



Lancers Conclude Cross Country Season with Triumphs
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New Salmon Successes



Carmichael's iconic water tower is a sentinel near a newly established salmon nesting habitat near Ancil Hoffman Park. Biologists Maeghen Wedgworth and Matt Ziemer drop markers prior to measuring underwater nests.

Story and photos by Susan Maxwell Skinner

SACRAMENTO REGION, CA (MPG) - Within weeks of a \$3.6 million Water Forum project completion in October, giant chinook were spawning in new gravel beds beside Ancil Hoffman Park.

At the peak of the fall American River salmon run, biologists commissioned by the Forum counted more than 100 new redds (nests) in river reaches that have been less than hospitable for spawning for decades. Salmon



Adult salmon die soon after reproducing. Biologists Maeghen Wedgworth and Matt Ziemer examine a chinook corpse in river shallows.

were digging nurseries when this reporter joined the survey of six augmented acres at Upper River Bend. After salmon, steelhead will use the same breeding habitat. Another species benefitted by the

project is Pacific Lamprey, that breed in the same habitat.

"Monitoring is important" explains Kirsten Sellheim, senior scientist for Cramer Fish Sciences. "We bring what we learn into the next project design. In spring, we'll do more monitoring here to learn how juvenile fish are using side channels that were part of this project."

"River bend is further downstream from most of the Water Forum's past projects. Close to Nimbus Dam, spawning areas get crowded; this can

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United Way Receives Grant to Create New Job and Housing Opportunities

Kristin Thébaud Communications

SACRAMENTO, CA (MPG) - United Way California Capital Region has received a grant of \$150,000 from the Sierra Health Foundation's Community Economic Mobilization Initiative to ensure future green job opportunities and training in the region are attainable and accessible for all communities, and to create a strategic housing fund.

"Historically, vital opportunities have passed by underserved and under-resourced communities," said Dr. Dawnté Early, president and CEO, United Way California Capital Region. "With California's unwavering focus on addressing the climate crisis, a pivotal moment has emerged for the Greater Sacramento community. United Way is dedicated to securing pathways to green job training and access, ensuring that this surge in employment leaves no community member behind. Through our partnership with Sierra Health Foundation and other statewide partners, we are supporting entry into the growing green job sector, a cornerstone in our efforts to uplift local families from the cycle of poverty. We are excited to work with our partners to promote a plan to develop sustainable industries and create equitable opportunities for all, and we are grateful to Sierra Health Foundation for entrusting us with these critical funds."

Funding from the grant will also be used to address the Sacramento region's immediate need for housing. United Way recently formed the new Community Support Services department that includes housing navigation services through the California Advancing and Innovating Medi-Cal program (CaAIM) for people on Medi-Cal who are unhoused or at risk of losing housing. Funding from Sierra Health will allow United Way to explore additional ways to take on the issue of housing in the capital region.

The Community Economic Mobilization Initiative by The Center at Sierra Health Foundation works to empower and uplift community organizations through inclusive economic development in their communities, cities and regions. The initiative's goal is to help strengthen the ability of underserved and

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Republic and Atlas Waste Bids Returned for More Details

By Sharon Pearce

RANCHO CORDOVA, CA (MPG) - The December 4, 2023 Rancho Cordova City Council meeting saw it stymied after Staff under direction of Steve Harriman, Public Works Director, made a graphics presentation, then public comments were heard, followed by deliberation over which of the two highest bidders to award the residential solid waste collection and street sweeping contract to for the term beginning January 1, 2025, through December 31, 2034.

The Council split its votes at two for Atlas Disposal Industries LLC (Atlas) and two for Republic Services (Republic) with one council member recusing himself due to a possible perception of a conflict of a link between a member of his family's employer

and one of the bidding companies.

The bids and the report were sent back to city staff and the two highest bidders were asked for more definition in their bids, so that the Council could make a decision at a future meeting. "City staff will bring this item back to the Council with additional information in the February timeframe for Council consideration and additional public discussion," announced Maria Kniestedt, City of Rancho Cordova Communications Director, on December 20th.

Atlas Industries had barely edged out long-time Rancho-Cordova waste collector Republic Services on points, accruing 87.37 to Republic's 80.63 but it turned out that some of the numerical data received from Republic was incorrect and was reposted but not carried over to

the report to the Council, which adjustment brought a rating for Republic to at-or-better than Atlas'. But Atlas's bid came in at approximately \$1 Million less than Republic's. Many public comments were made in support of both of the bidders.

The four sections measured were General Qualifications, 19.85 points for Atlas to 21.84 for Republic; Technical Approach, 21.75 for Atlas to 19.65 for Republic; Sustainability, 20.76 for Atlas to 14.38 for Republic, and Total Payments to Company. 25 for Atlas to 24.76 for Republic. Council reportedly was basing its choice on the best combination of services, company qualifications and price. Council considered the evaluations to be very close, discussion on which can be heard online at <https://ranchocordova.portal.civicclerk.com/event/2391/media>.

com/event/2391/media.

It was made clear that Republic, as well as Atlas, a newer company, which has no previous experience in residential pickup, were both developing innovative solutions to broader requirements for waste collection and disposal. This includes the need for investment in electric vehicles, organic food recycling and increasing utilization of side loaders for residential pickup.

Supporters of Republic indicated it is a local employer with long-time employees who have provided solid service. A contract loss with the city may have serious impact on some employees. Greg Koontz, a 31-year employee of Republic, indicated the impact on some 130 employees is huge, saying "These should outweigh the negatives on the surveys."

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Sac County Teens Support Gifts from the Heart

Sacramento Tall Club Memorial Scholarship Available

By Thomas J. Sullivan

application guidelines, sample essays and photos of current and past winners are also posted on the club website.

SACRAMENTO REGION, CA (MPG) - Members of the Sacramento Tall Club (STC) affiliated with Tall Clubs International (TCI) are seeking outstanding eligible high school seniors throughout Sacramento, Yolo, Placer and El Dorado counties to apply for their competitive annual 2022-23 academic scholarship.

The number of submitted scholarship applications dropped off last year, said STC Club President Harry Lehman of Orangevale. STC did not award a local scholarship for the 2021-22 school year.

"We wanted to take an extra step to reach out to all high school districts throughout our region in a focused direct mail effort, and through the media to make sure that both public and private schools received this year's application materials in a timely manner.

"We recognize that the potential pool of eligible scholarship candidates across the Northern California region is quite large, and we wanted to take all steps possible to encourage high school seniors to apply."

TCI divides California geographically into four scholarship areas with membership of the Sacramento Tall Club responsible for student scholarship applications in some 29 inland counties, large and small, north to the Oregon border, Lehman said.

Locally, STC has provided scholarship materials to high schools in the San Juan Unified School District serving Citrus Heights, Folsom, Rancho Cordova, and Sacramento city and county high schools.

"The TCI scholarship application process is now completely entirely online," Lehman said.

"Typically, high school guidance counselors are aware of the STC and TCI scholarship program, but many may not be aware that our application process has completely changed," Lehman said.

Individual applicants can upload their application, current high school transcripts, reference letters, and personal photo to the TCI scholarship website at www.sacramentotallclub.org/scholarship starting January 1st where they will receive an immediate receipt email acknowledgment of their application and responses to any direct questions which they may have, Lehman said. STC scholarship applicants may also contact scholarship@sacramentotallclub with additional questions or for more information.

A complete summary of STC scholarship

Every year, the Sacramento Tall Club awards academic scholarships to qualified and talented high school seniors who meet the tall club height requirements (at least 5'10" for women and 6'2" for men.) The annual STC scholarship award is dedicated in memoriam to former TCI and STC members, many of whom were big supporters of young scholars and their many talents and merits. Scholarship amounts can vary year to year.

Part of the scholarship application for each young person is to write an essay titled "What being tall means to me."

Completed essays, high school transcripts and all application materials submitted by area high school students graduating in the 2023-24 school year are due by March 1.

Local Sacramento Tall Club (STC) scholarship winners also compete for annual scholarships awarded by both Tall Clubs International (TCI) and by the non-profit Tall Clubs International Foundation. Annually, the TCI foundation awards scholarships of up to \$1,000 each.

While grade point average and test scores are especially important scholarship criteria, so too are participation in school activities and community involvement.

General membership in the social Sacramento Tall Club is open to men that are over six feet and women that are nearing that mark.

"We wish all our applicants our best in preparing their applications, and in their overall scholarship search," Lehman said.

The 2023 STC scholarship winner will be notified later in March 2024 by the club membership.

All signed STC scholarship applications should be submitted with a good headshot photo, preferably a senior graduation photo. Partial applications submitted online are not accepted, Lehman said.

The club also has a donations link to contribute to its scholarship fund at: www.sacramentotallclub.org/scholarship so that the dollar amount of student scholarship awards can be increased. Lehman said, "We're always looking for, and welcome support from the community to help the STC scholarship program grow and offer more scholarships to eligible students." ★



A group of dedicated teens from Inderkum High School chose to get involved with Gifts from the Heart as part of their Senior Project. Photo courtesy of Sacramento County

Sacramento County News Release

SACRAMENTO COUNTY, CA (MPG) - Sacramento County is celebrating 35 years of Gifts from the Heart this year. A child protective services worker founded the program in 1988. Since then, the tradition has grown to support thousands of people in Sacramento County. Each year, dozens of volunteers donate thousands of hours. Volunteers pick up, wrap, and deliver gifts from November into mid-December. Sponsors also support the cause by donating gifts, money, and food.

This year, a group of dedicated teens from Inderkum High School have joined the cause. John Norboe, Van Froling, Ty Miramontes, Kaylee King, Jackson Norton, Mason Worrall, and Lindsay Jones say they are excited to give back to their community. The group chose to get involved with Gifts from the Heart as part of their Senior Project – which requires them to volunteer for a cause they are passionate about. The teens have not only volunteered their time, but they

have also fundraised over \$1,500 for Gifts from the Heart. They organized different events to fundraise the money. The cash will help provide gifts for foster youth in Sacramento County. The teens say they are privileged to be able to give back.

"It's a great cause. It's really nice to help out your community. And, when you hear about these foster kids that aren't really getting much for Christmas and whatnot, that makes you appreciate it. The least you can do is give back, and when we were given an opportunity like this for our senior project, I thought it was a great idea," says Van.

The teens are just 17 and 18 years old, proving anyone can get involved with helping their community at any age. These high schoolers, along with other volunteers and sponsors highlight our community's kindness and compassion. It is the people who donate their time and money who have helped Gifts from the Heart grow into a program that helps thousands of children, teens, disabled adults, and older adults in Sacramento County. ★

SMUD Partners with Cub Scouts to Recycle Christmas Trees

SMUD News Release

SACRAMENTO REGION, CA (MPG) - Give your Christmas tree the proper holiday send-off. Instead of tossing it in the trash, recycle it. You'll be doing our local landfills a big favor.

SMUD is once again partnering with local Cub Scout Pack 128, who will be picking up trees on Dec. 30 and Jan. 6, 2024, from their local area and bringing them to SMUD to mulch for free.

As one of the Cub Scouts main fundraisers of the year, they collect trees from residents in East Sacramento neighborhoods for a donation and SMUD turns them into mulch. This helps fund many community service and learning projects throughout the year for the Cub Scout Pack.

Community members are welcome to bring their trees for recycling themselves to the SMUD Corporation Yard, 6100 Folsom Boulevard, Sacramento on Jan. 6, 2024, between 8 a.m. and 3:30 p.m., as well as at other designated locations.

Please remove all tinsel, lights, tree stands and nails. Flocked trees will not be accepted.

North Area Recovery Station* 4450 Roseville Road, Saturday, Jan. 6 & Sunday, Jan. 7 | 8 a.m. to 6 p.m.

Kiefer Landfill* 12701 Kiefer Boulevard: Saturday, Jan. 6 & Sunday, Jan. 7 | 8:30 a.m. to 4:30 p.m.

Elder Creek Recovery & Transfer: 8642 Elder Creek Road, Saturday, Jan. 6 | 8 a.m. to 3 p.m.

Sacramento Recycling & Transfer Station: 8491 Fruitridge Road, Monday - Saturday, Dec. 26 - Jan. 6 | 8 a.m. to 5 p.m.

Folsom - Dan Russell Rodeo Arena: Rodeo Park, end of Stafford Street, Saturday, Jan. 6 | 9 a.m. to 1 p.m.

*If you have more than five trees, you need a voucher and must follow Sacramento County's Holiday Tree Recycling Program rules for them to be accepted for free.

SMUD provides mulch for free to its customers for use in landscape projects, gardens, playgrounds, parks and homes throughout the year. To pick up chips, be sure to bring your own tools to load the chips and bags to carry them in or a tarp to cover a pickup load from 6100 Folsom Boulevard, Sacramento. ★

Republic and Atlas Waste Bids Returned for More Details

Continued from page 1

Councilmember Garrett Gatewood referenced this in his summation. Atlas indicated it was willing to hire Republic's drivers, which would amount to about 14, for their same routes should it ultimately receive the contract.

A number of speakers simply voiced "If it isn't broke, don't fix it;" or "Why change?" But as the current contract with Republic ends December 31, 2024, the city needed to initiate the bidding process for the new contract beginning in 2025. Two other bidders were Green Way

Recovery, and USA Waste of California.

After discussion with City Attorney, Adam U. Lindgren, and Micah Runner, City Manager, it was approved "to request from the two highest bidders a revision to allow for additional material, and (for them) to resubmit on rate sheet and pros and cons, and provide responses and potential improvements to their bids by a date certain well in advance of the date it would be brought back to council, and that there would be no embellishments thereafter." The bidders affirmed they would work with Staff on this. ★

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Important Holiday Recycling Collection Service Notice



HOLIDAY TREE COLLECTION AND HOLIDAY SERVICE ALERT

From December 26 through January 12, Rancho Cordova residents can recycle their live-cut tree at no additional cost! Recycle your tree one of these ways:

- Cut your tree into pieces to fit inside your organic waste cart with the lid shut on your organic waste collection day.
- Place your live-cut tree at the curb next to the green organic waste cart, to be picked up on your regular collection day.

Please no artificial trees, flocked trees or trees with decorations.

For questions, please call **916.638.9000**

Attention Rancho Cordova Residents:

There is no service on Christmas Day or New Year's Day. For the weeks of Christmas Day and New Year's Day, Monday-Friday collection services will be delayed by one day to Tuesday-Saturday.

DECEMBER 2023						
WEEK	M	T	W	T	F	Sa Su
B	26	27	28	29	30	

JANUARY 2024						
WEEK	M	T	W	T	F	Sa Su
A	2	3	4	5	6	



Masters of Illusion and *Jesus Christ Superstar* Presenting at Harris Center



Harris Center for the Arts at Folsom Lake College presents the 50th Anniversary Tour of Jesus Christ Superstar with five performances January 10-13. Photo by Evan Zimmerman for MurphyMade

Harris Center for The Arts News Release

FOLSOM, CA (MPG) - Harris Center for The Arts presents two amazing events to kick off 2024: Masters of Illusion on Sunday, January 7, at 7:30pm; and the 50th Anniversary Tour of Jesus Christ Superstar, performing five times, January 10-13, with Wednesday-Saturday evening performances at 7:30 pm, and a Saturday matinee at 2:00 pm.

MASTERS OF ILLUSION

Only the best, most unique, amusing, astounding, and amazing performers have been chosen to perform. *Master of Illusion* is a huge stage phenomenon born from the multi-award-winning television series *Masters of Illusion*, which completed its 8th season on the CW in 2021-2022.

Masters of Illusion has performed live in front of tens of thousands of people around the US for the past seven years and been seen by over 100 million viewers on the CW network, as well as in 126 countries around the world. Masters of Illusion recently performed in the heart of the Las Vegas Strip for a limited engagement at Bally's Las Vegas in a brand-new show for the whole family.

Starring the world's greatest award-winning magicians, this 21st century magic show is unlike anything you have seen before – filled with modern illusions and arts of deception, performed live on stage.

Audiences will be held at the edge of their seats by the jaw-dropping grand illusions, and laugh out loud at the hysterical comedy magic as performers from around the world combine fantasy, fervor and flair with magic created in front of their very eyes.

Watch closely as you experience things that just can't be done ... or can they?

Individual tickets for *Masters of Illusion* range from \$56-\$86, including fees, and are on sale now at the Box Office at (916) 608-6888, or online at HarrisCenter.net. Box Office hours are

Tuesday-Friday from 12:00pm-5:00pm, and one hour before showtime.

JESUS CHRIST SUPERSTAR

Celebrating its 50th Anniversary, a new mesmerizing production of the iconic musical phenomenon returns to the stage. Originally staged by London's Regent's Park Open Air Theatre and helmed by the acclaimed director Timothy Sheader (*Crazy for You, Into the Woods*) and cutting-edge choreographer Drew McOnie (*King Kong, Strictly Ballroom*), this production won the 2017 Olivier Award for Best Musical Revival garnering unprecedented reviews and accolades. Appealing to both theater audiences and concert music fans, this production pays tribute to the historic 1971 Billboard Album of the Year while creating a modern, theatrical world that is uniquely fresh and inspiring.

With lyrics and music by Emmy, Grammy, Oscar, and Tony winners Tim Rice and Andrew Lloyd Webber, *Jesus Christ Superstar* is set against the backdrop of an extraordinary series of events during the final weeks in the life of Jesus Christ as seen through the eyes of Judas. Reflecting the rock roots that defined a generation, the legendary score includes "I Don't Know How to Love Him," "Gethsemane," and "Superstar."

Jack Hopewell stars as Jesus, joined by Elvie Ellis as Judas and Faith Jones as Mary. The tour also welcomes Grant Hodges as Caiphas, Nicholas Hambruch as Pilate, and Kodiak Thompson as Annas.

Individual tickets for *Jesus Christ Superstar* range from \$81-\$125, including fees, and are on sale now at the Box Office at (916) 608-6888, or online at HarrisCenter.net. Box Office hours are Tuesday-Friday from 12:00pm-5:00pm, and one hour before showtime.

The Harris Center for the Arts is located at 10 College Parkway, Folsom, CA 95630.

For more information visit www.harriscenter.net/ ★

Service Disruptions Begin for New Low-Floor Train Platform Construction

SacRT News Release

RANCHO CORDOVA, CA (MPG) - Effective Monday, January 8, 2024, SacRT will begin full platform modifications at the Sunrise Station. Rather than a complete closure of the station, SacRT will implement a phased approach, closing only one side of the station platform at a time on weekdays. Full weekend station closures with bus bridges will also be in effect.

Below is the schedule for January 2024; however, the schedule is subject to change due to weather and/or other impacts.

Gold Line Station Closures at Sunrise Station

Monday, January 8 – Friday, January 12 (Sunrise Station Outbound Side Closed)

The Sunrise Station outbound platform (trains headed toward Historic Folsom) will be closed for boarding and deboarding.

Weekend of January 13 and 14 (Sunrise Station Closed – NO light rail service)

Gold Line: Bus bridge (shuttle buses between stations) between Cordova Town Center Station and Historic Folsom Station.

Monday, January 22 – Friday, January 26 (Sunrise Station Inbound Side Closed)

The Sunrise Station inbound platform (trains headed toward Sacramento Valley Station) will be closed for boarding and deboarding.

Weekend of January 27 and 28 (Sunrise Station Closed – NO light rail service)

Gold Line: Bus bridge (shuttle buses between stations) between Cordova Town Center Station and Historic Folsom Station.

SacRT will continue full station platform construction at a different Gold Line station each month through July 2024. Learn more about the project at sacrt.com/stationclosures. Customers are encouraged to download the free Alert SacRT app (Google Play and the App Store) to stay informed.

As a reminder, starting Tuesday, January 2, 2024, light rail service on the Gold Line is not available between Iron Point and Historic Folsom Stations for the Folsom15-Minute Service Project, which is adding a passing track at Glenn/Robert G. Holderness Station to provide 15-minute light rail service to all Folsom area stations. Learn more at sacrt.com/Folsom15. ★



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HOW SHOULD I DISPOSE OF HHW?

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(Antifreeze, Batteries, Oil/Filters, and Paint ONLY!)
12701 Kiefer Boulevard, Sloughhouse • 916-875-5555
- Sacramento Recycling and Transfer Station HHW Facility**
8491 Fruitridge Road, Sacramento • 916-737-4870
- Elk Grove Special Waste Collection Center**
9255 Disposal Lane, Elk Grove • 916-627-3232
- Sacramento County HHW Facility**
4450 Roseville Road, North Highlands • 916-875-5555

TYPES OF MATERIALS ACCEPTED

- Automotive fluids
- Household cleaners
- Flammables
- Paint/paint products
- Pesticides
- Fluorescent bulbs/tubes
- Batteries
- Pool chemicals
- Propane tanks
- Used oil/filters

For a complete list of ACCEPTABLE and UNACCEPTABLE items, visit RanchoRecycles.com or contact the local drop-off site directly.

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Kings Korner

By V.G. Harris



With the new year looming, one thing is for certain, the Sacramento Kings are headed for another winning season.

I enjoy the banter I hear from fans around me as to whether this team can surpass the 48 wins of last season, and it seems to be somewhat split.

Many are still searching for answers, regarding the ever changing rotation from off the bench, and in particular how Davion Michell has found himself on the far end of that bench.

Chris Duarte and Keon Ellis are eating up valuable minutes while Mitchell sits.

From a fan favorite to nearly nonexistent is difficult to understand, and getting in 2 minutes at garbage time seems a little unfair.

The Kings have spent 2 years bringing Mitchell along and building his confidence, and sitting for multiple games without ever getting off the bench runs the risk of eroding the very confidence they've worked so hard to create.

More complexing than coach Brown's rotation, however, is the inconsistency of the team.

While the Kings 17-11 record finds them squarely in 4th place in the western conference, the blowout losses are a conundrum to say the least. Losses by 45 points on our home floor to the Celtics, and multiple double digit losses to the Clippers, have left many scratching their heads.

This same team has defeated the defending NBA champion Nuggets, along with Suns, Jazz, and Thunder by convincing scores.

So, how do we prevent the blowout losses? If you're like me, I look no further than who is coming off the bench.

Without question Malik Monk will get his well deserved minutes, but Trey Lyles is good enough to be a starter, and is having to fight less talented teammates for minutes off the bench.

To some degree, this argument goes on with ever NBA team, but I'm convinced that expanded minutes for both Trey Lyles and Davion Mitchell would

benefit this team greatly, and along with Malik Monk, I believe these three players should be the first off the bench every game.

Part of the mystery is the inconsistency as to who is coming off the bench game after game. From Colby Jones, to recent acquisition Juan Toscano-Anderson, I never know what to expect.

Sasha Vezenkov has shown moments that make everyone smile, but coming from the Euro league to the NBA is transition that takes time, and here I give coach Brown some credit. For the most part Sasha is seeing playing time every game, and although his 3 point shooting has been erratic at times, his defense and quick hands have been improving noticeably.

As we come closer to the trade deadline, I am hearing pundits bantering the name of Keegan Murray around. I for one think this would be a mistake. Keegan had a slow start this season but has recently found his stroke, and actually set an NBA record by hitting 11 three's in a row!

Keegan has the makings of an all-star, so I for one would like to give him that opportunity in a Kings uniform.

I see our current team as it's comprised today, as going beyond the first round of the playoffs, and after that it's anyone's guess.

Let's hope for some semblance of normality with the bench rotation, and enjoy this very entertaining team!

Our bookends of Domantas Sabonis and De'Aaron Fox, deserve to be all-stars for a second straight season, and both bring their best efforts to the hardwood every night.

Every team needs leaders that will set the example, and after suffering through a decade with the likes of our Demarcus Cousins, Domantas Sabonis is welcome change in the post.

I wish all of you die hard Kings fans a happy and prosperous new year, and let's collectively root this team into the playoffs! ★

Giants and KNBR FanFest Tour to Make Stop in Sacramento

Sacramento River Cats News Release

SAN FRANCISCO, CA (MPG) - On Thursday, Dec. 14, the San Francisco Giants introduced the Giants & KNBR FanFest Tour 2024 – an evolution of their traditional preseason fan event. Known as a single-day San Francisco-based event, Giants & KNBR FanFest has transformed into a four-stop Northern California series, which kicks off in Sacramento at Sutter Health Park on Saturday, Jan. 20 from 10 a.m. to 1 p.m.

The Giants & KNBR FanFest Tour will expand beyond San Francisco, providing opportunities for fans to interact with their beloved team prior to Spring Training in Scottsdale. This year's iteration will feature four events with current Giants players, coaches, alumni, VIP guests and Lou Seal. The final stop will feature a Spring Training-inspired Open House at Oracle Park with Giants alumni.

As a proud affiliate of the San Francisco Giants, the Sacramento River Cats and their home of Sutter Health Park will host the first stop of the tour on Jan. 20. At the event, fans will have the chance to receive autographs, participate in Q&A sessions, purchase merchandise, and much more. Scheduled to appear at the event is Rocklin, CA, native and Giants ace Logan Webb, along with other current teammates and coaches.

"We are thrilled to host the first stop of the Giants & KNBR FanFest Tour," said Sarah Hebel, Sacramento River Cats director of marketing. "Player and fan interaction is an integral part of the Sutter Health Park fan experience, so River Cats fans will no doubt look forward to this extended opportunity to connect with local product Logan Webb among other Giants favorites."

Outside of Sacramento, the tour will also make stops in San Jose (Jan. 24) and Napa (Feb. 3) before concluding at Oracle Park (March 9). Giants tickets for the 2024 baseball season will be available for purchase at each tour stop, along with other special offers for those in attendance.

"We are continuously listening to our fans to ensure we are delivering what they want," said Rachel Heit, chief marketing officer of the San Francisco Giants. "With the reimagining of Giants & KNBR FanFest in 2024, we're giving Giants fans even more opportunities and flexibility to connect with their team, while improving and expanding upon a beloved preseason event."

To learn more about the giants & KNBR FanFest Tour 2024, visit rivercats.com and click on the FanFest icon. Fans

can also visit mlb.com/giants/fans/fanfest. For more, follow along with @SFGiants on Instagram, X, TikTok, YouTube, and Facebook. ★

United Way Receives Grant to Create New Job and Housing Opportunities

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BIPOC-led community organizations to leverage public investments to address economic disparities. United Way joins 43 statewide partners in the initiative that has awarded \$14 million toward community development and centering

community in decisions.

"Economic progress is only meaningful if it's equitable," said Chet Hewitt, president and CEO, Sierra Health Foundation. "These partners will be at the forefront of California's recovery and climate resilience efforts for years to come." ★

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And Another Thing What did you think of this year?

By Bob McGarvey

Here I am working on my last column for 2023. What did you think of this year? Was it a good year for you, for your family, for friends, or your business? Or maybe it is one of those years in which you are looking forward to it ending. Have you decided to have or not to have any New Year's Resolutions? Try to do an old one again, or try something new? Whatever you decide, I hope the new year of 2024 will be a good year for all of you.

Looking back at our city in 2023, we have had some very helpful events which have opened the doors to new restaurants like Vegan Fresh 2U; new model homes in Rio Del Oro which is the largest development in our city's history, the Rancho Cordova Youth Center which provides a welcoming and safe environment for year-round youth programs, and it shows the the community cares about them. The Rancho Cordova Food Locker, which serves more than 3,000 friends and neighbors each week, includes adults, infants, children and seniors.

The Rancho Cordova Rotary Club's program was amazing, and it gave 882 students at fourteen different Rancho Cordova schools new dictionaries. Students at the Robert J. McGarvey Elementary School were excited to receive their own fully illustrated dictionary.

The Mills Station Art & Culture Center (MACC) donated \$14,000.00 worth of art supplies to 54 teachers from 16 local schools using money raised by selling local art. MACC Art

Director and Curator, Sheryl Gleason, told CBS 13 that "teachers asked for items in a priority checklist." Supplies were purchased based on their list. That information about the MACC was provided by "City News", which is provided on our city's website.

Rancho Cordova is finding new businesses that have looked for new locations, and they have decided that they are locating and moving into the City of Rancho Cordova. One of those new businesses coming into Rancho Cordova is ThermoGenesis, Inc. The Press Release on October 26, 2023 said, "ThermoGenesis Holding, Inc. (Nasdaq: THMO), a market leader in automated cell processing and cell and gene therapy services, announced the grand opening of its new state-of-the-art facility, housing ISO 7 cGMP cleanroom suites, along with research and development labs.

The Grand Opening Celebration for the ReadyStart Cleanrooms and IncuStart Web Labs was helped today at the facility located at 2890 Kilgore Rd., Rancho Cordova 95670". There is more information about the company moving into our city, and we are very fortunate that the businesses are able to see what a great place they are in in Rancho Cordova.

I am clad that we are able to celebrate as a city for 20 years. If we hadn't been able to incorporate when we did we wouldn't be a city. I hope everyone had a truly wonderful Christmas and that you will have a fun and safe 2024 New Year.

From Bob McGarvey, God bless, and see you next time. ★

New Salmon Successes



Mottled, battered and near the end of its lifecycle, a Chinook searches for a mate in new nesting beds at Upper River Bend,

Continued from page 1

reduce embryo survival. With the River Bend project, we're trying to spread out spawning opportunities. It's likely that greater reproduction success could occur in less crowded areas."

Begun in August, the ten-week gravel-moving project continued Federal and State-funded efforts to aid salmonids. At the end of their lifecycles, these threatened species must have movable stones in oxygenated water for nesting and fertilization. To this end, 23,000 cubic yards of small-diameter gravel were moved from adjacent areas to form riffles and provide hospitable shallows.

The project includes a long, man-made side channel where hatchlings can feed and grow.

For millions of years, salmonids maintained their species unaided. The American River and its tributaries once offered 200 miles of breeding sites. Gold Rush and damming alterations have reduced possibilities to 12 viable miles.

Dams don't just block spawning paths; they also bar natural gravel movement. "The lower part of the American River is gravel-starved," explains Water Forum Habitat Manager Erica Bishop. "Some salmon and steelhead reach home waters and can't find a place with the right physical conditions for spawning."

"Though the Nimbus Hatchery will always have a role in juvenile fish

production, our focus is to help fish complete life cycles naturally."

The current project wrapped just as the first migrating salmon reached Upper River Bend. Results were immediate. "Our first survey in October showed only a few redds in the area," says Sellheim. "Within a month, the numbers had skyrocketed. We know from 15 years of augmentation projects that we're creating suitable conditions."

As the early runners got down to business, more than 8000 new willows and sedge plants took root. As the river inundates, juvenile salmon use these tree structures to shelter from high water velocity and to hide from predators. Thousands of native wildflower and grass seeds will germinate and bloom with baby fish feeding on the insects supported by this enhanced riparian vegetation.

A 2021 Water Forum project supported a third of in-river steelhead reproduction for that season. "Fish begin to spawn as soon as heavy machinery leaves the water," says Water Forum manager Erica Bishop. "We know the habitats we create meet their needs."

Water Forum projects are supported by the Bureau of Reclamation, US Fish and Wildlife Service, CA Prop 68 funding, Sacramento City and County and signatory water agencies. Learn about the Water Forum at www.waterforum.org ★

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FICTITIOUS BUSINESS NAME STATEMENTS

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-08662
Alberto Juarez, 4849 Tomasini Way, Sacramento, CA 95823 is doing business under the Fictitious Business Name(s) "Botanica Obatala" 9317 La Riviera, Sacramento, CA 95826. Filed with the Clerk of Sacramento County November 21, 2023

Publish: December 8, 15, 22, 29, 2023
BOTANICA 12-29-23
FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-08820
Phaya Thai Halal LLC, 4310 Marconi Avenue, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Phaya Thai Halal" 4310 Marconi Avenue, Sacramento, CA 95821. Filed with the Clerk of Sacramento County November 30, 2023

Publish: December 8, 15, 22, 29, 2023
PHAYA 12-29-23
FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-08807
Fatt Catt Tattoo, 5159 Madison Avenue, Sacramento, CA 95841 is doing business under the Fictitious Business Name(s) "Fat Cat Tattoo/Fat Cat Tattoo 916" 5159 Madison Avenue, Sacramento, CA 95841. Filed with the Clerk of Sacramento County November 29, 2023

Publish: December 8, 15, 22, 29, 2023
FAT 12-29-23
FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-08718
Gabriel E Costa III, 7307 Herlong Way, North Highlands, CA 95660 is doing business under the Fictitious Business Name(s) "Gabe's Ohana Auto Shop" 6807 30th Street Unit-C, North Highlands, CA 95660. Filed with the Clerk of Sacramento County November 27, 2023

Publish: December 8, 15, 22, 29, 2023
GABES 12-29-23
FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-08684
StarPointe Consulting Inc., 5150 Fair Oaks Boulevard Suite 101, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Empowered Mindset Coaching" 10523 Fair Oaks Boulevard #121, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County November 22, 2023

Publish: December 8, 15, 22, 29, 2023
EMPOWERED 12-29-23
FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-08677
Maysol Laguna, 6070 Ehrhardt Avenue, Sacramento, CA 95823 is doing business under the Fictitious Business Name(s) "Sol Interpreting" 6112 Demonte Way, Elk Grove, CA 95757. Filed with the Clerk of Sacramento County November 22, 2023

Publish: December 8, 15, 22, 29, 2023
SOL 12-29-23
FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-08719
KS Management & Consulting Services LLC, 2404 Del Paso Road Suite 120, Sacramento, CA 95834 is doing business under the Fictitious Business Name(s) "KAS Consultants" 2404 Del Paso Road Suite 120, Sacramento, CA 95834. Filed with the Clerk of Sacramento County November 27, 2023

Publish: December 8, 15, 22, 29, 2023
KS 12-29-23
FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-08347
Todd Rowe, 2660 Night Hawk Way, Camino, CA 95709 is doing business under the Fictitious Business Name(s) "Foothill Vending Services" 2660 Night Hawk Way, Camino, CA 95709. Filed with the Clerk of Sacramento County November 7, 2023

Publish: December 8, 15, 22, 29, 2023
FOOTHILL 12-29-23
FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-08589
Taxtime LLC, 7162 Fair Oaks Boulevard Apt 2, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "TaxTime" 2701 Cottage Way Suite 1, Sacramento, CA 95825. Filed with the Clerk of Sacramento County November 17, 2023

Publish: December 8, 15, 22, 29, 2023
TAXTIME 12-29-23
FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-08361
Drew Berryessa, 9369 Emory Court, Sacramento, CA 95829 is doing business under the Fictitious Business Name(s) "Berryesco" 9369 Emory Court, Sacramento, CA 95829. Filed with the Clerk of Sacramento County November 7, 2023

Publish: December 8, 15, 22, 29, 2023
BERRYESCO 12-29-23
FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-08564
Brandon W Kelley, 1390 Broadway Suite A, Placerville, CA 95667 is doing business under the Fictitious Business Name(s) "Classic Muscle" 3341 Fitzgerald Road Suite A, Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County November 16, 2023

Publish: December 8, 15, 22, 29, 2023
CLASSIC 12-29-23
FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-08700
Debra A Bannister, 5228 Keystone Avenue, Sacramento, CA 95841 is doing business under the Fictitious Business Name(s) "Butter Me Sourdough" 5228 Keystone Avenue, Sacramento, CA 95841. Filed with the Clerk of Sacramento County November 22, 2023

Publish: December 8, 15, 22, 29, 2023
BUTTER 12-29-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-08057
Roper Food Service, 4990 Rocklin Road #100, Rocklin, CA 95677 is doing business under the Fictitious Business Name(s) "Jimboys Tacos 110" 708 E Bidwell Street, Folsom, CA 95630. Filed with the Clerk of Sacramento County October 30, 2023

Publish: December 8, 15, 22, 29, 2023
JIMBOYS 12-29-23
FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-08720
Old Roots Inc, 3305 Elkhorn Boulevard Unit 8, North Highlands, CA 95660 is doing business under the Fictitious Business Name(s) "Old Roots" 3305 Elkhorn Boulevard Unit 8, North Highlands, CA 95660. Filed with the Clerk of Sacramento County November 27, 2023

Publish: December 8, 15, 22, 29, 2023
OLD 12-29-23
FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-08447
Vera Lewis, 636 Tailwind Drive, Sacramento, CA 95838 is doing business under the Fictitious Business Name(s) "Space 9 Collective" 636 Tailwind Drive, Sacramento, CA 95838. Filed with the Clerk of Sacramento County November 9, 2023

Publish: Dec 15, 22, 29, 2023 Jan 5, 2024
SPACE 1-5-23
FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-08446
PurSpace LLC, 9719 Lincoln Village Drive #504, Sacramento, CA 95827 is doing business under the Fictitious Business Name(s) "The PurSpace Shop" 636 Tailwind Drive, Sacramento, CA 95838. Filed with the Clerk of Sacramento County November 9, 2023

Publish: Dec 15, 22, 29, 2023 Jan 5, 2024
PURSPACE 1-5-23
FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-08619
Ryan McCarty, 40854 17th West Street, Palmdale, CA 93551 is doing business under the Fictitious Business Name(s) "The Market Real Estate/The Market" 1610 R Street Suite 280, Sacramento, CA 95811. Filed with the Clerk of Sacramento County November 20, 2023

Publish: Dec 15, 22, 29, 2023 Jan 5, 2024
MARKET 1-5-23
FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-08939
Daphni Ames, 6617 Filbert Avenue, Orangevale, CA 95662 is doing business under the Fictitious Business Name(s) "Illuminated Images by Daphni" 6617 Filbert Avenue, Orangevale, CA 95662. Filed with the Clerk of Sacramento County December 6, 2023

Publish: Dec 15, 22, 29, 2023 Jan 5, 2024
ILLUMINATED 1-5-23
FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-08951
Mohammad Nawaz Tawfiq, 4029 Marconi Avenue Apt #86, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Bakhtar Fashion" 2922 Eastern Avenue, Sacramento, CA 95821. Filed with the Clerk of Sacramento County December 6, 2023

Publish: Dec 15, 22, 29, 2023 Jan 5, 2024
BAKHITAR 1-5-23
FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-08785
Albedo Arts Community Inc., 2668 Ball Way, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Royal Sport & Dance Lab" 2668 Ball Way, Sacramento, CA 95821. Filed with the Clerk of Sacramento County November 29, 2023

Publish: Dec 15, 22, 29, 2023 Jan 5, 2024
ROYAL 1-5-23
FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-08923
Blinker LLC, 1501 5th Street Unit 647, Sacramento, CA 95814 is doing business under the Fictitious Business Name(s) "Blinkr" 1501 5th Street Unit 647, Sacramento, CA 95814. Filed with the Clerk of Sacramento County December 5, 2023

Publish: Dec 15, 22, 29, 2023 Jan 5, 2024
BLINKR 1-5-23
FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-08853
Chelesea C Stephney, 6430 Verner Avenue #13, Sacramento, CA 95841 is doing business under the Fictitious Business Name(s) "Safe Gatherings Weight Loss Management" 6430 Verner Avenue #13, Sacramento, CA 95841. Filed with the Clerk of Sacramento County December 1, 2023

Publish: Dec 15, 22, 29, 2023 Jan 5, 2024
SAFE 1-5-23
FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-08599
Rosa Farfan Nunez, 3441 Data Drive #373, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "The Roses Cleaning Company" 3441 Data Drive #373, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County November 17, 2023

Publish: Dec 15, 22, 29, 2023 Jan 5, 2024
ROSES 1-5-23
FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-09052
Jagdeep Garcha P.T, 3919 Rutlan Way, Rocklin, CA 95677 is doing business under the Fictitious Business Name(s) "Crux Rehabilitation" 3800 Watt Avenue Suite 225, Sacramento, CA 95821. Filed with the Clerk of Sacramento County December 12, 2023

Publish: Dec 22, 29, 2023 Jan 5, 12, 2024
CRUX 1-12-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-09050
Jeffrey W Will, 7846 Winding Way, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "California Concepts/Will Hill" 7846 Winding Way, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County December 12, 2023

Publish: Dec 22, 29, 2023 Jan 5, 12, 2024
CALIFORNIA 1-12-24
FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-09057
Mazin Alhaidari, 5015 Kenneth Avenue, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "GUDEA" 5015 Kenneth Avenue, Carmichael, CA 95608. Filed with the Clerk of Sacramento County December 12, 2023

Publish: Dec 22, 29, 2023 Jan 5, 12, 2024
GUDEA 1-12-24
FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-09054
Roberta L. Barth, 9313 Ridgeside Lane, Orangevale, CA 95662 is doing business under the Fictitious Business Name(s) "Project Coordinating Expert" 9313 Ridgeside Lane, Orangevale, CA 95662. Filed with the Clerk of Sacramento County December 12, 2023

Publish: Dec 22, 29, 2023 Jan 5, 12, 2024
PROJECT 1-12-24
FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-08715
Anita Smedley-Brown, 2236 Zinfandel Drive, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "First Watch Evening, Overnight, Weekend & Respite Care" 2236 Zinfandel Drive, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County November 27, 2023

Publish: Dec 22, 29, 2023 Jan 5, 12, 2024
FIRST 1-12-24
FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-08745
Middleton Strategies LLC, 5750 Sunrise Boulevard Suite 225-J, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "Middleton General Contracting/Middleton Property Management" 5750 Sunrise Boulevard Suite 225-J, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County November 28, 2023

Publish: Dec 22, 29, 2023 Jan 5, 12, 2024
MIDDLETON 1-12-24
FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-08957
Iris Salon Suites, Inc., 11829 Delavan Circle, Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name(s) "Phenix Salon Suites" 3160 Arden Way, Sacramento, CA 95825. Filed with the Clerk of Sacramento County December 6, 2023

Publish: Dec 22, 29, 2023 Jan 5, 12, 2024
PHENIX 1-12-24
FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-08965
Sorin Mocan, Julian Mocan and Evan Mocan, 8820 Ridge Hill Court, Orangevale, CA 95662 are doing business under the Fictitious Business Name(s) "Sorin's Painting" 8820 Ridge Hill Court, Orangevale, CA 95662. Filed with the Clerk of Sacramento County December 6, 2023

Publish: Dec 22, 29, 2023 Jan 5, 12, 2024
SORINS 1-12-24
FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-09090
Judith Burrell, 2736 14th Street, Sacramento, CA 95818 is doing business under the Fictitious Business Name(s) "J Roseth Executive Coaching" 2736 14th Street, Sacramento, CA 95818. Filed with the Clerk of Sacramento County December 13, 2023

Publish: Dec 22, 29, 2023 Jan 5, 12, 2024
ROSETH 1-12-24
FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-08966
Qingtian Inc., 3700 Crocker Road Suite 150, Sacramento, CA 95818 is doing business under the Fictitious Business Name(s) "Tasty Dumpling," 3700 Crocker Road Suite 150, Sacramento, CA 95818. Filed with the Clerk of Sacramento County December 6, 2023

Publish: Dec 22, 29, 2023 Jan 5, 12, 2024
TASTY 1-12-24
FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-09117
Crawford Bros Inc, 25216 HWY 96, Klamath River, CA 95050 and Shannon Enterprises, Inc, 8330 Hidden Valley Circle, Fair Oaks, CA 95628 are doing business under the Fictitious Business Name(s) "CBSE Properties" 8330 Hidden Valley circle, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County December 13, 2023

Publish: Dec 22, 29, 2023 Jan 5, 12, 2024
CBSE 1-12-24
FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-08930
Ray Acosta and Cathy Acosta, 4824 Arboleda Drive, Fair Oaks, CA 95628 are doing business under the Fictitious Business Name(s) "It's About the Wood" 4824 Arboleda Drive, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County December 6, 2023

Publish: Dec 29, 2023, Jan 5, 12, 19, 2024
WOOD 1-19-24
FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-09128
Tracy Dias, 4925 El Camino Avenue, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Clear Vision Window Cleaning"

4925 El Camino Avenue, Carmichael, CA 95608. Filed with the Clerk of Sacramento County December 14, 2023

Publish: Dec 29, 2023, Jan 5, 12, 19, 2024
CLEAR 1-19-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-09149
Diana L. McDowell, 2822 Londonderry Drive, Sacramento, CA 95827 is doing business under the Fictitious Business Name(s) "D&D Creations" 2822 Londonderry Drive, Sacramento, CA 95827. Filed with the Clerk of Sacramento County December 14, 2023

Publish: Dec 29, 2023, Jan 5, 12, 19, 2024
CREATIONS 1-19-24
FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-09130
Auto Discount Outlet, LLC, 3451 Longview Drive Suite 140 Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "autodiscountoutlet.com" 3451 Longview Drive Suite 140 Sacramento, CA 95821. Filed with the Clerk of Sacramento County December 14, 2023

Publish: Dec 29, 2023, Jan 5, 12, 19, 2024
AUTO 1-19-24
FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-09195
Mustafa Anan Liddawi, 2110 Big Sky Drive, Rocklin, CA 95765 is doing business under the Fictitious Business Name(s) "Yalla Yalla Hot Sauce" 5800 Madison Avenue #5, Sacramento, CA 95841. Filed with the Clerk of Sacramento County December 18, 2023

Publish: Dec 29, 2023, Jan 5, 12, 19, 2024
YALLA 1-19-24
FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-09178
Maria B Thomas, 9316 Los Torres Drive, Elk Grove, CA 95624 is doing business under the Fictitious Business Name(s) "Glow Miami Designs" 9316 Los Torres Drive, Elk Grove, CA 95624. Filed with the Clerk of Sacramento County December 15, 2023

Publish: Dec 29, 2023, Jan 5, 12, 19, 2024
GLOW 1-19-24
FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-09381
Cory David Hopson Jr, 9184 Blue Point Lane Unit #15, Sacramento, CA 95826 is doing business under the Fictitious Business Name(s) "CDB Apparel" 9184 Blue Point Lane Unit #15, Sacramento, CA 95826. Filed with the Clerk of Sacramento County December 21, 2023

Publish: Dec 29, 2023, Jan 5, 12, 19, 2024
CDB 1-19-24
FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-09378
Villa Mosa Properties LLC, 311 E Street, Rio Linda, CA 95673 is doing business under the Fictitious Business Name(s) "Villa Mosa Properties" 311 E Street, Rio Linda, CA 95673. Filed with the Clerk of Sacramento County December 21, 2023

Publish: Dec 29, 2023, Jan 5, 12, 19, 2024
VILLA 1-19-24
FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-09315
Berk Street Enterprises, Inc., 2377 Gold Meadow Way Suite 100, Gold River, CA 95670 is doing business under the Fictitious Business Name(s) "Zion Healing Gold River" 2377 Gold Meadow Way Suite 100, Gold River, CA 95670. Filed with the Clerk of Sacramento County December 20, 2023

Publish: Dec 29, 2023, Jan 5, 12, 19, 2024
ZION 1-19-24
ORDER TO SHOW CAUSE CHANGE OF NAME
SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME #23CV001549

Kathy Dawn Mirrione has filed a petition with this court for a decree changing the name(s) of Kathy Dawn Mirrione to Kathy Dawn Schroeder-Creed. IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on February 28, 2024, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: November 14, 2023
Richard K. Sueyoshi, Judge of the Superior Court
Publish: December 8, 15, 22, 29, 2023
MIRRIONE 12-29-23
SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME #23CV012742

Gail Ann Eby-Martin has filed a petition with this court for a decree changing the name(s) of Gail Ann Eby-Martin to Gail Ann Helms. IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on February 27, 2024, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: December 4, 2023
Christopher E. Krueger, Judge of the Superior Court
Publish: Dec 22, 29, 2023 Jan 5, 12, 2024
MARTIN 1-12-24
SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME

#23CV012747
Darian Alexander Brown has filed a petition with this court for a decree changing the name(s) of Darian Alexander Brown to Darian Alexander Wilkins.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on March 21, 2024, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: December 1, 2023,
Richard K. Sueyoshi Judge of the Superior Court
Publish: Dec 29, 2023, Jan 5, 12, 19, 2024
BROWN 1-19-2024
NOTICE OF PETITION TO ADMINISTER ESTATE

NOTICE OF PETITION TO ADMINISTER ESTATE OF JOYCE L. JIMERSON
CASE NO. 23PR001699
To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both, of Joyce L. Jimerson.

A Petition for Probate has been filed by David Mott, in the Superior Court of California, County of Sacramento, requesting David Mott be appointed as personal representative(s) to administer the estate of the decedent.

The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A hearing on the petition will be held in this court as follows January 24, 2024, 1:30 p.m. in Dept 129; Superior Court of California, County of Sacramento, William R. Ridgeway Family Relations Courthouse, 3341 Power Inn Road, Sacramento, CA 95826

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor.

YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

The name, address and telephone number of the Attorney for Petitioner is: Terri L. Cipponeri, Ewing & Assoc, 995 S Main Street, Lakeport, CA 95453; 707-263-6400
Publish: Dec 22, 29, 2023, Jan 5, 2024
JIMERSON 1-5-24
NOTICE OF PETITION TO ADMINISTER ESTATE OF ROBIN KAY MATTOS
CASE NO. 23PR001891

To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both, of Robin Kay Mattos.

A Petition for Probate has been filed by Krista Michelle Talavera, in the Superior Court of California, County of Sacramento, requesting Krista Michelle Talavera be appointed as personal representative(s) to administer the estate of the decedent. The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor.

YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

The name, address and telephone number of the Attorney for Petitioner is: Ruby Steinbrecher, PO Box 2790, Sebastopol, CA 95473; 510-435-6356
Publish: Dec 22, 29, 2023, Jan 5, 2024
MATTOS 1-5-24
NOTICE OF PETITION TO ADMINISTER ESTATE OF HARRY GENE NITSCHKE, AKA HARRY GENE NITSCHKE, JR
CASE NO. 23PR002040

To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both, of Harry Gene Nitschke, aka Harry Gene Nitschke, Jr.

A Petition for Probate has been filed by Soon Ja Nitschke, in the Superior Court of California, County of Sacramento, requesting Soon Ja Nitschke be appointed as personal representative(s) to administer the estate of the decedent.

The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A hearing on the petition will be held in this court as follows January 18, 2024, 1:30 p.m. in Dept 129; Superior Court of California, County of Sacramento, William R. Ridgeway Family Relations Courthouse, 3341 Power Inn Road, Sacramento, CA 95826.

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor.

YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

The name, address and telephone number of the Attorney for Petitioner is: Rebecca H. Sem, 7540 Shoreline Drive, Stockton, CA 95219; 209-478-2000
Publish: Dec 29, 2023, Jan 5, 12, 2024
NITSCHKE 1-12-24
NOTICE OF PETITION TO ADMINISTER ESTATE OF MARNETTE ANN DIAZ
CASE NO. 23PR000390

To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both, of Marnette Ann Diaz.

A Petition for Probate has been filed by Gina Frisby, in the Superior Court of California, County of Sacramento, requesting Gina Frisby be appointed as personal representative(s) to administer the estate of the decedent. The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

Sac Diocese to Seek Bankruptcy Protection, Facing over 250 Sexual-Abuse Cases

By Matthew Malone, MPG Staff Writer

SACRAMENTO, CA (MPG) - The Roman Catholic Diocese of Sacramento will seek Chapter 11 bankruptcy protection next year, Bishop Jaime Soto announced on Dec. 9, as it faces hundreds of lawsuits alleging child sexual abuse by clergy. The diocese oversees Catholic parishes in much of Northern California, including Sacramento County.

In a letter published online and distributed to parishioners at local churches, Soto said he expects to file for bankruptcy protection in March 2024.

"It is now clear to me that the only respectful, transparent, and fair way to address the substantial number of claims by those who have been abused by clergy and other members of the Church is to seek a court-supervised reorganization. This process will also allow me to sustain the sanctifying, teaching, and charitable work of the Catholic community in Northern California," the letter read.

Chapter 11 bankruptcy protection generally allows an organization to continue operating while negotiating with creditors to restructure its debts. The letter noted as much and said parishes and schools in the diocese "would continue their operations uninterrupted."

Soto said more than 250 lawsuits alleging abuse have been filed against the diocese. Without reorganization, "it is likely that not all the abuse victim-survivors would receive a fair consideration of their claim," he said, with available funds being "depleted" in the first cases brought forward.

"Bankruptcy is a costly and lengthy process, but it also provides supervision



The Cathedral of the Blessed Sacrament, the seat of the Diocese of Sacramento, is seen in 2011. Bishop Jaime Soto has announced his intention to seek Chapter 11 bankruptcy protection on behalf of the diocese, in response to hundreds of lawsuits claiming clergy sexual abuse. Photo courtesy of Cathedral of the Blessed Sacrament - Sacramento, California by TravelingOtter used under CC BY-SA 2.0.

and transparency for all the parties involved so that a fair resolution is offered to the victim-survivors of abuse," Soto continued. He expressed hope that the diocese would "emerge from this necessary, penitential exercise with greater resolve to be a humble sanctuary of holiness and healing for all the sons and daughters of God in Northern California."

Law Group Decries Plan

A law firm that represents people alleging clerical abuse, including cases in the Sacramento diocese, criticized the decision.

"On behalf of the many survivors who were gravely hurt, we react with deep disappointment in the choice made by the Bishop of Sacramento to seek bankruptcy protection from accountability," Jeff Anderson and Associates said in a press release. "We know from all the work we have done with survivors across the country that bishops and dioceses have

continuously utilized Chapter 11 to shamefully protect themselves."

The release said other dioceses have used bankruptcy filings to delay court cases and prevent "full disclosure."

"The Diocese might change, but their motivations for filing bankruptcy remain the same - the desire to protect their reputation and their assets, no matter the moral expense," attorney Jeff Anderson said in a statement.

The Sacramento diocese is the fourth in California to seek bankruptcy protection after a wave of sexual-abuse claims under state Assembly Bill 218. The legislation took effect in 2020 and extended the statute of limitations on childhood sexual abuse, allowing much more time for accusers to come forward after reaching adulthood.

The other dioceses filing for Chapter 11 protection are Santa Rosa, San Francisco and Oakland. ★

Sacramento County Opens 2nd Safe Stay Shelter



The second cabin-style shelter campus has opened after approval by the Board of Supervisors at 7001 East Parkway, in the parking lot of the County's Department of Health Services. From left to right: Brad Fieldhouse - Executive Director City Net; Jessica Bruce - City Net; Emily Halcon - Director of Department of Homeless Services and Housing; Rich Desmond - County Supervisor District 3; Patrick Kennedy - County Supervisor District 2; Ann Edwards - Outgoing County CEO; David Villanueva - Incoming County CEO; Kelli Bennett - CEO of Community Health Works and Tim Lutz - Director Department of Health Services. Photo courtesy of Sacramento County

Sacramento County News Release

SACRAMENTO COUNTY, CA (MPG) - On Thursday, December 14, 2023, Sacramento County Supervisor Patrick Kennedy cut the ribbon on the County's second Safe Stay Community for people experiencing homelessness. The sleeping cabin-style shelter campus has a capacity of 56-34 single cabins and 11 double occupancy cabins and was approved by the Board of Supervisors in June 2022. The Safe Stay is located at 7001 East Parkway, in the parking lot of the County's Department of Health Services.

"I'm thrilled to open up a second Safe Stay Community in my district." Said District 2 Supervisor Patrick Kennedy "We've already had really positive results at our first location - both for the guests and the neighborhood, that I'm hopeful we'll see an immediate impact once this opens next week."

WHAT CAN GUESTS EXPECT?

On-premises guests can use the bathroom and shower trailers, laundry services and eat three meals a day in the common area. The campus also has a pet relief area, a computer lab, an entertainment space, employment development and housing-focused case management. Guests will also connect with transportation resources for off-site needs such as medical appointments or jobs.

Each cabin is outfitted with a bed that folds down from the wall, two storage containers, basic toiletry supplies, a desk and chair, overhead light, HVAC, power outlets, smoke alarm and fire extinguisher and a locking door. Cabins also have enough space to accommodate a dog bed or pet crate. The campus has storage containers for possessions that do not fit in the sleeping cabins.

The East Parkway Safe Stay community is operated by City Net. City Net is also running the County's first Safe Stay Community on Florin and Power Inn. The Florin Safe

Stay opened in August 2023, has served 137 people, 32 pets and had five people exit to permanent housing.

HOW ARE GUESTS REFERRED?

The East Parkway Safe Stay Community is currently a closed referral process, through homeless services providers engaging with people living outside near the shelter. Existing street outreach providers will engage with people living outside to evaluate what services and shelter programs they are eligible for and that will best meet their needs.

People experiencing homelessness and looking for shelter resources should contact the Housing Crisis Line by calling 2-1-1 and pressing 8 or the toll-free number at 1-844-546-1464.

HOW CAN THE COMMUNITY GET INVOLVED?

City Net accepts in-kind donations by appointment only. To schedule a donation drop-off or volunteer, email getinvolved@citynet.org.

Accepted donations include, but aren't limited to:

Hygiene supplies (shampoo, conditioner, body wash, toothbrushes, toothpaste, feminine hygiene, incontinence supplies, etc.); NEW emergency clothing staples (t-shirts, sweats/shorts, socks, undergarments, etc.) Gift cards of various values; Animal supplies (dog food, cat food, toys, collars, leashes, beds)

The minimum age for volunteers is 18 years of age. Each volunteer must complete a volunteer application/waiver and be cleared prior to arrival. No walk-up volunteers will be permitted on-site.

Looking for a job? City Net is hiring! Be part of positive change in Sacramento.

Review the Safe Stay FAQs at schs.sac-county.gov/Documents.

Read the Client Flier for more information on amenities and guest requirements. ★

LEGAL ADVERTISING
Carmichael Times Adjudicated For and By the County of Sacramento, Adjudication No. 317294 - February 7, 1984
Rancho Cordova Independent Adjudicated For and By the County of Sacramento, Adjudication No. 195380 - September 18, 1969
Citrus Heights Messenger Adjudicated For and By the County of Sacramento, Adjudication No. 34-2020-00273535 - March 12, 2020
The Rio Linda News Adjudicated For and By the County of Sacramento, Adjudication No. 358073 - March 21, 1988

NOTICE OF PETITION TO ADMINISTER ESTATE

to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A hearing on the petition will be held in this court as follows January 24, 2024, 1:30 p.m. in Dept 129; Superior Court of California, County of Sacramento, William R. Ridgeway Family Relations Courthouse, 3341 Power Inn Road, Sacramento, CA 95826.

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section

58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the Petitioner is: Gina Frisby, 5708 Alloway Street; 916-671-9359

Publish: Dec 29, 2023, Jan 5, 12, 2024
 DIAZ 1-12-24

SUMMONS

SUMMONS (CITACION JUDICIAL)
 CASE NUMBER: 23CV009805

NOTICE TO DEFENDANT: All persons unknown claiming any legal or equitable right, title, estate, lien, or interest in the Property adverse to Plaintiff's title, or any cloud of Plaintiff's title

to the Property and Does 1 through 5

YOU ARE BEING SUED BY PLAINTIFF: Tracy K. Sharp.

NOTICE! You have been sued. The court may decide against you without your being heard unless you respond within 30 days. Read the information below.

You have 30 CALENDAR DAYS after this summons and legal papers are served on you to file a written response at this court and have a copy served on the plaintiff. A letter or phone call will not protect you. Your written response must be in proper legal form if you want the court to hear your case. There may be a court form that you can use for your response. You can find these court forms and more information at the California Courts Online Self-Help Center (www.courtinfo.ca.gov/selfhelp), your county law library, or the courthouse nearest you. If you cannot pay the filing fee, ask the court clerk for a fee waiver form. If you do not file your response on time, you may lose the case by default, and your wages, money, and property may be taken without further warning from the court.

There are other legal requirements. You may want to call an attorney right away. If you do not know an attorney, you may want to call an attorney referral service.

If you cannot afford an attorney, you may be eligible for free legal services from a nonprofit legal services program. You can locate these nonprofit groups at the California Legal Services Website (www.lawhelpcalifornia.org), the California Courts Online Self-Help Center (www.courtinfo.ca.gov/selfhelp), or by contacting your local court or county bar association. NOTE: The court has a statutory lien for waived fees and costs on any settlement or arbitration award of \$10,000 or more in a civil case. The court's lien must be paid before the court will dismiss the case. AVISO! Lo han demandado. Si no responde dentro de 30 dias, la corte puede decidir en su contra sin escuchar su version. Lea la informacion a continuacion.

Tiene 30 DIAS DE CALENDARIO despues de que le entreguen esta citacion y papeles legales para presentar una respuesta por escrito en esta corte y hacer que se entregue una copia al demandante. Una carta o una llamada telefonica no lo protegen. Su respuesta por escrito tiene que estar en formato legal correcto si desea que procesen su caso en la corte. Es posible que haya un formulario que usted pueda usar para su respuesta. Puede encontrar estos

formularios de la corte y mas informacion en el Centro de Ayuda de las Cortes de California (www.sucorte.ca.gov) en la biblioteca de leyes de su condado o en la corte que le quede mas cerca. Si no puede pagar la cuota de presentacion, pida al secretario de la corte que le de un formulario de exencion de pago de cuotas. Si no presenta su respuesta a tiempo, puede perder el caso por incumplimiento y la corte le podra quitar su sueldo, dinero y bienes sin mas advertencia.

Hay otros requisitos legales. Es recomendable que llame a un abogado inmediatamente. Si no conoce a un abogado, puede llamar a un servicio de remision a abogados. Si no puede pagar a un abogado, es posible que cumpla con los requisitos para obtener servicios legales gratuitos de un programa de servicios legales sin fines de lucro. Puede encontrar estos grupos sin fines de lucro en el sitio web de California Legal Services, (www.lawhelpcalifornia.org), en el Centro de Ayuda de las Cortes de California, (www.sucorte.ca.gov) o poniendose en contacto con la corte o el colegio de abogados locales. AVISO: Por ley, la corte tiene derecho a reclamar las cuotas y los costos exentos por imponer un gravamen sobre cualquier recuperacion de

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\$10,000 o mas de valor recibida mediante un acuerdo o una concesion de arbitraje en un caso de derecho civil. Tiene que pagar el gravamen de la corte antes de que la corte pueda desechar el caso.

The name and address of the court is: (El nombre y direccion de la corte es): Carol Miller Justice Center, 301 Bicentennial Circle, Sacramento, CA 95826

The name, address and telephone number of plaintiff's attorney, or plaintiff without an attorney is: (El nombre, la direccion y el numero de telefono del abogado del demandante, o del demandante que no tiene abogado, es): Vanessa Amador, Norcal Attorney Brokers, 1355 Florin Road Suite 4, Sacramento, CA 95822, 916-396-9934.

Date: (Fecha) 10/12/2023
 Clerk (Secretario) K. Johnson,
 Deputy (Adjunto)
 Publish: Dec 22, 29, 2023, Jan 5, 12, 2024
 SHARP 1-12-24



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Dare to Live Without Limits

by Bryan Golden

What Do You Ask For?



Everyone asks for something. Some things you intentionally request. Other things you seem to get without asking. For example, I'm sure you've heard the expression that someone is asking for trouble. Since no one really wants adversity, this request is invariably made subconsciously. Another common expression is to be careful about what you ask for, because you may get it.

It's helpful to understand the power of asking. Many people don't fully recognize or appreciate this force. They are far too complacent regarding the impact of their thoughts and actions. Surprisingly, there may be little or no awareness of what they are asking for.

Your requests are extremely potent. They are mental seeds attempting to grow to reality. Your mind is impartial; it doesn't care whether you ask for good or bad things. Therefore, you have to be cognizant of what you want, as well as what you ask for.

Only ask for that which you want. If you don't know what you want, how can you decide what to ask for? Even if you haven't identified what you want, your thoughts are not idle. Your mind will be asking for things, but without any direction.

Just as important as understanding what you want, is understanding what you don't want. Avoid asking for failure and problems. Asking can be in the form of thoughts or actions. You ask for problems by engaging in behavior destined to produce undesirable results.

A person who habitually overeats is asking to be heavy. Someone who turns to alcohol, when faced with adversity, is asking to compound their problems. An employee who is consistently late for work is asking to be fired. A dishonest individual is asking for a life of deceit. The person who mistreats others is asking for few, if any, friends.

If you are not asking for anything

specific, you are taking a passive role in your future. You don't want to go through life as a spectator, content with whatever the wind blows your way. Only by being proactive, will you be able to influence the direction of your life.

If you are receiving things you don't want, you have to ask for something else. Where you are now, and what you have, is a consequence of previous requests. Consciously ask for what you do want. Adjust your thoughts and behavior to attract the desired results.

It is never too late to ask for something different. You have freedom of choice. When you ask for something, it should be with conviction. Ask for things you really desire. Don't ask for things that cause misfortune to others.

Be sure you really want what you are asking for. Avoid asking for things flippantly. When you ask for something, you begin a chain of events. It starts with a thought and continues with behavior designed to get what you ask for.

Ironically, it's easier to ask for and get what you don't want. It's easier to get fired than to get hired. It's easier to destroy a relationship than to keep it going. It's easier to let yourself go to pot than to stay healthy. That's one of the reasons you have to be selective in what you ask for.

Do you know what you are asking for? If not, take a good look at what you are thinking and doing. Ask only for what you want. Avoid requesting anything undesirable.

NOW AVAILABLE: "Dare to Live Without Limits," the book. Visit www.BryanGolden.com or your bookstore. Bryan is a management consultant, motivational speaker, author, and adjunct professor. E-mail Bryan at bryan@colunnist.com or write him c/o this paper. ©2023 Bryan Golden ★



**Publisher,
Paul V. Scholl**

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Be sure to place in the subject field "Attention to Publisher". If you do not have email access, please call us at (916) 773-1111.

Grapevine Independent

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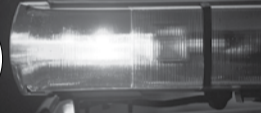
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Approved Budget Priorities Based on Survey Results

Sacramento County News Release

SACRAMENTO COUNTY, CA (MPG) - The Sacramento County Board of Supervisors, at its Dec. 12 meeting, approved recommended budget priorities based on the results of a survey of County residents. The Board also approved the General Fund Contingency Policy.

The public opinion survey, conducted by a professional public opinion firm, was conducted in October and November of 2023. The survey was a follow-up to the County's first public opinion survey in 2021, which was conducted so the County could develop budget priorities based on public input.

The results of the 2023 survey were remarkably similar to the results in 2021, with focus areas such as homelessness and road improvements identified as priorities.

The recommended priorities for the use of General Fund discretionary funds in the FY 2024-25 budget are:

Complying with the County's legal, financial, regulatory and policy obligations, including providing mandated services, ensuring collection of revenues, and complying with the General Fund Reserve policy;

Optimizing the use of County resources, with budgeted service levels for County programs informed by community priorities, improving effectiveness and efficiency where possible, and limiting the extent to which reductions in dedicated revenue are backfilled with discretionary resources;

Funding new or enhanced programs that focus on the most critical and urgent needs, with the following priority focus areas identified in the survey of County residents:

A Countywide focus area of addressing homelessness, its impacts, and contributing factors, including the cost and availability of housing, mental health services and substance abuse treatment.

				
\$22.50	\$19.20	\$17.50	\$16.80	\$13.10
Reducing homelessness	Public safety, including law enforcement	Maintenance of infrastructure such as roads, bridges, and public buildings	Services for children, seniors, and families	Economic development such as job creation
				Parks and environmental protection

Image courtesy of Sacramento County

An unincorporated focus area of improving the condition of roads.

SURVEY PREPARATION

The professional polling firm conducted focus groups of County residents in November 2022. Key overall findings of the budget priorities focus groups generally aligned with the 2021 survey results. The central, top-of-mind concern was homelessness, and participants associated many overlapping issues with this concern, including substance abuse, mental health, blight and illegal dumping, the quality of the parks, housing costs and crime. Another top concern was infrastructure, with a particular focus on significant road improvement.

Additionally, while participants prioritized helping children and seniors, poverty and food insecurity were not seen as urgent problems.

SURVEY METHODOLOGY

The firm conducted surveys through telephone and online interviews with 1,061 respondents, with a margin of sampling error of ±3.1% at the 95% confidence level. The survey was available in 10 languages, including English.

SURVEY AUDIENCE

Of the 1,061 respondents surveyed,

residents were drawn from communities in proportion to the County's adult population by age and gender and came from a mix of educational backgrounds and household incomes.

More than half of the respondents identified with a race or ethnicity other than white, and more than one-quarter indicated they spoke a language other than English at home regularly.

More than two in five respondents personally experienced homelessness or knew someone who had.

SURVEY RESULTS

Survey result highlights include:

County Context: The top concern survey respondents wanted the County to address, by far, was homelessness. Of the respondents identified, 58 percent reported homelessness as the most important problem (compared to 53 percent in 2021). The second and third categories were crime/safety/drugs at 18 percent and housing/affordable rent at 15 percent (both were at 13 percent in 2021).

Infrastructure/road repairs was in the fourth category at 8 percent (same in 2021) cost of living/inflation was fifth at 7 percent (versus 5 percent in 2021).

Road conditions are a bigger issue in

the unincorporated areas than the cities, with 66 percent of residents in the unincorporated areas citing road conditions as an extremely or very serious problem.

Resident Priorities for the County Budget: Low levels of homelessness and crime, the fair and transparent administration of elections and adequate protection for vulnerable children were seen as keys to making Sacramento County a good place to live. Residents also valued enough good, well-paying jobs for local residents and accessible mental health services.

Less important to residents were adequate retail and shopping opportunities and low levels of incarceration.

Residents were also broadly satisfied with waste disposal, County parks and libraries. Majorities were satisfied with public transportation and preparation for public health emergencies.

However, four in five residents were broadly dissatisfied with homelessness prevention. Addressing homelessness, affordable housing and mental health services were areas that people highly value but see the County as falling short.

Allocating the County Budget: Residents were asked to imagine they are in charge of the County budget and were asked how they would prioritize County spending in six broad areas.

On average, residents allocated more funding to reducing homelessness and public safety than other areas. Infrastructure maintenance came in third, followed by services for children, seniors and families, economic development such as job creation, and parks and environmental protection.

For City of Sacramento residents, homelessness was a higher priority than in the unincorporated areas and other cities. Homeowners were slightly more likely to prioritize homelessness, safety and infrastructure. ★

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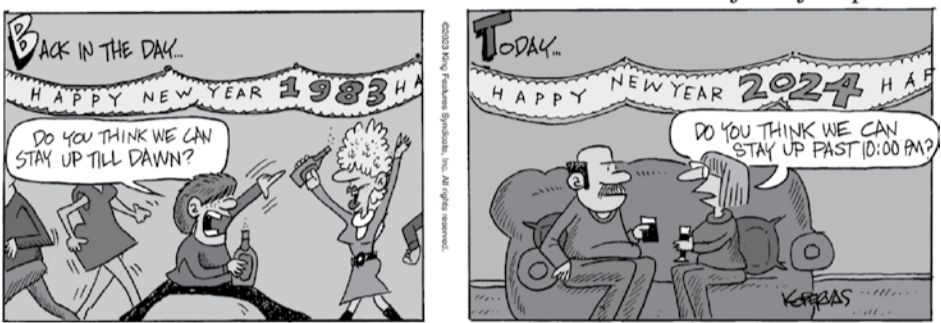
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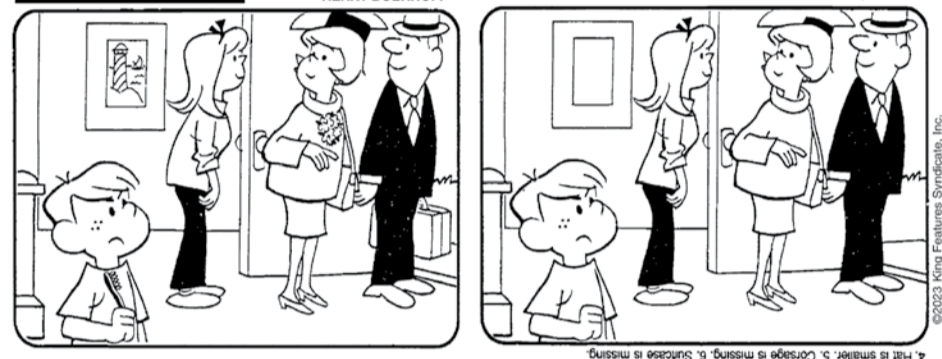


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Board Approves Regulations for Converting Wastewater to High Quality Drinking Water

State Water Resources Control Board News Release

SACRAMENTO, CA (MPG) - Further advancing the Administration's all-of-the-above Water Supply Strategy to make California more resilient to hotter, drier conditions, the State Water Resources Control Board approved regulations on Dec. 19, 2023, that will allow water systems to develop treatment protocols to convert wastewater into high quality drinking water.

The board's unanimous vote gives California the most advanced standards in the nation for treating wastewater to such an extent that the finished product meets or exceeds current drinking water standards. Known as direct potable reuse, the process will enable water systems throughout the state to generate a climate-resilient water source while reducing the amount of wastewater discharged to rivers and the ocean. In fact, recycling water allows water systems to add millions of gallons of additional drinking water to their supplies over time while avoiding costlier and more energy intensive water supplies.

"This is an exciting development in the state's ongoing efforts to find innovative solutions to the challenges of extreme weather driven by climate change," said E. Joaquin Esquivel, chair of the State Water Board. "On top of helping us build drought-resilient water supplies, direct potable reuse offers energy savings and environmental benefits. And most importantly, these regulations ensure that the water produced is not only safe, but purer than many drinking water sources we now rely on."

The final version of the regulations came

together over many years and after an expert panel of 12 scientists and engineers evaluated work by the board's Division of Drinking Water and determined the standards are protective of public health. Proposed regulations were released to the public in July; board staff gathered public comment and made adjustments based on that input. These revisions include added flexibility for alternative treatment techniques and clarifications about the collaboration among partner agencies on reuse projects.

Direct potable reuse relies entirely on immediate, multi-barrier treatment that can recycle wastewater to drinking water standards in a matter of hours. This contrasts with the method currently being deployed in major projects launched throughout the state, called indirect potable reuse, which further improves treated wastewater over time through groundwater recharge or dilution with surface water. While no formal direct potable reuse projects could be initiated in California until the regulations were adopted, water agencies in Santa Clara, San Diego and the city of Los Angeles have launched pilot projects in recent years.

The newly adopted regulations comply with California's Safe Drinking Water Act, which ensures that the water delivered by public water systems in California shall at all times be pure, wholesome, and safe to drink.

Once the new regulations are finalized through the Office of Administrative Law in 2024, water systems can submit plans for direct potable use projects to the board for approval.

More information about direct potable reuse can be found on the board's website. ★

Charli Ramirez-Oliva: A Cross Country Phenom Making Waves

By Josh Gruver,
Cordova High School

RANCHO CORDOVA, CA (MPG)

- In the world of Cordova High School athletics, a freshman standout is making headlines not just for his exceptional performance on the Cross Country course but also for his commitment to academic excellence. Charli Ramirez-Oliva, a rising star in the Cordova community, has left an indelible mark in both realms during the recent Cross Country season.

Amid his inaugural year at Cordova High, Charli demonstrated a remarkable balance between academic and athletic pursuits, maintaining an impressive 3.5 GPA. This achievement not only underscores his dedication to scholarly excellence but also serves as a testament to his ability to manage the demands of both the classroom and the cross-country course.

On the Cross Country field, Charli showcased his exceptional athletic prowess throughout the Cordova season, securing noteworthy placements in key competitions. Notably, he claimed the 6th spot at CIF SJS Sub-Sections and an impressive 5th place in CIF SJS Division 2 Sections. His notable times of 12:05.9 at the Sac Joaquin Sub-Sections and a personal record of 12:25.0 at the CIF Sac Joaquin Sections Championship highlight his commitment to



Cordova High Cross Country coach Josh Gruver (left) and Cordova athletes representing Fifty East Elite from center to right: Dru O'Neel and Charli Ramirez-Oliva. Photo courtesy of Josh Gruver

excellence and his significant contributions to the Cordova cross country team.

However, Charli's success extends beyond the boundaries of high school competition. As a member of the USATF Club Cross Country under Fifty East Elite, he has consistently made waves on the national stage. His achievements include a stellar 2nd place finish at the Pacific Association USATF Championships and a triumphant victory at the USATF Region 14 Championships, earning him a well-deserved spot in the upcoming USATF XC Junior Nationals.

Charli's dedication to his sport reached new heights when, after completing his final exams, he embarked on a whirlwind journey. From Louisville, Kentucky, where he represented the City of Rancho Cordova at USATF Junior Olympic XC Champs. After completing his final exams, he hopped on a

red-eye flight to visit his Mother in Pennsylvania. Following this visit, he drove six hours to Boston University in Massachusetts, where he became the first athlete to compete on an indoor track from the City of Rancho Cordova. Representing the Fifty East Elite Club, he not only participated but emerged victorious, placing 1st in both the 1-mile race in 5:10 and the 800 meters in 2:15, setting new personal records.

As Charli returns from his impressive winter racing tour, his eyes are now set on the upcoming spring season, where he is ready to bring his newfound experience and prowess to the Cordova High School Track team. The Cordova community eagerly anticipates the continued success of this remarkable athlete, both on and off the field. Charli Ramirez-Oliva has undoubtedly proven himself as a rising star and a true embodiment of the Cordova spirit. ★

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Copy Editor – We are seeking a part-time copy editor for our newspaper group. This position works in the Carmichael office and works directly with Editor. Work hours are flexible between 8:30 to 5:00 Monday through Friday. Previous editing experience is required.

City Reporter – We are seeking a part-time City Reporter for our newspaper group. This position may be assigned to work in the Carmichael office or another area office and works directly with the Editor. Work hours are flexible depending on assignments. Previous reporting experience is required.

Advertising Services Support – We are seeking a part-time Advertising Services Support person for our newspaper group. This position works in the Carmichael office and works directly with the owner of the company and the advertising/graphics staff. Work hours are flexible between 8:30 to 5:00 Monday through Friday. Previous office experience is required.

Delivery Driver – We are seeking a part-time Delivery Driver for our newspaper group. This position would transport newspapers from our Carmichael office to our offices in Marysville and Gridley. Work hours are from 8:30 to 4:00 every Thursday. Must be able to lift and move bundles of newspapers without assistance. Must have your own reliable cargo van. This is an independent contractor position and pays a flat rate for your service.

Newsstand Delivery Driver – We are seeking a part-time Newsstand Delivery Driver for our newspaper group. This position works from the Carmichael office and delivers to our locations in the West Sacramento/Sacramento Region. Work hours are from 8:30 to 5:00 Thursday and/or Friday. Must be able to lift and move bundles of newspapers without assistance. You must have a reliable vehicle. This is an independent contractor position.

To find out more or to apply:

Email your questions or resume to Publisher@MPG8.com

Sacramento Public Library Puts Out Call for Artists

By Tamara Warta

SACRAMENTO, CA (MPG) - The Sacramento Public Library (SPL), which has 29 locations spanning from Orangevale to Isleton, recently announced its new Parks and Tranquility project. With the intention of bringing visual and performing arts to a selection of the region's many outdoor spaces, artists are invited to apply for grant awards that range from \$5000 - \$10,000.

"We will engage and collaborate with community members, community-based organizations, and arts and justice collectives," states the official website, "to create site-specific art and educational experiences at multiple California State Park sites around Sacramento County."

A schedule of the public events developed through the Parks and Tranquility program are expected to be announced in early 2024.

The idea to bring the arts into parks and other outdoor spaces was inspired by the California State Library's statewide Parks Pass program. This program allows any California resident with a library card to borrow free passes to approximately 200 state parks. SPL specifically was granted funds to identify and create art installations to complement these passes. While any artist may apply, selected projects should carry one of the specific themes being prioritized by the library.

According to Ricardo M. Ramirez, the system supervisor of SPL, these themes include a project goal to "generate positive measurable impacts in the areas of health, natural resource stewardship, and historical and cultural connections with an equity lens."

"SPL will engage and collaborate alongside our Sacramento community members, community-based organizations, and arts and culture collectives on arts and recreational equity experiences that include community events and field trips," Ramirez also stated.

Selected artists will work with a special project team that consists of both library staff and community members. The original visual artwork will be featured at pre-selected California state parks, while other artists will prepare and execute community workshops featuring their art discipline.

"All types of art mediums are eligible," said Ramirez. "We encourage a wide range of artists and all levels of experiences to apply for these grants. We are fortunate to be in a dynamic and lively arts community, and are continually inspired by what we see, hear,



Folsom Lake State Recreation Area, one of the potential sites for a Parks and Tranquility Project art installation. Photo courtesy of California Department of Parks and Recreation

and experience. We plan to curate a number of public programs that will incorporate the work of the selected artists that reflect our communities and the joy of being in natural spaces."

While any type of artist is welcome to apply, it is with the understanding that their art form may be converted to accommodate a realistic outdoor art installation. A watercolor or acrylic painter, for example, may complete their piece and see it converted into a more durable digital print. Dancers should expect to accommodate an outdoor learning or performance space in lieu of a traditional indoor studio.

In order to be eligible for the Parks and Tranquility grant, applicants must be a resident of the Sacramento region and aged 16 or older. Applicants cannot be currently employed by SPL, and should be eligible to receive taxable income. The selected artist(s) must also be available for public events and installations related to the finalized artwork at the select location(s).

The grant application and selection process is a quick turnaround — applications are due by December 30th, and artists will be notified by the end of January. Time is of the essence for those artists wishing to be considered. With all levels of experience welcome to apply, SPL understands there will be questions. Applicants may call (916) 264-2920 or email parksandtranquility@saclibrary.org with any inquiries.

Potential artists may visit saclibrary.org/Parks-and-Tranquility for more information and to apply, as well as for the opportunity to view artists' inspirations behind the project for a better view of what SPL is seeking out for this unique new opportunity. ★

Lancers Conclude Cross Country Season with Triumphs and Traditions



The 2023 Cordova Lancers Cross Country team leaves a legacy which will resonate within the Cordova community, serving as inspiration for future generations. Photo courtesy of Ayden Gregory Photography

By Josh Gruver,
Cordova High School

RANCHO CORDOVA, CA (MPG) - The Cordova High School Cross Country team navigated a season of challenges and triumphs, ultimately leaving an indelible mark on the Greater Sacramento League in their final campaign. The 2023 season was a testament to resilience, growth, and the restoration of cherished traditions within the Cordova XC program. The season began with a slow start as a wave of new student-athletes, unfamiliar with the intricacies of cross country, joined the Cordova Lancers. Undeterred, the team embraced the learning curve, and midway through the season, their hard work and dedication began to yield impressive results. Athletes,

once newcomers to the sport, found themselves consistently finishing in the top 30 places in their races, showcasing the team's collective progress. In their farewell to the Greater Sacramento League, Cordova XC secured a commendable second-place finish for both boys and girls in the team standings. This accomplishment was a testament to the unity and determination of the team, overcoming the initial hurdles and emerging as a force to be reckoned with in the league. A standout moment in the season was Junior Stephany Santana's triumphant victory over West Campus's Senior Makayla Saeteum, securing the Individual GSL Girls title in a record time of 20:29. Santana's achievement placed her at an impressive 2nd

all-time on the Cordova XC leaderboard, marking her as a rising star in the program. Senior Daniel Insko engaged in a hard-fought battle against West Campus's Junior Elijah Gilleland, exemplifying the competitive spirit that defined Cordova XC throughout the season. The team boasted a total of 3 All-Greater Sacramento League Boys and 4 All-Greater Sacramento League Girls, showcasing the depth of talent within the Cordova Lancers. Notable athletes from Cordova XC included Marissa Santos-Vargas, Juliet Coutinho, Amelia Nunn, Stephany Santana, Daniel Insko, Justus Ramirez, and Ezekiel Konay. Their contributions were instrumental in the team's success throughout the season.

Cordova XC also took center stage by hosting all three league competitions and the highly anticipated Cordova Hoka Postal Nationals, a testament to the program's commitment to fostering a sense of community and showcasing their passion for the sport. As championship season unfolded, Cordova XC entered with determination and emerged with standout performances at Sac-Joaquin Sub-Sections. Athletes such as Daniel Insko, Justus Ramirez, Charli Ramirez-Oliva, Stephany Santana, and Carson Caditz demonstrated their prowess, with Santana and Ramirez-Oliva bringing home well-deserved medals. At Sac-Joaquin Sections, Charli Ramirez-Oliva further solidified his presence by finishing 5th overall in the freshman

2-mile race, adding another remarkable achievement to the season. Head Coach Josh Gruver expressed his joy in coaching this exceptional team, stating, "The joy of coaching this team comes from witnessing the restoration of traditions and the flourishing success of this program. The athletes have embodied the spirit of the Cordova Lancers, and their achievements speak volumes about their dedication and passion for the sport." As the Cordova Lancer Cross Country Program wraps up the 2023 season, the legacy of this remarkable journey will undoubtedly resonate within the Cordova community, serving as inspiration for future generations of athletes and ensuring that the traditions of excellence continue to flourish. ★

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