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THE NEWS

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APRIL 19, 2024

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Fireworks Changes Coming



The Sacramento County Board of Supervisors approved a new ordinance on April 9 addressing illegal fireworks sales and usage. Photo courtesy of Sacramento County

**Sacramento County
News Release**

SACRAMENTO COUNTY, CA (MPG) - The Sacramento County Board of Supervisors, at its April 9 meeting, adopted an ordinance amending Sacramento County's Fireworks Regulations and Prohibitions in reference to fireworks sales, use and enhanced fines.

One code amendment narrows the window for fireworks sales from June 28 through July 5 to noon June 28 through the end of July 4.

Another amendment prohibits the use of all fireworks, including



The ordinance amends Sacramento County's Fireworks Regulations and Prohibitions in reference to fireworks sales, use and enhanced fines. Photo by Arias Fernando - pexels.com

state-approved fireworks, between 10 p.m. and 9 a.m. during the authorized selling period. Information must also be provided about safe disposal at the point of sale.

Another amendment

approved by the supervisors enhances fines for schools and all parks. The first violation is \$1,000, the second violation within one year of the first violation is \$2,500, each additional violation

within one year of the first violation is \$5,000, and each violation that occurs within the American River Parkway, all parks and all schools is \$10,000.

The amendments came as a result of staff recommendations and board suggestions at the Countywide Fireworks Taskforce Enforcement After Action Review presentation to the Board of Supervisors on Oct. 24, 2023. Several Illegal Fireworks Taskforce meetings were held between last November and February to address requests related to the deterrence of illegal fireworks sales and usage. ★

Re-Imagine North Watt Project Receives Funding

**Sacramento County
News Release**

SACRAMENTO COUNTY, CA (MPG) - The Sacramento Department of Transportation (SacDOT) is receiving a big boost in its efforts to re-imagine North Watt Avenue. The County is working to improve the safety and mobility needs of the residents, schools, students, commuters, visitors and other users of the North Watt Avenue Corridor.

SacDOT has embarked on an effort to give the residents in the North Watt a voice about how they want to improve their corridor. The vision of the re-imagined corridor improvements will balance mobility, safety, equity considerations and be developed in partnership with the public.

The project's importance has caught the eye of the Sacramento Area Council of Governments (SACOG), which has awarded the project \$7.4 million dollars to help fund this effort. The allocated money is part of a \$22.5 million grant to SACOG from the U.S. Department of Transportation's Reconnecting Communities Award.

The grant will pay for design work and potential right of way acquisition to keep the project moving forward.

Funding support for this project isn't just about infrastructure; it's an investment in our community's future. It offers a unique opportunity to create safer, more accessible, and sustainable transportation.

The goal of the plan is to re-imagine North Watt Avenue as a multimodal, sustainable and safe corridor so residents can conveniently access jobs, retail, schools, open spaces and homes while biking, walking, or riding transit.

To make this plan successful, the public is being asked to assist the County with this vision. You can go to reimagine-north-watt.com to learn more about the project and leave comments. The project outreach staff can also meet with neighborhood and business groups to have vital conversations about how they would like to improve the corridor. ★

**WE SUPPORT
OUR MILITARY**

Pinwheels Planted for Child Abuse Prevention Month



Dozens of Sacramento County Department of Child, Family and Adult Services staff planted pinwheels outside the department's buildings April 9 to create awareness about child abuse prevention. Photo courtesy Sacramento County

**Sacramento County
News Release**

SACRAMENTO COUNTY, CA (MPG) - Sacramento County recognizes April as National Child Abuse Prevention Month. This year, the Sacramento County Department of Child, Family and Adult Services (DCFAS) spread awareness about child abuse prevention by planting pinwheels outside of all the county Department of Child, Family and Adult Services buildings. The pinwheel symbolizes childhood innocence and joy.

The pinwheels will remain planted throughout April as part of an effort to continue to raise awareness about preventing child abuse and neglect. The pinwheel plantings took place on April 9, with dozens of workers participating at each building.

"Together, we can all raise awareness for child abuse prevention," said Child Protective Services Deputy Director Melissa Lloyd.

The recognition month also serves as a reminder that everyone can work together to keep children in the community safe.

The Department of Child, Family and Adult Services offers five tips that residents can do to help prevent child abuse and neglect.

The first two tips are to be a friend to a parent you know and offer support when needed, and to be a friend to a child you know and show you care about their interests and well-being.

The third tip is to talk to neighbors about looking out for one another and the children where you live.

The fourth and fifth tips are to donate items to

families in need to alleviate financial stress, and to volunteer your time and resources for programs supporting children and families in your community.

To learn more about Sacramento County's dedication to preventing child abuse, visit the Child Protective Services webpage at dcfas.sacounty.net. Call the 24-hour Child Abuse Hotline at 916-875-5437 to report child abuse in Sacramento County and call 9-1-1 in case of an emergency. ★

Sacramento Loaves and Fishes Joins Big Day of Giving 2024 with Match Campaign

Sacramento Loaves & Fishes News Release

SACRAMENTO, CA (MPG) - Sacramento Loaves and Fishes, a cornerstone of the Sacramento community for four decades, is proud to announce its participation in this year's Big Day of Giving on Thursday, May 2 from midnight to midnight. This annual fundraising event highlights the spirit of philanthropy in the Sacramento region, supporting numerous nonprofit organizations making a positive impact. Founded in 1983, Loaves and Fishes has been dedicated to serving the homeless population by providing essential survival services, including meals, day-shelter, and advocacy.

With 41 years in the local community, Sacramento Loaves & Fishes recognizes the pivotal role individual supporters offer to aid in programs and services for people experiencing homelessness. Oftentimes this can mean simply being a listening ear for many of the guests who have been isolated through homelessness. "Our theme this year is Walk Alongside and Listen. This is one of the key ways in which our founders served the unhoused community and today this wisdom continues to resonate with how we approach our guests," said Angela Hassell, Executive Director of Sacramento Loaves & Fishes.

In celebration of its long-standing commitment to the community, Loaves

and Fishes is launching a special Match Campaign as part of its Big Day of Giving efforts. Generous donors, including individuals and businesses, are invited to participate by contributing \$5,000 or more.

This initiative aims to raise at least half of the organization's \$150,000 goal before May 2. Early giving begins April 18. "We are thrilled to be part of Big Day of Giving once again and to introduce our Match Campaign," said Naomi Cabral, Development Director at Loaves and Fishes. "This is an opportunity for our community to come together and make a significant impact in the lives of those experiencing homelessness. With the support of our generous donors, we can continue to provide vital services and work towards creating a more equitable and compassionate society. I'd like to invite our community to walk alongside us with support on the "Big Day of Giving."

Interested participants can sign up or donate via phone, mobile device, or computer via <https://sacloaves.org/>.

Donors interested in participating in the Match Campaign or seeking further information are encouraged to contact Naomi Cabral at naomi@sacloaves.org / 916-637-2517. Contributions can also be made by sending a check made to Sacramento Loaves and Fishes at PO Box 13495 Sacramento, CA 95813. Please indicate

you are making a 'BDOG MATCH' donation on your check or online payment reply email. ★



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SMUD's Shine Program Invests \$580,000 in Local Projects



Local nonprofit leaders gather to celebrate SMUD's 7th Annual Shine Awards. Photo courtesy of SMUD

SMUD News Release

SACRAMENTO, CA (MPG) - Twenty-nine local nonprofit organizations will benefit from more than \$580,000 in funding from SMUD's annual Shine program. The Shine program, now in its 7th year, is supporting nonprofit programs that engage communities across SMUD's service area in an equitable transition to a clean energy future.

This year's projects will increase access to clean energy/STEM education and support environmental justice and equity, zero carbon workforce development, habitat restoration and increased tree canopy, energy efficiency and electrification for nonprofits, inclusive economic development, youth entrepreneur development and job readiness programs and trainings for under-resourced community members.

"SMUD's vision for a clean energy future is about much more than transforming our power plants, it's about equitably transforming the communities we serve," said SMUD CEO and General Manager Paul Lau. "The Clean PowerCity movement empowers our region's households, businesses and diverse communities to help us reach and deliver our ambitious 2030 Zero Carbon Plan. From clean energy outreach and STEM lessons in classrooms, to neighborhood revitalization projects, workforce training in under-resourced communities and new apprentices, SMUD's Shine program harnesses the determination and vision of local nonprofits, regional partners and the communities we serve and supports them in making meaningful change that will benefit the entire region for generations to come."

This year, 112 community members participated in program education sessions, 148

community members participated in technical assistance sessions and 84 organizations moved forward and submitted applications in the competitive award process. Per Shine requirements, SMUD's investments are matched by the recipient for maximum impact.

The 29 selected nonprofits include American River Parkway Foundation; Asian Resources, Inc.; Associated General Contractors Construction Education Foundation (AGC CEF); Carmichael Improvement District; Center for Land-Based Learning; City of Trees Foundation; CLEANSTART, Inc.; Folsom Historic Society; Franklin Blvd Business Association; Freedom Through Education; Fulton El Camino Recreation and Park District; Futures Explored; Health Education Council; HumanBulb; Interns2Pros; Iranian American Culture & Education; Kiwanis Club of Rancho Cordova Foundation; Lion's Roar Dharma Center; National Academic Youth Council DBA Sojourner Truth African Heritage Museum; NeighborWorks Sacramento; ReImagine Mack Road Partnership; Sacramento Children's Museum; Sacramento Food Bank & Family Services; ShopClass; Soil Born Farms; Square Root Academy; Sunshine Food Pantry and Resource Center; The Salvation Army; Voices of Youth.

SMUD will take an active role in monitoring performance and progress of each project.

Shine awards range from \$5,000 to \$100,000. Any nonprofit organization within SMUD's service area is eligible to apply. Shine awards are available at three funding levels: Spark (up to \$10,000), Amplifier (up to \$50,000) and Transformer (up to \$100,000).

For more information about the SMUD Shine program, visit smud.org/Shine. ★



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Bike Fest 2024: Let's Ride!



A biker displays enthusiasm at a previous Bike Fest. Photo courtesy of American River Parkway Foundation

American River Parkway Foundation News Release

SACRAMENTO, CA (MPG) - American River Parkway Foundation is excited to announce that Bike Fest will return on Saturday, May 18 at William B. Pond Park located at 5700 Arden Way, Carmichael, CA. Save the date and get ready to participate in Bike Fest. The rides will start at 7 a.m., while the festival will begin at 10 a.m.

There will be many different highlights for people of all ages. There will be an interactive Kid Zone, where you can keep your little ones entertained with helmet decorating, obstacle courses, face painting, nature hikes, interactions with canine

companions, sensory experiences, and captivating science experiments.

Also at the Bike Fest will be live music. Enjoy the lively tunes of Leaping Blennies and soak in the festive atmosphere.

There will be many food and drink options, as well. Indulge in delectable offerings from food trucks like Pinorrito, Topsy Cheese, and Chicks 500 Degrees. Quench your thirst at the Beer Garden featuring local breweries, including New Belgium, Two Rivers Cider, River City Brewing, and Bike Dog.

Additionally, there will be bike demos and bike shops. Discover the latest bike trends and get expert safety advice from Specialized Bikes. Explore local vendors

featuring Oak Park Massage, Moonscent, Isabel Emilie – Wellness Coach, Nurrelle Creation, and more.

Lastly, guests can enter for raffle prizes. Enter to win awesome prizes like a family 4 pack to the Walt Disney Museum, a cruiser bike from New Belgium Brewing, and more.

Bike Fest promises a day filled with cycling excitement, family fun, and community spirit! Don't miss out.

Ticket prices vary; adult tickets cost \$30, while children's tickets are \$15. Family bundles cost \$90 (2 adults and 2 children). Kids under the age of 8 can come at no cost. Visit <https://arpf.org/events/bikefest/> for more information and tickets. ★

Ducky Derby Around the Corner



A child and Lions Club member enjoy an inflatable duck at a previous year's Derby. Photo courtesy of the Rio Linda Lions Club

MPG Staff

RIO LINDA, CA (MPG) - The Rio Linda Lions Club is gearing up for the fourth annual Ducky Derby on April 28. Residents are encouraged to join and have fun, win fabulous prizes, and support the community service efforts of the Rio Linda Lions Club and other community service organizations at this family event.

Ducks will be launched into Dry Creek at Elkhorn Boulevard at about 12:30 p.m. on April 28. The racecourse will be established by the Rio Linda Lions Club and will be approximately a third of a mile long. Once the ducks are launched, they are on their own. No attempt to free or interfere with any duck is permitted during the race.

All adopted ducks entered will be provided by and shall remain the property of the Rio Linda Lions Club. The cost to adopt one

duck is \$5, a Quack Pack (six ducks) is \$25 and a Flock of Quack (25 ducks) is \$100.

A number will be attached to each duck relating to the number on the adoption certificate and a comprehensive spreadsheet will be available for viewing during the event.

The person, company or team name that appears on the adoption spreadsheet corresponding to the numbers of the ducks in order of finish will be awarded prizes. The last duck that crosses the finish line within 30 minutes of the first duck crossing will receive the lame duck prize. Prizes range from \$25 to \$100-plus.

Any ducks that cross the finish line 30 minutes after the first duck crosses the line aside from the single Lame Duck Winner will not win a prize. The event will end at 3 p.m.

The entry portion of each race ticket must be

completely filled out and delivered to a Rio Linda Lions club member or an authorized representative of the Rio Linda Lions Club prior to the race for the adopted duck to be eligible to win any prize.

No purchase is necessary to enter to win. The Rio Linda Lions Club does encourage a donation of \$5 per duck to benefit the Rio Linda Lions Club or another approved community service organization. Other participating groups include Elkhorn BMX and the Girl Scouts.

Winners will be announced at the race finish line at Hayer Park at 905 G St, Rio Linda. A list of race winners will be posted on the Rio Linda Lions website at www.riolindalionsclub.com.

While a donation is required for guests to receive a barbecue meal and drinks, admission is free for the Duck Race and the Bounce House. ★

SacRT Orders Nine Additional Low-Floor Light Rail Vehicles

SacRT News Release

SACRAMENTO, CA (MPG) - The Sacramento Regional Transit District (SacRT) is adding to its order of new low-floor light rail vehicles from Siemens Mobility (Siemens) with an additional order of nine S700 vehicles. This order builds on the previous order of 36, bringing the total number of trains ordered to 45. SacRT's contract with Siemens is for the purchase of up to 76 new low-floor light rail vehicles.

"As we continue to prioritize the enhancement of our transit system, I am thrilled to announce the purchase of nine additional new low floor light rail vehicles," said SacRT General Manager/CEO Henry Li. "By investing in these state-of-the-art trains, we are not only elevating the transit experience for our riders but also reinforcing our dedication to a sustainable future for the Sacramento region."

"We are grateful to Sacramento Regional Transit for this latest order of nine light rail vehicles, and excited to continue our long-standing partnership," said Michael Cahill, President Rolling Stock Siemens Mobility North America. "Bringing SacRT's fleet of S700 LRVs to 45 new low floor vehicles is an exciting feat that highlights our dedication to the region. These American made trains built right here in Sacramento by our team of more than 2,500 will help to elevate rail travel in our community."

"Once again, Sacramento is at the forefront of innovation in public transit, thanks to the collaborative efforts of SacRT

and Siemens Mobility," said Congresswoman Doris Matsui. "This investment underscores the importance of federal support for our region's transportation infrastructure. By leveraging resources from the Bipartisan Infrastructure Law, we are creating job opportunities and paving the way for a more sustainable and efficient transit system."

"This order for nine additional light rail trains will enhance the rider's experience and improve accessibility for all members of our community," said Congressman Ami Bera. "I applaud SacRT's proactive approach to investing in the future of transportation, and I look forward to seeing the positive impact these new trains will have on our region."

"Securing this additional order of light rail trains marks a significant milestone in SacRT's ongoing efforts to modernize its fleet and provide reliable, accessible transportation options for Sacramento residents," said SacRT Board Chair and Sacramento County Supervisor Patrick Kennedy. "We are not only improving the quality of service for our riders but also reaffirming our commitment to sustainability and inclusivity. These new trains will play a vital role in enhancing the overall transit experience and supporting the continued growth and development of our region."

The S700 low-floor vehicles have platform boarding at every doorway and allow riders in mobility devices to board using a deployable ramp at the two center doors instead of having to use a mini-high ramp. Each

vehicle features four dedicated wheelchair locations. The spacious seating design with larger windows allows for better light and views. In addition, the vehicles have better temperature control for heating and cooling and improved reliability with remote diagnostics and predictive maintenance.

Siemens has already delivered 20 new S700 low-floor light rail vehicles to SacRT's light rail facility in north Sacramento where they are undergoing rigorous testing procedures. These tests are vital to ensuring the trains meet stringent safety and performance standards before being integrated into service, which is expected to begin on the Gold and Green lines in summer 2024. The Blue Line will continue to operate the current high-floor light rail trains, which still require riders in mobility devices and those unable to climb stairs to use the mini-high ramps at the ends of the station platforms. SacRT will begin construction on Blue Line station platforms to meet the height requirements of the new low-floor trains in late 2024 and construction is expected to be completed by 2027. Learn more about SacRT's Light Rail Modernization Project at sacrt.com/modernization.

The S700 vehicles for SacRT are manufactured by Siemens Mobility in south Sacramento, keeping jobs in the region. The plant is one of the largest and most sustainable facilities in the U.S. and is part of Siemens Mobility's larger U.S manufacturing network of eight facilities, nearly 4,500 employees and 2,000 suppliers. ★



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PROPERTY MANAGEMENT

Recreation Therapy Changes Lives in Sacramento County

Sacramento County News Release

SACRAMENTO COUNTY, CA (MPG) - For individuals living with disabilities, recreation opportunities and a sense of community might not be easy to come by. That's where the Therapeutic Recreation Services (TRS) Division of the Department of Regional Parks comes in.

One way to provide these individuals with recreational opportunities is through recreation therapy, which utilizes activities such as art, community outings, exercise and more to improve and maintain cognitive, physical and emotional functioning in order to facilitate full participation in life.

The Therapeutic Recreation Services Division is in the business of delivering recreation therapy since 1975.

"Recreation therapy offers individuals a chance to explore new experiences within a nurturing and secure setting, surrounded by people who accept and embrace them unconditionally, and empower them to strive for autonomy and self-reliance," said Jenn Wilson-Marchino, a Therapeutic

Recreation Services specialist. "It is a privilege to be a part of something that has such a transformational impact on our participants."

February was recognized as Recreational Therapy Month, and TRS is celebrating the role that recreation therapy has played in the lives of its participants by reflecting on what they enjoy most about TRS.

Therapeutic Recreation Services programs focus on abilities while encouraging individuals to attain their highest level of independent leisure functioning by increasing leisure skills, improving social skills, and increasing independence and their awareness of and involvement in community recreational activities.

For more information on the Therapeutic Recreation Services programs and how you can become involved with, volunteer with and/or support the program, visit online <https://www.saccounty.gov/services/Pages/Therapeutic-Recreation-Services-TRS.aspx>.

For more testimonials, check out the Therapeutic Recreation Service's YouTube channel at <https://www.youtube.com/channel/UCtEOg4My4qty6z8qA6dRd4g> ★

Study Finds Significant Disparities in Diagnosis and Treatment of Dementia

University of California - Davis Health News Release

SACRAMENTO, CA (MPG) - A new study from UC Davis Health and Oregon Health & Science University reveals significant disparities in dementia care. The researchers found that people living with dementia from minoritized racial and ethnic populations are less likely to receive an accurate and timely dementia diagnosis compared to non-Hispanic whites. They were also less likely to be prescribed anti-dementia medication or use hospice care. Minoritized populations are those marginalized due to systemic oppression.

In addition, the study found the same populations have a higher risk of hospitalization and receive more aggressive life-sustaining treatment in end-of-life care. The study was published in *Alzheimer's & Dementia: The Journal of the Alzheimer's Association*.

"Reducing disparities in Alzheimer's disease and related dementias and receiving timely, high-quality health care services is essential to advance health equity," said Ladson Hinton, first author of the study and a professor in the UC Davis Department of Psychiatry and Behavioral Sciences. Hinton is also associate director for research in the Family Caregiving Institute at the Betty Irene Moore School of Nursing at UC Davis.

The researchers conducted a scoping review, identifying and analyzing the results of 71 research studies conducted between 2000 and 2022. The studies examined health care access and quality for people with dementia and their caregivers. The studies reported findings related to race and ethnicity.

"Our review provides timely and compelling evidence of disparities in health care quality and access for people living with dementia from minoritized populations," Hinton said. "It also highlights significant gaps in data, particularly for Asian Americans and Pacific Islanders and American Indians and Alaska Natives populations."

Statistically significant differences

Of the 71 studies identified, all but one reported one or more statistically significant differences between racial and ethnic groups. For example:

-85.9% of the studies reported findings for Black Americans.

-57.7% for Hispanic Americans.

-25.4% for Asian Americans and Pacific Islanders.

-2.8% for American Indians and Alaska Natives.

-32.4% reported aggregate categories for non-white populations.

The most frequently addressed topics in the papers were medication treatment (38%), end-of-life care (22.5%), health service use (18.3%), diagnosis (15.5%), family caregiving (7%) and long-term care (5.6%).

Some of the key findings related to diagnosis and treatment found that compared with non-Hispanic white Americans:

-Minoritized populations received less optimal care and experienced delays in how long it took to receive a diagnosis. In one large, recently published study, it took 11% longer for Black Americans and 40% longer for Hispanic Americans.

-Asian American older adults were less likely to receive a diagnostic work-up for cognitive impairment.

Black and Hispanic American patients were less likely to be referred for neuropsychological testing.

-Minoritized populations had lower rates of prescriptions for anti-dementia medications like cholinesterase inhibitors and memantine.

-Hispanic and Black American older adults had higher discontinuation rates of anti-dementia medications.

Disparities in end-of-life care

There were also disparities in living conditions and end-of-life care. Compared with non-Hispanic white Americans:

-Black Americans with dementia were more likely to have increased hospital admission rates, longer lengths of stay and higher costs.

-Minoritized populations living with dementia were less likely to be in long-term care facilities with special memory care units.

-Caregivers of Black Americans with dementia were less likely to fill out advanced care directives.

Black Americans with dementia were less likely to receive hospice care and more likely to receive feeding tubes and mechanical

ventilation during end-of-life care.

"The results of our study highlight the importance of granular data collection on race and ethnicity," said Oanh Meyer, co-author and associate professor in the UC Davis Department of Neurology. "Understanding where the disparities exist will help us address why they occur and how to remedy them at the individual, clinical and health-system level."

Achieving equity and closing gaps in health outcomes

The researchers recommend monitoring for disparities at the local level, educating and training clinicians to reduce bias and improve communication, and enhancing the cultural and linguistic competence of clinical care. They also support developing targeted initiatives to empower people with dementia and family caregivers as they navigate the health care system.

The authors also point out that recognizing existing disparities can prompt policy change at the health system level to address systemic racism and promote health equity.

The researchers noted several limitations of their study, including that some studies may have been missed for inclusion and that the underlying factors responsible for the identified differences are unclear and need further research. They note the study also did not include other potential disparities for people with dementia, such as those identifying as LGBTQ, or geographical inequities faced by those living in rural, urban, and suburban areas.

"Ultimately, it's critical that the best available dementia care is attainable and offered to all Americans, particularly those who are left out of novel research innovations because of their race, social standing or place of residence," said Ana R. Quiñones, senior author of the study and an associate professor at Oregon Health & Science University. "To make real progress in achieving equity and closing the gaps in outcomes for Alzheimer's disease and related dementias, we must do more to ensure the most promising interventions are aimed at those who need them the most."

Additional authors of the study include Duyen Tran at UC Davis Health and Kate Peak at Oregon Health & Science University. ★

Five Ways Counties Can Prepare Now That Prop 1 Has Passed

By Amalia Egri Freedman



Amalia Egri Freedman

After two weeks of counting votes, California voters passed Proposition 1 by a hair. The proposition, a two-part initiative aimed at improving equitable access to behavioral health services, provides new funding for treatment facilities and housing support while updating the 20-year-old Mental Health Services Act (MHSA). Millions of Californians who cope with behavioral health conditions — mental illness or substance use disorders (SUD) — rely on services and supports primarily provided by California's 58 counties through MHSA, and increasingly their needs include housing.

Prop. 1 directs the State to borrow \$6.4 billion through bonds to fund new housing and treatment facilities. The State will also reallocate MHSA funds at the state and county levels, with a slightly greater proportion of MHSA revenue shifting to the State. Where 95% of MHSA funds were previously distributed to county behavioral health systems, now they will receive 90% with an additional 5% funding expansion of statewide efforts, including training, evaluation, innovation, and administration. There will also be new restrictions on how funds can be used, thus funding is likely to decrease for some behavioral health services.

Improving equitable access to needed services regardless of race, age, gender identity, sexual orientation, or county of residence is a critical step in building a more comprehensive behavioral health system in California. And the challenge to ensure access falls primarily on county leaders. Expectations are high, tensions are high, and the divided voter support may lead to challenging conversations around the changes that will inevitably raise questions for county leaders and families with individuals facing behavioral health challenges. Still, with Prop 1's ratification, we believe that the answers to five key questions are essential to begin paving the way for the measure's implementation.

How will funds be allocated at the county level? First and foremost is the process of allocating funds locally. County officials will be required to spend pre-allocated amounts on housing interventions, services, and treatment for adults with severe mental illness, and for behavioral health services. County leaders will need to drive discussions internally and among stakeholders to determine how to implement this spending while expanding community partnerships to extend service provision.

How will programmatic changes resulting from revisions to the MHSA be addressed? Second, each county must adjust programming from previous MHSA requirements to correspond to the new Behavioral Health Services Act (BHSA). The BHSA expands programming to address the needs of people living with SUDs. County mental health plans will need to determine the degree to which they will expand SUD service provision and further integrate mental health and SUD treatment. It is possible that in some locales, reallocating funds will necessitate changes to or elimination of some county services.

How will counties balance the provision of behavioral health services and affordable housing? The BHSA also

prioritizes supportive housing for veterans and individuals with behavioral health challenges who are at risk of experiencing homelessness. Decision-makers will need to weigh the impact on existing services while expanding housing options for vulnerable populations based on the new funding requirements.

How will county leaders advise and advocate for effective implementation of Proposition 1? When MHSA was adopted 20 years ago, it not only changed the flow of funding but also the flow of data. County leaders were instrumental in advising the State regarding these issues. With BHSA, leaders will need to convene stakeholders, including mental health advocates, providers, and community members, to shape policies and programs. They must take the results of these conversations to their colleagues at the County Behavioral Health Directors Association of California (CBHDA) to triangulate opportunities and challenges, and to collaborate with state agencies to ensure the most seamless implementation possible. County leaders and communities will need to balance the new mandates with the unique, local challenges they hope to address.

How will county leaders monitor and measure the outcomes of the new BHSA? Counties will need to monitor whether new housing interventions are effective. They will likely need to examine how SUD services align with existing mental health services and any gaps created in their communities. And they will want to look at how the changes in programming affect access. Within a year or so of implementation, counties may want to conduct needs assessments to determine how the changes have affected the clients each county serves as well as needs and gaps in resources to guide adjustments and improvements among providers.

Proposition 1 adds significant funds to support behavioral health and housing. It also calls on county-level decision makers to rise to this moment. The months ahead will require thoughtful planning, collaboration, and strategic choices to enhance behavioral health services and housing support for Californians. With thoughtful implementation, Proposition 1's new mandates should serve the changing behavioral health needs of Californians.

Amalia Egri Freedman is the CEO of RDA Consulting. RDA is celebrating forty years of systemic change consulting in collaboration with state, county, local agencies and foundations and CBOs. ★

LOCAL ARREST RECORDS

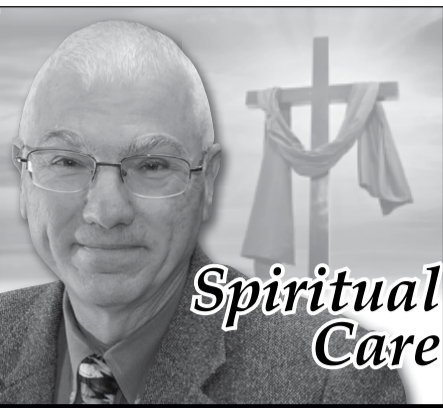
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ARREST LOGS UPDATED DAILY

Lost in the Translation



BY NORRIS BURKES

Anytime I tell people that I'm a chaplain, I can never be sure they understand the title, much less spell it. (I'm not a Chaplin, like Charlie.)

Some people think a chaplain is just like a church pastor. Some think chaplains are exclusive to the military. Some assume chaplains are always Christians.

After I encourage them to disavow these assumptions, they still aren't sure what chaplains do.

Chaplains serve in many roles, but during the years I was fully employed as a hospital chaplain, I often told folks that I was a religious translator. When they cocked their heads for better understanding, I offered this story.

In the early 1990s, I was working at Houston Northwest Medical Center when I found the ICU nurse manager, Grace Heffron, madly flipping through a patient's chart.

Grace was five feet three inches of green-eyed Italian. She charged her work with a no-nonsense approach and didn't fancy interruptions. Nevertheless, I asked her to suggest which patients might need to see a chaplain.

Grace shot me a look over the top of her glasses. She didn't see her job as bird-dogging problem-patients for me.

"How about bed number two," she suggested. Her voice was baited with East Coast sarcasm, but I bit nevertheless.

"Why, what's going on?"
 "Oh, nothing really," she said, her volume increasing. "Nothing except for a bill passing two million and their religious family is calling us 'liars.'"

"That actually makes some sense," I said. Grace slapped the chart down. None of it made sense to her.

"Give me a few minutes and I'll come back to say more."

Having her undivided but somewhat undesired attention, I retreated into the patient's room to find a 75-year-old man, suffering

from a massive stroke and nearly brain-dead. Now, sixty days after admission, he was on a ventilator and radiated a nauseous aroma from multiple bedsides.

His daughters greeted me with suspicion, but when I offered a prayer, they instantly raised their open-palmed hands and began shouting a prayer something like this:

"God, we believe you've already healed our father! These doctors are liars. Our father will walk again because Romans 3:4 says, 'Let God be true but every man a liar!'"

It's a bit disconcerting to hear people quote the Bible back to God. It's as if they found a contractual loophole that forces God to act as they say.

Nonetheless, I quickly recognized their prayers were coming from "Word of Faith" theology. So after the final amen, I excused myself to the nurses' station. Grace had obviously overheard the prayer because she was fit with her best told-you-so expression.

"I don't think they are literally calling you liars," I said.

Grace leaned forward, so I offered more.

"They come from a faith tradition better known by the less flattering terms of 'name-it-and-claim-it' or 'Prosperity Gospel.' It's a Pentecostal-like group that believes a miracle only has a chance to work when believers publicly proclaim the desired outcome to be true; despite it being obvious to all others that it isn't true.

"Just think of it as a coarse expression of Norman Vincent Peale's Positive Thinking," I said. "The word 'liar' is a faith expression."

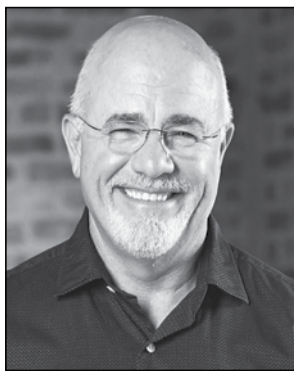
With Grace starting to see the connection, I offered a translation. "I know it's like trying to buy a yacht by telling the salesman, 'I'm a millionaire who's waiting for my lotto check to clear the bank,' but they are sincere in their expression."

"So what do I do?" she asked. Like most supervisors, she appreciated solutions, not problems.

"If you'll listen to the daughters, and not react or take it personally, I think they'll be ready to disconnect life support in a few more days."

When Grace relayed my translation to the nursing staff, they began responding to the daughters with a new understanding. And once they realized that faith finds translation in all different kinds of words and rituals, they were able to obtain consent to remove the patient from life support.

Three days after my translation, the daughters held hands, prayed and watched their father go home to his final miracle. ★



You're a Great Big Brother

Dave Ramsey Says

Dear Dave,

My mother died about a year and a half ago, and she left me and my younger sister \$75,000 each. My sister is 16, and she plans on enlisting in the military after high school, then using the G.I. Bill to pay for college afterward. She won't receive the inheritance money until she's 18. What advice can I give her to ensure she makes good decisions with the money?

– Davis

Dear Davis,

I'm truly sorry to hear about your mom. At the same time, I'm so proud of you for stepping up to help your little sister. You know, \$75,000 sounds like a lot of money—especially to a teenager. But that kind of cash can disappear in a heartbeat if she's not careful. And

then, all she'd have left where her inheritance is concerned is a lifetime of regret.

If she'll be smart with this money, and by that, I mean investing wisely and having a little bit of fun, she could end up a rich, little old lady one day. Not only that, but she can honor the memory of your mother and change her family tree forever. Her family will think differently, and be able to live differently, all because she had the maturity to not blow the money.

You said she'll get \$75,000, right? Think about this. She could just have fun with \$15,000 or so, and invest the rest in good, growth stock mutual funds. If the stock market continues to average what it has since its start, she'll be a multi-millionaire—and then some—by retirement. Even if I'm half-wrong on the math, the advice still stands. She'd have millions waiting for her. The point is that investing a big lump sum of money, and leaving it there for her golden years, is a great idea.

Now, I'm going to give

you some homework, Davis. I want you to talk to a bunch of rich, old folks. Learn what they did to build wealth and hang onto it. Also, make sure the friends and family you both have around you are quality people—the kind who have your best interests at heart. Remember, the Bible says, "In the multitude of counsel there is safety."

Your sister is very lucky to have a big brother like you. Walk her through this advice. Be there for her. Look out for her. She needs you right now, and she'll need you in the years to come.

God bless you both!

– Dave

Dave Ramsey is an eight-time national bestselling author, personal finance expert and host of The Ramsey Show. He has appeared on Good Morning America, CBS This Morning, Today, Fox News, CNN, Fox Business and many more. Since 1992, Dave has helped people take control of their money, build wealth and enhance their lives. He also serves as CEO for Ramsey Solutions ★

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Kings Korner

By V.G. Harris



Social Security Matters

Can I Claim Social Security and Still Work?



By Russell Gloor, AMAC Certified Social Security Advisor

Dear Rusty: I will be turning 63 soon. Can I apply for Social Security and continue to work? Would I be limited to how many hours or how much I could make? I know my monthly SS amount would be cut by 30%, or somewhere around there, but how would working affect me? I was trying to read up on this, but the \$1 and \$2 thing confused me. I have an offer to take a work-at-home position and need to decide soon, but it is a cut in income. The cut would be okay if I could draw my Social Security too. **Signed: Wanting Work at Home**

Dear Wanting: If you claim your Social Security to start in the month you turn 63, you'll be claiming 4 years before your full retirement age (FRA) of 67, which means your monthly benefit at 63 will be about 25% less than it would be if you claimed SS at age 67. And if you are working before your FRA, you'll be subject to Social Security's "earnings test."

The 2024 earnings limit for those collecting early Social Security benefits is

\$22,320 (this limit changes annually). If your annual earnings exceed the limit, Social Security will assess a penalty of \$1 for every \$2 you are over the limit. They will recover that penalty amount by withholding future benefits until they recover what you owe. If your work earnings are under the annual limit, you will get all your monthly SS benefits. But if you exceed the limit, they will find that out after you submit your income tax return (the following year) and issue you an overpayment notice, telling you how much you owe for exceeding the limit last year. They will then withhold your benefits until they get back what you owe, or you can repay them in a lump sum. To avoid the overpayment notice, it is best to inform Social Security in advance that you will exceed the annual earnings limit, and they will simply withhold your monthly SS benefits during the year for enough months to avoid overpaying you.

So, what you should do depends largely on how much your earnings from your new work-at-home position will be. If your earnings are below the annual limit, no penalty will be assessed. If you only exceed the annual limit by a little bit, then you can still work and earn and simply repay them what is owed for exceeding the limit (or have your SS benefit temporarily withheld). If you only exceed the earnings limit by a little, you'll

still get benefits for most months of the year. But if you significantly exceed the annual earnings limit, you could even be ineligible to receive SS benefits until you either earn less or reach your full retirement age (the earnings limit goes away at your FRA).

So, what you should do depends on what "a cut in income" means in terms of your expected annual earnings amount. If your total annual earnings will be under the annual limit, your SS benefit won't be affected. If you only exceed the limit by a little bit, then you will get SS benefits for most months of the year. But if your annual earnings are significantly over each year's annual earnings limit, then you won't get SS benefits for most months of the year and may even be temporarily ineligible to receive benefits.

It now will have no effect on the survivor benefit she will get as your future widow.

This article is intended for information purposes only and does not represent legal or financial guidance. It presents the opinions and interpretations of the AMAC Foundation's staff, trained and accredited by the National Social Security Association (NSSA). To submit a question, visit our website (amacfoundation.org/programs/social-security-advisory) or email us at ssadvisor@amacfoundation.org.

If you knew nothing about the Sacramento Kings and went to Golden One Center for the first time Sunday, and watched the Kings dismantle the Portland Trailblazers, you would probably think this team is headed straight to the playoffs.

Well, maybe not straight to the playoffs, but a one game, win-or-go-home game against the Golden State Warriors is going to answer a lot of questions many Kings fans have had all season.

Personally, I have been a die hard, and predicted that the Kings would equal or exceed last year's win total of 48 wins. Obviously, I was wrong, as the Kings took two heart-breaking losses on the chin, leaving them two short of last year's win total.

Although I never like whining about poor officiating, what the Kings have had to endure in losses to the Celtics and Oklahoma City Thunder in the past two weeks has been reprehensible.

The NBA came out and issued apologies to the Kings organization for the blatant missed calls that in both cases cost them a critical win. This should not happen in an environment where the highest caliber of players perform, and what is needed are officials that measure up to the same standard.

But those losses are in the loss column and that is where they stay, regardless of apologies.

After a disappointing week, the Kings rose to the occasion Sunday against the Trailblazers and finished off a roller coaster season with a convincing win. It was good for the Kings, and definitely good for the fans.

Should-be all star Domantas Sabonis missed a triple-double by one assist, but still led the entire NBA with an eye popping 26. Besting Nikola Jokic by just one triple-double, Sabonis also led the entire league in rebounds, an astounding feat.

For the many Kings fans that lived through 16 years without a playoff appearance, having an opportunity to make the playoffs with just two wins in a row, must seem like the impossible dream.

A win tomorrow night against the arch-rival Golden State Warriors would give the Kings one more chance to make

the playoffs when they would meet the winner of the Pelicans/Lakers game.

So, what are the positive/negatives that we have to look back on, now that the 2024 season is in the hopper?

Number one is a highly competitive team that brings 100% effort every night, and that is something that no fan should ever take lightly.

Number two for me is a team that is growing together and loves to play together. For the first time in the past 20 years, I'm convinced the Kings are truly one player away from making a real championship run.

This coming off season will answer a lot of questions, and will tell the fans if Monte McNair's acquisition of Domantas Sabonis was an anomaly, or what we can expect from a young GM. I like what I see in this guy, but operating efficiently in the draft, and having the ability to lure an attractive free agent to Sacramento, is paramount if we are to be a true championship contender.

On the negative side, this was not a good season for coach Brown, who continued to tinker with his lineup for the entire season.

Whether Colby Jones, Chris Duarte, or Kessler Edwards, Brown could not make up his mind what he had or how to play them.

Trey Lyles was the real recipient of Brown's inability to assess his talent, and never received the quality minutes on the hardwood that he deserved. I am a firm believer that Lyles is not just a stalwart bench player, but someone who should be occupying a starting role.

Lastly, I don't believe Brown did the job of growing young players like Davion Mitchell and Keegan Murray. It's not just the time on the court, but how you grow the confidence in the young players you have, and without a doubt there was a missed opportunity here.

The Kings gave me an entertaining season, with a team spirit that only further enhances my love for this group of never-say-die players.

Like all of you I will be rooting beyond measure for a victory Tuesday night.

Go Kings, and a big thank you to all of you that have read and supported Kings Korner! ★

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Publish: March 29, April 5, 12, 19, 2024
REAL 4-19-24

Sacramento County March 20, 2024
Publish: April 5, 12, 19, 26, 2024
PAGE 4-26-24
FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-02183
German Palomares Karrom, 4 Hondo Court, Sacramento, CA 95823 is doing business under the Fictitious Business Name(s) "G Welding Services" 4 Hondo Court, Sacramento, CA 95823. Filed with the Clerk of Sacramento County March 20, 2024
Publish: April 5, 12, 19, 26, 2024
WELDING 4-26-24

Boulevard, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "3 Rios Taqueria" 6970 Sunrise Boulevard, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County March 25, 2024
Publish April 12, 19, 26, May 3, 2024
RIOS 5-3-24
FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-02334
Kiana O. Flores, 6017 Telesco Way, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "The Cat's Meow - Full Body Waxing & Aesthetics" 4719 Manzanita Avenue #3, Carmichael, CA 95608. Filed with the Clerk of Sacramento County March 26, 2024
Publish April 12, 19, 26, May 3, 2024
CATS 5-3-24

of Sacramento County April 5, 2024
Publish: April 19, 26, May 3, 10, 2024
HILLTOP 5-10-24
FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-02374
22 Wood Design, 6745 50th Street, Sacramento, CA 95823 is doing business under the Fictitious Business Name(s) "Supurb Handyman Sevices" 6745 50th Street, Sacramento, CA 95823. Filed with the Clerk of Sacramento County March 27, 2024
Publish: April 19, 26, May 3, 10, 2024
SUPURB 5-10-24

of Miguel Marquez Arellano to Miguel Arellano Marquez.
IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on July 16, 2024, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: March 19, 2024
Richard K. Sueyoshi, Judge of the Superior Court
Publish: March 29, April 5, 12, 19, 2024
ARELLANO 4-19-24
SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#24CV005556
Marie Irene Kiene has filed a petition with this court for a decree changing the name(s) of Marie Irene Kiene to Siobhan Aine Luckie.
IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on June 5, 2024, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: March 22, 2024
Christopher E. Krueger, Judge of the Superior Court
Publish: April 5, 12, 19, 26, 2024
KIENE 4-26-24

the Superior Court
Publish: April 12, 19, 26, May 3, 2024
AHAMED 5-3-24
SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#24CV006411
Faegheh Ghaderinasrabad has filed a petition with this court for a decree changing the name(s) of Faegheh Ghaderinasrabad to Fae Ghaderi.
IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on August 1, 2024, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: April 4, 2024
Richard K. Sueyoshi, Judge of the Superior Court
Publish: April 12, 19, 26, May 3, 2024
GHADERI 5-3-24
SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#24CV006751
Kimberly Duvall-Hoehn has filed a petition with this court for a decree changing the name(s) of Kimberly Duvall-Hoehn to Kimberly Contreras Hoehn.
IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on July 2, 2024, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: April 8, 2024
Christopher E. Krueger, Judge of the Superior Court
Publish: April 19, 26, May 3, 10, 2024
HOEHN 5-10-24

ORDER TO SHOW CAUSE CHANGE OF NAME

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#24CV004443
Gabrielle Blalock-Tovar has filed a petition with this court for a decree changing the name(s) of Gabrielle Nicole Blalock-Tovar to Gabrielle Nicole Blalock and William Bruce Blalock-Tovar to William Bruce Blalock and Eloise Carleen Blalock-Tovar to Eloise Carleen Blalock.
IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on May 28, 2024, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: March 8, 2024
Christopher E. Krueger, Judge of the Superior Court
Publish: March 29, April 5, 12, 19, 2024
TOVAR 4-19-24

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#24CV005370
Brittney Roberts has filed a petition with this court for a decree changing the name(s) of Arriana Harper Abbott to Arriana Levi Roberts.
IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on June 4, 2024, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: March 7, 2024
Richard K. Sueyoshi, Judge of the Superior Court
Publish: April 5, 12, 19, 26, 2024
ROBERTS 5-3-24

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#24CV002384
Raitavea Casey has filed a petition with this court for a decree changing the name(s) of Za'ryah Marie Ja'el McDaniel to Za'ryah Marie Casey.
IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on May 7, 2024, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: February 21, 2024
Christopher E. Krueger, Judge of the Superior Court
Publish: April 12, 19, 26, May 3, 2024
CASEY 5-3-24

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#24CV006327
Maksym Heorhitsu has filed a petition with this court for a decree changing the name(s) of Maksym Heorhitsu to Maksym Nahuliak.
IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on July 3, 2024, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: April 3, 2024
Richard K. Sueyoshi, Judge of the Superior Court
Publish: April 12, 19, 26, May 3, 2024
HEORHITSA 5-3-24

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#24CV005398
Miguel Marquez Arellano has filed a petition with this court for a decree changing the name(s)

NEW 5-3-24

YOU MAY EXAMINE the file

COMICS & PUZZLES

The Spats



by Jeff Pickering



Amber Waves



by Dave T. Phipps

Out on a Limb



by Gary Kopervas

HOCUS-FOCUS

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Find at least six differences in details between panels.



Differences: 1. Spoon is missing. 2. Box is missing. 3. Collar is missing. 4. Mouth is different. 5. Refrigerator handle is not as long. 6. Oven handle is missing.

TIGER



by BUD BLAKE



A	M	A	S	S	R	A	M			B	L	O	W	
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- CLUES**
- ACROSS**
- Accumulate
 - Popular pickup
 - Johnny Depp's 2001 biopic
 - Jousting pole
 - Mozart's "L___ del Cairo"
 - Figure of speech
 - Oak nut
 - Be off base
 - Less typical
 - *Graduating class
 - *S in BS
 - *Graduating NCAA player's goal?
 - FedEx, verb
 - "I Want My ___" television channel
 - Daytime drama
 - Online business
 - Fleur-de-lis
 - Dart
 - Planktonic tunicate
 - Not naughty
 - Break of day
 - Last row
 - Verdi's opus
 - Lion's do
 - D.E.A. agent
 - Sell again
 - Penny
 - To the ___ degree
 - Prep for certain potatoes
 - Metered ride
 - *Final reward
 - *Academic ___, a.k.a. Cap and Gown
 - Gibson garnish
 - Rocks, to a bartender
 - Angry
 - Lieu
 - Not solid or liquid
 - Post-it user
 - Of two minds
 - Bldg unit
 - Opposite of friend
- DOWN**
- "Oh, woe!"
 - Riot spray
 - At another time, archaic
 - Substitute for tender
 - Misters in Spain
 - Fish eggs, pl.
 - Acronym, abbr.
 - Wet land
 - Highlands hillside
 - Forsaken
 - Oil org.
 - "The Way We ___"
 - *Finals at Cambridge University
 - Building toppers
 - El ___, Spain's national hero
 - Popeye's fuel
 - *Major's partner
 - Beef ___, dim sum choice
 - Moral weaknesses
 - *Grad
 - Mountain lake
 - As a whistle?
 - 1960s abstractionism
 - *"Pomp and Circumstance," e.g.
 - Dried up
 - Adjust the pitch, with "up"
 - Previous VP
 - Marcona nut
 - Skedaddle
 - Moroccan spiced stew
 - Eurasian antelope

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