

Credit Union SACTOWN Run Raises \$216,500 PAGE 3

Baa-aad News for Fire Fuels PAGE 2





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Serving Rio Linda, Elverta and Sacramento County VOLUME 43 • ISSUE 18

MAY 3, **2024**

Airshow Presents International Headliner Volunteers



SDD







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The airshow will be part of Frecce Tricolori's first North American tour in more than 30 years and is the only location in the Western United States where spectators can witness Frecce Tricolori's full performance. Frecce Tricolori consists of 10 high-flying Aermacchi MB-339 aircraft, making it the Guinness World Record holder of the most jet aircraft in a military aerobatic display team. Photos courtesy of California Capital Airshow

California Capital Airshow News Release

SACRAMENTO REGION, CA (MPG) -The 18th annual California Capital Airshow, presented by Sacramento County in partnership with the City of Rancho Cordova, returns to Mather Airport on July 13 and 14. Headlined by the world-renowned Italian jet team, Frecce Tricolori, the airshow will feature an extraordinary lineup of performers, miles of ground attractions and the anticipated return of nighttime aerial performances with pyrotechnics and fireworks

The airshow will be part of Frecce



civilian performers. As the sun sets, performers will fly with lights and pyrotechnics. The show will conclude with a pyro-musical fireworks show.

Fans are encouraged to sign-up for free as Airshow Insiders on the airshow's website to receive the latest event news and updates. Insiders will receive early access to purchase discounted tickets. Tickets will be available to the public starting May 1. Tickets to this year's event are limited, so those hoping to attend are encouraged to purchase their tickets early.

The California Capital Airshow's generous partners are Sacramento County, the City of Rancho Cordova, Modern Aviation, Keurig Dr. Pepper Snapple Group, Visit Rancho Cordova, Folsom Lake Dodge, Donaghy Sales, SMUD, Thunder Valley Casino Resort, Atlas Disposal, Sunbelt, Teichert, FOX 40, iHeart Media and UPS. In addition, the airshow team is grateful to a long list of committed community supporters, as well as the teams of law enforcement and emergency services that give their time and energy to keep everyone safe. Visit California CapitalAirshow.com for tickets and event information.

Needed for Public Emergency Response

Sacramento County News Release

SACRAMENTO COUNTY, CA (MPG) - When disasters occur that require onsite medical assistance, first responders can become overwhelmed by the number of victims who need help.

There is a group of medical and non-medical volunteers in Sacramento County who answer the call and assist the injured in their time of need. The Sacramento Medical Reserve Corps (SMRC) was created to strengthen public health, emergency response and community resiliency.

The group is looking for more volunteers dedicated to public service, along with assisting on large-scale disasters, public health emergencies, or extreme weather events. SMRC is also always ready to help in various capacities. SMRC staffs first aid stations at large community events, provides health screenings at health fairs, supports public health with flu clinics, and promotes emergency preparedness to service organizations and neighborhood groups. The volunteers of SMRC are critical to help keep Sacramento County protected and prepared for any situation. For one volunteer, that dedication has not gone unnoticed. SMRC member, Michael Joseph, was selected as one of three finalists for the 2024 Outstanding Medical Reserve Corps Responder by the U.S. Department of Health and Human Services National Medical Reserve Corps program office. The award will be announced at the 2024 National Medical Reserve Corps Conference in May. SMRC is looking for others who want to join Michael in helping assist residents in our area. To become a member of SMRC, you can apply online. What if you don't feel qualified or don't have time, but still want to help? Donations are also accepted via the nonprofit SMRC Foundation. This foundation helps to offset the costs during emergency responses and assists in purchasing needed supplies.

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PRSRTD STD.

Tricolori's first North American tour in more than 30 years and is the only location in the Western United States where spectators can witness their full performance. Frecce Tricolori consists of 10 high-flying Aermacchi MB-339 aircraft, making it the Guinness World Record holder of the most jet aircraft in a military aerobatic display team.

"It's a great privilege to be able to bring these world-class performers to Sacramento for a one-of-a-kind airshow," said California Capital Airshow Executive Director Darcy Brewer. "The return of our night show adds a whole new dimension of excitement to the event. This is



going to be an airshow you don't want to miss!"

This unique show features four hours of nonstop aerial performances beginning at 6 p.m. each day. Performers will include the United States Navy F-18 Super Hornet Demonstration Team, U.S. Air Force F-35 Lightning and C-17 Globemaster Demonstration Teams, historic warbirds and highly-skilled

Continued on page 3



Dogs Take the Lead and Support SPCA

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Story and photos by Kristina Rogers

SACRAMENTO, CA (MPG) -On April 20, Sacramento let the dogs out to participate in the 31st Annual SPCA Doggy Dash. Over 2,000 people and their canine companions went to William Land Park to enjoy the sunny Saturday. Dogs and their people registered for either a 5k or 2k run in the tree-filled park. Some pooches ran alongside their owners, while less athletic and senior dogs enjoyed the view from a wagon or stroller.

The pet festival was a vibrant hub of activity, with over 100 vendors offering a diverse range of services. From pet daycare and veterinary care to dog training, there was something for every pet owner.



Participants — children, adults and canines — participate in this year's Doggy Dash at William Land Park.

Posh services included pup boutiques, "barkcuterie boards" and pet portraits.

Professionals of the four-legged variety were also represented. Officers from Sacramento's Police Canine Association brought their working dogs for photos, and provided information about the program. Several rescue organizations were also present, advocating for specific breeds such as corgis, basset hounds, German Shepards, malemutes and Continued on page 3

eRioLindaNews.com

The Dangers of Distracted Driving: Three Things Parents Can Do

UC Davis Health News Release

SACRAMENTO, CA (MPG) - Distracted driving is one of the leading causes of teen death and injury in the United States. The National Highway Traffic Safety Administration reported that 3,308 people were killed in distraction-affected crashes on U.S. roadways, including 193 teens, in 2022.

"Here at UC Davis Medical Center, we treat over 300 young drivers every year who were injured in preventable crashes," said UC Davis Injury Prevention Specialist Jennifer Rubin. "The injuries we treat are often severe with life-long consequences like brain injury, paralysis, chronic pain, even death. Again, the sad part is that these injuries could have been prevented."

To mark Distracted Driving Awareness Month, we asked Rubin how parents and families can keep their teenage drivers safe behind the wheel.

What Types of Distractions are Causing Car Crashes?

Everyday activities that we don't think are dangerous can be deadly distractions on the road. Music, eating, drinking, texting, and talking to our passengers are some of the most common causes of distraction. As the number of distractions present in a vehicle goes up, so does the likelihood of being involved in a preventable crash.

Why Is Getting Distracted When You Drive So Dangerous?

Any time you take your eyes off the road or your hands off the wheel, even for a second, you give up control of your car. On average, texting while driving takes your eyes off the road for five seconds. At 55 mph, that's like traveling the length of a football field blindfolded.

People take it for granted that cars are safe or that they're good drivers. But we see first-hand what happens when they lose control in that split second and how much damage a vehicle can cause.

Is Driving Distracted More of a Problem for Teens Than Older Drivers?

Distracted driving is dangerous

regardless of your age. For teen drivers, the lack of driving experience makes any type of distraction even more dangerous. New drivers are less prepared to make split-second driving decisions that may prevent a collision. When their attention is pulled away from driving, they have even less time to react.

Are all the car crash injuries you treat in teens due to distracted driving?

Distractions and inexperience are the most common causes of teen crashes. But we also see the consequences of reckless driving choices, like speeding, driving while intoxicated and not wearing a seat belt.

Teens can sometimes be a tough audience to reach. What can parents do to improve the safety of their children as they start driving?

There are three things that parents can do: Set a good example. We know children follow their parents' actions more than their words. This goes for teens, too. It's going to be hard for any parent to convince their child not to use a phone while driving if they're doing it themselves.

Talk to your teens about distractions so they understand it's more than just texting.

Enforce the restrictions of the California provisional license laws. Provisional licenses are special restrictions for new drivers. We've seen a dramatic reduction in teen driving fatalities in states like California that require provisional licenses for new drivers, but parents need to help enforce the rules. The provisional licenses set restrictions on driving teen passengers and driving after 11 p.m. without adult supervision. This is really important because we know that having multiple teen passengers in the car can quadruple the risk of a crash.

What is UC Davis Health doing to address the problem of teen distracted driving?

Our Injury and Violence Prevention Program offers free classroom education to schools in the Sacramento area. For more information or to schedule a presentation, contact 916-734-9798.





Goats receive captions from Sacramento County. Image courtesy of Sacramento County

Sacramento County News Release

SACRAMENTO COUNTY, CA (MPG) - We've goat some exciting news for ewe (ok, no more puns)! The Sacramento County Department of Regional Parks is gearing up for its multi-pronged efforts to reduce fire risk, defend wildlife habitats and protect our natural resources and the neighborhoods adjacent to the parks.

For its 2024 Fire Fuel Reduction Action Plan, the Department of Regional Parks has lined up sheep and goat grazing contracts, is utilizing park maintenance crews (and other manned crews through contracts with the California Conservation Corps and Sacramento Regional Conservation Corps) to maintain fire breaks, and is issuing fuel break maintenance permits to properties bordering Regional Park properties.

"We had another wet winter and a surprisingly wet spring, so we anticipate a similar vegetation situation that we found ourselves with last year," said Liz Bellas, director of Regional Parks. "As all this vegetation dries out, the fire risk increases, so the work we are doing, and the work our contractors are doing is going to be critical this year."

To decrease the number and size potential of wildfires in our parks system, the techniques used will be applicable for each area and will include:

Firebreaks – A combination of mowing, soil discing and targeted herbicides will be used where appropriate to create perimeters around open fields, along fence lines and behind neighborhoods. This work is scheduled to be completed by the end of June.

Ladder Fuel Hand-Crews – In limited, hard-to-reach areas, hand-crews will remove vegetation that allows the potential for a fire to climb up or move into urban areas.

Grazing – There are hundreds of acres of undeveloped or protected land in our Regional Parks. Goats and sheep are ideal for vegetation management and are great at eating down weeds, bushes and grass that manned crews cannot get to. Grazing is expected to occur through the end of June.

Annual Encroachment Permits – Residents who live adjacent to Regional Parks' properties are able to apply for free annual encroachment permits to maintain a fire break behind their property line. These allow residents to string-trim grass and weeds for up to 50 feet beyond their private property line. To request a permit, provide your name, address and contact information to Regional Parks at parksinfo@ SacCounty.gov.

Additionally, the Ranger Division will continue its increased education and enforcement efforts related to illegal fires and cooking along the parkway in an effort to reduce the number of new fire outbreaks.

"These efforts have been paying dividends over the last two years," said Leonard Orman, chief ranger. "In 2023, there were a total of 65 fires in our parks, down from 85 in 2022, and 170 in 2021."

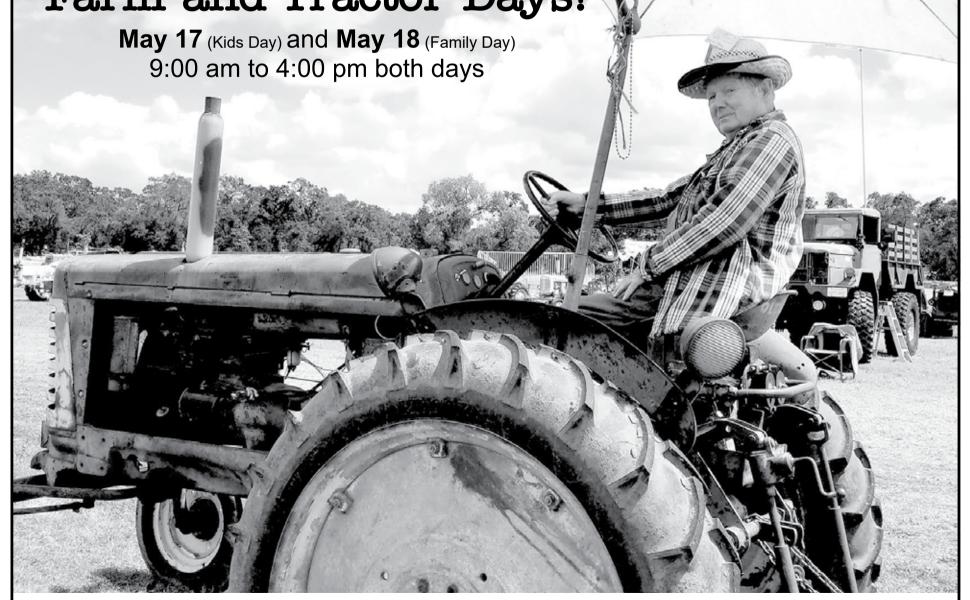
Visitors to Sacramento County Regional Parks should be aware of the following regulations: Open flame fires are NOT allowed, and barbequing is only permitted in designated picnic areas. Smoking is only allowed in developed picnic areas, asphalt surfaces, golf courses and levee tops along the American River Parkway.

Visit the Regional Parks website to learn more about the 2024 Fire Fuel Reduction Action Plan for Sacramento County Parks. If you see a fire burning in our Regional Parks, please call 9-1-1.



29th Annual Farm and Tractor Days!

MPG CALL 916-773-1111 TO ADVERTISE



Enjoy vintage tractors, antique engines, classic cars, vendors, hay rides, farm animals, museum tours and a swap meet! Hosted by the Rio Linda/Elverta Historical Society and Early Days Gas Engine & Tractor Association, Inc.

Dry Creek Ranch House 6852 Dry Creek Road, Rio Linda



For more information, call Jason Green, Volunteer, (916) 991-1482

Credit Union SACTOWN Run Raises \$216,500 Dogs Take the Lead and Support SPCA



Participants get off to a good start at the Credit Union SACTOWN Run. Photo courtesy of California and Nevada Credit Union Leagues

California and Nevada Credit Union Leagues News Release

SACRAMENTO, CA (MPG) - The annual Credit Union SACTOWN Run on April 7 in Sacramento raised more than \$216,500 for 11 Children's Miracle Network Hospitals (CMN) and helped local kids throughout California and Nevada receive the medical care they need.

More than 2,000 runners participated in this year's run, including 986 credit union employees and credit union members from across California and Nevada. The event, which started and ended on the Capitol Mall in front of the California State Capitol, featured a 10-mile race, 5K run/ walk and Miracle Mile.

The run was hosted by the Sacramento Running Association (SRA), a community-based nonprofit that promotes the sport of running in the greater Sacramento area, including the California International Marathon. It serves as the USA Track and Field's Pacific Association 10-Mile Championship.

"Thanks to incredible partners like the Sacramento Running Association and generous sponsors, runners and volunteers from California and Nevada, we are helping countless children at Children's Miracle Network Hospitals receive critical medical attention," said Diana Dykstra, president and CEO of the California and Nevada Credit Union Leagues (Ontario). "Because of the amazing work of so many credit union movement supporters, we're making a real difference for kids across both states. These funds directly support the CMN Hospital system, ensuring children and their families receive the best possible care and support. Thank you once again for creating even more miracles."

The annual Credit Union SACTOWN Run wouldn't be possible without the tireless efforts of credit union leaders and professionals from across California and Nevada.

Credit Union SACTOWN Run **Champions, Race Times and Results**

The following champions clocked the best times during the race:

-10-Mile Run Champion (men): Silas Frantz (San Luis Obispo, CA) - 47:44 (time); 4:46 (pace).

-10-Mile Run Champion (women): Cali Hauger-Thackery (Flagstaff, AZ) — 52:06 (time); 5:13 (pace).

-5K Run/Walk Champion (men): Anthony Mallory (Folsom, CA) - 16:18 (time); 5:14 (pace).

-5K Run/Walk Champion (women): Sara Wolf (Sacramento, CA) — 19:12 (time); 6:10 (pace).

-10-Mile ADA Accommodations Champion: Johnny Comilang (Sacramento, CA) — 1:38:21 (time); 9:50 (pace).

Keep an eye out for Calli Hauger-Thackery at the 2024 Summer Olympics in Paris this August.

CMN 'Champion:' Shine Duby's Story Each year, CMN Hospitals across the United States identify a "champion" in their local community to represent kids treated at the local children's hospital. This year's champion is Shine Duby, a "miracle baby" who beat all the odds through medical care and support, and who ran this year's Miracle Mile!

His story is living proof of the survivability of individuals with Popliteal Pterygium Syndrome (PPS) — Bartsocas-Papas type. He's a "shining" example of resilience in the face of adversity. Shine wouldn't be where he is without this team at UC Davis Children's Hospital. From the beginning, everyone supported him and always made his mother and family feel like he was cared for with loving attention and treatment. He's now living his best life and representing CMN at UC Davis.

The annual Credit Union SACTOWN Run is for kids such as Shine and so many others across California and Nevada. Thank you to everyone who participated in this year's event.





Dawn Foster, SPCA director of marketing and communication, is on the left, with the ears.





A photograph taken from ground level does a better job of capturing the expressions of the dogs. Hello!

This dog had it cool, and easy, taking part in the Doggie Dash festivities in the backpack of its owner



Some dogs wore tutus in an attempt to be best-dressed at the Doggie Dash.

About California Capital Airshow

Established in 2004, the nonprofit California Capital Airshow plans and operates the exciting, family-friendly annual event designed to honor the Sacramento region's rich aviation heritage and veterans while using the power and magic of flight to inspire young people.

The California Capital Airshow gives back to the community through scholarships, charitable group



Frecce Tricolori in formation. Photos courtesy of California Capital Airshow

donations and exciting about the airshow, pereducational youth programming throughout the year. For more information

formers, and discount tickets, visit www.californiacapitalairshow.com. *



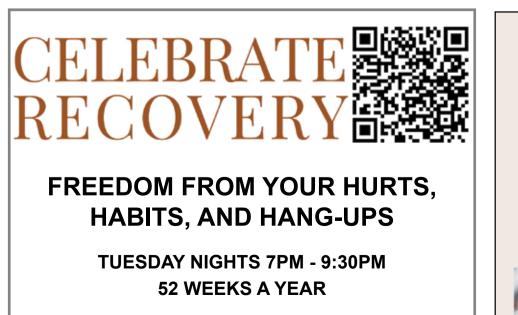
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golden retrievers. Mixed breed rescues like Resilient Dog Rescue brought in adoptable dogs, adding an opportunity to find a forever home by the end of the day.

Many dogs arrived in tutus and outfits to win in the best-dressed arena. There were also contests for the most enthusiastic tail wag and best kisser. And other pups competed in a doggy peanut butter eating contest. Obstacle courses and plastic pools were spread around the area so every dog could burn their energy and cool off. Humans had a chance to grab lunch at a food truck and enjoy some downtime at The Watering Bowl, a VIP beer, wine, and cocktail garden.

Dawn Foster, SPCA director for marketing and communications, expressed the significance of the Doggy Dash event, stating, "This is not just a fun event, it's a community effort. All the money raised today stays right here in the Sacramento community, directly benefiting over 40,000 animals every year." The funds raised help to off-set costs for spay/neuter, vaccines, surrender intake and adoptions. There are also educational programs and affordable options for senior pet owners and low-income families. This includes a pet food pantry, a lifeline for owners and their pets during difficult financial times. While the event was focused on dogs, the organization also offers services for cats, such as funding a feral/community cat program that helps to maintain healthy feline colonies in specific areas.

As of this article, the Doggy Dash had earned over \$200,000 in registration fees. The money is still being tallied from the beer garden and food truck proceeds. To learn more about the SPCA, and to get involved, go to their website at www.sspca.org.



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Concerts in the Park Returns for 31st Year



A previous year's concert. Photo by SpencerFields46

Downtown Sacramento Partnership News Release

SACRAMENTO, CA (MPG) - Downtown Sacramento Partnership has announced the much-anticipated Concerts in the Park series lineup, bringing live music back to downtown Sacramento on Friday evenings, May 3 through July 26, 2024 (except July 5). New this year, Concerts in the Park is expanding its footprint in Cesar Chavez Plaza to cover more than half of 10th Street and J Street. With this additional space, Downtown Sacramento Partnership has invited community partners to activate within the park, including a vintage market presented by World's Worst Expo, Silent Disco presented by Hall of Fame, an artist collective to produce a community art project, and a beauty bar provided by a local salon.

This string of musical events serves as the launch to Northern California's music festival season, offering a fun, free and safe experience for everyone to enjoy. Filled with local food vendors, artists, musicians and more, Concerts in the Park is the largest and longest-running free outdoor music festival in Northern California and showcases the talents of local and national bands and DJs at Cesar Chavez Plaza (9th and J streets) in downtown Sacramento.

"Sacramento has a rich history of being home to up-and-coming musicians and cultivating a rich music scene, and we're proud to be a part of that," said Michael Ault, executive director of Downtown Sacramento Partnership. "As important as it is to capitalize on the momentum Sacramento is seeing with festivals, it's equally important for us to invest in people. We're excited this year to provide more spaces and platforms for local creatives and create a unique experience for Sacramento."

The dynamic and high-energy 31st Annual Concerts in the Park line-up of nearly 60 talented national and local bands and DJs includes sounds from musical artists such as Destroy Boys (Pop-punk), Michael Marcagi (Folk Rock), Kool John (Hip Hop), Felix Cartal (Electronic), and Arden Park Roots (Reggae Jam) along with popular DJs including DJ Lady Char, Complex, and DJ Oasis, just to name a few. A detailed line-up along with more information about Concerts in the Park is available here: https://www.godowntownsac.com/events/signature-events/ concerts-in-the-park/

In addition to an expanded footprint, this year, Concerts in the Park will have surprise vendors and guests throughout the season, releasing the news on their Instagram account @cipsacramento May through July.

A production of Downtown Sacramento Partnership, Concerts in the Park 2024 is proudly sponsored by Dignity Health, Xfinity & Comcast Business, Donaghy Sales, FOX40, Republic Services, Audacy, and Visit Sacramento. For more information about downtown Sacramento, please visit GoDowntownSac.com.



Bring On Spring

We think of springtime as renewal, a time of living life to the fullest. But let's be honest, there's also a thing called spring fever, and we tend to go drifting off into a world of 'I'll do that tomorrow.' According to Dr. Susan Smith-Jones, there are ways to enrich your life in springtime and it can be fun too. Dr Jones has made extraordinary contributions in the fields of holistic health, anti-aging, optimum nutrition, life balance and peaceful living. She travels the world in search of tools to make life positive and has authored some 30 books on lifestyle and good living to make it so. From "The Curative Kitchen and Lifestyle" and "Thrive" along with her latest "Uplifted" 12 minutes to more joy, faith, peace, kindness and vitality. She strives to get you to a better place in any season of the year. Bring on spring with these simple tips.

1. LISTEN TO MUSIC. Music is the food for the soul and an instant way to gain peace of mind. Enjoy your favorite music daily. 2. DEEP BREATHING. Take five long slow, deep breaths. This is a quick and easy way to instantly feel calm. 3. ENJOY NATURE. Too much concrete is never a good thing. Spending time in nature can actually make you feel younger and happier. 4. PLAY WITH A **PET.** Playing with a pet is a great way to de-stress. Touch is a powerful sense and eases tension and promotes peace. 5. DE-CLUTTER. Have regular clearouts. Clutter can add to feelings of tension and a clean, clear home allows a

cleaner, more peaceful mind. 6. SENSE OF HUMOR. Laugh a lot. The world is instantly a better place when you can see the funny side of life. 7. HAVE GOALS. Goals keep us going in the right direction and give us a sense of purpose. Create short term and long term goals. 8. FROLIC. All work and no play will stress anyone out. Make time for things you enjoy. Approach life with a playful attitude. 9. LET IT GO. There are some things you just cannot change, no matter how hard you try. Know when to cut your losses and detach. (Just like Elsa does in the movie "Frozen"). 10. CULTIVATE GRATITUDE. Focusing on all things in our lives that we are grateful for promotes inner calm and reminds us that there are always positives. 11. SLOW DOWN. Why does everything need to be accomplished today? Often, we place unrealistic pressure on ourselves when there is no need to. Challenge your impatience. Be mindful and enjoy life in the moment. 12. BE KIND. It's free and it makes a difference. When we show kindness, it gives us an inner boost too. Live more by the golden rule.

You can check out Dr. Jones at www. SusanSmithJones.com and don't forget to sign up for her FREE monthly newsletter at her website for great information and positive affirmations. Let this Spring take you to new heights of in YOUR life.

HAPPY SPRING!!!

Be a part of something important LOCAL Writers Wanted We are looking for local Freelance Writers

to provide great coverage.







Tulare Lake Subbasin tets Probation Over Inadequate Plans to Protect Aquifers

Farmers in the critically overdrafted Tulare Lake Subbasin in the San Joaquin Valley are bracing for escalating costs as state and local agencies assess fees on wells and groundwater pumped. The California State Water Resources Control Board last week placed the subbasin on probation as part of regulations under the state's landmark 2014 Sustainable Groundwater Management Act. The board concluded that local agency sustainability plans failed to address overdraft by limiting groundwater pumping, land subsidence and impacts to drinking water.

Rainstorms Help Farms, Hurt Farmers Markets

Heavy rainstorms this spring have boosted the state's water supply for farming, but they have dampened farmers market attendance and crop selection in the immediate term. While grocery stores are already stocking imported summer fruits and vegetables, farmers market produce remains in transition, with many farms still selling cool-season offerings such as broccoli, cauliflower, hard squash, beets and navel oranges. More fragile crops such as strawberries have taken a beating from the wet weather.

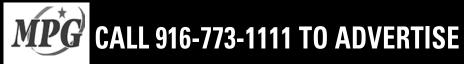
Almond Board CEO Stresses Innovations, Exports to Help Sector Rebound

Facing challenging times, California's almond industry is looking to expand foreign export markets and increase the diversity of almond products in domestic supermarkets. That was the strategic roadmap outlined by Almond Board of California President and CEO Clarice Turner. In a recent media briefing, Turner said the state's almond sector hopes to grow its array of products, developing demand for innovations from oils to flours to perhaps even almond pastas. The Almond Board is also seeking to grow exports to India and other fast emerging markets.

Study: California Pork Prices Rise Under Proposition 12

Pork products subject to California's Proposition 12 animal welfare law have increased in price by an average of 20% since the law began to take effect, according to a new economic analysis. The findings in the University of California's Agricultural and Resource Economics Update noted that pork prices in the state have risen more sharply than the rest of the nation under initiative requirements. Bacon, ribs and loin products had higher per-pound prices of \$1.04, 54 cents and \$1.42, respectively, than similar products in other states. ★





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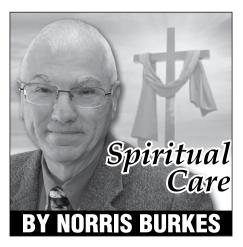
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ARREST LOGS UPDATED DAILY

What's In a Name?



Do you know anyone whose last name appropriately describes them?

Such names are called an aptronym because their name "aptly" matches their job or personality in a humorous or ironic way.

During the years I served as an Air Force chaplain, I knew a few chaplains fittingly named. For instance, Chaplain Grace was a Universalist minister whose theology extended grace to all. And Chaplain Love was a caring and popular Catholic priest.

But it was 2nd Lieutenant Friend, who tried a little too hard to become his aptronym, that really made an impression. I met him 35 years ago when I began my career as a 1st Lieutenant.

He was a "Chaplain Candidate," a seminary student, who is granted the rank of 2nd Lieutenant for a 90-day trial period. The program provides on-the-job orientation for potential chaplains.

"Just try it," candidates are told by recruiters. "You can quit anytime without further commitment."

But if candidates don't show the aptitude, the USAF can jettison the "butter bar" with little cause. In other words, the candidate can be "fired." (The single gold bar of the 2nd Lieutenant rank resembles a butter bar.)

During his short summer stay, Friend was given the opportunity to preach in the chapel, make ministry visits on a busy flightline (airport) and make hospital calls to sick airmen.

Friend made his aptronym known all over base, introducing himself as a "Friend of Jesus." He was, as vets say, "Living the Dream."

Yet with all his responsibilities, he sought more recognition.

One summer day, he approached our boss with a question.

"Is there a way I can earn a medal while I'm here?

"No, we don't give out medals to Friend-less.

candidates," said our Senior Chaplain, a fullbird colonel (the rank below general).

The request must have sounded a bit self-centered because the boss asked his chapel staff for feedback on Friend.

"He told me that parishioners think he's the best chaplain on base," I said, "and they wish he was preaching every Sunday."

Our staff priest volunteered that Friend had interrupted flight line staff meetings with his tardiness.

Finally, the chaplain assistants chimed in. "He thinks chaplains should be able to carry guns like other officers."

"I'll talk to him about that," our boss said. "He should know that the Geneva Convention classifies chaplains as non-combatants so we can neither train with, nor carry, weapons." (Chaplain Assistants remain armed in combat zones to protect their chaplains.)

Sadly, I'm not sure Friend got clarity about the weapons training prohibition. That's because one day, he returned to the chapel office with a blue-yellow-green ribbon on his chest.

"What's that for?" I asked.

"It's a Small Arms Expert Marksmanship Ribbon," Friend boasted. "I stopped by the range, and they invited me to qualify."

Before I could respond, the boss bellowed from his office.

"Lieutenant Friend! Get in here."

I don't know what our boss said. Perhaps he quoted Jesus' words in Luke 14:11, "For all those who exalt themselves will be humbled...." Or maybe he made his point with James 4:10, "Humble yourselves before the Lord, and he will lift you up."

I can't say, but I do know the boss delivered some not-so-friendly-fire on the candidate's written evaluation. Sometimes the best spiritual lessons don't come in lectures.

A few weeks later, the colonel brought that eval to the Base Headquarters for the commander's signature.

"Is this report true?" the base commander asked. "Did your candidate really say and do all this?"

"Yes, but I think he deserves another chance next summer," said our boss, always full of grace.

"Not on my base," said the commander. And with that final word, our chaplain

office became... Wait for it.

You know I'm going to say it.

Our chapel office became forever



Plug In or Promote from Within?

Dear Dave.

I own a small business with about 20 team members, and we're doing pretty well. Last year, we had revenues of about \$1.2 million and profits of \$250,000. How do I find leadership within my company that cares about the vision and value of my company enough to help me grow it to the next level? I have two people in mind here who have impressed me a lot in the last two years, and I'd like for one of them to take a step up in the company. I'd like for this person to also challenge me and help me grow as a leader.

- Troy

Dear Troy,

I want leaders on my team who aren't afraid to bring things to my attention. If there are things they feel I need to work on, or look at differently, I want them to let me know. I'm not perfect, that's for sure. And I've

made plenty of mistakes during my 30-plus years in business. But when it comes right down to it, it's not their job to challenge me and help me grow. As a leader, that's on me. It's my responsibility to make sure I'm constantly challenging myself and growing as a leader and businessman.

Now, developing your team members and getting them to actually care and align with your mission? That is part of your job. You don't want leaders within your organization who aren't aligned with what you're trying to accomplish. When that happens, you've got a leader working a J-O-B. And at that point, they're no longer a leader. They're just a boss. Leaders lead. They show the way, they encourage and they lead by example. A boss just tells people what to do.

Over the years, I've had more luck promoting from within than I have bringing in someone new and plugging them in. Maybe there's someone there who's smart, already showing potential and demonstrating they care about the place and your mission. That's someone you can tap on the shoulder and start to move in a leadership direction. That kind of person is already fired up and wired up, so take

the bridle off them and give them a chance to run.

Dave Ramsey Says

Here's an easy first step: Find a really good small-business and leadership book, buy three copies and start a series of study sessions with you and the two team members you mentioned earlier. Let them know you feel they have real leadership potential, then read through the chapters together and discuss one or two over a lunch each week. Open up the discussions, and just let them talk. After a few weeks of this, it'll start to become clear really fast if either one is suited for a bigger role in the company. It'll become the ultimate interview process.

Great question, Troy. Best of luck to you and your company as you take this next big step!

- Dave

Dave Ramsey is an eighttime national bestselling author, personal finance expert and host of The Ramsey Show. He has appeared on Good Morning America, CBS This Morning, Today, Fox News, CNN, Fox Business and many more. Since 1992, Dave has helped people take control of their money, build wealth and enhance their lives. He also serves as CEO for Ramsev Solutions



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Church of Christ Worship God's Way Minister Eric Smith 6818 4th Avenue Rio Linda, CA 95673 (916) 991-2668 Church 10:30 a.m.	LOOKING FOR A PLACE TO WORSHIP? Check out one of these churches in your community.	New Beginnings Fellowship Pastor Deonte Walters 10th and O Streets (916) 991-2918 Sunday School 9 a.m. Sunday Worship 10:30 a.m.
Rio Linda Seventh Day Adventist Church 7535 - 10th St. and U Rio Linda Sabbath School 9:15 a.m. Worship Services 11 a.m.	North Metro Church of Christ 4191 Norwood Ave., Sacramento 95838 (916) 923-1147 Minister Pete Savage SUNDAY Bible Classes: 10 a.m. Worship: 11 a.m. Worship: 6 p.m. Wed. Bible Classes: 7 p.m.	LIBERTY MINISTRIES CHRISTIAN FELLOWSHIP Pastor Shannon Fannin Liberty Ministries extends an invitation to come and join us for Celebration Worship Sunday 9 a.m. Youth Extreme & Food Closet (916) 922-6442 4840 Marysville Blvd. www.libertymcf.net
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The Board Meetings are now the 4th Monday of every month at 6:30 pm. Depot/Visitors Center, 6730 Front Street

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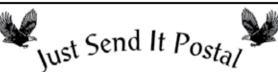


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FICTITIOUS BUSINESS NAME STATEMENTS

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01150 Alpentanzer Schuhplattler. 3349 J Street, Sacramento, CA 95816 is doing business under the Fictitious Business Name(s) Schuhplattler/ "Alpentanzer Alpentänzer Schuhplattler/ STV Alpentanzer Schuhplattler/ STV Alpentänzer Schuhplattler/ Sacramento Verein Turn Alpentanzer Schuhplattler/ Sacramento Turn Verein Schuhplattler" Alpentänzer 3349 J Street, Sacramento, CA 95816 Filed with the Clerk of Sacramento County February 13.2024

Publish April 12, 19, 26, May 3, 2024 ALPENTÁNZER 5-3-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-02425 Bashar Bazingan, 3822 El Camino Avenue, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Lockwise" 3822 El Camino Avenue, Sacramento, CA 95821. Filed with the Clerk of Sacramento County March 28, 2024

Publish April 12, 19, 26, May 3, 2024 LOCKWIŚE 5-3-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01842 Scott Greenwood, PO Box 3087 Carmichael, CA 95609 is doing business under the Fictitious Business Name(s) "Redwood Creek Engineering" 2617 K Street Suite 125, Sacramento, CA 95816. Filed with the Clerk of Sacramento County March 8, 2024

Publish April 12, 19, 26, May 3, 2024 REDWOOD 5-3-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-02444 Everareen Commercial Inc., Management, 2485 Natomas Park Drive Suite 360. Sacramento, CA 95833 is do-ing business under the Fictitious Business Name(s) "Evergreen Management Company" 2485 Natomas Park Drive Suite 360, Sacramento, CA 95833. Filed with the Clerk of Sacramento County March 29, 2024 Publish April 12, 19, 26, May 3, 2024

EVERGREEN 5-3-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-02234 Astronaht LLC, 2108 N Street Suite N, Sacramento, CA 95816 is doing business under the Fictitious Business Name(s) New House Press" 2108 N Street Suite N. Sacramento, CA 95816. Filed with the Clerk of Sacramento County March 21, 2024

Publish April 12, 19, 26, May 3, 2024 NEW 5-3-24

FICTITIOUS BUSINESS NAME

STATEMENT FBNF2024-02299 Herrada, Inc., 6970 Sunrise Boulevard, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "3 Rios Taqueria" 6970 Sunrise Boulevard, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County March 25, 2024

Publish April 12, 19, 26, May 3, 2024 5-3-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-02293 Pro Haircuts LLC, 8391 Folsom Boulevard Suite 5, Sacramento, CA 95826 is doing business under the Fictitious Business Name(s) "Pro Haircuts" 8391 Folsom Boulevard Suite 5, Sacramento, CA 95826. Filed with the Clerk of Sacramento County March 22, 2024 Publish April 12, 19, 26, May 3, 2024 5-3-24 PRO

FICTITIOUS BUSINESS NAME

STATEMENT FBNF2024-01866 Dung The Tran, 7205 Alpine Frost Drive, Sacramento, CA 95823 is doing business under the Fictitious Business Name(s) "Chic Nails & Spa Salon" 3443 Laguna Boulevard Suite 136. Elk Grove, CA 95758, Filed with the Clerk of Sacramento County March 11, 2024

Publish April 12, 19, 26, May 3, 2024 CHIC 5-3-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01546 H & F Performance Training LLC, 1850 Fairchild Drive, Carmichael, CA 95608 is doing business under the Fictitious "Coerver Business Name(s) Sac Sierra" 1850 Fairchild Drive, Carmichael, CA 95608. Filed with the Clerk of Sacramento County February 29, 2024 Publish April 12, 19, 26, May 3, 2024 COERVER 5-3-24

FICTITIOUS BUSINESS NAME

STATEMENT FBNF2024-02452 Hampton Educational Services, LLC, 3400 Cottage Way Suite C, Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "California Learning Center" 3400 Cottage Way Suite C, Sacramento, CA 95825. Filed with the Clerk of Sacramento County March 29, 2024

Publish April 12, 19, 26, May 3, 2024 CALIFORNIA 5-3-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-02627 Paul T. Huff and Olivia M Huff, 5137 Robertson Avenue, Carmichael. CA 95608 are business doing under the Fictitious Business Name(s)

"Tinker's Coin Productions/ Sacramento Dialogue/ Explorations in Education/ Magic Penny Puppets" 5137 Robertson Avenue, Carmichael, CA 95608. Filed with the Clerk of Sacramento County April 5, 2024

Publish: April 19, 26, May 3, 10, 2024 TINKERS 5-10-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-02628

Raymond Barnhill, 6112 Jack London Circle, Sacramento, CA 95842 is doing business under the Fictitious Business Name(s) "Hilltop Painting" 6112 Jack London Circle, Sacramento, London Circle. CA 95842. Filed with the Clerk of Sacramento County April 5, 2024

Publish: April 19, 26, May 3, 10, 2024 HILLTOP 5-10-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-02374 22 Wood Design, 6745 50th Street, Sacramento, CA 95823 is doing business under the Publish: April 26, May 3, 10, 17, 2024 MOUNTAIN 5-17-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-02493 Patricia Kay Meyers, P.O. Box 1405, Elverta, CA 95626 is doing business under the Fictitious Business Name(s) "H.D. Reg. Service" 1033 Neal Road, Sacramento, CA 95838, Filed with the Clerk of Sacramento County April 2, 2024 Publish: April 26, May 3, 10, 17, 2024

HD 5-17-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01800 Andrea Z Evans, PO Box 4145. Ketchum, ID 83340 is doing business under the Fictitious Business Name(s) "Philanthropy Consulting Group" 205 Raven Road A1-5 Ketchum, ID 83340 Filed with the Clerk of Sacramento County March 7, 2024

Publish: April 26, May 3, 10, 17, 2024 PHILANTHROPY 5-17-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-02640 Michael A. Cano, 3267 Sanbury Circle, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Both Hands Handyman' 3267 Sanbury Circle, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County April 5 2024 Publish: April 26, May 3, 10, 17, 2024

BOTH 5-17-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-02283 Doua Vang, 2800 Gardendale Road, Sacramento, CA 95822 is doing business under the Fictitious Business Name(s) "Allclean Pro Services" 2800 Gardendale Road, Sacramento, CA 95822. Filed with the Clerk of Sacramento County March 22, 2024

Publish: April 26, May 3, 10, 17, 2024 ALLCLEAN 5-17-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-02798 Anshul Dixit and Upasna Dixit, 1968 Misty Meadow Drive, Folsom, CA 95630 are doing business under the Fictitious Business Name(s) "Career and Minds" 1968 Misty Meadow Drive, Folsom, CA 95630. Filed with the Clerk of Sacramento County April 12, 2024 Publish: April 26, May 3, 10, 17, 2024 CAREER 5-17-24

FICTITIOUS BUSINESS NAME

STATEMENT FBNF2024-02627 Paul T. Huff and Olivia M. Huff, 5137 Robertson Avenue, Carmichael. CA 95608 are doing business under the Fictitious Business Name(s) Coin Productions/ "Tinker's Sacramento Dialogue/ Explorations in Education/ Magic Penny Puppets" 5137 Robertson Avenue, Carmichael, CA 95608. Filed with the Clerk of Sacramento County April 5, 2024 Publish: April 26, May 3, 10, 17, 2024 TINKERS 5-17-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-02953 Kian Nikzad, 1320 D Street Apt D, Sacramento, CA 95814 is doing business under the Fictitious Business Name(s) "Sun Harvest 1320 D Street, Sacramento, CA 95814. Filed with the Clerk of Sacramento County April 17, 2024

County April 22, 2024 Publish: May 3, 10. 17, 24, 2024 5-24-24 MILLENNIAL

FICTITIOUS BUSINESS NAME

STATEMENT FBNF2024-02526 Summit Funding, Inc., 2135 Butano Drive Suite 1 Sacramento, CA 95825 150, is doing business under the Fictitious Business Name(s) "Lead+ Wholesale Lending Lead Plus Wholesale Lending 2135 Butano Drive Suite 150, Sacramento, CA 95825. Filed with the Clerk of Sacramento County April 3, 2024 Publish: May 3, 10. 17, 24, 2024

5-24-24 LEAD

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-02880 Tamala Da Vigo, P.O. Box 6070, Folsom, CA 95763 is doing business under the Fictitious Business Name(s) "North Valley Consulting/NVC" 6609 Folsom-Auburn Road, Folsom, CA 95630. Filed with the Clerk of Sacramento County April 16, 2024

Publish: May 3, 10. 17, 24, 2024 5-24-24 NORTH

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-02953 Kian Nikzad, 1320 D Street Apt D, Sacramento, CA 95814 is doing business under the Fictitious Business Name(s) "Sun Harvest/ Ancient Sun/Helios" 1320 D Street Apt D, Sacramento, CA 95814. Filed with the Clerk of Sacramento County April 17, 2024

Publish: May 3, 10. 17, 24, 2024 5-24-24 SUN

FICTITIOUS BUSINESS NAME STATEMENT FBNE2024-02798 Anshul Dixit. Upasna Dixit and Ambethkar Venkatraman 1968 Misty Meadow Drive, Folsom, 95630 are doing business under the Fictitious Business Name(s) "Career and Minds" 1968 Misty Meadow Drive, Folsom, CA 95630. Filed with the Clerk of Sacramento County April 12, 2024 Publish: May 3, 10. 17, 24, 2024

CAREER 5-24-24

FICTITIOUS BUSINESS NAME

STATEMENT FBNF2024-03017 FLS Inc, 711 E. Bidwell Street #8. Folsom. CA 95630 is doing business under the Fictitious Business Name(s) "Yuba Lock" 1212 Bridge Street, Yuba City, CA 95991. Filed with the Clerk of Sacramento County April 19,

2024 Publish: May 3, 10. 17, 24, 2024 YUBA 5-24-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-03018 FLS Inc, 711 E. Bidwell Street #8, Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "Folsom Lock & Security" 711 E. Bidwell Street #8, Folsom, CA 95630. Filed with the Clerk of Sacramento County April 19, 2024

Publish: May 3, 10. 17, 24, 2024 5-24-24 FOLSOM

FICTITIOUS BUSINESS NAME STATEMENT FBNE2024-03188 Mingdan Wei, 4026 Barbara Street, Sacramento, CA 95838 is doing business under the Business Name(s) Fictitious "Just 4 Massage" 4261 Truxel Road Suite A4, Sacramento, CA 95834. Filed with the Clerk of Sacramento County April 25, 2024

changing the name(s) of Za'ryah Marie Ja'el McDaniel to Za'ryah Marie Casey.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on May 7, 2024, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: February 21, 2024 Christopher E. Krueger, Judge of the Superior Court Publish: April 12, 19, 26, May 3, 2024 CASEY 5-3-24

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO

ORDER TO SHOW CAUSE CHANGE OF NAME #24CV006327 Maksym Heorhitsa has filed a

petition with this court for a decree changing the name(s) of Maksym Heorhitsa to Maksym Nahuliak.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on July 31, 2024, at 1:30 p.m. in Department 53. located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: Apil 3. 2024 Richard K. Sueyoshi, Judge of the Superior Court Publish: April 12, 19, 26, May 3, 2024 HEORHITSA 5-3-24

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #24CV006033

Alaa'i Ezzeldin Ahamed has filed a petition with this court for a decree changing the name(s) of Alaa'i Ezzeldin Ahamed to Alaa'i Ezzeldin Alshabrawy. IT IS ORDERED that all per-

sons interested in the above-entitled matter appear before this court on July 30, 2024, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: March 29, 2024 Richard K. Sueyoshi, Judge of the Superior Court Publish: April 12, 19, 26, May 3, 2024 AHAMED 5-3-24

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #24CV006411

Faegheh Ghaderinasrabad has filed a petition with this court for a decree changing the name(s) of Faegheh Ghaderinasrabad to Fae Ghaderi.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on August 1, 2024, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: Apil 4, 2024

Richard K. Sueyoshi, Judge of the Superior Court

Carmichael, CA 95608

7144 Fair Oaks Blvd #5

why the petition for Change of Name should not be granted. Dated: April 12, 2024

Christopher E. Krueger, Judge of the Superior Court Publish: April 26, May 3, 10, 17, 2024

LAWSON 5-17-24 SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME

#24CV005355 Arielle Shaunte', Mostecki. Arielle Shaunte' Mostecki have filed a petition with this court for a decree changing the name(s) of Arielle Shaunte' Mostecki to Arielle Shaunte Buchanan and Aydon Troy Buchanan Neal to Avdon Trov Buchanan.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on June 4, 2024, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: March 20, 2024

Christopher E. Krueger, Judge of the Superior Court Publish: April 26, May 3, 10, 17, 2024 BUCHANAN 5-17-24

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #24CV007595

Natalia Regina Rinker has filed a petition with this court for a decree changing the name(s) of Natalia Regina Rinker to Natalia Regina Hannahan

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on July 10, 2024, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: April 17, 2024

Christopher E. Krueger, Judge of the Superior Court Publish: April 26, May 3, 10, 17, 2024

RINKER 5-17-24 SUPERIOR COURT OF CALIFORNIA

COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #24CV005850

Jesus Enrique Hinostroza Jr has filed a petition with this court for a decree changing the name(s) of Jesus Enrique Hinostroza Jr to Jay Enrique Hinostroza.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on June 12, 2024, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: March 27, 2024 Christopher E. Krueger, Judge of the Superior Court Publish: April 26, May 3, 10, 17, 2024 HINOSTROZA 5-17-24

> SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME

RIOS

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-02334

Kiana O. Flores, 6017 Telesco Way, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "The Cat's Meow - Full Body Waxing & Aesthetics" 4719 Manzanita Avenue #3, Carmichael, CA 95608. Filed with the Clerk of Sacramento County March 26, 2024

Publish April 12, 19, 26, May 3, 2024 CATS 5-3-24

FICTITIOUS BUSINESS NAME

STATEMENT FBNF2024-02423 Priority Construction, 11013 Jackson Road, Sacramento, CA 95830 is doing business under the Fictitious Business Name(s) "Priority Construction" 11013 Jackson Road, Sacramento, CA 95830. Filed with the Clerk of Sacramento County March 28, 2024

Publish April 12, 19, 26, May 3, 2024 PRIORITY 5-3-24

FICTITIOUS BUSINESS NAME

STATEMENT FBNF2024-01698 Trade Key Virtual Media Inc. 11230 Gold Express Drive Suite 310-160, Gold River, CA 95670 is doing business under the Fictitious Business Name(s) "Regen Nutraceuticals/ Zen Nootropics/Hemp Healthy Naturals/Purelife Natural Wellness/Ayurveda Science of Life" 9915 Fair Oaks Boulevard Fair Oaks, CA Suite C, 95628. Filed with the Clerk of Sacramento County March 5, 2024

Publish April 12, 19, 26, May 3, 2024 REGEN 5-3-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01781 Hubby Perror Trevor Hubby Performance LLC, 2345 Aerostar Way, Sacramento, CA 95834 is doing business under the Fictitious Business Name(s) "Sutter Park Fitness" 533 53rd Street Suite 110, Sacramento, CA 95819. Filed with the Clerk of Sacramento County March 7, 2024 Publish April 12, 19, 26, May 3, 2024

SUTTER 5-3-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-01984 Anulari, LLC, 3845 Sierra Gold Drive, Antelope, CA 95843 is doing business under the Fictitious Name(s) Business "Serene Furniture - Home Decor" 5128 Auburn Boulevard, Sacramento, CA 95841. Filed with the Clerk of Sacramento County March 13, 2024 Publish April 12, 19, 26, May 3, 2024 SERENE 5-3-24

Fictitious Business Name(s) "Supurb Handyman Sevices" 6745 50th Street, Sacramento, CA 95823. Filed with the Clerk of Sacramento County March 27, 2024

Publish: April 19, 26, May 3, 10, 2024 SUPURB 5-10-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-02696 Enrique Alejandro Rolon, 3836 Street, Sacramento, CA 95838 is doing business under the Fictitious Business Name(s) "Roloya Transport" Name(s) "Roloya Transport" 3836 Ivy Street, Sacramento, CA 95838. Filed with the Clerk of Sacramento County April 9, 2024

Publish: April 19, 26, May 3, 10, 2024 **BOLOYA** 5-10-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-02482 Rakesh K Pareenja, 2380 Watt Avenue, Sacramento CA 95825 is doing business under the Fictitious Business Name(s) "Bella Cucina" 2380 Watt Avenue, Sacramento CA 95825. Filed with the Clerk of Sacramento County April 2, 2024

Publish: April 19, 26, May 3, 10, 2024 BELLA 5-10-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-02759

Dorado Imagery, Inc., 5459 Plantain Circle, Orangevale, CA 95662 is doing business under the Fictitious Business Name(s) "Dorado Craft Works" 5459 Circle, Orangevale, Plantain CA 95662. Filed with the Clerk of Sacramento County April 11, 2024

Publish: April 19, 26, May 3, 10, 2024 DORADO 5-10-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-02752 Clifton Russo and April Russo, 8136 Ashtead Court, Sacramento, CA 95829 is doing business under the Fictitious Business Name(s) "High Class Glass" 8136 Ashtead Court, Sacramento, CA 95829. Filed with the Clerk of Sacramento County April 11, 2024 Publish: April 19, 26, May 3, 10, 2024 HIGH 5-10-24

FICTITIOUS BUSINESS NAME

STATEMENT FBNF2024-02431 Mountain Mikes Pizza, 5019 El Camino Avenue, Carmichael, CA 95608 is doing business under the Fictitious Business "Mountain Name(s) Mikes Pizza" 5019 El Camino Avenue, Carmichael, CA 95608. Filed with the Clerk of Sacramento County March 29, 2024

Publish: April 26, May 3, 10, 17, 2024 SUN 5-17-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-02936 Tang, Guixiang 4413 Ravenwood Avenue, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Oceanview Massage" 4141 Manzanita Avenue #115, Carmicahel, CA 95608. Filed with the Clerk of Sacramento County April 17, 2024 Publish: April 26, May 3, 10, 17, 2024

OCEANVIEW 5-17-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-02971 Babak Bordbar, 12499 Folsom Boulevard, Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name(s) "Magnicent Analytical Accounting Solutions" 12499 Folsom Boulevard, Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County April 18, 2024 Publish: April 26, May 3, 10, 17, 2024

MAGNICĖNT 5-17-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-03000 Richard A. Islas, 2453 Werbe Lane 166, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Rott10.comapparel Zombie Apparel" 2453 Werbe Lane 166. Carmichael, CA 95608. Filed with the Clerk of Sacramento County April 19, 2024 Publish: April 26, May 3, 10, 17, 2024 ROTT 5-17-24

FICTITIOUS BUSINESS NAME

STATEMENT FBNF2024-03140 H.G.N Investments Inc., 8038 Prairie Field Drive, Sacramento, CA 95829 is doing business under the Fictitious Business Name(s) "Stop N Save Liquor N Food" 4709 Florin Road 2B, Sacramento, CA 95823. Filed with the Clerk of Sacramento County April 23, 2024

Publish: May 3, 10. 17, 24, 2024 STOP 5-24-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-03081 Lauren Puliz, 6330 Fountain Square Drive #923, Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "Millennial Mama Therapy" 8257 Ashcrest Lane, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento

Publish: May 3, 10. 17, 24, 2024 5-24-24 JUST

FICTITIOUS BUSINESS NAME

STATEMENT FBNF2024-03190 Odyssey Business Development LLC, 1846 E Innovation Park Drive #100. Oro Valley, AZ, 85755 is doing business under the Fictitious Business Name(s) "Elite Loan Advisers" 3830 Watt Avenue Suite 2, Sacramento, CA 95821. Filed with the Clerk of Sacramento County April 25, 2024

Publish: May 3, 10. 17, 24, 2024 ELITE 5-24-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-03060

Ashley Simons, 1520 Main Avenue, Sacramento, CA 95838 and Brittani Costa. 6711 Hedgewood Drive, Sacramento, CA 95842 is doing business under the Fictitious Business Name(s) "Hub House" 7250 Auburn Boulevard Suite E, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County April 22, 2024 Publish: May 3, 10. 17, 24, 2024

5-24-24 HUB

ORDER TO SHOW CAUSE CHANGE OF NAME

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #24CV005370 Brittney Roberts has filed a pe-

tition with this court for a decree changing the name(s) of Arriana Harper Abbott to Arriana Levi Roberts.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on June 4, 2024, at 9:00 a.m. in Department 54. located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: March 18, 2024 Christopher E. Krueger, Judge of the Superior Court Publish: April 12, 19, 26, May 3, 2024 ROBERTS 5-3-24

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #24CV002984 Raitavea Casey has filed a petition with this court for a decree Publish: April 12, 19, 26, May 3, 2024 GHADERI 5-3-24

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #24CV006751

Kimberly Duvall-Hoehn has filed a petition with this court for a decree changing the name(s) of Kimberly Duvall-Hoehn to Kimberly Contreras Hoehn.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on July 2, 2024, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: April 8, 2024 Christopher E. Krueger, Judge of the Superior Court

Publish: April 19, 26, May 3, 10, 2024 HOEHN 5-10-24

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #24CV006114

Melinda Van Egdon and Jason Van Egdon have filed a petition with this court for a decree changing the name(s) of Bo Dale Anderson to Beau David Van Egdon.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on July 2, 2024, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: March 25, 2024 Christopher E. Krueger, Judge of the Superior Court Publish: April 19, 26, May 3, 10, 2024 5-10-24 EGDON

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #24CV007185

Kelvin Lawson Jr and Kassey Jenae Lawson have filed a petition with this court for a decree changing the name(s) of Knoel Jewel Lawson to Knoelle Jewel Lawson.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on July 3, 2024, at 9:00 a.m. in Department 54. located at 813 6th Street, Sacramento, CA 95814, and show cause, if any,

#24CV007012

Eric Deon Silas has filed a petition with this court for a decree changing the name(s) of Eric Deon Silas to Eric Deon Barnes.

IT IS ORDERED that all persons interested in the above-en titled matter appear before this court on August 7, 2024, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: April 10, 2024 Richard K. Sueyoshi, Judge of the Superior Court Publish: April 26, May 3, 10, 17, 2024 SILAS 5-17-24

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #24CV007324

Carla Annette Smith has filed a petition with this court for a decree changing the name(s) of Carla Annette Smith to Carla Annette Manchester.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on August 14, 2024, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: April 15, 2024 Richard K. Sueyoshi, Judge of the Superior Court Publish: April 26, May 3, 10, 17, 2024 SMITH 5-17-24

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #24CV007963

Abiyah Olivia Ehindero has filed a petition with this court for a decree changing the name(s) of Abivah Olivia Ehindero to Sizannah Emet Hesed-Wells.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on July 16, 2024, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: April 23, 2024 Christopher E. Krueger, Judge of the Superior Court Publish: May 3, 10. 17, 24, 2024 **EHINDERO** 5-24-24



Social Security Matters Minister Wants to Maximize Social Security Benefit



By Russell Gloor, AMAC Certified Social Security Advisor

Dear Rusty: I want to apply for Social Security, but I want to make sure I get all the benefits I have earned. I am a veteran with a 10% disability rating (not sure if that matters). I am 68 years old. I am a minister and have been exempt from Social Security taxes for most of my income since I was about 30, but I still have the 40 quarters needed. I have also worked off and on in the secular workplace and continued paying Social Security taxes.

One hears a great deal about those who want to "help" us apply for Social Security, but which turn out to be a scam or want a fee. How do I apply and maximize my benefits with my unique situation? Signed: Seeking Answers

Dear Seeking: Don't worry about fees here at the AMAC Foundation - there is never a fee for the services we provide (we are non-profit). And I want to thank you for your military service - you may find the "For Veterans" section at our AMAC Foundation website interesting - www.amacfoundation.org.

To your question: Your VA disability rating does not affect your Social Security benefit. At 68 years old, your Social Security benefit payment has been earning Delayed

Retirement Credits (DRCs) since you reached your full retirement age (FRA) of 66 years and 4 months in July 2022. That means that your benefit, if you claim now, will be about 13% more than it would have been had you claimed at your FRA. FYI, if you continue to delay, your SS benefit will continue to grow (by 8% per additional year you delay), up to the month you turn 70. At that time, your SS benefit will be 29% higher than it would have been at your FRA. Nevertheless, if you wish to claim a smaller amount now, you can do so in a couple of ways:

• You can call Social Security (at 1.800.772.1213, or your local SS office) to request an appointment to apply. They will most likely set a date/time to call you to take your application over the phone (they discourage office visits these days). Once you have applied, it typically takes a month or two to process your application, but they will pay your benefits effective with the month you say you want them to begin. Note, they will likely also offer you six months of retroactive benefits but be aware that if you accept that offer your monthly payment will be permanently reduced by 4%.

• You can apply for your SS retirement benefit online at www.ssa.gov/apply. Applying online is, by far, the most efficient method, as shown in this short video: www.ssa.gov/ hlp/video/iclaim r01.htm.

However, to apply online you will need to first create your personal "my Social Security" online account at www.ssa. gov/myaccount. Once you have your personal online account set up, you will be able to see what your SS retirement benefit will be now, and at future ages should you plan to wait longer to claim. Your SS retirement benefit will be based on your lifetime record of earnings from which Social Security FICA taxes were withheld (or self-employment earnings on which SS payroll taxes were levied). In any case, your SS benefit will be based on your lifetime earnings record contributing to Social Security, as well as your age when you claim. You'll get your maximum benefit based on those factors.

Although your situation is somewhat uncommon, it is not exceptionally unique. Your VA disability rating does not affect your Social Security benefit and, because you are a member of the clergy, you are not subject to Social Security's Windfall Elimination Provision (WEP) - a rule which reduces SS benefits for those with a pension earned while not contributing to Social Security. In other words, your SS benefit will be based entirely on your lifetime record of earnings from which Social Security payroll taxes were withheld, and your age when your benefit starts.

This article is intended for information purposes only and does not represent legal or financial guidance. It presents the opinions and interpretations of the AMAC Foundation's staff, trained and accredited by the National Social Security Association (NSSA). To submit a question, visit our website (amacfoundation.org/programs/

social-security-advisory) or email us at ssadvisor@amacfoundation.org.

California Once Led In Government Transparency. It Descended Into Secrecy and Opacity



By Dan Walters, CALMatters.org

California once was a national leader in making government more transparent, requiring state and local agencies to conduct their business in public meetings and giving Californians easy access to public records.

In recent years, however, transparency has eroded. The Legislature has retreated into semi-secrecy, particularly on the state budget but also on other major legislation. Due to a construction project, legislative offices have been moved from the Capitol to an almost impenetrable building, making in-person contact more difficult.

Behind those well-guarded doors, decisions are made and deals are cut and the outcomes are simply announced and enacted with sometimes little or no meaningful debate. In recent years, governors and legislators have been using budget "trailer bills" to pass major changes in policy with little or no notice.

The descent into secrecy has, for obvious reasons, coincided with the advent of one-party government. The dominant Democrats can ignore media and the larger public because they know their numbers insulate them from accountability.

The increasing opacity of state government decision making is compounded by its having data systems that are clunky and often offer

only outdated information. Cal-Access, the system that contains political information, such as campaign contributions and lobbying expenditures, is especially difficult to use and efforts to improve it have themselves been sporadic.

Projects to modernize the state's information technology have been underway for decades, but have experienced numerous delays and failures despite costing billions of dollars.

A poster child for the data shortcomings is the Financial Information System of California, which has the catchy acronym of FI\$Cal. It was envisioned many years ago as a comprehensive financial management tool for all state agencies but is only partially operational.

One aspect of FI\$Cal's situation is that California is chronically tardy in reporting its financial picture. State Controller Maila Cohen recently released the state's "Comprehensive Financial Report," a nearly 400-page document required by law to be prepared each year. It was a report on the 2021-22 fiscal year that should have been issued a year earlier, but wasn't because FI\$Cal and other data systems could not generate timely and accurate numbers.

Cohen acknowledged its tardiness in a cover letter, saying it "will mark the fifth consecutive year that California has published its financial statements well beyond the regulatory deadline of nine months after the fiscal year end," and blamed it on FI\$Cal and other technical shortcomings.

The state auditor's office, which is charged with reviewing the annual financial report, has been highly critical of FI\$Cal's implementation in a series of audits for the Legislature. Three years ago, the office issued a report saying that FI\$Cal's deficiencies were chronically delaying the state's annual economic reports, and noting that delays were hindering the state's ability to borrow money and execute funding agreements.

Obviously little has happened since to rectify that embarrassing failure. The 2022-23 financial report should have been released this month, but it will probably be a year late as well.

California's shortcomings in transparency have not gone unnoticed outside the state. This week, an organization called Truth in Accounting, which monitors financial information management across the nation. issued a 50-state scorecard on transparency and California scored third from the bottom.

States were graded on such issues as the timeliness and accuracy of their financial reports, and their candor - or lack of it - in reporting financial obligations such as unfunded liabilities of their public pension systems.

A perfect score would have been 100. New York was rated No. 1 with 86 points, followed by Wyoming and Hawaii. California's score was 48, higher than only Illinois and Georgia.

That's shameful.

Dan Walters has been a journalist for more than 60 years, spending all but a few of those years working for California newspapers. He began his professional career in 1960, at age 16, at the Humboldt Times in Eureka, while still attending high school, and turned down a National Merit scholarship to continue working as a journalist.

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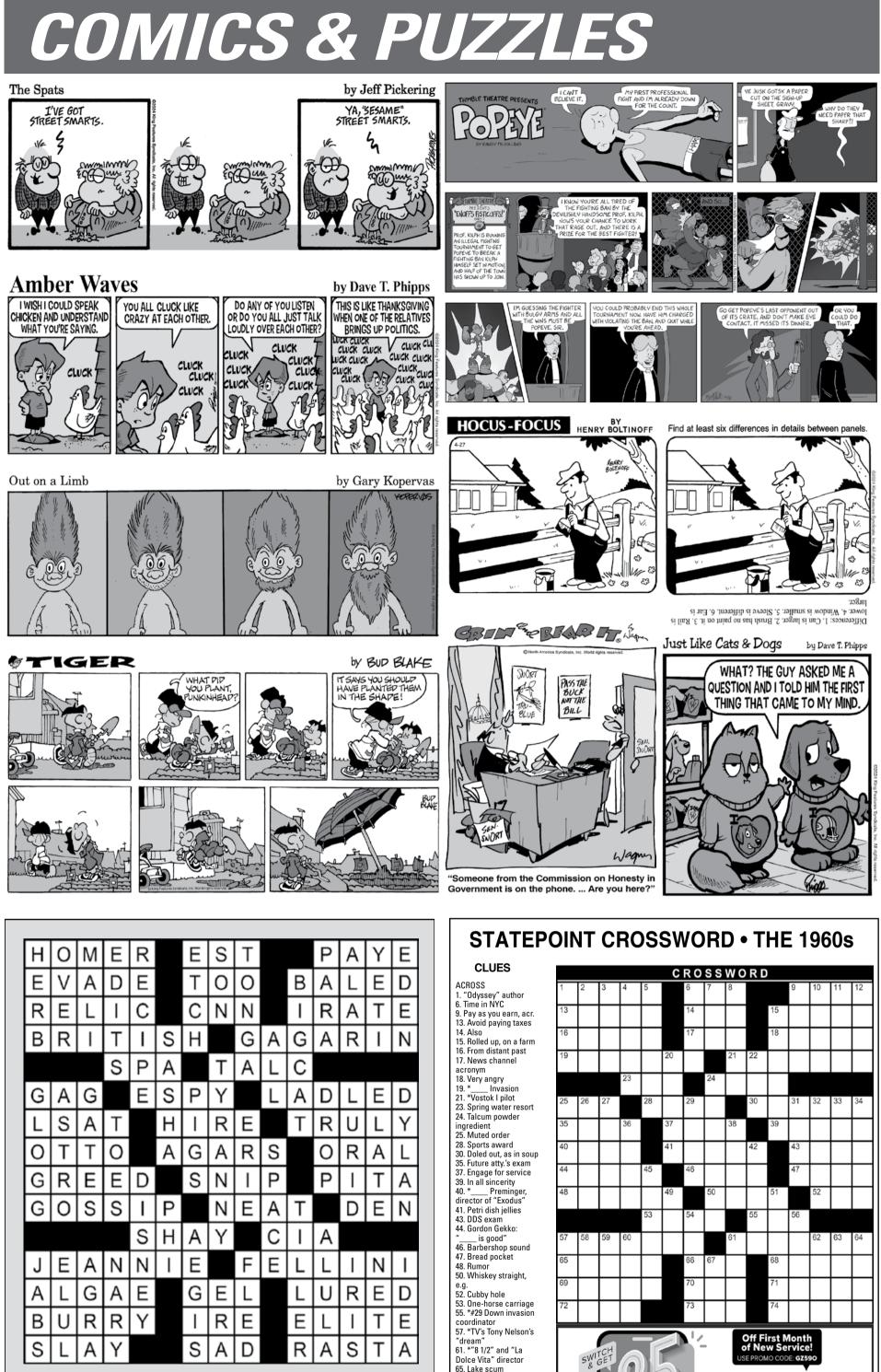
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$10 \cdot \text{THE NEWS}$

Californians Get Hacked All the Time

By Khari Johnson CALMatters.org

You might think the home of Silicon Vallev would rush to hire a cybersecurity chief, but you'd be wrong: California has left its top cybersecurity post vacant for nearly two years.

A spokesperson said there is no current timeline for Gov. Gavin Newsom to appoint anyone for the position, commander for the Cybersecurity Integration Center.

"We are a target," as a tech industry leader, the most populous state in the country, one of the busiest ports in the world, and the fifth largest economy in the world, said former cybersecurity integration center commander Jonathan Nunez in a video posted to YouTube two years ago. He took the helm in June 2020 and was the last commander appointed by Newsom, leaving the position in June 2022.

State officials say the vacancy hasn't hampered the state's ability to respond to threats, but experts outside the state government are concerned that an acting commander is spread thin.

The commander job entails assisting law enforcement agencies with criminal investigations and safeguarding California's economy and critical infrastructure. Other job duties include maintaining a security operation center that disseminates actionable information to all state entities, forming public and private partnerships, and developing state cybersecurity strategy. The commander is paid a salary of up to \$187,000 a year.

The challenge of a position like cybersecurity commander is it's not a matter of public or media interest until something goes wrong, said Dan Schnur, a former spokesperson for Gov. Pete Wilson who now teaches political communication at the University of Southern California and University of California, Berkeley. There's no set timeline for appointments and depends almost entirely upon the urgency to fill the job and quality of applicants, but in his experience, taking more than a year to appoint is an unusually long amount of time. "Either they're going through a painstaking process to pick the right person or it slipped through the cracks and there's no way to know which of the two it is," he said. "Unless you find a unicorn who's willing to forego that kind of financial compensation in exchange for public service, you're already starting out with a compromise."

There have been four full-time commanders prior to the current acting commander.

Keith Tresh was appointed by former Gov. Jerry Brown and acted as commander from 2016 to 2018. He is now chief information security officer at consultancy firm AMEG. Mario Garcia served as acting commander from 2018 to 2020 and now works as state coordinator for the U.S. Department of Homeland Security's Cybersecurity and Infrastructure Security Agency. Jonathan Nunez was appointed by Gov. Newsom in 2020 and now works as an analyst at consultancy firm Gartner. David Lane served as acting commander for an unspecified period of time in 2022. Deputy Director of homeland security Tom Osbone is also the acting commander.

Tresh previously served as chief information security officer for the states of California and Idaho and was the first Cybersecurity Integration Center commander. He said he jumped at the opportunity because the job acts as a second set of eyes for public institutions like city and county governments, not just the state of California.

"We helped school districts and regional transit authorities when they had breaches," he said. "That's why I think it's absolutely a perfect position to continue on."

Cyber attacks on public institutions like local governments, hospitals, and school districts are on the rise. Hospitals and health care providers are still recovering from a ransomware

the Cybersecurity and Infrastructure Security Agency, and Department of Homeland Security.

Brown created the cybersecurity agency in 2015 to operate within the governor's Office of Emergency Services. It works with the Department of Technology to investigate and report incidents and helps restore operations after an attack. Director Liana Bailey-Crimmins told CalMatters in an interview in February that her agency works closely with the office of emergency services to address the needs of the state as they fill key positions so they never miss a step.

curity integration center existed.

CalMatters reached out to the office of Attorney General Rob Bonta for the latest data breach report. The attorney general's office referred CalMatters to the cybersecurity center, which did not share new information but said it would post new data publicly later "this spring."

difficult for the cybersecurity center to keep commanders because the pay is less than for similar jobs in the private sector. State employees may treat an acting commander — who will be in the job temporarily — differently than a commander

appointed by Newsom.

shortage. California has the second-highest in the U.S., according to a 2022 report by the nonprofit International Information System Security Certification Consortium.

Third, public agencies can't compete with pay and benefits offered by private companies. Another 2022 study found that the private sector pays 14% more than government agencies. The pay gap creates a situation in which entry-level employees are responsible for guarding highly sensitive systems. It's hard to say what the consequences of the vacancy are, but since the center develops the state cybersecurity strategy and is a hub for sharing attack threat information and how

but received no comment. The last time the state

the Former Gov. Jerry





attack that affected payment processing for Change Healthcare, which processes roughly half of all health care claims and payments nationwide.

The Cybersecurity Integration Center receives reports when a school district, state agency, or private company experiences a data breach. The center also receives threat reports from federal agencies such as the Federal Bureau of Investigation,

A spokesperson for the governor's Office of Emergency Services said Osborne is serving as acting commander while the governor carries out a nationwide search for a qualified candidate.

> Over the course of the past month CalMatters repeatedly asked details about data breach reports and compliance with additional duties assigned to the commander and cybersecurity integration center by a five-year cybersecurity plan approved in 2021

audits found that state agencies were woefully unprepared for cyber attacks, California Assemblymember Jacqui Irwin, a Democrat from Thousand Oaks, coauthored a 2018 law that made the Cybersecurity Integration Center a permanent state agency and required development of a state cybersecurity strategy. Irwin, who is also chairperson of the Assembly cybersecurity committee, told CalMatters in a statement that finding a new commander has not been easy.

After

"The state has struggled to recruit and retain

A former cybersecurity center employee who spoke to CalMatters on background for fear of professional reprisals said the biggest issue with the position is lack of real authority; the commander has limited capacity to act and hold people accountable.

Public agencies, especially in California, are major targets for cybercriminals seeking confidential information or just want to cause panic, said Steven Ward, a cybersecurity fellow at center-right think tank R Street Institute and former digital forensics examiner for law enforcement to patch vulnerabilities, Ward said he's worried that the acting director might be spread too thin.

"It definitely needs to be filled," he said. "It's important that this type of work continues without interruptions."

Khari Johnson is CalMatters' first tech reporter. He previously covered artificial intelligence use by businesses and governments as a senior writer for WIRED and VentureBeat with an emphasis on policy, power, human rights abuses and telling the stories of people demanding accountability after being harmed by automation.

