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Grapevine Independent

VOLUME 57 • ISSUE 41 PROUDLY SERVING RANCHO CORDOVA & SACRAMENTO COUNTY SINCE 1968

OCTOBER 13, 2023

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FCUSD's "First Line of Defense"



RCPD officer Jason Kimbrell demos tourniquet application. Ouch, that hurts. Photo courtesy of Walter Little/Rancho Cordova Rotary International

By Walter Little

RANCHO CORDOVA, CA (MPG) - Monday, August 7, the day before school started, the Folsom Cordova Unified School District, "first line of defense" personnel gathered for a full day of reminders and updates, including how to identify and respond to drug problems and understanding and identifying potential "active shooters". The Rotary Club of Rancho Cordova provided training on what to do in response to a catastrophic situation involving life threatening blood loss.

Stop the Bleed®

The STOP THE BLEED® program is a collaborative work created by the American College of Surgeons (ACS) and the Department of Homeland Security (DHS). Its primary intent is to train and enable lay personnel to deal with catastrophic blood loss situations until professional help arrives. It is licensed under the Department of Defense. "Anyone can save a life if they are equipped with the skills and resources necessary to stop the bleeding," Eileen M. Bulger, MD, FACS, Medical Director of ACS Trauma Programs.

It was quickly discovered that the training had widespread "Life Saving" application possibilities. Everywhere one looks; schools, churches, workplaces and home, to name a few, harbor the potential need to respond to a life-threatening incident. That discovery has prompted involvement and support across the country. A national public awareness campaign was launched by the White House. A call to action to begin training the public on how to immediately respond to traumatic incidents until professional help arrives was proclaimed.

To date, that call has been responded to by several states including Arkansas, Indiana, California, Colorado and Texas.

With the passage of Assembly Bill 2260, signed into law by Governor Newsom, California became the first state to require the installation of trauma bleeding control kits in newly constructed public and private buildings in the state.

"Emergency Response Trauma Kits," as the legislation is called, carries with it not only the placement of trauma kits but also the training on

how to use them. School districts are already responding to the anticipated inclusion under future legislation.

Enabling Others

Since the American College of Surgeons Committee on Trauma (ACS COT) first publicly introduced STOP THE BLEED® to its members, over 3 million professionals and volunteers have joined the growing army of course instructors.

Rotary in Action – Service Above Self

The world's first professional service club, the Rotary Club of Chicago, Illinois, was formed in 1905 by Paul P. Harris.

Today, Rotary is an organization of approximately 1.2 million business and professional persons united worldwide who provide humanitarian service, encourage high ethical standards in all vocations and help build goodwill and peace in the world. The organization's dedication to this ideal is best expressed in its principal motto: "Service Above Self."

Last year the idea of sponsoring STOP THE BLEED® training was brought to Rancho Rotary by

Continued on page 3

IRS Tax Filing Deadline Nears for Many

IRS Special Release

WASHINGTON, D.C. - The Internal Revenue Service reminded taxpayers about the upcoming tax filing extension deadline. To avoid a possible late filing penalty, those who requested an extension to file their 2022 tax return should file their Form 1040 on or before Monday, Oct. 16.

Disaster-area taxpayers in most of California also have until Oct. 16, 2023, to file various federal individual and business tax returns and make tax payments.

Those with an IRS address of record in other areas covered by Federal Emergency Management Agency disaster declarations and those returning from a combat zone may have additional time to file. They include: Taxpayers affected by flooding in Illinois and Alaska. They have until Oct. 31, 2023, to file: Those affected by flooding in Vermont. They have until Nov. 15, 2023, to file: Taxpayers affected by recent natural disasters including those impacted by the recent Maui fires and hurricane Idalia in parts of Florida, South Carolina and Georgia. Those in the counties of Maui, Hawaii, and many counties in Florida, South Carolina and Georgia have until Feb. 24, 2024, to file various individual and business tax returns. This list continues to be updated regularly. Taxpayers potentially affected by recent storms should visit the disaster relief page on IRS.gov for the latest information.: Members of the military and others serving in a combat zone. They typically have 180 days after they leave the combat zone to file returns and pay any taxes due.

IRS Free File and other Online Resources

IRS Free File is available through Oct. 16 and lets qualified taxpayers prepare and file federal income tax returns online using guided tax preparation software. It's available to any person or family with an adjusted gross income (AGI) of \$73,000 or less in 2022. Taxpayers can use IRS Free File to claim the Child Tax Credit, the Earned Income Tax Credit, and other important credits. IRS Free File Fillable Forms is available for taxpayers whose 2022 AGI was greater than \$73,000 and are comfortable preparing their own tax return.

Taxpayers can get answers to many tax law questions by using the IRS's Interactive Tax

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We Can Do It Together

Story and photos by Susan Maxwell Skinner

SACRAMENTO REGION, CA (MPG) - Almost 1000 teenage girls recently flocked to the Aerospace Museum of California's third annual "We Can Do It Together" open day.

Free to middle and high school students, the event aimed to introduce its visitors to STEAM (science, technology, engineering, art and math) careers. One attraction was the opportunity to meet role models who have succeeded in STEAM fields. Architects, pilots and women making waves in energy, medicine, dentistry and construction discussed their careers.

The teens had free range of museum exhibits, including artifacts from aviation's early years. They also got handy with STEAM-based activities like Alka



Role models at the Aerospace Museum's "We can Do it Together" event include Karen Jones (left), Karen Mogus, Erin Donnette, Meghan Roberts, Cathy Cook, Heidi Sanborn, Rashel Cedeno de Abreu, Lauren Grindstaff and Amber Motley. The open day encourages STEAM-based education for young women.

Seltzer rocket art, making wind turbines and designing their own space craft.

"Our 'We Can Do It Together' events take Rosie the Riveter as an example of what was achieved by women during WW 11," explained Aerospace

Museum Advancement Director Karen Jones. "Rosie was all about strength, determination and breaking the mold. We want girls to know they can be anything they want to be. The sky is their limit – and beyond. We want them to aim high and dream big."

Event sponsors included: Aerojet Rocketdyne; Boeing; Girl Scouts; Carmichael Kiwanis, San Juan and Twin Rivers School Districts; SAFE Credit Union; SMUD. Learn about Aerospace Museum events at www.aerospaceCA.org ★



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Cordova Victorious Against Valley

Story and photos by Rick Sloan

RANCHO CORDOVA, CA (MPG) - On October 6th, the Cordova Lancers traveled to Cosumnes River College to take on the Vikings of Valley High School. Both teams had identical records. Both teams had lost their first league game played. Cordova lost to Foothill and Valley fell to Johnson. Both teams prepared all week for the contest. One team came more prepared than the other. That team was your Cordova Lancers as they defeated the Vikings by a score of 33-8.

The Lancers led from the very start as they scored three unanswered touchdowns in the first half. The first two touchdowns were scored by Cordova's big, 6-foot 4-inch tailback Jabari Davis. The first score was a short run up the middle and the second score was on a short burst around the left side. The third score came on a 34-yard pass reception to a wide-open sophomore Damajae Moses from senior Jayden Ryce. The other two

touchdowns were scored in the second half. Junior tailback Elijah Wallace scored the fourth TD on an 8-yard run around the right side. Senior running back Aleksey Medvedev scored the game's final touchdown on a 14-yard run around the left behind the blocking of sophomore offensive tackle Anthony Gomez. Senior place kicker Rodrigo Gonzalez kicked three successful PAT's.

The Lancers' running game just about dominated the entire match as the 4 main rushers for Cordova combined for 291 yards in 25 carries. That's an average of 11.64 yards per carry. Davis ran for 89 yards in 8 carries, Ryce ran for 88 yards in 5 carries, Wallace ran for 71 yards in 7 carries and Medvedev ran for 43 yards in 5 carries.

On defense the Lancers made stops when they needed them forcing the Vikings to punt or unsuccessfully try to convert 4th down and short for a first down. Leading the charge for the Lancers were senior Khamani Williams, senior Nezziah Poole-Alston,



Big Red defense stops a Valley runner for short gain.

junior Armani Curtis, sophomore Julian Drahn and senior Ruvim Kravchuk. Also fresh off the injury

list after missing 2 games was senior Michael Brown. Brown had 3 solo tackles with one being a quarterback sack for a 4-yard loss. Senior Diego Cisneros also had a quarterback sack for a 10-yard loss.

Head Coach JP Dolliver stated that this game was definitely the most polished and disciplined the team has played this season. "I was very impressed that our guys kept their composure when things got a little chippy. We will need that restraint as we go through this year and into the next. We played a complete game for the first time. Very encouraging," said coach Dolliver. I believe

the "chippiness" that coach Dolliver was referring to was when the Vikings were flagged for some unsportsmanlike conduct penalties because some of their players were taunting our players. Our players chose not to reciprocate.

All in all, our guys played with heart and good judgment the entire game. All the coaches were very pleased with the team's performance, the cheer squad was very happy, and the fans enjoyed a fantastic game.

On October 20, Cordova High will celebrate the 60th Homecoming game at Lancer Stadium against

Natomas. The stadium will be filled with 6 decades of Cordova alumni. During halftime there will be a performance of the Cordova Marching Band directed by Kevin Sims, an alumni parade and the crowning of the different class royalty. Also, you can enjoy the cheer squad and some goodies from Mama Vaughan's snack bar.

On October 27, it will be Senior Night as we take on Johnson. Come on out and cheer your Big Red Lancer's on to victory. Game time is 7:00 pm. Tickets are available on GoFan.co.

★ **GO BIG RED!**



Elijah Wallace runs for a 1st down against Valley.



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FCUSD's "First Line of Defense"

Continued from page 1

Rotarian Deacon Walter Little as another opportunity to serve the community. Dr. David Shatz, a trauma surgeon with UC Davis Medical Center and member of the American College of Surgeons was contacted and agreed to conduct a "train-the-trainer" class. Attendees included members of the Rancho Cordova Police Department, the Sacramento Police Department, (local DHS contact), the VA Medical Center, the Emergency

Medical Services Authority, the American River Bike Patrol and Rotarians. All became certified STOP THE BLEED® trainers.

What's Ahead?

D.T. Martin, FCUSD Coordinator of Safe Schools, commented during debriefing of the "first line of defense" training: "STOP THE BLEED® is a lifesaver and is something we should consider for all personnel working with students."

Stop the Bleed .Org
Rancho Cordova

Rotary has become the first organization to sponsor opportunities for ongoing training. If you, someone you know, or an organization you are associated with, would like further information on this life saving project, please check out the website (STOPTHEBLEED.ORG). Then contact Rancho Rotary STOP THE BLEED® rep Walter Little at stopthebleed.rc.ca@gmail.com

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Grants Available for County Art Organizations



Operating expenses such as salaries and benefits for employees, fees for artists and contractors, mortgage/rent, utilities, insurance and marketing qualify in the grant program. Image courtesy of Shonejai/Pexels

Sacramento County News Release

SACRAMENTO COUNTY, CA (MPG) -

Sacramento County's Office of Economic Development has partnered with the City of Sacramento's Office of Arts and Culture to offer grants to nonprofit organizations located in Sacramento County that are focused on the arts, collections and exhibits, to help them recover from the COVID-19 pandemic.

The "Arts and Cultural Nonprofit Recovery Program," launched in 2022, aims to support arts and cultural nonprofits in the region.

"We know that cultural organizations are still feeling the effects of the pandemic," said the City's Arts Grant Manager, Melissa Cirone. "This is an opportunity for organizations that haven't yet received a nonprofit recovery grant to secure vital operating support."

To date, the program has supported 91 organizations Countywide with \$3.75 million. The grant program is funded through City and County federal American Rescue Plan dollars.

Eligible organizations include nonprofit theaters, performing arts groups, community arts organizations, historical sites, zoos and botanical gardens, visual art galleries, and film or cultural festivals. Organizations must have 501(c)(3) tax-exempt status through the IRS and provide evidence of incorporation prior to March 1, 2020.

"Sacramento County's local arts and nonprofit cultural institutions are an indispensable part of what makes our community so vibrant and special," said the County's Director of Economic Development Crystal Bethke. "We are glad that this funding is available to support the recovery and sustainability of this critical sector

and encourage all eligible organizations to apply."

Applicants must produce, promote or engage in live performances, events, or exhibits intended for public viewing and those that preserve and exhibit objects of historical, cultural or educational interest.

Grants can be used for operating expenses such as salaries and benefits for employees, fees for artists and contractors, mortgage/rent, utilities, insurance and marketing.

Award amounts will be based on the total size of the grant pool and the organization's submitted annual operating revenue for fiscal year 2021-22 or calendar year 2022. The total grant amount will be awarded over two years.

Grant applications must be submitted by Oct. 30 at 11:59 p.m. Only new applicants can apply. Find more information and eligibility criteria on the City's website. ★

Safe Sleep Baby Education: A Lifesaving Initiative

Sacramento County News Release

SACRAMENTO COUNTY, CA (MPG) -

Sacramento County's Safe Sleep Baby Education Campaign is a testament to the power of community-based initiatives. The program has made a significant impact on the lives of many families since its inception in 2014. In honor of National Baby Safety Month, Sacramento County's Department of Child, Family and Adult Services is sharing the life-saving efforts of the Safe Sleep Baby Education Campaign and how it's reducing the prevalence of baby sleep-related deaths.

On average, 27 babies die from sleep-related deaths in Sacramento County each year. These deaths are especially prevalent among African American babies, who are three times more likely to experience infant sleep-related fatalities than their non-African American counterparts. The goal of the Safe Sleep Baby Education Campaign is to reduce infant sleep-related deaths, especially within the African American community. These heartbreaking deaths are preventable when parents are equipped with the knowledge and tools to ensure their babies sleep safely.

"Every other week in Sacramento County, an infant dies of a sleep-related death, half are African American babies. However, these are nearly all preventable when a parent understands and uses the six steps to safely sleep their baby every time the baby sleeps. Every infant sleep-related death is more than a tragic statistic; it's a deafening silence in a home, first steps that will never be taken, future laughter that will never be heard, and dreams unfulfilled. Through Safe Sleep Baby, we are not just disseminating information but reclaiming the promise of life itself for every child in our community," says Child Abuse Prevention Center Chief Program Officer Stephanie Biegler.

The six steps Stephanie refers to are part of the program's core mission to educate parents and caregivers about safely putting a baby to sleep. Remember: Alone, Back,



The Safe Sleep Baby Education Campaign is actively working to break generational and cultural misconceptions about safe sleeping practices. Image by PublicDomainPictures from Pixabay

Crib Always when sleeping a baby. These are the six steps:

Sleep the baby ALONE; Sleep the baby on their BACK; Sleep baby in a CRIB; Put nothing in the baby's sleep area; Do not overdress the baby; Do not smoke anything around the baby.

The Safe Sleep Baby Program does more than just provide parents and caregivers with these safety steps. Rather than simply distributing brochures, the program's model involves parents connecting with home visitors for at least an hour to go through a comprehensive PowerPoint presentation. The personal touch ensures that parents receive accurate information and have the opportunity to ask questions. The program goes above and beyond to break barriers and help families in need. If the family does not have a place to safely sleep their baby, the program can provide them with a portable crib. One new parent shared, "The Safe Sleep Baby workshop not only pertained to sleep but covered several topics that are imperative to keeping your baby safe, happy, and healthy. Reach one, teach one, is being fulfilled by Safe Sleep Baby to set a foundation for generations to come."

Data shows that since the Safe Sleep Baby Program started, Sacramento County infant sleep-related deaths decreased by 54% among African American infants, and the disparity gap in deaths between African American infants and all other racial groups has decreased by 60%.

Safe Sleep Baby education is imperative for infants with a

Sacramento County Child Protective Services (CPS) referral. From 2010-2019, the infant sleep-related death rate was nearly four times greater for infants with CPS referrals compared with those infants who had no history of CPS.

In addition to reducing deaths, the Safe Sleep Baby Education Campaign is actively working to break generational and cultural misconceptions about safe sleeping practices. Staff from the program say parents they've worked with express gratitude and feel empowered. The campaign also works with hospitals to make sure nurses and doctors are actively modeling safe sleep behaviors.

Through education, outreach, and collaboration with service providers, Sacramento County's Safe Sleep Baby Education Campaign is keeping babies safe while empowering parents and caregivers. Initiatives like this one make a lasting impact in our community. With knowledge, resources, and dedication, we can protect Sacramento County's most vulnerable children and communities.

While most parents and guardians who participate in the Safe Sleep Baby Program are referred to the program, any parent/caregiver with an infant under the age of one in Sacramento County can take the one-hour education training. To learn more about the campaign or for assistance, contact the Information & Referral Line at (916) 244-1900. Together, we can ensure every baby in Sacramento County sleeps safely and soundly. ★

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California Has A New Plan For The Delta But Faces The Same Conflicts Over Water



By Dan Walters, CALMatters.org

California's water warriors have a new arena for their perpetual conflict over the allocation of the state's ever-evolving supply — a nearly 6,000-page proposal from the state Water Resources Control Board.

The draft essentially calls for sharp reductions in diversions from the Sacramento River and its tributaries to allow more water to flow through the environmentally troubled Sacramento-San Joaquin Delta.

"It is a consequential effort," Eric Oppenheimer, chief deputy director of the board, said during a media briefing on what is technically an update of the agency's management plan for the Delta and San Francisco Bay. "It reflects years of scientific analysis that we've undertaken and years of public input."

The board had previously issued a similar policy paper for the San Joaquin River and its tributaries. The two rivers merge to form the Delta, a vast maze of islands and channels that is the West Coast's largest estuary.

In addition to upstream diversions to irrigate fields and orchards and serve municipal users, federal and state projects pump water from the Delta's southern edge into aqueducts for transfer to San Joaquin Valley

farms and homes as far south as San Diego.

The reduction of natural flows through the Delta have, scientists say, increased its salinity and otherwise made it unable to adequately support salmon and other wildlife.

The battle over the Delta has raged for decades with environmental groups, lately joined by American Indian tribes, pressing the water board impose reductions on diversions, and water users seeking to protect their supplies.

There are, in the macro sense, two conflicts: how much additional flows are needed to restore the Delta and how any reduction in diversions would be framed and enforced.

The water board's new draft provides some additional focus on both, but doesn't provide any solid direction.

For the better part of a decade, two governors, Jerry Brown and Gavin Newsom, have promoted the concept of "voluntary agreements" to reduce diversions, hoping to avoid a head-on political and legal collision.

"We want to thank Gov. Newsom for his continued leadership and commitment to using collaborative voluntary agreements between water users and public agencies to support water quality and fish populations throughout the Sacramento-San Joaquin Delta," Farm Bureau president Jamie Johansson said in response to the new plan.

However, the water agencies have offered, in the main, much smaller reductions than the water board says are necessary to improve habitat.

The environmental

coalitions demanding larger reductions see the voluntary agreements as subterfuges to maintain the status quo and have pressed the board to simply set reduction numbers and enforce them by decree.

"Voluntary agreements serve as backroom deals that continue to leave tribes, environmental justice communities, conservation groups, fishing communities, and other vital stakeholders out of the government-led planning process," the Restore the Delta coalition responded.

Imposing reductions would touch off a legal battle that Brown and Newsom have wanted to avoid because it would hinge on water rights, some of which date back to the late 19th century.

Environmentalists contend that those rights are anachronisms in the 21st century and should be set aside to give authorities the ability to allocate water rationally, particularly since climate change is affecting precipitation and thus the overall water supply.

However, when the water board tested its authority vis-à-vis ordering diversion reductions from senior water rights holders, it lost in court. Moreover, legislation that would have provided such authority didn't make it through the Legislature this year, thanks to stiff opposition from farmers and other rights holders.

The water board's new draft may provide more grist for debate, but it does not resolve the fundamental conflicts.

Dan Walters has been a journalist for more than 60 years, spending all but a few of those years working for California newspapers. ★



By Bob McGarvey

I was watching the news the other night, and there was a story about some people who could see some white streaks going across the sky which was going with the winds. Those white streaks were actually ballooning spiders. They are floating, web-like substances across the area and they are baby spiders 'ballooning.' They were falling down on many areas from the sky by releasing one or more threads to catch the air currents.

The spiders are doing that in the fall every year, and one of my sons and I used to hunt for pheasants in the fall every year. We were members of a club for a while, and we could hunt on the properties out in the countryside. I haven't thought about those little spiders for quite a while, but that story on the news the other day definitely brought back some wonderful memories. The two of us would see those webs which had landed on the fields, and they made the land we would walk on look like delicate lace. The light from the sun early in the morning like that would light those very small webs, and the light would reflect back to us off of the web. It was truly something to remember.

We haven't been able to hunt those same countrysides for a while because those some of those properties now have homes on them. Needless to say no one hunts there anymore, but it's like when you may go back to where you grow up, and it isn't the same any more. That's life.

Going on to other things. Some of those

And Another Thing

"The 'Worst Enemy' of Government Loyalty to Party over Nation"

things are like watching Congress in Washington D.C. to see if the government shuts down without a funding bill being passed. The Department of Defense will be among those parts of government and those serving in our Armed Forces will not receive their paycheck. The elected members of Congress will continue to get their paychecks. There is a bill that would make sure that the U.S. Troops during possible government shutdown would get paid. Update: An extension has been passed for 45 days.

George Washington's Farewell address to the nation took the form of a public letter to the American people. "It was published in the Daily American Advertiser, a Philadelphia newspaper, on September 19, 1796, and later reprinted in papers throughout the country." The letter had three main principles: 1. Importance of Unity; 2. The 'Worst Enemy' of Government Loyalty to Party Over Nation; 3. Danger of Foreign Entanglements."

I think number two is part of what we are seeing today. According to Washington, one of the chief dangers of letting regional loyalties dominate loyalty to the nation as a whole was, "It would lead to factionalism, or the development of competing political parties." All I can say for now is that I agree with President Washington that he was concerned that "The 'Worst Enemy' of Government Loyalty to Party over Nation."

From Bob McGarvey, God bless, and see you next time. ★

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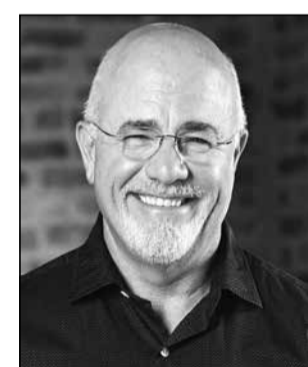
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Dave Ramsey Says

also think you handled this situation poorly.

From the sound of things, you put him there originally on a charity basis, and now your husband wants to change the deal. You didn't set up any kind of rental agreement, but your husband feels you two are owed something? I'm sorry, but no. That's on you.

At this point, you have some big decisions to make. Were you providing free housing to someone who was struggling, or were you providing a free house to someone who was struggling? I understand this young man experienced a terrible tragedy. But at the same time, I'm not hearing lots of evidence that he's putting his life back together. If after this long the guy's not back on his feet and out on his own, you may be enabling bad behavior on his part.

Now, if you want to gift him the house, that's your decision. If you want to approach him with a rental agreement or sale proposal to which all parties are

amicable, that's okay, too. If neither of these ideas are in the cards, I'd make sure to sit down with this young man and have a gentle—but firm—talk. I'd let him know I had been happy to help him over the last several months, but that he needs to start moving forward with his life. I'd set a very reasonable and patient timeline for a move-out date, and let him know once that time is up, I'll be selling the house.

That's fair to everyone concerned.

— Dave

Dave Ramsey is an eight-time national best-selling author, personal finance expert and host of "The Ramsey Show." He has appeared on "Good Morning America," "CBS This Morning," "Today," Fox News, CNN, Fox Business and many more. Since 1992, Dave has helped people take control of their money, build wealth and enhance their lives. He also serves as CEO for the company Ramsey Solutions. ★

What's Fair to Everyone Concerned?

Dear Dave,

About a year ago, my husband and I offered an empty house we own to a young man at our church, who had lost his home and everything he owned in a fire. He has taken good care of the place, but has made no effort to pay rent. We don't need the money, because we're in good shape financially, and we were thinking about selling the other house, anyway. I'd like to simply write it off, and gift the home and title to this young man, but my husband feels he owes us something for putting a roof over his head all this time. What are your thoughts?

— Penny

Dear Penny,

I think you and your husband have good hearts. I

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Women's Empowerment Receives \$25K for Unhoused Women and Children

By Kristin Thébaud, Thébaud Communications



SACRAMENTO, CA (MPG) - Women's Empowerment has received \$25,000 in new support from Kaiser Permanente to help Sacramento women experiencing homelessness during the ongoing housing crisis. Kaiser is supporting Women's Empowerment's work to empower unhoused women with economic opportunity so they can keep their families healthy.

support services so women and their children can break the generational cycle of homelessness. Women's Empowerment offers the most comprehensive job-readiness program in the Sacramento area designed specifically for women experiencing homelessness and their children.

The grant from Kaiser will fund Women's Empowerment's work with unhoused women in Sacramento to ensure they have a wide range of tools to secure quality jobs and careers that lead to a livable wage and safe home for their families, including job training and support groups for women who have experienced domestic violence or substance use.

"We're proud to support Women's Empowerment and its efforts to reduce

homelessness and increase access to steady jobs in the Sacramento area," said James (Jay) L. Robinson III, senior vice president and area manager for Kaiser Permanente Sacramento and South Sacramento. "Providing access to safe, stable housing and opportunities for employment are part of Kaiser Permanente's commitment to improve the health of the communities we serve."

Last year, 121 Women's Empowerment graduates secured employment or enrolled in paid training or education. Since 2001, 1,837 women have graduated from the program with their 3,894 children. Women's Empowerment is funded through private donations from the community and grants. To make a donation: Womens-Empowerment.org★

Bitcoin ATM Company Forfeits \$1M for Conspiring to Violate the Bank Secrecy Act

FBI News Release

SACRAMENTO, CA (MPG) - Folsom company Amani Investments LLC, which operated Coinucopia kiosks that exchanged U.S. currency for Bitcoin, forfeited \$1 million in currency, a Mercedes-Benz, Bitcoin, and other items for its criminal efforts to avoid reporting requirements under the Bank Secrecy Act, U.S. Attorney Phillip A. Talbert announced on Tuesday, September 12, 2023.

In February 2023, Amani Investments LLC, doing business as Coinucopia, pleaded guilty to conspiring to avoid filing Currency Transaction Reports (CTRs) that are required under federal law. The federal Bank Secrecy Act was enacted by Congress to combat the laundering of criminal proceeds, and it requires money services businesses to report each transaction involving more than \$10,000 in currency. Willful violation of the requirement to file these reports, commonly called CTRs, is a federal criminal offense.

According to court documents, on multiple occasions Amani Investments exchanged over \$10,000 in U.S. currency for Bitcoin

without filing a CTR, as required by the Bank Secrecy Act. Many transactions were conducted during face-to-face exchanges of more than \$10,000 in cash for Bitcoin with a Managing Officer of Amani Investments, all without the filing of a CTR. In total, approximately \$1 million was involved in the crime. Today the court finalized Amani Investments' forfeiture order, which included a Mercedes-Benz E63, Bitcoin, gold coins, and \$1 million in United States currency.

"Federal currency transaction reporting requirements are intended to protect our financial system from the influx of criminal proceeds," said U.S. Attorney Phillip A. Talbert for the Eastern District of California. "The U.S. Attorney's Office will continue to hold accountable those who seek to evade these requirements."

"Today's sentence holds Amani Investments, dba Coinucopia, a registered Money Service Business, accountable for violating the Bank Secrecy Act," said Tatum King, Special Agent in Charge, HSI San Francisco / NorCal. "We know that money is the lifeblood of criminals as

evidenced by the \$1 million forfeiture, which is why it is a primary focus for HSI across all of our investigative programs. We appreciate the work of HSI personnel with FBI, USPIS, DEA, IRS-CI, USAO Eastern District, and Sacramento County Sheriff's Office who worked this multi-year case collaboratively and resulted in the substantial forfeiture of ill-gotten gains."

This case is the product of an investigation by Homeland Security Investigations (HSI), as part of the Northern California Illicit Digital Economy (NCIDE) Task Force, consisting of agents from HSI, the U.S. Postal Inspection Service, the Federal Bureau of Investigation, the Internal Revenue Service - Criminal Investigation, the U.S. Postal Service Office of Inspector General, and the Drug Enforcement Administration. The NCIDE Task Force is a joint, federal task force focused on targeting all forms of dark web and cryptocurrency criminal activity in the Eastern District of California. Assistant U.S. Attorneys Robert C. Abendroth and Veronica M.A. Alegria prosecuted the case. ★



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Subscriptions should be mailed to *Grapevine Independent*, 7144 Fair Oaks Blvd., Suite #5, Carmichael, CA 95608. Subscription rate is \$42 per year within Rancho Cordova. \$62 within Sacramento County.

The *Grapevine Independent* is published weekly. Call 916-773-1111 for more information.

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New Guidance Available for COVID Vaccines

Sacramento County News Release

SACRAMENTO COUNTY, CA (MPG) - In response to the evolving nature of the COVID-19 virus, the Centers for Disease Control and Prevention (CDC) has issued new guidance for vaccines. Bivalent COVID-19 vaccines have been phased out, making way for an updated vaccine that offers enhanced protection against the prevalent Omicron variants.

Who Should Get the Updated COVID-19 Vaccine? The CDC strongly recommends that every individual aged 6 months and older receive the updated COVID-19 vaccine. This inclusive approach ensures that a broad spectrum of the population is shielded from

the ever-evolving virus. The updated COVID-19 vaccine will soon be accessible to the public and available to most people at no cost. For those without insurance, a network of pharmacies, select health care centers, and clinics operated by Sacramento County Public Health will offer the vaccine. This approach ensures that no one is left behind, regardless of their financial circumstances. Individuals with private health insurance, Medicaid, or Medicare coverage are encouraged to visit a pharmacy or their doctor's office to receive their updated COVID-19 vaccine. This streamlined process allows those with insurance to efficiently access the vaccine through existing healthcare

channels. To stay updated on the latest information regarding the availability and distribution of the updated COVID-19 vaccine, visit the Public Health website. We will provide valuable resources, including links to the MyTurn platform and information on nearby clinics. The updated COVID-19 vaccine is a continued resource in safeguarding public health against the Omicron variants. By ensuring accessibility to all, regardless of insurance or immigration status, we aim to create a safer, healthier community for everyone. Stay informed, stay protected, and let us move forward together in the fight against COVID-19. ★

IRS Tax Filing Deadline Nears Next Week for Many

Continued from page 1

Assistant tool. Additionally, taxpayers can view tax information in several languages by clicking on the "English" tab located on the IRS.gov home page.

Schedule and Pay Electronically
Taxpayers can file anytime and schedule their federal tax payments up to the Oct. 16 due date. They can pay online, by phone or with their mobile device and the IRS2Go app. Some other key points to keep in mind when filing and paying federal taxes electronically include:

Convenience. Electronic payment options are easy and flexible. Taxpayers can pay when they file electronically using online tax software. Those who use a tax preparer should ask the preparer to make the tax payment through an electronic funds withdrawal from a bank account.
IRS Direct Pay. This feature allows

taxpayers to pay online directly from a checking or savings account for free and schedule payments up to 365 days in advance. An IRS Online Account is needed, however, to use IRS Direct Pay.

Pay by card. Payments can be made with a credit card, debit card or a digital wallet option. These are available through a payment processor. The payment processor, not the IRS, charges a fee for this service.

IRS2Go. The IRS2Go mobile app provides access to mobile-friendly payment options, including Direct Pay and debit or credit card payments.

Electronic Federal Tax Payment System (EFTPS). Convenient, safe and easy, EFTPS allows for payments online or by phone using the EFTPS Voice Response System. EFTPS payments must be scheduled by 8 p.m. ET at least one calendar day before the tax due date. ★

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Why Aren't Kids in School?

Soaring chronic absenteeism in California schools is at 'pivotal moment'

By Carolyn Jones,
CALMatters.org

As a new school year gets underway in California, districts are desperately trying to lure thousands of missing, tardy and truant students back to the classroom in what many view as a pivotal moment for education in California.

In 2021-22, 30% of students in California's public schools were chronically absent, an all-time high and more than three times the pre-pandemic rate. Advocates fear that unless schools can reverse the trend, so many students will fall behind that they may never catch up.

"This is a crisis, and it's not going to change until we do everything we can to get kids back in school 100%," said Heather Hough, director of Policy Analysis for California Education. "What we all fear is that this will become the new normal.... It is hard to overstate the importance of this issue, and it is absolutely a pivotal moment."

Before the pandemic, about 10% of students in California's public schools missed at least 10% (or 18 days) in a school year, which the state defines as chronically absent. But COVID-related school



Kids are missing school at an alarming rate for a wide variety of reasons. Image by N-region from Pixabay

closures, remote learning and quarantines have created a new habit for millions of families: optional, not mandatory, daily school attendance.

Even though California law requires all children ages 6 through 18 to attend school every day, nearly 2 million students were chronically absent in 2021-22, the most recent year data is available. Nearly every group of students had high rates of absenteeism, but the highest rates were among kindergartners. Kindergartners

who are Black, Pacific Islander or have disabilities all had rates of 50% or higher.

Students' specific reasons for missing school are varied. Lack of transportation is among the most common reasons, but sometimes students have to look after younger siblings or go to work. In some cases, students stay home because they're being bullied or don't like their teachers. After COVID, some parents have become overly cautious about sending their children to

school with minor ailments.

Absenteeism has myriad negative impacts. For students, they're more likely to fall behind academically, drop out and not graduate. For schools, lower attendance means less revenue from the state, which bases its funding on how many students show up every day. For teachers, poor attendance means half-empty classrooms, with some students who are weeks or months behind their peers.

There are legal implications,

as well. In extreme cases, local district attorneys can get involved, citing and fining parents or students who persistently flout the mandatory attendance law.

Alarmed at the extent of the crisis, the Legislature is intervening. The Assembly recently asked Hough's organization, Policy Analysis for California Education, to study the issue and come up with recommendations.

The findings could lead to legislation that would address the issue directly. A few possibilities include increased accountability at the local level, such as offering districts more incentives to get students back in class; better data collection; and broader efforts to make school a more attractive place for students to be.

In response to the pandemic, the state has already invested billions in initiatives aimed at boosting student engagement.

For starters, health standards need to change, she said. Schools should promote better preventative care for students, but also convince parents that COVID is no longer a public health emergency and children should not miss school "for every sniffle or tummy ache." ★

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Maria Gonzalez, 6000 Landing Point Way, Sacramento, CA 95823 is doing business under the Fictitious Business Name(s) "All Seasons Cleaning Services" 6000 Landing Point Way, Sacramento, CA 95823. Filed with the Clerk of Sacramento County August 31, 2023
Publish: Sept 22, 29, Oct 6, 13, 2023
SEASONS 10-13-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06673
Jesus Rios Courier LLC, 6837 Fair Oaks Boulevard #6, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "A-1 Rapid Live Scan and Mobile Finger Printing" 6722 Fair Oaks Boulevard #204, Carmichael, CA 95608. Filed with the Clerk of Sacramento County September 8, 2023
Publish: Sept 22, 29, Oct 6, 13, 2023
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FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06785
Jazz Kashif Burney, 5624 Spyglass Lane, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "Elijah's Resource" 5624 Spyglass Lane, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County September 12, 2023
Publish: Sept 22, 29, Oct 6, 13, 2023
ELJAH'S 10-13-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06503
Melinda Huntsinger, 8449 Lilac Ridge Court, Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "Ventured Treasures" 8449 Lilac Ridge Court, Antelope, CA 95843. Filed with the Clerk of Sacramento County September 1, 2023
Publish: Sept 22, 29, Oct 6, 13, 2023
TREASURES 10-13-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06563
Kazim Arsalan, 5840 Watt Avenue Apt A, North Highlands, CA 95660 and Amanullah Rasoli, 3600 Karl Drive Apt B, North Highlands, CA 95660 and Shafiqullah Faizi, 570 7th Street Apt #272, West Sacramento, CA 95605 are doing business under the Fictitious Business Name(s) "Watt Halal Market" 5840 Watt Avenue Suite A, North Highlands, CA 95660. Filed with the Clerk of Sacramento County September 5, 2023
Publish: Sept 22, 29, Oct 6, 13, 2023
WATT 10-13-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06517
TLC Distribution LLC, 8001 Stutz Court, Sacramento, CA 95828 is doing business under the Fictitious Business Name(s) "TLC Distribution" 8001 Stutz Court, Sacramento, CA 95828. Filed with the Clerk of Sacramento County September 1, 2023
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Lisa Lingham, 9270 Sungold Way, Sacramento, CA 95826 is doing business under the Fictitious Business Name(s) "Sparkling Rose Cleaning Service" 9270 Sungold Way, Sacramento, CA 95826. Filed with the Clerk of Sacramento County August 4, 2023
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SPARKLING 10-13-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06833
B Family LLC, 4810 Morgan Oak Way, Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "MJ Residential Cleaning Pros" 4810 Morgan Oak Way, Antelope, CA 95843. Filed with the Clerk of Sacramento County September 13, 2023
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FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06980
Levon Karapetyan, 11070 Hirschfeld Way Apt 1, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "L Sky Services" 11070 Hirschfeld Way Apt 1, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County September 14, 2023
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FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06899
Ecodrives LLC, 2183 Benita Drive Suite B, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "EV's Republic" 2183 Benita Drive Suite B, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County September 13, 2023
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FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06713
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GIAMBO 10-13-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06742
Cook Psychotherapy, Inc., 418 Alhambra Boulevard, Sacramento, CA. 95816 is doing business under the Fictitious Business Name(s) "Sage River Psychotherapy" 418 Alhambra Boulevard, Sacramento, CA. 95816. Filed with the Clerk of Sacramento County September 11, 2023
Publish: Sept 22, 29, Oct 6, 13, 2023
SAGE 10-13-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06682
Bridgette Bodine, 10091 Red Tail Hawk Way, Sacramento, CA 95829 is doing business under the Fictitious Business Name(s) "The Bodine Group" 10091 Red Tail Hawk Way, Sacramento, CA 95829. Filed with the Clerk of Sacramento County September 8, 2023
Publish: Sept 22, 29, Oct 6, 13, 2023
BODINE 10-13-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06226
Moonhaeng Lee, 9686 Mizzenmast Court, Elk Grove, CA 95758 is doing business under the Fictitious Business Name(s) "Moonhwa" 9686 Mizzenmast Court, Elk Grove, CA 95758. Filed with the Clerk of Sacramento County August 23, 2023
Publish: Sept 22, 29, Oct 6, 13, 2023
MOONHWA 10-13-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06974
Igor Rysykh, 6425 Muana Way, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "ProTile" 6425 Muana Way, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County September 14, 2023
Publish: Sept 22, 29, Oct 6, 13, 2023
PROTILE 10-13-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-07013
Tisha Torres, 848 U Street, Rio Linda, CA 95673 is doing business under the Fictitious Business Name(s) "Riverview Realty One" 731 M Street, Rio Linda, CA 95673. Filed with the Clerk of Sacramento County September 15, 2023
Publish: Sept 22, 29, Oct 6, 13, 2023
RIVERVIEW 10-13-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-07167
OPH Nail Salon LLC, 819 Howe Avenue, Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "Top Nail" 819 Howe Avenue, Sacramento, CA 95825. Filed with the Clerk of Sacramento County September 21, 2023
Publish: Sept 22, 29, Oct 6, 13, 2023
TOP 10-20-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06988
Elizabeth Donham, 8274 Mediterranean Way, Sacramento, CA 95826 is doing business under the Fictitious Business Name(s) "Writer's Block Candles/Writer's Block" 8274 Mediterranean Way, Sacramento, CA 95826. Filed with the Clerk of Sacramento County September 14, 2023
Publish: Sept 29, Oct 6, 13, 20, 2023
WRITERS 10-20-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06977
Yannah Brown, 2450 Wurth Court, Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "Sweet as a Queen" 2450 Wurth Court, Sacramento, CA 95825. Filed with the Clerk of Sacramento County September 14, 2023
Publish: Sept 29, Oct 6, 13, 20, 2023
SWEET 10-20-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-07014
Café Floracion LLC, 1793 Azurite Way, Sacramento, CA 95833 is doing business under the Fictitious Business Name(s) "La Café Flora" 1793 Azurite Way, Sacramento, CA 95833. Filed with the Clerk of Sacramento County September 15, 2023
Publish: Sept 29, Oct 6, 13, 20, 2023
CAFE 10-20-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06222
Anna Bilivskaya, 5716 Eugenia Court, Orangevale, CA 95662 is doing business under the Fictitious Business Name(s) "Nikola Trucking" 5716 Eugenia Court, Orangevale, CA 95662. Filed with the Clerk of Sacramento County August 23, 2023
Publish: Sept 29, Oct 6, 13, 20, 2023
NIKOLA 10-20-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06619
Olga Zhertovskaia, 2702 Bravado Drive, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Your Favorite cleaning Service" 2702 Bravado Drive, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County September 6, 2023
Publish: Sept 29, Oct 6, 13, 20, 2023
CLEANING 10-20-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06973
Ilona Timofey, 6145 Spruce Street, Sacramento, CA 95841 is doing business under the Fictitious Business Name(s) "Folsom Senior Retreat" 6145 Spruce Street, Sacramento, CA 95841. Filed with the Clerk of Sacramento County September 14, 2023
Publish: Sept 29, Oct 6, 13, 20, 2023
FOLSOM 10-20-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06726
Wholesome Creations, LLC, 3501 Broadmoor Way,

Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "FOCUS.ED. Mindset & Success Coaching Company" 3501 Broadmoor Way, Carmichael, CA 95608. Filed with the Clerk of Sacramento County September 11, 2023
Publish: Sept 29, Oct 6, 13, 20, 2023
FOCUSED 10-20-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06655
Rafaela Guimaraes Peres Freire and Murilo Soares Martins, 12813 Scholarly Way, Rancho Cordova, CA 95742 are doing business under the Fictitious Business Name(s) "Super Couple Cleaning" 12813 Scholarly Way, Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County September 7, 2023
Publish: Sept 29, Oct 6, 13, 20, 2023
SUPER 10-20-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-07115
Amina Afzal, 7759 Truffle Court, Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "AA Global Trade" 5839 Manzanita Avenue Suite #10, Carmichael, CA 95608. Filed with the Clerk of Sacramento County September 20, 2023
Publish: Sept 29, Oct 6, 13, 20, 2023
GLOBAL 10-20-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-07120
Bryan Diaz Rios, 37 Monaghan Circle, Sacramento, CA 95823 is doing business under the Fictitious Business Name(s) "On Time Pressure Washing" 37 Monaghan Circle, Sacramento, CA 95823. Filed with the Clerk of Sacramento County September 20, 2023
Publish: Sept 29, Oct 6, 13, 20, 2023
ONTIME 10-20-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-07133
Addis Girma, 2392 Coolidge Way, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Plus General Cleaning Services" 3512 Marconi Avenue 2115, Sacramento, CA 95821. Filed with the Clerk of Sacramento County September 20, 2023
Publish: Sept 29, Oct 6, 13, 20, 2023
PLUS 10-20-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-07032
Pouya Foroutan, 5985 Deveccchi Avenue Apt #292, Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "Factor in Fitness" 1401 21st Street Suite R, Sacramento, CA 95811. Filed with the Clerk of Sacramento County September 6, 2023
Publish: Sept 29, Oct 6, 13, 20, 2023
FACTOR 10-20-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06601
T. Phillips LLC, 1401 21st Street Suite R, Sacramento, CA 95811 is doing business under the Fictitious Business Name(s) "Factor in Fitness" 1401 21st Street Suite R, Sacramento, CA 95811. Filed with the Clerk of Sacramento County September 6, 2023
Publish: Sept 29, Oct 6, 13, 20, 2023
TWO 10-20-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06869
Michelle Sund, 8123 Sunrise Boulevard #229, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "Michelle's Mobile Notary" 8123 Sunrise Boulevard #229, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County September 13, 2023
Publish: Sept 29, Oct 6, 13, 20, 2023
MICHELLES 10-20-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06575
Khalifa CA, Inc, 3925 Power Inn Road, Sacramento, CA 95826 is doing business under the Fictitious Business Name(s) "Geo Wheel Works" 3925 Power Inn Road, Sacramento, CA 95826. Filed with the Clerk of Sacramento County September 5, 2023
Publish: October 6, 13, 20, 29, 2023
GEO 10-29-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06469
VP Auto Sales Inc., 825 M Street Suite 3, Rio Linda, CA 95673 is doing business under the Fictitious Business Name(s) "VP Auto Sales" 825 M Street Suite 3, Rio Linda, CA 95673. Filed with the Clerk of Sacramento County August 30, 2023
Publish: October 6, 13, 20, 29, 2023
AUTO 10-29-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06675
Nestor Edgardo Romero, 5347 Chatswood Way, Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "Phenomenal Pool Plastering/Phenomenal Pools" 5347 Chatswood Way, Antelope, CA 95843. Filed with the Clerk of Sacramento County September 8, 2023
Publish: October 6, 13, 20, 29, 2023
PHENOMENAL 10-29-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-07267
Lindsey Summer Kohl, 8596 Pershing Avenue, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "Nurse Organizes" 8596 Pershing Avenue, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County September 27, 2023
Publish: October 6, 13, 20, 29, 2023
NURSE 10-29-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-07197
The Poet Tree, Inc, 1719 25th Street, Sacramento, CA 95816 is doing business under the

Fictitious Business Name(s) "Sacramento Poetry Center" 1719 25th Street, Sacramento, CA 95816. Filed with the Clerk of Sacramento County September 22, 2023
Publish: October 6, 13, 20, 29, 2023
SACRAMENTO 10-29-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-07232
Roberto M. Soto, 9 Benoit Court, Sacramento, CA 95823 is doing business under the Fictitious Business Name(s) "Blue Rock TC Services" 9 Benoit Court, Sacramento, CA 95823. Filed with the Clerk of Sacramento County September 26, 2023
Publish: October 6, 13, 20, 29, 2023
BLUE 10-29-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-07002
Sandeep Singh Gill, 4840 Clyde Bank Way, Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "Just Send It Postal" 7889 Lichen Drive, Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County September 15, 2023
Publish: October 6, 13, 20, 29, 2023
JUST 10-29-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-07280
Patrick J Clinton, 8001 Andante Drive, Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "Construction Equipment Training Certification" 8001 Andante Drive, Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County September 27, 2023
Publish: October 6, 13, 20, 29, 2023
CONSTRUCTION 10-29-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06122
Tapia Lath and Plastering, Inc., 1000 Silvano Street, Sacramento, CA 95838 is doing business under the Fictitious Business Name(s) "Tapia Lath & Plastering Inc" 5416 Jackson Street #49, North Highlands, CA 95660. Filed with the Clerk of Sacramento County September 17, 2023
Publish: October 6, 13, 20, 29, 2023
TAPIA 10-29-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-07378
BD Empire LLC, 6248 Main Avenue Suite A, Orangevale, CA 95662 is doing business under the Fictitious Business Name(s) "Better Design Experience" 6248 Main Avenue Suite A, Orangevale, CA 95662. Filed with the Clerk of Sacramento County October 3, 2023
Publish: Oct 13, 20, 27 Nov 3, 2023
BETTER 11-3-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-07310
Brahm Enterprises, LLC, 2355 Gold Meadow Way #190, Gold River, CA 95670 is doing business under the Fictitious Business Name(s) "Psily Stack/Jessica Smith" 2355 Gold Meadow Way #190, Gold River, CA 95670. Filed with the Clerk of Sacramento County September 29, 2023
Publish: Oct 13, 20, 27 Nov 3, 2023
BRAHM 11-3-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-07071
Bay Area Regional Science League, 4801 Old Kent Lane, Sacramento, CA 95841 is doing business under the Fictitious Business Name(s) "Santa Clara County Regional Science Olympiad" 4801 Old Kent Lane, Sacramento, CA 95841. Filed with the Clerk of Sacramento County September 19, 2023
Publish: Oct 13, 20, 27 Nov 3, 2023
BAY 11-3-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06910
Hard Head Kitchen and Catering, 623 Howe Avenue #123, Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "Hard Head Kitchen and Catering" 623 Howe Avenue #123, Sacramento, CA 95825. Filed with the Clerk of Sacramento County September 13, 2023
Publish: Oct 13, 20, 27 Nov 3, 2023
HARDHEAD 11-3-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-07298
Juan D. Arias Lopez, 3916 Sitting Bull Way, Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "3 Santos Bordado" 3916 Sitting Bull Way, Antelope, CA 95843. Filed with the Clerk of Sacramento County September 28, 2023
Publish: Oct 13, 20, 27 Nov 3, 2023
SANTOS 11-3-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-07119
Sergei Eric, 10790 Coloma Road #110, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "QB Construction" 10790 Coloma Road #110, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County September 20, 2023
Publish: Oct 13, 20, 27 Nov 3, 2023
QB 11-3-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-07024
ToFanelli Enterprises, Inc, 2721 El Camello Avenue, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Flap Jacks" 2721 El Camino Avenue, Sacramento, CA 95821. Filed with the Clerk of Sacramento County September 15, 2023
Publish: Oct 13, 20, 27 Nov 3, 2023
FLAPJACKS 11-3-23

the Fictitious Business Name(s) "Nightfall Reflections" 7408 Hanfield Drive, Sacramento, CA 95829. Filed with the Clerk of Sacramento County September 14, 2023
Publish: Oct 13, 20, 27 Nov 3, 2023
NIGHTFALL 11-3-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06642
GS Innovations LLC, 2108 N Street Suite N, Sacramento, CA 95816 is doing business under the Fictitious Business Name(s) "GlowbyG" 2108 N Street Suite N, Sacramento, CA 95816. Filed with the Clerk of Sacramento County September 29, 2023
Publish: Oct 13, 20, 27 Nov 3, 2023
GLOWBYG 11-3-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-07042
Jennifer G. Holden, 5604 El Granero Way, Sacramento, CA 95822 is doing business under the Fictitious Business Name(s) "Spinning Chester Designs" 5604 El Granero Way, Sacramento, CA 95822. Filed with the Clerk of Sacramento County September 18, 2023
Publish: Oct 13, 20, 27 Nov 3, 2023
SPINNING 11-3-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-07388
Barry Carangelo, 701 Sterling Stone Place, Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "BNC Enterprise" 701 Sterling Stone Place, Folsom, CA 95630. Filed with the Clerk of Sacramento County October 4, 2023
Publish: Oct 13, 20, 27 Nov 3, 2023
BNC 11-3-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-07052
Ivy Campbell & Design, 8030 W. Stockton Boulevard #310, Sacramento, CA 95823 is doing business under the Fictitious Business Name(s) "Sapphire Organize & Design" 8030 W. Stockton Boulevard #310, Sacramento, CA 95823. Filed with the Clerk of Sacramento County September 18, 2023
Publish: Oct 13, 20, 27 Nov 3, 2023
SAPPHIRE 11-3-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-07381
Stark Enterprises, 7532 Cedar Drive, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "Cozy ADU" 7532 Cedar Drive, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County October 4, 2023
Publish: Oct 13, 20, 27 Nov 3, 2023
COZY 11-3-23

ORDER TO SHOW CAUSE CHANGE OF NAME

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #23CV008449
Jennifer Marie Mullen AKA Jennifer Marie Morgan has filed a petition with this court for a decree changing the name(s) of Jennifer Marie Mullen AKA Jennifer Marie Morgan to Jennifer Mullen Morgan.
IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on November 22, 2023, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: September 14, 2023
Christopher E. Krueger, Judge of the Superior Court
Publish: Sept 22, 29, Oct 6, 13, 2023
JENNIFER 10-13-23

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #23CV007231
Xavion Ray - Earl McDaniel has filed a petition with this court for a decree changing the name(s) of Xavion Ray - Earl McDaniel to Xavion Ray Casey.
IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on November 2, 2023, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: September 14, 2023
Christopher E. Krueger, Judge of the Superior Court
Publish: Sept 22, 29, Oct 6, 13, 2023
JENNIFER 10-13-23

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #23CV008052
Julie Anne Hull has filed a petition with this court for a decree changing the name(s) of Julie Anne Hull to Julieanne Bird.
IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on November 2, 2023, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: September 26, 2023
Christopher E. Krueger, Judge of the Superior Court
Publish: Oct 6, 13, 20, 29, 2023
STOBART 10-29-23

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #23CV009028
Cianna Hamilton has filed a petition with this court for a decree changing the name(s) of Faith Villarreal Hamilton-Smith to Faith Villarreal Hamilton.
IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on December 6, 2023, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: September 26, 2023
Christopher E. Krueger, Judge of the Superior Court
Publish: Oct 6, 13, 20, 29, 2023
HAMILTON 10-29-23

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #23CV008931
Salvador Ramirez has filed a petition with this court for a decree changing the name(s) of Salvador Ramirez to Joe Salvador Ramirez.
IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on December 5, 2023, at 9:00 a.m. in Department 54, located at 813 6th Street,

changing the name(s) of Khaled Adel Awad to Khaled Adel Awad-Gutierrez.
IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on November 8, 2023, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: August 29, 2023
Christopher E. Krueger, Judge of the Superior Court
Publish: Sept 29, Oct 6, 13, 20, 2023
KHALED 10-20-23

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #23CV007245
Sophia Grace Jackson has filed a petition with this court for a decree changing the name(s) of Sophia Grace Jackson to Pharen Grey Jackson.
IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on November 7, 2023, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: August 18, 2023
Christopher E. Krueger, Judge of the Superior Court
Publish: Sept 29, Oct 6, 13, 20, 2023
SOPHIA 10-20-23

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #23CV007644
Deeba Khorami has filed a petition with this court for a decree changing the name(s) of Deeba Khorami to Deeba Kamal.
IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on November 29, 2023, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: August 30, 2023
Richard K. Sueyoshi, Judge of the Superior Court
Publish: Sept 29, Oct 6, 13, 20, 2023
DEEBA 10-20-23

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #23CV005949
Maria Christina Santos-Coy has filed a petition with this court for a decree changing the name(s) of Maria Christina Santos-Coy to Christina Santos-Coy.
IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on October 17, 2023, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: August 3, 2023
Christopher E. Krueger, Judge of the Superior Court
Publish: Oct 6, 13, 20, 29, 2023
COY 10-29-23

SUPERIOR COURT OF CALIFORNIA COUNTY OF

Little White Houses

To sweep homeless camps, California cities must offer shelter

By **Jeanne Kuang**,
CalMatters.org

Cities in the West can't legally clear encampments unless they can provide adequate alternative shelter to the camp residents. But what, precisely, constitutes "adequate shelter?"

Is it one cot among dozens in a congregate shelter? A top bunk for an elderly person? An individual tiny home? A strip of asphalt, without electricity or water, where rows of people can set up their tents?

The definition is at the heart of debates raging across California in the five years since a federal appeals court ruled that it's cruel and unusual punishment to evict homeless people from public spaces when they have no other options. The 2018 decision on that Boise, Idaho case by the 9th U.S. Circuit Court of Appeals, binding on states in the West, did not require cities to set up enough shelter beds for their entire homeless population, but said it would be unconstitutional to criminally penalize people camping in public when they lack "access to adequate temporary shelter."

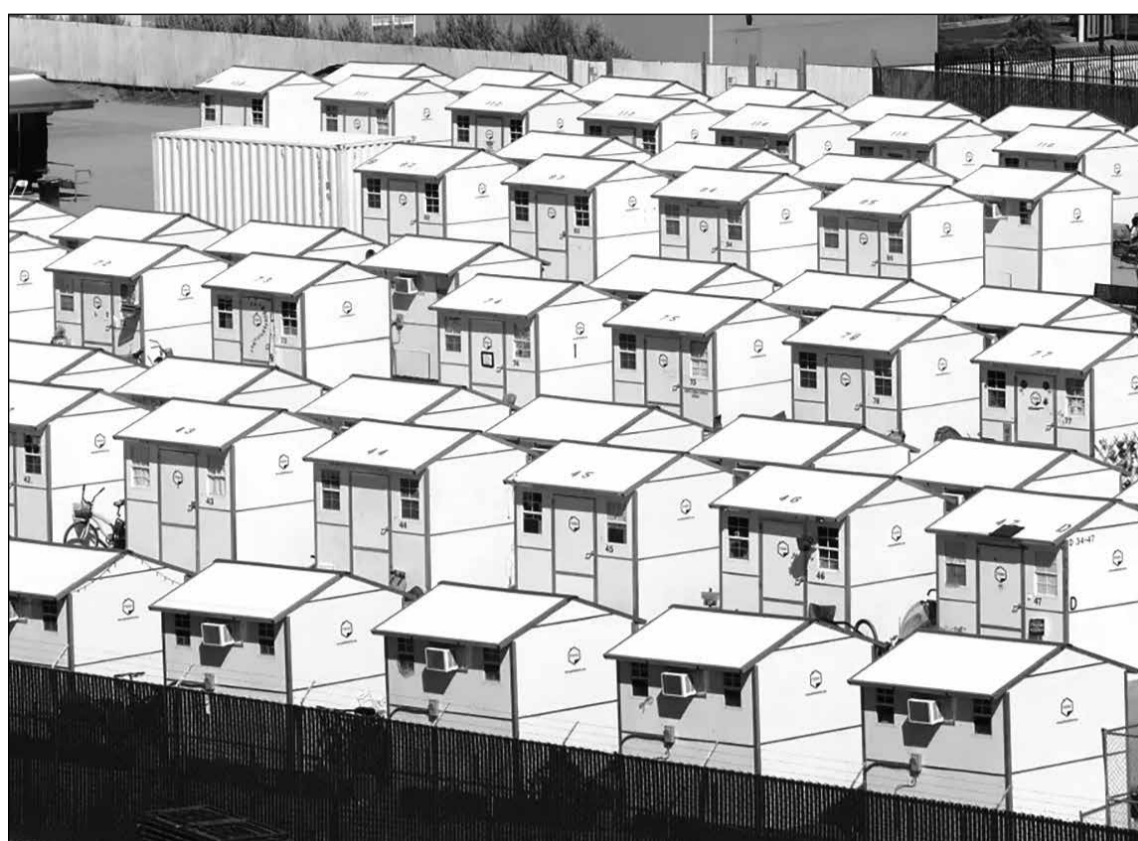
Last week a three-judge panel of that same court took another crack at the issue — this time declining to lift a temporary order that has, for nine months, halted San Francisco officials from sweeping the city's homeless camps.

The most recent order gave San Francisco officials confirmation that the city can sweep sites and cite residents who are "voluntarily" homeless: those refusing legitimate, adequate shelter offers. Officials said they haven't yet decided whether to do that.

California cities have been itching to get around the technical bounds of the Idaho ruling as constituents with homes complain about encampments in public spaces, citing public health and other concerns. Many local governments say they can ban encampments and that they have the alternative shelter options to enforce it.

Calling it a necessary form of tough love, they're cracking down on public camps, pairing an offer of shelter — or a stern prodding toward it — with the threat of arrest or fine. San Diego in late July began enforcing a ban on camps in most public places during the day; other cities that have recently passed camping restrictions include Sacramento, San Rafael and Culver City.

Some say the carrot-and-stick



An emergency non-congregate housing site in Chico on Sept. 6, 2023. Photo by Fred Greaves for CalMatters

approach is too weak a response to flagrant public health and safety concerns on the streets. Others say it's an infringement on the rights of unhoused people who, if they refuse shelter because of personal circumstances, will get shuffled around town, lose belongings and contact with social workers, or be pushed to more remote or dangerous places to sleep.

Now Gov. Gavin Newsom says the state will intervene, arguing the courts had adopted a "perverse interpretation" of the Idaho case. Newsom, like other Democratic leaders, has blasted the judge's decision for tying officials' hands in street cleanups. He said in a Politico forum Tuesday evening that the state will file a brief supporting the city's attempt to overturn the injunction.

"I've had it. We're going to intervene," he said. "I hope this goes to the Supreme Court. And that's a hell of a statement for a progressive Democrat. But it's just gone too far. People's lives are at risk."

Even if shelter spaces are open, unhoused people sometimes opt out.

Under the din of the Highway 99 overpass along the edge of Sacramento's urban core, a man emerged from his tent on a recent weekend morning and sat at a makeshift breakfast table, shaking a box of cereal.

The man, who would only identify himself as 53-year-old Eric D., said he'd lived at this encampment of about five tents

for about a month. His last campsite was a few blocks away near a freeway exit, and highway patrol officers told him he had to leave. The officers had given him a pamphlet with information about social services and shelter; he said "most of the information, a lot of the homeless people already know."

Before the freeway exit site, Eric said he'd stayed at a shelter near downtown Sacramento for about two months, but said he got kicked out after missing the curfew three times. The third time, he said he had been staying with relatives while attending a family funeral. Now, he walks or takes the bus two miles from the tent to the community college where he takes classes twice a week, and a social worker visits him occasionally, helping him search for an apartment.

Eric said not all shelter experiences are comfortable and some people chafe at the rules. If he tries one again, he would want it to be near the community college.

"A lot of people are living harder than they need to," he said of life on the streets. "Me, I can't stand it."

His neighbor, Joel Martinez, bagged up trash on the sidewalk before sitting down to light a cigarette.

Martinez, 63, considers himself a caretaker for a friend he's met on the streets. She lives around the corner in a van, and that morning she was leaning on its hood partially clothed, chattering to herself. Martinez worries about

leaving her alone.

"She talks to people we don't see or hear," he said. "People were taking advantage of her. I don't know if she'd fit in at a shelter."

Still, Martinez said, he's trying to talk her into moving indoors or to a sanctioned campground with him.

He said he understands why cities are moving to ban encampments, and said not all residents keep their camps clean, though some, he said, "police ourselves."

"I know people don't like to be reminded of the homelessness," he said. "But it's here, and it seems like the COVID thing really brought it all out."

Federal courts have rarely defined the adequacy of specific types of shelter — though in one extreme case a judge said some things simply don't count.

In Chico, a group of homeless residents sued the city in 2021 over its enforcement of a ban on camping on any public property. At the time, the city had 120 congregate shelter beds (capacity was diminished during the pandemic) and more than 570 unsheltered residents.

In response to the suit, officials opened a temporary sanctioned campground that summer where residents were allowed to park trailers or pitch tents. The city said it could accommodate its entire homeless population.

Federal District Court Judge Morrison C. England — upon finding that the campground was a strip of asphalt alongside the

local airport on the outskirts of town, with one awning erected for shade — was unconvinced.

"This raises the question, 'What is shelter?'" he wrote, before quickly dismissing Chico's "asphalt tarmac with no roof and no walls, no water and no electricity."

Chico officials closed the airport site after less than three months, and last year settled the suit by agreeing to build a "pallet shelter" — 177 tiny homes — where those who are camping in a prohibited spot can be directed by outreach workers or police.

Under the settlement, when the city plans to sweep a camp, it must count the number of people living there and confirm there's enough open shelter beds for them, then notify the plaintiffs' attorneys and conduct outreach to offer the residents shelter in a process that could take 17 days.

More than 300 people have stayed at the new site since April, either because the city was about to sweep their campsites or because they called the city shelter intake line themselves, said Amber Abney-Bass, executive director of the nonprofit Jesus Center which is contracted by the city to run the site. More than 140 of them left either for violating program rules or not returning to their bed for 72 hours, prompting the shelter to give the slot to somebody else, she said. Fourteen have moved on to more stable housing.

Abney-Bass said she's glad the case caused the city to create more beds, but she's wary that as congregate shelters fall out of favor, some will remain on the streets believing "nothing else is good enough" compared to a tiny home placement.

Her nonprofit has assessed more than 100 other people living on the streets since the settlement who have refused a shelter placement if they couldn't get into the tiny homes site.

In another case, in Sacramento, a federal judge has temporarily halted encampment sweeps during heat waves twice since last year, after advocates pointed out in court that the city had been directing unhoused people to a sanctioned campground on unshaded asphalt. The site, city attorney Susana Alcalá Wood said, does have meals, showers, restrooms and social services.

The city has asked the 9th Circuit to weigh in.

"In order to advise my client as to what constitutes sufficient shelter, I need the court to tell me," Alcalá Wood said. ★

State Delivers \$55 Million to Sacramento Water Agencies for Water Resilience Projects

CNRA News Release

SACRAMENTO, CA (MPG) - To help combat climate change and drought impacts on regional water supplies, the California Natural Resources Agency (CNRA) and Department of Water Resources (DWR) have partnered with local water agencies to implement critical infrastructure upgrades that will improve water resilience and support environmental health in the Sacramento area.

As part of a landmark partnership agreement, the state agencies have committed \$55 million in funding to the Sacramento Regional Water Authority to advance 21 projects designed to boost local water supplies and environmental flows for the Lower American River during dry years.

Funded projects include new and improved groundwater wells, upgrades to existing wells, pumps, interties and storage facilities. These upgrades will significantly expand the regional water system, giving water providers improved capacity to move supplies between agencies, recharge groundwater aquifers during wet conditions and use available groundwater supplies more sustainably when needed during dry years.

These improvements will allow the region to better withstand intense drought and impacts from climate change, reduce reliance on surface water and distribute supplies where they are needed most to support communities and the environment.

By expanding groundwater supplies and use in the region, local water agencies will be able to reduce diversions from the Lower American River during dry years and increase instream flows necessary to support delicate ecosystems and fish species such as salmon and steelhead. As part of the funding agreement, agencies will allocate 30,000 acre-feet of water in the river in three critical or dry years over an eight-year period once funded infrastructure upgrades are completed and in place. Completed infrastructure upgrades are anticipated within the next two years.

State representatives, water agencies and elected officials gathered today to highlight these investments, which are another step forward in developing a network of groundwater wells, pumps and pipelines that enable local water providers to withdraw and replenish groundwater reserves.

"It is gratifying for the state to invest in our decades-long vision for enhancing the role of our groundwater aquifer - our

natural infrastructure - as a key strategy for adapting the Sacramento region's water system to the changing climate," said Michelle Banonis, Manager of Strategic Affairs for the Regional Water Authority. "This investment will allow us to build on proven methods for securing our water supplies while also providing water for the environment during the driest times, long into the future."

"As California prepares for a future driven by climate change, it's more important than ever that we be proactive and invest in infrastructure that helps secure a reliable water supply. This partnership agreement is a pivotal step forward in securing our water future and DWR looks forward to working with our regional partners," said DWR Director Karla Nemeth.

This funding partnership demonstrates California's commitment to working with local agencies to increase river flows, restore ecosystems and strengthen water supply reliability in the state.

"This agreement will support projects that modernize infrastructure and improve water resiliency, both of which will enhance flow and habitat for California's native fish populations," said Charlton H. Bonham, Director of the California

Department of Fish and Wildlife. "We look forward to continued efforts with partners that will bring flexibility in water management and improve habitat in the Central Valley for fish and wildlife."

The Sacramento Regional Water Authority, which represents nearly two dozen water providers serving 2.2 million people in the Sacramento region, will work to implement the funded projects with nine water providers in the region including the City of Roseville, Sacramento County Water Agency, Sacramento Suburban Water District, Carmichael Water District, City of Sacramento, Golden State Water Company, Citrus Heights Water District, Fair Oaks Water District and Orange Vale Water Company.

This funding partnership is also one example of DWR's work to provide funding for local communities under the state's "Go Golden" initiative. The initiative highlights the state's partnership with local organizations and water agencies to implement projects that address water infrastructure, flooding impacts, water conservation, well rehabilitation and fish and wildlife protection as California prepares for a future driven by our changing climate. ★

COMICS & PUZZLES

The Spats by Jeff Pickering



Amber Waves by Dave T. Phipps



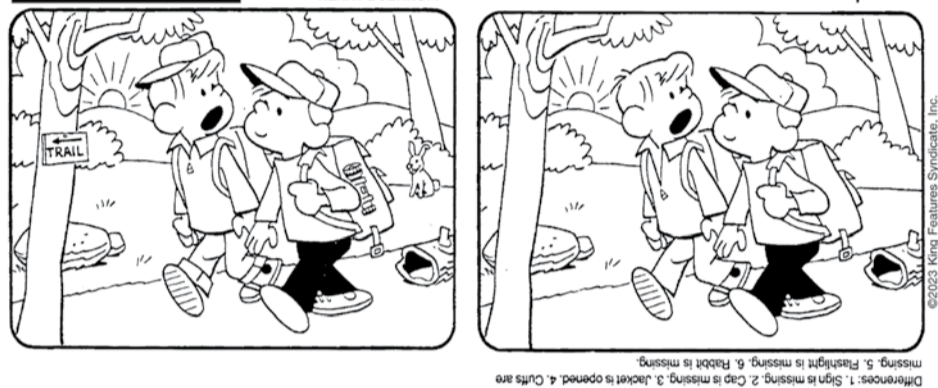
Out on a Limb by Gary Kopervas



TIGER by Bud Blake



HOCUS-FOCUS BY HENRY BOLTIHOFF



GRIN & BEAR IT by Dave T. Phipps



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CLUES

ACROSS

- "Bow Wow Wow's "I Candy"
- Money source
- * ___'s Root Beer
- Pelvic parts
- Start of something big?
- Round openings
- RPM gauge
- Cantina cooker
- Car sound, to a toddler
- *Ninepins namesake
- Kiln for drying hops
- They had
- Division, abbr.
- Informal wear
- "Tail" on letter C
- Kamakawio'ole's strings
- Real estate sale agreement
- Denials
- 39 a.m. prayer
- Even, to a poet
- *Desert plant harvested for sweet syrup
- Forbidden
- Quickly or slowly, e.g.
- *Sweet ___ brew
- Breathe in
- Westernmost city in Germany
- Soldier's bed
- Mensch, alt. sp.
- Italian car brand
- *Jolly livestock raisers?
- Russia's hard liquor
- Ctrl + Z
- Consumes food
- Checks out
- Famous French couturier (1905-1957)
- Heavy Metal's Quiet

DOWN

- Clever humor
- Unfortunately, exclamation
- Actor Nolte
- Island in French Polynesia
- *Donut filler
- Checked out
- Bleats
- Rocky & Bullwinkle and Mary Kate & Ashley, pl.
- To a very great degree (2 words)
- Not bright
- Sacred choral compositions
- Roundish
- *Sweet tooth, technically
- * ___ Musketeers, spelled out
- Drops at dawn
- * ___-Frutti
- Highlander's dagger
- Sage and rosemary
- *Scoop holder
- Averse
- "Drove my chevy to the ___"
- Southeast Asian org.
- Relinquish, as in property
- Clergyman's title, abbr.
- *Single serving treat

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NOTICE OF TRUSTEE'S SALE TS No. CA-23-960088-AB Order No.: 02-23003289 YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 12/14/2004. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 to the Financial Code and authorized to do business in this state, will be held by duly appointed trustee. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. **BENEFICIARY MAY ELECT TO BID LESS THAN THE TOTAL AMOUNT DUE.** Trustor(s): **GARY LEON DIETRICH AND ELYSE MARLENE SLOSMAN DIETRICH, HUSBAND AND WIFE, AS JOINT TENANTS** Recorded: 12/22/2004 as Instrument No. XXX in Book 20041222 Page 1259 of Official Records in the office of the Recorder of SACRAMENTO County, California; Date of Sale: 10/31/2023 at 9:00 AM Place of Sale: **At the East Main Entrance of the Gordon D. Schaber Sacramento County Courthouse, 720 9th Street, Sacramento, CA 95814** Amount of unpaid balance and other charges: \$401,881.39 The purported property address is: 11779 GOLD PARKE LANE, RANCHO CORDOVA, CA 95670-8353 Assessor's Parcel No.:

069-0660-002-0000 NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. **NOTICE TO PROPERTY OWNER:** The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call 800-280-2832 for information regarding the trustee's sale or visit this internet website <http://www.qualityloan.com>, using the file number assigned to this foreclosure by the Trustee: **CA-23-960088-AB**. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the internet website. The best way to verify postponement information is to attend the scheduled sale. **NOTICE TO TENANT:** You may have a right to purchase this property after the trustee auction pursuant to Section 2924m

of the California Civil Code. If you are an "eligible tenant buyer," you can purchase the property if you match the last and highest bid placed at the trustee auction. If you are an "eligible bidder," you may be able to purchase the property if you exceed the last and highest bid placed at the trustee auction. There are three steps to exercising this right of purchase. First, 48 hours after the date of the trustee sale, you can call 800-280-2832, or visit this internet website <http://www.qualityloan.com>, using the file number assigned to this foreclosure by the Trustee: **CA-23-960088-AB** to find the date on which the trustee's sale was held, the amount of the last and highest bid, and the address of the trustee. Second, you must send a written notice of intent to place a bid so that the trustee receives it no more than 15 days after the trustee's sale. Third, you must submit a bid so that the trustee receives it no more than 45 days after the trustee's sale. If you think you may qualify as an "eligible tenant buyer" or "eligible bidder," you should consider contacting an attorney or appropriate real estate professional immediately for advice regarding this potential right to purchase. **NOTICE TO PROSPECTIVE OWNER-OCCUPANT:** Any prospective owner-occupant as defined in Section 2924m of the California Civil Code who is the last and highest bidder at the trustee's sale shall provide the required affidavit or declaration of eligibility to the auctioneer at the trustee's sale or shall have it delivered to QUALITY LOAN SERVICE CORPORATION by 5 p.m. on the next business day following the trustee's sale at the address set forth in the below signature block. The undersigned Trustee disclaims any liability for any incorrectness of the property address or other common designation, if any, shown herein. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. If the sale is set aside for any reason, including if the Trustee is unable to convey title, the Purchaser at the sale shall be entitled only to a return of the monies paid to the Trust-

ee. This shall be the Purchaser's sole and exclusive remedy. The purchaser shall have no further recourse against the Trustor, the Trustee, the Beneficiary, the Beneficiary's Agent, or the Beneficiary's Attorney. If you have previously been discharged through bankruptcy, you may have been released

of personal liability for this loan in which case this letter is intended to exercise the note holders right's against the real property only. Date: **QUALITY LOAN SERVICE CORPORATION 2763 Camino Del Rio S San Diego, CA 92108 619-645-7711 For NON SALE information only Sale Line:**

800-280-2832 Or Login to: <http://www.qualityloan.com> Reinstatement Line: (866) 645-7711 Ext 5318 QUALITY LOAN SERVICE CORPORATION . TS No.: CA-23-960088-AB IDSPub #0188419 10/6/2023 10/13/2023 10/20/2023
 Rancho Cordova Grapevine Independent 10/20/2023

NOTICE OF ADOPTED ORDINANCE

The following is a summary of an Ordinance adopted by the City Council of the City of Rancho Cordova at its meeting of October 2, 2023:

AN ORDINANCE OF THE CITY COUNCIL OF THE CITY OF RANCHO CORDOVA, STATE OF CALIFORNIA, ESTABLISHING A BY DISTRICT ELECTION SYSTEM IN FIVE COUNCIL DISTRICTS PURSUANT TO CALIFORNIA ELECTIONS CODE SECTION 10010, AND AMENDING AND ADDING NEW SECTIONS TO CHAPTER 2.42 ELECTIONS OF THE RANCHO CORDOVA MUNICIPAL CODE TO PROVIDE FOR CITY COUNCIL ELECTION DISTRICTS

Passed and adopted on the 2nd day of October, 2023 by the following vote:

AYES: Gatewood, Pulipati, Sander, Terry, and Budge
 NOES: None
 ABSENT: None
 ABSTAIN: None

The full text of the adopted Ordinance is available in the City Clerk's office, 2729 Prospect Park Drive, Rancho Cordova, CA 95670.

Printed in the Sacramento Bee on October 13, 2023.

NOTICE OF REQUEST FOR PROPOSALS SCHOOLS INSURANCE AUTHORITY

Notice is hereby given that Schools Insurance Authority ("SIA"), a Local Public Agency formed and existing under California Government Code Section 6500, et seq., is requesting proposals for HVAC replacement at its business offices located at 9800 Old Placerville Rd, Sacramento, CA 95827 ("Project Site").

The general scope of anticipated services includes the replacement of current rooftop HVAC systems. The project is expected to commence immediately after execution of the construction contract and mutually agreed upon construction schedule. Further details are set forth in the Request for Proposals package available upon request from Debrah Sherrington, Director, Special Projects, Schools Insurance Authority, (916) 364-1281, dsherrington@sia-jpa.org.

Proposals must be submitted by 2:00 pm on November 7th, 2023, in conformity with the requirements set forth in the Request for Proposals. There is a mandatory Pre-Bid Meeting scheduled for October 24th, 2023 @ 2:00 pm at the Project Site. Once the Proposals are opened, interviews of potential Contractors may occur on the morning of November 8th, 2023. Final selection of the HVAC Contractor(s) is expected to be made on or about November 10th, 2023. SIA reserves the right to reject any or all Proposals and/or to waive any irregularity in a Proposal or in the Proposal process.

Questions regarding this process, or requests for copies of the Request for Proposal Package, must be directed to Ms. Sherrington in writing or e-mail transmission no later than noon October 27th, 2023, @ noon.

Grapevine Independent Voice 10-6 and 10-13-2023

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Medicare's Annual Election Period Fast Approaching

By Tim Coughlin



Medicare's Annual Election Period, ("AEP") for Part D Prescription Drug Plans and Medicare Advantage plans runs from October 15th until December 7th. During AEP eligible Medicare enrollees can join or change a Medicare Advantage (Part C) or Part D drug plan. Enrollees can also "disenroll" from a Medicare Advantage plan and return to Original Medicare (Parts A/B) and join a drug plan.

ment being the plan that will go into effect on January 1st. This allows for you to change your mind during the Enrollment Period.

Disenrollment / Medicare Supplements

AEP is also a time when you can "disenroll" from a Medicare Advantage plan and return to Original Medicare (Parts A/B) and join a Part D drug plan.

Here is a timeline to assist you in navigating this important Enrollment Period and to help you avoid coverage surprises:

September

Your current Medicare Part D drug plan or Medicare Advantage plan is required to send you an Annual Notice of Change ("ANOC") notice. It's important that you read this notice as it contains important information about changes to your plan for the 2024 Plan Year. The "ANOC" notice will advise you if the plan premium is changing or if there are changes to the drug formulary, provider network and/or plan benefits. It can be a mistake to assume the plan you have this year will remain the same next year. Take the time to review your "ANOC" notice!

October 1st

Sometimes referred to as the "marketing" period or "shopping" period, October 1st is when the 2024 Plan Year information is released and companies can begin marketing Medicare's Annual Election Period Fast Approaching plans. This is a good time to review options for your prescription drug or Medicare Advantage coverage for 2024. Since plans can and do change, it's a good idea to confirm that your current plan continues to cover your prescriptions well and to meet your needs for the upcoming year.

October 15th Until December 7th

This is when you can actually submit an enrollment if you want to enroll in a plan or to change plans for 2024. December 7th is a hard deadline. Your ability to change Part D Prescription Drug Plans after December 7th may be non-existent or extremely limited.

Every year we have people call us that miss the December 7th deadline and end up stuck on a Part D plan that has increased their premium or that doesn't cover their prescriptions well.

Last Valid Enrollment

During AEP it is possible to submit multiple enrollments with the final enrollment.

If you're also intending to enroll in a Medicare Supplement (aka Medigap) plan when returning to Original Medicare during AEP, keep in mind that enrollment in a Medicare Supplement may not be guaranteed. You may have to answer health questions to enroll in a Medicare Supplement outside of limited guaranteed issue periods. An experienced insurance agent can be valuable if you're wanting to leave your Medicare Advantage plan and get a Medicare Supplement. Failing to do things properly and in the right sequence can end up creating a deficit in your medical coverage. The services of an independent agent are free to consumers.

A Word on Medicare Commercials

During AEP the airways are flooded with commercials pitching Medicare Advantage plans and all the free benefits you're missing out on. These commercials often tout benefits that are only offered in specific areas or to select segments of Medicare enrollees. They entice you to call and once you call they'll try to enroll you in a plan quickly over the phone. Exercise caution if you call one these large call centers.

Being proactive about your Medicare coverage during the Annual Election Period can go a long way to helping you avoid coverage issues and to feel confident in your coverage selections for 2024.

Tim Coughlin is an award-winning independent insurance agent specializing in health and Medicare insurance for over 35 years in Gold River. He can be reached at (916) 346-4417 or by email: tim@summitindins.com.

"We do not offer every plan available in your area. Currently, we represent 9 organizations which offer 52 products in your area. Please contact Medicare.gov, 1-800-Medicare, or your local State Health Insurance Program (SHIP) to get information on all of your options."

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EUROPEAN GROCERY

Via Veneto Extra Virgin Olive Oil 1 liter \$9.49/ea	Ahmad Tea Green Tea 100 T/B \$6.99/ea	Milenka Tea Biscuits 1 kg \$4.39/ea	Solidarost Kevoka Milk Cream Fudge 256 gr \$3.39/ea	Viola Original Cheese Spread 195 gr \$3.19/ea
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KOREAN/JAPANESE GROCERY

Premium Sushi Rice 44 lbs \$7.99/ea	Pickled Radish 2.2 lbs \$2.99/ea	Levee Seaweed Rouged Gift Box 10 x 7.2 g \$14.99/ea	Hot Chicken Ramen 2 kinds 5 x 140 g \$6.99/ea	Wang Goo Chee Jang 800 g \$2.99/ea	Korean Rice Cinnamon Puff 6 x 180 ml \$6.99/ea
Color Korean Traditional 300 g \$2.99/ea	CJ Korean Pancake Frying Mix 1kg \$2.49/ea	Bee Amber Red Ginseng Premium 60 x 50ml \$59.99/ea	Saech Pyo 50 g 99¢/ea	Seung Myeonnae 1764 oz \$5.99/ea	Sole A Seung Seure 12.17 oz \$2.99/ea

HOUSEWARES

BIGEN SPEEDY HAIR COLOR (FULL ONLY) \$4.99/ea	KAIZEN WOK PAN 30 CM \$39.99/ea
ELECTRIC RICE COOKER (4 CUPS) \$19.99/ea	ELECTRIC RICE COOKER (6 CUPS) \$14.99/ea
ELECTRIC RICE COOKER (10 CUPS) \$14.99/ea	ELECTRIC RICE COOKER (10 CUPS) \$15.99/ea

FROZEN & FISH DEPT

Raw White Shrimp 30/40 4 lbs \$14.99/ea	Frozen Sardines \$1.99/lb
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WEEKLY MEAT SPECIALS

Chuck Roast - Bnds \$4.99/lb	Beef T-Bone Steak \$4.99/lb	Beef Porterhouse Steak \$5.49/lb
Ground Beef Lean \$4.99/lb	Pork Baby Back Ribs \$3.99/lb	Pork Loin Chops Bone In \$2.49/lb
Chicken Leg Quarters \$2.89/ea	Pork Neck Bones \$1.79/lb	

FROZEN & FISH DEPT

Frozen Snow Crab Legs lb REG. \$21.99/lb \$14.99/lb

EUROPEAN DELI

Pan Roasted Turkey Breast \$11.99/ea	French Medley \$4.49/ea
Pepper Turkey Breast \$12.49/ea	Green Olives Stuffed with Almonds \$5.99/ea

Advertised items good at KP International Market - Rancho Cordova location ONLY. We reserve the right to LIMIT QUANTITIES. Not responsible for TYPOGRAPHICAL OR PICTORIAL ERRORS. All advertised items are SUBJECT TO AVAILABILITY. Sorry NO RAINCHECKS. PRICES EFFECTIVE OCTOBER 11 - OCTOBER 17, 2023.

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