #146, Sacramento, CA 95833 is doing business under the Fictitious Business Name(s) "Alac Business Services" 3200 Truxel Road #146, Sacramento, CA 95833. Filed with the Clerk of Sacramento County August 16, 2023  
Publish: August 25, Sept 1, 8, 15, 2023  
ALAC 9-15-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05146  
Slayed By Kandy LLC, 836 57th Street, Sacramento, CA 95819 is doing business under the Fictitious Business Name(s) "Slayed By Kandy/ SBK Boutique" 836 57th Street, Sacramento, CA 95819. Filed with the Clerk of Sacramento County July 10, 2023  
Publish: August 25, Sept 1, 8, 15, 2023  
SLAYED 9-15-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05647  
Emily Christine Productions LLC, 4803 Windsong Street, Sacramento, CA 95834 is doing business under the Fictitious Business Name(s) "Emily Coyne Events" 4803 Windsong Street, Sacramento, CA 95834. Filed with the Clerk of Sacramento County July 28, 2023  
Publish: August 25, Sept 1, 8, 15, 2023  
EMILY 9-15-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06022  
Angelica Aiello, 8150 Monte Park Avenue, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "Angelica's Auto Sales" 6385 Auburn Boulevard #B4, Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County August 14, 2023  
Publish: August 25, Sept 1, 8, 15, 2023  
ANGELICA 9-15-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05735  
CDLEW Business Services, Inc., 5445 Madison Avenue, Sacramento, CA 95841 is doing business under the Fictitious Business Name(s) "River City Business Services" 5445 Madison Avenue, Sacramento, CA 95841. Filed with the Clerk of Sacramento County August 3, 2023  
Publish: August 25, Sept 1, 8, 15, 2023  
RIVER 9-15-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05979  
Roman Mankovskiy, 6941 Brookhaven Way, Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "Nomad Construction Supplies" 6941 Brookhaven Way, Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County August 11, 2023  
Publish: August 25, Sept 1, 8, 15, 2023  
NOMAD 9-15-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06020  
Spacecell LLC, 9777 Lincoln Village Drive, Sacramento, CA 95827 is doing business under the Fictitious Business Name(s) "Bukhara Restaurant and Market" 9777 Lincoln Village Drive, Sacramento, CA 95827. Filed with the Clerk of Sacramento County August 14, 2023  
Publish: August 25, Sept 1, 8, 15, 2023  
BUKARA 9-15-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06131  
Eduardo Ceballos Perez, 7640 Auburn Boulevard #17, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "Eddy's Beauty Salon" 7973 Auburn Boulevard, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County August 17, 2023  
Publish: August 25, Sept 1, 8, 15, 2023  
EDDYS 9-15-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05984  
Patrick Kuenster, 5612 Beauregard Way, Orangevale, CA 95662 is doing business under the Fictitious Business Name(s) "Luto Catering" 5612 Beauregard Way, Orangevale, CA 95662. Filed with the Clerk of Sacramento County August 11, 2023  
Publish: August 25, Sept 1, 8, 15, 2023  
LUTO 9-15-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05985  
Fresh Kitchen Express Inc., 9501 Shadowrock Way, Sacramento, CA 95624 is doing business under the Fictitious Business Name(s) "Moc Quam" 6035 Stockton Boulevard Suite A, Sacramento, CA 95824. Filed with the Clerk of Sacramento County August 11, 2023  
Publish: August 25, Sept 1, 8, 15, 2023  
MOC 9-15-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05717  
Mosetta Peppers, 5123 Engle Road, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Speechless Moments" 5123 Engle Road, Carmichael, CA

95608. Filed with the Clerk of Sacramento County August 2, 2023  
Publish: August 25, Sept 1, 8, 15, 2023  
SPEECHLESS 9-15-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05954  
Monica Solis Laje, 3500 Bodega Court, Sacramento, CA 95864 is doing business under the Fictitious Business Name(s) "Five Star Early Learning Family Child Care" 3500 Bodega Court, Sacramento, CA 95864. Filed with the Clerk of Sacramento County August 11, 2023  
Publish: August 25, Sept 1, 8, 15, 2023  
FIVE 9-15-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05703  
Nina Phomsouvandara, 6910 23rd Street, Sacramento, CA 95822 is doing business under the Fictitious Business Name(s) "Golden Auto Collision" 6910 Franklin Boulevard Suite 440, Sacramento, CA 95823. Filed with the Clerk of Sacramento County August 1, 2023  
Publish: August 25, Sept 1, 8, 15, 2023  
GOLDEN 9-15-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05849  
Suong Nang Dang, 8505 Middlesax Way, Sacramento, CA 95828 is doing business under the Fictitious Business Name(s) "Kamei Eco Nail Spa" 607 Sutter Street Suite 105, Folsom, CA 95630. Filed with the Clerk of Sacramento County August 7, 2023  
Publish: August 25, Sept 1, 8, 15, 2023  
KAMEI 9-15-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06108  
Zazai Family Corp, 2677 Giorno Way, El Dorado Hills, CA 95762 is doing business under the Fictitious Business Name(s) "City Wide Facility Solutions/ City Wide Facility/Solutions of Sacramento" 2941 Sunrise Boulevard Suite 240, Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County August 16, 2023  
Publish: August 25, Sept 1, 8, 15, 2023  
CITY 9-15-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05931  
Morning Star Restaurant Inc., 4400 Del Rio Road, Sacramento, CA 95822 is doing business under the Fictitious Business Name(s) "La Bou by the Zoo" 4400 Del Rio Road, Sacramento, CA 95822. Filed with the Clerk of Sacramento County August 9, 2023  
Publish: September 1, 8, 15, 22, 2023  
LABOU 9-22-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05824  
Ociel Rivera, 636 Q Street, Rio Linda, CA 95673 is doing business under the Fictitious Business Name(s) "Infinity Painting" 636 Q Street, Rio Linda, CA 95673. Filed with the Clerk of Sacramento County August 7, 2023  
Publish: September 1, 8, 15, 22, 2023  
INFINITY 9-22-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05928  
Ha Wan Ku, 4364 Oxwood Drive, Sacramento, CA 95826 is doing business under the Fictitious Business Name(s) "Vogue Cleaners" 3437 Arden Way, Sacramento, CA 95825. Filed with the Clerk of Sacramento County August 9, 2023  
Publish: September 1, 8, 15, 22, 2023  
VOGUE 9-22-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05962  
Gawfco Enterprises, Inc., 3669 Mount Diablo Boulevard, Lafayette, CA 94549 is doing business under the Fictitious Business Name(s) "Broadway Union 76" 2330 Broadway, Sacramento, CA 95818. Filed with the Clerk of Sacramento County August 11, 2023  
Publish: September 1, 8, 15, 22, 2023  
BROADWAY 9-22-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06002  
Shawn Stevens, 12225 Habitat Way, Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name(s) "SPS Auto Dealership" 12225 Habitat Way, Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County August 14, 2023  
Publish: September 1, 8, 15, 22, 2023  
SPS 9-22-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05586  
Idris Beveridge, 9016 El Cajon Way, Sacramento, CA 95826 and Trina Khan, 8569 Elaine Drive, Sacramento, CA 95828 are doing business under the Fictitious Business Name(s) "Shake that Lemon" 9016 El Cajon Way, Sacramento, CA 95826. Filed with the Clerk of Sacramento County July 26, 2023  
Publish: September 1, 8, 15, 22, 2023  
LEMON 9-22-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05567  
Cannon Constructors of California, LLC, 406 Porter Way, Milton, WA 98354 is doing business under the Fictitious Business Name(s) "Cannon Power" 406 Porter Way, Milton, WA 98354. Filed with the Clerk of Sacramento County July 26, 2023  
Publish: September 1, 8, 15, 22, 2023  
CANNON 9-22-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06132  
Sage Support Services, Inc., 8400 Thethys Way, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "The Savvy LP" 8400 Thethys Way, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County August 17, 2023  
Publish: September 1, 8, 15, 22, 2023

SAVVY 9-22-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-04997  
Chris Florin Balaj, 7137 Canelo Hills Drive, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "Brown Bear Construction" 7137 Canelo Hills Drive, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County June 30, 2023  
Publish: September 1, 8, 15, 22, 2023  
BROWN 9-22-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05730  
Angela Khang, 7640 West Stockton Boulevard Unit 283, Sacramento, CA 95823 is doing business under the Fictitious Business Name(s) "A. Khang Produce", 10490 McMillan Road, Elk Grove, CA 95757. Filed with the Clerk of Sacramento County August 2, 2023  
Publish: September 1, 8, 15, 22, 2023  
KHANG 9-22-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05764  
Vuja De, Inc., 1023 Howe Avenue, Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "1023 Storage" 1023 Howe Avenue, Sacramento, CA 95825. Filed with the Clerk of Sacramento County August 3, 2023  
Publish: September 1, 8, 15, 22, 2023  
VUJA 9-22-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06080  
Rebekah Sarah Leiplein, 6768 Medora Drive, North Highlands, CA 95660 is doing business under the Fictitious Business Name(s) "Bee Extraordinary Events" 6768 Medora Drive, North Highlands, CA 95660. Filed with the Clerk of Sacramento County August 15, 2023  
Publish: September 1, 8, 15, 22, 2023  
BEE 9-22-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06187  
3 AM BIZ, 793 Hildebrand Circle, Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "Ambrosia" 793 Hildebrand Circle, Folsom, CA 95630. Filed with the Clerk of Sacramento County August 22, 2023  
Publish: September 1, 8, 15, 22, 2023  
AMBROSIA 9-22-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06059  
Bobbie Wooten, 4625 44th Street, Sacramento, CA 95820 is doing business under the Fictitious Business Name(s) "God's Grace Room & Board" 4625 44th Street, Sacramento, CA 95820. Filed with the Clerk of Sacramento County August 15, 2023  
Publish: September 1, 8, 15, 22, 2023  
GODS 9-22-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05022  
Robert Hunter DVM, 10163 Badger Creek Lane, Wilton, CA 95693 is doing business under the Fictitious Business Name(s) "Hunter Stallion Station Equine Veterinary Clinic" 10163 Badger Creek Lane, Wilton, CA 95693. Filed with the Clerk of Sacramento County June 30, 2023  
Publish: September 1, 8, 15, 22, 2023  
HUNTER 9-22-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06188  
Katherine McQuilliams, 2230 Green Blossom, Court, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Pure Esthetics" 2230 Green Blossom, Court, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County August 22, 2023  
Publish: September 1, 8, 15, 22, 2023  
PURE 9-22-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06252  
Seydedeh Nargas Rahmatbakhsh, 7021 Folsom Ranch Drive #203, Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "Daffi's Kitchen" 7021 Folsom Ranch Drive #203, Folsom, CA 95630. Filed with the Clerk of Sacramento County August 24, 2023  
Publish: September 1, 8, 15, 22, 2023  
DAFFIS 9-22-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06238  
Elite Norcal Corp, 7412 Elsie Avenue, Sacramento, CA 95828 is doing business under the Fictitious Business Name(s) "Berkshire Hathaway HS Elite RE/Elite Mortgage" 7412 Elsie Avenue, Sacramento, CA 95828. Filed with the Clerk of Sacramento County August 23, 2023  
Publish: September 1, 8, 15, 22, 2023  
BERKSHIRE 9-22-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05867  
Jesus C Mendoza, 9055 Canberra Drive, Sacramento, CA 95826 is doing business under the Fictitious Business Name(s) "Home Forward Real Estate" 9055 Canberra Drive, Sacramento, CA 95826. Filed with the Clerk of Sacramento County August 8, 2023  
Publish: September 1, 8, 15, 22, 2023  
HOME 9-22-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06192  
Dandy Lion Properties, 7507 Evening Way, Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "Aroma" 7507 Evening Way, Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County August 22, 2023  
Publish: September 1, 8, 15, 22, 2023  
AROMA 9-22-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06466  
Paul Scholl, 4854 Tono Way, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "The Galt Herald/Elk Grove Citizen/Colusa County Pioneer Review/Pioneer Review/River Valley Times/Land Park News/East Sacramento News/Pocket News/Arden Arcade News/West Sacramento News Ledger/Dixon Independent Voice/Territorial Dispatch/The Rio Linda Elverta News/The Rio Linda News/American River Messenger/Arden Advocate/Auburn Sentinel/Carmichael Times/Carmichael Radio.com/Citrus Heights Messenger/Gold River Messenger/Granite Bay Mirror/Great American Patriot.com/Loving Out Loud.com/Messenger Publishing Group/MPG8.com/Natomas Messenger/North County Messenger/Orangevale Sun/Placer Sentinel/Rancho Cordova Grapevine Independent/Rancho Cordova Radio.com/Sacramento Oracle/Sacramento Hospice.com/Single Again.com/The Gridley Herald/The Placer Mercury/The Placer Mercury/USHospice.com/West Sacramento Sun/West Sacramento Radio.com/Wheatland Sun" 7144 Fair Oaks Boulevard #5, Carmichael, CA 95608. Filed with the Clerk of Sacramento County August 30, 2023  
Publish: September 8, 15, 22, 29, 2023  
MESSENGER 9-29-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05718  
Alfonzo Maya Vasquez, 2179 Pantages Circle, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "River City Masonry" 2179 Pantages Circle, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County August 2, 2023  
Publish: September 8, 15, 22, 29, 2023  
RIVER 9-29-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06328  
Advanced Tech Inc., 4100 Gaddi Drive #2, Sacramento, CA 95824 is doing business under the Fictitious Business Name(s) "AT Construction" 4100 Gaddi Drive #2, Sacramento, CA 95824. Filed with the Clerk of Sacramento County August 25, 2023  
Publish: September 8, 15, 22, 29, 2023  
ADVANCED 9-29-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06262  
KDOTS, LLC, 4352 Wendover Court, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "California Outdoor" 4352 Wendover Court, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County August 24, 2023  
Publish: September 8, 15, 22, 29, 2023  
CALIFORNIA 9-29-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05709  
Happy Auto Parts Inc., 3430 Sunrise Boulevard, Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name(s) "A & M Auto Dismantling" 2179 716 Bell Avenue, Sacramento, CA 95838. Filed with the Clerk of Sacramento County August 2, 2023  
Publish: September 8, 15, 22, 29, 2023  
A&M 9-29-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06369  
Paula Gerette Donovan, 3613 Voleyn Street, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Therapy With Paula" 3613 Voleyn Street, Carmichael, CA 95608. Filed with the Clerk of Sacramento County August 29, 2023  
Publish: September 8, 15, 22, 29, 2023  
A&M 9-29-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06323  
Emily Strobaugh, 6850 Kittery Avenue, Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "Kat Tails Farm" 6850 Kittery Avenue, Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County August 25, 2023  
Publish: September 8, 15, 22, 29, 2023  
KAT 9-29-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06176  
Rockhardt LLC, 5650 Auburn Boulevard Suite B, Sacramento, CA 95841 is doing business under the Fictitious Business Name(s) "Rockhardt/Matara" 5650 Auburn Boulevard Suite B, Sacramento, CA 95841. Filed with the Clerk of Sacramento County August 21, 2023  
Publish: September 8, 15, 22, 29, 2023  
ROCKHARDT 9-29-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06348  
AGH Cousins LLC, 1537 Howe Avenue #116, Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "Gyro & Kabob House" 1537 Gyro Avenue #116, Sacramento, CA 95825. Filed with the Clerk of Sacramento County August 28, 2023  
Publish: September 8, 15, 22, 29, 2023  
GYRO 9-29-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06076  
Veniamin Fedorov, 6878 Butterball Way, Sacramento, CA 95842 is doing business under the Fictitious Business Name(s) "Fedorov Unlimited Home Improvement" 6878 Butterball Way, Sacramento, CA 95842. Filed with the Clerk of Sacramento County August 15, 2023  
Publish: September 8, 15, 22, 29, 2023

FEDOROV 9-29-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06111  
Bobby Q's LLC, 2465 Werbe Lane Apt 111, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Bobby Q's" 2465 Werbe Lane Apt 111, Carmichael, CA 95608. Filed with the Clerk of Sacramento County August 16, 2023  
Publish: September 8, 15, 22, 29, 2023  
BOBBY 9-29-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06297  
Francisco Sapaden JR, 9578 2nd Avenue, Elk Grove, CA 95624 is doing business under the Fictitious Business Name(s) "Smart Patient Care" 8341 Sutter Buttes Way, Sacramento, CA 95828. Filed with the Clerk of Sacramento County August 25, 2023  
Publish: September 8, 15, 22, 29, 2023  
SMART 9-29-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06395  
Northwest Restoration Inc., 5704 Dry Creek Road, Rio Linda, CA 95673 is doing business under the Fictitious Business Name(s) "Water, Smoke and Mold/Water, Smoke, Mold and Asbestos Removal" 5704 Dry Creek Road, Rio Linda, CA 95673. Filed with the Clerk of Sacramento County August 29, 2023  
Publish: September 8, 15, 22, 29, 2023  
WATER 9-29-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06299  
Gagik Avdalyan, 7730 Antelope Run Drive, Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "Garys Auto Sales" 7730 Antelope Run Drive, Antelope, CA 95843. Filed with the Clerk of Sacramento County August 25, 2023  
Publish: September 8, 15, 22, 29, 2023  
GARYS 9-29-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06448  
Jeffrey Valerio, 4708 Orono Court, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "CaliCulture" 4708 Orono Court, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County August 30, 2023  
Publish: September 8, 15, 22, 29, 2023  
CALICULTURE 9-29-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06446  
Krysten Murphy, 5461 Ranier Drive, Garden Valley, CA 95633 is doing business under the Fictitious Business Name(s) "Eco and Ember" 4708 Orono Court, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County August 30, 2023  
Publish: September 8, 15, 22, 29, 2023  
ECO 9-29-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05401  
Comfort Wheels LLC, 2847 Walnut Avenue, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "A&T Automotive" 2847 Walnut Avenue, Carmichael, CA 95608. Filed with the Clerk of Sacramento County July 19, 2023  
Publish: September 8, 15, 22, 29, 2023  
A&T 9-29-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05723  
Jeffrey Aaron Morris, 6904 Stanford Oak Drive, Sacramento, CA 95842 is doing business under the Fictitious Business Name(s) "Under My Thumb Massage" 6904 Stanford Oak Drive, Sacramento, CA 95842. Filed with the Clerk of Sacramento County August 2, 2023  
Publish: September 8, 15, 22, 29, 2023  
UNDER 9-29-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06380  
Jose J. Rojas Armenta and Ana G. Rojas Rodriguez, 9569 Gardella Way, Sacramento, CA 95829 is doing business under the Fictitious Business Name(s) "A&S Lawn Service" 9569 Gardella Way, Sacramento, CA 95829. Filed with the Clerk of Sacramento County August 29, 2023  
Publish: September 8, 15, 22, 29, 2023  
A&S 9-29-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05927  
Helena Gimelli, 5131 Monetta Lane, Sacramento, CA 95835 is doing business under the Fictitious Business Name(s) "Adventures Travel Planner/makemyvacationadvisor.com/makemytripplanner.com" 5131 Monetta Lane, Sacramento, CA 95835. Filed with the Clerk of Sacramento County August 9, 2023  
Publish: September 8, 15, 22, 29, 2023  
ADVENTURES 9-29-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06227  
Norcal Auto Works LLC, 7808 Fair Oaks Boulevard, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Wrench Rat" 7808 Fair Oaks Boulevard, Carmichael, CA 95608. Filed with the Clerk of Sacramento County August 23, 2023  
Publish: September 8, 15, 22, 29, 2023  
WRENCH 9-29-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05895  
Becker Academy of Guitar, 6711 Winding Way, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "Becker Music Academy" 6711 Winding Way, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County August 8,

2023

Publish: September 8, 15, 22, 29, 2023  
BECKER 9-29-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06202  
Allstar Tech Solutions LLC, 19655 East Ivy Lane, Queen Creek, Arizona 85142 is doing business under the Fictitious Business Name(s) "UBreakfix by Asurion" 1537 Howe Avenue Suite 120, Sacramento, CA 95825. Filed with the Clerk of Sacramento County August 22, 2023  
Publish: September 8, 15, 22, 29, 2023  
UBREAKFIX 9-29-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06474  
Zachariah John King, 7213 8th Street, Rio Linda, CA 95673 is doing business under the Fictitious Business Name(s) "Zachariah JK Decorating" 7213 8th Street, Rio Linda, CA 95673. Filed with the Clerk of Sacramento County August 31, 2023  
Publish: Sept 15, 22, 29, Oct 6, 2023  
ZACHARIAH 10-6-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06519  
T.L.S. Park, Inc., 3811 Recycle Road Suite B, Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name(s) "Benzeen Auto Sales" 3811 Recycle Road Suite B, Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County July 21, 2023  
Publish: Sept 15, 22, 29, Oct 6, 2023  
BENZEEN 10-6-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06519  
Martin Clay Smith, 6860 Woodlock Way, Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "United People Rights Defense Group" 6860 Woodlock Way, Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County September 1, 2023  
Publish: Sept 15, 22, 29, Oct 6, 2023  
UNITED 10-6-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06285  
Jeremy Fischer, 4111 Anatolia Drive, Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name(s) "Take Flight" 7443 Murieta Drive, Rancho Murieta, CA 95683. Filed with the Clerk of Sacramento County August 25, 2023  
Publish: Sept 15, 22, 29, Oct 6, 2023  
FLIGHT 10-6-23

NOTICE OF PETITION TO ADMINISTER ESTATE  
To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both, of Jeffrey Dee Durrett, Jeffery Lee Wallis.

A Petition for Probate has been filed by Teri Smith, in the Superior Court of California, County of Sacramento, requesting Teri Smith be appointed as personal representative(s) to administer the estate of the decedent.

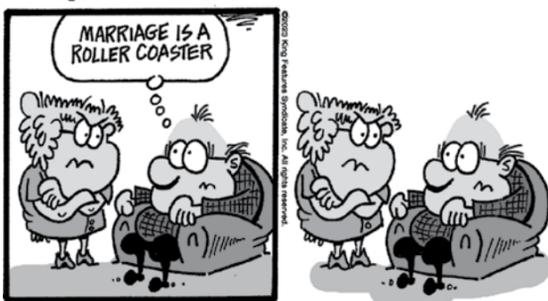
The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A hearing on the petition will be held in this court as follows December 27, 2023, 9:00 a.m. in Dept 129; Superior Court of California, County of Sacramento, William R. Ridgeway Family Relations Courthouse, 3341 Power Inn Road, Sacramento, CA 95826.

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

# COMICS & PUZZLES

## The Spats



by Jeff Pickering



## Amber Waves



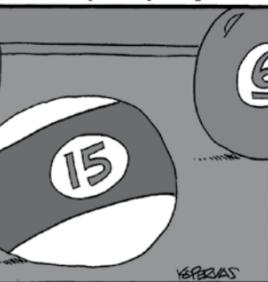
by Dave T. Phipps



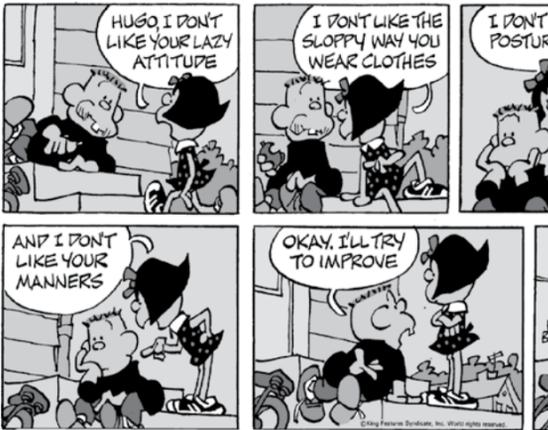
## Out on a Limb



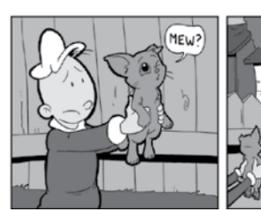
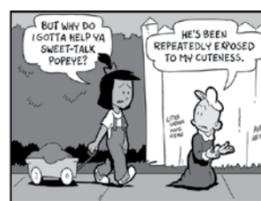
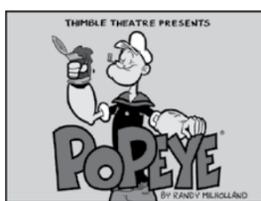
by Gary Kopervas



## TIGER



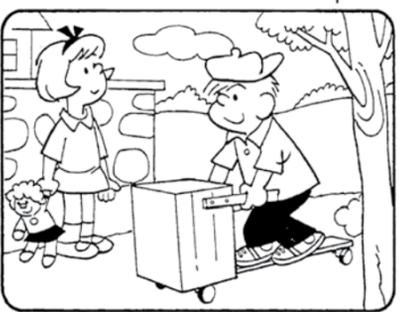
by BUD BLAKE



## HOCUS-FOCUS

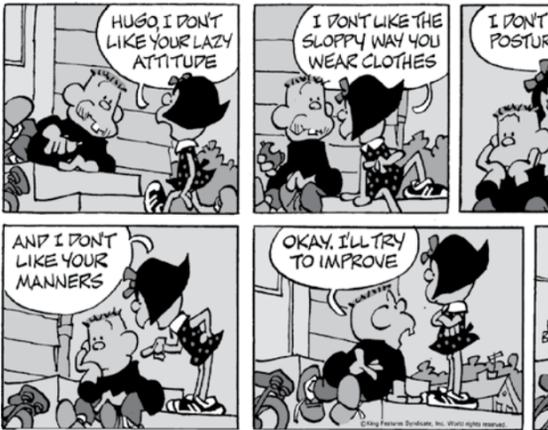
BY HENRY BOLTIHOFF

Find at least six differences in details between panels.



Differences: 1. Plant is missing. 2. Book's hair is shorter. 3. Spots are shorter. 4. Hair is missing. 5. Shirts are different. 6. Where is missing.

## GRIN & BEAR IT



by Dave T. Phipps



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B	A	W	L			E	F	T		T	A	N	K	S		

## STATEPOINT CROSSWORD • WORLD SERIES

- CLUES**
- ACROSS**
- In the middle of
  - "...the Beloved Country"
  - Start of "The Night Before Christmas"
  - Anoint
  - \*"...three strikes, ...re out, at the old ball game"
  - Capital of Egypt
  - \*Yanees owner, George \_\_\_\_\_ brenner
  - Mandela's org.
  - Back street
  - \*"Walk-off move (2 words)"
  - \*"One of MLB countries"
  - Start an engine
  - Salvador Dalí's muse
  - Old French coin
  - Select
  - Pass, as time
  - Antonym of is
  - Rumpelstiltskin's weaver
  - Virgo's brightest star
  - Snack, in Spain
  - Rose oil
  - \*Yogi Berra - 295 PA, e.g.
  - \*"Player's representative"
  - Eyelid affliction
  - Shade of beige
  - \*a.k.a. Mr. October
  - Small island
  - In the know
  - Part of armor
  - Octopus's defense
  - \*"Last year's World Series winners"
  - \*Ronald Acu a Jr.'s home base
  - Indian monetary unit
  - Sun, in Mexico
  - \_\_\_\_\_ Asimov
  - Artemis's companion
  - E.T.'s craft, acr.
  - Shelf material
  - Cry like a baby
  - Young newt
  - Shermans, in World War II
- DOWN**
- It starred Alan Alda from 1972-1983
  - Digging, so to speak
  - Think
  - More like a fox
  - Madagascar's hedgehog-like animal
  - Printer cartridge color
  - \*Guidry, Cey or Gardenhire
  - New Mexico's state flower
  - Samoa money
  - \*\_\_\_\_\_ card
  - Length times width
  - Tofu ingredient
  - Lock sites
  - Soft palate hanger
  - Kind of beer
  - Speech organ
  - Fretted instrument
  - a.k.a. People of the Middle Waters
  - Remove pegs
  - Auction portions
  - Cathedral recess
  - \*\_\_\_\_\_ clock
  - Close call
  - Relish (2 words)
  - NASA's orange drink

**CROSSWORD**

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5	4	8	1	3	7	6	2	9
7	1	6	9	2	8	5	3	4

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Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

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Resources for The Golden Years

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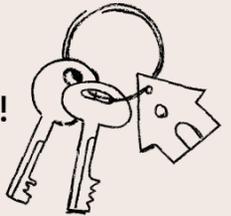
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**WEEKLY MEAT SPECIALS**

Beef Rump/Bottom Round Roast - Bnls Paiza Contra ea Trozo sin Hueso <b>\$4.99/lb</b>	Beef Ribeye Roast - Boneless Chuletón de Ternero Asado <b>\$5.99/lb</b>	Beef Ribeye Steak - Boneless Filet de Chuletón de Terneros <b>\$6.99/lb</b>
Chicken Leg Quarters Piernas y Muslo de Pollo <b>79¢/lb</b>	Pork Baby Back Ribs Costillas de Cerdo <b>\$3.99/lb</b>	Pork Loin Chops Bone In Chuletas de Cerdo con Hueso <b>\$2.99/lb</b>

**FRESH PRODUCE**

Russet Potato 10 lbs <b>\$3.79/bag</b>	Rainbow Bellpepper 2 lbs <b>\$3.99/ea</b>	Chayote Squash <b>99¢/lb</b>	Mexican Papaya <b>99¢/lb</b>
Fairytale Pumpkin <b>79¢/lb</b>	Sweetie Apple <b>\$1.49/lb</b>	Hami Melon <b>59¢/lb</b>	Orange Valencia 10 lbs <b>\$5.49/bag</b>

**AMERICAN/HISPANIC GROCERY**

Vanilla Aloe Vera Drink 1.5 liters <b>\$2.49/ea</b>	Morion Instant & Regular Salt 26 oz <b>\$1.49/ea</b>	Milk-O-Meal Cereal Bag 4 kinds 16-47 oz <b>\$2.99/ea</b>	Masa Corn Masa Flour 4 lbs <b>\$4.99/ea</b>	Fibra Ultra Soft Bath Tissue 12 rolls <b>\$6.99/ea</b>
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**ASIAN GROCERY**

Lee Kum Kee Kum Chun Oyster Sauce 17 oz <b>\$1.39/ea</b>	Chippis 2 kinds 900 ml <b>\$2.49/ea</b>	Jack n Jill Chippy BBQ Flavor 705 oz <b>\$1.99/ea</b>	Chaokoh Coconut Water 1 liter <b>\$1.99/ea</b>	JHC Fried Onion 8 oz <b>\$5.99/ea</b>	Sweet Coconut Cream 14 oz <b>\$1.99/ea</b>
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**EUROPEAN GROCERY**

Skatovok Sunflower Oil (unrefined) 5 liters <b>\$19.99/ea</b>	Polinka Cabbage Leaves (pickled) 5 lbs <b>\$7.29/ea</b>	Polivka Beef Goulash 300 g <b>\$4.99/ea</b>	Peanut Honey Ginger Tea 3 kinds 20 sachets <b>\$3.99/ea</b>	Don Tea Blend and Earl Grey 500 gr <b>\$9.99/ea</b>
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**KOREAN/JAPANESE GROCERY**

Product of Korea White Rice 20 lbs <b>\$19.99/ea</b>	Yonmu Bibimbom 4 x 4.59 oz <b>\$2.99/ea</b>	Mongin Soy Sauce 2 kinds 900 ml <b>\$3.99/ea</b>	Premium Roasted Sesame Oil 5 x 4 g <b>\$1.59/ea</b>	Onji Jin Ramen 2 kinds 18 x 4.25 oz <b>\$16.99/ea</b>	Pickled Radish 2.2 lbs <b>\$2.99/ea</b>
Wang Goo Jang 500 g <b>\$2.99/ea</b>	Organic Soy Noodle 3 lbs <b>\$6.99/ea</b>	Korean Rice Cake Stick 2 lbs <b>\$2.99/ea</b>	CJ Korean Pancake & Fry Mix 1 lb <b>\$2.49/ea</b>	Loon Green 100 g 5 kinds 18 x 12.17 oz <b>\$1.99/ea</b>	Soba & Soybean Sprout 12.17 oz <b>\$3.99/ea</b>

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BIGEN SPEEDY HAIR COLOR (REFILL ONLY) <b>4.99/ea</b>	HAIR CARE SHAMPOO <b>19.99/ea</b>	ELECTRIC RICE COOKER (4 CUPS) <b>\$49.99</b>	ELECTRIC RICE COOKER (6 CUPS) <b>\$54.99</b>	ELECTRIC RICE COOKER (10 CUPS) <b>\$59.99</b>
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**FROZEN & FISH DEPT**

Dried Pollack 200 g <b>\$12.99/ea</b>	Kretzmar Oven Roasted Turkey Breast Ham off the Bone <b>\$6.19/ea</b>
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Pitted Green Olives <b>\$8.19/ea</b>	Pitted Green Olives Stuffed with Almonds <b>\$5.99/ea</b>
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