



First LPCA Meeting of 2024 Was a Success

PAGE 8

MathAlive! - Where Mathematics Meets Imagination

PAGE 2



Land Park News

VOL 33 • ISSUE 06

Bringing You Community News For Over 30 Years

MARCH 22, 2024

SEE INSIDE

LEAVE NO TRACE: RIVER CAMPS CLEANED UP



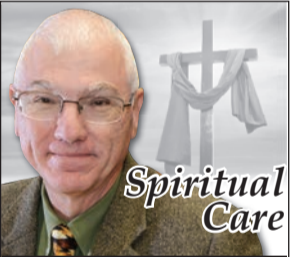
PAGE 7

AUTHOR SHARES SOCIETY'S WONDERS



PAGE 10

THE ABC'S OF PRAYER ARE ELEMENTARY



PAGE 7

PRSRTD STD.
U.S. POSTAGE
PAID
CARMICHAEL, CA
PERMIT NO. 350
OR CURRENT
POSTAL CUSTOMER

Fairytale Town's New Story



Executive Director Kevin Smith-Fagan.

Story and photos by Kristina Rogers

SACRAMENTO, CA (MPG) - Long-time Land Park residents could have heartfelt memories about their moments at Fairytale Town. But if they haven't stepped in for some time, the changes could be surprising. Much can be attributed to the diligence of Kevin Smith-Fagan, executive director, in regards to the shiny new look.

Upgrades have moved along quickly since he took the helm in January 2020.

For instance, the Story Center opened in November 2022. It's a cottage-style building with a thatched roof that seamlessly complements the rest of the site. This could be because Otto Construction, which originally developed the site in 1959, built it.

Next is the new welcome center, which Smith-Fagan says will be

a transformative entryway into the park. Modern ticket windows will streamline entry along with new public restrooms nearby. For the first time, staff will have a professional office space. A gift shop will offer an array of Fairytale Town souvenirs, such as magnets, books, water bottles, and toys. And Smith-Fagan notes, "It's not a Fairytale Town gift shop if it doesn't have a Humpty

Continued on Page 3



Sylvester Fadal. Courtesy photo

County Appoints Deputy Executive

Sacramento County News Release

SACRAMENTO COUNTY, CA (MPG) - Sylvester Fadal is the new Sacramento County deputy county executive for Administrative Services. The Sacramento County Board of Supervisors approved Fadal's appointment on Feb. 27 and he started the new role on March 3.

"The county conducted a nationwide executive search for the deputy county executive for Administrative Services, and I'm pleased to say we found the best and most qualified candidate within our own ranks," said County Executive David Villanueva. "Dr. Fadal has more than 26 years of public sector human resources management and executive experience that encompasses strategic planning, budget management, process optimization and construction and capital improvements."

Fadal's extensive experience includes overseeing human resources, technology, procurement, contracts and materials management for major construction projects. His previous responsibilities include ensuring contract compliance, adherence to DBE/SBE requirements, implementing PLAs, and managing bus/rail maintenance training and warehouse facilities.

Fadal was the Personnel Services director for Sacramento County in 2021 and became the General Services interim director in October 2023.

Before joining the county, Fadal held various leadership roles at the Santa Clara Valley

Hidden Gems Await on Delta Trip



Main Street in Locke is inviting to visitors.

Story and photos by Dannah Nielsen, travel writer

DELTA REGION, CA (MPG) - The California Delta: home to many school geography lessons you

vaguely remember, and if at any point you took a casual drive through the region, you might think California as a whole vaguely remembers the Delta. There are no fancy main streets, no fabulous

exclusive neighborhoods, no prime retail experiences that Californians have come to expect. To put it bluntly: the Delta doesn't care to dazzle any tourist, and for the overstimulated, distracted locals that we

are, this suddenly sounds mighty nice. The Delta is sleepy? Meandering? Humble? Indifferent? Count us in.

We've driven from Sacramento to Antioch

Continued on Page 9




SENIOR LIVING

OFFERING SUPPORTIVE INDEPENDENCE, ASSISTED LIVING AND MEMORY CARE

CALL TODAY FOR A PRIVATE TOUR

(916) 395-7579 | accmtv.org



MathAlive! - Where Mathematics Meets Imagination

Story and photo by Elise Spleiss

SACRAMENTO REGION, CA (MPG) - "2THEXTREME! MathAlive!," the newest exhibit at the Aerospace Museum of California at McClellan Park, has 40 unique interactive exhibits to inspire students and their families to discover the world of Science, Technology, Engineering and Math (STEM). The exhibit runs through May 31. Museum hours are from 9 a.m. to 4 p.m. Thursdays through Sundays.

In a world where mathematics is often relegated to the realm of classroom tedium, the MathAlive! exhibition emerges as a vibrant testament to the beauty ever present and the sheer fun of math. This large-scale, interactive showcase is a journey through the mathematical bedrock of our everyday lives, designed to captivate families and students alike. With an emphasis on engagement and hands-on learning, MathAlive! proves that math is not just about numbers and

equations—it's a key to unlocking a world of possibilities.

Math is everywhere. From the way we play to the technology we use, math serves as a foundational building block, shaping our experiences and innovations. The exhibit highlights this concept, ensuring visitors leave with a newfound appreciation for the math that surrounds us, often hidden in plain sight.

By discovering math in unexpected places, the exhibit ventures into the realms of sports, music, fashion and entertainment, revealing the surprising ways in which mathematical principles are essential to creativity and artistry. At the heart of MathAlive! are its interactive exhibits.

Extreme Sports: Visitors can design and test virtual snowboards, exploring the geometry that influences their performance, or experience the thrill of a snowboarding simulator, embodying the physics of snow sports.

Fashion and Design: Here, the fusion of geometry and creativity takes center stage. Participants

can play with geometric patterns, delve into fabric design and see their ideas come to life in 3D garment models.

The Science Behind Video Games: Offering insights into the mathematical backbone of game design, this area allows attendees to peek behind the curtain of video game programming and coding, offering the chance to create a simple video game.

Robotics: By programming miniature Mars rovers, visitors engage directly with principles of navigation and engineering, confronting the complexities of robotic exploration.

The Mathematics of Architecture: This exhibit sheds light on the math behind iconic skyscrapers and gives visitors the opportunity to design their architectural marvels applying mathematical principles.

MathAlive!'s overarching mission is multifaceted: spark a life-long interest in math, build confidence in math's accessibility, promote Science, Technology, Engineering and Math (STEM) careers,

and revolutionize how visitors perceive mathematics. By transforming math from a dreaded school subject into a fascinating tool for exploration and innovation, MathAlive! aims to inspire the next generation of scientists, engineers, and mathematicians.

MathAlive! places a spotlight on a profound truth: mathematics permeates every facet of our lives. Whether in our leisure activities or the technology that powers our world, mathematics acts as an essential cornerstone, molding our experiences and driving innovation. The exhibition adeptly showcases this concept, ensuring visitors depart with an enhanced appreciation for the mathematics that envelops us, often concealed within the mundane.

So, whether you're a devout mathematician, an inquisitive learner or someone who always kept math at arm's length, MathAlive! invites you on an adventure that promises to alter your perception of mathematics forever.

The Aerospace Museum of California is at 3200 Freedom Park Drive,



Math meets melody in this Math Alive! Exhibit where robotics and instruments unite to compose a symphony of STEM harmony.

McClellan. For ticket prices, tours, education department and other information call 916-643-3192.

The Aerospace Museum of California is a Smithsonian Affiliate. ★

LETTER TO THE EDITOR

Medication access needs protection

Editor:

As an individual managing early onset Osteoporosis and Hypothyroidism, I rely on multiple prescription medications essential for maintaining my health long-term.

Unfortunately, like the vast majority of patients facing similar circumstances,

these middlemen enforce profit-driven policies that frequently lead to higher costs and unnecessary obstacles in accessing crucial medications.

This affects tens of millions of patients, like me, who depend on certain prescription medications to manage their conditions.

PBMs control roughly 80% of the prescriptions on the market today. Through a range of restrictive policies, including step

therapy, prior authorization, and patient steering, PBMs dictate exactly what medications and treatments patients can access as well as when and where they can access them.

This has been a problem for patients like me for years, and it's only getting worse. It was very disappointing that lawmakers have yet to pass PBM reform to address these unscrupulous tactics, even with multiple bipartisan legislative solutions to


choose from.

However, the budget bill that Congress must pass gives legislators one last chance to address PBM reform before the 2024 election. California's congressional delegation should work to incorporate PBM reform into the budget to help protect all patients from these harmful and unfair business practices.

- Bambi Martin, Sacramento

Enjoy Life at Pioneer Tower

A 55+ Community



Come tour our newly remodeled, downtown facility featuring:

- Spacious 1-bedroom apartments with complete kitchens, new appliances, walk-in showers, large closets, balconies, lovely views
- We pay utilities, offer free transportation to shopping, medical appointments, and fun excursions to local area points of interest
- Active residents association with a variety of social activities
- On-site Service Coordinator
- 24-hour maintenance, compassionate, caring staff
- Small pets welcome
- Rental Assistance Programs for income-qualified applicants

We Pay Utilities!

Active Senior Living Retirement Community

515 P St., Sacramento

(916) 442-2907

www.rhf.org EOE  

LYON

REAL ESTATE

A WINDERMERE COMPANY

Historic Alkali Flats





Bruce Reddick

916-919-7338

CalDRE# 01814263

City income opportunity. 13 Single Occupancy units, all rented at the time of listing, month to month. A full basement that could increase room count. All rooms offer a kitchenette, sink and refrigerator, most units furnished. Internet and utilities included in rent. Basement has a coin operated washer dryer and secure storage area.

601 10th Street Sacramento, 95814 \$1,550,000



WHY PAY A HIGHER MORTGAGE

WHEN YOU DON'T HAVE TO?

COME HOME TO THE EXPERTS



PUT MORE MONEY INTO YOUR HOUSE, NOT YOUR HOUSE PAYMENT.

Apply Online Here! 

More Lenders = More Competition = Lower Rates and Fees / Multiple options to lower payments / Lower Payments = More Money in your Pocket!

916.476.6507 info@greenhavencap.com



Kevin Oto
President/Broker
DRE Lic# 01721444
NMLS ID: 62641



Kyle Garman
Sr. Loan Consultant
DRE Lic# 01886785
NMLS ID: 354318



Bryan Tom
Loan Consultant
DRE Lic# 01960546
NMLS ID: 1234757



Oliver Z. Vang
Loan Consultant
DRE Lic# 02138863
NMLS ID: 2229210



Laura Corbett
Loan Consultant
DRE Lic# 01758984
NMLS ID: 1180623



Hilda Sousa
Loan Consultant
DRE Lic# 01873794
NMLS ID: 1439315



Lavaga Sims
Sr. Loan Consultant
NMLS ID: 447751



Kyle Johnson
Loan Consultant
DRE Lic# 02081495
NMLS ID: 2165176

5890 S Land Park Drive, Sacramento, CA 95822. Equal housing opportunity lender. We do not conduct business in states where we are not licensed. Interest rates are subject to change. <https://www.nmlsconsumeraccess.org/> CAL DRE #01842493. NMLS ID: 173062. CAL CFL #60080-174459

Fairytale Town's New Story



The new welcome center is almost complete.

Continued from Page 1
 Dumpty push!"

Speaking of the Fairytale Town mascot, the entrance is also experiencing a remodel. Everyone is reassured the iconic stone entrance is not going anywhere. Humpty has been on his perch, welcoming guests for six decades, and will remain there. Of course, it will no longer be the main entrance but a secondary entry for little ones (and brave adults).

While managing the master plan expansion, the executive director has also ensured fresh paint and that fix-it projects have improved older amenities, like the Crooked Mile and Dish & Spoon Café. But Kevin Smith-Fagan isn't finished dreaming: "What comes next is very important. The Sacramento community is different from when it opened 65 years ago. Most current playsets are originals drawn from the European area, which is great. Still, every child who comes to Fairytale Town should see themselves represented there." He continued, "We want to add new playsets representing folktales from parts of the world we don't have now. I envision adding



Guests get treats from the Dish & Spoon Café.

amenities from countries like China, Mexico, and South America."

None of this work could be done without the collaboration between Smith-Fagan and a proactive board of directors. Fairytale Town isn't privately-owned, but a non-profit. The city stopped managing its operations in 1997. Although it is located in William Land

Regional Park, Fairytale Town does not receive City or Measure U funds.

The board works hard to ensure ticket prices remain low to keep it as accessible as possible for all families. But this means robust fundraising is key. Monies from auctions, memberships, donations, grants, and sponsorships help pay the bills. Regular income from ticket and



One of the three little pigs greets visitors with a happy grunt.



New paint has upgraded the charm of amenities like this soldier trash can.

concessions sales are also reinvested into the site.

The annual online auction in March has just been completed, and the yearly Brewfest is slated for August 24th. Every penny counts when covering costs for staff, maintenance, and, of course, the animals. Fairytale Town is a long-time community partner providing educational experiences for schoolchildren. Smith-Fagan said, "We have several barnyard

animals like goats, sheep and pigs. We also have reptiles and insects." The animal staff are educators who do around 100 classroom visits each year at local elementary schools bringing a menagerie of creatures with them.

Scout troops also experience overnight campout events on-site. They earn badges, set up campsites, play games, and roast marshmallows. The premises are entirely secure

during these events, allowing kids to explore the park safely. The summer day camp programs are very popular, too. Parents start calling in January to secure a spot for their child.

August 29th will be Fairytale Town's 65th anniversary. The park is looking to combine a celebration with the Brewfest event. Smith-Fagan is excited about finalizing plans: "This is a big milestone for us. There's something about this experience that really sticks with kids," And adults, too.

Smith-Fagan remembers taking his own children to the site. His family moved to Land Park in 2003 when their youngest was four. Now he sees his grown children's friends bring their own kids. So, the current executive director understands how remarkable the Fairytale Town experience is.

"We love making treasured life-long memories. It's astonishing how vivid people's memories are. I remember talking to a guy who was here on opening day in 1959. He told me he remembers everything about that moment."

And new pages in the ever-growing scrapbook of family memories of Fairytale Town just keep being added. ★

No on Measure C Campaign Celebrates Victory

California Medical Association News Release

SACRAMENTO, CA (MPG) - The No on Measure C campaign is celebrating a significant victory in defeating Measure C, which sought to raise taxes on small businesses in Sacramento, including physician, dental, psychology and other health care practices. This success comes after a targeted, last-minute campaign that involved

over 168,000 phone calls, 94,000 texts and several direct mail pieces to voters in Sacramento, urging them to vote against the measure.

The coalition that formed the No on Measure C campaign included the California Medical Association (CMA), Sierra Sacramento Valley Medical Society (SSVMS), California Dental Association, the Sacramento District Dental Society, and The Doctors Company.

This coalition effort was necessary due to the failure of the Sacramento City Council to provide proper notification, which prevented any statements of opposition from appearing in the local voter guide.

"I am proud of our swift action to safeguard physician practices and small businesses," stated Tanya W. Spirtos, M.D., president of CMA.

"The defeat of Measure C not only protects physician practices in Sacramento but also

sends a clear message that local governments should engage with the local medical community and refrain from attempting to impose unfair tax increases that would be detrimental to access to health care for patients in the community."

"We are grateful for the outcome of the election as it will protect physician practices and ensure access to quality health care for all," said SSVMS president Vanessa Walker, D.O. "Physician practices

are integral to our communities, and we thank the voters of Sacramento for recognizing their importance."

"Our coalition came together to ensure that voters were aware of what Measure C would do, and we are thankful to voters for the outcome. This victory was critical to protecting access to essential dental care for our community," said Dr. Carliza Marcos, president of the California Dental Association. ★

"As health care professionals dedicated to the Sacramento community, we are grateful to the voters for recognizing the rushed and ill-considered process behind Measure C. We are relieved that voters chose to reject Measure C. This outcome underscores the importance of thoughtful consideration and transparency in decision-making," said Ash Vasanthan, D.D.S., M.S., president of the Sacramento District Dental Society. ★



Sue Olson
 916-601-8834

sue@sueolson.net
 CalBRE# 00784986

landparkhomes.com



LAND PARK

Classic Land Park w/ exceptional modern features! Large formal living rm w/ gas frplce. Formal dining rm w/ built-in hutch. Dream chef's kitchen w/ high-end appliances including multiple ovens and dishwasher drawers, built-in Sub-zero refrig / freezer & Miele coffee maker, porcelain counters, spacious custom cabinetry, island w/ storage/seating, and heated floor. Breakfast room w/ French doors to covered patio. Gathering room has custom finishes, window seat w/ storage, frplce, & cabinets. Off entry hall is a remodeled bath and door to an amazing, finished bsmt w/wine refrig, cabinets, "wrapping station" island, cabinets, & more. Upstairs features 3 bedrooms & office, large hall bathroom, & laundry rm. Exquisite primary bedroom is unusually spacious w/ frplce, french doors to balcony, bathroom w/ double sinks, large closets, heated flooring, & oversized shower + jetted tub, each with towel warming drawers. Balcony w/ Jacuzzi & outdoor shower leads to large room with vaulted ceiling, skylights, storage, sm refrig, water faucet, infrared sauna, steam shower, & stairs to backyard. Large brick patio area with outdoor kitchen & dining areas, 'cocktail' pool with infinity waterfall feature, & fireplace. Built-in speakers & special lighting throughout. Two-car garage with custom storage. 1560 12th Avenue \$1,995,000



LAND PARK

Nestled in the heart of Land Park on a tree lined street, this spacious three-bedroom 2.5 bath home features formal tiled entry, living room with fireplace & bookshelves, oversized formal dining room with window overlooking backyard, galley type kitchen with island eating area, stainless steel appliances, tiled backsplash and access to patio. Downstairs desk area with adjoining bath, and TV / gathering room with sliding door to yard. Three upstairs bedrooms, updated hall bath with new vanity, floor and shower. Primary bedroom with large walk-in closet, updated bath with shower over tub. Lots of wood floors, central heat and air, basement and two-car garage. Backyard covered patio with privacy drapes, brick fence and small storage shed. Don't miss this one! 1154 Swanston Dr.



Teresa Olson
 916-494-1452

teresa.olson@cbnocal.com
 CalBRE# 00784986



ABOUT TOWN

Line Dancing at the Elk's Lodge Friday March 22nd

6 pm on dance floor of the Lodge Room. \$10.00 is the cost for entrance.

Bring your friends. This is very much a beginner class. We have an instructor, Shirley Stassi. (\$5 of the \$10 goes to the instructor)

If you are interested in learning this great form of fun and exercise come join us. The level of interest will

determine how often we offer the class and days and times. Guest are VERY welcome!

River's Edge Church Helicopter Egg Drop

Join us for our Sunday Easter Services 9:00 AM & 10:30 AM. Come on out and Celebrate our risen Savior Jesus Christ with us and hear a message of Hope.

You may also like the following events from River's Edge Church:

This Saturday, 23rd March, 10:00 am, Helicopter Egg Drop in Sacramento

Next Friday, 29th March, 06:00 pm, Good Friday Service in Sacramento

Bunny on the Green Saturday, March 24th, 2024

11 a.m. - 1 p.m.
Location: William Land Golf Course 1701 Sutterville Road.

Families are encouraged to come and meet The Easter Bunny for the 2nd Annual Bunny on the Green. It is free to visit the Bunny and take photos. There will also be a childrens' Easter Bonnet contest and putting activities. Guests can purchase food and mimosa's for the adults.

Curtis Park Book Club with Crawford's Books April 9

Curtis Park Book Club is back for 2024!

Join Track 7 Brewing Company and Crawford's Books every second Tuesday of the month in the Curtis Park taproom for Book Club! Crawford's Books will be leading the discussion.

Track 7 Brewing Company is located at Track 7 Brewing Co. - Curtis Park, 3747 W. Pacific Ave, Ste F, Sacramento, CA 95820

The event dates and times are: Feb 13, 2024 at 07:00 pm (Tue), Mar 12, 2024 at 07:00 pm (Tue), Apr 9, 2024 at 07:00 pm (Tue).

Questions? Contact Crawford's Books at sue@crawfordbooks.net

LPVC Volunteer Day April 6th

9:00 am - 11:30 am
Join your Neighbors to support William Land Park and help clean it up on Park Work Day on April 6th.

Your Elks 6 Lodge Needs Your Help!

Help is needed in the office from 9 - 3 Monday through Friday to answer phones, sell event tickets etc.

We also need help in the Rental office to answer the phone.

If you can lend a hand even if it is half a day or one day per week, please contact me and I will get your information to the appropriate person.

For questions or to volunteer call or send text message to Sue Hill 215-327-7712.

Land Park Softball

Softball is back in Land Park and will now be a part of the Land Park Pacific Little League organization. LPPLL has been a pillar in our community since 1954 and is welcoming softball under their umbrella this SPRING!

Early Bird Registration is NOW OPEN!

Visit lpp11.com/ registration to register and learn more.

Elk's Lodge Calendar of Events Elk's Lodge Sunday Breakfast

Every Sunday
8:30am - 11am

Bring your friends and family

\$15 tax included

Best deal in town

Made to order Omelets or eggs any way you want. Bacon, sausage, potatoes, biscuits and gravy, pancakes, waffles, coffee large parties should call for reservations

Guest are VERY welcome!

Water Aerobics,
Monday 10 am,

Wednesday 2 pm

Yoga, Monday 12 pm,
Wednesday 3:30 pm

Lodge members free.

Martial Arts, Monday
5 pm

Pickleball, Mon & Wed
9 am-12 pm, Thu 4:30-

7:30 pm, Sun 4-7 pm

To sign-up or confirm
schedule, join playtimes-

cheduler.com

Improv Night, 2nd &
4th Wednesdays, 6-8 pm

**Wednesday Night
Dinner,** 5:30 to 7 pm

See above and elks6.net
for weekly menu.

Karaoke
Thursday 7 pm

Saturday 7:30pm

Friday Happy Hour
Friday 4-7 pm

Elks Lodge 6 & Boy Scout Troup 259 Shred Event

Kick off your spring cleaning and help our boy scouts! Elks Front Parking Lot at 6446 Riverside Blvd. 95831 on Saturday March 30th 2024, from 9:00am-1:00pm. It's \$15.00 per Bankers Box.

We hope to see you there!

Sacramento Area Museums Showcase Region's Farm-to- Fork Roots All Year Long

The Greater Sacramento region is rich with popular museums and destinations that offer diverse and enriching experiences for individuals, families, residents, and visitors alike. Given the critically important role agriculture continues to play in the region, many local museums offer special exhibits, experiences and activations that highlight ever-enduring Farm-to-Fork connections. A sampling of some of the Farm-to-Fork offerings at local museums includes the following:

California Agriculture Museum – Woodland is home to an entire museum focused on agriculture, filled with a unique collection of harvesters, wheel and crawler-type tractors, combines, trucks, art, artifacts, rotating interactive exhibits and much more.

In all, the museum tells the history of Farm-to-Fork, dating back to the Gold Rush era and how the industry evolved from horse drawn to steam driven to fuel powered machines to harvest and transport California's bounty.

California State Railroad Museum & Foundation – A Fruit Growers Express refrigerated rail car is on permanent display inside the Museum's Roundhouse. Museum visitors can explore this historic rail car and exhibit, "Farm to Fork: A Public History," and learn about how refrigerated rail cars enabled California farmers, growers, and producers send farm-to-fork freshness all over the country.

Visitors can step inside the historic Fruit Growers Express rail car to see how the ice-cooled rail cars transported produce and built an agricultural system that exports more wealth than the California Gold Rush.

Plus, the popular weekend excursion train, Sacramento Southern Railroad – currently on pause due to an important rail repair project – runs on the historic Walnut Grove

Branch Line.

This rail line transported pears, asparagus, celery, seeds, and other products from the Delta communities to markets nationwide.

Sacramento Children's Museum – Young visitors hungry to learn about fresh food have a variety of options at the Children's Museum, including at the miniature Leo's Market and Leo's Food Court (a miniature market of food carts), about bees and honey with the in-house beehive, and an interactive train table highlighting Sacramento's agricultural landscape in miniature, complete with mini livestock.

Plus, the Children's Museum will be at the Farm-to-Fork Festival (September 22-23) sharing vegetable stamp printing with visitors.

SMUD Museum of Science & Curiosity – MOSAC's interactive exhibits bring the story of water to life, demonstrating how our region is working together to conserve this natural resource for now and future generations. The "Water Challenge" exhibit lets museum visitors actively shape a watershed's flow, create a tune for saving water at home, and choose between local or non-local foods to buy based on how everyday decisions impact conservation efforts — all while learning about the environmental footprint along the way.

Utility Exploration Center – The City of Roseville's Utility Exploration Center (UEC) is a testament to the region's commitment to sustainable living and resource conservation.

Nestled in the heart of

a region renowned for its Farm-to-Fork movement, the UEC acts as an educational hub, encouraging residents and visitors alike to delve into the intricacies of energy and water conservation, waste reduction, and sustainable practices.

By fostering an understanding of how we use and preserve resources, the UEC underscores the importance of our agricultural roots.

For more information about upcoming activities offered by Sacramento area museums, "like" them on Facebook at www.Facebook.com/SacMuseums, follow them on Instagram and Twitter @SacMuseums or visit the user-friendly website at www.SacMuseums.org.

Friends of Sutter's Fort Announces Discounted Admission Rates

SACRAMENTO, Calif. – Friends of Sutter's Fort, in partnership with Sutter's Fort State Historic Park, is proud to present a series of family-friendly events and activations this fall highlighted by holiday themed movies, an all-ages concert, and adventurous self-guided evening tours by flashlight or lantern light.

For those interested in visiting inside Sutter's Fort State Historic Park (that is open from 10 a.m. to 5 p.m. daily), all Fort admission fees will be waived for the duration of a major roof replacement and seismic stabilization project that is currently underway.

Visitors can observe the rehabilitation project firsthand and tour the Central Building, which remains open.

Friends of Sutter's Fort is a 501c3 charitable foundation. As a state park cooperating association, we collaborate with California State Parks at Sutter's Fort State Historic Park to preserve and protect historic structures, and artifacts, and to engage visitors of all ages.

For more information, please visit www.suttersfort.org

Elks 6 Volunteer Opportunities Available

This is just a partial list of ways you can be of service to the Lodge and by extension the community.

- PM Crew - We welcome anyone willing to work but especially if you have experience in mechanical, electrical, general contracting, painting, or plumbing the lodge really needs you.

- Bar Back - Help out the paid bartenders for large events.

- Bartender - Riverside bar for Elks events

- Sunday Breakfast - Cook, Serve, bus tables

- Wednesday Night Dinners - Help or adopt a night one time or once a month

- Join the membership committee.

Attend events and be available to give tours: Help at membership booth at Farmers Market, Man a membership booth at the Craft Fair or Parking Lot Sale, Make phone calls to members.

Please contact me for more information and I will make sure you are directed to the proper person. Call or text Sue Hill 215-327-7712. ★



**Start planning now - call to schedule your
FREE estate planning consultation today!**

WILLS - TRUSTS - PROBATES

PRACTICE AREAS:

- Living Trust
- Advance Health Directive
- Power of Attorney
- Probate
- Conservatorships
- Other Special Planning

UNIQUE TO EACH CLIENT

The incredible team at Yee Law Group's top priority is client satisfaction and serving each client with exceptional professionalism and precision.

Call 916-927-9001 for Free Consultation

4010 S. Land Park Drive, Suite B, Sacramento 95822

mylawyersllp.com

See our awesome reviews on: 



MIKE YEE, ESQ.

Leading the way top rated!

Little Pocket Properties

Beautiful home with 3 bedrooms and 2 bathrooms, living room, dining area and spacious kitchen. The spacious and open kitchen has been updated with Corian countertops and tons of storage. Home also features a primary suite with bath. Wood floors have been newly refinished and the carpet in the living room was replaced in February 2024. Outside there is a covered deck, a patio, beautiful landscaping and lots of space for entertaining. Little Pocket is located close to William Land Park, Sacramento Zoo, Sacramento City College, shopping and restaurants. Come see this stunning home and discover why Little Pocket is such a highly coveted place to live.



905 Roeder Way, Sacramento, CA 95822
3 Beds | 2 Baths | 1,393 sq. ft. | \$599,000

This home features 4 bedrooms and 2 remodeled baths, living room with fireplace, formal dining area, primary suite and inside laundry room. The kitchen has been remodeled and boasts granite countertops, stainless steel appliances, beautiful custom cabinets, a dining bar and a breakfast nook. Outside there's a lushly landscaped yard with beautiful mature trees and a sparkling pool for summer entertaining. Located adjacent to a local park and near Sacramento City College, the Sacramento Zoo, restaurants and shopping. This beautiful property is the perfect place to call home.



625 Piedmont Drive, Sacramento, CA 95822
4 Beds | 2 Baths | 1,764 sq. ft. | \$749,000

REALTOR®
CAL BRE# 01314052
(916) 206-8709
Wendi@WendiReinl.com
www.WendiReinl.com



Wendi
REINL



YOUR HOME IMPROVEMENT GUIDE



Call a sales representative today for great advertising rates: 916.429.9901



LYTLE CONSTRUCTION INC. Award-Winning Design/Build Firm
 Remodeling and Design
 LIC# 480492
 Certified Kitchen & Bath Remodeler

• Additions
 • Kitchens
 • Bathrooms
 • Custom Cabinetry

FREE Consultation
916-422-6639

www.lytleconstruction.com

Spring Yard Clean-up Specials!

- HAULING & YARD CLEAN-UP
- RAIN GUTTER CLEANING
- CONCRETE REMOVAL
- HEDGE TRIMMING / SHRUB REMOVAL
- PRESSURE WASHING

Pressure wash your driveways clean! Your decks, too!
 Clean out your garage! Replace that old lawn!
 Hard work—not a problem!

Call LESTER
(916) 838-1247
 Lic#128758/Ref

SPECIALS FOR SENIORS/SERVING THE AREA SINCE 1996*

Prime Quality Maintenance

- GUTTER CLEANING
- Window Cleaning (inside/out/screens washed)
- Pressure Washing (all surface areas)
- Junk Removal/Hauling
- Landscape Maintenance

Free Estimates
 Licensed & Insured

CSL# 996271

Call or Text Jesse: 916 417-4231

Creature Catchers Wildlife Management
 "If it walks, crawls, slithers or flies, we'll remove it"

Humane and non-toxic solutions for both animals & man
 Live Trapping • Humane Removal • Repair
 Dead Animal Location/Removal • Exclusion Work
 Bats • Snakes • Rats/Mice • Squirrels • Raccoon • Skunk
 • Opossum • Birds

CreatureCatchers.org | 530-885-PEST(7378)
 California State Trapping License #7781 - Insured by Market

NIETO'S Frank Nieto
 (916) 480-9512
 TILE & LANDSCAPING
 RESIDENTIAL & COMMERCIAL

Sprinkler Systems (Install & Repair) Concrete • Tile Installation
 Fencing • Plumbing Granite Fabrication
 Electrical • Painting Laminate/Wood Floors

NietosTile@sbcglobal.net www.nietostile.com Lic. #917883

CAPITOL ELECTRIC
 Reasonable Residential & Commercial Work since 1960

Repairs, Trouble Shooting
 Custom Lighting/FREE Est.
 Excellent ref from Angie's List

Cell: 213-3740
 Neil McIntire — C.S.L.# 394307

ROONEY'S PLUMBING
 FULL SERVICE PLUMBING

456-7777
 rooneysplumbing.com

Licenses #683668

FREEDOM HANDYMAN SERVICE
 I specialize in all areas of home improvement!
 Quality work the first time, guaranteed!

Co2 & Smoke Alarms - Light Bulb Replacement - Door Bells
 Grab Bar Installations - Security Doors - Sprinkler Repair & New Valves
 Carpentry Electrical - Plumbing - Sheetrock - Ceiling Fan Installation

Fix leaks of all types
 Accepts All Major Credit Cards "Senior Discount"

NO JOB TOO SMALL! Call Eric (916) 470-3488

FUGINA CONSTRUCTION
 CUSTOM DESIGNED FOR YOUR SPACE

Design/Build
 From entire home remodels, to baths & kitchens
 35 Years of Experience
 Lic#8548643

Start Planning Now
 Free Consultation

KFUGINACONSTRUCTION@GMAIL.COM
 WWW.FUGINACONSTRUCTION.COM

Grow your business in our
Home Improvement Guide!

SOVEREIGN PAINTING

916-422-4416
 Specializing in Older Homes

Dan Sovereign SovereignPaintingCo.com
 FOR 3 GENERATIONS CA LIC # 484215

SMOOT LANDSCAPING
 LANDSCAPES & DESIGN

DESIGN - RENOVATION - WATER FEATURE - STONE & CONCRETE - OUTDOOR LIGHTING - IRRIGATION SYSTEM

916-454-1300
 www.SmootLandscaping.com

Lic#633224; Serving Sacramento since 1982
 Recognized in the Sacramento Bee,
 Street of Dreams & Garden Tours of East Sacramento

Call **(916) 619-8189** to advertise with us today!
 Land Park News • Messenger Publishing Group **MPG**

Single Again

Make the rest of your life the best of your life!

Are You Single Again?

SingleAgain.com is a website dedicated to helping people put their lives back together again after divorce, separation or the loss of their spouse.

Finding yourself single after years of being in a relationship can add a different kind of unknown stress to your daily life.

We provide articles and information from many sources to help you put all the pieces together so you can live a healthy and loving new life. When you first visit the website, be sure to make us one of your favorites. We publish many articles to help you along your new journey.

• Dating & Relationships
 • Counseling & Advice
 • Money & Finances
 • Health
 • Fashion & Beauty
 • Consumer News
 • Food & Recipes
 • Travel
 • Lifestyle
 • Parenting

Visit SingleAgain.com today, get back out there and have some fun!

SingleAgain.com

Do You Need Your Legal Ads Published? We can help.

Call us now to place your legal advertising!

916-773-1111
 All legal ads published by Messenger Publishing Group.

Land Park News
 Serving Land Park and Sacramento County

It is the intent of the *Land Park News* to strive for an objective point of view in the reporting of news and events. It is understood that the opinions expressed on these pages are those of the authors and cartoonists and are not necessarily the opinions of the publisher or our contributors.

The *Land Park News* is not responsible for unsolicited manuscripts or materials. The entire contents of the *Land Park News* are copyrighted. Ownership of all advertising created and/or composed by the MPG is with the publishing company and written permission to reproduce the same must be obtained from the publisher.

Subscriptions should be mailed to *Land Park News*, 7144 Fair Oaks Blvd. Suite 5, Carmichael, CA 95608.

The *Land Park News* is published twice a month. Call (916) 773-1111 for more information.

Call Linda Pohl and Melissa Andrews for advertising or other inquires at 916-619-8189.

We are proud members of these newspaper associations.

MPG **ENPA** **CIRCULATION VERIFICATION COUNCIL**

What Are They to Do?

Sacramento gave a homeless camp a lease as an experiment

By Marisa Kendall
CALMatters.org

When Sacramento changed its plan to demolish a homeless encampment on a vacant lot on Colfax Street, instead offering the homeless occupants a lease, activists and camp residents celebrated it as a win.

The first-of-its-kind deal, which allows the camp to remain in place and govern itself without city interference, was held up as a model Sacramento could replicate at future sites. Other cities, including San Jose, have said they're considering similar models, putting the success or failure of this encampment under the microscope.

A year later, Sacramento has not managed to reproduce the concept and has no plans to. Residents of the camp, who lack electricity or running water, complain they feel forgotten. And the county district attorney, claiming the site threatens public safety, has demanded the city clear the camp or risk prosecution.

Those troubles highlight the logistical and ethical dilemmas that come with setting aside outdoor spaces for homeless residents to go when there aren't enough beds indoors. And it comes at a time when officials across the state increasingly are turning to this last-ditch solution as they face mounting pressure to clear encampments away from sidewalks, parks, schools and other high-traffic public areas.

"The fact that people have a place where they can legally exist and not be threatened with arrest, not be run off and have to lose their belongings, where they can go to the bathroom with dignity, where there's trash pickup so they don't have to live in a place where there's trash all over, where service providers can find them regularly and they aren't going to lose contact with people as they work their way to housing — those are all good things," said Eric Tars, senior policy director of the National Homelessness Law Center. "But it would be even better if they were doing them indoors."

They Got A Lease, And They Make Their Own Rules

Camp Resolution, as the Sacramento camp is known, was started in 2022 by Sharon and Joyce Jones — a married couple in their 50s who found themselves homeless for the first time late in life. More than four-dozen people now live there, some in new-looking Bullet trailers provided by the city, and others in cars, tents and more dilapidated trailers and RVs.

Some residents have taken pains to make it more homey: Two potted plants hang from the hitch of one trailer, chickens roam the lot, and Sharon and Joyce are putting in a garden, using pallets to make raised planter beds.

"We try to make it as comfortable as possible," Joyce said, "but sometimes it's impossible."

Shortly after Joyce and her community occupied the city-owned, formerly vacant lot in 2022, city workers determined the camp was unsafe and needed to be demolished — as often happens in Sacramento and throughout California. But that's where the story takes an unusual turn. Residents of the camp, and their supporters, showed up in force to a city council meeting and persuaded council members to delay the sweep. About six months later, the city signed a lease allowing the camp to remain in place.

The lease, which advocacy group Safe Ground Sacramento signed on behalf of the Camp Resolution residents, was an experiment. Generally, similar programs are run by nonprofits contracted by a city. They often impose curfews, no-guest policies, sobriety requirements and other rules on residents. In exchange, they offer social services such as counseling or help finding permanent housing, and amenities such as showers and bathrooms.

"They don't think people experiencing homelessness are capable of governing themselves," Tars said.

Camp Resolution is different.



Joyce and Sharon Jones poke holes in a water bottle to water their garden next to their trailer at Camp Resolution on Feb. 28, 2024. The camp has no running water, so residents must rely on bottled water for all their needs. Photo by Fred Greaves for CalMatters



Jeanne Gillis cooks ground turkey over a wood fire beside her trailer at Camp Resolution on Feb. 28, 2024. Residents must rely on bottled water, generators, and wood fires because no utilities are provided at the camp. Photo by Fred Greaves for CalMatters

Safe Ground Sacramento, which leases the property from the city for free, takes a hands-off approach that lets residents run the camp and write their own rules. The city gave the residents a handful of residential trailers, set up portable toilets and a hand-washing station, and provided dumpsters and ongoing trash pickup. But that's it.

Many activist groups laud that model as a best practice, saying it's important to let the residents run, or at least help run, their own camp.

"When individuals in these encampments have a sense of ownership, then it can really lead to the camp being a place that they take pride in and that they are trying to keep in as good condition as possible," Tars said. "It gives a sense of responsibility to others in that community."

It also means minimal overhead for the city: The trailers provided to Camp Resolution residents came from the Federal Emergency Management Agency at no cost to the city of Sacramento, and adding the camp to the city's existing contract for trash pickup didn't add any additional expense.

But in the case of Camp Resolution, it also means residents are left to fend for themselves. The city doesn't provide electricity or running water. Community members donate food, some residents have generators, and a nonprofit used to bring a trailer with showers every other Sunday — but they recently stopped.

"It's not going very well," Joyce said. "I think that (the city) should do a little bit more."

The Camp Resolution lease says the city would provide up to 33 trailers. Residents ended up receiving just 16. But 51 people live at the camp, meaning some people sleep in tents, in their cars or in dilapidated trailers and RVs that leak in the rain and have sprouted mold.

The city wouldn't comment on the trailers — or anything else — citing a pending threat of prosecution from the county District Attorney's Office. City officials recently sent 40 trailers to a new safe sleeping site they opened on Roseville Road, which also has

plumbed toilets and showers. Several of the Camp Resolution residents are elderly, and some have serious medical issues that make living without reliable power and water difficult. One woman, who recently turned 60, is on dialysis and gets around on an electric mobility scooter that she leaves parked outside her trailer.

Most of the residents are women, some of whom wouldn't feel safe on the streets by themselves. Jeanne Gillis, 53, was cooking ground turkey over an open flame outside her trailer on a recent Wednesday. Gillis, who used to work as a medical patients' advocate, lost her housing two years ago when she got sick with lupus and could no longer work. She'd never been homeless before and didn't know what to do — so Sharon and Joyce took her under their wing. Now she's part of their tight-knit community.

"Thank God for everybody. Because it's hard," she said, tearing up. "I don't think I'd be here if it wasn't for everybody."

Camp Resolution Faces Legal Threat

Camp Resolution also faces an outside threat — Sacramento County District Attorney Thien Ho has demanded that the city close the camp. His office sent a letter to the city and Safe Ground Sacramento in November labeling the site a public health hazard. The site is contaminated by toxic chemicals left over from when it was used as a vehicle maintenance yard

and held underground storage tanks for diesel and gasoline, he said. It's not safe to camp on the contaminated soil, according to his letter. But only half of the site is paved, while the other half is bare dirt — and people live on both sides.

Ho's office did not set a specific deadline for the city to clear the encampment, leaving it unclear exactly what, if anything, will come of his threat.

When asked about Ho's next steps, Sonia Martinez Satchell, a spokesperson for the District Attorney's Office, indicated prosecution is still on the table.

"To date, the City has failed to move the unhoused off this toxic

has agreed to take up the case and will hear arguments next month. But for now, cities' hands remain largely tied if they lack enough shelter beds.

Safe sleeping sites take many different forms — and have a range of price tags. In August, after the city stalled in its attempts to open safe sleeping sites, Sacramento City Manager Howard Chan single-handedly tried to identify locations for the projects. He initially said Camp Resolution could be a model for future sites — because it cost the city so little to run, it would allow the city to open more sites than if they used more expensive models.

Instead, the city in January launched its next safe sleeping site, on Roseville Road, with more services, more oversight and a greater cost — \$3.2 million per year. The site has 60 rudimentary tiny homes and 40 trailers and is governed by a nonprofit contracted through the city.

But, due to an anticipated budget shortfall for the coming fiscal year, the city has no plans to launch additional safe sleeping sites, Swanson said. At a committee meeting last month, city staff predicted that by next year, the city's budget for homeless services would be short \$11 million. By the 2025-26 fiscal year, they expected to be short nearly \$39 million.

Life At Camp Resolution

There are about 800 people on the waitlist to get into Camp Resolution, according to Sharon and Joyce. Only six people from the camp have moved out and into permanent housing, they said. Just on the other side of the gate that separates Camp Resolution from the rest of the world, a group of people live in a cluster of cars parked haphazardly on the side of the road. Across the street, someone has erected a makeshift shack. RVs that serve as stand-in homes line the road.

Inside the gate, Sharon and Joyce tend to have the ultimate say in what goes, though there's also a council that meets on Thursday evenings to discuss camp issues. Things don't always go smoothly.

Last year a neighbor's dogs attacked Sharon and sent her to the hospital with multiple bite injuries. That led to new rules at the camp about pets. But Sharon and Joyce say it's hard to actually enforce the rules they impose.

"We need more structure," Sharon said.

As they showed off the different parts of their community, Sharon and Joyce expressed disapproval of a trash pile in the middle of the camp.

"That can go in the trash can," Joyce said. It didn't take long. A few minutes later, residents could be seen picking up the garbage and carrying it to a nearby dumpster.

CalMatters Capitol reporter Jeanne Kuang contributed to this story. ★



Jeanne Gillis uses tubs to wash dishes next to her trailer at Camp Resolution on Feb. 28, 2024. Photo by Fred Greaves for CalMatters



From left are founders David Ingram, Lisa Sanchez, Mark Baker and Kathleen Ford.



Sisters Myma Gonzales and Margarita Chavez are set to work.



Wayne Watts holds a discarded propane tank.

Leave No Trace: Environmentalism in Action

Story and photos by Kristina Rogers

SACRAMENTO, CA (MPG)

- On a chilly winter morning, I joined a crew of grassroots eco-activists from the River City Waterway Alliance (a.k.a. RCWA) at Cal Expo entrance 12. Dressed in sturdy gear, friends chatted over coffee and donuts. We gathered to hear team lead David Ingram give an overview of the day's work and then trekked the pathway to the riverbank with carts of buckets, grabbers, and trash bags.

Wayne Watts, a long-time Sacramento resident, told me he's been cleaning up this part of the American River Parkway since 1985. "I've got grandkids and great-grandkids and want them to have a place to go." Watts explained, "We've had these camps for generations, but COVID made

it worse. Pandemic health restrictions allowed illegal campers to be left alone, and camps grew. We are working to get where Mother Nature can heal itself again."

Off the path, we were greeted with muddy rubbish hanging from brush due to seasonal rains and flooding. Margarita Chavez stepped into a thorny bush to pull out discarded blankets and clothing. Chavez is a well-known trash dash warrior. Her twin sister Myma Gonzales was there to help, too. The twins proudly shared they'll celebrate a 70th birthday soon, yet you'd never know from their energy level. The sisters say this volunteer work keeps them young.

Meanwhile, Watts found a small propane canister: "These are used to cook and other things. People toss 'em when empty. If there's a fire, they burn hot and explode like shrapnel.

They are dangerous to firefighters, so we try to pull them out as fast as possible."

Discarded illegal camping items harm the environment and animals. Heavy layers of tarps, tents, and blankets choke streams. Plastic containers, bike parts, and broken glass disrupt wildlife's nesting spots. Needles, batteries, abandoned prescription drugs, and used wipes taint the soil. It should concern every Sierra Club member and climate change activist who understand when exiting a natural space, you are to leave no trace.

To naysayers who ask why clean up when it will get trashed again, Ingram and his friends have an answer. "Why brush your teeth or take a shower when you will just get dirty again? Every piece of trash removed will never return to that waterway. If we do

nothing, it will get worse."

In 2023, the River City Waterway Alliance removed 1,134,313 pounds of trash from our natural spaces. This includes 441 shopping carts, 23,819 batteries, and 9,485 needles. In addition, when they deep clean an area, it becomes "RCWA Clean" and is maintained by volunteers and parks. Now, that's sustainability.

Clean up events are frequent at Arcade Creek, American River, Steelhead Creek, Bannan Island, and the Sacramento River. The group has over 223 videos on their YouTube channel. It's fascinating to see the creativity they use to get to the garbage along difficult riverbanks.

David Ingram, along with RCWA co-founders, Kathleen Ford, Lisa Sanchez, and Mark Baker, are active leaders collaborating with the county. Sacramento County Parks

Department helps haul the garbage out once it's in a pile. They've also advocated for more funding. Sanchez assisted in getting county parks a budget increase, paying for new equipment and new maintenance workers. City council members are starting to step up too. Lisa Kaplan (District 1) and Karina Talamantes (District 2) have hosted RCWA events.

Back at the clean-up site, my arms were tiring, and the "almost 70" twins were running circles around me. I'm thinking about attending more RCWA events and giving up my gym pass! Meanwhile, a volunteer hit the jackpot and found a "landfill" left by campers. It's a deep garbage hole hidden under the dirt and contains years of garbage.

Another volunteer is putting discarded needles and batteries in a special bucket.

I asked Kathleen Ford about the more unusual items they stumbled upon.

"We find all manner of things. Old vintage Coke bottles, beer cans with pull tabs, and blow-up dolls. We see a surprising amount of fake money, like movie prop money. And believe it or not, lots of vacuum cleaners and lawnmowers."

Once, they found a 1960s salon-style hair dryer. Incredibly, this spot is right next to the bustling Arden shopping area. Most folks don't know how close they are to a beautiful outdoor space. I certainly didn't. That may be why it's a haven for illegal campers. Close to society, yet so far away. But for the wildlife, it's their haven too. And the natural world needs our help.

The RCWA challenges Sacramento's local groups, climate change activists and environmentalists to join them and make a sustainable difference!

Visit the Facebook page for River City Waterway Alliance to find clean-up events and extra information. ★

The ABCs of Prayer Are Elementary

There have been times that I've been found napping in my office.

My chaplain response to that is, "No, I'm not napping. This is my prayer time."

That's because in reality, I may be doing both - napping and praying.

I call this time my "ABC prayer nap."

The meditative technique follows the Jewish tradition of acrostic prayers where each line of the prayer starts with a consecutive letter of the alphabet. It's a bit like playing Theological Scrabble.

I have three prayers I can choose from (limit, one per nap.) Each prayer begins with one of these three introductory phrases.

1. God, help me to be ...



BY NORRIS BURKES

2. God, thank you for ...
3. God, forgive me for being ...

As I ease back in my office recliner, I choose one of those opening phrases followed by a request that starts the alphabet. For instance, the first phrase might begin, "God, help me to be Assuring. Followed by, "God, help me to be a Benefit to others."

The second ABC prayer

follows the advice of an old hymn: "Count your blessings, name them one by one. Count your many blessings, see what God has done."

These are prayers in which I thank God for my Children or something intangible like my Dreams. Each letter stands for whatever word floats into my mind that inspires an "attitude of gratitude."

My first and second prayer formats are meant to be inward and restorative. I try to do one prayer phrase per breath, so they bring sleep quickly.

However, the third prayer, "God forgive me for being ..." goes deeper, helping me face my own inadequacies.

During one recent nap, I voiced this prayer fairly

quickly until I got to three letters not commonly used - I, J and K.

The letters had me searching my conscience for what I needed to ask. I remembered my wife commenting about the time I spent on the phone away from our family.

"God, forgive me for being Inattentive. Help me to be attentive and remember where you've placed me in the moment."

Since I had justified my phone usage as important business, I found it necessary to also ask God to "Forgive my desire to be Justified. I don't like being wrong. I like being right and just - sometimes at the expense of my relationships."

The next letter was much harder. "Forgive me,

Lord, for Killing. Forgive me," I prayed, "for the times I've killed - or at least squelched - the image of God I saw in others."

This word was inspired by a hard saying from Jesus. Recorded in the modern translation of the Bible called "The Message," it reads:

"I'm telling you that anyone who is so much as angry with a brother or sister is guilty of murder. Carelessly call a brother 'idiot!' and you just might find yourself hauled into court. Thoughtlessly yell 'stupid!' at a sister and you are on the brink of hellfire. The simple moral fact is that words kill."

When I use the first two prayers, I'm usually asleep before I'm halfway through. However,

the forgiveness prayer will often keep me awake as I work through the entire alphabet.

But like most naps, these ABC naps often keep me awake a bit past my evening bedtime. These are the moments I've tried to explain to my wife how my "praying" is keeping us both awake.

"Hmm," she says, "Maybe next time you should reverse the alphabet. Start with 'Z' and ask God to 'Forgive my desire to be so Zealous.'"

You can read more about spiritual practices in my book, "Thriving Beyond Surviving." Buy at thechaplain.net or send \$20 for a signed copy to 10556 Combie Rd. Suite 6643 Auburn, CA 95602. ★

Confident Smiles

Family & Cosmetic Dentistry

We accept most of dental insurances - No insurance No problem
Ask about our in office Membership Plan!

New Patient Special!

CLEANING, EXAM, & X-RAYS

\$99

FREE

ORTHO CONSULTATION

Land Park dentist now accepting new patients!

Visit our website:
www.drdoegradd.com
Call NOW for an appointment!
(916) 736-2801
2631 Riverside Blvd.,
Sacramento, CA 95818

ROSANNA GARCIA

(916) 202-7294
LIC# 01058309
St. Francis Alumni

MASTERS CLUB
MEMBERS ASSOCIATION OF REALTORS

OUTSTANDING LIFE MEMBER

2018 Realtor of the Year

FRANCO GARCIA

(916) 206-3802
LIC# 00925201
Jesuit Alumni

MASTERS CLUB
MEMBERS ASSOCIATION OF REALTORS

OUTSTANDING LIFE MEMBER

Cute Bungalow in North Sacramento!

PENDING

This home has the historic charm with modern amenities. Three bedrooms and two full bathrooms is rare in this historic neighborhood. The rooms are a good size. Lots of light in this home due to all the windows. The kitchen is remodeled and includes the refrigerator. Inside laundry room. Hardwood/laminate overlay flooring throughout the house. Newer interior doors, new paint, ceiling fans, dual pane windows and remodeled bathrooms with tile floors. Hall bathroom has tile tub surround. Central heat and air! Walking distance to Del Paso Blvd. restaurants, coffee shops, galleries and the light rail station. Easy access to downtown!

GARCIA

REALTY

A SACRAMENTO TRADITION FOR OVER 40 YEARS

2100 28th Street, Sacramento 95818 | www.GarciaRealEstate.com

First LPCA Meeting of 2024 was a Success

Story and photos by Kristina Rogers

SACRAMENTO, CA (MPG) - The March 7 Land Park Community Association meeting, the year's first, was well-attended. It was held at Fairytale Town's Story Center from 6 to 7:45 p.m.

Neighbors and friends came to listen to several informative local speakers. Sacramento District Attorney Thien Ho discussed the movement to help fix Proposition 47 and how the changes can help improve public safety in our neighborhoods.

Rosie Yacoub shared tasty fondue treats via induction cooking and provided an excellent presentation.

David Ingram and Lisa Sanchez from River City Waterway Alliance shared their work in cleaning up our green spaces and bringing them back for the local wildlife.

City Parks representatives Deanna Reed and Samantha Va updated the community on their 2024 goals. Then Dennis Rogers, Rick Jennings' D7 chief of staff, answered questions.

There was a free drawing for gift cards from Zanzibar Fair Trade, 5 Sips Coffee & Tea, and Land Bark Pet Supplies. The atmosphere was friendly, and guests commented that they were happy to attend and enjoyed the presentations.

The Land Park Community Association is an all-volunteer board whose mission is to maintain and improve the quality of life in the Land Park neighborhood



Alex Vasquez and David Ingram chat as guests arrive.



Rosie Yacoub cooks tasty treats on induction stoves.



District Attorney Thien Ho, left, visits with guests.



LPCA board member Elizabeth Blucher greets everyone with sparkling cider and a smile.

via community events, philanthropy, and informative meetings. Anyone who resides in the Land Park neighborhood can

join their membership. Interested persons can learn more about the LPCA and how to participate by reviewing the website at

www.landpark.org.

The full meeting will be posted on the LPCA YouTube channel for those who missed it. ★



Erica Tescher
etescher@cfssacramento.org
916 840-2144
Pre-Planning Specialist



Serving Sacramento & Land Park
for over 100 years

G **GEORGE L. KLUMPP**
CHAPEL OF FLOWERS

Pre-Planning Special - Limited Time Only!
10% Off All Funeral Plans

Valid from 2/1/2024 - 3/31/2024

- Traditional Plans & Cremation
- All plans are INTEREST FREE

Payments Range from 12 months thru 48 months

- Saturday & Sunday Appointments upon request

Call Us TODAY! 916 443-7917

2691 Riverside Boulevard, Sacramento 95818 • www.klumppsfuneralhome.org



Jessycab Shoemaker
JShoemaker@scfssacramento.org
916 840-2147
Manager of Funeral Services
Funeral Director FDR3709

Artistic Edge
Gallery

ART SHOW

FEBRUARY thru MAY

1880 Fulton Ave
Sacto, CA 95825
916-482-2787

2024

Reception

Dr. Jan Cooper
March 30, 2024
3:30-5:30



Need to Advertise?

Let Linda help you get the word out

(916) 619.8189(o) (916) 524.9184(c)

linda@valcomnews.com

Arden • Carmichael • East Sacramento
Land Park • Pocket



LEGAL ADS FOR SACRAMENTO COUNTY?

We Can Do That!

Call to place your
legal advertising

916-773-1111

All Legal Ads Published by Messenger Publishing **MPG**



Ironworks in Walnut Grove.



Bridge over peaceful water...Freeport Bridge in Clarksburg.

Hidden Gems Await

Continued from Page 1
 on a regular routine for years now, and this means having the opportunity to focus on the simpler Delta life with the many pit stops along the way. With that said, we love to share the hidden-in-plain-sight gems we have found in the many small towns that dot the path.

First and foremost, we must pay homage to the bridges. You can twist and turn all across the delta on various brightly colored and uniquely-engineered bridges. There is even a ferry you can ride from here to there, and if you're lucky to catch a large boat passing through, you can also watch as the bridges twist and turn to let them pass.

No matter where you begin your day trip, there is a relatively easy path to follow: just go up one way along the Sacramento River on Highway 160 and then down the other side and you'll have basically

touched it all. For this travel reference, Freeport is the furthest north and Antioch is furthest south.

Clarksburg: Many weekend warriors will head straight to the Old Sugar Mill for a one-stop shop of a dozen local wineries, and if you've never been, it's definitely worth checking off your list at least one time. But for those who want a little more out of Clarksburg, we suggest a walking tour of sorts — the architecture of many of the homes and schools easily bring us back to The Wonder Years nostalgia, with the old growth trees shading the streets confirming the timeline. There is also a colorful community garden to stroll, and a pit stop at Husick's Restaurant to grab an iced tea. There we admired the pickup truck that also came to its final resting spot out front during those years.

Isleton probably has the most revitalized main street along this entire drive, still

keeping with the Chinese heritage mixed with some classic and eclectic shops to peak your curiosity. Mei Wah Bar Room boasts one of the few opium dens in the region, The Mcboodery sandwich shop has residents raving, and a combination of antiques, museums and a coffee shop make for a perfect jaunt to admire it all. And while some of the classics have sadly gone out of business, the nostalgia is holding strong with neon signs, vintage buildings and land markers of crawdads. Also worth spotting? The colorful gazebo in the town center and businesses that are "coming soon" (make mental note for when you return).

Locke: In our humble opinion, Locke is by far the most unique and exciting town on the Delta. Unlike any other town in California, Locke is a historical landmark dedicated to preserving the history



Mainstreet Isleton kicks off with a giant crawdad mural.

and contributions of our Chinese citizens. It has been preserved just as it was built some 100 years ago, and walking the Main Street is like taking a walk back in time, and in China. The buildings are nothing like the typical gold rush/Victorian homes we tend to see. They bend, they lean, they are chipped away, but still they stand.

There of course is a Chinese restaurant, an

eastern medicine shop, some souvenirs, a museum and antique stores but most famous: having a drink at Al the Wop's. This town is an absolute must-stop and explore and needs to be on every California travel bucket list.

Courtland: Pear capital of California. Maybe? We haven't verified that. But what we have verified is the lovely slow winding drive through walls of

pear orchards with the ultimate stop: Hemly Cider tasting room. Cider sampling for adults and kids, this family-friendly destination is set inside an old hangar with sweeping views of growing crops all around. A tasty-sweet way to appreciate our state's abundant agriculture.

Antioch boasts the most regional parks, wildlife preserves, and fishing docks to choose from on this route. Notably, Black Diamond Preserve with its dozens of trails and historical landmarks to check in on, but one could also spend time bird watching and picnicking at the Delta Discovery shoreline & museum. Both offer fantastic educational experiences. And of course, the Antioch bridge is one of the most exciting: on a foggy day it can feel as if one is ascending into the clouds with the sharp climb up over the Delta waters.

For more Delta water trip ideas, follow @ca.love. fornia on Instagram.com and enter hashtag link for the California Delta. ★

Fish for Trout April 6, 7 at Rancho Seco

SMUD News Release

SACRAMENTO REGION (MPG) - SMUD's annual trout derby at the Rancho Seco Recreational Area on April 6 and April 7 features thousands of pounds of trout and prizes up for grabs.

The fishing event has become a tradition for many and has attracted thousands of local participants since it began in 1993.

Anglers reeling in the heaviest catches will win cash and prizes, including an adult and youth grand prize for the heaviest trout caught awarded

each day. The grand prize for both age groups is a fishing kayak. The grand prizes are provided by The Fish Sniffer magazine and Angler's Press Outdoors.

Anglers can cast a line into the 160-acre lake from the shoreline or from one of six fishing piers. Small boats with electric motors are also allowed (no gas motors are allowed). In addition to trout, the freshwater lake is home to bass, bluegill, redear sunfish and crappie.

In preparation for the derby, Rancho Seco Lake was recently stocked with thousands of pounds of

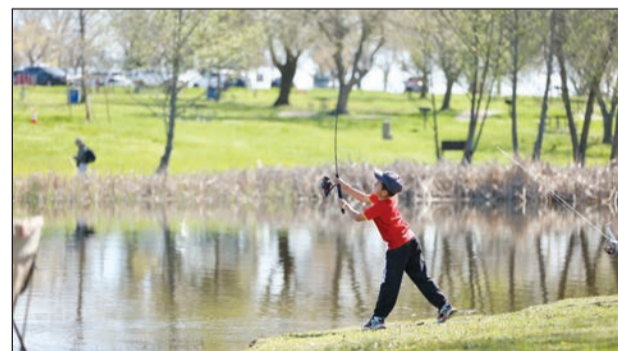
catchable trout.

Registration takes place on both days of the derby between 6 and 10 a.m., rain or shine. Derby tickets are \$5 per person for the two-day event with a \$12 parking fee at the park gate. A valid California state fishing license is required for anyone at least 16 years old. Anglers hoping to win a prize must weigh their fish at the official weigh station between 2 and 4 p.m. on the day of the catch. For complete rules, visit smud.org/RanchoSeco.

The 400-acre Rancho Seco Recreational Area

offers more than just fishing. The full-service facility offers picnic areas, RV and tent camping sites, a beach and swimming spots. Kayaks, rowboats, paddleboards and fishing boats are available to rent.

The Rancho Seco Recreational Area is at 14960 Twin Cities Road, Herald. The recreational area is 25 miles south of Sacramento, approximately 15 minutes east of Highway 99 on Twin Cities Road. For more information about the derby, camping and safety at the park, visit smud.org/RanchoSeco or call



A young angler casts his fishing line into the lake at Rancho Seco Recreational Area. Photo courtesy of SMUD

800-416-6992.

About SMUD

As the nation's sixth-largest, community-owned, not-for-profit electric service provider, SMUD has provided low-cost, reliable electricity to Sacramento County for more than 75 years.

Today, SMUD's power supply is on average about 50 percent carbon free and SMUD has a goal to reach zero carbon in its electricity production by 2030.

For more information on SMUD's Zero Carbon Plan and its customer programs, visit smud.org. ★

SACRAMENTO SPCA DOGGY DASH

APRIL 20 2024
 WILLIAM LAND PARK

2K/5K WALK & PET FESTIVAL

to help provide direct care to more than 40,000 animals each year in our community.



Save Now! →

REGISTER TODAY AT SPCA.ORG/DASH

USE PROMO CODE DASH24LP TO SAVE \$5

THANK YOU TO OUR SPONSORS!

vca animal hospitals

Fi food shelter love

SCIENCE DIET

sactownvet

Loe's Cruises & Tours

iHeart RADIO

13 CBS NEWS SACRAMENTO

KMAX31

Good Day

Support Girl Scouts With Cookie Share

Girl Scouts Heart of Central California News Release

SACRAMENTO, CA (MPG) - Did you know that even if you've already stocked up on your favorite Girl Scout Cookies, you can still spread joy and support local Girl Scouts through Cookie Share, a Girl Scout community service project?

Girl Scouts Heart of Central California (GSHCC) is excited to invite you to participate in this meaningful initiative, which offers opportunities to donate cookies and make a significant difference in the lives of young girls in the community.

Cookie Share allows girls to offer virtual "Cookie Share" cookies that are distributed to the nation's soldiers, local food banks and other

charitable organizations. This unique approach spreads cheer through delicious treats and also shows gratitude and support for those who serve local communities and the country.

"Even if you've already indulged in your favorite Girl Scout Cookies, you can still make a difference in the lives of local girls," said Girl Scouts Heart of Central California Chief Executive Officer, Dr. Linda E. Farley. "Through Cookie Share, we offer a unique opportunity to show gratitude to those who support our communities, all while uplifting young girls. Join us in making a lasting difference and empowering the next generation of female leaders."

Cookie Share proceeds remain within the local community and are dedicated to funding a variety of enriching activities



Girl Scouts gain valuable life skills selling cookies, including money management, team building, public speaking and decision-making. Photo courtesy of Girl Scouts of Northern California

and experiences for girls throughout the year. These include field trips, community projects and outdoor adventures. Moreover, the Girl Scout Cookie Program is one among numerous programs offered throughout the year, all designed to expand the horizons of Girl Scouts, impart vital life skills, and equip them for future leadership roles.

If you're interested in learning more about Girl Scouts Heart of Central California and how you can get involved, visit www.girlscoutshcc.org. ★

Jemuel Johnson Shares Society's Wonders with Readers

By Tamara Warta

Sacramento author Jemuel Johnson's new book, "21 Wonders (That You Don't Know)," tells the tale of influential figures that time has forgotten, including Nikola Tesla, Benjamin Banneker and John Brown.

Johnson also wrote the romance novel, "And The Tears Revived" in 2013, and a collection of suspense tales, "Needles" in 2021.

Now, he has added historical accounts, recognizing heroes of the past to his repertoire.

"21 Wonders (That You Don't Know)" revolves around 21 unsung revolutionaries of yesteryear.

"I'm essentially giving them their flowers. Isn't that a wonderful thing?" Johnson said.

He is proud to provide recognition to those who did not necessarily receive it in their lifetime or ever for that matter.

"Unfortunately, many figures of massive influence are relegated to the shadows of history or are eventually acknowledged 200 years later," Johnson said. "Better late than never, I suppose."

A busy entertainment entrepreneur, the Arden-Arcade-based Johnson is a novelist and also a former TV host and producer of "Half Circle," which broadcast on Comcast On Demand (Channel 17) from 2009 to 2014.

Johnson values his readers and tries to write with the knowledge that many don't have much spare time.

"Wonders" is a book that can be finished within a week during someone's lunch breaks," Johnson said. "This book is for people who have a lust for life, who engage with nonfiction, love harrowing, inspirational and aspirational storytelling, and are honest with themselves that they don't read 500-page books anyway."

Readers will find stories that tell the true struggles and dreams of each of the 21 individuals featured.

"I'm obsessed with people who have been through the fire for a desired result," Johnson said. "I want people so badly to own and develop their gifts. These gifts are their upper hand in life. This is not taught in our schools in a dynamic way."

Outside of his creative endeavors, Johnson works in ride-sharing for both Uber and Lyft from 3 to 8 every morning for the past five years. The job includes airport drop offs, chatting with truck drivers and assisting those going to and from dialysis appointments.

The wide range of individuals that he interacts with daily serve as inspiration. Through these



Jemuel Johnson Courtesy photo

conversations, which include challenging circumstances such as dialysis treatments, Johnson receives inspiration by hearing and observing how everyone's life counts and the desire that others have to share their perspectives.

"It's an excellent way to meet new faces constantly in a private setting and receive massive amounts of information from people from all over the world," Johnson said.

If you're a history buff, love inspirational stories or just want to support a local author, consider adding "21 Wonders (That You Don't Know)" to your reading list.

Johnson focuses on speciality sales and corporate bulk orders, and has a collaboration with Forever 21.

And if you run into Johnson himself around town, you'll be able to land a signed copy of his latest venture.

"Catch me in traffic! I keep copies and a Sharpie on me at all times," said Johnson with great enthusiasm.

"21 Wonders (That You Don't Know)" can also be bought at thebookpatch.com, a marketplace for self-published books. ★



Jemuel Johnson's latest book cover is shown here.

County Appoints Deputy Executive

Continued from Page 1

Transportation Authority for more than 23 years, including chief administrative officer, human resources director, procurement and contracts, Business Services deputy director, Human Resources manager, and Organizational Development and Office of Civil Rights and Labor Relations manager.

Fadal has a Doctor of Business Administration from Argosy University, a Master of Public Administration with emphasis on organization change from California State University, East Bay, and a Bachelor of

Science in Organizational Management from Patten University. He also completed the Negotiation and Conflict Management Training for Senior Executives at Harvard Law School and he possesses a Certificate in Training and Human Resources Management from U.C. Santa Cruz.

Additionally, Fadal has nearly 20 years of experience as a lecturer and area chair over the University of Phoenix MBA Business Program and has worked as an assistant professor for DeVry University's Keller Graduate School of Business for more than three years.

Departments within Sacramento County's Administrative Services Agency include the Clerk Recorder, Office of Emergency Services, Finance, General Services, Personnel Services, Revenue Recovery, Technology, and Voter Registration and Elections. These departments facilitate the day-to-day operation of Sacramento County.

The Library JPA, Sacramento Employee Retirement System and Sacramento LAFCo have a coordinative relationship with Administrative Services. ★

AMISH furniture SALE

All Amish furniture on Sale!



Come to Naturwood and save on quality Amish furniture that you customize, with choices of woods, finishes, sizes, edges, shapes, hardware and more. The choices are endless!



Mon - Fri 10am - 6pm
Sat 10am - 6pm • Sun 11am - 6pm

CLOSED EASTER 3/31/2024

Visit us at:

12125 Folsom Blvd. Rancho Cordova
916-351-0227

www.naturwood.com

"Tell 'em Brooklynn sent you!"



Largest Selection of



Products

"Sale applies to all indicated products except "Special Buys" and "Mega Clearance" items. Sale prices are not available in conjunction with any other promotions or discounts. Allow time for delivery on most items. Sale ends 3/30/24.