



**Big Day of Giving
Big Deal for
Nonprofits**

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**Remembering All
of Them on
Memorial Day**



East Sacramento News

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Bringing You Community News For Over 30 Years

MAY 24, 2024

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Thunderbirds Back for Airshow



The United States Air Force Thunderbirds Jet Demonstration Team returns to the California Capital Airshow by popular demand. Courtesy photo

California Capital Airshow News Release

SACRAMENTO REGION (MPG) - The United States Air Force Thunderbirds Jet Demonstration Team will be at this year's California Capital Airshow lineup, in

addition to the much-anticipated visit from the Italian Jet Team, Frecce Tricolori. The 18th annual California Capital Airshow, presented by Sacramento County in partnership with the city of Rancho Cordova, returns to Mather Airport on July 13 and

14. This event will feature an extraordinary lineup of performers, miles of ground attractions and the return of nighttime aerial performances concluding with a massive pyro-musical fireworks show. "To have both the Thunderbirds and Frecce

Tricolori performing at the same show is truly a once-in-a-lifetime experience," said Darcy Brewer, executive director of California Capital Airshow. "Our attendees will get to see some of the best pilots in the world fly right here in
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**\$3 M
to Fund
Blight
Removal**

Sacramento County News Release

SACRAMENTO COUNTY, CA (MPG) - During the Fiscal Year 2022-2023 budget hearings, the Sacramento County Board of Supervisors approved \$3,000,000 in funding, budgeted in the Neighborhood Revitalization Fund, for a Neighborhood Improvement Initiative.

The Neighborhood Improvement Initiative aims to target the elimination of blight and enhance public spaces through investments in projects improving safety and livability in underserved areas of the county, with a specific focus on Environmental Justice communities, commercial corridors and areas adjacent to vacant or blighted properties.

"I am extremely proud of this investment," said Third District Supervisor Rich Desmond. "The Neighborhood Improvement Initiative is funding projects that are really important to many of our communities and are crucial to their identity, pride and sense of place."

Said County Board of Supervisors Chair and Second District Supervisor Patrick Kennedy, "This initiative really reflects our support of the diverse needs in the county. We're not just revitalizing spaces; we're improving safety, connections and dignity in our communities."

The County Board of Supervisors directed the Office of Economic Development to conduct extensive outreach to develop a comprehensive list of potential projects for the Neighborhood Improvement Initiative. During summer and fall 2023, the Office of Economic Development, with the supervisory district offices and county Departments of Transportation and Community Development, met with community

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Memorial Day Ceremonies Help Community Remember



Fire department trucks raise the American flag high at Mount Vernon Memorial Park's Memorial Day celebration. Photo courtesy of Mount Vernon Memorial Park

By Omella Rossi

SACRAMENTO, CA (MPG) - As Memorial Day draws near, communities prepare to honor and commemorate the sacrifices of fallen heroes. Several events will be held throughout the Sacramento area, providing community members with ample opportunities to participate in

the celebrations.

Memorial Day, observed on the last Monday in May, honors service members who have died in military service to the nation, according to the Department of Defense. The holiday has roots dating back to the post-Civil War era, when citizens would informally place spring flower memorials on the graves of fallen

soldiers.

All Sacramento-area residents are invited to join in the upcoming observances at any of the following locations.

On May 27, community members will also gather at the East Lawn ceremony at 10 a.m., where attendees can gather to honor the fallen heroes

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arts.gov/bluestarmuseums

Blue Star Museums News Release

SACRAMENTO, CA (MPG) - Seven Sacramento area museums are participating in Blue Star Museums to offer free admission to the nation's active-duty military personnel and their families, including National Guard and Reserve. This program runs from Armed Forces Day on May 18 through Labor Day on Sept. 2, 2024.

A partnership between the National Endowment for the Arts and Blue Star Families in collaboration with the Department of Defense and museums across America, the local museums participating in the 2024 Blue Star Museums program

include the following: Aerospace Museum of California, California Automobile Museum, California Museum, Crocker Art Museum, Fairytale Town, Sacramento Children's Museum and Sacramento History Museum.

The free admission program is available for those currently serving in the United States Military: Army, Navy, Air Force, Marine Corps, Coast Guard, including Reservists, National Guardsman (regardless of status), U.S. Public Health Commissioned Corps, NOAA Commissioned Corps, and up to five family members.

Qualified members must show a Geneva Convention common access card (CAC), DD Form 1173 ID card (dependent ID), or a DD Form 1173-1 ID card for complimentary entrance into a participating Blue Star Museum.

Before planning a visit, guests are encouraged to contact the individual museums for hours of operation and note some are normally closed on Mondays and in observance of holidays such as Memorial Day and Labor Day.

For more information or a complete list of participating Blue Star museums, please visit arts.gov/initiatives/blue-star-museums.

Those interested can also sign up for emails to learn more about your Sacramento Area Museums via the local website at www.sacmuseums.org. ★

Memorial Day Ceremonies Help Community Remember

Continued from Page 1

of the United States Armed Forces.

The event is being hosted at multiple locations, including 9189 E. Stockton Blvd., Elk Grove; East Lawn Sierra Hills at 5757 Greenback Lane, Sacramento; and East Lawn Memorial Park, 4300 Folsom Blvd., East Sacramento.

The Memorial Day ceremony promises to be a moving tribute where distinguished military speakers such as Bob Hilton and Gilbert Morales will take the stage, along with musician and bagpiper Liz Tubbs. Part of the program will include the Armed Forces Medley and the POW/MIA (Prisoner of War/Missing in Action) ceremony. Complimentary refreshments will be provided.

Other events include the Memorial Day tribute at Mount Vernon Memorial Park at 11 a.m. May 27 at 8201 Greenback Lane.

Starting at 5:30 a.m. May 27, Boy and Girl Scout troops will raise donated American flags around the park, followed by the fire department hoisting a 50-foot flag at the entrance at 10 a.m.

"On Memorial Day, it is important to stop and reflect on the American patriots who have paid the ultimate sacrifice to keep us free," said Mount Vernon Memorial Park's general manager, Carol Rybolt. "I am grateful for the brave men and women who serve in the military, standing guard to protect our country and our rights. Let us honor and remember them on this Memorial Day and every day."

The event will feature a military band, a keynote speech by a colonel from the California National Guard, and a color guard from the UC Davis ROTC program. A possible flyover, a popular attraction in previous years, is pending confirmation, adding to

the day's magic.

The tribute concludes at noon, with the symbolic raising of the American Flag honoring the sacrifices and expressing gratitude to those who have given their lives.

The Cordova Community Council proudly presents its Memorial Day event at 10 a.m. May 27 at the Cordova High School Performing Arts Center, 2239 Chase Drive, Rancho Cordova.

The theme of this year's event is "Their Sacrifice, Our Gratitude," encapsulating the essence of remembrance and appreciation for those who have given their lives in service to their country. At the heart of the ceremony lies a musical tribute, featuring patriotic music performed by the Rancho Cordova River City Concert Band.

This year holds special significance as community members together honor the 21st-Century heroes

who witnessed the tragic events of 9/11 and selflessly rushed to aid those in need, many of whom did not return.

An event highlight will be the presentation by the Non Commissioned Officers Association, showcasing the "Missing Man Table." This symbolic gesture, led by retired Air Force veteran Jim Sullivan, features a dinner table set with an empty chair, representing those who are missing or fallen.

"This is a dignified and beautiful service," said Cordova Community Council executive director Shelly Blanchard. "All gave some and some gave all, and we are honoring that here in Rancho Cordova."

The 25th annual Memorial Day Ceremony at the Fair Oaks Cemetery District will take place from 10 a.m. to noon on May 25, giving special recognition to the women in time of war between the



American flags encircle Mount Vernon Memorial Park at last year's Memorial Day celebrations. Photo courtesy of Mount Vernon Memorial Park

American Revolutionary War and World War II. The cemetery is at 7780 Olive St., Fair Oaks.

Fair Oaks speakers include Eagle Scout Lily Rodriguez, Congressman Ami Bera and State Sen. Roger Niello.

Boy Scouts of America Troop 380 will conduct the flag ceremony; Veterans of Foreign Wars Post 6158 and the American Legion Post 383 will conduct the Wreath Laying Ceremony. Tribute will also be paid to Ray Young, who founded the annual Memorial Day Ceremony in 1999. ★

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But First, Answer Me This

“First, I’m curious as to what kind of church you are running up there?” asked a caller to my church office.

His was the kind of question I get lately since returning to the pastor role.

Most often, callers are like the young mother of three who told me, “I have three churches I’m considering attending, but first I’m asking the pastors to answer some questions.”

She squashed that ordinal number “FIRST,” as if drawing a line in the theological sand.

“FIRST, does your church teach tithing?”

I assumed she knew most churches encourage donations, but not wanting to scare her off, I was slow to answer. Was she looking for a discount? Or was she searching for a rich church?

Some people call the



Spiritual Care
BY NORRIS BURKUS

church directly and others find me through my local column. Readers usually leave a voicemail, graciously giving me time to formulate an answer.

I played back a message from a man last week wanting to know how he could donate to Chispa Project. I returned the call, excited to tell him about my upcoming trip to Honduras, but he too began with a question.

FIRST, “I want to know if angels are able to speak to us.”

His challenging question made me want to ask,

“Can I call a friend? Or ask the audience?” Maybe I should have said, “Yes. The angels are telling you to donate to Chispa Project at Chispaproject.org/chaplain.”

Another man saw that I had a woman scheduled to preach while I was away.

“FIRST of all, should women really be allowed to preach in church?”

I knew he was referring to 1 Timothy 2:12: “I do not permit a woman to teach or to assume authority over a man; she must be quiet” (NIV).

Since I assumed he knew I invited the guest pastor, his question seemed more challenging than inquisitory, intoned much like the political questions I get.

“You must FIRST believe that abortion is wrong,” suggested a Pro-life advocate.

“Isn’t God against

homosexuality?” was the message left in a weathered tone. “God FIRST made man and then made woman.”

“We need to FIRST return prayer to the schools,” said one visitor who dared attend without first checking my political pedigree.

“God is on the side of Israel! Shouldn’t we all be calling for the destruction of Hamas?” asked one local pastor.

I know that many books have been written about all of these issues by good Christians on both sides. I know sincere believers can disagree about things.

But I try to discourage those seeking a binary faith of yes-and-no answers by sharing first the words from The Message in Matthew 22:36-40.

“When asked what was the FIRST and most

important of all of God’s laws, Jesus said, Love the Lord your God with all your passion and prayer and intelligence.’ This is the most important, the first on any list.

“But there is a second to set alongside it: ‘Love others as well as you love yourself.’ These two commands are pegs; everything in God’s Law and the Prophets hangs from them.”

I know I didn’t answer most of my callers as they would have hoped. But perhaps once I’ve mastered Jesus’ list, I’ll have better responses to their questions.

Finally, my best call began last week, with “FIRST, I think your new picture makes you look like Jean-Luc Picard.”

Of course, as a Trek fan, I knew he was referring to Patrick Stewart, the

fictional captain of the USS Enterprise-D in “Star Trek: The Next Generation.”

I felt a bit affronted as Stewart is totally bald. I’m not – yet.

Should I allow this caller to make the final cut for our church membership? Stay tuned.

Readers: I return to Honduras next month to help establish the 86th library for Chispa Project. Honestly, we'll need some big last-minute donations to fully fund this library.

Give online today at Chispaproject.org/chaplain or make check to “Chispa Project.” Send to 10556 Combie Rd. Suite 6643 Auburn, CA 95602.

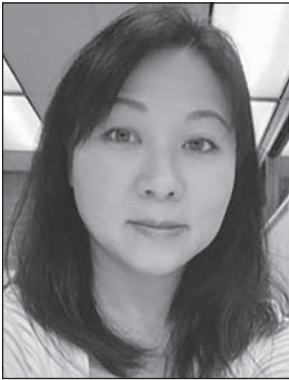
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Chu Goes Beyond the Call for Adult Protective Services

Sacramento County News Release

SACRAMENTO COUNTY, CA (MPG) - This month, Sacramento County Department of Child, Family and Adult Services (DCFAS) is celebrating employee, Irene Chu, as part of the video and story series “Beyond the Call: Chronicles of Compassion in Child, Family and Adult Services.”

Having started her career with the County in Child Protective Services, Irene eventually transitioned to working with older adults through Adult Protective Services (APS). Irene has over 27 years of experience working for the



Irene Chu has been working for the county for 27 years.
Photo courtesy of Sacramento County

County. Her background in counseling helps give her a unique perspective, allowing her to engage with clients and guide them through decision-making processes.

“The mission of Adult Protective Services is to protect the health and safety of older adults and dependent adults in our community in the least restrictive environment,” Irene explains.

That mission involves a delicate balance of advocating for their well-being while also respecting their autonomy and choices.

Irene wants people to know that APS operates under regulations that encourage employees to respect the rights of older adults while addressing issues such as self-neglect, which is a unique challenge.

“Self-neglect cases require a nuanced

approach,” Irene said. This is because self-neglect cases highlight the complex nature of ensuring the safety of someone while still honoring their boundaries and individual agency.

Self-neglect is when someone doesn’t take care of their basic needs like personal hygiene or eating. Self-neglect can have many underlying causes including depression, isolation, or an underlying condition like undiagnosed Alzheimer’s disease.

Irene said APS workers encourage clients to weigh the pros and cons to decide whether they want help for self-neglect.

“Ultimately, we let them

[the client] make the decision. Because ultimately, they have to feel that they own it, they have the ownership of that choice,” Irene explains. As a Program Planner, Irene’s job goes far beyond advocating for older and disabled adults. She helps newer staff members as they learn the ropes, provides presentations, runs statistical reports, and writes and monitors contracts.

Currently, Irene is also handling a housing project that helps shelter older adults through rehousing and homeless prevention services. The project, called HomeSafe, showcases Irene’s commitment

to providing innovative solutions to address issues in her community.

Reflecting on her 27 years with the County, Irene says she is grateful for her career.

These experiences helped her professionally and allowed her to make a meaningful impact on the lives of those she serves.

As Irene continues her work, she hopes sharing her story will encourage others to seek out a long-lasting career with Sacramento County.

“I really like it so much because I really enjoy all the opportunities that I was given through the years,” Irene said. ★

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ABOUT TOWN

Elks Lodge Calendar of Events

Farmer’s Market, 9 am-1 pm every Saturday.

Elks Lodge Sunday Breakfast, 8:30 am-11 am every Sunday. Bring your friends and family; \$15 tax included. Best deal in town. Made to order Omelets or eggs any way you want.. Bacon, sausage, potatoes, biscuits and gravy, pancakes, waffles, coffee large parties should call for reservations. Guests are VERY welcome!

Water Aerobics, Monday 10 am, Wednesday 2 pm, Friday 10 am

Yoga, Monday 12 pm, Wednesday 3:30 pm. Lodge members free.

Martial Arts, Monday 5 pm

Pickleball, Mon & Wed 9 am-12 pm, Thu 4:30-7:30 pm, Sun 4-7 pm

To sign up or confirm schedule, join playtimes-scheduler.com

Improv Night, 2nd & 4th Wednesdays, 6-8 pm

Wednesday Night Dinner, 5:30 to 7 pm

See above and elks6.net for weekly menu.

Karaoke

Thursday 7 pm

Saturday 7:30 pm

Friday Happy Hour, Friday 4-7 pm

Line Dancing, 2nd and 4th Fridays

Land Park Softball

Softball is back in Land Park and will now be a part of the Land Park Pacific Little League organization. LPPLL has been a pillar in our community since 1954 and is welcoming softball under their umbrella this SPRING!

Early Bird Registration is NOW OPEN!

Visit lppll.com/registration to register and learn more.

Friends of Sutter’s Fort Discounted Admission Rates

Friends of Sutter’s Fort, in partnership with Sutter’s Fort State Historic Park, is proud to present a series of family-friendly events and activations this fall highlighted by holiday themed movies, an all-ages concert, and adventurous self-guided evening tours by flashlight or lantern light.

For those interested in visiting inside Sutter’s Fort State Historic Park (that is open from 10 a.m. to 5 p.m. daily), all Fort admission fees will be

waived for the duration of a major roof replacement and seismic stabilization project that is currently underway.

Visitors can observe the rehabilitation project first-hand and tour the Central Building, which remains open.

For more, please visit www.suttersfort.org

Elks 6 Volunteer Opportunities

PM Crew - We welcome anyone willing to work but especially if you have experience in mechanical, electrical, general contracting, painting, or plumbing the lodge really needs you.

- Bar Back - Help out the paid bartenders for large events.

- Bartender - Riverside bar for Elks events

There will be a meeting for volunteer bar tenders some time this week. email or text Sue Hill if you want to be on the meeting list

- Sunday Breakfast - Cook, Serve, bus tables

- Wednesday Night Dinners - Help or adopt a night one time or once a month.

If any of the above sound like something you would enjoy doing, please call or text Sue Hill, 215-327-7712. ★



By V. G. Harris

As the top 4 teams in the NBA have established themselves, and the Eastern and Western Conference championships are about to begin, there are many more fans across the country that are feeling what Kings fans felt after the last game against the New Orleans Pelicans.

Listening to Nuggets coach Michael Malone after Sunday’s heartbreaking loss to the Minnesota Timberwolves was difficult to listen to. His raw expressions were telling, and it is almost unreasonable to ask a coach to comment on his team’s performance so quickly after a season ending loss.

Most Kings fans are aware that Michael Malone was once the Kings head coach, and a very popular coach at that. He was summarily given his walking papers in 2014 after an 11-13 start to the season, and many Kings fans believed that the move was a knee jerk reaction to a tepid start, and that Malone had earned more favor than he was given.

The Denver Nuggets swept him up and he is every bit as popular in Denver as he was in Sacramento, especially after leading the Nuggets to the NBA championship last year.

So as the East and West provide the conference champions from their respective divisions, what have the Sacramento Kings been doing you ask?

Kings Korner

No new news on the signing of fan favorite Malik Monk, sadly.

Trade rumors swirl daily with Harrison Barnes’ name at the top of the list, and for me, sadly, Davion Mitchell, as well.

A recent trade rumor had the Lakers, Bulls, Knicks, Pistons, and Kings in a five-team trade that would ultimately bring Julius Randle to the Kings, while giving up both Harrison Barnes and ever popular Davion Mitchell. So far, that trade has not materialized, but it gives fodder as to who other teams have an interest in.

On another note, Mike Brown is reportedly asking for a salary extension, with one year remaining on his current contract. This after what many fans would describe as a sub-par season in which his Sacramento Kings had the lowest free-throw percentage in the NBA, and coach Brown resided in the bottom of the league with regards to coach’s challenges.

At the end of the day, last year’s coach of the year did not take his team to the playoffs.

Fans will make up their own minds, but coaches that actually made the playoffs are already finding themselves out of a job.

On the positive side, the Kings improved in defense from 24th in the league just a year ago, to 14th in the league this season.

That is perhaps coach Brown’s crowning achievement since the vaunted Kings offense that was rated #1 a year ago overall, slipped to #13 this season.

I believe coach Brown will likely receive the contract extension he is looking for, and the Kings will make more than one trade in the off season.

Smart fans need to turn their attention to the draft, in which the Kings still maintain the 13th pick in the first round, as a result of their final game loss to the Pelicans. Had the Kings won that game and ventured into the playoffs for the second straight year, they would have lost their first-round pick entirely.

The Sacramento Kings draft history is replete with knucklehead decisions that will likely never go away, but is there a diamond in the rough at the 13th pick?

With the advent of leagues around the globe, including the Orient and Africa, the Euro league is not the only geographic point of interest, and we will soon see where Monte McNair’s scouts have been.

As a glass-half-full guy, I will look upon this off season as an opportunity just waiting to happen, and as I have said repeatedly, Malik Monk being re-signed would be a monster feather in the cap of your GM Monte McNair.

Sometimes valuing players that you already have can be the best decision a GM can make, and Malik is a player of exceeding value.

Enjoy the playoffs, Kings fans, and let’s collectively root for the front office as they make a swing at improving an already highly entertaining team!

All the best to all of you! ★

\$3 Mil to Fund Blight Removal

Continued from Page 1

partners, residents and businesses through community meetings and online engagement to gather feedback and have the public suggest projects.

County staff evaluated project feasibility and community benefits within

each supervisorial district for recommendations to receive Neighborhood Improvement Initiative funding.

On May 7, the Board of Supervisors approved the allocation of all \$3,000,000 for 12 projects, primarily within Environmental

Justice communities, commercial corridors and/or areas adjacent to vacant or blighted properties located throughout each supervisorial district.

A full report of the projects is available online by visiting www.sacounty.gov. ★

Trio Picks Up WAC Postseason Honors



Tyler White was selected to the WAC all-defensive second team. Photos courtesy of Sacramento State Athletics

Sacramento State Athletics News Release

SACRAMENTO, CA (MPG) - Senior Gunner Gouldsmith and sophomore JP Smith were each named to the All-Western Athletic Conference second team, while Gouldsmith and junior Tyler White earned spots on the league’s inaugural all-defensive team, as the conference office announced its postseason honor roll as selected May 20 by the head coaches.

For Smith, it marks the sophomore’s second All-WAC honor of his career after he was named to the all-league first team in 2023, while Gouldsmith earned his first career All-WAC award. Meanwhile, Gouldsmith and White were two of the 10 players from around the conference named to the league’s defensive squad.

Entering postseason play with a team-high .324 average and a career-high 78 hits, Gouldsmith is riding a 10-game hitting streak heading into

this week’s tournament while batting .476 (20-for-42) with seven runs scored and 12 RBI during his most recent run. The Reno, Nev., native has hit safely in 22 of his last 24 games — and has reached base safely in each of his last 14 — having gone without a hit in a game only eight times while starting all 56 games this year.

Gouldsmith leads the team with 20 multi-hit games on the season, including a trio of three-hit games, a pair of four-hit contests, and a 5-for-5 effort against Stephen F. Austin on May 11 that ranks tied for third on the school’s single-game list. He also has nine multi-RBI contests on the year, a total that ranks third on the team.

The senior shined even brighter in conference play, batting .354 in 30 WAC contests with 19 runs scored, five doubles, and three home runs, while driving in 18 runs. He slugged .480 in league play while posting a .420 on-base percentage.

Smith comes into the tournament equally as hot, collecting hits in nine of his last 10 games while batting .325 (13-for-40) in that span. Providing the pop at the plate for the Hornets, Smith slugged 20 home runs (good for second in the WAC) to his season stat line to go along with a team-high 44 RBI, standing second on both the school single-season and career lists as his 34 career home runs rank just one shy of the career mark.

The Sacramento native slugged a team-high .583 on the season (good for eighth in the WAC), while also ranking tied for eighth in the league in runs scored (45) and 12th in RBI (44). His 15 multi-hit games rank tied for second on the team — which also includes a team-high six multi-home run games — while his 14 multi-RBI outings lead Sacramento State heading into tournament play.

White, who enters the tournament batting .280 with 31 runs scored, six doubles, a pair of home



Gunner Gouldsmith was selected to the All-WAC second team and the WAC all-defensive second team.

runs and 24 RBI, has been perfect as Sacramento State’s centerfielder, having not committed an error in 113 chances. Gouldsmith, meanwhile, has been an integral part of the Hornets’ up-the-middle defense, having a hand in 31 of the team’s 43 double plays turned.

The Hornets open WAC Tournament play on Tuesday (May 21) at 4 p.m., taking on No. 5-seeded Tarleton State in an elimination game. The winner advances to face No. 4 California Baptist as the double-elimination portion of the tournament begins on Wednesday (May 22), also at 4 p.m.

All games of the tournament will be streamed live via the ESPN+ platform. Links to follow along for every Sacramento State contest will be posted on the baseball schedule page at HornetSports.com when they become available.

2024 All-Western Athletic Conference Baseball Honors

WAC Player of the Year: Tyler Wilson, Sr., OF, Grand Canyon

WAC Pitcher of the Year: Brett Lanman, Fr., LHP, Abilene Christian

WAC Freshman of the Year: Brett



JP Smith was selected to the All-WAC second team.

Lanman, LHP, Abilene Christian

WAC Defensive Player of the Year: Josh Paino, Jr., SS, California Baptist

WAC Coach of the Year: Gregg Wallis, Grand Canyon

All-WAC First Team

SP – Brett Lanman, LHP, Abilene Christian

SP – Isaac Lyon, So., RHP, Grand Canyon

RP – Grant Garza, Sr., RHP, Tarleton State

C – Burke Camper, Sr., Utah Valley

1B – Gino D’Alessio, Grad, Abilene Christian

2B – Daniel Dickinson, So., Utah Valley

SS – Josh Paino, Jr., California Baptist

3B – Mitchel Simon, Sr., California Baptist

OF – Miller Ladusau, Sr., Abilene Christian

OF – Nicholas Dumesnil, So., California Baptist

OF – Tyler Wilson, Sr., Grand Canyon

DH – Beau Ankeney, Jr., Grand Canyon

All-WAC Second Team

SP – Lukas Pirkko, Fr., RHP, California Baptist

SP – Zach Tjelmeland, Sr., RHP, UTRGV

RP – Nathan Hemmerling, Grad, RHP, California Baptist

C – Steven Lancia, Jr., UTRGV

1B – JP Smith, So., Sacramento State

2B – Cole Miears, Sr., Tarleton State

SS – Gunner Gouldsmith, Sr., Sacramento State

3B – Derek Gellos, Sr., Seattle U

OF – Cade Verdusko, Sr., Grand Canyon

OF – Hunter Katschke, Jr., Utah Tech

OF – Tyson Pointer, Sr., UT Arlington

DH – Luke Iverson, So., Utah Valley

WAC All-Defensive First Team

SS – Josh Paino, Jr., California Baptist

3B – Mitchel Simon, Sr., California Baptist

SS – Emilio Barreras, So., Grand Canyon

OF – Eddy Pelc, R-Sr., Grand Canyon

OF – Cade Verdusko, Sr., Grand Canyon

WAC All-Defensive Second Team

1B – Gino D’Alessio, Grad, Abilene Christian

C – Alton Gyselman, Fr., Grand Canyon

SS – Gunner Gouldsmith, Sr., Sacramento State

OF – Tyler White, Jr., Sacramento State

SS – Kade York, Sr., UTRGV ★

Measles Exposure May 6-7 Thunderbirds Back for Airshow at UC Davis Med Center

Sacramento County News Release

SACRAMENTO COUNTY, CA (MPG) - Sacramento County Public Health confirms one case of measles in a child who visited the UC Davis Medical Center Emergency Department between 10 p.m. and 3:15 a.m. May 6 and between 11 a.m. and 6:45 p.m. May 7.

UC Davis Medical Center is contacting those who were potentially exposed in the Emergency Department during those hours. Unvaccinated persons or those with unknown vaccination status who were in the UC Davis Medical Center Emergency Department during the aforementioned periods of time are at risk of developing measles from seven to 21 days after being exposed.

Exposed individuals should review their immunization and medical records to determine if they are protected against measles. Those who have

not previously had measles or who have not received the measles immunization might not be protected from the measles virus. They should talk with a health care provider about receiving measles, mumps and rubella (MMR) immunization. Persons needing vaccination should call the Public Health immunization line at 916-875-7468.

Sacramento County Public Health advises residents to notify their health care providers as soon as possible about a potential exposure if they are pregnant, have an infant, have a weakened immune system and/or are not immunized regardless of vaccination history. Do not go to providers in-person or go to the emergency department for potential exposure.

Exposed individuals should also monitor themselves for illness with fever and/or an unexplained rash from seven to 21 days after their exposure (the time period when symptoms might develop); if

symptoms develop, stay at home and immediately call a healthcare provider. If individuals become ill enough that they need medical attention in person, wear a mask and inform the registration staff about possible measles exposure so that appropriate isolation can occur in the healthcare setting.

UC Davis Medical Center, Sacramento County Public Health and Public Health Departments in surrounding counties are contacting identified patients to assess immunization status and provide guidance to individuals who were exposed.

People with measles are infectious from four days before to four days after the onset of the rash. Anyone diagnosed with measles or suspected of having measles should stay home for four days after the onset of the rash. However, infected people without symptoms of measles might still be able to transmit the virus.

★

Continued from Page 1

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Celebrate City Event Gets an A+



The campus celebrates the Sacramento City College event on a lovely spring day.

Story and photos by
Kristina Rogers

SACRAMENTO, CA (MPG) - Sacramento City College has been a stepping stone for higher education for over 100 years. Now that remote learning has once again been scaled back after the pandemic, Albert Garcia, president of SCC, wants to ensure the campus is also a fun and dynamic community hub.

He said, “Before COVID, around 15% of our classes were online; during the pandemic, almost all our classes were. As a result, driving by, you’d see empty parking lots and buildings with very few people around. It looked as if we were closed. What I feared was we were losing touch with the community. And that’s important because we are a community college, open to all.” That was the inspiration for Celebrate City. He added, “I wanted to create an event that would be enjoyable not only for prospective students, but also for younger families. We want them to consider SCC being a part of their lives years from now.”

University life can be terrifying to a high school kid. Many imagine monster-sized campuses where they feel like a number in a class of hundreds. And it’s pricey too. Events like Celebrate City show higher education is welcoming and affordable.

Last March, colorful displays lined the Sac City campus while live music played in the background. Friendly teachers and students were eager to share their passions for subjects like anthropology, sociology, criminal justice,



A Celebrate City sign shows where one can get help and information.

cosmetology, and science. There was no pressure to commit to anything; just discover the variety of career paths and degrees available. And that alone can help.

“If you don’t have college in your background, or the expectations were to just get a job after high school, it’s a huge thing to know you can do this,” said Garcia

Career opportunities are abundant with next-level resources. For instance, SCC’s nursing program includes cutting-edge robotic mannikins for students to train with. One robot even gives birth (although it’s a requirement to get practical training). Albert Garcia says 99.9% of students who finish the nursing program quickly get jobs after graduation. There’s also a robust dental technician program. Other healthcare programs include a community health worker certification, which teaches students how to help patients navigate the bureaucratic healthcare world.

Trades are trending, and Los Rios Community College is positioned to deliver. “We offer a degree in HVAC commercial and



The cosmetology department is eager to talk about potential career paths.



President Albert Garcia smiles in front of a Gregory Kondos original painting in his office.

residential,” said Garcia. “We also collaborate with industry representatives. Students can complete the entire program, earn a certificate quickly, and get to work.”

While SCC offers a path to HVAC, Consumes River College provides a construction program. Los Rios Community College District is also developing other trade options throughout the college system, such as plumbing and electrical programs.

And SCC has a strong dual enrollment program. Motivated teenagers can

receive an AA degree and a high school degree simultaneously. Several McClatchy high school kids attend both schools, which gives them a jump start on college credit. They also gain confidence by experiencing college-level courses early.

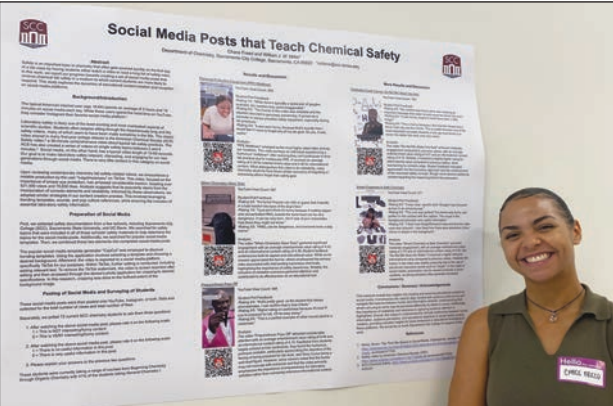
Garcia encouraged me to stop by the new natural science building, where students show off their research. I met Jake, a chemistry major. He’s interested in becoming a professor and has already taught at SCC. I asked about the benefits



Art students Consuelo Aguila (green shirt) and Brianna Wong help paint a new mural on campus.



A welcoming student hosts an anthropology table at the event.



Chase Freed shares her research on a chemical safety project.

of the natural science program. He said, “Students can fast track and get an AA to become a lab tech.” He also loves the camaraderie between students and teachers and access to state-of-the-art equipment. He added, “Other colleges don’t allow students the freedom to run their own samples and do the hands-on work. That’s what’s unique here.” Garcia explained how rare it is to do research within the first two years, so what’s happening there is phenomenal.

Walking around the campus, I noticed students of all ages painting new murals on the walls. Megan Bernards, an art teacher, was laid off from a local school after pandemic funds dried up. Being in between jobs, she decided to take some classes. Megan enjoys working alongside students

from ages eighteen to seventy. She said, “It’s nice to practice and acquire new techniques. And it’s wonderful to be the student again!” She looks forward to applying her new skills to the next teaching job.

Albert Garcia is also learning something new; he just finished his first year as SCC’s President. Yet, he’s been on campus for ten years as an English teacher, dean of instruction, and vice president. Garcia has many plans for the future. He wants the campus to be as diverse as the neighborhoods that surround it. But for right now, he’s pleased to know word is getting out about Sacramento City College being the community’s heart for higher learning.

Sacramento City College is part of Los Rios Community College District. Learn more at www.losrios.edu ★

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Hollywood Park Bookstore Feels Like Home



Gardening books grace the main display for spring.

**Story and photos by
Kristina Rogers**

SACRAMENTO, CA (MPG)

- When you enter Crawford's Books at 5301 Freeport Blvd., bright-eyed, soft-spoken owner Sue Richards may be there to greet you. A natural "librarian" passionate about reading, her nametag states "Owner & Bookworm." Still, Richards admitted she was a late reader: "I didn't read much as a child, but after college, I began reading with friends. Sharing and talking about them kindled my love for books."

The independent little bookstore is within walking distance of Richards' Hollywood Park home. She used to visit it frequently when the Crawfords owned it, and she asked them to contact her when they were ready to sell. They did, and as of Jan. 1, 2018, she became the new owner.

Various new and used books grace the shelves as

well as colorful displays of locally made greeting cards, pins, t-shirts and book totes. Ardent book readers can quickly exchange their gently used books for credit or cash but are encouraged to take their time and browse, too.

The customer base drives the types of books Richards takes in. She makes those decisions as she goes through used books and orders new ones. When asked about the most popular topics for adults, she replied, "I have a large community of mystery readers," herself included. Richards hosts a monthly book club called Mysteries & More. People can pick up a small calendar print-out with upcoming novels at the register. This group meets on the first Thursday of the month at 6:30 p.m. And it's not always mysteries; some historical fiction is occasionally thrown in. Readers only need to show up to participate.

I asked about other

popular fiction, and Sue answered, "Fantasy is also huge, but there is a generational preference. Teens like dystopian stories, whereas adults tend to like spicy 'Romantacies' like the Sarah J. Maas Fae Series 'A Court of Thorns and Roses.'" Fantasy readers love good world-building, and Richards' staff member, Jude, keeps her in the know for the best stories. He also ensures the store retains a very healthy science fiction selection.

Children's literacy is another interest, and there is a wide selection of reading materials, such as chapter books, young-adult books and Japanese manga. "Some formats are more appealing than others, so the selection is vast to inspire kids with any interests," Richards said. When parents ask, Richards will set aside reader-friendly books for children with dyslexia and other reading challenges (dyslexia is considered a common reading disability and can be hereditary. It is how the eye transmits images and letters to the brain).

Being spring, the current store display highlights



Sue Richards stands in front of a colorful book and merchandise display at Crawford's Books.

gardening books. Native and drought-resistant plants are trending right now, and there is a full assortment. I asked Richards if there are other hobbies folks come in to find information on. She said, "The fiber arts are experiencing a resurgence in popularity. Young adults like knitting and crocheting. So, I carry a lot of those books." Richards continued: "Young people are also interested in sewing clothes and costumes (for cosplay). The older generation likes sewing, too, but mostly quilting."

Jigsaw puzzles and games are also exchanged. "This started during COVID-19," Richards explained. Neighborhood puzzlers found it a great way to pass the time at home. Games, puzzles and playing cards can be found on floor-to-ceiling shelves



Little readers can also sit and take their time deciding which books to take home at Crawford's Books.

in the very back.

Unlike a library or typical bookstore, the shop offers moments of musical delight. In fact, a piano is front and center. Sue Richards loves music and encourages local pianists to stop by and play a few keys. Musical trios are scheduled to play on Wednesdays at noon, Thursdays at 4 p.m. and Saturdays around 1 p.m.

Crawford's Bookstore is next to the recently closed Hollywood Hardware. Richards is personally sad about it closing; she enjoyed the staff there. The closure has also affected her business. She said, "I feel like people would make it a destination by hitting the hardware store first, then come to my store and finally walk over to Little Caesars for pizza. I have seen an impact from the store closing."

Richards is doing a few things to remind customers

that Crawford's is still open. She partners with other independent bookstores and hosts a Book Crawl, where readers can visit several locally owned bookshops and win raffle prizes. She said, "We have close to 80 people who do it every year and hit most of our stores." Events are scheduled in spring and before Christmas.

The little Hollywood Park shop can be active hosting book clubs, offering puzzles and inviting musicians. Yet most of the time, it is a serene little respite from the day. The bookshelves can put customers in a calming, Zen-like state as they wander at leisure discovering the next reading adventure.

To get on the Crawford's Books mailing list, email: sue@crawfordbooks.net. Follow on Instagram: @crawfordsbooks, and visit the website: www.CrawfordBooks.net. ★



Games and puzzles are ready to explore at Crawford's Books.



Local pianists are encouraged to come and play the keys at Crawford's Books.

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Elks 6 Hosts California Bridgeway Choir



The California Bridgeway Choir performs at Elks 6's Mother's Day concert.

Story and photos by Stephen B. Clazie, Sacramento Elks 6 past exalted ruler

SACRAMENTO, CA (MPG) - Elks 6 enhanced their traditional Mother's Day tribute on Sunday, May 12, at Elks 6 Lodge, 6446 Riverside Blvd. As usual, all of the officers were in their tuxedos and presented the Elks traditional ceremony to mothers. Elks 6's Chaplin Shannon Lewis also had the traditional white carnation for every guest whose mother was deceased, or a red carnation if their mother was living.

Besides the Lodge officers presenting their traditional tribute to mothers, this year's program also had a special free performance by the California Bridgeway Choir from 9 to 10 a.m. An organist to accompany the choir and enhance the Lodge's

tribute to mothers was greatly appreciated.

Elk 6's President Sue Hill said, "This was a touching ceremony on its own, and the audience really enjoyed it." This free concert was open to the public in celebration of Mother's Day. Hill also noted, "The California Bridgeway Choir has performed at the State Capitol."

Hill thanked Sacramento Elks Lodge 6's event coordinator Catherine Gonzales for making the arrangements for the Bridgeway concert.

The California Bridgeway Choir had a full choir with a men's choir of 6, and a women's choir of 14. The men's choir did a rousing rendition of "Red River Valley," and the women's choir did a very moving performance of "Beautiful Dreamer."

The choir was under the direction of conductor



The California Bridgeway Choir finale was women in beautiful gowns performing "On Wings of Song."

Adagio Tao, and there was a special piano accompaniment by Alex Tao. Their finale was a partial choir of women in beautiful gowns performing "On Wings of Song."

Hill introduced Elks 6's organist Dan Baldassari, and exclaimed how proud she was that "Elks 6 Lodge has an organist for the first time in many years." In conjunction with the Lodge officers, Baldassari

played six songs as part of the Elks 6's Mother Day Tribute.

They included "I'll Be Seeing You" and "Can You Feel the Love Tonight."

After the concert, an optional Mother's Day Brunch was available from 10 a.m. to 1 p.m.

It was a special breakfast with an egg casserole, fried rice, hash browns, biscuits and gravy, and a ham carving station.



Exalted Ruler Sue Hill leads her officers into the Lodge to conduct the traditional Mother's Day ceremony.

The breakfast, under the direction of Glen Smith, also included choices of bacon, sausage, waffles, pancakes, and French toast. Juice and coffee were included as well. Smith said the Lodge served breakfast to over 200 members and guests.

A few members had flowers delivered to the Lodge for their mothers, and Smith said, "A few families brought

special cakes, and the adults enjoyed the mimosas."

Elks 6's organist Dan Baldassari continued playing music during the brunch for the listening pleasure of the mothers and their families.

Joe Di Pinto, Elks 6's oldest member at 97, said, "The music enhanced this special Sunday morning celebration, and helped stir fond memories." ★

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