



Youth Commission Hosts Special Needs Lunch for students

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Swim Season Begins for Galt Warriors

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The Galt Herald

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MARCH 15, 2024

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NONSENSE PRAYER MEETS REALITY

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BEWARE THE IDES OF MARCH



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Erica's Cookie Co. Is Business of Month



Erica's Cookie Co. owner Erica Breland, left, receives the Honorary Business of the Month certificate from Galt District Chamber of Commerce community relations director Kat Seabolt, center, and President Kari Markel. Photo by Matthew Malone

**By Matthew Malone
News Editor**

GALT, CA (MPG) - Erica's Cookie Co. was recognized on March 7 by the Galt District Chamber of Commerce as its Honorary

Business of the Month. Kat Seabolt, the chamber's community outreach director, presented the award to cookie bakery owner Erica Breland.

"Erica was nominated by our community. She has a

lot that she gives back that she does. She's a proud member of the BOOT," Seabolt said, referencing the chamber's Businesses of Old Town group. "We love having you in Old Town. We love having you

as part of the chamber and congratulations on your success."

Breland said that her business's success depends on the support of the community and her family.

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Doris Matsui Photo courtesy of Doris Matsui

Matsui, Silva Advance in House Primary

**By Matthew Malone
Staff Writer**

ELK GROVE, CA (MPG) - Rep. Doris Matsui, D-Sacramento, and Galt resident Tom Silva appear favored to advance to the general election for California's 7th Congressional District, according to ballot counts. The March 5, 2024 Presidential Primary Election results at last update showed the two ahead by a strong margin. In California's top-two primary system, the top two vote-getters in March progress to the general election in November.

Matsui has received the majority of votes counted so far, 55.9%; and Silva, a Republican, followed with 32.6%. David Lee Mandel, a Democrat, with 11.5%, was in third-place.

District 7 includes Elk Grove, as well as much of southern Sacramento County and parts of Yolo and Solano counties. As of press time, the three counties last updated their results on March 12.

The three counties reported that they had counted about 78.6% of the estimated total ballots submitted. It isn't clear how many of the remaining ballots contain votes in the congressional election.

County elections offices have until April 4 to finalize their vote counts. Sacramento County's website says it expects to certify its counts on April 2.

In Elk Grove's other local primary election, Assemblymember Stephanie Nguyen, D-Elk Grove, had a large lead over Vinaya Singh as they compete for the 10th State Assembly District. Nguyen, a Democrat, received 67% of the vote, in her reelection bid. Singh, who is running as a Republican, got 33% of the vote.

As of March 8, Sacramento County

Continued on Page 3

CSD Reclassifies \$1.5M in Grant, CFD Funds



Andrea Carlassare, center, receives a proclamation from Cosumnes Community Services District, honoring the contributions of her late husband, Kevin Perry. Perry proposed the Elk Grove Nature Project; he died in April 2023 of Lou Gehrig's disease. Photo by Matthew Malone

**By Matthew Malone
News Editor**

ELK GROVE, CA (MPG) - Cosumnes Community Services District (CSD) has reclassified \$1.5 million in projected revenue to comply with auditor recommendations.

The Cosumnes Community Services District board of directors

approved the shift of funds at its March 6 regular meeting. It was part of a presentation on mid-year budget changes and the district's budget performance in the second quarter of the fiscal year.

The district operates on a two-year budget; the current one was adopted in June 2023. The mid-year amendments allow

Cosumnes Community Services District to adjust for unforeseen economic situations and, in this case, new accounting recommendations.

The proposed budget lowered the anticipated general fund revenue from nearly \$100 million to \$98.5 million, a reduction of about \$1.5 million.

Budget manager Jillian

Chavez noted that the main contributor was the reclassification of state and federal grants, and community facilities district revenue and expenses. They will now be accounted for in a separate fund, rather than as part of the General Fund.

Expenses will also decrease, from \$107.7

Continued on Page 4

Maria Kang is the No Excuse Mom

By Emanuel Espinoza

ELK GROVE, CA (MPG) - For more than two decades, Elk Grove resident Maria Kang has been training and influencing individuals for better fitness.

Kang is the “No Excuse Mom” and the “No Excuse Mom” organization founder. Well-known in the Elk Grove community for being a fitness trainer and influencer, Kang has more than 72,000 Instagram followers and 282,000 Facebook followers. Many followers have done plenty of challenges that the program promotes, such as the “Step Challenge” and the “12-Week Challenge,” Kang said.

The “No Excuse Mom” community started in Elk Grove in 2009 after her first son was born, according to Kang. Since then, Kang said, the community has “hundreds of groups” in various countries following the same program she created in Elk Grove.

“The biggest thing that we promote



Maria Kang, who has more than 72,000 Instagram followers and 282,000 Facebook followers, has lived Elk Grove since 1990. Courtesy photo

is community, self-love and creating an action plan that requires accountability,” Kang said. “I teach my students all the methods that I do and wrote in my book, ‘The No More Excuses Diet,’ such as journaling activity, food intake and creating a plan.”

Kang said she taught an aerobics class when she was 16 and a Laguna Creek

High School student. Four years later, Kang became a trainer at the 24 Hour Fitness location on Center Parkway.

“I have lived in Elk Grove since 1990,” Kang said. “Prior to training people, I was a part of a racquet club and I used to beg my mother to get me a membership there when I was 13. So I’ve always loved movement.”

One of Kang’s primary motivations in her fitness journey was her mother’s health condition and a genetic disposition that ran in her family, Kang said.

Aside from fitness, Kang also teaches breathwork and meditation through the SAC Breathwork website at the UPLIFT Therapeutic Movement and Wellness studio. Kang recommends meditating because “it’s important for the mind and also important to observe their words, thoughts and actions.”

“After more than 20 years of being in the fitness industry, what I understand more fully is the more subconscious

programming that people need to overcome more than anything else,” Kang said. “You can give someone a program for a number of weeks but they can go back to their habitual mental and physical programming because of how their body is biologically set up. I believe in breathwork.”

Another venture Kang participates in is building care homes for the elderly. Kang said that her family has been involved with Sacramento Care Homes since 2000 when her parents started the first facility when she was in college. Currently, the family business has 25 facilities.

“I have been an Elk Grove citizen since 1990,” Kang said. “I was president of Franklin Elementary School, I was a peer leader at Joseph Kerr Middle School, I was a cheerleader at Laguna Creek High School and I graduated with two degrees at UC Davis. I feel like I am ‘so Elk Grove.’”

For more, visit mariakang.com. ★

Erica’s Cookie Co. Is Open One Day a Week

Continued from Page 1

“I know that my business and our hours and our motto is not conventional for a lot but it works for us and I’m just thankful that we have had so much support,” Breland told attendees. “And we’re still here, so we hope to continue to give back and be a part of all of the things and serve the community. And that’s my heart, is to serve, so thank you.”

The business is open only on Saturdays. Breland told the Herald that she spends the rest of the week prepping for that business day and fulfilling custom orders.

Galt City Councilmember Shawn Farmer and Mayor Paul

Sandhu gave remarks.

“A place like this is really, especially in an old-town district in a small town, is what makes these areas special, because of that character. ... These are the things that make Galt what it is,” Farmer said.

Erica’s Cookie Co. is part of an ongoing revitalization of Old Town, according to Farmer.

Sandhu noted that running a small business is “hard work but we do a lot of work for the community, a lot of work for the city.”

Speaking to the Herald, Breland said that she got into the cookie business five years ago, after a “very stressful” career in the medical field. Breland was already interested in

baking and decided to try it while pregnant with her daughter. Her return from parental leave ended up lasting just a few weeks.

“I had my daughter in August, went back to work in November, left my job in December, baked my first cookies in February, and had my business license by April,” Breland recalled. “That’s kind of how fast it went. I was not any good at it. I was terrible at it, questioned myself a lot but you know, you can do hard things.”

Two years ago, with “people lining up down the street” and increasing pre-orders, Breland made the leap from a home business to the physical storefront on C Street. She said her



Erica Breland is accompanied by friends, family, Galt District Chamber of Commerce members and city of Galt officials on March 7 as her business, Erica’s Cookie Co., is named Honorary Business of the Month. Photo by Matthew Malone

company’s cookies are all handmade.

“We do everything by hand and we are just kind of ‘go with the flow.’ We want to try new recipes, and we try it and we tweak

them, but everything is made here by hand, with these hands,” Breland said, raising her hands. “Baked, scooped, dropped, the whole thing.”

Erica’s Cookie Co. is

at 411 C St. It is open from 9 a.m. to 1 p.m. on Saturdays. For more information, visit ericascookieco.com or email ericascookieco@gmail.com. ★

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Council Adds Members to Two Committees

By Matthew Malone
News Editor

GALT, CA (MPG) - Galt City Council made appointments to the Commission on Aging and the Public Safety Committee, filling out the rosters for the two advisory bodies. At its March 5 regular meeting, Council also heard concerns from a resident about speeding on West C Street.

Aging, Public Safety Appointments

The Commission on Aging had two openings. Like with most city committees and commissions, each council member appoints one member of the Commission on Aging, and Vice Mayor Rich Lozano and Council Member Jay Vandenburg had seats to fill. There were two applicants.

Lozano said the applicants are "both well qualified and will do a wonderful job for our Commission on Aging." Lozano appointed Brendan Moore, a Herald resident and Galt Senior Resource Center volunteer.

On his application, Moore said he previously served on the Parks and Recreation Commission and on the Arcohe Union School District board of directors. He noted 26 years on the County Line Soccer board.

"I have been made aware of a vacancy to serve on the Commission on Aging and I have a keen desire to help in any capacity that I am able to promote the concerns of seniors in Galt and closely aligned communities such as Herald, Acampo, and Thornton," Moore wrote in his application. "I strongly believe

the skills and experience I have accumulated as a local farmer and high school teacher (Estrellita HS) in the past 40 years have prepared me to serve on the Galt Commission on Aging."

Moore's term ends in 2026. A commissioner can apply for reappointment at the term's end.

Vandenburg appointed Dennis McCall, another Galt Senior Resource Center volunteer. In his application, McCall noted that he is a retired air traffic controller.

McCall told the Herald that he was "happy" to serve on the commission after hearing that it needed members.

"It does good things with the bingo and things like that for seniors and finding things to be helpful," McCall said.

McCall's term runs until the end of the year.

The Public Safety Committee had one opening for Vandenburg to fill. Out of two eligible applicants, he appointed Jessica Selby. In her application, the Wilton resident said she has worked in corrections since 2012 and is "well versed in the public safety issues facing this community."

"We cannot have a thriving small-town economy without our public feeling safe. I have worked for the state since 2013 on both the nursing and custody side and it gives me a unique perspective when it comes to solving the city's public safety issues," Selby wrote in her application. Selby's term runs until the end of 2024.

Councilmember Shawn Farmer has one appointment to make for the

Parks and Recreation Commission but he requested to delay his decision until the next council meeting on March 19. Farmer said he wants to meet with each of the four applicants.

Among the applicants are Selby, who applied for both Parks and Recreation and Public Safety, and Chris Brossman, who serves on the Measure R Independent Citizens' Oversight Committee with a term expiring this year. The other applicants are Robert King, a Youth Commission adult member, and Paul Salinas Jr., who cited knowledge of facility maintenance, construction, budgeting and legislation.

Resident Speaks Out on Speeding

During public comment, Galt resident Chris Mayhew said he is concerned about excessive speed among drivers on West C Street. Mayhew asked for speed controls to be added to the stretch west of Valley Oaks Elementary School, which he called a "straightaway." He requested that Galt Police Department patrol the area more often.

"I have children that like to cross the street to go to their friends' house, and we have constant speeders. I'm not talking about 26 (mph) in a 25 (mph zone)," Mayhew said. "I'm talking about well over 30, disregard for people. ... There's no regard for the public safety there."

Mayhew acknowledged that controls such as speed bumps can slow down emergency vehicles but, he said, designs exist that minimize this effect.

He said the police should increase patrols on West C Street.

"I've seen numerous officers patrol that area but I haven't really seen any lately," Mayhew said, adding that he once received a ticket for a stop sign violation. "I learned my lesson. That was like a \$300 or \$400 ticket. So I believe that if people are getting tickets for this, they will basically spread the word and use the power of social media to be like, 'Hey, slow down in this area. I just got a ticket.'"

Mayhew said that he worried for children's safety.

"I want to be proactive instead of reactive," Mayhew said. "I don't want to learn on the news that a child was severely disabled or killed just due to negligence of speed."

Police Chief Brian Kalinowski said police department staff would get in contact with Mayhew about his concerns.

Later in the meeting, Farmer said speeding is one of the top complaints he hears from residents. Farmer praised the police department for using new radar trailers at various locations in the city. He asked that the police share traffic safety information on social media and consider a "zero-tolerance period" for traffic enforcement.

"People just need to get hit in the pocketbook. It's just the bottom line," Farmer said. "We just need to send a message that rolling stop signs or just running stop signs and going 50 mph down a residential street is just not acceptable in our small town." ★

Matsui, Silva Advance

Continued from Page 1 estimated that it had counted 74% of the total ballots submitted, with an unknown number in the District 10 race.

As the only two candidates, the two are set to have a rematch in the general election.

Based on the votes counted and the estimated remaining on March 12, Sacramento County will have a primary voter turnout of about 37%. March 12 was the deadline for mail-in ballots postmarked by Election Day to arrive



Tom Silva Photo courtesy of Tom Silva

at the Elections Office in order to be counted.

To follow updates on the vote counts for Sacramento County, visit elections.sacramento.gov. The county is updating its results on Tuesday and Friday nights until it certifies the result. State-level results can be found at the California secretary of state's website at sos.ca.gov. ★

Measles Exposure at UCD

Sacramento County News Release

SACRAMENTO COUNTY, CA (MPG) - Sacramento County Public Health (SCPH) has confirmed one case of measles in a child who was seen at the UC Davis Medical Center Emergency Department between noon and 5 p.m. March 5.

Unvaccinated persons or those with unknown vaccination status who were in the UC Davis Medical Center Emergency Department during the aforementioned time are at risk of developing measles from seven to 21 days after being exposed.

Individuals possibly exposed should follow three steps.

1.: Review immunization and medical records to determine if they are protected against measles. Individuals who have

not had measles infection previously or who have not received the measles immunization should talk with a healthcare provider about receiving measles, mumps and rubella (MMR) immunization.

2.: Contact by phone or email and notify their health care provider as soon as possible about a potential exposure. Do not go to your provider in-person or go to the emergency department for potential exposure.

3.: Monitor for illness with fever and/or an unexplained rash from 7 to 21 days after exposure.

If you become ill enough that you need to seek medical attention in person, wear a mask and inform the registration staff that you have had a measles exposure so that appropriate isolation can occur in the healthcare setting. ★



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CSD Reclassifies \$1.5M in Grant, CFD Funds

Continued from Page 1
She attributed this to the same fund reclassification that affected revenues, as well as savings on employee pay due to turnover and vacancies.

Staff increased the projected revenue from the city of Elk Grove's Measure E sales tax, adding an anticipated \$1.65 million to that fund's income.

"I am very happy to report that we have some increased opportunities with Measure E," Chavez said. She added that "the increased revenue is currently designated as an increase to reserves, and the district will hold a board workshop to consider future uses."

The 1-cent sales tax passed by voters in 2022 provides income shared by Cosumnes Community Services District and the city of Elk Grove to fund

services such as fire and police, park maintenance and crime reduction.

When director Peter Sakaris asked how Cosumnes Community Services District predicts the growth in Measure E revenue, General Services administrator Amanda Chehrezad said, the district relies on a contractor used by Elk Grove.

"It was a surprise that it (Measure E revenue) is coming in as high as anticipated and it is really directly related to how well the economy is doing," Chehrezad said. "And so as we see fluctuation within the economy, this revenue will be affected at a much more direct and quicker pace than our tax revenue from the county, so we will definitely be monitoring it closely, but at this point, we are mirroring what the city is recommending in terms of revenue

projections."

Chavez said the district's recent accomplishments include a more holistic approach to budgeting that "supports the organization as a whole," the addition of new administrative positions, and higher-than-anticipated revenue from Measure E and an intergovernmental transfer program with the state.

A major challenge is increasing costs for maintenance and cost of goods and personal protective equipment. In addition, Chavez said, the district is struggling to keep up with administrative tasks, an issue that she expected to ease as the new admin positions are filled.

High turnover, union negotiations, and the impact of a compensation study are also presenting challenges, Chavez said.

"The district wants to



Paul Mewton, left, Cosumnes Community Services District chief of planning, design and construction, reads the proclamation honoring Kevin Perry. Perry's widow, Andrea Carlassare, accepted the proclamation on his behalf. Photo by Matthew Malone

offer competitive wages and must find a balance with long-term sustainability," the budget manager said.

Cosumnes Fire plans to complete initial recruitment for its firefighting explorer program at the end of the year, Chavez said.

Responding to a question from Director Orlando Fuentes, Fire Chief Felipe Rodriguez said the

department is working on getting a charter from the Boy Scouts of America. He said the program is a way for students to consider a firefighting career, which he said could enhance diversity in the department.

"That is an opportunity for the young women and men of our community to learn a little bit more about becoming a firefighter and understanding what it takes to be a firefighter, so we'll

open it up to our own high school juniors and seniors hopefully here in the fall," Rodriguez said. He continued that participants can eventually spend time at fire stations and participate in ride-alongs; they can go on to become interns in college, "on their way to become a firefighter."

The board unanimously accepted the two budget reports. ★

GLANCE BACK

80 Years Ago March 24, 1944

Charles Biaggi, son of Mr. and Mrs. Steve Biaggi of Galt, is now serving overseas in the South Pacific with the U.S. Marine Corps. He entered the service Sept. 29, 1943, while a senior at Galt High School, and trained at Camp Elliott, San Diego. He has been overseas six weeks as a light machine gunner. He qualified for a rifleman's medal while in training.

□ □ □

Certificates of awards were received from the U.S. Treasury for the sale and purchase of bonds by the students of the Arno School. There are only 23 students in the school and every student sold a bond during the fourth War Loan Bond sale. A certificate was also presented to the teacher, Mrs. Charles Wieland.

70 Years Ago March 25, 1954

Theodore R. (Ted) Schauer, well known Galt businessman, was elected commander of the Galt Veterans of Foreign War at a meeting held Tuesday night.

□ □ □

At an awards banquet Tuesday night in Sacramento, two vocational ag students from Galt High School, Loren Goehring and Darrell Schock, were named gold award winners in the 1954 Farm Program Competition of the Future Farmers of America. Two other boys received silver awards: Bill Denier and Lester Fuqua.

60 Years Ago March 19, 1964

The sixth annual Galt Community Festival, to be held July 17-19, will be the responsibility of the Galt Junior Chamber of Commerce, the Jaycees announced.

□ □ □

Student body elections were held last week at Galt High School with president Dave Roberts, vice president Terry Olson, secretary Christine Johnson, treasurer Allen Amaro, sales manager Barbara

McFarland, director of buildings and grounds Bob Wold. Karen Liss, Charlotte Winsor, Jerry Talcott and Rachel Henkes are songsters. Sue Gerling, Joyce King, Sandy Wardrip and Lynn Galliste are yell leaders, and Robin Williams and Jeannie Cowley are mascots.

50 Years Ago March 21, 1974

The Galt Planning Commission meeting Thursday elected Monte Lorenz as chairman and Michael Greer as chairman pro tem. Both are members of long standing.

□ □ □

Sacramento County 4-H Favorite Foods Day winners of first place were Theresa and Lori Denier of Galt 4-H Club. Favorite Foods Day was held Feb. 23.

□ □ □

Marty Aschwanden, daughter of Mr. and Mrs. Harry Aschwanden and a junior at Galt High School, won the local high school United Nations Pilgrimage speech contest March 7. Shirley Ryans was chosen as alternate.

40 Years Ago March 15, 1984

A Saturday morning fire gutted the interior of a painting room at Hess Plastics, 901 Simmerhorn Drive. The Galt Fire Department received the call at 10:34 a.m. and found the isolated structure ablaze. Operations manager Bill Odoms believes the blaze may be the result of direct sunlight and overspray paint residue in the room's filters.

□ □ □

Eleven members of Galt High School's upcoming musical, "Bye Bye Birdie," will be touring area elementary schools and service clubs, performing scenes from the musical. "This is a wonderful opportunity for children to see a live performance. ... And of course, we hope they will enjoy it enough to come to the musical and see more," comments Rita Prichard, director of the 50's musical. ★

ABOUT TOWN

Corned Beef and Cabbage Dinner March 16

The Alta Mesa Gun Club of Wilton will kick off the St. Patrick's Day season and host its annual Corned Beef and Cabbage Dinner on Saturday, March 16. Social hour begins at 5 p.m., followed by the 6 p.m. dinner. Tickets are \$30 per person (ages 13 and up) and \$15 per person (ages 12 and under). Dinner tickets can be purchased at the clubhouse from 5 to 9 p.m. Mondays, Thursday, and Fridays or via Google Pay at altamesagunclub@gmail.com. For more information on tickets, call 916-716-7329 or 916-996-8861. The Alta Mesa Gun Club is at 10100 Reigl Road, Wilton.

EG American Legion Casino Night March 17

The Elk Grove American Legion Post 233 invites the community to its Casino Night fundraiser on March 1 at District 56 (8230 Civic Center Drive, Elk Grove). There is a social hour from 5 to 6 p.m. and the casino from 6 to 9 p.m. Tickets can be purchased online at post233.americanlegionelkgrove.com for \$25 per person or \$40 per couple. Each ticket includes one drink ticket per person or two drink tickets per couple, hors d'oeuvres and \$200 per person in casino money. You can also RSVP at 916-681-4078. The fundraiser will support the purchase of uniforms for the Elk Grove American Legion Post 233 baseball team.

HCC Easter Egg Hunt March 23

Herald Community Club will hold its Easter Egg Hunt on March 23. The family-friendly egg hunt starts at 11:30 a.m. sharp, and attendees are invited to bring Easter baskets. The overall event runs until 1 p.m. and features kids' crafts and music, as well as burgers and hot dogs. The Easter Bunny will take pictures with guests. The event will be at Herald Community Park.

Eggstravaganza, Kite Day on March 30

Galt Area Historical Society will host Eggstravaganza and Kite Day on March 30 at McFarland Living History Ranch, featuring an egg hunt and egg drop, a pie-eating contest and pictures with the Easter Bunny. Games and activities run from 9 a.m. to 2 p.m. and the hunt for eggs hidden across the ranch starts at 9 a.m. The pie-eating contest will start at noon and the egg drop will start at 1 p.m. Tours of the historic ranch house will happen throughout the day. McFarland Living History Ranch is at 8899 Orr Road and parking costs \$5 per car. For information on registration, call 209-730-3127.

A-Z Foundation Fundraising Dinner April 6


The GLS Chapter of the A-Z Foundation Group is hosting its fourth annual Auction/Banquet Fundraiser in Acampo on April 6. The prime rib and chicken dinner will be held at the Moose Lodge (3824 E. Woodridge Road, Acampo). Doors open at 5 p.m.

Single-dinner tickets cost \$80 each or \$150 for two. Multiple levels of table sponsorships are available. A raffle will be held with prizes including various rifles; raffle ticket packs are available for \$100 to \$500, with bonus tickets on offer for those who buy before March 27.


For ticket information, call Joyce Horrocks at 209-541-4959, Rick Horrocks at 209-541-4813 or Rodney Torres at 209-769-1088.

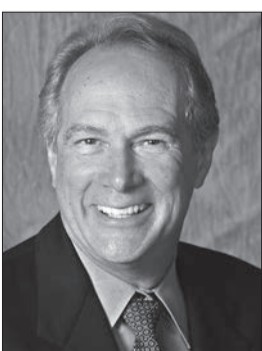
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The Galt Area Historical Society will offer tours at McFarland Living History Ranch (8898 Orr Road) and the Rae House Museum (204 Oak Ave.), from 1 to 4 p.m. on the following Sundays: April 7, May 5, June 2, July 7, Aug. 4, Sept. 1, Oct. 6, Nov. 3 and Dec. 1. Parking is free and donations are accepted. For more information, call 209-730-3127. ★



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POLICE LOGS

During March 1 to March 7, Galt Police received and responded to a variety of calls, resulting in nine arrests.

Friday, March 1

11:27 a.m., attempt to serve warrant/adult arrested at McDonald's on East Stockton Boulevard.
05:12 p.m., theft reported at Hudson Bay Apartments on Lake Park Avenue.

Saturday, March 2

07:56 a.m., attempt to serve warrant/adult arrested on Labrador Court.
09:49 a.m., battery reported on Bateman Court.
12:53 p.m., attempt to serve warrant/adult arrested on Delane Drive.
09:27 p.m.,

trespassing/adult arrested at McDonald's on East Stockton Boulevard.

Sunday, March 3

02:36 p.m., family offense reported on Brodiewest Court.

Monday, March 4

12:47 p.m., vandalism reported at Lyonia Circle/Cedar Flat Avenue.
01:29 p.m., theft reported at CVS Pharmacy on C Street.

Tuesday, March 5

04:05 p.m., vandalism reported on Myrtle Avenue.
10:51 p.m., domestic violence reported at More for Less on North Lincoln Way.

Wednesday, March 6

06:28 a.m., narcotics violation/adult arrested at C Street/Fairway Drive.

09:54 a.m., vandalism reported at Caroline Avenue/Fairway Drive.

10:43 a.m., fraud reported on Ashboro Lane.

02:27 p.m., missing adult reported at Rancho Seco Care Center on F Street.

09:07 p.m., attempt to serve warrant/adult arrested at Carl's Jr. on C Street.

Thursday, March 7

08:08 a.m., trespassing reported at Galt Cemetery on Joy Drive.

11:22 a.m., attempt to serve warrant/adult arrested at Galt Laundromat on C Street.

12:29 p.m., theft reported on Beaver Park Way.

01:48 p.m., trespassing reported on Twin Cities Road. ★

COMMUNITY BRIEFS

City After-Hours Assistance

After-hours assistance is available at the Galt Public Works and Parks and Recreation departments. For Public Works concerns, call the Galt Police Department nonemergency line at 209-366-7000.

The Parks Maintenance Division is available for scheduled field or facility use assistance only from 4 to 10 p.m. Mondays to Fridays, and from 7 a.m. to 10 p.m. Saturdays and Sundays. Call 209-810-0293.

Office Hours with Mayor Sandhu

Galt Mayor Paul Sandhu is opening his office hours to meet one-on-one with residents of Galt. On the first and second Thursday of each month, residents can discuss issues important to them. Meetings will be held at Galt City Hall (380 Civic Drive) 30 minutes each and by appointment only.

To schedule an appointment, contact the city clerk's office at 209-366-7130, extension 7, or clerk@cityofgalt.org.

Library Offers Older Adults Computer Time

In cooperation with the Galt Commission on Aging, the Galt-Marian O. Lawrence Library will schedule a set time for older adults to use its computers upon request. Those 65 and older who wish to request computer time can call the library at 916-264-2920.

Staff will help set up the computer or tablet. The library is open from 10 a.m. to 6 p.m. Tuesdays through Saturdays at 1000 Caroline Ave.

Recycle Household Batteries

City of Galt residents can recycle their household batteries in one of two green household-battery recycling bins: on the west side at the front entrance to the Galt Police Department or on the east side at Galt Community Park, just west of the fire station. The green bin is only for dry-cell household batteries.

For additional information, contact the Public Works Department at 209-366-7260.

Square Dance Classes on Mondays

The Diamond Dancers Square Dance Club hosts social square-dancing classes in Galt. The classes are open to everyone and are held from 6:30 to 8 p.m. Mondays at the Valley Oaks Grange Hall.

The classes are formatted for flexibility and students can learn numerous square-dance calls in about three months.

The Valley Oaks Grange Hall is at 347 Fifth St. For more information, call Sue Regadanz at 916-835-8916.

AA 24-Hour Hotline

For help with an alcohol-related problem, call the Alcoholics Anonymous 24-hour hotline at 209-745-1525.

Nominate Your Neighbor

The Galt Beautification Committee wants you to "nominate your neighbor." Has your neighbor recently completed a yard project? Does your neighbor have the best flowers in town or the best-looking yard? The Galt Beautification Committee wants to know.

Send an email with pictures and why you are nominating your neighbor to planningdivision@cityofgalt.org. The best submissions will be included in

newsletters and City Manager Updates.

Nar-Anon Family Group Meetings

Narcotics Anonymous (Nar-Anon) family group meetings for friends and family members who are dealing with drug addiction are held locally on a weekly basis from 9:30 to 10:30 a.m. Saturdays at the Galt United Methodist Church, 571 C St. in Galt.

Sunshine Food Pantry Donation Sites

Sunshine Food Pantry is a food closet that helps provide for residents. Collections of canned food and dry good nonperishable items are received at United Methodist Church, 571 C St. in Galt. Call to make an appointment for donations at 209-745-4133.

The food closet is open from 7:30 to 10 a.m. the second and fourth Thursdays of each month at the United Methodist Church.

Meals on Wheels Cafe Accepting Older Adults

Meals on Wheels is accepting new participants in its Galt All Seasons Café located in the Chabolla Community Center, 600 Chabolla Ave.

The cafe is open at 11:30 a.m. Mondays through Fridays for adults ages 60 and older. Those interested can apply at the Chabolla Center when meals are being served or they can call 916-444-9533.

Senior Bingo Weekly at Chabolla

The Galt Commission on Aging is hosting Senior Bingo games at the Chabolla Community Center at 600 Chabolla Ave. from 1 to 3 p.m. Mondays (except holidays and when required by the city). Seniors of Galt and its immediate vicinity are invited to have fun and play bingo together, socialize and possibly make new friends. Attendance is free.

Volunteers Sought for Senior Resource Center

The Commission on Aging is looking for volunteers to staff the Galt Senior Resource Center, which opened its doors in April.

The commission is looking for volunteers who can operate a computer and are willing to answer questions from seniors in person, over the phone, on social media and by email.

Volunteer slots are available in two-hour increments for up to four hours from 10 a.m. to 2 p.m. Mondays through Thursdays, excluding holidays. Volunteers will be trained and can contact commission members if questions arise.

The resource center is at the Chabolla Community Center, 600 Chabolla Ave. If interested in helping, call 209-294-3308 and leave a message or inquire in person.

Cosumnes DAR Chapter Accepting New Members

The Daughters of the American Revolution (DAR) recently started its Rio Cosumnes Chapter in the Elk Grove/Galt community and is accepting new members.

The nonprofit, nonpolitical volunteer women's service organization is dedicated to promoting patriotism, preserving American history and securing America's future through better education for children.

Members are all lineal descendants of those who supported the cause of independence in the Revolutionary War.

For more on the Rio Cosumnes Chapter's monthly meetings or membership, contact Registrar Paula Schroeder at egdarregistrar@gmail.com. ★

MEETING MINDERS

Tuesday, March 19

Galt City Council, 6 p.m., Council Chambers, 380 Civic Drive.
Galt High Alumni Association (GHAA), 7 p.m., Three Palms Mobile Estates Clubhouse, 604 Pringle Ave., 916-835-8690.

Wednesday, March 20

Galt Elementary School Board, 7 p.m., Council Chambers, 380 Civic Drive, 209-745-4545.
Cosumnes Community Services District, 5 p.m., Elk Grove CSD boardroom, 8820 Elk Grove Blvd.

Thursday, March 21

Galt High School Board, 6 p.m.,

Council Chambers, 380 Civic Drive.
Arcohe School Board, 7 p.m., Media Center (East Campus), 11715 Ivie Road, Herald, 748-2313.

Galt Beautification Committee, 10 a.m., Community Development Dept., 495 Industrial Drive, 366-7130.

Herald Fire Protection District, 6 p.m., Station 87, 12746 Ivie Road, 209-748-2322.

U.S. Coast Guard Auxiliary, 6:30 p.m., Galt Police Department, 455 Industrial Drive, 916-687-1512.

Friday, March 22

Galt Friends of the Library, 10 a.m., Marian O. Lawrence Library, 1000 Caroline Ave. ★



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Sacramento Native Serves at Naval Information Warfare Center Pacific

By Mass Communication Specialist 2nd Class Andrew Hanchar, Navy Office of Community Outreach

SACRAMENTO, CA (MPG) - Lt. Jessica Valeske, a Sacramento native, serves the U.S. Navy assigned to Naval Information Warfare Center (NIWC) Pacific.

Valeske graduated from Sheldon High School in 2008.

The skills and values needed to succeed in the Navy are similar to those found in Sacramento.

"My family back at home has taught me the power of respect and integrity," said Valeske. "Having these values instilled in me from such a young age has helped me in my Navy career."

Valeske joined the Navy 11 years ago. Today, Valeske serves as an engineering duty officer.

"I joined the Navy because college was expensive and the Navy provided an alternative that would give me life-long skills," said Valeske. "I also wanted to get out of my hometown and see the world."

NIWC Pacific is comprised of more than 5,200 scientists, researchers, engineers, technicians, and personnel who develop and deploy technologies to support warfighters from seabed to space.

With 90% of global commerce traveling by sea and access to the internet relying on the security of undersea fiber optic cables, Navy officials continue to emphasize that the prosperity of the United States is directly linked to



Lt. Jessica Valeske Photo by Mass Communication Specialist 2nd Class Jordan Jennings, Navy Office of Community Outreach

recruiting and retaining talented people from across the rich fabric of America.

"We will earn and reinforce the trust and confidence of the American people every day," said Adm. Lisa Franchetti, Chief of Naval Operations. "Together we will deliver the Navy the nation needs."

Valeske has many opportunities to achieve accomplishments during military service.

"I am most proud to have been accepted to the Naval Academy where I earned a bachelor's degree in mechanical engineering and a master's degree in electrical engineering," said Valeske. "I am also proud of having gone on three deployments and

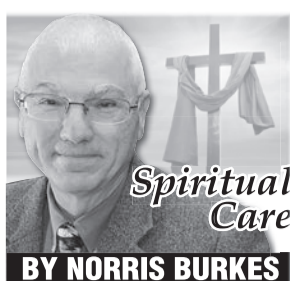
having climbed the ranks from enlisted to commissioning to becoming a lieutenant."

Valeske serves a Navy that operates far forward, around the world and around the clock, promoting the nation's prosperity and security.

"Serving in the Navy means giving up certain rights and holidays to serve and protect the American people," said Valeske.

"We as sailors become something bigger than ourselves."

"I am looking forward to building and contributing to innovating the fleet in terms of technology and keeping this Navy the biggest and strongest navy in the world," added Valeske. ★



BY NORRIS BURKES

After my recent Sunday sermon, a vehicle parked in front of my church rolled up hill and slammed into the pastor's bumper.

Yup. That pickup truck just put itself in gear and gave my Camry a big boo-boo.

At this point, I ask that you suspend your disbelief.

Let's move on to the spiritual point that you expect from this columnist.

After hearing the all-too-familiar crunching sound, I went to the rear to examine the trunk damage.

As I placed my hand on the door handle, I found myself praying a nonsensical prayer.

"Pull-ease God, just allow the trunk to be operable. Please allow my car to remain drivable until it can be fixed."

I have a name for these kinds of prayers – "nonsensical."

I call it that because I know that no matter what I pray, the damage is already done. It's a prayer after the fact, as if my plea would change history.

I think you'd agree that these kinds of prayers are about as ludicrous as someone claiming they were hit by a parked car.

However, while my prayer seemed futile, it also was a very human prayer.

Prayers that come from our disappointments and hurt often will not make sense to the casual listener. That's because they're spoken in a language of the heart that's not easily translated.

I learned this from a

Nonsensical Prayer Slams into Reality

cancer patient who once told me that her prayers no longer made sense. She had stage-three breast cancer and wondered aloud whether it was crazy to ask God to heal her after the cancer had progressed into this advanced stage.

I was tempted to spout the "chaplain answer," the answer that would gush with god-speak.

Instead, to this very scared mom on our oncology unit, I admitted what I knew to be true: I knew nothing.

"I'm not sure that God is looking for dialogue from us that makes sense," I said, "because I'm not sure we are expected to be doing sensible things at a moment like this."

Looking for sensible words in our prayers can be as senseless as expecting patterns in the wind. "Sensible" prayers are our attempt to find a formula or to cast a holy spell with which we make God do as we wish.

We've invented all kinds of prayer systems, but in the end, the only thing that gets us through the hardest times are the prayers that resonate in our hearts.

When it comes to the language of prayer, God uses the human heart as a universal translator by which he is best able to hear us.

The prayers we express at a time like this don't always align with sensible theology.

Jesus suggested that the best way to find alignment with spiritual things is to find a closet in which to pray.

I love how The Message translates Jesus' words from Matthew 6:6:

"Here's what I want you to do: Find a quiet, secluded place so you won't be tempted to role-play before God. Just be there as simply and honestly as you can manage. The focus will shift from you to God, and you will begin to sense his grace."

The gist of the teaching is: When it's just you and God in the closet, you have no witnesses. You needn't care what your prayers sound like. The only thing that will matter is that God hears you.

All of which tells me that whether it is backing into a parked pickup or hitting the wall of reality, the prayers of a fearful heart will always find the ear of a loving God.

By the way, I was able to open the trunk by following the method of many a TV evangelist. I placed one hand on the ailing part of the car and one hand on my Bible and just "beeelieved."

Sadly, the trunk lid bounced back on my head. You should have heard my knot-headed prayer then.

So, may I just say that should you decide to visit our church, we have two parking lots. You might prayerfully consider parking in the rear parking lot, away from the silver Camry.

You'll find this column in my next book, but in the meantime, you can buy my newest book, "Tell it to the Chaplain," or any of my books, online at www.thechaplain.net or send \$20 to 10556 Combie Rd. Suite 6643 Auburn, CA 95602.

Comments received at same address or by email: comment@thechaplain.net or at (843) 608-9715. ★

Out of Crisis Comes Opportunity

Reducing Ambulance Patient Offload Time

Sacramento County News Release

SACRAMENTO REGION, CA (MPG) - Every second counts in an emergency, and when it comes to medical emergencies, time is of the essence.

The time it takes for an ambulance to offload a patient to the emergency department (ED) can make all the difference; the longer the wait, the more critical their condition can become.

It's an emotional and stressful situation for patients and their loved ones, who are already worried about the outcome of their medical emergency.

As the population of Sacramento County continues to grow, so do the demands on its emergency medical services. One crucial metric that affects patient outcomes and the overall efficiency of emergency medical services is the Ambulance Patient Offload Time (APOT).

The time interval is between the arrival of an ambulance patient at an ED and the time that the patient is transferred to the ED gurney, bed, chair or other acceptable location and the emergency department assumes the responsibility for care of the patient. In Sacramento County, that time has hit a high of 72 minutes but the county has an ambitious goal to drop that time to 20 minutes. This goal comes as Assembly Bill 40, which takes effect on July 1, will require every local EMS agency to develop a plan not to exceed 30 minutes for 90% of ambulance arrivals and report the standardized time to the authority.

Sacramento County, with prehospital providers, local hospitals, interested community members and Sacramento County Board of Supervisors Patrick Kennedy and Pat Hume, shared their innovations and



Sacramento County Board of Supervisors want to reduce the time that it takes to get an ambulance patient into a doctor's care from 72 minutes down to 20 minutes. MPG Courtesy Photos

best practices Feb. 13 to address the Ambulance Patient Offload Time crisis.

Dr. Gregory Kann stated the importance of sharing ideas and innovations to create better services for all, adding that out of this crisis comes opportunity.

Sutter Roseville, a not-for-profit hospital that is part of the Sutter Health network, shared a real-time data system implemented to monitor its Ambulance Patient Offload Time. By using its medical health record system, EPIC, Sutter Roseville tracked a patient's emergency room trip from entrance to transfer, allowing obstacles to be identified and any issues to be corrected. The hospital leadership also educated staff to help identify when a patient needed ER treatment or could be moved to another department or service. These efforts helped the hospital reduce the time from 100 minutes to 31 minutes, according to the Sutter Roseville presentation.

A Sacramento Metropolitan Fire District (SMFD) presentation approached the Ambulance Patient Offload Time issue another way. The fire district implemented the county's revised protocol (Policy Number 5050 – Destination), which authorizes patients to be taken to their medical health system's hospital, instead of the closest hospital, allowing for faster treatment since their medical records were already there. ★

The Sacramento Metropolitan Fire District also determined if a patient needed to be directly taken to the ER or if they could safely wait in the lobby. The fire district also partnered with other ambulance providers to provide additional ambulances to support the 9-1-1 system.

The fire district implemented a Mobile Integrated Health program, which means a Physician Assistance/Nurse Practitioner teams with a paramedic who responds to calls and determines what a patient might need and if they can be treated at the scene without going to the emergency department.

The Sacramento Metropolitan Fire District's innovations aim to get patients to the right place the first time, whether that's the ER, lobby or another service, according to the presentation.

The Feb. 13 event demonstrated that local hospitals, pre-hospital provider and the Sacramento County Board of Supervisors are strongly committed to improving Ambulance Patient Offload Time and emergency medical services, according to the county. With continued collaboration, innovation and inspiration, Dr. Kann emphasized that these conversations are what will fuel the plan to better lead the Ambulance Patient Offload Time and deliver better outcomes for patients in Sacramento County. ★

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Youth Commission Hosts Special Needs Lunch in Random Act of Kindness

**By Josh Cullers
SacSchoolBeat, Galt
High School**

Editor's Note: SacSchoolBeat is a program funded by the Sacramento County Office of Education that trains Sacramento County high school students to cover education topics. Josh Cullers is a senior at Galt High School and the chair of the Galt Youth Commission.

GALT, CA (MPG) - As part of Random Acts of Kindness Week, the Galt Youth Commission hosted a pizza-and-drinks lunch at Galt High School for special needs students.

Random Acts of Kindness Week, celebrated this year Feb. 11-17, has been a long-time project of the Galt Youth Commission, said Vice Chair Alexa Murillo Cuevas.

"Since the Random Acts of Kindness Week was nearing and the Youth Commission has almost always participated in this week in the past," Murillo Cuevas said, "we began sourcing ideas from each other in the monthly meeting early in the (school) year."

Commissioner Kayson Jones took charge of the project, Murillo Cuevas

said. "He brought to the meeting a detailed agenda for the (Random Acts of Kindness) week, a list of businesses to be contacted and treasury reports," Murillo Cuevas said. "Jones was truly the backbone of this entire project as he was the one to call in the pizza for the two SCOE lunches, clear plans with two school admins, and figure out budgets for the entire week."

Jones said the project is important as a way to recognize special needs students and the teaching staff who work with them.

"To be honest," Jones said, "I feel like we don't give a lot of love to our special needs students and our aides and teachers who put a lot of work in, and have the patience to do a lot of work. I feel it is just good to give them some attention, make friends in the community and give back."

The commission also took on other activities as part of the project, Murillo Cuevas said, including writing and delivering messages to the local police and fire departments and Galt City Council members, and purchasing doughnuts and coffees for the Galt Commission on Aging's



SPED students, student aides, members of the Galt Youth Commission, Galt High School leadership students and Galt police officers all gather to enjoy a friendly lunch together in the Galt High cafeteria. Photo by Josh Cullers

senior bingo game. The lunch went smoothly, Jones said.

"I'm pretty proud of myself," he said. "We were able to do it (the activities for the week) successfully with minimal hiccups. I was really excited because

I didn't get to do much last year with the commission, and ... I'm glad this is going well."

The special needs students and their aides appreciated the lunch, said aide Diane Kaufman.

"It's nice that they're

reaching out to us because it's nice for the kids to have some other people that they can reach out to because sometimes their circles are small," Kaufman said. "So it's nice to see other people come in and get to know them, and to be able to see

them socialize."

During the event, special needs student Ethan Taylor had a simple message for the commission for putting the lunch together.

"It was good," Taylor said. "Thank you." ★

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Estimated amount of unpaid balance, reasonably estimated costs and other charges: \$ 307,390.79
NOTICE OF TRUSTEE'S SALE THE TRUSTEE WILL SELL AT PUBLIC AUCTION TO HIGHEST BIDDER FOR CASH, CASHIER'S CHECK DRAWN ON A STATE OR NATIONAL BANK, A CHECK DRAWN BY A STATE OR FEDERAL CREDIT UNION, OR A CHECK DRAWN BY A STATE OR FEDERAL SAVINGS AND LOAN ASSOCIATION, A SAVINGS ASSOCIATION OR SAVINGS BANK SPECIFIED IN SECTION 5102 OF THE FINANCIAL CODE AND AUTHORIZED TO DO BUSINESS IN THIS STATE: All right, title, and interest conveyed to and now held by the trustee in the hereinafter described property under and pursuant to a Deed of Trust described as:
More fully described in said Deed of Trust.
Street Address or other common designation of real property: 723 CEDAR FLAT WAY, GALT, CA 95632
A.P.N.: 150-0520-012-0000
The undersigned Trustee disclaims any liability for any incorrectness of the street address or other common designation, if any, shown above.
The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust with interest thereon, as provided in said note(s), advances, under the terms of said Deed of Trust, fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust. The total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is: \$ 307,390.79.
Note: Because the Beneficiary reserves the right to bid less than the total debt owed, it is possible that at the time of the sale the opening bid may be less than the total debt.
If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee, and the successful bidder shall have no further recourse.
The beneficiary of the Deed of Trust has executed and delivered to the undersigned a written request to commence foreclosure, and the undersigned caused a Notice of Default and Election to Sell to be recorded in the county where the real property is located.
NOTICE OF TRUSTEE'S SALE NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien,

you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on this property.
NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call (866)-960-8299 or visit this Internet Web site <https://www.altisource.com/loginpage.aspx> using the file number assigned to this case 2023-01505-CA. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale.
NOTICE OF TRUSTEE'S SALE NOTICE TO TENANT: You may have a right to purchase this property after the trustee auction, if conducted after January 1, 2021, pursuant to Section 2924m of the California Civil Code. If you are an "eligible tenant buyer," you can purchase the property if you match the last and highest bid placed at the trustee auction. If you are an "eligible bidder," you may be able to purchase the property if you exceed the last and highest bid placed at the trustee auction. There are three steps to exercising this right of purchase. First, 48 hours after the date of the trustee sale, you can call (866)-960-8299, or visit this internet website <https://www.altisource.com/loginpage.aspx>, using the file number assigned to this case 2023-01505-CA to find the date on which the trustee's sale was held, the amount of the last and highest bid, and the address of the trustee. Second,

you must send a written notice of intent to place a bid so that the trustee receives it no more than 15 days after the trustee's sale. Third, you must submit a bid, by remitting the funds and affidavit described in Section 2924m(c) of the Civil Code, so that the trustee receives it no more than 45 days after the trustee's sale. If you think you may qualify as an "eligible tenant buyer" or "eligible bidder," you should consider contacting an attorney or appropriate real estate professional immediately for advice regarding this potential right to purchase.
Date: February 20, 2024
Western Progressive, LLC, as Trustee for beneficiary C/o 1500 Palma Drive, Suite 238 Ventura, CA 93003
Sale Information Line: (866) 960-8299 <https://www.altisource.com/loginpage.aspx>
Trustee Sale Assistant
WESTERN PROGRESSIVE, LLC MAY BE ACTING AS A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT. ANY INFORMATION OBTAINED MAY BE USED FOR THAT PURPOSE. The Galt Herald 3/1/2024, 3/8/2024, 3/15/2024
Galt Herald 3-15-24
NOTICE OF TRUSTEE'S SALE T.S. No. 23-02205-LC-CA Title No. 230472527-CA-VOI A.P.N. 150-0142-038-0000 YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 01/27/2021. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash, (cashier's check(s) must be made payable to National Default Servicing Corporation), drawn on a state or national bank, a check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, savings association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state, will be held by the duly appointed trustee as shown below, of all right, title, and interest conveyed to and now held by the trustee in the hereinafter described property under and pursuant to a Deed of Trust described below. The sale will be made in an "as is" condition, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The

amount may be greater on the day of sale. Trustor: Oscar G. Gutierrez, a married man, as his sole and separate property Duly Appointed Trustee: National Default Servicing Corporation Recorded 02/05/2021 as Instrument No. 202102050147 (or Book, Page) of the Official Records of Sacramento County, California. Date of Sale: 04/05/2024 at 9:00 AM Place of Sale: East Main Entrance of Gordon D. Schaber Sacramento County Courthouse, 720 9th Street, Sacramento, CA 95814 Estimated amount of unpaid balance and other charges: \$349,655.74 Street Address or other common designation of real property: 653 Alice Rae Circle, Galt, CA 95632 A.P.N.: 150-0142-038-0000 The undersigned Trustee disclaims any liability for any incorrectness of the street address or other common designation, if any, shown above. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee, and the successful bidder shall have no further recourse. The requirements of California Civil Code Section 2923.5(b)/2923.55(c) were fulfilled when the Notice of Default was recorded. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not

present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call 800-280-2832 or visit this internet website www.ndscorp.com/sales, using the file number assigned to this case 23-02205-LC-CA. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the internet website. The best way to verify postponement information is to attend the scheduled sale. NOTICE TO TENANT: You may have a right to purchase this property after the trustee auction pursuant to Section 2924m of the California Civil Code. If you are a "representative of all eligible tenant buyers" you may be able to purchase the property if you match the last and highest bid placed at the trustee auction. If you are an "eligible bidder," you may be able to purchase the property if you exceed the last and highest bid placed at the trustee auction. There are three steps to exercising this right of purchase. First, 48 hours after the date of the trustee sale, you can call 888-264-4010, or visit this internet website www.ndscorp.com, using the file number assigned to this case 23-02205-LC-CA to find the date on which the trustee's sale was held, the amount of the last and highest bid, and the address of the trustee. Second, you must send a written notice of intent to place a bid so that the trustee receives it no more than 15 days after the trustee's sale. Third, you must submit a bid so that the trustee receives it no more than 45 days after the trustee's sale. If you think you may qualify as a "representative of all eligible tenant buyers" or "eligible bidder," you should consider contacting an attorney or appropriate real estate professional immediately for advice regarding this potential right to purchase. *Pursuant to Section 2924m of the California Civil Code, the potential rights described herein shall apply only to public auctions taking place on or after January 1, 2021, through December 31, 2025, unless later extended. Date: 02/26/2024 National Default Servicing Corporation c/o Tiffany and Bosco, P.A., its agent, 1455 Frazee Road, Suite 820 San Diego, CA 92108 Toll Free Phone: 888-264-4010 Sales Line: 800-280-2832; Sales Website: www.ndscorp.com Connie Hernandez, Trustee Sales Representative A-4810588 THE GALT HERALD 03/08/2024, 03/15/2024, 03/22/2024
THE GALT HERALD 3-22-24



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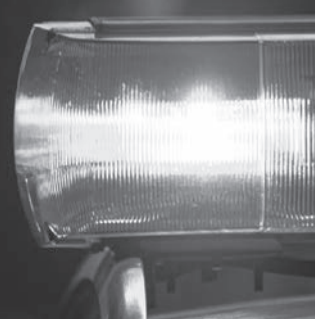
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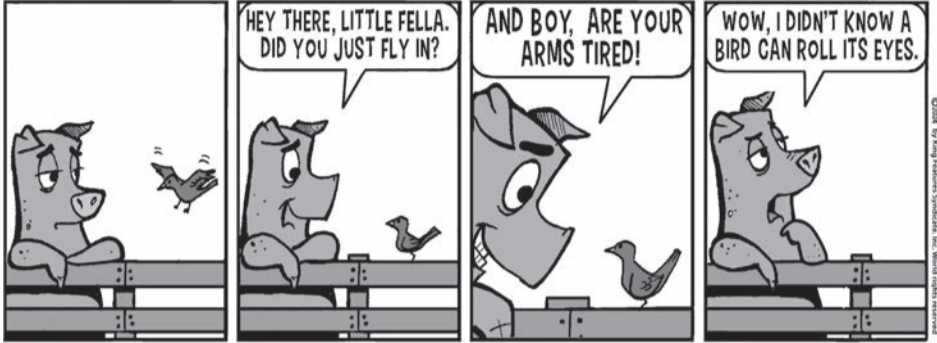
The Spats



by Jeff Pickering



Amber Waves



by Dave T. Phipps

HOCUS-FOCUS

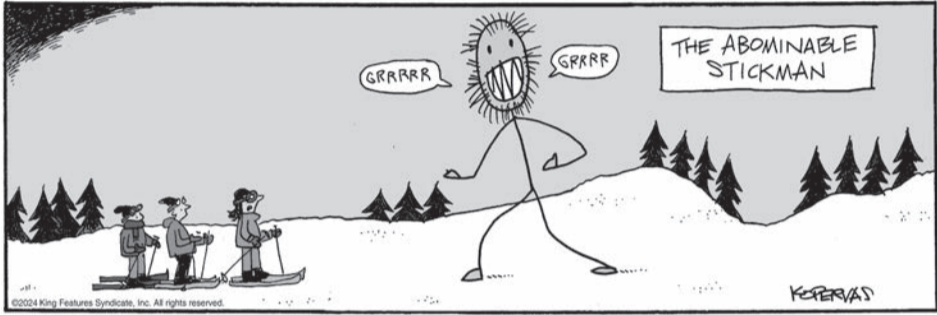


BY HENRY BOLTINOFF

Find at least six differences in details between panels.

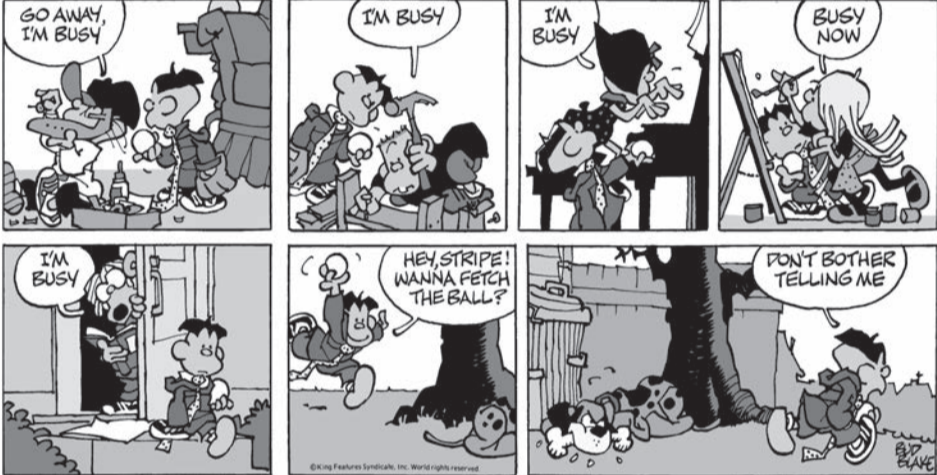
Differences: 1. Phone is moved. 2. Chair is missing. 3. Hand is larger. 3. The tie is wider. 4. Chair is moved. 5. Hand is missing. 6. Window is not as wide.

Out on a Limb



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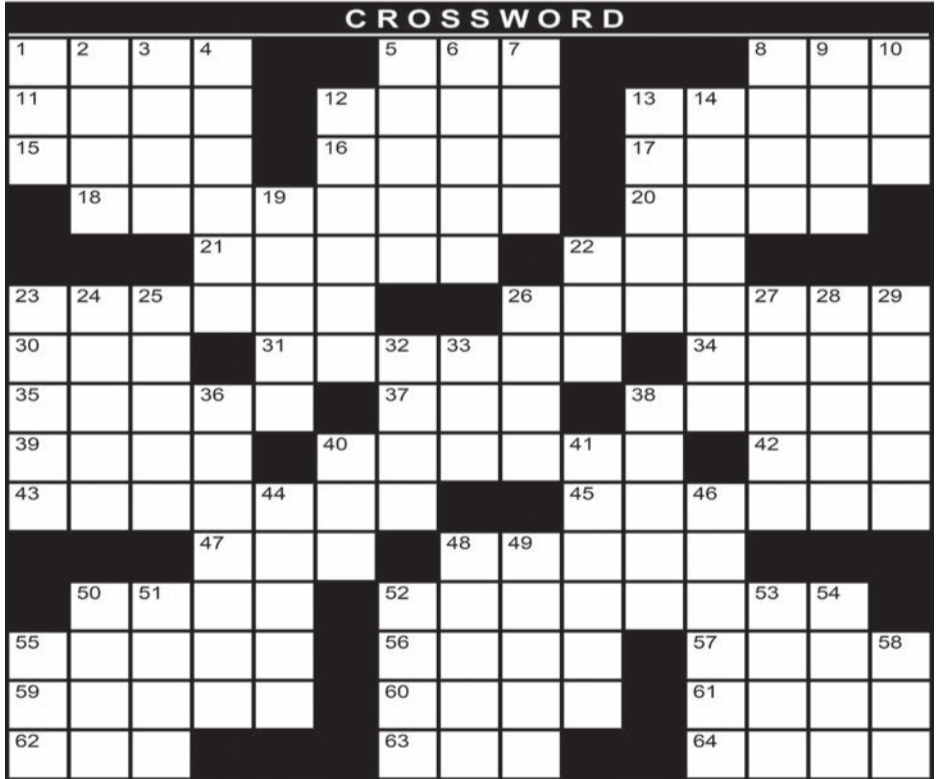
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CLUES

- ACROSS**
- College cadet program
 - Comedian Schumer
 - Not square
 - October birthstone
 - Dueling weapon
 - Flambé
 - Capital of Azerbaijan
 - Rugged rock
 - Actress Vergara
 - *What many chicks are doing in spring
 - "Me and Bobby McGee" singer-songwriter
 - *What the weather does in spring across the U.S.
 - Make a seam
 - Old name for 5-iron in golf
 - Facing
 - 20s dispenser
 - Bodily fluids
 - Steak choice
 - Dungeness and snow, e.g.
 - "Chapter" in history
 - African antelope
 - Republic of Ireland
 - Made a feline sound
 - 34th U.S. President
 - Knock-at-the-door onomatopoeia
 - the Great, king of Persia
 - Give it a go
 - Fraternity K
 - Dr Pepper, e.g.
 - *The Beach Boys: "Spring _____, good vibration"
 - Member of Nahuatl people
 - #23 Across, e.g.
 - Articulated
 - Salary increase
 - Umbilical connection
 - Volcano in Sicily
 - Robinson or Doubtfire
 - Bajillion years
 - One-horse carriage
- DOWN**
- What highwaymen do
 - Moonfish
 - Bangladeshi currency
 - Type of purse
 - *Simon & Garfunkel: "_____, come she will"
 - Wealth
 - Safecracker
 - High quality sound reproduction, for short
 - *Purple flower that starts blooming in spring
 - Fairytale insomnia cause
 - Like repeating tunnel sound
 - Off kilter
 - **"Spring _____, fall back"
 - Spring mattress filler
 - Acronym in a bottle
 - Ceremonial staff bearer
 - Skylit lobbies
 - "Designing Women" star Jean _____
 - *Become soft, as in ground
 - Radices, sing.
 - "Way 2 Sexy" rapper
 - "Battle of the _____" movie
 - Swimming competition, e.g.
 - Not amateur
 - *The _____: "Little darlin', it's been a long, cold, lonely winter"
 - Highly skilled
 - *Official start of spring
 - Make bigger
 - Vanish without this?
 - Elevates
 - Dry plateau in South Africa
 - Oak nut
 - Same as tsar
 - "The Dock of the Bay" singer
 - Joe Biden, once
 - Solemn promise
 - Pinta and Santa Maria companion
 - Vegas bandit's body part
 - *It gets longer



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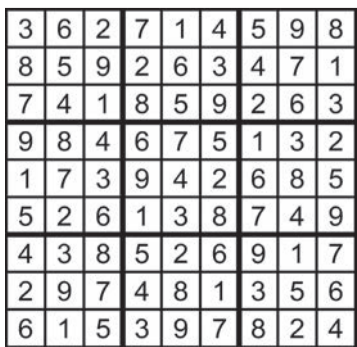
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LOCAL SPORTS → COVERAGE

PRESENTED BY THE GALT HERALD



Izabel Brum starts off the 200 Freestyle Relay.



Kayden Gregg in the 100M breaststroke.



Victoria Granados shows off her butterfly.



Courtney Brouwer swimming freestyle for 200 Freestyle Relay.

Julian Alvarado competes in the breaststroke for the 200 IM. Photos courtesy of Ella Ipson

Swim Season Begins

By Paige Lampson
Sports Editor

GALT, CA (MPG) - Swim season has begun for the Galt Warrior swim team. Their first league meet was Wednesday, March 6 against Bradshaw Christian.

The meet was held at the Gora Aquatic Center. Since the Galt High School pool has been deemed unfit for use, the Warriors have been sharing the Gora Aquatic Pool with Liberty Ranch High School for practices and meets.

They swam at Rosemont on March 13 and will swim at El Dorado on March 20.

The League Championships will be held in Galt at the Gora Aquatic Center on May 19 and 20. ★



Galt girl swimmers start the backstroke against Bradshaw Christian.

Hawks Looking for Another Stunt League Championship



The Hawks compete against Amador at the Freedom Tournament.

By Paige Lampson
Sports Editor

GALT, CA (MPG) - Stunt is a female sport that incorporates skills derived from cheerleading. Stunt is played head to head between two teams who execute skills-based routines in various categories: partner stunts, jumps and tumbling, pyramids & tosses, and team routines.

Liberty Ranch Stunt has also had more athletes awarded college sports scholarships than any other

sport on campus.

The Hawks have won all their league games so far, but this last weekend they attended the Freedom Tournament in Oakley, where they faced a higher level of competition. They lost their first game against the No. 1 team in California, Cal High, and went on to the consolation round facing Amador. Head coach Barbara Welch was happy they were able to score some points in the first game.

"It was important for



The Liberty Ranch stunt team finishes off a routine competing against Amador. Photos by Paige Lampson

our team to face some of the higher-level teams this weekend," said Welch. "It was great to go against that kind of talent because it makes our girls strive to get better and better and see what can be achieved."

Next, they played Amador in a very exciting

game. Amador made some crucial mistakes after pulling ahead, and the Hawks took advantage and tied the game up. In the end, the Hawks would lose by a couple of points, but every game is a growing opportunity.

Head Coach Barbara

Welch has been the stunt coach since its inception nine years ago at Liberty Ranch and is hoping to pull off another league championship.

"We have a young team this year with lots of freshman and sophomores," said Welch. "We are still

working on cleaning up and perfecting our routines at the high levels, and this tournament helped us move towards that goal. We have a great team and I can't wait to see what the end of the season brings us this year." ★



The Hawks, on the left, throw three perfectly timed toe-touch basket tosses.



Liberty posts a Liberty stunt.

LOCAL SPORTS → COVERAGE

PRESENTED BY THE GALT HERALD

It's Time for America's Pastime



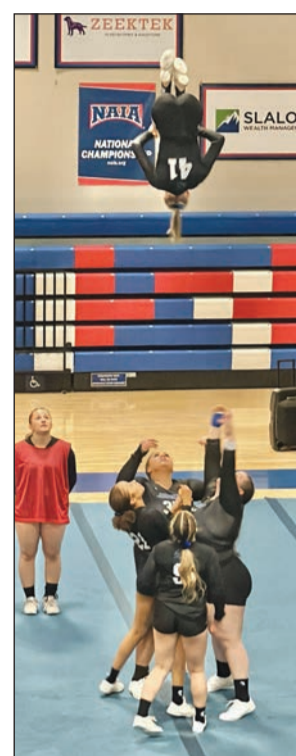
Tyler Braun catches a fly in right field. Photos by Paige Lampson



Tyler Watts pitches to an Argonaut Mustang.

Kylie Mutulo National Champion

Kylie Mutulo is thrown and somersaults during a college stunt game. Kylie, a 2022 Liberty Ranch graduate, is in her second year playing stunt for William Jessup University in Rocklin. Kylie was a first-string flyer at Liberty Ranch and continues her flying skills at the college level. Last year, Jessup not only won its conference but won the national championship with Kylie on the team. Kylie is studying Criminal Justice. Courtesy photo



Senior Seth Henke releases a pitch.

By Paige Lampson
Sports Editor

GALT, CA (MPG) - Baseball season is in full swing and by the time this edition prints, the Galt Warriors will have three league games under their belts already.

On March 7 the Warriors went up the hill to Union Mine and beat them 11-6.

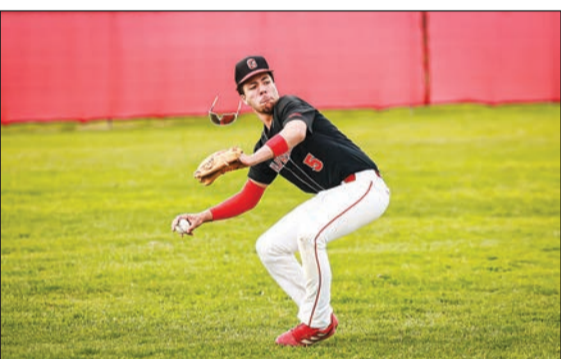
Freshman Anthony Arriaga, Junior Michael Perucca, Junior James McGranahan and Junior Giovanni Sterni each scored two runs. Freshman

catcher Anthony Trejo scored one run along with Junior Tyler Watts and Junior Jaylen Brooks.

The team is young this year with only a few seniors to round out the roster.

On Tuesday, March 12 they didn't fare so well against Bradshaw Christian and lost 16-1. The only run scored came from Senior Seth Henke when Wyatt Wetzel batted him in.

They will raise their bats to El Dorado on Thursday, March 14, and will host Liberty Ranch on Tuesday, March 19. ★



Jaylen Brooks throws the ball from deep in left field.



Michael Perucca dives for third base.

Hall Will Be a Dirtbag Come Fall

Galt Warrior baseball player Aidan Hall signs his contract to play baseball for Long Beach State in front of his family, coaches and friends. Hall has played varsity baseball at GHS since his freshman year. In his junior year he had a .459 batting average and hit four home runs. He has also been a primer pitcher for the Warriors with a 2.21 ERA last year. Courtesy photo

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