



Spirit of San Juan Awards Celebrated May 9

PAGE 3

New Galaxy Game Café Opens

PAGE 2



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SEE INSIDE

PROGRAM DEDICATED TO PREVENTING FALLS



PAGE 12

BIKE FEST 2024 LET'S RIDE!



PAGE 12

MIDDLETON RUNNING FOR ASSEMBLY



PAGE 6



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Fireworks Changes Coming



The Sacramento County Board of Supervisors approved a new ordinance on April 9 addressing illegal fireworks sales and usage. Photo courtesy of Sacramento County

Sacramento County News Release

SACRAMENTO COUNTY, CA (MPG) - The Sacramento County Board of Supervisors, at its April 9 meeting, adopted an ordinance amending Sacramento County's Fireworks Regulations and Prohibitions in reference to fireworks sales, use and enhanced fines.

One code amendment narrows the window for fireworks sales from June 28 through July 5 to noon June 28 through the end of July 4.

Another amendment prohibits the use of all fireworks, including



an ordinance amending Sacramento County's Fireworks Regulations and Prohibitions in reference to fireworks sales, use and enhanced fines. Photo by Arias Fernando - pexels.com

state-approved fireworks, between 10 p.m. and 9 a.m. during the authorized selling period. Information must also be provided about safe disposal at the point of sale. Another amendment

approved by the supervisors enhances fines for schools and all parks. The first violation is \$1,000, the second violation within one year of the first violation is \$2,500, each additional violation

within one year of the first violation is \$5,000, and each violation that occurs within the American River Parkway, all parks and all schools is \$10,000.

The amendments came as a result of staff recommendations and board suggestions at the Countywide Fireworks Taskforce Enforcement After Action Review presentation to the Board of Supervisors on Oct. 24, 2023. Several Illegal Fireworks Taskforce meetings were held between last November and February to address requests related to the deterrence of illegal fireworks sales and usage. ★

Council Slows Cannabis Discussion, Approves Increased Salary

Story by Shaunna Boyd

CITRUS HEIGHTS, CA (MPG)

- At the April 11 meeting, the Citrus Heights City Council continued a discussion about the possibility of allowing cannabis dispensaries to operate in the city. Medicinal marijuana use was approved by California voters with the passage of Proposition 215 in 1996 and recreational use was approved with Proposition 64 in 2016, with yes votes from 52% of Citrus Heights residents at that time.

While Citrus Heights has maintained a ban on retail cannabis dispensaries, City Council recently brought the issue up for reconsideration and requested staff conduct public outreach.

A total of 342 residents responded to an emailed FlashVote survey and 59% supported recreational marijuana use. When asked if they would support retail cannabis shops within the city, results were more split, with 49% in support and 48% opposed.

About 60 individuals attended a community workshop, with 61% of attendees supporting a retail cannabis industry in the city. An online feedback form on the city's website gathered 20 responses, with 54% in support of allowing dispensaries.

Many attendees spoke during Public Comment on this item and others submitted written comments. Some spoke in support of allowing dispensaries, citing the potential for additional tax revenue and the benefits to residents who are already patrons or operators of these businesses.

"We can't build a wall around Citrus Heights and hope that cannabis doesn't come into our community. ... It's here whether we like it or not," audience member David Warren said.

Warren said he supports allowing dispensaries to operate in the city because he views them as a "public safeguard," because it would drive out illegal sales on the streets.

Others spoke against the idea, such as Ray Reihle, who said that dispensaries will "degrade the character of our community."

Some residents said that it would increase crime and

Continued on page 4

Pinwheels Planted for Child Abuse Prevention Month



Dozens of Sacramento County Department of Child, Family and Adult Services staff planted pinwheels outside the department's buildings April 9 to create awareness about child abuse prevention. Photo courtesy Sacramento County

Sacramento County News Release

SACRAMENTO COUNTY, CA (MPG) - Sacramento County recognizes April as National Child Abuse Prevention Month. This year, the Sacramento County Department of Child, Family and Adult Services (DCFAS) spread awareness about child abuse prevention by planting pinwheels outside of all the county Department of Child, Family and Adult Services buildings. The pinwheel symbolizes childhood innocence and joy.

The pinwheels will remain planted throughout April as part of an effort to continue to raise awareness about preventing child abuse and neglect. The pinwheel plantings took place on April 9, with dozens of workers participating at each building.

"Together, we can all raise awareness for child abuse prevention," said Child Protective Services Deputy Director Melissa Lloyd.

The recognition month also serves as a reminder that everyone can work together to keep children in the community safe.

The Department of Child, Family and Adult Services offers five tips that residents can do to help prevent child abuse and neglect.

The first two tips are to be a friend to a parent you know and offer support when needed, and to be a friend to a child you know and show you care about their interests and well-being.

The third tip is to talk to neighbors about looking out for one another and the children where you live.

The fourth and fifth tips are to donate items to

families in need to alleviate financial stress, and to volunteer your time and resources for programs supporting children and families in your community.

To learn more about Sacramento County's dedication to preventing child abuse, visit the Child Protective Services webpage at dcfas.saccounty.net. Call the 24-hour Child Abuse Hotline at 916-875-5437 to report child abuse in Sacramento County and call 9-1-1 in case of an emergency. ★

New Galaxy Game Café Opens

By Thomas J. Sullivan

CITRUS HEIGHTS, CA (MPG) - “Unplug. Connect with others.” That’s the philosophy of the new Galaxy Game Café, a unique family-owned board game play space that celebrated its grand opening last weekend in Citrus Heights.

Husband-and-wife owners Robert and Melisa Roden, Roseville residents, opened the welcoming 4,800-square-foot space with a starting library of more than 700 board and card games, providing something for enthusiasts of all ages and interests.

You’ll discover the Galaxy Game Café not in a “galaxy far, far away” but at 7700 Sunrise Blvd., Suite 1900, in the shopping plaza near neighbors In-Shape Family Fitness and Aspire Hair Design across the parking lot from Leatherby’s Ice Cream.

“Robert and I noticed you can’t go anywhere today that doesn’t have screens on the walls and tables full of people staring at their phones,” Melisa Roden said. “We wanted a space where people look at each other, laugh with each other and engage in conversations right in front of them.”

Inside, opening weekend gamers settled into an array of individual comfortable booths distributing game pieces and setting up their games for a fresh round of play.

Melisa Roden is an entrepreneur and graphic designer, and her husband, Robert, is an English professor at Sierra College in Rocklin. He’s also an admitted Star Wars enthusiast, having built an extensive collection of figures and memorabilia since the movie’s premiere in 1977.

His curated collection, which features figures, creatures, ships and playsets, are displayed in a diorama fashion in multiple museum-style glass display cases throughout the café reflecting



It’s easy to get swept up to a “galaxy far, far away.” Photo courtesy of Galaxy Game Café.



Robert and Melisa Roden opened the Galaxy Game Café at 7700 Sunrise Blvd., Suite 1900 in Citrus Heights. The board game play space that celebrated its grand opening last weekend. Photo by Thomas J. Sullivan

various scenes from the multiple movies and shows.

“It’s great to be able to share that collection with everyone,” Robert Roden said.

You’ll find references to the “galaxy far, far away” all over the Galaxy Game Café, from the Galaxy Grub themed snack shop with its food and drinks to the “Bounty Box” retail store with games, apparel, toys and various pop-culture merchandise.

The couple considered multiple locations, including Roseville, before signing a lease for the Citrus Heights space. They obtained a federal Small Business Administration (SBA) loan to help with financing and recently completed three months of interior tenant improvements, they said.

“We’ve raised six kids and

brought them all up playing board games from the time they were toddlers,” Melisa Roden said.

Family game play fostered interaction, in addition to developing reading, math, strategy and coping skills, according to Melisa Roden.

“Our house was always full of activities to keep their hands and minds busy for hours at a time,” she said. “Now that our kids are grown, we want to recreate that type of environment and opportunity for the greater community.”

The café employs a staff of 12, including family members.

A designated “Kids’ Play Space” offers a separate area for families with young children to select from age-appropriate games, books and bins of various activities to build, create and use



Weekend gamers settle in for some fun and refreshments. Photo by Thomas J. Sullivan

their imagination.

Drop-in daily play is \$10 per person for unlimited play at one sitting. Individual table reservations for up to six players, a \$20 one-time fee plus \$10 per person are required to be paid in advance. Individual memberships priced at \$30 include unlimited access to the game space and a 10-percent discount off the Galaxy Grub and all Game Academy activities. The cost of a family membership is \$100 for a family of four.

Patrons who have a favorite game they frequently like to play, which are not yet in the café’s inventory, can suggest they can be added. Game donations are also welcome.

Players are not allowed to bring in their own games to play. “Many of these games are high-end and expensive, and we’re doing our best to maintain inventory control,” she said.

The couple also hopes to launch a game academy with a variety of pre-scheduled activities, such as after-school camps for kids, game classes, leagues, tournaments and special events.

The Galaxy Game Café at 7700 Sunrise Boulevard, Suite 1900 in Citrus Heights is open 11 a.m. to 9 p.m. Wednesdays through Sundays.

For more information, call 279-529-2534 or email info@galaxygamecafe.com. ★

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DaeChole Reed-Herbert



Ethan Minton



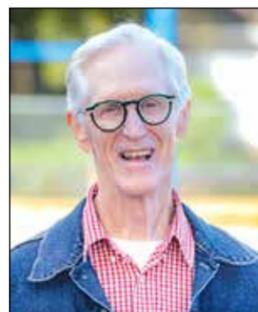
Greta Scholtes



Julia Clauson



Nancy Carter



Robert Anderson

By MPG Staff

CARMICHAEL, CA (MPG) - San Juan Unified School District will celebrate six outstanding individuals, three of them students, at its 11th annual Spirit of San Juan Awards on May 9. One of those students is DaeChole Reed-Herbert from Citrus Heights.

"We are incredibly proud of DaeChole's 'Spirit of San Juan' award, acknowledging her actions and efforts as an exceptional leader on our campus," said interim Principal Roxanne Stellmacher. "DaeChole exemplifies the type of student we strive to develop at Lichen P-8, one who stands up for what's right and leads by example. We could not be prouder to call her a Lichen Bear."

The awards recognize individuals within the district's school communities who exhibit

exceptional character, remove barriers and provide an inclusive environment for all, according to district spokesperson Elysse Fresquez.

The three students being recognized this year are Julia Clauson from Bella Vista High School, Fair Oaks; Reed-Herbert from Lichen K-8, Citrus Heights; and Ethan "E Train" Minton, Winston Churchill Middle School, Carmichael.

The three other honorees are Robert Anderson, a Mary Deterding Elementary School teacher in Carmichael; Nancy Carter, a Mission Avenue Open Elementary School volunteer in Carmichael; and Greta Scholtes, Encina Preparatory High School principal at Arden Arcade.

Clauson, an 11th-grade student, advocates to ensure student voices are heard at Bella Vista. Clauson actively participates at

the school and district level as a Superintendent's Student Advisory Council member, as the Bella Vista's writing club president and as one of two student representatives on the school's equity team. This year, Clauson is also spearheading her new project, a district-wide literary magazine aimed at sharing student voices.

Reed-Herbert, a seventh-grade student, mentors and encourages her Lichen K-8 School peers to promote a positive school environment. As the Black and Brown students club founder and Student Senate member, Reed-Herbert has fostered a welcoming and inclusive experience for Lichen students and staff.

Minton, a seventh-grade student, has advocated for and promoted literacy through his online platforms. He has organized book donations and author visits, and

has also volunteered his time by reading books to kindergarteners in the district. Minton's work will leave a lasting impact on Winston Churchill Middle School students, who now have increased access to books.

Anderson was chosen for his dedication to young learners both in and outside of the classroom. As a kindergarten teacher at Mary Deterding Elementary School, Anderson promotes a welcoming and accessible classroom environment for his students and their families by making their first years at San Juan Unified School District memorable.

Carter is a San Juan Unified retiree who continues to make an impact through her math tutoring volunteer work at Mission Avenue Open Elementary School. Her energy and enthusiasm for helping students succeed has been

extended to all students, especially those who need extra support to get the job done.

Scholtes, as Encina Preparatory High School principal, actively removes barriers to make education accessible for all students. She works closely with students and families to solve attendance barriers, increases access to resources by working with resettlement agencies and community partners, and leads by speaking up for marginalized groups.

The awards ceremony is at 6 p.m. May 9 in Rio Americano High School's Center for the Arts, 4540 American River Drive, Sacramento. Each honoree will receive a plaque.

Learn more about the May 9 event on the Spirit of San Juan webpage at www.sanjuan.edu and RSVP at <https://forms.sanjuan.edu/240726246398969>. ★

Recreation Therapy Changes Lives in Sacramento County

Sacramento County News Release

SACRAMENTO COUNTY, CA (MPG) - For individuals living with disabilities, recreation opportunities and a sense of community might not be easy to come by. That's where the Therapeutic Recreation Services (TRS) Division of the Department of Regional Parks comes in.

One way to provide these individuals with recreational opportunities

is through recreation therapy, which utilizes activities such as art, community outings, exercise and more to improve and maintain cognitive, physical and emotional functioning in order to facilitate full participation in life.

The Therapeutic Recreation Services Division is in the business of delivering recreation therapy since 1975.

"Recreation therapy offers individuals a chance to explore new

experiences within a nurturing and secure setting, surrounded by people who accept and embrace them unconditionally, and empower them to strive for autonomy and self-reliance," said Jenn Wilson-Marchino, a Therapeutic Recreation Services specialist. "It is a privilege to be a part of something that has such a transformational impact on our participants."

February was recognized as Recreational Therapy Month, and

TRS is celebrating the role that recreation therapy has played in the lives of its participants by reflecting on what they enjoy most about TRS.

Therapeutic Recreation Services programs focus on abilities while encouraging individuals to attain their highest level of independent leisure functioning by increasing leisure skills, improving social skills, and increasing independence and their awareness of and involvement in community recreational activities.

For more information on the Therapeutic Recreation Services programs and how you can become involved with, volunteer with and/or support the program, visit online <https://www.saccounty.gov/services/Pages/Therapeutic-Recreation-Services-TRS.aspx>.

For more testimonials, check out the Therapeutic Recreation Service's YouTube channel at <https://www.youtube.com/channel/UCtEOg4My4qy6z8qA6dRd4g> ★

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Council Slows Cannabis Discussion, Approves Increased Salary

Continued from page 1

addiction and some predicted that it would not result in a significant increase in tax revenue for the city.

Elderly residents also pointed out that they were not represented in the data gathered from the online surveys, so future outreach should include mailers to registered voters.

Councilmember Mari-Jane Lopez-Taff has said she grew up with a parent addicted to marijuana, so she has a personal reason to oppose the marijuana industry. When looking at the city's goals to grow the economy, attract businesses, combat homelessness, reduce crime, and raise education and community awareness, she said, "cannabis does not have a place in that vision."

"For me, it is about the money," Councilmember Tim Schaefer said.

It will take decades to get all the roads repaved, Schaefer said, and while there is currently a surplus in the city's General Fund, "tougher times are coming," so it doesn't make fiscal sense to allocate more funding to roads than they already have.

Schaefer said that is why he wants to look for alternative revenue sources. He added that some of the anti-marijuana propaganda sent to them since this topic was introduced was "ridiculous," including documents attempting to link marijuana usage with mass murder: "Do you think we're idiots?" He said he toured a dispensary and found it to be clean, highly secure, and quite impressive.

But, Schaefer said, he understands the community concerns and "it would be best to slow this down." He suggested, "Let's take a year. ... Let's look at this carefully. Let's not rush to a conclusion here and let's really develop a plan. ... I need more time, and I think the community needs more time."

Councilmember Porsche Middleton agreed that they should slow down the process.

"We want to make sure we get it right" with regards to equity, said Middleton, with a focus on ensuring Citrus Heights residents have a place in the industry if this idea moves forward. She also wanted to further explore other non-public-facing aspects of the industry, such as cultivation or manufacturing, instead of just retail storefronts.

"For me, this has always been about local control," Middleton said. "We have always been great stewards of our own tax dollars. If we are allowing other cities to take advantage of our families who are living here, of their hard-earned money, however they choose to spend it, and it's going somewhere else, that is an opportunity that is lost to reinvest those dollars right here in our city."

Citrus Heights Vice-Mayor Jayna Karpinsky-Costa said, "It is about the money." She wants the streets in her district paved, so she wants more details about how much revenue they "could really expect to receive" to weigh that against "how many roads can we do, how many police can we add to our force?"

Mayor Bret Daniels said, "I don't see any concern on the crime aspect of it." He said the dispensaries "are incredibly safe," with armed security on site, which decreases loitering and the potential for crime. While Daniels fully supports medicinal use, he does not support recreational use. So, he said, "the tax means nothing to me. I don't care to gain a dollar off of the recreational use of drugs." He agreed with the City Council consensus that they should "tap the breaks for now," and focus on more research and more outreach.

City Council then considered requests

for funding from the city's Neighborhood Improvement Partnership (NIP) Program, which provides funding for projects and programs that improve the quality of life for residents and increase community engagement. Several groups requested funding to attend the annual Neighborhood USA (NUSA) Conference, which is being held this May in Lubbock, Texas.

Sunrise Ranch Area 6, Sylvan Old Auburn Road (SOAR) Area 10 and the nonprofit Citrus Heights Arts all requested \$1,800 each to cover attendance, travel and lodging costs for the conference. (Councilmember Middleton recused herself from this discussion and vote due to a conflict of interest, since her mother is the executive director of Citrus Heights Arts).

City staff said each application met the eligibility criteria for the funding and recommended approving the full amount for each group, for a total of \$5,400 from NIP funding. If approved, there would still be \$7,100 in NIP funding available for other requests through the end of this fiscal year, in June.

Karpinsky-Costa said the intention of this funding is for projects proposed by neighborhood groups. She suggested that the city institute stricter guidelines for this funding and limit how many groups are approved to use the funds for conference attendance. And she said that Citrus Heights Art should apply for funding from a different source, rather than the NIP funding.

Daniels said he supported all the applications because the funding was available, there were no neighborhood projects up for consideration at this time and the funding is for this fiscal year (which will end soon). Daniels said he had no objection to establishing more criteria to guide approval for such requests in the future, but at this time, no applicable policy is in place. Daniels said the individuals are taking time out their lives to attend this conference to find ways to improve the community: "I don't think it's anything but a benefit to the city at this point."

Daniels moved approval of all three requests but the Citrus Heights Arts request did not receive a second, so that motion failed. The requests from Sunrise Ranch Area 6 and Sylvan Old Auburn Road (SOAR) Area 10 were both seconded and Council voted 4-0 for approval.

City Council considered an amendment to the city ordinance that would increase the compensation for City Council members. Senate Bill 329 was recently approved, which allows for an increase to the maximum pay for local councilmembers in California for the first time since 1984. When Citrus Heights incorporated in 1997, the pay for councilmembers was \$600 per month and the compensation has not been updated since that time.

The updated compensation schedule is based on the population, so with a population of 86,000, Citrus Heights councilmembers would be eligible to receive a salary up to \$1,900 per month. However, the compensation change would not apply during any councilmember's current term of office. The new salary would go into effect for all members after an election cycle, when a new member is elected or when any current member is re-elected to a new term.

City Council voted 4-1 to approve the compensation increase, with Karpinsky-Costa dissenting.

The next meeting of the Citrus Heights City Council is scheduled for 6 p.m. April 25 at 6360 Fountain Square Drive. ★

UC Davis Health Successfully Implants Triclip™ System

UC Davis Health News Release

SACRAMENTO, CA (MPG) - UC Davis Health cardiology team members are among the first in the country to treat patients with tricuspid regurgitation, or a leaky heart valve, by using a groundbreaking catheter.

The minimally invasive procedure, a transcatheter edge-to-edge repair (TEER), is made possible with a new medical device called the Abbott TriClip™ system.

UC Davis Medical Center is one of the first sites nationwide to have commercial access to TriClip and is the first hospital in Western United States to utilize the system since it was approved by the U.S. Food and Drug Administration (FDA) last week. UC Davis also hosted clinical trials for the procedure in 2023.

"We are excited to offer our patients this novel treatment that offers meaningful improvement in quality of life without the high procedural risk often associated with tricuspid surgery," said Gagan D. Singh, associate professor of cardiovascular medicine and the surgeon who performed the first procedure at UC Davis Medical Center.

Tricuspid regurgitation is a condition in which the tricuspid valve of the heart fails to close completely. This can allow blood to leak backward into the atrium from the tricuspid valve, causing the patient's heart to pump harder to move blood through the valve.

Tricuspid regurgitation affects an estimated 1.6 million Americans. Symptoms include active pulsing in the neck veins, enlarged liver, fatigue and swelling throughout the body.

Current nonsurgical treatments include diuretics (medicines that help remove excess fluid and salt) and drugs aimed at easing symptoms. Left untreated, tricuspid regurgitation can lead to atrial fibrillation, heart failure, kidney disease and even death.

"Severe tricuspid regurgitation is a debilitating condition that is associated with substantial morbidity," said Jason H. Rogers, professor of cardiovascular medicine. "Patients with tricuspid regurgitation are extremely high risk for any type of surgical intervention, so

historically they have just been monitored and treated with diuretics."

Tricuspid Transcatheter Edge-To-Edge Repair Procedure
The human heart has four valves, and if any of them leak, there is no universal way to repair them. For example, the mitral valve can be repaired with a catheter-based system. But the same catheter can't be used on the tricuspid valve due to the valve's location, thinness and variability.

The new system is designed specifically for the tricuspid valve's position, location and shape. With the patient under general anesthesia, the device is delivered to the heart through a catheter, starting in the groin and guided by X-ray and ultrasound. Once in place, the clip brings together portions of the leaflets (flaps of the valve), improving the seal and reducing the leaking.

The device was tested for its safety and clinical efficacy as part of the TRILUMINATE Pivotal trial. UC Davis Health was one of the sites with the highest enrollment rates in the national trial.

"This minimally invasive approach allows the heart to pump blood more efficiently and relieve symptoms of tricuspid regurgitation," said Rogers, who will be performing additional tricuspid TEER procedures.

A Leader In Transcatheter Edge-To-Edge Repair

UC Davis Health has been a leader in transcatheter edge-to-edge repair for nearly two decades. In addition to the transcatheter tricuspid valve repair procedure, the medical center's cardiac services offer several minimally invasive catheter-based mitral valve procedures.

"Being one of the first centers in the country to offer commercial availability of the TriClip system is a true honor and a testament to the outstanding team-based approach to patient care at UC Davis Health," added Singh. "The UC Davis Structural Heart Team is among the best and most comprehensive in the nation. Our mission of providing complete, efficient and high-quality care to the patients we care for is what drives us to lead the field." ★

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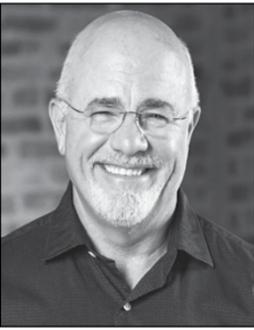

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then, all she'd have left where her inheritance is concerned is a lifetime of regret.

If she'll be smart with this money, and by that, I mean investing wisely and having a little bit of fun, she could end up a rich, little old lady one day. Not only that, but she can honor the memory of your mother and change her family tree forever. Her family will think differently, and be able to live differently, all because she had the maturity to not blow the money.

You said she'll get \$75,000, right? Think about this. She could just have fun with \$15,000 or so, and invest the rest in good, growth stock mutual funds. If the stock market continues to average what it has since its start, she'll be a multi-millionaire—and then some—by retirement. Even if I'm half-wrong on the math, the advice still stands. She'd have millions waiting for her. The point is that investing a big lump sum of money, and leaving it there for her golden years, is a great idea.

Now, I'm going to give

you some homework, Davis. I want you to talk to a bunch of rich, old folks. Learn what they did to build wealth and hang onto it. Also, make sure the friends and family you both have around you are quality people—the kind who have your best interests at heart. Remember, the Bible says, "In the multitude of counsel there is safety."

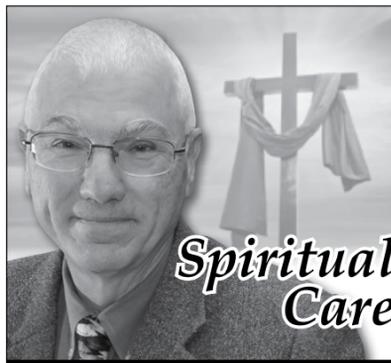
Your sister is very lucky to have a big brother like you. Walk her through this advice. Be there for her. Look out for her. She needs you right now, and she'll need you in the years to come.

God bless you both!

— Dave

Dave Ramsey is an eight-time national bestselling author, personal finance expert and host of The Ramsey Show. He has appeared on Good Morning America, CBS This Morning, Today, Fox News, CNN, Fox Business and many more. Since 1992, Dave has helped people take control of their money, build wealth and enhance their lives. He also serves as CEO for Ramsey Solutions ★

Lost in the Translation



BY NORRIS BURKES

Anytime I tell people that I'm a chaplain, I can never be sure they understand the title, much less spell it. (I'm not a Chaplin, like Charlie.)

Some people think a chaplain is just like a church pastor. Some think chaplains are exclusive to the military. Some assume chaplains are always Christians.

After I encourage them to disavow these assumptions, they still aren't sure what chaplains do.

Chaplains serve in many roles, but during the years I was fully employed as a hospital chaplain, I often told folks that I was a religious translator. When they cocked their heads for better understanding, I offered this story.

In the early 1990s, I was working at Houston Northwest Medical Center when I found the ICU nurse manager, Grace Heffron, madly flipping through a patient's chart.

Grace was five feet three inches of green-eyed Italian. She charged her work with a no-nonsense approach and didn't fancy interruptions. Nevertheless, I asked her to suggest what patients might need to see a chaplain.

Grace shot me a look over the top of her glasses. She didn't see her job as bird-dogging problem-patients for me.

"How about bed number two," she suggested. Her voice was baited with East Coast sarcasm, but I bit nevertheless.

"Why, what's going on?"

"Oh, nothing really," she said, her volume increasing. "Nothing except for a bill passing two million and their religious family is calling us 'liars.'"

"That actually makes some sense," I said.

Grace slapped the chart down. None of it made sense to her.

"Give me a few minutes and I'll come back to say more."

Having her undivided but somewhat undesired attention, I retreated into the patient's room to find a 75-year-old man, suffering

from a massive stroke and nearly brain-dead. Now, sixty days after admission, he was on a ventilator and radiated a nauseous aroma from multiple bedsores.

His daughters greeted me with suspicion, but when I offered a prayer, they instantly raised their open-palmed hands and began shouting a prayer something like this:

"God, we believe you've already healed our father! These doctors are liars. Our father will walk again because Romans 3:4 says, 'Let God be true but every man a liar!'"

It's a bit disconcerting to hear people quote the Bible back to God. It's as if they found a contractual loophole that forces God to act as they say.

Nonetheless, I quickly recognized their prayers were coming from "Word of Faith" theology. So after the final amen, I excused myself to the nurses' station. Grace had obviously overheard the prayer because she was fit with her best told-you-so expression.

"I don't think they are literally calling you liars," I said.

Grace leaned forward, so I offered more.

"They come from a faith tradition better known by the less flattering terms of 'name-it-and-claim-it' or 'Prosperity Gospel.' It's a Pentecostal-like group that believes a miracle only has a chance to work when believers publicly proclaim the desired outcome to be true; despite it being obvious to all others that it isn't true.

"Just think of it as a coarse expression of Norman Vincent Peale's Positive Thinking," I said. "The word 'liar' is a faith expression."

With Grace starting to see the connection, I offered a translation. "I know it's like trying to buy a yacht by telling the salesman, 'I'm a millionaire who's waiting for my lotto check to clear the bank,' but they are sincere in their expression."

"So what do I do?" she asked. Like most supervisors, she appreciated solutions, not problems.

"If you'll listen to the daughters, and not react or take it personally, I think they'll be ready to disconnect life support in a few more days."

When Grace relayed my translation to the nursing staff, they began responding to the daughters with a new understanding. And once they realized that faith finds translation in all different kinds of words and rituals, they were able to obtain consent to remove the patient from life support.

Three days after my translation, the daughters held hands, prayed and watched their father go home to his final miracle. ★



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Serving Citrus Heights and Sacramento County Since 2006

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Social Security Matters

Can I Claim Social Security and Still Work?



By Russell Gloor,
AMAC Certified Social
Security Advisor

Dear Rusty: I will be turning 63 soon. Can I apply for Social Security and continue to work? Would I be limited to how many hours or how much I could make? I know my monthly SS amount would be cut by 30%, or somewhere around there, but how would working affect me? I was trying to read up on this, but the \$1 and \$2 thing confused me. I have an offer to take a work-at-home position and need to decide soon, but it is a cut in income. The cut would be okay if I could draw my Social Security too. **Signed: Wanting Work at Home**

Dear Wanting: If you claim your Social Security to start in the month you turn 63, you'll be claiming 4 years before your full retirement age (FRA) of 67, which means your monthly benefit at 63 will be about 25% less than it would be if you claimed SS at age 67. And if you are working before your FRA, you'll be subject to Social Security's "earnings test."

The 2024 earnings limit for those collecting early Social Security benefits is

\$22,320 (this limit changes annually). If your annual earnings exceed the limit, Social Security will assess a penalty of \$1 for every \$2 you are over the limit. They will recover that penalty amount by withholding future benefits until they recover what you owe. If your work earnings are under the annual limit, you will get all your monthly SS benefits. But if you exceed the limit, they will find that out after you submit your income tax return (the following year) and issue you an overpayment notice, telling you how much you owe for exceeding the limit last year. They will then withhold your benefits until they get back what you owe, or you can repay them in a lump sum. To avoid the overpayment notice, it is best to inform Social Security in advance that you will exceed the annual earnings limit, and they will simply withhold your monthly SS benefits during the year for enough months to avoid overpaying you.

So, what you should do depends largely on how much your earnings from your new work-at-home position will be. If your earnings are below the annual limit, no penalty will be assessed. If you only exceed the annual limit by a little bit, then you can still work and earn and simply repay them what is owed for exceeding the limit (or have your SS benefit temporarily withheld). If you only exceed the earnings limit by a little, you'll

still get benefits for most months of the year. But if you significantly exceed the annual earnings limit, you could even be ineligible to receive SS benefits until you either earn less or reach your full retirement age (the earnings limit goes away at your FRA).

So, what you should do depends on what "a cut in income" means in terms of your expected annual earnings amount. If your total annual earnings will be under the annual limit, your SS benefit won't be affected. If you only exceed the limit by a little bit, then you will get SS benefits for most months of the year. But if your annual earnings are significantly over each year's annual earnings limit, then you won't get SS benefits for most months of the year and may even be temporarily ineligible to receive benefits.

Now will have no effect on the survivor benefit she will get as your future widow.

This article is intended for information purposes only and does not represent legal or financial guidance. It presents the opinions and interpretations of the AMAC Foundation's staff, trained and accredited by the National Social Security Association (NSSA). To submit a question, visit our website (amacfoundation.org/programs/social-security-advisory) or email us at ssadvisor@amacfoundation.org. ★

Middleton Picking Up Endorsements For Assembly



Porsche Middleton

Porsche Middleton for State Assembly News Release

CITRUS HEIGHTS, CA (MPG) - Continuing to rack up a formidable coalition of endorsements, Porsche Middleton announced on April 15 the support of Assemblymember Lori Wilson.

Wilson joins an array of elected officials from across California in supporting Middleton's campaign for the 7th Assembly District.

Last week, Middleton garnered endorsements from Lt. Gov. Eleni Kounalakis, Attorney General Rob Bonta, Assemblymember Dawn Addis and Assemblymember Tina McKinnor.

Other elected leaders endorsing her include California State Treasurer Fiona Ma, California State Superintendent of Public Instruction Tony Thurmond and Sacramento County Sheriff Jim Cooper.

Assemblymember Wilson was first elected to the Suisun City Council in 2012, where she served as vice-mayor for six years prior to becoming the first Black female mayor to serve in the history of Solano County in 2018.

Wilson currently represents California's 11th Assembly District where she has made history as the first Black woman in California to be appointed chair of the influential Assembly Transportation Committee and the first legislator to be elected chair of the California Legislative Black Caucus as a freshman.

In announcing her support of Middleton, Assemblymember Wilson released the following statement: "I deeply admire Porsche's passion for public service and commitment to serving her community. Porsche has a proven track record of creating meaningful change by developing innovative solutions to our most pressing issues. With Porsche in the Assembly, District 7 can trust that their leader will always fight for their best interests."

Middleton's publicly released endorsements include American Federation of State, County and Municipal Employees California PEOPLE and Council 57, California Democratic Legislative Women's Caucus, California Democratic Party, California Faculty Association, California Federation of Teachers, California Labor Federation, California Nurses Association, Iron Workers Local 118, Professional Engineers in California Government and Sacramento-Sierra Building & Construction Trades Council.

ABOUT MIDDLETON Middleton, who is on the Citrus Heights City Council, said she grew up

in a closely-knit military family and learned the values of duty, responsibility and service from an early age.

Middleton was elected to the Citrus Heights City Council in November 2018 and re-elected to the City Council in November 2022 to represent District 5. She currently represents Citrus Heights on the Sacramento Metropolitan Cable Television Commission; California Housing Partnership Corporation board member; Cal Cities Sacramento Valley Section president; and Cal Cities, African American Caucus president.

As a former Planning Commissioner and City Council member in Citrus Heights, Middleton has led efforts to revitalize the local economy, improve infrastructure, and expand opportunities for at-risk youth. Her longtime experience in affordable housing and homelessness prevention has earned her recognition from Governor Newsom and positions of leadership on statewide boards.

Middleton said she "is committed to fighting for every family to have the quality of life they've earned and deserve."

As a wife, mother, and community advocate, Middleton said, she "understands the challenges facing working families and will be a strong voice for change in the State Assembly."

For more information about Middleton's campaign, visit www.porsche4assembly.com ★

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FICTITIOUS BUSINESS NAME STATEMENTS

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-02073
Donna R. Chabrier, 1523 Oak Tree Drive, Roseville, CA 95661 is doing business under the Fictitious Business Name(s) "Real Experience Group" 1610 R Street Suite 280, Sacramento, CA 95811. Filed with the Clerk of Sacramento County March 15, 2024
Publish: March 29, April 5, 12, 19, 2024
REAL 4-19-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-02101
Carlos Derreza, 1420 South Avenue, Sacramento, CA 95838 is doing business under the Fictitious Business Name(s) "Derreza Yard Care" 1420 South Avenue, Sacramento, CA 95838. Filed with the Clerk of Sacramento County March 18, 2024
Publish: March 29, April 5, 12, 19, 2024
DERREZA 4-19-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-02097
Aliatta LLC, 7924 Fruitridge Road, Sacramento, CA 95820 is doing business under the Fictitious Business Name(s) "Faisal Market And Restaurant" 7924 Fruitridge Road, Sacramento, CA 95820. Filed with the Clerk of Sacramento County March 18, 2024
Publish: March 29, April 5, 12, 19, 2024
FAISAL 4-19-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01917
T-Rex Auto Repair LLC, 2577 Elkhorn Boulevard, Rio Linda, CA 95673 is doing business under the Fictitious Business Name(s) "T-Rex Auto Repair" 2577 Elkhorn Boulevard, Rio Linda, CA 95673. Filed with the Clerk of Sacramento County March 12, 2024
Publish: March 29, April 5, 12, 19, 2024
T-REX 4-19-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-02256
Critical Path Consulting, PO Box 2924, Rancho Cordova, CA 95741 is doing business under the Fictitious Business Name(s) "Critical Path Training" 4313 Narragansett Way, Mather, CA 95655. Filed with the Clerk of Sacramento County March 21, 2024
Publish: March 29, April 5, 12, 19, 2024
CRITICAL 4-19-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-02247
Devin Wayne Ford, 8686 Greenback Lane, Orangevale, CA 95662 is doing business under the Fictitious Business Name(s) "Smalz Studios" 8686 Greenback Lane, Orangevale, CA 95662. Filed with the Clerk of Sacramento County March 21, 2024
Publish: March 29, April 5, 12, 19, 2024
SMALZ 4-19-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-02323
Victor R Garcia and Victor M Garcia, 7659 Denio Way, Citrus Heights, CA 95610 are doing business under the Fictitious Business Name(s) "CH Café & Grill/Ericas Café/Garcia's Family Cafe" 6215 Sunrise Boulevard, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County March 25, 2024
Publish: April 5, 12, 19, 26, 2024
CAFE 4-26-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-02196
CRIF Group LLC, 5000 Birch Street #100B, Newport Beach, CA 92660 is doing business under the Fictitious Business Name(s) "Credit 1 Finance Group" 5000 Birch Street #100B, Newport Beach, CA 92660. Filed with the Clerk of Sacramento County March 20, 2024
Publish: April 5, 12, 19, 26, 2024
CREDIT 4-26-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-02078
Elias Caraska, 5518 Auburn Boulevard, Sacramento, CA 95841 is doing business under the Fictitious Business Name(s) "D & W Hobbies" 5518 Auburn Boulevard, Sacramento, CA 95841. Filed with the Clerk of Sacramento County March 15, 2024
Publish: April 5, 12, 19, 26, 2024
HOBBIES 4-26-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-02206
Mary Gwaltney, 3416 American River Drive Suite B, Sacramento, CA 95864 is doing business under the Fictitious Business Name(s) "The Center for Educational and Social Success/Cognizant Counseling and Assessment" 3416 American River Drive Suite B, Sacramento, CA 95864. Filed with the Clerk of Sacramento County March 20, 2024
Publish: April 5, 12, 19, 26, 2024
CENTER 4-26-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01918
Silverstreak Registration & Permit Services LLC, 8146 Greenback Lane Suite 101, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "Silverstreak Registration & Permit Services" 8146 Greenback Lane Suite 101, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County March 12, 2024
Publish: April 5, 12, 19, 26, 2024
SILVERSTREAK 4-26-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-02219
Britanie N. Page and Collin W. Page, 8468 Central Avenue, Orangevale, CA 95662 is doing business under the Fictitious Business Name(s) "Page Financial Group" 8468 Central Avenue, Orangevale, CA 95662. Filed with the Clerk of

Sacramento County March 20, 2024
Publish: April 5, 12, 19, 26, 2024
PAGE 4-26-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-02183
German Palomares Karrom, 4 Hondo Court, Sacramento, CA 95823 is doing business under the Fictitious Business Name(s) "G Welding Services" 4 Hondo Court, Sacramento, CA 95823. Filed with the Clerk of Sacramento County March 20, 2024
Publish: April 5, 12, 19, 26, 2024
WELDING 4-26-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-02153
John R. Watt, 7007 Main Avenue, Orangevale, CA 95662 is doing business under the Fictitious Business Name(s) "Scorched Fabrication" 7007 Main Avenue, Orangevale, CA 95662. Filed with the Clerk of Sacramento County March 19, 2024
Publish: April 5, 12, 19, 26, 2024
SCORCHED 4-26-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01708
Pomme Miel Businesses LLC, 4100 Redwood Road Suite 20A-123, Oakland, CA 94619 is doing business under the Fictitious Business Name(s) "PuzzleFormo" 12401 Folsom Boulevard, Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County March 5, 2024
Publish: April 5, 12, 19, 26, 2024
PIZZAFORNO 4-26-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01775
Peter Frank Ochoa, 2201 19th Avenue, Sacramento, CA 95822 is doing business under the Fictitious Business Name(s) "Universe Network Services" 2201 19th Avenue, Sacramento, CA 95822. Filed with the Clerk of Sacramento County March 7, 2024
Publish: April 5, 12, 19, 26, 2024
UNIVERSE 4-26-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-02411
Denis Voyku, 9329 Orangevale Avenue, Orangevale, CA 95662 is doing business under the Fictitious Business Name(s) "DV Transportation Services" 9329 Orangevale Avenue, Orangevale, CA 95662. Filed with the Clerk of Sacramento County March 28, 2024
Publish: April 5, 12, 19, 26, 2024
TRANSPORTATION 4-26-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-02378
ESM Trading Company Inc, 7817 Wooddale Way, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "Crazee 4 Pasta/Florian Café and Deli" 2204 Sunrise Boulevard, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County March 27, 2024
Publish: April 5, 12, 19, 26, 2024
CRAZEE 4-26-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01150
Alpentanzer Schuhplattler, 3349 J Street, Sacramento, CA 95816 is doing business under the Fictitious Business Name(s) "Alpentanzer Schuhplattler/Alpentänzer Schuhplattler/STV Alpentanzer Schuhplattler/STV Alpentänzer Schuhplattler/Sacramento Turn Verein Alpentanzer Schuhplattler/Sacramento Turn Verein Alpentänzer Schuhplattler" 3349 J Street, Sacramento, CA 95816. Filed with the Clerk of Sacramento County February 13, 2024
Publish: April 12, 19, 26, May 3, 2024
ALPENTANZER 5-3-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-02425
Bashar Bazingan, 3822 El Camino Avenue, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Lockwise" 3822 El Camino Avenue, Sacramento, CA 95821. Filed with the Clerk of Sacramento County March 28, 2024
Publish: April 12, 19, 26, May 3, 2024
LOCKWISE 5-3-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01842
Scott Greenwood, PO Box 3087, Carmichael, CA 95609 is doing business under the Fictitious Business Name(s) "Redwood Creek Engineering" 2617 K Street Suite 125, Sacramento, CA 95816. Filed with the Clerk of Sacramento County March 8, 2024
Publish: April 12, 19, 26, May 3, 2024
REDWOOD 5-3-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-02444
Evergreen Commercial Management, Inc., 2485 Natomas Park Drive Suite 360, Sacramento, CA 95833 is doing business under the Fictitious Business Name(s) "Evergreen Management Company" 2485 Natomas Park Drive Suite 360, Sacramento, CA 95833. Filed with the Clerk of Sacramento County March 29, 2024
Publish: April 12, 19, 26, May 3, 2024
EVERGREEN 5-3-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-02234
Astronaht LLC, 2108 N Street Suite N, Sacramento, CA 95816 is doing business under the Fictitious Business Name(s) "New House Press" 2108 N Street Suite N, Sacramento, CA 95816. Filed with the Clerk of Sacramento County March 21, 2024
Publish: April 12, 19, 26, May 3, 2024
NEW 5-3-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-02299
Herrada, Inc., 6970 Sunrise

Boulevard, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "3 Rios Taqueria" 6970 Sunrise Boulevard, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County March 25, 2024
Publish: April 12, 19, 26, May 3, 2024
RIOS 5-3-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-02334
Kiana O. Flores, 6017 Telesco Way, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "The Cat's Meow - Full Body Waxing & Aesthetics" 4719 Manzanita Avenue #3, Carmichael, CA 95608. Filed with the Clerk of Sacramento County March 26, 2024
Publish: April 12, 19, 26, May 3, 2024
CATS 5-3-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-02423
Priority Construction, 11013 Jackson Road, Sacramento, CA 95830 is doing business under the Fictitious Business Name(s) "Priority Construction" 11013 Jackson Road, Sacramento, CA 95830. Filed with the Clerk of Sacramento County March 28, 2024
Publish: April 12, 19, 26, May 3, 2024
PRIORITY 5-3-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01698
Trade Key Virtual Media Inc., 11230 Gold Express Drive Suite 310-160, Gold River, CA 95670 is doing business under the Fictitious Business Name(s) "Regen Nutraceuticals/Zen Nootropics/Hemp Healthy Naturals/Purelife Natural Wellness/Ayurveda Science of Life" 9915 Fair Oaks Boulevard Suite C, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County March 5, 2024
Publish: April 12, 19, 26, May 3, 2024
REGEN 5-3-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01781
Trevor Hubby Performance LLC, 2345 Aerostar Way, Sacramento, CA 95834 is doing business under the Fictitious Business Name(s) "Sutter Park Fitness" 533 53rd Street Suite 110, Sacramento, CA 95819. Filed with the Clerk of Sacramento County March 7, 2024
Publish: April 12, 19, 26, May 3, 2024
SUTTER 5-3-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01984
Anulari, LLC, 3845 Sierra Gold Drive, Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "Serene Furniture - Home Decor" 5128 Auburn Boulevard, Sacramento, CA 95841. Filed with the Clerk of Sacramento County March 13, 2024
Publish: April 12, 19, 26, May 3, 2024
SERENE 5-3-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-02293
Pro Haircuts LLC, 8391 Folsom Boulevard Suite 5, Sacramento, CA 95826 is doing business under the Fictitious Business Name(s) "Pro Haircuts" 8391 Folsom Boulevard Suite 5, Sacramento, CA 95826. Filed with the Clerk of Sacramento County March 22, 2024
Publish: April 12, 19, 26, May 3, 2024
PRO 5-3-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01866
Dung The Tran, 7205 Alpine Frost Drive, Sacramento, CA 95823 is doing business under the Fictitious Business Name(s) "Chic Nails & Spa Salon" 3443 Laguna Boulevard Suite 136, Elk Grove, CA 95758. Filed with the Clerk of Sacramento County March 11, 2024
Publish: April 12, 19, 26, May 3, 2024
CHIC 5-3-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01546
H & F Performance Training LLC, 1850 Fairchild Drive, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Coerver Sac Sierra" 1850 Fairchild Drive, Carmichael, CA 95608. Filed with the Clerk of Sacramento County February 29, 2024
Publish: April 12, 19, 26, May 3, 2024
COERVER 5-3-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-02452
Hampton Educational Services, LLC, 3400 Cottage Way Suite C, Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "California Learning Center" 3400 Cottage Way Suite C, Sacramento, CA 95825. Filed with the Clerk of Sacramento County March 29, 2024
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CALIFORNIA 5-3-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-02627
Paul T. Huff and Olivia M. Huff, 5137 Robertson Avenue, Carmichael, CA 95608 are doing business under the Fictitious Business Name(s) "Tinker's Coin Productions/Sacramento Dialogue/Explorations in Education/Magic Penny Puppets" 5137 Robertson Avenue, Carmichael, CA 95608. Filed with the Clerk of Sacramento County April 5, 2024
Publish: April 19, 26, May 3, 10, 2024
TINKERS 5-10-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-02628
Raymond Barnhill, 6112 Jack London Circle, Sacramento, CA 95842 is doing business under the Fictitious Business Name(s) "Hilltop Painting" 6112 Jack London Circle, Sacramento, CA 95842. Filed with the Clerk

of Sacramento County April 5, 2024
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HILLTOP 5-10-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-02374
22 Wood Design, 6745 50th Street, Sacramento, CA 95823 is doing business under the Fictitious Business Name(s) "Supurb Handyman Sevices" 6745 50th Street, Sacramento, CA 95823. Filed with the Clerk of Sacramento County March 27, 2024
Publish: April 19, 26, May 3, 10, 2024
SUPURB 5-10-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-02696
Enrique Alejandro Rolon, 3836 Ivy Street, Sacramento, CA 95838 is doing business under the Fictitious Business Name(s) "Roloya Transport" 3836 Ivy Street, Sacramento, CA 95838. Filed with the Clerk of Sacramento County April 9, 2024
Publish: April 19, 26, May 3, 10, 2024
ROLOYA 5-10-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-02482
Rakesh K Pareenja, 2380 Watt Avenue, Sacramento CA 95825 is doing business under the Fictitious Business Name(s) "Bella Cucina" 2380 Watt Avenue, Sacramento CA 95825. Filed with the Clerk of Sacramento County April 2, 2024
Publish: April 19, 26, May 3, 10, 2024
BELLA 5-10-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-02759
Dorado Imagery, Inc., 5459 Plainfield Circle, Orangevale, CA 95662 is doing business under the Fictitious Business Name(s) "Dorado Craft Works" 5459 Plainfield Circle, Orangevale, CA 95662. Filed with the Clerk of Sacramento County April 11, 2024
Publish: April 19, 26, May 3, 10, 2024
DORADO 5-10-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-02752
Clifton Russo and April Russo, 8136 Ashtead Court, Sacramento, CA 95829 is doing business under the Fictitious Business Name(s) "High Class Glass" 8136 Ashtead Court, Sacramento, CA 95829. Filed with the Clerk of Sacramento County April 11, 2024
Publish: April 19, 26, May 3, 10, 2024
HIGH 5-10-24

ORDER TO SHOW CAUSE CHANGE OF NAME

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#24CV004443

Gabrielle Blalock-Tovar has filed a petition with this court for a decree changing the name(s) of Gabrielle Nicole Blalock-Tovar to Gabrielle Nicole Blalock and William Bruce Blalock-Tovar to William Bruce Blalock and Eloise Carleen Blalock-Tovar to Eloise Carleen Blalock-Tovar.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on May 28, 2024, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: March 8, 2024
Christopher E. Krueger, Judge of the Superior Court
Publish: March 29, April 5, 12, 19, 2024
TOVAR 4-19-24

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#24CV005403

Indira D. Obediah has filed a petition with this court for a decree changing the name(s) of Indira D. Obediah to Indira D. Joshi.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on June 4, 2024, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: February 21, 2024
Christopher E. Krueger, Judge of the Superior Court
Publish: April 12, 19, 26, May 3, 2024
OBEDIAH 4-19-24

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#24CV004617

Quoc Tuan Nguyen and Thi Van Dang have filed a petition with this court for a decree changing the name(s) of Hoai Bao Khanh Nguyen to Kathy Nguyen and Hoai Bao Thy Nguyen to Thy Nguyen.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on July 3, 2024, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: March 11, 2024
Richard K. Sueyoshi, Judge of the Superior Court
Publish: March 29, April 5, 12, 19, 2024
NGUYEN 4-19-24

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#24CV005398

Miguel Marquez Arellano has filed a petition with this court for a decree changing the name(s)

of Miguel Marquez Arellano to Miguel Arellano Marquez.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on July 16, 2024, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: March 19, 2024
Richard K. Sueyoshi, Judge of the Superior Court
Publish: March 29, April 5, 12, 19, 2024
ARELLANO 4-19-24

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#24CV005556

Marie Irene Kiene has filed a petition with this court for a decree changing the name(s) of Marie Irene Kiene to Siobhan Aine Luckie.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on June 5, 2024, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: March 22, 2024
Christopher E. Krueger, Judge of the Superior Court
Publish: April 5, 12, 19, 26, 2024
KIENE 4-26-24

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#24CV004347

Michael Donald Rice has filed a petition with this court for a decree changing the name(s) of Michael Donald Rice to Michael Dean Tallent.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on July 2, 2024, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: March 7, 2024
Richard K. Sueyoshi, Judge of the Superior Court
Publish: April 5, 12, 19, 26, 2024
RICE 4-26-24

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#24CV005370

Brittney Roberts has filed a petition with this court for a decree changing the name(s) of Arriana Harper Abbott to Arriana Levi Roberts.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on June 4, 2024, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: March 18, 2024
Christopher E. Krueger, Judge of the Superior Court
Publish: April 12, 19, 26, May 3, 2024
ROBERTS 5-3-24

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#24CV002984

Raitavea Casey has filed a petition with this court for a decree changing the name(s) of Za'iyah Marie Ja'el McDaniel to Za'iyah Marie Casey.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on May 7, 2024, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: February 21, 2024
Christopher E. Krueger, Judge of the Superior Court
Publish: April 12, 19, 26, May 3, 2024
CASEY 5-3-24

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#24CV006327

Maksym Heorhitsu has filed a petition with this court for a decree changing the name(s) of Maksym Heorhitsu to Maksym Nahuliak.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on July 31, 2024, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: April 3, 2024
Richard K. Sueyoshi, Judge of the Superior Court
Publish: April 12, 19, 26, May 3, 2024
HEORHITSA 5-3-24

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#24CV006033

Alaa'i Ezzeldin Ahamed has filed a petition with this court for a decree changing the name(s) of Alaa'i Ezzeldin Ahamed to Alaa'i Ezzeldin Alshabrawy.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on July 30, 2024, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: March 29, 2024
Richard K. Sueyoshi, Judge of

the Superior Court
Publish: April 12, 19, 26, May 3, 2024
AHAMED 5-3-24

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#24CV006411

Faegheh Ghaderinasrabad has filed a petition with this court for a decree changing the name(s) of Faegheh Ghaderinasrabad to Fae Ghaderi.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on August 1, 2024, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: April 4, 2024
Richard K. Sueyoshi, Judge of the Superior Court
Publish: April 12, 19, 26, May 3, 2024
GHADERI 5-3-24

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#24CV006751

Kimberly Duvall-Hoehn has filed a petition with this court for a decree changing the name(s) of Kimberly Duvall-Hoehn to Kimberly Contreras Hoehn.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on July 2, 2024, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: April 8, 2024
Christopher E. Krueger, Judge of the Superior Court
Publish: April 19, 26, May 3, 10, 2024
HOEHN 5-10-24

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#24CV006114

Melinda Van Egdon and Jason Van Egdon have filed a petition with this court for a decree changing the name(s) of Bo Dale Anderson to Beau David Van Egdon.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on July 2, 2024, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: March 25, 2024
Christopher E. Krueger, Judge of the Superior Court
Publish: April 19, 26, May 3, 10, 2024
EGDON 5-10-24

NOTICE OF PETITION TO ADMINISTER ESTATE

NOTICE OF PETITION TO ADMINISTER ESTATE OF WYNETTE O. GARDNER AKA OLETA WYNETTE GARDNER CASE NO. 24PR000860

To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both, of Wynette O. Gardner aka Oleta Wynette Gardner.



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NOTICE OF PETITION TO ADMINISTER ESTATE

kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the Attorney for Petitioner is: Paula S. Hall, 9048 Brooks Road South, #165, Windsor, CA 95492; 707-836-1563
Publish: April 5, 12, 19, 2024
GARDNER 4-19-24

NOTICE OF PETITION TO ADMINISTER ESTATE OF SHIRLEY ROSANO
CASE NO. 24PR000904

To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both, of Shirley Rosano.

A Petition for Probate has been filed by Douglas Paustenbach, in the Superior Court of California, County of Sacramento, requesting Douglas Paustenbach be appointed as personal representative to administer the estate of the decedent.

The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A hearing on the petition will be held in this court as follows: May 8, 2024 at 9:00 a.m. in Dept 129; Superior Court of California, County of Sacramento, William R. Ridgeway Family Relations Courthouse, 3341 Power Inn Road, Sacramento, CA 95826

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request

for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address, and telephone number of the Attorney for Petitioner is: Robert A Gordon, 40 Hanford Street, Suite B, Sutter Creek, CA 95685; 209-267-1685
Publish: April 5, 12, 19, 2024
ROSANO 4-19-24

NOTICE OF PETITION TO ADMINISTER ESTATE OF PATRICIA ANN WHITMAN AKA PATRICIA WHITMAN AKA PAT WHITMAN
CASE NO. 24PR000678

To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both, of Patricia Ann Whitman aka Patricia Whitman aka Pat Whitman.

An Amended Petition for Probate has been filed by Leslie D. Whitman III, in the Superior Court of California, County of Sacramento, requesting Leslie D. Whitman III be appointed as personal representative(s) to administer the estate of the decedent.

The petition requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court.

The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A hearing on the petition will be held in this court as follows May 7, 2024, 9:00 a.m. in Dept 129; Superior Court of California, County of Sacramento, William R. Ridgeway Family Relations Courthouse, 3341 Power Inn Road, Sacramento, CA 95826

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

California law.

YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the Attorney for Petitioner is: Raoul J. LeClerc, P.O. Drawer 111, Oroville, CA 95965; 530-533-5661
Publish: April 5, 12, 19, 2024
WHITMAN 4-19-24

NOTICE OF PETITION TO ADMINISTER ESTATE OF PATSY EADEN COLEMAN
CASE NO. 23PR001312

To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both, of Patsy Eaden, Patsy Jean Eaden, Patsy Eaden Coleman, Patsy Davis.

A Petition for Probate has been filed by Tabitha Eaden Thompson, in the Superior Court of California, County of Sacramento, requesting Tabitha Eaden Thompson be appointed as personal representative(s) to administer the estate of the decedent.

The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A hearing on the petition will be held in this court as follows May 8, 2024, 1:30 p.m. in Dept 129; Superior Court of California, County of Sacramento, William R. Ridgeway Family Relations Courthouse, 3341 Power Inn Road, Sacramento, CA 95826

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may

file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the Petitioner is: Tabitha Eaden Thompson, 8662 Farewell Court, Elk Grove, CA 95624; 916-730-3947
Publish: April 5, 12, 19, 2024
COLEMAN 4-19-24

NOTICE OF PETITION TO ADMINISTER ESTATE OF WALTER A MCCULLOUGH SR
CASE NO. 24PR000551

To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both, of Walter A McCullough Sr.

A Petition for Probate has been filed by Walter A McCullough Jr, in the Superior Court of California, County of Sacramento, requesting Walter A McCullough Jr be appointed as personal representative(s) to administer the estate of the decedent.

The petition requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court.

The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A hearing on the petition will be held in this court as follows May 28, 2024, 1:30 p.m. in Dept 129, Room 214; Superior Court of California, County of Sacramento, William R. Ridgeway Family Relations Courthouse, 3341 Power Inn Road, Sacramento, CA 95826.

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the Petitioner is: Walter A McCullough Jr, 6297 Dial Way, San Jose, CA 95129; 408-398-2950
Publish: April 19, 26, May 3, 2024
MCCULLOUGH 5-3-24

SUMMONS

AMENDED SUMMONS (FAMILY LAW)
CASE NUMBER (NUMERO DEL CASO): 22FL00626

NOTICE TO RESPONDENT (Name): AVISO AL DEMANDADO (Nombre): Jamin Kieran Ewell

YOU HAVE BEEN SUED. Read the information below and on the next page. PETITIONER'S NAME IS: (NOMBRE DEL DEMANDANTE): Stephanie Anna Louise Ewell. You have 30 CALENDAR DAYS after this Summons and

Petition are served on you to file a response (form FL-120) at the court and have a copy served on the petitioner. A letter, phone call or court appearance will not protect you. If you do not file your response on time, the court may make orders affecting your marriage or domestic partnership, your property, and custody of your children. You may be ordered to pay support and attorney fees and costs. For legal advice contact a lawyer immediately. Get help finding a lawyer at the California Courts Online Self-Help Center (www.courts.ca.gov/selfhelp), at the California Legal Services website (www.lawhelpca.org) or by contacting your local county bar association.

Usted tiene 30 DÍAS CALENDARIO después de que se le presente esta Citación y Petición para presentar una respuesta (formulario FL-120) en el tribunal y tener una copia notificada al peticionario. Una carta, llamada telefónica o comparecencia ante el tribunal no lo protegerá. Si no presenta su respuesta a tiempo, el tribunal puede hacer órdenes que afecten su matrimonio o pareja de hecho, sus bienes y la custodia de sus hijos. Es posible que se le ordene pagar la manutención y los honorarios y costos de los abogados. Para obtener asesoramiento legal, póngase en contacto con un abogado de inmediato. Obtenga ayuda para encontrar un abogado en el Centro de Autoayuda en Línea de los Tribunales de California (www.courts.ca.gov/selfhelp), en el sitio web de Servicios Legales de California (www.lawhelpca.org) o comunicándose con el colegio de abogados de su condado local.

NOTICE: RESTRAINING ORDERS ARE ON PAGE 2: These restraining orders are effective against both spouse or domestic partners until the petition is dismissed, a judgment is entered or the court makes further orders. They are enforceable anywhere in California by any law enforcement officer who has received or seen a copy of them.

AVISO: LAS ÓRDENES DE RESTRICCIÓN ESTÁN EN LA PÁGINA 2: Estas órdenes de restricción son efectivas contra ambos cónyuges o parejas domésticas hasta que se desestime la petición, se dicte una sentencia o el tribunal dicte más órdenes. Son exigibles en cualquier lugar de California por cualquier oficial de la ley que haya recibido o visto una copia de ellos.

FEE WAIVER: If you cannot pay the filing fee, ask the clerk for a fee waiver form. The court may order you to pay back all or part of the fees and costs that the court waived for you or the other party.

EXENCION DE TARIFAS: Si no puede pagar la tarifa de presentación, pídale al secretario un formulario de exención de tarifas. El tribunal puede ordenarle que devuelva la totalidad o parte de los honorarios y costos que el tribunal renunció para usted o la otra parte.

The name and address of the court are: (El nombre y dirección de la corte es): Sacramento Superior Court, 3341 Power Inn Road, Sacramento, CA 95826.

The name, address and telephone number of the petitioner's attorney, or the petitioner without an attorney are: (El nombre, dirección y número de teléfono del abogado del peticionario, o del peticionario sin abogado es): Matthew D. Roy, 770 L Street, Suite 950, Sacramento, CA 95814; 916-361-6028
Date: (Fecha) May 10, 2022
By: Christy Andrade, Clerk of Court

K. Grady, Deputy STANDARD FAMILY LAW RESTRAINING ORDERS Starting immediately, you and your spouse or domestic partner are restrained from:

1. removing the minor children of the parties from the state or applying for a new or replacement passport for those minor children without the prior written consent of the other party or an order of the court;
2. cashing, borrowing against, canceling, transferring, disposing of, or changing the beneficiaries of any insurance or other coverage, including life, health automobile, and disability, held for the benefit of the parties and their minor children;
3. transferring, encumbering, hypothecating, concealing, or in

any way disposing of any property, real or personal, whether community, quasi-community, or separate, without the written consent of the other party or an order of the court, except in the usual course of business or for the necessities of life; and

4. creating a nonprobate transfer or modifying a nonprobate transfer in a manner that affects the disposition of property subject to the transfer, without the written consent of the other party or an order of the court. Before revocation of a nonprobate transfer can take effect or a right of survivorship to property can be eliminated, notice of the change must be filed and served on the other party.

You must notify each other of any proposed extraordinary expenditures at least five business days prior to incurring these extraordinary expenditures and account to the court for all extraordinary expenditures made after these restraining orders are effective. However, you may use community property, quasi-community property, or your own separate property to pay an attorney to help you or pay court costs.

NOTICE: ACCESS TO AFFORDABLE HEALTH INSURANCE:

Do you or someone in your household need affordable health insurance? If so, you should apply for Covered California. Covered California can help reduce the cost you pay towards high quality affordable health care. For more information, visit www.coveredca.com. Or call Covered California at 1-800-300-1506

WARNING: IMPORANT INFORMATION

California law provides that, for purposes of division of property upon dissolution of a marriage or domestic partnership or upon legal separation, property acquired by the parties during marriage or domestic partnership in joint form is presumed to be community property. If either party to this action should die before the jointly held community property is divided, the language in the deed that characterizes how title is held (i.e., joint tenancy, tenants in common, or community property) will be controlling, and not the community property presumption. You should consult your attorney if you want the community property presumption to be written into the recorded title to the property.

Publish: April 19, 26, May 3, 10, 2024
EWELL 5-10-24

STATEMENT OF ABANDONMENT OF FICTITIOUS BUSINESS NAME

STATEMENT OF ABANDONMENT OF FICTITIOUS BUSINESS NAME
FILE NO. FBNF2019-03812

The following person(s) has/ have abandoned the use of the FICTITIOUS BUSINESS NAME of: Gold Pan Capital Investors, 2882 Prospect Park Drive Suite 250, Rancho Cordova, CA 95670.

Michael J. Metzger, Metzger 2000 Revocable Trust, 4172 San Andres Way, El Dorado Hills, CA 95762 and Interstate Properties LLC, Bob Riedel, 9245 Sierra College Boulevard Suite 150, Roseville, CA 95762.

The Fictitious Business Name Statement was filed on 5/1/2019 in the County of Sacramento. Filed with the clerk of Sacramento County: 3/19/2024.
Publish: April 12, 19, 26, May 3, 2024
GOLD 5-3-24

STATEMENT OF ABANDONMENT OF FICTITIOUS BUSINESS NAME

STATEMENT OF ABANDONMENT OF FICTITIOUS BUSINESS NAME
FILE NO. FBNF2019-03741

The following person(s) has/ have abandoned the use of the FICTITIOUS BUSINESS NAME of: Klein House Properties, 6765 Judistine Drive, Fair Oaks, CA 95628.

Kelly Klein, 6765 Judistine Drive, Fair Oaks, CA 95628. The Fictitious Business Name Statement was filed on 4/29/2019 in the County of Sacramento.

Filed with the clerk of Sacramento County: 4/29/2019.
Publish: April 19, 26, May 3, 10, 2024
KLEIN 5-10-24



CITY OF CITRUS HEIGHTS NOTICE OF PROPOSED ORDINANCE

ORDINANCE NO. 2024-002 AN ORDINANCE OF THE CITY COUNCIL OF THE CITY OF CITRUS HEIGHTS CALIFORNIA, AMENDING CITRUS HEIGHTS MUNICIPAL CODE SECTION 2-32 REGARDING CITY COUNCIL COMPENSATION

The foregoing is a summary of an ordinance proposed to be adopted by the City Council of the City of Citrus Heights at its meeting of **April 25, 2024**.

The purpose of this ordinance is to amend the Citrus Heights Municipal Code Section 2-32 regarding City Council compensation.

On January 9, 1997, the Citrus Heights City Council enacted Section 2-32 of the Citrus Heights Municipal Code which set the City Council's compensation at \$600.00 per month pursuant to the provisions of Government Code Section 36516. The compensation for Citrus Heights City Council has not been adjusted since 1997.

On June 29, 2023, Governor Newsom signed Senate Bill 329 (SB 329) into law amending Government Code Section 36516, which allows the first increase to the city councilmembers pay maximums since 1984. Effective January 1, 2024, the maximum allowable compensation rate for a city with a population of 75,000 up to and including 150,000, the bracket Citrus Heights falls in, is \$1,900 per month. The proposed amendment would increase the City Council compensation to the maximum allowable compensation, effective when a new council member is sworn into office or when a member of the City Council beings a new term.

The full text of the proposed ordinance is available in the City Clerk's Office, 6360 Fountain Square Drive, Citrus Heights, CA 95621, (916) 727-4704 or www.citrusheights.net.

Amy Van City Clerk

Citrus Heights Messenger 4-19-2024

Kings Korner

By V.G. Harris



If you knew nothing about the Sacramento Kings and went to Golden One Center for the first time Sunday, and watched the Kings dismantle the Portland Trailblazers, you would probably think this team is headed straight to the playoffs.

Well, maybe not straight to the playoffs, but a one game, win-or-go-home game against the Golden State Warriors is going to answer a lot of questions many Kings fans have had all season.

Personally, I have been a die hard, and predicted that the Kings would equal or exceed last year's win total of 48 wins. Obviously, I was wrong, as the Kings took two heart-breaking losses on the chin, leaving them two short of last year's win total.

Although I never like whining about poor officiating, what the Kings have had to endure in losses to the Celtics and Oklahoma City Thunder in the past two weeks has been reprehensible.

The NBA came out and issued apologies to the Kings organization for the blatant missed calls that in both cases cost them a critical win. This should not happen in an environment where the highest caliber of players perform, and what is needed are officials that measure up to the same standard.

But those losses are in the loss column and that is where they stay, regardless of apologies.

After a disappointing week, the Kings rose to the occasion Sunday against the Trailblazers and finished off a roller coaster season with a convincing win. It was good for the Kings, and definitely good for the fans.

Should-be all star Domantas Sabonis missed a triple-double by one assist, but still led the entire NBA with an eye popping 26. Besting Nikola Jokic by just one triple-double, Sabonis also led the entire league in rebounds, an astounding feat.

For the many Kings fans that lived through 16 years without a playoff appearance, having an opportunity to make the playoffs with just two wins in a row, must seem like the impossible dream.

A win tomorrow night against the arch-rival Golden State Warriors would give the Kings one more chance to make

the playoffs when they would meet the winner of the Pelicans/Lakers game.

So, what are the positive/negatives that we have to look back on, now that the 2024 season is in the hopper?

Number one is a highly competitive team that brings 100% effort every night, and that is something that no fan should ever take lightly.

Number two for me is a team that is growing together and loves to play together. For the first time in the past 20 years, I'm convinced the Kings are truly one player away from making a real championship run.

This coming off season will answer a lot of questions, and will tell the fans if Monte McNair's acquisition of Domantas Sabonis was an anomaly, or what we can expect from a young GM. I like what I see in this guy, but operating efficiently in the draft, and having the ability to lure an attractive free agent to Sacramento, is paramount if we are to be a true championship contender.

On the negative side, this was not a good season for coach Brown, who continued to tinker with his lineup for the entire season.

Whether Colby Jones, Chris Duarte, or Kessler Edwards, Brown could not make up his mind what he had or how to play them.

Trey Lyles was the real recipient of Brown's inability to assess his talent, and never received the quality minutes on the hardwood that he deserved. I am a firm believer that Lyles is not just a stalwart bench player, but someone who should be occupying a starting role.

Lastly, I don't believe Brown did the job of growing young players like Davion Mitchell and Keegan Murray. It's not just the time on the court, but how you grow the confidence in the young players you have, and without a doubt there was a missed opportunity here.

The Kings gave me an entertaining season, with a team spirit that only further enhances my love for this group of never-say-die players.

Like all of you I will be rooting beyond measure for a victory Tuesday night.

Go Kings, and a big thank you to all of you that have read and supported Kings Korner! ★

Business Groups and Lawmakers Battle Over Ballot Measure to Limit Tax Increases



By Dan Walters, CALMatters.org

Californians will be coughing up many billions of dollars this month as they file their federal and state income tax returns and pay the second installment on their property taxes.

How much?

Annually, individual Californians and California-based businesses pay roughly a half-trillion dollars in federal taxes – personal income taxes, Social Security and Medicare payroll taxes, primarily. They also pay at least another half-trillion dollars to state and local governments – personal income taxes, sales taxes and property taxes, primarily.

By any measure, California is a high-tax state.

The Tax Foundation, a Washington-based organization that tracks nationwide tax trends, recently reported that California's state government levies the nation's highest taxes per capita at \$7,200, which translates into about \$280 billion a year. As a portion of California's \$4 trillion economy, its \$540 billion in state and local taxes rank fifth highest at 13.5%.

These numbers – and the state's multibillion-dollar budget deficit – set the stage for a monumental, multi-front war over taxation this year, including three statewide ballot measures that could dramatically alter the

politics of taxation.

The Democratic Party's progressive wing, strongly backed by public employee unions, contends that new taxes are needed to maintain vital welfare, education and health care services. However, Gov. Gavin Newsom has publicly rejected tax hikes and proposes a budget that closes the deficit, at least on paper, with spending deferrals, book-keeping maneuvers, loans and an injection of money from the state's rainy day reserves.

Two years ago, California's two most authoritative polling organizations, UC Berkeley's Institute of Governmental Studies and the Public Policy Institute of California, asked residents about their tax burdens and both found increasing discontent, in part because they were feeling the pinch of other costs of living.

The polling punctuated voters' rejection of a tax increase measure on the 2020 ballot that would have changed Proposition 13, the iconic property tax limit approved by voters in 1978, by increasing taxes on commercial property.

Hoping to leverage popular resistance to tax increases, business and anti-tax groups led by the California Business Roundtable have qualified a measure for the November ballot that would make raising state and local taxes much more difficult.

If passed, the measure would require two-thirds votes for any local tax increases, effectively overturning a state Supreme Court ruling that local taxes proposed via initiative require only simple majority votes. It also would subject any state tax increases to voter approval as well as two-thirds votes by the Legislature.

The measure's qualification has touched off a legal and political war with Newsom, the Legislature and pro-tax interests, such as unions. Newsom and the Legislature have filed suit, hoping to persuade the state Supreme Court that the measure is a constitutional revision, rather than an amendment, and thereby cannot be enacted by initiative.

The contending interests have filed written arguments with the court, which has not formally decided whether to accept the case. If it does, it will have only a few months to declare whether or not the measure goes on the ballot.

The Legislature has also placed its own measure on the ballot that, if passed, would require the business tax limit measure itself to get two-thirds voter approval. And it passed another ballot measure to reduce vote margin for local tax and bond measures that increase spending on housing and infrastructure to 55% from the current two-thirds, potentially nullifying the Business Roundtable measure.

It's a showdown that's been building for nearly five decades, ever since Prop. 13 won approval. With countless billions of dollars at stake, hundreds of millions of dollars are likely to be spent for and against the three interrelated measures.

Dan Walters has been a journalist for more than 60 years, spending all but a few of those years working for California newspapers. He began his professional career in 1960, at age 16, at the Humboldt Times in Eureka, while still attending high school, and turned down a National Merit scholarship to continue working as a journalist. ★

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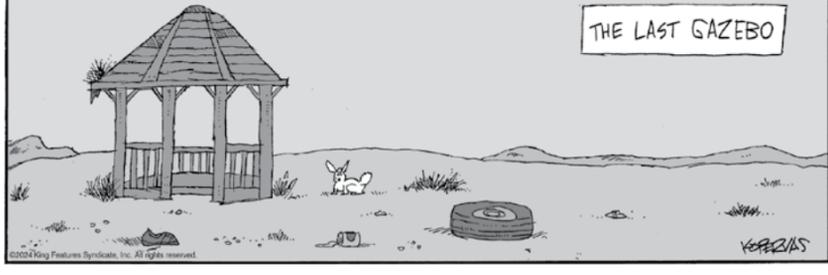
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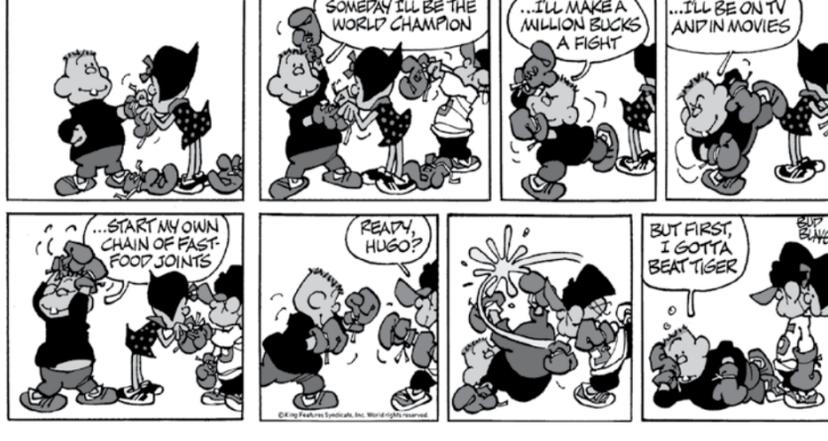
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- Be off base
- Less typical
- *Graduating class
- *S in BS
- *Graduating NCAA player's goal?
- FedEx, verb
- "I Want My ___," television channel
- Daytime drama
- Online business
- Fleur-de-lis
- Dart
- Planktonic tunicate
- Not naughty
- Break of day
- Last row
- Vardi's opus
- Lion's do
- D.E.A. agent
- Sell again
- Penny
- To the ___ degree
- Prep for certain potatoes
- Metered ride
- *Final reward
- *Academic ___, a.k.a. Cap and Gown
- Gibson garnish
- Rocks, to a bartender
- Angry
- Lieu
- Not solid or liquid
- Post-it user
- Of two minds
- Bldg unit
- Opposite of friend

DOWN

- "Oh, woe!"
- Riot spray
- At another time, archaic
- Substitute for tender
- Misters in Spain
- Fish eggs, pl.
- Acronym, abbr.
- Wet land
- Highlands hillside
- Forsaken
- Oil org.
- "The Way We ___"
- *Finals at Cambridge University
- Building toppers
- El ___, Spain's national hero
- Popeye's fuel
- *Major's partner
- Beef ___, dim sum choice
- Moral weaknesses
- *Grad
- Mountain lake
- As a whistle?
- 1960s abstractionism
- **"Pomp and Circumstance," e.g.
- Dried up
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- Previous VP
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- Moroccan spiced stew
- Eurasian antelope

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Five Ways Counties Can Prepare Now That Prop 1 Has Passed

By Amalia Egri Freedman

After two weeks of counting votes, California voters passed Proposition 1 by a hair. The proposition, a two-part initiative aimed at improving equitable access to behavioral health services, provides new funding for treatment facilities and housing support while updating the 20-year-old Mental Health Services Act (MHSA). Millions of Californians who cope with behavioral health conditions — mental illness or substance use disorders (SUD) — rely on services and supports primarily provided by California's 58 counties through MHSA, and increasingly their needs include housing.

Prop. 1 directs the State to borrow \$6.4 billion through bonds to fund new housing and treatment facilities. The State will also reallocate MHSA funds at the state and county levels, with a slightly greater proportion of MHSA revenue shifting to the State. Where 95% of MHSA funds were previously distributed to county behavioral health systems, now they will receive 90% with an additional 5% funding expansion of statewide efforts, including training, evaluation, innovation, and administration. There will also be new restrictions on how funds can be used, thus funding is likely to decrease for some behavioral health services.

Improving equitable access to needed services regardless of race, age, gender identity, sexual orientation, or county of residence is a critical step in building a more comprehensive behavioral health system in California. And the challenge to ensure access falls primarily on county leaders. Expectations are high, tensions are high, and the divided voter support may lead to challenging conversations around the changes that will inevitably raise questions for county leaders and families with individuals facing behavioral health challenges. Still, with Prop 1's ratification, we believe that the answers to five key questions are essential to begin paving the way for the measure's implementation.

How will funds be allocated at the county level? First and foremost is the process of allocating funds locally. County officials will be required to spend pre-allocated amounts on housing interventions, services, and treatment for adults with severe mental illness, and for behavioral health services. County leaders will need to drive discussions internally and among stakeholders to determine how to implement this spending while expanding community partnerships to extend service provision.

How will programmatic changes result from revisions to the MHSA be addressed? Second, each county must adjust programming from previous MHSA requirements to correspond to the new Behavioral Health Services Act (BHSA). The BHSA expands programming to address the needs of people living with SUDs. County mental health plans will need to determine the degree to which they will expand SUD service provision and further integrate mental health and SUD treatment. It is possible that in some locales, reallocating funds will necessitate changes to or elimination of some county services.

How will counties balance the provision of behavioral health services and affordable housing? The BHSA also



Amalia Egri Freedman

prioritizes supportive housing for veterans and individuals with behavioral health challenges who are at risk of experiencing homelessness. Decision-makers will need to weigh the impact on existing services while expanding housing options for vulnerable populations based on the new funding requirements.

How will county leaders advise and advocate for effective implementation of Proposition 1? When MHSA was adopted 20 years ago, it not only changed the flow of funding but also the flow of data. County leaders were instrumental in advising the State regarding these issues. With BHSA, leaders will need to convene stakeholders, including mental health advocates, providers, and community members, to shape policies and programs. They must take the results of these conversations to their colleagues at the County Behavioral Health Directors Association of California (CBHDA) to triangulate opportunities and challenges, and to collaborate with state agencies to ensure the most seamless implementation possible. County leaders and communities will need to balance the new mandates with the unique, local challenges they hope to address.

How will county leaders monitor and measure the outcomes of the new BHSA? Counties will need to monitor whether new housing interventions are effective. They will likely need to examine how SUD services align with existing mental health services and any gaps created in their communities. And they will want to look at how the changes in programming affect access. Within a year or so of implementation, counties may want to conduct needs assessments to determine how the changes have affected the clients each county serves as well as needs and gaps in resources to guide adjustments and improvements among providers.

Proposition 1 adds significant funds to support behavioral health and housing. It also calls on county-level decision makers to rise to this moment. The months ahead will require thoughtful planning, collaboration, and strategic choices to enhance behavioral health services and housing support for Californians. With thoughtful implementation, Proposition 1's new mandates should serve the changing behavioral health needs of Californians.

Amalia Egri Freedman is the CEO of RDA Consulting. RDA is celebrating forty years of systemic change consulting in collaboration with state, county, local agencies and foundations and CBOs. ★

The Dangers of Distracted Driving: Three Things Parents Can Do

UC Davis Health News Release

SACRAMENTO, CA (MPG) - Distracted driving is one of the leading causes of teen death and injury in the United States. The National Highway Traffic Safety Administration reported that 3,308 people were killed in distraction-affected crashes on U.S. roadways, including 193 teens, in 2022.

"Here at UC Davis Medical Center, we treat over 300 young drivers every year who were injured in preventable crashes," said UC Davis Injury Prevention Specialist Jennifer Rubin. "The injuries we treat are often severe with life-long consequences like brain injury, paralysis, chronic pain, even death. Again, the sad part is that these injuries could have been prevented."

To mark Distracted Driving Awareness Month, we asked Rubin how parents and families can keep their teenage drivers safe behind the wheel.

What Types of Distractions are Causing Car Crashes?

Everyday activities that we don't think are dangerous can be deadly distractions on the road. Music, eating, drinking, texting, and talking to our passengers are some of the most common causes of distraction. As the number of distractions present in a vehicle goes up, so does the likelihood of being involved in a preventable crash.

Why Is Getting Distracted When You Drive So Dangerous?

Any time you take your eyes off the road or your hands off the wheel, even for a second, you give up control of your car. On average, texting while driving takes your eyes off the road for five seconds. At 55 mph, that's like traveling the length of a football field blindfolded.

People take it for granted that cars are safe or that they're good drivers. But we see first-hand what happens when they lose control in that split second and how much damage a vehicle can cause.

Is Driving Distracted More of a Problem for Teens Than Older Drivers?

Distracted driving is dangerous

regardless of your age. For teen drivers, the lack of driving experience makes any type of distraction even more dangerous. New drivers are less prepared to make split-second driving decisions that may prevent a collision. When their attention is pulled away from driving, they have even less time to react.

Are all the car crash injuries you treat in teens due to distracted driving?

Distractions and inexperience are the most common causes of teen crashes. But we also see the consequences of reckless driving choices, like speeding, driving while intoxicated and not wearing a seat belt.

Teens can sometimes be a tough audience to reach. What can parents do to improve the safety of their children as they start driving?

There are three things that parents can do:

Set a good example. We know children follow their parents' actions more than their words. This goes for teens, too. It's going to be hard for any parent to convince their child not to use a phone while driving if they're doing it themselves.

Talk to your teens about distractions so they understand it's more than just texting.

Enforce the restrictions of the California provisional license laws. Provisional licenses are special restrictions for new drivers. We've seen a dramatic reduction in teen driving fatalities in states like California that require provisional licenses for new drivers, but parents need to help enforce the rules. The provisional licenses set restrictions on driving teen passengers and driving after 11 p.m. without adult supervision. This is really important because we know that having multiple teen passengers in the car can quadruple the risk of a crash.

What is UC Davis Health doing to address the problem of teen distracted driving?

Our Injury and Violence Prevention Program offers free classroom education to schools in the Sacramento area. For more information or to schedule a presentation, contact 916-734-9798. ★

Fentanyl Dealer Receives 15 Years to Life in Prison

Placer County District Attorney News Release

ROSEVILLE, CA (MPG) -On April 4, 2024, the Honorable Judge Jones sentenced Arron Dare age 26, to 15 years to life in the California Department of Corrections and Rehabilitation following his murder conviction for the death of a local young woman, Haleigh Yarbrough.

"We will continue to hold those who sell this deadly poison in our community accountable," said Placer County District Attorney Morgan Gire. "Our team is dedicated to disrupting and dismantling this market- from both supply and demand. Our hearts are with the victims and families of those lost in this terrible crisis and we will continue our aggressive pursuit until the dealers of this poison claim no more lives."

On Dec. 6, 2023, Dare pled guilty to murder for causing the fentanyl death of a local young woman.

The arrest was made after an investigation by the Placer Special Investigations Unit (PSIU), a collaborative effort by the California Department of Justice, Placer County Sheriff's Office, Roseville Police Department, Rocklin Police Department, Auburn Police Department and the Placer County Probation Department.

The defendant appeared in Placer County Superior Court last Thursday morning for the sentencing.



Haleigh Yarbrough's memory is honored by her family. Photo courtesy of the Placer County District Attorney

Senior Deputy District Attorney Devan Portillo, the Major Narcotics prosecutor for the Placer County District Attorney's Office Special Prosecutions Unit, represented the People of Placer County, supported by the Placer County Sheriff's Office dedicated detective to PSIU.

Haleigh's dad and stepmom made victim impact statements with the support of their victim advocate from the Placer County District Attorney's Office Victim Services Unit. Family and community members also attended today's court hearing in support of the victim's family.

Haleigh's dad said in his victim impact statement "With fentanyl being 50-100 times stronger than heroin, the

defendant still chose to line his pockets with money. Instead of making an honest living, he chose a life of exploiting others."

Haleigh's stepmom stated in her victim impact statement, "No more Mother's Days, no more Father's Days with Haleigh. Her sister is now left to make wedding plans without her sister. No more Christmas mornings, no more Easter — this is the devastation of this crisis."

The Placer County District Attorney's Office will be honoring Haleigh at their Victim + Survivor Brunch on April 22 during Crime Victim's Rights Week. To learn more about countywide efforts, visit www.1PillcanKill-Placer.com and www.placer.ca.gov/FightingFentanyl. ★

NAWBO-CA Announces Propel 2024 Conference

NAWBO News Release

SACRAMENTO, CA (MPG) - The National Association of Women Business Owners, California (NAWBO-CA) is excited to announce the Propel 2024 Conference, taking place at the Kimpton Sawyer Hotel in Sacramento, CA, from April 29 to 30. Themed "Elevate, Transform, Advocate," this two-day event aims to inspire and empower women business owners and emerging leaders through education, networking, and advocacy.

Conference highlights for 2024 include:

The keynote speaker will be Olympian Chaunté Lowe, offering inspiration from her athletic and personal journey. Esteemed guests include Tara Lynn Gray Director of the California Office of the Small Business Advocate (CalOSBA), NAWBO National, CEO, Jen Earle and incoming National Chair, Dr. Janis Shinkawa, Medical Director and Partner of Ohana Pet Hospital and National Board Member Amber Wallace.

The event will be held in a new venue, enhancing the event experience with a fresh location.

There will also be a black-tie awards ceremony celebrating NAWBO-CA's 2024 Woman Business Owner of the Year in addition to outstanding contributions of women entrepreneurs.

Additionally, there will be Advocacy Day at the Capitol, which is an opportunity for

participants to engage in advocacy efforts, making their voices heard in a meaningful setting.

The conference is accessible to all. This year, Amy Graves was appointed to be NAWBO's first-ever Accessibility Director.

The conference will feature powerful speakers, interactive breakout sessions, and opportunities for attendees to engage directly with local legislators.

"Attending NAWBO CA Propel isn't just about expanding your network; it's about expanding your horizons. It's a transformative journey where your business gains insights and opportunities, while you, as a leader, evolve and grow. In this empowering space, collaboration fuels creativity, knowledge cultivates confidence, and together, we rise, both in business and in self," said Melissa Northway, NAWBO CA President.

Attendees can look forward to hands-on sessions for immediate business application, advocacy training for women-owned businesses, and intentional networking to build meaningful relationships. With a focus on overcoming obstacles and achieving success, Propel 2024 promises to be an invaluable experience for women in business.

For tickets and further information, visit the Eventbrite page at <https://www.eventbrite.com/e/nawbo-ca-propel-2024-elevate-transform-advocate-tickets-780406566047?aff=ebsdoporgprofile>. ★

SAFE Grants \$15,000 to Program Dedicated to Preventing Falls

SAFE Credit Union News Release

FOLSOM, CA (MPG) - A \$15,000 community grant awarded by SAFE Credit Union is aiding many residents in the Sacramento region to live safer and fuller lives.

The credit union recently awarded the funds to Rebuilding Together Sacramento's Safe at Home program dedicated to preventing seniors and those with disabilities from experiencing falls at home. The program's volunteers and staff build and install free safety improvements to the homes of qualifying area residents including ramps, railings and grab bars.

"We have an aging population in the Sacramento area that are finding it harder and harder to do the things they love. Much of that is because they can't get in and out of their homes safely," says Rebuilding Together Sacramento Executive Director Bonnie Patterson. "Donors like SAFE Credit Union allow us to help more and more people. We are very, very thankful to have received this grant."

In 2023, Safe at Home volunteers and staff helped 623 area individuals in 400 homes in El Dorado, Sacramento, San Joaquin counties and in West Sacramento.

According to the Centers for Disease Control, one in four older adults over 65 experienced a fall in 2020 - equating to an average of 3 million subsequent visits to emergency rooms each year. The CDC also reports



Safe at Home volunteers Dan Ward, of Carmichael, and Stan Jones, of the Greenhaven/Pocket area, install a handrail for a Sacramento resident in need of safer step way. Photo courtesy of SAFE Credit Union

that at least one out of five falls can cause serious injuries resulting in adverse quality of life situations for patients, including difficulty getting around, doing everyday activities, and living independently.

"SAFE Credit Union has a long history of helping improve the health of residents through philanthropy in the communities we serve," says SAFE Credit Union Vice President of Community Relations and Financial Education Rebecca Delmundo. "This grant exemplifies that, and we are so glad to have been able to support such a time-tested nonprofit."

Founded in 1991, Rebuilding Together Sacramento works to fill the need and enhance affordable housing for older adults and those with disabilities.

"If you go in and install a handrail or a grab bar, a lot of times the folks are just so grateful and so thankful and are just delightful people," says Safe at Home volunteer Dan Ward of Carmichael. "It's good just helping folks out."

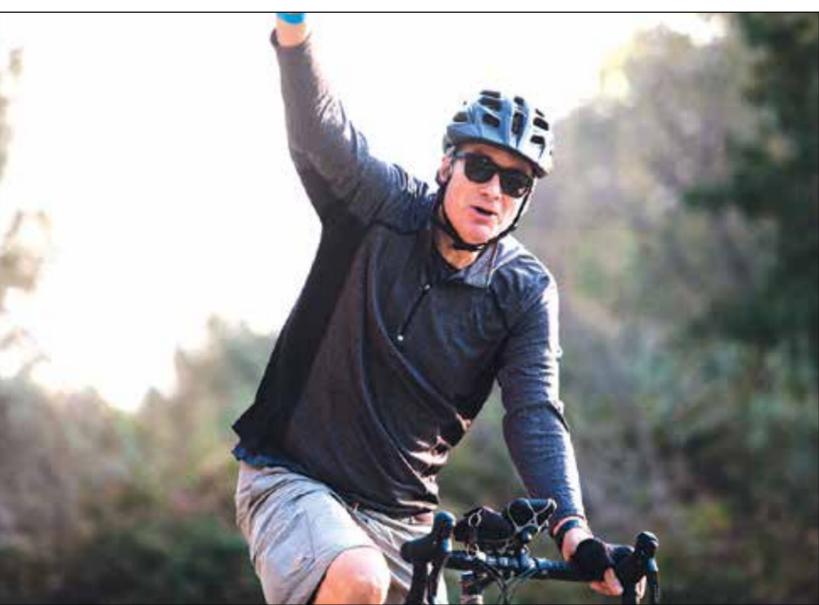
Volunteer Stan Jones of

the Greenhaven-Pocket area says he has put in hundreds of grab bars in the 12 years he's worked as a volunteer. "The clients are very grateful for the help that they receive, and our work prevents falls," Jones says.

Rebuilding Together Sacramento's grant was one of two grants selected by a public vote to receive \$15,000. Foster Youth Education Fund also received a \$15,000 grant for its program supporting former foster youth in the Sacramento region with financial scholarships, as well as laptops for students enrolling or attending a college, university or trade school.

To find out more about Rebuilding Together Sacramento or to volunteer, visit: <https://www.rebuildingtogethersacramento.org/>. For media information about the nonprofit, contact Rebuilding Together Sacramento Resource Development and Marketing Manager Liz Godfrey at (916) 455-1880 ext. 9, or lgodfrey@rebuildingtogethersacramento.org. ★

Bike Fest 2024: Let's Ride!



A biker displays enthusiasm at a previous Bike Fest. Photo courtesy of American River Parkway Foundation

American River Parkway Foundation News Release

SACRAMENTO, CA (MPG) - American River Parkway Foundation is excited to announce that Bike Fest will return on Saturday, May 18 at William B. Pond Park located at 5700 Arden Way, Carmichael, CA. Save the date and get ready to participate in Bike Fest. The rides will start at 7 a.m., while the festival will begin at 10 a.m.

There will be many different highlights for people of all ages. There will be an interactive Kid Zone, where you can keep your little ones entertained with helmet decorating, obstacle courses, face painting, nature hikes, interactions with canine companions, sensory experiences, and captivating science experiments.

Also at the Bike Fest will be live music. Enjoy the lively tunes of Leaping Bunnies and soak in the festive atmosphere.

There will be many food and drink options, as well.



A biker displays enthusiasm at a previous Bike Fest. Photo courtesy of American River Parkway Foundation

Indulge in delectable offerings from food trucks like Pinorrito, Topsy Cheese, and Chicks 500 Degrees. Quench your thirst at the Beer Garden featuring local breweries, including New Belgium, Two Rivers Cider, River City Brewing, and Bike Dog.

Additionally, there will be bike demos and bike shops. Discover the latest bike trends and get expert safety advice from Specialized Bikes. Explore local vendors featuring Oak Park Massage, Moonscents, Isabel Emilie - Wellness Coach, Nurelle Creation, and more. Lastly, guests can enter

for raffle prizes. Enter to win awesome prizes like a family 4 pack to the Walt Disney Museum, a cruiser bike from New Belgium Brewing, and more.

Bike Fest promises a day filled with cycling excitement, family fun, and community spirit! Don't miss out.

Ticket prices vary; adult tickets cost \$30, while children's tickets are \$15. Family bundles cost \$90 (2 adults and 2 children). Kids under the age of 8 can come at no cost. Visit <https://arpf.org/events/bike-fest/> for more information and tickets. ★

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FROZEN & FISH DEPT

Frozen Roasted Eel 7 oz REG. \$9.99/ea \$5.99/ea	Frozen Black Cod 1 lb REG. \$6.99/lb \$4.99/lb
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WEEKLY MEAT SPECIALS

Beef New York Roast - Boneless Carne de Res Nueva/Asado \$5.99/lb	Beef New York Steak - Boneless Carne de Res Nueva/Asado \$6.99/lb
Beef Cross Rib/Shoulder Roast - Bnls Carnitas/Asado \$4.99/lb	Pork St. Louis Ribs - Single Pack Costillas de San Luis \$3.99/lb
Chicken Drumsticks Piermas de Pollo 79¢/lb	Pork Chops Bone-In Chuletas de Cerdo en \$2.99/lb
Pork Tenderloin Lomo de Cerdo \$3.99/lb	

FRESH PRODUCE

Lemon 3 lbs \$2.99/bag	Cleaned Nopales 1 lb \$2.29/ea	Murcott Tangerine 4 lbs \$3.59/bag	Pineapple \$3.99/ea
Russet Potato 10 lbs \$2.29/bag	English Cucumber 99¢/ea	Baby Spinach 2.5 lbs \$4.99/bag	Kiwi \$1.29/lb

AMERICAN/HISPANIC GROCERY

EED Absorbent Paper Towel 6 rolls \$11.99/ea	Rosarita Refried Beans Traditional, Spicy Non Fat 16 oz \$1.99/ea	Bob's Red Mill Chia Seeds Original 12 oz \$3.99/ea	Pasta Boni 6 Flavors 47-62 oz \$1.99/ea	Sunny D Tropic Original 1 gallon \$3.49/ea
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ASIAN GROCERY

Excellent Flour Stick Pancit Canton 16 oz \$3.99/ea	Charo Charo Quail Eggs in Brine 15 oz \$2.79/ea	Green Life Coconut Milk 13.5 L oz 99¢/ea	Three Ladies Spring Roll Sauce 30 oz \$2.99/ea	Cha Cha Jumbo Sunflower Seeds 3.45 oz \$2.49/ea
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EUROPEAN GROCERY

Rabbit Roasted Sunflower Seeds 500 gr \$5.99/ea	Ritter Sport Marzipan 100 gr \$2.49/ea	Curtis Tea 8 Flavors 20 1/2 \$2.49/ea	Traditional Green Peas 24 oz \$2.79/ea	Royal Eggplant Spread 500 gr \$4.99/ea
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KOREAN/JAPANESE GROCERY

Beef Noodle Soup 4x120 g \$1.99/ea	Lotus Ten Herb Soup 3000 ml \$7.49/ea	Cannd Silk Worm 130 g 99¢/ea	Yonsei Pickled Radish 2.2 lb \$3.99/ea	Sakana Backwater Noodle 3 lbs \$4.99/ea	OH Yea Choco Bake 12 x 30 g \$3.99/ea
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HOUSEWARES

BIGEN SPEEDY HAIR COLOR (REFILL ONLY) \$5.99/ea	ELECTRIC BBQ GRILL \$39.99	ELECTRIC RICE COOKER (4 CUPS) \$49.99	ELECTRIC RICE COOKER (6 CUPS) \$54.99	ELECTRIC RICE COOKER (TOP UP) \$59.99
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FROZEN & FISH DEPT

Breaded Fully Cooked Shrimp 10 pcs \$5.99/ea	Pan Roasted Turkey Breast \$11.99/ea	Oven Roasted Turkey Breast \$10.89/ea
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Advertised items good at KP International Market - Rancho Cordova location ONLY. We reserve the right to LIMIT QUANTITIES. Not responsible for TYPOGRAPHICAL OR PICTORIAL ERRORS. All advertised items are SUBJECT TO AVAILABILITY. Sorry NO RAINCHECKS. PRICES EFFECTIVE APRIL 17 - APRIL 23, 2024.