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THE NEWS

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VOLUME 42 • ISSUE 39 *Serving Rio Linda, Elverta and Sacramento County* SEPTEMBER 29, 2023

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We Can Do It Together



Role models at the Aerospace Museum's "We can Do it Together" event include Karen Jones (left), Karen Mogus, Erin Donnette, Meghan Roberts, Cathy Cook, Heidi Sanborn, Rashel Cedeno de Abreu, Lauren Grindstaff and Amber Motley. The open day encourages STEAM-based education for young women.

**Story and photos
by Susan Maxwell
Skinner**

SACRAMENTO REGION, CA (MPG) - Almost 1000 teenage girls recently flocked to the Aerospace Museum of California's third annual "We Can Do It Together" open day. Free to middle and high school students, the event aimed to introduce its visitors to STEAM (science, technology, engineering, art and math) careers. One attraction was the opportunity to meet role models who have succeeded in STEAM fields. Architects, pilots and women making waves in energy, medicine, dentistry and construction discussed their careers. The teens had free range of museum exhibits,

including artifacts from aviation's early years. They also got handy with STEAM-based activities like Alka Seltzer rocket art, making wind turbines and designing their own space craft. "Our 'We Can Do It Together' events take Rosie the Riveter as an example of what was achieved by women during WW 11," explained Aerospace Museum Advancement Director Karen Jones. "Rosie was all about strength, determination and breaking the mold. We want girls to know they can be anything they want to be. The sky is their limit - and beyond. We want them to aim high and dream big." Event sponsors included: Aerojet Rocketdyne; Boeing; Girl Scouts; Carmichael

Kiwanis, San Juan and Twin Rivers School Districts; SAFE Credit Union; SMUD.

Learn about Aerospace Museum events at www.aerospaceCA.org ★



Foothill Ranch Middle School students Jordyn Pulos (left), Maybelline Bonilla, Leila Sandoval and Audrianna Arnold pose beside a Vietnam War "Jolly Green Giant" helicopter.

Women's Empowerment Receives \$25K from Kaiser for Unhoused Women and Children

**By Kristin
Thébaud, Thébaud
Communications**

SACRAMENTO, CA (MPG) - Women's Empowerment has received \$25,000 in new support from Kaiser Permanente to help Sacramento women experiencing homelessness during the ongoing housing crisis. Kaiser is supporting Women's Empowerment's work to empower unhoused women with economic opportunity so they can keep their families healthy. "Kaiser Permanente has been one of our most steadfast supporters over the years, and we are grateful for their continued investment in our work as we find new ways to help women overcome homelessness during the



prolonged housing crisis in Sacramento," said Lisa Culp, executive director, Women's Empowerment. Women's Empowerment provides a two-month employment-readiness and empowerment program, paid job training, childcare and support services so women and their children can break the generational cycle of homelessness. Women's Empowerment offers the most comprehensive job-readiness program in the Sacramento area designed specifically for women experiencing homelessness and their

children. The grant from Kaiser will fund Women's Empowerment's work with unhoused women in Sacramento to ensure they have a wide range of tools to secure quality jobs and careers that lead to a livable wage and safe home for their families, including job training and support groups for women who have experienced domestic violence or substance use. "We're proud to support Women's Empowerment and its efforts to reduce homelessness and increase access to steady jobs in the Sacramento area," said

James (Jay) L. Robinson III, senior vice president and area manager for Kaiser Permanente Sacramento and South Sacramento. "Providing access to safe, stable housing and opportunities for employment are part of Kaiser Permanente's commitment to improve the health of the communities we serve." Last year, 121 Women's Empowerment graduates secured employment or enrolled in paid training or education. Since 2001, 1,837 women have graduated from the program with their 3,894 children. Women's Empowerment is funded through private donations from the community and grants. To make a donation: Womens-Empowerment.org ★

New Guidance Available for COVID Vaccines

**Sacramento County
News Release**

SACRAMENTO COUNTY, CA (MPG) - In response to the evolving nature of the COVID-19 virus, the Centers for Disease Control and Prevention (CDC) has issued new guidance for vaccines. Bivalent COVID-19 vaccines have been phased out, making way for an updated vaccine that offers enhanced protection against the prevalent Omicron variants. Who Should Get the Updated COVID-19 Vaccine?

The CDC strongly recommends that every individual aged 6 months and older receive the updated COVID-19 vaccine. This inclusive approach ensures that a broad spectrum of the population is shielded from the ever-evolving virus. The updated COVID-19 vaccine will soon be accessible to the public and available to most people at no cost. For those without insurance, a network of pharmacies, select health care centers, and clinics operated by Sacramento County Public Health will offer the vaccine. This approach ensures that no one is left behind, regardless of their financial circumstances.

Individuals with private health insurance, Medicaid, or Medicare coverage are encouraged to visit a pharmacy or their doctor's office to receive their updated COVID-19 vaccine. This streamlined process allows those with insurance to efficiently access the vaccine through existing healthcare channels. To stay updated on the latest information regarding the availability and distribution of the updated COVID-19 vaccine, visit the Public Health website. We will provide valuable resources, including links to the MyTurn platform and information on nearby clinics. The updated COVID-19 vaccine is a continued resource in safeguarding public health against the Omicron variants. By ensuring accessibility to all, regardless of insurance status, we aim to create a safer, healthier community for everyone. Stay informed, stay protected, and let us move forward together in the fight against COVID-19. ★



Oriental Fruit Flies Detected in Sacramento County

Sacramento County News Release

SACRAMENTO COUNTY, CA (MPG) - The Sacramento County Agricultural Commissioner, in cooperation with the California Department of Food and Agriculture and the United States Department of Agriculture, have initiated an extensive survey and eradication plan in response to the detection of nine male oriental fruit flies (OFF), *Bactrocera dorsalis*, near the city of Rancho Cordova and the American River Parkway in Sacramento County.

The initial detection was confirmed on Sept. 12, 2023. The detections were made as part of our coordinated pest prevention system that protects our agriculture and natural resources from invasive species, with early detection as a key component to successfully eradicating an infestation before it can become established.

The extensive survey, also known as a delimitation survey, consists of multiple oriental fruit fly traps at prescribed densities going out 4.5 miles in each direction from the oriental fruit fly detection sites. These nine OFF will trigger a quarantine, which will be announced shortly by the California Department of Food and Agriculture.

Following the principles of Integrated Pest Management (IPM), agricultural officials use “male attractant” technique as the mainstay of the eradication effort for this invasive species. This approach has successfully eliminated dozens of fruit fly

infestations in California. Trained workers squirt a small patch of fruit fly attractant mixed with a very small dose of Spinosad, a natural pesticide made by a soil bacterium and approved for use on organic crops, approximately 8-10 feet off the ground on street trees and similar surfaces; male fruit flies are attracted to the mixture and perish after consuming it. The male attractant treatment program is being carried out over an area that extends 1.5 miles from each site where the oriental fruit flies were trapped.

While fruit flies and other invasive species that threaten California’s crops and natural environment are sometimes detected in agricultural areas, the vast majority are found in urban and suburban communities. The most common pathway for these pests to enter the state is by “hitchhiking” in fruits and vegetables brought back illegally by travelers as they return from infested regions of the world or from packages of homegrown produce sent to California. Help protect California’s agricultural and natural resources; please don’t pack a pest when traveling or mailing packages.

“Invasive non-native fruit flies are serious pests for California’s agricultural industry and backyard gardens,” said Sacramento County Agricultural Commissioner Chris Flores. “These recent detections remind us that we need to remain vigilant in protecting our agricultural and natural resources. When traveling abroad or mailing packages to California,

we urge the public not to bring back or ship fruits and vegetables as they are pathways for oriental fruit flies and other invasive species entering our state.”

The oriental fruit fly is known to target over 230 different fruit, vegetable and plant commodities. Important California crops at risk include grapes, pome and stone fruits, citrus, dates, avocados, tomatoes and peppers. Damage occurs when the female fruit fly lays her eggs inside the fruit. The eggs hatch into maggots, which tunnel through the flesh of the fruit, making it unfit for consumption.

The oriental fruit fly is widespread throughout much of the mainland of southern Asia and neighboring islands, including Sri Lanka and Taiwan, and it has invaded other areas, most notably Africa and Hawaii.

Federal, State and County agricultural officials work year-round, 365 days a year, to prevent, deter, detect, and eliminate the threat of invasive species and diseases that can damage or destroy our agricultural products and natural environment. The efforts are aimed at keeping California’s natural environment and food supply plentiful, safe and pest-free.

Residents with questions about the project may call the Sacramento County Agricultural Commissioner’s office at 916-875-6603 or the California Department of Food and Agriculture’s Pest Hotline at 1-800-491-1899. ★

Bera Tours the Highway 50 Construction



Representative Ami Bera, M.D. (CA-06) joined Caltrans District 3 workers for a behind-the-scenes look at the ongoing construction along Highway 50. He supported the Bipartisan Infrastructure Law, which is playing a pivotal role in driving forward essential infrastructure upgrades right here in Sacramento County and across the nation.

Arrest Made in Rio Linda Homicide

Sacramento County Sheriff's Dept. News Release

SACRAMENTO COUNTY, CA (MPG) - On September 18, 2023, at approximately 2:15 AM, the Sheriff’s Communications Center received a 911 call from a residence on 22nd Street in Rio Linda, where the caller stated her son had been shot. Deputies arrived on scene a short time later and discovered a juvenile male victim suffering from at least one gunshot wound. Deputies discovered the victim was unresponsive and immediately began life-saving first aid but were unsuccessful. Fire personnel arrived on scene and pronounced the victim

deceased.


Homicide detectives and Crime Scene Investigators responded to the scene, interviewed witnesses, and gathered evidence. The victim’s information will be made available by the Sacramento County Coroner. As detectives progressed in their investigation, they were able to determine the identity of one suspect. Homicide Detectives obtained an arrest warrant for that suspect, a juvenile male. On September 19, 2023, detectives from the Major Crimes Bureau located and arrested the suspect without incident.

This investigation is still ongoing, and detectives are asking anyone with

information about this incident to contact the Sheriff’s Office at (916) 874-5115 or Sacramento Valley Crime Stoppers at (916) 443-HELP (4357). Tips leading to an arrest are eligible for a CASH reward of up to \$1000, and tipsters remain anonymous. Tips are paid in cash, and you are never asked for identification. Contact Sacramento Valley Crime Stoppers at (916) 443-HELP (4357), 1-800-AA-CRIME, or **TIPS. Use the “P3 TIPS” app or online at www.sacvalleycrimestoppers.com.

Tip information may also be left anonymously at www.sacsheriff.com or by calling (916) 874-TIPS (8477). ★





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Safe Sleep Baby Education: A Lifesaving Initiative



The Safe Sleep Baby Education Campaign is actively working to break generational and cultural misconceptions about safe sleeping practices. Image by PublicDomainPictures from Pixabay

Sacramento County News Release

SACRAMENTO COUNTY, CA (MPG) - Sacramento County’s Safe Sleep Baby Education Campaign is a testament to the power of community-based initiatives. The program has made a significant impact on the lives of many families since its inception in 2014. In honor of National Baby Safety Month, Sacramento County’s Department of Child, Family and Adult Services is sharing the life-saving efforts of the Safe Sleep Baby Education Campaign and how it's reducing the prevalence of baby sleep-related deaths.

On average, 27 babies die from sleep-related deaths in Sacramento County each year. These deaths are especially prevalent among African American babies, who are three times more likely to experience infant sleep-related fatalities than their non-African American counterparts. The goal of the Safe Sleep Baby Education Campaign is to reduce infant sleep-related deaths, especially within the African American community. These heartbreaking deaths are preventable when parents are equipped with the knowledge and tools to ensure their babies sleep safely.

“Every other week in Sacramento County, an infant dies of a sleep-related death, half are African American babies. However, these are nearly all preventable when a parent understands and uses the six steps to safely sleep their baby every time the baby sleeps. Every infant sleep-related death is more than a tragic statistic; it's a deafening silence in a home, first steps that will never be taken, future laughter that will never be heard, and dreams unfulfilled. Through Safe Sleep Baby, we are not just disseminating information but reclaiming the promise of life itself for every child in our community,” says Child Abuse Prevention Center Chief Program Officer Stephanie Biegler.

The six steps Stephanie refers to are part of the program's core mission to educate parents and caregivers about safely putting a baby to sleep. Remember: Alone, Back, Crib Always when sleeping a baby. These are the six steps:

Sleep the baby ALONE; Sleep the baby on their BACK; Sleep baby in a CRIB; Put nothing in the baby’s sleep area; Do not overdress the baby; Do not smoke anything around the baby.

The Safe Sleep Baby Program does more than just provide parents and caregivers with these safety steps. Rather than simply distributing brochures, the program's model involves parents connecting with home visitors for at least an hour to

go through a comprehensive PowerPoint presentation. The personal touch ensures that parents receive accurate information and have the opportunity to ask questions. The program goes above and beyond to break barriers and help families in need. If the family does not have a place to safely sleep their baby, the program can provide them with a portable crib. One new parent shared, “The Safe Sleep Baby workshop not only pertained to sleep but covered several topics that are imperative to keeping your baby safe, happy, and healthy. Reach one, teach one, is being fulfilled by Safe Sleep Baby to set a foundation for generations to come.”

Data shows that since the Safe Sleep Baby Program started, Sacramento County infant sleep-related deaths decreased by 54% among African American infants, and the disparity gap in deaths between African American infants and all other racial groups has decreased by 60%.

Safe Sleep Baby education is imperative for infants with a Sacramento County Child Protective Services (CPS) referral. From 2010-2019, the infant sleep-related death rate was nearly four times greater for infants with CPS referrals compared with those infants who had no history of CPS.

In addition to reducing deaths, the Safe Sleep Baby Education Campaign is actively working to break generational and cultural misconceptions about safe sleeping practices. Staff from the program say parents they've worked with express gratitude and feel empowered. The campaign also works with hospitals to make sure nurses and doctors are actively modeling safe sleep behaviors.

Through education, outreach, and collaboration with service providers, Sacramento County's Safe Sleep Baby Education Campaign is keeping babies safe while empowering parents and caregivers. Initiatives like this one make a lasting impact in our community. With knowledge, resources, and dedication, we can protect Sacramento County’s most vulnerable children and communities.

While most parents and guardians who participate in the Safe Sleep Baby Program are referred to the program, any parent/caregiver with an infant under the age of one in Sacramento County can take the one-hour education training. To learn more about the campaign or for assistance, contact the Information & Referral Line at (916) 244-1900. Together, we can ensure every baby in Sacramento County sleeps safely and soundly. ★

SacRT Awarded \$4.4M for Infrastructure Projects

SacRT News Release

SACRAMENTO, CA (MPG) - The Sacramento Regional Transit District (SacRT) is thrilled to announce that it has been awarded a total of \$4.4 million in state grant funding for three projects aimed at enhancing transportation infrastructure and addressing climate change impacts within the Sacramento region. These grants underscore SacRT’s commitment to sustainable and accessible transit options across the region.

The grant awards are as follows:

Strategic Growth Council Affordable Housing Sustainable Communities (AHSC) Grant - \$3.2 Million This significant grant funding will enable SacRT, in partnership with Bridge Housing, to make critical improvements to eight bus stops and fund platform modifications at the Arden/Del Paso Station on the Blue Line, ensuring that it meets the height requirements for the deployment of new low-floor light rail trains.

These enhancements will improve the overall transit experience for riders while contributing to the reduction of greenhouse gas emissions. In addition, as part of the AHSC award, BRIDGE Housing will transform the vacant land and unoccupied buildings at 440 Arden Way into a vibrant mixed-use development including 124 affordable homes. The ground floor will include a commercial childcare center available to residents of the broader neighborhood, a resident services suite, community room, and a multipurpose room, surrounding a courtyard with playgrounds and community gardens.

Caltrans Climate Adaptation Planning Grant - \$730,209 In a collaboration effort with the City of Sacramento and SacRT funds were secured to address the impacts of climate change. The project involves a comprehensive multi-hazard risk assessment of transportation systems, the development of adaptation solutions, and the creation of a prioritized list of transit projects using a multi-criteria analysis.

Ultimately, this initiative will lead to the integration of climate change adaptation strategies into the capital improvement process, providing both the City and SacRT with actionable efforts to reduce climate change impacts on our transportation infrastructure.

Caltrans Climate Adaptation Grant - \$470,000 SacRT, in partnership with the City of Elk Grove, has received funding to further plan and conceptual design for extending the Blue Line light rail and/or bus rapid transit from the city of Sacramento to the city of Elk Grove. This project encompasses an existing conditions report, alignment and station location recommendations, ridership projections, technical analysis, traffic modeling, and station area plans.

The collaboration, supported by the Sacramento Area Council of Governments (SACOG), will engage various stakeholders and involve extensive community participation, ensuring that the project aligns with the needs and aspirations of the community.

“These grants mark a significant milestone in our efforts to enhance transit accessibility, increase housing and reduce our region’s carbon footprint,” said SacRT General Manager/CEO Henry Li. “We are committed to delivering sustainable and innovative solutions that will not only improve transit services but also contribute to a greener and more resilient future for the Sacramento region.”

SacRT is the American Public Transportation Association’s (APTA) Outstanding Public Transportation System of the Year award recipient in North America for accomplishment and innovations in public transportation, the 2022 and 2019 national TSA Gold Standard Security Award recipient for the highest standard of excellence, and the 2021 and 2020 national APTA Rail Safety Gold Award recipient for its multi-faceted and innovative approach to reducing crime and fare evasion. SacRT operates approximately 82 bus routes (fixed-route, dial-a-ride and

microtransit); 43 miles of light rail serving 53 stations; and ADA paratransit services all within a 440-square mile service area throughout Sacramento County, which includes service in the cities of Sacramento, Citrus Heights, Elk Grove, Folsom and Rancho Cordova. April 1, 2023, marks SacRT’s 50th anniversary of operation, celebrating our five decades of historic milestones.

“The City of Elk Grove annexed its transit services with SacRT in 2021 to improve regional connectivity and to expand a high-capacity transit solution into the city of Elk Grove,” said Elk Grove Mayor and SacRT Director Bobbie Singh-Allen. “As Elk Grove grows with more mixed-use higher density housing projects, I am excited to see the partnership with SacRT ensure efficient and reliable transit is being incorporated.”

“As the region prepares for the impacts of climate change, I am thrilled the City of Sacramento and SacRT are partnering on adaptation and resiliency solutions,” said SacRT Vice Chair and Sacramento City Councilmember Rick Jennings. “These funds will reduce climate change impacts on our transportation systems and promote health, safety and mobility.”

“BRIDGE Housing is proud to partner with SacRT on 440 Arden Way,” said BRIDGE Housing President & CEO Ken Lombard. “This high-impact investment supports our shared goal of bringing this community alive with 124 affordable homes and supportive services near high-quality transportation, education, and jobs to support our residents and their neighbors to thrive.”

These grants showcase the dedication of SacRT and its many partners in making transit more efficient, accessible, and environmentally responsible. SacRT is excited to embark on these transformative projects and looks forward to working closely with the community to bring these initiatives to fruition.

For more information about these projects, visit www.sacrt.com/apps/projects/. ★




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ARREST LOGS UPDATED DAILY



By County Supervisor Sue Frost

Through the generosity of the *The Rio Linda News*, this column serves to provide an update about matters affecting the community of Rio Linda.

During my tenure on the Board of Supervisors, I’ve observed various approaches and strategies addressing the County’s homelessness dilemma. In the past I have referred to the age-old concept of “the carrot and the stick” which frequently emerges in conversations about the governance and regulation of the homeless community. At its core, this idea reflects the universal balance we all strike between rules and rewards.

The complexity of this issue increases when considering a segment of our community that is battling mental health challenges and drug-related disorders. Such individuals can lose track of their possessions, remain unaware of their conditions due to “anosognosia,” face the harshness of outdoor living, and regrettably, some become targets for nefarious elements within and outside their community.

My recent discussion with the Sheriff’s Office brought forth a key insight: the homeless are not an isolated group, but an intrinsic part of our broader community. Their primary distinction is the lack of a fixed address, and the conscious choice to detach

Rio Linda Community Update

Time For Real Action on Homelessness

from societal norms. This, understandably, presents unique challenges for our tax-paying society. For example, how does one monitor parolees without an address?

In the unincorporated areas of the County, the Board of Supervisors addresses these challenges by bridging the divide. Programs such as Navigator outreach, Park Rangers, Sheriff HOT Teams, and sweeps serve to maintain a connection with our homeless community. These operations identify encampments, determine if there are criminal records among inhabitants, combat human trafficking, and shield the most vulnerable. Sheriff Cooper’s pragmatic approach to law enforcement underscores a simple truth: the laws exist, they merely need consistent application.

Recently, DA Thien Ho took an unprecedented step, sending a message to the City of Sacramento that reiterates this sentiment. His letter emphasizes the necessity for the City of Sacramento to uphold existing laws, especially concerning the management of the downtown homeless population. The point isn’t to demonize, but to highlight the importance of consistent enforcement of laws.

The current policy direction in our state has unfortunately widened the gaps in public safety and how we enforce laws. But a lingering question remains, how much longer do taxpayers have to bear the burden of problems

amplified by legislative inaction? This isn’t just an abstract statement; it’s a call for accountability!

Despite the obstacles, I remain hopeful. With leaders like DA Thien Ho and Sheriff Cooper standing up for justice and law, there’s a silver lining. Even in the face of criticism, I hold a positive outlook for our Safe Stay communities. Their mission is to pave the way for treatment and brighter prospects for those who need it most. DA Thien Ho’s commitment to tackling Sacramento’s homelessness issue signals a tide of change.

His candid criticism of Sacramento City’s officials, especially regarding the inconsistent enforcement of rules, such as the encampment-clearing ordinance, resonates with many. A new approach is overdue. Residents of Sacramento, both in the County and City, should reside in a place free from illegal encampments, and most importantly everyone deserves an opportunity for a stable future.

Thank you for Reading – and as always if you want to contact me, call me at 916-874-5491, or e-mail me at SupervisorFrost@saccounty.gov.

Sacramento County Supervisor Sue Frost represents the 4th District, which includes the communities of Citrus Heights, Folsom, Orangevale, Antelope, North Highlands, Rio Linda, Elverta, and Rancho Murieta. ★

California Legislature Whiffs On Insurance Crisis, Punting To Newsom And Lara



By Dan Walters, CALMatters.org

Before the California Legislature adjourned this month, it managed to fulfill most of wishes of majority Democrats’ favorite interest groups, most notably labor unions.

However, legislators left town without doing anything concrete about something that threatens the psychic and economic wellbeing of millions of homeowners and those who aspire to ownership: the rapidly shrinking availability of residential fire insurance.

One by one, insurers have been reducing or eliminating their exposure in California, having paid out billions of dollars to cover losses from years of major wildfires and, they say, facing a fire threat that is likely to increase with climate change.

With Gov. Gavin Newsom and Insurance Commissioner Ricardo Lara involved in the background, there were weeks of private negotiations among legislators, insurance lobbyists and other stakeholders on how to bolster the state’s insurance market.

However, the negotiations ended a week before the Legislature adjourned without agreement, signaled when state Sen. Bill Dodd, a Democrat whose Napa-centered district is one of the state’s most fire-prone regions, sent a text

message: “Deal is dead. Very frustrating.”

The discussions revolved about changing the way insurers calculate risk, from basing it on past experience to including potential future risk. Such a change would probably increase premiums and legislators wanted ironclad assurances that the companies would continue writing policies in fire-prone areas if the change was made.

As the session ended, there were public assurances that the issue would not be forgotten.

“We hear loud and clear from our residents that access to insurance is a problem,” Assembly Speaker Robert Rivas said in a statement.

The Legislature’s departure punted the issue, at least for a few months, to Lara and Newsom, who said, “We can do a lot of things. And I’m very mindful. We can do all of that.”

However, Newsom didn’t list any specifics. Last Thursday, he issued an executive order urging Lara to “take action to stabilize and improve California’s property insurance marketplace.”

Almost immediately, Lara issued new rate-setting regulations, which he had described earlier as “a package of regulatory solutions that will streamline the department’s rate review process, opening it equitably to public input – not just the entrenched interests that have benefited materially from the status quo.”

Newsom, Lara and the regulations drew praise from the American Property Casualty Insurance Association, which said, “Everyone understands that California’s insurance market is in a spiraling crisis that requires immediate

policy solutions to protect consumer access to the coverage they need.”

Insurance Commissioner Ricardo Lara unveils a plan to shore up the California insurance market for homeowners. Insurers would return to.

Given industry support, it’s likely that the new regulations will allow it to include, at least to some extent, estimates of future risk from wildfires in their rates which would probably lead to premium increases.

Newsom stopped short of declaring an emergency in Thursday’s executive order, which would have given Lara the authority to issue new rate-setting rules without going through the usual procedural hoops.

Earlier in the day, Consumer Watchdog, the organization that sponsored a 1988 overhaul of insurance regulation, Proposition 103, and has been a critic of Lara from virtually his first day on the job, issued a warning to Newsom and Lara about proceeding on an emergency basis.

Later, the organization said, Lara’s move “would allow insurance companies to use secret algorithms to set rates for homeowners’ coverage for wildfire and to add reinsurance costs to premiums will lead to higher insurance premiums.”

So, there it is, a complex mélange of economic, political and societal factors and a huge tradeoff between the availability of coverage, which is mandatory for anyone having a mortgage, and the costs.

Dan Walters has been a journalist for more than 60 years, spending all but a few of those years working for California newspapers. ★



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Dave Ramsey Says

Dear Meagan,

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That's a quick and easy decision, but give me a minute to explain why. It's not about being greedy — it's a little more complicated than that.

If you had \$19,000 in your pocket, would you go buy a \$6,000 hail-damaged, salvage-title vehicle for everyday driving? Of course, you wouldn't do that! The insurance company is probably hoping you'll overlook the \$19,000 offer and essentially pay \$6,000 for this beat-up car. No. Thank. You. I'll pass on that deal.

With \$19,000, you'll have plenty of cash to rent a car for a couple of weeks and take time to find a great-quality used car at a good price. You might even be able to negotiate with the insurance company to give you a little time to look for another ride before they come pick up the old one.

– Dave

Dear Meagan,

But no, you don't want that messed up, old car. Why would you? That thing probably looks like a kid with a bad case of acne right now. Go find yourself a nice car, hon. There are plenty of affordable, slightly used vehicles on the market right now. There's no reason for you to drive around in something that's all beat up if you don't have to.

Best of luck, Meagan!

– Dave

Dave Ramsey is an eight-time national best-selling author, personal finance expert and host of "The Ramsey Show." He has appeared on "Good Morning America," "CBS This Morning," "Today," Fox News, CNN, Fox Business and many more. Since 1992, Dave has helped people take control of their money, build wealth and enhance their lives. He also serves as CEO for the company Ramsey Solutions. ★



Food & Farm NEWS

Prune Farmers Are Cautious About Overplanting

Now that California prune growers are earning a higher price, with supply more in line with demand, marketers of the dried fruit have a message for them: Don't go nuts on prunes. The warning comes as the price of almonds and walnuts has trended down in recent years and growers remove more of those trees. People in the prune business are concerned that farmers looking to replace their nut orchards will overplant prunes. Thanks to depleted inventory, prune prices have improved over lows of five years ago. Growers say they want to keep it that way.

Governor Signs One Insurance Bill, But Bigger Fixes Are Needed

Some farmers and other property owners who have had to turn to the California FAIR Plan, the state's insurer of last resort, may soon have better coverage options thanks to a new law. Gov. Gavin Newsom signed legislation to improve commercial property insurance options for people who have struggled to access coverage due to the impact of wildfires. Farmers suffered a double blow to fires, losing crops and farm properties as well as the ability to insure their properties and commercial assets as insurance companies denied policy renewals. They say more legislative fixes are needed.

Researchers Publish Guide for California Peach Farmers

Two veteran orchard crop researchers at the University of California, Davis, have produced a handbook on peach cultivation and postharvest considerations. Thomas Gradziel is a UC Davis professor and plant breeder and Carlos Crisosto is a UC Davis professor and Cooperative Extension farm advisor in consumer quality and postharvest technology. They said their new guidebook, "Peach," gives growers basic information that can reduce their production risks, boost profits and help them face issues such as climate change and a shifting world market. ★

Farm Bureau Delegation Makes Voice Heard On Capitol Hill

A delegation of California Farm Bureau leaders held meetings to advocate on important issues facing farmers and ranchers as debate continued in Congress over how to fund the federal government. Farm Bureau leaders and the organization's federal policy team met in the nation's capital Sept. 10-13. Discussions focused on important agricultural issues, such as the next federal farm bill and the need for prompt relief funding to recover from disasters, including flooding and wildfires.



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Record-breaking Year at The California Capital Airshow

By **Lindsey Nelson,**
Niche Communications

SACRAMENTO, CA (MPG) - The California Capital Airshow (CCA), presented by Sacramento County in partnership with the City of Rancho Cordova, successfully wrapped its 2023 Airshow on Sunday, September 24, with more than 105,000 attendees at the two-day full-capacity event. The 17th Annual Airshow featured performances from the world's most talented pilots and thrilling aircraft, including the legendary United States Air Force Thunderbirds jet demonstration team.

To kick-off the weekend, the Airshow hosted a free community event on Friday at Village Green Park in Rancho Cordova. Attendees met airshow performers, including the USAF Thunderbirds, and enjoyed live music, food trucks, and activities provided by local STEM and sports organizations.

On Saturday and Sunday, the Sacramento skies were filled with the sound of U.S. Air Force A-10 Thunderbolt II Demonstration Team, the return of the U.S. Air Force C-17 Globemaster Demonstration, U.S. Navy F-18 Super Hornet, an awe-inspiring lineup of world-class civilian aerobatic performers, and an extraordinary selection of rare World War II aircraft.

"The feeling of bringing the Airshow back to full capacity for the first time since 2019 is indescribable," said Darcy Brewer, CCA Executive Director. "It was a perfect weekend, made even more memorable by seeing the joy and excitement the event brought to the Sacramento region's families and aviation enthusiasts."

True to CCA's mission of nurturing young people's interest in STEM careers, the Airshow hosted a special 'Girls in Aviation Day' on Saturday, where girls ages 8-18 were invited to learn more about what their future may look like in aviation, aerospace, or related career fields. The event featured mentors from Travis Air Force Base, UPS, Beale Air Force Base, Metro Fire, Mach 5 Aviation, Aerospace Museum of California,



Two of the F-16Cs performing daredevil acrobatics for the legendary United States Air Force Thunderbirds team during this year's California Capital Airshow. Photo by Rick Sloan



A sold-out crowd of more than 105,000 attendees enjoyed 204 acres of event space on September 23-24. Photo by Rick Sloan



The United States Air Force Thunderbirds F-16 demonstration team soared through the Sacramento region's skies this September. Photo by Rick Sloan

and William Jessup University.

"The greatest thrill for us this weekend is knowing that we have inspired young people to dream big and explore the world of aviation and STEM," said Terrence McNamara, CCA Board Chairman.

At the center of the Airshow was a 'Cold War Legacy' pop-up museum, which honored Mather Air Force Base's integral role in the Cold War and efforts such as the Korean War, Cuban Missile Crisis, and Vietnam War. Attendees took in informational exhibits and were able to get up-close to Cold War-era aircraft throughout the event including Colonel Douglas MacArthur's "Connie."

"We are especially grateful to the over one thousand volunteers who work tirelessly to produce this thrilling and meaningful community event every year," said Darcy Brewer. "We simply couldn't do it without them."

Special thanks also to CCA sponsors Sacramento County, the City of Rancho Cordova, Knight Elk Grove Dodge, 7Up, Lockheed Martin, Modern Aviation, Michelob Ultra, Visit Rancho Cordova, Thunder Valley Casino Resort, Matheson, SMUD, Atlas Disposal, Fox 40, and iHeart Media.

The Airshow's performances, themes, exhibits, and activities are new and different every year, and planning is already underway for 2024. CCA will be releasing more information about that event in the coming months. For more information on the Airshow, go to www.californiacapitalairshow.com.

Established in 2004, the California Capital Airshow 501(c)3 plans and operates the exciting, family-friendly annual event designed to honor the Sacramento region's rich aviation heritage and veterans while using the power and magic of flight to inspire young people. CCA gives back to the community through STEM scholarships, charitable group donations, and exciting educational youth programming throughout the year. For more information, please visit the California Capital Airshow website. ★

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CHP Focused on Safe, Secure Rides for Children

CHP News Release

SACRAMENTO, CA (MPG)

- The California Highway Patrol (CHP) dedicated the third week of September to ensuring California's youngest motor vehicle passengers are safe and secure while traveling on the state's roadways.

CHP is celebrating National Child Passenger Safety Week. The week serves as an opportunity to educate and encourage parents and caregivers to make certain that every child is properly restrained for every trip, facing the correct direction, and in the correct safety seat for their age and size.

"Child safety seats, when correctly installed, afford the best protection for infants and young children," said CHP Commissioner Sean Durjee. "The CHP has trained Child Passenger Safety Technicians available in communities throughout the state, who offer parents and caregivers free, one-on-one instruction and car seat installation to help achieve the best fit for their child."

Motor vehicle traffic crashes are the leading cause of death of children in the United States. According to the Centers for Disease Control and Prevention, in 2021, 711 child passengers ages 12 and younger were killed in motor vehicle crashes in the United



Every year, thousands of child passengers, ages 13 and younger, are injured or killed in motor vehicle crashes in California. Do your part to be a responsible parent or driver. Photo courtesy of the California Highway Patrol

States, and in 2020 more than 63,000 were injured. Of the children who were killed in a crash, 36 percent were not buckled up. These deaths can be avoided. According to the National Highway Traffic Safety Administration, child safety seats have been shown to reduce fatal injury by 71% for infants (under the age of 1) and by 54% for toddlers (1-4 years old).

The CHP has trained thousands of uniformed and nonuniformed personnel to be Child Passenger Safety (CPS) Technicians since the program began in 1999. CHP CPS Technicians provide safety seat inspections, education, and hands-on training for parents and caregivers year-round.

If you are not confident how to properly secure your child in a safety seat, contact

your local CHP Area office, and ask to speak with a child passenger safety technician. Visit www.chp.ca.gov/find-an-office to locate a local CHP Area office anywhere in California.

California law requires children under the age of two, weighing less than 40 pounds or below 40 inches tall, ride in a rear-facing car seat. All children under the age of eight must ride in the back seat in an age-appropriate safety seat. Additionally, it is recommended that all children 13 and under should ride in the back seat. For more information about child passenger safety, visit the CHP Child Safety Seat Programs.

The mission of the CHP is to provide the highest level of Safety, Service, and Security. ★

No Fees to Bring Home Your New Best Friend

Sacramento County News Release

SACRAMENTO COUNTY, CA (MPG) - To help pets find loving homes, Bradshaw Animal Shelter is teaming up with BISSELL Pet Foundation for its Empty the Shelters program to waive adoption fees for all dogs and cats from Sunday, October 1, 2023, through Sunday, October 15, 2023.

Bradshaw Animal Shelter, known for its dedication to the welfare of animals in the community, is excited to announce this special adoption event made possible by the generous sponsorship of BISSELL Pet Foundation.

During this two-week period, potential pet parents will have the opportunity to welcome a new furry family member into their homes at no cost. Prospective adopters can view adoptable dogs and cats at 24petconnect.com/SacramentoCountyAdoptablePet. The Empty the Shelters program, which has successfully placed thousands of pets into loving homes, aims to make pet adoption more accessible and affordable for families.

"We are thrilled to partner with BISSELL Pet Foundation for this

wonderful adoption event," said Annette Bedsworth, Director of Bradshaw Animal Shelter. "Our goal is to find loving homes for as many pets as possible."

Adopting a pet during this event includes their spay/neuter surgery, microchipping, up-to-date vaccinations and microchipping, and a 1-year pet license for Sacramento County residents.

Prospective adopters are encouraged to visit Bradshaw Animal Shelter, located at 3839 Bradshaw Rd, Sacramento, and meet the available dogs and cats. The shelter's dedicated staff and volunteers will be on hand to help match families with the perfect furry friend. The animal shelter is open for adoptions Tuesday through Sunday from 12 p.m. until 5 p.m. with extended hours from 12 p.m. until 6 p.m. on Wednesday evenings. The shelter is closed on Mondays.

Don't miss this chance to provide a loving forever home for a deserving pet. Mark your calendars for October 1 through October 15, 2023, and join Bradshaw Animal Shelter to empty the shelter and give these pets a second chance at a happy life. ★

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Carmichael Times Adjudicated For and By the County of Sacramento, Adjudication No. 317294 – February 7, 1984
Rancho Cordova Independent Adjudicated For and By the County of Sacramento, Adjudication No. 195380 – September 18, 1969
Citrus Heights Messenger Adjudicated For and By the County of Sacramento, Adjudication No. 34-2020-00273535 – March 12, 2020
The Rio Linda News Adjudicated For and By the County of Sacramento, Adjudication No. 358073 – March 21, 1988

Legal Advertising
7144 Fair Oaks Blvd #5
Carmichael, CA 95608

FICTITIOUS BUSINESS NAME STATEMENTS

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06466

Paul Scholl, 4854 Tono Way, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "The Galt Herald/Elk Grove Citizen/Colusa County Pioneer Review/Pioneer Review/River Valley Times/Land Park News/East Sacramento News/Pocket News/Arden Arcade News/West Sacramento News Ledger/Dixon Independent Voice/Territorial Dispatch/The Rio Linda Elverta News/The Rio Linda News/American River Messenger/Arden Advocate/Auburn Sentinel/Carmichael Times/Carmichael Radio.com/Citrus Heights Messenger/Gold River Messenger/Granite Bay Mirror/Great American Patriot.com/Loving Out Loud.com/Messenger Publishing Group/MPG8.com/Natomas Messenger/North County Messenger/Orangevale Sun/Placer Sentinel/Rancho Cordova Grapevine Independent/Rancho Cordova Radio.com/Sacramento Oracle/Sacramento Hospice.com/Single Again.com/The Gridley Herald/The Placer Mercury/The Placer Mercury/USHospice.com/West Sacramento Sun/ West Sacramento Radio.com/ Wheatland Sun" 7144 Fair Oaks Boulevard #5, Carmichael, CA 95608. Filed with the Clerk of Sacramento County August 30, 2023
Publish: September 8, 15, 22, 29, 2023
MESSENGER 9-29-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05718

Alfonzo Maya Vasquez, 2179 Pantanges Circle, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "River City Masonry" 2179 Pantanges Circle, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County August 2, 2023
Publish: September 8, 15, 22, 29, 2023
RIVER 9-29-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06328

Advanced Tech Inc., 4100 Gaddi Drive #2, Sacramento, CA 95824 is doing business under the Fictitious Business Name(s) "AT Construction" 4100 Gaddi Drive #2, Sacramento, CA 95824. Filed with the Clerk of Sacramento County August 25, 2023
Publish: September 8, 15, 22, 29, 2023
ADVANCED 9-29-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06282

KDTS, LLC, 4352 Wendover Court, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "California Outdoor" 4352 Wendover Court, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County August 24, 2023
Publish: September 8, 15, 22, 29, 2023
CALIFORNIA 9-29-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05709

Happy Auto Parts Inc., 3430 Sunrise Boulevard, Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name(s) "A & M Auto Dismantling" 2179 716 Bell Avenue, Sacramento, CA 95838. Filed with the Clerk of Sacramento County August 2, 2023
Publish: September 8, 15, 22, 29, 2023
A&M 9-29-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06369

Paula Gerette Donovan, 3613 Voleyyn Street, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Therapy With Paula" 3613 Voleyyn Street, Carmichael, CA 95608. Filed with the Clerk of Sacramento County August 29, 2023
Publish: September 8, 15, 22, 29, 2023
THERAPY 9-29-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06323

Emily Strobaugh, 6850 Kitterly Avenue, Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "Kat Tails Farm" 6850 Kitterly Avenue, Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County August 25, 2023
Publish: September 8, 15, 22, 29, 2023
KAT 9-29-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06176

Rockhardt LLC, 5650 Auburn Boulevard Suite B, Sacramento, CA 95841 is doing business under the Fictitious Business Name(s) "Rockhardt/Majara" 5650 Auburn Boulevard Suite B, Sacramento, CA 95841. Filed with the Clerk of Sacramento County August 21, 2023
Publish: September 8, 15, 22, 29, 2023
ROCKHARDT 9-29-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06348

AGH Cousins LLC, 1537 Howe Avenue #116, Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "Gyro & Kabob House" 1537 Howe Avenue #116, Sacramento, CA 95825. Filed with the Clerk of Sacramento County August 28, 2023
Publish: September 8, 15, 22, 29, 2023
GYRO 9-29-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06076

Veniamin Fedorov, 6878 Butterball Way, Sacramento, CA 95842 is doing business under the Fictitious Business Name(s) "Fedorov Unlimited Home Improvement" 6878 Butterball Way, Sacramento, CA 95842. Filed with the Clerk of Sacramento County August 15, 2023
Publish: September 8, 15, 22, 29, 2023

FEDOROV 9-29-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06111

Bobby Q's LLC, 2465 Werbe Lane Apt 111, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Bobby Q's" 2465 Werbe Lane Apt 111, Carmichael, CA 95608. Filed with the Clerk of Sacramento County August 16, 2023
Publish: September 8, 15, 22, 29, 2023
BOBBY 9-29-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06297

Francisco Sapaden JR, 9578 2nd Avenue, Elk Grove, C 95624 is doing business under the Fictitious Business Name(s) "Smart Patient Care" 8341 Sutter Buttes Way, Sacramento, CA 95828. Filed with the Clerk of Sacramento County August 25, 2023
Publish: September 8, 15, 22, 29, 2023
SMART 9-29-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06395

Northwest Restoration Inc., 5704 Dry Creek Road, Rio Linda, CA 95673 is doing business under the Fictitious Business Name(s) "Water, Smoke and Mold/Water, Smoke, Mold and Asbestos Removal" 5704 Dry Creek Road, Rio Linda, CA 95673. Filed with the Clerk of Sacramento County August 29, 2023
Publish: September 8, 15, 22, 29, 2023
WATER 9-29-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06239

Gagik Avdalyan, 7730 Antelope Run Drive, Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "Gays Auto Sales" 7730 Antelope Run Drive, Antelope, CA 95843. Filed with the Clerk of Sacramento County August 25, 2023
Publish: September 8, 15, 22, 29, 2023
GARYS 9-29-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06448

Jeffry Valerio, 4708 Orono Court, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "CaliCulture" 4708 Orono Court, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County August 30, 2023
Publish: September 8, 15, 22, 29, 2023
CALICULTURE 9-29-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06446

Krysten Murphy, 5461 Ranier Drive, Garden Valley, CA 95633 is doing business under the Fictitious Business Name(s) "Eco and Ember" 4708 Orono Court, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County August 30, 2023
Publish: September 8, 15, 22, 29, 2023
ECO 9-29-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05401

Comfort Wheels LLC, 2847 Walnut Avenue, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "A&T Automotive" 2847 Walnut Avenue, Carmichael, CA 95608. Filed with the Clerk of Sacramento County July 19, 2023
Publish: September 8, 15, 22, 29, 2023
A&T 9-29-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05723

Jeffrey Aaron Morris, 6904 Stanford Oak Drive, Sacramento, CA 95842 is doing business under the Fictitious Business Name(s) "Under My Thumb Massage" 6904 Stanford Oak Drive, Sacramento, CA 95842. Filed with the Clerk of Sacramento County August 2, 2023
Publish: September 8, 15, 22, 29, 2023
UNDER 9-29-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06380

Jose J. Rojas Armenta and Ana G. Rojas Rodriguez, 9569 Gardella Way, Sacramento, CA 95829 is doing business under the Fictitious Business Name(s) "A&S Lawn Service" 9569 Gardella Way, Sacramento, CA 95829. Filed with the Clerk of Sacramento County August 29, 2023
Publish: September 8, 15, 22, 29, 2023
A&S 9-29-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05927

Helena Gimelli, 5131 Monetta Lane, Sacramento, CA 95835 is doing business under the Fictitious Business Name(s) "Adventures Travel Planner/makemyvacationadvisor.com/makemytripplanner.com" 5131 Monetta Lane, Sacramento, CA 95835. Filed with the Clerk of Sacramento County August 9, 2023
Publish: September 8, 15, 22, 29, 2023
ADVENTURES 9-29-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06227

Norcal Auto Works LLC, 7808 Fair Oaks Boulevard, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Wrench Rat" 7808 Fair Oaks Boulevard, Carmichael, CA 95608. Filed with the Clerk of Sacramento County August 23, 2023
Publish: September 8, 15, 22, 29, 2023
WRENCH 9-29-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05895

Becker Academy of Guitarr, 6711 Winding Way, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "Becker Music Academy" 6711 Winding Way, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County August 8, 2023
Publish: September 8, 15, 22, 29, 2023

BECKER 9-29-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06202

Allstar Tech Solutions LLC, 19655 East Ivy Lane, Queen Creek, Arizona 85142 is doing business under the Fictitious Business Name(s) "UBreaklfix by Asurion" 1537 Howe Avenue Suite 120, Sacramento, CA 95825. Filed with the Clerk of Sacramento County August 22, 2023
Publish: September 8, 15, 22, 29, 2023
UBREAKIFIX 9-29-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06474

Zachariah John King, 7213 8th Street, Rio Linda, CA 95673 is doing business under the Fictitious Business Name(s) "Zachariah JK Decorating" 7213 8th Street, Rio Linda, CA 95673. Filed with the Clerk of Sacramento County August 31, 2023
Publish: Sept 15, 22, 29, Oct 6, 2023
ZACHARIAH 10-6-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05470

T.L.S. Park, Inc., 3811 Recycle Road Suite B, Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name(s) "Benzeen Auto Sales" 3811 Recycle Road Suite B, Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County July 21, 2023
Publish: Sept 15, 22, 29, Oct 6, 2023
BENZEEN 10-6-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06519

Martin Clay Smith, 6860 Woodlock Way, Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "United People Rights Defense Group" 6860 Woodlock Way, Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County September 1, 2023
Publish: Sept 15, 22, 29, Oct 6, 2023
UNITED 10-6-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06285

Jeremy Fischer, 4111 Anatolia Drive, Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name(s) "Take Flight" 7443 Murieta Drive, Rancho Murieta, CA 95683. Filed with the Clerk of Sacramento County August 25, 2023
Publish: Sept 15, 22, 29, Oct 6, 2023
FLIGHT 10-6-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06338

Jacquelynn Millard, 11986 Blake Road, Wilton, CA 95693 is doing business under the Fictitious Business Name(s) "Scoobie's Crafts" 11986 Blake Road, Wilton, CA 95693. Filed with the Clerk of Sacramento County August 28, 2023
Publish: Sept 15, 22, 29, Oct 6, 2023
SCOOBIES 10-6-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06264

Sandra D. Holman, 9487 Golden Drive, Orangevale, CA 95662, and Susan D. Raines, 7947 Charlene Way, Citrus Heights, CA 95610, and David L. Chambers II, 6180 Stone Hill Drive, Rocklin, CA 95677 is doing business under the Fictitious Business Name(s) "Monier Building Projects, A California General Partnership" 9487 Golden Drive, Orangevale, CA 95662. Filed with the Clerk of Sacramento County August 24, 2023
Publish: Sept 15, 22, 29, Oct 6, 2023
MONIER 10-6-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06597

Todd Pollock, 4421 Valmonte Drive, Sacramento, CA 95864 is doing business under the Fictitious Business Name(s) "BluCC/BluCC Photos" 4421 Valmonte Drive, Sacramento, CA 95864. Filed with the Clerk of Sacramento County September 6, 2023
Publish: Sept 15, 22, 29, Oct 6, 2023
BLUCC 10-6-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06621

Orangevale Hospice Inc., 9198 Greenback Lane Suite 115, Orangevale, CA 95662 is doing business under the Fictitious Business Name(s) "A1 Hospice of Sacramento" 9198 Greenback Lane Suite 115, Orangevale, CA 95662. Filed with the Clerk of Sacramento County September 6, 2023
Publish: Sept 15, 22, 29, Oct 6, 2023
ORANGEVALE 10-6-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06461

Asphalt Pavement Consulting and Engineering Services, 8126 Holm Oak Way, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County August 30, 2023
Publish: Sept 15, 22, 29, Oct 6, 2023
ASPHALT 10-6-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06480

Maria Gonzalez, 6000 Landing Point Way, Sacramento, CA 95823 is doing business under the Fictitious Business Name(s) "All Seasons Cleaning Services" 6000 Landing Point Way, Sacramento, CA 95823. Filed with the Clerk of Sacramento County August 31, 2023
Publish: Sept 22, 29, Oct 6, 13, 2023
SEASONS 10-13-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06673

Jesus Rios Courier LLC, 6837 Fair Oaks Boulevard #6, Carmichael, CA 95608 is doing

business under the Fictitious Business Name(s) "A-1 Rapid Live Scan and Mobile Finger Printing" 6722 Fair Oaks Boulevard #204, Carmichael, CA 95608. Filed with the Clerk of Sacramento County September 8, 2023
Publish: Sept 22, 29, Oct 6, 13, 2023
PRINTING 10-13-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06785

Jazz Kashif Burney, 5624 Spyglass Lane, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "Elijah's Resource" 5624 Spyglass Lane, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County September 12, 2023
Publish: Sept 22, 29, Oct 6, 13, 2023
ELJAHS 10-13-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06503

Melinda Huntsinger, 8449 Lilac Ridge Court, Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "Ventured Treasures" 8449 Lilac Ridge Court, Antelope, CA 95843. Filed with the Clerk of Sacramento County September 1, 2023
Publish: Sept 22, 29, Oct 6, 13, 2023
TREASURES 10-13-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06563

Kazim Arsalan, 5840 Watt Avenue Apt A, North Highlands, CA 95660 and Amanullah Rasoli, 3600 Karl Drive Apt B, North Highlands, CA 95660 and Shafigullah Faizi, 570 7th Street Apt #272, West Sacramento, CA 95605 are doing business under the Fictitious Business Name(s) "Watt Halal Market" 5840 Watt Avenue Suite A, North Highlands, CA 95660. Filed with the Clerk of Sacramento County September 5, 2023
Publish: Sept 22, 29, Oct 6, 13, 2023
WATT 10-13-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06517

TLC Distribution LLC, 8001 Stutz Court, Sacramento, CA 95828 is doing business under the Fictitious Business Name(s) "TLC Distribution" 8001 Stutz Court, Sacramento, CA 95828. Filed with the Clerk of Sacramento County September 1, 2023
Publish: Sept 22, 29, Oct 6, 13, 2023
TLC 10-13-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06573

Nar Fine Carpentry, Inc., 5600 Elvas Avenue, Sacramento, CA 95819 is doing business under the Fictitious Business Name(s) "Nar Design Group" 5600 Elvas Avenue, Sacramento, CA 95819. Filed with the Clerk of Sacramento County September 5, 2023
Publish: Sept 22, 29, Oct 6, 13, 2023
NAR 10-13-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05780

Lisa Lingham, 9270 Sungold Way, Sacramento, CA 95826 is doing business under the Fictitious Business Name(s) "Sparkling Rose Cleaning Service" 9270 Sungold Way, Sacramento, CA 95826. Filed with the Clerk of Sacramento County August 4, 2023
Publish: Sept 22, 29, Oct 6, 13, 2023
SPARKLING 10-13-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06833

B Family LLC, 4810 Morgan Oak Way, Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "MJ Residential Cleaning Pro's" 4810 Morgan Oak Way, Antelope, CA 95843. Filed with the Clerk of Sacramento County September 13, 2023
Publish: Sept 22, 29, Oct 6, 13, 2023
FAMILY 10-13-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06980

Levon Karapetyan, 11070 Hirschfeld Way Apt 1, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "L Sky Services" 11070 Hirschfeld Way Apt 1, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County September 14, 2023
Publish: Sept 22, 29, Oct 6, 13, 2023
LEVON 10-13-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06899

Ecodriveusa LLC, 2183 Benita Drive Suite B, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "EV's Republic" 2183 Benita Drive Suite B, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County September 13, 2023
Publish: Sept 22, 29, Oct 6, 13, 2023
EVS 10-13-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06713

Giambo Consulting LLC, 1401 21st Street Suite R, Sacramento, CA 95811 is doing business under the Fictitious Business Name(s) "Sacramento Community Events" 1401 21st Street #4351, Sacramento, CA 95811. Filed with the Clerk of Sacramento County September 11, 2023
Publish: Sept 22, 29, Oct 6, 13, 2023
GIAMBO 10-13-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06742

Cook Psychotherapy, Inc., 418 Alhambra Boulevard, Sacramento, CA 95816 is doing business under the Fictitious Business Name(s) "Sage River Psychotherapy" 418 Alhambra Boulevard, Sacramento, CA 95816. Filed with the Clerk of Sacramento County September 11, 2023
Publish: Sept 22, 29, Oct 6, 13, 2023
SAGE 10-13-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06682

Bridgette Bodine, 10091 Red Tail Hawk Way, Sacramento, CA 95829 is doing business under the Fictitious Business Name(s) "The Bodine Group" 10091 Red Tail Hawk Way, Sacramento, CA 95829. Filed with the Clerk of Sacramento County September 8, 2023
Publish: Sept 22, 29, Oct 6, 13, 2023
BODINE 10-13-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06226

Moonhaeng Lee, 9686 Mizzzenmast Court, Elk Grove, CA 95758 is doing business under the Fictitious Business Name(s) "Moonhwa" 9686 Mizzzenmast Court, Elk Grove, CA 95758. Filed with the Clerk of Sacramento County August 23, 2023
Publish: Sept 22, 29, Oct 6, 13, 2023
MOONHWA 10-13-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06974

Igor Ryshko, 6425 Muana Way, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "ProTile" 6425 Muana Way, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County September 14, 2023
Publish: Sept 22, 29, Oct 6, 13, 2023
PROTILE 10-13-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-07013

Tisha Torres, 848 U Street, Rio Linda, CA 95673 is doing business under the Fictitious Business Name(s) "Riverview Realty One" 731 M Street, Rio Linda, CA 95673. Filed with the Clerk of Sacramento County September 15, 2023
Publish: Sept 22, 29, Oct 6, 13, 2023
RIVERVIEW 10-13-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-07167

QPH Nail Salon LLC, 819 Howe Avenue, Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "Top Nail" 819 Howe Avenue, Sacramento, CA 95825. Filed with the Clerk of Sacramento County September 21, 2023
Publish: Sept 29, Oct 6, 13, 20, 2023
TOP 10-20-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06988

Elizabeth Donham, 8274 Mediterranean Way, Sacramento, CA 95826 is doing business under the Fictitious Business Name(s) "Writer's Block Candles/Writer's Block" 8274 Mediterranean Way, Sacramento, CA 95826. Filed with the Clerk of Sacramento County September 14, 2023
Publish: Sept 29, Oct 6, 13, 20, 2023
WRITERS 10-20-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06977

Yannah Brown, 2450 Wurth Court, Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "Sweet as a Queen" 2450 Wurth Court, Sacramento, CA 95825. Filed with the Clerk of Sacramento County September 14, 2023
Publish: Sept 29, Oct 6, 13, 20, 2023
SWEET 10-20-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-07014

Café Floracion LLC, 1793 Azurite Way, Sacramento, CA 95833 is doing business under the Fictitious Business Name(s) "La Café Flora" 1793 Azurite Way, Sacramento, CA 95833. Filed with the Clerk of Sacramento County September 15, 2023
Publish: Sept 29, Oct 6, 13, 20, 2023
CAFE 10-20-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06222

Anna Bilivskaya, 5716 Eugenia Court, Orangevale, CA 95662 is doing business under the Fictitious Business Name(s) "Nikola Trucking" 5716 Eugenia Court, Orangevale, CA 95662. Filed with the Clerk of Sacramento County August 23, 2023
Publish: Sept 29, Oct 6, 13, 20, 2023
NIKOLA 10-20-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06619

Olga Zhertovskaia, 2702 Bravado Drive, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Your Favorite cleaning Service" 2702 Bravado Drive, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County September 6, 2023
Publish: Sept 29, Oct 6, 13, 20, 2023
CLEANING 10-20-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06973

Ilona Timofey, 6145 Spruce Street, Sacramento, CA 95841 is doing business under the Fictitious Business Name(s) "Folsom Senior Retreat" 6145 Spruce Street, Sacramento, CA 95841. Filed with the Clerk of Sacramento County September 14, 2023
Publish: Sept 29, Oct 6, 13, 20, 2023
FOLSOM 10-20-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06726

Wholesome Creations, LLC, 3501 Broadmoor Way, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "FOCUSED. Mindset & Success Coaching Company" 3501 Broadmoor Way, Carmichael, CA 95608. Filed with the Clerk of Sacramento County September 11, 2023
Publish: Sept 29, Oct 6, 13, 20, 2023
FOCUSED 10-20-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06655

Rafaella Guimaraes Peres Freire and Murilo Soares Martins, 12813 Scholarly Way, Rancho Cordova, CA 95742

are doing business under the Fictitious Business Name(s) "Super Couple Cleaning" 12813 Scholarly Way, Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County September 7, 2023
Publish: Sept 29, Oct 6, 13, 20, 2023
SUPER 10-20-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-07115

Amina Afzal, 7759 Truffle Court, Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "AA Global Trade" 5839 Manzanita Avenue Suite #10, Carmichael, CA 95608. Filed with the Clerk of Sacramento County September 20, 2023
Publish: Sept 29, Oct 6, 13, 20, 2023
GLOBAL 10-20-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-07120

Bryan Diaz Rios, 37 Monaghan Circle, Sacramento, CA 95823 is doing business under the Fictitious Business Name(s) "On Time Pressure Washing" 37 Monaghan Circle, Sacramento, CA 95823. Filed with the Clerk of Sacramento County September 20, 2023
Publish: Sept 29, Oct 6, 13, 20, 2023
ONTIME 10-20-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-07133

Addis Girma, 2392 Coolidge Way, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Plus General Cleaning Services" 3512 Marconi Avenue 2115, Sacramento, CA 95821. Filed with the Clerk of Sacramento County September 20, 2023
Publish: Sept 29, Oct 6, 13, 20, 2023
PLUS 10-20-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-07032

Pouya Foroutan, 5985 Devecchi Avenue Apt #292, Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "Two of us Trucking" 5985 Devecchi Avenue Apt #292, Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County September 18, 2023
Publish: Sept 29, Oct 6, 13, 20, 2023
TWO 10-20-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06601

T. Phillips LLC, 1401 21st Street Suite R, Sacramento, CA 95811 is doing business under the Fictitious Business Name(s) "Michelle's Mobile Notary" 8123 Sunrise Boulevard #229, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County September 6, 2023
Publish: Sept 29, Oct 6, 13, 20, 2023
FACTOR 10-20-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06869

Michelle Sund, 8123 Sunrise Boulevard #229, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "Michelle's Mobile Notary" 8123 Sunrise Boulevard #229, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County September 13, 2023
Publish: Sept 29, Oct 6, 13, 20, 2023
MICHELLES 10-20-23

ORDER TO SHOW CAUSE CHANGE OF NAME

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME
#23CV004391

Michael Cleveland has filed a petition with this court for a decree changing the name(s) of Michael Wame Loyd Cleveland to Michael Wame Salabogi.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on October 3, 2023, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: July 10, 2023
Christopher E. Krueger, Judge of the Superior Court
Publish: September 8, 15, 22, 29, 2023
MICHAEL 9-29-23

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME
#23CV007443

Ronald Rush Assad has filed a petition with this court for a decree changing the name(s) of Ronald Rush Assad to Ronald Rush Marchese.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on November 7, 2023, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: August 25, 2023
Christopher E. Krueger, Judge of the Superior Court
Publish: September 8, 15, 22, 29, 2023
RONALD 9-29-23

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME
#23CV007427

Morgan Cutter has filed a petition with this court for a decree changing the name(s) of Donnavon Royal Wayne Schiffer to Donnavon Royal Wayne Cutter.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on November 7, 2023, at 9:00 a.m. in Department 54, located at 813 6th Street,

COMICS & PUZZLES

The Spats

by Jeff Pickering

Amber Waves

by Dave T. Phipps

Out on a Limb

by Gary Kopervas

TIGER

by BUD BLAKE

POPEYE

by HENRY BOLTOFF

HOCUS-FOCUS

BY HENRY BOLTOFF

Find at least six differences in details between panels.

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by Dave T. Phipps

WORD SEARCH

by BUD BLAKE

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Constitution Birthday Bash in Region



County Supervisor Sue Frost meets Sons of the American Revolution Society members during a US Constitution birthday celebration at Lions Park, Folsom. Sons are Steve Belden (left), Jim Faulkinbury, David Beach and Donald Littlefield.

Story and photo
by Susan Maxwell Skinner

SACRAMENTO REGION, CA (MPG) - Written in 1787, the American Constitution was celebrated recently with a patriotic event in Folsom.

Sacramento, El Dorado and Solano Constitution education groups sponsored a 236th birthday for the document that solidified a republican form of government in a new nation. Lions Park (Folsom) hosted the gathering; more than 80 visitors heard speakers and viewed exhibits.

“Our country is being divided in every way possible,” said organizer Kari Benton, who leads an El Dorado County

Constitution discussion group. “Rather than look at things that divide us, we want to focus on what we have in common. We care about our families and friends, and we want our children to grow up with opportunities. We can all agree on that. The constitution secured our rights. But we all need to learn more about it.”

Added co-organizer Kaye Lynn Peterson: “People are aware that things have changed dramatically in recent years. Rights are easily lost when people don’t know what their rights are. The Constitution serves everyone. Our aim is to inspire people to learn more about it.”

For information on Constitution discussion groups, call (916) 688-0273 or email: kalypso1@protonmail.com ★

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\$14.99 /lb



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REG. \$18.99/ea
\$11.99 /ea

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Beef London Broil & Top Round Roast
Pulpo Para Hornear-Roast sin Hueso
\$4.49 /lb



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Filet Chuletón de Terneros
\$4.99 /lb



Beef Porterhouse Steak
Filet Bisteque de Ternero
\$5.49 /lb



Chicken Drumsticks
Piernas de Pollo
69¢ /lb



Boneless Pork Loin Chops
Chuletas de Cerdo sin Hueso
\$2.99 /lb



Pork Tenderloin
Lomo de Cerdo
\$2.99 /lb

FRESH PRODUCE



Mixed Mushroom 400 g
\$2.99 ea



Red Potato
79¢ /lb



Pineapple Jumbo
\$3.99 ea



Banana Leaves
\$1.49 /lb



Asparagus Large
\$3.49 /lb



Korean Singos Pear Box
\$33.99 /box



Yellow Onion Jumbo
3 lbs/\$1.00



Seafood Mushroom 150 g
\$1.29 ea

AMERICAN/HISPANIC GROCERY



Inca Kola 2 Liters
REG. \$3.49
\$2.99 /ea
+CRV+TAX



Korean Singos 12 x 12 foz
REG. \$15.99
\$13.99 /ea
+CRV+TAX



Pepes Dorados 3 oz
REG. \$1.99
\$1.69 /ea



Mango Coconut Juice 9.5 foz
REG. \$1.99
\$1.59 /ea
+CRV



Best Foods Real Mayonnaise 30 Lnz
REG. \$10.99
\$6.99 /ea

ASIAN GROCERY



Indomie Fried Noodles 30 x 3 oz
REG. \$22.99
\$17.99 /ea



Hojas Verde Nuts 30 Tea Bags 2.12 oz
REG. \$5.39
\$3.99 /ea



Tiger Brand Fish Sauce 23 foz
REG. \$4.49
\$2.99 /ea



Mama's Brand Noodles 2 kinds 3.17 oz
REG. \$2.99
\$2.49 /ea



Jules Coconut Gel Nuts de Coco 12.7 oz
REG. \$2.49
\$1.99 /ea

EUROPEAN GROCERY



Goodwill Backwheat 3 kgs
\$13.99 /ea



Mid East Pickled Cucumbers 24 oz
\$1.99 ea



Skallaton Light Tuna 2 kinds 5 oz
\$2.79 /ea



Milla Chocolate (small size) 100 g
\$1.79 /ea



Poppy Seed Danish 7 oz
\$2.99 /ea

KOREAN/JAPANESE GROCERY



Product of Korea 20 lbs
\$19.99 /ea



Haitai Oils 12 x 28 g
\$3.49 /ea



Pickled Radish 2.2 lbs
\$2.99 /ea



Hot Chicken Ramen 2 kinds 5 x 140 g
\$6.99 /ea



Baked Silkworm 4.5 oz
\$1.29 /ea



Soybean Paste 500 g
\$2.99 /ea



Organic Noodle 3 lbs
\$6.99 /ea



Dear Antler Best Ginseng Premium 60x50ml
\$59.99 /ea



CJ Korean Pancake & Frying Mix 1 kg
\$2.49 /ea



Joan Green Soybean Sauce 12.17 oz
\$1.99 /ea



Soybean Paste 500 g
\$2.99 /ea



Organic Noodle 3 lbs
\$6.99 /ea



Dear Antler Best Ginseng Premium 60x50ml
\$59.99 /ea



CJ Korean Pancake & Frying Mix 1 kg
\$2.49 /ea



Joan Green Soybean Sauce 12.17 oz
\$1.99 /ea

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Bigen Speedy Hair Color (REFILL ONLY)
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Hair Darkening Shampoo (4 CUPS)
19.99 /ea



Electric Rice Cooker (4 CUPS)
\$4.99 /ea



Electric Rice Cooker (6 CUPS)
\$5.49 /ea



Electric Rice Cooker (8 CUPS)
\$5.99 /ea

FROZEN & FISH DEPT



Tornado Potato 400 g
\$4.99 /ea

EUROPEAN DELI



Columbus Honey Ham
\$8.79 /lb



Pined Olives
\$4.99 /lb



French Melon
\$4.49 /lb