The Last Word

BY DR GWENDOLYN PERRY





Married couples face many problems, but one in particular is that of selfishness. Selfishness gives birth to many problems that will land confused couples in divorce court before their first anniversary.

Selfishness is a problem that both individuals bring into the marriage. Single people are able to basically do most of the things they want without sharing the knowledge of what they are going to do, where they are going, or even discuss what the meal for the day will be.

In marriage, the actions of each person will affect the other. So no one can say that he or she can do as he or she wants to do. Everything can't go the way of one person. That's selfish!

Selfishness gives birth to the "it's mine, mine, mine" attitude. Don't buy a home or car together and you say, "I own all of this" or "It's my money that is keeping everything afloat." Don't "own the remote" to the point where every channel shown is everything you want to see.

Selfishness is very serious, and some people are in denial that they are making this mistake. Instead, they say "This is the way my mother or daddy did things," or they tend to believe that their mate is the one who is selfish, immature, and not willing to work to make the marriage work. Selfishness brings forth stress, hampers your joy, and does not give nourishment to your inner man.

Excerpt from Dr. Gwendolyn Perry's Wise Wive's Don't Run (But Sometimes They Wanna!), available on Amazon. Dr. Perry also maintains the Folks Talk LLC community newsletter and Facebook page which "spotlights local people and attempts to encourage and give inspiration to those who read it."



