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THE NEWS

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Serving Rio Linda, Elverta and Sacramento County

JANUARY 19, 2024

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No Water for You!



California's proposed water conservation rules too stringent and costly, analysts say. Photo courtesy of Animesh Srivastava - pexels

**By Rachel Becker,
CALMatters.org**

California's legislative advisors lambasted the state's ambitious proposal to regulate urban water conservation, calling the measures costly and difficult to achieve, "in many cases without compelling justifications."

The proposed rules, unveiled in August, call for more than 400 cities and other water suppliers

servicing about 95% of Californians to meet conservation targets beginning in 2025.

The state Legislative Analyst's Office suggested significant changes to the State Water Resources Control Board's proposal, warning that the regulations would set "such stringent standards for outdoor use that suppliers will not have much 'wiggle room' in complying." They also warn that the added

costs will ultimately be borne by customers.

"Whether the benefits of the new rules ultimately will outweigh the costs is unclear," the report says. "These doubts are particularly worrisome given we find that suppliers will face notable challenges complying with these requirements."

The report recommended that lawmakers direct state regulators to "make several of the proposed

requirements less stringent (such as the residential outdoor standard), consider how to target state funding to assist lower income customers, and extend some of the deadlines for suppliers to ensure they can actually achieve the framework's goals."

Water board officials didn't comment on the criticism or recommendations, but spokesperson Edward Ortiz said the

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**Dignity Health
Donates
\$1,060,274
to Sacramento-
Area Nonprofits**

**Dignity Health
News Release**

SACRAMENTO, CA (MPG) - Dignity Health announced the distribution of \$1,060,274 to 15 community-based organizations in Sacramento and Yolo counties. The goal of this contribution is to improve the health and well-being of vulnerable and underserved populations and bring about real and lasting improvements to the region.

"A core element of our mission is giving back and we take pride in sustaining our support for organizations that go the extra mile to address the diverse needs of our community," said Dignity Health Community Health and Outreach Manager, Phoua Moua. "These collaborations empower us to take on the intricate health and human challenges faced by our community."

"I find ongoing inspiration in the inventive and unique solutions crafted by our community partners to address the expanding needs of our community," said Michael Korpiel, Greater Sacramento Market President of Dignity Health. "Through our investments in these organizations, we aim to cultivate a sense of belonging and comprehensiveness. Our objective is to provide the community with the necessary resources and support essential for leading healthy, prosperous lives while also minimizing the likelihood of significant future health interventions."

Every three years, Dignity Health and health system partners conduct a Community Health Needs Assessment in each county to determine the most pressing health priorities. The 2022 community assessment indicated that having access to mental and behavioral health and substance-use services are key priorities, as well as having access to basic needs such as housing, jobs, and food. With this in mind, Dignity Health and its grant committee selected several organizations to help address this need, including Arrive Alive California, Inc. Arrive Alive California, Inc.'s community focused educational programs are designed to stop dangerous and destructive behaviors through unique, holistic, and multi-faceted approaches led by subject matter experts and specialists.

"At Arrive Alive California, Inc., we are

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Rio Linda Resident Named Director of Impact at Local United Way

**United Way
News Release**

SACRAMENTO, CA (MPG) - Sia Magadan of Rio Linda has joined United Way California Capital Region as director of its Impact department that runs the nonprofit's many programs focused on ending poverty for local families starting in school.

Prior to joining United Way, Magadan was director of community engagement and fundraising for Rootid, a communications agency in Berkeley focused on nonprofits. Before that, she worked as development manager for the Oakland Literacy Coalition and Edventure More in San Leandro. She also serves as a consultant for BIPOC nonprofits through her firm, edYOUcate.

"Sia's invaluable expertise in education and her deep understanding of the unique challenges facing unhoused and foster

youth within our community make her a valuable addition to our team," said Dr. Dawnté Early, president and CEO, United Way California Capital Region. "With Sia overseeing this work, we look forward

to making lasting strides toward positive change in the lives of these youth, ultimately contributing to United Way's broader goal of ending poverty through education."

Founded in 1923, United

Way California Capital Region has been a transformative force in the Sacramento community for more than a century, serving Amador, El Dorado, Placer, Sacramento, and

Continued on page 3



Sia Magadan, new Director of Impact at Untied Way California Capital Region. Photo courtesy of United Way.



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5 Over 50 Volunteer Award Nominations Open

Home Care Financial Assistance for Veteran Spouses

By Michele Townsend

SACRAMENTO REGION (MPG) - As we get older, many of us need a helping hand. Our bodies may be sick, they may be broken, or they may just be worn out. In addition, the world currently has more illnesses than it ever has before. Many families would like nothing more than to keep their aging family members at home. However, Home Care is very expensive.

Insurance often does not cover Home Health Care, so many families find themselves in the position that they are forced to put their loved one in a facility, convalescent home, or some other facility that offers assisted living. There are many facilities that insurance pays for and a private facility can cost \$4,000 per month and more.

According to American Veteran's Aid, a private company, the Veteran's Administration (VA), may be able to help. The

program is called Aid & Attendance and may provide you a tax-free benefits of up to \$3,536 per month for all types of long term care. It is designed to off-set the expense of long-term care and can be used for home care or for a facility.

The Vet must have served during War time and had to get anything except a dishonorable discharge. Eligible periods of war are WWII (12-7-41 to 7-26-47 is considered war service), Korean Conflict (6-27-50 to 1-31-55), Vietnam (11-1-55 to 6-7-75 for those who served in Vietnam, 8-5-64 to 5-7-75 for those who served outside of Vietnam) or the Persian Gulf War (8-2-90 through a date to be prescribed by Presidential proclamation or law).

Eligible individuals will be Vets and spouses of Vets that are 65 years and older, need assistance with daily activities such as dressing, bathing, eating, toileting or getting around or are totally disabled. In

addition, the vet must have served for a minimum of 90 days and the spouse must have been married to the vet at the time of their passing, and cannot be remarried unless it is to another wartime veteran. There is income and countable asset criteria established by the VA.

"We just want to help any war time veterans that we can," said Barbara Wright. "We want them to get the benefit, which they so deserve." Aid & Assistance is provided by the Department of Veteran Affairs, and it is extremely easy to inquire about you or your loved one's eligibility. Simply visit <https://americanveteransaid.com/>, enter your information and answer 4 questions. Generally, a representative will call you back within 24 hours and they can often determine eligibility. This is not a one-time payment, but rather a monthly payment. If you don't have access to a computer, you may call Barbara Wright at 877-427-8065 ext. 1019. ★



5 Over 50 Volunteer Nominations now open. Photo courtesy of Sacramento County

Sacramento County News Release

SACRAMENTO COUNTY, CA (MPG) - Sacramento County is celebrating individuals who are 50 years of age and older who dedicate their time, energy, and passion to making our community a better place. The Sacramento County Adult and Aging Commission is now taking applications for its 5 Over 50 Volunteer Award.

Nominees must be 50 years of age or older, actively involved in volunteer work, and residents of

Sacramento County. If you know someone who meets the criteria and has made an impact in Sacramento County, nominate them for the 5 Over 50 Volunteer Award. Learn more about the application process and access the form by visiting the Adult and Aging Commission page. Two letters of reference are required. The deadline for nominations is Friday, February 9.

The 5 Over 50 Awards will be presented on May 21 during a Sacramento County Board of Supervisors meeting. The

award is presented in May to coincide with Older Americans Month. Five nominees will receive the award, with one person selected from each district within Sacramento County.

Sacramento County's Adult and Aging Commission members look forward to celebrating the winners. The 5 Over 50 Award not only recognizes these individuals for their hard work but also celebrates their impact in making Sacramento County a great place to live. ★

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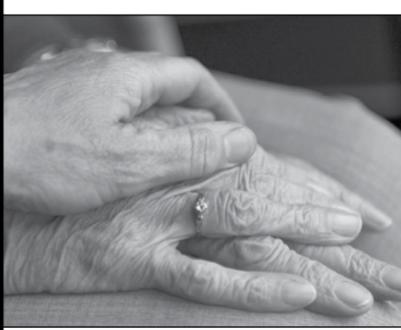
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Girl Scouts Kick off 2024 Cookie Season

Girl Scouts of Northern California News Release

SACRAMENTO REGION, CA (MPG) - Girl Scouts of Northern California will kick off their 2024 Cookie Season on January 29. Consumers in all 19 counties from Gilroy to the Oregon Border can support their local girl entrepreneurs by ordering from the iconic cookie lineup online at ilovecookies.org. Local shoppers can also locate cookie booths starting February 11 for in-person cookie sales. The 2024 Northern California cookie season will run through March 17, and all cookie flavors are \$6 a box (shipping fees additional).

This season, cookie lovers can enjoy the full assortment of Girl Scout Cookies, including Thin Mints, Trefoils, Samoas, Tagalongs, Do-Si-Dos, Lemon Ups, Toffee-tastic, Girl Scout S'mores, and Adventurefuls. Visit www.ilovecookies.org for more information.

Girls Scouts of Northern California is one of the largest councils in the country, offering unique outdoor experiences, civic engagement, entrepreneurship opportunities, skill-building, leadership, and fun. One hundred percent of the proceeds from the cookie program are used locally and provide critical funds for girls' access to

affordable programming, the outdoors, camp and program centers, STEM, financial aid, and volunteer support services. Girl Scouts and their troops depend on these funds to support their community service efforts.

This year, over 16,000 Girl Scouts in Northern California will participate in the cookie entrepreneurship program with the goal of selling \$4.3M packages of cookies.

"I am thrilled to kick off another exciting cookie season and to support our cookie entrepreneurs in having a fun and successful year," said Bri Seoane, CEO of Girl Scouts of Northern California. "Each year, these budding entrepreneurs impress us with their dedication to achieving their goals and supporting local initiatives. Through this program, they contribute to their communities and gain invaluable life and business skills that will serve them for a lifetime. I am immensely proud of each and every participant!"

During this highly anticipated time of the year, girls acquire essential life skills, including money management, team building, public speaking, and decision-making. Girl Scouts can earn a variety of badges and awards to develop valuable business skills, including Cookie Business badges, Financial Literacy badges, Cookie Entrepreneur Family pins,

and Entrepreneur badges. Ultimately, this entrepreneurship program serves as a vital steppingstone, equipping girls and gender-expansive youth with lifelong skills, and instilling a deep sense of confidence that they will carry into the future.

How to Purchase Girl Scout Cookies This Year

Starting January 29, consumers can source Girl Scout online via digital cookie stores at ilovecookies.org and have their favorite cookies delivered straight to their home or anywhere in the country or find the closest Girl Scout booth for in-person cookie sales starting February 11 at select businesses and neighborhoods in Northern California communities until March 17.

About Girl Scouts of Northern California

The mission of Girl Scouts of Northern California is to build girls of courage, confidence and character who make the world a better place. As one of the largest councils in the country, Girl Scouts of Northern California serves a diverse membership of over 24,000 youth and over 21,000 adult volunteers in a 19-county area that stretches from Gilroy to the Oregon border. To learn more about Girl Scouts of Northern California, visit www.gsnorcal.org ★

No Water for You!

Continued from page 1

report, along with other feedback received from industry and the public, will be considered. He said a new draft of the rules will be released this spring.

"With changing weather conditions threatening to reduce the state's water supply 10% by 2040, California is advancing an all-of-the-above strategy to bolster water supplies throughout the state, including conservation," Ortiz said.

Heather Cooley, director of research at the Pacific Institute, a global water think tank, said conservation and efficiency are the cheapest, fastest ways to meet California's water needs as climate change renders supplies more variable and uncertain.

"We have to take real action to ensure we can provide safe, clean, reliable water for California communities," she said. "Retrofitting and taking out old devices, transforming our landscapes, all of those things have a cost. But it's far less than developing new sources of supply."

Mandated by a package of 2018 laws, the intent of the rules is to make conservation "a way of life" in California. The rules, which are two years behind schedule, are expected to be adopted by the water board this summer before taking effect in October.

The rules don't target individuals or businesses, instead setting individualized conservation targets for urban water agencies across the state based on goals for indoor and outdoor water use, leaks and other factors.

By 2035, water providers will collectively need to reduce water use by 14%. The savings would be enough to supply about 1.2 million homes every year, or about 1% of the state's total water use.

The report called this amount "modest," noting that "the agricultural sector uses about four times as much water as the urban sector."

Water agencies and city officials warned that complying would be costly, roughly \$13.5 billion from 2025 to 2040 for rebates and other efforts to cut residential use. The benefits are anticipated to reach about \$15.6 billion, in large part because suppliers and customers will buy less water.

The Legislative Analyst's report noted that an assessment by a consulting firm commissioned by a water supplier raised questions about those calculations. They noted that customers, particularly low-income households, would likely bear the brunt of rates increased to cover the costs.

"Even if benefits outweigh costs in the long run, whether they merit the amount of work and costs to implement the requirements as currently proposed is uncertain," the report said.

Jay Lund, vice-director of the Center for Watershed Sciences at the University of California, Davis, called the report "an unusually frank assessment."

"Although there is good room for further conservation, this additional State effort seems like it is probably not needed, or at least, need not be as stringent and complicated as it seems. It has been asked, 'Is this juice worth the squeeze?'" he told CalMatters in an email.

During the last three-year severe drought, which ended last year, the Newsom administration set voluntary conservation goals that were largely ineffective. Californians used only about 6% less water from July 2021 through the end of last year compared to 2020, far less than Gov. Gavin Newsom's 15% goal.

Some areas, especially in hot, inland areas of the state, will require more stringent conservation than others under the proposed rules. Inland and eastern California will be required to cut back the most, with the biggest cuts, up to 34%,

needed in desert areas, followed by the Tulare Lake region.

Even in the North Coast area, which as a whole is not expected to need to cut back at all to meet the 2035 targets, two large suppliers serving more than 1.6 million customers will nevertheless need to reduce their water use by a quarter.

But increasing conservation in the places that need it most will seem a bargain when inevitable longer and drier droughts occur, said Felicia Marcus, former chair of the water board and now a visiting fellow at Stanford University's Water in the West Program.

"The goal is both to make each locality more resilient to the nightmare curveballs climate change is throwing at us, and to do it in a way that integrates efficiency first and foremost as the most cost and carbon effective measure in the long run," Marcus said.

Sonja Petek, the principal fiscal and policy analyst who authored the report, said the office isn't saying to abandon the conservation regulations, it's just recommending changes to make them more feasible.

"Water conservation is one of the important components of the state's overall water management strategy," she said, citing more severe and prolonged droughts and the need to reduce reliance on overdrafted groundwater basins. "Our concern is that if these regulations were adopted as written, it could lead to a scenario where compliance is not feasible for some water suppliers, so the state might not achieve its ultimate goals."

Assemblymember Laura Friedman, a Democrat from Burbank and an author of the original legislation, said the report "raises some valid concerns with the rulemaking process thus far, however, I have faith in the water board to do its due diligence in implementing the standards that were passed." ★

Dignity Health Donates \$1,060,274 to Sacramento-Area Nonprofits

Continued from page 1
committed to developing, promoting, and facilitating evidence-based education to raise awareness on possible life altering decisions, thereby saving lives," said Angela Y. Webb CEO/

Executive Director at Arrive Alive California, Inc. "With the support of Dignity Health, we can take a big step towards building a community of responsible and empowered individuals who prioritize safety and

well-being." The Greater Sacramento Market has awarded community grants to fifteen collaborative projects across Sacramento and Yolo counties for CY 2024. ★

Rio Linda Resident Named Director of Impact at Local United Way

Continued from page 1
Yolo counties. The local United Way's Square One approach to ending poverty is grounded in a public health model and uses a threefold strategy to address community needs from birth and beyond: helping kids excel in school, investing in families and strengthening schools. At United Way's core is the philosophy that families possess the blueprint for their success. United Way supplies books to

young children, provides literacy tutoring, addresses housing and food security, leads the region's largest tax preparation initiative, and launched Sacramento's first guaranteed income program. United Way works across diverse school districts, providing case management for foster youth and leading the Community Schools initiative in West Sacramento. For more information or to make a donation, visit www.YourLocalUnitedWay.org ★



California's proposed water conservation rules too stringent and costly, analysts say. Photo courtesy of Tolga Ahmetler - Pexels



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River Cats Announce National Anthem Auditions for 2024 Season

Performers Must Submit Demo Prior to Feb. 10 Auditions

Sacramento River Cats News Release

WEST SACRAMENTO, CA (MPG) - It's sung prior to the first pitch of every game, and now you have the chance to do the same as the Sacramento River Cats have announced their National Anthem auditions for the 2024 baseball season will take place at Sutter Health Park on Feb. 10.

Auditions are open to all soloists, groups, and instrumentalists, and those interested in performing prior to a River Cats game must submit an audition demo by Friday, Jan. 26. Demos received past this date will not be considered.

All demos submitted must be an acapella version of the Star-Spangled Banner, sung in full with clear, consistent, and correct lyrics. The full



performance must not exceed 90 seconds.

To submit a demo, please email an mp3 or YouTube link to Logan Flair at lflair@rivercats.com. The subject line should read "2024 National Anthem Demo" and include a name, phone number and email address in the body of the email. Submissions that do not meet any of the submission directions or

guidelines will not be considered for call backs.

The River Cats will invite the top demos submitted to Sutter Health Park for a live audition. Due to the volume of applicants, performers will only be contacted if they are selected to audition in person. Participants will be contacted the week of Jan. 29 with further instructions. ★

Budget Deficit Will Test If School Spending Is The Key To Achievement



By Dan Walters, CALMatters.org

When California's governors and legislators write state budgets, they begin with projecting how much revenue the state is likely to receive.

It's a semi-educated guess that is often billions of dollars removed from the eventual reality, given the high level of volatility in the state's taxation system.

With a revenue number in hand, officialdom then calculates how much of it must be allocated to public schools under Proposition 98, the 1988 ballot measure that governs financing of K-12 schools and community colleges.

It's roughly 40%, but since the revenue assumption is shaky at best, Prop. 98's complex formulas are subject to varying interpretations. The calculation also includes estimates of local property taxes, so the number that emerges for schools is also rather arbitrary.

Whatever the figure may be in any given year, it never precisely squares with reality, which then requires reconciliation in the next budgetary cycle. The 2024-25 budget that Gov. Gavin Newsom proposed this week exemplifies the annual exercise.

When he and the Legislature agreed on a

2023-24 budget last June, they decided that Prop. 98 would give schools, in property taxes and state aid, \$110.6 billion in 2021-22, \$107.4 billion in 2022-23, and \$108.3 billion in 2023-24.

This week's budget declares that those numbers are cumulatively \$11.3 billion too high since revenues are running well under previous estimates. Meanwhile, the Legislature's budget analyst, Gabe Petek, had calculated that they are \$21 billion too high because his revenue estimates are lower than the governor's.

The differing revenue estimates – and the equally divergent calculations of school financing – together account for most of the \$30 billion-plus gap between Newsom's estimate of a \$38 billion deficit and Petek's \$68 billion estimate.

By tapping into a special reserve fund for schools, Newsom's budget proposal makes up most of his \$11.3 billion shortfall between what Prop. 98 requires and what school officials thought they would be getting over the three-year period, thereby shielding them from having to absorb big reductions in money they've already spent.

However, if Petek's more pessimistic revenue estimate turns out to be closer to reality than Newsom's, schools could take big hits and state officials would face pressure to change how schools are financed and how state aid, whatever the level, is allocated.

The latter generally is based on attendance – so

much for each student, with bonus allocations to school districts with substantial numbers of English learners or students from poor households to help them overcome a chronic achievement gap in basic academic skills.

Newsom's proposed budget projects that K-12 schools will receive \$126.8 billion in 2024-25 from local property taxes, state aid and federal funds, or an average of \$23,519 per student.

That's double what it was a decade ago, but there's no indication that the sharp increase in school spending has resulted in a commensurate increase in academic achievement. The state's own competency tests, as well as nationwide tests, show little, if any, overall improvement and the achievement gap is as wide as ever.

Per-pupil financing is likely to increase in the years ahead because public school enrollment is declining and Prop. 98's formula is largely based on revenue, regardless of how many students are in the system.

K-12 enrollment peaked at 6.3 million in 2004, is now below 6 million and is expected to drop to under 5 million in the next decade due to low birthrates and the state's overall population decline.

It will test whether money is truly the key to educational achievement, as the education establishment contends, or other factors are preventing California kids from realizing their potential.

Dan Walters has been a journalist for more than 60 years, spending all but a few of those years working for California newspapers. ★

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<p>Rio Linda Seventh Day Adventist Church 7535 - 10th St. and U Rio Linda</p> <p>Sabbath School 9:15 a.m. Worship Services 11 a.m.</p>	<p>North Metro Church of Christ 4191 Norwood Ave., Sacramento 95838 (916) 923-1147 Minister Pete Savage</p> <p>SUNDAY Bible Classes: 10 a.m. Worship: 11 a.m. Worship: 6 p.m. Wed. Bible Classes: 7 p.m.</p>	<p>LIBERTY MINISTRIES CHRISTIAN FELLOWSHIP Pastor Shannon Fannin</p> <p>Liberty Ministries extends an invitation to come and join us for Celebration Worship Sunday 9 a.m.</p> <p>Youth Extreme & Food Closet (916) 922-6442 4840 Marysville Blvd. www.libertymcf.net</p>
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Social Security Matters

I'm Returning to Work; What Should I Do About Social Security?



By Russell Gloor, AMAC Certified Social Security Advisor

Dear Rusty: I started collecting Social Security at age 62 earlier this year. I had an opportunity to partner in a new business this year that will allow me to earn about \$200,000 in 2024. Because this is significantly above the allowed earnings when collecting early benefits, I need advice on how I handle this with the Social Security Administration. Am I supposed to call them and advise them of my change in income for 2024? If so, am I going to be penalized in any way? I expect they will stop all payments in 2024 once I alert them to the change. Will I be eligible for Social Security payments when I retire again? This is planned to take place before I reach full retirement age of 67. For information, my 2023 income will not exceed the 2023 allowable income limit. **Signed: Un-retiring Temporarily.**

Dear Un-retiring: You have a couple of options, considering that you recently claimed early Social Security benefits but are returning to work with income significantly more than the 2024 earnings limit of \$22,320.

contact Social Security and tell them you are returning to the work force and tell them your anticipated 2024 income. They will suspend your SS benefits for all of 2024 (to avoid overpaying you and making you return those 2024 payments later). If you plan to continue in your new business beyond 2024, you can advise them of that as well and they will continue the suspension of your benefits, until such time as you either discontinue working or reach your full retirement age (the earnings test no longer applies after you reach your FRA). At that time, SS will resume your monthly Social Security payments and, at your FRA, will give you time credit for all months your benefits were suspended, providing you with a higher monthly payment after your full retirement age is attained (with an adjustment for benefits already paid).

Your other option is to contact Social Security soon and request that your recent application for Social Security benefits submitted earlier this year be withdrawn. You have 12 months from the date of your application to do this, but you will need to repay Social Security all money which they paid to you or on your behalf (including your monthly payments, any income tax you had withheld from those payments, and any dependent benefits which might have been paid based on your record). That will effectively "wipe the slate clean" with Social Security and will be as though you had

never claimed, allowing you to simply wait until you stop working, or until your FRA, or even beyond your FRA, to re-apply for Social Security at a higher monthly amount. The advantage of this option is that when your benefit restarts there will be no adjustment (reduction) for past benefits paid.

What I suggest you not do is simply wait to see what happens. That would result in Social Security catching up after the IRS informs them of your 2024 earnings, resulting in you receiving an Overpayment Notice from the SSA demanding repayment of 2024 benefits paid. In that case, you would need to quickly repay Social Security in a large lump-sum or have your SS benefits withheld until the debt for exceeding the earnings limit was repaid. In a nutshell, I suggest you call Social Security and tell them you are returning to work, what your earnings are expected to be, and for how long.

This article is intended for information purposes only and does not represent legal or financial guidance. It presents the opinions and interpretations of the AMAC Foundation's staff, trained and accredited by the National Social Security Association (NSSA). NSSA and the AMAC Foundation and its staff are not affiliated with or endorsed by the Social Security Administration or any other governmental entity. To submit a question, visit our website (amacfoundation.org/programs/social-security-advisory) or email us at ssadvisor@amacfoundation.org. ★

Chair/Vice Chair Elected to Board of Supervisors

Sacramento County News Release

SACRAMENTO COUNTY, CA (MPG) - The annual vote to elect a new chair and vice chair of the board of supervisors was held on the Tuesday, Jan. 9 meeting. This year's elected chair is Supervisor Patrick Kennedy of District 2, and Supervisor Phil Serna of District 1 was elected vice chair.

"I am honored to serve as the 2024 chair of the Sacramento County Board of Supervisors," said Kennedy. "It is a privilege to serve the residents of our county in this capacity, and I am ready to take up the responsibilities that come with this role. I am committed to working collaboratively with my fellow supervisors and community stakeholders to address the challenges and opportunities that lie ahead. I look forward to a productive and successful year."

Board chair responsibilities include the following:

- Acts on procedural matters or questions.
- Recognizes a member of the board desiring to speak on an item.
- Is entitled to vote on all matters before the board, participate in discussion relating to any matter, make motions without relinquishing the chair, and second any motion without relinquishing the chair.
- Sits on other boards/commissions as a representative of the County of Sacramento and is the point of contact for questions from the public regarding the meetings (i.e., coordination of resolutions/presentations and general questions not specific to a district, etc.)
- The chair and vice chair serve annual terms. ★

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- Copy Editor** – We are seeking a part-time copy editor for our newspaper group. This position works in the Carmichael office and works directly with Editor. Work hours are flexible between 8:30 to 5:00 Monday through Friday. Previous editing experience is required.
- City Reporter** – We are seeking a part-time City Reporter for our newspaper group. This position may be assigned to work in the Carmichael office or another area office and works directly with the Editor. Work hours are flexible depending on assignments. Previous reporting experience is required.
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- Delivery Driver** – We are seeking a part-time Delivery Driver for our newspaper group. This position would transport newspapers from our Carmichael office to our offices in Marysville and Gridley. Work hours are from 8:30 to 4:00 every Thursday. Must be able to lift and move bundles of newspapers without assistance. Must have your own reliable cargo van. This is an independent contractor position and pays a flat rate for your service.
- Newsstand Delivery Driver** – We are seeking a part-time Newsstand Delivery Driver for our newspaper group. This position works from the Carmichael office and delivers to our locations in the West Sacramento/Sacramento Region. Work hours are from 8:30 to 5:00 Thursday and/or Friday. Must be able to lift and move bundles of newspapers without assistance. You must have a reliable vehicle. This is an independent contractor position.

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Kings Korner

By V.G. Harris



Sacramento Kings Empower Youth through Continued Mentorship Initiatives

Sacramento Kings News Release

SACRAMENTO, CA (MPG)

- On January 10, as part of National Mentorship Month, the Sacramento Kings announced they will continue their ongoing commitment to highlighting the significance of mentorship and the importance of becoming a mentor. The team will continue to work with MENTOR California and partner with UC Davis Graduate School of Management to engage with youth and promote more involvement in the mentorship process.

"The Kings mentorship initiatives create pathways for local youth to engage with the team in unique ways, highlighting the impact on both mentees and mentors," said Sacramento Kings Chief Operating Officer Matina Kolokotronis. "To inspire and empower the next generation, we must shine a light on the diverse avenues and opportunities available for our youth."

"The Sacramento Kings continue to be champions for mentoring and MENTOR California, and it is because of their collaborative spirit and partnership that we are excited for this next adventure in our mentoring movement with the UC Davis School of Business Management," said MENTOR California Executive Director Marcus L. Strother. "Having amazing partners, like the Sacramento Kings, who believe in the power of

agency, belonging and connection is what allows us to continue lifting up the necessity of mentorship and amplifying mentoring during National Mentoring Month and beyond!"

Through a partnership with UC Davis Graduate School of Management, the Kings will continue their Fastbreak Mentoring program with UC Davis MBA students in the Collaborative Leadership Program mentoring students from Improve Your



Tomorrow on educational pathways and career readiness while offering an opportunity to connect with Kings team members to learn about jobs in sports and entertainment. This will be an exclusive, behind-the-scenes glimpse into the inner workings of a professional sports team.

During January, the mentors and mentees will meet at four Kings home games to discuss their goals and aspirations, participate in panel discussions, tour the arena and interact with Kings team members and personnel. Also, on January 27, mentees will attend the Brotherhood Conference, presented by Improve Your Tomorrow and My

Brother's Keeper, to learn how they can continue to support their mentees.

Throughout the month, the team will be elevating the importance of mentoring through their social channels and billboards in the region with resources and videos sharing messages from Kings players. The team will also recognize a special mentor selected by MENTOR California on-court on January 22 as the Kings take on the Atlanta Hawks. Fans can nominate worthy mentors starting January 4, by tagging them on the Kings Community Instagram: @kings_community.

The Kings are committed to investing in positive pathways that support youth beyond January mentorship month. For the past six years, the Kings, in partnership with the Black Child Legacy Campaign, have led the Kings and Queens Rise Youth Sports and Mentoring League, which seeks to prevent and interrupt violence by providing a caring, productive environment through community building, sportsmanship, and health and safety resources. The organization has participated in several Fastbreak Mentoring Sessions to connect youth with Kings team members and has hosted Studio Sessions to make top entertainment talent accessible as mentors, both to share insight about careers in the sports and entertainment industries.

For more information, visit Kings.com. ★

The roller coaster team of the NBA, namely the Sacramento Kings, put together a comprehensive and highly entertaining performance Sunday night in Milwaukee. For all of us that are die-hard Kings fans, you witnessed a team effort on both ends of the court, and, finally, coach Brown tightened up his rotations, limiting substitutions to four players off the bench.

In previous outings, coach Brown has kept us guessing as to who would come off the bench, and at times it was difficult to make sense of the substitutions.

One notable rotation included for perhaps the first time, Sabonis and Alex Len on the court at the same time, and the team responded, playing with enthusiasm at both ends.

Many times during the early season, we have needed more rim protection, and simply more size to match up with bigger teams, but Brown has been resistant to putting Sabonis and Len together. Sunday gave way to optimism as Len became that needed rim protector, and although his 4 points and 5 rebounds may not sound like much, in only 11 minutes of play his presence was felt.

Domantas Sabonis claimed his 10th triple double of the season, 2nd in the NBA, and has begun to develop a mid-range game that gives him another weapon for the opposition to deal with. In addition to 21 points, 13 rebounds, and an astonishing 15 assists, Sabonis added a 3-pointer for good measure.

This was a highly entertaining game that turned into a loss in overtime for only one reason, our inability to hit free throws. Our best free throw shooter, Malik Monk, missed two in a row in overtime, and De'Aaron Fox missed one of two, setting up the last-second, 30-foot arching rainbow by Damian Lillard to win the game by one point for the Bucks.

The Kings were coming off of a disappointing loss to the Philadelphia 76ers, but were still 2-1 on the road trip coming into Milwaukee.

Coach Brown was tossed from the game for the first time this season, and

the team responded with energy, making the 4th quarter a real contest, ending with a Fox layup that tied the game and forced overtime.

As much as I hate to bring officiating into the equation, once again the referees did an abysmal job. At times we would be better off with a coin flip in deciding out-of-bounds calls, or whether to call a charge versus a block.

I truly believe if we switched out the division 1 NCAA referees for the NBA group, we would see an immediate improvement in the quality of the officiating.

Of course, it shouldn't be this way, and with the advent of having the ability to challenge calls, the NBA has mitigated some of the more obvious mistakes, but more needs to be done.

I believe it starts with better off-season training, but without a doubt, the NBA needs to hold each referee accountable, and a vetting process should be in place so that some referees can rotate out, and news ones in.

When it comes to challenges, the Kings simply don't take advantage of the process in place, going many games without even taking a challenge. When the Kings challenge, they are simply not good at it, with an abysmal 28% winning percentage. It's hard to understand how you can be wrong three out of every four times, but the stats don't lie, and just like shooting free throws, the Kings need to get better.

What a surprise the Philadelphia 76ers have a league best 84% free throw percentage, and the Kings are dead last in 30th place with a percentage of 73%.

So, while a part of me applauds the vociferous energy that coach Brown brought to the floor Sunday night, I think he should direct some of that energy towards his team with regards to shooting free throws.

Thank you to the many that have reached out to me with your thoughts and comments. Let me know what you think at vgharrskingsfan@gmail.com.

Until next time, keep the faith! ★

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Food & Farm NEWS

Merced, Sonoma poultry farms hard hit as avian flu outbreak spreads

Outbreaks of a highly contagious strain of avian influenza have spiked markedly this winter, leading to the recent destruction of 3.78 million birds at poultry farms in Merced and Sonoma counties. Until last fall, the disease appeared to have left California poultry farms relatively unscathed compared to farms in states such as Iowa, the nation's largest egg producer. While California bird losses totaled 751,680 the first year of the outbreak, losses topped 4.7 million in 2023, with most of the cases occurring since October, according to the U.S. Department of Agriculture.

Desert farmers are pleased with winter vegetable harvest

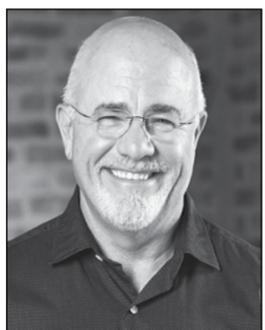
Winter vegetable harvest is in full swing in the Imperial Valley and growers say the conditions this season have been close to perfect. Growers say a fall planting season without heat waves and a mild winter have created ideal conditions for leafy greens and vegetables. Alex Jack of Jack Brothers grows lettuce, broccoli, cauliflower and other crops in the Imperial Valley. "Our crops are looking fantastic," Jack said. "We're pretty much right on schedule." The Imperial Valley and neighboring Coachella Valley produce the lion's share of America's winter vegetables.

Snowfall, rain diminish in early 2024 after California's wet 2023

Unlike early 2023, when nonstop atmospheric river storms built a deep Sierra Nevada snowpack, replenished depleted reservoirs and flooded parts of California, snowfall and rain has sharply diminished so far this year. In the days since the first Sierra Nevada snow survey of 2024 last week, storms added more snow, increasing the early January statewide snowpack figure of 25% of average to 36% of average as of Monday. At this time last year, the state's snowpack measured 117% of average, which is more than half of the average yearly total. But key precipitation months are still to come.

Organic market is robust for berries, prepackaged salads

The prospects for organic produce remain strong in these inflationary times, according to leaders of some of the largest grower-shipper operations. Statistics gathered by the Category Partners farm market data firm show that organic berry sales increased nearly 7% in the third quarter of 2023 compared to the previous year, while organic prepackaged salads were up 5.4%. Sales of organic lettuce, onions and tomatoes were all up less than 4% year over year, while sales of organic celery, squash and peaches were down. ★



Work Hard Now, Celebrate Later

Dear Dave,
My wife and I have started teaching our five-year-old son about money. Do you feel we should step in and fix things when he makes mistakes, or let him experience the consequences of his actions? It's so hard on my wife, especially, to see him disappointed when he makes a mistake, and his plans don't work out.

— Lane

Dear Lane,

I know this might sound mean to some folks, but sometimes a good financial disappointment when you're young is the best thing that can happen to you. They're hard to watch happen, or to experience, but often they'll teach life-long lessons. No decent parent wants to see their child sad or hurt, but reality is a

Dave Ramsey Says

pretty good teacher when it comes to learning how the world really works.

One of the jobs of a parent is to look for teachable moments with their kids. Of course, when it comes to teaching there's always a chance the student won't learn the lesson well enough the first time around. I'm not sure how you're doing things, but if I were in your shoes, I'd follow these steps. First, give him a chance to earn some money. In my book, that means work. No allowances! There's a lot of self-esteem and value to be found in accomplishing a given task successfully. Then, once you pay him for the work he does, you have another perfect chance for teachable moments, because you can help him learn about saving, spending and giving, and how to do all three wisely.

It's always hard on parents when they see their kids unhappy. I know we went through it with ours. As a parent and protector, you want to jump in and

make everything okay. But the hard truth is that fixing or doing everything for them is the easy way out. And in the process of doing that, a child will begin to develop a sort of learned helplessness.

Sometimes, Lane, you need to love kids enough to not do things for them. Let them make some mistakes, experience the consequences and fix things themselves. And it's better for them to do all this while they're still under your guidance and protection.

— Dave

Dave Ramsey is an eight-time national best-selling author, personal finance expert and host of *The Ramsey Show*. He has appeared on *Good Morning America*, *CBS This Morning*, *Today*, *Fox News*, *CNN*, *Fox Business* and many more. Since 1992, Dave has helped people take control of their money, build wealth and enhance their lives. He also serves as CEO for Ramsey Solutions ★

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Carmichael Times Adjudicated For and By the County of Sacramento, Adjudication No. 317294 - February 7, 1984
Rancho Cordova Independent Adjudicated For and By the County of Sacramento, Adjudication No. 195380 - September 18, 1969
Citrus Heights Messenger Adjudicated For and By the County of Sacramento, Adjudication No. 34-2020-00273535 - March 12, 2020
The Rio Linda News Adjudicated For and By the County of Sacramento, Adjudication No. 358073 - March 21, 1988

Legal Advertising 7144 Fair Oaks Blvd #5 Carmichael, CA 95608

FICTITIOUS BUSINESS NAME STATEMENTS

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-09052
Jagdeep Garcha P.T., 3919 Rutlan Way, Rocklin, CA 95677 is doing business under the Fictitious Business Name(s) "Crux Rehabilitation" 3800 Watt Avenue Suite 225, Sacramento, CA 95821. Filed with the Clerk of Sacramento County December 12, 2023
Publish: Dec 22, 29, 2023 Jan 5, 12, 2024 CALIFORNIA 1-12-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-09050
Jeffrey W Will, 7846 Winding Way, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "California Concepts/Will Hill" 7846 Winding Way, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County December 12, 2023
Publish: Dec 22, 29, 2023 Jan 5, 12, 2024 CALIFORNIA 1-12-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-09057
Mazin Alhaidari, 5015 Kenneth Avenue, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "GUDEA" 5015 Kenneth Avenue, Carmichael, CA 95608. Filed with the Clerk of Sacramento County December 12, 2023
Publish: Dec 22, 29, 2023 Jan 5, 12, 2024 GUDEA 1-12-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-09054
Roberta L. Barth, 9313 Ridgeside Lane, Orangevale, CA 95662 is doing business under the Fictitious Business Name(s) "Project Coordinating Expert" 9313 Ridgeside Lane, Orangevale, CA 95662. Filed with the Clerk of Sacramento County December 12, 2023
Publish: Dec 22, 29, 2023 Jan 5, 12, 2024 PROJECT 1-12-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-08715
Anita Smedley-Brown, 2236 Zinfandel Drive, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "First Watch Evening, Overnight, Weekend & Respite Care" 2236 Zinfandel Drive, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County November 27, 2023
Publish: Dec 22, 29, 2023 Jan 5, 12, 2024 FIRST 1-12-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-08745
Middleton Strategies LLC, 5750 Sunrise Boulevard Suite 225-J, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "Middleton General Contracting/Middleton Property Management" 5750 Sunrise Boulevard Suite 225-J, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County November 28, 2023
Publish: Dec 22, 29, 2023 Jan 5, 12, 2024 MIDDLETON 1-12-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-08957
Iris Salon Suites, Inc., 11829 Delavan Circle, Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name(s) "Phenix Salon Suites" 3160 Arden Way, Sacramento, CA 95825. Filed with the Clerk of Sacramento County December 6, 2023
Publish: Dec 22, 29, 2023 Jan 5, 12, 2024 PHENIX 1-12-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-08965
Sorin Mocan, Julian Mocan and Evan Mocan, 8820 Ridge Hill Court, Orangevale, CA 95662 are doing business under the Fictitious Business Name(s) "Sorin's Painting" 8820 Ridge Hill Court, Orangevale, CA 95662. Filed with the Clerk of Sacramento County December 6, 2023
Publish: Dec 22, 29, 2023 Jan 5, 12, 2024 SORINS 1-12-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-09090
Judith Burrell, 2736 14th Street, Sacramento, CA 95818 is doing business under the Fictitious Business Name(s) "J Roseth Executive Coaching" 2736 14th Street, Sacramento, CA 95818. Filed with the Clerk of Sacramento County December 13, 2023
Publish: Dec 22, 29, 2023 Jan 5, 12, 2024 ROSETH 1-12-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-08966
Qingtian Inc., 3700 Crocker Road Suite 150, Sacramento, CA 95818 is doing business under the Fictitious Business Name(s) "Tasty Dumping," 3700 Crocker Road Suite 150, Sacramento, CA 95818. Filed with the Clerk of Sacramento County December 6, 2023
Publish: Dec 22, 29, 2023 Jan 5, 12, 2024 TASTY 1-12-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-09117
Crawford Bros Inc, 25216 HWY 96, Klamath River, CA 95050 and Shannon Enterprises, Inc, 8330 Hidden Valley Circle, Fair Oaks, CA 95628 are doing business under the Fictitious Business Name(s) "CBSE Properties" 8330 Hidden Valley circle, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County December 13, 2023
Publish: Dec 22, 29, 2023 Jan 5, 12, 2024 CBSE 1-12-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-08930
Ray Acosta and Cathy Acosta, 4824 Arboledo Drive, Fair Oaks,

CA 95628 are doing business under the Fictitious Business Name(s) "It's About the Wood" 4824 Arboledo Drive, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County December 6, 2023
Publish: Dec 29, 2023, Jan 5, 12, 19, 2024 WOOD 1-19-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-09128
Tracy Dias, 4925 El Camino Avenue, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Clear Vision Window Cleaning" 4925 El Camino Avenue, Carmichael, CA 95608. Filed with the Clerk of Sacramento County December 14, 2023
Publish: Dec 29, 2023, Jan 5, 12, 19, 2024 CLEAR 1-19-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-09149
Diana L. McDowell, 2822 Londonderry Drive, Sacramento, CA 95827 is doing business under the Fictitious Business Name(s) "D&D Creations" 2822 Londonderry Drive, Sacramento, CA 95827. Filed with the Clerk of Sacramento County December 14, 2023
Publish: Dec 29, 2023, Jan 5, 12, 19, 2024 CREATIONS 1-19-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-09130
Auto Discount Outlet, LLC, 3451 Longview Drive Suite 140 Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "autodiscountoutlet.com" 3451 Longview Drive Suite 140 Sacramento, CA 95821. Filed with the Clerk of Sacramento County December 14, 2023
Publish: Dec 29, 2023, Jan 5, 12, 19, 2024 AUTO 1-19-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-09195
Mustafa Anan Liddawi, 2110 Big Sky Drive, Rocklin, CA 95765 is doing business under the Fictitious Business Name(s) "Yalla Yalla Hot Sauce" 5800 Madison Avenue #5, Sacramento, CA 95841. Filed with the Clerk of Sacramento County December 18, 2023
Publish: Dec 29, 2023, Jan 5, 12, 19, 2024 YALLA 1-19-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-09178
Maria B Thomas, 9316 Los Torres Drive, Elk Grove, CA 95624 is doing business under the Fictitious Business Name(s) "Glow Miami Designs" 9316 Los Torres Drive, Elk Grove, CA 95624. Filed with the Clerk of Sacramento County December 15, 2023
Publish: Dec 29, 2023, Jan 5, 12, 19, 2024 GLOW 1-19-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-09381
Cory David Hopson Jr, 9184 Blue Point Lane Unit #15, Sacramento, CA 95826 is doing business under the Fictitious Business Name(s) "CDB Apparel" 9184 Blue Point Lane Unit #15, Sacramento, CA 95826. Filed with the Clerk of Sacramento County December 21, 2023
Publish: Dec 29, 2023, Jan 5, 12, 19, 2024 CDB 1-19-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-09378
Villa Mosa Properties LLC, 311 E Street, Rio Linda, CA 95673 is doing business under the Fictitious Business Name(s) "Villa Mosa Properties" 311 E Street, Rio Linda, CA 95673. Filed with the Clerk of Sacramento County December 21, 2023
Publish: Dec 29, 2023, Jan 5, 12, 19, 2024 VILLA 1-19-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-09315
Berk Street Enterprises, Inc., 2377 Gold Meadow Way Suite 100, Gold River, CA 95670 is doing business under the Fictitious Business Name(s) "Zion Healing Gold River" 2377 Gold Meadow Way Suite 100, Gold River, CA 95670. Filed with the Clerk of Sacramento County December 20, 2023
Publish: Dec 29, 2023, Jan 5, 12, 19, 2024 ZION 1-19-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-09123
Mark Dowling, 5559 Turnbull Circle, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "Round Tower Photography" 5559 Turnbull Circle, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County December 13, 2023
Publish: January 5, 12, 19, 26, 2024 FOLSOM 1-26-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-08808
Edward Boitano, 8139 Sunset Avenue #110, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "Folsom-Collectibles" 8139 Sunset Avenue #110, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County November 29, 2023
Publish: January 5, 12, 19, 26, 2024 FOLSOM 1-26-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-09407
Heather Peterson Family Therapy Inc., 507 Natoma Street, Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "Rooted Counseling" 507 Natoma Street, Folsom, CA 95630. Filed with the Clerk of Sacramento County December 22, 2023
Publish: January 5, 12, 19, 26, 2024 ROOTED 1-26-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-09368
Debbie Westwood, 733 Estates Drive, Sacramento, CA 95864 and Deborah Westwood, 11427

Hesperian Circle, Gold River, CA 95670 are doing business under the Fictitious Business Name(s) "Westwood Family Cellars" 733 Estates Drive, Sacramento, CA 95864. Filed with the Clerk of Sacramento County December 21, 2023
Publish: January 5, 12, 19, 26, 2024 WESTWOOD 1-26-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-09383
Seyed-Javad Masseemi and Fariba Saghari, 106 Canyon Rim Drive, Folsom, CA 95630 are doing business under the Fictitious Business Name(s) "M&S Consulting & Trades" 106 Canyon Rim Drive, Folsom, CA 95630. Filed with the Clerk of Sacramento County December 21, 2023
Publish: January 5, 12, 19, 26, 2024 CONSULTING 1-26-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-09500
Stephanie Jo Tembey, 10767 Ivoryton Way, Mather, CA 95655 is doing business under the Fictitious Business Name(s) "Sun Ray VA" 10767 Ivoryton Way, Mather, CA 95655. Filed with the Clerk of Sacramento County December 29, 2023
Publish: Jan 12, 19, 26, Feb 2, 2024 SUN 2-2-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-09398
Travis William Blair, 8033 Jaden Lane, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "Always Open Mostly Handy Man" 8033 Jaden Lane, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County December 22, 2023
Publish: Jan 12, 19, 26, Feb 2, 2024 ALWAYS 2-2-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-09511
Grace O. Jackson, 3598 Kings Way Apt 35, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Fashionez by Gracious" 3598 Kings Way Apt 35, Sacramento, CA 95821. Filed with the Clerk of Sacramento County December 29, 2023
Publish: Jan 12, 19, 26, Feb 2, 2024 FASHIONEZ 2-2-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-09511
Gregory Bray, 2528 Midland Way, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Mr Drain Plumbing/Mr Drain" 2528 Midland Way, Carmichael, CA 95608. Filed with the Clerk of Sacramento County January 4, 2024
Publish: Jan 12, 19, 26, Feb 2, 2024 DRAIN 2-2-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-00134
Latifullah Qasim, 3678 Kings Way #2, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Spera MT" 3678 Kings Way #2, Sacramento, CA 95821. Filed with the Clerk of Sacramento County January 4, 2024
Publish: Jan 12, 19, 26, Feb 2, 2024 SPERA 2-2-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-09098
Joseph Padilla, 1607 Juliese Avenue Unit A, Sacramento, CA 95815 is doing business under the Fictitious Business Name(s) "Precision Machine Engine" 1607 Juliese Avenue Unit A, Sacramento, CA 95815. Filed with the Clerk of Sacramento County December 13, 2023
Publish: Jan 12, 19, 26, Feb 2, 2024 PRECISION 2-2-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-09471
Hy-Pro Homes LLC, 2300 Iron Point Road Apt 212, Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "HY-PRO Homes Design Studio" 2300 Iron Point Road Apt 212, Folsom, CA 95630. Filed with the Clerk of Sacramento County December 28, 2023
Publish: Jan 12, 19, 26, Feb 2, 2024 HYPRO 2-2-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-09099
Konstantin Fridman and Yuliya Fridman, 676 Russell Drive, Folsom, CA 95630 are doing business under the Fictitious Business Name(s) "Evoke Staging and Design" 676 Russell Drive, Folsom, CA 95630. Filed with the Clerk of Sacramento County December 13, 2023
Publish: Jan 12, 19, 26, Feb 2, 2024 EVOKE 2-2-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-09411
Jeffrey J Rho, DDS, PC, 2525 K Street Suite 108, Sacramento, CA 95816 is doing business under the Fictitious Business Name(s) "Rho Family Dentistry" 2525 K Street Suite 108, Sacramento, CA 95816. Filed with the Clerk of Sacramento County December 22, 2023
Publish: Jan 12, 19, 26, Feb 2, 2024 RHO 2-2-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-09318
John Price, 4045 Robertson Avenue, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Salon Art" 2440 Loma Vista Drive, Sacramento, CA 95825. Filed with the Clerk of Sacramento County December 20, 2023
Publish: Jan 12, 19, 26, Feb 2, 2024 SALON 2-2-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-00141
John Todd Stakes, 10930 Fair Oaks Boulevard, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "California RV Glass" 10930 Fair Oaks Boulevard, Fair Oaks, CA 95628. Filed with the Clerk of

Sacramento County January 4, 2024
Publish: Jan 12, 19, 26, Feb 2, 2024 CALIFORNIA 2-2-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-00012
American River Wellness LLC, 3102 O Street #6, Sacramento, CA 95816 is doing business under the Fictitious Business Name(s) "American River Wellness LLC" 3102 O Street #6, Sacramento, CA 95816. Filed with the Clerk of Sacramento County January 2, 2024
Publish: Jan 12, 19, 26, Feb 2, 2024 AMERICAN 2-2-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-09026
ECO-Pest Solutions, Inc., 1016 N. Market Boulevard #40, Sacramento, CA 95834 is doing business under the Fictitious Business Name(s) "Pest Pros Pest Solutions" 1016 N. Market Boulevard #40, Sacramento, CA 95834. Filed with the Clerk of Sacramento County December 11, 2023
Publish: Jan 12, 19, 26, Feb 2, 2024 PEST 2-2-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-00058
Jevon M. Sheley, 418 10th Street, Sacramento, CA 95814 is doing business under the Fictitious Business Name(s) "JM BBQ" 418 10th Street Apt #25, Sacramento, CA 95814. Filed with the Clerk of Sacramento County January 2, 2024
Publish: Jan 12, 19, 26, Feb 2, 2024 JM 2-2-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-00016
Besnik Marashi, 6925 Ohana Place, Orangevale, CA 95668 is doing business under the Fictitious Business Name(s) "ALB Painting" 6925 Ohana Place, Orangevale, CA 95662. Filed with the Clerk of Sacramento County January 2, 2024
Publish: Jan 12, 19, 26, Feb 2, 2024 ALB 2-2-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-09496
Paul Hyppolite, 10 Fairfield Court, Sacramento, CA 95833, is doing business under the Fictitious Business Name(s) "Unshackled Mind" 10 Fairfield Court, Sacramento, CA 95833. Filed with the Clerk of Sacramento County December 29, 2023
Publish: Jan 12, 19, 26, Feb 2, 2024 UNSHACKLED 2-2-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-08877
Daniel Bulzan, 7441 Danfield Circle, North Highlands, CA 95660 is doing business under the Fictitious Business Name(s) "Bulzan Construction Painting/B.C Painting" 7441 Danfield Circle, North Highlands, CA 95660. Filed with the Clerk of Sacramento County December 4, 2023
Publish: Jan 12, 19, 26, Feb 2, 2024 BULZAN 2-2-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-09476
Basher Bazirgan, 3822 El Camino Avenue, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Universal 24/7 Locksmith/Express Locksmith" 3822 El Camino Avenue, Sacramento, CA 95821. Filed with the Clerk of Sacramento County December 28, 2023
Publish: Jan 12, 19, 26, Feb 2, 2024 UNIVERSAL 2-2-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-00112
Mohammad Esa, 7441 Azimuth Lane, Sacramento, CA 95842 is doing business under the Fictitious Business Name(s) "Pro Device Repair" 2340 Sunrise Boulevard #14, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County January 4, 2024
Publish: Jan 12, 19, 26, Feb 2, 2024 PRO 2-2-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-00136
Nicholas Michael Andrew Beebe and Daniela Alicia Ferreira Lopes Beebe, 1053 Haman Way, Roseville, CA 95678 is doing business under the Fictitious Business Name(s) "Wigglers Worm World" 10422C Fair Oaks Boulevard, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County January 4, 2024
Publish: Jan 12, 19, 26, Feb 2, 2024 WIGGLERS 2-2-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-00078
King One, 5825 Watt Avenue, North Highlands, CA 95660 is doing business under the Fictitious Business Name(s) "King One" 5825 Watt Avenue, North Highlands, CA 95660. Filed with the Clerk of Sacramento County January 3, 2024
Publish: Jan 12, 19, 26, Feb 2, 2024 KING 2-2-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-00185
Ghosh Advanced Electrolysis and Esthetics, Inc, 10938 Tower Park Drive, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Synergy Skincare" 10938 Tower Park Drive, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County January 5, 2024
Publish: Jan 12, 19, 26, Feb 2, 2024 SYNERGY 2-2-24

ORDER TO SHOW CAUSE CHANGE OF NAME
SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME
#23CV012742
Gail Ann Eby-Martin has filed a

petition with this court for a decree changing the name(s) of Gail Ann Eby-Martin to Gail Ann Helms.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on February 27, 2024, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: December 4, 2023
Christopher E. Krueger, Judge of the Superior Court
Publish: Dec 22, 29, 2023 Jan 5, 12, 2024 MARTIN 1-12-24

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME
#23CV012747
Darian Alexander Brown has filed a petition with this court for a decree changing the name(s) of Darian Alexander Brown to Darian Alexander Wilkins.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on March 21, 2024, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: December 1, 2023,
Richard K. Sueyoshi Judge of the Superior Court
Publish: Dec 29, 2023, Jan 5, 12, 19, 2024 BROWN 1-19-2024

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME
#24CV000054
Fazl Ahmad Ahmadi has filed a petition with this court for a decree changing the name(s) of Ahmad Sodais Ahmadi to Sodais Ahmadi and Ahmad Ozair Ahmadi to Ozair Ahmadi.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on March 21, 2024, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: January 3, 2024
Christopher E. Krueger, Judge of the Superior Court
Publish: Jan 12, 19, 26, Feb 2, 2024 AHMADI 2-2-24

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME
#23CV013801
Ahmad Alhamadani and Sura Ali has filed a petition with this court for a decree changing the name(s) of Assaad Ahmad Abdulrahman Al Hamadani to Assaad Hamadani.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on March 13, 2024, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: December 20, 2023
Christopher E. Krueger, Judge of the Superior Court
Publish: Jan 12, 19, 26, Feb 2, 2024 HAMADANI 2-2-24

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME
#24CV000007
Dionna Marie Campbell has filed a petition with this court for a decree changing the name(s) of Dionna Marie Campbell to Dionna Marie Wangan.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on April 18, 2024, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: January 2, 2024
Richard K. Sueyoshi, Judge of the Superior Court
Publish: Jan 12, 19, 26, Feb 2, 2024 WANGAN 2-2-24

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME
#23CV013186
Mohammad Shaber Naser Ali has filed a petition with this court for a decree changing the name(s) of Mohammad Shaber Naser Ali to Shaber Zahiri.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on March 28, 2024, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: December 11, 2023
Richard K. Sueyoshi, Judge of the Superior Court
Publish: Jan 12, 19, 26, Feb 2, 2024 ALI 2-2-24

NOTICE OF PETITION TO ADMINISTER ESTATE
ADMINISTER ESTATE OF HARRY GENE NITSCHKE, AKA HARRY GENE NITSCHKE, JR
CASE NO. 23PR002040
To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both, of Harry Gene Nitschke, aka Harry Gene Nitschke, Jr.
A Petition for Probate has been filed by Soon Ja Nitschke, in

the Superior Court of California, County of Sacramento, requesting Soon Ja Nitschke be appointed as personal representative(s) to administer the estate of the decedent.

The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A hearing on the petition will be held in this court as follows January 18, 2024, 1:30 p.m. in Dept 129; Superior Court of California, County of Sacramento, William R. Ridgeway Family Relations Courthouse, 3341 Power Inn Road, Sacramento, CA 95826.

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the Attorney for Petitioner is: Rebecca H. Sem, 7540 Shoreline Drive, Stockton, CA 95219; 209-478-2000
Publish: Dec 29, 2023, Jan 5, 12, 2024 NITSCHKE 1-12-24

NOTICE OF PETITION TO ADMINISTER ESTATE OF MARNETTE ANN DIAZ
CASE NO. 23PR000390
To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both, of Marnette Ann Diaz
A Petition for Probate has been filed by Gina Frisby, in the Superior Court of California, County of Sacramento, requesting Gina Frisby be appointed as personal representative(s) to administer the estate of the decedent.

The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A hearing on the petition will be held in this court as follows January 24, 2024, 1:30 p.m. in Dept 129; Superior Court of California, County of Sacramento, William R. Ridgeway Family Relations Courthouse, 3341 Power Inn Road, Sacramento, CA 95826.

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

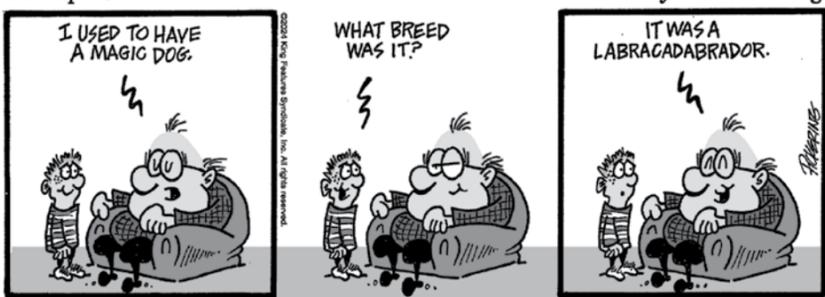
IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the Petitioner

COMICS & PUZZLES

The Spats

by Jeff Pickering



Amber Waves

by Dave T. Phipps



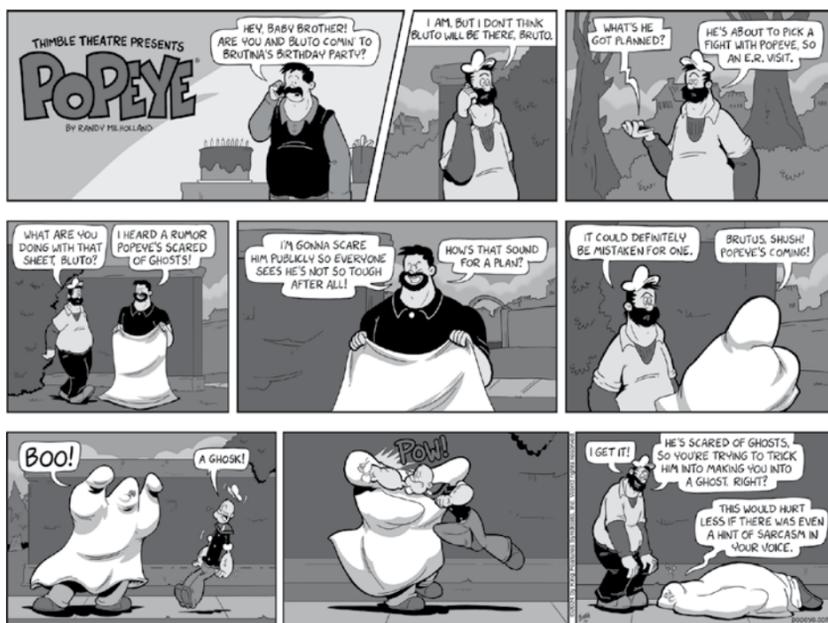
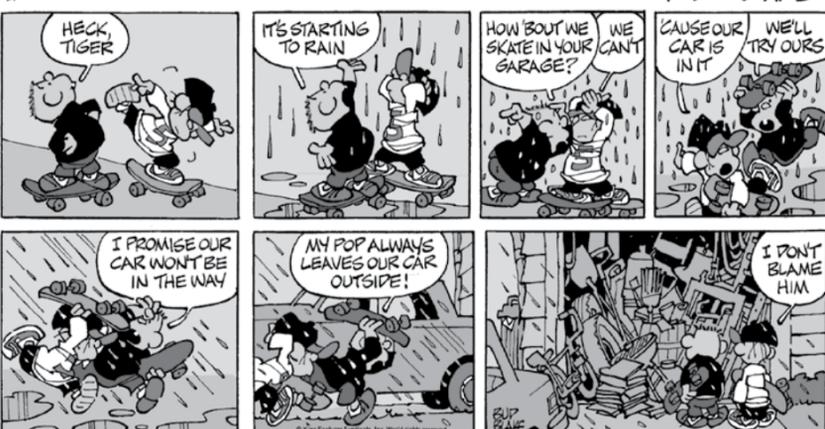
Out on a Limb

by Gary Kopervas



TIGER

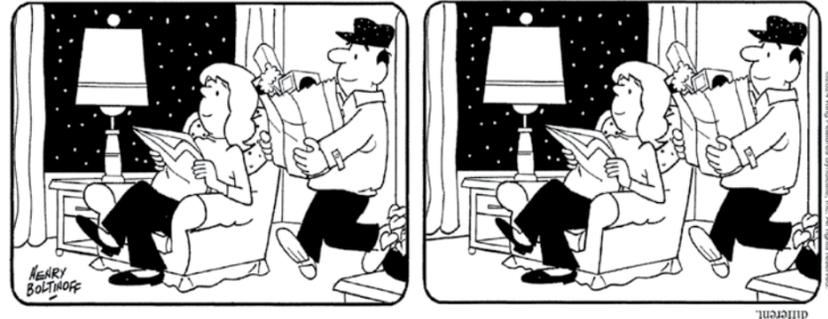
by BUD BLAKE



HOCUS-FOCUS

BY HENRY BOLTINOFF

Find at least six differences in details between panels.



GRIN and BEAR IT.

Just Like Cats & Dogs

by Dave T. Phipps



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STATEPOINT CROSSWORD • THE GRAMMYS

CLUES

ACROSS

- Moonshine maker
- *Artist with most 2024 Grammy nominations
- Not his
- "Roots" author
- That guy
- Full of emotion (2 words)
- Relating to #3 Down
- Tarzan's mom, e.g.
- Caribbean island destination
- *The Recording _____, voting organization
- **"What Was I Made For?" movie
- **"A Boy Named _____" 1970 Grammy winner
- Prickle on a wire
- Drench
- Waiter's handout
- *Grammy-nominated Lauper song, "True _____"
- Amusement destination
- Rachel Renee Russell's "_____ Diaries"
- Extend subscription
- South Korean boy band
- Type of wrap
- Italian wine region
- Forearm length unit
- Honey-producing facility
- Saw incision
- Nauseant
- Fancy marbles used as shooters
- U.S. Marine Corps gift recipient
- EU currency
- Aglet on a shoelace, e.g.
- *_____com Arena
- *Miley Cyrus' Song of the Year nominee and popular romantic gift
- Texas cook-off dish
- **"In the _____ Tonight," by Grammy-winner Phil Collins
- Send, as payment
- Safe place
- Bird word
- Leave out
- Bookkeeping entry
- Refrigerator sound
- Scatter

DOWN

- Not Sunni
- Baby powder ingredient
- Pelvic parts
- Shows the way
- Aristotle's school
- One-horse carriage
- Mailing "code"
- Single-cell protozoan
- *Grammy-winner, _____ Alpert
- *Purse for the red carpet
- Bumpkin
- Pampering place
- Bar _____, ME
- Rewards, in the olden days
- Pendulum's path
- Cantina staple
- "Ice _____, Best New Artist nominee
- Wooden ship caulking
- Space exploration

CROSSWORD

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SAFE Accepting Grant Applications for Financial Literacy Programs



SAFE Credit Union Vice President Community Relations and Financial Education Rebecca Delmundo. Photo courtesy of SAFE Credit Union.

SAFE Credit Unit Press Release

FOLSOM, CA. – (MPG) - In its drive to improve financial literacy in the Greater Sacramento region, SAFE Credit Union will grant \$20,000 to a nonprofit organization providing financial literacy and financial stability programs in underserved communities.

SAFE is accepting applications for the grant until Friday, Feb. 9, through its online application, or at <https://www.safecu.org/community/community-impact/funding/community-sustainability-grant-application-1>.

“Equipping people with the skills they need to take charge of their finances is one of our main motivations here at SAFE,” says Vice President of Community Relations and Financial Education Rebecca Delmundo, adding only 27 percent of California’s students attend schools

that offer personal finance courses.

“It’s essential for people to understand how to put aside savings, how interest rates and loans work, and how to handle debt for them to succeed in life. With so few students receiving formal financial literacy training, financial cooperatives like SAFE Credit Union and our nonprofit partners are stepping in to provide this much-needed education,” she continues.

Only 1 percent of California students are required to complete personal financial education courses to graduate from high school, according to state Department of Education statistics. There have been some political efforts to change that, with the Legislature recently considering proposals, and a 2024 ballot initiative in the works. However, the grant, says Delmundo, represents how SAFE and others in the region dedicated to providing financial education services are stepping in to fill the need now.

Delmundo says that young people especially can benefit from financial education programs since mistakes they may make early in life can affect them long into adulthood.

“It just takes one missed payment to harm a credit score,” she says. “I’ve seen a lot of young people get buried in credit card debt while also tackling paying off student loans. I’m a strong proponent of helping people learn how to handle the

finances they have now so they can achieve their future financial goals.”

SAFE offers its own financial education services through free webinars available to the public as well as workshops to employers and organizations. It also offers its no-cost Budget Cents interactive simulations to high schools in the region, where students get a first-hand look at the real-life expenses they’ll face as adults. SAFE’s high school branch program works closely with three area high schools to house a branch at each and provide supportive financial education for the students who staff the branches and their fellow students.

“There are a lot of us working to fill the financial education gap,” says Delmundo. “And we are all keenly aware of how many people truly want this information. This grant helps us help others providing this service.”

SAFE conducts four grant cycles each year as part of its overall philanthropic program that also includes direct giving, scholarships, sponsorships, and volunteerism.

For more information on SAFE’s grant program and to contact VP Community Relations and Financial Education Rebecca Delmundo, please contact Assistant Vice President Communications and Public Relations Carole Ferguson at carole.ferguson@safecu.org or by phone at (916) 836-6312. ★

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Pearl River Bridge Soy Sauce Multi Package 2 x 16.9 oz \$5.99/ea

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Choco Pie \$5.99/ea

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