

Swim Championships Around the Corner

Cutting Hair Brought Barber Back From Brink

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The Galt Herald

75¢ per copy

124TH YEAR • ISSUE 16

Serving Galt and Sacramento County Since 1901

APRIL 19, 2024

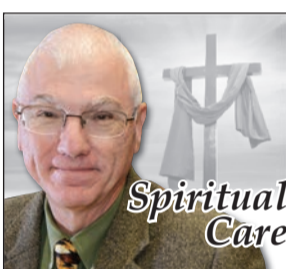
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A-Z Foundation Supports Vets



Auctioneer Ken Tucker (left) announces the winner of one of the drawings while A-Z Foundation Co-Chairs Joyce Horrocks (center) and Rodney Torres look on. Photo by Matthew Malone

By Matthew Malone
News Editor

GALT, CA (MPG) - The local chapter of the A-Z Foundation on April 6 held its fourth annual fundraising dinner. Attendees gathered at the Moose Lodge in Acampo, in support of A-Z's programs and donations benefiting veterans, youth, and those with developmental disabilities.

Dozens of raffle, drawing and auction items presented chances to donate. Prizes included a wide array of firearms, as well as a cooler

stocked with \$500 of beef.

Among the live auction items were vacations to Mexico, Costa Rica and Disneyland, catering from Velvet Grill & Creamery, a guitar autographed by country musicians, and American flag-themed art pieces.

Rodney Torres, co-chair of the Galt, Lodi, Stockton branch of A-Z, highlighted the final auction item, a U.S. flag that he said was signed by 13 World War II veterans.

"It's just amazing. There's probably three or four (veterans) that are over 100 years old that have signed

on that flag," Torres said.

Torres was grateful for the contributions of the prize donors.

"People were so generous in our area, throughout California they love our veterans; they love our individuals with special needs; they love helping the kids; they love the organization,

Winning auction bidders also had the option to donate \$100 on top of their bid to USS Lucid, a U.S. Navy minesweeper under restoration at the Stockton Maritime Museum.

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Anita Maldonado. Photo Courtesy of Sacramento County

County Appoints SETA Director

Sacramento County News Release

SACRAMENTO COUNTY, CA (MPG) - The Sacramento County Board of Supervisors at its April 9 meeting authorized the county executive's appointment of Anita Maldonado as the Sacramento Employment and Training Agency (SETA) executive director. The Sacramento City Council, at its April 9 meeting, also confirmed Maldonado's appointment.

Maldonado's appointment is effective April 10.

"Ms. Maldonado's extensive experience in nonprofit administration, combined with her commitment to understanding community needs and delivering impactful programming, makes her the ideal choice for executive director of the Sacramento Employment and Training Agency," said Sacramento County Executive David Villanueva.

Maldonado has more than 25 years of executive level and administrative management experience. Her experience includes leading nonprofit and public social services agencies that champion policies, programs and efforts to heighten awareness regarding issues that impact youth and underserved communities.

Maldonado has nearly eight years of teaching experience as an adjunct faculty member of the Franklin University Public Administration Department, where she taught online courses that cover public and nonprofit governance and leadership.

Since 2020, Maldonado served as chief executive officer of Social Advocates for Youth, overseeing Youth Crisis, Career and Educational, Counseling, and Housing service programs.

SETA, a joint powers agency of the City and County of Sacramento, was formed in 1978. SETA connects residents to jobs, business owners to employees, education and nutrition to children and assistance to refugees. For more information, visit SETA website at www.seta.net. ★

Youth Commission Sends Off Grads



Galt youth commissioners pose for a photo with Chibwe Chungu (standing, fourth from left) of Banyan Tree Skills Academy, who presented at the meeting. The commissioners are (standing, from left): Kayson Jones, Gabrielle Akers, Navkiran Sandhu, Annaliese Bowen, Josh Cullers, Alexa Murillo Cuevas, Kareena Lallian and Mikey Brixey; and (kneeling, from left) Alexia Bulahan and Alexis Ortega. Photo by Paige Lampson

By Matthew Malone
News Editor

GALT, CA (MPG) - The Galt Youth Commission gave its well-wishes to graduating members at its April 1 meeting, thanking the commissioners for their contributions to the group's work representing the city's young people.

Chair Josh Cullers and Commissioners Alexa Murillo Cuevas and Kayson Jones are graduating this year.

Commissioners spoke about Cullers' efficiency in running meetings, noting that he allows opportunities for commissioners to voice their opinions. They also praised his

kind-heartedness and professionalism.

In his time on the commission, Cullers has also served as sergeant-at-arms and City Council liaison.

"You were an amazing, amazing chair," Commissioner Alexis Ortega said. "I've never seen someone get through a meeting so efficiently,

and just so detail-oriented. ... No matter how small the agenda item was. You made sure everyone had a voice."

Jones complimented Cullers' confidence.

"You can show up to class in a tux and rock that thing with complete confidence. ... And I really

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Cutting Hair Brought Galt Barber Back From Brink

By Adam Camarena
Special to the Herald

Editor's Note: Adam Camarena is a student in the journalism program at California State University, Sacramento. Camarena is being taught by Phillip Reese, a professional journalist and an assistant professor at CSUS. For more information about the CSUS journalism program, visit fb.me/sacstatejournalism.

GALT, CA (MPG) - A pair of clippers was the turning point in transforming a local barber's life as he battled years of homelessness and used his struggles to provide for the city he loved.

Mark Jackson, the owner of Next Generation Barbershop on C Street in Galt, has been cutting hair for 10 years and opened the shop almost four years ago. Since then, he's made it a mission to be more than a barber and use haircuts as a way of giving back to the community.

As a Galt native and Galt High School (GHS) graduate in 2002, Jackson grew to love the community and now uses his platform as a barber in the city to give free haircuts and help fund GHS events.

"I like to give back to my community," Jackson said. "My community takes care of me, so I like to take care of them."

He also helped GHS graduates like A.J. Magat and Braiyan Cortez become apprentices at the shop and taught them how to be engaged members of the community.

"I went to school with their dads. The roots here

are very deep," Jackson said. "I like hiring kids that come from this town."

Magat has worked at Next Generation Barbershop for two years and said Jackson has helped in many more ways than just teaching him to cut hair.

"Being a barber is not only just about grabbing the clippers or scissors and cutting hair. It's the person behind it who does more than just cut hair for the community," Magat said. "We're like family. He's taught me how to run a barbershop and be a better person with more leadership."

Cortez also works with Jackson and has cut hair at Next Generation for nearly two years. He said Jackson is someone who positively impacts the community. Cortez has learned a lot personally since joining the team.

"The main thing he's taught me is to have integrity because you always want to make sure you're doing the right thing when no one is looking," Cortez said. "He's helpful. He's willing to help anyone with any kind of donation, sponsor, fundraiser, and on top of that his haircuts are quality."

Jackson initially joined the Navy out of high school and said he didn't want to cut hair, but finding a pair of clippers while in a tough part of life sparked his passion and helped him get back on his feet after a couple of years of being homeless.

"I was homeless when I actually figured it out," Jackson said. "I was strung out on drugs, and I was at a trap house, but I found a



Next Generation Barbershop owner Mark Jackson chats with a client while cutting his hair on March 27. Photo by Adam Camarena

pair of clippers and it was just kind of like my 'God' moment."

He said after that moment, the Department of Veterans Affairs helped him get into a homeless shelter through a transitional living house and he got clean.

"It was a messed-up part of my life. I kind of get choked up about it because, through all the negativity, starting from the bottom and getting to where I am now, there was a lot of help for me," Jackson said.

After receiving help, Jackson focused on becoming the best barber he could and returned to Galt to set up shop.

"I've been all the way around the world, but this is home," Jackson said. "This is where my people are, where I have roots and where I had friends. Now I'm back and I'm cutting for that next generation."

He's seen clients who frequently come back because of the homelike environment he provides at the shop, even offering drinks to those who sit in his chair.

"There's real homie vibes in there," customer Trevor Denier said. "It's very relaxed. I don't feel pressure going in there."

Denier has gotten his haircut from Jackson for nearly two years and has

come to learn about the impact Jackson makes on the community through his fundraisers, sponsorships and events in Galt.

"Not everyone knows about everything that happens in this town," Denier said. "It's a different type of service that can go unnoticed. He's the type of person who can mix being professional and personable and it makes me want to go back."

Jackson also set up an organization called the St. Martin Foundation where he raises funds through events like spaghetti dinners to help people who are homeless get off the streets through transitional

housing.

"I'm helping men that are coming out of rehab and coming off the bottom," Jackson said. "There's a way back, and if they allow me to show them how I did it, maybe they can rewrite their story and find themselves in the process."

To Jackson, there's more to it than just being a barber. He said he uses his platform to help as many people as possible.

"I feel like there's a bigger purpose in life and sharing my story from behind the chair is kind of like my higher purpose," Jackson said. ★



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Attendees help themselves to appetizers at the A-Z Foundation dinner. Photos by Matthew Malone



Galt Youth Commission members and adult mentors pause for a photo at the A-Z Foundation dinner. The youth commissioners volunteered by bussing tables.

A-Z Foundation Supports Vets

Continued from Page 1

A-Z Co-Chair Joyce Horrocks said she was happy that support came from all three of the group's communities.

"It feels really great. It just brings our communities together, and it literally makes us feel like we're just one big

family. You know, we watch out for our veterans and I'm just so proud of my communities. I truly am."

Horrocks expected fundraising to hit a new high with the dinner.

"Last year, we raised over \$115,000. This year, we're hoping to supersede \$150,000," Horrocks said.

Horrocks spoke about how she felt once again receiving support for A-Z's mission.

"It's just sheer joy. ... This is our fourth year of doing this and I have gotten to know our community, and we see the need in our community because (out of) everything that we raise, 25% automatically goes back into our communities. So, you

know, we give to Galt; we give to Lodi; we give to Stockton," she said.

The group says that 80% of its net funds support its mission of aiding veterans and people with developmental disabilities, as well as supporting outdoor activities.

"And that's the thing: The more we raise, the more that it is for our community, and we're there for all our communities," Horrocks said. ★

Youth Commission Sends Off Three Grads

Continued from Page 1

do admire that and how, mostly, you have your priorities straight, and you had them straight for a long time, and you do what you believe in," Jones said.

Murillo Cuevas, the current vice-chair, received praise for her kindness and intelligence, and for welcoming new members.

Commissioner Alexia Bulahan described her as "one of the kindest hearts I've ever seen."

Adult mentor Paige Lampson commended Murillo Cuevas' attention to detail. Murillo Cuevas previously served as chair, treasurer and fundraising officer.

"I think, Alexa, you're

very articulate and very intelligent, and so you're very self-confident with that," Galt City Councilmember Shawn Farmer said.

Commissioners described Jones as detail-oriented and organized, asking good questions during agenda items. They also

complimented his sports accomplishments and outgoing personality.

Jones served as treasurer this school year and organized lunches with special-education students as part of the commission's participation in Random Acts of Kindness Week. He previously served as sergeant-at-arms.

"I've seen you take a lot of initiative lately and it's really cool. You've been really hard-working," Commissioner Mikey Brixey said.

Adult Mentor Robert King said, "You all exude quiet confidence and that's something I really have enjoyed seeing you develop." King added that

the graduates have learned to support each other and honed their active-listening skills.

Farmer voiced optimism for the three commissioners' future.

"I think all three of you are going to be successful in whatever you do, so good luck to you," Farmer said. ★

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Distracted Driving: Three Things Parents Can Do

UC Davis Health News Release

SACRAMENTO, CA (MPG) - Distracted driving is one of the leading causes of teen death and injury in the United States. The National Highway Traffic Safety Administration reported that 3,308 people were killed in distraction-affected crashes on U.S. roadways, including 193 teens, in 2022.

"Here at UC Davis Medical Center, we treat over 300 young drivers every year who were injured in preventable crashes," said UC Davis Injury Prevention Specialist Jennifer Rubin. "The injuries we treat are

often severe with life-long consequences like brain injury, paralysis, chronic pain, even death. Again, the sad part is that these injuries could have been prevented."

To mark Distracted Driving Awareness Month, we asked Rubin how parents and families can keep their teenage drivers safe behind the wheel.

What types of distractions are causing car crashes? Everyday activities that we don't think are dangerous can be deadly distractions on the road. Music, eating, drinking, texting, and talking to our passengers are some of the most common causes of distraction. As the number

of distractions present in a vehicle goes up, so does the likelihood of being involved in a preventable crash.

Why is getting distracted when you drive so dangerous? Any time you take your eyes off the road or your hands off the wheel, even for a second, you give up control of your car. On average, texting while driving takes your eyes off the road for five seconds. At 55 mph, that's like traveling the length of a football field blindfolded.

People take it for granted that cars are safe or that they're good drivers. But we see first-hand what happens when they lose control in that split second

and how much damage a vehicle can cause.

Is driving distracted more of a problem for teens than older drivers? Distracted driving is dangerous regardless of your age. For teen drivers, the lack of driving experience makes any type of distraction even more dangerous. New drivers are less prepared to make split-second driving decisions that may prevent a collision. When their attention is pulled away from driving, they have even less time to react.

Are all the car crash injuries you treat in teens due to distracted driving? Distractions and inexperience are the most

common causes of teen crashes. But we also see the consequences of reckless driving choices, like speeding, driving while intoxicated and not wearing a seat belt.

There are three things that parents can do to improve the safety of their children as they start driving:

Set a good example. We know children follow their parents' actions more than their words. This goes for teens, too. It's going to be hard for any parent to convince their child not to use a phone while driving if they're doing it themselves.

Talk to your teens about distractions so they

understand it's more than just texting.

Enforce the restrictions of the California provisional license laws. Provisional licenses are special restrictions for new drivers. We've seen a dramatic reduction in teen driving fatalities in states like California that require provisional licenses for new drivers, but parents need to help enforce the rules. The provisional licenses set restrictions on driving teen passengers and driving after 11 p.m. without adult supervision. This is really important because we know that having multiple teen passengers in the car can quadruple the risk of a crash. ★

ABOUT TOWN

Earth Day City Cleanup on April 20

The Galt Beautification Committee and Youth Commission are inviting Galt residents to join a citywide cleanup on April 20, in honor of Earth Day. Participants can work with the committee and commission or clean their own part of the city. Participants are asked to share before and after pictures with the city of Galt.

The committee and commission will meet at 9 a.m. at Café Latte Co. (1000 E. C St., Suite 70).

Daughters of Isabella Spring Tea, April 21

The Daughters of Isabella will be having their annual Spring Tea on April 21, 1-4 p.m., at the Littleton Community Center (410 Civic Drive).

Tickets are \$30 per person (must be at least 11

years old). Door prizes and raffles will be available.

For tickets, contact Betty Pratt at 209-745-4767.

Senior Tech Day With Youth Commission April 25

Galt youth commissioners will help older adults with technology-related problems and questions on April 25, from 11 a.m. to 1 p.m. The Senior Tech Day will take place at the Valley Oaks Grange Hall, 347 Fifth St. Snacks will be provided.

Rotary's Taco de Mayo April 27

Galt Sunrise Rotary will hold its annual Taco de Mayo fundraiser on April 27, from 5-9 p.m., at Littleton Community Center (410 Civic Drive). Dinner will be served at 6 p.m., and it consists of three tacos, rice and beans. Margaritas, beers and raffle prizes will be on offer. Carry-out is available.

Tickets cost \$15 each. To buy tickets, visit galtsunriserotary.com or send payment on Venmo to @galtsunrise. For more information, text 916-662-6915.

Tea at the Rae on May 11

Galt Area Historical Society will host its annual Tea at the Rae on Saturday, May 11, just in time for Mother's Day. The tea is scheduled for 1-3:30 p.m. at the Rae House Museum, 204 Oak Ave., and attendees are encouraged to wear their fancy hats and bring their friends. Seating is limited. Tickets are \$40 each. To buy tickets, visit L'Chayim of Galt or the Barsetti Vineyards tasting room, both at 400 Fourth St.; call Joan Werblun at 209-251-9199; or visit galthistory.com.

Historical Tours Offered Monthly

The Galt Area Historical Society will offer tours

at McFarland Living History Ranch (8898 Orr Road) and the Rae House Museum (204 Oak Ave.), 1-4 p.m., on the following Sundays: May 5, June 2, July 7, Aug. 4, Sept. 1, Oct. 6, Nov. 3 and Dec. 1. Parking is free and donations are accepted. For more information, call 209-730-3127.

American Legion Post 233 Invites Veterans

The Elk Grove American Legion Post 233, established in 1994, invites

veterans to our monthly meetings every 4th Thursday of the month at the Elks Lodge, 9240 Survey Road, Elk Grove.

Our next meeting will be held April 25th, 2024.

Elk Grove American Legion Post 233 invites veterans and their spouses to a dinner/social hour from 6-7 pm. The veterans' general meeting starts at 7 pm.

Veterans' spouses are welcome to join the Elk Grove American Legion Auxiliary Unit 233 that meets in another room

from 7-8 pm in the same location. For questions, please contact Henry at 916-205-9296 C or Sue at 916-683-6128 H.

We also invite veterans and spouses to join us each month on the first Saturday for our Elk Grove American Legion Post 233 Family Social Breakfast.

Our next Saturday breakfast will be held May 4th at 9:00 am at Mimi's Cafe on the corner of Laguna Blvd and W. Stockton Blvd (just off Hwy 99).

We hope to see you there. ★

MEETING MINDERS

Wednesday, April 24

Galt-Arno Cemetery District, 4 p.m., Cemetery Office, 14180 Joy Drive, 209-745-2581.

Thursday, April 25

Lions Club, 6:30 p.m.

social and 7 p.m. meeting, Galt Place, 400 D St., 209-745-5921.

Southeast Area Community Planning Advisory Council, 7 p.m., Hendrickson Hall,

12746 Ivie Road, Herald, 916-568-2800.

Friday, April 26

Galt Sunrise Rotary, 7 a.m., Velvet Grill & Creamery, 400 Fourth St., 209-745-6617. ★

GLANCE BACK

80 Years Ago April 28, 1944

Mr. and Mrs. Leroy Bothman of Billings, Mont., have purchased the business of Mr. and Mrs. Andrew Gross at Twin Cities and will operate a general store, service station and restaurant.

The new owners of the Galt Service Station have three children in the Galt schools - two in the elementary and one in high school.

□□□

Tech. Sgt. 5 Albert E. Trueman, who is stationed at the Oliver General Hospital in Augusta, Ga., was awarded the Good

Conduct Medal April 12 at appropriate ceremonies in the Red Cross auditorium on the Oliver General Post. Cpl. Trueman, who lives in Galt, is a store clerk in the Detachment Mess.

70 Years Ago April 29, 1954

Negotiations for the purchase of the Galt Seventh-day Adventist Church building by the congregation of the First Baptist Church were announced this week by the pastor, Rev. Billie Pate. The Galt Adventist congregation, which has shown considerable growth in recent years, will now proceed with the construction of a new and considerably larger church home to be located on Myrtle Street.

□□□

George Barber, a Sacramento State College social science major from Thornton, has been selected to participate in the college's second formal band concert of the year May 6.

Barber, a freshman, will play clarinet for the program.

60 Years Ago April 23, 1964

Councilman Robert Biederman was named mayor of the city of Galt Tuesday night as the new council formally took office in a meeting at city hall. New councilman Paul Hagen was named vice mayor.

□□□

Galt Junior Chamber of Commerce held its election of officers Tuesday night. Leroy Moon, outgoing state director, was elected president. Outgoing president Malcolm Guscott was elected state director. Other officers are George Wilkerson, first vice president; Ken Miller, second vice president; Shelby Fleming, secretary; Darrell Schock, treasurer; and Keith Miller, Frank Harbert and Roy Schultz, directors.

50 Years Ago April 25, 1974

Dorothea "Todd" Dirks of Galt High School has been named business education teacher of the year by the Stockton chapter

of the Administration Management Society April 17. Mrs. Dirks, now completing her 17th year of service on the Galt High School campus, has organized many innovations in the field of business education.

□□□

Renee Mendonca of Galt was officially crowned 1974 Queen of the California Shorthorn Breeders Association at the Junior Grand National at the Cow Palace in San Francisco.

40 Years Ago April 19, 1984

A new mayor for the city of Galt was elected Tuesday night when the

City Council selected Don Prachar to follow in the footsteps of outgoing Mayor Marian Lawrence as the leader of the city's decision makers. Prachar was elected to the council in 1982.

□□□

Jeff Fox and Kevin Harcourt of the Galt Fire Department tested their speed and skill in preparation of dyeing 365 dozen (4,380) eggs for the annual Easter Egg Hunt on Sunday, April 22. Sponsored by the Galt Firemen's Association, the event will be held at Galt Middle School. Donations may be brought to the Fifth Street firehouse. ★



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COMMUNITY BRIEFS

Meals on Wheels Cafe Accepting Older Adults

Meals on Wheels is accepting new participants in its Galt All Seasons Café located in the Chabolla Community Center, 600 Chabolla Ave. The café is open at 11:30 a.m. Mondays through Fridays for adults ages 60 and older. Those interested can apply at the Chabolla Center when meals are being served or they can call 916-444-9533.

Senior Bingo Weekly at Chabolla

The Galt Commission on Aging hosts Senior Bingo games at the Chabolla Community Center at 600 Chabolla Ave. from 1 to 3 p.m. Mondays (except holidays and when required by the city). Seniors of Galt and its immediate vicinity are cordially invited to have fun and play bingo together, socialize and possibly make new friends. Attendance is free.

Free Compost for Galt Residents

The city of Galt offers

free compost to Galt residents. The compost is for residential use only, available Thursdays through Mondays at the Caroline Avenue parking lot, which is across the street from Galt-Marian O. Lawrence Library. Those interested are asked to bring their own shovels, gloves and buckets. In addition, no mechanical loading is allowed; all loading must be done manually. There is a limit of five six-gallon buckets per load and one load per week per household. For more information on the program and the benefits of compost, visit the city website at bit.ly/43lySAI (case sensitive).

Volunteers Sought for Senior Resource Center

The Commission on Aging wants volunteers to staff the Galt Senior Resource Center, which opened its doors in April. The commission needs volunteers who can operate a computer and are willing to answer questions from seniors in person, over the

phone, on social media and by email.

Volunteer slots are available in two-hour increments for up to four hours from 10 a.m. to 2 p.m. Mondays through Thursdays, excluding holidays. Volunteers will be trained and can contact commission members if questions arise.

The resource center is at the Chabolla Community Center, 600 Chabolla Ave. If interested in helping, call 209-294-3308 and leave a message or inquire in person.

Cosumnes DAR Chapter Accepting New Members

The Daughters of the American Revolution (DAR) recently started its Rio Cosumnes Chapter in the Elk Grove/Galt community and is accepting new members.

The nonprofit, non-political volunteer women's service organization is dedicated to promoting patriotism, preserving American history and securing America's future through better

education for children. Members are all lineal descendants of those who supported the cause of independence in the Revolutionary War.

For more information on the Rio Cosumnes Chapter's monthly meetings or membership, contact Registrar Paula Schroeder at egdarregistrar@gmail.com.

Library Offers Older Adults Computer Time

In cooperation with the Galt Commission on Aging, the Galt-Marian O. Lawrence Library will schedule a set time for older adults to use its computers upon request. Those 65 and older who wish to request computer time can call the library at 916-264-2920. Staff will help set up the computer or tablet. The library is open from 10 a.m. to 6 p.m. Tuesdays through Saturdays at 1000 Caroline Ave.

City After-Hours Assistance

After-hours assistance is available at the

Galt Public Works and Parks and Recreation departments. For Public Works concerns, call the Galt Police Department nonemergency line at 209-366-7000. The Parks Maintenance Division is available for scheduled field or facility use assistance only from 4 to 10 p.m. Mondays to Fridays and from 7 a.m. to 10 p.m. Saturdays and Sundays. Call 209-810-0293.

Recycle Household Batteries

City of Galt residents can recycle their household batteries in one of two green household-battery recycling bins: on the west side at the front entrance to the Galt Police Department or on the east side at Galt Community Park, just west of the fire station. The green bin is only for dry-cell household batteries.

For additional information, call the Public Works Department at 209-366-7260.

Square Dance Classes on Mondays

The Diamond Dancers

Square Dance Club hosts social square-dancing classes in Galt. The classes are open to everyone from 6:30 to 8 p.m. Mondays at the Valley Oaks Grange Hall.

The classes are formatted for flexibility and students can learn numerous square dance calls in about three months. The Valley Oaks Grange Hall is at 347 Fifth St. For more information, call Sue Regadanz at 916-835-8916.

Office Hours With Mayor Sandhu

Galt Mayor Paul Sandhu opened his office hours to meet one-on-one with residents of Galt. On the first and second Thursday of each month, residents can discuss issues important to them. Meetings are at Galt City Hall (380 Civic Drive). They are 30 minutes each and by appointment only. To schedule an appointment, contact the city clerk's office at 209-366-7130, extension 7, or clerk@city-ofgalt.org. ★

POLICE LOGS

From April 5 to April 11, Galt Police received and responded to a variety of calls, resulting in 12 arrests.

Friday, April 5

12:52 p.m., hit-and-run/non-injury at Marengo Road/Walnut Avenue.
1:33 p.m., narcotics violation/adult arrested at Impact Sports Center on Twin Cities Road.
2:17 p.m., court order violation/adult arrested on Brodie Drive.
6:40 p.m., hit-and-run/non-injury at Tequileros Taqueria on Carol Drive.

Saturday, April 6

9:08 a.m., vehicle collision/injury at Fairway Drive/A Street.

10:06 a.m., stolen vehicle reported on Plains Court.
1:29 p.m., theft reported on Myrtle Avenue.
2:02 p.m., court order violation/adult arrested on Brodie Drive.

Sunday, April 7

10:30 a.m., theft reported at Marengo Ranch Elementary School on Elk Hills Drive; package taken from front desk.
1:29 p.m., narcotics violation/adult arrested at C Street/Third Street.
3:13 p.m., vandalism reported on Retriever Way; padlock cut from utility vehicle, paint damaged.
4:43 p.m., stolen vehicle recovered at Creekside Way/Kandy Street.

Monday, April 8

3:49 a.m., robbery reported at Savemart Supermarkets on C Street.
9:55 a.m., battery reported on Bay Shore Drive.
2:42 p.m., hit-and-run reported at Carl's Jr. on C Street.
3:52 p.m., missing adult reported on Camellia Way.
9:01 p.m., attempt to serve warrant/adult arrested at Amador Avenue/Carol Drive.

Tuesday, April 9

8:42 a.m., burglary reported on Camellia Way; items stolen from garage.
9:40 a.m., battery reported on Polar Bear Circle.
10:58 a.m., fraud reported at Century

Oak Apartments on Caroline Avenue.

Wednesday, April 10

11:41 a.m., burglary reported at Taco Bell on C Street.
3:23 p.m., assault with deadly weapon/adult arrested on Lake Park Avenue.
8:30 p.m., narcotics violation/adult arrested at Twin Cities Road/Carillon Boulevard.

Thursday, April 11

8:57 a.m., fraud reported on Camellia Way.
10:17 a.m., stolen vehicle reported at Enterprise Court/Industrial Drive.
1:31 p.m., narcotics violation/adult arrested on Twin Cities Road. ★

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The Galt Herald

Serving Galt and Sacramento County since 1901

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Subscriptions should be mailed to The Galt Herald, 217 Fourth Street, Galt, CA 95632. Subscription rate is \$52 per year within Galt, \$62 within Sacramento County.

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Californians Get Hacked All the Time



Audits have found that California state agencies are unprepared for cyber attacks. The state's top cybersecurity post has been empty for some time. Image by Nikita Belokhonov - Pexels

By Khari Johnson
CALMatters.org

You might think the home of Silicon Valley would rush to hire a cybersecurity chief, but you'd be wrong: California has left its top cybersecurity post vacant for nearly two years.

A spokesperson said there is no current timeline for Gov. Gavin Newsom to appoint anyone for the position, commander for the Cybersecurity Integration Center.

"We are a target," as a tech industry leader, the most populous state in the country, one of the busiest ports in the world, and the fifth largest economy in the world, said former cybersecurity integration center commander Jonathan Nunez in a video posted to YouTube two years ago. He took the helm in June 2020 and was the last commander appointed by Newsom, leaving the position in June 2022.

State officials say the vacancy hasn't hampered the state's ability to respond to threats, but experts outside the state government are concerned that an acting commander is spread thin.

The commander job entails assisting law enforcement agencies with criminal investigations and safeguarding California's economy and critical infrastructure. Other job duties include maintaining a security operation center that disseminates actionable information to all state entities, forming public and private partnerships, and developing state cybersecurity strategy. The commander is paid a salary of up to \$187,000 a year.

The challenge of a position like cybersecurity commander is it's not a matter of public or media interest until something goes wrong, said Dan Schnur, a former spokesperson for Gov. Pete Wilson who now teaches political communication at

the University of Southern California and University of California, Berkeley. There's no set timeline for appointments and depends almost entirely upon the urgency to fill the job and quality of applicants, but in his experience, taking more than a year to appoint is an unusually long amount of time.

"Either they're going through a painstaking process to pick the right person or it slipped through the cracks and there's no way to know which of the two it is," he said. "Unless you find a unicorn who's willing to forego that kind of financial compensation in exchange for public service, you're already starting out with a compromise."

There have been four full-time commanders prior to the current acting

Tresh previously served as chief information security officer for the states of California and Idaho and was the first Cybersecurity Integration Center commander. He said he jumped at the opportunity because the job acts as a second set of eyes for public institutions like city and county governments, not just the state of California.

"We helped school districts and regional transit authorities when they had breaches," he said. "That's why I think it's absolutely a perfect position to continue on."

Cyber attacks on public institutions like local governments, hospitals, and school districts are on the rise. Hospitals and health care providers are still

and report incidents and helps restore operations after an attack. Director Liana Bailey-Crimmins told CalMatters in an interview in February that her agency works closely with the office of emergency services to address the needs of the state as they fill key positions so they never miss a step.

A spokesperson for the governor's Office of Emergency Services said Osborne is serving as acting commander while the governor carries out a nationwide search for a qualified candidate.

Over the course of the past month CalMatters repeatedly asked

details

about data breach reports and compliance with additional duties assigned to the commander and cybersecurity integration center by a five-year cybersecurity plan approved in 2021 but received no comment.

The last time the state compiled a report detailing the kinds of data breaches, number of records compromised, and number of Californians affected in cyber attacks was back in 2016, before the cybersecurity integration center existed.

CalMatters reached out to the office of Attorney General Rob Bonta for the latest data breach report. The attorney general's office referred CalMatters to the cybersecurity center, which did not share new information but said it would post new data publicly later "this spring."

After audits found that

state agencies were woefully unprepared for cyber attacks, California Assemblymember Jacqui Irwin, a Democrat from Thousand Oaks, coauthored a 2018 law that made the Cybersecurity Integration Center a permanent state agency and required development of a state cybersecurity strategy. Irwin, who is also chairperson of the Assembly cybersecurity committee, told CalMatters in a statement that finding a new commander has not been easy.

"The state has struggled to recruit and retain cybersecurity specialists, just as many businesses have, with their skill set in high-demand," she said.

Competition with private sector

Former state cybersecurity employees told CalMatters they think it's difficult for the cybersecurity center to keep commanders because the pay is less than for similar jobs in the private sector. State employees may treat an acting commander — who will be in the job temporarily — differently than a commander appointed by Newsom.

A former cybersecurity center employee who spoke to CalMatters on background for fear of professional reprisals said the biggest issue with the position is lack of real authority; the commander has limited capacity to act and hold people accountable.

Public agencies, especially in California, are major targets for

cybercriminals seeking confidential information or just want to cause panic, said Steven Ward, a cybersecurity fellow at center-right think tank R Street Institute and former digital forensics examiner for law enforcement agencies in Sacramento.

Ward said the vacancy is reflective of a number of trends: First, the cybersecurity threat landscape moves quickly, and public agencies move slowly. Second, it mirrors a larger cybersecurity workforce shortage. California has the second-highest in the U.S., according to a 2022 report by the nonprofit International Information System Security Certification Consortium.

Third, public agencies can't compete with pay and benefits offered by private companies. Another 2022 study found that the private sector pays 14% more than government agencies. The pay gap creates a situation in which entry-level employees are responsible for guarding highly sensitive systems. It's hard to say what the consequences of the vacancy are, but since the center develops the state cybersecurity strategy and is a hub for sharing attack threat information and how to patch vulnerabilities, Ward said he's worried that the acting director might be spread too thin.

"It definitely needs to be filled," he said. "It's important that this type of work continues without interruptions."

Khari Johnson is CalMatters' first tech reporter. He previously covered artificial intelligence use by businesses and governments as a senior writer for WIRED and VentureBeat with an emphasis on policy, human rights abuses and telling the stories of people demanding accountability after being harmed by automation. ★

HACKED

Gardner is County's New Inspector General

Sacramento County News Release

SACRAMENTO COUNTY, CA (MPG) - The Sacramento County Board of Supervisors voted unanimously on March 26 to approve the selection of Kevin Gardner as the county's new inspector general and authorized the county executive to sign a contract with Gardner, effective April 2.



Kevin Gardner, Sacramento County's new inspector general. Courtesy photo

The nationwide search commenced with two collaborative interview panels that were convened for the Inspector General search. One panel was comprised of members appointed by the Community Review Commission, as well as representatives from both the Law Enforcement Management Association (LEMA) and the Sacramento County Deputy Sheriff's Association (SCDSA).

The second panel included the Chair of the Board of Supervisors, the Sheriff, and representatives from LEMA and SCDSA.

All panel representatives supported moving forward with recommending Gardner's appointment.

Gardner has 31 years of sworn law enforcement experience,

including service with the City of Vacaville and City of Sacramento police departments.

During his time with the City of Sacramento, Gardner rose through the ranks, ultimately becoming an Acting Deputy Chief.

Beginning in 2017, Gardner served two years as the Chief of the Division of Law Enforcement for the California Department of Justice, Office of the Attorney General.

Most recently, he served as the Interim Director for the City of Sacramento's Office of Public Safety Accountability.

Gardner has a bachelor's degree in administration of justice from Union Institute and University and a master's degree in leadership from Saint

Mary's College.

The Office of the Inspector General was created to facilitate the Board of Supervisors' responsibility to oversee without interfering with the Sheriff's investigation of personnel deployment functions.

The Inspector General ensures the integrity of the citizen complaint process and the thoroughness and fairness of related Sheriff's Office investigations, while fostering positive relations with the community.

The Community Review Commission acts in a supporting role to the Office of Inspector General and acts as a conduit between the community and the Office of Inspector General.

The Inspector General works independently on items detailed in the scope of services. The Inspector General will present recommendations relating to these examinations to the Board of Supervisors, County Executive and the Sheriff.

The Office of the Inspector General is a contract position. The contract will be effective through March 31, 2026, with the option to renew for one additional two-year term. ★



Dozens of Sacramento County Department of Child, Family and Adult Services staff planted pinwheels outside the department's buildings April 9 to create awareness about child abuse prevention. Photo courtesy of Sacramento County

Pinwheels Planted for Child Abuse Prevention Month

Sacramento County News Release

SACRAMENTO COUNTY, CA (MPG) - Sacramento County recognizes April as National Child Abuse Prevention Month. This year, the Sacramento County Department of Child, Family and Adult Services (DCFAS) spread awareness about child abuse prevention by planting pinwheels outside of all the county Department of Child, Family and Adult Services buildings. The pinwheel symbolizes childhood innocence and joy.

The pinwheels will remain planted throughout April as part of an effort to continue to raise awareness about preventing child abuse and neglect.

The pinwheel plantings took place on April 9, with dozens of workers participating at each building.

"Together, we can all raise awareness for child abuse prevention," said Child Protective Services Deputy Director Melissa Lloyd.

The recognition month also serves as a reminder that everyone can work together to keep children in the community safe.

The Department of Child, Family and Adult Services offers five tips that residents can do to help prevent child abuse and neglect.

The first two tips are to be a friend to a parent you know and offer support when needed, and to be a friend to a child you know and show you care

about their interests and well-being.

The third tip is to talk to neighbors about looking out for one another and the children where you live.

The fourth and fifth tips are to donate items to families in need to alleviate financial stress, and to volunteer your time and resources for programs supporting children and families in your community.

To learn more about Sacramento County's dedication to preventing child abuse, visit the Child Protective Services webpage at dcfas.saccounty.net. Call the 24-hour Child Abuse Hotline at 916-875-5437 to report child abuse in Sacramento County and call 9-1-1 in case of an emergency. ★

UC Davis Health Successfully Implants New System to Repair Leaky Heart Valve

UC Davis Health News Release

SACRAMENTO, CA (MPG) - UC Davis Health cardiology team members are among the first in the country to treat patients with tricuspid regurgitation, or a leaky heart valve, by using a groundbreaking catheter.

The minimally invasive procedure, a transcatheter edge-to-edge repair (TEER), is made possible with a new medical device called the Abbott TriClip™ system.

UC Davis Medical Center is one of the first sites nationwide to have

commercial access to TriClip and is the first hospital in Western United States to utilize the system since it was approved by the U.S. Food and Drug Administration (FDA) last week. UC Davis also hosted clinical trials for the procedure in 2023.

"We are excited to offer our patients this novel treatment that offers meaningful improvement in quality of life without the high procedural risk often associated with tricuspid surgery," said Gagan D. Singh, associate professor of cardiovascular medicine and the surgeon who

performed the first procedure at UC Davis Medical Center.

Tricuspid regurgitation is a condition in which the tricuspid valve of the heart fails to close completely. This can allow blood to leak backward into the atrium from the tricuspid valve, causing the patient's heart to pump harder to move blood through the valve.

Tricuspid regurgitation affects an estimated 1.6 million Americans. Symptoms include active pulsing in the neck veins, enlarged liver, fatigue and swelling throughout the

body.

Current nonsurgical treatments include diuretics (medicines that help remove excess fluid and salt) and drugs aimed at easing symptoms. Left untreated, tricuspid regurgitation can lead to atrial fibrillation, heart failure, kidney disease and even death.

"Severe tricuspid regurgitation is a debilitating condition that is associated with substantial morbidity," said Jason H. Rogers, professor of cardiovascular medicine. "Patients with tricuspid regurgitation are extremely high risk for any

type of surgical intervention, so historically they have just been monitored and treated with diuretics."

The human heart has four valves, and if any of them leak, there is no universal way to repair them. For example, the mitral valve can be repaired with a catheter-based system. But the same catheter can't be used on the tricuspid valve due to the valve's location, thinness and variability.

The new system is designed specifically for the tricuspid valve's position, location and shape. With the patient under

general anesthesia, the device is delivered to the heart through a catheter, starting in the groin and guided by X-ray and ultrasound. Once in place, the clip brings together portions of the leaflets (flaps of the valve), improving the seal and reducing the leaking.

The device was tested for its safety and clinical efficacy as part of the TRILUMINATE Pivotal trial. UC Davis Health was one of the sites with the highest enrollment rates in the national trial. ★

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NOTICE OF PUBLIC HEARING

ON THE RESOLUTION DECLARING INTENTION TO ANNEX TERRITORY COSUMNES COMMUNITY SERVICES DISTRICT COMMUNITY FACILITIES DISTRICT NO. 1 (ELK GROVE FIRE PROTECTION)

NOTICE IS HEREBY GIVEN that pursuant to California Government Code Section 53322, the Board will hold a public hearing at 5:00 p.m. on Wednesday May 1, 2024, at the meeting place of the Board, 8820 Elk Grove Blvd, Elk Grove, California, to consider:

- A. A summary of the text of Resolution 2024-04 A RESOLUTION OF THE BOARD OF DIRECTORS OF THE COSUMNES COMMUNITY SERVICES DISTRICT DECLARING INTENTION TO ANNEX TERRITORY TO COMMUNITY FACILITIES DISTRICT NO. 1 AND TO AUTHORIZE THE LEVY OF THE SPECIAL TAX THEREIN is as follows:

The Board has conducted proceedings to establish Community Facilities District No. 1 (Elk Grove Fire Protection) (the "CFD") pursuant to the Mello-Roos Community Facilities Act of 1982, as amended (the "Act"), Chapter 2.5 of Part 1 of Division 2 of Title 5, commencing at Section 53311, of the California Government Code and The Board hereby finds and determines that public convenience and necessity require that territory be added to the CFD. The name of the existing CFD is "Cosumnes Community Services District Community Facilities District No. 1 (Elk Grove Fire Protection)." The territory included in the existing CFD is set forth in the map of the CFD recorded in the office of the County Recorder of the County of Sacramento in Book 116 at Page 1580 of Maps of Assessment and Community Facilities Districts, to which map reference is hereby made. The territory now proposed to be annexed to the CFD is as shown on Annexation Map No. 50 to the CFD, on file with the Clerk of the Board ("Board Clerk"). The services and facilities to be financed by the CFD (the "Services and Facilities") and pursuant to the Act are described in Exhibit A of Resolution No. 2012-25 of the District, adopted on June 6, 2012 (the "Resolution of Formation") which is incorporated herein by reference. The proposed boundaries of the Community Facilities District No. 1 Annexation No. 50 are on file with Nou Vang, Cosumnes Community Services District, 8820 Elk Grove Blvd., Elk Grove, California, and are available for review there during business hours by any interested persons.

On Wednesday, May 1, 2024, at the meeting place of the Board, 8820 Elk Grove Blvd., Elk Grove, California, this Board, as legislative body for the CFD, will conduct a public hearing on the annexation of the territory to the CFD and consider and finally determine whether the public interest, convenience and necessity require the annexation of the Property to the CFD and the levy of the Special Tax thereon.

At the public hearing, the testimony of all interested persons or taxpayers for or against the proposed annexation will be heard. If owners of one-half or more of the area of land in the existing CFD and not exempt from the Special Tax, or if the owners of one-half or more of the area of land in the territory proposed to be annexed and not exempt from the Special Tax, file written protests against the proposed annexation, and protests are not withdrawn so as to reduce the protests to less than a majority, no further proceedings to annex the same territory shall be undertaken for a period of one year from the date of the decision of the District Board on the issues discussed at the hearing.

The Galt Herald 4-19 and 4-26-2024

NOTICE OF BID

Notice is hereby given that the Galt Joint Union High School District (GJUHS) Food Service Department, in Galt, CA will receive a sealed "BID #24-25-01" "BID #24-25-02" and Bid #24-25-03 to procure the following:

**Food Supplies & Paper Goods
Milk / Produce**

Sealed BIDS, can be sent electronically to mgraham@ghsd.k12.ca.us or delivered to GJUHS at: 150 Camellia Way, Galt, CA 95632, no later than 4:00 pm on Wednesday, May 17, 2024. Companies interested in submitting a Proposal may request documents from Mina Graham at 209-744-5301.

The Agency's Board of Education reserves the right to reject any and all BIDS.

No bidder may withdraw their BID for a period of ninety (90) days after the date set for the opening of BIDS. Refer to the formal RFP documents and specifications for additional information, terms and conditions.

Mina Graham
209-744-5301
Galt Joint Union High School District
Director of Food Services

The Galt Herald 4-19 and 4-26-2024

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Garlic Not Just for Repelling Vampires

According to the "There Is a Day for That!" website, National Garlic Day, April 19, celebrates the holy grail of cooking ingredients.

In addition to peppering up almost any meal, garlic is one of the healthiest foods on Earth, with many healing properties: It has cholesterol-lowering, anticoagulant, antioxidant, antiviral, antimicrobial and anticancer properties, and it really helps to fight the common cold.

Garlic is one of the oldest food flavorings and one of the first herbs to be cultivated. Archaeological records show that this seasoning plant was used even in Neolithic times, more than 7,000 years ago.

The first ancient civilization that truly incorporated garlic into its diet was Egypt. In the third millennium B.C., garlic was used not only by nobility but also in medicine and religious rituals, and it was given to the slaves as a powerful source of strength. The Egyptians revered garlic

so much they used to worship garlic as a god and used it as currency. Similarly, the Greeks used to believe that garlic could give strength to athletes and warriors, as well as keep the evil eye away and protect maidens from evil nymphs.

Today, garlic is a common household item across the world as a popular additive to almost any meal. Go to any restaurant, and you can find garlic bread beside pasta dishes, minced garlic added to salsa, full cloves of garlic mixed into Alfredo sauce, and much more. When it comes to using garlic in cooking, the opportunities are endless.

In addition to cooking, garlic also has many beneficial health properties. According to healthline.com, garlic contains magnesium, vitamin B6, vitamin C, selenium, fiber, calcium, copper and more.

In addition to only having 4.5 calories per clove, garlic is well-known for boosting your immune system, allowing you to help fight off the common cold. Additionally, it can help reduce your blood pressure, improve cholesterol levels and improve bone health.

Garlic is very easy to grow. It doesn't take a green thumb. Stick a clove (or several) of garlic (point up) in some moist soil, about 2 inches apart and 2 inches deep, in the partial shade in your garden. Water regularly and before you know it, green sprouts turn into strong green stems. In about seven to nine months, you have bulbs of garlic.

I am a big fan of garlic; it is a staple in our kitchen — raw is best, but powdered

and granulated work in a pinch. So, how to celebrate Garlic Day? Invite friends over and plan a menu focused on garlic dishes. Or you can have a potluck and ask each of your guests to bring their favorite dish with garlic as the star ingredient. It's Friday! How about having a "garlic gathering" tonight?

Some of you asked, "What is a random school break"? In order for some staff to get credit and pay for the school year they need to work a certain number of days, including at least one day in June. And in order to have the first semester end before Christmas vacation, schools started in August. That leaves a longer second semester. So, since there were no holidays in April, the calendar committee decided April 25 and 26 would be a good time to take a break in order to reach the goal of working at least one day in June to satisfy the legalities of work credit.

Until next week — Be strong, be courageous, make a memory. . ★

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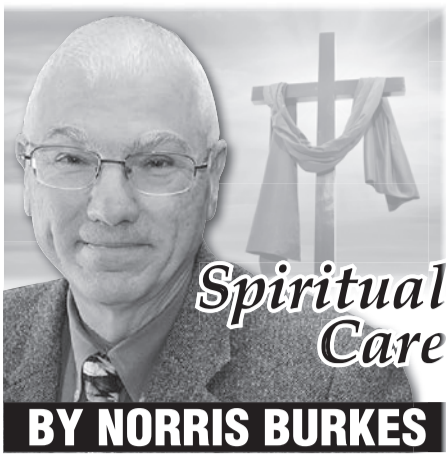
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Lost in The Translation

with a no-nonsense approach and didn't fancy interruptions. Nevertheless, I asked her to suggest which patients might need to see a chaplain.

Grace shot me a look over the top of her glasses. She didn't see her job as bird-dogging problem-patients for me.

"How about bed number two," she suggested. Her voice was baited with East Coast sarcasm, but I bit nevertheless.

"Why, what's going on?"

"Oh, nothing really," she said, her volume increasing. "Nothing except for a bill passing two million and their religious family is calling us 'liars.'"

"That actually makes some sense," I said.

Grace slapped the chart down. None of it made sense to her.

"Give me a few minutes and I'll come back to say more."

Having her undivided but somewhat undesired attention, I retreated into the patient's room to find a 75-year-old man, suffering from a massive stroke and nearly brain-dead. Now, sixty days after admission, he was on a ventilator and radiated a nauseous aroma from multiple bedsores.

His daughters greeted me with suspicion, but when I offered a prayer, they instantly raised their open-palmed hands and began shouting a prayer something like this:

"God, we believe you've already healed our father! These doctors are liars. Our

father will walk again because Romans 3:4 says, 'Let God be true but every man a liar!'"

It's a bit disconcerting to hear people quote the Bible back to God. It's as if they found a contractual loophole that forces God to act as they say.

Nonetheless, I quickly recognized their prayers were coming from "Word of Faith" theology. So after the final amen, I excused myself to the nurses' station. Grace had obviously overheard the prayer because she was fit with her best told-you-so expression.

"I don't think they are literally calling you liars," I said.

Grace leaned forward, so I offered more.

"They come from a faith tradition better known by the less flattering terms of 'name-it-and-claim-it' or 'Prosperity Gospel.' It's a Pentecostal-like group that believes a miracle only has a chance to work when believers publicly proclaim the desired outcome to be true; despite it being obvious to all others that it isn't true.

"Just think of it as a coarse expression of Norman Vincent Peale's Positive Thinking," I said. "The word 'liar' is a faith expression."

With Grace starting to see the connection, I offered a translation. "I know it's like trying to buy a yacht by telling the salesman, 'I'm a millionaire who's waiting for my lotto check to clear the bank,' but

they are sincere in their expression."

"So what do I do?" she asked. Like most supervisors, she appreciated solutions, not problems.

"If you'll listen to the daughters, and not react or take it personally, I think they'll be ready to disconnect life support in a few more days."

When Grace relayed my translation to the nursing staff, they began responding to the daughters with a new understanding. And once they realized that faith finds translation in all different kinds of words and rituals, they were able to obtain consent to remove the patient from life support.

Three days after my translation, the daughters held hands, prayed and watched their father go home to his final miracle.

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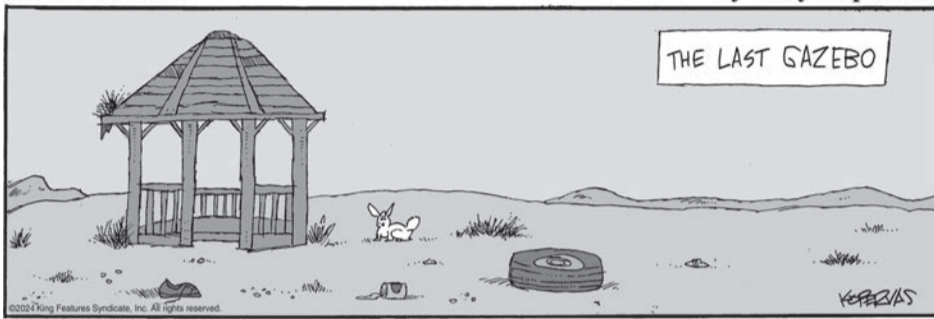
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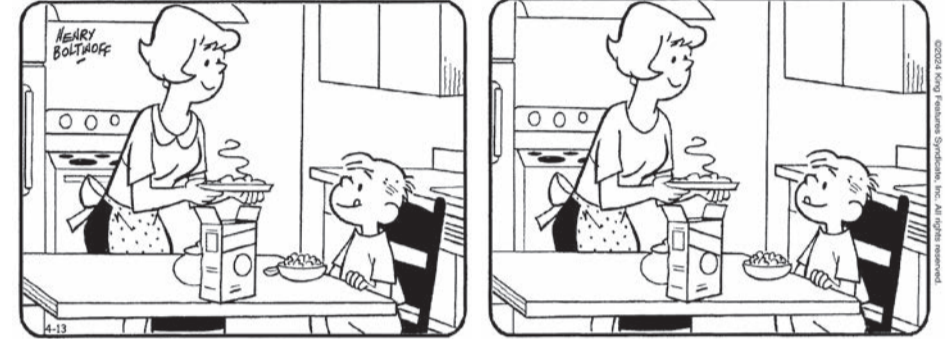


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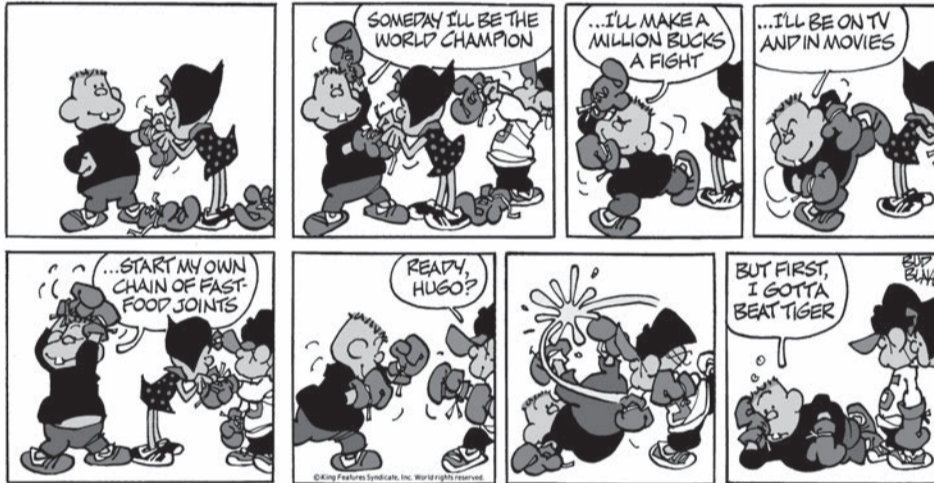
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LOCAL SPORTS → COVERAGE

PRESENTED BY THE GALT HERALD

Swim Championships Around the Corner

By Paige Lampson
Sports Editor

GALT, CA (MPG) - The Galt Warriors and Liberty Ranch Hawks celebrated their senior nights together in a friendly cross-town competition swim meet last week.

The Hawk swim team is about twice as large as the Warrior team, so they had the advantage and the Liberty Men won the day 109-43.

The Galt Women, on the other hand, swam well and secured the win 90-74.

Liberty head coach Kalah Westlynn says she has seen a lot of improvement this season. "This season has been so exciting watching the kids build new friendships and become better swimmers," said Westlynn. "They have shown a lot of personal growth and I am excited to see what they do this week at Championships."

Women's Results

200 Medley - Margherita Pergolesi, Arianna Kotko, Savannah Westlynn, Haley Smith (Liberty)

200 Free
1st Quarisa (Galt)
2nd Brum (Galt)
3rd Avalos (Liberty)

200IM
1st Westlynn (Liberty)
2nd Brouwer (Galt)
3rd Maple (Galt)

50 FREE
1st McDonald (Galt)
2nd Smith (Liberty)
3rd Jackson (Galt)

100 FLY
1st Brouwer (Galt)
2nd Quarisa (Galt)
3rd Pergolesi (Liberty)

100 FREE
1st Granados (Galt)
2nd Kotko (Liberty)
3rd Maple (Galt)

500 FREE
1st Westlynn (Liberty)
2nd McDonald (Galt)
3rd Ipson (Galt)

200 FREE Relay
1st Quarisa, Maple, Jackson, Brum (Galt)

100 BACK
1st Pergolesi (Liberty)
2nd Ipson (Galt)
3rd Kennedy (Liberty)

100 BREAST
1st Katko (Liberty)
2nd Granados (Galt)
3rd Jackson

400 FREE Relay
Ipson, Brouwer, McDonald, Granados (Galt)

Men's Results
200 Medley - Adam Behrmann, Jackson Lagana, Luke Ortega, Flynn Rausser (Liberty)

200 FREE
1st Bussman (Liberty)
2nd Rose (Liberty)
3rd A Ortega (Liberty)

200 IM
1st L Ortega (Liberty)
2nd Interiano (Galt)
3rd Chua (Liberty)

50 FREE
1st McDonald (Galt)
2nd Lagana (Liberty)
3rd Landin Espinosa (Liberty)

100 FLY
1st Luke Ortega (Liberty)
2nd Landin Espinosa (Liberty)
3rd Lukas Espinosa (Liberty)

100 FREE
1st Behrmann (Liberty)
2nd Lopez-Herrera (Liberty)
3rd Alvarado (Galt)

500 FREE
1st Rose (Galt)
2nd Rausser (Liberty)
3rd Lagana (Liberty)

200 FREE Relay
1st Landin Espinosa, Alec Ortega, Lukas Espinosa, Mason Bussman (Liberty)

100 BACK
1st Bussman (Liberty)
2nd Lukas Espinosa (Liberty)
3rd Alvarado (Galt)



Liberty Ranch's Savannah Westlynn competes against Galt in the 200 Medley Relay. Photos by Paige Lampson



Galt's Madison McDonald makes up some time in the 200 Medley Relay.



Galt vs Liberty Ranch boys begin the 200 Medley Relay.



The boys battle in the breaststroke.

100 BREAST
1st McDonald (Galt)
2nd Rausser (Liberty)
3rd Behrmann (Liberty)

400 FREE Relay
1st Adam Behrmann, Flynn Rausser, Jackson Lagana, Luke Ortega (Liberty)



Liberty Ranch's Luke Ortega comes in first in the Boys 100 Fly.



The boys dive off the platform at the beginning of the 50 Free.



The girls take off for the 50 Free.



Galt High celebrates one senior swimmer, Victoria Granados.



Hawk Head coach Kalah Westlynn celebrates seniors Drew Amrine, Margherita Pergolesi, Savannah Westlynn and Luke Ortega.

Jr. Hawk Wrestlers Score Big at Tourney

By Gina Lintern
Special to the Herald

FAIR OAKS, CA (MPG) - Galt Jr. Hawks Wrestling Club had a great showing this past weekend. Six wrestlers competed at the SAWA Bronco Spring Tournament at Bella Vista High School in Fair Oaks.

In the Bantam weight class, Wesley Hernandez and Bryce Dodson wrestled in Freestyle. Wesley battled back from an injury in round 2 to secure a win by tech fall in his third match. Westley placed third in the bracket and scored a total of 8.5 points for the team. Wesley also wrestled in the Greco class for the first time. He performed amazingly and clutched a second-place finish for the Hawks. Bryce had great matches and wrestled hard, securing a fourth-place finish. Bryce scored 4 points for the team.

Samuel Hernandez wrestled in the Novice bracket for Freestyle. Samuel won by tech fall over his first opponent and won by fall halfway into the first round in his second match. He was able to claim 13.5 points for the team and secure a second-place finish. Samuel also wrestled in the Greco class and put

forth a great effort, collecting a third-place finish.

Dylan Dodson wrestled in the Novice bracket for Freestyle. While being a first-year wrestler, Dylan showed great heart and fought with determination to secure a third-place finish in his bracket.

Terra Thornburgh wrestled in both the Intermediate Folkstyle Girls bracket as well as the Novice Freestyle Girls bracket. Terra is a first-year wrestler and showed amazing heart, fighting hard in each one of her matches. In her third match of the Freestyle bracket, she was able to get her first take-down of the year. Terra was able to claim a fourth-place medal and 4 points for the Hawks in the Freestyle bracket and a second-place medal in the Folkstyle bracket.

In the School B/G Folkstyle bracket, Ethan Fluty claimed a third-place finish. In his first match he was able to win by fall in under a minute. He took the win in the first round in his second match as well. Ethan was able to claim 9 points for the Hawks.

On March 30, six Jr. Hawk wrestlers competed at the MDWA Rumble in the Den at Edna



These Jr. Hawks are ready to wrestle in Fair Oaks. Courtesy photos

Hill Middle School in Brentwood.

In the 8U Freestyle class, there were four astounding athletes. Beckham Krudop wrestled in the 47-49 weight class. Beckham placed second after hard-fought matches and pinning his second opponent in the first round. He was able to earn 4 points for the Jr. Hawks. Nathan Herring and Wesley Hernandez wrestled in the 44-51 weight class. Nathan wrestled with all his heart to claim a fourth-place finish and earn 5.5 points for the Jr. Hawks. Wesley won two of his three matches and brought a whopping 14 points in for the Hawks. In the 40-45 weight class, Liam Elliott showed up to

win. Liam placed first in his weight class after winning two matches by fall in the first round and his third match by tech fall. Liam brought home an astounding 19.5 points for the Jr. Hawks.

Braxton Krudop wrestled in the 10U Freestyle 79-84 class. Braxton claimed first place by his hard-fought matches. He won by fall in two of his matches and by tech fall in one of them. He was able to claim an amazing 19.5 points for the Jr. Hawks. Samuel Hernandez wrestled in the 12U 88-93 class. Samuel won by fall over two of his four opponents and by tech fall over the other two. He was able



Samuel Hernandez locks onto his opponent's neck.



Ethan Fluty has his hand raised in victory.

to claim 17 points for the team and secure an amazing first-place finish.

Wesley Hernandez and Samuel Hernandez competed in the Greco class. Wesley snatched a second-place finish and

Samuel claimed a third-place medal.

For more club information, or to come and try out wrestling, contact coach Jose Hernandez at 209-200-7317.

LOCAL SPORTS → COVERAGE

PRESENTED BY THE GALT HERALD

Hawk STUNT hosts Liberty High School



Liberty Ranch High School competes against Liberty High School with arabesques.

By Paige Lampson
Sports Editor

GALT, CA (MPG) - After locking in the league championship last week by beating Galt and Union Mine, the Liberty Ranch STUNT hosted Liberty High School and played them twice last Friday night.

While the Hawks lost the two games 10-22 and 10-23, head coach Barbara Welch thought it was important for her squad to face a challenging opponent.

"We are preparing for section championships next week," said Welch. "The girls needed some good competition to help prepare for that. The team fought hard and was able to compete at those higher-level routines. Now we know what we need to work on to prepare for the championship."

The Hawks have been very busy and after Senior Night next Tuesday will have played 22 games during this season, according to their schedule posted online.

They went undefeated in League, playing each league team twice. The SVC consists of Liberty Ranch, Bradshaw Christian, Union Mine and Galt.

The Section Finals will be played April 26 and 27 at Galt High School.

Game Times - Friday: 11 a.m., Noon, 1 p.m., 2 p.m., 3 p.m., 4 p.m., 5 p.m., 6 p.m.
Saturday: Semifinals at 11 a.m. and 12:15 p.m.; Championship at 1:30 p.m.

ADMISSION PRICES (tickets sold digitally through GoFan only):

Thursday
General Admission: \$12



The Hawks perform the Waterfall stunt. Photos by Paige Lampson

Senior Citizens/Military: \$10
High School Students (w/ ID): \$7
Children (age 5 and under): Free
Finals (each day)
General Admission: \$15
Senior Citizens/Military: \$12
High School Students (w/ ID): \$9
Children (age 5 and under): Free



It takes well-timed teamwork as the teams prepare to put the flyers up.



The Hawk STUNT team throws basket toss toe touches.



Three twist baskets go up into the air.



The middle flyer supports the side flyers in a front flip.

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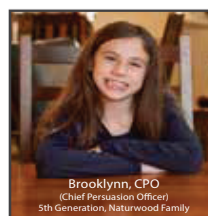
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