



THE NEWS

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Serving Rio Linda, Elverta and Sacramento County

OCTOBER 27, 2023

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On the Mental Health Hot Seat



Kaiser Permanente mental health workers strike at Kaiser Headquarters in Oakland on Oct. 7, 2022. Photo by Martin do Nascimento, CalMatters

BY JOCELYN WIENER CALMATTERS.ORG

Three years ago, California leaders passed legislation that promised the most dramatic expansion of mental health and addiction care coverage in decades.

As the state's residents struggled with the stress and trauma of a raging pandemic and a record wildfire season, mental health advocates

used words like "groundbreaking" to describe the new law. Finally, they said, California was poised to become a national leader on mental health.

Their optimism about that law, Senate Bill 855, has been fraying ever since. Advocates say health plans routinely fail to ensure that enough mental health providers accept their coverage, and often make patients wait too long before

being seen.

Case in point: Last week, the Department of Managed Health Care unveiled news of a historic \$200 million settlement with Kaiser Permanente for failing to provide patients with timely mental health appointments, among other issues.

Such issues will take center stage Wednesday at a special oversight hearing of the Senate Select

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Gala Salutes Vets Day at Aerospace Museum



A WW II P-38 Lighting is among iconic aircraft adding to a USO-style Salute to Service event at the Aerospace Museum. Photo courtesy Aerospace Museum of California.

Staff Correspondent

SACRAMENTO REGION, CA (MPG) - Music, fine food and one of Sacramento's biggest fireworks displays are a build up to Veterans Day at the Aerospace Museum of California.

The McClellan Park facility will host a USO-style gala on Friday, November 3.

Its "Salute to Service" fundraiser supports the museum with a 1940s theme. Central to décor, flyable WW II aircraft – a P-38 Lightning, a Navy Corsair and a Ryan ST-A – will be eye-popping backdrops for dancing and photo-ops.

Entertainment includes

a tribute show celebrating Harry James, a superstar trumpeter whose big band hits contributed to Allied morale during WWII.

American River College Professor and trumpet virtuoso Tony Marvelli will take center stage. Carmichael-based singer Susan Skinner will contribute vocals made famous by beloved 1940s chanteuse, Helen Forrest. Pianist Joe Gilman, bassist Shelley Denny and drummer Tim Metz complete the quintet known as Hey Day.

Hey Day offers a retrospective on James' larger-than-life career: the one-time circus musician discovered Frank Sinatra, Buddy Rich and

Doris Day. He married Betty Grable and indulged a legendary Hollywood lifestyle. "With his music, we revisit a special time in American history," says museum director/curator Tom Jones. "During tumultuous times, Harry James made America dance, sing and believe in love."

The museum's massive hangar will house the celebration. Vintage dress is encouraged; Rosie the Riveter lookalikes will serve cocktails.

Following a site tour, guests will dine, dance and be treated to a massive fireworks display. One of the largest pyrotechnic specialists in the world, Pyro Spectaculars company

annually provides this blow-out to honor veterans and support the museum. Anyone may view this spectacle from Freedom Park, McClellan.

Gala cost is \$150 per person; \$275 per couple. Table sponsorships are also available. Admission includes dinner, dancing, wine, beer and signature cocktails and fireworks. The Aerospace Museum of California is located at 3200 Freedom Park Drive, McClellan. For information and ticket purchases visit www.aerospaceca.org

Sponsors include: *Safe Credit Union, McClellan Park, Aerojet Rocketdyne, Boeing, SMUD and Lockheed Martin.*

Sac County Transitions to New Benefits System

Sacramento County News Release

SACRAMENTO COUNTY, CA (MPG) - On October 30, 2023, Sacramento County joins other California counties and transitions to a new public assistance benefits system, California Statewide Automated Welfare System (CalSAWS).

CalSAWS replaces the existing welfare eligibility system CalWIN. With this change, MyBenefits CalWIN (myBCW) customer web portal will be replaced with a new and improved online portal, BenefitsCal that provides one unified experience for all Californians. BenefitsCal will make it easier than ever to apply for benefits online, upload documents, report changes, renew benefits, view case details, sign up for alerts, and more.

Now customers can apply for a variety of benefits on the same website: Cash assistance, Food benefits, Health Care

To align with the adoption of the new technology, the Sacramento County Department of Human Assistance will replace the current phone numbers for customers with a toll-free 1-800 number. Effective Monday, October 30, 2023 the current phone numbers (916) 874-3100 and (209) 744-0499 will be replaced by the new 1-800-560-0976 number.

To accommodate the transition, the DHA Service Center will be closed on Friday, October 27. Customers may continue to use MyBCW until October 26, 5 p.m. The new portal BenefitsCal becomes available on Monday, October 30 at 6 a.m.. Households interested in applying for public assistance benefits during the downtime period can:

Visit www.GetCalFresh.org for CalFresh benefits or visit www.coveredca.com for Medi-Cal benefits.

Customers who may have started an application in the old system should plan to finish by Thursday, October 26, or will need to begin a new application after creating an account in BenefitsCal starting Monday, October 30, 2023. Thank you for your patience as we transition to the new systems.



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All Aboard the 45th International Railfair

By Thomas J. Sullivan

SACRAMENTO, CA (MPG) - All Aboard the 45th Annual International Railfair (IRF), coming to Cal Expo, 1600 Exposition Blvd in Sacramento, on Veteran's Day weekend, Saturday, November 11 and Sunday, November 12. It's the first time IRF has been in Sacramento County since its earliest when it was held at Sacramento City College.

The annual International Railfair show is run by members of the Sacramento Modular Railroaders, the Sacramento chapter of the European Train Enthusiasts, Roseville Roundhouse Model Railroad Association, and the Sierra Division of the Pacific Coast Region of the National Model Railroad Association (NMRA), said IRF spokesperson Tom Campbell.

"We display operating model railroads to the public at the International Rail Fair and educate the public about model railroading, railroad history, and prototypical railroad operations," Campbell said.

This year, IRF guests will be able to enjoy more than 28,000 square-feet of model railroad fun, explore over 100 vendor tables, and swap goods at a TrainMart consignment store as they see over 12 operating model train layouts in action ranging from Z to G.

"The two-day show is called 'International Railfair' because one of our sponsor clubs, European Train Enthusiasts, specializes in building and operating European model railroads," Campbell said.

A children's layout returns this year where children can run a scale model locomotive and earn a Junior Engineer badge.

The popular "Square Foot Challenge" also returns this year - with a holiday theme.



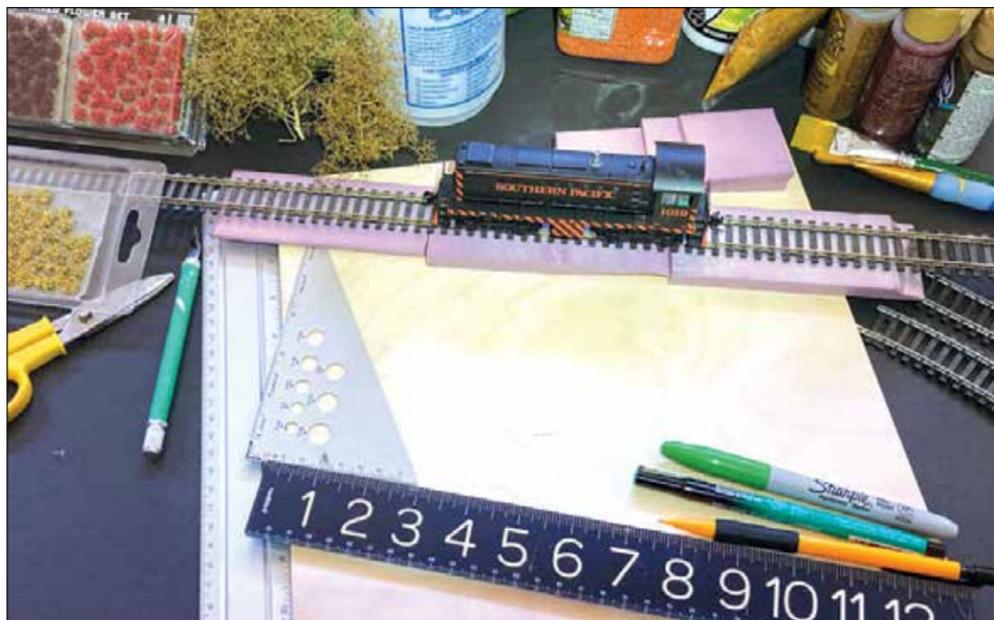
A BNSF engine model on a track. Photo courtesy of International Railfair (IRF).

Attendees are invited to vote for their favorite holiday diorama with the highest number of votes named a People's Choice winner. The winning diorama builder will receive a custom trophy based on a machinist's square and a \$50 gift card to RC Country Hobbies.

The individual model railroad layouts which are seen at the International Railfair are modular railroads. A typical modular layout consists of transportable individual modules which are clamped together to create a single model railroad, Campbell said.

Modules are typically lightweight, and are about 30" wide and four feet long, and packed with a lot of scenic detail. Legs fold out from underneath the module and the required electrical wiring drops down at both ends of the module.

General admission, ages 13 and up, good for both days, is \$12. Admission on Sunday,



Supplies for the IRF Square Foot Challenge. Photo courtesy of International Railfair (IRF).

November 12 is reduced to \$10 per person. Youth admission for ages 13-17 is \$5. Children ages 12 and under are free both days.

Active and retired military members receive a \$2 discount on event admission at the gate.

For more information email

Tom Campbell at tom.c.irf@gmail.com. To purchase advance tickets, visit www.international-railfair.com.

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Twin Rivers Unified Superintendent Receives Statewide Hero Award

TRUSD News Release

MCCLELLAN, CA (MPG) - Twin Rivers Unified School District (TRUSD) is proud to announce that Superintendent Dr. Steve Martinez is the recipient of the coveted Hero Award from the California Black Chamber of Commerce. The esteemed award reflects Dr. Martinez's exceptional leadership and his unwavering commitment to advancing the educational landscape in the community.

The Hero Award is in recognition of Dr. Martinez's forward-thinking approach, transformative efforts within the district, and the inspiring vision for education in our schools and for our children. Under his leadership, TRUSD has witnessed remarkable achievements, with rising graduation rates and a substantial decrease in dropout rates. The district's implementation of the Dual Enrollment Program has been instrumental in paving the way for our students' success.

Upon learning of the nomination, Dr. Martinez expressed his profound gratitude and pride in accepting this honor on behalf of the entire Twin Rivers Unified School District Board of Trustees and the dedicated staff who work tirelessly to support and uplift students and the broader community.

"This award is a testament to the collective dedication and passion of everyone in our district... We have achieved these successes together, and I am humbled to accept this award in recognition of our



Dr. Steve Martinez is the recipient of the coveted Hero Award from the California Black Chamber of Commerce. Courtesy photo

shared commitment to education and our community's future," said Dr. Martinez.

Jay King, CEO of the California Black Chamber of Commerce, shared his perspective on Dr. Martinez's achievement.

"Dr. Steve Martinez has truly been a visionary leader in our community... His commitment to improving education and the betterment of our community exemplifies his dedication to our children's future. We were delighted to nominate Dr. Martinez for the Hero Award, and we believe he is an outstanding example of leadership that inspires us all," said King. ★

Sacramento Zoo Says Goodbye to Chimpanzees

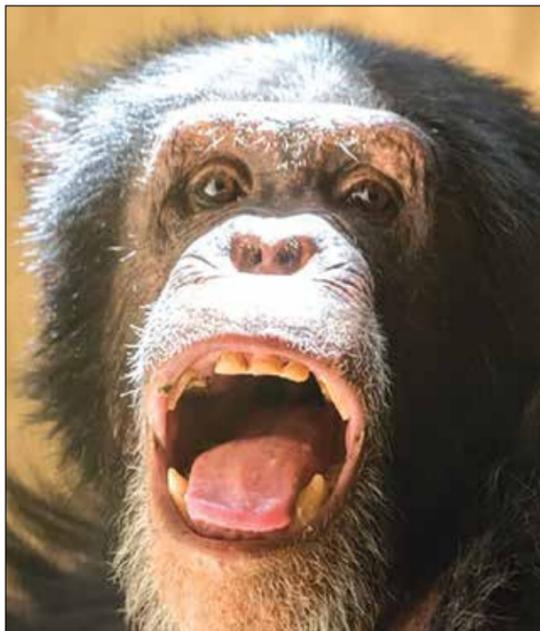
Sacramento Zoo News Release

SACRAMENTO, CA (MPG)

- After 75 years of housing chimpanzees, The Sacramento Zoo shares that in participation with the Association of Zoos and Aquariums (AZA) and the Chimpanzee Species Survival Plan (SSP), our four individuals have settled in wonderfully at two new homes. Dougie and Pablo have fully integrated into the troop housed at the Kansas City Zoo in Missouri. Amelia and Maria have arrived safely at an accredited zoo. In both cases, the duos have relocated to new habitats that are much larger and give them greater socialization opportunities with other chimpanzees. Current AZA standards recommend a minimum of eight chimpanzees to a troop. The chimpanzee SSP consists of 229 animals distributed among 33 AZA facilities.

"The Sacramento Zoo collaborated with colleagues throughout the AZA and specifically members of the Chimpanzee SSP to identify the best new homes for our individuals, and to work, plan for, and ensure, a safe and successful transfer," states Matt McKim, Director of Animal Care, "Although it is difficult to see these beloved animals leave the Sacramento Zoo, their new homes and troops will provide excellent well-being for many years to come."

"We are excited to welcome Pablo and Dougie to the Kansas City Zoo and our existing troop of nine chimpanzees," said Courtney Murray, Animal Curator with the Kansas City Zoo. "Our Zoo's chimpanzee habitat is about 3 acres and encompasses a forested section with large, mature trees for climbing and plenty of territory for the troop to carry out natural behaviors and social interactions. The addition of Pablo and Dougie will be beneficial to balance out troop dynamics and increase the



Dougie. Photo courtesy of The Sacramento Zoo



Maria. Photo courtesy of The Sacramento Zoo

diversity of the troop's gene pool."

Female chimpanzees, Amelia and her daughter, Maria, have moved to another AZA-accredited zoo that has cared for chimpanzees for more than 20 years. Their new zoo home is eight times larger than Sac Zoo's, and includes a waterfall, stream, and a variety of climbing structures. The habitat also has trees and more than 40 edible plants for foraging, as well as rocks that are cooled in the summer and warmed during the winter. The pair are currently undergoing a quarantine period while under the care of

the primate and vet health teams prior to their introductions to their new troop.

"Chimpanzees have been some of our most popular animals for generations at the Sacramento Zoo," states Sacramento Zoo Director Jason Jacobs. "While we will certainly miss these charismatic apes, it is important for the community to understand the context in which these decisions are made. Advances in the care of great apes in zoos clearly demonstrate that these animals thrive in social troops in larger habitats. I commend our incredible team of passionate caregivers for coordinating these transfers to new facilities." ★

Looting of 7-11 Convenience Store in Rio Linda

Sacramento County Sheriff's News Release

SACRAMENTO COUNTY, CA (MPG) - On October 8, 2023, at approximately 11:30 PM, the 7-11 convenience store on Elkhorn Boulevard in Rio Linda was terrorized after a nearby sideshow when dozens of individuals vandalized and looted the store. While Sacramento County Sheriff's North Patrol deputies were on scene approximately five minutes after the call, those responsible for the damages and looting had already fled the scene. Deputies and detectives from the Sheriff's

Property Crimes Bureau began their investigation, canvassing the area and attempting to locate witnesses. Their investigation showed that some of these suspects are likely from the Bay Area. Surveillance video from the incident can be found on all Sacramento County Sheriff's social media channels and here at this YouTube link: <https://youtu.be/jqL-cqcvjTM?feature=shared>

This investigation is very active, and detectives are asking anyone with information about this incident to contact the Sheriff's Office at (916) 874-5115 or

the Sacramento Valley Crime Stoppers at (916) 443-HELP (4357). Tips leading to an arrest are eligible for a CASH reward of up to \$1000, and tipsters remain anonymous. Tips are paid in cash, and you are never asked for identification. Contact Sacramento Valley Crime Stoppers at (916) 443-HELP (4357), 1-800-AA-CRIME, or **TIPS. Use the "P3 TIPS" app or online at www.sacvalleycrimestoppers.com.

Tip information may also be left anonymously at www.sacsheriff.com or by calling (916) 874-TIPS (8477). ★

Sheriff's K9 Philbert Apprehends Armed Felon

Sacramento County Sheriff's News Release

SACRAMENTO COUNTY, CA (MPG) - On Saturday, October 21st, 2023, at approximately 11 PM, Sacramento County Sheriff's Office deputies responded to a disturbance call at a residence on El Reno Avenue in Rio Linda. A male subject, later identified as Darrion Jamerson-Keosodsay, was at the caller's residence with a gun and was refusing to leave. While on the phone with dispatch, Jamerson-Keosodsay attempted to shoot someone inside the house but

luckily missed. As deputies were responding, Jamerson-Keosodsay fled on foot.

The Sacramento Police Department's helicopter and a deputy with our drone unit located a heat source and clothing in a nearby cornfield. After several K9 announcements without a response, Sheriff's K9 Philbert set up along the fence line and located the suspect trying to hide in the field. Instead of simply surrendering, Jamerson-Keosodsay tried to fight with K9 Philbert while holding a gun. Fortunately, he dropped the gun during

the scuffle but then tried to run away over a fence into another residential backyard. K9 Philbert successfully apprehended him before he could escape, and deputies took him into custody without further incident. Deputies retrieved the loaded firearm, which was booked into evidence.

Jamerson-Keosodsay was booked into the Sacramento County Main Jail for various felony charges, including PC 664/187 - Attempted Murder. He is currently ineligible for bail and is scheduled to appear in court October 24th, 2023. ★

On the Mental Health Hot Seat

Continued from page 1

Committee on Mental Health and Addiction.

Democratic state Sen. Scott Wiener of San Francisco, chair of the committee and author of the California Mental Health Parity Act, says he shares many of the mental health advocates' concerns.

"We know the plans have a long history of finding ways not to cover mental health treatment," he told CalMatters. "The whole purpose of this law is to put an end to that."

Prior to the passage of the 2020 law, the state only required health plans to cover medically necessary treatment of nine serious mental illnesses. For years, mental health advocates had tried and failed to expand that list. With Wiener's law, they were finally triumphant.

Beginning in January 2021, the state has required plans to pay for treatment of a much more extensive array of mental health issues, along with substance use disorder and addiction. This state law is separate from a federal mental health parity law passed in 2008. The concept of "parity" refers to requiring insurers to treat mental and physical health conditions equally.

Health plans say they "have been diligently working in good faith" to comply with these laws while facing industry-wide challenges like workforce shortages. They say they are navigating guidelines that are ambiguous and uneven while waiting for the Department of Managed Health Care to finalize regulations.

"This creates a situation of moving goal posts for plans, providers, and our enrollees," said Mary Ellen Grant, spokesperson for the California Association of Health Plans, in an email.

Mental health advocates have also long criticized the Department of Managed Health Care, which oversees health plans in the state that receive monthly fees to

provide health care for their members. And they, too, are concerned that it's taking so long for the official rules to be decided.

This summer, more than a dozen advocacy groups signed a letter of concern to the department, questioning its commitment to enforcing some aspects of the new state parity law. The organizations want the department to publish and publicize its investigations.

"It's still a relatively secret process," said Lauren Finke, a policy director at The Kennedy Forum, a national organization that cosponsored California's parity legislation.

The Department of Managed Health Care declined to make anyone available to speak with CalMatters until later this fall. In an email, a representative said the department "is committed to ensuring enrollees have appropriate access to behavioral health care when they need it."

In response to advocates' critiques that the department isn't adequately analyzing and publicizing how well plans are complying with state parity law, the department said in a statement that it is evaluating health plans' compliance in other ways; including that analysis in the behavioral health investigations would slow them down too much, the statement said.

Meiram Bendat, a Santa Barbara attorney and psychotherapist who focuses on mental health parity, says that the three-year-old state law has improved patients' ability to receive mental health care by creating a uniform definition of what is considered "medically necessary."

But when it comes to ensuring that health plans maintain adequate provider networks, he said, the department is "failing miserably." Too often, plans offer their members only outdated lists of providers who then prove to be unavailable, Bendat said. The Department of

Managed Health Care hasn't adequately held plans accountable for this and other problematic practices, he said.

"The historic network inadequacy around the state and the lack of meaningful fines, that's a real failure on the part of the department," he said.

Finke, of The Kennedy Forum, called the Kaiser settlement "long overdue" and "a very important first step in the Department holding plans more accountable for their performance (or lack thereof)." The settlement includes a \$50 million fine and corrective action plan as well as a commitment by Kaiser to invest an additional \$150 million over five years to improve behavioral health services.

But Finke and others also said the settlement itself provides evidence of the department's failures to enforce a previous settlement agreement with Kaiser from 2017.

"Will DMHC do its job going forward? That's the big question," asked Fred Seavey, research director for the National Union of Healthcare Workers, which represents 2,000 Kaiser mental health workers in Northern California who undertook a 10-week strike last year over heavy clinician workloads and long wait times for appointments. He said he wrote complaints to the Department of Managed Health Care earlier this year, saying that Kaiser in Southern California has been illegally restricting the scope of behavioral health services.

Kaiser said, in an emailed statement, that "any accusation that we intentionally limit or restrict needed care is untrue."

Southern California Kaiser members receive a wide range of behavioral health clinical offerings, the statement said. Despite a statewide shortage of clinicians, Kaiser is "doing all that we can" to expand its network of mental health providers. ★

County Clerk/Recorder to Consolidate and Relocate to New Office



The new central office is located at 3636 American River Drive in the unincorporated part of the County near Watt Ave and Hwy 50. Photo courtesy of Sacramento County

Sacramento County News Release

SACRAMENTO COUNTY, CA (MPG) - The County Clerk/Recorder's (CCR) office is consolidating and relocating two of its three offices by early 2024. CCR will be consolidating the downtown office (600 8th Street, Sacramento) and the East Area Service Center location (5229 Hazel Avenue, Fair Oaks) and taking over a 26,952 square foot central office located at 3636 American River Drive in the unincorporated part of the County.

"We are excited for this change!" said Donna

Allred, Sacramento County Clerk/Recorder. "This new location will provide a more streamlined customer experience in an updated and more spacious facility."

The first move will come with the closure of the eastern location in mid-November. Due to deliveries and installations needed at the new American River Drive location, an exact date has not been confirmed yet for when the East location will close. An updated SacCounty News story will be posted when that information becomes available.

CCR continuously

analyzes their structure, efficiencies, public service levels and office configurations for their programs, staff and public. Advancing technology has changed business needs, with more services now offered electronically. CCR determined that a consolidation of two locations into one singular and more centralized location is more efficient for operations.

To learn more about the consolidation and relocation, visit the County Clerk/Recorder's website. For questions or concerns, contact CCR at (916) 874-6334. ★

Bonta Praised Fentanyl Murder Case But Ducked Legislation On Deadly Drug



By Dan Walters, CALMatters.org

Something unusual – perhaps even historic – happened this month in Placer County, in the foothills northeast of Sacramento.

A man named Nathaniel Evan Cabacungan was sentenced to 15 years to life in state prison after pleading guilty to second degree murder in the death of Jewels Marie Wolf, a 15-year-old girl he had supplied with a fake Percocet pill containing a lethal dose of fentanyl.

Cabacungan is the first person to be convicted of murder for a fentanyl death – a milestone that the victim's family and law enforcement officials somberly marked in a post-sentencing news conference.

"This is not an honor we wanted, nor one that Jewels' family deserved," Placer County District Attorney Morgan Gire said. "I think for those of you that witnessed in court the impact statements of Jewels' parents and loved ones, we truly saw the strength of the human spirit today."

Prosecutors said that after Cabacungan gave the girl the fentanyl-laced tablet, he left her alone dying in her bed without calling for help and later sold the deadly pills to someone

else.

"He had the opportunity to intervene. He had the opportunity to save her life, and he chose to watch her die instead," Gire said of Cabacungan.

California Attorney General Rob Bonta was one of the officials who spoke at the news conference, telling reporters, "This historic sentencing, again not something that we wanted to happen here, but it is historic. And to me, it's an example of good law enforcement at its finest, working together, following the facts, building the case."

Bonta cited the alarming increase in fatal fentanyl overdoses among young people, saying, "It's cheap, it's potent and it's lethal."

Superficially, having Bonta, the state's top law enforcement official, at the news conference was quite understandable, even commendable.

However, it had the trappings of publicity mongering and image-building by an ambitious politician who wants to become governor because Bonta was missing-in-action this year when the Legislature was considering bills to crack down on fentanyl abuse – and rejecting many of them.

Bonta's praise of Placer County's fentanyl murder conviction implied that he supports tougher sentences for those who distribute the deadly drug, but neither he nor his office supported bills that would have implemented even lesser punishment.

In April, the Assembly Public Safety Committee considered seven fentanyl bills and rejected three that would have increased

penalties for fentanyl suppliers. One would affect dealers whose customers die or are seriously injured such as Wolf, one that would punish using social media to sell fentanyl, as Cabacungan did, and a third that would increase penalties for possessing large amounts of the drug.

The committee, which is notorious for rejecting legislation to enhance criminal punishment, shunted aside broad support for the measures from law enforcement groups and emotional pleas from families of fentanyl victims.

Bonta could have appeared to voice his support for the bills, but did not. Nor did he list himself as a supporter.

The committee passed four bills, only one of which would increase penalties for fentanyl possession by raising its classification to that of heroin and other deadly drugs. It was later signed by Gov. Gavin Newsom.

Placer County is trying to crack down on the deadly fentanyl trade.

"Let me be clear: For those that come into our county and knowingly sell their poison, we will come after you," District Attorney Gire said. "We will prosecute you, and we will do our best to separate you from society for as long as we possibly can."

Bonta apparently wants the voters to know that he supports that get-tough attitude, but so far he's been all talk and no action.

Dan Walters has been a journalist for more than 60 years, spending all but a few of those years working for California newspapers. ★

National Disability Employment Awareness Month

Sacramento County News Release

SACRAMENTO COUNTY, CA (MPG) - Sacramento County employs more than 13,600 full-time individuals. Of those staff members, some have disabilities, including but not limited to: hearing, vision, physical, and cognitive. Despite all their differences, each employee has showcased the indisputable ability to help our County community succeed.

Each October, Sacramento County celebrates National Disability Employment Awareness Month to highlight the positive impacts that our County employees with disabilities have had in the workplace. This year's national theme is "Advancing Access and Equity."

"Employees with disabilities can offer employers a competitive edge because they often have strong perseverance and problem-solving abilities, often a result of overcoming barriers people with disabilities face throughout their lives," said Sylvester Fadal, Director of

Personnel Services.

Aside from problem-solving skills, Fadal adds that having a diverse staff can promote an inclusive work environment while bringing a level of empathy, respect, and belonging to our customers and clients.

To ensure the success of our employees, the Sacramento County Department of Personnel Services provides guidance and support to all County departments in providing reasonable accommodations for job applicants and employees with disabilities. This guidance is showcased through every stage of employment from application, testing and interviews, the hiring and onboarding process, and on the job when needed to assist in performing their duties.

To learn more about Sacramento County's programs, services and accommodations for County employees with disabilities visit the Sacramento County Disability Compliance Office (DCO) website. <https://personnel.saccounty.net/Pages/DCOHome.aspx> ★

One Community Health Acquires New Location in Sacramento

One Community Health News Release

SACRAMENTO, CA (MPG) - On October 23, 2023, One Community Health announced its acquisition of a new building in Sacramento as part of its expansion. The building is located on Kings Way in Arden.

"We are thrilled to be able to grow with the needs of our community," said Chief Executive Officer, Michelle Monroe. "This expansion allows us to continue our mission to create a healthier Sacramento by increasing access to care for all members of our community, regardless of age, gender, ethnicity, orientation, or ability to pay. This new property will add 42,000 square feet of health center and support services space, allowing us to better address the

growing unmet needs of the community."

One Community Health is a private, nonprofit community health center serving the greater Sacramento area. Founded in 1989 in response to the AIDS crisis, they devoted themselves to the care of people with HIV/AIDS for more than two decades. In 2015, they became a Federally Qualified Health Center, providing coordinated and comprehensive primary and preventive services to the whole community, with an annual growth of nearly 7%.

The acquisition of the building and construction planning is anticipated to be complete by the end of 2023, with construction on modifications and improvements beginning in early 2024. For more information about One Community Health's expansion, please visit OneCommunityHealth.com. ★

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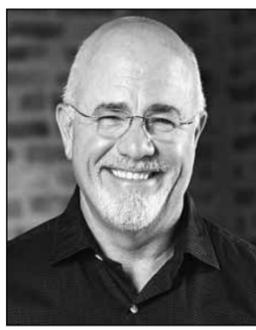
Rio Linda Seventh Day Adventist Church
7535 - 10th St. and U
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Sabbath School 9:15 a.m.
Worship Services 11 a.m.

North Metro Church of Christ
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(916) 923-1147
Minister Pete Savage
SUNDAY
Bible Classes: 10 a.m.
Worship: 11 a.m.
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Dave Ramsey Says

When You Nickel and Dime Things, Nothing Gets Done Well

Dear Dave,
I'm 67, and I've been wondering what your position is on preplanning for a funeral versus prepaying. Is one a better idea than the other, or should you do both?

- Shannon

Dear Shannon,
This is a great question. I wish more folks would think about these kinds of things ahead of time.

Preplanning a funeral is truly a gift to your family. But if you prepay, it's a gift to the funeral home. Doing the legwork and setting things up ahead of time so your family doesn't have to make a lot of financial decisions in the middle of an emotional situation

shows them respect and consideration.
When you buy a prepaid plan, you could be years or decades away from needing it. Plus the inflation rate on funerals is about 4%, so in essence, you'd be making 4% on your money. And, of course, you're locked into everything at that point. If you took the cost of a funeral and invested it at age 30, instead of 4% on your money, you'd get an actual investment return. By the time you're 80, you'd have about \$600,000. So prepaying in your 30s or 40s is mathematically ridiculous. Now, if you're in your 60s, like you and me, there aren't as many years for that money to grow. You wouldn't see a huge return on investment, but it would still provide for a nice service.
Believe it or not, it took me a while to figure out that the funeral world is an industry—an extremely profitable industry. And like with many things, when you add on stuff like financing or prepayment to a purchase,

you're adding to their profits. Most funeral providers make as much money on prepayment plans as they do in actual margin on the goods and services that go along with this kind of thing.

That being said, I've got no problem with a business or industry making money. If they treat their customers well, no one's taken advantage of, and a quality product or service is provided, it's all good. But when it comes to funerals, I tell people to preplan. Don't prepay.

- Dave
Dave Ramsey is an eight-time national best-selling author, personal finance expert and host of "The Ramsey Show." He has appeared on "Good Morning America," "CBS This Morning," "Today," Fox News, CNN, Fox Business and many more. Since 1992, Dave has helped people take control of their money, build wealth and enhance their lives. He also serves as CEO for the company Ramsey Solutions. ★



California Rice Harvest Rebounds Amid Fears of Rain

After idling half the state's normal rice acreage last year due to water shortages, farmers of the grain are back in full force with harvest underway in the Sacramento Valley. They're off to a later start because of planting delays in the spring, which has pushed harvest into the rainy season. Substantial downpours this time of year could cause muddy fields, further delays and rice plants to fall over, dramatically reducing yields and quality. With days getting shorter and cooler, the race is on to get the crop off and into mills.

Insurance, Drone Bills Top New Laws of Interest to Farmers

A number of new state laws are set to impact California farmers in the coming months after Gov. Gavin Newsom ended the legislative year Saturday by signing a flurry of bills. Assembly Bill 1016 authorizes California's Department of Pesticide Regulation to modernize the certification process for farmers to use drones to spray pesticides and beneficial biological treatments on farms. Senate Bill 505 was created to improve commercial property insurance options for people who have struggled to access coverage due to the impact of wildfires.

Water Users in Scott, Shasta Watersheds Discuss Potential Flow Mandates

Farmers, ranchers, tribal members and others who rely on water from the Scott River and Shasta River watersheds turned out last week to offer insights to state officials considering an emergency regulation to set minimum flows on the tributaries. The gathering at an informational workshop on Oct. 6 in Sacramento came in response to a July 1 petition by the Karuk Tribe. The petition seeks permanent minimum instream flows to prevent the Extinction Of Coho Salmon.

Researchers Eye Agave as a Crop for State's Changing Climate

After years of drought, some California farmers are planting agave, a drought-tolerant succulent used to make sweeteners and distilled beverages such as tequila and mezcal. Calling agave an emerging, low-water crop, researchers at the University of California and partners in the state and in Mexico are sharing research and growing guidelines for growers interested in sustainably growing agave. Researchers said agave plants carry significance in Latino and indigenous cultures, having provided food, fiber and tools for sewing and medicine for thousands of years. ★



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Help us Build a More Equitable Parks System

Sacramento County News Release

SACRAMENTO COUNTY, CA (MPG) - In an effort to better serve all the residents in our diverse region, the Sacramento County Department of Regional Parks has put out an equity survey, and residents are encouraged to participate to let us know what we can do to make their parks experience better.

"Sacramento County is home to such a wonderful mix of people from all different backgrounds," said Liz Bellas, Director of Regional Parks. "We want to make sure that we are creating spaces and services in which people from all different backgrounds and abilities can feel welcome and safe."

The purpose of this survey is to help the department: Understand how people and communities throughout Sacramento County use, access and experience the Sacramento County Regional Parks, including identifying to the degree possible what users want in their parks; Identify, reach out to and engage people, communities and stakeholder groups

throughout the County in order to hear from diverse voices regarding Sacramento County's Regional Parks and its management; Ensure that our regional parks and park events are welcoming to people and communities of many different backgrounds, including various races, genders, ages, socio-economic status and level of ability.

You can help us improve your park experience in Sacramento County by completing this survey today! The Parks Equity Survey will be open through the end of the year. For those who participate in the survey and leave their contact information, we will be hosting monthly drawings for free annual passes. Responses without contact information will remain anonymous.

This survey is currently available in English, Arabic, Spanish, Russian, Vietnamese and Simplified Chinese and can be translated into additional languages upon request. To request additional languages or a paper copy of this survey, email parksinfo@saccounty.gov. ★

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Tenth Annual Gala for Kids Helping Kids Sacramento

Kids Helping Kids News Release

SACRAMENTO, CA (MPG) - Kids Helping Kids Sacramento fights pediatric cancer by hosting its Tenth-Annual Benefit Gala at The Harris Center on Saturday, January 20th. At previous galas hosted by Kids Helping Kids, they have had amazing performances by Grammy-nominated band Switchfoot, singer-songwriter Andy Grammar, successful touring artist Ben Rector, and many more. Along with the benefit concert, the gala includes silent auction bidding on fantastic baskets and experiences you won't find anywhere else. Proceeds raised by this event will go towards improving conditions for children battling pediatric cancer, and helping out with any financial burdens

that may appear during a child's treatment. Kids Helping Kids is an entirely student-run, non-profit organization made up of juniors and seniors from Del Campo High School. In 2016, Kids Helping Kids was recognized as the number-one student run non-profit in the United States, and as of this year, they have just been recognized as the number-one student run non-profit in the world according to the Students for the Advancement of Global Entrepreneurship (SAGE) competition earlier this year. They put on their Signature Gala, along with several other events, to raise money for the populations they serve. Since 2012, Kids Helping Kids has raised over \$1.4 million to give back to the underserved both locally and globally.

They support children battling pediatric cancer and their families by providing financial resources during their medical treatment. Kids Helping Kids aids families in paying for expenses which are directly caused by the massive cost of treatment for their child. Each year, they raise \$50,000 to help 100 families battling pediatric cancer, and this year they hope to generate even more so they can reach even more children. More information to come soon about who our headline artist will be and what kind of unique baskets and experiences will be offered, which their team is currently striving to secure. For more information on Kids Helping Kids, go to www.kidshelpingkids.org

Fatal Collision with Pedestrian on Highway 99

CHP News Release

SACRAMENTO, CA (MPG) - On October 19th, 2023, at approximately 8:02 p.m., CHP-South Sacramento units responded to a vehicle versus pedestrian traffic crash that occurred on southbound Highway 99, north of 12th Avenue. Upon arrival, preliminary investigation indicates that a 2003 Dodge Ram pickup, driven by a 47-year-old male from Sacramento, was observed by a witness weaving in multiple lanes on southbound Business 80 from Arden Way to E Street. The driver of the Dodge was then seen to sideswipe a large- or medium-size truck towing a car-hauler/trailer in the number-two lane just south of N Street,

causing minor damage to the left side of the Dodge. The witness stated that the impact was so minor that the truck/car-hauler driver may not have felt it as he continued southbound on Highway 99. The driver of the Dodge followed the other truck and came to a complete stop in front of it on southbound Highway 99, north of 12th Avenue in the middle of the number-two lane. The witness reported that the driver of the Dodge, who was the solo occupant and driver, got out and confronted the other driver at his driver's-door window. The witness then saw the truck/car-hauler accelerate rapidly to go around the Dodge, knocking down and running over the driver/pedestrian of the

Dodge with its rear trailer tires. The witness was not able to obtain a license plate on the other vehicle as he stopped to help the struck driver/pedestrian. The driver of the Dodge was conscious and alert at the scene and transported to a local hospital. The Sacramento County Coroner notified CHP-South Sacramento that the driver had succumbed to his injuries during surgery. The name of the driver of the Dodge will be released by the Sacramento County Coroner's Office when next of kin is notified. The CHP-South Sacramento office asks if there were any witnesses to this traffic crash/incident, to please contact the office at (916) 897-5600. ★

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AUTO 10-27-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06675
Nestor Edgardo Romero, 5347 Chatswood Way, Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "Phenomenal Pool Plastering/ Phenomenal Pools" 5347 Chatswood Way, Antelope, CA 95843. Filed with the Clerk of Sacramento County September 8, 2023
Publish: October 6, 13, 20, 27, 2023
PHENOMENAL 10-27-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-07267
Lindsey Summer Kohl, 8596 Pershing Avenue, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "Nurse Organizes" 8596 Pershing Avenue, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County September 27, 2023
Publish: October 6, 13, 20, 27, 2023
NURSE 10-27-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-07197
The Poet Tree, Inc, 1719 25th Street, Sacramento, CA 95816 is doing business under the Fictitious Business Name(s) "Sacramento Poetry Center" 1719 25th Street, Sacramento, CA 95816. Filed with the Clerk of Sacramento County September 22, 2023
Publish: October 6, 13, 20, 27, 2023
SACRAMENTO 10-27-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-07232
Roberto M. Soto, 9 Benoit Court, Sacramento, CA 95823 is doing business under the Fictitious Business Name(s) "Blue Rock TC Services" 9 Benoit Court, Sacramento, CA 95823. Filed with the Clerk of Sacramento County September 26, 2023
Publish: October 6, 13, 20, 27, 2023
BLUE 10-27-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-07002
Sandeep Singh Gill, 4840 Clyde Bank Way, Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "Just Send It Postal" 7889 Lichen Drive, Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County September 15, 2023
Publish: October 6, 13, 20, 27, 2023
JUST 10-27-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-07280
Patrick J Clinton, 8001 Andante Drive, Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "Construction Equipment Training Certification" 8001 Andante Drive, Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County September 27, 2023
Publish: October 6, 13, 20, 27, 2023
CONSTRUCTION 10-27-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06122
Tapia Lath and Plastering, Inc., 1000 Silvano Street, Sacramento, CA 95838 is doing business under the Fictitious Business Name(s) "Tapia Lath & Plastering Inc" 5416 Jackson Street #49, North Highlands, CA 95660. Filed with the Clerk of Sacramento County September 17, 2023
Publish: October 6, 13, 20, 27, 2023
TAPIA 10-27-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-07378
BD Empire LLC, 6248 Main Avenue Suite A, Orangevale, CA 95662 is doing business under the Fictitious Business Name(s) "Better Design Experience" 6248 Main Avenue Suite A, Orangevale, CA 95662. Filed with the Clerk of Sacramento County October 3, 2023
Publish: Oct 13, 20, 27 Nov 3, 2023
BETTER 11-3-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-07310
Brahm Enterprises, LLC, 2355 Gold Meadow Way #190, Gold River, CA 95670 is doing business under the Fictitious Business Name(s) "Psily Stack/Jessica Smith" 2355 Gold Meadow Way #190, Gold River, CA 95670. Filed with the Clerk of Sacramento County September 29, 2023
Publish: Oct 13, 20, 27 Nov 3, 2023
BRAHM 11-3-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-07071
Bay Area Regional Science League, 4801 Old Kent Lane, Sacramento, CA 95841 is doing business under the Fictitious Business Name(s) "Santa Clara County Regional Science Olympiad" 4801 Old Kent Lane, Sacramento, CA 95841. Filed with the Clerk of Sacramento County September 19, 2023
Publish: Oct 13, 20, 27 Nov 3, 2023
BAY 11-3-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06910
Hard Head Kitchen and Catering, 623 Howe Avenue #123, Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "Hard Head Kitchen and Catering" 623 Howe Avenue #123, Sacramento, CA 95825. Filed with the Clerk of Sacramento County September 13, 2023
Publish: Oct 13, 20, 27 Nov 3, 2023
HARDHEAD 11-3-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-07298
Juan D. Arias Lopez, 3916 Sitting Bull Way, Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "3 Santos Bordado" 3916 Sitting Bull Way, Antelope, CA 95843. Filed with the Clerk of Sacramento County September 28, 2023
Publish: Oct 13, 20, 27 Nov 3, 2023
SANTOS 11-3-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-07119
Sergei Eric, 10790 Coloma Road #110, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "QB Construction" 10790 Coloma Road #110, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County September 20, 2023
Publish: Oct 13, 20, 27 Nov 3, 2023
QB 11-3-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-07024
ToFanelli Enterprises, Inc, 2721 El Camino Avenue, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Flap Jacks" 2721 El Camino Avenue, Sacramento, CA 95821. Filed with the Clerk of Sacramento County September 15, 2023
Publish: Oct 13, 20, 27 Nov 3, 2023
FLAPJACKS 11-3-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06975
Nightfall Reflections, 7408 Hanfield Drive, Sacramento, CA 95829 is doing business under the Fictitious Business Name(s) "Nightfall Reflections" 7408 Hanfield Drive, Sacramento, CA 95829. Filed with the Clerk of Sacramento County September 14, 2023
Publish: Oct 13, 20, 27 Nov 3, 2023
NIGHTFALL 11-3-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06642
GS Innovations LLC, 2108 N Street Suite N, Sacramento, CA 95816 is doing business under the Fictitious Business Name(s) "GlowbyG" 2108 N Street Suite N, Sacramento, CA 95816. Filed with the Clerk of Sacramento County September 29, 2023
Publish: Oct 13, 20, 27 Nov 3, 2023
GLOWBYG 11-3-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-07042
Jennifer G. Holden, 5604 El Granero Way, Sacramento, CA 95822 is doing business under the Fictitious Business Name(s) "Spinning Chester Designs" 5604 El Granero Way, Sacramento, CA 95822. Filed with the Clerk of Sacramento County September 18, 2023
Publish: Oct 13, 20, 27 Nov 3, 2023
SPINNING 11-3-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-07388
Barry Carangelo, 701 Sterling Stone Place, Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "BNC Enterprise" 701 Sterling Stone Place, Folsom, CA 95630. Filed with the Clerk of Sacramento County October 4, 2023
Publish: Oct 13, 20, 27 Nov 3, 2023
BNC 11-3-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-07052
Ivy Campbell & Design, 8030 W. Stockton Boulevard #310, Sacramento, CA 95823 is doing business under the Fictitious Business Name(s) "Sapphire Organize & Design" 8030 W. Stockton Boulevard #310, Sacramento, CA 95823. Filed with the Clerk of Sacramento County September 18, 2023
Publish: Oct 13, 20, 27 Nov 3, 2023
SAPPHIRE 11-3-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-07381
Stark Enterprises, 7532 Cedar Drive, citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "Cozy ADU" 7532 Cedar Drive, citrus Heights, CA 95610. Filed with the Clerk of Sacramento County October 4, 2023
Publish: Oct 13, 20, 27 Nov 3, 2023
COZY 11-3-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-07526
BMS Scolop Inc, 5121 Leader Avenue, Sacramento, CA 95841 is doing business under the Fictitious Business Name(s) "BULA Sino Trading" 3421 El Camino Avenue, Sacramento, CA 95821. Filed with the Clerk of Sacramento County October 11, 2023
Publish: Oct 20, 27, Nov 3, 10, 2023
BULA 11-10-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-07405
TMI Chronicles LLC, 3 Gopher Flat Road #984, Sutter Creek, CA 95685 is doing business under the Fictitious Business Name(s) "Nettie James" 10416 Investment Circle, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County October 4, 2023
Publish: Oct 20, 27, Nov 3, 10, 2023
NETTI 11-10-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06866
Cedar Tree Holdings Co, 10017 Federalist Lane, Sacramento, CA 95827 is doing business

under the Fictitious Business Name(s) "Cedar Tree Medical Reimbursement Services Co" 10017 Federalist Lane, Sacramento, CA 95827. Filed with the Clerk of Sacramento County September 13, 2023
Publish: Oct 20, 27, Nov 3, 10, 2023
CEDAR 11-10-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-07460
Alma Arias Perez, 211 Jarvis Circle, Sacramento, CA 95834 is doing business under the Fictitious Business Name(s) "Michael Z Salon AP Styles" 3610 N Freeway Boulevard Suite 100, Sacramento, CA 95834. Filed with the Clerk of Sacramento County October 6, 2023
Publish: Oct 20, 27, Nov 3, 10, 2023
MICHAEL 11-10-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-07436
BTS Restaurant Investment Group, 12341 Little Dome Way, Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name(s) "The WOK" 3045 Arden Way Suite 200, Sacramento, CA 95825. Filed with the Clerk of Sacramento County October 6, 2023
Publish: Oct 20, 27, Nov 3, 10, 2023
WOK 11-10-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-07046
El Arenal Corp, 7061 Madison Avenue A3, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "Tapatio's Taco Shop" 5312 Hazel Avenue, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County September 18, 2023
Publish: Oct 20, 27, Nov 3, 10, 2023
TAPATIOS 11-10-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-07538
Valsteph LLC, 7434 Auburn Oaks Court Apt 102, Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "Speed Fit It" 7434 Auburn Oaks Court Apt 102, Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County October 11, 2023
Publish: Oct 20, 27, Nov 3, 10, 2023
SPEED 11-10-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-07393
Lisa Patterson, 7828 Casa Bella Way, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "K9 Nails on The Go" 7828 Casa Bella Way, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County October 4, 2023
Publish: Oct 20, 27, Nov 3, 10, 2023
NAILS 11-10-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-07519
Simplified Property Solutions LLC, 1401 21st Street Suite R, Sacramento, CA 95811 is doing business under the Fictitious Business Name(s) "Sell Direct/ Sell Direct Home Sales" 1401 21st Street Suite R, Sacramento, CA 95811. Filed with the Clerk of Sacramento County October 10, 2023
Publish: Oct 20, 27, Nov 3, 10, 2023
SELL 11-10-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-07354
Tiana Osborne-Gauthier, 2729 Tierra Grande Circle, Sacramento, CA 95827 is doing business under the Fictitious Business Name(s) "That's Cute Co" 2729 Tierra Grande Circle, Sacramento, CA 95827. Filed with the Clerk of Sacramento County October 2, 2023
Publish: Oct 20, 27, Nov 3, 10, 2023
CUTE 11-10-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-07353
Tiana Osborne-Gauthier, 2729 Tierra Grande Circle, Sacramento, CA 95827 and Zayna Osborne, 12826 Knightsbrook Avenue, Rancho Cordova, CA 95742 are doing business under the Fictitious Business Name(s) "Once Upon a Rental" 2729 Tierra Grande Circle, Sacramento, CA 95827. Filed with the Clerk of Sacramento County October 2, 2023
Publish: Oct 20, 27, Nov 3, 10, 2023
ONCE 11-10-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-07299
Gloria Ayala, 10514 Coloma Road, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Chocoglo" 10514 Coloma Road, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County September 28, 2023
Publish: Oct 20, 27, Nov 3, 10, 2023
CHOCOGLLO 11-10-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-07350
QPH Nail Salon LLC, 819 Howe Avenue, Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "QPH Top Nail" 819 Howe Avenue, Sacramento, CA 95825. Filed with the Clerk of Sacramento County October 2, 2023
Publish: Oct 27, Nov 3, 10, 17, 2023
QPH 11-17-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-07290
Fight Estate Enterprises, LLC, 2220 K Street #10, Sacramento, CA 95816 is doing business under the Fictitious Business Name(s) "Fight Estate/Fight Kitchen/Javi Travels" 2220 K Street #10, Sacramento, CA 95816. Filed with the Clerk of Sacramento County September 28, 2023
Publish: Oct 27, Nov 3, 10, 17, 2023
FIGHT 11-17-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-07461
Half Sweet Ventures LLC, 201 S

Stone Avenue #304, Tucson, AZ 85701 is doing business under the Fictitious Business Name(s) "Tapioca Productions" 201 S Stone Avenue #304, Tucson, AZ 85701. Filed with the Clerk of Sacramento County October 6, 2023
Publish: Oct 27, Nov 3, 10 17, 2023
HALF 11-17-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-07528
Lauren Anne-Marie Cook, 8570 Everglade Drive, Sacramento, CA 95826 is doing business under the Fictitious Business Name(s) "Lupine Speech, Language, and Feeding Therapy" 8570 Everglade Drive, Sacramento, CA 95826. Filed with the Clerk of Sacramento County October 11, 2023
Publish: Oct 27, Nov 3, 10, 17, 2023
LUPINE 11-17-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-07572
Bastet Business Solutions, LLC, 4030 Buchanan Drive, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "Bastet Business Solutions, LLC" 4030 Buchanan Drive, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County October 12, 2023
Publish: Oct 27, Nov 3, 10, 17, 2023
BASTET 11-17-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06563
Kazim Arsalan, 5840 Watt Avenue Apt A, North Highlands, CA 95660 and Amanullah Rasoli, 3600 Karl Drive Apt B, North Highlands, CA 95660 and Shafigullah Faizi, 570 7th Street Apt 272, West Sacramento, CA 95605 are doing business under the Fictitious Business Name(s) "Watt Halal Market" 5903 Watt Avenue Suite A, North Highlands, CA 95660. Filed with the Clerk of Sacramento County September 5, 2023
Publish: Oct 27, Nov 3, 10 17, 2023
WATT 11-17-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-07056
Tigran Barkhudaryan, 3252 Explorer Drive, Sacramento, CA 95827 is doing business under the Fictitious Business Name(s) "TB DreamPixWorld" 3252 Explorer Drive, Sacramento, CA 95827. Filed with the Clerk of Sacramento County September 18, 2023
Publish: Oct 27, Nov 3, 10, 17, 2023
DREAM 11-17-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-07602
Martin Smith, 6860 Woodlock Way, Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "United People Rights Team" 6860 Woodlock Way, Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County October 13, 2023
Publish: Oct 27, Nov 3, 10, 17, 2023
UNITED 11-17-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-07567
Masuta Logistics Inc, 65 Quinta Court Suite B, Sacramento, CA 95823 is doing business under the Fictitious Business Name(s) "IRP & Drug Testing Services" 65 Quinta Court Suite B, Sacramento, CA 95823. Filed with the Clerk of Sacramento County October 12, 2023
Publish: Oct 27, Nov 3, 10, 17, 2023
IRP 11-17-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-07368
Aaron Anderson, 4474 Ruby Landing Way, Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name(s) "Al Entertainment Group/A-Ron Entertainment Group" 4474 Ruby Landing Way, Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County October 3, 2023
Publish: Oct 27, Nov 3, 10, 17, 2023
ENTERTAINMENT 11-17-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-07477
Gary Brown Enterprises, 7540 Telegraph Avenue, Orangevale, CA 95662 is doing business under the Fictitious Business Name(s) "Northern California Home & Landscape Expo" 7540 Telegraph Avenue, Orangevale, CA 95662. Filed with the Clerk of Sacramento County October 10, 2023
Publish: Oct 27, Nov 3, 10, 17, 2023
NORTHEFN 11-17-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-07654
Misael Arroyo, 7517 Pixcroft Court, Sacramento, CA 95842 is doing business under the Fictitious Business Name(s) "MC Plumbing" 7517 Pixcroft Court, Sacramento, CA 95842. Filed with the Clerk of Sacramento County October 16, 2023
Publish: Oct 27, Nov 3, 10, 17, 2023
PLUMBING 11-17-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-07764
Efrain Eduardo Hernandez Tapia, 4859 Broadwater Drive, Sacramento, CA 95835 is doing business under the Fictitious Business Name(s) "JJ's Hot Dogs & More" 4859 Broadwater Drive, Sacramento, CA 95835. Filed with the Clerk of Sacramento County October 19, 2023
Publish: Oct 27, Nov 3, 10, 17, 2023
JJS 11-17-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-07437
Pearl Care Assisted Living Inc., 8523 Winding Way, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "Pearl Care Assisted Living" 8523 Winding Way, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County October 6, 2023
Publish: Oct 27, Nov 3, 10, 17, 2023
PEARL 11-17-23

ORDER TO SHOW CAUSE CHANGE OF NAME

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #23CV005949

Maria Christina Santos-Coy has filed a petition with this court for a decree changing the name(s) of Maria Christina Santos-Coy to Christina Santos-Coy.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on October 17, 2023, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: August 3, 2023
Christopher E. Krueger, Judge of the Superior Court
Publish: October 6, 13, 20, 27, 2023
COY 10-27-23

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #23CV009010

Austin James Stobart has filed a petition with this court for a decree changing the name(s) of Austin James Stobart to Austin Cyndeym Rutherford.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on December 6, 2023, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: September 26, 2023
Christopher E. Krueger, Judge of the Superior Court
Publish: October 6, 13, 20, 27, 2023
STOBART 10-27-23

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #23CV009028

Cianna Hamilton has filed a petition with this court for a decree changing the name(s) of Faith Villarreal Hamilton-Smith to Faith Villarreal Hamilton.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on December 6, 2023, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: September 26, 2023
Christopher E. Krueger, Judge of the Superior Court
Publish: October 6, 13, 20, 27, 2023
HAMILTON 10-27-23

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #23CV008931

Salvador Ramirez has filed a petition with this court for a decree changing the name(s) of Salvador Ramirez to Joe Salvador Ramirez.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on December 5, 2023, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: September 25, 2023
Christopher E. Krueger, Judge of the Superior Court
Publish: October 6, 13, 20, 27, 2023
RAMIREZ 10-27-23

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #23CV009146

Tiki Lisa Harlow has filed a petition with this court for a decree changing the name(s) of Tiki Jo Harlow aka Tiki Lisa Baron Harlow to Tiki Lisa Harlow.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on December 7, 2023, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: September 27, 2023
Christopher E. Krueger, Judge of the Superior Court
Publish: October 6, 13, 20, 27, 2023
HARLOW 10-27-23

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #23CV009033

Ahmad Jamshid Jamshid and Wazhma Jamshid has filed a petition with this court for a decree changing the name(s) of Mehran Jamshid to Mehran Amini and Mehria Jamshid to Mehria Amini and Abdul Waris Jamshid to Waris Amini and Nehan Jamshid to Nehan Amini and Ahmad Jamshid Jamshid to Ahmad Jamshid Amini and Wazhma Jamshid.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on December 6, 2023, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: September 26, 2023
Christopher E. Krueger, Judge of the Superior Court
Publish: October 6, 13, 20, 27, 2023
JAMSHID 10-27-23

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #23CV009337

Amjad Khan has filed a petition with this court for a decree changing the name(s) of Armaan Wafa to Armaan Wafa Khan.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on December 13, 2023, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: October 3, 2023
Christopher E. Krueger, Judge of the Superior Court
Publish: Oct 13, 20, 27 Nov 3, 2023
KHAN 11-3-23

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #23CV009004

No Given Name Kulwinder Singh has filed a petition with this court for a decree changing the name(s) of No Given Name Kulwinder Singh to Kulwinder Singh Beesla.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on December 21, 2023 at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: September 26, 2023
Richard K. Sueyoshi, Judge of the Superior Court
Publish: Oct 13, 20, 27 Nov 3, 2023
SINGH 11-3-23

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #23CV009021

Jawid Ali Ahmadi has filed a petition with this court for a decree changing the name(s) of Jawid Ali Ahmadi and Faria Ali Ahmadi to Faria Ahmadi and Mohammad Elham Ali Ahmadi to Mohammad Elham Ahmadi and Aysha Ali Ahmadi to Aysha Ahmadi and Asonat Ali Ahmadi to Asonat Ahmadi.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on January 4, 2024, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Richard K. Sueyoshi, Judge of the Superior Court
Publish: Oct 13, 20, 27 Nov 3, 2023
AHMADI 11-3-23

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #23CV009350

Rakshya Shrestha and Bhaskar Ale has filed a petition with this court for a decree changing the name(s) of Bivan Ale to Bivan Shrestha Ale.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on January 11, 2024 at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: October 3, 2023
Richard K. Sueyoshi, Judge of the Superior Court
Publish: Oct 13, 20, 27 Nov 3, 2023
ALE 11-3-23

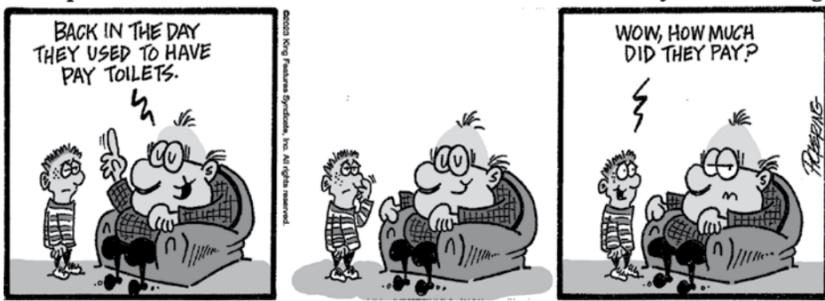
SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #23CV009335

Tatyana Ovcharenko has filed a petition with this court for a decree changing the name(s) of Elia Ovcharenko to Elijah Ovcharenko.

COMICS & PUZZLES

The Spats

by Jeff Pickering



Amber Waves

by Dave T. Phipps



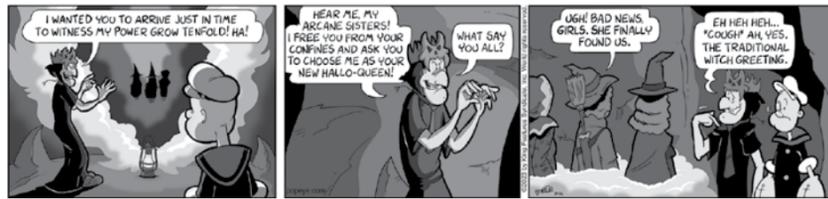
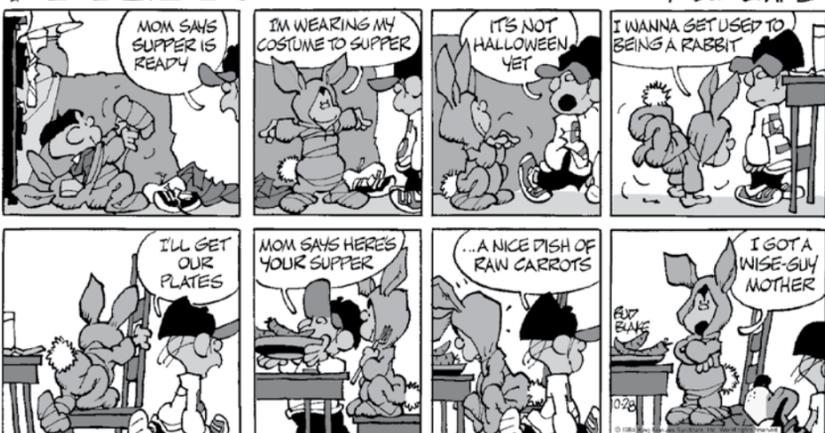
Out on a Limb

by Gary Kopervas



TIGER

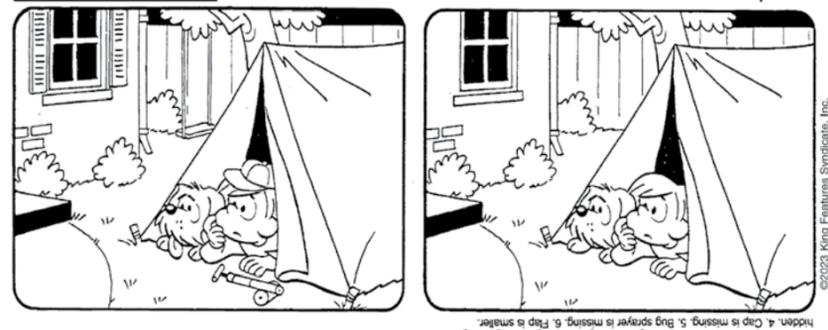
by BUD BLAKE



HOCUS-FOCUS

BY HENRY BOLTINGOFF

Find at least six differences in details between panels.

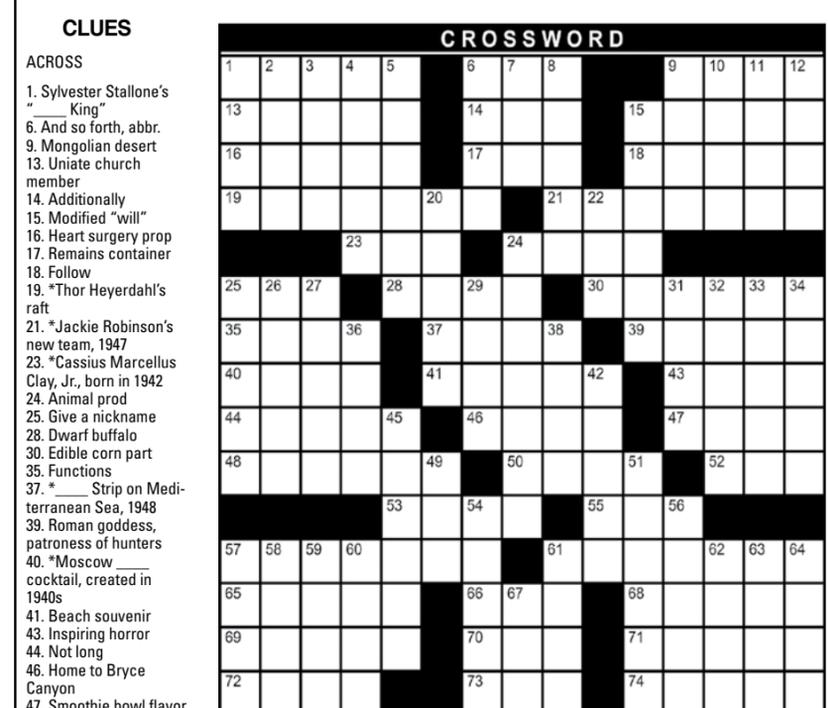


GRIN TO BEAR IT

Just Like Cats & Dogs by Dave T. Phipps



STATEPOINT CROSSWORD • THE 1940s



- CLUES**
- ACROSS**
- Sylvester Stallone's "___ King"
 - And so forth, abbr.
 - Mongolian desert
 - Uiate church member
 - Additionally
 - Modified "will"
 - Heart surgery prop
 - Remains container
 - Follow
 - *Thor Heyerdahl's raft
 - *Jackie Robinson's new team, 1947
 - *Cassius Marcellus Clay, Jr., born in 1942
 - Animal prod
 - Give a nickname
 - Dwarf buffalo
 - Edible corn part
 - Functions
 - *___ Strip on Mediterranean Sea, 1948
 - Roman goddess, patroness of hunters
 - *Moscow ___ cocktail, created in 1940s
 - Beach souvenir
 - Inspiring horror
 - Not long
 - Home to Bryce Canyon
 - Smoothie bowl flavor
 - Become available (2 words)
 - Links hazard
 - Mozart's "L___ del Cairo"
 - Back of the neck
 - Transgression
 - *Carmen of "The Gang's All Here"
 - *United ___ established 1945
 - Popeye's sweetie
 - *The BAA and NBL merged, forming this ball org., 1949
 - Battle royal
 - Denigrating statement
 - What divots and divas have in common
 - Audience's approval
 - Lad's counterpart
 - Number on a birthday cake
 - Not 'er
- DOWN**
- Poacher's trophy
 - "Do ___ others..."
 - Bank claim
 - *1947's "Here Comes ___ Claus"
 - King of the Huns
 - Purse for the red carpet
 - High craggy hill
 - Type of dwelling
 - "The ___ Show" (1976-1980)
 - Yorkshire river
 - Hangover memory?
 - 15th of March
 - Tied the knot
 - *Leopold III of Belgium and Christian X of Denmark, e.g.
 - Acorn producer
 - Common newspaper name
 - **When I See an Elephant Fly" elephant, 1941
 - Stella a throne
 - Misrepresent
 - *Pearl Harbor location
 - Capital of Latvia
 - Narcotics agent
 - *Considered first general-purpose computer, acr.
 - a.k.a. vampire
 - Spied
 38. a.k.a. Daminozide
 - ___ Apso
 - Tornado visual
 - Helicopter landing
 - Coal miners
 - Bear of bamboo forest
 - Brother's daughter
 - Gangster's gal
 - Hip bones
 - Barbecued anatomy
 - Birds
 - Part of cathedral
 - Cantina cooker
 - Sans mixers
 - Comedian Meyers
 - *"The ___ Sleep," 1946

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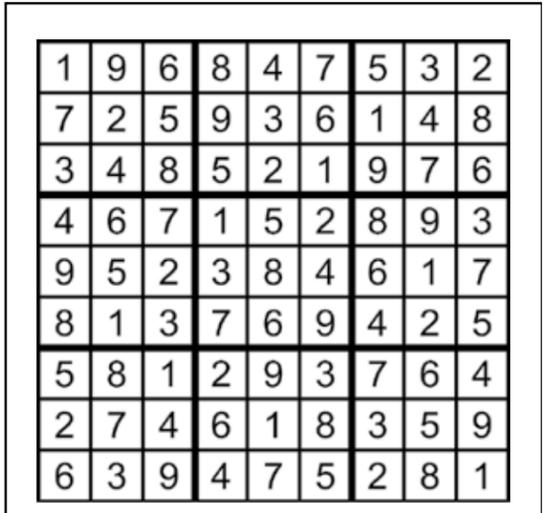
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Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

Bureau Praises Bill to Aid Drone Use



Drone use can also replace backpack spray and ground-based delivery systems with remote technologies. Image by Thomas Ehrhardt from Pixabay

California Farm Bureau News Release

SACRAMENTO REGION, CA (MPG) - On October 9, 2023, California Farm Bureau President Jamie Johansson applauded the signing of Assembly Bill 1016, which will expedite training and licensing programs so that more farmers may use drones for pesticide applications.

"I am proud that the California Farm Bureau is leading the effort to ensure that farmers have access to precision technology," Johansson said. "We thank Gov. Gavin Newsom for supporting us by signing Assembly Bill 1016. With aerial spray technology within reach of all farmers for the first time, this will help them save on crop protection costs by allowing drones

to target affected areas instead of entire fields. Drone use can also replace backpack spray and ground-based delivery systems with remote technologies, which protects our agricultural employees from close contact with pesticide applications.

"California's farmers and ranchers lead the world in innovation – producing amazing yields of fresh produce, dairy, and meats while decreasing water, fertilizer and pesticides use. AB 1016 is a bill in that spirit. It allows farmers better access to innovative technology to gain even more efficiency and safety.

"The California Farm Bureau works to protect family farms and ranches on behalf of nearly 29,000 members statewide and as part of a nationwide network of 5.3 million Farm Bureau members. ★

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Bonus Buy Beef T-Bone Steak \$4.99/lb	Great Value Beef Porterhouse Steak \$5.49/lb	USDA Choice Beef Cross Rib/Shoulder Roast - Bnls \$3.99/lb
Wayne Farms Boneless/Skinless Chicken Breasts \$1.49/lb	ibp Pork Neck Bones \$1.79/lb	ibp Pork Loin Roast Boneless \$2.99/lb

FRESH PRODUCE

Yellow Sweet Onion 3 lbs \$2.69/bag	White Potato 10 lbs \$4.99/bag	Seafood Mushroom 150g 2/\$3.00	Korean Pear Box Set \$29.99/Box
Mexican Papaya 79¢/lb	Fuyu Persimmon 89¢/lb	Organic Fuji Apple 2 lbs \$2.59/Box	Young Thai Coconut \$14.99/Box

AMERICAN/HISPANIC GROCERY

Furson Aloe Vera Drink 1.5 Liter \$2.49/ea	El Yuraten Chile Habanero Sauce 4 Ltr \$1.99/ea	Banadero Wafers 5 oz \$1.29/ea	SPAM Classic 12 oz \$3.79/ea	Spam Classic 12 oz \$2.99/ea	Hawaiian Punch Fruit Drinks 3 kinds 1 gallon \$2.99/ea
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ASIAN GROCERY

Excellent Bibim Rice Sicks 16 oz \$3.99/ea	Three Ladies Jasmine Rice 10 lb \$14.99/ea	Date Post Vinegar (sauce-anti) 1 liter \$1.99/ea	Durian White Coffee 456 g \$4.99/ea	TH Roasted Black Garlic 8.8 oz \$7.99/ea
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EUROPEAN GROCERY

GOODWILL PREMIUM BUCKWHEAT 3kg \$13.99/ea	GIANT BEANS IN TOMATO SAUCE 19 OZ \$3.49/ea	ZERGUT PITTED SOUR CHERRIES IN LIGHT SYRUP 59.3 OZ \$8.99/ea	IMPERA ROYAL ELLIYER TEA 100 T/B \$3.99/ea	TIYAS DAMLA SOFT CANDY 85 GR \$5.99/ea
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Premium Sushi Rice 4.4 lbs \$7.99/ea	CJ Korean Pancake Frying Mix 1kg \$2.49/ea	Korep BBQ Sauce 2 kinds \$3.99/ea	Hot Chijien Jasmine 5 x 140 g \$6.99/ea	Korean Rice Chapagany Punch 6 x 150 ml \$6.99/ea	Chor Korus Traditional 300 g \$2.99/ea
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HOUSEWARES

BIGEN SPEEDY HAIR COLOR (REFILL ONLY) \$4.99/ea	HAIR DARKENING SHAMPOO \$19.99/ea	ELECTRIC RICE COOKER (4 CUPS) \$4.99/ea	ELECTRIC RICE COOKER (6 CUPS) \$5.49/ea	ELECTRIC RICE COOKER (10 CUPS) \$5.99/ea
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FROZEN & FISH DEPT

IMITATION CRAB STICK 1.1 lb 500g \$3.99/ea	Columbus Honey Ham \$8.79/ea	Pitted Olives Garlic Salad \$4.99/ea	French Medley Olives \$4.49/ea
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