

Liberty Ranch Baseball Tops Galt for Third Time

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Strong Competition at STUNT Sections



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## The Galt Herald The could be and the second

124TH YEAR • ISSUE 19

Serving Galt and Sacramento County Since 1901

**Galt Food Center Hosts Grand Opening** 

MAY 10, **2024** 

### SEE INSIDE

#### HOSTESS WITH THE MOSTEST ... CUPCAKES!









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Volunteers Needed for Public Emergency Response

Sacramento County News Release

**SACRAMENTO COUNTY, CA** (MPG) - When disasters occur that require onsite medical assistance, first responders can become overwhelmed by the number of victims who need help.

A group of medical and non-medical volunteers in Sacramento County answer the call and assist the injured in their time of need.

The Sacramento Medical Reserve Corps (SMRC) was created to strengthen public health, emergency response and community resiliency.

The group is looking for more volunteers dedicated to public service, along with assisting during large-scale disasters, public health emergencies or extreme weather events. Sacramento Medical Reserve Corps is also always ready to help in various capacities. The volunteers assist at large community events' first-aid stations, provide health screenings at health fairs, support public health with flu clinics and promotes emergency preparedness to service organizations and neighborhood groups. The Sacramento Medical Reserve Corps volunteers are critical in helping keep Sacramento County protected and prepared for any situation. For one volunteer, that dedication has not gone unnoticed. Sacramento Medical Reserve Corps member Michael Joseph was selected as one of three finalists for the 2024 Outstanding Medical Reserve Corps Responder by the U.S. Department of Health and Human Services National Medical Reserve Corps program office. The award will be announced at the 2024 National Medical Reserve Corps Conference in May. Sacramento Medical Reserve Corps is looking for others who want to join Joseph in helping assist residents in this area. To apply, visit sacoes. saccounty.gov/acramentoMedicalReserveCorps to become a Sacramento Medical Reserve Corps member.

## A mariachi band plays at the May 4 grand opening of Galt Food Center, formerly Galt Supermarket. Photo by Matthew Malone

#### By Matthew Malone News Editor

**GALT, CA (MPG)** - Galt Food Center, the successor of local institution Galt Supermarket, held a grand opening on May 4 to celebrate the completion of renovation work.

Despite heavy rain, groups of visitors crowded under the eaves and a temporary canopy for tacos and giveaways of toys and other products. A mariachi band played outside the store. Another, stationed inside near the bananas, cucumbers and avocados, serenaded customers doing their shopping.

The Lee family, which had owned Galt Supermarket for nearly 53 years, sold the business in October 2022, citing inflation, supply chain issues and difficulty hiring as their reasons. The business was founded in 1947.

New owner Tony Ali said he is from the community of Madison near Woodland. Ali's goal in coming to Galt was to "do great business in a great town with great people."

"Since I took over the business, I work day and night to make the difference and I'm so happy to have my business in this city. It's a very nice city and I love it."

The renovation process took about 18 months to finish.

"We changed everything," Ali said.

The interior includes new flooring, shelving and checkout areas, and the exterior received a fresh paint job.

Continued on Page 2



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## **Gym Wealth is May Business of Month**



Gym Wealth Is Health owner Yvette Guardado holds her honorary Business of the Month certificate, next to her husband, Marc Guardado, and her daughter, Monqiue Guardado. Photo by Matthew Malone

#### By Matthew Malone News Editor

**GALT, CA (MPG)** - The Galt District Chamber of Commerce on May 2 named Gym Wealth is Health its honorary Business of the Month. The business combines a gym with healthy food offerings.

Chamber members gathered at

the business's location on C Street. Gym Wealth Is Health recently took over the storefront and operations of Prime Nutrition, after the latter's lease ended.

"We appreciate all that you do," the chamber's community relations manager Kat Seabolt said. "You have customers that are completely loyal to you that love coming in every day. You always greet everyone with such enthusiasm. You have such a zest for life that we all appreciate. And we are just excited to get to celebrate you this month."

Owner Yvette Guardado said customers can come for either or both of the two businesses. Gym Wealth is Health offers exercise facilities, *Continued on Page 3* 

#### GaltHerald.com

## **Galt Food Center Hosts Grand Opening**



Grand opening attendees on May 4 get tacos outside the store. The grand opening also featured product giveaways.

#### Continued from page 1

Galt Food Center still offers many of the same products as its predecessor, with meat, produce and groceries, as well as Chinese food.

Ali said he has seen a positive response from patrons, who he said are "so excited" by the renovated store. He also complimented the Lees for their closeness to the community.

Galt Mayor Paul Sandhu

participated in a ribbon-cutting at the front door. He spoke about his impressions of the store.

"It's totally different ... much cleaner," Sandhu said. "Even the outside, they did very good and it was excellent."

Sandhu said Galt City Council welcomes Galt Food Center to the city.

Ali said customers see that Galt Food Center is "trying to give them good prices, good quality, to



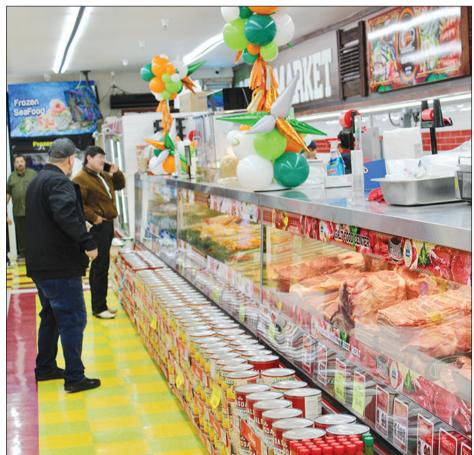
Galt Mayor Paul Sandhu, fourth from right, joins Galt Food Center leadership and mariachis for a photo on May 4. Photo courtesy of Galt Food Center

keep them happy. ... I told all my team here that our job is to serve the community."

Galt Food Center, at 814 A St., is open daily from 7 a.m. to 10 p.m. For more information, call 209-745-1397.



Galt Food Center customers buy their groceries during the May 4 grand opening.



Here is the meat counter at Galt Food Center. Photos by Matthew Malone





Jea at the Rae

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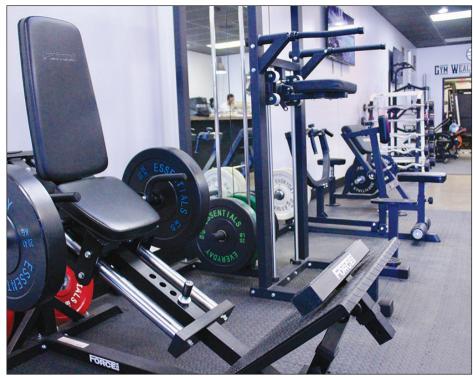
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Yvette Guardado, center, accepts the honorary Business of the Month recognition while accompanied by Galt Chamber of Commerce members. Photos by Matthew Malone



Gym Wealth Is Health offers gym memberships, as well as healthy foods provided by Prime Nutrition.

## Gym Wealth is May Business of Month

#### Continued from page 1

while Prime Nutrition sells meal replacement shakes and other foods designed to boost nutrition, such as protein waffles.

Guardado said Gym Wealth is Health began as a home gym for she and husband, as local gyms closed during the COVID-19 pandemic. Guardado eventually became a certified trainer, helping family and friends. "And then I finally had enough members to finally move out of our house. ... And then we started looking around for a place for the gym, for Gym Wealth Is Health," she said.

Prime Nutrition's lease on the location was ending at the same time that Guardado was looking for a location.

"So we actually brought our gym into the nutrition shop. Now, it is a gym where you can get some nutrition," Guardado said.

Gym Wealth Is Health's clients are generally looking for "a personal feel of a gym," Guardado said, where "it's not busy and a lot of people, and you never have to fight for your machine."

Guardado said later that she also sees exercise as important for making everyday physical tasks easier, especially as people age.

The gym offers two

levels of membership. For \$50 a month, members can exercise during business hours, with some weekend availability. For \$75, members can additionally come in as early as 5 a.m. or 6 a.m.

"I am so, so, so happy," Guardado said of the chamber recognition, expressing gratitude for the chamber members who nominated her business.

"I'm the one that's lucky to have our gym members and the town people who are regulars here, good people that this gym and the nutrition part of it draws here are amazing people, and I'm the one that's lucky to be part of their everyday life," Guardado said. "My passion is to help people get healthy and fit and to just begin to fall in love with that because once your mind shifts to 'It's not just a workout that I have to do or I need to do,' once you

begin to love it and understand the benefits of being healthy, you're going to live longer, you're going to get stronger." Gym Wealth Is Health is located at 905 E. C St., Suite 170.

It is open 7 a.m. to 4:30 p.m. Monday to Friday; 9 a.m. to 1 p.m. Saturday; and 10 a.m. to 2 p.m. Sunday. For more information, call 209-843-5179 or visit the business' Instagram page, @gymwealthishealth. ★





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### **COMMUNITY BRIEFS**

#### **Nominate Your** Neighbor

The Galt Beautification Committee wants you to "nominate your neighbor." Has your neighbor recently completed a yard project? Does your neighbor have the best flowers in town or the best-looking yard? The Galt Beautification Committee wants to know. Send an email with pictures and why you are nominating your neighbor to planningdivision@cityofgalt.org. The best submissions will be included in future news-

letters and City Manager Updates.

#### **AA 24-Hour Hotline**

For help with an alcohol-related problem, call the Alcoholics Anonymous 24-hour hotline at 209-745-1525.

#### **Nar-Anon Family Group Meetings**

Narcotics Anonymous (Nar-Anon) family group meetings for friends and family members who are dealing with drug addiction are held from 9:30 a.m. to 10:30 a.m. Saturdays at the Galt United Methodist Church, 571 C St. in Galt.

#### **Sunshine Food Pantry Donation** Sites

Sunshine Food Pantry is a food closet that helps provide for residents. Collections of canned food and dry good nonperishable items are received at United Methodist Church, 571 C St. in Galt; call to make an appointment for donations at 209-745-4133. The food closet is open

from 7:30 a.m. to 10 a.m. the second and fourth

Thursdays of each month at the United Methodist Church

#### **Meals on Wheels Cafe Accepting Older Adults**

Meals on Wheels is accepting new participants in its Galt All Seasons Café located in the Chabolla Community Center, 600 Chabolla Ave. The cafe is open at 11:30 a.m. Mondays through Fridays for adults ages 60 and older. Those interested can apply at the Chabolla Center when meals are being served or they can call 916-444-9533.

#### **Senior Bingo Weekly** at Chabolla

The Galt Commission on Aging is hosting free Senior Bingo games at the Chabolla Community

**GLANCE BACK** 

Center at 600 Chabolla Ave. from 1 to 3 p.m. Mondays (except holidays and when required by the city). Seniors of Galt and its immediate vicinity are cordially invited to have fun and play bingo together, socialize and possibly make new friends.

#### **Free Compost for Galt Residents**

The city of Galt is offering free compost to Galt residents. The compost is for residential use only, from Thursday through Monday. It is located at the Caroline Avenue parking lot, across the street from Galt-Marian O. Lawrence Library. Those interested are asked to bring their own shovels, gloves and buckets. In addition, no mechanical loading is allowed; all loading must be done manually. There is a limit of five six-gallon buckets per load and one load per week per household.

For more information on the program and compost benefits, visit the city website at bit.ly/43lySAI (case sensitive).

#### **Cosumnes DAR Chapter Accepting New Members**

The Daughters of the American Revolution (DAR) recently started its Rio Cosumnes Chapter in the Elk Grove/Galt community and is accepting new members.

The nonprofit, nonpolitical volunteer women's service organization is dedicated to promoting patriotism, preserving American history and securing America's future through better education for children. Members are all lineal descendants of those who supported the cause of independence in the Revolutionary War.

For more information, contact Registrar Paula Schroeder at egdarregistrar@gmail.com.

#### **Office Hours With Mayor Sandhu**

Galt Mayor Paul Sandhu meets one-on-one with residents of Galt. On the first and second Thursday of each month, residents can discuss issues important to them at Galt City Hall (380 Civic Drive).

Meetings are 30 minutes each and by appointment only by contacting the city clerk's office at 209-366-7130, extension 7 or clerk@cityofgalt.org.

#### 80 Years Ago May 19, 1944

On Saturday afternoon, May 13, at 3 o'clock before the altar of the Galt Methodist Church, Miss Shirley Eileen Foote became the bride of Cpl. Albert Earl Trueman, Rev. Floyd O. Burnett, pastor of the church, officiating. They were attended at the ceremony by her parents, Mr. and Mrs. Roy E. Foote. He is the son of Mrs. Nora Thrush of Oregon.

#### 

August Pahl was taken to the Buchanan hospital in Lodi suffering from an acute attack of appendicitis. Reports received yesterday are to the effect that he is recovering nicely from an operation performed by Dr. V.E. Greer of Galt.

#### 70 Years Ago May 20, 1954

Jack Freund, a butcher who has been in the business of cutting and selling meat for the past 35 years, this week took over operation and ownership of the Galt Food Bank ... Purchase of the Galt Snack Shack and eventual expansion of the small restaurant on C Street was announced this week by Mrs. Tom Enright.

A surprise birth-

Saturday evening at the 417 Café honoring Henry Biederman and Mrs. Adam Braxmeyer. Hostesses for the event were Mrs. Henry Biederman and Mrs. Dolores Wegat.

#### 60 Years Ago May 14, 1964

Dr. Peter C. Pavitt, M.D., of Philadelphia will join the staff of Drs. V.E. Greer and G.W. Oehler at their offices, Fifth and B Streets, during the latter part of July or early August, it was announced yesterday. Dr. Pavitt is a general practitioner.

#### 

Mr. and Mrs. J.R. Hines day party was held last were surprised with a party

given in honor of their 35th wedding anniversary April 25 at the home of their daughter, Edith, Mr. and Mrs. Gary Copen, Debbie and John, in Lodi. The Hines have lived in Galt since 1959.

#### **50 Years Ago** May 16, 1974

The Galt FFA participated in the State Finals at Cal Poly State University.

They now have another State Champion team, the Agronomy Team, with members Rod Steinhauer, Anthony Nicolini and Dan Hawse.

This is the third time Galt FFA has had a State Champion Ag Team.

The Girls League of Galt High School presented a Mothers' Tea May 9 in the high school gym to a full house. Master of ceremonies Sherri Johnson presented the Mother of the Year award to Mrs. Dorothy Merkins who was selected by the Girls League outgoing officers.

#### 40 Years Ago May 10, 1984

Eight young ladies have signed up to run for the coveted title of Miss Galt 1984 at the Chamber of Commerce-sponsored pageant planned for June 22 in the high school auditorium. The eight girls will be seeking to succeed reigning Miss Galt Dawn Moore. This year's contestants are Cathy Pellandini, Melissa Vanderspek, Julie DeGrandmont, LaDonna Freeman, Jennifer Turner, Monica Stallings, Linda Deits and Kathleen Cervantes.

#### 

For fortunate junior golfers between the ages of eight and 17, Dry Creek Golf Course will be giving free golf lessons throughout the entire summer. Teaching professionals Bob Lunn and Joanie Farmer will handle the majority of the instruction. Since the clinics started, the number of high schoolers trying out for the golf team has risen dramatically.



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ARREST LOGS UPDATED DAILY

## **Nine Sacramento Summer Crime Prevention Tips**

#### By Capt. Zachary Bales, south area commander. Sacramento Police Department

Summer is about to be here, and before you know it, we will be wishing for that evening Delta breeze! Summer in Sacramento is the perfect time to soak up the warmth and enjoy all the exciting activities the season has to offer. But while you're out and about, it's important to keep safety top of mind. Here are some tips to ensure your summer stays sensational, without any unwanted surprises, and needing Sacramento Police Department services:

1. Secure Your Castle: Before you embark on your summer escapades, give your home a safety check. Lock up tight, install exterior lighting, consider a security system, and trim those shrubs to eliminate hiding spots for any potential uninvited guests.

2. Keep Your Valuables Out of Sight: Don't tempt fate by leaving your prized possessions in plain view. Keep them safe and secure, and out of sight



Captain Zachary Bales. Photo courtesy of Sacramento Police Department

from prying eyes.

3. Watch Your Words (and Posts): We all are excited about our summer plans, but sharing them on social media could tip off the wrong crowd. Crooks take advantage of those selfies taken and posted in real time at the airport. Share your adventures after you return home to keep your home safe while you're awav.

4. Neighborly Love: Get to know your neighbors and watch out for each other. A strong community is a safe community. Let your neighbors know if you are going to be away and ask them to keep an eye out for anything out of

the ordinary.

5. Stay Alert in Public Places: Summer events are the highlight of the season, but they can also attract opportunistic thieves. Keep your belongings close and your wits about you. Pickpockets are not a thing of the past. Many of us forget we are carrying around a very expensive electronic all the time!

6. Fortify Your Ride: Keep your vehicle safe by parking in well-lit areas and locking up. Don't leave valuables in plain sight; stash them in the trunk or take them with vou. Remember with your vehicles to Take, Lock, Hide!

7. Don't Fall for Scams: Scammers love summer too, but not in a good way. Stay sharp and don't fall for unsolicited requests for personal information or money. The police department will never contact you with requests for payments over the phone, nor do most other reputable institutions.

8. Be the Watchful Eye: If you see something fishy, say something! Your vigilance could be the key to stopping a crime in its tracks. Trust your instincts.

9. Stay Informed: Keep up with local news and crime alerts to stay one step ahead of any potential trouble. You can follow the Sacramento Police Department on Facebook, Instagram, Nextdoor or on the SacPD Mobile app.

With these tips in your back pocket, you can enjoy a summer filled with fun, sun, and safety in Sacramento! Let's make this summer one to remember, for all the right reasons.

Capt. Zachary Bales joined the Sacramento Police Department in 2002 and is currently assigned to the Office of Operations South Command. \*

### **POLICE LOGS**

From April 25 to May 1, Galt Police received and responded to a variety of calls, resulting in 12 arrests.

#### **Thursday, April 25**

10:53 p.m., attempt to serve warrant/adult arrested at Highway 99/Elm Avenue.

#### Friday, April 26

2:29 a.m., attempt to serve warrant/adult arrested at Highway 99/Pringle Avenue.

10:03 a.m., vandalism reported at O'Hara Realty on South Lincoln Way.

4:57 p.m., DUI/adult arrested at Union 76 on Simmerhorn Road.

#### Saturday, April 27

6:48 a.m., theft reported on South Emerald Oak Drive; mailboxes in front of residence broken into.

10:56 a.m., identity theft reported on Steele Way.

4:08 p.m., theft reported at Sterling Grove Drive/ Sterling Oak Drive; community mailbox appears broken into.

10:30 p.m., attempt to serve warrant/adult arrested at Walmart on Twin Cities Road.

#### Sunday, April 28

2:11 a.m., DUI/adult arrested at Highway 99/

Twin Cities Road. 8:53 a.m., theft reported on Vintage Oak Avenue.

8:25 p.m., DUI/adult arrested at Galt Food Center on A Street.

11:49 p.m., vandalism reported on Downing Drive.

#### Monday, April 29

10:46 p.m., drunk and disorderly person/adult arrested on Tudor Street.

#### **Tuesday, April 30**

12:17 a.m., DUI/adult arrested at Elm Avenue/Oak Avenue.

7:13 a.m., parole/probation search/adult arrested at Fumasi Drive.

7:53 a.m., narcotics violation/adult arrested at Simons Street.

10:02 a.m., narcotics violation/adult arrested at Tobacco Man on C Street.

#### Wednesday, May 1

2:27 a.m., attempt to serve warrant/adult arrested on Spring Street.

4:02 a.m., trespassing reported at H Street/Olive Court.

2:55 p.m., hit-and-run/ non-injury at Galt Market on Meladee Lane.

5:53 p.m., drunk and disorderly person reported at Dry Creek U Save Liquors on C Street.



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8:20 AM	8:45 AM	8:50 AM	8:55 AM	9:00 AM	9:25 AM	9:45 AM	8:25 AM	8:45 AM	9:20 AM	9:45 AM	9:50 AM	9:55 AM	10:00 A/		
0:20 AM	10:45 AM	10:50 AM	10:55 AM	11:00 AM	11:25 AM	11:45 AM	10:25 AM 12:25 PM	10:45 AM 12:45 PM	11:20 AM 1:20 PM	11:45 AM 1:45 PM	11:50 AM 1:50 PM	11:55 AM 1:55 PM	12:00 PM		
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### **ABOUT TOWN**

#### Tea at the Rae on **May 11**

Galt Area Historical Society will host its annual Tea at the Rae on Saturday, May 11, just in time for Mother's Day.

The tea is from 1 to 3:30 p.m. at the Rae House Museum, 204 Oak Ave., and attendees are encouraged to wear their fancy hats and bring their friends.

Seating is limited. Tickets are \$40 each. To buy tickets, visit L'Chayim of Galt or the Barsetti Vineyards tasting room, both at 400 Fourth St.; call Joan Werblun at 209-251-9199; or visit galthistory. com.

#### **State of the City May 16**

The 2024 State of the City luncheon, from 11:30

a.m. to 1:30 p.m. May 16, will provide attendees with a review of the city's achievements in the past year and goals for the future.

Hosted by Galt District Chamber of Commerce at Papas & Wings (803 C St.), the event will feature a winetasting, appetizers and a choice of burger or sandwich.

To buy tickets, visit bit.ly/3JnmYxl (case sensitive).

#### **Historical Tours Offered Monthly**

The Galt Area Historical Society offers tours at McFarland Living History Ranch (8898 Orr Road) and the Rae House Museum (204 Oak Ave.), from 1 to 4 p.m. on the following Sundays: June 2, July 7, Aug. 4, Sept. 1, Oct. 6, Nov. 3 and Dec. 1. Parking is free and donations are accepted.

For more information, call 209-730-3127.

#### **American Legion Post 233 Invites** Veterans

The Elk Grove American Legion Post 233, established in 1994, invites veterans to our monthly meetings every 4th Thursday of the month at the Elks Lodge, 9240 Survey Road, Elk Grove, CA 95624.

Our next meeting will be held May 23rd, 2024.

Elk Grove American Legion Post 233 invites veterans and their spouses to a dinner/social hour from 6-7 pm. The veterans' general meeting starts at 7 pm.

Veterans' spouses are welcome to join the Elk Grove American Legion Auxiliary Unit 233 that meets in another room from 7-8 pm in the same location.

For questions, please contact Henry at 916-205-9296 C or Sue at 916-683-6128 H.

We also invite veterans and spouses to join us each month on the first Saturday for our Elk Grove American Legion Post 233 Family Social Breakfast.

Our next Saturday breakfast will be held June 1st at 9:00 am at Bert's Diner at 8972 Grant Line Road, Elk Grove 95624.

NOTE: the new location will be for the summer months of June, July & August.

We hope to see you there.

#### **Sacramento Native Relays Instructions to Sailors Aboard USS Dewey**



U.S. Navy photo by Mass Communication Specialist 1st Class Samantha Óblander

#### Navy Office of Community Outreach News Release

PHILIPPINE SEA (MPG) - Boatswain's Mate 2nd Class Tramain White, top left, from Sacramento recently relayed instructions to sailors on the aft-missile deck aboard the Arleigh Burke-class guided-missile destroyer USS Dewey (DDG 105) during a replenishment-at-sea with the Henry J. Kaiser-class underway replenishment oiler USNS Yukon (T-AO 202). Operations were being conducted in the Philippine Sea.

Dewey is forward-deployed and assigned to DESRON 15, the Navy's largest DESRON and the U.S. 7th fleet's principal surface force.

### **MEETING MINDERS**

#### Saturday, May 11

Kiwanis, 8:30 a.m., Comfort Inn and Suites, 10380 Twin Cities Road, 209-327-1098.

#### Wednesday, May 15 Cosumnes CSD, 5 p.m., Elk Grove CSD board-

room, 8820 Elk Grove Blvd. Galt Elementary School

Board, 7 p.m., City Hall, 380 Civic Drive, 209-745-4545.

#### Thursday, May 16

Galt High School Board, 6 p.m., Council Chambers, 380 Civic Drive.

Arcohe School Board, 7 p.m., Media Center (East Campus), 11715 Ivie Road, Herald, 209-748-2313.

Galt Beautification Committee, 9 a.m., Community Development Dept., 495 Industrial Drive, 209-366-7130.

Galt Chamber Luncheon, 11:30 a.m., (at designated locations), 209-745-2529.

Herald Fire Protection District, 6 p.m., Station 87, 12746 Ivie Road, 209-748-2322.

U.S. Coast Guard

Auxiliary, 6:30 p.m., Galt Police Department, 455 Industrial Drive, 916-687-1512.

#### Friday, May 17

Galt Sunrise Rotary, 7 a.m., Velvet Grill & Creamery, 400 Fourth St., 209-745-6617.

**Dignity Health and Aetna® Reach Agreement** 

#### Dignity Health News Release

SACRAMENTO REGION, CA (MPG) - Dignity Health and Aetna, a CVS Health Company, have reached agreement on a new, multi-year contract that allows Aetna members to maintain in-network access to Dignity Health services, facilities and providers in Arizona, California and Nevada.

The effective date of the new agreement is April 1 and health care services received by Aetna members since April 1 will be covered at in-network benefit levels.

"This is a win for our patients who deserve access to local high-quality care," said Robert Quinn, MD, president of Dignity Health Medical Foundation. "Our goal in working with Aetna has always been about ensuring we can meet the needs of our patients today and in the future. This agreement ensures we can continue to provide value-driven care for Aetna members."

Said Cathy Hughes, Aetna VP and chief network officer for the Western and South-Central region, "We are committed to serving Aetna members with access to quality, convenient, affordable care through our network of providers. We are pleased to reach an agreement with Dignity Health that enables us to continue working together to meet the health care needs of our members."

Aetna members can call the number on their Aetna member card for more information.





Stribling on May 29, 1969 in Carson City, Nevada. Together they had two

beautiful children, Jasen Stribling and Kari Roesler (Stribling). She passed away peacefully at home surrounded by her loved ones on the morning of April 27, 2024.

She will be fondly remembered by her overwhelming generosity to those around her. She worked closely with her local church, where she was a board member, as well as multiple non profit volunteer organizations providing personalized bags and boxes for those in need. Her love and support is something that will continue on in the hearts and minds of those who were lucky

Combs; and Grandson, Jordan Stribling.

She is survived by husband, Micheal Stribling; Brother, Kenneth Combs; Sister, Diana Combs-Curtis; Sister, Martha Combs; Son, Jasen Stribling; Daughter, Kari Roesler (Steve) Son, Chris Burton (Michelle) Grandson(s), Cliff Burton, Devyn Roesler; Granddaughter, Ciera Stribling. Along with numerous nieces, nephews, and cousins.

A viewing will be held Wednesday. Mav 8 from 3pm-7pm at Ben Salas Funeral Home, 149 4th St., Galt. A celebration of Life will be held at 1pm Friday, May 10 at Galt SDA Church, 619 Myrtle Ave in Galt.

Arkansas to Roy and Wanda (McSwane) Southern. She died June 29, 2023 of natural causes at home in Oakdale, California. She, with her nine siblings, was raised in the east bay area of California. In 1957 she married Martin Jendrejack, and had four children with him. They moved to Galt in 1972. Their marriage lasted twenty years and ended in 1977. Ruthie married Jim Taylor in 2003.

Ruthie was employed with the California Office of Emergency Services for twenty years. She retired as an Analyst from that agency in 1999, and devoted her time to music and volunteer services. As long as she was physically able, she volunteered at meals on wheels, tutoring special needs children at the elementary school, and providing

She was a devoted member of the Seventh Day Adventist Church. She especially enjoyed working with the children and was affectionately know by them as "Aunt Ruth". Next to her church and her family, music was her special love. She played several instruments (piano, guitar, accordion, autoharp), and participated in various music festivals.

Ruthie is survived by two of her children, Debra Jendrejack of Galt, and Dr. Richard Jendrejack of Wisconsin. She was preceded in death by her son David Jendrejack, husband Jim Taylor, and daughter Janet Jendrejack. She also leaves behind seven grandchildren and four great-grandchildren.

Services will be held on June 14, 2024 at 11am, at SDA Church of Galt, 619 Myrtle Street.

#### PHILLIP GUY OCHOA • 4/7/1937 - 1/31/2024

Ann

also

Jessica

behind

Ochoa

Philip peacefully passed away surrounded by family. Philip owned the True Value Hardware sister Theresa store for over 35 years in and Galt. Born in Pittsburgh, PA to Abadios and He Angelina Pantoni Ochoa, Philip leaves behind his Angela Azevedo, Philip sister Paula Quinn and brother William Ochoa

preceded in death six grandchildren and by his loving wife of twelve great grand-60 years Barbara Rae, children. Pliska А

Celebration of granddaughter Life BBQ will be held Saturday, Ochoa. May leaves 25th at 3pm. four children:

E-mail: (Astrid), Pamela amazevedo1@reagan.com Ochoa, and Mark Ochoa, for address



MEMORIAL





Read the public notices in our newspaper or on our website to learn more about: Government meetings, bids & contracts Foreclosures Unclaimed property School Board issues Elections/Polling places, initiative petitions Tax assessments/proposals

## Bike Fest 2024: Let's Ride!

#### American River Parkway Foundation News Release

**SACRAMENTO, CA (MPG)** -American River Parkway Foundation is excited to announce that Bike Fest will return on Saturday, May 18 at William B. Pond Park located at 5700 Arden Way, Carmichael.

Save the date and get ready to participate in Bike Fest. The rides will start at 7 a.m., while the festival will begin at 10 a.m.

There will be many highlights for people of all ages. There will be an interactive Kid Zone, where you can keep your little ones entertained with helmet decorating, obstacle courses, face painting, nature hikes, interactions with canine companions, sensory experiences and captivating science experiments.



Riders from a previous Bike Fest smile in front of the live music stage.

Also at the Bike Fest will be live music. Enjoy the lively tunes of Leaping Blennies and soak in the festive atmosphere.

There will be many food and drink options, as well. Indulge in delectable offerings from food trucks like Pinorrito, Tipsy Cheese, and Chicks 500 Degrees.

Quench your thirst at the Beer Garden featuring

local breweries, including New Belgium, Two Rivers Cider, River City Brewing and Bike Dog. Additionally, there will be bike demos and bike shops. Discover the latest bike trends and get expert safety advice from Specialized Bikes. Explore local vendors featuring Oak Park Massage, Moonscent, Isabel Emilie – Wellness



A cyclist displays enthusiasm at a previous Bike Fest. Photos courtesy of American River Parkway Foundation

Coach, Nurelle Creation, and more.

Lastly, guests can enter for raffle prizes. Enter to win awesome prizes like a family four-pack to the Walt Disney Museum, a cruiser bike from New Belgium Brewing and more.

Bike Fest promises a day filled with cycling excitement, family fun and community spirit! Don't miss out.

Ticket prices vary; adult

tickets cost \$30, while children's tickets are \$15. Family bundles cost \$90 (2 adults and 2 children). Kids under the age of 8 are free. Visit arpf.org/events/ bikefest/ for more information and tickets.

## Baa-aad News for Fire Fuels

#### Sacramento County News Release

**SACRAMENTO COUNTY, CA** (MPG) - We've goat some exciting news for ewe (ok, no more puns)!

The Sacramento County Department of Regional Parks is gearing up for its multi-pronged efforts to reduce fire risk, defend wildlife habitats and protect our natural resources and the neighborhoods adjacent to the parks.

For its 2024 Fire Fuel Reduction Action Plan, the Department of Regional Parks has lined up sheep and goat grazing contracts, is utilizing park maintenance crews (and other manned crews through contracts with the California Conservation Corps and Sacramento Regional Conservation breaks, and is issuing fuel break maintenance permits to properties bordering Regional Park properties.

"We had another wet winter and a surprisingly wet spring, so we anticipate a similar vegetation situation that we found ourselves with last year," said Liz Bellas, director of Regional Parks. "As all this vegetation dries out, the fire risk increases, so the work we are doing, and the work our contractors are doing is going to be critical this year."

To decrease the number and size potential of wildfires in our parks system, the techniques used will be applicable for each area and will include:

**Firebreaks** – A combination of mowing, soil discing and targeted herbicides will be used where



Goats receive captions from Sacramento County. Image courtesy of Sacramento County

perimeters around open fields, along fence lines and behind neighborhoods. This work is scheduled to be completed by the end of June.

Ladder Fuel Hand-Crews – In limited, hard-to-reach areas, hand-crews will remove vegetation that allows the potential for a fire to climb up or move into urban areas.

hundreds of acres of undeveloped or protected land in our Regional Parks. Goats and sheep are ideal for vegetation management and are great at eating down weeds, bushes and grass that manned crews cannot get to. Grazing is expected to occur through the end of June.

Annual Encroachment Permits – Residents who Parks' properties are able to apply for free annual encroachment permits to maintain a fire break behind their property line. These allow residents to string-trim grass and weeds for up to 50 feet beyond their private property line. To request a permit, provide your name, address and contact information to Regional Parks at parkVisitors to Sacramento County Regional Parks should be aware of the following regulations: Open flame fires are NOT allowed, and barbecuing is only permitted in designated picnic areas. Smoking is only allowed in developed picnic areas, asphalt surfaces, golf courses and levee tops along the American River

.gov. Parkway.

 $\star$ 

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#### FICTITIOUS BUSINESS NAME STATEMENTS

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-02308 Mark Lemieux, 936 Hogan Road, Galt, CA 95632 is doing business under the Fictitious Business Name(s) "Mark Lemieux Trans" 936 Hogan Road, Galt, CA 95632. Filed with the Clerk of Sacramento County March 25, 2024

Publish: April 5, 12, 19, 26, 2024 MARK 4-26-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-02487 Idolina Quiroz, 605 Pringle Avenue Space 34, Galt, CA 95632 is doing business under the Fictitious Business Name(s) "I.Q. Interpreting" 605 Pringle Avenue Space 34, Galt, CA 95632. Filed with the Clerk of Sacramento County April 2, 2024

Publish: April 19, 26, May 3, 10, 2024 IQ 5-10-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-02799 Philip J. Mayo, 600 Village Drive, Galt, CA 95632 is doing business under the Fictitious Business

#### Name(s) "PJM Consultants" 600 Village Drive, Galt, CA 95632. Filed with the Clerk of Sacramento County April 12, 2024

Publish: April 26, May 3, 10, 17, 2024 PJM 5-17-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-03336 Jaime Jared Ramirez, 13056 West Lane, Herald, CA 95658 is doing business under the Fictitious Business Name(s) "Taqueria Turu" 13056 West Lane, Herald, CA 95658. Filed with the Clerk of Sacramento County April 29, 2024 Publish: May 10, 17, 24, 31, 2024 TAQUERIA 5-31-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-02956 Old Town Sweets LLC, 1074 Marichal Way, Galt, CA 95632 is doing business under the Fictitious Business Name(s) "Rocky Mountain Chocolate Factory" 1039 2<sup>nd</sup> Street, Sacramento, CA 95814. Filed with the Clerk of Sacramento County April 18, 2024 Publish: May 10, 17, 24, 31, 2024 ROCKY 5-31-24

#### ORDER TO SHOW CAUSE CHANGE OF NAME

#### SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME

#### #24CV005355

Arielle Shaunte', Mostecki, Arielle Shaunte' Mostecki have filed a petition with this court for a decree changing the name(s) of Arielle Shaunte' Mostecki to Arielle Shaunte' Mostecki to Arielle Shaunte Buchanan and Aydon Troy Buchanan.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on June 4, 2024, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: March 20, 2024 Christopher E. Krueger, Judge of the Superior Court Publish: May 3, 10, 17, 24, 2024 BUCHANAN 5-24-24





#### NOTICE TO CONTRACTORS

Notice is hereby given by Galt Joint Union Elementary School District ("District") that it will receive up to, but no later than the Due Date and Time stated below, sealed Bids for the Restoration Services and Painting Project.

#### Project Description

#### The work of this bid package involves:

This project consists of restoration due to ongoing water damage to the exterior of the building. Two walls (right and rear elevation) have damage and require removal metal lath and stucco to the CMU block wall and roof, gutter repairs to prevent future water damage.

- Removal of metal lath and stucco approximately 10,000 SF
- Synthetic stucco applied to masonry block approximately 5,000 SF
- Stucco expansion joints
- Remove and reinstall brackets and cameras
- Reinstall signage after painting
- Seal and paint stucco for entire building (District Office and AutoZone) 2 colors body and trim
- · Replace or repair downspouts
- Replace or repair gutters
- Build-up 3 ply roofing approximately 5 SF
- Replace missing tile roof shingles
- Roof cap flashing

#### Bid Due Date and Time

3:00 p.m. on Thursday, May 30, 2024 at Galt Joint Union Elementary School District, 1018 C Street Suite 210, Galt, CA 95632

#### **Bid Documents Available**

On the District's website, Facilities and Planning page: https://www.galt.k12.ca.us/Our-District/ Facilities-and- Planning/Formal-Bids/index.html

#### District Contact

Galt Joint Union Elementary School District Business Department 1018 C St., Suite 210, Galt, CA 95632 Contact: Alicia Valdovinos, email (avaldovinos@galt.k12.ca.us) or (209) 744-4545 ext. 345

#### Submittal of Bid

All Bids shall be submitted on forms furnished by the District. Bids must conform with, and be responsive to, the Bid requirements, which may be obtained from the District as set forth above. Only Bids submitted to the District prior to the date and time set forth above shall be considered.

#### Pre-Qualification of Contractors

In order to submit a Bid, contractors must possess a current and active A or B license and be prequalified by the District by May 23, 2024.

#### Rejection of Bids

The District reserves the right to reject any or all bids or to waive any irregularities or informalities in any bids or in the bidding.

#### **DVBE Participation Goal**

The District has established a Disabled Veteran Business Enterprise (DVBE) Participation Goal of 3%. All contractors will be required to submit DVBE Worksheets that confirm outreach efforts to meet this goal.

#### **Bid Advertisement Dates** May 10 and 17, 2024

Mandatory Pre-Bid Walk

Thursday, May 23, 2024 at 9:30 a.m., 1018 C Street, Suite 210, Galt, CA 95632.

The Galt Herald 5-10, 5-17-2024

## Hostess With the Mostest - CupCakes, That Is!

First off, thank you to you all who responded to "What Fries my Pie." I try to keep this column positive. There is enough negative in the world without me adding to it. So you won't see it very often.

With that being said, I appreciate all the positive feedback on managers and directors in the April 26 article. Some things need to be brought out in the open.

Now down to the yummy part of my article. According to Wikipedia, we celebrate the Hostess CupCake today. It is an American brand of snack cake produced and distributed by Hostess Brands and currently owned by private equity firms Apollo Global Management and C. Metropoulos & Co.

The snack's most common form is a chocolate cupcake with chocolate icing and vanilla cream filling, with distinctive white squiggles across the top. However, other flavors have been available at certain times. It has become an iconic American brand.

The Hostess CupCake was first sold on May 10, 1919. According to author Andrew F. Smith, it was the first



commercially produced cupcake, originally produced by Taggart Bakery as the Chocolate Cup Cake. Originally, two cupcakes were sold for five cents.

Different flavors were offered during the early years, including cupcakes topped with vanilla- or malted milk-flavored icing.

During the 1940s, the Hostess CupCake did not have any filling or the white squiggly line across the top. The white squiggly line with at least seven loops and the vanilla filling were introduced in 1950 by D.R. Rice to distinguish the Hostess CupCake from others.

Other flavors at that time were golden (vanilla cake with chocolate icing) and strawberry.

Hostess CupCakes were marketed for a

time by the animated character of Captain Cupcake, who was a companion in commercials to Twinkie the Kid and Fruit Pie the Magician. I guess they didn't have a character for the Sno Balls, which are my favorite.

Not only can you still get the two-Cup-Cake package but you can also purchase a box of eight individually wrapped CupCakes in chocolate, golden and in limited editions in flavors of red velvet, iced lemon and orange.

The CupCakes are tasty but I still like the marshmallow-coconut topping covering the entire chocolate cream-filled cake of the Sno Balls. Yum!

\*\*\*

Time to count down the days to my important dates: two days until Mother's Day; 17 days until Memorial Day; 37 days until Father's Day; 55 davs until Independence Day; 115 days until Labor Day: 174 until Halloween; 185 until Veterans Day; 202 days until Thanksgiving; 211 days until Pearl Harbor Day; 229 shopping days until Christmas.

Happy Mother's Day to all those who are moms, grandmothers, aunties, pet moms, sisters, etc.

I wish you a day of hugs, kisses and blessed memories. Life is too short not to celebrate those special people in our lives who we depend on, and we do depend on them.

There is still time to plan. Reservations can still be made, picnics can be planned, and there is always takeout. The stores are filled with bouquets of flowers, and candy stores are open for business. (Just make sure it is the candy she likes, not your favorite, LOL.)

I am looking forward to not cooking. And I love See's candy - milk chocolate-covered coconut, orange cream, California brittle, vanilla nut caramels, raspberry/chocolate truffles, or cafe latte truffles.

Yes, I can't settle on just one. As I said, life is too short. Variety is the spice of life. Enjoy the day.

Until next week - Be strong, be courageous, make a memory.



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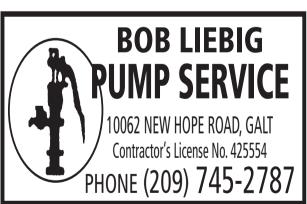
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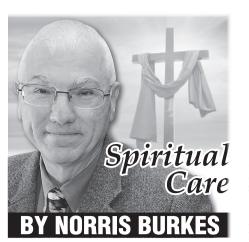
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#### WATER WELLS



I sometimes receive emails from readers telling me they love my columns so much they read them to their Bible study group.

It's a nice compliment, but on the other hand, I work hard to make this column about spirituality in everyday life, not just Sunday school life.

I want it to appeal to those who are unconnected or disconnected to church. And because of that I encourage editors to place me on the community pages or the Living section and off the church page.

And please, keep me as far as possible from the fashion pages. I'm definitely not a fashionable guy.

But if I was writing a fashion column, I'd tell you about my trip last week through the St. Louis airport where I saw men of various ages dressed in, well, I-don't-know-what.

I saw a young man with trousers riding low enough to qualify him for entrance into the Plumbers Union. I saw old men wearing pants high enough to double as a face mask. And of course, more than

## **Religious Fashion** Not God's Style

enough middle-aged men wearing sweatpants to accommodate their growing bellies.

The fashion didn't improve much on the plane, where I sat across from a girl with fingernails painted traffic-cone orange. She was prewired to her phone and didn't notice me.

With so many fashion-challenged children of God, airport crowds do make a good segue. Cue Bible study.

That's because the airport crowd reminded me of the one Jesus likely encountered as he walked into a city looking to recruit a Band of Brothers who would change the world.

Like me, he was a people-watcher, just not as smug as me. Go figure.

Unlike me, he had a keen eye for the quality of the soul over the quality of the fabric, the cut of a man's character over the cut of his shirt.

This is the Jesus used to quickly single out an eager young recruit named Phillip who followed him without so much as blinking.

Exhilarated at being chosen, Phil found his bud, Nathanial, and begged him to come and meet the teacher from Nazareth. "Nazareth?" Nat rightly exclaimed,

"You've got to be kidding."

No, Phil wasn't kidding.

"Come see for yourself," he challenged. Upon meeting Nathanial, Jesus quickly pronounced, "Now, here's the real deal. Not a false bone in his body.'

Nat, not easily moved by flattery, asked, 'Where'd you get that idea? You don't know me.'

Nat was partially right. The two had never been formally introduced, but Jesus had observed Nathanial on several occasions where he sat under a fig tree, deep in thought.

It was obvious to Jesus that there was something different about Nat.

What was it?

The best translation of the scripture says that Nat was a man "without guile." That means he didn't try to hide who he was. He didn't demonstrate any pretense in his choice of clothing, friends or mannerisms. "Why not?" you ask.

Well, it's not because he was intrinsically happy with who he was. He knew he was not completely accessorized, so he was willing to undertake a fearless inventory of his soul closet.

And I think it was his self-awareness about truly lacking something that made him a prime candidate on the first-round draft pick for a disciple.

In that moment, Nathanial discovered the most profound truth of all: God is always able to pick us out of the crowd. But he sees us best when we lay aside our pretense and all the religious fashion that goes with it.

Next week, I return to regular programming in the everyday life sections.

And, just to be clear, if this were a fashion column, I surely wouldn't be the author.

\*\*\*

Readers: I return to Honduras next month to help establish the 86th library for Chispa Project. As of this date, the library isn't fully funded.

Can you help us reach our goal to create six new libraries this year, reach 4,000+ more students and 200 teachers and buy 9,000 new books? Every \$100 donation will provide library access to four children.

Give online today at Chispaproject. org/chaplain or make check to "Chispa Project." Send to 10556 Combie Rd. Suite 6643 Auburn, CA 95602.

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## LOCAL SPORTS COVERAGE

## **Liberty Ranch Baseball Tops Galt for the Third Time**

#### By Paige Lampson Sports Editor

GALT, CA (MPG) - Liberty Ranch beat the Galt Warriors in the final games of the series 6-1. Two days earlier the Hawks were able to beat Galt 5-0 at Community Park.

The first match-up was back in March where Liberty came out with a 5-3 win.

Galt, with the loss of head coach Jason Evans, has not entered stats for the last two games yet. The Warriors put three pitchers on the mound against Liberty Ranch. Freshman pitcher Anthony Arriaga pitched most of the by Tyler Watts, then Giovanni Sterni relieved

Watts for the last inning. For Liberty Ranch, Kade Lecompte pitched the entire game. He struck out eight batters over seven innings while giving up just one earned run off three hits (and only one walk). Lecompte is having an amazing season pitching and he hasn't given up more than two walks in eight consecutive pitching appearances. Lecompte also proved to be a batting asset, going 2-for-4 with two RBI's.

Hawk Vance Moe continues to be one of the best batters on the team, scoring

innings. He was relieved two runs while getting on base in all five of his plate appearances. Derek Nelson, while consistent in the infield, was also a strong contributor, scoring a run while going 2-for-3.

The Warriors' defeat dropped their record down to 2-13.

As for Liberty Ranch, they have been performing well recently as they've won nine of their last 11 contests, making their League record 9-6 this season.

The Warriors tied Rosemont for last in League, while the Hawks came in third and won their first playoff game against Venture Academy 13-6. ★



PRESENTED BY THE GALT HERALD

Galt's Tyler Watts slides into second while Liberty Ranch's Mario Rubalcava tries to tag him.



Warrior freshman pitcher Anthony Arriaga pitches to a Liberty batter.



Warrior catcher Anthony Treio leaps to catch a throw home.



Galt High baseball seniors Dylan Gaudet, Anthony Moore, Seth Henke and Aidan Hall pose with the team managers. Photos by Paige Lampson



Hawk Derek Nelson prepares to throw to first.



Galt's Seth Henke snags a hit and beats the runner to first.



Hawk Shortstop Mario Rubalcava reaches to catch an infield fly



Galt's Anthony Moore catches a fly to left field.



Ernesto Rodriguez pitches for the JV Warriors. Photos by Paige Lampson



Liberty Ranch's Cole Maguire throws to first.

## JV Baseball Crosstown Match

#### By Paige Lampson Sports Editor

GALT, CA (MPG) - The Liberty Ranch JV baseball team has dominated the Galt Warriors for all three of their matchups this season.

The Warriors, however, are making some headway and are losing by less each time. The first game, back in March, the Hawks shut out the Warriors 17-0.

Last Tuesday the Hawks won 14-1, and the Thursday game, which went longer than the varsity game, the Hawks won 11-1.  $\star$ 





Kade Jaramillo pitches for the JV Hawks.

Hawk Kyle Quaresma catches at first and gets Galt's Arthur Cordova out.



## Hawks, Warriors Close Season With Crosstown Golf



Galt's Garrett Rose chips away. Photos by Paige Lampson

#### By Paige Lampson Sports Editor

GALT, CA (MPG) - The Liberty Ranch Hawks played the Galt Warriors at Dry Creek golf course last week.

The Hawks had the best match of their season, according to head coach Mike Turpin.

"It was a good win today," said Turpin. "We shot our season low of 223. Hunter Rohner shot lights out with a 35. Sean

O'Brien shot a solid 43, and the rest of the boys shot respectable scores. We are now 7-2 in league play."

For the rest of the Hawk scores, Trevor Schweitz shot 47, Kobe Aguillen 48, Bryton Gibson 50 and Chris Gutiérrez 52.

The Warriors didn't fare as well, shooting a 290 for the day. Garrett Rose had the low score for Galt with 52, Josh Basto 54, Hayden Miller 57, Ayden Stalwart 61, Austin Sullivan 66 and



Liberty Ranch's Kobe Aguillen gets himself out of the sand.

Carson McEwen 69.

Next was the League Tournament where Liberty Ranch ended up finishing fourth in the tournament and finished in third place overall in league play.

Turpin had hoped for a better outcome. "It was a disappointing way to finish the season," said Turpin. "But we just stumbled a bit towards the end of the season and just missed going to the playoffs as a team. I'm proud of the boys' effort this season and I hope this is a lesson for them to continue to work hard and always strive to improve in the fickle game of golf."

Moving on to the playoffs as individuals will be Hunter Rohner and Sean O'Brien. They were to compete in the Divisionals May 6 at Greenhorn Creek Golf Course.

Hunter Rohner was named MVP of the league to go along with his allleague honors. He had quite the season and I



Warrior Hayden Miller putts toward the hole.

was very happy for him because he truly is a hardworking player who has outstanding grades and he's a great teammate as well.

Galt golf coach Dave Simperman will be retiring this year and ending a 29-year coaching career.

"As I told the kids once we finished our match, I



Hawk Hunter Rohner eyes the putt.

wouldn't have done it for 29 years if I didn't enjoy the kids, the coaches, and seeing positive results each year," said Simperman. "By the end of each year, kids have grown, and they have developed skills and relationships were built. I can only hope that the lessons taught will be carried through lifelong skills." ★

## **Strong Competition** at STUNT Sections

#### By Paige Lampson Sports Editor

GALT, CA (MPG) - 12 teams competed at the Galt High Gym for the STUNT Section title on April 26 and 27. While Oakridge won the Section title again, the Liberty Ranch Hawks continued to provide some good competition.

Liberty Ranch won the Sac Joaquin League title once again and Bradshaw Christian came in second. However, Bradshaw was not able to compete at sections because many of their player also do competition cheer and were in Florida during sections. Union Mine took their spot and was ranked 11th and lost to El Capitan in the first Section round.

STUNT Championships and Liberty Ranch really holds its own against these Division 1 teams.

Out of the 12 teams, Liberty Ranch was ranked fourth and had a bye for the first round. The Hawks came out victorious against Roseville and moved on to the semifinals.

Rocklin beat West Park by a small margin and moved onto the finals. Liberty Ranch competed against No. 1 ranked Oakridge and lost 22-4.

Oakridge then went on to beat Rocklin in the final round and moved on to the State STUNT Championships, which are held in May. Oakridge is ranked No. 2 and California High School is ranked No. 1 for the State Championship held at Clovis



So far there are no divisions in the High School.



Liberty Ranch, on the right, competes against Roseville with toe-touch basket tosses.

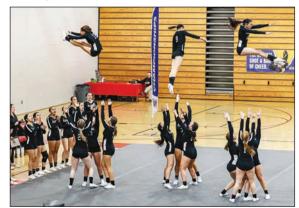


The teams compete with a hand-to-foot kick release.



The Hawks and Roseville finish Level 1.

Section Champions Oak Ridge perform one of their winning stunts.



The Hawks throw a twist basket and two pike baskets.



Liberty Ranch and Roseville post pyramids during game.