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The Galt Herald

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FEBRUARY 23, 2024

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Camellia Show Celebrates 100 years

Show to be Held on March 2, 3



The Pink Perfection camellia is featured in this year's Camellia Show sponsored by the Camellia Society of Sacramento. The photo contest is focused on this particular variety.

By Carol Feineman,
photos by Julie Vierra,
Camellia Society of
Sacramento

**SACRAMENTO REGION,
CA (MPG)** - It's not every day that nonprofit organizations celebrate a centennial so Camellia Society

of Sacramento members are especially excited about its Camellia Show on March 2 and March 3.

The nonprofit gardening organization's first Camellia Show, highlighting the plant that is a member of the tea family, was in 1924.

This year's 100th show

includes hundreds of camellias to view, floral arrangements, camellia waxing, plants for sale, raffle, collectible camellia buttons and a Matsuyama, Japan display. The Japanese city is the organization's sister city. The Sacramento History Center will have an informational

table with memorabilia about camellias, the show and the former Camellia Festival.

"Our 100th is going to be a big deal for us! We are hoping lots of people attend," said Camellia Society of Sacramento President Julie Vierra this week.

Continued on Page 2



District Attorney Thien Ho. Photo courtesy of Thien Ho

DA Thien Ho Announces Settlement with Quest Diagnostics

Sacramento County
District Attorney's
Office News Release

SACRAMENTO COUNTY, CA (MPG) - On February 14th, Sacramento County District Attorney Thien Ho announced a settlement with Quest Diagnostics, Inc., resolving allegations that the diagnostic laboratory company unlawfully disposed of hazardous waste, medical waste, and protected health information at its facilities statewide. As part of the settlement, Quest Diagnostics will be required to pay nearly \$5 million for penalties, costs, and supplemental environmental projects and make significant changes to its operations and practices at its California facilities. Attorney General Rob Bonta, DA Thien Ho and the district attorneys of Alameda, Los Angeles, Monterey, Orange, Sacramento, San Bernardino, San Joaquin, San Mateo, Ventura, and Yolo Counties are a part of today's settlement.

The settlement is the result of over 30 inspections conducted by the district attorneys' offices at Quest Diagnostics laboratories and Patient Service Centers (PSCs) statewide. During those inspections, the district attorneys' offices reviewed the contents of Quest Diagnostics' compactors and dumpsters and found hundreds of containers of chemicals, as well as bleach, reagents, batteries, and electronic waste; unredacted medical information; medical waste such as used specimen containers for blood and urine; and hazardous waste such as used batteries, solvents, and flammable liquids. The unlawful disposals are alleged to violate the Hazardous Waste Control Law, Medical Waste Management Act, Unfair Competition Law, and civil laws prohibiting the unauthorized disclosure of personal health information.

After being notified of the investigations, Quest Diagnostics implemented numerous changes

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California Wildlife Photo of the Year 2023 Winner Announced



'Juvenile Burrowing Owls' is by Paulette Donnellon.

California Watchable
Wildlife News Release

**SACRAMENTO REGION,
CA (MPG)** - A winner has been announced for the 2023 California Wildlife Photo of the Year. This year's winner is Paulette Donnellon, who took "Juvenile Burrowing Owls" at Sonny Bono Salton Sea National Wildlife Refuge.

Burrowing Owl nests are not made public to protect this endangered species.

While discovering Burrowing Owls can be a challenge, Paulette's experience and time in the desert have taught her where to look. Her entrée into photography started as a pandemic hobby in 2020, and she has never looked back.

"They are so amazing

to photograph," said Donnellon, who loves burrowing owls so much she can often be found wearing an owl necklace, "Their eyes, they are just full of personality, and I really enjoy photographing them."

The winning image was selected by California Department of Fish & Wildlife (CDFW) Director Charlton H. Bonham. "The opportunity to choose the

wildlife photo of the year is one of the perks of my job, even though it's never easy," said Director Bonham. "The eyes of the burrowing owl family in Paulette Donnellon's photo are captivating, it was difficult to peel my own eyes away. The concrete in the shot is also a reminder that nature is all around us and we need to learn to live with wildlife

Continued on Page 3

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Camellia Show Celebrates 100 years

Continued from Page 1

Vierra has more than 100 of the flowering plants in her West Sacramento front and backyard.

“Did you know the flower of Sacramento is the camellia?,” Vierra stated. “We will be going to the State Capitol on the 29th. Our 100th resolution will be presented to us by Kevin McCarty (California Assemblymember, 6th District).”

New this year is a partnership between the camellia society and the Camellia Coffee Roasters at 12th and R streets in Sacramento. That includes Camellia Coffee Roasters Instagram “infomercials” with club members describing how to care for the plants. The cafe and coffee wholesaler

company has also named one of its coffee blends in the society’s honor. The Camellia Coffee Roasters will be at the Camellia Show on March 3.

Camellia Show hours are from 3 to 6 p.m. March 2 and from 10 a.m. to 5 p.m. March 3 at the Scottish Rite Temple, 6151 H St., Sacramento.

Admission is free both days.

“If you enjoy gardening, you will love the show. We are all gardeners,” Vierra said.

The Camellia Society of Sacramento meets once a month from October to April. Northern California Camellia Society President Justin Bergamini will speak about grafting techniques

at the Feb. 25 2 p.m. meeting at Sierra 2, 2791 24th St., Room 12, Sacramento.

The society’s 60 members are from Sacramento, Orangevale, West Sacramento, Fair Oaks, Carmichael, Folsom, Davis, Elk Grove, Rancho Cordova, Roseville, Gold River, Lincoln and Woodland. New members are always welcome.

“We have fun, we have food and we have lots of knowledgeable camellia people if you have any questions,” Vierra said.

For more information about the 100th Camellia Show or the organization, call Vierra at 916-812-3202 or visit <https://camelliasocietyofsacramento.org>. ★

Local Girl Scouts Sharpen Entrepreneurship Skills

As 2024 Cookie Season Kicks Off



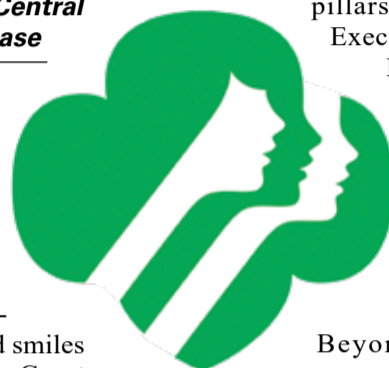
Residents will soon have an opportunity to help Girl Scouts while also enjoying their favorite cookie favorites. Photo courtesy of Girl Scouts of Northern California

Girl Scouts Heart of Central California News Release

SACRAMENTO, CA (MPG) - Girl Scouts Heart of Central California (GSHCC) is excited to announce the official launch of the 2024 Girl Scout cookie season, bringing delightful treats and smiles to communities in the Greater Sacramento, Stockton, and Modesto regions. The Cookie Program not only spreads joy but also fosters the entrepreneurial spirit of numerous local Girl Scouts.

The Girl Scout Cookie Program is the largest girl-led entrepreneurial program in the world. Proceeds from the Program support local Girl Scout troops and enable GSHCC to organize workshops, events, and initiatives that help create the next generation of empowered and innovative female leaders. GSHCC’s Cookie Program supports two Girl Scout camps, two STEM Centers + MakerSpaces, a mobile STEM Center + MakerSpace, and provides resources to more than 4,000 volunteers.

“Entrepreneurship remains one of Girl Scouts’ most powerful program



pillars,” said GSHCC Chief Executive Officer, Dr. Linda E. Farley. “More than 8,000 local Girl Scouts will participate in the Cookie Program this year, gaining real-world opportunities to practice their entrepreneurship skills.

Beyond the goal setting, money-management, and decision-making skills these girls learn, they also make connections with their community, develop friendships with their sister Girl Scouts, express creativity, and build their capacity to be leaders.”

Local Girl Scouts have already begun taking orders from family and friends, and supporters will begin to see cookies available for local purchase in front of stores beginning February 23 through March 17. Additionally, GSHCC encourages the use of the Cookie Finder feature on the Girl Scouts’ website, which provides a convenient and accessible way for cookie enthusiasts to locate nearby cookie booths. Cookie connoisseurs can input their zip code in the Cookie Finder tool to see where cookies are being sold in their community. ★



Camellia Society of Sacramento members will dip fresh flowers into paraffin to make the flowers last longer at the Camellia Show on March 2 and March 3 in Sacramento.



The trophy table in the 2022 show included yard art and gardening items. In honor of the 100th-year celebration, this year’s trophies will be crystal and cut glass.



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MEMORIAL

CECIL COPELAND • 1/18/1942 - 1/25/2024

Cecil Copeland of Galt, California, passed away quietly in his sleep on January 25, 2024. He was a beloved husband to LaQuetta Copeland and a loving father to Carol Lynae Copeland and extended family member daughters, Jennifer Stone, and Kate Elden. Cecil’s son, Robert Copeland, preceded him in death.

Cecil proudly served in the Air Force, demonstrating his unwavering commitment to his country. After his military service, he dedicated his career to educating young minds as a teacher at Joseph Kerr Middle School in the Elk Grove Unified School District.

Outside of his professional life as a teacher, Cecil had a passion for the rancher and cowboy way of life. He was an



flowers, donations be made to Project RIDE, www.projectride.org Choose the “Give” tab, then Donate, and One Time Donation; add the notation that the donation is made in remembrance of Cecil Copeland.

Cecil found solace and community at Horizon Church in Galt. The church provided him with a place to worship and connect with others who shared his faith.

A ceremony to honor Cecil’s life will be held on Saturday, March 2nd, at 12:00 PM at Horizon Church, located at 446 Fairway Drive, Galt, CA 95632.

Cecil Copeland will be deeply missed by his family, friends, and all those who were fortunate enough to know him.

accomplished horseman, winning several award buckles for Cutting, showcasing his exceptional skills astride his favorite horse, Hobby Negra.

Cecil was a supporter of Project Ride from its inception and led many Project Ride Trailride fundraisers throughout the years. It was his wish that in lieu of

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California Wildlife Photo of the Year Winner Announced



'Black Bear with Salmon' is by Steve Harms.

Continued from Page 1 to preserve California's unmatched biodiversity."

On February 12, 2023, Paulette joined Senator Brian Jones (D-California Senate 38th District) and Central Subregion Representative Chris Dallas, Sierra Nevada Conservancy in a presentation where she received a Proclamation honoring her photograph. She also received a pair of Zeiss Conquest HD 8x42 binoculars donated by Out of This World Optics, a two-night stay at Abbey House Inn, and a gift certificate from Chirp Nature Center. Leading up to the announcement, the top winning images from the 2023 contest were part of a week-long social media presentation.

The year's top finishers included two winning entries selected by representatives from Sierra Nevada Conservancy and Out of This World Optics.

2023 Sierra Nevada Conservancy Winner

Black Bear with Salmon, Taylor Creek Visitor Center, Photographer: Steve Harms

2023 California Watchable Wildlife Winner

Great Blue Heron & Iris, Effie Yeaw Nature Center, Photographer: Michele Dodge

The Photo of the Year was selected from the top 17 winning images for 2023. The other contenders are below. All images are viewable online.

- Alyn Brereton - Common Ravens Mating
- Collin McKahin - Humpback whales lunge feeding
- Randy Robbins - A barking gray fox
- Larry Venus - Bald Eagle and coot
- Jean Zuo - Sandhill Cranes Dancing
- Larry Whiting - Yellow-bellied marmots
- Cindy Croissant - Metaphid Jumping Spider
- Randy Robbins - Bald eagle catching rainbow trout
- Larry Whiting - Merlin

- Ryan Wickiser - Foothill Yellow-Legged Frog
- Kevin Lohman - Double-crested Cormorant & American White Pelicans
- Michele Dodge - Great Blue Heron & Wild Irises
- Parham Pourahmad - Red-shouldered Hawk
- Steve Harms - Black Bear with Kokanee Salmon
- Ryan Wickiser - Great Gray Owl * Cindy Croissant
- La Jolla Cove Crab

Now, the California Wildlife Photo of the Year 2024 is officially underway. The contest celebrates California's native wildlife in their natural habitat. The contest is co-hosted by California Watchable Wildlife and California Department of Fish & Wildlife, and is sponsored by the Sierra Nevada Conservancy, Out of This World Optics, Chirp Nature Center, and Abbey House Inn. Photos are submitted bi-monthly five times a year. Photographers are encouraged to submit their photos for consideration. ★



'Great Blue Heron & Iris' is by Michele Dodge.

California Continues to Expand Hydrogen-Powered Passenger Rail Fleet

Latest Order Pushes Number of Zero-Emission Intercity Trainsets to 10



One of the new rail fleets travels through the countryside. Photos courtesy of Caltrans

Caltrans News Release

SACRAMENTO, CA (MPG) - Caltrans announced a \$127 million agreement with Stadler Rail, Inc. for six more zero-emission, hydrogen-powered passenger trainsets, building upon an earlier order to deliver the first four hydrogen-powered intercity trainsets in North America, furthering California's standing as a world leader in clean transportation.

The trains will help California adapt to climate change by strengthening the state's zero-emission passenger rail capabilities. The first trains are expected to enter revenue service in 2027. The trainset design will make them more efficient, lighter weight and more affordable than traditional locomotive-hauled coaches.

The purchase is funded through Governor Gavin Newsom's historic \$10 billion, multiyear zero-emission vehicle package, which included \$407 million for the California State Transportation Agency (CalSTA) to purchase or lease state-of-the-art clean bus and rail equipment and infrastructure.

The first trains will operate between Merced and

Sacramento on the future Valley Rail service – an expansion of the existing Altamont Corridor Express (ACE) and Amtrak San Joaquins services that will eventually connect with the first section of California's high-speed rail service. The trains will also be demonstrated on corridors throughout the state in coordination with intercity and regional rail partners. With this option order, there are 19 option trainsets remaining on the base contract that Caltrans signed with Stadler in October 2023.

"California continues to lead the way to a cleaner, more connected transportation system," said California Transportation Secretary Toks Omishakin. "By expanding our fleet of hydrogen-powered passenger trainsets, we are showing we are serious about deploying innovative and sustainable transportation options for the people of this state."

"These clean-energy trains are the future," said Caltrans Director Tony Tavares. "California is building a climate-resilient transportation system that will help every community move around the state in a safe and sustainable way."

The vehicles will be based

on Stadler's successful Fast Light Intercity and Regional Train (FLIRT) concept, extending work done with the San Bernardino County Transportation Authority to develop self-powered multiple-unit trains using zero-emission hydrogen fuel cells without the need of a separate locomotive.

"We are very proud to be providing additional hydrogen trains to the California State Transportation Agency and Caltrans. With our multiple units, we are jointly driving the decarbonization of rail transportation in the U.S.," said Stadler CEO Martin Ritter. "We thank CalSTA and Caltrans for their trust and look forward to deepening our partnership."

California continues to build momentum in its nation-leading effort to harness clean renewable hydrogen power, critical to cutting planet-warming pollution and expanding the clean energy economy statewide. Caltrans' purchase of the first four trainsets in October came one day before the U.S. Department of Energy announced California will receive up to \$1.2 billion as one of the country's hydrogen hubs to accelerate the development and deployment of clean renewable hydrogen. ★



Here is a side of a rail fleet.

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Momentum Continues for the Homelessness, Drug Addiction, Retail Theft Reduction Act

Becky Warren, Elevate Public Affairs News Release

SACRAMENTO, CA (MPG) - Californians to Reduce Homelessness, Drug Addiction, and Theft announced February 2nd that they have collected another nearly 100,000 signatures from California voters totaling over 300,000 to place the Homelessness, Drug Addiction, Retail Theft Reduction Act on the November 2024 ballot.

"We continue to see an outcry of overwhelming support from Californians of every political affiliation and geographic region across the state demanding for change that will improve community safety and hold repeat offenders of theft and serious drug crimes including those involving fentanyl accountable," said campaign chair Greg Totten who is also chief executive officer for the California District Attorneys Association.

"Californians want to feel safe in their neighborhoods and when they shop, and this initiative amends Prop 47 to effectively hold individuals accountable for repeat crimes of theft

and serious drugs like fentanyl while making sure individuals receive and complete drug and mental health treatment they need," added Totten.

A survey of likely California voters found that 70% of voters support the title and summary of the Homelessness, Drug Addiction, Retail Theft Reduction Act. The overwhelming support was consistent across every demographic and geography including the Bay Area and Los Angeles. Furthermore, 89% of likely voters support amending Proposition 47 for stronger penalties for those engaged in repeated retail theft and trafficking hard drugs like fentanyl. The measure also includes incentives to complete drug and mental health treatment for people who are addicted to hard drugs. The survey was conducted online from November 8-November 13, 2023, with a margin of error of +/- 2.28%.

To qualify the measure for the November 2024 ballot, the law requires 546,651 valid signatures.

For more information, go to www.CASafeCommunities.com.



Trailways Forges Alliance with Greyhound and FlixBus

To Provide Customers More Travel Options



Trailways buses will soon be available in your area. Photo courtesy of Trailways

Trailways News Release

SACRAMENTO REGION, CA (MPG) - Trailways, the largest and oldest network of independent motor coach operators in North America, has announced a new strategic partnership with Greyhound and FlixBus.

The new alliance will add hundreds of Greyhound and FlixBus destinations to Trailways.com, including stops in Sacramento, and Trailways.ca, giving customers even more access to convenient, comfortable, and affordable bus travel at a time when other travel options have become cost prohibitive and difficult to navigate. Starting Tuesday January 23rd, customers visiting Trailways.com and Trailways.ca will be able to purchase tickets for FlixBus and Greyhound trips, with

travel dates commencing January 30th and beyond.

"This is a historic moment for Trailways. Connectivity is the backbone of North America and a critical piece of this partnership. By working in concert with one another and interlining our inventory, we're aligning with Trailways' commitment to make affordable and eco-friendly transportation more accessible to travelers across North America," said Alex Berardi, President of Trailways.com.

Members of Trailways's Loyalty Program, Driven Rewards, will also reap the benefits of the new relationship. Driven Rewards Points members will be able to earn and redeem across all Trailways partners, including FlixBus and Greyhound, when making purchases online, giving members a compelling reason to explore new roads together. "The Trailways

alliance reaffirms FlixBus North America, Inc.'s commitment to partnering across the industry and delivering even more affordable travel options for customers," said Kai Boysan, CEO of FlixBus North America, Inc. "We will continue to work with our partners throughout the country to elevate travel and nurture further growth. Trailways shares this vision, recognizing the power of collaboration and the benefit that the FlixBus platform unlocks in building a brighter future for travelers and the industry."

New connecting services will be powered by technical integrations from Transcor Data Services of Jacksonville Florida. Customers looking for information about service, schedules, arrival and departure times, and fares, are encouraged to visit Trailways.com or Trailways.ca.



The overwhelming support was consistent across every demographic and geography including the Bay Area and Los Angeles. MPG Courtesy Photo

ABOUT TOWN

Historical Tours Offered Monthly

The Galt Area Historical Society will offer tours at McFarland Living History Ranch (8898 Orr Road) and the Rae House Museum (204 Oak Ave.), 1-4 p.m., on the following Sundays: March 3, April 7, May 5, June 2, July 7, Aug. 4, Sept. 1, Oct. 6, Nov. 3 and Dec. 1. Parking is free and donations are accepted. For more information, call 209-730-3127.

Corned Beef and Cabbage Dinner March 16

The Alta Mesa Gun Club of Wilton will kick off the St. Patrick's Day season and host its annual Corned Beef and Cabbage Dinner on Saturday, March 16. Social hour begins at 5 p.m., followed by the 6 p.m. dinner. Tickets are \$30 per person (ages 13 and up) and \$15 per person (ages 12 and under). Dinner tickets can be purchased at the clubhouse Mondays, Thursday, and

Fridays from 5-9 p.m. or via Google Pay at altamesagunclub@gmail.com. For more information on tickets, call 916-716-7329 or 916-996-8861. The Alta Mesa Gun Club is at 10100 Reigl Road, Wilton.

Eggstravaganza, Kite Day on March 30

Galt Area Historical Society will host Eggstravaganza and Kite Day on March 30 at McFarland Living History Ranch, featuring an egg hunt and egg drop, a pie-eating contest, and pictures with the Easter Bunny. Games and activities run 9 a.m. to 2 p.m., and the hunt for eggs hidden across the ranch starts at 9 a.m. the pie-eating contest will start at noon, and the egg drop will start at 1 p.m. Tours of the historic ranch house will happen throughout the day. McFarland Living History Ranch is located at 8899 Orr Road, and parking costs \$5 per car. For information on registration, call 109-730-3127. ★

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7 day minimum, 700 free miles/week, 30¢/mile over 700 Expires 2/29/2024



The Hefty Price of Love

had done everything they could to save him. Employed inside a popular water park, he and his co-workers were playing after-hours volleyball when one of the employees decided to see how far he could shimmy up a light pole.

As the light pole began to sway, the climber jumped clear. But when our patient saw the pole continuing to descend toward the gamers, he shoved his friend out of danger.

It was at that moment the young man caught the pole in outstretched hands. Tragically, the pole had lost its electrical ground and our patient fielded 220 volts. From that moment on, neither his grieving life-guard friends, nor the valiant paramedics were able to encourage another breath from this hero.

As the doctors explained the events of the boy's heroic sacrifice to his grieving parents, I struggled for the words that would begin some kind of closure. I noted how remarkable it was that their son had given his life for his friend, naively referencing John 15:13.

The mother thanked me kindly for the "sentiments," adding sardonically she was sure her son's heroics would be a comfort someday, but right now she would beg my forgiveness for wishing it was some other boy in that morgue instead of her son.

For love to be complete, the sacrifice has to be accepted. The friend whose life had been saved undoubtedly

accepted the sacrifice, but the mother of the boy who made it could not. Knowing she had reared a brave son who would "lay down his life for his friends" didn't ease her pain.

Not yet anyway. Meanwhile, back in the shop of roses, I was contemplating the same principle. No matter the sacrificial cost of roses, my love can only be fulfilled if my wife accepted equal part in that sacrifice.

After leaving the florist shop, I called my wife. "You know I love you more than \$70, right?"

"Yeah," she said, her answer unsuccessfully masking her suspicion. "I suppose so."

"Valentine's Day roses are \$70!"

"That's crazy," she said, releasing an exhausted breath. "Forget about it!"

"But you know I love you more than that, right?"

"Yes," she cooed. "I know you love me more than that." Then she paused. "You can buy me roses for my birthday next month — they'll be cheaper then."

And with that comment, we reached an agreement on this year's market price of love.

Please email me so I can add you to my weekly column email. Column excerpted from my book "No Small Miracles." My books on my website www.thechaplain.net. Comments are received at 10556 Combie Rd Suite 6643 Auburn, CA 95602 or by email comment@thechaplain.net or at (843) 608-9715. ★

If Valentine's Day gave you sticker shock last week, I have a tip for you. If you buy them after the big day, they'll be much cheaper.

I learned this lesson recently, when a floral clerk asked me which day I needed the flowers. Suspecting a trick question, I answered cautiously. "Valentine's Day, the actual day."

That's when he offered an economics lesson. Apparently, Valentine's Day roses are cheaper if you don't buy them on the actual day.

I pointed to his sign advertising \$10 roses, and he added a "but" — roses delivered on Valentine's Day jump to a steep \$70.

"Hmmm," I mused as I walked backward toward the door like a sheriff cornered by some bad guys.

Man! I thought. How much is love supposed to cost?

Scripture defines love's highest price: "Greater love has no one than this, that he lay down his life for his friends." (John 15:13)

That price makes \$70 roses seem like a bargain.

However, I have met people who've shown that kind of love, either deliberately or accidentally. Several years ago, I sought to comfort the family of a 17-year-old boy who had been pronounced dead after our emergency room staff

COMMUNITY BRIEFS

Sons of the American Legion 233 Invites Male Descendants

The Sons of the American Legion, Elk Grove Squadron 233, invites male descendants of a parent or grandparent who served or is serving in the United States military to a monthly meeting on the 1st Monday of each month at 6:30 pm to honor their service and sacrifices. Meetings are held at the Veteran's Hall, 8230 Civic Center Drive, Elk Grove 95757. This group meets next on March 4th, and April 1st. For further information, please contact Mike McVean at 916-747-3021 [call or text] or email MDMcVean@gmail.com.

American Legion Post 233's Meetings

The Elk Grove American Legion Post 233, established in 1994, invites veterans to our monthly meetings every 4th Thursday of the month at the Elks Lodge, 9240 Survey Road, Elk Grove, CA 95624. Our next meeting will be held March 28th, 2024.

Tickets are available for our Casino Night, to be held March 17th, 2024, from 5pm-9pm at District56. Check out our website to buy tickets and to learn more!

Elk Grove American Legion Post 233 invites veterans and their spouses to a dinner/social hour at 6 pm, followed by the veteran's general meeting at 7 pm.

Veteran's spouses are welcome to join the Elk Grove American Legion Auxiliary Unit 233 that meets in another room at 7-8 pm in the same location.

For questions, please contact Henry at 916-205-9296 C or Sue at 916-683-6128.

We invite veterans and spouses to join us each month on the first Saturday for our Elk Grove American Legion Post 233 Family Social Breakfast.

Our next Saturday breakfast will be held February 3rd at 9:00 am at Mimi's Cafe on the corner of Laguna Blvd and W. Stockton Blvd (just off Hwy 99).

We hope to see you there.

AA 24-Hour Hotline

For help with an alcohol-related problem, call the Alcoholics Anonymous 24-hour hotline at 209-745-1525.

Nar-Anon Family Group Meetings

Narcotics Anonymous (Nar-Anon) family group meetings for friends and family members who are dealing with drug addiction are held locally on a weekly basis, Saturdays from 9:30-10:30 a.m., at the Galt United Methodist Church, 571 C St. in Galt.

Sunshine Food Pantry Donation Sites

Sunshine Food Pantry is a food closet that helps provide for local residents. Collections of canned food and dry good nonperishable items are received at United Methodist Church, 571 C St. in Galt; call to make an appointment for donations, 209-745-4133.

The food closet is open on the second and fourth Thursdays of each month from 7:30-10 a.m., at the United Methodist Church.

Meals on Wheels Cafe Accepting Older Adults

Meals on Wheels is accepting new participants in its Galt All Seasons Café located in the Chabolla Community Center, 600 Chabolla Ave. The cafe is open Monday through Friday at 11:30 a.m. for adults age 60 and older. Those interested can apply at the Chabolla Center when meals are being served, or they can call 916-444-9533.

Senior Bingo weekly at Chabolla

The Galt Commission on Aging is hosting Senior Bingo games at the Chabolla Community Center at 600 Chabolla Ave., every Monday, 1-3 p.m. (except holidays and when required by the city). Seniors of Galt and its immediate vicinity are cordially invited to come have fun and play bingo together, socialize, and possibly make new friends. Attendance is free of charge.

Volunteers sought for Senior Resource Center

The Commission on Aging is looking for volunteers to staff the Galt Senior Resource Center, which opened

its doors in April. The commission is looking for people who can operate a computer, and are willing to answer questions from seniors in person, over the phone, on social media or by email.

Volunteer slots are available in two-hour increments for up to four hours, Monday through Thursday, 10 a.m. to 2 p.m., excluding holidays. Volunteers will be trained and will have the ability to contact members of the commission if questions arise.

The resource center is located at the Chabolla Community Center, 600 Chabolla Ave. If you are interested in helping, please call 209-294-3308 and leave a message. Or, once the resource center is open, inquire in person.

Cosumnes DAR Chapter Accepting New Members

The Daughters of the American Revolution (DAR) recently started their Rio Cosumnes Chapter in the Elk Grove/Galt community, and they are accepting new members.

DAR is a nonprofit, nonpolitical volunteer women's service organization dedicated to promoting patriotism, preserving American history, and securing America's future through better education for children. Members are all lineal descendants of those who supported the cause of independence in the Revolutionary War.

For more information on the Rio Cosumnes Chapter's monthly meetings or membership, contact Registrar Paula Schroeder at egdarregistrar@gmail.com.

City After-Hours Assistance

After-hours assistance is on offer at the Galt Public Works and Parks and Recreation departments. For Public Works concerns, call the Galt Police Department nonemergency line at 209-366-7000. The Parks Maintenance Division is available for scheduled field or facility use assistance only, from Monday to Friday, 4-10 p.m.; and Saturday and Sunday, 7 a.m. to 10 p.m. Call 209-810-0293.

Library Offers Older Adults Computer Time

In cooperation with the Galt Commission on Aging, the Galt-Marian O. Lawrence Library will schedule a set time for older adults to use its computers, upon request. Those 65 and older who wish to request computer time can call the library at 916-264-2920. Staff will help set up the computer or tablet. The library is open Tuesday-Saturday, 10 a.m. to 6 p.m. It is located at 1000 Caroline Ave.

Recycle Household Batteries

City of Galt residents can recycle their household batteries in one of two green household-battery recycling bins: on the west side, at the front entrance to the Galt Police Department; or on the east side, at Galt Community Park, just west of the fire station. The green bin is for dry-cell household batteries only.


For additional information, contact the Public Works Department at 209-366-7260.

Square Dance Classes on Mondays

The Diamond Dancers Square Dance Club is hosting social square dancing classes in Galt. The classes are open to everyone and are held on Mondays 6:30-8 p.m. at the Valley Oaks Grange Hall. The classes are formatted for flexibility, and students can learn numerous square dance calls in about three months. The Valley Oaks Grange Hall is located at 347 Fifth St. For more information, call Sue Regadanz at 916-835-8916.

Nominate Your Neighbor

The Galt Beautification Committee is asking you to "nominate your neighbor." Has your neighbor recently completed a yard project? Does your neighbor have the best flowers in town or the best-looking yard? The Galt Beautification Committee wants to know. Send an email with pictures and why you are nominating your neighbor to planningdivision@cityofgalt.org. The best submissions will be included in future newsletters and City Manager Updates. ★



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FICTITIOUS BUSINESS NAME STATEMENTS

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-00442
Esperanza Pevehouse, 162 Stirup Court, Galt, CA 95632 is doing business under the Fictitious Business Name(s) "Young Bakers Academy" 162 Stirup Court, Galt, CA 95632. Filed with the Clerk of Sacramento County January 17, 2024
Publish: February 2, 9, 16, 23, 2024
YOUNG 2-23-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-00703
Juvenal Barajas Madrigal, 746 Twin Hills Drive, Galt, CA 95632 is doing business under the Fictitious Business Name(s) "J.Barajas Transport" 746 Twin Hills Drive, Galt, CA 95632. Filed with the Clerk of Sacramento County January 26, 2024
Publish: Feb 9, 16, 23, March 1, 2024
BARAJAS 3-1-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-00918
Galt Family Optometric Center, LLC, 730 Spaans Drive, Galt, CA 95632 is doing business under the Fictitious Business Name(s) "Galt Family Optometric Center" 730 Spaans Drive, Galt, CA 95632. Filed with the Clerk of Sacramento County February 2, 2024
Publish: Feb 16, 23, March 1, 8, 2024
GALT 3-8-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-00703
Juvenal Barajas Madrigal, 746 Twin Hills Drive, Galt, CA 95632 is doing business under the Fictitious Business Name(s) "J.Barajas Transport" 746 Twin Hills Drive, Galt, CA 95632. Filed with the Clerk of Sacramento County January 26, 2024
Publish: Feb 23, March 1, 8, 15, 2024
BARAJAS 3-15-24

TRUSTEE SALE

T.S. No. 23-65362 APN: 148-0790-020-0000 NOTICE OF TRUSTEE'S SALE PURSUANT TO CIVIL CODE § 2923.3(a), THE SUMMARY OF INFORMATION REFERRED TO BELOW IS NOT ATTACHED TO THE RECORDED COPY OF THIS DOCUMENT BUT ONLY TO THE COPIES PROVIDED TO THE TRUSTOR. YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 5/4/2006. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state will be held by the duly appointed trustee as shown below, of all right, title, and interest conveyed to and now held by the trustee in the hereinafter described property under and pursuant to a Deed of Trust described below. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by

the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. Trustor: ALFREDO TAMEZ AND MARIA C. TAMEZ, HUSBAND AND WIFE AS JOINT Tenants duly Appointed Trustee: ZBS Law, LLP Deed of Trust recorded 6/20/2006, in Book 20060620, Page 0575, of Official Records in the office of the Recorder of Sacramento County, California, Date of Sale: 3/8/2024 at 1:30 PM Place of Sale: East Entrance County Courthouse, 720 9th St, Sacramento, CA 95814 Estimated amount of unpaid balance and other charges: \$88,554.28 Note: Because the Beneficiary reserves the right to bid less than the total debt owed, it is possible that at the time of the sale the opening bid may be less than the total debt owed. Street Address or other common designation of real property: 926 RETRIEVER WAY GALT, CALIFORNIA 95632 Described as follows: As more fully described in said Deed of Trust A.P.N #: 148-0790-020-0000 The undersigned Trustee disclaims any liability for any incorrectness of the street address or other common designation, if any, shown above. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call (866) 266-7512 or visit this internet website www.

elitepostandpub.com, using the file number assigned to this case 23-65362. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. NOTICE TO TENANT: You may have a right to purchase this property after the trustee auction pursuant to Section 2924m of the California Civil Code. If you are an "eligible tenant buyer," you can purchase the property if you match the last and highest bid placed at the trustee auction. If you are an "eligible bidder," you may be able to purchase the property if you exceed the last and highest bid placed at the trustee auction. There are three steps to exercising this right of purchase. First, 48 hours after the date of the trustee sale, you can call (866) 266-7512, or visit this internet website www.elitepostandpub.com, using the file number assigned to this case 23-65362 to find the date on which the trustee's sale was held, the amount of the last and highest bid, and the address of the trustee. Second, you must send a written notice of intent to place a bid so that the trustee receives it no more than 15 days after the trustee's sale. Third, you must submit a bid so that the trustee receives it no more than 45 days after the trustee's sale. If you think you may qualify as an "eligible tenant buyer" or "eligible bidder," you should consider contacting an attorney or appropriate real estate professional immediately for advice regarding this potential right to purchase. Dated: 2/6/2024 ZBS Law, LLP, as Trustee 30 Corporate Park, Suite 450 Irvine, CA 92606 For Non-Automated Sale Information, call: (714) 848-7920 For Sale Information: (866) 266-7512 www.elitepostandpub.com Michael Busby, Trustee Sale Officer This office is enforcing a security interest of your creditor. To the extent that your obligation has been discharged by a bankruptcy court or is subject to an automatic stay of bankruptcy, this notice is for informational purposes only and does not constitute a demand for payment or any attempt to collect such obligation. EPP 39300 THE GALT HERALD
Publish: 02/16/24, 02/23/24, 03/01/2024
THE GALT HERALD 3-1-24

NOTICE OF TRUSTEE SALE IMPORTANT NOTICE TO PROPERTY OWNER YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED December 17, 1998. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. Andrew D. Smith, as duly appointed Trustee under and pursuant to a Deed of Trust Recorded on March 5, 1999 in Book 990305 at Page 1633 under Recorder's Serial Number 19990351633 in the official records of the office of the County Recorder of SACRAMENTO COUNTY, State of CALIFORNIA, EXECUTED BY: Pamela A. Nelson, WILL SELL AT PUBLIC AUCTION TO HIGHEST BIDDER FOR CASE, CASHIER'S CHECK DRAWN

ON A STATE OR NATIONAL BANK, A CHECK DRAWN BY A STATE OR FEDERAL CREDIT UNION, OR A CHECK DRAWN BY A STATE OR FEDERAL SAVINGS AND LOAN ASSOCIATION, SAVINGS ASSOCIATION, OR SAVINGS BANK SPECIFIED IN SECTION 5102 OF THE FINANCIAL CODE AND AUTHORIZED TO DO BUSINESS IN THIS STATE. DATE OF SALE, 03/05/2024, TIME OF SALE, 11:00 a.m. AT THE EAST MAIN ENTRANCE TO THE SACRAMENTO COUNTY COURTHOUSE 720 9TH STREET SACRAMENTO, CA all right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County and State described as follows: All that portion of Lot 12, as shown on the official "Map of the Rancho San Jon De Los Mokelumnes", filed in the proceedings suit Unit No. 12890, Judgement No. 8477 of the District Court in and for the County of Sacramento, described as follows: Commencing at a point on the East boundary line of the Grant designated as San Jon De Los Mokelumnes which point is 11 links North of the section line common to Sections 27 and 34, in Township 5 North, Range 6 East, M.D.B. & M., as said sections are designated upon the map above referred to; thence West 290 feet; thence North 69.96 feet; thence East 290 feet to a point on the East line of said Grant; thence, along the East line of said Grant, South 69.96 feet to the point of commencement. The street address and other common designation, if any, of the real property described above is purported to be: 578 1st Street Galt, CA 95632 APN # 148-0160-013-0000 The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. NOTICE OF TRUSTEE'S SALE Trustee Sales No. 2023-101 Said sale will be held, but without covenant or warranty, express or implied, regarding title, possession, condition, or encumbrances, including fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust, to pay the remaining principal sums of the note(s) secured by said Deed of Trust. The total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is: \$150,786.41 If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of the monies paid to the Trustee, and the successful bidder shall have no further recourse. The beneficiary under said Deed of Trust heretofore executed and delivered to the undersigned a written Declaration of Default and Demand for Sale. A written Notice of Default and Election to Sell was recorded in the county where the real property is located. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority,

and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about the trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call (209)333-9292 for information regarding the trustee's sale. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information. The best way to verify postponement information is to attend the sale. FOR SALES INFORMATION: Mon-Fri 9am-5pm (209) 333-9292 Andrew D. Smith 115 W. Walnut St. Suite 3 Lodi, CA 95240 Dated: February 5, 2024 Andrew D. Smith, Trustee Publish: The Galt Herald 2/16/2024, 2/23/2024, 3/1/2024 THE GALT HERALD 3-1-24 NOTICE OF TRUSTEE SALE IMPORTANT NOTICE TO PROPERTY OWNER YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED May 15, 2006. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. Andrew D. Smith, as duly appointed Trustee under and pursuant to a Deed of Trust Recorded on May 22, 2006 in Book 20060522 at Page 0363 in the official records of the office of the County Recorder of SACRAMENTO COUNTY, State of CALIFORNIA, EXECUTED BY: Giulia Stirparo Forlivesi, WILL SELL AT PUBLIC AUCTION TO HIGHEST BIDDER FOR CASE, CASHIER'S CHECK DRAWN ON A STATE OR NATIONAL BANK, A CHECK OR A WRN BY A STATE OR FEDERAL CREDIT UNION, OR A CHECK DRAWN BY A STATE OR FEDERAL SAVINGS AND LOAN ASSOCIATION, SAVINGS ASSOCIATION, OR SAVINGS BANK SPECIFIED IN SECTION 5102 OF THE FINANCIAL CODE AND AUTHORIZED TO DO BUSINESS IN THIS STATE. DATE OF SALE, 03/05/2024, TIME OF SALE, 11:00 a.m. AT THE EAST MAIN ENTRANCE TO THE SACRAMENTO COUNTY COURTHOUSE 720 9TH STREET SACRAMENTO, CA all right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County and State described is exhibit A: Commencing at a point Southerly eighty (80) feet from a point thirty nine (39) rods due North from the South East corner of the Northeast One quarter of Section No. Twenty Seven (27), Township No. Five (5) North, Range No. Six (6) East, Mount Diablo Base and Meridian, and running thence Westerly one hundred and fifty (150) feet; thence Southerly forty (40) feet; thence Easterly one hundred and fifty (150) feet; thence Northerly forty (40) feet to the place of beginning.

The street address and other common designation, if any, of the real property described above is purported to be: 144 N. Lincoln Way Galt, CA 95632 APN # 150-0172-021-0000 The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be held, but without covenant or warranty, express or implied, regarding title, possession, condition, or encumbrances, including fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust, to pay the remaining principal sums of the note(s) secured by said Deed of Trust. The total amount of the unpaid balance of the NOTICE OF TRUSTEE'S SALE Trustee Sales No. 2023-102 obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is: \$260,210.55 If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of the monies paid to the Trustee, and the successful bidder shall have no further recourse. The beneficiary under said Deed of Trust heretofore executed and delivered to the undersigned a written Declaration of Default and Demand for Sale. A written Notice of Default and Election to Sell was recorded in the county where the real property is located. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about the trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call (209)333-9292 for information regarding the trustee's sale. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information. The best way to verify postponement information is to attend the sale. FOR SALES INFORMATION: Mon-Fri 9am-5pm (209) 333-9292 Andrew D. Smith 115 W. Walnut St. Suite 3 Lodi, CA 95240 Dated: February 5, 2024 Andrew D. Smith, Trustee THE GALT HERALD Publish: 2/16/2024, 2/23/2024, 3/1/2024 THE GALT HERALD 3-1-24

PUBLIC NOTICE

There is a list of unclaimed disbursements by payees and held by the Cosumnes Community Services District in the General Fund at <https://www.cosumnescsd.gov/153/Finance>. If you have a claim against these funds, please contact the Cosumnes CSD, Finance Office by email unclaimedchecks@cosumnescsd.gov or by phone (916) 405-7150. Funds not claimed after 45 days following publication will become the property of the Cosumnes CSD. This notice and its contents are in accordance with California Government Code Section 50050 and 50051. Proper proof of claim and current identification must be provided before funds will be released. An unclaimed property form may be obtained from the Finance Department or on the district's website.

The Galt Herald 2-23 and 3-1-24

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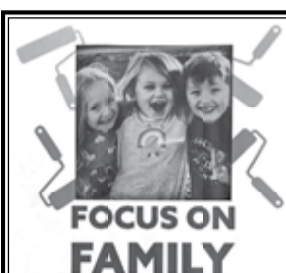
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- Nothing
- White ____ shopping event
- Federal food safety agency, acr.
- It ran away with the spoon
- ROTC happenings
- Figure skating jump
- Grad
- Arrogant one
- Archaic preposition
- Passé
- Scrubbed
- Sugarcoating
- Money in Mexico City
- What DJs do
- Trickery
- Swerves
- Sigma Alpha Epsilon
- *Typical number of nominations in one Oscar category
- Emergency responder, acr.
- **"Nyad" nominee
- *What kind of moon?
- "Finnegan's Wake" author
- Mother load offering
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- Artemis' companion
- Fat of olives
- *What actors do
- Spinner's product
- Wisecrack
- Like Phoenix

DOWN

- Cornelius of the movies
- Snap up
- 'I' in Greek alphabet
- Howard of radio fame
- Death-related
- One of the Earnhardts
- Spermatozoa counterparts
- Muhammad's birthplace
- Review service, with .com
- Use a ladle
- At any time
- **"No Country for Old ____" multi Oscar winner
- Suitors
- Trojan War story
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- Fl., as in fl. oz.
- "A Confederacy of ____" sing.
- Place above a ceiling
- Dueler's strike
- Overnight lodgings
- Shoelace bunny ears
- Divine saying

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Is Curling Cool or What?

Get ready to brush up on your Curling skills because today, February 23, we celebrate the quirky holiday 'Curling is Cool Day'. According to Holiday Calendar, the unique and exciting sport of Curling, which involves sliding stones across ice and using broom to guide them towards a target. Curling began in its most rudimentary form during the 16th century in Scotland. It was a game played with a large 20-kilogram granite stone that was "skipped" across frozen lochs. Originally, these stones didn't have handles on them, but that would change during the 17th century. In the

19th century, Curling clubs began to pop up all-around Scotland, and by the 20th century, Curling as a sport has spread around the world. In 1998, Curling for the first time would be played at the Winter Olympics, and from that point on its popularity would only continue to rise. Some fun facts about Curling as many people find Curling to be a mysterious or confusing sport. Each Curling stone is made from a rare granite that comes from one of just two quarries - one in Scotland and another in Wales; each Curling stone is 36 inches in circumference and has a height of 4.5 inches; two 4-player teams take turns

scoring 8 stones; George Clooney, Vernon Davis, Bruce Springsteen, and the late Toby Keith are just some of the celebrities who are Curling fans. I am amazed how precise Curlers are when curling the paths on the ice on the way to the targets. Their balance and body stretch to release the stones are almost acrobatic. No noise is made during the curling of the stones and only positive comments are made. So, the next time you are channel surfing through the 150 channels on your television, and you see the sport, Curling, stop and watch the game. It can be addictive.

Spring is coming. It will be here in a little under a month. At least the Spring Equinox will be here and let's hope the weather cooperates.

I have been getting the itch to plant some Pansies and Petunias. I want to separate some of the succulents as they are crowding the pots and planters. I think succulents are my favorite. They are so forgiving when they don't get watered, and I love the tricolors and variegated leaves and then as they mature, they bloom. There were several that bloomed this winter. It added a splash of color to the dreary days. I am going to experiment with Foxtail Fern in pots. There are some beautiful ones across from Galt High School on Lincoln Way. They have been growing for a few years. I have been trying to grow a Burgundy 'Dish Plate' Hibiscus and Pink Peonies, but for some reason they seem to struggle. Probably need

to replant them in a different area. Then there is the garden. Tomatoes, definitely tomatoes, we had one variety last year that lasted long into Fall. And wouldn't you know, I can't remember the name of the variety. I would love to plant some Rosemary, Cilantro, and Basil, but the birds seem to enjoy them too. I still have time to form a plot plan. Maybe I will go walk the isles of the plant nursery to see what inspires me. Sometimes I get so inspired I get more than I can truly handle. Fortunately, my family helps me out. However, if this weather doesn't start cooperating, there will be no garden because it is too wet, too cold, and that does not make a happy garden. But at least we have bees. They fly over from the fully in

bloom almond orchard. They are all over the Camillia, the flowering succulents, Cyclamen and the few daffodils just starting to bloom. I bet they are going to make some yummy wildflower honey. The darker honey, the stronger honey taste. Yum!

Flower of the day: Amaryllis Recipe of the day: Minestrone Soup with a Meatball

Dates to remember:
 February 29 - Leap Day
 March 10 - Daylight Saving Time
 March 17 - St. Patrick's Day
 March 19 - Spring Equinox
 March 29 - Good Friday
 March 31 - Easter
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DA Thien Ho Announces Settlement with Quest Diagnostics

Continued from Page 1 to bring its facilities into compliance with California law, including hiring an independent environmental auditor to review the disposal of waste at its facilities and modifying its operating and training procedures to improve its handling, storage, and disposal of hazardous waste, medical waste, and personal health information at all four laboratories and over 600 PSCs in California.

The settlement resolves the allegations above and requires Quest Diagnostics to pay \$3,999,500 in civil penalties, \$700,000 in costs, and \$300,000 for a Supplemental Environmental Project to support environmental training and enforcement in California. The settlement also imposes injunctive terms, including requirements that Quest Diagnostics maintain an environmental compliance program, including hiring

a third-party waste auditor, and report annually on its progress.

“This settlement is the result of a successful collaboration between District Attorney’s Offices and the state Attorney General’s Office to protect California’s environment and its health consumers,” said Sacramento County District Attorney Thien Ho. “Thanks to the joint efforts of our Consumer and Environmental Protection Unit and prosecutors across the state, the financial penalty and permanent injunction will deter Quest Diagnostics from violating hazardous waste, medical waste and protected health information laws. Sacramento County will receive a total of \$259,440 from the settlement, which will reimburse the cost of prosecuting this case and increase the enforcement of consumer and environmental protection laws.” ★

By Tenfold Senior Living

In this series of articles, we will discuss topics that are top-of-mind for a person navigating the changes that occur when a family member has Alzheimer’s disease or any other type of dementia. For a deep level of information, we recommend the extensive resources of the Alzheimer’s Association (alz.org) or caring.com. In this first article, we suggest the first steps in addressing this very difficult stage of life.

Nothing is more difficult or emotionally painful than confronting the truth of a family member or loved one being affected by dementia or Alzheimer’s disease. If you’re newly arrived at this point, it’s hard to see beyond the sadness, overwhelming responsibility and the anticipated downward progression happening to a person you love.

How you approach this situation, and your ability to think about it differently, can have a truly positive effect. Here are five things to consider as first steps:

1. Think holistically.
 - Our first impulse is to think solely of the impact of dementia on the person we know and love, and this often leads to a feeling of loss coupled with huge responsibility. The best outcomes start with considering how dementia affects the entire family and making decisions that preserve the quality of life for everyone.
2. Don’t leap to conclusions.
 - We all make assumptions about what we ‘should’ do as caring children, spouses, or siblings. But dementia is an illness of individuals, and one solution isn’t right for everyone. Give yourself the time and space to explore multiple options, to set aside assumptions, and to resolve different ways of thinking among your family.
3. Find the good.
 - Your relationship with your loved one will change. But ‘different’ doesn’t mean ‘negative’. In the words of one professional who works with dementia-affected people every day: “When I’m working with people who have dementia, I assume that we can do all the same things we’d do with any other person. We just do them differently.”



It is essential we learn how to properly care for those with dementia. Photo courtesy of Tenfold Senior Living

Finding things to enjoy together and understanding how to adjust activities to suit your loved one will make the most of the time you spend together.

4. Help them stay engaged.
 - Self-isolation is one of the most common traits of people with dementia. Research confirms that involvement in social, mental, and physical activity is a huge factor in determining the progression of dementia. Giving your family member the opportunity to stay engaged should be a primary consideration in your planning.
5. Have honest conversations.
 - Be straightforward in discussing the right timing, situation and support you’ll need for your family and your loved one. Focusing on quality of life for your entire family will be the best guide for you. Bring this concern to the forefront of conversations both within your family and as you start to speak to advisors, resources, care providers and senior living communities.

These are the first steps. In future articles, we’ll address what you should look for in a Memory Care community, how to handle the transition from independence to full-time care, what engagement means for a person with dementia, and finally, ways to maintain or regain your relationship with the person you love. ★

ABC License Administrators Can Now Submit Catering Authorization Applications Online

Department of Alcoholic Beverage Control California News Release

SACRAMENTO, CA (MPG) - Department of Alcoholic Beverage Control’s (ABC) catering authorization applications are now available online for the first time, permitting users to complete the form within minutes.

“We are excited to bring an online method for licensees to apply and pay for the most common application submitted to the department,” said Licensing Division Chief Jaime Taylor. “Catering authorizations are used for selling and serving alcohol at many types of events, from weddings to large scale music festivals. Our new online applications will make the process much simpler and faster, providing an enhanced service to Californians who are applying for a catering authorization.”

Catering authorizations allow licensees with an active caterer’s permit to sell alcoholic beverages for consumption during events approved by ABC. Applicants must have an ABC Online Services account with the License Administrator role. Applicants can submit their application, pay with a credit card or eCheck, and upload required documents or approvals.

To qualify for the online authorization, the event must be more than five days but not more



Applicants must have an ABC Online Services account with the License Administrator role. MPG Courtesy Photo

than 60 days from the application date. Users can submit and pay for events online for up to three consecutive days if each day has the same number of attendees and hours during which alcohol is served. If the dates are not consecutive, or if the number of attendees and hours are not the same, each day must be submitted and paid for as a separate event.

There is a limit of 36 catered events per year at any given location. This limit applies to all Caterer’s Permits (Type

58), including those held by club licenses (Type 50, 51, and 52). An exception may be made to exceed 36 catered events if the licensee can clearly establish that additional events are in the best interest of the State and necessary to satisfy substantial public demand. Exceptions can be requested at a local ABC District Office.

For more information about online catering authorization applications, please visit <https://www.abc.ca.gov/licensing/license-forms/caterers-permits/>. ★

Sacramento New Home Sales Start 2024 With a Bang

North Side Building Industry Association News Release

SACRAMENTO, CA (MPG)

- New home sales in the greater Sacramento area started off with a bang in January, fueled by continued strong demand, a scarcity of existing homes for sale and declining mortgage interest rates, the North State Building Industry Association reported today.

BIA members sold 580 new homes during the month, which is 40% higher than December, 32% above January 2023, and 28% higher than the average January in the region.

Chris Norem, the BIA’s political director and senior policy advisor, said the robust sales totals should bode well for the homebuying public in the region.

“New homes continue to hold a larger-than-normal share of total sales because they offer high-quality options and because builders can provide incentives such as mortgage buy-downs that aren’t available when you’re buying an existing home,” he said.

“We’d also like to thank Sacramento County officials for working with us to lower their water connection fees for apartments and other multifamily housing options. One of the best ways we can continue to tackle the housing crisis is to reduce unnecessary building fees, and more jurisdictions need to be



The only way to restore affordability is to reduce fees and incentivize builders to build more homes to meet the ongoing need. MPG Courtesy Photo

open to taking a fresh look at whether their fee programs are truly necessary as the regional average is already approximately \$100,000 per home. The only way to restore affordability is to reduce fees and incentivize builders to build more homes to meet the ongoing need.”

As always, communities in Sacramento and Placer counties accounted for the vast

majority of sales, with 259 sales reported in Sacramento County and 218 in Placer. Roseville saw the highest number of sales of any submarket with 147, followed by Elk Grove, Sacramento, Rancho Cordova, and Lincoln.

The BIA’s sales figures cover nearly 190 active new home communities in Sacramento, Placer, Yolo, El Dorado, and Yuba counties. ★



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Double Overtime Loss for Lady Warriors

Hawk Basketball Double Overtime Playoff

By Paige Lampson
Sports Editor

By Paige Lampson
Sports Editor

SACRAMENTO COUNTY, CA (MPG) - The Galt Warrior girls' soccer team experienced a tough outcome in the Division 5 playoffs. Despite securing second place in the League and being ranked 3rd in the playoffs, the team faced off against the 6th ranked Argonaut in the first playoff round.

In a tightly contested match where both teams displayed solid defensive performances, neither team managed to score by the end of regular time. The game proceeded to a 10-minute overtime period, during which the exhausted players received fervent support from the crowd but still couldn't break the deadlock.

As the referees signaled for a second overtime, with just three minutes remaining, Argonaut found the back of the net, taking the lead with a score of 1-0. Despite efforts from Coach Corona to push the players forward in the final moments, the team was unable to equalize before the final whistle.

Goalie Kylee Chapman made an impressive nine saves that evening to keep the team in contention. Head Coach Oscar Corona expressed admiration for the players who stepped up as starters amidst a season marked by injuries. Looking ahead, Corona sees potential in the young team and anticipates a building season ahead with promising talent emerging for the next season. ★



Jayden Soto passes the ball up. Photos by Paige Lampson



Galt goalie Kylee Chapman guards the goal during the Warrior playoff game.



Monica Valencia maneuvers the ball.



Emilyann Sheldon battles the Argonaut goalie and attempts to score.



Freshman Jennifer Arambula steals the ball.

GALT, CA (MPG) - The League champion Liberty Ranch girls' basketball team had a heartbreaking loss to Sonora in their first round of basketball playoffs.

The Hawks were ranked 6th, while Sonora was ranked 11th. Everything seemed to be hitting for the Wildcats, while Liberty, who should have pulled ahead, couldn't seem to find the net.

The Hawks outscored the Wildcats 10-5 in the first quarter, but that was the only quarter they outscored them and the Wildcats clawed their way ahead 43-41 with 46 seconds left, but the Hawks swished one in and tied it just as the buzzer sounded. Overtime was called.

The Hawks pulled ahead 47-45 with 10 seconds left on the clock, but miraculously Sonora scored a buzzer beater and tied it, so they went into double overtime.

The Wildcats were up 52-51 with 6.8 seconds left on the clock with possession, so the Hawks fouled and they made one free-throw. The Hawks weren't able to score with the time left and lost 51-53.

Josh Williams is in his first-year coaching Liberty Ranch girls' basketball and he led them to their first ever solo league championship. Williams however, is a seasoned coach in his 8th season coaching varsity basketball. He previously led the boys' basketball teams to numerous league championships.

"We set out to reach some goals," said Williams. "We reached two of three. Tonight was the one that ended our goal of getting out of the second round of playoffs. We didn't get out of the first round, so it was very disappointing. Overall, we had a good season and were able to get our first solo championship for the school. The plan is to get more in the years to come. We want to advance the program and take it to



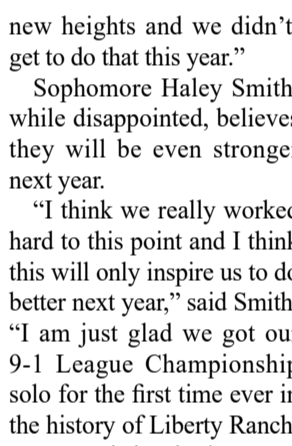
Summer Mccoy snags a rebound away from Sonora. Photos by Paige Lampson



Madisyn Robbins battles for the ball.



Sophia Felix manages to find the basket and scores.



Kendall Duryee tries to beat the buzzer from half court.



Haley Smith goes for a layup. ★

new heights and we didn't get to do that this year."

Sophomore Haley Smith, while disappointed, believes they will be even stronger next year.

"I think we really worked hard to this point and I think this will only inspire us to do better next year," said Smith. "I am just glad we got our 9-1 League Championship solo for the first time ever in the history of Liberty Ranch. Our team is inspired to come back next year and work even harder. We will miss our seniors, we love them, they did really well and next year we want to come back and go even farther in the playoffs."

Smith scored 24 of the 51 points, while Madisyn Robbins scored 13, Kendall Duryee 6, Sophia Felix 5, Summer Mccou 2, and Kamrynn Blevins 1.

Sophia Felix, who holds the school's 3-point record made one that night and Smith made two. ★



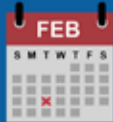
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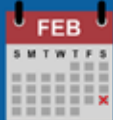
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Mar 2 All Vote Centers open through Election Day.



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LOCAL SPORTS → COVERAGE

PRESENTED BY THE GALT HERALD

Warrior Soccer Heading to Section Finals

Miguel Garcia Delivers Hat Trick

By Paige Lampson
Sports Editor

GALT, CA (MPG) - It is play-off season for the League Champion Warrior soccer team. The boys had a bye the first round of playoffs, so their first game was the quarter final against El Camino at Walker Park February 3rd.

The Warriors are ranked 1st in the playoffs and the 9th ranked El Camino didn't make it too easy, at first. It took the Warriors more than 20 minutes to score the first goal and once they did, momentum led them to a 5-1 victory.

In spite of double and triple coverage, Miguel Garcia raced three Eagles to the goal and kicked while surrounded and scored the first goal.

Isai Meza seems to be the master of the header and jumped and butted one in for the second score. He also kicked in a second goal that evening.

El Camino was able to score one on a penalty kick, but Galt Goalie Adam Preciado along with super defenders David Morales, Hayden Miller and Felipe Aguilar kept everything else out of the goal.

National goal leader Garcia added a hat trick making his total goals 57 for the season. He also passed to Isai Meza and got an assist. Vincente Marquez and Breen Velazquez also had assists



Isai Meza shows off the moves that the crowd loves. Photos by Paige Lampson

for the game.

Two days later, the Warriors played 5th ranked Placer on February 15th at Walker Park. Things were not as easy for the Semi-finals.

Isai Meza was scored in the first half with an assist from Miguel Garcia. Unfortunately, Placer put one in close to the end of the game and tied 1-1.

The game went into double overtime and still the score was tied. It came down to a shoot out and the team with the most goals after 5 shots would be the winner.

Galt Scored their first three and Placer scored two. Galt Goalie Adam Preciado blocked two of Placer's four shots and if Galt scored their fourth shot, there would be no need for a fifth because even if Placer made it the Warriors would still be



Galt goalie Adam Preciado dives for a huge save against El Camino.



Defender David Morales uses his noggin to protect the goal.

ahead. Hayden Miller came up to the ball and nailed the fourth shot and

the celebration began. The final game had been scheduled for Tuesday, but



Christian Gomez races to catch a pass.



Quadruple coverage isn't enough to keep Miguel Garcia from scoring on this play.



This is what it looks like when the Warriors get ready to block a penalty kick.

due to the harsh weather the CIF moved it to Saturday February 24th at

Cosumnes River College. Tickets are available online for \$16. ★



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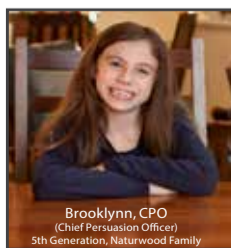
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